20 - 24 jaar, Heren 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
1.	Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
3.	Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
4.	Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
5.	Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
6.	Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
7.	Schaaper Hans	68	08-021	12.60	25m	12-1-89	Heemskerk (NED)	380
7.	Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
9.	Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
10.	de Vijlder Michael	75	08-021	12.80	25m	13-3-97	Heemskerk (NED)	362
11.	van Rookhuizen Barry	82	08-021	12.97	25m	27-4-06	Heemskerk	348
12.	van der Gracht Jory	87	08-021	12.98	25m	30-6-11	Heemskerk (NED)	348
13.	Palmboom Pascal	89	08-021	13.08	25m	30-6-11	Heemskerk (NED)	340
14.	Bal Chester	78	08-021	13.50	25m	25-3-99	Heemskerk (NED)	309
15.	Wassenaar Marcel	69	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
16.	Essers Tim	88	08-021	13.66	25m	29-5-08	Heemskerk (NED)	298
17.	Beentjes Bastiaan	78	08-021	13.73	25m	25-3-99	Heemskerk (NED)	294
18.	Hoenink Jarl	86	08-021	14.25	25m	19-4-07	Heemskerk (NED)	263
19.	Zonneveld Jeroen	78	08-021	14.30	25m	12-2-98	Heemskerk (NED)	260
20.	Andeweg Celedonio	76	08-021	14.90	25m	13-3-97	Heemskerk (NED)	230

50 vrije slag

1.	Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2.	Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3.	Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
4.	Gaal Roel	01	08-021	25.17	25m	10-4-23	Haarlem (NED)	521
5.	van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6.	Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7.	Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
8.	Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
9.	de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
10.	Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
10.	Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
12.	Blaauw Mica	05	08-021	26.25	25m	5-4-26	Haarlem (NED)	459
13.	Oudendijk Paul	81	08-021	26.43	25m	29-1-04	Heemskerk (NED)	450
14.	Camphuijnder Jasper	05	08-021	26.45	25m	15-3-26	Heemskerk (NED)	449
15.	Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
16.	van Rookhuizen Barry	82	08-021	26.58	25m	29-1-04	Heemskerk (NED)	442

50 vrije slag (sinds 17)

17.	Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
18.	van der Gracht Jory	87	08-021	26.69	25m	6-12-09	Zaandam (NED)	437
19.	Breton Wouter	89	08-021	26.74	50m	16-5-09	Beverwijk (NED)	478
20.	Hermans Luuk	85	08-021	26.83	25m	31-5-07	Heemskerk (NED)	430
21.	Verbree John	61	08-021	27.10	25m	7-3-82		417
21.	Schaaper Hans	68	08-021	27.10	25m	5-11-89	Heemskerk (NED)	417
23.	Kuilman Joris	80	08-021	27.16	25m	3-12-00	Zaandam (NED)	415
24.	van der Kroft Barry	82	08-021	27.34	25m	27-4-03	Zaandam	406
25.	Korzelius Ron	65	08-021	27.40	25m	22-3-87	Heerhugowaard (NED)	404

100 vrije slag

1.	Gaal Roel	01	08-021	53.41	25m	3-10-21	Den Helder (NED)	595
2.	Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3.	Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4.	Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5.	Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6.	van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
7.	Camphuijnder Jasper	05	08-021	56.42	25m	9-3-25	Purmerend (NED)	505
8.	Jongert Sjoerd	01	08-021	56.54	25m	6-4-25	Purmerend (NED)	502
9.	Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
10.	de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
11.	Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
12.	Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
13.	van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoorn (NED)	466
14.	Blaauw Mica	05	08-021	58.17	25m	10-9-26	Heemskerk (NED)	461
15.	Crok Pieter	91	08-021	58.19	25m	19-1-14	Zaandam (NED)	460
16.	Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
17.	Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
18.	Kranenburg Fred	63	08-021	59.00	25m	7-1-84	Hilversum (NED)	441
19.	Korzelius Ron	65	08-021	59.10	25m	8-3-87	Zaandam (NED)	439
20.	Tijms Stefan	93	08-021	59.76	25m	19-5-13	Purmerend (NED)	425
21.	Verbree John	61	08-021	59.80	25m	31-12-85		424
22.	van Rookhuizen Barry	82	08-021	1:00.03	25m	27-3-03	Heemskerk	419
23.	Hermans Luuk	85	08-021	1:00.06	25m	24-2-05	Heemskerk (NED)	418
24.	Stins Arnold	83	08-021	1:00.23	25m	16-3-03	Heemskerk	415
25.	Steenbergen Roderik	82	08-021	1:00.33	25m	27-3-05	Haarlem (NED)	413

200 vrije slag

1.	Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2.	Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
3.	Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
4.	Gaal Roel	01	08-021	2:01.62	25m	5-6-25	Heemskerk (NED)	545
5.	Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
6.	Camphuijnder Jasper	05	08-021	2:03.12	25m	2-2-25	Den Helder (NED)	525
7.	van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
8.	Gaal Koen	99	08-021	2:08.09	25m	20-11-22	Den Helder (NED)	466
9.	Oudendijk Paul	81	08-021	2:08.28	25m	18-12-03	Heemskerk (NED)	464
10.	van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
11.	Meijer Arno	75	08-021	2:09.60	25m	23-2-95	Heemskerk (NED)	450
12.	de Wit Stephen	93	08-021	2:09.67	25m	6-3-14	Heemskerk (NED)	450
13.	Jongert Sjoerd	01	08-021	2:10.12	25m	29-10-22	Nieuwerkerk ad IJssel (NED)	445

