

12 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2026

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen**

1. Ayari Adam	08	08-021	56.43	25m	19-1-20	Zaandam (NED)
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100m borstcrawl benen**25 vrije slag**

1. Meijer Arno	75	08-021	14.40	25m	17-12-87	Heemskerk (NED)	254
2. Schelvis Sjeng	89	08-021	14.62	25m	29-3-01	Heemskerk (NED)	243
3. Gaal Koen	99	08-021	14.81	25m	14-4-11	Heemskerk (NED)	234
4. Druyven Jorrick	94	08-021	14.86	25m	27-4-06	Heemskerk	231
5. Butter Martijn	79	08-021	15.10	25m	16-5-91	Heemskerk (NED)	221
6. Switser René	75	08-021	15.30	25m	17-12-87	Heemskerk (NED)	212
6. de Boer Stephan	83	08-021	15.30	25m	16-3-95	Heemskerk (NED)	212
8. de Roode Jeremiah	99	08-021	15.35	25m	14-4-11	Heemskerk (NED)	210
9. Doodeman Niels	89	08-021	15.48	25m	29-3-01	Heemskerk (NED)	205
10. Arends Martin	81	08-021	15.50	25m	17-6-93	Heemskerk (NED)	204
11. Essers Tim	88	08-021	15.55	25m	4-5-00	Heemskerk (NED)	202
12. de Ruijter Richard	88	08-021	15.60	25m	20-1-00	Heemskerk (NED)	200
13. Schaap Paul	75	08-021	16.00	25m	17-12-87	Heemskerk (NED)	185
14. Palmboom Pascal	89	08-021	16.04	25m	29-3-01	Heemskerk (NED)	184
15. Jong Ron	77	08-021	16.10	25m	31-12-89	Heemskerk (NED)	182
16. Hulshof Patrick	75	08-021	16.40	25m	17-12-87	Heemskerk (NED)	172
16. Stins Arnold	83	08-021	16.40	25m	16-3-95	Heemskerk (NED)	172
18. Vlieland Roy	99	08-021	16.42	25m	30-6-11	Heemskerk (NED)	171
19. de Graaf Peter	76	08-021	16.50	25m	22-3-88	Heemskerk (NED)	169
20. van Rookhuizen Barry	82	08-021	16.60	25m	19-1-94		166
21. de Vries Allard	96	08-021	16.82	25m	29-5-08	Heemskerk (NED)	159
22. Hermans Luuk	85	08-021	16.90	25m	6-2-97	Heemskerk (NED)	157
23. Smit Arend	88	08-021	17.03	25m	4-5-00	Heemskerk (NED)	154
24. Oudendijk Paul	81	08-021	17.20	25m	16-6-93		149
25. van der Gracht Jory	87	08-021	17.30	25m	25-2-99	Heemskerk (NED)	146

50 vrije slag

1. Camphuijnder Jasper	05	08-021	29.17	25m	30-12-17	Leeuwarden (NED)	335
2. Dekker Ruben	93	08-021	29.48	25m	30-12-05	Maastricht (NED)	324
3. Druyven Jorrick	94	08-021	30.10	25m	30-12-06	Maastricht (NED)	304
4. Offringa Rick	03	08-021	30.34	25m	24-9-15	Heemskerk (NED)	297
5. Ayari Adam	08	08-021	30.58	25m	27-9-20	Alkmaar (NED)	290
6. Oortwijn Kalle	05	08-021	30.74	25m	9-11-17	Heemskerk (NED)	286
7. Gaal Roel	01	08-021	31.38	25m	17-11-13	Heemskerk (NED)	269
8. Meijer Arno	75	08-021	31.50	25m	10-12-87	Heemskerk (NED)	266
9. Tijms Stefan	93	08-021	31.56	25m	27-1-05	Heemskerk (NED)	264
10. Crok Pieter	91	08-021	31.89	25m	28-12-03	Maastricht (NED)	256

50 vrije slag (sinds 11)

11. Lamers Koen	91	08-021	31.97	25m	28-12-03	Maastricht (NED)	254
12. Schelvis Sjeng	89	08-021	32.10	25m	18-11-01	Heemskerk	251
13. Kleijne Barry	93	08-021	32.14	25m	13-3-05	Amsterdam (NED)	250
14. de Boer Stephan	83	08-021	32.20	25m	14-12-95	Heemskerk (NED)	249
15. Hagebout Marcel	68	08-021	32.30	25m	31-12-80		246
16. Gaal Koen	99	08-021	32.54	25m	6-11-11	Zaandam (NED)	241
17. van Vegten Teun	01	08-021	32.55	25m	1-4-13	Haarlem (NED)	241
18. Essers Tim	88	08-021	32.64	25m	3-12-00	Zaandam (NED)	239
19. Groen Jarno	01	08-021	32.65	25m	31-10-13	Heemskerk (NED)	238
20. de Ruijter Richard	88	08-021	32.66	25m	3-12-00	Zaandam (NED)	238
21. Kemmeren Ferry	91	08-021	32.70	25m	28-12-03	Maastricht (NED)	237
22. Dekker Matthijs	90	08-021	32.80	25m	22-12-02	Zaandam	235
23. Doodeman Niels	89	08-021	32.98	25m	25-10-01	Heemskerk	231
24. Huisman Rene	69	08-021	33.30	25m	7-11-81	Heemskerk (NED)	225
25. Andeweg Celedonio	76	08-021	33.60	25m	6-10-88	Heemskerk (NED)	219

