

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)	158
2. Hoekstra Eline	03	08-021	19.80	25m	13-11-11	Zaandam (NED)	147
3. van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)	125
4. Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)	118
5. van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)	112
6. Dijkstra Pascal	89	08-021	21.90	25m	23-1-97	Heemskerk	108
7. Essers Sanne	91	08-021	22.03	25m	10-10-99	Zaandam (NED)	107
8. Butter Noor	16	08-021	23.08	25m	4-4-24	Heemskerk (NED)	93
9. van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)	87
10. Haack Fenna	16	08-021	24.22	25m	21-4-24	Krommenie (NED)	80
11. de Haan Shira	00	08-021	24.40	25m	29-5-08	Heemskerk (NED)	78
12. Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)	71
13. van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)	63
14. Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)	60
15. van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
16. Wieman Lianne	03	08-021	29.06	25m	30-6-11	Heemskerk (NED)	46
17. Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)	46
18. Dekker Jane	17	08-021	29.38	25m	8-5-25	Heemskerk (NED)	45
19. Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)	45
20. Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
20. van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
22. Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	39
23. van Laarhoven Salome	15	08-021	31.31	25m	7-12-23	Heemskerk (NED)	37
24. van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)	36
25. Zijlstra Mariëlle	83	08-021	31.70	25m	16-5-91	Heemskerk (NED)	35

50 vrije slag

1. Stel Kaylin	01	08-021	41.61	25m	22-11-09	Zaandam (NED)	167
2. Dekker Elise	97	08-021	42.70	25m	27-3-05	Haarlem (NED)	154
3. Renkema Iris	04	08-021	43.26	25m	2-12-12	Amstelveen (NED)	148
4. van Rijn Eline	07	08-021	44.66	25m	13-12-15	Zaandam (NED)	135
5. van Honk Chantal	80	08-021	45.10	25m	14-12-88		131
6. Butter Noor	16	08-021	45.34	25m	20-10-24	Heemskerk (NED)	129
7. Banks Riley	17	08-021	46.26	25m	27-2-25	Heemskerk (NED)	121
8. Essers Sanne	91	08-021	46.75	25m	14-11-99	Zaandam (NED)	117
9. Steenkamp Ciska	90	08-021	47.00	25m	26-11-98	Heemskerk (NED)	116
10. van Ederen Jasmijn	10	08-021	47.07	25m	16-9-18	Alkmaar (NED)	115
11. van der Horst Wendy	72	08-021	47.80	25m	28-9-80	Zaandam (NED)	110

50 vrije slag (sinds 12)

12. Haack Zowi	18	08-021	47.84	25m	5-4-26	Haarlem (NED)	110
13. Hoekstra Eline	03	08-021	47.88	25m	20-11-11	Zaandam (NED)	109
13. Oliveira Rocha Yara	17	08-021	47.88	25m	27-2-25	Heemskerk (NED)	109
15. Scholten Britt	04	08-021	49.43	25m	4-11-12	Heemstede (NED)	99
16. van Perlo Carla	75	08-021	49.60	25m	11-12-83	Heemskerk (NED)	98
17. Dijkstra Pascal	89	08-021	50.10	25m	30-3-97	Haarlem (NED)	95
18. Haack Fenna	16	08-021	50.13	25m	20-10-24	Heemskerk (NED)	95
19. Teufer Irene	96	08-021	50.15	25m	21-11-04	Zaandam (NED)	95
20. de Haan Shira	00	08-021	50.23	25m	23-11-08	Zaandam (NED)	95
21. Copier Alyssa	04	08-021	51.03	25m	4-11-12	Heemstede (NED)	90
22. de Boer Isabel	06	08-021	51.04	25m	16-11-14	Zaandam (NED)	90
23. van Perlo Ingrid	73	08-021	51.10	25m	7-11-81	Heemskerk (NED)	90
24. Hoekstra Femke	05	08-021	51.43	25m	31-10-13	Heemskerk (NED)	88
25. Koopman Anitra	89	08-021	53.90	25m	6-11-97	Heemskerk (NED)	76

