15 jaar, Heren 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Crok Pieter	91	08-021	12.93	25m	27-4-06	Heemskerk	352
2.	de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)	345
3.	Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)	338
3.	van Rookhuizen Barry	82	08-021	13.10	25m	13-3-97	Heemskerk (NED)	338
3.	de Boer Stephan	83	08-021	13.10	25m	5-2-98	Heemskerk (NED)	338
6.	Hermans Luuk	85	08-021	13.18	25m	4-5-00	Heemskerk (NED)	332
7.	Kerkhof Arno	72	08-021	13.30	25m	17-12-87	Heemskerk (NED)	323
8.	Martijn Onno	91	08-021	13.42	25m	27-4-06	Heemskerk	314
9.	de Caluwé Niels	91	08-021	13.45	25m	27-4-06	Heemskerk	312
10.	Dekker Rudie	78	08-021	13.80	25m	17-6-93	Heemskerk (NED)	289
10.	Oortwijn Maarten	80	08-021	13.80	25m	27-4-95	Heemskerk (NED)	289
10.	Stins Arnold	83	08-021	13.80	25m	8-1-98	Heemskerk (NED)	289
13.	Kramer Vincent	82	08-021	13.90	25m	13-3-97	Heemskerk (NED)	283
14.	Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)	277
15.	Lamers Koen	91	08-021	14.14	25m	27-4-06	Heemskerk	269
16.	Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)	267
17.	Kemmeren Ferry	91	08-021	14.18	25m	27-4-06	Heemskerk	266
18.	Krijger Jan-Willem	81	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
19.	de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)	260
20.	Zijlstra Jeroen	80	08-021	14.40	25m	27-4-95	Heemskerk (NED)	254
20.	de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)	254
22.	Hoenink Jarl	86	08-021	14.45	25m	29-3-01	Heemskerk (NED)	252
23.	Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)	249
24.	Tijms Stefan	93	08-021	14.53	25m	29-5-08	Heemskerk (NED)	248
25.	Andeweg Celedonio	76	08-021	14.90	25m	16-5-91	Heemskerk (NED)	230

50 vrije slag

1.	Gaal Roel	01	08-021	26.36	25m	13-10-16	Heemskerk (NED)	454
2.	Crok Pieter	91	08-021	26.75	25m	28-12-06	Maastricht (NED)	434
3.	Meijer Arno	75	08-021	27.10	25m	2-12-90		417
4.	de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)	415
5.	Jongert Sjoerd	01	08-021	27.41	25m	13-10-16	Heemskerk (NED)	403
6.	Camphuijnder Jasper	05	08-021	27.62	25m	8-10-20	Heemskerk (NED)	394
7.	Schelvis Sjeng	89	08-021	27.64	25m	29-1-04	Heemskerk (NED)	393
8.	Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)	387
9.	Oortwijn Kalle	05	08-021	27.85	25m	20-9-20	Haarlem (NED)	384
10.	Hermans Luuk	85	08-021	27.87	25m	3-12-00	Zaandam (NED)	384
11.	van Rookhuizen Barry	82	08-021	27.90	25m	21-9-97	Alkmaar (NED)	382

50 vrije slag (sinds 12)

12.	Butter Martijn	79	08-021	28.00	25m	16-10-94	Heemskerk (NED)	378
12.	Oortwijn Maarten	80	08-021	28.00	25m	1-10-95	Heemskerk (NED)	378
14.	Stins Arnold	83	08-021	28.03	25m	26-11-98	Heemskerk (NED)	377
15.	van der Gracht Jory	87	08-021	28.06	25m	17-11-02	Heemskerk	376
16.	Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)	374
17.	Essers Tim	88	08-021	28.13	25m	9-3-03	Zuidoostbeemster (NED)	373
18.	Offringa Rick	03	08-021	28.14	25m	24-11-18	Hoofddorp (NED)	373
19.	Glorie Daan	88	08-021	28.32	25m	28-12-03	Maastricht (NED)	366
20.	de Ruijter René	86	08-021	28.33	25m	25-10-01	Heemskerk	365
21.	Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)	363
22.	Pover Peter	69	08-021	28.40	25m	23-9-84	Heemskerk (NED)	363
23.	de Ruijter Richard	88	08-021	28.43	25m	28-12-03	Maastricht (NED)	361
24.	Groen Jarno	01	08-021	28.44	25m	13-10-16	Heemskerk (NED)	361
25.	Martijn Onno	91	08-021	28.45	25m	26-1-06	Heemskerk (NED)	361

100 vrije slag

1.	Gaal Roel	01	08-021	56.68	25m	13-11-16	Purmerend (NED)	498
2.	Crok Pieter	91	08-021	58.51	25m	26-11-06	Heemskerk (NED)	453
3.	Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
4.	Jongert Sjoerd	01	08-021	59.26	25m	29-12-16	Leeuwarden (NED)	436
5.	de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)	423
6.	Butter Stijn	11	08-021	59.97	25m	15-11-26	Hoofddorp (NED)	420
7.	Meijer Arno	75	08-021	1:00.60	25m	8-11-90	Heemskerk (NED)	407
8.	Butter Martijn	79	08-021	1:00.90	25m	11-12-94	Heemskerk (NED)	401
9.	Camphuijnder Jasper	05	08-021	1:01.10	50m	26-1-20	Alkmaar (NED)	452
10.	Offringa Rick	03	08-021	1:01.19	25m	17-11-18	Hoofddorp (NED)	396
11.	Stins Arnold	83	08-021	1:01.28	25m	13-12-98	Heemskerk (NED)	394
12.	Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden (NED)	393
13.	van der Gracht Jory	87	08-021	1:01.46	25m	1-4-02	Haarlem	390
14.	Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83		390
15.	Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89		388
16.	Groen Jarno	01	08-021	1:01.74	25m	18-12-16	Heemskerk (NED)	385
17.	Oortwijn Kalle	05	08-021	1:01.77	25m	12-1-20	Purmerend (NED)	385
18.	Glorie Daan	88	08-021	1:01.81	25m	14-12-03	Heemskerk (NED)	384
19.	Oortwijn Maarten	80	08-021	1:01.90	25m	15-6-95	Heemskerk (NED)	382
20.	Essers Tim	88	08-021	1:02.22	25m	21-4-03	Haarlem	376
21.	Hermans Luuk	85	08-021	1:02.24	25m	10-12-00	Heemskerk (NED)	376
22.	Plokker Robert	65	08-021	1:02.90	25m	31-8-80	Heemskerk (NED)	364
23.	Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)	362
23.	Kramer Vincent	82	08-021	1:03.00	25m	14-12-97	Heemskerk (NED)	362
25.	de Ruijter Richard	88	08-021	1:03.02	25m	14-12-03	Heemskerk (NED)	362

