9 jaar, Dames 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

1.	van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)	

25m vrije slag met koprol

1.	van Ederen Jasmijn	10	08-021	24.63	25m	29-9-19	Haarlem (NED)	

25m rugslag start

1.	van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)	

50m borstcrawl benen

1.	van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)	

100m borstcrawl benen

25 vrije slag

1.	Stel Kaylin	01	08-021	17.16	25m	3-1-10	Culemborg (NED)	226
2.	van Honk Chantal	80	08-021	17.50	25m	31-12-89	Heemskerk (NED)	213
3.	Essers Sanne	91	08-021	17.72	25m	8-10-00	Heemskerk (NED)	205
4.	Dijkstra Pascal	89	08-021	18.42	25m	22-11-98	Zaandam (NED)	183
5.	Koopman Anitra	89	08-021	18.64	25m	22-11-98	Zaandam (NED)	176
6.	Steenkamp Ciska	90	08-021	18.83	25m	10-10-99	Zaandam (NED)	171
7.	Buur Naomi	01	08-021	19.00	25m	14-11-10	Castricum (NED)	166
8.	Kleijne Daisy	89	08-021	19.33	25m	22-11-98	Zaandam (NED)	158
9.	Hoekstra Eline	03	08-021	19.46	25m	26-4-12	Heemskerk (NED)	155
10.	Pover Ellen	72	08-021	20.20	25m	13-12-81	Volendam (NED)	138
11.	de Groot Daniëlle	93	08-021	20.43	25m	6-10-02	Zaandam	134
12.	Blaauw Yente	03	08-021	21.02	25m	26-4-12	Heemskerk (NED)	123
13.	Pover Karin	67	08-021	21.10	25m	14-9-76	Heemskerk (NED)	121
14.	Hoekstra Femke	05	08-021	21.57	25m	13-4-14	Zaandam (NED)	114
15.	Bakker Jesca	79	08-021	21.70	25m	31-12-88		111
16.	van den Heuvel Sandra	80	08-021	22.90	25m	12-1-89	Heemskerk (NED)	95
17.	Bruin Marianne	78	08-021	23.50	25m	17-12-87	Heemskerk (NED)	88
18.	Herwegh Izayra Rena	14	08-021	23.59	25m	15-1-23	Den Helder (NED)	87
19.	de Wildt Maud	05	08-021	23.66	25m	13-4-14	Zaandam (NED)	86
20.	Eijndhoven Jonna	02	08-021	23.70	25m	13-11-11	Zaandam (NED)	85
21.	Visser Mirjam	67	08-021	23.90	25m	30-3-76	Heemskerk (NED)	83
22.	Wieman Lianne	03	08-021	24.68	25m	26-4-12	Heemskerk (NED)	76
23.	Zuidervaart Anne	02	08-021	24.91	25m	30-6-11	Heemskerk (NED)	74
24.	Janssen Tess	89	08-021	25.40	25m	12-2-98	Heemskerk (NED)	69
25.	van Laarhoven Salome	15	08-021	25.68	25m	21-4-24	Krommenie (NED)	67

50 vrije slag

1.	Crok Linda	94	08-021	36.52	25m	23-11-03	Zaandam (NED)	247
2.	Renkema Iris	04	08-021	36.85	25m	24-11-13	Zaandam (NED)	240
3.	Stel Kaylin	01	08-021	37.80	25m	5-4-10	Haarlem (NED)	223
4.	van der Horst Wendy	72	08-021	38.00	25m	31-12-81		219
5.	Butter Noor	16	08-021	38.42	50m	13-12-25	Beverwijk (NED)	233
6.	van Rijn Eline	07	08-021	39.05	25m	13-10-16	Heemskerk (NED)	202
7.	Dijkstra Lisette	86	08-021	39.40	25m	14-12-95	Heemskerk (NED)	197
8.	van Honk Chantal	80	08-021	39.90	25m	13-12-89		189
9.	Hoekstra Eline	03	08-021	40.51	25m	11-11-12	Schagen (NED)	181
10.	Dekker Elise	97	08-021	40.69	25m	15-1-06	Zaandam (NED)	178
11.	Scholten Britt	04	08-021	40.77	25m	10-11-13	Zaandam (NED)	177
12.	Schelvis Roos	86	08-021	40.80	25m	14-12-95	Heemskerk (NED)	177
13.	Bos Marieke	06	08-021	40.86	25m	4-10-15	Purmerend (NED)	176
14.	Dijkstra Pascal	89	08-021	41.11	25m	26-11-98	Heemskerk (NED)	173
15.	Bakker Jesca	79	08-021	41.30	25m	14-12-88		171
16.	Steenkamp Ciska	90	08-021	41.41	25m	4-11-99	Heemskerk (NED)	169
17.	Koopman Anitra	89	08-021	41.76	25m	26-11-98	Heemskerk (NED)	165
18.	Blaauw Yente	03	08-021	41.80	25m	25-11-12	Heemskerk (NED)	165
19.	van Ederen Jasmijn	10	08-021	42.10	25m	19-9-19	Heemskerk (NED)	161
20.	Kleijne Daisy	89	08-021	42.25	25m	15-11-98	Zaandam (NED)	159
21.	Teufer Irene	96	08-021	42.32	25m	20-11-05	Zaandam (NED)	159
22.	de Haan Shira	00	08-021	42.41	25m	4-10-09	Amsterdam-oost (NED)	158
23.	van Perlo Ingrid	73	08-021	42.70	25m	31-12-82		154
24.	Essers Sanne	91	08-021	42.79	25m	16-1-00	Zaandam (NED)	153
25.	Bruin Marianne	78	08-021	43.10	25m	29-11-87	Amstelveen (NED)	150

