alg. leeftijdsgroep, Dames, Korte baan (25m) 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

1.	van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	26.65	25m	29-9-19	Haarlem (NED)	

25m vrije slag met koprol

1.	van Ederen Jasmijn	10	08-021	23.13	25m	19-1-20	Zaandam (NED)	

25m rugslag start

1.	van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)	

50m borstcrawl benen

1.	van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	1:09.03	25m	19-1-20	Zaandam (NED)	

100m borstcrawl benen

25 vrije slag

1.	Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	507
2.	de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	473
2.	Hoekstra Eline	03	08-021	13.42	25m	7-7-22	Heemskerk (NED)	473
4.	Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	472
5.	Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	467
6.	Wentink Yara	04	08-021	13.63	25m	7-7-22	Heemskerk (NED)	451
7.	Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
7.	Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
9.	Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	436
10.	Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	434
11.	Gijzen-van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	421
12.	van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	413
13.	Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	412
13.	Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	412
15.	Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	408
16.	Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	406
17.	van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)	399
17.	Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)	399
19.	van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)	394
20.	Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)	389
21.	Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk	388
22.	Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	388
23.	van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	387
23.	van 't Veer Iris	03	08-021	14.35	25m	7-7-22	Heemskerk (NED)	387
25.	Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)	385

50 vrije slag

1.	Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	617
2.	Wentink Yara	04	08-021	27.37	25m	29-6-24	Rotterdam (NED)	588
3.	Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	568
4.	Smit Sanne	01	08-021	27.94	25m	17-11-18	Hoofddorp (NED)	552
5.	Drubers Mirjam	67	08-021	28.20	25m	31-12-84		537
5.	Siemerink Laura	04	08-021	28.20	25m	21-4-19	Haarlem (NED)	537
7.	de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)	526
8.	Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)	522
9.	Hoekstra Eline	03	08-021	28.51	25m	23-11-19	Hoofddorp (NED)	520
10.	Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)	516
11.	Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	506
12.	Koster Lisa	94	08-021	28.78	25m	12-5-08	Purmerend (NED)	505
13.	Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)	494
14.	Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)	489
15.	Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)	485
16.	van 't Veer Iris	03	08-021	29.36	25m	24-4-22	Den Helder (NED)	476
17.	Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)	470
18.	van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)	468
19.	Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	466
20.	van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	464
21.	Herwegh Yara	07	08-021	29.79	25m	10-11-24	Purmerend (NED)	456
22.	Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	455
22.	Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)	455
24.	Koopman Inge	93	08-021	29.82	25m	24-4-22	Den Helder (NED)	454
25.	Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	451

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)	637
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	607
3.	Wentink Yara	04	08-021	59.50	25m	28-5-23	Purmerend (NED)	602
4.	Smit Sanne	01	08-021	1:00.05	25m	24-3-19	Purmerend (NED)	585
5.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	557
6.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)	542
7.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)	539
8.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)	532
9.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)	529
10.	Hoekstra Eline	03	08-021	1:02.36	25m	2-6-22	Heemskerk (NED)	523
11.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	509
12.	Siemerink Laura	04	08-021	1:03.00	25m	24-3-19	Purmerend (NED)	507
13.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)	502
14.	Gijzen-van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)	489
15.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)	488
16.	van 't Veer Iris	03	08-021	1:04.05	25m	23-4-23	Den Helder (NED)	482
17.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)	468
18.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)	461
18.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)	461
20.	Herwegh Yara	07	08-021	1:05.26	25m	12-1-25	Heemskerk (NED)	456
21.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	454
22.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)	450
23.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	450
24.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)	447
24.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	447

