alg. leeftijdsgroep, Dames 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

1.	van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	26.65	25m	29-9-19	Haarlem (NED)	

25m vrije slag met koprol

1.	van Ederen Jasmijn	10	08-021	23.13	25m	19-1-20	Zaandam (NED)	

25m rugslag start

1.	van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)	

50m borstcrawl benen

1.	van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)	
2.	Schut Bodine	09	08-021	1:09.03	25m	19-1-20	Zaandam (NED)	

100m borstcrawl benen

25 vrije slag

1.	Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	507
2.	de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	473
2.	Hoekstra Eline	03	08-021	13.42	25m	7-7-22	Heemskerk (NED)	473
4.	Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	472
5.	Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	467
6.	Wentink Yara	04	08-021	13.63	25m	7-7-22	Heemskerk (NED)	451
7.	Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
7.	Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
9.	Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	436
10.	Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	434
11.	Gijzen-van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	421
12.	van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	413
13.	Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	412
13.	Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	412
15.	Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	408
16.	Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	406
17.	van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)	399
17.	Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)	399
19.	van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)	394
20.	Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)	389
21.	Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk	388
22.	Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	388
23.	van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	387
23.	van 't Veer Iris	03	08-021	14.35	25m	7-7-22	Heemskerk (NED)	387
25.	Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)	385
26.	Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)	383
27.	Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)	381
28.	Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)	380
29.	Visser Kelly	89	08-021	14.45	25m	23-10-10	Emmeloord (NED)	379
30.	Meijer Linda	77	08-021	14.50	25m	26-9-92		375
31.	Butter Anouk	82	08-021	14.51	25m	29-3-01	Heemskerk (NED)	374
31.	Essers Sanne	91	08-021	14.51	25m	27-4-06	Heemskerk	374

25 vrije slag (sinds 33)

33.	Broek Jade	97	08-021	14.64	25m	7-7-22	Heemskerk (NED)	364
34.	Crok Annemarie	89	08-021	14.65	25m	30-6-11	Heemskerk (NED)	363
35.	Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)	362
35.	Koopman Inge	93	08-021	14.67	25m	7-7-22	Heemskerk (NED)	362
37.	de Boer Irene	84	08-021	14.70	25m	29-3-01	Heemskerk (NED)	360
37.	de Haan Shira	00	08-021	14.70	25m	7-7-22	Heemskerk (NED)	360
39.	de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)	358
40.	Limmen Karin	76	08-021	14.90	25m	26-9-92		345
40.	Krouwels Tanja	79	08-021	14.90	25m	12-2-98	Heemskerk (NED)	345
42.	Heus Pauline	78	08-021	14.94	25m	4-5-00	Heemskerk (NED)	343
43.	van der Gracht Anouk	89	08-021	14.95	25m	19-4-07	Heemskerk (NED)	342
44.	Boekling Annette	85	08-021	14.97	25m	4-5-00	Heemskerk (NED)	341
45.	Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)	339
46.	Zwarthoed Brenda	96	08-021	15.02	25m	31-5-08	Aalsmeer (NED)	337
47.	Dijkstra Lisette	86	08-021	15.10	25m	10-12-98	Heemskerk (NED)	332
48.	Petit Kirsten	00	08-021	15.17	25m	30-6-11	Heemskerk (NED)	327
49.	Bruin Adri	74	08-021	15.20	25m	12-1-89	Heemskerk (NED)	325
49.	Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk	325
51.	Regelink Anneke	83	08-021	15.21	25m	25-3-99	Heemskerk (NED)	325
52.	Niesten Iris	92	08-021	15.24	25m	19-4-07	Heemskerk (NED)	323
53.	Herwegh Binthy	09	08-021	15.29	25m	7-7-22	Heemskerk (NED)	320
54.	Bos Chantal	74	08-021	15.30	25m	12-1-89	Heemskerk (NED)	319
55.	Deiman Caroline	67	08-021	15.40	25m	12-1-89	Heemskerk (NED)	313
55.	Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)	313
57.	Koper Birgit	87	08-021	15.46	25m	27-4-06	Heemskerk	309
58.	Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)	308
59.	Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)	307
60.	de Boer Claudia	77	08-021	15.60	25m	31-12-89	Heemskerk (NED)	301
60.	van Honk Chantal	80	08-021	15.60	25m	26-9-92		301
60.	ten Cate Joyce	80	08-021	15.60	25m	13-5-07	Grootebroek (NED)	301
63.	Liefting Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk	298
64.	Siemerink Laura	04	08-021	15.68	25m	7-7-22	Heemskerk (NED)	296
64.	Bos Marieke	06	08-021	15.68	25m	7-7-22	Heemskerk (NED)	296
66.	de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)	295
66.	de Boer Angela	80	08-021	15.70	25m	27-4-95	Heemskerk (NED)	295
68.	Lindelauf Priscilla	85	08-021	15.79	25m	29-3-01	Heemskerk (NED)	290
68.	van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk	290
70.	Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)	290
70.	Moolevliet Petra	82	08-021	15.80	25m	14-3-96	Heemskerk (NED)	290
72.	Koopman Anitra	89	08-021	15.87	25m	29-3-01	Heemskerk (NED)	286
73.	Hoek Laura	86	08-021	15.88	25m	4-5-00	Heemskerk (NED)	285
74.	Splinter Nathalie	75	08-021	15.90	25m	12-1-89	Heemskerk (NED)	284
74.	Oudendijk Bianca	79	08-021	15.90	25m	27-4-95	Heemskerk (NED)	284
76.	de Ruijter Linda	87	08-021	16.00	25m	15-2-01	Heemskerk (NED)	279
77.	van Ballegooie Stefanie	86	08-021	16.03	25m	4-5-00	Heemskerk (NED)	277
78.	Teufer Irene	96	08-021	16.12	25m	19-4-07	Heemskerk (NED)	273
79.	Limmen Miriam	75	08-021	16.20	25m	12-1-89	Heemskerk (NED)	269
79.	van Velsen Patricia	79	08-021	16.20	25m	27-4-95	Heemskerk (NED)	269
79.	Dijkstra Maud	84	08-021	16.20	25m	5-3-98	Heemskerk (NED)	269
82.	Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)	267
83.	van der Eng Laura	80	08-021	16.30	25m	14-3-96	Heemskerk (NED)	264
84.	Smit Lydia	84	08-021	16.32	25m	25-3-99	Heemskerk (NED)	263
84.	Nijman José	93	08-021	16.32	25m	29-5-08	Heemskerk (NED)	263

25 vrije slag (sinds 86)

86.	Welboren Trudy	61	08-021	16.40	25m	14-9-76	Heemskerk (NED)	259
87.	de Boer Maia	03	08-021	16.44	25m	7-7-22	Heemskerk (NED)	257
88.	van Assema Eline	05	08-021	16.47	25m	7-7-22	Heemskerk (NED)	256
89.	Molenaar Eline	82	08-021	16.51	25m	25-3-99	Heemskerk (NED)	254
90.	de Vries Justine	83	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
90.	Cappelle Carlijn	82	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
90.	Buur Naomi	01	08-021	16.60	25m	26-4-12	Heemskerk (NED)	250
90.	Knight Kayleigh	00	08-021	16.60	25m	7-7-22	Heemskerk (NED)	250
94.	Wegchelaer Ageeth	62	08-021	16.70	25m	30-3-76	Heemskerk (NED)	245
94.	Huneker Jolanda	79	08-021	16.70	25m	12-2-98	Heemskerk (NED)	245
94.	Zonneveld Chantal	84	08-021	16.70	25m	22-2-01	Heemskerk (NED)	245
94.	van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk	245
98.	de Roode Xara	08	08-021	16.92	25m	7-7-22	Heemskerk (NED)	236
99.	Groot Tineke	60	08-021	17.00	25m	30-3-76	Heemskerk (NED)	232
99.	ten Cate Ilona	85	08-021	17.00	25m	29-3-01	Heemskerk (NED)	232
101.	Ivens Suzanne	99	08-021	17.01	25m	30-6-11	Heemskerk (NED)	232
102.	Zonneveld Monica	80	08-021	17.10	25m	16-6-93		228
102.	van Leen Cynthia	81	08-021	17.10	25m	14-3-96	Heemskerk (NED)	228
104.	van Putten Demi	96	08-021	17.11	25m	30-6-11	Heemskerk (NED)	228
105.	Stel Kaylin	01	08-021	17.16	25m	3-1-10	Culemborg (NED)	226
105.	de Vriend Sofie	01	08-021	17.16	25m	26-4-12	Heemskerk (NED)	226
107.	Koper Fiona	01	08-021	17.19	25m	26-4-12	Heemskerk (NED)	225
108.	Limmen Anita	78	08-021	17.20	25m	26-9-92		224
109.	Steenkamp Ciska	90	08-021	17.25	25m	29-3-01	Heemskerk (NED)	222
109.	Kesting Alexandra	00	08-021	17.25	25m	14-4-11	Heemskerk (NED)	222
111.	Domburg Irma	62	08-021	17.30	25m	30-3-76	Heemskerk (NED)	221
111.	Cappelle Marcella	85	08-021	17.30	25m	12-2-98	Heemskerk (NED)	221
113.	de Groot Sjors	08	08-021	17.39	25m	7-7-22	Heemskerk (NED)	217
114.	Koper Ella	90	08-021	17.47	25m	27-4-06	Heemskerk	214
115.	Glorie Astrid	63	08-021	17.50	25m	14-9-76	Heemskerk (NED)	213
116.	Beeksma Anne	88	08-021	17.64	25m	29-3-01	Heemskerk (NED)	208
117.	Besse Meta	78	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206
117.	Bakker Jesca	79	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206
117.	Mulder Amy	80	08-021	17.70	25m	16-6-93		206
117.	Hoogervorst Marlon	84	08-021	17.70	25m	16-2-95	Heemskerk (NED)	206
117.	Zijlstra Mariëlle	83	08-021	17.70	25m	14-3-96	Heemskerk (NED)	206
122.	Beentjes Nicolet	80	08-021	17.81	25m	25-3-99	Heemskerk (NED)	202
123.	Wissenburg Petra	65	08-021	17.90	25m	14-9-76	Heemskerk (NED)	199
124.	Viel Bianca	85	08-021	17.95	25m	4-5-00	Heemskerk (NED)	197
125.	Teunissen Petra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
125.	Reijnders Sandra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
127.	Bakker Daniëlle	96	08-021	18.12	25m	29-5-08	Heemskerk (NED)	192
128.	Dijkstra Janet	77	08-021	18.20	25m	12-1-89	Heemskerk (NED)	189
129.	de Wolff Isabel	01	08-021	18.27	25m	26-4-12	Heemskerk (NED)	187
130.	Mosch Sabina	84	08-021	18.30	25m	12-2-98	Heemskerk (NED)	186
131.	de Wildt Maud	05	08-021	18.35	25m	7-7-22	Heemskerk (NED)	185
132.	Dijkstra Pascal	89	08-021	18.42	25m	22-11-98	Zaandam (NED)	183
133.	Dekker Danyk	94	08-021	18.48	25m	29-5-08	Heemskerk (NED)	181
134.	van der Wijden Eline	88	08-021	18.49	25m	29-3-01	Heemskerk (NED)	181
135.	Walraven Annet	62	08-021	18.60	25m	30-3-76	Heemskerk (NED)	177
136.	de Graaf Annemiek	70	08-021	18.70	25m	16-3-80	Heemskerk (NED)	175
136.	van den Braber Liesbeth	84	08-021	18.70	25m	12-2-98	Heemskerk (NED)	175
138.	Oortwijn Jytte	10	08-021	18.76	25m	7-7-22	Heemskerk (NED)	173

25 vrije slag (sinds 139)

139.	Haack Fenna	16	08-021	18.84	25m	10-5-26	Zaandam (NED)	171
140.	de Laat Anita	75	08-021	19.00	25m	22-3-88	Heemskerk (NED)	166
141.	Wieman Lianne	03	08-021	19.03	25m	13-4-14	Zaandam (NED)	166
142.	Rodenburg Kyra	96	08-021	19.11	25m	27-4-06	Heemskerk	163
143.	van Huisstede Nikita	01	08-021	19.15	25m	26-4-12	Heemskerk (NED)	162
144.	Geurtsen Daisy	89	08-021	19.18	25m	29-3-01	Heemskerk (NED)	162
145.	Sahin Súmeyye Sena	10	08-021	19.19	25m	7-7-22	Heemskerk (NED)	161
146.	Huisman Lianne	87	08-021	19.20	25m	22-3-01	Heemskerk (NED)	161
147.	Elghandor Kiyaan	03	08-021	19.21	25m	13-4-14	Zaandam (NED)	161
148.	Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)	158
149.	van Rijn Sydney	03	08-021	19.35	25m	13-4-14	Zaandam (NED)	157
150.	Peters Yvonne	63	08-021	19.40	25m	14-9-76	Heemskerk (NED)	156
150.	de Groot Linda	81	08-021	19.40	25m	10-11-94	Heemskerk (NED)	156
152.	Venema Jalina	04	08-021	19.46	25m	13-4-14	Zaandam (NED)	155
153.	de Visser Jolanda	62	08-021	19.50	25m	30-3-76	Heemskerk (NED)	154
153.	Schijf Irene	83	08-021	19.50	25m	16-3-95	Heemskerk (NED)	154
153.	Martens Priscilla	85	08-021	19.50	25m	20-3-97	Heemskerk (NED)	154
156.	Nijman Linda	89	08-021	19.57	25m	29-3-01	Heemskerk (NED)	152
157.	Welboren Els	64	08-021	19.60	25m	14-9-76	Heemskerk (NED)	151
158.	Copier Alyssa	04	08-021	19.65	25m	13-4-14	Zaandam (NED)	150
159.	Buur Cindy	99	08-021	19.72	25m	14-4-11	Heemskerk (NED)	149
160.	van Sikkelerus Lisa	99	08-021	19.75	25m	30-6-11	Heemskerk (NED)	148
161.	Visser Mara	09	08-021	19.78	25m	25-5-23	Heemskerk (NED)	147
162.	van der Horst Sacha	69	08-021	19.80	25m	1-9-79	Heemskerk (NED)	147
163.	de Weers Anne-Michelle	63	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
163.	van Zwieten Jacqueline	64	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
163.	Potemans Priscilla	84	08-021	20.00	25m	13-3-97	Heemskerk (NED)	143
166.	Sobh Shaime	03	08-021	20.01	25m	13-4-14	Zaandam (NED)	142
167.	Hofland Yasmin	01	08-021	20.03	25m	26-4-12	Heemskerk (NED)	142
168.	Veldhuis Amelia	03	08-021	20.08	25m	13-4-14	Zaandam (NED)	141
169.	Palthe Monique	64	08-021	20.10	25m	14-9-76	Heemskerk (NED)	140
169.	Snijder Femke	83	08-021	20.10	25m	20-1-94	Heemskerk	140
169.	Werdekker Marjolein	81	08-021	20.10	25m	13-3-97	Heemskerk (NED)	140
172.	Borg Karin	61	08-021	20.20	25m	30-3-76	Heemskerk (NED)	138
172.	Pover Ellen	72	08-021	20.20	25m	13-12-81	Volendam (NED)	138
172.	Bakker Anna	97	08-021	20.20	25m	29-5-08	Heemskerk (NED)	138
175.	Pezo Adna	90	08-021	20.28	25m	29-3-01	Heemskerk (NED)	137
176.	van de Kamp Pauline	61	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
176.	Put Ann	64	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
176.	Gerritsen Jolanda	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	134
179.	van Galen Marion	61	08-021	20.50	25m	30-3-76	Heemskerk (NED)	132
179.	Buur Carina	64	08-021	20.50	25m	14-9-76	Heemskerk (NED)	132
179.	Windmuller Wendy	69	08-021	20.50	25m	1-9-79	Heemskerk (NED)	132
182.	Welboren Julia	00	08-021	20.65	25m	26-4-12	Heemskerk (NED)	129
183.	Grul Lisanne	97	08-021	20.86	25m	29-5-08	Heemskerk (NED)	126
184.	Kerkhoven Michelle	91	08-021	20.87	25m	29-3-01	Heemskerk (NED)	125
185.	Schaaper Margriet	62	08-021	20.90	25m	30-3-76	Heemskerk (NED)	125
185.	van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)	125
185.	van Honschoten Ingeborg	70	08-021	20.90	25m	16-3-80	Heemskerk (NED)	125
188.	Blaauw Yente	03	08-021	21.02	25m	26-4-12	Heemskerk (NED)	123
189.	Pover Karin	67	08-021	21.10	25m	14-9-76	Heemskerk (NED)	121
190.	Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)	118
191.	Numan Annelies	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	116

25 vrije slag (sinds 192)

192.	Hoekstra Femke	05	08-021	21.57	25m	13-4-14	Zaandam (NED)	114
193.	van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)	112
194.	Hoeksema Kim	90	08-021	21.68	25m	29-3-01	Heemskerk (NED)	112
195.	Tholen Kirsten	66	08-021	21.70	25m	14-9-76	Heemskerk (NED)	111
196.	Banks Riley	17	08-021	21.76	25m	4-4-24	Heemskerk (NED)	111
197.	Limmen Corina	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	110
197.	Heus Inge	81	08-021	21.80	25m	16-5-91	Heemskerk (NED)	110
197.	Werdekker Esther	83	08-021	21.80	25m	13-3-97	Heemskerk (NED)	110
200.	Kragt Kirsten	10	08-021	21.84	25m	7-12-23	Heemskerk (NED)	109
201.	van Noort Jony	85	08-021	21.90	25m	14-3-96	Heemskerk (NED)	108
202.	Verduin Pluk	16	08-021	22.05	25m	21-5-26	Heemskerk (NED)	106
203.	Leek Marja	63	08-021	22.50	25m	30-3-76	Heemskerk (NED)	100
204.	van Ess Zoe	14	08-021	22.52	25m	19-2-26	Heemskerk (NED)	100
205.	van de Kamp Yvonne	65	08-021	22.60	25m	14-9-76	Heemskerk (NED)	99
206.	Jonker Monique	66	08-021	22.80	25m	14-9-76	Heemskerk (NED)	96
207.	van den Heuvel Sandra	80	08-021	22.90	25m	12-1-89	Heemskerk (NED)	95
208.	Oliveira Rocha Yara	17	08-021	22.96	25m	21-4-24	Krommenie (NED)	94
209.	Butter Noor	16	08-021	23.08	25m	4-4-24	Heemskerk (NED)	93
210.	van der Zee Olga	66	08-021	23.30	25m	14-9-76	Heemskerk (NED)	90
211.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	89
212.	Herwegh Izayra Rena	14	08-021	23.59	25m	15-1-23	Den Helder (NED)	87
213.	van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)	87
214.	Eijndhoven Jonna	02	08-021	23.70	25m	13-11-11	Zaandam (NED)	85
215.	Ramazani Helia	16	08-021	23.73	25m	19-2-26	Heemskerk (NED)	85
216.	Visser Mirjam	67	08-021	23.90	25m	30-3-76	Heemskerk (NED)	83
217.	Kuijl Karin	65	08-021	24.00	25m	14-9-76	Heemskerk (NED)	82
218.	Rasch Monique	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	81
219.	Bakker Lisette	83	08-021	24.20	25m	14-3-96	Heemskerk (NED)	80
220.	van Megen Carla	65	08-021	24.40	25m	30-3-76	Heemskerk (NED)	78
220.	de Jonge Ida	61	08-021	24.40	25m	14-9-76	Heemskerk (NED)	78
222.	Stoker Ianthe	84	08-021	24.50	25m	20-3-97	Heemskerk (NED)	77
223.	Broersma Dione	16	08-021	24.78	25m	19-2-26	Heemskerk (NED)	75
224.	Liefting Marielle	90	08-021	24.83	25m	29-3-01	Heemskerk (NED)	74
225.	Badahi Lina	10	08-021	24.88	25m	7-12-23	Heemskerk (NED)	74
226.	Zuidervaart Anne	02	08-021	24.91	25m	30-6-11	Heemskerk (NED)	74
227.	van Dam Merel	14	08-021	25.03	25m	14-3-24	Heemskerk (NED)	72
228.	Nobels Marlies	65	08-021	25.10	25m	14-9-76	Heemskerk (NED)	72
229.	Post Aijuna	14	08-021	25.16	25m	14-3-24	Heemskerk (NED)	71
230.	Groot Carolien	64	08-021	25.20	25m	30-3-76	Heemskerk (NED)	71
230.	Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)	71
230.	Aafjes Suzan	69	08-021	25.20	25m	1-9-79	Heemskerk (NED)	71
233.	Zonneveld Jennifer	88	08-021	25.36	25m	29-3-01	Heemskerk (NED)	70
234.	Janssen Tess	89	08-021	25.40	25m	12-2-98	Heemskerk (NED)	69
235.	Tilgenkamp Lentley	13	08-021	25.53	25m	4-4-24	Heemskerk (NED)	68
236.	van Laarhoven Salome	15	08-021	25.68	25m	21-4-24	Krommenie (NED)	67
237.	Doodeman Lieke	16	08-021	25.76	25m	19-2-26	Heemskerk (NED)	66
238.	de Haan Liesbeth	64	08-021	26.20	25m	30-3-76	Heemskerk (NED)	63
238.	van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)	63
240.	Beentjes Esther	66	08-021	26.40	25m	30-3-76	Heemskerk (NED)	62
241.	Zwart Ellen	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	61
241.	Palthe Yvonne	67	08-021	26.50	25m	14-9-76	Heemskerk (NED)	61
243.	van Hiele Femke	13	08-021	26.67	25m	26-9-24	Heemskerk (NED)	60
244.	Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)	60

25 vrije slag (sinds 245)

245.	van der Mei Monique	65	08-021	26.80	25m	30-3-76	Heemskerk (NED)	59
245.	van Rijn Ilona	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	59
247.	Reeuwijk Danielle	70	08-021	27.30	25m	1-9-79	Heemskerk (NED)	56
248.	van Toledo Annelies	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	55
249.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
249.	Hollander Marianne	65	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
251.	Spanjaard Marijke	65	08-021	27.70	25m	30-3-76	Heemskerk (NED)	53
252.	Peters Marion	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	53
252.	Zeeman Judith	70	08-021	27.80	25m	1-9-79	Heemskerk (NED)	53
254.	Haack Zowi	18	08-021	27.83	25m	15-12-24	Amsterdam (NED)	53
255.	Nuyten Carolien	63	08-021	27.90	25m	30-3-76	Heemskerk (NED)	52
255.	Windmuller Annemarie	67	08-021	27.90	25m	14-9-76	Heemskerk (NED)	52
257.	ter Horst Ilja	67	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
257.	Kraamer Carla	66	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
259.	van Wijngaarden Linda	65	08-021	28.20	25m	30-3-76	Heemskerk (NED)	51
260.	Bos Froke	69	08-021	28.40	25m	30-3-76	Heemskerk (NED)	49
260.	Cijsouw Karin	66	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
260.	de Vries Annelies	64	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
263.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
263.	van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
265.	Bakkum Astrid	65	08-021	28.60	25m	14-9-76	Heemskerk (NED)	48
266.	van Roon Jill	14	08-021	29.03	25m	14-3-24	Heemskerk (NED)	46
267.	Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)	46
268.	Dwarswaard Wilma	64	08-021	29.20	25m	30-3-76	Heemskerk (NED)	45
269.	Dekker Jane	17	08-021	29.38	25m	8-5-25	Heemskerk (NED)	45
270.	de Buyzer Anita	67	08-021	29.40	25m	30-3-76	Heemskerk (NED)	45
270.	Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)	45
272.	Konz Cyndy	66	08-021	29.50	25m	14-9-76	Heemskerk (NED)	44
273.	van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
273.	Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
273.	Slotemaker Britt	14	08-021	29.80	25m	25-5-23	Heemskerk (NED)	43
276.	Ververst Brigitte	66	08-021	30.40	25m	14-9-76	Heemskerk (NED)	40
277.	Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	39
278.	Reuderink Bettina	67	08-021	30.90	25m	14-9-76	Heemskerk (NED)	38
279.	Eggink Christa	65	08-021	31.40	25m	30-3-76	Heemskerk (NED)	36
280.	Zieck Esther	67	08-021	31.50	25m	30-3-76	Heemskerk (NED)	36
280.	Lange Sandra	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	36
280.	van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)	36
283.	van Vliet Sandra	67	08-021	31.70	25m	30-3-76	Heemskerk (NED)	35
284.	Harke Lily Rose	16	08-021	31.78	25m	19-2-26	Heemskerk (NED)	35
285.	Kara Melek	17	08-021	31.87	25m	5-4-26	Haarlem (NED)	35
286.	Ververst Jacqueline	68	08-021	32.20	25m	14-9-76	Heemskerk (NED)	34
287.	de Wit Irene	68	08-021	32.30	25m	30-3-76	Heemskerk (NED)	33
288.	Welboren Carla	68	08-021	32.60	25m	30-3-76	Heemskerk (NED)	33
289.	de Graaf Marion	72	08-021	32.70	25m	10-2-80	Heerhugowaard (NED)	32
290.	Niessen Annemarie	67	08-021	33.00	25m	14-9-76	Heemskerk (NED)	31
290.	Atzei Sabina	71	08-021	33.00	25m	10-2-80	Heerhugowaard (NED)	31
292.	van Roon Lexie	18	08-021	33.30	25m	27-9-26	Krommenie (NED)	30
293.	Raaymakers Marjolein	68	08-021	33.50	25m	14-9-76	Heemskerk (NED)	30
294.	Dekker Ivy	16	08-021	33.62	25m	27-2-25	Heemskerk (NED)	30
295.	de Reuver Babette	18	08-021	33.69	25m	19-2-26	Heemskerk (NED)	29
296.	Reitsma Liv	14	08-021	34.73	25m	15-12-22	Heemskerk (NED)	27
297.	Dorlandt Yvonne	69	08-021	35.50	25m	30-3-76	Heemskerk (NED)	25

25 vrije slag (sinds 298)

298.	Windmuller Jolande	65	08-021	35.80	25m	14-9-76	Heemskerk (NED)	24
299.	Guldemond Collinda	68	08-021	38.00	25m	14-9-76	Heemskerk (NED)	20
300.	Berloth Lydia	68	08-021	39.80	25m	30-3-76	Heemskerk (NED)	18
300.	Broersma Manou	17	08-021	39.80	25m	19-2-26	Heemskerk (NED)	18
302.	Schrauwen Riva	18	08-021	41.17	25m	27-9-26	Krommenie (NED)	16
303.	de Vries Sascha	69	08-021	41.80	25m	30-3-76	Heemskerk (NED)	15
304.	Mooy Monique	69	08-021	43.50	25m	30-3-76	Heemskerk (NED)	13
305.	Beemsterboer Marianne	67	08-021	48.50	25m	30-3-76	Heemskerk (NED)	10
306.	Roestenberg Miriam	70	08-021	52.00	25m	14-9-76	Heemskerk (NED)	8

50 vrije slag

1.	Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	617
2.	Wentink Yara	04	08-021	27.37	25m	29-6-24	Rotterdam (NED)	588
3.	Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	568
4.	Smit Sanne	01	08-021	27.94	25m	17-11-18	Hoofddorp (NED)	552
5.	Drubers Mirjam	67	08-021	28.20	25m	31-12-84		537
5.	Siemerink Laura	04	08-021	28.20	25m	21-4-19	Haarlem (NED)	537
7.	de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)	526
8.	Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)	578
9.	Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)	522
10.	Hoekstra Eline	03	08-021	28.51	25m	23-11-19	Hoofddorp (NED)	520
11.	Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)	516
12.	Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	506
13.	Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)	494
14.	Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)	489
15.	Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)	485
16.	van 't Veer Iris	03	08-021	29.36	25m	24-4-22	Den Helder (NED)	476
17.	Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)	470
18.	van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)	468
19.	Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	466
20.	van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	464
21.	Herwegh Yara	07	08-021	29.79	25m	10-11-24	Purmerend (NED)	456
22.	Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	455
22.	Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)	455
24.	Koopman Inge	93	08-021	29.82	25m	24-4-22	Den Helder (NED)	454
25.	Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	451
26.	Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)	451
26.	Gijzen-van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk	451
28.	Koper Fiona	01	08-021	30.05	25m	17-6-18	Alkmaar (NED)	444
29.	van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)	443
30.	Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)	442
31.	Stam Vanessa	80	08-021	30.10	25m	7-6-98	Zaandam (NED)	442
32.	Spijker Kristel	84	08-021	30.19	25m	27-2-10	Hoorn (NED)	438
33.	Herwegh Binthy	09	08-021	30.23	25m	27-10-24	Zaandam (NED)	436
34.	Kramer Miranda	80	08-021	30.25	25m	15-11-98	Zaandam (NED)	435
35.	Stins Mariska	84	08-021	30.30	25m	11-4-10	Zaandam (NED)	433
36.	de Roode Xara	08	08-021	30.32	25m	9-3-25	Purmerend (NED)	432
37.	Crok Annemarie	89	08-021	30.36	25m	9-3-08	Heemskerk (NED)	430
38.	de Haan Shira	00	08-021	30.39	25m	13-10-16	Heemskerk (NED)	429
39.	Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)	427
40.	Mallon Danique	94	08-021	30.47	25m	27-2-10	Hoorn (NED)	426
41.	Jongema Helena	80	08-021	30.48	25m	2-2-08	Heerenveen (NED)	425

50 vrije slag (sinds 42)

41.	Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)	425
43.	van Ballegooie Simone	84	08-021	30.50	25m	26-4-01	Heemskerk (NED)	424
44.	Essers Sanne	91	08-021	30.55	25m	30-12-07	Maastricht (NED)	422
45.	van der Gracht Anouk	89	08-021	30.65	50m	25-5-13	Beverwijk (NED)	460
46.	de Boer Maia	03	08-021	30.68	50m	19-6-22	Bückeburg (GER)	459
47.	Besse Karen	75	08-021	30.70	25m	10-3-91	Heemskerk (NED)	416
47.	Stam Sabrina	82	08-021	30.70	25m	7-5-98	Heemskerk (NED)	416
49.	Visser Kelly	89	08-021	30.78	25m	11-10-12	Heemskerk (NED)	413
50.	Petit Kirsten	00	08-021	31.01	25m	30-12-16	Leeuwarden (NED)	404
51.	Limmen Karin	76	08-021	31.10	25m	14-4-93		400
52.	Zonneveld Chantal	84	08-021	31.12	25m	26-10-00	Heemskerk (NED)	400
52.	Stel Serena	98	08-021	31.12	25m	5-4-10	Haarlem (NED)	400
54.	Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)	395
55.	Butter Anouk	82	08-021	31.26	25m	8-4-07	Haarlem (NED)	394
56.	Meijer Linda	77	08-021	31.30	25m	5-4-92	Heemskerk (NED)	393
57.	van Rookhuizen Sieta	79	08-021	31.36	25m	4-11-99	Heemskerk (NED)	390
58.	Haasbroek Renske	03	08-021	31.37	25m	24-11-24	Den Haag (NED)	390
59.	Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)	387
60.	Koopman Anitra	89	08-021	31.46	25m	27-1-05	Heemskerk (NED)	387
61.	van der Geest Saskia	73	08-021	31.50	25m	13-12-89		385
61.	de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)	385
63.	Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	385
64.	Windmuller Wendy	69	08-021	31.60	25m	21-5-87	Heemskerk (NED)	382
65.	de Graaf Annemiek	70	08-021	31.80	25m	21-5-87	Heemskerk (NED)	374
66.	ten Bokkel Henrieke	94	08-021	31.82	25m	17-5-18	Heemskerk (NED)	374
67.	Vredenburg Roos	95	08-021	31.84	25m	4-4-10	Haarlem (NED)	373
68.	Zwaan Melissa	91	08-021	31.88	25m	28-12-03	Maastricht (NED)	372
69.	Ivens Suzanne	99	08-021	31.96	25m	6-10-13	Heemskerk (NED)	369
70.	van Honk Chantal	80	08-021	32.00	25m	14-4-93		367
71.	de Wildt Maud	05	08-021	32.07	25m	23-11-19	Hoofddorp (NED)	365
72.	de Groot Gitta	60	08-021	32.10	25m	12-2-78	Heemskerk (NED)	364
72.	van Galen Angela	65	08-021	32.10	25m	5-4-81	Heemskerk (NED)	364
74.	Blaauw Yente	03	08-021	32.12	25m	15-10-17	Alkmaar (NED)	363
75.	Bos Marieke	06	08-021	32.16	25m	23-11-19	Hoofddorp (NED)	362
76.	van Koeveringe Nicole	93	08-021	32.18	25m	23-4-09	Heemskerk (NED)	361
77.	Niesten Iris	92	08-021	32.19	50m	13-4-08	Antwerpen (BEL)	397
78.	van Sikkelerus Lisa	99	08-021	32.22	25m	6-10-13	Heemskerk (NED)	360
79.	van Duin Margret	60	08-021	32.30	25m	12-2-78	Heemskerk (NED)	357
79.	Bakkum Wilma	62	08-021	32.30	25m	27-9-80	Heemskerk (NED)	357
79.	Heus Pauline	78	08-021	32.30	25m	16-11-97	Zaandam (NED)	357
79.	van Langelaar Tessa	97	08-021	32.30	25m	12-2-12	Heemstede (NED)	357
83.	Teufer Irene	96	08-021	32.34	25m	13-1-08	Heemskerk (NED)	356
84.	Hofland Yasmin	01	08-021	32.36	25m	9-11-17	Heemskerk (NED)	355
85.	van Giezen Sandra	63	08-021	32.40	25m	2-3-80	Heemskerk (NED)	354
85.	Hermans Liesbeth	66	08-021	32.40	25m	28-9-80	Zaandam (NED)	354
87.	Schoonderwoerd Rianne	95	08-021	32.41	50m	28-5-23	Arnsberg (GER)	389
88.	van Huisstede Nikita	01	08-021	32.43	25m	13-10-16	Heemskerk (NED)	353
89.	van Vliet Isabel	02	08-021	32.48	50m	25-3-18	Alkmaar (NED)	387
90.	Plokker Sylvia	68	08-021	32.50	25m	7-3-82		351
91.	de Vries Chrissie	93	08-021	32.58	25m	25-1-07	Heemskerk (NED)	348
92.	Krouwels Tanja	79	08-021	32.60	25m	19-4-98	Zaandam (NED)	347
93.	van Eerden Meike	00	08-021	32.61	25m	24-3-19	Purmerend (NED)	347
94.	Boekling Annette	85	08-021	32.63	25m	26-4-01	Heemskerk (NED)	347

50 vrije slag (sinds 95)

95.	de Boer Angela	80	08-021	32.70	25m	24-4-94	Zaandam (NED)	344
96.	Scholten Britt	04	08-021	32.75	25m	11-2-18	Zaandam (NED)	343
97.	Oosterveen Yvonne	80	08-021	32.90	25m	14-4-93		338
98.	de Ruijter Linda	87	08-021	32.93	25m	23-3-03	Heemstede	337
99.	Poppema Yvonne	68	08-021	33.00	25m	23-9-84	Heemskerk (NED)	335
99.	van Assema Eline	05	08-021	33.00	25m	18-9-25	Heemskerk (NED)	335
101.	Veldhuis Amelia	03	08-021	33.01	25m	4-10-20	Heemskerk (NED)	335
102.	Smid Diane	65	08-021	33.18	25m	13-5-07	Grootebroek (NED)	330
103.	van der Horst Sacha	69	08-021	33.20	25m	11-12-83	Heemskerk (NED)	329
103.	de Boer Claudia	77	08-021	33.20	25m	10-3-91	Heemskerk (NED)	329
105.	van Giezen Corina	68	08-021	33.30	25m	23-9-84	Heemskerk (NED)	326
106.	Deiman Caroline	67	08-021	33.40	25m	13-12-89		323
107.	Angenent Nienke	01	08-021	33.42	25m	18-1-15	Zaandam (NED)	322
107.	van Rijn Sydney	03	08-021	33.42	25m	9-11-17	Heemskerk (NED)	322
109.	van Ballegooie Stefanie	86	08-021	33.58	25m	25-10-01	Heemskerk	318
110.	Oudendijk Bianca	79	08-021	33.60	25m	14-4-96	Zaandam (NED)	317
111.	Regelink Anneke	83	08-021	33.62	25m	26-11-98	Heemskerk (NED)	317
112.	Visser Stacey	87	08-021	33.64	25m	25-10-01	Heemskerk	316
113.	Pover Karin	67	08-021	33.80	25m	27-9-80	Heemskerk (NED)	312
113.	Tholen Kirsten	66	08-021	33.80	25m	23-9-84	Heemskerk (NED)	312
115.	de Wolff Isabel	01	08-021	33.82	25m	13-10-16	Heemskerk (NED)	311
116.	Knight Kayleigh	00	08-021	33.83	25m	13-10-16	Heemskerk (NED)	311
117.	Peters Yvonne	63	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
117.	van Giezen Irene	67	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
119.	Deen Annette	60	08-021	34.00	25m	30-3-76	Heemskerk (NED)	306
119.	Munnik Yvonne	64	08-021	34.00	25m	12-2-78	Heemskerk (NED)	306
119.	Dijkstra Ingrid	68	08-021	34.00	25m	3-4-82	Heemskerk (NED)	306
119.	Moolevliet Petra	82	08-021	34.00	25m	26-11-95	Heemskerk (NED)	306
123.	Buur Cindy	99	08-021	34.01	25m	13-10-16	Heemskerk (NED)	306
124.	van Velsen Patricia	79	08-021	34.10	25m	29-10-95	Castricum (NED)	304
125.	Rodenburg Rianne	93	08-021	34.18	25m	25-2-06	Hoorn (NED)	301
126.	Schaefer Lisa	06	08-021	34.19	50m	30-11-19	Beverwijk (NED)	331
127.	ten Cate Joyce	80	08-021	34.23	25m	9-3-08	Heemskerk (NED)	300
128.	Zonneveld Cindy	75	08-021	34.30	25m	19-1-94		298
128.	Dijkstra Maud	84	08-021	34.30	25m	7-5-98	Heemskerk (NED)	298
130.	van Leeuwen Andrea	71	08-021	34.40	25m	11-12-83	Heemskerk (NED)	296
131.	Lindelauf Priscilla	85	08-021	34.46	25m	25-10-01	Heemskerk	294
132.	Dreyer Elly	63	08-021	34.50	25m	2-3-80	Heemskerk (NED)	293
132.	Bruin Marianne	78	08-021	34.50	25m	4-11-90	Zaandam (NED)	293
132.	Nijman José	93	08-021	34.50	25m	25-10-08	Hoorn (NED)	293
135.	Venema Jalina	04	08-021	34.53	25m	13-10-16	Heemskerk (NED)	292
136.	Koper Birgit	87	08-021	34.61	25m	22-12-02	Zaandam	290
137.	Raszinski Nienke	01	08-021	34.62	25m	19-1-14	Zaandam (NED)	290
138.	Walraven Annet	62	08-021	34.70	25m	12-2-78	Heemskerk (NED)	288
138.	Limmen Miriam	75	08-021	34.70	25m	14-3-91	Heemskerk (NED)	288
140.	Liefting Sarina	93	08-021	34.78	25m	25-1-07	Heemskerk (NED)	286
141.	Groot Tineke	60	08-021	34.90	25m	2-3-80	Heemskerk (NED)	283
141.	van de Kamp Yvonne	65	08-021	34.90	25m	7-3-82		283
141.	Bruin Adri	74	08-021	34.90	25m	14-12-88		283
141.	Bakker Jesca	79	08-021	34.90	25m	31-5-90	Heemskerk (NED)	283
141.	de Vries Cathy	77	08-021	34.90	25m	24-3-91	Zaandam (NED)	283
141.	van der Eng Laura	80	08-021	34.90	25m	22-9-96	Heemskerk (NED)	283
147.	Hommersen Sandra	84	08-021	34.93	25m	17-1-99	Heemskerk (NED)	282

50 vrije slag (sinds 148)

148.	Horst Diana	67	08-021	35.00	25m	22-3-81	Wieringerwerf (NED)	281
148.	Bos Chantal	74	08-021	35.00	25m	5-10-88		281
150.	de Vriend Sofie	01	08-021	35.04	25m	3-3-13	Purmerend (NED)	280
151.	Grul Lisanne	97	08-021	35.06	50m	16-6-13	Beverwijk (NED)	307
152.	Niesten Annet	62	08-021	35.10	25m	14-9-76	Heemskerk (NED)	278
152.	Missot Gonda	66	08-021	35.10	25m	2-3-80	Heemskerk (NED)	278
152.	de Vries Justine	83	08-021	35.10	25m	22-9-96	Heemskerk (NED)	278
155.	Nijholt Carin	60	08-021	35.20	25m	12-2-78	Heemskerk (NED)	276
155.	van Giezen Wendy	70	08-021	35.20	25m	11-12-83	Heemskerk (NED)	276
155.	Huisman Jolanda	68	08-021	35.20	25m	23-9-84	Heemskerk (NED)	276
158.	Bouwman Esther	63	08-021	35.30	25m	1-9-79	Heemskerk (NED)	274
159.	Visser Shana	04	08-021	35.32	50m	20-5-17	Alkmaar (NED)	300
160.	Soellaart Esther	13	08-021	35.33	25m	16-11-25	Purmerend (NED)	273
161.	ten Cate Ilona	85	08-021	35.35	25m	27-1-05	Heemskerk (NED)	272
162.	Huisman Caroline	64	08-021	35.50	25m	12-2-78	Heemskerk (NED)	269
162.	de Graaf Dinie	71	08-021	35.50	25m	11-12-83	Heemskerk (NED)	269
164.	Zonneveld Melissa	88	08-021	35.54	25m	27-1-05	Heemskerk (NED)	268
165.	Reijnders Sandra	64	08-021	35.90	25m	13-12-81	Volendam (NED)	260
165.	Cappelle Carlijn	82	08-021	35.90	25m	8-3-98	Zaandam (NED)	260
167.	Bouwer Jolien	89	08-021	35.91	25m	30-1-03	Heemskerk	260
168.	Ardicyaka Irem	06	08-021	35.94	25m	8-10-20	Heemskerk (NED)	259
169.	Bruins Julia	06	08-021	35.96	25m	15-3-26	Heemskerk (NED)	259
170.	Wiesener Winnifred	62	08-021	36.00	25m	7-12-76	Heemskerk (NED)	258
170.	Nemchonok Alisa	82	08-021	36.00	25m	26-11-98	Heemskerk (NED)	258
172.	Butter Noor	16	08-021	36.03	25m	10-5-26	Zaandam (NED)	257
173.	van Baar Monique	73	08-021	36.10	25m	5-10-88		256
174.	de Pree Marlies	66	08-021	36.20	25m	10-2-80	Heerhugowaard (NED)	254
175.	Buitenhuis Danine	91	08-021	36.27	25m	30-1-03	Heemskerk	252
176.	Wieman Lianne	03	08-021	36.31	25m	11-10-18	Heemskerk (NED)	251
177.	Martens Iandra	03	08-021	36.48	25m	24-9-15	Heemskerk (NED)	248
178.	Schaaper Margriet	62	08-021	36.50	25m	1-9-79	Heemskerk (NED)	247
178.	Windmuller Annemarie	67	08-021	36.50	25m	2-3-80	Heemskerk (NED)	247
180.	Oortwijn Jytte	10	08-021	36.55	25m	15-3-26	Heemskerk (NED)	246
181.	Steenkamp Ciska	90	08-021	36.58	25m	25-10-01	Heemskerk	246
182.	Limmen Anita	78	08-021	36.60	25m	14-4-93		245
182.	Mulder Amy	80	08-021	36.60	25m	14-4-93		245
182.	Hoek Laura	86	08-021	36.60	50m	4-6-00	Beverwijk (NED)	270
185.	Tilgenkamp Lentley	13	08-021	36.61	25m	27-9-26	Alkmaar (NED)	245
186.	Splinter Nathalie	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	243
187.	de Loos Marijke	94	08-021	36.88	25m	30-9-10	Heemskerk (NED)	240
188.	Huneker Jolanda	79	08-021	36.90	25m	5-10-97	Zaandam (NED)	239
188.	de Groot Sjors	08	08-021	36.90	25m	16-11-25	Purmerend (NED)	239
190.	Molenaar Eline	82	08-021	36.97	25m	4-11-99	Heemskerk (NED)	238
191.	Besse Meta	78	08-021	37.00	25m	4-11-90	Zaandam (NED)	238
192.	van Kooten Cynthia	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	237
193.	Steenbakker Lisan	07	08-021	37.07	25m	4-4-24	Heemskerk (NED)	236
194.	Visser Robin	05	08-021	37.09	50m	20-5-17	Alkmaar (NED)	259
195.	Geurtsen Daisy	89	08-021	37.19	25m	25-10-01	Heemskerk	234
196.	Berloth Lydia	68	08-021	37.20	25m	11-12-83	Heemskerk (NED)	234
197.	Cappelle Marcella	85	08-021	37.25	25m	15-11-98	Zaandam (NED)	233
198.	Kerkhoven Michelle	91	08-021	37.34	25m	25-3-01	Heerhugowaard (NED)	231
199.	Smit Lydia	84	08-021	37.60	25m	7-5-98	Heemskerk (NED)	226
200.	Sobh Shaime	03	08-021	37.66	25m	24-9-15	Heemskerk (NED)	225

50 vrije slag (sinds 201)

201.	Borg Karin	61	08-021	37.70	25m	16-3-80	Heemskerk (NED)	225
201.	Aafjes Suzan	69	08-021	37.70	25m	22-3-81	Wieringerwerf (NED)	225
201.	van Tellingen Ingrid	66	08-021	37.70	25m	13-12-81	Volendam (NED)	225
201.	Beeksma Anne	88	08-021	37.70	25m	21-4-02	Heemstede	225
205.	de Groot Marlijn	92	08-021	37.75	25m	14-11-04	Zaandam (NED)	224
206.	Groot Irma	63	08-021	37.80	25m	17-9-77	Heemskerk (NED)	223
206.	Stel Kaylin	01	08-021	37.80	25m	5-4-10	Haarlem (NED)	223
208.	de Graaf Isabella	04	08-021	37.88	25m	11-10-18	Heemskerk (NED)	221
209.	van der Horst Wendy	72	08-021	38.00	25m	31-12-81		219
209.	Meesters Audrey	90	08-021	38.00	25m	30-1-03	Heemskerk	219
211.	Teunissen Petra	64	08-021	38.10	25m	17-9-77	Heemskerk (NED)	217
211.	Ikink Marion	66	08-021	38.10	25m	29-11-82	Heemskerk (NED)	217
211.	de Groot Linda	81	08-021	38.10	25m	12-12-96	Heemskerk (NED)	217
214.	Mosch Sabina	84	08-021	38.17	25m	17-1-99	Heemskerk (NED)	216
215.	Weezepoel Natascha	07	08-021	38.24	25m	3-10-21	Den Helder (NED)	215
216.	Gelsumino Giulia	03	08-021	38.26	25m	24-9-15	Heemskerk (NED)	215
217.	Koopman Jessie	97	08-021	38.28	25m	7-2-10	Heemstede (NED)	214
218.	Zonneveld Monica	80	08-021	38.40	25m	22-9-91	Zaandam (NED)	212
219.	Glorie Astrid	63	08-021	38.50	25m	7-12-76	Heemskerk (NED)	211
220.	Beentjes Nicolet	80	08-021	38.58	25m	11-10-98	Alkmaar (NED)	209
221.	Keessen Pam	62	08-021	38.60	25m	7-12-76	Heemskerk (NED)	209
221.	Gerritsen Jolanda	64	08-021	38.60	25m	17-9-77	Heemskerk (NED)	209
223.	Lund Karin	63	08-021	38.70	25m	14-9-76	Heemskerk (NED)	208
224.	Bakker Anna	97	08-021	38.79	25m	29-5-08	Heemskerk (NED)	206
225.	Welboren Els	64	08-021	38.90	25m	17-9-77	Heemskerk (NED)	204
225.	van Leen Cynthia	81	08-021	38.90	25m	8-2-96	Heemskerk (NED)	204
227.	van Rijn Eline	07	08-021	38.94	25m	14-5-17	Haarlem (NED)	204
228.	Watertor Anne-Marie	65	08-021	39.00	25m	7-12-76	Heemskerk (NED)	203
228.	Ligterink Angela	76	08-021	39.00	25m	8-3-87	Zaandam (NED)	203
230.	Terhorst Ilja	67	08-021	39.20	25m	27-9-80	Heemskerk (NED)	200
231.	Last Rooske	94	08-021	39.28	25m	24-5-10	Purmerend (NED)	198
232.	van Son Sandra	72	08-021	39.40	25m	2-9-84	Heemskerk (NED)	197
233.	Brands Ingrid	72	08-021	39.60	25m	30-11-86	Heemskerk (NED)	194
234.	van Putten Demi	96	08-021	39.64	25m	14-4-11	Heemskerk (NED)	193
235.	Essers Patricia	84	08-021	39.70	25m	20-5-99	Heemskerk (NED)	192
235.	Mes Norah	13	08-021	39.70	25m	16-11-25	Purmerend (NED)	192
237.	Haack Fenna	16	08-021	39.78	25m	23-5-26	Purmerend (NED)	191
238.	Rasch Monique	66	08-021	39.80	25m	10-2-80	Heerhugowaard (NED)	191
238.	Viel Bianca	85	08-021	39.80	25m	5-3-98	Heemskerk (NED)	191
240.	van Eif Lia	60	08-021	39.90	25m	16-3-80	Heemskerk (NED)	189
240.	de Nijs Martine	71	08-021	39.90	25m	2-9-84	Heemskerk (NED)	189
242.	Sahin Súmeyye Sena	10	08-021	39.94	25m	12-11-23	Den Helder (NED)	189
243.	Palthe Yvonne	67	08-021	40.00	25m	7-11-81	Heemskerk (NED)	188
243.	van der Kolk Renate	66	08-021	40.00	25m	3-4-82	Heemskerk (NED)	188
243.	Potemans Priscilla	84	08-021	40.00	25m	5-10-97	Zaandam (NED)	188
246.	Elghandor Kiyaan	03	08-021	40.01	25m	24-9-15	Heemskerk (NED)	188
247.	Pover Ellen	72	08-021	40.10	25m	11-12-83	Heemskerk (NED)	186
248.	van Gent Anja	66	08-021	40.30	25m	10-2-80	Heerhugowaard (NED)	184
248.	Dijkstra Janet	77	08-021	40.30	25m	15-12-88	Heemskerk (NED)	184
250.	Sierra Ana Maria	69	08-021	40.50	25m	3-4-82	Heemskerk (NED)	181
251.	Schelvis Liselot	92	08-021	40.58	25m	27-5-04	Heemskerk (NED)	180
252.	Bakker Lisette	83	08-021	40.60	25m	7-5-98	Heemskerk (NED)	180
253.	van Laarhoven Salome	15	08-021	40.67	25m	8-11-26	Purmerend (NED)	179

50 vrije slag (sinds 254)

254.	Dekker Elise	97	08-021	40.69	25m	15-1-06	Zaandam (NED)	178
255.	Bos Annelies	74	08-021	40.70	25m	22-3-87	Heerhugowaard (NED)	178
256.	Welboren Trudy	61	08-021	40.90	25m	17-9-77	Heemskerk (NED)	176
257.	Zeeman Judith	70	08-021	41.10	25m	29-11-82	Heemskerk (NED)	173
257.	Zijlstra Mariëlle	83	08-021	41.10	25m	26-11-95	Heemskerk (NED)	173
259.	Dijkstra Pascal	89	08-021	41.11	25m	26-11-98	Heemskerk (NED)	173
260.	Rodenburg Kyra	96	08-021	41.18	25m	28-10-06	Hoorn (NED)	172
261.	Hoogervorst Marlon	84	08-021	41.20	25m	26-1-95	Heemskerk (NED)	172
262.	van Dam Merel	14	08-021	41.28	25m	8-11-26	Purmerend (NED)	171
263.	van Perlo Ingrid	73	08-021	41.30	25m	11-12-83	Heemskerk (NED)	171
264.	Nobels Marlies	65	08-021	41.60	25m	7-12-76	Heemskerk (NED)	167
264.	Koper Selma	03	08-021	41.60	25m	21-4-13	Heemskerk (NED)	167
266.	Hoeksema Kim	90	08-021	41.67	25m	25-10-01	Heemskerk	166
267.	Doodeman Sara	00	08-021	41.90	25m	14-11-10	Castricum (NED)	163
268.	Rijpkema Marije	85	08-021	41.98	25m	25-10-01	Heemskerk	162
269.	Smit Ingrid	67	08-021	42.00	25m	2-3-80	Heemskerk (NED)	162
269.	Schijf Irene	83	08-021	42.00	25m	15-6-95	Heemskerk (NED)	162
271.	Luesken Marian	62	08-021	42.10	25m	30-3-76	Heemskerk (NED)	161
271.	Feenstra Petra	71	08-021	42.10	25m	11-12-83	Heemskerk (NED)	161
271.	van Ederen Jasmijn	10	08-021	42.10	25m	19-9-19	Heemskerk (NED)	161
274.	de Boer Isabel	06	08-021	42.11	25m	24-1-16	Zaandam (NED)	161
275.	Pezo Adna	90	08-021	42.17	25m	27-9-01	Heemskerk	160
276.	van den Braber Liesbeth	84	08-021	42.18	25m	26-11-98	Heemskerk (NED)	160
277.	Hoekstra Karin	76	08-021	42.30	25m	15-3-87	Heemskerk (NED)	159
278.	Nijman Linda	89	08-021	42.45	25m	25-3-01	Heerhugowaard (NED)	157
279.	de Bruin Debby	70	08-021	42.50	25m	29-11-82	Heemskerk (NED)	157
280.	Wissenburg Petra	65	08-021	42.60	25m	7-12-76	Heemskerk (NED)	155
281.	van der Does Lisa	02	08-021	42.61	25m	21-4-14	Haarlem (NED)	155
282.	Lange Sandra	67	08-021	42.80	25m	16-3-80	Heemskerk (NED)	153
283.	Schut Bodine	09	08-021	42.84	25m	7-10-21	Heemskerk (NED)	153
284.	Snijder Femke	83	08-021	43.00	25m	24-3-94	Heemskerk (NED)	151
285.	Lensen Sarian	89	08-021	43.07	25m	31-1-02	Heemskerk	150
285.	van Roon Jill	14	08-021	43.07	25m	8-11-26	Purmerend (NED)	150
287.	Pirovano Monique	69	08-021	43.10	25m	16-3-80	Heemskerk (NED)	150
288.	Yayli Serina	90	08-021	43.52	25m	24-3-02	Heemstede	146
288.	Terluin Suus	09	08-021	43.52	25m	13-10-19	Heemskerk (NED)	146
290.	Copier Alyssa	04	08-021	43.53	25m	2-3-14	Haarlem (NED)	146
291.	Haack Zowi	18	08-021	43.66	25m	7-6-26	Amsterdam-Noord (NED)	144
292.	Willemse Renee	75	08-021	43.80	25m	29-9-85	Heemskerk (NED)	143
293.	Aardenburg Judith	93	08-021	43.82	25m	24-2-05	Heemskerk (NED)	143
294.	van der Vaart Monique	70	08-021	43.90	25m	29-11-82	Heemskerk (NED)	142
294.	Hoolwerff Esther	77	08-021	43.90	25m	8-3-87	Zaandam (NED)	142
296.	Bok Femke	74	08-021	44.00	25m	2-9-84	Heemskerk (NED)	141
297.	Palthe Monique	64	08-021	44.10	25m	7-12-76	Heemskerk (NED)	140
297.	Mans Joyce	67	08-021	44.10	25m	16-3-80	Heemskerk (NED)	140
299.	van Galen Lia	62	08-021	44.30	25m	16-3-80	Heemskerk (NED)	138
299.	Wiegman Brenda	72	08-021	44.30	25m	11-12-83	Heemskerk (NED)	138
299.	van der Wijden Eline	88	08-021	44.30	25m	26-10-00	Heemskerk (NED)	138
302.	Doevendans Phileine	06	08-021	44.32	25m	19-5-16	Heemskerk (NED)	138
303.	Huber Emma	13	08-021	44.39	25m	25-1-26	Purmerend (NED)	137
304.	Zwart Ellen	65	08-021	44.40	25m	7-12-76	Heemskerk (NED)	137
305.	Ligthart Danique	07	08-021	44.49	25m	8-10-20	Heemskerk (NED)	136
306.	van Heerwaarden Vera	03	08-021	44.69	25m	5-3-20	Heemskerk (NED)	135

50 vrije slag (sinds 307)

307.	Buur Carina	64	08-021	44.70	25m	7-12-76	Heemskerk (NED)	134
307.	Renkema Marianne	70	08-021	44.70	25m	29-11-82	Heemskerk (NED)	134
309.	Kesting Alexandra	00	08-021	44.76	25m	17-4-11	Zaandam (NED)	134
310.	Koper Ella	90	08-021	44.78	25m	25-10-01	Heemskerk	134
311.	Beentjes Daphne	91	08-021	44.87	25m	27-4-03	Zaandam	133
312.	Huisman Lianne	87	08-021	44.88	25m	22-2-01	Heemskerk (NED)	133
313.	Vonk Bea	67	08-021	44.90	25m	3-4-82	Heemskerk (NED)	133
313.	Reyners Lisette	69	08-021	44.90	25m	29-11-82	Heemskerk (NED)	133
315.	Herwegh Izayra Rena	14	08-021	44.96	50m	7-12-24	Beverwijk (NED)	145
316.	Broers Margot	63	08-021	45.00	25m	17-9-77	Heemskerk (NED)	132
317.	Werdekker Marjolein	81	08-021	45.20	25m	12-12-96	Heemskerk (NED)	130
318.	van der Werf Chily	72	08-021	45.30	25m	29-11-82	Heemskerk (NED)	129
319.	Koper Leny	69	08-021	45.60	25m	10-2-80	Heerhugowaard (NED)	127
320.	Hoekstra Femke	05	08-021	45.61	25m	18-9-14	Heemskerk (NED)	127
321.	Bos Froke	69	08-021	45.70	25m	10-2-80	Heerhugowaard (NED)	126
322.	Salido Keesje	05	08-021	45.72	25m	4-10-15	Purmerend (NED)	126
323.	Calkhoven Mariëtte	65	08-021	45.80	25m	14-9-76	Heemskerk (NED)	125
324.	Bovekerk Annefleur	99	08-021	46.06	25m	30-9-10	Heemskerk (NED)	123
325.	Liefting Marielle	90	08-021	46.08	25m	28-2-02	Heemskerk	123
326.	Banks Riley	17	08-021	46.26	25m	27-2-25	Heemskerk (NED)	121
327.	Dekker Danyk	94	08-021	46.41	25m	31-1-08	Heemskerk (NED)	120
328.	Eijndhoven Jonna	02	08-021	46.70	25m	11-10-12	Heemskerk (NED)	118
329.	van Ess Zoe	14	08-021	46.75	25m	8-11-26	Purmerend (NED)	117
330.	Vellinga Yvonne	64	08-021	46.80	25m	14-9-76	Heemskerk (NED)	117
331.	Salem Lamies	03	08-021	46.85	25m	14-1-18	Purmerend (NED)	117
332.	Ramazani Helia	16	08-021	47.09	50m	14-6-26	Bückeburg (GER)	127
333.	Kuijper Michelle	91	08-021	47.12	25m	13-1-02	Zaandam	115
334.	van Perlo Carla	75	08-021	47.20	25m	2-9-84	Heemskerk (NED)	114
335.	Oliveira Rocha Yara	17	08-021	47.36	25m	20-10-24	Heemskerk (NED)	113
336.	Boonstra Esmé	02	08-021	47.38	25m	10-2-13	Haarlem (NED)	113
337.	van Tol Sarjenka	97	08-021	47.53	25m	5-10-08	Heemskerk (NED)	112
338.	van Hiele Femke	13	08-021	47.74	25m	8-11-26	Purmerend (NED)	110
339.	Welboren Julia	00	08-021	47.79	25m	6-10-11	Heemskerk (NED)	110
340.	van Duin Gerdine	65	08-021	47.80	25m	17-9-77	Heemskerk (NED)	110
341.	van den Heuvel Sandra	80	08-021	47.90	25m	1-3-90	Heemskerk (NED)	109
342.	van Duivenvoorde Sanne	93	08-021	47.99	25m	26-9-02	Heemskerk	109
343.	van Ruth Yoore	78	08-021	48.00	25m	13-6-91	Heemskerk (NED)	109
343.	Post Aijuna	14	08-021	48.00	25m	26-9-24	Heemskerk (NED)	109
345.	van Loon Monique	66	08-021	48.10	25m	29-11-82	Heemskerk (NED)	108
346.	Hoorn Linsey	94	08-021	48.58	25m	28-4-05	Heemskerk (NED)	105
347.	Gijzen Monique	68	08-021	48.60	25m	22-4-78	Heemskerk (NED)	105
347.	Homminga Anita	69	08-021	48.60	25m	3-4-82	Heemskerk (NED)	105
349.	Jansen Pauline	67	08-021	49.00	25m	3-4-82	Heemskerk (NED)	102
350.	Doll Maartje	80	08-021	49.10	25m	12-5-93		101
351.	van der Leden Laura	68	08-021	49.20	25m	10-12-77	Heemskerk (NED)	101
352.	Mooy Monique	69	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	100
353.	Reiss Katinka	65	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
353.	de Weers Anne-Michelle	63	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
355.	Kragt Kirsten	10	08-021	49.44	25m	1-2-24	Heemskerk (NED)	99
356.	Zuidervaart Anne	02	08-021	49.65	25m	12-2-12	Haarlem (NED)	98
357.	Zonneveld Jennifer	88	08-021	49.77	25m	25-10-01	Heemskerk	97
358.	van Galen Marion	61	08-021	49.80	25m	7-12-76	Heemskerk (NED)	97
359.	Verduin Pluk	16	08-021	49.87	25m	1-11-26	Zaandam (NED)	97

50 vrije slag (sinds 360)

360.	Slotemaker Britt	14	08-021	50.15	25m	13-4-25	Amsterdam (NED)	95
361.	Hoogeland Ria	65	08-021	50.60	25m	17-9-77	Heemskerk (NED)	93
362.	Meskhy Nita	16	08-021	50.70	25m	10-9-26	Heemskerk (NED)	92
363.	Doodeman Lieke	16	08-021	50.75	25m	27-9-26	Krommenie (NED)	92
364.	van Dijk Yvonne	65	08-021	50.80	25m	14-9-76	Heemskerk (NED)	91
365.	Numan Annelies	63	08-021	50.90	25m	7-12-76	Heemskerk (NED)	91
365.	van der Vaart Marjolijn	69	08-021	50.90	25m	29-11-82	Heemskerk (NED)	91
367.	Kerkmeester Priscilla	96	08-021	51.21	25m	28-9-06	Heemskerk (NED)	89
368.	Jonker Monique	66	08-021	51.30	25m	7-12-76	Heemskerk (NED)	89
369.	Reuderink Miranda	63	08-021	51.40	25m	17-9-77	Heemskerk (NED)	88
370.	Vledder Sarah	14	08-021	51.44	25m	18-10-26	Den Helder (NED)	88
371.	van 't Hof Manon	90	08-021	51.53	25m	21-4-02	Heemstede	88
372.	Broersma Dione	16	08-021	51.55	25m	25-10-26	Heemskerk (NED)	88
373.	van Wijngaarden Linda	65	08-021	51.70	25m	7-12-76	Heemskerk (NED)	87
373.	de Buyzer Anita	67	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	87
375.	Hol Manouk	05	08-021	51.86	25m	23-4-15	Heemskerk (NED)	86
376.	Werdekker Esther	83	08-021	52.30	25m	13-2-97	Heemskerk (NED)	84
377.	van Rijn Ilona	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
377.	Kuijl Karin	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
379.	van Duivenvoorde Jose	70	08-021	52.70	25m	29-11-82	Heemskerk (NED)	82
380.	Bruins Bianca	81	08-021	52.80	25m	11-12-96		81
381.	Morianner Susanna	72	08-021	53.00	25m	11-10-81	Heemskerk (NED)	80
381.	van Noort Jony	85	08-021	53.00	25m	8-2-96	Heemskerk (NED)	80
383.	Beemsterboer Petra	68	08-021	53.50	25m	16-3-80	Heemskerk (NED)	78
384.	Sanen Casey	99	08-021	53.75	25m	19-11-09	Heemskerk (NED)	77
385.	Boere Sacha	91	08-021	53.82	25m	30-9-04	Heemskerk (NED)	77
386.	Janssen Tess	89	08-021	53.90	25m	19-4-98	Zaandam (NED)	76
387.	de Ruyter Yvonne	71	08-021	54.00	25m	29-11-82	Heemskerk (NED)	76
388.	van Duivenvoorde Gerda	72	08-021	54.10	25m	29-11-82	Heemskerk (NED)	76
389.	Nobels Annita	68	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
389.	van Megen Carla	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
391.	Schoonenberg Patricia	72	08-021	54.50	25m	29-11-82	Heemskerk (NED)	74
392.	Breems Silvia	65	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
392.	de Wit Yvonne	66	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
394.	Claesens Freeke	64	08-021	55.20	25m	14-9-76	Heemskerk (NED)	71
395.	Kraamer Carla	66	08-021	55.40	25m	7-12-76	Heemskerk (NED)	70
396.	Heus Inge	81	08-021	55.80	25m	13-6-91	Heemskerk (NED)	69
397.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	66
398.	Beentjes Esther	66	08-021	56.90	25m	7-12-76	Heemskerk (NED)	65
399.	de Caluwe Joyce	94	08-021	57.26	25m	27-3-03	Heemskerk	64
400.	Breems Jolanda	62	08-021	57.40	25m	7-12-76	Heemskerk (NED)	63
401.	van der Leden Cynthia	66	08-021	58.10	25m	30-3-76	Heemskerk (NED)	61
402.	Woering Aletta	64	08-021	58.30	25m	7-12-76	Heemskerk (NED)	60
403.	Halbersma Jenny	70	08-021	58.40	25m	7-11-81	Heemskerk (NED)	60
403.	Atzei Sabina	71	08-021	58.40	25m	29-11-82	Heemskerk (NED)	60
405.	Mul Marinette	72	08-021	59.00	25m	29-11-82	Heemskerk (NED)	58
406.	Kerdijk Lianne	81	08-021	59.20	25m	10-1-91	Heemskerk (NED)	58
407.	Koppes Monique	69	08-021	1:00.00	25m	10-2-80	Heerhugowaard (NED)	55
408.	ten Cate Naomi	93	08-021	1:00.38	25m	27-3-03	Heemskerk	54
409.	van Zalingen Margreet	67	08-021	1:00.90	25m	7-12-76	Heemskerk (NED)	53
410.	Schuyt Patricia	77	08-021	1:01.00	25m	21-5-87	Heemskerk (NED)	53
411.	Beentjes Karin	72	08-021	1:01.30	25m	29-11-82	Heemskerk (NED)	52
412.	Vet Mariska	66	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	51