100 vrije slag

1.	Crok Linda	94	08-021	1:20.75	25m	18-12-03	Heemskerk (NED)	240
2.	Stel Kaylin	01	08-021	1:22.68	25m	21-3-10	Zaandam (NED)	224
3.	Renkema Iris	04	08-021	1:24.14	25m	15-12-13	Zaandam (NED)	213
4.	van Rijn Eline	07	08-021	1:27.63	25m	18-12-16	Heemskerk (NED)	188
5.	Butter Noor	16	08-021	1:28.46	25m	19-10-25	Zaandam (NED)	183
6.	Essers Sanne	91	08-021	1:29.44	25m	17-12-00	Zaandam (NED)	177
7.	van Honk Chantal	80	08-021	1:30.00	25m	30-9-89		174
8.	Bos Marieke	06	08-021	1:30.80	25m	13-12-15	Zaandam (NED)	169
9.	Scholten Britt	04	08-021	1:30.85	25m	15-12-13	Zaandam (NED)	169
10.	Hoekstra Eline	03	08-021	1:31.01	25m	25-11-12	Heemskerk (NED)	168
10.	Blaauw Yente	03	08-021	1:31.01	25m	25-11-12	Heemskerk (NED)	168
12.	van der Horst Wendy	72	08-021	1:31.90	25m	19-12-81	Hilversum (NED)	163
13.	Steenkamp Ciska	90	08-021	1:32.57	25m	28-11-99	Alkmaar (NED)	159
14.	Bakker Jesca	79	08-021	1:33.60	25m	18-9-88	Heemskerk (NED)	154
15.	Meijer Linda	77	08-021	1:34.40	25m	20-12-86	Hilversum (NED)	150
16.	Teufer Irene	96	08-021	1:34.59	25m	18-12-05	Alkmaar (NED)	149
17.	Dijkstra Pascal	89	08-021	1:35.38	25m	17-12-98	Heemskerk (NED)	146
18.	van Leeuwen Andrea	71	08-021	1:36.10	25m	8-11-80	Heemskerk (NED)	142
19.	Copier Alyssa	04	08-021	1:36.32	25m	24-11-13	Zaandam (NED)	141
20.	Schelvis Roos	86	08-021	1:37.00	25m	26-11-95	Heemskerk (NED)	139
21.	de Haan Shira	00	08-021	1:37.50	25m	13-6-09	Zaandam (NED)	136
22.	Dekker Elise	97	08-021	1:37.97	25m	19-2-06	Zaandam (NED)	134
23.	van Perlo Ingrid	73	08-021	1:38.00	25m	7-3-82		134
24.	Dijkstra Lisette	86	08-021	1:38.40	25m	26-11-95	Heemskerk (NED)	133
25.	Buur Naomi	01	08-021	1:38.48	25m	28-11-10	Heemskerk (NED)	132

200 vrije slag

1.	Crok Linda	94	08-021	3:05.29	25m	26-10-03	Zaandam	211
2.	Stel Kaylin	01	08-021	3:07.73	25m	28-3-10	Zeist (NED)	203
3.	Hoekstra Eline	03	08-021	3:23.50	25m	21-10-12	Zaandam (NED)	159
4.	Essers Sanne	91	08-021	3:23.90	25m	25-5-00	Heemskerk (NED)	158
5.	Butter Noor	16	08-021	3:24.71	25m	5-6-25	Heemskerk (NED)	156
6.	van Rijn Eline	07	08-021	3:24.97	25m	27-11-16	Zaandam (NED)	156
7.	Dekker Elise	97	08-021	3:24.99	25m	19-2-06	Zaandam (NED)	156
8.	Steenkamp Ciska	90	08-021	3:31.92	25m	24-10-99	Zaandam (NED)	141
9.	Teufer Irene	96	08-021	3:33.52	25m	23-10-05	Zaandam (NED)	138
10.	Haack Fenna	16	08-021	3:44.56	25m	5-6-25	Heemskerk (NED)	118
11.	Koopman Anitra	89	08-021	3:50.30	25m	19-3-98	Heemskerk (NED)	110
12.	Buur Naomi	01	08-021	3:55.42	25m	19-12-10	Zaandam (NED)	103
13.	Schelvis Roos	86	08-021	3:55.70	25m	8-6-95	Heemskerk (NED)	102
14.	Kleijne Daisy	89	08-021	3:55.90	25m	19-3-98	Heemskerk (NED)	102
15.	Dijkstra Pascal	89	08-021	3:56.60	25m	19-3-98	Heemskerk (NED)	101
16.	Rodenburg Kyra	96	08-021	3:58.92	25m	23-10-05	Zaandam (NED)	98
17.	van Duivenvoorde Sanne	93	08-021	4:26.63	25m	30-5-02	Heemskerk	71