200 vrije slag

1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	646
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)	604
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
4.	Hoekstra Eline	03	08-021	2:14.26	25m	5-3-20	Heemskerk (NED)	556
5.	Wentink Yara	04	08-021	2:14.62	25m	15-11-26	Hoofddorp (NED)	551
6.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85		543
7.	Broek Jade	97	08-021	2:17.18	25m	18-11-18	Hoofddorp (NED)	521
8.	Koster Lisa	94	08-021	2:17.53	25m	10-5-08	Purmerend (NED)	517
9.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)	515
10.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)	514
11.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	512
12.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)	500
13.	van 't Veer Iris	03	08-021	2:20.41	25m	30-3-23	Heemskerk (NED)	486
14.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	485
15.	Siemerink Laura	04	08-021	2:21.26	25m	13-1-19	Purmerend (NED)	477
16.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)	473
17.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoorn (NED)	465
18.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82		464
19.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk	457
20.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)	452
21.	Gijzen-van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)	450
22.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)	446
23.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)	444
24.	Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	437
25.	van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)	435

250 vrije slag

300 vrije slag

1.	Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	573
2.	Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	493
3.	Hoekstra Eline	03	08-021	3:39.67	25m	9-11-24	Purmerend (NED)	483
4.	Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	481
5.	Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	453
6.	Wentink Yara	04	08-021	3:44.70	25m	8-6-19	Purmerend (NED)	452
7.	Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	437
8.	Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	417
9.	Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	415
10.	van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	410
11.	Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	410
12.	van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	409
13.	Koster Lisa	94	08-021	3:53.61	25m	14-10-07	Zaandam (NED)	402
14.	Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	387
15.	Haasbroek Renske	03	08-021	3:56.60	25m	21-4-25	Haarlem (NED)	387
16.	Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	379
17.	Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	364
18.	Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	361
19.	Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	361
20.	Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	357
21.	Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	345
22.	de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	340

300 vrije slag (sinds 23)

23.	Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	334
24.	de Roode Xara	08	08-021	4:10.21	25m	6-10-24	Den Helder (NED)	327
25.	de Wildt Maud	05	08-021	4:13.28	25m	1-10-23	Den Helder (NED)	315

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2.	Hoekstra Eline	03	08-021	4:48.25	25m	22-5-22	Hoofddorp (NED)	538
3.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
4.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
5.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
6.	Wentink Yara	04	08-021	4:56.18	25m	8-6-19	Purmerend (NED)	496
7.	Smit Sanne	01	08-021	4:57.22	25m	29-12-18	Leeuwarden (NED)	491
8.	Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)	472
9.	Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
10.	Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
11.	Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)	455
12.	de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)	453
13.	Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)	449
14.	Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk	449
15.	van 't Veer Iris	03	08-021	5:07.46	25m	22-4-19	Haarlem (NED)	443
16.	Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)	437
17.	Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)	435
18.	Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)	431
19.	van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)	428
20.	van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
21.	de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)	418
22.	Haasbroek Renske	03	08-021	5:14.47	25m	2-3-25	Amsterdam (NED)	414
23.	Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)	411
24.	Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)	409
25.	Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)	406

500 vrije slag

800 vrije slag

1.	Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2.	Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
3.	Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
4.	Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
5.	Hoekstra Eline	03	08-021	10:19.33	25m	3-12-23	Alkmaar (NED)	463
6.	Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
7.	van 't Veer Iris	03	08-021	10:32.39	25m	11-10-20	Alkmaar (NED)	435
8.	Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
9.	Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	429
10.	Wentink Yara	04	08-021	10:36.31	25m	23-10-22	Hoofddorp (NED)	427
11.	Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	427
12.	Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	426
13.	Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
14.	Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	416
15.	van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	413
16.	Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	406
17.	Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	388

800 vrije slag (sinds 18)

18.	Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	382
19.	Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	377
20.	Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	376
21.	van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	375
22.	de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
23.	de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	367
24.	Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	365
25.	Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361

