

15m vlinderslag benen onderwater

1. van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)
2. Schut Bodine	09	08-021	26.65	25m	29-9-19	Haarlem (NED)

25m vrije slag met koprol

1. van Ederen Jasmijn	10	08-021	23.13	25m	19-1-20	Zaandam (NED)
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25m rugslag start

1. van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)
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50m borstcrawl benen

1. van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)
2. Schut Bodine	09	08-021	1:09.03	25m	19-1-20	Zaandam (NED)

100m borstcrawl benen**25 vrije slag**

1. Schelvis Femke	84	08-021	13.11	25m	25-3-99	Heemskerk (NED)	507
2. de Groot Daniëlle	93	08-021	13.42	25m	31-5-08	Aalsmeer (NED)	473
2. Hoekstra Eline	03	08-021	13.42	25m	7-7-22	Heemskerk (NED)	473
4. Meijer Sylvia	81	08-021	13.43	25m	4-5-00	Heemskerk (NED)	472
5. Crok Linda	94	08-021	13.48	25m	30-6-11	Heemskerk (NED)	467
6. Wentink Yara	04	08-021	13.63	25m	7-7-22	Heemskerk (NED)	451
7. Hulshof Saskia	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
7. Schuyt Simone	75	08-021	13.70	25m	31-12-89	Heemskerk (NED)	445
9. Palmboom Nicole	91	08-021	13.79	25m	27-4-06	Heemskerk	436
10. Koster Lisa	94	08-021	13.81	25m	31-5-08	Aalsmeer (NED)	434
11. Gijzen-van der Kroft Nicole	84	08-021	13.95	25m	29-3-01	Heemskerk (NED)	421
12. van Staveren Marina	78	08-021	14.04	25m	14-4-11	Heemskerk (NED)	413
13. Schelvis Roos	86	08-021	14.05	25m	29-3-01	Heemskerk (NED)	412
13. Vink Lidewij	90	08-021	14.05	25m	19-4-07	Heemskerk (NED)	412
15. Besse Karen	75	08-021	14.10	25m	31-12-89	Heemskerk (NED)	408
16. Hoek Daniëlle	88	08-021	14.12	25m	30-6-11	Heemskerk (NED)	406
17. van der Geest Saskia	73	08-021	14.20	25m	12-1-89	Heemskerk (NED)	399
17. Stam Vanessa	80	08-021	14.20	25m	13-3-97	Heemskerk (NED)	399
19. van Ballegooie Simone	84	08-021	14.26	25m	29-3-01	Heemskerk (NED)	394
20. Groen Anne	95	08-021	14.32	25m	30-6-11	Heemskerk (NED)	389
21. Kleijne Daisy	89	08-021	14.33	25m	27-4-06	Heemskerk	388
22. Kramer Miranda	80	08-021	14.34	25m	4-5-00	Heemskerk (NED)	388
23. van Rookhuizen Sieta	79	08-021	14.35	25m	4-5-00	Heemskerk (NED)	387
23. van 't Veer Iris	03	08-021	14.35	25m	7-7-22	Heemskerk (NED)	387
25. Vink Marjolein	93	08-021	14.37	25m	29-5-08	Heemskerk (NED)	385
26. Stam Sabrina	82	08-021	14.40	25m	12-2-98	Heemskerk (NED)	383
27. Stins Mariska	84	08-021	14.42	25m	29-5-08	Heemskerk (NED)	381
28. Hogema Fabiën	93	08-021	14.43	25m	19-4-07	Heemskerk (NED)	380
29. Visser Kelly	89	08-021	14.45	25m	23-10-10	Emmeloord (NED)	379
30. Meijer Linda	77	08-021	14.50	25m	26-9-92		375
31. Butter Anouk	82	08-021	14.51	25m	29-3-01	Heemskerk (NED)	374
31. Essers Sanne	91	08-021	14.51	25m	27-4-06	Heemskerk	374

25 vrije slag (sinds 33)

33. Broek Jade	97	08-021	14.64	25m	7-7-22	Heemskerk (NED)	364
34. Crok Annemarie	89	08-021	14.65	25m	30-6-11	Heemskerk (NED)	363
35. Mallon Danique	94	08-021	14.67	25m	29-5-08	Heemskerk (NED)	362
35. Koopman Inge	93	08-021	14.67	25m	7-7-22	Heemskerk (NED)	362
37. de Boer Irene	84	08-021	14.70	25m	29-3-01	Heemskerk (NED)	360
37. de Haan Shira	00	08-021	14.70	25m	7-7-22	Heemskerk (NED)	360
39. de Vries Chrissie	93	08-021	14.72	25m	19-4-07	Heemskerk (NED)	358
40. Limmen Karin	76	08-021	14.90	25m	26-9-92		345
40. Krouwels Tanja	79	08-021	14.90	25m	12-2-98	Heemskerk (NED)	345
42. Heus Pauline	78	08-021	14.94	25m	4-5-00	Heemskerk (NED)	343
43. van der Gracht Anouk	89	08-021	14.95	25m	19-4-07	Heemskerk (NED)	342
44. Boekling Annette	85	08-021	14.97	25m	4-5-00	Heemskerk (NED)	341
45. Zonneveld Cindy	75	08-021	15.00	25m	31-12-89	Heemskerk (NED)	339
46. Zwarthoed Brenda	96	08-021	15.02	25m	31-5-08	Aalsmeer (NED)	337
47. Dijkstra Lisette	86	08-021	15.10	25m	10-12-98	Heemskerk (NED)	332
48. Petit Kirsten	00	08-021	15.17	25m	30-6-11	Heemskerk (NED)	327
49. Bruin Adri	74	08-021	15.20	25m	12-1-89	Heemskerk (NED)	325
49. Rodenburg Rianne	93	08-021	15.20	25m	27-4-06	Heemskerk	325
51. Regelink Anneke	83	08-021	15.21	25m	25-3-99	Heemskerk (NED)	325
52. Niesten Iris	92	08-021	15.24	25m	19-4-07	Heemskerk (NED)	323
53. Herwegh Binthy	09	08-021	15.29	25m	7-7-22	Heemskerk (NED)	320
54. Bos Chantal	74	08-021	15.30	25m	12-1-89	Heemskerk (NED)	319
55. Deiman Caroline	67	08-021	15.40	25m	12-1-89	Heemskerk (NED)	313
55. Hommersen Sandra	84	08-021	15.40	25m	12-2-98	Heemskerk (NED)	313
57. Koper Birgit	87	08-021	15.46	25m	27-4-06	Heemskerk	309
58. Visser Stacey	87	08-021	15.48	25m	29-3-01	Heemskerk (NED)	308
59. Bruin Marianne	78	08-021	15.50	25m	16-5-91	Heemskerk (NED)	307
60. de Boer Claudia	77	08-021	15.60	25m	31-12-89	Heemskerk (NED)	301
60. van Honk Chantal	80	08-021	15.60	25m	26-9-92		301
60. ten Cate Joyce	80	08-021	15.60	25m	13-5-07	Grootebroek (NED)	301
63. Liefing Sarina	93	08-021	15.66	25m	27-4-06	Heemskerk	298
64. Siemerink Laura	04	08-021	15.68	25m	7-7-22	Heemskerk (NED)	296
64. Bos Marieke	06	08-021	15.68	25m	7-7-22	Heemskerk (NED)	296
66. de Vries Cathy	77	08-021	15.70	25m	16-5-91	Heemskerk (NED)	295
66. de Boer Angela	80	08-021	15.70	25m	27-4-95	Heemskerk (NED)	295
68. Lindelauf Priscilla	85	08-021	15.79	25m	29-3-01	Heemskerk (NED)	290
68. van Kooten Cynthia	93	08-021	15.79	25m	30-11-06	Heemskerk	290
70. Keessen Pam	62	08-021	15.80	25m	14-9-76	Heemskerk (NED)	290
70. Moolevliet Petra	82	08-021	15.80	25m	14-3-96	Heemskerk (NED)	290
72. Koopman Anitra	89	08-021	15.87	25m	29-3-01	Heemskerk (NED)	286
73. Hoek Laura	86	08-021	15.88	25m	4-5-00	Heemskerk (NED)	285
74. Splinter Nathalie	75	08-021	15.90	25m	12-1-89	Heemskerk (NED)	284
74. Oudendijk Bianca	79	08-021	15.90	25m	27-4-95	Heemskerk (NED)	284
76. de Ruijter Linda	87	08-021	16.00	25m	15-2-01	Heemskerk (NED)	279
77. van Ballegooie Stefanie	86	08-021	16.03	25m	4-5-00	Heemskerk (NED)	277
78. Teufer Irene	96	08-021	16.12	25m	19-4-07	Heemskerk (NED)	273
79. Limmen Miriam	75	08-021	16.20	25m	12-1-89	Heemskerk (NED)	269
79. van Velsen Patricia	79	08-021	16.20	25m	27-4-95	Heemskerk (NED)	269
79. Dijkstra Maud	84	08-021	16.20	25m	5-3-98	Heemskerk (NED)	269
82. Vredenburg Roos	95	08-021	16.23	25m	29-5-08	Heemskerk (NED)	267
83. van der Eng Laura	80	08-021	16.30	25m	14-3-96	Heemskerk (NED)	264
84. Smit Lydia	84	08-021	16.32	25m	25-3-99	Heemskerk (NED)	263
84. Nijman José	93	08-021	16.32	25m	29-5-08	Heemskerk (NED)	263

25 vrije slag (sinds 86)

86.	Welboren Trudy	61	08-021	16.40	25m	14-9-76	Heemskerk (NED)	259
87.	de Boer Maia	03	08-021	16.44	25m	7-7-22	Heemskerk (NED)	257
88.	van Assema Eline	05	08-021	16.47	25m	7-7-22	Heemskerk (NED)	256
89.	Molenaar Eline	82	08-021	16.51	25m	25-3-99	Heemskerk (NED)	254
90.	Cappelle Carlijn	82	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
90.	de Vries Justine	83	08-021	16.60	25m	13-3-97	Heemskerk (NED)	250
90.	Buur Naomi	01	08-021	16.60	25m	26-4-12	Heemskerk (NED)	250
90.	Knight Kayleigh	00	08-021	16.60	25m	7-7-22	Heemskerk (NED)	250
94.	Wegchelaer Ageeth	62	08-021	16.70	25m	30-3-76	Heemskerk (NED)	245
94.	Huneker Jolanda	79	08-021	16.70	25m	12-2-98	Heemskerk (NED)	245
94.	Zonneveld Chantal	84	08-021	16.70	25m	22-2-01	Heemskerk (NED)	245
94.	van Koeveringe Nicole	93	08-021	16.70	25m	27-4-06	Heemskerk	245
98.	de Roode Xara	08	08-021	16.92	25m	7-7-22	Heemskerk (NED)	236
99.	Groot Tineke	60	08-021	17.00	25m	30-3-76	Heemskerk (NED)	232
99.	ten Cate Ilona	85	08-021	17.00	25m	29-3-01	Heemskerk (NED)	232
101.	Ivens Suzanne	99	08-021	17.01	25m	30-6-11	Heemskerk (NED)	232
102.	Zonneveld Monica	80	08-021	17.10	25m	16-6-93		228
102.	van Leen Cynthia	81	08-021	17.10	25m	14-3-96	Heemskerk (NED)	228
104.	van Putten Demi	96	08-021	17.11	25m	30-6-11	Heemskerk (NED)	228
105.	Stel Kaylin	01	08-021	17.16	25m	3-1-10	Culemborg (NED)	226
105.	de Vriend Sofie	01	08-021	17.16	25m	26-4-12	Heemskerk (NED)	226
107.	Koper Fiona	01	08-021	17.19	25m	26-4-12	Heemskerk (NED)	225
108.	Limmen Anita	78	08-021	17.20	25m	26-9-92		224
109.	Steenkamp Ciska	90	08-021	17.25	25m	29-3-01	Heemskerk (NED)	222
109.	Kesting Alexandra	00	08-021	17.25	25m	14-4-11	Heemskerk (NED)	222
111.	Domburg Irma	62	08-021	17.30	25m	30-3-76	Heemskerk (NED)	221
111.	Cappelle Marcella	85	08-021	17.30	25m	12-2-98	Heemskerk (NED)	221
113.	de Groot Sjors	08	08-021	17.39	25m	7-7-22	Heemskerk (NED)	217
114.	Koper Ella	90	08-021	17.47	25m	27-4-06	Heemskerk	214
115.	Glorie Astrid	63	08-021	17.50	25m	14-9-76	Heemskerk (NED)	213
116.	Beeksma Anne	88	08-021	17.64	25m	29-3-01	Heemskerk (NED)	208
117.	Besse Meta	78	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206
117.	Bakker Jesca	79	08-021	17.70	25m	31-12-89	Heemskerk (NED)	206
117.	Mulder Amy	80	08-021	17.70	25m	16-6-93		206
117.	Hoogervorst Marlon	84	08-021	17.70	25m	16-2-95	Heemskerk (NED)	206
117.	Zijlstra Mariëlle	83	08-021	17.70	25m	14-3-96	Heemskerk (NED)	206
122.	Beentjes Nicolet	80	08-021	17.81	25m	25-3-99	Heemskerk (NED)	202
123.	Wissenburg Petra	65	08-021	17.90	25m	14-9-76	Heemskerk (NED)	199
124.	Viel Bianca	85	08-021	17.95	25m	4-5-00	Heemskerk (NED)	197
125.	Teunissen Petra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
125.	Reijnders Sandra	64	08-021	18.00	25m	14-9-76	Heemskerk (NED)	196
127.	Bakker Daniëlle	96	08-021	18.12	25m	29-5-08	Heemskerk (NED)	192
128.	Dijkstra Janet	77	08-021	18.20	25m	12-1-89	Heemskerk (NED)	189
129.	de Wolff Isabel	01	08-021	18.27	25m	26-4-12	Heemskerk (NED)	187
130.	Mosch Sabina	84	08-021	18.30	25m	12-2-98	Heemskerk (NED)	186
131.	de Wildt Maud	05	08-021	18.35	25m	7-7-22	Heemskerk (NED)	185
132.	Dijkstra Pascal	89	08-021	18.42	25m	22-11-98	Zaandam (NED)	183
133.	Dekker Danyk	94	08-021	18.48	25m	29-5-08	Heemskerk (NED)	181
134.	van der Wijden Eline	88	08-021	18.49	25m	29-3-01	Heemskerk (NED)	181
135.	Walraven Annet	62	08-021	18.60	25m	30-3-76	Heemskerk (NED)	177
136.	de Graaf Annemiek	70	08-021	18.70	25m	16-3-80	Heemskerk (NED)	175
136.	van den Braber Liesbeth	84	08-021	18.70	25m	12-2-98	Heemskerk (NED)	175
138.	Oortwijn Jytte	10	08-021	18.76	25m	7-7-22	Heemskerk (NED)	173

25 vrije slag (sinds 139)

139.	de Laat Anita	75	08-021	19.00	25m	22-3-88	Heemskerk (NED)	166
140.	Wieman Lianne	03	08-021	19.03	25m	13-4-14	Zaandam (NED)	166
141.	Rodenburg Kyra	96	08-021	19.11	25m	27-4-06	Heemskerk	163
142.	van Huisstede Nikita	01	08-021	19.15	25m	26-4-12	Heemskerk (NED)	162
143.	Geurtsen Daisy	89	08-021	19.18	25m	29-3-01	Heemskerk (NED)	162
144.	Sahin Sümeyye Sena	10	08-021	19.19	25m	7-7-22	Heemskerk (NED)	161
145.	Huisman Lianne	87	08-021	19.20	25m	22-3-01	Heemskerk (NED)	161
146.	Elghandor Kiyaan	03	08-021	19.21	25m	13-4-14	Zaandam (NED)	161
147.	Dekker Elise	97	08-021	19.34	25m	20-3-05	Heemstede (NED)	158
148.	van Rijn Sydney	03	08-021	19.35	25m	13-4-14	Zaandam (NED)	157
149.	Peters Yvonne	63	08-021	19.40	25m	14-9-76	Heemskerk (NED)	156
149.	de Groot Linda	81	08-021	19.40	25m	10-11-94	Heemskerk (NED)	156
151.	Venema Jalina	04	08-021	19.46	25m	13-4-14	Zaandam (NED)	155
152.	de Visser Jolanda	62	08-021	19.50	25m	30-3-76	Heemskerk (NED)	154
152.	Schijf Irene	83	08-021	19.50	25m	16-3-95	Heemskerk (NED)	154
152.	Martens Priscilla	85	08-021	19.50	25m	20-3-97	Heemskerk (NED)	154
155.	Nijman Linda	89	08-021	19.57	25m	29-3-01	Heemskerk (NED)	152
156.	Welboren Els	64	08-021	19.60	25m	14-9-76	Heemskerk (NED)	151
157.	Copier Alyssa	04	08-021	19.65	25m	13-4-14	Zaandam (NED)	150
158.	Buur Cindy	99	08-021	19.72	25m	14-4-11	Heemskerk (NED)	149
159.	van Sikkelerus Lisa	99	08-021	19.75	25m	30-6-11	Heemskerk (NED)	148
160.	Visser Mara	09	08-021	19.78	25m	25-5-23	Heemskerk (NED)	147
161.	van der Horst Sacha	69	08-021	19.80	25m	1-9-79	Heemskerk (NED)	147
162.	de Weers Anne-Michelle	63	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
162.	van Zwieten Jacqueline	64	08-021	20.00	25m	14-9-76	Heemskerk (NED)	143
162.	Potemans Priscilla	84	08-021	20.00	25m	13-3-97	Heemskerk (NED)	143
165.	Sobh Shaime	03	08-021	20.01	25m	13-4-14	Zaandam (NED)	142
166.	Hoffland Yasmin	01	08-021	20.03	25m	26-4-12	Heemskerk (NED)	142
167.	Veldhuis Amelia	03	08-021	20.08	25m	13-4-14	Zaandam (NED)	141
168.	Palthe Monique	64	08-021	20.10	25m	14-9-76	Heemskerk (NED)	140
168.	Snijder Femke	83	08-021	20.10	25m	20-1-94	Heemskerk	140
168.	Werdekker Marjolein	81	08-021	20.10	25m	13-3-97	Heemskerk (NED)	140
171.	Borg Karin	61	08-021	20.20	25m	30-3-76	Heemskerk (NED)	138
171.	Pover Ellen	72	08-021	20.20	25m	13-12-81	Volendam (NED)	138
171.	Bakker Anna	97	08-021	20.20	25m	29-5-08	Heemskerk (NED)	138
174.	Pezo Adna	90	08-021	20.28	25m	29-3-01	Heemskerk (NED)	137
175.	van de Kamp Pauline	61	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
175.	Put Ann	64	08-021	20.40	25m	30-3-76	Heemskerk (NED)	134
175.	Gerritsen Jolanda	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	134
178.	van Galen Marion	61	08-021	20.50	25m	30-3-76	Heemskerk (NED)	132
178.	Buur Carina	64	08-021	20.50	25m	14-9-76	Heemskerk (NED)	132
178.	Windmuller Wendy	69	08-021	20.50	25m	1-9-79	Heemskerk (NED)	132
181.	Welboren Julia	00	08-021	20.65	25m	26-4-12	Heemskerk (NED)	129
182.	Grul Lisanne	97	08-021	20.86	25m	29-5-08	Heemskerk (NED)	126
183.	Kerkhoven Michelle	91	08-021	20.87	25m	29-3-01	Heemskerk (NED)	125
184.	Schaaper Margriet	62	08-021	20.90	25m	30-3-76	Heemskerk (NED)	125
184.	van der Horst Wendy	72	08-021	20.90	25m	10-2-80	Heerhugowaard (NED)	125
184.	van Honschoten Ingeborg	70	08-021	20.90	25m	16-3-80	Heemskerk (NED)	125
187.	Blaauw Yente	03	08-021	21.02	25m	26-4-12	Heemskerk (NED)	123
188.	Pover Karin	67	08-021	21.10	25m	14-9-76	Heemskerk (NED)	121
189.	Renkema Iris	04	08-021	21.27	25m	11-11-12	Schagen (NED)	118
190.	Numan Annelies	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	116
191.	Hoekstra Femke	05	08-021	21.57	25m	13-4-14	Zaandam (NED)	114

