10 jaar, Heren 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	Schelvis Sjeng	89	08-021	16.70	25m	15-4-99	Heemskerk (NED)	163
2.	Lamers Koen	91	08-021	17.10	25m	29-3-01	Heemskerk (NED)	152
3.	Gaal Roel	01	08-021	17.18	25m	30-6-11	Heemskerk (NED)	150
4.	Butter Martijn	79	08-021	17.90	25m	31-12-89	Heemskerk (NED)	132
5.	Groen Jarno	01	08-021	18.08	25m	14-4-11	Heemskerk (NED)	128
6.	van Rijn Michael	70	08-021	18.10	25m	10-2-80	Heerhugowaard (NED)	128
7.	Feyen Erik	66	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
8.	Welboren Mischa	89	08-021	18.43	25m	25-3-99	Heemskerk (NED)	121
9.	Heeremans Tim	78	08-021	18.50	25m	31-12-88		120
10.	de Wit Job	98	08-021	18.98	25m	29-5-08	Heemskerk (NED)	111
11.	Smit Rob	69	08-021	19.00	25m	1-9-79	Heemskerk (NED)	110
12.	de Weers Luuk	13	08-021	19.12	25m	4-6-23	Haarlem (NED)	108
13.	Tuinstra Sean	98	08-021	19.16	25m	29-5-08	Heemskerk (NED)	108
14.	de Rooij Roel	87	08-021	19.30	25m	6-2-97	Heemskerk (NED)	105
15.	de Boer Tobias	02	08-021	19.39	25m	26-4-12	Heemskerk (NED)	104
16.	Huisman Rene	69	08-021	19.40	25m	1-9-79	Heemskerk (NED)	104
17.	de Rooij Coen	89	08-021	19.41	25m	25-3-99	Heemskerk (NED)	104
18.	Ursem Rob	69	08-021	19.60	25m	1-9-79	Heemskerk (NED)	101
18.	Hoenink Jarl	86	08-021	19.60	25m	14-3-96	Heemskerk (NED)	101
20.	van Meijden Mika	16	08-021	20.09	25m	21-5-26	Heemskerk (NED)	93
21.	Krijger Jan-Willem	81	08-021	20.20	25m	16-5-91	Heemskerk (NED)	92
22.	Palmboom Pascal	89	08-021	20.26	25m	25-3-99	Heemskerk (NED)	91
22.	de Vries Allard	96	08-021	20.26	25m	27-4-06	Heemskerk	91
24.	van Hardeveld Richard	69	08-021	20.30	25m	1-9-79	Heemskerk (NED)	90
25.	Leek Hans	66	08-021	20.40	25m	30-3-76	Heemskerk (NED)	89

50 vrije slag

1.	Offringa Rick	03	08-021	33.47	25m	31-10-13	Heemskerk (NED)	221
2.	Lamers Koen	91	08-021	33.54	25m	25-10-01	Heemskerk	220
3.	Dekker Ruben	93	08-021	34.08	25m	16-3-03	Heemskerk	210
4.	Druyven Jorrick	94	08-021	35.06	25m	31-10-04	Zuidoostbeemster (NED)	192
5.	Gaal Koen	99	08-021	35.68	25m	27-9-09	Zaandam (NED)	183
6.	Kleijne Barry	93	08-021	35.79	25m	19-1-03	Zaandam	181
7.	Yayli Serkan	92	08-021	35.94	25m	26-9-02	Heemskerk	179
8.	Koopman Axel	92	08-021	36.24	25m	22-12-02	Zaandam	174
9.	Nolte Martijn	74	08-021	36.30	25m	2-9-84	Heemskerk (NED)	173
10.	Hoekstra Marcel	78	08-021	36.80	25m	13-3-88	Sassenheim (NED)	166
11.	de Vriend Ruben	03	08-021	36.83	25m	8-9-13	Zaandam (NED)	166

50 vrije slag (sinds 12)

12.	Oortwijn Kalle	05	08-021	36.90	25m	4-10-15	Purmerend (NED)	165
13.	Smit Rob	69	08-021	37.10	25m	16-12-79	(NED)	162
14.	Nijland Yoran	05	08-021	37.11	25m	22-11-15	Haarlem (NED)	162
15.	Schelvis Sjeng	89	08-021	37.19	25m	4-11-99	Heemskerk (NED)	161
16.	Vessies Max	03	08-021	37.42	25m	8-12-13	Amstelveen (NED)	158
17.	Gaal Roel	01	08-021	37.68	25m	13-11-11	Zaandam (NED)	155
18.	Meijer Arno	75	08-021	37.90	25m	29-9-85	Heemskerk (NED)	152
19.	Tuinstra Sean	98	08-021	38.15	25m	25-10-08	Hoorn (NED)	149
20.	Missot Paul	64	08-021	38.20	25m	31-12-74		149
20.	Ursem Jerre	73	08-021	38.20	25m	11-12-83	Heemskerk (NED)	149
20.	Wiegman Stefan	74	08-021	38.20	25m	31-12-84		149
23.	Groen Jarno	01	08-021	38.26	25m	20-11-11	Zaandam (NED)	148
24.	Hagebout Marcel	68	08-021	38.80	50m	11-6-78	Beverwijk (NED)	156
25.	Groot Sander	88	08-021	38.83	25m	26-11-98	Heemskerk (NED)	142