100 vrije slag

1. Stel Kaylin	01	08-021	1:31.41	25m	13-12-09	Zaandam (NED)	166
2. Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)	163
3. van Rijn Eline	07	08-021	1:37.22	25m	13-12-15	Zaandam (NED)	138
4. van der Horst Wendy	72	08-021	1:38.60	25m	16-11-80	Haarlem (NED)	132
5. Renkema Iris	04	08-021	1:39.67	25m	9-12-12	Zaandam (NED)	128
6. Essers Sanne	91	08-021	1:39.71	25m	19-12-99	Wormerveer (NED)	127
7. van Leeuwen Andrea	71	08-021	1:41.90	25m	7-10-79	Heemskerk (NED)	119
8. Haack Zowi	18	08-021	1:42.76	25m	19-4-26	Den Helder (NED)	116
9. Steenkamp Ciska	90	08-021	1:45.76	25m	17-12-98	Heemskerk (NED)	107
10. van Ederen Jasmijn	10	08-021	1:46.61	25m	28-10-18	Den Helder (NED)	104
11. Copier Alyssa	04	08-021	1:47.35	25m	9-12-12	Zaandam (NED)	102
12. Scholten Britt	04	08-021	1:49.01	25m	9-12-12	Zaandam (NED)	97
13. van Perlo Carla	75	08-021	1:49.30	25m	10-4-83	Heemskerk (NED)	97
14. van Honk Chantal	80	08-021	1:50.20	25m	6-10-88	Heemskerk (NED)	94
15. de Boer Isabel	06	08-021	1:50.57	25m	14-12-14	Zaandam (NED)	93
16. Kleijne Daisy	89	08-021	1:51.90	25m	11-12-97	Heemskerk (NED)	90
17. de Haan Shira	00	08-021	1:53.21	25m	14-12-08	Zaandam (NED)	87
18. Haack Fenna	16	08-021	1:54.78	25m	15-12-24	Amsterdam (NED)	83
19. Koopman Anitra	89	08-021	1:55.80	25m	11-12-97	Heemskerk (NED)	81
20. Butter Noor	16	08-021	1:55.95	25m	29-9-24	Krommenie (NED)	81
21. Dijkstra Pascal	89	08-021	1:57.90	25m	12-10-97	Assendelft (NED)	77
22. Pover Ellen	72	08-021	2:09.50	25m	12-10-80	Wormerveer (NED)	58
23. Janssen Tess	89	08-021	2:15.40	25m	11-12-97	Heemskerk (NED)	51
24. Morianner Susanna	72	08-021	2:22.40	25m	8-11-80	Heemskerk (NED)	43

200 vrije slag

1. Stel Kaylin	01	08-021	3:23.95	25m	26-10-09	Haarlem (NED)	158
2. Dekker Elise	97	08-021	3:42.72	25m	23-10-05	Zaandam (NED)	121
3. Haack Zowi	18	08-021	4:01.95	25m	19-2-26	Heemskerk (NED)	95
4. Essers Sanne	91	08-021	4:07.54	25m	24-10-99	Zaandam (NED)	88
5. Steenkamp Ciska	90	08-021	4:08.20	25m	19-3-98	Heemskerk (NED)	88

250 vrije slag

300 vrije slag

1. Stel Kaylin	01	08-021	5:27.33	25m	8-11-09	Zaandam (NED)	146
----------------	----	--------	---------	-----	---------	---------------	-----

