

alg. leeftijdsgroep, Heren

1-1-1900-31-7-2026

**15m vlinderslag benen onderwater**

1. Meijer Viggo	06	08-021	18.53	25m	15-12-19	Haarlem (NED)
2. Ayari Adam	08	08-021	21.13	25m	29-9-19	Haarlem (NED)
3. Butter Stijn	11	08-021	25.47	25m	15-12-19	Haarlem (NED)

**25m vrije slag met koprol**

1. Butter Stijn	11	08-021	30.27	25m	29-9-19	Haarlem (NED)
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**25m rugslag start**

1. Butter Stijn	11	08-021	26.23	25m	15-12-19	Haarlem (NED)
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**50m borstcrawl benen**

1. Blaauw Xam	07	08-021	55.87	25m	19-1-20	Zaandam (NED)
2. Ayari Adam	08	08-021	56.43	25m	19-1-20	Zaandam (NED)
3. van Tilburg Beau	07	08-021	1:06.45	25m	19-1-20	Zaandam (NED)
4. Butter Stijn	11	08-021	1:08.78	25m	29-9-19	Haarlem (NED)

**100m borstcrawl benen****25 vrije slag**

1. Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2. Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
2. Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
4. Camphuijnder Wilko	69	08-021	11.70	25m	12-2-98	Heemskerk (NED)	475
5. Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
6. Oudendijk Paul	81	08-021	11.98	25m	4-3-06	Aberdeen (GBR)	442
7. Jongert Jeroen	96	08-021	12.01	25m	7-7-22	Heemskerk (NED)	439
8. Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
8. Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
10. Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
11. Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
12. Haack Stefan	82	08-021	12.43	25m	23-6-24	Krommenie (NED)	396
13. Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
14. Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
15. Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
16. Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
17. Druyven Jorrick	94	08-021	12.52	25m	29-5-08	Heemskerk (NED)	387
18. Oortwijn Kalle	05	08-021	12.55	25m	7-7-22	Heemskerk (NED)	385
19. Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
19. van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
21. de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
22. Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
23. Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
24. Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
24. de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367
26. Crok Pieter	91	08-021	12.78	25m	29-5-08	Heemskerk (NED)	364
27. de Vijlder Michael	75	08-021	12.80	25m	13-3-97	Heemskerk (NED)	362
28. Glorie Daan	88	08-021	12.89	25m	27-4-06	Heemskerk	355
29. Hulshof Patrick	75	08-021	12.90	25m	16-5-91	Heemskerk (NED)	354

25 vrije slag (sinds 30)

29.	Dekker Rudie	78	08-021	12.90	25m	27-4-95	Heemskerk (NED)	354
31.	Martijn Onno	91	08-021	12.95	25m	29-5-08	Heemskerk (NED)	350
32.	van der Gracht Jory	87	08-021	12.98	25m	30-6-11	Heemskerk (NED)	348
33.	de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)	345
34.	Camphuijnder Jasper	05	08-021	13.04	25m	7-7-22	Heemskerk (NED)	343
35.	Palmboom Pascal	89	08-021	13.08	25m	30-6-11	Heemskerk (NED)	340
36.	Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)	338
37.	Steenbergen Roderik	82	08-021	13.15	25m	4-5-00	Heemskerk (NED)	334
38.	Tamis Thijs	82	08-021	13.19	25m	29-3-01	Heemskerk (NED)	331
39.	Bok Reitze	73	08-021	13.20	25m	31-12-89	Heemskerk (NED)	330
40.	Tijms Stefan	93	08-021	13.21	25m	30-6-11	Heemskerk (NED)	330
41.	Kemmeren Ferry	91	08-021	13.26	25m	29-5-08	Heemskerk (NED)	326
42.	Bal Chester	78	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
42.	Stam Daniël	79	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
44.	de Caluwé Niels	91	08-021	13.33	25m	19-4-07	Heemskerk (NED)	321
45.	van der Bunt Raymond	73	08-021	13.50	25m	16-5-91	Heemskerk (NED)	309
45.	Krijger Jan-Willem	81	08-021	13.50	25m	12-2-98	Heemskerk (NED)	309
47.	de Weert Sander	72	08-021	13.51	25m	14-4-11	Heemskerk (NED)	308
48.	Ayari Adam	08	08-021	13.52	25m	7-7-22	Heemskerk (NED)	307
49.	Lamers Koen	91	08-021	13.53	25m	19-4-07	Heemskerk (NED)	307
50.	Oortwijn Bouke	78	08-021	13.54	25m	17-10-15	Emmeloord (NED)	306
50.	van de Laar Viktor	05	08-021	13.54	25m	7-7-22	Heemskerk (NED)	306
52.	Switser René	75	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
52.	Wassenaar Marcel	69	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
54.	Essers Tim	88	08-021	13.66	25m	29-5-08	Heemskerk (NED)	298
55.	Goverde Jeroen	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	295
55.	Tijms Eric	64	08-021	13.70	25m	29-5-08	Heemskerk (NED)	295
57.	Beentjes Bastiaan	78	08-021	13.73	25m	25-3-99	Heemskerk (NED)	294
58.	Besse Niels	72	08-021	13.80	25m	31-12-89	Heemskerk (NED)	289
59.	Wassenaar Edwin	72	08-021	13.90	25m	12-1-89	Heemskerk (NED)	283
59.	Schaap Paul	75	08-021	13.90	25m	31-12-89	Heemskerk (NED)	283
61.	Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)	277
62.	Leegwater Martijn	83	08-021	14.03	25m	7-7-22	Heemskerk (NED)	275
63.	Blaauw Eric	67	08-021	14.07	25m	26-4-12	Heemskerk (NED)	273
64.	Schaaper Bart	73	08-021	14.10	25m	12-1-89	Heemskerk (NED)	271
64.	de Boer Daniël	77	08-021	14.10	25m	27-4-95	Heemskerk (NED)	271
66.	Zonneveld Jeroen	78	08-021	14.12	25m	20-10-12	Emmeloord (NED)	270
67.	Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)	267
68.	van Velsen Gerard	54	08-021	14.20	25m	22-3-88	Heemskerk (NED)	265
68.	Zijlstra Jeroen	80	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
70.	Hoening Jarl	86	08-021	14.25	25m	19-4-07	Heemskerk (NED)	263
71.	de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)	260
72.	Meijer Viggo	06	08-021	14.36	25m	7-7-22	Heemskerk (NED)	257
73.	de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)	254
74.	Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)	249
75.	Koopman Axel	92	08-021	14.53	25m	27-4-06	Heemskerk	248
76.	Andeweg Celedonio	76	08-021	14.60	25m	27-4-95	Heemskerk (NED)	244
77.	Schelvis Sjeng	89	08-021	14.62	25m	29-3-01	Heemskerk (NED)	243
78.	Kerdijk Dennis	79	08-021	14.80	25m	14-3-96	Heemskerk (NED)	234
79.	Borst Corné	96	08-021	14.93	25m	30-6-11	Heemskerk (NED)	228
80.	Crok Dirk	58	08-021	14.97	25m	19-4-07	Heemskerk (NED)	226
81.	Kuijper Alex	08	08-021	15.01	25m	7-7-22	Heemskerk (NED)	225
82.	de Roode Jeremiah	99	08-021	15.35	25m	14-4-11	Heemskerk (NED)	210

25 vrije slag (sinds 83)

83.	Hoenink Sten	84	08-021	15.38	25m	25-3-99	Heemskerk (NED)	209
84.	de Caluwe Johan	64	08-021	15.40	25m	19-4-07	Heemskerk (NED)	208
85.	Doodeman Niels	89	08-021	15.48	25m	29-3-01	Heemskerk (NED)	205
86.	Arends Martin	81	08-021	15.50	25m	17-6-93	Heemskerk (NED)	204
87.	de Vries Dylan	93	08-021	15.58	25m	29-5-08	Heemskerk (NED)	201
88.	Oortwijn Guido	78	08-021	15.60	25m	16-5-91	Heemskerk (NED)	200
89.	Vink Gé	60	08-021	15.67	25m	13-5-07	Grootebroek (NED)	197
90.	Schouws Nico	59	08-021	15.80	25m	14-9-76	Heemskerk (NED)	192
91.	Kaal Dennis	74	08-021	15.90	25m	12-1-89	Heemskerk (NED)	189
92.	Thijssen Dave	82	08-021	16.00	25m	27-4-95	Heemskerk (NED)	185
93.	Jacobs Patrick	87	08-021	16.02	25m	29-3-01	Heemskerk (NED)	185
94.	Jong Ron	77	08-021	16.10	25m	31-12-89	Heemskerk (NED)	182
95.	Smit Arend	88	08-021	16.27	25m	29-3-01	Heemskerk (NED)	176
96.	Dekker Ruben	93	08-021	16.38	25m	6-10-02	Zaandam	173
97.	van der Kroft Barry	82	08-021	16.40	25m	17-6-93	Heemskerk (NED)	172
97.	Groen Jarno	01	08-021	16.40	25m	26-4-12	Heemskerk (NED)	172
99.	Vlieland Roy	99	08-021	16.42	25m	30-6-11	Heemskerk (NED)	171
100.	Baltjes Timo	09	08-021	16.46	25m	7-7-22	Heemskerk (NED)	170
101.	Meyer Frank	60	08-021	16.50	25m	30-3-76	Heemskerk (NED)	169
101.	de Graaf Peter	76	08-021	16.50	25m	22-3-88	Heemskerk (NED)	169
101.	Heeremans Tim	78	08-021	16.50	25m	31-12-89	Heemskerk (NED)	169
101.	de Groot Peter	80	08-021	16.50	25m	14-3-96	Heemskerk (NED)	169
101.	Groot Sander	88	08-021	16.50	25m	25-3-99	Heemskerk (NED)	169
106.	van Baal Elvin	86	08-021	16.57	25m	29-3-01	Heemskerk (NED)	167
107.	ten Cate Raymond	82	08-021	16.60	25m	27-4-95	Heemskerk (NED)	166
108.	van der Gracht Adrie	57	08-021	16.66	25m	17-2-13	Aberdeen (GBR)	164
109.	Sikkema Joris	86	08-021	16.68	25m	25-3-99	Heemskerk (NED)	163
109.	Vessies Max	03	08-021	16.68	25m	13-4-14	Zaandam (NED)	163
111.	de Caluwé Thijs	82	08-021	16.70	25m	6-4-95	Heemskerk (NED)	163
112.	Oudendijk Hans	54	08-021	16.98	25m	29-5-08	Heemskerk (NED)	155
113.	Hof Peter	62	08-021	17.00	25m	14-9-76	Heemskerk (NED)	154
113.	van Lieshout Martin	76	08-021	17.00	25m	12-1-89	Heemskerk (NED)	154
115.	de Wildt Thijs	94	08-021	17.06	25m	29-5-08	Heemskerk (NED)	153
115.	van Vegten Teun	01	08-021	17.06	25m	26-4-12	Heemskerk (NED)	153
117.	Borst Jan	63	08-021	17.10	25m	30-3-76	Heemskerk (NED)	152
118.	Zwart Mees	10	08-021	17.17	25m	14-3-24	Heemskerk (NED)	150
119.	Hof Ronnalt	60	08-021	17.20	25m	14-9-76	Heemskerk (NED)	149
120.	Mulder Mark	97	08-021	17.29	25m	30-6-11	Heemskerk (NED)	147
121.	Jansen Jacques	62	08-021	17.40	25m	14-9-76	Heemskerk (NED)	144
121.	Kooistra André	88	08-021	17.40	25m	25-3-99	Heemskerk (NED)	144
123.	de Rooij Roel	87	08-021	17.48	25m	25-3-99	Heemskerk (NED)	142
124.	Bleijendaal Lucas	83	08-021	17.60	25m	27-4-95	Heemskerk (NED)	139
124.	Welboren Mark	87	08-021	17.60	25m	12-2-98	Heemskerk (NED)	139
126.	Leegwater Liam	11	08-021	17.62	25m	7-7-22	Heemskerk (NED)	139
127.	Zonneveld Alex	90	08-021	18.00	25m	29-3-01	Heemskerk (NED)	130
128.	de Rooij Coen	89	08-021	18.06	25m	4-5-00	Heemskerk (NED)	129
129.	Veldhuis Christian	88	08-021	18.09	25m	29-3-01	Heemskerk (NED)	128
130.	Verdonk Pim	63	08-021	18.10	25m	30-3-76	Heemskerk (NED)	128
130.	van Rijn Michael	70	08-021	18.10	25m	10-2-80	Heerhugowaard (NED)	128
132.	Woudsma Stefan	00	08-021	18.19	25m	26-4-12	Heemskerk (NED)	126
133.	Beentjes Walter	64	08-021	18.20	25m	14-9-76	Heemskerk (NED)	126
134.	Feyen Erik	66	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
134.	Sturkenboom Willibrord	64	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124

25 vrije slag (sinds 136)

134.	Lith John	63	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
137.	Steijn Twan	13	08-021	18.37	25m	4-4-24	Heemskerk (NED)	122
138.	Welp Andre	65	08-021	18.40	25m	30-3-76	Heemskerk (NED)	122
139.	Welboren Mischa	89	08-021	18.43	25m	25-3-99	Heemskerk (NED)	121
139.	Butter Stijn	11	08-021	18.43	25m	7-7-22	Heemskerk (NED)	121
141.	Kloppenburg Albert	82	08-021	18.60	25m	19-1-94		118
142.	Jansen Davy	15	08-021	18.62	25m	19-2-26	Heemskerk (NED)	117
143.	Yayli Serkan	92	08-021	18.73	25m	7-10-01	Zaandam (NED)	115
144.	Josselet Bart	84	08-021	18.80	25m	5-3-98	Heemskerk (NED)	114
145.	Lammers Fake	63	08-021	18.90	25m	14-9-76	Heemskerk (NED)	112
146.	de Wit Job	98	08-021	18.98	25m	29-5-08	Heemskerk (NED)	111
147.	Smit Rob	69	08-021	19.00	25m	1-9-79	Heemskerk (NED)	110
148.	Zwaan Nick	94	08-021	19.07	25m	5-10-03	Heemskerk (NED)	109
148.	Litjens Olaf	99	08-021	19.07	25m	14-4-11	Heemskerk (NED)	109
150.	Grapendaal Aad	42	08-021	19.11	25m	17-10-15	Emmeloord (NED)	109
151.	de Weers Luuk	13	08-021	19.12	25m	4-6-23	Haarlem (NED)	108
152.	Tuinstra Sean	98	08-021	19.16	25m	29-5-08	Heemskerk (NED)	108
153.	Arends Peter	79	08-021	19.20	25m	16-6-93		107
154.	Piek Roy	89	08-021	19.23	25m	29-3-01	Heemskerk (NED)	107
155.	de Boer Tobias	02	08-021	19.39	25m	26-4-12	Heemskerk (NED)	104
156.	van der Kolk Henk	65	08-021	19.40	25m	14-9-76	Heemskerk (NED)	104
156.	Huisman Rene	69	08-021	19.40	25m	1-9-79	Heemskerk (NED)	104
156.	Verhagen Michel	82	08-021	19.40	25m	16-3-95	Heemskerk (NED)	104
159.	Apeldoorn Alex	89	08-021	19.47	25m	4-5-00	Heemskerk (NED)	103
160.	Ukkerman Benz	02	08-021	19.49	25m	13-4-14	Zaandam (NED)	102
161.	Abbenhuis Frank	65	08-021	19.50	25m	30-3-76	Heemskerk (NED)	102
162.	Ursem Rob	69	08-021	19.60	25m	1-9-79	Heemskerk (NED)	101
163.	de Vriend Ruben	03	08-021	19.61	25m	26-4-12	Heemskerk (NED)	100
164.	de Groot Pieter	83	08-021	19.70	25m	20-1-94	Heemskerk	99
165.	Nijenhuis Jan-Hendrik	65	08-021	19.80	25m	14-9-76	Heemskerk (NED)	98
166.	de Buyzer Eelco	64	08-021	19.90	25m	14-9-76	Heemskerk (NED)	96
167.	de Wit Matthew	97	08-021	19.98	25m	30-6-11	Heemskerk (NED)	95
168.	Versteeghe Rene	65	08-021	20.10	25m	14-9-76	Heemskerk (NED)	93
169.	Smit Erik	64	08-021	20.20	25m	14-9-76	Heemskerk (NED)	92
170.	van Hardeveld Richard	69	08-021	20.30	25m	1-9-79	Heemskerk (NED)	90
171.	Leek Hans	66	08-021	20.40	25m	30-3-76	Heemskerk (NED)	89
171.	Wassenaar Joris	01	08-021	20.40	25m	26-4-12	Heemskerk (NED)	89
173.	Nijland Yorán	05	08-021	20.45	25m	13-4-14	Zaandam (NED)	88
174.	Groot Tim	99	08-021	20.49	25m	30-6-11	Heemskerk (NED)	88
175.	Verhagen Bart	85	08-021	20.50	25m	16-3-95	Heemskerk (NED)	88
175.	Glorie Jan	57	08-021	20.50	25m	25-5-08	Grootebroek (NED)	88
177.	Bulthuis Luc Jan	64	08-021	20.80	25m	30-3-76	Heemskerk (NED)	84
178.	de Boer Sem	02	08-021	20.97	25m	13-11-11	Zaandam (NED)	82
179.	van Lieshout Rick	78	08-021	21.10	25m	16-5-91	Heemskerk (NED)	81
180.	van Duivenvoorde Bram	12	08-021	21.11	25m	25-5-23	Heemskerk (NED)	80
181.	Jong Gregory	80	08-021	21.20	25m	31-12-89	Heemskerk (NED)	79
182.	van Rixel Ferry	64	08-021	21.30	25m	30-3-76	Heemskerk (NED)	78
182.	Sadon Alain	64	08-021	21.30	25m	14-9-76	Heemskerk (NED)	78
184.	van Els Thomas	82	08-021	21.50	25m	19-1-94		76
185.	van der Meijden Mats	14	08-021	21.56	25m	19-2-26	Heemskerk (NED)	75
186.	Groot Wim	63	08-021	21.70	25m	30-3-76	Heemskerk (NED)	74
187.	Nolten Rob	63	08-021	21.90	25m	30-3-76	Heemskerk (NED)	72
188.	de Bruijn Harold	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70

25 vrije slag (sinds 189)

188.	de Joode Bert	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70
190.	Gouweleeuw Raymond	88	08-021	22.18	25m	25-3-99	Heemskerk (NED)	69
191.	van Heerwaarden Marcel	65	08-021	22.20	25m	14-9-76	Heemskerk (NED)	69
192.	Steijn Daan	11	08-021	22.26	25m	7-7-22	Heemskerk (NED)	68
193.	Martens Andre	70	08-021	22.30	25m	16-3-80	Heemskerk (NED)	68
194.	Hollander Tonny	63	08-021	22.40	25m	30-3-76	Heemskerk (NED)	67
194.	de Ruyter Peter	65	08-021	22.40	25m	14-9-76	Heemskerk (NED)	67
196.	Cekic Deniz	97	08-021	22.46	25m	29-5-08	Heemskerk (NED)	67
197.	Verschuren Andre	62	08-021	22.50	25m	30-3-76	Heemskerk (NED)	66
197.	Altena Marc	65	08-021	22.50	25m	14-9-76	Heemskerk (NED)	66
199.	Ruiz Sanchis Dean	15	08-021	22.58	25m	19-2-26	Heemskerk (NED)	66
200.	Huskins James	16	08-021	22.90	25m	19-2-26	Heemskerk (NED)	63
201.	Put Hans	66	08-021	23.00	25m	14-9-76	Heemskerk (NED)	62
202.	Bodenstaff Joël	14	08-021	23.07	25m	19-2-26	Heemskerk (NED)	61
203.	van Vliet John	63	08-021	23.30	25m	30-3-76	Heemskerk (NED)	60
203.	Zonneveld Bas	82	08-021	23.30	25m	17-6-93	Heemskerk (NED)	60
205.	van der Berg Job	98	08-021	23.38	25m	29-5-08	Heemskerk (NED)	59
206.	van Vliet Rinus	65	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
206.	Schouws Theo	66	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
206.	Lith Rob	63	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
209.	Keessen Jeroen	67	08-021	23.60	25m	30-3-76	Heemskerk (NED)	57
210.	Beentjes John	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	55
210.	Korzelius Ron	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
210.	Valk Erwin	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
213.	Ayari Mohammed	13	08-021	23.94	25m	4-4-24	Heemskerk (NED)	55
214.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	55
215.	Goverde Antoine	65	08-021	24.10	25m	14-9-76	Heemskerk (NED)	54
216.	Versteeg Lennert	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	52
217.	Rozemeijer Marco	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	51
218.	Verhoog Jan-Willem	66	08-021	24.80	25m	14-9-76	Heemskerk (NED)	49
219.	Lanser Werner	71	08-021	24.90	25m	10-2-80	Heerhugowaard (NED)	49
220.	Verhagen Jeroen	84	08-021	25.10	25m	16-3-95	Heemskerk (NED)	48
221.	van Wijk Peter	87	08-021	25.20	25m	12-2-98	Heemskerk (NED)	47
222.	Beentjes Rob	63	08-021	25.30	25m	14-9-76	Heemskerk (NED)	46
222.	van der Linden René	70	08-021	25.30	25m	1-9-79	Heemskerk (NED)	46
224.	Put Nico	67	08-021	25.50	25m	14-9-76	Heemskerk (NED)	45
225.	van Ess Bram	17	08-021	25.89	25m	19-2-26	Heemskerk (NED)	43
226.	van der Linden Ronald	72	08-021	25.90	25m	10-2-80	Heerhugowaard (NED)	43
227.	van Heerwaarden Erwin	68	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
227.	Vrugt Richard	67	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
227.	Blaauw Xam	07	08-021	26.00	25m	2-3-14	Haarlem (NED)	43
230.	van Rijn Ian	05	08-021	26.12	25m	13-4-14	Zaandam (NED)	42
231.	Breton Hugo	17	08-021	26.24	25m	8-3-26	Krommenie (NED)	42
232.	Dekker Johnny	67	08-021	26.60	25m	14-9-76	Heemskerk (NED)	40
233.	Klemann Joshua	13	08-021	26.62	25m	31-3-24	Haarlem (NED)	40
234.	Viel Stefan	88	08-021	26.80	25m	13-3-97	Heemskerk (NED)	39
235.	van Dijk Michel	68	08-021	26.90	25m	14-9-76	Heemskerk (NED)	39
236.	Borg Erick	64	08-021	27.00	25m	30-3-76	Heemskerk (NED)	38
237.	Hörchner Erwin	64	08-021	27.30	25m	30-3-76	Heemskerk (NED)	37
237.	Denneman John	66	08-021	27.30	25m	14-9-76	Heemskerk (NED)	37
239.	Beentjes Theo	65	08-021	27.40	25m	30-3-76	Heemskerk (NED)	36
239.	Put Harry	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	36
241.	van der Ength Dex	12	08-021	27.44	25m	15-12-22	Heemskerk (NED)	36

25 vrije slag (sinds 242)

242.	Roestenber Misja	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	36
243.	Breton Tiemo	16	08-021	27.51	25m	19-2-26	Heemskerk (NED)	36
244.	Oliveira Rocha Dean	14	08-021	27.58	25m	7-12-23	Heemskerk (NED)	36
245.	Woudsma Maarten	01	08-021	27.77	25m	26-4-12	Heemskerk (NED)	35
246.	van West Noud	14	08-021	27.81	25m	15-12-22	Heemskerk (NED)	35
247.	Teunissen Frank	68	08-021	28.00	25m	14-9-76	Heemskerk (NED)	34
247.	van Heerwaarden Gerard	70	08-021	28.00	25m	1-9-79	Heemskerk (NED)	34
249.	de Graaf Arnold	66	08-021	28.30	25m	14-9-76	Heemskerk (NED)	33
250.	van Heerwaarden Stefan	70	08-021	28.50	25m	1-9-79	Heemskerk (NED)	32
251.	Bos Tako	68	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
251.	Pijlman Bart	67	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
253.	Banks Ryan	18	08-021	29.51	25m	4-4-24	Heemskerk (NED)	29
254.	Verschuren Martin	65	08-021	29.70	25m	30-3-76	Heemskerk (NED)	29
255.	Sahin Ahmet	12	08-021	29.91	25m	7-12-23	Heemskerk (NED)	28
256.	Dijkstra Menno	68	08-021	30.00	25m	30-3-76	Heemskerk (NED)	28
256.	Hoogendoorn Paul	66	08-021	30.00	25m	14-9-76	Heemskerk (NED)	28
256.	Smit Mika	16	08-021	30.00	25m	19-2-26	Heemskerk (NED)	28
259.	Monden Fernmy	67	08-021	30.30	25m	30-3-76	Heemskerk (NED)	27
260.	Beentjes Johnny	68	08-021	30.50	25m	14-9-76	Heemskerk (NED)	26
261.	Seigers Bruno	17	08-021	30.59	25m	8-3-26	Krommenie (NED)	26
262.	Butter Jurre	12	08-021	30.70	25m	7-7-22	Heemskerk (NED)	26
263.	Hulscher Jayden	17	08-021	31.88	25m	8-3-26	Krommenie (NED)	23
264.	van Heerwaarden Jeroen	72	08-021	31.90	25m	10-2-80	Heerhugowaard (NED)	23
265.	Boudewijn Ruben	17	08-021	32.15	25m	9-11-25	Zaandam (NED)	22
266.	van der Aar Peter	69	08-021	33.00	25m	14-9-76	Heemskerk (NED)	21
267.	van Wijk Nico	68	08-021	33.20	25m	14-9-76	Heemskerk (NED)	20
268.	Haasnoot Michel	72	08-021	33.50	25m	10-2-80	Heerhugowaard (NED)	20
269.	Lubbers Pieter-Jan	67	08-021	33.60	25m	14-9-76	Heemskerk (NED)	20
270.	Veldt Yannick	14	08-021	33.78	25m	15-12-22	Heemskerk (NED)	19
271.	de Groot Frank	67	08-021	33.80	25m	30-3-76	Heemskerk (NED)	19
272.	Kooiman Alexander	69	08-021	35.00	25m	14-9-76	Heemskerk (NED)	17
273.	Pettinga Rodney	85	08-021	35.70	25m	14-3-96	Heemskerk (NED)	16
274.	Kuijl Peter	67	08-021	35.80	25m	14-9-76	Heemskerk (NED)	16
275.	Schrauwen Lex	15	08-021	36.52	25m	19-2-26	Heemskerk (NED)	15
276.	de Weers Tijs	15	08-021	38.65	25m	4-6-23	Haarlem (NED)	13
277.	van Wijngaarden Edwin	68	08-021	41.10	25m	30-3-76	Heemskerk (NED)	10
278.	Ramazani Kaihan	19	08-021	46.66	25m	19-2-26	Heemskerk (NED)	7
279.	Ruiz Sanchez Tyler	18	08-021	47.58	25m	18-9-25	Heemskerk (NED)	7
280.	Haack Kaj	21	08-021	1:01.21	25m	19-2-26	Heemskerk (NED)	3

50 vrije slag

1.	Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2.	Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3.	Gaal Roel	01	08-021	24.86	25m	24-11-19	Hoofddorp (NED)	541
4.	Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
5.	van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6.	Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7.	Camphuijnder Wilko	69	08-021	25.60	25m	8-3-98	Zaandam (NED)	495
8.	Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
9.	Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
10.	de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
11.	Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478

50 vrije slag (sinds 12)

12.	Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
13.	Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
13.	Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
15.	Breton Wouter	89	08-021	26.05	25m	15-3-26	Heemskerk (NED)	470
16.	Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
17.	Camphuijnder Jasper	05	08-021	26.23	25m	25-6-23	Rotterdam (NED)	460
18.	van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
18.	Oudendijk Paul	81	08-021	26.32	25m	23-4-06	Zaandam (NED)	456
20.	Oortwijn Maarten	80	08-021	26.40	50m	7-6-97	Beverwijk (NED)	496
21.	van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
22.	Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
23.	van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)	442
24.	Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
25.	Blaauw Mica	05	08-021	26.62	25m	18-9-25	Heemskerk (NED)	440
26.	Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
27.	Oortwijn Kalle	05	08-021	26.67	25m	21-1-23	Hoofddorp (NED)	438
28.	Druyven Jorrick	94	08-021	26.82	25m	10-2-08	Purmerend (NED)	431
29.	Hermans Luuk	85	08-021	26.83	25m	31-5-07	Heemskerk (NED)	430
30.	Korzelius Ron	65	08-021	27.00	25m	23-9-84	Heemskerk (NED)	422
31.	Glorie Daan	88	08-021	27.03	25m	30-12-05	Maastricht (NED)	421
32.	Kuilman Joris	80	08-021	27.07	25m	17-1-99	Heemskerk (NED)	419
33.	Tijms Stefan	93	08-021	27.09	25m	24-3-19	Purmerend (NED)	418
34.	Verbree John	61	08-021	27.10	25m	7-3-82		417
34.	Schaaper Hans	68	08-021	27.10	25m	5-11-89	Heemskerk (NED)	417
36.	de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)	415
36.	de Ruijter Richard	88	08-021	27.15	25m	28-12-04	Maastricht (NED)	415
38.	van der Kroft Barry	82	08-021	27.34	25m	27-4-03	Zaandam	406
39.	Kuijper Alex	08	08-021	27.38	25m	16-11-25	Purmerend (NED)	405
40.	de Vijlder Michael	75	08-021	27.40	25m	1-5-97	Heemskerk (NED)	404
40.	Palmboom Pascal	89	08-021	27.40	25m	8-4-07	Haarlem (NED)	404
42.	Schoonakker Mick	07	08-021	27.43	25m	10-12-23	Alkmaar (NED)	402
43.	Stins Arnold	83	08-021	27.44	25m	18-3-01	Zaandam (NED)	402
44.	Plokker Robert	65	08-021	27.60	25m	22-3-81	Wieringerwerf (NED)	395
44.	Pover Peter	69	08-021	27.60	25m	5-10-88		395
44.	Dekker Rudie	78	08-021	27.60	25m	20-1-94	Heemskerk	395
47.	de Ruijter René	86	08-021	27.67	25m	29-1-04	Heemskerk (NED)	392
48.	Windmuller Ton	62	08-021	27.80	25m	5-4-81	Heemskerk (NED)	387
48.	Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)	387
48.	Keessen Jeroen	67	08-021	27.80	25m	23-9-84	Heemskerk (NED)	387
51.	Wiegman Stefan	74	08-021	27.90	25m	3-11-91	Assendelft (NED)	382
52.	Ayari Adam	08	08-021	27.95	25m	18-9-25	Heemskerk (NED)	380
53.	Kemmeren Ferry	91	08-021	27.96	25m	8-4-07	Haarlem (NED)	380
54.	van der Ende Mark	75	08-021	28.00	25m	7-5-98	Heemskerk (NED)	378
55.	de Vries Allard	96	08-021	28.04	25m	31-10-13	Heemskerk (NED)	377
56.	Essers Tim	88	08-021	28.05	25m	27-1-05	Heemskerk (NED)	376
57.	Groen Jarno	01	08-021	28.06	25m	14-1-17	Alkmaar (NED)	376
58.	Steenbergen Roderik	82	08-021	28.07	25m	17-10-99	Zaandam (NED)	376
59.	van Vegten Teun	01	08-021	28.09	25m	15-10-17	Alkmaar (NED)	375
60.	Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)	374
60.	Stam Daniël	79	08-021	28.10	25m	16-11-97	Zaandam (NED)	374
62.	Hulshof Patrick	75	08-021	28.20	25m	10-3-91	Heemskerk (NED)	370
62.	Bal Chester	78	08-021	28.20	25m	14-4-96	Zaandam (NED)	370
64.	Woudsma Stefan	00	08-021	28.28	25m	13-10-16	Heemskerk (NED)	367

50 vrije slag (sinds 65)

65.	Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)	363
66.	Butter Joris	86	08-021	28.41	25m	29-1-04	Heemskerk (NED)	362
66.	Martijn Onno	91	08-021	28.41	25m	25-1-07	Heemskerk (NED)	362
68.	de Caluwé Niels	91	08-021	28.43	25m	25-1-07	Heemskerk (NED)	361
69.	Dijkstra Menno	68	08-021	28.50	25m	21-5-87	Heemskerk (NED)	359
70.	Tamis Thijs	82	08-021	28.56	25m	31-5-01	Heemskerk (NED)	356
71.	Missot Paul	64	08-021	28.60	25m	2-3-80	Heemskerk (NED)	355
72.	Oortwijn Bouke	78	08-021	28.79	25m	24-9-15	Heemskerk (NED)	348
73.	Bok Reitze	73	08-021	28.80	25m	3-12-89	Zaandam (NED)	348
73.	Krijger Jan-Willem	81	08-021	28.80	25m	22-3-98	Assendelft (NED)	348
75.	Voorn Max	05	08-021	28.84	25m	13-3-22	Den Helder (NED)	346
76.	Hoening Jarl	86	08-021	28.85	25m	29-5-04	Z.o. Beemster	346
77.	van der Heijden Hans	60	08-021	28.90	25m	14-9-76	Heemskerk (NED)	344
78.	Overmeer Michel	60	08-021	29.00	25m	12-2-78	Heemskerk (NED)	340
78.	Schaap Paul	75	08-021	29.00	25m	11-2-90	Heemskerk (NED)	340
80.	Dekker Ruben	93	08-021	29.04	25m	22-1-06	Purmerend (NED)	339
81.	Butter Stijn	11	08-021	29.06	25m	15-3-26	Heemskerk (NED)	338
82.	Ursem Jerre	73	08-021	29.10	25m	14-12-88		337
82.	van Heerwaarden Chiel	05	08-021	29.10	25m	12-1-20	Purmerend (NED)	337
84.	Dekker Erik	62	08-021	29.20	25m	1-9-79	Heemskerk (NED)	334
84.	van de Sluis Nicolai	66	08-021	29.20	25m	22-3-81	Wieringerwerf (NED)	334
84.	Wolf Gert Jan	65	08-021	29.20	25m	7-3-82		334
84.	Lamers Koen	91	08-021	29.20	25m	8-4-07	Haarlem (NED)	334
88.	van der Bunt Raymond	73	08-021	29.30	25m	21-4-91	Heemstede (NED)	330
89.	Wassenaar Marcel	69	08-021	29.40	25m	14-4-93		327
90.	Ijntema Tjeerd	99	08-021	29.55	25m	13-10-16	Heemskerk (NED)	322
91.	van der Linden René	70	08-021	29.60	25m	11-12-83	Heemskerk (NED)	320
91.	van Rijn Michael	70	08-021	29.60	25m	31-12-83		320
91.	Schaaper Bart	73	08-021	29.60	25m	2-12-89		320
94.	de Weert Sander	72	08-021	29.68	25m	11-10-12	Heemskerk (NED)	318
95.	Goverde Ad	59	08-021	29.70	25m	11-12-83	Heemskerk (NED)	317
96.	Windmuller Hans-Pieter	60	08-021	29.80	25m	30-3-76	Heemskerk (NED)	314
96.	de Caluwe Perry	61	08-021	29.80	25m	2-3-80	Heemskerk (NED)	314
96.	Roosendaal Ben	66	08-021	29.80	25m	22-3-81	Wieringerwerf (NED)	314
96.	Beentjes Bastiaan	78	08-021	29.80	25m	19-1-97	Zaandam (NED)	314
100.	Tuinstra Sean	98	08-021	29.89	25m	31-10-13	Heemskerk (NED)	311
101.	de Boer Daniël	77	08-021	29.90	25m	16-10-94	Heemskerk (NED)	311
102.	Deen Peter	59	08-021	30.00	25m	30-3-76	Heemskerk (NED)	308
102.	van Duin Peter	65	08-021	30.00	25m	3-4-82	Heemskerk (NED)	308
104.	Goverde Jeroen	73	08-021	30.10	25m	31-5-90	Heemskerk (NED)	304
104.	Zwaan Bas	76	08-021	30.10	25m	20-1-94	Heemskerk	304
106.	Schillemans Bram	99	08-021	30.13	25m	24-3-19	Purmerend (NED)	304
107.	Geijssen Jacques	67	DEM/OEZA	30.16	25m	25-4-13	Heemskerk (NED)	303
108.	Kerdijk Dennis	79	08-021	30.20	25m	14-4-96	Zaandam (NED)	301
109.	Zonneveld Jeroen	78	08-021	30.22	25m	13-5-07	Grootebroek (NED)	301
110.	de Vries Dylan	93	08-021	30.26	25m	1-4-12	Zaandam (NED)	300
110.	van de Laar Viktor	05	08-021	30.26	25m	12-11-23	Den Helder (NED)	300
112.	Bleijendaal Thomas	88	08-021	30.29	25m	25-1-04	Zaandam	299
113.	van Hannen Erik	67	08-021	30.30	25m	7-3-82		298
113.	Oortwijn Guido	78	08-021	30.30	25m	23-2-92	Zaandam (NED)	298
115.	de Wildt Thijs	94	08-021	30.32	25m	14-3-10	Heemskerk (NED)	298
116.	Hoening Sten	84	08-021	30.33	25m	9-6-03	Z.o. Beemster	298
117.	Zijlstra Jeroen	80	08-021	30.40	25m	29-9-96	Haarlem (NED)	296

50 vrije slag (sinds 118)

118.	Oortwijn Bjarne	07	08-021	30.54	50m	7-12-24	Beverwijk (NED)	320
119.	Herwegh Dink	11	08-021	30.65	25m	12-1-25	Heemskerk (NED)	288
120.	Andeweg Celedonio	76	08-021	30.70	25m	6-11-93		287
121.	Ursem Rob	69	08-021	30.80	25m	23-9-84	Heemskerk (NED)	284
121.	Nolte Martijn	74	08-021	30.80	25m	21-5-87	Heemskerk (NED)	284
123.	Blaauw Eric	67	08-021	30.96	50m	5-9-13	Eindhoven (NED)	308
124.	Tijms Eric	64	08-021	30.97	25m	24-4-11	Haarlem (NED)	279
125.	de Jonge Marco	66	08-021	30.98	50m	7-12-13	Beverwijk (NED)	307
126.	Duin Goos	00	08-021	31.05	25m	20-9-15	Purmerend (NED)	277
127.	Borst Corné	96	08-021	31.07	25m	22-1-12	Zaandam (NED)	277
128.	Blaauw Xam	07	08-021	31.17	25m	18-9-25	Heemskerk (NED)	274
129.	van Honschoten Jacky	67	08-021	31.40	25m	5-4-81	Heemskerk (NED)	268
129.	Wassenaar Edwin	72	08-021	31.40	25m	15-12-88	Heemskerk (NED)	268
131.	de Groot Peter	80	08-021	31.50	25m	14-12-95	Heemskerk (NED)	266
132.	Woudsma Maarten	01	08-021	31.55	50m	27-5-17	Alkmaar (NED)	291
133.	de Caluwe Johan	64	08-021	31.60	25m	2-3-80	Heemskerk (NED)	263
134.	Verdonk Pim	63	08-021	31.70	25m	27-9-80	Heemskerk (NED)	261
135.	Koopman Axel	92	08-021	31.96	25m	25-2-06	Hoorn (NED)	254
136.	Kock Albert	61	08-021	32.00	25m	30-3-76	Heemskerk (NED)	253
137.	de Boer Tobias	02	08-021	32.08	25m	16-3-17	Heemskerk (NED)	251
138.	Huisman Rene	69	08-021	32.10	25m	11-12-83	Heemskerk (NED)	251
139.	Paap Jaidy	08	08-021	32.11	50m	22-6-25	Bückeburg (GER)	276
140.	Besse Niels	72	08-021	32.60	25m	5-11-89	Heemskerk (NED)	240
141.	Vlieland Roy	99	08-021	32.92	25m	20-5-13	Purmerend (NED)	233
142.	Doodeman Niels	89	08-021	32.98	25m	25-10-01	Heemskerk	231
143.	Crok Dirk	58	08-021	33.03	50m	19-9-09	Cadiz (ESP)	253
144.	Kemper Marcel	65	08-021	33.20	25m	27-9-80	Heemskerk (NED)	227
145.	Frederiks Stan	09	08-021	33.27	50m	21-5-23	Amsterdam (NED)	248
146.	Steijn Daan	11	08-021	33.54	25m	15-3-26	Heemskerk (NED)	220
147.	Ranzijn Bas	76	DEM/OEZA	33.58	25m	25-4-13	Heemskerk (NED)	219
148.	Steijn Twan	13	08-021	33.64	25m	6-12-25	Purmerend (NED)	218
149.	Yayli Serkan	92	08-021	33.79	25m	27-1-05	Heemskerk (NED)	215
150.	de Roode Jeremiah	99	08-021	33.88	25m	16-1-11	Zaandam (NED)	213
150.	Nijland Yoran	05	08-021	33.88	25m	11-10-18	Heemskerk (NED)	213
152.	Arends Martin	81	08-021	33.90	25m	3-10-92		213
153.	van Rixel Ferry	64	08-021	34.10	25m	12-2-78	Heemskerk (NED)	209
154.	de Wit Matthew	97	08-021	34.13	25m	30-1-15	Amsterdam (NED)	209
155.	Koning Arthur	96	08-021	34.26	25m	3-10-10	Zaandam (NED)	206
156.	van Sleen Robin	90	08-021	34.36	25m	30-1-03	Heemskerk	205
157.	Smit Erik	64	08-021	34.40	25m	2-3-80	Heemskerk (NED)	204
158.	Jacobs Patrick	87	08-021	34.42	25m	25-10-01	Heemskerk	203
159.	Meijer Viggo	06	08-021	34.95	25m	2-2-23	Heemskerk (NED)	194
160.	Vink Gé	60	08-021	35.18	25m	13-5-07	Grootebroek (NED)	190
161.	Hof Ronnalt	60	08-021	35.20	25m	17-9-77	Heemskerk (NED)	190
162.	Kaal Dennis	74	08-021	35.30	25m	15-12-88	Heemskerk (NED)	189
163.	Smit Arend	88	08-021	35.34	25m	26-4-01	Heemskerk (NED)	188
164.	Wassenaar Joris	01	08-021	35.37	25m	19-1-14	Zaandam (NED)	187
164.	Leegwater Liam	11	08-021	35.37	25m	22-10-23	Zaandam (NED)	187
166.	Zonneveld Abel	13	08-021	35.46	25m	16-11-25	Purmerend (NED)	186
167.	Geurtsen Arjan	64	08-021	35.50	25m	30-3-76	Heemskerk (NED)	185
167.	Jansen Jacques	62	08-021	35.50	25m	17-9-77	Heemskerk (NED)	185
169.	de Veer Albert	72	08-021	35.60	25m	14-12-89	Heemskerk (NED)	184
170.	Vessies Max	03	08-021	35.64	25m	18-9-14	Heemskerk (NED)	183

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171.	Boonacker Wietse	68	08-021	35.70	25m	7-11-81	Heemskerk (NED)	182
171.	Heeremans Tim	78	08-021	35.70	25m	19-3-89	Zaandam (NED)	182
173.	Bokelaar Martijn	80	08-021	35.87	25m	20-2-10	Heerenveen (NED)	180
174.	van Gent Arno	65	08-021	35.90	25m	16-3-80	Heemskerk (NED)	179
175.	Zwart Mees	10	08-021	35.94	25m	26-9-24	Heemskerk (NED)	179
176.	Kooistra André	88	08-021	36.00	25m	17-2-00	Heemskerk (NED)	178
177.	van Duivenvoorde Bram	12	08-021	36.10	25m	18-9-25	Heemskerk (NED)	176
178.	Bleijendaal Lucas	83	08-021	36.20	25m	14-12-95	Heemskerk (NED)	175
179.	van Baal Elvin	86	08-021	36.31	25m	27-9-01	Heemskerk	173
180.	van Rijn Ian	05	08-021	36.37	25m	11-5-17	Heemskerk (NED)	172
181.	Schipper Erik	72	08-021	36.50	25m	11-12-83	Heemskerk (NED)	171
182.	van Lieshout Martin	76	08-021	36.60	25m	5-10-88		169
182.	Jong Ron	77	08-021	36.60	25m	4-2-90	Assendelft (NED)	169
184.	Sadeghi Hosseen	90	08-021	36.66	25m	29-1-04	Heemskerk (NED)	168
185.	Oortwijn Menno	67	08-021	36.70	25m	16-3-80	Heemskerk (NED)	168
185.	Tholen Martijn	72	08-021	36.70	25m	11-12-83	Heemskerk (NED)	168
187.	de Rooij Roel	87	08-021	36.73	25m	17-1-99	Heemskerk (NED)	167
188.	Hoekstra Marcel	78	08-021	36.80	25m	13-3-88	Sassenheim (NED)	166
189.	de Vriend Ruben	03	08-021	36.83	25m	8-9-13	Zaandam (NED)	166
190.	Huis in 't Veld Lorenzo	03	08-021	36.85	25m	13-10-16	Heemskerk (NED)	166
191.	Veldhuis Christian	88	08-021	36.86	25m	18-11-01	Heemskerk	166
192.	Geurtsen Hans	61	08-021	37.00	25m	30-3-76	Heemskerk (NED)	164
192.	van de Wijst Peter	69	08-021	37.00	25m	27-9-80	Heemskerk (NED)	164
192.	de Caluwé Thijs	82	08-021	37.00	25m	5-3-95	Heemskerk (NED)	164
195.	Smit Rob	69	08-021	37.10	25m	16-12-79	(NED)	162
195.	ten Cate Raymond	82	08-021	37.10	25m	5-3-95	Heemskerk (NED)	162
197.	Put Nico	67	08-021	37.20	25m	10-2-80	Heerhugowaard (NED)	161
197.	Vos Daniël	91	08-021	37.20	25m	6-11-05	Zaandam (NED)	161
199.	Groot Sander	88	08-021	37.23	25m	17-2-00	Heemskerk (NED)	161
199.	Mulder Mark	97	08-021	37.23	25m	7-1-12	Hoor (NED)	161
201.	Dullemond Fred	67	08-021	37.30	25m	29-11-82	Heemskerk (NED)	160
201.	Brands Ronald	75	08-021	37.30	25m	15-3-87	Heemskerk (NED)	160
203.	de Buyzer Eelco	64	08-021	37.40	25m	1-9-79	Heemskerk (NED)	158
204.	Litjens Olaf	99	08-021	37.42	25m	7-1-12	Hoor (NED)	158
205.	van den Akker Dennis	63	08-021	37.50	25m	30-3-76	Heemskerk (NED)	157
206.	Josselet Bart	84	08-021	37.53	25m	15-11-98	Zaandam (NED)	157
207.	Sikkema Joris	86	08-021	37.68	25m	15-11-98	Zaandam (NED)	155
208.	Meyer Frank	60	08-021	38.00	25m	7-12-76	Heemskerk (NED)	151
208.	Tap Ben	69	08-021	38.00	25m	22-3-88	Heemskerk (NED)	151
210.	van Dijck Bart	63	08-021	38.10	25m	14-9-76	Heemskerk (NED)	150
210.	Welboren Mark	87	08-021	38.10	25m	15-11-98	Zaandam (NED)	150
212.	Brouwer Nick	68	08-021	38.20	25m	10-2-80	Heerhugowaard (NED)	149
213.	Ramaakers Raymond	91	08-021	38.28	25m	29-1-04	Heemskerk (NED)	148
214.	Rasch Wilco	68	08-021	38.30	25m	27-9-80	Heemskerk (NED)	148
215.	Dam Norbert	92	08-021	38.47	25m	14-11-04	Zaandam (NED)	146
216.	Lammers Fake	63	08-021	38.50	25m	17-9-77	Heemskerk (NED)	145
217.	Put Hans	66	08-021	38.60	25m	10-2-80	Heerhugowaard (NED)	144
217.	Thijssen Dave	82	08-021	38.60	25m	5-3-95	Heemskerk (NED)	144
219.	de Graaf Arnold	66	08-021	38.70	25m	10-2-80	Heerhugowaard (NED)	143
220.	van der Gracht Adrie	57	08-021	38.72	25m	20-5-10	Heemskerk (NED)	143
221.	Prins Hilbert	51	08-021	38.77	25m	22-1-16	Papendrecht (NED)	142
222.	Beintema Andre	64	08-021	38.80	25m	17-9-77	Heemskerk (NED)	142
222.	Hoogeterp Klaas	67	08-021	38.80	25m	27-9-80	Heemskerk (NED)	142

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224.	van Heerwaarden Gerard	70	08-021	39.10	25m	7-3-82		139
225.	van Hoytema Max	98	08-021	39.46	25m	11-4-10	Zaandam (NED)	135
226.	de Moes Paul	70	08-021	39.50	25m	11-12-83	Heemskerk (NED)	134
226.	Arends Peter	79	08-021	39.50	25m	14-4-93		134
228.	Teufer Florian	95	08-021	39.77	25m	25-1-07	Heemskerk (NED)	132
229.	de Wit Job	98	08-021	39.84	25m	13-4-08	Hoorndam (NED)	131
230.	van Tilburg Beau	07	08-021	39.86	25m	19-9-19	Heemskerk (NED)	131
231.	van Dijk Mitchell	99	08-021	40.09	25m	27-2-10	Hoorndam (NED)	129
232.	Manshanden Davy	68	08-021	40.50	25m	2-3-80	Heemskerk (NED)	125
232.	de Boer Elias	70	08-021	40.50	25m	29-11-82	Heemskerk (NED)	125
232.	Zwaan Nick	94	08-021	40.50	25m	14-3-04	Zaandam	125
235.	Visvaligam Athithyan	02	08-021	40.51	25m	18-9-14	Heemskerk (NED)	125
236.	Oudendijk Hans	54	08-021	40.53	25m	29-3-07	Heemskerk (NED)	124
237.	Zonneveld Alex	90	08-021	40.59	25m	25-10-01	Heemskerk	124
238.	Beeksma Coen	90	08-021	40.80	25m	21-4-02	Heemstede	122
239.	van Heerwaarden Stefan	70	08-021	40.90	25m	7-3-82		121
240.	van Hardeveld Richard	69	08-021	41.00	25m	7-11-81	Heemskerk (NED)	120
241.	Welp Marco	72	08-021	41.20	25m	2-9-84	Heemskerk (NED)	118
242.	Liu Andy	04	08-021	41.23	25m	7-5-17	Zaandam (NED)	118
243.	Offringa Martin	61	08-021	41.30	25m	7-12-76	Heemskerk (NED)	118
244.	Schellekens Henk	76	08-021	41.50	25m	5-10-89	Heemskerk (NED)	116
244.	Verhagen Bart	85	08-021	41.50	25m	14-12-95	Heemskerk (NED)	116
246.	van der Kolk Bart	69	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	115
246.	Zwetsloot Paul	65	08-021	41.60	25m	16-3-80	Heemskerk (NED)	115
248.	de Rooij Coen	89	08-021	41.61	25m	17-2-00	Heemskerk (NED)	115
249.	de Groot Michiel	91	08-021	41.68	25m	20-4-03	Haarlem	114
249.	Teufer Lorentz	96	08-021	41.68	25m	25-1-07	Heemskerk (NED)	114
251.	Kloppenburger Albert	82	08-021	41.70	25m	12-5-93		114
252.	Welboren Mischa	89	08-021	41.72	25m	26-11-98	Heemskerk (NED)	114
253.	Vacca Sandro	04	08-021	41.75	25m	27-11-16	Zaandam (NED)	114
254.	Kuijl Ben	62	08-021	41.80	25m	14-9-76	Heemskerk (NED)	113
255.	Ukkerman Benz	02	08-021	41.86	25m	13-4-14	Zaandam (NED)	113
256.	Gruning Andre	68	08-021	42.00	25m	16-3-80	Heemskerk (NED)	112
257.	Komen Berend	97	08-021	42.02	25m	3-10-10	Zaandam (NED)	112
258.	Grapendaal Aad	42	08-021	42.07	50m	26-9-15	Kampen (NED)	122
259.	Apeldoorn Alex	89	08-021	42.23	25m	3-12-00	Zaandam (NED)	110
260.	van der Weide Bas	75	08-021	42.40	25m	31-5-90	Heemskerk (NED)	109
261.	Hagebout Erwin	65	08-021	42.50	25m	17-9-77	Heemskerk (NED)	108
261.	van Velsen Gerard	54	08-021	42.50	25m	22-3-88	Heemskerk (NED)	108
263.	Brouwer Marc	66	08-021	42.60	25m	10-2-80	Heerhugowaard (NED)	107
264.	Baltjes Timo	09	08-021	42.68	25m	21-11-21	Den Helder (NED)	106
264.	de Weers Luuk	13	08-021	42.68	25m	7-12-23	Heemskerk (NED)	106
266.	Martens Andre	70	08-021	42.80	25m	29-11-82	Heemskerk (NED)	106
267.	de Boer Sem	02	08-021	43.16	25m	27-1-13	Zaandam (NED)	103
268.	Abbenhuis Frank	65	08-021	43.20	25m	7-12-76	Heemskerk (NED)	103
269.	Ayari Mohammed	13	08-021	43.45	25m	16-11-25	Purmerend (NED)	101
270.	Glorie Jan	57	08-021	43.78	25m	24-1-09	Vlissingen (NED)	99
271.	Groot Tim	99	08-021	43.87	25m	2-10-11	Heemskerk (NED)	98
272.	Haasbeek Bart	67	08-021	43.90	25m	10-2-80	Heerhugowaard (NED)	98
272.	de Rooter Marcel	64	08-021	43.90	25m	16-3-80	Heemskerk (NED)	98
272.	Jong Gregory	80	08-021	43.90	25m	27-9-90	Heemskerk (NED)	98
275.	Wassenaar Teun	03	08-021	43.97	25m	31-10-13	Heemskerk (NED)	97
276.	Buur Michael	87	08-021	44.00	25m	19-4-98	Zaandam (NED)	97

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277.	Verhagen Michel	82	08-021	44.10	25m	26-1-95	Heemskerk (NED)	96
278.	de Groot Pieter	83	08-021	44.50	25m	6-2-94	Wormerveer (NED)	94
279.	Reuderink Peter	62	08-021	44.60	25m	17-9-77	Heemskerk (NED)	93
280.	Aardenburg Koen	91	08-021	44.67	25m	27-1-05	Heemskerk (NED)	93
281.	Klemann Joshua	13	08-021	44.70	25m	18-9-25	Heemskerk (NED)	93
282.	Vink Jan Jaap	59	08-021	44.97	25m	21-10-12	Zaandam (NED)	91
283.	Gouweleeuw Raymond	88	08-021	45.21	25m	4-11-99	Heemskerk (NED)	89
284.	Nijenhuis Jan-Hendrik	65	08-021	45.40	25m	7-12-76	Heemskerk (NED)	88
285.	Kuijs Rik	04	08-021	45.91	25m	17-5-18	Heemskerk (NED)	85
286.	Beentjes Walter	64	08-021	46.00	25m	7-12-76	Heemskerk (NED)	85
286.	van der Kolk Rob	68	08-021	46.00	25m	10-2-80	Heerhugowaard (NED)	85
288.	Bruins Jacco	67	08-021	46.30	25m	1-9-79	Heemskerk (NED)	83
288.	van de Sluis Erwin	71	08-021	46.30	25m	7-11-81	Heemskerk (NED)	83
290.	Piek Roy	89	08-021	46.51	50m	26-5-01	Beverwijk (NED)	90
291.	Hartog Klaas	90	08-021	46.64	25m	26-4-01	Heemskerk (NED)	81
292.	Altena Marc	65	08-021	46.70	25m	7-12-76	Heemskerk (NED)	81
292.	Welp Andre	65	08-021	46.70	25m	17-9-77	Heemskerk (NED)	81
294.	Dekker Johnny	67	08-021	46.90	25m	22-4-78	Heemskerk (NED)	80
295.	van der Kolk Henk	65	08-021	47.90	25m	7-12-76	Heemskerk (NED)	75
296.	van der Kolk Dick	64	08-021	48.00	25m	7-12-76	Heemskerk (NED)	75
297.	Klinkenberg Marco	67	08-021	48.10	25m	16-3-80	Heemskerk (NED)	74
298.	van Lieshout Rick	78	08-021	48.20	25m	7-2-91	Heemskerk (NED)	74
299.	Jungbacker Rick	65	08-021	48.80	25m	16-3-80	Heemskerk (NED)	71
300.	van der Meijden Mats	14	08-021	48.91	25m	15-3-26	Heemskerk (NED)	71
301.	van Kaan Marc	66	08-021	49.20	25m	7-12-76	Heemskerk (NED)	69
301.	Renkema Wilco	68	08-021	49.20	25m	29-11-82	Heemskerk (NED)	69
303.	Salic Keno	89	08-021	49.28	25m	27-9-01	Heemskerk	69
304.	de Ruijter Jaap	85	08-021	49.50	25m	12-12-96	Heemskerk (NED)	68
305.	Steenkamp Erwin	92	08-021	49.68	25m	25-10-01	Heemskerk	67
306.	Apontoweil Joerie	67	08-021	50.00	25m	22-4-78	Heemskerk (NED)	66
307.	Cekic Deniz	97	08-021	50.01	25m	13-4-08	Hoorndijk (NED)	66
308.	Doodeman Erik	71	08-021	50.10	25m	7-11-81	Heemskerk (NED)	66
309.	Heesterbeek Mathijs	00	08-021	50.25	25m	30-9-10	Heemskerk (NED)	65
310.	Jansen Davy	15	08-021	50.59	25m	18-9-25	Heemskerk (NED)	64
311.	van der Berg Job	98	08-021	50.69	25m	13-4-08	Hoorndijk (NED)	63
312.	de Joode Bert	65	08-021	50.80	25m	17-9-77	Heemskerk (NED)	63
313.	van Honk Arjan	82	08-021	50.90	25m	8-11-90	Heemskerk (NED)	63
313.	Viel Stefan	88	08-021	50.90	25m	7-5-98	Heemskerk (NED)	63
315.	van Heerwaarden Marcel	65	08-021	51.40	25m	7-12-76	Heemskerk (NED)	61
316.	Welp Paul	73	08-021	52.10	25m	11-12-83	Heemskerk (NED)	58
316.	van Wijk Peter	87	08-021	52.10	25m	26-11-98	Heemskerk (NED)	58
318.	Feyen Erik	66	08-021	52.20	25m	14-9-76	Heemskerk (NED)	58
319.	Kreuger Dave	73	08-021	52.30	25m	2-9-84	Heemskerk (NED)	58
320.	Verhagen Jeroen	84	08-021	53.00	25m	14-12-95	Heemskerk (NED)	55
321.	Handgraaf Jos	87	08-021	53.56	25m	20-5-99	Heemskerk (NED)	54
322.	van Slooten Udo	65	08-021	54.00	25m	14-9-76	Heemskerk (NED)	52
323.	van der Engh Dex	12	08-021	54.46	25m	26-9-24	Heemskerk (NED)	51
324.	Haasnoot Richard	69	08-021	55.10	25m	10-2-80	Heerhugowaard (NED)	49
325.	Landman John	75	08-021	56.00	25m	29-11-82	Heemskerk (NED)	47
326.	de Bruijn Harold	65	08-021	56.30	25m	7-12-76	Heemskerk (NED)	46
327.	Ruyter Jurgen	60	08-021	57.20	25m	30-3-76	Heemskerk (NED)	44
328.	Bodenstaff Joël	14	08-021	57.33	25m	1-2-26	Krommenie (NED)	44
329.	Josselet Martin	91	08-021	57.96	25m	31-1-02	Heemskerk	42

