

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 100  
15-3-2026 - 14:30

100m rugslag

11 - 12 jaar  
Resultaten

| rang | naam                 | vereniging      | intijd  | tijd      | RT             | 50m     | 100m    |
|------|----------------------|-----------------|---------|-----------|----------------|---------|---------|
| 1.   | Emma Simons          | WZ&PC Purmerend | 1:33.30 | 201401266 | <b>1:23.86</b> | 40.74   | 1:23.86 |
| 2.   | Milow Beek           | Ed-Vo           | 1:30.28 | 201400641 | <b>1:28.79</b> | 43.17   | 1:28.79 |
| 3.   | Hailey Bont          | Ed-Vo           | NT      | 201403412 | <b>1:34.93</b> | 44.80   | 1:34.93 |
| 4.   | Chloë Kuitert        | Ed-Vo           | NT      | 201403414 | <b>1:48.59</b> | 53.05   | 1:48.59 |
| 5.   | Jill van Roon        | OEZA            | 1:55.38 | 201401474 | <b>1:51.95</b> | 54.55   | 1:51.95 |
| 6.   | Merel van Dam        | OEZA            | 2:09.57 | 201401468 | <b>2:03.26</b> | 58.07   | 2:03.26 |
| 7.   | Mats van der Meijden | OEZA            | NT      | 201402755 | <b>2:05.88</b> | 59.11   | 2:05.88 |
| 8.   | Zoe van Ess          | OEZA            | NT      | 201403284 | <b>2:10.00</b> | 1:01.28 | 2:10.00 |
| 9.   | Joël Bodenstaff      | OEZA            | NT      | 201402515 | <b>2:20.45</b> | 1:04.48 | 2:20.45 |
| DIS  | Emilija Milanovic    | WZ&PC Purmerend | NT      | 201401958 |                |         |         |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

|       |                 |                 |    |           |
|-------|-----------------|-----------------|----|-----------|
| AFGEM | Yara Smit       | Ed-Vo           | NT | 201303610 |
| AFGEM | Koen van Velzen | Ed-Vo           | NT | 201401495 |
| AFGEM | Jana Tomic      | WZ&PC Purmerend | NT | 201402738 |

Programmanr. 2  
15-3-2026 - 14:40

Gemengd, 4 x 100m wisselslag

Onder 16  
Resultaten

| rang | vereniging                                                                                                 | intijd  | tijd                  | RT |
|------|------------------------------------------------------------------------------------------------------------|---------|-----------------------|----|
| 1.   | Ed-Vo 1                                                                                                    | 5:23.45 | <b>5:20.89</b>        |    |
|      | Lotte Veerman 13 44.91                                                                                     | 1:33.65 | Lex Koopmans 14       |    |
|      | Jason Beek 14                                                                                              |         | Anne Zwarthoed 12     |    |
| 2.   | Wzpc 1                                                                                                     | 5:35.65 | <b>5:32.37</b>        |    |
|      | Sasha Dailid 15 37.39                                                                                      | 1:17.15 | Robin Kikkert 13      |    |
|      | Eva Wigmans 14                                                                                             |         | Femke de Wit 14       |    |
| 3.   | OEZA 1                                                                                                     | 5:57.00 | <b>5:43.98</b>        |    |
|      | Abel Zonneveld 12 39.95                                                                                    | 1:22.67 | Stijn Butter 14       |    |
|      | Jytte Oortwijn 15                                                                                          |         | Lentley Tilgenkamp 12 |    |
| DIS  | Oceanus 1                                                                                                  | NT      |                       |    |
|      | RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten. |         |                       |    |
|      | Fiodar Skachak 14 44.73                                                                                    |         | Bram Stolk 14         |    |
|      | Sphatika Deshkuikarni 14                                                                                   |         | Lola Moespot 14       |    |

Programmanr. 4  
15-3-2026 - 14:45

Heren, 200m wisselslag

Senioren Open  
Resultaten

| rang | naam               | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m    | 200m    |
|------|--------------------|-----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1.   | Luc Kroon          | Ed-Vo           | 2:02.63 | 200100697 | <b>2:10.77</b> | 27.27 | 1:01.60 | 1:39.50 | 2:10.77 |
| 2.   | Wouter Breton      | OEZA            | 2:22.22 | 198900461 | <b>2:21.17</b> | 29.73 | 1:05.68 | 1:46.01 | 2:21.17 |
| 3.   | Remco Tol          | Ed-Vo           | 2:22.40 | 199501505 | <b>2:22.98</b> | 28.40 | 1:06.03 | 1:49.31 | 2:22.98 |
| 4.   | Vincent van Wely   | WZ&PC Purmerend | 2:21.65 | 200400989 | <b>2:26.65</b> | 28.98 | 1:05.75 | 1:50.31 | 2:26.65 |
| 5.   | Pieter Keller      | WZ&PC Purmerend | 2:26.65 | 200103191 | <b>2:29.79</b> | 31.09 | 1:10.21 | 1:53.00 | 2:29.79 |
| 6.   | Mica Blaauw        | OEZA            | 2:34.76 | 200502889 | <b>2:30.68</b> | 31.26 | 1:08.49 | 1:55.21 | 2:30.68 |
| 7.   | Roel Gaal          | OEZA            | 2:24.27 | 200101173 | <b>2:31.71</b> | 30.20 | 1:08.59 | 1:56.71 | 2:31.71 |
| 8.   | Jeroen de Haan     | WZ&PC Purmerend | 2:36.55 | 199106609 | <b>2:33.14</b> | 33.73 | 1:15.80 | 1:59.39 | 2:33.14 |
| 9.   | Bjorn Keizer       | Ed-Vo           | 2:30.33 | 200102199 | <b>2:34.99</b> | 30.98 | 1:13.88 | 2:01.80 | 2:34.99 |
| 10.  | Arjan Bellaart     | Oceanus         | 2:38.57 | 196900079 | <b>2:38.36</b> | 33.07 | 1:13.33 | 2:01.23 | 2:38.36 |
| 11.  | Elroy van der Wees | WZ&PC Purmerend | NT      | 199902717 | <b>2:42.15</b> | 34.56 | 1:14.34 | 2:03.80 | 2:42.15 |
| 12.  | Nico Karregat      | Ed-Vo           | 2:50.10 | 199701001 | <b>2:51.85</b> | 34.45 | 1:17.46 | 2:06.98 | 2:51.85 |
| 13.  | Kelvin Konst       | Oceanus         | NT      | 199506385 | <b>2:52.46</b> | 37.85 | 1:22.61 | 2:16.05 | 2:52.46 |
| 14.  | Xam Blaauw         | OEZA            | 3:17.46 | 200700113 | <b>2:53.84</b> | 37.73 | 1:19.53 | 2:17.28 | 2:53.84 |
| 15.  | Ruben Uidam        | Ed-Vo           | 3:01.57 | 200002949 | <b>2:55.16</b> | 37.56 | 1:20.26 | 2:12.05 | 2:55.16 |
| DIS  | Mick Schoonakker   | OEZA            | 2:51.25 | 200703297 |                |       |         |         |         |