1000 vrije slag

1250 vrije slag

1500 vrije slag

1.	Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	518
2.	Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	493
3.	Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	487
4.	Hoekstra Eline	03	08-021	19:37.95	25m	3-12-23	Alkmaar (NED)	475
5.	van 't Veer Iris	03	08-021	19:51.84	25m	26-4-26	Zoetermeer (NED)	459
6.	Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	446
7.	Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	431
8.	Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	428
9.	van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	422
10.	de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	387
11.	de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	373
12.	Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	366
13.	Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	355
14.	Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	352
15.	Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	350
16.	Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	350
17.	van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	347
18.	Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	343
19.	de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	340
20.	Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	327
21.	Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	322
22.	van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	321
23.	Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	319
24.	Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	315
25.	Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	303

2000 vrije slag

1.	Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	515
2.	Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	469
3.	van 't Veer Iris	03	08-021	26:26.86	25m	26-4-26	Zoetermeer (NED)	461
4.	van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	436
5.	Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	431
6.	Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	416
7.	van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	416
8.	Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	408
9.	Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	385
10.	Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	382
11.	Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	347
12.	Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)	344
13.	de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam	340
14.	Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam	335
15.	van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	325
16.	Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)	324
17.	Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)	252
18.	Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)	211

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	512
2.	Hoekstra Eline	03	08-021	15.36	25m	7-7-22	Heemskerk (NED)	486
3.	Broek Jade	97	08-021	15.49	25m	7-7-22	Heemskerk (NED)	474
4.	Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	438
5.	Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	430
6.	Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	428
7.	Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	400
8.	Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	399
8.	Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	399
10.	Wentink Yara	04	08-021	16.47	25m	7-7-22	Heemskerk (NED)	394
11.	Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	387
12.	Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	373
13.	Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	367
14.	Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)	365
14.	Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)	365
14.	de Haan Shira	00	08-021	16.90	25m	7-7-22	Heemskerk (NED)	365
17.	Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	361
18.	Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	358
19.	van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)	354
20.	Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	350
21.	Gijzen-van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	346
21.	Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)	346
23.	van 't Veer Iris	03	08-021	17.22	25m	7-7-22	Heemskerk (NED)	345
24.	Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	342
25.	van Assema Eline	05	08-021	17.28	25m	7-7-22	Heemskerk (NED)	341

50 rugslag

1.	Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)	564
2.	Broek Jade	97	08-021	31.17	25m	16-11-19	Hoofddorp (NED)	558
3.	Wentink Yara	04	08-021	31.62	25m	29-6-24	Rotterdam (NED)	535
4.	Hoekstra Eline	03	08-021	32.02	25m	5-12-21	Den Haag (NED)	515
5.	Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)	495
6.	Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)	494
7.	Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)	473
8.	Siemerink Laura	04	08-021	33.00	25m	30-12-18	Leeuwarden (NED)	470
9.	Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)	454
10.	van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)	448
11.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	431
12.	Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	428
13.	Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)	426
14.	Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)	421
15.	ten Bokkel Henrieke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)	418
16.	Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	416
17.	Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)	415
18.	Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)	411
19.	Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	407
20.	Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk	404
21.	Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)	403
22.	Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)	402
23.	Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)	395
23.	Herwegh Binthy	09	08-021	34.96	25m	27-10-24	Zaandam (NED)	395
25.	Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)	391

100 rugslag

1.	Broek Jade	97	08-021	1:06.99	25m	24-3-19	Purmerend (NED)	554
2.	Kingma Danae	00	08-021	1:07.00	25m	24-3-19	Purmerend (NED)	554
3.	Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	505
4.	Hoekstra Eline	03	08-021	1:10.41	25m	17-2-22	Heemskerk (NED)	477
5.	Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)	453
6.	Wentink Yara	04	08-021	1:11.77	25m	24-10-24	Heemskerk (NED)	450
7.	Koper Fiona	01	08-021	1:11.99	25m	17-6-18	Alkmaar (NED)	446
8.	Siemerink Laura	04	08-021	1:12.17	25m	23-11-19	Hoofddorp (NED)	443
9.	Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)	442
10.	van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)	437
11.	Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)	435
12.	Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)	428
13.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	427
14.	Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	422
15.	Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	422
16.	Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)	418
17.	Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)	407
18.	Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)	399
19.	Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)	393
20.	Gijzen-van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)	392
21.	de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86		390
22.	Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)	389
23.	Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	382
24.	Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk	376
25.	de Roode Xara	08	08-021	1:16.23	25m	15-3-26	Heemskerk (NED)	376