100 vrije slag

1. Dekker Ruben	93	08-021	1:04.36	25m	28-12-05	Maastricht (NED)	340
2. Druyven Jorrick	94	08-021	1:04.37	25m	10-12-06	Heemskerk (NED)	340
3. Offringa Rick	03	08-021	1:04.45	25m	15-11-15	Purmerend (NED)	339
4. Camphuijnder Jasper	05	08-021	1:05.02	25m	5-11-17	Alkmaar (NED)	330
5. Gaal Roel	01	08-021	1:05.70	25m	17-11-13	Heemskerk (NED)	320
6. Schelvis Sjeng	89	08-021	1:07.62	25m	25-11-01	Alkmaar (NED)	293
7. Meijer Arno	75	08-021	1:08.40	25m	13-12-87	Assendelft (NED)	283
8. Oortwijn Kalle	05	08-021	1:09.05	25m	5-11-17	Alkmaar (NED)	275
9. Tijms Stefan	93	08-021	1:09.17	25m	20-3-05	Heemstede (NED)	274
10. de Ruijter Richard	88	08-021	1:09.58	25m	26-11-00	Alkmaar (NED)	269
11. Nolte Martijn	74	08-021	1:09.90	25m	31-12-86		265
12. Kleijne Barry	93	08-021	1:10.02	25m	28-12-05	Maastricht (NED)	264
13. Lamers Koen	91	08-021	1:10.53	25m	28-12-03	Maastricht (NED)	258
14. Crok Pieter	91	08-021	1:11.77	25m	28-12-03	Maastricht (NED)	245
15. de Boer Stephan	83	08-021	1:11.80	25m	3-12-95	Alkmaar (NED)	245
16. Doodeman Niels	89	08-021	1:11.93	25m	15-4-01	Haarlem (NED)	243
17. Dekker Matthijs	90	08-021	1:12.34	25m	31-3-02	Zaandam	239
18. Gaal Koen	99	08-021	1:12.74	25m	29-5-11	Zaandam (NED)	235
19. Oudendijk Paul	81	08-021	1:13.00	25m	12-12-93	Heemskerk (NED)	233
20. Groen Jarno	01	08-021	1:13.12	25m	17-11-13	Heemskerk (NED)	232
21. Kemmeren Ferry	91	08-021	1:13.28	25m	28-12-03	Maastricht (NED)	230
22. de Boer Tobias	02	08-021	1:13.58	25m	7-12-14	Heemskerk (NED)	227
23. van der Kroft Barry	82	08-021	1:13.70	25m	17-2-94	Heemskerk	226
24. Kramer Vincent	82	08-021	1:13.80	25m	11-12-94	Heemskerk (NED)	225
25. Huisman Rene	69	08-021	1:14.20	25m	1-11-81	Bergen (NED)	222

200 vrije slag

1. Druyven Jorrick	94	08-021	2:21.65	25m	26-11-06	Heemskerk (NED)	345
2. Offringa Rick	03	08-021	2:22.65	25m	6-12-15	Purmerend (NED)	338
3. Dekker Ruben	93	08-021	2:24.47	25m	29-9-05	Heemskerk (NED)	325
4. Camphuijnder Jasper	05	08-021	2:27.58	25m	16-12-17	Eindhoven (NED)	305
5. Schelvis Sjeng	89	08-021	2:32.72	25m	27-9-01	Heemskerk	275
6. Kleijne Barry	93	08-021	2:33.71	25m	28-4-05	Heemskerk (NED)	270
7. Wiegman Stefan	74	08-021	2:33.80	25m	30-11-86	Heemskerk (NED)	269
8. de Ruijter Richard	88	08-021	2:35.34	25m	30-11-00	Heemskerk (NED)	261
9. Nolte Martijn	74	08-021	2:35.70	25m	31-12-86		259
10. Crok Pieter	91	08-021	2:36.45	25m	18-12-03	Heemskerk (NED)	256
11. Lamers Koen	91	08-021	2:36.88	25m	18-12-03	Heemskerk (NED)	254
12. Dekker Matthijs	90	08-021	2:37.36	25m	22-12-02	Zaandam	251
13. Meijer Arno	75	08-021	2:37.50	25m	13-12-87	Assendelft (NED)	251
14. Tijms Stefan	93	08-021	2:38.12	25m	28-4-05	Heemskerk (NED)	248
15. Gaal Koen	99	08-021	2:40.02	25m	3-4-11	Zaandam (NED)	239
16. de Boer Stephan	83	08-021	2:41.60	25m	1-10-95	Heemskerk (NED)	232
17. Groen Jarno	01	08-021	2:41.94	25m	13-10-13	Zaandam (NED)	231
18. Gaal Roel	01	08-021	2:42.89	25m	13-10-13	Zaandam (NED)	227
19. de Boer Tobias	02	08-021	2:42.99	25m	14-12-14	Zaandam (NED)	226
20. van der Kroft Barry	82	08-021	2:43.10	25m	15-10-94		226
21. Koopman Axel	92	08-021	2:44.10	25m	3-10-04	Heemskerk (NED)	222
22. Butter Martijn	79	08-021	2:44.40	25m	3-10-91	Heemskerk (NED)	220
23. Oudendijk Paul	81	08-021	2:44.90	25m	6-11-93		218
24. Doodeman Niels	89	08-021	2:45.02	25m	20-12-01	Heemskerk	218
25. Kemmeren Ferry	91	08-021	2:45.11	25m	18-12-03	Heemskerk (NED)	217

250 vrije slag**300 vrije slag**

1. Druyven Jorrick	94	08-021	4:00.00	25m	18-5-06	Heemskerk (NED)	273
2. Dekker Ruben	93	08-021	4:04.86	25m	23-10-05	Zaandam (NED)	257
3. Kleijne Barry	93	08-021	4:15.27	25m	23-10-05	Zaandam (NED)	227
4. Gaal Koen	99	08-021	4:17.72	25m	28-5-11	Zaandam (NED)	220
5. Schelvis Sjeng	89	08-021	4:22.10	25m	21-1-01	Heemskerk (NED)	210
6. Doodeman Niels	89	08-021	4:29.63	25m	21-1-01	Heemskerk (NED)	192
7. Butter Stijn	11	08-021	4:31.85	25m	12-11-23	Den Helder (NED)	188
8. de Ruijter Richard	88	08-021	4:37.40	25m	23-1-00	Heemskerk (NED)	177
9. Vlieland Roy	99	08-021	4:44.08	25m	28-5-11	Zaandam (NED)	164
10. Essers Tim	88	08-021	4:47.08	25m	23-1-00	Heemskerk (NED)	159
11. Tuinstra Sean	98	08-021	4:47.52	25m	28-2-10	Zaandam (NED)	159
12. Leegwater Liam	11	08-021	4:47.88	25m	12-11-23	Den Helder (NED)	158
13. Kooistra André	88	08-021	4:59.05	25m	23-1-00	Heemskerk (NED)	141
14. Palmboom Pascal	89	08-021	5:07.71	25m	21-1-01	Heemskerk (NED)	129
15. de Vries Allard	96	08-021	5:08.44	25m	7-6-08	Zaandam (NED)	128
16. Litjens Olaf	99	08-021	5:18.14	25m	17-4-11	Zaandam (NED)	117
17. Groot Sander	88	08-021	5:23.81	25m	23-1-00	Heemskerk (NED)	111
18. Apeldoorn Alex	89	08-021	5:48.55	25m	21-1-01	Heemskerk (NED)	89

