

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag****100 vrije slag****200 vrije slag****250 vrije slag****300 vrije slag****400 vrije slag****500 vrije slag****800 vrije slag****1000 vrije slag**

1. Glorie Daan	88	08-021	12:44.94	OW	8-7-06	Oss (NED)
2. Tijms Stefan	93	08-021	13:22.88	OW	2-7-11	Appeltern (NED)
3. Wolf Gert Jan	65	08-021	16:03.00	OW	30-6-83	Amstelveen (NED)
4. Zwaan Bas	76	08-021	22:33.70	OW	4-9-94	Amsterdam (NED)

1250 vrije slag

1. Tijms Stefan	93	08-021	15:32.19	OW	19-8-11	Leiden (NED)
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1500 vrije slag

1. Glorie Daan	88	08-021	19:34.17	OW	22-7-06	Anna-Paulowna (NED)
2. Tijms Stefan	93	08-021	20:43.77	OW	23-7-11	Anna-Paulowna (NED)

2000 vrije slag

1. Glorie Daan	88	08-021	24:55.21	OW	3-9-06	Vlissingen (NED)
2. Stins Arnold	83	08-021	25:28.66	OW	24-6-01	Breukelen (NED)
3. Butter Martijn	79	08-021	26:09.90	OW	29-6-97	Breukelen (NED)
4. Hogenstijn Peter	84	08-021	26:22.85	OW	23-6-02	Breukelen (NED)
5. Tijms Stefan	93	08-021	27:15.27	OW	3-7-11	Bodegraven (NED)
6. van der Gracht Jory	87	08-021	27:22.21	OW	26-6-05	Breukelen (NED)
7. Oudendijk Paul	81	08-021	27:33.50	OW	18-7-99	Eersel (NED)
8. Kuilman Joris	80	08-021	30:26.40	OW	12-7-98	Amsterdam (NED)
9. Kramer Vincent	82	08-021	31:45.60	OW	18-6-00	Spaarnwoude (NED)

2500 vrije slag

1. Glorie Daan	88	08-021	33:05.56	OW	8-7-06	Oss (NED)
2. Stins Arnold	83	08-021	33:28.61	OW	23-6-01	Scheerwolde (NED)
3. Tijms Stefan	93	08-021	37:30.04	OW	24-7-11	Langedijk (NED)
4. van der Gracht Jory	87	08-021	37:52.89	OW	9-7-05	Oss (NED)
5. Kuijper Alex	08	08-021	43:17.15	OW	28-6-26	Alkmaar (NED)

3000 vrije slag

1. Glorie Daan	88	08-021	39:22.10	OW	15-7-06	Wijk en Aalburg (NED)
2. Stins Arnold	83	08-021	40:01.29	OW	1-7-01	Sluis (NED)
3. Oudendijk Paul	81	08-021	44:09.40	OW	1-8-99	Anna-Paulowna (NED)
4. van der Gracht Jory	87	08-021	45:39.65	OW	23-7-05	Anna-Paulowna (NED)
5. Kramer Vincent	82	08-021	48:57.90	OW	27-8-00	Oosterhout (NED)

4000 vrije slag**5000 vrije slag**

1. Glorie Daan	88	08-021	1:06:44.33	OW	27-8-06	Oosterhout (NED)
2. Stins Arnold	83	08-021	1:08:48.37	OW	7-7-01	Vriezenveen (NED)
3. Tijms Stefan	93	08-021	1:13:19.95	OW	3-7-11	Bodegraven (NED)
4. van der Gracht Jory	87	08-021	1:26:51.13	OW	30-7-05	Hoorn (NED)

6000 vrije slag

1. Glorie Daan	88	08-021	1:19:26.67	OW	9-7-06	Beusichem-Culemborg (NED)
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6500 vrije slag**10000 vrije slag**

1. Glorie Daan	88	08-021	2:19:29.74	OW	26-8-06	Tilburg (NED)
2. Tijms Stefan	93	08-021	2:44:08.00	OW	18-6-11	Vriezenveen (NED)

20000 vrije slag**22000 vrije slag**

1. Glorie Daan	88	08-021	5:10:46.39	OW	12-8-06	Stavoren-Medemblik (NED)
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25 rugslag**50 rugslag****100 rugslag****200 rugslag****500 rugslag****25 schoolslag****50 schoolslag****100 schoolslag****200 schoolslag****250 schoolslag****500 schoolslag****800 schoolslag****1000 schoolslag**

1. Tijms Stefan	93	08-021	17:08.23	OW	9-7-11	Wijk en Aalburg (NED)
2. Zwaan Bas	76	08-021	19:34.50	OW	12-7-94	Harderwijk (NED)

1250 schoolslag**1500 schoolslag****2000 schoolslag**

1. Tijms Stefan	93	08-021	33:47.98	OW	19-6-11	Spaarnwoude (NED)
2. van Duin Peter	65	08-021	35:38.50	OW	30-6-83	Amstelveen (NED)
3. Beentjes Bastiaan	78	08-021	36:33.80	OW	16-6-96	Spaarnwoude (NED)
4. Stam Daniël	79	08-021	37:01.10	OW	15-6-97	Spaarnwoude (NED)
5. Stins Arnold	83	08-021	37:32.61	OW	10-9-01	Roermond (NED)
6. van der Gracht Jory	87	08-021	37:41.02	OW	3-7-05	Bodegraven (NED)

2500 schoolslag**3000 schoolslag**

1. Tijms Stefan	93	08-021	52:30.51	OW	9-7-11	Wijk en Aalburg (NED)
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3000 schoolslag (sinds 2)

2. Stam Daniël	79	08-021	1:03:09.90	OW	21-7-97	Anna-Paulowna (NED)
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4000 schoolslag5000 schoolslag25 vlinderslag50 vlinderslag100 vlinderslag200 vlinderslag1000 vlinderslag75 wisselslag100 wisselslag150 wisselslag200 wisselslag300 wisselslag400 wisselslag