

**15m vlinderslag benen onderwater****25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

|                          |    |        |       |     |          |                 |     |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Meijer Arno           | 75 | 08-021 | 11.60 | 25m | 13-3-97  | Heemskerk (NED) | 487 |
| 1. Gaal Roel             | 01 | 08-021 | 11.60 | 25m | 7-7-22   | Heemskerk (NED) | 487 |
| 3. Butter Martijn        | 79 | 08-021 | 12.14 | 25m | 25-3-99  | Heemskerk (NED) | 425 |
| 4. Hermans Luuk          | 85 | 08-021 | 12.45 | 25m | 19-4-07  | Heemskerk (NED) | 394 |
| 5. Gaal Koen             | 99 | 08-021 | 12.47 | 25m | 7-7-22   | Heemskerk (NED) | 392 |
| 6. Jongert Sjoerd        | 01 | 08-021 | 12.49 | 25m | 7-7-22   | Heemskerk (NED) | 390 |
| 7. Schaaper Hans         | 68 | 08-021 | 12.60 | 25m | 12-1-89  | Heemskerk (NED) | 380 |
| 7. Pover Peter           | 69 | 08-021 | 12.60 | 25m | 31-12-89 | Heemskerk (NED) | 380 |
| 9. Kuilman Joris         | 80 | 08-021 | 12.75 | 25m | 29-3-01  | Heemskerk (NED) | 367 |
| 10. de Vijlder Michael   | 75 | 08-021 | 12.80 | 25m | 13-3-97  | Heemskerk (NED) | 362 |
| 11. van Rookhuizen Barry | 82 | 08-021 | 12.97 | 25m | 27-4-06  | Heemskerk       | 348 |
| 12. van der Gracht Jory  | 87 | 08-021 | 12.98 | 25m | 30-6-11  | Heemskerk (NED) | 348 |
| 13. Palmboom Pascal      | 89 | 08-021 | 13.08 | 25m | 30-6-11  | Heemskerk (NED) | 340 |
| 14. Bal Chester          | 78 | 08-021 | 13.50 | 25m | 25-3-99  | Heemskerk (NED) | 309 |
| 15. Wassenaar Marcel     | 69 | 08-021 | 13.60 | 25m | 12-1-89  | Heemskerk (NED) | 302 |
| 16. Essers Tim           | 88 | 08-021 | 13.66 | 25m | 29-5-08  | Heemskerk (NED) | 298 |
| 17. Beentjes Bastiaan    | 78 | 08-021 | 13.73 | 25m | 25-3-99  | Heemskerk (NED) | 294 |
| 18. Hoenink Jarl         | 86 | 08-021 | 14.25 | 25m | 19-4-07  | Heemskerk (NED) | 263 |
| 19. Zonneveld Jeroen     | 78 | 08-021 | 14.30 | 25m | 12-2-98  | Heemskerk (NED) | 260 |
| 20. Andeweg Celedonio    | 76 | 08-021 | 14.90 | 25m | 13-3-97  | Heemskerk (NED) | 230 |

**50 vrije slag**

|                          |    |        |       |     |          |                  |     |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Offringa Rick         | 03 | 08-021 | 24.16 | 25m | 9-4-23   | Haarlem (NED)    | 589 |
| 2. Jongert Jeroen        | 96 | 08-021 | 24.78 | 25m | 13-10-16 | Heemskerk (NED)  | 546 |
| 3. Kleijne Barry         | 93 | 08-021 | 24.96 | 25m | 29-3-15  | Zaandam (NED)    | 534 |
| 4. Gaal Roel             | 01 | 08-021 | 25.17 | 25m | 10-4-23  | Haarlem (NED)    | 521 |
| 5. van Beek Klaas        | 88 | 08-021 | 25.27 | 25m | 23-5-10  | Purmerend (NED)  | 515 |
| 6. Meijer Arno           | 75 | 08-021 | 25.50 | 25m | 26-1-95  | Heemskerk (NED)  | 501 |
| 7. Butter Martijn        | 79 | 08-021 | 25.61 | 25m | 4-11-99  | Heemskerk (NED)  | 495 |
| 8. Jongert Sjoerd        | 01 | 08-021 | 25.72 | 25m | 18-9-22  | Alkmaar (NED)    | 488 |
| 9. de Wit Stephen        | 93 | 08-021 | 25.77 | 25m | 16-2-14  | Purmerend (NED)  | 485 |
| 10. Crok Pieter          | 91 | 08-021 | 26.03 | 25m | 31-10-13 | Heemskerk (NED)  | 471 |
| 10. Gaal Koen            | 99 | 08-021 | 26.03 | 25m | 21-11-21 | Den Helder (NED) | 471 |
| 12. Blaauw Mica          | 05 | 08-021 | 26.25 | 25m | 5-4-26   | Haarlem (NED)    | 459 |
| 13. Oudendijk Paul       | 81 | 08-021 | 26.43 | 25m | 29-1-04  | Heemskerk (NED)  | 450 |
| 14. Camphuijnder Jasper  | 05 | 08-021 | 26.45 | 25m | 15-3-26  | Heemskerk (NED)  | 449 |
| 15. Kranenburg Fred      | 63 | 08-021 | 26.50 | 25m | 11-12-83 | Heemskerk (NED)  | 446 |
| 16. van Rookhuizen Barry | 82 | 08-021 | 26.58 | 25m | 29-1-04  | Heemskerk (NED)  | 442 |

**50 vrije slag (sinds 17)**

|                         |    |        |       |     |         |                     |     |
|-------------------------|----|--------|-------|-----|---------|---------------------|-----|
| 17. Kramer Vincent      | 82 | 08-021 | 26.65 | 25m | 7-11-04 | IJmuiden (NED)      | 439 |
| 18. van der Gracht Jory | 87 | 08-021 | 26.69 | 25m | 6-12-09 | Zaandam (NED)       | 437 |
| 19. Hermans Luuk        | 85 | 08-021 | 26.83 | 25m | 31-5-07 | Heemskerk (NED)     | 430 |
| 20. Verbree John        | 61 | 08-021 | 27.10 | 25m | 7-3-82  |                     | 417 |
| 20. Schaaper Hans       | 68 | 08-021 | 27.10 | 25m | 5-11-89 | Heemskerk (NED)     | 417 |
| 22. Kuilman Joris       | 80 | 08-021 | 27.16 | 25m | 3-12-00 | Zaandam (NED)       | 415 |
| 23. van der Kroft Barry | 82 | 08-021 | 27.34 | 25m | 27-4-03 | Zaandam             | 406 |
| 24. Korzelius Ron       | 65 | 08-021 | 27.40 | 25m | 22-3-87 | Heerhugowaard (NED) | 404 |
| 24. de Vijlder Michael  | 75 | 08-021 | 27.40 | 25m | 1-5-97  | Heemskerk (NED)     | 404 |

**100 vrije slag**

|                          |    |        |         |     |          |                  |     |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Gaal Roel             | 01 | 08-021 | 53.41   | 25m | 3-10-21  | Den Helder (NED) | 595 |
| 2. Jongert Jeroen        | 96 | 08-021 | 53.64   | 25m | 12-2-17  | Purmerend (NED)  | 588 |
| 3. Offringa Rick         | 03 | 08-021 | 54.00   | 25m | 23-4-23  | Den Helder (NED) | 576 |
| 4. Kleijne Barry         | 93 | 08-021 | 54.59   | 25m | 23-4-15  | Heemskerk (NED)  | 557 |
| 5. Butter Martijn        | 79 | 08-021 | 54.80   | 25m | 4-5-00   | Heemskerk (NED)  | 551 |
| 6. van Beek Klaas        | 88 | 08-021 | 55.60   | 25m | 31-5-09  | Purmerend (NED)  | 528 |
| 7. Camphuijnder Jasper   | 05 | 08-021 | 56.42   | 25m | 9-3-25   | Purmerend (NED)  | 505 |
| 8. Jongert Sjoerd        | 01 | 08-021 | 56.54   | 25m | 6-4-25   | Purmerend (NED)  | 502 |
| 9. Oudendijk Paul        | 81 | 08-021 | 56.85   | 25m | 18-1-04  | IJmuiden (NED)   | 493 |
| 10. de Wit Stephen       | 93 | 08-021 | 57.02   | 25m | 17-11-13 | Heemskerk (NED)  | 489 |
| 11. Gaal Koen            | 99 | 08-021 | 57.35   | 25m | 23-4-23  | Den Helder (NED) | 481 |
| 12. Meijer Arno          | 75 | 08-021 | 57.80   | 25m | 26-11-95 | Heemskerk (NED)  | 470 |
| 13. van der Gracht Jory  | 87 | 08-021 | 57.95   | 25m | 7-11-09  | Hoorl (NED)      | 466 |
| 14. Blaauw Mica          | 05 | 08-021 | 58.17   | 25m | 10-9-26  | Heemskerk (NED)  | 461 |
| 15. Crok Pieter          | 91 | 08-021 | 58.19   | 25m | 19-1-14  | Zaandam (NED)    | 460 |
| 16. Kramer Vincent       | 82 | 08-021 | 58.90   | 25m | 19-1-03  | Zaandam          | 444 |
| 17. Kuilman Joris        | 80 | 08-021 | 58.92   | 25m | 23-4-00  | Haarlem (NED)    | 443 |
| 18. Kranenburg Fred      | 63 | 08-021 | 59.00   | 25m | 7-1-84   | Hilversum (NED)  | 441 |
| 19. Korzelius Ron        | 65 | 08-021 | 59.10   | 25m | 8-3-87   | Zaandam (NED)    | 439 |
| 20. Tijms Stefan         | 93 | 08-021 | 59.76   | 25m | 19-5-13  | Purmerend (NED)  | 425 |
| 21. Verbree John         | 61 | 08-021 | 59.80   | 25m | 31-12-85 |                  | 424 |
| 22. van Rookhuizen Barry | 82 | 08-021 | 1:00.03 | 25m | 27-3-03  | Heemskerk        | 419 |
| 23. Hermans Luuk         | 85 | 08-021 | 1:00.06 | 25m | 24-2-05  | Heemskerk (NED)  | 418 |
| 24. Stins Arnold         | 83 | 08-021 | 1:00.23 | 25m | 16-3-03  | Heemskerk        | 415 |
| 25. Steenbergen Roderik  | 82 | 08-021 | 1:00.33 | 25m | 27-3-05  | Haarlem (NED)    | 413 |