100 vrije slag

1.	Dekker Ruben	93	08-021	1:11.10	25m	23-11-03	Zaandam (NED)	252
2.	Offringa Rick	03	08-021	1:13.96	25m	17-11-13	Heemskerk (NED)	224
3.	Lamers Koen	91	08-021	1:14.32	25m	27-9-01	Heemskerk	221
4.	Tijms Stefan	93	08-021	1:16.07	25m	9-11-03	Zaandam	206
5.	Druyven Jorrick	94	08-021	1:17.20	25m	21-11-04	Zaandam (NED)	197
6.	Kleijne Barry	93	08-021	1:18.38	25m	9-11-03	Zaandam	188
7.	Gaal Koen	99	08-021	1:19.93	25m	13-6-09	Zaandam (NED)	177
8.	van der Kroft Barry	82	08-021	1:20.50	25m	29-11-92	Heemskerk (NED)	173
9.	Nolte Martijn	74	08-021	1:21.00	25m	28-10-84	Egmond (NED)	170
10.	Gaal Roel	01	08-021	1:21.25	25m	27-11-11	Heemskerk (NED)	169
11.	de Vriend Ruben	03	08-021	1:21.45	25m	13-10-13	Zaandam (NED)	167
12.	Schelvis Sjeng	89	08-021	1:21.96	25m	7-11-99	Zaandam (NED)	164
13.	Koopman Axel	92	08-021	1:22.03	25m	17-11-02	Heemskerk	164
14.	Nijland Yoran	05	08-021	1:22.22	25m	29-11-15	Heemskerk (NED)	163
15.	Oortwijn Kalle	05	08-021	1:22.30	25m	11-10-15	Zaandam (NED)	162
16.	Yayli Serkan	92	08-021	1:23.35	25m	17-11-02	Heemskerk	156
17.	Wiegman Stefan	74	08-021	1:24.00	25m	7-10-84	Volendam (NED)	153
18.	Hagebout Marcel	68	08-021	1:24.20	25m	21-5-78	Heemskerk (NED)	152
19.	Hoekstra Marcel	78	08-021	1:24.30	25m	7-2-88	Heemskerk (NED)	151
20.	van Rookhuizen Barry	82	08-021	1:25.10	25m	3-10-92		147
21.	Groen Jarno	01	08-021	1:25.65	25m	27-11-11	Heemskerk (NED)	144
22.	de Wit Job	98	08-021	1:25.66	25m	16-3-08	Zaandam (NED)	144
23.	Smit Rob	69	08-021	1:26.20	25m	25-11-79	Heemskerk (NED)	141
24.	Vessies Max	03	08-021	1:27.19	25m	8-6-13	Zaandam (NED)	136
25.	Vlieland Roy	99	08-021	1:27.23	25m	22-11-09	Zaandam (NED)	136

200 vrije slag

1.	Dekker Ruben	93	08-021	2:36.40	25m	26-10-03	Zaandam	256
2.	Tijms Stefan	93	08-021	2:49.91	25m	26-10-03	Zaandam	200
3.	Druyven Jorrick	94	08-021	2:51.36	25m	17-10-04	Zaandam (NED)	195
4.	Kleijne Barry	93	08-021	2:55.56	25m	26-10-03	Zaandam	181
5.	Koopman Axel	92	08-021	2:59.32	25m	22-12-02	Zaandam	170
6.	van der Kroft Barry	82	08-021	3:00.20	25m	8-10-92	Heemskerk (NED)	167
7.	Lamers Koen	91	08-021	3:01.74	25m	16-9-01	Zaandam (NED)	163
8.	van Rookhuizen Barry	82	08-021	3:08.50	25m	8-10-92	Heemskerk (NED)	146
9.	de Vriend Ruben	03	08-021	3:12.53	25m	20-10-13	Zaandam (NED)	137
10.	Yayli Serkan	92	08-021	3:13.58	25m	17-3-02	Zaandam	135
11.	Schelvis Sjeng	89	08-021	3:13.89	25m	24-10-99	Zaandam (NED)	134
12.	Zwaan Nick	94	08-021	3:26.51	25m	25-1-04	Zaandam	111
13.	de Rooij Coen	89	08-021	3:27.73	25m	24-10-99	Zaandam (NED)	109
14.	Nijland Yoran	05	08-021	3:27.87	25m	22-2-15	Zaandam (NED)	109
15.	Groen Jarno	01	08-021	3:30.08	25m	4-12-11	Zaandam (NED)	105
16.	Stins Arnold	83	08-021	3:31.40	25m	1-7-93	Heemskerk (NED)	103
17.	Vlieland Roy	99	08-021	3:35.22	25m	13-9-09	Zaandam (NED)	98
18.	Teufer Lorentz	96	08-021	3:35.94	25m	3-12-06	Zaandam (NED)	97
19.	Huskins James	16	08-021	3:40.78	25m	1-11-26	Zaandam (NED)	91
20.	Essers Tim	88	08-021	3:51.67	25m	11-10-98	Alkmaar (NED)	78
21.	Palmboom Pascal	89	08-021	3:53.12	25m	24-10-99	Zaandam (NED)	77
22.	Verhagen Bart	85	08-021	4:00.30	25m	8-6-95	Heemskerk (NED)	70
23.	Borst Corné	96	08-021	4:00.53	25m	18-5-06	Heemskerk (NED)	70
24.	de Vries Allard	96	08-021	4:03.54	25m	18-5-06	Heemskerk (NED)	67
25.	Viel Stefan	88	08-021	4:10.70	25m	19-3-98	Heemskerk (NED)	62