200 vrije slag

1.	Gaal Roel	01	08-021	2:05.52	25m	2-10-16	Purmerend (NED)	496
2.	Schelvis Sjeng	89	08-021	2:11.14	25m	14-3-04	Zaandam	435
3.	Crok Pieter	91	08-021	2:11.34	25m	12-3-06	Zaandam (NED)	433
4.	Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
5.	Stins Arnold	83	08-021	2:13.13	25m	17-12-98	Heemskerk (NED)	415
6.	Butter Martijn	79	08-021	2:13.30	25m	20-11-94	Wormerveer (NED)	414
7.	Glorie Daan	88	08-021	2:14.17	25m	18-12-03	Heemskerk (NED)	406
8.	Butter Stijn	11	08-021	2:14.35	25m	22-11-26	Purmerend (NED)	404
9.	Meijer Arno	75	08-021	2:15.90	25m	25-11-90	Heemskerk (NED)	390
10.	de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)	390
11.	Offringa Rick	03	08-021	2:16.26	25m	1-7-18	Den Helder (NED)	387
12.	Camphuijnder Jasper	05	08-021	2:17.84	25m	5-3-20	Heemskerk (NED)	374
13.	Jongert Sjoerd	01	08-021	2:18.01	25m	17-3-16	Heemskerk (NED)	373
14.	Essers Tim	88	08-021	2:18.07	25m	16-3-03	Heemskerk	372
15.	van der Gracht Jory	87	08-021	2:18.22	25m	17-11-02	Heemskerk	371
16.	Plokker Robert	65	08-021	2:18.60	25m	2-11-80	Castricum (NED)	368
17.	Groen Jarno	01	08-021	2:19.12	25m	17-3-16	Heemskerk (NED)	364
18.	Kleijne Barry	93	08-021	2:19.50	25m	5-10-08	Heemskerk (NED)	361
19.	Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83		356
20.	Oortwijn Kalle	05	08-021	2:20.44	25m	5-3-20	Heemskerk (NED)	354
21.	Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)	341
22.	Oortwijn Maarten	80	08-021	2:22.50	25m	9-4-95	Zaandam (NED)	339
23.	de Ruijter Richard	88	08-021	2:22.91	25m	27-2-03	Heemskerk	336
24.	Hermans Luuk	85	08-021	2:23.15	25m	30-11-00	Heemskerk (NED)	334
25.	Kramer Vincent	82	08-021	2:23.50	25m	26-10-97	Heemskerk (NED)	332

250 vrije slag

300 vrije slag

1.	Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer (NED)	386
2.	Gaal Roel	01	08-021	3:38.21	50m	28-5-16	Alkmaar (NED)	401
3.	Crok Pieter	91	08-021	3:39.51	25m	18-5-06	Heemskerk (NED)	357
4.	Butter Stijn	11	08-021	3:40.70	25m	5-4-26	Haarlem (NED)	351
5.	Kuijper Alex	08	08-021	4:04.82	25m	1-10-23	Den Helder (NED)	257
6.	Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)	250
7.	Ayari Adam	08	08-021	4:13.66	25m	1-10-23	Den Helder (NED)	231
8.	Zwart Mees	10	08-021	5:17.60	25m	12-1-25	Heemskerk (NED)	118

400 vrije slag

1.	Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag (NED)	415
2.	Gaal Roel	01	08-021	4:46.21	25m	18-9-16	Zaandam (NED)	407
3.	Crok Pieter	91	08-021	4:49.50	25m	18-5-06	Heemskerk (NED)	394
4.	Offringa Rick	03	08-021	4:50.25	25m	18-11-18	Hoofddorp (NED)	391
5.	Meijer Arno	75	08-021	4:51.60	25m	14-6-90	Heemskerk (NED)	385
6.	Butter Martijn	79	08-021	4:53.00	25m	30-1-94	Wormerveer (NED)	380
7.	Butter Stijn	11	08-021	4:53.70	25m	27-9-26	Alkmaar (NED)	377
8.	Schelvis Sjeng	89	08-021	4:59.80	25m	17-10-04	Zaandam (NED)	354
9.	Essers Tim	88	08-021	5:00.45	25m	12-6-03	Heemskerk	352
10.	van der Gracht Jory	87	08-021	5:01.25	25m	30-5-02	Heemskerk	349
11.	Kleijne Barry	93	08-021	5:02.14	25m	12-5-08	Purmerend (NED)	346

400 vrije slag (sinds 12)

12.	Glorie Daan	88	08-021	5:03.81	25m	12-6-03	Heemskerk	340
13.	Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)	340
14.	Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)	335
15.	Stins Arnold	83	08-021	5:06.30	25m	19-4-98	Zaandam (NED)	332
16.	de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)	321
17.	Oudendijk Paul	81	08-021	5:11.40	25m	4-2-96	Heerhugowaard (NED)	316
18.	Switser René	75	08-021	5:14.20	25m	11-3-90	Heemskerk (NED)	308
19.	Plokker Robert	65	08-021	5:14.90	25m	28-9-80	Zaandam (NED)	306
20.	Kramer Vincent	82	08-021	5:16.50	25m	9-3-97	Alkmaar (NED)	301
21.	Hoenink Jarl	86	08-021	5:20.93	25m	31-5-01	Heemskerk (NED)	289
22.	Hermans Luuk	85	08-021	5:21.71	25m	5-11-00	Zaandam (NED)	287
23.	Woudsma Stefan	00	08-021	5:22.39	25m	22-2-15	Zaandam (NED)	285
24.	Dekker Rudie	78	08-021	5:23.40	25m	30-6-93		282
25.	de Ruijter Richard	88	08-021	5:24.19	25m	16-11-03	Heemskerk (NED)	280

500 vrije slag

800 vrije slag

1.	Butter Martijn	79	08-021	9:49.40	25m	14-4-94	Heemskerk	425
2.	Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
3.	Glorie Daan	88	08-021	10:10.92	25m	26-10-03	Zaandam	382
4.	Meijer Arno	75	08-021	10:21.70	25m	7-6-90	Heemskerk (NED)	362
5.	Kleijne Barry	93	08-021	10:23.11	25m	28-9-08	Zaandam (NED)	360
6.	Crok Pieter	91	08-021	10:30.53	25m	3-12-06	Zaandam (NED)	347
7.	Butter Stijn	11	08-021	10:43.68	50m	8-3-26	Alkmaar (NED)	346
8.	Essers Tim	88	08-021	10:48.76	25m	26-10-03	Zaandam	319
9.	de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)	318
10.	Hoenink Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)	314
11.	Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)	313
12.	Stins Arnold	83	08-021	10:54.90	25m	22-2-98	Zaandam (NED)	310
13.	Oortwijn Maarten	80	08-021	11:02.50	25m	17-12-95	Zaandam (NED)	299
14.	Woudsma Stefan	00	08-021	11:03.04	25m	22-2-15	Zaandam (NED)	299
15.	de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)	297
16.	Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)	277
17.	Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91		276
18.	Schaap Paul	75	08-021	11:23.90	25m	16-3-90		272
19.	Gaal Koen	99	08-021	11:23.94	25m	23-2-14	Zaandam (NED)	272
20.	Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)	270
21.	Kemmeren Ferry	91	08-021	11:38.60	25m	22-10-06	Zaandam (NED)	255
22.	Tijms Stefan	93	08-021	11:40.77	25m	9-11-08	Zaandam (NED)	253
23.	van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)	252
24.	Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)	249
25.	Hoenink Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)	248

