20 - 24 jaar, Heren, Korte baan (25m) 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
1.	Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
3.	Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
4.	Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
5.	Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
6.	Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
7.	Schaaper Hans	68	08-021	12.60	25m	12-1-89	Heemskerk (NED)	380
7.	Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
9.	Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
10.	de Vijlder Michael	75	08-021	12.80	25m	13-3-97	Heemskerk (NED)	362
11.	van Rookhuizen Barry	82	08-021	12.97	25m	27-4-06	Heemskerk	348
12.	van der Gracht Jory	87	08-021	12.98	25m	30-6-11	Heemskerk (NED)	348
13.	Palmboom Pascal	89	08-021	13.08	25m	30-6-11	Heemskerk (NED)	340
14.	Bal Chester	78	08-021	13.50	25m	25-3-99	Heemskerk (NED)	309
15.	Wassenaar Marcel	69	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
16.	Essers Tim	88	08-021	13.66	25m	29-5-08	Heemskerk (NED)	298
17.	Beentjes Bastiaan	78	08-021	13.73	25m	25-3-99	Heemskerk (NED)	294
18.	Hoenink Jarl	86	08-021	14.25	25m	19-4-07	Heemskerk (NED)	263
19.	Zonneveld Jeroen	78	08-021	14.30	25m	12-2-98	Heemskerk (NED)	260
20.	Andeweg Celedonio	76	08-021	14.90	25m	13-3-97	Heemskerk (NED)	230

50 vrije slag

1.	Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2.	Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3.	Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
4.	Gaal Roel	01	08-021	25.17	25m	10-4-23	Haarlem (NED)	521
5.	van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6.	Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7.	Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
8.	Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
9.	de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
10.	Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
10.	Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
12.	Blaauw Mica	05	08-021	26.25	25m	5-4-26	Haarlem (NED)	459
13.	Oudendijk Paul	81	08-021	26.43	25m	29-1-04	Heemskerk (NED)	450
14.	Camphuijnder Jasper	05	08-021	26.45	25m	15-3-26	Heemskerk (NED)	449
15.	Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
16.	van Rookhuizen Barry	82	08-021	26.58	25m	29-1-04	Heemskerk (NED)	442

50 vrije slag (sinds 17)

17.	Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
18.	van der Gracht Jory	87	08-021	26.69	25m	6-12-09	Zaandam (NED)	437
19.	Hermans Luuk	85	08-021	26.83	25m	31-5-07	Heemskerk (NED)	430
20.	Verbree John	61	08-021	27.10	25m	7-3-82		417
20.	Schaaper Hans	68	08-021	27.10	25m	5-11-89	Heemskerk (NED)	417
22.	Kuilman Joris	80	08-021	27.16	25m	3-12-00	Zaandam (NED)	415
23.	van der Kroft Barry	82	08-021	27.34	25m	27-4-03	Zaandam	406
24.	Korzelius Ron	65	08-021	27.40	25m	22-3-87	Heerhugowaard (NED)	404
24.	de Vijlder Michael	75	08-021	27.40	25m	1-5-97	Heemskerk (NED)	404

100 vrije slag

1.	Gaal Roel	01	08-021	53.41	25m	3-10-21	Den Helder (NED)	595
2.	Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3.	Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4.	Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5.	Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6.	van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
7.	Camphuijnder Jasper	05	08-021	56.42	25m	9-3-25	Purmerend (NED)	505
8.	Jongert Sjoerd	01	08-021	56.54	25m	6-4-25	Purmerend (NED)	502
9.	Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
10.	de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
11.	Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
12.	Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
13.	van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoorn (NED)	466
14.	Blaauw Mica	05	08-021	58.17	25m	10-9-26	Heemskerk (NED)	461
15.	Crok Pieter	91	08-021	58.19	25m	19-1-14	Zaandam (NED)	460
16.	Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
17.	Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
18.	Kranenburg Fred	63	08-021	59.00	25m	7-1-84	Hilversum (NED)	441
19.	Korzelius Ron	65	08-021	59.10	25m	8-3-87	Zaandam (NED)	439
20.	Tijms Stefan	93	08-021	59.76	25m	19-5-13	Purmerend (NED)	425
21.	Verbree John	61	08-021	59.80	25m	31-12-85		424
22.	van Rookhuizen Barry	82	08-021	1:00.03	25m	27-3-03	Heemskerk	419
23.	Hermans Luuk	85	08-021	1:00.06	25m	24-2-05	Heemskerk (NED)	418
24.	Stins Arnold	83	08-021	1:00.23	25m	16-3-03	Heemskerk	415
25.	Steenbergen Roderik	82	08-021	1:00.33	25m	27-3-05	Haarlem (NED)	413