250 vrije slag

1.	Butter Jurre	12	08-021	13:08.87	OW	25-6-22	Anna-Paulowna (NED)	

300 vrije slag

1.	Tijms Stefan	93	08-021	4:26.41	25m	16-11-03	Heemskerk (NED)	200
2.	Kleijne Barry	93	08-021	4:38.58	25m	16-11-03	Heemskerk (NED)	174
3.	Lamers Koen	91	08-021	5:06.40	25m	21-1-01	Heemskerk (NED)	131
4.	Vlieland Roy	99	08-021	5:34.97	25m	8-11-09	Zaandam (NED)	100
5.	Teufer Lorentz	96	08-021	5:37.37	25m	3-12-06	Zaandam (NED)	98

400 vrije slag

1.	Dekker Ruben	93	08-021	5:40.02	25m	16-11-03	Heemskerk (NED)	243
2.	Tijms Stefan	93	08-021	5:51.68	25m	16-11-03	Heemskerk (NED)	219
3.	Druyven Jorrick	94	08-021	5:55.85	25m	14-11-04	Heemskerk (NED)	212
4.	Kleijne Barry	93	08-021	6:10.29	25m	16-11-03	Heemskerk (NED)	188
5.	Koopman Axel	92	08-021	6:15.01	25m	1-12-02	Heemskerk	181
6.	Lamers Koen	91	08-021	6:20.16	25m	31-5-01	Heemskerk (NED)	174
7.	Yayli Serkan	92	08-021	6:28.92	25m	1-12-02	Heemskerk	162
8.	de Vriend Ruben	03	08-021	6:30.91	25m	20-10-13	Zaandam (NED)	160
9.	van Rookhuizen Barry	82	08-021	6:33.10	25m	23-2-92	Zaandam (NED)	157
10.	Schelvis Sjeng	89	08-021	6:41.31	50m	31-10-99	Beverwijk (NED)	164
11.	Nijland Yoran	05	08-021	6:46.94	25m	22-2-15	Zaandam (NED)	141
12.	Hoenink Jarl	86	08-021	6:52.20	25m	10-11-96	Wormerveer (NED)	136
13.	Zwaan Nick	94	08-021	6:53.38	25m	7-3-04	Zaandam	135

400 vrije slag (sinds 14)

14.	Ursem Jerre	73	08-021	7:06.00	25m	13-3-83	Castricum (NED)	123
15.	Groen Jarno	01	08-021	7:10.93	25m	16-10-11	Zaandam (NED)	119
16.	Schaaper Bart	73	08-021	7:11.80	25m	13-3-83	Castricum (NED)	118
17.	Tholen Martijn	72	08-021	7:13.00	25m	10-1-82	Wormerveer (NED)	117
18.	Vlieland Roy	99	08-021	7:23.06	25m	8-11-09	Zaandam (NED)	109
19.	Welboren Mark	87	08-021	7:33.70	50m	9-11-97	Beverwijk (NED)	114
20.	Teufer Lorentz	96	08-021	7:37.83	25m	3-12-06	Zaandam (NED)	99
21.	Oortwijn Maarten	80	08-021	7:37.90	25m	9-12-90	Volendam (NED)	99
22.	Heeremans Tim	78	08-021	7:51.70	25m	6-10-88	Heemskerk (NED)	91

500 vrije slag

1.	Dekker Ruben	93	08-021	7:18.04	OW	5-7-03	Sluis (NED)	
2.	Vlieland Roy	99	08-021	10:38.20	OW	26-7-09	Langedijk (NED)	
3.	Nijland Yoran	05	08-021	10:51.72	OW	23-8-15	Hoorn (NED)	
4.	Koopman Axel	92	08-021	11:20.23	OW	23-6-02	Breukelen (NED)	

800 vrije slag

1.	Groen Jarno	01	08-021	14:39.17	25m	4-12-11	Zaandam (NED)	128

1000 vrije slag

1250 vrije slag

1500 vrije slag

2000 vrije slag

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Dekker Ruben	93	08-021	18.64	25m	19-1-03	Zaandam	171
2.	Kleijne Barry	93	08-021	19.63	25m	19-1-03	Zaandam	147
3.	Schelvis Sjeng	89	08-021	20.10	25m	21-12-99	Heemskerk (NED)	136
4.	Lamers Koen	91	08-021	20.54	25m	22-2-01	Heemskerk (NED)	128
5.	Koopman Axel	92	08-021	20.64	25m	13-1-02	Zaandam	126
6.	Yayli Serkan	92	08-021	20.95	25m	13-1-02	Zaandam	120
7.	de Rooij Coen	89	08-021	21.62	25m	7-3-99	Zaandam (NED)	110
8.	Palmboom Pascal	89	08-021	21.64	25m	25-3-99	Heemskerk (NED)	109
9.	de Wit Job	98	08-021	21.82	25m	29-5-08	Heemskerk (NED)	107
10.	Butter Martijn	79	08-021	22.20	25m	31-12-89	Heemskerk (NED)	101
11.	de Vries Allard	96	08-021	22.41	25m	27-4-06	Heemskerk	98
12.	Pover Peter	69	08-021	22.50	25m	13-10-79	Heemskerk (NED)	97
13.	Welboren Mischa	89	08-021	22.61	25m	25-3-99	Heemskerk (NED)	96
14.	Wassenaar Joris	01	08-021	22.67	25m	25-9-11	Hoorn (NED)	95
15.	van Hardeveld Richard	69	08-021	22.80	25m	13-10-79	Heemskerk (NED)	93
16.	Tuinstra Sean	98	08-021	23.03	25m	29-5-08	Heemskerk (NED)	91
17.	Huisman Rene	69	08-021	23.30	25m	13-10-79	Heemskerk (NED)	87
17.	van Rijn Michael	70	08-021	23.30	25m	10-2-80	Heerhugowaard (NED)	87
17.	Hoenink Jarl	86	08-021	23.30	25m	8-2-96	Heemskerk (NED)	87
20.	Verhagen Bart	85	08-021	23.40	25m	27-4-95	Heemskerk (NED)	86
20.	de Rooij Roel	87	08-021	23.40	25m	6-2-97	Heemskerk (NED)	86
22.	Ursem Rob	69	08-021	24.50	25m	13-10-79	Heemskerk (NED)	75
23.	Steijn Twan	13	08-021	24.66	25m	8-10-23	Zaandam (NED)	74
24.	de Boer Stephan	83	08-021	24.70	25m	16-6-93		73
24.	Stins Arnold	83	08-021	24.70	25m	17-6-93	Heemskerk (NED)	73

