19 jaar, Heren, Korte baan (25m) 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2.	Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
3.	van Rookhuizen Barry	82	08-021	12.62	25m	29-3-01	Heemskerk (NED)	378
4.	Oudendijk Paul	81	08-021	12.70	25m	4-5-00	Heemskerk (NED)	371
5.	Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
6.	Butter Martijn	79	08-021	13.10	25m	12-2-98	Heemskerk (NED)	338
7.	Glorie Daan	88	08-021	13.13	25m	19-4-07	Heemskerk (NED)	336
8.	Tamis Thijs	82	08-021	13.19	25m	29-3-01	Heemskerk (NED)	331
9.	Kuilman Joris	80	08-021	13.21	25m	25-3-99	Heemskerk (NED)	330
10.	van der Gracht Jory	87	08-021	13.28	25m	27-4-06	Heemskerk	324
11.	Bal Chester	78	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
12.	Beentjes Bastiaan	78	08-021	13.80	25m	13-3-97	Heemskerk (NED)	289
13.	Krijger Jan-Willem	81	08-021	14.07	25m	4-5-00	Heemskerk (NED)	273
14.	Zwaan Bas	76	08-021	14.50	25m	27-4-95	Heemskerk (NED)	249
14.	Zonneveld Jeroen	78	08-021	14.50	25m	13-3-97	Heemskerk (NED)	249
16.	Andeweg Celedonio	76	08-021	14.60	25m	27-4-95	Heemskerk (NED)	244
17.	Essers Tim	88	08-021	15.72	25m	19-4-07	Heemskerk (NED)	195

50 vrije slag

1.	Offringa Rick	03	08-021	24.45	25m	17-4-22	Haarlem (NED)	568
2.	Jongert Jeroen	96	08-021	24.94	25m	31-10-15	Tilburg (NED)	536
3.	Gaal Roel	01	08-021	25.17	25m	12-1-20	Purmerend (NED)	521
4.	Kleijne Barry	93	08-021	25.70	25m	28-5-12	Purmerend (NED)	489
5.	Meijer Arno	75	08-021	25.90	25m	24-4-94	Zaandam (NED)	478
6.	Butter Martijn	79	08-021	26.00	25m	18-1-98	Zuidoost Beemster (NED)	473
7.	Jongert Sjoerd	01	08-021	26.05	25m	4-10-20	Heemskerk (NED)	470
8.	de Wit Stephen	93	08-021	26.26	25m	11-10-12	Heemskerk (NED)	459
9.	Crok Pieter	91	08-021	26.31	25m	4-4-10	Haarlem (NED)	456
10.	Camphuijnder Jasper	05	08-021	26.46	25m	17-11-24	Hoofddorp (NED)	448
11.	Oudendijk Paul	81	08-021	26.80	25m	26-10-00	Heemskerk (NED)	432
12.	Korzelius Ron	65	08-021	27.00	25m	23-9-84	Heemskerk (NED)	422
13.	Kuilman Joris	80	08-021	27.07	25m	17-1-99	Heemskerk (NED)	419
14.	Glorie Daan	88	08-021	27.08	25m	8-4-07	Haarlem (NED)	418
15.	Kramer Vincent	82	08-021	27.13	25m	16-4-01	Haarlem (NED)	416
16.	Hermans Luuk	85	08-021	27.15	25m	4-4-04	Zaandam	415
17.	van Rookhuizen Barry	82	08-021	27.22	25m	25-10-01	Heemskerk	412
18.	Gaal Koen	99	08-021	27.43	25m	11-10-18	Heemskerk (NED)	402
19.	Verbree John	61	08-021	27.50	25m	2-3-80	Heemskerk (NED)	399

50 vrije slag (sinds 20)

20.	van der Gracht Jory	87	08-021	27.51	25m	5-11-06	Zaandam (NED)	399
21.	Pover Peter	69	08-021	27.60	25m	5-10-88		395
22.	Windmuller Ton	62	08-021	27.80	25m	5-4-81	Heemskerk (NED)	387
23.	de Ruijter René	86	08-021	27.86	25m	6-11-05	Zaandam (NED)	384
24.	Schaaper Hans	68	08-021	28.10	25m	21-5-87	Heemskerk (NED)	374
25.	van der Kroft Barry	82	08-021	28.19	25m	25-10-01	Heemskerk	371

100 vrije slag

1.	Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2.	Offringa Rick	03	08-021	54.29	25m	27-10-22	Heemskerk (NED)	567
3.	Jongert Jeroen	96	08-021	54.64	25m	4-10-15	Purmerend (NED)	556
4.	Kleijne Barry	93	08-021	56.09	25m	27-5-12	Purmerend (NED)	514
5.	Camphuijnder Jasper	05	08-021	56.33	25m	9-11-24	Purmerend (NED)	507
6.	Butter Martijn	79	08-021	56.60	25m	15-1-98	Heemskerk (NED)	500
7.	de Wit Stephen	93	08-021	57.36	25m	25-11-12	Heemskerk (NED)	480
8.	Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
8.	Meijer Arno	75	08-021	57.90	25m	27-11-94	Alkmaar (NED)	467
10.	Hogenstijn Peter	84	08-021	58.09	25m	16-3-03	Heemskerk	463
11.	Crok Pieter	91	08-021	58.71	25m	27-2-10	Hoorn (NED)	448
12.	Oudendijk Paul	81	08-021	59.06	25m	23-4-00	Haarlem (NED)	440
13.	van Rookhuizen Barry	82	08-021	59.44	25m	11-3-01	Zaandam (NED)	432
13.	van der Gracht Jory	87	08-021	59.44	25m	9-4-06	Purmerend (NED)	432
15.	van der Kroft Barry	82	08-021	59.60	25m	31-5-01	Heemskerk (NED)	428
16.	Jongert Sjoerd	01	08-021	59.70	25m	5-3-20	Heemskerk (NED)	426
17.	Verbree John	61	08-021	59.80	25m	16-11-80	Haarlem (NED)	424
18.	Kuilman Joris	80	08-021	59.89	25m	12-12-99	Heemskerk (NED)	422
19.	Stins Arnold	83	08-021	59.90	25m	28-2-02	Heemskerk	422
20.	Hermans Luuk	85	08-021	59.94	25m	31-10-04	Zuidoostbeemster (NED)	421
21.	Glorie Daan	88	08-021	1:00.06	25m	29-3-07	Heemskerk (NED)	418
22.	Kramer Vincent	82	08-021	1:00.16	25m	15-4-01	Haarlem (NED)	416
23.	Tijms Stefan	93	08-021	1:01.26	25m	25-11-12	Heemskerk (NED)	394
24.	Steenbergen Roderik	82	08-021	1:01.72	25m	22-2-01	Heemskerk (NED)	386
25.	Groen Jarno	01	08-021	1:01.92	25m	12-1-20	Purmerend (NED)	382