200 vrije slag

1.	Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2.	Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
3.	Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
4.	Gaal Roel	01	08-021	2:01.62	25m	5-6-25	Heemskerk (NED)	545
5.	Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
6.	Camphuijnder Jasper	05	08-021	2:03.12	25m	2-2-25	Den Helder (NED)	525
7.	van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
8.	Gaal Koen	99	08-021	2:08.09	25m	20-11-22	Den Helder (NED)	466
9.	Oudendijk Paul	81	08-021	2:08.28	25m	18-12-03	Heemskerk (NED)	464
10.	van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
11.	Meijer Arno	75	08-021	2:09.60	25m	23-2-95	Heemskerk (NED)	450
12.	de Wit Stephen	93	08-021	2:09.67	25m	6-3-14	Heemskerk (NED)	450
13.	Jongert Sjoerd	01	08-021	2:10.12	25m	29-10-22	Nieuwerkerk ad IJssel (NED)	445

200 vrije slag (sinds 14)

14.	Crok Pieter	91	08-021	2:10.61	25m	6-3-14	Heemskerk (NED)	440
15.	Blaauw Mica	05	08-021	2:11.41	25m	21-5-26	Heemskerk (NED)	432
16.	Tijms Stefan	93	08-021	2:13.30	25m	21-3-13	Heemskerk (NED)	414
17.	Steenbergen Roderik	82	08-021	2:14.31	25m	6-10-02	Zaandam	404
18.	Kuilman Joris	80	08-021	2:14.35	25m	7-5-00	Zaandam (NED)	404
19.	Korzelius Ron	65	08-021	2:14.40	25m	30-11-86	Heemskerk (NED)	404
20.	Kranenburg Fred	63	08-021	2:14.90	25m	16-1-83	Heemskerk (NED)	399
21.	Tamis Thijs	82	08-021	2:15.02	25m	25-4-02	Heemskerk	398
22.	de Vijlder Michael	75	08-021	2:15.20	25m	6-4-97	Heemskerk (NED)	397
23.	Stins Arnold	83	08-021	2:15.41	25m	7-6-03	Z.o. Beemster	395
24.	Verbree John	61	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
25.	Essers Tim	88	08-021	2:17.77	25m	2-12-12	Amstelveen (NED)	375

250 vrije slag

300 vrije slag

1.	Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2.	Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
3.	Camphuijnder Jasper	05	08-021	3:25.10	25m	5-4-26	Haarlem (NED)	438
4.	van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
5.	Jongert Sjoerd	01	08-021	3:29.00	25m	6-10-24	Den Helder (NED)	414
6.	Gaal Roel	01	08-021	3:29.38	25m	5-10-25	Purmerend (NED)	412
7.	Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
8.	van der Gracht Jory	87	08-021	3:36.11	25m	14-10-07	Zaandam (NED)	374
9.	Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
10.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
11.	Blaauw Mica	05	08-021	3:47.34	25m	5-10-25	Purmerend (NED)	321

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
5.	Camphuijnder Jasper	05	08-021	4:32.83	25m	5-4-26	Haarlem (NED)	470
6.	Oudendijk Paul	81	08-021	4:34.87	25m	29-5-04	Z.o. Beemster (NED)	460
7.	Gaal Roel	01	08-021	4:38.64	25m	5-10-25	Purmerend (NED)	441
8.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
9.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
10.	Meijer Arno	75	08-021	4:44.00	25m	29-10-95	Castricum (NED)	417
11.	Jongert Sjoerd	01	08-021	4:44.94	25m	6-10-24	Den Helder (NED)	413
12.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
13.	Blaauw Mica	05	08-021	4:53.63	25m	4-10-26	Purmerend (NED)	377
14.	Stins Arnold	83	08-021	4:54.13	25m	12-6-03	Heemskerk	375
15.	Tamis Thijs	82	08-021	4:54.90	25m	30-5-02	Heemskerk	372
16.	Steenbergen Roderik	82	08-021	4:57.14	25m	30-5-02	Heemskerk	364
17.	Verbree John	61	08-021	4:58.00	25m	14-3-81	Heemskerk (NED)	361
18.	Kranenburg Fred	63	08-021	5:00.00	25m	27-2-83	Assendelft (NED)	354
19.	Tijms Stefan	93	08-021	5:02.16	25m	9-2-14	Zaandam (NED)	346
20.	Kramer Vincent	82	08-021	5:02.24	25m	12-6-03	Heemskerk	346
21.	Schaaper Hans	68	08-021	5:03.00	25m	19-2-89	Heemskerk (NED)	343
22.	Pover Peter	69	08-021	5:05.40	25m	30-6-93		335