250 vrije slag

1.	Butter Noor	16	08-021	5:04.24	OW	20-7-25	Amsterdam (NED)	
2.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)	

300 vrije slag

1.	Crok Linda	94	08-021	4:47.33	25m	16-11-03	Heemskerk (NED)	216
2.	Stel Kaylin	01	08-021	5:03.48	25m	7-2-10	Zaandam (NED)	183
3.	Dekker Elise	97	08-021	5:17.66	25m	19-2-06	Zaandam (NED)	160
4.	Essers Sanne	91	08-021	5:31.90	25m	23-1-00	Heemskerk (NED)	140
5.	Butter Noor	16	08-021	5:38.24	25m	2-3-25	Amsterdam (NED)	132
6.	Buur Naomi	01	08-021	6:03.00	25m	19-12-10	Zaandam (NED)	107

400 vrije slag

1.	Stel Kaylin	01	08-021	6:30.74	25m	28-3-10	Zeist (NED)	216
2.	van Rijn Eline	07	08-021	6:48.61	25m	27-11-16	Zaandam (NED)	189
3.	Dekker Elise	97	08-021	7:07.93	25m	19-2-06	Zaandam (NED)	164
4.	Bakker Jesca	79	08-021	7:13.50	25m	6-10-88	Heemskerk (NED)	158
5.	Essers Sanne	91	08-021	7:14.27	25m	5-3-00	Zaandam (NED)	157
6.	van der Horst Wendy	72	08-021	7:14.70	25m	31-12-81		157
7.	Butter Noor	16	08-021	7:36.69	25m	2-3-25	Amsterdam (NED)	135
8.	Koopman Anitra	89	08-021	7:51.70	25m	22-2-98	Zaandam (NED)	122
9.	Buur Naomi	01	08-021	7:56.02	25m	19-12-10	Zaandam (NED)	119
10.	Kleijne Daisy	89	08-021	8:13.20	25m	22-2-98	Zaandam (NED)	107
11.	Dijkstra Pascal	89	08-021	8:16.80	25m	22-2-98	Zaandam (NED)	105

500 vrije slag

1.	Butter Noor	16	08-021	11:45.98	OW	5-7-25	Hoek (NED)	

800 vrije slag

1000 vrije slag

1250 vrije slag

1500 vrije slag

2000 vrije slag

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Stel Kaylin	01	08-021	20.44	25m	3-1-10	Culemborg (NED)	206
2.	van Honk Chantal	80	08-021	20.60	25m	31-12-89	Heemskerk (NED)	201
3.	Steenkamp Ciska	90	08-021	22.30	25m	21-1-99	Heemskerk (NED)	158
4.	Koper Fiona	01	08-021	22.67	25m	26-9-10	Hoorn (NED)	151
5.	Koopman Anitra	89	08-021	22.90	25m	15-1-98	Heemskerk (NED)	146
6.	Pover Ellen	72	08-021	23.40	25m	13-12-81	Volendam (NED)	137
7.	Kleijne Daisy	89	08-021	23.70	25m	15-1-98	Heemskerk (NED)	132
8.	Essers Sanne	91	08-021	23.78	25m	16-1-00	Zaandam (NED)	131
9.	Bakker Jesca	79	08-021	23.90	25m	31-12-88		129
10.	de Vriend Sofie	01	08-021	23.96	25m	26-9-10	Hoorn (NED)	128
11.	Dijkstra Pascal	89	08-021	24.00	25m	10-12-98	Heemskerk (NED)	127
12.	Hoekstra Eline	03	08-021	24.72	25m	7-1-12	Hoorn (NED)	116
13.	Buur Naomi	01	08-021	24.95	25m	3-1-10	Culemborg (NED)	113
14.	Blaauw Yente	03	08-021	25.37	25m	22-4-12	Haarlem (NED)	107
15.	Hoekstra Femke	05	08-021	25.43	25m	13-4-14	Zaandam (NED)	107
16.	Herwegh Izayra Rena	14	08-021	25.78	25m	12-2-23	Heemstede (NED)	102
17.	van den Heuvel Sandra	80	08-021	26.10	25m	12-1-89	Heemskerk (NED)	99
18.	Wiegman Brenda	72	08-021	26.20	25m	13-12-81	Volendam (NED)	98
19.	Petit Kirsten	00	08-021	26.73	25m	27-9-09	Hoorn (NED)	92
20.	Kara Melek	17	08-021	28.65	25m	26-3-26	Heemskerk (NED)	74

