alg. leeftijdsgroep, Dames 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

1.	van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	26.65	25m	29-9-19	Haarlem (NED)	

25m vrije slag met koprol

1.	van Ederen Jasmijn	10	08-021	23.13	25m	19-1-20	Zaandam (NED)	
2.	van Ederen Jasmijn	10	08-021	24.63	25m	29-9-19	Haarlem (NED)	

25m rugslag start

1.	van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)	

50m borstcrawl benen

1.	van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	1:09.03	25m	19-1-20	Zaandam (NED)	

100m borstcrawl benen

25 vrije slag

1.	Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	507
2.	de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	473
2.	Hoekstra Eline	03	08-021	13.42	25m	7-7-22	Heemskerk (NED)	473
4.	Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	472
5.	Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	467
6.	Schelvis Femke	84	08-021	13.50	25m	8-1-98	Heemskerk (NED)	465
7.	de Groot Daniëlle	93	08-021	13.56	25m	29-5-08	Heemskerk (NED)	459
8.	Schelvis Femke	84	08-021	13.59	25m	4-5-00	Heemskerk (NED)	455
9.	Wentink Yara	04	08-021	13.63	25m	7-7-22	Heemskerk (NED)	451
10.	Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
10.	Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
10.	Meijer Sylvia	81	08-021	13.70	25m	14-3-96	Heemskerk (NED)	445
10.	Meijer Sylvia	81	08-021	13.70	25m	13-3-97	Heemskerk (NED)	445
14.	Meijer Sylvia	81	08-021	13.74	25m	29-3-01	Heemskerk (NED)	441
15.	Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	436
16.	Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	434
17.	Schuyt Simone	75	08-021	13.90	25m	12-1-89	Heemskerk (NED)	426
18.	Gijzen-van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	421
19.	Palmboom Nicole	91	08-021	13.97	25m	19-4-07	Heemskerk (NED)	419
20.	Schelvis Femke	84	08-021	14.00	25m	14-3-96	Heemskerk (NED)	417
20.	Schelvis Femke	84	08-021	14.00	25m	13-3-97	Heemskerk (NED)	417
22.	van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	413
23.	Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	412
23.	Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	412
25.	Crok Linda	94	08-021	14.06	25m	29-5-08	Heemskerk (NED)	411

50 vrije slag

1.	Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	617
2.	Kingma Danae	00	08-021	26.93	25m	11-10-15	Alkmaar (NED)	617
3.	Kingma Danae	00	08-021	27.03	25m	18-3-18	Purmerend (NED)	610
4.	Kingma Danae	00	08-021	27.10	25m	29-1-16	Amsterdam (NED)	605
4.	Kingma Danae	00	08-021	27.10	25m	30-12-16	Leeuwarden (NED)	605
6.	Kingma Danae	00	08-021	27.15	25m	1-11-15	Tilburg (NED)	602
7.	Kingma Danae	00	08-021	27.18	25m	23-12-17	Hoofddorp (NED)	600
8.	Kingma Danae	00	08-021	27.20	25m	30-12-17	Leeuwarden (NED)	599
9.	Kingma Danae	00	08-021	27.23	25m	6-11-16	Hoofddorp (NED)	597
10.	Kingma Danae	00	08-021	27.24	25m	22-10-17	Amsterdam (NED)	596
11.	Kingma Danae	00	08-021	27.28	25m	30-12-18	Leeuwarden (NED)	593
12.	Kingma Danae	00	08-021	27.34	25m	19-12-15	Amsterdam (NED)	589
13.	Kingma Danae	00	08-021	27.35	25m	24-9-15	Heemskerk (NED)	589
14.	Wentink Yara	04	08-021	27.37	25m	29-6-24	Rotterdam (NED)	588
15.	Kingma Danae	00	08-021	27.45	25m	31-1-16	Amsterdam (NED)	582
15.	Kingma Danae	00	08-021	27.45	25m	24-11-18	Hoofddorp (NED)	582
17.	Kingma Danae	00	08-021	27.46	25m	30-12-16	Leeuwarden (NED)	582
18.	Kingma Danae	00	08-021	27.47	25m	30-1-15	Amsterdam (NED)	581
18.	Kingma Danae	00	08-021	27.47	50m	9-4-17	Eindhoven (NED)	639
20.	Kingma Danae	00	08-021	27.48	50m	13-6-15	Eindhoven (NED)	639
20.	Kingma Danae	00	08-021	27.48	25m	6-9-15	Zaandam (NED)	580
22.	Kingma Danae	00	08-021	27.50	25m	31-1-14	Amsterdam (NED)	579
23.	Kingma Danae	00	08-021	27.54	25m	30-12-17	Leeuwarden (NED)	577
23.	Kingma Danae	00	08-021	27.54	25m	30-12-18	Leeuwarden (NED)	577
23.	Kingma Danae	00	08-021	27.54	25m	19-9-19	Heemskerk (NED)	577

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)	637
2.	Kingma Danae	00	08-021	58.46	25m	5-11-16	Hoofddorp (NED)	635
3.	Kingma Danae	00	08-021	58.49	25m	31-1-16	Amsterdam (NED)	634
4.	Kingma Danae	00	08-021	58.69	25m	31-1-16	Amsterdam (NED)	627
4.	Kingma Danae	00	08-021	58.69	25m	21-10-17	Amsterdam (NED)	627
6.	Kingma Danae	00	08-021	58.81	25m	24-11-18	Hoofddorp (NED)	623
7.	Kingma Danae	00	08-021	58.86	25m	12-3-17	Purmerend (NED)	622
8.	Kingma Danae	00	08-021	58.99	25m	10-1-16	Purmerend (NED)	618
9.	Kingma Danae	00	08-021	59.14	25m	10-2-19	Purmerend (NED)	613
10.	Kingma Danae	00	08-021	59.19	25m	22-12-18	Tilburg (NED)	611
11.	Kingma Danae	00	08-021	59.30	25m	2-11-14	Amsterdam (NED)	608
11.	Kingma Danae	00	08-021	59.30	25m	1-2-15	Amsterdam (NED)	608
13.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	607
14.	Kingma Danae	00	08-021	59.38	25m	31-10-15	Tilburg (NED)	606
15.	Kingma Danae	00	08-021	59.47	25m	18-10-15	Zaandam (NED)	603
16.	Wentink Yara	04	08-021	59.50	25m	28-5-23	Purmerend (NED)	602
17.	Kingma Danae	00	08-021	59.59	50m	8-4-17	Eindhoven (NED)	653
18.	Kingma Danae	00	08-021	59.63	25m	29-12-16	Leeuwarden (NED)	598
19.	Kingma Danae	00	08-021	59.65	25m	3-12-17	Heemskerk (NED)	597
20.	Kingma Danae	00	08-021	59.70	25m	22-12-17	Hoofddorp (NED)	596
21.	Schelvis Femke	84	08-021	59.71	25m	12-6-04	Zuidbroek (NED)	596
22.	Schelvis Femke	84	08-021	59.74	25m	24-2-05	Heemskerk (NED)	595
23.	Kingma Danae	00	08-021	59.79	50m	26-6-15	Alkmaar (NED)	646
24.	Kingma Danae	00	08-021	59.81	25m	2-2-14	Amsterdam (NED)	593
25.	Kingma Danae	00	08-021	59.85	25m	11-1-15	Purmerend (NED)	591

200 vrije slag

1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	646
2.	Schelvis Femke	84	08-021	2:08.52	25m	12-6-04	Zuidbroek (NED)	634
3.	Schelvis Femke	84	08-021	2:08.87	25m	28-11-04	Heemskerk (NED)	629
4.	Schelvis Femke	84	08-021	2:08.95	25m	21-11-99	Heemskerk (NED)	628
5.	Schelvis Femke	84	08-021	2:09.32	25m	17-1-99	Heemskerk (NED)	622
6.	Schelvis Femke	84	08-021	2:09.56	25m	17-12-04	Drachten (NED)	619
7.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)	604
8.	Schelvis Femke	84	08-021	2:10.86	25m	29-5-04	Z.o. Beemster (NED)	600
9.	Schelvis Femke	84	08-021	2:11.02	50m	23-4-05	Amsterdam (NED)	641
10.	Schelvis Femke	84	08-021	2:11.23	25m	12-3-00	Heemskerk (NED)	595
11.	Kingma Danae	00	08-021	2:11.46	25m	15-11-15	Purmerend (NED)	592
12.	Schelvis Femke	84	08-021	2:11.89	50m	23-4-05	Amsterdam (NED)	628
13.	Schelvis Femke	84	08-021	2:11.96	25m	30-9-04	Heemskerk (NED)	586
14.	Kingma Danae	00	08-021	2:12.09	25m	31-1-15	Amsterdam (NED)	584
15.	Kingma Danae	00	08-021	2:12.34	25m	30-1-16	Amsterdam (NED)	581
16.	Kingma Danae	00	08-021	2:12.47	25m	30-10-15	Tilburg (NED)	579
17.	Schelvis Femke	84	08-021	2:12.70	25m	15-3-98	Harderwijk (NED)	576
18.	Kingma Danae	00	08-021	2:12.77	25m	14-1-18	Purmerend (NED)	575
19.	Kingma Danae	00	08-021	2:13.06	25m	11-10-15	Alkmaar (NED)	571
20.	Kingma Danae	00	08-021	2:13.35	25m	4-11-16	Hoofddorp (NED)	567
21.	Kingma Danae	00	08-021	2:13.66	25m	7-10-18	Purmerend (NED)	563
22.	Schelvis Femke	84	08-021	2:13.70	25m	10-5-98	Zaandam (NED)	563
23.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
23.	Kingma Danae	00	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
25.	Schelvis Femke	84	08-021	2:13.78	25m	16-1-00	Zaandam (NED)	562