50 vrije slag (sinds 413)

413.	Zieck Esther	67	08-021	1:03.20	25m	7-12-76	Heemskerk (NED)	47
414.	Jonker Nicole	68	08-021	1:03.50	25m	7-12-76	Heemskerk (NED)	47
415.	Kara Melek	17	08-021	1:04.00	25m	25-10-26	Heemskerk (NED)	45
416.	Gravemaker Sandra	68	08-021	1:06.00	25m	7-12-76	Heemskerk (NED)	41
417.	Gozeling Monique	67	08-021	1:06.50	25m	7-12-76	Heemskerk (NED)	40
418.	Dorlandt Yvonne	69	08-021	1:06.90	25m	7-12-76	Heemskerk (NED)	40
419.	Stedelaar Jose	73	08-021	1:07.30	25m	29-11-82	Heemskerk (NED)	39
420.	Berghuis Sascha	68	08-021	1:08.00	25m	16-3-80	Heemskerk (NED)	38
421.	van der Stigchel Samantha	96	08-021	1:08.25	25m	31-1-08	Heemskerk (NED)	37
422.	Zeeman Esther	74	08-021	1:08.50	25m	29-11-82	Heemskerk (NED)	37
423.	Naber Eva	73	08-021	1:09.00	25m	29-11-82	Heemskerk (NED)	36
424.	Reuderink Bettina	67	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	36
425.	Broersma Manou	17	08-021	1:11.49	25m	10-9-26	Heemskerk (NED)	32
426.	Hartog Martine	74	08-021	1:11.70	25m	29-11-82	Heemskerk (NED)	32
427.	van Roon Lexie	18	08-021	1:12.67	25m	25-10-26	Heemskerk (NED)	31
428.	Heesen Marieke	65	08-021	1:13.00	25m	7-12-76	Heemskerk (NED)	30
429.	Lammers Angelique	68	08-021	1:14.00	25m	7-12-76	Heemskerk (NED)	29
430.	Verdonk Michaela	68	08-021	1:15.50	25m	7-12-76	Heemskerk (NED)	28
431.	de Reuver Babette	18	08-021	1:16.50	25m	26-3-26	Heemskerk (NED)	26
432.	Faatels Nora	18	08-021	1:19.63	25m	10-9-26	Heemskerk (NED)	23
433.	Harke Lily Rose	16	08-021	1:20.69	25m	26-3-26	Heemskerk (NED)	22
434.	Gozeling Jolanda	68	08-021	1:21.50	25m	7-12-76	Heemskerk (NED)	22
435.	van der Meij Michelle	68	08-021	1:21.80	25m	7-12-76	Heemskerk (NED)	22
436.	Raaymakers Marjolein	68	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
436.	Windmuller Jolande	65	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
438.	Dijkstra Miranda	72	08-021	1:22.20	25m	27-9-80	Heemskerk (NED)	21
439.	van Dijk Marike	73	08-021	1:22.60	25m	29-11-82	Heemskerk (NED)	21
440.	Duyn Elaine	68	08-021	1:29.50	25m	7-12-76	Heemskerk (NED)	16
441.	Reeuwijk Danielle	70	08-021	1:42.80	25m	7-12-76	Heemskerk (NED)	11
442.	Schrauwen Riva	18	08-021	1:44.94	25m	1-3-26	Aalsmeer (NED)	10
443.	Hilbers Erna	69	08-021	1:52.40	25m	7-12-76	Heemskerk (NED)	8

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)	637
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	607
3.	Wentink Yara	04	08-021	59.50	25m	28-5-23	Purmerend (NED)	602
4.	Smit Sanne	01	08-021	1:00.05	25m	24-3-19	Purmerend (NED)	585
5.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	557
6.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)	542
7.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)	539
8.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)	532
9.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)	529
10.	Hoekstra Eline	03	08-021	1:02.36	25m	2-6-22	Heemskerk (NED)	523
11.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	509
12.	Siemerink Laura	04	08-021	1:03.00	25m	24-3-19	Purmerend (NED)	507
13.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)	502
14.	Gijzen-van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)	489
15.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)	488
16.	van 't Veer Iris	03	08-021	1:04.05	25m	23-4-23	Den Helder (NED)	482
17.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)	468
18.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)	461
18.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)	461

100 vrije slag (sinds 20)

20.	Herwegh Yara	07	08-021	1:05.26	25m	12-1-25	Heemskerk (NED)	456
21.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	454
22.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)	450
23.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	450
24.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)	447
24.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	447
26.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	444
27.	Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)	443
28.	Spijker Kristel	84	08-021	1:06.15	25m	27-3-11	Heemstede (NED)	438
28.	de Roode Xara	08	08-021	1:06.15	25m	12-1-25	Heemskerk (NED)	438
30.	Stel Serena	98	08-021	1:06.46	25m	31-1-10	Heerenveen (NED)	432
31.	ten Bokkel Henrieke	94	08-021	1:06.47	25m	17-5-18	Heemskerk (NED)	432
32.	Buur Naomi	01	08-021	1:06.49	25m	17-4-17	Haarlem (NED)	431
33.	Visser Kelly	89	08-021	1:06.57	25m	28-10-12	Amsterdam-Zuidoost (NED)	430
34.	Stins Mariska	84	08-021	1:06.74	25m	16-3-03	Heemskerk	426
34.	Koper Fiona	01	08-021	1:06.74	25m	24-3-19	Purmerend (NED)	426
36.	de Haan Shira	00	08-021	1:06.80	25m	11-5-17	Heemskerk (NED)	425
37.	Kramer Miranda	80	08-021	1:06.94	25m	27-9-98	Assendelft (NED)	423
38.	Besse Karen	75	08-021	1:07.00	25m	24-2-91	Heemskerk (NED)	421
39.	Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	459
40.	Essers Sanne	91	08-021	1:07.12	25m	15-3-09	Haarlem (NED)	419
41.	Stam Sabrina	82	08-021	1:07.20	25m	26-10-97	Heemskerk (NED)	418
42.	van Staveren Marina	78	08-021	1:07.26	25m	9-2-12	Heemskerk (NED)	417
43.	van der Gracht Anouk	89	08-021	1:07.45	25m	25-4-13	Heemskerk (NED)	413
44.	Koopman Inge	93	08-021	1:07.64	25m	27-10-22	Heemskerk (NED)	410
44.	Herwegh Binthy	09	08-021	1:07.64	25m	20-10-24	Heemskerk (NED)	410
46.	Meijer Linda	77	08-021	1:07.80	25m	5-2-94		407
47.	Koopman Anitra	89	08-021	1:08.05	25m	28-12-04	Maastricht (NED)	402
48.	Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		401
49.	de Boer Irene	84	08-021	1:08.28	25m	19-11-00	Zaandam (NED)	398
50.	van der Geest Saskia	73	08-021	1:08.30	25m	18-2-89		398
51.	van de Poll Marianne	89	08-021	1:08.40	25m	25-3-04	Heemskerk	396
52.	Scholten Britt	04	08-021	1:08.56	25m	10-2-19	Purmerend (NED)	393
53.	Zonneveld Chantal	84	08-021	1:08.63	25m	19-11-00	Zaandam (NED)	392
54.	Petit Kirsten	00	08-021	1:08.69	25m	4-12-16	Zaandam (NED)	391
55.	Butter Anouk	82	08-021	1:08.85	25m	28-11-04	Heemskerk (NED)	388
56.	Zwaan Melissa	91	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	386
57.	Dijkstra Lisette	86	08-021	1:09.00	25m	19-4-98	Zaandam (NED)	386
58.	de Boer Maia	03	08-021	1:09.01	25m	7-10-21	Heemskerk (NED)	386
59.	Haasbroek Renske	03	08-021	1:09.07	25m	12-10-25	Heemskerk (NED)	385
60.	Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)	384
61.	van Rookhuizen Sieta	79	08-021	1:09.10	25m	12-3-00	Heemskerk (NED)	384
62.	Niesten Iris	92	08-021	1:09.15	25m	15-3-09	Haarlem (NED)	383
63.	van Ballegooie Simone	84	08-021	1:09.20	25m	8-3-98	Zaandam (NED)	382
64.	Vredenburg Roos	95	08-021	1:09.26	25m	11-4-10	Zaandam (NED)	381
65.	de Groot Gitta	60	08-021	1:09.30	25m	19-2-78	Assendelft (NED)	381
65.	van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		381
67.	de Wildt Maud	05	08-021	1:09.32	25m	30-10-22	Heemskerk (NED)	380
68.	Teufer Irene	96	08-021	1:09.39	25m	2-12-07	Alkmaar (NED)	379
69.	Jongema Helena	80	08-021	1:09.63	25m	24-9-09	Heemskerk (NED)	375
70.	Limmen Karin	76	08-021	1:09.70	25m	5-4-92	Heemskerk (NED)	374
71.	Hogema Fabiën	93	08-021	1:09.82	25m	9-4-07	Haarlem (NED)	372
71.	van Koeveringe Nicole	93	08-021	1:09.82	25m	15-3-09	Haarlem (NED)	372

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73.	Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	370
74.	van Eerden Meike	00	08-021	1:10.24	25m	17-5-18	Heemskerk (NED)	366
75.	Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		365
76.	Schoonderwoerd Rianne	95	08-021	1:10.37	25m	23-4-23	Den Helder (NED)	364
77.	Hofland Yasmin	01	08-021	1:10.98	25m	18-3-18	Purmerend (NED)	354
78.	Bos Marieke	06	08-021	1:11.45	25m	20-9-20	Haarlem (NED)	347
79.	Hermans Liesbeth	66	08-021	1:11.50	25m	18-4-82		347
79.	van Assema Eline	05	08-021	1:11.50	25m	23-4-23	Den Helder (NED)	347
81.	de Ruijter Linda	87	08-021	1:11.63	25m	27-3-03	Heemskerk	345
82.	Boekling Annette	85	08-021	1:11.82	25m	22-4-01	Heemskerk (NED)	342
83.	van Langelaar Tessa	97	08-021	1:12.06	25m	11-11-12	Schagen (NED)	339
84.	de Boer Angela	80	08-021	1:12.30	25m	10-12-95	Heemskerk (NED)	335
85.	Pover Karin	67	08-021	1:12.40	25m	28-2-82		334
86.	van Sikkelerus Lisa	99	08-021	1:12.45	25m	10-11-13	Zaandam (NED)	333
87.	de Graaf Annemiek	70	08-021	1:12.50	25m	6-10-85	Wormerveer (NED)	332
88.	Heus Pauline	78	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
88.	Krouwels Tanja	79	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
90.	Ivens Suzanne	99	08-021	1:12.78	25m	20-1-13	Heemskerk (NED)	329
91.	van Duin Margret	60	08-021	1:12.90	25m	21-5-78	Heemskerk (NED)	327
91.	Oosterveen Yvonne	80	08-021	1:12.90	25m	6-1-93		327
93.	Angenent Nienke	01	08-021	1:13.07	25m	26-10-14	Zaandam (NED)	325
94.	Bakkum Wilma	62	08-021	1:13.10	25m	12-10-80	Wormerveer (NED)	324
95.	Visser Stacey	87	08-021	1:13.44	25m	11-3-01	Zaandam (NED)	320
95.	Veldhuis Amelia	03	08-021	1:13.44	25m	23-4-23	Den Helder (NED)	320
97.	van Galen Angela	65	08-021	1:13.80	25m	31-8-80	Heemskerk (NED)	315
98.	Plokker Sylvia	68	08-021	1:14.00	25m	10-4-83	Heemskerk (NED)	313
99.	van Huisstede Nikita	01	08-021	1:14.24	25m	6-12-15	Purmerend (NED)	310
100.	de Boer Claudia	77	08-021	1:14.40	25m	8-11-90	Heemskerk (NED)	308
101.	Regelink Anneke	83	08-021	1:14.44	25m	5-4-99	Haarlem (NED)	307
102.	Oudendijk Bianca	79	08-021	1:14.50	25m	23-4-94		306
103.	van Giezen Sandra	63	08-021	1:14.60	25m	2-12-79	Zaandam (NED)	305
103.	van der Horst Sacha	69	08-021	1:14.60	25m	13-3-83	Castricum (NED)	305
105.	Zonneveld Cindy	75	08-021	1:14.80	25m	6-1-93		303
106.	Rodenburg Rianne	93	08-021	1:14.88	25m	28-10-06	Hoorn (NED)	302
107.	Munnik Yvonne	64	08-021	1:15.00	25m	21-5-78	Heemskerk (NED)	300
108.	Dijkstra Ingrid	68	08-021	1:15.10	25m	21-3-82		299
108.	Peters Yvonne	63	08-021	1:15.10	25m	20-12-86	Hilversum (NED)	299
110.	van Vliet Isabel	02	08-021	1:15.20	25m	16-9-18	Alkmaar (NED)	298
111.	Knight Kayleigh	00	08-021	1:15.26	25m	12-3-17	Purmerend (NED)	297
112.	Zonneveld Melissa	88	08-021	1:15.48	25m	24-2-05	Heemskerk (NED)	295
113.	Smid Diane	65	08-021	1:15.50	25m	31-5-07	Heemskerk (NED)	294
113.	de Vries Chrissie	93	08-021	1:15.50	50m	3-6-07	Beverwijk (NED)	321
115.	de Wolff Isabel	01	08-021	1:15.62	25m	19-5-16	Heemskerk (NED)	293
116.	Bos Chantal	74	08-021	1:15.80	25m	18-2-89		291
117.	ten Cate Joyce	80	08-021	1:15.85	25m	13-1-08	Heemskerk (NED)	290
118.	Bouwman Esther	63	08-021	1:16.10	25m	26-2-78	Castricum (NED)	287
119.	ten Cate Ilona	85	08-021	1:16.11	25m	16-4-06	Haarlem (NED)	287
120.	van Giezen Wendy	70	08-021	1:16.20	25m	12-2-84	Heemskerk (NED)	286
121.	Deiman Caroline	67	08-021	1:16.30	25m	18-2-89		285
122.	van Ballegooie Stefanie	86	08-021	1:16.42	25m	1-4-02	Haarlem	284
123.	van Leeuwen Andrea	71	08-021	1:16.60	25m	7-1-84	Hilversum (NED)	282
124.	Venema Jalina	04	08-021	1:16.66	25m	13-11-16	Purmerend (NED)	281
125.	Huisman Caroline	64	08-021	1:16.80	25m	27-5-78	IJmuiden (NED)	280

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125.	Bruin Marianne	78	08-021	1:16.80	25m	16-12-90	Heemskerk (NED)	280
127.	de Graaf Dinie	71	08-021	1:17.00	25m	7-1-84	Hilversum (NED)	277
128.	Walraven Annet	62	08-021	1:17.20	25m	27-4-80	Assendelft (NED)	275
128.	Moolevliet Petra	82	08-021	1:17.20	25m	10-9-95	Assendelft (NED)	275
128.	Cappelle Carlijn	82	08-021	1:17.20	25m	19-1-97	Zaandam (NED)	275
131.	van Giezen Irene	67	08-021	1:17.30	25m	7-3-82		274
131.	de Vries Justine	83	08-021	1:17.30	25m	12-1-97	Heemskerk (NED)	274
131.	Dijkstra Maud	84	08-021	1:17.30	25m	17-5-98	Heemskerk (NED)	274
134.	Poppema Yvonne	68	08-021	1:17.60	25m	13-12-87	Assendelft (NED)	271
135.	Steenbakker Lisan	07	08-021	1:17.64	25m	4-4-24	Heemskerk (NED)	271
136.	Groot Tineke	60	08-021	1:17.70	25m	27-4-80	Assendelft (NED)	270
136.	Hoek Laura	86	08-021	1:17.70	25m	21-12-99	Heemskerk (NED)	270
138.	Huneker Jolanda	79	08-021	1:17.72	25m	25-5-00	Heemskerk (NED)	270
139.	Schaefer Lisa	06	08-021	1:17.78	25m	12-1-20	Purmerend (NED)	269
140.	van Giezen Corina	68	08-021	1:17.80	25m	21-3-82		269
140.	van Velsen Patricia	79	08-021	1:17.80	25m	3-4-93		269
142.	Bouwer Jolien	89	08-021	1:17.84	25m	16-3-03	Heemskerk	269
143.	Missot Gonda	66	08-021	1:17.90	25m	7-10-79	Heemskerk (NED)	268
143.	Bakker Jesca	79	08-021	1:17.90	25m	31-5-90	Heemskerk (NED)	268
145.	Limmen Miriam	75	08-021	1:18.10	25m	5-11-89	Heemskerk (NED)	266
146.	Mulder Amy	80	08-021	1:18.20	25m	6-2-94	Wormerveer (NED)	265
146.	van der Eng Laura	80	08-021	1:18.20	25m	30-5-96	Heemskerk (NED)	265
148.	Lindelauf Priscilla	85	08-021	1:18.25	25m	8-10-00	Heemskerk (NED)	264
149.	Visser Shana	04	08-021	1:18.32	25m	15-10-17	Alkmaar (NED)	264
150.	de Vriend Sofie	01	08-021	1:18.37	25m	28-10-12	Amsterdam-Zuidoost (NED)	263
151.	Raszinski Nienke	01	08-021	1:18.46	25m	17-4-14	Heemskerk (NED)	262
152.	Tholen Kirsten	66	08-021	1:18.60	25m	7-3-82		261
153.	Keessen Pam	62	08-021	1:18.70	25m	19-2-78	Assendelft (NED)	260
154.	Grul Lisanne	97	08-021	1:18.90	25m	25-4-13	Heemskerk (NED)	258
155.	Buur Cindy	99	08-021	1:18.91	25m	19-5-16	Heemskerk (NED)	258
155.	van Rijn Sydney	03	08-021	1:18.91	25m	30-10-16	Den Helder (NED)	258
157.	Bakker Daniëlle	96	08-021	1:19.00	25m	22-1-09	Heemskerk (NED)	257
158.	Koper Birgit	87	08-021	1:19.21	25m	22-12-02	Zaandam	255
159.	Wieman Lianne	03	08-021	1:19.47	25m	11-4-19	Heemskerk (NED)	252
160.	Hommersen Sandra	84	08-021	1:19.58	25m	7-3-99	Zaandam (NED)	251
161.	Nijholt Carin	60	08-021	1:19.60	25m	31-5-80	Heemskerk (NED)	251
162.	Dreyer Elly	63	08-021	1:19.70	25m	31-8-80	Heemskerk (NED)	250
163.	Limmen Anita	78	08-021	1:19.80	25m	3-4-93		249
164.	Windmuller Annemarie	67	08-021	1:20.00	25m	16-11-80	Haarlem (NED)	247
165.	Lund Karin	63	08-021	1:20.40	25m	10-12-77	Heemskerk (NED)	244
166.	Butter Noor	16	08-021	1:20.42	25m	7-6-26	Amsterdam-Noord (NED)	243
167.	Liefting Sarina	93	08-021	1:20.46	25m	18-3-07	Heemskerk (NED)	243
168.	Ardicyaka Irem	06	08-021	1:20.47	25m	4-10-20	Heemskerk (NED)	243
169.	Niesten Annet	62	08-021	1:20.50	25m	21-5-78	Heemskerk (NED)	243
169.	de Jong Desire	73	08-021	1:20.50	25m	4-10-87	Zaandam (NED)	243
171.	van Kooten Cynthia	93	08-021	1:20.68	25m	18-3-07	Heemskerk (NED)	241
172.	Deen Annette	60	08-021	1:20.80	25m	24-4-76	Heemskerk (NED)	240
173.	Nijman José	93	08-021	1:21.03	25m	25-9-08	Heemskerk (NED)	238
174.	Horst Diana	67	08-021	1:21.10	25m	20-9-81	Den Helder (NED)	237
175.	Nemchonok Alisa	82	08-021	1:21.45	25m	24-1-99	Assendelft (NED)	234
176.	Steenkamp Ciska	90	08-021	1:21.82	25m	7-10-01	Zaandam (NED)	231
177.	Molenaar Eline	82	08-021	1:21.96	25m	17-2-00	Heemskerk (NED)	230
178.	van de Kamp Yvonne	65	08-021	1:22.00	25m	7-3-82		230

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179.	Besse Meta	78	08-021	1:22.40	25m	6-12-90	Heemskerk (NED)	226
180.	de Loos Marijke	94	08-021	1:22.43	25m	23-5-10	Purmerend (NED)	226
181.	van der Horst Wendy	72	08-021	1:22.50	25m	13-3-83	Castricum (NED)	225
181.	Ligterink Angela	76	08-021	1:22.50	25m	13-12-87	Assendelft (NED)	225
183.	de Graaf Isabella	04	08-021	1:22.54	25m	11-4-19	Heemskerk (NED)	225
184.	Huisman Jolanda	68	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	225
185.	Stel Kaylin	01	08-021	1:22.68	25m	21-3-10	Zaandam (NED)	224
186.	de Vries Cathy	77	08-021	1:22.70	25m	6-12-90	Heemskerk (NED)	224
187.	Bruins Julia	06	08-021	1:23.39	25m	25-10-26	Heemskerk (NED)	218
188.	Sierra Ana Maria	69	08-021	1:23.40	25m	21-3-82		218
189.	Essers Patricia	84	08-021	1:23.62	25m	17-2-00	Heemskerk (NED)	217
189.	van Putten Demi	96	08-021	1:23.62	25m	14-4-11	Heemskerk (NED)	217
191.	de Groot Sjors	08	08-021	1:23.75	25m	11-2-24	Heemskerk (NED)	215
192.	Tilgenkamp Lentley	13	08-021	1:23.83	25m	18-10-26	Den Helder (NED)	215
193.	de Groot Linda	81	08-021	1:23.95	25m	23-4-00	Haarlem (NED)	214
194.	Zonneveld Monica	80	08-021	1:24.10	25m	6-1-93		213
195.	Weezepoel Natascha	07	08-021	1:24.13	25m	4-10-20	Heemskerk (NED)	213
196.	Soellaart Esther	13	08-021	1:24.37	25m	25-1-26	Purmerend (NED)	211
197.	van Perlo Ingrid	73	08-021	1:24.80	25m	22-1-84	Zandvoort (NED)	208
198.	Buitenhuis Danine	91	08-021	1:24.93	25m	28-11-02	Heemskerk	207
199.	Schaaper Margriet	62	08-021	1:25.00	25m	10-12-77	Heemskerk (NED)	206
200.	de Groot Marlijn	92	08-021	1:25.11	25m	27-3-05	Haarlem (NED)	205
201.	Sminia Vinny	89	08-021	1:25.42	25m	30-3-06	Heemskerk (NED)	203
202.	Berloth Lydia	68	08-021	1:25.50	25m	10-4-83	Heemskerk (NED)	203
202.	Martens Iandra	03	08-021	1:25.50	25m	29-3-15	Zaandam (NED)	203
204.	Gorter Wilma	63	08-021	1:25.60	25m	31-12-75		202
204.	Calkhoven Mariëtte	65	08-021	1:25.60	25m	22-4-78	Heemskerk (NED)	202
206.	Beeksma Anne	88	08-021	1:25.72	25m	18-11-01	Heemskerk	201
207.	Sobh Shaime	03	08-021	1:26.13	25m	15-11-15	Purmerend (NED)	198
208.	Schelvis Liselot	92	08-021	1:26.33	25m	28-3-04	Zaandam (NED)	197
209.	Smit Lydia	84	08-021	1:26.41	25m	18-2-99	Heemskerk (NED)	196
210.	Oortwijn Jytte	10	08-021	1:26.78	25m	27-2-25	Heemskerk (NED)	194
211.	van Leen Cynthia	81	08-021	1:26.80	25m	4-4-96	Heemskerk (NED)	194
211.	Bakker Anna	97	08-021	1:26.80	25m	1-3-09	Heemstede (NED)	194
213.	Gelsumino Giulia	03	08-021	1:27.36	25m	15-11-15	Purmerend (NED)	190
214.	Aafjes Suzan	69	08-021	1:27.50	25m	30-11-80	Heemskerk (NED)	189
215.	van Rijn Eline	07	08-021	1:27.63	25m	18-12-16	Heemskerk (NED)	188
216.	Terhorst Ilja	67	08-021	1:28.00	25m	13-4-80	Zaandam (NED)	186
217.	Cappelle Marcella	85	08-021	1:28.20	25m	8-3-98	Zaandam (NED)	184
218.	Bruin Adri	74	08-021	1:28.30	25m	12-12-87		184
219.	Pover Ellen	72	08-021	1:28.50	25m	28-10-84	Egmond (NED)	183
219.	Mosch Sabina	84	08-021	1:28.50	50m	25-10-98	Beverwijk (NED)	199
221.	Potemans Priscilla	84	08-021	1:28.90	25m	15-1-98	Heemskerk (NED)	180
222.	Meesters Audrey	90	08-021	1:28.93	25m	17-11-02	Heemskerk	180
223.	Hoorn Linsey	94	08-021	1:29.26	50m	17-4-05	Beverwijk (NED)	194
224.	Sahin Súmeyye Sena	10	08-021	1:29.28	25m	21-9-23	Heemskerk (NED)	178
225.	Palthe Yvonne	67	08-021	1:29.50	25m	3-5-81	Zaandam (NED)	176
226.	Visser Robin	05	08-021	1:29.57	25m	11-5-17	Heemskerk (NED)	176
227.	Zijlstra Mariëlle	83	08-021	1:29.60	25m	28-1-96	Zaandam (NED)	176
228.	Viel Bianca	85	08-021	1:29.79	25m	17-2-00	Heemskerk (NED)	175
229.	de Boer Isabel	06	08-021	1:29.86	25m	11-6-16	Zaandam (NED)	174
230.	van Dam Merel	14	08-021	1:29.91	25m	8-11-26	Purmerend (NED)	174
231.	Bakker Lisette	83	08-021	1:29.99	25m	22-11-98	Zaandam (NED)	174

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232.	Bos Annelies	74	08-021	1:30.10	25m	12-12-87		173
233.	van der Werf Chily	72	08-021	1:30.40	25m	22-1-84	Zandvoort (NED)	171
234.	van den Akker Terry	61	08-021	1:30.70	25m	24-5-75	Z.O. Beemster (NED)	170
234.	Hoekstra Karin	76	08-021	1:30.70	25m	15-1-88		170
236.	van Laarhoven Salome	15	08-021	1:30.96	25m	25-10-26	Heemskerk (NED)	168
237.	Beentjes Nicolet	80	08-021	1:31.22	25m	27-9-98	Assendelft (NED)	167
238.	Rodenburg Kyra	96	08-021	1:31.31	25m	1-10-06	Volendam (NED)	166
239.	Koopman Jessie	97	08-021	1:31.42	25m	15-11-09	Haarlem (NED)	166
240.	Rijpkema Marije	85	08-021	1:31.44	25m	28-2-02	Heemskerk	165
241.	Feenstra Petra	71	08-021	1:31.70	25m	22-1-84	Zandvoort (NED)	164
241.	Last Rooske	94	08-021	1:31.70	25m	11-4-10	Zaandam (NED)	164
243.	Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)	163
244.	Schut Bodine	09	08-021	1:32.04	25m	1-7-21	Heemskerk (NED)	162
245.	Yayli Serina	90	08-021	1:32.12	25m	25-4-02	Heemskerk	162
246.	van der Does Lisa	02	08-021	1:32.22	25m	9-3-14	Zaandam (NED)	161
247.	Haack Fenna	16	08-021	1:32.51	25m	5-4-26	Haarlem (NED)	160
248.	Doodeman Sara	00	08-021	1:32.75	25m	27-1-11	Heemskerk (NED)	159
249.	van Rijn Ilona	65	08-021	1:32.80	25m	19-2-78	Assendelft (NED)	158
250.	Rasch Monique	66	08-021	1:32.90	25m	1-11-81	Bergen (NED)	158
251.	Zeeman Judith	70	08-021	1:33.20	25m	29-11-81	Zaandam (NED)	156
252.	Dijkstra Janet	77	08-021	1:33.30	25m	18-3-89		156
253.	Hoogervorst Marlon	84	08-021	1:33.50	25m	5-2-95	Assendelft (NED)	155
254.	Smit Ingrid	67	08-021	1:33.60	25m	8-11-80	Heemskerk (NED)	154
255.	Bok Femke	74	08-021	1:33.80	25m	6-10-85	Wormerveer (NED)	153
256.	van Asch Maria	74	08-021	1:34.10	25m	7-1-93	Heemskerk (NED)	152
257.	van Duin Joke	59	08-021	1:34.20	25m	24-5-75	Z.O. Beemster (NED)	151
258.	Boere Sacha	91	08-021	1:34.44	25m	24-2-05	Heemskerk (NED)	150
259.	Dijkstra Pascal	89	08-021	1:35.38	25m	17-12-98	Heemskerk (NED)	146
260.	Hoeksema Kim	90	08-021	1:35.40	25m	27-9-01	Heemskerk	146
261.	Halbersma Jenny	70	08-021	1:35.60	25m	6-2-83		145
262.	Kesting Alexandra	00	08-021	1:35.72	25m	3-4-11	Zaandam (NED)	144
262.	Terluin Suus	09	08-021	1:35.72	25m	13-10-19	Heemskerk (NED)	144
264.	Beentjes Daphne	91	08-021	1:35.91	25m	6-4-03	Zaandam (NED)	143
265.	Willemse Renee	75	08-021	1:36.00	25m	27-10-85	(NED)	143
266.	Aardenburg Judith	93	08-021	1:36.22	25m	21-11-04	Zaandam (NED)	142
267.	Copier Alyssa	04	08-021	1:36.32	25m	24-11-13	Zaandam (NED)	141
268.	Huber Emma	13	08-021	1:36.76	25m	8-11-26	Purmerend (NED)	140
269.	Lensen Sarian	89	08-021	1:36.93	25m	10-3-02	Heemskerk	139
270.	Huisman Lianne	87	08-021	1:37.12	25m	26-4-01	Heemskerk (NED)	138
271.	van Ederen Jasmijn	10	08-021	1:37.69	25m	30-1-20	Heemskerk (NED)	136
272.	van Heerwaarden Vera	03	08-021	1:37.77	25m	5-3-20	Heemskerk (NED)	135
273.	Pezo Adna	90	08-021	1:37.94	25m	27-9-01	Heemskerk	135
274.	Nijman Linda	89	08-021	1:38.01	25m	22-4-01	Heemskerk (NED)	134
275.	Doevendans Phileine	06	08-021	1:38.39	25m	6-3-16	Purmerend (NED)	133
276.	Mes Norah	13	08-021	1:38.63	25m	19-2-26	Heemskerk (NED)	132
277.	Elghandor Kiyaan	03	08-021	1:38.75	25m	30-3-14	Zaandam (NED)	131
278.	van Dijk Yvonne	65	08-021	1:39.40	25m	10-12-77	Heemskerk (NED)	129
279.	Wiegman Brenda	72	08-021	1:39.70	25m	28-10-84	Egmond (NED)	128
280.	van Perlo Carla	75	08-021	1:40.10	25m	23-9-84	Heemskerk (NED)	126
281.	van den Braber Liesbeth	84	08-021	1:40.18	50m	25-10-98	Beverwijk (NED)	137
282.	van Roon Jill	14	08-021	1:40.66	25m	10-9-26	Heemskerk (NED)	124
283.	Haack Zowi	18	08-021	1:40.73	25m	23-5-26	Purmerend (NED)	124
284.	Eijndhoven Jonna	02	08-021	1:40.76	25m	7-10-12	Zaandam (NED)	124

100 vrije slag (sinds 285)

285.	Geurtsen Daisy	89	08-021	1:41.49	25m	26-4-01	Heemskerk (NED)	121
286.	Schijf Irene	83	08-021	1:42.10	25m	23-2-95	Heemskerk (NED)	119
287.	Vellinga Yvonne	64	08-021	1:42.20	25m	8-1-77	Heemskerk (NED)	118
288.	Kerkhoven Michelle	91	08-021	1:42.26	25m	16-9-01	Zaandam (NED)	118
289.	van der Wijden Eline	88	08-021	1:42.29	25m	10-12-00	Heemskerk (NED)	118
290.	Koper Ella	90	08-021	1:42.74	25m	31-3-02	Zaandam	117
291.	Herwegh Izayra Rena	14	08-021	1:43.03	25m	20-10-24	Heemskerk (NED)	116
292.	van Hiele Femke	13	08-021	1:43.22	25m	25-10-26	Heemskerk (NED)	115
293.	Kuijper Michelle	91	08-021	1:43.78	25m	30-9-01	Zaandam (NED)	113
294.	Koper Selma	03	08-021	1:44.04	25m	31-1-13	Heemskerk (NED)	112
295.	Salido Keesje	05	08-021	1:44.12	25m	13-6-15	Zaandam (NED)	112
296.	van den Heuvel Sandra	80	08-021	1:44.90	25m	11-2-90	Heemskerk (NED)	109
297.	van Ruth Yoore	78	08-021	1:45.30	25m	3-11-91	Assendelft (NED)	108
298.	Bovekerk Annefleur	99	08-021	1:45.47	25m	3-10-10	Zaandam (NED)	108
299.	Liefting Marielle	90	08-021	1:45.84	25m	31-3-02	Zaandam	107
300.	Salem Lamies	03	08-021	1:46.55	25m	14-1-18	Purmerend (NED)	104
301.	Snijder Femke	83	08-021	1:46.60	25m	12-3-94		104
302.	Boonstra Esmé	02	08-021	1:46.84	25m	31-1-13	Heemskerk (NED)	104
303.	Zuidervaart Anne	02	08-021	1:48.07	25m	22-4-12	Haarlem (NED)	100
304.	Ramazani Helia	16	08-021	1:48.14	25m	18-10-26	Den Helder (NED)	100
305.	Werdekker Marjolein	81	08-021	1:48.40	25m	2-5-96	Heemskerk (NED)	99
306.	Groot Irma	63	08-021	1:48.50	25m	24-5-75	Z.O. Beemster (NED)	99
307.	Broers Margot	63	08-021	1:49.00	25m	10-12-77	Heemskerk (NED)	97
308.	Zonneveld Jennifer	88	08-021	1:49.12	25m	18-11-01	Heemskerk	97
309.	Doll Maartje	80	08-021	1:49.30	25m	24-4-93		97
310.	van Duivenvoorde Sanne	93	08-021	1:50.97	25m	26-9-02	Heemskerk	92
311.	Reiss Katinka	65	08-021	1:51.00	25m	10-12-77	Heemskerk (NED)	92
312.	Vledder Sarah	14	08-021	1:51.03	25m	25-10-26	Heemskerk (NED)	92
313.	Broersma Dione	16	08-021	1:51.18	25m	25-10-26	Heemskerk (NED)	92
314.	van Noort Jony	85	08-021	1:51.70	25m	17-3-96	Heemskerk (NED)	91
315.	van der Leden Cynthia	66	08-021	1:53.10	25m	10-12-77	Heemskerk (NED)	87
316.	Gooijer Roos	97	08-021	1:53.54	25m	24-9-09	Heemskerk (NED)	86
317.	Verduin Pluk	16	08-021	1:53.64	25m	25-10-26	Heemskerk (NED)	86
318.	van Ess Zoe	14	08-021	1:55.42	25m	25-10-26	Heemskerk (NED)	82
319.	Reeuwijk Danielle	70	08-021	1:55.50	25m	7-10-79	Heemskerk (NED)	82
320.	Doodeman Lieke	16	08-021	1:55.69	25m	25-10-26	Heemskerk (NED)	81
321.	van der Leden Laura	68	08-021	1:55.70	25m	17-9-77	Heemskerk (NED)	81
322.	Janssen Tess	89	08-021	1:57.22	25m	27-9-98	Assendelft (NED)	78
323.	Morianner Susanna	72	08-021	1:57.70	25m	7-3-82		77
324.	Reuderink Miranda	63	08-021	1:58.70	25m	10-12-77	Heemskerk (NED)	75
325.	Hol Manouk	05	08-021	2:01.76	25m	14-12-14	Zaandam (NED)	70
326.	Slotemaker Britt	14	08-021	2:03.92	25m	24-11-24	Zaandam (NED)	66
327.	Sanen Casey	99	08-021	2:04.44	25m	24-9-09	Heemskerk (NED)	65
328.	de Jong Frederike	75	08-021	2:05.50	25m	3-2-93		64
329.	Post Aijuna	14	08-021	2:06.28	25m	29-9-24	Krommenie (NED)	63
330.	van 't Hof Manon	90	08-021	2:07.61	25m	7-4-02	Heemskerk	61
331.	Stoker Ianthe	84	08-021	2:08.60	25m	23-1-97	Heemskerk	59
332.	van der Zee Olga	66	08-021	2:12.80	25m	8-1-77	Heemskerk (NED)	54
333.	Werdekker Esther	83	08-021	2:14.00	25m	4-4-96	Heemskerk (NED)	52
334.	van der Zee Paula	68	08-021	2:27.80	25m	8-1-77	Heemskerk (NED)	39
335.	Kerdijk Lianne	81	08-021	2:31.20	25m	4-4-91	Heemskerk (NED)	36

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1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	646
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)	604
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
4.	Hoekstra Eline	03	08-021	2:14.26	25m	5-3-20	Heemskerk (NED)	556
5.	Wentink Yara	04	08-021	2:14.62	25m	15-11-26	Hoofddorp (NED)	551
6.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85		543
7.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
8.	Broek Jade	97	08-021	2:17.18	25m	18-11-18	Hoofddorp (NED)	521
9.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)	515
10.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)	514
11.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	512
12.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)	500
13.	van 't Veer Iris	03	08-021	2:20.41	25m	30-3-23	Heemskerk (NED)	486
14.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	485
15.	Siemerink Laura	04	08-021	2:21.26	25m	13-1-19	Purmerend (NED)	477
16.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)	473
17.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoorn (NED)	465
18.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82		464
19.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk	457
20.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)	452
21.	Gijzen-van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)	450
22.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)	446
23.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)	444
24.	Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	437
25.	van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)	435
26.	Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90		434
27.	Stam Vanessa	80	08-021	2:26.50	25m	5-4-98	Heemskerk (NED)	428
28.	Stins Mariska	84	08-021	2:26.63	25m	5-11-00	Zaandam (NED)	427
29.	Haasbroek Renske	03	08-021	2:26.80	25m	8-2-26	Purmerend (NED)	425
30.	de Haan Shira	00	08-021	2:27.13	25m	13-11-16	Purmerend (NED)	422
31.	Besse Karen	75	08-021	2:27.60	25m	24-3-91	Zaandam (NED)	418
32.	van de Poll Marianne	89	08-021	2:27.82	25m	18-1-04	IJmuiden (NED)	416
33.	Koopman Anitra	89	08-021	2:28.16	25m	16-1-05	Zaandam (NED)	414
34.	Spijker Kristel	84	08-021	2:28.19	25m	14-11-10	Castricum (NED)	413
35.	Buur Naomi	01	08-021	2:28.35	25m	17-3-16	Heemskerk (NED)	412
36.	Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)	441
37.	Kramer Miranda	80	08-021	2:28.50	25m	9-4-98	Heemskerk (NED)	411
37.	Koper Fiona	01	08-021	2:28.50	25m	12-4-18	Heemskerk (NED)	411
39.	de Roode Xara	08	08-021	2:28.82	25m	6-4-25	Purmerend (NED)	408
40.	Stam Sabrina	82	08-021	2:29.10	25m	11-12-97	Heemskerk (NED)	406
41.	de Boer Irene	84	08-021	2:29.14	25m	11-3-01	Zaandam (NED)	405
42.	Visser Kelly	89	08-021	2:29.26	25m	11-11-12	Schagen (NED)	404
43.	Petit Kirsten	00	08-021	2:29.82	25m	12-4-18	Heemskerk (NED)	400
44.	Limmen Karin	76	08-021	2:30.00	25m	15-1-94		399
45.	Essers Sanne	91	08-021	2:30.76	25m	17-11-07	Barneveld (NED)	393
46.	van Staveren Marina	78	08-021	2:31.15	25m	17-11-13	Almere-Stad (NED)	389
47.	Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)	388
48.	van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)	388
49.	Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)	386
50.	van der Geest Saskia	73	08-021	2:31.70	25m	18-2-89		385
51.	Meijer Linda	77	08-021	2:32.20	25m	15-1-94		381
52.	Teufer Irene	96	08-021	2:32.38	25m	20-1-08	Zaandam (NED)	380
53.	Dijkstra Lisette	86	08-021	2:32.40	25m	19-4-98	Zaandam (NED)	380

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54.	Zonneveld Chantal	84	08-021	2:32.45	25m	12-3-00	Heemskerk (NED)	380
55.	van Rookhuizen Sieta	79	08-021	2:32.60	25m	19-4-98	Zaandam (NED)	378
56.	Butter Anouk	82	08-021	2:33.07	25m	31-5-01	Heemskerk (NED)	375
57.	Vredenburg Roos	95	08-021	2:33.51	25m	27-2-10	Hoorn (NED)	372
58.	Jongema Helena	80	08-021	2:33.86	25m	16-3-08	Amersfoort (NED)	369
59.	de Wildt Maud	05	08-021	2:34.22	25m	30-3-23	Heemskerk (NED)	367
60.	van Eerden Meike	00	08-021	2:34.36	25m	6-10-19	Purmerend (NED)	366
61.	Schoonderwoerd Rianne	95	08-021	2:34.42	25m	30-3-23	Heemskerk (NED)	365
62.	de Boer Maia	03	08-021	2:34.80	25m	14-3-24	Heemskerk (NED)	363
63.	van Honk Chantal	80	08-021	2:35.30	25m	23-2-92	Zaandam (NED)	359
64.	Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)	353
65.	Bos Marieke	06	08-021	2:36.31	25m	5-3-20	Heemskerk (NED)	352
66.	Scholten Britt	04	08-021	2:36.90	25m	7-3-19	Heemskerk (NED)	348
67.	Koopman Inge	93	08-021	2:37.19	50m	20-2-22	Eindhoven (NED)	371
68.	Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)	346
69.	de Ruijter Linda	87	08-021	2:37.33	25m	26-9-02	Heemskerk	345
70.	Niesten Iris	92	08-021	2:37.56	25m	15-11-09	Haarlem (NED)	344
71.	de Boer Angela	80	08-021	2:37.80	25m	16-10-94	Heemskerk (NED)	342
72.	van Assema Eline	05	08-021	2:38.30	25m	30-3-23	Heemskerk (NED)	339
73.	van Sikkelerus Lisa	99	08-021	2:38.80	25m	8-12-13	Amstelveen (NED)	336
74.	Hermans Liesbeth	66	08-021	2:39.20	25m	2-11-80	Castricum (NED)	333
75.	Boekling Annette	85	08-021	2:39.25	25m	27-9-01	Heemskerk	333
76.	Windmuller Wendy	69	08-021	2:39.80	25m	16-1-83	Heemskerk (NED)	330
77.	Heus Pauline	78	08-021	2:40.00	25m	14-4-96	Zaandam (NED)	328
78.	Pover Karin	67	08-021	2:41.00	25m	17-1-82		322
78.	Herwegh Binthy	09	08-021	2:41.00	25m	12-11-23	Den Helder (NED)	322
80.	Oudendijk Bianca	79	08-021	2:41.10	25m	17-2-94	Heemskerk	322
80.	Krouwels Tanja	79	08-021	2:41.10	25m	15-2-98	Assendelft (NED)	322
80.	van Koeveringe Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)	322
83.	van Langelaar Tessa	97	08-021	2:41.22	25m	10-3-13	Schagen (NED)	321
84.	Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	319
85.	Visser Stacey	87	08-021	2:41.69	25m	27-9-01	Heemskerk	318
86.	de Graaf Annemiek	70	08-021	2:41.80	25m	30-11-86	Heemskerk (NED)	317
87.	Ivens Suzanne	99	08-021	2:42.19	25m	21-3-13	Heemskerk (NED)	315
88.	de Boer Claudia	77	08-021	2:42.20	25m	22-4-90	Heemstede (NED)	315
89.	Tholen Kirsten	66	08-021	2:42.30	25m	6-2-83		314
90.	Hofland Yasmin	01	08-021	2:42.97	25m	12-4-18	Heemskerk (NED)	311
91.	ten Cate Ilona	85	08-021	2:43.01	25m	27-11-05	Heemskerk (NED)	310
92.	Zonneveld Melissa	88	08-021	2:44.06	25m	13-3-05	Amsterdam (NED)	304
93.	Plokker Sylvia	68	08-021	2:44.60	25m	17-5-81	Castricum (NED)	301
94.	Dijkstra Ingrid	68	08-021	2:44.80	25m	14-3-82		300
95.	van Galen Angela	65	08-021	2:44.90	25m	23-5-81	Heemskerk (NED)	300
96.	van Huisstede Nikita	01	08-021	2:45.31	25m	2-10-16	Purmerend (NED)	298
97.	Bruin Marianne	78	08-021	2:45.50	25m	3-2-91	Zaandam (NED)	297
98.	Grul Lisanne	97	08-021	2:45.54	25m	21-3-13	Heemskerk (NED)	296
99.	Oosterveen Yvonne	80	08-021	2:45.80	25m	5-4-92	Heemskerk (NED)	295
100.	Rodenburg Rianne	93	08-021	2:46.07	25m	26-11-06	Heemskerk (NED)	294
101.	Lindelauf Priscilla	85	08-021	2:46.16	25m	14-1-01	Heemskerk (NED)	293
102.	Raszinski Nienke	01	08-021	2:46.62	25m	26-1-14	Zaandam (NED)	291
103.	Poppema Yvonne	68	08-021	2:46.70	25m	12-2-84	Heemskerk (NED)	290
104.	de Graaf Dinie	71	08-021	2:47.00	25m	23-9-84	Heemskerk (NED)	289
105.	Bouwman Esther	63	08-021	2:47.30	25m	21-4-79	Deinze (BEL)	287
106.	Walraven Annet	62	08-021	2:47.80	25m	7-5-78	Assendelft (NED)	285

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107.	Angenent Nienke	01	08-021	2:48.12	25m	6-3-14	Heemskerk (NED)	283
108.	ten Cate Joyce	80	08-021	2:48.82	25m	25-4-02	Heemskerk	279
109.	van Giezen Irene	67	08-021	2:49.40	25m	16-1-83	Heemskerk (NED)	277
109.	Zonneveld Cindy	75	08-021	2:49.40	25m	20-3-93		277
111.	Steenbakker Lisan	07	08-021	2:49.52	25m	14-3-24	Heemskerk (NED)	276
112.	van Rijn Sydney	03	08-021	2:49.65	25m	12-4-18	Heemskerk (NED)	275
113.	Bos Chantal	74	08-021	2:49.70	25m	18-2-89		275
114.	Cappelle Carlijn	82	08-021	2:50.30	25m	23-1-97	Heemskerk	272
115.	Venema Jalina	04	08-021	2:50.36	25m	12-3-17	Purmerend (NED)	272
116.	de Wolff Isabel	01	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
116.	Visser Shana	04	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
118.	Deiman Caroline	67	08-021	2:51.00	25m	17-2-94	Heemskerk	269
119.	van Giezen Corina	68	08-021	2:51.20	25m	22-1-84	Zandvoort (NED)	268
120.	Knight Kayleigh	00	08-021	2:51.30	25m	16-3-17	Heemskerk (NED)	267
121.	van Ballegooie Stefanie	86	08-021	2:51.89	25m	14-1-01	Heemskerk (NED)	265
122.	Moolevliet Petra	82	08-021	2:51.90	25m	29-10-95	Castricum (NED)	265
123.	Limmen Miriam	75	08-021	2:52.20	25m	24-3-91	Zaandam (NED)	263
124.	Veldhuis Amelia	03	08-021	2:52.70	25m	3-11-19	Purmerend (NED)	261
125.	de Vriend Sofie	01	08-021	2:52.93	25m	27-1-13	Zaandam (NED)	260
126.	Koper Birgit	87	08-021	2:53.03	25m	19-1-03	Zaandam	259
127.	de Vries Chrissie	93	08-021	2:53.53	25m	25-10-07	Heemskerk (NED)	257
128.	Regelink Anneke	83	08-021	2:53.73	25m	25-11-99	Heemskerk	256
129.	Peters Yvonne	63	08-021	2:54.00	25m	12-2-84	Heemskerk (NED)	255
130.	van Duin Margret	60	08-021	2:54.10	25m	8-1-77	Heemskerk (NED)	255
131.	Munnik Yvonne	64	08-021	2:54.30	25m	7-5-78	Assendelft (NED)	254
132.	Huneker Jolanda	79	08-021	2:55.11	25m	17-1-99	Heemskerk (NED)	250
133.	Wieman Lianne	03	08-021	2:55.18	25m	7-3-19	Heemskerk (NED)	250
134.	Molenaar Eline	82	08-021	2:55.30	25m	20-2-00	Assendelft (NED)	249
135.	Hommersen Sandra	84	08-021	2:55.60	25m	9-4-98	Heemskerk (NED)	248
136.	Dijkstra Maud	84	08-021	2:56.00	25m	11-12-97	Heemskerk (NED)	247
137.	Bakkum Wilma	62	08-021	2:56.10	25m	30-11-80	Heemskerk (NED)	246
138.	Bakker Jesca	79	08-021	2:56.30	25m	1-3-90	Heemskerk (NED)	245
139.	van Velsen Patricia	79	08-021	2:56.60	25m	23-2-95	Heemskerk (NED)	244
140.	Nijman José	93	08-021	2:56.92	25m	5-10-08	Heemskerk (NED)	243
141.	Limmen Anita	78	08-021	2:57.00	25m	16-2-94		242
142.	de Groot Marlijn	92	08-021	2:57.20	25m	28-11-04	Heemskerk (NED)	242
143.	Hoek Laura	86	08-021	2:57.69	25m	21-11-99	Heemskerk (NED)	240
144.	van Giezen Sandra	63	08-021	2:57.90	25m	30-11-80	Heemskerk (NED)	239
145.	de Vries Justine	83	08-021	2:58.10	25m	3-11-96	Zaandam (NED)	238
146.	Butter Noor	16	08-021	2:58.12	25m	1-11-26	Zaandam (NED)	238
147.	Ardicyaka Irem	06	08-021	2:58.65	25m	5-3-20	Heemskerk (NED)	236
148.	van Vliet Isabel	02	08-021	2:58.95	25m	1-10-17	Purmerend (NED)	234
149.	de Vries Cathy	77	08-021	2:59.10	25m	22-9-91	Zaandam (NED)	234
150.	Liefting Sarina	93	08-021	2:59.69	25m	26-11-06	Heemskerk (NED)	232
151.	Steenkamp Ciska	90	08-021	3:00.79	25m	16-9-01	Zaandam (NED)	227
152.	Nijholt Carin	60	08-021	3:00.80	25m	12-2-78	Heemskerk (NED)	227
152.	Dreyer Elly	63	08-021	3:00.80	25m	21-4-79	Deinze (BEL)	227
154.	Nemchonok Alisa	82	08-021	3:00.88	25m	24-1-99	Assendelft (NED)	227
155.	Essers Patricia	84	08-021	3:01.32	25m	11-3-01	Zaandam (NED)	225
156.	de Groot Linda	81	08-021	3:01.97	25m	21-11-99	Heemskerk (NED)	223
157.	Bruin Adri	74	08-021	3:02.10	25m	19-2-89	Heemskerk (NED)	223
158.	Mulder Amy	80	08-021	3:02.30	25m	16-2-94		222
159.	Bruins Julia	06	08-021	3:03.04	25m	8-2-26	Purmerend (NED)	219

200 vrije slag (sinds 160)

160.	de Loos Marijke	94	08-021	3:04.29	25m	3-10-10	Zaandam (NED)	215
161.	Huisman Jolanda	68	08-021	3:04.80	25m	22-1-84	Zandvoort (NED)	213
162.	van Kooten Cynthia	93	08-021	3:04.87	25m	26-11-06	Heemskerk (NED)	213
163.	Soellaart Esther	13	08-021	3:05.41	25m	25-1-26	Purmerend (NED)	211
164.	Niesten Annet	62	08-021	3:06.00	25m	8-1-77	Heemskerk (NED)	209
164.	de Jong Desire	73	08-021	3:06.00	25m	8-11-87	Heemskerk (NED)	209
166.	Schaefer Lisa	06	08-021	3:06.95	25m	5-3-20	Heemskerk (NED)	206
167.	Besse Meta	78	08-021	3:07.40	25m	4-10-92	Assendelft (NED)	204
168.	Sobh Shaime	03	08-021	3:07.48	25m	19-2-15	Heemskerk (NED)	204
169.	van der Horst Sacha	69	08-021	3:07.50	25m	5-4-81	Heemskerk (NED)	204
170.	Buur Cindy	99	08-021	3:07.71	25m	19-2-15	Heemskerk (NED)	203
171.	Stel Kaylin	01	08-021	3:07.73	25m	28-3-10	Zeist (NED)	203
172.	de Graaf Isabella	04	08-021	3:07.97	25m	7-10-18	Purmerend (NED)	202
173.	Sahin Súmeyye Sena	10	08-021	3:08.41	25m	12-11-23	Den Helder (NED)	201
174.	Martens Iandra	03	08-021	3:09.63	25m	19-4-15	Zaandam (NED)	197
175.	Oortwijn Jytte	10	08-021	3:10.74	25m	6-10-24	Den Helder (NED)	194
176.	Windmuller Annemarie	67	08-021	3:11.00	25m	27-1-80	Zaandam (NED)	193
176.	Potemans Priscilla	84	08-021	3:11.00	25m	26-10-97	Heemskerk (NED)	193
178.	van Leen Cynthia	81	08-021	3:11.20	25m	29-9-96	Haarlem (NED)	192
179.	Keessen Pam	62	08-021	3:11.30	25m	12-2-78	Heemskerk (NED)	192
180.	van Putten Demi	96	08-021	3:11.34	25m	13-3-11	Heemskerk (NED)	192
181.	Meesters Audrey	90	08-021	3:11.40	25m	17-11-02	Heemskerk	192
182.	Smit Lydia	84	08-021	3:11.69	25m	17-10-99	Assendelft (NED)	191
183.	de Groot Sjors	08	08-021	3:11.77	25m	1-10-23	Den Helder (NED)	190
184.	Zonneveld Monica	80	08-021	3:11.80	25m	12-4-92	Heemstede (NED)	190
185.	Visser Robin	05	08-021	3:11.91	25m	7-5-17	Zaandam (NED)	190
186.	Viel Bianca	85	08-021	3:12.14	25m	25-11-99	Heemskerk	189
187.	Horst Diana	67	08-021	3:12.30	25m	23-5-81	Heemskerk (NED)	189
188.	Bakker Daniëlle	96	08-021	3:13.81	25m	10-5-08	Purmerend (NED)	184
189.	van de Kamp Yvonne	65	08-021	3:14.00	25m	14-3-81	Heemskerk (NED)	184
190.	Pover Ellen	72	08-021	3:14.30	25m	2-9-84	Heemskerk (NED)	183
191.	Gelsumino Giulia	03	08-021	3:14.85	25m	19-2-15	Heemskerk (NED)	182
192.	Bos Annelies	74	08-021	3:15.60	25m	29-11-87	Amstelveen (NED)	179
193.	Tilgenkamp Lentley	13	08-021	3:15.72	25m	8-11-26	Purmerend (NED)	179
194.	Beeksma Anne	88	08-021	3:15.91	25m	17-3-02	Zaandam	179
195.	Zijlstra Mariëlle	83	08-021	3:16.80	25m	29-10-95	Castricum (NED)	176
196.	Koopman Jessie	97	08-021	3:17.38	25m	18-4-10	Zaandam (NED)	175
197.	van Leeuwen Andrea	71	08-021	3:18.60	25m	7-3-82		171
198.	Bakker Lisette	83	08-021	3:19.20	25m	9-4-98	Heemskerk (NED)	170
199.	Bakker Anna	97	08-021	3:19.24	25m	25-1-09	Zaandam (NED)	170
200.	Mosch Sabina	84	08-021	3:19.30	25m	26-10-97	Heemskerk (NED)	170
201.	Sierra Ana Maria	69	08-021	3:23.00	25m	14-3-81	Heemskerk (NED)	160
202.	Groot Tineke	60	08-021	3:23.20	25m	8-1-77	Heemskerk (NED)	160
203.	Terhorst Ilja	67	08-021	3:23.30	25m	2-11-80	Castricum (NED)	160
204.	Jansen Pauline	67	08-021	3:23.40	25m	16-1-83	Heemskerk (NED)	160
205.	Berloth Lydia	68	08-021	3:23.90	25m	23-5-81	Heemskerk (NED)	158
206.	Weezepoel Natascha	07	08-021	3:24.06	25m	5-3-20	Heemskerk (NED)	158
207.	Palthe Yvonne	67	08-021	3:24.10	25m	23-5-81	Heemskerk (NED)	158
208.	Groot Irma	63	08-021	3:24.80	25m	8-1-77	Heemskerk (NED)	156
208.	Cappelle Marcella	85	08-021	3:24.80	25m	26-10-97	Heemskerk (NED)	156
210.	van Rijn Eline	07	08-021	3:24.97	25m	27-11-16	Zaandam (NED)	156
211.	Dekker Elise	97	08-021	3:24.99	25m	19-2-06	Zaandam (NED)	156
212.	van Son Sandra	72	08-021	3:25.10	25m	2-9-84	Heemskerk (NED)	156

200 vrije slag (sinds 213)

213.	Haack Fenna	16	08-021	3:25.21	25m	1-11-26	Zaandam (NED)	155
214.	Feenstra Petra	71	08-021	3:26.30	25m	23-9-84	Heemskerk (NED)	153
215.	van Perlo Ingrid	73	08-021	3:26.40	25m	2-9-84	Heemskerk (NED)	153
216.	Huisman Lianne	87	08-021	3:26.80	25m	31-5-01	Heemskerk (NED)	152
217.	Yayli Serina	90	08-021	3:27.06	25m	17-11-02	Heemskerk	151
218.	Kerkhoven Michelle	91	08-021	3:27.61	25m	29-9-05	Heemskerk (NED)	150
219.	Beentjes Nicolet	80	08-021	3:27.90	25m	16-11-97	Zaandam (NED)	149
220.	Bouwer Jolien	89	08-021	3:28.30	25m	20-12-01	Heemskerk	149
221.	Aafjes Suzan	69	08-021	3:28.50	25m	23-5-81	Heemskerk (NED)	148
222.	Last Rooske	94	08-021	3:28.68	25m	3-10-10	Zaandam (NED)	148
223.	Schelvis Liselot	92	08-021	3:30.06	25m	29-4-04	Heemskerk (NED)	145
224.	van Laarhoven Salome	15	08-021	3:31.04	25m	1-11-26	Zaandam (NED)	143
225.	Beentjes Daphne	91	08-021	3:32.26	25m	29-4-04	Heemskerk (NED)	140
226.	Rijpkema Marije	85	08-021	3:32.28	25m	30-5-02	Heemskerk	140
227.	van Heerwaarden Vera	03	08-021	3:32.65	25m	5-3-20	Heemskerk (NED)	140
228.	Schijf Irene	83	08-021	3:35.00	25m	8-6-95	Heemskerk (NED)	135
229.	Kesting Alexandra	00	08-021	3:35.22	25m	17-4-11	Zaandam (NED)	135
230.	Lensen Sarian	89	08-021	3:37.88	25m	17-11-02	Heemskerk	130
231.	Boere Sacha	91	08-021	3:37.90	25m	28-4-05	Heemskerk (NED)	130
232.	van der Wijden Eline	88	08-021	3:38.14	25m	31-5-01	Heemskerk (NED)	129
233.	Mes Norah	13	08-021	3:38.66	25m	5-6-25	Heemskerk (NED)	128
234.	Huber Emma	13	08-021	3:39.14	25m	21-5-26	Heemskerk (NED)	127
235.	Rasch Monique	66	08-021	3:42.00	25m	23-5-81	Heemskerk (NED)	123
236.	van Dam Merel	14	08-021	3:43.63	25m	19-2-26	Heemskerk (NED)	120
237.	Zeeman Judith	70	08-021	3:44.20	25m	14-3-81	Heemskerk (NED)	119
238.	van Giezen Wendy	70	08-021	3:44.90	25m	14-3-81	Heemskerk (NED)	118
239.	Salem Lamies	03	08-021	3:45.01	25m	14-1-18	Purmerend (NED)	118
240.	Aardenburg Judith	93	08-021	3:45.70	25m	29-9-05	Heemskerk (NED)	117
241.	Pezo Adna	90	08-021	3:47.63	25m	31-5-01	Heemskerk (NED)	114
242.	Eijndhoven Jonna	02	08-021	3:47.71	25m	9-12-12	Zaandam (NED)	114
243.	Liefting Marielle	90	08-021	3:48.46	25m	30-5-02	Heemskerk	112
244.	van den Braber Liesbeth	84	08-021	3:48.50	25m	15-2-98	Assendelft (NED)	112
245.	van Tol Sarjenka	97	08-021	3:49.82	25m	12-10-08	Zaandam (NED)	110
246.	Elghandor Kiyaan	03	08-021	3:50.53	25m	15-12-13	Zaandam (NED)	109
247.	Snijder Femke	83	08-021	3:50.80	25m	13-4-94		109
248.	van Noort Jony	85	08-021	3:56.50	25m	8-6-95	Heemskerk (NED)	101
249.	Verhagen Sabine	71	08-021	3:56.60	25m	23-9-84	Heemskerk (NED)	101
249.	Dijkstra Pascal	89	08-021	3:56.60	25m	19-3-98	Heemskerk (NED)	101
251.	van Roon Jill	14	08-021	3:56.82	25m	19-2-26	Heemskerk (NED)	101
252.	Reuderink Miranda	63	08-021	3:57.50	25m	8-1-77	Heemskerk (NED)	100
253.	Rodenburg Kyra	96	08-021	3:58.92	25m	23-10-05	Zaandam (NED)	98
254.	Koper Ella	90	08-021	3:59.26	25m	31-5-01	Heemskerk (NED)	98
255.	Ramazani Helia	16	08-021	4:00.61	25m	1-11-26	Zaandam (NED)	96
256.	Haack Zowi	18	08-021	4:01.95	25m	19-2-26	Heemskerk (NED)	95
257.	Boonstra Esmé	02	08-021	4:03.16	25m	9-12-12	Zaandam (NED)	93
258.	van Hiele Femke	13	08-021	4:07.85	25m	21-5-26	Heemskerk (NED)	88
259.	Slotemaker Britt	14	08-021	4:10.55	25m	5-6-25	Heemskerk (NED)	85
260.	Hoeksema Kim	90	08-021	4:19.20	25m	31-5-01	Heemskerk (NED)	77
261.	van 't Hof Manon	90	08-021	4:22.51	25m	30-5-02	Heemskerk	74
262.	van Duivenvoorde Sanne	93	08-021	4:26.63	25m	30-5-02	Heemskerk	71
263.	Geluk Mabelle	73	08-021	4:53.19	50m	4-6-11	Apeldoorn (NED)	57
264.	Zonneveld Jennifer	88	08-021	4:56.16	25m	31-5-01	Heemskerk (NED)	51

