19 jaar, Heren 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2.	Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
3.	van Rookhuizen Barry	82	08-021	12.62	25m	29-3-01	Heemskerk (NED)	378
4.	Oudendijk Paul	81	08-021	12.70	25m	4-5-00	Heemskerk (NED)	371
5.	Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
6.	Butter Martijn	79	08-021	13.10	25m	12-2-98	Heemskerk (NED)	338
7.	Glorie Daan	88	08-021	13.13	25m	19-4-07	Heemskerk (NED)	336
8.	Tamis Thijs	82	08-021	13.19	25m	29-3-01	Heemskerk (NED)	331
9.	Kuilman Joris	80	08-021	13.21	25m	25-3-99	Heemskerk (NED)	330
10.	van der Gracht Jory	87	08-021	13.28	25m	27-4-06	Heemskerk	324
11.	Bal Chester	78	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
12.	Beentjes Bastiaan	78	08-021	13.80	25m	13-3-97	Heemskerk (NED)	289
13.	Krijger Jan-Willem	81	08-021	14.07	25m	4-5-00	Heemskerk (NED)	273
14.	Zwaan Bas	76	08-021	14.50	25m	27-4-95	Heemskerk (NED)	249
14.	Zonneveld Jeroen	78	08-021	14.50	25m	13-3-97	Heemskerk (NED)	249
16.	Andeweg Celedonio	76	08-021	14.60	25m	27-4-95	Heemskerk (NED)	244
17.	Essers Tim	88	08-021	15.72	25m	19-4-07	Heemskerk (NED)	195

50 vrije slag

1.	Offringa Rick	03	08-021	24.45	25m	17-4-22	Haarlem (NED)	568
2.	Jongert Jeroen	96	08-021	24.94	25m	31-10-15	Tilburg (NED)	536
3.	Gaal Roel	01	08-021	25.17	25m	12-1-20	Purmerend (NED)	521
4.	Kleijne Barry	93	08-021	25.70	25m	28-5-12	Purmerend (NED)	489
5.	Meijer Arno	75	08-021	25.90	25m	24-4-94	Zaandam (NED)	478
6.	Butter Martijn	79	08-021	26.00	25m	18-1-98	Zuidoost Beemster (NED)	473
7.	Jongert Sjoerd	01	08-021	26.05	25m	4-10-20	Heemskerk (NED)	470
8.	de Wit Stephen	93	08-021	26.26	25m	11-10-12	Heemskerk (NED)	459
9.	Crok Pieter	91	08-021	26.31	25m	4-4-10	Haarlem (NED)	456
10.	Camphuijnder Jasper	05	08-021	26.46	25m	17-11-24	Hoofddorp (NED)	448
11.	Oudendijk Paul	81	08-021	26.80	25m	26-10-00	Heemskerk (NED)	432
12.	Korzelius Ron	65	08-021	27.00	25m	23-9-84	Heemskerk (NED)	422
13.	Kuilman Joris	80	08-021	27.07	25m	17-1-99	Heemskerk (NED)	419
14.	Glorie Daan	88	08-021	27.08	25m	8-4-07	Haarlem (NED)	418
15.	Kramer Vincent	82	08-021	27.13	25m	16-4-01	Haarlem (NED)	416
16.	Hermans Luuk	85	08-021	27.15	25m	4-4-04	Zaandam	415
17.	van Rookhuizen Barry	82	08-021	27.22	25m	25-10-01	Heemskerk	412
18.	Gaal Koen	99	08-021	27.43	25m	11-10-18	Heemskerk (NED)	402
19.	Verbree John	61	08-021	27.50	25m	2-3-80	Heemskerk (NED)	399

50 vrije slag (sinds 20)

20.	van der Gracht Jory	87	08-021	27.51	25m	5-11-06	Zaandam (NED)	399
21.	Pover Peter	69	08-021	27.60	25m	5-10-88		395
22.	Windmuller Ton	62	08-021	27.80	25m	5-4-81	Heemskerk (NED)	387
23.	de Ruijter René	86	08-021	27.86	25m	6-11-05	Zaandam (NED)	384
24.	Tijms Stefan	93	08-021	28.04	50m	24-11-12	Beverwijk (NED)	414
25.	Schaaper Hans	68	08-021	28.10	25m	21-5-87	Heemskerk (NED)	374

100 vrije slag

1.	Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2.	Offringa Rick	03	08-021	54.29	25m	27-10-22	Heemskerk (NED)	567
3.	Jongert Jeroen	96	08-021	54.64	25m	4-10-15	Purmerend (NED)	556
4.	Kleijne Barry	93	08-021	56.09	25m	27-5-12	Purmerend (NED)	514
5.	Camphuijnder Jasper	05	08-021	56.33	25m	9-11-24	Purmerend (NED)	507
6.	Butter Martijn	79	08-021	56.60	25m	15-1-98	Heemskerk (NED)	500
7.	de Wit Stephen	93	08-021	57.36	25m	25-11-12	Heemskerk (NED)	480
8.	Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
8.	Meijer Arno	75	08-021	57.90	25m	27-11-94	Alkmaar (NED)	467
10.	Hogenstijn Peter	84	08-021	58.09	25m	16-3-03	Heemskerk	463
11.	Crok Pieter	91	08-021	58.71	25m	27-2-10	Hoorn (NED)	448
12.	Oudendijk Paul	81	08-021	59.06	25m	23-4-00	Haarlem (NED)	440
13.	van Rookhuizen Barry	82	08-021	59.44	25m	11-3-01	Zaandam (NED)	432
13.	van der Gracht Jory	87	08-021	59.44	25m	9-4-06	Purmerend (NED)	432
15.	van der Kroft Barry	82	08-021	59.60	25m	31-5-01	Heemskerk (NED)	428
16.	Jongert Sjoerd	01	08-021	59.70	25m	5-3-20	Heemskerk (NED)	426
17.	Verbree John	61	08-021	59.80	25m	16-11-80	Haarlem (NED)	424
18.	Kuilman Joris	80	08-021	59.89	25m	12-12-99	Heemskerk (NED)	422
19.	Stins Arnold	83	08-021	59.90	25m	28-2-02	Heemskerk	422
20.	Hermans Luuk	85	08-021	59.94	25m	31-10-04	Zuidoostbeemster (NED)	421
21.	Glorie Daan	88	08-021	1:00.06	25m	29-3-07	Heemskerk (NED)	418
22.	Kramer Vincent	82	08-021	1:00.16	25m	15-4-01	Haarlem (NED)	416
23.	Tijms Stefan	93	08-021	1:01.26	25m	25-11-12	Heemskerk (NED)	394
24.	Steenbergen Roderik	82	08-021	1:01.72	25m	22-2-01	Heemskerk (NED)	386
25.	Groen Jarno	01	08-021	1:01.92	25m	12-1-20	Purmerend (NED)	382