50 rugslag

1.	Dekker Ruben	93	08-021	37.37	25m	30-10-03	Heemskerk	210
2.	Tijms Stefan	93	08-021	40.87	25m	30-10-03	Heemskerk	160
3.	Offringa Rick	03	08-021	41.14	25m	6-10-13	Heemskerk (NED)	157
4.	Kleijne Barry	93	08-021	41.28	25m	9-11-03	Zaandam	155
5.	Lamers Koen	91	08-021	42.50	25m	29-11-01	Heemskerk	142
6.	Gaal Koen	99	08-021	42.71	25m	4-10-09	Amsterdam-oost (NED)	140
7.	de Vriend Ruben	03	08-021	42.91	25m	6-10-13	Heemskerk (NED)	138
8.	Druyven Jorrick	94	08-021	42.96	25m	7-11-04	IJmuiden (NED)	138
9.	Hoekstra Marcel	78	08-021	43.20	25m	10-6-88		136
10.	Gaal Roel	01	08-021	43.50	25m	9-4-11	Eindhoven (NED)	133
11.	Oortwijn Kalle	05	08-021	43.57	25m	4-10-15	Purmerend (NED)	132
12.	Missot Paul	64	08-021	43.70	25m	31-12-74		131
13.	Koopman Axel	92	08-021	43.80	25m	31-10-02	Heemskerk	130
14.	Vessies Max	03	08-021	43.96	25m	29-6-13	Eindhoven (NED)	129
15.	Blaauw Xam	07	08-021	44.41	50m	9-12-17	Beverwijk (NED)	158
16.	Hoenink Jarl	86	08-021	44.50	25m	7-11-96	Heemskerk (NED)	124
17.	Schelvis Sjeng	89	08-021	44.59	25m	21-11-99	Heemskerk (NED)	123
18.	de Wit Job	98	08-021	44.97	25m	27-3-08	Heemskerk (NED)	120
19.	Groen Jarno	01	08-021	45.28	25m	6-11-11	Zaandam (NED)	118
20.	Blaauw Mica	05	08-021	45.30	25m	6-9-15	Zaandam (NED)	118
21.	Nijland Yoran	05	08-021	45.91	25m	23-5-15	Purmerend (NED)	113
22.	Yayli Serkan	92	08-021	45.95	25m	25-4-02	Heemskerk	113
23.	de Rooij Coen	89	08-021	46.31	25m	21-11-99	Heemskerk (NED)	110
24.	Tuinstra Sean	98	08-021	46.33	25m	7-12-08	Zaandam (NED)	110
25.	Palmboom Pascal	89	08-021	46.73	25m	21-3-99	Assendelft (NED)	107

100 rugslag

1.	Dekker Ruben	93	08-021	1:22.80	25m	28-9-03	Zaandam (NED)	205
2.	Offringa Rick	03	08-021	1:27.37	25m	12-12-13	Heemskerk (NED)	175
3.	Tijms Stefan	93	08-021	1:27.61	25m	28-9-03	Zaandam (NED)	173
4.	Kleijne Barry	93	08-021	1:30.29	25m	22-6-03	Zaandam (NED)	158
5.	van der Kroft Barry	82	08-021	1:30.40	25m	8-10-92	Heemskerk (NED)	158
6.	Nolte Martijn	74	08-021	1:31.10	25m	15-12-84	Hilversum (NED)	154
7.	Gaal Koen	99	08-021	1:31.12	25m	15-11-09	Haarlem (NED)	154
8.	Koopman Axel	92	08-021	1:31.83	25m	16-6-02	Zaandam (NED)	150
9.	Schelvis Sjeng	89	08-021	1:31.89	25m	16-12-99	Heemskerk	150
10.	Druyven Jorrick	94	08-021	1:31.97	25m	10-10-04	Zaandam (NED)	150
11.	de Vriend Ruben	03	08-021	1:32.89	25m	13-10-13	Zaandam (NED)	145
12.	Wiegman Stefan	74	08-021	1:33.30	25m	15-12-84	Hilversum (NED)	143
13.	Blaauw Mica	05	08-021	1:33.55	25m	11-10-15	Zaandam (NED)	142
14.	Missot Paul	64	08-021	1:34.40	25m	31-12-74		138
15.	Oortwijn Kalle	05	08-021	1:34.49	25m	15-11-15	Purmerend (NED)	138
16.	Vessies Max	03	08-021	1:34.87	25m	9-6-13	Zaandam (NED)	136
17.	Lamers Koen	91	08-021	1:35.36	25m	9-12-01	Heemskerk	134
18.	Gaal Roel	01	08-021	1:35.53	25m	16-1-11	Zaandam (NED)	134
19.	Hoekstra Marcel	78	08-021	1:35.90	25m	7-2-88	Heemskerk (NED)	132
20.	Blaauw Xam	07	08-021	1:36.15	25m	11-6-17	Zaandam (NED)	131
21.	Camphuijnder Jasper	05	08-021	1:36.52	25m	10-12-15	Heemskerk (NED)	130
22.	Ursem Jerre	73	08-021	1:37.70	25m	31-12-83		125
23.	Nijland Yoran	05	08-021	1:37.71	25m	15-11-15	Purmerend (NED)	125
24.	Groen Jarno	01	08-021	1:37.92	25m	17-11-11	Heemskerk (NED)	124
25.	Hoenink Jarl	86	08-021	1:38.10	25m	8-12-96	Heerhugowaard (NED)	123