200 vrije slag

1.	Gaal Roel	01	08-021	1:59.62	25m	5-3-20	Heemskerk (NED)	573
2.	Offringa Rick	03	08-021	2:00.99	25m	21-4-22	Heemskerk (NED)	554
3.	Kleijne Barry	93	08-021	2:04.70	25m	22-3-12	Heemskerk (NED)	506
4.	Butter Martijn	79	08-021	2:05.60	25m	17-5-98	Den Helder (NED)	495
5.	Jongert Jeroen	96	08-021	2:05.70	25m	15-11-15	Purmerend (NED)	494
6.	Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoorn (NED)	480
7.	Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
7.	Crok Pieter	91	08-021	2:09.30	25m	27-2-10	Hoorn (NED)	453
9.	de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
10.	Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
11.	Oudendijk Paul	81	08-021	2:11.61	25m	30-11-00	Heemskerk (NED)	430
12.	Kuilman Joris	80	08-021	2:11.74	25m	21-11-99	Heemskerk (NED)	429
13.	Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
14.	Camphuijnder Jasper	05	08-021	2:12.78	25m	14-3-24	Heemskerk (NED)	419
15.	Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416
16.	Jongert Sjoerd	01	08-021	2:13.24	25m	5-3-20	Heemskerk (NED)	414

200 vrije slag (sinds 17)

17.	van der Gracht Jory	87	08-021	2:13.53	25m	12-2-06	Zaandam (NED)	412
18.	Tijms Stefan	93	08-021	2:13.67	25m	11-11-12	Schagen (NED)	410
19.	Steenbergen Roderik	82	08-021	2:15.85	25m	18-11-01	Heemskerk	391
20.	Groen Jarno	01	08-021	2:16.78	25m	5-3-20	Heemskerk (NED)	383
21.	Gaal Koen	99	08-021	2:17.68	25m	14-1-18	Purmerend (NED)	375
22.	Verbree John	61	08-021	2:19.30	25m	30-11-80	Heemskerk (NED)	363
23.	Hermans Luuk	85	08-021	2:19.93	25m	28-11-04	Heemskerk (NED)	358
24.	de Vijlder Michael	75	08-021	2:20.10	25m	17-2-94	Heemskerk	356
25.	van Rookhuizen Barry	82	08-021	2:20.79	25m	18-11-01	Heemskerk	351

250 vrije slag

300 vrije slag

1.	Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
2.	Kleijne Barry	93	08-021	3:31.56	25m	8-4-12	Haarlem (NED)	399
3.	Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoorn (NED)	398
4.	van der Gracht Jory	87	08-021	3:38.09	25m	18-5-06	Heemskerk (NED)	364
5.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307

400 vrije slag

1.	Butter Martijn	79	08-021	4:25.20	25m	19-3-98	Heemskerk (NED)	512
2.	Offringa Rick	03	08-021	4:25.88	25m	21-5-22	Hoofddorp (NED)	508
3.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
4.	Crok Pieter	91	08-021	4:40.32	25m	4-4-10	Haarlem (NED)	434
5.	Jongert Jeroen	96	08-021	4:40.74	25m	4-10-15	Purmerend (NED)	432
6.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
7.	Kleijne Barry	93	08-021	4:42.63	25m	8-4-12	Haarlem (NED)	423
8.	Stins Arnold	83	08-021	4:44.57	25m	30-5-02	Heemskerk	414
9.	Oudendijk Paul	81	08-021	4:46.90	25m	25-5-00	Heemskerk (NED)	404
10.	Hogenstijn Peter	84	08-021	4:47.99	25m	12-6-03	Heemskerk	400
11.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
12.	van der Gracht Jory	87	08-021	4:51.35	25m	18-5-06	Heemskerk (NED)	386
13.	de Vijlder Michael	75	08-021	4:57.80	25m	20-11-94	Wormerveer (NED)	362
14.	Verbree John	61	08-021	5:08.10	25m	28-9-80	Zaandam (NED)	326
15.	Hermans Luuk	85	08-021	5:09.10	25m	29-4-04	Heemskerk (NED)	323
16.	Wassenaar Marcel	69	08-021	5:11.20	25m	6-10-88	Heemskerk (NED)	317
17.	Stam Daniël	79	08-021	5:11.90	25m	19-3-98	Heemskerk (NED)	315
18.	van Rookhuizen Barry	82	08-021	5:12.77	25m	31-5-01	Heemskerk (NED)	312
19.	Tamis Thijs	82	08-021	5:13.25	25m	4-11-01	Heemskerk	311
20.	Bal Chester	78	08-021	5:15.10	25m	2-3-97	Haarlem (NED)	305
21.	Steenbergen Roderik	82	08-021	5:16.03	25m	16-9-01	Zaandam (NED)	302
22.	Pover Peter	69	08-021	5:18.60	25m	6-10-88	Heemskerk (NED)	295
23.	Beentjes Bastiaan	78	08-021	5:18.90	25m	2-3-97	Haarlem (NED)	294
24.	Zwaan Bas	76	08-021	5:28.30	25m	18-5-95	Heemskerk (NED)	270
25.	Kramer Vincent	82	08-021	5:28.89	25m	16-9-01	Zaandam (NED)	268