200 vrije slag (sinds 14)

14.	Crok Pieter	91	08-021	2:10.61	25m	6-3-14	Heemskerk (NED)	440
15.	Blaauw Mica	05	08-021	2:11.41	25m	21-5-26	Heemskerk (NED)	432
16.	Tijms Stefan	93	08-021	2:13.30	25m	21-3-13	Heemskerk (NED)	414
17.	Steenbergen Roderik	82	08-021	2:14.31	25m	6-10-02	Zaandam	404
18.	Kuilman Joris	80	08-021	2:14.35	25m	7-5-00	Zaandam (NED)	404
19.	Korzelius Ron	65	08-021	2:14.40	25m	30-11-86	Heemskerk (NED)	404
20.	Kranenburg Fred	63	08-021	2:14.90	25m	16-1-83	Heemskerk (NED)	399
21.	Tamis Thijs	82	08-021	2:15.02	25m	25-4-02	Heemskerk	398
22.	de Vijlder Michael	75	08-021	2:15.20	25m	6-4-97	Heemskerk (NED)	397
23.	Stins Arnold	83	08-021	2:15.41	25m	7-6-03	Z.o. Beemster	395
24.	Verbree John	61	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
25.	Essers Tim	88	08-021	2:17.77	25m	2-12-12	Amstelveen (NED)	375

250 vrije slag

300 vrije slag

1.	Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2.	Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
3.	Camphuijnder Jasper	05	08-021	3:25.10	25m	5-4-26	Haarlem (NED)	438
4.	van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
5.	Jongert Sjoerd	01	08-021	3:29.00	25m	6-10-24	Den Helder (NED)	414
6.	Gaal Roel	01	08-021	3:29.38	25m	5-10-25	Purmerend (NED)	412
7.	Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
8.	van der Gracht Jory	87	08-021	3:36.11	25m	14-10-07	Zaandam (NED)	374
9.	Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
10.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
11.	Blaauw Mica	05	08-021	3:47.34	25m	5-10-25	Purmerend (NED)	321

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
5.	Camphuijnder Jasper	05	08-021	4:32.83	25m	5-4-26	Haarlem (NED)	470
6.	Oudendijk Paul	81	08-021	4:34.87	25m	29-5-04	Z.o. Beemster (NED)	460
7.	Gaal Roel	01	08-021	4:38.64	25m	5-10-25	Purmerend (NED)	441
8.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
9.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
10.	Meijer Arno	75	08-021	4:44.00	25m	29-10-95	Castricum (NED)	417
11.	Jongert Sjoerd	01	08-021	4:44.94	25m	6-10-24	Den Helder (NED)	413
12.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
13.	Blaauw Mica	05	08-021	4:53.63	25m	4-10-26	Purmerend (NED)	377
14.	Stins Arnold	83	08-021	4:54.13	25m	12-6-03	Heemskerk	375
15.	Tamis Thijs	82	08-021	4:54.90	25m	30-5-02	Heemskerk	372
16.	Steenbergen Roderik	82	08-021	4:57.14	25m	30-5-02	Heemskerk	364
17.	Verbree John	61	08-021	4:58.00	25m	14-3-81	Heemskerk (NED)	361
18.	Kranenburg Fred	63	08-021	5:00.00	25m	27-2-83	Assendelft (NED)	354
19.	Tijms Stefan	93	08-021	5:02.16	25m	9-2-14	Zaandam (NED)	346
20.	Kramer Vincent	82	08-021	5:02.24	25m	12-6-03	Heemskerk	346
21.	Schaaper Hans	68	08-021	5:03.00	25m	19-2-89	Heemskerk (NED)	343
22.	Pover Peter	69	08-021	5:05.40	25m	30-6-93		335

400 vrije slag (sinds 23)

22.	Kuilman Joris	80	08-021	5:05.40	25m	31-5-01	Heemskerk (NED)	335
24.	Wassenaar Marcel	69	08-021	5:06.40	25m	19-2-89	Heemskerk (NED)	332
25.	van Rookhuizen Barry	82	08-021	5:07.41	25m	29-4-04	Heemskerk (NED)	329

500 vrije slag

1.	van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)	

800 vrije slag

1.	Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2.	Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
3.	Kleijne Barry	93	08-021	9:44.41	25m	18-10-15	Zaandam (NED)	436
4.	Camphuijnder Jasper	05	08-021	10:00.41	50m	23-3-25	Alkmaar (NED)	426
5.	van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
6.	Offringa Rick	03	08-021	10:07.41	50m	19-2-23	Alkmaar (NED)	412
7.	Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
8.	de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
9.	Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
10.	Beentjes Bastiaan	78	08-021	11:03.96	25m	23-1-00	Heemskerk (NED)	297