250 vrije slag

1.	Butter Noor	16	08-021	4:32.89	OW	12-9-26	Amsterdam (NED)
2.	Butter Noor	16	08-021	4:33.38	OW	27-6-26	Anna-Paulowna (NED)
3.	Butter Noor	16	08-021	4:40.74	OW	5-9-26	Wilhelminadorp (NED)
4.	Butter Noor	16	08-021	5:04.24	OW	20-7-25	Amsterdam (NED)
5.	Butter Noor	16	08-021	5:19.40	OW	29-6-25	Alkmaar (NED)
6.	Stel Kaylin	01	08-021	5:19.71	OW	6-9-09	Vlissingen (NED)
7.	Butter Noor	16	08-021	5:23.60	OW	12-7-25	Anna-Paulowna (NED)
8.	Stel Kaylin	01	08-021	5:32.79	OW	16-8-09	Aalsmeer (NED)
9.	Stel Kaylin	01	08-021	5:59.44	OW	15-8-09	Heerjansdam (NED)
10.	Stel Kaylin	01	08-021	6:05.13	OW	25-7-09	Anna Paulowna (NED)
11.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)
12.	Stel Kaylin	01	08-021	6:10.70	OW	11-7-09	Wijk en Aalburg (NED)
13.	Butter Noor	16	08-021	6:13.54	OW	21-7-24	Amsterdam (NED)
14.	Stel Kaylin	01	08-021	6:18.03	OW	26-7-09	Langedijk (NED)
15.	de Wildt Maud	05	08-021	6:32.10	OW	3-8-14	Hoorn (NED)
16.	Butter Noor	16	08-021	7:08.97	OW	13-7-24	Anna Paulowna (NED)
17.	Stel Kaylin	01	08-021	7:09.00	OW	5-9-09	Wilhelminadorp (NED)
18.	Butter Noor	16	08-021	7:11.95	OW	7-7-24	Sluis (NED)
19.	Haack Fenna	16	08-021	10:06.95	OW	13-7-24	Anna Paulowna (NED)
20.	Butter Noor	16	08-021	10:50.21	OW	8-7-23	Anna Paulowna (NED)

300 vrije slag

1.	Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	573
2.	Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	493
3.	Schelvis Femke	84	08-021	3:39.20	50m	4-7-98	Amersfoort (NED)	506
4.	Hoekstra Eline	03	08-021	3:39.67	25m	9-11-24	Purmerend (NED)	483
5.	Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	481
6.	Hoekstra Eline	03	08-021	3:41.50	25m	16-11-19	Hoofddorp (NED)	472
7.	Hoekstra Eline	03	08-021	3:41.56	25m	25-11-18	Hoofddorp (NED)	471
8.	Hoekstra Eline	03	08-021	3:42.38	25m	8-6-19	Purmerend (NED)	466
9.	Hoekstra Eline	03	08-021	3:42.47	25m	6-10-24	Den Helder (NED)	465
10.	Schelvis Femke	84	08-021	3:44.00	25m	19-4-98	Zaandam (NED)	456
11.	Hoekstra Eline	03	08-021	3:44.20	25m	5-10-25	Purmerend (NED)	455
12.	Hoekstra Eline	03	08-021	3:44.33	25m	1-10-23	Den Helder (NED)	454
13.	Smit Sanne	01	08-021	3:44.38	50m	10-3-19	Amsterdam (NED)	472
14.	Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	453
15.	Wentink Yara	04	08-021	3:44.70	25m	8-6-19	Purmerend (NED)	452
16.	Vink Lidewij	90	08-021	3:45.26	50m	13-5-06	Beverwijk (NED)	466
17.	Crok Linda	94	08-021	3:46.05	50m	14-5-11	Beverwijk (NED)	461
18.	Wentink Yara	04	08-021	3:46.94	25m	16-11-19	Hoofddorp (NED)	438
19.	Hoekstra Eline	03	08-021	3:46.97	25m	16-2-23	Heerenveen (NED)	438
20.	Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	437
21.	Hoekstra Eline	03	08-021	3:47.74	50m	23-2-20	Den Haag (NED)	451
22.	Hoekstra Eline	03	08-021	3:47.80	25m	19-5-18	Purmerend (NED)	433
23.	Hoekstra Eline	03	08-021	3:47.87	25m	24-11-24	Den Haag (NED)	433
24.	Crok Linda	94	08-021	3:47.91	25m	4-10-15	Purmerend (NED)	433
25.	Hoek Daniëlle	88	08-021	3:48.01	25m	29-4-04	Heemskerk (NED)	432

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2.	Schelvis Femke	84	08-021	4:38.80	25m	29-5-04	Z.o. Beemster (NED)	595
3.	Schelvis Femke	84	08-021	4:39.27	25m	17-12-04	Drachten (NED)	592
4.	Schelvis Femke	84	08-021	4:40.35	25m	28-2-99	Zaandam (NED)	585
5.	Schelvis Femke	84	08-021	4:44.10	25m	8-3-98	Zaandam (NED)	562
6.	Schelvis Femke	84	08-021	4:45.80	25m	19-3-98	Heemskerk (NED)	552
7.	Schelvis Femke	84	08-021	4:47.06	25m	24-10-99	Zaandam (NED)	545
8.	Schelvis Femke	84	08-021	4:47.70	25m	24-5-98	Zaandam (NED)	541
9.	Hoekstra Eline	03	08-021	4:48.25	25m	22-5-22	Hoofddorp (NED)	538
10.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
11.	Schelvis Femke	84	08-021	4:52.03	50m	4-7-98	Amersfoort (NED)	530
12.	Hoekstra Eline	03	08-021	4:53.92	25m	16-11-19	Hoofddorp (NED)	507
13.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
14.	Schelvis Femke	84	08-021	4:55.50	25m	28-4-05	Heemskerk (NED)	499
15.	Hoekstra Eline	03	08-021	4:55.51	25m	8-6-19	Purmerend (NED)	499
16.	Hoekstra Eline	03	08-021	4:55.59	25m	19-10-19	Barneveld (NED)	499
17.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
18.	Hoekstra Eline	03	08-021	4:55.65	25m	9-11-24	Purmerend (NED)	499
19.	Schelvis Femke	84	08-021	4:56.03	50m	29-5-99	Beverwijk (NED)	509
20.	Hoekstra Eline	03	08-021	4:56.12	25m	6-10-24	Den Helder (NED)	496
21.	Wentink Yara	04	08-021	4:56.18	25m	8-6-19	Purmerend (NED)	496
22.	Vink Lidewij	90	08-021	4:56.65	25m	1-4-06	Zaandam (NED)	494
23.	Smit Sanne	01	08-021	4:57.22	25m	29-12-18	Leeuwarden (NED)	491
24.	Hoekstra Eline	03	08-021	4:57.62	25m	25-11-18	Hoofddorp (NED)	489
25.	Schelvis Femke	84	08-021	4:58.00	25m	19-4-98	Zaandam (NED)	487

500 vrije slag

1.	Stel Serena	98	08-021	7:26.55	OW	2-8-09	Hoorn (NED)
2.	Stel Serena	98	08-021	7:50.08	OW	6-9-09	Vlissingen (NED)
3.	Stel Serena	98	08-021	7:53.97	OW	1-8-09	Hoorn (NED)
4.	Stel Serena	98	08-021	7:55.68	OW	11-7-09	Wijk en Aalburg (NED)
5.	Stel Serena	98	08-021	7:55.69	OW	26-7-09	Langedijk (NED)
6.	Stel Serena	98	08-021	7:55.88	OW	5-9-09	Wilhelminadorp (NED)
7.	Stel Serena	98	08-021	7:57.28	OW	21-6-09	Spaarnwoude (NED)
8.	Stel Serena	98	08-021	8:04.40	OW	25-7-09	Anna Paulowna (NED)
9.	Stel Serena	98	08-021	8:08.35	OW	16-8-09	Aalsmeer (NED)
10.	Stel Serena	98	08-021	8:15.50	OW	15-8-09	Heerjansdam (NED)
11.	Bos Marieke	06	08-021	8:31.18	OW	23-7-16	Amstelveen (NED)
12.	Bos Marieke	06	08-021	8:38.58	OW	15-7-17	Anna-Paulowna (NED)
13.	Koopman Anitra	89	08-021	8:51.08	OW	23-7-00	Amsterdam (NED)
14.	Buur Naomi	01	08-021	9:10.10	OW	1-9-12	Wilhelminadorp (NED)
15.	Butter Noor	16	08-021	9:22.17	OW	11-7-26	Strijen (NED)
16.	Vink Marjolein	93	08-021	9:22.60	OW	27-8-05	Tilburg (NED)
17.	Vink Marjolein	93	08-021	9:24.65	OW	20-8-05	Bussloo (NED)
18.	Vink Marjolein	93	08-021	9:24.73	OW	3-9-05	Wilhelminadorp (NED)
19.	Butter Noor	16	08-021	9:24.88	OW	5-7-26	Sluis (NED)
20.	Buur Naomi	01	08-021	9:29.20	OW	2-9-12	Vlissingen (NED)
21.	Vink Marjolein	93	08-021	9:30.63	OW	9-7-05	Oss (NED)
22.	Vink Marjolein	93	08-021	9:40.41	OW	16-7-05	Wijk en Aalburg (NED)
23.	Vink Marjolein	93	08-021	9:42.51	OW	4-9-05	Vlissingen (NED)
24.	Buur Naomi	01	08-021	9:43.93	OW	18-8-12	Heerjansdam (NED)
25.	Vink Marjolein	93	08-021	9:53.84	OW	28-8-05	Stadskanaal (NED)

800 vrije slag

1.	Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2.	Schelvis Femke	84	08-021	9:45.82	25m	24-10-99	Zaandam (NED)	547
3.	Schelvis Femke	84	08-021	9:47.85	25m	28-3-99	Zaandam (NED)	542
4.	Schelvis Femke	84	08-021	10:01.40	25m	22-2-98	Zaandam (NED)	506
5.	Schelvis Femke	84	08-021	10:03.80	25m	17-5-98	Den Helder (NED)	500
6.	Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
7.	Schelvis Femke	84	08-021	10:12.36	25m	23-1-00	Heemskerk (NED)	479
8.	Schelvis Femke	84	08-021	10:13.02	25m	16-11-03	Heemskerk (NED)	478
9.	Crok Linda	94	08-021	10:13.06	25m	4-12-11	Zaandam (NED)	477
10.	Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
11.	Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
12.	Crok Linda	94	08-021	10:14.71	25m	28-3-10	Zeist (NED)	474
13.	Schelvis Femke	84	08-021	10:17.25	25m	14-11-04	Heemskerk (NED)	468
14.	Stel Serena	98	08-021	10:18.62	50m	25-4-10	Drachten (NED)	481
15.	Hoekstra Eline	03	08-021	10:19.33	25m	3-12-23	Alkmaar (NED)	463
16.	Vink Lidewij	90	08-021	10:19.58	25m	12-1-06	Heemskerk (NED)	463
17.	Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
18.	Crok Linda	94	08-021	10:21.10	25m	12-9-10	Zaandam (NED)	459
19.	Crok Linda	94	08-021	10:21.73	25m	13-9-09	Zaandam (NED)	458
20.	Stel Serena	98	08-021	10:23.65	25m	20-12-09	Amsterdam (NED)	454
21.	Vink Lidewij	90	08-021	10:24.60	25m	23-10-05	Zaandam (NED)	451
22.	Vink Lidewij	90	08-021	10:24.70	25m	22-10-06	Zaandam (NED)	451
23.	Crok Linda	94	08-021	10:24.94	25m	19-12-10	Zaandam (NED)	451
24.	Stel Serena	98	08-021	10:25.79	25m	7-2-10	Zaandam (NED)	449
25.	Hoekstra Eline	03	08-021	10:25.95	25m	15-10-23	Alkmaar (NED)	449