25 vrije slag (sinds 192)

192.	van Ederen Jasmijn	10	08-021	21.65	25m	13-5-18	Haarlem (NED)	112
193.	Hoeksema Kim	90	08-021	21.68	25m	29-3-01	Heemskerk (NED)	112
194.	Tholen Kirsten	66	08-021	21.70	25m	14-9-76	Heemskerk (NED)	111
195.	Banks Riley	17	08-021	21.76	25m	4-4-24	Heemskerk (NED)	111
196.	Limmen Corina	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	110
196.	Heus Inge	81	08-021	21.80	25m	16-5-91	Heemskerk (NED)	110
196.	Werdekker Esther	83	08-021	21.80	25m	13-3-97	Heemskerk (NED)	110
199.	Kragt Kirsten	10	08-021	21.84	25m	7-12-23	Heemskerk (NED)	109
200.	van Noort Jony	85	08-021	21.90	25m	14-3-96	Heemskerk (NED)	108
201.	Leek Marja	63	08-021	22.50	25m	30-3-76	Heemskerk (NED)	100
202.	van de Kamp Yvonne	65	08-021	22.60	25m	14-9-76	Heemskerk (NED)	99
203.	Jonker Monique	66	08-021	22.80	25m	14-9-76	Heemskerk (NED)	96
204.	van den Heuvel Sandra	80	08-021	22.90	25m	12-1-89	Heemskerk (NED)	95
205.	Oliveira Rocha Yara	17	08-021	22.96	25m	21-4-24	Krommenie (NED)	94
206.	Butter Noor	16	08-021	23.08	25m	4-4-24	Heemskerk (NED)	93
207.	van der Zee Olga	66	08-021	23.30	25m	14-9-76	Heemskerk (NED)	90
208.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	89
209.	Herwegh Izayra Rena	14	08-021	23.59	25m	15-1-23	Den Helder (NED)	87
210.	van Leeuwen Andrea	71	08-021	23.60	25m	1-9-79	Heemskerk (NED)	87
211.	Eijndhoven Jonna	02	08-021	23.70	25m	13-11-11	Zaandam (NED)	85
212.	Visser Mirjam	67	08-021	23.90	25m	30-3-76	Heemskerk (NED)	83
213.	Kuijl Karin	65	08-021	24.00	25m	14-9-76	Heemskerk (NED)	82
214.	Rasch Monique	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	81
215.	Bakker Lisette	83	08-021	24.20	25m	14-3-96	Heemskerk (NED)	80
216.	Haack Fenna	16	08-021	24.22	25m	21-4-24	Krommenie (NED)	80
217.	van Megen Carla	65	08-021	24.40	25m	30-3-76	Heemskerk (NED)	78
217.	de Jonge Ida	61	08-021	24.40	25m	14-9-76	Heemskerk (NED)	78
219.	Stoker Ianthe	84	08-021	24.50	25m	20-3-97	Heemskerk (NED)	77
220.	Liefting Marielle	90	08-021	24.83	25m	29-3-01	Heemskerk (NED)	74
221.	Badahi Lina	10	08-021	24.88	25m	7-12-23	Heemskerk (NED)	74
222.	Zuidervaart Anne	02	08-021	24.91	25m	30-6-11	Heemskerk (NED)	74
223.	van Dam Merel	14	08-021	25.03	25m	14-3-24	Heemskerk (NED)	72
224.	Nobels Marlies	65	08-021	25.10	25m	14-9-76	Heemskerk (NED)	72
225.	Post Aijuna	14	08-021	25.16	25m	14-3-24	Heemskerk (NED)	71
226.	Groot Carolien	64	08-021	25.20	25m	30-3-76	Heemskerk (NED)	71
226.	Jonker Nicole	68	08-021	25.20	25m	14-9-76	Heemskerk (NED)	71
226.	Aafjes Suzan	69	08-021	25.20	25m	1-9-79	Heemskerk (NED)	71
229.	van Ess Zoe	14	08-021	25.30	25m	18-9-25	Heemskerk (NED)	70
230.	Zonneveld Jennifer	88	08-021	25.36	25m	29-3-01	Heemskerk (NED)	70
231.	Janssen Tess	89	08-021	25.40	25m	12-2-98	Heemskerk (NED)	69
232.	Tilgenkamp Lentley	13	08-021	25.53	25m	4-4-24	Heemskerk (NED)	68
233.	van Laarhoven Salome	15	08-021	25.68	25m	21-4-24	Krommenie (NED)	67
234.	Ramazani Helia	16	08-021	25.77	25m	9-11-25	Zaandam (NED)	66
235.	de Haan Liesbeth	64	08-021	26.20	25m	30-3-76	Heemskerk (NED)	63
235.	van der Zee Paula	68	08-021	26.20	25m	14-9-76	Heemskerk (NED)	63
237.	Beentjes Esther	66	08-021	26.40	25m	30-3-76	Heemskerk (NED)	62
238.	Zwart Ellen	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	61
238.	Palthe Yvonne	67	08-021	26.50	25m	14-9-76	Heemskerk (NED)	61
240.	van Hiele Femke	13	08-021	26.67	25m	26-9-24	Heemskerk (NED)	60
241.	Plokker Sylvia	68	08-021	26.70	25m	14-9-76	Heemskerk (NED)	60
242.	van der Mei Monique	65	08-021	26.80	25m	30-3-76	Heemskerk (NED)	59
242.	van Rijn Ilona	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	59
244.	Reeuwijk Danielle	70	08-021	27.30	25m	1-9-79	Heemskerk (NED)	56

25 vrije slag (sinds 245)

245.	van Toledo Annelies	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	55
246.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
246.	Hollander Marianne	65	08-021	27.50	25m	30-3-76	Heemskerk (NED)	55
248.	Spanjaard Marijke	65	08-021	27.70	25m	30-3-76	Heemskerk (NED)	53
249.	Peters Marion	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	53
249.	Zeeman Judith	70	08-021	27.80	25m	1-9-79	Heemskerk (NED)	53
251.	Haack Zowi	18	08-021	27.83	25m	15-12-24	Amsterdam (NED)	53
252.	Nuyten Carolien	63	08-021	27.90	25m	30-3-76	Heemskerk (NED)	52
252.	Windmuller Annemarie	67	08-021	27.90	25m	14-9-76	Heemskerk (NED)	52
254.	ter Horst Ilja	67	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
254.	Kraamer Carla	66	08-021	28.00	25m	30-3-76	Heemskerk (NED)	52
256.	van Wijngaarden Linda	65	08-021	28.20	25m	30-3-76	Heemskerk (NED)	51
257.	Bos Froke	69	08-021	28.40	25m	30-3-76	Heemskerk (NED)	49
257.	de Vries Annelies	64	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
257.	Cijsouw Karin	66	08-021	28.40	25m	14-9-76	Heemskerk (NED)	49
260.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
260.	van der Leden Laura	68	08-021	28.50	25m	14-9-76	Heemskerk (NED)	49
262.	Bakkum Astrid	65	08-021	28.60	25m	14-9-76	Heemskerk (NED)	48
263.	van Roon Jill	14	08-021	29.03	25m	14-3-24	Heemskerk (NED)	46
264.	Poppema Yvonne	68	08-021	29.10	25m	14-9-76	Heemskerk (NED)	46
265.	Dwarswaard Wilma	64	08-021	29.20	25m	30-3-76	Heemskerk (NED)	45
266.	Dekker Jane	17	08-021	29.38	25m	8-5-25	Heemskerk (NED)	45
267.	de Buyzer Anita	67	08-021	29.40	25m	30-3-76	Heemskerk (NED)	45
267.	Lammers Angelique	68	08-021	29.40	25m	14-9-76	Heemskerk (NED)	45
269.	Konz Cyndy	66	08-021	29.50	25m	14-9-76	Heemskerk (NED)	44
270.	Huisman Jolanda	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
270.	van Giezen Corina	68	08-021	29.80	25m	30-3-76	Heemskerk (NED)	43
270.	Slotemaker Britt	14	08-021	29.80	25m	25-5-23	Heemskerk (NED)	43
273.	Ververst Brigitte	66	08-021	30.40	25m	14-9-76	Heemskerk (NED)	40
274.	Gravemaker Sandra	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	39
275.	Reuderink Bettina	67	08-021	30.90	25m	14-9-76	Heemskerk (NED)	38
276.	Eggink Christa	65	08-021	31.40	25m	30-3-76	Heemskerk (NED)	36
277.	Zieck Esther	67	08-021	31.50	25m	30-3-76	Heemskerk (NED)	36
277.	Lange Sandra	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	36
277.	van der Veldt Sandra	72	08-021	31.50	25m	10-2-80	Heerhugowaard (NED)	36
280.	van Vliet Sandra	67	08-021	31.70	25m	30-3-76	Heemskerk (NED)	35
281.	Ververst Jacqueline	68	08-021	32.20	25m	14-9-76	Heemskerk (NED)	34
282.	de Wit Irene	68	08-021	32.30	25m	30-3-76	Heemskerk (NED)	33
283.	Welboren Carla	68	08-021	32.60	25m	30-3-76	Heemskerk (NED)	33
284.	de Graaf Marion	72	08-021	32.70	25m	10-2-80	Heerhugowaard (NED)	32
285.	Niessen Annemarie	67	08-021	33.00	25m	14-9-76	Heemskerk (NED)	31
285.	Atzei Sabina	71	08-021	33.00	25m	10-2-80	Heerhugowaard (NED)	31
287.	Raaymakers Marjolein	68	08-021	33.50	25m	14-9-76	Heemskerk (NED)	30
288.	Dekker Ivy	16	08-021	33.62	25m	27-2-25	Heemskerk (NED)	30
289.	Reitsma Liv	14	08-021	34.73	25m	15-12-22	Heemskerk (NED)	27
290.	Dorlandt Yvonne	69	08-021	35.50	25m	30-3-76	Heemskerk (NED)	25
291.	Windmuller Jolande	65	08-021	35.80	25m	14-9-76	Heemskerk (NED)	24
292.	Guldemond Collinda	68	08-021	38.00	25m	14-9-76	Heemskerk (NED)	20
293.	Berloth Lydia	68	08-021	39.80	25m	30-3-76	Heemskerk (NED)	18
294.	van Roon Lexie	18	08-021	41.63	25m	18-9-25	Heemskerk (NED)	15
295.	de Vries Sascha	69	08-021	41.80	25m	30-3-76	Heemskerk (NED)	15
296.	Mooy Monique	69	08-021	43.50	25m	30-3-76	Heemskerk (NED)	13
297.	Beemsterboer Marianne	67	08-021	48.50	25m	30-3-76	Heemskerk (NED)	10

25 vrije slag (sinds 298)

298. Roestenberg Miriam	70	08-021	52.00	25m	14-9-76	Heemskerk (NED)	8
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50 vrije slag

1. Kingma Danae	00	08-021	26.92	25m	29-1-16	Amsterdam (NED)	617
2. Wentink Yara	04	08-021	27.37	25m	29-6-24	Rotterdam (NED)	588
3. Schelvis Femke	84	08-021	27.68	25m	7-11-04	IJmuiden (NED)	568
4. Smit Sanne	01	08-021	27.94	25m	17-11-18	Hoofddorp (NED)	552
5. Drubers Mirjam	67	08-021	28.20	25m	31-12-84		537
5. Siemerink Laura	04	08-021	28.20	25m	21-4-19	Haarlem (NED)	537
7. de Groot Daniëlle	93	08-021	28.39	25m	21-6-08	Alkmaar (NED)	526
8. Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)	578
9. Broek Jade	97	08-021	28.47	25m	6-12-15	Purmerend (NED)	522
10. Hoekstra Eline	03	08-021	28.51	25m	23-11-19	Hoofddorp (NED)	520
11. Palmboom Nicole	91	08-021	28.58	25m	23-3-08	Haarlem (NED)	516
12. Groen Anne	95	08-021	28.77	25m	13-10-16	Heemskerk (NED)	506
13. Crok Linda	94	08-021	28.99	25m	24-4-11	Haarlem (NED)	494
14. Meijer Sylvia	81	08-021	29.10	25m	6-4-97	Heemskerk (NED)	489
15. Vink Lidewij	90	08-021	29.17	25m	29-5-08	Heemskerk (NED)	485
16. van 't Veer Iris	03	08-021	29.36	25m	24-4-22	Den Helder (NED)	476
17. Hoek Daniëlle	88	08-021	29.49	25m	28-12-04	Maastricht (NED)	470
18. van de Poll Marianne	89	08-021	29.52	25m	29-1-04	Heemskerk (NED)	468
19. Kleijne Daisy	89	08-021	29.57	25m	13-4-09	Haarlem (NED)	466
20. van Rijn-Hofwegen Wilma	71	08-021	29.61	25m	1-12-13	Vlaardingen (NED)	464
21. Herwegh Yara	07	08-021	29.79	25m	10-11-24	Purmerend (NED)	456
22. Schuyt Simone	75	08-021	29.80	25m	22-1-89	Zaandam (NED)	455
22. Hulshof Saskia	73	08-021	29.80	25m	11-3-90	Heemskerk (NED)	455
24. Koopman Inge	93	08-021	29.82	25m	24-4-22	Den Helder (NED)	454
25. Vink Marjolein	93	08-021	29.88	25m	8-4-07	Haarlem (NED)	451
26. Verbree Bets	63	08-021	29.90	25m	5-4-81	Heemskerk (NED)	451
26. Gijzen-van der Kroft Nicole	84	08-021	29.90	25m	27-9-01	Heemskerk	451
28. Koper Fiona	01	08-021	30.05	25m	17-6-18	Alkmaar (NED)	444
29. van Staveren Marina	78	08-021	30.06	25m	18-2-12	Heerenveen (NED)	443
30. Zwarthoed Brenda	96	08-021	30.08	25m	31-5-08	Aalsmeer (NED)	442
31. Stam Vanessa	80	08-021	30.10	25m	7-6-98	Zaandam (NED)	442
32. Spijker Kristel	84	08-021	30.19	25m	27-2-10	Hoorn (NED)	438
33. Herwegh Binthy	09	08-021	30.23	25m	27-10-24	Zaandam (NED)	436
34. Kramer Miranda	80	08-021	30.25	25m	15-11-98	Zaandam (NED)	435
35. Stins Mariska	84	08-021	30.30	25m	11-4-10	Zaandam (NED)	433
36. de Roode Xara	08	08-021	30.32	25m	9-3-25	Purmerend (NED)	432
37. Crok Annemarie	89	08-021	30.36	25m	9-3-08	Heemskerk (NED)	430
38. de Haan Shira	00	08-021	30.39	25m	13-10-16	Heemskerk (NED)	429
39. Schelvis Roos	86	08-021	30.44	25m	4-11-99	Heemskerk (NED)	427
40. Mallon Danique	94	08-021	30.47	25m	27-2-10	Hoorn (NED)	426
41. Jongema Helena	80	08-021	30.48	25m	2-2-08	Heerenveen (NED)	425
41. Buur Naomi	01	08-021	30.48	25m	1-2-15	Zaandam (NED)	425
43. van Ballegooie Simone	84	08-021	30.50	25m	26-4-01	Heemskerk (NED)	424
44. Essers Sanne	91	08-021	30.55	25m	30-12-07	Maastricht (NED)	422
45. van der Gracht Anouk	89	08-021	30.65	50m	25-5-13	Beverwijk (NED)	460
46. de Boer Maia	03	08-021	30.68	50m	19-6-22	Bergbad Bückeburg (GER)	459
47. Besse Karen	75	08-021	30.70	25m	10-3-91	Heemskerk (NED)	416
47. Stam Sabrina	82	08-021	30.70	25m	7-5-98	Heemskerk (NED)	416
49. Visser Kelly	89	08-021	30.78	25m	11-10-12	Heemskerk (NED)	413

50 vrije slag (sinds 50)

50.	Petit Kirsten	00	08-021	31.01	25m	30-12-16	Leeuwarden (NED)	404
51.	Limmen Karin	76	08-021	31.10	25m	14-4-93		400
52.	Zonneveld Chantal	84	08-021	31.12	25m	26-10-00	Heemskerk (NED)	400
52.	Stel Serena	98	08-021	31.12	25m	5-4-10	Haarlem (NED)	400
54.	Renkema Iris	04	08-021	31.25	25m	11-11-17	Hoofddorp (NED)	395
55.	Butter Anouk	82	08-021	31.26	25m	8-4-07	Haarlem (NED)	394
56.	Meijer Linda	77	08-021	31.30	25m	5-4-92	Heemskerk (NED)	393
57.	van Rookhuizen Sieta	79	08-021	31.36	25m	4-11-99	Heemskerk (NED)	390
58.	Haasbroek Renske	03	08-021	31.37	25m	24-11-24	Den Haag (NED)	390
59.	Hogema Fabiën	93	08-021	31.44	25m	8-4-07	Haarlem (NED)	387
60.	Koopman Anitra	89	08-021	31.46	25m	27-1-05	Heemskerk (NED)	387
61.	van der Geest Saskia	73	08-021	31.50	25m	13-12-89		385
61.	de Boer Irene	84	08-021	31.50	25m	19-4-98	Zaandam (NED)	385
63.	Dijkstra Lisette	86	08-021	31.51	25m	10-1-99	Zuidoost Beemster (NED)	385
64.	Windmuller Wendy	69	08-021	31.60	25m	21-5-87	Heemskerk (NED)	382
65.	de Graaf Annemiek	70	08-021	31.80	25m	21-5-87	Heemskerk (NED)	374
66.	ten Bokkel Henriëke	94	08-021	31.82	25m	17-5-18	Heemskerk (NED)	374
67.	Vredenburg Roos	95	08-021	31.84	25m	4-4-10	Haarlem (NED)	373
68.	Zwaan Melissa	91	08-021	31.88	25m	28-12-03	Maastricht (NED)	372
69.	Ivens Suzanne	99	08-021	31.96	25m	6-10-13	Heemskerk (NED)	369
70.	van Honk Chantal	80	08-021	32.00	25m	14-4-93		367
71.	de Wildt Maud	05	08-021	32.07	25m	23-11-19	Hoofddorp (NED)	365
72.	de Groot Gitta	60	08-021	32.10	25m	12-2-78	Heemskerk (NED)	364
72.	van Galen Angela	65	08-021	32.10	25m	5-4-81	Heemskerk (NED)	364
74.	Blaauw Yente	03	08-021	32.12	25m	15-10-17	Alkmaar (NED)	363
75.	Bos Marieke	06	08-021	32.16	25m	23-11-19	Hoofddorp (NED)	362
76.	van Koeveringe Nicole	93	08-021	32.18	25m	23-4-09	Heemskerk (NED)	361
77.	Niesten Iris	92	08-021	32.19	50m	13-4-08	Antwerpen (BEL)	397
78.	van Sikkelerus Lisa	99	08-021	32.22	25m	6-10-13	Heemskerk (NED)	360
79.	van Duin Margret	60	08-021	32.30	25m	12-2-78	Heemskerk (NED)	357
79.	Bakkum Wilma	62	08-021	32.30	25m	27-9-80	Heemskerk (NED)	357
79.	Heus Pauline	78	08-021	32.30	25m	16-11-97	Zaandam (NED)	357
79.	van Langelaar Tessa	97	08-021	32.30	25m	12-2-12	Heemstede (NED)	357
83.	Teufer Irene	96	08-021	32.34	25m	13-1-08	Heemskerk (NED)	356
84.	Hoffland Yasmin	01	08-021	32.36	25m	9-11-17	Heemskerk (NED)	355
85.	van Giezen Sandra	63	08-021	32.40	25m	2-3-80	Heemskerk (NED)	354
85.	Hermans Liesbeth	66	08-021	32.40	25m	28-9-80	Zaandam (NED)	354
87.	Schoonderwoerd Rianne	95	08-021	32.41	50m	28-5-23	Arnsberg (GER)	389
88.	van Huisstede Nikita	01	08-021	32.43	25m	13-10-16	Heemskerk (NED)	353
89.	van Vliet Isabel	02	08-021	32.48	50m	25-3-18	Alkmaar (NED)	387
90.	Plokker Sylvia	68	08-021	32.50	25m	7-3-82		351
91.	de Vries Chrissie	93	08-021	32.58	25m	25-1-07	Heemskerk (NED)	348
92.	Krouwels Tanja	79	08-021	32.60	25m	19-4-98	Zaandam (NED)	347
93.	van Eerden Meike	00	08-021	32.61	25m	24-3-19	Purmerend (NED)	347
94.	Boekling Annette	85	08-021	32.63	25m	26-4-01	Heemskerk (NED)	347
95.	de Boer Angela	80	08-021	32.70	25m	24-4-94	Zaandam (NED)	344
96.	Scholten Britt	04	08-021	32.75	25m	11-2-18	Zaandam (NED)	343
97.	Oosterveen Yvonne	80	08-021	32.90	25m	14-4-93		338
98.	de Ruijter Linda	87	08-021	32.93	25m	23-3-03	Heemstede	337
99.	Poppema Yvonne	68	08-021	33.00	25m	23-9-84	Heemskerk (NED)	335
99.	van Assema Eline	05	08-021	33.00	25m	18-9-25	Heemskerk (NED)	335
101.	Veldhuis Amelia	03	08-021	33.01	25m	4-10-20	Heemskerk (NED)	335
102.	Smid Diane	65	08-021	33.18	25m	13-5-07	Grootebroek (NED)	330