400 vrije slag (sinds 23)

22.	Kuilman Joris	80	08-021	5:05.40	25m	31-5-01	Heemskerk (NED)	335
24.	Wassenaar Marcel	69	08-021	5:06.40	25m	19-2-89	Heemskerk (NED)	332
25.	van Rookhuizen Barry	82	08-021	5:07.41	25m	29-4-04	Heemskerk (NED)	329

500 vrije slag

800 vrije slag

1.	Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2.	Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
3.	Kleijne Barry	93	08-021	9:44.41	25m	18-10-15	Zaandam (NED)	436
4.	van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
5.	Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
6.	de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
7.	Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
8.	Beentjes Bastiaan	78	08-021	11:03.96	25m	23-1-00	Heemskerk (NED)	297

1000 vrije slag

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2.	Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
3.	van der Gracht Jory	87	08-021	19:26.56	25m	9-11-08	Zaandam (NED)	384
4.	Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
5.	Stins Arnold	83	08-021	20:01.75	25m	16-11-03	Heemskerk (NED)	351
6.	Beentjes Bastiaan	78	08-021	21:02.46	25m	23-1-00	Heemskerk (NED)	303
7.	Tamis Thijs	82	08-021	21:07.53	25m	1-12-02	Heemskerk	299

2000 vrije slag

1.	Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2.	Oudendijk Paul	81	08-021	25:16.75	25m	7-3-04	Zaandam	414
3.	Stins Arnold	83	08-021	25:58.07	25m	16-2-03	Zaandam	382
4.	van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
5.	Tamis Thijs	82	08-021	26:53.48	25m	10-2-02	Zaandam	344
6.	Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
7.	Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
8.	Kramer Vincent	82	08-021	30:03.20	25m	10-2-02	Zaandam	246

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
2.	Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
3.	Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
4.	Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5.	Oudendijk Paul	81	08-021	14.66	25m	22-2-01	Heemskerk (NED)	352
6.	Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
7.	Meijer Arno	75	08-021	14.90	25m	29-5-97	Heemskerk	336
8.	Butter Martijn	79	08-021	15.31	25m	22-2-01	Heemskerk (NED)	309
9.	de Vijlder Michael	75	08-021	15.90	25m	13-2-97	Heemskerk (NED)	276
9.	Bal Chester	78	08-021	15.90	25m	15-1-98	Heemskerk (NED)	276
11.	van der Gracht Jory	87	08-021	16.05	25m	19-4-07	Heemskerk (NED)	268
12.	Dekker Rudie	78	08-021	16.20	25m	15-1-98	Heemskerk (NED)	261
13.	Wassenaar Marcel	69	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
14.	Hoenink Jarl	86	08-021	16.80	25m	19-4-07	Heemskerk (NED)	234
15.	van Rookhuizen Barry	82	08-021	17.06	25m	27-4-06	Heemskerk	223
16.	Beentjes Bastiaan	78	08-021	17.38	25m	17-2-00	Heemskerk (NED)	211
17.	Kuilman Joris	80	08-021	17.87	25m	22-2-01	Heemskerk (NED)	194
18.	Andeweg Celedonio	76	08-021	19.30	25m	8-2-96	Heemskerk (NED)	154
19.	Zonneveld Jeroen	78	08-021	20.90	25m	15-1-98	Heemskerk (NED)	121

50 rugslag

1.	Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2.	Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3.	Offringa Rick	03	08-021	29.35	25m	23-4-23	Den Helder (NED)	433
4.	Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
5.	Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
6.	Blaauw Mica	05	08-021	29.93	25m	11-10-26	Zaandam (NED)	409
7.	de Wit Stephen	93	08-021	30.50	25m	30-1-14	Heemskerk (NED)	386
8.	van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
9.	Gaal Roel	01	08-021	30.68	25m	5-10-25	Purmerend (NED)	379
10.	Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
11.	Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
12.	Jongert Sjoerd	01	08-021	31.21	25m	19-10-25	Zaandam (NED)	360
13.	Butter Martijn	79	08-021	31.22	25m	25-1-01	Heemskerk (NED)	360
14.	Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
14.	Steenbergen Roderik	82	08-021	31.80	25m	25-4-02	Heemskerk	341
16.	Kramer Vincent	82	08-021	32.25	25m	26-5-05	Heemskerk (NED)	327
17.	Essers Tim	88	08-021	32.26	25m	2-12-12	Amstelveen (NED)	326
18.	Pover Peter	69	08-021	32.60	25m	14-12-89	Heemskerk (NED)	316

50 rugslag (sinds 19)