1000 vrije slag

1.	Dekker Matthijs	90	08-021	13:15.00	OW	21-8-05	Eersel (NED)	
2.	Glorie Daan	88	08-021	13:25.14	OW	29-6-03	Breukelen (NED)	
3.	Kleijne Barry	93	08-021	13:52.92	OW	22-6-08	Breukelen (NED)	
4.	van der Gracht Jory	87	08-021	14:36.21	OW	18-8-02	Eersel (NED)	
5.	Jongert Sjoerd	01	08-021	14:40.55	OW	3-9-16	Wilhelminadorp (NED)	
6.	Tijms Stefan	93	08-021	14:42.62	OW	22-6-08	Breukelen (NED)	
7.	Butter Stijn	11	08-021	14:56.17	OW	11-7-26	Strijen (NED)	
8.	Oudendijk Paul	81	08-021	15:02.70	OW	10-8-96	Amsterdam (NED)	
9.	Stins Arnold	83	08-021	15:08.70	OW	12-7-98	Amsterdam (NED)	
10.	Kemmeren Ferry	91	08-021	15:11.06	OW	25-6-06	Breukelen (NED)	
11.	Crok Pieter	91	08-021	15:29.89	OW	29-7-06	Hoorn (NED)	
12.	Hagebout Marcel	68	08-021	15:54.60	OW	30-6-83	Amstelveen (NED)	
13.	Krijger Jan-Willem	81	08-021	16:47.20	OW	16-6-96	Spaarnwoude (NED)	

1250 vrije slag

1500 vrije slag

1.	Butter Martijn	79	08-021	18:16.30	25m	18-12-94	Wormerveer (NED)	462
2.	Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
3.	Glorie Daan	88	08-021	19:46.40	25m	16-11-03	Heemskerk (NED)	365
4.	Meijer Arno	75	08-021	19:50.20	25m	17-3-90	Heerhugowaard (NED)	361
5.	Crok Pieter	91	08-021	19:56.06	25m	3-12-06	Zaandam (NED)	356
6.	Kleijne Barry	93	08-021	20:11.76	25m	9-11-08	Zaandam (NED)	342
7.	van der Gracht Jory	87	08-021	20:23.37	25m	1-12-02	Heemskerk	333
8.	Dekker Matthijs	90	08-021	20:40.90	OW	25-6-05	Scheerwolde (NED)	
9.	de Ruijter Richard	88	08-021	20:51.94	25m	16-11-03	Heemskerk (NED)	310
10.	Butter Stijn	11	08-021	20:58.31	25m	26-4-26	Zoetermeer (NED)	306
11.	Hoenink Jarl	86	08-021	21:05.12	25m	4-11-01	Heemskerk	301
12.	Gaal Koen	99	08-021	21:07.13	25m	23-2-14	Zaandam (NED)	299
13.	Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)	299
14.	Essers Tim	88	08-021	21:22.21	25m	16-11-03	Heemskerk (NED)	289
15.	Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)	267
16.	Butter Joris	86	08-021	22:13.18	25m	21-1-01	Heemskerk (NED)	257
17.	Tijms Stefan	93	08-021	22:24.33	25m	9-11-08	Zaandam (NED)	251
18.	Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)	247
19.	Kuijper Alex	08	08-021	22:57.42	25m	3-12-23	Alkmaar (NED)	233
20.	Jongert Sjoerd	01	08-021	23:18.60	OW	17-7-16	Amsterdam (NED)	
21.	Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)	218
22.	Offringa Rick	03	08-021	23:45.84	OW	15-7-18	Amsterdam (NED)	
23.	Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)	209
24.	de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)	194
25.	Oudendijk Paul	81	08-021	24:29.10	OW	21-7-96	Anna-Paulowna (NED)	

2000 vrije slag

1.	Dekker Matthijs	90	08-021	25:59.36	OW	10-7-05	Beusichem-Culemborg (NED)	
2.	Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
3.	Crok Pieter	91	08-021	26:57.72	25m	29-1-06	Zaandam (NED)	341
4.	Glorie Daan	88	08-021	27:40.34	OW	29-6-03	Breukelen (NED)	
5.	Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
6.	Butter Stijn	11	08-021	28:03.37	25m	26-4-26	Zoetermeer (NED)	303
7.	van der Gracht Jory	87	08-021	28:05.83	25m	10-2-02	Zaandam	301
8.	Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
9.	Butter Martijn	79	08-021	28:17.30	OW	12-7-94	Harderwijk (NED)	
10.	de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
11.	Butter Joris	86	08-021	30:09.30	25m	11-2-01	Zaandam (NED)	244
12.	de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194

2500 vrije slag

1.	Jongert Sjoerd	01	08-021	39:14.15	OW	4-9-16	Vlissingen (NED)	

3000 vrije slag

1.	Glorie Daan	88	08-021	43:03.41	OW	13-9-03	Tilburg (NED)	
2.	Dekker Matthijs	90	08-021	46:29.58	OW	30-7-05	Hoorn (NED)	
3.	Butter Stijn	11	08-021	48:25.31	OW	12-9-26	Amsterdam (NED)	
4.	van der Gracht Jory	87	08-021	48:33.64	OW	7-9-02	Tilburg (NED)	

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Kerkhof Arno	72	08-021	15.30	25m	17-12-87	Heemskerk (NED)	310
2.	Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
3.	Hermans Luuk	85	08-021	15.69	25m	17-2-00	Heemskerk (NED)	287
4.	Crok Pieter	91	08-021	15.98	25m	27-4-06	Heemskerk	272
5.	Oortwijn Maarten	80	08-021	16.10	25m	16-3-95	Heemskerk (NED)	266
5.	Stins Arnold	83	08-021	16.10	25m	15-1-98	Heemskerk (NED)	266
7.	Hoenink Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)	257
8.	Kramer Vincent	82	08-021	16.30	25m	13-2-97	Heemskerk (NED)	256
8.	de Boer Stephan	83	08-021	16.30	25m	15-1-98	Heemskerk (NED)	256
10.	de Caluwé Niels	91	08-021	16.38	25m	27-4-06	Heemskerk	253

25 rugslag (sinds 11)

11.	de Ruijter René	86	08-021	16.43	25m	22-2-01	Heemskerk (NED)	250
12.	de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)	247
13.	Kemmeren Ferry	91	08-021	16.56	25m	27-4-06	Heemskerk	244
14.	Oudendijk Paul	81	08-021	16.60	25m	8-2-96	Heemskerk (NED)	243
14.	Steenbergen Roderik	82	08-021	16.60	25m	13-2-97	Heemskerk (NED)	243
16.	Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)	238
17.	Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)	236
18.	Bal Chester	78	08-021	16.80	25m	17-6-93	Heemskerk (NED)	234
19.	van Rookhuizen Barry	82	08-021	16.90	25m	13-2-97	Heemskerk (NED)	230
20.	Lamers Koen	91	08-021	16.96	25m	27-4-06	Heemskerk	227
21.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)	209
22.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)	207
23.	de Groot Peter	80	08-021	17.70	25m	16-3-95	Heemskerk (NED)	200
23.	Krijger Jan-Willem	81	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
25.	Martijn Onno	91	08-021	17.84	25m	27-4-06	Heemskerk	195