**200 vrije slag**

|                         |    |        |         |     |          |                             |     |
|-------------------------|----|--------|---------|-----|----------|-----------------------------|-----|
| 1. Offringa Rick        | 03 | 08-021 | 1:57.80 | 25m | 30-3-23  | Heemskerk (NED)             | 600 |
| 2. Jongert Jeroen       | 96 | 08-021 | 2:00.76 | 25m | 16-3-17  | Heemskerk (NED)             | 557 |
| 3. Butter Martijn       | 79 | 08-021 | 2:01.19 | 25m | 18-3-01  | Zaandam (NED)               | 551 |
| 4. Gaal Roel            | 01 | 08-021 | 2:01.62 | 25m | 5-6-25   | Heemskerk (NED)             | 545 |
| 5. Kleijne Barry        | 93 | 08-021 | 2:02.51 | 25m | 6-3-14   | Heemskerk (NED)             | 533 |
| 6. Camphuijnder Jasper  | 05 | 08-021 | 2:03.12 | 25m | 2-2-25   | Den Helder (NED)            | 525 |
| 7. van Beek Klaas       | 88 | 08-021 | 2:05.63 | 25m | 22-11-09 | Purmerend (NED)             | 494 |
| 8. Gaal Koen            | 99 | 08-021 | 2:08.09 | 25m | 20-11-22 | Den Helder (NED)            | 466 |
| 9. Oudendijk Paul       | 81 | 08-021 | 2:08.28 | 25m | 18-12-03 | Heemskerk (NED)             | 464 |
| 10. van der Gracht Jory | 87 | 08-021 | 2:08.49 | 25m | 27-9-09  | Zaandam (NED)               | 462 |
| 11. Meijer Arno         | 75 | 08-021 | 2:09.60 | 25m | 23-2-95  | Heemskerk (NED)             | 450 |
| 12. de Wit Stephen      | 93 | 08-021 | 2:09.67 | 25m | 6-3-14   | Heemskerk (NED)             | 450 |
| 13. Jongert Sjoerd      | 01 | 08-021 | 2:10.12 | 25m | 29-10-22 | Nieuwerkerk ad IJssel (NED) | 445 |

**200 vrije slag (sinds 14)**

|                         |    |        |         |     |          |                  |     |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 14. Crok Pieter         | 91 | 08-021 | 2:10.61 | 25m | 6-3-14   | Heemskerk (NED)  | 440 |
| 15. Blaauw Mica         | 05 | 08-021 | 2:11.41 | 25m | 21-5-26  | Heemskerk (NED)  | 432 |
| 16. Tijms Stefan        | 93 | 08-021 | 2:13.30 | 25m | 21-3-13  | Heemskerk (NED)  | 414 |
| 17. Steenbergen Roderik | 82 | 08-021 | 2:14.31 | 25m | 6-10-02  | Zaandam          | 404 |
| 18. Kuilman Joris       | 80 | 08-021 | 2:14.35 | 25m | 7-5-00   | Zaandam (NED)    | 404 |
| 19. Korzelijs Ron       | 65 | 08-021 | 2:14.40 | 25m | 30-11-86 | Heemskerk (NED)  | 404 |
| 20. Kranenburg Fred     | 63 | 08-021 | 2:14.90 | 25m | 16-1-83  | Heemskerk (NED)  | 399 |
| 21. Tamis Thijs         | 82 | 08-021 | 2:15.02 | 25m | 25-4-02  | Heemskerk        | 398 |
| 22. de Vijlder Michael  | 75 | 08-021 | 2:15.20 | 25m | 6-4-97   | Heemskerk (NED)  | 397 |
| 23. Stins Arnold        | 83 | 08-021 | 2:15.41 | 25m | 7-6-03   | Z.o. Beemster    | 395 |
| 24. Verbree John        | 61 | 08-021 | 2:15.60 | 25m | 16-1-83  | Heemskerk (NED)  | 393 |
| 25. Essers Tim          | 88 | 08-021 | 2:17.77 | 25m | 2-12-12  | Amstelveen (NED) | 375 |

**250 vrije slag****300 vrije slag**

|                          |    |        |         |     |          |                  |     |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick         | 03 | 08-021 | 3:14.75 | 25m | 1-10-23  | Den Helder (NED) | 512 |
| 2. Kleijne Barry         | 93 | 08-021 | 3:21.95 | 25m | 4-10-15  | Purmerend (NED)  | 459 |
| 3. Camphuijnder Jasper   | 05 | 08-021 | 3:25.10 | 25m | 5-4-26   | Haarlem (NED)    | 438 |
| 4. van Beek Klaas        | 88 | 08-021 | 3:26.61 | 25m | 22-11-09 | Purmerend (NED)  | 428 |
| 5. Jongert Sjoerd        | 01 | 08-021 | 3:29.00 | 25m | 6-10-24  | Den Helder (NED) | 414 |
| 6. Gaal Roel             | 01 | 08-021 | 3:29.38 | 25m | 5-10-25  | Purmerend (NED)  | 412 |
| 7. Stins Arnold          | 83 | 08-021 | 3:35.21 | 25m | 29-4-04  | Heemskerk (NED)  | 379 |
| 8. van der Gracht Jory   | 87 | 08-021 | 3:36.11 | 25m | 14-10-07 | Zaandam (NED)    | 374 |
| 9. Steenbergen Roderik   | 82 | 08-021 | 3:43.38 | 25m | 29-4-04  | Heemskerk (NED)  | 339 |
| 10. van Rookhuizen Barry | 82 | 08-021 | 3:43.95 | 25m | 29-4-04  | Heemskerk (NED)  | 336 |
| 11. Blaauw Mica          | 05 | 08-021 | 3:47.34 | 25m | 5-10-25  | Purmerend (NED)  | 321 |

**400 vrije slag**

|                         |    |        |         |     |          |                      |     |
|-------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Butter Martijn       | 79 | 08-021 | 4:16.68 | 25m | 31-5-01  | Heemskerk (NED)      | 565 |
| 2. Offringa Rick        | 03 | 08-021 | 4:23.94 | 25m | 1-10-23  | Den Helder (NED)     | 520 |
| 3. Jongert Jeroen       | 96 | 08-021 | 4:27.04 | 25m | 8-1-17   | Purmerend (NED)      | 502 |
| 4. Kleijne Barry        | 93 | 08-021 | 4:31.98 | 25m | 4-10-15  | Purmerend (NED)      | 475 |
| 5. Camphuijnder Jasper  | 05 | 08-021 | 4:32.83 | 25m | 5-4-26   | Haarlem (NED)        | 470 |
| 6. Oudendijk Paul       | 81 | 08-021 | 4:34.87 | 25m | 29-5-04  | Z.o. Beemster (NED)  | 460 |
| 7. Gaal Roel            | 01 | 08-021 | 4:38.64 | 25m | 5-10-25  | Purmerend (NED)      | 441 |
| 8. van Beek Klaas       | 88 | 08-021 | 4:38.69 | 25m | 4-10-09  | Amsterdam-oost (NED) | 441 |
| 9. van der Gracht Jory  | 87 | 08-021 | 4:39.01 | 25m | 18-12-11 | Zaandam (NED)        | 440 |
| 10. Meijer Arno         | 75 | 08-021 | 4:44.00 | 25m | 29-10-95 | Castricum (NED)      | 417 |
| 11. Jongert Sjoerd      | 01 | 08-021 | 4:44.94 | 25m | 6-10-24  | Den Helder (NED)     | 413 |
| 12. de Vijlder Michael  | 75 | 08-021 | 4:51.40 | 25m | 4-4-96   | Heemskerk (NED)      | 386 |
| 13. Stins Arnold        | 83 | 08-021 | 4:54.13 | 25m | 12-6-03  | Heemskerk            | 375 |
| 14. Tamis Thijs         | 82 | 08-021 | 4:54.90 | 25m | 30-5-02  | Heemskerk            | 372 |
| 15. Steenbergen Roderik | 82 | 08-021 | 4:57.14 | 25m | 30-5-02  | Heemskerk            | 364 |
| 16. Verbree John        | 61 | 08-021 | 4:58.00 | 25m | 14-3-81  | Heemskerk (NED)      | 361 |
| 17. Kranenburg Fred     | 63 | 08-021 | 5:00.00 | 25m | 27-2-83  | Assendelft (NED)     | 354 |
| 18. Tijms Stefan        | 93 | 08-021 | 5:02.16 | 25m | 9-2-14   | Zaandam (NED)        | 346 |
| 19. Kramer Vincent      | 82 | 08-021 | 5:02.24 | 25m | 12-6-03  | Heemskerk            | 346 |
| 20. Schaaper Hans       | 68 | 08-021 | 5:03.00 | 25m | 19-2-89  | Heemskerk (NED)      | 343 |
| 21. Pover Peter         | 69 | 08-021 | 5:05.40 | 25m | 30-6-93  |                      | 335 |
| 21. Kuilman Joris       | 80 | 08-021 | 5:05.40 | 25m | 31-5-01  | Heemskerk (NED)      | 335 |