25 rugslag (sinds 21)

21.	Janssen Tess	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)	69
22.	Ramazani Helia	16	08-021	30.58	25m	28-9-25	Krommenie (NED)	61
23.	Knight Kayleigh	00	08-021	31.00	25m	27-9-09	Hoorn (NED)	59
24.	de Wildt Maud	05	08-021	31.05	25m	13-4-14	Zaandam (NED)	58
25.	Eijndhoven Jonna	02	08-021	31.42	25m	25-9-11	Hoorn (NED)	56

50 rugslag

1.	Stel Kaylin	01	08-021	41.78	25m	22-5-10	Purmerend (NED)	231
2.	Crok Linda	94	08-021	44.06	25m	30-10-03	Heemskerk	197
3.	van Rijn Eline	07	08-021	44.83	25m	30-10-16	Den Helder (NED)	187
4.	Renkema Iris	04	08-021	45.02	25m	8-12-13	Amstelveen (NED)	185
5.	Bakker Jesca	79	08-021	45.20	25m	15-12-88	Heemskerk (NED)	183
6.	Scholten Britt	04	08-021	45.71	25m	15-12-13	Zaandam (NED)	177
7.	van Honk Chantal	80	08-021	45.80	25m	5-11-89	Heemskerk (NED)	176
7.	Dijkstra Lisette	86	08-021	45.80	25m	9-11-95	Heemskerk (NED)	176
9.	Steenkamp Ciska	90	08-021	46.28	25m	7-11-99	Zaandam (NED)	170
10.	Butter Noor	16	08-021	46.57	25m	19-10-25	Zaandam (NED)	167
11.	de Boer Isabel	06	08-021	47.09	50m	5-12-15	Beverwijk (NED)	189
12.	Dekker Elise	97	08-021	47.32	25m	15-1-06	Zaandam (NED)	159
13.	Koopman Anitra	89	08-021	47.41	25m	22-11-98	Zaandam (NED)	158
14.	Hoekstra Eline	03	08-021	47.60	25m	28-10-12	Amsterdam-Zuidoost (NED)	156
15.	Blaauw Yente	03	08-021	47.64	25m	28-10-12	Amsterdam-Zuidoost (NED)	156
16.	van Ederen Jasmijn	10	08-021	47.94	25m	15-9-19	Zaandam (NED)	153
17.	Teufer Irene	96	08-021	48.22	25m	27-10-05	Heemskerk (NED)	150
18.	Buur Naomi	01	08-021	48.43	50m	4-12-10	Beverwijk (NED)	174
19.	Essers Sanne	91	08-021	48.44	25m	8-10-00	Heemskerk (NED)	148
20.	Dijkstra Pascal	89	08-021	48.52	25m	22-11-98	Zaandam (NED)	148
21.	de Haan Shira	00	08-021	48.53	25m	13-12-09	Zaandam (NED)	147
22.	Kleijne Daisy	89	08-021	48.82	25m	8-11-98	Zaandam (NED)	145
23.	van der Horst Wendy	72	08-021	49.60	25m	1-11-81	Bergen (NED)	138
24.	van Giezen Corina	68	08-021	50.00	25m	27-11-77	IJmuiden (NED)	135
25.	Schelvis Roos	86	08-021	50.30	25m	9-11-95	Heemskerk (NED)	132

100 rugslag

1.	Stel Kaylin	01	08-021	1:32.72	25m	5-4-10	Haarlem (NED)	209
2.	Scholten Britt	04	08-021	1:33.74	25m	15-12-13	Zaandam (NED)	202
3.	van Rijn Eline	07	08-021	1:34.77	25m	27-11-16	Zaandam (NED)	195
4.	van Honk Chantal	80	08-021	1:37.30	25m	7-12-89	Heemskerk (NED)	180
5.	Bakker Jesca	79	08-021	1:37.70	25m	31-12-88		178
6.	Hoekstra Eline	03	08-021	1:38.38	25m	13-12-12	Heemskerk (NED)	175
7.	Renkema Iris	04	08-021	1:38.48	25m	15-12-13	Zaandam (NED)	174
8.	Steenkamp Ciska	90	08-021	1:39.73	25m	16-12-99	Heemskerk	168
9.	Buur Naomi	01	08-021	1:40.20	25m	28-11-10	Heemskerk (NED)	165
10.	Butter Noor	16	08-021	1:40.66	25m	11-12-25	Heemskerk (NED)	163
11.	Crok Linda	94	08-021	1:40.78	25m	28-9-03	Zaandam (NED)	162
12.	de Haan Shira	00	08-021	1:41.13	25m	13-12-09	Zaandam (NED)	161
13.	Dijkstra Lisette	86	08-021	1:41.30	25m	17-12-95	Volendam (NED)	160
14.	Blaauw Yente	03	08-021	1:41.89	25m	13-12-12	Heemskerk (NED)	157
15.	van Ederen Jasmijn	10	08-021	1:42.10	25m	2-6-19	Hoofddorp (NED)	156
16.	de Boer Isabel	06	08-021	1:42.36	25m	10-12-15	Heemskerk (NED)	155
17.	Dekker Elise	97	08-021	1:43.77	25m	5-2-06	Zaandam (NED)	149