250 vrije slag

1.	Butter Noor	16	08-021	4:32.89	OW	12-9-26	Amsterdam (NED)	
2.	Stel Kaylin	01	08-021	5:19.71	OW	6-9-09	Vlissingen (NED)	
3.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)	
4.	Haack Fenna	16	08-021	10:06.95	OW	13-7-24	Anna Paulowna (NED)	

300 vrije slag

1.	Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	573
2.	Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	493
3.	Hoekstra Eline	03	08-021	3:39.67	25m	9-11-24	Purmerend (NED)	483
4.	Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	481
5.	Smit Sanne	01	08-021	3:44.38	50m	10-3-19	Amsterdam (NED)	472
6.	Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	453
7.	Wentink Yara	04	08-021	3:44.70	25m	8-6-19	Purmerend (NED)	452
8.	Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	437
9.	Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	417
10.	Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
11.	Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	415
12.	van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	410
13.	Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	410
14.	van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	409
15.	de Groot Daniëlle	93	08-021	3:55.78	50m	11-4-08	Antwerpen (BEL)	406
16.	Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	387
17.	Haasbroek Renske	03	08-021	3:56.60	25m	21-4-25	Haarlem (NED)	387
18.	Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	379
19.	Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	364
20.	Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	361
21.	Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	361
22.	Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	357
23.	Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	345
24.	de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	340
25.	Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	334
26.	de Roode Xara	08	08-021	4:10.21	25m	6-10-24	Den Helder (NED)	327
27.	de Wildt Maud	05	08-021	4:13.28	25m	1-10-23	Den Helder (NED)	315
28.	Koopman Inge	93	08-021	4:13.48	50m	8-4-22	Antwerpen (BEL)	327
29.	Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	314
30.	Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	312
31.	van Eerden Meike	00	08-021	4:14.93	25m	5-10-25	Purmerend (NED)	309
32.	Blaauw Yente	03	08-021	4:16.72	25m	5-10-25	Purmerend (NED)	303
33.	Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	303
34.	Jongema Helena	80	08-021	4:17.20	50m	18-9-09	Cadiz (ESP)	313
35.	Bos Marieke	06	08-021	4:17.87	25m	25-11-18	Hoofddorp (NED)	299
36.	Herwegh Binthy	09	08-021	4:21.34	25m	1-10-23	Den Helder (NED)	287
37.	Heus Pauline	78	08-021	4:23.79	25m	29-4-04	Heemskerk (NED)	279
38.	ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	273
39.	Niesten Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	269
40.	Visser Kelly	89	08-021	4:28.39	25m	21-1-01	Heemskerk (NED)	265
41.	Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	256
42.	ten Cate Joyce	80	08-021	4:36.25	25m	29-4-04	Heemskerk (NED)	243
43.	de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	223
44.	van Koeveringe Nicole	93	08-021	4:44.73	25m	23-10-05	Zaandam (NED)	222
45.	Butter Noor	16	08-021	4:48.24	25m	18-10-26	Den Helder (NED)	214
46.	Steenkamp Ciska	90	08-021	4:51.03	25m	4-11-01	Heemskerk	208

300 vrije slag (sinds 47)

47.	Bruins Julia	06	08-021	4:53.07	25m	5-10-25	Purmerend (NED)	203
48.	van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	184
49.	Stel Kaylin	01	08-021	5:03.48	25m	7-2-10	Zaandam (NED)	183
50.	Sahin Súmeyye Sena	10	08-021	5:09.97	25m	1-10-23	Den Helder (NED)	172
51.	Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	172
52.	Rodenburg Rianne	93	08-021	5:13.29	25m	23-10-05	Zaandam (NED)	166
53.	Oortwijn Jytte	10	08-021	5:13.80	25m	12-1-25	Heemskerk (NED)	166
54.	Liefting Sarina	93	08-021	5:15.49	25m	23-10-05	Zaandam (NED)	163
55.	de Groot Sjors	08	08-021	5:15.56	25m	6-10-24	Den Helder (NED)	163
56.	Dekker Elise	97	08-021	5:17.66	25m	19-2-06	Zaandam (NED)	160
57.	Haack Fenna	16	08-021	5:23.04	25m	18-10-26	Den Helder (NED)	152
58.	Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	145
59.	Schelvis Liselot	92	08-021	5:40.19	25m	16-11-03	Heemskerk (NED)	130
60.	Kesting Alexandra	00	08-021	5:41.26	25m	17-4-11	Zaandam (NED)	129

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2.	Hoekstra Eline	03	08-021	4:48.25	25m	22-5-22	Hoofddorp (NED)	538
3.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
4.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
5.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
6.	Wentink Yara	04	08-021	4:56.18	25m	8-6-19	Purmerend (NED)	496
7.	Smit Sanne	01	08-021	4:57.22	25m	29-12-18	Leeuwarden (NED)	491
8.	Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)	472
9.	Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
10.	Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466
11.	Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)	455
12.	de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)	453
13.	Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)	449
14.	Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk	449
15.	van 't Veer Iris	03	08-021	5:07.46	25m	22-4-19	Haarlem (NED)	443
16.	Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)	437
17.	Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)	435
18.	Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)	431
19.	van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)	428
20.	van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
21.	de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)	418
22.	Haasbroek Renske	03	08-021	5:14.47	25m	2-3-25	Amsterdam (NED)	414
23.	Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)	411
24.	Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)	409
25.	Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)	406
25.	Limmen Karin	76	08-021	5:16.50	25m	24-4-93		406
27.	Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	404
28.	Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	403
29.	de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)	399
30.	Koopman Anitra	89	08-021	5:18.44	25m	28-4-05	Heemskerk (NED)	399
31.	Gijzen-van der Kroft Nicole	84	08-021	5:18.89	25m	30-5-02	Heemskerk	397
32.	Stins Mariska	84	08-021	5:19.17	25m	30-5-02	Heemskerk	396
33.	Teufer Irene	96	08-021	5:20.06	25m	30-3-08	Zaandam (NED)	393
34.	Meijer Sylvia	81	08-021	5:20.40	25m	19-3-98	Heemskerk (NED)	392
35.	Kramer Miranda	80	08-021	5:20.60	25m	19-3-98	Heemskerk (NED)	391
36.	van der Geest Saskia	73	08-021	5:21.20	25m	6-10-88	Heemskerk (NED)	389

400 vrije slag (sinds 37)

37.	Crok Annemarie	89	08-021	5:22.62	25m	28-4-05	Heemskerk (NED)	384
38.	Stam Sabrina	82	08-021	5:25.00	25m	22-2-98	Zaandam (NED)	375
39.	Vredenburg Roos	95	08-021	5:25.15	25m	22-5-10	Purmerend (NED)	375
40.	van Eerden Meike	00	08-021	5:25.39	25m	6-10-24	Den Helder (NED)	374
41.	van Rookhuizen Sieta	79	08-021	5:26.92	25m	28-2-99	Zaandam (NED)	369
42.	Essers Sanne	91	08-021	5:27.37	50m	20-4-07	Antwerpen (BEL)	376
43.	van Staveren Marina	78	08-021	5:29.02	25m	22-5-11	Grootebroek (NED)	362
44.	Siemerink Laura	04	08-021	5:29.81	25m	4-10-26	Purmerend (NED)	359
45.	Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	358
46.	Zonneveld Chantal	84	08-021	5:31.40	25m	30-3-00	Heemskerk (NED)	354
47.	de Ruijter Linda	87	08-021	5:31.42	25m	29-4-04	Heemskerk (NED)	354
48.	Jongema Helena	80	08-021	5:31.62	25m	25-5-08	Grootebroek (NED)	353
49.	de Roode Xara	08	08-021	5:32.15	25m	6-10-24	Den Helder (NED)	351
50.	Dijkstra Lisette	86	08-021	5:34.30	25m	24-5-98	Zaandam (NED)	345
51.	Bos Marieke	06	08-021	5:34.43	25m	20-9-20	Haarlem (NED)	344
52.	Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		344
53.	de Graaf Annemiek	70	08-021	5:36.10	25m	22-3-87	Heerhugowaard (NED)	339
54.	de Wildt Maud	05	08-021	5:36.91	25m	26-9-21	Alkmaar (NED)	337
55.	Meijer Linda	77	08-021	5:37.20	25m	24-4-93		336
56.	Butter Anouk	82	08-021	5:37.38	25m	25-5-00	Heemskerk (NED)	335
57.	de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)	335
58.	de Boer Angela	80	08-021	5:37.60	25m	8-6-95	Heemskerk (NED)	335
59.	van Ballegooie Simone	84	08-021	5:38.04	25m	30-3-00	Heemskerk (NED)	333
60.	Koopman Inge	93	08-021	5:40.03	50m	8-4-22	Antwerpen (BEL)	336
61.	Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	325
62.	Visser Kelly	89	08-021	5:42.43	25m	31-5-01	Heemskerk (NED)	321
63.	Hermans Liesbeth	66	08-021	5:43.00	25m	24-1-82		319
64.	van Honk Chantal	80	08-021	5:43.60	25m	19-1-92		317
65.	van Koeveringe Nicole	93	08-021	5:43.99	50m	29-3-09	Alkmaar (NED)	324
66.	Oudendijk Bianca	79	08-021	5:44.00	25m	17-12-94		316
67.	Vink Marjolein	93	08-021	5:44.72	50m	29-3-09	Alkmaar (NED)	322
68.	Krouwels Tanja	79	08-021	5:47.00	25m	19-3-98	Heemskerk (NED)	308
69.	ten Cate Ilona	85	08-021	5:47.08	25m	28-4-05	Heemskerk (NED)	308
70.	Herwegh Binthy	09	08-021	5:47.09	25m	1-10-23	Den Helder (NED)	308
71.	Blaauw Yente	03	08-021	5:47.96	25m	5-10-25	Purmerend (NED)	306
72.	Zonneveld Cindy	75	08-021	5:50.80	25m	13-4-94		298
73.	Tholen Kirsten	66	08-021	5:51.00	25m	27-2-83	Assendelft (NED)	298
74.	Heus Pauline	78	08-021	5:51.10	25m	21-9-97	Alkmaar (NED)	298
75.	van Galen Angela	65	08-021	5:54.00	25m	14-3-81	Heemskerk (NED)	290
76.	Dijkstra Ingrid	68	08-021	5:54.70	25m	27-2-83	Assendelft (NED)	289
77.	Niesten Iris	92	08-021	5:57.33	25m	18-5-06	Heemskerk (NED)	282
78.	Renkema Iris	04	08-021	5:57.56	25m	14-6-15	Zaandam (NED)	282
79.	Ivens Suzanne	99	08-021	5:58.02	25m	18-5-13	Purmerend (NED)	281
80.	Oosterveen Yvonne	80	08-021	5:58.10	25m	26-9-92		280
81.	Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	279
82.	Lindelauf Priscilla	85	08-021	6:00.08	25m	25-5-00	Heemskerk (NED)	276
83.	Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	274
84.	Cappelle Carlijn	82	08-021	6:01.10	25m	23-2-97	Zaandam (NED)	273
85.	ten Cate Joyce	80	08-021	6:01.34	25m	30-5-02	Heemskerk	273
86.	Pover Karin	67	08-021	6:06.90	25m	22-3-87	Heerhugowaard (NED)	261
87.	Moolevliet Petra	82	08-021	6:08.70	25m	18-5-95	Heemskerk (NED)	257
88.	Scholten Britt	04	08-021	6:09.40	25m	18-9-16	Zaandam (NED)	255
89.	Bos Chantal	74	08-021	6:09.70	25m	5-10-88		255

400 vrije slag (sinds 90)

90.	van Velsen Patricia	79	08-021	6:10.00	25m	7-6-95		254
91.	Smid Diane	65	08-021	6:10.90	25m	13-5-07	Grootebroek (NED)	252
92.	Hoek Laura	86	08-021	6:10.98	25m	25-5-00	Heemskerk (NED)	252
93.	Deiman Caroline	67	08-021	6:11.80	25m	19-3-89	Zaandam (NED)	250
94.	Mulder Amy	80	08-021	6:11.90	25m	14-4-94	Heemskerk	250
95.	Limmen Miriam	75	08-021	6:13.20	25m	30-6-93		248
96.	de Boer Maia	03	08-021	6:13.23	25m	18-9-16	Zaandam (NED)	248
97.	van Ballegooie Stefanie	86	08-021	6:14.56	25m	30-5-02	Heemskerk	245
98.	Limmen Anita	78	08-021	6:17.80	25m	1-7-93	Heemskerk (NED)	239
99.	Plokker Sylvia	68	08-021	6:17.90	25m	14-3-81	Heemskerk (NED)	239
100.	Peters Yvonne	63	08-021	6:18.00	25m	27-2-83	Assendelft (NED)	238
101.	Butter Noor	16	08-021	6:18.28	25m	26-4-26	Zoetermeer (NED)	238
102.	Dijkstra Maud	84	08-021	6:19.00	25m	23-2-97	Zaandam (NED)	236
103.	Huneker Jolanda	79	08-021	6:20.60	25m	21-9-97	Alkmaar (NED)	233
104.	Boekling Annette	85	08-021	6:21.83	25m	30-5-02	Heemskerk	231
105.	Essers Patricia	84	08-021	6:22.42	25m	30-3-00	Heemskerk (NED)	230
106.	Steenkamp Ciska	90	08-021	6:27.30	25m	4-11-01	Heemskerk	222
107.	Hommersen Sandra	84	08-021	6:27.90	25m	19-3-98	Heemskerk (NED)	220
108.	Walraven Annet	62	08-021	6:28.50	25m	28-9-80	Zaandam (NED)	219
108.	van der Eng Laura	80	08-021	6:28.50	25m	4-4-96	Heemskerk (NED)	219
110.	Bakker Jesca	79	08-021	6:29.10	25m	28-12-89	Heemskerk (NED)	218
111.	Bruin Adri	74	08-021	6:29.60	25m	19-3-89	Zaandam (NED)	218
112.	de Vriend Sofie	01	08-021	6:30.06	25m	24-2-13	Zaandam (NED)	217
113.	van Giezen Sandra	63	08-021	6:30.50	25m	5-4-81	Heemskerk (NED)	216
114.	Stel Kaylin	01	08-021	6:30.74	25m	28-3-10	Zeist (NED)	216
115.	Molenaar Eline	82	08-021	6:32.47	25m	30-3-00	Heemskerk (NED)	213
116.	Bruins Julia	06	08-021	6:32.70	25m	5-10-25	Purmerend (NED)	212
117.	Wieman Lianne	03	08-021	6:33.33	25m	18-9-16	Zaandam (NED)	211
118.	Bouwer Jolien	89	08-021	6:36.29	25m	30-5-02	Heemskerk	207
119.	de Vries Justine	83	08-021	6:42.30	25m	4-4-96	Heemskerk (NED)	198
120.	Tilgenkamp Lentley	13	08-021	6:42.42	25m	8-11-26	Purmerend (NED)	197
121.	Viel Bianca	85	08-021	6:44.78	25m	30-3-00	Heemskerk (NED)	194
122.	Dreyer Elly	63	08-021	6:45.60	25m	13-4-80	Zaandam (NED)	193
123.	Rodenburg Rianne	93	08-021	6:46.02	25m	23-10-05	Zaandam (NED)	192
124.	van Giezen Irene	67	08-021	6:46.40	25m	5-4-81	Heemskerk (NED)	192
125.	van Rijn Eline	07	08-021	6:48.61	25m	27-11-16	Zaandam (NED)	189
126.	van Baar Monique	73	08-021	6:49.50	25m	6-10-88	Heemskerk (NED)	187
127.	Nijman José	93	08-021	6:52.29	25m	14-10-07	Zaandam (NED)	184
128.	van Assema Eline	05	08-021	6:53.19	50m	2-4-17	Alkmaar (NED)	187
129.	van Huisstede Nikita	01	08-021	6:55.18	25m	3-6-12	Zaandam (NED)	180
130.	Liefting Sarina	93	08-021	6:55.62	25m	23-10-05	Zaandam (NED)	179
131.	Sahin Súmeyye Sena	10	08-021	6:56.38	25m	1-10-23	Den Helder (NED)	178
132.	Oortwijn Jytte	10	08-021	6:56.88	25m	12-1-25	Heemskerk (NED)	178
133.	van Perlo Ingrid	73	08-021	6:59.00	25m	13-3-83	Castricum (NED)	175
134.	Windmuller Annemarie	67	08-021	7:00.10	25m	14-3-81	Heemskerk (NED)	173
135.	Bruin Marianne	78	08-021	7:00.40	25m	6-10-88	Heemskerk (NED)	173
136.	Regelink Anneke	83	08-021	7:01.60	25m	4-4-96	Heemskerk (NED)	172
137.	Zijlstra Mariëlle	83	08-021	7:03.50	25m	4-4-96	Heemskerk (NED)	169
138.	de Groot Sjors	08	08-021	7:05.19	25m	28-1-24	Heemskerk (NED)	167
139.	Horst Diana	67	08-021	7:07.20	25m	14-3-81	Heemskerk (NED)	165
140.	Dekker Elise	97	08-021	7:07.93	25m	19-2-06	Zaandam (NED)	164
141.	van Kooten Cynthia	93	08-021	7:11.23	25m	3-12-06	Zaandam (NED)	160
142.	van Giezen Corina	68	08-021	7:12.00	25m	14-3-81	Heemskerk (NED)	159

400 vrije slag (sinds 143)

143.	van der Horst Wendy	72	08-021	7:14.70	25m	31-12-81		157
144.	Haack Fenna	16	08-021	7:15.16	25m	18-10-26	Den Helder (NED)	156
145.	Huisman Jolanda	68	08-021	7:17.10	25m	14-3-81	Heemskerk (NED)	154
146.	Zonneveld Monica	80	08-021	7:17.50	25m	13-4-94		154
147.	de Graaf Isabella	04	08-021	7:18.41	25m	18-9-16	Zaandam (NED)	153
148.	Visser Robin	05	08-021	7:20.86	25m	24-1-16	Zaandam (NED)	150
149.	Palthe Yvonne	67	08-021	7:20.90	25m	14-3-81	Heemskerk (NED)	150
150.	Beentjes Daphne	91	08-021	7:22.66	25m	29-4-04	Heemskerk (NED)	148
151.	Besse Meta	78	08-021	7:23.20	25m	13-4-94		148
152.	Beentjes Nicolet	80	08-021	7:26.60	25m	4-4-96	Heemskerk (NED)	144
153.	Schelvis Liselot	92	08-021	7:37.74	25m	16-11-03	Heemskerk (NED)	134
154.	Kesting Alexandra	00	08-021	7:45.71	25m	17-4-11	Zaandam (NED)	127
155.	Smit Lydia	84	08-021	7:50.60	25m	19-3-98	Heemskerk (NED)	123
156.	Cappelle Marcella	85	08-021	7:52.50	25m	19-3-98	Heemskerk (NED)	122
157.	Dijkstra Janet	77	08-021	8:01.00	25m	6-10-88	Heemskerk (NED)	115
158.	van Roon Jill	14	08-021	8:03.15	25m	26-4-26	Zoetermeer (NED)	114
159.	Dijkstra Pascal	89	08-021	8:16.80	25m	22-2-98	Zaandam (NED)	105
160.	Rasch Monique	66	08-021	8:27.90	25m	14-3-81	Heemskerk (NED)	98
161.	Geluk Mabelle	73	08-021	9:54.06	50m	4-6-11	Apeldoorn (NED)	63

500 vrije slag

1.	Stel Serena	98	08-021	7:26.55	OW	2-8-09	Hoorn (NED)
2.	Bos Marieke	06	08-021	8:31.18	OW	23-7-16	Amstelveen (NED)
3.	Koopman Anitra	89	08-021	8:51.08	OW	23-7-00	Amsterdam (NED)
4.	Buur Naomi	01	08-021	9:10.10	OW	1-9-12	Wilhelminadorp (NED)
5.	Butter Noor	16	08-021	9:22.17	OW	11-7-26	Strijen (NED)
6.	Vink Marjolein	93	08-021	9:22.60	OW	27-8-05	Tilburg (NED)
7.	Haack Fenna	16	08-021	10:29.41	OW	28-6-26	Alkmaar (NED)
8.	de Wildt Maud	05	08-021	11:57.51	OW	18-7-15	Amstelveen (NED)
9.	Buur Cindy	99	08-021	14:05.57	OW	23-7-11	Anna-Paulowna (NED)
10.	Butter Anouk	82	08-021	16:39.30	OW	21-7-24	Amsterdam (NED)

800 vrije slag

1.	Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2.	Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
3.	Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
4.	Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
5.	Hoekstra Eline	03	08-021	10:19.33	25m	3-12-23	Alkmaar (NED)	463
6.	Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
7.	van 't Veer Iris	03	08-021	10:32.39	25m	11-10-20	Alkmaar (NED)	435
8.	Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
9.	Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	429
10.	Wentink Yara	04	08-021	10:36.31	25m	23-10-22	Hoofddorp (NED)	427
11.	Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	427
12.	Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	426
13.	Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
14.	Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	416
15.	van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	413
16.	Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	406
17.	Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	388
18.	Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	382

800 vrije slag (sinds 19)

19.	Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	377
20.	Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	376
21.	van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	375
22.	de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
23.	de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	367
24.	Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	365
25.	Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
26.	Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)	357
27.	Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)	352
28.	Gijzen-van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam	349
29.	Stam Sabrina	82	08-021	11:29.30	25m	29-3-98	Heemstede (NED)	336
30.	Dijkstra Lisette	86	08-021	11:29.50	25m	17-5-98	Den Helder (NED)	335
31.	van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)	335
32.	van Honk Chantal	80	08-021	11:30.20	25m	12-4-92	Heemstede (NED)	334
33.	Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	332
34.	Haasbroek Renske	03	08-021	11:31.92	25m	15-10-23	Alkmaar (NED)	332
35.	de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	327
36.	de Haan Shira	00	08-021	11:37.34	25m	18-10-15	Zaandam (NED)	324
37.	Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)	322
38.	de Ruijter Linda	87	08-021	11:39.46	25m	8-9-02	Heemskerk	321
39.	Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)	320
40.	Meijer Sylvia	81	08-021	11:41.68	25m	24-10-99	Zaandam (NED)	318
41.	de Boer Angela	80	08-021	11:46.00	25m	5-11-95	Volendam (NED)	312
42.	Zonneveld Chantal	84	08-021	11:49.67	25m	23-1-00	Heemskerk (NED)	308
43.	Butter Anouk	82	08-021	11:51.92	25m	17-10-04	Zaandam (NED)	305
44.	Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	304
45.	Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	297
46.	Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	303
47.	Zonneveld Cindy	75	08-021	12:03.50	25m	22-4-90	Heemstede (NED)	290
48.	de Wildt Maud	05	08-021	12:05.47	25m	23-10-22	Hoofddorp (NED)	288
49.	Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)	287
50.	van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	284
51.	Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	284
52.	Hermans Liesbeth	66	08-021	12:09.20	25m	10-1-82	Wormerveer (NED)	284
53.	van Koeveringe Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	271
54.	Renkema Iris	04	08-021	12:22.14	25m	7-2-16	Zaandam (NED)	269
55.	Herwegh Binthy	09	08-021	12:38.12	25m	15-10-23	Alkmaar (NED)	252
56.	Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)	252
57.	van Ballegooie Stefanie	86	08-021	12:57.57	25m	5-11-00	Zaandam (NED)	234
58.	de Vriend Sofie	01	08-021	13:02.76	25m	24-2-13	Zaandam (NED)	229
59.	Jongema Helena	80	08-021	13:10.26	50m	3-6-11	Apeldoorn (NED)	230
60.	Boekling Annette	85	08-021	13:27.82	25m	23-1-00	Heemskerk (NED)	208
61.	Nijman José	93	08-021	13:41.68	25m	14-10-07	Zaandam (NED)	198
62.	Steenkamp Ciska	90	08-021	13:56.79	25m	11-2-01	Zaandam (NED)	187
63.	de Vries Cathy	77	08-021	13:58.10	25m	6-6-91	Heemskerk	187
64.	van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	172
65.	Liefting Sarina	93	08-021	14:25.95	25m	20-3-05	Zaandam (NED)	169
66.	Schelvis Liselot	92	08-021	15:20.84	25m	7-3-04	Zaandam	141
67.	Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	61

1000 vrije slag

1.	Vink Lidewij	90	08-021	14:29.79	OW	8-7-06	Oss (NED)	
2.	Crok Linda	94	08-021	14:29.84	OW	10-7-10	Wijk en Aalburg (NED)	
3.	Crok Annemarie	89	08-021	14:53.23	OW	25-7-10	Langedijk (NED)	
4.	Essers Sanne	91	08-021	14:54.95	OW	23-7-06	Langedijk (NED)	
5.	van der Gracht Anouk	89	08-021	14:55.47	OW	5-7-09	Bodegraven (NED)	
6.	Kleijne Daisy	89	08-021	14:59.73	OW	5-7-09	Bodegraven (NED)	
7.	Butter Anouk	82	08-021	15:11.62	OW	4-7-26	Sluis (NED)	
8.	Koopman Anitra	89	08-021	15:11.73	OW	24-6-01	Breukelen (NED)	
9.	de Ruijter Linda	87	08-021	15:40.56	OW	8-7-01	Amsterdam (NED)	
10.	van Staveren Marina	78	08-021	15:45.07	OW	4-8-13	Amstelveen (NED)	
11.	van 't Veer Iris	03	08-021	15:49.42	OW	12-7-25	Anna-Paulowna (NED)	
12.	Kramer Miranda	80	08-021	15:51.40	OW	2-7-95	Veghel (NED)	
13.	Hermans Liesbeth	66	08-021	15:56.50	OW	14-6-81	Amstelveen (NED)	
14.	Visser Kelly	89	08-021	16:23.59	OW	16-6-01	Spaarnwoude (NED)	
15.	Oudendijk Bianca	79	08-021	16:34.50	OW	12-7-94	Harderwijk (NED)	
16.	Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)	
17.	Meijer Sylvia	81	08-021	16:39.40	OW	2-7-95	Veghel (NED)	
18.	Smid Diane	65	08-021	16:39.99	OW	26-8-07	Oosterhout (NED)	
19.	Stins Mariska	84	08-021	16:43.50	OW	12-7-98	Amsterdam (NED)	
20.	Heus Pauline	78	08-021	16:45.90	OW	4-8-13	Amstelveen (NED)	
21.	de Haan Shira	00	08-021	16:59.66	OW	26-8-17	Eindhoven (NED)	
22.	Vink Marjolein	93	08-021	17:04.18	OW	5-7-08	Oss (NED)	
23.	van Giezen Corina	68	08-021	17:05.00	OW	17-6-84	Amstelveen (NED)	
24.	Visser Stacey	87	08-021	17:16.95	OW	16-6-01	Spaarnwoude (NED)	
25.	Windmuller Wendy	69	08-021	17:20.80	OW	30-6-83	Amstelveen (NED)	
26.	van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)	
27.	Niesten Iris	92	08-021	17:35.15	OW	19-8-06	Bussloo (NED)	
28.	van Rookhuizen Sieta	79	08-021	17:42.50	OW	4-9-94	Amsterdam (NED)	
29.	Buur Naomi	01	08-021	17:46.78	OW	25-8-13	Oosterhout (NED)	
30.	Dijkstra Ingrid	68	08-021	18:25.70	OW	30-6-83	Amstelveen (NED)	
31.	Poppema Yvonne	68	08-021	18:49.50	OW	17-6-84	Amstelveen (NED)	
32.	van Huisstede Nikita	01	08-021	19:27.30	OW	17-8-13	Heerjansdam (NED)	
33.	de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)	
34.	Buur Cindy	99	08-021	21:02.70	OW	17-8-13	Heerjansdam (NED)	

1250 vrije slag

1.	Bos Marieke	06	08-021	22:34.57	OW	21-7-18	Hoorn (NED)	

1500 vrije slag

1.	Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	518
2.	Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	493
3.	Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	487
4.	Hoekstra Eline	03	08-021	19:37.95	25m	3-12-23	Alkmaar (NED)	475
5.	van 't Veer Iris	03	08-021	19:51.84	25m	26-4-26	Zoetermeer (NED)	459
6.	Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	446
7.	Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	431
8.	Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	428
9.	van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	422
10.	Smit Sanne	01	08-021	20:34.89	50m	15-4-18	Alkmaar (NED)	420
11.	de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	387
12.	de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	373

1500 vrije slag (sinds 13)

13.	Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	366
14.	Wentink Yara	04	08-021	21:34.63	50m	19-2-23	Alkmaar (NED)	365
15.	Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	355
16.	Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	352
17.	Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	350
18.	Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	350
19.	van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	347
20.	Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	343
21.	de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	340
22.	Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	327
23.	Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	322
24.	van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	321
25.	Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	319
26.	Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	315
27.	Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	303
28.	Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	298
29.	Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	293
30.	Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)	286
31.	Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	267
32.	de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	263
33.	van Koeveringe Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)	258
34.	Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	257
35.	Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)	249
36.	Jongema Helena	80	08-021	24:45.29	50m	3-6-11	Apeldoorn (NED)	241
37.	Boekling Annette	85	08-021	25:17.81	25m	23-1-00	Heemskerk (NED)	222
38.	van Staveren Marina	78	08-021	25:21.32	OW	22-7-12	Amsterdam (NED)	
39.	Bos Marieke	06	08-021	25:43.38	OW	15-7-18	Amsterdam (NED)	
40.	Heus Pauline	78	08-021	26:10.58	OW	21-7-13	Amsterdam (NED)	
41.	Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)	195
42.	Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	188
43.	Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)	173

2000 vrije slag

1.	Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	515
2.	Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	469
3.	van 't Veer Iris	03	08-021	26:26.86	25m	26-4-26	Zoetermeer (NED)	461
4.	van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	436
5.	Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	431
6.	Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	416
7.	van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	416
8.	Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	408
9.	Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	385
10.	Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	382
11.	Hoekstra Eline	03	08-021	28:13.56	50m	24-3-24	Alkmaar (NED)	386
12.	Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	347
13.	Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)	344
14.	de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam	340
15.	Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam	335
16.	van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	325
17.	Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)	324
18.	Butter Anouk	82	08-021	30:35.49	OW	20-6-04	Spaarnwoude (NED)	
19.	Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)	252

2000 vrije slag (sinds 20)

20.	Palmboom Nicole	91	08-021	32:20.54	OW	5-7-09	Bodegraven (NED)	
21.	Vink Marjolein	93	08-021	34:07.78	OW	15-6-08	Spaarnwoude (NED)	
22.	Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)	211
23.	Heus Pauline	78	08-021	35:03.55	OW	4-8-13	Amstelveen (NED)	
24.	de Roode Xara	08	08-021	37:51.79	OW	20-7-25	Amsterdam (NED)	
25.	Oudendijk Bianca	79	08-021	50:45.90	OW	6-7-96	Oss (NED)	
26.	van der Eng Laura	80	08-021	50:47.00	OW	6-7-96	Oss (NED)	

2500 vrije slag

1.	Schelvis Femke	84	08-021	33:53.31	OW	26-6-04	Scheerwolde (NED)	
2.	Vink Lidewij	90	08-021	36:34.47	OW	9-7-05	Oss (NED)	
3.	Crok Linda	94	08-021	37:25.63	OW	25-7-10	Langedijk (NED)	
4.	van der Gracht Anouk	89	08-021	39:11.50	OW	4-7-09	Oss (NED)	
5.	Butter Anouk	82	08-021	42:59.56	OW	10-7-04	Oss (NED)	
6.	Essers Sanne	91	08-021	45:43.56	OW	22-7-07	Langedijk (NED)	

3000 vrije slag

1.	Schelvis Femke	84	08-021	42:18.93	OW	19-6-04	Vriezenveen (NED)	
2.	Vink Lidewij	90	08-021	44:59.59	OW	15-7-06	Wijk en Aalburg (NED)	
3.	Crok Linda	94	08-021	45:46.47	OW	10-7-10	Wijk en Aalburg (NED)	
4.	van der Gracht Anouk	89	08-021	48:05.75	OW	29-8-09	Tilburg (NED)	
5.	Kleijne Daisy	89	08-021	48:41.41	OW	19-7-08	Anna-Paulowna (NED)	
6.	Essers Sanne	91	08-021	48:59.81	OW	21-7-07	Anna-Paulowna (NED)	
7.	Heus Pauline	78	08-021	50:50.35	OW	7-9-13	Eindhoven (NED)	
8.	van Rookhuizen Sieta	79	08-021	51:49.00	OW	2-7-95	Veghel (NED)	
9.	Butter Anouk	82	08-021	53:46.11	OW	12-9-26	Amsterdam (NED)	

4000 vrije slag

5000 vrije slag

1.	Schelvis Femke	84	08-021	1:10:50.81	OW	4-7-04	Sluis (NED)	
2.	Crok Linda	94	08-021	1:18:13.04	OW	20-6-10	Spaarnwoude (NED)	
3.	van der Gracht Anouk	89	08-021	1:22:18.67	OW	16-8-08	Heerjansdam (NED)	

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1.	Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	512
2.	Hoekstra Eline	03	08-021	15.36	25m	7-7-22	Heemskerk (NED)	486
3.	Broek Jade	97	08-021	15.49	25m	7-7-22	Heemskerk (NED)	474
4.	Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	438
5.	Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	430
6.	Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	428
7.	Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	400
8.	Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	399
8.	Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	399
10.	Wentink Yara	04	08-021	16.47	25m	7-7-22	Heemskerk (NED)	394
11.	Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	387
12.	Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	373
13.	Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	367
14.	Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)	365
14.	Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)	365
14.	de Haan Shira	00	08-021	16.90	25m	7-7-22	Heemskerk (NED)	365
17.	Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	361
18.	Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	358
19.	van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)	354
20.	Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	350
21.	Gijzen-van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	346
21.	Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)	346
23.	van 't Veer Iris	03	08-021	17.22	25m	7-7-22	Heemskerk (NED)	345
24.	Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	342
25.	van Assema Eline	05	08-021	17.28	25m	7-7-22	Heemskerk (NED)	341
26.	Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
26.	Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
26.	de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)	334
29.	Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk	332
30.	Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)	331
31.	Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)	330
32.	Limmen Karin	76	08-021	17.50	25m	16-6-93		328
32.	van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)	328
34.	de Boer Irene	84	08-021	17.51	25m	22-2-01	Heemskerk (NED)	328
35.	Visser Kelly	89	08-021	17.62	25m	21-11-10	Almere-Stad (NED)	322
36.	Herwegh Binthy	09	08-021	17.69	25m	7-7-22	Heemskerk (NED)	318
37.	van der Gracht Anouk	89	08-021	17.72	25m	27-4-06	Heemskerk	316
38.	Essers Sanne	91	08-021	17.78	25m	27-4-06	Heemskerk	313
39.	Koopman Inge	93	08-021	17.79	25m	7-7-22	Heemskerk (NED)	313
40.	Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)	312
40.	van Rookhuizen Sieta	79	08-021	17.80	25m	8-2-96	Heemskerk (NED)	312
42.	Koopman Anitra	89	08-021	17.83	25m	22-2-01	Heemskerk (NED)	310
42.	Jongema Helena	80	08-021	17.83	25m	20-11-11	Almere-Stad (NED)	310
44.	van der Geest Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	307
44.	Krouwels Tanja	79	08-021	17.90	25m	15-1-98	Heemskerk (NED)	307
46.	Liefting Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk	304
47.	Heus Pauline	78	08-021	18.00	25m	16-3-95	Heemskerk (NED)	302
48.	Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)	298
49.	Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)	297
50.	Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk	295
50.	Niesten Iris	92	08-021	18.13	25m	29-5-08	Heemskerk (NED)	295
52.	de Boer Maia	03	08-021	18.17	25m	7-7-22	Heemskerk (NED)	293
53.	Deiman Caroline	67	08-021	18.20	25m	12-1-89	Heemskerk (NED)	292

25 rugslag (sinds 54)

53.	Dijkstra Lisette	86	08-021	18.20	25m	15-1-98	Heemskerk (NED)	292
55.	Oudendijk Bianca	79	08-021	18.30	25m	8-2-96	Heemskerk (NED)	287
55.	Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)	287
57.	Siemerink Laura	04	08-021	18.38	25m	7-7-22	Heemskerk (NED)	283
58.	de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)	276
59.	Butter Anouk	82	08-021	18.57	25m	19-4-07	Heemskerk (NED)	275
60.	Teufer Irene	96	08-021	18.79	25m	19-4-07	Heemskerk (NED)	265
61.	Dijkstra Janet	77	08-021	18.80	25m	12-1-89	Heemskerk (NED)	265
61.	van Honk Chantal	80	08-021	18.80	25m	16-5-91	Heemskerk (NED)	265
61.	ten Cate Joyce	80	08-021	18.80	25m	13-2-97	Heemskerk (NED)	265
64.	de Wildt Maud	05	08-021	18.87	25m	7-7-22	Heemskerk (NED)	262
65.	Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)	261
65.	de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)	261
65.	Beentjes Nicolet	80	08-021	18.90	25m	25-3-99	Heemskerk (NED)	261
68.	Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)	259
69.	Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	257
70.	de Vries Chrissie	93	08-021	19.02	25m	19-4-07	Heemskerk (NED)	256
71.	de Roode Xara	08	08-021	19.04	25m	7-7-22	Heemskerk (NED)	255
72.	van Velsen Patricia	79	08-021	19.10	25m	16-3-95	Heemskerk (NED)	252
73.	de Vries Cathy	77	08-021	19.20	25m	16-5-91	Heemskerk (NED)	249
74.	Cappelle Carlijn	82	08-021	19.30	25m	15-1-98	Heemskerk (NED)	245
75.	Bos Chantal	74	08-021	19.40	25m	12-1-89	Heemskerk (NED)	241
75.	de Boer Angela	80	08-021	19.40	25m	16-3-95	Heemskerk (NED)	241
77.	Molenaar Eline	82	08-021	19.44	25m	17-2-00	Heemskerk (NED)	239
78.	Hommersen Sandra	84	08-021	19.56	25m	25-3-99	Heemskerk (NED)	235
79.	Dijkstra Maud	84	08-021	19.60	25m	5-2-98	Heemskerk (NED)	234
79.	Zwarthoed Brenda	96	08-021	19.60	25m	19-4-07	Heemskerk (NED)	234
81.	Lindelauf Priscilla	85	08-021	19.63	25m	17-2-00	Heemskerk (NED)	233
82.	Limmen Miriam	75	08-021	19.70	25m	12-1-89	Heemskerk (NED)	230
83.	Regelink Anneke	83	08-021	19.76	25m	25-3-99	Heemskerk (NED)	228
84.	Bakker Jesca	79	08-021	19.80	25m	31-12-89	Heemskerk (NED)	227
85.	Groen Anne	95	08-021	19.94	25m	29-5-08	Heemskerk (NED)	222
86.	Nijman José	93	08-021	19.99	25m	29-5-08	Heemskerk (NED)	220
87.	Bos Marieke	06	08-021	20.08	25m	7-7-22	Heemskerk (NED)	217
88.	Koper Birgit	87	08-021	20.09	25m	27-4-06	Heemskerk	217
89.	Steenkamp Ciska	90	08-021	20.19	25m	22-2-01	Heemskerk (NED)	214
90.	de Boer Claudia	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	213
91.	Essers Patricia	84	08-021	20.23	25m	17-2-00	Heemskerk (NED)	212
92.	Vredenburg Roos	95	08-021	20.24	25m	29-5-08	Heemskerk (NED)	212
93.	ten Cate Ilona	85	08-021	20.26	25m	22-2-01	Heemskerk (NED)	211
93.	Knight Kayleigh	00	08-021	20.26	25m	7-7-22	Heemskerk (NED)	211
95.	Zonneveld Monica	80	08-021	20.30	25m	16-6-93		210
96.	van Koeveringe Nicole	93	08-021	20.35	25m	27-4-06	Heemskerk	209
97.	Stel Kaylin	01	08-021	20.44	25m	3-1-10	Culemborg (NED)	206
98.	Limmen Anita	78	08-021	20.50	25m	16-6-93		204
99.	van Kooten Cynthia	93	08-021	20.59	25m	27-4-06	Heemskerk	201
100.	de Groot Linda	81	08-021	20.60	25m	8-2-96	Heemskerk (NED)	201
100.	Huneker Jolanda	79	08-021	20.60	25m	13-2-97	Heemskerk (NED)	201
102.	Viel Bianca	85	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
102.	Smit Lydia	84	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
104.	Bakker Daniëlle	96	08-021	20.72	25m	29-5-08	Heemskerk (NED)	198
105.	Visser Stacey	87	08-021	20.99	25m	17-2-00	Heemskerk (NED)	190
106.	Besse Meta	78	08-021	21.00	25m	31-12-89	Heemskerk (NED)	190

25 rugslag (sinds 107)

107.	Hoogervorst Marlon	84	08-021	21.20	25m	16-3-95	Heemskerk (NED)	185
108.	van der Wijden Eline	88	08-021	21.30	25m	22-3-01	Heemskerk (NED)	182
109.	van Honschoten Ingeborg	70	08-021	21.50	25m	10-2-80	Heerhugowaard (NED)	177
109.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	177
111.	van der Eng Laura	80	08-021	21.60	25m	8-2-96	Heemskerk (NED)	174
111.	van den Braber Liesbeth	84	08-021	21.60	25m	15-1-98	Heemskerk (NED)	174
113.	Dijkstra Pascal	89	08-021	21.67	25m	25-3-99	Heemskerk (NED)	173
114.	Potemans Priscilla	84	08-021	21.70	25m	15-1-98	Heemskerk (NED)	172
115.	Mosch Sabina	84	08-021	22.00	25m	15-1-98	Heemskerk (NED)	165
116.	Haack Fenna	16	08-021	22.03	25m	1-11-26	Zaandam (NED)	164
117.	Koper Ella	90	08-021	22.10	25m	27-4-06	Heemskerk	163
118.	Rodenburg Kyra	96	08-021	22.12	25m	27-4-06	Heemskerk	162
119.	Oortwijn Jytte	10	08-021	22.17	25m	7-7-22	Heemskerk (NED)	161
120.	Dekker Danyk	94	08-021	22.22	25m	29-5-08	Heemskerk (NED)	160
121.	Aafjes Suzan	69	08-021	22.30	25m	13-10-79	Heemskerk (NED)	158
122.	Cappelle Marcella	85	08-021	22.50	25m	13-2-97	Heemskerk (NED)	154
123.	Koper Fiona	01	08-021	22.67	25m	26-9-10	Hoorn (NED)	151
124.	Mulder Amy	80	08-021	22.80	25m	16-6-93		148
125.	van der Horst Sacha	69	08-021	22.90	25m	13-10-79	Heemskerk (NED)	146
126.	Bakker Anna	97	08-021	22.95	25m	29-5-08	Heemskerk (NED)	145
127.	Huisman Lianne	87	08-021	23.10	25m	22-3-01	Heemskerk (NED)	143
128.	Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)	142
129.	van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)	139
130.	Nijman Linda	89	08-021	23.32	25m	22-2-01	Heemskerk (NED)	139
131.	Pover Ellen	72	08-021	23.40	25m	13-12-81	Volendam (NED)	137
132.	Heus Inge	81	08-021	23.50	25m	16-5-91	Heemskerk (NED)	135
133.	Zijlstra Mariëlle	83	08-021	23.60	25m	16-3-95	Heemskerk (NED)	134
134.	Nagy Illango	10	08-021	23.64	25m	30-3-23	Heemskerk (NED)	133
135.	Sahin Súmeyye Sena	10	08-021	23.68	25m	7-7-22	Heemskerk (NED)	132
136.	Windmuller Wendy	69	08-021	23.90	25m	13-10-79	Heemskerk (NED)	129
136.	Schijf Irene	83	08-021	23.90	25m	27-4-95	Heemskerk (NED)	129
138.	de Vriend Sofie	01	08-021	23.96	25m	26-9-10	Hoorn (NED)	128
139.	van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)	127
139.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	127
141.	Martens Priscilla	85	08-021	24.10	25m	20-3-97	Heemskerk (NED)	125
142.	van Toledo Annelies	70	08-021	24.30	25m	10-2-80	Heerhugowaard (NED)	122
142.	van Leen Cynthia	81	08-021	24.30	25m	8-2-96	Heemskerk (NED)	122
144.	Bovekerk Annefleur	99	08-021	24.40	25m	27-9-09	Hoorn (NED)	121
145.	Grul Lisanne	97	08-021	24.54	25m	29-5-08	Heemskerk (NED)	119
146.	Werdekker Marjolein	81	08-021	24.60	25m	13-2-97	Heemskerk (NED)	118
147.	van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)	114
147.	Kerkhoven Michelle	91	08-021	24.90	25m	22-2-01	Heemskerk (NED)	114
149.	Schelvis Liselot	92	08-021	24.94	25m	13-1-02	Zaandam	113
150.	Buur Naomi	01	08-021	24.95	25m	3-1-10	Culemborg (NED)	113
151.	van Noort Jony	85	08-021	25.00	25m	27-4-95	Heemskerk (NED)	112
152.	Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)	110
153.	Werdekker Esther	83	08-021	25.20	25m	13-2-97	Heemskerk (NED)	110
154.	Hoeksema Kim	90	08-021	25.21	25m	22-2-01	Heemskerk (NED)	110
155.	Butter Noor	16	08-021	25.25	25m	3-3-24	Krommenie (NED)	109
156.	Blaauw Yente	03	08-021	25.37	25m	22-4-12	Haarlem (NED)	107
157.	Hoekstra Femke	05	08-021	25.43	25m	13-4-14	Zaandam (NED)	107
158.	Liefting Marielle	90	08-021	25.53	25m	22-2-01	Heemskerk (NED)	105
159.	Pezo Adna	90	08-021	25.60	25m	22-2-01	Heemskerk (NED)	105

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160.	van Berkel Nova	10	08-021	25.63	25m	30-3-23	Heemskerk (NED)	104
161.	Banks Riley	17	08-021	25.69	25m	10-12-23	Hoofddorp (NED)	103
162.	Herwegh Izayra Rena	14	08-021	25.78	25m	12-2-23	Heemstede (NED)	102
163.	Elghandor Kiyaan	03	08-021	25.95	25m	2-2-14	Haarlem (NED)	100
164.	van den Heuvel Sandra	80	08-021	26.10	25m	12-1-89	Heemskerk (NED)	99
165.	Wiegman Brenda	72	08-021	26.20	25m	13-12-81	Volendam (NED)	98
166.	Oliveira Rocha Yara	17	08-021	26.23	25m	21-4-24	Krommenie (NED)	97
167.	de Graaf Annemiek	70	08-021	26.40	25m	10-2-80	Heerhugowaard (NED)	95
168.	Broersma Dione	16	08-021	26.65	25m	26-3-26	Heemskerk (NED)	93
169.	Meskhy Nita	16	08-021	26.72	25m	26-3-26	Heemskerk (NED)	92
170.	Petit Kirsten	00	08-021	26.73	25m	27-9-09	Hoorn (NED)	92
171.	Nagy Noella	13	08-021	26.77	25m	30-3-23	Heemskerk (NED)	91
172.	Rijpkema Marije	85	08-021	27.00	25m	15-1-98	Heemskerk (NED)	89
173.	Snijder Femke	83	08-021	27.60	25m	16-2-94		83
174.	Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoorn (NED)	83
174.	Haack Zowi	18	08-021	27.64	25m	15-12-24	Amsterdam (NED)	83
176.	Doodeman Lieke	16	08-021	27.97	25m	26-3-26	Heemskerk (NED)	80
177.	Kuijper Michelle	91	08-021	28.19	25m	22-2-01	Heemskerk (NED)	78
178.	Stoker Ianthe	84	08-021	28.40	25m	20-3-97	Heemskerk (NED)	76
179.	Kara Melek	17	08-021	28.65	25m	26-3-26	Heemskerk (NED)	74
180.	Janssen Tess	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)	69
181.	Ramazani Helia	16	08-021	30.58	25m	28-9-25	Krommenie (NED)	61
182.	Eijndhoven Jonna	02	08-021	31.42	25m	25-9-11	Hoorn (NED)	56
183.	van Dam Merel	14	08-021	31.81	25m	30-3-23	Heemskerk (NED)	54
184.	Slotemaker Britt	14	08-021	32.19	25m	8-10-23	Zaandam (NED)	52
185.	van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)	52
186.	de Reuver Babette	18	08-021	32.21	25m	26-3-26	Heemskerk (NED)	52
187.	Zeeman Judith	70	08-021	32.40	25m	13-10-79	Heemskerk (NED)	51
188.	van Laarhoven Salome	15	08-021	32.44	25m	3-3-24	Krommenie (NED)	51
189.	van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)	44
190.	Harke Lily Rose	16	08-021	34.54	25m	26-3-26	Heemskerk (NED)	42
191.	Vledder Sarah	14	08-021	35.90	25m	26-3-26	Heemskerk (NED)	38
192.	van Roon Lexie	18	08-021	36.03	25m	19-4-26	Den Helder (NED)	37
193.	Adli Sara	13	08-021	38.87	25m	30-3-23	Heemskerk (NED)	30
194.	Schrauwen Riva	18	08-021	39.37	25m	27-9-26	Krommenie (NED)	28
195.	Faatels Nora	18	08-021	42.94	25m	26-3-26	Heemskerk (NED)	22
196.	Roling Nora	15	08-021	43.85	25m	30-3-23	Heemskerk (NED)	20
197.	Atzei Sabina	71	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	20
198.	Adli Linda	14	08-021	44.09	25m	30-3-23	Heemskerk (NED)	20

50 rugslag

1.	Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)	564
2.	Broek Jade	97	08-021	31.17	25m	16-11-19	Hoofddorp (NED)	558
3.	Wentink Yara	04	08-021	31.62	25m	29-6-24	Rotterdam (NED)	535
4.	Hoekstra Eline	03	08-021	32.02	25m	5-12-21	Den Haag (NED)	515
5.	Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)	495
6.	Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)	494
7.	Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)	473
8.	Siemerink Laura	04	08-021	33.00	25m	30-12-18	Leeuwarden (NED)	470
9.	Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)	454
10.	van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)	448
11.	Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	431

50 rugslag (sinds 12)

12.	Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	428
13.	Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)	426
14.	Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)	421
15.	ten Bokkel Henrieke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)	418
16.	Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	416
17.	Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)	415
18.	Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)	411
19.	Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	407
20.	Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk	404
21.	Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)	403
22.	Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)	402
23.	Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)	395
23.	Herwegh Binthy	09	08-021	34.96	25m	27-10-24	Zaandam (NED)	395
25.	Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)	391
26.	Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster	384
27.	Hoek Daniëlle	88	08-021	35.31	25m	28-10-04	Heemskerk (NED)	384
28.	van Assema Eline	05	08-021	35.41	25m	19-9-21	Zaandam (NED)	380
29.	de Haan Shira	00	08-021	35.50	25m	4-10-20	Heemskerk (NED)	378
30.	de Roode Xara	08	08-021	35.51	25m	8-2-26	Purmerend (NED)	377
31.	Gijzen-van der Kroft Nicole	84	08-021	35.60	25m	29-11-01	Heemskerk	374
32.	Poppema Yvonne	68	08-021	35.70	25m	2-9-84	Heemskerk (NED)	371
32.	Stam Vanessa	80	08-021	35.70	25m	22-3-98	Assendelft (NED)	371
34.	van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)	370
35.	van der Gracht Anouk	89	08-021	35.78	25m	18-5-13	Purmerend (NED)	369
36.	Koopman Inge	93	08-021	35.90	25m	2-10-22	Den Helder (NED)	365
37.	Stam Sabrina	82	08-021	36.00	25m	18-1-98	Zuidoost Beemster (NED)	362
38.	Koopman Anitra	89	08-021	36.05	25m	6-2-05	Zuidoost-Beemster (NED)	361
39.	de Boer Maia	03	08-021	36.21	25m	19-9-21	Zaandam (NED)	356
40.	Stel Serena	98	08-021	36.24	25m	27-2-10	Hoorn (NED)	355
41.	van Honk Chantal	80	08-021	36.30	25m	12-5-93		353
42.	Scholten Britt	04	08-021	36.32	25m	15-2-18	Heemskerk (NED)	353
43.	Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)	350
44.	Petit Kirsten	00	08-021	36.47	25m	30-12-16	Leeuwarden (NED)	348
45.	Zonneveld Chantal	84	08-021	36.56	25m	25-4-02	Heemskerk	346
46.	van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)	344
47.	Boekling Annette	85	08-021	36.70	25m	25-1-01	Heemskerk (NED)	342
48.	Teufer Irene	96	08-021	36.75	25m	23-3-08	Haarlem (NED)	340
49.	de Boer Irene	84	08-021	36.80	25m	29-10-98	Heemskerk (NED)	339
50.	Niesten Iris	92	08-021	36.81	25m	1-3-09	Heemstede (NED)	339
51.	Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)	338
52.	Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)	337
53.	Spijker Kristel	84	08-021	36.96	25m	3-3-11	Heemskerk (NED)	335
54.	Schoonderwoerd Rianne	95	08-021	37.06	25m	30-3-23	Heemskerk (NED)	332
55.	van Duin Margret	60	08-021	37.10	25m	14-9-76	Heemskerk (NED)	331
55.	Verbree Bets	63	08-021	37.10	25m	22-11-80	Heemskerk (NED)	331
55.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)	331
55.	Limmen Karin	76	08-021	37.10	25m	16-2-94		331
59.	van Staveren Marina	78	08-021	37.12	25m	22-3-12	Heemskerk (NED)	330
60.	Herwegh Yara	07	08-021	37.18	25m	27-10-24	Zaandam (NED)	329
61.	Essers Sanne	91	08-021	37.20	25m	23-4-06	Zaandam (NED)	328
62.	van Koeveringe Nicole	93	08-021	37.25	25m	13-4-09	Haarlem (NED)	327
63.	van Eerden Meike	00	08-021	37.30	25m	24-1-19	Heemskerk (NED)	325
64.	Haasbroek Renske	03	08-021	37.33	25m	10-3-24	Purmerend (NED)	325

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65.	Dijkstra Lisette	86	08-021	37.40	25m	9-10-97	Heemskerk (NED)	323
66.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)	318
67.	Butter Anouk	82	08-021	37.66	25m	22-4-01	Heemskerk (NED)	316
68.	Blaauw Yente	03	08-021	37.68	25m	15-2-18	Heemskerk (NED)	316
69.	Zonneveld Cindy	75	08-021	37.80	25m	8-4-90	Volendam (NED)	313
70.	Visser Kelly	89	08-021	37.88	25m	4-10-15	Purmerend (NED)	311
71.	van Ballegooie Stefanie	86	08-021	37.93	25m	25-1-01	Heemskerk (NED)	309
72.	Heus Pauline	78	08-021	38.00	25m	17-12-95	Volendam (NED)	308
73.	de Wildt Maud	05	08-021	38.01	25m	17-3-22	Heemskerk (NED)	308
74.	de Groot Daniëlle	93	08-021	38.15	25m	13-12-07	Heemskerk (NED)	304
75.	Visser Stacey	87	08-021	38.18	25m	18-3-01	Zaandam (NED)	303
76.	Groot Tineke	60	08-021	38.30	25m	13-10-79	Heemskerk (NED)	301
77.	Zwaan Melissa	91	08-021	38.31	25m	28-12-03	Maastricht (NED)	300
78.	van der Geest Saskia	73	08-021	38.40	25m	14-12-88		298
79.	van Langelaar Tessa	97	08-021	38.47	25m	20-1-13	Heemskerk (NED)	297
80.	Windmuller Wendy	69	08-021	38.50	25m	7-11-81	Heemskerk (NED)	296
81.	van Rookhuizen Sieta	79	08-021	38.60	25m	17-2-94	Heemskerk	294
81.	Oudendijk Bianca	79	08-021	38.60	25m	9-11-95	Heemskerk (NED)	294
83.	Bruin Adri	74	08-021	38.70	25m	15-12-88	Heemskerk (NED)	291
84.	Veldhuis Amelia	03	08-021	38.81	25m	4-10-20	Heemskerk (NED)	289
85.	Schaefer Lisa	06	08-021	38.83	50m	26-1-20	Alkmaar (NED)	338
86.	Bakkum Wilma	62	08-021	38.90	25m	13-10-79	Heemskerk (NED)	287
87.	de Ruijter Linda	87	08-021	39.04	25m	7-6-03	Z.o. Beemster	284
88.	Liefting Sarina	93	08-021	39.08	25m	5-11-06	Zaandam (NED)	283
89.	Zwarthoed Brenda	96	08-021	39.10	25m	10-2-08	Purmerend (NED)	282
90.	Rodenburg Rianne	93	08-021	39.12	25m	28-10-06	Hoorn (NED)	282
91.	van Vliet Isabel	02	08-021	39.25	25m	30-1-20	Heemskerk (NED)	279
92.	Deiman Caroline	67	08-021	39.30	25m	10-1-91	Heemskerk (NED)	278
92.	Moolevliet Petra	82	08-021	39.30	25m	9-11-95	Heemskerk (NED)	278
94.	Angenent Nienke	01	08-021	39.32	25m	9-3-14	Zaandam (NED)	278
95.	Dreyer Elly	63	08-021	39.40	25m	13-10-79	Heemskerk (NED)	276
96.	Hermans Liesbeth	66	08-021	39.50	25m	7-11-81	Heemskerk (NED)	274
97.	ten Cate Joyce	80	08-021	39.60	25m	27-1-00	Heemskerk (NED)	272
98.	Zonneveld Melissa	88	08-021	39.61	25m	28-10-04	Heemskerk (NED)	272
99.	Vredenburg Roos	95	08-021	39.68	25m	20-5-10	Heemskerk (NED)	270
99.	de Vriend Sofie	01	08-021	39.68	25m	20-1-13	Heemskerk (NED)	270
99.	Hofland Yasmin	01	08-021	39.68	25m	2-2-17	Heemskerk (NED)	270
102.	Palthe Monique	64	08-021	40.00	25m	10-2-80	Heerhugowaard (NED)	264
102.	van Giezen Corina	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
102.	Dijkstra Ingrid	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
105.	Hoek Laura	86	08-021	40.01	25m	14-11-99	Zaandam (NED)	264
106.	Nijholt Carin	60	08-021	40.20	25m	14-9-76	Heemskerk (NED)	260
107.	Krouwels Tanja	79	08-021	40.28	25m	29-10-98	Heemskerk (NED)	258
108.	Cappelle Carlijn	82	08-021	40.30	25m	6-2-97	Heemskerk (NED)	258
109.	Ivens Suzanne	99	08-021	40.56	25m	10-3-13	Schagen (NED)	253
110.	de Vries Justine	83	08-021	40.60	25m	2-3-97	Haarlem (NED)	252
111.	de Boer Claudia	77	08-021	40.70	25m	31-5-90	Heemskerk (NED)	250
112.	van Rijn Sydney	03	08-021	40.74	25m	29-11-18	Heemskerk (NED)	250
113.	van Velsen Patricia	79	08-021	40.80	25m	23-2-95	Heemskerk (NED)	249
114.	Knight Kayleigh	00	08-021	40.81	25m	15-2-18	Heemskerk (NED)	248
115.	Huneker Jolanda	79	08-021	40.89	25m	6-12-98	Zaandam	247
116.	de Boer Angela	80	08-021	40.90	25m	22-2-95		247
116.	Hogema Fabiën	93	08-021	40.90	25m	23-4-06	Zaandam (NED)	247

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118.	Oosterveen Yvonne	80	08-021	41.00	25m	12-5-93		245
118.	van Sikkelerus Lisa	99	08-021	41.00	25m	30-1-14	Heemskerk (NED)	245
120.	van Huisstede Nikita	01	08-021	41.09	25m	12-3-17	Purmerend (NED)	243
121.	Berloth Lydia	68	08-021	41.30	25m	13-12-81	Volendam (NED)	240
122.	Lund Karin	63	08-021	41.40	25m	23-10-77	Zandvoort (NED)	238
122.	Put Ann	64	08-021	41.40	25m	10-2-80	Heerhugowaard (NED)	238
122.	Bos Chantal	74	08-021	41.40	25m	14-12-88		238
125.	Steenbakker Lisan	07	08-021	41.47	25m	7-12-23	Heemskerk (NED)	237
126.	Pover Karin	67	08-021	41.50	25m	17-5-81	Castricum (NED)	236
127.	Raszinski Nienke	01	08-021	41.53	25m	9-3-14	Zaandam (NED)	236
128.	Steenkamp Ciska	90	08-021	41.56	25m	7-10-01	Zaandam (NED)	235
129.	van Kooten Cynthia	93	08-021	41.60	25m	19-10-06	Heemskerk	234
130.	Oortwijn Jytte	10	08-021	41.61	25m	12-4-26	Purmerend (NED)	234
131.	ten Cate Ilona	85	08-021	41.62	25m	23-4-06	Zaandam (NED)	234
132.	de Wolff Isabel	01	08-021	41.68	25m	18-2-16	Heemskerk (NED)	233
133.	Stel Kaylin	01	08-021	41.78	25m	22-5-10	Purmerend (NED)	231
134.	Plokker Sylvia	68	08-021	41.80	25m	7-11-81	Heemskerk (NED)	231
135.	Lindelauf Priscilla	85	08-021	41.86	25m	25-1-01	Heemskerk (NED)	230
136.	Huisman Jolanda	68	08-021	41.90	25m	2-9-84	Heemskerk (NED)	229
137.	Bakker Jesca	79	08-021	42.00	25m	31-5-90	Heemskerk (NED)	228
138.	Koper Birgit	87	08-021	42.03	25m	27-4-03	Zaandam	227
139.	van de Kamp Yvonne	65	08-021	42.10	25m	13-10-79	Heemskerk (NED)	226
139.	Dijkstra Janet	77	08-021	42.10	25m	15-12-88	Heemskerk (NED)	226
141.	Grul Lisanne	97	08-021	42.13	25m	13-3-11	Heemskerk (NED)	226
142.	van Galen Angela	65	08-021	42.20	25m	13-10-79	Heemskerk (NED)	225
142.	Palthe Yvonne	67	08-021	42.20	25m	17-5-81	Castricum (NED)	225
142.	de Graaf Annemiek	70	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
142.	Tholen Kirsten	66	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
142.	Besse Meta	78	08-021	42.20	25m	10-1-91	Heemskerk (NED)	225
147.	Niesten Annet	62	08-021	42.30	25m	23-10-77	Zandvoort (NED)	223
147.	van Tellingen Ingrid	66	08-021	42.30	25m	13-12-81	Volendam (NED)	223
147.	Limmen Miriam	75	08-021	42.30	25m	31-5-90	Heemskerk (NED)	223
150.	Visser Robin	05	08-021	42.32	25m	2-10-16	Purmerend (NED)	223
151.	Visser Shana	04	08-021	42.53	25m	28-3-16	Haarlem (NED)	219
152.	van Giezen Sandra	63	08-021	42.60	25m	7-11-81	Heemskerk (NED)	218
152.	de Vries Cathy	77	08-021	42.60	25m	10-1-91	Heemskerk (NED)	218
154.	Buur Cindy	99	08-021	42.81	25m	18-2-16	Heemskerk (NED)	215
155.	Splinter Nathalie	75	08-021	42.90	25m	15-12-88	Heemskerk (NED)	214
156.	Molenaar Eline	82	08-021	42.96	25m	14-11-99	Zaandam (NED)	213
157.	Butter Noor	16	08-021	42.97	25m	26-3-26	Heemskerk (NED)	213
158.	Limmen Anita	78	08-021	43.00	25m	12-5-93		212
158.	Hommersen Sandra	84	08-021	43.00	25m	22-3-98	Assendelft (NED)	212
160.	Nijman José	93	08-021	43.09	25m	28-10-07	Zaandam (NED)	211
161.	Dijkstra Maud	84	08-021	43.20	25m	25-1-98	Zaandam (NED)	209
162.	Soellaart Esther	13	08-021	43.28	25m	7-12-25	Purmerend (NED)	208
163.	Bos Marieke	06	08-021	43.29	25m	24-1-19	Heemskerk (NED)	208
164.	Bouwman Esther	63	08-021	43.30	25m	14-9-76	Heemskerk (NED)	208
165.	Schaaper Margriet	62	08-021	43.40	25m	8-12-79	Heemskerk (NED)	206
165.	Bruin Marianne	78	08-021	43.40	25m	10-1-91	Heemskerk (NED)	206
165.	Sobh Shaime	03	08-021	43.40	25m	18-2-16	Heemskerk (NED)	206
168.	Geurtsen Daisy	89	08-021	43.43	25m	29-11-01	Heemskerk	206
169.	Wieman Lianne	03	08-021	43.58	25m	24-1-19	Heemskerk (NED)	204
170.	Ardicyaka Irem	06	08-021	43.61	25m	24-1-19	Heemskerk (NED)	203

