18 jaar, Heren, Korte baan (25m) 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
2.	Meijer Arno	75	08-021	12.30	25m	17-6-93	Heemskerk (NED)	408
2.	Butter Martijn	79	08-021	12.30	25m	13-3-97	Heemskerk (NED)	408
4.	Stins Arnold	83	08-021	12.56	25m	29-3-01	Heemskerk (NED)	384
5.	van Rookhuizen Barry	82	08-021	12.63	25m	4-5-00	Heemskerk (NED)	377
6.	de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367
7.	Glorie Daan	88	08-021	12.89	25m	27-4-06	Heemskerk	355
8.	Kramer Vincent	82	08-021	13.04	25m	4-5-00	Heemskerk (NED)	343
9.	Pover Peter	69	08-021	13.10	25m	17-12-87	Heemskerk (NED)	338
10.	Steenbergen Roderik	82	08-021	13.15	25m	4-5-00	Heemskerk (NED)	334
11.	Tijms Stefan	93	08-021	13.21	25m	30-6-11	Heemskerk (NED)	330
12.	Stam Daniël	79	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
13.	Oudendijk Paul	81	08-021	13.35	25m	25-3-99	Heemskerk (NED)	319
14.	Palmboom Pascal	89	08-021	13.47	25m	19-4-07	Heemskerk (NED)	311
15.	van der Bunt Raymond	73	08-021	13.50	25m	16-5-91	Heemskerk (NED)	309
16.	Wassenaar Marcel	69	08-021	13.80	25m	17-12-87	Heemskerk (NED)	289
17.	de Boer Daniël	77	08-021	14.10	25m	27-4-95	Heemskerk (NED)	271
17.	Beentjes Bastiaan	78	08-021	14.10	25m	14-3-96	Heemskerk (NED)	271
19.	Bal Chester	78	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
20.	Krijger Jan-Willem	81	08-021	14.24	25m	25-3-99	Heemskerk (NED)	263
21.	Zonneveld Jeroen	78	08-021	14.80	25m	14-3-96	Heemskerk (NED)	234
22.	Essers Tim	88	08-021	16.67	25m	27-4-06	Heemskerk	164

50 vrije slag

1.	Gaal Roel	01	08-021	24.86	25m	24-11-19	Hoofddorp (NED)	541
2.	Kleijne Barry	93	08-021	25.42	25m	6-10-11	Heemskerk (NED)	506
3.	Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478
4.	Crok Pieter	91	08-021	26.09	25m	23-4-09	Heemskerk (NED)	468
5.	Butter Martijn	79	08-021	26.10	25m	6-11-97	Heemskerk (NED)	467
6.	Offringa Rick	03	08-021	26.13	25m	7-10-21	Heemskerk (NED)	466
7.	Camphuijnder Jasper	05	08-021	26.23	25m	25-6-23	Rotterdam (NED)	460
8.	Jongert Sjoerd	01	08-021	26.29	25m	24-11-19	Hoofddorp (NED)	457
9.	van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
10.	Meijer Arno	75	08-021	26.50	25m	11-3-93	Heemskerk (NED)	446
11.	Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
12.	Kranenburg Fred	63	08-021	26.60	25m	5-4-81	Heemskerk (NED)	441
12.	de Wit Stephen	93	08-021	26.60	25m	6-10-11	Heemskerk (NED)	441
14.	van Rookhuizen Barry	82	08-021	26.67	25m	26-10-00	Heemskerk (NED)	438

50 vrije slag (sinds 15)

14.	Oortwijn Kalle	05	08-021	26.67	25m	21-1-23	Hoofddorp (NED)	438
16.	Korzelius Ron	65	08-021	27.10	25m	11-12-83	Heemskerk (NED)	417
17.	Kuijper Alex	08	08-021	27.23	25m	12-4-26	Purmerend (NED)	411
18.	Glorie Daan	88	08-021	27.28	25m	30-12-06	Maastricht (NED)	409
19.	Verbree John	61	08-021	27.30	25m	16-12-79	(NED)	408
20.	Oudendijk Paul	81	08-021	27.38	25m	4-11-99	Heemskerk (NED)	405
21.	Palmboom Pascal	89	08-021	27.40	25m	8-4-07	Haarlem (NED)	404
22.	Stins Arnold	83	08-021	27.44	25m	18-3-01	Zaandam (NED)	402
23.	Kramer Vincent	82	08-021	27.49	25m	3-12-00	Zaandam (NED)	400
24.	de Ruijter René	86	08-021	27.67	25m	29-1-04	Heemskerk (NED)	392
25.	Gaal Koen	99	08-021	27.70	25m	9-11-17	Heemskerk (NED)	391

100 vrije slag

1.	Gaal Roel	01	08-021	54.58	25m	13-10-19	Heemskerk (NED)	558
2.	Offringa Rick	03	08-021	55.57	25m	31-10-21	Heemskerk (NED)	528
3.	Jongert Sjoerd	01	08-021	56.14	25m	24-3-19	Purmerend (NED)	512
4.	Kleijne Barry	93	08-021	56.69	25m	27-11-11	Heemskerk (NED)	498
5.	Butter Martijn	79	08-021	56.90	25m	1-5-97	Heemskerk (NED)	492
6.	Camphuijnder Jasper	05	08-021	57.02	25m	26-11-23	Hoofddorp (NED)	489
7.	Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
8.	Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
9.	Hogenstijn Peter	84	08-021	58.26	25m	8-12-02	Heemskerk	458
10.	Meijer Arno	75	08-021	58.50	25m	12-12-93	Heemskerk (NED)	453
11.	Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
12.	van de Poll Kevin	86	08-021	59.01	25m	21-3-04	Heemstede	441
13.	de Wit Stephen	93	08-021	59.02	25m	27-11-11	Heemskerk (NED)	441
14.	Di Mattia Angelo	97	08-021	59.19	25m	8-1-15	Heemskerk (NED)	437
15.	Kranenburg Fred	63	08-021	59.30	25m	19-12-81	Hilversum (NED)	435
15.	Kuilman Joris	80	08-021	59.30	25m	12-4-98	Haarlem (NED)	435
17.	van Rookhuizen Barry	82	08-021	59.72	25m	7-5-00	Zaandam (NED)	426
18.	Stins Arnold	83	08-021	1:00.09	25m	9-12-01	Heemskerk	418
19.	Oortwijn Kalle	05	08-021	1:00.13	25m	2-2-23	Heemskerk (NED)	417
20.	Steenbergen Roderik	82	08-021	1:00.14	25m	11-6-00	Haarlem (NED)	417
21.	Kramer Vincent	82	08-021	1:00.15	25m	23-4-00	Haarlem (NED)	417
22.	Kuijper Alex	08	08-021	1:00.16	25m	27-9-26	Alkmaar (NED)	416
23.	Hermans Luuk	85	08-021	1:00.36	25m	5-10-03	Heemskerk (NED)	412
24.	de Ruijter Richard	88	08-021	1:00.52	25m	19-3-06	Heemskerk (NED)	409
25.	Tijms Stefan	93	08-021	1:00.58	25m	12-6-11	Purmerend (NED)	408