1000 vrije slag

1.	Oudendijk Paul	81	08-021	12:59.92	OW	25-6-05	Scheerwolde (NED)	
2.	Butter Martijn	79	08-021	13:01.20	OW	13-8-00	Eersel (NED)	
3.	van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)	
4.	van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)	
5.	Tijms Stefan	93	08-021	14:46.80	OW	6-7-13	Appeltern (NED)	
6.	Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)	
7.	Camphuijnder Jasper	05	08-021	15:20.08	OW	28-6-26	Alkmaar (NED)	
8.	Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)	
9.	Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)	
10.	Goverde Ad	59	08-021	16:00.40	OW	14-6-81	Amstelveen (NED)	
11.	Beentjes Bastiaan	78	08-021	16:05.38	OW	13-8-00	Eersel (NED)	

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2.	Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
3.	Offringa Rick	03	08-021	19:12.98	50m	19-2-23	Alkmaar (NED)	431
4.	Camphuijnder Jasper	05	08-021	19:13.30	50m	23-3-25	Alkmaar (NED)	430
5.	van der Gracht Jory	87	08-021	19:26.56	25m	9-11-08	Zaandam (NED)	384
6.	Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
7.	Stins Arnold	83	08-021	20:01.75	25m	16-11-03	Heemskerk (NED)	351
8.	Beentjes Bastiaan	78	08-021	21:02.46	25m	23-1-00	Heemskerk (NED)	303
9.	Tamis Thijs	82	08-021	21:07.53	25m	1-12-02	Heemskerk	299
10.	Breton Wouter	89	08-021	24:02.84	OW	25-7-09	Anna Paulowna (NED)	

2000 vrije slag

1.	Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2.	Oudendijk Paul	81	08-021	25:16.75	25m	7-3-04	Zaandam	414
3.	Stins Arnold	83	08-021	25:58.07	25m	16-2-03	Zaandam	382
4.	van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
5.	Tamis Thijs	82	08-021	26:53.48	25m	10-2-02	Zaandam	344
6.	Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
7.	Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
8.	van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)	
9.	Tijms Stefan	93	08-021	29:22.55	OW	16-6-13	Spaarnwoude (NED)	
10.	Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)	
11.	de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)	
12.	Kramer Vincent	82	08-021	30:03.20	25m	10-2-02	Zaandam	246

2500 vrije slag

1.	Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)	
2.	Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)	
3.	van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)	
4.	van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)	
5.	Stins Arnold	83	08-021	37:20.10	OW	10-7-04	Oss (NED)	
6.	Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)	
7.	Tijms Stefan	93	08-021	41:04.98	OW	27-7-14	Medemblik (NED)	

3000 vrije slag

1.	Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
2.	Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)	
3.	Stins Arnold	83	08-021	41:42.17	OW	31-8-03	Oosterhout (NED)	
4.	van der Gracht Jory	87	08-021	43:54.49	OW	17-8-08	Aalsmeer (NED)	
5.	de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)	
6.	van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)	
7.	Tijms Stefan	93	08-021	46:38.43	OW	21-7-13	Amsterdam (NED)	
8.	Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)	

4000 vrije slag

5000 vrije slag

1.	Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)	
2.	Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)	
3.	Stins Arnold	83	08-021	1:11:31.40	OW	7-9-03	Vlissingen (NED)	
4.	van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)	
5.	van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)	
6.	Tijms Stefan	93	08-021	1:15:31.55	OW	16-6-13	Spaarnwoude (NED)	

6000 vrije slag

1.	van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)	

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
2.	Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
3.	Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
4.	Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5.	Oudendijk Paul	81	08-021	14.66	25m	22-2-01	Heemskerk (NED)	352
6.	Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
7.	Meijer Arno	75	08-021	14.90	25m	29-5-97	Heemskerk	336
8.	Butter Martijn	79	08-021	15.31	25m	22-2-01	Heemskerk (NED)	309
9.	de Vijlder Michael	75	08-021	15.90	25m	13-2-97	Heemskerk (NED)	276
9.	Bal Chester	78	08-021	15.90	25m	15-1-98	Heemskerk (NED)	276
11.	van der Gracht Jory	87	08-021	16.05	25m	19-4-07	Heemskerk (NED)	268
12.	Dekker Rudie	78	08-021	16.20	25m	15-1-98	Heemskerk (NED)	261
13.	Wassenaar Marcel	69	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
14.	Hoenink Jarl	86	08-021	16.80	25m	19-4-07	Heemskerk (NED)	234
15.	van Rookhuizen Barry	82	08-021	17.06	25m	27-4-06	Heemskerk	223
16.	Beentjes Bastiaan	78	08-021	17.38	25m	17-2-00	Heemskerk (NED)	211
17.	Kuilman Joris	80	08-021	17.87	25m	22-2-01	Heemskerk (NED)	194
18.	Andeweg Celedonio	76	08-021	19.30	25m	8-2-96	Heemskerk (NED)	154
19.	Zonneveld Jeroen	78	08-021	20.90	25m	15-1-98	Heemskerk (NED)	121