200 rugslag

1.	van der Kroft Barry	82	08-021	3:13.50	25m	12-11-92	Heemskerk (NED)	162

500 rugslag

25 schoolslag

1.	Feyen Erik	66	08-021	20.60	25m	14-9-76	Heemskerk (NED)	179
2.	van Rijn Michael	70	08-021	21.90	25m	16-3-80	Heemskerk (NED)	149
3.	Palmboom Pascal	89	08-021	22.22	25m	25-3-99	Heemskerk (NED)	143
4.	de Boer Stephan	83	08-021	22.50	25m	13-10-93		137
5.	Schelvis Sjeng	89	08-021	22.80	25m	15-4-99	Heemskerk (NED)	132
6.	de Weers Luuk	13	08-021	23.00	25m	2-4-23	Haarlem (NED)	128
7.	Heeremans Tim	78	08-021	23.10	25m	31-12-88		127
8.	Lamers Koen	91	08-021	23.50	25m	22-2-01	Heemskerk (NED)	120
9.	de Rooij Coen	89	08-021	23.51	25m	25-3-99	Heemskerk (NED)	120
10.	Gaal Roel	01	08-021	23.54	25m	13-3-11	Heemskerk (NED)	120
11.	Schouws Theo	66	08-021	23.80	25m	30-3-76	Heemskerk (NED)	116
12.	Welboren Mischa	89	08-021	23.84	25m	25-3-99	Heemskerk (NED)	115
13.	Verhoog Jan-Willem	66	08-021	24.00	25m	14-9-76	Heemskerk (NED)	113
14.	Leek Hans	66	08-021	24.10	25m	30-3-76	Heemskerk (NED)	112
15.	Huisman Rene	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	110
16.	Butter Martijn	79	08-021	24.30	25m	31-12-89	Heemskerk (NED)	109
16.	de Rooij Roel	87	08-021	24.30	25m	13-3-97	Heemskerk (NED)	109
18.	Put Hans	66	08-021	24.40	25m	14-9-76	Heemskerk (NED)	108
19.	Pover Peter	69	08-021	24.50	25m	15-9-79	Heemskerk (NED)	106

25 schoolslag (sinds 20)

19.	Viel Stefan	88	08-021	24.50	25m	19-3-98	Heemskerk (NED)	106
21.	Tuinstra Sean	98	08-021	24.58	25m	29-5-08	Heemskerk (NED)	105
22.	Martens Andre	70	08-021	24.70	25m	16-3-80	Heemskerk (NED)	104
23.	Stins Arnold	83	08-021	24.90	25m	13-10-93		101
24.	Welboren Reeva	16	08-021	25.01	25m	10-9-26	Heemskerk (NED)	100
25.	Groen Jarno	01	08-021	25.17	25m	3-4-11	Zaandam (NED)	98

50 schoolslag

1.	Oudendijk Paul	81	08-021	45.40	25m	14-11-91	Heemskerk (NED)	172
2.	Offringa Rick	03	08-021	46.28	25m	8-12-13	Amstelveen (NED)	162
3.	de Boer Stephan	83	08-021	46.60	25m	21-10-93	Heemskerk (NED)	159
4.	Tijms Stefan	93	08-021	46.99	25m	27-11-03	Heemskerk (NED)	155
5.	Hoekstra Marcel	78	08-021	47.00	25m	31-12-88		155
6.	Missot Paul	64	08-021	47.80	25m	31-12-74		147
7.	Dekker Ruben	93	08-021	47.85	25m	23-11-03	Zaandam (NED)	146
8.	de Rooij Roel	87	08-021	47.90	25m	11-9-97	Heemskerk (NED)	146
9.	Dam Norbert	92	08-021	48.13	25m	10-11-02	Zaandam (NED)	144
10.	Palmboom Pascal	89	08-021	48.24	25m	7-11-99	Zaandam (NED)	143
11.	Lamers Koen	91	08-021	48.72	25m	11-11-01	Zaandam	139
12.	de Vriend Ruben	03	08-021	48.77	25m	15-12-13	Zaandam (NED)	138
13.	Yayli Serkan	92	08-021	48.85	25m	6-10-02	Zaandam	138
14.	de Rooij Coen	89	08-021	49.32	25m	16-12-99	Heemskerk	134
15.	Druyven Jorrick	94	08-021	49.37	25m	25-11-04	Heemskerk (NED)	133
16.	van Rijn Michael	70	08-021	49.80	25m	4-10-80	Heemskerk (NED)	130
16.	Heeremans Tim	78	08-021	49.80	25m	15-12-88	Heemskerk (NED)	130
16.	Hoenink Jarl	86	08-021	49.80	25m	27-10-96	Zaandam (NED)	130
19.	Gaal Roel	01	08-021	49.95	25m	18-12-11	Zaandam (NED)	129
20.	Gaal Koen	99	08-021	50.14	25m	15-11-09	Haarlem (NED)	127
21.	Vlieland Roy	99	08-021	50.23	25m	15-11-09	Haarlem (NED)	127
22.	Koopman Axel	92	08-021	50.28	25m	28-11-02	Heemskerk	126
23.	Tuinstra Sean	98	08-021	50.30	25m	25-10-08	Hoorn (NED)	126
24.	Teufer Lorentz	96	08-021	50.32	25m	15-6-06	Heemskerk (NED)	126
25.	Groen Jarno	01	08-021	50.39	25m	18-12-11	Zaandam (NED)	125