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330.	van Heerwaarden Erwin	68	08-021	58.00	25m	7-12-76	Heemskerk (NED)	42
331.	van Dijk Michel	68	08-021	58.40	25m	7-12-76	Heemskerk (NED)	41
332.	Spijker Jesse	91	08-021	58.62	25m	25-5-00	Heemskerk (NED)	41
333.	Hermens Sjoerd	68	08-021	58.80	25m	16-3-80	Heemskerk (NED)	40
334.	Vrugt Richard	67	08-021	59.00	25m	7-12-76	Heemskerk (NED)	40
335.	Bruisschaart Marcel	66	08-021	59.20	25m	7-12-76	Heemskerk (NED)	40
335.	Metz Aron	73	08-021	59.20	25m	7-11-81	Heemskerk (NED)	40
337.	Denneman John	66	08-021	59.50	25m	7-12-76	Heemskerk (NED)	39
338.	Goverde Antoine	65	08-021	59.60	25m	7-12-76	Heemskerk (NED)	39
339.	Weezepeel Kelvin	09	08-021	59.74	25m	19-9-19	Heemskerk (NED)	39
340.	Ruiz Sanchis Dean	15	08-021	59.78	25m	5-6-25	Heemskerk (NED)	38
341.	Breton Tiemo	16	08-021	1:00.35	25m	1-2-26	Krommenie (NED)	37
342.	Hekman Sidney	71	08-021	1:00.50	25m	3-4-82	Heemskerk (NED)	37
343.	Rozemeijer Marco	67	08-021	1:00.80	25m	7-12-76	Heemskerk (NED)	37
344.	Huskins James	16	08-021	1:01.24	50m	13-12-25	Beverwijk (NED)	39
345.	de Groot Ronald	85	08-021	1:01.60	25m	11-12-96		35
346.	Schoonenberg Dave	74	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	35
347.	van Kaam Sander	69	08-021	1:03.10	25m	7-12-76	Heemskerk (NED)	33
348.	Teunissen Frank	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	32
349.	Boudewijn Ruben	17	08-021	1:03.49	25m	1-2-26	Krommenie (NED)	32
350.	Hermens Coen	66	08-021	1:04.00	25m	7-12-76	Heemskerk (NED)	31
351.	Havenaars Fabian	72	08-021	1:04.50	25m	29-11-82	Heemskerk (NED)	30
352.	de Wit Arnoud	66	08-021	1:04.70	25m	7-12-76	Heemskerk (NED)	30
353.	van Ess Bram	17	08-021	1:04.76	25m	12-10-25	Heemskerk (NED)	30
354.	Smith Robert	88	08-021	1:05.88	25m	26-4-01	Heemskerk (NED)	29
355.	di Bucchianico Ricardo	65	08-021	1:06.60	25m	7-12-76	Heemskerk (NED)	28
356.	Bus Marcel	73	08-021	1:06.70	25m	29-11-82	Heemskerk (NED)	28
357.	Breton Hugo	17	08-021	1:07.37	25m	1-2-26	Krommenie (NED)	27
358.	Sahin Ahmet	12	08-021	1:07.86	25m	1-2-24	Heemskerk (NED)	26
359.	Denneman Frank	68	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	24
360.	Beentjes Johnny	68	08-021	1:10.10	25m	7-12-76	Heemskerk (NED)	24
361.	van der Aar Peter	69	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	22
362.	Oliveira Rocha Dean	14	08-021	1:11.42	25m	21-9-23	Heemskerk (NED)	22
363.	Banks Ryan	18	08-021	1:13.66	25m	21-9-23	Heemskerk (NED)	20
364.	Lubbers Pieter-Jan	67	08-021	1:15.90	25m	7-12-76	Heemskerk (NED)	19
365.	Seigers Bruno	17	08-021	1:16.78	25m	1-2-26	Krommenie (NED)	18
366.	van Dijk Dennis	72	08-021	1:19.30	25m	29-11-82	Heemskerk (NED)	16
367.	Roemeling Nicky	87	08-021	1:20.00	25m	11-1-96	Heemskerk (NED)	16
368.	Suvaal Theo	69	08-021	1:20.50	25m	7-12-76	Heemskerk (NED)	15
369.	Boerkamp Bart	68	08-021	1:20.70	25m	7-12-76	Heemskerk (NED)	15
370.	Pettinga Rodney	85	08-021	1:20.80	25m	8-2-96	Heemskerk (NED)	15
371.	Hartog Joep	93	08-021	1:23.90	25m	26-4-01	Heemskerk (NED)	14
372.	Hulscher Jayden	17	08-021	1:35.54	25m	5-6-25	Heemskerk (NED)	9
373.	Mul Wilbert	75	08-021	1:35.60	25m	29-11-82	Heemskerk (NED)	9
374.	Ruiz Sanchez Tyler	18	08-021	1:47.82	25m	5-6-25	Heemskerk (NED)	6

**100 vrije slag**

1.	Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2.	Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3.	Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4.	Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5.	Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6.	Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
7.	Camphuijnder Wilko	69	08-021	55.60	25m	14-12-97	Heemskerk (NED)	528
7.	van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
9.	Jongert Sjoerd	01	08-021	56.14	25m	24-3-19	Purmerend (NED)	512
10.	Camphuijnder Jasper	05	08-021	56.33	25m	9-11-24	Purmerend (NED)	507
11.	Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
12.	de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
13.	Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
14.	Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
15.	Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
16.	Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
17.	Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
18.	van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoornd (NED)	466
19.	Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
20.	Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
21.	Breton Wouter	89	08-021	58.55	25m	12-10-25	Heemskerk (NED)	452
22.	van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
23.	van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
24.	Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
25.	Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
26.	Druyven Jorrick	94	08-021	59.07	25m	24-3-08	Haarlem (NED)	440
27.	Korzelius Ron	65	08-021	59.10	25m	8-3-87	Zaandam (NED)	439
27.	Oortwijn Maarten	80	08-021	59.10	25m	31-3-97	Haarlem (NED)	439
27.	Stins Arnold	83	08-021	59.10	25m	12-3-00	Heemskerk (NED)	439
30.	Di Mattia Angelo	97	08-021	59.19	25m	8-1-15	Heemskerk (NED)	437
31.	Blaauw Mica	05	08-021	59.41	25m	6-4-25	Purmerend (NED)	432
32.	Tijms Stefan	93	08-021	59.56	25m	24-1-19	Heemskerk (NED)	429
33.	van der Kroft Barry	82	08-021	59.60	25m	31-5-01	Heemskerk (NED)	428
34.	Oortwijn Kalle	05	08-021	59.74	25m	30-10-22	Heemskerk (NED)	425
35.	Verbree John	61	08-021	59.80	25m	16-11-80	Haarlem (NED)	424
36.	de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)	423
37.	Hermans Luuk	85	08-021	59.94	25m	31-10-04	Zuidoostbeemster (NED)	421
38.	Steenbergen Roderik	82	08-021	1:00.14	25m	11-6-00	Haarlem (NED)	417
39.	de Ruijter Richard	88	08-021	1:00.22	25m	28-12-04	Maastricht (NED)	415
40.	Essers Tim	88	08-021	1:00.56	25m	10-2-19	Purmerend (NED)	408
41.	Schaaper Hans	68	08-021	1:00.60	25m	18-2-89		407
42.	de Vijlder Michael	75	08-021	1:00.90	25m	6-4-96	Haarlem (NED)	401
43.	Groen Jarno	01	08-021	1:01.15	25m	24-3-19	Purmerend (NED)	396
44.	Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden	393
45.	de Vries Allard	96	08-021	1:01.34	25m	30-3-14	Zaandam (NED)	393
46.	Kemmeren Ferry	91	08-021	1:01.43	25m	4-11-07	Amsterdam (NED)	391
47.	Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83		390
48.	Plokker Robert	65	08-021	1:01.60	25m	20-9-81	Den Helder (NED)	388
48.	Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89		388
48.	Keessen Jeroen	67	08-021	1:01.60	25m	6-12-90	Heemskerk (NED)	388
51.	van Vegten Teun	01	08-021	1:01.88	25m	11-5-17	Heemskerk (NED)	383
52.	Pover Peter	69	08-021	1:01.90	25m	4-10-92	Assendelft (NED)	382
53.	Kuijper Alex	08	08-021	1:02.04	25m	12-10-25	Heemskerk (NED)	380

100 vrije slag (sinds 54)

54.	Tamis Thijs	82	08-021	1:02.06	25m	15-4-01	Haarlem (NED)	379
55.	Dekker Rudie	78	08-021	1:02.30	25m	22-1-95	Castricum (NED)	375
56.	Hulshof Patrick	75	08-021	1:02.40	25m	24-3-91	Zaandam (NED)	373
57.	Woudsma Stefan	00	08-021	1:02.45	25m	19-5-16	Heemskerk (NED)	372
58.	Schoonakker Mick	07	08-021	1:02.53	25m	10-12-23	Alkmaar (NED)	371
59.	Palmboom Pascal	89	08-021	1:02.75	25m	17-2-08	Zaandam (NED)	367
60.	Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)	362
61.	Stam Daniël	79	08-021	1:03.10	25m	21-9-97	Alkmaar (NED)	361
62.	Windmuller Ton	62	08-021	1:03.20	25m	12-10-80	Wormerveer (NED)	359
62.	van der Linden René	70	08-021	1:03.20	25m	29-9-85	Heemskerk (NED)	359
64.	Butter Stijn	11	08-021	1:03.39	25m	1-3-26	Aalsmeer (NED)	356
65.	Krijger Jan-Willem	81	08-021	1:03.45	25m	18-2-99	Heemskerk (NED)	355
66.	Hoening Jarl	86	08-021	1:03.48	25m	18-4-04	Zaandam (NED)	354
67.	Dekker Ruben	93	08-021	1:03.54	25m	19-2-06	Almelo (NED)	353
68.	de Ruijter René	86	08-021	1:03.59	25m	25-3-04	Heemskerk	352
69.	Butter Joris	86	08-021	1:03.62	25m	27-5-04	Heemskerk (NED)	352
70.	Wassenaar Marcel	69	08-021	1:03.80	25m	18-2-89		349
70.	Bal Chester	78	08-021	1:03.80	25m	10-12-95	Heemskerk (NED)	349
72.	Martijn Onno	91	08-021	1:03.87	25m	27-11-05	Heemskerk (NED)	348
73.	Dijkstra Menno	68	08-021	1:03.90	25m	20-12-86	Hilversum (NED)	347
74.	Missot Paul	64	08-021	1:04.00	25m	27-1-80	Zaandam (NED)	346
74.	Bok Reitze	73	08-021	1:04.00	25m	11-3-90	Heemskerk (NED)	346
76.	Beentjes Bastiaan	78	08-021	1:04.31	25m	17-2-00	Heemskerk (NED)	341
77.	Lamers Koen	91	08-021	1:04.33	25m	29-3-07	Heemskerk (NED)	340
78.	de Caluwé Niels	91	08-021	1:04.40	25m	25-4-13	Heemskerk (NED)	339
79.	Ayari Adam	08	08-021	1:04.41	25m	12-1-25	Heemskerk (NED)	339
80.	Rijpma Sjoerd	58	DEM/OEZA	1:04.60	25m	10-1-91	Heemskerk (NED)	336
81.	Geijsen Jacques	67	DEM/OEZA	1:04.63	25m	31-1-13	Heemskerk (NED)	336
82.	van Rijn Michael	70	08-021	1:04.80	25m	29-9-85	Heemskerk (NED)	333
83.	Overmeer Michel	60	08-021	1:05.00	25m	22-1-78	Zaandam (NED)	330
84.	Andeweg Celedonio	76	08-021	1:05.40	25m	28-9-94		324
85.	Zwaan Bas	76	08-021	1:05.70	25m	24-3-93		320
86.	Schillemans Bram	99	08-021	1:05.76	25m	11-5-17	Heemskerk (NED)	319
87.	Schaap Paul	75	08-021	1:06.00	25m	7-12-89	Heemskerk (NED)	315
88.	Wolf Gert Jan	65	08-021	1:06.20	25m	20-9-81	Den Helder (NED)	312
89.	Schaaper Bart	73	08-021	1:06.30	25m	1-10-89	Zaandam (NED)	311
90.	van der Heijden Hans	60	08-021	1:06.40	25m	23-4-76		310
91.	Dekker Erik	62	08-021	1:06.60	25m	17-2-80	Heerhugowaard (NED)	307
92.	Goverde Ad	59	08-021	1:06.70	25m	17-2-80	Heerhugowaard (NED)	305
92.	van Honschoten Jacky	67	08-021	1:06.70	25m	18-4-82		305
94.	de Boer Daniël	77	08-021	1:06.90	25m	23-4-95	Castricum (NED)	303
95.	van de Sluis Nicolai	66	08-021	1:07.00	25m	3-5-81	Zaandam (NED)	301
96.	Oortwijn Bouke	78	08-021	1:07.04	25m	17-10-15	Emmeloord (NED)	301
97.	van de Laar Viktor	05	08-021	1:07.54	25m	10-3-24	Purmerend (NED)	294
98.	Deen Peter	59	08-021	1:07.60	25m	24-5-75	Z.O. Beemster (NED)	293
99.	de Caluwe Perry	61	08-021	1:07.70	25m	17-2-80	Heerhugowaard (NED)	292
100.	Hos Dennis	68	08-021	1:07.90	25m	5-10-89	Heemskerk (NED)	289
100.	van der Bunt Raymond	73	08-021	1:07.90	25m	10-3-91	Heemskerk (NED)	289
100.	Kerdijk Dennis	79	08-021	1:07.90	25m	17-3-96	Heemskerk (NED)	289
100.	Voorn Max	05	08-021	1:07.90	25m	21-11-21	Den Helder (NED)	289
100.	Herwegh Dink	11	08-021	1:07.90	25m	20-10-24	Heemskerk (NED)	289
105.	de Weert Sander	72	08-021	1:08.06	25m	28-1-12	Terneuzen (NED)	287
106.	Goverde Jeroen	73	08-021	1:08.10	25m	8-4-90	Volendam (NED)	287

100 vrije slag (sinds 107)

107.	Blaauw Xam	07	08-021	1:08.21	25m	19-2-26	Heemskerk (NED)	285
108.	Roosendaal Ben	66	08-021	1:08.30	25m	18-1-81	Zaandam (NED)	284
109.	Doodeman Niels	89	08-021	1:08.40	25m	7-4-02	Heemskerk	283
110.	van Heerwaarden Chiel	05	08-021	1:08.55	25m	12-1-20	Purmerend (NED)	281
111.	Koopman Axel	92	08-021	1:08.67	25m	16-4-06	Haarlem (NED)	280
112.	van Hannen Erik	67	08-021	1:08.80	25m	7-3-82		278
112.	Zijlstra Jeroen	80	08-021	1:08.80	25m	10-12-95	Heemskerk (NED)	278
114.	Hoening Sten	84	08-021	1:09.03	25m	14-3-04	Zaandam	275
114.	Blaauw Eric	67	08-021	1:09.03	25m	22-9-13	Purmerend (NED)	275
116.	de Vries Dylan	93	08-021	1:09.07	25m	19-5-16	Heemskerk (NED)	275
117.	Windmuller Hans-Pieter	60	08-021	1:09.10	25m	27-11-77	IJmuiden (NED)	275
117.	Ursem Jerre	73	08-021	1:09.10	25m	15-3-87	Heemskerk (NED)	275
117.	Bleijendaal Thomas	88	08-021	1:09.10	25m	12-4-04	Haarlem	275
120.	Duin Goos	00	08-021	1:09.12	25m	20-9-15	Purmerend (NED)	274
121.	Ijntema Tjeerd	99	08-021	1:09.29	25m	30-10-16	Den Helder (NED)	272
122.	Woudsma Maarten	01	08-021	1:09.30	25m	11-5-17	Heemskerk (NED)	272
123.	de Boer Tobias	02	08-021	1:09.56	25m	11-5-17	Heemskerk (NED)	269
124.	Nolte Martijn	74	08-021	1:09.90	25m	31-12-86		265
125.	Tuinstra Sean	98	08-021	1:09.91	25m	10-11-13	Zaandam (NED)	265
126.	de Wildt Thijs	94	08-021	1:10.60	25m	17-1-10	Amsterdam-oost (NED)	257
127.	Huisman Rene	69	08-021	1:11.00	25m	13-3-83	Castricum (NED)	253
127.	de Groot Peter	80	08-021	1:11.00	25m	22-9-96	Heemskerk (NED)	253
129.	van Duin Peter	65	08-021	1:11.10	25m	17-5-81	Castricum (NED)	252
130.	Borst Corné	96	08-021	1:11.23	25m	13-11-11	Zaandam (NED)	251
131.	Kemper Marcel	65	08-021	1:11.40	25m	31-8-80	Heemskerk (NED)	249
132.	Vlieland Roy	99	08-021	1:11.49	25m	25-4-13	Heemskerk (NED)	248
133.	Zonneveld Jeroen	78	08-021	1:11.56	25m	14-2-99	Heemskerk (NED)	247
134.	Tijms Eric	64	08-021	1:11.93	25m	22-1-11	Heerenveen (NED)	243
135.	Hoekstra Erwin	73	DEM/OEZA	1:12.02	25m	31-1-13	Heemskerk (NED)	242
136.	van Dijk Bart	63	08-021	1:12.10	50m	11-6-78	Beverwijk (NED)	275
137.	Ursem Rob	69	08-021	1:12.30	25m	29-9-85	Heemskerk (NED)	240
138.	Ranzijn Bas	76	DEM/OEZA	1:12.60	25m	31-1-13	Heemskerk (NED)	237
139.	Blokker Mike	66	DEM/OEZA	1:12.70	25m	7-2-91	Heemskerk (NED)	236
140.	Kies Marcel	60	DEM/OEZA	1:12.80	25m	10-1-91	Heemskerk (NED)	235
141.	Oortwijn Bjarne	07	08-021	1:13.01	25m	20-10-24	Heemskerk (NED)	233
142.	Paap Jaidy	08	08-021	1:13.05	25m	19-2-26	Heemskerk (NED)	232
143.	Besse Niels	72	08-021	1:13.10	25m	4-2-90	Volendam (NED)	232
144.	de Jonge Marco	66	08-021	1:13.40	25m	30-1-14	Heemskerk (NED)	229
145.	Kock Albert	61	08-021	1:13.70	25m	31-12-75		226
146.	de Caluwe Johan	64	08-021	1:14.00	25m	13-4-80	Zaandam (NED)	223
147.	Zonneveld Abel	13	08-021	1:14.10	25m	1-3-26	Aalsmeer (NED)	223
148.	de Wit Matthew	97	08-021	1:14.19	25m	1-2-15	Amsterdam (NED)	222
149.	Hof Peter	62	08-021	1:14.20	25m	19-2-78	Assendelft (NED)	222
150.	van den Akker Dennis	63	08-021	1:14.40	25m	10-12-77	Heemskerk (NED)	220
151.	Arends Martin	81	08-021	1:14.60	25m	20-3-93		218
152.	Meijer Viggo	06	08-021	1:15.11	25m	2-2-23	Heemskerk (NED)	214
153.	Boonacker Wietse	68	08-021	1:15.20	25m	19-12-81	Hilversum (NED)	213
153.	de Moes Paul	70	08-021	1:15.20	25m	29-9-85	Heemskerk (NED)	213
155.	Kemmeren Andre	88	08-021	1:15.37	25m	3-10-04	Heemskerk (NED)	211
156.	van Rixel Ferry	64	08-021	1:15.40	50m	11-6-78	Beverwijk (NED)	240
157.	Crok Dirk	58	08-021	1:15.45	25m	25-4-13	Heemskerk (NED)	211
158.	Steijn Twan	13	08-021	1:16.07	25m	19-2-26	Heemskerk (NED)	206
159.	Koning Arthur	96	08-021	1:16.14	25m	14-11-10	Castricum (NED)	205

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160.	Steijn Daan	11	08-021	1:16.66	25m	8-3-26	Haarlem (NED)	201
161.	Yayli Serkan	92	08-021	1:16.85	25m	28-11-04	Heemskerk (NED)	199
162.	Nijland Yoran	05	08-021	1:17.59	25m	17-6-18	Alkmaar (NED)	194
163.	Leegwater Liam	11	08-021	1:17.75	25m	1-10-23	Den Helder (NED)	193
164.	Frederiks Stan	09	08-021	1:17.95	25m	10-3-24	Purmerend (NED)	191
165.	Smit Erik	64	08-021	1:18.00	25m	31-8-80	Heemskerk (NED)	191
166.	de Roode Jeremiah	99	08-021	1:19.24	25m	3-4-11	Zaandam (NED)	182
167.	Jong Ron	77	08-021	1:19.40	25m	31-5-90	Heemskerk (NED)	181
168.	Kuijl Ben	62	08-021	1:19.70	25m	19-2-78	Assendelft (NED)	179
169.	den Exter Peter	63	08-021	1:19.80	25m	4-4-96	Heemskerk (NED)	178
170.	Prins Hilbert	51	08-021	1:19.82	25m	22-1-16	Papendrecht (NED)	178
171.	Geurtsen Arjan	64	08-021	1:20.20	25m	28-9-75	Zaandam (NED)	175
171.	Verdonk Pim	63	08-021	1:20.20	25m	10-12-77	Heemskerk (NED)	175
173.	van Duivenvoorde Bram	12	08-021	1:20.46	25m	12-10-25	Heemskerk (NED)	174
174.	Jacobs Patrick	87	08-021	1:20.64	25m	7-4-02	Heemskerk	173
175.	van Lieshout Martin	76	08-021	1:21.10	25m	17-9-88		170
176.	Vessies Max	03	08-021	1:21.17	25m	5-10-14	Zaandam (NED)	169
177.	Wassenaar Joris	01	08-021	1:21.27	25m	6-10-13	Heemskerk (NED)	169
178.	Smit Rob	69	08-021	1:21.40	25m	31-8-80	Heemskerk (NED)	168
178.	van Hardeveld Richard	69	08-021	1:21.40	25m	13-3-83	Castricum (NED)	168
180.	de Vriend Ruben	03	08-021	1:21.45	25m	13-10-13	Zaandam (NED)	167
181.	Litjens Olaf	99	08-021	1:21.50	25m	7-10-12	Zaandam (NED)	167
182.	Vink Gé	60	08-021	1:21.53	25m	4-5-08	Winterswijk (NED)	167
183.	de Buyzer Eelco	64	08-021	1:21.60	25m	8-12-79	Heemskerk (NED)	167
184.	van Baal Elvin	86	08-021	1:21.78	25m	28-2-02	Heemskerk	165
185.	Rasch Wilco	68	08-021	1:21.80	25m	31-8-80	Heemskerk (NED)	165
185.	Schipper Erik	72	08-021	1:21.80	25m	28-10-84	Egmond (NED)	165
185.	ten Cate Raymond	82	08-021	1:21.80	25m	16-3-95	Heemskerk (NED)	165
188.	Hoogeterp Klaas	67	08-021	1:22.00	25m	31-8-80	Heemskerk (NED)	164
188.	van Rijn Ian	05	08-021	1:22.00	25m	2-2-17	Heemskerk (NED)	164
190.	de Rooij Roel	87	08-021	1:22.17	25m	20-12-98	Alkmaar (NED)	163
191.	Thijssen Dave	82	08-021	1:22.20	25m	5-11-95	Assendelft (NED)	163
192.	van de Wijst Peter	69	08-021	1:22.30	25m	10-1-81	Hilversum (NED)	162
193.	Hof Ronnalt	60	08-021	1:22.40	25m	19-2-78	Assendelft (NED)	162
194.	Kooistra André	88	08-021	1:22.59	25m	25-11-99	Heemskerk	161
195.	de Boer Elias	70	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	161
196.	Bleijendaal Lucas	83	08-021	1:22.80	25m	5-11-95	Assendelft (NED)	159
197.	van Heerwaarden Stefan	70	08-021	1:22.90	25m	16-1-83	Heemskerk (NED)	159
198.	Arends Peter	79	08-021	1:23.00	25m	25-3-93	Heemskerk (NED)	158
199.	Tholen Martijn	72	08-021	1:23.20	25m	12-2-84	Heemskerk (NED)	157
200.	Welboren Mark	87	08-021	1:23.39	25m	20-12-98	Alkmaar (NED)	156
201.	Mulder Mark	97	08-021	1:23.64	25m	27-11-11	Heemskerk (NED)	155
202.	Kloppenborg Albert	82	08-021	1:24.00	25m	12-3-94		153
203.	Veldhuis Christian	88	08-021	1:24.15	25m	13-1-02	Zaandam	152
204.	Hoekstra Marcel	78	08-021	1:24.30	25m	7-2-88	Heemskerk (NED)	151
204.	de Caluwé Thijs	82	08-021	1:24.30	25m	19-2-95	Assendelft (NED)	151
206.	van Sleen Robin	90	08-021	1:24.41	25m	20-4-03	Haarlem	150
207.	Vos Daniël	91	08-021	1:24.59	25m	30-3-06	Heemskerk (NED)	149
208.	Snel Jeffrey	86	08-021	1:24.80	25m	16-1-00	Zaandam (NED)	148
209.	Heeremans Tim	78	08-021	1:24.90	25m	6-1-90	Hilversum (NED)	148
210.	Smit Arend	88	08-021	1:25.14	25m	12-6-00	Haarlem (NED)	147
211.	Boon Peter	66	DEM/OEZA	1:25.40	25m	10-1-91	Heemskerk (NED)	145
212.	de Wit Job	98	08-021	1:25.66	25m	16-3-08	Zaandam (NED)	144

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213.	Zwart Mees	10	08-021	1:26.24	25m	20-10-24	Heemskerk (NED)	141
214.	Sikkema Joris	86	08-021	1:26.40	25m	17-5-98	Heemskerk (NED)	140
215.	Groot Sander	88	08-021	1:26.41	25m	19-12-99	Wormerveer (NED)	140
216.	Huis in 't Veld Lorenzo	03	08-021	1:26.82	25m	9-10-16	Alkmaar (NED)	138
217.	Josselet Bart	84	08-021	1:26.91	25m	7-3-99	Zaandam (NED)	138
218.	Sadeghi Hosseen	90	08-021	1:27.07	25m	18-1-04	Ijmuiden (NED)	137
219.	van Heerwaarden Gerard	70	08-021	1:27.50	25m	7-3-82		135
220.	van Dijk Mitchell	99	08-021	1:27.78	25m	14-3-10	Heemskerk (NED)	134
221.	Dam Norbert	92	08-021	1:28.28	25m	28-3-04	Zaandam (NED)	131
222.	Manshanden Davy	68	08-021	1:28.70	25m	8-11-80	Heemskerk (NED)	130
223.	Wassenaar Edwin	72	08-021	1:29.20	25m	13-3-83	Castricum (NED)	127
224.	van der Weide Bas	75	08-021	1:29.50	25m	3-5-90	Heemskerk (NED)	126
225.	Feyen Erik	66	08-021	1:29.90	25m	12-3-78	Zaandam (NED)	124
226.	van Hoytema Max	98	08-021	1:30.09	25m	11-4-10	Zaandam (NED)	124
227.	Ramaakers Raymond	91	08-021	1:30.43	25m	27-2-03	Heemskerk	122
228.	Liu Andy	04	08-021	1:31.01	25m	7-5-17	Zaandam (NED)	120
229.	Vink Jan Jaap	59	08-021	1:31.06	25m	21-10-12	Zaandam (NED)	120
230.	Komen Berend	97	08-021	1:31.28	25m	3-10-10	Zaandam (NED)	119
231.	de Rooij Coen	89	08-021	1:31.51	25m	23-4-00	Haarlem (NED)	118
232.	van Tilburg Beau	07	08-021	1:31.81	25m	3-11-19	Purmerend (NED)	117
233.	Geurtsen Hans	61	08-021	1:32.10	25m	24-5-75	Z.O. Beemster (NED)	116
234.	Verhagen Bart	85	08-021	1:32.60	25m	14-1-96	Zuidoost Beemster (NED)	114
235.	Teufer Lorentz	96	08-021	1:32.85	25m	26-11-06	Heemskerk (NED)	113
236.	Baltjes Timo	09	08-021	1:33.15	25m	2-6-22	Heemskerk (NED)	112
237.	Teufer Florian	95	08-021	1:33.34	25m	26-11-06	Heemskerk (NED)	111
238.	Visvaligam Athithiyan	02	08-021	1:33.36	50m	21-6-14	Beverwijk (NED)	126
239.	Kreuger Dave	73	08-021	1:33.50	25m	6-10-85	Wormerveer (NED)	111
240.	Zwaan Nick	94	08-021	1:33.63	25m	27-11-03	Heemskerk (NED)	110
241.	Vacca Sandro	04	08-021	1:33.83	25m	12-2-17	Purmerend (NED)	109
242.	Apeldoorn Alex	89	08-021	1:33.89	50m	7-5-00	Beverwijk (NED)	124
243.	de Groot Pieter	83	08-021	1:34.40	25m	25-9-94	Alkmaar (NED)	107
244.	Zonneveld Alex	90	08-021	1:34.49	25m	18-11-01	Heemskerk	107
245.	Piek Roy	89	08-021	1:35.24	25m	28-2-02	Heemskerk	105
246.	Brands Ronald	75	08-021	1:35.60	25m	22-9-85		103
247.	Welboren Mischa	89	08-021	1:35.76	25m	21-3-99	Assendelft (NED)	103
248.	Schellekens Henk	76	08-021	1:36.60	25m	2-11-89	Heemskerk (NED)	100
249.	Beeksma Coen	90	08-021	1:37.33	25m	17-3-02	Zaandam	98
250.	Welp Marco	72	08-021	1:37.50	25m	12-2-84	Heemskerk (NED)	97
251.	van de Sluis Erwin	71	08-021	1:37.60	25m	19-12-81	Hilversum (NED)	97
252.	van der Gracht Adrie	57	08-021	1:37.81	25m	6-4-15	Haarlem (NED)	96
253.	Klemann Joshua	13	08-021	1:38.16	25m	19-2-26	Heemskerk (NED)	95
254.	Buur Michael	87	08-021	1:40.50	25m	11-12-97	Heemskerk (NED)	89
255.	de Boer Sem	02	08-021	1:40.59	25m	10-3-13	Schagen (NED)	89
256.	de Groot Michiel	91	08-021	1:41.07	25m	28-11-02	Heemskerk	87
257.	Jong Gregory	80	08-021	1:41.80	25m	11-2-90	Heemskerk (NED)	86
258.	Wassenaar Teun	03	08-021	1:42.03	25m	30-1-14	Heemskerk (NED)	85
259.	Hekman Sidney	71	08-021	1:42.40	25m	6-2-83		84
260.	Verhagen Michel	82	08-021	1:43.90	25m	18-5-95	Heemskerk (NED)	80
261.	Glorie Jan	57	08-021	1:44.57	25m	25-1-09	Vlissingen (NED)	79
262.	van Leeuwen Elbert	73	08-021	1:45.50	25m	16-1-83	Heemskerk (NED)	77
263.	Salic Keno	89	08-021	1:45.57	25m	13-1-02	Zaandam	77
264.	Dekker Johnny	67	08-021	1:45.70	25m	12-3-78	Zaandam (NED)	76
265.	Aardenburg Koen	91	08-021	1:45.78	25m	24-2-05	Heemskerk (NED)	76

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266.	Kuijs Rik	04	08-021	1:47.02	25m	17-5-18	Heemskerk (NED)	74
267.	Ayari Mohammed	13	08-021	1:47.36	25m	12-10-25	Heemskerk (NED)	73
268.	Groot Tim	99	08-021	1:47.39	25m	13-3-11	Heemskerk (NED)	73
269.	de Veer Albert	72	08-021	1:48.00	25m	28-10-84	Egmond (NED)	72
270.	Gouweleeuw Raymond	88	08-021	1:48.82	25m	22-4-99	Heemskerk (NED)	70
271.	Grapendaal Aad	42	08-021	1:49.56	25m	30-1-14	Heemskerk (NED)	69
272.	de Ruijter Joost	74	08-021	1:49.90	25m	28-10-84	Egmond (NED)	68
273.	Verhagen Jeroen	84	08-021	1:51.10	25m	11-1-96	Heemskerk (NED)	66
274.	Lanser Werner	71	08-021	1:52.80	25m	14-3-81	Heemskerk (NED)	63
275.	Viel Stefan	88	08-021	1:53.90	25m	12-4-98	Haarlem (NED)	61
276.	van der Berg Job	98	08-021	1:54.37	25m	30-11-08	Heemskerk (NED)	60
277.	Steenkamp Erwin	92	08-021	1:55.14	25m	25-10-01	Heemskerk	59
278.	Steenstra Martijn	72	08-021	1:55.50	25m	12-10-80	Wormerveer (NED)	58
279.	van Lieshout Rick	78	08-021	1:57.30	25m	4-4-91	Heemskerk (NED)	56
280.	de Weers Luuk	13	08-021	1:58.50	25m	21-9-23	Heemskerk (NED)	54
281.	Jansen Davy	15	08-021	1:58.80	25m	5-6-25	Heemskerk (NED)	54
282.	van Wijk Peter	87	08-021	1:59.70	25m	5-4-98	Heemskerk (NED)	52
283.	Cekic Deniz	97	08-021	2:00.58	25m	9-3-08	Heemskerk (NED)	51
284.	van Els Thomas	82	08-021	2:05.80	25m	16-2-94		45
285.	Witkamp Jochem	91	08-021	2:07.80	25m	20-12-01	Heemskerk	43
286.	Weezepeel Kelvin	09	08-021	2:11.33	25m	30-1-20	Heemskerk (NED)	40
287.	Josselet Martin	91	08-021	2:16.23	25m	25-4-02	Heemskerk	35
288.	de Ruijter Jaap	85	08-021	2:16.90	25m	2-5-96	Heemskerk (NED)	35
289.	Pettinga Rodney	85	08-021	2:45.20	25m	4-4-96	Heemskerk (NED)	20
289.	Roemeling Nicky	87	08-021	2:45.20	25m	2-5-96	Heemskerk (NED)	20

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1.	Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2.	Gaal Roel	01	08-021	1:58.67	25m	23-11-19	Hoofddorp (NED)	587
3.	Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
4.	Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
5.	Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
6.	Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
7.	Camphuijnder Jasper	05	08-021	2:03.12	25m	2-2-25	Den Helder (NED)	525
8.	van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
9.	Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
10.	Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoom (NED)	480
11.	Gaal Koen	99	08-021	2:07.43	25m	12-1-25	Heemskerk (NED)	474
12.	Oudendijk Paul	81	08-021	2:07.98	25m	3-2-07	Aberdeen (GBR)	468
13.	van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
14.	Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
15.	Camphuijnder Wilko	69	08-021	2:09.20	25m	6-4-97	Heemskerk (NED)	454
16.	Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
17.	de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
18.	Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
19.	Druyven Jorrick	94	08-021	2:09.96	25m	9-3-08	Heemskerk (NED)	447
20.	Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
21.	van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
22.	Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
23.	Korzelijs Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
24.	Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
25.	Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416

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26.	Tijms Stefan	93	08-021	2:13.30	25m	21-3-13	Heemskerk (NED)	414
27.	Steenbergen Roderik	82	08-021	2:14.31	25m	6-10-02	Zaandam	404
28.	Blaauw Mica	05	08-021	2:14.97	25m	5-6-25	Heemskerk (NED)	399
29.	Tamis Thijs	82	08-021	2:15.02	25m	25-4-02	Heemskerk	398
30.	de Vijlder Michael	75	08-021	2:15.20	25m	6-4-97	Heemskerk (NED)	397
31.	Kerkhof Arno	72	08-021	2:15.40	25m	5-10-89	Heemskerk (NED)	395
32.	Plokker Robert	65	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
32.	Verbree John	61	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
34.	de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)	390
35.	Breton Wouter	89	08-021	2:16.16	25m	5-6-25	Heemskerk (NED)	388
36.	Oortwijn Maarten	80	08-021	2:16.30	25m	1-5-97	Heemskerk (NED)	387
37.	Groen Jarno	01	08-021	2:16.78	25m	5-3-20	Heemskerk (NED)	383
38.	de Vries Allard	96	08-021	2:17.56	25m	8-12-13	Amstelveen (NED)	376
39.	Woudsma Stefan	00	08-021	2:17.71	25m	17-3-16	Heemskerk (NED)	375
40.	Essers Tim	88	08-021	2:17.77	25m	2-12-12	Amstelveen (NED)	375
41.	Kramer Vincent	82	08-021	2:18.10	25m	26-4-98	Alkmaar (NED)	372
42.	Schaaper Hans	68	08-021	2:18.20	25m	4-10-89		371
43.	de Ruijter Richard	88	08-021	2:18.96	25m	29-9-05	Heemskerk (NED)	365
44.	Wiegman Stefan	74	08-021	2:19.00	25m	17-11-88	Heemskerk (NED)	365
44.	van Rookhuizen Barry	82	08-021	2:19.00	25m	19-11-00	Zaandam (NED)	365
46.	van der Kroft Barry	82	08-021	2:19.08	25m	5-10-03	Heemskerk (NED)	364
47.	Hermans Luuk	85	08-021	2:19.93	25m	28-11-04	Heemskerk (NED)	358
48.	Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83		356
49.	Butter Stijn	11	08-021	2:20.12	25m	7-12-25	Purmerend (NED)	356
50.	Kemmeren Ferry	91	08-021	2:20.39	25m	25-11-07	Amsterdam (NED)	354
51.	Oortwijn Kalle	05	08-021	2:20.44	25m	5-3-20	Heemskerk (NED)	354
52.	Keessen Jeroen	67	08-021	2:20.70	25m	12-2-84	Heemskerk (NED)	352
53.	van der Heijden Hans	60	08-021	2:21.00	25m	8-1-77	Heemskerk (NED)	350
53.	Pover Peter	69	08-021	2:21.00	25m	4-10-89		350
55.	Stam Daniël	79	08-021	2:21.10	25m	26-10-97	Heemskerk (NED)	349
56.	Krijger Jan-Willem	81	08-021	2:21.70	25m	9-4-98	Heemskerk (NED)	344
57.	Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)	341
58.	Kuijper Alex	08	08-021	2:22.80	25m	5-10-25	Purmerend (NED)	336
59.	Hoening Jarl	86	08-021	2:23.03	25m	18-1-04	IJmuiden (NED)	335
60.	Di Mattia Angelo	97	08-021	2:23.07	25m	26-10-14	Zaandam (NED)	335
61.	van Vegten Teun	01	08-021	2:23.18	25m	16-3-17	Heemskerk (NED)	334
62.	Dekker Rudie	78	08-021	2:23.20	25m	17-2-94	Heemskerk	334
63.	Butter Joris	86	08-021	2:23.36	25m	18-12-03	Heemskerk (NED)	333
64.	van Rijn Michael	70	08-021	2:23.90	25m	6-10-85	Wormerveer (NED)	329
65.	Missot Paul	64	08-021	2:24.10	25m	21-4-79	Deinze (BEL)	327
66.	Palmboom Pascal	89	08-021	2:24.24	25m	25-10-07	Heemskerk (NED)	326
67.	Hulshof Patrick	75	08-021	2:24.30	25m	4-4-91	Heemskerk (NED)	326
68.	Dekker Ruben	93	08-021	2:24.47	25m	29-9-05	Heemskerk (NED)	325
69.	Lamers Koen	91	08-021	2:24.64	25m	18-3-07	Heemskerk (NED)	324
70.	Bal Chester	78	08-021	2:24.90	25m	14-4-96	Zaandam (NED)	322
71.	Wassenaar Marcel	69	08-021	2:26.10	25m	2-12-89		314
72.	Rijpma Sjoerd	58	DEM/OEZA	2:26.40	25m	10-1-91	Heemskerk (NED)	312
73.	van Honschoten Jacky	67	08-021	2:26.60	25m	6-2-83		311
74.	Schaap Paul	75	08-021	2:26.70	25m	17-12-89	Assendelft (NED)	310
75.	Bok Reitze	73	08-021	2:26.80	25m	4-4-91	Heemskerk (NED)	310
76.	Zwaan Bas	76	08-021	2:27.10	25m	17-2-94	Heemskerk	308
76.	Andeweg Celedonio	76	08-021	2:27.10	25m	22-2-95		308
78.	Ayari Adam	08	08-021	2:27.19	25m	14-3-24	Heemskerk (NED)	307

200 vrije slag (sinds 79)

79.	Dijkstra Menno	68	08-021	2:27.20	25m	30-11-86	Heemskerk (NED)	307
80.	Windmuller Ton	62	08-021	2:27.60	25m	4-11-79	Zaandam (NED)	305
80.	Beentjes Bastiaan	78	08-021	2:27.60	25m	12-1-97	Heemskerk (NED)	305
82.	van der Linden René	70	08-021	2:28.60	25m	6-10-85	Wormerveer (NED)	299
83.	Wolf Gert Jan	65	08-021	2:29.90	25m	16-1-83	Heemskerk (NED)	291
84.	van Heerwaarden Chiel	05	08-021	2:30.15	25m	5-3-20	Heemskerk (NED)	289
85.	de Ruijter René	86	08-021	2:30.57	25m	28-11-04	Heemskerk (NED)	287
86.	Martijn Onno	91	08-021	2:30.58	25m	18-3-07	Heemskerk (NED)	287
87.	Dekker Erik	62	08-021	2:31.00	25m	21-4-79	Deinze (BEL)	284
88.	Oortwijn Bouke	78	08-021	2:31.10	25m	17-2-94	Heemskerk	284
89.	Overmeer Michel	60	08-021	2:31.30	25m	12-3-78	Zaandam (NED)	283
90.	Schillemans Bram	99	08-021	2:31.69	25m	17-3-16	Heemskerk (NED)	281
91.	Goverde Ad	59	08-021	2:31.80	25m	22-1-84	Zandvoort (NED)	280
92.	Schoonakker Mick	07	08-021	2:31.82	25m	14-3-24	Heemskerk (NED)	280
93.	de Caluwé Niels	91	08-021	2:31.89	25m	14-12-06	Heemskerk (NED)	280
94.	van Hannen Erik	67	08-021	2:32.30	25m	7-2-82		277
95.	Blaauw Xam	07	08-021	2:32.54	25m	8-2-26	Purmerend (NED)	276
96.	van der Bunt Raymond	73	08-021	2:32.70	25m	21-4-91	Heemstede (NED)	275
97.	de Boer Tobias	02	08-021	2:33.43	25m	24-4-16	Zaandam (NED)	271
98.	Voor Max	05	08-021	2:33.55	25m	21-4-22	Heemskerk (NED)	271
99.	van de Laar Viktor	05	08-021	2:33.76	25m	14-3-24	Heemskerk (NED)	269
100.	Hoening Sten	84	08-021	2:34.66	25m	9-11-03	Zaandam	265
101.	de Weert Sander	72	08-021	2:34.97	25m	18-2-12	Heerenveen (NED)	263
102.	van Duin Peter	65	08-021	2:35.10	25m	16-1-83	Heemskerk (NED)	262
103.	Ursem Jerre	73	08-021	2:35.50	25m	27-9-87	Zaandam (NED)	260
104.	Nolte Martijn	74	08-021	2:35.70	25m	31-12-86		259
105.	Doodeman Niels	89	08-021	2:36.61	25m	25-4-02	Heemskerk	255
106.	Schaaper Bart	73	08-021	2:37.70	25m	18-3-89		250
106.	de Vries Dylan	93	08-021	2:37.70	25m	22-3-12	Heemskerk (NED)	250
108.	van de Sluis Nicolai	66	08-021	2:38.20	25m	23-5-81	Heemskerk (NED)	247
109.	de Boer Daniël	77	08-021	2:38.70	25m	22-2-95		245
110.	Borst Corné	96	08-021	2:39.06	25m	22-3-12	Heemskerk (NED)	243
111.	Goverde Jeroen	73	08-021	2:39.90	25m	27-9-90	Heemskerk (NED)	240
112.	Zonneveld Jeroen	78	08-021	2:40.20	25m	11-12-97	Heemskerk (NED)	238
113.	Kerdijk Dennis	79	08-021	2:40.40	25m	11-1-96	Heemskerk (NED)	237
114.	Zijlstra Jeroen	80	08-021	2:40.60	25m	24-11-96	Castricum (NED)	236
115.	Tuinstra Sean	98	08-021	2:40.78	25m	22-3-12	Heemskerk (NED)	236
116.	Vlieland Roy	99	08-021	2:41.44	25m	19-5-13	Purmerend (NED)	233
117.	de Wit Matthew	97	08-021	2:41.81	25m	1-11-14	Hoor (NED)	231
118.	Ijnterna Tjeerd	99	08-021	2:42.23	25m	13-11-16	Purmerend (NED)	229
119.	Nijland Yorán	05	08-021	2:42.36	25m	7-3-19	Heemskerk (NED)	229
120.	Kies Marcel	60	DEM/OEZA	2:42.40	25m	10-1-91	Heemskerk (NED)	229
121.	Tijms Eric	64	08-021	2:42.71	25m	21-2-15	Heerenveen (NED)	227
122.	Bleijendaal Thomas	88	08-021	2:43.00	25m	25-1-04	Zaandam	226
123.	Koopman Axel	92	08-021	2:43.09	25m	29-9-05	Heemskerk (NED)	226
124.	Roosendaal Ben	66	08-021	2:43.10	25m	27-1-80	Zaandam (NED)	226
124.	Blokker Mike	66	DEM/OEZA	2:43.10	25m	7-2-91	Heemskerk (NED)	226
126.	Meijer Viggo	06	08-021	2:44.26	25m	30-3-23	Heemskerk (NED)	221
127.	Oortwijn Guido	78	08-021	2:44.70	25m	2-11-91		219
127.	van Duivenvoorde Bram	12	08-021	2:44.70	25m	15-3-26	Heemskerk (NED)	219
129.	de Wildt Thijs	94	08-021	2:45.02	25m	4-10-09	Amsterdam-oost (NED)	218
130.	Woudsma Maarten	01	08-021	2:45.11	25m	2-10-16	Purmerend (NED)	217
131.	Duin Goos	00	08-021	2:45.56	25m	19-2-15	Heemskerk (NED)	216

200 vrije slag (sinds 132)

132.	Steijn Twan	13	08-021	2:46.00	25m	15-3-26	Heemskerk (NED)	214
133.	Paap Jaidy	08	08-021	2:46.84	25m	6-4-25	Purmerend (NED)	211
134.	Zonneveld Abel	13	08-021	2:48.11	25m	15-3-26	Heemskerk (NED)	206
135.	Blaauw Eric	67	08-021	2:48.99	25m	19-5-13	Purmerend (NED)	203
136.	Oortwijn Bjarne	07	08-021	2:49.75	25m	6-4-25	Purmerend (NED)	200
137.	Arends Martin	81	08-021	2:49.80	25m	7-10-92		200
138.	Windmuller Hans-Pieter	60	08-021	2:51.60	25m	31-12-75		194
139.	Hof Peter	62	08-021	2:51.70	25m	12-2-78	Heemskerk (NED)	193
139.	Besse Niels	72	08-021	2:51.70	25m	22-3-90	Heemskerk (NED)	193
141.	Leegwater Liam	11	08-021	2:52.11	25m	23-4-23	Den Helder (NED)	192
142.	Smit Erik	64	08-021	2:52.50	25m	2-11-80	Castricum (NED)	191
143.	Steijn Daan	11	08-021	2:53.07	25m	16-11-25	Purmerend (NED)	189
144.	Yayli Serkan	92	08-021	2:53.20	25m	29-4-04	Heemskerk (NED)	188
145.	Ursem Rob	69	08-021	2:53.50	25m	22-1-84	Zandvoort (NED)	187
146.	de Moes Paul	70	08-021	2:53.60	25m	6-10-85	Wormerveer (NED)	187
147.	Crok Dirk	58	08-021	2:54.30	25m	24-1-09	Vlissingen (NED)	185
148.	Kemmeren Andre	88	08-021	2:56.08	25m	30-9-04	Heemskerk (NED)	179
149.	Prins Hilbert	51	08-021	2:56.10	25m	23-1-16	Papendrecht (NED)	179
150.	van Rijn Ian	05	08-021	2:57.53	25m	7-5-17	Zaandam (NED)	175
151.	Litjens Olaf	99	08-021	2:57.59	25m	15-4-12	Zaandam (NED)	175
152.	Frederiks Stan	09	08-021	2:57.66	25m	23-4-23	Den Helder (NED)	174
153.	Huis in 't Veld Lorenzo	03	08-021	2:58.08	25m	9-10-16	Alkmaar (NED)	173
154.	Wassenaar Joris	01	08-021	2:58.63	25m	9-3-14	Zaandam (NED)	172
155.	Boonacker Wietse	68	08-021	2:58.70	25m	17-5-81	Castricum (NED)	171
156.	Jong Ron	77	08-021	2:59.00	25m	1-4-90	Zaandam (NED)	171
157.	Huisman Rene	69	08-021	2:59.10	25m	5-4-81	Heemskerk (NED)	170
158.	de Roode Jeremiah	99	08-021	3:00.90	25m	27-1-11	Heemskerk (NED)	165
159.	de Groot Peter	80	08-021	3:01.30	25m	23-2-95	Heemskerk (NED)	164
160.	ten Cate Raymond	82	08-021	3:02.00	25m	23-2-95	Heemskerk (NED)	162
161.	Arends Peter	79	08-021	3:02.30	25m	15-4-93	Heemskerk (NED)	161
162.	van Baal Elvin	86	08-021	3:02.46	25m	30-5-02	Heemskerk	161
163.	de Caluwé Thijs	82	08-021	3:02.60	25m	23-2-95	Heemskerk (NED)	161
164.	Thijssen Dave	82	08-021	3:03.50	25m	11-1-96	Heemskerk (NED)	158
165.	Koning Arthur	96	08-021	3:03.71	25m	18-4-10	Zaandam (NED)	158
166.	Smit Arend	88	08-021	3:03.90	25m	8-10-00	Heemskerk (NED)	157
167.	Rasch Wilco	68	08-021	3:04.80	25m	17-5-81	Castricum (NED)	155
168.	Kuijl Ben	62	08-021	3:05.50	25m	22-4-78	Heemskerk (NED)	153
169.	Snel Jeffrey	86	08-021	3:05.68	25m	20-2-00	Assendelft (NED)	153
170.	Jacobs Patrick	87	08-021	3:05.74	25m	20-12-01	Heemskerk	153
171.	Vink Jan Jaap	59	08-021	3:05.94	25m	21-10-12	Zaandam (NED)	152
172.	de Rooij Roel	87	08-021	3:06.39	25m	5-11-00	Zaandam (NED)	151
173.	Bleijendaal Lucas	83	08-021	3:06.60	25m	1-10-95	Heemskerk (NED)	151
174.	Ramaakers Raymond	91	08-021	3:06.82	25m	18-12-03	Heemskerk (NED)	150
175.	Vink Gé	60	08-021	3:06.96	25m	3-5-08	Winterswijk (NED)	150
176.	Sikkema Joris	86	08-021	3:07.47	25m	17-12-98	Heemskerk (NED)	148
177.	van Sleen Robin	90	08-021	3:07.57	25m	6-10-02	Zaandam	148
178.	Vos Daniël	91	08-021	3:07.85	25m	29-9-05	Heemskerk (NED)	148
179.	de Groot Michiel	91	08-021	3:08.24	25m	12-6-03	Heemskerk	147
180.	van de Wijst Peter	69	08-021	3:09.70	25m	23-5-81	Heemskerk (NED)	143
181.	Zwart Mees	10	08-021	3:10.75	25m	5-6-25	Heemskerk (NED)	141
182.	Heeremans Tim	78	08-021	3:10.80	25m	31-3-90		141
183.	Welboren Mark	87	08-021	3:11.34	25m	11-10-98	Alkmaar (NED)	140
184.	Veldhuis Christian	88	08-021	3:11.99	25m	20-12-01	Heemskerk	138

200 vrije slag (sinds 185)

185.	de Vriend Ruben	03	08-021	3:12.53	25m	20-10-13	Zaandam (NED)	137
186.	de Caluwe Johan	64	08-021	3:12.80	25m	8-1-77	Heemskerk (NED)	136
186.	Boon Peter	66	DEM/OEZA	3:12.80	25m	10-1-91	Heemskerk (NED)	136
188.	van den Akker Dennis	63	08-021	3:13.10	25m	8-1-77	Heemskerk (NED)	136
189.	van Dijk Bart	63	08-021	3:13.40	25m	8-1-77	Heemskerk (NED)	135
190.	Kooistra André	88	08-021	3:13.96	25m	23-1-00	Heemskerk (NED)	134
191.	van de Sluis Ignat	69	08-021	3:14.80	25m	14-3-81	Heemskerk (NED)	132
192.	van Lieshout Martin	76	08-021	3:15.00	25m	8-11-87	Heemskerk (NED)	132
193.	van Heerwaarden Stefan	70	08-021	3:16.30	25m	7-3-82		129
194.	van Heerwaarden Gerard	70	08-021	3:16.80	25m	7-3-82		128
195.	Dam Norbert	92	08-021	3:19.03	25m	3-10-04	Heemskerk (NED)	124
196.	Liu Andy	04	08-021	3:19.88	25m	7-5-17	Zaandam (NED)	122
197.	de Caluwe Perry	61	08-021	3:20.00	25m	8-1-77	Heemskerk (NED)	122
198.	Vacca Sandro	04	08-021	3:20.39	25m	7-5-17	Zaandam (NED)	121
199.	Sadeghi Hosseen	90	08-021	3:22.84	25m	18-12-03	Heemskerk (NED)	117
200.	Piek Roy	89	08-021	3:23.38	25m	27-9-01	Heemskerk	116
201.	Klemann Joshua	13	08-021	3:24.13	25m	15-3-26	Heemskerk (NED)	115
202.	Groot Sander	88	08-021	3:26.48	25m	24-10-99	Zaandam (NED)	111
203.	Zwaan Nick	94	08-021	3:26.51	25m	25-1-04	Zaandam	111
204.	Hof Ronnalt	60	08-021	3:27.20	25m	8-1-77	Heemskerk (NED)	110
205.	Komen Berend	97	08-021	3:27.52	25m	10-10-10	Zaandam (NED)	109
206.	de Rooij Coen	89	08-021	3:27.73	25m	24-10-99	Zaandam (NED)	109
207.	Beeksma Coen	90	08-021	3:31.16	25m	30-5-02	Heemskerk	104
208.	Verdonk Pim	63	08-021	3:33.00	25m	8-1-77	Heemskerk (NED)	101
209.	Josselet Bart	84	08-021	3:33.70	25m	15-2-98	Assendelft (NED)	100
210.	Visvaligam Athithiyan	02	08-021	3:35.47	25m	15-12-13	Zaandam (NED)	98
211.	Zonneveld Alex	90	08-021	3:35.72	25m	31-5-01	Heemskerk (NED)	97
212.	Teufer Lorentz	96	08-021	3:35.94	25m	3-12-06	Zaandam (NED)	97
213.	Groot Tim	99	08-021	3:36.58	25m	9-10-11	Zaandam (NED)	96
214.	van Hardeveld Richard	69	08-021	3:40.30	25m	23-5-81	Heemskerk (NED)	91
215.	Aardenburg Koen	91	08-021	3:40.54	25m	29-9-05	Heemskerk (NED)	91
216.	Kloek Ralph	68	08-021	3:41.70	25m	14-3-81	Heemskerk (NED)	90
217.	Apeldoorn Alex	89	08-021	3:45.08	25m	21-1-01	Heemskerk (NED)	86
218.	van Lieshout Rick	78	08-021	3:46.90	25m	3-11-91	Assendelft (NED)	83
219.	Verhagen Michel	82	08-021	3:48.30	25m	18-5-95	Heemskerk (NED)	82
220.	van der Gracht Adrie	57	08-021	3:50.58	25m	25-10-07	Heemskerk (NED)	80
221.	Buur Michael	87	08-021	3:52.80	25m	18-3-98		77
222.	Glorie Jan	57	08-021	3:56.51	25m	25-10-07	Heemskerk (NED)	74
223.	Baltjes Timo	09	08-021	3:56.52	25m	24-4-22	Den Helder (NED)	74
224.	Verhagen Bart	85	08-021	4:00.30	25m	8-6-95	Heemskerk (NED)	70
225.	Cekic Deniz	97	08-021	4:06.43	25m	12-10-08	Zaandam (NED)	65
226.	Viel Stefan	88	08-021	4:10.70	25m	19-3-98	Heemskerk (NED)	62
227.	Kemper Marcel	65	08-021	4:11.80	25m	8-1-77	Heemskerk (NED)	61
228.	Ayari Mohammed	13	08-021	4:19.73	25m	5-6-25	Heemskerk (NED)	56
229.	Lamers Peter	57	08-021	4:21.91	25m	25-10-07	Heemskerk (NED)	54
230.	van Wijk Peter	87	08-021	4:22.40	25m	19-3-98	Heemskerk (NED)	54

250 vrije slag

1.	Butter Stijn	11	08-021	3:36.51	OW	29-6-25	Alkmaar (NED)	
2.	Nijland Yoran	05	08-021	4:58.49	OW	26-7-14	Anna-Paulowna (NED)	
3.	Butter Jurre	12	08-021	10:33.21	OW	8-7-23	Anna Paulowna (NED)	
4.	Butter Martijn	79	08-021	13:13.47	OW	25-6-22	Anna-Paulowna (NED)	

**300 vrije slag**

1.	Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2.	Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)	471
3.	Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
4.	Druyven Jorrick	94	08-021	3:26.39	25m	25-1-08	Terneuzen (NED)	430
5.	Camphuijnder Jasper	05	08-021	3:26.43	25m	20-4-25	Haarlem (NED)	429
6.	van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
7.	Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
8.	Gaal Koen	99	08-021	3:28.35	25m	5-10-25	Purmerend (NED)	418
9.	Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
10.	Jongert Sjoerd	01	08-021	3:29.00	25m	6-10-24	Den Helder (NED)	414
11.	Gaal Roel	01	08-021	3:29.38	25m	5-10-25	Purmerend (NED)	412
12.	Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoom (NED)	398
13.	van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
14.	Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
15.	Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
16.	van der Gracht Jory	87	08-021	3:35.98	25m	14-5-16	Purmerend (NED)	375
17.	Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
18.	Dekker Ruben	93	08-021	3:40.76	50m	27-2-05	Amsterdam (NED)	388
19.	Oudendijk Paul	81	08-021	3:41.56	25m	14-10-07	Zaandam (NED)	347
20.	Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
21.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
22.	Butter Stijn	11	08-021	3:45.69	25m	29-11-25	Hoofddorp (NED)	329
23.	Blaauw Mica	05	08-021	3:47.34	25m	5-10-25	Purmerend (NED)	321
24.	de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
25.	Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
26.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307
27.	Woudsma Stefan	00	08-021	3:52.39	50m	30-4-16	Alkmaar (NED)	332
28.	Hoenink Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
29.	Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286
30.	Kuijper Alex	08	08-021	4:00.00	25m	6-10-24	Den Helder (NED)	273
31.	Kemmeren Ferry	91	08-021	4:03.00	25m	14-10-07	Zaandam (NED)	263
32.	Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)	250
33.	Lamers Koen	91	08-021	4:07.96	25m	29-4-04	Heemskerk (NED)	248
34.	de Wit Matthew	97	08-021	4:12.18	25m	29-1-15	Amsterdam (NED)	235
35.	Ayari Adam	08	08-021	4:13.66	25m	1-10-23	Den Helder (NED)	231
36.	de Ruijter René	86	08-021	4:15.01	25m	29-4-04	Heemskerk (NED)	228
37.	de Weert Sander	72	08-021	4:16.62	25m	27-1-12	Terneuzen (NED)	223
38.	Vlieland Roy	99	08-021	4:21.68	25m	31-3-13	Haarlem (NED)	211
39.	Tijms Eric	64	08-021	4:21.87	25m	22-1-16	Papendrecht (NED)	210
40.	Schelvis Sjeng	89	08-021	4:22.10	25m	21-1-01	Heemskerk (NED)	210
41.	Bleijendaal Thomas	88	08-021	4:24.18	25m	29-4-04	Heemskerk (NED)	205
42.	Blaauw Eric	67	08-021	4:28.68	25m	31-3-13	Haarlem (NED)	195
43.	Doodeman Niels	89	08-021	4:29.63	25m	21-1-01	Heemskerk (NED)	192
44.	Prins Hilbert	51	08-021	4:36.55	25m	21-1-16	Papendrecht (NED)	178
45.	Oortwijn Bjarne	07	08-021	4:38.38	25m	20-4-25	Haarlem (NED)	175
46.	Martijn Onno	91	08-021	4:38.97	25m	17-10-04	Zaandam (NED)	174
47.	de Caluwé Niels	91	08-021	4:44.80	25m	29-4-04	Heemskerk (NED)	163
48.	Steijn Daan	11	08-021	4:44.91	25m	2-3-25	Amsterdam (NED)	163
49.	Crok Dirk	58	08-021	4:45.36	25m	22-1-16	Papendrecht (NED)	162
50.	Frederiks Stan	09	08-021	4:46.47	25m	1-10-23	Den Helder (NED)	160
51.	Paap Jaidy	08	08-021	4:46.69	25m	6-10-24	Den Helder (NED)	160
52.	Tuinstra Sean	98	08-021	4:47.52	25m	28-2-10	Zaandam (NED)	159
53.	Leegwater Liam	11	08-021	4:47.88	25m	12-11-23	Den Helder (NED)	158