50 rugslag

1.	Essers Tim	88	08-021	30.89	25m	16-3-03	Heemskerk	372
2.	van der Linden René	70	08-021	30.90	25m	10-11-85		371
3.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
4.	Schelvis Sjeng	89	08-021	31.75	25m	28-10-04	Heemskerk (NED)	342
5.	Hermans Luuk	85	08-021	31.97	25m	3-12-00	Zaandam (NED)	335
6.	Oortwijn Kalle	05	08-021	32.02	25m	30-1-20	Heemskerk (NED)	334
7.	Gaal Roel	01	08-021	32.51	25m	30-12-16	Leeuwarden (NED)	319
8.	Offringa Rick	03	08-021	32.79	25m	17-6-18	Alkmaar (NED)	311
9.	Kramer Vincent	82	08-021	33.40	25m	9-10-97	Heemskerk (NED)	294
10.	de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)	293
11.	Butter Martijn	79	08-021	33.50	25m	20-3-94	Hoorn (NED)	291
12.	Camphuijnder Jasper	05	08-021	33.54	25m	30-1-20	Heemskerk (NED)	290
13.	de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk	289
14.	Jongert Sjoerd	01	08-021	33.59	25m	18-2-16	Heemskerk (NED)	289
15.	Oortwijn Maarten	80	08-021	33.60	25m	9-11-95	Heemskerk (NED)	289
16.	Crok Pieter	91	08-021	33.63	25m	23-4-06	Zaandam (NED)	288
17.	Steenbergen Roderik	82	08-021	33.70	25m	26-10-97	Heemskerk (NED)	286
18.	Hoenink Jarl	86	08-021	33.79	25m	29-11-01	Heemskerk	284
19.	Oudendijk Paul	81	08-021	33.80	25m	3-11-96	Zaandam (NED)	284
20.	Groen Jarno	01	08-021	33.99	25m	18-2-16	Heemskerk (NED)	279
21.	de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)	275
22.	Kleijne Barry	93	08-021	34.21	25m	25-10-08	Hoorn (NED)	274
23.	Meijer Arno	75	08-021	34.30	25m	1-3-90	Heemskerk (NED)	271
24.	Glorie Daan	88	08-021	34.32	25m	30-10-03	Heemskerk	271
25.	de Caluwé Niels	91	08-021	34.38	25m	28-12-06	Maastricht (NED)	269

100 rugslag

1.	Essers Tim	88	08-021	1:06.82	25m	28-12-03	Maastricht (NED)	391
2.	Oortwijn Kalle	05	08-021	1:08.80	25m	4-10-20	Heemskerk (NED)	359
3.	Offringa Rick	03	08-021	1:09.27	25m	29-11-18	Heemskerk (NED)	351
4.	Schelvis Sjeng	89	08-021	1:09.94	25m	7-11-04	Amsterdam (NED)	341
5.	Hermans Luuk	85	08-021	1:10.14	25m	4-5-00	Heemskerk (NED)	338
6.	Dekker Matthijs	90	08-021	1:10.19	25m	13-3-05	Amsterdam (NED)	338
7.	Jongert Sjoerd	01	08-021	1:10.25	25m	17-11-16	Heemskerk (NED)	337
8.	Oudendijk Paul	81	08-021	1:10.80	25m	15-12-96	Heemskerk (NED)	329
9.	van der Linden René	70	08-021	1:11.00	25m	31-12-85		326
10.	Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)	325
11.	Groen Jarno	01	08-021	1:11.71	25m	17-11-16	Heemskerk (NED)	317
12.	Schaaper Hans	68	08-021	1:12.20	25m	31-12-83		310
12.	Butter Martijn	79	08-021	1:12.20	25m	20-11-94	Wormerveer (NED)	310
12.	Steenbergen Roderik	82	08-021	1:12.20	25m	6-4-97	Heemskerk (NED)	310
12.	Kramer Vincent	82	08-021	1:12.20	25m	29-5-97	Heemskerk	310
16.	Crok Pieter	91	08-021	1:12.40	25m	16-4-06	Haarlem (NED)	308
17.	Meijer Arno	75	08-021	1:12.70	25m	4-11-90	Zaandam (NED)	304
18.	Gaal Roel	01	08-021	1:12.75	25m	17-11-16	Heemskerk (NED)	303
19.	Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83		301
20.	Kuijper Alex	08	08-021	1:13.52	25m	10-12-23	Alkmaar (NED)	294
21.	Gaal Koen	99	08-021	1:13.76	25m	28-9-14	Zaandam (NED)	291
22.	de Ruijter Richard	88	08-021	1:13.80	25m	28-12-03	Maastricht (NED)	290
23.	Kleijne Barry	93	08-021	1:13.85	25m	25-9-08	Heemskerk (NED)	290
24.	de Wit Stephen	93	08-021	1:14.08	25m	25-9-08	Heemskerk (NED)	287
25.	Missot Paul	64	08-021	1:14.80	25m	4-11-79	Zaandam (NED)	279

200 rugslag

1.	Offringa Rick	03	08-021	2:28.50	25m	18-11-18	Hoofddorp (NED)	359
2.	Essers Tim	88	08-021	2:30.14	25m	9-11-03	Zaandam	348
3.	Schelvis Sjeng	89	08-021	2:30.89	25m	28-11-04	Heemskerk (NED)	343
4.	Hermans Luuk	85	08-021	2:31.50	25m	14-12-00	Heemskerk (NED)	338
5.	Crok Pieter	91	08-021	2:31.54	25m	26-11-06	Heemskerk (NED)	338
6.	Butter Martijn	79	08-021	2:33.20	25m	20-10-94	Heemskerk (NED)	327
7.	Oudendijk Paul	81	08-021	2:34.30	25m	10-10-96	Heemskerk (NED)	320
8.	Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)	318
9.	Groen Jarno	01	08-021	2:36.04	25m	13-11-16	Purmerend (NED)	310
10.	Hoenink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk	306
11.	Steenbergen Roderik	82	08-021	2:37.10	25m	11-9-97	Heemskerk (NED)	303
12.	Kleijne Barry	93	08-021	2:37.19	25m	16-11-08	Amsterdam-oost (NED)	303
13.	Jongert Sjoerd	01	08-021	2:37.75	25m	13-11-16	Purmerend (NED)	300
14.	Kramer Vincent	82	08-021	2:37.90	25m	1-5-97	Heemskerk (NED)	299
15.	van der Linden René	70	08-021	2:40.20	25m	31-12-85		286
15.	Meijer Arno	75	08-021	2:40.20	25m	8-11-90	Heemskerk (NED)	286
17.	Stins Arnold	83	08-021	2:41.82	25m	11-10-98	Alkmaar (NED)	278
18.	Blaauw Mica	05	08-021	2:41.94	25m	20-9-20	Haarlem (NED)	277
19.	Kemmeren Ferry	91	08-021	2:42.00	25m	26-11-06	Heemskerk (NED)	277
20.	Glorie Daan	88	08-021	2:42.46	25m	25-9-03	Heemskerk (NED)	274
21.	de Wit Stephen	93	08-021	2:42.81	25m	16-11-08	Amsterdam-oost (NED)	273
22.	Gaal Koen	99	08-021	2:45.34	25m	30-3-14	Zaandam (NED)	260
23.	van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)	260
24.	van Hannen Erik	67	08-021	2:46.40	25m	14-3-82		255
25.	de Ruijter Richard	88	08-021	2:46.44	25m	9-11-03	Zaandam	255