100 schoolslag

1.	de Boer Stephan	83	08-021	1:33.10	25m	18-11-93	Heemskerk	213
2.	Offringa Rick	03	08-021	1:38.66	25m	8-12-13	Amstelveen (NED)	179
3.	Keessen Jeroen	67	08-021	1:40.20	25m	10-12-77	Heemskerk (NED)	170
4.	de Rooij Roel	87	08-021	1:41.00	25m	19-10-97	Zaandam (NED)	166
5.	Schaaper Bart	73	08-021	1:41.20	25m	31-12-83		165
6.	Lamers Koen	91	08-021	1:41.85	25m	29-11-01	Heemskerk	162
7.	van Rijn Michael	70	08-021	1:42.10	25m	12-10-80	Wormerveer (NED)	161
8.	van Rookhuizen Barry	82	08-021	1:43.00	25m	12-3-92	Heemskerk (NED)	157
9.	Dekker Ruben	93	08-021	1:43.01	25m	30-10-03	Heemskerk	157
10.	de Vriend Ruben	03	08-021	1:43.02	25m	6-10-13	Heemskerk (NED)	157
11.	van der Kroft Barry	82	08-021	1:44.30	25m	4-10-92	Assendelft (NED)	151
12.	Gaal Koen	99	08-021	1:44.33	25m	19-11-09	Heemskerk (NED)	151
13.	Druyven Jorrick	94	08-021	1:45.45	25m	12-12-04	Zaandam (NED)	146
14.	Missot Paul	64	08-021	1:45.50	25m	31-12-74		146
14.	de Graaf Peter	76	08-021	1:45.50	25m	31-12-86		146
16.	Tijms Stefan	93	08-021	1:45.86	25m	14-12-03	Zaandam (NED)	144

100 schoolslag (sinds 17)

17.	Hoekstra Marcel	78	08-021	1:46.00	25m	31-12-88		144
18.	Huisman Rene	69	08-021	1:46.20	25m	4-11-79	Zaandam (NED)	143
19.	Tholen Martijn	72	08-021	1:46.60	25m	31-12-82		141
20.	Dam Norbert	92	08-021	1:46.87	25m	31-10-02	Heemskerk	140
21.	Stins Arnold	83	08-021	1:47.10	25m	18-11-93	Heemskerk	139
21.	Hoenink Jarl	86	08-021	1:47.10	25m	20-10-96	Assendelft (NED)	139
23.	de Rooij Coen	89	08-021	1:47.23	25m	4-4-99	Haarlem (NED)	139
24.	Yayli Serkan	92	08-021	1:47.37	50m	20-10-02	Beverwijk (NED)	150
25.	Nolte Martijn	74	08-021	1:47.50	25m	15-12-84	Hilversum (NED)	138

200 schoolslag

1.	van der Kroft Barry	82	08-021	3:40.90	25m	14-5-92	Heemskerk (NED)	162
2.	Palmboom Pascal	89	08-021	4:04.79	25m	24-1-99	Assendelft (NED)	119
3.	de Rooij Coen	89	08-021	4:07.02	25m	24-1-99	Assendelft (NED)	115
4.	Schelvis Sjeng	89	08-021	4:11.57	25m	24-1-99	Assendelft (NED)	109
5.	Jong Gregory	80	08-021	4:14.80	25m	22-3-90	Heemskerk (NED)	105
6.	Oortwijn Maarten	80	08-021	4:35.00	25m	22-3-90	Heemskerk (NED)	84
7.	Heesterbeek Mathijs	00	08-021	5:02.50	25m	25-3-10	Heemskerk (NED)	63

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	Lamers Koen	91	08-021	18.50	25m	25-3-01	Heerhugowaard (NED)	153
2.	Schelvis Sjeng	89	08-021	18.70	25m	25-3-99	Heemskerk (NED)	148
3.	Koopman Axel	92	08-021	19.81	25m	10-3-02	Heemskerk	124
4.	Groen Jarno	01	08-021	20.17	25m	17-11-11	Heemskerk (NED)	118
5.	de Wit Job	98	08-021	20.63	25m	13-4-08	Hoorn (NED)	110
6.	de Boer Tobias	02	08-021	21.21	25m	13-12-12	Heemskerk (NED)	101
7.	Gaal Roel	01	08-021	21.51	25m	17-11-11	Heemskerk (NED)	97
8.	Welboren Mischa	89	08-021	23.23	25m	25-3-99	Heemskerk (NED)	77
9.	Krijger Jan-Willem	81	08-021	23.70	25m	16-5-91	Heemskerk (NED)	72
10.	Butter Martijn	79	08-021	24.30	25m	31-12-89	Heemskerk (NED)	67
11.	de Boer Stephan	83	08-021	24.40	25m	17-11-93		66
12.	de Rooij Coen	89	08-021	24.50	25m	21-12-99	Heemskerk (NED)	65
13.	Palmboom Pascal	89	08-021	24.58	25m	25-3-99	Heemskerk (NED)	65
14.	Hoenink Jarl	86	08-021	24.80	25m	8-2-96	Heemskerk (NED)	63
15.	van Vegten Teun	01	08-021	24.94	25m	17-11-11	Heemskerk (NED)	62
16.	Stins Arnold	83	08-021	25.60	25m	21-10-93	Heemskerk (NED)	57
17.	van Rijn Ian	05	08-021	25.75	25m	18-1-15	Zaandam (NED)	56
18.	Wassenaar Joris	01	08-021	25.98	25m	17-11-11	Heemskerk (NED)	55
19.	Jansen Davy	15	08-021	26.57	25m	11-12-25	Heemskerk (NED)	51
20.	Yayli Serkan	92	08-021	26.71	25m	10-3-02	Heemskerk	50
21.	Heeremans Tim	78	08-021	26.90	25m	31-12-88		49
22.	de Rooij Roel	87	08-021	27.70	25m	1-5-97	Heemskerk (NED)	45
23.	Heesterbeek Mathijs	00	08-021	28.35	25m	4-11-10	Heemskerk (NED)	42
24.	de Boer Sem	02	08-021	28.50	25m	13-12-12	Heemskerk (NED)	41
25.	Borst Corné	96	08-021	28.85	25m	27-4-06	Heemskerk	40