SB - Een deel van het hoofd heeft gedurende de gehele race niet tijdens elke volledige of onvolledige cyclus het wateroppervlak daadwerkelijk doorbroken.

|       |                    |      |         |           |
|-------|--------------------|------|---------|-----------|
| AFGEM | Viktor van de Laar | OEZA | 3:03.15 | 200503847 |
|-------|--------------------|------|---------|-----------|

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 6  
15-3-2026 - 14:55

Dames, 200m wisselslag

Senioren Open  
Resultaten

| rang  | naam              | vereniging      | intijd            | tijd           | RT | 50m   | 100m    | 150m    | 200m    |
|-------|-------------------|-----------------|-------------------|----------------|----|-------|---------|---------|---------|
| 1.    | Eline Hoekstra    | OEZA            | 2:35.53 200301280 | <b>2:36.08</b> |    | 32.40 | 1:12.60 | 2:00.25 | 2:36.08 |
| 2.    | Yara Wentink      | OEZA            | 2:32.25 200403334 | <b>2:38.71</b> |    | 31.99 | 1:13.18 | 2:02.27 | 2:38.71 |
| 3.    | Kim Groeneveld    | Ed-Vo           | 2:39.14 200100924 | <b>2:40.49</b> |    | 35.02 | 1:16.66 | 2:05.83 | 2:40.49 |
| 4.    | Laura Siemerink   | OEZA            | 2:59.34 200404176 | <b>2:43.94</b> |    | 34.67 | 1:16.35 | 2:04.80 | 2:43.94 |
| 5.    | Olivia Schalekamp | Oceanus         | 2:43.26 200203732 | <b>2:44.03</b> |    | 34.84 | 1:17.72 | 2:05.65 | 2:44.03 |
| 6.    | Iris van 't Veer  | OEZA            | 2:42.29 200301254 | <b>2:45.36</b> |    | 37.29 | 1:18.08 | 2:06.16 | 2:45.36 |
| 7.    | Kim Veerman       | Ed-Vo           | NT 200300558      | <b>2:50.03</b> |    | 35.88 | 1:19.57 | 2:09.53 | 2:50.03 |
| 8.    | Luna Gouwerok     | WZ&PC Purmerend | 2:44.98 200502600 | <b>2:50.25</b> |    | 35.70 | 1:17.91 | 2:08.42 | 2:50.25 |
| 9.    | Renske Haasbroek  | OEZA            | 2:53.80 200303752 | <b>2:51.19</b> |    | 38.62 | 1:21.44 | 2:12.76 | 2:51.19 |
| 10.   | Kirsten Hartwijk  | WZ&PC Purmerend | 2:46.35 200704194 | <b>2:55.00</b> |    | 36.72 | 1:19.75 | 2:12.44 | 2:55.00 |
| 11.   | Nina Bellaart     | Oceanus         | 2:52.67 200400756 | <b>2:55.54</b> |    | 37.26 | 1:21.95 | 2:15.79 | 2:55.54 |
| 12.   | Donna Sier        | Ed-Vo           | 2:48.24 200604190 | <b>2:56.05</b> |    | 37.97 | 1:23.01 | 2:17.75 | 2:56.05 |
| 13.   | Amber Bellaart    | Oceanus         | 2:52.97 200101260 | <b>2:56.68</b> |    | 37.81 | 1:20.87 | 2:12.94 | 2:56.68 |
| 14.   | Maud de Wildt     | OEZA            | 2:57.09 200501974 | <b>3:01.39</b> |    | 40.39 | 1:26.17 | 2:18.03 | 3:01.39 |
| 15.   | Annette de Visser | Oceanus         | 3:04.58 197100602 | <b>3:02.71</b> |    | 45.59 | 1:33.60 | 2:24.05 | 3:02.71 |
| 16.   | Meike van Eerden  | OEZA            | 3:04.92 200005888 | <b>3:04.19</b> |    | 41.69 | 1:28.08 | 2:25.44 | 3:04.19 |
| 17.   | Julia Bruins      | OEZA            | NT 200605388      | <b>3:22.64</b> |    | 44.89 | 1:36.81 | 2:36.42 | 3:22.64 |
| AFGEM | Eline van Assema  | OEZA            | 2:58.10 200503324 |                |    |       |         |         |         |
| AFGEM | Yente Blaauw      | OEZA            | 2:58.35 200301932 |                |    |       |         |         |         |

Programmanr. 9  
15-3-2026 - 15:10

Jongens, 100m vlinderslag

Onder 18  
Resultaten

| rang  | naam                | vereniging      | intijd            | tijd           | RT | 50m   | 100m    |
|-------|---------------------|-----------------|-------------------|----------------|----|-------|---------|
| 1.    | Guido Schilder      | Ed-Vo           | 1:14.37 200901911 | <b>1:11.79</b> |    | 32.76 | 1:11.79 |
| 2.    | Chris Louwersheimer | WZ&PC Purmerend | 1:18.66 200801849 | <b>1:18.25</b> |    | 35.30 | 1:18.25 |
| 3.    | Jason Beek          | Ed-Vo           | 1:32.42 201101255 | <b>1:32.89</b> |    | 38.83 | 1:32.89 |
| AFGEM | Bob van Amersfoort  | WZ&PC Purmerend | NT 200904055      |                |    |       |         |

Programmanr. 10  
15-3-2026 - 15:15

Jongens, 50m vlinderslag

Onder 18  
Resultaten

| rang  | naam            | vereniging | intijd          | tijd         | RT | 50m | 100m |
|-------|-----------------|------------|-----------------|--------------|----|-----|------|
| 1.    | Alex Kuijper    | OEZA       | 32.53 200802137 | <b>31.10</b> |    |     |      |
| 2.    | Jaidy Paap      | OEZA       | 39.55 200803965 | <b>40.00</b> |    |     |      |
| AFGEM | Matvey Andreeva | Oceanus    | 45.10 200804183 |              |    |     |      |
| BM    | Fiodar Skachak  | Oceanus    | 42.83 201103563 | <b>42.60</b> |    |     |      |