50 vrije slag (sinds 103)

103.	van der Horst Sacha	69	08-021	33.20	25m	11-12-83	Heemskerk (NED)	329
103.	de Boer Claudia	77	08-021	33.20	25m	10-3-91	Heemskerk (NED)	329
105.	van Giezen Corina	68	08-021	33.30	25m	23-9-84	Heemskerk (NED)	326
106.	Deiman Caroline	67	08-021	33.40	25m	13-12-89		323
107.	Angenent Nienke	01	08-021	33.42	25m	18-1-15	Zaandam (NED)	322
107.	van Rijn Sydney	03	08-021	33.42	25m	9-11-17	Heemskerk (NED)	322
109.	van Ballegooie Stefanie	86	08-021	33.58	25m	25-10-01	Heemskerk	318
110.	Oudendijk Bianca	79	08-021	33.60	25m	14-4-96	Zaandam (NED)	317
111.	Regelink Anneke	83	08-021	33.62	25m	26-11-98	Heemskerk (NED)	317
112.	Visser Stacey	87	08-021	33.64	25m	25-10-01	Heemskerk	316
113.	Pover Karin	67	08-021	33.80	25m	27-9-80	Heemskerk (NED)	312
113.	Tholen Kirsten	66	08-021	33.80	25m	23-9-84	Heemskerk (NED)	312
115.	de Wolff Isabel	01	08-021	33.82	25m	13-10-16	Heemskerk (NED)	311
116.	Knight Kayleigh	00	08-021	33.83	25m	13-10-16	Heemskerk (NED)	311
117.	van Giezen Irene	67	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
117.	Peters Yvonne	63	08-021	33.90	25m	11-12-83	Heemskerk (NED)	309
119.	Deen Annette	60	08-021	34.00	25m	30-3-76	Heemskerk (NED)	306
119.	Munnik Yvonne	64	08-021	34.00	25m	12-2-78	Heemskerk (NED)	306
119.	Dijkstra Ingrid	68	08-021	34.00	25m	3-4-82	Heemskerk (NED)	306
119.	Moolevliet Petra	82	08-021	34.00	25m	26-11-95	Heemskerk (NED)	306
123.	Buur Cindy	99	08-021	34.01	25m	13-10-16	Heemskerk (NED)	306
124.	van Velsen Patricia	79	08-021	34.10	25m	29-10-95	Castricum (NED)	304
125.	Rodenburg Rianne	93	08-021	34.18	25m	25-2-06	Hoorn (NED)	301
126.	Schaefer Lisa	06	08-021	34.19	50m	30-11-19	Beverwijk (NED)	331
127.	ten Cate Joyce	80	08-021	34.23	25m	9-3-08	Heemskerk (NED)	300
128.	Zonneveld Cindy	75	08-021	34.30	25m	19-1-94		298
128.	Dijkstra Maud	84	08-021	34.30	25m	7-5-98	Heemskerk (NED)	298
130.	van Leeuwen Andrea	71	08-021	34.40	25m	11-12-83	Heemskerk (NED)	296
131.	Lindelauf Priscilla	85	08-021	34.46	25m	25-10-01	Heemskerk	294
132.	Dreyer Elly	63	08-021	34.50	25m	2-3-80	Heemskerk (NED)	293
132.	Bruin Marianne	78	08-021	34.50	25m	4-11-90	Zaandam (NED)	293
132.	Nijman José	93	08-021	34.50	25m	25-10-08	Hoorn (NED)	293
135.	Venema Jalina	04	08-021	34.53	25m	13-10-16	Heemskerk (NED)	292
136.	Koper Birgit	87	08-021	34.61	25m	22-12-02	Zaandam	290
137.	Raszinski Nienke	01	08-021	34.62	25m	19-1-14	Zaandam (NED)	290
138.	Walraven Annet	62	08-021	34.70	25m	12-2-78	Heemskerk (NED)	288
138.	Limmen Miriam	75	08-021	34.70	25m	14-3-91	Heemskerk (NED)	288
140.	Liefting Sarina	93	08-021	34.78	25m	25-1-07	Heemskerk (NED)	286
141.	Groot Tineke	60	08-021	34.90	25m	2-3-80	Heemskerk (NED)	283
141.	van de Kamp Yvonne	65	08-021	34.90	25m	7-3-82		283
141.	Bruin Adri	74	08-021	34.90	25m	14-12-88		283
141.	Bakker Jesca	79	08-021	34.90	25m	31-5-90	Heemskerk (NED)	283
141.	de Vries Cathy	77	08-021	34.90	25m	24-3-91	Zaandam (NED)	283
141.	van der Eng Laura	80	08-021	34.90	25m	22-9-96	Heemskerk (NED)	283
147.	Hommersen Sandra	84	08-021	34.93	25m	17-1-99	Heemskerk (NED)	282
148.	Horst Diana	67	08-021	35.00	25m	22-3-81	Wieringerwerf (NED)	281
148.	Bos Chantal	74	08-021	35.00	25m	5-10-88		281
150.	de Vriend Sofie	01	08-021	35.04	25m	3-3-13	Purmerend (NED)	280
151.	Grul Lisanne	97	08-021	35.06	50m	16-6-13	Beverwijk (NED)	307
152.	Niesten Annet	62	08-021	35.10	25m	14-9-76	Heemskerk (NED)	278
152.	Missot Gonda	66	08-021	35.10	25m	2-3-80	Heemskerk (NED)	278
152.	de Vries Justine	83	08-021	35.10	25m	22-9-96	Heemskerk (NED)	278
155.	Nijholt Carin	60	08-021	35.20	25m	12-2-78	Heemskerk (NED)	276

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155.	van Giezen Wendy	70	08-021	35.20	25m	11-12-83	Heemskerk (NED)	276
155.	Huisman Jolanda	68	08-021	35.20	25m	23-9-84	Heemskerk (NED)	276
158.	Bouwman Esther	63	08-021	35.30	25m	1-9-79	Heemskerk (NED)	274
159.	Visser Shana	04	08-021	35.32	50m	20-5-17	Alkmaar (NED)	300
160.	Soellaart Esther	13	08-021	35.33	25m	16-11-25	Purmerend (NED)	273
161.	ten Cate Ilona	85	08-021	35.35	25m	27-1-05	Heemskerk (NED)	272
162.	Huisman Caroline	64	08-021	35.50	25m	12-2-78	Heemskerk (NED)	269
162.	de Graaf Dinie	71	08-021	35.50	25m	11-12-83	Heemskerk (NED)	269
164.	Zonneveld Melissa	88	08-021	35.54	25m	27-1-05	Heemskerk (NED)	268
165.	Reijnders Sandra	64	08-021	35.90	25m	13-12-81	Volendam (NED)	260
165.	Cappelle Carlijn	82	08-021	35.90	25m	8-3-98	Zaandam (NED)	260
167.	Bouwer Jolien	89	08-021	35.91	25m	30-1-03	Heemskerk	260
168.	Ardicyaka Irem	06	08-021	35.94	25m	8-10-20	Heemskerk (NED)	259
169.	Wiesener Winnifred	62	08-021	36.00	25m	7-12-76	Heemskerk (NED)	258
169.	Nemchonok Alisa	82	08-021	36.00	25m	26-11-98	Heemskerk (NED)	258
171.	van Baar Monique	73	08-021	36.10	25m	5-10-88		256
172.	de Pree Marlies	66	08-021	36.20	25m	10-2-80	Heerhugowaard (NED)	254
173.	Buitenhuis Danine	91	08-021	36.27	25m	30-1-03	Heemskerk	252
174.	Wiemman Lianne	03	08-021	36.31	25m	11-10-18	Heemskerk (NED)	251
175.	Martens landra	03	08-021	36.48	25m	24-9-15	Heemskerk (NED)	248
176.	Schaaper Margriet	62	08-021	36.50	25m	1-9-79	Heemskerk (NED)	247
176.	Windmuller Annemarie	67	08-021	36.50	25m	2-3-80	Heemskerk (NED)	247
178.	Steenkamp Ciska	90	08-021	36.58	25m	25-10-01	Heemskerk	246
179.	Limmen Anita	78	08-021	36.60	25m	14-4-93		245
179.	Mulder Amy	80	08-021	36.60	25m	14-4-93		245
179.	Hoek Laura	86	08-021	36.60	50m	4-6-00	Beverwijk (NED)	270
182.	Splinter Nathalie	75	08-021	36.70	25m	15-12-88	Heemskerk (NED)	243
183.	Oortwijn Jytte	10	08-021	36.78	25m	20-4-25	Haarlem (NED)	242
184.	Bruins Julia	06	08-021	36.84	25m	18-9-25	Heemskerk (NED)	241
185.	de Loos Marijke	94	08-021	36.88	25m	30-9-10	Heemskerk (NED)	240
186.	Huneker Jolanda	79	08-021	36.90	25m	5-10-97	Zaandam (NED)	239
186.	de Groot Sjors	08	08-021	36.90	25m	16-11-25	Purmerend (NED)	239
188.	Molenaar Eline	82	08-021	36.97	25m	4-11-99	Heemskerk (NED)	238
189.	Besse Meta	78	08-021	37.00	25m	4-11-90	Zaandam (NED)	238
190.	van Kooten Cynthia	93	08-021	37.01	25m	23-4-06	Zaandam (NED)	237
191.	Steenbakker Lisan	07	08-021	37.07	25m	4-4-24	Heemskerk (NED)	236
192.	Visser Robin	05	08-021	37.09	50m	20-5-17	Alkmaar (NED)	259
193.	Geurtsen Daisy	89	08-021	37.19	25m	25-10-01	Heemskerk	234
194.	Berloth Lydia	68	08-021	37.20	25m	11-12-83	Heemskerk (NED)	234
195.	Cappelle Marcella	85	08-021	37.25	25m	15-11-98	Zaandam (NED)	233
196.	Kerkhoven Michelle	91	08-021	37.34	25m	25-3-01	Heerhugowaard (NED)	231
197.	Smit Lydia	84	08-021	37.60	25m	7-5-98	Heemskerk (NED)	226
198.	Sobh Shaime	03	08-021	37.66	25m	24-9-15	Heemskerk (NED)	225
199.	Borg Karin	61	08-021	37.70	25m	16-3-80	Heemskerk (NED)	225
199.	Aafjes Suzan	69	08-021	37.70	25m	22-3-81	Wieringerwerf (NED)	225
199.	van Tellingen Ingrid	66	08-021	37.70	25m	13-12-81	Volendam (NED)	225
199.	Beeksma Anne	88	08-021	37.70	25m	21-4-02	Heemstede	225
203.	de Groot Marlijn	92	08-021	37.75	25m	14-11-04	Zaandam (NED)	224
204.	Groot Irma	63	08-021	37.80	25m	17-9-77	Heemskerk (NED)	223
204.	Stel Kaylin	01	08-021	37.80	25m	5-4-10	Haarlem (NED)	223
206.	de Graaf Isabella	04	08-021	37.88	25m	11-10-18	Heemskerk (NED)	221
207.	van der Horst Wendy	72	08-021	38.00	25m	31-12-81		219
207.	Meesters Audrey	90	08-021	38.00	25m	30-1-03	Heemskerk	219

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209.	Teunissen Petra	64	08-021	38.10	25m	17-9-77	Heemskerk (NED)	217
209.	Ikink Marion	66	08-021	38.10	25m	29-11-82	Heemskerk (NED)	217
209.	de Groot Linda	81	08-021	38.10	25m	12-12-96	Heemskerk (NED)	217
212.	Mosch Sabina	84	08-021	38.17	25m	17-1-99	Heemskerk (NED)	216
213.	Weezepoel Natascha	07	08-021	38.24	25m	3-10-21	Den Helder (NED)	215
214.	Gelsumino Giulia	03	08-021	38.26	25m	24-9-15	Heemskerk (NED)	215
215.	Koopman Jessie	97	08-021	38.28	25m	7-2-10	Heemstede (NED)	214
216.	Zonneveld Monica	80	08-021	38.40	25m	22-9-91	Zaandam (NED)	212
217.	Butter Noor	16	08-021	38.42	50m	13-12-25	Beverwijk (NED)	233
218.	Glorie Astrid	63	08-021	38.50	25m	7-12-76	Heemskerk (NED)	211
219.	Beentjes Nicolet	80	08-021	38.58	25m	11-10-98	Alkmaar (NED)	209
220.	Keessen Pam	62	08-021	38.60	25m	7-12-76	Heemskerk (NED)	209
220.	Gerritsen Jolanda	64	08-021	38.60	25m	17-9-77	Heemskerk (NED)	209
222.	Lund Karin	63	08-021	38.70	25m	14-9-76	Heemskerk (NED)	208
223.	Bakker Anna	97	08-021	38.79	25m	29-5-08	Heemskerk (NED)	206
224.	Welboren Els	64	08-021	38.90	25m	17-9-77	Heemskerk (NED)	204
224.	van Leen Cynthia	81	08-021	38.90	25m	8-2-96	Heemskerk (NED)	204
226.	van Rijn Eline	07	08-021	38.94	25m	14-5-17	Haarlem (NED)	204
227.	Watertor Anne-Marie	65	08-021	39.00	25m	7-12-76	Heemskerk (NED)	203
227.	Ligterink Angela	76	08-021	39.00	25m	8-3-87	Zaandam (NED)	203
229.	Terhorst Ilja	67	08-021	39.20	25m	27-9-80	Heemskerk (NED)	200
230.	Last Rooske	94	08-021	39.28	25m	24-5-10	Purmerend (NED)	198
231.	van Son Sandra	72	08-021	39.40	25m	2-9-84	Heemskerk (NED)	197
232.	Brands Ingrid	72	08-021	39.60	25m	30-11-86	Heemskerk (NED)	194
233.	van Putten Demi	96	08-021	39.64	25m	14-4-11	Heemskerk (NED)	193
234.	Essers Patricia	84	08-021	39.70	25m	20-5-99	Heemskerk (NED)	192
234.	Mes Norah	13	08-021	39.70	25m	16-11-25	Purmerend (NED)	192
236.	Rasch Monique	66	08-021	39.80	25m	10-2-80	Heerhugowaard (NED)	191
236.	Viel Bianca	85	08-021	39.80	25m	5-3-98	Heemskerk (NED)	191
238.	van Eif Lia	60	08-021	39.90	25m	16-3-80	Heemskerk (NED)	189
238.	de Nijs Martine	71	08-021	39.90	25m	2-9-84	Heemskerk (NED)	189
240.	Sahin Sümeyye Sena	10	08-021	39.94	25m	12-11-23	Den Helder (NED)	189
241.	Palthe Yvonne	67	08-021	40.00	25m	7-11-81	Heemskerk (NED)	188
241.	van der Kolk Renate	66	08-021	40.00	25m	3-4-82	Heemskerk (NED)	188
241.	Potemans Priscilla	84	08-021	40.00	25m	5-10-97	Zaandam (NED)	188
244.	Elghandor Kiyaan	03	08-021	40.01	25m	24-9-15	Heemskerk (NED)	188
245.	Pover Ellen	72	08-021	40.10	25m	11-12-83	Heemskerk (NED)	186
246.	van Gent Anja	66	08-021	40.30	25m	10-2-80	Heerhugowaard (NED)	184
246.	Dijkstra Janet	77	08-021	40.30	25m	15-12-88	Heemskerk (NED)	184
248.	Sierra Ana Maria	69	08-021	40.50	25m	3-4-82	Heemskerk (NED)	181
249.	Schelvis Liselot	92	08-021	40.58	25m	27-5-04	Heemskerk (NED)	180
250.	Bakker Lisette	83	08-021	40.60	25m	7-5-98	Heemskerk (NED)	180
251.	Dekker Elise	97	08-021	40.69	25m	15-1-06	Zaandam (NED)	178
252.	Bos Annelies	74	08-021	40.70	25m	22-3-87	Heerhugowaard (NED)	178
253.	Welboren Trudy	61	08-021	40.90	25m	17-9-77	Heemskerk (NED)	176
254.	Zeeman Judith	70	08-021	41.10	25m	29-11-82	Heemskerk (NED)	173
254.	Zijlstra Mariëlle	83	08-021	41.10	25m	26-11-95	Heemskerk (NED)	173
256.	Dijkstra Pascal	89	08-021	41.11	25m	26-11-98	Heemskerk (NED)	173
257.	Rodenburg Kyra	96	08-021	41.18	25m	28-10-06	Hoorn (NED)	172
257.	Tilgenkamp Lentley	13	08-021	41.18	25m	25-1-26	Purmerend (NED)	172
259.	Hoogervorst Marlon	84	08-021	41.20	25m	26-1-95	Heemskerk (NED)	172
260.	van Perlo Ingrid	73	08-021	41.30	25m	11-12-83	Heemskerk (NED)	171
261.	Nobels Marlies	65	08-021	41.60	25m	7-12-76	Heemskerk (NED)	167