200 vrije slag

1.	Gaal Roel	01	08-021	1:59.62	25m	5-3-20	Heemskerk (NED)	573
2.	Offringa Rick	03	08-021	2:00.99	25m	21-4-22	Heemskerk (NED)	554
3.	Kleijne Barry	93	08-021	2:04.70	25m	22-3-12	Heemskerk (NED)	506
4.	Butter Martijn	79	08-021	2:05.60	25m	17-5-98	Den Helder (NED)	495
5.	Jongert Jeroen	96	08-021	2:05.70	25m	15-11-15	Purmerend (NED)	494
6.	Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoorn (NED)	480
7.	Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
7.	Crok Pieter	91	08-021	2:09.30	25m	27-2-10	Hoorn (NED)	453
9.	de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
10.	Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
11.	Oudendijk Paul	81	08-021	2:11.61	25m	30-11-00	Heemskerk (NED)	430
12.	Kuilman Joris	80	08-021	2:11.74	25m	21-11-99	Heemskerk (NED)	429
13.	Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
14.	Camphuijnder Jasper	05	08-021	2:12.78	25m	14-3-24	Heemskerk (NED)	419
15.	Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416
16.	Jongert Sjoerd	01	08-021	2:13.24	25m	5-3-20	Heemskerk (NED)	414

200 vrije slag (sinds 17)

17.	van der Gracht Jory	87	08-021	2:13.53	25m	12-2-06	Zaandam (NED)	412
18.	Tijms Stefan	93	08-021	2:13.67	25m	11-11-12	Schagen (NED)	410
19.	Steenbergen Roderik	82	08-021	2:15.85	25m	18-11-01	Heemskerk	391
20.	Groen Jarno	01	08-021	2:16.78	25m	5-3-20	Heemskerk (NED)	383
21.	Gaal Koen	99	08-021	2:17.68	25m	14-1-18	Purmerend (NED)	375
22.	Verbree John	61	08-021	2:19.30	25m	30-11-80	Heemskerk (NED)	363
23.	Hermans Luuk	85	08-021	2:19.93	25m	28-11-04	Heemskerk (NED)	358
24.	de Vijlder Michael	75	08-021	2:20.10	25m	17-2-94	Heemskerk	356
25.	van Rookhuizen Barry	82	08-021	2:20.79	25m	18-11-01	Heemskerk	351

250 vrije slag

300 vrije slag

1.	Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
2.	Kleijne Barry	93	08-021	3:31.56	25m	8-4-12	Haarlem (NED)	399
3.	Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoorn (NED)	398
4.	van der Gracht Jory	87	08-021	3:38.09	25m	18-5-06	Heemskerk (NED)	364
5.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307
6.	de Wit Matthew	97	08-021	4:26.01	50m	30-4-16	Alkmaar (NED)	221

400 vrije slag

1.	Butter Martijn	79	08-021	4:25.20	25m	19-3-98	Heemskerk (NED)	512
2.	Offringa Rick	03	08-021	4:25.88	25m	21-5-22	Hoofddorp (NED)	508
3.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
4.	Crok Pieter	91	08-021	4:40.32	25m	4-4-10	Haarlem (NED)	434
5.	Jongert Jeroen	96	08-021	4:40.74	25m	4-10-15	Purmerend (NED)	432
6.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
7.	Kleijne Barry	93	08-021	4:42.63	25m	8-4-12	Haarlem (NED)	423
8.	Stins Arnold	83	08-021	4:44.57	25m	30-5-02	Heemskerk	414
9.	Oudendijk Paul	81	08-021	4:46.90	25m	25-5-00	Heemskerk (NED)	404
10.	Hogenstijn Peter	84	08-021	4:47.99	25m	12-6-03	Heemskerk	400
11.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
12.	van der Gracht Jory	87	08-021	4:51.35	25m	18-5-06	Heemskerk (NED)	386
13.	de Vijlder Michael	75	08-021	4:57.80	25m	20-11-94	Wormerveer (NED)	362
14.	Verbree John	61	08-021	5:08.10	25m	28-9-80	Zaandam (NED)	326
15.	Hermans Luuk	85	08-021	5:09.10	25m	29-4-04	Heemskerk (NED)	323
16.	Wassenaar Marcel	69	08-021	5:11.20	25m	6-10-88	Heemskerk (NED)	317
17.	Stam Daniël	79	08-021	5:11.90	25m	19-3-98	Heemskerk (NED)	315
18.	van Rookhuizen Barry	82	08-021	5:12.77	25m	31-5-01	Heemskerk (NED)	312
19.	Tamis Thijs	82	08-021	5:13.25	25m	4-11-01	Heemskerk	311
20.	Bal Chester	78	08-021	5:15.10	25m	2-3-97	Haarlem (NED)	305
21.	Steenbergen Roderik	82	08-021	5:16.03	25m	16-9-01	Zaandam (NED)	302
22.	Pover Peter	69	08-021	5:18.60	25m	6-10-88	Heemskerk (NED)	295
23.	Beentjes Bastiaan	78	08-021	5:18.90	25m	2-3-97	Haarlem (NED)	294
24.	Zwaan Bas	76	08-021	5:28.30	25m	18-5-95	Heemskerk (NED)	270
25.	Kramer Vincent	82	08-021	5:28.89	25m	16-9-01	Zaandam (NED)	268

500 vrije slag

800 vrije slag

1.	Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
2.	Butter Martijn	79	08-021	9:20.30	25m	22-2-98	Zaandam (NED)	495
3.	Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
4.	Oudendijk Paul	81	08-021	9:55.73	25m	15-10-00	Alkmaar (NED)	412
5.	Tamis Thijs	82	08-021	10:29.12	25m	16-9-01	Zaandam (NED)	350
6.	van der Gracht Jory	87	08-021	10:30.32	25m	22-10-06	Zaandam (NED)	348
7.	Steenbergen Roderik	82	08-021	10:44.43	25m	16-9-01	Zaandam (NED)	325
8.	Hermans Luuk	85	08-021	11:23.20	25m	17-10-04	Zaandam (NED)	273
9.	Kramer Vincent	82	08-021	11:29.12	25m	16-9-01	Zaandam (NED)	266