50 rugslag

1.	Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2.	Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3.	Breton Wouter	89	08-021	29.10	50m	17-5-09	Alkmaar (NED)	563
4.	Offringa Rick	03	08-021	29.35	25m	23-4-23	Den Helder (NED)	433
5.	Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
6.	Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
7.	Blaauw Mica	05	08-021	29.93	25m	11-10-26	Zaandam (NED)	409
8.	de Wit Stephen	93	08-021	30.50	25m	30-1-14	Heemskerk (NED)	386
9.	van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
10.	Gaal Roel	01	08-021	30.68	25m	5-10-25	Purmerend (NED)	379
11.	Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
12.	Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
13.	Jongert Sjoerd	01	08-021	31.21	25m	19-10-25	Zaandam (NED)	360
14.	Butter Martijn	79	08-021	31.22	25m	25-1-01	Heemskerk (NED)	360
15.	Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
15.	Steenbergen Roderik	82	08-021	31.80	25m	25-4-02	Heemskerk	341
17.	Kramer Vincent	82	08-021	32.25	25m	26-5-05	Heemskerk (NED)	327
18.	Essers Tim	88	08-021	32.26	25m	2-12-12	Amstelveen (NED)	326
19.	Pover Peter	69	08-021	32.60	25m	14-12-89	Heemskerk (NED)	316
19.	Keessen Jeroen	67	08-021	32.60	25m	10-1-91	Heemskerk (NED)	316
21.	Stins Arnold	83	08-021	32.67	25m	30-10-03	Heemskerk	314
22.	Kuilman Joris	80	08-021	32.72	25m	27-1-00	Heemskerk (NED)	313
23.	van der Gracht Jory	87	08-021	32.73	25m	3-3-11	Heemskerk (NED)	312
24.	Tamis Thijs	82	08-021	33.22	25m	12-6-03	Heemskerk	299
25.	van Rookhuizen Barry	82	08-021	33.62	25m	31-10-02	Heemskerk	288

100 rugslag

1.	Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2.	Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3.	Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4.	Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5.	Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
6.	Blaauw Mica	05	08-021	1:03.63	25m	12-4-26	Purmerend (NED)	453
7.	de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
8.	Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
9.	Butter Martijn	79	08-021	1:06.17	25m	29-3-01	Heemskerk (NED)	403
10.	Gaal Roel	01	08-021	1:06.45	25m	6-4-25	Purmerend (NED)	398
11.	Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
12.	Breton Wouter	89	08-021	1:07.27	50m	16-5-09	Beverwijk (NED)	457
13.	van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
14.	Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
15.	Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
16.	van der Gracht Jory	87	08-021	1:08.11	25m	30-1-11	Zaandam (NED)	370
17.	Essers Tim	88	08-021	1:08.15	25m	18-12-11	Zaandam (NED)	369
18.	Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
19.	Meijer Arno	75	08-021	1:08.70	25m	10-12-95	Heemskerk (NED)	360
20.	Kranenburg Fred	63	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	351
21.	Crok Pieter	91	08-021	1:09.84	25m	12-12-13	Heemskerk (NED)	343
22.	Stins Arnold	83	08-021	1:10.77	25m	26-2-04	Heemskerk (NED)	329
23.	Pover Peter	69	08-021	1:10.80	25m	18-3-89		329
24.	Tamis Thijs	82	08-021	1:11.98	25m	1-4-02	Haarlem	313
25.	Tijms Stefan	93	08-021	1:12.00	25m	9-3-14	Zaandam (NED)	313

200 rugslag

1.	Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2.	Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3.	Jongert Jeroen	96	08-021	2:14.39	25m	17-11-19	Hoofddorp (NED)	485
4.	Oudendijk Paul	81	08-021	2:18.01	25m	16-1-05	Zaandam (NED)	448
5.	Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
6.	Gaal Koen	99	08-021	2:19.58	25m	29-1-23	Heemskerk (NED)	433
7.	Blaauw Mica	05	08-021	2:23.17	25m	24-5-26	Purmerend (NED)	401
8.	de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
9.	Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
10.	Steenbergen Roderik	82	08-021	2:29.51	25m	23-12-04	Heemskerk (NED)	352
11.	Meijer Arno	75	08-021	2:30.20	25m	8-3-98	Zaandam (NED)	347
12.	van der Gracht Jory	87	08-021	2:31.24	25m	13-11-11	Zaandam (NED)	340
13.	Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
14.	van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334
15.	Essers Tim	88	08-021	2:32.75	25m	14-11-10	Castricum (NED)	330
16.	Crok Pieter	91	08-021	2:32.99	25m	10-11-13	Zaandam (NED)	329
17.	Hermans Luuk	85	08-021	2:33.20	25m	12-3-06	Zaandam (NED)	327
18.	Tamis Thijs	82	08-021	2:33.38	25m	31-1-02	Heemskerk	326
19.	Gaal Roel	01	08-021	2:33.59	25m	29-1-23	Heemskerk (NED)	325
20.	Tijms Stefan	93	08-021	2:34.10	25m	16-11-14	Zaandam (NED)	322
21.	de Vijlder Michael	75	08-021	2:35.10	25m	17-3-96	Heemskerk (NED)	315
22.	van der Kroft Barry	82	08-021	2:36.62	25m	10-3-02	Heemskerk	306
23.	Kramer Vincent	82	08-021	2:36.92	25m	23-12-04	Heemskerk (NED)	305
24.	Kuilman Joris	80	08-021	2:38.25	25m	12-3-00	Heemskerk (NED)	297
25.	Pover Peter	69	08-021	2:39.70	25m	30-9-89		289