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261.	Koper Selma	03	08-021	41.60	25m	21-4-13	Heemskerk (NED)	167
263.	Hoeksema Kim	90	08-021	41.67	25m	25-10-01	Heemskerk	166
264.	Doodeman Sara	00	08-021	41.90	25m	14-11-10	Castricum (NED)	163
265.	Rijpkema Marije	85	08-021	41.98	25m	25-10-01	Heemskerk	162
266.	Smit Ingrid	67	08-021	42.00	25m	2-3-80	Heemskerk (NED)	162
266.	Schijf Irene	83	08-021	42.00	25m	15-6-95	Heemskerk (NED)	162
268.	Luesken Marian	62	08-021	42.10	25m	30-3-76	Heemskerk (NED)	161
268.	Feenstra Petra	71	08-021	42.10	25m	11-12-83	Heemskerk (NED)	161
268.	van Ederen Jasmijn	10	08-021	42.10	25m	19-9-19	Heemskerk (NED)	161
271.	de Boer Isabel	06	08-021	42.11	25m	24-1-16	Zaandam (NED)	161
272.	Pezo Adna	90	08-021	42.17	25m	27-9-01	Heemskerk	160
273.	van den Braber Liesbeth	84	08-021	42.18	25m	26-11-98	Heemskerk (NED)	160
274.	Hoekstra Karin	76	08-021	42.30	25m	15-3-87	Heemskerk (NED)	159
275.	Haack Fenna	16	08-021	42.35	25m	1-2-26	Krommenie (NED)	158
276.	Nijman Linda	89	08-021	42.45	25m	25-3-01	Heerhugowaard (NED)	157
277.	de Bruin Debby	70	08-021	42.50	25m	29-11-82	Heemskerk (NED)	157
278.	Wissenburg Petra	65	08-021	42.60	25m	7-12-76	Heemskerk (NED)	155
279.	van der Does Lisa	02	08-021	42.61	25m	21-4-14	Haarlem (NED)	155
280.	Lange Sandra	67	08-021	42.80	25m	16-3-80	Heemskerk (NED)	153
281.	Schut Bodine	09	08-021	42.84	25m	7-10-21	Heemskerk (NED)	153
282.	Snijder Femke	83	08-021	43.00	25m	24-3-94	Heemskerk (NED)	151
283.	Lensen Sarian	89	08-021	43.07	25m	31-1-02	Heemskerk	150
284.	Pirovano Monique	69	08-021	43.10	25m	16-3-80	Heemskerk (NED)	150
285.	Yayli Serina	90	08-021	43.52	25m	24-3-02	Heemstede	146
285.	Terluin Suus	09	08-021	43.52	25m	13-10-19	Heemskerk (NED)	146
287.	Copier Alyssa	04	08-021	43.53	25m	2-3-14	Haarlem (NED)	146
288.	Willemse Renee	75	08-021	43.80	25m	29-9-85	Heemskerk (NED)	143
289.	Aardenburg Judith	93	08-021	43.82	25m	24-2-05	Heemskerk (NED)	143
290.	van der Vaart Monique	70	08-021	43.90	25m	29-11-82	Heemskerk (NED)	142
290.	Hoolwerff Esther	77	08-021	43.90	25m	8-3-87	Zaandam (NED)	142
292.	Bok Femke	74	08-021	44.00	25m	2-9-84	Heemskerk (NED)	141
293.	van Dam Merel	14	08-021	44.01	25m	18-9-25	Heemskerk (NED)	141
294.	Palthe Monique	64	08-021	44.10	25m	7-12-76	Heemskerk (NED)	140
294.	Mans Joyce	67	08-021	44.10	25m	16-3-80	Heemskerk (NED)	140
296.	van Laarhoven Salome	15	08-021	44.26	25m	1-2-26	Krommenie (NED)	139
297.	van Galen Lia	62	08-021	44.30	25m	16-3-80	Heemskerk (NED)	138
297.	Wiegman Brenda	72	08-021	44.30	25m	11-12-83	Heemskerk (NED)	138
297.	van der Wijden Eline	88	08-021	44.30	25m	26-10-00	Heemskerk (NED)	138
300.	Doevendans Phileine	06	08-021	44.32	25m	19-5-16	Heemskerk (NED)	138
301.	Huber Emma	13	08-021	44.39	25m	25-1-26	Purmerend (NED)	137
302.	Zwart Ellen	65	08-021	44.40	25m	7-12-76	Heemskerk (NED)	137
303.	Ligthart Danique	07	08-021	44.49	25m	8-10-20	Heemskerk (NED)	136
304.	van Heerwaarden Vera	03	08-021	44.69	25m	5-3-20	Heemskerk (NED)	135
305.	Buur Carina	64	08-021	44.70	25m	7-12-76	Heemskerk (NED)	134
305.	Renkema Marianne	70	08-021	44.70	25m	29-11-82	Heemskerk (NED)	134
307.	Kesting Alexandra	00	08-021	44.76	25m	17-4-11	Zaandam (NED)	134
308.	Koper Ella	90	08-021	44.78	25m	25-10-01	Heemskerk	134
309.	Beentjes Daphne	91	08-021	44.87	25m	27-4-03	Zaandam	133
310.	Huisman Lianne	87	08-021	44.88	25m	22-2-01	Heemskerk (NED)	133
311.	Vonk Bea	67	08-021	44.90	25m	3-4-82	Heemskerk (NED)	133
311.	Reyners Lisette	69	08-021	44.90	25m	29-11-82	Heemskerk (NED)	133
313.	Herwegh Izayra Rena	14	08-021	44.96	50m	7-12-24	Beverwijk (NED)	145
314.	Broers Margot	63	08-021	45.00	25m	17-9-77	Heemskerk (NED)	132

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315.	Werdekker Marjolein	81	08-021	45.20	25m	12-12-96	Heemskerk (NED)	130
316.	van der Werf Chily	72	08-021	45.30	25m	29-11-82	Heemskerk (NED)	129
317.	Koper Leny	69	08-021	45.60	25m	10-2-80	Heerhugowaard (NED)	127
318.	Hoekstra Femke	05	08-021	45.61	25m	18-9-14	Heemskerk (NED)	127
319.	Bos Froke	69	08-021	45.70	25m	10-2-80	Heerhugowaard (NED)	126
320.	Salido Keesje	05	08-021	45.72	25m	4-10-15	Purmerend (NED)	126
321.	Calkhoven Mariëtte	65	08-021	45.80	25m	14-9-76	Heemskerk (NED)	125
322.	Bovekerk Annefleur	99	08-021	46.06	25m	30-9-10	Heemskerk (NED)	123
323.	Liefting Marielle	90	08-021	46.08	25m	28-2-02	Heemskerk	123
324.	Banks Riley	17	08-021	46.26	25m	27-2-25	Heemskerk (NED)	121
325.	Dekker Danyk	94	08-021	46.41	25m	31-1-08	Heemskerk (NED)	120
326.	Eijndhoven Jonna	02	08-021	46.70	25m	11-10-12	Heemskerk (NED)	118
327.	Vellinga Yvonne	64	08-021	46.80	25m	14-9-76	Heemskerk (NED)	117
328.	Salem Lamies	03	08-021	46.85	25m	14-1-18	Purmerend (NED)	117
329.	Kuijper Michelle	91	08-021	47.12	25m	13-1-02	Zaandam	115
330.	van Perlo Carla	75	08-021	47.20	25m	2-9-84	Heemskerk (NED)	114
331.	Oliveira Rocha Yara	17	08-021	47.36	25m	20-10-24	Heemskerk (NED)	113
332.	Boonstra Esmé	02	08-021	47.38	25m	10-2-13	Haarlem (NED)	113
333.	van Tol Sarjenka	97	08-021	47.53	25m	5-10-08	Heemskerk (NED)	112
334.	Welboren Julia	00	08-021	47.79	25m	6-10-11	Heemskerk (NED)	110
335.	van Duin Gerdine	65	08-021	47.80	25m	17-9-77	Heemskerk (NED)	110
336.	van den Heuvel Sandra	80	08-021	47.90	25m	1-3-90	Heemskerk (NED)	109
337.	van Duivenvoorde Sanne	93	08-021	47.99	25m	26-9-02	Heemskerk	109
338.	van Ruth Yoore	78	08-021	48.00	25m	13-6-91	Heemskerk (NED)	109
338.	Post Aijuna	14	08-021	48.00	25m	26-9-24	Heemskerk (NED)	109
340.	van Loon Monique	66	08-021	48.10	25m	29-11-82	Heemskerk (NED)	108
341.	van Roon Jill	14	08-021	48.56	25m	1-2-26	Krommenie (NED)	105
342.	Hoorn Linsey	94	08-021	48.58	25m	28-4-05	Heemskerk (NED)	105
343.	Gijzen Monique	68	08-021	48.60	25m	22-4-78	Heemskerk (NED)	105
343.	Homminga Anita	69	08-021	48.60	25m	3-4-82	Heemskerk (NED)	105
345.	Haack Zowi	18	08-021	48.76	50m	13-12-25	Beverwijk (NED)	114
346.	Jansen Pauline	67	08-021	49.00	25m	3-4-82	Heemskerk (NED)	102
347.	Doll Maartje	80	08-021	49.10	25m	12-5-93		101
348.	van der Leden Laura	68	08-021	49.20	25m	10-12-77	Heemskerk (NED)	101
349.	Mooy Monique	69	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	100
350.	de Weers Anne-Michelle	63	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
350.	Reiss Katinka	65	08-021	49.40	25m	7-12-76	Heemskerk (NED)	100
352.	Kragt Kirsten	10	08-021	49.44	25m	1-2-24	Heemskerk (NED)	99
353.	Zuidervaart Anne	02	08-021	49.65	25m	12-2-12	Haarlem (NED)	98
354.	Zonneveld Jennifer	88	08-021	49.77	25m	25-10-01	Heemskerk	97
355.	van Galen Marion	61	08-021	49.80	25m	7-12-76	Heemskerk (NED)	97
356.	Slotemaker Britt	14	08-021	50.15	25m	13-4-25	Amsterdam (NED)	95
357.	Hoogeland Ria	65	08-021	50.60	25m	17-9-77	Heemskerk (NED)	93
358.	van Dijk Yvonne	65	08-021	50.80	25m	14-9-76	Heemskerk (NED)	91
359.	Numan Annelies	63	08-021	50.90	25m	7-12-76	Heemskerk (NED)	91
359.	van der Vaart Marjolijn	69	08-021	50.90	25m	29-11-82	Heemskerk (NED)	91
361.	Kerkmeester Priscilla	96	08-021	51.21	25m	28-9-06	Heemskerk (NED)	89
362.	Jonker Monique	66	08-021	51.30	25m	7-12-76	Heemskerk (NED)	89
363.	Reuderink Miranda	63	08-021	51.40	25m	17-9-77	Heemskerk (NED)	88
364.	van 't Hof Manon	90	08-021	51.53	25m	21-4-02	Heemstede	88
365.	van Wijngaarden Linda	65	08-021	51.70	25m	7-12-76	Heemskerk (NED)	87
365.	de Buyzer Anita	67	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	87
367.	Hol Manouk	05	08-021	51.86	25m	23-4-15	Heemskerk (NED)	86

50 vrije slag (sinds 368)

368.	van Ess Zoe	14	08-021	52.06	25m	1-2-26	Krommenie (NED)	85
369.	Werdekker Esther	83	08-021	52.30	25m	13-2-97	Heemskerk (NED)	84
370.	Kuijl Karin	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
370.	van Rijn Ilona	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	83
372.	van Duivenvoorde Jose	70	08-021	52.70	25m	29-11-82	Heemskerk (NED)	82
373.	Bruins Bianca	81	08-021	52.80	25m	11-12-96		81
374.	Morianner Susanna	72	08-021	53.00	25m	11-10-81	Heemskerk (NED)	80
374.	van Noort Jony	85	08-021	53.00	25m	8-2-96	Heemskerk (NED)	80
376.	Beemsterboer Petra	68	08-021	53.50	25m	16-3-80	Heemskerk (NED)	78
377.	Sanen Casey	99	08-021	53.75	25m	19-11-09	Heemskerk (NED)	77
378.	Boere Sacha	91	08-021	53.82	25m	30-9-04	Heemskerk (NED)	77
379.	Janssen Tess	89	08-021	53.90	25m	19-4-98	Zaandam (NED)	76
380.	de Ruyter Yvonne	71	08-021	54.00	25m	29-11-82	Heemskerk (NED)	76
381.	van Duivenvoorde Gerda	72	08-021	54.10	25m	29-11-82	Heemskerk (NED)	76
382.	Nobels Annita	68	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
382.	van Megen Carla	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	75
384.	Schoonenberg Patricia	72	08-021	54.50	25m	29-11-82	Heemskerk (NED)	74
385.	de Wit Yvonne	66	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
385.	Breems Silvia	65	08-021	55.00	25m	7-12-76	Heemskerk (NED)	72
387.	Claesens Freeke	64	08-021	55.20	25m	14-9-76	Heemskerk (NED)	71
388.	Kraamer Carla	66	08-021	55.40	25m	7-12-76	Heemskerk (NED)	70
389.	Ramazani Helia	16	08-021	55.70	50m	13-12-25	Beverwijk (NED)	76
390.	Heus Inge	81	08-021	55.80	25m	13-6-91	Heemskerk (NED)	69
391.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	66
392.	Beentjes Esther	66	08-021	56.90	25m	7-12-76	Heemskerk (NED)	65
393.	de Caluwe Joyce	94	08-021	57.26	25m	27-3-03	Heemskerk	64
394.	Breems Jolanda	62	08-021	57.40	25m	7-12-76	Heemskerk (NED)	63
395.	van der Leden Cynthia	66	08-021	58.10	25m	30-3-76	Heemskerk (NED)	61
396.	Woering Aletta	64	08-021	58.30	25m	7-12-76	Heemskerk (NED)	60
397.	Halbersma Jenny	70	08-021	58.40	25m	7-11-81	Heemskerk (NED)	60
397.	Atzei Sabina	71	08-021	58.40	25m	29-11-82	Heemskerk (NED)	60
399.	Mul Marinette	72	08-021	59.00	25m	29-11-82	Heemskerk (NED)	58
400.	Kerdijk Lianne	81	08-021	59.20	25m	10-1-91	Heemskerk (NED)	58
401.	Koppes Monique	69	08-021	1:00.00	25m	10-2-80	Heerhugowaard (NED)	55
402.	ten Cate Naomi	93	08-021	1:00.38	25m	27-3-03	Heemskerk	54
403.	van Zalingen Margreet	67	08-021	1:00.90	25m	7-12-76	Heemskerk (NED)	53
404.	van Hiele Femke	13	08-021	1:00.98	25m	12-10-25	Heemskerk (NED)	53
405.	Schuyt Patricia	77	08-021	1:01.00	25m	21-5-87	Heemskerk (NED)	53
406.	Beentjes Karin	72	08-021	1:01.30	25m	29-11-82	Heemskerk (NED)	52
407.	Vet Mariska	66	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	51
408.	Zieck Esther	67	08-021	1:03.20	25m	7-12-76	Heemskerk (NED)	47
409.	Jonker Nicole	68	08-021	1:03.50	25m	7-12-76	Heemskerk (NED)	47
410.	Gravemaker Sandra	68	08-021	1:06.00	25m	7-12-76	Heemskerk (NED)	41
411.	Gozeling Monique	67	08-021	1:06.50	25m	7-12-76	Heemskerk (NED)	40
412.	Dorlandt Yvonne	69	08-021	1:06.90	25m	7-12-76	Heemskerk (NED)	40
413.	Stedelaar Jose	73	08-021	1:07.30	25m	29-11-82	Heemskerk (NED)	39
414.	Berghuis Sascha	68	08-021	1:08.00	25m	16-3-80	Heemskerk (NED)	38
415.	van der Stigchel Samantha	96	08-021	1:08.25	25m	31-1-08	Heemskerk (NED)	37
416.	Zeeman Esther	74	08-021	1:08.50	25m	29-11-82	Heemskerk (NED)	37
417.	Naber Eva	73	08-021	1:09.00	25m	29-11-82	Heemskerk (NED)	36
418.	Reuderink Bettina	67	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	36
419.	Hartog Martine	74	08-021	1:11.70	25m	29-11-82	Heemskerk (NED)	32
420.	Heesen Marieke	65	08-021	1:13.00	25m	7-12-76	Heemskerk (NED)	30

50 vrije slag (sinds 421)

421.	Lammers Angelique	68	08-021	1:14.00	25m	7-12-76	Heemskerk (NED)	29
422.	Verdonk Michaela	68	08-021	1:15.50	25m	7-12-76	Heemskerk (NED)	28
423.	Gozeling Jolanda	68	08-021	1:21.50	25m	7-12-76	Heemskerk (NED)	22
424.	van der Meij Michelle	68	08-021	1:21.80	25m	7-12-76	Heemskerk (NED)	22
425.	Windmuller Jolande	65	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
425.	Raaymakers Marjolein	68	08-021	1:22.00	25m	7-12-76	Heemskerk (NED)	21
427.	Dijkstra Miranda	72	08-021	1:22.20	25m	27-9-80	Heemskerk (NED)	21
428.	van Dijk Marike	73	08-021	1:22.60	25m	29-11-82	Heemskerk (NED)	21
429.	Duyn Elaine	68	08-021	1:29.50	25m	7-12-76	Heemskerk (NED)	16
430.	Reeuwijk Danielle	70	08-021	1:42.80	25m	7-12-76	Heemskerk (NED)	11
431.	Hilbers Erna	69	08-021	1:52.40	25m	7-12-76	Heemskerk (NED)	8
432.	Schrauwen Riva	18	08-021	2:00.75	25m	1-2-26	Krommenie (NED)	6