Programmanr. 12  
15-3-2026 - 15:15

Meisjes, 100m vlinderslag

Onder 18  
Resultaten

| rang | naam            | vereniging      | intijd            | tijd           | RT | 50m   | 100m    |
|------|-----------------|-----------------|-------------------|----------------|----|-------|---------|
| 1.   | Sophie Spaans   | Ed-Vo           | 1:15.53 200802406 | <b>1:16.56</b> |    | 35.11 | 1:16.56 |
| 2.   | Emelie Bertram  | WZ&PC Purmerend | 1:57.41 201102536 | <b>1:27.36</b> |    | 37.94 | 1:27.36 |
| 3.   | Noor Veerman    | Ed-Vo           | 1:35.32 200801780 | <b>1:29.81</b> |    | 40.25 | 1:29.81 |
| 4.   | Madelief D'Arcy | Ed-Vo           | 1:48.81 200902616 | <b>1:36.60</b> |    | 43.91 | 1:36.60 |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 13 Meisjes, 50m vlinderslag Onder 18  
15-3-2026 - 15:15 Resultaten

| rang | naam                  | vereniging | intijd | tijd      | RT           |
|------|-----------------------|------------|--------|-----------|--------------|
| 1.   | Xara de Roode         | OEZA       | 34.64  | 200803750 | <b>33.74</b> |
| 2.   | Soraya Lopes          | Oceanus    | 39.98  | 201000038 | <b>39.23</b> |
| 3.   | Sjors de Groot        | OEZA       | 46.03  | 200804694 | <b>46.42</b> |
| BM   | Lola Moespot          | Oceanus    | NT     | 201104092 | <b>47.27</b> |
| BM   | Sphatika Deshkulkarni | Oceanus    | 54.11  | 201103846 | <b>53.85</b> |

Programmanr. 15 Jongens, 50m schoolslag Onder 14  
15-3-2026 - 15:20 Resultaten

| rang | naam                  | vereniging      | intijd  | tijd      | RT               |
|------|-----------------------|-----------------|---------|-----------|------------------|
| 1.   | Robin Kikkert         | WZ&PC Purmerend | 38.06   | 201201425 | <b>40.84</b>     |
| 2.   | Brighton Choy         | Oceanus         | 47.08   | 201301447 | <b>47.18</b>     |
| 3.   | Twan Steijn           | OEZA            | 48.05   | 201301671 | <b>48.05</b>     |
| 4.   | Hayden Schilder       | Ed-Vo           | 52.90   | 201302673 | <b>48.12</b>     |
| 5.   | Tim Jonk              | Ed-Vo           | 49.73   | 201302241 | <b>48.87</b>     |
| 6.   | Lucas van Bijlert     | Oceanus         | 1:00.35 | 201200987 | <b>48.91</b>     |
| 7.   | Jonah de Raadt        | WZ&PC Purmerend | 49.42   | 201203421 | <b>49.40</b>     |
| 8.   | Joshua Klemann        | OEZA            | 52.60   | 201302285 | <b>51.29</b> FJ2 |
|      | Abel Zonneveld        | OEZA            | 52.87   | 201300599 | <b>51.29</b> FJ1 |
| 10.  | Billy Keijzer         | Ed-Vo           | 56.80   | 201302715 | <b>52.91</b>     |
| 11.  | Jens Schilder         | Ed-Vo           | 54.67   | 201302217 | <b>55.47</b>     |
| DIS  | Bram van Duivenvoorde | OEZA            | 44.82   | 201202415 |                  |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

AFGEM Fabian Stabryla Oceanus 58.80 201203339

Programmanr. 17 Meisjes, 50m schoolslag Onder 14  
15-3-2026 - 15:25 Resultaten

| rang  | naam                     | vereniging      | intijd  | tijd      | RT             |
|-------|--------------------------|-----------------|---------|-----------|----------------|
| 1.    | Vera Keessen             | Oceanus         | 44.21   | 201200372 | <b>42.77</b>   |
| 2.    | Abby Kuitert             | Ed-Vo           | 45.22   | 201301520 | <b>44.13</b>   |
| 3.    | Lynn Brandwacht          | WZ&PC Purmerend | 45.84   | 201203014 | <b>45.13</b>   |
| 4.    | Nika Spoelstra           | Oceanus         | 49.24   | 201303390 | <b>46.45</b>   |
| 5.    | Kaitlyn Astrid Nduwayezu | WZ&PC Purmerend | 48.25   | 201300874 | <b>48.00</b>   |
| 6.    | Nora Saleh               | Oceanus         | 51.99   | 201302526 | <b>48.20</b>   |
| 7.    | Chris Berger             | Oceanus         | 47.37   | 201301876 | <b>48.49</b>   |
|       | Puck Bond                | Ed-Vo           | 48.21   | 201202240 | <b>48.49</b>   |
| 9.    | Lize Braaksma            | WZ&PC Purmerend | 49.27   | 201302676 | <b>48.56</b>   |
| 10.   | Senna Jonk               | Ed-Vo           | 55.43   | 201202904 | <b>50.29</b>   |
| 11.   | Sara Tomic               | WZ&PC Purmerend | 53.04   | 201302462 | <b>50.74</b>   |
| 12.   | Lentley Tilgenkamp       | OEZA            | 50.65   | 201302590 | <b>51.72</b>   |
| 13.   | Emma Huber               | OEZA            | 50.86   | 201303328 | <b>52.75</b>   |
| 14.   | Madelief Holwerda        | Oceanus         | 1:06.31 | 201302382 | <b>55.16</b>   |
| 15.   | Marie-Louise Zacharian   | Oceanus         | NT      | 201203762 | <b>58.11</b>   |
| 16.   | Femke van Hiele          | OEZA            | 1:01.50 | 201303230 | <b>1:01.83</b> |
| AFGEM | Julia van der Schaaff    | Oceanus         | 42.72   | 201301512 |                |
| AFGEM | Norah Mes                | OEZA            | 52.42   | 201302458 |                |
| AFGEM | Keyenah-Gen Fraser       | WZ&PC Purmerend | 51.70   | 201303308 |                |
| AFGEM | Ilse Haitsma             | WZ&PC Purmerend | NT      | 201303612 |                |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 18  
15-3-2026 - 15:30