500 rugslag

25 schoolslag

1.	Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
2.	Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
3.	Butter Martijn	79	08-021	15.43	25m	17-2-00	Heemskerk (NED)	427
4.	Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
5.	Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
6.	Meijer Arno	75	08-021	15.90	25m	13-3-97	Heemskerk (NED)	390
7.	Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
8.	Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
9.	Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
10.	Hoenink Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
11.	Gaal Koen	99	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
11.	Gaal Roel	01	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
13.	Wassenaar Marcel	69	08-021	16.80	25m	12-1-89	Heemskerk (NED)	330
13.	de Vijlder Michael	75	08-021	16.80	25m	14-3-96	Heemskerk (NED)	330
15.	van der Gracht Jory	87	08-021	17.21	25m	19-4-07	Heemskerk (NED)	307
16.	van Rookhuizen Barry	82	08-021	17.88	25m	27-4-06	Heemskerk	274
16.	Essers Tim	88	08-021	17.88	25m	29-5-08	Heemskerk (NED)	274
18.	Andeweg Celedonio	76	08-021	18.10	25m	13-3-97	Heemskerk (NED)	264
19.	Bal Chester	78	08-021	19.00	25m	19-3-98	Heemskerk (NED)	228

50 schoolslag

1.	Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2.	Breton Wouter	89	08-021	31.37	25m	28-6-09	Alkmaar (NED)	521
3.	Oudendijk Paul	81	08-021	32.60	25m	23-3-03	Heemstede	464
4.	Jongert Sjoerd	01	08-021	33.31	25m	12-1-25	Heemskerk (NED)	435
5.	Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
6.	Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
7.	Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
8.	Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
9.	Butter Martijn	79	08-021	34.45	25m	28-11-02	Heemskerk	393
10.	Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
11.	van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
12.	Kuilman Joris	80	08-021	34.56	25m	3-12-00	Zaandam (NED)	389
13.	Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
14.	Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
15.	Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378
15.	Gaal Roel	01	08-021	34.92	25m	3-10-21	Den Helder (NED)	378
17.	van der Kroft Barry	82	08-021	34.94	25m	31-3-02	Haarlem	377
18.	Tamis Thijs	82	08-021	35.08	25m	20-4-03	Haarlem	372
19.	Schaaper Hans	68	08-021	35.10	25m	14-12-88		372
20.	Hermans Luuk	85	08-021	35.14	25m	6-11-05	Zaandam (NED)	371
21.	Camphuijnder Jasper	05	08-021	35.75	25m	12-1-25	Heemskerk (NED)	352
22.	van der Gracht Jory	87	08-021	35.82	25m	24-4-11	Haarlem (NED)	350
23.	Blaauw Mica	05	08-021	36.06	25m	21-5-26	Heemskerk (NED)	343
24.	van Rookhuizen Barry	82	08-021	36.22	25m	28-11-02	Heemskerk	338
25.	de Wit Stephen	93	08-021	36.45	25m	6-3-14	Heemskerk (NED)	332

100 schoolslag

1.	Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3.	Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
4.	Breton Wouter	89	08-021	1:14.89	50m	23-5-09	Beverwijk (NED)	443
5.	Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
6.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
7.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
8.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
9.	Kuilman Joris	80	08-021	1:16.81	25m	24-4-00	Haarlem (NED)	379
10.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
11.	Keessen Jeroen	67	08-021	1:17.00	25m	27-9-90	Heemskerk (NED)	376
12.	Tamis Thijs	82	08-021	1:17.01	25m	6-4-02	Hengelo (NED)	376
13.	Crok Pieter	91	08-021	1:17.02	25m	31-10-13	Heemskerk (NED)	376
14.	van der Gracht Jory	87	08-021	1:17.09	25m	11-6-11	Purmerend (NED)	375
15.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372
16.	Palmboom Pascal	89	08-021	1:17.42	25m	19-11-09	Heemskerk (NED)	370
17.	Blaauw Mica	05	08-021	1:18.15	25m	10-9-26	Heemskerk (NED)	360
18.	Gaal Roel	01	08-021	1:18.32	25m	2-10-22	Den Helder (NED)	357
19.	van der Kroft Barry	82	08-021	1:18.43	25m	24-4-03	Heemskerk	356
20.	Gaal Koen	99	08-021	1:18.49	25m	10-4-23	Haarlem (NED)	355
21.	Schaaper Hans	68	08-021	1:18.60	25m	9-3-89	Heemskerk (NED)	354
22.	Tijms Stefan	93	08-021	1:19.37	25m	12-1-14	Purmerend (NED)	343
23.	van Beek Klaas	88	08-021	1:19.93	25m	7-2-10	Heemstede (NED)	336
24.	van Rookhuizen Barry	82	08-021	1:19.96	25m	7-4-02	Heemskerk	336
25.	Camphuijnder Jasper	05	08-021	1:20.17	25m	12-4-26	Purmerend (NED)	333