100 vrije slag

1.	Kingma Danae	00	08-021	58.38	25m	18-3-18	Purmerend (NED)	637
2.	Schelvis Femke	84	08-021	59.32	25m	9-1-05	Zuidoost Beemster (NED)	607
3.	Wentink Yara	04	08-021	59.50	25m	28-5-23	Purmerend (NED)	602
4.	Smit Sanne	01	08-021	1:00.05	25m	24-3-19	Purmerend (NED)	585
5.	Koster Lisa	94	08-021	1:01.06	25m	11-5-08	Purmerend (NED)	557
6.	Drubers Mirjam	67	08-021	1:01.60	25m	15-12-84	Hilversum (NED)	542
7.	Broek Jade	97	08-021	1:01.74	25m	18-11-17	Hoofddorp (NED)	539
8.	Crok Linda	94	08-021	1:02.01	25m	3-4-11	Zaandam (NED)	532
9.	de Groot Daniëlle	93	08-021	1:02.13	25m	11-5-08	Purmerend (NED)	529
10.	Hoekstra Eline	03	08-021	1:02.36	25m	2-6-22	Heemskerk (NED)	523
11.	Groen Anne	95	08-021	1:02.91	25m	18-12-16	Heemskerk (NED)	509
12.	Siemerink Laura	04	08-021	1:03.00	25m	24-3-19	Purmerend (NED)	507
13.	Meijer Sylvia	81	08-021	1:03.20	25m	5-4-98	Heemskerk (NED)	502
14.	Gijzen-van der Kroft Nicole	84	08-021	1:03.76	25m	10-12-00	Heemskerk (NED)	489
15.	Palmboom Nicole	91	08-021	1:03.79	25m	9-3-08	Heemskerk (NED)	488
16.	van 't Veer Iris	03	08-021	1:04.05	25m	23-4-23	Den Helder (NED)	482
17.	Vink Lidewij	90	08-021	1:04.70	25m	30-10-05	Amsterdam (NED)	468
18.	Hoek Daniëlle	88	08-021	1:05.01	25m	28-12-04	Maastricht (NED)	461
18.	Kleijne Daisy	89	08-021	1:05.01	25m	28-3-05	Haarlem (NED)	461
20.	Herwegh Yara	07	08-021	1:05.26	25m	12-1-25	Heemskerk (NED)	456
21.	Crok Annemarie	89	08-021	1:05.34	25m	27-11-11	Heemskerk (NED)	454
22.	Mallon Danique	94	08-021	1:05.55	25m	5-4-10	Haarlem (NED)	450
23.	Schelvis Roos	86	08-021	1:05.56	25m	12-12-99	Heemskerk (NED)	450
24.	Verbree Bets	63	08-021	1:05.70	25m	19-12-81	Hilversum (NED)	447
24.	Hulshof Saskia	73	08-021	1:05.70	25m	5-11-89	Heemskerk (NED)	447
26.	Vink Marjolein	93	08-021	1:05.86	25m	9-4-07	Haarlem (NED)	444
27.	Stam Vanessa	80	08-021	1:05.90	25m	12-4-98	Haarlem (NED)	443
28.	Spijker Kristel	84	08-021	1:06.15	25m	27-3-11	Heemstede (NED)	438
28.	de Roode Xara	08	08-021	1:06.15	25m	12-1-25	Heemskerk (NED)	438
30.	Stel Serena	98	08-021	1:06.46	25m	31-1-10	Heerenveen (NED)	432
31.	ten Bokkel Henrieke	94	08-021	1:06.47	25m	17-5-18	Heemskerk (NED)	432
32.	Buur Naomi	01	08-021	1:06.49	25m	17-4-17	Haarlem (NED)	431
33.	Visser Kelly	89	08-021	1:06.57	25m	28-10-12	Amsterdam-Zuidoost (NED)	430
34.	Stins Mariska	84	08-021	1:06.74	25m	16-3-03	Heemskerk	426
34.	Koper Fiona	01	08-021	1:06.74	25m	24-3-19	Purmerend (NED)	426
36.	de Haan Shira	00	08-021	1:06.80	25m	11-5-17	Heemskerk (NED)	425
37.	Kramer Miranda	80	08-021	1:06.94	25m	27-9-98	Assendelft (NED)	423
38.	Besse Karen	75	08-021	1:07.00	25m	24-2-91	Heemskerk (NED)	421

100 vrije slag (sinds 39)

39.	Zwarthoed Brenda	96	08-021	1:07.02	50m	15-6-08	Drachten (NED)	459
40.	Essers Sanne	91	08-021	1:07.12	25m	15-3-09	Haarlem (NED)	419
41.	Stam Sabrina	82	08-021	1:07.20	25m	26-10-97	Heemskerk (NED)	418
42.	van Staveren Marina	78	08-021	1:07.26	25m	9-2-12	Heemskerk (NED)	417
43.	van der Gracht Anouk	89	08-021	1:07.45	25m	25-4-13	Heemskerk (NED)	413
44.	Koopman Inge	93	08-021	1:07.64	25m	27-10-22	Heemskerk (NED)	410
44.	Herwegh Binthy	09	08-021	1:07.64	25m	20-10-24	Heemskerk (NED)	410
46.	Meijer Linda	77	08-021	1:07.80	25m	5-2-94		407
47.	Koopman Anitra	89	08-021	1:08.05	25m	28-12-04	Maastricht (NED)	402
48.	Schuyt Simone	75	08-021	1:08.10	25m	17-9-88		401
49.	de Boer Irene	84	08-021	1:08.28	25m	19-11-00	Zaandam (NED)	398
50.	van der Geest Saskia	73	08-021	1:08.30	25m	18-2-89		398
51.	van de Poll Marianne	89	08-021	1:08.40	25m	25-3-04	Heemskerk	396
52.	Scholten Britt	04	08-021	1:08.56	25m	10-2-19	Purmerend (NED)	393
53.	Zonneveld Chantal	84	08-021	1:08.63	25m	19-11-00	Zaandam (NED)	392
54.	Petit Kirsten	00	08-021	1:08.69	25m	4-12-16	Zaandam (NED)	391
55.	Butter Anouk	82	08-021	1:08.85	25m	28-11-04	Heemskerk (NED)	388
56.	Zwaan Melissa	91	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	386
57.	Dijkstra Lisette	86	08-021	1:09.00	25m	19-4-98	Zaandam (NED)	386
58.	de Boer Maia	03	08-021	1:09.01	25m	7-10-21	Heemskerk (NED)	386
59.	Haasbroek Renske	03	08-021	1:09.07	25m	12-10-25	Heemskerk (NED)	385
60.	Blaauw Yente	03	08-021	1:09.09	25m	15-10-17	Alkmaar (NED)	384
61.	van Rookhuizen Sieta	79	08-021	1:09.10	25m	12-3-00	Heemskerk (NED)	384
62.	Niesten Iris	92	08-021	1:09.15	25m	15-3-09	Haarlem (NED)	383
63.	van Ballegooie Simone	84	08-021	1:09.20	25m	8-3-98	Zaandam (NED)	382
64.	Vredenburg Roos	95	08-021	1:09.26	25m	11-4-10	Zaandam (NED)	381
65.	de Groot Gitta	60	08-021	1:09.30	25m	19-2-78	Assendelft (NED)	381
65.	van Honk Chantal	80	08-021	1:09.30	25m	3-4-93		381
67.	de Wildt Maud	05	08-021	1:09.32	25m	30-10-22	Heemskerk (NED)	380
68.	Teufer Irene	96	08-021	1:09.39	25m	2-12-07	Alkmaar (NED)	379
69.	Jongema Helena	80	08-021	1:09.63	25m	24-9-09	Heemskerk (NED)	375
70.	Limmen Karin	76	08-021	1:09.70	25m	5-4-92	Heemskerk (NED)	374
71.	Hogema Fabiën	93	08-021	1:09.82	25m	9-4-07	Haarlem (NED)	372
71.	van Koeveringe Nicole	93	08-021	1:09.82	25m	15-3-09	Haarlem (NED)	372
73.	Renkema Iris	04	08-021	1:09.97	25m	15-10-17	Alkmaar (NED)	370
74.	van Eerden Meike	00	08-021	1:10.24	25m	17-5-18	Heemskerk (NED)	366
75.	Windmuller Wendy	69	08-021	1:10.30	25m	14-3-82		365
76.	Schoonderwoerd Rianne	95	08-021	1:10.37	25m	23-4-23	Den Helder (NED)	364
77.	Hofland Yasmin	01	08-021	1:10.98	25m	18-3-18	Purmerend (NED)	354
78.	Bos Marieke	06	08-021	1:11.45	25m	20-9-20	Haarlem (NED)	347
79.	Hermans Liesbeth	66	08-021	1:11.50	25m	18-4-82		347
79.	van Assema Eline	05	08-021	1:11.50	25m	23-4-23	Den Helder (NED)	347
81.	de Ruijter Linda	87	08-021	1:11.63	25m	27-3-03	Heemskerk	345
82.	Boekling Annette	85	08-021	1:11.82	25m	22-4-01	Heemskerk (NED)	342
83.	van Langelaar Tessa	97	08-021	1:12.06	25m	11-11-12	Schagen (NED)	339
84.	de Boer Angela	80	08-021	1:12.30	25m	10-12-95	Heemskerk (NED)	335
85.	Pover Karin	67	08-021	1:12.40	25m	28-2-82		334
86.	van Sikkelerus Lisa	99	08-021	1:12.45	25m	10-11-13	Zaandam (NED)	333
87.	de Graaf Annemiek	70	08-021	1:12.50	25m	6-10-85	Wormerveer (NED)	332
88.	Krouwels Tanja	79	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
88.	Heus Pauline	78	08-021	1:12.70	25m	8-3-98	Zaandam (NED)	330
90.	Ivens Suzanne	99	08-021	1:12.78	25m	20-1-13	Heemskerk (NED)	329
91.	van Duin Margret	60	08-021	1:12.90	25m	21-5-78	Heemskerk (NED)	327

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91.	Oosterveen Yvonne	80	08-021	1:12.90	25m	6-1-93		327
93.	Angenent Nienke	01	08-021	1:13.07	25m	26-10-14	Zaandam (NED)	325
94.	Bakkum Wilma	62	08-021	1:13.10	25m	12-10-80	Wormerveer (NED)	324
95.	Visser Stacey	87	08-021	1:13.44	25m	11-3-01	Zaandam (NED)	320
95.	Veldhuis Amelia	03	08-021	1:13.44	25m	23-4-23	Den Helder (NED)	320
97.	van Galen Angela	65	08-021	1:13.80	25m	31-8-80	Heemskerk (NED)	315
98.	Plokker Sylvia	68	08-021	1:14.00	25m	10-4-83	Heemskerk (NED)	313
99.	van Huisstede Nikita	01	08-021	1:14.24	25m	6-12-15	Purmerend (NED)	310
100.	de Boer Claudia	77	08-021	1:14.40	25m	8-11-90	Heemskerk (NED)	308
101.	Regelink Anneke	83	08-021	1:14.44	25m	5-4-99	Haarlem (NED)	307
102.	Oudendijk Bianca	79	08-021	1:14.50	25m	23-4-94		306
103.	van Giezen Sandra	63	08-021	1:14.60	25m	2-12-79	Zaandam (NED)	305
103.	van der Horst Sacha	69	08-021	1:14.60	25m	13-3-83	Castricum (NED)	305
105.	Zonneveld Cindy	75	08-021	1:14.80	25m	6-1-93		303
106.	Rodenburg Rianne	93	08-021	1:14.88	25m	28-10-06	Hoor (NED)	302
107.	Munnik Yvonne	64	08-021	1:15.00	25m	21-5-78	Heemskerk (NED)	300
108.	Dijkstra Ingrid	68	08-021	1:15.10	25m	21-3-82		299
108.	Peters Yvonne	63	08-021	1:15.10	25m	20-12-86	Hilversum (NED)	299
110.	van Vliet Isabel	02	08-021	1:15.20	25m	16-9-18	Alkmaar (NED)	298
111.	Knight Kayleigh	00	08-021	1:15.26	25m	12-3-17	Purmerend (NED)	297
112.	Zonneveld Melissa	88	08-021	1:15.48	25m	24-2-05	Heemskerk (NED)	295
113.	Smid Diane	65	08-021	1:15.50	25m	31-5-07	Heemskerk (NED)	294
113.	de Vries Chrissie	93	08-021	1:15.50	50m	3-6-07	Beverwijk (NED)	321
115.	de Wolff Isabel	01	08-021	1:15.62	25m	19-5-16	Heemskerk (NED)	293
116.	Bos Chantal	74	08-021	1:15.80	25m	18-2-89		291
117.	ten Cate Joyce	80	08-021	1:15.85	25m	13-1-08	Heemskerk (NED)	290
118.	Bouwman Esther	63	08-021	1:16.10	25m	26-2-78	Castricum (NED)	287
119.	ten Cate Ilona	85	08-021	1:16.11	25m	16-4-06	Haarlem (NED)	287
120.	van Giezen Wendy	70	08-021	1:16.20	25m	12-2-84	Heemskerk (NED)	286
121.	Deiman Caroline	67	08-021	1:16.30	25m	18-2-89		285
122.	van Ballegooie Stefanie	86	08-021	1:16.42	25m	1-4-02	Haarlem	284
123.	van Leeuwen Andrea	71	08-021	1:16.60	25m	7-1-84	Hilversum (NED)	282
124.	Venema Jalina	04	08-021	1:16.66	25m	13-11-16	Purmerend (NED)	281
125.	Huisman Caroline	64	08-021	1:16.80	25m	27-5-78	IJmuiden (NED)	280
125.	Bruin Marianne	78	08-021	1:16.80	25m	16-12-90	Heemskerk (NED)	280
127.	de Graaf Dinie	71	08-021	1:17.00	25m	7-1-84	Hilversum (NED)	277
128.	Walraven Annet	62	08-021	1:17.20	25m	27-4-80	Assendelft (NED)	275
128.	Moolevliet Petra	82	08-021	1:17.20	25m	10-9-95	Assendelft (NED)	275
128.	Cappelle Carlijn	82	08-021	1:17.20	25m	19-1-97	Zaandam (NED)	275
131.	van Giezen Irene	67	08-021	1:17.30	25m	7-3-82		274
131.	de Vries Justine	83	08-021	1:17.30	25m	12-1-97	Heemskerk (NED)	274
131.	Dijkstra Maud	84	08-021	1:17.30	25m	17-5-98	Heemskerk (NED)	274
134.	Poppema Yvonne	68	08-021	1:17.60	25m	13-12-87	Assendelft (NED)	271
135.	Steenbakker Lisan	07	08-021	1:17.64	25m	4-4-24	Heemskerk (NED)	271
136.	Groot Tineke	60	08-021	1:17.70	25m	27-4-80	Assendelft (NED)	270
136.	Hoek Laura	86	08-021	1:17.70	25m	21-12-99	Heemskerk (NED)	270
138.	Huneker Jolanda	79	08-021	1:17.72	25m	25-5-00	Heemskerk (NED)	270
139.	Schaefer Lisa	06	08-021	1:17.78	25m	12-1-20	Purmerend (NED)	269
140.	van Giezen Corina	68	08-021	1:17.80	25m	21-3-82		269
140.	van Velsen Patricia	79	08-021	1:17.80	25m	3-4-93		269
142.	Bouwer Jolien	89	08-021	1:17.84	25m	16-3-03	Heemskerk	269
143.	Missot Gonda	66	08-021	1:17.90	25m	7-10-79	Heemskerk (NED)	268
143.	Bakker Jesca	79	08-021	1:17.90	25m	31-5-90	Heemskerk (NED)	268

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145.	Limmen Miriam	75	08-021	1:18.10	25m	5-11-89	Heemskerk (NED)	266
146.	Mulder Amy	80	08-021	1:18.20	25m	6-2-94	Wormerveer (NED)	265
146.	van der Eng Laura	80	08-021	1:18.20	25m	30-5-96	Heemskerk (NED)	265
148.	Lindelauf Priscilla	85	08-021	1:18.25	25m	8-10-00	Heemskerk (NED)	264
149.	Visser Shana	04	08-021	1:18.32	25m	15-10-17	Alkmaar (NED)	264
150.	de Vriend Sofie	01	08-021	1:18.37	25m	28-10-12	Amsterdam-Zuidoost (NED)	263
151.	Raszinski Nienke	01	08-021	1:18.46	25m	17-4-14	Heemskerk (NED)	262
152.	Tholen Kirsten	66	08-021	1:18.60	25m	7-3-82		261
153.	Keessen Pam	62	08-021	1:18.70	25m	19-2-78	Assendelft (NED)	260
154.	Grul Lisanne	97	08-021	1:18.90	25m	25-4-13	Heemskerk (NED)	258
155.	Buur Cindy	99	08-021	1:18.91	25m	19-5-16	Heemskerk (NED)	258
155.	van Rijn Sydney	03	08-021	1:18.91	25m	30-10-16	Den Helder (NED)	258
157.	Bakker Daniëlle	96	08-021	1:19.00	25m	22-1-09	Heemskerk (NED)	257
158.	Koper Birgit	87	08-021	1:19.21	25m	22-12-02	Zaandam	255
159.	Wieman Lianne	03	08-021	1:19.47	25m	11-4-19	Heemskerk (NED)	252
160.	Hommersen Sandra	84	08-021	1:19.58	25m	7-3-99	Zaandam (NED)	251
161.	Nijholt Carin	60	08-021	1:19.60	25m	31-5-80	Heemskerk (NED)	251
162.	Dreyer Elly	63	08-021	1:19.70	25m	31-8-80	Heemskerk (NED)	250
163.	Limmen Anita	78	08-021	1:19.80	25m	3-4-93		249
164.	Windmuller Annemarie	67	08-021	1:20.00	25m	16-11-80	Haarlem (NED)	247
165.	Lund Karin	63	08-021	1:20.40	25m	10-12-77	Heemskerk (NED)	244
166.	Liefting Sarina	93	08-021	1:20.46	25m	18-3-07	Heemskerk (NED)	243
167.	Ardicyaka Irem	06	08-021	1:20.47	25m	4-10-20	Heemskerk (NED)	243
168.	Niesten Annet	62	08-021	1:20.50	25m	21-5-78	Heemskerk (NED)	243
168.	de Jong Desire	73	08-021	1:20.50	25m	4-10-87	Zaandam (NED)	243
170.	van Kooten Cynthia	93	08-021	1:20.68	25m	18-3-07	Heemskerk (NED)	241
171.	Deen Annette	60	08-021	1:20.80	25m	24-4-76	Heemskerk (NED)	240
172.	Nijman José	93	08-021	1:21.03	25m	25-9-08	Heemskerk (NED)	238
173.	Horst Diana	67	08-021	1:21.10	25m	20-9-81	Den Helder (NED)	237
174.	Nemchonok Alisa	82	08-021	1:21.45	25m	24-1-99	Assendelft (NED)	234
175.	Steenkamp Ciska	90	08-021	1:21.82	25m	7-10-01	Zaandam (NED)	231
176.	Molenaar Eline	82	08-021	1:21.96	25m	17-2-00	Heemskerk (NED)	230
177.	van de Kamp Yvonne	65	08-021	1:22.00	25m	7-3-82		230
178.	Besse Meta	78	08-021	1:22.40	25m	6-12-90	Heemskerk (NED)	226
179.	de Loos Marijke	94	08-021	1:22.43	25m	23-5-10	Purmerend (NED)	226
180.	van der Horst Wendy	72	08-021	1:22.50	25m	13-3-83	Castricum (NED)	225
180.	Ligterink Angela	76	08-021	1:22.50	25m	13-12-87	Assendelft (NED)	225
182.	de Graaf Isabella	04	08-021	1:22.54	25m	11-4-19	Heemskerk (NED)	225
183.	Huisman Jolanda	68	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	225
184.	Stel Kaylin	01	08-021	1:22.68	25m	21-3-10	Zaandam (NED)	224
185.	de Vries Cathy	77	08-021	1:22.70	25m	6-12-90	Heemskerk (NED)	224
186.	Sierra Ana Maria	69	08-021	1:23.40	25m	21-3-82		218
187.	Essers Patricia	84	08-021	1:23.62	25m	17-2-00	Heemskerk (NED)	217
187.	van Putten Demi	96	08-021	1:23.62	25m	14-4-11	Heemskerk (NED)	217
189.	de Groot Sjors	08	08-021	1:23.75	25m	11-2-24	Heemskerk (NED)	215
190.	de Groot Linda	81	08-021	1:23.95	25m	23-4-00	Haarlem (NED)	214
191.	Zonneveld Monica	80	08-021	1:24.10	25m	6-1-93		213
192.	Weezepeel Natascha	07	08-021	1:24.13	25m	4-10-20	Heemskerk (NED)	213
193.	Soellaart Esther	13	08-021	1:24.37	25m	25-1-26	Purmerend (NED)	211
194.	van Perlo Ingrid	73	08-021	1:24.80	25m	22-1-84	Zandvoort (NED)	208
195.	Buitenhuis Danine	91	08-021	1:24.93	25m	28-11-02	Heemskerk	207
196.	Schaaper Margriet	62	08-021	1:25.00	25m	10-12-77	Heemskerk (NED)	206
197.	de Groot Marlijn	92	08-021	1:25.11	25m	27-3-05	Haarlem (NED)	205