300 vrije slag (sinds 54)

54.	Koopman Axel	92	08-021	4:51.58	25m	16-11-03	Heemskerk (NED)	152
55.	Ramaakers Raymond	91	08-021	4:58.18	25m	29-4-04	Heemskerk (NED)	142
56.	Kooistra André	88	08-021	4:59.05	25m	23-1-00	Heemskerk (NED)	141
57.	de Vries Allard	96	08-021	5:08.44	25m	7-6-08	Zaandam (NED)	128
58.	Zwaan Nick	94	08-021	5:11.64	25m	16-11-03	Heemskerk (NED)	124
59.	Zwart Mees	10	08-021	5:17.60	25m	12-1-25	Heemskerk (NED)	118
60.	Litjens Olaf	99	08-021	5:18.14	25m	17-4-11	Zaandam (NED)	117
61.	Groot Sander	88	08-021	5:23.81	25m	23-1-00	Heemskerk (NED)	111
62.	Yayli Serkan	92	08-021	5:35.23	25m	4-11-01	Heemskerk	100
63.	Teufer Lorentz	96	08-021	5:37.37	25m	3-12-06	Zaandam (NED)	98
64.	de Rooij Coen	89	08-021	5:44.30	25m	23-1-00	Heemskerk (NED)	92
65.	Apeldoorn Alex	89	08-021	5:48.55	25m	21-1-01	Heemskerk (NED)	89
66.	Glorie Jan	57	08-021	6:55.90	25m	22-1-11	Heerenveen (NED)	52

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4.	Druyven Jorrick	94	08-021	4:29.62	25m	12-5-08	Purmerend (NED)	487
5.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
6.	Oudendijk Paul	81	08-021	4:30.18	25m	4-10-09	Amsterdam-oost (NED)	484
7.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
8.	Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
9.	Camphuijnder Jasper	05	08-021	4:34.62	25m	20-4-25	Haarlem (NED)	461
10.	Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
11.	Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
12.	Gaal Koen	99	08-021	4:38.68	25m	5-10-25	Purmerend (NED)	441
13.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
14.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
15.	Camphuijnder Wilko	69	08-021	4:40.20	25m	26-10-97	Heemskerk (NED)	434
16.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
17.	Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
18.	Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
19.	Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
20.	Jongert Sjoerd	01	08-021	4:44.94	25m	6-10-24	Den Helder (NED)	413
21.	van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
22.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
23.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
24.	Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
25.	Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
26.	Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376
27.	Tamis Thijs	82	08-021	4:54.90	25m	30-5-02	Heemskerk	372
28.	Kerkhof Arno	72	08-021	4:56.30	25m	19-2-89	Heemskerk (NED)	367
29.	Steenbergen Roderik	82	08-021	4:57.14	25m	30-5-02	Heemskerk	364
30.	Verbree John	61	08-021	4:58.00	25m	14-3-81	Heemskerk (NED)	361
31.	Dekker Ruben	93	08-021	4:58.33	25m	27-1-06	Dordrecht (NED)	360
32.	Korzelius Ron	65	08-021	5:00.40	25m	27-2-83	Assendelft (NED)	352
33.	Plokker Robert	65	08-021	5:01.00	25m	10-1-82	Wormerveer (NED)	350
34.	de Ruijter Richard	88	08-021	5:01.14	25m	29-4-04	Heemskerk (NED)	350
35.	Butter Stijn	11	08-021	5:01.87	25m	29-11-25	Hoofddorp (NED)	347
36.	Kramer Vincent	82	08-021	5:02.24	25m	12-6-03	Heemskerk	346
37.	Schaaper Hans	68	08-021	5:03.00	25m	19-2-89	Heemskerk (NED)	343

400 vrije slag (sinds 38)

38.	Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)	340
39.	Pover Peter	69	08-021	5:05.40	25m	30-6-93		335
39.	Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)	335
41.	Wassenaar Marcel	69	08-021	5:06.40	25m	19-2-89	Heemskerk (NED)	332
42.	Hermans Luuk	85	08-021	5:07.08	25m	31-5-01	Heemskerk (NED)	330
43.	van Rookhuizen Barry	82	08-021	5:07.41	25m	29-4-04	Heemskerk (NED)	329
44.	van der Kroft Barry	82	08-021	5:09.77	25m	30-5-02	Heemskerk	321
45.	de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)	321
46.	Woudsma Stefan	00	08-021	5:10.24	50m	30-4-16	Alkmaar (NED)	356
47.	Krijger Jan-Willem	81	08-021	5:10.50	25m	16-11-97	Zaandam (NED)	319
48.	Switser René	75	08-021	5:11.10	25m	12-11-89	Assendelft (NED)	317
49.	Blaauw Mica	05	08-021	5:11.20	25m	5-10-25	Purmerend (NED)	317
50.	Stam Daniël	79	08-021	5:11.90	25m	19-3-98	Heemskerk (NED)	315
51.	Butter Joris	86	08-021	5:12.23	25m	29-4-04	Heemskerk (NED)	314
52.	Hoening Jarl	86	08-021	5:12.66	25m	29-4-04	Heemskerk (NED)	312
53.	Hulshof Patrick	75	08-021	5:12.70	25m	10-3-91	Heemskerk (NED)	312
54.	Dekker Rudie	78	08-021	5:13.20	25m	18-5-95	Heemskerk (NED)	311
55.	Wiegman Stefan	74	08-021	5:13.60	25m	6-10-88	Heemskerk (NED)	310
56.	Bal Chester	78	08-021	5:15.10	25m	2-3-97	Haarlem (NED)	305
57.	Lamers Koen	91	08-021	5:16.84	25m	31-5-07	Heemskerk (NED)	300
58.	Oortwijn Kalle	05	08-021	5:17.06	25m	23-10-22	Hoofddorp (NED)	299
59.	Zwaan Bas	76	08-021	5:17.50	25m	16-1-94	Heemskerk	298
60.	Beentjes Bastiaan	78	08-021	5:18.90	25m	2-3-97	Haarlem (NED)	294
61.	Andeweg Celedonio	76	08-021	5:21.00	25m	15-1-94		289
62.	Palmboom Pascal	89	08-021	5:22.23	25m	28-4-05	Heemskerk (NED)	285
63.	Kuijper Alex	08	08-021	5:22.31	25m	6-10-24	Den Helder (NED)	285
64.	Missot Paul	64	08-021	5:24.90	25m	16-3-80	Zandvoort (NED)	278
65.	Bok Reitze	73	08-021	5:25.30	25m	3-2-91	Zaandam (NED)	277
66.	Schaap Paul	75	08-021	5:26.20	25m	11-3-90	Heemskerk (NED)	275
67.	Dekker Erik	62	08-021	5:28.00	25m	13-4-80	Zaandam (NED)	270
68.	de Boer Daniël	77	08-021	5:28.40	25m	17-5-95		269
69.	Kemmeren Ferry	91	08-021	5:28.92	25m	14-10-07	Zaandam (NED)	268
70.	Goverde Ad	59	08-021	5:29.90	25m	13-4-80	Zaandam (NED)	266
71.	Wolf Gert Jan	65	08-021	5:36.70	25m	24-1-82		250
72.	de Ruijter René	86	08-021	5:37.79	25m	29-4-04	Heemskerk (NED)	248
73.	van de Sluis Nicolai	66	08-021	5:38.70	25m	14-3-81	Heemskerk (NED)	246
74.	Schaaper Bart	73	08-021	5:39.20	25m	5-10-88		245
75.	de Weert Sander	72	08-021	5:39.29	25m	22-5-11	Grootebroek (NED)	244
76.	Roosendaal Ben	66	08-021	5:42.30	25m	14-3-81	Heemskerk (NED)	238
77.	de Wit Matthew	97	08-021	5:42.63	25m	29-1-15	Amsterdam (NED)	237
78.	Ursem Jerre	73	08-021	5:43.50	25m	15-1-88		235
79.	de Caluwé Niels	91	08-021	5:45.25	25m	31-5-07	Heemskerk (NED)	232
80.	Doodeman Niels	89	08-021	5:45.83	25m	30-5-02	Heemskerk	231
81.	van Vegten Teun	01	08-021	5:46.21	25m	18-9-16	Zaandam (NED)	230
82.	Nolte Martijn	74	08-021	5:48.10	25m	27-10-85	(NED)	226
83.	Vlieland Roy	99	08-021	5:49.73	25m	31-3-13	Haarlem (NED)	223
84.	Zonneveld Jeroen	78	08-021	5:50.60	25m	4-4-96	Heemskerk (NED)	221
85.	Bleijendaal Thomas	88	08-021	5:51.00	25m	29-4-04	Heemskerk (NED)	221
86.	de Boer Tobias	02	08-021	5:51.06	25m	21-12-14	Zaandam (NED)	221
87.	Arends Martin	81	08-021	5:51.30	25m	7-2-93	Z.O. Beemster (NED)	220
88.	Hoening Sten	84	08-021	5:52.06	25m	24-10-99	Zaandam (NED)	219
89.	van Duin Peter	65	08-021	5:52.40	25m	14-3-81	Heemskerk (NED)	218
90.	Oortwijn Bouke	78	08-021	5:53.00	25m	27-9-92	Wormerveer (NED)	217

400 vrije slag (sinds 91)

91.	Tijms Eric	64	08-021	5:53.58	25m	22-1-16	Papendrecht (NED)	216
92.	Ayari Adam	08	08-021	5:53.66	25m	1-10-23	Den Helder (NED)	216
93.	Kerdijk Dennis	79	08-021	5:53.70	25m	4-4-96	Heemskerk (NED)	216
94.	Martijn Onno	91	08-021	5:58.34	25m	23-10-05	Zaandam (NED)	207
95.	Zijlstra Jeroen	80	08-021	5:58.40	25m	4-4-96	Heemskerk (NED)	207
96.	Blaauw Eric	67	08-021	6:00.60	25m	21-12-14	Zaandam (NED)	203
97.	Hagebout Marcel	68	08-021	6:01.10	25m	14-3-81	Heemskerk (NED)	203
98.	Nijland Yoran	05	08-021	6:02.77	25m	21-10-18	Purmerend (NED)	200
99.	van Lieshout Martin	76	08-021	6:08.00	25m	6-10-88	Heemskerk (NED)	191
100.	de Vries Allard	96	08-021	6:08.61	25m	12-9-10	Zaandam (NED)	190
101.	Schillemans Bram	99	08-021	6:09.33	25m	8-2-15	Zaandam (NED)	189
102.	Prins Hilbert	51	08-021	6:10.10	25m	10-2-13	Zaandam (NED)	188
103.	Koopman Axel	92	08-021	6:15.01	25m	1-12-02	Heemskerk	181
104.	Vink Jan Jaap	59	08-021	6:15.91	25m	21-10-12	Zaandam (NED)	180
105.	Oortwijn Bjarne	07	08-021	6:16.35	25m	20-4-25	Haarlem (NED)	179
106.	Tuinstra Sean	98	08-021	6:16.65	25m	18-4-10	Zaandam (NED)	178
107.	Crok Dirk	58	08-021	6:17.28	25m	17-2-13	Aberdeen (GBR)	178
108.	Keessen Jeroen	67	08-021	6:19.50	25m	14-3-81	Heemskerk (NED)	174
109.	Steijn Daan	11	08-021	6:20.80	25m	2-3-25	Amsterdam (NED)	173
110.	de Rooij Roel	87	08-021	6:21.46	25m	5-11-00	Zaandam (NED)	172
111.	Leegwater Liam	11	08-021	6:21.59	25m	12-11-23	Den Helder (NED)	172
112.	Blaauw Xam	07	08-021	6:22.11	25m	3-3-19	Zaandam (NED)	171
113.	Snel Jeffrey	86	08-021	6:24.26	25m	30-3-00	Heemskerk (NED)	168
114.	van Hannen Erik	67	08-021	6:24.30	25m	14-3-81	Heemskerk (NED)	168
115.	Paap Jaidy	08	08-021	6:25.18	25m	6-10-24	Den Helder (NED)	167
116.	Huis in 't Veld Lorenzo	03	08-021	6:25.59	25m	18-9-16	Zaandam (NED)	166
117.	Sikkema Joris	86	08-021	6:25.91	25m	28-2-99	Zaandam (NED)	166
118.	Borst Corné	96	08-021	6:25.93	25m	12-9-10	Zaandam (NED)	166
119.	Yayli Serkan	92	08-021	6:28.92	25m	1-12-02	Heemskerk	162
120.	de Groot Peter	80	08-021	6:29.50	25m	17-5-95		161
121.	de Vriend Ruben	03	08-021	6:30.91	25m	20-10-13	Zaandam (NED)	160
122.	Frederiks Stan	09	08-021	6:31.51	25m	1-10-23	Den Helder (NED)	159
123.	de Caluwé Thijs	82	08-021	6:32.90	25m	18-5-95	Heemskerk (NED)	157
124.	Ramaakers Raymond	91	08-021	6:36.87	25m	29-4-04	Heemskerk (NED)	152
125.	Rasch Wilco	68	08-021	6:38.60	25m	14-3-81	Heemskerk (NED)	150
126.	Kooistra André	88	08-021	6:39.38	25m	23-1-00	Heemskerk (NED)	150
127.	Boonacker Wietse	68	08-021	6:40.80	25m	14-3-81	Heemskerk (NED)	148
128.	Oortwijn Guido	78	08-021	6:42.70	25m	6-6-91	Heemskerk	146
129.	Kloppenburger Albert	82	08-021	6:43.80	25m	13-4-94		145
130.	Bleijendaal Lucas	83	08-021	6:50.30	25m	18-5-95	Heemskerk (NED)	138
131.	Zwaan Nick	94	08-021	6:53.38	25m	7-3-04	Zaandam	135
132.	Jacobs Patrick	87	08-021	7:00.11	25m	31-5-01	Heemskerk (NED)	128
133.	Woudsma Maarten	01	08-021	7:00.99	25m	19-10-14	Zaandam (NED)	128
134.	van Sleen Robin	90	08-021	7:01.38	25m	12-6-03	Heemskerk	127
135.	van Baal Elvin	86	08-021	7:06.78	25m	31-5-01	Heemskerk (NED)	123
136.	Groot Sander	88	08-021	7:08.64	25m	23-1-00	Heemskerk (NED)	121
137.	Zwart Mees	10	08-021	7:09.10	25m	12-1-25	Heemskerk (NED)	121
138.	Litjens Olaf	99	08-021	7:09.90	25m	17-4-11	Zaandam (NED)	120
139.	Tholen Martijn	72	08-021	7:13.00	25m	10-1-82	Wormerveer (NED)	117
140.	Welboren Mark	87	08-021	7:18.70	25m	22-2-98	Zaandam (NED)	113
141.	Teufer Lorentz	96	08-021	7:37.83	25m	3-12-06	Zaandam (NED)	99
142.	de Rooij Coen	89	08-021	7:38.60	25m	23-1-00	Heemskerk (NED)	99
143.	Apeldoorn Alex	89	08-021	7:49.36	25m	21-1-01	Heemskerk (NED)	92

400 vrije slag (sinds 144)

144.	Heeremans Tim	78	08-021	7:51.70	25m	6-10-88	Heemskerk (NED)	91
145.	Buur Michael	87	08-021	8:02.60	25m	22-2-98	Zaandam (NED)	85
146.	Glorie Jan	57	08-021	8:39.76	25m	16-5-10	grootebroek (NED)	68

500 vrije slag

1.	Dekker Ruben	93	08-021	6:31.30	OW	2-7-05	Sluis (NED)	
2.	van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)	
3.	Druyven Jorrick	94	08-021	7:18.60	OW	22-7-06	Anna-Paulowna (NED)	
4.	Tijms Stefan	93	08-021	7:21.85	OW	10-7-10	Wijk en Aalburg (NED)	
5.	Koopman Axel	92	08-021	8:32.35	OW	29-6-03	Breukelen (NED)	
6.	Vlieland Roy	99	08-021	8:37.92	OW	19-6-11	Spaarnwoude (NED)	
7.	Butter Stijn	11	08-021	8:54.71	OW	15-7-23	Amstelveen (NED)	
8.	Nijland Yoran	05	08-021	9:02.02	OW	23-7-16	Amstelveen (NED)	
9.	Kleijne Barry	93	08-021	9:04.12	OW	18-8-02	Eersel (NED)	
10.	Groen Jarno	01	08-021	9:12.72	OW	17-6-12	Spaarnwoude (NED)	
11.	Woudsma Stefan	00	08-021	9:24.08	OW	22-7-12	Amsterdam (NED)	
12.	Wassenaar Joris	01	08-021	9:54.50	OW	17-6-12	Spaarnwoude (NED)	
13.	de Rooij Coen	89	08-021	10:28.09	OW	23-7-00	Amsterdam (NED)	
14.	van Dijk Mitchell	99	08-021	10:32.60	OW	25-7-10	Langedijk (NED)	
15.	Steijn Daan	11	08-021	11:12.42	OW	15-7-23	Amstelveen (NED)	
16.	Huis in 't Veld Lorenzo	03	08-021	11:23.07	OW	18-7-15	Amstelveen (NED)	
17.	Butter Jurre	12	08-021	16:38.72	OW	21-7-24	Amsterdam (NED)	

800 vrije slag

1.	Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2.	Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
3.	Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
4.	Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
5.	Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
6.	Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
7.	Druyven Jorrick	94	08-021	9:40.09	25m	30-3-08	Zaandam (NED)	446
8.	Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
9.	Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
10.	Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423
11.	Camphuijnder Jasper	05	08-021	10:00.41	50m	23-3-25	Alkmaar (NED)	426
12.	Dekker Matthijs	90	08-021	10:02.56	25m	17-10-04	Zaandam (NED)	398
13.	Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
14.	van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
15.	Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
16.	Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
17.	Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
18.	Steenbergen Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356
19.	de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
20.	Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
21.	van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
22.	Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
23.	Butter Stijn	11	08-021	10:38.61	25m	2-3-25	Amsterdam (NED)	334
24.	Gaal Roel	01	08-021	10:40.87	25m	18-10-15	Zaandam (NED)	331
25.	Oortwijn Kalle	05	08-021	10:41.38	25m	23-10-22	Hoofddorp (NED)	330
26.	Essers Tim	88	08-021	10:44.91	25m	10-2-02	Zaandam	325
27.	Switser René	75	08-021	10:48.20	25m	28-12-89	Heemskerk (NED)	320

800 vrije slag (sinds 28)

28.	de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)	318
29.	Hoening Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)	314
30.	Oortwijn Maarten	80	08-021	10:52.30	25m	16-2-97	Volendam (NED)	314
31.	Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)	313
32.	Woudsma Stefan	00	08-021	10:53.68	25m	19-10-14	Zaandam (NED)	312
33.	Dekker Rudie	78	08-021	10:55.70	25m	14-4-94	Heemskerk	309
34.	Groen Jarno	01	08-021	11:00.16	25m	19-10-14	Zaandam (NED)	303
35.	Beentjes Bastiaan	78	08-021	11:03.96	25m	23-1-00	Heemskerk (NED)	297
36.	de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)	297
37.	Gaal Koen	99	08-021	11:12.14	25m	8-2-15	Zaandam (NED)	287
38.	Kemmeren Ferry	91	08-021	11:12.22	25m	14-10-07	Zaandam (NED)	287
39.	Krijger Jan-Willem	81	08-021	11:16.00	25m	16-2-97	Volendam (NED)	282
40.	Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)	277
41.	Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91		276
42.	Schaap Paul	75	08-021	11:23.90	25m	16-3-90		272
43.	Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)	270
44.	Butter Joris	86	08-021	11:27.30	25m	8-9-02	Heemskerk	268
45.	de Boer Daniël	77	08-021	11:27.50	25m	14-4-94	Heemskerk	268
46.	Hulshof Patrick	75	08-021	11:31.80	25m	6-6-91	Heemskerk	263
47.	Nolte Martijn	74	08-021	11:32.00	25m	31-12-86		263
48.	Lamers Koen	91	08-021	11:40.62	25m	13-11-05	Zaandam (NED)	253
49.	van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)	252
50.	Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)	249
51.	Hoening Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)	248
52.	Kuijper Alex	08	08-021	11:46.59	25m	15-10-23	Alkmaar (NED)	247
53.	de Boer Tobias	02	08-021	11:53.95	25m	18-10-15	Zaandam (NED)	239
54.	Vlieland Roy	99	08-021	12:03.71	25m	21-10-12	Zaandam (NED)	230
55.	de Weert Sander	72	08-021	12:13.81	25m	21-1-11	Heerenveen (NED)	220
56.	Martijn Onno	91	08-021	12:15.47	25m	23-10-05	Zaandam (NED)	219
57.	de Wit Matthew	97	08-021	12:17.28	25m	18-10-15	Zaandam (NED)	217
58.	Tijms Eric	64	08-021	12:20.34	25m	23-1-15	Heerenveen (NED)	214
59.	de Vries Allard	96	08-021	12:25.30	25m	12-9-10	Zaandam (NED)	210
60.	Prins Hilbert	51	08-021	12:33.79	25m	10-2-13	Zaandam (NED)	203
61.	Doodeman Niels	89	08-021	12:34.42	25m	11-2-01	Zaandam (NED)	203
62.	Vink Jan Jaap	59	08-021	12:39.31	25m	21-10-12	Zaandam (NED)	199
63.	Schillemans Bram	99	08-021	12:44.07	25m	8-2-15	Zaandam (NED)	195
64.	Borst Corné	96	08-021	12:56.75	25m	12-9-10	Zaandam (NED)	186
65.	Koopman Axel	92	08-021	12:58.27	25m	16-2-03	Zaandam	184
66.	Crok Dirk	58	08-021	12:58.61	25m	10-2-13	Zaandam (NED)	184
67.	Tuinstra Sean	98	08-021	13:01.98	25m	19-12-10	Zaandam (NED)	182
68.	de Ruijter René	86	08-021	13:02.25	25m	23-1-00	Heemskerk (NED)	182
69.	Yayli Serkan	92	08-021	13:04.88	25m	16-2-03	Zaandam	180
70.	de Rooij Roel	87	08-021	13:05.15	25m	28-2-99	Zaandam (NED)	180
71.	Nijland Yoran	05	08-021	13:12.25	25m	7-2-16	Zaandam (NED)	175
72.	Wiegman Stefan	74	08-021	13:20.20	25m	22-9-85		170
73.	de Caluwé Niels	91	08-021	13:58.04	25m	16-11-03	Heemskerk (NED)	148
74.	Kooistra André	88	08-021	14:13.46	25m	5-3-00	Zaandam (NED)	140
75.	Woudsma Maarten	01	08-021	14:23.60	25m	19-10-14	Zaandam (NED)	135
76.	Teufer Lorentz	96	08-021	14:41.19	25m	28-1-07	Zaandam (NED)	127

**1000 vrije slag**

1. Butter Martijn	79	08-021	11:58.63	OW	11-6-05	Gorinchem (NED)
2. Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)
3. Oudendijk Paul	81	08-021	12:32.86	OW	5-9-09	Wilhelminadorp (NED)
4. Crok Pieter	91	08-021	13:05.27	OW	24-6-07	Breukelen (NED)
5. van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)
6. Dekker Matthijs	90	08-021	13:14.39	OW	27-6-04	Breukelen (NED)
7. Tijms Stefan	93	08-021	13:22.88	OW	2-7-11	Appeltern (NED)
8. van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)
9. Kleijne Barry	93	08-021	13:41.09	OW	25-7-10	Langedijk (NED)
10. Druyven Jorrick	94	08-021	13:53.65	OW	24-6-07	Breukelen (NED)
11. Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)
12. Dekker Ruben	93	08-021	14:08.48	OW	21-8-05	Eersel (NED)
13. Jongert Sjoerd	01	08-021	14:26.70	OW	2-9-17	Wilhelminadorp (NED)
14. de Jonge Marco	66	08-021	14:30.14	OW	5-9-15	Wilhelminadorp (NED)
15. Plokker Robert	65	08-021	14:46.30	OW	14-6-81	Amstelveen (NED)
16. Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)
17. Offringa Rick	03	08-021	15:07.50	OW	29-7-17	Amstelveen (NED)
18. Stins Arnold	83	08-021	15:08.70	OW	12-7-98	Amsterdam (NED)
19. Kemmeren Ferry	91	08-021	15:11.06	OW	25-6-06	Breukelen (NED)
20. Meijer Arno	75	08-021	15:18.50	OW	13-8-00	Eersel (NED)
21. Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)
22. Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)
23. de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)
24. de Ruijter Richard	88	08-021	15:33.67	OW	23-6-02	Breukelen (NED)
25. Dekker Rudie	78	08-021	15:36.00	OW	12-7-94	Harderwijk (NED)
26. Butter Stijn	11	08-021	15:36.99	OW	29-6-25	Alkmaar (NED)
27. Schaaper Hans	68	08-021	15:38.50	OW	17-6-84	Amstelveen (NED)
28. Tijms Eric	64	08-021	15:46.38	OW	31-8-13	Wilhelminadorp (NED)
29. Wassenaar Marcel	69	08-021	15:48.34	OW	26-8-12	Oosterhout (NED)
30. Hagebout Marcel	68	08-021	15:54.60	OW	30-6-83	Amstelveen (NED)
31. Goverde Ad	59	08-021	16:00.40	OW	14-6-81	Amstelveen (NED)
32. Wolf Gert Jan	65	08-021	16:03.00	OW	30-6-83	Amstelveen (NED)
33. Beentjes Bastiaan	78	08-021	16:05.38	OW	13-8-00	Eersel (NED)
34. Kramer Vincent	82	08-021	16:05.90	OW	10-8-96	Amsterdam (NED)
35. Krijger Jan-Willem	81	08-021	16:37.00	OW	2-7-95	Veghel (NED)
36. Crok Dirk	58	08-021	16:40.59	OW	20-7-13	Anna-Paulowna (NED)
37. Kuijper Alex	08	08-021	16:41.88	OW	29-6-25	Alkmaar (NED)
38. Windmuller Ton	62	08-021	16:59.50	OW	14-6-81	Amstelveen (NED)
39. Vlieland Roy	99	08-021	17:17.98	OW	28-7-12	Anna-Paulowna (NED)
40. Blaauw Eric	67	08-021	17:24.00	OW	17-6-12	Spaarnwoude (NED)
41. Prins Hilbert	51	08-021	17:32.55	OW	23-7-16	Amstelveen (NED)
42. de Boer Daniël	77	08-021	17:45.60	OW	12-7-94	Harderwijk (NED)
43. Vink Jan Jaap	59	08-021	17:47.18	OW	23-7-16	Amstelveen (NED)
44. Dekker Andre	56	08-021	18:19.16	OW	3-9-05	Wilhelminadorp (NED)
45. Glorie Jan	57	08-021	19:32.95	OW	17-7-10	Middelburg (NED)
46. Vink Gé	60	08-021	20:01.43	OW	26-7-14	Anna-Paulowna (NED)
47. Zwaan Bas	76	08-021	22:33.70	OW	4-9-94	Amsterdam (NED)

**1250 vrije slag**

1. Tijms Stefan	93	08-021	15:32.19	OW	19-8-11	Leiden (NED)
2. Jongert Sjoerd	01	08-021	17:45.10	OW	10-9-17	Hoorn (NED)
3. Butter Martijn	79	08-021	17:51.97	OW	19-6-22	Hoorn (NED)
4. van der Gracht Jory	87	08-021	18:57.13	OW	21-7-18	Hoorn (NED)
5. de Jonge Marco	66	08-021	22:18.56	OW	21-7-18	Hoorn (NED)
6. Tijms Eric	64	08-021	22:22.25	OW	28-7-19	Hoorn (NED)

**1500 vrije slag**

1. Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2. Druyven Jorrick	94	08-021	18:07.48	25m	30-3-08	Zaandam (NED)	474
3. Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
4. Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
6. Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
7. Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
8. Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
9. Dekker Matthijs	90	08-021	19:08.18	25m	14-11-04	Heemskerk (NED)	402
10. Offringa Rick	03	08-021	19:12.98	50m	19-2-23	Alkmaar (NED)	431
11. Camphuijnder Jasper	05	08-021	19:13.30	50m	23-3-25	Alkmaar (NED)	430
12. Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
13. van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
14. Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
15. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
15. Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
17. Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
18. van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
19. Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
20. de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
21. Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
22. Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
23. Essers Tim	88	08-021	20:11.97	25m	1-12-02	Heemskerk	342
24. de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336
25. Steenbergen Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
26. Hoenink Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310
27. Gaal Koen	99	08-021	20:59.91	25m	8-2-15	Zaandam (NED)	304
28. Beentjes Bastiaan	78	08-021	21:02.46	25m	23-1-00	Heemskerk (NED)	303
29. Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)	299
30. Butter Stijn	11	08-021	21:28.64	50m	18-5-25	Alkmaar (NED)	308
31. Korzelius Ron	65	08-021	21:28.80	25m	10-1-82	Wormerveer (NED)	284
32. Hermans Luuk	85	08-021	21:30.55	25m	21-1-01	Heemskerk (NED)	283
33. Dekker Rudie	78	08-021	21:32.80	25m	30-6-94	Heemskerk	282
34. Butter Joris	86	08-021	21:49.43	25m	16-11-03	Heemskerk (NED)	271
35. Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)	267
36. Lamers Koen	91	08-021	21:56.93	25m	13-11-05	Zaandam (NED)	267
37. Kramer Vincent	82	08-021	22:01.48	25m	11-2-01	Zaandam (NED)	264
38. Kemmeren Ferry	91	08-021	22:07.46	25m	13-11-05	Zaandam (NED)	260
39. Groen Jarno	01	08-021	22:09.67	25m	22-2-15	Zaandam (NED)	259
40. Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)	247
41. Kuijper Alex	08	08-021	22:57.42	25m	3-12-23	Alkmaar (NED)	233
42. de Boer Tobias	02	08-021	23:08.88	25m	22-2-15	Zaandam (NED)	227
43. Jongert Sjoerd	01	08-021	23:18.60	OW	17-7-16	Amsterdam (NED)	
44. Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)	218

1500 vrije slag (sinds 45)

45.	Tijms Eric	64	08-021	23:32.56	25m	21-1-16	Papendrecht (NED)	216
46.	de Weert Sander	72	08-021	23:37.48	25m	19-12-10	Zaandam (NED)	214
47.	Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)	209
48.	Prins Hilbert	51	08-021	23:51.77	25m	10-2-13	Zaandam (NED)	207
49.	Schillemans Bram	99	08-021	24:00.91	25m	8-2-15	Zaandam (NED)	203
50.	Breton Wouter	89	08-021	24:02.84	OW	25-7-09	Anna Paulowna (NED)	
51.	de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)	194
52.	Vlieland Roy	99	08-021	24:29.62	25m	24-2-13	Zaandam (NED)	192
53.	Tuinstra Sean	98	08-021	24:36.50	25m	19-12-10	Zaandam (NED)	189
54.	Crok Dirk	58	08-021	24:39.30	25m	10-2-13	Zaandam (NED)	188
55.	Wassenaar Marcel	69	08-021	25:22.65	OW	22-7-12	Amsterdam (NED)	
56.	Doodeman Niels	89	08-021	25:33.93	25m	10-2-02	Zaandam	168
57.	de Ruijter René	86	08-021	26:10.30	25m	5-3-00	Zaandam (NED)	157
58.	de Jonge Marco	66	08-021	26:27.66	OW	17-7-16	Amsterdam (NED)	
59.	Vink Jan Jaap	59	08-021	28:29.30	OW	17-7-16	Amsterdam (NED)	
60.	Glorie Jan	57	08-021	39:46.96	OW	22-7-12	Amsterdam (NED)	

2000 vrije slag

1.	Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2.	Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
3.	Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
4.	Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
5.	Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
6.	Oudendijk Paul	81	08-021	25:11.78	25m	29-1-06	Zaandam (NED)	418
7.	Dekker Matthijs	90	08-021	25:59.36	OW	10-7-05	Beusichem-Culemborg (NED)	
8.	Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
9.	Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
10.	van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
11.	Hogenstijn Peter	84	08-021	26:22.85	OW	23-6-02	Breukelen (NED)	
12.	Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
13.	Tijms Stefan	93	08-021	27:15.27	OW	3-7-11	Bodegraven (NED)	
14.	Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
15.	Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
16.	Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
17.	Hoerink Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
18.	Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
19.	Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
20.	Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287
21.	van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)	
22.	de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
23.	Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)	
24.	de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)	
25.	Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259
26.	Offringa Rick	03	08-021	29:38.25	OW	17-7-22	Amsterdam (NED)	
27.	Butter Stijn	11	08-021	29:56.76	OW	14-7-24	Beusichem-Culemborg (NED)	
28.	Jongert Sjoerd	01	08-021	30:05.20	OW	1-9-18	Wilhelminadorp (NED)	
29.	Krijger Jan-Willem	81	08-021	30:48.40	OW	12-7-98	Amsterdam (NED)	
30.	Wassenaar Marcel	69	08-021	31:21.39	OW	4-9-10	Wilhelminadorp (NED)	
31.	Hoerink Sten	84	08-021	32:11.05	25m	5-3-00	Zaandam (NED)	200
32.	Tijms Eric	64	08-021	32:18.57	OW	1-9-12	Wilhelminadorp (NED)	
33.	de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194
34.	Dekker Rudie	78	08-021	32:56.70	OW	16-7-95	Amsterdam (NED)	

2000 vrije slag (sinds 35)

35.	de Jonge Marco	66	08-021	36:21.72	OW	21-8-16	Hoom (NED)
36.	Blaauw Eric	67	08-021	36:58.45	OW	17-6-12	Spaarnwoude (NED)
37.	Leegwater Martijn	83	08-021	37:01.29	OW	18-7-15	Amstelveen (NED)
38.	Crok Dirk	58	08-021	38:31.55	OW	3-8-13	Hoom (NED)
39.	Dekker Andre	56	08-021	38:58.08	OW	4-9-05	Vlissingen (NED)
40.	Mulder Joost	82	08-021	39:37.48	OW	18-7-15	Amstelveen (NED)
41.	de Goed Remco	82	08-021	41:16.31	OW	18-7-15	Amstelveen (NED)
42.	Glorie Jan	57	08-021	48:13.31	OW	6-9-09	Vlissingen (NED)
43.	van Dam Erik	79	08-021	49:11.14	OW	18-7-15	Amstelveen (NED)

2500 vrije slag

1.	Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)
2.	Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)
3.	Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)
4.	Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)
5.	Kleijne Barry	93	08-021	35:16.17	OW	25-7-10	Langedijk (NED)
6.	van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)
7.	van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)
8.	Jongert Sjoerd	01	08-021	37:05.15	OW	3-9-17	Vlissingen (NED)
9.	Tijms Stefan	93	08-021	37:30.04	OW	24-7-11	Langedijk (NED)
10.	Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)
11.	Tijms Eric	64	08-021	44:29.24	OW	27-7-14	Medemblik (NED)
12.	Butter Stijn	11	08-021	45:01.03	OW	6-7-24	Hoek (NED)
13.	de Weert Sander	72	08-021	45:38.00	OW	24-8-13	Oirschot (NED)
14.	Crok Dirk	58	08-021	46:56.10	OW	27-7-14	Medemblik (NED)
15.	Glorie Jan	57	08-021	1:05:05.95	OW	27-6-10	Sluis (NED)

3000 vrije slag

1.	Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
2.	Glorie Daan	88	08-021	39:22.10	OW	15-7-06	Wijk en Aalburg (NED)	
3.	Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)	
4.	Stins Arnold	83	08-021	40:01.29	OW	1-7-01	Sluis (NED)	
5.	Dekker Matthijs	90	08-021	41:18.47	OW	16-7-04	Tilburg (NED)	
6.	van der Gracht Jory	87	08-021	41:22.95	OW	7-9-13	Eindhoven (NED)	
7.	Tijms Eric	64	08-021	42:05.80	OW	17-6-12	Riccione (ITA)	
8.	Tijms Stefan	93	08-021	42:30.80	OW	8-9-18	Bled (SLO)	
9.	de Weert Sander	72	08-021	42:46.50	OW	16-6-12	Riccione (ITA)	
10.	de Jonge Marco	66	08-021	43:59.30	OW	7-9-13	Eindhoven (NED)	
11.	Kleijne Barry	93	08-021	44:07.60	OW	24-7-10	Anna-Paulowna (NED)	
12.	de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)	
13.	van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)	
14.	Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)	
15.	Jongert Sjoerd	01	08-021	46:58.95	OW	7-7-18	Vianen (NED)	
16.	Kramer Vincent	82	08-021	48:57.90	OW	27-8-00	Oosterhout (NED)	
17.	Crok Dirk	58	08-021	50:46.90	OW	7-9-13	Eindhoven (NED)	
18.	Wassenaar Marcel	69	08-021	52:01.70	OW	24-7-10	Anna-Paulowna (NED)	
19.	Prins Hilbert	51	08-021	52:37.20	OW	7-9-13	Eindhoven (NED)	
20.	Vink Jan Jaap	59	08-021	53:40.10	OW	7-9-13	Eindhoven (NED)	
21.	van der Gracht Adrie	57	08-021	58:49.30	OW	17-6-12	Riccione (ITA)	
22.	Oudendijk Hans	54	08-021	1:04:50.05	OW	7-9-13	Eindhoven (NED)	
23.	Glorie Jan	57	08-021	1:13:57.90	OW	7-8-10	Goteborg (SWE)	

**4000 vrije slag**

1. Butter Martijn	79	08-021	57:43.84	OW	15-7-23	Amstelveen (NED)
2. van der Gracht Jory	87	08-021	1:01:07.01	OW	4-8-13	Amstelveen (NED)
3. Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)
4. Tijms Eric	64	08-021	1:11:51.90	OW	18-7-15	Amstelveen (NED)

**5000 vrije slag**

1. Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2. Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)
3. Stins Arnold	83	08-021	1:08:48.37	OW	7-7-01	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)
5. Kleijne Barry	93	08-021	1:11:56.36	OW	6-9-09	Vlissingen (NED)
6. van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)
7. van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)
8. Tijms Stefan	93	08-021	1:13:19.95	OW	3-7-11	Bodegraven (NED)
9. de Jonge Marco	66	08-021	1:19:25.95	OW	7-9-14	Vlissingen (NED)
10. Wassenaar Marcel	69	08-021	1:23:54.87	OW	4-7-10	Bodegraven (NED)
11. de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)
12. Tijms Eric	64	08-021	1:31:03.05	OW	26-8-12	Oosterhout (NED)
13. Crok Dirk	58	08-021	1:33:49.64	OW	25-8-13	Oosterhout (NED)
14. van der Gracht Adrie	57	08-021	2:07:22.45	OW	4-7-10	Bodegraven (NED)
15. Glorie Jan	57	08-021	2:07:42.23	OW	4-7-10	Bodegraven (NED)

**6000 vrije slag**

1. Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)
2. Butter Martijn	79	08-021	1:01:09.04	OW	14-7-24	Beusichem-Culemborg (NED)
3. Wassenaar Marcel	69	08-021	1:14:12.72	OW	8-7-12	Beusichem-Culemborg (NED)
4. Tijms Eric	64	08-021	1:17:08.68	OW	10-7-16	Beusichem-Culemborg (NED)
5. Crok Dirk	58	08-021	1:24:18.16	OW	8-7-12	Beusichem-Culemborg (NED)
6. van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)
7. Tijms Stefan	93	08-021	1:38:10.59	OW	8-7-18	Beusichem-Culemborg (NED)

**6500 vrije slag**

1. de Jonge Marco	66	08-021	1:59:53.25	OW	28-8-16	Oosterhout (NED)
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**10000 vrije slag**

1. Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)
2. Butter Martijn	79	08-021	2:24:59.78	OW	13-6-09	Vriezenveen (NED)
3. Tijms Stefan	93	08-021	2:44:08.00	OW	18-6-11	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	2:50:22.37	50m	28-4-09	Zwaag (NED)
5. de Jonge Marco	66	08-021	2:50:56.97	OW	14-6-14	Vriezenveen (NED)

**20000 vrije slag**

1. Glorie Daan	88	08-021	4:54:12.95	50m	24-12-06	Amsterdam (NED)
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**22000 vrije slag**

1. Glorie Daan	88	08-021	5:10:46.39	OW	12-8-06	Stavoren-Medemblik (NED)
2. Butter Martijn	79	08-021	5:49:07.32	OW	8-8-09	Stavoren-Medemblik (NED)
3. Oudendijk Paul	81	08-021	6:48:30.12	OW	8-8-09	Stavoren-Medemblik (NED)

**25 rugslag**

1.	Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2.	Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
3.	Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
4.	Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
5.	Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5.	Oudendijk Paul	81	08-021	14.60	25m	29-5-08	Heemskerk (NED)	357
7.	Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
8.	Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	343
9.	Oortwijn Kalle	05	08-021	14.81	25m	7-7-22	Heemskerk (NED)	342
10.	Druyven Jorrick	94	08-021	14.87	25m	29-5-08	Heemskerk (NED)	338
10.	Jongert Jeroen	96	08-021	14.87	25m	7-7-22	Heemskerk (NED)	338
12.	Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
12.	Camphuijnder Wilko	69	08-021	14.90	25m	15-1-98	Heemskerk (NED)	336
14.	Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
15.	Butter Martijn	79	08-021	15.00	25m	19-4-07	Heemskerk (NED)	329
16.	Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
17.	Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
17.	Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
19.	Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
20.	Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
21.	Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
21.	Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292
23.	Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
24.	Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
25.	Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287
26.	van der Kroft Barry	82	08-021	15.72	25m	22-2-01	Heemskerk (NED)	286
26.	de Ruijter Richard	88	08-021	15.72	25m	27-4-06	Heemskerk	286
28.	Camphuijnder Jasper	05	08-021	15.74	25m	7-7-22	Heemskerk (NED)	285
29.	Schaaper Bart	73	08-021	15.80	25m	17-12-87	Heemskerk (NED)	281
29.	Bal Chester	78	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
31.	de Vijlder Michael	75	08-021	15.90	25m	13-2-97	Heemskerk (NED)	276
31.	de Boer Stephan	83	08-021	15.90	25m	25-3-99	Heemskerk (NED)	276
33.	van der Bunt Raymond	73	08-021	16.00	25m	16-5-91	Heemskerk (NED)	271
34.	van der Gracht Jory	87	08-021	16.05	25m	19-4-07	Heemskerk (NED)	268
35.	de Caluwé Niels	91	08-021	16.15	25m	19-4-07	Heemskerk (NED)	263
36.	Dekker Rudie	78	08-021	16.20	25m	15-1-98	Heemskerk (NED)	261
37.	Hoening Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)	257
37.	Kemmeren Ferry	91	08-021	16.28	25m	19-4-07	Heemskerk (NED)	257
39.	Wassenaar Marcel	69	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
39.	Bok Reitze	73	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
39.	de Ruijter René	86	08-021	16.40	25m	17-2-00	Heemskerk (NED)	252
42.	van Rookhuizen Barry	82	08-021	16.44	25m	22-2-01	Heemskerk (NED)	250
43.	de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)	247
44.	Lamers Koen	91	08-021	16.55	25m	19-4-07	Heemskerk (NED)	245
45.	Palmboom Pascal	89	08-021	16.60	25m	27-4-06	Heemskerk	243
46.	Kuijper Alex	08	08-021	16.66	25m	7-7-22	Heemskerk (NED)	240
47.	Goverde Jeroen	73	08-021	16.70	25m	12-1-89	Heemskerk (NED)	238
47.	Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)	238
47.	de Boer Daniël	77	08-021	16.70	25m	16-3-95	Heemskerk (NED)	238
50.	Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)	236
51.	Hulshof Patrick	75	08-021	16.80	25m	16-5-91	Heemskerk (NED)	234
51.	Stam Daniël	79	08-021	16.80	25m	13-2-97	Heemskerk (NED)	234
51.	Krijger Jan-Willem	81	08-021	16.80	25m	15-1-98	Heemskerk (NED)	234

25 rugslag (sinds 54)

54.	Kleijne Barry	93	08-021	16.86	25m	19-4-07	Heemskerk (NED)	232
55.	Ayari Adam	08	08-021	17.02	25m	7-7-22	Heemskerk (NED)	225
56.	Martijn Onno	91	08-021	17.09	25m	29-5-08	Heemskerk (NED)	222
57.	Wassenaar Edwin	72	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
57.	Schaap Paul	75	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
59.	van de Laar Viktor	05	08-021	17.14	25m	7-7-22	Heemskerk (NED)	220
60.	de Groot Peter	80	08-021	17.20	25m	8-2-96	Heemskerk (NED)	218
60.	Zonneveld Jeroen	78	08-021	17.20	25m	13-2-97	Heemskerk (NED)	218
62.	van Velsen Gerard	54	08-021	17.30	25m	22-3-88	Heemskerk (NED)	214
62.	Oortwijn Guido	78	08-021	17.30	25m	16-5-91	Heemskerk (NED)	214
64.	Beentjes Bastiaan	78	08-021	17.38	25m	17-2-00	Heemskerk (NED)	211
65.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)	209
66.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)	207
66.	Andeweg Celedonio	76	08-021	17.50	25m	31-12-89	Heemskerk (NED)	207
68.	Kerdijk Dennis	79	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
69.	Koopman Axel	92	08-021	17.72	25m	27-4-06	Heemskerk	199
70.	Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	193
71.	Hoening Sten	84	08-021	18.01	25m	25-3-99	Heemskerk (NED)	190
72.	Thijssen Dave	82	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187
73.	Doodeman Niels	89	08-021	18.13	25m	22-2-01	Heemskerk (NED)	186
74.	Schelvis Sjeng	89	08-021	18.14	25m	22-2-01	Heemskerk (NED)	186
75.	Groot Sander	88	08-021	18.41	25m	17-2-00	Heemskerk (NED)	178
76.	de Weert Sander	72	08-021	18.56	25m	13-5-12	Grootebroek (NED)	173
77.	Dekker Ruben	93	08-021	18.64	25m	19-1-03	Zaandam	171
78.	Tijms Eric	64	08-021	18.92	25m	20-11-11	Almere-Stad (NED)	164
79.	Leegwater Martijn	83	08-021	18.93	25m	7-7-22	Heemskerk (NED)	163
80.	de Caluwe Johan	64	08-021	18.94	25m	19-4-07	Heemskerk (NED)	163
81.	Leegwater Liam	11	08-021	19.13	25m	7-7-22	Heemskerk (NED)	158
82.	Oortwijn Bouke	78	08-021	19.16	25m	7-7-22	Heemskerk (NED)	158
83.	Baltjes Timo	09	08-021	19.64	25m	7-7-22	Heemskerk (NED)	146
84.	de Vries Allard	96	08-021	19.80	25m	29-5-08	Heemskerk (NED)	143
85.	Arends Martin	81	08-021	20.00	25m	17-6-93	Heemskerk (NED)	138
86.	de Vries Dylan	93	08-021	20.06	25m	29-5-08	Heemskerk (NED)	137
87.	Sikkema Joris	86	08-021	20.15	25m	25-3-99	Heemskerk (NED)	135
88.	de Rooij Roel	87	08-021	20.16	25m	25-3-99	Heemskerk (NED)	135
89.	Jong Ron	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	134
89.	de Caluwé Thijs	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
89.	ten Cate Raymond	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
92.	Kaal Dennis	74	08-021	20.30	25m	12-1-89	Heemskerk (NED)	132
93.	Kooistra André	88	08-021	20.39	25m	17-2-00	Heemskerk (NED)	131
94.	van Lieshout Martin	76	08-021	20.50	25m	17-12-87	Heemskerk (NED)	129
94.	Josselet Bart	84	08-021	20.50	25m	5-3-98	Heemskerk (NED)	129
96.	Borst Corné	96	08-021	20.51	25m	29-5-08	Heemskerk (NED)	128
97.	Vink Gé	60	08-021	20.57	25m	19-4-07	Heemskerk (NED)	127
98.	Bleijendaal Lucas	83	08-021	20.60	25m	27-4-95	Heemskerk (NED)	127
99.	Snel Jeffrey	86	08-021	20.65	25m	17-2-00	Heemskerk (NED)	126
100.	Arends Peter	79	08-021	20.70	25m	17-6-93	Heemskerk (NED)	125
100.	Jacobs Patrick	87	08-021	20.70	25m	22-2-01	Heemskerk (NED)	125
102.	de Groot Pieter	83	08-021	20.80	25m	24-2-94	Heemskerk (NED)	123
102.	Buur Michael	87	08-021	20.80	25m	15-1-98	Heemskerk (NED)	123
104.	Besse Niels	72	08-021	20.90	25m	12-1-89	Heemskerk (NED)	121
104.	Zijlstra Jeroen	80	08-021	20.90	25m	7-2-96		121
106.	Yayli Serkan	92	08-021	20.95	25m	13-1-02	Zaandam	120

25 rugslag (sinds 107)

107.	de Graaf Peter	76	08-021	21.00	25m	22-3-88	Heemskerk (NED)	120
108.	Oudendijk Hans	54	08-021	21.22	25m	13-5-07	Grootebroek (NED)	116
109.	de Rooij Coen	89	08-021	21.31	25m	17-2-00	Heemskerk (NED)	114
110.	Cekic Deniz	97	08-021	21.38	25m	29-5-08	Heemskerk (NED)	113
111.	Heeremans Tim	78	08-021	21.40	25m	31-12-89	Heemskerk (NED)	113
112.	Welboren Mark	87	08-021	21.74	25m	25-3-99	Heemskerk (NED)	108
113.	de Wit Job	98	08-021	21.82	25m	29-5-08	Heemskerk (NED)	107
114.	Smit Arend	88	08-021	22.28	25m	17-2-00	Heemskerk (NED)	100
115.	Butter Stijn	11	08-021	22.35	25m	7-7-22	Heemskerk (NED)	99
116.	Welboren Mischa	89	08-021	22.61	25m	25-3-99	Heemskerk (NED)	96
117.	Crok Dirk	58	08-021	22.65	25m	29-5-08	Heemskerk (NED)	95
118.	Wassenaar Joris	01	08-021	22.67	25m	25-9-11	Hoom (NED)	95
119.	van Hardeveld Richard	69	08-021	22.80	25m	13-10-79	Heemskerk (NED)	93
120.	Tuinstra Sean	98	08-021	22.90	25m	19-4-07	Heemskerk (NED)	92
121.	van Lieshout Rick	78	08-021	23.00	25m	16-5-91	Heemskerk (NED)	91
122.	Verhagen Michel	82	08-021	23.20	25m	27-4-95	Heemskerk (NED)	89
123.	van Baal Elvin	86	08-021	23.25	25m	22-2-01	Heemskerk (NED)	88
124.	Huisman Rene	69	08-021	23.30	25m	13-10-79	Heemskerk (NED)	87
124.	van Rijn Michael	70	08-021	23.30	25m	10-2-80	Heerhugowaard (NED)	87
124.	Kloppenburger Albert	82	08-021	23.30	25m	16-2-94		87
127.	Verhagen Bart	85	08-021	23.40	25m	27-4-95	Heemskerk (NED)	86
128.	Zonneveld Alex	90	08-021	23.44	25m	22-2-01	Heemskerk (NED)	86
128.	van Tilburg Beau	07	08-021	23.44	25m	28-1-18	Purmerend (NED)	86
130.	Piek Roy	89	08-021	23.73	25m	22-2-01	Heemskerk (NED)	83
131.	Nijland Yoran	05	08-021	23.86	25m	13-4-14	Zaandam (NED)	81
132.	Veldhuis Christian	88	08-021	24.01	25m	22-2-01	Heemskerk (NED)	80
133.	van der Gracht Adrie	57	08-021	24.08	25m	26-5-13	Grootebroek (NED)	79
134.	van Els Thomas	82	08-021	24.20	25m	16-2-94		78
135.	Steenstra Martijn	72	08-021	24.30	25m	16-3-80	Heemskerk (NED)	77
136.	de Boer Tobias	02	08-021	24.41	25m	25-9-11	Hoom (NED)	76
137.	Ursem Rob	69	08-021	24.50	25m	13-10-79	Heemskerk (NED)	75
137.	Jong Gregory	80	08-021	24.50	25m	31-12-89	Heemskerk (NED)	75
139.	de Wildt Thijs	94	08-021	24.54	25m	29-5-08	Heemskerk (NED)	75
140.	Steijn Twan	13	08-021	24.66	25m	8-10-23	Zaandam (NED)	74
141.	van der Linden René	70	08-021	24.80	25m	13-10-79	Heemskerk (NED)	72
142.	Grapendaal Aad	42	08-021	25.06	25m	18-11-12	Almere-Stad (NED)	70
143.	Apeldoorn Alex	89	08-021	25.31	25m	17-2-00	Heemskerk (NED)	68
144.	Lanser Werner	71	08-021	25.40	25m	10-2-80	Heerhugowaard (NED)	67
145.	de Vriend Ruben	03	08-021	25.52	25m	7-1-12	Hoom (NED)	66
146.	Groen Jarno	01	08-021	25.68	25m	26-9-10	Hoom (NED)	65
147.	van Duivenvoorde Bram	12	08-021	26.00	25m	30-3-23	Heemskerk (NED)	63
148.	Ursem Jerre	73	08-021	26.10	25m	13-12-81	Volendam (NED)	62
149.	de Wit Matthew	97	08-021	26.18	25m	28-9-08	Hoom (NED)	61
150.	Woudsma Stefan	00	08-021	26.23	25m	26-9-10	Hoom (NED)	61
151.	Verhagen Jeroen	84	08-021	26.30	25m	8-2-96	Heemskerk (NED)	61
151.	Mulder Mark	97	08-021	26.30	25m	27-4-06	Heemskerk	61
153.	Blaauw Xam	07	08-021	26.31	25m	2-3-14	Haarlem (NED)	61
154.	van Rijn Ian	05	08-021	26.44	25m	13-4-14	Zaandam (NED)	60
155.	Put Harry	70	08-021	26.60	25m	10-2-80	Heerhugowaard (NED)	59
156.	van Someren Bram	00	08-021	26.83	25m	28-9-08	Hoom (NED)	57
157.	Viel Stefan	88	08-021	27.00	25m	15-1-98	Heemskerk (NED)	56
158.	Gouweleeuw Raymond	88	08-021	27.32	25m	25-3-99	Heemskerk (NED)	54
159.	Martens Andre	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	54

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160.	Glorie Jan	57	08-021	27.41	25m	25-5-08	Grootebroek (NED)	53
161.	van West Noud	14	08-021	27.57	25m	30-3-23	Heemskerk (NED)	53
162.	van der Berg Job	98	08-021	28.64	25m	29-5-08	Heemskerk (NED)	47
163.	Jansen Davy	15	08-021	29.19	25m	15-12-24	Amsterdam (NED)	44
164.	Smit Rob	69	08-021	29.40	25m	13-10-79	Heemskerk (NED)	43
165.	Steijn Daan	11	08-021	29.44	25m	7-7-22	Heemskerk (NED)	43
166.	Roestenberg Misja	72	08-021	30.00	25m	16-3-80	Heemskerk (NED)	41
167.	Oliveira Rocha Dean	14	08-021	31.16	25m	2-2-23	Heemskerk (NED)	36
168.	Ayari Mohammed	13	08-021	31.67	25m	15-5-22	Purmerend (NED)	35
169.	Huskins James	16	08-021	31.77	25m	28-9-25	Krommenie (NED)	34
170.	Woudsma Maarten	01	08-021	32.64	25m	25-9-11	Hoorn (NED)	31
171.	van Leeuwen Elbert	73	08-021	33.50	25m	16-3-80	Heemskerk (NED)	29
172.	Roemeling Nicky	87	08-021	34.80	25m	8-2-96	Heemskerk (NED)	26
173.	Pettinga Rodney	85	08-021	38.50	25m	8-2-96	Heemskerk (NED)	19
174.	Ursem Maurice	72	08-021	48.30	25m	16-3-80	Heemskerk (NED)	9

50 rugslag

1.	Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2.	Breton Wouter	89	08-021	28.13	25m	8-2-26	Purmerend (NED)	492
3.	Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
4.	Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
5.	Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
6.	Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
7.	de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
8.	Oortwijn Kalle	05	08-021	30.23	25m	17-3-22	Heemskerk (NED)	397
9.	Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
10.	van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
11.	Camphuijnder Jasper	05	08-021	30.54	25m	27-10-24	Zaandam (NED)	385
12.	Blaauw Mica	05	08-021	30.57	25m	8-5-25	Heemskerk (NED)	384
13.	Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
14.	Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
15.	van der Linden René	70	08-021	30.90	25m	10-11-85		371
16.	Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
17.	Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
18.	Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)	361
19.	Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
20.	Druyven Jorrick	94	08-021	31.26	25m	10-2-08	Purmerend (NED)	359
21.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
22.	Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)	353
23.	Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
24.	Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
25.	Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344
26.	Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
27.	Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334
28.	Crok Pieter	91	08-021	32.05	25m	13-12-07	Heemskerk (NED)	333
29.	Hoening Jarl	86	08-021	32.12	25m	25-1-04	Zaandam	331
29.	van de Poll Kevin	86	08-021	32.12	25m	22-2-04	Zuidoostbeemster (NED)	331
31.	Kramer Vincent	82	08-021	32.25	25m	26-5-05	Heemskerk (NED)	327
32.	Kranenburg Fred	63	08-021	32.30	25m	7-11-81	Heemskerk (NED)	325
32.	Oortwijn Maarten	80	08-021	32.30	25m	10-4-97	Heemskerk (NED)	325
34.	van der Gracht Jory	87	08-021	32.31	25m	30-1-14	Heemskerk (NED)	325
35.	van Vegten Teun	01	08-021	32.45	25m	12-3-17	Purmerend (NED)	321

50 rugslag (sinds 36)