200 vrije slag

1.	Gaal Roel	01	08-021	1:58.67	25m	23-11-19	Hoofddorp (NED)	587
2.	Hogenstijn Peter	84	08-021	2:04.71	25m	17-11-02	Heemskerk	505
3.	Butter Martijn	79	08-021	2:05.00	25m	26-10-97	Heemskerk (NED)	502
4.	Kleijne Barry	93	08-021	2:06.39	25m	13-11-11	Zaandam (NED)	485
5.	Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
6.	Glorie Daan	88	08-021	2:07.69	25m	12-3-06	Zaandam (NED)	471
7.	Jongert Sjoerd	01	08-021	2:09.54	25m	7-3-19	Heemskerk (NED)	451
8.	Stins Arnold	83	08-021	2:10.89	25m	18-11-01	Heemskerk	437
9.	Meijer Arno	75	08-021	2:10.90	25m	28-11-93	Heemskerk (NED)	437
10.	Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
11.	de Wit Stephen	93	08-021	2:12.53	25m	13-11-11	Zaandam (NED)	421

200 vrije slag (sinds 12)

12.	Oudendijk Paul	81	08-021	2:14.39	25m	25-11-99	Heemskerk	404
13.	Tijms Stefan	93	08-021	2:14.55	25m	12-6-11	Purmerend (NED)	402
14.	van der Gracht Jory	87	08-021	2:14.72	25m	26-5-05	Heemskerk (NED)	401
15.	Gaal Koen	99	08-021	2:14.96	25m	16-3-17	Heemskerk (NED)	399
16.	Steenbergen Roderik	82	08-021	2:15.17	25m	16-4-00	Zaandam (NED)	397
17.	Plokker Robert	65	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
18.	Korzelius Ron	65	08-021	2:15.80	25m	16-1-83	Heemskerk (NED)	391
19.	Camphuijnder Jasper	05	08-021	2:15.88	25m	30-3-23	Heemskerk (NED)	391
20.	Kranenburg Fred	63	08-021	2:16.00	25m	8-2-81	Sassenheim (NED)	390
21.	Tamis Thijs	82	08-021	2:17.44	25m	19-11-00	Zaandam (NED)	377
22.	van Rookhuizen Barry	82	08-021	2:19.00	25m	19-11-00	Zaandam (NED)	365
23.	Groen Jarno	01	08-021	2:19.17	25m	6-10-19	Purmerend (NED)	364
24.	Kramer Vincent	82	08-021	2:19.68	25m	16-4-00	Zaandam (NED)	360
25.	Kuijper Alex	08	08-021	2:19.74	25m	21-5-26	Heemskerk (NED)	359

250 vrije slag

300 vrije slag

1.	Crok Pieter	91	08-021	3:28.57	25m	12-4-09	Haarlem (NED)	416
2.	van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
3.	Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
4.	Camphuijnder Jasper	05	08-021	3:40.37	25m	1-10-23	Den Helder (NED)	353
5.	Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
6.	Kuijper Alex	08	08-021	3:50.01	25m	5-4-26	Haarlem (NED)	310
7.	Hoenink Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
8.	de Wit Matthew	97	08-021	4:12.18	25m	29-1-15	Amsterdam (NED)	235
9.	de Ruijter René	86	08-021	4:15.01	25m	29-4-04	Heemskerk (NED)	228
10.	Oortwijn Bjarne	07	08-021	4:38.38	25m	20-4-25	Haarlem (NED)	175

400 vrije slag

1.	Butter Martijn	79	08-021	4:27.90	25m	26-10-97	Heemskerk (NED)	497
2.	Hogenstijn Peter	84	08-021	4:39.39	25m	30-5-02	Heemskerk	438
3.	Crok Pieter	91	08-021	4:40.52	25m	12-4-09	Haarlem (NED)	433
4.	Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
5.	Glorie Daan	88	08-021	4:43.37	25m	15-6-06	Heemskerk (NED)	420
6.	Kleijne Barry	93	08-021	4:44.29	25m	16-10-11	Zaandam (NED)	416
7.	van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
8.	Meijer Arno	75	08-021	4:47.50	25m	17-1-93	Zaandam	402
9.	van der Gracht Jory	87	08-021	4:51.73	25m	28-4-05	Heemskerk (NED)	385
10.	Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
11.	Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
12.	Camphuijnder Jasper	05	08-021	4:53.14	25m	1-10-23	Den Helder (NED)	379
13.	Oudendijk Paul	81	08-021	4:56.29	25m	28-2-99	Zaandam (NED)	367
14.	Steenbergen Roderik	82	08-021	4:57.28	25m	25-5-00	Heemskerk (NED)	363
15.	Kranenburg Fred	63	08-021	4:57.40	25m	14-3-81	Heemskerk (NED)	363
16.	Korzelius Ron	65	08-021	5:00.40	25m	27-2-83	Assendelft (NED)	352
17.	Kuijper Alex	08	08-021	5:03.32	25m	4-10-26	Purmerend (NED)	342
18.	de Vijlder Michael	75	08-021	5:07.60	25m	30-6-93		328
19.	van Rookhuizen Barry	82	08-021	5:11.70	25m	25-5-00	Heemskerk (NED)	315
20.	Butter Joris	86	08-021	5:12.23	25m	29-4-04	Heemskerk (NED)	314
21.	Hoenink Jarl	86	08-021	5:12.66	25m	29-4-04	Heemskerk (NED)	312

400 vrije slag (sinds 22)

22.	Tamis Thijs	82	08-021	5:14.43	25m	5-11-00	Zaandam (NED)	307
23.	Kramer Vincent	82	08-021	5:16.70	25m	25-5-00	Heemskerk (NED)	301
24.	Zwaan Bas	76	08-021	5:17.50	25m	16-1-94	Heemskerk	298
25.	Andeweg Celedonio	76	08-021	5:21.00	25m	15-1-94		289