1000 vrije slag

1.	Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)	
2.	Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)	
3.	van der Gracht Jory	87	08-021	14:31.54	OW	29-7-06	Hoorn (NED)	
4.	Tijms Stefan	93	08-021	15:00.00	OW	16-6-12	Vriezenveen (NED)	
5.	Windmuller Ton	62	08-021	16:59.50	OW	14-6-81	Amstelveen (NED)	

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	17:37.40	25m	22-2-98	Zaandam (NED)	515
2.	Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
3.	Oudendijk Paul	81	08-021	19:15.33	25m	23-1-00	Heemskerk (NED)	395
4.	Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
5.	Stins Arnold	83	08-021	19:53.59	25m	1-12-02	Heemskerk	358
6.	de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
7.	Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
8.	van der Gracht Jory	87	08-021	20:05.87	25m	29-1-06	Zaandam (NED)	347
9.	Kramer Vincent	82	08-021	22:01.48	25m	11-2-01	Zaandam (NED)	264

2000 vrije slag

1.	Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
2.	Stins Arnold	83	08-021	25:13.83	OW	23-6-02	Breukelen (NED)	
3.	Oudendijk Paul	81	08-021	25:58.90	25m	5-3-00	Zaandam (NED)	381
4.	Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
5.	Butter Martijn	79	08-021	26:21.30	OW	12-7-98	Amsterdam (NED)	
6.	van der Gracht Jory	87	08-021	26:48.15	25m	29-1-06	Zaandam (NED)	347
7.	Tijms Stefan	93	08-021	28:41.41	OW	1-9-12	Wilhelminadorp (NED)	
8.	Kramer Vincent	82	08-021	29:25.16	25m	11-2-01	Zaandam (NED)	262
9.	Offringa Rick	03	08-021	29:38.25	OW	17-7-22	Amsterdam (NED)	
10.	Meijer Arno	75	08-021	31:04.10	OW	12-7-94	Harderwijk (NED)	
11.	de Vijlder Michael	75	08-021	32:17.20	OW	4-9-94	Amsterdam (NED)	

2500 vrije slag

1.	Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)	
2.	Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)	
3.	van der Gracht Jory	87	08-021	36:42.62	OW	8-7-06	Oss (NED)	

3000 vrije slag

1.	Glorie Daan	88	08-021	39:26.93	OW	14-7-07	Wijk en Aalburg (NED)
2.	Stins Arnold	83	08-021	41:02.11	OW	26-8-02	Oosterhout (NED)
3.	van der Gracht Jory	87	08-021	43:38.85	OW	22-7-06	Anna-Paulowna (NED)
4.	Tijms Stefan	93	08-021	48:49.21	OW	19-8-12	Aalsmeer (NED)

4000 vrije slag

1.	Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)

5000 vrije slag

1.	Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2.	Stins Arnold	83	08-021	1:15:47.79	OW	26-8-02	Oosterhout (NED)
3.	van der Gracht Jory	87	08-021	1:19:38.05	OW	3-9-06	Vlissingen (NED)
4.	Tijms Stefan	93	08-021	1:20:55.66	OW	17-6-12	Spaarnwoude (NED)

6000 vrije slag

1.	Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)

6500 vrije slag

10000 vrije slag

1.	Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)

20000 vrije slag

22000 vrije slag

1.	Glorie Daan	88	08-021	5:13:11.61	OW	11-8-07	Stavoren-Medemblik (NED)

25 rugslag

1.	Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2.	Schaaper Hans	68	08-021	14.50	25m	17-12-87	Heemskerk (NED)	364
3.	Oudendijk Paul	81	08-021	14.74	25m	17-2-00	Heemskerk (NED)	347
4.	Butter Martijn	79	08-021	15.20	25m	15-1-98	Heemskerk (NED)	316
5.	Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
5.	Steenbergen Roderik	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
7.	Kuilman Joris	80	08-021	15.57	25m	25-3-99	Heemskerk (NED)	294
8.	van der Kroft Barry	82	08-021	15.72	25m	22-2-01	Heemskerk (NED)	286
9.	Bal Chester	78	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
10.	Kramer Vincent	82	08-021	15.86	25m	22-2-01	Heemskerk (NED)	278
11.	Glorie Daan	88	08-021	16.12	25m	19-4-07	Heemskerk (NED)	265
12.	van Rookhuizen Barry	82	08-021	16.44	25m	22-2-01	Heemskerk (NED)	250
13.	van der Gracht Jory	87	08-021	16.59	25m	27-4-06	Heemskerk	243
14.	Zwaan Bas	76	08-021	17.20	25m	16-3-95	Heemskerk (NED)	218
14.	Zonneveld Jeroen	78	08-021	17.20	25m	13-2-97	Heemskerk (NED)	218
16.	Stam Daniël	79	08-021	18.10	25m	15-1-98	Heemskerk (NED)	187
17.	Beentjes Bastiaan	78	08-021	18.20	25m	13-2-97	Heemskerk (NED)	184

50 rugslag

1.	Kleijne Barry	93	08-021	28.80	25m	9-4-12	Haarlem (NED)	459
2.	Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
3.	Jongert Jeroen	96	08-021	29.14	25m	4-10-15	Purmerend (NED)	443
4.	de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
5.	Oudendijk Paul	81	08-021	30.40	25m	27-1-00	Heemskerk (NED)	390
6.	Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
7.	Camphuijnder Jasper	05	08-021	30.54	25m	27-10-24	Zaandam (NED)	385
8.	Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
9.	Hermans Luuk	85	08-021	31.21	25m	25-1-04	Zaandam	360
9.	Gaal Koen	99	08-021	31.21	25m	15-2-18	Heemskerk (NED)	360
11.	Steenbergen Roderik	82	08-021	31.68	25m	25-1-01	Heemskerk (NED)	345
12.	Butter Martijn	79	08-021	31.70	25m	18-1-98	Zuidoost Beemster (NED)	344
13.	Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334
14.	Meijer Arno	75	08-021	32.20	25m	17-2-94	Heemskerk	328
15.	Tamis Thijs	82	08-021	32.88	25m	25-1-01	Heemskerk (NED)	308
16.	Kramer Vincent	82	08-021	32.91	25m	25-1-01	Heemskerk (NED)	307
17.	van der Kroft Barry	82	08-021	32.95	25m	25-1-01	Heemskerk (NED)	306
18.	Stins Arnold	83	08-021	33.12	25m	31-10-02	Heemskerk	301
19.	Kuilman Joris	80	08-021	33.14	25m	14-11-99	Zaandam (NED)	301
20.	Essers Tim	88	08-021	33.45	25m	30-9-07	Volendam (NED)	293
21.	Groen Jarno	01	08-021	33.56	25m	4-10-20	Heemskerk (NED)	290
22.	de Ruijter René	86	08-021	33.87	25m	11-12-05	IJmuiden (NED)	282
23.	Verbree John	61	08-021	34.10	25m	22-11-80	Heemskerk (NED)	276
24.	van Rookhuizen Barry	82	08-021	34.19	25m	25-1-01	Heemskerk (NED)	274
25.	van der Gracht Jory	87	08-021	34.43	25m	19-10-06	Heemskerk	268