200 rugslag

1.	Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	539
2.	Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)	527
3.	Broek Jade	97	08-021	2:30.24	25m	16-11-19	Hoofddorp (NED)	499
4.	van 't Veer Iris	03	08-021	2:35.01	25m	16-11-19	Hoofddorp (NED)	455
5.	Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)	443
6.	Groen Anne	95	08-021	2:36.71	25m	29-1-23	Heemskerk (NED)	440
7.	Hoekstra Eline	03	08-021	2:36.92	25m	29-1-23	Heemskerk (NED)	438
8.	Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)	431
9.	Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)	428
10.	de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86		419
11.	Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	417
12.	Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)	408
13.	Gijzen-van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)	406
14.	Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)	404
15.	Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)	404
16.	Wentink Yara	04	08-021	2:42.13	25m	21-10-18	Purmerend (NED)	397
17.	Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)	396
18.	Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89		394
19.	Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	394
20.	Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam	394
21.	Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)	393
22.	Siemerink Laura	04	08-021	2:42.93	25m	8-2-26	Purmerend (NED)	391
23.	Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83		390
24.	Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)	388
25.	Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)	388

500 rugslag

25 schoolslag

1.	Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	462
2.	Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	433
3.	Hoekstra Eline	03	08-021	17.70	25m	7-7-22	Heemskerk (NED)	426
4.	van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	419
4.	van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	419
6.	de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	416
7.	Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	412
7.	Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	412
9.	van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	398
9.	Broek Jade	97	08-021	18.10	25m	7-7-22	Heemskerk (NED)	398
11.	Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	384
11.	de Haan Shira	00	08-021	18.32	25m	7-7-22	Heemskerk (NED)	384
13.	Gijzen-van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379
14.	van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk	378
15.	Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	373
16.	Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	367
17.	Wentink Yara	04	08-021	18.62	25m	7-7-22	Heemskerk (NED)	366
18.	Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)	365
19.	Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	362
20.	Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)	360
21.	Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)	351
22.	Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)	350
23.	Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk	342
24.	Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	341
25.	Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	339

50 schoolslag

1.	Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	588
2.	Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)	482
3.	ten Bokkel Henrieke	94	08-021	36.64	25m	13-1-19	Purmerend (NED)	477
4.	van Honk Chantal	80	08-021	37.00	25m	12-5-93		463
5.	Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)	440
6.	de Haan Shira	00	08-021	38.14	25m	7-10-18	Purmerend (NED)	423
7.	Wentink Yara	04	08-021	38.67	25m	8-11-26	Purmerend (NED)	406
8.	van 't Veer Iris	03	08-021	38.70	25m	16-11-25	Purmerend (NED)	405
9.	Siemerink Laura	04	08-021	38.79	25m	21-4-19	Haarlem (NED)	402
10.	van der Geest Saskia	73	08-021	38.90	25m	31-12-88		399
11.	Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	398
12.	Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)	396
13.	de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)	387
14.	Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)	386
15.	Smit Sanne	01	08-021	39.35	25m	7-3-19	Heemskerk (NED)	385
16.	van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)	383
17.	Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	377
18.	Koper Fiona	01	08-021	39.89	25m	7-3-19	Heemskerk (NED)	370
19.	Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)	367
20.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	364
21.	Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	361
22.	Herwegh Binthy	09	08-021	40.25	25m	27-10-24	Zaandam (NED)	360

50 schoolslag (sinds 23)

23.	Gijzen-van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam	358
24.	Hulshof Saskia	73	08-021	40.40	25m	14-12-88		356
25.	de Boer Maia	03	08-021	40.52	25m	21-9-23	Heemskerk (NED)	353