500 vrije slag

800 vrije slag

1.	Butter Martijn	79	08-021	9:17.50	25m	23-2-97	Zaandam (NED)	503
2.	Kleijne Barry	93	08-021	9:36.89	25m	16-10-11	Zaandam (NED)	454
3.	Glorie Daan	88	08-021	9:41.87	25m	22-10-06	Zaandam (NED)	442
4.	Stins Arnold	83	08-021	9:58.83	25m	16-9-01	Zaandam (NED)	406
5.	Crok Pieter	91	08-021	10:02.12	25m	1-3-09	Zaandam (NED)	399
6.	Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
7.	van der Gracht Jory	87	08-021	10:12.64	25m	1-5-05	Zaandam (NED)	379
8.	Oudendijk Paul	81	08-021	10:13.76	25m	24-10-99	Zaandam (NED)	377
9.	Steenbergen Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356
10.	Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
11.	Tamis Thijs	82	08-021	10:29.97	25m	5-11-00	Zaandam (NED)	348
12.	Tijms Stefan	93	08-021	10:48.53	25m	13-2-11	Zaandam (NED)	319
13.	Hoenink Jarl	86	08-021	11:23.35	25m	17-10-04	Zaandam (NED)	273
14.	Kramer Vincent	82	08-021	11:29.79	25m	5-11-00	Zaandam (NED)	265
15.	de Wit Matthew	97	08-021	12:17.28	25m	18-10-15	Zaandam (NED)	217

1000 vrije slag

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	17:37.40	25m	23-2-97	Zaandam (NED)	515
2.	Glorie Daan	88	08-021	18:27.32	25m	3-12-06	Zaandam (NED)	449
3.	Kleijne Barry	93	08-021	18:55.99	25m	4-12-11	Zaandam (NED)	416
4.	Crok Pieter	91	08-021	18:58.27	25m	1-3-09	Zaandam (NED)	413
5.	Stins Arnold	83	08-021	19:01.54	25m	21-1-01	Heemskerk (NED)	410
6.	Oudendijk Paul	81	08-021	19:10.20	25m	28-2-99	Zaandam (NED)	400
7.	van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
8.	Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
9.	Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
10.	Steenbergen Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
11.	Tijms Stefan	93	08-021	20:41.37	25m	13-2-11	Zaandam (NED)	318
12.	Hoenink Jarl	86	08-021	22:05.72	25m	14-11-04	Heemskerk (NED)	261

2000 vrije slag

1.	Crok Pieter	91	08-021	25:18.01	25m	1-3-09	Zaandam (NED)	413
2.	Glorie Daan	88	08-021	25:34.04	25m	29-1-06	Zaandam (NED)	400
3.	Stins Arnold	83	08-021	26:08.10	25m	11-2-01	Zaandam (NED)	374
4.	van der Gracht Jory	87	08-021	26:43.17	25m	20-3-05	Zaandam (NED)	350
5.	Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
6.	Tijms Stefan	93	08-021	27:31.52	25m	13-2-11	Zaandam (NED)	320
7.	Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Pover Peter	69	08-021	14.70	25m	17-12-87	Heemskerk (NED)	350
2.	Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
3.	Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
4.	Oudendijk Paul	81	08-021	15.39	25m	25-3-99	Heemskerk (NED)	305
5.	Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
6.	Stins Arnold	83	08-021	15.63	25m	22-2-01	Heemskerk (NED)	291
7.	Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
8.	Meijer Arno	75	08-021	15.70	25m	17-6-93	Heemskerk (NED)	287
8.	Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287
10.	de Ruijter Richard	88	08-021	15.72	25m	27-4-06	Heemskerk	286
11.	Butter Martijn	79	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
12.	van der Bunt Raymond	73	08-021	16.00	25m	16-5-91	Heemskerk (NED)	271
13.	Bal Chester	78	08-021	16.30	25m	8-2-96	Heemskerk (NED)	256
14.	Wassenaar Marcel	69	08-021	16.60	25m	17-12-87	Heemskerk (NED)	243
14.	van Rookhuizen Barry	82	08-021	16.60	25m	17-2-00	Heemskerk (NED)	243
16.	de Boer Daniël	77	08-021	16.70	25m	16-3-95	Heemskerk (NED)	238
17.	Stam Daniël	79	08-021	16.80	25m	13-2-97	Heemskerk (NED)	234
18.	Palmboom Pascal	89	08-021	16.81	25m	19-4-07	Heemskerk (NED)	234
19.	Krijger Jan-Willem	81	08-021	17.80	25m	25-3-99	Heemskerk (NED)	197
20.	Zonneveld Jeroen	78	08-021	18.00	25m	7-2-96		190

25 rugslag (sinds 21)

21.	Beentjes Bastiaan	78	08-021	18.10	25m	7-2-96		187
22.	Kerdijk Dennis	79	08-021	18.70	25m	13-2-97	Heemskerk (NED)	170
23.	de Vijlder Michael	75	08-021	18.80	25m	16-6-93		167

50 rugslag

1.	Kleijne Barry	93	08-021	29.77	25m	25-4-11	Haarlem (NED)	415
2.	de Wit Stephen	93	08-021	30.65	25m	6-11-11	Zaandam (NED)	381
3.	Gaal Roel	01	08-021	30.68	25m	15-9-19	Zaandam (NED)	379
4.	Oortwijn Kalle	05	08-021	31.12	25m	21-1-23	Hoofddorp (NED)	364
5.	Offringa Rick	03	08-021	31.26	25m	5-12-21	Den Haag (NED)	359
6.	Butter Martijn	79	08-021	31.30	25m	6-4-97	Heemskerk (NED)	357
7.	Oudendijk Paul	81	08-021	31.35	25m	14-11-99	Zaandam (NED)	356
8.	Gaal Koen	99	08-021	31.51	25m	2-2-17	Heemskerk (NED)	350
9.	Jongert Sjoerd	01	08-021	31.56	25m	24-1-19	Heemskerk (NED)	348
10.	Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344
11.	Essers Tim	88	08-021	31.78	25m	19-10-06	Heemskerk	341
12.	Steenbergen Roderik	82	08-021	31.80	25m	27-1-00	Heemskerk (NED)	341
13.	Hermans Luuk	85	08-021	31.89	25m	30-10-03	Heemskerk	338
14.	Hoenink Jarl	86	08-021	32.12	25m	25-1-04	Zaandam	331
14.	van de Poll Kevin	86	08-021	32.12	25m	22-2-04	Zuidoostbeemster (NED)	331
16.	Kranenburg Fred	63	08-021	32.30	25m	7-11-81	Heemskerk (NED)	325
17.	Kramer Vincent	82	08-021	32.56	25m	27-1-00	Heemskerk (NED)	317
18.	Kuilman Joris	80	08-021	32.58	25m	29-10-98	Heemskerk (NED)	317
19.	Kuijper Alex	08	08-021	32.67	25m	25-1-26	Purmerend (NED)	314
20.	Crok Pieter	91	08-021	32.71	25m	26-2-09	Heemskerk (NED)	313
21.	Meijer Arno	75	08-021	32.80	25m	4-2-93	Heemskerk (NED)	310
22.	Groen Jarno	01	08-021	32.81	25m	24-1-19	Heemskerk (NED)	310
23.	de Vries Allard	96	08-021	33.16	25m	30-1-14	Heemskerk (NED)	300
24.	Tijms Stefan	93	08-021	33.28	25m	27-3-11	Heemstede (NED)	297
25.	Stins Arnold	83	08-021	33.29	25m	25-1-01	Heemskerk (NED)	297