400 vrije slag

1. Druyven Jorrick	94	08-021	5:00.77	25m	18-11-06	Barneveld (NED)	351
2. Dekker Ruben	93	08-021	5:01.93	25m	18-12-05	Amsterdam (NED)	347
3. Offringa Rick	03	08-021	5:09.34	25m	13-6-15	Zaandam (NED)	323
4. Schelvis Sjeng	89	08-021	5:32.30	25m	31-5-01	Heemskerk (NED)	260
5. Crok Pieter	91	08-021	5:35.86	25m	26-10-03	Zaandam	252
6. Gaal Koen	99	08-021	5:35.91	25m	11-6-11	Purmerend (NED)	252
7. Camphuijnder Jasper	05	08-021	5:38.59	25m	12-11-17	Hoofddorp (NED)	246
8. van der Kroft Barry	82	08-021	5:38.60	25m	20-2-94		246
9. Dekker Matthijs	90	08-021	5:38.69	25m	8-9-02	Heemskerk	246
10. Meijer Arno	75	08-021	5:40.90	25m	29-12-87		241
11. de Ruijter Richard	88	08-021	5:41.96	25m	25-5-00	Heemskerk (NED)	239
12. Kleijne Barry	93	08-021	5:42.08	25m	1-5-05	Zaandam (NED)	238
13. de Boer Stephan	83	08-021	5:43.20	25m	17-12-95	Zaandam (NED)	236
14. Essers Tim	88	08-021	5:48.25	25m	15-10-00	Alkmaar (NED)	226
15. de Boer Tobias	02	08-021	5:51.06	25m	21-12-14	Zaandam (NED)	221
16. Arends Martin	81	08-021	5:51.30	25m	7-2-93	Z.O. Beemster (NED)	220
17. Lamers Koen	91	08-021	5:52.52	25m	26-10-03	Zaandam	218
18. Butter Stijn	11	08-021	5:53.95	25m	10-12-23	Alkmaar (NED)	215
19. Butter Martijn	79	08-021	5:58.30	25m	6-6-91	Heemskerk	207
20. van Rookhuizen Barry	82	08-021	5:58.50	25m	18-12-94	Wormerveer (NED)	207
21. Oudendijk Paul	81	08-021	6:00.90	25m	7-2-93	Z.O. Beemster (NED)	203
22. Doodeman Niels	89	08-021	6:01.52	25m	21-1-01	Heemskerk (NED)	202
23. Kemmeren Ferry	91	08-021	6:03.34	25m	26-10-03	Zaandam	199
24. Gaal Roel	01	08-021	6:03.66	25m	27-1-13	Zaandam (NED)	198
25. Kramer Vincent	82	08-021	6:04.80	25m	13-4-94		196

500 vrije slag**800 vrije slag**

1. Druyven Jorrick	94	08-021	10:11.12	25m	3-12-06	Zaandam (NED)	382
2. Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
3. Dekker Matthijs	90	08-021	11:13.46	25m	1-12-02	Heemskerk	285
4. Schelvis Sjeng	89	08-021	11:26.50	25m	4-11-01	Heemskerk	269
5. Kleijne Barry	93	08-021	11:29.37	25m	1-5-05	Zaandam (NED)	266
6. Crok Pieter	91	08-021	11:30.11	25m	16-11-03	Heemskerk (NED)	265
7. Nolte Martijn	74	08-021	11:32.00	25m	31-12-86		263
8. Meijer Arno	75	08-021	11:32.30	25m	29-12-87		262
9. Lamers Koen	91	08-021	12:01.48	25m	16-2-03	Zaandam	232
10. Gaal Roel	01	08-021	12:13.41	25m	20-10-13	Zaandam (NED)	221
11. Groen Jarno	01	08-021	12:19.03	25m	20-10-13	Zaandam (NED)	216
12. de Boer Tobias	02	08-021	12:29.33	25m	19-10-14	Zaandam (NED)	207
13. Doodeman Niels	89	08-021	12:34.42	25m	11-2-01	Zaandam (NED)	203
14. de Ruijter Richard	88	08-021	12:35.90	25m	5-3-00	Zaandam (NED)	201
15. Butter Stijn	11	08-021	12:41.79	25m	15-10-23	Alkmaar (NED)	197
16. Essers Tim	88	08-021	12:46.32	25m	5-3-00	Zaandam (NED)	193
17. Tuinstra Sean	98	08-021	13:01.98	25m	19-12-10	Zaandam (NED)	182
18. de Rooij Roel	87	08-021	13:05.15	25m	28-2-99	Zaandam (NED)	180
19. Woudsma Stefan	00	08-021	13:42.53	25m	26-2-12	Zaandam (NED)	156
20. Palmboom Pascal	89	08-021	13:47.87	25m	11-2-01	Zaandam (NED)	153
21. de Caluwé Niels	91	08-021	13:58.04	25m	16-11-03	Heemskerk (NED)	148
22. Kooistra André	88	08-021	14:13.46	25m	5-3-00	Zaandam (NED)	140

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Druyven Jorrick	94	08-021	19:31.77	25m	17-12-06	Drachten (NED)	379
2. Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
3. Butter Stijn	11	08-021	24:25.14	25m	3-12-23	Alkmaar (NED)	193
4. Tuinstra Sean	98	08-021	24:36.50	25m	19-12-10	Zaandam (NED)	189

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Druyven Jorrick	94	08-021	16.91	25m	27-4-06	Heemskerk	229
2. Meijer Arno	75	08-021	17.30	25m	17-12-87	Heemskerk (NED)	214
3. Essers Tim	88	08-021	17.98	25m	17-2-00	Heemskerk (NED)	191
4. Doodeman Niels	89	08-021	18.13	25m	22-2-01	Heemskerk (NED)	186
5. Schelvis Sjeng	89	08-021	18.14	25m	22-2-01	Heemskerk (NED)	186
6. Schaap Paul	75	08-021	18.20	25m	17-12-87	Heemskerk (NED)	184
6. Butter Martijn	79	08-021	18.20	25m	16-5-91	Heemskerk (NED)	184
6. Kramer Vincent	82	08-021	18.20	25m	17-2-94	Heemskerk	184
9. Groot Sander	88	08-021	18.41	25m	17-2-00	Heemskerk (NED)	178
10. de Ruijter Richard	88	08-021	18.50	25m	17-2-00	Heemskerk (NED)	175
11. van der Kroft Barry	82	08-021	19.10	25m	17-2-94	Heemskerk	159
12. de Boer Stephan	83	08-021	19.20	25m	16-3-95	Heemskerk (NED)	157
13. Stins Arnold	83	08-021	19.30	25m	16-3-95	Heemskerk (NED)	154
14. Palmboom Pascal	89	08-021	19.38	25m	22-2-01	Heemskerk (NED)	152
15. Switser René	75	08-021	19.80	25m	17-12-87	Heemskerk (NED)	143
15. de Vries Allard	96	08-021	19.80	25m	29-5-08	Heemskerk (NED)	143

25 rugslag (sinds 17)

17. Hoenink Jarl	86	08-021	19.90	25m	15-1-98	Heemskerk (NED)	141
18. Oudendijk Paul	81	08-021	20.00	25m	16-6-93		138
18. Arends Martin	81	08-021	20.00	25m	17-6-93	Heemskerk (NED)	138
20. Hermans Luuk	85	08-021	20.10	25m	13-2-97	Heemskerk (NED)	136
21. de Rooij Roel	87	08-021	20.16	25m	25-3-99	Heemskerk (NED)	135
22. Jong Ron	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	134
23. Kooistra André	88	08-021	20.39	25m	17-2-00	Heemskerk (NED)	131
24. de Boer Daniël	77	08-021	20.40	25m	31-12-89	Heemskerk (NED)	130
25. Borst Corné	96	08-021	20.51	25m	29-5-08	Heemskerk (NED)	128