36.	Glorie Daan	88	08-021	32.57	25m	27-10-05	Heemskerk (NED)	317
37.	Kuilman Joris	80	08-021	32.58	25m	29-10-98	Heemskerk (NED)	317
38.	Keessen Jeroen	67	08-021	32.60	25m	10-1-91	Heemskerk (NED)	316
39.	Stins Arnold	83	08-021	32.67	25m	30-10-03	Heemskerk	314
39.	Kuijper Alex	08	08-021	32.67	25m	25-1-26	Purmerend (NED)	314
41.	Groen Jarno	01	08-021	32.81	25m	24-1-19	Heemskerk (NED)	310
42.	Tamis Thijs	82	08-021	32.88	25m	25-1-01	Heemskerk (NED)	308
43.	Dekker Ruben	93	08-021	32.93	25m	27-10-05	Heemskerk (NED)	307
44.	van der Kroft Barry	82	08-021	32.95	25m	25-1-01	Heemskerk (NED)	306
45.	Kemmeren Ferry	91	08-021	32.99	25m	30-9-07	Volendam (NED)	305
46.	de Caluwé Niels	91	08-021	33.01	25m	18-3-07	Heemskerk (NED)	304
47.	Tijms Stefan	93	08-021	33.14	25m	12-4-18	Heemskerk (NED)	301
48.	de Vries Allard	96	08-021	33.16	25m	30-1-14	Heemskerk (NED)	300
49.	de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)	293
50.	de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk	289
51.	Wiegman Stefan	74	08-021	33.60	25m	30-6-88	Heemskerk (NED)	289
52.	van Rookhuizen Barry	82	08-021	33.62	25m	31-10-02	Heemskerk	288
53.	Di Mattia Angelo	97	08-021	33.87	25m	8-1-15	Heemskerk (NED)	282
54.	Wolf Gert Jan	65	08-021	34.00	25m	7-11-81	Heemskerk (NED)	279
55.	Verbree John	61	08-021	34.10	25m	22-11-80	Heemskerk (NED)	276
55.	Bok Reitze	73	08-021	34.10	25m	10-1-91	Heemskerk (NED)	276
57.	de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)	275
58.	Palmboom Pascal	89	08-021	34.23	25m	13-12-07	Heemskerk (NED)	273
59.	Woudsma Stefan	00	08-021	34.25	25m	2-2-17	Heemskerk (NED)	273
60.	de Vijlder Michael	75	08-021	34.30	25m	7-11-96	Heemskerk (NED)	271
61.	Plokker Robert	65	08-021	34.40	25m	7-11-81	Heemskerk (NED)	269
62.	de Caluwe Perry	61	08-021	34.60	25m	13-10-79	Heemskerk (NED)	264
63.	Butter Joris	86	08-021	34.64	25m	30-10-03	Heemskerk	263
64.	Dekker Rudie	78	08-021	34.70	25m	17-2-94	Heemskerk	262
65.	van de Laar Viktor	05	08-021	34.84	25m	6-10-24	Den Helder (NED)	259
66.	Blaauw Eric	67	08-021	34.98	25m	24-1-15	Heerenveen (NED)	256
67.	Bal Chester	78	08-021	35.06	25m	6-12-98	Zaandam	254
68.	Windmuller Hans-Pieter	60	08-021	35.10	25m	14-9-76	Heemskerk (NED)	253
69.	Schoonakker Mick	07	08-021	35.16	25m	5-10-25	Purmerend (NED)	252
70.	Zonneveld Jeroen	78	08-021	35.20	25m	9-10-97	Heemskerk (NED)	251
71.	Beentjes Bastiaan	78	08-021	35.40	25m	27-1-00	Heemskerk (NED)	247
72.	van der Bunt Raymond	73	08-021	35.60	25m	27-9-90	Heemskerk (NED)	243
73.	van Duin Peter	65	08-021	35.70	25m	7-11-81	Heemskerk (NED)	241
74.	Schillemans Bram	99	08-021	35.71	25m	2-2-17	Heemskerk (NED)	240
75.	Herwegh Dink	11	08-021	35.93	25m	8-5-25	Heemskerk (NED)	236
76.	Schaaper Bart	73	08-021	36.00	25m	8-3-87	Zaandam (NED)	235
76.	Krijger Jan-Willem	81	08-021	36.00	25m	7-11-96	Heemskerk (NED)	235
78.	Ayari Adam	08	08-021	36.09	25m	17-3-22	Heemskerk (NED)	233
79.	de Boer Daniël	77	08-021	36.10	25m	12-5-93		233
80.	van Rijn Michael	70	08-021	36.30	25m	2-9-84	Heemskerk (NED)	229
80.	Zwaan Bas	76	08-021	36.30	25m	12-5-93		229
82.	Lamers Koen	91	08-021	36.39	25m	19-10-06	Heemskerk	227
83.	Vlieland Roy	99	08-021	36.40	25m	10-3-13	Schagen (NED)	227
84.	van de Sluis Nicolai	66	08-021	36.50	25m	7-11-81	Heemskerk (NED)	225
84.	Hulshof Patrick	75	08-021	36.50	25m	10-1-91	Heemskerk (NED)	225
86.	van der Heijden Hans	60	08-021	36.60	25m	14-9-76	Heemskerk (NED)	223
87.	Ursem Jerre	73	08-021	36.70	25m	15-12-88	Heemskerk (NED)	221
87.	Andeweg Celedonio	76	08-021	36.70	25m	10-1-91	Heemskerk (NED)	221

50 rugslag (sinds 89)

89.	van Heerwaarden Chiel	05	08-021	36.79	25m	30-1-20	Heemskerk (NED)	220
90.	Wassenaar Marcel	69	08-021	36.80	25m	15-12-88	Heemskerk (NED)	220
91.	Voorn Max	05	08-021	36.87	25m	19-9-21	Zaandam (NED)	218
92.	Schaap Paul	75	08-021	36.90	25m	14-12-89	Heemskerk (NED)	218
93.	Hoenink Sten	84	08-021	36.95	25m	7-6-03	Z.o. Beemster	217
94.	Stam Daniël	79	08-021	37.00	25m	10-4-97	Heemskerk (NED)	216
94.	Blaauw Xam	07	08-021	37.00	25m	5-10-25	Purmerend (NED)	216
96.	Hagebout Marcel	68	08-021	37.20	25m	17-5-81	Castricum (NED)	213
97.	Martijn Onno	91	08-021	37.23	25m	11-12-05	IJmuiden (NED)	212
98.	Goverde Jeroen	73	08-021	37.30	25m	13-12-89		211
99.	Borst Corné	96	08-021	37.32	25m	9-2-12	Heemskerk (NED)	211
100.	Butter Stijn	11	08-021	37.33	25m	8-5-25	Heemskerk (NED)	210
101.	Kock Albert	61	08-021	37.80	25m	14-9-76	Heemskerk (NED)	203
102.	de Boer Tobias	02	08-021	37.85	25m	18-2-16	Heemskerk (NED)	202
103.	van Hannen Erik	67	08-021	37.90	25m	7-11-81	Heemskerk (NED)	201
104.	Switser René	75	08-021	38.00	25m	1-3-90	Heemskerk (NED)	199
105.	Windmuller Ton	62	08-021	38.10	25m	14-9-76	Heemskerk (NED)	198
105.	Tuinstra Sean	98	08-021	38.10	25m	20-1-13	Heemskerk (NED)	198
107.	Duin Goos	00	08-021	38.23	25m	18-2-16	Heemskerk (NED)	196
108.	Korzelius Ron	65	08-021	38.30	25m	7-11-81	Heemskerk (NED)	195
108.	Zijlstra Jeroen	80	08-021	38.30	25m	7-11-96	Heemskerk (NED)	195
110.	Ijntema Tjeerd	99	08-021	38.32	25m	2-10-16	Purmerend (NED)	194
111.	Frederiks Stan	09	08-021	38.36	25m	12-11-23	Den Helder (NED)	194
112.	Dekker Erik	62	08-021	38.40	25m	23-10-77	Zandvoort (NED)	193
112.	Nolte Martijn	74	08-021	38.40	25m	31-12-87		193
114.	Overmeer Michel	60	08-021	38.50	25m	14-9-76	Heemskerk (NED)	192
115.	Zonneveld Abel	13	08-021	38.53	25m	1-3-26	Aalsmeer (NED)	191
116.	Koopman Axel	92	08-021	38.54	25m	28-12-05	Maastricht (NED)	191
117.	Kerdijk Dennis	79	08-021	38.60	25m	10-4-97	Heemskerk (NED)	190
118.	Doodeman Niels	89	08-021	38.88	25m	10-3-02	Heemskerk	186
118.	de Vries Dylan	93	08-021	38.88	25m	30-1-14	Heemskerk (NED)	186
120.	Oortwijn Bouke	78	08-021	39.04	25m	17-3-16	Heemskerk (NED)	184
121.	de Weert Sander	72	08-021	39.08	25m	22-3-12	Heemskerk (NED)	183
122.	de Groot Peter	80	08-021	39.10	25m	20-11-94	Wormerveer (NED)	183
123.	Kemmeren Andre	88	08-021	39.12	25m	28-10-04	Heemskerk (NED)	183
124.	Roozendaal Ben	66	08-021	39.20	25m	22-11-80	Heemskerk (NED)	182
125.	Woudsma Maarten	01	08-021	39.28	50m	3-12-16	Beverwijk (NED)	229
126.	de Wildt Thijs	94	08-021	39.54	25m	14-3-10	Heemskerk (NED)	177
127.	Goverde Ad	59	08-021	39.60	25m	13-10-79	Heemskerk (NED)	176
128.	Meyer Frank	60	08-021	39.70	25m	7-12-76	Heemskerk (NED)	175
129.	Meijer Viggo	06	08-021	39.74	25m	17-3-22	Heemskerk (NED)	174
130.	Wassenaar Edwin	72	08-021	39.90	25m	14-12-88		172
131.	Missot Paul	64	08-021	40.30	25m	14-9-76	Heemskerk (NED)	167
131.	Hoekstra Erwin	73	DEM/OEZA	40.30	25m	21-3-13	Heemskerk (NED)	167
133.	Oortwijn Bjarne	07	08-021	40.32	50m	7-12-24	Beverwijk (NED)	211
134.	Nijland Yoran	05	08-021	40.64	25m	3-3-19	Zaandam (NED)	163
135.	Oortwijn Guido	78	08-021	40.70	25m	13-6-91	Heemskerk (NED)	162
136.	de Wit Matthew	97	08-021	40.71	25m	7-11-19	Heemskerk (NED)	162
137.	Boonacker Wietse	68	08-021	40.80	25m	17-5-81	Castricum (NED)	161
137.	Thijssen Dave	82	08-021	40.80	25m	9-11-95	Heemskerk (NED)	161
139.	van Gent Arno	65	08-021	40.90	25m	16-3-80	Heemskerk (NED)	160
140.	Steijn Daan	11	08-021	40.95	25m	8-5-25	Heemskerk (NED)	159
141.	de Roode Jeremiah	99	08-021	41.04	25m	6-3-11	Haarlem (NED)	158

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142.	Wassenaar Joris	01	08-021	41.18	25m	30-3-14	Zaandam (NED)	157
143.	Leegwater Liam	11	08-021	41.38	25m	22-10-23	Zaandam (NED)	154
144.	Rasch Wilco	68	08-021	41.40	25m	22-11-80	Heemskerk (NED)	154
144.	Yayli Serkan	92	08-021	41.40	25m	28-10-04	Heemskerk (NED)	154
146.	Steijn Twan	13	08-021	41.46	25m	8-2-26	Purmerend (NED)	153
147.	Paap Jaidy	08	08-021	41.47	25m	8-2-26	Purmerend (NED)	153
148.	Tijms Eric	64	08-021	41.51	25m	21-3-13	Heemskerk (NED)	153
149.	van der Kolk Henk	65	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	152
150.	Huisman Rene	69	08-021	41.80	25m	7-11-81	Heemskerk (NED)	150
151.	Groot Sander	88	08-021	41.82	25m	27-1-00	Heemskerk (NED)	149
152.	Veldhuis Christian	88	08-021	42.07	25m	29-11-01	Heemskerk	147
153.	Kooistra André	88	08-021	42.13	25m	27-1-00	Heemskerk (NED)	146
154.	van den Akker Dennis	63	08-021	42.20	25m	14-9-76	Heemskerk (NED)	145
155.	Arends Peter	79	08-021	42.40	25m	12-5-93		143
156.	van Rijn Ian	05	08-021	42.46	25m	16-3-17	Heemskerk (NED)	143
157.	Arends Martin	81	08-021	42.50	25m	3-2-93		142
157.	Josselet Bart	84	08-021	42.50	25m	29-10-98	Heemskerk (NED)	142
159.	Jacobs Patrick	87	08-021	42.51	25m	25-4-02	Heemskerk	142
160.	Put Nico	67	08-021	42.70	25m	10-2-80	Heerhugowaard (NED)	140
160.	van Honschoten Jacky	67	08-021	42.70	25m	7-11-81	Heemskerk (NED)	140
160.	de Veer Albert	72	08-021	42.70	25m	14-12-89	Heemskerk (NED)	140
163.	Koning Arthur	96	08-021	42.71	25m	25-3-10	Heemskerk (NED)	140
163.	Komen Berend	97	08-021	42.71	25m	3-3-11	Heemskerk (NED)	140
165.	van Sleen Robin	90	08-021	42.85	25m	27-4-03	Zaandam	139
166.	de Vriend Ruben	03	08-021	42.91	25m	6-10-13	Heemskerk (NED)	138
167.	Dam Norbert	92	08-021	43.01	25m	28-10-04	Heemskerk (NED)	137
168.	Sikkema Joris	86	08-021	43.04	25m	21-3-99	Assendelft (NED)	137
169.	Vessies Max	03	08-021	43.06	25m	6-3-14	Heemskerk (NED)	137
170.	Hoekstra Marcel	78	08-021	43.20	25m	10-6-88		136
171.	van Duivenvoorde Bram	12	08-021	43.31	25m	19-10-25	Zaandam (NED)	135
172.	Bleijendaal Thomas	88	08-021	43.33	25m	30-10-03	Heemskerk	134
173.	Zwart Mees	10	08-021	43.38	25m	8-5-25	Heemskerk (NED)	134
174.	Reijnders Erik	65	08-021	43.40	25m	10-2-80	Heerhugowaard (NED)	134
175.	van Lieshout Martin	76	08-021	43.50	25m	14-12-88		133
176.	Bleijendaal Lucas	83	08-021	43.80	25m	9-11-95	Heemskerk (NED)	130
177.	Huis in 't Veld Lorenzo	03	08-021	43.91	25m	18-9-16	Zaandam (NED)	129
178.	Offringa Martin	61	08-021	44.00	25m	7-12-76	Heemskerk (NED)	128
179.	Vos Daniël	91	08-021	44.07	25m	18-5-06	Heemskerk (NED)	128
180.	Ursem Rob	69	08-021	44.20	25m	7-11-81	Heemskerk (NED)	127
180.	Jong Ron	77	08-021	44.20	25m	31-5-90	Heemskerk (NED)	127
180.	de Caluwé Thijs	82	08-021	44.20	25m	23-2-95	Heemskerk (NED)	127
183.	Litjens Olaf	99	08-021	44.23	25m	12-2-12	Heemstede (NED)	126
184.	van der Weide Bas	75	08-021	44.30	25m	31-5-90	Heemskerk (NED)	126
185.	Kuijl Ben	62	08-021	44.40	25m	22-4-78	Heemskerk (NED)	125
185.	ten Cate Raymond	82	08-021	44.40	25m	23-2-95	Heemskerk (NED)	125
187.	van Hardeveld Richard	69	08-021	44.50	25m	7-11-81	Heemskerk (NED)	124
188.	van Dijck Bart	63	08-021	44.60	25m	14-9-76	Heemskerk (NED)	123
188.	Tap Ben	69	08-021	44.60	25m	22-3-88	Heemskerk (NED)	123
190.	Bokelaar Martijn	80	08-021	44.68	25m	20-2-10	Heerenveen (NED)	122
191.	de Rooij Roel	87	08-021	44.80	25m	21-1-99	Heemskerk (NED)	122
192.	de Buyzer Eelco	64	08-021	44.90	25m	13-10-79	Heemskerk (NED)	121
193.	de Wit Job	98	08-021	44.97	25m	27-3-08	Heemskerk (NED)	120
194.	Zonneveld Alex	90	08-021	45.17	25m	18-11-01	Heemskerk	119

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195.	Smit Erik	64	08-021	45.30	25m	13-10-79	Heemskerk (NED)	118
196.	van Tilburg Beau	07	08-021	45.35	25m	29-9-19	Haarlem (NED)	117
197.	Oortwijn Menno	67	08-021	45.40	25m	10-2-80	Heerhugowaard (NED)	117
198.	Lammers Fake	63	08-021	45.50	25m	7-12-76	Heemskerk (NED)	116
199.	Mulder Mark	97	08-021	45.51	25m	7-1-12	Hoon (NED)	116
200.	Ramaakers Raymond	91	08-021	45.85	25m	21-4-03	Haarlem	113
201.	Manshanden Davy	68	08-021	46.00	25m	22-11-80	Heemskerk (NED)	112
202.	de Rooij Coen	89	08-021	46.09	25m	4-5-00	Heemskerk (NED)	112
203.	Verdonk Pim	63	08-021	46.40	25m	14-9-76	Heemskerk (NED)	109
204.	Heeremans Tim	78	08-021	46.50	25m	13-12-89		109
205.	Snel Jeffrey	86	08-021	46.52	25m	27-1-00	Heemskerk (NED)	108
206.	Welboren Mark	87	08-021	46.58	25m	21-3-99	Assendelft (NED)	108
207.	Crok Dirk	58	08-021	46.60	25m	26-2-09	Heemskerk (NED)	108
208.	Piek Roy	89	08-021	46.65	25m	29-11-01	Heemskerk	108
209.	Besse Niels	72	08-021	46.70	25m	13-12-89		107
210.	van Hoytema Max	98	08-021	46.75	25m	8-11-09	Heemstede (NED)	107
211.	Kemper Marcel	65	08-021	46.80	25m	13-10-79	Heemskerk (NED)	107
211.	van Dijk Mitchell	99	08-021	46.80	25m	20-5-10	Heemskerk (NED)	107
213.	van Velsen Gerard	54	08-021	47.50	25m	22-3-88	Heemskerk (NED)	102
214.	Smit Arend	88	08-021	47.72	25m	4-5-00	Heemskerk (NED)	100
215.	Teufer Lorentz	96	08-021	47.79	25m	26-11-06	Heemskerk (NED)	100
216.	de Caluwe Johan	64	08-021	47.80	25m	14-9-76	Heemskerk (NED)	100
216.	Schellekens Henk	76	08-021	47.80	25m	4-10-89		100
216.	Buur Michael	87	08-021	47.80	25m	12-2-98	Heemskerk (NED)	100
219.	Kaal Dennis	74	08-021	47.90	25m	15-12-88	Heemskerk (NED)	99
220.	Apeldoorn Alex	89	08-021	47.98	25m	3-12-00	Zaandam (NED)	99
221.	Zwaan Nick	94	08-021	48.02	25m	5-10-03	Heemskerk (NED)	99
222.	Kloppenburger Albert	82	08-021	48.10	25m	16-3-94		98
223.	Beentjes Walter	64	08-021	48.20	25m	7-12-76	Heemskerk (NED)	97
223.	Jong Gregory	80	08-021	48.20	25m	27-9-90	Heemskerk (NED)	97
225.	Welboren Mischa	89	08-021	48.34	25m	21-3-99	Assendelft (NED)	97
226.	Brouwer Marc	66	08-021	48.50	25m	10-2-80	Heerhugowaard (NED)	96
227.	Klemann Joshua	13	08-021	48.63	25m	11-12-25	Heemskerk (NED)	95
228.	van Heerwaarden Marcel	65	08-021	48.80	25m	7-12-76	Heemskerk (NED)	94
229.	van Heerwaarden Gerard	70	08-021	48.90	25m	28-9-80	Zaandam (NED)	93
230.	Teufer Florian	95	08-021	49.03	25m	30-12-06	Hoon (NED)	93
231.	Baltjes Timo	09	08-021	49.06	25m	1-7-21	Heemskerk (NED)	92
232.	Liu Andy	04	08-021	49.22	25m	2-2-17	Heemskerk (NED)	92
233.	Vink Gé	60	08-021	49.23	25m	17-3-07	Lelystad (NED)	91
234.	Aardenburg Koen	91	08-021	49.25	25m	28-4-05	Heemskerk (NED)	91
235.	Put Hans	66	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	91
235.	de Groot Pieter	83	08-021	49.30	25m	24-3-94	Heemskerk (NED)	91
237.	Borg Erick	64	08-021	49.40	25m	16-3-80	Heemskerk (NED)	91
238.	van der Kolk Dick	64	08-021	49.90	25m	7-12-76	Heemskerk (NED)	88
239.	Sadeghi Hosseen	90	08-021	49.94	25m	30-10-03	Heemskerk	88
240.	Feyen Erik	66	08-021	50.00	25m	14-9-76	Heemskerk (NED)	87
240.	Abbenhuis Frank	65	08-021	50.00	25m	7-12-76	Heemskerk (NED)	87
242.	de Graaf Arnold	66	08-021	50.10	25m	10-2-80	Heerhugowaard (NED)	87
243.	Wassenaar Teun	03	08-021	50.17	25m	6-3-14	Heemskerk (NED)	86
244.	de Groot Michiel	91	08-021	50.19	25m	24-4-03	Heemskerk	86
245.	Hoogeterp Klaas	67	08-021	50.30	25m	13-10-79	Heemskerk (NED)	86
246.	Oudendijk Hans	54	08-021	50.62	25m	24-1-10	Vlaardingen (NED)	84
247.	de Weers Luuk	13	08-021	50.63	25m	7-12-23	Heemskerk (NED)	84

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248.	van Rixel Ferry	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	83
248.	Jungbacker Rick	65	08-021	50.80	25m	16-3-80	Heemskerk (NED)	83
250.	van Heerwaarden Stefan	70	08-021	51.00	25m	22-11-80	Heemskerk (NED)	82
251.	Wegchelaar Geert Jan	64	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
251.	Zwetsloot Paul	65	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
253.	Nijenhuis Jan-Hendrik	65	08-021	51.20	25m	7-12-76	Heemskerk (NED)	81
254.	Schipper Erik	72	08-021	51.30	25m	7-11-81	Heemskerk (NED)	81
255.	de Ruijter Jaap	85	08-021	51.40	25m	20-10-96	Assendelft (NED)	80
256.	Smit Rob	69	08-021	51.60	25m	22-11-80	Heemskerk (NED)	79
257.	Jansen Davy	15	08-021	51.81	50m	13-12-25	Beverwijk (NED)	99
258.	Verhagen Bart	85	08-021	51.90	25m	9-11-95	Heemskerk (NED)	78
259.	Gouweleeuw Raymond	88	08-021	52.05	25m	27-1-00	Heemskerk (NED)	77
260.	Reuderink Peter	62	08-021	52.20	25m	7-12-76	Heemskerk (NED)	77
261.	Welp Andre	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
261.	van Kaan Marc	66	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
263.	van Baal Elvin	86	08-021	52.58	25m	29-3-01	Heemskerk (NED)	75
264.	de Bruijn Harold	65	08-021	52.60	25m	7-12-76	Heemskerk (NED)	75
265.	de Boer Sem	02	08-021	52.81	25m	30-9-12	Heemskerk (NED)	74
266.	van Lieshout Rick	78	08-021	53.20	25m	4-4-91	Heemskerk (NED)	72
267.	van de Wijst Peter	69	08-021	53.50	25m	22-11-80	Heemskerk (NED)	71
268.	Lamers Peter	57	08-021	53.57	25m	13-12-07	Heemskerk (NED)	71
269.	Verhagen Michel	82	08-021	53.60	25m	9-11-95	Heemskerk (NED)	71
270.	Haasbeek Bart	67	08-021	53.70	25m	10-2-80	Heerhugowaard (NED)	70
271.	Visvaligam Athithiyan	02	08-021	53.88	25m	6-3-14	Heemskerk (NED)	70
272.	Beeksma Coen	90	08-021	53.97	25m	18-11-01	Heemskerk	69
272.	van der Gracht Adrie	57	08-021	53.97	50m	6-7-14	Eindhoven (NED)	88
274.	Gruning Andre	68	08-021	54.30	25m	16-3-80	Heemskerk (NED)	68
275.	Handgraaf Jos	87	08-021	54.33	25m	14-11-99	Zaandam (NED)	68
276.	Grapendaal Aad	42	08-021	54.39	25m	21-3-13	Heemskerk (NED)	68
277.	van Els Thomas	82	08-021	54.40	25m	16-3-94		68
278.	Salic Keno	89	08-021	54.44	25m	29-11-01	Heemskerk	67
279.	Vacca Sandro	04	08-021	54.65	25m	2-2-17	Heemskerk (NED)	67
280.	Ayari Mohammed	13	08-021	54.76	25m	11-12-25	Heemskerk (NED)	66
281.	van de Sluis Erwin	71	08-021	55.10	25m	7-11-81	Heemskerk (NED)	65
282.	Huskins James	16	08-021	55.28	25m	1-2-26	Krommenie (NED)	64
283.	Heesterbeek Mathijs	00	08-021	55.65	25m	20-5-10	Heemskerk (NED)	63
284.	de Ruiten Marcel	64	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
284.	Hermens Sjoerd	68	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
286.	Groot Tim	99	08-021	56.58	25m	6-3-11	Haarlem (NED)	60
287.	Dekker Johnny	67	08-021	56.90	25m	7-12-76	Heemskerk (NED)	59
287.	Brands Ronald	75	08-021	56.90	25m	8-3-87	Zaandam (NED)	59
289.	Altena Marc	65	08-021	57.00	25m	7-12-76	Heemskerk (NED)	59
289.	Tholen Martijn	72	08-021	57.00	25m	1-11-81	Bergen (NED)	59
291.	van Wijk Peter	87	08-021	57.56	25m	29-10-98	Heemskerk (NED)	57
292.	van Honk Arjan	82	08-021	57.70	25m	8-11-90	Heemskerk (NED)	57
293.	van Slooten Udo	65	08-021	58.30	25m	14-9-76	Heemskerk (NED)	55
294.	Viel Stefan	88	08-021	58.90	25m	12-2-98	Heemskerk (NED)	53
295.	Boudewijn Ruben	17	08-021	58.96	25m	1-2-26	Krommenie (NED)	53
296.	Josselet Martin	91	08-021	58.99	25m	25-4-02	Heemskerk	53
297.	van der Meijden Mats	14	08-021	59.11	25m	15-3-26	Heemskerk (NED)	53
298.	van Dijk Michel	68	08-021	59.60	25m	7-12-76	Heemskerk (NED)	51
299.	van der Berg Job	98	08-021	59.67	25m	27-3-08	Heemskerk (NED)	51
300.	Breton Tierno	16	08-021	59.69	25m	8-3-26	Krommenie (NED)	51

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301.	de Joode Bert	65	08-021	1:00.00	25m	7-12-76	Heemskerk (NED)	50
302.	van Heerwaarden Erwin	68	08-021	1:01.00	25m	7-12-76	Heemskerk (NED)	48
303.	van Ess Bram	17	08-021	1:01.13	25m	11-12-25	Heemskerk (NED)	48
304.	Teer Roan	00	08-021	1:01.18	25m	23-11-08	Zaandam (NED)	47
305.	Teunissen Frank	68	08-021	1:01.30	25m	7-12-76	Heemskerk (NED)	47
305.	Bruins Jacco	67	08-021	1:01.30	25m	13-10-79	Heemskerk (NED)	47
307.	Goverde Antoine	65	08-021	1:01.50	25m	7-12-76	Heemskerk (NED)	47
307.	Verhagen Jeroen	84	08-021	1:01.50	25m	15-6-95	Heemskerk (NED)	47
309.	Bodenstaff Joël	14	08-021	1:01.96	25m	28-9-25	Krommenie (NED)	46
310.	Hermens Coen	66	08-021	1:02.90	25m	7-12-76	Heemskerk (NED)	44
311.	de Wit Arnoud	66	08-021	1:03.70	25m	7-12-76	Heemskerk (NED)	42
312.	Bruisschaart Marcel	66	08-021	1:03.90	25m	7-12-76	Heemskerk (NED)	42
313.	Weezepeel Kelvin	09	08-021	1:03.96	25m	7-11-19	Heemskerk (NED)	41
314.	Vrugt Richard	67	08-021	1:04.90	25m	7-12-76	Heemskerk (NED)	40
315.	Doodeman Erik	71	08-021	1:05.20	25m	7-11-81	Heemskerk (NED)	39
316.	Cekic Deniz	97	08-021	1:06.29	25m	13-1-08	Heemskerk (NED)	37
317.	Butter Jurre	12	08-021	1:06.54	25m	7-12-23	Heemskerk (NED)	37
318.	Banks Ryan	18	08-021	1:06.70	25m	14-3-24	Heemskerk (NED)	36
319.	Metz Aron	73	08-021	1:06.90	25m	7-11-81	Heemskerk (NED)	36
320.	Denneman John	66	08-021	1:07.30	25m	7-12-76	Heemskerk (NED)	35
321.	Breton Hugo	17	08-021	1:07.70	25m	11-12-25	Heemskerk (NED)	35
322.	Ruiz Sanchis Dean	15	08-021	1:07.96	25m	11-12-25	Heemskerk (NED)	34
323.	Rozemeijer Marco	67	08-021	1:09.30	25m	7-12-76	Heemskerk (NED)	32
324.	Glorie Jan	57	08-021	1:09.86	25m	22-3-12	Heemskerk (NED)	32
325.	Denneman Frank	68	08-021	1:11.20	25m	7-12-76	Heemskerk (NED)	30
326.	Dijkstra Menno	68	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	30
327.	van Kaam Sander	69	08-021	1:12.80	25m	7-12-76	Heemskerk (NED)	28
328.	Boerkamp Bart	68	08-021	1:16.70	25m	7-12-76	Heemskerk (NED)	24
329.	Pettinga Rodney	85	08-021	1:17.40	25m	14-3-96	Heemskerk (NED)	23
330.	van der Kolk Rob	68	08-021	1:19.00	25m	7-12-76	Heemskerk (NED)	22
331.	Suvaal Theo	69	08-021	1:20.80	25m	7-12-76	Heemskerk (NED)	20
332.	Smit Mika	16	08-021	1:21.01	25m	11-12-25	Heemskerk (NED)	20
333.	di Bucchianico Ricardo	65	08-021	1:21.40	25m	7-12-76	Heemskerk (NED)	20
334.	Schrauwen Lex	15	08-021	1:22.05	25m	11-12-25	Heemskerk (NED)	19
335.	Seigers Bruno	17	08-021	1:22.96	25m	1-2-26	Krommenie (NED)	19
336.	Lubbers Pieter-Jan	67	08-021	1:23.00	25m	7-12-76	Heemskerk (NED)	19
337.	Beentjes Johnny	68	08-021	1:27.90	25m	7-12-76	Heemskerk (NED)	16
338.	Beentjes Jur	15	08-021	1:34.93	25m	21-4-22	Heemskerk (NED)	12
339.	van der Aar Peter	69	08-021	1:42.00	25m	7-12-76	Heemskerk (NED)	10

100 rugslag

1.	Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2.	Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3.	Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4.	Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5.	Breton Wouter	89	08-021	1:02.84	25m	11-12-25	Heemskerk (NED)	471
6.	Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
7.	Blaauw Mica	05	08-021	1:05.24	25m	8-2-26	Purmerend (NED)	421
8.	Camphuijnder Wilko	69	08-021	1:05.30	25m	14-12-97	Heemskerk (NED)	419
9.	Camphuijnder Jasper	05	08-021	1:05.44	25m	24-10-24	Heemskerk (NED)	417
10.	de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
11.	Gaal Roel	01	08-021	1:05.63	25m	21-9-19	Amsterdam (NED)	413

100 rugslag (sinds 12)

12.	Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
13.	Oortwijn Kalle	05	08-021	1:05.94	25m	15-12-22	Heemskerk (NED)	407
14.	Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
15.	Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)	405
16.	Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
17.	Druyven Jorrick	94	08-021	1:06.59	25m	27-3-08	Heemskerk (NED)	396
18.	Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
19.	Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
19.	Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
21.	van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
22.	Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
23.	van der Gracht Jory	87	08-021	1:07.85	25m	12-12-13	Heemskerk (NED)	374
24.	Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
25.	van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371
26.	Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
27.	Kerkhof Arno	72	08-021	1:08.50	25m	22-3-90	Heemskerk (NED)	363
28.	Meijer Arno	75	08-021	1:08.70	25m	10-12-95	Heemskerk (NED)	360
29.	Glorie Daan	88	08-021	1:08.95	25m	26-5-05	Heemskerk (NED)	356
30.	Kuijper Alex	08	08-021	1:09.29	25m	15-3-26	Heemskerk (NED)	351
31.	Kranenburg Fred	63	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	351
32.	Tijms Stefan	93	08-021	1:09.37	25m	24-3-19	Purmerend (NED)	350
33.	Hoening Jarl	86	08-021	1:09.49	25m	18-1-04	IJmuiden (NED)	348
34.	Kuilman Joris	80	08-021	1:09.70	25m	9-5-98	Zaandam (NED)	345
35.	Stins Arnold	83	08-021	1:09.96	25m	12-12-99	Heemskerk (NED)	341
36.	Dekker Matthijs	90	08-021	1:10.08	25m	14-3-04	Zaandam	339
37.	Pover Peter	69	08-021	1:10.80	25m	18-3-89		329
38.	Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)	325
39.	Dekker Ruben	93	08-021	1:11.34	25m	28-1-06	Dordrecht (NED)	322
40.	Tamis Thijs	82	08-021	1:11.54	25m	18-11-01	Heemskerk	319
41.	Groen Jarno	01	08-021	1:11.60	25m	7-10-18	Purmerend (NED)	318
42.	van de Poll Kevin	86	08-021	1:11.71	25m	25-10-03	Nieuwegein (NED)	317
43.	Kemmeren Ferry	91	08-021	1:12.00	25m	30-9-07	Volendam (NED)	313
44.	van Rijn Michael	70	08-021	1:12.10	25m	9-2-86	Castricum (NED)	311
45.	de Vries Allard	96	08-021	1:12.23	25m	30-3-14	Zaandam (NED)	310
46.	Di Mattia Angelo	97	08-021	1:12.28	25m	29-3-15	Zaandam (NED)	309
47.	Keessen Jeroen	67	08-021	1:12.50	25m	8-12-90		306
47.	Oortwijn Maarten	80	08-021	1:12.50	25m	2-3-97	Haarlem (NED)	306
49.	van der Kroft Barry	82	08-021	1:12.66	25m	26-4-01	Heemskerk (NED)	304
50.	van Rookhuizen Barry	82	08-021	1:12.76	25m	24-4-03	Heemskerk	303
51.	de Ruijter Richard	88	08-021	1:12.77	25m	31-3-05	Heemskerk (NED)	303
52.	Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83		301
52.	Wolf Gert Jan	65	08-021	1:12.90	25m	12-2-84	Heemskerk (NED)	301
54.	de Vijlder Michael	75	08-021	1:13.00	25m	11-12-94	Heemskerk (NED)	300
55.	Woudsma Stefan	00	08-021	1:13.21	25m	17-11-16	Heemskerk (NED)	297
56.	de Boer Stephan	83	08-021	1:13.33	25m	4-4-99	Haarlem (NED)	296
57.	de Caluwe Perry	61	08-021	1:13.70	25m	27-1-80	Zaandam (NED)	292
57.	Missot Paul	64	08-021	1:13.70	25m	16-3-80	Zandvoort (NED)	292
59.	van Vegten Teun	01	08-021	1:14.13	25m	12-3-17	Purmerend (NED)	287
60.	Plokker Robert	65	08-021	1:14.30	25m	31-5-81	Heerhugowaard (NED)	285
60.	Krijger Jan-Willem	81	08-021	1:14.30	25m	30-3-97	Haarlem (NED)	285
62.	Beentjes Bastiaan	78	08-021	1:14.32	25m	4-5-00	Heemskerk (NED)	284
63.	Palmboom Pascal	89	08-021	1:14.45	25m	9-3-08	Heemskerk (NED)	283
64.	de Ruijter René	86	08-021	1:14.72	25m	31-3-05	Heemskerk (NED)	280

100 rugslag (sinds 65)

65. Verbree John	61	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
65. Korzelius Ron	65	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
67. van der Bunt Raymond	73	08-021	1:15.60	25m	11-3-90	Heemskerk (NED)	270
68. Ayari Adam	08	08-021	1:15.74	25m	7-12-23	Heemskerk (NED)	269
69. Butter Joris	86	08-021	1:16.07	25m	20-4-03	Haarlem	265
70. de Caluwé Niels	91	08-021	1:16.18	25m	27-3-08	Heemskerk (NED)	264
71. de Boer Daniël	77	08-021	1:16.20	25m	17-3-94	Heemskerk	264
72. Dekker Rudie	78	08-021	1:16.30	25m	27-4-95	Heemskerk (NED)	263
73. Zwaan Bas	76	08-021	1:16.50	25m	27-4-95	Heemskerk (NED)	261
73. Bal Chester	78	08-021	1:16.50	25m	13-3-97	Heemskerk (NED)	261
75. Schoonakker Mick	07	08-021	1:16.53	25m	24-10-24	Heemskerk (NED)	260
76. van de Laar Viktor	05	08-021	1:16.55	25m	7-12-23	Heemskerk (NED)	260
77. van Duin Peter	65	08-021	1:16.60	25m	6-2-83		260
78. Blaauw Xam	07	08-021	1:16.72	25m	11-12-25	Heemskerk (NED)	258
79. Blaauw Eric	67	08-021	1:16.81	25m	31-3-13	Haarlem (NED)	258
80. Hulshof Patrick	75	08-021	1:17.00	25m	24-2-91	Heemskerk (NED)	256
81. Bok Reitze	73	08-021	1:17.20	25m	3-2-90		254
82. Butter Stijn	11	08-021	1:17.46	25m	8-2-26	Purmerend (NED)	251
83. van Hannen Erik	67	08-021	1:17.60	25m	21-3-82		250
84. Stam Daniël	79	08-021	1:18.00	25m	7-6-98	Zaandam (NED)	246
85. Schaaper Bart	73	08-021	1:18.30	25m	4-10-89		243
86. van de Sluis Nicolai	66	08-021	1:18.50	25m	15-11-81	Assendelft (NED)	241
87. Deen Peter	59	08-021	1:18.60	25m	28-9-75	Zaandam (NED)	240
88. Schillemans Bram	99	08-021	1:18.78	25m	24-3-19	Purmerend (NED)	239
89. Wassenaar Marcel	69	08-021	1:18.80	25m	6-12-89		238
90. Lamers Koen	91	08-021	1:18.85	25m	14-1-07	Amsterdam (NED)	238
91. Borst Corné	96	08-021	1:18.93	25m	27-11-11	Heemskerk (NED)	237
92. Voorn Max	05	08-021	1:19.12	25m	12-9-21	Alkmaar (NED)	236
93. Andeweg Celedonio	76	08-021	1:19.30	25m	2-11-91		234
94. Schaap Paul	75	08-021	1:19.50	25m	11-3-90	Heemskerk (NED)	232
95. Hos Dennis	68	08-021	1:19.70	25m	5-10-89	Heemskerk (NED)	230
96. Martijn Onno	91	08-021	1:20.48	25m	27-3-08	Heemskerk (NED)	224
97. Windmuller Ton	62	08-021	1:20.50	25m	15-9-79	Heemskerk (NED)	224
98. Zonneveld Jeroen	78	08-021	1:20.60	25m	12-2-98	Heemskerk (NED)	223
99. Vlieland Roy	99	08-021	1:20.77	25m	20-5-13	Purmerend (NED)	221
100. Windmuller Hans-Pieter	60	08-021	1:20.80	25m	24-5-75	Z.O. Beemster (NED)	221
100. Dekker Erik	62	08-021	1:20.80	25m	21-5-78	Heemskerk (NED)	221
102. Huisman Rene	69	08-021	1:21.10	25m	27-2-83	Assendelft (NED)	219
103. Herwegh Dink	11	08-021	1:21.13	25m	20-10-24	Heemskerk (NED)	218
104. Geurs Paul	57	08-021	1:21.50	25m	24-5-75	Z.O. Beemster (NED)	215
105. de Boer Tobias	02	08-021	1:21.60	25m	12-3-17	Purmerend (NED)	215
106. Duin Goos	00	08-021	1:21.62	25m	6-3-16	Purmerend (NED)	215
107. Ursem Jerre	73	08-021	1:21.70	25m	15-3-87	Heemskerk (NED)	214
108. Goverde Ad	59	08-021	1:21.90	25m	15-9-79	Heemskerk (NED)	212
108. Goverde Jeroen	73	08-021	1:21.90	25m	22-3-90	Heemskerk (NED)	212
110. de Vries Dylan	93	08-021	1:22.15	25m	11-11-12	Schagen (NED)	210
111. Nolte Martijn	74	08-021	1:22.40	25m	9-6-85		208
111. Meijer Viggo	06	08-021	1:22.40	25m	2-10-22	Den Helder (NED)	208
113. van Honschoten Jacky	67	08-021	1:22.60	25m	18-4-82		207
114. Zonneveld Abel	13	08-021	1:22.67	25m	15-3-26	Heemskerk (NED)	206
115. Kock Albert	61	08-021	1:22.70	25m	31-12-75		206
116. van Heerwaarden Chiel	05	08-021	1:22.72	25m	6-10-19	Purmerend (NED)	206
117. Dijkstra Menno	68	08-021	1:22.80	25m	7-10-84	Volendam (NED)	205

100 rugslag (sinds 118)

118.	Frederiks Stan	09	08-021	1:23.13	25m	7-12-23	Heemskerk (NED)	203
119.	van den Akker Dennis	63	08-021	1:23.20	25m	19-2-78	Assendelft (NED)	203
120.	Hoening Sten	84	08-021	1:23.29	25m	17-11-02	Heemskerk	202
121.	Oortwijn Bouke	78	08-021	1:23.30	25m	17-3-94	Heemskerk	202
122.	Ijntema Tjeerd	99	08-021	1:23.47	25m	2-10-16	Purmerend (NED)	201
123.	Paap Jaidy	08	08-021	1:23.74	25m	11-12-25	Heemskerk (NED)	199
124.	Koopman Axel	92	08-021	1:23.83	25m	29-12-05	Maastricht (NED)	198
125.	Woudsma Maarten	01	08-021	1:24.26	25m	17-11-16	Heemskerk (NED)	195
126.	Tuinstra Sean	98	08-021	1:24.46	25m	7-4-13	Castricum (NED)	194
127.	Switser René	75	08-021	1:24.50	25m	4-10-89		193
128.	Zijlstra Jeroen	80	08-021	1:24.80	25m	14-3-96	Heemskerk (NED)	191
129.	Leegwater Liam	11	08-021	1:25.09	25m	23-4-23	Den Helder (NED)	189
130.	Doodeman Niels	89	08-021	1:25.18	25m	16-4-01	Haarlem (NED)	189
131.	de Wildt Thijs	94	08-021	1:25.20	25m	24-9-09	Heemskerk (NED)	189
132.	Bleijendaal Thomas	88	08-021	1:25.43	25m	26-2-04	Heemskerk (NED)	187
133.	Kerdijk Dennis	79	08-021	1:25.70	25m	10-3-96	Zaandam (NED)	185
134.	Roosendaal Ben	66	08-021	1:25.80	25m	27-9-80	Heemskerk (NED)	185
135.	de Wit Matthew	97	08-021	1:25.95	25m	18-1-18	Heemskerk (NED)	184
136.	de Boer Elias	70	08-021	1:26.90	25m	7-1-84	Hilversum (NED)	178
137.	de Weert Sander	72	08-021	1:27.48	25m	22-5-11	Grootebroek (NED)	174
138.	Arends Martin	81	08-021	1:27.80	25m	3-4-93		172
139.	Nijland Yoran	05	08-021	1:27.89	25m	10-2-19	Purmerend (NED)	172
140.	Boonacker Wietse	68	08-021	1:29.10	25m	1-11-81	Bergen (NED)	165
141.	de Groot Peter	80	08-021	1:29.20	25m	22-9-96	Heemskerk (NED)	164
142.	Steijn Twan	13	08-021	1:29.47	25m	11-12-25	Heemskerk (NED)	163
143.	de Caluwe Johan	64	08-021	1:29.50	25m	2-3-80	Heemskerk (NED)	163
144.	Rasch Wilco	68	08-021	1:29.60	25m	19-10-80	Heemskerk (NED)	162
145.	Smit Erik	64	08-021	1:29.80	25m	2-3-80	Heemskerk (NED)	161
146.	Steijn Daan	11	08-021	1:29.81	25m	11-12-25	Heemskerk (NED)	161
147.	van Hardeveld Richard	69	08-021	1:30.50	25m	6-2-83		157
148.	Tijms Eric	64	08-021	1:30.65	25m	10-12-15	Heemskerk (NED)	156
149.	Thijssen Dave	82	08-021	1:31.00	25m	5-3-95	Heemskerk (NED)	155
150.	van Heerwaarden Gerard	70	08-021	1:31.10	25m	28-2-82		154
151.	van Duivenvoorde Bram	12	08-021	1:31.14	25m	12-10-25	Heemskerk (NED)	154
152.	Vessies Max	03	08-021	1:31.53	25m	5-10-14	Zaandam (NED)	152
153.	de Moes Paul	70	08-021	1:31.60	25m	7-10-84	Volendam (NED)	152
154.	Yayli Serkan	92	08-021	1:31.66	25m	3-10-04	Heemskerk (NED)	151
155.	Jong Ron	77	08-021	1:32.10	25m	21-3-90		149
156.	Koning Arthur	96	08-021	1:32.15	25m	16-1-11	Zaandam (NED)	149
157.	Veldhuis Christian	88	08-021	1:32.81	25m	7-10-01	Zaandam (NED)	146
158.	Huis in 't Veld Lorenzo	03	08-021	1:32.85	25m	30-10-16	Den Helder (NED)	146
159.	de Vriend Ruben	03	08-021	1:32.89	25m	13-10-13	Zaandam (NED)	145
160.	Arends Peter	79	08-021	1:33.10	25m	3-4-93		144
161.	Oortwijn Bjarne	07	08-021	1:33.52	25m	24-10-24	Heemskerk (NED)	142
162.	Jacobs Patrick	87	08-021	1:33.53	25m	28-3-02	Heemskerk	142
163.	van der Heijden Hans	60	08-021	1:33.60	25m	28-9-75	Zaandam (NED)	142
163.	Kemper Marcel	65	08-021	1:33.60	25m	2-3-80	Heemskerk (NED)	142
165.	Vos Daniël	91	08-021	1:33.64	25m	18-3-07	Heemskerk (NED)	142
166.	van Dijck Bart	63	08-021	1:33.80	25m	27-11-77	IJmuiden (NED)	141
167.	Zwart Mees	10	08-021	1:34.13	25m	24-10-24	Heemskerk (NED)	140
168.	Kemmeren Andre	88	08-021	1:34.20	25m	5-9-04	Zaandam (NED)	139
169.	de Roode Jeremiah	99	08-021	1:34.33	25m	4-11-10	Heemskerk (NED)	139
170.	Schipper Erik	72	08-021	1:34.50	25m	7-1-84	Hilversum (NED)	138

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171.	Josselet Bart	84	08-021	1:34.63	25m	26-9-98	Assendelft (NED)	137
172.	Groot Sander	88	08-021	1:34.88	25m	16-12-99	Heemskerk	136
173.	Ursem Rob	69	08-021	1:35.10	25m	6-2-83		135
174.	Heeremans Tim	78	08-021	1:35.20	25m	21-1-90	Zaandam (NED)	135
175.	Smit Arend	88	08-021	1:35.45	25m	8-10-00	Heemskerk (NED)	134
176.	de Rooij Roel	87	08-021	1:35.72	25m	18-4-99	Alkmaar (NED)	133
177.	Wassenaar Joris	01	08-021	1:35.76	25m	12-12-13	Heemskerk (NED)	133
178.	Hoekstra Marcel	78	08-021	1:35.90	25m	7-2-88	Heemskerk (NED)	132
179.	Tholen Martijn	72	08-021	1:36.00	25m	27-2-83	Assendelft (NED)	132
180.	de Caluwé Thijs	82	08-021	1:36.10	25m	5-3-95	Heemskerk (NED)	131
181.	van Tilburg Beau	07	08-021	1:36.43	25m	29-9-19	Haarlem (NED)	130
182.	Bleijendaal Lucas	83	08-021	1:36.60	25m	5-11-95	Assendelft (NED)	129
183.	Sikkema Joris	86	08-021	1:36.73	25m	14-2-99	Heemskerk (NED)	129
184.	Dam Norbert	92	08-021	1:36.74	25m	31-3-05	Heemskerk (NED)	129
185.	Geurtsen Arjan	64	08-021	1:37.10	25m	24-5-75	Z.O. Beemster (NED)	127
185.	Verdonk Pim	63	08-021	1:37.10	25m	27-9-80	Heemskerk (NED)	127
187.	van Heerwaarden Stefan	70	08-021	1:37.30	25m	6-2-83		126
188.	Litjens Olaf	99	08-021	1:37.89	50m	25-3-12	Beverwijk (NED)	148
189.	van Lieshout Martin	76	08-021	1:38.40	25m	7-2-88	Heemskerk (NED)	122
190.	de Wit Job	98	08-021	1:38.78	25m	16-3-08	Zaandam (NED)	121
191.	ten Cate Raymond	82	08-021	1:39.00	25m	5-3-95	Heemskerk (NED)	120
192.	Hoogeterp Klaas	67	08-021	1:39.10	25m	2-11-80	Castricum (NED)	120
193.	Kloppenburger Albert	82	08-021	1:39.30	25m	13-3-94	Wormerveer (NED)	119
194.	de Rooij Coen	89	08-021	1:39.31	25m	6-2-00	Haarlem (NED)	119
195.	van Rijn Ian	05	08-021	1:39.43	25m	17-11-16	Heemskerk (NED)	118
196.	Besse Niels	72	08-021	1:39.60	25m	7-12-89	Heemskerk (NED)	118
197.	Zwaan Nick	94	08-021	1:40.05	25m	14-3-04	Zaandam	116
198.	van Hoytema Max	98	08-021	1:40.18	25m	29-11-09	Heemskerk (NED)	116
199.	van Sleen Robin	90	08-021	1:40.27	25m	24-4-03	Heemskerk	115
200.	Klemann Joshua	13	08-021	1:40.28	25m	11-12-25	Heemskerk (NED)	115
201.	Manshanden Davy	68	08-021	1:40.30	25m	13-4-80	Zaandam (NED)	115
202.	van der Weide Bas	75	08-021	1:40.40	25m	31-5-90	Heemskerk (NED)	115
203.	Komen Berend	97	08-021	1:40.62	25m	28-11-10	Heemskerk (NED)	114
204.	Kooistra André	88	08-021	1:41.06	25m	5-4-99	Haarlem (NED)	113
205.	de Buyzer Eelco	64	08-021	1:41.40	25m	1-9-79	Heemskerk (NED)	112
206.	Baltjes Timo	09	08-021	1:41.68	25m	30-10-22	Heemskerk (NED)	111
207.	van Dijk Mitchell	99	08-021	1:42.08	25m	24-1-10	Zaandam (NED)	109
208.	Kuijl Ben	62	08-021	1:42.10	25m	10-12-77	Heemskerk (NED)	109
209.	Welboren Mark	87	08-021	1:42.17	25m	7-3-99	Zaandam (NED)	109
210.	Ramaakers Raymond	91	08-021	1:42.23	25m	26-2-04	Heemskerk (NED)	109
211.	Feyen Erik	66	08-021	1:42.40	25m	19-2-78	Assendelft (NED)	108
211.	Schellekens Henk	76	08-021	1:42.40	25m	2-11-89	Heemskerk (NED)	108
213.	van Baal Elvin	86	08-021	1:42.43	25m	28-3-02	Heemskerk	108
214.	Hekman Sidney	71	08-021	1:43.00	25m	16-1-83	Heemskerk (NED)	107
215.	de Graaf Freddy	75	08-021	1:43.10	25m	27-10-85	(NED)	106
216.	Mulder Mark	97	08-021	1:43.30	25m	17-11-11	Heemskerk (NED)	106
217.	Hof Ronnalt	60	08-021	1:43.40	25m	19-2-78	Assendelft (NED)	105
218.	Wassenaar Edwin	72	08-021	1:43.60	25m	16-1-83	Heemskerk (NED)	105
219.	Smit Rob	69	08-021	1:44.80	25m	21-9-80	Heemskerk (NED)	101
220.	Teufer Florian	95	08-021	1:45.21	25m	25-1-07	Heemskerk (NED)	100
221.	Zonneveld Alex	90	08-021	1:45.50	25m	16-4-01	Haarlem (NED)	99
222.	Liu Andy	04	08-021	1:46.09	25m	19-3-17	Zaandam (NED)	97
223.	de Groot Michiel	91	08-021	1:46.77	25m	5-10-03	Heemskerk (NED)	96

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224.	Jong Gregory	80	08-021	1:46.80	25m	31-5-90	Heemskerk (NED)	95
225.	Vink Gé	60	08-021	1:47.46	25m	4-11-10	Heemskerk (NED)	94
226.	Crok Dirk	58	08-021	1:47.64	25m	4-11-10	Heemskerk (NED)	93
227.	Teufer Lorentz	96	08-021	1:47.73	25m	8-10-06	Zaandam (NED)	93
228.	Brands Ronald	75	08-021	1:48.70	25m	27-10-85	(NED)	91
229.	van de Sluis Erwin	71	08-021	1:49.50	25m	29-11-81	Zaandam (NED)	89
230.	Apeldoorn Alex	89	08-021	1:49.53	50m	7-5-00	Beverwijk (NED)	106
231.	van Rixel Ferry	64	08-021	1:49.60	25m	19-2-78	Assendelft (NED)	88
232.	de Groot Pieter	83	08-021	1:49.70	25m	19-10-94		88
233.	de Boer Sem	02	08-021	1:50.07	25m	13-12-12	Heemskerk (NED)	87
234.	Buur Michael	87	08-021	1:50.40	25m	17-5-98	Heemskerk (NED)	86
235.	Welboren Mischa	89	08-021	1:50.93	25m	24-9-98	Heemskerk (NED)	85
236.	van de Wijst Peter	69	08-021	1:51.50	25m	8-2-81	Sassenheim (NED)	84
237.	Piek Roy	89	08-021	1:52.07	50m	27-5-01	Beverwijk (NED)	99
238.	Ayari Mohammed	13	08-021	1:52.44	25m	11-12-25	Heemskerk (NED)	82
239.	Welp Marco	72	08-021	1:52.50	25m	22-1-84	Zandvoort (NED)	82
240.	Oudendijk Hans	54	08-021	1:52.73	25m	27-3-08	Heemskerk (NED)	81
241.	Aardenburg Koen	91	08-021	1:53.13	25m	31-3-05	Heemskerk (NED)	80
242.	Verhagen Bart	85	08-021	1:53.70	25m	12-10-95	Heemskerk (NED)	79
243.	Beeksma Coen	90	08-021	1:54.31	25m	10-3-02	Heemskerk	78
244.	Gouweleeuw Raymond	88	08-021	1:54.34	25m	16-12-99	Heemskerk	78
245.	Wassenaar Teun	03	08-021	1:58.77	25m	12-12-13	Heemskerk (NED)	69
246.	Steenstra Martijn	72	08-021	2:01.50	25m	2-11-80	Castricum (NED)	65
247.	Groot Tim	99	08-021	2:01.92	25m	13-2-11	Haarlem (NED)	64
248.	van der Gracht Adrie	57	08-021	2:01.96	25m	25-9-08	Heemskerk (NED)	64
249.	Salic Keno	89	08-021	2:02.48	25m	28-3-02	Heemskerk	63
250.	Bruins Jacco	67	08-021	2:02.60	25m	1-9-79	Heemskerk (NED)	63
251.	Sadeghi Hosseen	90	08-021	2:03.07	25m	5-10-03	Heemskerk (NED)	62
252.	Verhagen Michel	82	08-021	2:03.10	25m	20-10-94	Heemskerk (NED)	62
253.	de Ruijter Joost	74	08-021	2:03.40	25m	28-10-84	Egmond (NED)	62
254.	van der Meijden Mats	14	08-021	2:05.88	25m	15-3-26	Heemskerk (NED)	58
255.	Grapendaal Aad	42	08-021	2:06.59	25m	26-5-13	Grootebroek (NED)	57
256.	van der Berg Job	98	08-021	2:07.14	25m	25-9-08	Heemskerk (NED)	56
257.	Verhagen Jeroen	84	08-021	2:07.30	25m	12-10-95	Heemskerk (NED)	56
258.	de Ruijter Jaap	85	08-021	2:11.40	25m	10-10-96	Heemskerk (NED)	51
259.	Heesterbeek Mathijs	00	08-021	2:13.09	25m	4-11-10	Heemskerk (NED)	49
260.	van Els Thomas	82	08-021	2:13.50	25m	13-10-93		49
261.	van Wijk Peter	87	08-021	2:14.62	25m	24-9-98	Heemskerk (NED)	47
262.	de Weers Luuk	13	08-021	2:14.77	25m	15-12-22	Heemskerk (NED)	47
263.	Viel Stefan	88	08-021	2:19.00	25m	10-9-97		43
264.	Bodenstaff Joël	14	08-021	2:20.45	25m	15-3-26	Heemskerk (NED)	42
265.	Metz Aron	73	08-021	2:22.20	25m	28-11-81	Heemskerk (NED)	40
266.	Cekic Deniz	97	08-021	2:29.60	25m	16-3-08	Zaandam (NED)	34
267.	Glorie Jan	57	08-021	2:30.22	25m	27-3-08	Heemskerk (NED)	34
268.	Doodeman Erik	71	08-021	2:31.10	25m	28-11-81	Heemskerk (NED)	33
269.	Roemeling Nicky	87	08-021	2:35.40	25m	2-5-96	Heemskerk (NED)	31
270.	Jayasinghe Asanka	84	08-021	2:45.90	25m	10-10-96	Heemskerk (NED)	25

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1. Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2. Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3. Oudendijk Paul	81	08-021	2:13.19	25m	22-1-06	Emmeloord (NED)	498
4. Jongert Jeroen	96	08-021	2:14.08	25m	2-2-25	Den Helder (NED)	488
5. Gaal Koen	99	08-021	2:19.09	25m	2-2-25	Den Helder (NED)	438
6. Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
7. Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
8. Camphuijnder Wilko	69	08-021	2:23.30	25m	8-3-98	Zaandam (NED)	400
9. Breton Wouter	89	08-021	2:24.51	25m	2-2-25	Den Helder (NED)	390
10. Druyven Jorrick	94	08-021	2:25.00	25m	16-3-08	Zaandam (NED)	386
11. Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
12. Blaauw Mica	05	08-021	2:26.62	25m	25-1-26	Purmerend (NED)	373
13. Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
14. Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
15. Camphuijnder Jasper	05	08-021	2:27.53	25m	23-4-23	Den Helder (NED)	367
16. Oortwijn Kalle	05	08-021	2:28.24	25m	13-3-22	Den Helder (NED)	361
17. de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
18. Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
19. Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
20. Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
21. van der Gracht Jory	87	08-021	2:29.13	25m	16-11-14	Zaandam (NED)	355
22. Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
23. Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
24. Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
25. Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
26. Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
27. van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334
28. Kuijper Alex	08	08-021	2:32.43	25m	25-1-26	Purmerend (NED)	332
29. Jongert Sjoerd	01	08-021	2:32.86	25m	18-3-18	Purmerend (NED)	329
30. Tamis Thijs	82	08-021	2:33.00	25m	11-3-01	Zaandam (NED)	329
31. Tijms Stefan	93	08-021	2:33.19	25m	10-2-19	Purmerend (NED)	327
32. Groen Jarno	01	08-021	2:33.28	25m	19-3-17	Zaandam (NED)	327
33. Kuilman Joris	80	08-021	2:34.32	25m	16-12-99	Heemskerk	320
34. Wiegman Stefan	74	08-021	2:34.40	25m	16-12-88		320
35. Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)	318
36. de Vijlder Michael	75	08-021	2:35.10	25m	17-3-96	Heemskerk (NED)	315
37. Di Mattia Angelo	97	08-021	2:36.44	25m	18-1-15	Zaandam (NED)	307
38. van der Kroft Barry	82	08-021	2:36.62	25m	10-3-02	Heemskerk	306
39. Hoenink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk	306
40. Kemmeren Ferry	91	08-021	2:37.72	25m	21-10-07	Zaandam (NED)	300
41. van der Linden René	70	08-021	2:38.20	25m	31-12-86		297
42. Kerkhof Arno	72	08-021	2:39.00	25m	3-5-90	Heemskerk (NED)	293
43. Kranenburg Fred	63	08-021	2:39.10	25m	16-11-80	Haarlem (NED)	292
44. van de Poll Kevin	86	08-021	2:39.51	25m	5-10-03	Heemskerk (NED)	290
45. Pover Peter	69	08-021	2:39.70	25m	30-9-89		289
46. Dekker Ruben	93	08-021	2:39.72	25m	15-1-06	Zaandam (NED)	289
47. Beentjes Bastiaan	78	08-021	2:39.78	25m	16-1-00	Zaandam (NED)	288
48. Keessen Jeroen	67	08-021	2:39.80	25m	8-11-90	Heemskerk (NED)	288
49. de Ruijter Richard	88	08-021	2:40.01	25m	17-11-02	Heemskerk	287
50. Oortwijn Maarten	80	08-021	2:40.90	25m	9-3-97	Alkmaar (NED)	282
51. de Caluwe Perry	61	08-021	2:41.30	25m	25-11-79	Heemskerk (NED)	280
52. Woudsma Stefan	00	08-021	2:42.51	25m	6-3-16	Purmerend (NED)	274
53. Korzelius Ron	65	08-021	2:43.60	25m	22-3-87	Heerhugowaard (NED)	269