**400 vrije slag (sinds 23)**

|                          |    |        |         |     |         |                 |     |
|--------------------------|----|--------|---------|-----|---------|-----------------|-----|
| 23. Wassenaar Marcel     | 69 | 08-021 | 5:06.40 | 25m | 19-2-89 | Heemskerk (NED) | 332 |
| 24. van Rookhuizen Barry | 82 | 08-021 | 5:07.41 | 25m | 29-4-04 | Heemskerk (NED) | 329 |
| 25. van der Kroft Barry  | 82 | 08-021 | 5:09.77 | 25m | 30-5-02 | Heemskerk       | 321 |

**500 vrije slag****800 vrije slag**

|                        |    |        |          |     |          |                 |     |
|------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Butter Martijn      | 79 | 08-021 | 8:55.09  | 25m | 21-1-01  | Heemskerk (NED) | 569 |
| 2. Oudendijk Paul      | 81 | 08-021 | 9:39.57  | 25m | 17-10-04 | Zaandam (NED)   | 447 |
| 3. Kleijne Barry       | 93 | 08-021 | 9:44.41  | 25m | 18-10-15 | Zaandam (NED)   | 436 |
| 4. van der Gracht Jory | 87 | 08-021 | 10:04.40 | 25m | 14-10-07 | Zaandam (NED)   | 394 |
| 5. Tamis Thijs         | 82 | 08-021 | 10:19.19 | 25m | 8-9-02   | Heemskerk       | 367 |
| 6. de Vijlder Michael  | 75 | 08-021 | 10:26.90 | 25m | 16-12-95 |                 | 353 |
| 7. Tijms Stefan        | 93 | 08-021 | 10:27.55 | 25m | 9-2-14   | Zaandam (NED)   | 352 |
| 8. Beentjes Bastiaan   | 78 | 08-021 | 11:03.96 | 25m | 23-1-00  | Heemskerk (NED) | 297 |

**1000 vrije slag****1250 vrije slag****1500 vrije slag**

|                        |    |        |          |     |          |                 |     |
|------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Butter Martijn      | 79 | 08-021 | 17:04.13 | 25m | 11-2-01  | Zaandam (NED)   | 567 |
| 2. Oudendijk Paul      | 81 | 08-021 | 18:41.59 | 25m | 16-11-03 | Heemskerk (NED) | 432 |
| 3. van der Gracht Jory | 87 | 08-021 | 19:26.56 | 25m | 9-11-08  | Zaandam (NED)   | 384 |
| 4. Tijms Stefan        | 93 | 08-021 | 20:01.73 | 25m | 9-2-14   | Zaandam (NED)   | 351 |
| 5. Stins Arnold        | 83 | 08-021 | 20:01.75 | 25m | 16-11-03 | Heemskerk (NED) | 351 |
| 6. Beentjes Bastiaan   | 78 | 08-021 | 21:02.46 | 25m | 23-1-00  | Heemskerk (NED) | 303 |
| 7. Tamis Thijs         | 82 | 08-021 | 21:07.53 | 25m | 1-12-02  | Heemskerk       | 299 |

**2000 vrije slag**

|                        |    |        |          |     |         |               |     |
|------------------------|----|--------|----------|-----|---------|---------------|-----|
| 1. Butter Martijn      | 79 | 08-021 | 23:14.53 | 25m | 11-2-01 | Zaandam (NED) | 533 |
| 2. Oudendijk Paul      | 81 | 08-021 | 25:16.75 | 25m | 7-3-04  | Zaandam       | 414 |
| 3. Stins Arnold        | 83 | 08-021 | 25:58.07 | 25m | 16-2-03 | Zaandam       | 382 |
| 4. van der Gracht Jory | 87 | 08-021 | 26:19.79 | 25m | 1-3-09  | Zaandam (NED) | 366 |
| 5. Tamis Thijs         | 82 | 08-021 | 26:53.48 | 25m | 10-2-02 | Zaandam       | 344 |
| 6. Kuilman Joris       | 80 | 08-021 | 27:31.38 | 25m | 5-3-00  | Zaandam (NED) | 321 |
| 7. Beentjes Bastiaan   | 78 | 08-021 | 28:19.97 | 25m | 5-3-00  | Zaandam (NED) | 294 |
| 8. Kramer Vincent      | 82 | 08-021 | 30:03.20 | 25m | 10-2-02 | Zaandam       | 246 |

**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag**

**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

|                          |    |        |       |     |         |                 |     |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Schaaper Hans         | 68 | 08-021 | 14.00 | 25m | 12-1-89 | Heemskerk (NED) | 405 |
| 2. Gaal Koen             | 99 | 08-021 | 14.42 | 25m | 7-7-22  | Heemskerk (NED) | 370 |
| 3. Gaal Roel             | 01 | 08-021 | 14.45 | 25m | 7-7-22  | Heemskerk (NED) | 368 |
| 4. Pover Peter           | 69 | 08-021 | 14.60 | 25m | 12-1-89 | Heemskerk (NED) | 357 |
| 5. Oudendijk Paul        | 81 | 08-021 | 14.66 | 25m | 22-2-01 | Heemskerk (NED) | 352 |
| 6. Hermans Luuk          | 85 | 08-021 | 14.77 | 25m | 19-4-07 | Heemskerk (NED) | 345 |
| 7. Meijer Arno           | 75 | 08-021 | 14.90 | 25m | 29-5-97 | Heemskerk       | 336 |
| 8. Butter Martijn        | 79 | 08-021 | 15.31 | 25m | 22-2-01 | Heemskerk (NED) | 309 |
| 9. de Vijlder Michael    | 75 | 08-021 | 15.90 | 25m | 13-2-97 | Heemskerk (NED) | 276 |
| 9. Bal Chester           | 78 | 08-021 | 15.90 | 25m | 15-1-98 | Heemskerk (NED) | 276 |
| 11. van der Gracht Jory  | 87 | 08-021 | 16.05 | 25m | 19-4-07 | Heemskerk (NED) | 268 |
| 12. Dekker Rudie         | 78 | 08-021 | 16.20 | 25m | 15-1-98 | Heemskerk (NED) | 261 |
| 13. Wassenaar Marcel     | 69 | 08-021 | 16.40 | 25m | 12-1-89 | Heemskerk (NED) | 252 |
| 14. Hoenink Jarl         | 86 | 08-021 | 16.80 | 25m | 19-4-07 | Heemskerk (NED) | 234 |
| 15. van Rookhuizen Barry | 82 | 08-021 | 17.06 | 25m | 27-4-06 | Heemskerk       | 223 |
| 16. Beentjes Bastiaan    | 78 | 08-021 | 17.38 | 25m | 17-2-00 | Heemskerk (NED) | 211 |
| 17. Kuilman Joris        | 80 | 08-021 | 17.87 | 25m | 22-2-01 | Heemskerk (NED) | 194 |
| 18. Andeweg Celedonio    | 76 | 08-021 | 19.30 | 25m | 8-2-96  | Heemskerk (NED) | 154 |
| 19. Zonneveld Jeroen     | 78 | 08-021 | 20.90 | 25m | 15-1-98 | Heemskerk (NED) | 121 |

**50 rugslag**

|                         |    |        |       |     |          |                  |     |
|-------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Kleijne Barry        | 93 | 08-021 | 27.86 | 25m | 9-3-14   | Zaandam (NED)    | 507 |
| 2. Jongert Jeroen       | 96 | 08-021 | 28.42 | 25m | 2-7-17   | Den Helder (NED) | 477 |
| 3. Offringa Rick        | 03 | 08-021 | 29.35 | 25m | 23-4-23  | Den Helder (NED) | 433 |
| 4. Oudendijk Paul       | 81 | 08-021 | 29.45 | 25m | 6-11-05  | Zaandam (NED)    | 429 |
| 5. Gaal Koen            | 99 | 08-021 | 29.75 | 25m | 10-4-23  | Haarlem (NED)    | 416 |
| 6. Blaauw Mica          | 05 | 08-021 | 30.25 | 25m | 6-4-26   | Haarlem (NED)    | 396 |
| 7. de Wit Stephen       | 93 | 08-021 | 30.50 | 25m | 30-1-14  | Heemskerk (NED)  | 386 |
| 8. van Beek Klaas       | 88 | 08-021 | 30.51 | 25m | 7-2-10   | Heemstede (NED)  | 386 |
| 9. Gaal Roel            | 01 | 08-021 | 30.68 | 25m | 5-10-25  | Purmerend (NED)  | 379 |
| 10. Hermans Luuk        | 85 | 08-021 | 31.02 | 25m | 6-11-05  | Zaandam (NED)    | 367 |
| 11. Schaaper Hans       | 68 | 08-021 | 31.20 | 25m | 15-12-88 | Heemskerk (NED)  | 361 |
| 12. Jongert Sjoerd      | 01 | 08-021 | 31.21 | 25m | 19-10-25 | Zaandam (NED)    | 360 |
| 13. Butter Martijn      | 79 | 08-021 | 31.22 | 25m | 25-1-01  | Heemskerk (NED)  | 360 |
| 14. Meijer Arno         | 75 | 08-021 | 31.80 | 25m | 23-2-95  | Heemskerk (NED)  | 341 |
| 14. Steenbergen Roderik | 82 | 08-021 | 31.80 | 25m | 25-4-02  | Heemskerk        | 341 |
| 16. Kramer Vincent      | 82 | 08-021 | 32.25 | 25m | 26-5-05  | Heemskerk (NED)  | 327 |
| 17. Essers Tim          | 88 | 08-021 | 32.26 | 25m | 2-12-12  | Amstelveen (NED) | 326 |
| 18. Pover Peter         | 69 | 08-021 | 32.60 | 25m | 14-12-89 | Heemskerk (NED)  | 316 |