500 rugslag

25 schoolslag

1.	de Boer Stephan	83	08-021	16.20	25m	19-3-98	Heemskerk (NED)	369
2.	Crok Pieter	91	08-021	16.48	25m	27-4-06	Heemskerk	350
3.	Hermans Luuk	85	08-021	16.85	25m	17-2-00	Heemskerk (NED)	327
4.	Kerkhof Arno	72	08-021	16.90	25m	17-12-87	Heemskerk (NED)	325
5.	Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)	321
6.	Zwaan Bas	76	08-021	17.00	25m	16-5-91	Heemskerk (NED)	319
6.	Hoenink Jarl	86	08-021	17.00	25m	22-2-01	Heemskerk (NED)	319
8.	van Rookhuizen Barry	82	08-021	17.30	25m	13-3-97	Heemskerk (NED)	303
9.	Stins Arnold	83	08-021	17.40	25m	19-3-98	Heemskerk (NED)	297
10.	Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
11.	de Caluwé Niels	91	08-021	17.61	25m	27-4-06	Heemskerk	287
12.	Kemmeren Ferry	91	08-021	17.82	25m	27-4-06	Heemskerk	277
13.	Andeweg Celedonio	76	08-021	17.90	25m	16-5-91	Heemskerk (NED)	273
14.	Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
15.	Kramer Vincent	82	08-021	18.10	25m	13-3-97	Heemskerk (NED)	264
16.	Lamers Koen	91	08-021	18.41	25m	27-4-06	Heemskerk	251
17.	Martijn Onno	91	08-021	18.53	25m	27-4-06	Heemskerk	246
18.	Hoenink Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)	240
19.	Beentjes Bastiaan	78	08-021	18.70	25m	17-6-93	Heemskerk (NED)	239
19.	Oortwijn Maarten	80	08-021	18.70	25m	27-4-95	Heemskerk (NED)	239
21.	de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)	233
22.	Krijger Jan-Willem	81	08-021	19.30	25m	14-3-96	Heemskerk (NED)	218
23.	Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)	214
24.	Zijlstra Jeroen	80	08-021	19.60	25m	27-4-95	Heemskerk (NED)	208
25.	Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)	207

50 schoolslag

1.	van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
2.	de Boer Stephan	83	08-021	33.95	25m	19-9-98	Amersfoort (NED)	411
3.	de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
4.	Ayari Adam	08	08-021	35.05	25m	21-9-23	Heemskerk (NED)	373
5.	Schaaper Bart	73	08-021	35.20	25m	31-12-88		369
6.	Bok Reitze	73	08-021	35.80	25m	31-12-88		350
7.	Palmboom Pascal	89	08-021	35.83	25m	28-12-04	Maastricht (NED)	349
8.	Hermans Luuk	85	08-021	36.07	25m	14-12-00	Heemskerk (NED)	343
9.	Crok Pieter	91	08-021	36.21	25m	30-12-06	Maastricht (NED)	339
10.	Meijer Arno	75	08-021	36.60	25m	21-6-90	Heemskerk (NED)	328
11.	Jongert Sjoerd	01	08-021	36.66	25m	15-5-16	Purmerend (NED)	326
12.	van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk	324
13.	Glorie Daan	88	08-021	37.04	25m	27-11-03	Heemskerk (NED)	316
14.	Kemmeren Ferry	91	08-021	37.36	25m	30-12-06	Maastricht (NED)	308
15.	Butter Stijn	11	08-021	37.56	25m	8-11-26	Purmerend (NED)	303
16.	Schelvis Sjeng	89	08-021	37.57	25m	25-11-04	Heemskerk (NED)	303
17.	Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond (NED)	301
18.	Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)	300
18.	van Rookhuizen Barry	82	08-021	37.70	25m	5-10-97	Zaandam (NED)	300
20.	Essers Tim	88	08-021	37.74	25m	9-3-03	Zuidoostbeemster (NED)	299
21.	van der Gracht Jory	87	08-021	37.86	25m	28-11-02	Heemskerk	296
22.	Butter Martijn	79	08-021	37.90	25m	20-10-94	Heemskerk (NED)	295

50 schoolslag (sinds 23)

23.	Butter Joris	86	08-021	38.09	25m	20-12-01	Heemskerk	291
24.	Oortwijn Kalle	05	08-021	38.11	25m	20-9-20	Haarlem (NED)	290
25.	de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk	290

100 schoolslag

1.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
2.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
3.	van Rijn Michael	70	08-021	1:16.10	25m	31-12-85		390
4.	de Ruijter Richard	88	08-021	1:16.62	25m	14-12-03	Heemskerk (NED)	382
5.	Meijer Arno	75	08-021	1:18.00	25m	16-12-90	Heemskerk (NED)	362
6.	Keessen Jeroen	67	08-021	1:18.10	25m	28-2-82		360
7.	Bok Reitze	73	08-021	1:18.50	25m	17-9-88		355
8.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)	351
9.	Hermans Luuk	85	08-021	1:19.03	25m	10-12-00	Heemskerk (NED)	348
10.	Jongert Sjoerd	01	08-021	1:19.11	25m	13-10-16	Heemskerk (NED)	347
11.	Crok Pieter	91	08-021	1:19.67	25m	19-11-06	Purmerend (NED)	340
12.	Oortwijn Kalle	05	08-021	1:19.68	25m	20-9-20	Haarlem (NED)	339
13.	Butter Stijn	11	08-021	1:20.23	25m	8-11-26	Purmerend (NED)	333
14.	Essers Tim	88	08-021	1:21.07	25m	21-4-03	Haarlem	322
15.	Stins Arnold	83	08-021	1:21.11	25m	13-12-98	Heemskerk (NED)	322
16.	Palmboom Pascal	89	08-021	1:21.17	25m	28-12-04	Maastricht (NED)	321
17.	van Duin Peter	65	08-021	1:21.40	25m	22-11-80	Heemskerk (NED)	318
18.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)	317
19.	Glorie Daan	88	08-021	1:22.42	25m	28-12-03	Maastricht (NED)	307
20.	van der Gracht Jory	87	08-021	1:22.43	25m	28-12-02	Hoorn (NED)	307
21.	Butter Martijn	79	08-021	1:22.60	25m	16-10-94	Heemskerk (NED)	305
22.	Pover Peter	69	08-021	1:22.80	25m	28-10-84	Egmond (NED)	302
23.	Kranenburg Fred	63	08-021	1:23.00	25m	31-12-78		300
24.	Andeweg Celedonio	76	08-021	1:23.10	25m	22-9-91	Zaandam (NED)	299
24.	Kramer Vincent	82	08-021	1:23.10	25m	14-12-97	Heemskerk (NED)	299