100 rugslag (sinds 18)

18.	van Perlo Ingrid	73	08-021	1:45.30	25m	31-12-82		142
19.	Haack Fenna	16	08-021	1:45.33	25m	11-12-25	Heemskerk (NED)	142
20.	Koopman Anitra	89	08-021	1:45.36	25m	4-10-98	Haarlem (NED)	142
21.	Schelvis Roos	86	08-021	1:45.50	25m	29-10-95	Castricum (NED)	141
22.	Essers Sanne	91	08-021	1:46.01	25m	14-5-00	Zaandam (NED)	139
23.	Missot Gonda	66	08-021	1:46.50	25m	31-12-75		137
24.	Bos Marieke	06	08-021	1:47.18	25m	15-11-15	Purmerend (NED)	135
25.	Kleijne Daisy	89	08-021	1:47.20	25m	9-5-98	Zaandam (NED)	135

200 rugslag

500 rugslag

25 schoolslag

1.	van Honk Chantal	80	08-021	20.50	25m	31-12-89	Heemskerk (NED)	274
2.	Steenkamp Ciska	90	08-021	22.30	25m	21-11-99	Heemskerk (NED)	213
3.	de Groot Daniëlle	93	08-021	22.92	25m	17-11-02	Heemskerk	196
4.	Stel Kaylin	01	08-021	23.45	25m	11-4-10	Zaandam (NED)	183
5.	Hoekstra Eline	03	08-021	24.63	25m	11-3-12	Zaandam (NED)	158
6.	Koopman Anitra	89	08-021	24.80	25m	19-3-98	Heemskerk (NED)	154
7.	Renkema Iris	04	08-021	25.11	25m	10-3-13	Schagen (NED)	149
8.	Bakker Jesca	79	08-021	25.30	25m	31-12-88		145
9.	Essers Sanne	91	08-021	25.37	25m	19-11-00	Zaandam (NED)	144
10.	Dijkstra Pascal	89	08-021	25.40	25m	10-12-98	Heemskerk (NED)	144
11.	Scholten Britt	04	08-021	25.58	25m	7-4-13	Castricum (NED)	141
12.	Wiegman Brenda	72	08-021	25.60	25m	13-12-81	Volendam (NED)	140
13.	Zeeman Judith	70	08-021	25.90	25m	15-9-79	Heemskerk (NED)	136
14.	Kleijne Daisy	89	08-021	26.20	25m	19-3-98	Heemskerk (NED)	131
15.	Palthe Yvonne	67	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
15.	van den Heuvel Sandra	80	08-021	26.30	25m	12-1-89	Heemskerk (NED)	129
17.	Peters Marion	67	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
18.	Schelvis Liselot	92	08-021	26.45	25m	18-11-01	Heemskerk	127
19.	Windmuller Annemarie	67	08-021	27.00	25m	14-9-76	Heemskerk (NED)	120
20.	Herwegh Izayra Rena	14	08-021	27.38	25m	15-1-23	Den Helder (NED)	115
21.	Pover Karin	67	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
22.	Post Aijuna	14	08-021	27.63	25m	7-12-23	Heemskerk (NED)	112
23.	Niesten Iris	92	08-021	27.64	25m	18-11-01	Heemskerk	111
24.	Reeuwijk Danielle	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	109
25.	Knight Kayleigh	00	08-021	28.35	25m	27-9-09	Hoorn (NED)	103