100 schoolslag

1.	Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2.	Broek Jade	97	08-021	1:19.62	25m	24-11-19	Hoofddorp (NED)	480
3.	van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
4.	Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
5.	de Haan Shira	00	08-021	1:21.89	25m	7-10-18	Purmerend (NED)	441
6.	Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)	437
7.	van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)	430
8.	Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)	404
9.	van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
9.	de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)	396
11.	Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)	394
12.	van 't Veer Iris	03	08-021	1:25.23	25m	12-4-26	Purmerend (NED)	391
13.	Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
14.	Hoekstra Eline	03	08-021	1:25.41	25m	8-10-20	Heemskerk (NED)	389
15.	Wentink Yara	04	08-021	1:25.45	25m	26-9-24	Heemskerk (NED)	388
16.	Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)	383
17.	Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)	383
18.	Gijzen-van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk	381
19.	Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
20.	Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)	374
21.	Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk	368
22.	Herwegh Binthy	09	08-021	1:26.99	25m	20-10-24	Heemskerk (NED)	368
23.	Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
24.	Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
25.	Siemerink Laura	04	08-021	1:27.53	25m	13-1-19	Purmerend (NED)	361

200 schoolslag

1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
5.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425
6.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
7.	Hoekstra Eline	03	08-021	3:00.09	25m	6-10-19	Purmerend (NED)	417
8.	van 't Veer Iris	03	08-021	3:01.36	25m	12-1-20	Purmerend (NED)	408
9.	ten Bokkel Henrieke	94	08-021	3:02.03	25m	10-2-19	Purmerend (NED)	404
10.	van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
11.	Gijzen-van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)	401
12.	Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
13.	Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)	397
14.	de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)	387
15.	Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
16.	Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
17.	Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
18.	Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)	375
19.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371

200 schoolslag (sinds 20)

20.	Herwegh Binthy	09	08-021	3:07.69	25m	15-10-23	Alkmaar (NED)	368
21.	Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)	364
22.	Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)	364
23.	Wentink Yara	04	08-021	3:08.99	25m	29-1-23	Heemskerk (NED)	361
24.	van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)	360
25.	Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)	358

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2.	Wentink Yara	04	08-021	13.79	25m	7-7-22	Heemskerk (NED)	534
3.	Hoekstra Eline	03	08-021	13.99	25m	7-7-22	Heemskerk (NED)	511
4.	Koopman Inge	93	08-021	14.03	25m	7-7-22	Heemskerk (NED)	507
5.	Broek Jade	97	08-021	14.58	25m	7-7-22	Heemskerk (NED)	452
6.	van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
7.	de Haan Shira	00	08-021	14.73	25m	7-7-22	Heemskerk (NED)	438
8.	Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
9.	Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
10.	Siemerink Laura	04	08-021	15.05	25m	7-7-22	Heemskerk (NED)	411
11.	van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
12.	de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
13.	Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
14.	Gijzen-van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
15.	Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
15.	Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391
15.	Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391

25 vlinderslag (sinds 18)

18.	Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384
19.	Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)	383
19.	van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)	383
21.	Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
21.	Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
23.	de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)	379
24.	Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
25.	Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	373