18.	Keessen Jeroen	67	08-021	32.60	25m	10-1-91	Heemskerk (NED)	316
20.	Stins Arnold	83	08-021	32.67	25m	30-10-03	Heemskerk	314
21.	Kuilman Joris	80	08-021	32.72	25m	27-1-00	Heemskerk (NED)	313
22.	van der Gracht Jory	87	08-021	32.73	25m	3-3-11	Heemskerk (NED)	312
23.	Tamis Thijs	82	08-021	33.22	25m	12-6-03	Heemskerk	299
24.	van Rookhuizen Barry	82	08-021	33.62	25m	31-10-02	Heemskerk	288
25.	Tijms Stefan	93	08-021	33.69	25m	30-1-14	Heemskerk (NED)	286

100 rugslag

1.	Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2.	Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3.	Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4.	Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5.	Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
6.	Blaauw Mica	05	08-021	1:03.63	25m	12-4-26	Purmerend (NED)	453
7.	de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
8.	Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
9.	Butter Martijn	79	08-021	1:06.17	25m	29-3-01	Heemskerk (NED)	403
10.	Gaal Roel	01	08-021	1:06.45	25m	6-4-25	Purmerend (NED)	398
11.	Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
12.	van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
13.	Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
14.	Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
15.	van der Gracht Jory	87	08-021	1:08.11	25m	30-1-11	Zaandam (NED)	370
16.	Essers Tim	88	08-021	1:08.15	25m	18-12-11	Zaandam (NED)	369
17.	Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
18.	Meijer Arno	75	08-021	1:08.70	25m	10-12-95	Heemskerk (NED)	360
19.	Kranenburg Fred	63	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	351
20.	Crok Pieter	91	08-021	1:09.84	25m	12-12-13	Heemskerk (NED)	343
21.	Stins Arnold	83	08-021	1:10.77	25m	26-2-04	Heemskerk (NED)	329
22.	Pover Peter	69	08-021	1:10.80	25m	18-3-89		329
23.	Tamis Thijs	82	08-021	1:11.98	25m	1-4-02	Haarlem	313
24.	Tijms Stefan	93	08-021	1:12.00	25m	9-3-14	Zaandam (NED)	313
25.	Kuilman Joris	80	08-021	1:12.21	25m	24-4-00	Haarlem (NED)	310

200 rugslag

1.	Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2.	Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3.	Jongert Jeroen	96	08-021	2:14.39	25m	17-11-19	Hoofddorp (NED)	485
4.	Oudendijk Paul	81	08-021	2:18.01	25m	16-1-05	Zaandam (NED)	448
5.	Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
6.	Gaal Koen	99	08-021	2:19.58	25m	29-1-23	Heemskerk (NED)	433
7.	Blaauw Mica	05	08-021	2:23.17	25m	24-5-26	Purmerend (NED)	401
8.	de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
9.	Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
10.	Steenbergen Roderik	82	08-021	2:29.51	25m	23-12-04	Heemskerk (NED)	352
11.	Meijer Arno	75	08-021	2:30.20	25m	8-3-98	Zaandam (NED)	347
12.	van der Gracht Jory	87	08-021	2:31.24	25m	13-11-11	Zaandam (NED)	340
13.	Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
14.	van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334
15.	Essers Tim	88	08-021	2:32.75	25m	14-11-10	Castricum (NED)	330

200 rugslag (sinds 16)

16.	Crok Pieter	91	08-021	2:32.99	25m	10-11-13	Zaandam (NED)	329
17.	Hermans Luuk	85	08-021	2:33.20	25m	12-3-06	Zaandam (NED)	327
18.	Tamis Thijs	82	08-021	2:33.38	25m	31-1-02	Heemskerk	326
19.	Gaal Roel	01	08-021	2:33.59	25m	29-1-23	Heemskerk (NED)	325
20.	Tijms Stefan	93	08-021	2:34.10	25m	16-11-14	Zaandam (NED)	322
21.	de Vijlder Michael	75	08-021	2:35.10	25m	17-3-96	Heemskerk (NED)	315
22.	van der Kroft Barry	82	08-021	2:36.62	25m	10-3-02	Heemskerk	306
23.	Kramer Vincent	82	08-021	2:36.92	25m	23-12-04	Heemskerk (NED)	305
24.	Kuilman Joris	80	08-021	2:38.25	25m	12-3-00	Heemskerk (NED)	297
25.	Pover Peter	69	08-021	2:39.70	25m	30-9-89		289