100 rugslag

1.	Kleijne Barry	93	08-021	1:03.00	25m	28-12-11	Maastricht (NED)	467
2.	Gaal Roel	01	08-021	1:05.63	25m	21-9-19	Amsterdam (NED)	413
3.	Oudendijk Paul	81	08-021	1:05.75	25m	21-11-99	Heemskerk (NED)	411
4.	de Wit Stephen	93	08-021	1:06.47	25m	17-11-11	Heemskerk (NED)	398
5.	Butter Martijn	79	08-021	1:06.50	25m	31-3-97	Haarlem (NED)	397
6.	Offringa Rick	03	08-021	1:06.52	25m	5-12-21	Den Haag (NED)	397
7.	Steenbergen Roderik	82	08-021	1:06.95	25m	4-5-00	Heemskerk (NED)	389
8.	Hogenstijn Peter	84	08-021	1:07.64	25m	8-12-02	Heemskerk	377
9.	Gaal Koen	99	08-021	1:08.05	25m	29-12-17	Leeuwarden (NED)	371
10.	Essers Tim	88	08-021	1:08.26	25m	16-2-06	Heemskerk (NED)	367
11.	Kerkhof Arno	72	08-021	1:08.50	25m	22-3-90	Heemskerk (NED)	363
12.	Crok Pieter	91	08-021	1:08.54	25m	24-9-09	Heemskerk (NED)	363
13.	Hermans Luuk	85	08-021	1:09.00	25m	9-11-03	Zaandam	355
14.	Kuijper Alex	08	08-021	1:09.29	25m	15-3-26	Heemskerk (NED)	351
15.	Kramer Vincent	82	08-021	1:09.37	25m	24-4-00	Haarlem (NED)	350
16.	Hoenink Jarl	86	08-021	1:09.49	25m	18-1-04	IJmuiden (NED)	348
17.	Kuilman Joris	80	08-021	1:09.70	25m	9-5-98	Zaandam (NED)	345
18.	Glorie Daan	88	08-021	1:09.88	25m	15-1-06	Zaandam (NED)	342
19.	Meijer Arno	75	08-021	1:10.40	25m	25-4-93	Heemskerk (NED)	335

100 rugslag (sinds 20)

20.	Stins Arnold	83	08-021	1:11.13	25m	18-11-01	Heemskerk	324
21.	Tijms Stefan	93	08-021	1:11.28	25m	3-4-11	Zaandam (NED)	322
22.	Kranenburg Fred	63	08-021	1:11.40	25m	11-10-81	Heemskerk (NED)	321
23.	Camphuijnder Jasper	05	08-021	1:11.56	25m	23-4-23	Den Helder (NED)	319
24.	Oortwijn Kalle	05	08-021	1:11.71	25m	23-4-23	Den Helder (NED)	317
25.	de Vries Allard	96	08-021	1:12.23	25m	30-3-14	Zaandam (NED)	310

200 rugslag

1.	Kleijne Barry	93	08-021	2:17.11	25m	13-11-11	Zaandam (NED)	457
2.	Offringa Rick	03	08-021	2:19.68	25m	5-12-21	Den Haag (NED)	432
3.	Oudendijk Paul	81	08-021	2:21.31	25m	16-12-99	Heemskerk	417
4.	Gaal Roel	01	08-021	2:25.89	25m	24-3-19	Purmerend (NED)	379
5.	Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
6.	Gaal Koen	99	08-021	2:27.28	25m	12-3-17	Purmerend (NED)	368
7.	Camphuijnder Jasper	05	08-021	2:27.53	25m	23-4-23	Den Helder (NED)	367
8.	Butter Martijn	79	08-021	2:28.60	25m	11-9-97	Heemskerk (NED)	359
9.	de Wit Stephen	93	08-021	2:28.68	25m	16-1-11	Zaandam (NED)	358
10.	Hogenstijn Peter	84	08-021	2:29.82	25m	31-1-02	Heemskerk	350
11.	Crok Pieter	91	08-021	2:30.18	25m	15-3-09	Haarlem (NED)	347
12.	Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
13.	Kuijper Alex	08	08-021	2:30.33	25m	27-9-26	Alkmaar (NED)	346
14.	Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
15.	Essers Tim	88	08-021	2:31.79	25m	26-1-06	Heemskerk (NED)	337
16.	Oortwijn Kalle	05	08-021	2:32.47	25m	23-4-23	Den Helder (NED)	332
17.	Jongert Sjoerd	01	08-021	2:33.09	25m	24-3-19	Purmerend (NED)	328
18.	Groen Jarno	01	08-021	2:33.68	25m	24-3-19	Purmerend (NED)	324
19.	Hermans Luuk	85	08-021	2:34.64	25m	25-9-03	Heemskerk (NED)	318
20.	Kuilman Joris	80	08-021	2:35.15	25m	24-9-98	Heemskerk (NED)	315
21.	Tamis Thijs	82	08-021	2:36.37	25m	14-12-00	Heemskerk (NED)	308
22.	Di Mattia Angelo	97	08-021	2:36.44	25m	18-1-15	Zaandam (NED)	307
23.	Hoenink Jarl	86	08-021	2:36.91	25m	14-3-04	Zaandam	305
24.	Kramer Vincent	82	08-021	2:38.10	25m	14-12-00	Heemskerk (NED)	298
25.	Kerkhof Arno	72	08-021	2:39.00	25m	3-5-90	Heemskerk (NED)	293