50 rugslag

1. Dekker Ruben	93	08-021	32.93	25m	27-10-05	Heemskerk (NED)	307
2. Druyven Jorrick	94	08-021	34.21	25m	28-12-06	Maastricht (NED)	274
3. Camphuijnder Jasper	05	08-021	34.70	25m	30-12-17	Leeuwarden (NED)	262
4. Offringa Rick	03	08-021	36.33	25m	15-2-15	Purmerend (NED)	228
5. Essers Tim	88	08-021	36.56	25m	3-12-00	Zaandam (NED)	224
6. Tijms Stefan	93	08-021	36.90	25m	28-3-05	Haarlem (NED)	218
7. Schelvis Sjeng	89	08-021	37.25	25m	29-3-01	Heemskerk (NED)	212
8. Kemmeren Ferry	91	08-021	37.49	25m	28-12-03	Maastricht (NED)	208
9. Gaal Koen	99	08-021	37.81	25m	3-3-11	Heemskerk (NED)	202
10. Kramer Vincent	82	08-021	37.90	25m	16-9-94		201
10. Groen Jarno	01	08-021	37.90	25m	10-11-13	Zaandam (NED)	201
12. Kleijne Barry	93	08-021	38.03	25m	26-5-05	Heemskerk (NED)	199
13. van der Linden René	70	08-021	38.10	25m	31-12-82		198
14. Dekker Matthijs	90	08-021	38.35	25m	1-4-02	Haarlem	194
15. Meijer Arno	75	08-021	38.60	25m	10-12-87	Heemskerk (NED)	190
16. Oortwijn Kalle	05	08-021	38.77	25m	3-12-17	Heemskerk (NED)	188
17. Crok Pieter	91	08-021	39.08	25m	28-12-03	Maastricht (NED)	183
18. van der Kroft Barry	82	08-021	39.20	25m	23-4-94		182
19. Doodeman Niels	89	08-021	39.35	25m	29-11-01	Heemskerk	180
20. Lamers Koen	91	08-021	39.41	25m	28-12-03	Maastricht (NED)	179
21. Koopman Axel	92	08-021	39.43	25m	28-12-04	Maastricht (NED)	178
22. Gaal Roel	01	08-021	39.47	25m	8-9-13	Zaandam (NED)	178
23. Butter Martijn	79	08-021	39.60	25m	13-6-91	Heemskerk (NED)	176
23. de Boer Stephan	83	08-021	39.60	25m	9-11-95	Heemskerk (NED)	176
25. de Ruijter Richard	88	08-021	39.95	25m	3-12-00	Zaandam (NED)	172

100 rugslag

1. Dekker Ruben	93	08-021	1:12.76	25m	2-10-05	Zaandam (NED)	303
2. Druyven Jorrick	94	08-021	1:14.29	25m	29-12-06	Maastricht (NED)	285
3. Offringa Rick	03	08-021	1:15.56	25m	29-11-15	Heemskerk (NED)	271
4. Camphuijnder Jasper	05	08-021	1:16.15	25m	16-12-17	Eindhoven (NED)	264
5. Tijms Stefan	93	08-021	1:17.26	25m	20-2-05	Leiden (NED)	253
6. Essers Tim	88	08-021	1:18.54	25m	8-10-00	Heemskerk (NED)	241
7. Oortwijn Kalle	05	08-021	1:18.89	25m	3-12-17	Heemskerk (NED)	238
8. Kleijne Barry	93	08-021	1:20.85	25m	4-6-05	Zaandam (NED)	221
9. Schelvis Sjeng	89	08-021	1:20.98	25m	11-3-01	Zaandam (NED)	220
10. Gaal Koen	99	08-021	1:21.04	25m	28-5-11	Zaandam (NED)	219
11. Groen Jarno	01	08-021	1:21.60	25m	12-12-13	Heemskerk (NED)	215
12. Nolte Martijn	74	08-021	1:22.40	25m	31-12-86		208
13. Butter Martijn	79	08-021	1:22.70	25m	19-12-91	Heemskerk (NED)	206

100 rugslag (sinds 14)

14. Dekker Matthijs	90	08-021	1:23.40	25m	31-3-02	Zaandam	201
15. Crok Pieter	91	08-021	1:23.69	25m	28-12-03	Maastricht (NED)	199
16. van der Linden René	70	08-021	1:24.20	25m	31-12-82		195
17. Lamers Koen	91	08-021	1:24.68	25m	5-10-03	Heemskerk (NED)	192
18. Hagebout Marcel	68	08-021	1:24.80	25m	16-11-80	Haarlem (NED)	191
19. Kemmeren Ferry	91	08-021	1:24.87	25m	5-10-03	Heemskerk (NED)	191
20. van der Kroft Barry	82	08-021	1:24.90	25m	12-3-94		191
21. Gaal Roel	01	08-021	1:25.08	25m	17-3-13	Zaandam (NED)	189
22. Leegwater Liam	11	08-021	1:25.09	25m	23-4-23	Den Helder (NED)	189
23. Doodeman Niels	89	08-021	1:25.18	25m	16-4-01	Haarlem (NED)	189
24. Meijer Arno	75	08-021	1:25.20	25m	4-10-87	Zaandam (NED)	189
25. de Ruijter Richard	88	08-021	1:25.74	25m	12-3-00	Heemskerk (NED)	185

