35 - 39 jaar, Heren 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Butter Martijn	79	08-021	12.60	25m	20-12-14	Lelystad (NED)	380
2.	van der Gracht Jory	87	08-021	13.11	25m	7-7-22	Heemskerk (NED)	337
3.	de Weert Sander	72	08-021	13.51	25m	14-4-11	Heemskerk (NED)	308
4.	Oortwijn Bouke	78	08-021	13.54	25m	17-10-15	Emmeloord (NED)	306
5.	Pover Peter	69	08-021	14.03	25m	21-5-06	Grootebroek (NED)	275
5.	Leegwater Martijn	83	08-021	14.03	25m	7-7-22	Heemskerk (NED)	275
7.	Zonneveld Jeroen	78	08-021	14.31	25m	31-5-15	Grootebroek (NED)	259

50 vrije slag

1.	Breton Wouter	89	08-021	25.93	25m	10-9-26	Heemskerk (NED)	476
2.	Butter Martijn	79	08-021	26.23	25m	6-3-16	Purmerend (NED)	460
3.	van der Gracht Jory	87	08-021	27.54	25m	24-4-22	Den Helder (NED)	398
4.	Oortwijn Bouke	78	08-021	28.79	25m	24-9-15	Heemskerk (NED)	348
5.	Pover Peter	69	08-021	30.16	25m	20-11-05	Almere-Stad (NED)	303
6.	de Weert Sander	72	08-021	30.31	25m	6-10-11	Heemskerk (NED)	298
7.	Zonneveld Jeroen	78	08-021	32.61	25m	23-4-15	Heemskerk (NED)	239
8.	Stins Arnold	83	08-021	33.28	25m	15-2-18	Heemskerk (NED)	225
9.	Ranzijn Bas	76	DEM/OEZA	33.58	25m	25-4-13	Heemskerk (NED)	219

100 vrije slag

1.	Butter Martijn	79	08-021	57.03	25m	17-1-16	Purmerend (NED)	489
2.	Breton Wouter	89	08-021	58.55	25m	12-10-25	Heemskerk (NED)	452
3.	van der Gracht Jory	87	08-021	1:00.75	25m	6-4-25	Purmerend (NED)	404
4.	Oortwijn Bouke	78	08-021	1:07.04	25m	17-10-15	Emmeloord (NED)	301
5.	Pover Peter	69	08-021	1:07.66	25m	22-1-06	Emmeloord (NED)	293
6.	de Weert Sander	72	08-021	1:08.15	25m	22-10-11	Emmeloord (NED)	286
7.	Stins Arnold	83	08-021	1:09.25	25m	15-2-18	Heemskerk (NED)	273
8.	Ranzijn Bas	76	DEM/OEZA	1:12.60	25m	31-1-13	Heemskerk (NED)	237
9.	Zonneveld Jeroen	78	08-021	1:15.31	25m	31-1-13	Heemskerk (NED)	212

200 vrije slag

1.	Butter Martijn	79	08-021	2:04.88	25m	17-3-16	Heemskerk (NED)	503
2.	Breton Wouter	89	08-021	2:13.21	25m	21-5-26	Heemskerk (NED)	415
3.	van der Gracht Jory	87	08-021	2:18.21	25m	2-2-25	Den Helder (NED)	371
4.	de Weert Sander	72	08-021	2:37.40	25m	21-1-11	Heerenveen (NED)	251
5.	Oortwijn Bouke	78	08-021	2:42.88	25m	15-2-14	Heerenveen (NED)	227

250 vrije slag

300 vrije slag

1.	Butter Martijn	79	08-021	3:25.33	50m	17-4-16	Alkmaar (NED)	482
2.	van der Gracht Jory	87	08-021	3:55.86	25m	5-10-25	Purmerend (NED)	288
3.	de Weert Sander	72	08-021	4:20.98	25m	22-1-11	Heerenveen (NED)	212