400 vrije slag

500 vrije slag

800 vrije slag

1000 vrije slag

1250 vrije slag

1500 vrije slag

2000 vrije slag

2500 vrije slag

3000 vrije slag

4000 vrije slag

5000 vrije slag

6000 vrije slag

6500 vrije slag

10000 vrije slag

20000 vrije slag

22000 vrije slag

25 rugslag

1. Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)	142
2. van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)	139
3. van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)	127
4. van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)	114
5. Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)	110
6. Butter Noor	16	08-021	25.25	25m	3-3-24	Krommenie (NED)	109
7. Steenkamp Ciska	90	08-021	26.30	25m	15-1-98	Heemskerk (NED)	96
8. Hoekstra Eline	03	08-021	26.60	25m	25-9-11	Hoorn (NED)	93
9. Dijkstra Pascal	89	08-021	27.00	25m	13-2-97	Heemskerk (NED)	89
10. Buur Naomi	01	08-021	27.16	25m	27-9-09	Hoorn (NED)	87
11. Haack Fenna	16	08-021	27.38	25m	3-3-24	Krommenie (NED)	85
12. Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoorn (NED)	83
13. Pover Ellen	72	08-021	27.80	25m	16-3-80	Heemskerk (NED)	82
14. de Haan Shira	00	08-021	30.24	25m	29-5-08	Heemskerk (NED)	63
15. Essers Sanne	91	08-021	30.92	25m	25-3-99	Heemskerk (NED)	59
16. van den Heuvel Sandra	80	08-021	31.40	25m	31-12-88		56
17. van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)	52
18. de Reuver Babette	18	08-021	32.21	25m	26-3-26	Heemskerk (NED)	52
19. van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)	44
20. Zijlstra Mariëlle	83	08-021	35.10	25m	16-5-91	Heemskerk (NED)	40
21. van Roon Lexie	18	08-021	36.03	25m	19-4-26	Den Helder (NED)	37
22. Faatels Nora	18	08-021	42.94	25m	26-3-26	Heemskerk (NED)	22
23. Roling Nora	15	08-021	43.85	25m	30-3-23	Heemskerk (NED)	20
24. Schrauwen Riva	18	08-021	52.23	25m	26-3-26	Heemskerk (NED)	12

50 rugslag

1. Stel Kaylin	01	08-021	45.67	25m	25-10-09	Nieuwegein (NED)	177
2. Dekker Elise	97	08-021	47.63	25m	2-10-05	Zaandam (NED)	156
3. van Ederen Jasmijn	10	08-021	50.52	25m	28-10-18	Den Helder (NED)	131
4. Haack Zowi	18	08-021	51.00	25m	19-4-26	Den Helder (NED)	127
5. Butter Noor	16	08-021	51.09	25m	20-10-24	Heemskerk (NED)	126
6. van Rijn Eline	07	08-021	51.59	25m	22-11-15	Haarlem (NED)	123
7. Steenkamp Ciska	90	08-021	51.69	25m	29-10-98	Heemskerk (NED)	122
8. Scholten Britt	04	08-021	51.94	25m	4-11-12	Heemstede (NED)	120
9. van Honk Chantal	80	08-021	52.00	25m	15-12-88	Heemskerk (NED)	120
10. Hoekstra Eline	03	08-021	53.34	25m	18-12-11	Zaandam (NED)	111
11. Renkema Iris	04	08-021	53.85	25m	13-12-12	Heemskerk (NED)	108
12. Copier Alyssa	04	08-021	54.85	25m	4-11-12	Heemstede (NED)	102
13. Haack Fenna	16	08-021	55.37	25m	20-10-24	Heemskerk (NED)	99
14. van der Horst Wendy	72	08-021	55.60	25m	28-9-80	Zaandam (NED)	98
15. Essers Sanne	91	08-021	55.68	25m	14-11-99	Zaandam (NED)	97
16. Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)	96
17. Dijkstra Pascal	89	08-021	56.80	25m	13-3-97	Heemskerk (NED)	92
18. de Haan Shira	00	08-021	57.28	25m	23-11-08	Zaandam (NED)	90
19. Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)	88
20. van Perlo Ingrid	73	08-021	57.90	25m	7-11-81	Heemskerk (NED)	87
21. Huisman Jolanda	68	08-021	58.50	25m	7-12-76	Heemskerk (NED)	84
22. van den Heuvel Sandra	80	08-021	58.60	25m	14-12-88		84
23. Koopman Anitra	89	08-021	58.90	25m	9-10-97	Heemskerk (NED)	82
24. Buur Naomi	01	08-021	59.75	25m	24-9-09	Heemskerk (NED)	79
25. van Giezen Corina	68	08-021	59.80	25m	7-12-76	Heemskerk (NED)	79