1000 vrije slag

1.	Vink Lidewij	90	08-021	14:29.79	OW	8-7-06	Oss (NED)	
2.	Crok Linda	94	08-021	14:29.84	OW	10-7-10	Wijk en Aalburg (NED)	
3.	Crok Linda	94	08-021	14:31.45	OW	25-7-10	Langedijk (NED)	
4.	Vink Lidewij	90	08-021	14:37.06	OW	27-6-04	Breukelen (NED)	
5.	Crok Linda	94	08-021	14:47.55	OW	22-6-08	Breukelen (NED)	
6.	Crok Linda	94	08-021	14:50.65	OW	30-8-09	Oosterhout (NED)	
7.	Vink Lidewij	90	08-021	14:52.44	OW	1-8-04	Hoorn (NED)	
8.	Crok Annemarie	89	08-021	14:53.23	OW	25-7-10	Langedijk (NED)	
9.	Essers Sanne	91	08-021	14:54.95	OW	23-7-06	Langedijk (NED)	
10.	Vink Lidewij	90	08-021	14:55.30	OW	15-7-06	Wijk en Aalburg (NED)	
11.	van der Gracht Anouk	89	08-021	14:55.47	OW	5-7-09	Bodegraven (NED)	
12.	van der Gracht Anouk	89	08-021	14:55.53	OW	29-8-09	Tilburg (NED)	
13.	Crok Linda	94	08-021	14:58.71	OW	15-8-09	Heerjansdam (NED)	
14.	Kleijne Daisy	89	08-021	14:59.73	OW	5-7-09	Bodegraven (NED)	
15.	Vink Lidewij	90	08-021	15:00.71	OW	3-7-04	Sluis (NED)	
16.	Crok Annemarie	89	08-021	15:01.10	OW	5-7-09	Bodegraven (NED)	
17.	Vink Lidewij	90	08-021	15:05.53	OW	31-7-04	Anna-Paulowna (NED)	
18.	van der Gracht Anouk	89	08-021	15:06.29	OW	27-6-09	Scheerwolde (NED)	
19.	Vink Lidewij	90	08-021	15:07.78	OW	7-8-04	Strijen (NED)	
20.	van der Gracht Anouk	89	08-021	15:10.71	OW	4-7-09	Oss (NED)	
21.	Butter Anouk	82	08-021	15:11.62	OW	4-7-26	Sluis (NED)	
22.	Crok Annemarie	89	08-021	15:11.64	OW	4-7-09	Oss (NED)	
23.	Koopman Anitra	89	08-021	15:11.73	OW	24-6-01	Breukelen (NED)	
24.	Vink Lidewij	90	08-021	15:11.74	OW	20-6-04	Spaarnwoude (NED)	
25.	Kleijne Daisy	89	08-021	15:12.03	OW	26-7-09	Langedijk (NED)	

1250 vrije slag

1.	Bos Marieke	06	08-021	22:34.57	OW	21-7-18	Hoorn (NED)	

1500 vrije slag

1.	Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	518
2.	Schelvis Femke	84	08-021	19:18.83	25m	16-11-03	Heemskerk (NED)	499
3.	Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	493
4.	Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	487
5.	Schelvis Femke	84	08-021	19:37.50	25m	14-11-04	Heemskerk (NED)	476
6.	Hoekstra Eline	03	08-021	19:37.95	25m	3-12-23	Alkmaar (NED)	475
7.	Hoekstra Eline	03	08-021	19:40.66	25m	8-12-19	Zaandam (NED)	472
8.	Crok Linda	94	08-021	19:43.96	25m	13-2-11	Zaandam (NED)	468
9.	Crok Linda	94	08-021	19:47.63	25m	19-12-10	Zaandam (NED)	464
10.	van 't Veer Iris	03	08-021	19:51.84	25m	26-4-26	Zoetermeer (NED)	459
11.	van 't Veer Iris	03	08-021	19:53.31	25m	11-10-20	Alkmaar (NED)	457
12.	van 't Veer Iris	03	08-021	19:59.70	25m	8-12-19	Zaandam (NED)	450
13.	Hoekstra Eline	03	08-021	20:01.16	25m	16-2-23	Heerenveen (NED)	448
14.	Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	446
15.	Vink Lidewij	90	08-021	20:04.86	25m	14-11-04	Heemskerk (NED)	444
16.	Hoekstra Eline	03	08-021	20:13.47	25m	2-3-25	Amsterdam (NED)	435
17.	Vink Lidewij	90	08-021	20:14.48	25m	19-2-06	Zaandam (NED)	434
18.	Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	431
19.	Crok Linda	94	08-021	20:17.86	25m	7-2-10	Zaandam (NED)	430
20.	Hoek Daniëlle	88	08-021	20:17.96	25m	12-1-06	Heemskerk (NED)	430
21.	Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	428

1500 vrije slag (sinds 22)

22.	Hoekstra Eline	03	08-021	20:25.20	50m	1-3-20	Alkmaar (NED)	431
23.	van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	422
24.	van 't Veer Iris	03	08-021	20:26.79	50m	19-2-23	Alkmaar (NED)	429
25.	Crok Linda	94	08-021	20:27.85	25m	8-11-09	Zaandam (NED)	420

2000 vrije slag

1.	Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	515
2.	Schelvis Femke	84	08-021	26:01.09	25m	7-3-04	Zaandam	484
3.	Schelvis Femke	84	08-021	26:11.56	OW	27-6-04	Breukelen (NED)	
4.	Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	469
5.	van 't Veer Iris	03	08-021	26:26.86	25m	26-4-26	Zoetermeer (NED)	461
6.	Schelvis Femke	84	08-021	26:32.94	OW	20-6-04	Spaarnwoude (NED)	
7.	van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	436
8.	Crok Linda	94	08-021	26:57.04	25m	7-2-10	Zaandam (NED)	436
9.	Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	431
10.	Vink Lidewij	90	08-021	27:05.19	25m	19-2-06	Zaandam (NED)	429
11.	Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	416
12.	van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	416
13.	Vink Lidewij	90	08-021	27:26.81	25m	20-3-05	Zaandam (NED)	412
14.	Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	408
15.	Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	385
16.	Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	382
17.	Crok Linda	94	08-021	28:11.73	25m	8-2-09	Zaandam (NED)	380
18.	Schelvis Roos	86	08-021	28:11.96	25m	16-2-03	Zaandam	380
19.	Hoekstra Eline	03	08-021	28:13.56	50m	24-3-24	Alkmaar (NED)	386
20.	van der Gracht Anouk	89	08-021	28:13.88	25m	18-2-07	Alkmaar (NED)	379
21.	Vink Lidewij	90	08-021	28:16.03	OW	25-6-06	Breukelen (NED)	
22.	Vink Lidewij	90	08-021	28:16.92	OW	26-6-05	Breukelen (NED)	
23.	Kleijne Daisy	89	08-021	28:17.35	25m	28-2-10	Zaandam (NED)	377
24.	Vink Lidewij	90	08-021	28:17.79	OW	24-6-07	Breukelen (NED)	
25.	Kleijne Daisy	89	08-021	28:20.28	25m	20-3-05	Zaandam (NED)	375

2500 vrije slag

1.	Schelvis Femke	84	08-021	33:53.31	OW	26-6-04	Scheerwolde (NED)
2.	Vink Lidewij	90	08-021	36:34.47	OW	9-7-05	Oss (NED)
3.	Crok Linda	94	08-021	37:25.63	OW	25-7-10	Langedijk (NED)
4.	Vink Lidewij	90	08-021	38:03.10	OW	8-7-06	Oss (NED)
5.	van der Gracht Anouk	89	08-021	39:11.50	OW	4-7-09	Oss (NED)
6.	Crok Linda	94	08-021	40:01.94	OW	4-7-09	Oss (NED)
7.	van der Gracht Anouk	89	08-021	40:19.75	OW	27-6-09	Scheerwolde (NED)
8.	van der Gracht Anouk	89	08-021	40:22.93	OW	20-7-08	Langedijk (NED)
9.	Butter Anouk	82	08-021	42:59.56	OW	10-7-04	Oss (NED)
10.	Vink Lidewij	90	08-021	43:27.35	OW	22-7-07	Langedijk (NED)
11.	Essers Sanne	91	08-021	45:43.56	OW	22-7-07	Langedijk (NED)

