40 - 44 jaar, Dames, Korte baan (25m) 1-1-1900-31-7-2027

15m vlinderslag benen onderwater

25m vrije slag met koprol

25m rugslag start

50m borstcrawl benen

100m borstcrawl benen

25 vrije slag

1.	ten Cate Joyce	80	08-021	16.42	25m	7-7-22	Heemskerk (NED)	258

50 vrije slag

1.	van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	464
2.	Butter Anouk	82	08-021	32.08	25m	18-9-25	Heemskerk (NED)	365
3.	Gijzen-van der Kroft Nicole	84	08-021	32.09	25m	26-9-24	Heemskerk (NED)	364
4.	Smid Diane	65	08-021	33.18	25m	13-5-07	Grootebroek (NED)	330
5.	ten Cate Joyce	80	08-021	35.99	25m	2-6-22	Heemskerk (NED)	258

100 vrije slag

1.	Butter Anouk	82	08-021	1:13.16	25m	19-2-26	Heemskerk (NED)	324
2.	Smid Diane	65	08-021	1:15.50	25m	31-5-07	Heemskerk (NED)	294
3.	Gijzen-van der Kroft Nicole	84	08-021	1:18.75	25m	1-2-24	Heemskerk (NED)	259
4.	ten Cate Joyce	80	08-021	1:21.15	25m	2-2-23	Heemskerk (NED)	237

200 vrije slag

1.	Butter Anouk	82	08-021	2:48.69	25m	5-6-25	Heemskerk (NED)	280

250 vrije slag

300 vrije slag

400 vrije slag

1.	Smid Diane	65	08-021	6:10.90	25m	13-5-07	Grootebroek (NED)	252

500 vrije slag

800 vrije slag

1000 vrije slag

1250 vrije slag

1500 vrije slag

2000 vrije slag

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1. ten Cate Joyce	80	08-021	20.30	25m	7-7-22	Heemskerk (NED)	210

50 rugslag

1. Gijzen-van der Kroft Nicole	84	08-021	40.53	25m	24-10-24	Heemskerk (NED)	254
2. Butter Anouk	82	08-021	41.80	25m	26-3-26	Heemskerk (NED)	231
3. ten Cate Joyce	80	08-021	43.05	25m	5-3-20	Heemskerk (NED)	212

100 rugslag

1. Smid Diane	65	08-021	1:25.48	25m	13-5-07	Grootebroek (NED)	266
2. Butter Anouk	82	08-021	1:30.19	25m	21-5-26	Heemskerk (NED)	227
3. ten Cate Joyce	80	08-021	1:33.40	25m	7-12-23	Heemskerk (NED)	204

200 rugslag

500 rugslag

25 schoolslag

1. ten Cate Joyce	80	08-021	22.72	25m	7-7-22	Heemskerk (NED)	201

50 schoolslag

1.	Butter Anouk	82	08-021	42.88	25m	19-2-26	Heemskerk (NED)	297
2.	Smid Diane	65	08-021	43.93	25m	29-3-07	Heemskerk (NED)	277
3.	Gijzen-van der Kroft Nicole	84	08-021	45.62	25m	1-2-24	Heemskerk (NED)	247
4.	ten Cate Joyce	80	08-021	48.45	25m	30-1-20	Heemskerk (NED)	206

100 schoolslag

1.	Butter Anouk	82	08-021	1:34.43	25m	10-9-26	Heemskerk (NED)	287
2.	Gijzen-van der Kroft Nicole	84	08-021	1:37.19	25m	26-9-24	Heemskerk (NED)	264
3.	ten Cate Joyce	80	08-021	1:45.75	25m	8-10-20	Heemskerk (NED)	205

200 schoolslag

250 schoolslag

500 schoolslag

800 schoolslag

1000 schoolslag

1250 schoolslag

1500 schoolslag

2000 schoolslag

2500 schoolslag

3000 schoolslag

4000 schoolslag

5000 schoolslag

25 vlinderslag

1.	van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
2.	Butter Anouk	82	08-021	15.36	25m	19-9-26	Kampen (NED)	386
3.	ten Cate Joyce	80	08-021	19.57	25m	7-7-22	Heemskerk (NED)	186

50 vlinderslag

1.	Butter Anouk	82	08-021	34.01	25m	11-12-25	Heemskerk (NED)	368
2.	Gijzen-van der Kroft Nicole	84	08-021	38.43	25m	24-10-24	Heemskerk (NED)	255
3.	ten Cate Joyce	80	08-021	44.74	25m	30-3-23	Heemskerk (NED)	161

100 vlinderslag

1.	Butter Anouk	82	08-021	1:22.01	25m	24-10-26	Emmeloord (NED)	295

200 vlinderslag

1000 vlinderslag

75 wisselslag

100 wisselslag

1.	Butter Anouk	82	08-021	1:22.88	25m	19-9-26	Kampen (NED)	316
2.	Gijzen-van der Kroft Nicole	84	08-021	1:24.16	25m	26-3-26	Heemskerk (NED)	302
3.	ten Cate Joyce	80	08-021	1:34.09	25m	25-5-23	Heemskerk (NED)	216

150 wisselslag

200 wisselslag

1.	Butter Anouk	82	08-021	3:05.92	25m	24-10-26	Emmeloord (NED)	281

300 wisselslag

400 wisselslag