200 rugslag

1. Camphuijnder Jasper	05	08-021	2:37.37	25m	16-12-17	Eindhoven (NED)	302
2. Offringa Rick	03	08-021	2:47.32	25m	11-10-15	Zaandam (NED)	251
3. Dekker Ruben	93	08-021	2:49.05	25m	16-1-05	Zaandam (NED)	243
4. Essers Tim	88	08-021	2:53.03	25m	19-11-00	Zaandam (NED)	227
4. Gaal Koen	99	08-021	2:53.03	25m	12-6-11	Purmerend (NED)	227
6. Dekker Matthijs	90	08-021	2:53.64	25m	19-12-02	Heemskerk	225
7. Groen Jarno	01	08-021	2:55.33	25m	15-12-13	Zaandam (NED)	218
8. Nolte Martijn	74	08-021	2:57.10	25m	30-11-86	Heemskerk (NED)	212
9. Schelvis Sjeng	89	08-021	2:57.27	25m	14-1-01	Heemskerk (NED)	211
10. Hoenink Jarl	86	08-021	3:02.16	25m	22-11-98	Zaandam (NED)	194
11. Butter Martijn	79	08-021	3:02.30	25m	14-11-91	Heemskerk (NED)	194
12. van der Kroft Barry	82	08-021	3:02.50	25m	20-10-94	Heemskerk (NED)	193
13. Crok Pieter	91	08-021	3:05.08	25m	25-9-03	Heemskerk (NED)	185
14. de Boer Tobias	02	08-021	3:05.30	25m	5-10-14	Zaandam (NED)	185
15. Kramer Vincent	82	08-021	3:05.40	25m	20-10-94	Heemskerk (NED)	184
16. Lamers Koen	91	08-021	3:05.44	25m	25-9-03	Heemskerk (NED)	184
17. van Vegten Teun	01	08-021	3:06.72	25m	15-12-13	Zaandam (NED)	181
18. de Ruijter Richard	88	08-021	3:09.57	25m	14-12-00	Heemskerk (NED)	173
19. Blaauw Xam	07	08-021	3:09.89	25m	6-10-19	Purmerend (NED)	172
20. Blaauw Mica	05	08-021	3:10.91	25m	5-11-17	Alkmaar (NED)	169
21. Vlieland Roy	99	08-021	3:11.58	25m	11-12-11	Zaandam (NED)	167
22. Oudendijk Paul	81	08-021	3:12.00	25m	13-10-93		166
23. de Boer Stephan	83	08-021	3:12.40	25m	8-10-95	Assendelft (NED)	165
24. Kemmeren Ferry	91	08-021	3:12.81	25m	25-9-03	Heemskerk (NED)	164
25. Stins Arnold	83	08-021	3:12.90	25m	8-10-95	Assendelft (NED)	164

500 rugslag

25 schoolslag

1.	de Ruijter Richard	88	08-021	19.18	25m	17-2-00	Heemskerk (NED)	222
2.	Meijer Arno	75	08-021	19.30	25m	17-12-87	Heemskerk (NED)	218
3.	Doodeman Niels	89	08-021	19.38	25m	22-2-01	Heemskerk (NED)	215
4.	de Boer Stephan	83	08-021	19.70	25m	16-3-95	Heemskerk (NED)	205
5.	Druyven Jorrick	94	08-021	19.89	25m	27-4-06	Heemskerk	199
6.	Hoening Jarl	86	08-021	20.00	25m	19-3-98	Heemskerk (NED)	196
7.	Stins Arnold	83	08-021	20.30	25m	16-3-95	Heemskerk (NED)	187
8.	Beentjes Walter	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	184
8.	Palmboom Pascal	89	08-021	20.40	25m	22-2-01	Heemskerk (NED)	184
10.	Switser René	75	08-021	20.50	25m	17-12-87	Heemskerk (NED)	182
10.	Schaap Paul	75	08-021	20.50	25m	17-12-87	Heemskerk (NED)	182
12.	Groot Sander	88	08-021	20.51	25m	17-2-00	Heemskerk (NED)	181
13.	Hulshof Patrick	75	08-021	20.60	25m	17-12-87	Heemskerk (NED)	179
14.	Schelvis Sjeng	89	08-021	20.62	25m	22-2-01	Heemskerk (NED)	178
15.	Essers Tim	88	08-021	20.78	25m	17-2-00	Heemskerk (NED)	174
16.	Oudendijk Paul	81	08-021	21.00	25m	16-6-93		169
17.	Butter Martijn	79	08-021	21.30	25m	16-5-91	Heemskerk (NED)	162
18.	de Roode Jeremiah	99	08-021	21.36	25m	16-1-11	Zaandam (NED)	160
19.	Missot Paul	64	08-021	21.40	25m	14-9-76	Heemskerk (NED)	160
20.	Kooistra André	88	08-021	21.75	25m	17-2-00	Heemskerk (NED)	152
21.	de Rooij Roel	87	08-021	21.78	25m	25-3-99	Heemskerk (NED)	151
22.	Hermans Luuk	85	08-021	21.90	25m	13-3-97	Heemskerk (NED)	149
23.	de Graaf Peter	76	08-021	22.00	25m	22-3-88	Heemskerk (NED)	147
24.	Smit Erik	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	143
24.	Arends Martin	81	08-021	22.20	25m	16-6-93		143

50 schoolslag

1.	Schaaper Bart	73	08-021	38.60	25m	10-11-85		279
2.	Crok Pieter	91	08-021	39.42	25m	27-11-03	Heemskerk (NED)	262
3.	de Ruijter Richard	88	08-021	39.70	25m	14-12-00	Heemskerk (NED)	257
4.	Ayari Adam	08	08-021	41.00	25m	8-10-20	Heemskerk (NED)	233
5.	Druyven Jorrick	94	08-021	41.01	25m	30-11-06	Heemskerk	233
6.	Doodeman Niels	89	08-021	41.43	25m	20-12-01	Heemskerk	226
7.	Essers Tim	88	08-021	41.60	25m	3-12-00	Zaandam (NED)	223
8.	Meijer Arno	75	08-021	41.90	25m	10-12-87	Heemskerk (NED)	218
9.	Kemmeren Ferry	91	08-021	42.06	25m	27-11-03	Heemskerk (NED)	216
10.	Dekker Ruben	93	08-021	42.08	25m	30-12-05	Maastricht (NED)	216
11.	de Boer Stephan	83	08-021	42.60	25m	10-9-95	Assendelft (NED)	208
12.	Offringa Rick	03	08-021	42.79	25m	11-10-15	Zaandam (NED)	205
13.	Andeweg Celedonio	76	08-021	42.90	25m	14-12-88		203
14.	Lamers Koen	91	08-021	43.28	25m	27-11-03	Heemskerk (NED)	198
15.	Hoening Jarl	86	08-021	43.54	25m	24-9-98	Heemskerk (NED)	195
16.	Oudendijk Paul	81	08-021	43.70	25m	13-5-93	Heemskerk (NED)	192
17.	van der Kroft Barry	82	08-021	43.80	25m	23-4-94		191
18.	van Rijn Michael	70	08-021	43.90	25m	31-12-82		190
19.	Missot Paul	64	08-021	44.00	25m	30-3-76	Heemskerk (NED)	188
20.	Schelvis Sjeng	89	08-021	44.14	25m	20-12-01	Heemskerk	187
20.	Koopman Axel	92	08-021	44.14	25m	28-12-04	Maastricht (NED)	187
22.	Kramer Vincent	82	08-021	44.20	25m	20-10-94	Heemskerk (NED)	186
23.	Groen Jarno	01	08-021	44.41	25m	17-11-13	Heemskerk (NED)	183
24.	Oortwijn Kalle	05	08-021	44.44	25m	9-11-17	Heemskerk (NED)	183
25.	Tijms Stefan	93	08-021	44.51	25m	15-5-05	Zuidoost-Beemster (NED)	182