3000 vrije slag

1.	Schelvis Femke	84	08-021	42:18.93	OW	19-6-04	Vriezenveen (NED)
2.	Schelvis Femke	84	08-021	44:55.43	OW	3-7-04	Sluis (NED)
3.	Vink Lidewij	90	08-021	44:59.59	OW	15-7-06	Wijk en Aalburg (NED)
4.	Vink Lidewij	90	08-021	45:27.59	OW	16-7-05	Wijk en Aalburg (NED)
5.	Crok Linda	94	08-021	45:46.47	OW	10-7-10	Wijk en Aalburg (NED)
6.	Vink Lidewij	90	08-021	47:00.48	OW	26-8-06	Tilburg (NED)
7.	Vink Lidewij	90	08-021	47:14.25	OW	27-8-05	Tilburg (NED)
8.	Vink Lidewij	90	08-021	47:15.70	OW	13-8-05	Heerjansdam (NED)
9.	Crok Linda	94	08-021	47:16.70	OW	15-8-09	Heerjansdam (NED)
10.	Vink Lidewij	90	08-021	47:23.16	OW	23-7-05	Anna-Paulowna (NED)
11.	van der Gracht Anouk	89	08-021	48:05.75	OW	29-8-09	Tilburg (NED)
12.	van der Gracht Anouk	89	08-021	48:14.52	OW	19-7-08	Anna-Paulowna (NED)
13.	Kleijne Daisy	89	08-021	48:41.41	OW	19-7-08	Anna-Paulowna (NED)
14.	Vink Lidewij	90	08-021	48:43.54	OW	21-7-07	Anna-Paulowna (NED)
15.	van der Gracht Anouk	89	08-021	48:49.09	OW	31-8-08	Oosterhout (NED)
16.	Vink Lidewij	90	08-021	48:58.87	OW	12-8-07	Aalsmeer (NED)
17.	Essers Sanne	91	08-021	48:59.81	OW	21-7-07	Anna-Paulowna (NED)
18.	Vink Lidewij	90	08-021	49:25.56	OW	13-8-06	Aalsmeer (NED)
19.	van der Gracht Anouk	89	08-021	49:27.21	OW	24-7-10	Anna-Paulowna (NED)
20.	van der Gracht Anouk	89	08-021	49:30.47	OW	3-7-10	Appeltern (NED)
21.	van der Gracht Anouk	89	08-021	50:04.98	OW	10-7-10	Wijk en Aalburg (NED)
22.	van der Gracht Anouk	89	08-021	50:14.61	OW	25-7-09	Anna Paulowna (NED)
23.	Heus Pauline	78	08-021	50:50.35	OW	7-9-13	Eindhoven (NED)
24.	van Rookhuizen Sieta	79	08-021	51:49.00	OW	2-7-95	Veghel (NED)
25.	van der Gracht Anouk	89	08-021	52:09.11	OW	30-8-08	Tilburg (NED)

4000 vrije slag

5000 vrije slag

1.	Schelvis Femke	84	08-021	1:10:50.81	OW	4-7-04	Sluis (NED)
2.	Schelvis Femke	84	08-021	1:11:59.05	OW	16-7-04	Tilburg (NED)
3.	Crok Linda	94	08-021	1:18:13.04	OW	20-6-10	Spaarnwoude (NED)
4.	Crok Linda	94	08-021	1:18:49.09	OW	4-7-10	Bodegraven (NED)
5.	Crok Linda	94	08-021	1:20:03.26	OW	6-9-09	Vlissingen (NED)
6.	Crok Linda	94	08-021	1:21:17.76	OW	30-8-09	Oosterhout (NED)
7.	van der Gracht Anouk	89	08-021	1:22:18.67	OW	16-8-08	Heerjansdam (NED)
8.	van der Gracht Anouk	89	08-021	1:23:35.85	OW	21-6-09	Spaarnwoude (NED)
9.	van der Gracht Anouk	89	08-021	1:27:52.44	OW	15-8-09	Heerjansdam (NED)
10.	van der Gracht Anouk	89	08-021	1:27:57.94	OW	14-8-10	Heerjansdam (NED)

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	512
2.	Schelvis Femke	84	08-021	15.36	25m	25-3-99	Heemskerk (NED)	486
2.	Hoekstra Eline	03	08-021	15.36	25m	7-7-22	Heemskerk (NED)	486
4.	Broek Jade	97	08-021	15.49	25m	7-7-22	Heemskerk (NED)	474
5.	Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	438
6.	Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	430
7.	Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	428
8.	Schelvis Femke	84	08-021	16.03	25m	17-2-00	Heemskerk (NED)	427
9.	Palmboom Nicole	91	08-021	16.16	25m	27-4-06	Heemskerk	417
10.	Hulshof Saskia	73	08-021	16.30	25m	31-12-89	Heemskerk (NED)	407
11.	Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	400
12.	Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	399
12.	Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	399
14.	Wentink Yara	04	08-021	16.47	25m	7-7-22	Heemskerk (NED)	394
15.	Kramer Miranda	80	08-021	16.50	25m	16-3-95	Heemskerk (NED)	392
15.	Kramer Miranda	80	08-021	16.50	25m	7-2-96		392
15.	Kramer Miranda	80	08-021	16.50	25m	13-2-97	Heemskerk (NED)	392
18.	Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	387
19.	Palmboom Nicole	91	08-021	16.58	25m	29-5-08	Heemskerk (NED)	386
20.	Schelvis Femke	84	08-021	16.60	25m	13-2-97	Heemskerk (NED)	385
21.	Schelvis Roos	86	08-021	16.68	25m	22-2-01	Heemskerk (NED)	379
22.	Schelvis Femke	84	08-021	16.70	25m	8-2-96	Heemskerk (NED)	378
23.	Kleijne Daisy	89	08-021	16.76	25m	19-4-07	Heemskerk (NED)	374
24.	Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	373
25.	Schelvis Roos	86	08-021	16.80	25m	15-1-98	Heemskerk (NED)	371

50 rugslag

1.	Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)	564
2.	Kingma Danae	00	08-021	31.17	25m	15-2-18	Heemskerk (NED)	558
2.	Broek Jade	97	08-021	31.17	25m	16-11-19	Hoofddorp (NED)	558
4.	Broek Jade	97	08-021	31.20	25m	24-6-23	Rotterdam (NED)	556
5.	Broek Jade	97	08-021	31.28	25m	25-6-22	Rotterdam (NED)	552
6.	Kingma Danae	00	08-021	31.35	25m	23-12-18	Tilburg (NED)	548
7.	Kingma Danae	00	08-021	31.37	25m	30-12-17	Leeuwarden (NED)	547
7.	Broek Jade	97	08-021	31.37	25m	24-6-23	Rotterdam (NED)	547
9.	Broek Jade	97	08-021	31.38	25m	6-10-19	Purmerend (NED)	547
10.	Broek Jade	97	08-021	31.42	25m	15-9-19	Zaandam (NED)	545
11.	Broek Jade	97	08-021	31.43	25m	1-10-17	Purmerend (NED)	544
12.	Kingma Danae	00	08-021	31.48	25m	30-12-18	Leeuwarden (NED)	542
13.	Broek Jade	97	08-021	31.53	25m	17-11-18	Hoofddorp (NED)	539
14.	Broek Jade	97	08-021	31.54	25m	4-10-20	Heemskerk (NED)	539
15.	Broek Jade	97	08-021	31.60	25m	29-6-24	Rotterdam (NED)	536
16.	Wentink Yara	04	08-021	31.62	25m	29-6-24	Rotterdam (NED)	535
17.	Broek Jade	97	08-021	31.63	25m	11-11-17	Hoofddorp (NED)	534
18.	Broek Jade	97	08-021	31.65	25m	30-12-17	Leeuwarden (NED)	533
18.	Broek Jade	97	08-021	31.65	25m	27-11-22	Hoofddorp (NED)	533
20.	Broek Jade	97	08-021	31.74	25m	7-10-18	Purmerend (NED)	529
21.	Kingma Danae	00	08-021	31.76	25m	18-2-16	Heemskerk (NED)	528
21.	Broek Jade	97	08-021	31.76	25m	7-11-21	Den Haag (NED)	528
23.	Broek Jade	97	08-021	31.79	25m	30-12-17	Leeuwarden (NED)	526
24.	Kingma Danae	00	08-021	31.80	25m	30-12-18	Leeuwarden (NED)	526
25.	Broek Jade	97	08-021	31.82	25m	4-10-26	Purmerend (NED)	525

100 rugslag

1.	Broek Jade	97	08-021	1:06.99	25m	24-3-19	Purmerend (NED)	554
2.	Kingma Danae	00	08-021	1:07.00	25m	24-3-19	Purmerend (NED)	554
3.	Broek Jade	97	08-021	1:07.20	25m	8-10-17	Alkmaar (NED)	549
4.	Kingma Danae	00	08-021	1:07.40	25m	1-10-17	Purmerend (NED)	544
5.	Broek Jade	97	08-021	1:07.42	25m	19-11-17	Hoofddorp (NED)	543
5.	Kingma Danae	00	08-021	1:07.42	25m	19-11-17	Hoofddorp (NED)	543
7.	Broek Jade	97	08-021	1:07.68	25m	12-9-21	Alkmaar (NED)	537
8.	Broek Jade	97	08-021	1:07.76	25m	1-10-17	Purmerend (NED)	535
9.	Broek Jade	97	08-021	1:07.79	25m	6-11-22	Alkmaar (NED)	534
10.	Broek Jade	97	08-021	1:07.83	25m	23-11-19	Hoofddorp (NED)	533
11.	Broek Jade	97	08-021	1:07.98	25m	13-3-22	Den Helder (NED)	530
12.	Broek Jade	97	08-021	1:08.00	25m	29-12-17	Leeuwarden (NED)	529
12.	Broek Jade	97	08-021	1:08.00	25m	24-4-22	Den Helder (NED)	529
14.	Broek Jade	97	08-021	1:08.05	25m	29-12-17	Leeuwarden (NED)	528
15.	Broek Jade	97	08-021	1:08.12	25m	12-1-20	Purmerend (NED)	527
16.	Broek Jade	97	08-021	1:08.18	25m	21-11-21	Den Helder (NED)	525
17.	Broek Jade	97	08-021	1:08.23	25m	29-12-16	Leeuwarden (NED)	524
18.	Broek Jade	97	08-021	1:08.29	25m	10-12-15	Heemskerk (NED)	523
19.	Kingma Danae	00	08-021	1:08.44	25m	10-12-15	Heemskerk (NED)	519
20.	Broek Jade	97	08-021	1:08.47	25m	2-7-17	Den Helder (NED)	519
21.	Broek Jade	97	08-021	1:08.53	50m	16-6-19	Bückeburg (GER)	609
22.	Kingma Danae	00	08-021	1:08.59	25m	17-11-16	Heemskerk (NED)	516
23.	Broek Jade	97	08-021	1:08.76	25m	7-11-19	Heemskerk (NED)	512
24.	Broek Jade	97	08-021	1:08.78	25m	7-11-21	Den Haag (NED)	512
25.	Broek Jade	97	08-021	1:08.82	25m	15-1-17	Alkmaar (NED)	511