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54.	van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)	260
55.	Butter Joris	86	08-021	2:46.27	25m	19-12-02	Heemskerk	256
56.	Wolf Gert Jan	65	08-021	2:46.30	25m	13-3-83	Castricum (NED)	256
57.	van Hannen Erik	67	08-021	2:46.40	25m	14-3-82		255
58.	Plokker Robert	65	08-021	2:46.50	25m	13-3-83	Castricum (NED)	255
59.	Verbree John	61	08-021	2:46.60	25m	7-10-84	Volendam (NED)	254
59.	van Rijn Michael	70	08-021	2:46.60	25m	28-10-84	Egmond (NED)	254
61.	Dijkstra Menno	68	08-021	2:46.80	25m	22-3-87	Heerhugowaard (NED)	253
61.	Zwaan Bas	76	08-021	2:46.80	25m	5-3-95	Heemskerk (NED)	253
63.	Bal Chester	78	08-021	2:48.20	25m	6-4-97	Heemskerk (NED)	247
64.	Wassenaar Marcel	69	08-021	2:48.30	25m	30-9-89		247
65.	van der Bunt Raymond	73	08-021	2:48.50	25m	3-5-90	Heemskerk (NED)	246
65.	de Boer Stephan	83	08-021	2:48.50	25m	24-9-98	Heemskerk (NED)	246
67.	Hulshof Patrick	75	08-021	2:49.40	25m	3-10-92		242
67.	de Boer Daniël	77	08-021	2:49.40	25m	20-10-94	Heemskerk (NED)	242
69.	van Duin Peter	65	08-021	2:49.50	25m	11-4-81	Heemskerk (NED)	242
70.	Lamers Koen	91	08-021	2:49.61	25m	25-1-07	Heemskerk (NED)	241
71.	Krijger Jan-Willem	81	08-021	2:49.70	25m	10-10-96	Heemskerk (NED)	241
72.	Borst Corné	96	08-021	2:49.88	25m	1-4-12	Zaandam (NED)	240
73.	de Caluwé Niels	91	08-021	2:50.07	25m	18-3-07	Heemskerk (NED)	239
74.	Dekker Rudie	78	08-021	2:51.20	25m	8-6-95	Heemskerk (NED)	234
75.	Vlieland Roy	99	08-021	2:52.08	25m	9-12-12	Zaandam (NED)	231
76.	Stam Daniël	79	08-021	2:52.40	25m	12-1-97	Heemskerk (NED)	230
76.	Blaauw Eric	67	08-021	2:52.40	25m	5-10-13	Zwolle (NED)	230
78.	Hagebout Marcel	68	08-021	2:52.50	25m	5-4-81	Heemskerk (NED)	229
79.	Schillemans Bram	99	08-021	2:53.02	25m	12-3-17	Purmerend (NED)	227
80.	Bok Reitze	73	08-021	2:53.20	25m	15-1-88		226
81.	de Ruijter René	86	08-021	2:53.38	25m	18-11-01	Heemskerk	226
82.	Windmuller Ton	62	08-021	2:53.40	25m	7-10-79	Heemskerk (NED)	226
83.	Windmuller Hans-Pieter	60	08-021	2:53.50	25m	31-12-75		225
84.	Voorn Max	05	08-021	2:53.87	25m	13-3-22	Den Helder (NED)	224
85.	Huisman Rene	69	08-021	2:53.90	25m	10-4-83	Heemskerk (NED)	224
86.	Ursem Jerre	73	08-021	2:54.00	25m	15-1-88		223
87.	van de Laar Viktor	05	08-021	2:54.07	25m	23-4-23	Den Helder (NED)	223
88.	de Boer Tobias	02	08-021	2:54.30	25m	24-1-16	Zaandam (NED)	222
89.	Palmboom Pascal	89	08-021	2:54.32	25m	12-2-17	Purmerend (NED)	222
90.	Goverde Ad	59	08-021	2:55.00	25m	25-11-79	Heemskerk (NED)	219
91.	Deen Peter	59	08-021	2:55.40	25m	8-1-77	Heemskerk (NED)	218
92.	van de Sluis Nicolai	66	08-021	2:55.60	25m	17-5-81	Castricum (NED)	217
93.	Andeweg Celedonio	76	08-021	2:56.00	25m	13-10-93		216
94.	van Rookhuizen Barry	82	08-021	2:56.14	25m	14-12-00	Heemskerk (NED)	215
95.	Schaaper Bart	73	08-021	2:56.20	25m	2-11-89	Heemskerk (NED)	215
96.	Dekker Erik	62	08-021	2:57.00	25m	7-10-79	Heemskerk (NED)	212
97.	Nolte Martijn	74	08-021	2:57.10	25m	30-11-86	Heemskerk (NED)	212
98.	de Vries Dylan	93	08-021	2:57.13	25m	14-3-10	Heemskerk (NED)	212
99.	Hoening Sten	84	08-021	2:57.26	25m	16-3-03	Heemskerk	211
100.	Martijn Onno	91	08-021	3:00.59	25m	25-1-07	Heemskerk (NED)	200
101.	Goverde Jeroen	73	08-021	3:01.00	25m	2-11-89	Heemskerk (NED)	198
102.	Koopman Axel	92	08-021	3:01.46	25m	16-1-05	Zaandam (NED)	197
103.	Zonneveld Jeroen	78	08-021	3:01.61	25m	22-11-98	Zaandam (NED)	196
104.	de Boer Elias	70	08-021	3:04.00	25m	28-10-84	Egmond (NED)	189
105.	Kock Albert	61	08-021	3:04.80	25m	8-1-77	Heemskerk (NED)	186
106.	Geurs Paul	57	08-021	3:05.20	25m	31-12-75		185

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107.	Duin Goos	00	08-021	3:05.62	25m	29-3-15	Zaandam (NED)	184
108.	Zijlstra Jeroen	80	08-021	3:06.10	25m	12-10-95	Heemskerk (NED)	182
109.	de Wit Matthew	97	08-021	3:06.61	25m	18-1-15	Zaandam (NED)	181
110.	Blaauw Xam	07	08-021	3:07.31	25m	19-1-20	Zaandam (NED)	179
111.	de Vries Allard	96	08-021	3:07.79	25m	3-4-11	Zaandam (NED)	177
112.	Switser René	75	08-021	3:08.40	25m	1-11-89		176
113.	Doodeman Niels	89	08-021	3:08.92	25m	31-1-02	Heemskerk	174
114.	Huis in 't Veld Lorenzo	03	08-021	3:13.29	25m	2-10-16	Purmerend (NED)	163
115.	de Weert Sander	72	08-021	3:14.55	25m	27-1-12	Terneuzen (NED)	160
116.	van Honschoten Jacky	67	08-021	3:15.10	25m	5-4-81	Heemskerk (NED)	158
117.	Kerdijk Dennis	79	08-021	3:16.50	25m	17-3-96	Heemskerk (NED)	155
118.	de Moes Paul	70	08-021	3:17.30	25m	28-10-84	Egmond (NED)	153
119.	de Wildt Thijs	94	08-021	3:17.68	25m	23-4-09	Heemskerk (NED)	152
120.	Boonacker Wietse	68	08-021	3:17.80	25m	11-4-81	Heemskerk (NED)	152
121.	Leegwater Liam	11	08-021	3:18.07	25m	2-10-22	Den Helder (NED)	151
122.	Rasch Wilco	68	08-021	3:18.20	25m	11-4-81	Heemskerk (NED)	151
123.	Nijland Yoran	05	08-021	3:19.42	25m	1-10-17	Purmerend (NED)	148
124.	Oortwijn Bouke	78	08-021	3:19.50	25m	20-3-93		148
125.	Tuinstra Sean	98	08-021	3:20.42	25m	12-12-10	Zaandam (NED)	146
126.	Bleijendaal Lucas	83	08-021	3:22.10	25m	12-10-95	Heemskerk (NED)	142
127.	Paap Jaidy	08	08-021	3:23.00	25m	9-3-25	Purmerend (NED)	140
128.	Woudsma Maarten	01	08-021	3:23.01	50m	15-3-15	Beverwijk (NED)	167
129.	Meijer Viggo	06	08-021	3:23.85	25m	6-10-19	Purmerend (NED)	139
130.	Arends Peter	79	08-021	3:24.50	25m	27-9-92	Wormerveer (NED)	137
131.	Jacobs Patrick	87	08-021	3:24.74	25m	18-11-01	Heemskerk	137
132.	Dam Norbert	92	08-021	3:26.23	25m	16-1-05	Zaandam (NED)	134
133.	de Groot Peter	80	08-021	3:26.40	25m	20-10-94	Heemskerk (NED)	134
134.	van Hardeveld Richard	69	08-021	3:27.50	25m	28-11-81	Heemskerk (NED)	131
135.	Sikkema Joris	86	08-021	3:28.27	25m	24-9-98	Heemskerk (NED)	130
136.	van der Weide Bas	75	08-021	3:28.30	25m	3-5-90	Heemskerk (NED)	130
137.	Butter Stijn	11	08-021	3:28.42	25m	2-10-22	Den Helder (NED)	130
138.	Ijntema Tjeerd	99	08-021	3:28.79	25m	29-3-15	Zaandam (NED)	129
139.	Josselet Bart	84	08-021	3:29.51	25m	24-9-98	Heemskerk (NED)	128
140.	Vos Daniël	91	08-021	3:29.76	25m	23-12-04	Heemskerk (NED)	127
141.	van Tilburg Beau	07	08-021	3:30.65	25m	19-1-20	Zaandam (NED)	126
142.	van Lieshout Martin	76	08-021	3:30.80	25m	15-1-88		125
143.	Oortwijn Bjarne	07	08-021	3:31.15	25m	9-3-25	Purmerend (NED)	125
144.	Ursem Rob	69	08-021	3:32.00	25m	7-3-82		123
145.	Jong Ron	77	08-021	3:33.60	25m	3-5-90	Heemskerk (NED)	120
146.	Liu Andy	04	08-021	3:34.61	25m	19-3-17	Zaandam (NED)	119
147.	Veldhuis Christian	88	08-021	3:36.25	25m	13-1-02	Zaandam	116
148.	Snel Jeffrey	86	08-021	3:37.00	25m	16-1-00	Zaandam (NED)	115
149.	Salic Keno	89	08-021	3:37.20	25m	13-1-02	Zaandam	115
150.	van Heerwaarden Gerard	70	08-021	3:39.00	25m	11-4-81	Heemskerk (NED)	112
151.	de Caluwé Thijs	82	08-021	3:39.90	25m	12-10-95	Heemskerk (NED)	110
152.	Ramaakers Raymond	91	08-021	3:40.57	25m	25-9-03	Heemskerk (NED)	109
153.	Baltjes Timo	09	08-021	3:42.78	25m	2-10-22	Den Helder (NED)	106
154.	Piek Roy	89	08-021	3:44.44	25m	31-1-02	Heemskerk	104
155.	van de Wijst Peter	69	08-021	3:44.70	25m	11-4-81	Heemskerk (NED)	103
156.	van Heerwaarden Stefan	70	08-021	3:44.90	25m	28-11-81	Heemskerk (NED)	103
157.	Ayari Adam	08	08-021	3:45.05	25m	6-10-19	Purmerend (NED)	103
158.	Koning Arthur	96	08-021	3:45.30	25m	22-3-09	Zaandam (NED)	103
159.	de Groot Michiel	91	08-021	3:47.08	25m	25-9-03	Heemskerk (NED)	100

200 rugslag (sinds 160)

160.	van Sleen Robin	90	08-021	3:48.35	25m	19-1-03	Zaandam	98
161.	Bleijendaal Thomas	88	08-021	3:54.19	25m	25-9-03	Heemskerk (NED)	91
162.	van de Sluis Ignat	69	08-021	4:03.20	25m	11-4-81	Heemskerk (NED)	81
163.	Verhagen Michel	82	08-021	4:19.50	25m	12-10-95	Heemskerk (NED)	67
164.	Sadeghi Hosseen	90	08-021	4:24.42	25m	18-1-04	IJmuiden (NED)	63

500 rugslag

1.	Oudendijk Paul	81	08-021	7:14.51	OW	7-7-07	Oss (NED)
2.	Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)

25 schoolslag

1.	Haack Stefan	82	08-021	14.41	25m	7-7-22	Heemskerk (NED)	524
2.	Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
3.	Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
4.	Camphuijnder Wilko	69	08-021	15.00	25m	13-3-97	Heemskerk (NED)	464
5.	Butter Martijn	79	08-021	15.10	25m	29-5-08	Heemskerk (NED)	455
6.	Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
7.	Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
7.	Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
9.	Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
10.	Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
11.	Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397
12.	Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
13.	Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
14.	de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
15.	Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
16.	Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
16.	Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
18.	Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
19.	de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
20.	Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
21.	Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
22.	van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
23.	Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
24.	Hoening Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
25.	Druyven Jorrick	94	08-021	16.50	25m	29-5-08	Heemskerk (NED)	349
26.	Ayari Adam	08	08-021	16.53	25m	7-7-22	Heemskerk (NED)	347
27.	Steenbergen Roderik	82	08-021	16.63	25m	17-2-00	Heemskerk (NED)	341
28.	van Rookhuizen Barry	82	08-021	16.66	25m	22-2-01	Heemskerk (NED)	339
29.	Glorie Daan	88	08-021	16.68	25m	27-4-06	Heemskerk	338
30.	Gaal Koen	99	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
30.	Gaal Roel	01	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
32.	Wassenaar Marcel	69	08-021	16.80	25m	12-1-89	Heemskerk (NED)	330
32.	de Vijlder Michael	75	08-021	16.80	25m	14-3-96	Heemskerk (NED)	330
34.	van der Gracht Jory	87	08-021	16.86	25m	7-7-22	Heemskerk (NED)	327
35.	Stins Arnold	83	08-021	16.89	25m	17-2-00	Heemskerk (NED)	325
36.	Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)	321
37.	Besse Niels	72	08-021	17.00	25m	31-12-89	Heemskerk (NED)	319
38.	de Caluwé Niels	91	08-021	17.04	25m	19-4-07	Heemskerk (NED)	317
39.	Oortwijn Maarten	80	08-021	17.10	25m	14-3-96	Heemskerk (NED)	313
39.	Kramer Vincent	82	08-021	17.10	25m	17-2-00	Heemskerk (NED)	313

25 schoolslag (sinds 41)

41.	de Weert Sander	72	08-021	17.23	25m	18-11-12	Almere-Stad (NED)	306
42.	Tijms Eric	64	08-021	17.25	25m	29-5-08	Heemskerk (NED)	305
43.	Hulshof Patrick	75	08-021	17.30	25m	16-5-91	Heemskerk (NED)	303
44.	Oortwijn Kalle	05	08-021	17.35	25m	7-7-22	Heemskerk (NED)	300
45.	Kemmeren Ferry	91	08-021	17.46	25m	19-4-07	Heemskerk (NED)	294
46.	Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
46.	Wassenaar Edwin	72	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
48.	Goverde Jeroen	73	08-021	17.60	25m	12-1-89	Heemskerk (NED)	287
48.	Stam Daniël	79	08-021	17.60	25m	13-3-97	Heemskerk (NED)	287
50.	van der Bunt Raymond	73	08-021	17.70	25m	16-5-91	Heemskerk (NED)	282
50.	Camphuijnder Jasper	05	08-021	17.70	25m	7-7-22	Heemskerk (NED)	282
52.	van der Heijden Hans	60	08-021	17.80	25m	14-9-76	Heemskerk (NED)	278
52.	Andeweg Celedonio	76	08-021	17.80	25m	27-4-95	Heemskerk (NED)	278
54.	Essers Tim	88	08-021	17.88	25m	29-5-08	Heemskerk (NED)	274
55.	Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	273
55.	Krijger Jan-Willem	81	08-021	17.90	25m	13-3-97	Heemskerk (NED)	273
57.	Oortwijn Bouke	78	08-021	17.92	25m	30-11-14	Almere-Stad (NED)	272
58.	Martijn Onno	91	08-021	17.97	25m	19-4-07	Heemskerk (NED)	270
59.	Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
59.	van Velsen Gerard	54	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
59.	de Boer Daniël	77	08-021	18.00	25m	27-4-95	Heemskerk (NED)	269
62.	Lamers Koen	91	08-021	18.04	25m	19-4-07	Heemskerk (NED)	267
63.	Zonneveld Jeroen	78	08-021	18.13	25m	22-10-11	Emmeloord (NED)	263
64.	Schaap Paul	75	08-021	18.20	25m	12-1-89	Heemskerk (NED)	260
65.	Meijer Viggo	06	08-021	18.31	25m	7-7-22	Heemskerk (NED)	255
66.	Oudendijk Hans	54	08-021	18.44	25m	17-3-07	Lelystad (NED)	250
67.	de Caluwe Johan	64	08-021	18.48	25m	19-4-07	Heemskerk (NED)	248
68.	Windmuller Hans-Pieter	60	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
68.	Windmuller Ton	62	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
70.	Zijlstra Jeroen	80	08-021	18.60	25m	14-3-96	Heemskerk (NED)	243
71.	Hoening Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)	240
72.	Vink Gé	60	08-021	18.81	25m	19-4-07	Heemskerk (NED)	235
73.	de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)	233
74.	Overmeer Michel	60	08-021	18.90	25m	14-9-76	Heemskerk (NED)	232
74.	Dekker Rudie	78	08-021	18.90	25m	27-4-95	Heemskerk (NED)	232
74.	Kerdijk Dennis	79	08-021	18.90	25m	14-3-96	Heemskerk (NED)	232
77.	Kuijper Alex	08	08-021	18.99	25m	7-7-22	Heemskerk (NED)	229
78.	Verdonk Pim	63	08-021	19.00	25m	14-9-76	Heemskerk (NED)	228
78.	Bal Chester	78	08-021	19.00	25m	19-3-98	Heemskerk (NED)	228
80.	Leegwater Martijn	83	08-021	19.07	25m	7-7-22	Heemskerk (NED)	226
81.	Hof Ronnalt	60	08-021	19.30	25m	30-3-76	Heemskerk (NED)	218
82.	Doodeman Niels	89	08-021	19.38	25m	22-2-01	Heemskerk (NED)	215
83.	Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)	214
84.	Koopman Axel	92	08-021	19.49	25m	27-4-06	Heemskerk	211
85.	Schouws Nico	59	08-021	19.50	25m	14-9-76	Heemskerk (NED)	211
86.	van der Gracht Adrie	57	08-021	19.58	25m	29-5-08	Heemskerk (NED)	209
87.	Meyer Frank	60	08-021	19.60	25m	30-3-76	Heemskerk (NED)	208
88.	Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)	207
89.	de Groot Peter	80	08-021	19.70	25m	14-3-96	Heemskerk (NED)	205
90.	de Wit Stephen	93	08-021	19.82	25m	29-5-08	Heemskerk (NED)	201
91.	de Ruijter René	86	08-021	20.04	25m	17-2-00	Heemskerk (NED)	194
92.	Lammers Fake	63	08-021	20.10	25m	14-9-76	Heemskerk (NED)	193
92.	Kaal Dennis	74	08-021	20.10	25m	12-1-89	Heemskerk (NED)	193

25 schoolslag (sinds 94)

94.	Beentjes Walter	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	184
95.	Groot Sander	88	08-021	20.51	25m	17-2-00	Heemskerk (NED)	181
96.	Crok Dirk	58	08-021	20.52	25m	29-5-08	Heemskerk (NED)	181
97.	van de Laar Viktor	05	08-021	20.56	25m	7-7-22	Heemskerk (NED)	180
98.	Feyen Erik	66	08-021	20.60	25m	14-9-76	Heemskerk (NED)	179
99.	Schelvis Sjeng	89	08-021	20.62	25m	22-2-01	Heemskerk (NED)	178
100.	Hof Peter	62	08-021	20.80	25m	14-9-76	Heemskerk (NED)	174
100.	Oortwijn Guido	78	08-021	20.80	25m	16-5-91	Heemskerk (NED)	174
102.	Thijssen Dave	82	08-021	20.90	25m	27-4-95	Heemskerk (NED)	171
103.	Jacobs Patrick	87	08-021	20.95	25m	22-2-01	Heemskerk (NED)	170
104.	Kleijne Barry	93	08-021	21.00	25m	19-4-07	Heemskerk (NED)	169
105.	de Roode Jeremiah	99	08-021	21.36	25m	16-1-11	Zaandam (NED)	160
106.	Borst Jan	63	08-021	21.40	25m	30-3-76	Heemskerk (NED)	160
106.	Missot Paul	64	08-021	21.40	25m	14-9-76	Heemskerk (NED)	160
106.	Welboren Mark	87	08-021	21.40	25m	5-3-98	Heemskerk (NED)	160
109.	de Caluwe Perry	61	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
109.	van Duin Peter	65	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
111.	Bokelaar Martijn	80	08-021	21.67	25m	15-11-09	Almere-Stad (NED)	154
112.	Kooistra André	88	08-021	21.75	25m	17-2-00	Heemskerk (NED)	152
113.	de Rooij Roel	87	08-021	21.78	25m	25-3-99	Heemskerk (NED)	151
114.	Altena Marc	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	151
115.	Jansen Jacques	62	08-021	21.90	25m	14-9-76	Heemskerk (NED)	149
115.	van Rijn Michael	70	08-021	21.90	25m	16-3-80	Heemskerk (NED)	149
117.	Lith John	63	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
117.	Welp Andre	65	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
117.	van den Akker Dennis	63	08-021	22.00	25m	14-9-76	Heemskerk (NED)	147
117.	de Graaf Peter	76	08-021	22.00	25m	22-3-88	Heemskerk (NED)	147
121.	Smit Erik	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	143
121.	Heeremans Tim	78	08-021	22.20	25m	12-1-89	Heemskerk (NED)	143
121.	Arends Martin	81	08-021	22.20	25m	16-6-93		143
124.	van Baal Elvin	86	08-021	22.23	25m	22-2-01	Heemskerk (NED)	142
125.	de Rooij Coen	89	08-021	22.28	25m	17-2-00	Heemskerk (NED)	141
126.	Wolf Gert Jan	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	Sadon Alain	64	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	van der Kolk Henk	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	de Caluwé Thijs	82	08-021	22.30	25m	14-3-96	Heemskerk (NED)	141
130.	Jong Ron	77	08-021	22.40	25m	31-12-89	Heemskerk (NED)	139
131.	Snel Jeffrey	86	08-021	22.56	25m	17-2-00	Heemskerk (NED)	136
132.	van Dijck Bart	63	08-021	22.60	25m	14-9-76	Heemskerk (NED)	135
132.	ten Cate Raymond	82	08-021	22.60	25m	27-4-95	Heemskerk (NED)	135
134.	de Vries Allard	96	08-021	22.67	25m	29-5-08	Heemskerk (NED)	134
135.	Arends Peter	79	08-021	22.70	25m	17-6-93	Heemskerk (NED)	134
136.	Mulder Mark	97	08-021	22.71	25m	30-6-11	Heemskerk (NED)	133
137.	Nijenhuis Jan-Hendrik	65	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
137.	Bulthuis Luc Jan	64	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
139.	van Vliet John	63	08-021	22.90	25m	30-3-76	Heemskerk (NED)	130
140.	Sikkema Joris	86	08-021	22.98	25m	25-3-99	Heemskerk (NED)	129
141.	Keessen Jeroen	67	08-021	23.00	25m	30-3-76	Heemskerk (NED)	128
141.	Beentjes Rob	63	08-021	23.00	25m	14-9-76	Heemskerk (NED)	128
141.	van Lieshout Martin	76	08-021	23.00	25m	17-12-87	Heemskerk (NED)	128
141.	de Wildt Thijs	94	08-021	23.00	25m	29-5-08	Heemskerk (NED)	128
141.	de Weers Luuk	13	08-021	23.00	25m	2-4-23	Haarlem (NED)	128
146.	Plokker Robert	65	08-021	23.10	25m	14-9-76	Heemskerk (NED)	127

25 schoolslag (sinds 147)

147.	Veldhuis Christian	88	08-021	23.17	25m	22-2-01	Heemskerk (NED)	126
148.	Smit Arend	88	08-021	23.19	25m	17-2-00	Heemskerk (NED)	125
148.	Jongert Jeroen	96	08-021	23.19	25m	7-7-22	Heemskerk (NED)	125
150.	Bleijendaal Lucas	83	08-021	23.20	25m	27-4-95	Heemskerk (NED)	125
151.	Teufer Florian	95	08-021	23.39	25m	30-3-06	Heemskerk (NED)	122
151.	Groot Tim	99	08-021	23.39	25m	30-6-11	Heemskerk (NED)	122
153.	Verschuren Andre	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	119
153.	Versteeg Rene	65	08-021	23.60	25m	14-9-76	Heemskerk (NED)	119
153.	van Els Thomas	82	08-021	23.60	25m	13-10-93		119
153.	Buur Michael	87	08-021	23.60	25m	19-3-98	Heemskerk (NED)	119
157.	Versteeg Lennert	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	117
158.	Schouws Theo	66	08-021	23.80	25m	30-3-76	Heemskerk (NED)	116
158.	Josselet Bart	84	08-021	23.80	25m	5-2-98	Heemskerk (NED)	116
160.	Baltjes Timo	09	08-021	23.82	25m	7-7-22	Heemskerk (NED)	116
161.	Welboren Mischa	89	08-021	23.84	25m	25-3-99	Heemskerk (NED)	115
162.	van Rixel Ferry	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	114
163.	Butter Stijn	11	08-021	23.95	25m	7-7-22	Heemskerk (NED)	114
164.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	113
164.	Verhoog Jan-Willem	66	08-021	24.00	25m	14-9-76	Heemskerk (NED)	113
164.	Zonneveld Bas	82	08-021	24.00	25m	17-6-93	Heemskerk (NED)	113
167.	Leek Hans	66	08-021	24.10	25m	30-3-76	Heemskerk (NED)	112
168.	Huisman Rene	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	110
169.	Yayli Serkan	92	08-021	24.25	25m	18-11-01	Heemskerk	110
170.	Borst Corné	96	08-021	24.28	25m	29-5-08	Heemskerk (NED)	109
171.	Groot Wim	63	08-021	24.30	25m	30-3-76	Heemskerk (NED)	109
171.	Rozemeijer Marco	67	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
171.	de Buyzer Eelco	64	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
171.	van Lieshout Rick	78	08-021	24.30	25m	16-5-91	Heemskerk (NED)	109
171.	Kloppenborg Albert	82	08-021	24.30	25m	13-10-93		109
171.	de Groot Pieter	83	08-021	24.30	25m	24-2-94	Heemskerk (NED)	109
177.	Put Hans	66	08-021	24.40	25m	14-9-76	Heemskerk (NED)	108
178.	Leegwater Liam	11	08-021	24.49	25m	7-7-22	Heemskerk (NED)	106
179.	Dekker Johnny	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	106
179.	Verhagen Michel	82	08-021	24.50	25m	16-3-95	Heemskerk (NED)	106
179.	Viel Stefan	88	08-021	24.50	25m	19-3-98	Heemskerk (NED)	106
179.	Glorie Jan	57	08-021	24.50	25m	23-10-10	Emmeloord (NED)	106
183.	Tuinstra Sean	98	08-021	24.58	25m	29-5-08	Heemskerk (NED)	105
184.	Martens Andre	70	08-021	24.70	25m	16-3-80	Heemskerk (NED)	104
185.	van Heerwaarden Marcel	65	08-021	24.80	25m	14-9-76	Heemskerk (NED)	102
186.	Valk Erwin	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
186.	Korzelius Ron	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
186.	Zonneveld Alex	90	08-021	24.90	25m	22-2-01	Heemskerk (NED)	101
189.	Hollander Tonny	63	08-021	25.00	25m	30-3-76	Heemskerk (NED)	100
190.	Kuijl Ben	62	08-021	25.10	25m	14-9-76	Heemskerk (NED)	99
191.	Piek Roy	89	08-021	25.17	25m	22-2-01	Heemskerk (NED)	98
191.	Groen Jarno	01	08-021	25.17	25m	3-4-11	Zaandam (NED)	98
193.	van Vliet Rinus	65	08-021	25.20	25m	30-3-76	Heemskerk (NED)	98
193.	de Joode Bert	65	08-021	25.20	25m	14-9-76	Heemskerk (NED)	98
195.	Sturkenboom Willibrord	64	08-021	25.30	25m	30-3-76	Heemskerk (NED)	96
195.	Verhagen Bart	85	08-021	25.30	25m	27-4-95	Heemskerk (NED)	96
197.	van Tilburg Beau	07	08-021	25.38	25m	28-1-18	Purmerend (NED)	95
198.	Denneman John	66	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95
198.	van Heerwaarden Erwin	68	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95

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198.	van Wijk Peter	87	08-021	25.40	25m	19-3-98	Heemskerk (NED)	95
201.	de Vriend Ruben	03	08-021	25.42	25m	11-3-12	Zaandam (NED)	95
202.	Lith Rob	63	08-021	25.60	25m	30-3-76	Heemskerk (NED)	93
203.	Vrugt Richard	67	08-021	25.80	25m	14-9-76	Heemskerk (NED)	91
204.	Grapendaal Aad	42	08-021	25.85	25m	16-2-13	Heerenveen (NED)	90
205.	Goverde Antoine	65	08-021	25.90	25m	14-9-76	Heemskerk (NED)	90
205.	Smit Rob	69	08-021	25.90	25m	15-9-79	Heemskerk (NED)	90
207.	Beentjes Theo	65	08-021	26.00	25m	30-3-76	Heemskerk (NED)	89
208.	Apeldoorn Alex	89	08-021	26.05	25m	17-2-00	Heemskerk (NED)	88
209.	Oliveira Rocha Dean	14	08-021	26.13	25m	7-12-23	Heemskerk (NED)	87
210.	Nolten Rob	63	08-021	26.20	25m	30-3-76	Heemskerk (NED)	87
211.	de Bruijn Harold	65	08-021	26.30	25m	14-9-76	Heemskerk (NED)	86
212.	Woudsma Stefan	00	08-021	26.37	25m	3-4-11	Zaandam (NED)	85
213.	Borg Erick	64	08-021	26.40	25m	30-3-76	Heemskerk (NED)	85
213.	Kemper Marcel	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	85
213.	Verhagen Jeroen	84	08-021	26.40	25m	27-4-95	Heemskerk (NED)	85
213.	van der Berg Job	98	08-021	26.40	25m	29-5-08	Heemskerk (NED)	85
217.	van Leeuwen Elbert	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
217.	Ursem Jerre	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
217.	Jong Gregory	80	08-021	26.50	25m	31-12-89	Heemskerk (NED)	84
220.	de Graaf Arnold	66	08-021	26.60	25m	14-9-76	Heemskerk (NED)	83
220.	van Hardeveld Richard	69	08-021	26.60	25m	15-9-79	Heemskerk (NED)	83
222.	de Wit Job	98	08-021	26.77	25m	29-5-08	Heemskerk (NED)	81
223.	Ruiz Sanchis Dean	15	08-021	26.83	25m	18-9-25	Heemskerk (NED)	81
224.	Klemann Joshua	13	08-021	26.85	25m	31-3-24	Haarlem (NED)	81
225.	Abbenhuis Frank	65	08-021	26.90	25m	30-3-76	Heemskerk (NED)	80
225.	Hoogendoorn Paul	66	08-021	26.90	25m	14-9-76	Heemskerk (NED)	80
227.	van der Meijden Mats	14	08-021	26.96	25m	19-2-26	Heemskerk (NED)	80
228.	Verschuren Martin	65	08-021	27.00	25m	30-3-76	Heemskerk (NED)	79
228.	Dijkstra Menno	68	08-021	27.00	25m	14-9-76	Heemskerk (NED)	79
228.	Lanser Werner	71	08-021	27.00	25m	16-3-80	Heemskerk (NED)	79
231.	van der Engh Dex	12	08-021	27.01	25m	15-12-22	Heemskerk (NED)	79
232.	Beentjes John	64	08-021	27.20	25m	30-3-76	Heemskerk (NED)	77
232.	Ursem Rob	69	08-021	27.20	25m	15-9-79	Heemskerk (NED)	77
234.	Hörchner Erwin	64	08-021	27.50	25m	30-3-76	Heemskerk (NED)	75
234.	van der Linden Ronald	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	75
236.	Gouweleeuw Raymond	88	08-021	27.56	25m	25-3-99	Heemskerk (NED)	74
237.	van Dijk Michel	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	74
238.	de Boer Tobias	02	08-021	27.66	25m	30-6-11	Heemskerk (NED)	74
239.	van Vegten Teun	01	08-021	27.69	25m	30-6-11	Heemskerk (NED)	73
240.	Cekic Deniz	97	08-021	27.77	25m	29-5-08	Heemskerk (NED)	73
241.	Pijlman Bart	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	73
241.	van Heerwaarden Gerard	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	73
243.	Zwart Mees	10	08-021	27.91	25m	15-12-22	Heemskerk (NED)	72
244.	Steijn Daan	11	08-021	27.92	25m	7-7-22	Heemskerk (NED)	72
245.	van Duivenvoorde Bram	12	08-021	28.00	25m	9-4-23	Haarlem (NED)	71
246.	Boudewijn Ruben	17	08-021	28.16	25m	9-11-25	Zaandam (NED)	70
247.	de Ruyter Peter	65	08-021	28.20	25m	14-9-76	Heemskerk (NED)	69
248.	Smit Mika	16	08-021	28.27	25m	8-3-26	Krommenie (NED)	69
249.	Teunissen Frank	68	08-021	28.30	25m	14-9-76	Heemskerk (NED)	69
250.	Vessies Max	03	08-021	28.46	25m	7-4-13	Castricum (NED)	68
251.	van Heerwaarden Stefan	70	08-021	28.50	25m	15-9-79	Heemskerk (NED)	67
252.	Wassenaar Joris	01	08-021	28.51	25m	30-6-11	Heemskerk (NED)	67

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253.	Lubbers Pieter-Jan	67	08-021	28.70	25m	14-9-76	Heemskerk (NED)	66
254.	Monden Fernmy	67	08-021	29.00	25m	30-3-76	Heemskerk (NED)	64
255.	Steenstra Martijn	72	08-021	29.10	25m	16-3-80	Heemskerk (NED)	63
256.	Jansen Davy	15	08-021	29.58	25m	15-12-24	Amsterdam (NED)	60
257.	van Slooten Udo	65	08-021	30.00	25m	14-9-76	Heemskerk (NED)	58
258.	Seigers Bruno	17	08-021	30.03	25m	8-3-26	Krommenie (NED)	57
259.	Breton Tiemo	16	08-021	30.57	25m	9-11-25	Zaandam (NED)	54
260.	Veldt Yannick	14	08-021	30.58	25m	15-12-22	Heemskerk (NED)	54
261.	van West Noud	14	08-021	30.62	25m	15-12-22	Heemskerk (NED)	54
262.	Roostenberg Misja	72	08-021	30.70	25m	10-2-80	Heerhugowaard (NED)	54
262.	Blaauw Mica	05	08-021	30.70	25m	7-4-13	Castricum (NED)	54
264.	Woudsma Maarten	01	08-021	30.75	25m	30-6-11	Heemskerk (NED)	53
265.	Sahin Ahmet	12	08-021	30.78	25m	1-2-24	Heemskerk (NED)	53
266.	Beentjes Johnny	68	08-021	30.90	25m	14-9-76	Heemskerk (NED)	53
266.	Haasnoot Michel	72	08-021	30.90	25m	10-2-80	Heerhugowaard (NED)	53
268.	Bos Tako	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	52
269.	Butter Jurre	12	08-021	31.13	25m	7-12-23	Heemskerk (NED)	52
270.	van Wijk Nico	68	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
270.	van der Aar Peter	69	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
272.	van Heerwaarden Jeroen	72	08-021	31.30	25m	10-2-80	Heerhugowaard (NED)	51
273.	Put Nico	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	50
273.	Pettinga Rodney	85	08-021	31.50	25m	14-3-96	Heemskerk (NED)	50
275.	van der Linden René	70	08-021	31.60	25m	15-9-79	Heemskerk (NED)	49
276.	Hulscher Jayden	17	08-021	31.74	25m	8-3-26	Krommenie (NED)	49
277.	Breton Hugo	17	08-021	32.10	25m	11-12-25	Heemskerk (NED)	47
278.	van Ess Bram	17	08-021	32.23	25m	19-2-26	Heemskerk (NED)	46
279.	Ursem Maurice	72	08-021	32.40	25m	16-3-80	Heemskerk (NED)	46
280.	de Boer Sem	02	08-021	32.87	25m	30-6-11	Heemskerk (NED)	44
281.	Banks Ryan	18	08-021	33.55	25m	1-2-24	Heemskerk (NED)	41
282.	Kuijl Peter	67	08-021	34.00	25m	14-9-76	Heemskerk (NED)	39
283.	van Dijk Arnaud	68	08-021	34.30	25m	30-3-76	Heemskerk (NED)	38
284.	Kooiman Alexander	69	08-021	34.40	25m	14-9-76	Heemskerk (NED)	38
285.	Huskins James	16	08-021	34.46	25m	28-9-25	Krommenie (NED)	38
286.	Ayari Mohammed	13	08-021	35.63	25m	7-7-22	Heemskerk (NED)	34
287.	Blaauw Xam	07	08-021	36.54	25m	2-2-14	Haarlem (NED)	32
288.	van Wijngaarden Edwin	68	08-021	36.80	25m	30-3-76	Heemskerk (NED)	31
289.	de Groot Frank	67	08-021	37.70	25m	30-3-76	Heemskerk (NED)	29
290.	Ruiz Sanchez Tyler	18	08-021	39.29	25m	18-9-25	Heemskerk (NED)	25
291.	Beentjes Jur	15	08-021	41.68	25m	21-4-22	Heemskerk (NED)	21
292.	Schrauwen Lex	15	08-021	44.05	25m	19-2-26	Heemskerk (NED)	18
293.	Haack Kaj	21	08-021	46.49	25m	19-2-26	Heemskerk (NED)	15
294.	Ramazani Kaihan	19	08-021	46.73	25m	11-12-25	Heemskerk (NED)	15

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1.	Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2.	Breton Wouter	89	08-021	31.19	25m	16-11-25	Purmerend (NED)	530
3.	Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
4.	Oudendijk Paul	81	08-021	32.21	25m	23-1-09	Vlissingen (NED)	481
5.	Jongert Sjoerd	01	08-021	33.31	25m	12-1-25	Heemskerk (NED)	435
6.	Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)	430
7.	de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
8.	van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
9.	Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
10.	Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
11.	Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
12.	de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
13.	Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
14.	Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
15.	Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
16.	van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
17.	Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
18.	Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
18.	Camphuijnder Wilko	69	08-021	34.60	25m	10-10-96	Heemskerk (NED)	388
20.	Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
21.	Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
22.	Schaaper Bart	73	08-021	34.80	25m	8-3-87	Zaandam (NED)	381
22.	Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
24.	Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
25.	Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378
25.	Gaal Roel	01	08-021	34.92	25m	3-10-21	Den Helder (NED)	378
27.	van der Kroft Barry	82	08-021	34.94	25m	31-3-02	Haarlem	377
28.	Ayari Adam	08	08-021	35.05	25m	21-9-23	Heemskerk (NED)	373
29.	Tamis Thijs	82	08-021	35.08	25m	20-4-03	Haarlem	372
29.	van der Gracht Jory	87	08-021	35.08	25m	7-1-12	Hoon (NED)	372
31.	Schaaper Hans	68	08-021	35.10	25m	14-12-88		372
32.	Glorie Daan	88	08-021	35.14	25m	30-12-05	Maastricht (NED)	371
33.	Kerkhof Arno	72	08-021	35.20	25m	4-2-90	Volendam (NED)	369
34.	van de Poll Kevin	86	08-021	35.28	25m	28-12-03	Maastricht (NED)	366
35.	Di Mattia Angelo	97	08-021	35.61	25m	1-2-15	Zaandam (NED)	356
36.	Stam Daniël	79	08-021	35.70	25m	18-1-98	Zuidoost Beemster (NED)	353
37.	Stins Arnold	83	08-021	35.75	25m	14-12-00	Heemskerk (NED)	352
37.	Camphuijnder Jasper	05	08-021	35.75	25m	12-1-25	Heemskerk (NED)	352
39.	de Wit Stephen	93	08-021	35.87	25m	30-9-12	Heemskerk (NED)	348
40.	Hoerink Jarl	86	08-021	35.89	25m	29-5-04	Z.o. Beemster	348
41.	Tijms Stefan	93	08-021	35.97	25m	13-1-19	Purmerend (NED)	345
42.	Steenbergen Roderik	82	08-021	36.19	25m	3-12-00	Zaandam (NED)	339
43.	van Rookhuizen Barry	82	08-021	36.22	25m	20-12-01	Heemskerk	338
44.	van Duin Peter	65	08-021	36.30	25m	14-3-81	Heemskerk (NED)	336
44.	Druyven Jorrick	94	08-021	36.30	25m	23-3-08	Haarlem (NED)	336
46.	Butter Joris	86	08-021	36.58	25m	25-1-04	Zaandam	328
47.	Blaauw Mica	05	08-021	36.71	25m	5-6-25	Heemskerk (NED)	325
48.	van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk	324
49.	Kemmeren Ferry	91	08-021	36.94	25m	8-4-07	Haarlem (NED)	319
50.	Kramer Vincent	82	08-021	36.97	25m	25-11-04	Heemskerk (NED)	318
51.	Kranenburg Fred	63	08-021	37.00	25m	17-5-81	Castricum (NED)	317
52.	Schelvis Sjeng	89	08-021	37.08	25m	16-5-05	Zuidoost-Beemster (NED)	315
53.	Pover Peter	69	08-021	37.10	25m	4-10-89		315

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54.	de Vijlder Michael	75	08-021	37.30	25m	8-6-95	Heemskerk (NED)	310
55.	Wassenaar Marcel	69	08-021	37.40	25m	15-12-88	Heemskerk (NED)	307
56.	Essers Tim	88	08-021	37.53	25m	28-12-04	Maastricht (NED)	304
57.	de Vries Dylan	93	08-021	37.59	25m	30-9-12	Heemskerk (NED)	303
58.	Oortwijn Kalle	05	08-021	37.61	25m	7-10-21	Heemskerk (NED)	302
59.	Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond	301
60.	Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)	300
61.	Zwaan Bas	76	08-021	37.80	25m	20-10-94	Heemskerk (NED)	298
62.	Hos Dennis	68	08-021	37.90	25m	5-10-89	Heemskerk (NED)	295
63.	Hof Ronnalt	60	08-021	38.00	25m	27-11-77	IJmuiden (NED)	293
63.	Hulshof Patrick	75	08-021	38.00	25m	13-6-91	Heemskerk (NED)	293
65.	de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk	290
66.	Switser René	75	08-021	38.20	25m	7-11-90		288
66.	Oortwijn Maarten	80	08-021	38.20	25m	14-9-96	Hoogland	288
68.	de Boer Daniël	77	08-021	38.40	25m	20-10-94	Heemskerk (NED)	284
68.	Kemmeren Andre	88	08-021	38.40	25m	25-11-04	Heemskerk (NED)	284
70.	Hoening Sten	84	08-021	38.45	25m	29-5-04	Z.o. Beemster	283
71.	Andeweg Celedonio	76	08-021	38.50	25m	12-10-95	Heemskerk (NED)	282
72.	de Vries Allard	96	08-021	38.68	25m	6-3-14	Heemskerk (NED)	278
73.	Plokker Robert	65	08-021	38.70	25m	14-3-81	Heemskerk (NED)	277
73.	Goverde Jeroen	73	08-021	38.70	25m	3-5-90	Heemskerk (NED)	277
75.	de Weert Sander	72	08-021	38.90	25m	9-2-12	Heemskerk (NED)	273
76.	Butter Stijn	11	08-021	39.00	25m	16-11-25	Purmerend (NED)	271
77.	Wassenaar Edwin	72	08-021	39.20	25m	9-2-89	Heemskerk (NED)	267
77.	Besse Niels	72	08-021	39.20	25m	14-12-89	Heemskerk (NED)	267
77.	van der Bunt Raymond	73	08-021	39.20	25m	7-2-91	Heemskerk (NED)	267
80.	Bleijendaal Thomas	88	08-021	39.29	25m	27-5-04	Heemskerk (NED)	265
81.	Windmuller Ton	62	08-021	39.40	25m	15-9-79	Heemskerk (NED)	263
81.	van de Sluis Nicolai	66	08-021	39.40	25m	17-5-81	Castricum (NED)	263
83.	de Ruijter René	86	08-021	39.41	25m	6-11-05	Zaandam (NED)	263
84.	Deen Peter	59	08-021	39.50	25m	30-3-76	Heemskerk (NED)	261
84.	Goverde Ad	59	08-021	39.50	25m	14-3-81	Heemskerk (NED)	261
84.	Oortwijn Bouke	78	08-021	39.50	25m	14-10-93	Heemskerk	261
87.	Tijms Eric	64	08-021	39.91	25m	31-5-09	Purmerend (NED)	253
88.	Wiegman Stefan	74	08-021	40.00	25m	15-12-88	Heemskerk (NED)	251
89.	Krijger Jan-Willem	81	08-021	40.02	25m	15-11-98	Zaandam (NED)	251
90.	Lamers Koen	91	08-021	40.03	25m	30-12-06	Maastricht (NED)	250
91.	Groen Jarno	01	08-021	40.08	25m	5-3-20	Heemskerk (NED)	250
92.	Zonneveld Jeroen	78	08-021	40.10	25m	5-10-97	Zaandam (NED)	249
93.	Ijntema Tjeerd	99	08-021	40.12	25m	9-10-16	Alkmaar (NED)	249
94.	Woudsma Stefan	00	08-021	40.18	25m	16-3-17	Heemskerk (NED)	248
95.	Verbree John	61	08-021	40.30	25m	4-10-80	Heemskerk (NED)	245
96.	Martijn Onno	91	08-021	40.37	25m	11-12-05	IJmuiden (NED)	244
97.	Missot Paul	64	08-021	40.50	25m	15-9-79	Heemskerk (NED)	242
97.	Roosendaal Ben	66	08-021	40.50	25m	14-3-81	Heemskerk (NED)	242
97.	Schaap Paul	75	08-021	40.50	25m	14-12-89	Heemskerk (NED)	242
100.	Paap Jaidy	08	08-021	40.53	25m	20-4-25	Haarlem (NED)	241
101.	Vink Gé	60	08-021	40.75	25m	9-2-12	Heemskerk (NED)	237
102.	Korzelius Ron	65	08-021	40.80	25m	17-5-81	Castricum (NED)	237
103.	Voorn Max	05	08-021	40.92	25m	12-9-21	Alkmaar (NED)	234
104.	Meijer Viggo	06	08-021	40.93	25m	30-3-23	Heemskerk (NED)	234
105.	Reijnders Erik	65	08-021	41.00	25m	13-12-81	Volendam (NED)	233
106.	Kuijper Alex	08	08-021	41.06	25m	27-10-24	Zaandam (NED)	232

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107.	Doodeman Niels	89	08-021	41.18	25m	17-3-02	Zaandam	230
108.	Overmeer Michel	60	08-021	41.30	25m	30-3-76	Heemskerk (NED)	228
108.	Ursem Jerre	73	08-021	41.30	25m	14-12-88		228
110.	Zijlstra Jeroen	80	08-021	41.40	25m	12-10-95	Heemskerk (NED)	226
111.	Dekker Erik	62	08-021	41.50	25m	15-9-79	Heemskerk (NED)	225
112.	Dekker Rudie	78	08-021	41.60	25m	14-10-93	Heemskerk	223
113.	Geijssen Jacques	67	DEM/OEZA	41.68	25m	31-1-13	Heemskerk (NED)	222
114.	van Vegten Teun	01	08-021	41.74	25m	14-1-18	Purmerend (NED)	221
115.	Tuinstra Sean	98	08-021	41.96	25m	21-3-13	Heemskerk (NED)	217
116.	de Caluwe Johan	64	08-021	41.98	25m	31-5-07	Heemskerk (NED)	217
117.	Dekker Ruben	93	08-021	42.08	25m	30-12-05	Maastricht (NED)	216
118.	Blaauw Eric	67	08-021	42.12	25m	5-10-13	Zwolle (NED)	215
119.	Smit Erik	64	08-021	42.30	25m	4-10-80	Heemskerk (NED)	212
120.	Duin Goos	00	08-021	42.34	25m	1-2-15	Zaandam (NED)	212
121.	Oudendijk Hans	54	08-021	42.47	25m	29-3-07	Heemskerk (NED)	210
122.	Kock Albert	61	08-021	42.50	25m	30-3-76	Heemskerk (NED)	209
123.	van de Laar Viktor	05	08-021	42.54	25m	1-10-23	Den Helder (NED)	209
124.	Bal Chester	78	08-021	42.60	25m	10-10-96	Heemskerk (NED)	208
125.	Kerdijk Dennis	79	08-021	42.80	25m	10-10-96	Heemskerk (NED)	205
126.	Koopman Axel	92	08-021	42.87	25m	6-11-05	Zaandam (NED)	204
127.	Windmuller Hans-Pieter	60	08-021	42.90	25m	30-3-76	Heemskerk (NED)	203
128.	Tap Ben	69	08-021	43.00	25m	22-3-88	Heemskerk (NED)	202
129.	Schillemans Bram	99	08-021	43.07	25m	7-3-19	Heemskerk (NED)	201
130.	Herwegh Dink	11	08-021	43.12	25m	27-10-24	Zaandam (NED)	200
131.	Woudsma Maarten	01	08-021	43.14	50m	3-12-16	Beverwijk (NED)	217
132.	de Wildt Thijs	94	08-021	43.18	25m	25-3-10	Heemskerk (NED)	199
133.	Wolf Gert Jan	65	08-021	43.20	25m	14-3-81	Heemskerk (NED)	199
134.	Oortwijn Bjarne	07	08-021	43.21	25m	9-4-23	Haarlem (NED)	199
135.	Vlieland Roy	99	08-021	43.29	25m	7-4-13	Castricum (NED)	198
135.	Schoonakker Mick	07	08-021	43.29	25m	14-3-24	Heemskerk (NED)	198
137.	Meyer Frank	60	08-021	43.50	25m	17-9-77	Heemskerk (NED)	195
137.	de Caluwe Perry	61	08-021	43.50	25m	15-9-79	Heemskerk (NED)	195
139.	van Heerwaarden Chiel	05	08-021	43.74	25m	8-10-20	Heemskerk (NED)	192
140.	Hoekstra Erwin	73	DEM/OEZA	43.83	25m	31-1-13	Heemskerk (NED)	191
141.	Kloek Ralph	68	08-021	43.90	25m	14-3-81	Heemskerk (NED)	190
142.	Crok Dirk	58	08-021	43.93	25m	23-1-09	Vlissingen (NED)	189
143.	Veldhuis Christian	88	08-021	43.95	25m	20-12-01	Heemskerk	189
144.	van der Gracht Adrie	57	08-021	44.02	25m	3-2-07	Aberdeen (GBR)	188
145.	Schouws Nico	59	08-021	44.20	25m	17-9-77	Heemskerk (NED)	186
146.	van der Kolk Henk	65	08-021	44.30	25m	10-2-80	Heerhugowaard (NED)	185
147.	Kemper Marcel	65	08-021	44.40	25m	4-10-80	Heemskerk (NED)	183
148.	Zwart Mees	10	08-021	44.58	25m	5-6-25	Heemskerk (NED)	181
149.	Lammers Fake	63	08-021	44.80	25m	17-9-77	Heemskerk (NED)	179
149.	Kaal Dennis	74	08-021	44.80	25m	9-2-89	Heemskerk (NED)	179
151.	van Duivenvoorde Bram	12	08-021	44.82	25m	16-11-25	Purmerend (NED)	178
152.	de Boer Tobias	02	08-021	44.92	25m	16-3-17	Heemskerk (NED)	177
153.	Borst Corné	96	08-021	45.09	25m	11-3-12	Zaandam (NED)	175
154.	Hagebout Marcel	68	08-021	45.10	25m	14-3-81	Heemskerk (NED)	175
155.	Dam Norbert	92	08-021	45.27	25m	7-11-04	IJmuiden (NED)	173
156.	Yayli Serkan	92	08-021	45.45	25m	25-11-04	Heemskerk (NED)	171
157.	de Groot Michiel	91	08-021	45.59	25m	24-4-03	Heemskerk	169
158.	Reuderink Peter	62	08-021	45.60	25m	17-9-77	Heemskerk (NED)	169
159.	Offringa Martin	61	08-021	45.90	25m	17-9-77	Heemskerk (NED)	166

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160.	Blaauw Xam	07	08-021	45.98	25m	5-6-25	Heemskerk (NED)	165
161.	Huisman Rene	69	08-021	46.00	25m	14-3-81	Heemskerk (NED)	165
161.	de Groot Peter	80	08-021	46.00	25m	20-10-94	Heemskerk (NED)	165
163.	van Velsen Gerard	54	08-021	46.20	25m	22-3-88	Heemskerk (NED)	163
164.	Renkema Wilco	68	08-021	46.30	25m	29-11-82	Heemskerk (NED)	162
165.	Koning Arthur	96	08-021	46.43	25m	27-1-11	Heemskerk (NED)	160
166.	Geurtsen Hans	61	08-021	46.60	25m	30-3-76	Heemskerk (NED)	159
167.	Jacobs Patrick	87	08-021	46.61	25m	14-12-00	Heemskerk (NED)	158
168.	de Rooij Roel	87	08-021	46.70	25m	15-11-98	Zaandam (NED)	158
169.	Groot Sander	88	08-021	46.84	25m	16-12-99	Heemskerk	156
170.	Aardenburg Koen	91	08-021	46.88	25m	2-10-05	Zaandam (NED)	156
171.	van Hannen Erik	67	08-021	46.90	25m	14-3-81	Heemskerk (NED)	156
172.	Josselet Bart	84	08-021	46.97	25m	15-11-98	Zaandam (NED)	155
173.	Hoekstra Marcel	78	08-021	47.00	25m	31-12-88		155
174.	de Veer Albert	72	08-021	47.30	25m	14-12-89	Heemskerk (NED)	152
175.	Oortwijn Guido	78	08-021	47.40	25m	13-6-91	Heemskerk (NED)	151
175.	Arends Martin	81	08-021	47.40	25m	20-3-93		151
177.	Dullemond Fred	67	08-021	47.50	25m	29-11-82	Heemskerk (NED)	150
178.	Litjens Olaf	99	08-021	47.57	25m	12-2-12	Heemstede (NED)	149
179.	Bokelaar Martijn	80	08-021	47.67	25m	15-11-09	Almere-Stad (NED)	148
180.	van Gent Arno	65	08-021	47.80	25m	10-2-80	Heerhugowaard (NED)	147
181.	Geurtsen Arjan	64	08-021	48.00	25m	30-3-76	Heemskerk (NED)	145
181.	Nijland Yorán	05	08-021	48.00	25m	7-3-19	Heemskerk (NED)	145
183.	van Sleen Robin	90	08-021	48.03	25m	28-3-02	Heemskerk	145
184.	Steijn Twan	13	08-021	48.05	25m	8-2-26	Purmerend (NED)	145
185.	van den Akker Dennis	63	08-021	48.10	25m	30-3-76	Heemskerk (NED)	144
185.	van Honschoten Jacky	67	08-021	48.10	25m	4-10-80	Heemskerk (NED)	144
187.	Smit Arend	88	08-021	48.25	25m	4-5-00	Heemskerk (NED)	143
188.	Frederiks Stan	09	08-021	48.29	25m	14-3-24	Heemskerk (NED)	142
189.	de Boer Elias	70	08-021	48.30	25m	29-11-82	Heemskerk (NED)	142
190.	Oortwijn Menno	67	08-021	48.40	25m	16-3-80	Heemskerk (NED)	141
191.	de Roode Jeremiah	99	08-021	48.42	25m	27-1-11	Heemskerk (NED)	141
192.	van Rijn Ian	05	08-021	48.43	25m	10-6-17	Zaandam (NED)	141
193.	Wegchelaar Geert Jan	64	08-021	48.60	25m	10-2-80	Heerhugowaard (NED)	140
194.	Leegwater Liam	11	08-021	48.73	25m	21-9-23	Heemskerk (NED)	139
195.	de Vriend Ruben	03	08-021	48.77	25m	15-12-13	Zaandam (NED)	138
196.	van Lieshout Martin	76	08-021	48.80	25m	22-3-88	Heemskerk (NED)	138
197.	Smit Rob	69	08-021	49.00	25m	4-10-80	Heemskerk (NED)	136
198.	de Caluwé Thijs	82	08-021	49.10	25m	16-11-95	Heemskerk (NED)	136
199.	Piek Roy	89	08-021	49.11	25m	20-12-01	Heemskerk	135
200.	Vos Daniël	91	08-021	49.12	25m	31-12-05	Hoom (NED)	135
201.	Beeksma Coen	90	08-021	49.30	25m	21-4-02	Heemstede	134
202.	de Rooij Coen	89	08-021	49.32	25m	16-12-99	Heemskerk	134
203.	Kooistra André	88	08-021	49.43	25m	14-11-99	Zaandam (NED)	133
204.	Teufer Florian	95	08-021	49.52	25m	30-11-06	Heemskerk	132
205.	Wassenaar Joris	01	08-021	49.66	25m	6-3-14	Heemskerk (NED)	131
206.	Sikkema Joris	86	08-021	49.78	25m	24-9-98	Heemskerk (NED)	130
207.	Heeremans Tim	78	08-021	49.80	25m	15-12-88	Heemskerk (NED)	130
207.	Schellekens Henk	76	08-021	49.80	25m	5-10-89	Heemskerk (NED)	130
209.	Arends Peter	79	08-021	49.90	25m	12-5-93		129
210.	Liu Andy	04	08-021	49.91	25m	16-3-17	Heemskerk (NED)	129
211.	Handgraaf Jos	87	08-021	49.95	25m	14-11-99	Zaandam (NED)	129
212.	Steijn Daan	11	08-021	50.00	25m	16-11-25	Purmerend (NED)	128