100 rugslag

1.	Jongert Jeroen	96	08-021	1:01.45	25m	10-12-15	Heemskerk (NED)	503
2.	Kleijne Barry	93	08-021	1:01.84	25m	11-3-12	Zaandam (NED)	494
3.	Offringa Rick	03	08-021	1:02.83	25m	13-3-22	Den Helder (NED)	471
4.	Oudendijk Paul	81	08-021	1:05.02	25m	24-4-00	Haarlem (NED)	425
5.	Camphuijnder Jasper	05	08-021	1:05.44	25m	24-10-24	Heemskerk (NED)	417
6.	Butter Martijn	79	08-021	1:07.10	25m	12-2-98	Heemskerk (NED)	387
7.	Steenbergen Roderik	82	08-021	1:07.18	25m	18-11-01	Heemskerk	385
8.	de Wit Stephen	93	08-021	1:07.33	25m	11-3-12	Zaandam (NED)	383
9.	Gaal Koen	99	08-021	1:07.73	25m	18-3-18	Purmerend (NED)	376
10.	Crok Pieter	91	08-021	1:08.14	25m	4-4-10	Haarlem (NED)	369
11.	Hermans Luuk	85	08-021	1:08.94	25m	18-4-04	Zaandam (NED)	356
12.	Hogenstijn Peter	84	08-021	1:09.16	25m	24-4-03	Heemskerk	353
13.	Schaaper Hans	68	08-021	1:09.20	25m	8-3-87	Zaandam (NED)	352
14.	Kuilman Joris	80	08-021	1:09.76	25m	28-1-99	Heemskerk (NED)	344
15.	Meijer Arno	75	08-021	1:10.40	25m	11-12-94	Heemskerk (NED)	335
15.	Kramer Vincent	82	08-021	1:10.40	25m	16-4-01	Haarlem (NED)	335
17.	Gaal Roel	01	08-021	1:11.30	25m	12-1-20	Purmerend (NED)	322
18.	Stins Arnold	83	08-021	1:11.36	25m	17-11-02	Heemskerk	321
19.	Tamis Thijs	82	08-021	1:11.54	25m	18-11-01	Heemskerk	319
20.	Kranenburg Fred	63	08-021	1:12.30	25m	7-2-82		309
21.	van der Kroft Barry	82	08-021	1:12.66	25m	26-4-01	Heemskerk (NED)	304
22.	Wolf Gert Jan	65	08-021	1:12.90	25m	12-2-84	Heemskerk (NED)	301
23.	de Vijlder Michael	75	08-021	1:13.00	25m	11-12-94	Heemskerk (NED)	300
24.	Essers Tim	88	08-021	1:13.13	25m	18-3-07	Heemskerk (NED)	298
25.	Pover Peter	69	08-021	1:13.40	25m	17-9-88		295

200 rugslag

1.	Kleijne Barry	93	08-021	2:13.75	25m	27-5-12	Purmerend (NED)	492
2.	Oudendijk Paul	81	08-021	2:19.06	25m	12-3-00	Heemskerk (NED)	438
3.	Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
4.	Butter Martijn	79	08-021	2:23.10	25m	24-5-98	Zaandam (NED)	402
5.	Gaal Koen	99	08-021	2:26.96	25m	4-2-18	Purmerend (NED)	371
6.	Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
7.	Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
8.	Stins Arnold	83	08-021	2:30.53	25m	10-3-02	Heemskerk	345
9.	Essers Tim	88	08-021	2:31.11	25m	18-3-07	Heemskerk (NED)	341
10.	Meijer Arno	75	08-021	2:31.80	25m	20-10-94	Heemskerk (NED)	336
11.	Tamis Thijs	82	08-021	2:33.00	25m	11-3-01	Zaandam (NED)	329
12.	Schaaper Hans	68	08-021	2:33.40	25m	22-3-87	Heerhugowaard (NED)	326
13.	Steenbergen Roderik	82	08-021	2:34.16	25m	14-1-01	Heemskerk (NED)	321
14.	Kuilman Joris	80	08-021	2:34.32	25m	16-12-99	Heemskerk	320
15.	Glorie Daan	88	08-021	2:35.91	25m	25-1-07	Heemskerk (NED)	310
16.	Crok Pieter	91	08-021	2:36.17	25m	14-11-10	Castricum (NED)	309
17.	Groen Jarno	01	08-021	2:37.04	25m	12-1-20	Purmerend (NED)	304
18.	van der Kroft Barry	82	08-021	2:39.61	25m	11-3-01	Zaandam (NED)	289
19.	van der Gracht Jory	87	08-021	2:41.00	25m	19-3-06	Heemskerk (NED)	282
20.	Kranenburg Fred	63	08-021	2:42.00	25m	24-1-82		277
21.	de Vijlder Michael	75	08-021	2:44.20	25m	19-10-94		266
22.	Pover Peter	69	08-021	2:45.90	25m	7-2-88	Heemskerk (NED)	258
23.	Dijkstra Menno	68	08-021	2:46.80	25m	22-3-87	Heerhugowaard (NED)	253
23.	Zwaan Bas	76	08-021	2:46.80	25m	5-3-95	Heemskerk (NED)	253
25.	Beentjes Bastiaan	78	08-021	2:47.20	25m	6-4-97	Heemskerk (NED)	252

500 rugslag

1.	Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)	