100 rugslag

1. Stel Kaylin	01	08-021	1:36.87	25m	13-12-09	Zaandam (NED)	183
2. Dekker Elise	97	08-021	1:45.61	25m	9-10-05	Zaandam (NED)	141
3. Haack Zowi	18	08-021	1:45.97	25m	19-4-26	Den Helder (NED)	140
4. van Rijn Eline	07	08-021	1:46.14	25m	13-12-15	Zaandam (NED)	139
5. Renkema Iris	04	08-021	1:49.61	25m	13-12-12	Heemskerk (NED)	126
6. Scholten Britt	04	08-021	1:51.93	25m	13-12-12	Heemskerk (NED)	118
7. Steenkamp Ciska	90	08-021	1:53.81	25m	4-10-98	Haarlem (NED)	113
8. Copier Alyssa	04	08-021	1:57.25	25m	9-12-12	Zaandam (NED)	103
9. van Ederen Jasmijn	10	08-021	1:59.12	25m	29-11-18	Heemskerk (NED)	98
10. van der Horst Wendy	72	08-021	1:59.70	25m	12-10-80	Wormerveer (NED)	97
11. van Perlo Ingrid	73	08-021	2:01.20	25m	28-11-81	Heemskerk (NED)	93
12. Pover Ellen	72	08-021	2:01.40	25m	2-11-80	Castricum (NED)	93
13. Hoekstra Eline	03	08-021	2:01.68	25m	17-11-11	Heemskerk (NED)	92
14. Essers Sanne	91	08-021	2:01.81	25m	16-12-99	Heemskerk	92
15. Dijkstra Pascal	89	08-021	2:02.20	25m	11-9-97	Heemskerk (NED)	91
16. de Boer Isabel	06	08-021	2:03.32	25m	14-12-14	Zaandam (NED)	88
17. Teufer Irene	96	08-021	2:06.28	25m	23-12-04	Heemskerk (NED)	82
18. Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)	78
19. van Leeuwen Andrea	71	08-021	2:11.60	25m	4-11-79	Zaandam (NED)	73
20. Koopman Anitra	89	08-021	2:16.70	25m	11-9-97	Heemskerk (NED)	65
21. Wieman Lianne	03	08-021	2:18.96	25m	17-11-11	Heemskerk (NED)	62
22. de Haan Shira	00	08-021	2:20.53	25m	25-9-08	Heemskerk (NED)	60
23. Rodenburg Kyra	96	08-021	2:34.59	25m	23-12-04	Heemskerk (NED)	45
24. Morianner Susanna	72	08-021	2:40.10	25m	4-10-80	Heemskerk (NED)	40
25. Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)	39

200 rugslag**500 rugslag****25 schoolslag**

1. Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
1. van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
3. van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)	132
4. Steenkamp Ciska	90	08-021	26.20	25m	19-3-98	Heemskerk (NED)	131
5. Dijkstra Pascal	89	08-021	26.30	25m	13-3-97	Heemskerk (NED)	129
6. Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)	126
7. van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)	122
8. Essers Sanne	91	08-021	27.04	25m	21-11-99	Heemskerk (NED)	119
9. Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)	117
10. de Haan Shira	00	08-021	27.37	25m	13-4-08	Hoorndijk (NED)	115
11. Butter Noor	16	08-021	27.44	25m	21-4-24	Krommenie (NED)	114
12. Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
12. Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
14. van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)	112
15. van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)	105
16. Hoekstra Eline	03	08-021	28.50	25m	30-6-11	Heemskerk (NED)	102
17. Haack Fenna	16	08-021	29.10	25m	21-4-24	Krommenie (NED)	95
18. Zijlstra Mariëlle	83	08-021	29.50	25m	16-5-91	Heemskerk (NED)	92
19. van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)	90
20. Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)	86