500 vrije slag

800 vrije slag

1.	Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
2.	Butter Martijn	79	08-021	9:20.30	25m	22-2-98	Zaandam (NED)	495
3.	Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
4.	Oudendijk Paul	81	08-021	9:55.73	25m	15-10-00	Alkmaar (NED)	412
5.	Tamis Thijs	82	08-021	10:29.12	25m	16-9-01	Zaandam (NED)	350
6.	van der Gracht Jory	87	08-021	10:30.32	25m	22-10-06	Zaandam (NED)	348
7.	Steenbergen Roderik	82	08-021	10:44.43	25m	16-9-01	Zaandam (NED)	325
8.	Hermans Luuk	85	08-021	11:23.20	25m	17-10-04	Zaandam (NED)	273
9.	Kramer Vincent	82	08-021	11:29.12	25m	16-9-01	Zaandam (NED)	266

1000 vrije slag

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	17:37.40	25m	22-2-98	Zaandam (NED)	515
2.	Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
3.	Oudendijk Paul	81	08-021	19:15.33	25m	23-1-00	Heemskerk (NED)	395
4.	Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
5.	Stins Arnold	83	08-021	19:53.59	25m	1-12-02	Heemskerk	358
6.	de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
7.	Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
8.	van der Gracht Jory	87	08-021	20:05.87	25m	29-1-06	Zaandam (NED)	347
9.	Kramer Vincent	82	08-021	22:01.48	25m	11-2-01	Zaandam (NED)	264

2000 vrije slag

1.	Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
2.	Stins Arnold	83	08-021	25:37.89	25m	10-2-02	Zaandam	397
3.	Oudendijk Paul	81	08-021	25:58.90	25m	5-3-00	Zaandam (NED)	381
4.	Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
5.	van der Gracht Jory	87	08-021	26:48.15	25m	29-1-06	Zaandam (NED)	347
6.	Kramer Vincent	82	08-021	29:25.16	25m	11-2-01	Zaandam (NED)	262

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2.	Schaaper Hans	68	08-021	14.50	25m	17-12-87	Heemskerk (NED)	364
3.	Oudendijk Paul	81	08-021	14.74	25m	17-2-00	Heemskerk (NED)	347
4.	Butter Martijn	79	08-021	15.20	25m	15-1-98	Heemskerk (NED)	316
5.	Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
5.	Steenbergen Roderik	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
7.	Kuilman Joris	80	08-021	15.57	25m	25-3-99	Heemskerk (NED)	294
8.	van der Kroft Barry	82	08-021	15.72	25m	22-2-01	Heemskerk (NED)	286
9.	Bal Chester	78	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
10.	Kramer Vincent	82	08-021	15.86	25m	22-2-01	Heemskerk (NED)	278
11.	Glorie Daan	88	08-021	16.12	25m	19-4-07	Heemskerk (NED)	265
12.	van Rookhuizen Barry	82	08-021	16.44	25m	22-2-01	Heemskerk (NED)	250
13.	van der Gracht Jory	87	08-021	16.59	25m	27-4-06	Heemskerk	243
14.	Zwaan Bas	76	08-021	17.20	25m	16-3-95	Heemskerk (NED)	218
14.	Zonneveld Jeroen	78	08-021	17.20	25m	13-2-97	Heemskerk (NED)	218
16.	Stam Daniël	79	08-021	18.10	25m	15-1-98	Heemskerk (NED)	187
17.	Beentjes Bastiaan	78	08-021	18.20	25m	13-2-97	Heemskerk (NED)	184

50 rugslag

1.	Kleijne Barry	93	08-021	28.80	25m	9-4-12	Haarlem (NED)	459
2.	Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
3.	Jongert Jeroen	96	08-021	29.14	25m	4-10-15	Purmerend (NED)	443
4.	de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
5.	Oudendijk Paul	81	08-021	30.40	25m	27-1-00	Heemskerk (NED)	390
6.	Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
7.	Camphuijnder Jasper	05	08-021	30.54	25m	27-10-24	Zaandam (NED)	385
8.	Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
9.	Hermans Luuk	85	08-021	31.21	25m	25-1-04	Zaandam	360
9.	Gaal Koen	99	08-021	31.21	25m	15-2-18	Heemskerk (NED)	360
11.	Steenbergen Roderik	82	08-021	31.68	25m	25-1-01	Heemskerk (NED)	345
12.	Butter Martijn	79	08-021	31.70	25m	18-1-98	Zuidoost Beemster (NED)	344
13.	Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334
14.	Meijer Arno	75	08-021	32.20	25m	17-2-94	Heemskerk	328
15.	Tamis Thijs	82	08-021	32.88	25m	25-1-01	Heemskerk (NED)	308
16.	Kramer Vincent	82	08-021	32.91	25m	25-1-01	Heemskerk (NED)	307
17.	van der Kroft Barry	82	08-021	32.95	25m	25-1-01	Heemskerk (NED)	306
18.	Stins Arnold	83	08-021	33.12	25m	31-10-02	Heemskerk	301
19.	Kuilman Joris	80	08-021	33.14	25m	14-11-99	Zaandam (NED)	301
20.	Essers Tim	88	08-021	33.45	25m	30-9-07	Volendam (NED)	293
21.	Groen Jarno	01	08-021	33.56	25m	4-10-20	Heemskerk (NED)	290
22.	de Ruijter René	86	08-021	33.87	25m	11-12-05	IJmuiden (NED)	282
23.	Verbree John	61	08-021	34.10	25m	22-11-80	Heemskerk (NED)	276
24.	van Rookhuizen Barry	82	08-021	34.19	25m	25-1-01	Heemskerk (NED)	274
25.	van der Gracht Jory	87	08-021	34.43	25m	19-10-06	Heemskerk	268