Jongens, 400m wisselslag

Onder 16  
Resultaten

| rang | naam                        | vereniging                 | intijd            | tijd                   | RT |
|------|-----------------------------|----------------------------|-------------------|------------------------|----|
| 1.   | Lex Koopmans                | Ed-Vo                      | 5:32.61 201102081 | <b>5:26.20</b>         |    |
|      | 50m: 35.61<br>100m: 1:15.81 | 35.61 150m: 40.20<br>200m: | 250m: 300m:       | 350m: 5:26.20<br>400m: |    |
| 2.   | Sasha Dailid                | WZ&PC Purmerend            | 6:29.52 201003403 | <b>6:14.07</b>         |    |
|      | 50m: 37.32<br>100m: 1:24.14 | 37.32 150m: 46.82<br>200m: | 250m: 300m:       | 350m: 6:14.07<br>400m: |    |
| 3.   | Nick Tol                    | Ed-Vo                      | NT 201102079      | <b>6:22.37</b>         |    |
|      | 50m: 42.12<br>100m: 1:32.30 | 42.12 150m: 50.18<br>200m: | 250m: 300m:       | 350m: 6:22.37<br>400m: |    |

Programmanr. 19  
15-3-2026 - 15:40

Jongens, 200m wisselslag

Onder 16  
Resultaten

| rang | naam         | vereniging | intijd            | tijd           | RT | 50m   | 100m | 150m | 200m    |
|------|--------------|------------|-------------------|----------------|----|-------|------|------|---------|
| 1.   | Stijn Butter | OEZA       | 2:40.03 201100455 | <b>2:39.84</b> |    | 35.66 |      |      | 2:39.84 |
| 2.   | Bram Stolk   | Oceanus    | 2:54.46 201100547 | <b>2:48.27</b> |    | 36.72 |      |      | 2:48.27 |
| 3.   | Daan Steijn  | OEZA       | 3:24.28 201102513 | <b>3:13.76</b> |    | 44.13 |      |      | 3:13.76 |

Programmanr. 20  
15-3-2026 - 15:40

Meisjes, 400m wisselslag

Onder 16  
Resultaten

| rang | naam                        | vereniging                 | intijd            | tijd                   | RT |
|------|-----------------------------|----------------------------|-------------------|------------------------|----|
| 1.   | Anne Zwarthoed              | Ed-Vo                      | NT 201301562      | <b>6:24.42</b>         |    |
|      | 50m: 45.92<br>100m: 1:39.44 | 45.92 150m: 53.52<br>200m: | 250m: 300m:       | 350m: 6:24.42<br>400m: |    |
| 2.   | Eva Wigmans                 | WZ&PC Purmerend            | NT 201102538      | <b>6:44.63</b>         |    |
|      | 50m: 44.80<br>100m: 1:37.39 | 44.80 150m: 52.59<br>200m: | 250m: 300m:       | 350m: 6:44.63<br>400m: |    |
| 3.   | Lotte Veerman               | Ed-Vo                      | NT 201201432      | <b>6:53.49</b>         |    |
|      | 50m: 43.11<br>100m: 1:38.77 | 43.11 150m: 55.66<br>200m: | 250m: 300m:       | 350m: 6:53.49<br>400m: |    |
| 4.   | Femke de Wit                | WZ&PC Purmerend            | 7:17.64 201103656 | <b>7:03.35</b>         |    |
|      | 50m: 45.66<br>100m: 1:41.37 | 45.66 150m: 55.71<br>200m: | 250m: 300m:       | 350m: 7:03.35<br>400m: |    |

Programmanr. 21  
15-3-2026 - 15:50

Meisjes, 200m wisselslag

Onder 16  
Resultaten

| rang | naam           | vereniging | intijd            | tijd           | RT | 50m   | 100m | 150m | 200m    |
|------|----------------|------------|-------------------|----------------|----|-------|------|------|---------|
| 1.   | Jytte Oortwijn | OEZA       | 3:13.81 201002766 | <b>3:22.01</b> |    | 44.82 |      |      | 3:22.01 |

Programmanr. 22  
15-3-2026 - 15:55

Heren, 50m vrije slag

Senioren Open  
Resultaten

| rang | naam                | vereniging      | intijd          | tijd         | RT |
|------|---------------------|-----------------|-----------------|--------------|----|
| 1.   | Luc Kroon           | Ed-Vo           | 23.84 200100697 | <b>23.00</b> |    |
| 2.   | Remco Tol           | Ed-Vo           | 24.91 199501505 | <b>25.06</b> |    |
| 3.   | Roel Gaal           | OEZA            | 25.17 200101173 | <b>25.18</b> |    |
| 4.   | Jac de Boer         | Ed-Vo           | 26.09 199904081 | <b>25.84</b> |    |
| 5.   | Wouter Breton       | OEZA            | 26.08 198900461 | <b>26.05</b> |    |
| 6.   | Bjorn Keizer        | Ed-Vo           | 25.66 200102199 | <b>26.27</b> |    |
| 7.   | Jasper Camphuijnder | OEZA            | 26.23 200502367 | <b>26.45</b> |    |
| 8.   | Stanley Hau         | WZ&PC Purmerend | 25.60 200300655 | <b>26.59</b> |    |
| 9.   | Mica Blaauw         | OEZA            | 26.62 200502889 | <b>27.04</b> |    |
| 10.  | Arjan Bellaart      | Oceanus         | 27.76 196900079 | <b>28.29</b> |    |
| 11.  | Mick Schoonakker    | OEZA            | 27.43 200703297 | <b>28.61</b> |    |

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Programmanr. 22, Heren, 50m vrije slag, Senioren Open

| rang  | naam                | vereniging      | intijd | tijd      | RT           |
|-------|---------------------|-----------------|--------|-----------|--------------|
| 12.   | Jory van der Gracht | OEZA            | 28.04  | 198701097 | <b>28.78</b> |
| 13.   | Jeroen de Haan      | WZ&PC Purmerend | 29.13  | 199106609 | <b>28.85</b> |
| 14.   | Kelvin Konst        | Oceanus         | 29.02  | 199506385 | <b>29.23</b> |
| 15.   | Elroy van der Wees  | WZ&PC Purmerend | 28.00  | 199902717 | <b>29.57</b> |
| 16.   | Nico Karregat       | Ed-Vo           | 29.88  | 199701001 | <b>30.04</b> |
| 17.   | Ruben Uidam         | Ed-Vo           | 36.51  | 200002949 | <b>30.43</b> |
| 18.   | Xam Blaauw          | OEZA            | 31.17  | 200700113 | <b>31.63</b> |
| AFGEM | Viktor van de Laar  | OEZA            | 30.26  | 200503847 |              |