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171.	de Loos Marijke	94	08-021	43.66	25m	22-5-10	Purmerend (NED)	203
172.	van Eif Lia	60	08-021	43.80	25m	16-3-80	Heemskerk (NED)	201
172.	de Vries Chrissie	93	08-021	43.80	25m	27-10-05	Heemskerk (NED)	201
174.	Bruins Julia	06	08-021	43.85	25m	4-10-26	Purmerend (NED)	200
175.	Teunissen Petra	64	08-021	44.00	25m	7-12-76	Heemskerk (NED)	198
175.	de Pree Caroline	64	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	198
175.	van Baar Monique	73	08-021	44.00	25m	15-12-88	Heemskerk (NED)	198
178.	Wissenburg Petra	65	08-021	44.10	25m	7-12-76	Heemskerk (NED)	197
179.	Beentjes Nicolet	80	08-021	44.18	25m	29-10-98	Heemskerk (NED)	196
180.	Aafjes Suzan	69	08-021	44.20	25m	22-11-80	Heemskerk (NED)	195
181.	Venema Jalina	04	08-021	44.23	25m	2-2-17	Heemskerk (NED)	195
182.	de Groot Linda	81	08-021	44.30	25m	7-11-96	Heemskerk (NED)	194
183.	Viel Bianca	85	08-021	44.58	25m	14-11-99	Zaandam (NED)	190
184.	Tilgenkamp Lentley	13	08-021	44.59	25m	11-10-26	Zaandam (NED)	190
185.	Reijnders Sandra	64	08-021	44.60	25m	10-2-80	Heerhugowaard (NED)	190
186.	Horst Diana	67	08-021	44.70	25m	22-11-80	Heemskerk (NED)	189
186.	Zonneveld Monica	80	08-021	44.70	25m	3-2-93		189
188.	Rasch Monique	66	08-021	44.80	25m	10-2-80	Heerhugowaard (NED)	188
188.	van der Horst Sacha	69	08-021	44.80	25m	7-11-81	Heemskerk (NED)	188
188.	Ligterink Angela	76	08-021	44.80	25m	15-3-87	Heemskerk (NED)	188
191.	van Rijn Eline	07	08-021	44.83	25m	30-10-16	Den Helder (NED)	187
192.	Buitenhuis Danine	91	08-021	44.87	25m	31-10-02	Heemskerk	187
193.	Regelink Anneke	83	08-021	44.89	25m	14-11-99	Zaandam (NED)	186
194.	van Giezen Irene	67	08-021	45.00	25m	7-11-81	Heemskerk (NED)	185
195.	Groot Irma	63	08-021	45.20	25m	14-9-76	Heemskerk (NED)	183
195.	Watertor Anne-Marie	65	08-021	45.20	25m	7-12-76	Heemskerk (NED)	183
195.	Mulder Amy	80	08-021	45.20	25m	12-5-93		183
198.	Missot Gonda	66	08-021	45.30	25m	14-9-76	Heemskerk (NED)	181
198.	Lund Jolanda	65	08-021	45.30	25m	10-2-80	Heerhugowaard (NED)	181
198.	Cappelle Marcella	85	08-021	45.30	25m	25-1-98	Zaandam (NED)	181
201.	Windmuller Annemarie	67	08-021	45.50	25m	13-10-79	Heemskerk (NED)	179
202.	Schut Bodine	09	08-021	45.72	25m	31-10-21	Heemskerk (NED)	176
203.	van Putten Demi	96	08-021	45.79	25m	29-5-11	Purmerend (NED)	176
204.	de Groot Sjors	08	08-021	45.82	25m	4-10-26	Purmerend (NED)	175
205.	de Graaf Isabella	04	08-021	45.90	25m	30-1-20	Heemskerk (NED)	174
206.	Smit Lydia	84	08-021	45.98	25m	29-10-98	Heemskerk (NED)	174
207.	Haack Fenna	16	08-021	46.03	25m	11-10-26	Zaandam (NED)	173
208.	Essers Patricia	84	08-021	46.09	25m	14-11-99	Zaandam (NED)	172
209.	van Gent Anja	66	08-021	46.10	25m	10-2-80	Heerhugowaard (NED)	172
210.	Weezepoel Natascha	07	08-021	46.41	25m	15-9-19	Zaandam (NED)	169
211.	Meesters Audrey	90	08-021	46.42	25m	27-4-03	Zaandam	169
212.	Sahin Súmeyye Sena	10	08-021	46.54	25m	7-12-23	Heemskerk (NED)	167
213.	de Groot Marlijn	92	08-021	46.73	25m	25-11-04	Heemskerk (NED)	165
214.	Dijkstra Pascal	89	08-021	47.08	25m	21-3-99	Assendelft (NED)	162
215.	Bakker Anna	97	08-021	47.09	25m	18-1-09	Haarlem (NED)	161
215.	de Boer Isabel	06	08-021	47.09	50m	5-12-15	Beverwijk (NED)	189
217.	Calkhoven Mariëtte	65	08-021	47.20	25m	14-9-76	Heemskerk (NED)	160
218.	Smit Ingrid	67	08-021	47.30	25m	22-11-80	Heemskerk (NED)	159
218.	Rodenburg Kyra	96	08-021	47.30	25m	1-10-06	Volendam (NED)	159
220.	Dekker Elise	97	08-021	47.32	25m	15-1-06	Zaandam (NED)	159
221.	Last Rooske	94	08-021	47.39	25m	20-5-10	Heemskerk (NED)	158
222.	Sierra Ana Maria	69	08-021	47.50	25m	7-11-81	Heemskerk (NED)	157
223.	de Pree Marlies	66	08-021	47.70	25m	10-2-80	Heerhugowaard (NED)	155

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224.	Bakker Daniëlle	96	08-021	47.79	25m	16-3-08	Zaandam (NED)	154
225.	Wiesener Winnifred	62	08-021	47.80	25m	7-12-76	Heemskerk (NED)	154
225.	Peters Yvonne	63	08-021	47.80	25m	7-11-81	Heemskerk (NED)	154
225.	Hoogervorst Marlon	84	08-021	47.80	25m	23-2-95	Heemskerk (NED)	154
228.	van Ederen Jasmijn	10	08-021	47.94	25m	15-9-19	Zaandam (NED)	153
229.	Mosch Sabina	84	08-021	48.00	25m	6-2-97	Heemskerk (NED)	152
230.	Bouwer Jolien	89	08-021	48.08	25m	31-5-01	Heemskerk (NED)	152
231.	van Asch Maria	74	08-021	48.10	25m	3-2-93		151
232.	Bakker Lisette	83	08-021	48.14	25m	29-10-98	Heemskerk (NED)	151
233.	Rijpkema Marije	85	08-021	48.39	25m	25-4-02	Heemskerk	149
234.	van Leen Cynthia	81	08-021	48.40	25m	14-3-96	Heemskerk (NED)	149
235.	Mes Norah	13	08-021	48.42	25m	11-12-25	Heemskerk (NED)	149
236.	van Leeuwen Andrea	71	08-021	48.60	25m	7-11-81	Heemskerk (NED)	147
237.	Pezo Adna	90	08-021	48.77	25m	29-11-01	Heemskerk	145
238.	Terhorst Ilja	67	08-021	48.80	25m	13-10-79	Heemskerk (NED)	145
238.	van den Braber Liesbeth	84	08-021	48.80	25m	22-3-98	Assendelft (NED)	145
240.	Schelvis Liselot	92	08-021	48.91	25m	5-10-03	Heemskerk (NED)	144
241.	Aardenburg Judith	93	08-021	48.95	25m	28-10-04	Heemskerk (NED)	144
242.	Zijlstra Mariëlle	83	08-021	49.00	25m	9-11-95	Heemskerk (NED)	143
243.	Lange Sandra	67	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	141
244.	van Dijk Yvonne	65	08-021	49.40	25m	14-9-76	Heemskerk (NED)	140
245.	van Perlo Ingrid	73	08-021	49.50	25m	2-9-84	Heemskerk (NED)	139
246.	Haack Zowi	18	08-021	49.52	25m	24-5-26	Purmerend (NED)	139
247.	van der Horst Wendy	72	08-021	49.60	25m	1-11-81	Bergen (NED)	138
248.	Martens Iandra	03	08-021	49.98	25m	17-1-16	Purmerend (NED)	135
249.	van der Does Lisa	02	08-021	50.06	25m	2-3-14	Haarlem (NED)	134
250.	Hoeksema Kim	90	08-021	50.11	25m	28-3-02	Heemskerk	134
251.	van Eif Ans	62	08-021	50.30	25m	16-3-80	Heemskerk (NED)	132
251.	Potemans Priscilla	84	08-021	50.30	25m	7-11-96	Heemskerk (NED)	132
253.	van Laarhoven Salome	15	08-021	50.32	25m	25-10-26	Heemskerk (NED)	132
254.	Beentjes Daphne	91	08-021	50.37	25m	27-4-03	Zaandam	132
255.	van Roon Jill	14	08-021	50.42	25m	4-10-26	Purmerend (NED)	131
256.	Koper Selma	03	08-021	50.52	25m	21-3-13	Heemskerk (NED)	131
257.	Doodeman Sara	00	08-021	50.57	25m	3-10-10	Zaandam (NED)	130
258.	Keessen Pam	62	08-021	50.60	25m	7-12-76	Heemskerk (NED)	130
259.	Koopman Jessie	97	08-021	50.71	25m	21-3-10	Zaandam (NED)	129
260.	Lensen Sarian	89	08-021	50.76	25m	30-10-03	Heemskerk	129
261.	Welboren Els	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	129
261.	Mans Joyce	67	08-021	50.80	25m	10-2-80	Heerhugowaard (NED)	129
263.	Yayli Serina	90	08-021	50.88	25m	28-3-02	Heemskerk	128
264.	Snijder Femke	83	08-021	50.90	25m	24-3-94	Heemskerk (NED)	128
265.	Doevendans Phileine	06	08-021	50.91	25m	17-3-16	Heemskerk (NED)	128
266.	Gelsumino Giulia	03	08-021	51.14	25m	10-12-15	Heemskerk (NED)	126
267.	Pirovano Monique	69	08-021	51.20	25m	16-3-80	Heemskerk (NED)	126
268.	Liefting Marielle	90	08-021	51.29	25m	31-10-02	Heemskerk	125
269.	Vellinga Yvonne	64	08-021	51.50	25m	14-9-76	Heemskerk (NED)	123
270.	Huisman Caroline	64	08-021	51.70	25m	31-12-74		122
271.	Beeksma Anne	88	08-021	51.72	25m	29-3-01	Heemskerk (NED)	122
272.	Zeeman Judith	70	08-021	51.90	25m	7-11-81	Heemskerk (NED)	120
273.	Werdekker Marjolein	81	08-021	52.00	25m	10-4-97	Heemskerk (NED)	120
273.	Kuijper Michelle	91	08-021	52.00	25m	7-10-01	Zaandam (NED)	120
275.	Copier Alyssa	04	08-021	52.04	25m	10-2-13	Haarlem (NED)	120
276.	Terluin Suus	09	08-021	52.06	25m	5-3-20	Heemskerk (NED)	119

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277.	van Galen Marion	61	08-021	52.20	25m	7-12-76	Heemskerk (NED)	118
278.	Herwegh Izayra Rena	14	08-021	52.34	50m	7-12-24	Beverwijk (NED)	138
279.	Oliveira Rocha Yara	17	08-021	52.38	25m	15-12-24	Amsterdam (NED)	117
280.	van den Heuvel Sandra	80	08-021	52.40	25m	1-11-89		117
281.	van Hiele Femke	13	08-021	52.68	25m	4-10-26	Purmerend (NED)	115
282.	Welboren Julia	00	08-021	52.84	25m	11-12-11	Zaandam (NED)	114
283.	van der Eng Laura	80	08-021	52.90	25m	9-11-95	Heemskerk (NED)	114
284.	Nijman Linda	89	08-021	52.94	25m	25-1-01	Heemskerk (NED)	114
285.	Buur Carina	64	08-021	53.00	25m	7-12-76	Heemskerk (NED)	113
286.	Salido Keesje	05	08-021	53.12	25m	19-2-15	Heemskerk (NED)	112
287.	van Noort Jony	85	08-021	53.20	25m	14-3-96	Heemskerk (NED)	112
288.	Numan Annelies	63	08-021	53.30	25m	7-12-76	Heemskerk (NED)	111
289.	de Buyzer Anita	67	08-021	53.60	25m	10-2-80	Heerhugowaard (NED)	109
290.	van Dam Merel	14	08-021	53.66	25m	25-10-26	Heemskerk (NED)	109
291.	Kesting Alexandra	00	08-021	53.82	25m	7-2-10	Haarlem (NED)	108
292.	Post Aijuna	14	08-021	53.88	25m	29-9-24	Krommenie (NED)	108
293.	Jonker Monique	66	08-021	54.00	25m	7-12-76	Heemskerk (NED)	107
293.	Zuidervaart Anne	02	08-021	54.00	25m	22-1-12	Zaandam (NED)	107
295.	Schijf Irene	83	08-021	54.10	25m	23-2-95	Heemskerk (NED)	106
296.	Nobels Marlies	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	106
297.	Boonstra Esmé	02	08-021	54.39	25m	21-3-13	Heemskerk (NED)	105
298.	Kerkhoven Michelle	91	08-021	54.50	25m	25-1-01	Heemskerk (NED)	104
299.	van Duivenvoorde Sanne	93	08-021	54.64	25m	31-10-02	Heemskerk	103
300.	van Ruth Yoore	78	08-021	54.70	25m	10-1-91	Heemskerk (NED)	103
300.	Werdekker Esther	83	08-021	54.70	25m	7-11-96	Heemskerk (NED)	103
302.	Beentjes Esther	66	08-021	54.80	25m	7-12-76	Heemskerk (NED)	102
303.	Koper Ella	90	08-021	54.82	25m	28-3-02	Heemskerk	102
304.	Banks Riley	17	08-021	54.93	25m	27-10-24	Zaandam (NED)	102
305.	de Graaf Dinie	71	08-021	55.00	25m	7-11-81	Heemskerk (NED)	101
306.	van der Wijden Eline	88	08-021	55.14	25m	29-3-01	Heemskerk (NED)	100
307.	Elghandor Kiyaan	03	08-021	55.29	25m	18-1-15	Zaandam (NED)	100
308.	de Weers Anne-Michelle	63	08-021	55.40	25m	7-12-76	Heemskerk (NED)	99
308.	Doll Maartje	80	08-021	55.40	25m	8-10-92	Heemskerk (NED)	99
310.	Eijndhoven Jonna	02	08-021	55.43	25m	30-9-12	Heemskerk (NED)	99
311.	Huber Emma	13	08-021	55.76	25m	8-2-26	Purmerend (NED)	97
312.	Zwart Ellen	65	08-021	55.90	25m	7-12-76	Heemskerk (NED)	96
312.	Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)	96
314.	Huisman Lianne	87	08-021	55.98	25m	29-3-01	Heemskerk (NED)	96
315.	Reiss Katinka	65	08-021	56.00	25m	7-12-76	Heemskerk (NED)	96
316.	Breems Jolanda	62	08-021	56.10	25m	7-12-76	Heemskerk (NED)	95
316.	van der Leden Laura	68	08-021	56.10	25m	10-12-77	Heemskerk (NED)	95
318.	van Rijn Ilona	65	08-021	56.20	25m	7-12-76	Heemskerk (NED)	95
319.	Glorie Astrid	63	08-021	56.60	25m	7-12-76	Heemskerk (NED)	93
320.	Ramazani Helia	16	08-021	56.78	50m	13-6-26	Bückeburg (GER)	108
321.	de Wit Yvonne	66	08-021	57.00	25m	7-12-76	Heemskerk (NED)	91
322.	Hoekstra Femke	05	08-021	57.41	25m	7-9-14	Zaandam (NED)	89
323.	Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)	88
324.	van Ess Zoe	14	08-021	57.78	25m	25-10-26	Heemskerk (NED)	87
325.	Kuijl Karin	65	08-021	57.90	25m	7-12-76	Heemskerk (NED)	87
326.	van Zalingen Margreet	67	08-021	58.00	25m	7-12-76	Heemskerk (NED)	86
327.	Feenstra Petra	71	08-021	58.30	25m	7-11-81	Heemskerk (NED)	85
328.	Zonneveld Jennifer	88	08-021	58.51	25m	29-3-01	Heemskerk (NED)	84
329.	Breems Silvia	65	08-021	58.70	25m	7-12-76	Heemskerk (NED)	83

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330.	Claesens Freeke	64	08-021	58.90	25m	14-9-76	Heemskerk (NED)	82
331.	van 't Hof Manon	90	08-021	58.93	25m	28-3-02	Heemskerk	82
332.	Slotemaker Britt	14	08-021	58.98	25m	8-5-25	Heemskerk (NED)	82
333.	Vledder Sarah	14	08-021	59.09	25m	25-10-26	Heemskerk (NED)	81
334.	Beemsterboer Petra	68	08-021	59.10	25m	16-3-80	Heemskerk (NED)	81
335.	Boere Sacha	91	08-021	59.41	25m	28-10-04	Heemskerk (NED)	80
336.	Doodeman Lieke	16	08-021	59.74	25m	27-9-26	Krommenie (NED)	79
337.	van Wijngaarden Linda	65	08-021	59.80	25m	7-12-76	Heemskerk (NED)	79
338.	Reuderink Miranda	63	08-021	1:00.30	25m	14-9-76	Heemskerk (NED)	77
339.	Bovekerk Annefleur	99	08-021	1:00.33	25m	24-9-09	Heemskerk (NED)	77
340.	Sanen Casey	99	08-021	1:00.47	25m	26-2-09	Heemskerk (NED)	76
341.	Heus Inge	81	08-021	1:00.80	25m	13-6-91	Heemskerk (NED)	75
342.	Hoorn Linsey	94	08-021	1:00.86	25m	31-3-05	Heemskerk (NED)	75
343.	Steenkamp Meagan	08	08-021	1:01.15	25m	21-4-22	Heemskerk (NED)	73
344.	Woering Aletta	64	08-021	1:01.20	25m	7-12-76	Heemskerk (NED)	73
345.	Kraamer Carla	66	08-021	1:01.40	25m	7-12-76	Heemskerk (NED)	73
346.	van Megen Carla	65	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	71
347.	Morianner Susanna	72	08-021	1:01.90	25m	7-11-81	Heemskerk (NED)	71
348.	Gozeling Monique	67	08-021	1:02.10	25m	7-12-76	Heemskerk (NED)	70
349.	Bruins Bianca	81	08-021	1:02.20	25m	7-11-96	Heemskerk (NED)	70
350.	Halbersma Jenny	70	08-021	1:02.60	25m	7-11-81	Heemskerk (NED)	68
351.	Verduin Pluk	16	08-021	1:02.62	25m	27-9-26	Krommenie (NED)	68
352.	ten Cate Naomi	93	08-021	1:02.84	25m	24-4-03	Heemskerk	68
353.	Jonker Nicole	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	66
354.	Stoker Ianthe	84	08-021	1:04.40	25m	13-3-97	Heemskerk (NED)	63
355.	Vet Mariska	66	08-021	1:04.80	25m	7-12-76	Heemskerk (NED)	62
356.	Kerdijk Lianne	81	08-021	1:05.10	25m	4-4-91	Heemskerk (NED)	61
357.	Gijzen Monique	68	08-021	1:05.20	25m	7-12-76	Heemskerk (NED)	61
358.	van der Leden Cynthia	66	08-021	1:05.30	25m	14-9-76	Heemskerk (NED)	60
359.	de Weers Marit	15	08-021	1:05.70	25m	2-4-23	Haarlem (NED)	59
360.	Zieck Esther	67	08-021	1:05.90	25m	7-12-76	Heemskerk (NED)	59
361.	Vonk Bea	67	08-021	1:06.30	25m	7-11-81	Heemskerk (NED)	58
362.	Kara Melek	17	08-021	1:07.61	25m	18-10-26	Den Helder (NED)	54
363.	Janssen Tess	89	08-021	1:07.70	25m	12-2-98	Heemskerk (NED)	54
364.	Lammers Angelique	68	08-021	1:08.00	25m	7-12-76	Heemskerk (NED)	53
365.	de Jong Frederike	75	08-021	1:08.60	25m	3-2-93		52
366.	Verdonk Michaela	68	08-021	1:12.50	25m	7-12-76	Heemskerk (NED)	44
367.	van Roon Lexie	18	08-021	1:13.35	25m	27-9-26	Krommenie (NED)	42
368.	Burgering Anouk	12	08-021	1:14.20	25m	21-4-22	Heemskerk (NED)	41
369.	Harke Lily Rose	16	08-021	1:14.52	25m	11-12-25	Heemskerk (NED)	40
370.	Reuderink Bettina	67	08-021	1:14.60	25m	7-12-76	Heemskerk (NED)	40
371.	Dekker Jane	17	08-021	1:15.08	25m	24-10-24	Heemskerk (NED)	39
372.	Berghuis Sascha	68	08-021	1:16.80	25m	16-3-80	Heemskerk (NED)	37
373.	Windmuller Jolande	65	08-021	1:17.00	25m	7-12-76	Heemskerk (NED)	37
374.	Gozeling Jolanda	68	08-021	1:20.60	25m	7-12-76	Heemskerk (NED)	32
375.	Mooy Monique	69	08-021	1:23.10	25m	7-12-76	Heemskerk (NED)	29
376.	Dekker Ivy	16	08-021	1:25.08	25m	24-10-24	Heemskerk (NED)	27
377.	Gravemaker Sandra	68	08-021	1:26.40	25m	7-12-76	Heemskerk (NED)	26
378.	Heesen Marieke	65	08-021	1:27.40	25m	7-12-76	Heemskerk (NED)	25
379.	Duyn Elaine	68	08-021	1:27.80	25m	7-12-76	Heemskerk (NED)	24
380.	Raaymakers Marjolein	68	08-021	1:32.20	25m	7-12-76	Heemskerk (NED)	21
381.	van der Meij Michelle	68	08-021	1:32.70	25m	7-12-76	Heemskerk (NED)	21
382.	Dorlandt Yvonne	69	08-021	1:35.00	25m	7-12-76	Heemskerk (NED)	19

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383.	Onyemuna Gianna	12	08-021	1:35.66	25m	21-4-22	Heemskerk (NED)	19
384.	Bos Froke	69	08-021	1:37.00	25m	7-12-76	Heemskerk (NED)	18
385.	Koper Leny	69	08-021	1:37.50	25m	7-12-76	Heemskerk (NED)	18
386.	Schrauwen Riva	18	08-021	1:39.06	25m	18-10-26	Den Helder (NED)	17
387.	Hilbers Erna	69	08-021	1:53.00	25m	7-12-76	Heemskerk (NED)	11
388.	Reeuwijk Danielle	70	08-021	1:54.80	25m	7-12-76	Heemskerk (NED)	11
389.	Onyemuna Nicole	14	08-021	2:27.38	25m	21-4-22	Heemskerk (NED)	5

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1.	Broek Jade	97	08-021	1:06.99	25m	24-3-19	Purmerend (NED)	554
2.	Kingma Danae	00	08-021	1:07.00	25m	24-3-19	Purmerend (NED)	554
3.	Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	505
4.	Hoekstra Eline	03	08-021	1:10.41	25m	17-2-22	Heemskerk (NED)	477
5.	Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)	453
6.	Wentink Yara	04	08-021	1:11.77	25m	24-10-24	Heemskerk (NED)	450
7.	Koper Fiona	01	08-021	1:11.99	25m	17-6-18	Alkmaar (NED)	446
8.	Siemerink Laura	04	08-021	1:12.17	25m	23-11-19	Hoofddorp (NED)	443
9.	Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)	442
10.	van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)	437
11.	Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)	435
12.	Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)	428
13.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	427
14.	Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	422
15.	Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	422
16.	Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)	418
17.	Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)	407
18.	Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)	399
19.	Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)	393
20.	Gijzen-van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)	392
21.	de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86		390
22.	Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)	389
23.	Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	382
24.	Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk	376
25.	de Roode Xara	08	08-021	1:16.23	25m	15-3-26	Heemskerk (NED)	376
26.	Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)	375
27.	Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam	374
28.	Essers Sanne	91	08-021	1:16.44	25m	8-4-07	Haarlem (NED)	373
28.	Crok Annemarie	89	08-021	1:16.44	25m	17-11-11	Heemskerk (NED)	373
30.	Palmboom Nicole	91	08-021	1:16.47	25m	30-9-07	Volendam (NED)	372
31.	Drubers Mirjam	67	08-021	1:16.50	25m	6-10-85	Wormerveer (NED)	372
32.	Hoek Daniëlle	88	08-021	1:16.53	25m	11-3-12	Zaandam (NED)	371
33.	de Haan Shira	00	08-021	1:16.55	25m	5-6-17	Purmerend (NED)	371
34.	Vink Lidewij	90	08-021	1:16.71	25m	30-9-07	Volendam (NED)	369
35.	Stel Serena	98	08-021	1:16.75	25m	5-4-10	Haarlem (NED)	368
36.	Petit Kirsten	00	08-021	1:17.06	25m	10-12-15	Heemskerk (NED)	364
37.	van Assema Eline	05	08-021	1:17.11	25m	3-11-19	Purmerend (NED)	363
38.	Koopman Anitra	89	08-021	1:17.16	25m	16-1-05	Zaandam (NED)	362
39.	Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83		360
40.	de Boer Irene	84	08-021	1:17.31	25m	12-12-99	Heemskerk (NED)	360
41.	Herwegh Binthy	09	08-021	1:17.39	25m	24-10-24	Heemskerk (NED)	359
42.	van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)	359
43.	Scholten Britt	04	08-021	1:17.63	25m	24-3-19	Purmerend (NED)	356

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44.	van der Gracht Anouk	89	08-021	1:17.74	25m	18-3-07	Heemskerk (NED)	354
45.	Stam Vanessa	80	08-021	1:17.80	25m	29-5-97	Heemskerk	353
46.	Haasbroek Renske	03	08-021	1:17.87	25m	28-1-24	Heemskerk (NED)	352
47.	van Duin Margret	60	08-021	1:18.00	25m	31-12-79		351
47.	Stam Sabrina	82	08-021	1:18.00	25m	12-2-98	Heemskerk (NED)	351
49.	Koopman Inge	93	08-021	1:18.09	25m	13-3-22	Den Helder (NED)	349
50.	de Groot Daniëlle	93	08-021	1:18.10	25m	9-3-08	Heemskerk (NED)	349
51.	Verbree Bets	63	08-021	1:18.20	25m	17-1-82		348
52.	Groot Tineke	60	08-021	1:18.30	25m	27-1-80	Zaandam (NED)	347
52.	van Staveren Marina	78	08-021	1:18.30	25m	13-5-12	Grootebroek (NED)	347
54.	van Eerden Meike	00	08-021	1:18.76	25m	15-12-22	Heemskerk (NED)	341
55.	van Ballegooie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)	337
56.	Niesten Iris	92	08-021	1:19.13	25m	11-4-10	Zaandam (NED)	336
57.	Pover Karin	67	08-021	1:19.90	25m	4-10-87	Zaandam (NED)	326
58.	Boekling Annette	85	08-021	1:19.97	25m	28-3-02	Heemskerk	325
59.	van de Poll Marianne	89	08-021	1:20.06	25m	26-2-04	Heemskerk (NED)	324
60.	Blaauw Yente	03	08-021	1:20.07	25m	29-11-18	Heemskerk (NED)	324
61.	Spijker Kristel	84	08-021	1:20.25	25m	13-3-11	Heemskerk (NED)	322
62.	Schoonderwoerd Rianne	95	08-021	1:20.43	25m	23-4-23	Den Helder (NED)	320
63.	Heus Pauline	78	08-021	1:20.50	25m	10-12-95	Heemskerk (NED)	319
63.	de Boer Maia	03	08-021	1:20.50	25m	15-12-22	Heemskerk (NED)	319
65.	Vink Marjolein	93	08-021	1:20.67	25m	9-3-08	Heemskerk (NED)	317
66.	Visser Kelly	89	08-021	1:20.89	25m	11-11-12	Schagen (NED)	314
67.	Dijkstra Ingrid	68	08-021	1:21.50	25m	21-3-82		307
67.	Dijkstra Lisette	86	08-021	1:21.50	25m	8-3-98	Zaandam (NED)	307
69.	Liefting Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)	307
70.	Butter Anouk	82	08-021	1:21.54	25m	26-2-04	Heemskerk (NED)	307
71.	Limmen Karin	76	08-021	1:21.70	25m	3-4-93		305
72.	Teufer Irene	96	08-021	1:21.82	25m	25-11-07	Amsterdam (NED)	304
73.	Angenent Nienke	01	08-021	1:21.93	25m	29-3-15	Zaandam (NED)	303
74.	Besse Karen	75	08-021	1:22.00	25m	22-9-91	Zaandam (NED)	302
75.	van der Geest Saskia	73	08-021	1:22.30	25m	18-9-88	Heemskerk (NED)	298
76.	Hermans Liesbeth	66	08-021	1:22.40	25m	24-1-82		297
77.	de Wildt Maud	05	08-021	1:22.62	25m	23-4-23	Den Helder (NED)	295
78.	van Ballegooie Stefanie	86	08-021	1:22.69	25m	7-4-02	Heemskerk	294
79.	van der Horst Sacha	69	08-021	1:22.70	25m	15-3-81	Z.O. Beemster (NED)	294
79.	Schuyt Simone	75	08-021	1:22.70	25m	30-9-90	Assendelft (NED)	294
81.	Tholen Kirsten	66	08-021	1:22.80	25m	6-10-85	Wormerveer (NED)	293
82.	van Giezen Corina	68	08-021	1:22.90	25m	7-2-82		292
83.	Zwaan Melissa	91	08-021	1:23.08	25m	28-12-03	Maastricht (NED)	290
84.	Zonneveld Cindy	75	08-021	1:23.30	25m	24-4-93		288
85.	van Langelaar Tessa	97	08-021	1:23.59	25m	21-4-13	Heemskerk (NED)	285
86.	van Rookhuizen Sieta	79	08-021	1:23.60	25m	17-3-94	Heemskerk	285
87.	Renkema Iris	04	08-021	1:23.71	25m	12-2-17	Purmerend (NED)	284
88.	de Boer Claudia	77	08-021	1:23.80	25m	24-2-91	Heemskerk (NED)	283
88.	Krouwels Tanja	79	08-021	1:23.80	25m	15-2-98	Assendelft (NED)	283
90.	Zwarthoed Brenda	96	08-021	1:24.08	25m	27-3-08	Heemskerk (NED)	280
91.	Bakkum Wilma	62	08-021	1:24.20	25m	12-10-80	Wormerveer (NED)	279
92.	de Ruijter Linda	87	08-021	1:24.44	25m	10-12-15	Heemskerk (NED)	276
93.	Oudendijk Bianca	79	08-021	1:24.60	25m	15-10-94		275
94.	Huisman Jolanda	68	08-021	1:24.80	25m	12-2-84	Heemskerk (NED)	273
95.	Dreyer Elly	63	08-021	1:24.90	25m	27-1-80	Zaandam (NED)	272
95.	Deiman Caroline	67	08-021	1:24.90	25m	18-2-89		272

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97.	van Koeveringe Nicole	93	08-021	1:24.93	25m	24-9-09	Heemskerk (NED)	272
98.	Moolevliet Petra	82	08-021	1:25.10	25m	6-4-96	Haarlem (NED)	270
99.	ten Cate Joyce	80	08-021	1:25.11	25m	4-5-00	Heemskerk (NED)	270
100.	van Huisstede Nikita	01	08-021	1:25.15	25m	10-12-15	Heemskerk (NED)	269
101.	Hofland Yasmin	01	08-021	1:25.18	25m	15-11-15	Purmerend (NED)	269
101.	van Rijn Sydney	03	08-021	1:25.18	25m	29-11-18	Heemskerk (NED)	269
103.	Smid Diane	65	08-021	1:25.48	25m	13-5-07	Grootebroek (NED)	266
104.	Visser Stacey	87	08-021	1:25.65	25m	22-4-01	Heemskerk (NED)	265
105.	Steenbakker Lisan	07	08-021	1:25.79	25m	7-12-23	Heemskerk (NED)	263
106.	Zonneveld Melissa	88	08-021	1:25.90	25m	13-3-05	Amsterdam (NED)	262
107.	Bruin Adri	74	08-021	1:26.00	25m	30-9-89		262
108.	Schaefer Lisa	06	08-021	1:26.24	25m	13-10-19	Heemskerk (NED)	259
109.	Herwegh Yara	07	08-021	1:26.28	25m	24-10-24	Heemskerk (NED)	259
110.	de Vriend Sofie	01	08-021	1:26.36	25m	3-6-12	Zaandam (NED)	258
111.	van Galen Angela	65	08-021	1:26.40	25m	2-3-80	Heemskerk (NED)	258
112.	Bouwman Esther	63	08-021	1:26.50	25m	19-2-78	Assendelft (NED)	257
112.	van Sikkelerus Lisa	99	08-021	1:26.50	25m	7-4-13	Castricum (NED)	257
114.	Hogema Fabiën	93	08-021	1:26.65	25m	26-11-06	Heemskerk (NED)	256
115.	Vredenburg Roos	95	08-021	1:26.82	25m	11-4-10	Zaandam (NED)	254
116.	Veldhuis Amelia	03	08-021	1:26.93	25m	23-4-23	Den Helder (NED)	253
117.	van Velsen Patricia	79	08-021	1:27.50	25m	27-4-95	Heemskerk (NED)	248
118.	Rodenburg Rianne	93	08-021	1:27.57	25m	26-11-06	Heemskerk (NED)	248
119.	Bakker Jesca	79	08-021	1:27.60	25m	31-5-90	Heemskerk (NED)	247
120.	van de Kamp Yvonne	65	08-021	1:27.70	25m	17-1-82		247
121.	Knight Kayleigh	00	08-021	1:27.94	25m	1-10-17	Purmerend (NED)	245
122.	Nijholt Carin	60	08-021	1:28.00	25m	21-5-78	Heemskerk (NED)	244
123.	Hoek Laura	86	08-021	1:28.30	25m	21-12-99	Heemskerk (NED)	242
124.	Cappelle Carlijn	82	08-021	1:28.79	25m	11-10-98	Alkmaar (NED)	238
125.	de Groot Gitta	60	08-021	1:29.00	25m	10-12-77	Heemskerk (NED)	236
126.	van Giezen Wendy	70	08-021	1:29.10	25m	22-1-84	Zandvoort (NED)	235
127.	de Vries Chrissie	93	08-021	1:29.29	25m	31-5-07	Heemskerk (NED)	234
128.	ten Cate Ilona	85	08-021	1:29.42	25m	27-11-05	Heemskerk (NED)	233
129.	van Vliet Isabel	02	08-021	1:29.43	25m	18-3-18	Purmerend (NED)	232
130.	Lund Karin	63	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
130.	Niesten Annet	62	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
132.	Koper Birgit	87	08-021	1:29.51	25m	24-4-03	Heemskerk	232
133.	Ivens Suzanne	99	08-021	1:29.53	25m	18-1-15	Zaandam (NED)	232
134.	Plokker Sylvia	68	08-021	1:29.60	25m	1-11-81	Bergen (NED)	231
135.	Lindelauf Priscilla	85	08-021	1:29.69	25m	29-3-01	Heemskerk (NED)	230
136.	Palthe Yvonne	67	08-021	1:29.80	25m	18-10-81	Heemskerk (NED)	230
136.	Besse Meta	78	08-021	1:29.80	25m	10-3-91	Heemskerk (NED)	230
138.	Buur Cindy	99	08-021	1:29.89	25m	2-10-16	Purmerend (NED)	229
139.	Schaaper Margriet	62	08-021	1:30.20	25m	7-5-78	Assendelft (NED)	227
139.	Berloth Lydia	68	08-021	1:30.20	25m	6-2-83		227
141.	Bakker Daniëlle	96	08-021	1:30.22	25m	18-1-09	Haarlem (NED)	226
142.	Visser Robin	05	08-021	1:30.29	25m	18-3-18	Purmerend (NED)	226
143.	Windmuller Annemarie	67	08-021	1:30.40	25m	16-3-80	Zandvoort (NED)	225
143.	Limmen Miriam	75	08-021	1:30.40	25m	7-12-89	Heemskerk (NED)	225
143.	Oosterveen Yvonne	80	08-021	1:30.40	25m	7-10-92		225
146.	de Boer Angela	80	08-021	1:30.50	25m	17-3-94	Heemskerk	224
147.	Steenkamp Ciska	90	08-021	1:30.64	25m	10-6-01	Zaandam (NED)	223
148.	Huisman Caroline	64	08-021	1:30.70	25m	12-2-78	Heemskerk (NED)	223
149.	Dijkstra Maud	84	08-021	1:31.10	25m	26-4-98	Alkmaar (NED)	220

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150.	Bos Marieke	06	08-021	1:31.19	25m	10-2-19	Purmerend (NED)	219
151.	Visser Shana	04	08-021	1:31.27	25m	28-3-16	Haarlem (NED)	219
152.	Limmen Anita	78	08-021	1:31.50	25m	25-4-93	Heemskerk (NED)	217
153.	Nijman José	93	08-021	1:31.55	25m	27-3-08	Heemskerk (NED)	217
154.	Peters Yvonne	63	08-021	1:31.60	25m	6-10-85	Wormerveer (NED)	216
155.	Rasch Monique	66	08-021	1:31.70	25m	16-1-83	Heemskerk (NED)	216
155.	Nemchonok Alisa	82	08-021	1:31.70	25m	28-1-99	Heemskerk (NED)	216
157.	Butter Noor	16	08-021	1:31.72	25m	6-4-26	Haarlem (NED)	215
158.	Raszinski Nienke	01	08-021	1:31.81	25m	11-5-14	Purmerend (NED)	215
159.	Missot Gonda	66	08-021	1:31.90	25m	15-9-79	Heemskerk (NED)	214
160.	Soellaart Esther	13	08-021	1:32.03	25m	25-10-26	Heemskerk (NED)	213
161.	van Leeuwen Andrea	71	08-021	1:32.20	25m	7-1-84	Hilversum (NED)	212
162.	de Graaf Dinie	71	08-021	1:32.30	25m	23-9-84	Heemskerk (NED)	211
163.	de Vries Justine	83	08-021	1:32.50	25m	13-3-97	Heemskerk (NED)	210
164.	Grul Lisanne	97	08-021	1:32.51	25m	22-1-12	Zaandam (NED)	210
165.	Sobh Shaime	03	08-021	1:32.54	25m	4-10-15	Purmerend (NED)	210
166.	Stel Kaylin	01	08-021	1:32.72	25m	5-4-10	Haarlem (NED)	209
167.	de Wolff Isabel	01	08-021	1:33.06	25m	10-12-15	Heemskerk (NED)	206
168.	Wieman Lianne	03	08-021	1:33.13	25m	18-1-18	Heemskerk (NED)	206
169.	Hommersen Sandra	84	08-021	1:33.30	25m	13-3-97	Heemskerk (NED)	205
170.	Oortwijn Jytte	10	08-021	1:33.36	25m	11-12-25	Heemskerk (NED)	204
171.	van Giezen Sandra	63	08-021	1:33.40	25m	16-1-83	Heemskerk (NED)	204
172.	Huneker Jolanda	79	08-021	1:33.50	25m	21-9-97	Alkmaar (NED)	203
173.	de Vries Cathy	77	08-021	1:33.90	25m	2-11-91		201
174.	Schut Bodine	09	08-021	1:34.27	25m	31-10-21	Heemskerk (NED)	198
175.	Regelink Anneke	83	08-021	1:34.30	25m	28-1-99	Heemskerk (NED)	198
176.	van Perlo Ingrid	73	08-021	1:34.50	25m	7-10-84	Volendam (NED)	197
177.	de Graaf Isabella	04	08-021	1:34.67	25m	17-2-22	Heemskerk (NED)	196
178.	van Rijn Eline	07	08-021	1:34.77	25m	27-11-16	Zaandam (NED)	195
179.	de Jong Desire	73	08-021	1:35.10	25m	27-9-87	Zaandam (NED)	193
180.	Wiegman Brenda	72	08-021	1:35.30	25m	7-10-84	Volendam (NED)	192
181.	Bruin Marianne	78	08-021	1:35.40	25m	7-2-91	Heemskerk (NED)	191
182.	Hoorn Linsey	94	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)	225
183.	Zonneveld Monica	80	08-021	1:35.50	25m	7-10-92		191
184.	Beentjes Nicolet	80	08-021	1:35.51	25m	7-3-99	Zaandam (NED)	191
185.	Weezepoel Natascha	07	08-021	1:35.68	25m	21-11-21	Den Helder (NED)	190
186.	Bruins Julia	06	08-021	1:35.76	25m	26-3-26	Heemskerk (NED)	189
187.	Viel Bianca	85	08-021	1:35.95	25m	4-5-00	Heemskerk (NED)	188
188.	de Loos Marijke	94	08-021	1:36.07	25m	7-2-10	Heemstede (NED)	187
189.	Mulder Amy	80	08-021	1:36.10	25m	21-2-93	(NED)	187
190.	van Giezen Irene	67	08-021	1:36.30	25m	29-11-81	Zaandam (NED)	186
191.	Mosch Sabina	84	08-021	1:36.36	25m	22-11-98	Zaandam (NED)	186
192.	Pover Ellen	72	08-021	1:36.50	25m	7-1-84	Hilversum (NED)	185
193.	van Kooten Cynthia	93	08-021	1:36.58	25m	26-11-06	Heemskerk (NED)	184
194.	Sahin Súmeyye Sena	10	08-021	1:36.62	25m	7-12-23	Heemskerk (NED)	184
195.	de Groot Linda	81	08-021	1:36.84	25m	28-1-99	Heemskerk (NED)	183
196.	Tilgenkamp Lentley	13	08-021	1:36.88	25m	25-10-26	Heemskerk (NED)	183
197.	Bos Chantal	74	08-021	1:37.20	25m	29-11-87	Amstelveen (NED)	181
198.	Bouwer Jolien	89	08-021	1:37.53	50m	20-10-02	Beverwijk (NED)	211
199.	Ardicyaka Irem	06	08-021	1:37.68	25m	7-11-19	Heemskerk (NED)	178
200.	Terhorst Ilja	67	08-021	1:37.90	25m	27-4-80	Assendelft (NED)	177
201.	Dijkstra Janet	77	08-021	1:38.00	25m	19-2-89	Heemskerk (NED)	177
202.	de Boer Isabel	06	08-021	1:38.26	25m	11-6-16	Zaandam (NED)	175

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203.	Lund Jolanda	65	08-021	1:38.60	25m	31-5-80	Heemskerk (NED)	173
204.	de Groot Marlijn	92	08-021	1:38.61	25m	28-11-04	Heemskerk (NED)	173
205.	Beeksma Anne	88	08-021	1:38.98	25m	18-11-01	Heemskerk	171
206.	Ligterink Angela	76	08-021	1:39.00	25m	15-3-87	Heemskerk (NED)	171
207.	Munnik Yvonne	64	08-021	1:39.50	25m	10-12-77	Heemskerk (NED)	169
208.	de Groot Sjors	08	08-021	1:39.57	25m	7-12-23	Heemskerk (NED)	168
209.	Boere Sacha	91	08-021	1:39.68	25m	31-3-05	Heemskerk (NED)	168
210.	van der Horst Wendy	72	08-021	1:39.90	25m	6-2-83		167
211.	Essers Patricia	84	08-021	1:39.94	25m	11-3-01	Zaandam (NED)	166
212.	van den Braber Liesbeth	84	08-021	1:40.10	25m	12-2-98	Heemskerk (NED)	166
213.	Molenaar Eline	82	08-021	1:40.14	50m	7-5-00	Beverwijk (NED)	195
214.	Bos Annelies	74	08-021	1:40.60	25m	29-11-87	Amstelveen (NED)	163
215.	van der Eng Laura	80	08-021	1:40.70	25m	14-3-96	Heemskerk (NED)	163
216.	Aafjes Suzan	69	08-021	1:40.80	25m	13-4-80	Zaandam (NED)	162
217.	Smit Lydia	84	08-021	1:40.89	25m	28-1-99	Heemskerk (NED)	162
218.	Cappelle Marcella	85	08-021	1:41.20	25m	26-4-98	Alkmaar (NED)	160
219.	Venema Jalina	04	08-021	1:41.25	25m	17-11-16	Heemskerk (NED)	160
220.	Mes Norah	13	08-021	1:41.36	25m	5-10-25	Purmerend (NED)	160
221.	Dekker Danyk	94	08-021	1:41.44	25m	27-3-08	Heemskerk (NED)	159
222.	van Leen Cynthia	81	08-021	1:41.50	25m	2-5-96	Heemskerk (NED)	159
223.	van Putten Demi	96	08-021	1:41.68	25m	4-11-10	Heemskerk (NED)	158
224.	Horst Diana	67	08-021	1:42.00	25m	2-11-80	Castricum (NED)	157
225.	Hoekstra Karin	76	08-021	1:42.10	25m	15-1-88		156
225.	van Ederen Jasmijn	10	08-021	1:42.10	25m	2-6-19	Hoofddorp (NED)	156
227.	Bakker Anna	97	08-021	1:42.31	25m	24-9-09	Heemskerk (NED)	155
228.	Feenstra Petra	71	08-021	1:42.40	25m	23-9-84	Heemskerk (NED)	155
229.	Haack Fenna	16	08-021	1:42.79	25m	19-4-26	Den Helder (NED)	153
230.	van Laarhoven Salome	15	08-021	1:43.00	25m	25-10-26	Heemskerk (NED)	152
231.	Martens Iandra	03	08-021	1:43.23	25m	17-1-16	Purmerend (NED)	151
232.	Dijkstra Pascal	89	08-021	1:43.47	50m	2-5-99	Beverwijk (NED)	177
233.	Last Rooske	94	08-021	1:43.61	25m	4-11-10	Heemskerk (NED)	149
234.	Dekker Elise	97	08-021	1:43.77	25m	5-2-06	Zaandam (NED)	149
235.	Zeeman Judith	70	08-021	1:44.30	25m	7-2-82		146
236.	Hoogervorst Marlon	84	08-021	1:44.40	25m	20-10-94	Heemskerk (NED)	146
237.	Buitenhuis Danine	91	08-021	1:44.67	25m	19-12-02	Heemskerk	145
237.	Gelsumino Giulia	03	08-021	1:44.67	25m	10-12-15	Heemskerk (NED)	145
239.	Halbersma Jenny	70	08-021	1:44.90	25m	16-1-83	Heemskerk (NED)	144
240.	Jansen Pauline	67	08-021	1:45.10	25m	6-2-83		143
241.	Bok Femke	74	08-021	1:45.30	25m	12-2-84	Heemskerk (NED)	142
242.	Smit Ingrid	67	08-021	1:45.40	25m	27-4-80	Assendelft (NED)	142
243.	Walraven Annet	62	08-021	1:45.50	25m	10-12-77	Heemskerk (NED)	141
244.	Calkhoven Mariëtte	65	08-021	1:45.90	25m	27-11-77	IJmuiden (NED)	140
245.	Haack Zowi	18	08-021	1:45.97	25m	19-4-26	Den Helder (NED)	140
246.	Zijlstra Mariëlle	83	08-021	1:46.00	25m	4-2-96	Heerhugowaard (NED)	139
247.	Meesters Audrey	90	08-021	1:46.39	25m	24-4-03	Heemskerk	138
248.	Rodenburg Kyra	96	08-021	1:46.59	25m	8-10-06	Zaandam (NED)	137
249.	Schelvis Liselot	92	08-021	1:46.68	25m	29-9-02	Zaandam (NED)	137
250.	Bakker Lisette	83	08-021	1:46.80	25m	17-5-98	Heemskerk (NED)	136
251.	Kuijper Michelle	91	08-021	1:46.86	25m	13-1-02	Zaandam	136
251.	Beentjes Daphne	91	08-021	1:46.86	25m	26-2-04	Heemskerk (NED)	136
253.	Koopman Jessie	97	08-021	1:47.15	25m	21-3-10	Zaandam (NED)	135
254.	van Dijk Yvonne	65	08-021	1:47.50	25m	10-12-77	Heemskerk (NED)	134
255.	van der Werf Chily	72	08-021	1:48.10	25m	12-2-84	Heemskerk (NED)	131

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256.	Hoeksema Kim	90	08-021	1:48.14	25m	13-1-02	Zaandam	131
257.	Aardenburg Judith	93	08-021	1:48.60	25m	3-4-05	Zaandam (NED)	130
258.	van der Wijden Eline	88	08-021	1:48.69	25m	14-12-00	Heemskerk (NED)	129
259.	van Hiele Femke	13	08-021	1:48.76	25m	4-10-26	Purmerend (NED)	129
260.	Potemans Priscilla	84	08-021	1:48.80	25m	30-8-97	Assendelft (NED)	129
261.	Doodeman Sara	00	08-021	1:49.03	25m	31-10-10	Zaandam (NED)	128
262.	van Perlo Carla	75	08-021	1:49.10	25m	12-2-84	Heemskerk (NED)	128
263.	Salido Keesje	05	08-021	1:49.39	25m	19-4-15	Zaandam (NED)	127
264.	Terluin Suus	09	08-021	1:49.54	25m	12-1-20	Purmerend (NED)	126
265.	van der Does Lisa	02	08-021	1:49.90	25m	19-1-14	Zaandam (NED)	125
266.	Koper Selma	03	08-021	1:50.37	25m	9-12-12	Zaandam (NED)	123
267.	van den Heuvel Sandra	80	08-021	1:50.90	25m	3-12-89	Zaandam (NED)	122
268.	Keessen Pam	62	08-021	1:51.40	25m	10-12-77	Heemskerk (NED)	120
269.	Copier Alyssa	04	08-021	1:51.54	25m	9-6-13	Zaandam (NED)	120
270.	Yayli Serina	90	08-021	1:51.71	25m	17-11-02	Heemskerk	119
271.	Kesting Alexandra	00	08-021	1:51.86	25m	16-1-11	Zaandam (NED)	119
272.	van Roon Jill	14	08-021	1:51.95	25m	15-3-26	Heemskerk (NED)	118
273.	Elghandor Kiyaan	03	08-021	1:52.88	25m	18-1-15	Zaandam (NED)	115
273.	Huber Emma	13	08-021	1:52.88	25m	4-10-26	Purmerend (NED)	115
275.	Rijpkema Marije	85	08-021	1:53.26	25m	28-3-02	Heemskerk	114
276.	Sierra Ana Maria	69	08-021	1:53.30	25m	18-1-81	Zaandam (NED)	114
277.	Oosterveen Sandra	83	08-021	1:53.50	25m	3-3-92	Heemskerk (NED)	113
278.	Pezo Adna	90	08-021	1:53.69	25m	22-4-01	Heemskerk (NED)	113
279.	van Dam Merel	14	08-021	1:54.19	25m	25-10-26	Heemskerk (NED)	111
280.	Welboren Julia	00	08-021	1:54.97	25m	11-12-11	Zaandam (NED)	109
281.	Nijman Linda	89	08-021	1:55.81	25m	22-4-01	Heemskerk (NED)	107
282.	Koper Ella	90	08-021	1:55.88	25m	13-1-02	Zaandam	107
283.	Bovekerk Annefleur	99	08-021	1:55.94	25m	14-11-10	Castricum (NED)	106
284.	Doll Maartje	80	08-021	1:56.40	25m	24-4-93		105
285.	Huisman Lianne	87	08-021	1:57.25	25m	19-11-00	Zaandam (NED)	103
286.	Lensen Sarian	89	08-021	1:57.33	25m	17-11-02	Heemskerk	103
287.	Gooijer Roos	97	08-021	1:57.81	25m	17-1-10	Amsterdam-oost (NED)	101
288.	Verhagen Sabine	71	08-021	1:57.90	25m	23-9-84	Heemskerk (NED)	101
289.	van Noort Jony	85	08-021	1:58.50	25m	10-3-96	Zaandam (NED)	100
290.	Broers Margot	63	08-021	1:58.60	25m	10-12-77	Heemskerk (NED)	99
291.	Eijndhoven Jonna	02	08-021	1:58.71	25m	7-10-12	Zaandam (NED)	99
292.	Zonneveld Jennifer	88	08-021	1:58.72	25m	18-11-01	Heemskerk	99
293.	van Ess Zoe	14	08-021	1:59.71	25m	25-10-26	Heemskerk (NED)	97
294.	van Duivenvoorde Sanne	93	08-021	2:00.19	25m	29-9-02	Zaandam (NED)	95
295.	Liefting Marielle	90	08-021	2:00.22	25m	31-1-02	Heemskerk	95
296.	Ramazani Helia	16	08-021	2:00.80	25m	27-9-26	Krommenie (NED)	94
297.	Boonstra Esmé	02	08-021	2:01.14	25m	20-1-13	Heemskerk (NED)	93
298.	van Rijn Ilona	65	08-021	2:03.20	25m	10-12-77	Heemskerk (NED)	89
299.	Werdekker Marjolein	81	08-021	2:03.90	25m	10-10-96	Heemskerk (NED)	87
300.	Kerkhoven Michelle	91	08-021	2:04.19	50m	26-5-01	Beverwijk (NED)	102
301.	Reuderink Miranda	63	08-021	2:04.40	25m	10-12-77	Heemskerk (NED)	86
302.	Snijder Femke	83	08-021	2:04.70	25m	24-4-93		85
303.	Morianner Susanna	72	08-021	2:05.00	25m	11-10-81	Heemskerk (NED)	85
304.	Werdekker Esther	83	08-021	2:06.30	25m	10-10-96	Heemskerk (NED)	82
305.	Sanen Casey	99	08-021	2:08.28	25m	24-9-09	Heemskerk (NED)	78
306.	Vledder Sarah	14	08-021	2:08.34	25m	25-10-26	Heemskerk (NED)	78
307.	Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)	78
308.	Schijf Irene	83	08-021	2:08.90	25m	20-11-94	Wormerveer (NED)	77

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309.	van der Pijl Madelon	89	08-021	2:12.68	25m	24-9-98	Heemskerk (NED)	71
310.	van der Leden Cynthia	66	08-021	2:18.20	25m	10-12-77	Heemskerk (NED)	63
311.	Hol Manouk	05	08-021	2:18.53	25m	30-10-14	Heemskerk (NED)	62
312.	Reeuwijk Danielle	70	08-021	2:19.00	25m	4-11-79	Zaandam (NED)	62
313.	Reiss Katinka	65	08-021	2:24.90	25m	10-12-77	Heemskerk (NED)	54
313.	Janssen Tess	89	08-021	2:24.90	25m	1-3-98	Zaandam (NED)	54
315.	Bruins Bianca	81	08-021	2:34.50	25m	10-10-96	Heemskerk (NED)	45
316.	van der Stigchel Samantha	96	08-021	2:40.85	25m	27-3-08	Heemskerk (NED)	40
317.	Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)	39

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1.	Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	539
2.	Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)	527
3.	Broek Jade	97	08-021	2:30.24	25m	16-11-19	Hoofddorp (NED)	499
4.	van 't Veer Iris	03	08-021	2:35.01	25m	16-11-19	Hoofddorp (NED)	455
5.	Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)	443
6.	Groen Anne	95	08-021	2:36.71	25m	29-1-23	Heemskerk (NED)	440
7.	Hoekstra Eline	03	08-021	2:36.92	25m	29-1-23	Heemskerk (NED)	438
8.	Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)	431
9.	Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)	428
10.	de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86		419
11.	Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	417
12.	Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)	408
13.	Gijzen-van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)	406
14.	Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)	404
15.	Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)	404
16.	Wentink Yara	04	08-021	2:42.13	25m	21-10-18	Purmerend (NED)	397
17.	Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)	396
18.	Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89		394
19.	Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	394
20.	Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam	394
21.	Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)	393
22.	Siemerink Laura	04	08-021	2:42.93	25m	8-2-26	Purmerend (NED)	391
23.	Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83		390
24.	Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)	388
25.	Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)	388
26.	Petit Kirsten	00	08-021	2:43.44	25m	18-3-18	Purmerend (NED)	388
27.	Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk	387
28.	Stins Mariska	84	08-021	2:44.24	25m	16-3-03	Heemskerk	382
29.	van Eerden Meike	00	08-021	2:44.82	25m	10-2-19	Purmerend (NED)	378
30.	Koopman Anitra	89	08-021	2:45.89	25m	27-11-05	Heemskerk (NED)	371
31.	Niesten Iris	92	08-021	2:45.90	25m	14-3-10	Heemskerk (NED)	371
32.	Hoek Daniëlle	88	08-021	2:45.92	25m	13-11-11	Zaandam (NED)	371
33.	Buur Naomi	01	08-021	2:46.99	25m	15-5-16	Purmerend (NED)	363
34.	van der Gracht Anouk	89	08-021	2:47.36	25m	16-11-14	Zaandam (NED)	361
35.	Essers Sanne	91	08-021	2:47.45	25m	21-10-07	Zaandam (NED)	360
36.	de Haan Shira	00	08-021	2:47.64	25m	30-12-16	Leeuwarden (NED)	359
37.	de Boer Irene	84	08-021	2:48.00	25m	17-1-99	Heemskerk (NED)	357
38.	Jongema Helena	80	08-021	2:48.46	25m	23-1-09	Vlissingen (NED)	354
39.	Drubers Mirjam	67	08-021	2:48.60	25m	7-10-84	Volendam (NED)	353
40.	van Honk Chantal	80	08-021	2:48.80	25m	18-4-92	Volendam (NED)	352
41.	de Roode Xara	08	08-021	2:48.84	25m	9-3-25	Purmerend (NED)	352

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42.	Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)	350
43.	Zonneveld Chantal	84	08-021	2:49.17	25m	31-1-02	Heemskerk	350
44.	Verbree Bets	63	08-021	2:49.20	25m	13-3-83	Castricum (NED)	349
45.	van Assema Eline	05	08-021	2:49.34	25m	16-11-19	Hoofddorp (NED)	349
46.	Haasbroek Renske	03	08-021	2:50.14	25m	2-2-25	Den Helder (NED)	344
47.	Boekling Annette	85	08-021	2:50.40	25m	31-1-02	Heemskerk	342
48.	Groot Tineke	60	08-021	2:50.90	25m	2-11-80	Castricum (NED)	339
49.	Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)	327
50.	Stam Sabrina	82	08-021	2:53.50	50m	9-11-97	Beverwijk (NED)	365
51.	van Duin Margret	60	08-021	2:54.20	25m	12-3-78	Zaandam (NED)	320
51.	van Staveren Marina	78	08-021	2:54.20	25m	7-1-12	Zwolle (NED)	320
53.	Scholten Britt	04	08-021	2:54.24	25m	13-1-19	Purmerend (NED)	320
54.	Zwarthoed Brenda	96	08-021	2:55.06	25m	16-3-08	Zaandam (NED)	315
55.	Stam Vanessa	80	08-021	2:55.12	25m	11-10-98	Alkmaar (NED)	315
56.	van Koeveringe Nicole	93	08-021	2:56.91	25m	23-4-09	Heemskerk (NED)	306
57.	Vink Marjolein	93	08-021	2:57.16	25m	23-4-09	Heemskerk (NED)	304
58.	Teufer Irene	96	08-021	2:57.19	25m	16-12-07	Zaandam (NED)	304
59.	van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)	304
60.	Besse Karen	75	08-021	2:57.40	25m	1-11-89		303
61.	van der Geest Saskia	73	08-021	2:57.80	25m	1-11-89		301
62.	de Groot Daniëlle	93	08-021	2:58.02	25m	25-11-07	Amsterdam (NED)	300
63.	Tholen Kirsten	66	08-021	2:58.10	25m	14-3-82		300
64.	Dijkstra Ingrid	68	08-021	2:58.20	25m	24-1-82		299
65.	Visser Kelly	89	08-021	2:58.26	25m	10-11-13	Zaandam (NED)	299
66.	Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)	298
67.	van Giezen Corina	68	08-021	2:58.90	25m	7-3-82		296
68.	van Ballegooie Simone	84	08-021	2:59.07	25m	17-3-02	Zaandam	295
69.	Heus Pauline	78	08-021	2:59.50	25m	12-10-95	Heemskerk (NED)	293
70.	de Vriend Sofie	01	08-021	2:59.87	25m	9-12-12	Zaandam (NED)	291
71.	de Wildt Maud	05	08-021	3:00.20	25m	13-3-22	Den Helder (NED)	289
72.	Hofland Yasmin	01	08-021	3:00.29	25m	18-3-18	Purmerend (NED)	289
73.	Schuyt Simone	75	08-021	3:00.30	25m	3-5-90	Heemskerk (NED)	289
74.	Visser Stacey	87	08-021	3:00.50	25m	11-3-01	Zaandam (NED)	288
75.	Butter Anouk	82	08-021	3:00.58	25m	28-10-04	Heemskerk (NED)	287
76.	Limmen Karin	76	08-021	3:00.60	25m	6-11-93		287
77.	Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)	285
78.	Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)	285
79.	Oudendijk Bianca	79	08-021	3:01.20	25m	17-3-96	Heemskerk (NED)	284
80.	Zonneveld Cindy	75	08-021	3:01.50	25m	14-10-93	Heemskerk	283
81.	van Langelaar Tessa	97	08-021	3:02.22	25m	1-4-12	Zaandam (NED)	280
82.	Krouwels Tanja	79	08-021	3:02.23	25m	11-10-98	Alkmaar (NED)	280
83.	van Rookhuizen Sieta	79	08-021	3:02.30	25m	10-4-94	Assendelft	279
84.	Vredenburg Roos	95	08-021	3:03.06	25m	14-3-10	Heemskerk (NED)	276
85.	Mosch Sabina	84	08-021	3:03.18	25m	19-12-02	Heemskerk	275
86.	de Boer Claudia	77	08-021	3:03.30	25m	8-11-90	Heemskerk (NED)	275
87.	Dreyer Elly	63	08-021	3:03.50	25m	16-11-80	Haarlem (NED)	274
88.	Bakkum Wilma	62	08-021	3:04.30	25m	25-11-79	Heemskerk (NED)	270
89.	Angenent Nienke	01	08-021	3:04.56	25m	15-12-13	Zaandam (NED)	269
90.	ten Cate Joyce	80	08-021	3:04.65	25m	19-3-06	Heemskerk (NED)	269
91.	de Ruijter Linda	87	08-021	3:05.06	25m	19-12-02	Heemskerk	267
92.	van der Horst Sacha	69	08-021	3:05.40	25m	10-4-83	Heemskerk (NED)	265
93.	van Ballegooie Stefanie	86	08-021	3:05.54	25m	7-10-01	Zaandam (NED)	265
94.	de Boer Maia	03	08-021	3:05.75	25m	14-1-18	Purmerend (NED)	264