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213.	Lamers Peter	57	08-021	50.05	25m	25-10-07	Heemskerk (NED)	128
214.	Kloppenburg Albert	82	08-021	50.10	25m	12-5-93		128
215.	Komen Berend	97	08-021	50.17	25m	27-1-11	Heemskerk (NED)	127
216.	Jansen Jacques	62	08-021	50.20	25m	17-9-77	Heemskerk (NED)	127
216.	van de Wijst Peter	69	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
216.	Boonacker Wietse	68	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
219.	Vacca Sandro	04	08-021	50.26	25m	12-3-17	Purmerend (NED)	126
220.	Teufer Lorentz	96	08-021	50.32	25m	15-6-06	Heemskerk (NED)	126
220.	Vessies Max	03	08-021	50.32	25m	2-3-14	Haarlem (NED)	126
222.	Klinkenberg Marco	67	08-021	50.40	25m	16-3-80	Heemskerk (NED)	125
223.	Bleijendaal Lucas	83	08-021	50.60	25m	12-10-95	Heemskerk (NED)	124
224.	de Weers Luuk	13	08-021	50.71	25m	21-9-23	Heemskerk (NED)	123
225.	Glorie Jan	57	08-021	50.88	25m	23-1-09	Vlissingen (NED)	122
226.	van Els Thomas	82	08-021	50.90	25m	16-3-94		122
226.	Thijssen Dave	82	08-021	50.90	25m	20-10-94	Heemskerk (NED)	122
228.	Zonneveld Alex	90	08-021	50.93	25m	7-10-01	Zaandam (NED)	121
229.	Brands Ronald	75	08-021	51.00	25m	15-3-87	Heemskerk (NED)	121
230.	Jong Ron	77	08-021	51.10	25m	14-12-89	Heemskerk (NED)	120
231.	van der Linden René	70	08-021	51.20	25m	3-5-81	Zaandam (NED)	119
232.	Apeldoorn Alex	89	08-021	51.24	25m	14-12-00	Heemskerk (NED)	119
233.	Groot Tim	99	08-021	51.28	25m	2-10-11	Heemskerk (NED)	119
234.	Klemann Joshua	13	08-021	51.29	25m	15-3-26	Heemskerk (NED)	119
234.	Zonneveld Abel	13	08-021	51.29	25m	15-3-26	Heemskerk (NED)	119
236.	de Buyzer Eelco	64	08-021	51.40	25m	22-4-78	Heemskerk (NED)	118
237.	Martens Andre	70	08-021	51.50	25m	29-11-82	Heemskerk (NED)	117
238.	Baltjes Timo	09	08-021	51.57	25m	24-4-22	Den Helder (NED)	117
239.	Welboren Mischa	89	08-021	51.58	25m	24-9-98	Heemskerk (NED)	117
240.	van der Kolk Bart	69	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	116
241.	Welp Andre	65	08-021	51.80	25m	17-9-77	Heemskerk (NED)	115
242.	Gouweleeuw Raymond	88	08-021	51.85	25m	16-12-99	Heemskerk	115
243.	Hoogeterp Klaas	67	08-021	51.90	25m	4-10-80	Heemskerk (NED)	115
244.	Mulder Mark	97	08-021	51.94	25m	13-11-11	Zaandam (NED)	114
245.	de Ruijter Jaap	85	08-021	52.10	25m	10-10-96	Heemskerk (NED)	113
246.	van Dijk Mitchell	99	08-021	52.16	25m	8-11-09	Heemstede (NED)	113
247.	Ursem Rob	69	08-021	52.20	25m	14-3-81	Heemskerk (NED)	113
247.	de Groot Pieter	83	08-021	52.20	25m	19-10-94		113
249.	van Tilburg Beau	07	08-021	52.22	25m	24-1-19	Heemskerk (NED)	113
250.	van de Sluis Ignat	69	08-021	52.30	25m	14-3-81	Heemskerk (NED)	112
251.	Verhagen Bart	85	08-021	52.40	25m	14-1-96	Zuidoost Beemster (NED)	111
252.	van Hardeveld Richard	69	08-021	52.50	25m	14-3-81	Heemskerk (NED)	111
252.	Huis in 't Veld Lorenzo	03	08-021	52.50	25m	9-10-16	Alkmaar (NED)	111
254.	Beintema Andre	64	08-021	52.60	25m	17-9-77	Heemskerk (NED)	110
255.	Ramaakers Raymond	91	08-021	52.67	25m	20-4-03	Haarlem	110
256.	Buur Michael	87	08-021	52.90	25m	9-4-98	Heemskerk (NED)	108
257.	Hagebout Erwin	65	08-021	53.00	25m	17-9-77	Heemskerk (NED)	108
257.	Tholen Martijn	72	08-021	53.00	25m	20-9-81	Den Helder (NED)	108
259.	Welboren Mark	87	08-021	53.04	25m	15-11-98	Zaandam (NED)	107
260.	ten Cate Raymond	82	08-021	53.20	25m	24-4-94	Zaandam (NED)	106
260.	Zwaan Nick	94	08-021	53.20	25m	26-2-04	Heemskerk (NED)	106
262.	Jungbacker Rick	65	08-021	53.40	25m	10-2-80	Heerhugowaard (NED)	105
263.	van Heerwaarden Marcel	65	08-021	53.60	25m	17-9-77	Heemskerk (NED)	104
264.	Jong Gregory	80	08-021	53.70	25m	1-3-90	Heemskerk (NED)	103
265.	Schipper Erik	72	08-021	54.00	25m	20-9-81	Den Helder (NED)	102

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265.	Viel Stefan	88	08-021	54.00	25m	9-4-98	Heemskerk (NED)	102
267.	Rasch Wilco	68	08-021	54.10	25m	4-10-80	Heemskerk (NED)	101
268.	Verhagen Michel	82	08-021	54.20	25m	12-10-95	Heemskerk (NED)	101
269.	Zwetsloot Paul	65	08-021	54.40	25m	10-2-80	Heerhugowaard (NED)	99
269.	van Wijk Peter	87	08-021	54.40	25m	9-4-98	Heemskerk (NED)	99
271.	van Heerwaarden Stefan	70	08-021	54.50	25m	14-3-81	Heemskerk (NED)	99
272.	van Lieshout Rick	78	08-021	54.80	25m	7-2-91	Heemskerk (NED)	97
273.	Put Nico	67	08-021	55.00	25m	16-3-80	Heemskerk (NED)	96
273.	van Hoytema Max	98	08-021	55.00	25m	27-9-09	Hoorn (NED)	96
275.	van de Sluis Erwin	71	08-021	55.40	25m	14-3-81	Heemskerk (NED)	94
276.	de Wit Matthew	97	08-021	55.45	25m	12-4-18	Heemskerk (NED)	94
277.	Hartog Klaas	90	08-021	55.59	25m	26-4-01	Heemskerk (NED)	93
278.	Brouwer Nick	68	08-021	55.60	25m	10-2-80	Heerhugowaard (NED)	93
279.	Cekic Deniz	97	08-021	55.82	25m	16-11-08	Amsterdam-oost (NED)	92
280.	Wassenaar Teun	03	08-021	55.83	25m	30-1-14	Heemskerk (NED)	92
281.	van der Kolk Rob	68	08-021	55.90	25m	10-2-80	Heerhugowaard (NED)	92
282.	de Boer Sem	02	08-021	55.98	25m	20-1-13	Heemskerk (NED)	91
283.	Ayari Mohammed	13	08-021	56.07	25m	5-6-25	Heemskerk (NED)	91
284.	van der Weide Bas	75	08-021	56.10	25m	3-5-90	Heemskerk (NED)	91
285.	Verhagen Jeroen	84	08-021	56.20	25m	15-1-95	Alkmaar (NED)	90
286.	van Heerwaarden Gerard	70	08-021	56.50	25m	14-3-81	Heemskerk (NED)	89
287.	van Honk Arjan	82	08-021	56.70	25m	8-11-90	Heemskerk (NED)	88
288.	de Wit Job	98	08-021	57.04	25m	25-11-07	Amsterdam (NED)	86
289.	Jansen Davy	15	08-021	57.46	50m	13-12-25	Beverwijk (NED)	92
290.	Ruyter Jurgen	60	08-021	57.50	25m	30-3-76	Heemskerk (NED)	84
291.	van der Berg Job	98	08-021	57.59	25m	22-1-09	Heemskerk (NED)	84
292.	Sadeghi Hosseen	90	08-021	57.80	25m	27-11-03	Heemskerk (NED)	83
293.	van der Meijden Mats	14	08-021	57.96	25m	8-3-26	Krommenie (NED)	82
294.	Boudewijn Ruben	17	08-021	58.06	25m	1-2-26	Krommenie (NED)	82
295.	Manshanden Davy	68	08-021	58.30	25m	15-9-79	Heemskerk (NED)	81
296.	Josselet Martin	91	08-021	58.39	25m	28-2-02	Heemskerk	80
297.	Steenkamp Erwin	92	08-021	58.57	25m	27-9-01	Heemskerk	80
298.	Ruiz Sanchis Dean	15	08-021	58.91	25m	5-6-25	Heemskerk (NED)	78
299.	Smith Robert	88	08-021	59.19	25m	26-4-01	Heemskerk (NED)	77
300.	Haasnoot Richard	69	08-021	59.80	25m	10-2-80	Heerhugowaard (NED)	75
301.	Lanser Werner	71	08-021	1:00.00	25m	14-3-81	Heemskerk (NED)	74
302.	Bruins Jacco	67	08-021	1:00.10	25m	15-9-79	Heemskerk (NED)	74
303.	Witkamp Jochem	91	08-021	1:00.22	25m	20-12-01	Heemskerk	73
304.	Visvaligam Athithyan	02	08-021	1:00.23	25m	21-4-13	Heemskerk (NED)	73
305.	Steenstra Martijn	72	08-021	1:00.70	25m	4-10-80	Heemskerk (NED)	71
306.	Breton Tiemo	16	08-021	1:01.25	25m	1-2-26	Krommenie (NED)	70
307.	Grapendaal Aad	42	08-021	1:01.41	25m	30-1-14	Heemskerk (NED)	69
308.	Schoonenberg Dave	74	08-021	1:02.50	25m	29-11-82	Heemskerk (NED)	65
309.	Jayasinghe Asanka	84	08-021	1:02.60	25m	10-10-96	Heemskerk (NED)	65
310.	Heesterbeek Mathijs	00	08-021	1:02.91	25m	7-2-10	Haarlem (NED)	64
311.	Huskins James	16	08-021	1:03.50	25m	19-2-26	Heemskerk (NED)	62
312.	Spijker Jesse	91	08-021	1:04.29	25m	25-5-00	Heemskerk (NED)	60
313.	Havenaars Fabian	72	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	58
314.	Bus Marcel	73	08-021	1:05.30	25m	29-11-82	Heemskerk (NED)	57
315.	Oliveira Rocha Dean	14	08-021	1:05.38	25m	21-9-23	Heemskerk (NED)	57
316.	Gabriels Edwin	67	08-021	1:07.70	25m	16-3-80	Heemskerk (NED)	51
317.	Bodenstaff Joël	14	08-021	1:09.22	25m	28-9-25	Krommenie (NED)	48
318.	Weezepoel Kelvin	09	08-021	1:10.99	25m	19-9-19	Heemskerk (NED)	44

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319.	Pettinga Rodney	85	08-021	1:11.10	25m	14-3-96	Heemskerk (NED)	44
320.	Breton Hugo	17	08-021	1:12.31	25m	19-2-26	Heemskerk (NED)	42
321.	Banks Ryan	18	08-021	1:13.13	25m	4-4-24	Heemskerk (NED)	41
322.	Roemeling Nicky	87	08-021	1:14.40	25m	11-1-96	Heemskerk (NED)	39
323.	Sahin Ahmet	12	08-021	1:15.14	25m	21-9-23	Heemskerk (NED)	37
324.	van Ess Bram	17	08-021	1:15.27	25m	12-10-25	Heemskerk (NED)	37
325.	Landman John	75	08-021	1:25.00	25m	29-11-82	Heemskerk (NED)	26
326.	Duin Toep	74	08-021	1:25.60	25m	29-11-82	Heemskerk (NED)	25
327.	Hartog Joep	93	08-021	1:26.88	25m	26-4-01	Heemskerk (NED)	24
328.	de Weers Tijs	15	08-021	1:29.48	25m	4-6-23	Haarlem (NED)	22
329.	Hulscher Jayden	17	08-021	1:29.69	25m	5-6-25	Heemskerk (NED)	22
329.	Ruiz Sanchez Tyler	18	08-021	1:29.69	25m	5-6-25	Heemskerk (NED)	22
331.	van Dijk Dennis	72	08-021	1:41.20	25m	29-11-82	Heemskerk (NED)	15
332.	Mul Wilbert	75	08-021	1:42.90	25m	29-11-82	Heemskerk (NED)	14

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1.	Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3.	Breton Wouter	89	08-021	1:09.09	25m	6-4-25	Purmerend (NED)	521
4.	Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
5.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
6.	van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
7.	Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
8.	Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
9.	Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
10.	de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
11.	Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
12.	Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
13.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
14.	Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
15.	Camphuijnder Wilko	69	08-021	1:16.10	25m	21-9-97	Alkmaar (NED)	390
15.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
17.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
18.	Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
19.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
20.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
21.	van der Gracht Jory	87	08-021	1:16.74	25m	31-10-13	Heemskerk (NED)	380
22.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
23.	Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376
24.	Glorie Daan	88	08-021	1:17.01	25m	26-10-14	Zaandam (NED)	376
25.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372
26.	Palmboom Pascal	89	08-021	1:17.42	25m	19-11-09	Heemskerk (NED)	370
27.	Di Mattia Angelo	97	08-021	1:17.87	25m	15-3-15	Zaandam (NED)	364
28.	van Duin Peter	65	08-021	1:18.20	25m	6-2-83		359
29.	Gaal Roel	01	08-021	1:18.32	25m	2-10-22	Den Helder (NED)	357
30.	van der Kroft Barry	82	08-021	1:18.43	25m	24-4-03	Heemskerk	356
31.	Gaal Koen	99	08-021	1:18.49	25m	10-4-23	Haarlem (NED)	355
32.	Kerkhof Arno	72	08-021	1:18.50	25m	17-9-88		355
33.	Schaaper Hans	68	08-021	1:18.60	25m	9-3-89	Heemskerk (NED)	354
34.	Stins Arnold	83	08-021	1:18.67	25m	23-4-00	Haarlem (NED)	353
35.	Ayari Adam	08	08-021	1:18.69	25m	2-2-25	Den Helder (NED)	352
36.	Stam Daniël	79	08-021	1:18.70	25m	30-8-97	Assendelft (NED)	352

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37.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)	351
38.	Tijms Stefan	93	08-021	1:18.84	25m	19-9-19	Heemskerk (NED)	350
39.	Druyven Jorrick	94	08-021	1:19.09	25m	27-3-08	Heemskerk (NED)	347
40.	Essers Tim	88	08-021	1:19.14	25m	16-10-05	Alkmaar (NED)	346
41.	van de Poll Kevin	86	08-021	1:19.68	25m	28-12-03	Maastricht (NED)	339
41.	Oortwijn Kalle	05	08-021	1:19.68	25m	20-9-20	Haarlem (NED)	339
43.	van Beek Klaas	88	08-021	1:19.93	25m	7-2-10	Heemstede (NED)	336
44.	Blaauw Mica	05	08-021	1:19.94	25m	18-9-25	Heemskerk (NED)	336
45.	van Rookhuizen Barry	82	08-021	1:19.96	25m	7-4-02	Heemskerk	336
46.	Korzelius Ron	65	08-021	1:20.10	25m	28-10-84	Egmond (NED)	334
47.	Andeweg Celedonio	76	08-021	1:20.30	25m	15-1-94		332
48.	Wassenaar Marcel	69	08-021	1:20.40	25m	19-2-89	Heemskerk (NED)	330
49.	Steenbergen Roderik	82	08-021	1:20.49	25m	16-3-03	Heemskerk	329
50.	Schelvis Sjeng	89	08-021	1:20.67	25m	31-3-05	Heemskerk (NED)	327
51.	Kranenburg Fred	63	08-021	1:20.70	25m	12-2-84	Heemskerk (NED)	327
52.	Hoerink Jarl	86	08-021	1:20.74	25m	7-6-03	Z.o. Beemster	326
53.	Camphuijnder Jasper	05	08-021	1:21.50	25m	18-9-25	Heemskerk (NED)	317
54.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)	317
55.	Goverde Ad	59	08-021	1:21.90	25m	31-12-79		313
56.	de Wit Stephen	93	08-021	1:21.95	25m	31-10-13	Heemskerk (NED)	312
57.	Pover Peter	69	08-021	1:22.10	25m	28-9-86		310
58.	Butter Joris	86	08-021	1:22.17	25m	18-4-04	Zaandam (NED)	309
59.	Zwaan Bas	76	08-021	1:22.20	25m	17-3-94	Heemskerk	309
60.	Kramer Vincent	82	08-021	1:22.40	25m	7-5-98	Heemskerk (NED)	307
61.	Oortwijn Maarten	80	08-021	1:22.50	25m	13-2-97	Heemskerk (NED)	306
62.	Hulshof Patrick	75	08-021	1:22.60	25m	1-12-91	Heemskerk (NED)	305
63.	de Caluwe Johan	64	08-021	1:23.00	25m	16-3-80	Zandvoort (NED)	300
64.	Kemmeren Andre	88	08-021	1:23.02	25m	28-11-04	Heemskerk (NED)	300
65.	Missot Paul	64	08-021	1:23.20	25m	27-1-80	Zaandam (NED)	298
65.	Plokker Robert	65	08-021	1:23.20	25m	6-2-83		298
67.	Goverde Jeroen	73	08-021	1:23.40	25m	27-9-90	Heemskerk (NED)	296
68.	Kemmeren Ferry	91	08-021	1:23.43	25m	26-5-07	Purmerend (NED)	296
69.	Verbree John	61	08-021	1:23.60	25m	31-12-85		294
70.	de Vries Dylan	93	08-021	1:23.62	25m	2-10-11	Heemskerk (NED)	294
71.	Butter Stijn	11	08-021	1:23.75	25m	12-10-25	Heemskerk (NED)	292
72.	Hof Ronnalt	60	08-021	1:24.00	25m	26-2-78	Castricum (NED)	290
72.	Verdonk Pim	63	08-021	1:24.00	25m	7-5-78	Assendelft (NED)	290
74.	de Vijlder Michael	75	08-021	1:24.50	25m	16-10-94	Heemskerk (NED)	285
75.	Switser René	75	08-021	1:24.80	25m	5-11-89	Heemskerk (NED)	282
75.	de Boer Daniël	77	08-021	1:24.80	25m	16-3-95	Heemskerk (NED)	282
77.	Hoerink Sten	84	08-021	1:24.84	25m	7-6-03	Z.o. Beemster	281
78.	de Vries Allard	96	08-021	1:25.14	25m	10-11-13	Zaandam (NED)	278
79.	de Caluwé Niels	91	08-021	1:25.37	25m	29-12-06	Maastricht (NED)	276
80.	van de Sluis Nicolai	66	08-021	1:25.50	25m	10-1-81	Hilversum (NED)	275
81.	Krijger Jan-Willem	81	08-021	1:25.60	25m	12-4-98	Haarlem (NED)	274
82.	Schaap Paul	75	08-021	1:26.20	25m	6-1-90	Hilversum (NED)	268
83.	van Honschoten Jacky	67	08-021	1:26.30	25m	16-1-83	Heemskerk (NED)	267
83.	Oortwijn Bouke	78	08-021	1:26.30	25m	27-11-93		267
85.	Overmeer Michel	60	08-021	1:26.40	25m	10-12-77	Heemskerk (NED)	266
86.	Lamers Koen	91	08-021	1:26.62	25m	21-1-07	Zaandam (NED)	264
87.	Groen Jarno	01	08-021	1:26.67	25m	11-10-18	Heemskerk (NED)	264
88.	Smit Erik	64	08-021	1:26.70	25m	13-12-80	Heemskerk (NED)	263
89.	Bleijendaal Thomas	88	08-021	1:26.88	25m	26-2-04	Heemskerk (NED)	262

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90.	Woudsma Stefan	00	08-021	1:27.41	25m	14-1-18	Purmerend (NED)	257
91.	van der Bunt Raymond	73	08-021	1:27.60	25m	27-9-90	Heemskerk (NED)	255
92.	Windmuller Ton	62	08-021	1:27.70	25m	1-9-79	Heemskerk (NED)	254
93.	Deen Peter	59	08-021	1:27.80	25m	9-11-75	Alkmaar (NED)	254
94.	Martijn Onno	91	08-021	1:27.89	25m	27-3-08	Heemskerk (NED)	253
94.	de Weert Sander	72	08-021	1:27.89	25m	20-11-11	Almere-Stad (NED)	253
96.	van Hannen Erik	67	08-021	1:28.00	25m	28-2-82		252
97.	de Ruijter René	86	08-021	1:28.17	25m	20-3-05	Heemstede (NED)	250
98.	Zonneveld Jeroen	78	08-021	1:28.30	25m	26-4-98	Alkmaar (NED)	249
99.	Kuijper Alex	08	08-021	1:28.61	25m	18-9-25	Heemskerk (NED)	247
100.	Paap Jaidy	08	08-021	1:28.76	25m	8-2-26	Purmerend (NED)	245
101.	Ijntema Tjeerd	99	08-021	1:28.86	25m	9-10-16	Alkmaar (NED)	245
102.	Tijms Eric	64	08-021	1:29.20	25m	30-10-08	Heemskerk (NED)	242
103.	de Wildt Thijs	94	08-021	1:29.41	25m	19-11-09	Heemskerk (NED)	240
104.	Zijlstra Jeroen	80	08-021	1:29.50	25m	5-2-95	Assendelft (NED)	239
105.	Kemper Marcel	65	08-021	1:29.60	25m	22-11-80	Heemskerk (NED)	239
106.	Doodeman Niels	89	08-021	1:30.44	25m	7-4-02	Heemskerk	232
107.	Oortwijn Guido	78	08-021	1:30.80	25m	15-12-91	Heemskerk (NED)	229
107.	Bal Chester	78	08-021	1:30.80	25m	6-4-97	Heemskerk (NED)	229
109.	Dekker Erik	62	08-021	1:30.90	25m	13-10-79	Heemskerk (NED)	228
110.	Voorn Max	05	08-021	1:31.09	25m	12-9-21	Alkmaar (NED)	227
111.	Schoonakker Mick	07	08-021	1:31.18	25m	18-9-25	Heemskerk (NED)	226
112.	Vink Gé	60	08-021	1:31.19	25m	19-11-09	Heemskerk (NED)	226
113.	Meijer Viggo	06	08-021	1:31.31	25m	20-11-22	Den Helder (NED)	225
114.	Roosendaal Ben	66	08-021	1:31.60	25m	12-10-80	Wormerveer (NED)	223
115.	Kerdijk Dennis	79	08-021	1:31.70	25m	8-2-96	Heemskerk (NED)	223
116.	Woudsma Maarten	01	08-021	1:31.82	25m	18-12-16	Heemskerk (NED)	222
117.	Koopman Axel	92	08-021	1:31.85	25m	16-4-06	Haarlem (NED)	221
118.	Herwegh Dink	11	08-021	1:32.10	25m	26-9-24	Heemskerk (NED)	220
119.	de Boer Elias	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
119.	van der Linden René	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
119.	van Vegten Teun	01	08-021	1:32.20	25m	14-1-18	Purmerend (NED)	219
122.	Duin Goos	00	08-021	1:32.57	25m	24-9-15	Heemskerk (NED)	216
123.	Windmuller Hans-Pieter	60	08-021	1:32.60	25m	23-10-77	Zandvoort (NED)	216
124.	Ursem Jerre	73	08-021	1:32.70	25m	13-12-87	Assendelft (NED)	215
125.	Dekker Rudie	78	08-021	1:32.90	25m	20-11-94	Wormerveer (NED)	214
126.	Dekker Ruben	93	08-021	1:33.12	25m	29-12-05	Maastricht (NED)	212
127.	van Heerwaarden Chiel	05	08-021	1:33.24	25m	8-10-20	Heemskerk (NED)	212
128.	den Exter Peter	63	08-021	1:33.50	25m	4-4-96	Heemskerk (NED)	210
129.	Blaauw Eric	67	08-021	1:34.61	25m	11-10-12	Heemskerk (NED)	203
130.	Vlieland Roy	99	08-021	1:35.12	25m	18-5-13	Purmerend (NED)	199
131.	van den Akker Dennis	63	08-021	1:35.20	25m	3-6-78	Z.O. Beemster (NED)	199
132.	Wolf Gert Jan	65	08-021	1:35.40	25m	6-2-83		198
133.	van Baal Elvin	86	08-021	1:35.47	25m	28-3-02	Heemskerk	197
134.	Tuinstra Sean	98	08-021	1:35.56	25m	11-10-12	Heemskerk (NED)	197
135.	Smit Arend	88	08-021	1:35.60	25m	29-3-01	Heemskerk (NED)	196
136.	van de Laar Viktor	05	08-021	1:35.72	25m	28-1-24	Heemskerk (NED)	196
137.	Kock Albert	61	08-021	1:36.40	25m	31-12-75		191
138.	Geijssen Jacques	67	DEM/OEZA	1:36.45	25m	31-10-13	Heemskerk (NED)	191
139.	de Rooij Roel	87	08-021	1:36.52	25m	4-4-99	Haarlem (NED)	191
140.	Hof Peter	62	08-021	1:36.90	25m	10-12-77	Heemskerk (NED)	189
141.	Oudendijk Hans	54	08-021	1:36.97	25m	3-5-08	Winterswijk (NED)	188
142.	Borst Corné	96	08-021	1:37.04	25m	11-3-12	Zaandam (NED)	188

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143.	van der Heijden Hans	60	08-021	1:37.20	25m	24-4-76	Heemskerk (NED)	187
144.	Ursem Rob	69	08-021	1:37.40	25m	12-2-84	Heemskerk (NED)	186
145.	de Boer Tobias	02	08-021	1:37.57	25m	6-3-16	Purmerend (NED)	185
146.	van Hardeveld Richard	69	08-021	1:37.80	25m	6-2-83		183
147.	Schillemans Bram	99	08-021	1:37.84	25m	13-10-16	Heemskerk (NED)	183
148.	Oortwijn Bjarne	07	08-021	1:38.39	25m	6-4-25	Purmerend (NED)	180
149.	Zwart Mees	10	08-021	1:38.63	25m	12-1-25	Heemskerk (NED)	179
150.	Blaauw Xam	07	08-021	1:38.99	25m	18-9-25	Heemskerk (NED)	177
151.	de Caluwe Perry	61	08-021	1:39.00	25m	1-9-79	Heemskerk (NED)	177
152.	Jacobs Patrick	87	08-021	1:39.01	25m	28-3-02	Heemskerk	177
153.	Tholen Martijn	72	08-021	1:39.20	25m	22-1-84	Zandvoort (NED)	176
154.	Crok Dirk	58	08-021	1:39.44	25m	11-10-12	Heemskerk (NED)	174
155.	Josselet Bart	84	08-021	1:39.55	25m	26-9-98	Assendelft (NED)	174
156.	Huisman Rene	69	08-021	1:39.70	25m	6-2-83		173
156.	Arends Martin	81	08-021	1:39.70	25m	20-3-93		173
158.	Dam Norbert	92	08-021	1:39.73	25m	5-6-04	Zaandam (NED)	173
159.	van der Gracht Adrie	57	08-021	1:40.31	25m	31-5-07	Heemskerk (NED)	170
160.	Kuijl Ben	62	08-021	1:40.40	25m	21-5-78	Heemskerk (NED)	169
161.	van Dijck Bart	63	08-021	1:40.60	25m	26-2-78	Castricum (NED)	168
161.	de Buyzer Eelco	64	08-021	1:40.60	25m	13-10-79	Heemskerk (NED)	168
163.	Boonacker Wietse	68	08-021	1:41.20	25m	24-1-82		165
164.	van Duivenvoorde Bram	12	08-021	1:41.39	25m	18-9-25	Heemskerk (NED)	164
165.	de Rooij Coen	89	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
165.	Groot Sander	88	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
167.	de Roode Jeremiah	99	08-021	1:41.67	25m	13-3-11	Heemskerk (NED)	163
168.	Veldhuis Christian	88	08-021	1:41.91	25m	22-4-01	Heemskerk (NED)	162
169.	de Groot Peter	80	08-021	1:42.10	25m	16-3-95	Heemskerk (NED)	161
170.	Kloppenburger Albert	82	08-021	1:42.90	25m	16-1-94	Heemskerk	157
171.	de Vriend Ruben	03	08-021	1:43.02	25m	6-10-13	Heemskerk (NED)	157
172.	Steijn Twan	13	08-021	1:43.38	25m	8-2-26	Purmerend (NED)	155
173.	Nijland Yoran	05	08-021	1:43.68	25m	24-3-19	Purmerend (NED)	154
174.	Kooistra André	88	08-021	1:43.70	25m	27-1-00	Heemskerk (NED)	154
175.	van Heerwaarden Stefan	70	08-021	1:43.90	25m	6-2-83		153
176.	Feyen Erik	66	08-021	1:44.00	25m	21-5-78	Heemskerk (NED)	152
177.	van Rijn Ian	05	08-021	1:44.09	25m	9-11-17	Heemskerk (NED)	152
178.	van Rixel Ferry	64	08-021	1:44.60	25m	10-12-77	Heemskerk (NED)	150
179.	Vos Daniël	91	08-021	1:44.84	25m	14-1-07	Amsterdam (NED)	149
180.	Litjens Olaf	99	08-021	1:44.98	25m	7-10-12	Zaandam (NED)	148
181.	Aardenburg Koen	91	08-021	1:45.12	25m	31-3-05	Heemskerk (NED)	148
182.	Piek Roy	89	08-021	1:45.35	25m	10-3-02	Heemskerk	147
183.	de Graaf Peter	76	08-021	1:45.50	25m	31-12-86		146
184.	Jong Ron	77	08-021	1:45.90	25m	1-3-90	Heemskerk (NED)	144
185.	Bokelaar Martijn	80	08-021	1:45.92	25m	15-11-09	Almere-Stad (NED)	144
186.	Hoekstra Marcel	78	08-021	1:46.00	25m	31-12-88		144
187.	Koning Arthur	96	08-021	1:46.54	25m	30-9-10	Heemskerk (NED)	142
188.	Teufer Florian	95	08-021	1:46.58	25m	14-1-07	Amsterdam (NED)	142
189.	Hoogeterp Klaas	67	08-021	1:46.70	25m	21-9-80	Heemskerk (NED)	141
190.	de Groot Michiel	91	08-021	1:46.72	25m	31-10-02	Heemskerk	141
191.	de Caluwé Thijs	82	08-021	1:46.80	25m	16-3-95	Heemskerk (NED)	141
192.	van Sleen Robin	90	08-021	1:46.86	25m	20-4-03	Haarlem	140
193.	van Lieshout Martin	76	08-021	1:46.90	25m	7-2-88	Heemskerk (NED)	140
193.	ten Cate Raymond	82	08-021	1:46.90	25m	22-1-95	Castricum (NED)	140
195.	Yayli Serkan	92	08-021	1:47.15	25m	8-2-04	Zaandam (NED)	139

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196.	Nolte Martijn	74	08-021	1:47.50	25m	15-12-84	Hilversum (NED)	138
197.	Sikkema Joris	86	08-021	1:47.52	25m	21-3-99	Assendelft (NED)	138
198.	Dekker Johnny	67	08-021	1:47.70	25m	21-5-78	Heemskerk (NED)	137
199.	Heeremans Tim	78	08-021	1:48.00	25m	1-10-89	Zaandam (NED)	136
200.	de Moes Paul	70	08-021	1:48.60	25m	12-2-84	Heemskerk (NED)	134
201.	Vacca Sandro	04	08-021	1:48.77	25m	12-3-17	Purmerend (NED)	133
202.	Smit Rob	69	08-021	1:49.10	25m	27-4-80	Assendelft (NED)	132
203.	van Dijk Mitchell	99	08-021	1:49.18	25m	6-6-10	Zaandam (NED)	132
204.	Beeksma Coen	90	08-021	1:49.65	25m	13-1-02	Zaandam	130
205.	Wassenaar Joris	01	08-021	1:49.78	25m	9-3-14	Zaandam (NED)	129
206.	Teufer Lorentz	96	08-021	1:49.83	25m	14-1-07	Amsterdam (NED)	129
207.	Arends Peter	79	08-021	1:50.00	25m	20-12-92	Volendam (NED)	129
208.	van Heerwaarden Gerard	70	08-021	1:50.20	25m	28-2-82		128
208.	Wassenaar Edwin	72	08-021	1:50.20	25m	27-2-83	Assendelft (NED)	128
210.	Bleijendaal Lucas	83	08-021	1:50.30	25m	29-10-95	Castricum (NED)	128
211.	van de Wijst Peter	69	08-021	1:50.40	25m	18-1-81	Zaandam (NED)	127
211.	de Groot Pieter	83	08-021	1:50.40	25m	5-2-94		127
213.	Leegwater Liam	11	08-021	1:50.86	25m	4-6-23	Haarlem (NED)	126
214.	Schipper Erik	72	08-021	1:51.20	25m	27-2-83	Assendelft (NED)	125
215.	Thijssen Dave	82	08-021	1:51.30	25m	22-1-95	Castricum (NED)	124
216.	Huis in 't Veld Lorenzo	03	08-021	1:51.42	25m	9-10-16	Alkmaar (NED)	124
217.	van Tilburg Beau	07	08-021	1:51.53	25m	19-9-19	Heemskerk (NED)	123
218.	Steijn Daan	11	08-021	1:51.68	25m	18-9-25	Heemskerk (NED)	123
219.	Mulder Mark	97	08-021	1:51.72	25m	13-11-11	Zaandam (NED)	123
220.	Komen Berend	97	08-021	1:52.20	25m	14-11-10	Castricum (NED)	121
221.	Groot Tim	99	08-021	1:52.63	25m	2-10-11	Heemskerk (NED)	120
222.	Snel Jeffrey	86	08-021	1:52.87	25m	16-1-00	Zaandam (NED)	119
223.	Zonneveld Alex	90	08-021	1:52.88	25m	29-11-01	Heemskerk	119
224.	Wiegman Stefan	74	08-021	1:52.90	25m	7-10-84	Volendam (NED)	119
225.	Welboren Mischa	89	08-021	1:53.06	25m	20-12-98	Alkmaar (NED)	118
226.	van de Sluis Erwin	71	08-021	1:53.20	25m	19-12-81	Hilversum (NED)	118
227.	Rasch Wilco	68	08-021	1:53.40	25m	13-12-80	Heemskerk (NED)	117
228.	Zonneveld Abel	13	08-021	1:53.46	25m	18-9-25	Heemskerk (NED)	117
229.	Manshanden Davy	68	08-021	1:53.70	25m	13-12-80	Heemskerk (NED)	116
230.	Klemann Joshua	13	08-021	1:53.74	25m	18-9-25	Heemskerk (NED)	116
231.	Verhagen Michel	82	08-021	1:53.90	25m	24-11-94	Heemskerk (NED)	116
232.	van Leeuwen Elbert	73	08-021	1:54.10	25m	6-2-83		115
233.	Welboren Mark	87	08-021	1:54.16	25m	29-10-98	Heemskerk (NED)	115
234.	Viel Stefan	88	08-021	1:54.90	25m	12-4-98	Haarlem (NED)	113
235.	Zwaan Nick	94	08-021	1:54.91	25m	14-12-03	Zaandam (NED)	113
236.	de Weers Luuk	13	08-021	1:55.33	25m	8-10-23	Zaandam (NED)	112
237.	Vessies Max	03	08-021	1:55.34	25m	15-12-13	Zaandam (NED)	112
238.	Ramaakers Raymond	91	08-021	1:55.55	25m	26-2-04	Heemskerk (NED)	111
239.	Kreuger Dave	73	08-021	1:57.00	25m	2-9-84	Heemskerk (NED)	107
240.	Geurtsen Hans	61	08-021	1:57.20	25m	24-5-75	Z.O. Beemster (NED)	106
241.	Apeldoorn Alex	89	08-021	1:57.36	25m	1-10-00	Zaandam (NED)	106
242.	de Ruijter Jaap	85	08-021	1:57.90	25m	20-10-96	Assendelft (NED)	104
243.	Liu Andy	04	08-021	1:58.45	25m	13-11-16	Purmerend (NED)	103
244.	Jong Gregory	80	08-021	1:58.80	25m	21-1-90	Zaandam (NED)	102
245.	de Ruijter Joost	74	08-021	1:59.10	25m	23-9-84	Heemskerk (NED)	101
246.	Ayari Mohammed	13	08-021	1:59.29	25m	18-9-25	Heemskerk (NED)	101
247.	Gouweleeuw Raymond	88	08-021	1:59.60	25m	6-2-00	Haarlem (NED)	100
248.	Glorie Jan	57	08-021	1:59.76	25m	23-1-11	Heerenveen (NED)	100

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249.	van Wijk Peter	87	08-021	1:59.79	25m	29-10-98	Heemskerk (NED)	100
250.	Hekman Sidney	71	08-021	2:00.50	25m	16-1-83	Heemskerk (NED)	98
251.	van Els Thomas	82	08-021	2:00.70	25m	17-11-93		97
252.	Buur Michael	87	08-021	2:00.90	25m	8-2-98	Zaandam (NED)	97
253.	Visvaligam Athithiyan	02	08-021	2:00.96	25m	18-9-14	Heemskerk (NED)	97
254.	van Hoytema Max	98	08-021	2:01.08	50m	12-6-10	Beverwijk (NED)	105
255.	Welp Marco	72	08-021	2:01.20	25m	23-9-84	Heemskerk (NED)	96
256.	Bruins Jacco	67	08-021	2:01.60	25m	1-9-79	Heemskerk (NED)	95
257.	de Boer Sem	02	08-021	2:01.97	25m	9-12-12	Zaandam (NED)	94
258.	Verhagen Bart	85	08-021	2:02.30	25m	15-10-95	Alkmaar (NED)	94
259.	de Wit Job	98	08-021	2:02.71	25m	13-12-07	Heemskerk (NED)	93
260.	de Wit Matthew	97	08-021	2:02.84	25m	24-9-15	Heemskerk (NED)	92
261.	Wassenaar Teun	03	08-021	2:03.89	25m	31-10-13	Heemskerk (NED)	90
262.	van Lieshout Rick	78	08-021	2:03.90	25m	14-3-91	Heemskerk (NED)	90
263.	Apontoweil Joerie	67	08-021	2:04.00	25m	22-4-78	Heemskerk (NED)	90
264.	van der Berg Job	98	08-021	2:04.17	25m	30-10-08	Heemskerk (NED)	89
265.	Salic Keno	89	08-021	2:04.92	25m	29-11-01	Heemskerk	88
266.	Baltjes Timo	09	08-021	2:05.63	25m	13-3-22	Den Helder (NED)	86
267.	Verhagen Jeroen	84	08-021	2:09.80	25m	22-1-95	Castricum (NED)	78
268.	Josselet Martin	91	08-021	2:10.22	25m	29-11-01	Heemskerk	77
269.	Steenstra Martijn	72	08-021	2:11.00	25m	21-9-80	Heemskerk (NED)	76
270.	Cekic Deniz	97	08-021	2:11.88	25m	13-1-08	Heemskerk (NED)	74
271.	Sadeghi Hosseen	90	08-021	2:15.69	25m	7-6-03	Z.o. Beemster	68
272.	Heesterbeek Mathijs	00	08-021	2:16.22	25m	30-9-10	Heemskerk (NED)	68
273.	Metz Aron	73	08-021	2:26.70	25m	7-11-81	Heemskerk (NED)	54
274.	Grapendaal Aad	42	08-021	2:29.17	25m	31-10-13	Heemskerk (NED)	51
275.	Weezepeel Kelvin	09	08-021	2:30.02	25m	19-9-19	Heemskerk (NED)	50
276.	Pettinga Rodney	85	08-021	2:33.70	25m	4-4-96	Heemskerk (NED)	47

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1.	Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2.	Oudendijk Paul	81	08-021	2:32.55	25m	18-1-09	Haarlem (NED)	492
3.	Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
4.	Breton Wouter	89	08-021	2:40.72	25m	9-3-25	Purmerend (NED)	420
5.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
6.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
7.	Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
8.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
9.	Glorie Daan	88	08-021	2:45.33	25m	18-1-15	Zaandam (NED)	386
10.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
11.	Camphuijnder Wilko	69	08-021	2:45.80	25m	9-10-97	Heemskerk (NED)	383
12.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
13.	van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
14.	Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
15.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
16.	Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
17.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
18.	Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
19.	Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353
20.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
21.	Gaal Koen	99	08-021	2:50.91	25m	9-3-25	Purmerend (NED)	349
22.	Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346

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23.	van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
24.	Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
25.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
26.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
26.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343
28.	Bok Reitze	73	08-021	2:52.30	25m	22-3-90	Heemskerk (NED)	341
29.	Hermans Luuk	85	08-021	2:52.46	25m	27-11-05	Heemskerk (NED)	340
30.	Kerkhof Arno	72	08-021	2:52.60	25m	22-3-90	Heemskerk (NED)	339
31.	Druyven Jorrick	94	08-021	2:53.08	25m	13-1-08	Heemskerk (NED)	336
32.	Camphuijnder Jasper	05	08-021	2:53.54	25m	15-3-26	Heemskerk (NED)	334
33.	Steenbergen Roderik	82	08-021	2:54.91	25m	17-11-02	Heemskerk	326
34.	Stam Daniël	79	08-021	2:55.30	25m	9-10-97	Heemskerk (NED)	324
35.	Ayari Adam	08	08-021	2:56.35	25m	22-5-22	Hoofddorp (NED)	318
36.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)	318
37.	van Rookhuizen Barry	82	08-021	2:56.87	25m	17-11-02	Heemskerk	315
38.	Oortwijn Kalle	05	08-021	2:57.26	25m	16-11-19	Hoofddorp (NED)	313
39.	Blaauw Mica	05	08-021	2:57.31	25m	15-3-26	Heemskerk (NED)	313
40.	van der Kroft Barry	82	08-021	2:57.66	25m	25-1-01	Heemskerk (NED)	311
41.	Palmboom Pascal	89	08-021	2:58.26	25m	19-3-06	Heemskerk (NED)	308
42.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag	308
43.	Schaaper Hans	68	08-021	2:58.40	25m	15-3-87	Heemskerk (NED)	307
44.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)	306
45.	Kranenburg Fred	63	08-021	2:58.70	25m	31-5-81	Heerhugowaard (NED)	306
46.	Kramer Vincent	82	08-021	2:59.35	25m	9-11-03	Zaandam	302
47.	de Boer Daniël	77	08-021	3:00.40	25m	18-11-93	Heemskerk	297
48.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91		294
49.	de Vries Allard	96	08-021	3:01.15	25m	9-3-14	Zaandam (NED)	293
50.	Pover Peter	69	08-021	3:01.30	25m	21-3-90		293
51.	Butter Joris	86	08-021	3:01.60	25m	30-10-03	Heemskerk	291
52.	de Vries Dylan	93	08-021	3:02.38	25m	25-3-10	Heemskerk (NED)	287
53.	Goverde Ad	59	08-021	3:02.50	25m	9-9-79	Wormerveer (NED)	287
54.	Zwaan Bas	76	08-021	3:02.70	25m	24-11-94	Heemskerk (NED)	286
55.	Hoening Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk	283
56.	Hof Ronnalt	60	08-021	3:04.30	25m	22-1-78	Zaandam (NED)	279
57.	de Wit Stephen	93	08-021	3:04.41	25m	13-3-11	Heemskerk (NED)	278
58.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)	278
59.	Krijger Jan-Willem	81	08-021	3:05.37	25m	11-10-98	Alkmaar (NED)	274
60.	Verdonk Pim	63	08-021	3:05.60	25m	7-5-78	Assendelft (NED)	273
61.	Kemmeren Andre	88	08-021	3:05.70	25m	28-11-04	Heemskerk (NED)	272
62.	Woudsma Stefan	00	08-021	3:05.93	25m	4-2-18	Purmerend (NED)	271
63.	Kemmeren Ferry	91	08-021	3:06.15	25m	1-10-06	Volendam (NED)	270
64.	Lamers Koen	91	08-021	3:06.28	25m	19-10-06	Heemskerk	270
65.	Hoening Sten	84	08-021	3:06.98	25m	18-1-04	IJmuiden (NED)	267
66.	van de Poll Kevin	86	08-021	3:07.20	25m	30-10-03	Heemskerk	266
67.	Oortwijn Bouke	78	08-021	3:08.20	25m	7-1-93	Heemskerk (NED)	262
68.	Hagebout Marcel	68	08-021	3:08.30	25m	7-11-81	Heemskerk (NED)	261
69.	van der Heijden Hans	60	08-021	3:08.70	25m	8-1-77	Heemskerk (NED)	260
70.	Oortwijn Maarten	80	08-021	3:08.90	25m	9-11-95	Heemskerk (NED)	259
71.	Verbree John	61	08-021	3:09.00	25m	29-11-87	Amstelveen (NED)	258
72.	Korzelius Ron	65	08-021	3:09.10	25m	29-11-87	Amstelveen (NED)	258
73.	Goverde Jeroen	73	08-021	3:10.10	25m	22-3-90	Heemskerk (NED)	254
73.	Hulshof Patrick	75	08-021	3:10.10	25m	6-1-93		254
75.	de Vijlder Michael	75	08-021	3:10.40	25m	24-11-94	Heemskerk (NED)	253

200 schoolslag (sinds 76)

76.	Butter Stijn	11	08-021	3:11.91	50m	22-6-25	Bückeberg (GER)	287
77.	Switser René	75	08-021	3:12.40	25m	22-3-90	Heemskerk (NED)	245
78.	Groen Jarno	01	08-021	3:12.66	25m	4-10-15	Purmerend (NED)	244
79.	Overmeer Michel	60	08-021	3:12.80	25m	21-5-78	Heemskerk (NED)	243
79.	Besse Niels	72	08-021	3:12.80	25m	5-11-89	Heemskerk (NED)	243
79.	Zonneveld Jeroen	78	08-021	3:12.80	25m	9-10-97	Heemskerk (NED)	243
82.	van der Bunt Raymond	73	08-021	3:13.00	25m	22-3-90	Heemskerk (NED)	243
83.	de Caluwé Niels	91	08-021	3:13.12	25m	30-9-07	Volendam (NED)	242
84.	de Ruijter René	86	08-021	3:13.15	25m	30-10-03	Heemskerk	242
85.	Plokker Robert	65	08-021	3:13.40	25m	7-11-81	Heemskerk (NED)	241
86.	Kuijper Alex	08	08-021	3:13.61	25m	6-4-25	Purmerend (NED)	240
87.	Deen Peter	59	08-021	3:14.40	25m	8-1-77	Heemskerk (NED)	237
88.	Doodeman Niels	89	08-021	3:15.89	25m	29-11-01	Heemskerk	232
89.	Martijn Onno	91	08-021	3:15.90	25m	30-9-07	Volendam (NED)	232
90.	Kerdijk Dennis	79	08-021	3:16.20	25m	10-4-97	Heemskerk (NED)	231
91.	Zijlstra Jeroen	80	08-021	3:17.30	25m	9-11-95	Heemskerk (NED)	227
92.	Roozendaal Ben	66	08-021	3:19.10	25m	5-4-81	Heemskerk (NED)	221
93.	Duin Goos	00	08-021	3:19.23	25m	4-10-15	Purmerend (NED)	220
94.	Dekker Rudie	78	08-021	3:19.80	25m	18-11-93	Heemskerk	219
95.	Koopman Axel	92	08-021	3:20.45	25m	27-10-05	Heemskerk (NED)	216
96.	Bal Chester	78	08-021	3:20.70	25m	9-11-95	Heemskerk (NED)	216
97.	Windmuller Ton	62	08-021	3:20.90	25m	28-10-79	Heerhugowaard (NED)	215
98.	Ijntema Tjeerd	99	08-021	3:21.21	25m	2-10-16	Purmerend (NED)	214
99.	Vlieland Roy	99	08-021	3:22.20	25m	7-10-12	Zaandam (NED)	211
100.	van Hannen Erik	67	08-021	3:22.40	25m	7-11-81	Heemskerk (NED)	210
101.	Kock Albert	61	08-021	3:23.10	25m	24-5-75	Z.O. Beemster (NED)	208
102.	Dekker Ruben	93	08-021	3:23.77	25m	27-10-05	Heemskerk (NED)	206
103.	Vink Gé	60	08-021	3:24.03	25m	31-5-07	Heemskerk (NED)	205
104.	Paap Jaidy	08	08-021	3:24.20	25m	6-4-25	Purmerend (NED)	205
105.	Bleijendaal Thomas	88	08-021	3:24.38	25m	30-10-03	Heemskerk	204
106.	van Vegten Teun	01	08-021	3:24.41	25m	12-3-17	Purmerend (NED)	204
107.	de Weert Sander	72	08-021	3:24.70	25m	8-1-11	Zwolle (NED)	203
108.	de Boer Tobias	02	08-021	3:25.49	25m	12-3-17	Purmerend (NED)	201
109.	Meijer Viggo	06	08-021	3:26.09	25m	2-10-22	Den Helder (NED)	199
110.	de Caluwe Johan	64	08-021	3:26.10	25m	22-4-78	Heemskerk (NED)	199
111.	Schoonakker Mick	07	08-021	3:26.63	25m	6-4-25	Purmerend (NED)	198
112.	Tijms Eric	64	08-021	3:27.18	25m	12-6-11	Purmerend (NED)	196
113.	Arends Martin	81	08-021	3:28.80	25m	7-1-93	Heemskerk (NED)	191
114.	Thijssen Dave	82	08-021	3:29.80	25m	9-11-95	Heemskerk (NED)	189
115.	Blaauw Eric	67	08-021	3:29.92	25m	19-5-13	Purmerend (NED)	188
116.	Geurs Paul	57	08-021	3:30.40	25m	24-5-75	Z.O. Beemster (NED)	187
116.	de Rooij Roel	87	08-021	3:30.40	25m	16-1-99		187
118.	Oudendijk Hans	54	08-021	3:30.46	25m	4-5-08	Winterswijk (NED)	187
119.	van Honschoten Jacky	67	08-021	3:30.50	25m	19-10-80	Heemskerk (NED)	187
120.	van Heerwaarden Chiel	05	08-021	3:31.00	25m	6-10-19	Purmerend (NED)	185
121.	Borst Corné	96	08-021	3:31.59	25m	2-10-11	Heemskerk (NED)	184
122.	Kemper Marcel	65	08-021	3:31.90	25m	28-10-79	Heerhugowaard (NED)	183
123.	Gaal Roel	01	08-021	3:31.92	25m	16-3-14	Zaandam (NED)	183
124.	Oortwijn Bjarne	07	08-021	3:32.91	25m	23-4-23	Den Helder (NED)	181
125.	Dam Norbert	92	08-021	3:34.74	25m	28-11-04	Heemskerk (NED)	176
126.	Litjens Olaf	99	08-021	3:36.74	25m	7-10-12	Zaandam (NED)	171
127.	Schillemans Bram	99	08-021	3:37.74	25m	4-2-18	Purmerend (NED)	169
128.	Veldhuis Christian	88	08-021	3:39.07	25m	18-11-01	Heemskerk	166

200 schoolslag (sinds 129)

129.	Josselet Bart	84	08-021	3:39.89	25m	22-11-98	Zaandam (NED)	164
130.	Jacobs Patrick	87	08-021	3:39.91	25m	29-11-01	Heemskerk	164
131.	Woudsma Maarten	01	08-021	3:40.94	25m	22-3-15	Zaandam (NED)	161
132.	de Wildt Thijs	94	08-021	3:41.70	25m	15-3-09	Haarlem (NED)	160
133.	Dekker Erik	62	08-021	3:41.80	25m	8-1-77	Heemskerk (NED)	160
134.	Nijland Yorán	05	08-021	3:42.13	25m	10-2-19	Purmerend (NED)	159
135.	Crok Dirk	58	08-021	3:43.05	25m	4-5-08	Winterswijk (NED)	157
136.	Boonacker Wietse	68	08-021	3:43.30	25m	7-11-81	Heemskerk (NED)	156
137.	Kooistra André	88	08-021	3:43.89	25m	20-2-00	Assendelft (NED)	155
138.	Wolf Gert Jan	65	08-021	3:43.90	25m	7-11-81	Heemskerk (NED)	155
139.	Tuinstra Sean	98	08-021	3:44.37	25m	25-3-10	Heemskerk (NED)	154
140.	Hof Peter	62	08-021	3:45.40	25m	8-1-77	Heemskerk (NED)	152
141.	Yayli Serkan	92	08-021	3:46.07	25m	28-10-04	Heemskerk (NED)	151
142.	Huisman Rene	69	08-021	3:47.20	25m	7-11-81	Heemskerk (NED)	148
143.	Arends Peter	79	08-021	3:47.80	25m	7-1-93	Heemskerk (NED)	147
144.	van der Linden René	70	08-021	3:48.50	25m	7-11-81	Heemskerk (NED)	146
145.	Leegwater Liam	11	08-021	3:48.86	25m	29-1-23	Heemskerk (NED)	145
146.	Koning Arthur	96	08-021	3:49.18	25m	25-3-10	Heemskerk (NED)	145
147.	de Groot Peter	80	08-021	3:49.60	25m	15-6-95	Heemskerk (NED)	144
148.	Aardenburg Koen	91	08-021	3:49.75	25m	2-10-05	Zaandam (NED)	144
149.	Vos Daniël	91	08-021	3:50.26	25m	27-10-05	Heemskerk (NED)	143
150.	van Duivenvoorde Bram	12	08-021	3:50.86	25m	6-10-24	Den Helder (NED)	141
151.	van den Akker Dennis	63	08-021	3:51.40	25m	8-1-77	Heemskerk (NED)	141
152.	de Caluwe Perry	61	08-021	3:51.80	25m	8-1-77	Heemskerk (NED)	140
152.	Bleijendaal Lucas	83	08-021	3:51.80	25m	9-11-95	Heemskerk (NED)	140
154.	ten Cate Raymond	82	08-021	3:51.90	25m	24-11-94	Heemskerk (NED)	140
155.	van Sleen Robin	90	08-021	3:52.00	25m	17-11-02	Heemskerk	139
156.	Blaauw Xam	07	08-021	3:52.13	25m	12-1-20	Purmerend (NED)	139
157.	van der Gracht Adrie	57	08-021	3:53.00	25m	12-1-08	Zwolle (NED)	138
158.	Ursem Rob	69	08-021	3:54.00	25m	7-11-81	Heemskerk (NED)	136
159.	Piek Roy	89	08-021	3:54.04	25m	18-11-01	Heemskerk	136
160.	Groot Tim	99	08-021	3:56.91	25m	9-10-11	Zaandam (NED)	131
161.	Jong Ron	77	08-021	3:57.10	25m	11-3-90	Assendelft (NED)	131
162.	Snel Jeffrey	86	08-021	3:58.59	25m	27-1-00	Heemskerk (NED)	128
163.	van Tilburg Beau	07	08-021	3:58.74	25m	29-9-19	Haarlem (NED)	128
164.	de Roode Jeremiah	99	08-021	4:00.03	25m	25-3-10	Heemskerk (NED)	126
165.	van Hardeveld Richard	69	08-021	4:00.20	25m	7-11-81	Heemskerk (NED)	126
166.	van Dijk Mitchell	99	08-021	4:02.56	25m	25-3-10	Heemskerk (NED)	122
167.	Huis in 't Veld Lorenzo	03	08-021	4:03.97	25m	18-9-16	Zaandam (NED)	120
168.	Komen Berend	97	08-021	4:04.27	25m	10-10-10	Zaandam (NED)	119
169.	de Rooij Coen	89	08-021	4:07.02	25m	24-1-99	Assendelft (NED)	115
170.	Kuijl Ben	62	08-021	4:07.50	25m	8-1-77	Heemskerk (NED)	115
171.	Verhagen Michel	82	08-021	4:08.00	25m	9-11-95	Heemskerk (NED)	114
172.	Ramaakers Raymond	91	08-021	4:09.09	25m	9-11-03	Zaandam	113
173.	de Caluwé Thijs	82	08-021	4:09.10	25m	24-11-94	Heemskerk (NED)	113
174.	van Heerwaarden Stefan	70	08-021	4:11.10	25m	7-11-81	Heemskerk (NED)	110
175.	Lamers Peter	57	08-021	4:11.29	25m	13-12-07	Heemskerk (NED)	110
176.	Apeldoorn Alex	89	08-021	4:11.44	25m	20-2-00	Assendelft (NED)	109
177.	van Dijck Bart	63	08-021	4:13.20	25m	8-1-77	Heemskerk (NED)	107
178.	Jong Gregory	80	08-021	4:14.80	25m	22-3-90	Heemskerk (NED)	105
179.	Glorie Jan	57	08-021	4:15.11	25m	10-1-09	Zwolle (NED)	105
180.	de Veer Albert	72	08-021	4:28.00	25m	2-9-84	Heemskerk (NED)	90
181.	van Hoytema Max	98	08-021	4:28.40	25m	25-3-10	Heemskerk (NED)	90

200 schoolslag (sinds 182)

182. Steijn Daan	11	08-021	4:32.50	25m	29-1-23	Heemskerk (NED)	86
183. Sadeghi Hosseen	90	08-021	4:33.78	25m	30-10-03	Heemskerk	85
184. Heesterbeek Mathijs	00	08-021	5:02.50	25m	25-3-10	Heemskerk (NED)	63

250 schoolslag500 schoolslag

1. Oudendijk Paul	81	08-021	7:27.71	OW	8-7-06	Oss (NED)
2. Dekker Matthijs	90	08-021	8:22.25	OW	26-6-05	Breukelen (NED)
3. Druyven Jorrick	94	08-021	8:24.51	OW	4-8-07	Hoom (NED)
4. de Ruijter Richard	88	08-021	8:28.39	OW	15-6-03	Spaarnwoude (NED)
5. van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)
6. Crok Pieter	91	08-021	8:39.52	OW	1-7-07	Bodegraven (NED)
7. Glorie Daan	88	08-021	8:47.22	OW	21-8-04	Bussloo (NED)
8. Jongert Sjoerd	01	08-021	8:50.75	OW	4-9-16	Vlissingen (NED)
9. Tijms Stefan	93	08-021	9:15.90	OW	22-6-08	Breukelen (NED)
10. Palmboom Pascal	89	08-021	9:16.23	OW	21-8-04	Bussloo (NED)
11. Dekker Ruben	93	08-021	9:19.44	OW	2-7-05	Sluis (NED)
12. Kleijne Barry	93	08-021	9:25.47	OW	26-7-09	Langedijk (NED)
13. Kemmeren Ferry	91	08-021	9:40.74	OW	30-7-06	Hoom (NED)
14. Offringa Rick	03	08-021	9:43.60	OW	15-7-18	Amsterdam (NED)
15. de Weert Sander	72	08-021	10:17.92	OW	30-6-12	Scheerwolde (NED)
16. Butter Stijn	11	08-021	10:18.60	OW	21-7-24	Amsterdam (NED)
17. Vlieland Roy	99	08-021	10:25.80	OW	17-6-12	Spaarnwoude (NED)
18. Woudsma Stefan	00	08-021	11:18.19	OW	22-7-12	Amsterdam (NED)

800 schoolslag

1. Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)
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1000 schoolslag