100 rugslag

1.	Jongert Jeroen	96	08-021	1:01.45	25m	10-12-15	Heemskerk (NED)	503
2.	Kleijne Barry	93	08-021	1:01.84	25m	11-3-12	Zaandam (NED)	494
3.	Offringa Rick	03	08-021	1:02.83	25m	13-3-22	Den Helder (NED)	471
4.	Oudendijk Paul	81	08-021	1:05.02	25m	24-4-00	Haarlem (NED)	425
5.	Camphuijnder Jasper	05	08-021	1:05.44	25m	24-10-24	Heemskerk (NED)	417
6.	Butter Martijn	79	08-021	1:07.10	25m	12-2-98	Heemskerk (NED)	387
7.	Steenbergen Roderik	82	08-021	1:07.18	25m	18-11-01	Heemskerk	385
8.	de Wit Stephen	93	08-021	1:07.33	25m	11-3-12	Zaandam (NED)	383
9.	Gaal Koen	99	08-021	1:07.73	25m	18-3-18	Purmerend (NED)	376
10.	Crok Pieter	91	08-021	1:08.14	25m	4-4-10	Haarlem (NED)	369
11.	Hermans Luuk	85	08-021	1:08.94	25m	18-4-04	Zaandam (NED)	356
12.	Hogenstijn Peter	84	08-021	1:09.16	25m	24-4-03	Heemskerk	353
13.	Schaaper Hans	68	08-021	1:09.20	25m	8-3-87	Zaandam (NED)	352
14.	Kuilman Joris	80	08-021	1:09.76	25m	28-1-99	Heemskerk (NED)	344
15.	Meijer Arno	75	08-021	1:10.40	25m	11-12-94	Heemskerk (NED)	335
15.	Kramer Vincent	82	08-021	1:10.40	25m	16-4-01	Haarlem (NED)	335
17.	Gaal Roel	01	08-021	1:11.30	25m	12-1-20	Purmerend (NED)	322
18.	Stins Arnold	83	08-021	1:11.36	25m	17-11-02	Heemskerk	321
19.	Tamis Thijs	82	08-021	1:11.54	25m	18-11-01	Heemskerk	319
20.	Kranenburg Fred	63	08-021	1:12.30	25m	7-2-82		309
21.	van der Kroft Barry	82	08-021	1:12.66	25m	26-4-01	Heemskerk (NED)	304
22.	Wolf Gert Jan	65	08-021	1:12.90	25m	12-2-84	Heemskerk (NED)	301
23.	de Vijlder Michael	75	08-021	1:13.00	25m	11-12-94	Heemskerk (NED)	300
24.	Essers Tim	88	08-021	1:13.13	25m	18-3-07	Heemskerk (NED)	298
25.	Pover Peter	69	08-021	1:13.40	25m	17-9-88		295

200 rugslag

1.	Kleijne Barry	93	08-021	2:13.75	25m	27-5-12	Purmerend (NED)	492
2.	Oudendijk Paul	81	08-021	2:19.06	25m	12-3-00	Heemskerk (NED)	438
3.	Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
4.	Butter Martijn	79	08-021	2:23.10	25m	24-5-98	Zaandam (NED)	402
5.	Gaal Koen	99	08-021	2:26.96	25m	4-2-18	Purmerend (NED)	371
6.	Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
7.	Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
8.	Stins Arnold	83	08-021	2:30.53	25m	10-3-02	Heemskerk	345
9.	Essers Tim	88	08-021	2:31.11	25m	18-3-07	Heemskerk (NED)	341
10.	Meijer Arno	75	08-021	2:31.80	25m	20-10-94	Heemskerk (NED)	336
11.	Tamis Thijs	82	08-021	2:33.00	25m	11-3-01	Zaandam (NED)	329
12.	Schaaper Hans	68	08-021	2:33.40	25m	22-3-87	Heerhugowaard (NED)	326
13.	Steenbergen Roderik	82	08-021	2:34.16	25m	14-1-01	Heemskerk (NED)	321
14.	Kuilman Joris	80	08-021	2:34.32	25m	16-12-99	Heemskerk	320
15.	Glorie Daan	88	08-021	2:35.91	25m	25-1-07	Heemskerk (NED)	310
16.	Crok Pieter	91	08-021	2:36.17	25m	14-11-10	Castricum (NED)	309
17.	Groen Jarno	01	08-021	2:37.04	25m	12-1-20	Purmerend (NED)	304
18.	van der Kroft Barry	82	08-021	2:39.61	25m	11-3-01	Zaandam (NED)	289
19.	van der Gracht Jory	87	08-021	2:41.00	25m	19-3-06	Heemskerk (NED)	282
20.	Kranenburg Fred	63	08-021	2:42.00	25m	24-1-82		277
21.	de Vijlder Michael	75	08-021	2:44.20	25m	19-10-94		266
22.	Pover Peter	69	08-021	2:45.90	25m	7-2-88	Heemskerk (NED)	258
23.	Dijkstra Menno	68	08-021	2:46.80	25m	22-3-87	Heerhugowaard (NED)	253
23.	Zwaan Bas	76	08-021	2:46.80	25m	5-3-95	Heemskerk (NED)	253
25.	Beentjes Bastiaan	78	08-021	2:47.20	25m	6-4-97	Heemskerk (NED)	252