100 schoolslag

1. Schaaper Bart	73	08-021	1:24.20	25m	19-5-85	Alkmaar (NED)	288
2. de Ruijter Richard	88	08-021	1:28.08	25m	13-5-00	Zaandam (NED)	251
3. Ayari Adam	08	08-021	1:28.31	25m	8-10-20	Heemskerk (NED)	249
4. Keessen Jeroen	67	08-021	1:28.60	25m	2-12-79	Zaandam (NED)	247
4. de Boer Stephan	83	08-021	1:28.60	25m	29-10-95	Castricum (NED)	247
6. Oudendijk Paul	81	08-021	1:30.00	25m	12-12-93	Heemskerk (NED)	235
7. van Rijn Michael	70	08-021	1:30.30	25m	7-2-82		233
8. Druyven Jorrick	94	08-021	1:30.32	25m	29-12-06	Maastricht (NED)	233
9. Crok Pieter	91	08-021	1:30.79	25m	28-12-03	Maastricht (NED)	229
10. Andeweg Celedonio	76	08-021	1:31.20	25m	31-12-88		226
10. Essers Tim	88	08-021	1:31.20	25m	7-12-00	Heemskerk (NED)	226
12. Offringa Rick	03	08-021	1:31.33	25m	24-9-15	Heemskerk (NED)	225
13. Doodeman Niels	89	08-021	1:32.58	25m	9-6-01	Zaandam (NED)	216
14. Oortwijn Kalle	05	08-021	1:32.64	25m	9-11-17	Heemskerk (NED)	216
15. Dekker Ruben	93	08-021	1:33.12	25m	29-12-05	Maastricht (NED)	212
16. Camphuijnder Jasper	05	08-021	1:33.69	25m	9-11-17	Heemskerk (NED)	209
17. van Duin Peter	65	08-021	1:33.80	25m	10-12-77	Heemskerk (NED)	208
18. Groen Jarno	01	08-021	1:34.93	25m	17-11-13	Heemskerk (NED)	201
19. Lamers Koen	91	08-021	1:35.18	25m	21-6-03	Zaandam (NED)	199
20. Meijer Arno	75	08-021	1:35.40	25m	29-11-87	Amstelveen (NED)	198
20. Schelvis Sjeng	89	08-021	1:35.40	25m	22-4-01	Heemskerk (NED)	198
22. Koopman Axel	92	08-021	1:35.54	25m	28-12-04	Maastricht (NED)	197
23. Stins Arnold	83	08-021	1:36.10	25m	5-3-95	Heemskerk (NED)	193
24. van Rookhuizen Barry	82	08-021	1:36.30	25m	3-4-94	Haarlem (NED)	192
25. Hoenink Jarl	86	08-021	1:36.45	25m	26-9-98	Assendelft (NED)	191

200 schoolslag

1. de Ruijter Richard	88	08-021	3:06.22	25m	19-11-00	Zaandam (NED)	270
2. de Boer Stephan	83	08-021	3:09.70	25m	9-11-95	Heemskerk (NED)	255
3. Offringa Rick	03	08-021	3:12.04	25m	11-10-15	Zaandam (NED)	246
4. Crok Pieter	91	08-021	3:13.37	25m	30-10-03	Heemskerk	241
5. Oudendijk Paul	81	08-021	3:14.60	25m	25-4-93	Heemskerk (NED)	237
6. Doodeman Niels	89	08-021	3:15.89	25m	29-11-01	Heemskerk	232
7. Essers Tim	88	08-021	3:16.38	25m	19-11-00	Zaandam (NED)	230
8. Druyven Jorrick	94	08-021	3:20.21	25m	19-10-06	Heemskerk	217
9. Lamers Koen	91	08-021	3:21.29	25m	30-10-03	Heemskerk	214
10. van Rookhuizen Barry	82	08-021	3:23.20	25m	24-11-94	Heemskerk (NED)	208
11. Dekker Ruben	93	08-021	3:23.77	25m	27-10-05	Heemskerk (NED)	206
12. Schelvis Sjeng	89	08-021	3:24.15	25m	29-11-01	Heemskerk	205
13. Stins Arnold	83	08-021	3:24.50	25m	24-4-95	Castricum (NED)	204
14. Kemmeren Ferry	91	08-021	3:25.58	25m	30-10-03	Heemskerk	201
15. Koopman Axel	92	08-021	3:25.88	25m	28-11-04	Heemskerk (NED)	200
16. Andeweg Celedonio	76	08-021	3:26.00	25m	8-5-88	Assendelft (NED)	199
17. Arends Martin	81	08-021	3:28.80	25m	7-1-93	Heemskerk (NED)	191
18. de Rooij Roel	87	08-021	3:30.40	25m	16-1-99		187
19. Meijer Arno	75	08-021	3:30.60	25m	15-11-87	Assendelft (NED)	187
20. van der Kroft Barry	82	08-021	3:30.80	25m	24-11-94	Heemskerk (NED)	186
21. van der Gracht Jory	87	08-021	3:31.65	25m	21-11-99	Heemskerk (NED)	184
22. Groen Jarno	01	08-021	3:32.57	25m	13-10-13	Zaandam (NED)	181
23. Palmboom Pascal	89	08-021	3:33.56	25m	29-11-01	Heemskerk	179
24. Switser René	75	08-021	3:33.80	25m	4-10-87	Zaandam (NED)	178
25. Dam Norbert	92	08-021	3:34.74	25m	28-11-04	Heemskerk (NED)	176

250 schoolslag**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Sjeng	89	08-021	15.75	25m	29-3-01	Heemskerk (NED)	248
2. Druyven Jorrick	94	08-021	16.00	25m	27-4-06	Heemskerk	236
3. Meijer Arno	75	08-021	16.70	25m	17-12-87	Heemskerk (NED)	208
4. Essers Tim	88	08-021	17.10	25m	4-5-00	Heemskerk (NED)	194
5. Doodeman Niels	89	08-021	17.91	25m	29-3-01	Heemskerk (NED)	168
6. Schaap Paul	75	08-021	18.00	25m	17-12-87	Heemskerk (NED)	166
7. Butter Martijn	79	08-021	18.60	25m	16-5-91	Heemskerk (NED)	150
7. de Ruijter Richard	88	08-021	18.60	25m	20-1-00	Heemskerk (NED)	150
9. Palmboom Pascal	89	08-021	18.62	25m	29-3-01	Heemskerk (NED)	150
10. Gaal Koen	99	08-021	19.07	25m	30-6-11	Heemskerk (NED)	139
11. van der Gracht Jory	87	08-021	19.38	25m	25-3-99	Heemskerk (NED)	133
12. Jong Ron	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	132
13. Vlieland Roy	99	08-021	19.57	25m	30-6-11	Heemskerk (NED)	129
14. de Boer Stephan	83	08-021	19.60	25m	16-3-95	Heemskerk (NED)	128
15. van Lieshout Martin	76	08-021	20.00	25m	22-3-88	Heemskerk (NED)	121
16. Switser René	75	08-021	20.20	25m	17-12-87	Heemskerk (NED)	117
17. Arends Martin	81	08-021	20.40	25m	16-6-93		114
18. Stins Arnold	83	08-021	20.50	25m	16-3-95	Heemskerk (NED)	112
18. Hoenink Jarl	86	08-021	20.50	25m	15-1-98	Heemskerk (NED)	112
20. de Vries Allard	96	08-021	20.70	25m	29-5-08	Heemskerk (NED)	109
21. Smit Arend	88	08-021	20.71	25m	4-5-00	Heemskerk (NED)	109
22. de Rooij Roel	87	08-021	20.74	25m	25-3-99	Heemskerk (NED)	108
23. Oudendijk Paul	81	08-021	21.30	25m	16-6-93		100
24. Hermans Luuk	85	08-021	21.60	25m	13-2-97	Heemskerk (NED)	96
25. Krijger Jan-Willem	81	08-021	22.10	25m	16-6-93		89