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198.	Sminia Vinny	89	08-021	1:25.42	25m	30-3-06	Heemskerk (NED)	203
199.	Berloth Lydia	68	08-021	1:25.50	25m	10-4-83	Heemskerk (NED)	203
199.	Martens landra	03	08-021	1:25.50	25m	29-3-15	Zaandam (NED)	203
201.	Gorter Wilma	63	08-021	1:25.60	25m	31-12-75		202
201.	Calkhoven Mariëtte	65	08-021	1:25.60	25m	22-4-78	Heemskerk (NED)	202
203.	Beeksma Anne	88	08-021	1:25.72	25m	18-11-01	Heemskerk	201
204.	Sobh Shaime	03	08-021	1:26.13	25m	15-11-15	Purmerend (NED)	198
205.	Schelvis Liselot	92	08-021	1:26.33	25m	28-3-04	Zaandam (NED)	197
206.	Smit Lydia	84	08-021	1:26.41	25m	18-2-99	Heemskerk (NED)	196
207.	Bruins Julia	06	08-021	1:26.56	25m	8-2-26	Purmerend (NED)	195
208.	Oortwijn Jytte	10	08-021	1:26.78	25m	27-2-25	Heemskerk (NED)	194
209.	van Leen Cynthia	81	08-021	1:26.80	25m	4-4-96	Heemskerk (NED)	194
209.	Bakker Anna	97	08-021	1:26.80	25m	1-3-09	Heemstede (NED)	194
211.	Gelsumino Giulia	03	08-021	1:27.36	25m	15-11-15	Purmerend (NED)	190
212.	Aafjes Suzan	69	08-021	1:27.50	25m	30-11-80	Heemskerk (NED)	189
213.	van Rijn Eline	07	08-021	1:27.63	25m	18-12-16	Heemskerk (NED)	188
214.	Terhorst Ilja	67	08-021	1:28.00	25m	13-4-80	Zaandam (NED)	186
215.	Cappelle Marcella	85	08-021	1:28.20	25m	8-3-98	Zaandam (NED)	184
216.	Bruin Adri	74	08-021	1:28.30	25m	12-12-87		184
217.	Butter Noor	16	08-021	1:28.46	25m	19-10-25	Zaandam (NED)	183
218.	Pover Ellen	72	08-021	1:28.50	25m	28-10-84	Egmond (NED)	183
218.	Mosch Sabina	84	08-021	1:28.50	50m	25-10-98	Beverwijk (NED)	199
220.	Potemans Priscilla	84	08-021	1:28.90	25m	15-1-98	Heemskerk (NED)	180
221.	Meesters Audrey	90	08-021	1:28.93	25m	17-11-02	Heemskerk	180
222.	Hoorn Linsey	94	08-021	1:29.26	50m	17-4-05	Beverwijk (NED)	194
223.	Sahin Sümeyye Sena	10	08-021	1:29.28	25m	21-9-23	Heemskerk (NED)	178
224.	Palthe Yvonne	67	08-021	1:29.50	25m	3-5-81	Zaandam (NED)	176
225.	Visser Robin	05	08-021	1:29.57	25m	11-5-17	Heemskerk (NED)	176
226.	Zijlstra Mariëlle	83	08-021	1:29.60	25m	28-1-96	Zaandam (NED)	176
227.	Viel Bianca	85	08-021	1:29.79	25m	17-2-00	Heemskerk (NED)	175
228.	de Boer Isabel	06	08-021	1:29.86	25m	11-6-16	Zaandam (NED)	174
229.	Bakker Lisette	83	08-021	1:29.99	25m	22-11-98	Zaandam (NED)	174
230.	Bos Annelies	74	08-021	1:30.10	25m	12-12-87		173
231.	van der Werf Chily	72	08-021	1:30.40	25m	22-1-84	Zandvoort (NED)	171
232.	van den Akker Terry	61	08-021	1:30.70	25m	24-5-75	Z.O. Beemster (NED)	170
232.	Hoekstra Karin	76	08-021	1:30.70	25m	15-1-88		170
234.	Beentjes Nicolet	80	08-021	1:31.22	25m	27-9-98	Assendelft (NED)	167
235.	Rodenburg Kyra	96	08-021	1:31.31	25m	1-10-06	Volendam (NED)	166
236.	Koopman Jessie	97	08-021	1:31.42	25m	15-11-09	Haarlem (NED)	166
237.	Rijpkema Marije	85	08-021	1:31.44	25m	28-2-02	Heemskerk	165
238.	Feenstra Petra	71	08-021	1:31.70	25m	22-1-84	Zandvoort (NED)	164
238.	Last Rooske	94	08-021	1:31.70	25m	11-4-10	Zaandam (NED)	164
240.	Dekker Elise	97	08-021	1:31.98	25m	18-12-05	Alkmaar (NED)	163
241.	Schut Bodine	09	08-021	1:32.04	25m	1-7-21	Heemskerk (NED)	162
242.	Yayli Serina	90	08-021	1:32.12	25m	25-4-02	Heemskerk	162
243.	van der Does Lisa	02	08-021	1:32.22	25m	9-3-14	Zaandam (NED)	161
244.	Doodeman Sara	00	08-021	1:32.75	25m	27-1-11	Heemskerk (NED)	159
245.	van Rijn Ilona	65	08-021	1:32.80	25m	19-2-78	Assendelft (NED)	158
246.	Rasch Monique	66	08-021	1:32.90	25m	1-11-81	Bergen (NED)	158
247.	Zeeman Judith	70	08-021	1:33.20	25m	29-11-81	Zaandam (NED)	156
248.	Dijkstra Janet	77	08-021	1:33.30	25m	18-3-89		156
249.	Hoogervorst Marlon	84	08-021	1:33.50	25m	5-2-95	Assendelft (NED)	155
250.	Smit Ingrid	67	08-021	1:33.60	25m	8-11-80	Heemskerk (NED)	154

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251.	Bok Femke	74	08-021	1:33.80	25m	6-10-85	Wormerveer (NED)	153
252.	van Asch Maria	74	08-021	1:34.10	25m	7-1-93	Heemskerk (NED)	152
253.	van Duin Joke	59	08-021	1:34.20	25m	24-5-75	Z.O. Beemster (NED)	151
254.	Boere Sacha	91	08-021	1:34.44	25m	24-2-05	Heemskerk (NED)	150
255.	Dijkstra Pascal	89	08-021	1:35.38	25m	17-12-98	Heemskerk (NED)	146
256.	Hoeksema Kim	90	08-021	1:35.40	25m	27-9-01	Heemskerk	146
257.	Halbersma Jenny	70	08-021	1:35.60	25m	6-2-83		145
258.	Kesting Alexandra	00	08-021	1:35.72	25m	3-4-11	Zaandam (NED)	144
258.	Terluin Suus	09	08-021	1:35.72	25m	13-10-19	Heemskerk (NED)	144
260.	Beentjes Daphne	91	08-021	1:35.91	25m	6-4-03	Zaandam (NED)	143
261.	Willemse Renee	75	08-021	1:36.00	25m	27-10-85	(NED)	143
262.	Aardenburg Judith	93	08-021	1:36.22	25m	21-11-04	Zaandam (NED)	142
263.	Copier Alyssa	04	08-021	1:36.32	25m	24-11-13	Zaandam (NED)	141
264.	Lensen Sarian	89	08-021	1:36.93	25m	10-3-02	Heemskerk	139
265.	Huisman Lianne	87	08-021	1:37.12	25m	26-4-01	Heemskerk (NED)	138
266.	van Ederen Jasmijn	10	08-021	1:37.69	25m	30-1-20	Heemskerk (NED)	136
267.	van Heerwaarden Vera	03	08-021	1:37.77	25m	5-3-20	Heemskerk (NED)	135
268.	Pezo Adna	90	08-021	1:37.94	25m	27-9-01	Heemskerk	135
269.	Nijman Linda	89	08-021	1:38.01	25m	22-4-01	Heemskerk (NED)	134
270.	Doevendans Phileine	06	08-021	1:38.39	25m	6-3-16	Purmerend (NED)	133
271.	Elghandor Kiyaan	03	08-021	1:38.75	25m	30-3-14	Zaandam (NED)	131
272.	van Dijk Yvonne	65	08-021	1:39.40	25m	10-12-77	Heemskerk (NED)	129
273.	Wiegman Brenda	72	08-021	1:39.70	25m	28-10-84	Egmond (NED)	128
274.	van Perlo Carla	75	08-021	1:40.10	25m	23-9-84	Heemskerk (NED)	126
275.	van den Braber Liesbeth	84	08-021	1:40.18	50m	25-10-98	Beverwijk (NED)	137
276.	Eijndhoven Jonna	02	08-021	1:40.76	25m	7-10-12	Zaandam (NED)	124
277.	Geurtsen Daisy	89	08-021	1:41.49	25m	26-4-01	Heemskerk (NED)	121
278.	Schijf Irene	83	08-021	1:42.10	25m	23-2-95	Heemskerk (NED)	119
278.	Tilgenkamp Lentley	13	08-021	1:42.10	25m	12-10-25	Heemskerk (NED)	119
280.	Vellinga Yvonne	64	08-021	1:42.20	25m	8-1-77	Heemskerk (NED)	118
281.	Kerkhoven Michelle	91	08-021	1:42.26	25m	16-9-01	Zaandam (NED)	118
282.	van der Wijden Eline	88	08-021	1:42.29	25m	10-12-00	Heemskerk (NED)	118
283.	Koper Ella	90	08-021	1:42.74	25m	31-3-02	Zaandam	117
284.	Herwegh Izayra Rena	14	08-021	1:43.03	25m	20-10-24	Heemskerk (NED)	116
285.	Mes Norah	13	08-021	1:43.23	25m	5-6-25	Heemskerk (NED)	115
286.	Huber Emma	13	08-021	1:43.41	25m	25-1-26	Purmerend (NED)	114
287.	Kuijper Michelle	91	08-021	1:43.78	25m	30-9-01	Zaandam (NED)	113
288.	Koper Selma	03	08-021	1:44.04	25m	31-1-13	Heemskerk (NED)	112
289.	Salido Keesje	05	08-021	1:44.12	25m	13-6-15	Zaandam (NED)	112
290.	van den Heuvel Sandra	80	08-021	1:44.90	25m	11-2-90	Heemskerk (NED)	109
291.	van Dam Merel	14	08-021	1:45.10	25m	12-10-25	Heemskerk (NED)	109
292.	van Ruth Yoore	78	08-021	1:45.30	25m	3-11-91	Assendelft (NED)	108
293.	Bovekerk Annefleur	99	08-021	1:45.47	25m	3-10-10	Zaandam (NED)	108
294.	Haack Fenna	16	08-021	1:45.59	25m	20-4-25	Haarlem (NED)	107
295.	Liefting Marielle	90	08-021	1:45.84	25m	31-3-02	Zaandam	107
296.	van Laarhoven Salome	15	08-021	1:46.28	25m	9-11-25	Zaandam (NED)	105
297.	Salem Lamies	03	08-021	1:46.55	25m	14-1-18	Purmerend (NED)	104
298.	Snijder Femke	83	08-021	1:46.60	25m	12-3-94		104
299.	Boonstra Esmé	02	08-021	1:46.84	25m	31-1-13	Heemskerk (NED)	104
300.	Zuidervaart Anne	02	08-021	1:48.07	25m	22-4-12	Haarlem (NED)	100
301.	Werdekker Marjolein	81	08-021	1:48.40	25m	2-5-96	Heemskerk (NED)	99
302.	Groot Irma	63	08-021	1:48.50	25m	24-5-75	Z.O. Beemster (NED)	99
303.	Broers Margot	63	08-021	1:49.00	25m	10-12-77	Heemskerk (NED)	97

100 vrije slag (sinds 304)

304.	Zonneveld Jennifer	88	08-021	1:49.12	25m	18-11-01	Heemskerk	97
305.	Doll Maartje	80	08-021	1:49.30	25m	24-4-93		97
306.	van Duivenvoorde Sanne	93	08-021	1:50.97	25m	26-9-02	Heemskerk	92
307.	Reiss Katinka	65	08-021	1:51.00	25m	10-12-77	Heemskerk (NED)	92
308.	van Noort Jony	85	08-021	1:51.70	25m	17-3-96	Heemskerk (NED)	91
309.	van Roon Jill	14	08-021	1:52.59	25m	12-10-25	Heemskerk (NED)	88
310.	Haack Zowi	18	08-021	1:52.68	25m	9-11-25	Zaandam (NED)	88
311.	van der Leden Cynthia	66	08-021	1:53.10	25m	10-12-77	Heemskerk (NED)	87
312.	Gooijer Roos	97	08-021	1:53.54	25m	24-9-09	Heemskerk (NED)	86
313.	Reeuwijk Danielle	70	08-021	1:55.50	25m	7-10-79	Heemskerk (NED)	82
314.	van der Leden Laura	68	08-021	1:55.70	25m	17-9-77	Heemskerk (NED)	81
315.	Janssen Tess	89	08-021	1:57.22	25m	27-9-98	Assendelft (NED)	78
316.	Morianner Susanna	72	08-021	1:57.70	25m	7-3-82		77
317.	Reuderink Miranda	63	08-021	1:58.70	25m	10-12-77	Heemskerk (NED)	75
318.	Hol Manouk	05	08-021	2:01.76	25m	14-12-14	Zaandam (NED)	70
319.	Slotemaker Britt	14	08-021	2:03.92	25m	24-11-24	Zaandam (NED)	66
320.	Sanen Casey	99	08-021	2:04.44	25m	24-9-09	Heemskerk (NED)	65
321.	de Jong Frederike	75	08-021	2:05.50	25m	3-2-93		64
322.	Post Aijuna	14	08-021	2:06.28	25m	29-9-24	Krommenie (NED)	63
323.	van 't Hof Manon	90	08-021	2:07.61	25m	7-4-02	Heemskerk	61
324.	Stoker Ianthe	84	08-021	2:08.60	25m	23-1-97	Heemskerk	59
325.	van Hiele Femke	13	08-021	2:11.86	25m	12-10-25	Heemskerk (NED)	55
326.	van der Zee Olga	66	08-021	2:12.80	25m	8-1-77	Heemskerk (NED)	54
327.	Werdekker Esther	83	08-021	2:14.00	25m	4-4-96	Heemskerk (NED)	52
328.	van der Zee Paula	68	08-021	2:27.80	25m	8-1-77	Heemskerk (NED)	39
329.	Kerdijk Lianne	81	08-021	2:31.20	25m	4-4-91	Heemskerk (NED)	36
330.	Ramazani Helia	16	08-021	2:39.76	25m	19-10-25	Zaandam (NED)	31

200 vrije slag

1.	Schelvis Femke	84	08-021	2:07.73	25m	25-11-99	Heemskerk	646
2.	Kingma Danae	00	08-021	2:10.58	25m	12-4-18	Heemskerk (NED)	604
3.	Smit Sanne	01	08-021	2:13.76	25m	16-3-17	Heemskerk (NED)	562
4.	Hoekstra Eline	03	08-021	2:14.26	25m	5-3-20	Heemskerk (NED)	556
5.	Drubers Mirjam	67	08-021	2:15.30	25m	31-12-85		543
6.	Wentink Yara	04	08-021	2:16.44	25m	14-3-24	Heemskerk (NED)	530
7.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
8.	Broek Jade	97	08-021	2:17.18	25m	18-11-18	Hoofddorp (NED)	521
9.	Crok Linda	94	08-021	2:17.72	25m	2-10-11	Heemskerk (NED)	515
10.	de Groot Daniëlle	93	08-021	2:17.81	25m	10-5-08	Purmerend (NED)	514
11.	Groen Anne	95	08-021	2:17.96	25m	13-11-16	Purmerend (NED)	512
12.	Vink Lidewij	90	08-021	2:19.09	25m	12-2-06	Zaandam (NED)	500
13.	van 't Veer Iris	03	08-021	2:20.41	25m	30-3-23	Heemskerk (NED)	486
14.	Hoek Daniëlle	88	08-021	2:20.46	25m	22-3-12	Heemskerk (NED)	485
15.	Siemerink Laura	04	08-021	2:21.26	25m	13-1-19	Purmerend (NED)	477
16.	Stel Serena	98	08-021	2:21.69	25m	18-4-10	Zaandam (NED)	473
17.	Palmboom Nicole	91	08-021	2:22.48	25m	1-3-08	Hoorn (NED)	465
18.	Verbree Bets	63	08-021	2:22.60	25m	7-2-82		464
19.	Schelvis Roos	86	08-021	2:23.28	25m	26-9-02	Heemskerk	457
20.	Mallon Danique	94	08-021	2:23.87	25m	3-10-10	Zaandam (NED)	452
21.	Gijzen-van der Kroft Nicole	84	08-021	2:24.05	25m	30-11-00	Heemskerk (NED)	450
22.	Kleijne Daisy	89	08-021	2:24.52	25m	13-3-05	Amsterdam (NED)	446
23.	Meijer Sylvia	81	08-021	2:24.70	25m	11-12-97	Heemskerk (NED)	444