Programmanr. 23  
15-3-2026 - 16:00

Dames, 50m vrije slag

Senioren Open  
Resultaten

| rang                                                            | naam              | vereniging      | intijd | tijd      | RT               |
|-----------------------------------------------------------------|-------------------|-----------------|--------|-----------|------------------|
| 1.                                                              | Yara Wentink      | OEZA            | 27.37  | 200403334 | <b>28.61</b>     |
| 2.                                                              | Marcha Kemp       | WZ&PC Purmerend | 28.93  | 199504810 | <b>29.56</b>     |
| 3.                                                              | Eline Hoekstra    | OEZA            | 28.73  | 200301280 | <b>29.67</b>     |
| 4.                                                              | Olivia Schalekamp | Oceanus         | 29.62  | 200203732 | <b>29.92</b>     |
| 5.                                                              | Kim Groeneveld    | Ed-Vo           | 29.83  | 200100924 | <b>30.16</b>     |
| 6.                                                              | Laura Siemerink   | OEZA            | 31.55  | 200404176 | <b>30.23</b>     |
| 7.                                                              | Kim Veerman       | Ed-Vo           | 29.58  | 200300558 | <b>30.69</b>     |
| 8.                                                              | Iris van 't Veer  | OEZA            | 30.00  | 200301254 | <b>30.70</b> FJ1 |
|                                                                 | Kirsten Hartwijk  | WZ&PC Purmerend | 29.93  | 200704194 | <b>30.70</b> FJ2 |
| 10.                                                             | Donna Sier        | Ed-Vo           | 30.13  | 200604190 | <b>30.96</b>     |
| 11.                                                             | Nina Bellaart     | Oceanus         | 30.51  | 200400756 | <b>31.61</b>     |
| 12.                                                             | Shira de Haan     | OEZA            | 31.44  | 200001130 | <b>31.65</b>     |
| 13.                                                             | Mandy de Does     | Ed-Vo           | 31.31  | 200400212 | <b>31.74</b>     |
| 14.                                                             | Amber Bellaart    | Oceanus         | 30.48  | 200101260 | <b>31.84</b>     |
| 15.                                                             | Annette de Visser | Oceanus         | 30.74  | 197100602 | <b>31.89</b>     |
| 16.                                                             | Renske Haasbroek  | OEZA            | 31.37  | 200303752 | <b>31.94</b>     |
| 17.                                                             | Maud de Wildt     | OEZA            | 32.35  | 200501974 | <b>33.29</b>     |
| 18.                                                             | Meike van Eerden  | OEZA            | 33.14  | 200005888 | <b>34.42</b>     |
| 19.                                                             | Marieke Bos       | OEZA            | 33.84  | 200601272 | <b>35.51</b>     |
| 20.                                                             | Julia Bruins      | OEZA            | 36.84  | 200605388 | <b>35.96</b>     |
| DIS                                                             | Amber Veerman     | Ed-Vo           | 32.01  | 200500492 |                  |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                   |                 |        |           |                  |
| AFGEM                                                           | Eline van Assema  | OEZA            | 33.00  | 200503324 |                  |
| AFGEM                                                           | Yente Blaauw      | OEZA            | 33.68  | 200301932 |                  |

Programmanr. 101  
15-3-2026 - 16:05

50m vrije slag

11 - 12 jaar  
Resultaten

| rang  | naam                 | vereniging      | intijd | tijd      | RT           |
|-------|----------------------|-----------------|--------|-----------|--------------|
| 1.    | Emma Simons          | WZ&PC Purmerend | 35.89  | 201401266 | <b>33.63</b> |
| 2.    | Milow Beek           | Ed-Vo           | 34.82  | 201400641 | <b>34.29</b> |
| 3.    | Emilija Milanovic    | WZ&PC Purmerend | 39.83  | 201401958 | <b>37.43</b> |
| 4.    | Hailey Bont          | Ed-Vo           | NT     | 201403412 | <b>38.13</b> |
| 5.    | Chloë Kuitert        | Ed-Vo           | 41.74  | 201403414 | <b>39.91</b> |
| 6.    | Merel van Dam        | OEZA            | 44.01  | 201401468 | <b>43.18</b> |
| 7.    | Mats van der Meijden | OEZA            | NT     | 201402755 | <b>48.91</b> |
| 8.    | Jill van Roon        | OEZA            | 48.56  | 201401474 | <b>49.82</b> |
| 9.    | Zoe van Ess          | OEZA            | 52.06  | 201403284 | <b>54.90</b> |
| 10.   | Joël Bodenstaff      | OEZA            | 57.33  | 201402515 | <b>59.50</b> |
| AFGEM | Yara Smit            | Ed-Vo           | NT     | 201303610 |              |
| AFGEM | Koen van Velzen      | Ed-Vo           | 48.22  | 201401495 |              |
| AFGEM | Jana Tomic           | WZ&PC Purmerend | 42.77  | 201402738 |              |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 24  
15-3-2026 - 16:10

Jongens, 50m vrije slag

Onder 18  
Resultaten

| rang  | naam                | vereniging      | intijd | tijd      | RT           |
|-------|---------------------|-----------------|--------|-----------|--------------|
| 1.    | Guido Schilder      | Ed-Vo           | 27.19  | 200901911 | <b>27.16</b> |
| 2.    | Chris Louwersheimer | WZ&PC Purmerend | NT     | 200801849 | <b>30.38</b> |
| 3.    | Lucas Spijkerman    | WZ&PC Purmerend | 31.43  | 200903959 | <b>31.81</b> |
| 4.    | Sem Schilder        | Ed-Vo           | 39.01  | 201103575 | <b>39.73</b> |
| AFGEM | Jason Beek          | Ed-Vo           | 30.45  | 201101255 |              |
| AFGEM | Bob van Amersfoort  | WZ&PC Purmerend | 31.35  | 200904055 |              |

Programmanr. 25  
15-3-2026 - 16:10

Meisjes, 50m vrije slag

Onder 18  
Resultaten

| rang | naam            | vereniging      | intijd | tijd      | RT           |
|------|-----------------|-----------------|--------|-----------|--------------|
| 1.   | Sophie Spaans   | Ed-Vo           | 29.11  | 200802406 | <b>29.75</b> |
| 2.   | Noor Veerman    | Ed-Vo           | 33.17  | 200801780 | <b>32.69</b> |
| 3.   | Emelie Bertram  | WZ&PC Purmerend | 33.67  | 201102536 | <b>33.79</b> |
| 4.   | Madelief D'Arcy | Ed-Vo           | 34.32  | 200902616 | <b>34.63</b> |