50 vlinderslag

1.	Dekker Ruben	93	08-021	37.05	25m	21-4-03	Haarlem	203
2.	Druyven Jorrick	94	08-021	38.71	25m	7-11-04	IJmuiden (NED)	178
3.	Kleijne Barry	93	08-021	40.73	25m	18-12-03	Heemskerk (NED)	153
4.	Tijms Stefan	93	08-021	40.98	25m	18-12-03	Heemskerk (NED)	150
5.	Lamers Koen	91	08-021	41.25	25m	16-12-01	Zaandam	147
6.	Offringa Rick	03	08-021	41.28	25m	12-12-13	Heemskerk (NED)	147
7.	van Rookhuizen Barry	82	08-021	41.40	25m	29-11-92	Heemskerk (NED)	146
8.	Nijland Yoran	05	08-021	42.56	25m	13-12-15	Zaandam (NED)	134
9.	Vessies Max	03	08-021	44.59	25m	12-12-13	Heemskerk (NED)	116
10.	Koopman Axel	92	08-021	44.92	25m	3-2-02	Zaandam (NED)	114
11.	de Vriend Ruben	03	08-021	45.01	25m	22-9-13	Purmerend (NED)	113
12.	Missot Paul	64	08-021	45.10	25m	31-12-74		112
13.	Schelvis Sjeng	89	08-021	45.63	25m	19-12-99	Wormerveer (NED)	109
14.	Camphuijnder Jasper	05	08-021	45.96	25m	13-12-15	Zaandam (NED)	106
15.	de Wit Job	98	08-021	46.09	25m	8-6-08	Zaandam (NED)	105
16.	Gaal Roel	01	08-021	46.17	25m	11-12-11	Zaandam (NED)	105
17.	Gaal Koen	99	08-021	46.40	25m	14-6-09	Zaandam (NED)	103
18.	Groen Jarno	01	08-021	47.12	25m	11-12-11	Zaandam (NED)	99
19.	Oortwijn Kalle	05	08-021	48.82	25m	14-6-15	Zaandam (NED)	89
20.	Teufer Lorentz	96	08-021	49.13	25m	14-12-06	Heemskerk (NED)	87
21.	Zwaan Nick	94	08-021	49.25	25m	8-2-04	Zaandam (NED)	86
22.	de Boer Tobias	02	08-021	50.00	25m	9-12-12	Zaandam (NED)	82
23.	Wiegman Stefan	74	08-021	50.30	25m	23-9-84	Heemskerk (NED)	81
24.	de Rooij Coen	89	08-021	50.87	25m	19-12-99	Wormerveer (NED)	78
25.	de Rooij Roel	87	08-021	50.90	25m	26-10-97	Heemskerk (NED)	78

100 vlinderslag

1.	Dekker Ruben	93	08-021	1:25.33	25m	27-11-03	Heemskerk (NED)	178
2.	Druyven Jorrick	94	08-021	1:38.10	25m	25-11-04	Heemskerk (NED)	117
3.	van Rookhuizen Barry	82	08-021	1:38.20	25m	26-4-92	Assendelft (NED)	117
4.	Kleijne Barry	93	08-021	1:40.47	25m	27-11-03	Heemskerk (NED)	109
5.	Lamers Koen	91	08-021	1:42.24	25m	20-12-01	Heemskerk	103
6.	Koopman Axel	92	08-021	1:46.12	25m	28-11-02	Heemskerk	93
7.	Tijms Stefan	93	08-021	1:46.69	25m	27-11-03	Heemskerk (NED)	91
8.	van der Kroft Barry	82	08-021	1:49.10	25m	26-4-92	Assendelft (NED)	85
9.	Teufer Lorentz	96	08-021	1:53.40	25m	30-11-06	Heemskerk	76
10.	Nijland Yoran	05	08-021	1:54.46	25m	20-12-15	Zaandam (NED)	74
11.	Missot Paul	64	08-021	1:56.30	25m	31-12-74		70
12.	Schelvis Sjeng	89	08-021	1:59.84	25m	5-4-99	Haarlem (NED)	64
13.	Gaal Koen	99	08-021	2:00.78	25m	26-2-09	Heemskerk (NED)	63
14.	van Vegten Teun	01	08-021	2:12.17	25m	18-12-11	Zaandam (NED)	48
15.	van Heerwaarden Gerard	70	08-021	2:31.80	25m	4-10-80	Heemskerk (NED)	31
16.	van Heerwaarden Stefan	70	08-021	2:33.10	25m	4-10-80	Heemskerk (NED)	30