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95.	Hoek Laura	86	08-021	3:06.20	25m	12-3-00	Heemskerk (NED)	262
96.	Hogema Fabiën	93	08-021	3:06.51	25m	18-3-07	Heemskerk (NED)	261
97.	Liefting Sarina	93	08-021	3:06.62	25m	18-3-07	Heemskerk (NED)	260
98.	Rodenburg Rianne	93	08-021	3:07.83	25m	19-3-06	Heemskerk (NED)	255
99.	Bakker Jesca	79	08-021	3:08.20	25m	3-5-90	Heemskerk (NED)	254
100.	Veldhuis Amelia	03	08-021	3:08.63	25m	13-1-19	Purmerend (NED)	252
101.	van Galen Angela	65	08-021	3:09.10	25m	11-4-81	Heemskerk (NED)	250
101.	van de Kamp Yvonne	65	08-021	3:09.10	25m	17-5-81	Castricum (NED)	250
103.	Herwegh Binthy	09	08-021	3:09.47	50m	10-6-23	Bückeburg (GER)	280
104.	Hermans Liesbeth	66	08-021	3:09.50	25m	28-11-81	Heemskerk (NED)	249
104.	Deiman Caroline	67	08-021	3:09.50	25m	1-11-89		249
106.	van Velsen Patricia	79	08-021	3:10.70	25m	17-3-96	Heemskerk (NED)	244
107.	Knight Kayleigh	00	08-021	3:11.31	25m	12-3-17	Purmerend (NED)	242
108.	Bouwman Esther	63	08-021	3:12.70	25m	22-4-78	Heemskerk (NED)	236
109.	van Sikkelerus Lisa	99	08-021	3:12.98	25m	18-3-12	Zaandam (NED)	235
110.	de Vries Chrissie	93	08-021	3:13.10	25m	18-3-07	Heemskerk (NED)	235
111.	ten Cate Ilona	85	08-021	3:13.34	25m	19-3-06	Heemskerk (NED)	234
112.	Besse Meta	78	08-021	3:13.80	25m	13-10-93		232
113.	de Vries Justine	83	08-021	3:13.90	25m	12-1-97	Heemskerk (NED)	232
114.	Raszinski Nienke	01	08-021	3:15.07	25m	22-12-13	Zaandam (NED)	228
115.	Hommersen Sandra	84	08-021	3:15.40	25m	10-10-96	Heemskerk (NED)	227
116.	Huisman Jolanda	68	08-021	3:15.60	25m	11-4-81	Heemskerk (NED)	226
117.	Lindelauf Priscilla	85	08-021	3:16.11	25m	14-12-00	Heemskerk (NED)	224
118.	Limmen Anita	78	08-021	3:16.80	25m	14-10-93	Heemskerk	222
119.	van Rijn Sydney	03	08-021	3:17.33	25m	2-10-16	Purmerend (NED)	220
120.	Cappelle Carlijn	82	08-021	3:17.50	25m	11-9-97	Heemskerk (NED)	220
121.	Bouwer Jolien	89	08-021	3:17.54	25m	16-3-03	Heemskerk	219
122.	de Boer Angela	80	08-021	3:17.80	25m	19-10-94		219
123.	Pover Karin	67	08-021	3:17.90	25m	14-3-82		218
124.	Zonneveld Melissa	88	08-021	3:18.13	25m	23-12-04	Heemskerk (NED)	217
125.	Palthe Yvonne	67	08-021	3:18.20	25m	28-11-81	Heemskerk (NED)	217
126.	Berloth Lydia	68	08-021	3:18.50	25m	28-11-81	Heemskerk (NED)	216
127.	Visser Shana	04	08-021	3:18.71	25m	1-10-17	Purmerend (NED)	216
128.	Bos Marieke	06	08-021	3:18.77	25m	7-10-18	Purmerend (NED)	215
129.	Windmuller Annemarie	67	08-021	3:19.60	25m	16-3-80	Zandvoort (NED)	213
130.	van Vliet Isabel	02	08-021	3:19.70	25m	14-1-18	Purmerend (NED)	212
131.	Limmen Miriam	75	08-021	3:19.80	25m	2-11-89	Heemskerk (NED)	212
132.	Sobh Shaime	03	08-021	3:19.93	25m	11-10-15	Zaandam (NED)	212
133.	Bruin Marianne	78	08-021	3:20.00	25m	8-11-90	Heemskerk (NED)	211
134.	de Graaf Dinie	71	08-021	3:20.50	25m	6-10-85	Wormerveer (NED)	210
135.	Nijman José	93	08-021	3:21.14	25m	25-1-07	Heemskerk (NED)	208
136.	Viel Bianca	85	08-021	3:21.70	25m	16-12-99	Heemskerk	206
137.	Koper Birgit	87	08-021	3:22.00	25m	6-10-02	Zaandam	205
138.	Huneker Jolanda	79	08-021	3:22.09	25m	15-11-98	Assendelft (NED)	205
139.	Bruin Adri	74	08-021	3:22.20	25m	4-1-88	Zaandam (NED)	205
140.	Grul Lisanne	97	08-021	3:22.56	25m	21-3-10	Zaandam (NED)	203
141.	Wieman Lianne	03	08-021	3:22.98	25m	29-1-23	Heemskerk (NED)	202
142.	Bos Chantal	74	08-021	3:23.10	25m	4-1-88	Zaandam (NED)	202
143.	Plokker Sylvia	68	08-021	3:23.30	25m	11-4-81	Heemskerk (NED)	201
144.	Dijkstra Maud	84	08-021	3:23.50	25m	11-9-97	Heemskerk (NED)	201
145.	Visser Robin	05	08-021	3:24.09	25m	11-12-16	Alkmaar (NED)	199
146.	Ivens Suzanne	99	08-021	3:25.22	25m	29-3-15	Zaandam (NED)	196
147.	van Huisstede Nikita	01	08-021	3:25.31	25m	14-4-13	Zaandam (NED)	195

200 rugslag (sinds 148)

148.	Molenaar Eline	82	08-021	3:28.19	25m	16-12-99	Heemskerk	187
149.	Bakker Daniëlle	96	08-021	3:28.70	25m	5-10-08	Heemskerk (NED)	186
150.	de Groot Linda	81	08-021	3:29.60	25m	12-3-00	Heemskerk (NED)	184
151.	Buur Cindy	99	08-021	3:29.65	25m	6-3-16	Purmerend (NED)	183
152.	Peters Yvonne	63	08-021	3:30.60	25m	7-10-84	Volendam (NED)	181
153.	Haack Fenna	16	08-021	3:30.70	25m	18-10-26	Den Helder (NED)	181
154.	van Kooten Cynthia	93	08-021	3:32.75	25m	18-3-07	Heemskerk (NED)	176
155.	de Groot Marlijn	92	08-021	3:32.76	25m	15-5-05	Zuidoost-Beemster (NED)	175
156.	Aafjes Suzan	69	08-021	3:32.80	25m	11-4-81	Heemskerk (NED)	175
157.	Weezepoel Natascha	07	08-021	3:34.54	25m	6-10-19	Purmerend (NED)	171
158.	van der Eng Laura	80	08-021	3:35.10	25m	10-10-96	Heemskerk (NED)	170
159.	de Wolff Isabel	01	08-021	3:36.18	25m	14-4-13	Zaandam (NED)	167
160.	Beentjes Nicolet	80	08-021	3:36.99	25m	11-10-98	Alkmaar (NED)	165
161.	de Graaf Isabella	04	08-021	3:37.69	25m	13-1-19	Purmerend (NED)	164
162.	Venema Jalina	04	08-021	3:37.93	25m	24-1-16	Zaandam (NED)	163
163.	van Tellingen Ingrid	66	08-021	3:38.10	25m	28-11-81	Heemskerk (NED)	163
164.	van Giezen Wendy	70	08-021	3:38.20	25m	28-11-81	Heemskerk (NED)	163
165.	Essers Patricia	84	08-021	3:38.74	25m	16-12-99	Heemskerk	161
166.	Zonneveld Monica	80	08-021	3:39.20	25m	13-10-93		160
167.	Terhorst Ilja	67	08-021	3:39.50	25m	16-3-80	Zandvoort (NED)	160
168.	Koopman Jessie	97	08-021	3:40.00	25m	21-3-10	Zaandam (NED)	159
169.	Horst Diana	67	08-021	3:41.00	25m	11-4-81	Heemskerk (NED)	157
170.	Regelink Anneke	83	08-021	3:41.40	25m	10-10-96	Heemskerk (NED)	156
171.	Meesters Audrey	90	08-021	3:42.47	25m	19-12-02	Heemskerk	153
172.	Rasch Monique	66	08-021	3:44.00	25m	11-4-81	Heemskerk (NED)	150
173.	Lensen Sarian	89	08-021	3:45.17	25m	5-10-03	Heemskerk (NED)	148
174.	Bakker Lisette	83	08-021	3:45.72	25m	24-9-98	Heemskerk (NED)	147
175.	Beeksma Anne	88	08-021	3:46.81	25m	31-1-02	Heemskerk	145
176.	Oortwijn Jytte	10	08-021	3:46.95	25m	2-10-22	Den Helder (NED)	144
177.	van Roon Jill	14	08-021	3:52.02	25m	19-4-26	Den Helder (NED)	135
178.	Bakker Anna	97	08-021	3:52.19	25m	23-4-09	Heemskerk (NED)	135
179.	van den Braber Liesbeth	84	08-021	3:52.43	25m	15-11-98	Assendelft (NED)	134
180.	Sierra Ana Maria	69	08-021	3:55.00	25m	11-4-81	Heemskerk (NED)	130
181.	de Groot Sjors	08	08-021	3:55.28	25m	9-3-25	Purmerend (NED)	130
182.	van Laarhoven Salome	15	08-021	3:58.92	25m	19-4-26	Den Helder (NED)	124
183.	van Giezen Irene	67	08-021	3:59.70	25m	11-4-81	Heemskerk (NED)	123
184.	Rijpkema Marije	85	08-021	4:00.79	25m	31-1-02	Heemskerk	121
185.	Smit Lydia	84	08-021	4:01.22	25m	24-9-98	Heemskerk (NED)	120
186.	Elghandor Kiyaan	03	08-021	4:02.36	25m	11-10-15	Zaandam (NED)	119
187.	Zeeman Judith	70	08-021	4:09.30	25m	11-4-81	Heemskerk (NED)	109
188.	Potemans Priscilla	84	08-021	4:16.00	25m	11-9-97	Heemskerk (NED)	101
189.	Sahin Súmeyye Sena	10	08-021	4:18.36	25m	2-10-22	Den Helder (NED)	98

500 rugslag

1.	van der Gracht Anouk	89	08-021	8:56.86	OW	7-7-07	Oss (NED)

25 schoolslag

1.	Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	462
2.	Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	433
3.	Hoekstra Eline	03	08-021	17.70	25m	7-7-22	Heemskerk (NED)	426
4.	van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	419
4.	van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	419
6.	de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	416
7.	Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	412
7.	Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	412
9.	van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	398
9.	Broek Jade	97	08-021	18.10	25m	7-7-22	Heemskerk (NED)	398
11.	Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	384
11.	de Haan Shira	00	08-021	18.32	25m	7-7-22	Heemskerk (NED)	384
13.	Gijzen-van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379
14.	van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk	378
15.	Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	373
16.	Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	367
17.	Wentink Yara	04	08-021	18.62	25m	7-7-22	Heemskerk (NED)	366
18.	Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)	365
19.	Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	362
20.	Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)	360
21.	Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)	351
22.	Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)	350
23.	Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk	342
24.	Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	341
25.	Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	339
25.	Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)	339
25.	van 't Veer Iris	03	08-021	19.10	25m	7-7-22	Heemskerk (NED)	339
25.	de Boer Maia	03	08-021	19.10	25m	7-7-22	Heemskerk (NED)	339
29.	Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)	323
29.	Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)	323
31.	de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)	322
32.	Kleijne Daisy	89	08-021	19.45	25m	19-4-07	Heemskerk (NED)	321
33.	Essers Sanne	91	08-021	19.46	25m	27-4-06	Heemskerk	320
34.	Heus Pauline	78	08-021	19.50	25m	19-3-98	Heemskerk (NED)	318
35.	van Staveren Marina	78	08-021	19.54	25m	18-11-12	Almere-Stad (NED)	316
36.	Jongema Helena	80	08-021	19.59	25m	21-2-09	Heerenveen (NED)	314
37.	Nijholt Carin	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
37.	van Duin Margret	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
37.	Meijer Sylvia	81	08-021	19.60	25m	13-3-97	Heemskerk (NED)	313
37.	Cappelle Carlijn	82	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
37.	Krouwels Tanja	79	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
42.	Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)	309
42.	Bruin Adri	74	08-021	19.70	25m	12-1-89	Heemskerk (NED)	309
42.	Niesten Iris	92	08-021	19.70	25m	29-5-08	Heemskerk (NED)	309
45.	Dijkstra Lisette	86	08-021	19.80	25m	19-3-98	Heemskerk (NED)	304
46.	Niesten Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)	299
46.	Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)	299
46.	Limmen Karin	76	08-021	19.90	25m	16-5-91	Heemskerk (NED)	299
46.	Oudendijk Bianca	79	08-021	19.90	25m	14-3-96	Heemskerk (NED)	299
50.	van Assema Eline	05	08-021	19.94	25m	7-7-22	Heemskerk (NED)	298
51.	Herwegh Binthy	09	08-021	20.03	25m	7-7-22	Heemskerk (NED)	294
52.	Siemerink Laura	04	08-021	20.08	25m	7-7-22	Heemskerk (NED)	291
53.	Molenaar Eline	82	08-021	20.17	25m	25-3-99	Heemskerk (NED)	288

25 schoolslag (sinds 54)

54.	Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	286
54.	Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)	286
56.	Butter Anouk	82	08-021	20.25	25m	25-3-99	Heemskerk (NED)	284
57.	van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)	283
58.	Meijer Linda	77	08-021	20.30	25m	16-6-93		282
58.	Hoek Daniëlle	88	08-021	20.30	25m	29-5-08	Heemskerk (NED)	282
60.	Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)	280
61.	Bos Marieke	06	08-021	20.39	25m	7-7-22	Heemskerk (NED)	278
62.	Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)	278
62.	de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)	278
64.	Koopman Inge	93	08-021	20.43	25m	7-7-22	Heemskerk (NED)	277
65.	Groot Tineke	60	08-021	20.50	25m	30-3-76	Heemskerk (NED)	274
66.	Koper Birgit	87	08-021	20.52	25m	27-4-06	Heemskerk	273
67.	Teufer Irene	96	08-021	20.57	25m	19-4-07	Heemskerk (NED)	271
68.	van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)	269
69.	de Wildt Maud	05	08-021	20.63	25m	7-7-22	Heemskerk (NED)	269
70.	Koopman Anitra	89	08-021	20.67	25m	22-2-01	Heemskerk (NED)	267
71.	Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)	266
72.	Dijkstra Maud	84	08-021	20.80	25m	5-2-98	Heemskerk (NED)	262
73.	Smit Lydia	84	08-021	20.84	25m	25-3-99	Heemskerk (NED)	261
74.	Welboren Trudy	61	08-021	20.90	25m	14-9-76	Heemskerk (NED)	258
75.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk	258
76.	Bos Chantal	74	08-021	21.00	25m	12-1-89	Heemskerk (NED)	255
77.	Koper Ella	90	08-021	21.06	25m	27-4-06	Heemskerk	253
78.	de Boer Angela	80	08-021	21.10	25m	27-4-95	Heemskerk (NED)	251
79.	de Vries Cathy	77	08-021	21.20	25m	16-5-91	Heemskerk (NED)	248
79.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)	248
79.	Hommersen Sandra	84	08-021	21.20	25m	19-3-98	Heemskerk (NED)	248
82.	Oortwijn Jytte	10	08-021	21.26	25m	7-7-22	Heemskerk (NED)	245
83.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)	245
84.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)	244
85.	Regelink Anneke	83	08-021	21.31	25m	25-3-99	Heemskerk (NED)	244
86.	Rodenburg Rianne	93	08-021	21.35	25m	27-4-06	Heemskerk	242
87.	Hoek Laura	86	08-021	21.38	25m	17-2-00	Heemskerk (NED)	241
88.	van Giezen Sandra	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
88.	Peters Yvonne	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
88.	de Boer Claudia	77	08-021	21.40	25m	31-12-89	Heemskerk (NED)	241
88.	Zonneveld Monica	80	08-021	21.40	25m	16-6-93		241
88.	Hoogervorst Marlon	84	08-021	21.40	25m	16-3-95	Heemskerk (NED)	241
88.	Visser Kelly	89	08-021	21.40	25m	22-2-01	Heemskerk (NED)	241
94.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	237
95.	Vredenburg Roos	95	08-021	21.58	25m	29-5-08	Heemskerk (NED)	235
95.	ten Cate Joyce	80	08-021	21.58	25m	21-11-10	Almere-Stad (NED)	235
97.	Domburg Irma	62	08-021	21.60	25m	30-3-76	Heemskerk (NED)	234
97.	Dijkstra Janet	77	08-021	21.60	25m	12-1-89	Heemskerk (NED)	234
97.	Limmen Anita	78	08-021	21.60	25m	16-6-93		234
100.	Knight Kayleigh	00	08-021	21.62	25m	7-7-22	Heemskerk (NED)	233
101.	Lindelauf Priscilla	85	08-021	21.64	25m	17-2-00	Heemskerk (NED)	233
101.	Nijman José	93	08-021	21.64	25m	29-5-08	Heemskerk (NED)	233
103.	van de Kamp Pauline	61	08-021	21.80	25m	30-3-76	Heemskerk (NED)	228
103.	Keessen Pam	62	08-021	21.80	25m	14-9-76	Heemskerk (NED)	228
103.	Deiman Caroline	67	08-021	21.80	25m	17-12-87	Heemskerk (NED)	228
106.	Wegchelaer Ageeth	62	08-021	21.90	25m	30-3-76	Heemskerk (NED)	224

25 schoolslag (sinds 107)

106.	Verbree Bets	63	08-021	21.90	25m	14-9-76	Heemskerk (NED)	224
108.	ten Cate Ilona	85	08-021	21.98	25m	19-4-07	Heemskerk (NED)	222
109.	Borg Karin	61	08-021	22.00	25m	30-3-76	Heemskerk (NED)	221
109.	Zijlstra Mariëlle	83	08-021	22.00	25m	14-3-96	Heemskerk (NED)	221
109.	Zonneveld Chantal	84	08-021	22.00	25m	13-3-97	Heemskerk (NED)	221
112.	Steenkamp Ciska	90	08-021	22.08	25m	22-2-01	Heemskerk (NED)	219
113.	Wissenburg Petra	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
113.	Bakkum Wilma	62	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
113.	Bakker Jesca	79	08-021	22.10	25m	12-1-89	Heemskerk (NED)	218
113.	van der Wijden Eline	88	08-021	22.10	25m	18-1-01	Heemskerk (NED)	218
117.	Viel Bianca	85	08-021	22.16	25m	25-3-99	Heemskerk (NED)	217
117.	van Koeveringe Nicole	93	08-021	22.16	25m	27-4-06	Heemskerk	217
119.	Teunissen Petra	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	215
119.	van Zwieten Jacqueline	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	215
121.	van Velsen Patricia	79	08-021	22.30	25m	27-4-95	Heemskerk (NED)	213
122.	Groot Irma	63	08-021	22.40	25m	14-9-76	Heemskerk (NED)	210
123.	Limmen Corina	65	08-021	22.50	25m	30-3-76	Heemskerk (NED)	207
124.	Gerritsen Jolanda	64	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
124.	van Galen Marion	61	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
124.	de Vries Justine	83	08-021	22.60	25m	13-3-97	Heemskerk (NED)	204
127.	Bouwman Esther	63	08-021	22.70	25m	14-9-76	Heemskerk (NED)	202
128.	Essers Patricia	84	08-021	22.74	25m	17-2-00	Heemskerk (NED)	200
129.	Numan Annelies	63	08-021	22.80	25m	14-9-76	Heemskerk (NED)	199
130.	Groen Anne	95	08-021	22.84	25m	29-5-08	Heemskerk (NED)	198
131.	Missot Gonda	66	08-021	22.90	25m	14-9-76	Heemskerk (NED)	196
131.	van Leen Cynthia	81	08-021	22.90	25m	14-3-96	Heemskerk (NED)	196
133.	Leek Marja	63	08-021	23.00	25m	30-3-76	Heemskerk (NED)	194
133.	Reijnders Sandra	64	08-021	23.00	25m	14-9-76	Heemskerk (NED)	194
133.	Huneker Jolanda	79	08-021	23.00	25m	5-3-98	Heemskerk (NED)	194
136.	Buur Naomi	01	08-021	23.02	25m	13-3-11	Heemskerk (NED)	193
137.	Palthe Monique	64	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
137.	van der Zee Olga	66	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
139.	Butter Noor	16	08-021	23.14	25m	21-5-26	Heemskerk (NED)	190
140.	Koper Selma	03	08-021	23.24	25m	7-4-13	Castricum (NED)	188
141.	Schaaper Margriet	62	08-021	23.30	25m	30-3-76	Heemskerk (NED)	186
141.	van Galen Angela	65	08-021	23.30	25m	14-9-76	Heemskerk (NED)	186
141.	Potemans Priscilla	84	08-021	23.30	25m	13-3-97	Heemskerk (NED)	186
144.	Dekker Danyk	94	08-021	23.34	25m	29-5-08	Heemskerk (NED)	185
145.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	184
146.	Stel Kaylin	01	08-021	23.45	25m	11-4-10	Zaandam (NED)	183
147.	Welboren Els	64	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
147.	de Weers Anne-Michelle	63	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
149.	de Visser Jolanda	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	179
149.	Mulder Amy	80	08-021	23.60	25m	16-6-93		179
149.	van der Eng Laura	80	08-021	23.60	25m	14-3-96	Heemskerk (NED)	179
149.	Werdekker Esther	83	08-021	23.60	25m	13-3-97	Heemskerk (NED)	179
153.	Zwarthoed Brenda	96	08-021	23.68	25m	19-4-07	Heemskerk (NED)	177
154.	van Rijn Ilona	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	177
154.	Snijder Femke	83	08-021	23.70	25m	13-10-93		177
156.	Bakker Daniëlle	96	08-021	23.73	25m	29-5-08	Heemskerk (NED)	176
157.	Werdekker Marjolein	81	08-021	23.80	25m	13-3-97	Heemskerk (NED)	175
158.	van Huisstede Nikita	01	08-021	23.89	25m	3-4-11	Zaandam (NED)	173
159.	Sahin Súmeyye Sena	10	08-021	23.97	25m	7-7-22	Heemskerk (NED)	171

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160.	Besse Meta	78	08-021	24.00	25m	31-12-89	Heemskerk (NED)	170
160.	van Noort Jony	85	08-021	24.00	25m	14-3-96	Heemskerk (NED)	170
162.	Bakker Anna	97	08-021	24.06	25m	29-5-08	Heemskerk (NED)	169
163.	Buur Carina	64	08-021	24.10	25m	30-3-76	Heemskerk (NED)	168
163.	Tholen Kirsten	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
163.	de Jonge Ida	61	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
166.	van der Horst Sacha	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	166
166.	de Groot Linda	81	08-021	24.20	25m	10-11-94	Heemskerk (NED)	166
168.	Huber Emma	13	08-021	24.24	25m	11-5-25	Krommenie (NED)	165
169.	de Roode Xara	08	08-021	24.25	25m	7-7-22	Heemskerk (NED)	165
170.	Heus Inge	81	08-021	24.30	25m	16-5-91	Heemskerk (NED)	164
171.	van de Kamp Yvonne	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
171.	Reuderink Miranda	63	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
173.	van Dam Merel	14	08-021	24.48	25m	21-5-26	Heemskerk (NED)	161
174.	van Megen Carla	65	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
174.	Claesens Freeke	64	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
174.	Rasch Monique	66	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
174.	Cappelle Marcella	85	08-021	24.50	25m	19-3-98	Heemskerk (NED)	160
178.	Calkhoven Mariëtte	65	08-021	24.60	25m	14-9-76	Heemskerk (NED)	158
178.	Grul Lisanne	97	08-021	24.60	25m	29-5-08	Heemskerk (NED)	158
180.	Koper Fiona	01	08-021	24.62	25m	3-4-11	Zaandam (NED)	158
181.	Walraven Annet	62	08-021	24.70	25m	30-3-76	Heemskerk (NED)	156
181.	Huisman Lianne	87	08-021	24.70	25m	18-1-01	Heemskerk (NED)	156
183.	Nijman Linda	89	08-021	24.76	25m	22-2-01	Heemskerk (NED)	155
184.	Aafjes Suzan	69	08-021	24.80	25m	15-9-79	Heemskerk (NED)	154
185.	Dijkstra Pascal	89	08-021	24.81	25m	25-3-99	Heemskerk (NED)	154
186.	van Laarhoven Salome	15	08-021	24.83	25m	21-5-26	Heemskerk (NED)	154
187.	Groot Carolien	64	08-021	24.90	25m	30-3-76	Heemskerk (NED)	153
187.	de Graaf Annemiek	70	08-021	24.90	25m	16-3-80	Heemskerk (NED)	153
187.	Elghandor Kiyaan	03	08-021	24.90	25m	2-2-14	Haarlem (NED)	153
190.	Rodenburg Kyra	96	08-021	24.94	25m	27-4-06	Heemskerk	152
191.	Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
191.	van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
191.	Stoker Ianthe	84	08-021	25.00	25m	13-3-97	Heemskerk (NED)	151
194.	Jonker Monique	66	08-021	25.10	25m	14-9-76	Heemskerk (NED)	149
195.	Renkema Iris	04	08-021	25.11	25m	10-3-13	Schagen (NED)	149
196.	van Berkel Nova	10	08-021	25.19	25m	30-3-23	Heemskerk (NED)	147
197.	Put Ann	64	08-021	25.20	25m	14-9-76	Heemskerk (NED)	147
197.	Windmuller Wendy	69	08-021	25.20	25m	15-9-79	Heemskerk (NED)	147
197.	van Honschoten Ingeborg	70	08-021	25.20	25m	16-3-80	Heemskerk (NED)	147
197.	Schijf Irene	83	08-021	25.20	25m	16-3-95	Heemskerk (NED)	147
201.	Vellinga Yvonne	64	08-021	25.30	25m	14-9-76	Heemskerk (NED)	145
202.	de Groot Sjors	08	08-021	25.40	25m	7-7-22	Heemskerk (NED)	144
203.	van Roon Jill	14	08-021	25.41	25m	21-5-26	Heemskerk (NED)	144
204.	Mosch Sabina	84	08-021	25.50	25m	13-3-97	Heemskerk (NED)	142
205.	Scholten Britt	04	08-021	25.58	25m	7-4-13	Castricum (NED)	141
206.	Haack Fenna	16	08-021	25.59	25m	21-5-26	Heemskerk (NED)	141
207.	Wiegman Brenda	72	08-021	25.60	25m	13-12-81	Volendam (NED)	140
208.	Doodeman Lieke	16	08-021	25.65	25m	19-2-26	Heemskerk (NED)	140
208.	Broersma Dione	16	08-021	25.65	25m	21-5-26	Heemskerk (NED)	140
210.	Kerkhoven Michelle	91	08-021	25.72	25m	22-2-01	Heemskerk (NED)	138
211.	Verduin Pluk	16	08-021	25.87	25m	10-9-26	Heemskerk (NED)	136
212.	Zeeman Judith	70	08-021	25.90	25m	15-9-79	Heemskerk (NED)	136

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213.	Liefting Marielle	90	08-021	25.97	25m	22-2-01	Heemskerk (NED)	134
214.	van den Braber Liesbeth	84	08-021	26.00	25m	13-3-97	Heemskerk (NED)	134
215.	Steenkamp Meagan	08	08-021	26.08	25m	21-4-22	Heemskerk (NED)	133
216.	van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)	132
217.	Pezo Adna	90	08-021	26.12	25m	22-2-01	Heemskerk (NED)	132
218.	de Vriend Sofie	01	08-021	26.27	25m	3-4-11	Zaandam (NED)	130
219.	de Haan Liesbeth	64	08-021	26.30	25m	30-3-76	Heemskerk (NED)	129
219.	Cijsouw Karin	66	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
219.	Palthe Yvonne	67	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
219.	van den Heuvel Sandra	80	08-021	26.30	25m	12-1-89	Heemskerk (NED)	129
223.	Peters Marion	67	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
223.	van der Leden Cynthia	66	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
223.	van Dijk Yvonne	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
226.	Schelvis Liselot	92	08-021	26.45	25m	18-11-01	Heemskerk	127
227.	van Wijngaarden Linda	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	126
227.	Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)	126
229.	Geluk Mabelle	73	08-021	26.65	25m	20-11-11	Almere-Stad (NED)	124
230.	Kuijl Karin	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	122
230.	van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)	122
230.	Martens Priscilla	85	08-021	26.80	25m	20-3-97	Heemskerk (NED)	122
233.	Nobels Marlies	65	08-021	26.90	25m	14-9-76	Heemskerk (NED)	121
234.	Kragt Kirsten	10	08-021	26.95	25m	7-12-23	Heemskerk (NED)	120
235.	Windmuller Annemarie	67	08-021	27.00	25m	14-9-76	Heemskerk (NED)	120
236.	Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)	117
236.	Bakker Lisette	83	08-021	27.20	25m	14-3-96	Heemskerk (NED)	117
238.	Herwegh Izayra Rena	14	08-021	27.38	25m	15-1-23	Den Helder (NED)	115
239.	Konz Cyndy	66	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
239.	Pover Karin	67	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
241.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
241.	Beentjes Esther	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
243.	Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
243.	Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
245.	van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)	112
246.	Post Aijuna	14	08-021	27.63	25m	7-12-23	Heemskerk (NED)	112
247.	Hoeksema Kim	90	08-021	27.66	25m	22-2-01	Heemskerk (NED)	111
248.	Kraamer Carla	66	08-021	27.70	25m	30-3-76	Heemskerk (NED)	111
248.	Bakkum Astrid	65	08-021	27.70	25m	14-9-76	Heemskerk (NED)	111
250.	Veldhuis Amelia	03	08-021	27.77	25m	7-4-13	Castricum (NED)	110
251.	Nuyten Carolien	63	08-021	27.80	25m	30-3-76	Heemskerk (NED)	109
251.	Reeuwijk Danielle	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	109
253.	Banks Riley	17	08-021	27.93	25m	21-4-24	Krommenie (NED)	108
254.	Oliveira Rocha Yara	17	08-021	27.94	25m	21-4-24	Krommenie (NED)	108
255.	van Ess Zoe	14	08-021	27.95	25m	11-12-25	Heemskerk (NED)	108
256.	Ververst Brigitte	66	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
256.	de Vries Annelies	64	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
258.	van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)	105
259.	de Buyzer Anita	67	08-021	28.40	25m	14-9-76	Heemskerk (NED)	103
260.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	102
260.	Eijndhoven Jonna	02	08-021	28.50	25m	11-3-12	Zaandam (NED)	102
262.	ter Horst Ilja	67	08-021	28.60	25m	30-3-76	Heemskerk (NED)	101
263.	Haack Zowi	18	08-021	28.70	25m	21-5-26	Heemskerk (NED)	99
264.	Slotemaker Britt	14	08-021	28.78	25m	1-2-24	Heemskerk (NED)	99
265.	Dwarswaard Wilma	64	08-021	29.00	25m	30-3-76	Heemskerk (NED)	96

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266.	Zieck Esther	67	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
266.	Hollander Marianne	65	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
268.	Hoekstra Femke	05	08-021	29.11	25m	2-2-14	Haarlem (NED)	95
269.	Meskhy Nita	16	08-021	29.13	25m	10-9-26	Heemskerk (NED)	95
270.	Ramazani Helia	16	08-021	29.21	25m	9-11-25	Zaandam (NED)	94
271.	Zwart Ellen	65	08-021	29.30	25m	30-3-76	Heemskerk (NED)	93
272.	Badahi Lina	10	08-021	29.34	25m	7-12-23	Heemskerk (NED)	93
273.	Kuijper Michelle	91	08-021	29.44	25m	22-2-01	Heemskerk (NED)	92
274.	Nagy Illango	10	08-021	29.51	25m	30-3-23	Heemskerk (NED)	91
275.	Kara Melek	17	08-021	29.53	25m	1-11-26	Zaandam (NED)	91
276.	Dekker Elise	97	08-021	29.56	25m	21-3-04	Heemstede	91
277.	van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)	90
278.	Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)	86
278.	van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)	86
280.	Copier Alyssa	04	08-021	30.34	25m	10-3-13	Schagen (NED)	84
281.	van der Mei Monique	65	08-021	30.50	25m	30-3-76	Heemskerk (NED)	83
282.	Wieman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)	83
283.	Eggink Christa	65	08-021	30.60	25m	30-3-76	Heemskerk (NED)	82
284.	Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	80
285.	Zuidervaart Anne	02	08-021	30.84	25m	30-6-11	Heemskerk (NED)	80
286.	van Hiele Femke	13	08-021	30.90	25m	24-10-24	Heemskerk (NED)	80
287.	Burgering Anouk	12	08-021	30.92	25m	21-4-22	Heemskerk (NED)	79
288.	Bos Froke	69	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
288.	Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
288.	Reuderink Bettina	67	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
291.	Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)	78
292.	Welboren Carla	68	08-021	31.50	25m	30-3-76	Heemskerk (NED)	75
293.	Salido Keesje	05	08-021	31.55	25m	2-2-14	Haarlem (NED)	75
294.	Sobh Shaime	03	08-021	31.76	25m	11-3-12	Zaandam (NED)	73
295.	Nagy Noella	13	08-021	31.81	25m	30-3-23	Heemskerk (NED)	73
296.	Niessen Annemarie	67	08-021	32.60	25m	14-9-76	Heemskerk (NED)	68
297.	de Reuver Babette	18	08-021	32.61	25m	21-5-26	Heemskerk (NED)	68
298.	van Vliet Sandra	67	08-021	32.70	25m	30-3-76	Heemskerk (NED)	67
299.	de Graaf Marion	72	08-021	32.90	25m	10-2-80	Heerhugowaard (NED)	66
300.	Harke Lily Rose	16	08-021	32.97	25m	11-12-25	Heemskerk (NED)	65
301.	Broersma Manou	17	08-021	33.17	25m	10-9-26	Heemskerk (NED)	64
302.	Windmuller Jolande	65	08-021	33.30	25m	14-9-76	Heemskerk (NED)	64
303.	Faatels Nora	18	08-021	33.80	25m	10-9-26	Heemskerk (NED)	61
304.	de Weers Marit	15	08-021	34.00	25m	2-4-23	Haarlem (NED)	60
305.	Adli Sara	13	08-021	34.03	25m	30-3-23	Heemskerk (NED)	59
306.	van Roon Lexie	18	08-021	34.39	25m	8-3-26	Krommenie (NED)	58
307.	Mooy Monique	69	08-021	34.80	25m	30-3-76	Heemskerk (NED)	56
308.	Berloth Lydia	68	08-021	35.00	25m	30-3-76	Heemskerk (NED)	55
308.	Atzei Sabina	71	08-021	35.00	25m	16-3-80	Heemskerk (NED)	55
310.	Visser Mirjam	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
310.	Lange Sandra	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
312.	de Vries Sascha	69	08-021	35.80	25m	30-3-76	Heemskerk (NED)	51
313.	Spanjaard Marijke	65	08-021	36.00	25m	30-3-76	Heemskerk (NED)	50
314.	Guldemond Collinda	68	08-021	36.50	25m	14-9-76	Heemskerk (NED)	48
315.	Dekker Ivy	16	08-021	37.33	25m	24-10-24	Heemskerk (NED)	45
316.	de Wit Irene	68	08-021	38.30	25m	30-3-76	Heemskerk (NED)	42
317.	Tilgenkamp Lentley	13	08-021	39.17	25m	7-12-23	Heemskerk (NED)	39
318.	Dorlandt Yvonne	69	08-021	39.40	25m	30-3-76	Heemskerk (NED)	38

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319.	Reitsma Liv	14	08-021	39.78	25m	15-12-22	Heemskerk (NED)	37
320.	Dekker Jane	17	08-021	40.39	25m	24-10-24	Heemskerk (NED)	35
321.	Roestenberg Miriam	70	08-021	41.50	25m	14-9-76	Heemskerk (NED)	33
322.	Schrauwen Riva	18	08-021	42.68	25m	10-9-26	Heemskerk (NED)	30
323.	Onyemuna Gianna	12	08-021	43.61	25m	21-4-22	Heemskerk (NED)	28
324.	Onyemuna Nicole	14	08-021	43.84	25m	21-4-22	Heemskerk (NED)	28
325.	Beemsterboer Marianne	67	08-021	46.00	25m	30-3-76	Heemskerk (NED)	24
326.	Roling Nora	15	08-021	53.61	25m	30-3-23	Heemskerk (NED)	15
327.	Adli Linda	14	08-021	53.66	25m	30-3-23	Heemskerk (NED)	15

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1.	Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	588
2.	Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)	482
3.	ten Bokkel Henrieke	94	08-021	36.64	25m	13-1-19	Purmerend (NED)	477
4.	van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	501
5.	Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)	440
6.	de Haan Shira	00	08-021	38.14	25m	7-10-18	Purmerend (NED)	423
7.	Wentink Yara	04	08-021	38.67	25m	8-11-26	Purmerend (NED)	406
8.	van 't Veer Iris	03	08-021	38.70	25m	16-11-25	Purmerend (NED)	405
9.	Siemerink Laura	04	08-021	38.79	25m	21-4-19	Haarlem (NED)	402
10.	van der Geest Saskia	73	08-021	38.90	25m	31-12-88		399
11.	Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	398
12.	Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)	396
13.	de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)	387
14.	Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)	386
15.	Smit Sanne	01	08-021	39.35	25m	7-3-19	Heemskerk (NED)	385
16.	van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)	383
17.	Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	377
18.	Koper Fiona	01	08-021	39.89	25m	7-3-19	Heemskerk (NED)	370
19.	Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)	367
20.	Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	364
21.	Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	361
22.	Herwegh Binthy	09	08-021	40.25	25m	27-10-24	Zaandam (NED)	360
23.	Gijzen-van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam	358
24.	Hulshof Saskia	73	08-021	40.40	25m	14-12-88		356
25.	de Boer Maia	03	08-021	40.52	25m	21-9-23	Heemskerk (NED)	353
26.	Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)	351
27.	Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)	348
28.	van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)	347
29.	Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)	346
30.	Vink Marjolein	93	08-021	40.96	25m	7-12-08	Zaandam (NED)	341
31.	Schoonderwoerd Rianne	95	08-021	41.01	25m	2-2-23	Heemskerk (NED)	340
32.	Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)	340
32.	Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)	340
34.	Oudendijk Bianca	79	08-021	41.10	25m	24-4-94	Zaandam (NED)	338
35.	van Assema Eline	05	08-021	41.41	25m	7-10-21	Heemskerk (NED)	330
36.	van Galen Angela	65	08-021	41.50	25m	14-3-81	Heemskerk (NED)	328
37.	Hoek Daniëlle	88	08-021	41.52	25m	5-6-05	Alkmaar (NED)	328
37.	Stel Serena	98	08-021	41.52	25m	4-4-10	Haarlem (NED)	328
39.	Veldhuis Amelia	03	08-021	41.53	25m	7-10-21	Heemskerk (NED)	327
40.	Herwegh Yara	07	08-021	41.57	25m	27-10-24	Zaandam (NED)	327
41.	Petit Kirsten	00	08-021	41.59	25m	13-11-16	Purmerend (NED)	326

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42.	van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)	325
43.	Mallon Danique	94	08-021	41.66	25m	14-3-10	Heemskerk (NED)	324
43.	de Wildt Maud	05	08-021	41.66	25m	5-3-20	Heemskerk (NED)	324
45.	van Giezen Sandra	63	08-021	41.70	25m	14-3-81	Heemskerk (NED)	323
45.	Boekling Annette	85	08-021	41.70	25m	20-12-01	Heemskerk	323
47.	van Langelaar Tessa	97	08-021	41.72	25m	10-3-13	Schagen (NED)	323
48.	Stins Mariska	84	08-021	41.73	25m	15-4-01	Haarlem (NED)	323
49.	Buur Naomi	01	08-021	41.76	25m	17-3-16	Heemskerk (NED)	322
50.	Niesten Annet	62	08-021	41.80	25m	22-1-78	Zaandam (NED)	321
50.	Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)	321
52.	Kleijne Daisy	89	08-021	41.93	25m	29-4-07	Alkmaar (NED)	318
52.	Niesten Iris	92	08-021	41.93	25m	12-4-09	Haarlem (NED)	318
54.	van Staveren Marina	78	08-021	41.98	25m	9-2-12	Heemskerk (NED)	317
55.	Nijholt Carin	60	08-021	42.00	25m	27-11-77	IJmuiden (NED)	317
56.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	314
56.	Heus Pauline	78	08-021	42.10	25m	5-10-97	Zaandam (NED)	314
58.	de Groot Gitta	60	08-021	42.50	25m	27-11-77	IJmuiden (NED)	306
58.	Knight Kayleigh	00	08-021	42.50	25m	16-3-17	Heemskerk (NED)	306
60.	Limmen Karin	76	08-021	42.60	25m	7-11-90		303
61.	Moolevliet Petra	82	08-021	42.80	25m	10-10-96	Heemskerk (NED)	299
61.	Cappelle Carlijn	82	08-021	42.80	25m	11-9-97	Heemskerk (NED)	299
63.	van de Poll Marianne	89	08-021	42.85	25m	27-11-03	Heemskerk (NED)	298
64.	Koopman Anitra	89	08-021	42.87	25m	5-6-05	Alkmaar (NED)	298
65.	Butter Anouk	82	08-021	42.88	25m	19-2-26	Heemskerk (NED)	297
66.	Spijker Kristel	84	08-021	42.93	25m	5-2-12	Zaandam (NED)	296
67.	Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)	320
68.	van Duin Margret	60	08-021	43.00	25m	30-3-76	Heemskerk (NED)	295
68.	Meijer Sylvia	81	08-021	43.00	25m	27-10-96	Zaandam (NED)	295
70.	Essers Sanne	91	08-021	43.09	25m	30-12-07	Maastricht (NED)	293
71.	Scholten Britt	04	08-021	43.22	25m	5-3-20	Heemskerk (NED)	290
72.	Besse Karen	75	08-021	43.30	25m	8-11-90	Heemskerk (NED)	289
73.	van Kooten Cynthia	93	08-021	43.35	25m	31-5-07	Heemskerk (NED)	288
74.	Limmen Miriam	75	08-021	43.40	25m	14-12-89	Heemskerk (NED)	287
74.	Beentjes Nicolet	80	08-021	43.40	25m	5-10-97	Zaandam (NED)	287
74.	van Ballegooie Stefanie	86	08-021	43.40	25m	17-3-02	Zaandam	287
77.	Oortwijn Jytte	10	08-021	43.44	25m	14-3-24	Heemskerk (NED)	286
78.	Jongema Helena	80	08-021	43.60	25m	16-11-08	Amsterdam-oost (NED)	283
79.	Ivens Suzanne	99	08-021	43.65	25m	17-11-13	Heemskerk (NED)	282
80.	Krouwels Tanja	79	08-021	43.75	25m	24-9-98	Heemskerk (NED)	280
81.	Haasbroek Renske	03	08-021	43.84	25m	12-1-25	Heemskerk (NED)	278
82.	Bruin Adri	74	08-021	43.90	25m	15-12-88	Heemskerk (NED)	277
82.	de Boer Angela	80	08-021	43.90	25m	20-10-94	Heemskerk (NED)	277
84.	Smid Diane	65	08-021	43.93	25m	29-3-07	Heemskerk (NED)	277
85.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	274
86.	Blaauw Yente	03	08-021	44.08	25m	16-3-17	Heemskerk (NED)	274
87.	de Ruijter Linda	87	08-021	44.09	25m	25-11-04	Heemskerk (NED)	274
88.	Missot Gonda	66	08-021	44.20	25m	15-9-79	Heemskerk (NED)	272
89.	Hermans Liesbeth	66	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
89.	Plokker Sylvia	68	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
91.	de Wolff Isabel	01	08-021	44.34	25m	30-3-14	Zaandam (NED)	269
92.	Lund Karin	63	08-021	44.40	25m	22-1-78	Zaandam (NED)	268
92.	de Boer Claudia	77	08-021	44.40	25m	5-10-89	Heemskerk (NED)	268
94.	Liefting Sarina	93	08-021	44.44	25m	30-11-06	Heemskerk	267

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95.	Verbree Bets	63	08-021	44.50	25m	15-9-79	Heemskerk (NED)	266
96.	de Boer Irene	84	08-021	44.60	25m	26-1-97	Zuidoost Beemster (NED)	264
96.	Buur Cindy	99	08-021	44.60	25m	13-11-16	Purmerend (NED)	264
98.	Peters Yvonne	63	08-021	44.70	25m	14-3-81	Heemskerk (NED)	263
99.	Vredenburg Roos	95	08-021	44.72	25m	7-2-10	Heemstede (NED)	262
100.	Munnik Yvonne	64	08-021	44.90	25m	22-1-78	Zaandam (NED)	259
101.	Zwaan Melissa	91	08-021	44.96	25m	28-12-03	Maastricht (NED)	258
102.	Deen Annette	60	08-021	45.00	25m	30-3-76	Heemskerk (NED)	257
102.	Oosterveen Yvonne	80	08-021	45.00	25m	12-5-93		257
102.	Dijkstra Lisette	86	08-021	45.00	25m	11-9-97	Heemskerk (NED)	257
105.	Sobh Shaime	03	08-021	45.01	25m	6-3-16	Purmerend (NED)	257
106.	Bos Marieke	06	08-021	45.05	25m	19-9-21	Zaandam (NED)	256
107.	van Baar Monique	73	08-021	45.10	25m	14-12-88		256
107.	Meijer Linda	77	08-021	45.10	25m	13-10-93		256
107.	van Ballegooie Simone	84	08-021	45.10	25m	5-10-97	Zaandam (NED)	256
110.	Koper Birgit	87	08-021	45.12	25m	27-4-03	Zaandam	255
111.	Zwarthoed Brenda	96	08-021	45.18	25m	11-5-08	Purmerend (NED)	254
112.	Groot Tineke	60	08-021	45.20	25m	15-9-79	Heemskerk (NED)	254
112.	Tholen Kirsten	66	08-021	45.20	25m	4-10-80	Heemskerk (NED)	254
112.	Splinter Nathalie	75	08-021	45.20	25m	15-12-88	Heemskerk (NED)	254
112.	Bruin Marianne	78	08-021	45.20	25m	8-11-90	Heemskerk (NED)	254
112.	van Vliet Isabel	02	08-021	45.20	25m	26-11-17	Purmerend (NED)	254
117.	Visser Kelly	89	08-021	45.25	25m	30-9-12	Heemskerk (NED)	253
118.	Aafjes Suzan	69	08-021	45.50	25m	3-5-81	Zaandam (NED)	249
118.	Beentjes Daphne	91	08-021	45.50	25m	27-4-03	Zaandam	249
120.	Besse Meta	78	08-021	45.60	25m	7-2-91	Heemskerk (NED)	247
121.	Schaefer Lisa	06	08-021	45.69	25m	7-3-19	Heemskerk (NED)	246
122.	Zeeman Judith	70	08-021	45.70	25m	3-5-81	Zaandam (NED)	246
123.	Windmuller Wendy	69	08-021	45.80	25m	14-3-81	Heemskerk (NED)	244
123.	de Vries Cathy	77	08-021	45.80	25m	8-11-90	Heemskerk (NED)	244
125.	Smit Lydia	84	08-021	45.89	25m	24-9-98	Heemskerk (NED)	243
126.	Keessen Pam	62	08-021	46.00	25m	22-4-78	Heemskerk (NED)	241
127.	van Koeveringe Nicole	93	08-021	46.08	25m	22-1-09	Heemskerk (NED)	240
128.	van Sikkelerus Lisa	99	08-021	46.09	25m	9-3-14	Zaandam (NED)	239
129.	Dijkstra Maud	84	08-021	46.10	25m	5-10-97	Zaandam (NED)	239
130.	Molenaar Eline	82	08-021	46.15	25m	16-12-99	Heemskerk	239
131.	Zonneveld Cindy	75	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
131.	Dijkstra Janet	77	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
133.	Zonneveld Chantal	84	08-021	46.35	25m	16-12-99	Heemskerk	235
134.	de Roode Xara	08	08-021	46.36	25m	12-4-26	Purmerend (NED)	235
135.	Limmen Anita	78	08-021	46.40	25m	5-3-94		235
136.	Regelink Anneke	83	08-021	46.42	25m	24-9-98	Heemskerk (NED)	234
137.	Horst Diana	67	08-021	46.50	25m	14-3-81	Heemskerk (NED)	233
137.	Bakker Jesca	79	08-021	46.50	25m	14-12-89	Heemskerk (NED)	233
137.	Hoogervorst Marlon	84	08-021	46.50	25m	20-10-94	Heemskerk (NED)	233
140.	Wieman Lianne	03	08-021	46.61	25m	7-3-19	Heemskerk (NED)	231
141.	Sahin Súmeyye Sena	10	08-021	46.65	25m	23-4-23	Den Helder (NED)	231
142.	Bakkum Wilma	62	08-021	46.80	25m	15-9-79	Heemskerk (NED)	229
142.	Lund Jolanda	65	08-021	46.80	25m	10-2-80	Heerhugowaard (NED)	229
142.	Bos Chantal	74	08-021	46.80	25m	14-12-88		229
145.	Rodenburg Rianne	93	08-021	46.82	25m	5-11-06	Zaandam (NED)	228
146.	Hofland Yasmin	01	08-021	46.99	25m	12-4-18	Heemskerk (NED)	226
147.	Reijnders Sandra	64	08-021	47.00	25m	10-2-80	Heerhugowaard (NED)	226

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147.	Hommersen Sandra	84	08-021	47.00	25m	5-10-97	Zaandam (NED)	226
149.	van Eerden Meike	00	08-021	47.06	25m	20-11-22	Den Helder (NED)	225
150.	Grul Lisanne	97	08-021	47.10	25m	10-3-13	Schagen (NED)	224
151.	de Loos Marijke	94	08-021	47.13	25m	23-5-10	Purmerend (NED)	224
152.	van Rijn Sydney	03	08-021	47.14	25m	7-10-18	Purmerend (NED)	224
153.	van de Kamp Yvonne	65	08-021	47.20	25m	14-3-81	Heemskerk (NED)	223
154.	ten Cate Joyce	80	08-021	47.21	25m	27-1-11	Heemskerk (NED)	223
155.	Meesters Audrey	90	08-021	47.25	25m	27-4-03	Zaandam	222
156.	Huisman Caroline	64	08-021	47.30	25m	17-9-77	Heemskerk (NED)	221
156.	Beeksma Anne	88	08-021	47.30	25m	21-4-02	Heemstede	221
158.	Ardicyaka Irem	06	08-021	47.36	25m	7-3-19	Heemskerk (NED)	221
159.	Angenent Nienke	01	08-021	47.37	25m	6-3-14	Heemskerk (NED)	221
160.	Lange Sandra	67	08-021	47.50	25m	16-3-80	Heemskerk (NED)	219
161.	Put Ann	64	08-021	47.60	25m	10-2-80	Heerhugowaard (NED)	217
161.	Zonneveld Monica	80	08-021	47.60	25m	13-10-93		217
161.	Potemans Priscilla	84	08-021	47.60	25m	11-9-97	Heemskerk (NED)	217
164.	Zonneveld Melissa	88	08-021	47.76	25m	30-9-04	Heemskerk (NED)	215
165.	Lindelauf Priscilla	85	08-021	47.78	25m	14-12-00	Heemskerk (NED)	215
166.	Berloth Lydia	68	08-021	47.80	25m	4-10-80	Heemskerk (NED)	215
167.	Bruins Julia	06	08-021	47.85	25m	5-6-25	Heemskerk (NED)	214
168.	Luesken Marian	62	08-021	47.90	25m	30-3-76	Heemskerk (NED)	213
169.	van der Horst Sacha	69	08-021	48.00	25m	14-3-81	Heemskerk (NED)	212
170.	Boere Sacha	91	08-021	48.09	25m	28-4-05	Heemskerk (NED)	211
171.	Dijkstra Ingrid	68	08-021	48.10	25m	14-3-81	Heemskerk (NED)	211
171.	Bouwer Jolien	89	08-021	48.10	25m	28-11-02	Heemskerk	211
173.	Mooy Monique	69	08-021	48.20	25m	13-12-81	Volendam (NED)	209
173.	Pover Karin	67	08-021	48.20	25m	8-3-87	Zaandam (NED)	209
173.	van Velsen Patricia	79	08-021	48.20	25m	20-10-94	Heemskerk (NED)	209
176.	Steenkamp Ciska	90	08-021	48.28	25m	14-12-00	Heemskerk (NED)	208
177.	Deiman Caroline	67	08-021	48.30	25m	8-2-89		208
177.	de Groot Linda	81	08-021	48.30	25m	10-10-96	Heemskerk (NED)	208
179.	Raszinski Nienke	01	08-021	48.47	25m	6-3-14	Heemskerk (NED)	206
180.	Nijman José	93	08-021	48.53	25m	28-10-07	Zaandam (NED)	205
181.	de Jong Desire	73	08-021	48.60	25m	8-3-87	Zaandam (NED)	204
182.	Martens Iandra	03	08-021	48.63	25m	8-1-15	Heemskerk (NED)	204
183.	van Giezen Corina	68	08-021	48.70	25m	14-3-81	Heemskerk (NED)	203
183.	de Graaf Annemiek	70	08-021	48.70	25m	3-5-81	Zaandam (NED)	203
185.	van Putten Demi	96	08-021	48.74	25m	29-5-11	Purmerend (NED)	202
186.	Bouwman Esther	63	08-021	48.80	25m	30-3-76	Heemskerk (NED)	202
186.	van Giezen Irene	67	08-021	48.80	25m	14-3-81	Heemskerk (NED)	202
188.	Viel Bianca	85	08-021	48.92	25m	14-12-00	Heemskerk (NED)	200
189.	Hoek Laura	86	08-021	48.96	25m	16-12-99	Heemskerk	200
190.	de Pree Caroline	64	08-021	49.00	25m	10-2-80	Heerhugowaard (NED)	199
190.	Rasch Monique	66	08-021	49.00	25m	14-3-81	Heemskerk (NED)	199
192.	Visser Shana	04	08-021	49.02	25m	16-3-17	Heemskerk (NED)	199
193.	Yayli Serina	90	08-021	49.16	25m	31-1-02	Heemskerk	197
194.	Huneker Jolanda	79	08-021	49.30	25m	10-10-96	Heemskerk (NED)	196
195.	Koopman Jessie	97	08-021	49.37	25m	7-2-10	Heemstede (NED)	195
196.	Bakker Daniëlle	96	08-021	49.49	25m	22-1-09	Heemskerk (NED)	193
197.	Mans Joyce	67	08-021	49.50	25m	16-3-80	Heemskerk (NED)	193
197.	van Leeuwen Andrea	71	08-021	49.50	25m	14-3-81	Heemskerk (NED)	193
199.	Soellaart Esther	13	08-021	49.54	25m	10-9-26	Heemskerk (NED)	193
200.	Liefting Marielle	90	08-021	49.67	25m	20-12-01	Heemskerk	191

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200.	Butter Noor	16	08-021	49.67	25m	5-4-26	Haarlem (NED)	191
202.	Palthe Monique	64	08-021	49.70	25m	10-2-80	Heerhugowaard (NED)	191
202.	Huisman Jolanda	68	08-021	49.70	25m	14-3-81	Heemskerk (NED)	191
202.	Buitenhuis Danine	91	08-021	49.70	25m	24-4-03	Heemskerk	191
205.	Tilgenkamp Lentley	13	08-021	49.77	25m	21-5-26	Heemskerk (NED)	190
206.	ten Cate Ilona	85	08-021	49.78	25m	30-11-06	Heemskerk	190
207.	van den Braber Liesbeth	84	08-021	49.80	25m	9-4-98	Heemskerk (NED)	190
208.	Reyners Lisette	69	08-021	50.00	25m	29-11-82	Heemskerk (NED)	187
208.	Mulder Amy	80	08-021	50.00	25m	20-3-93		187
208.	de Vries Justine	83	08-021	50.00	25m	1-5-97	Heemskerk (NED)	187
211.	Reuderink Miranda	63	08-021	50.10	25m	17-9-77	Heemskerk (NED)	186
211.	Rijpkema Marije	85	08-021	50.10	25m	11-9-97	Heemskerk (NED)	186
211.	Aardenburg Judith	93	08-021	50.10	25m	28-11-04	Heemskerk (NED)	186
214.	Zijlstra Mariëlle	83	08-021	50.20	25m	16-9-95	Hoogeland (NED)	185
215.	Visser Robin	05	08-021	50.26	50m	25-3-18	Alkmaar (NED)	200
216.	Venema Jalina	04	08-021	50.27	25m	13-10-16	Heemskerk (NED)	184
217.	van der Eng Laura	80	08-021	50.30	25m	10-10-96	Heemskerk (NED)	184
218.	Dekker Danyk	94	08-021	50.39	25m	31-1-08	Heemskerk (NED)	183
219.	Poppema Yvonne	68	08-021	50.40	25m	10-2-80	Heerhugowaard (NED)	183
219.	van Giezen Wendy	70	08-021	50.40	25m	14-3-81	Heemskerk (NED)	183
221.	de Groot Marlijn	92	08-021	50.45	25m	16-5-05	Zuidoost-Beemster (NED)	182
221.	Rodenburg Kyra	96	08-021	50.45	25m	24-11-05	Heemskerk (NED)	182
223.	Last Rooske	94	08-021	50.47	25m	23-5-10	Purmerend (NED)	182
224.	Calkhoven Mariëtte	65	08-021	50.50	25m	30-3-76	Heemskerk (NED)	182
225.	Bakker Anna	97	08-021	50.53	25m	22-1-09	Heemskerk (NED)	182
226.	Huber Emma	13	08-021	50.61	25m	25-1-26	Purmerend (NED)	181
227.	Steenbakker Lisan	07	08-021	50.67	25m	26-9-24	Heemskerk (NED)	180
228.	Wissenburg Petra	65	08-021	50.70	25m	17-9-77	Heemskerk (NED)	180
229.	Elghandor Kiyaan	03	08-021	50.77	25m	29-3-15	Zaandam (NED)	179
230.	Smit Ingrid	67	08-021	50.80	25m	4-10-80	Heemskerk (NED)	179
231.	Stel Kaylin	01	08-021	50.94	25m	23-5-10	Purmerend (NED)	177
231.	Schut Bodine	09	08-021	50.94	25m	7-10-21	Heemskerk (NED)	177
233.	de Vriend Sofie	01	08-021	50.96	25m	3-2-13	Zaandam (NED)	177
234.	van der Wijden Eline	88	08-021	50.99	25m	14-12-00	Heemskerk (NED)	177
235.	Windmuller Annemarie	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
235.	Palthe Yvonne	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
235.	Cappelle Marcella	85	08-021	51.00	25m	5-10-97	Zaandam (NED)	177
238.	de Graaf Isabella	04	08-021	51.03	25m	7-10-18	Purmerend (NED)	176
239.	Weezepoel Natascha	07	08-021	51.05	25m	21-11-21	Den Helder (NED)	176
240.	Werdekker Marjolein	81	08-021	51.10	25m	13-2-97	Heemskerk (NED)	176
241.	van Laarhoven Salome	15	08-021	51.12	25m	1-11-26	Zaandam (NED)	175
242.	de Graaf Dinie	71	08-021	51.20	25m	14-3-81	Heemskerk (NED)	175
242.	Hoolwerff Esther	77	08-021	51.20	25m	8-3-87	Zaandam (NED)	175
242.	van Asch Maria	74	08-021	51.20	25m	3-2-93		175
245.	Terhorst Ilja	67	08-021	51.50	25m	15-9-79	Heemskerk (NED)	171
245.	Sierra Ana Maria	69	08-021	51.50	25m	14-3-81	Heemskerk (NED)	171
245.	Koper Ella	90	08-021	51.50	25m	20-12-01	Heemskerk	171
248.	Essers Patricia	84	08-021	51.57	25m	16-12-99	Heemskerk	171
249.	Dreyer Elly	63	08-021	51.60	25m	22-4-78	Heemskerk (NED)	170
250.	Groot Irma	63	08-021	51.80	25m	30-3-76	Heemskerk (NED)	169
250.	Koper Leny	69	08-021	51.80	25m	10-2-80	Heerhugowaard (NED)	169
252.	Mosch Sabina	84	08-021	51.84	25m	28-11-02	Heemskerk	168
253.	Bakker Lisette	83	08-021	51.90	25m	9-4-98	Heemskerk (NED)	168

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254.	van Rijn Ilona	65	08-021	52.00	25m	22-4-78	Heemskerk (NED)	167
255.	Dijkstra Pascal	89	08-021	52.23	25m	20-5-99	Heemskerk (NED)	164
256.	Renkema Marianne	70	08-021	52.30	25m	29-11-82	Heemskerk (NED)	164
257.	Kerkhoven Michelle	91	08-021	52.33	25m	30-11-00	Heemskerk (NED)	163
258.	Mes Norah	13	08-021	52.42	25m	5-6-25	Heemskerk (NED)	163
259.	Nijman Linda	89	08-021	52.54	25m	19-11-00	Zaandam (NED)	161
260.	Koper Selma	03	08-021	52.67	25m	21-4-13	Heemskerk (NED)	160
261.	van der Werf Chily	72	08-021	52.70	25m	29-11-82	Heemskerk (NED)	160
262.	Boonstra Esmé	02	08-021	52.75	25m	31-1-13	Heemskerk (NED)	160
263.	Wiegman Brenda	72	08-021	52.80	25m	29-11-82	Heemskerk (NED)	159
263.	de Jong Frederike	75	08-021	52.80	25m	3-2-93		159
265.	Kesting Alexandra	00	08-021	52.81	25m	18-2-10	Heemskerk (NED)	159
266.	van Heerwaarden Vera	03	08-021	53.01	25m	5-3-20	Heemskerk (NED)	157
267.	Salido Keesje	05	08-021	53.02	25m	29-3-15	Zaandam (NED)	157
268.	Pover Ellen	72	08-021	53.10	25m	29-11-82	Heemskerk (NED)	156
269.	van Rijn Eline	07	08-021	53.14	25m	13-11-16	Purmerend (NED)	156
270.	van den Heuvel Sandra	80	08-021	53.20	25m	1-3-90	Heemskerk (NED)	156
270.	Werdekker Esther	83	08-021	53.20	25m	8-2-96	Heemskerk (NED)	156
272.	Doll Maartje	80	08-021	53.30	25m	12-5-93		155
273.	Ikink Marion	66	08-021	53.60	25m	29-11-82	Heemskerk (NED)	152
274.	van Ederen Jasmijn	10	08-021	53.65	25m	23-2-20	Krommenie (NED)	152
275.	Schelvis Liselot	92	08-021	53.69	25m	28-2-02	Heemskerk	151
276.	van Duivenvoorde Gerda	72	08-021	53.90	25m	29-11-82	Heemskerk (NED)	150
277.	Salem Lamies	03	08-021	54.09	25m	14-1-18	Purmerend (NED)	148
278.	van Noort Jony	85	08-021	54.10	25m	12-10-95	Heemskerk (NED)	148
278.	van Leen Cynthia	81	08-021	54.10	25m	11-1-96	Heemskerk (NED)	148
280.	Doodeman Lieke	16	08-021	54.14	25m	1-11-26	Zaandam (NED)	148
281.	Herwegh Izayra Rena	14	08-021	54.15	25m	27-2-25	Heemskerk (NED)	147
282.	Jonker Monique	66	08-021	54.20	25m	17-9-77	Heemskerk (NED)	147
282.	de Bruin Debby	70	08-021	54.20	25m	29-11-82	Heemskerk (NED)	147
284.	van Duin Gerdine	65	08-021	54.40	25m	30-3-76	Heemskerk (NED)	145
284.	van Ruth Yoore	78	08-021	54.40	25m	13-6-91	Heemskerk (NED)	145
284.	Geurtsen Daisy	89	08-021	54.40	25m	29-3-01	Heemskerk (NED)	145
287.	Doodeman Sara	00	08-021	54.45	25m	27-1-11	Heemskerk (NED)	145
288.	van Roon Jill	14	08-021	54.48	25m	25-10-26	Heemskerk (NED)	145
289.	Lensen Sarian	89	08-021	54.49	25m	20-12-01	Heemskerk	145
290.	van der Does Lisa	02	08-021	54.58	25m	21-4-14	Haarlem (NED)	144
291.	Verduin Pluk	16	08-021	54.63	25m	1-11-26	Zaandam (NED)	144
292.	de Jonge Ida	61	08-021	54.70	25m	17-9-77	Heemskerk (NED)	143
292.	van der Vaart Monique	70	08-021	54.70	25m	29-11-82	Heemskerk (NED)	143
292.	Bruins Bianca	81	08-021	54.70	25m	10-10-96	Heemskerk (NED)	143
295.	Huisman Lianne	87	08-021	54.72	25m	14-12-00	Heemskerk (NED)	143
295.	Kerkmeester Priscilla	96	08-021	54.72	25m	26-11-06	Heemskerk (NED)	143
297.	Haack Fenna	16	08-021	54.73	25m	1-11-26	Zaandam (NED)	143
298.	Hoeksema Kim	90	08-021	54.94	25m	18-11-01	Heemskerk	141
299.	Terluin Suus	09	08-021	54.96	25m	8-10-20	Heemskerk (NED)	141
300.	Broersma Dione	16	08-021	54.97	25m	10-9-26	Heemskerk (NED)	141
301.	van 't Hof Manon	90	08-021	55.06	25m	28-2-02	Heemskerk	140
302.	van Dam Merel	14	08-021	55.19	25m	8-3-26	Krommenie (NED)	139
303.	de Boer Isabel	06	08-021	55.26	25m	6-9-15	Zaandam (NED)	139
304.	van Dijk Yvonne	65	08-021	55.30	25m	30-3-76	Heemskerk (NED)	138
305.	Pezo Adna	90	08-021	55.36	25m	20-12-01	Heemskerk	138
306.	Eijndhoven Jonna	02	08-021	55.38	25m	30-9-12	Heemskerk (NED)	138