25 schoolslag

1.	Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
2.	Oudendijk Paul	81	08-021	14.91	25m	17-2-00	Heemskerk (NED)	473
3.	Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
4.	Schaaper Hans	68	08-021	16.00	25m	17-12-87	Heemskerk (NED)	383
5.	Beentjes Bastiaan	78	08-021	16.10	25m	13-3-97	Heemskerk (NED)	375
6.	Kuilman Joris	80	08-021	16.24	25m	25-3-99	Heemskerk (NED)	366
7.	van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
8.	Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
9.	van Rookhuizen Barry	82	08-021	16.66	25m	22-2-01	Heemskerk (NED)	339
10.	Glorie Daan	88	08-021	16.71	25m	19-4-07	Heemskerk (NED)	336
11.	van der Gracht Jory	87	08-021	17.15	25m	27-4-06	Heemskerk	311
12.	Steenbergen Roderik	82	08-021	17.41	25m	22-2-01	Heemskerk (NED)	297
13.	Kramer Vincent	82	08-021	17.59	25m	22-2-01	Heemskerk (NED)	288
14.	Andeweg Celedonio	76	08-021	17.80	25m	27-4-95	Heemskerk (NED)	278
15.	Stam Daniël	79	08-021	18.30	25m	19-3-98	Heemskerk (NED)	256
16.	Essers Tim	88	08-021	18.38	25m	19-4-07	Heemskerk (NED)	252
17.	Zonneveld Jeroen	78	08-021	18.50	25m	13-3-97	Heemskerk (NED)	247
18.	Bal Chester	78	08-021	19.10	25m	13-3-97	Heemskerk (NED)	225

50 schoolslag

1.	Offringa Rick	03	08-021	31.16	25m	20-11-22	Den Helder (NED)	532
2.	Oudendijk Paul	81	08-021	33.00	25m	14-12-00	Heemskerk (NED)	447
3.	Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
4.	Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
5.	Palmboom Pascal	89	08-021	34.65	25m	31-1-08	Heemskerk (NED)	386
6.	Jongert Jeroen	96	08-021	34.91	25m	6-9-15	Zaandam (NED)	378
7.	Kleijne Barry	93	08-021	35.04	25m	30-9-12	Heemskerk (NED)	374
8.	Kuilman Joris	80	08-021	35.09	25m	16-12-99	Heemskerk	372
9.	Tamis Thijs	82	08-021	35.28	25m	18-3-01	Zaandam (NED)	366
10.	Meijer Arno	75	08-021	35.30	25m	6-3-94	Assendelft (NED)	365
11.	Crok Pieter	91	08-021	35.63	25m	18-2-10	Heemskerk (NED)	355
12.	Beentjes Bastiaan	78	08-021	35.70	25m	5-10-97	Zaandam (NED)	353
12.	Stam Daniël	79	08-021	35.70	25m	18-1-98	Zuidoost Beemster (NED)	353
14.	de Wit Stephen	93	08-021	35.87	25m	30-9-12	Heemskerk (NED)	348
15.	van der Kroft Barry	82	08-021	36.15	50m	19-5-01	Beverwijk (NED)	369
16.	Jongert Sjoerd	01	08-021	36.16	25m	8-10-20	Heemskerk (NED)	340
17.	van Rookhuizen Barry	82	08-021	36.22	25m	20-12-01	Heemskerk	338
18.	Camphuijnder Jasper	05	08-021	36.51	25m	27-10-24	Zaandam (NED)	330
19.	Tijms Stefan	93	08-021	36.85	25m	30-9-12	Heemskerk (NED)	321
20.	Gaal Koen	99	08-021	36.93	25m	16-9-18	Alkmaar (NED)	319
21.	Stins Arnold	83	08-021	36.94	25m	28-11-02	Heemskerk	319
22.	van der Gracht Jory	87	08-021	37.07	25m	23-4-06	Zaandam (NED)	316
23.	Gaal Roel	01	08-021	37.20	25m	8-10-20	Heemskerk (NED)	312
24.	Wassenaar Marcel	69	08-021	37.40	25m	15-12-88	Heemskerk (NED)	307
24.	Steenbergen Roderik	82	08-021	37.40	25m	20-12-01	Heemskerk	307

100 schoolslag

1.	Offringa Rick	03	08-021	1:10.09	25m	6-11-22	Alkmaar (NED)	499
2.	Oudendijk Paul	81	08-021	1:14.52	25m	12-3-00	Heemskerk (NED)	415
3.	Hogenstijn Peter	84	08-021	1:14.63	25m	16-3-03	Heemskerk	413
4.	Jongert Sjoerd	01	08-021	1:15.91	25m	8-10-20	Heemskerk (NED)	393
5.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
6.	Meijer Arno	75	08-021	1:17.20	25m	17-3-94	Heemskerk	373
7.	Crok Pieter	91	08-021	1:17.65	25m	30-9-10	Heemskerk (NED)	367
8.	Kuilman Joris	80	08-021	1:18.38	25m	28-1-99	Heemskerk (NED)	357
9.	Hermans Luuk	85	08-021	1:18.99	25m	3-10-04	Heemskerk (NED)	348
10.	Stins Arnold	83	08-021	1:19.01	25m	28-3-02	Heemskerk	348
11.	Jongert Jeroen	96	08-021	1:19.09	25m	24-9-15	Heemskerk (NED)	347
12.	Gaal Roel	01	08-021	1:19.27	25m	4-10-20	Heemskerk (NED)	345
13.	Beentjes Bastiaan	78	08-021	1:19.70	25m	30-8-97	Assendelft (NED)	339
14.	Palmboom Pascal	89	08-021	1:19.84	25m	17-2-08	Zaandam (NED)	337
15.	Korzelius Ron	65	08-021	1:20.10	25m	28-10-84	Egmond (NED)	334
15.	Stam Daniël	79	08-021	1:20.10	25m	15-1-98	Heemskerk (NED)	334
17.	van der Gracht Jory	87	08-021	1:20.16	25m	16-2-06	Heemskerk (NED)	333
18.	Steenbergen Roderik	82	08-021	1:21.02	25m	7-10-01	Zaandam (NED)	323
19.	Kranenburg Fred	63	08-021	1:21.30	25m	14-3-82		320
20.	Gaal Koen	99	08-021	1:21.31	25m	11-10-18	Heemskerk (NED)	319
21.	van der Kroft Barry	82	08-021	1:21.59	25m	16-4-01	Haarlem (NED)	316
22.	Tijms Stefan	93	08-021	1:21.63	25m	11-10-12	Heemskerk (NED)	316
23.	Andeweg Celedonio	76	08-021	1:21.80	25m	5-2-95	Assendelft (NED)	314
24.	de Wit Stephen	93	08-021	1:22.51	25m	11-10-12	Heemskerk (NED)	306
25.	Butter Martijn	79	08-021	1:23.10	25m	13-4-98	Haarlem (NED)	299