500 rugslag

25 schoolslag

1.	Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
2.	de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
3.	Kuilman Joris	80	08-021	16.20	25m	19-3-98	Heemskerk (NED)	369
4.	Meijer Arno	75	08-021	16.40	25m	17-6-93	Heemskerk (NED)	355
5.	Steenbergen Roderik	82	08-021	16.63	25m	17-2-00	Heemskerk (NED)	341
6.	Glorie Daan	88	08-021	16.68	25m	27-4-06	Heemskerk	338
7.	Beentjes Bastiaan	78	08-021	16.70	25m	14-3-96	Heemskerk (NED)	336
8.	Oudendijk Paul	81	08-021	16.73	25m	25-3-99	Heemskerk (NED)	335
9.	van Rookhuizen Barry	82	08-021	17.06	25m	17-2-00	Heemskerk (NED)	315
10.	Kramer Vincent	82	08-021	17.10	25m	17-2-00	Heemskerk (NED)	313
11.	Wassenaar Marcel	69	08-021	17.20	25m	17-12-87	Heemskerk (NED)	308
12.	Pover Peter	69	08-021	17.30	25m	17-12-87	Heemskerk (NED)	303
13.	Stins Arnold	83	08-021	17.48	25m	22-2-01	Heemskerk (NED)	293
14.	Stam Daniël	79	08-021	17.60	25m	13-3-97	Heemskerk (NED)	287

25 schoolslag (sinds 15)

15.	van der Bunt Raymond	73	08-021	17.70	25m	16-5-91	Heemskerk (NED)	282
16.	de Vijlder Michael	75	08-021	17.80	25m	17-6-93	Heemskerk (NED)	278
17.	de Boer Daniël	77	08-021	18.00	25m	27-4-95	Heemskerk (NED)	269
17.	Butter Martijn	79	08-021	18.00	25m	13-3-97	Heemskerk (NED)	269
19.	Krijger Jan-Willem	81	08-021	18.10	25m	25-3-99	Heemskerk (NED)	264
20.	Essers Tim	88	08-021	18.27	25m	27-4-06	Heemskerk	257
21.	Zonneveld Jeroen	78	08-021	19.50	25m	14-3-96	Heemskerk (NED)	211
22.	Bal Chester	78	08-021	19.60	25m	14-3-96	Heemskerk (NED)	208

50 schoolslag

1.	Oudendijk Paul	81	08-021	34.48	25m	16-12-99	Heemskerk	392
2.	Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
3.	Palmboom Pascal	89	08-021	34.66	25m	25-11-07	Amsterdam (NED)	386
4.	Hogenstijn Peter	84	08-021	34.68	25m	28-11-02	Heemskerk	385
5.	Meijer Arno	75	08-021	35.00	25m	13-5-93	Heemskerk (NED)	375
6.	Crok Pieter	91	08-021	35.12	25m	8-3-09	Purmerend (NED)	371
7.	Kerkhof Arno	72	08-021	35.20	25m	4-2-90	Volendam (NED)	369
7.	Bok Reitze	73	08-021	35.20	25m	7-2-91	Heemskerk (NED)	369
7.	Jongert Sjoerd	01	08-021	35.20	25m	7-3-19	Heemskerk (NED)	369
10.	Tamis Thijs	82	08-021	35.27	25m	14-12-00	Heemskerk (NED)	366
11.	Ayari Adam	08	08-021	35.32	25m	21-5-26	Heemskerk (NED)	365
12.	van der Kroft Barry	82	08-021	35.51	25m	14-12-00	Heemskerk (NED)	359
13.	Offringa Rick	03	08-021	35.60	25m	7-10-21	Heemskerk (NED)	356
14.	Di Mattia Angelo	97	08-021	35.61	25m	1-2-15	Zaandam (NED)	356
15.	Glorie Daan	88	08-021	35.66	25m	30-12-06	Maastricht (NED)	355
16.	van de Poll Kevin	86	08-021	35.82	25m	22-2-04	Zuidoostbeemster (NED)	350
17.	Hoenink Jarl	86	08-021	35.89	25m	29-5-04	Z.o. Beemster (NED)	348
18.	Hermans Luuk	85	08-021	36.16	25m	27-11-03	Heemskerk (NED)	340
19.	Steenbergen Roderik	82	08-021	36.19	25m	3-12-00	Zaandam (NED)	339
20.	Tijms Stefan	93	08-021	36.26	25m	27-1-11	Heemskerk (NED)	337
21.	Gaal Koen	99	08-021	36.31	25m	16-3-17	Heemskerk (NED)	336
22.	Stam Daniël	79	08-021	36.40	25m	11-9-97	Heemskerk (NED)	333
23.	Butter Joris	86	08-021	36.58	25m	25-1-04	Zaandam	328
24.	Kranenburg Fred	63	08-021	37.00	25m	17-5-81	Castricum (NED)	317
25.	van Rookhuizen Barry	82	08-021	37.07	25m	7-5-00	Zaandam (NED)	316

100 schoolslag

1.	Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
2.	Hogenstijn Peter	84	08-021	1:15.67	25m	6-10-02	Zaandam	396
3.	Meijer Arno	75	08-021	1:16.40	25m	17-1-93	Zaandam	385
4.	Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376
5.	Crok Pieter	91	08-021	1:17.16	25m	13-4-09	Haarlem (NED)	374
6.	Glorie Daan	88	08-021	1:17.43	25m	8-1-06	Alkmaar (NED)	370
7.	Bok Reitze	73	08-021	1:17.70	25m	3-2-91	Zaandam (NED)	366
8.	de Ruijter Richard	88	08-021	1:17.77	25m	16-4-06	Haarlem (NED)	365
9.	Offringa Rick	03	08-021	1:17.80	25m	21-11-21	Den Helder (NED)	365
10.	Di Mattia Angelo	97	08-021	1:17.87	25m	15-3-15	Zaandam (NED)	364
11.	Oudendijk Paul	81	08-021	1:17.94	25m	10-10-99	Zaandam (NED)	363
12.	van Duin Peter	65	08-021	1:18.20	25m	6-2-83		359
13.	Jongert Sjoerd	01	08-021	1:18.35	25m	13-1-19	Purmerend (NED)	357
14.	Stam Daniël	79	08-021	1:18.70	25m	30-8-97	Assendelft (NED)	352