50 vlinderslag

1. Druyven Jorrick	94	08-021	32.66	25m	5-11-06	Zaandam (NED)	297
2. Dekker Ruben	93	08-021	33.18	25m	29-12-05	Maastricht (NED)	283
3. Camphuijnder Jasper	05	08-021	34.23	25m	12-11-17	Hoofddorp (NED)	258
4. Kemmeren Ferry	91	08-021	35.30	25m	18-12-03	Heemskerk (NED)	235
5. Lamers Koen	91	08-021	35.33	25m	18-12-03	Heemskerk (NED)	234
6. Keessen Jeroen	67	08-021	35.80	25m	31-12-79		225
7. Kleijne Barry	93	08-021	35.82	25m	29-12-05	Maastricht (NED)	225
8. Schelvis Sjeng	89	08-021	36.28	25m	22-2-01	Heemskerk (NED)	216
9. Offringa Rick	03	08-021	36.62	25m	29-3-15	Zaandam (NED)	210
10. Kramer Vincent	82	08-021	36.70	25m	24-11-94	Heemskerk (NED)	209
11. Groen Jarno	01	08-021	37.20	25m	8-12-13	Amstelveen (NED)	201
12. Tijms Stefan	93	08-021	37.24	25m	28-3-05	Haarlem (NED)	200
13. Meijer Arno	75	08-021	37.40	25m	10-12-87	Heemskerk (NED)	198
13. Essers Tim	88	08-021	37.40	25m	3-12-00	Zaandam (NED)	198
15. van Rookhuizen Barry	82	08-021	37.70	25m	16-9-94		193
16. Andeweg Celedonio	76	08-021	37.80	25m	31-12-88		191
17. van Vegten Teun	01	08-021	37.94	25m	12-12-13	Heemskerk (NED)	189
18. Crok Pieter	91	08-021	37.99	25m	18-12-03	Heemskerk (NED)	188
19. Ayari Adam	08	08-021	38.41	25m	20-9-20	Haarlem (NED)	182
20. de Roode Jeremiah	99	08-021	39.07	25m	3-4-11	Zaandam (NED)	173
21. Koopman Axel	92	08-021	39.32	25m	28-12-04	Maastricht (NED)	170
22. Oortwijn Kalle	05	08-021	39.52	25m	5-11-17	Alkmaar (NED)	167
23. de Boer Tobias	02	08-021	39.59	25m	30-10-14	Heemskerk (NED)	166
24. Nijland Yorán	05	08-021	40.09	25m	10-12-17	Zaandam (NED)	160
25. de Ruijter Richard	88	08-021	40.22	25m	3-12-00	Zaandam (NED)	159

100 vlinderslag

1. Druyven Jorrick	94	08-021	1:12.43	25m	10-12-06	Heemskerk (NED)	292
2. Dekker Ruben	93	08-021	1:14.25	25m	27-11-05	Heemskerk (NED)	271
3. Camphuijnder Jasper	05	08-021	1:17.36	25m	26-11-17	Purmerend (NED)	240
4. Kemmeren Ferry	91	08-021	1:19.78	25m	9-11-03	Zaandam	218
5. Kleijne Barry	93	08-021	1:22.25	25m	28-12-05	Maastricht (NED)	199
6. Lamers Koen	91	08-021	1:22.45	25m	9-11-03	Zaandam	198
7. Schelvis Sjeng	89	08-021	1:22.79	25m	18-11-01	Heemskerk	195
8. Crok Pieter	91	08-021	1:25.27	25m	28-12-03	Maastricht (NED)	179
9. de Ruijter Richard	88	08-021	1:25.86	25m	10-12-00	Heemskerk (NED)	175
10. Kramer Vincent	82	08-021	1:26.60	25m	6-3-94	Assendelft (NED)	171
11. Schaaper Bart	73	08-021	1:27.00	25m	29-9-85	Heemskerk (NED)	168
12. van Rookhuizen Barry	82	08-021	1:27.70	25m	11-12-94	Heemskerk (NED)	164
13. Essers Tim	88	08-021	1:27.87	25m	10-12-00	Heemskerk (NED)	163
14. Ayari Adam	08	08-021	1:28.29	25m	4-10-20	Heemskerk (NED)	161
15. Doodeman Niels	89	08-021	1:28.57	25m	16-4-01	Haarlem (NED)	159
16. de Boer Stephan	83	08-021	1:28.60	25m	16-11-95	Heemskerk (NED)	159
17. Offringa Rick	03	08-021	1:29.55	25m	4-10-15	Purmerend (NED)	154
18. Tijms Stefan	93	08-021	1:29.99	25m	5-6-05	Zaandam (NED)	152
19. Hagebout Marcel	68	08-021	1:32.90	25m	31-5-80	Heemskerk (NED)	138
20. Koopman Axel	92	08-021	1:33.28	25m	28-11-04	Heemskerk (NED)	136
21. van Vegten Teun	01	08-021	1:33.66	25m	10-11-13	Zaandam (NED)	135
22. Groen Jarno	01	08-021	1:34.60	25m	9-6-13	Zaandam (NED)	131
23. van der Kroft Barry	82	08-021	1:35.10	25m	5-3-94		129
24. Meijer Arno	75	08-021	1:35.20	25m	8-11-87	Heemskerk (NED)	128
25. Missot Paul	64	08-021	1:35.40	25m	31-12-76		128

200 vlinderslag

1. Druyven Jorrick	94	08-021	2:43.64	25m	30-11-06	Heemskerk	291
2. Kemmeren Ferry	91	08-021	3:01.95	25m	27-11-03	Heemskerk (NED)	212
3. Crok Pieter	91	08-021	3:02.41	25m	27-11-03	Heemskerk (NED)	210
4. Lamers Koen	91	08-021	3:15.40	25m	27-11-03	Heemskerk (NED)	171
5. de Boer Tobias	02	08-021	3:42.54	25m	14-12-14	Zaandam (NED)	116
6. Vlieland Roy	99	08-021	4:00.45	25m	11-12-11	Zaandam (NED)	92
7. Tuinstra Sean	98	08-021	4:09.01	25m	12-12-10	Zaandam (NED)	82