25 schoolslag (sinds 21)

20.	van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)	86
22.	Wieman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)	83
23.	Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	80
24.	Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
25.	Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)	78

50 schoolslag

1.	van Honk Chantal	80	08-021	51.30	25m	15-12-88	Heemskerk (NED)	174
2.	Teufer Irene	96	08-021	52.50	25m	21-11-04	Zaandam (NED)	162
3.	Steenkamp Ciska	90	08-021	52.80	25m	8-11-98	Zaandam (NED)	159
4.	Butter Noor	16	08-021	54.07	25m	20-10-24	Heemskerk (NED)	148
5.	Stel Kaylin	01	08-021	54.70	25m	24-10-09	Nieuwegein (NED)	143
6.	Dijkstra Pascal	89	08-021	54.80	25m	11-9-97	Heemskerk (NED)	142
7.	Hoekstra Eline	03	08-021	55.82	25m	20-11-11	Zaandam (NED)	135
8.	van Rijn Eline	07	08-021	56.15	25m	11-10-15	Zaandam (NED)	132
9.	van Ederen Jasmijn	10	08-021	56.26	25m	28-10-18	Den Helder (NED)	131
10.	Renkema Iris	04	08-021	56.79	25m	18-11-12	Zaandam (NED)	128
11.	Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)	127
12.	Essers Sanne	91	08-021	56.96	25m	7-11-99	Zaandam (NED)	127
13.	de Haan Shira	00	08-021	57.09	25m	7-12-08	Zaandam (NED)	126
14.	Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)	116
15.	Oliveira Rocha Yara	17	08-021	58.85	25m	27-2-25	Heemskerk (NED)	115
16.	van den Heuvel Sandra	80	08-021	59.40	25m	15-12-88	Heemskerk (NED)	112
17.	Scholten Britt	04	08-021	1:00.56	25m	4-11-12	Heemstede (NED)	105
18.	Haack Zowi	18	08-021	1:00.70	25m	5-4-26	Haarlem (NED)	105
19.	Koopman Anitra	89	08-021	1:01.00	25m	11-9-97	Heemskerk (NED)	103
20.	Pover Ellen	72	08-021	1:01.80	25m	4-10-80	Heemskerk (NED)	99
21.	Haack Fenna	16	08-021	1:02.20	25m	15-12-24	Amsterdam (NED)	97
22.	Janssen Tess	89	08-021	1:02.70	25m	11-12-97	Heemskerk (NED)	95
23.	de Boer Isabel	06	08-021	1:03.16	25m	16-11-14	Zaandam (NED)	93
24.	van der Horst Wendy	72	08-021	1:03.20	25m	4-10-80	Heemskerk (NED)	93
25.	Buur Naomi	01	08-021	1:04.18	25m	8-11-09	Heemstede (NED)	88