200 rugslag

1.	Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	539
2.	Schelvis Femke	84	08-021	2:27.54	25m	17-1-99	Heemskerk (NED)	527
3.	Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)	527
4.	Kingma Danae	00	08-021	2:28.91	25m	29-3-15	Zaandam (NED)	513
5.	Schelvis Femke	84	08-021	2:29.72	25m	12-3-00	Heemskerk (NED)	505
6.	Broek Jade	97	08-021	2:30.24	25m	16-11-19	Hoofddorp (NED)	499
7.	Kingma Danae	00	08-021	2:30.65	25m	12-3-17	Purmerend (NED)	495
8.	Schelvis Femke	84	08-021	2:30.70	25m	23-5-98	Zaandam (NED)	495
9.	Broek Jade	97	08-021	2:31.21	25m	22-5-22	Hoofddorp (NED)	490
10.	Broek Jade	97	08-021	2:31.31	25m	4-2-18	Purmerend (NED)	489
11.	Broek Jade	97	08-021	2:31.35	25m	12-2-17	Purmerend (NED)	488
12.	Schelvis Femke	84	08-021	2:31.50	25m	1-2-98	Almelo (NED)	487
13.	Kingma Danae	00	08-021	2:31.58	25m	30-12-16	Leeuwarden (NED)	486
14.	Broek Jade	97	08-021	2:31.79	25m	2-2-25	Den Helder (NED)	484
15.	Schelvis Femke	84	08-021	2:31.90	25m	16-11-97	Zaandam (NED)	483
16.	Broek Jade	97	08-021	2:32.30	25m	29-1-23	Heemskerk (NED)	479
17.	Schelvis Femke	84	08-021	2:32.47	25m	23-12-04	Heemskerk (NED)	478
18.	Schelvis Femke	84	08-021	2:32.49	25m	25-5-00	Heemskerk (NED)	478
18.	Broek Jade	97	08-021	2:32.49	25m	10-2-19	Purmerend (NED)	478
20.	Schelvis Femke	84	08-021	2:32.77	25m	14-3-04	Zaandam	475
21.	Kingma Danae	00	08-021	2:32.78	25m	14-1-17	Alkmaar (NED)	475
22.	Kingma Danae	00	08-021	2:32.81	25m	18-1-15	Zaandam (NED)	475
23.	Kingma Danae	00	08-021	2:32.82	25m	6-3-16	Purmerend (NED)	474
24.	Schelvis Femke	84	08-021	2:33.22	25m	14-12-00	Heemskerk (NED)	471
25.	Broek Jade	97	08-021	2:33.23	25m	30-12-17	Leeuwarden (NED)	471

500 rugslag

1.	van der Gracht Anouk	89	08-021	8:56.86	OW	7-7-07	Oss (NED)	

25 schoolslag

1.	Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	462
2.	Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	433
3.	Palmboom Nicole	91	08-021	17.65	25m	19-4-07	Heemskerk (NED)	429
4.	Kramer Miranda	80	08-021	17.70	25m	13-3-97	Heemskerk (NED)	426
4.	Hoekstra Eline	03	08-021	17.70	25m	7-7-22	Heemskerk (NED)	426
6.	Kramer Miranda	80	08-021	17.79	25m	25-3-99	Heemskerk (NED)	419
7.	van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	419
7.	van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	419
9.	Kramer Miranda	80	08-021	17.81	25m	17-2-00	Heemskerk (NED)	418
10.	Kramer Miranda	80	08-021	17.83	25m	22-2-01	Heemskerk (NED)	416
10.	de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	416
12.	van Rookhuizen Sieta	79	08-021	17.86	25m	22-2-01	Heemskerk (NED)	414
13.	van Rookhuizen Sieta	79	08-021	17.87	25m	25-3-99	Heemskerk (NED)	414
14.	Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	412
14.	Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	412
16.	van Rookhuizen Sieta	79	08-021	18.00	25m	17-2-00	Heemskerk (NED)	405
17.	van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	398
17.	Hulshof Saskia	73	08-021	18.10	25m	31-12-89	Heemskerk (NED)	398
17.	Stam Vanessa	80	08-021	18.10	25m	19-3-98	Heemskerk (NED)	398
17.	Broek Jade	97	08-021	18.10	25m	7-7-22	Heemskerk (NED)	398
21.	Palmboom Nicole	91	08-021	18.13	25m	29-5-08	Heemskerk (NED)	396
22.	Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	384
22.	de Haan Shira	00	08-021	18.32	25m	7-7-22	Heemskerk (NED)	384
24.	van der Geest Saskia	73	08-021	18.40	25m	17-12-87	Heemskerk (NED)	379
24.	Gijzen-van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379

50 schoolslag

1.	Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	588
2.	Kingma Danae	00	08-021	34.89	25m	29-1-16	Amsterdam (NED)	553
3.	Kingma Danae	00	08-021	34.92	25m	29-12-17	Leeuwarden (NED)	551
4.	Kingma Danae	00	08-021	34.93	25m	15-11-15	Purmerend (NED)	551
5.	Kingma Danae	00	08-021	35.18	25m	19-12-15	Amsterdam (NED)	539
6.	Kingma Danae	00	08-021	35.20	25m	22-12-17	Hoofddorp (NED)	538
7.	Kingma Danae	00	08-021	35.41	25m	10-1-16	Purmerend (NED)	529
8.	Kingma Danae	00	08-021	35.43	50m	8-4-16	Eindhoven (NED)	571
9.	Kingma Danae	00	08-021	35.51	25m	29-12-18	Leeuwarden (NED)	524
10.	Kingma Danae	00	08-021	35.64	25m	5-11-16	Hoofddorp (NED)	518
11.	Kingma Danae	00	08-021	35.66	25m	29-12-17	Leeuwarden (NED)	518
12.	Kingma Danae	00	08-021	35.75	25m	17-3-16	Heemskerk (NED)	514
13.	Kingma Danae	00	08-021	35.79	25m	7-1-17	Purmerend (NED)	512
13.	Kingma Danae	00	08-021	35.79	25m	18-11-18	Hoofddorp (NED)	512
15.	Kingma Danae	00	08-021	35.86	25m	29-12-18	Leeuwarden (NED)	509
16.	Kingma Danae	00	08-021	35.93	25m	16-3-17	Heemskerk (NED)	506
17.	Kingma Danae	00	08-021	35.96	50m	20-5-17	Alkmaar (NED)	546
18.	Kingma Danae	00	08-021	35.97	25m	3-11-19	Purmerend (NED)	504
19.	Kingma Danae	00	08-021	36.02	25m	15-2-15	Purmerend (NED)	502
19.	Kingma Danae	00	08-021	36.02	25m	22-12-18	Tilburg (NED)	502
21.	Kingma Danae	00	08-021	36.04	50m	18-6-16	Dordrecht (NED)	542

50 schoolslag (sinds 22)

22.	Kingma Danae	00	08-021	36.07	25m	7-9-14	Zaandam (NED)	500
23.	Kingma Danae	00	08-021	36.17	50m	13-3-16	Alkmaar (NED)	537
24.	Kingma Danae	00	08-021	36.29	25m	16-2-14	Purmerend (NED)	491
25.	Kingma Danae	00	08-021	36.31	25m	6-10-19	Purmerend (NED)	490

100 schoolslag

1.	Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2.	Kingma Danae	00	08-021	1:17.24	25m	10-1-16	Purmerend (NED)	526
3.	Kingma Danae	00	08-021	1:17.27	25m	15-11-15	Purmerend (NED)	525
4.	Kingma Danae	00	08-021	1:18.34	25m	9-11-17	Heemskerk (NED)	504
5.	Kingma Danae	00	08-021	1:18.46	25m	19-12-15	Amsterdam (NED)	502
6.	Kingma Danae	00	08-021	1:19.25	25m	16-11-14	Zaandam (NED)	487
7.	Kingma Danae	00	08-021	1:19.38	25m	6-10-19	Purmerend (NED)	484
8.	Kingma Danae	00	08-021	1:19.44	25m	9-3-14	Zaandam (NED)	483
9.	Kingma Danae	00	08-021	1:19.52	25m	14-1-18	Purmerend (NED)	482
10.	Broek Jade	97	08-021	1:19.62	25m	24-11-19	Hoofddorp (NED)	480
11.	Kingma Danae	00	08-021	1:19.67	25m	6-12-15	Purmerend (NED)	479
12.	Kingma Danae	00	08-021	1:19.70	25m	11-5-14	Purmerend (NED)	479
13.	van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
14.	Kingma Danae	00	08-021	1:19.91	25m	24-9-15	Heemskerk (NED)	475
15.	Broek Jade	97	08-021	1:19.98	25m	11-11-17	Hoofddorp (NED)	473
16.	Kingma Danae	00	08-021	1:20.02	50m	21-2-16	Alkmaar (NED)	514
17.	Kingma Danae	00	08-021	1:20.21	50m	28-5-16	Alkmaar (NED)	511
18.	Kingma Danae	00	08-021	1:20.30	25m	2-11-14	Amsterdam (NED)	468
19.	Kingma Danae	00	08-021	1:20.32	25m	11-1-15	Purmerend (NED)	468
20.	Broek Jade	97	08-021	1:20.60	25m	30-12-16	Leeuwarden (NED)	463
21.	van Honk Chantal	80	08-021	1:20.80	25m	22-2-92	Leiden (NED)	459
22.	Kingma Danae	00	08-021	1:20.89	50m	16-6-19	Bückeburg (GER)	498
23.	Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
23.	Broek Jade	97	08-021	1:20.90	25m	4-10-15	Purmerend (NED)	458
25.	Broek Jade	97	08-021	1:20.91	25m	17-11-18	Hoofddorp (NED)	457

200 schoolslag

1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4.	Kingma Danae	00	08-021	2:55.27	25m	1-10-17	Purmerend (NED)	452
5.	Kingma Danae	00	08-021	2:55.28	25m	8-3-15	Zaandam (NED)	452
6.	de Haan Shira	00	08-021	2:55.59	25m	1-10-17	Purmerend (NED)	450
7.	van Honk Chantal	80	08-021	2:56.20	25m	7-1-93	Heemskerk (NED)	445
8.	Kingma Danae	00	08-021	2:56.62	25m	2-10-16	Purmerend (NED)	442
9.	Kingma Danae	00	08-021	2:57.20	25m	15-1-17	Alkmaar (NED)	437
10.	van Honk Chantal	80	08-021	2:57.30	25m	22-3-92	Heemskerk (NED)	437
11.	de Haan Shira	00	08-021	2:57.40	25m	19-11-17	Hoofddorp (NED)	436
12.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
13.	de Haan Shira	00	08-021	2:58.17	25m	2-10-16	Purmerend (NED)	430
14.	van Honk Chantal	80	08-021	2:58.60	25m	27-9-92	Wormerveer (NED)	427
15.	Broek Jade	97	08-021	2:58.61	25m	29-1-23	Heemskerk (NED)	427
16.	Kingma Danae	00	08-021	2:58.80	25m	10-2-19	Purmerend (NED)	426
17.	Kingma Danae	00	08-021	2:58.86	25m	26-10-14	Zaandam (NED)	425
18.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425