1. Oudendijk Paul	81	08-021	14:53.32	OW	30-8-09	Oosterhout (NED)
2. Offringa Rick	03	08-021	16:05.71	OW	15-7-23	Amstelveen (NED)
3. Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
4. Crok Pieter	91	08-021	17:33.80	OW	30-6-07	Scheerwolde (NED)
5. van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
6. Jongert Sjoerd	01	08-021	17:43.94	OW	23-7-16	Amstelveen (NED)
7. Dekker Matthijs	90	08-021	18:14.11	OW	23-7-05	Anna-Paulowna (NED)
8. Druyven Jorrick	94	08-021	18:25.74	OW	19-7-08	Anna-Paulowna (NED)
9. Stins Arnold	83	08-021	18:33.91	OW	25-7-10	Langedijk (NED)
10. Vink Gé	60	08-021	18:37.56	OW	30-8-09	Oosterhout (NED)
11. Oudendijk Hans	54	08-021	18:41.73	OW	30-8-09	Oosterhout (NED)
12. Butter Martijn	79	08-021	18:54.69	OW	15-9-07	Hank (NED)
13. de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)
14. Zwaan Bas	76	08-021	19:34.50	OW	12-7-94	Harderwijk (NED)
15. Tijms Eric	64	08-021	19:56.19	OW	22-6-08	Breukelen (NED)
16. van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)
17. Crok Dirk	58	08-021	21:04.90	OW	4-8-12	Hoom (NED)
18. Vlieland Roy	99	08-021	21:14.80	OW	28-7-12	Anna-Paulowna (NED)
19. Kleijne Barry	93	08-021	21:33.04	OW	17-8-08	Aalsmeer (NED)
20. van der Gracht Adrie	57	08-021	22:10.71	OW	25-8-07	Tilburg (NED)

1000 schoolslag (sinds 21)

21. Buur Rene	63	08-021	23:18.75	OW	17-8-13	Heerjansdam (NED)
22. Glorie Jan	57	08-021	24:34.21	OW	28-7-12	Anna-Paulowna (NED)

1250 schoolslag

1. Tijms Stefan	93	08-021	21:32.10	OW	28-7-19	Horn (NED)
2. van der Gracht Jory	87	08-021	23:25.00	OW	28-7-19	Horn (NED)
3. Tijms Eric	64	08-021	26:28.15	OW	10-9-17	Horn (NED)
4. van der Gracht Adrie	57	08-021	35:27.26	OW	21-7-18	Horn (NED)

1500 schoolslag

1. Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)
2. Jongert Sjoerd	01	08-021	28:06.00	OW	3-9-16	Wilhelminadorp (NED)
3. de Weert Sander	72	08-021	31:45.94	OW	30-6-12	Scheerwolde (NED)
4. Vink Gé	60	08-021	31:47.56	OW	30-6-12	Scheerwolde (NED)
5. van der Gracht Adrie	57	08-021	38:14.47	OW	30-6-12	Scheerwolde (NED)

2000 schoolslag

1. Oudendijk Paul	81	08-021	23:08.19	OW	8-7-07	Beusichem-Culemborg (NED)
2. Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3. Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4. Glorie Daan	88	08-021	33:10.63	OW	10-9-05	Oosterhout (NED)
5. Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
6. Tijms Stefan	93	08-021	33:47.98	OW	19-6-11	Spaarnwoude (NED)
7. Crok Pieter	91	08-021	35:30.43	OW	22-6-08	Breukelen (NED)
8. van Duin Peter	65	08-021	35:38.50	OW	30-6-83	Amstelveen (NED)
9. van Rijn Michael	70	08-021	35:42.10	OW	17-6-84	Amstelveen (NED)
10. Stam Daniël	79	08-021	37:01.10	OW	15-6-97	Spaarnwoude (NED)
11. van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)
12. Dijkstra Menno	68	08-021	37:54.30	OW	17-6-84	Amstelveen (NED)
13. Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)
14. Jongert Sjoerd	01	08-021	38:12.69	OW	2-9-18	Vlissingen (NED)
15. Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)
16. Hogenstijn Peter	84	08-021	38:39.58	OW	29-7-01	Langedijk (NED)
17. Vink Gé	60	08-021	41:09.84	OW	13-8-11	Heerjansdam (NED)
18. de Weert Sander	72	08-021	42:02.53	OW	4-8-12	Horn (NED)
19. Oudendijk Hans	54	08-021	42:59.32	OW	4-7-09	Oss (NED)
20. Tijms Eric	64	08-021	43:13.40	OW	6-7-12	Appeltern (NED)
21. Crok Dirk	58	08-021	43:38.78	OW	6-7-12	Appeltern (NED)
22. van der Gracht Adrie	57	08-021	44:13.50	OW	5-7-13	Appeltern (NED)

2500 schoolslag

1. Oudendijk Paul	81	08-021	38:11.73	OW	28-6-09	Sluis (NED)
2. de Weert Sander	72	08-021	58:09.10	OW	15-7-12	Stadskanaal (NED)

**3000 schoolslag**

1. Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2. Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)
3. Tijms Stefan	93	08-021	52:30.51	OW	9-7-11	Wijk en Aalburg (NED)
4. Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
5. Offringa Rick	03	08-021	53:50.02	OW	16-7-22	Amstelveen (NED)
6. de Weert Sander	72	08-021	59:32.95	OW	28-7-12	Anna-Paulowna (NED)
7. Stam Daniël	79	08-021	1:03:09.90	OW	21-7-97	Anna-Paulowna (NED)
8. Vink Gé	60	08-021	1:03:49.44	OW	28-7-12	Anna-Paulowna (NED)
9. van der Gracht Adrie	57	08-021	1:14:49.08	OW	14-7-12	Wijk en Aalburg (NED)

**4000 schoolslag**

1. Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)
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**5000 schoolslag**

1. Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)
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**25 vlinderslag**

1. Jongert Jeroen	96	08-021	12.44	25m	7-7-22	Heemskerk (NED)	504
2. Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2. Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
4. Camphuijnder Wilko	69	08-021	12.80	25m	15-1-98	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
6. Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
7. van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
8. Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)	437
8. Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
10. Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
11. Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
12. Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
13. van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
14. Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
15. Druyven Jorrick	94	08-021	13.45	25m	29-5-08	Heemskerk (NED)	398
16. Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
17. Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
18. Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
19. Camphuijnder Jasper	05	08-021	13.57	25m	7-7-22	Heemskerk (NED)	388
20. van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
21. Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
22. Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
23. de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
24. Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
25. Oortwijn Kalle	05	08-021	13.90	25m	7-7-22	Heemskerk (NED)	361
26. de Vijlder Michael	75	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
27. Kuijper Alex	08	08-021	14.05	25m	7-7-22	Heemskerk (NED)	349
28. Oudendijk Paul	81	08-021	14.11	25m	29-5-08	Heemskerk (NED)	345
29. Essers Tim	88	08-021	14.16	25m	19-4-07	Heemskerk (NED)	341
30. Steenberg Roderik	82	08-021	14.23	25m	4-5-00	Heemskerk (NED)	336
31. Lamers Koen	91	08-021	14.30	25m	19-4-07	Heemskerk (NED)	331
32. Oortwijn Maarten	80	08-021	14.40	25m	13-2-97	Heemskerk (NED)	324
32. Krijger Jan-Willem	81	08-021	14.40	25m	25-3-99	Heemskerk (NED)	324
34. Tijms Stefan	93	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322

25 vlinderslag (sinds 35)

34.	Palmboom Pascal	89	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
36.	Hoerink Jarl	86	08-021	14.52	25m	19-4-07	Heemskerk (NED)	316
37.	Zwaan Bas	76	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
38.	Gaal Koen	99	08-021	14.65	25m	7-7-22	Heemskerk (NED)	308
39.	de Boer Daniël	77	08-021	14.70	25m	16-3-95	Heemskerk (NED)	305
39.	Stam Daniël	79	08-021	14.70	25m	15-1-98	Heemskerk (NED)	305
41.	Beentjes Bastiaan	78	08-021	14.74	25m	4-5-00	Heemskerk (NED)	302
42.	Ayari Adam	08	08-021	14.79	25m	7-7-22	Heemskerk (NED)	299
43.	Kemmeren Ferry	91	08-021	14.86	25m	29-5-08	Heemskerk (NED)	295
44.	van der Bunt Raymond	73	08-021	14.90	25m	16-5-91	Heemskerk (NED)	293
45.	Schaaper Bart	73	08-021	15.00	25m	17-12-87	Heemskerk (NED)	287
45.	Tap Ben	69	08-021	15.00	25m	22-3-88	Heemskerk (NED)	287
45.	Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
45.	Bok Reitze	73	08-021	15.00	25m	31-12-89	Heemskerk (NED)	287
49.	Goverde Jeroen	73	08-021	15.10	25m	31-12-89	Heemskerk (NED)	281
49.	Andeweg Celedonio	76	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
51.	van de Laar Viktor	05	08-021	15.12	25m	7-7-22	Heemskerk (NED)	280
52.	Zonneveld Jeroen	78	08-021	15.18	25m	29-5-08	Heemskerk (NED)	277
53.	Wassenaar Marcel	69	08-021	15.20	25m	12-1-89	Heemskerk (NED)	276
54.	de Boer Stephan	83	08-021	15.27	25m	25-3-99	Heemskerk (NED)	272
55.	Dekker Rudie	78	08-021	15.30	25m	16-3-95	Heemskerk (NED)	270
56.	de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)	267
56.	Oortwijn Bouke	78	08-021	15.36	25m	7-7-22	Heemskerk (NED)	267
58.	de Caluwé Niels	91	08-021	15.39	25m	19-4-07	Heemskerk (NED)	266
59.	de Groot Peter	80	08-021	15.40	25m	8-2-96	Heemskerk (NED)	265
60.	Hogenstijn Peter	84	08-021	15.47	25m	29-3-01	Heemskerk (NED)	262
61.	de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	258
62.	Martijn Onno	91	08-021	15.65	25m	29-5-08	Heemskerk (NED)	253
63.	Schaap Paul	75	08-021	15.70	25m	12-1-89	Heemskerk (NED)	250
64.	Leegwater Martijn	83	08-021	15.73	25m	7-7-22	Heemskerk (NED)	249
65.	Schelvis Sjeng	89	08-021	15.75	25m	29-3-01	Heemskerk (NED)	248
66.	Blaauw Eric	67	08-021	15.86	25m	12-1-13	Zwolle (NED)	243
67.	de Weert Sander	72	08-021	16.06	25m	30-6-11	Heemskerk (NED)	234
68.	Besse Niels	72	08-021	16.10	25m	31-12-89	Heemskerk (NED)	232
69.	Bal Chester	78	08-021	16.13	25m	25-3-99	Heemskerk (NED)	231
70.	Hulshof Patrick	75	08-021	16.30	25m	16-5-91	Heemskerk (NED)	224
71.	Tijms Eric	64	08-021	16.35	25m	29-5-08	Heemskerk (NED)	221
72.	Wassenaar Edwin	72	08-021	16.40	25m	12-1-89	Heemskerk (NED)	219
72.	Koopman Axel	92	08-021	16.40	25m	27-4-06	Heemskerk	219
74.	Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)	218
75.	Switser René	75	08-021	16.50	25m	12-1-89	Heemskerk (NED)	215
76.	Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)	202
77.	de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)	195
78.	Kerdijk Dennis	79	08-021	17.20	25m	13-2-97	Heemskerk (NED)	190
79.	de Caluwe Johan	64	08-021	17.22	25m	19-4-07	Heemskerk (NED)	190
80.	Vink Gé	60	08-021	17.25	25m	17-11-11	Heemskerk (NED)	189
81.	Doodeman Niels	89	08-021	17.91	25m	29-3-01	Heemskerk (NED)	168
82.	Vessies Max	03	08-021	18.36	25m	13-4-14	Zaandam (NED)	156
83.	Groen Jarno	01	08-021	18.42	25m	13-12-12	Heemskerk (NED)	155
84.	van Vegten Teun	01	08-021	18.50	25m	13-12-12	Heemskerk (NED)	153
85.	de Vries Dylan	93	08-021	18.64	25m	29-5-08	Heemskerk (NED)	149
85.	Meijer Viggo	06	08-021	18.64	25m	7-7-22	Heemskerk (NED)	149
87.	Oudendijk Hans	54	08-021	18.80	25m	19-4-07	Heemskerk (NED)	146

25 vlinderslag (sinds 88)

88.	de Wildt Thijs	94	08-021	19.20	25m	29-5-08	Heemskerk (NED)	137
89.	van Velsen Gerard	54	08-021	19.40	25m	22-3-88	Heemskerk (NED)	132
89.	Jong Ron	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	132
91.	Hoening Sten	84	08-021	19.41	25m	25-3-99	Heemskerk (NED)	132
92.	Smit Arend	88	08-021	19.49	25m	29-3-01	Heemskerk (NED)	131
93.	Huveneers Fabian	73	08-021	19.50	25m	22-3-88	Heemskerk (NED)	130
94.	van der Gracht Adrie	57	08-021	19.55	25m	20-2-10	Heerenveen (NED)	129
95.	Vlieland Roy	99	08-021	19.57	25m	30-6-11	Heemskerk (NED)	129
96.	de Roode Jeremiah	99	08-021	19.68	25m	4-11-10	Heemskerk (NED)	127
97.	Zijlstra Jeroen	80	08-021	19.90	25m	17-6-93	Heemskerk (NED)	123
98.	van Lieshout Martin	76	08-021	20.00	25m	22-3-88	Heemskerk (NED)	121
99.	Kaal Dennis	74	08-021	20.20	25m	12-1-89	Heemskerk (NED)	117
100.	Crok Dirk	58	08-021	20.21	25m	4-11-10	Heemskerk (NED)	117
101.	Groot Sander	88	08-021	20.25	25m	25-3-99	Heemskerk (NED)	116
102.	de Rooij Roel	87	08-021	20.31	25m	4-5-00	Heemskerk (NED)	115
103.	Oortwijn Guido	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	114
103.	Arends Martin	81	08-021	20.40	25m	16-6-93		114
105.	de Caluwé Thijs	82	08-021	20.50	25m	16-11-95	Heemskerk (NED)	112
106.	de Wit Job	98	08-021	20.63	25m	13-4-08	Hoorn (NED)	110
107.	Zwart Mees	10	08-021	20.90	25m	1-2-24	Heemskerk (NED)	106
108.	Sikkema Joris	86	08-021	21.14	25m	25-3-99	Heemskerk (NED)	102
109.	de Boer Tobias	02	08-021	21.21	25m	13-12-12	Heemskerk (NED)	101
110.	van Baal Elvin	86	08-021	21.26	25m	29-3-01	Heemskerk (NED)	100
111.	Thijssen Dave	82	08-021	21.30	25m	27-4-95	Heemskerk (NED)	100
112.	de Vriend Ruben	03	08-021	21.50	25m	13-12-12	Heemskerk (NED)	97
113.	Nijland Yoran	05	08-021	21.53	25m	30-10-14	Heemskerk (NED)	97
114.	Jacobs Patrick	87	08-021	21.65	25m	29-3-01	Heemskerk (NED)	95
115.	de Rooij Coen	89	08-021	22.24	25m	4-5-00	Heemskerk (NED)	88
116.	Piek Roy	89	08-021	22.53	25m	29-3-01	Heemskerk (NED)	84
117.	Heeremans Tim	78	08-021	22.70	25m	31-12-89	Heemskerk (NED)	82
117.	ten Cate Raymond	82	08-021	22.70	25m	16-3-95	Heemskerk (NED)	82
119.	de Groot Pieter	83	08-021	22.80	25m	24-3-94	Heemskerk (NED)	81
120.	Steijn Twan	13	08-021	23.08	25m	23-6-24	Krommenie (NED)	78
121.	Josselet Bart	84	08-021	23.10	25m	5-2-98	Heemskerk (NED)	78
122.	Leegwater Liam	11	08-021	23.13	25m	7-7-22	Heemskerk (NED)	78
123.	Veldhuis Christian	88	08-021	23.19	25m	29-3-01	Heemskerk (NED)	77
124.	Welboren Mischa	89	08-021	23.23	25m	25-3-99	Heemskerk (NED)	77
125.	Butter Stijn	11	08-021	23.55	25m	7-7-22	Heemskerk (NED)	74
126.	Kloppenburger Albert	82	08-021	23.60	25m	17-6-93	Heemskerk (NED)	73
126.	Steijn Daan	11	08-021	23.60	25m	15-1-23	Den Helder (NED)	73
128.	van Duivenvoorde Bram	12	08-021	23.62	25m	21-4-24	Krommenie (NED)	73
129.	Zonneveld Alex	90	08-021	23.77	25m	25-3-01	Heerhugowaard (NED)	72
130.	Kooistra André	88	08-021	23.99	25m	25-3-99	Heemskerk (NED)	70
131.	de Graaf Peter	76	08-021	24.00	25m	22-3-88	Heemskerk (NED)	70
132.	Bleijendaal Lucas	83	08-021	24.10	25m	27-4-95	Heemskerk (NED)	69
132.	Apeldoorn Alex	89	08-021	24.10	25m	4-5-00	Heemskerk (NED)	69
134.	Blaauw Mica	05	08-021	24.11	25m	30-10-14	Heemskerk (NED)	69
135.	van Els Thomas	82	08-021	24.30	25m	17-11-93		67
136.	Welboren Mark	87	08-021	24.41	25m	25-3-99	Heemskerk (NED)	66
137.	Baltjes Timo	09	08-021	24.45	25m	7-7-22	Heemskerk (NED)	66
138.	Woudsma Stefan	00	08-021	24.78	25m	17-11-11	Heemskerk (NED)	63
139.	Litjens Olaf	99	08-021	24.80	25m	4-11-10	Heemskerk (NED)	63
140.	van Lieshout Rick	78	08-021	25.00	25m	16-5-91	Heemskerk (NED)	62

25 vlinderslag (sinds 141)

141.	Cekic Deniz	97	08-021	25.04	25m	29-5-08	Heemskerk (NED)	61
142.	Arends Peter	79	08-021	25.50	25m	16-6-93		58
143.	Verhagen Michel	82	08-021	25.70	25m	8-2-96	Heemskerk (NED)	57
144.	van Rijn Ian	05	08-021	25.75	25m	18-1-15	Zaandam (NED)	56
145.	Glorie Jan	57	08-021	25.93	25m	4-11-10	Heemskerk (NED)	55
146.	Wassenaar Joris	01	08-021	25.98	25m	17-11-11	Heemskerk (NED)	55
147.	Blaauw Xam	07	08-021	26.03	25m	10-12-15	Heemskerk (NED)	55
148.	Jansen Davy	15	08-021	26.57	25m	11-12-25	Heemskerk (NED)	51
149.	Yayli Serkan	92	08-021	26.71	25m	10-3-02	Heemskerk	50
150.	Buur Michael	87	08-021	26.80	25m	15-1-98	Heemskerk (NED)	50
151.	Mulder Mark	97	08-021	27.06	25m	27-4-06	Heemskerk	48
152.	Woudsma Maarten	01	08-021	27.55	25m	13-12-12	Heemskerk (NED)	46
153.	Jong Gregory	80	08-021	28.00	25m	2-11-89	Heemskerk (NED)	44
154.	Heesterbeek Mathijs	00	08-021	28.35	25m	4-11-10	Heemskerk (NED)	42
155.	de Boer Sem	02	08-021	28.50	25m	13-12-12	Heemskerk (NED)	41
156.	de Wit Matthew	97	08-021	28.92	25m	30-6-11	Heemskerk (NED)	40
157.	Tuinstra Sean	98	08-021	28.96	25m	13-4-08	Hoom (NED)	39
158.	Grapendaal Aad	42	08-021	29.66	25m	5-10-13	Zwolle (NED)	37
159.	Ruiz Sanchis Dean	15	08-021	30.16	25m	11-12-25	Heemskerk (NED)	35
160.	Huskins James	16	08-021	30.58	25m	11-12-25	Heemskerk (NED)	33
161.	Verhagen Bart	85	08-021	31.00	25m	27-4-95	Heemskerk (NED)	32
162.	van Wijk Peter	87	08-021	31.40	25m	15-1-98	Heemskerk (NED)	31
163.	Weezepeel Kelvin	09	08-021	31.43	25m	7-11-19	Heemskerk (NED)	31
164.	Verhagen Jeroen	84	08-021	31.80	25m	27-4-95	Heemskerk (NED)	30
165.	Ayari Mohammed	13	08-021	32.31	25m	1-2-24	Heemskerk (NED)	28
166.	Bodenstaff Joël	14	08-021	32.33	25m	11-12-25	Heemskerk (NED)	28
167.	Gouweleeuw Raymond	88	08-021	34.98	25m	25-3-99	Heemskerk (NED)	22
168.	Breton Tiemo	16	08-021	36.13	25m	11-12-25	Heemskerk (NED)	20
169.	van der Berg Job	98	08-021	36.25	25m	29-5-08	Heemskerk (NED)	20
170.	Viel Stefan	88	08-021	39.30	25m	15-1-98	Heemskerk (NED)	15
171.	Pettinga Rodney	85	08-021	39.70	25m	8-2-96	Heemskerk (NED)	15
172.	Roemeling Nicky	87	08-021	41.70	25m	8-2-96	Heemskerk (NED)	13

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2.	Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3.	Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4.	Breton Wouter	89	08-021	27.47	25m	8-2-26	Purmerend (NED)	499
5.	Camphuijnder Jasper	05	08-021	27.61	25m	24-10-24	Heemskerk (NED)	492
6.	Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
7.	Gaal Roel	01	08-021	27.85	25m	8-2-26	Purmerend (NED)	479
8.	Jongert Sjoerd	01	08-021	28.07	25m	27-10-24	Zaandam (NED)	468
9.	Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
10.	van der Gracht Jory	87	08-021	28.52	25m	3-3-13	Purmerend (NED)	446
11.	Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
12.	van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
13.	Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
14.	de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
15.	Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
16.	Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
17.	Druyven Jorrick	94	08-021	29.29	50m	24-5-08	Beverwijk (NED)	449
18.	Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411

50 vlinderslag (sinds 19)

18.	Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
20.	Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403
21.	Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
22.	Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
23.	Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
24.	Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
25.	van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375
26.	van Beek Klaas	88	08-021	30.27	25m	31-5-09	Purmerend (NED)	373
27.	Groen Jarno	01	08-021	30.39	25m	7-11-19	Heemskerk (NED)	369
28.	Kranenburg Fred	63	08-021	30.40	25m	11-4-81	Heemskerk (NED)	368
29.	Tamis Thijs	82	08-021	30.55	25m	19-12-02	Heemskerk	363
30.	Essers Tim	88	08-021	30.58	25m	13-1-19	Purmerend (NED)	362
31.	Oortwijn Kalle	05	08-021	30.62	25m	17-2-22	Heemskerk (NED)	360
32.	Tijms Stefan	93	08-021	30.66	25m	29-11-18	Heemskerk (NED)	359
33.	Stins Arnold	83	08-021	30.80	25m	31-1-02	Heemskerk	354
34.	de Vijlder Michael	75	08-021	30.90	50m	9-11-97	Beverwijk (NED)	382
35.	Blaauw Mica	05	08-021	30.91	25m	19-10-25	Zaandam (NED)	350
36.	Lamers Koen	91	08-021	30.96	25m	11-3-07	Purmerend (NED)	349
37.	Oudendijk Paul	81	08-021	30.97	25m	19-1-07	Heerenveen (NED)	348
38.	Kemmeren Ferry	91	08-021	31.07	25m	9-4-07	Haarlem (NED)	345
39.	de Ruijter Richard	88	08-021	31.10	25m	6-2-05	Zuidoost-Beemster (NED)	344
39.	Kuijper Alex	08	08-021	31.10	25m	15-3-26	Heemskerk (NED)	344
41.	Hagebout Marcel	68	08-021	31.20	25m	21-5-87	Heemskerk (NED)	341
41.	Oortwijn Maarten	80	08-021	31.20	25m	1-5-97	Heemskerk (NED)	341
43.	de Ruijter René	86	08-021	31.21	25m	23-12-04	Heemskerk (NED)	340
44.	Gaal Koen	99	08-021	31.25	25m	21-11-21	Den Helder (NED)	339
45.	Palmboom Pascal	89	08-021	31.39	25m	9-4-07	Haarlem (NED)	334
46.	Ayari Adam	08	08-021	31.67	25m	6-11-22	Alkmaar (NED)	326
47.	Schoonakker Mick	07	08-021	31.76	25m	8-2-26	Purmerend (NED)	323
48.	Hoerink Jarl	86	08-021	31.91	25m	26-5-05	Heemskerk (NED)	318
49.	Pover Peter	69	08-021	32.10	25m	14-12-88		313
50.	Steenbergen Roderik	82	08-021	32.13	25m	23-12-04	Heemskerk (NED)	312
51.	Di Mattia Angelo	97	08-021	32.14	25m	30-10-14	Heemskerk (NED)	312
52.	Krijger Jan-Willem	81	08-021	32.30	25m	26-1-97	Zuidoost Beemster (NED)	307
53.	Woudsma Stefan	00	08-021	32.34	25m	18-1-18	Heemskerk (NED)	306
54.	Butter Joris	86	08-021	32.47	25m	18-12-03	Heemskerk (NED)	302
55.	van der Kroft Barry	82	08-021	32.48	25m	31-1-02	Heemskerk	302
56.	Korzelius Ron	65	08-021	32.50	25m	28-10-84	Egmond (NED)	301
57.	Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)	300
58.	Schaaper Bart	73	08-021	32.80	25m	31-12-87		293
58.	Stam Daniël	79	08-021	32.80	25m	14-9-96	Hoogland	293
60.	van de Laar Viktor	05	08-021	33.02	25m	2-2-25	Den Helder (NED)	287
61.	Zwaan Bas	76	08-021	33.10	25m	18-11-93	Heemskerk	285
61.	de Boer Daniël	77	08-021	33.10	25m	18-11-93	Heemskerk	285
63.	Dekker Ruben	93	08-021	33.18	25m	29-12-05	Maastricht (NED)	283
64.	Oortwijn Bouke	78	08-021	33.20	25m	18-11-93	Heemskerk	283
65.	de Boer Stephan	83	08-021	33.22	25m	10-1-99	Zuidoost Beemster (NED)	282
66.	Plokker Robert	65	08-021	33.30	25m	11-4-81	Heemskerk (NED)	280
66.	Bok Reitze	73	08-021	33.30	25m	9-1-91		280
68.	Wolf Gert Jan	65	08-021	33.70	25m	11-4-81	Heemskerk (NED)	270
69.	Beentjes Bastiaan	78	08-021	33.78	25m	25-11-99	Heemskerk	268
70.	Wiegman Stefan	74	08-021	33.80	25m	14-12-88		268
70.	Dekker Rudie	78	08-021	33.80	25m	24-11-94	Heemskerk (NED)	268

50 vlinderslag (sinds 72)

72.	van Vegten Teun	01	08-021	33.87	50m	21-5-17	Alkmaar (NED)	290
73.	Goverde Ad	59	08-021	34.00	25m	28-10-84	Egmond (NED)	263
73.	Andeweg Celedonio	76	08-021	34.00	25m	23-1-97	Heemskerk	263
75.	Butter Stijn	11	08-021	34.09	25m	8-2-26	Purmerend (NED)	261
76.	Goverde Jeroen	73	08-021	34.10	25m	1-11-89		261
77.	de Caluwé Niels	91	08-021	34.39	25m	12-4-18	Heemskerk (NED)	254
78.	Wassenaar Marcel	69	08-021	34.50	25m	1-11-89		252
79.	Windmuller Ton	62	08-021	34.60	25m	27-11-77	Ijmuiden (NED)	250
80.	Bal Chester	78	08-021	34.77	25m	17-12-98	Heemskerk (NED)	246
81.	Dijkstra Menno	68	08-021	34.80	25m	21-5-87	Heemskerk (NED)	245
81.	Switser René	75	08-021	34.80	25m	14-12-89	Heemskerk (NED)	245
83.	Voorn Max	05	08-021	34.84	25m	24-4-22	Den Helder (NED)	244
84.	de Groot Peter	80	08-021	34.90	25m	11-1-96	Heemskerk (NED)	243
85.	Zonneveld Jeroen	78	08-021	34.96	25m	13-12-12	Heemskerk (NED)	242
86.	Windmuller Hans-Pieter	60	08-021	35.50	25m	23-10-77	Zandvoort (NED)	231
87.	Schaap Paul	75	08-021	35.80	25m	13-12-89		225
88.	de Boer Tobias	02	08-021	35.84	25m	14-2-16	Purmerend (NED)	225
89.	van der Bunt Raymond	73	08-021	36.00	25m	13-6-91	Heemskerk (NED)	222
90.	de Vries Allard	96	08-021	36.01	25m	10-11-13	Zaandam (NED)	221
91.	Martijn Onno	91	08-021	36.03	25m	11-12-05	Ijmuiden (NED)	221
92.	de Wildt Thijs	94	08-021	36.08	25m	25-3-10	Heemskerk (NED)	220
93.	Missot Paul	64	08-021	36.10	25m	27-11-77	Ijmuiden (NED)	220
94.	Blaauw Eric	67	08-021	36.26	25m	19-5-13	Purmerend (NED)	217
95.	de Vries Dylan	93	08-021	36.28	25m	30-10-14	Heemskerk (NED)	216
96.	Hulshof Patrick	75	08-021	36.40	25m	13-6-91	Heemskerk (NED)	214
97.	van Heerwaarden Chiel	05	08-021	36.47	25m	30-1-20	Heemskerk (NED)	213
98.	Duin Goos	00	08-021	36.50	25m	1-2-15	Zaandam (NED)	213
99.	Schillemans Bram	99	08-021	36.55	25m	12-2-17	Purmerend (NED)	212
100.	van de Sluis Nicolai	66	08-021	36.60	25m	11-4-81	Heemskerk (NED)	211
101.	van Duin Peter	65	08-021	36.80	25m	11-4-81	Heemskerk (NED)	207
101.	Zijlstra Jeroen	80	08-021	36.80	25m	11-1-96	Heemskerk (NED)	207
103.	Oortwijn Bjarne	07	08-021	36.91	25m	7-12-23	Heemskerk (NED)	206
104.	Tijms Eric	64	08-021	37.10	25m	30-10-08	Heemskerk (NED)	202
105.	Ijntema Tjeerd	99	08-021	37.35	25m	17-11-16	Heemskerk (NED)	198
106.	Blaauw Xam	07	08-021	37.37	25m	8-2-26	Purmerend (NED)	198
107.	de Weert Sander	72	08-021	37.45	50m	16-4-11	Kampen (NED)	214
108.	Ursem Jerre	73	08-021	37.60	25m	21-5-87	Heemskerk (NED)	194
109.	Koopman Axel	92	08-021	37.63	25m	29-12-05	Maastricht (NED)	194
110.	Hoekstra Erwin	73	DEM/OEZA	37.73	25m	21-3-13	Heemskerk (NED)	192
111.	de Caluwe Johan	64	08-021	38.30	25m	8-12-79	Heemskerk (NED)	184
112.	Ursem Rob	69	08-021	38.50	25m	2-9-84	Heemskerk (NED)	181
113.	Besse Niels	72	08-021	38.70	25m	13-12-89		178
114.	Woudsma Maarten	01	08-021	38.75	25m	12-2-17	Purmerend (NED)	178
115.	Smit Erik	64	08-021	38.80	25m	8-11-80	Heemskerk (NED)	177
116.	Thijssen Dave	82	08-021	38.90	25m	11-1-96	Heemskerk (NED)	176
117.	Borst Corné	96	08-021	38.93	25m	17-11-11	Heemskerk (NED)	175
118.	de Roode Jeremiah	99	08-021	39.07	25m	3-4-11	Zaandam (NED)	173
119.	Vink Gé	60	08-021	39.10	50m	14-4-12	Kampen (NED)	188
120.	Nijland Yoran	05	08-021	39.12	25m	17-6-18	Alkmaar (NED)	173
121.	Paap Jaidy	08	08-021	39.55	25m	11-12-25	Heemskerk (NED)	167
122.	Frederiks Stan	09	08-021	39.59	25m	10-3-24	Purmerend (NED)	166
123.	Vlieland Roy	99	08-021	39.67	25m	20-1-13	Heemskerk (NED)	165
124.	Doodeman Niels	89	08-021	39.83	25m	31-1-02	Heemskerk	163

50 vlinderslag (sinds 125)

125.	Kerdijk Dennis	79	08-021	39.90	25m	23-1-97	Heemskerk	163
126.	Hof Ronnalt	60	08-021	40.00	25m	23-10-77	Zandvoort (NED)	161
127.	Tuinstra Sean	98	08-021	40.21	25m	13-12-12	Heemskerk (NED)	159
128.	Herwegh Dink	11	08-021	40.55	25m	27-10-24	Zaandam (NED)	155
129.	Wassenaar Edwin	72	08-021	40.60	25m	15-12-88	Heemskerk (NED)	154
130.	Vos Daniël	91	08-021	41.38	25m	31-5-07	Heemskerk (NED)	146
131.	van Hannen Erik	67	08-021	41.40	25m	11-10-81	Heemskerk (NED)	146
132.	Hoening Sten	84	08-021	41.95	25m	29-5-04	Z.o. Beemster	140
133.	Roosendaal Ben	66	08-021	42.10	25m	8-11-80	Heemskerk (NED)	138
134.	Bleijendaal Thomas	88	08-021	42.33	25m	18-12-03	Heemskerk (NED)	136
135.	Nolte Martijn	74	08-021	42.40	25m	21-5-87	Heemskerk (NED)	135
136.	Steijn Daan	11	08-021	42.46	25m	6-10-24	Den Helder (NED)	135
137.	Steijn Twan	13	08-021	42.79	25m	8-3-26	Haarlem (NED)	132
138.	van Honschoten Jacky	67	08-021	42.80	25m	11-4-81	Heemskerk (NED)	132
139.	Dam Norbert	92	08-021	42.92	25m	14-11-04	Zaandam (NED)	131
140.	Oudendijk Hans	54	08-021	43.06	25m	18-2-10	Heemskerk (NED)	129
141.	Vessies Max	03	08-021	43.09	25m	7-9-14	Zaandam (NED)	129
142.	van Duivenvoorde Bram	12	08-021	43.14	25m	19-10-25	Zaandam (NED)	129
143.	Kooistra André	88	08-021	43.15	25m	17-2-00	Heemskerk (NED)	128
144.	Oortwijn Guido	78	08-021	43.70	25m	13-6-91	Heemskerk (NED)	124
145.	Boonacker Wietse	68	08-021	43.80	25m	11-10-81	Heemskerk (NED)	123
146.	Koning Arthur	96	08-021	43.85	25m	4-11-10	Heemskerk (NED)	122
147.	Meijer Viggo	06	08-021	43.90	25m	3-10-21	Den Helder (NED)	122
148.	Jong Ron	77	08-021	44.10	25m	3-12-89	Zaandam (NED)	120
149.	van Baal Elvin	86	08-021	44.29	25m	28-2-02	Heemskerk	119
150.	Groot Sander	88	08-021	44.37	25m	16-1-00	Zaandam (NED)	118
151.	Wassenaar Joris	01	08-021	44.58	25m	21-3-13	Heemskerk (NED)	116
152.	Smit Arend	88	08-021	44.68	25m	30-11-00	Heemskerk (NED)	116
153.	van Rijn Michael	70	08-021	44.90	25m	21-3-82		114
154.	de Vriend Ruben	03	08-021	45.01	25m	22-9-13	Purmerend (NED)	113
155.	Ramaakers Raymond	91	08-021	45.15	25m	18-12-03	Heemskerk (NED)	112
156.	van Sleen Robin	90	08-021	45.19	25m	9-2-03	Zaandam (NED)	112
157.	van der Gracht Adrie	57	08-021	45.52	50m	17-4-10	Kampen (NED)	119
158.	de Rooij Roel	87	08-021	45.92	25m	22-4-99	Heemskerk (NED)	106
159.	Kaal Dennis	74	08-021	46.00	25m	15-12-88	Heemskerk (NED)	106
160.	de Wit Job	98	08-021	46.09	25m	8-6-08	Zaandam (NED)	105
161.	Leegwater Liam	11	08-021	46.23	25m	22-10-23	Zaandam (NED)	104
162.	van der Linden René	70	08-021	46.50	25m	7-2-82		103
163.	van Rijn Ian	05	08-021	46.53	25m	16-3-17	Heemskerk (NED)	102
164.	Mulder Mark	97	08-021	47.28	25m	17-11-11	Heemskerk (NED)	98
165.	Rasch Wilco	68	08-021	47.30	25m	21-9-80	Heemskerk (NED)	97
166.	Veldhuis Christian	88	08-021	47.47	25m	31-1-02	Heemskerk	96
167.	Litjens Olaf	99	08-021	48.88	25m	12-2-12	Heemstede (NED)	88
168.	de Veer Albert	72	08-021	48.90	25m	14-12-89	Heemskerk (NED)	88
169.	van Hardeveld Richard	69	08-021	49.00	25m	11-10-81	Heemskerk (NED)	88
170.	Teufer Lorentz	96	08-021	49.13	25m	14-12-06	Heemskerk (NED)	87
171.	Klemann Joshua	13	08-021	49.19	25m	8-2-26	Purmerend (NED)	87
172.	Zwaan Nick	94	08-021	49.25	25m	8-2-04	Zaandam (NED)	86
173.	Zwart Mees	10	08-021	49.29	25m	24-10-24	Heemskerk (NED)	86
174.	Sadeghi Hosseen	90	08-021	49.51	25m	18-12-03	Heemskerk (NED)	85
175.	Jacobs Patrick	87	08-021	49.56	25m	31-1-02	Heemskerk	85
176.	van Lieshout Martin	76	08-021	49.70	25m	14-12-88		84
177.	de Caluwé Thijs	82	08-021	49.80	25m	24-11-94	Heemskerk (NED)	83

50 vlinderslag (sinds 178)

178.	Josselet Bart	84	08-021	49.96	25m	27-9-98	Assendelft (NED)	83
179.	Snel Jeffrey	86	08-021	50.12	25m	25-11-99	Heemskerk	82
180.	Schellekens Henk	76	08-021	50.30	25m	2-11-89	Heemskerk (NED)	81
181.	van Dijk Mitchell	99	08-021	50.38	25m	21-3-10	Zaandam (NED)	81
182.	de Rooij Coen	89	08-021	50.87	25m	19-12-99	Wormerveer (NED)	78
183.	Yayli Serkan	92	08-021	50.98	25m	25-3-04	Heemskerk	78
184.	Piek Roy	89	08-021	51.47	25m	31-1-02	Heemskerk	75
185.	Aardenburg Koen	91	08-021	51.63	25m	25-11-04	Heemskerk (NED)	75
186.	de Wit Matthew	97	08-021	51.64	25m	29-11-18	Heemskerk (NED)	75
187.	Bleijendaal Lucas	83	08-021	51.70	25m	5-11-95	Assendelft (NED)	74
188.	Heeremans Tim	78	08-021	51.90	25m	14-12-88		74
189.	Visvaligam Athithyan	02	08-021	51.97	25m	24-11-13	Zaandam (NED)	73
190.	Kloek Ralph	68	08-021	52.00	25m	11-4-81	Heemskerk (NED)	73
190.	Kloppenburg Albert	82	08-021	52.00	25m	28-9-94		73
192.	Huis in 't Veld Lorenzo	03	08-021	52.15	25m	17-11-16	Heemskerk (NED)	73
193.	van Hoytema Max	98	08-021	52.17	25m	20-5-10	Heemskerk (NED)	72
194.	Welboren Mark	87	08-021	52.88	25m	17-12-98	Heemskerk (NED)	70
195.	Arends Peter	79	08-021	53.00	25m	12-5-93		69
196.	Crok Dirk	58	08-021	53.04	25m	26-2-09	Heemskerk (NED)	69
197.	Schipper Erik	72	08-021	53.10	25m	6-2-83		69
198.	van Tilburg Beau	07	08-021	53.13	25m	7-11-19	Heemskerk (NED)	69
199.	Apeldoorn Alex	89	08-021	53.43	25m	3-12-00	Zaandam (NED)	67
200.	van Heerwaarden Stefan	70	08-021	53.50	25m	29-11-81	Zaandam (NED)	67
201.	Smit Rob	69	08-021	53.70	25m	8-11-80	Heemskerk (NED)	66
202.	Tholen Martijn	72	08-021	53.80	25m	18-10-81	Heemskerk (NED)	66
203.	van Heerwaarden Gerard	70	08-021	54.00	25m	21-3-82		65
204.	Sikkema Joris	86	08-021	54.06	25m	17-12-98	Heemskerk (NED)	65
205.	Zonneveld Abel	13	08-021	54.07	25m	11-12-25	Heemskerk (NED)	65
206.	Feyen Erik	66	08-021	54.50	25m	12-2-78	Heemskerk (NED)	64
207.	van de Wijst Peter	69	08-021	54.60	25m	11-4-81	Heemskerk (NED)	63
208.	Welboren Mischa	89	08-021	54.95	25m	17-12-98	Heemskerk (NED)	62
209.	Brands Ronald	75	08-021	55.60	25m	21-5-87	Heemskerk (NED)	60
210.	Ayari Mohammed	13	08-021	55.70	25m	11-12-25	Heemskerk (NED)	59
211.	Hoogeterp Klaas	67	08-021	56.30	25m	8-11-80	Heemskerk (NED)	58
212.	Zonneveld Alex	90	08-021	56.57	25m	11-11-01	Zaandam	57
213.	Huisman Rene	69	08-021	57.20	25m	12-10-80	Wormerveer (NED)	55
214.	de Groot Michiel	91	08-021	57.65	25m	27-3-03	Heemskerk	54
215.	Komen Berend	97	08-021	57.78	25m	3-3-11	Heemskerk (NED)	53
216.	Bruins Jacco	67	08-021	58.00	25m	8-12-79	Heemskerk (NED)	53
216.	ten Cate Raymond	82	08-021	58.00	25m	24-11-94	Heemskerk (NED)	53
218.	de Boer Sem	02	08-021	58.16	25m	27-1-13	Zaandam (NED)	52
219.	Gouweleeuw Raymond	88	08-021	58.40	25m	26-9-99	Wormerveer (NED)	52
220.	Baltjes Timo	09	08-021	58.82	25m	15-12-22	Heemskerk (NED)	50
221.	Glorie Jan	57	08-021	59.32	25m	18-2-10	Heemskerk (NED)	49
222.	Beeksma Coen	90	08-021	59.45	25m	13-1-02	Zaandam	49
223.	Verhagen Michel	82	08-021	59.50	25m	11-1-96	Heemskerk (NED)	49
224.	Buur Michael	87	08-021	1:00.20	25m	12-2-98	Heemskerk (NED)	47
225.	van de Sluis Erwin	71	08-021	1:01.10	25m	11-4-81	Heemskerk (NED)	45
226.	Verhagen Bart	85	08-021	1:01.20	25m	11-1-96	Heemskerk (NED)	45
227.	Wassenaar Teun	03	08-021	1:03.80	25m	6-3-14	Heemskerk (NED)	39
228.	van Lieshout Rick	78	08-021	1:04.80	25m	4-4-91	Heemskerk (NED)	38
229.	Jong Gregory	80	08-021	1:05.20	25m	14-12-89	Heemskerk (NED)	37
230.	Handgraaf Jos	87	08-021	1:05.25	25m	14-11-99	Zaandam (NED)	37

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231.	Jansen Davy	15	08-021	1:06.54	50m	13-12-25	Beverwijk (NED)	38
232.	van Wijk Peter	87	08-021	1:06.80	25m	12-2-98	Heemskerk (NED)	34
233.	van de Sluis Ignat	69	08-021	1:06.90	25m	11-4-81	Heemskerk (NED)	34
234.	van der Berg Job	98	08-021	1:12.93	25m	30-10-08	Heemskerk (NED)	26
235.	de Weers Luuk	13	08-021	1:13.50	25m	2-2-23	Heemskerk (NED)	26
236.	Grapendaal Aad	42	08-021	1:14.59	50m	24-3-13	Amersfoort (NED)	27
237.	Viel Stefan	88	08-021	1:15.50	25m	12-2-98	Heemskerk (NED)	24
238.	Heesterbeek Mathijs	00	08-021	1:15.83	25m	20-5-10	Heemskerk (NED)	23
239.	Verhagen Jeroen	84	08-021	1:18.20	25m	11-1-96	Heemskerk (NED)	21

100 vlinderslag

1.	Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2.	Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3.	Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4.	Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
5.	Camphuijnder Wilko	69	08-021	1:01.20	25m	16-11-97	Zaandam (NED)	484
6.	Camphuijnder Jasper	05	08-021	1:01.95	25m	12-1-25	Heemskerk (NED)	467
7.	Jongert Sjoerd	01	08-021	1:02.58	25m	24-1-19	Heemskerk (NED)	453
8.	van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
9.	Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
10.	Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
11.	Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
12.	de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
13.	Gaal Roel	01	08-021	1:05.26	25m	16-11-25	Purmerend (NED)	399
14.	Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
15.	Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
16.	Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
17.	van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
18.	Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
19.	Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
20.	Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
21.	Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
22.	Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
23.	Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
24.	Druyven Jorrick	94	08-021	1:08.02	50m	13-4-08	Antwerpen (BEL)	392
24.	Breton Wouter	89	08-021	1:08.02	25m	12-10-25	Heemskerk (NED)	353
26.	Oudendijk Paul	81	08-021	1:08.47	25m	30-3-06	Heemskerk (NED)	346
27.	van Rookhuizen Barry	82	08-021	1:08.80	25m	12-3-00	Heemskerk (NED)	341
28.	Kranenburg Fred	63	08-021	1:09.20	25m	13-3-83	Castricum (NED)	335
29.	Oortwijn Kalle	05	08-021	1:09.45	25m	2-2-23	Heemskerk (NED)	331
30.	Kemmeren Ferry	91	08-021	1:09.47	25m	21-10-07	Zaandam (NED)	331
31.	Tamis Thijs	82	08-021	1:10.09	25m	19-11-00	Zaandam (NED)	322
32.	de Ruijter Richard	88	08-021	1:10.26	25m	30-3-06	Heemskerk (NED)	320
33.	Blaauw Mica	05	08-021	1:10.36	25m	19-2-26	Heemskerk (NED)	319
34.	Groen Jarno	01	08-021	1:10.51	25m	3-11-19	Purmerend (NED)	317
35.	Tijms Stefan	93	08-021	1:10.58	25m	12-1-14	Purmerend (NED)	316
36.	Lamers Koen	91	08-021	1:11.10	25m	8-4-07	Haarlem (NED)	309
37.	Palmboom Pascal	89	08-021	1:11.61	25m	25-11-07	Amsterdam (NED)	302
38.	Hagebout Marcel	68	08-021	1:11.80	25m	12-2-84	Heemskerk (NED)	300
39.	Oortwijn Maarten	80	08-021	1:11.90	25m	31-3-97	Haarlem (NED)	299
40.	de Vijlder Michael	75	08-021	1:12.10	25m	13-3-97	Heemskerk (NED)	296
41.	Schaaper Bart	73	08-021	1:12.20	25m	31-12-88		295

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42.	Krijger Jan-Willem	81	08-021	1:12.60	25m	13-4-98	Haarlem (NED)	290
43.	Steenbergen Roderik	82	08-021	1:13.72	25m	11-4-04	Haarlem	277
44.	Pover Peter	69	08-021	1:13.80	25m	19-5-88	Heemskerk (NED)	276
45.	Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)	275
46.	van Beek Klaas	88	08-021	1:14.22	25m	16-11-08	Amsterdam-oost (NED)	271
47.	Dekker Ruben	93	08-021	1:14.25	25m	27-11-05	Heemskerk (NED)	271
48.	Korzelius Ron	65	08-021	1:14.40	25m	30-11-86	Heemskerk (NED)	269
48.	Bok Reitze	73	08-021	1:14.40	25m	4-4-91	Heemskerk (NED)	269
50.	Plokker Robert	65	08-021	1:14.60	25m	16-1-83	Heemskerk (NED)	267
51.	Woudsma Stefan	00	08-021	1:14.94	25m	12-2-17	Purmerend (NED)	264
52.	Stam Daniël	79	08-021	1:15.10	25m	21-9-97	Alkmaar (NED)	262
53.	Beentjes Bastiaan	78	08-021	1:15.17	25m	17-2-00	Heemskerk (NED)	261
54.	Ayari Adam	08	08-021	1:15.21	25m	6-11-22	Alkmaar (NED)	261
55.	Keessen Jeroen	67	08-021	1:15.30	25m	6-2-83		260
56.	Hermans Luuk	85	08-021	1:15.75	25m	24-2-05	Heemskerk (NED)	255
57.	Kuijper Alex	08	08-021	1:15.78	25m	19-2-26	Heemskerk (NED)	255
58.	van der Kroft Barry	82	08-021	1:15.87	25m	28-2-02	Heemskerk	254
58.	Gaal Koen	99	08-021	1:15.87	25m	24-4-22	Den Helder (NED)	254
60.	van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)	253
61.	Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)	251
62.	van Vegten Teun	01	08-021	1:16.30	25m	2-2-17	Heemskerk (NED)	250
63.	Hoening Jarl	86	08-021	1:16.32	25m	25-3-04	Heemskerk	250
64.	Schoonakker Mick	07	08-021	1:16.36	25m	19-2-26	Heemskerk (NED)	249
65.	Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89		248
65.	de Boer Daniël	77	08-021	1:16.50	25m	6-2-94	Wormerveer (NED)	248
67.	de Ruijter René	86	08-021	1:16.66	25m	25-3-04	Heemskerk	246
68.	Andeweg Celedonio	76	08-021	1:16.70	25m	28-9-94		246
69.	van Duin Peter	65	08-021	1:17.00	25m	16-1-83	Heemskerk (NED)	243
70.	Goverde Jeroen	73	08-021	1:17.40	25m	22-4-90	Heemstede (NED)	239
71.	Zwaan Bas	76	08-021	1:17.60	25m	3-2-93		237
72.	Wassenaar Marcel	69	08-021	1:17.80	25m	6-12-89		236
73.	Wolf Gert Jan	65	08-021	1:18.10	25m	16-1-83	Heemskerk (NED)	233
73.	Switser René	75	08-021	1:18.10	25m	4-11-90	Zaandam (NED)	233
75.	van der Linden René	70	08-021	1:18.30	25m	6-10-85	Wormerveer (NED)	231
76.	Di Mattia Angelo	97	08-021	1:18.37	25m	26-10-14	Zaandam (NED)	230
77.	Windmuller Ton	62	08-021	1:18.90	25m	19-10-80	Heemskerk (NED)	226
78.	de Boer Stephan	83	08-021	1:19.64	25m	22-4-99	Heemskerk (NED)	220
79.	Butter Stijn	11	08-021	1:19.69	25m	19-2-26	Heemskerk (NED)	219
80.	de Vries Allard	96	08-021	1:19.80	25m	6-10-13	Heemskerk (NED)	218
81.	Voorn Max	05	08-021	1:20.00	25m	17-3-22	Heemskerk (NED)	217
82.	Butter Joris	86	08-021	1:20.25	25m	18-4-04	Zaandam (NED)	215
83.	van de Laar Viktor	05	08-021	1:20.33	25m	24-4-22	Den Helder (NED)	214
84.	Oortwijn Bouke	78	08-021	1:20.40	25m	16-1-94	Heemskerk	213
85.	Goverde Ad	59	08-021	1:21.40	25m	22-1-84	Zandvoort (NED)	206
86.	de Boer Tobias	02	08-021	1:21.97	25m	18-2-16	Heemskerk (NED)	201
87.	van de Sluis Nicolai	66	08-021	1:22.00	25m	24-1-82		201
88.	Schaap Paul	75	08-021	1:22.50	25m	11-2-90	Heemskerk (NED)	197
89.	Martijn Onno	91	08-021	1:22.85	25m	30-3-06	Heemskerk (NED)	195
90.	de Caluwe Perry	61	08-021	1:23.40	25m	2-3-80	Heemskerk (NED)	191
91.	Dekker Rudie	78	08-021	1:23.60	50m	11-6-95	Beverwijk (NED)	211
92.	de Groot Peter	80	08-021	1:23.70	25m	2-11-96		189
93.	de Caluwé Niels	91	08-021	1:23.75	25m	24-11-05	Heemskerk (NED)	189
94.	Hulshof Patrick	75	08-021	1:23.80	25m	3-2-93		188

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95.	van der Bunt Raymond	73	08-021	1:24.10	25m	21-4-91	Heemstede (NED)	186
96.	Kemmeren Andre	88	08-021	1:24.16	25m	25-11-04	Heemskerk (NED)	186
97.	Bal Chester	78	08-021	1:24.50	25m	13-3-97	Heemskerk (NED)	184
98.	Windmuller Hans-Pieter	60	08-021	1:24.60	25m	31-12-75		183
99.	Overmeer Michel	60	08-021	1:25.20	25m	12-2-78	Heemskerk (NED)	179
99.	Ursem Rob	69	08-021	1:25.20	25m	23-9-84	Heemskerk (NED)	179
101.	Schillemans Bram	99	08-021	1:25.55	25m	24-1-19	Heemskerk (NED)	177
102.	Zonneveld Jeroen	78	08-021	1:25.60	25m	8-3-98	Zaandam (NED)	177
103.	van Heerwaarden Chiel	05	08-021	1:25.62	25m	30-1-20	Heemskerk (NED)	177
104.	de Caluwe Johan	64	08-021	1:25.80	25m	16-3-80	Zandvoort (NED)	175
105.	de Wildt Thijs	94	08-021	1:26.82	25m	20-5-10	Heemskerk (NED)	169
106.	van Honschoten Jacky	67	08-021	1:27.00	25m	6-2-83		168
107.	Blaauw Xam	07	08-021	1:27.27	25m	19-2-26	Heemskerk (NED)	167
108.	Smit Erik	64	08-021	1:27.40	25m	22-11-80	Heemskerk (NED)	166
109.	Borst Corné	96	08-021	1:27.42	25m	9-2-12	Heemskerk (NED)	166
110.	Koopman Axel	92	08-021	1:27.47	25m	30-3-06	Heemskerk (NED)	166
111.	Duin Goos	00	08-021	1:27.58	25m	15-11-15	Purmerend (NED)	165
112.	Bleijendaal Thomas	88	08-021	1:27.65	25m	25-3-04	Heemskerk	165
113.	Dijkstra Menno	68	08-021	1:28.20	25m	23-9-84	Heemskerk (NED)	161
114.	Doodeman Niels	89	08-021	1:28.52	25m	28-2-02	Heemskerk	160
115.	de Vries Dylan	93	08-021	1:28.73	25m	9-3-14	Zaandam (NED)	159
116.	Oortwijn Bjarne	07	08-021	1:29.55	25m	27-2-25	Heemskerk (NED)	154
117.	Ursem Jerre	73	08-021	1:29.80	25m	22-3-87	Heerhugowaard (NED)	153
118.	de Weert Sander	72	08-021	1:30.02	25m	4-12-11	Zaandam (NED)	152
119.	Besse Niels	72	08-021	1:30.30	25m	7-12-89	Heemskerk (NED)	150
120.	Woudsma Maarten	01	08-021	1:30.81	25m	13-11-16	Purmerend (NED)	148
121.	Verdonk Pim	63	08-021	1:31.60	25m	15-9-79	Heemskerk (NED)	144
122.	Hoening Sten	84	08-021	1:31.65	25m	18-1-04	IJmuiden (NED)	144
123.	van Hannen Erik	67	08-021	1:32.30	25m	17-1-82		141
124.	Vink Gé	60	08-021	1:32.91	25m	26-2-09	Heemskerk (NED)	138
125.	Paap Jaidy	08	08-021	1:33.15	25m	16-11-25	Purmerend (NED)	137
126.	Dekker Erik	62	08-021	1:33.40	25m	15-9-79	Heemskerk (NED)	136
127.	Deen Peter	59	08-021	1:33.60	25m	24-4-76	Heemskerk (NED)	135
128.	de Boer Elias	70	08-021	1:33.70	25m	23-9-84	Heemskerk (NED)	135
129.	Tuinstra Sean	98	08-021	1:35.27	25m	31-1-13	Heemskerk (NED)	128
130.	Vlieland Roy	99	08-021	1:35.48	25m	19-5-13	Purmerend (NED)	127
131.	Nijland Yorán	05	08-021	1:35.85	25m	3-3-19	Zaandam (NED)	126
132.	Tijms Eric	64	08-021	1:36.09	25m	26-2-09	Heemskerk (NED)	125
133.	Frederiks Stan	09	08-021	1:36.18	25m	1-2-24	Heemskerk (NED)	124
134.	Geurs Paul	57	08-021	1:37.30	25m	31-12-75		120
135.	Dam Norbert	92	08-021	1:37.43	25m	28-11-04	Heemskerk (NED)	120
136.	Steijn Daan	11	08-021	1:37.49	25m	6-4-25	Purmerend (NED)	119
137.	Kemper Marcel	65	08-021	1:37.90	25m	22-11-80	Heemskerk (NED)	118
138.	Koning Arthur	96	08-021	1:39.07	25m	14-11-10	Castricum (NED)	114
139.	Zijlstra Jeroen	80	08-021	1:39.20	25m	28-1-96	Zaandam (NED)	113
140.	Kerdijk Dennis	79	08-021	1:39.60	25m	3-11-96	Zaandam (NED)	112
141.	Arends Martin	81	08-021	1:39.80	25m	3-2-93		111
142.	Steijn Twan	13	08-021	1:40.13	25m	19-2-26	Heemskerk (NED)	110
143.	Meijer Viggo	06	08-021	1:40.45	25m	24-4-22	Den Helder (NED)	109
144.	de Moes Paul	70	08-021	1:40.80	25m	23-9-84	Heemskerk (NED)	108
145.	van Dijck Bart	63	08-021	1:41.50	25m	23-10-77	Zandvoort (NED)	106
146.	van Baal Elvin	86	08-021	1:41.52	25m	20-12-01	Heemskerk	106
147.	Vos Daniël	91	08-021	1:42.57	25m	24-2-05	Heemskerk (NED)	102