Programmanr. 27  
15-3-2026 - 16:10

Jongens, 200m vrije slag

Onder 14  
Resultaten

| rang  | naam              | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|-------|-------------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.    | Robin Kikkert     | WZ&PC Purmerend | 2:27.79 | 201201425 | <b>2:24.20</b> | 33.88 | 1:11.56 |      | 2:24.20 |
| 2.    | Bram van D.       | OEZA            | 2:48.60 | 201202415 | <b>2:44.70</b> | 37.97 | 1:20.81 |      | 2:44.70 |
| 3.    | Twan Steijn       | OEZA            | 2:58.26 | 201301671 | <b>2:46.00</b> | 37.93 | 1:21.96 |      | 2:46.00 |
| 4.    | Abel Zonneveld    | OEZA            | 3:13.05 | 201300599 | <b>2:48.11</b> | 39.28 | 1:21.53 |      | 2:48.11 |
| 5.    | Hayden Schilder   | Ed-Vo           | 3:21.65 | 201302673 | <b>2:50.24</b> | 39.09 | 1:22.55 |      | 2:50.24 |
| 6.    | Tim Jonk          | Ed-Vo           | 2:52.73 | 201302241 | <b>2:51.32</b> | 37.54 | 1:22.20 |      | 2:51.32 |
| 7.    | Lucas van Bijlert | Oceanus         | 3:32.49 | 201200987 | <b>2:51.92</b> | 38.28 | 1:22.26 |      | 2:51.92 |
| 8.    | Jonah de Raadt    | WZ&PC Purmerend | NT      | 201203421 | <b>2:53.38</b> | 37.72 | 1:21.52 |      | 2:53.38 |
| 9.    | Brighton Choy     | Oceanus         | 3:14.51 | 201301447 | <b>3:03.22</b> | 37.89 | 1:24.52 |      | 3:03.22 |
| 10.   | Billy Keijzer     | Ed-Vo           | NT      | 201302715 | <b>3:04.94</b> | 40.31 | 1:29.57 |      | 3:04.94 |
| 11.   | Jens Schilder     | Ed-Vo           | 3:21.17 | 201302217 | <b>3:13.13</b> | 41.88 | 1:30.22 |      | 3:13.13 |
| 12.   | Joshua Klemann    | OEZA            | 4:05.63 | 201302285 | <b>3:24.13</b> | 47.09 | 1:40.44 |      | 3:24.13 |
| AFGEM | Fabian Stabryla   | Oceanus         | NT      | 201203339 |                |       |         |      |         |

Programmanr. 29  
15-3-2026 - 16:25

Meisjes, 200m vrije slag

Onder 14  
Resultaten

| rang  | naam                  | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|-------|-----------------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.    | Vera Keessen          | Oceanus         | 2:43.32 | 201200372 | <b>2:36.00</b> | 36.19 | 1:16.71 |      | 2:36.00 |
| 2.    | Lynn Brandwacht       | WZ&PC Purmerend | 2:58.11 | 201203014 | <b>2:47.49</b> | 37.27 | 1:21.12 |      | 2:47.49 |
| 3.    | Abby Kuitert          | Ed-Vo           | 2:54.16 | 201301520 | <b>2:47.72</b> | 37.10 | 1:21.08 |      | 2:47.72 |
| 4.    | Kaitlyn Astrid N.     | WZ&PC Purmerend | 2:47.02 | 201300874 | <b>2:55.53</b> | 39.93 | 1:23.71 |      | 2:55.53 |
| 5.    | Senna Jonk            | Ed-Vo           | 3:45.85 | 201202904 | <b>3:01.53</b> | 42.01 | 1:29.14 |      | 3:01.53 |
| 6.    | Lize Braaksma         | WZ&PC Purmerend | 3:14.98 | 201302676 | <b>3:02.98</b> | 40.11 | 1:28.10 |      | 3:02.98 |
| 7.    | Chris Berger          | Oceanus         | 3:05.68 | 201301876 | <b>3:05.39</b> | 40.67 | 1:28.20 |      | 3:05.39 |
| 8.    | Nika Spoelstra        | Oceanus         | NT      | 201303390 | <b>3:05.45</b> | 40.24 | 1:28.77 |      | 3:05.45 |
| 9.    | Nora Saleh            | Oceanus         | 3:27.79 | 201302526 | <b>3:08.73</b> | 42.01 | 1:30.08 |      | 3:08.73 |
| 10.   | Sara Tomic            | WZ&PC Purmerend | 3:05.95 | 201302462 | <b>3:15.37</b> | 43.29 | 1:34.06 |      | 3:15.37 |
| 11.   | Puck Bond             | Ed-Vo           | 3:40.98 | 201202240 | <b>3:15.68</b> | 44.93 | 1:36.26 |      | 3:15.68 |
| 12.   | Madelief Holwerda     | Oceanus         | 3:34.86 | 201302382 | <b>3:16.66</b> | 42.11 | 1:32.56 |      | 3:16.66 |
| 13.   | Lentley Tilgenkamp    | OEZA            | 3:50.05 | 201302590 | <b>3:23.10</b> | 47.11 | 1:40.13 |      | 3:23.10 |
| 14.   | Emma Huber            | OEZA            | NT      | 201303328 | <b>3:44.85</b> | 47.76 | 1:44.49 |      | 3:44.85 |
| 15.   | Marie-Louise Z.       | Oceanus         | NT      | 201203762 | <b>3:51.15</b> | 50.83 | 1:48.15 |      | 3:51.15 |
| 16.   | Femke van Hiele       | OEZA            | 5:00.41 | 201303230 | <b>4:31.15</b> | 58.87 | 2:08.67 |      | 4:31.15 |
| AFGEM | Julia van der Schaaff | Oceanus         | 2:57.54 | 201301512 |                |       |         |      |         |
| AFGEM | Norah Mes             | OEZA            | 3:38.66 | 201302458 |                |       |         |      |         |
| AFGEM | Ilse Haitzma          | WZ&PC Purmerend | NT      | 201303612 |                |       |         |      |         |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 30 Heren, 200m schoolslag Senioren Open  
15-3-2026 - 16:45 Resultaten

| rang naam                                                                                                                                                               | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Luc Kroon                                                                                                                                                            | Ed-Vo           | 2:25.81 | 200100697 | <b>2:25.06</b> | 33.68 | 1:10.25 |      | 2:25.06 |
| 2. Jac de Boer                                                                                                                                                          | Ed-Vo           | 2:27.40 | 199904081 | <b>2:26.67</b> | 33.47 | 1:11.20 |      | 2:26.67 |
| 3. Vincent van Wely                                                                                                                                                     | WZ&PC Purmerend | NT      | 200400989 | <b>2:46.09</b> | 36.90 | 1:19.13 |      | 2:46.09 |
| 4. Koen Gaal                                                                                                                                                            | OEZA            | 2:50.91 | 199901113 | <b>2:51.27</b> | 37.30 | 1:21.13 |      | 2:51.27 |
| 5. Jasper Camphuijnder                                                                                                                                                  | OEZA            | 2:56.40 | 200502367 | <b>2:53.54</b> | 39.21 | 1:23.42 |      | 2:53.54 |
| 6. Jory van der Gracht                                                                                                                                                  | OEZA            | 2:53.67 | 198701097 | <b>2:56.53</b> | 39.77 | 1:24.15 |      | 2:56.53 |
| 7. Mica Blaauw                                                                                                                                                          | OEZA            | 3:30.90 | 200502889 | <b>2:57.31</b> | 39.60 | 1:24.37 |      | 2:57.31 |
| DIS Pieter Keller                                                                                                                                                       | WZ&PC Purmerend | 2:40.23 | 200103191 |                |       |         |      |         |
| SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdstedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien. |                 |         |           |                |       |         |      |         |