200 schoolslag

1.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
2.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
3.	van Rijn Michael	70	08-021	2:48.30	25m	31-12-85		366
4.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343
5.	Keessen Jeroen	67	08-021	2:52.40	25m	7-3-82		340
6.	Meijer Arno	75	08-021	2:53.80	25m	6-12-90	Heemskerk (NED)	332
7.	Jongert Sjoerd	01	08-021	2:54.47	25m	29-12-16	Leeuwarden (NED)	328
8.	Crok Pieter	91	08-021	2:56.03	25m	1-10-06	Volendam (NED)	320
9.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)	318
10.	Hermans Luuk	85	08-021	2:57.09	25m	8-10-00	Heemskerk (NED)	314
11.	Butter Martijn	79	08-021	2:57.50	25m	24-11-94	Heemskerk (NED)	312
12.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag (NED)	308
13.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)	306
14.	Glorie Daan	88	08-021	2:58.72	25m	5-10-03	Heemskerk (NED)	306
15.	Stins Arnold	83	08-021	2:59.10	25m	22-11-98	Zaandam (NED)	304
16.	van Duin Peter	65	08-021	2:59.50	25m	19-10-80	Heemskerk (NED)	302
17.	van der Gracht Jory	87	08-021	2:59.51	25m	31-10-02	Heemskerk	302
18.	Ayari Adam	08	08-021	2:59.72	25m	23-4-23	Den Helder (NED)	300
19.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91		294

200 schoolslag (sinds 20)

20.	Palmboom Pascal	89	08-021	3:01.51	25m	28-10-04	Heemskerk (NED)	292
21.	Butter Joris	86	08-021	3:02.79	25m	25-1-01	Heemskerk (NED)	286
22.	Hoenink Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk	283
23.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)	278
24.	Kramer Vincent	82	08-021	3:05.00	25m	9-10-97	Heemskerk (NED)	275
25.	Offringa Rick	03	08-021	3:05.08	25m	18-3-18	Purmerend (NED)	275

250 schoolslag

500 schoolslag

1.	Dekker Matthijs	90	08-021	8:22.25	OW	26-6-05	Breukelen (NED)
2.	de Ruijter Richard	88	08-021	8:28.39	OW	15-6-03	Spaarnwoude (NED)
3.	Glorie Daan	88	08-021	8:50.61	OW	19-7-03	Wijk en Aalburg (NED)
4.	Jongert Sjoerd	01	08-021	8:50.75	OW	4-9-16	Vlissingen (NED)
5.	Tijms Stefan	93	08-021	9:15.90	OW	22-6-08	Breukelen (NED)
6.	Palmboom Pascal	89	08-021	9:16.23	OW	21-8-04	Bussloo (NED)
7.	Kemmeren Ferry	91	08-021	9:40.74	OW	30-7-06	Hoorn (NED)
8.	Offringa Rick	03	08-021	9:43.60	OW	15-7-18	Amsterdam (NED)
9.	Kleijne Barry	93	08-021	9:57.12	OW	7-9-08	Vlissingen (NED)

800 schoolslag

1000 schoolslag

1.	Butter Stijn	11	08-021	16:20.16	OW	4-7-26	Sluis (NED)
2.	Jongert Sjoerd	01	08-021	17:43.94	OW	23-7-16	Amstelveen (NED)
3.	Dekker Matthijs	90	08-021	18:14.11	OW	23-7-05	Anna-Paulowna (NED)
4.	Tijms Stefan	93	08-021	19:19.29	OW	19-7-08	Anna-Paulowna (NED)
5.	Kleijne Barry	93	08-021	21:33.04	OW	17-8-08	Aalsmeer (NED)

1250 schoolslag

1500 schoolslag

1.	Jongert Sjoerd	01	08-021	28:06.00	OW	3-9-16	Wilhelminadorp (NED)

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Kerkhof Arno	72	08-021	13.60	25m	17-12-87	Heemskerk (NED)	385
2.	Crok Pieter	91	08-021	14.10	25m	27-4-06	Heemskerk	346
3.	Hermans Luuk	85	08-021	14.40	25m	4-5-00	Heemskerk (NED)	324
4.	van Rookhuizen Barry	82	08-021	14.60	25m	13-2-97	Heemskerk (NED)	311
5.	Krijger Jan-Willem	81	08-021	14.80	25m	8-2-96	Heemskerk (NED)	299
6.	Lamers Koen	91	08-021	14.86	25m	27-4-06	Heemskerk	295
7.	Hoenink Jarl	86	08-021	14.88	25m	29-3-01	Heemskerk (NED)	294
8.	Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
9.	Zwaan Bas	76	08-021	15.20	25m	16-5-91	Heemskerk (NED)	276
10.	Stins Arnold	83	08-021	15.30	25m	15-1-98	Heemskerk (NED)	270
11.	de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)	267
12.	Kramer Vincent	82	08-021	15.40	25m	13-2-97	Heemskerk (NED)	265
13.	Kemmeren Ferry	91	08-021	15.42	25m	27-4-06	Heemskerk	264
14.	de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	258
15.	de Boer Stephan	83	08-021	15.60	25m	15-1-98	Heemskerk (NED)	255
16.	Dekker Rudie	78	08-021	15.70	25m	17-6-93	Heemskerk (NED)	250
17.	Oortwijn Maarten	80	08-021	15.90	25m	16-3-95	Heemskerk (NED)	241
18.	Martijn Onno	91	08-021	15.94	25m	27-4-06	Heemskerk	239
19.	de Caluwé Niels	91	08-021	16.19	25m	27-4-06	Heemskerk	228
20.	Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)	218
21.	de Groot Peter	80	08-021	16.50	25m	16-3-95	Heemskerk (NED)	215
21.	Oudendijk Paul	81	08-021	16.50	25m	8-2-96	Heemskerk (NED)	215
23.	Tijms Stefan	93	08-021	16.63	25m	29-5-08	Heemskerk (NED)	210
24.	Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)	202
25.	de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)	195