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148.	van den Akker Dennis	63	08-021	1:42.60	25m	23-10-77	Zandvoort (NED)	102
149.	Smit Arend	88	08-021	1:42.87	25m	11-6-00	Haarlem (NED)	102
150.	Ijntema Tjeerd	99	08-021	1:43.12	25m	18-2-16	Heemskerk (NED)	101
151.	Oortwijn Guido	78	08-021	1:43.30	25m	3-11-91	Assendelft (NED)	100
152.	de Rooij Roel	87	08-021	1:43.70	25m	9-5-99	Zaandam (NED)	99
153.	Yayli Serkan	92	08-021	1:43.84	25m	28-11-04	Heemskerk (NED)	99
154.	Roosendaal Ben	66	08-021	1:45.80	25m	22-11-80	Heemskerk (NED)	93
155.	Wassenaar Joris	01	08-021	1:45.96	25m	30-1-14	Heemskerk (NED)	93
156.	van Sleen Robin	90	08-021	1:46.27	25m	21-4-03	Haarlem	92
157.	Boonacker Wietse	68	08-021	1:46.90	25m	31-5-80	Heemskerk (NED)	90
158.	Huisman Rene	69	08-021	1:47.10	25m	16-1-83	Heemskerk (NED)	90
159.	Josselet Bart	84	08-021	1:48.00	25m	17-1-99	Heemskerk (NED)	88
160.	Snel Jeffrey	86	08-021	1:49.09	25m	17-2-00	Heemskerk (NED)	85
161.	de Buyzer Eelco	64	08-021	1:49.10	25m	13-10-79	Heemskerk (NED)	85
162.	van Heerwaarden Stefan	70	08-021	1:49.90	25m	16-1-83	Heemskerk (NED)	83
163.	Veldhuis Christian	88	08-021	1:51.01	25m	18-11-01	Heemskerk	81
164.	Litjens Olaf	99	08-021	1:51.03	25m	9-2-12	Heemskerk (NED)	81
165.	Groot Sander	88	08-021	1:51.04	25m	6-2-00	Haarlem (NED)	81
166.	Zwart Mees	10	08-021	1:51.66	25m	27-2-25	Heemskerk (NED)	79
167.	Smit Rob	69	08-021	1:52.00	25m	4-10-80	Heemskerk (NED)	79
167.	Mulder Mark	97	08-021	1:52.00	25m	9-2-12	Heemskerk (NED)	79
169.	Kooistra André	88	08-021	1:52.12	25m	6-2-00	Haarlem (NED)	78
170.	de Caluwé Thijs	82	08-021	1:52.80	25m	19-2-95	Assendelft (NED)	77
171.	van Duivenvoorde Bram	12	08-021	1:52.86	25m	6-4-25	Purmerend (NED)	77
172.	Teufer Lorentz	96	08-021	1:53.40	25m	30-11-06	Heemskerk	76
173.	Rasch Wilco	68	08-021	1:53.60	25m	4-10-80	Heemskerk (NED)	75
174.	Aardenburg Koen	91	08-021	1:53.73	25m	24-2-05	Heemskerk (NED)	75
175.	ten Cate Raymond	82	08-021	1:54.10	25m	27-4-95	Heemskerk (NED)	74
176.	Klemann Joshua	13	08-021	1:54.44	25m	19-2-26	Heemskerk (NED)	74
177.	van Lieshout Martin	76	08-021	1:55.00	25m	8-11-87	Heemskerk (NED)	73
178.	Leegwater Liam	11	08-021	1:55.38	25m	2-2-23	Heemskerk (NED)	72
179.	van Hardeveld Richard	69	08-021	1:56.00	25m	18-10-81	Heemskerk (NED)	71
180.	Jacobs Patrick	87	08-021	1:56.25	25m	16-4-01	Haarlem (NED)	70
181.	Hoogeterp Klaas	67	08-021	1:57.30	25m	30-11-80	Heemskerk (NED)	68
182.	Piek Roy	89	08-021	1:57.69	25m	28-2-02	Heemskerk	68
183.	Arends Peter	79	08-021	1:58.40	25m	4-2-93	Heemskerk (NED)	66
184.	Huis in 't Veld Lorenzo	03	08-021	1:58.99	25m	2-10-16	Purmerend (NED)	65
185.	Kloppenburger Albert	82	08-021	1:59.00	25m	15-1-94		65
186.	Sikkema Joris	86	08-021	1:59.09	25m	22-4-99	Heemskerk (NED)	65
187.	van Tilburg Beau	07	08-021	2:01.01	25m	19-1-20	Zaandam (NED)	62
188.	Heeremans Tim	78	08-021	2:01.30	25m	6-12-89		62
189.	Jong Ron	77	08-021	2:03.50	25m	7-12-89	Heemskerk (NED)	59
190.	Sadeghi Hosseen	90	08-021	2:05.06	25m	27-11-03	Heemskerk (NED)	56
191.	Komen Berend	97	08-021	2:06.64	25m	3-3-11	Heemskerk (NED)	54
192.	Ramaakers Raymond	91	08-021	2:06.78	25m	9-11-03	Zaandam	54
193.	Gouweleeuw Raymond	88	08-021	2:08.24	25m	6-2-00	Haarlem (NED)	52
194.	Schipper Erik	72	08-021	2:08.30	25m	13-3-83	Castricum (NED)	52
195.	van de Wijst Peter	69	08-021	2:09.00	25m	4-10-80	Heemskerk (NED)	51
196.	Apeldoorn Alex	89	08-021	2:10.17	25m	1-10-00	Zaandam (NED)	50
197.	Ayari Mohammed	13	08-021	2:10.46	25m	19-2-26	Heemskerk (NED)	50
198.	Zonneveld Alex	90	08-021	2:11.01	25m	30-9-01	Zaandam (NED)	49
199.	Teufer Florian	95	08-021	2:14.05	25m	8-10-06	Zaandam (NED)	46
200.	Welboren Mark	87	08-021	2:17.99	25m	4-10-98	Haarlem (NED)	42

100 vlinderslag (sinds 201)

201.	van Heerwaarden Gerard	70	08-021	2:31.80	25m	4-10-80	Heemskerk (NED)	31
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**200 vlinderslag**

1.	Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2.	Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
3.	Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
4.	van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
5.	Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
6.	Druyven Jorrick	94	08-021	2:26.21	25m	16-3-08	Zaandam (NED)	409
7.	Jongert Sjoerd	01	08-021	2:27.30	25m	6-4-25	Purmerend (NED)	400
8.	Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
9.	Camphuijnder Jasper	05	08-021	2:30.72	25m	16-2-25	Haarlem (NED)	373
10.	Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
11.	Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
12.	van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
13.	Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
14.	Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
15.	Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
16.	Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
17.	Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
18.	Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
19.	van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
20.	Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
21.	Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
22.	de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
23.	Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
24.	Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
25.	de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246
26.	Lamers Koen	91	08-021	2:53.34	25m	21-1-07	Zaandam (NED)	245
27.	Breton Wouter	89	08-021	2:54.04	25m	15-2-26	Haarlem (NED)	242
28.	Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)	239
29.	Crok Pieter	91	08-021	2:54.98	25m	18-2-10	Heemskerk (NED)	238
30.	de Vijlder Michael	75	08-021	2:55.40	25m	4-2-96	Heerhugowaard (NED)	237
31.	Steenbergen Roderik	82	08-021	2:56.54	25m	27-11-03	Heemskerk (NED)	232
32.	Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)	228
33.	Oortwijn Maarten	80	08-021	2:59.80	25m	4-2-96	Heerhugowaard (NED)	220
34.	Krijger Jan-Willem	81	08-021	3:01.20	25m	29-3-98	Heemstede (NED)	215
35.	Bok Reitze	73	08-021	3:03.10	25m	8-4-90	Volendam (NED)	208
36.	Verbree John	61	08-021	3:03.50	25m	18-4-82		207
37.	Hagebout Marcel	68	08-021	3:04.10	25m	7-3-82		205
38.	Butter Joris	86	08-021	3:04.27	25m	27-11-03	Heemskerk (NED)	204
39.	van der Kroft Barry	82	08-021	3:04.36	25m	20-12-01	Heemskerk	204
40.	Kuijper Alex	08	08-021	3:05.77	25m	15-2-26	Haarlem (NED)	199
41.	Butter Stijn	11	08-021	3:06.02	25m	15-2-26	Haarlem (NED)	198
42.	Palmboom Pascal	89	08-021	3:07.03	25m	24-11-05	Heemskerk (NED)	195
43.	Kramer Vincent	82	08-021	3:07.07	25m	26-4-01	Heemskerk (NED)	195
44.	de Boer Tobias	02	08-021	3:07.20	25m	13-12-15	Zaandam (NED)	195
45.	Hoening Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk	178
46.	Stam Daniël	79	08-021	3:13.30	25m	9-3-97	Alkmaar (NED)	177
47.	Blaauw Mica	05	08-021	3:13.98	25m	15-2-26	Haarlem (NED)	175
48.	Korzelius Ron	65	08-021	3:14.40	25m	18-4-82		174
49.	de Ruijter René	86	08-021	3:16.63	25m	27-11-03	Heemskerk (NED)	168

200 vlinderslag (sinds 50)

50.	Wassenaar Marcel	69	08-021	3:21.43	25m	18-2-10	Heemskerk (NED)	156
51.	Hermans Luuk	85	08-021	3:28.56	25m	26-4-01	Heemskerk (NED)	141
52.	Wolf Gert Jan	65	08-021	3:28.90	25m	18-4-82		140
53.	van Hannen Erik	67	08-021	3:30.00	25m	7-3-82		138
54.	van Vegten Teun	01	08-021	3:32.65	25m	19-4-15	Zaandam (NED)	133
55.	de Vries Allard	96	08-021	3:35.46	25m	12-2-12	Heemstede (NED)	127
56.	Vlieland Roy	99	08-021	3:37.53	25m	14-4-13	Zaandam (NED)	124
57.	de Vries Dylan	93	08-021	3:38.56	25m	18-2-10	Heemskerk (NED)	122
58.	Martijn Onno	91	08-021	3:39.76	25m	24-11-05	Heemskerk (NED)	120
59.	Steijn Daan	11	08-021	3:47.82	25m	15-2-26	Haarlem (NED)	108
60.	Borst Corné	96	08-021	3:49.00	25m	21-3-10	Zaandam (NED)	106
61.	Gaal Koen	99	08-021	3:49.53	25m	18-3-12	Zaandam (NED)	105
62.	Woudsma Stefan	00	08-021	3:50.49	25m	15-12-13	Zaandam (NED)	104
63.	Tuinstra Sean	98	08-021	4:09.01	25m	12-12-10	Zaandam (NED)	82

1000 vlinderslag

1.	Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)	
2.	Jongert Jeroen	96	08-021	15:22.75	25m	7-1-24	Haarlem (NED)	
3.	Breton Wouter	89	08-021	15:55.73	25m	15-2-26	Haarlem (NED)	
4.	Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)	
5.	Blaauw Mica	05	08-021	17:48.95	25m	15-2-26	Haarlem (NED)	

75 wisselslag

1.	Breton Tiemo	16	08-021	1:53.01	25m	9-11-25	Zaandam (NED)	
2.	Boudewijn Ruben	17	08-021	1:54.44	25m	9-11-25	Zaandam (NED)	
3.	Breton Hugo	17	08-021	1:54.91	25m	9-11-25	Zaandam (NED)	

100 wisselslag

1.	Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2.	Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3.	Breton Wouter	89	08-021	1:02.53	25m	5-10-25	Purmerend (NED)	520
4.	Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
5.	Jongert Sjoerd	01	08-021	1:03.79	25m	8-5-25	Heemskerk (NED)	490
6.	Gaal Roel	01	08-021	1:04.20	25m	24-11-19	Hoofddorp (NED)	480
7.	Oudendijk Paul	81	08-021	1:04.36	25m	25-2-06	Hoor (NED)	477
8.	Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
9.	Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
10.	Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
11.	van der Gracht Jory	87	08-021	1:06.35	25m	7-1-12	Hoor (NED)	435
12.	de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
13.	Butter Martijn	79	08-021	1:06.54	25m	29-5-08	Heemskerk (NED)	431
14.	Druyven Jorrick	94	08-021	1:06.58	25m	29-5-08	Heemskerk (NED)	431
15.	Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
16.	Camphuijnder Jasper	05	08-021	1:07.04	25m	27-10-24	Zaandam (NED)	422
17.	Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
18.	Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
19.	Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
20.	van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
20.	Oortwijn Kalle	05	08-021	1:07.95	25m	21-1-23	Hoofddorp (NED)	405
22.	Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404

100 wisselslag (sinds 23)

23.	Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	Ijmuiden (NED)	400
24.	Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
25.	van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396
26.	Essers Tim	88	08-021	1:08.53	25m	30-12-05	Maastricht (NED)	395
27.	de Ruijter Richard	88	08-021	1:08.56	25m	11-1-04	Zuidoostbeemster (NED)	394
28.	Tijms Stefan	93	08-021	1:08.76	25m	17-5-18	Heemskerk (NED)	391
29.	de Boer Stephan	83	08-021	1:08.90	25m	18-2-99	Heemskerk (NED)	389
30.	Steenbergen Roderik	82	08-021	1:09.18	25m	10-12-00	Heemskerk (NED)	384
31.	Kranenburg Fred	63	08-021	1:09.20	25m	31-5-80	Heemskerk (NED)	384
31.	Schaaper Hans	68	08-021	1:09.20	25m	31-12-88		384
31.	Keessen Jeroen	67	08-021	1:09.20	25m	9-12-90	Volendam (NED)	384
34.	Hermans Luuk	85	08-021	1:09.21	25m	7-11-04	Ijmuiden (NED)	383
34.	Di Mattia Angelo	97	08-021	1:09.21	25m	8-3-15	Zaandam (NED)	383
36.	Blaauw Mica	05	08-021	1:09.23	25m	8-5-25	Heemskerk (NED)	383
37.	Stins Arnold	83	08-021	1:09.28	25m	26-4-01	Heemskerk (NED)	382
38.	Tamis Thijs	82	08-021	1:09.55	25m	24-3-02	Heemstede	378
39.	Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83		366
40.	van Rookhuizen Barry	82	08-021	1:10.53	25m	17-10-99	Zaandam (NED)	362
41.	van der Kroft Barry	82	08-021	1:10.77	25m	25-9-03	Heemskerk (NED)	359
42.	Ayari Adam	08	08-021	1:10.79	25m	12-10-25	Heemskerk (NED)	358
43.	de Vries Allard	96	08-021	1:11.20	25m	9-3-14	Zaandam (NED)	352
44.	de Vijlder Michael	75	08-021	1:11.60	25m	15-12-96	Heemskerk (NED)	346
45.	Hoening Jarl	86	08-021	1:11.72	25m	25-9-03	Heemskerk (NED)	344
46.	Groen Jarno	01	08-021	1:11.89	25m	17-5-18	Heemskerk (NED)	342
47.	Butter Joris	86	08-021	1:12.14	25m	25-9-03	Heemskerk (NED)	338
48.	Dijkstra Menno	68	08-021	1:12.20	25m	15-3-87	Heemskerk (NED)	338
49.	Stam Daniël	79	08-021	1:12.30	25m	1-9-96	Assendelft (NED)	336
50.	Palmboom Pascal	89	08-021	1:12.40	25m	25-10-07	Heemskerk (NED)	335
51.	Bok Reitze	73	08-021	1:12.80	25m	9-12-90	Volendam (NED)	329
52.	Schaaper Bart	73	08-021	1:13.00	25m	31-12-88		327
53.	Kuijper Alex	08	08-021	1:13.09	25m	5-10-25	Purmerend (NED)	325
54.	Verbree John	61	08-021	1:13.20	25m	31-5-80	Heemskerk (NED)	324
55.	Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden	323
56.	Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)	317
57.	Goverde Ad	59	08-021	1:13.90	25m	31-5-80	Heemskerk (NED)	315
58.	Woudsma Stefan	00	08-021	1:13.98	25m	18-12-16	Heemskerk (NED)	314
59.	Wiegman Stefan	74	08-021	1:14.00	25m	12-1-89	Heemskerk (NED)	314
60.	Wassenaar Marcel	69	08-021	1:14.20	25m	12-1-89	Heemskerk (NED)	311
61.	Oortwijn Maarten	80	08-021	1:14.30	25m	23-3-97	Volendam (NED)	310
62.	Dekker Ruben	93	08-021	1:14.36	25m	29-9-05	Heemskerk (NED)	309
63.	Hulshof Patrick	75	08-021	1:14.50	25m	14-3-91	Heemskerk (NED)	307
64.	Plokker Robert	65	08-021	1:14.70	25m	17-2-80	Heerhugowaard (NED)	305
65.	Schoonakker Mick	07	08-021	1:14.73	25m	20-10-24	Heemskerk (NED)	304
66.	de Ruijter René	86	08-021	1:14.78	25m	14-11-04	Zaandam (NED)	304
67.	Lamers Koen	91	08-021	1:14.88	25m	30-12-06	Maastricht (NED)	303
68.	Herwegh Dink	11	08-021	1:15.03	25m	8-5-25	Heemskerk (NED)	301
69.	Zwaan Bas	76	08-021	1:15.10	25m	15-4-93	Heemskerk (NED)	300
70.	Butter Stijn	11	08-021	1:15.11	25m	1-3-26	Aalsmeer (NED)	300
71.	de Caluwé Niels	91	08-021	1:15.33	25m	19-4-07	Heemskerk (NED)	297
72.	van Vegten Teun	01	08-021	1:15.42	25m	11-5-17	Heemskerk (NED)	296
73.	van de Laar Viktor	05	08-021	1:15.51	25m	10-3-24	Purmerend (NED)	295
74.	Beentjes Bastiaan	78	08-021	1:15.61	25m	14-11-99	Zaandam (NED)	294
75.	Krijger Jan-Willem	81	08-021	1:15.80	25m	30-11-97	Alkmaar (NED)	292

100 wisselslag (sinds 76)

76.	Goverde Jeroen	73	08-021	1:16.30	25m	30-12-89	286
77.	van Honschoten Jacky	67	08-021	1:16.50	25m	7-2-82	284
77.	van der Bunt Raymond	73	08-021	1:16.50	25m	15-5-91	284
79.	Martijn Onno	91	08-021	1:16.61	25m	25-10-07 Heemskerk (NED)	283
80.	de Boer Daniël	77	08-021	1:16.70	25m	10-9-95 Assendelft (NED)	282
81.	Andeweg Celedonio	76	08-021	1:16.90	25m	5-2-95 Assendelft (NED)	279
82.	van Duin Peter	65	08-021	1:17.10	25m	31-5-80 Heemskerk (NED)	277
82.	Schaap Paul	75	08-021	1:17.10	25m	4-2-90 Volendam (NED)	277
84.	Switser René	75	08-021	1:17.20	25m	4-2-90 Volendam (NED)	276
85.	Bal Chester	78	08-021	1:17.60	25m	10-12-95 Heemskerk (NED)	272
86.	Dekker Rudie	78	08-021	1:17.90	25m	5-2-95 Assendelft (NED)	269
87.	Windmuller Ton	62	08-021	1:18.10	25m	8-12-79 Heemskerk (NED)	267
88.	Voorn Max	05	08-021	1:18.46	25m	19-9-21 Zaandam (NED)	263
89.	Dekker Erik	62	08-021	1:18.60	25m	31-5-80 Heemskerk (NED)	262
90.	Schillemans Bram	99	08-021	1:18.72	25m	19-5-16 Heemskerk (NED)	260
91.	Zonneveld Jeroen	78	08-021	1:19.00	25m	5-10-97 Zaandam (NED)	258
92.	van Hannen Erik	67	08-021	1:19.20	25m	6-2-83	256
93.	Blaauw Eric	67	08-021	1:19.49	25m	26-4-12 Heemskerk (NED)	253
94.	Duin Goos	00	08-021	1:19.62	25m	19-5-16 Heemskerk (NED)	252
95.	de Wildt Thijs	94	08-021	1:19.93	25m	29-11-09 Heemskerk (NED)	249
95.	de Vries Dylan	93	08-021	1:19.93	25m	17-4-14 Heemskerk (NED)	249
97.	Oortwijn Bouke	78	08-021	1:20.09	25m	9-4-23 Haarlem (NED)	247
98.	van de Sluis Nicolai	66	08-021	1:20.40	25m	6-9-80 Z.O. Beemster (NED)	244
99.	Borst Corné	96	08-021	1:20.68	25m	1-4-12 Zaandam (NED)	242
100.	Zijlstra Jeroen	80	08-021	1:20.80	25m	1-10-95 Heemskerk (NED)	241
101.	de Caluwe Johan	64	08-021	1:20.90	25m	31-5-80 Heemskerk (NED)	240
102.	Kemmeren Andre	88	08-021	1:20.93	25m	30-9-04 Heemskerk (NED)	240
103.	Wolf Gert Jan	65	08-021	1:21.00	25m	17-2-80 Heerhugowaard (NED)	239
104.	Vlieland Roy	99	08-021	1:21.16	25m	25-4-13 Heemskerk (NED)	238
105.	Hoening Sten	84	08-021	1:21.19	25m	9-6-03 Z.o. Beemster	237
106.	Verdonk Pim	63	08-021	1:21.30	25m	8-12-79 Heemskerk (NED)	236
107.	Koopman Axel	92	08-021	1:21.32	25m	26-3-06 Purmerend (NED)	236
108.	de Boer Tobias	02	08-021	1:21.36	25m	9-10-16 Alkmaar (NED)	236
109.	Roosendaal Ben	66	08-021	1:21.60	25m	31-8-80 Heemskerk (NED)	234
109.	Nolte Martijn	74	08-021	1:21.60	25m	20-12-86 Hilversum (NED)	234
111.	Tuinstra Sean	98	08-021	1:21.64	25m	7-4-13 Castricum (NED)	233
112.	Blaauw Xam	07	08-021	1:21.67	25m	16-11-25 Purmerend (NED)	233
113.	Ijntema Tjeerd	99	08-021	1:21.68	25m	19-5-16 Heemskerk (NED)	233
114.	de Weert Sander	72	08-021	1:22.12	25m	13-5-12 Grootebroek (NED)	229
115.	Tijms Eric	64	08-021	1:22.36	25m	26-4-12 Heemskerk (NED)	227
116.	de Caluwe Perry	61	08-021	1:22.50	25m	8-12-79 Heemskerk (NED)	226
117.	Besse Niels	72	08-021	1:22.80	25m	4-2-90 Volendam (NED)	224
117.	Paap Jaidy	08	08-021	1:22.80	25m	12-10-25 Heemskerk (NED)	224
119.	Doodeman Niels	89	08-021	1:22.93	25m	27-9-01 Heemskerk	223
120.	Kerdijk Dennis	79	08-021	1:23.10	25m	4-2-96 Heerhugowaard (NED)	221
121.	Oortwijn Bjarne	07	08-021	1:23.36	25m	20-10-24 Heemskerk (NED)	219
122.	Meijer Viggo	06	08-021	1:23.63	25m	25-5-23 Heemskerk (NED)	217
123.	Korzelius Ron	65	08-021	1:23.80	25m	8-11-80 Heemskerk (NED)	216
124.	Wassenaar Edwin	72	08-021	1:24.30	25m	12-1-89 Heemskerk (NED)	212
125.	Smit Erik	64	08-021	1:25.30	25m	8-11-80 Heemskerk (NED)	205
126.	Frederiks Stan	09	08-021	1:25.59	25m	4-4-24 Heemskerk (NED)	202
127.	Woudsma Maarten	01	08-021	1:26.37	25m	19-5-16 Heemskerk (NED)	197
128.	van Heerwaarden Chiel	05	08-021	1:26.59	25m	11-4-19 Heemskerk (NED)	196

100 wisselslag (sinds 129)

129.	de Roode Jeremiah	99	08-021	1:26.75	25m	14-4-11	Heemskerk (NED)	194
130.	de Groot Peter	80	08-021	1:26.80	25m	16-10-94	Heemskerk (NED)	194
131.	Kemper Marcel	65	08-021	1:27.00	25m	8-11-80	Heemskerk (NED)	193
132.	Steijn Twan	13	08-021	1:28.54	25m	8-3-26	Haarlem (NED)	183
133.	Nijland Yorán	05	08-021	1:29.75	25m	10-12-17	Zaandam (NED)	176
134.	Missot Paul	64	08-021	1:30.40	25m	9-11-75	Alkmaar (NED)	172
135.	Bleijendaal Thomas	88	08-021	1:30.76	25m	25-9-03	Heemskerk (NED)	170
136.	Leegwater Liam	11	08-021	1:31.05	25m	4-6-23	Haarlem (NED)	168
137.	de Buyzer Eelco	64	08-021	1:31.10	25m	8-12-79	Heemskerk (NED)	168
138.	Arends Martin	81	08-021	1:31.30	25m	16-6-93		167
139.	Schipper Erik	72	08-021	1:31.60	25m	12-2-84	Heemskerk (NED)	165
140.	van Duivenvoorde Bram	12	08-021	1:31.64	25m	8-5-25	Heemskerk (NED)	165
141.	Tholen Martijn	72	08-021	1:31.70	25m	12-2-84	Heemskerk (NED)	165
142.	Yayli Serkan	92	08-021	1:31.72	25m	7-11-04	IJmuiden (NED)	164
143.	Steijn Daan	11	08-021	1:31.84	25m	8-5-25	Heemskerk (NED)	164
144.	Zwart Mees	10	08-021	1:31.94	25m	8-5-25	Heemskerk (NED)	163
145.	Jacobs Patrick	87	08-021	1:32.12	25m	27-9-01	Heemskerk	162
146.	van Lieshout Martin	76	08-021	1:32.30	25m	18-9-88	Heemskerk (NED)	161
147.	Kooistra André	88	08-021	1:32.43	25m	23-1-00	Heemskerk (NED)	161
148.	de Rooij Roel	87	08-021	1:32.61	25m	29-11-98	Zuidoost Beemster (NED)	160
149.	van Rijn Michael	70	08-021	1:32.90	25m	10-1-82	Wormerveer (NED)	158
150.	Boonacker Wietse	68	08-021	1:33.20	25m	2-3-80	Heemskerk (NED)	157
151.	Vessies Max	03	08-021	1:33.24	25m	7-9-14	Zaandam (NED)	156
152.	van Rixel Ferry	64	08-021	1:33.80	25m	12-2-78	Heemskerk (NED)	154
153.	Veldhuis Christian	88	08-021	1:33.81	25m	27-9-01	Heemskerk	154
154.	van Rijn Ian	05	08-021	1:33.88	25m	11-5-17	Heemskerk (NED)	153
155.	Oortwijn Guido	78	08-021	1:34.00	25m	16-5-91	Heemskerk (NED)	153
156.	Josselet Bart	84	08-021	1:34.30	25m	15-11-98	Zaandam (NED)	151
157.	Rasch Wilco	68	08-021	1:34.40	25m	8-11-80	Heemskerk (NED)	151
158.	Koning Arthur	96	08-021	1:34.47	25m	19-11-09	Heemskerk (NED)	150
159.	Groot Sander	88	08-021	1:34.53	25m	23-1-00	Heemskerk (NED)	150
160.	Kaal Dennis	74	08-021	1:34.80	25m	12-1-89	Heemskerk (NED)	149
161.	van Baal Elvin	86	08-021	1:34.81	25m	27-9-01	Heemskerk	149
162.	Vink Gé	60	08-021	1:34.93	25m	21-2-09	Heerenveen (NED)	148
163.	de Vriend Ruben	03	08-021	1:35.00	25m	10-11-13	Zaandam (NED)	148
164.	Dam Norbert	92	08-021	1:35.04	25m	4-4-04	Zaandam	148
165.	Vos Daniël	91	08-021	1:35.09	25m	29-9-05	Heemskerk (NED)	148
166.	van der Linden René	70	08-021	1:35.20	25m	10-1-82	Wormerveer (NED)	147
167.	Sikkema Joris	86	08-021	1:35.43	25m	13-12-98	Heemskerk (NED)	146
168.	Wassenaar Joris	01	08-021	1:35.78	25m	25-4-13	Heemskerk (NED)	144
169.	de Caluwé Thijs	82	08-021	1:35.80	25m	29-10-95	Castricum (NED)	144
170.	Huis in 't Veld Lorenzo	03	08-021	1:35.81	25m	9-10-16	Alkmaar (NED)	144
171.	van Sleeb Robin	90	08-021	1:35.94	25m	26-9-02	Heemskerk	144
172.	Hoogeterp Klaas	67	08-021	1:36.10	25m	31-8-80	Heemskerk (NED)	143
173.	Ursem Rob	69	08-021	1:36.30	25m	17-5-81	Castricum (NED)	142
174.	Hoekstra Marcel	78	08-021	1:36.70	25m	13-12-87	Assendelft (NED)	140
174.	Arends Peter	79	08-021	1:36.70	25m	16-6-93		140
176.	de Wit Matthew	97	08-021	1:37.05	25m	17-5-18	Heemskerk (NED)	139
177.	Smit Arend	88	08-021	1:37.47	25m	25-5-00	Heemskerk (NED)	137
178.	Ramaakers Raymond	91	08-021	1:37.59	25m	25-9-03	Heemskerk (NED)	136
179.	Jong Ron	77	08-021	1:37.80	25m	5-11-89	Heemskerk (NED)	136
179.	Thijssen Dave	82	08-021	1:37.80	25m	26-1-95	Heemskerk (NED)	136
181.	Bleijendaal Lucas	83	08-021	1:37.90	25m	29-10-95	Castricum (NED)	135

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182.	Litjens Olaf	99	08-021	1:38.43	25m	2-10-11	Heemskerk (NED)	133
183.	Huisman Rene	69	08-021	1:38.70	25m	17-5-81	Castricum (NED)	132
184.	Oudendijk Hans	54	08-021	1:39.10	25m	17-3-07	Lelystad (NED)	130
185.	Manshanden Davy	68	08-021	1:39.30	25m	2-3-80	Heemskerk (NED)	129
186.	van Heerwaarden Gerard	70	08-021	1:39.40	25m	24-1-82		129
187.	Crok Dirk	58	08-021	1:39.44	25m	29-5-08	Heemskerk (NED)	129
188.	Kloppenburg Albert	82	08-021	1:39.50	25m	16-6-93		129
189.	Heeremans Tim	78	08-021	1:40.00	25m	31-12-89	Heemskerk (NED)	127
190.	Smit Rob	69	08-021	1:40.30	25m	2-3-80	Heemskerk (NED)	126
191.	Teufer Lorentz	96	08-021	1:40.33	25m	28-9-06	Heemskerk (NED)	126
191.	van Dijk Mitchell	99	08-021	1:40.33	25m	7-2-10	Heemstede (NED)	126
193.	de Groot Michiel	91	08-021	1:40.46	25m	25-9-03	Heemskerk (NED)	125
194.	Ursem Jerre	73	08-021	1:40.70	25m	12-2-84	Heemskerk (NED)	124
195.	Zwaan Nick	94	08-021	1:41.51	25m	5-6-04	Zaandam (NED)	121
196.	Welboren Mark	87	08-021	1:41.88	25m	15-11-98	Zaandam (NED)	120
197.	de Wit Job	98	08-021	1:41.97	25m	6-1-08	Alkmaar (NED)	120
198.	van Hardeveld Richard	69	08-021	1:42.30	25m	27-9-80	Heemskerk (NED)	118
199.	Liu Andy	04	08-021	1:42.32	25m	11-5-17	Heemskerk (NED)	118
200.	de Rooij Coen	89	08-021	1:43.43	25m	8-5-99	Zuidoost Beemster (NED)	115
201.	Piek Roy	89	08-021	1:43.69	25m	27-9-01	Heemskerk	114
202.	Zonneveld Alex	90	08-021	1:44.02	25m	25-10-01	Heemskerk	113
202.	Aardenburg Koen	91	08-021	1:44.02	25m	27-1-05	Heemskerk (NED)	113
204.	van Heerwaarden Stefan	70	08-021	1:44.10	25m	24-1-82		112
205.	Feyen Erik	66	08-021	1:44.70	25m	10-12-77	Heemskerk (NED)	110
206.	Welp Marco	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	110
207.	van der Gracht Adrie	57	08-021	1:44.82	25m	21-2-15	Heerenveen (NED)	110
208.	Welboren Mischa	89	08-021	1:46.22	25m	15-11-98	Zaandam (NED)	106
209.	Komen Berend	97	08-021	1:46.39	25m	3-10-10	Zaandam (NED)	105
210.	Klemann Joshua	13	08-021	1:46.86	25m	16-11-25	Purmerend (NED)	104
211.	van Tilburg Beau	07	08-021	1:47.22	25m	11-4-19	Heemskerk (NED)	103
212.	Bruins Jacco	67	08-021	1:47.60	25m	8-12-79	Heemskerk (NED)	102
213.	Teufer Florian	95	08-021	1:47.97	25m	28-9-06	Heemskerk (NED)	101
214.	Ayari Mohammed	13	08-021	1:48.19	25m	16-11-25	Purmerend (NED)	100
215.	Verhagen Bart	85	08-021	1:49.10	25m	14-1-96	Zuidoost Beemster (NED)	98
216.	Sadeghi Hosseen	90	08-021	1:49.88	25m	25-9-03	Heemskerk (NED)	95
217.	Visvaligam Athithiyan	02	08-021	1:50.23	25m	10-11-13	Zaandam (NED)	95
218.	Buur Michael	87	08-021	1:50.30	25m	7-5-98	Heemskerk (NED)	94
219.	ten Cate Raymond	82	08-021	1:50.70	25m	19-1-94		93
220.	van de Wijst Peter	69	08-021	1:50.80	25m	8-11-80	Heemskerk (NED)	93
221.	Baltjes Timo	09	08-021	1:50.99	25m	2-6-22	Heemskerk (NED)	93
222.	Gouweleeuw Raymond	88	08-021	1:51.26	25m	4-11-99	Heemskerk (NED)	92
223.	van de Sluis Erwin	71	08-021	1:52.10	25m	28-11-81	Heemskerk (NED)	90
224.	van Hoytema Max	98	08-021	1:52.28	25m	7-2-10	Heemstede (NED)	89
225.	Jong Gregory	80	08-021	1:53.00	25m	4-2-90	Assendelft (NED)	88
226.	Apeldoorn Alex	89	08-021	1:53.09	25m	25-5-00	Heemskerk (NED)	87
227.	Jansen Davy	15	08-021	1:53.84	25m	8-3-26	Krommenie (NED)	86
228.	Handgraaf Jos	87	08-021	1:54.55	25m	14-11-99	Zaandam (NED)	84
229.	Beeksma Coen	90	08-021	1:54.86	25m	11-11-01	Zaandam	83
230.	van Els Thomas	82	08-021	1:55.20	25m	19-1-94		83
231.	de Groot Pieter	83	08-021	1:55.60	25m	7-11-93	Assendelft (NED)	82
232.	Ukkerman Benz	02	08-021	1:55.62	25m	17-4-14	Heemskerk (NED)	82
233.	Verhagen Michel	82	08-021	1:56.10	25m	26-1-95	Heemskerk (NED)	81
234.	van Lieshout Rick	78	08-021	1:56.70	25m	16-5-91	Heemskerk (NED)	80

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235.	de Weers Luuk	13	08-021	1:58.09	25m	25-5-23	Heemskerk (NED)	77
236.	van Wijk Peter	87	08-021	1:58.97	25m	26-11-98	Heemskerk (NED)	75
237.	Wassenaar Teun	03	08-021	1:59.13	25m	25-4-13	Heemskerk (NED)	75
238.	Mulder Mark	97	08-021	2:00.85	25m	27-4-06	Heemskerk	72
239.	de Boer Sem	02	08-021	2:00.87	25m	26-4-12	Heemskerk (NED)	72
240.	Cekic Deniz	97	08-021	2:01.05	25m	29-5-08	Heemskerk (NED)	71
241.	van Leeuwen Elbert	73	08-021	2:02.10	25m	10-4-83	Heemskerk (NED)	69
242.	Viel Stefan	88	08-021	2:05.20	25m	7-5-98	Heemskerk (NED)	64
243.	Verhagen Jeroen	84	08-021	2:10.20	25m	14-12-95	Heemskerk (NED)	57
244.	Glorie Jan	57	08-021	2:10.28	25m	18-2-12	Heerenveen (NED)	57
245.	van der Meijden Mats	14	08-021	2:10.46	25m	8-3-26	Krommenie (NED)	57
246.	van der Berg Job	98	08-021	2:12.50	25m	22-1-09	Heemskerk (NED)	54
247.	Grapendaal Aad	42	08-021	2:18.10	25m	23-4-15	Heemskerk (NED)	48

150 wisselslag

1.	Huskins James	16	08-021	3:11.98	25m	8-3-26	Krommenie (NED)	
2.	Breton Tiemo	16	08-021	3:32.02	25m	8-3-26	Krommenie (NED)	
3.	Boudewijn Ruben	17	08-021	3:35.68	25m	8-3-26	Krommenie (NED)	

200 wisselslag

1.	Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2.	Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3.	Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4.	Oudendijk Paul	81	08-021	2:18.77	25m	22-1-06	Emmeloord (NED)	493
5.	Jongert Sjoerd	01	08-021	2:20.99	25m	10-2-19	Purmerend (NED)	470
6.	Breton Wouter	89	08-021	2:21.17	25m	15-3-26	Heemskerk (NED)	468
7.	Camphuijnder Wilko	69	08-021	2:21.20	25m	6-4-97	Heemskerk (NED)	468
8.	Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
9.	van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
10.	Gaal Roel	01	08-021	2:24.27	25m	3-11-19	Purmerend (NED)	438
11.	Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
12.	Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
13.	Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
14.	Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
15.	de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
16.	Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
17.	Druyven Jorrick	94	08-021	2:26.61	25m	24-3-08	Haarlem (NED)	418
18.	Camphuijnder Jasper	05	08-021	2:26.73	25m	29-1-23	Heemskerk (NED)	417
19.	Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoom (NED)	413
20.	Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
21.	Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
22.	Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
23.	van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
24.	Oortwijn Kalle	05	08-021	2:29.34	25m	29-1-23	Heemskerk (NED)	395
25.	van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
26.	Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387
27.	Tamis Thijs	82	08-021	2:30.53	25m	8-9-02	Heemskerk	386
28.	Blaauw Mica	05	08-021	2:30.68	25m	15-3-26	Heemskerk (NED)	385
29.	Kerkhof Arno	72	08-021	2:31.50	25m	11-2-90	Heemskerk (NED)	378
30.	de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)	376
31.	Kranenburg Fred	63	08-021	2:32.00	25m	11-12-83	Heemskerk (NED)	375

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32.	Tijms Stefan	93	08-021	2:32.09	25m	13-1-19	Purmerend (NED)	374
33.	Kramer Vincent	82	08-021	2:32.62	25m	28-4-05	Heemskerk (NED)	370
34.	de Ruijter Richard	88	08-021	2:32.66	25m	28-4-05	Heemskerk (NED)	370
35.	Keessen Jeroen	67	08-021	2:32.70	25m	11-12-83	Heemskerk (NED)	370
36.	Korzelius Ron	65	08-021	2:33.10	25m	21-5-87	Heemskerk (NED)	367
37.	Hermans Luuk	85	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)	363
38.	Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)	361
39.	Steenbergen Roderik	82	08-021	2:34.48	25m	16-9-01	Zaandam (NED)	357
40.	Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)	357
41.	van Rijn Michael	70	08-021	2:35.50	25m	31-12-86		350
42.	Pover Peter	69	08-021	2:36.60	25m	7-2-88	Heemskerk (NED)	343
43.	Verbree John	61	08-021	2:37.20	25m	22-3-81	Wieringerwerf (NED)	339
44.	de Vijlder Michael	75	08-021	2:37.40	25m	6-4-97	Heemskerk (NED)	337
45.	Groen Jarno	01	08-021	2:37.95	25m	3-11-19	Purmerend (NED)	334
46.	de Vries Allard	96	08-021	2:38.15	25m	10-11-13	Zaandam (NED)	333
47.	Beentjes Bastiaan	78	08-021	2:38.23	25m	12-3-00	Heemskerk (NED)	332
48.	Hoening Jarl	86	08-021	2:38.62	25m	30-1-03	Heemskerk	330
49.	van der Kroft Barry	82	08-021	2:39.04	25m	25-10-01	Heemskerk	327
50.	Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)	327
51.	Butter Stijn	11	08-021	2:39.84	25m	15-3-26	Heemskerk (NED)	322
52.	Di Mattia Angelo	97	08-021	2:39.88	25m	16-11-14	Zaandam (NED)	322
53.	Wassenaar Marcel	69	08-021	2:40.50	25m	19-3-89	Zaandam (NED)	318
54.	Stam Daniël	79	08-021	2:40.70	25m	19-1-97	Zaandam (NED)	317
55.	Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)	316
56.	van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)	315
57.	Butter Joris	86	08-021	2:41.11	25m	9-11-03	Zaandam	315
58.	Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)	314
59.	Schaaper Bart	73	08-021	2:41.20	25m	18-2-89		314
60.	van Rookhuizen Barry	82	08-021	2:41.58	25m	8-10-00	Heemskerk (NED)	312
61.	Woudsma Stefan	00	08-021	2:41.60	25m	17-1-16	Purmerend (NED)	312
62.	Goverde Ad	59	08-021	2:42.00	25m	27-1-80	Zaandam (NED)	309
63.	Dekker Ruben	93	08-021	2:42.24	25m	15-1-06	Zaandam (NED)	308
64.	Missot Paul	64	08-021	2:42.30	25m	4-11-79	Zaandam (NED)	308
65.	Krijger Jan-Willem	81	08-021	2:42.37	25m	26-11-98	Heemskerk (NED)	307
66.	Zwaan Bas	76	08-021	2:42.70	25m	23-4-95	Castricum (NED)	305
67.	Kuijper Alex	08	08-021	2:42.77	25m	16-11-25	Purmerend (NED)	305
68.	van Beek Klaas	88	08-021	2:42.89	25m	13-4-09	Haarlem (NED)	304
69.	Plokker Robert	65	08-021	2:43.00	25m	10-4-83	Heemskerk (NED)	304
70.	Dijkstra Menno	68	08-021	2:44.20	25m	21-5-87	Heemskerk (NED)	297
71.	Bok Reitze	73	08-021	2:44.60	25m	1-4-90	Zaandam (NED)	295
72.	de Boer Daniël	77	08-021	2:45.10	25m	15-6-95	Heemskerk (NED)	292
73.	Hulshof Patrick	75	08-021	2:45.60	25m	24-3-93		290
74.	Andeweg Celedonio	76	08-021	2:45.70	25m	25-11-90	Heemskerk (NED)	289
75.	Ayari Adam	08	08-021	2:46.25	25m	29-1-23	Heemskerk (NED)	286
76.	Oortwijn Maarten	80	08-021	2:46.50	25m	26-11-95	Heemskerk (NED)	285
77.	Dekker Rudie	78	08-021	2:47.50	25m	5-3-95	Heemskerk (NED)	280
78.	van der Heijden Hans	60	08-021	2:47.70	25m	8-1-77	Heemskerk (NED)	279
79.	Palmboom Pascal	89	08-021	2:48.55	25m	22-1-09	Heemskerk (NED)	275
80.	Schaap Paul	75	08-021	2:48.60	25m	3-12-89	Zaandam (NED)	274
81.	van Duin Peter	65	08-021	2:49.60	25m	28-11-81	Heemskerk (NED)	270
82.	Goverde Jeroen	73	08-021	2:50.30	25m	1-4-90	Zaandam (NED)	266
83.	Oortwijn Bouke	78	08-021	2:50.80	25m	20-1-94	Heemskerk	264
84.	van Vegten Teun	01	08-021	2:51.25	50m	5-2-17	Alkmaar (NED)	295

200 wisselslag (sinds 85)

84.	Schoonakker Mick	07	08-021	2:51.25	25m	12-1-25	Heemskerk (NED)	262
86.	Doodeman Niels	89	08-021	2:52.22	25m	10-3-02	Heemskerk	257
87.	de Ruijter René	86	08-021	2:52.32	25m	29-1-04	Heemskerk (NED)	257
88.	Dekker Erik	62	08-021	2:52.80	25m	27-4-80	Assendelft (NED)	255
89.	Switser René	75	08-021	2:52.90	25m	30-9-89		254
90.	Ursem Jerre	73	08-021	2:53.00	25m	21-5-87	Heemskerk (NED)	254
90.	van der Bunt Raymond	73	08-021	2:53.00	25m	24-2-91	Heemskerk (NED)	254
92.	Deen Peter	59	08-021	2:53.80	25m	31-12-75		250
93.	Blaauw Xam	07	08-021	2:53.84	25m	15-3-26	Heemskerk (NED)	250
94.	Wolf Gert Jan	65	08-021	2:54.10	25m	6-9-81	Heemskerk (NED)	249
95.	van de Sluis Nicolai	66	08-021	2:54.30	25m	23-5-81	Heemskerk (NED)	248
96.	Overmeer Michel	60	08-021	2:54.50	25m	10-12-77	Heemskerk (NED)	247
97.	de Vries Dylan	93	08-021	2:54.52	25m	1-4-12	Zaandam (NED)	247
98.	Bal Chester	78	08-021	2:54.60	25m	26-1-95	Heemskerk (NED)	247
99.	Zonneveld Jeroen	78	08-021	2:55.05	25m	26-11-98	Heemskerk (NED)	245
100.	van Hannen Erik	67	08-021	2:55.20	25m	21-3-82		245
101.	van Heerwaarden Chiel	05	08-021	2:55.38	25m	12-1-20	Purmerend (NED)	244
102.	de Boer Tobias	02	08-021	2:55.47	25m	12-2-17	Purmerend (NED)	243
103.	de Caluwe Perry	61	08-021	2:55.50	25m	27-4-80	Assendelft (NED)	243
104.	Koopman Axel	92	08-021	2:55.53	25m	19-3-06	Heemskerk (NED)	243
105.	Martijn Onno	91	08-021	2:55.92	25m	13-1-08	Heemskerk (NED)	242
106.	Windmuller Ton	62	08-021	2:56.20	25m	2-3-80	Heemskerk (NED)	240
107.	Hoerink Sten	84	08-021	2:56.65	25m	5-10-03	Heemskerk (NED)	239
108.	Nolte Martijn	74	08-021	2:57.00	25m	21-5-87	Heemskerk (NED)	237
109.	Huisman Rene	69	08-021	2:57.40	25m	11-12-83	Heemskerk (NED)	236
110.	Woudsma Maarten	01	08-021	2:58.26	25m	12-2-17	Purmerend (NED)	232
111.	Schillemans Bram	99	08-021	2:58.40	25m	12-2-17	Purmerend (NED)	232
112.	Vlieland Roy	99	08-021	2:58.78	25m	17-3-13	Zaandam (NED)	230
113.	de Caluwé Niels	91	08-021	2:58.90	25m	15-12-05	Heemskerk (NED)	230
114.	de Boer Elias	70	08-021	2:59.40	25m	23-9-84	Heemskerk (NED)	228
115.	Borst Corné	96	08-021	2:59.55	25m	26-4-12	Heemskerk (NED)	227
116.	van den Akker Dennis	63	08-021	3:00.40	25m	21-4-79	Deinze (BEL)	224
117.	Zijlstra Jeroen	80	08-021	3:00.80	25m	14-12-95	Heemskerk (NED)	222
118.	Kerdijk Dennis	79	08-021	3:00.90	25m	14-12-95	Heemskerk (NED)	222
119.	Windmuller Hans-Pieter	60	08-021	3:01.00	25m	10-12-77	Heemskerk (NED)	222
120.	van de Laar Viktor	05	08-021	3:03.15	25m	29-1-23	Heemskerk (NED)	214
121.	Bleijendaal Thomas	88	08-021	3:03.34	25m	29-1-04	Heemskerk (NED)	213
122.	Roozendaal Ben	66	08-021	3:03.70	25m	18-1-81	Zaandam (NED)	212
123.	Smit Erik	64	08-021	3:04.00	25m	13-12-80	Heemskerk (NED)	211
124.	de Caluwe Johan	64	08-021	3:04.50	25m	13-4-80	Zaandam (NED)	209
125.	van Honschoten Jacky	67	08-021	3:05.00	25m	11-10-81	Heemskerk (NED)	208
126.	de Weert Sander	72	08-021	3:05.68	25m	16-10-11	Zaandam (NED)	205
127.	Geurs Paul	57	08-021	3:06.00	25m	31-12-75		204
128.	Kemper Marcel	65	08-021	3:06.20	25m	25-10-80	Heemskerk (NED)	204
129.	Paap Jaidy	08	08-021	3:06.48	25m	16-11-25	Purmerend (NED)	203
130.	Duin Goos	00	08-021	3:06.81	25m	18-1-15	Zaandam (NED)	202
131.	Arends Martin	81	08-021	3:07.70	25m	21-2-93	(NED)	199
132.	Tuinstra Sean	98	08-021	3:08.19	25m	26-4-12	Heemskerk (NED)	197
133.	Besse Niels	72	08-021	3:08.80	25m	3-12-89	Zaandam (NED)	195
134.	Meijer Viggo	06	08-021	3:09.60	25m	29-1-23	Heemskerk (NED)	193
135.	Frederiks Stan	09	08-021	3:09.65	25m	10-3-24	Purmerend (NED)	193
136.	Ursem Rob	69	08-021	3:10.50	25m	29-9-85	Heemskerk (NED)	190
137.	de Groot Peter	80	08-021	3:10.60	25m	2-5-96	Heemskerk (NED)	190

200 wisselslag (sinds 138)

138.	de Moes Paul	70	08-021	3:11.70	25m	29-9-85	Heemskerk (NED)	187
139.	Kock Albert	61	08-021	3:12.00	25m	31-12-75		186
140.	Hof Ronnalt	60	08-021	3:13.00	25m	27-11-77	Ijmuiden (NED)	183
141.	Steijn Daan	11	08-021	3:13.76	25m	15-3-26	Heemskerk (NED)	181
142.	Ijntema Tjeerd	99	08-021	3:13.92	25m	12-2-17	Purmerend (NED)	180
143.	Vos Daniël	91	08-021	3:15.11	25m	14-1-07	Amsterdam (NED)	177
144.	de Rooij Roel	87	08-021	3:16.30	25m	9-5-99	Zaandam (NED)	174
145.	Smit Arend	88	08-021	3:16.45	25m	26-4-01	Heemskerk (NED)	173
146.	Nijland Yoran	05	08-021	3:17.15	25m	14-1-18	Purmerend (NED)	171
147.	van Sleen Robin	90	08-021	3:19.63	25m	30-1-03	Heemskerk	165
148.	Yayli Serkan	92	08-021	3:19.72	25m	27-1-05	Heemskerk (NED)	165
149.	Oortwijn Bjarne	07	08-021	3:20.82	25m	12-1-25	Heemskerk (NED)	162
150.	Leegwater Liam	11	08-021	3:21.58	25m	20-11-22	Den Helder (NED)	160
151.	van Duivenvoorde Bram	12	08-021	3:22.04	25m	12-1-25	Heemskerk (NED)	159
152.	Steijn Twan	13	08-021	3:22.56	25m	15-6-25	Amsterdam-Noord (NED)	158
153.	Groot Sander	88	08-021	3:22.72	25m	19-12-99	Wormerveer (NED)	158
154.	Tholen Martijn	72	08-021	3:23.60	25m	11-12-83	Heemskerk (NED)	156
155.	Dam Norbert	92	08-021	3:24.03	25m	6-6-04	Zaandam (NED)	155
156.	Hof Peter	62	08-021	3:24.30	25m	10-12-77	Heemskerk (NED)	154
156.	Boonacker Wietse	68	08-021	3:24.30	25m	30-11-80	Heemskerk (NED)	154
158.	van Rixel Ferry	64	08-021	3:24.70	25m	12-3-78	Zaandam (NED)	153
159.	Hoogeterp Klaas	67	08-021	3:24.80	25m	12-10-80	Wormerveer (NED)	153
160.	Litjens Olaf	99	08-021	3:25.13	25m	15-4-12	Zaandam (NED)	152
161.	van Dijck Bart	63	08-021	3:25.60	25m	10-12-77	Heemskerk (NED)	151
162.	Koning Arthur	96	08-021	3:27.87	25m	16-1-11	Zaandam (NED)	146
163.	Verdonk Pim	63	08-021	3:28.60	25m	10-12-77	Heemskerk (NED)	145
164.	Kloppenburger Albert	82	08-021	3:28.70	25m	28-11-93	Heemskerk (NED)	144
165.	Huis in 't Veld Lorenzo	03	08-021	3:29.77	25m	13-11-16	Purmerend (NED)	142
166.	de Vriend Ruben	03	08-021	3:29.89	25m	24-2-13	Zaandam (NED)	142
167.	Josselet Bart	84	08-021	3:30.66	25m	7-3-99	Zaandam (NED)	140
168.	van Hardeveld Richard	69	08-021	3:30.80	25m	28-11-81	Heemskerk (NED)	140
169.	Wassenaar Edwin	72	08-021	3:31.10	25m	11-12-83	Heemskerk (NED)	140
169.	de Caluwé Thijs	82	08-021	3:31.10	25m	26-1-95	Heemskerk (NED)	140
171.	Arends Peter	79	08-021	3:31.40	25m	24-3-93		139
172.	Jacobs Patrick	87	08-021	3:31.42	25m	25-10-01	Heemskerk	139
173.	Kuijl Ben	62	08-021	3:31.80	25m	10-12-77	Heemskerk (NED)	138
174.	Sikkema Joris	86	08-021	3:32.38	25m	26-11-98	Heemskerk (NED)	137
175.	ten Cate Raymond	82	08-021	3:32.60	25m	26-1-95	Heemskerk (NED)	137
176.	Ramaakers Raymond	91	08-021	3:32.66	25m	29-1-04	Heemskerk (NED)	137
177.	van de Wijst Peter	69	08-021	3:32.80	25m	23-5-81	Heemskerk (NED)	136
177.	Schipper Erik	72	08-021	3:32.80	25m	11-12-83	Heemskerk (NED)	136
179.	Bleijendaal Lucas	83	08-021	3:33.00	25m	14-12-95	Heemskerk (NED)	136
180.	Rasch Wilco	68	08-021	3:33.10	25m	25-10-80	Heemskerk (NED)	136
181.	van Lieshout Martin	76	08-021	3:33.90	25m	4-1-88	Zaandam (NED)	134
182.	Zwaan Nick	94	08-021	3:37.57	25m	29-2-04	Wormerveer	127
183.	de Rooij Coen	89	08-021	3:38.74	25m	30-3-00	Heemskerk (NED)	125
184.	Welboren Mark	87	08-021	3:39.28	25m	17-1-99	Heemskerk (NED)	124
185.	van Heerwaarden Stefan	70	08-021	3:39.60	25m	3-4-82	Heemskerk (NED)	124
186.	Smit Rob	69	08-021	3:40.50	25m	25-10-80	Heemskerk (NED)	122
187.	van Heerwaarden Gerard	70	08-021	3:40.60	25m	3-4-82	Heemskerk (NED)	122
188.	Feyen Erik	66	08-021	3:41.00	25m	26-2-78	Castricum (NED)	122
189.	Teufer Lorentz	96	08-021	3:42.21	25m	8-10-06	Zaandam (NED)	120
190.	Brands Ronald	75	08-021	3:43.30	25m	21-5-87	Heemskerk (NED)	118

200 wisselslag (sinds 191)

191.	de Wit Matthew	97	08-021	3:46.67	50m	11-5-14	Antwerpen (BEL)	127
192.	Manshanden Davy	68	08-021	3:47.20	25m	13-12-80	Heemskerk (NED)	112
193.	de Groot Pieter	83	08-021	3:52.30	25m	13-11-94	Hoom (NED)	105
194.	Kloek Ralph	68	08-021	3:52.80	25m	23-5-81	Heemskerk (NED)	104
195.	Sadeghi Hosseen	90	08-021	3:56.49	25m	29-1-04	Heemskerk (NED)	99
196.	van de Sluis Ignat	69	08-021	4:00.50	25m	23-5-81	Heemskerk (NED)	94
197.	de Boer Sem	02	08-021	4:02.86	25m	27-1-13	Zaandam (NED)	91
198.	Verhagen Bart	85	08-021	4:12.90	25m	15-10-95	Alkmaar (NED)	81
199.	Verhagen Michel	82	08-021	4:21.70	25m	14-12-95	Heemskerk (NED)	73
200.	Klemann Joshua	13	08-021	4:33.06	25m	12-1-25	Heemskerk (NED)	64
201.	Ayari Mohammed	13	08-021	4:40.97	25m	12-1-25	Heemskerk (NED)	59
202.	Welp Marco	72	08-021	4:58.70	25m	2-9-84	Heemskerk (NED)	49

300 wisselslag

1.	Oudendijk Paul	81	08-021	3:44.15	25m	9-12-07	Zaandam (NED)	
2.	van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)	
3.	Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)	
4.	Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam	
5.	Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)	
6.	Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam	
7.	Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)	
8.	de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)	
9.	van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)	
10.	Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)	
11.	Dekker Matthijs	90	08-021	4:02.55	25m	19-12-04	Heemskerk (NED)	
12.	Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)	
13.	Essers Tim	88	08-021	4:04.54	25m	24-11-02	Amsterdam	
14.	Hoening Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)	
15.	Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)	
16.	Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)	
17.	Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)	
18.	Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)	
19.	Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)	
20.	Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)	
21.	Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)	
22.	Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)	
23.	van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam	
24.	Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)	
25.	Tijms Stefan	93	08-021	4:44.57	25m	9-12-07	Zaandam (NED)	
26.	de Ruijter René	86	08-021	4:46.04	25m	30-11-03	Heemskerk (NED)	
27.	Doodeman Niels	89	08-021	4:51.89	25m	23-12-01	Amsterdam	
28.	de Caluwé Niels	91	08-021	5:31.40	25m	30-11-03	Heemskerk (NED)	

**400 wisselslag**

1.	Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2.	Jongert Jeroen	96	08-021	5:00.89	25m	12-1-25	Heemskerk (NED)	479
3.	Oudendijk Paul	81	08-021	5:01.76	25m	19-2-06	Zaandam (NED)	475
4.	Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
5.	Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
6.	van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
7.	Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
8.	Druyven Jorrick	94	08-021	5:13.58	25m	30-3-08	Zaandam (NED)	423
9.	Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
10.	Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
11.	Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
12.	Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
13.	Jongert Sjoerd	01	08-021	5:24.85	50m	17-3-19	Alkmaar (NED)	422
14.	Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
15.	Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
16.	Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
17.	Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
18.	Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
19.	van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
20.	Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
21.	Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
22.	de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
23.	de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336
24.	Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
25.	Butter Stijn	11	08-021	5:39.91	25m	15-2-26	Haarlem (NED)	332
26.	Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
27.	Steenbergen Roderik	82	08-021	5:42.81	25m	30-3-00	Heemskerk (NED)	324
28.	Kramer Vincent	82	08-021	5:46.80	25m	22-2-98	Zaandam (NED)	313
29.	de Vijlder Michael	75	08-021	5:47.30	25m	22-2-97		311
30.	Hoening Jarl	86	08-021	5:48.06	25m	24-2-02	Heemskerk	309
31.	Kemmeren Ferry	91	08-021	5:52.82	25m	28-1-07	Zaandam (NED)	297
32.	Kuijper Alex	08	08-021	5:53.19	25m	6-12-25	Purmerend (NED)	296
33.	Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)	294
34.	Stam Daniël	79	08-021	5:55.40	25m	29-3-98	Heemstede (NED)	290
35.	van Rookhuizen Barry	82	08-021	5:57.32	25m	30-3-00	Heemskerk (NED)	286
36.	Plokker Robert	65	08-021	5:57.70	25m	5-4-81	Heemskerk (NED)	285
37.	Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)	277
38.	van Duin Peter	65	08-021	6:03.70	25m	28-2-82		271
39.	Lamers Koen	91	08-021	6:04.81	25m	30-1-05	Zaandam (NED)	269
40.	Blaauw Mica	05	08-021	6:06.65	25m	12-1-25	Heemskerk (NED)	264
41.	Hermans Luuk	85	08-021	6:06.91	25m	25-2-01	Heemskerk (NED)	264
42.	Korzelius Ron	65	08-021	6:08.60	25m	28-2-82		260
43.	Zwaan Bas	76	08-021	6:09.40	25m	8-6-95	Heemskerk (NED)	259
44.	van Vegten Teun	01	08-021	6:11.44	25m	19-3-17	Zaandam (NED)	254
45.	Wassenaar Marcel	69	08-021	6:12.59	25m	19-2-11	Heerenveen (NED)	252
46.	Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer	245
47.	van de Sluis Nicolai	66	08-021	6:17.90	25m	3-4-82	Heemskerk (NED)	242
48.	Dekker Rudie	78	08-021	6:19.10	25m	6-3-94	Assendelft (NED)	239
49.	Vlieland Roy	99	08-021	6:23.86	25m	19-5-13	Purmerend (NED)	230
50.	Goverde Ad	59	08-021	6:24.90	25m	3-4-82	Heemskerk (NED)	229
51.	Hoening Sten	84	08-021	6:26.33	25m	30-3-00	Heemskerk (NED)	226
52.	Ayari Adam	08	08-021	6:27.22	25m	2-2-25	Den Helder (NED)	224
53.	Windmuller Ton	62	08-021	6:28.50	25m	5-4-81	Heemskerk (NED)	222

400 wisselslag (sinds 54)

54. Schoonakker Mick	07	08-021	6:30.70	25m	10-3-24	Purmerend (NED)	218
55. Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)	216
56. Wolf Gert Jan	65	08-021	6:36.50	25m	3-4-82	Heemskerk (NED)	209
57. Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)	207
58. de Weert Sander	72	08-021	6:39.84	25m	4-12-11	Zaandam (NED)	204
59. van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)	201
60. Schillemans Bram	99	08-021	6:41.90	25m	9-10-16	Alkmaar (NED)	201
61. de Ruijter René	86	08-021	6:42.03	25m	30-3-00	Heemskerk (NED)	201
62. Paap Jaidy	08	08-021	6:48.56	25m	2-2-25	Den Helder (NED)	191
63. Schaaper Hans	68	08-021	7:05.50	25m	3-4-82	Heemskerk (NED)	169
64. Pover Peter	69	08-021	7:14.30	25m	3-4-82	Heemskerk (NED)	159
65. Ursem Rob	69	08-021	7:27.60	25m	3-4-82	Heemskerk (NED)	145