

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag****100 vrije slag****200 vrije slag****250 vrije slag****300 vrije slag****400 vrije slag****500 vrije slag**

1. van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)
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800 vrije slag**1000 vrije slag**

1. Oudendijk Paul	81	08-021	12:59.92	OW	25-6-05	Scheerwolde (NED)
2. Butter Martijn	79	08-021	13:01.20	OW	13-8-00	Eersel (NED)
3. van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)
4. van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)
5. Tijms Stefan	93	08-021	14:46.80	OW	6-7-13	Appeltern (NED)
6. Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)
7. Camphuijnder Jasper	05	08-021	15:20.08	OW	28-6-26	Alkmaar (NED)
8. Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)
9. Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)
10. Goverde Ad	59	08-021	16:00.40	OW	14-6-81	Amstelveen (NED)
11. Beentjes Bastiaan	78	08-021	16:05.38	OW	13-8-00	Eersel (NED)

1250 vrije slag

1500 vrije slag

1. van der Gracht Jory	87	08-021	21:21.66	OW	24-7-10	Anna-Paulowna (NED)
2. Tijms Stefan	93	08-021	23:50.00	OW	17-7-16	Amsterdam (NED)
3. Breton Wouter	89	08-021	24:02.84	OW	25-7-09	Anna Paulowna (NED)

2000 vrije slag

1. Butter Martijn	79	08-021	24:01.31	OW	24-6-01	Breukelen (NED)
2. Oudendijk Paul	81	08-021	25:37.07	OW	28-8-04	Middelburg (NED)
3. Stins Arnold	83	08-021	26:37.14	OW	2-8-03	Strijen (NED)
4. van der Gracht Jory	87	08-021	26:48.10	OW	22-6-08	Breukelen (NED)
5. van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)
6. Tijms Stefan	93	08-021	29:22.55	OW	16-6-13	Spaarnwoude (NED)
7. Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)
8. de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)
9. Kramer Vincent	82	08-021	31:38.51	OW	15-6-03	Spaarnwoude (NED)
10. Tamis Thijs	82	08-021	31:51.74	OW	11-8-02	Stadskanaal (NED)
11. Beentjes Bastiaan	78	08-021	32:06.20	OW	23-7-00	Amsterdam (NED)

2500 vrije slag

1. Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)
2. Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)
3. van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)
4. van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)
5. Stins Arnold	83	08-021	37:20.10	OW	10-7-04	Oss (NED)
6. Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)
7. Tijms Stefan	93	08-021	41:04.98	OW	27-7-14	Medemblik (NED)

3000 vrije slag

1. Butter Martijn	79	08-021	38:17.20	OW	1-7-01	Sluis (NED)
2. Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)
3. Stins Arnold	83	08-021	41:42.17	OW	31-8-03	Oosterhout (NED)
4. van der Gracht Jory	87	08-021	43:54.49	OW	17-8-08	Aalsmeer (NED)
5. de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)
6. van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)
7. Tijms Stefan	93	08-021	46:38.43	OW	21-7-13	Amsterdam (NED)
8. Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)

4000 vrije slag**5000 vrije slag**

1. Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)
2. Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)
3. Stins Arnold	83	08-021	1:11:31.40	OW	7-9-03	Vlissingen (NED)
4. van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)
5. van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)
6. Tijms Stefan	93	08-021	1:15:31.55	OW	16-6-13	Spaarnwoude (NED)

6000 vrije slag

1. van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)
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6500 vrije slag**10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag****100 rugslag****200 rugslag****500 rugslag****25 schoolslag****50 schoolslag****100 schoolslag****200 schoolslag****250 schoolslag****500 schoolslag**

1. Oudendijk Paul	81	08-021	7:29.50	OW	20-7-02	Wijk en Aalburg (NED)
2. van der Gracht Jory	87	08-021	8:59.33	OW	7-7-07	Oss (NED)

800 schoolslag**1000 schoolslag**

1. Oudendijk Paul	81	08-021	15:57.97	OW	30-7-05	Hoorn (NED)
2. Offringa Rick	03	08-021	16:05.71	OW	15-7-23	Amstelveen (NED)
3. Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
4. van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
5. Jongert Sjoerd	01	08-021	19:05.69	OW	15-7-23	Amstelveen (NED)
6. van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)

1250 schoolslag

1500 schoolslag**2000 schoolslag**

1. Oudendijk Paul	81	08-021	28:34.29	OW	10-7-05	Beusichem-Culemborg (NED)
2. Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3. Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4. Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
5. Tijms Stefan	93	08-021	35:03.95	OW	5-7-13	Appeltern (NED)
6. van der Gracht Jory	87	08-021	37:58.93	OW	22-8-10	Stadskanaal (NED)
7. Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)
8. Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)

2500 schoolslag

1. Oudendijk Paul	81	08-021	39:51.80	OW	26-6-04	Scheerwolde (NED)
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3000 schoolslag

1. Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2. Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)

4000 schoolslag

1. Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)
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5000 schoolslag

1. Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag**50 vlinderslag****100 vlinderslag****200 vlinderslag****1000 vlinderslag****75 wisselslag****100 wisselslag****150 wisselslag****200 wisselslag****300 wisselslag**

400 wisselslag