50 vlinderslag

1.	Wentink Yara	04	08-021	28.75	25m	22-5-22	Hoofddorp (NED)	609
2.	Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	572
3.	Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	505
4.	Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	494
5.	Hoekstra Eline	03	08-021	30.94	25m	22-5-22	Hoofddorp (NED)	489
6.	Siemerink Laura	04	08-021	30.95	25m	8-2-26	Purmerend (NED)	488
7.	Palmboom Nicole	91	08-021	31.87	25m	24-3-08	Haarlem (NED)	447
8.	van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
9.	Koopman Inge	93	08-021	31.95	25m	17-2-22	Heemskerk (NED)	444
10.	van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	429
11.	Smit Sanne	01	08-021	32.36	25m	29-11-18	Heemskerk (NED)	427
12.	Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
13.	Drubers Mirjam	67	08-021	32.50	25m	10-11-85		422
14.	de Haan Shira	00	08-021	32.56	25m	19-9-21	Zaandam (NED)	419
15.	Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
16.	Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	416
17.	ten Bokkel Henrieke	94	08-021	32.73	25m	10-2-19	Purmerend (NED)	413
18.	Gijzen-van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	405
19.	Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	403
20.	Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
21.	van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	397
22.	Teufer Irene	96	08-021	33.18	25m	9-3-08	Heemskerk (NED)	396
23.	Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)	396
24.	Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	392
25.	de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391

100 vlinderslag

1.	Wentink Yara	04	08-021	1:05.06	25m	23-11-24	Den Haag (NED)	591
2.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	500
3.	Broek Jade	97	08-021	1:09.19	25m	3-11-19	Purmerend (NED)	491
4.	Kingma Danae	00	08-021	1:09.42	25m	13-1-19	Purmerend (NED)	486
5.	Hoekstra Eline	03	08-021	1:09.89	25m	12-11-23	Den Helder (NED)	477
6.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85		458
7.	Smit Sanne	01	08-021	1:11.71	25m	18-11-18	Hoofddorp (NED)	441
8.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)	421
9.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	416
10.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)	407
11.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)	403
11.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)	403
13.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	401
14.	Siemerink Laura	04	08-021	1:14.07	25m	19-2-26	Heemskerk (NED)	400

100 vlinderslag (sinds 15)

15.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82		393
16.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)	387
17.	Koopman Inge	93	08-021	1:14.92	25m	24-4-22	Den Helder (NED)	387
18.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	379
19.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	376
20.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	373
21.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	367
22.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)	362
23.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)	361
24.	Gijzen-van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)	358
25.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)	353

200 vlinderslag

1.	Wentink Yara	04	08-021	2:34.17	25m	10-3-24	Purmerend (NED)	466
2.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	451
3.	Hoekstra Eline	03	08-021	2:38.02	25m	16-2-25	Haarlem (NED)	433
4.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	371
5.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	354
6.	Broek Jade	97	08-021	2:48.98	25m	24-3-19	Purmerend (NED)	354
7.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)	353
8.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	352
9.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)	339
10.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)	332
11.	Teufer Irene	96	08-021	2:54.51	25m	16-12-07	Zaandam (NED)	321
12.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81		320
13.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	312
14.	Siemerink Laura	04	08-021	2:57.13	25m	12-4-26	Purmerend (NED)	307
15.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)	301
16.	Kingma Danae	00	08-021	2:58.59	25m	24-3-19	Purmerend (NED)	300
17.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)	298
18.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	295
19.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)	287
20.	Koopman Inge	93	08-021	3:02.12	25m	18-2-23	Heerenveen (NED)	283
21.	Gijzen-van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)	279
22.	Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk	275
23.	Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)	270
24.	Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	269
25.	de Roode Xara	08	08-021	3:05.96	25m	15-2-26	Haarlem (NED)	266

1000 vlinderslag

1.	Wentink Yara	04	08-021	15:16.91	25m	15-2-26	Haarlem (NED)
2.	Siemerink Laura	04	08-021	18:32.64	25m	15-2-26	Haarlem (NED)

75 wisselslag

1.	Doodeman Lieke	16	08-021	1:35.32	25m	21-5-26	Heemskerk (NED)	
2.	Meskhy Nita	16	08-021	1:36.82	25m	21-5-26	Heemskerk (NED)	
3.	Ramazani Helia	16	08-021	1:41.51	25m	9-11-25	Zaandam (NED)	
4.	Kara Melek	17	08-021	1:48.51	25m	1-11-26	Zaandam (NED)	
5.	van Roon Lexie	18	08-021	1:53.02	25m	1-11-26	Zaandam (NED)	
6.	de Reuver Babette	18	08-021	1:53.11	25m	21-5-26	Heemskerk (NED)	
7.	Broersma Manou	17	08-021	2:02.25	25m	21-5-26	Heemskerk (NED)	
8.	Harke Lily Rose	16	08-021	2:02.93	25m	21-5-26	Heemskerk (NED)	