200 vlinderslag

1000 vlinderslag

75 wisselslag

1.	Smit Mika	16	08-021	1:44.65	25m	21-5-26	Heemskerk (NED)	

100 wisselslag

1.	Dekker Ruben	93	08-021	1:24.19	25m	23-11-03	Zaandam (NED)	213
2.	Druyven Jorrick	94	08-021	1:27.60	25m	19-12-04	Heemskerk (NED)	189
3.	Offringa Rick	03	08-021	1:28.35	25m	25-4-13	Heemskerk (NED)	184
4.	Kleijne Barry	93	08-021	1:28.58	25m	21-6-03	Zaandam (NED)	183
5.	Gaal Roel	01	08-021	1:28.88	25m	18-12-11	Zaandam (NED)	181
6.	Lamers Koen	91	08-021	1:29.45	25m	27-9-01	Heemskerk	177
7.	Tijms Stefan	93	08-021	1:29.71	25m	23-11-03	Zaandam (NED)	176
8.	Gaal Koen	99	08-021	1:31.62	25m	22-11-09	Zaandam (NED)	165
9.	van der Kroft Barry	82	08-021	1:32.40	25m	20-12-92	Volendam (NED)	161
10.	Koopman Axel	92	08-021	1:32.43	25m	24-2-02	Leiden	161
11.	de Vriend Ruben	03	08-021	1:35.00	25m	10-11-13	Zaandam (NED)	148
12.	Schaaper Bart	73	08-021	1:35.10	25m	11-12-83	Heemskerk (NED)	147
12.	Groen Jarno	01	08-021	1:35.10	25m	18-12-11	Zaandam (NED)	147
14.	Schelvis Sjeng	89	08-021	1:35.31	25m	7-11-99	Zaandam (NED)	146
15.	Oortwijn Kalle	05	08-021	1:36.83	25m	4-10-15	Purmerend (NED)	140
16.	van Rijn Michael	70	08-021	1:37.50	25m	19-10-80	Heemskerk (NED)	137
17.	Meijer Arno	75	08-021	1:37.60	25m	6-10-85	Wormerveer (NED)	136
18.	Hoenink Jarl	86	08-021	1:37.90	25m	14-4-96	Zaandam (NED)	135
18.	Yayli Serkan	92	08-021	1:37.90	25m	6-10-02	Zaandam	135
20.	Teufer Lorentz	96	08-021	1:40.33	25m	28-9-06	Heemskerk (NED)	126
21.	Nijland Yoran	05	08-021	1:40.57	25m	8-11-15	Zaandam (NED)	125
22.	de Rooij Roel	87	08-021	1:40.70	25m	5-10-97	Zaandam (NED)	124
23.	Vessies Max	03	08-021	1:40.90	25m	29-6-13	Eindhoven (NED)	123
24.	Blaauw Mica	05	08-021	1:40.99	25m	23-4-15	Heemskerk (NED)	123
25.	Zwaan Nick	94	08-021	1:41.51	25m	5-6-04	Zaandam (NED)	121

150 wisselslag

1.	Huskins James	16	08-021	3:11.98	25m	8-3-26	Krommenie (NED)	
2.	Breton Tiemo	16	08-021	3:32.02	25m	8-3-26	Krommenie (NED)	

200 wisselslag

1.	Dekker Ruben	93	08-021	3:06.01	25m	28-9-03	Zaandam (NED)	204
2.	Druyven Jorrick	94	08-021	3:13.74	25m	10-10-04	Zaandam (NED)	181
3.	Tijms Stefan	93	08-021	3:13.92	25m	28-9-03	Zaandam (NED)	180
4.	van der Kroft Barry	82	08-021	3:19.80	25m	1-11-92	Zuidoost Beemster (NED)	165
5.	Kleijne Barry	93	08-021	3:20.14	25m	28-9-03	Zaandam (NED)	164
6.	Lamers Koen	91	08-021	3:22.40	25m	30-9-01	Zaandam (NED)	158
7.	Koopman Axel	92	08-021	3:26.42	25m	29-9-02	Zaandam (NED)	149
8.	de Vriend Ruben	03	08-021	3:29.89	25m	24-2-13	Zaandam (NED)	142
9.	de Rooij Roel	87	08-021	3:30.40	25m	16-11-97	Zaandam (NED)	141
10.	Blaauw Xam	07	08-021	3:36.42	25m	10-12-17	Zaandam (NED)	129
11.	Zwaan Nick	94	08-021	3:37.57	25m	29-2-04	Wormerveer	127
12.	Schelvis Sjeng	89	08-021	3:38.28	25m	3-10-99	Zaandam (NED)	126
13.	Groen Jarno	01	08-021	3:38.79	25m	4-12-11	Zaandam (NED)	125
14.	Teufer Lorentz	96	08-021	3:42.21	25m	8-10-06	Zaandam (NED)	120
15.	Yayli Serkan	92	08-021	3:45.25	25m	24-2-02	Heemskerk	115
16.	Hoenink Jarl	86	08-021	3:47.00	25m	10-3-96	Zaandam (NED)	112
17.	de Rooij Coen	89	08-021	3:50.57	25m	3-10-99	Zaandam (NED)	107
18.	Tholen Martijn	72	08-021	3:50.60	25m	3-4-82	Heemskerk (NED)	107
19.	de Vries Allard	96	08-021	4:03.43	25m	8-10-06	Zaandam (NED)	91
20.	Borst Corné	96	08-021	4:05.97	25m	8-10-06	Zaandam (NED)	88
21.	Verhagen Bart	85	08-021	4:12.90	25m	15-10-95	Alkmaar (NED)	81

300 wisselslag

400 wisselslag