500 rugslag

25 schoolslag

1.	Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
2.	Oudendijk Paul	81	08-021	14.91	25m	17-2-00	Heemskerk (NED)	473
3.	Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
4.	Schaaper Hans	68	08-021	16.00	25m	17-12-87	Heemskerk (NED)	383
5.	Beentjes Bastiaan	78	08-021	16.10	25m	13-3-97	Heemskerk (NED)	375
6.	Kuilman Joris	80	08-021	16.24	25m	25-3-99	Heemskerk (NED)	366
7.	van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
8.	Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
9.	van Rookhuizen Barry	82	08-021	16.66	25m	22-2-01	Heemskerk (NED)	339
10.	Glorie Daan	88	08-021	16.71	25m	19-4-07	Heemskerk (NED)	336
11.	van der Gracht Jory	87	08-021	17.15	25m	27-4-06	Heemskerk	311
12.	Steenbergen Roderik	82	08-021	17.41	25m	22-2-01	Heemskerk (NED)	297
13.	Kramer Vincent	82	08-021	17.59	25m	22-2-01	Heemskerk (NED)	288
14.	Andeweg Celedonio	76	08-021	17.80	25m	27-4-95	Heemskerk (NED)	278
15.	Stam Daniël	79	08-021	18.30	25m	19-3-98	Heemskerk (NED)	256
16.	Essers Tim	88	08-021	18.38	25m	19-4-07	Heemskerk (NED)	252
17.	Zonneveld Jeroen	78	08-021	18.50	25m	13-3-97	Heemskerk (NED)	247
18.	Bal Chester	78	08-021	19.10	25m	13-3-97	Heemskerk (NED)	225

50 schoolslag

1.	Offringa Rick	03	08-021	31.16	25m	20-11-22	Den Helder (NED)	532
2.	Oudendijk Paul	81	08-021	33.00	25m	14-12-00	Heemskerk (NED)	447
3.	Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
4.	Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
5.	Palmboom Pascal	89	08-021	34.65	25m	31-1-08	Heemskerk (NED)	386
6.	Jongert Jeroen	96	08-021	34.91	25m	6-9-15	Zaandam (NED)	378
7.	Kleijne Barry	93	08-021	35.04	25m	30-9-12	Heemskerk (NED)	374
8.	Kuilman Joris	80	08-021	35.09	25m	16-12-99	Heemskerk	372
9.	Tamis Thijs	82	08-021	35.28	25m	18-3-01	Zaandam (NED)	366
10.	Meijer Arno	75	08-021	35.30	25m	6-3-94	Assendelft (NED)	365
11.	Crok Pieter	91	08-021	35.63	25m	18-2-10	Heemskerk (NED)	355
12.	Beentjes Bastiaan	78	08-021	35.70	25m	5-10-97	Zaandam (NED)	353
12.	Stam Daniël	79	08-021	35.70	25m	18-1-98	Zuidoost Beemster (NED)	353
14.	de Wit Stephen	93	08-021	35.87	25m	30-9-12	Heemskerk (NED)	348
15.	Jongert Sjoerd	01	08-021	36.16	25m	8-10-20	Heemskerk (NED)	340
16.	van Rookhuizen Barry	82	08-021	36.22	25m	20-12-01	Heemskerk	338
17.	van der Kroft Barry	82	08-021	36.38	25m	20-12-01	Heemskerk	334
18.	Camphuijnder Jasper	05	08-021	36.51	25m	27-10-24	Zaandam (NED)	330
19.	Tijms Stefan	93	08-021	36.85	25m	30-9-12	Heemskerk (NED)	321
20.	Gaal Koen	99	08-021	36.93	25m	16-9-18	Alkmaar (NED)	319
21.	Stins Arnold	83	08-021	36.94	25m	28-11-02	Heemskerk	319
22.	van der Gracht Jory	87	08-021	37.07	25m	23-4-06	Zaandam (NED)	316
23.	Gaal Roel	01	08-021	37.20	25m	8-10-20	Heemskerk (NED)	312
24.	Wassenaar Marcel	69	08-021	37.40	25m	15-12-88	Heemskerk (NED)	307
24.	Steenbergen Roderik	82	08-021	37.40	25m	20-12-01	Heemskerk	307

100 schoolslag

1.	Offringa Rick	03	08-021	1:10.09	25m	6-11-22	Alkmaar (NED)	499
2.	Oudendijk Paul	81	08-021	1:14.52	25m	12-3-00	Heemskerk (NED)	415
3.	Hogenstijn Peter	84	08-021	1:14.63	25m	16-3-03	Heemskerk	413
4.	Jongert Sjoerd	01	08-021	1:15.91	25m	8-10-20	Heemskerk (NED)	393
5.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
6.	Meijer Arno	75	08-021	1:17.20	25m	17-3-94	Heemskerk	373
7.	Crok Pieter	91	08-021	1:17.65	25m	30-9-10	Heemskerk (NED)	367
8.	Kuilman Joris	80	08-021	1:18.38	25m	28-1-99	Heemskerk (NED)	357
9.	Hermans Luuk	85	08-021	1:18.99	25m	3-10-04	Heemskerk (NED)	348
10.	Stins Arnold	83	08-021	1:19.01	25m	28-3-02	Heemskerk	348
11.	Jongert Jeroen	96	08-021	1:19.09	25m	24-9-15	Heemskerk (NED)	347
12.	Gaal Roel	01	08-021	1:19.27	25m	4-10-20	Heemskerk (NED)	345
13.	Beentjes Bastiaan	78	08-021	1:19.70	25m	30-8-97	Assendelft (NED)	339
14.	Palmboom Pascal	89	08-021	1:19.84	25m	17-2-08	Zaandam (NED)	337
15.	Korzelius Ron	65	08-021	1:20.10	25m	28-10-84	Egmond (NED)	334
15.	Stam Daniël	79	08-021	1:20.10	25m	15-1-98	Heemskerk (NED)	334
17.	van der Gracht Jory	87	08-021	1:20.16	25m	16-2-06	Heemskerk (NED)	333
18.	Steenbergen Roderik	82	08-021	1:21.02	25m	7-10-01	Zaandam (NED)	323
19.	Kranenburg Fred	63	08-021	1:21.30	25m	14-3-82		320
20.	Gaal Koen	99	08-021	1:21.31	25m	11-10-18	Heemskerk (NED)	319
21.	van der Kroft Barry	82	08-021	1:21.59	25m	16-4-01	Haarlem (NED)	316
22.	Tijms Stefan	93	08-021	1:21.63	25m	11-10-12	Heemskerk (NED)	316
23.	Andeweg Celedonio	76	08-021	1:21.80	25m	5-2-95	Assendelft (NED)	314
24.	de Wit Stephen	93	08-021	1:22.51	25m	11-10-12	Heemskerk (NED)	306
25.	Butter Martijn	79	08-021	1:23.10	25m	13-4-98	Haarlem (NED)	299