200 schoolslag

1.	Offringa Rick	03	08-021	2:29.61	25m	6-11-22	Alkmaar (NED)	521
2.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
3.	Oudendijk Paul	81	08-021	2:42.39	25m	27-1-00	Heemskerk (NED)	407
4.	Hogenstijn Peter	84	08-021	2:46.55	25m	19-1-03	Zaandam	378
5.	Meijer Arno	75	08-021	2:47.70	25m	24-11-94	Heemskerk (NED)	370
6.	Glorie Daan	88	08-021	2:49.10	25m	14-1-07	Amsterdam (NED)	361
7.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
8.	Crok Pieter	91	08-021	2:52.21	25m	25-3-10	Heemskerk (NED)	342
9.	Kuilman Joris	80	08-021	2:54.06	25m	7-3-99	Zaandam (NED)	331
10.	van der Gracht Jory	87	08-021	2:54.86	25m	15-1-06	Zaandam (NED)	326
11.	Beentjes Bastiaan	78	08-021	2:55.00	25m	9-10-97	Heemskerk (NED)	325
12.	Hermans Luuk	85	08-021	2:56.52	25m	28-10-04	Heemskerk (NED)	317
13.	Steenbergen Roderik	82	08-021	2:56.77	25m	25-1-01	Heemskerk (NED)	316
14.	Jongert Sjoerd	01	08-021	2:57.08	25m	12-1-20	Purmerend (NED)	314
15.	Tijms Stefan	93	08-021	2:57.26	25m	27-5-12	Purmerend (NED)	313
16.	van der Kroft Barry	82	08-021	2:57.66	25m	25-1-01	Heemskerk (NED)	311
17.	Butter Martijn	79	08-021	2:58.00	25m	8-3-98	Zaandam (NED)	309
18.	Schaaper Hans	68	08-021	2:58.40	25m	15-3-87	Heemskerk (NED)	307
19.	Stins Arnold	83	08-021	2:58.93	25m	13-1-02	Zaandam	304
20.	van Rookhuizen Barry	82	08-021	2:59.81	25m	25-1-01	Heemskerk (NED)	300
21.	Gaal Koen	99	08-021	3:00.40	25m	4-2-18	Purmerend (NED)	297
22.	Stam Daniël	79	08-021	3:01.90	25m	8-3-98	Zaandam (NED)	290
23.	Kranenburg Fred	63	08-021	3:05.60	25m	21-3-82		273
24.	Zwaan Bas	76	08-021	3:06.50	25m	26-3-95	Wormerveer (NED)	269
25.	Andeweg Celedonio	76	08-021	3:06.60	25m	15-6-95	Heemskerk (NED)	268

250 schoolslag

500 schoolslag

1.	van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)	

800 schoolslag

1000 schoolslag

1.	Offringa Rick	03	08-021	16:28.52	OW	16-7-22	Amstelveen (NED)	
2.	van der Gracht Jory	87	08-021	18:08.69	OW	29-7-06	Hoorn (NED)	

1250 schoolslag

1500 schoolslag

2000 schoolslag

1.	Oudendijk Paul	81	08-021	32:15.80	OW	25-6-00	Breukelen (NED)	
2.	Tamis Thijs	82	08-021	34:02.15	OW	24-6-01	Breukelen (NED)	
3.	Tijms Stefan	93	08-021	34:33.04	OW	16-6-12	Vriezenveen (NED)	
4.	Beentjes Bastiaan	78	08-021	34:51.10	OW	15-6-97	Spaarnwoude (NED)	
5.	Stins Arnold	83	08-021	37:00.87	OW	18-8-02	Eersel (NED)	
6.	van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)	

2000 schoolslag (sinds 7)

7.	Stam Daniël	79	08-021	38:50.10	OW	21-6-98	Spaarnwoude (NED)

2500 schoolslag

3000 schoolslag

1.	Oudendijk Paul	81	08-021	49:43.50	OW	29-7-00	Anna-Paulowna (NED)
2.	Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
3.	Offringa Rick	03	08-021	53:50.02	OW	16-7-22	Amstelveen (NED)
4.	Tijms Stefan	93	08-021	55:30.06	OW	7-7-12	Appeltern (NED)

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2.	van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
3.	Kuilman Joris	80	08-021	13.31	25m	25-3-99	Heemskerk (NED)	411
4.	Schaaper Hans	68	08-021	13.40	25m	17-12-87	Heemskerk (NED)	403
5.	Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
6.	van der Gracht Jory	87	08-021	13.68	25m	27-4-06	Heemskerk	379
7.	Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
8.	Glorie Daan	88	08-021	13.95	25m	19-4-07	Heemskerk (NED)	357
9.	Butter Martijn	79	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
10.	Essers Tim	88	08-021	14.16	25m	19-4-07	Heemskerk (NED)	341
11.	van Rookhuizen Barry	82	08-021	14.17	25m	29-3-01	Heemskerk (NED)	341
12.	Krijger Jan-Willem	81	08-021	14.48	25m	4-5-00	Heemskerk (NED)	319
13.	Zwaan Bas	76	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
14.	Stam Daniël	79	08-021	14.70	25m	15-1-98	Heemskerk (NED)	305
15.	Oudendijk Paul	81	08-021	14.90	25m	4-5-00	Heemskerk (NED)	293
16.	Tap Ben	69	08-021	15.00	25m	22-3-88	Heemskerk (NED)	287
17.	Zonneveld Jeroen	78	08-021	15.40	25m	13-2-97	Heemskerk (NED)	265
18.	Beentjes Bastiaan	78	08-021	16.20	25m	13-2-97	Heemskerk (NED)	228
19.	Bal Chester	78	08-021	16.30	25m	13-2-97	Heemskerk (NED)	224