**50 rugslag (sinds 19)**

|                          |    |        |       |     |          |                 |     |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 18. Keessen Jeroen       | 67 | 08-021 | 32.60 | 25m | 10-1-91  | Heemskerk (NED) | 316 |
| 20. Stins Arnold         | 83 | 08-021 | 32.67 | 25m | 30-10-03 | Heemskerk       | 314 |
| 21. Kuilman Joris        | 80 | 08-021 | 32.72 | 25m | 27-1-00  | Heemskerk (NED) | 313 |
| 22. van der Gracht Jory  | 87 | 08-021 | 32.73 | 25m | 3-3-11   | Heemskerk (NED) | 312 |
| 23. Tamis Thijs          | 82 | 08-021 | 33.22 | 25m | 12-6-03  | Heemskerk       | 299 |
| 24. van Rookhuizen Barry | 82 | 08-021 | 33.62 | 25m | 31-10-02 | Heemskerk       | 288 |
| 25. Tijms Stefan         | 93 | 08-021 | 33.69 | 25m | 30-1-14  | Heemskerk (NED) | 286 |

**100 rugslag**

|                         |    |        |         |     |          |                  |     |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Kleijne Barry        | 93 | 08-021 | 58.63   | 25m | 9-3-14   | Zaandam (NED)    | 580 |
| 2. Jongert Jeroen       | 96 | 08-021 | 1:00.52 | 25m | 16-4-17  | Haarlem (NED)    | 527 |
| 3. Offringa Rick        | 03 | 08-021 | 1:00.91 | 25m | 23-4-23  | Den Helder (NED) | 517 |
| 4. Oudendijk Paul       | 81 | 08-021 | 1:01.31 | 25m | 11-12-05 | Heemskerk (NED)  | 507 |
| 5. Gaal Koen            | 99 | 08-021 | 1:03.54 | 25m | 24-4-22  | Den Helder (NED) | 455 |
| 6. Blaauw Mica          | 05 | 08-021 | 1:03.63 | 25m | 12-4-26  | Purmerend (NED)  | 453 |
| 7. de Wit Stephen       | 93 | 08-021 | 1:05.59 | 25m | 9-3-14   | Zaandam (NED)    | 414 |
| 8. Jongert Sjoerd       | 01 | 08-021 | 1:06.01 | 25m | 15-12-22 | Heemskerk (NED)  | 406 |
| 9. Butter Martijn       | 79 | 08-021 | 1:06.17 | 25m | 29-3-01  | Heemskerk (NED)  | 403 |
| 10. Gaal Roel           | 01 | 08-021 | 1:06.45 | 25m | 6-4-25   | Purmerend (NED)  | 398 |
| 11. Steenbergen Roderik | 82 | 08-021 | 1:06.71 | 25m | 12-4-04  | Haarlem          | 393 |
| 12. van Beek Klaas      | 88 | 08-021 | 1:07.31 | 25m | 28-11-09 | Dongen (NED)     | 383 |
| 13. Schaaper Hans       | 68 | 08-021 | 1:07.60 | 25m | 22-1-89  | Zaandam (NED)    | 378 |
| 14. Hermans Luuk        | 85 | 08-021 | 1:07.88 | 25m | 31-3-05  | Heemskerk (NED)  | 373 |
| 15. van der Gracht Jory | 87 | 08-021 | 1:08.11 | 25m | 30-1-11  | Zaandam (NED)    | 370 |
| 16. Essers Tim          | 88 | 08-021 | 1:08.15 | 25m | 18-12-11 | Zaandam (NED)    | 369 |
| 17. Kramer Vincent      | 82 | 08-021 | 1:08.43 | 25m | 26-2-04  | Heemskerk (NED)  | 364 |
| 18. Meijer Arno         | 75 | 08-021 | 1:08.70 | 25m | 10-12-95 | Heemskerk (NED)  | 360 |
| 19. Kranenburg Fred     | 63 | 08-021 | 1:09.30 | 25m | 12-2-84  | Heemskerk (NED)  | 351 |
| 20. Crok Pieter         | 91 | 08-021 | 1:09.84 | 25m | 12-12-13 | Heemskerk (NED)  | 343 |
| 21. Stins Arnold        | 83 | 08-021 | 1:10.77 | 25m | 26-2-04  | Heemskerk (NED)  | 329 |
| 22. Pover Peter         | 69 | 08-021 | 1:10.80 | 25m | 18-3-89  |                  | 329 |
| 23. Tamis Thijs         | 82 | 08-021 | 1:11.98 | 25m | 1-4-02   | Haarlem          | 313 |
| 24. Tijms Stefan        | 93 | 08-021 | 1:12.00 | 25m | 9-3-14   | Zaandam (NED)    | 313 |
| 25. Kuilman Joris       | 80 | 08-021 | 1:12.21 | 25m | 24-4-00  | Haarlem (NED)    | 310 |

**200 rugslag**

|                         |    |        |         |     |          |                      |     |
|-------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Kleijne Barry        | 93 | 08-021 | 2:11.82 | 25m | 16-11-14 | Zaandam (NED)        | 514 |
| 2. Offringa Rick        | 03 | 08-021 | 2:13.13 | 25m | 29-1-23  | Heemskerk (NED)      | 499 |
| 3. Jongert Jeroen       | 96 | 08-021 | 2:14.39 | 25m | 17-11-19 | Hoofddorp (NED)      | 485 |
| 4. Oudendijk Paul       | 81 | 08-021 | 2:18.01 | 25m | 16-1-05  | Zaandam (NED)        | 448 |
| 5. Butter Martijn       | 79 | 08-021 | 2:19.48 | 25m | 14-12-00 | Heemskerk (NED)      | 434 |
| 6. Gaal Koen            | 99 | 08-021 | 2:19.58 | 25m | 29-1-23  | Heemskerk (NED)      | 433 |
| 7. Blaauw Mica          | 05 | 08-021 | 2:23.17 | 25m | 24-5-26  | Purmerend (NED)      | 401 |
| 8. de Wit Stephen       | 93 | 08-021 | 2:28.67 | 25m | 10-11-13 | Zaandam (NED)        | 358 |
| 9. Stins Arnold         | 83 | 08-021 | 2:28.73 | 25m | 25-9-03  | Heemskerk (NED)      | 358 |
| 10. Steenbergen Roderik | 82 | 08-021 | 2:29.51 | 25m | 23-12-04 | Heemskerk (NED)      | 352 |
| 11. Meijer Arno         | 75 | 08-021 | 2:30.20 | 25m | 8-3-98   | Zaandam (NED)        | 347 |
| 12. van der Gracht Jory | 87 | 08-021 | 2:31.24 | 25m | 13-11-11 | Zaandam (NED)        | 340 |
| 13. Schaaper Hans       | 68 | 08-021 | 2:31.70 | 25m | 30-9-89  |                      | 337 |
| 14. van Beek Klaas      | 88 | 08-021 | 2:32.21 | 25m | 17-1-10  | Amsterdam-oost (NED) | 334 |
| 15. Essers Tim          | 88 | 08-021 | 2:32.75 | 25m | 14-11-10 | Castricum (NED)      | 330 |

**200 rugslag (sinds 16)**

|                         |    |        |         |     |          |                 |     |
|-------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 16. Crok Pieter         | 91 | 08-021 | 2:32.99 | 25m | 10-11-13 | Zaandam (NED)   | 329 |
| 17. Hermans Luuk        | 85 | 08-021 | 2:33.20 | 25m | 12-3-06  | Zaandam (NED)   | 327 |
| 18. Tamis Thijs         | 82 | 08-021 | 2:33.38 | 25m | 31-1-02  | Heemskerk       | 326 |
| 19. Gaal Roel           | 01 | 08-021 | 2:33.59 | 25m | 29-1-23  | Heemskerk (NED) | 325 |
| 20. Tijms Stefan        | 93 | 08-021 | 2:34.10 | 25m | 16-11-14 | Zaandam (NED)   | 322 |
| 21. de Vijlder Michael  | 75 | 08-021 | 2:35.10 | 25m | 17-3-96  | Heemskerk (NED) | 315 |
| 22. van der Kroft Barry | 82 | 08-021 | 2:36.62 | 25m | 10-3-02  | Heemskerk       | 306 |
| 23. Kramer Vincent      | 82 | 08-021 | 2:36.92 | 25m | 23-12-04 | Heemskerk (NED) | 305 |
| 24. Kuilman Joris       | 80 | 08-021 | 2:38.25 | 25m | 12-3-00  | Heemskerk (NED) | 297 |
| 25. Pover Peter         | 69 | 08-021 | 2:39.70 | 25m | 30-9-89  |                 | 289 |