200 schoolslag (sinds 19)

19.	van Honk Chantal	80	08-021	2:59.40	25m	4-10-92	Assendelft (NED)	422
20.	de Haan Shira	00	08-021	2:59.59	25m	10-2-19	Purmerend (NED)	420
21.	de Haan Shira	00	08-021	2:59.63	25m	4-2-18	Purmerend (NED)	420
22.	de Haan Shira	00	08-021	2:59.73	25m	10-9-17	Purmerend (NED)	419
23.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
24.	Broek Jade	97	08-021	2:59.82	25m	4-2-18	Purmerend (NED)	419
25.	Broek Jade	97	08-021	2:59.99	25m	9-3-25	Purmerend (NED)	417

250 schoolslag

1.	Butter Noor	16	08-021	6:20.75	OW	6-7-24	Hoek (NED)

500 schoolslag

1.	Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoorn (NED)
2.	Vink Marjolein	93	08-021	8:58.77	OW	5-8-07	Hoorn (NED)
3.	Vink Marjolein	93	08-021	9:10.33	OW	18-8-07	Bussloo (NED)
4.	Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)
5.	Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)
6.	Vink Marjolein	93	08-021	9:21.33	OW	17-6-07	Spaarnwoude (NED)
7.	Palmboom Nicole	91	08-021	9:24.22	OW	7-7-07	Oss (NED)
8.	Vink Marjolein	93	08-021	9:24.30	OW	19-8-06	Bussloo (NED)
9.	van der Gracht Anouk	89	08-021	9:24.99	OW	8-7-06	Oss (NED)
10.	Vink Marjolein	93	08-021	9:28.88	OW	24-6-07	Breukelen (NED)
11.	Vink Marjolein	93	08-021	9:35.00	OW	16-7-06	Stadskanaal (NED)
12.	Niesten Iris	92	08-021	9:36.95	OW	3-9-06	Vlissingen (NED)
12.	Vink Marjolein	93	08-021	9:36.95	OW	1-9-07	Wilhelminadorp (NED)
14.	Niesten Iris	92	08-021	9:38.79	OW	25-6-06	Breukelen (NED)
15.	Niesten Iris	92	08-021	9:41.09	OW	2-9-06	Wilhelminadorp (NED)
16.	Vink Marjolein	93	08-021	9:41.41	OW	2-9-07	Vlissingen (NED)
17.	Vink Marjolein	93	08-021	9:41.70	OW	26-8-06	Tilburg (NED)
18.	Vink Marjolein	93	08-021	9:42.62	OW	11-8-07	Heerjansdam (NED)
19.	Hogema Fabiën	93	08-021	9:44.65	OW	22-7-07	Langedijk (NED)
19.	Vink Marjolein	93	08-021	9:44.65	OW	22-7-07	Langedijk (NED)
21.	Niesten Iris	92	08-021	9:48.44	OW	26-8-06	Tilburg (NED)
22.	Palmboom Nicole	91	08-021	9:51.61	OW	20-8-05	Bussloo (NED)
23.	Vink Marjolein	93	08-021	9:52.59	OW	23-7-06	Langedijk (NED)
24.	Vink Marjolein	93	08-021	9:53.77	OW	8-7-06	Oss (NED)
25.	Vink Marjolein	93	08-021	9:54.09	OW	25-6-06	Breukelen (NED)

800 schoolslag

1000 schoolslag

1.	van der Gracht Anouk	89	08-021	19:10.26	OW	29-7-06	Hoorn (NED)
2.	Oudendijk Bianca	79	08-021	19:12.90	OW	4-9-05	Vlissingen (NED)
3.	Heus Pauline	78	08-021	19:15.32	OW	21-7-13	Amsterdam (NED)
4.	Heus Pauline	78	08-021	19:25.50	OW	28-8-16	Oosterhout (NED)
5.	Heus Pauline	78	08-021	19:27.44	OW	3-9-16	Wilhelminadorp (NED)
6.	van der Gracht Anouk	89	08-021	19:28.88	OW	29-7-06	Hoorn (NED)
7.	Broek Jade	97	08-021	19:34.67	OW	15-7-23	Amstelveen (NED)
8.	Oudendijk Bianca	79	08-021	19:39.47	OW	21-8-05	Eersel (NED)
9.	Oudendijk Bianca	79	08-021	19:41.75	OW	3-9-05	Wilhelminadorp (NED)
10.	Niesten Iris	92	08-021	19:48.74	OW	4-8-07	Hoorn (NED)
11.	van der Gracht Anouk	89	08-021	19:53.61	OW	4-8-07	Hoorn (NED)
12.	Heus Pauline	78	08-021	19:59.21	OW	20-7-13	Anna-Paulowna (NED)
13.	Oudendijk Bianca	79	08-021	20:07.59	OW	22-6-08	Breukelen (NED)
14.	Oudendijk Bianca	79	08-021	20:10.67	OW	16-7-05	Wijk en Aalburg (NED)
15.	Heus Pauline	78	08-021	20:13.93	OW	8-9-12	Beilen (NED)
16.	Oudendijk Bianca	79	08-021	20:16.67	OW	20-8-05	Bussloo (NED)
17.	Heus Pauline	78	08-021	20:16.75	OW	10-9-16	Sleeuwijk (NED)
18.	Heus Pauline	78	08-021	20:23.67	OW	19-8-12	Aalsmeer (NED)
19.	Niesten Iris	92	08-021	20:23.77	OW	13-8-06	Aalsmeer (NED)
20.	Oudendijk Bianca	79	08-021	20:24.51	OW	6-8-05	Strijen (NED)
21.	Heus Pauline	78	08-021	20:27.53	OW	26-8-12	Oosterhout (NED)
22.	Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
23.	Oudendijk Bianca	79	08-021	20:30.42	OW	24-7-05	Langedijk (NED)
24.	Oudendijk Bianca	79	08-021	20:32.51	OW	23-7-05	Anna-Paulowna (NED)
25.	Oudendijk Bianca	79	08-021	20:32.74	OW	21-7-07	Anna-Paulowna (NED)

1250 schoolslag

1500 schoolslag

2000 schoolslag

1.	Niesten Iris	92	08-021	36:26.77	OW	24-6-07	Breukelen (NED)
2.	van der Gracht Anouk	89	08-021	36:32.33	OW	24-6-07	Breukelen (NED)
3.	Stam Vanessa	80	08-021	36:35.10	OW	15-6-97	Spaarnwoude (NED)
4.	van Rookhuizen Sieta	79	08-021	36:41.20	OW	12-7-98	Amsterdam (NED)
5.	Stam Vanessa	80	08-021	36:55.10	OW	17-8-97	Amsterdam (NED)
6.	Stam Vanessa	80	08-021	37:05.20	OW	29-6-97	Breukelen (NED)
7.	van Rookhuizen Sieta	79	08-021	37:05.60	OW	29-6-97	Breukelen (NED)
8.	de Haan Shira	00	08-021	37:10.13	OW	23-7-16	Amstelveen (NED)
9.	van Rookhuizen Sieta	79	08-021	37:11.40	OW	25-6-00	Breukelen (NED)
10.	van Rookhuizen Sieta	79	08-021	37:13.53	OW	23-6-01	Scheerwolde (NED)
11.	Stam Vanessa	80	08-021	37:13.80	OW	10-8-96	Amsterdam (NED)
12.	van Rookhuizen Sieta	79	08-021	37:18.10	OW	15-8-99	Leiderdorp (NED)
13.	van Rookhuizen Sieta	79	08-021	37:23.10	OW	20-6-99	Spaarnwoude (NED)
14.	Stam Vanessa	80	08-021	37:24.90	OW	28-6-98	Breukelen (NED)
15.	Stam Vanessa	80	08-021	37:25.50	OW	11-7-98	Oss (NED)
16.	van Rookhuizen Sieta	79	08-021	37:28.65	OW	10-9-01	Roermond (NED)
17.	van der Gracht Anouk	89	08-021	37:31.31	OW	25-6-06	Breukelen (NED)
18.	de Haan Shira	00	08-021	37:31.83	OW	29-7-17	Amstelveen (NED)
19.	Stam Vanessa	80	08-021	37:34.80	OW	16-6-96	Spaarnwoude (NED)
20.	van Rookhuizen Sieta	79	08-021	37:46.30	OW	9-8-98	Leiderdorp (NED)

2000 schoolslag (sinds 21)

21.	van Rookhuizen Sieta	79	08-021	37:49.33	OW	17-6-01	Spaarnwoude (NED)
22.	Niesten Iris	92	08-021	37:51.19	OW	7-7-07	Oss (NED)
23.	van Rookhuizen Sieta	79	08-021	37:57.20	OW	18-6-00	Spaarnwoude (NED)
24.	Stam Vanessa	80	08-021	37:58.10	OW	12-7-97	Oss (NED)
25.	van Rookhuizen Sieta	79	08-021	38:04.47	OW	9-7-01	Stadskanaal (NED)

2500 schoolslag

3000 schoolslag

1.	van Rookhuizen Sieta	79	08-021	57:26.50	OW	5-9-99	Vlissingen (NED)
2.	van Rookhuizen Sieta	79	08-021	58:22.65	OW	28-7-01	Anna-Paulowna (NED)
3.	van Rookhuizen Sieta	79	08-021	58:24.20	OW	29-7-00	Anna-Paulowna (NED)
4.	van der Gracht Anouk	89	08-021	58:40.50	OW	22-7-06	Anna-Paulowna (NED)
5.	van Rookhuizen Sieta	79	08-021	58:42.30	OW	7-9-02	Tilburg (NED)
6.	Stam Vanessa	80	08-021	58:56.80	OW	21-7-97	Anna-Paulowna (NED)
7.	de Haan Shira	00	08-021	59:23.60	OW	2-9-17	Wilhelminadorp (NED)
8.	van Rookhuizen Sieta	79	08-021	1:01:11.87	OW	26-7-03	Anna-Paulowna (NED)
9.	de Haan Shira	00	08-021	1:01:18.08	OW	15-7-17	Anna-Paulowna (NED)
10.	de Haan Shira	00	08-021	1:01:29.87	OW	25-7-15	Anna Paulowna (NED)
11.	van der Gracht Anouk	89	08-021	1:02:51.61	OW	21-7-07	Anna-Paulowna (NED)
12.	van der Gracht Anouk	89	08-021	1:03:44.20	OW	30-7-06	Hoorn (NED)
13.	Niesten Iris	92	08-021	1:08:36.23	OW	30-8-08	Tilburg (NED)