100 schoolslag (sinds 15)

15.	Kleijne Barry	93	08-021	1:18.98	25m	6-10-11	Heemskerk (NED)	349
16.	Kerkhof Arno	72	08-021	1:19.00	25m	6-1-90	Hilversum (NED)	348
17.	Palmboom Pascal	89	08-021	1:19.84	25m	4-11-07	Purmerend (NED)	337
18.	Beentjes Bastiaan	78	08-021	1:19.90	25m	10-11-96	Grootebroek (NED)	337
19.	Tijms Stefan	93	08-021	1:20.18	25m	2-10-11	Heemskerk (NED)	333
20.	Andeweg Celedonio	76	08-021	1:20.30	25m	15-1-94		332
20.	Butter Martijn	79	08-021	1:20.30	25m	31-3-97	Haarlem (NED)	332
22.	Hermans Luuk	85	08-021	1:20.36	25m	5-10-03	Heemskerk (NED)	331
23.	van der Gracht Jory	87	08-021	1:20.47	25m	14-5-05	Zuidoost-Beemster (NED)	330
24.	Stins Arnold	83	08-021	1:20.52	25m	29-3-01	Heemskerk (NED)	329
25.	Steenbergen Roderik	82	08-021	1:20.70	25m	4-5-00	Heemskerk (NED)	327

200 schoolslag

1.	Hogenstijn Peter	84	08-021	2:43.12	25m	17-11-02	Heemskerk	402
2.	Oudendijk Paul	81	08-021	2:44.92	25m	21-11-99	Heemskerk (NED)	389
3.	Meijer Arno	75	08-021	2:47.10	25m	7-1-93	Heemskerk (NED)	374
4.	Tamis Thijs	82	08-021	2:48.85	25m	19-11-00	Zaandam (NED)	362
5.	Glorie Daan	88	08-021	2:49.62	25m	19-10-06	Heemskerk	357
6.	Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
7.	Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
8.	Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346
9.	Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
10.	Kerkhof Arno	72	08-021	2:52.60	25m	22-3-90	Heemskerk (NED)	339
11.	Crok Pieter	91	08-021	2:52.93	25m	1-2-09	Zaandam (NED)	337
12.	Hermans Luuk	85	08-021	2:54.64	25m	30-10-03	Heemskerk	328
13.	Tijms Stefan	93	08-021	2:54.70	25m	12-6-11	Purmerend (NED)	327
14.	Steenbergen Roderik	82	08-021	2:55.13	25m	12-3-00	Heemskerk (NED)	325
15.	Butter Martijn	79	08-021	2:55.20	25m	10-4-97	Heemskerk (NED)	324
16.	Stam Daniël	79	08-021	2:55.30	25m	9-10-97	Heemskerk (NED)	324
17.	Dijkstra Menno	68	08-021	2:56.70	25m	30-11-86	Heemskerk (NED)	316
18.	van der Gracht Jory	87	08-021	2:57.52	25m	13-3-05	Amsterdam (NED)	312
19.	Essers Tim	88	08-021	2:57.57	25m	19-10-06	Heemskerk	312
20.	Bok Reitze	73	08-021	2:57.90	25m	10-3-91	Heemskerk (NED)	310
21.	de Ruijter Richard	88	08-021	2:58.57	25m	12-3-06	Zaandam (NED)	306
22.	Kranenburg Fred	63	08-021	2:58.70	25m	31-5-81	Heerhugowaard (NED)	306
23.	Palmboom Pascal	89	08-021	2:59.78	25m	13-12-07	Heemskerk (NED)	300
24.	Beentjes Bastiaan	78	08-021	3:00.70	25m	8-12-96	Heerhugowaard (NED)	296
25.	de Vries Allard	96	08-021	3:01.15	25m	9-3-14	Zaandam (NED)	293

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
2.	van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
3.	Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
4.	Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
5.	Kuilman Joris	80	08-021	13.70	25m	15-1-98	Heemskerk (NED)	377
6.	de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
7.	Meijer Arno	75	08-021	13.80	25m	17-6-93	Heemskerk (NED)	369
8.	Kramer Vincent	82	08-021	13.81	25m	4-5-00	Heemskerk (NED)	368
9.	Butter Martijn	79	08-021	14.00	25m	13-2-97	Heemskerk (NED)	353
10.	Steenbergen Roderik	82	08-021	14.23	25m	4-5-00	Heemskerk (NED)	336
11.	Pover Peter	69	08-021	14.30	25m	17-12-87	Heemskerk (NED)	331
12.	Krijger Jan-Willem	81	08-021	14.40	25m	25-3-99	Heemskerk (NED)	324
13.	Tijms Stefan	93	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
14.	Essers Tim	88	08-021	14.46	25m	27-4-06	Heemskerk	320
15.	de Boer Daniël	77	08-021	14.70	25m	16-3-95	Heemskerk (NED)	305
16.	Palmboom Pascal	89	08-021	14.77	25m	19-4-07	Heemskerk (NED)	301
17.	van der Bunt Raymond	73	08-021	14.90	25m	16-5-91	Heemskerk (NED)	293
18.	Stam Daniël	79	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
19.	Oudendijk Paul	81	08-021	15.76	25m	25-3-99	Heemskerk (NED)	247
20.	de Vijlder Michael	75	08-021	15.80	25m	17-6-93	Heemskerk (NED)	245
21.	Wassenaar Marcel	69	08-021	16.20	25m	17-12-87	Heemskerk (NED)	228
22.	Beentjes Bastiaan	78	08-021	16.60	25m	7-2-96		212
23.	Zonneveld Jeroen	78	08-021	17.00	25m	8-2-96	Heemskerk (NED)	197
23.	Bal Chester	78	08-021	17.00	25m	8-2-96	Heemskerk (NED)	197
25.	Hulshof Patrick	75	08-021	17.20	25m	17-6-93	Heemskerk (NED)	190

50 vlinderslag

1.	Kleijne Barry	93	08-021	27.58	25m	17-11-11	Heemskerk (NED)	493
2.	Camphuijnder Jasper	05	08-021	28.28	25m	26-11-23	Hoofddorp (NED)	458
3.	Offringa Rick	03	08-021	28.49	25m	21-11-21	Den Helder (NED)	448
4.	Hogenstijn Peter	84	08-021	28.59	25m	31-1-02	Heemskerk	443
5.	Jongert Sjoerd	01	08-021	28.72	25m	24-1-19	Heemskerk (NED)	437
6.	van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
7.	Gaal Roel	01	08-021	28.93	25m	23-11-19	Hoofddorp (NED)	427
8.	Glorie Daan	88	08-021	29.25	25m	14-12-06	Heemskerk (NED)	413
9.	Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
10.	Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403