200 schoolslag

1.	Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2.	Oudendijk Paul	81	08-021	2:33.28	25m	17-11-02	Heemskerk	485
3.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
4.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
5.	Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
6.	Keessen Jeroen	67	08-021	2:48.00	25m	4-11-90	Zaandam (NED)	368
7.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
8.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
9.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
10.	Tamis Thijs	82	08-021	2:50.72	25m	13-1-02	Zaandam	351
11.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
12.	Kuilman Joris	80	08-021	2:52.23	25m	25-1-01	Heemskerk (NED)	341
13.	Hermans Luuk	85	08-021	2:52.46	25m	27-11-05	Heemskerk (NED)	340
14.	Crok Pieter	91	08-021	2:53.21	25m	19-1-14	Zaandam (NED)	336
15.	Camphuijnder Jasper	05	08-021	2:53.54	25m	15-3-26	Heemskerk (NED)	334
16.	Steenbergen Roderik	82	08-021	2:54.91	25m	17-11-02	Heemskerk	326
17.	Stins Arnold	83	08-021	2:55.61	25m	30-10-03	Heemskerk	322
18.	Wassenaar Marcel	69	08-021	2:56.20	25m	11-3-90	Heemskerk (NED)	319
19.	van Rookhuizen Barry	82	08-021	2:56.87	25m	17-11-02	Heemskerk	315
20.	Blaauw Mica	05	08-021	2:57.31	25m	15-3-26	Heemskerk (NED)	313
21.	van der Kroft Barry	82	08-021	2:58.36	25m	30-10-03	Heemskerk	307
22.	Palmboom Pascal	89	08-021	2:58.43	25m	18-1-09	Haarlem (NED)	307
23.	Essers Tim	88	08-021	2:59.22	25m	22-1-12	Zaandam (NED)	303
24.	Kramer Vincent	82	08-021	2:59.35	25m	9-11-03	Zaandam	302
25.	Schaaper Hans	68	08-021	3:01.20	25m	5-11-89	Heemskerk (NED)	293

250 schoolslag

500 schoolslag

1.	Oudendijk Paul	81	08-021	7:29.50	OW	20-7-02	Wijk en Aalburg (NED)
2.	van der Gracht Jory	87	08-021	8:59.33	OW	7-7-07	Oss (NED)

800 schoolslag

1.	Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)

1000 schoolslag

1.	Oudendijk Paul	81	08-021	15:57.97	OW	30-7-05	Hoorn (NED)
2.	Offringa Rick	03	08-021	16:05.71	OW	15-7-23	Amstelveen (NED)
3.	Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
4.	van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
5.	Jongert Sjoerd	01	08-021	19:05.69	OW	15-7-23	Amstelveen (NED)
6.	van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)

1250 schoolslag

1500 schoolslag

1.	Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)

2000 schoolslag

1.	Oudendijk Paul	81	08-021	28:34.29	OW	10-7-05	Beusichem-Culemborg (NED)
2.	Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3.	Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4.	Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
5.	Tijms Stefan	93	08-021	35:03.95	OW	5-7-13	Appeltern (NED)
6.	van der Gracht Jory	87	08-021	37:58.93	OW	22-8-10	Stadskanaal (NED)
7.	Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)
8.	Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)

2500 schoolslag

1.	Oudendijk Paul	81	08-021	39:51.80	OW	26-6-04	Scheerwolde (NED)

3000 schoolslag

1.	Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2.	Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)

4000 schoolslag

1.	Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)

5000 schoolslag

1.	Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)

25 vlinderslag

1.	Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2.	Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
3.	Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
4.	Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
4.	Meijer Arno	75	08-021	13.20	25m	15-1-98	Heemskerk (NED)	421
6.	Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
7.	van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
8.	Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
9.	Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
10.	de Vijlder Michael	75	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
11.	van Rookhuizen Barry	82	08-021	14.30	25m	27-4-06	Heemskerk	331
12.	Palmboom Pascal	89	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
13.	Hoenink Jarl	86	08-021	14.52	25m	19-4-07	Heemskerk (NED)	316
14.	Gaal Koen	99	08-021	14.65	25m	7-7-22	Heemskerk (NED)	308
15.	Beentjes Bastiaan	78	08-021	14.74	25m	4-5-00	Heemskerk (NED)	302
16.	Essers Tim	88	08-021	14.92	25m	29-5-08	Heemskerk (NED)	292
17.	Andeweg Celedonio	76	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
18.	Wassenaar Marcel	69	08-021	15.20	25m	12-1-89	Heemskerk (NED)	276
19.	Dekker Rudie	78	08-021	15.30	25m	15-1-98	Heemskerk (NED)	270
20.	Zonneveld Jeroen	78	08-021	15.70	25m	15-1-98	Heemskerk (NED)	250
21.	Bal Chester	78	08-021	16.13	25m	25-3-99	Heemskerk (NED)	231