Programmanr. 31 Dames, 200m schoolslag Senioren Open  
15-3-2026 - 16:55 Resultaten

| rang naam          | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|--------------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Amber Veerman   | Ed-Vo           | 3:19.91 | 200500492 | <b>3:08.75</b> | 41.22 | 1:27.61 |      | 3:08.75 |
| 2. Luna Gouwerok   | WZ&PC Purmerend | 3:06.76 | 200502600 | <b>3:09.31</b> | 42.56 | 1:30.25 |      | 3:09.31 |
| 3. Shira de Haan   | OEZA            | 3:09.51 | 200001130 | <b>3:14.50</b> | 42.03 | 1:30.23 |      | 3:14.50 |
| 4. Mandy de Does   | Ed-Vo           | NT      | 200400212 | <b>3:17.01</b> | 44.09 | 1:33.70 |      | 3:17.01 |
| 5. Marieke Bos     | OEZA            | 3:34.13 | 200601272 | <b>3:49.89</b> | 50.54 | 1:48.38 |      | 3:49.89 |
| 6. Julia Bruins    | OEZA            | NT      | 200605388 | <b>3:53.78</b> | 52.49 | 1:52.32 |      | 3:53.78 |
| AFGEM Yente Blaauw | OEZA            | 3:19.99 | 200301932 |                |       |         |      |         |

Programmanr. 32 Jongens, 200m rugslag Onder 18  
15-3-2026 - 17:00 Resultaten

| rang naam                                                                                                  | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|------------------------------------------------------------------------------------------------------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Guido Schilder                                                                                          | Ed-Vo           | 3:09.78 | 200901911 | <b>2:35.39</b> | 37.56 | 1:17.78 |      | 2:35.39 |
| 2. Chris Louwersheimer                                                                                     | WZ&PC Purmerend | 2:39.45 | 200801849 | <b>2:37.52</b> | 37.86 | 1:17.57 |      | 2:37.52 |
| 3. Lucas Spijkerman                                                                                        | WZ&PC Purmerend | 3:05.44 | 200903959 | <b>3:08.26</b> | 41.35 | 1:25.72 |      | 3:08.26 |
| DIS Sem Schilder                                                                                           | Ed-Vo           | NT      | 201103575 |                |       |         |      |         |
| RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten. |                 |         |           |                |       |         |      |         |
| AFGEM Jason Beek                                                                                           | Ed-Vo           | 3:33.45 | 201101255 |                |       |         |      |         |

Programmanr. 33 Jongens, 100m rugslag Onder 18  
15-3-2026 - 17:05 Resultaten

| rang naam             | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|-----------------------|------------|---------|-----------|----------------|-------|---------|
| 1. Alex Kuijper       | OEZA       | 1:11.46 | 200802137 | <b>1:09.29</b> | 33.74 | 1:09.29 |
| 2. Jaidy Paap         | OEZA       | 1:23.74 | 200803965 | <b>1:26.53</b> | 42.35 | 1:26.53 |
| AFGEM Matvey Andreeva | Oceanus    | NT      | 200804183 |                |       |         |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 34 Meisjes, 200m rugslag Onder 18  
15-3-2026 - 17:10 Resultaten

| rang | naam            | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|------|-----------------|-----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.   | Sophie Spaans   | Ed-Vo           | 2:41.50 | 200802406 | <b>2:38.59</b> | 37.10 | 1:17.67 |      | 2:38.59 |
| 2.   | Noor Veerman    | Ed-Vo           | NT      | 200801780 | <b>3:01.00</b> | 42.25 | 1:28.25 |      | 3:01.00 |
| 3.   | Madelief D'Arcy | Ed-Vo           | 3:41.85 | 200902616 | <b>3:25.85</b> | 47.95 | 1:40.25 |      | 3:25.85 |
| DIS  | Emelie Bertram  | WZ&PC Purmerend | 3:03.94 | 201102536 |                |       |         |      |         |

*RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.*

Programmanr. 35 Meisjes, 100m rugslag Onder 18  
15-3-2026 - 17:15 Resultaten

| rang | naam           | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|------|----------------|------------|---------|-----------|----------------|-------|---------|
| 1.   | Xara de Roode  | OEZA       | 1:19.11 | 200803750 | <b>1:16.23</b> | 37.33 | 1:16.23 |
| 2.   | Soraya Lopes   | Oceanus    | 1:22.28 | 201000038 | <b>1:24.32</b> | 40.65 | 1:24.32 |
| 3.   | Sjors de Groot | OEZA       | 1:39.57 | 200804694 | <b>1:40.86</b> | 47.28 | 1:40.86 |

Programmanr. 36 Jongens, 100m vrije slag Onder 16  
15-3-2026 - 17:15 Resultaten

| rang  | naam              | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|-------------------|-----------------|---------|-----------|----------------|-------|---------|
| 1.    | Lex Koopmans      | Ed-Vo           | 1:03.00 | 201102081 | <b>1:03.54</b> | 30.63 | 1:03.54 |
| 2.    | Sasha Dailid      | WZ&PC Purmerend | 1:04.82 | 201003403 | <b>1:05.32</b> | 30.88 | 1:05.32 |
| 3.    | Nick Tol          | Ed-Vo           | 1:11.16 | 201102079 | <b>1:08.33</b> | 33.33 | 1:08.33 |
| 4.    | Lucas van Bijlert | Oceanus         | 1:18.43 | 201200987 | <b>1:20.40</b> | 37.33 | 1:20.40 |
| 5.    | Brighton Choy     | Oceanus         | 1:21.44 | 201301447 | <b>1:23.06</b> | 37.79 | 1:23.06 |
| AFGEM | Fabian Stabryla   | Oceanus         | 1:52.48 | 201203339 |                |       |         |