50 vlinderslag (sinds 11)

11.	van der Gracht Jory	87	08-021	29.98	25m	15-12-05	Heemskerk (NED)	384
12.	de Wit Stephen	93	08-021	30.19	25m	17-11-11	Heemskerk (NED)	376
13.	Butter Martijn	79	08-021	30.30	25m	23-1-97	Heemskerk	372
14.	Groen Jarno	01	08-021	30.39	25m	7-11-19	Heemskerk (NED)	369
15.	Kranenburg Fred	63	08-021	30.40	25m	11-4-81	Heemskerk (NED)	368
15.	Meijer Arno	75	08-021	30.40	25m	13-5-93	Heemskerk (NED)	368
17.	Hermans Luuk	85	08-021	30.52	25m	18-12-03	Heemskerk (NED)	364
18.	Kramer Vincent	82	08-021	30.53	25m	3-12-00	Zaandam (NED)	364
19.	van Rookhuizen Barry	82	08-021	30.64	25m	30-11-00	Heemskerk (NED)	360
20.	Oortwijn Kalle	05	08-021	30.79	25m	2-2-23	Heemskerk (NED)	354
21.	Tamis Thijs	82	08-021	30.88	25m	30-11-00	Heemskerk (NED)	351
22.	Stins Arnold	83	08-021	30.98	25m	18-3-01	Zaandam (NED)	348
23.	Kuijper Alex	08	08-021	31.10	25m	15-3-26	Heemskerk (NED)	344
24.	de Ruijter René	86	08-021	31.21	25m	23-12-04	Heemskerk (NED)	340
25.	Palmboom Pascal	89	08-021	31.39	25m	9-4-07	Haarlem (NED)	334

100 vlinderslag

1.	Jongert Sjoerd	01	08-021	1:02.58	25m	24-1-19	Heemskerk (NED)	453
2.	Hogenstijn Peter	84	08-021	1:02.69	25m	17-11-02	Heemskerk	451
3.	Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
4.	Offringa Rick	03	08-021	1:03.84	25m	31-10-21	Heemskerk (NED)	427
5.	Kleijne Barry	93	08-021	1:04.20	25m	12-6-11	Purmerend (NED)	420
5.	Camphuijnder Jasper	05	08-021	1:04.20	25m	12-11-23	Den Helder (NED)	420
7.	Kerkhof Arno	72	08-021	1:04.60	25m	11-3-90	Heemskerk (NED)	412
8.	van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
9.	Gaal Roel	01	08-021	1:06.06	25m	3-11-19	Purmerend (NED)	385
10.	Kuilman Joris	80	08-021	1:06.80	25m	23-5-98	Zaandam (NED)	372
11.	Butter Martijn	79	08-021	1:07.00	25m	30-3-97	Haarlem (NED)	369
12.	Verbree John	61	08-021	1:07.50	25m	7-10-79	Heemskerk (NED)	361
13.	van der Gracht Jory	87	08-021	1:07.71	25m	24-4-05	Zaandam (NED)	358
14.	van Rookhuizen Barry	82	08-021	1:08.80	25m	12-3-00	Heemskerk (NED)	341
15.	Meijer Arno	75	08-021	1:09.00	25m	4-4-93	Heemskerk (NED)	338
16.	Oortwijn Kalle	05	08-021	1:09.45	25m	2-2-23	Heemskerk (NED)	331
17.	Stins Arnold	83	08-021	1:09.48	25m	22-2-01	Heemskerk (NED)	331
18.	Kranenburg Fred	63	08-021	1:09.50	25m	6-9-81	Heemskerk (NED)	331
19.	Crok Pieter	91	08-021	1:09.80	25m	18-1-09	Haarlem (NED)	326
20.	Tamis Thijs	82	08-021	1:10.09	25m	19-11-00	Zaandam (NED)	322
21.	Kramer Vincent	82	08-021	1:10.11	25m	12-6-00	Haarlem (NED)	322
22.	de Wit Stephen	93	08-021	1:10.18	25m	3-3-11	Heemskerk (NED)	321
23.	de Ruijter Richard	88	08-021	1:10.26	25m	30-3-06	Heemskerk (NED)	320
24.	Schaaper Hans	68	08-021	1:10.40	25m	30-11-86	Heemskerk (NED)	318
25.	Groen Jarno	01	08-021	1:10.51	25m	3-11-19	Purmerend (NED)	317

200 vlinderslag

1.	Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
2.	van der Gracht Jory	87	08-021	2:29.29	25m	24-11-05	Heemskerk (NED)	384
3.	Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
4.	Stins Arnold	83	08-021	2:35.18	25m	20-12-01	Heemskerk	342
5.	Kleijne Barry	93	08-021	2:42.48	25m	13-6-11	Purmerend (NED)	298
6.	Jongert Sjoerd	01	08-021	2:44.47	25m	24-11-19	Hoofddorp (NED)	287
7.	Meijer Arno	75	08-021	2:49.90	25m	7-2-93	Volendam (NED)	260
8.	Essers Tim	88	08-021	2:53.29	25m	30-11-06	Heemskerk	245
9.	Camphuijnder Jasper	05	08-021	2:53.77	25m	8-1-23	Haarlem (NED)	243
10.	Kuijper Alex	08	08-021	3:05.77	25m	15-2-26	Haarlem (NED)	199
11.	Kramer Vincent	82	08-021	3:08.53	25m	16-4-00	Zaandam (NED)	190
12.	Stam Daniël	79	08-021	3:13.30	25m	9-3-97	Alkmaar (NED)	177
13.	Hoenink Jarl	86	08-021	3:21.96	25m	25-11-04	Heemskerk (NED)	155
14.	Butter Joris	86	08-021	3:24.11	25m	25-11-04	Heemskerk (NED)	150