400 vrije slag

1.	Butter Martijn	79	08-021	4:36.57	25m	27-5-18	Grootebroek (NED)	451
2.	van der Gracht Jory	87	08-021	5:21.06	25m	5-10-25	Purmerend (NED)	288
3.	de Weert Sander	72	08-021	5:39.29	25m	22-5-11	Grootebroek (NED)	244

500 vrije slag

800 vrije slag

1.	de Weert Sander	72	08-021	12:13.81	25m	21-1-11	Heerenveen (NED)	220

1000 vrije slag

1.	Butter Martijn	79	08-021	13:54.32	OW	1-7-18	Sluis (NED)	
2.	de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)	
3.	van der Gracht Jory	87	08-021	16:06.57	OW	16-7-22	Amstelveen (NED)	
4.	Essers Tim	88	08-021	16:52.66	OW	4-7-26	Sluis (NED)	

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	21:46.11	OW	15-7-18	Amsterdam (NED)	
2.	de Weert Sander	72	08-021	23:37.48	25m	19-12-10	Zaandam (NED)	214
3.	van der Gracht Jory	87	08-021	24:38.19	OW	16-7-23	Amsterdam (NED)	

2000 vrije slag

1.	van Dam Erik	79	08-021	49:11.14	OW	18-7-15	Amstelveen (NED)	

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

1.	de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)	

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Butter Martijn	79	08-021	15.73	25m	30-11-14	Almere-Stad (NED)	285
2.	Pover Peter	69	08-021	15.81	25m	20-11-05	Almere-Stad (NED)	281
3.	van der Gracht Jory	87	08-021	16.47	25m	7-7-22	Heemskerk (NED)	248
4.	Leegwater Martijn	83	08-021	18.93	25m	7-7-22	Heemskerk (NED)	163

50 rugslag

1.	Breton Wouter	89	08-021	28.05	25m	4-10-26	Purmerend (NED)	497
2.	Butter Martijn	79	08-021	32.15	25m	6-3-14	Heemskerk (NED)	330
3.	Pover Peter	69	08-021	34.08	25m	22-1-06	Emmeloord (NED)	277
4.	van der Gracht Jory	87	08-021	34.50	25m	13-3-22	Den Helder (NED)	267
5.	Stins Arnold	83	08-021	36.12	25m	7-3-19	Heemskerk (NED)	232
6.	van Rookhuizen Barry	82	08-021	38.69	25m	12-4-18	Heemskerk (NED)	189
7.	Oortwijn Bouke	78	08-021	39.04	25m	17-3-16	Heemskerk (NED)	184
8.	Zonneveld Jeroen	78	08-021	39.84	25m	19-2-15	Heemskerk (NED)	173
9.	de Weert Sander	72	08-021	40.89	25m	3-3-11	Heemskerk (NED)	160

100 rugslag

1.	Breton Wouter	89	08-021	1:01.33	25m	12-4-26	Purmerend (NED)	506
2.	Butter Martijn	79	08-021	1:08.20	25m	12-3-17	Purmerend (NED)	368
3.	van der Gracht Jory	87	08-021	1:11.50	25m	13-3-22	Den Helder (NED)	319
4.	Pover Peter	69	08-021	1:20.29	25m	21-5-06	Grootebroek (NED)	225
5.	de Weert Sander	72	08-021	1:27.48	25m	22-5-11	Grootebroek (NED)	174
6.	Zonneveld Jeroen	78	08-021	1:28.42	25m	10-12-15	Heemskerk (NED)	169
7.	Oortwijn Bouke	78	08-021	1:28.56	25m	10-12-15	Heemskerk (NED)	168

200 rugslag

1.	Breton Wouter	89	08-021	2:24.51	25m	2-2-25	Den Helder (NED)	390
2.	Butter Martijn	79	08-021	2:25.61	25m	17-1-16	Purmerend (NED)	381
3.	Pover Peter	69	08-021	2:54.51	25m	17-3-07	Lelystad (NED)	221
4.	de Weert Sander	72	08-021	3:25.19	50m	4-6-11	Apeldoorn (NED)	162