200 schoolslag

1.	Offringa Rick	03	08-021	2:29.61	25m	6-11-22	Alkmaar (NED)	521
2.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
3.	Oudendijk Paul	81	08-021	2:42.39	25m	27-1-00	Heemskerk (NED)	407
4.	Hogenstijn Peter	84	08-021	2:46.55	25m	19-1-03	Zaandam	378
5.	Meijer Arno	75	08-021	2:47.70	25m	24-11-94	Heemskerk (NED)	370
6.	Glorie Daan	88	08-021	2:49.10	25m	14-1-07	Amsterdam (NED)	361
7.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
8.	Crok Pieter	91	08-021	2:52.21	25m	25-3-10	Heemskerk (NED)	342
9.	Kuilman Joris	80	08-021	2:54.06	25m	7-3-99	Zaandam (NED)	331
10.	van der Gracht Jory	87	08-021	2:54.86	25m	15-1-06	Zaandam (NED)	326
11.	Beentjes Bastiaan	78	08-021	2:55.00	25m	9-10-97	Heemskerk (NED)	325
12.	Hermans Luuk	85	08-021	2:56.52	25m	28-10-04	Heemskerk (NED)	317
13.	Steenbergen Roderik	82	08-021	2:56.77	25m	25-1-01	Heemskerk (NED)	316
14.	Jongert Sjoerd	01	08-021	2:57.08	25m	12-1-20	Purmerend (NED)	314
15.	Tijms Stefan	93	08-021	2:57.26	25m	27-5-12	Purmerend (NED)	313
16.	van der Kroft Barry	82	08-021	2:57.66	25m	25-1-01	Heemskerk (NED)	311
17.	Butter Martijn	79	08-021	2:58.00	25m	8-3-98	Zaandam (NED)	309
18.	Schaaper Hans	68	08-021	2:58.40	25m	15-3-87	Heemskerk (NED)	307
19.	Stins Arnold	83	08-021	2:58.93	25m	13-1-02	Zaandam	304
20.	van Rookhuizen Barry	82	08-021	2:59.81	25m	25-1-01	Heemskerk (NED)	300
21.	Gaal Koen	99	08-021	3:00.40	25m	4-2-18	Purmerend (NED)	297
22.	Stam Daniël	79	08-021	3:01.90	25m	8-3-98	Zaandam (NED)	290
23.	Kranenburg Fred	63	08-021	3:05.60	25m	21-3-82		273
24.	Zwaan Bas	76	08-021	3:06.50	25m	26-3-95	Wormerveer (NED)	269
25.	Andeweg Celedonio	76	08-021	3:06.60	25m	15-6-95	Heemskerk (NED)	268

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2.	van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
3.	Kuilman Joris	80	08-021	13.31	25m	25-3-99	Heemskerk (NED)	411
4.	Schaaper Hans	68	08-021	13.40	25m	17-12-87	Heemskerk (NED)	403
5.	Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
6.	van der Gracht Jory	87	08-021	13.68	25m	27-4-06	Heemskerk	379
7.	Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
8.	Glorie Daan	88	08-021	13.95	25m	19-4-07	Heemskerk (NED)	357
9.	Butter Martijn	79	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
10.	Essers Tim	88	08-021	14.16	25m	19-4-07	Heemskerk (NED)	341
11.	van Rookhuizen Barry	82	08-021	14.17	25m	29-3-01	Heemskerk (NED)	341
12.	Krijger Jan-Willem	81	08-021	14.48	25m	4-5-00	Heemskerk (NED)	319
13.	Zwaan Bas	76	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
14.	Stam Daniël	79	08-021	14.70	25m	15-1-98	Heemskerk (NED)	305
15.	Oudendijk Paul	81	08-021	14.90	25m	4-5-00	Heemskerk (NED)	293
16.	Tap Ben	69	08-021	15.00	25m	22-3-88	Heemskerk (NED)	287
17.	Zonneveld Jeroen	78	08-021	15.40	25m	13-2-97	Heemskerk (NED)	265
18.	Beentjes Bastiaan	78	08-021	16.20	25m	13-2-97	Heemskerk (NED)	228
19.	Bal Chester	78	08-021	16.30	25m	13-2-97	Heemskerk (NED)	224