1000 vlinderslag**75 wisselslag**

1. Meskhy Andro	14	08-021	2:02.56	25m	21-5-26	Heemskerk (NED)
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100 wisselslag

1. Druyven Jorrick	94	08-021	1:13.84	25m	30-12-06	Maastricht (NED)	316
2. Dekker Ruben	93	08-021	1:14.36	25m	29-9-05	Heemskerk (NED)	309
3. Camphuijnder Jasper	05	08-021	1:16.03	25m	29-12-17	Leeuwarden (NED)	289
4. Offringa Rick	03	08-021	1:17.70	25m	23-4-15	Heemskerk (NED)	271
5. Schelvis Sjeng	89	08-021	1:18.54	25m	25-11-01	Alkmaar (NED)	262
6. Ayari Adam	08	08-021	1:19.20	25m	4-10-20	Heemskerk (NED)	256
7. Meijer Arno	75	08-021	1:19.90	25m	17-12-87	Heemskerk (NED)	249
8. Kleijne Barry	93	08-021	1:20.32	25m	11-12-05	Heemskerk (NED)	245
9. Lamers Koen	91	08-021	1:20.70	25m	25-9-03	Heemskerk (NED)	242
10. Oortwijn Kalle	05	08-021	1:21.56	25m	15-10-17	Alkmaar (NED)	234
11. Nolte Martijn	74	08-021	1:21.60	25m	20-12-86	Hilversum (NED)	234
12. Crok Pieter	91	08-021	1:22.02	25m	28-12-03	Maastricht (NED)	230
13. de Boer Stephan	83	08-021	1:22.40	25m	3-12-95	Alkmaar (NED)	227
14. de Ruijter Richard	88	08-021	1:22.87	25m	26-11-00	Alkmaar (NED)	223
15. Doodeman Niels	89	08-021	1:22.93	25m	27-9-01	Heemskerk	223
16. Groen Jarno	01	08-021	1:23.10	25m	6-10-13	Heemskerk (NED)	221
17. Tijms Stefan	93	08-021	1:23.20	25m	27-1-05	Heemskerk (NED)	220
18. Kemmeren Ferry	91	08-021	1:23.25	25m	25-9-03	Heemskerk (NED)	220
19. Andeweg Celedonio	76	08-021	1:23.40	25m	31-12-88		219
20. Koopman Axel	92	08-021	1:23.89	25m	28-12-04	Maastricht (NED)	215
21. van der Kroft Barry	82	08-021	1:24.40	25m	19-11-94		211
22. Hagebout Marcel	68	08-021	1:24.80	25m	8-11-80	Heemskerk (NED)	208
22. Kramer Vincent	82	08-021	1:24.80	25m	23-4-94		208
24. Gaal Koen	99	08-021	1:25.71	25m	14-4-11	Heemskerk (NED)	202
25. Hoenink Jarl	86	08-021	1:26.02	25m	13-12-98	Heemskerk (NED)	199

150 wisselslag

200 wisselslag

1. Druyven Jorrick	94	08-021	2:39.81	25m	14-12-06	Heemskerk (NED)	322
2. Dekker Ruben	93	08-021	2:42.44	25m	5-6-05	Zaandam (NED)	307
3. Offringa Rick	03	08-021	2:45.62	25m	14-6-15	Zaandam (NED)	290
4. Camphuijnder Jasper	05	08-021	2:48.85	25m	11-11-17	Hoofddorp (NED)	273
5. Schaaper Bart	73	08-021	2:50.00	25m	8-12-85	Heemskerk (NED)	268
6. Schelvis Sjeng	89	08-021	2:52.68	25m	1-4-01	Zaandam (NED)	255
7. Tijms Stefan	93	08-021	2:54.11	25m	30-1-05	Zaandam (NED)	249
8. Kleijne Barry	93	08-021	2:55.00	25m	30-1-05	Zaandam (NED)	245
9. Meijer Arno	75	08-021	2:55.30	25m	20-12-87	(NED)	244
10. Crok Pieter	91	08-021	2:55.55	25m	26-10-03	Zaandam	243
11. Oortwijn Kalle	05	08-021	2:56.76	25m	11-11-17	Hoofddorp (NED)	238
12. de Boer Stephan	83	08-021	2:59.60	25m	14-12-95	Heemskerk (NED)	227
13. de Ruijter Richard	88	08-021	2:59.87	25m	5-11-00	Zaandam (NED)	226
14. Lamers Koen	91	08-021	3:00.19	25m	23-2-03	Heemskerk	225
15. Essers Tim	88	08-021	3:00.51	25m	30-3-00	Heemskerk (NED)	224
16. Hagebout Marcel	68	08-021	3:01.00	25m	31-12-80		222
17. Kemmeren Ferry	91	08-021	3:02.23	25m	26-10-03	Zaandam	217
18. Nolte Martijn	74	08-021	3:02.50	25m	31-12-86		216
18. van der Kroft Barry	82	08-021	3:02.50	25m	12-3-94		216
20. Doodeman Niels	89	08-021	3:02.68	25m	16-9-01	Zaandam (NED)	216
21. Dekker Matthijs	90	08-021	3:03.09	25m	24-2-02	Heemskerk	214
22. Groen Jarno	01	08-021	3:04.10	25m	20-10-13	Zaandam (NED)	211
23. Oudendijk Paul	81	08-021	3:04.80	25m	27-11-93		208
24. Koopman Axel	92	08-021	3:05.62	25m	28-3-04	Zaandam (NED)	206
25. Hoenink Jarl	86	08-021	3:07.09	25m	11-10-98	Alkmaar (NED)	201

300 wisselslag

1. Schelvis Sjeng	89	08-021	4:33.34	25m	23-12-01	Amsterdam
2. Kemmeren Ferry	91	08-021	4:42.86	25m	30-11-03	Heemskerk (NED)
3. Lamers Koen	91	08-021	4:43.82	25m	30-11-03	Heemskerk (NED)
4. Doodeman Niels	89	08-021	4:51.89	25m	23-12-01	Amsterdam
5. de Caluwé Niels	91	08-021	5:31.40	25m	30-11-03	Heemskerk (NED)

400 wisselslag

1. Druyven Jorrick	94	08-021	6:07.38	25m	15-6-06	Heemskerk (NED)	263
2. Oudendijk Paul	81	08-021	6:27.40	25m	10-10-93		224
3. Vlieland Roy	99	08-021	7:17.86	25m	12-6-11	Purmerend (NED)	155