500 rugslag

25 schoolslag

1.	Butter Martijn	79	08-021	15.77	25m	30-11-14	Almere-Stad (NED)	400
2.	van der Gracht Jory	87	08-021	16.86	25m	7-7-22	Heemskerk (NED)	327
3.	de Weert Sander	72	08-021	17.29	25m	22-10-11	Emmeloord (NED)	303
4.	Oortwijn Bouke	78	08-021	17.92	25m	30-11-14	Almere-Stad (NED)	272
5.	Zonneveld Jeroen	78	08-021	19.06	25m	21-2-15	Heerenveen (NED)	226
6.	Leegwater Martijn	83	08-021	19.07	25m	7-7-22	Heemskerk (NED)	226

50 schoolslag

1.	Breton Wouter	89	08-021	30.96	25m	8-11-26	Purmerend (NED)	542
2.	Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
3.	Butter Martijn	79	08-021	35.32	25m	10-1-15	Zwolle (NED)	365
4.	van der Gracht Jory	87	08-021	35.51	25m	1-10-23	Den Helder (NED)	359
5.	de Weert Sander	72	08-021	39.44	25m	27-1-11	Heemskerk (NED)	262
6.	Oortwijn Bouke	78	08-021	40.26	25m	10-1-15	Zwolle (NED)	246
7.	Stins Arnold	83	08-021	40.99	25m	15-2-18	Heemskerk (NED)	233
8.	Zonneveld Jeroen	78	08-021	41.06	25m	31-1-13	Heemskerk (NED)	232
9.	Pover Peter	69	08-021	41.36	25m	31-1-08	Heemskerk (NED)	227

100 schoolslag

1.	Breton Wouter	89	08-021	1:08.76	25m	12-4-26	Purmerend (NED)	528
2.	Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
3.	van der Gracht Jory	87	08-021	1:17.67	25m	6-4-25	Purmerend (NED)	367
4.	Butter Martijn	79	08-021	1:19.92	25m	13-10-16	Heemskerk (NED)	336
5.	de Weert Sander	72	08-021	1:27.89	25m	20-11-11	Almere-Stad (NED)	253
6.	Oortwijn Bouke	78	08-021	1:30.70	25m	9-11-17	Heemskerk (NED)	230
7.	Zonneveld Jeroen	78	08-021	1:35.16	25m	26-5-13	Grootebroek (NED)	199

200 schoolslag

1.	Breton Wouter	89	08-021	2:40.72	25m	9-3-25	Purmerend (NED)	420
2.	van der Gracht Jory	87	08-021	2:53.67	25m	9-3-25	Purmerend (NED)	333
3.	Butter Martijn	79	08-021	3:15.87	25m	19-1-14	Zaandam (NED)	232
4.	de Weert Sander	72	08-021	3:24.70	25m	8-1-11	Zwolle (NED)	203
5.	Oortwijn Bouke	78	08-021	3:26.15	25m	12-1-14	Alkmaar (NED)	199
6.	Zonneveld Jeroen	78	08-021	3:43.58	50m	19-4-15	Alkmaar (NED)	181

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1.	de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)
2.	van der Gracht Jory	87	08-021	19:19.11	OW	16-7-22	Amstelveen (NED)

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	van der Gracht Jory	87	08-021	13.69	25m	7-7-22	Heemskerk (NED)	378
2.	Butter Martijn	79	08-021	14.22	25m	20-12-14	Lelystad (NED)	337
3.	Oortwijn Bouke	78	08-021	15.72	25m	5-10-13	Zwolle (NED)	249
4.	Leegwater Martijn	83	08-021	15.73	25m	7-7-22	Heemskerk (NED)	249
5.	de Weert Sander	72	08-021	16.06	25m	30-6-11	Heemskerk (NED)	234