500 rugslag

25 schoolslag

1.	Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
2.	Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
3.	Butter Martijn	79	08-021	15.43	25m	17-2-00	Heemskerk (NED)	427
4.	Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
5.	Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
6.	Meijer Arno	75	08-021	15.90	25m	13-3-97	Heemskerk (NED)	390
7.	Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
8.	Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
9.	Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
10.	Hoenink Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
11.	Gaal Koen	99	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
11.	Gaal Roel	01	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
13.	Wassenaar Marcel	69	08-021	16.80	25m	12-1-89	Heemskerk (NED)	330
13.	de Vijlder Michael	75	08-021	16.80	25m	14-3-96	Heemskerk (NED)	330
15.	van der Gracht Jory	87	08-021	17.21	25m	19-4-07	Heemskerk (NED)	307
16.	van Rookhuizen Barry	82	08-021	17.88	25m	27-4-06	Heemskerk	274
16.	Essers Tim	88	08-021	17.88	25m	29-5-08	Heemskerk (NED)	274
18.	Andeweg Celedonio	76	08-021	18.10	25m	13-3-97	Heemskerk (NED)	264
19.	Bal Chester	78	08-021	19.00	25m	19-3-98	Heemskerk (NED)	228

50 schoolslag

1.	Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2.	Breton Wouter	89	08-021	31.37	25m	28-6-09	Alkmaar (NED)	521
3.	Oudendijk Paul	81	08-021	32.60	25m	23-3-03	Heemstede	464
4.	Jongert Sjoerd	01	08-021	33.31	25m	12-1-25	Heemskerk (NED)	435
5.	Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
6.	Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
7.	Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
8.	Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
9.	Butter Martijn	79	08-021	34.45	25m	28-11-02	Heemskerk	393
10.	Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
11.	van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
12.	Kuilman Joris	80	08-021	34.56	25m	3-12-00	Zaandam (NED)	389
13.	Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
14.	Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
15.	Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378
15.	Gaal Roel	01	08-021	34.92	25m	3-10-21	Den Helder (NED)	378

50 schoolslag (sinds 17)

17.	van der Kroft Barry	82	08-021	34.94	25m	31-3-02	Haarlem	377
18.	Tamis Thijs	82	08-021	35.08	25m	20-4-03	Haarlem	372
19.	Schaaper Hans	68	08-021	35.10	25m	14-12-88		372
20.	Hermans Luuk	85	08-021	35.14	25m	6-11-05	Zaandam (NED)	371
21.	Camphuijnder Jasper	05	08-021	35.75	25m	12-1-25	Heemskerk (NED)	352
22.	van der Gracht Jory	87	08-021	35.82	25m	24-4-11	Haarlem (NED)	350
23.	Blaauw Mica	05	08-021	36.06	25m	21-5-26	Heemskerk (NED)	343
24.	van Rookhuizen Barry	82	08-021	36.22	25m	28-11-02	Heemskerk	338
25.	de Wit Stephen	93	08-021	36.45	25m	6-3-14	Heemskerk (NED)	332

100 schoolslag

1.	Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3.	Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
4.	Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
5.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
6.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
7.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
8.	Kuilman Joris	80	08-021	1:16.81	25m	24-4-00	Haarlem (NED)	379
9.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
10.	Keessen Jeroen	67	08-021	1:17.00	25m	27-9-90	Heemskerk (NED)	376
11.	Tamis Thijs	82	08-021	1:17.01	25m	6-4-02	Hengelo (NED)	376
12.	Crok Pieter	91	08-021	1:17.02	25m	31-10-13	Heemskerk (NED)	376
13.	van der Gracht Jory	87	08-021	1:17.09	25m	11-6-11	Purmerend (NED)	375
14.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372
15.	Palmboom Pascal	89	08-021	1:17.42	25m	19-11-09	Heemskerk (NED)	370
16.	Blaauw Mica	05	08-021	1:18.15	25m	10-9-26	Heemskerk (NED)	360
17.	Gaal Roel	01	08-021	1:18.32	25m	2-10-22	Den Helder (NED)	357
18.	van der Kroft Barry	82	08-021	1:18.43	25m	24-4-03	Heemskerk	356
19.	Gaal Koen	99	08-021	1:18.49	25m	10-4-23	Haarlem (NED)	355
20.	Schaaper Hans	68	08-021	1:18.60	25m	9-3-89	Heemskerk (NED)	354
21.	Tijms Stefan	93	08-021	1:19.37	25m	12-1-14	Purmerend (NED)	343
22.	van Beek Klaas	88	08-021	1:19.93	25m	7-2-10	Heemstede (NED)	336
23.	van Rookhuizen Barry	82	08-021	1:19.96	25m	7-4-02	Heemskerk	336
24.	Camphuijnder Jasper	05	08-021	1:20.17	25m	12-4-26	Purmerend (NED)	333
25.	Wassenaar Marcel	69	08-021	1:20.40	25m	19-2-89	Heemskerk (NED)	330