4000 schoolslag

5000 schoolslag

1.	van Rookhuizen Sieta	79	08-021	1:35:09.71	OW	7-7-01	Vriezenveen (NED)
2.	van Rookhuizen Sieta	79	08-021	1:51:07.01	OW	26-8-02	Oosterhout (NED)

25 vlinderslag

1.	Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2.	Wentink Yara	04	08-021	13.79	25m	7-7-22	Heemskerk (NED)	534
3.	Hoekstra Eline	03	08-021	13.99	25m	7-7-22	Heemskerk (NED)	511
4.	Koopman Inge	93	08-021	14.03	25m	7-7-22	Heemskerk (NED)	507
5.	Schelvis Femke	84	08-021	14.07	25m	25-3-99	Heemskerk (NED)	503
6.	Broek Jade	97	08-021	14.58	25m	7-7-22	Heemskerk (NED)	452
7.	van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
8.	de Haan Shira	00	08-021	14.73	25m	7-7-22	Heemskerk (NED)	438
9.	Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
10.	Schelvis Femke	84	08-021	15.00	25m	15-1-98	Heemskerk (NED)	415
11.	Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
12.	Siemerink Laura	04	08-021	15.05	25m	7-7-22	Heemskerk (NED)	411
13.	van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
14.	de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
15.	Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
16.	Gijzen-van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
16.	van Staveren Marina	78	08-021	15.23	25m	16-2-13	Heerenveen (NED)	396
18.	Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
18.	Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391

25 vlinderslag (sinds 20)

18.	Butter Anouk	82	08-021	15.30	25m	25-9-05	Etten-Leur (NED)	391
18.	Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
18.	de Groot Daniëlle	93	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
23.	Palmboom Nicole	91	08-021	15.31	25m	27-4-06	Heemskerk	390
24.	Butter Anouk	82	08-021	15.36	25m	19-9-26	Kampen (NED)	386
25.	Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384

50 vlinderslag

1.	Wentink Yara	04	08-021	28.75	25m	22-5-22	Hoofddorp (NED)	609
2.	Wentink Yara	04	08-021	29.16	25m	16-12-22	Den Haag (NED)	584
3.	Wentink Yara	04	08-021	29.22	25m	28-1-24	Heemskerk (NED)	580
4.	Wentink Yara	04	08-021	29.24	25m	13-1-24	Hoofddorp (NED)	579
5.	Wentink Yara	04	08-021	29.29	25m	26-6-22	Rotterdam (NED)	576
6.	Wentink Yara	04	08-021	29.30	25m	16-11-24	Hoofddorp (NED)	576
7.	Wentink Yara	04	08-021	29.31	25m	13-3-22	Den Helder (NED)	575
8.	Wentink Yara	04	08-021	29.34	25m	7-12-23	Heemskerk (NED)	573
9.	Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	572
9.	Wentink Yara	04	08-021	29.36	25m	24-10-24	Heemskerk (NED)	572
11.	Kingma Danae	00	08-021	29.37	25m	19-11-17	Hoofddorp (NED)	571
11.	Wentink Yara	04	08-021	29.37	25m	26-11-23	Hoofddorp (NED)	571
13.	Kingma Danae	00	08-021	29.38	25m	20-10-17	Amsterdam (NED)	571
14.	Wentink Yara	04	08-021	29.40	25m	15-10-23	Alkmaar (NED)	570
15.	Kingma Danae	00	08-021	29.41	25m	23-12-17	Hoofddorp (NED)	569
15.	Wentink Yara	04	08-021	29.41	25m	29-1-23	Heemskerk (NED)	569
17.	Wentink Yara	04	08-021	29.50	25m	25-6-23	Rotterdam (NED)	564
18.	Wentink Yara	04	08-021	29.56	50m	21-5-23	Amsterdam (NED)	564
19.	Wentink Yara	04	08-021	29.61	25m	6-11-22	Alkmaar (NED)	558
20.	Wentink Yara	04	08-021	29.73	50m	17-3-24	Alkmaar (NED)	554
21.	Wentink Yara	04	08-021	29.75	50m	2-6-24	Amsterdam (NED)	553
22.	Wentink Yara	04	08-021	29.77	25m	6-12-25	Purmerend (NED)	549
23.	Wentink Yara	04	08-021	29.85	25m	27-10-24	Zaandam (NED)	544
24.	Wentink Yara	04	08-021	29.88	25m	8-2-26	Purmerend (NED)	543
25.	Kingma Danae	00	08-021	29.91	25m	18-1-18	Heemskerk (NED)	541

100 vlinderslag

1.	Wentink Yara	04	08-021	1:05.06	25m	23-11-24	Den Haag (NED)	591
2.	Wentink Yara	04	08-021	1:05.63	25m	22-1-23	Hoofddorp (NED)	576
3.	Wentink Yara	04	08-021	1:05.67	25m	14-1-24	Hoofddorp (NED)	575
4.	Wentink Yara	04	08-021	1:05.97	25m	20-11-22	Den Helder (NED)	567
5.	Wentink Yara	04	08-021	1:06.06	25m	27-11-22	Hoofddorp (NED)	564
6.	Wentink Yara	04	08-021	1:06.17	25m	9-11-24	Purmerend (NED)	562
7.	Wentink Yara	04	08-021	1:06.47	25m	20-10-24	Heemskerk (NED)	554
8.	Wentink Yara	04	08-021	1:06.73	25m	8-11-26	Purmerend (NED)	548
9.	Wentink Yara	04	08-021	1:06.91	25m	30-10-22	Heemskerk (NED)	543
10.	Wentink Yara	04	08-021	1:06.92	25m	25-10-26	Heemskerk (NED)	543
11.	Wentink Yara	04	08-021	1:06.96	25m	14-11-26	Hoofddorp (NED)	542
12.	Wentink Yara	04	08-021	1:07.14	25m	1-2-24	Heemskerk (NED)	538
13.	Wentink Yara	04	08-021	1:07.25	25m	19-2-26	Heemskerk (NED)	535
14.	Wentink Yara	04	08-021	1:07.28	25m	11-2-24	Heemskerk (NED)	534
15.	Wentink Yara	04	08-021	1:07.49	25m	5-12-21	Den Haag (NED)	529
16.	Wentink Yara	04	08-021	1:07.51	25m	27-9-26	Alkmaar (NED)	529

100 vlinderslag (sinds 17)

17.	Wentink Yara	04	08-021	1:07.58	25m	27-2-25	Heemskerk (NED)	527
18.	Wentink Yara	04	08-021	1:07.81	25m	2-2-23	Heemskerk (NED)	522
19.	Wentink Yara	04	08-021	1:08.00	50m	16-6-24	Amersfoort (NED)	543
20.	Wentink Yara	04	08-021	1:08.02	25m	17-3-22	Heemskerk (NED)	517
20.	Wentink Yara	04	08-021	1:08.02	25m	24-4-22	Den Helder (NED)	517
22.	Wentink Yara	04	08-021	1:08.11	25m	31-3-24	Haarlem (NED)	515
23.	Wentink Yara	04	08-021	1:08.51	25m	16-11-25	Purmerend (NED)	506
24.	Wentink Yara	04	08-021	1:08.64	25m	12-10-25	Heemskerk (NED)	503
25.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	500

200 vlinderslag

1.	Wentink Yara	04	08-021	2:34.17	25m	10-3-24	Purmerend (NED)	466
2.	Wentink Yara	04	08-021	2:34.32	25m	10-11-24	Purmerend (NED)	465
3.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	451
4.	Wentink Yara	04	08-021	2:37.65	25m	6-4-25	Purmerend (NED)	436
5.	Hoekstra Eline	03	08-021	2:38.02	25m	16-2-25	Haarlem (NED)	433
6.	Hoekstra Eline	03	08-021	2:39.69	25m	6-11-22	Alkmaar (NED)	420
7.	Hoekstra Eline	03	08-021	2:39.81	25m	10-3-24	Purmerend (NED)	419
8.	Hoekstra Eline	03	08-021	2:40.19	25m	23-11-19	Hoofddorp (NED)	416
9.	Wentink Yara	04	08-021	2:40.51	25m	12-4-26	Purmerend (NED)	413
10.	Wentink Yara	04	08-021	2:40.94	25m	7-12-25	Purmerend (NED)	410
11.	Hoekstra Eline	03	08-021	2:41.19	25m	3-4-22	Haarlem (NED)	408
12.	Hoekstra Eline	03	08-021	2:41.69	25m	6-6-22	Purmerend (NED)	404
13.	Wentink Yara	04	08-021	2:42.21	25m	18-9-22	Alkmaar (NED)	400
14.	Hoekstra Eline	03	08-021	2:43.52	25m	15-2-26	Haarlem (NED)	391
15.	Wentink Yara	04	08-021	2:43.55	25m	3-4-22	Haarlem (NED)	391
16.	Hoekstra Eline	03	08-021	2:44.58	25m	22-11-25	Maastricht (NED)	383
17.	Hoekstra Eline	03	08-021	2:45.35	25m	10-11-24	Purmerend (NED)	378
18.	Schelvis Femke	84	08-021	2:46.15	25m	27-11-03	Heemskerk (NED)	373
19.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	371
20.	Vink Lidewij	90	08-021	2:47.28	25m	24-11-05	Heemskerk (NED)	365
21.	Hoekstra Eline	03	08-021	2:48.38	25m	7-1-24	Haarlem (NED)	358
22.	Wentink Yara	04	08-021	2:48.54	25m	24-3-19	Purmerend (NED)	357
23.	Wentink Yara	04	08-021	2:48.79	50m	14-5-23	Amsterdam (NED)	375
24.	Hoekstra Eline	03	08-021	2:48.89	25m	6-12-19	Eindhoven (NED)	355
25.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	354