**500 rugslag****25 schoolslag**

|                          |    |        |       |     |         |                 |     |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Oudendijk Paul        | 81 | 08-021 | 14.72 | 25m | 22-2-01 | Heemskerk (NED) | 491 |
| 2. Schaaper Hans         | 68 | 08-021 | 15.30 | 25m | 12-1-89 | Heemskerk (NED) | 438 |
| 3. Butter Martijn        | 79 | 08-021 | 15.43 | 25m | 17-2-00 | Heemskerk (NED) | 427 |
| 4. Beentjes Bastiaan     | 78 | 08-021 | 15.60 | 25m | 17-2-00 | Heemskerk (NED) | 413 |
| 5. Kuilman Joris         | 80 | 08-021 | 15.81 | 25m | 22-2-01 | Heemskerk (NED) | 397 |
| 6. Meijer Arno           | 75 | 08-021 | 15.90 | 25m | 13-3-97 | Heemskerk (NED) | 390 |
| 7. Hermans Luuk          | 85 | 08-021 | 16.06 | 25m | 19-4-07 | Heemskerk (NED) | 378 |
| 8. Jongert Sjoerd        | 01 | 08-021 | 16.12 | 25m | 7-7-22  | Heemskerk (NED) | 374 |
| 9. Pover Peter           | 69 | 08-021 | 16.20 | 25m | 16-5-91 | Heemskerk (NED) | 369 |
| 10. Hoenink Jarl         | 86 | 08-021 | 16.49 | 25m | 19-4-07 | Heemskerk (NED) | 349 |
| 11. Gaal Roel            | 01 | 08-021 | 16.70 | 25m | 7-7-22  | Heemskerk (NED) | 336 |
| 11. Gaal Koen            | 99 | 08-021 | 16.70 | 25m | 7-7-22  | Heemskerk (NED) | 336 |
| 13. Wassenaar Marcel     | 69 | 08-021 | 16.80 | 25m | 12-1-89 | Heemskerk (NED) | 330 |
| 13. de Vijlder Michael   | 75 | 08-021 | 16.80 | 25m | 14-3-96 | Heemskerk (NED) | 330 |
| 15. van der Gracht Jory  | 87 | 08-021 | 17.21 | 25m | 19-4-07 | Heemskerk (NED) | 307 |
| 16. van Rookhuizen Barry | 82 | 08-021 | 17.88 | 25m | 27-4-06 | Heemskerk       | 274 |
| 16. Essers Tim           | 88 | 08-021 | 17.88 | 25m | 29-5-08 | Heemskerk (NED) | 274 |
| 18. Andeweg Celedonio    | 76 | 08-021 | 18.10 | 25m | 13-3-97 | Heemskerk (NED) | 264 |
| 19. Bal Chester          | 78 | 08-021 | 19.00 | 25m | 19-3-98 | Heemskerk (NED) | 228 |

**50 schoolslag**

|                       |    |        |       |     |          |                  |     |
|-----------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Offringa Rick      | 03 | 08-021 | 30.04 | 25m | 9-4-23   | Haarlem (NED)    | 593 |
| 2. Breton Wouter      | 89 | 08-021 | 31.37 | 25m | 28-6-09  | Alkmaar (NED)    | 521 |
| 3. Oudendijk Paul     | 81 | 08-021 | 32.60 | 25m | 23-3-03  | Heemstede        | 464 |
| 4. Jongert Sjoerd     | 01 | 08-021 | 33.31 | 25m | 12-1-25  | Heemskerk (NED)  | 435 |
| 5. Jongert Jeroen     | 96 | 08-021 | 33.79 | 25m | 5-3-20   | Heemskerk (NED)  | 417 |
| 6. Palmboom Pascal    | 89 | 08-021 | 33.93 | 25m | 22-1-09  | Heemskerk (NED)  | 412 |
| 7. Gaal Koen          | 99 | 08-021 | 34.18 | 25m | 20-11-22 | Den Helder (NED) | 403 |
| 8. Kleijne Barry      | 93 | 08-021 | 34.37 | 25m | 17-3-16  | Heemskerk (NED)  | 396 |
| 9. Butter Martijn     | 79 | 08-021 | 34.45 | 25m | 28-11-02 | Heemskerk        | 393 |
| 10. Crok Pieter       | 91 | 08-021 | 34.53 | 25m | 6-3-14   | Heemskerk (NED)  | 391 |
| 11. van Beek Klaas    | 88 | 08-021 | 34.55 | 25m | 23-5-10  | Purmerend (NED)  | 390 |
| 12. Kuilman Joris     | 80 | 08-021 | 34.56 | 25m | 3-12-00  | Zaandam (NED)    | 389 |
| 13. Meijer Arno       | 75 | 08-021 | 34.70 | 25m | 12-10-95 | Heemskerk (NED)  | 385 |
| 14. Keessen Jeroen    | 67 | 08-021 | 34.80 | 25m | 7-2-91   | Heemskerk (NED)  | 381 |
| 15. Beentjes Bastiaan | 78 | 08-021 | 34.92 | 25m | 24-9-98  | Heemskerk (NED)  | 378 |
| 15. Gaal Roel         | 01 | 08-021 | 34.92 | 25m | 3-10-21  | Den Helder (NED) | 378 |

**50 schoolslag (sinds 17)**

|                          |    |        |       |     |          |                 |     |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 17. van der Kroft Barry  | 82 | 08-021 | 34.94 | 25m | 31-3-02  | Haarlem         | 377 |
| 18. Tamis Thijs          | 82 | 08-021 | 35.08 | 25m | 20-4-03  | Haarlem         | 372 |
| 19. Schaaper Hans        | 68 | 08-021 | 35.10 | 25m | 14-12-88 |                 | 372 |
| 20. Hermans Luuk         | 85 | 08-021 | 35.14 | 25m | 6-11-05  | Zaandam (NED)   | 371 |
| 21. Camphuijnder Jasper  | 05 | 08-021 | 35.75 | 25m | 12-1-25  | Heemskerk (NED) | 352 |
| 22. van der Gracht Jory  | 87 | 08-021 | 35.82 | 25m | 24-4-11  | Haarlem (NED)   | 350 |
| 23. Blaauw Mica          | 05 | 08-021 | 36.06 | 25m | 21-5-26  | Heemskerk (NED) | 343 |
| 24. van Rookhuizen Barry | 82 | 08-021 | 36.22 | 25m | 28-11-02 | Heemskerk       | 338 |
| 25. de Wit Stephen       | 93 | 08-021 | 36.45 | 25m | 6-3-14   | Heemskerk (NED) | 332 |

**100 schoolslag**

|                          |    |        |         |     |          |                  |     |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick         | 03 | 08-021 | 1:06.68 | 25m | 10-4-23  | Haarlem (NED)    | 580 |
| 2. Oudendijk Paul        | 81 | 08-021 | 1:08.99 | 25m | 28-12-03 | Maastricht (NED) | 523 |
| 3. Jongert Sjoerd        | 01 | 08-021 | 1:14.26 | 25m | 2-10-22  | Den Helder (NED) | 419 |
| 4. Jongert Jeroen        | 96 | 08-021 | 1:15.19 | 25m | 4-10-20  | Heemskerk (NED)  | 404 |
| 5. Meijer Arno           | 75 | 08-021 | 1:16.10 | 25m | 13-4-98  | Haarlem (NED)    | 390 |
| 6. Butter Martijn        | 79 | 08-021 | 1:16.26 | 25m | 29-3-01  | Heemskerk (NED)  | 387 |
| 7. Kleijne Barry         | 93 | 08-021 | 1:16.72 | 25m | 18-9-14  | Heemskerk (NED)  | 380 |
| 8. Kuilman Joris         | 80 | 08-021 | 1:16.81 | 25m | 24-4-00  | Haarlem (NED)    | 379 |
| 9. Beentjes Bastiaan     | 78 | 08-021 | 1:16.82 | 25m | 12-3-00  | Heemskerk (NED)  | 379 |
| 10. Keessen Jeroen       | 67 | 08-021 | 1:17.00 | 25m | 27-9-90  | Heemskerk (NED)  | 376 |
| 11. Tamis Thijs          | 82 | 08-021 | 1:17.01 | 25m | 6-4-02   | Hengelo (NED)    | 376 |
| 12. Crok Pieter          | 91 | 08-021 | 1:17.02 | 25m | 31-10-13 | Heemskerk (NED)  | 376 |
| 13. van der Gracht Jory  | 87 | 08-021 | 1:17.09 | 25m | 11-6-11  | Purmerend (NED)  | 375 |
| 14. Hermans Luuk         | 85 | 08-021 | 1:17.32 | 25m | 19-3-06  | Heemskerk (NED)  | 372 |
| 15. Palmboom Pascal      | 89 | 08-021 | 1:17.42 | 25m | 19-11-09 | Heemskerk (NED)  | 370 |
| 16. Blaauw Mica          | 05 | 08-021 | 1:18.15 | 25m | 10-9-26  | Heemskerk (NED)  | 360 |
| 17. Gaal Roel            | 01 | 08-021 | 1:18.32 | 25m | 2-10-22  | Den Helder (NED) | 357 |
| 18. van der Kroft Barry  | 82 | 08-021 | 1:18.43 | 25m | 24-4-03  | Heemskerk        | 356 |
| 19. Gaal Koen            | 99 | 08-021 | 1:18.49 | 25m | 10-4-23  | Haarlem (NED)    | 355 |
| 20. Schaaper Hans        | 68 | 08-021 | 1:18.60 | 25m | 9-3-89   | Heemskerk (NED)  | 354 |
| 21. Tijms Stefan         | 93 | 08-021 | 1:19.37 | 25m | 12-1-14  | Purmerend (NED)  | 343 |
| 22. van Beek Klaas       | 88 | 08-021 | 1:19.93 | 25m | 7-2-10   | Heemstede (NED)  | 336 |
| 23. van Rookhuizen Barry | 82 | 08-021 | 1:19.96 | 25m | 7-4-02   | Heemskerk        | 336 |
| 24. Camphuijnder Jasper  | 05 | 08-021 | 1:20.17 | 25m | 12-4-26  | Purmerend (NED)  | 333 |
| 25. Wassenaar Marcel     | 69 | 08-021 | 1:20.40 | 25m | 19-2-89  | Heemskerk (NED)  | 330 |