50 vlinderslag

1.	Schelvis Sjeng	89	08-021	28.56	25m	23-12-04	Heemskerk (NED)	444
2.	Camphuijnder Jasper	05	08-021	28.80	25m	4-10-20	Heemskerk (NED)	433
3.	Crok Pieter	91	08-021	30.31	25m	5-11-06	Zaandam (NED)	372
4.	van der Gracht Jory	87	08-021	30.81	25m	31-1-02	Heemskerk	354
5.	Lamers Koen	91	08-021	31.06	25m	14-12-06	Heemskerk (NED)	345
6.	Kemmeren Ferry	91	08-021	31.29	25m	5-11-06	Zaandam (NED)	338
7.	Jongert Sjoerd	01	08-021	31.44	25m	9-10-16	Alkmaar (NED)	333
8.	Essers Tim	88	08-021	31.53	25m	9-3-03	Zuidoostbeemster (NED)	330
9.	Butter Martijn	79	08-021	31.60	25m	24-11-94	Heemskerk (NED)	328
10.	Groen Jarno	01	08-021	31.64	25m	17-11-16	Heemskerk (NED)	327
11.	Stins Arnold	83	08-021	31.66	25m	17-12-98	Heemskerk (NED)	326
12.	van Rookhuizen Barry	82	08-021	31.90	25m	11-12-97	Heemskerk (NED)	319
13.	Hermans Luuk	85	08-021	31.93	25m	3-12-00	Zaandam (NED)	318
13.	de Ruijter Richard	88	08-021	31.93	25m	28-12-03	Maastricht (NED)	318
15.	Ayari Adam	08	08-021	31.95	25m	12-11-23	Den Helder (NED)	317
16.	Kramer Vincent	82	08-021	32.00	25m	11-12-97	Heemskerk (NED)	316
17.	Glorie Daan	88	08-021	32.17	25m	18-12-03	Heemskerk (NED)	311
18.	Offringa Rick	03	08-021	32.26	25m	29-11-18	Heemskerk (NED)	308
19.	Meijer Arno	75	08-021	32.30	25m	21-6-90	Heemskerk (NED)	307
20.	Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)	300
20.	Gaal Roel	01	08-021	32.55	25m	17-11-16	Heemskerk (NED)	300
22.	Kerkhof Arno	72	08-021	32.70	25m	21-5-87	Heemskerk (NED)	296
23.	Kleijne Barry	93	08-021	33.04	50m	22-11-08	Beverwijk (NED)	312
24.	Butter Stijn	11	08-021	33.08	25m	11-10-26	Zaandam (NED)	286
25.	Pover Peter	69	08-021	33.20	25m	28-10-84	Egmond (NED)	283

100 vlinderslag

1.	Schelvis Sjeng	89	08-021	1:05.70	25m	7-11-04	Amsterdam (NED)	391
2.	Camphuijnder Jasper	05	08-021	1:08.53	25m	27-9-20	Alkmaar (NED)	345
3.	Meijer Arno	75	08-021	1:09.00	25m	16-12-90	Heemskerk (NED)	338
4.	van der Gracht Jory	87	08-021	1:09.53	25m	28-2-02	Heemskerk	330
5.	Jongert Sjoerd	01	08-021	1:09.61	25m	11-12-16	Alkmaar (NED)	329
6.	Essers Tim	88	08-021	1:09.95	25m	28-12-03	Maastricht (NED)	324
7.	Kemmeren Ferry	91	08-021	1:11.11	25m	10-12-06	Heemskerk (NED)	309
8.	Butter Martijn	79	08-021	1:11.80	25m	15-12-94	Heemskerk (NED)	300
9.	Schaaper Bart	73	08-021	1:12.20	25m	31-12-88		295
10.	Glorie Daan	88	08-021	1:13.00	25m	28-12-03	Maastricht (NED)	285
11.	Groen Jarno	01	08-021	1:13.32	25m	18-2-16	Heemskerk (NED)	281
12.	Hagebout Marcel	68	08-021	1:13.70	25m	31-12-83		277
13.	Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)	275
14.	Crok Pieter	91	08-021	1:14.60	25m	28-12-06	Maastricht (NED)	267
15.	Lamers Koen	91	08-021	1:14.66	25m	10-12-06	Heemskerk (NED)	267
16.	de Ruijter Richard	88	08-021	1:15.16	25m	5-1-03	Aalsmeer (NED)	261
17.	Kramer Vincent	82	08-021	1:15.30	25m	26-10-97	Heemskerk (NED)	260
18.	Oortwijn Kalle	05	08-021	1:15.57	25m	30-1-20	Heemskerk (NED)	257
19.	Oortwijn Maarten	80	08-021	1:15.90	25m	27-4-95	Heemskerk (NED)	254
20.	van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)	253
20.	van Rookhuizen Barry	82	08-021	1:16.00	25m	26-10-97	Heemskerk (NED)	253
22.	Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)	251
23.	Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89		248
24.	Kleijne Barry	93	08-021	1:16.60	25m	30-11-08	Heemskerk (NED)	247
25.	Offringa Rick	03	08-021	1:16.76	25m	15-2-18	Heemskerk (NED)	245

200 vlinderslag

1.	Jongert Sjoerd	01	08-021	2:38.30	25m	27-11-16	Zaandam (NED)	322
2.	van der Gracht Jory	87	08-021	2:40.78	25m	22-12-02	Zaandam	307
3.	Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
4.	Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
5.	Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
6.	Essers Tim	88	08-021	2:49.00	50m	18-5-03	Beverwijk (NED)	287
7.	Meijer Arno	75	08-021	2:50.20	25m	8-4-90	Volendam (NED)	259
8.	Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)	239
9.	Stins Arnold	83	08-021	2:55.50	25m	9-5-98	Zaandam (NED)	236
10.	Glorie Daan	88	08-021	2:55.52	25m	27-11-03	Heemskerk (NED)	236
11.	Kleijne Barry	93	08-021	2:55.82	25m	10-5-08	Purmerend (NED)	235
12.	Crok Pieter	91	08-021	2:56.42	25m	30-11-06	Heemskerk	233
13.	Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)	228
14.	van Rookhuizen Barry	82	08-021	3:00.00	25m	9-3-97	Alkmaar (NED)	219
15.	Butter Stijn	11	08-021	3:06.02	25m	15-2-26	Haarlem (NED)	198
16.	Lamers Koen	91	08-021	3:06.78	50m	14-5-06	Beverwijk (NED)	212
17.	de Ruijter Richard	88	08-021	3:07.57	25m	27-11-03	Heemskerk (NED)	193
18.	de Wit Stephen	93	08-021	3:09.84	25m	31-1-08	Heemskerk (NED)	187
19.	Palmboom Pascal	89	08-021	3:10.17	25m	25-11-04	Heemskerk (NED)	186
20.	Hoenink Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk	178
21.	Butter Joris	86	08-021	3:18.37	25m	20-12-01	Heemskerk	163
22.	de Ruijter René	86	08-021	3:28.10	25m	20-12-01	Heemskerk	141
23.	van Hannen Erik	67	08-021	3:30.00	25m	7-3-82		138
24.	Steijn Daan	11	08-021	3:47.82	25m	15-2-26	Haarlem (NED)	108