100 schoolslag

1.	van Leeuwen Andrea	71	08-021	1:51.60	25m	25-11-79	Heemskerk (NED)	174
2.	Steenkamp Ciska	90	08-021	1:54.20	25m	29-10-98	Heemskerk (NED)	162
3.	Stel Kaylin	01	08-021	1:54.56	25m	19-11-09	Heemskerk (NED)	161
4.	Teufer Irene	96	08-021	1:57.67	25m	28-10-04	Heemskerk (NED)	148
5.	van Rijn Eline	07	08-021	2:00.80	25m	11-10-15	Zaandam (NED)	137
6.	Butter Noor	16	08-021	2:00.84	25m	26-9-24	Heemskerk (NED)	137
7.	Dijkstra Pascal	89	08-021	2:01.00	25m	14-12-97	Zaandam (NED)	136
8.	van der Horst Wendy	72	08-021	2:02.50	25m	21-9-80	Heemskerk (NED)	131
8.	de Haan Shira	00	08-021	2:02.50	25m	12-10-08	Zaandam (NED)	131
10.	Essers Sanne	91	08-021	2:03.63	25m	19-12-99	Wormerveer (NED)	128
11.	Pover Ellen	72	08-021	2:03.70	25m	21-9-80	Heemskerk (NED)	128
12.	Renkema Iris	04	08-021	2:04.38	25m	2-12-12	Amstelveen (NED)	126
13.	Koopman Anitra	89	08-021	2:07.20	25m	9-10-97	Heemskerk (NED)	117
14.	van Ederen Jasmijn	10	08-021	2:08.06	25m	11-10-18	Heemskerk (NED)	115
15.	Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)	115
16.	Kleijne Daisy	89	08-021	2:08.90	25m	9-10-97	Heemskerk (NED)	113
17.	Hoekstra Eline	03	08-021	2:10.63	25m	6-10-11	Heemskerk (NED)	108

100 schoolslag (sinds 18)

18. Buur Naomi	01	08-021	2:12.45	25m	19-11-09	Heemskerk (NED)	104
19. Haack Zowi	18	08-021	2:13.52	25m	6-4-26	Haarlem (NED)	101
20. Morianner Susanna	72	08-021	2:16.80	25m	13-12-80	Heemskerk (NED)	94
21. Rodenburg Kyra	96	08-021	2:17.17	25m	28-10-04	Heemskerk (NED)	93
22. Hoekstra Femke	05	08-021	2:17.26	25m	31-10-13	Heemskerk (NED)	93
23. van Perlo Ingrid	73	08-021	2:19.20	25m	7-11-81	Heemskerk (NED)	89
24. Wieman Lianne	03	08-021	2:23.37	25m	6-10-11	Heemskerk (NED)	82
25. Haack Fenna	16	08-021	2:23.85	25m	4-4-24	Heemskerk (NED)	81

200 schoolslag

1. Haack Zowi	18	08-021	4:47.67	25m	26-3-26	Heemskerk (NED)	102
---------------	----	--------	---------	-----	---------	-----------------	-----

250 schoolslag500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

1. Butter Noor	16	08-021	23.51	25m	24-10-24	Heemskerk (NED)	107
2. Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)	86
3. Renkema Iris	04	08-021	26.00	25m	13-12-12	Heemskerk (NED)	79
4. Hoekstra Eline	03	08-021	26.11	25m	17-11-11	Heemskerk (NED)	78
5. Dijkstra Pascal	89	08-021	26.40	25m	13-2-97	Heemskerk (NED)	76
6. Steenkamp Ciska	90	08-021	28.36	25m	4-10-98	Haarlem (NED)	61
7. Zijlstra Mariëlle	83	08-021	29.00	25m	16-5-91	Heemskerk (NED)	57
8. de Boer Isabel	06	08-021	29.23	25m	30-10-14	Heemskerk (NED)	56
9. Haack Fenna	16	08-021	29.84	25m	24-10-24	Heemskerk (NED)	52
10. Essers Sanne	91	08-021	34.78	25m	25-3-99	Heemskerk (NED)	33
11. Wieman Lianne	03	08-021	56.81	25m	17-11-11	Heemskerk (NED)	7