1000 vlinderslag

1.	Wentink Yara	04	08-021	15:16.91	25m	15-2-26	Haarlem (NED)
2.	Wentink Yara	04	08-021	15:22.84	25m	16-2-25	Haarlem (NED)
3.	Wentink Yara	04	08-021	15:45.31	25m	7-1-24	Haarlem (NED)
4.	Wentink Yara	04	08-021	16:15.59	25m	8-1-23	Haarlem (NED)
5.	Siemerink Laura	04	08-021	18:32.64	25m	15-2-26	Haarlem (NED)

75 wisselslag

1.	Doodeman Lieke	16	08-021	1:35.32	25m	21-5-26	Heemskerk (NED)	
2.	Meskhy Nita	16	08-021	1:36.82	25m	21-5-26	Heemskerk (NED)	
3.	Ramazani Helia	16	08-021	1:41.51	25m	9-11-25	Zaandam (NED)	
4.	Kara Melek	17	08-021	1:48.51	25m	1-11-26	Zaandam (NED)	
5.	van Roon Lexie	18	08-021	1:53.02	25m	1-11-26	Zaandam (NED)	
6.	de Reuver Babette	18	08-021	1:53.11	25m	21-5-26	Heemskerk (NED)	
7.	Broersma Manou	17	08-021	2:02.25	25m	21-5-26	Heemskerk (NED)	
8.	Harke Lily Rose	16	08-021	2:02.93	25m	21-5-26	Heemskerk (NED)	
9.	van Roon Lexie	18	08-021	2:16.07	25m	21-5-26	Heemskerk (NED)	

100 wisselslag

1.	Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)	588
2.	Kingma Danae	00	08-021	1:07.82	25m	7-10-18	Purmerend (NED)	578
3.	Kingma Danae	00	08-021	1:08.17	25m	29-12-17	Leeuwarden (NED)	569
4.	Kingma Danae	00	08-021	1:08.21	25m	29-12-16	Leeuwarden (NED)	568
5.	Kingma Danae	00	08-021	1:08.42	25m	29-12-17	Leeuwarden (NED)	563
6.	Kingma Danae	00	08-021	1:09.03	25m	29-12-16	Leeuwarden (NED)	548
7.	Kingma Danae	00	08-021	1:09.11	25m	11-5-17	Heemskerk (NED)	546
8.	Kingma Danae	00	08-021	1:09.25	25m	17-5-18	Heemskerk (NED)	543
9.	Kingma Danae	00	08-021	1:09.81	25m	8-3-15	Zaandam (NED)	530
9.	Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoorn (NED)	530
9.	Broek Jade	97	08-021	1:09.81	25m	7-10-18	Purmerend (NED)	530
12.	Kingma Danae	00	08-021	1:09.82	25m	7-12-14	Heemskerk (NED)	530
13.	Kingma Danae	00	08-021	1:09.83	25m	29-12-18	Leeuwarden (NED)	529
14.	Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	529
15.	Broek Jade	97	08-021	1:09.85	25m	1-10-17	Purmerend (NED)	529
16.	Kingma Danae	00	08-021	1:09.91	25m	29-12-18	Leeuwarden (NED)	528
17.	Wentink Yara	04	08-021	1:09.99	25m	4-10-26	Purmerend (NED)	526
18.	Wentink Yara	04	08-021	1:10.16	25m	25-6-23	Rotterdam (NED)	522
19.	Wentink Yara	04	08-021	1:10.18	25m	23-11-24	Den Haag (NED)	522
20.	Broek Jade	97	08-021	1:10.19	25m	11-4-19	Heemskerk (NED)	521
21.	Kingma Danae	00	08-021	1:10.22	25m	15-2-15	Purmerend (NED)	521
22.	Broek Jade	97	08-021	1:10.34	25m	23-11-19	Hoofddorp (NED)	518
23.	Schelvis Femke	84	08-021	1:10.47	25m	9-1-05	Zuidoost Beemster (NED)	515
24.	Broek Jade	97	08-021	1:10.51	25m	6-10-19	Purmerend (NED)	514
25.	Wentink Yara	04	08-021	1:10.70	25m	4-4-24	Heemskerk (NED)	510

150 wisselslag

1.	Ramazani Helia	16	08-021	3:19.91	25m	8-3-26	Krommenie (NED)	

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	538
2.	Schelvis Femke	84	08-021	2:30.14	25m	17-1-99	Heemskerk (NED)	534
3.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	528
4.	Schelvis Femke	84	08-021	2:31.67	25m	7-3-99	Zaandam (NED)	518
5.	Kingma Danae	00	08-021	2:31.72	25m	24-11-18	Hoofddorp (NED)	518
6.	Wentink Yara	04	08-021	2:32.25	25m	16-11-24	Hoofddorp (NED)	512
7.	Schelvis Femke	84	08-021	2:32.86	25m	10-10-99	Zaandam (NED)	506
8.	Schelvis Femke	84	08-021	2:33.30	25m	9-5-98	Zaandam (NED)	502
9.	Schelvis Femke	84	08-021	2:33.40	25m	7-5-98	Heemskerk (NED)	501
10.	Kingma Danae	00	08-021	2:33.54	25m	4-2-18	Purmerend (NED)	499
11.	Kingma Danae	00	08-021	2:33.95	25m	16-11-14	Zaandam (NED)	495
12.	Kingma Danae	00	08-021	2:34.27	25m	3-11-19	Purmerend (NED)	492
13.	Schelvis Femke	84	08-021	2:34.38	25m	26-11-98	Heemskerk (NED)	491
14.	Schelvis Femke	84	08-021	2:34.56	25m	24-10-99	Zaandam (NED)	490
15.	Kingma Danae	00	08-021	2:34.82	50m	20-5-17	Alkmaar (NED)	540
16.	Schelvis Femke	84	08-021	2:35.06	25m	12-3-00	Heemskerk (NED)	485
17.	Kingma Danae	00	08-021	2:35.07	25m	17-1-16	Purmerend (NED)	485
18.	Kingma Danae	00	08-021	2:35.17	50m	17-6-17	Bückeburg (GER)	536
19.	Wentink Yara	04	08-021	2:35.23	25m	31-3-24	Haarlem (NED)	483
20.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	482
21.	Wentink Yara	04	08-021	2:35.53	25m	9-3-25	Purmerend (NED)	480
21.	Hoekstra Eline	03	08-021	2:35.53	25m	9-3-25	Purmerend (NED)	480
23.	Schelvis Femke	84	08-021	2:35.56	25m	16-1-00	Zaandam (NED)	480
24.	Schelvis Femke	84	08-021	2:35.57	25m	16-1-05	Zaandam (NED)	480
25.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	(NED)	479

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)
6.	Kleijne Daisy	89	08-021	4:23.11	25m	13-11-05	Zaandam (NED)
7.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)
8.	Vink Lidewij	90	08-021	4:24.09	25m	19-12-04	Heemskerk (NED)
9.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)
10.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
11.	Hoek Daniëlle	88	08-021	4:25.43	25m	19-12-04	Heemskerk (NED)
12.	Gijzen-van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)
13.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
14.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
15.	Stins Mariska	84	08-021	4:28.92	25m	23-12-01	Amsterdam
16.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
17.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)
18.	Essers Sanne	91	08-021	4:31.53	25m	9-12-07	Zaandam (NED)
19.	Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
20.	Kleijne Daisy	89	08-021	4:34.95	25m	30-11-03	Heemskerk (NED)
21.	Crok Annemarie	89	08-021	4:35.29	25m	30-11-03	Heemskerk (NED)
22.	de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
23.	Hoek Daniëlle	88	08-021	4:40.53	25m	24-11-02	Amsterdam
24.	van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
25.	Hoek Daniëlle	88	08-021	4:41.63	25m	30-11-03	Heemskerk (NED)

400 wisselslag

1.	Hoekstra Eline	03	08-021	5:29.10	25m	24-11-19	Hoofddorp (NED)	487
2.	Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	486
3.	Schelvis Femke	84	08-021	5:30.02	25m	30-3-00	Heemskerk (NED)	483
4.	Schelvis Femke	84	08-021	5:30.28	25m	21-3-99	Assendelft (NED)	481
5.	Schelvis Femke	84	08-021	5:30.50	25m	29-3-98	Heemstede (NED)	480
6.	Hoekstra Eline	03	08-021	5:31.86	25m	5-6-22	Purmerend (NED)	475
7.	Hoekstra Eline	03	08-021	5:34.73	25m	26-11-23	Hoofddorp (NED)	462
8.	Hoekstra Eline	03	08-021	5:34.91	25m	29-11-25	Hoofddorp (NED)	462
9.	Hoekstra Eline	03	08-021	5:36.06	25m	14-11-26	Hoofddorp (NED)	457
10.	Hoekstra Eline	03	08-021	5:38.36	25m	8-11-26	Purmerend (NED)	448
11.	Hoekstra Eline	03	08-021	5:38.45	25m	12-1-25	Heemskerk (NED)	447
12.	Schelvis Femke	84	08-021	5:39.30	25m	5-2-98	Heemskerk (NED)	444
13.	Hoekstra Eline	03	08-021	5:42.35	25m	11-11-17	Hoofddorp (NED)	432
14.	Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	430
15.	Smit Sanne	01	08-021	5:43.46	25m	17-11-18	Hoofddorp (NED)	428
16.	Schelvis Femke	84	08-021	5:43.59	25m	29-5-04	Z.o. Beemster (NED)	428
17.	Hoekstra Eline	03	08-021	5:43.92	25m	23-11-24	Den Haag (NED)	426
18.	Hoekstra Eline	03	08-021	5:45.00	25m	17-11-18	Hoofddorp (NED)	422
19.	Vink Lidewij	90	08-021	5:45.37	25m	29-1-06	Zaandam (NED)	421
20.	Vink Lidewij	90	08-021	5:47.07	25m	24-2-08	Zaandam (NED)	415
21.	Smit Sanne	01	08-021	5:47.60	25m	8-1-17	Purmerend (NED)	413
22.	Hoekstra Eline	03	08-021	5:47.81	25m	19-3-17	Zaandam (NED)	412
23.	Hoekstra Eline	03	08-021	5:48.87	50m	14-5-22	Amsterdam (NED)	445
24.	Hoekstra Eline	03	08-021	5:49.40	50m	10-5-25	Drachten (NED)	443
25.	van 't Veer Iris	03	08-021	5:50.25	25m	3-4-22	Haarlem (NED)	404