**200 schoolslag**

|                        |    |        |         |     |          |                      |     |
|------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Offringa Rick       | 03 | 08-021 | 2:28.79 | 25m | 29-1-23  | Heemskerk (NED)      | 530 |
| 2. Oudendijk Paul      | 81 | 08-021 | 2:33.28 | 25m | 17-11-02 | Heemskerk            | 485 |
| 3. Meijer Arno         | 75 | 08-021 | 2:45.60 | 25m | 5-4-98   | Heemskerk (NED)      | 384 |
| 4. van der Gracht Jory | 87 | 08-021 | 2:45.91 | 25m | 17-1-10  | Amsterdam-oost (NED) | 382 |
| 5. Jongert Sjoerd      | 01 | 08-021 | 2:46.59 | 25m | 12-11-23 | Den Helder (NED)     | 377 |
| 6. Keessen Jeroen      | 67 | 08-021 | 2:48.00 | 25m | 4-11-90  | Zaandam (NED)        | 368 |
| 7. Beentjes Bastiaan   | 78 | 08-021 | 2:49.13 | 25m | 27-1-00  | Heemskerk (NED)      | 361 |
| 8. Butter Martijn      | 79 | 08-021 | 2:49.74 | 25m | 25-1-01  | Heemskerk (NED)      | 357 |
| 9. Tijms Stefan        | 93 | 08-021 | 2:50.66 | 25m | 19-1-14  | Zaandam (NED)        | 351 |
| 10. Tamis Thijs        | 82 | 08-021 | 2:50.72 | 25m | 13-1-02  | Zaandam              | 351 |
| 11. Kleijne Barry      | 93 | 08-021 | 2:51.78 | 25m | 18-1-15  | Zaandam (NED)        | 344 |
| 12. Kuilman Joris      | 80 | 08-021 | 2:52.23 | 25m | 25-1-01  | Heemskerk (NED)      | 341 |
| 13. Hermans Luuk       | 85 | 08-021 | 2:52.46 | 25m | 27-11-05 | Heemskerk (NED)      | 340 |

**200 schoolslag (sinds 14)**

|                          |    |        |         |     |          |                 |     |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 14. Crok Pieter          | 91 | 08-021 | 2:53.21 | 25m | 19-1-14  | Zaandam (NED)   | 336 |
| 15. Camphuijnder Jasper  | 05 | 08-021 | 2:53.54 | 25m | 15-3-26  | Heemskerk (NED) | 334 |
| 16. Steenbergen Roderik  | 82 | 08-021 | 2:54.91 | 25m | 17-11-02 | Heemskerk       | 326 |
| 17. Stins Arnold         | 83 | 08-021 | 2:55.61 | 25m | 30-10-03 | Heemskerk       | 322 |
| 18. Wassenaar Marcel     | 69 | 08-021 | 2:56.20 | 25m | 11-3-90  | Heemskerk (NED) | 319 |
| 19. van Rookhuizen Barry | 82 | 08-021 | 2:56.87 | 25m | 17-11-02 | Heemskerk       | 315 |
| 20. Blaauw Mica          | 05 | 08-021 | 2:57.31 | 25m | 15-3-26  | Heemskerk (NED) | 313 |
| 21. van der Kroft Barry  | 82 | 08-021 | 2:58.36 | 25m | 30-10-03 | Heemskerk       | 307 |
| 22. Palmboom Pascal      | 89 | 08-021 | 2:58.43 | 25m | 18-1-09  | Haarlem (NED)   | 307 |
| 23. Essers Tim           | 88 | 08-021 | 2:59.22 | 25m | 22-1-12  | Zaandam (NED)   | 303 |
| 24. Kramer Vincent       | 82 | 08-021 | 2:59.35 | 25m | 9-11-03  | Zaandam         | 302 |
| 25. Schaaper Hans        | 68 | 08-021 | 3:01.20 | 25m | 5-11-89  | Heemskerk (NED) | 293 |

**250 schoolslag****500 schoolslag****800 schoolslag**

|                   |    |        |          |     |         |             |  |
|-------------------|----|--------|----------|-----|---------|-------------|--|
| 1. Oudendijk Paul | 81 | 08-021 | 11:39.47 | 25m | 20-9-03 | Hulst (NED) |  |
|-------------------|----|--------|----------|-----|---------|-------------|--|

**1000 schoolslag****1250 schoolslag****1500 schoolslag**

|                   |    |        |          |     |         |             |  |
|-------------------|----|--------|----------|-----|---------|-------------|--|
| 1. Oudendijk Paul | 81 | 08-021 | 22:09.46 | 25m | 20-9-03 | Hulst (NED) |  |
|-------------------|----|--------|----------|-----|---------|-------------|--|

**2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag**

**25 vlinderslag**

|                          |    |        |       |     |         |                 |     |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Gaal Roel             | 01 | 08-021 | 12.63 | 25m | 7-7-22  | Heemskerk (NED) | 481 |
| 2. Jongert Sjoerd        | 01 | 08-021 | 13.04 | 25m | 7-7-22  | Heemskerk (NED) | 437 |
| 3. Kuilman Joris         | 80 | 08-021 | 13.12 | 25m | 4-5-00  | Heemskerk (NED) | 429 |
| 4. Schaaper Hans         | 68 | 08-021 | 13.20 | 25m | 12-1-89 | Heemskerk (NED) | 421 |
| 4. Meijer Arno           | 75 | 08-021 | 13.20 | 25m | 15-1-98 | Heemskerk (NED) | 421 |
| 6. Butter Martijn        | 79 | 08-021 | 13.41 | 25m | 25-3-99 | Heemskerk (NED) | 402 |
| 7. van der Gracht Jory   | 87 | 08-021 | 13.42 | 25m | 30-6-11 | Heemskerk (NED) | 401 |
| 8. Hermans Luuk          | 85 | 08-021 | 13.43 | 25m | 19-4-07 | Heemskerk (NED) | 400 |
| 9. Pover Peter           | 69 | 08-021 | 13.50 | 25m | 16-5-91 | Heemskerk (NED) | 394 |
| 10. de Vijlder Michael   | 75 | 08-021 | 14.00 | 25m | 15-1-98 | Heemskerk (NED) | 353 |
| 11. van Rookhuizen Barry | 82 | 08-021 | 14.30 | 25m | 27-4-06 | Heemskerk       | 331 |
| 12. Palmboom Pascal      | 89 | 08-021 | 14.43 | 25m | 30-6-11 | Heemskerk (NED) | 322 |
| 13. Hoenink Jarl         | 86 | 08-021 | 14.52 | 25m | 19-4-07 | Heemskerk (NED) | 316 |
| 14. Gaal Koen            | 99 | 08-021 | 14.65 | 25m | 7-7-22  | Heemskerk (NED) | 308 |
| 15. Beentjes Bastiaan    | 78 | 08-021 | 14.74 | 25m | 4-5-00  | Heemskerk (NED) | 302 |
| 16. Essers Tim           | 88 | 08-021 | 14.92 | 25m | 29-5-08 | Heemskerk (NED) | 292 |
| 17. Andeweg Celedonio    | 76 | 08-021 | 15.10 | 25m | 13-2-97 | Heemskerk (NED) | 281 |
| 18. Wassenaar Marcel     | 69 | 08-021 | 15.20 | 25m | 12-1-89 | Heemskerk (NED) | 276 |
| 19. Dekker Rudie         | 78 | 08-021 | 15.30 | 25m | 15-1-98 | Heemskerk (NED) | 270 |
| 20. Zonneveld Jeroen     | 78 | 08-021 | 15.70 | 25m | 15-1-98 | Heemskerk (NED) | 250 |
| 21. Bal Chester          | 78 | 08-021 | 16.13 | 25m | 25-3-99 | Heemskerk (NED) | 231 |