50 schoolslag

1.	Teufer Irene	96	08-021	45.52	25m	24-11-05	Heemskerk (NED)	249
2.	van Honk Chantal	80	08-021	45.90	25m	14-12-89	Heemskerk (NED)	242
3.	Crok Linda	94	08-021	48.05	25m	27-11-03	Heemskerk (NED)	211
4.	Bakker Jesca	79	08-021	48.50	25m	15-12-88	Heemskerk (NED)	205
5.	Steenkamp Ciska	90	08-021	49.34	25m	7-11-99	Zaandam (NED)	195
6.	Blaauw Yente	03	08-021	50.16	25m	30-9-12	Heemskerk (NED)	186
7.	Rodenburg Kyra	96	08-021	50.45	25m	24-11-05	Heemskerk (NED)	182
8.	Renkema Iris	04	08-021	50.49	25m	22-9-13	Purmerend (NED)	182
9.	Butter Noor	16	08-021	50.70	25m	9-11-25	Zaandam (NED)	180
10.	Stel Kaylin	01	08-021	50.94	25m	23-5-10	Purmerend (NED)	177
11.	Schelvis Roos	86	08-021	51.00	25m	12-10-95	Heemskerk (NED)	177
12.	de Groot Daniëlle	93	08-021	51.16	25m	28-11-02	Heemskerk	175
13.	van Leeuwen Andrea	71	08-021	51.30	25m	28-9-80	Zaandam (NED)	174
14.	de Haan Shira	00	08-021	51.47	25m	22-11-09	Zaandam (NED)	172
15.	Hoekstra Eline	03	08-021	51.55	25m	30-9-12	Heemskerk (NED)	171
16.	Scholten Britt	04	08-021	51.69	25m	10-11-13	Zaandam (NED)	170
17.	Bos Marieke	06	08-021	51.87	25m	22-11-15	Haarlem (NED)	168
18.	van Rookhuizen Sieta	79	08-021	52.20	25m	15-12-88	Heemskerk (NED)	165
19.	Kerkhoven Michelle	91	08-021	52.33	25m	30-11-00	Heemskerk (NED)	163
20.	Koopman Anitra	89	08-021	52.73	25m	8-11-98	Zaandam (NED)	160
21.	Dijkstra Pascal	89	08-021	52.98	25m	24-9-98	Heemskerk (NED)	157
22.	van Rijn Eline	07	08-021	53.14	25m	13-11-16	Purmerend (NED)	156
23.	van den Heuvel Sandra	80	08-021	53.30	25m	1-10-89	Zaandam (NED)	155
24.	van der Gracht Anouk	89	08-021	54.16	25m	8-11-98	Zaandam (NED)	147
25.	van der Geest Saskia	73	08-021	54.50	25m	29-11-82	Heemskerk (NED)	145

100 schoolslag

1.	van Honk Chantal	80	08-021	1:38.00	25m	7-12-89	Heemskerk (NED)	257
2.	Teufer Irene	96	08-021	1:39.01	25m	18-12-05	Alkmaar (NED)	249
3.	van Leeuwen Andrea	71	08-021	1:44.00	25m	16-11-80	Haarlem (NED)	215
4.	Missot Gonda	66	08-021	1:46.30	25m	31-12-75		201
5.	Gijzen-van der Kroft Nicole	84	08-021	1:47.20	25m	17-11-93		196
6.	Renkema Iris	04	08-021	1:47.91	25m	31-10-13	Heemskerk (NED)	192
7.	van der Horst Wendy	72	08-021	1:48.00	25m	6-9-81	Heemskerk (NED)	192
8.	Schelvis Roos	86	08-021	1:48.20	25m	26-11-95	Heemskerk (NED)	191
9.	Dijkstra Lisette	86	08-021	1:48.60	25m	26-11-95	Heemskerk (NED)	189
10.	de Haan Shira	00	08-021	1:48.91	25m	11-10-09	Zaandam (NED)	187
11.	Steenkamp Ciska	90	08-021	1:49.24	25m	19-12-99	Wormerveer (NED)	186
12.	Crok Linda	94	08-021	1:49.77	25m	30-10-03	Heemskerk	183
13.	Butter Noor	16	08-021	1:50.42	25m	28-9-25	Krommenie (NED)	180
14.	Stel Kaylin	01	08-021	1:50.44	25m	5-6-10	Zaandam (NED)	180
15.	Plokker Sylvia	68	08-021	1:50.90	25m	23-10-77	Zandvoort (NED)	177
16.	Blaauw Yente	03	08-021	1:51.19	25m	7-10-12	Zaandam (NED)	176
17.	Pover Ellen	72	08-021	1:52.00	25m	6-9-81	Heemskerk (NED)	172
18.	Hoekstra Eline	03	08-021	1:52.18	25m	7-10-12	Zaandam (NED)	171
19.	Scholten Britt	04	08-021	1:52.21	25m	31-10-13	Heemskerk (NED)	171
20.	Bos Marieke	06	08-021	1:52.68	25m	11-10-15	Zaandam (NED)	169
21.	van Rijn Eline	07	08-021	1:52.96	25m	18-12-16	Heemskerk (NED)	168
22.	Koopman Anitra	89	08-021	1:53.48	25m	26-9-98	Assendelft (NED)	165
23.	van Perlo Carla	75	08-021	1:54.20	25m	7-10-84	Volendam (NED)	162
24.	Zeeman Judith	70	08-021	1:55.10	25m	25-11-79	Heemskerk (NED)	159
25.	van Duivenvoorde Sanne	93	08-021	1:55.18	25m	31-10-02	Heemskerk	158