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24.	Crok Annemarie	89	08-021	2:25.47	25m	13-11-11	Zaandam (NED)	437
25.	van der Gracht Anouk	89	08-021	2:25.68	25m	25-11-07	Amsterdam (NED)	435
26.	Hulshof Saskia	73	08-021	2:25.80	25m	28-2-90		434
27.	Stam Vanessa	80	08-021	2:26.50	25m	5-4-98	Heemskerk (NED)	428
28.	Stins Mariska	84	08-021	2:26.63	25m	5-11-00	Zaandam (NED)	427
29.	Haasbroek Renske	03	08-021	2:26.80	25m	8-2-26	Purmerend (NED)	425
30.	de Haan Shira	00	08-021	2:27.13	25m	13-11-16	Purmerend (NED)	422
31.	Besse Karen	75	08-021	2:27.60	25m	24-3-91	Zaandam (NED)	418
32.	van de Poll Marianne	89	08-021	2:27.82	25m	18-1-04	IJmuiden (NED)	416
33.	Koopman Anitra	89	08-021	2:28.16	25m	16-1-05	Zaandam (NED)	414
34.	Spijker Kristel	84	08-021	2:28.19	25m	14-11-10	Castricum (NED)	413
35.	Buur Naomi	01	08-021	2:28.35	25m	17-3-16	Heemskerk (NED)	412
36.	Zwarthoed Brenda	96	08-021	2:28.41	50m	18-5-08	Alkmaar (NED)	441
37.	Kramer Miranda	80	08-021	2:28.50	25m	9-4-98	Heemskerk (NED)	411
37.	Koper Fiona	01	08-021	2:28.50	25m	12-4-18	Heemskerk (NED)	411
39.	de Roode Xara	08	08-021	2:28.82	25m	6-4-25	Purmerend (NED)	408
40.	Stam Sabrina	82	08-021	2:29.10	25m	11-12-97	Heemskerk (NED)	406
41.	de Boer Irene	84	08-021	2:29.14	25m	11-3-01	Zaandam (NED)	405
42.	Visser Kelly	89	08-021	2:29.26	25m	11-11-12	Schagen (NED)	404
43.	Petit Kirsten	00	08-021	2:29.82	25m	12-4-18	Heemskerk (NED)	400
44.	Limmen Karin	76	08-021	2:30.00	25m	15-1-94		399
45.	Essers Sanne	91	08-021	2:30.76	25m	17-11-07	Barneveld (NED)	393
46.	van Staveren Marina	78	08-021	2:31.15	25m	17-11-13	Almere-Stad (NED)	389
47.	Vink Marjolein	93	08-021	2:31.36	25m	30-9-07	Volendam (NED)	388
48.	van Ballegooie Simone	84	08-021	2:31.40	25m	19-4-98	Zaandam (NED)	388
49.	Schuyt Simone	75	08-021	2:31.60	25m	12-11-89	Assendelft (NED)	386
50.	van der Geest Saskia	73	08-021	2:31.70	25m	18-2-89		385
51.	Meijer Linda	77	08-021	2:32.20	25m	15-1-94		381
52.	Teufer Irene	96	08-021	2:32.38	25m	20-1-08	Zaandam (NED)	380
53.	Dijkstra Lisette	86	08-021	2:32.40	25m	19-4-98	Zaandam (NED)	380
54.	Zonneveld Chantal	84	08-021	2:32.45	25m	12-3-00	Heemskerk (NED)	380
55.	van Rookhuizen Sieta	79	08-021	2:32.60	25m	19-4-98	Zaandam (NED)	378
56.	Butter Anouk	82	08-021	2:33.07	25m	31-5-01	Heemskerk (NED)	375
57.	Vredenburg Roos	95	08-021	2:33.51	25m	27-2-10	Hoorn (NED)	372
58.	Jongema Helena	80	08-021	2:33.86	25m	16-3-08	Amersfoort (NED)	369
59.	de Wildt Maud	05	08-021	2:34.22	25m	30-3-23	Heemskerk (NED)	367
60.	van Eerden Meike	00	08-021	2:34.36	25m	6-10-19	Purmerend (NED)	366
61.	Schoonderwoerd Rianne	95	08-021	2:34.42	25m	30-3-23	Heemskerk (NED)	365
62.	de Boer Maia	03	08-021	2:34.80	25m	14-3-24	Heemskerk (NED)	363
63.	van Honk Chantal	80	08-021	2:35.30	25m	23-2-92	Zaandam (NED)	359
64.	Blaauw Yente	03	08-021	2:36.20	25m	16-3-17	Heemskerk (NED)	353
65.	Bos Marieke	06	08-021	2:36.31	25m	5-3-20	Heemskerk (NED)	352
66.	Scholten Britt	04	08-021	2:36.90	25m	7-3-19	Heemskerk (NED)	348
67.	Koopman Inge	93	08-021	2:37.19	50m	20-2-22	Eindhoven (NED)	371
68.	Hogema Fabiën	93	08-021	2:37.22	25m	26-11-06	Heemskerk (NED)	346
69.	de Ruijter Linda	87	08-021	2:37.33	25m	26-9-02	Heemskerk	345
70.	Niessen Iris	92	08-021	2:37.56	25m	15-11-09	Haarlem (NED)	344
71.	de Boer Angela	80	08-021	2:37.80	25m	16-10-94	Heemskerk (NED)	342
72.	van Assema Eline	05	08-021	2:38.30	25m	30-3-23	Heemskerk (NED)	339
73.	van Sikkelerus Lisa	99	08-021	2:38.80	25m	8-12-13	Amstelveen (NED)	336
74.	Hermans Liesbeth	66	08-021	2:39.20	25m	2-11-80	Castricum (NED)	333
75.	Boekling Annette	85	08-021	2:39.25	25m	27-9-01	Heemskerk	333
76.	Windmuller Wendy	69	08-021	2:39.80	25m	16-1-83	Heemskerk (NED)	330

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77. Heus Pauline	78	08-021	2:40.00	25m	14-4-96	Zaandam (NED)	328
78. Pover Karin	67	08-021	2:41.00	25m	17-1-82		322
78. Herwegh Binthy	09	08-021	2:41.00	25m	12-11-23	Den Helder (NED)	322
80. Oudendijk Bianca	79	08-021	2:41.10	25m	17-2-94	Heemskerk	322
80. Krouwels Tanja	79	08-021	2:41.10	25m	15-2-98	Assendelft (NED)	322
80. van Koeveringe Nicole	93	08-021	2:41.10	25m	26-11-06	Heemskerk (NED)	322
83. van Langelaar Tessa	97	08-021	2:41.22	25m	10-3-13	Schagen (NED)	321
84. Renkema Iris	04	08-021	2:41.45	25m	12-3-17	Purmerend (NED)	319
85. Visser Stacey	87	08-021	2:41.69	25m	27-9-01	Heemskerk	318
86. de Graaf Annemiek	70	08-021	2:41.80	25m	30-11-86	Heemskerk (NED)	317
87. Ivens Suzanne	99	08-021	2:42.19	25m	21-3-13	Heemskerk (NED)	315
88. de Boer Claudia	77	08-021	2:42.20	25m	22-4-90	Heemstede (NED)	315
89. Tholen Kirsten	66	08-021	2:42.30	25m	6-2-83		314
90. Hoffland Yasmin	01	08-021	2:42.97	25m	12-4-18	Heemskerk (NED)	311
91. ten Cate Ilona	85	08-021	2:43.01	25m	27-11-05	Heemskerk (NED)	310
92. Zonneveld Melissa	88	08-021	2:44.06	25m	13-3-05	Amsterdam (NED)	304
93. Plokker Sylvia	68	08-021	2:44.60	25m	17-5-81	Castricum (NED)	301
94. Dijkstra Ingrid	68	08-021	2:44.80	25m	14-3-82		300
95. van Galen Angela	65	08-021	2:44.90	25m	23-5-81	Heemskerk (NED)	300
96. van Huisstede Nikita	01	08-021	2:45.31	25m	2-10-16	Purmerend (NED)	298
97. Bruin Marianne	78	08-021	2:45.50	25m	3-2-91	Zaandam (NED)	297
98. Grul Lisanne	97	08-021	2:45.54	25m	21-3-13	Heemskerk (NED)	296
99. Oosterveen Yvonne	80	08-021	2:45.80	25m	5-4-92	Heemskerk (NED)	295
100. Rodenburg Rianne	93	08-021	2:46.07	25m	26-11-06	Heemskerk (NED)	294
101. Lindelauf Priscilla	85	08-021	2:46.16	25m	14-1-01	Heemskerk (NED)	293
102. Raszinski Nienke	01	08-021	2:46.62	25m	26-1-14	Zaandam (NED)	291
103. Poppema Yvonne	68	08-021	2:46.70	25m	12-2-84	Heemskerk (NED)	290
104. de Graaf Dinie	71	08-021	2:47.00	25m	23-9-84	Heemskerk (NED)	289
105. Bouwman Esther	63	08-021	2:47.30	25m	21-4-79	Deinze (BEL)	287
106. Walraven Annet	62	08-021	2:47.80	25m	7-5-78	Assendelft (NED)	285
107. Angenent Nienke	01	08-021	2:48.12	25m	6-3-14	Heemskerk (NED)	283
108. ten Cate Joyce	80	08-021	2:48.82	25m	25-4-02	Heemskerk	279
109. van Giezen Irene	67	08-021	2:49.40	25m	16-1-83	Heemskerk (NED)	277
109. Zonneveld Cindy	75	08-021	2:49.40	25m	20-3-93		277
111. Steenbakker Lisan	07	08-021	2:49.52	25m	14-3-24	Heemskerk (NED)	276
112. van Rijn Sydney	03	08-021	2:49.65	25m	12-4-18	Heemskerk (NED)	275
113. Bos Chantal	74	08-021	2:49.70	25m	18-2-89		275
114. Cappelle Carlijn	82	08-021	2:50.30	25m	23-1-97	Heemskerk	272
115. Venema Jalina	04	08-021	2:50.36	25m	12-3-17	Purmerend (NED)	272
116. Visser Shana	04	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
116. de Wolff Isabel	01	08-021	2:50.56	25m	17-3-16	Heemskerk (NED)	271
118. Deiman Caroline	67	08-021	2:51.00	25m	17-2-94	Heemskerk	269
119. van Giezen Corina	68	08-021	2:51.20	25m	22-1-84	Zandvoort (NED)	268
120. Knight Kayleigh	00	08-021	2:51.30	25m	16-3-17	Heemskerk (NED)	267
121. van Ballegooie Stefanie	86	08-021	2:51.89	25m	14-1-01	Heemskerk (NED)	265
122. Moolevliet Petra	82	08-021	2:51.90	25m	29-10-95	Castricum (NED)	265
123. Limmen Miriam	75	08-021	2:52.20	25m	24-3-91	Zaandam (NED)	263
124. Veldhuis Amelia	03	08-021	2:52.70	25m	3-11-19	Purmerend (NED)	261
125. de Vriend Sofie	01	08-021	2:52.93	25m	27-1-13	Zaandam (NED)	260
126. Koper Birgit	87	08-021	2:53.03	25m	19-1-03	Zaandam	259
127. de Vries Chrissie	93	08-021	2:53.53	25m	25-10-07	Heemskerk (NED)	257
128. Regelink Anneke	83	08-021	2:53.73	25m	25-11-99	Heemskerk	256
129. Peters Yvonne	63	08-021	2:54.00	25m	12-2-84	Heemskerk (NED)	255

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130.	van Duin Margret	60	08-021	2:54.10	25m	8-1-77	Heemskerk (NED)	255
131.	Munnik Yvonne	64	08-021	2:54.30	25m	7-5-78	Assendelft (NED)	254
132.	Huneker Jolanda	79	08-021	2:55.11	25m	17-1-99	Heemskerk (NED)	250
133.	Wieman Lianne	03	08-021	2:55.18	25m	7-3-19	Heemskerk (NED)	250
134.	Molenaar Eline	82	08-021	2:55.30	25m	20-2-00	Assendelft (NED)	249
135.	Hommersen Sandra	84	08-021	2:55.60	25m	9-4-98	Heemskerk (NED)	248
136.	Dijkstra Maud	84	08-021	2:56.00	25m	11-12-97	Heemskerk (NED)	247
137.	Bakkum Wilma	62	08-021	2:56.10	25m	30-11-80	Heemskerk (NED)	246
138.	Bakker Jesca	79	08-021	2:56.30	25m	1-3-90	Heemskerk (NED)	245
139.	van Velsen Patricia	79	08-021	2:56.60	25m	23-2-95	Heemskerk (NED)	244
140.	Nijman José	93	08-021	2:56.92	25m	5-10-08	Heemskerk (NED)	243
141.	Limmen Anita	78	08-021	2:57.00	25m	16-2-94		242
142.	de Groot Marlijn	92	08-021	2:57.20	25m	28-11-04	Heemskerk (NED)	242
143.	Hoek Laura	86	08-021	2:57.69	25m	21-11-99	Heemskerk (NED)	240
144.	van Giezen Sandra	63	08-021	2:57.90	25m	30-11-80	Heemskerk (NED)	239
145.	de Vries Justine	83	08-021	2:58.10	25m	3-11-96	Zaandam (NED)	238
146.	Ardicyaka Irem	06	08-021	2:58.65	25m	5-3-20	Heemskerk (NED)	236
147.	van Vliet Isabel	02	08-021	2:58.95	25m	1-10-17	Purmerend (NED)	234
148.	de Vries Cathy	77	08-021	2:59.10	25m	22-9-91	Zaandam (NED)	234
149.	Liefting Sarina	93	08-021	2:59.69	25m	26-11-06	Heemskerk (NED)	232
150.	Steenkamp Ciska	90	08-021	3:00.79	25m	16-9-01	Zaandam (NED)	227
151.	Nijholt Carin	60	08-021	3:00.80	25m	12-2-78	Heemskerk (NED)	227
151.	Dreyer Elly	63	08-021	3:00.80	25m	21-4-79	Deinze (BEL)	227
153.	Nemchonok Alisa	82	08-021	3:00.88	25m	24-1-99	Assendelft (NED)	227
154.	Essers Patricia	84	08-021	3:01.32	25m	11-3-01	Zaandam (NED)	225
155.	de Groot Linda	81	08-021	3:01.97	25m	21-11-99	Heemskerk (NED)	223
156.	Bruin Adri	74	08-021	3:02.10	25m	19-2-89	Heemskerk (NED)	223
157.	Mulder Amy	80	08-021	3:02.30	25m	16-2-94		222
158.	Bruins Julia	06	08-021	3:03.04	25m	8-2-26	Purmerend (NED)	219
159.	de Loos Marijke	94	08-021	3:04.29	25m	3-10-10	Zaandam (NED)	215
160.	Huisman Jolanda	68	08-021	3:04.80	25m	22-1-84	Zandvoort (NED)	213
161.	van Kooten Cynthia	93	08-021	3:04.87	25m	26-11-06	Heemskerk (NED)	213
162.	Soellaart Esther	13	08-021	3:05.41	25m	25-1-26	Purmerend (NED)	211
163.	Niesten Annet	62	08-021	3:06.00	25m	8-1-77	Heemskerk (NED)	209
163.	de Jong Desire	73	08-021	3:06.00	25m	8-11-87	Heemskerk (NED)	209
165.	Schaefer Lisa	06	08-021	3:06.95	25m	5-3-20	Heemskerk (NED)	206
166.	Besse Meta	78	08-021	3:07.40	25m	4-10-92	Assendelft (NED)	204
167.	Sobh Shaime	03	08-021	3:07.48	25m	19-2-15	Heemskerk (NED)	204
168.	van der Horst Sacha	69	08-021	3:07.50	25m	5-4-81	Heemskerk (NED)	204
169.	Buur Cindy	99	08-021	3:07.71	25m	19-2-15	Heemskerk (NED)	203
170.	Stel Kaylin	01	08-021	3:07.73	25m	28-3-10	Zeist (NED)	203
171.	de Graaf Isabella	04	08-021	3:07.97	25m	7-10-18	Purmerend (NED)	202
172.	Sahin Sümeyye Sena	10	08-021	3:08.41	25m	12-11-23	Den Helder (NED)	201
173.	Martens Iandra	03	08-021	3:09.63	25m	19-4-15	Zaandam (NED)	197
174.	Oortwijn Jytte	10	08-021	3:10.74	25m	6-10-24	Den Helder (NED)	194
175.	Windmuller Annemarie	67	08-021	3:11.00	25m	27-1-80	Zaandam (NED)	193
175.	Potemans Priscilla	84	08-021	3:11.00	25m	26-10-97	Heemskerk (NED)	193
177.	van Leen Cynthia	81	08-021	3:11.20	25m	29-9-96	Haarlem (NED)	192
178.	Keessen Pam	62	08-021	3:11.30	25m	12-2-78	Heemskerk (NED)	192
179.	van Putten Demi	96	08-021	3:11.34	25m	13-3-11	Heemskerk (NED)	192
180.	Meesters Audrey	90	08-021	3:11.40	25m	17-11-02	Heemskerk	192
181.	Smit Lydia	84	08-021	3:11.69	25m	17-10-99	Assendelft (NED)	191
182.	de Groot Sjors	08	08-021	3:11.77	25m	1-10-23	Den Helder (NED)	190

200 vrije slag (sinds 183)

183.	Zonneveld Monica	80	08-021	3:11.80	25m	12-4-92	Heemstede (NED)	190
184.	Visser Robin	05	08-021	3:11.91	25m	7-5-17	Zaandam (NED)	190
185.	Viel Bianca	85	08-021	3:12.14	25m	25-11-99	Heemskerk	189
186.	Horst Diana	67	08-021	3:12.30	25m	23-5-81	Heemskerk (NED)	189
187.	Bakker Daniëlle	96	08-021	3:13.81	25m	10-5-08	Purmerend (NED)	184
188.	van de Kamp Yvonne	65	08-021	3:14.00	25m	14-3-81	Heemskerk (NED)	184
189.	Pover Ellen	72	08-021	3:14.30	25m	2-9-84	Heemskerk (NED)	183
190.	Gelsumino Giulia	03	08-021	3:14.85	25m	19-2-15	Heemskerk (NED)	182
191.	Bos Annelies	74	08-021	3:15.60	25m	29-11-87	Amstelveen (NED)	179
192.	Beeksma Anne	88	08-021	3:15.91	25m	17-3-02	Zaandam	179
193.	Zijlstra Mariëlle	83	08-021	3:16.80	25m	29-10-95	Castricum (NED)	176
194.	Koopman Jessie	97	08-021	3:17.38	25m	18-4-10	Zaandam (NED)	175
195.	van Leeuwen Andrea	71	08-021	3:18.60	25m	7-3-82		171
196.	Bakker Lisette	83	08-021	3:19.20	25m	9-4-98	Heemskerk (NED)	170
197.	Bakker Anna	97	08-021	3:19.24	25m	25-1-09	Zaandam (NED)	170
198.	Mosch Sabina	84	08-021	3:19.30	25m	26-10-97	Heemskerk (NED)	170
199.	Sierra Ana Maria	69	08-021	3:23.00	25m	14-3-81	Heemskerk (NED)	160
200.	Groot Tineke	60	08-021	3:23.20	25m	8-1-77	Heemskerk (NED)	160
201.	Terhorst Ilja	67	08-021	3:23.30	25m	2-11-80	Castricum (NED)	160
202.	Jansen Pauline	67	08-021	3:23.40	25m	16-1-83	Heemskerk (NED)	160
203.	Berloth Lydia	68	08-021	3:23.90	25m	23-5-81	Heemskerk (NED)	158
204.	Weezepoel Natascha	07	08-021	3:24.06	25m	5-3-20	Heemskerk (NED)	158
205.	Palthe Yvonne	67	08-021	3:24.10	25m	23-5-81	Heemskerk (NED)	158
206.	Butter Noor	16	08-021	3:24.71	25m	5-6-25	Heemskerk (NED)	156
207.	Groot Irma	63	08-021	3:24.80	25m	8-1-77	Heemskerk (NED)	156
207.	Cappelle Marcella	85	08-021	3:24.80	25m	26-10-97	Heemskerk (NED)	156
209.	van Rijn Eline	07	08-021	3:24.97	25m	27-11-16	Zaandam (NED)	156
210.	Dekker Elise	97	08-021	3:24.99	25m	19-2-06	Zaandam (NED)	156
211.	van Son Sandra	72	08-021	3:25.10	25m	2-9-84	Heemskerk (NED)	156
212.	Feenstra Petra	71	08-021	3:26.30	25m	23-9-84	Heemskerk (NED)	153
213.	van Perlo Ingrid	73	08-021	3:26.40	25m	2-9-84	Heemskerk (NED)	153
214.	Huisman Lianne	87	08-021	3:26.80	25m	31-5-01	Heemskerk (NED)	152
215.	Yayli Serina	90	08-021	3:27.06	25m	17-11-02	Heemskerk	151
216.	Kerkhoven Michelle	91	08-021	3:27.61	25m	29-9-05	Heemskerk (NED)	150
217.	Beentjes Nicolet	80	08-021	3:27.90	25m	16-11-97	Zaandam (NED)	149
218.	Bouwer Jolien	89	08-021	3:28.30	25m	20-12-01	Heemskerk	149
219.	Aafjes Suzan	69	08-021	3:28.50	25m	23-5-81	Heemskerk (NED)	148
220.	Last Rooske	94	08-021	3:28.68	25m	3-10-10	Zaandam (NED)	148
221.	Schelvis Liselot	92	08-021	3:30.06	25m	29-4-04	Heemskerk (NED)	145
222.	Beentjes Daphne	91	08-021	3:32.26	25m	29-4-04	Heemskerk (NED)	140
223.	Rijpkema Marije	85	08-021	3:32.28	25m	30-5-02	Heemskerk	140
224.	van Heerwaarden Vera	03	08-021	3:32.65	25m	5-3-20	Heemskerk (NED)	140
225.	Schijf Irene	83	08-021	3:35.00	25m	8-6-95	Heemskerk (NED)	135
226.	Kesting Alexandra	00	08-021	3:35.22	25m	17-4-11	Zaandam (NED)	135
227.	Lensen Sarian	89	08-021	3:37.88	25m	17-11-02	Heemskerk	130
228.	Boere Sacha	91	08-021	3:37.90	25m	28-4-05	Heemskerk (NED)	130
229.	van der Wijden Eline	88	08-021	3:38.14	25m	31-5-01	Heemskerk (NED)	129
230.	Mes Norah	13	08-021	3:38.66	25m	5-6-25	Heemskerk (NED)	128
231.	Rasch Monique	66	08-021	3:42.00	25m	23-5-81	Heemskerk (NED)	123
232.	Zeeman Judith	70	08-021	3:44.20	25m	14-3-81	Heemskerk (NED)	119
233.	Haack Fenna	16	08-021	3:44.56	25m	5-6-25	Heemskerk (NED)	118
234.	van Giezen Wendy	70	08-021	3:44.90	25m	14-3-81	Heemskerk (NED)	118
235.	Salem Lamies	03	08-021	3:45.01	25m	14-1-18	Purmerend (NED)	118