**50 vlinderslag**

|                          |    |        |       |     |          |                         |     |
|--------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Jongert Jeroen        | 96 | 08-021 | 26.37 | 25m | 12-2-17  | Purmerend (NED)         | 564 |
| 2. Kleijne Barry         | 93 | 08-021 | 27.04 | 25m | 10-12-15 | Heemskerk (NED)         | 524 |
| 3. Offringa Rick         | 03 | 08-021 | 27.36 | 25m | 9-4-23   | Haarlem (NED)           | 505 |
| 4. Camphuijnder Jasper   | 05 | 08-021 | 27.75 | 25m | 2-2-25   | Den Helder (NED)        | 484 |
| 5. Gaal Roel             | 01 | 08-021 | 27.96 | 25m | 2-2-25   | Den Helder (NED)        | 473 |
| 6. Jongert Sjoerd        | 01 | 08-021 | 28.07 | 25m | 27-10-24 | Zaandam (NED)           | 468 |
| 7. van der Gracht Jory   | 87 | 08-021 | 28.63 | 25m | 6-12-09  | Zaandam (NED)           | 441 |
| 8. de Wit Stephen        | 93 | 08-021 | 29.05 | 25m | 16-2-14  | Purmerend (NED)         | 422 |
| 9. Kramer Vincent        | 82 | 08-021 | 29.06 | 25m | 23-12-04 | Heemskerk (NED)         | 422 |
| 10. Meijer Arno          | 75 | 08-021 | 29.18 | 25m | 19-9-98  | Amersfoort (NED)        | 416 |
| 11. Verbree John         | 61 | 08-021 | 29.30 | 25m | 28-10-84 | Egmond (NED)            | 411 |
| 12. Crok Pieter          | 91 | 08-021 | 29.52 | 25m | 12-12-13 | Heemskerk (NED)         | 402 |
| 13. Kuilman Joris        | 80 | 08-021 | 29.79 | 25m | 16-4-00  | Almelo (NED)            | 391 |
| 14. Schaaper Hans        | 68 | 08-021 | 29.80 | 25m | 13-12-89 |                         | 391 |
| 15. Hermans Luuk         | 85 | 08-021 | 30.08 | 25m | 15-12-05 | Heemskerk (NED)         | 380 |
| 16. Butter Martijn       | 79 | 08-021 | 30.24 | 25m | 9-1-00   | Zuidoost Beemster (NED) | 374 |
| 17. van Beek Klaas       | 88 | 08-021 | 30.27 | 25m | 31-5-09  | Purmerend (NED)         | 373 |
| 18. Tamis Thijs          | 82 | 08-021 | 30.55 | 25m | 19-12-02 | Heemskerk               | 363 |
| 18. van Rookhuizen Barry | 82 | 08-021 | 30.55 | 25m | 28-4-05  | Heemskerk (NED)         | 363 |
| 20. Essers Tim           | 88 | 08-021 | 30.74 | 25m | 18-1-09  | Haarlem (NED)           | 356 |
| 21. Blaauw Mica          | 05 | 08-021 | 30.91 | 25m | 19-10-25 | Zaandam (NED)           | 350 |
| 22. Stins Arnold         | 83 | 08-021 | 31.09 | 25m | 18-12-03 | Heemskerk (NED)         | 344 |
| 23. Keessen Jeroen       | 67 | 08-021 | 31.20 | 25m | 10-1-91  | Heemskerk (NED)         | 341 |
| 23. de Vijlder Michael   | 75 | 08-021 | 31.20 | 25m | 23-1-97  | Heemskerk               | 341 |
| 25. Gaal Koen            | 99 | 08-021 | 31.25 | 25m | 21-11-21 | Den Helder (NED)        | 339 |

**100 vlinderslag**

|                          |    |        |         |     |          |                 |     |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Jongert Jeroen        | 96 | 08-021 | 59.13   | 25m | 4-6-17   | Purmerend (NED) | 537 |
| 2. Offringa Rick         | 03 | 08-021 | 59.78   | 25m | 9-4-23   | Haarlem (NED)   | 520 |
| 3. Kleijne Barry         | 93 | 08-021 | 1:00.35 | 25m | 8-3-15   | Zaandam (NED)   | 505 |
| 4. Camphuijnder Jasper   | 05 | 08-021 | 1:01.95 | 25m | 12-1-25  | Heemskerk (NED) | 467 |
| 5. van der Gracht Jory   | 87 | 08-021 | 1:02.84 | 25m | 27-11-11 | Heemskerk (NED) | 447 |
| 6. Jongert Sjoerd        | 01 | 08-021 | 1:04.03 | 25m | 22-5-22  | Hoofddorp (NED) | 423 |
| 7. de Wit Stephen        | 93 | 08-021 | 1:05.11 | 25m | 9-3-14   | Zaandam (NED)   | 402 |
| 8. Gaal Roel             | 01 | 08-021 | 1:05.26 | 25m | 16-11-25 | Purmerend (NED) | 399 |
| 9. Meijer Arno           | 75 | 08-021 | 1:05.55 | 25m | 13-12-98 | Heemskerk (NED) | 394 |
| 10. Kuilman Joris        | 80 | 08-021 | 1:05.67 | 25m | 7-5-00   | Zaandam (NED)   | 392 |
| 11. Kramer Vincent       | 82 | 08-021 | 1:05.70 | 25m | 28-11-04 | Heemskerk (NED) | 391 |
| 12. Schaaper Hans        | 68 | 08-021 | 1:06.30 | 25m | 23-2-92  | Zaandam (NED)   | 381 |
| 13. Verbree John         | 61 | 08-021 | 1:07.90 | 25m | 16-1-83  | Heemskerk (NED) | 355 |
| 14. Essers Tim           | 88 | 08-021 | 1:08.32 | 25m | 15-11-09 | Haarlem (NED)   | 348 |
| 15. Stins Arnold         | 83 | 08-021 | 1:08.51 | 25m | 27-3-03  | Heemskerk       | 345 |
| 16. Kranenburg Fred      | 63 | 08-021 | 1:09.20 | 25m | 13-3-83  | Castricum (NED) | 335 |
| 17. Butter Martijn       | 79 | 08-021 | 1:09.41 | 25m | 17-2-00  | Heemskerk (NED) | 332 |
| 18. Tamis Thijs          | 82 | 08-021 | 1:10.12 | 25m | 28-2-02  | Heemskerk       | 322 |
| 19. Blaauw Mica          | 05 | 08-021 | 1:10.36 | 25m | 19-2-26  | Heemskerk (NED) | 319 |
| 20. van Rookhuizen Barry | 82 | 08-021 | 1:10.51 | 25m | 25-3-04  | Heemskerk       | 317 |
| 21. Tijms Stefan         | 93 | 08-021 | 1:10.58 | 25m | 12-1-14  | Purmerend (NED) | 316 |
| 22. Oudendijk Paul       | 81 | 08-021 | 1:10.59 | 25m | 27-11-05 | Heemskerk (NED) | 315 |
| 23. Crok Pieter          | 91 | 08-021 | 1:11.90 | 25m | 9-3-14   | Zaandam (NED)   | 299 |
| 24. de Vijlder Michael   | 75 | 08-021 | 1:12.10 | 25m | 13-3-97  | Heemskerk (NED) | 296 |
| 25. Palmboom Pascal      | 89 | 08-021 | 1:13.06 | 25m | 15-11-09 | Haarlem (NED)   | 285 |

**200 vlinderslag**

|                          |    |        |         |     |          |                     |     |
|--------------------------|----|--------|---------|-----|----------|---------------------|-----|
| 1. Jongert Jeroen        | 96 | 08-021 | 2:18.01 | 25m | 12-3-17  | Purmerend (NED)     | 486 |
| 2. van der Gracht Jory   | 87 | 08-021 | 2:22.47 | 25m | 25-10-09 | Nieuwegein (NED)    | 442 |
| 3. Jongert Sjoerd        | 01 | 08-021 | 2:27.30 | 25m | 6-4-25   | Purmerend (NED)     | 400 |
| 4. Offringa Rick         | 03 | 08-021 | 2:28.74 | 25m | 8-1-23   | Haarlem (NED)       | 388 |
| 5. Camphuijnder Jasper   | 05 | 08-021 | 2:30.72 | 25m | 16-2-25  | Haarlem (NED)       | 373 |
| 6. Butter Martijn        | 79 | 08-021 | 2:36.78 | 25m | 26-4-01  | Heemskerk (NED)     | 331 |
| 7. Stins Arnold          | 83 | 08-021 | 2:40.06 | 25m | 25-11-04 | Heemskerk (NED)     | 312 |
| 8. Oudendijk Paul        | 81 | 08-021 | 2:42.05 | 25m | 25-11-04 | Heemskerk (NED)     | 300 |
| 9. Meijer Arno           | 75 | 08-021 | 2:42.80 | 25m | 15-6-95  | Heemskerk (NED)     | 296 |
| 10. Essers Tim           | 88 | 08-021 | 2:43.76 | 25m | 14-3-10  | Heemskerk (NED)     | 291 |
| 11. Kuilman Joris        | 80 | 08-021 | 2:52.03 | 25m | 26-4-01  | Heemskerk (NED)     | 251 |
| 12. van Rookhuizen Barry | 82 | 08-021 | 2:54.99 | 25m | 28-11-02 | Heemskerk           | 238 |
| 13. de Vijlder Michael   | 75 | 08-021 | 2:55.40 | 25m | 4-2-96   | Heerhugowaard (NED) | 237 |
| 14. Steenbergen Roderik  | 82 | 08-021 | 2:56.54 | 25m | 27-11-03 | Heemskerk (NED)     | 232 |
| 15. Tamis Thijs          | 82 | 08-021 | 2:58.09 | 25m | 28-11-02 | Heemskerk           | 226 |
| 16. Verbree John         | 61 | 08-021 | 3:03.50 | 25m | 18-4-82  |                     | 207 |
| 17. Blaauw Mica          | 05 | 08-021 | 3:13.98 | 25m | 15-2-26  | Haarlem (NED)       | 175 |

**1000 vlinderslag**

|                   |    |        |          |     |         |               |
|-------------------|----|--------|----------|-----|---------|---------------|
| 1. Offringa Rick  | 03 | 08-021 | 14:33.83 | 25m | 8-1-23  | Haarlem (NED) |
| 2. Jongert Sjoerd | 01 | 08-021 | 17:02.97 | 25m | 8-1-23  | Haarlem (NED) |
| 3. Blaauw Mica    | 05 | 08-021 | 17:48.95 | 25m | 15-2-26 | Haarlem (NED) |