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2.	Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3.	Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4.	Camphuijnder Jasper	05	08-021	27.75	25m	2-2-25	Den Helder (NED)	484
5.	Gaal Roel	01	08-021	27.96	25m	2-2-25	Den Helder (NED)	473
6.	Jongert Sjoerd	01	08-021	28.07	25m	27-10-24	Zaandam (NED)	468
7.	van der Gracht Jory	87	08-021	28.63	25m	6-12-09	Zaandam (NED)	441
8.	Breton Wouter	89	08-021	29.01	50m	23-5-09	Beverwijk (NED)	462
9.	de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
10.	Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
11.	Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
12.	Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
13.	Crok Pieter	91	08-021	29.52	25m	12-12-13	Heemskerk (NED)	402
14.	Kuilman Joris	80	08-021	29.79	25m	16-4-00	Almelo (NED)	391
15.	Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
16.	Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
17.	Butter Martijn	79	08-021	30.24	25m	9-1-00	Zuidoost Beemster (NED)	374
18.	Blaauw Mica	05	08-021	30.25	25m	11-10-26	Zaandam (NED)	374
19.	van Beek Klaas	88	08-021	30.27	25m	31-5-09	Purmerend (NED)	373
20.	Tamis Thijs	82	08-021	30.55	25m	19-12-02	Heemskerk	363
20.	van Rookhuizen Barry	82	08-021	30.55	25m	28-4-05	Heemskerk (NED)	363
22.	Essers Tim	88	08-021	30.74	25m	18-1-09	Haarlem (NED)	356
23.	de Vijlder Michael	75	08-021	30.90	50m	9-11-97	Beverwijk (NED)	382
24.	Stins Arnold	83	08-021	31.09	25m	18-12-03	Heemskerk (NED)	344
25.	Keessen Jeroen	67	08-021	31.20	25m	10-1-91	Heemskerk (NED)	341

100 vlinderslag

1.	Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2.	Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3.	Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4.	Camphuijnder Jasper	05	08-021	1:01.95	25m	12-1-25	Heemskerk (NED)	467
5.	van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
6.	Jongert Sjoerd	01	08-021	1:04.03	25m	22-5-22	Hoofddorp (NED)	423
7.	de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
8.	Gaal Roel	01	08-021	1:05.26	25m	16-11-25	Purmerend (NED)	399
9.	Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
10.	Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
11.	Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
12.	Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
13.	Verbree John	61	08-021	1:07.90	25m	16-1-83	Heemskerk (NED)	355
14.	Essers Tim	88	08-021	1:08.32	25m	15-11-09	Haarlem (NED)	348
15.	Stins Arnold	83	08-021	1:08.51	25m	27-3-03	Heemskerk	345
16.	Kranenburg Fred	63	08-021	1:09.20	25m	13-3-83	Castricum (NED)	335
17.	Butter Martijn	79	08-021	1:09.41	25m	17-2-00	Heemskerk (NED)	332
18.	Blaauw Mica	05	08-021	1:09.77	25m	8-11-26	Purmerend (NED)	327
19.	Tamis Thijs	82	08-021	1:10.12	25m	28-2-02	Heemskerk	322
20.	van Rookhuizen Barry	82	08-021	1:10.51	25m	25-3-04	Heemskerk	317
21.	Tijms Stefan	93	08-021	1:10.58	25m	12-1-14	Purmerend (NED)	316
22.	Oudendijk Paul	81	08-021	1:10.59	25m	27-11-05	Heemskerk (NED)	315
23.	Crok Pieter	91	08-021	1:11.90	25m	9-3-14	Zaandam (NED)	299
24.	de Vijlder Michael	75	08-021	1:12.10	25m	13-3-97	Heemskerk (NED)	296
25.	Palmboom Pascal	89	08-021	1:13.06	25m	15-11-09	Haarlem (NED)	285

200 vlinderslag

1.	Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2.	van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
3.	Jongert Sjoerd	01	08-021	2:27.30	25m	6-4-25	Purmerend (NED)	400
4.	Offringa Rick	03	08-021	2:28.74	25m	8-1-23	Haarlem (NED)	388
5.	Camphuijnder Jasper	05	08-021	2:30.72	25m	16-2-25	Haarlem (NED)	373
6.	Butter Martijn	79	08-021	2:36.78	25m	26-4-01	Heemskerk (NED)	331
7.	Stins Arnold	83	08-021	2:40.06	25m	25-11-04	Heemskerk (NED)	312
8.	Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
9.	Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
10.	Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
11.	Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
12.	Tamis Thijs	82	08-021	2:54.06	50m	21-4-02	Beverwijk (NED)	262
13.	van Rookhuizen Barry	82	08-021	2:54.99	25m	28-11-02	Heemskerk	238
14.	de Vijlder Michael	75	08-021	2:55.40	25m	4-2-96	Heerhugowaard (NED)	237
15.	Steenbergen Roderik	82	08-021	2:56.54	25m	27-11-03	Heemskerk (NED)	232
16.	Verbree John	61	08-021	3:03.50	25m	18-4-82		207
17.	Blaauw Mica	05	08-021	3:13.98	25m	15-2-26	Haarlem (NED)	175