Programmanr. 37 Jongens, 50m vrije slag Onder 16  
15-3-2026 - 17:20 Resultaten

| rang | naam           | vereniging | intijd | tijd      | RT           |
|------|----------------|------------|--------|-----------|--------------|
| 1.   | Bram Stolk     | Oceanus    | 29.20  | 201100547 | <b>28.56</b> |
| 2.   | Stijn Butter   | OEZA       | 29.71  | 201100455 | <b>29.06</b> |
| 3.   | Daan Steijn    | OEZA       | 34.05  | 201102513 | <b>33.54</b> |
| 4.   | Fiodar Skachak | Oceanus    | 36.67  | 201103563 | <b>36.73</b> |

Programmanr. 38 Meisjes, 100m vrije slag Onder 16  
15-3-2026 - 17:20 Resultaten

| rang  | naam                  | vereniging      | intijd  | tijd      | RT                 | 50m   | 100m    |
|-------|-----------------------|-----------------|---------|-----------|--------------------|-------|---------|
| 1.    | Vera Keessen          | Oceanus         | 1:08.56 | 201200372 | <b>1:11.10</b>     | 33.81 | 1:11.10 |
| 2.    | Anne Zwarthoed        | Ed-Vo           | 1:13.91 | 201301562 | <b>1:16.31</b>     | 35.92 | 1:16.31 |
| 3.    | Eva Wigmans           | WZ&PC Purmerend | 1:14.48 | 201102538 | <b>1:16.82</b> FJ2 | 36.42 | 1:16.82 |
|       | Femke de Wit          | WZ&PC Purmerend | 1:17.02 | 201103656 | <b>1:16.82</b> FJ1 | 36.73 | 1:16.82 |
| 5.    | Lotte Veerman         | Ed-Vo           | 1:23.34 | 201201432 | <b>1:19.96</b>     | 37.61 | 1:19.96 |
| 6.    | Lisa van Amersfoort   | WZ&PC Purmerend | NT      | 201104172 | <b>1:22.40</b>     | 39.33 | 1:22.40 |
| 7.    | Chris Berger          | Oceanus         | 1:22.02 | 201301876 | <b>1:23.71</b>     | 38.67 | 1:23.71 |
| 8.    | Nika Spoelstra        | Oceanus         | 1:26.59 | 201303390 | <b>1:26.39</b>     | 38.54 | 1:26.39 |
| 9.    | Nora Saleh            | Oceanus         | 1:27.04 | 201302526 | <b>1:27.15</b>     | 39.94 | 1:27.15 |
| 10.   | Madelief Holwerda     | Oceanus         | 1:53.47 | 201302382 | <b>1:31.86</b>     | 42.46 | 1:31.86 |
| 11.   | Marie-Louise Z.       | Oceanus         | 1:36.63 | 201203762 | <b>1:44.94</b>     | 47.37 | 1:44.94 |
| AFGEM | Julia van der Schaaff | Oceanus         | 1:18.06 | 201301512 |                    |       |         |

2026-03-15=Heemskerk-Competitie deel 4  
Heemskerk, 15-3-2026

Programmanr. 39 Meisjes, 50m vrije slag Onder 16  
15-3-2026 - 17:25 Resultaten

| rang | naam                  | vereniging | intijd | tijd      | RT           |
|------|-----------------------|------------|--------|-----------|--------------|
| 1.   | Jytte Oortwijn        | OEZA       | 36.78  | 201002766 | <b>36.55</b> |
| 2.   | Lola Moespot          | Oceanus    | NT     | 201104092 | <b>41.92</b> |
| 3.   | Sphatika Deshkulkarni | Oceanus    | 58.18  | 201103846 | <b>46.56</b> |

Programmanr. 40 Heren, 4 x 100m vrije slag Senioren Open  
15-3-2026 - 17:30 Resultaten

| rang | naam                                    | vereniging                     | intijd             | tijd                              | RT                      |
|------|-----------------------------------------|--------------------------------|--------------------|-----------------------------------|-------------------------|
| 1.   | Ed-Vo 1<br>Remco Tol<br>Jac de Boer     | Ed-Vo<br>30 26.19              | 3:36.40<br>55.04   | Bjorn Keizer<br>Luc Kroon         | <b>3:37.50</b><br>24 24 |
| 2.   | Wzpc 1<br>Jeroen de Haan<br>Stanley Hau | WZ&PC Purmerend<br>34 22 29.70 | 3:52.41<br>1:02.37 | Pieter Keller<br>Vincent van Wely | <b>3:57.10</b><br>24 21 |

Programmanr. 41 Heren, 4 x 50m vrije slag Senioren Open  
15-3-2026 - 17:35 Resultaten

| rang | naam                                   | vereniging    | intijd           | tijd                             | RT                      |
|------|----------------------------------------|---------------|------------------|----------------------------------|-------------------------|
| 1.   | OEZA 1<br>Mica Blaauw<br>Wouter Breton | OEZA<br>20 36 | 1:43.20<br>27.30 | Jasper Camphuijnder<br>Roel Gaal | <b>1:44.19</b><br>20 24 |

Programmanr. 42 Dames, 4 x 100m wisselslag Senioren Open  
15-3-2026 - 17:35 Resultaten

| rang | naam                                    | vereniging           | intijd             | tijd                         | RT                      |
|------|-----------------------------------------|----------------------|--------------------|------------------------------|-------------------------|
| 1.   | Ed-Vo 1<br>Kim Veerman<br>Mandy de Does | Ed-Vo<br>22 21 37.34 | 5:07.05<br>1:18.13 | Kim Groeneveld<br>Donna Sier | <b>5:15.16</b><br>24 19 |

Programmanr. 43 Dames, 4 x 50m wisselslag Senioren Open  
15-3-2026 - 17:40 Resultaten

| rang | naam                                             | vereniging       | intijd                 | tijd                               | RT                      |
|------|--------------------------------------------------|------------------|------------------------|------------------------------------|-------------------------|
| 1.   | OEZA 1<br>Laura Siemerink<br>Iris van 't Veer    | OEZA<br>21 22    | 2:12.42<br>33.91 40.42 | Yara Wentink<br>Eline Hoekstra     | <b>2:12.84</b><br>21 22 |
| 2.   | Oceanus 1<br>Amber Bellaart<br>Olivia Schalekamp | Oceanus<br>24 23 | NT<br>36.84 38.60      | Nina Bellaart<br>Annette de Visser | <b>2:20.40</b><br>21 54 |