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306.	de Groot Sjors	08	08-021	55.38	25m	20-11-22	Den Helder (NED)	138
308.	van Gent Anja	66	08-021	55.70	25m	16-3-80	Heemskerk (NED)	135
309.	Visser Mara	09	08-021	55.72	25m	25-5-23	Heemskerk (NED)	135
310.	Mul Marinette	72	08-021	56.00	25m	29-11-82	Heemskerk (NED)	133
311.	Doevendans Phileine	06	08-021	56.18	25m	18-2-16	Heemskerk (NED)	132
312.	Morianner Susanna	72	08-021	56.20	25m	20-9-81	Den Helder (NED)	132
313.	Bos Froke	69	08-021	56.30	25m	10-2-80	Heerhugowaard (NED)	131
313.	van der Vaart Marjolijn	69	08-021	56.30	25m	29-11-82	Heemskerk (NED)	131
315.	Gelsumino Giulia	03	08-021	56.34	25m	24-9-15	Heemskerk (NED)	131
316.	Wegchelaer Ageeth	62	08-021	56.40	25m	17-9-77	Heemskerk (NED)	130
317.	Snijder Femke	83	08-021	56.50	25m	24-3-94	Heemskerk (NED)	130
318.	van der Horst Wendy	72	08-021	56.60	25m	14-3-81	Heemskerk (NED)	129
318.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	129
320.	Slotemaker Britt	14	08-021	56.69	25m	24-11-24	Zaandam (NED)	128
321.	Hoorn Linsey	94	08-021	56.77	25m	31-3-05	Heemskerk (NED)	128
322.	Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)	127
323.	van Loon Monique	66	08-021	56.90	25m	29-11-82	Heemskerk (NED)	127
324.	Post Aijuna	14	08-021	57.06	25m	26-9-24	Heemskerk (NED)	126
325.	van Hiele Femke	13	08-021	57.26	25m	21-5-26	Heemskerk (NED)	125
326.	van Duivenvoorde Jose	70	08-021	57.30	25m	29-11-82	Heemskerk (NED)	124
326.	Heus Inge	81	08-021	57.30	25m	13-6-91	Heemskerk (NED)	124
328.	Zonneveld Jennifer	88	08-021	57.32	25m	29-3-01	Heemskerk (NED)	124
329.	Banks Riley	17	08-021	57.33	25m	20-10-24	Heemskerk (NED)	124
330.	Brands Ingrid	72	08-021	57.40	25m	29-11-82	Heemskerk (NED)	124
331.	Schijf Irene	83	08-021	57.50	25m	20-10-94	Heemskerk (NED)	123
332.	Ramazani Helia	16	08-021	57.75	25m	27-9-26	Krommenie (NED)	121
333.	Ligthart Danique	07	08-021	57.86	25m	8-10-20	Heemskerk (NED)	121
334.	Haack Zowi	18	08-021	57.94	25m	24-5-26	Purmerend (NED)	120
335.	de Ruyter Yvonne	71	08-021	58.00	25m	29-11-82	Heemskerk (NED)	120
336.	Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)	116
337.	Hol Manouk	05	08-021	58.77	25m	29-3-15	Zaandam (NED)	115
338.	Vledder Sarah	14	08-021	58.81	25m	18-10-26	Den Helder (NED)	115
339.	Oliveira Rocha Yara	17	08-021	58.85	25m	27-2-25	Heemskerk (NED)	115
340.	van Ess Zoe	14	08-021	59.10	25m	10-9-26	Heemskerk (NED)	113
341.	van der Pijl Madelon	89	08-021	59.13	25m	24-9-98	Heemskerk (NED)	113
342.	Kerdijk Lianne	81	08-021	59.50	25m	10-1-91	Heemskerk (NED)	111
343.	ten Cate Naomi	93	08-021	59.86	25m	27-3-03	Heemskerk	109
344.	Wiesener Winnifred	62	08-021	59.90	25m	17-9-77	Heemskerk (NED)	109
345.	Copier Alyssa	04	08-021	1:00.18	25m	10-11-13	Zaandam (NED)	107
346.	Welboren Julia	00	08-021	1:00.68	25m	9-10-11	Zaandam (NED)	105
347.	Kuijper Michelle	91	08-021	1:00.70	25m	20-12-01	Heemskerk	105
348.	Hoekstra Femke	05	08-021	1:00.78	25m	9-6-14	Purmerend (NED)	104
349.	de Caluwe Joyce	94	08-021	1:00.85	25m	27-2-03	Heemskerk	104
350.	Atzei Sabina	71	08-021	1:00.90	25m	29-11-82	Heemskerk (NED)	104
351.	Kuijl Karin	65	08-021	1:01.00	25m	17-9-77	Heemskerk (NED)	103
352.	Sanen Casey	99	08-021	1:01.46	25m	8-11-09	Heemstede (NED)	101
353.	Janssen Tess	89	08-021	1:01.50	25m	9-4-98	Heemskerk (NED)	100
354.	Schoonenberg Patricia	72	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	99
355.	Koppes Monique	69	08-021	1:01.90	25m	10-2-80	Heerhugowaard (NED)	99
356.	Kara Melek	17	08-021	1:02.80	25m	18-10-26	Den Helder (NED)	94
357.	van Zalingen Margreet	67	08-021	1:03.00	25m	17-9-77	Heemskerk (NED)	93
357.	Pirovano Monique	69	08-021	1:03.00	25m	10-2-80	Heerhugowaard (NED)	93
357.	van Perlo Carla	75	08-021	1:03.00	25m	29-11-82	Heemskerk (NED)	93

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360.	Bovekerk Annefleur	99	08-021	1:03.49	25m	27-9-09	Hoorn (NED)	91
361.	Zuidervaart Anne	02	08-021	1:04.18	25m	9-2-12	Heemskerk (NED)	88
362.	Beentjes Karin	72	08-021	1:04.60	25m	29-11-82	Heemskerk (NED)	87
363.	Stedelaar Jose	73	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	85
364.	Naber Eva	73	08-021	1:06.30	25m	29-11-82	Heemskerk (NED)	80
365.	van der Stigchel Samantha	96	08-021	1:08.17	25m	31-1-08	Heemskerk (NED)	74
366.	Windmuller Jolande	65	08-021	1:09.70	25m	17-9-77	Heemskerk (NED)	69
367.	Hartog Martine	74	08-021	1:11.90	25m	29-11-82	Heemskerk (NED)	63
368.	Dekker Jane	17	08-021	1:12.48	25m	27-2-25	Heemskerk (NED)	61
369.	van Roon Lexie	18	08-021	1:13.86	25m	27-9-26	Krommenie (NED)	58
370.	van Dijk Marike	73	08-021	1:14.80	25m	29-11-82	Heemskerk (NED)	56
371.	Bok Femke	74	08-021	1:16.10	25m	29-11-82	Heemskerk (NED)	53
372.	Dekker Ivy	16	08-021	1:19.29	25m	27-2-25	Heemskerk (NED)	47
373.	Schrauwen Riva	18	08-021	1:30.98	25m	18-10-26	Den Helder (NED)	31

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1.	Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2.	Broek Jade	97	08-021	1:19.62	25m	24-11-19	Hoofddorp (NED)	480
3.	van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
4.	Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
5.	de Haan Shira	00	08-021	1:21.89	25m	7-10-18	Purmerend (NED)	441
6.	Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)	437
7.	van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)	430
8.	Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)	404
9.	van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
9.	de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)	396
11.	Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)	394
12.	van 't Veer Iris	03	08-021	1:25.23	25m	12-4-26	Purmerend (NED)	391
13.	Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
14.	Hoekstra Eline	03	08-021	1:25.41	25m	8-10-20	Heemskerk (NED)	389
15.	Wentink Yara	04	08-021	1:25.45	25m	26-9-24	Heemskerk (NED)	388
16.	Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)	383
17.	Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)	383
18.	Gijzen-van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk	381
19.	Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
20.	Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)	374
21.	Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk	368
22.	Herwegh Binthy	09	08-021	1:26.99	25m	20-10-24	Heemskerk (NED)	368
23.	Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
24.	Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
25.	Siemerink Laura	04	08-021	1:27.53	25m	13-1-19	Purmerend (NED)	361
26.	ten Bokkel Henrieke	94	08-021	1:27.67	25m	10-2-19	Purmerend (NED)	359
27.	Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354
28.	van Galen Angela	65	08-021	1:28.20	25m	14-3-82		353
29.	Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)	351
30.	Smit Sanne	01	08-021	1:28.41	25m	1-10-17	Purmerend (NED)	350
31.	Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82		347
32.	Stel Serena	98	08-021	1:28.72	25m	5-4-10	Haarlem (NED)	347
33.	Hulshof Saskia	73	08-021	1:28.80	25m	28-2-90		346
34.	van der Gracht Anouk	89	08-021	1:29.12	25m	29-4-07	Alkmaar (NED)	342
35.	Niesten Iris	92	08-021	1:29.23	25m	29-11-09	Heemskerk (NED)	341
36.	Veldhuis Amelia	03	08-021	1:29.26	25m	8-10-20	Heemskerk (NED)	340

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37.	Oudendijk Bianca	79	08-021	1:29.40	25m	19-11-94		339
38.	de Graaf Dinie	71	08-021	1:29.60	25m	31-12-83		337
39.	Boekling Annette	85	08-021	1:29.62	25m	16-4-00	Zaandam (NED)	336
40.	van Giezen Sandra	63	08-021	1:29.70	25m	14-3-82		336
41.	Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)	334
42.	Vink Lidewij	90	08-021	1:29.92	25m	17-4-06	Haarlem (NED)	333
43.	Spijker Kristel	84	08-021	1:29.97	25m	19-11-09	Heemskerk (NED)	332
44.	Stins Mariska	84	08-021	1:30.00	25m	5-1-03	Aalsmeer (NED)	332
45.	Petit Kirsten	00	08-021	1:30.01	25m	13-11-16	Purmerend (NED)	332
46.	Kleijne Daisy	89	08-021	1:30.08	25m	16-2-06	Heemskerk (NED)	331
47.	de Wildt Maud	05	08-021	1:30.30	25m	6-10-19	Purmerend (NED)	329
48.	Essers Sanne	91	08-021	1:30.45	25m	29-12-06	Maastricht (NED)	327
49.	Heus Pauline	78	08-021	1:30.50	25m	13-4-98	Haarlem (NED)	327
50.	Niesten Annet	62	08-021	1:30.80	25m	26-2-78	Castricum (NED)	323
51.	Koper Fiona	01	08-021	1:30.88	25m	14-1-18	Purmerend (NED)	323
52.	de Groot Gitta	60	08-021	1:31.00	25m	23-10-77	Zandvoort (NED)	321
53.	Hoek Daniëlle	88	08-021	1:31.06	25m	3-10-04	Heemskerk (NED)	321
54.	Nijholt Carin	60	08-021	1:31.10	25m	23-10-77	Zandvoort (NED)	320
55.	van Huisstede Nikita	01	08-021	1:31.14	25m	6-3-16	Purmerend (NED)	320
56.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	319
57.	Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)	319
58.	Limmen Miriam	75	08-021	1:31.30	25m	10-1-91	Heemskerk (NED)	318
59.	Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)	316
60.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)	314
60.	van Staveren Marina	78	08-021	1:31.70	25m	13-5-12	Grootebroek (NED)	314
62.	de Boer Maia	03	08-021	1:31.71	25m	21-11-21	Den Helder (NED)	314
63.	Schuyt Simone	75	08-021	1:32.00	25m	30-9-89		311
64.	van Assema Eline	05	08-021	1:32.25	25m	3-10-21	Den Helder (NED)	308
65.	Meijer Sylvia	81	08-021	1:32.60	25m	10-12-95	Heemskerk (NED)	305
65.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)	305
67.	van Langelaar Tessa	97	08-021	1:32.66	25m	25-11-12	Heemskerk (NED)	304
68.	Moolevliet Petra	82	08-021	1:32.70	25m	17-3-96	Heemskerk (NED)	304
69.	Cappelle Carlijn	82	08-021	1:32.80	25m	1-5-97	Heemskerk (NED)	303
70.	de Ruijter Linda	87	08-021	1:33.02	25m	23-3-03	Heemstede	301
71.	Visser Stacey	87	08-021	1:33.03	25m	22-4-01	Heemskerk (NED)	301
72.	van Duin Margret	60	08-021	1:33.10	25m	10-12-77	Heemskerk (NED)	300
73.	van Ballegooie Stefanie	86	08-021	1:33.46	25m	7-4-02	Heemskerk	297
74.	Besse Karen	75	08-021	1:33.50	25m	26-9-90		296
74.	Dijkstra Lisette	86	08-021	1:33.50	25m	9-10-97	Heemskerk (NED)	296
76.	Herwegh Yara	07	08-021	1:33.64	25m	26-9-24	Heemskerk (NED)	295
77.	Schoonderwoerd Rianne	95	08-021	1:33.66	50m	28-5-23	Arnsberg (GER)	321
78.	de Boer Claudia	77	08-021	1:33.70	25m	5-1-91	Hilversum (NED)	294
79.	Ivens Suzanne	99	08-021	1:33.78	25m	17-11-13	Heemskerk (NED)	294
80.	Limmen Karin	76	08-021	1:33.80	25m	27-9-90	Heemskerk (NED)	293
81.	Beentjes Nicolet	80	08-021	1:33.84	25m	14-2-99	Heemskerk (NED)	293
82.	Koopman Anitra	89	08-021	1:33.95	25m	24-3-02	Heemstede	292
83.	Scholten Britt	04	08-021	1:34.28	25m	8-10-20	Heemskerk (NED)	289
84.	van der Horst Sacha	69	08-021	1:34.30	25m	17-5-81	Castricum (NED)	289
85.	Renkema Iris	04	08-021	1:34.36	25m	17-1-16	Purmerend (NED)	288
86.	Lund Karin	63	08-021	1:34.40	25m	12-2-78	Heemskerk (NED)	288
87.	Butter Anouk	82	08-021	1:34.43	25m	10-9-26	Heemskerk (NED)	287
88.	Windmuller Wendy	69	08-021	1:34.60	25m	17-1-82		286
89.	Halbersma Jenny	70	08-021	1:34.90	25m	16-1-83	Heemskerk (NED)	283

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89.	Bruin Adri	74	08-021	1:34.90	25m	18-2-89		283
91.	Knight Kayleigh	00	08-021	1:34.91	25m	14-1-18	Purmerend (NED)	283
92.	Groot Tineke	60	08-021	1:35.00	25m	31-8-80	Heemskerk (NED)	282
92.	de Boer Angela	80	08-021	1:35.00	25m	5-3-94		282
94.	Tholen Kirsten	66	08-021	1:35.10	25m	16-1-83	Heemskerk (NED)	281
95.	Buur Cindy	99	08-021	1:35.17	25m	13-10-16	Heemskerk (NED)	281
96.	van Ballegooie Simone	84	08-021	1:35.26	25m	26-9-98	Assendelft (NED)	280
96.	Krouwels Tanja	79	08-021	1:35.26	25m	29-10-98	Heemskerk (NED)	280
98.	Zonneveld Chantal	84	08-021	1:35.60	25m	27-1-99		277
99.	de Wolff Isabel	01	08-021	1:35.66	25m	6-3-16	Purmerend (NED)	277
100.	Vredenburg Roos	95	08-021	1:35.67	25m	22-5-10	Purmerend (NED)	276
101.	van Giezen Irene	67	08-021	1:35.70	25m	6-2-83		276
101.	Bruin Marianne	78	08-021	1:35.70	25m	16-12-90	Heemskerk (NED)	276
103.	Blaauw Yente	03	08-021	1:35.88	25m	24-3-19	Purmerend (NED)	275
104.	van de Poll Marianne	89	08-021	1:36.03	25m	26-2-04	Heemskerk (NED)	273
104.	Haasbroek Renske	03	08-021	1:36.03	25m	26-11-23	Hoofddorp (NED)	273
106.	van Giezen Wendy	70	08-021	1:36.10	25m	7-2-82		273
107.	de Graaf Annemiek	70	08-021	1:36.40	25m	17-5-81	Castricum (NED)	270
108.	Oortwijn Jytte	10	08-021	1:36.43	25m	12-1-25	Heemskerk (NED)	270
109.	Verbree Bets	63	08-021	1:36.50	25m	8-2-81	Sassenheim (NED)	269
110.	Poppema Yvonne	68	08-021	1:36.70	25m	10-4-83	Heemskerk (NED)	268
111.	van Kooten Cynthia	93	08-021	1:36.73	25m	14-1-07	Amsterdam (NED)	267
112.	Munnik Yvonne	64	08-021	1:36.80	25m	7-5-78	Assendelft (NED)	267
113.	Jongema Helena	80	08-021	1:36.85	25m	19-11-09	Heemskerk (NED)	266
114.	Oosterveen Yvonne	80	08-021	1:36.90	25m	13-12-92	Heemskerk (NED)	266
115.	Bakker Jesca	79	08-021	1:37.10	25m	7-12-89	Heemskerk (NED)	264
116.	Zeeman Judith	70	08-021	1:37.50	25m	7-2-82		261
116.	Willemse Renee	75	08-021	1:37.50	25m	31-12-86		261
116.	Meijer Linda	77	08-021	1:37.50	25m	1-3-90	Heemskerk (NED)	261
119.	Huisman Caroline	64	08-021	1:37.80	25m	23-4-76		259
120.	Zwaan Melissa	91	08-021	1:38.15	25m	28-12-03	Maastricht (NED)	256
121.	Bos Marieke	06	08-021	1:38.17	25m	24-3-19	Purmerend (NED)	256
122.	Koper Birgit	87	08-021	1:38.25	25m	16-3-03	Heemskerk	255
123.	Liefting Sarina	93	08-021	1:38.28	25m	14-1-07	Amsterdam (NED)	255
124.	Huisman Jolanda	68	08-021	1:38.30	25m	12-2-84	Heemskerk (NED)	255
125.	Sierra Ana Maria	69	08-021	1:38.50	25m	14-3-82		253
126.	Visser Kelly	89	08-021	1:38.57	25m	11-10-12	Heemskerk (NED)	253
127.	Molenaar Eline	82	08-021	1:38.58	25m	10-10-99	Zaandam (NED)	253
127.	Beentjes Daphne	91	08-021	1:38.58	25m	26-2-04	Heemskerk (NED)	253
129.	Rodenburg Rianne	93	08-021	1:38.68	25m	16-2-06	Heemskerk (NED)	252
130.	Walraven Annet	62	08-021	1:39.00	25m	7-5-78	Assendelft (NED)	249
131.	van Sikkelerus Lisa	99	08-021	1:39.35	25m	9-3-14	Zaandam (NED)	247
132.	Regelink Anneke	83	08-021	1:39.39	25m	28-1-99	Heemskerk (NED)	246
132.	Sahin Súmeyye Sena	10	08-021	1:39.39	25m	23-4-23	Den Helder (NED)	246
134.	van Giezen Corina	68	08-021	1:39.50	25m	17-1-82		246
135.	Berloth Lydia	68	08-021	1:39.60	25m	6-2-83		245
136.	Dijkstra Maud	84	08-021	1:39.90	25m	13-4-98	Haarlem (NED)	243
137.	Schaefer Lisa	06	08-021	1:39.97	25m	19-9-19	Heemskerk (NED)	242
138.	Pover Karin	67	08-021	1:40.00	25m	11-10-81	Heemskerk (NED)	242
139.	Angenent Nienke	01	08-021	1:40.08	25m	18-9-14	Heemskerk (NED)	241
140.	van Eerden Meike	00	08-021	1:40.09	25m	2-10-22	Den Helder (NED)	241
140.	de Roode Xara	08	08-021	1:40.09	25m	8-2-26	Purmerend (NED)	241
142.	van Koeveringe Nicole	93	08-021	1:40.15	25m	30-10-08	Heemskerk (NED)	241

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143.	Rasch Monique	66	08-021	1:40.50	25m	16-1-83	Heemskerk (NED)	238
143.	de Vries Cathy	77	08-021	1:40.50	25m	10-1-91	Heemskerk (NED)	238
145.	Limmen Anita	78	08-021	1:40.60	25m	3-4-93		238
146.	Nijman José	93	08-021	1:40.71	25m	30-9-07	Volendam (NED)	237
147.	van Vliet Isabel	02	08-021	1:41.09	50m	4-3-18	Amsterdam (NED)	255
148.	Ardicyaka Irem	06	08-021	1:41.10	25m	6-10-19	Purmerend (NED)	234
149.	Hermans Liesbeth	66	08-021	1:41.20	25m	29-11-81	Zaandam (NED)	233
150.	Smit Lydia	84	08-021	1:41.25	25m	14-2-99	Heemskerk (NED)	233
151.	Dreyer Elly	63	08-021	1:41.50	25m	31-8-80	Heemskerk (NED)	231
151.	Besse Meta	78	08-021	1:41.50	25m	24-2-91	Heemskerk (NED)	231
151.	Lindelauf Priscilla	85	08-021	1:41.50	25m	12-4-98	Haarlem (NED)	231
154.	Bouwman Esther	63	08-021	1:41.80	25m	10-12-77	Heemskerk (NED)	229
154.	Hommersen Sandra	84	08-021	1:41.80	25m	28-1-99	Heemskerk (NED)	229
156.	Ligterink Angela	76	08-021	1:41.90	25m	16-1-88	Hilversum (NED)	229
157.	Zonneveld Cindy	75	08-021	1:42.00	25m	30-9-89		228
158.	Zwarthoed Brenda	96	08-021	1:42.08	25m	27-3-08	Heemskerk (NED)	227
159.	Hofland Yasmin	01	08-021	1:42.12	25m	9-11-17	Heemskerk (NED)	227
160.	Steenkamp Ciska	90	08-021	1:42.15	25m	30-9-01	Zaandam (NED)	227
161.	Terhorst Ilja	67	08-021	1:42.20	25m	21-9-80	Heemskerk (NED)	227
161.	Dijkstra Ingrid	68	08-021	1:42.20	25m	6-2-83		227
163.	Nemchonok Alisa	82	08-021	1:42.33	25m	28-1-99	Heemskerk (NED)	226
164.	Aafjes Suzan	69	08-021	1:42.40	25m	12-4-81	Z.O. Beemster (NED)	225
165.	Zonneveld Monica	80	08-021	1:42.50	25m	20-3-93		225
166.	Viel Bianca	85	08-021	1:42.76	25m	29-10-98	Heemskerk (NED)	223
166.	ten Cate Joyce	80	08-021	1:42.76	25m	27-3-08	Heemskerk (NED)	223
168.	van der Werf Chily	72	08-021	1:42.90	25m	29-9-85	Heemskerk (NED)	222
168.	Hoogervorst Marlon	84	08-021	1:42.90	25m	22-1-95	Castricum (NED)	222
170.	Bos Chantal	74	08-021	1:43.00	25m	13-12-87	Assendelft (NED)	221
171.	Rijpkema Marije	85	08-021	1:43.30	25m	28-3-02	Heemskerk	219
172.	Dijkstra Janet	77	08-021	1:43.50	25m	18-2-89		218
173.	Kuiperi Judith	63	08-021	1:43.80	25m	24-5-75	Z.O. Beemster (NED)	216
174.	Bakkum Wilma	62	08-021	1:44.00	25m	23-10-77	Zandvoort (NED)	215
175.	Wieman Lianne	03	08-021	1:44.12	25m	9-11-17	Heemskerk (NED)	214
176.	Feenstra Petra	71	08-021	1:44.30	25m	22-1-84	Zandvoort (NED)	213
177.	Pover Ellen	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	210
177.	van Velsen Patricia	79	08-021	1:44.80	25m	27-11-93		210
179.	Grul Lisanne	97	08-021	1:44.88	25m	11-10-12	Heemskerk (NED)	210
180.	Zijlstra Mariëlle	83	08-021	1:44.90	25m	28-1-96	Zaandam (NED)	210
181.	Hoek Laura	86	08-021	1:44.99	25m	4-5-00	Heemskerk (NED)	209
182.	Martens Iandra	03	08-021	1:45.06	25m	24-9-15	Heemskerk (NED)	209
183.	de Vries Justine	83	08-021	1:45.20	25m	13-2-97	Heemskerk (NED)	208
183.	Visser Shana	04	08-021	1:45.20	25m	9-10-16	Alkmaar (NED)	208
185.	Bouwer Jolien	89	08-021	1:45.22	25m	19-1-03	Zaandam	208
186.	van de Kamp Yvonne	65	08-021	1:45.30	25m	27-1-80	Zaandam (NED)	207
186.	Deiman Caroline	67	08-021	1:45.30	25m	4-11-89		207
188.	Dekker Danyk	94	08-021	1:45.33	25m	27-3-08	Heemskerk (NED)	207
189.	van der Leden Cynthia	66	08-021	1:45.40	25m	27-11-77	IJmuiden (NED)	207
189.	Horst Diana	67	08-021	1:45.40	25m	11-10-81	Heemskerk (NED)	207
191.	van Rijn Sydney	03	08-021	1:45.46	25m	7-10-18	Purmerend (NED)	206
192.	Bakker Anna	97	08-021	1:45.86	25m	18-1-09	Haarlem (NED)	204
193.	de Loos Marijke	94	08-021	1:46.22	25m	19-11-09	Heemskerk (NED)	202
194.	Meesters Audrey	90	08-021	1:46.30	25m	19-1-03	Zaandam	201
195.	Schaaper Margriet	62	08-021	1:46.50	25m	1-9-79	Heemskerk (NED)	200

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196.	Raszinski Nienke	01	08-021	1:46.51	25m	10-11-13	Zaandam (NED)	200
197.	Soellaart Esther	13	08-021	1:46.55	25m	10-9-26	Heemskerk (NED)	200
198.	van Putten Demi	96	08-021	1:46.57	25m	13-3-11	Heemskerk (NED)	200
199.	Bruins Julia	06	08-021	1:46.69	25m	18-9-25	Heemskerk (NED)	199
200.	Koper Ella	90	08-021	1:46.86	25m	3-2-02	Zaandam (NED)	198
201.	Jansen Pauline	67	08-021	1:46.90	25m	6-2-83		198
202.	de Groot Linda	81	08-021	1:46.91	25m	28-1-99	Heemskerk (NED)	198
203.	Butter Noor	16	08-021	1:46.95	25m	27-9-26	Krommenie (NED)	198
204.	Steenbakker Lisan	07	08-021	1:47.07	25m	26-9-24	Heemskerk (NED)	197
205.	Windmuller Annemarie	67	08-021	1:47.50	25m	2-12-79	Zaandam (NED)	195
206.	van der Wijden Eline	88	08-021	1:47.97	25m	10-12-00	Heemskerk (NED)	192
207.	van der Horst Wendy	72	08-021	1:48.00	25m	6-9-81	Heemskerk (NED)	192
208.	Venema Jalina	04	08-021	1:48.14	25m	12-3-17	Purmerend (NED)	191
209.	Tilgenkamp Lentley	13	08-021	1:48.15	25m	18-10-26	Den Helder (NED)	191
210.	Snijder Femke	83	08-021	1:48.20	25m	3-4-94	Haarlem (NED)	191
211.	Yayli Serina	90	08-021	1:48.27	25m	24-3-02	Heemstede	191
212.	de Nijs Martine	71	08-021	1:48.40	25m	28-10-84	Egmond (NED)	190
212.	de Jong Desire	73	08-021	1:48.40	25m	22-3-87	Heerhugowaard (NED)	190
214.	Zonneveld Melissa	88	08-021	1:48.55	25m	28-10-04	Heemskerk (NED)	189
215.	de Groot Marlijn	92	08-021	1:48.56	25m	27-3-05	Haarlem (NED)	189
216.	Mulder Amy	80	08-021	1:48.70	25m	20-12-92	Volendam (NED)	188
217.	Huneker Jolanda	79	08-021	1:48.82	25m	29-10-98	Heemskerk (NED)	188
218.	Beeksma Anne	88	08-021	1:48.83	25m	13-1-02	Zaandam	188
219.	Potemans Priscilla	84	08-021	1:49.00	25m	7-11-96	Heemskerk (NED)	187
220.	Liefting Marielle	90	08-021	1:49.01	50m	20-10-02	Beverwijk (NED)	203
221.	Visser Robin	05	08-021	1:49.09	25m	13-10-16	Heemskerk (NED)	186
222.	Boere Sacha	91	08-021	1:49.13	25m	31-3-05	Heemskerk (NED)	186
223.	Smit Ingrid	67	08-021	1:49.20	25m	21-9-80	Heemskerk (NED)	186
223.	Wiegman Brenda	72	08-021	1:49.20	25m	12-2-84	Heemskerk (NED)	186
223.	Bos Annelies	74	08-021	1:49.20	25m	12-12-87		186
226.	Bakker Daniëlle	96	08-021	1:49.23	25m	10-5-08	Purmerend (NED)	186
227.	Geurtsen Daisy	89	08-021	1:49.61	25m	13-1-02	Zaandam	184
228.	van Perlo Carla	75	08-021	1:50.10	25m	29-9-85	Heemskerk (NED)	181
229.	Buitenhuis Danine	91	08-021	1:50.11	25m	31-10-02	Heemskerk	181
230.	Last Rooske	94	08-021	1:50.28	25m	4-10-09	Amsterdam-oost (NED)	180
231.	Verhagen Sabine	71	08-021	1:50.30	25m	28-10-84	Egmond (NED)	180
232.	Koopman Jessie	97	08-021	1:50.39	25m	17-1-10	Amsterdam-oost (NED)	180
233.	ten Cate Ilona	85	08-021	1:50.40	25m	12-6-00	Haarlem (NED)	180
234.	de Graaf Isabella	04	08-021	1:50.41	25m	7-10-18	Purmerend (NED)	180
235.	Stel Kaylin	01	08-021	1:50.44	25m	5-6-10	Zaandam (NED)	180
236.	Weezepoel Natascha	07	08-021	1:50.50	25m	21-11-21	Den Helder (NED)	179
237.	Schelvis Liselot	92	08-021	1:51.00	50m	25-4-04	Beverwijk (NED)	192
238.	Huber Emma	13	08-021	1:51.09	25m	8-2-26	Purmerend (NED)	176
239.	Mosch Sabina	84	08-021	1:51.10	25m	17-5-98	Heemskerk (NED)	176
240.	van der Eng Laura	80	08-021	1:51.30	25m	6-4-96	Haarlem (NED)	175
241.	van der Poel Kelly	72	08-021	1:51.40	25m	29-9-85	Heemskerk (NED)	175
242.	van den Braber Liesbeth	84	08-021	1:51.48	25m	26-9-98	Assendelft (NED)	175
243.	Keessen Pam	62	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
243.	Calkhoven Mariëtte	65	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
245.	van Leen Cynthia	81	08-021	1:51.70	25m	4-4-96	Heemskerk (NED)	174
246.	van Dijk Yvonne	65	08-021	1:51.80	25m	10-12-77	Heemskerk (NED)	173
246.	van den Heuvel Sandra	80	08-021	1:51.80	25m	1-4-90	Zaandam (NED)	173
248.	Palthe Yvonne	67	08-021	1:52.10	25m	1-11-81	Bergen (NED)	172

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249.	Bakker Lisette	83	08-021	1:52.24	25m	29-10-98	Heemskerk (NED)	171
250.	Rodenburg Kyra	96	08-021	1:52.32	25m	2-4-06	Zaandam (NED)	171
251.	van Perlo Ingrid	73	08-021	1:52.40	25m	29-9-85	Heemskerk (NED)	170
252.	Mes Norah	13	08-021	1:52.53	25m	18-9-25	Heemskerk (NED)	170
253.	Sobh Shaime	03	08-021	1:52.58	25m	17-1-16	Purmerend (NED)	169
254.	Brands Ingrid	72	08-021	1:52.70	25m	29-9-85	Heemskerk (NED)	169
255.	van Rijn Eline	07	08-021	1:52.96	25m	18-12-16	Heemskerk (NED)	168
256.	Salido Keesje	05	08-021	1:53.07	25m	14-6-15	Zaandam (NED)	167
257.	Essers Patricia	84	08-021	1:53.26	25m	14-5-00	Heemskerk (NED)	166
258.	Elghandor Kiyaan	03	08-021	1:53.59	25m	24-9-15	Heemskerk (NED)	165
259.	Herwegh Izayra Rena	14	08-021	1:53.68	25m	27-2-25	Heemskerk (NED)	165
260.	Reiss Katinka	65	08-021	1:53.90	25m	10-12-77	Heemskerk (NED)	164
260.	Werdekker Esther	83	08-021	1:53.90	25m	7-11-96	Heemskerk (NED)	164
262.	Koper Selma	03	08-021	1:53.91	25m	17-3-13	Zaandam (NED)	164
263.	Bok Femke	74	08-021	1:54.00	25m	29-9-85	Heemskerk (NED)	163
263.	van Ruth Yoore	78	08-021	1:54.00	25m	3-11-91	Assendelft (NED)	163
265.	de Vriend Sofie	01	08-021	1:54.15	25m	11-3-12	Zaandam (NED)	163
266.	Salem Lamies	03	08-021	1:54.33	25m	14-1-18	Purmerend (NED)	162
267.	van Rijn Ilona	65	08-021	1:54.40	25m	10-12-77	Heemskerk (NED)	161
267.	Hoekstra Karin	76	08-021	1:54.40	25m	7-2-88	Heemskerk (NED)	161
269.	van Roon Jill	14	08-021	1:54.62	25m	10-9-26	Heemskerk (NED)	161
270.	Dijkstra Pascal	89	08-021	1:54.98	25m	28-1-99	Heemskerk (NED)	159
271.	van Laarhoven Salome	15	08-021	1:55.04	25m	27-9-26	Krommenie (NED)	159
272.	Terluin Suus	09	08-021	1:55.09	25m	8-10-20	Heemskerk (NED)	159
273.	Nijman Linda	89	08-021	1:55.16	25m	25-1-01	Heemskerk (NED)	158
274.	van Duivenvoorde Sanne	93	08-021	1:55.18	25m	31-10-02	Heemskerk	158
275.	Reuderink Miranda	63	08-021	1:55.20	25m	10-12-77	Heemskerk (NED)	158
276.	Kerkhoven Michelle	91	08-021	1:55.21	25m	25-1-01	Heemskerk (NED)	158
277.	van der Does Lisa	02	08-021	1:55.41	25m	21-4-14	Haarlem (NED)	157
278.	van Ederen Jasmijn	10	08-021	1:55.44	25m	23-2-20	Krommenie (NED)	157
279.	Doll Maartje	80	08-021	1:55.50	25m	7-1-93	Heemskerk (NED)	157
280.	Huisman Lianne	87	08-021	1:55.59	25m	10-12-00	Heemskerk (NED)	157
281.	Cappelle Marcella	85	08-021	1:56.14	25m	11-10-98	Alkmaar (NED)	154
282.	Broers Margot	63	08-021	1:56.30	25m	10-12-77	Heemskerk (NED)	154
283.	Aardenburg Judith	93	08-021	1:56.57	25m	28-10-04	Heemskerk (NED)	153
284.	van Dam Merel	14	08-021	1:57.62	25m	8-3-26	Krommenie (NED)	149
285.	Gelsumino Giulia	03	08-021	1:57.64	25m	24-9-15	Heemskerk (NED)	148
286.	van 't Hof Manon	90	08-021	1:57.67	25m	7-4-02	Heemskerk	148
287.	van Noort Jony	85	08-021	1:58.00	25m	4-4-96	Heemskerk (NED)	147
288.	Pezo Adna	90	08-021	1:58.06	25m	15-4-01	Haarlem (NED)	147
289.	Hoeksema Kim	90	08-021	1:58.10	25m	10-3-02	Heemskerk	147
290.	de Boer Isabel	06	08-021	1:58.41	25m	11-10-15	Zaandam (NED)	146
291.	Werdekker Marjolein	81	08-021	1:58.60	25m	10-4-97	Heemskerk (NED)	145
292.	Doodeman Lieke	16	08-021	1:58.75	25m	25-10-26	Heemskerk (NED)	144
293.	de Groot Sjors	08	08-021	1:58.82	25m	20-11-22	Den Helder (NED)	144
294.	Lensen Sarian	89	08-021	1:58.84	25m	7-4-02	Heemskerk	144
295.	Kesting Alexandra	00	08-021	1:58.92	25m	23-1-11	Zaandam (NED)	144
296.	Doodeman Sara	00	08-021	1:59.00	25m	13-3-11	Heemskerk (NED)	143
297.	Schut Bodine	09	08-021	1:59.06	25m	8-10-20	Heemskerk (NED)	143
298.	Broersma Dione	16	08-021	1:59.72	25m	10-9-26	Heemskerk (NED)	141
299.	Vellinga Yvonne	64	08-021	1:59.80	25m	8-1-77	Heemskerk (NED)	141
300.	Morianner Susanna	72	08-021	2:00.10	25m	17-1-82		139
301.	Haack Fenna	16	08-021	2:00.68	25m	10-9-26	Heemskerk (NED)	137

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302.	van den Akker Terry	61	08-021	2:00.90	25m	24-5-75	Z.O. Beemster (NED)	137
303.	Doevendans Phileine	06	08-021	2:01.01	25m	13-3-16	Zaandam (NED)	136
304.	Boonstra Esmé	02	08-021	2:01.50	25m	7-10-12	Zaandam (NED)	135
305.	Verduin Pluk	16	08-021	2:01.52	25m	25-10-26	Heemskerk (NED)	135
306.	van der Leden Laura	68	08-021	2:01.90	25m	23-10-77	Zandvoort (NED)	133
307.	Eijndhoven Jonna	02	08-021	2:02.40	25m	7-10-12	Zaandam (NED)	132
308.	Slotemaker Britt	14	08-021	2:02.42	25m	13-4-25	Amsterdam (NED)	132
309.	van Hiele Femke	13	08-021	2:03.02	25m	10-9-26	Heemskerk (NED)	130
310.	Schijf Irene	83	08-021	2:03.20	25m	19-2-95	Assendelft (NED)	129
311.	Hoorn Linsey	94	08-021	2:04.07	25m	28-4-05	Heemskerk (NED)	126
312.	Ramazani Helia	16	08-021	2:04.50	25m	27-9-26	Krommenie (NED)	125
313.	van Heerwaarden Vera	03	08-021	2:04.51	25m	19-9-19	Heemskerk (NED)	125
314.	van der Zee Olga	66	08-021	2:05.00	25m	8-1-77	Heemskerk (NED)	124
315.	Ligthart Danique	07	08-021	2:05.23	25m	8-10-20	Heemskerk (NED)	123
316.	Hoekstra Femke	05	08-021	2:06.34	25m	18-9-14	Heemskerk (NED)	120
317.	Copier Alyssa	04	08-021	2:06.92	25m	31-10-13	Heemskerk (NED)	118
318.	Vonk Bea	67	08-021	2:07.10	25m	7-11-81	Heemskerk (NED)	118
318.	Kerdijk Lianne	81	08-021	2:07.10	25m	14-3-91	Heemskerk (NED)	118
320.	Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)	115
321.	Sanen Casey	99	08-021	2:08.55	25m	19-11-09	Heemskerk (NED)	114
322.	Vledder Sarah	14	08-021	2:08.79	25m	18-10-26	Den Helder (NED)	113
323.	Hol Manouk	05	08-021	2:09.57	25m	22-3-15	Zaandam (NED)	111
324.	Geluk Mabelle	73	08-021	2:09.64	25m	20-11-11	Almere-Stad (NED)	111
325.	Bovekerk Annefleur	99	08-021	2:10.27	25m	14-11-10	Castricum (NED)	109
326.	Janssen Tess	89	08-021	2:11.00	25m	17-5-98	Heemskerk (NED)	107
327.	van Ess Zoe	14	08-021	2:11.28	25m	10-9-26	Heemskerk (NED)	107
328.	Reeuwijk Danielle	70	08-021	2:11.60	25m	1-9-79	Heemskerk (NED)	106
329.	Gijzen Monique	68	08-021	2:12.90	25m	22-4-78	Heemskerk (NED)	103
330.	Haack Zowi	18	08-021	2:13.42	25m	25-5-26	Purmerend (NED)	102
331.	Post Aijuna	14	08-021	2:13.48	25m	29-9-24	Krommenie (NED)	101
332.	van der Zee Paula	68	08-021	2:17.80	25m	8-1-77	Heemskerk (NED)	92
333.	Welboren Julia	00	08-021	2:18.36	25m	9-10-11	Zaandam (NED)	91
334.	Stoker Ianthe	84	08-021	2:18.90	25m	7-11-96	Heemskerk (NED)	90
335.	Kuijper Michelle	91	08-021	2:25.31	25m	25-1-01	Heemskerk (NED)	79
336.	van der Stigchel Samantha	96	08-021	2:32.68	25m	27-3-08	Heemskerk (NED)	68
337.	Zuidervaart Anne	02	08-021	2:32.88	25m	6-10-11	Heemskerk (NED)	67

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1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
5.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425
6.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
7.	Hoekstra Eline	03	08-021	3:00.09	25m	6-10-19	Purmerend (NED)	417
8.	van 't Veer Iris	03	08-021	3:01.36	25m	12-1-20	Purmerend (NED)	408
9.	ten Bokkel Henrieke	94	08-021	3:02.03	25m	10-2-19	Purmerend (NED)	404
10.	van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
11.	Gijzen-van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)	401
12.	Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
13.	Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)	397
14.	de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)	387

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15.	Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
16.	Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
17.	Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
18.	Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)	375
19.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
20.	Herwegh Binthy	09	08-021	3:07.69	25m	15-10-23	Alkmaar (NED)	368
21.	Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)	364
22.	Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)	364
23.	Wentink Yara	04	08-021	3:08.99	25m	29-1-23	Heemskerk (NED)	361
24.	van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)	360
25.	Niesten Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)	358
26.	Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)	355
27.	Niesten Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)	349
28.	Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)	346
29.	Heus Pauline	78	08-021	3:11.60	25m	6-4-97	Heemskerk (NED)	346
30.	Hulshof Saskia	73	08-021	3:11.80	25m	30-9-89		345
31.	Koper Fiona	01	08-021	3:12.94	25m	7-10-18	Purmerend (NED)	339
32.	Groen Anne	95	08-021	3:13.13	25m	18-1-15	Zaandam (NED)	338
33.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)	337
34.	van der Gracht Anouk	89	08-021	3:14.82	25m	13-1-08	Heemskerk (NED)	329
35.	Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)	328
36.	van Huisstede Nikita	01	08-021	3:15.53	25m	12-3-17	Purmerend (NED)	325
37.	Stins Mariska	84	08-021	3:15.82	25m	16-1-00	Zaandam (NED)	324
38.	Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82		324
39.	Oudendijk Bianca	79	08-021	3:16.40	25m	23-11-94		321
40.	Limmen Miriam	75	08-021	3:16.50	25m	11-3-90	Heemskerk (NED)	321
41.	Essers Sanne	91	08-021	3:16.79	25m	13-12-07	Heemskerk (NED)	319
42.	Peters Yvonne	63	08-021	3:16.80	25m	21-3-82		319
43.	Stam Sabrina	82	08-021	3:17.00	25m	9-3-97	Alkmaar (NED)	318
44.	Siemerink Laura	04	08-021	3:17.15	25m	7-10-18	Purmerend (NED)	318
45.	Kleijne Daisy	89	08-021	3:18.16	25m	13-12-07	Heemskerk (NED)	313
46.	Buur Naomi	01	08-021	3:18.33	25m	11-9-16	Purmerend (NED)	312
47.	Boekling Annette	85	08-021	3:18.35	25m	27-1-00	Heemskerk (NED)	312
48.	de Ruijter Linda	87	08-021	3:18.60	25m	17-11-02	Heemskerk	311
48.	Stel Serena	98	08-021	3:18.60	25m	25-3-10	Heemskerk (NED)	311
50.	Besse Karen	75	08-021	3:18.90	25m	4-10-92	Assendelft (NED)	309
51.	Hoek Daniëlle	88	08-021	3:18.93	25m	27-10-05	Heemskerk (NED)	309
51.	Veldhuis Amelia	03	08-021	3:18.93	25m	6-10-19	Purmerend (NED)	309
53.	Blaauw Yente	03	08-021	3:19.99	25m	24-3-19	Purmerend (NED)	304
54.	Nijholt Carin	60	08-021	3:20.00	25m	9-9-79	Wormerveer (NED)	304
55.	de Wildt Maud	05	08-021	3:20.64	25m	29-1-23	Heemskerk (NED)	301
56.	de Boer Claudia	77	08-021	3:20.80	25m	14-3-91	Heemskerk (NED)	300
57.	Limmen Karin	76	08-021	3:21.00	25m	6-12-90	Heemskerk (NED)	300
58.	Koopman Anitra	89	08-021	3:21.16	25m	28-10-04	Heemskerk (NED)	299
59.	van Giezen Sandra	63	08-021	3:21.40	25m	7-3-82		298
59.	de Boer Irene	84	08-021	3:21.40	25m	8-12-96	Heerhugowaard (NED)	298
61.	Vredenburg Roos	95	08-021	3:21.99	25m	25-3-10	Heemskerk (NED)	295
62.	de Boer Maia	03	08-021	3:22.59	25m	29-1-23	Heemskerk (NED)	293
63.	Bakker Jesca	79	08-021	3:22.60	25m	11-3-90	Heemskerk (NED)	293
64.	Lund Karin	63	08-021	3:23.90	50m	11-6-78	Beverwijk (NED)	317
65.	van Ballegooie Stefanie	86	08-021	3:23.98	25m	19-11-00	Zaandam (NED)	287
66.	Hogema Fabiën	93	08-021	3:24.02	25m	27-5-07	Purmerend (NED)	286
67.	Visser Stacey	87	08-021	3:24.10	25m	18-11-01	Heemskerk	286

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68.	Groot Tineke	60	08-021	3:24.20	25m	28-10-79	Heerhugowaard (NED)	286
68.	van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)	286
68.	Petit Kirsten	00	08-021	3:24.20	25m	1-10-17	Purmerend (NED)	286
71.	Cappelle Carlijn	82	08-021	3:24.40	25m	9-3-97	Alkmaar (NED)	285
72.	Scholten Britt	04	08-021	3:24.43	25m	24-3-19	Purmerend (NED)	285
73.	Pover Karin	67	08-021	3:24.80	25m	7-11-81	Heemskerk (NED)	283
74.	Haasbroek Renske	03	08-021	3:25.16	25m	12-11-23	Den Helder (NED)	282
75.	Schuyt Simone	75	08-021	3:25.60	25m	10-3-90		280
76.	van Kooten Cynthia	93	08-021	3:25.73	25m	19-10-06	Heemskerk	279
77.	de Groot Gitta	60	08-021	3:27.00	25m	3-6-78	Z.O. Beemster (NED)	274
78.	de Boer Angela	80	08-021	3:27.10	25m	24-11-94	Heemskerk (NED)	274
79.	van Staveren Marina	78	08-021	3:27.23	25m	17-10-15	Emmeloord (NED)	273
80.	Beentjes Nicolet	80	08-021	3:27.40	25m	5-11-95	Assendelft (NED)	273
81.	van Langelaar Tessa	97	08-021	3:27.75	25m	2-10-11	Heemskerk (NED)	271
82.	Liefting Sarina	93	08-021	3:28.08	25m	19-10-06	Heemskerk	270
83.	Tholen Kirsten	66	08-021	3:28.90	25m	22-3-81	Wieringerwerf (NED)	267
84.	Meijer Linda	77	08-021	3:29.40	25m	7-1-93	Heemskerk (NED)	265
85.	Ivens Suzanne	99	08-021	3:29.78	25m	6-10-13	Heemskerk (NED)	263
86.	van de Poll Marianne	89	08-021	3:29.83	25m	30-10-03	Heemskerk	263
87.	van Giezen Irene	67	08-021	3:29.90	25m	13-3-83	Castricum (NED)	263
88.	Bruin Marianne	78	08-021	3:30.10	25m	6-12-90	Heemskerk (NED)	262
88.	Knight Kayleigh	00	08-021	3:30.10	25m	1-10-17	Purmerend (NED)	262
90.	Koper Birgit	87	08-021	3:30.51	25m	17-11-02	Heemskerk	261
91.	Bruin Adri	74	08-021	3:30.80	25m	30-9-89		260
92.	Visser Kelly	89	08-021	3:30.96	25m	29-11-01	Heemskerk	259
93.	van Assema Eline	05	08-021	3:31.20	25m	9-3-25	Purmerend (NED)	258
94.	Bos Marieke	06	08-021	3:31.34	25m	29-10-17	Den Helder (NED)	258
95.	van Koeveringe Nicole	93	08-021	3:31.50	25m	1-10-06	Volendam (NED)	257
96.	Hermans Liesbeth	66	08-021	3:32.00	25m	7-11-81	Heemskerk (NED)	255
97.	Meijer Sylvia	81	08-021	3:32.10	25m	9-11-95	Heemskerk (NED)	255
98.	Verbree Bets	63	08-021	3:32.20	25m	19-10-80	Heemskerk (NED)	255
99.	de Wolff Isabel	01	08-021	3:32.75	25m	16-3-14	Zaandam (NED)	253
100.	Oortwijn Jytte	10	08-021	3:32.89	25m	6-10-24	Den Helder (NED)	252
101.	Rodenburg Rianne	93	08-021	3:33.38	25m	27-10-05	Heemskerk (NED)	250
101.	van Vliet Isabel	02	08-021	3:33.38	25m	18-3-18	Purmerend (NED)	250
103.	Zonneveld Chantal	84	08-021	3:33.62	25m	22-11-98	Zaandam (NED)	249
104.	Oosterveen Yvonne	80	08-021	3:34.10	25m	6-1-93		248
105.	Renkema Iris	04	08-021	3:34.39	25m	12-2-17	Purmerend (NED)	247
106.	Missot Gonda	66	08-021	3:35.00	25m	28-10-79	Heerhugowaard (NED)	245
107.	Molenaar Eline	82	08-021	3:35.19	50m	31-10-99	Beverwijk (NED)	270
108.	Zonneveld Cindy	75	08-021	3:35.40	25m	21-3-90		243
109.	Walraven Annet	62	08-021	3:36.20	25m	22-1-78	Zaandam (NED)	241
110.	Windmuller Wendy	69	08-021	3:36.40	25m	7-11-81	Heemskerk (NED)	240
111.	Viel Bianca	85	08-021	3:36.63	25m	17-1-99	Heemskerk (NED)	239
112.	Hommersen Sandra	84	08-021	3:37.00	25m	9-10-97	Heemskerk (NED)	238
113.	Limmen Anita	78	08-021	3:37.30	25m	18-11-93	Heemskerk	237
114.	Terhorst Ilja	67	08-021	3:37.60	25m	19-10-80	Heemskerk (NED)	236
114.	Besse Meta	78	08-021	3:37.60	25m	14-3-91	Heemskerk (NED)	236
116.	Buur Cindy	99	08-021	3:37.72	25m	26-10-14	Zaandam (NED)	236
117.	Sahin Súmeyye Sena	10	08-021	3:37.76	25m	29-1-23	Heemskerk (NED)	235
118.	Hofland Yasmin	01	08-021	3:37.99	25m	12-3-17	Purmerend (NED)	235
119.	van Giezen Corina	68	08-021	3:38.20	25m	7-11-81	Heemskerk (NED)	234
120.	van Eerden Meike	00	08-021	3:38.30	25m	26-10-14	Zaandam (NED)	234

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121.	de Loos Marijke	94	08-021	3:39.00	25m	25-3-10	Heemskerk (NED)	232
122.	Lindelauf Priscilla	85	08-021	3:39.23	25m	17-1-99	Heemskerk (NED)	231
123.	Zonneveld Monica	80	08-021	3:39.70	25m	7-1-93	Heemskerk (NED)	229
124.	de Vries Cathy	77	08-021	3:40.10	25m	14-3-91	Heemskerk (NED)	228
125.	ten Cate Joyce	80	08-021	3:41.08	25m	19-10-06	Heemskerk	225
126.	Dijkstra Ingrid	68	08-021	3:41.10	25m	7-11-81	Heemskerk (NED)	225
127.	de Roode Xara	08	08-021	3:41.35	25m	6-4-25	Purmerend (NED)	224
128.	Angenent Nienke	01	08-021	3:41.85	25m	16-3-14	Zaandam (NED)	223
129.	Zijlstra Mariëlle	83	08-021	3:42.40	25m	9-11-95	Heemskerk (NED)	221
130.	de Graaf Annemiek	70	08-021	3:42.60	25m	7-11-81	Heemskerk (NED)	220
131.	Zeeman Judith	70	08-021	3:43.00	25m	7-11-81	Heemskerk (NED)	219
132.	Bouwer Jolien	89	08-021	3:44.44	25m	6-10-02	Zaandam	215
133.	Huisman Jolanda	68	08-021	3:44.50	25m	7-11-81	Heemskerk (NED)	215
134.	Rasch Monique	66	08-021	3:44.80	25m	7-11-81	Heemskerk (NED)	214
135.	Visser Shana	04	08-021	3:44.95	25m	18-9-16	Zaandam (NED)	214
136.	Wieman Lianne	03	08-021	3:45.26	25m	18-3-18	Purmerend (NED)	213
137.	Nijman José	93	08-021	3:45.64	25m	19-10-06	Heemskerk	212
138.	Butter Noor	16	08-021	3:45.75	25m	26-3-26	Heemskerk (NED)	211
139.	Dijkstra Maud	84	08-021	3:45.80	25m	1-5-97	Heemskerk (NED)	211
140.	Schaefer Lisa	06	08-021	3:47.52	25m	10-2-19	Purmerend (NED)	206
141.	de Groot Linda	81	08-021	3:47.84	25m	10-10-99	Zaandam (NED)	206
142.	Schaaper Margriet	62	08-021	3:48.00	25m	9-9-79	Wormerveer (NED)	205
142.	van Velsen Patricia	79	08-021	3:48.00	25m	7-1-93	Heemskerk (NED)	205
144.	Raszinski Nienke	01	08-021	3:48.02	25m	22-12-13	Zaandam (NED)	205
145.	van de Kamp Yvonne	65	08-021	3:48.20	25m	28-10-79	Heerhugowaard (NED)	205
146.	Zwarthoed Brenda	96	08-021	3:48.25	25m	20-1-08	Zaandam (NED)	204
147.	Dijkstra Janet	77	08-021	3:49.50	25m	17-11-93		201
148.	Bakkum Wilma	62	08-021	3:49.60	25m	19-10-80	Heemskerk (NED)	201
149.	Sierra Ana Maria	69	08-021	3:49.70	25m	7-11-81	Heemskerk (NED)	201
150.	de Vries Justine	83	08-021	3:50.40	25m	10-4-97	Heemskerk (NED)	199
151.	Regelink Anneke	83	08-021	3:51.60	25m	9-11-95	Heemskerk (NED)	196
152.	Grul Lisanne	97	08-021	3:51.95	25m	25-3-10	Heemskerk (NED)	195
153.	Weezepoel Natascha	07	08-021	3:52.15	25m	21-11-21	Den Helder (NED)	194
154.	Meesters Audrey	90	08-021	3:52.76	25m	31-10-02	Heemskerk	193
155.	Visser Robin	05	08-021	3:52.96	25m	18-3-18	Purmerend (NED)	192
156.	Martens Iandra	03	08-021	3:53.03	25m	22-3-15	Zaandam (NED)	192
157.	van Rijn Sydney	03	08-021	3:53.11	25m	18-3-18	Purmerend (NED)	192
158.	Hoek Laura	86	08-021	3:53.65	25m	27-1-00	Heemskerk (NED)	191
159.	Bruins Julia	06	08-021	3:53.78	25m	15-3-26	Heemskerk (NED)	190
160.	Deiman Caroline	67	08-021	3:53.80	25m	15-3-87	Heemskerk (NED)	190
161.	Bakker Anna	97	08-021	3:54.74	25m	25-1-09	Zaandam (NED)	188
162.	Rijpkema Marije	85	08-021	3:55.05	25m	29-11-01	Heemskerk	187
163.	Koopman Jessie	97	08-021	3:55.46	25m	11-10-09	Zaandam (NED)	186
164.	Stel Kaylin	01	08-021	3:55.56	25m	25-3-10	Heemskerk (NED)	186
165.	van Duin Joke	59	08-021	3:57.50	25m	24-5-75	Z.O. Beemster (NED)	181
166.	Sobh Shaime	03	08-021	3:57.71	25m	11-10-15	Zaandam (NED)	181
167.	Mulder Amy	80	08-021	3:58.10	25m	7-1-93	Heemskerk (NED)	180
167.	Huneker Jolanda	79	08-021	3:58.10	25m	26-4-98	Alkmaar (NED)	180
169.	Yayli Serina	90	08-021	3:58.67	25m	31-10-02	Heemskerk	179
170.	van Roon Jill	14	08-021	3:59.27	25m	27-9-26	Alkmaar (NED)	177
171.	Steenkamp Ciska	90	08-021	3:59.33	25m	24-1-99	Assendelft (NED)	177
172.	Elghandor Kiyaan	03	08-021	3:59.34	25m	11-10-15	Zaandam (NED)	177
173.	van Sikkelerus Lisa	99	08-021	4:00.72	25m	9-10-11	Zaandam (NED)	174

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174.	Essers Patricia	84	08-021	4:01.67	25m	21-11-99	Heemskerk (NED)	172
175.	de Vriend Sofie	01	08-021	4:01.73	25m	17-3-13	Zaandam (NED)	172
176.	Bakker Lisette	83	08-021	4:01.91	25m	22-11-98	Zaandam (NED)	172
177.	Liefting Marielle	90	08-021	4:02.13	25m	31-10-02	Heemskerk	171
178.	van Putten Demi	96	08-021	4:02.20	25m	25-3-10	Heemskerk (NED)	171
179.	Last Rooske	94	08-021	4:02.86	25m	25-3-10	Heemskerk (NED)	170
180.	de Nijs Martine	71	08-021	4:04.00	25m	2-9-84	Heemskerk (NED)	167
181.	de Graaf Isabella	04	08-021	4:04.41	25m	12-2-17	Purmerend (NED)	166
182.	Aardenburg Judith	93	08-021	4:05.39	25m	2-10-05	Zaandam (NED)	164
183.	Terluin Suus	09	08-021	4:06.20	25m	12-1-20	Purmerend (NED)	163
184.	Verhagen Sabine	71	08-021	4:07.00	25m	2-9-84	Heemskerk (NED)	161
185.	Lensen Sarian	89	08-021	4:07.60	25m	9-11-03	Zaandam	160
186.	Cappelle Marcella	85	08-021	4:08.30	25m	9-10-97	Heemskerk (NED)	159
187.	van Asch Maria	74	08-021	4:08.60	25m	7-1-93	Heemskerk (NED)	158
188.	Palthe Yvonne	67	08-021	4:08.90	25m	7-11-81	Heemskerk (NED)	158
189.	Ardicyaka Irem	06	08-021	4:09.27	50m	25-3-18	Alkmaar (NED)	173
190.	ten Cate Ilona	85	08-021	4:10.40	25m	21-11-99	Heemskerk (NED)	155
191.	Gelsumino Giulia	03	08-021	4:11.92	25m	22-3-15	Zaandam (NED)	152
192.	van Laarhoven Salome	15	08-021	4:14.27	25m	10-5-26	Zaandam (NED)	148
193.	Mosch Sabina	84	08-021	4:14.81	25m	22-11-98	Zaandam (NED)	147
194.	van Tol Sarjenka	97	08-021	4:17.22	25m	12-10-08	Zaandam (NED)	143
195.	Kesting Alexandra	00	08-021	4:21.59	25m	25-3-10	Heemskerk (NED)	136
196.	de Groot Sjors	08	08-021	4:24.23	25m	23-4-23	Den Helder (NED)	132
197.	Schut Bodine	09	08-021	4:24.46	25m	12-1-20	Purmerend (NED)	131
198.	Haack Fenna	16	08-021	4:24.53	25m	26-3-26	Heemskerk (NED)	131
199.	Haack Zowi	18	08-021	4:47.67	25m	26-3-26	Heemskerk (NED)	102
200.	Doodeman Sara	00	08-021	4:58.68	25m	25-3-10	Heemskerk (NED)	91

250 schoolslag

1.	Butter Noor	16	08-021	6:20.75	OW	6-7-24	Hoek (NED)

500 schoolslag

1.	Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoorn (NED)
2.	Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)
3.	Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)
4.	Palmboom Nicole	91	08-021	9:24.22	OW	7-7-07	Oss (NED)
5.	van der Gracht Anouk	89	08-021	9:24.99	OW	8-7-06	Oss (NED)
6.	Essers Sanne	91	08-021	9:55.46	OW	7-7-07	Oss (NED)
7.	de Haan Shira	00	08-021	10:22.42	OW	26-8-17	Eindhoven (NED)
8.	Butter Noor	16	08-021	10:22.68	OW	4-7-26	Sluis (NED)
9.	Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)
10.	Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)
11.	Buur Cindy	99	08-021	11:05.80	OW	17-8-13	Heerjansdam (NED)

800 schoolslag

1000 schoolslag

1.	van der Gracht Anouk	89	08-021	19:10.26	OW	29-7-06	Hoorn (NED)
2.	Oudendijk Bianca	79	08-021	19:12.90	OW	4-9-05	Vlissingen (NED)
3.	Heus Pauline	78	08-021	19:15.32	OW	21-7-13	Amsterdam (NED)
4.	Broek Jade	97	08-021	19:34.67	OW	15-7-23	Amstelveen (NED)
5.	Niesten Iris	92	08-021	19:48.74	OW	4-8-07	Hoorn (NED)
6.	Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
7.	Hogema Fabiën	93	08-021	21:14.37	OW	21-7-07	Anna-Paulowna (NED)
8.	de Haan Shira	00	08-021	23:11.82	OW	15-7-23	Amstelveen (NED)
9.	Bos Marieke	06	08-021	23:37.46	OW	16-9-18	Anna-Paulowna (NED)
10.	Geluk Mabelle	73	08-021	24:19.16	OW	11-9-11	Vught (NED)

1250 schoolslag

1500 schoolslag

2000 schoolslag

1.	Niesten Iris	92	08-021	36:26.77	OW	24-6-07	Breukelen (NED)
2.	van der Gracht Anouk	89	08-021	36:32.33	OW	24-6-07	Breukelen (NED)
3.	Stam Vanessa	80	08-021	36:35.10	OW	15-6-97	Spaarnwoude (NED)
4.	van Rookhuizen Sieta	79	08-021	36:41.20	OW	12-7-98	Amsterdam (NED)
5.	de Haan Shira	00	08-021	37:10.13	OW	23-7-16	Amstelveen (NED)
6.	Essers Sanne	91	08-021	38:08.54	OW	16-7-06	Stadskanaal (NED)
7.	Kramer Miranda	80	08-021	38:12.80	OW	18-6-00	Spaarnwoude (NED)
8.	van Galen Angela	65	08-021	38:42.40	OW	30-6-82	Amstelveen (NED)
9.	Rasch Monique	66	08-021	42:12.50	OW	30-6-83	Amstelveen (NED)
10.	van Giezen Sandra	63	08-021	43:16.00	OW	14-6-81	Amstelveen (NED)

2500 schoolslag

3000 schoolslag

1.	van Rookhuizen Sieta	79	08-021	57:26.50	OW	5-9-99	Vlissingen (NED)
2.	van der Gracht Anouk	89	08-021	58:40.50	OW	22-7-06	Anna-Paulowna (NED)
3.	Stam Vanessa	80	08-021	58:56.80	OW	21-7-97	Anna-Paulowna (NED)
4.	de Haan Shira	00	08-021	59:23.60	OW	2-9-17	Wilhelminadorp (NED)
5.	Niesten Iris	92	08-021	1:08:36.23	OW	30-8-08	Tilburg (NED)