1000 vlinderslag

1.	Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)
2.	Jongert Sjoerd	01	08-021	17:02.97	25m	8-1-23	Haarlem (NED)
3.	Blaauw Mica	05	08-021	17:48.95	25m	15-2-26	Haarlem (NED)

75 wisselslag

100 wisselslag

1.	Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2.	Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3.	Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
4.	Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
5.	Jongert Sjoerd	01	08-021	1:03.79	25m	8-5-25	Heemskerk (NED)	490
6.	Oudendijk Paul	81	08-021	1:04.76	25m	7-11-04	IJmuiden (NED)	468
7.	Gaal Roel	01	08-021	1:04.84	25m	3-10-21	Den Helder (NED)	466
8.	Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
9.	Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
10.	de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
11.	van der Gracht Jory	87	08-021	1:06.95	25m	2-1-11	Hoorn (NED)	424
12.	Butter Martijn	79	08-021	1:07.10	25m	10-12-00	Heemskerk (NED)	421
13.	Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
14.	van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
15.	Blaauw Mica	05	08-021	1:07.97	25m	11-10-26	Zaandam (NED)	405
16.	Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	IJmuiden (NED)	400
17.	Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
18.	Essers Tim	88	08-021	1:09.12	25m	18-12-11	Zaandam (NED)	385
19.	Schaaper Hans	68	08-021	1:09.20	25m	31-12-88		384
19.	Keessen Jeroen	67	08-021	1:09.20	25m	9-12-90	Volendam (NED)	384
21.	Kuilman Joris	80	08-021	1:09.53	25m	26-4-01	Heemskerk (NED)	378
22.	Tamis Thijs	82	08-021	1:09.55	25m	24-3-02	Heemstede	378
23.	Hermans Luuk	85	08-021	1:09.70	25m	29-9-05	Heemskerk (NED)	375
24.	Steenbergen Roderik	82	08-021	1:10.25	25m	26-9-02	Heemskerk	367
25.	Stins Arnold	83	08-021	1:10.28	25m	25-9-03	Heemskerk (NED)	366

150 wisselslag

200 wisselslag

1.	Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2.	Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3.	Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4.	Oudendijk Paul	81	08-021	2:21.86	25m	13-3-05	Amsterdam (NED)	461
5.	van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
6.	Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
7.	Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
8.	de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
9.	Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
10.	Jongert Sjoerd	01	08-021	2:28.41	25m	26-9-21	Alkmaar (NED)	403
11.	Stins Arnold	83	08-021	2:29.34	25m	16-3-03	Heemskerk	395
12.	van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
13.	Tamis Thijs	82	08-021	2:30.53	25m	8-9-02	Heemskerk	386
14.	Blaauw Mica	05	08-021	2:30.68	25m	15-3-26	Heemskerk (NED)	385
15.	Schaaper Hans	68	08-021	2:31.20	25m	7-2-88	Heemskerk (NED)	381
16.	Essers Tim	88	08-021	2:31.21	25m	9-4-12	Haarlem (NED)	381
17.	Kranenburg Fred	63	08-021	2:32.00	25m	11-12-83	Heemskerk (NED)	375
18.	Kramer Vincent	82	08-021	2:32.62	25m	28-4-05	Heemskerk (NED)	370
19.	Korzelius Ron	65	08-021	2:33.10	25m	21-5-87	Heemskerk (NED)	367
20.	Kuilman Joris	80	08-021	2:33.14	25m	26-10-00	Heemskerk (NED)	366

200 wisselslag (sinds 21)

21.	Hermans Luuk	85	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)	363
22.	Steenbergen Roderik	82	08-021	2:34.85	25m	30-1-03	Heemskerk	354
23.	Keessen Jeroen	67	08-021	2:35.50	25m	25-11-90	Heemskerk (NED)	350
24.	Verbree John	61	08-021	2:37.20	25m	22-3-81	Wieringerwerf (NED)	339
25.	de Vijlder Michael	75	08-021	2:37.40	25m	6-4-97	Heemskerk (NED)	337

300 wisselslag

1.	van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)	
2.	Oudendijk Paul	81	08-021	3:49.56	25m	30-11-03	Heemskerk (NED)	
3.	Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam	
4.	Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)	
5.	van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam	

400 wisselslag

1.	Offringa Rick	03	08-021	4:59.74	50m	26-3-23	Alkmaar (NED)	538
2.	Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
3.	Oudendijk Paul	81	08-021	5:08.08	25m	1-5-05	Zaandam (NED)	446
4.	van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
5.	Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
6.	Blaauw Mica	05	08-021	5:24.51	25m	8-11-26	Purmerend (NED)	382
7.	Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
8.	Stins Arnold	83	08-021	5:28.55	25m	23-2-03	Heemskerk	368
9.	Tamis Thijs	82	08-021	5:30.36	25m	24-2-02	Heemskerk	362
10.	Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
11.	Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
12.	de Vijlder Michael	75	08-021	5:47.30	25m	22-2-97		311
13.	Goverde Ad	59	08-021	6:24.90	25m	3-4-82	Heemskerk (NED)	229