50 vlinderslag

1.	Breton Wouter	89	08-021	27.47	25m	8-2-26	Purmerend (NED)	499
2.	van der Gracht Jory	87	08-021	29.70	25m	13-3-22	Den Helder (NED)	395
3.	Butter Martijn	79	08-021	31.40	25m	19-2-15	Heemskerk (NED)	334
4.	van Rookhuizen Barry	82	08-021	32.96	25m	12-4-18	Heemskerk (NED)	289
5.	Stins Arnold	83	08-021	33.48	25m	7-3-19	Heemskerk (NED)	276
6.	Oortwijn Bouke	78	08-021	34.10	25m	6-3-14	Heemskerk (NED)	261
7.	Pover Peter	69	08-021	34.30	25m	22-1-06	Emmeloord (NED)	256
8.	Zonneveld Jeroen	78	08-021	35.29	25m	10-12-15	Heemskerk (NED)	235
9.	de Weert Sander	72	08-021	37.45	50m	16-4-11	Kampen (NED)	214

100 vlinderslag

1.	Breton Wouter	89	08-021	1:06.39	25m	8-11-26	Purmerend (NED)	379
2.	van der Gracht Jory	87	08-021	1:06.55	25m	17-4-22	Haarlem (NED)	377
3.	Butter Martijn	79	08-021	1:12.38	25m	21-2-15	Heerenveen (NED)	293
4.	de Weert Sander	72	08-021	1:30.02	25m	4-12-11	Zaandam (NED)	152

200 vlinderslag

1.	van der Gracht Jory	87	08-021	2:40.98	25m	10-3-24	Purmerend (NED)	306
2.	Butter Martijn	79	08-021	2:51.04	25m	10-1-15	Zwolle (NED)	255
3.	Breton Wouter	89	08-021	2:54.04	25m	15-2-26	Haarlem (NED)	242

1000 vlinderslag

1.	Breton Wouter	89	08-021	15:55.73	25m	15-2-26	Haarlem (NED)	

75 wisselslag

100 wisselslag

1.	Breton Wouter	89	08-021	1:02.53	25m	5-10-25	Purmerend (NED)	520
2.	Butter Martijn	79	08-021	1:08.58	25m	19-5-16	Heemskerk (NED)	394
3.	van der Gracht Jory	87	08-021	1:08.99	25m	1-10-23	Den Helder (NED)	387
4.	Pover Peter	69	08-021	1:17.29	25m	17-3-07	Lelystad (NED)	275
5.	Oortwijn Bouke	78	08-021	1:20.33	25m	19-5-16	Heemskerk (NED)	245
6.	Zonneveld Jeroen	78	08-021	1:22.66	25m	25-4-13	Heemskerk (NED)	225
7.	de Weert Sander	72	08-021	1:22.76	25m	14-4-11	Heemskerk (NED)	224

150 wisselslag

200 wisselslag

1.	Breton Wouter	89	08-021	2:21.17	25m	15-3-26	Heemskerk (NED)	468
2.	Butter Martijn	79	08-021	2:29.80	25m	18-3-18	Purmerend (NED)	391
3.	van der Gracht Jory	87	08-021	2:34.13	25m	9-3-25	Purmerend (NED)	359
4.	Pover Peter	69	08-021	3:03.04	25m	12-1-08	Zwolle (NED)	214
5.	de Weert Sander	72	08-021	3:05.68	25m	16-10-11	Zaandam (NED)	205
6.	Zonneveld Jeroen	78	08-021	3:23.21	50m	19-4-15	Alkmaar (NED)	176

300 wisselslag

400 wisselslag

1.	Butter Martijn	79	08-021	5:28.62	25m	15-2-14	Heerenveen (NED)	368
2.	de Weert Sander	72	08-021	6:39.84	25m	4-12-11	Zaandam (NED)	204