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.92	25m	10-12-15	Heemskerk (NED)	531
2.	Kleijne Barry	93	08-021	27.55	25m	19-2-12	Purmerend (NED)	495
3.	Camphuijnder Jasper	05	08-021	27.61	25m	24-10-24	Heemskerk (NED)	492
4.	Offringa Rick	03	08-021	27.72	25m	24-4-22	Den Helder (NED)	486
5.	Jongert Sjoerd	01	08-021	29.07	25m	12-1-20	Purmerend (NED)	421
6.	van der Gracht Jory	87	08-021	29.40	25m	14-12-06	Heemskerk (NED)	407
7.	Crok Pieter	91	08-021	29.66	25m	25-3-10	Heemskerk (NED)	397
8.	Kuilman Joris	80	08-021	29.79	25m	25-11-99	Heemskerk	391
9.	Gaal Roel	01	08-021	30.00	25m	30-1-20	Heemskerk (NED)	383
10.	Meijer Arno	75	08-021	30.30	25m	24-11-94	Heemskerk (NED)	372
11.	Glorie Daan	88	08-021	30.34	50m	19-5-07	Beverwijk (NED)	404
12.	Butter Martijn	79	08-021	30.40	25m	18-1-98	Zuidoost Beemster (NED)	368
13.	de Wit Stephen	93	08-021	30.44	25m	13-12-12	Heemskerk (NED)	367

50 vlinderslag (sinds 14)

14.	Stins Arnold	83	08-021	30.80	25m	31-1-02	Heemskerk	354
15.	Verbree John	61	08-021	30.90	25m	8-11-80	Heemskerk (NED)	351
16.	Schaaper Hans	68	08-021	31.00	25m	21-5-87	Heemskerk (NED)	347
17.	Hermans Luuk	85	08-021	31.08	25m	4-4-04	Zaandam	345
18.	van Rookhuizen Barry	82	08-021	31.10	50m	21-10-01	Beverwijk (NED)	375
19.	Hagebout Marcel	68	08-021	31.20	25m	21-5-87	Heemskerk (NED)	341
20.	Tamis Thijs	82	08-021	31.24	50m	21-10-01	Beverwijk (NED)	370
21.	Kramer Vincent	82	08-021	31.74	50m	21-10-01	Beverwijk (NED)	352
22.	Schoonakker Mick	07	08-021	31.76	25m	8-2-26	Purmerend (NED)	323
23.	Hoenink Jarl	86	08-021	31.91	25m	26-5-05	Heemskerk (NED)	318
24.	Palmboom Pascal	89	08-021	32.06	25m	30-10-08	Heemskerk (NED)	314
25.	Pover Peter	69	08-021	32.10	25m	14-12-88		313

100 vlinderslag

1.	Jongert Jeroen	96	08-021	1:00.39	25m	29-11-15	Heemskerk (NED)	504
2.	Offringa Rick	03	08-021	1:00.95	25m	22-5-22	Hoofddorp (NED)	490
3.	Kleijne Barry	93	08-021	1:02.46	25m	11-3-12	Zaandam (NED)	456
4.	Camphuijnder Jasper	05	08-021	1:02.72	25m	16-11-24	Hoofddorp (NED)	450
5.	Hogenstijn Peter	84	08-021	1:04.21	25m	27-3-03	Heemskerk	419
6.	Glorie Daan	88	08-021	1:04.59	25m	14-1-07	Amsterdam (NED)	412
7.	van der Gracht Jory	87	08-021	1:06.41	25m	12-2-06	Zaandam (NED)	379
8.	Gaal Roel	01	08-021	1:06.80	25m	30-1-20	Heemskerk (NED)	372
9.	Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
10.	Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
11.	Butter Martijn	79	08-021	1:07.70	25m	8-3-98	Zaandam (NED)	358
12.	Meijer Arno	75	08-021	1:07.80	25m	2-6-94	Heemskerk (NED)	356
13.	Kuilman Joris	80	08-021	1:07.87	25m	22-4-99	Heemskerk (NED)	355
14.	Kramer Vincent	82	08-021	1:09.12	25m	22-2-01	Heemskerk (NED)	336
15.	de Wit Stephen	93	08-021	1:09.19	25m	11-3-12	Zaandam (NED)	335
16.	van Rookhuizen Barry	82	08-021	1:09.84	25m	14-1-01	Heemskerk (NED)	326
17.	Tamis Thijs	82	08-021	1:10.44	25m	22-2-01	Heemskerk (NED)	318
18.	Essers Tim	88	08-021	1:10.91	25m	29-3-07	Heemskerk (NED)	311
19.	Schaaper Hans	68	08-021	1:11.00	25m	4-10-87	Zaandam (NED)	310
20.	Kranenburg Fred	63	08-021	1:12.40	25m	21-3-82		292
21.	Groen Jarno	01	08-021	1:12.87	25m	30-1-20	Heemskerk (NED)	287
22.	Pover Peter	69	08-021	1:13.80	25m	19-5-88	Heemskerk (NED)	276
23.	de Vijlder Michael	75	08-021	1:14.50	25m	13-3-94	Wormerveer (NED)	268
24.	Oudendijk Paul	81	08-021	1:14.77	25m	23-4-00	Haarlem (NED)	265
25.	Korzelius Ron	65	08-021	1:14.80	25m	23-9-84	Heemskerk (NED)	265

200 vlinderslag

1.	Glorie Daan	88	08-021	2:22.13	25m	29-4-07	Alkmaar (NED)	445
2.	Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
3.	van der Gracht Jory	87	08-021	2:32.15	25m	30-11-06	Heemskerk	363
4.	Stins Arnold	83	08-021	2:36.03	25m	17-3-02	Zaandam	336
5.	Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
6.	van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
7.	Camphuijnder Jasper	05	08-021	2:45.14	25m	10-3-24	Purmerend (NED)	284
8.	Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
9.	Crok Pieter	91	08-021	2:54.98	25m	18-2-10	Heemskerk (NED)	238
10.	Steenbergen Roderik	82	08-021	2:56.86	25m	20-12-01	Heemskerk	231

200 vlinderslag (sinds 11)

11.	van der Kroft Barry	82	08-021	3:04.36	25m	20-12-01	Heemskerk	204
12.	Kramer Vincent	82	08-021	3:07.07	25m	26-4-01	Heemskerk (NED)	195