200 schoolslag

1.	Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2.	Oudendijk Paul	81	08-021	2:33.28	25m	17-11-02	Heemskerk	485
3.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
4.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
5.	Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
6.	Keessen Jeroen	67	08-021	2:48.00	25m	4-11-90	Zaandam (NED)	368
7.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
8.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
9.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
10.	Tamis Thijs	82	08-021	2:50.72	25m	13-1-02	Zaandam	351
11.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
12.	Kuilman Joris	80	08-021	2:52.23	25m	25-1-01	Heemskerk (NED)	341
13.	Hermans Luuk	85	08-021	2:52.46	25m	27-11-05	Heemskerk (NED)	340

200 schoolslag (sinds 14)

14.	Crok Pieter	91	08-021	2:53.21	25m	19-1-14	Zaandam (NED)	336
15.	Camphuijnder Jasper	05	08-021	2:53.54	25m	15-3-26	Heemskerk (NED)	334
16.	Steenbergen Roderik	82	08-021	2:54.91	25m	17-11-02	Heemskerk	326
17.	Stins Arnold	83	08-021	2:55.61	25m	30-10-03	Heemskerk	322
18.	Wassenaar Marcel	69	08-021	2:56.20	25m	11-3-90	Heemskerk (NED)	319
19.	van Rookhuizen Barry	82	08-021	2:56.87	25m	17-11-02	Heemskerk	315
20.	Blaauw Mica	05	08-021	2:57.31	25m	15-3-26	Heemskerk (NED)	313
21.	van der Kroft Barry	82	08-021	2:58.36	25m	30-10-03	Heemskerk	307
22.	Palmboom Pascal	89	08-021	2:58.43	25m	18-1-09	Haarlem (NED)	307
23.	Essers Tim	88	08-021	2:59.22	25m	22-1-12	Zaandam (NED)	303
24.	Kramer Vincent	82	08-021	2:59.35	25m	9-11-03	Zaandam	302
25.	Schaaper Hans	68	08-021	3:01.20	25m	5-11-89	Heemskerk (NED)	293

250 schoolslag

500 schoolslag

800 schoolslag

1.	Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)

1000 schoolslag

1250 schoolslag

1500 schoolslag

1.	Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2.	Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
3.	Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
4.	Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
4.	Meijer Arno	75	08-021	13.20	25m	15-1-98	Heemskerk (NED)	421
6.	Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
7.	van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
8.	Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
9.	Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
10.	de Vijlder Michael	75	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
11.	van Rookhuizen Barry	82	08-021	14.30	25m	27-4-06	Heemskerk	331
12.	Palmboom Pascal	89	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
13.	Hoenink Jarl	86	08-021	14.52	25m	19-4-07	Heemskerk (NED)	316
14.	Gaal Koen	99	08-021	14.65	25m	7-7-22	Heemskerk (NED)	308
15.	Beentjes Bastiaan	78	08-021	14.74	25m	4-5-00	Heemskerk (NED)	302
16.	Essers Tim	88	08-021	14.92	25m	29-5-08	Heemskerk (NED)	292
17.	Andeweg Celedonio	76	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
18.	Wassenaar Marcel	69	08-021	15.20	25m	12-1-89	Heemskerk (NED)	276
19.	Dekker Rudie	78	08-021	15.30	25m	15-1-98	Heemskerk (NED)	270
20.	Zonneveld Jeroen	78	08-021	15.70	25m	15-1-98	Heemskerk (NED)	250
21.	Bal Chester	78	08-021	16.13	25m	25-3-99	Heemskerk (NED)	231