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.92	25m	10-12-15	Heemskerk (NED)	531
2.	Kleijne Barry	93	08-021	27.55	25m	19-2-12	Purmerend (NED)	495
3.	Camphuijnder Jasper	05	08-021	27.61	25m	24-10-24	Heemskerk (NED)	492
4.	Offringa Rick	03	08-021	27.72	25m	24-4-22	Den Helder (NED)	486
5.	Jongert Sjoerd	01	08-021	29.07	25m	12-1-20	Purmerend (NED)	421
6.	van der Gracht Jory	87	08-021	29.40	25m	14-12-06	Heemskerk (NED)	407
7.	Crok Pieter	91	08-021	29.66	25m	25-3-10	Heemskerk (NED)	397
8.	Kuilman Joris	80	08-021	29.79	25m	25-11-99	Heemskerk	391
9.	Gaal Roel	01	08-021	30.00	25m	30-1-20	Heemskerk (NED)	383
10.	Meijer Arno	75	08-021	30.30	25m	24-11-94	Heemskerk (NED)	372
11.	Butter Martijn	79	08-021	30.40	25m	18-1-98	Zuidoost Beemster (NED)	368
12.	de Wit Stephen	93	08-021	30.44	25m	13-12-12	Heemskerk (NED)	367
13.	Stins Arnold	83	08-021	30.80	25m	31-1-02	Heemskerk	354
14.	Verbree John	61	08-021	30.90	25m	8-11-80	Heemskerk (NED)	351
15.	Schaaper Hans	68	08-021	31.00	25m	21-5-87	Heemskerk (NED)	347
16.	Hermans Luuk	85	08-021	31.08	25m	4-4-04	Zaandam	345
17.	Hagebout Marcel	68	08-021	31.20	25m	21-5-87	Heemskerk (NED)	341
18.	Schoonakker Mick	07	08-021	31.76	25m	8-2-26	Purmerend (NED)	323
19.	Hoenink Jarl	86	08-021	31.91	25m	26-5-05	Heemskerk (NED)	318
20.	Palmboom Pascal	89	08-021	32.06	25m	30-10-08	Heemskerk (NED)	314
21.	Pover Peter	69	08-021	32.10	25m	14-12-88		313
22.	de Ruijter René	86	08-021	32.16	25m	11-12-05	IJmuiden (NED)	311
23.	Groen Jarno	01	08-021	32.47	25m	30-1-20	Heemskerk (NED)	302
24.	Korzelius Ron	65	08-021	32.50	25m	28-10-84	Egmond (NED)	301
25.	Tijms Stefan	93	08-021	32.54	25m	13-12-12	Heemskerk (NED)	300

100 vlinderslag

1.	Jongert Jeroen	96	08-021	1:00.39	25m	29-11-15	Heemskerk (NED)	504
2.	Offringa Rick	03	08-021	1:00.95	25m	22-5-22	Hoofddorp (NED)	490
3.	Kleijne Barry	93	08-021	1:02.46	25m	11-3-12	Zaandam (NED)	456
4.	Camphuijnder Jasper	05	08-021	1:02.72	25m	16-11-24	Hoofddorp (NED)	450
5.	Hogenstijn Peter	84	08-021	1:04.21	25m	27-3-03	Heemskerk	419
6.	Glorie Daan	88	08-021	1:04.59	25m	14-1-07	Amsterdam (NED)	412
7.	van der Gracht Jory	87	08-021	1:06.41	25m	12-2-06	Zaandam (NED)	379
8.	Gaal Roel	01	08-021	1:06.80	25m	30-1-20	Heemskerk (NED)	372
9.	Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
10.	Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
11.	Butter Martijn	79	08-021	1:07.70	25m	8-3-98	Zaandam (NED)	358
12.	Meijer Arno	75	08-021	1:07.80	25m	2-6-94	Heemskerk (NED)	356
13.	Kuilman Joris	80	08-021	1:07.87	25m	22-4-99	Heemskerk (NED)	355
14.	Kramer Vincent	82	08-021	1:09.12	25m	22-2-01	Heemskerk (NED)	336
15.	de Wit Stephen	93	08-021	1:09.19	25m	11-3-12	Zaandam (NED)	335
16.	van Rookhuizen Barry	82	08-021	1:09.84	25m	14-1-01	Heemskerk (NED)	326
17.	Tamis Thijs	82	08-021	1:10.44	25m	22-2-01	Heemskerk (NED)	318
18.	Essers Tim	88	08-021	1:10.91	25m	29-3-07	Heemskerk (NED)	311
19.	Schaaper Hans	68	08-021	1:11.00	25m	4-10-87	Zaandam (NED)	310
20.	Kranenburg Fred	63	08-021	1:12.40	25m	21-3-82		292
21.	Groen Jarno	01	08-021	1:12.87	25m	30-1-20	Heemskerk (NED)	287
22.	Pover Peter	69	08-021	1:13.80	25m	19-5-88	Heemskerk (NED)	276
23.	de Vijlder Michael	75	08-021	1:14.50	25m	13-3-94	Wormerveer (NED)	268
24.	Oudendijk Paul	81	08-021	1:14.77	25m	23-4-00	Haarlem (NED)	265
25.	Korzelius Ron	65	08-021	1:14.80	25m	23-9-84	Heemskerk (NED)	265

200 vlinderslag

1.	Glorie Daan	88	08-021	2:22.13	25m	29-4-07	Alkmaar (NED)	445
2.	Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
3.	van der Gracht Jory	87	08-021	2:32.15	25m	30-11-06	Heemskerk	363
4.	Stins Arnold	83	08-021	2:36.03	25m	17-3-02	Zaandam	336
5.	Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
6.	van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
7.	Camphuijnder Jasper	05	08-021	2:45.14	25m	10-3-24	Purmerend (NED)	284
8.	Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
9.	Crok Pieter	91	08-021	2:54.98	25m	18-2-10	Heemskerk (NED)	238
10.	Steenbergen Roderik	82	08-021	2:56.86	25m	20-12-01	Heemskerk	231
11.	van der Kroft Barry	82	08-021	3:04.36	25m	20-12-01	Heemskerk	204
12.	Kramer Vincent	82	08-021	3:07.07	25m	26-4-01	Heemskerk (NED)	195