4000 schoolslag

5000 schoolslag

1.	van Rookhuizen Sieta	79	08-021	1:35:09.71	OW	7-7-01	Vriezenveen (NED)

25 vlinderslag

1.	Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2.	Wentink Yara	04	08-021	13.79	25m	7-7-22	Heemskerk (NED)	534
3.	Hoekstra Eline	03	08-021	13.99	25m	7-7-22	Heemskerk (NED)	511
4.	Koopman Inge	93	08-021	14.03	25m	7-7-22	Heemskerk (NED)	507
5.	Broek Jade	97	08-021	14.58	25m	7-7-22	Heemskerk (NED)	452
6.	van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
7.	de Haan Shira	00	08-021	14.73	25m	7-7-22	Heemskerk (NED)	438
8.	Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
9.	Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
10.	Siemerink Laura	04	08-021	15.05	25m	7-7-22	Heemskerk (NED)	411
11.	van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
12.	de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
13.	Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
14.	Gijzen-van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
15.	Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
15.	Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391
15.	Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
18.	Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384
19.	Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)	383
19.	van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)	383
21.	Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
21.	Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
23.	de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)	379
24.	Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
25.	Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	373
25.	Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)	373
27.	Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)	369
27.	Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	369
29.	van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)	365
30.	Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk	363
31.	Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)	362
31.	Mallon Danique	94	08-021	15.70	25m	30-6-11	Heemskerk (NED)	362
33.	Stam Vanessa	80	08-021	15.80	25m	15-1-98	Heemskerk (NED)	355
33.	de Boer Maia	03	08-021	15.80	25m	7-7-22	Heemskerk (NED)	355
35.	Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)	348
36.	van Ballegooie Simone	84	08-021	15.96	25m	29-3-01	Heemskerk (NED)	344
37.	Crok Linda	94	08-021	15.98	25m	30-6-11	Heemskerk (NED)	343
37.	van Assema Eline	05	08-021	15.98	25m	7-7-22	Heemskerk (NED)	343
39.	Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk	328
40.	Boekling Annette	85	08-021	16.33	25m	4-5-00	Heemskerk (NED)	321
41.	Visser Kelly	89	08-021	16.37	25m	4-11-10	Heemskerk (NED)	319
42.	Heus Pauline	78	08-021	16.40	25m	13-2-97	Heemskerk (NED)	317
42.	de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)	317
44.	Teufer Irene	96	08-021	16.45	25m	19-4-07	Heemskerk (NED)	314
45.	Groen Anne	95	08-021	16.50	25m	30-6-11	Heemskerk (NED)	311
46.	Herwegh Binthy	09	08-021	16.56	25m	7-7-22	Heemskerk (NED)	308
47.	Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)	306
48.	Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)	306
49.	Limmen Karin	76	08-021	16.70	25m	16-6-93		300
49.	van 't Veer Iris	03	08-021	16.70	25m	7-7-22	Heemskerk (NED)	300
51.	Deiman Caroline	67	08-021	16.90	25m	12-1-89	Heemskerk (NED)	290
52.	Bos Marieke	06	08-021	16.92	25m	7-7-22	Heemskerk (NED)	289
53.	van der Geest Saskia	73	08-021	17.00	25m	12-1-89	Heemskerk (NED)	285

25 vlinderslag (sinds 54)

54.	Oudendijk Bianca	79	08-021	17.10	25m	8-2-96	Heemskerk (NED)	280
55.	Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk	276
56.	Niesten Iris	92	08-021	17.32	25m	29-5-08	Heemskerk (NED)	269
57.	de Ruijter Linda	87	08-021	17.37	25m	17-11-11	Heemskerk (NED)	267
58.	Regelink Anneke	83	08-021	17.52	25m	25-3-99	Heemskerk (NED)	260
59.	Krouwels Tanja	79	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
59.	Dijkstra Lisette	86	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
61.	Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)	248
62.	van Velsen Patricia	79	08-021	18.00	25m	8-2-96	Heemskerk (NED)	240
62.	Cappelle Carlijn	82	08-021	18.00	25m	15-1-98	Heemskerk (NED)	240
62.	Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)	240
65.	de Wildt Maud	05	08-021	18.06	25m	7-7-22	Heemskerk (NED)	237
66.	Smit Lydia	84	08-021	18.08	25m	25-3-99	Heemskerk (NED)	237
67.	Hommersen Sandra	84	08-021	18.13	25m	25-3-99	Heemskerk (NED)	235
68.	Ivens Suzanne	99	08-021	18.16	25m	30-6-11	Heemskerk (NED)	233
69.	de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
70.	Petit Kirsten	00	08-021	18.22	25m	30-6-11	Heemskerk (NED)	231
71.	Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)	228
72.	Bakker Jesca	79	08-021	18.40	25m	31-12-89	Heemskerk (NED)	224
73.	ten Cate Ilona	85	08-021	18.43	25m	29-5-08	Heemskerk (NED)	223
74.	Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)	221
75.	Nijman José	93	08-021	18.59	25m	19-4-07	Heemskerk (NED)	218
75.	ten Cate Joyce	80	08-021	18.59	25m	17-11-11	Heemskerk (NED)	218
77.	Koopman Anitra	89	08-021	18.66	25m	29-3-01	Heemskerk (NED)	215
78.	van Kooten Cynthia	93	08-021	18.67	25m	19-4-07	Heemskerk (NED)	215
79.	Bruin Adri	74	08-021	18.70	25m	12-1-89	Heemskerk (NED)	214
79.	van Honk Chantal	80	08-021	18.70	25m	16-5-91	Heemskerk (NED)	214
81.	Buur Naomi	01	08-021	18.78	25m	17-11-11	Heemskerk (NED)	211
82.	Knight Kayleigh	00	08-021	18.81	25m	7-7-22	Heemskerk (NED)	210
83.	Lindelauf Priscilla	85	08-021	18.87	25m	29-3-01	Heemskerk (NED)	208
84.	van Putten Demi	96	08-021	18.89	25m	30-6-11	Heemskerk (NED)	207
85.	Bos Chantal	74	08-021	18.90	25m	12-1-89	Heemskerk (NED)	207
86.	Zonneveld Chantal	84	08-021	19.00	25m	15-1-98	Heemskerk (NED)	204
87.	van Ballegooie Stefanie	86	08-021	19.04	25m	4-5-00	Heemskerk (NED)	202
88.	Limmen Miriam	75	08-021	19.20	25m	31-12-89	Heemskerk (NED)	197
88.	de Boer Angela	80	08-021	19.20	25m	16-3-95	Heemskerk (NED)	197
90.	Zwarthoed Brenda	96	08-021	19.22	25m	19-4-07	Heemskerk (NED)	197
91.	Molenaar Eline	82	08-021	19.32	25m	25-3-99	Heemskerk (NED)	194
92.	de Boer Claudia	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	191
92.	Dijkstra Maud	84	08-021	19.40	25m	5-3-98	Heemskerk (NED)	191
94.	de Groot Linda	81	08-021	19.50	25m	8-2-96	Heemskerk (NED)	188
95.	Huneker Jolanda	79	08-021	19.60	25m	5-3-98	Heemskerk (NED)	186
96.	Limmen Anita	78	08-021	19.80	25m	17-6-93	Heemskerk (NED)	180
97.	Koper Ella	90	08-021	20.22	25m	27-4-06	Heemskerk	169
98.	Koper Birgit	87	08-021	20.28	25m	27-4-06	Heemskerk	167
99.	Beentjes Nicolet	80	08-021	20.62	25m	25-3-99	Heemskerk (NED)	159
100.	Bakker Daniëlle	96	08-021	20.63	25m	29-5-08	Heemskerk (NED)	159
101.	Liefting Sarina	93	08-021	20.80	25m	27-4-06	Heemskerk	155
102.	Zonneveld Monica	80	08-021	21.10	25m	16-6-93		149
103.	Stel Kaylin	01	08-021	21.13	25m	3-1-10	Culemborg (NED)	148
104.	Copier Alyssa	04	08-021	21.15	25m	13-4-14	Zaandam (NED)	148
105.	Hoogervorst Marlon	84	08-021	21.20	25m	15-12-94	Heemskerk (NED)	147
106.	Dekker Danyk	94	08-021	21.39	25m	29-5-08	Heemskerk (NED)	143

25 vlinderslag (sinds 107)

107.	Mulder Amy	80	08-021	21.50	25m	16-6-93		140
108.	de Vriend Sofie	01	08-021	21.64	25m	30-6-11	Heemskerk (NED)	138
109.	Splinter Nathalie	75	08-021	21.70	25m	12-1-89	Heemskerk (NED)	137
110.	Viel Bianca	85	08-021	21.74	25m	25-3-99	Heemskerk (NED)	136
111.	van der Wijden Eline	88	08-021	21.90	25m	22-3-01	Heemskerk (NED)	133
112.	Dijkstra Janet	77	08-021	22.00	25m	12-1-89	Heemskerk (NED)	131
112.	Besse Meta	78	08-021	22.00	25m	31-12-89	Heemskerk (NED)	131
112.	van der Eng Laura	80	08-021	22.00	25m	8-2-96	Heemskerk (NED)	131
115.	Nijman Linda	89	08-021	22.16	25m	29-3-01	Heemskerk (NED)	128
116.	van Koeveringe Nicole	93	08-021	22.30	25m	27-4-06	Heemskerk	126
117.	van Rijn Sydney	03	08-021	22.62	25m	13-4-14	Zaandam (NED)	121
118.	Steenkamp Ciska	90	08-021	22.71	25m	4-5-00	Heemskerk (NED)	119
119.	Elghandor Kiyaan	03	08-021	22.85	25m	13-4-14	Zaandam (NED)	117
120.	Mosch Sabina	84	08-021	22.90	25m	6-2-97	Heemskerk (NED)	116
121.	Sobh Shaime	03	08-021	23.17	25m	13-4-14	Zaandam (NED)	112
122.	Snijder Femke	83	08-021	23.20	25m	24-3-94	Heemskerk (NED)	112
123.	Doodeman Sara	00	08-021	23.23	25m	4-11-10	Heemskerk (NED)	111
124.	van Sikkelerus Lisa	99	08-021	23.24	25m	30-6-11	Heemskerk (NED)	111
125.	de Laat Anita	75	08-021	23.40	25m	22-3-88	Heemskerk (NED)	109
125.	van Leen Cynthia	81	08-021	23.40	25m	8-2-96	Heemskerk (NED)	109
127.	van Huisstede Nikita	01	08-021	23.47	25m	17-11-11	Heemskerk (NED)	108
128.	Rodenburg Kyra	96	08-021	23.51	25m	27-4-06	Heemskerk	107
128.	Butter Noor	16	08-021	23.51	25m	24-10-24	Heemskerk (NED)	107
130.	Bruins Julia	06	08-021	23.73	25m	1-2-24	Heemskerk (NED)	104
131.	Koper Fiona	01	08-021	23.79	25m	30-6-11	Heemskerk (NED)	104
132.	Werdekker Marjolein	81	08-021	23.80	25m	13-2-97	Heemskerk (NED)	103
133.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	101
134.	van Dam Merel	14	08-021	24.17	25m	11-12-25	Heemskerk (NED)	99
135.	Koper Selma	03	08-021	24.25	25m	20-1-13	Heemskerk (NED)	98
136.	Blaauw Yente	03	08-021	24.46	25m	13-12-12	Heemskerk (NED)	95
137.	Heus Inge	81	08-021	24.80	25m	16-5-91	Heemskerk (NED)	91
138.	Renkema Iris	04	08-021	24.96	25m	20-1-13	Heemskerk (NED)	90
139.	Beeksma Anne	88	08-021	25.27	25m	29-3-01	Heemskerk (NED)	86
140.	Tilgenkamp Lentley	13	08-021	25.30	25m	21-4-24	Krommenie (NED)	86
141.	Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)	86
142.	Banks Riley	17	08-021	25.36	25m	24-10-24	Heemskerk (NED)	85
143.	Veldhuis Amelia	03	08-021	25.44	25m	13-4-14	Zaandam (NED)	85
144.	Dijkstra Pascal	89	08-021	25.54	25m	25-3-99	Heemskerk (NED)	84
145.	Sahin Súmeyye Sena	10	08-021	25.56	25m	7-7-22	Heemskerk (NED)	83
146.	Oliveira Rocha Yara	17	08-021	25.62	25m	1-4-24	Haarlem (NED)	83
147.	Herwegh Izayra Rena	14	08-021	25.68	25m	24-10-24	Heemskerk (NED)	82
148.	Pezo Adna	90	08-021	25.72	25m	25-3-01	Heerhugowaard (NED)	82
149.	Zijlstra Mariëlle	83	08-021	25.80	25m	27-4-95	Heemskerk (NED)	81
150.	Werdekker Esther	83	08-021	25.90	25m	13-2-97	Heemskerk (NED)	80
150.	Potemans Priscilla	84	08-021	25.90	25m	15-1-98	Heemskerk (NED)	80
152.	Welboren Julia	00	08-021	26.18	25m	17-11-11	Heemskerk (NED)	78
153.	Martens Priscilla	85	08-021	26.20	25m	20-3-97	Heemskerk (NED)	77
153.	Schelvis Liselot	92	08-021	26.20	25m	10-3-02	Heemskerk	77
155.	Geurtsen Daisy	89	08-021	26.24	25m	29-3-01	Heemskerk (NED)	77
156.	Kerkhoven Michelle	91	08-021	26.35	25m	29-3-01	Heemskerk (NED)	76
157.	Schijf Irene	83	08-021	26.40	25m	16-3-95	Heemskerk (NED)	76
158.	van Noort Jony	85	08-021	26.50	25m	16-3-95	Heemskerk (NED)	75
159.	Boonstra Esmé	02	08-021	26.52	25m	13-12-12	Heemskerk (NED)	75

25 vlinderslag (sinds 160)

160.	Oortwijn Jytte	10	08-021	26.64	25m	7-7-22	Heemskerk (NED)	74
161.	Kesting Alexandra	00	08-021	26.70	25m	4-11-10	Heemskerk (NED)	73
161.	Wieman Lianne	03	08-021	26.70	25m	13-4-14	Zaandam (NED)	73
161.	van Laarhoven Salome	15	08-021	26.70	25m	24-10-24	Heemskerk (NED)	73
164.	Huisman Lianne	87	08-021	26.80	25m	18-1-01	Heemskerk (NED)	72
165.	Kragt Kirsten	10	08-021	26.81	25m	1-2-24	Heemskerk (NED)	72
166.	Cappelle Marcella	85	08-021	26.90	25m	13-2-97	Heemskerk (NED)	71
167.	de Roode Xara	08	08-021	26.95	25m	29-11-18	Heemskerk (NED)	71
168.	Buur Cindy	99	08-021	26.96	25m	30-6-11	Heemskerk (NED)	71
169.	van den Braber Liesbeth	84	08-021	27.00	25m	15-1-98	Heemskerk (NED)	71
170.	van den Heuvel Sandra	80	08-021	27.20	25m	2-11-89	Heemskerk (NED)	69
170.	Rijpkema Marije	85	08-021	27.20	25m	15-1-98	Heemskerk (NED)	69
172.	Grul Lisanne	97	08-021	27.45	25m	29-5-08	Heemskerk (NED)	67
173.	Bovekerk Annefleur	99	08-021	27.49	25m	28-3-10	Hoorn (NED)	67
174.	Bakker Anna	97	08-021	27.79	25m	29-5-08	Heemskerk (NED)	65
175.	Eijndhoven Jonna	02	08-021	27.92	25m	13-12-12	Heemskerk (NED)	64
176.	Liefting Marielle	90	08-021	28.29	25m	29-3-01	Heemskerk (NED)	61
177.	de Boer Isabel	06	08-021	28.44	25m	18-1-15	Zaandam (NED)	60
178.	Zonneveld Jennifer	88	08-021	29.08	25m	29-3-01	Heemskerk (NED)	56
179.	Haack Zowi	18	08-021	29.50	25m	13-4-25	Amsterdam (NED)	54
179.	Slotemaker Britt	14	08-021	29.50	25m	13-4-25	Amsterdam (NED)	54
181.	Haack Fenna	16	08-021	29.84	25m	24-10-24	Heemskerk (NED)	52
182.	Janssen Tess	89	08-021	30.40	25m	15-1-98	Heemskerk (NED)	49
183.	van Hiele Femke	13	08-021	30.63	25m	13-4-25	Amsterdam (NED)	48
184.	van Roon Jill	14	08-021	31.20	25m	13-4-25	Amsterdam (NED)	46
185.	Schut Bodine	09	08-021	31.63	25m	29-11-18	Heemskerk (NED)	44
186.	Zuidervaart Anne	02	08-021	32.03	25m	22-1-12	Zaandam (NED)	42
187.	Salido Keesje	05	08-021	32.36	25m	30-10-14	Heemskerk (NED)	41
188.	Stoker Ianthe	84	08-021	32.70	25m	20-3-97	Heemskerk (NED)	40
189.	Hol Manouk	05	08-021	33.08	25m	30-10-14	Heemskerk (NED)	38
190.	Hoeksema Kim	90	08-021	33.77	25m	29-3-01	Heemskerk (NED)	36
191.	Ramazani Helia	16	08-021	35.16	25m	11-12-25	Heemskerk (NED)	32

50 vlinderslag

1.	Wentink Yara	04	08-021	28.75	25m	22-5-22	Hoofddorp (NED)	609
2.	Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	572
3.	Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	505
4.	Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	494
4.	Hoekstra Eline	03	08-021	30.83	50m	25-5-25	Alkmaar (NED)	497
6.	Siemerink Laura	04	08-021	30.95	25m	8-2-26	Purmerend (NED)	488
7.	Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	454
8.	de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	450
9.	van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
10.	Koopman Inge	93	08-021	31.95	25m	17-2-22	Heemskerk (NED)	444
11.	van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	429
12.	Smit Sanne	01	08-021	32.36	25m	29-11-18	Heemskerk (NED)	427
13.	Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
14.	Drubers Mirjam	67	08-021	32.50	25m	10-11-85		422
15.	Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
16.	Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	416
17.	ten Bokkel Henrieke	94	08-021	32.73	25m	10-2-19	Purmerend (NED)	413
18.	Gijzen-van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	405

50 vlinderslag (sinds 19)

19.	Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	403
20.	Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	403
20.	Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
22.	van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	397
23.	Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)	396
24.	Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	392
25.	de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391
26.	Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)	388
27.	Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)	377
28.	Veldhuis Amelia	03	08-021	33.74	25m	29-1-23	Heemskerk (NED)	377
28.	de Roode Xara	08	08-021	33.74	25m	15-3-26	Heemskerk (NED)	377
30.	Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	369
31.	Butter Anouk	82	08-021	34.01	25m	11-12-25	Heemskerk (NED)	368
32.	Crok Linda	94	08-021	34.09	25m	12-6-11	Purmerend (NED)	365
33.	Besse Karen	75	08-021	34.10	25m	24-2-94	Heemskerk (NED)	365
34.	Stins Mariska	84	08-021	34.23	25m	30-11-00	Heemskerk (NED)	361
35.	Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	357
36.	Herwegh Binthy	09	08-021	34.39	25m	27-10-24	Zaandam (NED)	356
37.	Scholten Britt	04	08-021	34.52	25m	24-11-19	Hoofddorp (NED)	352
38.	de Boer Irene	84	08-021	34.53	25m	30-11-00	Heemskerk (NED)	351
39.	Jongema Helena	80	08-021	34.59	25m	4-5-08	Winterswijk (NED)	350
40.	Meijer Linda	77	08-021	34.60	25m	24-4-93		349
41.	Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	348
42.	Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	347
43.	Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	344
44.	Hulshof Saskia	73	08-021	34.80	25m	14-12-89	Heemskerk (NED)	343
44.	Spijker Kristel	84	08-021	34.80	50m	9-5-10	Eindhoven (NED)	345
46.	Stam Sabrina	82	08-021	34.90	25m	18-1-98	Zuidoost Beemster (NED)	340
47.	Haasbroek Renske	03	08-021	34.96	25m	2-2-25	Den Helder (NED)	339
48.	Vink Marjolein	93	08-021	35.07	25m	8-3-09	Purmerend (NED)	335
49.	Kramer Miranda	80	08-021	35.09	25m	31-1-02	Heemskerk	335
50.	Herwegh Yara	07	08-021	35.16	25m	27-10-24	Zaandam (NED)	333
51.	Meijer Sylvia	81	08-021	35.20	25m	26-1-97	Zuidoost Beemster (NED)	332
52.	van 't Veer Iris	03	08-021	35.28	25m	8-2-26	Purmerend (NED)	330
53.	Petit Kirsten	00	08-021	35.31	25m	10-12-15	Heemskerk (NED)	329
54.	Koopman Anitra	89	08-021	35.36	25m	5-6-05	Alkmaar (NED)	327
55.	de Groot Gitta	60	08-021	35.80	25m	23-10-77	Zandvoort (NED)	315
56.	van Rookhuizen Sieta	79	08-021	35.93	25m	17-10-99	Zaandam (NED)	312
57.	van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	310
58.	Zwaan Melissa	91	08-021	36.29	25m	28-12-03	Maastricht (NED)	303
59.	Zwarthoed Brenda	96	08-021	36.36	25m	9-3-08	Heemskerk (NED)	301
60.	Schuyt Simone	75	08-021	36.40	25m	1-11-89		300
60.	Moolevliet Petra	82	08-021	36.40	25m	16-9-94		300
62.	van Assema Eline	05	08-021	36.41	25m	23-4-23	Den Helder (NED)	300
63.	Zonneveld Chantal	84	08-021	36.49	25m	31-1-02	Heemskerk	298
64.	van Giezen Sandra	63	08-021	36.60	25m	28-10-84	Egmond (NED)	295
64.	Dijkstra Lisette	86	08-021	36.60	25m	7-5-98	Heemskerk (NED)	295
66.	Boekling Annette	85	08-021	36.65	25m	31-1-02	Heemskerk	294
67.	Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	293
68.	de Boer Maia	03	08-021	36.90	25m	17-2-22	Heemskerk (NED)	288
69.	van Duin Margret	60	08-021	37.00	25m	23-10-77	Zandvoort (NED)	286
70.	Renkema Iris	04	08-021	37.17	25m	9-10-16	Alkmaar (NED)	282
71.	Stel Serena	98	08-021	37.21	25m	18-4-10	Zaandam (NED)	281

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72.	Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	280
73.	Windmuller Wendy	69	08-021	37.30	25m	11-10-81	Heemskerk (NED)	279
73.	de Graaf Annemiek	70	08-021	37.30	25m	21-5-87	Heemskerk (NED)	279
73.	Oudendijk Bianca	79	08-021	37.30	25m	11-1-96	Heemskerk (NED)	279
76.	de Ruijter Linda	87	08-021	37.35	25m	22-12-02	Zaandam	278
76.	de Wildt Maud	05	08-021	37.35	25m	21-11-21	Den Helder (NED)	278
78.	van Rijn Sydney	03	08-021	37.58	25m	18-1-18	Heemskerk (NED)	273
79.	Heus Pauline	78	08-021	37.60	25m	23-1-97	Heemskerk	272
80.	van Eerden Meike	00	08-021	37.75	25m	29-11-18	Heemskerk (NED)	269
81.	Blaauw Yente	03	08-021	37.76	25m	29-11-18	Heemskerk (NED)	269
82.	Limmen Karin	76	08-021	37.80	25m	24-4-93		268
83.	Vredenburg Roos	95	08-021	37.95	25m	23-5-10	Purmerend (NED)	265
84.	Niesten Iris	92	08-021	38.06	25m	30-10-08	Heemskerk (NED)	262
85.	van der Geest Saskia	73	08-021	38.10	25m	14-12-88		262
86.	van der Horst Sacha	69	08-021	38.20	25m	28-10-84	Egmond (NED)	259
87.	Zonneveld Cindy	75	08-021	38.50	25m	13-5-93	Heemskerk (NED)	253
88.	Deiman Caroline	67	08-021	38.80	25m	1-11-89		248
88.	Krouwels Tanja	79	08-021	38.80	25m	11-12-97	Heemskerk (NED)	248
90.	van Langelaar Tessa	97	08-021	38.85	25m	13-12-12	Heemskerk (NED)	247
91.	Tholen Kirsten	66	08-021	38.90	25m	17-5-81	Castricum (NED)	246
92.	van Vliet Isabel	02	08-021	38.92	25m	7-11-19	Heemskerk (NED)	245
93.	Plokker Sylvia	68	08-021	39.10	25m	17-5-81	Castricum (NED)	242
94.	van Honk Chantal	80	08-021	39.30	25m	12-5-93		238
95.	van Koeveringe Nicole	93	08-021	39.46	25m	13-4-09	Haarlem (NED)	235
96.	Hofland Yasmin	01	08-021	39.62	25m	4-2-18	Purmerend (NED)	233
97.	Rodenburg Rianne	93	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
97.	ten Cate Ilona	85	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
99.	Butter Noor	16	08-021	39.89	25m	21-3-26	Leiden (NED)	228
100.	Ardicyaka Irem	06	08-021	39.90	25m	4-10-20	Heemskerk (NED)	228
101.	van Huisstede Nikita	01	08-021	39.95	25m	10-12-15	Heemskerk (NED)	227
102.	van Ballegooie Stefanie	86	08-021	40.12	25m	30-11-00	Heemskerk (NED)	224
103.	de Vriend Sofie	01	08-021	40.35	25m	19-5-13	Purmerend (NED)	220
103.	Knight Kayleigh	00	08-021	40.35	25m	17-4-17	Haarlem (NED)	220
105.	Ivens Suzanne	99	08-021	40.41	25m	30-10-14	Heemskerk (NED)	219
106.	Hommersen Sandra	84	08-021	40.60	25m	22-3-98	Assendelft (NED)	216
107.	Angenent Nienke	01	08-021	40.68	25m	18-1-15	Zaandam (NED)	215
108.	Bos Marieke	06	08-021	40.82	25m	10-12-17	Zaandam (NED)	213
109.	Venema Jalina	04	08-021	40.88	25m	17-11-16	Heemskerk (NED)	212
110.	Bruin Marianne	78	08-021	40.90	25m	9-1-91		211
111.	Tilgenkamp Lentley	13	08-021	40.98	25m	11-10-26	Zaandam (NED)	210
112.	Bakker Jesca	79	08-021	41.10	25m	17-12-89	Heemstede (NED)	208
113.	Buur Cindy	99	08-021	41.16	25m	17-11-16	Heemskerk (NED)	207
114.	Munnik Yvonne	64	08-021	41.20	25m	22-1-78	Zaandam (NED)	207
115.	Grul Lisanne	97	08-021	41.36	25m	13-12-12	Heemskerk (NED)	204
116.	Bruin Adri	74	08-021	41.40	25m	15-12-88	Heemskerk (NED)	204
117.	Nijholt Carin	60	08-021	41.50	25m	23-10-77	Zandvoort (NED)	202
118.	Bouwman Esther	63	08-021	41.70	25m	27-11-77	IJmuiden (NED)	199
118.	Windmuller Annemarie	67	08-021	41.70	25m	9-9-79	Wormerveer (NED)	199
118.	Cappelle Carlijn	82	08-021	41.70	25m	23-3-97	Volendam (NED)	199
121.	Schaefer Lisa	06	08-021	41.75	50m	26-1-20	Alkmaar (NED)	200
122.	Niesten Annet	62	08-021	41.80	25m	27-11-77	IJmuiden (NED)	198
122.	de Boer Angela	80	08-021	41.80	25m	17-9-94	Hoogland (NED)	198
124.	ten Cate Joyce	80	08-021	41.94	25m	18-2-10	Heemskerk (NED)	196

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125.	Regelink Anneke	83	08-021	42.06	25m	25-11-99	Heemskerk	194
126.	Steenbakker Lisan	07	08-021	42.11	25m	24-10-24	Heemskerk (NED)	194
127.	Dijkstra Ingrid	68	08-021	42.20	25m	11-10-81	Heemskerk (NED)	192
127.	van Giezen Wendy	70	08-021	42.20	25m	21-3-82		192
129.	van Velsen Patricia	79	08-021	42.30	25m	24-4-94	Zaandam (NED)	191
129.	de Vries Justine	83	08-021	42.30	25m	23-3-97	Volendam (NED)	191
129.	Oortwijn Jytte	10	08-021	42.30	25m	6-4-25	Purmerend (NED)	191
132.	Molenaar Eline	82	08-021	42.46	25m	14-11-99	Zaandam (NED)	189
132.	de Vries Chrissie	93	08-021	42.46	25m	15-12-05	Heemskerk (NED)	189
134.	Limmen Miriam	75	08-021	42.50	25m	1-11-89		188
134.	Oosterveen Yvonne	80	08-021	42.50	25m	24-4-93		188
136.	Hermans Liesbeth	66	08-021	42.60	25m	11-4-81	Heemskerk (NED)	187
137.	Horst Diana	67	08-021	42.70	25m	11-10-81	Heemskerk (NED)	186
138.	Palthe Yvonne	67	08-021	42.90	25m	17-5-81	Castricum (NED)	183
139.	Huisman Caroline	64	08-021	43.00	25m	22-1-78	Zaandam (NED)	182
139.	Lindelauf Priscilla	85	08-021	43.00	25m	27-9-98	Assendelft (NED)	182
141.	Meesters Audrey	90	08-021	43.07	25m	27-4-03	Zaandam	181
142.	de Boer Claudia	77	08-021	43.10	25m	10-1-91	Heemskerk (NED)	180
143.	Sminia Vinny	89	08-021	43.15	25m	30-3-06	Heemskerk (NED)	180
144.	Nijman José	93	08-021	43.39	25m	27-10-07	Barneveld (NED)	177
145.	Bos Chantal	74	08-021	43.60	25m	14-12-88		174
145.	de Groot Linda	81	08-021	43.60	25m	14-11-99	Zaandam (NED)	174
147.	Rodenburg Kyra	96	08-021	43.87	25m	24-11-05	Heemskerk (NED)	171
148.	van Leeuwen Andrea	71	08-021	43.90	25m	16-1-83	Heemskerk (NED)	171
149.	de Wolff Isabel	01	08-021	43.98	25m	17-11-16	Heemskerk (NED)	170
150.	Huneker Jolanda	79	08-021	44.00	25m	23-1-97	Heemskerk	170
151.	Liefting Sarina	93	08-021	44.34	25m	30-12-06	Hoorn (NED)	166
152.	Limmen Anita	78	08-021	44.40	25m	12-5-93		165
153.	van Sikkelerus Lisa	99	08-021	44.49	25m	26-4-12	Heemskerk (NED)	164
154.	Zonneveld Melissa	88	08-021	44.62	25m	23-12-04	Heemskerk (NED)	163
155.	de Graaf Isabella	04	08-021	44.64	25m	15-10-17	Alkmaar (NED)	162
156.	van Galen Angela	65	08-021	44.70	25m	11-4-81	Heemskerk (NED)	162
156.	de Vries Cathy	77	08-021	44.70	25m	13-6-91	Heemskerk (NED)	162
156.	Dijkstra Maud	84	08-021	44.70	25m	11-12-97	Heemskerk (NED)	162
159.	Bruins Julia	06	08-021	44.89	25m	15-3-26	Heemskerk (NED)	160
160.	Visser Shana	04	08-021	44.97	25m	18-1-18	Heemskerk (NED)	159
161.	Hoek Laura	86	08-021	45.08	25m	14-11-99	Zaandam (NED)	158
162.	van Putten Demi	96	08-021	45.15	25m	4-11-10	Heemskerk (NED)	157
163.	Mosch Sabina	84	08-021	45.30	50m	25-10-98	Beverwijk (NED)	156
164.	Raszinski Nienke	01	08-021	45.52	25m	19-1-14	Zaandam (NED)	153
165.	van Kooten Cynthia	93	08-021	45.62	25m	15-12-05	Heemskerk (NED)	152
166.	Sierra Ana Maria	69	08-021	45.70	25m	11-10-81	Heemskerk (NED)	151
166.	Peters Yvonne	63	08-021	45.70	25m	28-10-84	Egmond (NED)	151
166.	Huisman Jolanda	68	08-021	45.70	25m	28-10-84	Egmond (NED)	151
169.	de Graaf Dinie	71	08-021	45.80	25m	16-1-83	Heemskerk (NED)	150
170.	Nemchonok Alisa	82	08-021	45.87	25m	24-1-99	Assendelft (NED)	150
171.	Zonneveld Monica	80	08-021	46.00	25m	17-11-93		148
172.	de Groot Sjors	08	08-021	46.03	25m	11-12-25	Heemskerk (NED)	148
173.	Besse Meta	78	08-021	46.10	25m	10-1-91	Heemskerk (NED)	147
174.	Essers Patricia	84	08-021	46.16	25m	14-11-99	Zaandam (NED)	147
175.	Missot Gonda	66	08-021	46.20	25m	12-2-78	Heemskerk (NED)	146
176.	Buitenhuis Danine	91	08-021	46.22	25m	19-12-02	Heemskerk	146
177.	Beeksma Anne	88	08-021	46.25	25m	31-1-02	Heemskerk	146

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178.	Wieman Lianne	03	08-021	46.29	25m	7-11-19	Heemskerk (NED)	146
179.	Weezepoel Natascha	07	08-021	46.37	25m	3-10-21	Den Helder (NED)	145
180.	Stel Kaylin	01	08-021	46.44	25m	6-6-10	Zaandam (NED)	144
181.	Martens Iandra	03	08-021	46.52	25m	29-3-15	Zaandam (NED)	143
182.	Bakker Daniëlle	96	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
182.	Bakker Anna	97	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
184.	de Groot Marlijn	92	08-021	46.55	25m	14-5-05	Zuidoost-Beemster (NED)	143
185.	Sobh Shaime	03	08-021	46.67	25m	10-12-15	Heemskerk (NED)	142
186.	van Baar Monique	73	08-021	47.20	25m	15-12-88	Heemskerk (NED)	137
186.	Dijkstra Janet	77	08-021	47.20	25m	17-11-93		137
186.	van Leen Cynthia	81	08-021	47.20	25m	14-3-96	Heemskerk (NED)	137
189.	Mulder Amy	80	08-021	47.30	25m	18-11-93	Heemskerk	136
190.	van de Kamp Yvonne	65	08-021	47.50	25m	11-4-81	Heemskerk (NED)	135
191.	Hoogervorst Marlon	84	08-021	47.70	25m	24-11-94	Heemskerk (NED)	133
192.	Soellaart Esther	13	08-021	47.82	25m	8-2-26	Purmerend (NED)	132
193.	van der Horst Wendy	72	08-021	48.00	25m	16-1-83	Heemskerk (NED)	131
194.	van den Braber Liesbeth	84	08-021	48.04	25m	27-9-98	Assendelft (NED)	130
195.	Beentjes Nicolet	80	08-021	48.60	25m	27-9-98	Assendelft (NED)	126
196.	Pover Karin	67	08-021	48.80	25m	9-9-79	Wormerveer (NED)	124
197.	de Loos Marijke	94	08-021	48.94	25m	25-3-10	Heemskerk (NED)	123
198.	Rijpkema Marije	85	08-021	49.35	25m	31-1-02	Heemskerk	120
199.	Dekker Elise	97	08-021	49.52	25m	5-2-06	Zaandam (NED)	119
199.	Mes Norah	13	08-021	49.52	25m	11-12-25	Heemskerk (NED)	119
201.	Smit Lydia	84	08-021	49.68	25m	17-12-98	Heemskerk (NED)	118
202.	Copier Alyssa	04	08-021	50.00	25m	9-6-13	Zaandam (NED)	115
203.	Last Rooske	94	08-021	50.09	25m	9-5-10	Purmerend (NED)	115
204.	Visser Robin	05	08-021	50.18	25m	12-2-17	Purmerend (NED)	114
205.	Gelsumino Giulia	03	08-021	50.36	25m	10-12-15	Heemskerk (NED)	113
206.	Aafjes Suzan	69	08-021	50.50	25m	12-10-80	Wormerveer (NED)	112
207.	Aardenburg Judith	93	08-021	50.51	25m	25-11-04	Heemskerk (NED)	112
208.	Steenkamp Ciska	90	08-021	50.69	25m	11-11-01	Zaandam	111
209.	Schut Bodine	09	08-021	50.92	25m	4-10-20	Heemskerk (NED)	109
210.	Potemans Priscilla	84	08-021	51.30	25m	31-8-97	Assendelft (NED)	107
211.	Hoorn Linsey	94	08-021	51.43	50m	17-4-05	Beverwijk (NED)	107
212.	Haack Fenna	16	08-021	51.58	25m	11-10-26	Zaandam (NED)	105
213.	Sahin Súmeyye Sena	10	08-021	51.61	25m	1-2-24	Heemskerk (NED)	105
214.	Schelvis Liselot	92	08-021	51.77	25m	14-3-04	Zaandam	104
215.	van der Wijden Eline	88	08-021	51.83	25m	22-2-01	Heemskerk (NED)	104
216.	Bouwer Jolien	89	08-021	51.87	25m	28-2-02	Heemskerk	103
217.	Viel Bianca	85	08-021	51.97	25m	14-11-99	Zaandam (NED)	103
218.	Zeeman Judith	70	08-021	52.00	25m	29-11-81	Zaandam (NED)	103
219.	Koper Birgit	87	08-021	52.05	25m	27-4-03	Zaandam	102
220.	van Dam Merel	14	08-021	52.11	25m	8-11-26	Purmerend (NED)	102
221.	Cappelle Marcella	85	08-021	52.40	25m	26-10-97	Heemskerk (NED)	100
222.	van Ederen Jasmijn	10	08-021	52.59	25m	5-3-20	Heemskerk (NED)	99
223.	van der Does Lisa	02	08-021	52.60	25m	30-3-14	Zaandam (NED)	99
224.	van Laarhoven Salome	15	08-021	52.91	25m	4-10-26	Purmerend (NED)	97
225.	Feenstra Petra	71	08-021	53.00	25m	16-1-83	Heemskerk (NED)	97
225.	Werdekker Marjolein	81	08-021	53.00	25m	13-3-97	Heemskerk (NED)	97
227.	Terhorst Ilja	67	08-021	53.10	25m	8-11-80	Heemskerk (NED)	96
228.	van Giezen Corina	68	08-021	53.30	25m	21-9-80	Heemskerk (NED)	95
229.	van Rijn Eline	07	08-021	53.32	25m	17-11-16	Heemskerk (NED)	95
230.	van Perlo Carla	75	08-021	53.50	25m	28-10-84	Egmond (NED)	94

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231.	Huber Emma	13	08-021	54.08	25m	12-4-26	Purmerend (NED)	91
232.	Koopman Jessie	97	08-021	54.12	25m	18-4-10	Zaandam (NED)	91
233.	Bok Femke	74	08-021	54.20	25m	28-10-84	Egmond (NED)	91
234.	van Hiele Femke	13	08-021	54.66	25m	8-11-26	Purmerend (NED)	88
235.	Doodeman Sara	00	08-021	54.69	25m	13-2-11	Purmerend (NED)	88
236.	Bakker Lisette	83	08-021	54.80	25m	11-12-97	Heemskerk (NED)	88
237.	Yayli Serina	90	08-021	54.91	25m	1-4-02	Haarlem	87
238.	van den Heuvel Sandra	80	08-021	55.00	25m	3-12-89	Zaandam (NED)	87
239.	de Boer Isabel	06	08-021	55.08	25m	11-6-16	Zaandam (NED)	86
240.	Terluin Suus	09	08-021	55.13	25m	5-3-20	Heemskerk (NED)	86
241.	van Giezen Irene	67	08-021	55.40	25m	11-4-81	Heemskerk (NED)	85
242.	Kesting Alexandra	00	08-021	55.57	25m	3-4-11	Zaandam (NED)	84
243.	Koper Ella	90	08-021	55.63	25m	10-3-02	Heemskerk	84
244.	Lensen Sarian	89	08-021	56.24	25m	9-2-03	Zaandam (NED)	81
245.	Rasch Monique	66	08-021	56.50	25m	11-4-81	Heemskerk (NED)	80
246.	van Roon Jill	14	08-021	56.56	25m	27-9-26	Alkmaar (NED)	80
247.	Dijkstra Pascal	89	08-021	56.90	25m	22-4-99	Heemskerk (NED)	78
248.	Boonstra Esmé	02	08-021	56.93	25m	7-4-13	Castricum (NED)	78
249.	Zijlstra Mariëlle	83	08-021	57.20	25m	29-10-95	Castricum (NED)	77
250.	Elghandor Kiyaan	03	08-021	57.23	25m	30-3-14	Zaandam (NED)	77
251.	Smit Ingrid	67	08-021	57.40	25m	8-11-80	Heemskerk (NED)	76
252.	Haack Zowi	18	08-021	57.50	25m	25-5-26	Purmerend (NED)	76
253.	Snijder Femke	83	08-021	58.00	25m	12-5-93		74
254.	van der Werf Chily	72	08-021	58.20	25m	16-1-83	Heemskerk (NED)	73
255.	Schijf Irene	83	08-021	58.30	25m	24-11-94	Heemskerk (NED)	73
256.	Liefting Marielle	90	08-021	58.95	25m	10-3-02	Heemskerk	70
257.	Hoeksema Kim	90	08-021	59.12	25m	31-1-02	Heemskerk	70
258.	Koper Selma	03	08-021	59.26	25m	21-3-13	Heemskerk (NED)	69
259.	Eijndhoven Jonna	02	08-021	1:00.39	50m	10-6-12	Beverwijk (NED)	66
260.	Beentjes Daphne	91	08-021	1:00.80	25m	19-12-02	Heemskerk	64
261.	Doevendans Phileine	06	08-021	1:01.05	25m	6-3-16	Purmerend (NED)	63
262.	Huisman Lianne	87	08-021	1:01.12	25m	22-2-01	Heemskerk (NED)	63
263.	Salido Keesje	05	08-021	1:01.25	25m	19-2-15	Heemskerk (NED)	63
264.	Hoekstra Karin	76	08-021	1:01.70	25m	21-5-87	Heemskerk (NED)	61
265.	Nijman Linda	89	08-021	1:02.34	25m	25-3-01	Heerhugowaard (NED)	59
266.	Boere Sacha	91	08-021	1:02.39	25m	25-11-04	Heemskerk (NED)	59
267.	Werdekker Esther	83	08-021	1:03.20	25m	14-3-96	Heemskerk (NED)	57
268.	Kerdijk Lianne	81	08-021	1:03.60	25m	4-4-91	Heemskerk (NED)	56
269.	Kerkhoven Michelle	91	08-021	1:03.71	25m	22-2-01	Heemskerk (NED)	56
270.	Doll Maartje	80	08-021	1:03.80	25m	12-5-93		55
271.	Herwegh Izayra Rena	14	08-021	1:04.07	25m	29-1-23	Heemskerk (NED)	55
272.	Morianner Susanna	72	08-021	1:04.20	25m	20-9-81	Den Helder (NED)	54
273.	Welboren Julia	00	08-021	1:04.96	25m	9-2-12	Heemskerk (NED)	52
274.	Pezo Adna	90	08-021	1:05.60	50m	27-5-01	Beverwijk (NED)	51
275.	Wiegman Brenda	72	08-021	1:06.40	25m	16-1-83	Heemskerk (NED)	49
276.	Pover Ellen	72	08-021	1:07.00	25m	11-4-81	Heemskerk (NED)	48
277.	Janssen Tess	89	08-021	1:09.33	25m	27-9-98	Assendelft (NED)	43
278.	Stoker Ianthe	84	08-021	1:11.50	25m	23-1-97	Heemskerk	39
279.	van Perlo Ingrid	73	08-021	1:12.90	25m	21-3-82		37
280.	Ramazani Helia	16	08-021	1:16.95	25m	25-5-26	Purmerend (NED)	31
281.	van Noort Jony	85	08-021	1:18.40	25m	14-3-96	Heemskerk (NED)	30
282.	Zuidervaart Anne	02	08-021	1:19.93	25m	22-3-12	Heemskerk (NED)	28
283.	Kuijper Michelle	91	08-021	1:23.14	25m	22-2-01	Heemskerk (NED)	25

100 vlinderslag

1.	Wentink Yara	04	08-021	1:05.06	25m	23-11-24	Den Haag (NED)	591
2.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	500
3.	Broek Jade	97	08-021	1:09.19	25m	3-11-19	Purmerend (NED)	491
4.	Kingma Danae	00	08-021	1:09.42	25m	13-1-19	Purmerend (NED)	486
5.	Hoekstra Eline	03	08-021	1:09.89	25m	12-11-23	Den Helder (NED)	477
6.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85		458
7.	Smit Sanne	01	08-021	1:11.71	25m	18-11-18	Hoofddorp (NED)	441
8.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)	421
9.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	416
10.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)	407
11.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)	403
11.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)	403
13.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	401
14.	Siemerink Laura	04	08-021	1:14.07	25m	19-2-26	Heemskerk (NED)	400
15.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82		393
16.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)	387
17.	Koopman Inge	93	08-021	1:14.92	25m	24-4-22	Den Helder (NED)	387
18.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	379
19.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	376
20.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	373
21.	Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)	387
22.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	367
23.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)	362
24.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)	361
25.	Gijzen-van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)	358
26.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)	353
27.	Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)	348
28.	van Staveren Marina	78	08-021	1:17.69	25m	18-2-12	Heerenveen (NED)	347
29.	Spijker Kristel	84	08-021	1:17.92	25m	13-3-11	Heemskerk (NED)	344
30.	Hulshof Saskia	73	08-021	1:18.90	25m	18-2-89		331
31.	Schelvis Roos	86	08-021	1:18.99	25m	15-4-01	Haarlem (NED)	330
31.	de Boer Irene	84	08-021	1:18.99	25m	16-4-01	Haarlem (NED)	330
33.	Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)	324
34.	Stam Sabrina	82	08-021	1:19.70	25m	6-4-97	Heemskerk (NED)	321
35.	Kleijne Daisy	89	08-021	1:19.75	25m	12-2-06	Zaandam (NED)	321
36.	Herwegh Yara	07	08-021	1:19.99	25m	27-2-25	Heemskerk (NED)	318
37.	Kramer Miranda	80	08-021	1:20.35	25m	28-2-02	Heemskerk	313
38.	Butter Anouk	82	08-021	1:20.45	25m	25-3-04	Heemskerk	312
39.	Herwegh Binthy	09	08-021	1:20.93	25m	27-2-25	Heemskerk (NED)	307
40.	Veldhuis Amelia	03	08-021	1:21.34	25m	20-11-22	Den Helder (NED)	302
41.	de Roode Xara	08	08-021	1:21.52	25m	9-3-25	Purmerend (NED)	300
42.	van 't Veer Iris	03	08-021	1:21.64	25m	1-2-24	Heemskerk (NED)	299
43.	de Groot Gitta	60	08-021	1:21.70	25m	31-12-79		298
44.	Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)	297
45.	Meijer Linda	77	08-021	1:22.10	25m	27-11-93		294
46.	Vink Marjolein	93	08-021	1:22.18	25m	26-2-09	Heemskerk (NED)	293
47.	Meijer Sylvia	81	08-021	1:22.50	25m	13-4-98	Haarlem (NED)	290
48.	van Ballegooie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)	288
49.	de Ruijter Linda	87	08-021	1:22.80	25m	22-12-02	Zaandam	286
50.	Koopman Anitra	89	08-021	1:22.99	25m	20-2-05	Aalsmeer (NED)	284
51.	van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam	283
52.	Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)	278
53.	Zonneveld Chantal	84	08-021	1:23.73	25m	28-2-02	Heemskerk	277

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54.	Scholten Britt	04	08-021	1:24.06	25m	11-2-18	Zaandam (NED)	274
55.	Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)	273
56.	Windmuller Wendy	69	08-021	1:24.20	25m	12-2-84	Heemskerk (NED)	272
57.	Jongema Helena	80	08-021	1:24.21	25m	16-11-08	Amsterdam-oost (NED)	272
58.	Koper Fiona	01	08-021	1:24.37	25m	24-1-19	Heemskerk (NED)	271
59.	Boekling Annette	85	08-021	1:24.82	25m	28-2-02	Heemskerk	266
60.	de Graaf Annemiek	70	08-021	1:25.20	25m	30-11-86	Heemskerk (NED)	263
60.	van der Geest Saskia	73	08-021	1:25.20	25m	6-12-89		263
62.	Zwaan Melissa	91	08-021	1:25.28	25m	28-12-03	Maastricht (NED)	262
63.	Schuyt Simone	75	08-021	1:25.80	25m	10-3-90		257
64.	Limmen Karin	76	08-021	1:26.30	25m	4-10-92	Assendelft (NED)	253
65.	Oudendijk Bianca	79	08-021	1:26.60	25m	5-11-95	Volendam (NED)	250
66.	Haasbroek Renske	03	08-021	1:26.65	25m	12-10-25	Heemskerk (NED)	250
67.	Dijkstra Lisette	86	08-021	1:26.80	25m	24-5-98	Zaandam (NED)	249
68.	Buur Naomi	01	08-021	1:26.83	25m	18-2-16	Heemskerk (NED)	248
69.	Vredenburg Roos	95	08-021	1:27.10	25m	20-5-10	Heemskerk (NED)	246
70.	Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)	245
71.	Petit Kirsten	00	08-021	1:27.26	25m	12-2-17	Purmerend (NED)	245
72.	van Duin Margret	60	08-021	1:27.40	25m	12-2-78	Heemskerk (NED)	243
73.	Bakker Jesca	79	08-021	1:28.50	25m	22-4-90	Heemstede (NED)	234
73.	Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk	234
75.	Stel Serena	98	08-021	1:28.51	25m	18-2-10	Heemskerk (NED)	234
76.	Zonneveld Cindy	75	08-021	1:28.60	25m	4-2-93	Heemskerk (NED)	234
77.	Blaauw Yente	03	08-021	1:28.68	25m	15-2-18	Heemskerk (NED)	233
78.	Zwarthoed Brenda	96	08-021	1:28.87	25m	3-2-08	Purmerend (NED)	232
79.	de Boer Maia	03	08-021	1:29.40	25m	20-11-22	Den Helder (NED)	227
80.	Hogema Fabiën	93	08-021	1:29.44	25m	29-3-07	Heemskerk (NED)	227
81.	Krouwels Tanja	79	08-021	1:29.50	25m	12-2-98	Heemskerk (NED)	227
82.	ten Cate Ilona	85	08-021	1:29.56	25m	16-4-06	Haarlem (NED)	226
83.	Pover Karin	67	08-021	1:29.80	25m	13-3-83	Castricum (NED)	224
84.	Deiman Caroline	67	08-021	1:29.90	25m	6-12-89		224
85.	Hermans Liesbeth	66	08-021	1:30.00	25m	7-2-82		223
86.	van Giezen Sandra	63	08-021	1:30.20	25m	12-2-84	Heemskerk (NED)	221
86.	van Honk Chantal	80	08-021	1:30.20	25m	3-2-93		221
88.	Niesten Iris	92	08-021	1:30.21	50m	6-6-09	Beverwijk (NED)	232
89.	Dijkstra Ingrid	68	08-021	1:30.60	25m	16-1-83	Heemskerk (NED)	218
90.	Tholen Kirsten	66	08-021	1:30.70	25m	24-1-82		218
91.	van Eerden Meike	00	08-021	1:30.79	25m	24-1-19	Heemskerk (NED)	217
92.	de Wildt Maud	05	08-021	1:31.02	25m	24-11-19	Hoofddorp (NED)	215
93.	van Giezen Wendy	70	08-021	1:31.10	25m	27-2-83	Assendelft (NED)	215
94.	Poppema Yvonne	68	08-021	1:31.30	25m	7-10-84	Volendam (NED)	213
95.	van Koeveringe Nicole	93	08-021	1:31.60	25m	26-2-09	Heemskerk (NED)	211
96.	Heus Pauline	78	08-021	1:31.80	25m	6-4-96	Haarlem (NED)	210
97.	Peters Yvonne	63	08-021	1:32.20	25m	7-2-88	Heemskerk (NED)	207
98.	de Boer Claudia	77	08-021	1:32.30	25m	4-4-91	Heemskerk (NED)	207
99.	Hofland Yasmin	01	08-021	1:32.34	25m	4-2-18	Purmerend (NED)	206
100.	van Giezen Irene	67	08-021	1:32.50	25m	13-3-83	Castricum (NED)	205
101.	van Assema Eline	05	08-021	1:32.54	25m	2-2-23	Heemskerk (NED)	205
102.	Renkema Iris	04	08-021	1:32.76	25m	1-10-17	Purmerend (NED)	204
103.	van der Horst Sacha	69	08-021	1:33.40	25m	23-9-84	Heemskerk (NED)	199
103.	Cappelle Carlijn	82	08-021	1:33.40	25m	6-4-97	Heemskerk (NED)	199
105.	Hommersen Sandra	84	08-021	1:33.86	25m	11-10-98	Alkmaar (NED)	196
106.	de Boer Angela	80	08-021	1:34.70	25m	27-4-95	Heemskerk (NED)	191

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107.	Rodenburg Rianne	93	08-021	1:35.06	25m	17-4-06	Haarlem (NED)	189
108.	Nijholt Carin	60	08-021	1:35.20	25m	13-4-80	Zaandam (NED)	188
109.	ten Cate Joyce	80	08-021	1:35.29	25m	26-2-09	Heemskerk (NED)	188
110.	Besse Meta	78	08-021	1:35.30	25m	29-11-92	Heemskerk (NED)	188
111.	Bruin Adri	74	08-021	1:35.40	25m	30-9-89		187
112.	Steenbakker Lisan	07	08-021	1:35.44	25m	10-3-24	Purmerend (NED)	187
113.	Lindelauf Priscilla	85	08-021	1:35.49	25m	17-2-00	Heemskerk (NED)	187
114.	Oortwijn Jytte	10	08-021	1:35.76	25m	27-2-25	Heemskerk (NED)	185
115.	de Vries Justine	83	08-021	1:35.80	25m	13-3-97	Heemskerk (NED)	185
116.	van Ballegooie Stefanie	86	08-021	1:36.26	25m	18-11-01	Heemskerk	182
117.	Missot Gonda	66	08-021	1:36.50	25m	28-10-79	Heerhugowaard (NED)	181
118.	Venema Jalina	04	08-021	1:36.61	25m	2-2-17	Heemskerk (NED)	180
119.	de Groot Linda	81	08-021	1:36.79	25m	23-4-00	Haarlem (NED)	179
120.	Walraven Annet	62	08-021	1:36.90	25m	4-10-80	Heemskerk (NED)	178
120.	Palthe Yvonne	67	08-021	1:36.90	25m	18-10-81	Heemskerk (NED)	178
122.	Huneker Jolanda	79	08-021	1:36.96	25m	17-1-99	Heemskerk (NED)	178
123.	Molenaar Eline	82	08-021	1:37.06	25m	20-2-00	Assendelft (NED)	178
124.	van Galen Angela	65	08-021	1:37.10	25m	16-11-80	Haarlem (NED)	177
125.	Zonneveld Melissa	88	08-021	1:37.13	25m	25-11-04	Heemskerk (NED)	177
126.	van Giezen Corina	68	08-021	1:37.40	25m	23-9-84	Heemskerk (NED)	176
127.	Niesten Annet	62	08-021	1:37.60	25m	31-12-75		175
128.	Limmen Miriam	75	08-021	1:37.70	25m	1-4-90	Zaandam (NED)	174
129.	de Vriend Sofie	01	08-021	1:37.77	25m	2-6-12	Zaandam (NED)	174
130.	van Huisstede Nikita	01	08-021	1:37.90	25m	13-11-16	Purmerend (NED)	173
131.	Huisman Caroline	64	08-021	1:38.00	25m	23-10-77	Zandvoort (NED)	173
132.	de Graaf Dinie	71	08-021	1:39.00	25m	28-10-84	Egmond (NED)	167
133.	Munnik Yvonne	64	08-021	1:39.10	25m	26-2-78	Castricum (NED)	167
134.	van Rijn Sydney	03	08-021	1:39.27	25m	2-10-16	Purmerend (NED)	166
135.	Limmen Anita	78	08-021	1:39.40	25m	28-9-94		165
136.	Meesters Audrey	90	08-021	1:39.90	25m	27-3-03	Heemskerk	163
137.	Angenent Nienke	01	08-021	1:40.31	25m	8-1-15	Heemskerk (NED)	161
138.	Knight Kayleigh	00	08-021	1:40.32	25m	15-2-18	Heemskerk (NED)	161
139.	van Leeuwen Andrea	71	08-021	1:40.60	25m	28-10-84	Egmond (NED)	159
140.	Bakkum Wilma	62	08-021	1:40.90	25m	30-11-80	Heemskerk (NED)	158
141.	van Velsen Patricia	79	08-021	1:41.20	25m	14-3-96	Heemskerk (NED)	157
142.	Hoek Laura	86	08-021	1:41.34	25m	23-4-00	Haarlem (NED)	156
143.	Bos Chantal	74	08-021	1:41.40	25m	18-2-89		156
143.	Oosterveen Yvonne	80	08-021	1:41.40	25m	3-2-93		156
145.	Essers Patricia	84	08-021	1:42.09	25m	17-2-00	Heemskerk (NED)	153
146.	van Vliet Isabel	02	08-021	1:42.32	25m	14-1-18	Purmerend (NED)	152
147.	Dijkstra Maud	84	08-021	1:42.40	25m	5-4-98	Heemskerk (NED)	151
148.	Visser Shana	04	08-021	1:42.49	25m	2-10-16	Purmerend (NED)	151
149.	de Vries Cathy	77	08-021	1:42.60	25m	21-4-91	Heemstede (NED)	150
150.	Bouwman Esther	63	08-021	1:42.70	25m	3-6-78	Z.O. Beemster (NED)	150
151.	Grul Lisanne	97	08-021	1:42.86	25m	9-2-12	Heemskerk (NED)	149
152.	Windmuller Annemarie	67	08-021	1:43.00	25m	17-2-80	Heerhugowaard (NED)	149
152.	van Langelaar Tessa	97	08-021	1:43.00	25m	27-3-11	Heemstede (NED)	149
154.	Zonneveld Monica	80	08-021	1:43.30	25m	15-1-94		147
155.	Dreyer Elly	63	08-021	1:43.40	25m	2-3-80	Heemskerk (NED)	147
156.	Bouwer Jolien	89	08-021	1:43.41	25m	28-11-02	Heemskerk	147
157.	Huisman Jolanda	68	08-021	1:43.90	25m	23-9-84	Heemskerk (NED)	145
158.	Mulder Amy	80	08-021	1:44.10	25m	15-1-94		144
159.	de Groot Sjors	08	08-021	1:44.36	25m	1-2-24	Heemskerk (NED)	143

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160.	de Vries Chrissie	93	08-021	1:44.49	25m	29-3-07	Heemskerk (NED)	142
161.	Butter Noor	16	08-021	1:45.12	25m	21-5-26	Heemskerk (NED)	140
162.	Sobh Shaime	03	08-021	1:45.15	25m	18-2-16	Heemskerk (NED)	140
163.	Tilgenkamp Lentley	13	08-021	1:45.17	25m	18-10-26	Den Helder (NED)	140
164.	Regelink Anneke	83	08-021	1:45.24	25m	5-4-99	Haarlem (NED)	139
165.	Schaefer Lisa	06	08-021	1:45.29	25m	30-1-20	Heemskerk (NED)	139
166.	Liefting Sarina	93	08-021	1:45.50	25m	30-11-06	Heemskerk	138
167.	Ivens Suzanne	99	08-021	1:45.53	25m	26-10-14	Zaandam (NED)	138
168.	Groot Tineke	60	08-021	1:46.10	25m	2-3-80	Heemskerk (NED)	136
169.	de Groot Marlijn	92	08-021	1:46.11	25m	3-10-04	Heemskerk (NED)	136
170.	de Wolff Isabel	01	08-021	1:46.70	25m	18-2-16	Heemskerk (NED)	134
171.	de Graaf Isabella	04	08-021	1:46.72	25m	1-10-17	Purmerend (NED)	133
172.	Horst Diana	67	08-021	1:46.80	25m	18-10-81	Heemskerk (NED)	133
173.	Berloth Lydia	68	08-021	1:46.90	25m	16-1-83	Heemskerk (NED)	133
174.	Nemchonok Alisa	82	08-021	1:47.21	25m	5-4-99	Haarlem (NED)	132
175.	Bruins Julia	06	08-021	1:48.37	25m	27-2-25	Heemskerk (NED)	127
176.	van Putten Demi	96	08-021	1:48.50	25m	3-3-11	Heemskerk (NED)	127
177.	Viel Bianca	85	08-021	1:48.69	25m	22-4-99	Heemskerk (NED)	126
178.	Jansen Pauline	67	08-021	1:49.00	25m	16-1-83	Heemskerk (NED)	125
179.	Bos Marieke	06	08-021	1:49.09	25m	10-6-17	Zaandam (NED)	125
180.	Wieman Lianne	03	08-021	1:49.43	25m	30-1-20	Heemskerk (NED)	124
181.	Beentjes Nicolet	80	08-021	1:49.50	25m	30-5-96	Heemskerk (NED)	124
182.	van de Kamp Yvonne	65	08-021	1:49.60	25m	4-10-80	Heemskerk (NED)	123
183.	Rasch Monique	66	08-021	1:49.80	25m	6-9-81	Heemskerk (NED)	123
184.	Koper Birgit	87	08-021	1:50.78	25m	28-11-02	Heemskerk	119
185.	Smit Lydia	84	08-021	1:50.87	25m	22-4-99	Heemskerk (NED)	119
186.	Ardicyaka Irem	06	08-021	1:51.00	25m	3-11-19	Purmerend (NED)	119
187.	Hoekstra Karin	76	08-021	1:51.60	25m	17-1-88	Assendelft (NED)	117
188.	Raszinski Nienke	01	08-021	1:51.78	25m	30-1-14	Heemskerk (NED)	116
189.	Sierra Ana Maria	69	08-021	1:52.80	25m	18-4-82		113
190.	Soellaart Esther	13	08-021	1:53.18	25m	19-2-26	Heemskerk (NED)	112
191.	van der Horst Wendy	72	08-021	1:53.50	25m	13-3-83	Castricum (NED)	111
192.	van der Eng Laura	80	08-021	1:53.90	25m	9-11-96		110
193.	Mosch Sabina	84	08-021	1:54.45	25m	27-3-03	Heemskerk	108
194.	Schut Bodine	09	08-021	1:54.73	25m	4-10-20	Heemskerk (NED)	107
195.	Sahin Súmeyye Sena	10	08-021	1:54.96	25m	1-2-24	Heemskerk (NED)	107
196.	Stel Kaylin	01	08-021	1:55.09	25m	20-5-10	Heemskerk (NED)	106
197.	van den Braber Liesbeth	84	08-021	1:55.90	25m	12-2-98	Heemskerk (NED)	104
198.	Weezepoel Natascha	07	08-021	1:56.33	25m	30-1-20	Heemskerk (NED)	103
199.	Schaaper Margriet	62	08-021	1:56.50	25m	13-10-79	Heemskerk (NED)	103
200.	Verhagen Sabine	71	08-021	1:57.20	25m	28-10-84	Egmond (NED)	101
200.	de Jong Desire	73	08-021	1:57.20	25m	8-11-87	Heemskerk (NED)	101
202.	Bakker Anna	97	08-021	1:57.97	25m	26-2-09	Heemskerk (NED)	99
203.	Bos Annelies	74	08-021	1:58.40	25m	29-11-87	Amstelveen (NED)	98
204.	Bakker Daniëlle	96	08-021	1:58.72	25m	5-10-08	Heemskerk (NED)	97
205.	Martens Iandra	03	08-021	1:58.83	25m	8-1-15	Heemskerk (NED)	97
206.	Snijder Femke	83	08-021	1:59.20	25m	4-4-94	Haarlem (NED)	96
207.	Aafjes Suzan	69	08-021	2:01.00	25m	18-1-81	Zaandam (NED)	91
208.	Steenkamp Ciska	90	08-021	2:01.17	25m	24-4-00	Haarlem (NED)	91
209.	Huber Emma	13	08-021	2:02.38	25m	12-4-26	Purmerend (NED)	88
210.	Yayli Serina	90	08-021	2:02.61	25m	28-11-02	Heemskerk	88
211.	Haack Fenna	16	08-021	2:03.14	25m	21-5-26	Heemskerk (NED)	87
211.	van Laarhoven Salome	15	08-021	2:03.14	25m	21-5-26	Heemskerk (NED)	87

100 vlinderslag (sinds 213)