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2.	Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3.	Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4.	Camphuijnder Jasper	05	08-021	27.75	25m	2-2-25	Den Helder (NED)	484
5.	Gaal Roel	01	08-021	27.96	25m	2-2-25	Den Helder (NED)	473
6.	Jongert Sjoerd	01	08-021	28.07	25m	27-10-24	Zaandam (NED)	468
7.	van der Gracht Jory	87	08-021	28.63	25m	6-12-09	Zaandam (NED)	441
8.	de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
9.	Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
10.	Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
11.	Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
12.	Crok Pieter	91	08-021	29.52	25m	12-12-13	Heemskerk (NED)	402
13.	Kuilman Joris	80	08-021	29.79	25m	16-4-00	Almelo (NED)	391
14.	Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
15.	Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
16.	Butter Martijn	79	08-021	30.24	25m	9-1-00	Zuidoost Beemster (NED)	374
17.	Blaauw Mica	05	08-021	30.25	25m	11-10-26	Zaandam (NED)	374
18.	van Beek Klaas	88	08-021	30.27	25m	31-5-09	Purmerend (NED)	373
19.	Tamis Thijs	82	08-021	30.55	25m	19-12-02	Heemskerk	363
19.	van Rookhuizen Barry	82	08-021	30.55	25m	28-4-05	Heemskerk (NED)	363
21.	Essers Tim	88	08-021	30.74	25m	18-1-09	Haarlem (NED)	356
22.	Stins Arnold	83	08-021	31.09	25m	18-12-03	Heemskerk (NED)	344
23.	Keessen Jeroen	67	08-021	31.20	25m	10-1-91	Heemskerk (NED)	341
23.	de Vijlder Michael	75	08-021	31.20	25m	23-1-97	Heemskerk	341
25.	Gaal Koen	99	08-021	31.25	25m	21-11-21	Den Helder (NED)	339

100 vlinderslag

1.	Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2.	Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3.	Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4.	Camphuijnder Jasper	05	08-021	1:01.95	25m	12-1-25	Heemskerk (NED)	467
5.	van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
6.	Jongert Sjoerd	01	08-021	1:04.03	25m	22-5-22	Hoofddorp (NED)	423
7.	de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
8.	Gaal Roel	01	08-021	1:05.26	25m	16-11-25	Purmerend (NED)	399
9.	Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
10.	Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
11.	Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
12.	Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
13.	Verbree John	61	08-021	1:07.90	25m	16-1-83	Heemskerk (NED)	355
14.	Essers Tim	88	08-021	1:08.32	25m	15-11-09	Haarlem (NED)	348
15.	Stins Arnold	83	08-021	1:08.51	25m	27-3-03	Heemskerk	345
16.	Kranenburg Fred	63	08-021	1:09.20	25m	13-3-83	Castricum (NED)	335
17.	Butter Martijn	79	08-021	1:09.41	25m	17-2-00	Heemskerk (NED)	332
18.	Blaauw Mica	05	08-021	1:09.77	25m	8-11-26	Purmerend (NED)	327
19.	Tamis Thijs	82	08-021	1:10.12	25m	28-2-02	Heemskerk	322
20.	van Rookhuizen Barry	82	08-021	1:10.51	25m	25-3-04	Heemskerk	317
21.	Tijms Stefan	93	08-021	1:10.58	25m	12-1-14	Purmerend (NED)	316
22.	Oudendijk Paul	81	08-021	1:10.59	25m	27-11-05	Heemskerk (NED)	315
23.	Crok Pieter	91	08-021	1:11.90	25m	9-3-14	Zaandam (NED)	299
24.	de Vijlder Michael	75	08-021	1:12.10	25m	13-3-97	Heemskerk (NED)	296
25.	Palmboom Pascal	89	08-021	1:13.06	25m	15-11-09	Haarlem (NED)	285

200 vlinderslag

1.	Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2.	van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
3.	Jongert Sjoerd	01	08-021	2:27.30	25m	6-4-25	Purmerend (NED)	400
4.	Offringa Rick	03	08-021	2:28.74	25m	8-1-23	Haarlem (NED)	388
5.	Camphuijnder Jasper	05	08-021	2:30.72	25m	16-2-25	Haarlem (NED)	373
6.	Butter Martijn	79	08-021	2:36.78	25m	26-4-01	Heemskerk (NED)	331
7.	Stins Arnold	83	08-021	2:40.06	25m	25-11-04	Heemskerk (NED)	312
8.	Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
9.	Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
10.	Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
11.	Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
12.	van Rookhuizen Barry	82	08-021	2:54.99	25m	28-11-02	Heemskerk	238
13.	de Vijlder Michael	75	08-021	2:55.40	25m	4-2-96	Heerhugowaard (NED)	237
14.	Steenbergen Roderik	82	08-021	2:56.54	25m	27-11-03	Heemskerk (NED)	232
15.	Tamis Thijs	82	08-021	2:58.09	25m	28-11-02	Heemskerk	226
16.	Verbree John	61	08-021	3:03.50	25m	18-4-82		207
17.	Blaauw Mica	05	08-021	3:13.98	25m	15-2-26	Haarlem (NED)	175

1000 vlinderslag

1.	Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)
2.	Jongert Sjoerd	01	08-021	17:02.97	25m	8-1-23	Haarlem (NED)
3.	Blaauw Mica	05	08-021	17:48.95	25m	15-2-26	Haarlem (NED)