1000 vlinderslag

75 wisselslag

100 wisselslag

1.	Offringa Rick	03	08-021	1:01.18	25m	2-10-22	Den Helder (NED)	555
2.	Jongert Jeroen	96	08-021	1:03.02	25m	4-10-15	Purmerend (NED)	508
3.	Kleijne Barry	93	08-021	1:04.34	25m	30-9-12	Heemskerk (NED)	477
4.	Camphuijnder Jasper	05	08-021	1:07.04	25m	27-10-24	Zaandam (NED)	422
5.	de Wit Stephen	93	08-021	1:07.98	25m	30-9-12	Heemskerk (NED)	405
6.	Meijer Arno	75	08-021	1:08.00	25m	27-11-94	Alkmaar (NED)	404
7.	Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404
8.	Oudendijk Paul	81	08-021	1:08.52	25m	10-12-00	Heemskerk (NED)	395
9.	Glorie Daan	88	08-021	1:08.65	25m	19-4-07	Heemskerk (NED)	393
10.	Hermans Luuk	85	08-021	1:09.21	25m	7-11-04	IJmuiden (NED)	383
11.	Stins Arnold	83	08-021	1:09.28	25m	26-9-02	Heemskerk	382
12.	Schaaper Hans	68	08-021	1:09.40	25m	15-3-87	Heemskerk (NED)	380
13.	van der Gracht Jory	87	08-021	1:09.60	25m	23-4-06	Zaandam (NED)	377
14.	Kramer Vincent	82	08-021	1:10.14	25m	26-4-01	Heemskerk (NED)	368
15.	Crok Pieter	91	08-021	1:10.33	25m	3-10-10	Zaandam (NED)	365
16.	Gaal Koen	99	08-021	1:10.34	25m	17-5-18	Heemskerk (NED)	365
17.	Tamis Thijs	82	08-021	1:10.84	25m	27-9-01	Heemskerk	357
18.	Essers Tim	88	08-021	1:10.85	25m	30-9-07	Volendam (NED)	357
19.	Steenbergen Roderik	82	08-021	1:11.82	25m	27-9-01	Heemskerk	343
20.	Tijms Stefan	93	08-021	1:12.03	25m	28-5-12	Purmerend (NED)	340
21.	Dijkstra Menno	68	08-021	1:12.20	25m	15-3-87	Heemskerk (NED)	338
21.	Pover Peter	69	08-021	1:12.20	25m	31-12-88		338
23.	van Rookhuizen Barry	82	08-021	1:12.65	25m	27-9-01	Heemskerk	331
24.	Verbree John	61	08-021	1:13.20	25m	31-5-80	Heemskerk (NED)	324
25.	Palmboom Pascal	89	08-021	1:14.35	25m	5-10-08	Heemskerk (NED)	309

150 wisselslag

200 wisselslag

1.	Offringa Rick	03	08-021	2:13.34	25m	23-10-22	Hoofddorp (NED)	555
2.	Jongert Jeroen	96	08-021	2:20.13	25m	15-11-15	Purmerend (NED)	478
3.	Kleijne Barry	93	08-021	2:24.11	25m	26-4-12	Heemskerk (NED)	440
4.	Butter Martijn	79	08-021	2:26.90	25m	7-5-98	Heemskerk (NED)	415
5.	Meijer Arno	75	08-021	2:27.10	25m	20-1-94	Heemskerk	413
6.	Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
7.	Oudendijk Paul	81	08-021	2:28.18	25m	26-10-00	Heemskerk (NED)	404
8.	de Wit Stephen	93	08-021	2:28.41	25m	26-4-12	Heemskerk (NED)	403
9.	Crok Pieter	91	08-021	2:29.46	25m	11-4-10	Zaandam (NED)	394
10.	Kuilman Joris	80	08-021	2:30.04	25m	20-5-99	Heemskerk (NED)	390
11.	Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387
12.	Glorie Daan	88	08-021	2:31.01	25m	18-3-07	Heemskerk (NED)	382
13.	Tamis Thijs	82	08-021	2:31.06	25m	31-5-01	Heemskerk (NED)	382

200 wisselslag (sinds 14)

14.	Gaal Koen	99	08-021	2:33.78	25m	14-1-18	Purmerend (NED)	362
15.	van der Gracht Jory	87	08-021	2:34.05	25m	22-10-06	Zaandam (NED)	360
16.	Steenbergen Roderik	82	08-021	2:34.48	25m	16-9-01	Zaandam (NED)	357
17.	Hermans Luuk	85	08-021	2:35.07	25m	17-10-04	Zaandam (NED)	353
18.	Pover Peter	69	08-021	2:36.60	25m	7-2-88	Heemskerk (NED)	343
19.	Kramer Vincent	82	08-021	2:37.08	25m	16-9-01	Zaandam (NED)	339
20.	Verbree John	61	08-021	2:38.80	25m	21-9-80	Heemskerk (NED)	329
21.	van der Kroft Barry	82	08-021	2:39.04	25m	25-10-01	Heemskerk	327
22.	Tijms Stefan	93	08-021	2:39.68	25m	26-4-12	Heemskerk (NED)	323
23.	de Vijlder Michael	75	08-021	2:40.20	25m	6-2-94	Wormerveer (NED)	320
24.	Camphuijnder Jasper	05	08-021	2:41.82	50m	8-6-24	Bückeburg (GER)	349
25.	Zwaan Bas	76	08-021	2:42.70	25m	23-4-95	Castricum (NED)	305

300 wisselslag

1.	Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam	
2.	van der Gracht Jory	87	08-021	3:59.47	25m	12-1-06	Heemskerk (NED)	
3.	Kramer Vincent	82	08-021	4:22.66	25m	23-12-01	Amsterdam	

400 wisselslag

1.	Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2.	Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
3.	Butter Martijn	79	08-021	5:11.50	25m	29-3-98	Heemstede (NED)	432
4.	Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
5.	Stins Arnold	83	08-021	5:21.26	25m	24-2-02	Heemskerk	393
6.	Oudendijk Paul	81	08-021	5:24.83	25m	30-3-00	Heemskerk (NED)	381
7.	Meijer Arno	75	08-021	5:26.40	25m	6-3-94	Assendelft (NED)	375
8.	Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
9.	Steenbergen Roderik	82	08-021	5:43.62	25m	25-2-01	Heemskerk (NED)	321
10.	Kramer Vincent	82	08-021	5:54.06	25m	25-2-01	Heemskerk (NED)	294
11.	Stam Daniël	79	08-021	5:55.40	25m	29-3-98	Heemstede (NED)	290
12.	Zwaan Bas	76	08-021	6:09.40	25m	8-6-95	Heemskerk (NED)	259
13.	Blaauw Xam	07	08-021	6:17.96	25m	8-11-26	Purmerend (NED)	241
14.	Windmuller Ton	62	08-021	6:28.50	25m	5-4-81	Heemskerk (NED)	222