213.	Bakker Lisette	83	08-021	2:03.30	25m	15-11-98	Assendelft (NED)	86
214.	Brands Ingrid	72	08-021	2:03.60	25m	29-9-85	Heemskerk (NED)	86
215.	Last Rooske	94	08-021	2:03.64	25m	20-5-10	Heemskerk (NED)	86
216.	de Loos Marijke	94	08-021	2:04.26	25m	20-5-10	Heemskerk (NED)	84
217.	Hoogervorst Marlon	84	08-021	2:04.30	25m	13-11-94	Hoorn (NED)	84
218.	Rodenburg Kyra	96	08-021	2:05.15	25m	24-11-05	Heemskerk (NED)	83
219.	Smit Ingrid	67	08-021	2:05.60	25m	22-11-80	Heemskerk (NED)	82
220.	Buur Cindy	99	08-021	2:06.11	25m	30-1-14	Heemskerk (NED)	81
221.	Nijman José	93	08-021	2:06.51	25m	11-2-07	Zaandam (NED)	80
222.	Aardenburg Judith	93	08-021	2:06.77	25m	2-10-05	Zaandam (NED)	79
223.	Schelvis Liselot	92	08-021	2:07.72	25m	8-2-04	Zaandam (NED)	78
224.	Rijpkema Marije	85	08-021	2:08.60	25m	28-2-02	Heemskerk	76
225.	Haack Zowi	18	08-021	2:08.83	25m	21-5-26	Heemskerk (NED)	76
226.	van Roon Jill	14	08-021	2:09.91	25m	21-5-26	Heemskerk (NED)	74
227.	Gelsumino Giulia	03	08-021	2:10.18	25m	8-1-15	Heemskerk (NED)	73
228.	Cappelle Marcella	85	08-021	2:10.90	25m	12-2-98	Heemskerk (NED)	72
229.	Koper Ella	90	08-021	2:12.17	25m	3-2-02	Zaandam (NED)	70
230.	Boere Sacha	91	08-021	2:12.33	25m	24-2-05	Heemskerk (NED)	70
231.	Lensen Sarian	89	08-021	2:13.35	25m	27-3-03	Heemskerk	68
232.	Visser Robin	05	08-021	2:19.25	25m	13-12-15	Zaandam (NED)	60
233.	Pezo Adna	90	08-021	2:28.91	25m	16-4-01	Haarlem (NED)	49

200 vlinderslag

1.	Wentink Yara	04	08-021	2:34.17	25m	10-3-24	Purmerend (NED)	466
2.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	451
3.	Hoekstra Eline	03	08-021	2:38.02	25m	16-2-25	Haarlem (NED)	433
4.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	371
5.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	354
6.	Broek Jade	97	08-021	2:48.98	25m	24-3-19	Purmerend (NED)	354
7.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)	353
8.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	352
9.	Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)	369
10.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)	339
11.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)	332
12.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81		320
13.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	312
14.	Siemerink Laura	04	08-021	2:57.13	25m	12-4-26	Purmerend (NED)	307
15.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)	301
16.	Kingma Danae	00	08-021	2:58.59	25m	24-3-19	Purmerend (NED)	300
17.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)	298
18.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	295
19.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)	287
20.	Koopman Inge	93	08-021	3:02.12	25m	18-2-23	Heerenveen (NED)	283
21.	Gijzen-van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)	279
22.	Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk	275
23.	Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)	270
24.	Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	269
25.	de Roode Xara	08	08-021	3:05.96	25m	15-2-26	Haarlem (NED)	266
26.	Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)	265
26.	Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)	265
28.	Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)	265
29.	Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)	261

200 vlinderslag (sinds 30)

30.	de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam	259
31.	Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)	257
32.	Kramer Miranda	80	08-021	3:09.21	25m	27-11-03	Heemskerk (NED)	252
33.	Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)	244
34.	de Boer Irene	84	08-021	3:15.15	25m	16-4-00	Zaandam (NED)	230
35.	Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)	229
36.	van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)	226
37.	Essers Sanne	91	08-021	3:16.44	25m	18-2-10	Heemskerk (NED)	225
38.	Vink Marjolein	93	08-021	3:17.91	25m	31-1-08	Heemskerk (NED)	220
39.	Vredenburg Roos	95	08-021	3:19.06	25m	18-2-10	Heemskerk (NED)	216
40.	Boekling Annette	85	08-021	3:19.10	25m	20-12-01	Heemskerk	216
41.	Oudendijk Bianca	79	08-021	3:21.60	25m	4-2-96	Heerhugowaard (NED)	208
42.	Koopman Anitra	89	08-021	3:22.70	25m	25-11-04	Heemskerk (NED)	205
43.	Meijer Sylvia	81	08-021	3:23.30	25m	29-3-98	Heemstede (NED)	203
44.	Haasbroek Renske	03	08-021	3:24.40	25m	6-4-25	Purmerend (NED)	200
45.	Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
46.	Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)	184
47.	Hermans Liesbeth	66	08-021	3:30.20	25m	7-3-82		184
48.	Niesten Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk	179
49.	van Galen Angela	65	08-021	3:32.40	25m	18-4-82		178
50.	van Giezen Sandra	63	08-021	3:32.90	25m	18-4-82		177
51.	Tholen Kirsten	66	08-021	3:36.30	25m	7-3-82		169
52.	Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam	166
53.	Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)	164
54.	van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)	160
55.	Hofland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)	159
56.	Scholten Britt	04	08-021	3:45.13	25m	27-11-16	Zaandam (NED)	149
57.	Venema Jalina	04	08-021	3:45.14	25m	24-4-16	Zaandam (NED)	149
58.	Pover Karin	67	08-021	3:45.30	25m	7-3-82		149
59.	Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)	144
60.	Renkema Iris	04	08-021	3:50.96	25m	13-12-15	Zaandam (NED)	138
61.	Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)	137
62.	de Wildt Maud	05	08-021	3:53.68	25m	27-11-16	Zaandam (NED)	134
63.	van Giezen Irene	67	08-021	3:54.00	25m	7-3-82		133
64.	de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)	130
65.	Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)	103
66.	Knight Kayleigh	00	08-021	4:18.31	25m	18-3-12	Zaandam (NED)	99

1000 vlinderslag

1.	Wentink Yara	04	08-021	15:16.91	25m	15-2-26	Haarlem (NED)
2.	Siemerink Laura	04	08-021	18:32.64	25m	15-2-26	Haarlem (NED)

75 wisselslag

1.	Doodeman Lieke	16	08-021	1:35.32	25m	21-5-26	Heemskerk (NED)
2.	Meskhy Nita	16	08-021	1:36.82	25m	21-5-26	Heemskerk (NED)
3.	Ramazani Helia	16	08-021	1:41.51	25m	9-11-25	Zaandam (NED)
4.	Kara Melek	17	08-021	1:48.51	25m	1-11-26	Zaandam (NED)
5.	van Roon Lexie	18	08-021	1:53.02	25m	1-11-26	Zaandam (NED)
6.	de Reuver Babette	18	08-021	1:53.11	25m	21-5-26	Heemskerk (NED)
7.	Broersma Manou	17	08-021	2:02.25	25m	21-5-26	Heemskerk (NED)
8.	Harke Lily Rose	16	08-021	2:02.93	25m	21-5-26	Heemskerk (NED)

100 wisselslag

1.	Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)	588
2.	Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoorn (NED)	530
3.	Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	529
4.	Wentink Yara	04	08-021	1:09.99	25m	4-10-26	Purmerend (NED)	526
5.	ten Bokkel Henrieke	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)	497
6.	Hoekstra Eline	03	08-021	1:12.07	25m	2-6-22	Heemskerk (NED)	482
7.	Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)	465
8.	Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)	464
9.	Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	463
10.	Siemerink Laura	04	08-021	1:13.78	25m	22-4-19	Haarlem (NED)	449
11.	Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	445
12.	Gijzen-van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk	440
13.	Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	427
14.	van 't Veer Iris	03	08-021	1:15.04	25m	26-3-26	Heemskerk (NED)	427
15.	Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)	426
16.	de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)	426
17.	de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)	421
18.	Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	420
19.	Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)	416
20.	Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)	412
21.	Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)	411
22.	Koopman Inge	93	08-021	1:16.06	25m	2-10-22	Den Helder (NED)	410
23.	Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)	409
24.	van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	408
25.	Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)	407
26.	Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)	405
27.	Herwegh Binthy	09	08-021	1:16.38	25m	27-10-24	Zaandam (NED)	404
28.	van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)	399
29.	Buur Naomi	01	08-021	1:16.81	25m	10-1-16	Purmerend (NED)	398
30.	Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)	397
31.	Stam Vanessa	80	08-021	1:17.70	25m	5-10-97	Zaandam (NED)	384
32.	Petit Kirsten	00	08-021	1:17.74	25m	4-12-16	Zaandam (NED)	384
33.	Essers Sanne	91	08-021	1:17.84	25m	21-1-07	Zaandam (NED)	382
34.	van Rookhuizen Sieta	79	08-021	1:18.07	25m	14-11-99	Zaandam (NED)	379
35.	Meijer Sylvia	81	08-021	1:18.16	25m	18-2-99	Heemskerk (NED)	377
36.	van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)	377
37.	van de Poll Marianne	89	08-021	1:18.30	25m	4-4-04	Zaandam	375
38.	Stins Mariska	84	08-021	1:18.32	25m	28-12-03	Maastricht (NED)	375
39.	Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)	374
40.	Spijker Kristel	84	08-021	1:18.48	25m	6-12-09	Zaandam (NED)	373
41.	Verbree Bets	63	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)	371
42.	Niesten Iris	92	08-021	1:18.63	25m	19-11-09	Heemskerk (NED)	371
43.	Herwegh Yara	07	08-021	1:18.83	25m	20-10-24	Heemskerk (NED)	368
44.	Jongema Helena	80	08-021	1:18.86	25m	2-2-08	Heerenveen (NED)	367
45.	de Boer Maia	03	08-021	1:19.01	25m	3-10-21	Den Helder (NED)	365
46.	Dijkstra Lisette	86	08-021	1:19.13	25m	13-12-98	Heemskerk (NED)	364
47.	Koopman Anitra	89	08-021	1:19.18	25m	28-12-04	Maastricht (NED)	363
48.	Blaauw Yente	03	08-021	1:19.20	25m	11-4-19	Heemskerk (NED)	363
49.	Stel Serena	98	08-021	1:19.33	25m	4-4-10	Haarlem (NED)	361
50.	Teufer Irene	96	08-021	1:19.40	25m	6-1-08	Alkmaar (NED)	360
51.	Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)	357
52.	de Roode Xara	08	08-021	1:19.75	25m	8-5-25	Heemskerk (NED)	355
53.	Haasbroek Renske	03	08-021	1:19.95	25m	4-4-24	Heemskerk (NED)	353

100 wisselslag (sinds 54)

54.	de Wildt Maud	05	08-021	1:20.14	25m	30-10-22	Heemskerk (NED)	350
55.	van Assema Eline	05	08-021	1:20.16	25m	1-7-21	Heemskerk (NED)	350
56.	Windmuller Wendy	69	08-021	1:20.20	25m	15-3-87	Heemskerk (NED)	349
56.	Meijer Linda	77	08-021	1:20.20	25m	16-6-93		349
56.	Scholten Britt	04	08-021	1:20.20	25m	11-4-19	Heemskerk (NED)	349
59.	de Boer Irene	84	08-021	1:20.53	25m	28-11-99	Alkmaar (NED)	345
60.	Heus Pauline	78	08-021	1:20.70	25m	15-12-96	Heemskerk (NED)	343
61.	Limmen Karin	76	08-021	1:20.80	25m	11-12-93		342
62.	Boekling Annette	85	08-021	1:21.34	25m	27-9-01	Heemskerk	335
63.	van der Geest Saskia	73	08-021	1:21.40	25m	31-12-88		334
64.	Plokker Sylvia	68	08-021	1:21.60	25m	16-1-83	Heemskerk (NED)	332
64.	van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)	332
66.	Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)	329
67.	Zwarthoed Brenda	96	08-021	1:21.93	25m	12-5-08	Purmerend (NED)	328
68.	Visser Stacey	87	08-021	1:22.19	25m	27-9-01	Heemskerk	325
69.	Butter Anouk	82	08-021	1:22.29	25m	29-9-05	Heemskerk (NED)	323
70.	Visser Kelly	89	08-021	1:22.38	25m	27-2-03	Heemskerk	322
71.	Renkema Iris	04	08-021	1:22.47	25m	9-10-16	Alkmaar (NED)	321
72.	Zonneveld Chantal	84	08-021	1:22.86	25m	14-11-99	Zaandam (NED)	317
73.	van Langelaar Tessa	97	08-021	1:22.92	25m	21-4-13	Heemskerk (NED)	316
74.	Schuyt Simone	75	08-021	1:23.20	25m	31-12-89	Heemskerk (NED)	313
75.	Dijkstra Ingrid	68	08-021	1:23.30	25m	16-1-83	Heemskerk (NED)	312
75.	van Eerden Meike	00	08-021	1:23.30	25m	11-4-19	Heemskerk (NED)	312
77.	Hermans Liesbeth	66	08-021	1:23.40	25m	17-1-82		311
78.	Veldhuis Amelia	03	08-021	1:23.42	25m	3-10-21	Den Helder (NED)	310
79.	van Galen Angela	65	08-021	1:23.50	25m	17-2-80	Heerhugowaard (NED)	309
79.	van Giezen Irene	67	08-021	1:23.50	25m	16-1-83	Heemskerk (NED)	309
81.	Zwaan Melissa	91	08-021	1:23.64	25m	28-12-03	Maastricht (NED)	308
82.	de Ruijter Linda	87	08-021	1:23.76	25m	25-9-03	Heemskerk (NED)	307
83.	Oudendijk Bianca	79	08-021	1:23.90	25m	11-12-94	Heemskerk (NED)	305
84.	Angenent Nienke	01	08-021	1:23.96	25m	26-10-14	Zaandam (NED)	304
85.	van Koeveringe Nicole	93	08-021	1:24.11	25m	1-3-09	Heemstede (NED)	303
86.	Vredenburg Roos	95	08-021	1:24.15	25m	19-11-09	Heemskerk (NED)	302
87.	Poppema Yvonne	68	08-021	1:24.20	25m	22-1-84	Zandvoort (NED)	302
88.	Hogema Fabiën	93	08-021	1:24.74	25m	27-4-06	Heemskerk	296
89.	Koper Fiona	01	08-021	1:24.79	25m	21-9-14	Purmerend (NED)	296
90.	Pover Karin	67	08-021	1:24.80	25m	17-1-82		295
90.	Tholen Kirsten	66	08-021	1:24.80	25m	17-1-82		295
92.	Rodenburg Rianne	93	08-021	1:24.91	25m	27-4-06	Heemskerk	294
93.	van Sikkelerus Lisa	99	08-021	1:24.97	25m	17-11-13	Heemskerk (NED)	294
94.	Hofland Yasmin	01	08-021	1:25.06	25m	17-5-18	Heemskerk (NED)	293
95.	van Huisstede Nikita	01	08-021	1:25.21	25m	6-12-15	Purmerend (NED)	291
96.	Bakkum Wilma	62	08-021	1:25.40	25m	27-9-80	Heemskerk (NED)	289
97.	Ivens Suzanne	99	08-021	1:25.57	25m	25-11-12	Heemskerk (NED)	288
98.	Bruin Marianne	78	08-021	1:26.00	25m	16-5-91	Heemskerk (NED)	283
99.	de Boer Claudia	77	08-021	1:26.20	25m	4-2-90	Volendam (NED)	281
100.	Krouwels Tanja	79	08-021	1:26.24	25m	18-2-99	Heemskerk (NED)	281
101.	van Giezen Corina	68	08-021	1:26.40	25m	22-1-84	Zandvoort (NED)	279
101.	Limmen Miriam	75	08-021	1:26.40	25m	14-3-91	Heemskerk (NED)	279
103.	de Wolff Isabel	01	08-021	1:26.46	25m	19-5-16	Heemskerk (NED)	279
104.	de Boer Angela	80	08-021	1:26.70	25m	19-11-94		276
105.	Zonneveld Cindy	75	08-021	1:26.90	25m	16-6-93		274
106.	van Giezen Sandra	63	08-021	1:27.00	25m	27-9-80	Heemskerk (NED)	274

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107.	Niesten Annet	62	08-021	1:27.40	25m	21-5-78	Heemskerk (NED)	270
107.	Hommersen Sandra	84	08-021	1:27.40	25m	14-12-97	Heemskerk (NED)	270
109.	Lindelauf Priscilla	85	08-021	1:27.41	25m	27-9-01	Heemskerk	270
110.	Nijholt Carin	60	08-021	1:27.70	25m	31-5-80	Heemskerk (NED)	267
110.	Groot Tineke	60	08-021	1:27.70	25m	27-9-80	Heemskerk (NED)	267
112.	Deiman Caroline	67	08-021	1:27.90	25m	31-12-88		265
113.	Buur Cindy	99	08-021	1:27.97	25m	19-5-16	Heemskerk (NED)	265
114.	Cappelle Carlijn	82	08-021	1:28.00	25m	5-10-97	Zaandam (NED)	264
115.	Oosterveen Yvonne	80	08-021	1:28.10	25m	4-10-92	Assendelft (NED)	263
116.	Bos Marieke	06	08-021	1:28.30	25m	25-5-23	Heemskerk (NED)	262
117.	Liefting Sarina	93	08-021	1:28.48	25m	5-11-06	Zaandam (NED)	260
118.	van Rijn Sydney	03	08-021	1:28.52	25m	17-5-18	Heemskerk (NED)	260
119.	ten Cate Joyce	80	08-021	1:28.63	25m	27-4-06	Heemskerk	259
120.	Steenbakker Lisan	07	08-021	1:28.88	25m	4-4-24	Heemskerk (NED)	257
121.	Oortwijn Jytte	10	08-021	1:29.15	25m	8-5-25	Heemskerk (NED)	254
122.	Bruin Adri	74	08-021	1:29.30	25m	12-1-89	Heemskerk (NED)	253
123.	Ardicyaka Irem	06	08-021	1:29.37	25m	11-4-19	Heemskerk (NED)	252
124.	Hoek Laura	86	08-021	1:29.47	25m	12-12-99	Heemskerk (NED)	251
125.	de Vries Chrissie	93	08-021	1:29.48	25m	19-4-07	Heemskerk (NED)	251
126.	ten Cate Ilona	85	08-021	1:29.63	25m	29-9-05	Heemskerk (NED)	250
127.	Knight Kayleigh	00	08-021	1:29.67	25m	17-5-18	Heemskerk (NED)	250
128.	Walraven Annet	62	08-021	1:29.80	25m	31-5-80	Heemskerk (NED)	249
128.	de Graaf Annemiek	70	08-021	1:29.80	25m	24-1-82		249
128.	Huisman Jolanda	68	08-021	1:29.80	25m	22-1-84	Zandvoort (NED)	249
128.	Limmen Anita	78	08-021	1:29.80	25m	16-6-93		249
132.	Peters Yvonne	63	08-021	1:29.90	25m	15-3-87	Heemskerk (NED)	248
133.	de Vriend Sofie	01	08-021	1:29.98	25m	5-1-13	Hoorn (NED)	247
134.	van Velsen Patricia	79	08-021	1:30.00	25m	19-11-94		247
135.	Bakker Jesca	79	08-021	1:30.30	25m	5-11-89	Heemskerk (NED)	245
136.	Grul Lisanne	97	08-021	1:30.36	25m	1-4-12	Zaandam (NED)	244
137.	Dreyer Elly	63	08-021	1:30.40	25m	8-12-79	Heemskerk (NED)	244
137.	Nijman José	93	08-021	1:30.40	25m	31-5-08	Aalsmeer (NED)	244
139.	de Vries Cathy	77	08-021	1:30.70	25m	16-5-91	Heemskerk (NED)	241
139.	Butter Noor	16	08-021	1:30.70	25m	7-6-26	Amsterdam-Noord (NED)	241
141.	Raszinski Nienke	01	08-021	1:30.89	25m	17-4-14	Heemskerk (NED)	240
142.	van der Horst Sacha	69	08-021	1:31.00	25m	17-5-81	Castricum (NED)	239
143.	de Vries Justine	83	08-021	1:31.10	25m	8-12-96	Heerhugowaard (NED)	238
144.	Koper Birgit	87	08-021	1:31.15	25m	27-4-06	Heemskerk	238
145.	Regelink Anneke	83	08-021	1:31.16	25m	26-11-98	Heemskerk (NED)	238
146.	van Giezen Wendy	70	08-021	1:31.40	25m	24-1-82		236
146.	Berloth Lydia	68	08-021	1:31.40	25m	16-1-83	Heemskerk (NED)	236
148.	Besse Meta	78	08-021	1:31.70	25m	14-3-91	Heemskerk (NED)	234
149.	Missot Gonda	66	08-021	1:31.90	25m	10-12-77	Heemskerk (NED)	232
149.	Palthe Yvonne	67	08-021	1:31.90	25m	16-1-83	Heemskerk (NED)	232
151.	Schaefer Lisa	06	08-021	1:32.27	25m	9-12-18	Zaandam (NED)	229
152.	Molenaar Eline	82	08-021	1:32.40	25m	18-2-99	Heemskerk (NED)	228
153.	Windmuller Annemarie	67	08-021	1:32.50	25m	31-8-80	Heemskerk (NED)	228
154.	Schaaper Margriet	62	08-021	1:32.90	25m	8-12-79	Heemskerk (NED)	225
154.	Ligterink Angela	76	08-021	1:32.90	25m	16-1-88	Hilversum (NED)	225
156.	Nemchonok Alisa	82	08-021	1:32.98	25m	18-2-99	Heemskerk (NED)	224
157.	Bos Chantal	74	08-021	1:33.10	25m	31-12-88		223
158.	Visser Shana	04	08-021	1:33.30	25m	10-12-17	Zaandam (NED)	222
159.	Huneker Jolanda	79	08-021	1:33.37	25m	18-2-99	Heemskerk (NED)	221

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160.	van Putten Demi	96	08-021	1:33.48	25m	27-3-11	Heemstede (NED)	220
161.	Dijkstra Maud	84	08-021	1:33.50	25m	5-10-97	Zaandam (NED)	220
162.	van de Kamp Yvonne	65	08-021	1:33.60	25m	17-2-80	Heerhugowaard (NED)	220
163.	Visser Robin	05	08-021	1:33.80	25m	11-5-17	Heemskerk (NED)	218
164.	Bruins Julia	06	08-021	1:33.97	25m	25-10-26	Heemskerk (NED)	217
165.	Smit Lydia	84	08-021	1:34.01	25m	18-2-99	Heemskerk (NED)	217
166.	van Ballegooie Stefanie	86	08-021	1:34.03	25m	14-11-99	Zaandam (NED)	217
167.	Buitenhuis Danine	91	08-021	1:34.21	25m	30-1-03	Heemskerk	215
168.	de Groot Linda	81	08-021	1:34.36	25m	14-11-99	Zaandam (NED)	214
169.	Steenkamp Ciska	90	08-021	1:34.41	25m	25-10-01	Heemskerk	214
170.	de Graaf Dinie	71	08-021	1:34.50	25m	10-4-83	Heemskerk (NED)	213
171.	Sobh Shaime	03	08-021	1:34.59	25m	19-5-16	Heemskerk (NED)	213
172.	Bouwman Esther	63	08-021	1:35.20	25m	24-4-76	Heemskerk (NED)	209
173.	Soellaart Esther	13	08-021	1:35.72	25m	16-11-25	Purmerend (NED)	205
174.	Zonneveld Monica	80	08-021	1:36.00	25m	17-6-93	Heemskerk (NED)	203
175.	Meesters Audrey	90	08-021	1:36.32	25m	27-2-03	Heemskerk	201
176.	de Graaf Isabella	04	08-021	1:36.41	25m	11-4-19	Heemskerk (NED)	201
177.	Viel Bianca	85	08-021	1:36.44	25m	18-2-99	Heemskerk (NED)	201
178.	de Groot Marlijn	92	08-021	1:36.48	25m	14-11-04	Zaandam (NED)	200
179.	Tilgenkamp Lentley	13	08-021	1:36.78	25m	27-9-26	Alkmaar (NED)	199
180.	Terhorst Ilja	67	08-021	1:36.80	25m	17-2-80	Heerhugowaard (NED)	198
180.	de Groot Sjors	08	08-021	1:36.80	25m	12-10-25	Heemskerk (NED)	198
182.	Venema Jalina	04	08-021	1:36.86	25m	19-5-16	Heemskerk (NED)	198
183.	van Kooten Cynthia	93	08-021	1:37.23	25m	29-9-05	Heemskerk (NED)	196
184.	Mulder Amy	80	08-021	1:37.50	25m	4-10-92	Assendelft (NED)	194
185.	Sahin Súmeyye Sena	10	08-021	1:37.57	25m	25-5-23	Heemskerk (NED)	194
186.	Rodenburg Kyra	96	08-021	1:37.71	25m	26-11-06	Heemskerk (NED)	193
187.	Pover Ellen	72	08-021	1:37.80	25m	22-1-84	Zandvoort (NED)	192
187.	van Perlo Ingrid	73	08-021	1:37.80	25m	29-9-85	Heemskerk (NED)	192
189.	Weezepoel Natascha	07	08-021	1:37.87	25m	1-7-21	Heemskerk (NED)	192
190.	Stel Kaylin	01	08-021	1:38.09	25m	23-5-10	Purmerend (NED)	191
191.	Dijkstra Janet	77	08-021	1:38.30	25m	31-12-88		189
192.	Mes Norah	13	08-021	1:38.54	25m	16-11-25	Purmerend (NED)	188
193.	Mosch Sabina	84	08-021	1:38.70	25m	5-4-98	Heemskerk (NED)	187
194.	van Rijn Eline	07	08-021	1:38.71	25m	11-5-17	Heemskerk (NED)	187
195.	Bakker Anna	97	08-021	1:38.79	25m	29-5-08	Heemskerk (NED)	187
196.	Essers Patricia	84	08-021	1:38.81	25m	14-11-99	Zaandam (NED)	187
197.	van Vliet Isabel	02	08-021	1:38.83	25m	26-10-14	Zaandam (NED)	186
198.	Beentjes Nicolet	80	08-021	1:38.90	25m	5-10-97	Zaandam (NED)	186
199.	Koopman Jessie	97	08-021	1:39.09	25m	11-4-10	Zaandam (NED)	185
200.	Schut Bodine	09	08-021	1:39.35	25m	3-10-21	Den Helder (NED)	184
201.	van Leeuwen Andrea	71	08-021	1:39.60	25m	24-1-82		182
202.	Splinter Nathalie	75	08-021	1:39.70	25m	12-1-89	Heemskerk (NED)	182
203.	van der Eng Laura	80	08-021	1:39.90	25m	4-2-96	Heerhugowaard (NED)	181
204.	Smit Ingrid	67	08-021	1:40.50	25m	31-8-80	Heemskerk (NED)	177
205.	Calkhoven Mariëtte	65	08-021	1:40.90	25m	12-2-78	Heemskerk (NED)	175
206.	Schelvis Liselot	92	08-021	1:41.06	25m	30-11-03	Heemskerk (NED)	174
207.	Bok Femke	74	08-021	1:41.50	25m	29-9-85	Heemskerk (NED)	172
207.	Willemse Renee	75	08-021	1:41.50	25m	6-10-85	Wormerveer (NED)	172
209.	de Loos Marijke	94	08-021	1:41.73	25m	19-11-09	Heemskerk (NED)	171
210.	Hoogervorst Marlon	84	08-021	1:41.80	25m	26-1-95	Heemskerk (NED)	171
211.	Aafjes Suzan	69	08-021	1:42.00	25m	8-11-80	Heemskerk (NED)	170
212.	Cappelle Marcella	85	08-021	1:42.21	25m	15-11-98	Zaandam (NED)	169

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213.	Wieman Lianne	03	08-021	1:42.76	25m	19-5-16	Heemskerk (NED)	166
214.	Wiegman Brenda	72	08-021	1:42.80	25m	22-1-84	Zandvoort (NED)	166
215.	Beeksma Anne	88	08-021	1:42.88	25m	25-10-01	Heemskerk	165
216.	van Rijn Ilona	65	08-021	1:42.90	25m	12-2-78	Heemskerk (NED)	165
217.	Aardenburg Judith	93	08-021	1:42.98	25m	21-11-04	Zaandam (NED)	165
218.	Lund Jolanda	65	08-021	1:43.00	25m	31-5-80	Heemskerk (NED)	165
219.	Potemans Priscilla	84	08-021	1:43.30	25m	5-10-97	Zaandam (NED)	163
220.	Elghandor Kiyaan	03	08-021	1:43.69	25m	23-4-15	Heemskerk (NED)	161
221.	van der Werf Chily	72	08-021	1:43.70	25m	22-1-84	Zandvoort (NED)	161
222.	van Perlo Carla	75	08-021	1:43.80	25m	6-10-85	Wormerveer (NED)	161
222.	Zijlstra Mariëlle	83	08-021	1:43.80	25m	4-2-96	Heerhugowaard (NED)	161
224.	van Dijk Yvonne	65	08-021	1:44.30	25m	10-12-77	Heemskerk (NED)	159
225.	Koper Ella	90	08-021	1:44.39	25m	27-4-06	Heemskerk	158
226.	Haack Fenna	16	08-021	1:44.45	25m	5-4-26	Haarlem (NED)	158
227.	Dekker Danyk	94	08-021	1:44.55	25m	29-5-08	Heemskerk (NED)	157
228.	Dijkstra Pascal	89	08-021	1:44.74	25m	26-11-98	Heemskerk (NED)	157
229.	Kesting Alexandra	00	08-021	1:44.82	25m	14-4-11	Heemskerk (NED)	156
230.	van der Horst Wendy	72	08-021	1:44.90	25m	28-2-82		156
231.	van Ederen Jasmijn	10	08-021	1:45.26	25m	19-1-20	Zaandam (NED)	154
232.	van der Does Lisa	02	08-021	1:45.63	25m	20-4-14	Haarlem (NED)	153
233.	Horst Diana	67	08-021	1:45.90	25m	27-9-80	Heemskerk (NED)	151
234.	Geurtsen Daisy	89	08-021	1:46.07	25m	25-10-01	Heemskerk	151
235.	Copier Alyssa	04	08-021	1:46.61	25m	30-3-14	Zaandam (NED)	148
236.	van Laarhoven Salome	15	08-021	1:46.73	25m	1-11-26	Zaandam (NED)	148
237.	Martens Iandra	03	08-021	1:46.83	25m	16-11-14	Zaandam (NED)	148
238.	van den Braber Liesbeth	84	08-021	1:47.20	25m	5-4-98	Heemskerk (NED)	146
239.	Koper Selma	03	08-021	1:47.23	25m	25-4-13	Heemskerk (NED)	146
240.	Gelsumino Giulia	03	08-021	1:47.59	25m	16-11-14	Zaandam (NED)	144
241.	Zeeman Judith	70	08-021	1:47.90	25m	13-12-80	Heemskerk (NED)	143
242.	Last Rooske	94	08-021	1:48.05	25m	19-11-09	Heemskerk (NED)	143
243.	Yayli Serina	90	08-021	1:48.13	25m	27-2-03	Heemskerk	142
244.	Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)	142
245.	Bouwer Jolien	89	08-021	1:48.31	25m	25-10-01	Heemskerk	142
246.	Doevendans Phileine	06	08-021	1:48.54	25m	19-5-16	Heemskerk (NED)	141
247.	Huisman Lianne	87	08-021	1:48.59	25m	26-4-01	Heemskerk (NED)	140
248.	Doll Maartje	80	08-021	1:48.70	25m	17-6-93	Heemskerk (NED)	140
249.	Bakker Lisette	83	08-021	1:48.80	25m	2-3-97	Haarlem (NED)	140
250.	Beentjes Daphne	91	08-021	1:49.25	25m	17-11-02	Heemskerk	138
251.	Herwegh Izayra Rena	14	08-021	1:49.30	25m	8-5-25	Heemskerk (NED)	138
252.	Hoolwerff Esther	77	08-021	1:49.70	25m	21-5-87	Heemskerk (NED)	136
253.	van den Heuvel Sandra	80	08-021	1:49.80	25m	22-4-90	Heemstede (NED)	136
254.	Lensen Sarian	89	08-021	1:49.83	25m	25-9-03	Heemskerk (NED)	136
255.	de Boer Isabel	06	08-021	1:49.92	25m	14-6-15	Zaandam (NED)	135
256.	van Roon Jill	14	08-021	1:50.60	25m	10-5-26	Zaandam (NED)	133
257.	Snijder Femke	83	08-021	1:51.40	25m	19-1-94		130
258.	Haack Zowi	18	08-021	1:51.43	25m	24-5-26	Purmerend (NED)	130
259.	Salido Keesje	05	08-021	1:51.48	25m	23-4-15	Heemskerk (NED)	130
260.	Pezo Adna	90	08-021	1:51.64	25m	18-11-01	Heemskerk	129
261.	Werdekker Marjolein	81	08-021	1:52.00	25m	12-12-96	Heemskerk (NED)	128
262.	Liefting Marielle	90	08-021	1:52.04	25m	26-9-02	Heemskerk	128
263.	Schijf Irene	83	08-021	1:52.40	25m	5-3-95	Heemskerk (NED)	127
264.	Sierra Ana Maria	69	08-021	1:52.90	25m	13-12-80	Heemskerk (NED)	125
265.	Nijman Linda	89	08-021	1:53.12	25m	26-4-01	Heemskerk (NED)	124

100 wisselslag (sinds 266)

266.	Reiss Katinka	65	08-021	1:54.20	25m	10-12-77	Heemskerk (NED)	121
267.	Kuijper Michelle	91	08-021	1:54.58	25m	18-11-01	Heemskerk	119
268.	van der Wijden Eline	88	08-021	1:54.98	25m	26-10-00	Heemskerk (NED)	118
269.	Rijpkema Marije	85	08-021	1:56.01	25m	27-9-01	Heemskerk	115
270.	van Dam Merel	14	08-021	1:56.17	25m	1-2-26	Krommenie (NED)	115
271.	van der Leden Cynthia	66	08-021	1:56.50	25m	10-12-77	Heemskerk (NED)	114
272.	Welboren Julia	00	08-021	1:57.23	25m	26-4-12	Heemskerk (NED)	112
273.	Hoeksema Kim	90	08-021	1:57.24	25m	18-11-01	Heemskerk	111
274.	Zonneveld Jennifer	88	08-021	1:58.70	25m	25-10-01	Heemskerk	107
275.	van Tol Sarjenka	97	08-021	1:59.04	25m	5-10-08	Heemskerk (NED)	106
276.	van Hiele Femke	13	08-021	2:01.15	25m	26-3-26	Heemskerk (NED)	101
277.	van Noort Jony	85	08-021	2:02.30	25m	14-12-95	Heemskerk (NED)	98
278.	Bovekerk Annefleur	99	08-021	2:02.62	25m	3-10-10	Zaandam (NED)	97
279.	Hoorn Linsey	94	08-021	2:03.09	25m	27-1-05	Heemskerk (NED)	96
280.	Eijndhoven Jonna	02	08-021	2:03.43	25m	18-11-12	Zaandam (NED)	95
281.	Ramazani Helia	16	08-021	2:03.70	25m	1-11-26	Zaandam (NED)	95
282.	Halbersma Jenny	70	08-021	2:03.80	25m	28-11-81	Heemskerk (NED)	95
283.	Broersma Dione	16	08-021	2:04.44	25m	21-5-26	Heemskerk (NED)	93
284.	Boonstra Esmé	02	08-021	2:06.32	25m	11-11-12	Schagen (NED)	89
285.	Morianner Susanna	72	08-021	2:06.60	25m	28-2-82		88
286.	Hoekstra Femke	05	08-021	2:06.64	25m	21-9-14	Purmerend (NED)	88
287.	van Ess Zoe	14	08-021	2:08.55	25m	10-5-26	Zaandam (NED)	84
288.	Huber Emma	13	08-021	2:12.54	25m	8-5-25	Heemskerk (NED)	77
289.	Schuyt Patricia	77	08-021	2:20.00	25m	21-5-87	Heemskerk (NED)	65
290.	Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)	28

150 wisselslag

1.	Ramazani Helia	16	08-021	3:19.91	25m	8-3-26	Krommenie (NED)	

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	538
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	528
3.	Wentink Yara	04	08-021	2:32.25	25m	16-11-24	Hoofddorp (NED)	512
4.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	482
5.	Hoekstra Eline	03	08-021	2:35.53	25m	9-3-25	Purmerend (NED)	480
6.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	(NED)	479
7.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	460
8.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)	455
9.	Smit Sanne	01	08-021	2:38.68	25m	10-2-19	Purmerend (NED)	452
10.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)	449
11.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	436
12.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)	426
13.	van 't Veer Iris	03	08-021	2:42.29	25m	23-4-23	Den Helder (NED)	423
14.	ten Bokkel Henrieke	94	08-021	2:42.90	25m	13-1-19	Purmerend (NED)	418
15.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)	418
16.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)	412
17.	Siemerink Laura	04	08-021	2:43.94	25m	15-3-26	Heemskerk (NED)	410
18.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)	409
18.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)	409
20.	Gijzen-van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)	408
21.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)	405
22.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	405

200 wisselslag (sinds 23)

23.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk	405
24.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoorn (NED)	402
25.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	402
26.	Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)	399
26.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	399
28.	Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)	398
29.	Hoek Daniëlle	88	08-021	2:45.72	25m	16-1-05	Zaandam (NED)	397
30.	Mallon Danique	94	08-021	2:45.92	25m	26-9-10	Zaandam (NED)	396
31.	Besse Karen	75	08-021	2:46.40	25m	12-1-92	Assendelft (NED)	392
32.	Vink Marjolein	93	08-021	2:46.63	25m	13-1-08	Heemskerk (NED)	391
33.	de Groot Daniëlle	93	08-021	2:47.06	25m	13-1-08	Heemskerk (NED)	388
34.	Buur Naomi	01	08-021	2:47.45	25m	27-3-16	Haarlem (NED)	385
35.	Stins Mariska	84	08-021	2:47.46	25m	11-4-10	Zaandam (NED)	385
36.	Essers Sanne	91	08-021	2:47.50	25m	24-2-07	Hoorn (NED)	385
37.	van der Geest Saskia	73	08-021	2:48.30	25m	18-2-89		379
38.	Koopman Anitra	89	08-021	2:48.74	25m	27-1-05	Heemskerk (NED)	376
39.	Verbree Bets	63	08-021	2:49.30	25m	22-3-81	Wieringerwerf (NED)	372
40.	de Boer Irene	84	08-021	2:51.12	25m	12-3-00	Heemskerk (NED)	361
41.	Haasbroek Renske	03	08-021	2:51.19	25m	15-3-26	Heemskerk (NED)	360
42.	Spijker Kristel	84	08-021	2:51.21	25m	14-3-10	Heemskerk (NED)	360
43.	Meijer Sylvia	81	08-021	2:51.60	25m	26-4-98	Alkmaar (NED)	358
44.	Petit Kirsten	00	08-021	2:52.13	25m	4-2-18	Purmerend (NED)	354
45.	van de Poll Marianne	89	08-021	2:52.33	25m	14-3-04	Zaandam	353
46.	Limmen Karin	76	08-021	2:52.70	25m	12-1-92	Assendelft (NED)	351
47.	Scholten Britt	04	08-021	2:53.15	25m	10-2-19	Purmerend (NED)	348
48.	de Graaf Annemiek	70	08-021	2:53.20	25m	21-5-87	Heemskerk (NED)	348
49.	Meijer Linda	77	08-021	2:53.30	25m	24-3-93		347
50.	de Boer Maia	03	08-021	2:53.31	25m	21-11-21	Den Helder (NED)	347
51.	Jongema Helena	80	08-021	2:53.73	25m	12-1-08	Zwolle (NED)	345
52.	van Ballegooie Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)	344
53.	Boekling Annette	85	08-021	2:54.84	25m	26-4-01	Heemskerk (NED)	338
54.	van Rookhuizen Sieta	79	08-021	2:54.90	25m	26-1-95	Heemskerk (NED)	338
55.	Niesten Iris	92	08-021	2:54.91	25m	22-1-09	Heemskerk (NED)	338
56.	van Duin Margret	60	08-021	2:55.80	25m	10-12-77	Heemskerk (NED)	333
57.	Heus Pauline	78	08-021	2:56.70	25m	2-3-97	Haarlem (NED)	328
58.	de Wildt Maud	05	08-021	2:57.09	25m	12-11-23	Den Helder (NED)	325
59.	Windmuller Wendy	69	08-021	2:57.20	25m	30-11-86	Heemskerk (NED)	325
60.	Dijkstra Lisette	86	08-021	2:57.30	25m	26-4-98	Alkmaar (NED)	324
61.	de Ruijter Linda	87	08-021	2:57.34	25m	30-1-03	Heemskerk	324
62.	Herwegh Binthy	09	08-021	2:57.35	25m	9-4-23	Haarlem (NED)	324
63.	de Groot Gitta	60	08-021	2:57.40	25m	10-12-77	Heemskerk (NED)	324
64.	Koper Fiona	01	08-021	2:57.59	25m	12-2-17	Purmerend (NED)	323
65.	van Assema Eline	05	08-021	2:58.10	25m	23-4-23	Den Helder (NED)	320
66.	de Roode Xara	08	08-021	2:58.34	25m	12-1-25	Heemskerk (NED)	319
67.	Blaauw Yente	03	08-021	2:58.35	25m	10-2-19	Purmerend (NED)	318
68.	Oudendijk Bianca	79	08-021	2:58.80	25m	5-2-94		316
69.	Vredenburg Roos	95	08-021	2:58.84	25m	4-4-10	Haarlem (NED)	316
70.	Moolevliet Petra	82	08-021	2:59.40	25m	2-5-96	Heemskerk (NED)	313
71.	Schuyt Simone	75	08-021	2:59.50	25m	4-11-89		312
72.	van Staveren Marina	78	08-021	2:59.65	50m	13-3-11	Amersfoort (NED)	345
73.	de Boer Claudia	77	08-021	3:00.10	25m	3-2-91	Zaandam (NED)	309
74.	Visser Kelly	89	08-021	3:00.18	25m	3-11-19	Purmerend (NED)	309
75.	Zonneveld Chantal	84	08-021	3:01.12	25m	4-11-99	Heemskerk (NED)	304

200 wisselslag (sinds 76)

76.	van Galen Angela	65	08-021	3:01.40	25m	31-12-79		303
77.	Krouwels Tanja	79	08-021	3:01.50	25m	6-11-97	Heemskerk (NED)	302
78.	van Koeveringe Nicole	93	08-021	3:01.81	25m	12-4-09	Haarlem (NED)	301
79.	Renkema Iris	04	08-021	3:01.92	25m	7-2-16	Zaandam (NED)	300
80.	van Eerden Meike	00	08-021	3:02.31	25m	4-2-18	Purmerend (NED)	298
81.	Hofland Yasmin	01	08-021	3:02.54	25m	4-2-18	Purmerend (NED)	297
82.	Hermans Liesbeth	66	08-021	3:02.70	25m	21-3-82		296
83.	Visser Stacey	87	08-021	3:02.76	25m	25-10-01	Heemskerk	296
84.	Dijkstra Ingrid	68	08-021	3:03.00	25m	18-4-82		295
85.	Hogema Fabiën	93	08-021	3:03.28	25m	31-5-07	Heemskerk (NED)	293
86.	Tholen Kirsten	66	08-021	3:03.30	25m	21-3-82		293
87.	Plokker Sylvia	68	08-021	3:04.10	25m	10-1-82	Wormerveer (NED)	290
88.	Veldhuis Amelia	03	08-021	3:04.48	25m	12-1-20	Purmerend (NED)	288
89.	Nijholt Carin	60	08-021	3:04.70	25m	21-4-79	Deinze (BEL)	287
89.	van der Horst Sacha	69	08-021	3:04.70	25m	11-12-83	Heemskerk (NED)	287
89.	Bruin Marianne	78	08-021	3:04.70	25m	3-2-91	Zaandam (NED)	287
92.	Butter Anouk	82	08-021	3:04.75	25m	5-11-00	Zaandam (NED)	286
93.	Poppema Yvonne	68	08-021	3:05.20	25m	11-12-83	Heemskerk (NED)	284
94.	de Graaf Dinie	71	08-021	3:05.40	25m	6-10-85	Wormerveer (NED)	283
95.	Zonneveld Cindy	75	08-021	3:05.70	25m	3-4-93		282
96.	de Boer Angela	80	08-021	3:06.40	25m	14-12-95	Heemskerk (NED)	279
97.	van Giezen Corina	68	08-021	3:07.00	25m	11-12-83	Heemskerk (NED)	276
98.	Bruin Adri	74	08-021	3:07.20	25m	18-3-89		275
99.	van Huisstede Nikita	01	08-021	3:07.83	25m	17-1-16	Purmerend (NED)	273
100.	van Leeuwen Andrea	71	08-021	3:08.00	25m	11-12-83	Heemskerk (NED)	272
101.	Peters Yvonne	63	08-021	3:08.50	25m	30-11-86	Heemskerk (NED)	270
102.	van Ballegooie Stefanie	86	08-021	3:08.88	25m	25-10-01	Heemskerk	268
103.	Limmen Miriam	75	08-021	3:09.00	25m	1-4-90	Zaandam (NED)	268
104.	van Langelaar Tessa	97	08-021	3:09.14	25m	26-4-12	Heemskerk (NED)	267
105.	Pover Karin	67	08-021	3:09.30	25m	11-12-83	Heemskerk (NED)	266
106.	Angenent Nienke	01	08-021	3:09.89	25m	16-3-14	Zaandam (NED)	264
107.	Groot Tineke	60	08-021	3:10.00	25m	27-4-80	Assendelft (NED)	263
108.	van Giezen Wendy	70	08-021	3:10.20	25m	11-12-83	Heemskerk (NED)	262
109.	ten Cate Joyce	80	08-021	3:10.38	25m	9-3-08	Heemskerk (NED)	262
110.	Rodenburg Rianne	93	08-021	3:10.69	25m	15-12-05	Heemskerk (NED)	260
111.	Bouwman Esther	63	08-021	3:10.80	25m	10-12-77	Heemskerk (NED)	260
112.	Cappelle Carlijn	82	08-021	3:11.10	25m	8-3-98	Zaandam (NED)	259
113.	Bakkum Wilma	62	08-021	3:11.50	25m	28-9-80	Zaandam (NED)	257
114.	Oosterveen Yvonne	80	08-021	3:11.70	25m	15-3-92	Zuidoost Beemster (NED)	256
115.	de Vriend Sofie	01	08-021	3:12.11	25m	24-2-13	Zaandam (NED)	255
116.	Missot Gonda	66	08-021	3:12.30	25m	25-11-79	Heemskerk (NED)	254
117.	Niesten Annet	62	08-021	3:12.60	25m	10-12-77	Heemskerk (NED)	253
118.	Hommersen Sandra	84	08-021	3:12.90	25m	6-11-97	Heemskerk (NED)	252
119.	Munnik Yvonne	64	08-021	3:13.00	25m	12-3-78	Zaandam (NED)	251
120.	Deiman Caroline	67	08-021	3:13.30	25m	18-2-89		250
121.	Knight Kayleigh	00	08-021	3:13.38	25m	17-1-16	Purmerend (NED)	250
122.	Oortwijn Jytte	10	08-021	3:13.81	25m	6-4-25	Purmerend (NED)	248
123.	van Giezen Sandra	63	08-021	3:14.10	25m	18-1-81	Zaandam (NED)	247
124.	Lindelauf Priscilla	85	08-021	3:14.28	25m	25-10-01	Heemskerk	246
125.	Dijkstra Maud	84	08-021	3:14.50	25m	7-5-98	Heemskerk (NED)	245
126.	Limmen Anita	78	08-021	3:15.20	25m	12-1-92	Assendelft (NED)	243
127.	Lund Karin	63	08-021	3:15.60	25m	10-12-77	Heemskerk (NED)	241
127.	Berloth Lydia	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241

200 wisselslag (sinds 129)

127.	Huisman Jolanda	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241
130.	ten Cate Ilona	85	08-021	3:15.69	25m	14-12-06	Heemskerk (NED)	241
131.	van der Werf Chily	72	08-021	3:15.90	25m	6-10-85	Wormerveer (NED)	240
132.	Schaefer Lisa	06	08-021	3:16.78	25m	12-1-20	Purmerend (NED)	237
133.	Dreyer Elly	63	08-021	3:16.80	25m	2-3-80	Heemskerk (NED)	237
134.	Zonneveld Melissa	88	08-021	3:17.08	25m	27-1-05	Heemskerk (NED)	236
135.	Besse Meta	78	08-021	3:17.10	25m	19-1-94		236
136.	van Sikkelerus Lisa	99	08-021	3:17.20	25m	26-4-12	Heemskerk (NED)	235
137.	Grul Lisanne	97	08-021	3:17.29	25m	22-1-12	Zaandam (NED)	235
138.	Raszinski Nienke	01	08-021	3:17.45	25m	26-1-14	Zaandam (NED)	235
139.	Koper Birgit	87	08-021	3:17.54	25m	16-3-03	Heemskerk	234
140.	Bos Marieke	06	08-021	3:17.70	25m	15-10-17	Alkmaar (NED)	234
141.	van Vliet Isabel	02	08-021	3:17.71	25m	4-2-18	Purmerend (NED)	234
142.	Molenaar Eline	82	08-021	3:18.06	25m	4-11-99	Heemskerk (NED)	232
143.	de Vries Justine	83	08-021	3:18.90	25m	12-12-96	Heemskerk (NED)	229
144.	Liefting Sarina	93	08-021	3:18.95	25m	9-4-06	Purmerend (NED)	229
145.	Bouwer Jolien	89	08-021	3:19.24	25m	19-1-03	Zaandam	228
146.	Mulder Amy	80	08-021	3:19.40	25m	19-1-94		228
147.	de Groot Linda	81	08-021	3:19.50	25m	2-5-96	Heemskerk (NED)	227
148.	Schaaper Margriet	62	08-021	3:20.00	25m	4-11-79	Zaandam (NED)	226
149.	Venema Jalina	04	08-021	3:20.01	25m	13-11-16	Purmerend (NED)	226
150.	van Velsen Patricia	79	08-021	3:20.40	25m	25-1-95		224
151.	Ivens Suzanne	99	08-021	3:20.63	25m	18-5-13	Purmerend (NED)	224
152.	van Giezen Irene	67	08-021	3:20.70	25m	11-12-83	Heemskerk (NED)	223
152.	Zonneveld Monica	80	08-021	3:20.70	25m	19-1-94		223
154.	Visser Shana	04	08-021	3:21.55	25m	14-1-18	Purmerend (NED)	221
155.	Horst Diana	67	08-021	3:21.60	25m	6-9-81	Heemskerk (NED)	220
156.	Regelink Anneke	83	08-021	3:21.68	25m	7-3-99	Zaandam (NED)	220
157.	Walraven Annet	62	08-021	3:21.70	25m	9-9-79	Wormerveer (NED)	220
158.	Nijman José	93	08-021	3:22.11	25m	14-10-07	Zaandam (NED)	219
159.	van de Kamp Yvonne	65	08-021	3:22.50	25m	31-5-81	Heerhugowaard (NED)	217
160.	Bruins Julia	06	08-021	3:22.64	25m	15-3-26	Heemskerk (NED)	217
161.	van Rijn Sydney	03	08-021	3:22.93	25m	13-3-16	Zaandam (NED)	216
162.	de Wolff Isabel	01	08-021	3:23.07	25m	17-1-16	Purmerend (NED)	216
163.	Hoek Laura	86	08-021	3:23.35	25m	20-5-99	Heemskerk (NED)	215
164.	Bos Chantal	74	08-021	3:23.50	25m	21-5-87	Heemskerk (NED)	214
165.	Wieman Lianne	03	08-021	3:24.08	25m	4-2-18	Purmerend (NED)	212
166.	Huneker Jolanda	79	08-021	3:25.25	25m	26-11-98	Heemskerk (NED)	209
167.	Windmuller Annemarie	67	08-021	3:25.30	25m	16-11-80	Haarlem (NED)	209
168.	Palthe Yvonne	67	08-021	3:25.90	25m	28-11-81	Heemskerk (NED)	207
169.	de Groot Marlijn	92	08-021	3:26.46	25m	14-5-05	Zuidoost-Beemster (NED)	205
170.	Butter Noor	16	08-021	3:26.78	25m	8-3-26	Krommenie (NED)	204
171.	Steenkamp Ciska	90	08-021	3:27.55	25m	9-6-01	Zaandam (NED)	202
172.	Sierra Ana Maria	69	08-021	3:27.60	25m	18-4-82		202
173.	de Jong Desire	73	08-021	3:29.10	25m	4-10-87	Zaandam (NED)	197
174.	Meesters Audrey	90	08-021	3:29.98	25m	19-1-03	Zaandam	195
175.	Willemse Renee	75	08-021	3:30.00	25m	30-11-86	Heemskerk (NED)	195
176.	Viel Bianca	85	08-021	3:30.13	25m	12-3-00	Heemskerk (NED)	195
177.	van Rijn Eline	07	08-021	3:30.41	25m	11-6-17	Zaandam (NED)	194
178.	Zwarthoed Brenda	96	08-021	3:30.65	25m	31-5-07	Heemskerk (NED)	193
179.	van Tellingen Ingrid	66	08-021	3:32.00	25m	28-11-81	Heemskerk (NED)	189
180.	Zeeman Judith	70	08-021	3:32.70	25m	3-4-82	Heemskerk (NED)	188
181.	Buur Cindy	99	08-021	3:32.74	25m	7-6-14	Purmerend (NED)	187

200 wisselslag (sinds 182)

182.	Sobh Shaime	03	08-021	3:33.44	25m	25-1-15	Zaandam (NED)	186
183.	Martens Iandra	03	08-021	3:33.84	25m	15-11-15	Purmerend (NED)	185
184.	Ardicyaka Irem	06	08-021	3:34.20	25m	13-1-19	Purmerend (NED)	184
185.	Nemchonok Alisa	82	08-021	3:34.65	25m	26-11-98	Heemskerk (NED)	182
186.	van der Eng Laura	80	08-021	3:37.00	25m	2-5-96	Heemskerk (NED)	177
187.	Essers Patricia	84	08-021	3:37.50	25m	8-10-00	Heemskerk (NED)	175
188.	Ligterink Angela	76	08-021	3:39.00	25m	21-5-87	Heemskerk (NED)	172
189.	Mosch Sabina	84	08-021	3:39.40	25m	21-9-97	Alkmaar (NED)	171
190.	de Boer Isabel	06	08-021	3:40.34	25m	12-6-16	Zaandam (NED)	169
191.	Pover Ellen	72	08-021	3:40.90	25m	11-12-83	Heemskerk (NED)	167
192.	de Graaf Isabella	04	08-021	3:41.76	25m	13-11-16	Purmerend (NED)	165
193.	de Loos Marijke	94	08-021	3:42.51	25m	17-1-10	Amsterdam-oost (NED)	164
194.	Keessen Pam	62	08-021	3:42.80	25m	10-12-77	Heemskerk (NED)	163
195.	Aafjes Suzan	69	08-021	3:42.90	25m	23-5-81	Heemskerk (NED)	163
196.	Rasch Monique	66	08-021	3:43.00	25m	23-5-81	Heemskerk (NED)	163
197.	Koopman Jessie	97	08-021	3:43.88	25m	18-4-10	Zaandam (NED)	161
198.	Beentjes Nicolet	80	08-021	3:45.70	25m	14-12-95	Heemskerk (NED)	157
199.	Schelvis Liselot	92	08-021	3:46.02	25m	28-3-04	Zaandam (NED)	156
200.	van den Braber Liesbeth	84	08-021	3:46.30	25m	11-1-98	Assendelft (NED)	156
201.	Visser Robin	05	08-021	3:46.41	25m	24-4-16	Zaandam (NED)	155
202.	Smit Ingrid	67	08-021	3:47.40	25m	25-10-80	Heemskerk (NED)	153
202.	Smit Lydia	84	08-021	3:47.40	25m	7-5-98	Heemskerk (NED)	153
204.	Aardenburg Judith	93	08-021	3:47.62	25m	12-12-04	Zaandam (NED)	153
205.	Brands Ingrid	72	08-021	3:47.70	25m	6-10-85	Wormerveer (NED)	153
206.	Haack Fenna	16	08-021	3:48.25	25m	23-5-26	Purmerend (NED)	152
207.	Huber Emma	13	08-021	3:49.04	25m	8-11-26	Purmerend (NED)	150
208.	Zijlstra Mariëlle	83	08-021	3:49.40	25m	5-11-95	Volendam (NED)	149
209.	Weezepoel Natascha	07	08-021	3:49.42	25m	3-11-19	Purmerend (NED)	149
210.	Rodenburg Kyra	96	08-021	3:50.34	25m	8-10-06	Zaandam (NED)	148
211.	Sahin Súmeyye Sena	10	08-021	3:50.61	25m	20-11-22	Den Helder (NED)	147
212.	van Hiele Femke	13	08-021	3:51.22	25m	8-11-26	Purmerend (NED)	146
213.	Last Rooske	94	08-021	3:52.95	25m	17-1-10	Amsterdam-oost (NED)	143
214.	de Groot Sjors	08	08-021	3:53.08	50m	10-6-23	Bückeburg (GER)	158
215.	Wiegman Brenda	72	08-021	3:54.00	25m	11-12-83	Heemskerk (NED)	141
216.	van Perlo Carla	75	08-021	3:54.20	25m	22-9-85		140
217.	van Dam Merel	14	08-021	3:54.35	25m	8-11-26	Purmerend (NED)	140
218.	Schut Bodine	09	08-021	3:55.61	25m	3-11-19	Purmerend (NED)	138
219.	Reuderink Miranda	63	08-021	3:57.20	25m	10-12-77	Heemskerk (NED)	135
220.	Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)	135
221.	van Roon Jill	14	08-021	3:58.62	25m	8-11-26	Purmerend (NED)	133
222.	Cappelle Marcella	85	08-021	3:59.00	25m	7-5-98	Heemskerk (NED)	132
223.	Yayli Serina	90	08-021	3:59.90	25m	24-2-02	Heemskerk	131
224.	Koper Ella	90	08-021	4:01.07	25m	31-3-02	Zaandam	129
225.	Potemans Priscilla	84	08-021	4:03.10	25m	16-2-97	Volendam (NED)	125
226.	van Laarhoven Salome	15	08-021	4:03.56	25m	8-3-26	Krommenie (NED)	125
227.	Lensen Sarian	89	08-021	4:03.95	25m	30-1-03	Heemskerk	124
228.	Snijder Femke	83	08-021	4:07.60	25m	12-3-94		119
229.	Hoekstra Karin	76	08-021	4:08.60	25m	21-5-87	Heemskerk (NED)	117
230.	Boonstra Esmé	02	08-021	4:10.58	25m	14-4-13	Zaandam (NED)	115
231.	Broers Margot	63	08-021	4:12.20	25m	10-12-77	Heemskerk (NED)	112
232.	Haack Zowi	18	08-021	4:19.35	25m	8-3-26	Krommenie (NED)	103
233.	Tilgenkamp Lentley	13	08-021	4:27.25	25m	12-1-25	Heemskerk (NED)	94
234.	Kesting Alexandra	00	08-021	4:27.69	25m	20-3-11	Zaandam (NED)	94

200 wisselslag (sinds 235)

235.	Vonk Bea	67	08-021	4:42.90	25m	28-11-81	Heemskerk (NED)	79

300 wisselslag

1.	Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)	
2.	Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)	
3.	Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)	
4.	Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)	
5.	Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)	
6.	Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)	
7.	Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)	
8.	Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)	
9.	Gijzen-van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)	
10.	van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)	
11.	Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)	
12.	de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)	
13.	van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)	
14.	Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)	
15.	de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam	
16.	van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)	
17.	Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)	
18.	Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)	
19.	Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)	
20.	Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)	
21.	Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)	
22.	Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)	
23.	Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)	
24.	van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)	
25.	Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)	
26.	Rodenburg Rianne	93	08-021	5:16.57	25m	13-11-05	Zaandam (NED)	
27.	Liefting Sarina	93	08-021	5:23.74	25m	13-11-05	Zaandam (NED)	

400 wisselslag

1.	Hoekstra Eline	03	08-021	5:29.10	25m	24-11-19	Hoofddorp (NED)	487
2.	Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	486
3.	Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	430
4.	Smit Sanne	01	08-021	5:43.46	25m	17-11-18	Hoofddorp (NED)	428
5.	van 't Veer Iris	03	08-021	5:50.25	25m	3-4-22	Haarlem (NED)	404
6.	de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)	400
7.	van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)	398
8.	Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)	389
9.	Gijzen-van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)	388
10.	Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)	387
11.	Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)	386
12.	Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk	386
13.	Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)	382
14.	Wentink Yara	04	08-021	5:57.98	50m	8-3-20	Amsterdam (NED)	411
15.	Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	377
16.	Broek Jade	97	08-021	5:58.94	50m	1-3-20	Alkmaar (NED)	408
17.	Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)	371
18.	Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	368
19.	Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)	362

400 wisselslag (sinds 20)

20.	Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)	361
21.	Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	359
22.	Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)	356
23.	van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer	353
24.	Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer	349
25.	Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	344
26.	Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)	332
27.	de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)	329
28.	Haasbroek Renske	03	08-021	6:15.59	50m	8-3-26	Alkmaar (NED)	356
29.	Herwegh Binthy	09	08-021	6:17.10	25m	28-5-23	Purmerend (NED)	323
30.	Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)	323
31.	van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)	319
32.	de Ruijter Linda	87	08-021	6:18.75	25m	23-2-03	Heemskerk	319
33.	van Rookhuizen Sieta	79	08-021	6:19.17	25m	30-3-00	Heemskerk (NED)	318
34.	de Wildt Maud	05	08-021	6:19.36	25m	24-11-19	Hoofddorp (NED)	318
35.	Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)	313
36.	Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk	309
37.	Dijkstra Lisette	86	08-021	6:25.30	25m	22-2-98	Zaandam (NED)	303
38.	de Roode Xara	08	08-021	6:26.43	25m	2-2-25	Den Helder (NED)	300
39.	Tholen Kirsten	66	08-021	6:27.30	25m	3-4-82	Heemskerk (NED)	298
40.	Niesten Iris	92	08-021	6:27.79	25m	11-2-07	Zaandam (NED)	297
41.	Hermans Liesbeth	66	08-021	6:31.10	25m	3-4-82	Heemskerk (NED)	290
42.	Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)	290
43.	Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)	287
44.	Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)	287
45.	Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)	284
46.	van Galen Angela	65	08-021	6:35.50	25m	28-2-82		280
47.	Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)	274
48.	Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)	273
49.	Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)	261
50.	ten Cate Ilona	85	08-021	6:45.60	25m	15-6-06	Heemskerk (NED)	260
51.	Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)	281
52.	van Ballegooie Stefanie	86	08-021	6:49.29	25m	25-2-01	Heemskerk (NED)	253
53.	Cappelle Carlijn	82	08-021	6:50.70	25m	23-2-97	Zaandam (NED)	250
54.	Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)	243
55.	Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)	241
56.	Pover Karin	67	08-021	6:57.80	25m	10-1-82	Wormerveer (NED)	238
57.	van Giezen Corina	68	08-021	6:58.40	25m	3-4-82	Heemskerk (NED)	237
58.	Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)	234
59.	Steenbakker Lisan	07	08-021	7:04.24	25m	10-3-24	Purmerend (NED)	227
60.	Veldhuis Amelia	03	08-021	7:06.09	50m	20-1-19	Alkmaar (NED)	244
61.	van Giezen Sandra	63	08-021	7:13.50	25m	3-4-82	Heemskerk (NED)	213
62.	van der Horst Sacha	69	08-021	7:17.00	25m	3-4-82	Heemskerk (NED)	208
63.	Palthe Yvonne	67	08-021	7:23.00	25m	3-4-82	Heemskerk (NED)	199
64.	Berloth Lydia	68	08-021	7:23.50	25m	3-4-82	Heemskerk (NED)	199
65.	Peters Yvonne	63	08-021	7:28.10	25m	28-2-82		192
66.	van Tellingen Ingrid	66	08-021	7:34.70	25m	3-4-82	Heemskerk (NED)	184
67.	Nijman José	93	08-021	7:47.05	25m	11-2-07	Zaandam (NED)	170
68.	de Groot Sjors	08	08-021	7:48.16	25m	10-3-24	Purmerend (NED)	169
69.	Sierra Ana Maria	69	08-021	8:13.00	25m	3-4-82	Heemskerk (NED)	144