100 wisselslag

1.	Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)	588
2.	Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoorn (NED)	530
3.	Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	529
4.	Wentink Yara	04	08-021	1:09.99	25m	4-10-26	Purmerend (NED)	526
5.	ten Bokkel Henrieke	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)	497
6.	Hoekstra Eline	03	08-021	1:12.07	25m	2-6-22	Heemskerk (NED)	482
7.	Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)	465
8.	Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)	464
9.	Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	463
10.	Siemerink Laura	04	08-021	1:13.78	25m	22-4-19	Haarlem (NED)	449
11.	Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	445
12.	Gijzen-van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk	440
13.	Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	427
14.	van 't Veer Iris	03	08-021	1:15.04	25m	26-3-26	Heemskerk (NED)	427
15.	Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)	426
16.	de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)	426
17.	de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)	421
18.	Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	420
19.	Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)	416
20.	Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)	412
21.	Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)	411
22.	Koopman Inge	93	08-021	1:16.06	25m	2-10-22	Den Helder (NED)	410
23.	Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)	409
24.	van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	408
25.	Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)	407

150 wisselslag

1.	Ramazani Helia	16	08-021	3:19.91	25m	8-3-26	Krommenie (NED)	

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	538
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	528
3.	Wentink Yara	04	08-021	2:32.25	25m	16-11-24	Hoofddorp (NED)	512
4.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	482
5.	Hoekstra Eline	03	08-021	2:35.53	25m	9-3-25	Purmerend (NED)	480
6.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	(NED)	479
7.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	460
8.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)	455
9.	Smit Sanne	01	08-021	2:38.68	25m	10-2-19	Purmerend (NED)	452
10.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)	449

200 wisselslag (sinds 11)

11.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	436
12.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)	426
13.	van 't Veer Iris	03	08-021	2:42.29	25m	23-4-23	Den Helder (NED)	423
14.	ten Bokkel Henrieke	94	08-021	2:42.90	25m	13-1-19	Purmerend (NED)	418
15.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)	418
16.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)	412
17.	Siemerink Laura	04	08-021	2:43.94	25m	15-3-26	Heemskerk (NED)	410
18.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)	409
18.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)	409
20.	Gijzen-van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)	408
21.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)	405
22.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	405
23.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk	405
24.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoorn (NED)	402
25.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	402

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)
6.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)
7.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)
8.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)
9.	Gijzen-van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)
10.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)
11.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
12.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
13.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)
14.	Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
15.	de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
16.	van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
17.	Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
18.	Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
19.	Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)
20.	Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
21.	Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
22.	Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)
23.	Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)
24.	van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)
25.	Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)

400 wisselslag

1.	Hoekstra Eline	03	08-021	5:29.10	25m	24-11-19	Hoofddorp (NED)	487
2.	Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	486
3.	Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	430
4.	Smit Sanne	01	08-021	5:43.46	25m	17-11-18	Hoofddorp (NED)	428
5.	van 't Veer Iris	03	08-021	5:50.25	25m	3-4-22	Haarlem (NED)	404
6.	de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)	400
7.	van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)	398
8.	Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)	389
9.	Gijzen-van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)	388
10.	Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)	387
11.	Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)	386
12.	Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk	386
13.	Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)	382
14.	Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	377
15.	Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)	371
16.	Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	368
17.	Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)	362
18.	Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)	361
19.	Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	359
20.	Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)	356
21.	van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer	353
22.	Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer	349
23.	Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	344
24.	Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)	332
25.	de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)	329