1000 vlinderslag

75 wisselslag

100 wisselslag

1.	Gaal Roel	01	08-021	1:04.20	25m	24-11-19	Hoofddorp (NED)	480
2.	Kleijne Barry	93	08-021	1:04.86	25m	2-10-11	Heemskerk (NED)	466
3.	Offringa Rick	03	08-021	1:04.99	25m	1-7-21	Heemskerk (NED)	463
4.	Jongert Sjoerd	01	08-021	1:06.06	25m	11-4-19	Heemskerk (NED)	441
5.	Hogenstijn Peter	84	08-021	1:06.47	25m	26-9-02	Heemskerk	433
6.	Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
7.	Meijer Arno	75	08-021	1:07.50	25m	15-4-93	Heemskerk (NED)	413
8.	Oortwijn Kalle	05	08-021	1:07.95	25m	21-1-23	Hoofddorp (NED)	405
9.	de Wit Stephen	93	08-021	1:08.23	25m	14-4-11	Heemskerk (NED)	400
10.	Butter Martijn	79	08-021	1:08.30	25m	5-10-97	Zaandam (NED)	399
11.	Camphuijnder Jasper	05	08-021	1:08.42	25m	25-5-23	Heemskerk (NED)	397
12.	van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396
13.	Essers Tim	88	08-021	1:08.98	25m	8-1-06	Alkmaar (NED)	387
14.	de Ruijter Richard	88	08-021	1:09.10	25m	8-1-06	Alkmaar (NED)	385
15.	Steenbergen Roderik	82	08-021	1:09.18	25m	10-12-00	Heemskerk (NED)	384
16.	Di Mattia Angelo	97	08-021	1:09.21	25m	8-3-15	Zaandam (NED)	383
17.	Stins Arnold	83	08-021	1:09.28	25m	26-4-01	Heemskerk (NED)	382
18.	Oudendijk Paul	81	08-021	1:09.60	25m	14-11-99	Zaandam (NED)	377
19.	Gaal Koen	99	08-021	1:09.67	25m	11-5-17	Heemskerk (NED)	376
20.	van der Gracht Jory	87	08-021	1:09.73	25m	29-9-05	Heemskerk (NED)	375
21.	Kramer Vincent	82	08-021	1:10.00	25m	10-12-00	Heemskerk (NED)	371
22.	Crok Pieter	91	08-021	1:10.12	25m	27-9-09	Zaandam (NED)	369
23.	Hermans Luuk	85	08-021	1:10.44	25m	25-9-03	Heemskerk (NED)	364
24.	Tijms Stefan	93	08-021	1:10.85	25m	14-4-11	Heemskerk (NED)	357
25.	de Vries Allard	96	08-021	1:11.20	25m	9-3-14	Zaandam (NED)	352

150 wisselslag

200 wisselslag

1.	Offringa Rick	03	08-021	2:18.42	25m	21-11-21	Den Helder (NED)	496
2.	Jongert Sjoerd	01	08-021	2:20.99	25m	10-2-19	Purmerend (NED)	470
3.	Gaal Roel	01	08-021	2:24.27	25m	3-11-19	Purmerend (NED)	438
4.	Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
5.	Hogenstijn Peter	84	08-021	2:26.73	25m	6-10-02	Zaandam	417
5.	Camphuijnder Jasper	05	08-021	2:26.73	25m	29-1-23	Heemskerk (NED)	417
7.	Butter Martijn	79	08-021	2:27.40	25m	2-3-97	Haarlem (NED)	411
8.	Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
9.	van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
10.	Meijer Arno	75	08-021	2:29.30	25m	28-11-93	Heemskerk (NED)	395
11.	Oortwijn Kalle	05	08-021	2:29.34	25m	29-1-23	Heemskerk (NED)	395
12.	Stins Arnold	83	08-021	2:29.66	25m	25-10-01	Heemskerk	393
13.	Oudendijk Paul	81	08-021	2:30.94	25m	4-11-99	Heemskerk (NED)	383
14.	Crok Pieter	91	08-021	2:31.47	25m	22-1-09	Heemskerk (NED)	379
15.	Kerkhof Arno	72	08-021	2:31.50	25m	11-2-90	Heemskerk (NED)	378
16.	van der Gracht Jory	87	08-021	2:32.51	25m	23-10-05	Zaandam (NED)	371
17.	Essers Tim	88	08-021	2:33.08	25m	18-5-06	Heemskerk (NED)	367
18.	Tamis Thijs	82	08-021	2:33.30	25m	5-11-00	Zaandam (NED)	365
19.	Kranenburg Fred	63	08-021	2:34.50	25m	22-3-81	Wieringerwerf (NED)	357
20.	Steenbergen Roderik	82	08-021	2:35.04	25m	26-10-00	Heemskerk (NED)	353
21.	Gaal Koen	99	08-021	2:35.30	25m	12-2-17	Purmerend (NED)	351
22.	Korzelius Ron	65	08-021	2:35.70	25m	11-12-83	Heemskerk (NED)	349
23.	Kramer Vincent	82	08-021	2:36.75	25m	26-10-00	Heemskerk (NED)	342
24.	Groen Jarno	01	08-021	2:37.95	25m	3-11-19	Purmerend (NED)	334
25.	Hermans Luuk	85	08-021	2:39.28	25m	5-10-03	Heemskerk (NED)	326

300 wisselslag

1.	Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)	
2.	Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)	
3.	Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)	

400 wisselslag

1.	Glorie Daan	88	08-021	5:11.19	25m	1-4-06	Zaandam (NED)	433
2.	Butter Martijn	79	08-021	5:12.50	25m	12-1-97	Heemskerk (NED)	427
3.	Stins Arnold	83	08-021	5:26.26	25m	25-2-01	Heemskerk (NED)	376
4.	Hogenstijn Peter	84	08-021	5:29.54	25m	24-2-02	Heemskerk	364
5.	Oudendijk Paul	81	08-021	5:30.41	25m	21-3-99	Assendelft (NED)	362
6.	van der Gracht Jory	87	08-021	5:32.88	25m	1-5-05	Zaandam (NED)	354
7.	van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
8.	Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
9.	Kranenburg Fred	63	08-021	5:37.10	25m	5-4-81	Heemskerk (NED)	340
10.	Steenbergen Roderik	82	08-021	5:42.81	25m	30-3-00	Heemskerk (NED)	324
11.	Kuijper Alex	08	08-021	5:47.12	25m	8-11-26	Purmerend (NED)	312
12.	Kramer Vincent	82	08-021	5:48.59	25m	30-3-00	Heemskerk (NED)	308
13.	van Rookhuizen Barry	82	08-021	5:57.32	25m	30-3-00	Heemskerk (NED)	286
14.	Butter Joris	86	08-021	6:01.12	25m	29-2-04	Wormerveer	277
15.	Stam Daniël	79	08-021	6:05.90	25m	23-2-97	Zaandam (NED)	266