1000 vlinderslag

75 wisselslag

100 wisselslag

1.	Offringa Rick	03	08-021	1:01.18	25m	2-10-22	Den Helder (NED)	555
2.	Jongert Jeroen	96	08-021	1:03.02	25m	4-10-15	Purmerend (NED)	508
3.	Kleijne Barry	93	08-021	1:04.34	25m	30-9-12	Heemskerk (NED)	477
4.	Camphuijnder Jasper	05	08-021	1:07.04	25m	27-10-24	Zaandam (NED)	422
5.	de Wit Stephen	93	08-021	1:07.98	25m	30-9-12	Heemskerk (NED)	405
6.	Meijer Arno	75	08-021	1:08.00	25m	27-11-94	Alkmaar (NED)	404
7.	Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404
8.	Oudendijk Paul	81	08-021	1:08.52	25m	10-12-00	Heemskerk (NED)	395
9.	Glorie Daan	88	08-021	1:08.65	25m	19-4-07	Heemskerk (NED)	393
10.	Hermans Luuk	85	08-021	1:09.21	25m	7-11-04	IJmuiden (NED)	383
11.	Stins Arnold	83	08-021	1:09.28	25m	26-9-02	Heemskerk	382
12.	Schaaper Hans	68	08-021	1:09.40	25m	15-3-87	Heemskerk (NED)	380
13.	van der Gracht Jory	87	08-021	1:09.60	25m	23-4-06	Zaandam (NED)	377
14.	Kramer Vincent	82	08-021	1:10.14	25m	26-4-01	Heemskerk (NED)	368
15.	Crok Pieter	91	08-021	1:10.33	25m	3-10-10	Zaandam (NED)	365
16.	Gaal Koen	99	08-021	1:10.34	25m	17-5-18	Heemskerk (NED)	365
17.	Tamis Thijs	82	08-021	1:10.84	25m	27-9-01	Heemskerk	357
18.	Essers Tim	88	08-021	1:10.85	25m	30-9-07	Volendam (NED)	357
19.	Steenbergen Roderik	82	08-021	1:11.82	25m	27-9-01	Heemskerk	343
20.	Tijms Stefan	93	08-021	1:12.03	25m	28-5-12	Purmerend (NED)	340
21.	Dijkstra Menno	68	08-021	1:12.20	25m	15-3-87	Heemskerk (NED)	338
21.	Pover Peter	69	08-021	1:12.20	25m	31-12-88		338
23.	van Rookhuizen Barry	82	08-021	1:12.65	25m	27-9-01	Heemskerk	331
24.	Verbree John	61	08-021	1:13.20	25m	31-5-80	Heemskerk (NED)	324
25.	Palmboom Pascal	89	08-021	1:14.35	25m	5-10-08	Heemskerk (NED)	309

150 wisselslag

200 wisselslag

1.	Offringa Rick	03	08-021	2:13.34	25m	23-10-22	Hoofddorp (NED)	555
2.	Jongert Jeroen	96	08-021	2:20.13	25m	15-11-15	Purmerend (NED)	478
3.	Kleijne Barry	93	08-021	2:24.11	25m	26-4-12	Heemskerk (NED)	440
4.	Butter Martijn	79	08-021	2:26.90	25m	7-5-98	Heemskerk (NED)	415
5.	Meijer Arno	75	08-021	2:27.10	25m	20-1-94	Heemskerk	413
6.	Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
7.	Oudendijk Paul	81	08-021	2:28.18	25m	26-10-00	Heemskerk (NED)	404
8.	de Wit Stephen	93	08-021	2:28.41	25m	26-4-12	Heemskerk (NED)	403
9.	Crok Pieter	91	08-021	2:29.46	25m	11-4-10	Zaandam (NED)	394
10.	Kuilman Joris	80	08-021	2:30.04	25m	20-5-99	Heemskerk (NED)	390
11.	Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387
12.	Glorie Daan	88	08-021	2:31.01	25m	18-3-07	Heemskerk (NED)	382
13.	Tamis Thijs	82	08-021	2:31.06	25m	31-5-01	Heemskerk (NED)	382
14.	Gaal Koen	99	08-021	2:33.78	25m	14-1-18	Purmerend (NED)	362
15.	van der Gracht Jory	87	08-021	2:34.05	25m	22-10-06	Zaandam (NED)	360
16.	Steenbergen Roderik	82	08-021	2:34.48	25m	16-9-01	Zaandam (NED)	357
17.	Hermans Luuk	85	08-021	2:35.07	25m	17-10-04	Zaandam (NED)	353
18.	Pover Peter	69	08-021	2:36.60	25m	7-2-88	Heemskerk (NED)	343
19.	Kramer Vincent	82	08-021	2:37.08	25m	16-9-01	Zaandam (NED)	339
20.	Verbree John	61	08-021	2:38.80	25m	21-9-80	Heemskerk (NED)	329
21.	van der Kroft Barry	82	08-021	2:39.04	25m	25-10-01	Heemskerk	327
22.	Tijms Stefan	93	08-021	2:39.68	25m	26-4-12	Heemskerk (NED)	323
23.	de Vijlder Michael	75	08-021	2:40.20	25m	6-2-94	Wormerveer (NED)	320
24.	Zwaan Bas	76	08-021	2:42.70	25m	23-4-95	Castricum (NED)	305
25.	Essers Tim	88	08-021	2:42.80	25m	25-11-07	Amsterdam (NED)	305

300 wisselslag

1.	Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam	
2.	van der Gracht Jory	87	08-021	3:59.47	25m	12-1-06	Heemskerk (NED)	
3.	Kramer Vincent	82	08-021	4:22.66	25m	23-12-01	Amsterdam	

400 wisselslag

1.	Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2.	Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
3.	Butter Martijn	79	08-021	5:11.50	25m	29-3-98	Heemstede (NED)	432
4.	Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
5.	Stins Arnold	83	08-021	5:21.26	25m	24-2-02	Heemskerk	393
6.	Oudendijk Paul	81	08-021	5:24.83	25m	30-3-00	Heemskerk (NED)	381
7.	Meijer Arno	75	08-021	5:26.40	25m	6-3-94	Assendelft (NED)	375
8.	Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
9.	Steenbergen Roderik	82	08-021	5:43.62	25m	25-2-01	Heemskerk (NED)	321
10.	Kramer Vincent	82	08-021	5:54.06	25m	25-2-01	Heemskerk (NED)	294
11.	Stam Daniël	79	08-021	5:55.40	25m	29-3-98	Heemstede (NED)	290
12.	Zwaan Bas	76	08-021	6:09.40	25m	8-6-95	Heemskerk (NED)	259
13.	Blaauw Xam	07	08-021	6:17.96	25m	8-11-26	Purmerend (NED)	241
14.	Windmuller Ton	62	08-021	6:28.50	25m	5-4-81	Heemskerk (NED)	222