75 wisselslag

100 wisselslag

1.	Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2.	Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3.	Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
4.	Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
5.	Jongert Sjoerd	01	08-021	1:03.79	25m	8-5-25	Heemskerk (NED)	490
6.	Oudendijk Paul	81	08-021	1:04.76	25m	7-11-04	IJmuiden (NED)	468
7.	Gaal Roel	01	08-021	1:04.84	25m	3-10-21	Den Helder (NED)	466
8.	Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
9.	Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
10.	de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
11.	van der Gracht Jory	87	08-021	1:06.95	25m	2-1-11	Hoorn (NED)	424
12.	Butter Martijn	79	08-021	1:07.10	25m	10-12-00	Heemskerk (NED)	421
13.	Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
14.	van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
15.	Blaauw Mica	05	08-021	1:07.97	25m	11-10-26	Zaandam (NED)	405
16.	Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	IJmuiden (NED)	400
17.	Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
18.	Essers Tim	88	08-021	1:09.12	25m	18-12-11	Zaandam (NED)	385
19.	Schaaper Hans	68	08-021	1:09.20	25m	31-12-88		384
19.	Keessen Jeroen	67	08-021	1:09.20	25m	9-12-90	Volendam (NED)	384
21.	Kuilman Joris	80	08-021	1:09.53	25m	26-4-01	Heemskerk (NED)	378
22.	Tamis Thijs	82	08-021	1:09.55	25m	24-3-02	Heemstede	378
23.	Hermans Luuk	85	08-021	1:09.70	25m	29-9-05	Heemskerk (NED)	375
24.	Steenbergen Roderik	82	08-021	1:10.25	25m	26-9-02	Heemskerk	367
25.	Stins Arnold	83	08-021	1:10.28	25m	25-9-03	Heemskerk (NED)	366

150 wisselslag

200 wisselslag

1.	Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2.	Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3.	Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4.	Oudendijk Paul	81	08-021	2:21.86	25m	13-3-05	Amsterdam (NED)	461
5.	van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
6.	Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
7.	Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
8.	de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
9.	Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
10.	Jongert Sjoerd	01	08-021	2:28.41	25m	26-9-21	Alkmaar (NED)	403
11.	Stins Arnold	83	08-021	2:29.34	25m	16-3-03	Heemskerk	395
12.	van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
13.	Tamis Thijs	82	08-021	2:30.53	25m	8-9-02	Heemskerk	386
14.	Blaauw Mica	05	08-021	2:30.68	25m	15-3-26	Heemskerk (NED)	385
15.	Schaaper Hans	68	08-021	2:31.20	25m	7-2-88	Heemskerk (NED)	381
16.	Essers Tim	88	08-021	2:31.21	25m	9-4-12	Haarlem (NED)	381
17.	Kranenburg Fred	63	08-021	2:32.00	25m	11-12-83	Heemskerk (NED)	375
18.	Kramer Vincent	82	08-021	2:32.62	25m	28-4-05	Heemskerk (NED)	370
19.	Korzelius Ron	65	08-021	2:33.10	25m	21-5-87	Heemskerk (NED)	367
20.	Kuilman Joris	80	08-021	2:33.14	25m	26-10-00	Heemskerk (NED)	366

200 wisselslag (sinds 21)

21.	Hermans Luuk	85	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)	363
22.	Steenbergen Roderik	82	08-021	2:34.85	25m	30-1-03	Heemskerk	354
23.	Keessen Jeroen	67	08-021	2:35.50	25m	25-11-90	Heemskerk (NED)	350
24.	Verbree John	61	08-021	2:37.20	25m	22-3-81	Wieringerwerf (NED)	339
25.	de Vijlder Michael	75	08-021	2:37.40	25m	6-4-97	Heemskerk (NED)	337

300 wisselslag

1.	van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)	
2.	Oudendijk Paul	81	08-021	3:49.56	25m	30-11-03	Heemskerk (NED)	
3.	Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam	
4.	Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)	
5.	van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam	

400 wisselslag

1.	Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
2.	Oudendijk Paul	81	08-021	5:08.08	25m	1-5-05	Zaandam (NED)	446
3.	van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
4.	Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
5.	Blaauw Mica	05	08-021	5:24.51	25m	8-11-26	Purmerend (NED)	382
6.	Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
7.	Stins Arnold	83	08-021	5:28.55	25m	23-2-03	Heemskerk	368
8.	Tamis Thijs	82	08-021	5:30.36	25m	24-2-02	Heemskerk	362
9.	Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
10.	Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
11.	de Vijlder Michael	75	08-021	5:47.30	25m	22-2-97		311
12.	Goverde Ad	59	08-021	6:24.90	25m	3-4-82	Heemskerk (NED)	229