50 vlinderslag

1. Dekker Elise	97	08-021	51.84	25m	15-12-05	Heemskerk (NED)	104
2. Butter Noor	16	08-021	52.15	25m	15-12-24	Amsterdam (NED)	102
3. Stel Kaylin	01	08-021	55.54	25m	25-10-09	Nieuwegein (NED)	84
4. van Honk Chantal	80	08-021	56.40	25m	14-12-88		80
5. van Leeuwen Andrea	71	08-021	58.10	25m	2-12-79	Zaandam (NED)	73
6. Haack Zowi	18	08-021	58.63	25m	19-4-26	Den Helder (NED)	71
7. van der Horst Wendy	72	08-021	1:02.10	25m	4-10-80	Heemskerk (NED)	60
8. Kleijne Daisy	89	08-021	1:04.00	25m	11-12-97	Heemskerk (NED)	55
9. Essers Sanne	91	08-021	1:04.19	25m	25-11-99	Heemskerk	54
10. van den Heuvel Sandra	80	08-021	1:04.80	25m	14-12-88		53
10. Dijkstra Pascal	89	08-021	1:04.80	25m	14-12-97	Zaandam (NED)	53
12. van Ederen Jasmijn	10	08-021	1:04.93	25m	29-11-18	Heemskerk (NED)	52
13. Steenkamp Ciska	90	08-021	1:06.95	25m	17-12-98	Heemskerk (NED)	48
14. van Rijn Eline	07	08-021	1:06.97	25m	11-10-15	Zaandam (NED)	48
15. Renkema Iris	04	08-021	1:09.77	25m	7-10-12	Zaandam (NED)	42
16. Pover Ellen	72	08-021	1:10.60	25m	4-10-80	Heemskerk (NED)	41
17. de Haan Shira	00	08-021	1:10.97	25m	30-10-08	Heemskerk (NED)	40
18. Morianner Susanna	72	08-021	1:22.70	25m	22-11-80	Heemskerk (NED)	25

100 vlinderslag**200 vlinderslag****1000 vlinderslag****75 wisselslag****100 wisselslag**

1. Stel Kaylin	01	08-021	1:45.97	25m	19-11-09	Heemskerk (NED)	151
2. Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)	142
3. van der Horst Wendy	72	08-021	1:55.50	25m	19-10-80	Heemskerk (NED)	117
4. Butter Noor	16	08-021	1:55.56	25m	24-11-24	Zaandam (NED)	116
5. van Perlo Carla	75	08-021	1:56.50	25m	11-12-83	Heemskerk (NED)	114
6. Haack Zowi	18	08-021	1:57.72	25m	5-4-26	Haarlem (NED)	110
7. Steenkamp Ciska	90	08-021	1:59.11	25m	20-12-98	Alkmaar (NED)	106
8. de Haan Shira	00	08-021	1:59.60	25m	7-12-08	Zaandam (NED)	105
9. van Leeuwen Andrea	71	08-021	2:00.50	25m	8-12-79	Heemskerk (NED)	103
10. Essers Sanne	91	08-021	2:00.54	25m	21-11-99	Heemskerk (NED)	103
11. Kleijne Daisy	89	08-021	2:03.10	25m	6-11-97	Heemskerk (NED)	96
12. Dijkstra Pascal	89	08-021	2:08.00	25m	6-11-97	Heemskerk (NED)	86
13. van Honk Chantal	80	08-021	2:09.30	25m	31-12-88		83
14. van Perlo Ingrid	73	08-021	2:09.40	25m	28-11-81	Heemskerk (NED)	83
15. Koopman Anitra	89	08-021	2:09.90	25m	6-11-97	Heemskerk (NED)	82
16. Morianner Susanna	72	08-021	2:19.50	25m	13-12-80	Heemskerk (NED)	66
17. Pover Ellen	72	08-021	2:23.00	25m	8-11-80	Heemskerk (NED)	61
18. van den Heuvel Sandra	80	08-021	2:33.90	25m	31-12-88		49
19. Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)	28

150 wisselslag

200 wisselslag

1. Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)	135
2. Haack Zowi	18	08-021	4:19.35	25m	8-3-26	Krommenie (NED)	103

300 wisselslag

400 wisselslag