200 schoolslag

1.	Stel Kaylin	01	08-021	3:55.56	25m	25-3-10	Heemskerk (NED)	186
2.	Steenkamp Ciska	90	08-021	3:59.33	25m	24-1-99	Assendelft (NED)	177
3.	Buur Naomi	01	08-021	4:27.84	25m	25-3-10	Heemskerk (NED)	126

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	van Honk Chantal	80	08-021	19.00	25m	31-12-89	Heemskerk (NED)	204
2.	Hoekstra Eline	03	08-021	19.97	25m	13-12-12	Heemskerk (NED)	175
3.	Stel Kaylin	01	08-021	21.13	25m	3-1-10	Culemborg (NED)	148
4.	Bruin Marianne	78	08-021	23.10	25m	17-12-87	Heemskerk (NED)	113
5.	Buur Naomi	01	08-021	23.99	25m	4-11-10	Heemskerk (NED)	101
6.	Copier Alyssa	04	08-021	24.22	25m	20-1-13	Heemskerk (NED)	98
7.	Blaauw Yente	03	08-021	24.46	25m	13-12-12	Heemskerk (NED)	95
8.	de Wildt Maud	05	08-021	24.56	25m	30-10-14	Heemskerk (NED)	94
9.	Essers Sanne	91	08-021	24.76	25m	4-5-00	Heemskerk (NED)	92
10.	Renkema Iris	04	08-021	24.96	25m	20-1-13	Heemskerk (NED)	90
11.	de Vriend Sofie	01	08-021	25.09	25m	4-11-10	Heemskerk (NED)	88
12.	Dijkstra Pascal	89	08-021	25.70	25m	10-12-98	Heemskerk (NED)	82
13.	Steenkamp Ciska	90	08-021	26.40	25m	18-3-99	Heemskerk (NED)	76
14.	van Laarhoven Salome	15	08-021	26.70	25m	24-10-24	Heemskerk (NED)	73
15.	van den Heuvel Sandra	80	08-021	27.20	25m	2-11-89	Heemskerk (NED)	69
16.	Kleijne Daisy	89	08-021	27.60	25m	15-1-98	Heemskerk (NED)	66
17.	van der Gracht Anouk	89	08-021	28.00	25m	4-10-98	Haarlem (NED)	63
18.	Bakker Jesca	79	08-021	28.40	25m	31-12-88		61
19.	de Boer Isabel	06	08-021	28.44	25m	18-1-15	Zaandam (NED)	60

25 vlinderslag (sinds 20)

20.	Herwegh Izayra Rena	14	08-021	28.97	25m	5-2-23	Krommenie (NED)	57
21.	Koper Fiona	01	08-021	29.38	25m	4-11-10	Heemskerk (NED)	55
22.	Koopman Anitra	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)	55
23.	Sobh Shaime	03	08-021	29.96	25m	22-4-12	Haarlem (NED)	52
24.	Janssen Tess	89	08-021	30.40	25m	15-1-98	Heemskerk (NED)	49
25.	Oortwijn Jytte	10	08-021	31.17	25m	7-11-19	Heemskerk (NED)	46

50 vlinderslag

1.	Teufer Irene	96	08-021	43.12	25m	15-12-05	Heemskerk (NED)	180
2.	Rodenburg Kyra	96	08-021	43.87	25m	24-11-05	Heemskerk (NED)	171
3.	Butter Noor	16	08-021	44.29	25m	11-12-25	Heemskerk (NED)	166
4.	van Honk Chantal	80	08-021	46.40	25m	17-12-89	Heemstede (NED)	145
5.	Stel Kaylin	01	08-021	46.44	25m	6-6-10	Zaandam (NED)	144
6.	Crok Linda	94	08-021	46.88	25m	18-12-03	Heemskerk (NED)	140
6.	Scholten Britt	04	08-021	46.88	25m	12-12-13	Heemskerk (NED)	140
8.	de Haan Shira	00	08-021	47.71	25m	11-10-09	Zaandam (NED)	133
9.	Bakker Jesca	79	08-021	48.20	25m	15-12-88	Heemskerk (NED)	129
10.	Missot Gonda	66	08-021	48.60	25m	31-12-75		126
11.	Dekker Elise	97	08-021	49.52	25m	5-2-06	Zaandam (NED)	119
12.	Copier Alyssa	04	08-021	50.00	25m	9-6-13	Zaandam (NED)	115
13.	Renkema Iris	04	08-021	52.04	25m	13-10-13	Zaandam (NED)	102
14.	van Rijn Eline	07	08-021	53.32	25m	17-11-16	Heemskerk (NED)	95
15.	van Perlo Carla	75	08-021	53.50	25m	28-10-84	Egmond (NED)	94
16.	van Leeuwen Andrea	71	08-021	54.10	25m	30-11-80	Heemskerk (NED)	91
17.	de Wildt Maud	05	08-021	54.23	50m	29-11-14	Beverwijk (NED)	91
18.	Hoekstra Eline	03	08-021	54.30	25m	7-10-12	Zaandam (NED)	90
19.	Koopman Anitra	89	08-021	54.31	25m	27-9-98	Assendelft (NED)	90
20.	Essers Sanne	91	08-021	54.54	25m	3-12-00	Zaandam (NED)	89
21.	van den Heuvel Sandra	80	08-021	55.00	25m	3-12-89	Zaandam (NED)	87
22.	van der Horst Wendy	72	08-021	55.50	25m	18-10-81	Heemskerk (NED)	84
23.	Steenkamp Ciska	90	08-021	55.65	25m	25-11-99	Heemskerk	84
24.	van Ederen Jasmijn	10	08-021	56.01	25m	29-9-19	Haarlem (NED)	82
25.	Bos Marieke	06	08-021	56.26	25m	10-12-15	Heemskerk (NED)	81