1000 vlinderslag

75 wisselslag

100 wisselslag

1.	Schelvis Sjeng	89	08-021	1:07.91	25m	30-9-04	Heemskerk (NED)	406
2.	Crok Pieter	91	08-021	1:08.53	25m	5-11-06	Zaandam (NED)	395
3.	Jongert Sjoerd	01	08-021	1:08.67	25m	9-10-16	Alkmaar (NED)	393
4.	Essers Tim	88	08-021	1:09.16	25m	28-12-03	Maastricht (NED)	384
5.	de Boer Stephan	83	08-021	1:09.89	25m	15-11-98	Zaandam (NED)	372
6.	de Ruijter Richard	88	08-021	1:10.01	25m	28-12-03	Maastricht (NED)	370
7.	Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83		366
8.	Offringa Rick	03	08-021	1:10.38	25m	9-12-18	Zaandam (NED)	365
9.	Butter Martijn	79	08-021	1:10.70	25m	11-12-94	Heemskerk (NED)	360
10.	Butter Stijn	11	08-021	1:11.06	25m	21-11-26	Purmerend (NED)	354
11.	Hermans Luuk	85	08-021	1:11.46	25m	23-9-00	Amersfoort (NED)	348
12.	Meijer Arno	75	08-021	1:11.80	25m	14-6-90	Heemskerk (NED)	343
13.	Gaal Roel	01	08-021	1:12.17	25m	19-5-16	Heemskerk (NED)	338
14.	van der Gracht Jory	87	08-021	1:12.29	25m	26-9-02	Heemskerk	336
15.	Kramer Vincent	82	08-021	1:12.40	25m	5-10-97	Zaandam (NED)	335
16.	Stins Arnold	83	08-021	1:12.49	25m	29-11-98	Zuidoost Beemster (NED)	334
17.	Ayari Adam	08	08-021	1:12.91	25m	25-5-23	Heemskerk (NED)	328
18.	Schaaper Bart	73	08-021	1:13.00	25m	31-12-88		327
19.	Glorie Daan	88	08-021	1:13.09	25m	25-9-03	Heemskerk (NED)	325
20.	Keessen Jeroen	67	08-021	1:13.20	25m	7-2-82		324
21.	Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden (NED)	323
22.	Groen Jarno	01	08-021	1:13.37	25m	27-11-16	Zaandam (NED)	322
23.	Butter Joris	86	08-021	1:13.48	25m	9-12-01	Heemskerk	320
24.	de Wit Stephen	93	08-021	1:13.67	25m	30-11-08	Heemskerk (NED)	318
25.	Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)	317

150 wisselslag

200 wisselslag

1.	Schelvis Sjeng	89	08-021	2:27.94	25m	3-10-04	Heemskerk (NED)	406
2.	Offringa Rick	03	08-021	2:30.26	25m	17-11-18	Hoofddorp (NED)	388
3.	Meijer Arno	75	08-021	2:31.50	25m	2-12-90		378
4.	de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)	376
5.	Jongert Sjoerd	01	08-021	2:32.14	25m	4-12-16	Zaandam (NED)	374
6.	Crok Pieter	91	08-021	2:32.35	25m	15-1-06	Zaandam (NED)	372
7.	Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)	361
8.	Butter Stijn	11	08-021	2:34.02	25m	15-11-26	Hoofddorp (NED)	360
9.	Oortwijn Kalle	05	08-021	2:34.06	25m	20-9-20	Haarlem (NED)	360
10.	Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)	357
11.	Essers Tim	88	08-021	2:34.98	25m	26-10-03	Zaandam	353
12.	de Ruijter Richard	88	08-021	2:36.30	25m	30-1-03	Heemskerk	345
13.	Stins Arnold	83	08-021	2:37.12	25m	26-11-98	Heemskerk (NED)	339
14.	van Rijn Michael	70	08-021	2:37.50	25m	29-9-85	Heemskerk (NED)	337
15.	Glorie Daan	88	08-021	2:38.05	25m	26-10-03	Zaandam	333
16.	Camphuijnder Jasper	05	08-021	2:38.26	25m	27-9-20	Alkmaar (NED)	332
17.	Kramer Vincent	82	08-021	2:38.50	25m	16-11-97	Zaandam (NED)	330

200 wisselslag (sinds 18)

18.	Butter Martijn	79	08-021	2:38.60	25m	20-1-94	Heemskerk	330
19.	Oudendijk Paul	81	08-021	2:39.00	25m	24-11-96	Castricum (NED)	327
20.	Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)	327
21.	Kerkhof Arno	72	08-021	2:39.50	25m	29-11-87	Amstelveen (NED)	324
22.	van der Gracht Jory	87	08-021	2:39.51	25m	13-1-02	Zaandam	324
23.	Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)	316
24.	van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)	315
25.	Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)	314

300 wisselslag

1.	Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)	
2.	Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)	
3.	de Ruijter Richard	88	08-021	4:03.11	25m	30-11-03	Heemskerk (NED)	
4.	van der Gracht Jory	87	08-021	4:08.38	25m	24-11-02	Amsterdam	
5.	Hoenink Jarl	86	08-021	4:16.82	25m	23-12-01	Amsterdam	
6.	Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)	
7.	Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)	
8.	Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)	
9.	Butter Joris	86	08-021	4:34.58	25m	20-1-01	Amsterdam (NED)	

400 wisselslag

1.	Offringa Rick	03	08-021	5:20.29	25m	24-11-18	Hoofddorp (NED)	397
2.	Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
3.	Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
4.	Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
5.	Jongert Sjoerd	01	08-021	5:34.31	25m	11-12-16	Alkmaar (NED)	349
6.	Meijer Arno	75	08-021	5:35.80	25m	9-12-90	Volendam (NED)	344
7.	Butter Martijn	79	08-021	5:36.40	25m	6-3-94	Assendelft (NED)	343
8.	Butter Stijn	11	08-021	5:37.48	25m	21-11-26	Purmerend (NED)	339
9.	de Boer Stephan	83	08-021	5:37.60	25m	17-5-98	Den Helder (NED)	339
10.	Kemmeren Ferry	91	08-021	5:53.35	25m	15-6-06	Heemskerk (NED)	296
11.	Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)	294
12.	de Ruijter Richard	88	08-021	5:54.48	25m	23-2-03	Heemskerk	293
13.	van der Gracht Jory	87	08-021	5:54.90	25m	24-2-02	Heemskerk	292
14.	Glorie Daan	88	08-021	5:55.63	25m	23-2-03	Heemskerk	290
15.	Hoenink Jarl	86	08-021	5:58.52	25m	25-2-01	Heemskerk (NED)	283
16.	Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)	277
17.	Stins Arnold	83	08-021	6:05.00	25m	16-4-98	Heemskerk (NED)	268
18.	Lamers Koen	91	08-021	6:08.60	25m	19-2-06	Zaandam (NED)	260
19.	Hermans Luuk	85	08-021	6:09.60	25m	30-3-00	Heemskerk (NED)	258
20.	Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer	245
21.	Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)	216
22.	Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)	207
23.	van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)	201