**75 wisselslag****100 wisselslag**

|                         |    |        |         |     |          |                  |     |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick        | 03 | 08-021 | 59.94   | 25m | 9-4-23   | Haarlem (NED)    | 590 |
| 2. Kleijne Barry        | 93 | 08-021 | 1:02.37 | 25m | 23-4-15  | Heemskerk (NED)  | 524 |
| 3. Jongert Jeroen       | 96 | 08-021 | 1:02.56 | 25m | 11-4-19  | Heemskerk (NED)  | 519 |
| 4. Breton Wouter        | 89 | 08-021 | 1:03.41 | 25m | 1-6-09   | Purmerend (NED)  | 499 |
| 5. Jongert Sjoerd       | 01 | 08-021 | 1:03.79 | 25m | 8-5-25   | Heemskerk (NED)  | 490 |
| 6. Oudendijk Paul       | 81 | 08-021 | 1:04.76 | 25m | 7-11-04  | IJmuiden (NED)   | 468 |
| 7. Gaal Roel            | 01 | 08-021 | 1:04.84 | 25m | 3-10-21  | Den Helder (NED) | 466 |
| 8. Gaal Koen            | 99 | 08-021 | 1:05.59 | 25m | 3-10-21  | Den Helder (NED) | 451 |
| 9. Crok Pieter          | 91 | 08-021 | 1:06.27 | 25m | 17-4-14  | Heemskerk (NED)  | 437 |
| 10. de Wit Stephen      | 93 | 08-021 | 1:06.50 | 25m | 17-4-14  | Heemskerk (NED)  | 432 |
| 11. van der Gracht Jory | 87 | 08-021 | 1:06.95 | 25m | 2-1-11   | Hoom (NED)       | 424 |
| 12. Butter Martijn      | 79 | 08-021 | 1:07.10 | 25m | 10-12-00 | Heemskerk (NED)  | 421 |
| 13. Meijer Arno         | 75 | 08-021 | 1:07.20 | 25m | 15-12-96 | Heemskerk (NED)  | 419 |
| 14. van Beek Klaas      | 88 | 08-021 | 1:07.95 | 25m | 28-11-09 | Dongen (NED)     | 405 |
| 15. Blaauw Mica         | 05 | 08-021 | 1:08.12 | 25m | 26-3-26  | Heemskerk (NED)  | 402 |
| 16. Kramer Vincent      | 82 | 08-021 | 1:08.24 | 25m | 7-11-04  | IJmuiden (NED)   | 400 |
| 17. Pover Peter         | 69 | 08-021 | 1:08.30 | 25m | 14-3-91  | Heemskerk (NED)  | 399 |
| 18. Essers Tim          | 88 | 08-021 | 1:09.12 | 25m | 18-12-11 | Zaandam (NED)    | 385 |
| 19. Schaaper Hans       | 68 | 08-021 | 1:09.20 | 25m | 31-12-88 |                  | 384 |
| 19. Keessen Jeroen      | 67 | 08-021 | 1:09.20 | 25m | 9-12-90  | Volendam (NED)   | 384 |
| 21. Kuilman Joris       | 80 | 08-021 | 1:09.53 | 25m | 26-4-01  | Heemskerk (NED)  | 378 |
| 22. Tamis Thijs         | 82 | 08-021 | 1:09.55 | 25m | 24-3-02  | Heemstede        | 378 |
| 23. Hermans Luuk        | 85 | 08-021 | 1:09.70 | 25m | 29-9-05  | Heemskerk (NED)  | 375 |
| 24. Steenbergen Roderik | 82 | 08-021 | 1:10.25 | 25m | 26-9-02  | Heemskerk        | 367 |
| 25. Stins Arnold        | 83 | 08-021 | 1:10.28 | 25m | 25-9-03  | Heemskerk (NED)  | 366 |

**150 wisselslag****200 wisselslag**

|                        |    |        |         |     |          |                  |     |
|------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick       | 03 | 08-021 | 2:11.40 | 25m | 10-4-23  | Haarlem (NED)    | 580 |
| 2. Kleijne Barry       | 93 | 08-021 | 2:17.16 | 25m | 30-3-14  | Zaandam (NED)    | 510 |
| 3. Jongert Jeroen      | 96 | 08-021 | 2:18.71 | 25m | 12-3-17  | Purmerend (NED)  | 493 |
| 4. Oudendijk Paul      | 81 | 08-021 | 2:21.86 | 25m | 13-3-05  | Amsterdam (NED)  | 461 |
| 5. van der Gracht Jory | 87 | 08-021 | 2:24.23 | 25m | 3-4-11   | Zaandam (NED)    | 439 |
| 6. Meijer Arno         | 75 | 08-021 | 2:24.90 | 25m | 26-1-95  | Heemskerk (NED)  | 433 |
| 7. Butter Martijn      | 79 | 08-021 | 2:24.98 | 25m | 25-10-01 | Heemskerk        | 432 |
| 8. de Wit Stephen      | 93 | 08-021 | 2:25.91 | 25m | 30-3-14  | Zaandam (NED)    | 424 |
| 9. Gaal Koen           | 99 | 08-021 | 2:26.24 | 25m | 21-11-21 | Den Helder (NED) | 421 |
| 10. Jongert Sjoerd     | 01 | 08-021 | 2:28.41 | 25m | 26-9-21  | Alkmaar (NED)    | 403 |
| 11. Stins Arnold       | 83 | 08-021 | 2:29.34 | 25m | 16-3-03  | Heemskerk        | 395 |
| 12. van der Ende Mark  | 75 | 08-021 | 2:30.00 | 25m | 7-5-98   | Heemskerk (NED)  | 390 |
| 13. Tamis Thijs        | 82 | 08-021 | 2:30.53 | 25m | 8-9-02   | Heemskerk        | 386 |
| 14. Blaauw Mica        | 05 | 08-021 | 2:30.68 | 25m | 15-3-26  | Heemskerk (NED)  | 385 |
| 15. Schaaper Hans      | 68 | 08-021 | 2:31.20 | 25m | 7-2-88   | Heemskerk (NED)  | 381 |
| 16. Essers Tim         | 88 | 08-021 | 2:31.21 | 25m | 9-4-12   | Haarlem (NED)    | 381 |
| 17. Kranenburg Fred    | 63 | 08-021 | 2:32.00 | 25m | 11-12-83 | Heemskerk (NED)  | 375 |
| 18. Kramer Vincent     | 82 | 08-021 | 2:32.62 | 25m | 28-4-05  | Heemskerk (NED)  | 370 |
| 19. Korzelius Ron      | 65 | 08-021 | 2:33.10 | 25m | 21-5-87  | Heemskerk (NED)  | 367 |
| 20. Kuilman Joris      | 80 | 08-021 | 2:33.14 | 25m | 26-10-00 | Heemskerk (NED)  | 366 |

**200 wisselslag (sinds 21)**

|                         |    |        |         |     |          |                     |     |
|-------------------------|----|--------|---------|-----|----------|---------------------|-----|
| 21. Hermans Luuk        | 85 | 08-021 | 2:33.62 | 25m | 19-3-06  | Heemskerk (NED)     | 363 |
| 22. Steenbergen Roderik | 82 | 08-021 | 2:34.85 | 25m | 30-1-03  | Heemskerk           | 354 |
| 23. Keessen Jeroen      | 67 | 08-021 | 2:35.50 | 25m | 25-11-90 | Heemskerk (NED)     | 350 |
| 24. Verbree John        | 61 | 08-021 | 2:37.20 | 25m | 22-3-81  | Wieringerwerf (NED) | 339 |
| 25. de Vijlder Michael  | 75 | 08-021 | 2:37.40 | 25m | 6-4-97   | Heemskerk (NED)     | 337 |

**300 wisselslag**

|                        |    |        |         |     |          |                 |  |
|------------------------|----|--------|---------|-----|----------|-----------------|--|
| 1. van der Gracht Jory | 87 | 08-021 | 3:47.27 | 25m | 8-11-09  | Zaandam (NED)   |  |
| 2. Oudendijk Paul      | 81 | 08-021 | 3:49.56 | 25m | 30-11-03 | Heemskerk (NED) |  |
| 3. Butter Martijn      | 79 | 08-021 | 3:51.63 | 25m | 23-12-01 | Amsterdam       |  |
| 4. Kuilman Joris       | 80 | 08-021 | 4:02.54 | 25m | 23-1-00  | Heemskerk (NED) |  |
| 5. van der Kroft Barry | 82 | 08-021 | 4:28.82 | 25m | 24-11-02 | Amsterdam       |  |

**400 wisselslag**

|                        |    |        |         |     |         |                 |     |
|------------------------|----|--------|---------|-----|---------|-----------------|-----|
| 1. Butter Martijn      | 79 | 08-021 | 5:07.16 | 25m | 25-2-01 | Heemskerk (NED) | 450 |
| 2. Oudendijk Paul      | 81 | 08-021 | 5:08.08 | 25m | 1-5-05  | Zaandam (NED)   | 446 |
| 3. van der Gracht Jory | 87 | 08-021 | 5:09.36 | 25m | 28-3-10 | Zeist (NED)     | 441 |
| 4. Meijer Arno         | 75 | 08-021 | 5:19.50 | 25m | 8-6-95  | Heemskerk (NED) | 400 |
| 5. Kuilman Joris       | 80 | 08-021 | 5:27.56 | 25m | 30-3-00 | Heemskerk (NED) | 371 |
| 6. Stins Arnold        | 83 | 08-021 | 5:28.55 | 25m | 23-2-03 | Heemskerk       | 368 |
| 7. Tamis Thijs         | 82 | 08-021 | 5:30.36 | 25m | 24-2-02 | Heemskerk       | 362 |
| 8. Beentjes Bastiaan   | 78 | 08-021 | 5:39.11 | 25m | 30-3-00 | Heemskerk (NED) | 334 |
| 9. Verbree John        | 61 | 08-021 | 5:40.00 | 25m | 5-4-81  | Heemskerk (NED) | 332 |
| 10. de Vijlder Michael | 75 | 08-021 | 5:47.30 | 25m | 22-2-97 |                 | 311 |
| 11. Blaauw Mica        | 05 | 08-021 | 6:06.65 | 25m | 12-1-25 | Heemskerk (NED) | 264 |
| 12. Goverde Ad         | 59 | 08-021 | 6:24.90 | 25m | 3-4-82  | Heemskerk (NED) | 229 |