100 vlinderslag

1.	Stel Kaylin	01	08-021	1:55.09	25m	20-5-10	Heemskerk (NED)	106
2.	Rodenburg Kyra	96	08-021	2:05.15	25m	24-11-05	Heemskerk (NED)	83

200 vlinderslag

1000 vlinderslag

75 wisselslag

1.	Ramazani Helia	16	08-021	1:41.51	25m	9-11-25	Zaandam (NED)
2.	Kara Melek	17	08-021	1:48.51	25m	1-11-26	Zaandam (NED)
3.	Broersma Manou	17	08-021	2:02.25	25m	21-5-26	Heemskerk (NED)

100 wisselslag

1.	Crok Linda	94	08-021	1:33.15	25m	30-11-03	Heemskerk (NED)	223
2.	van Honk Chantal	80	08-021	1:33.30	25m	31-12-89	Heemskerk (NED)	222
3.	Teufer Irene	96	08-021	1:35.14	25m	15-12-05	Heemskerk (NED)	209
4.	Stel Kaylin	01	08-021	1:38.09	25m	23-5-10	Purmerend (NED)	191
5.	Bakker Jesca	79	08-021	1:38.20	25m	31-12-88		190
6.	Renkema Iris	04	08-021	1:38.50	25m	10-11-13	Zaandam (NED)	188
7.	Butter Noor	16	08-021	1:39.04	25m	9-11-25	Zaandam (NED)	185
8.	Steenkamp Ciska	90	08-021	1:41.06	25m	28-11-99	Alkmaar (NED)	174
9.	van Rijn Eline	07	08-021	1:41.45	25m	20-11-16	Zaandam (NED)	172
10.	Essers Sanne	91	08-021	1:43.06	25m	17-12-00	Zaandam (NED)	164
11.	de Haan Shira	00	08-021	1:43.12	25m	4-10-09	Amsterdam-oost (NED)	164
12.	Dijkstra Lisette	86	08-021	1:43.90	25m	14-12-95	Heemskerk (NED)	160
13.	Schelvis Roos	86	08-021	1:44.40	25m	3-12-95	Alkmaar (NED)	158
14.	Dijkstra Pascal	89	08-021	1:44.74	25m	26-11-98	Heemskerk (NED)	157
15.	Missot Gonda	66	08-021	1:44.90	25m	31-12-75		156
16.	van Leeuwen Andrea	71	08-021	1:45.50	25m	13-12-80	Heemskerk (NED)	153
17.	Hoekstra Eline	03	08-021	1:46.28	25m	11-11-12	Schagen (NED)	150
18.	Koopman Anitra	89	08-021	1:47.00	25m	26-11-98	Heemskerk (NED)	147
19.	Scholten Britt	04	08-021	1:47.35	25m	9-6-13	Zaandam (NED)	145
20.	Kleijne Daisy	89	08-021	1:47.84	25m	15-11-98	Zaandam (NED)	143
21.	Bos Marieke	06	08-021	1:47.90	25m	4-10-15	Purmerend (NED)	143
22.	Blaauw Yente	03	08-021	1:48.05	25m	11-11-12	Schagen (NED)	143
23.	Bruin Marianne	78	08-021	1:48.60	25m	12-12-87		140
24.	van Perlo Carla	75	08-021	1:49.90	25m	12-2-84	Heemskerk (NED)	135
25.	de Boer Isabel	06	08-021	1:49.92	25m	14-6-15	Zaandam (NED)	135

150 wisselslag

200 wisselslag

1.	Essers Sanne	91	08-021	4:00.25	25m	30-3-00	Heemskerk (NED)	130
2.	Butter Noor	16	08-021	4:11.65	25m	16-2-25	Haarlem (NED)	113

300 wisselslag

400 wisselslag