200 vrije slag (sinds 236)

236.	Aardenburg Judith	93	08-021	3:45.70	25m	29-9-05	Heemskerk (NED)	117
237.	Pezo Adna	90	08-021	3:47.63	25m	31-5-01	Heemskerk (NED)	114
238.	Eijndhoven Jonna	02	08-021	3:47.71	25m	9-12-12	Zaandam (NED)	114
239.	Liefting Marielle	90	08-021	3:48.46	25m	30-5-02	Heemskerk	112
240.	van den Braber Liesbeth	84	08-021	3:48.50	25m	15-2-98	Assendelft (NED)	112
241.	van Tol Sarjenka	97	08-021	3:49.82	25m	12-10-08	Zaandam (NED)	110
242.	Tilgenkamp Lentley	13	08-021	3:50.05	25m	9-3-25	Purmerend (NED)	110
243.	Elghandor Kiyaan	03	08-021	3:50.53	25m	15-12-13	Zaandam (NED)	109
244.	Snijder Femke	83	08-021	3:50.80	25m	13-4-94		109
245.	van Noort Jony	85	08-021	3:56.50	25m	8-6-95	Heemskerk (NED)	101
246.	Verhagen Sabine	71	08-021	3:56.60	25m	23-9-84	Heemskerk (NED)	101
246.	Dijkstra Pascal	89	08-021	3:56.60	25m	19-3-98	Heemskerk (NED)	101
248.	Reuderink Miranda	63	08-021	3:57.50	25m	8-1-77	Heemskerk (NED)	100
249.	Rodenburg Kyra	96	08-021	3:58.92	25m	23-10-05	Zaandam (NED)	98
250.	Koper Ella	90	08-021	3:59.26	25m	31-5-01	Heemskerk (NED)	98
251.	Boonstra Esmé	02	08-021	4:03.16	25m	9-12-12	Zaandam (NED)	93
252.	Slotemaker Britt	14	08-021	4:10.55	25m	5-6-25	Heemskerk (NED)	85
253.	Hoeksema Kim	90	08-021	4:19.20	25m	31-5-01	Heemskerk (NED)	77
254.	van 't Hof Manon	90	08-021	4:22.51	25m	30-5-02	Heemskerk	74
255.	van Duivenvoorde Sanne	93	08-021	4:26.63	25m	30-5-02	Heemskerk	71
256.	van Roon Jill	14	08-021	4:29.71	25m	5-6-25	Heemskerk (NED)	68
257.	Geluk Mabelle	73	08-021	4:53.19	50m	4-6-11	Apeldoorn (NED)	57
258.	Zonneveld Jennifer	88	08-021	4:56.16	25m	31-5-01	Heemskerk (NED)	51
259.	van Hiele Femke	13	08-021	5:00.41	25m	9-3-25	Purmerend (NED)	49

250 vrije slag

1.	Butter Noor	16	08-021	5:04.24	OW	20-7-25	Amsterdam (NED)	
2.	Stel Kaylin	01	08-021	5:19.71	OW	6-9-09	Vlissingen (NED)	
3.	de Wildt Maud	05	08-021	6:09.15	OW	26-7-14	Anna-Paulowna (NED)	
4.	Haack Fenna	16	08-021	10:06.95	OW	13-7-24	Anna Paulowna (NED)	

300 vrije slag

1.	Schelvis Femke	84	08-021	3:27.55	25m	17-12-04	Drachten (NED)	573
2.	Crok Linda	94	08-021	3:38.23	25m	25-4-11	Haarlem (NED)	493
3.	Hoekstra Eline	03	08-021	3:39.67	25m	9-11-24	Purmerend (NED)	483
4.	Vink Lidewij	90	08-021	3:40.07	25m	18-5-06	Heemskerk (NED)	481
5.	Smit Sanne	01	08-021	3:44.38	50m	10-3-19	Amsterdam (NED)	472
6.	Broek Jade	97	08-021	3:44.41	25m	4-10-15	Purmerend (NED)	453
7.	Wentink Yara	04	08-021	3:44.70	25m	8-6-19	Purmerend (NED)	452
8.	Hoek Daniëlle	88	08-021	3:47.20	25m	18-5-06	Heemskerk (NED)	437
9.	Stel Serena	98	08-021	3:50.73	25m	29-1-10	Heerenveen (NED)	417
10.	Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
11.	Palmboom Nicole	91	08-021	3:51.10	25m	18-5-06	Heemskerk (NED)	415
12.	van de Poll Marianne	89	08-021	3:51.98	25m	29-4-04	Heemskerk (NED)	410
13.	Groen Anne	95	08-021	3:52.00	25m	25-4-11	Haarlem (NED)	410
14.	van der Gracht Anouk	89	08-021	3:52.29	25m	18-5-13	Purmerend (NED)	409
15.	de Groot Daniëlle	93	08-021	3:55.78	50m	11-4-08	Antwerpen (BEL)	406
16.	Kleijne Daisy	89	08-021	3:56.50	25m	29-4-04	Heemskerk (NED)	387
17.	Haasbroek Renske	03	08-021	3:56.60	25m	21-4-25	Haarlem (NED)	387
18.	Teufer Irene	96	08-021	3:58.28	25m	30-3-08	Zaandam (NED)	379
19.	Stins Mariska	84	08-021	4:01.45	25m	29-4-04	Heemskerk (NED)	364

300 vrije slag (sinds 20)

20.	Koopman Anitra	89	08-021	4:02.06	25m	29-4-04	Heemskerk (NED)	361
21.	Meijer Sylvia	81	08-021	4:02.20	25m	19-4-98	Zaandam (NED)	361
22.	Buur Naomi	01	08-021	4:02.95	25m	7-6-14	Purmerend (NED)	357
23.	Essers Sanne	91	08-021	4:05.80	25m	14-10-07	Zaandam (NED)	345
24.	de Ruijter Linda	87	08-021	4:07.06	25m	29-4-04	Heemskerk (NED)	340
25.	Mallon Danique	94	08-021	4:08.45	25m	14-10-07	Zaandam (NED)	334
26.	de Roode Xara	08	08-021	4:10.21	25m	6-10-24	Den Helder (NED)	327
27.	de Wildt Maud	05	08-021	4:13.28	25m	1-10-23	Den Helder (NED)	315
28.	Koopman Inge	93	08-021	4:13.48	50m	8-4-22	Antwerpen (BEL)	327
29.	Hogema Fabiën	93	08-021	4:13.63	25m	18-5-06	Heemskerk (NED)	314
30.	Butter Anouk	82	08-021	4:14.06	25m	29-4-04	Heemskerk (NED)	312
31.	van Eerden Meike	00	08-021	4:14.93	25m	5-10-25	Purmerend (NED)	309
32.	Blaauw Yente	03	08-021	4:16.72	25m	5-10-25	Purmerend (NED)	303
33.	Vink Marjolein	93	08-021	4:16.78	25m	14-10-07	Zaandam (NED)	303
34.	Jongema Helena	80	08-021	4:17.20	50m	18-9-09	Cadiz (ESP)	313
35.	Bos Marieke	06	08-021	4:17.87	25m	25-11-18	Hoofddorp (NED)	299
36.	Herwegh Binthy	09	08-021	4:21.34	25m	1-10-23	Den Helder (NED)	287
37.	Heus Pauline	78	08-021	4:23.79	25m	29-4-04	Heemskerk (NED)	279
38.	ten Cate Ilona	85	08-021	4:25.58	25m	18-5-06	Heemskerk (NED)	273
39.	Niessen Iris	92	08-021	4:27.05	25m	18-5-06	Heemskerk (NED)	269
40.	Visser Kelly	89	08-021	4:28.39	25m	21-1-01	Heemskerk (NED)	265
41.	Ivens Suzanne	99	08-021	4:31.38	25m	18-5-13	Purmerend (NED)	256
42.	ten Cate Joyce	80	08-021	4:36.25	25m	29-4-04	Heemskerk (NED)	243
43.	de Haan Shira	00	08-021	4:44.01	25m	18-5-13	Purmerend (NED)	223
44.	van Koeveringe Nicole	93	08-021	4:44.73	25m	23-10-05	Zaandam (NED)	222
45.	Steenkamp Ciska	90	08-021	4:51.03	25m	4-11-01	Heemskerk	208
46.	Bruins Julia	06	08-021	4:53.07	25m	5-10-25	Purmerend (NED)	203
47.	van Kooten Cynthia	93	08-021	5:03.13	25m	12-1-06	Heemskerk (NED)	184
48.	Stel Kaylin	01	08-021	5:03.48	25m	7-2-10	Zaandam (NED)	183
49.	Sahin Sümeyye Sena	10	08-021	5:09.97	25m	1-10-23	Den Helder (NED)	172
50.	Nijman José	93	08-021	5:09.99	25m	14-10-07	Zaandam (NED)	172
51.	Rodenburg Rianne	93	08-021	5:13.29	25m	23-10-05	Zaandam (NED)	166
52.	Oortwijn Jytte	10	08-021	5:13.80	25m	12-1-25	Heemskerk (NED)	166
53.	Liefting Sarina	93	08-021	5:15.49	25m	23-10-05	Zaandam (NED)	163
54.	de Groot Sjors	08	08-021	5:15.56	25m	6-10-24	Den Helder (NED)	163
55.	Dekker Elise	97	08-021	5:17.66	25m	19-2-06	Zaandam (NED)	160
56.	Beentjes Daphne	91	08-021	5:28.04	25m	29-4-04	Heemskerk (NED)	145
57.	Butter Noor	16	08-021	5:38.24	25m	2-3-25	Amsterdam (NED)	132
58.	Schelvis Liselot	92	08-021	5:40.19	25m	16-11-03	Heemskerk (NED)	130
59.	Kesting Alexandra	00	08-021	5:41.26	25m	17-4-11	Zaandam (NED)	129

400 vrije slag

1.	Schelvis Femke	84	08-021	4:32.44	25m	14-11-04	Heemskerk (NED)	637
2.	Hoekstra Eline	03	08-021	4:48.25	25m	22-5-22	Hoofddorp (NED)	538
3.	Crok Linda	94	08-021	4:50.50	25m	25-4-11	Haarlem (NED)	526
4.	Vink Lidewij	90	08-021	4:54.59	25m	18-5-06	Heemskerk (NED)	504
5.	Drubers Mirjam	67	08-021	4:55.60	25m	26-1-86	Castricum (NED)	499
6.	Wentink Yara	04	08-021	4:56.18	25m	8-6-19	Purmerend (NED)	496
7.	Smit Sanne	01	08-021	4:57.22	25m	29-12-18	Leeuwarden (NED)	491
8.	Hoek Daniëlle	88	08-021	5:01.12	25m	18-5-06	Heemskerk (NED)	472
9.	Groen Anne	95	08-021	5:01.68	25m	1-10-17	Purmerend (NED)	469
10.	Koster Lisa	94	08-021	5:02.29	25m	18-11-07	Alkmaar (NED)	466

400 vrije slag (sinds 11)

11. Broek Jade	97	08-021	5:04.72	25m	4-10-15	Purmerend (NED)	455
12. de Groot Daniëlle	93	08-021	5:05.33	25m	12-5-08	Purmerend (NED)	453
13. Stel Serena	98	08-021	5:06.13	25m	28-3-10	Zeist (NED)	449
14. Schelvis Roos	86	08-021	5:06.22	25m	30-5-02	Heemskerk	449
15. van 't Veer Iris	03	08-021	5:07.46	25m	22-4-19	Haarlem (NED)	443
16. Palmboom Nicole	91	08-021	5:08.81	25m	18-5-06	Heemskerk (NED)	437
17. Stam Vanessa	80	08-021	5:09.30	25m	22-2-98	Zaandam (NED)	435
18. Kleijne Daisy	89	08-021	5:10.46	25m	1-5-05	Zaandam (NED)	431
19. van der Gracht Anouk	89	08-021	5:11.00	25m	31-5-07	Heemskerk (NED)	428
20. van de Poll Marianne	89	08-021	5:12.47	25m	9-6-03	Z.o. Beemster	422
21. de Haan Shira	00	08-021	5:13.43	25m	17-4-17	Haarlem (NED)	418
22. Haasbroek Renske	03	08-021	5:14.47	25m	2-3-25	Amsterdam (NED)	414
23. Hulshof Saskia	73	08-021	5:15.40	25m	11-3-90	Heemskerk (NED)	411
24. Verbree Bets	63	08-021	5:15.70	25m	5-4-81	Heemskerk (NED)	409
25. Besse Karen	75	08-021	5:16.50	25m	10-3-91	Heemskerk (NED)	406
25. Limmen Karin	76	08-021	5:16.50	25m	24-4-93		406
27. Kingma Danae	00	08-021	5:17.00	25m	19-10-14	Zaandam (NED)	404
28. Buur Naomi	01	08-021	5:17.34	25m	6-4-15	Haarlem (NED)	403
29. de Boer Irene	84	08-021	5:18.40	25m	19-4-98	Zaandam (NED)	399
30. Koopman Anitra	89	08-021	5:18.44	25m	28-4-05	Heemskerk (NED)	399
31. Gijzen-van der Kroft Nicole	84	08-021	5:18.89	25m	30-5-02	Heemskerk	397
32. Stins Mariska	84	08-021	5:19.17	25m	30-5-02	Heemskerk	396
33. Teufer Irene	96	08-021	5:20.06	25m	30-3-08	Zaandam (NED)	393
34. Meijer Sylvia	81	08-021	5:20.40	25m	19-3-98	Heemskerk (NED)	392
35. Kramer Miranda	80	08-021	5:20.60	25m	19-3-98	Heemskerk (NED)	391
36. van der Geest Saskia	73	08-021	5:21.20	25m	6-10-88	Heemskerk (NED)	389
37. Crok Annemarie	89	08-021	5:22.62	25m	28-4-05	Heemskerk (NED)	384
38. Stam Sabrina	82	08-021	5:25.00	25m	22-2-98	Zaandam (NED)	375
39. Vredenburg Roos	95	08-021	5:25.15	25m	22-5-10	Purmerend (NED)	375
40. van Eerden Meike	00	08-021	5:25.39	25m	6-10-24	Den Helder (NED)	374
41. van Rookhuizen Sieta	79	08-021	5:26.92	25m	28-2-99	Zaandam (NED)	369
42. Essers Sanne	91	08-021	5:27.37	50m	20-4-07	Antwerpen (BEL)	376
43. van Staveren Marina	78	08-021	5:29.02	25m	22-5-11	Grootebroek (NED)	362
44. Mallon Danique	94	08-021	5:30.28	25m	9-12-07	Zaandam (NED)	358
45. Zonneveld Chantal	84	08-021	5:31.40	25m	30-3-00	Heemskerk (NED)	354
46. de Ruijter Linda	87	08-021	5:31.42	25m	29-4-04	Heemskerk (NED)	354
47. Jongema Helena	80	08-021	5:31.62	25m	25-5-08	Grootebroek (NED)	353
48. de Roode Xara	08	08-021	5:32.15	25m	6-10-24	Den Helder (NED)	351
49. Dijkstra Lisette	86	08-021	5:34.30	25m	24-5-98	Zaandam (NED)	345
50. Bos Marieke	06	08-021	5:34.43	25m	20-9-20	Haarlem (NED)	344
51. Schuyt Simone	75	08-021	5:34.50	25m	5-10-88		344
52. de Graaf Annemiek	70	08-021	5:36.10	25m	22-3-87	Heerhugowaard (NED)	339
53. de Wildt Maud	05	08-021	5:36.91	25m	26-9-21	Alkmaar (NED)	337
54. Meijer Linda	77	08-021	5:37.20	25m	24-4-93		336
55. Butter Anouk	82	08-021	5:37.38	25m	25-5-00	Heemskerk (NED)	335
56. de Boer Claudia	77	08-021	5:37.50	25m	10-3-91	Heemskerk (NED)	335
57. de Boer Angela	80	08-021	5:37.60	25m	8-6-95	Heemskerk (NED)	335
58. van Ballegooie Simone	84	08-021	5:38.04	25m	30-3-00	Heemskerk (NED)	333
59. Siemerink Laura	04	08-021	5:38.76	25m	4-11-18	Alkmaar (NED)	331
60. Koopman Inge	93	08-021	5:40.03	50m	8-4-22	Antwerpen (BEL)	336
61. Hogema Fabiën	93	08-021	5:40.82	25m	18-5-06	Heemskerk (NED)	325
62. Visser Kelly	89	08-021	5:42.43	25m	31-5-01	Heemskerk (NED)	321
63. Hermans Liesbeth	66	08-021	5:43.00	25m	24-1-82		319

400 vrije slag (sinds 64)

64.	van Honk Chantal	80	08-021	5:43.60	25m	19-1-92		317
65.	van Koeveringe Nicole	93	08-021	5:43.99	50m	29-3-09	Alkmaar (NED)	324
66.	Oudendijk Bianca	79	08-021	5:44.00	25m	17-12-94		316
67.	Vink Marjolein	93	08-021	5:44.72	50m	29-3-09	Alkmaar (NED)	322
68.	Krouwels Tanja	79	08-021	5:47.00	25m	19-3-98	Heemskerk (NED)	308
69.	ten Cate Ilona	85	08-021	5:47.08	25m	28-4-05	Heemskerk (NED)	308
70.	Herwegh Binthy	09	08-021	5:47.09	25m	1-10-23	Den Helder (NED)	308
71.	Blaauw Yente	03	08-021	5:47.96	25m	5-10-25	Purmerend (NED)	306
72.	Zonneveld Cindy	75	08-021	5:50.80	25m	13-4-94		298
73.	Tholen Kirsten	66	08-021	5:51.00	25m	27-2-83	Assendelft (NED)	298
74.	Heus Pauline	78	08-021	5:51.10	25m	21-9-97	Alkmaar (NED)	298
75.	van Galen Angela	65	08-021	5:54.00	25m	14-3-81	Heemskerk (NED)	290
76.	Dijkstra Ingrid	68	08-021	5:54.70	25m	27-2-83	Assendelft (NED)	289
77.	Niesten Iris	92	08-021	5:57.33	25m	18-5-06	Heemskerk (NED)	282
78.	Renkema Iris	04	08-021	5:57.56	25m	14-6-15	Zaandam (NED)	282
79.	Ivens Suzanne	99	08-021	5:58.02	25m	18-5-13	Purmerend (NED)	281
80.	Oosterveen Yvonne	80	08-021	5:58.10	25m	26-9-92		280
81.	Visser Stacey	87	08-021	5:58.57	25m	5-11-00	Zaandam (NED)	279
82.	Lindelauf Priscilla	85	08-021	6:00.08	25m	25-5-00	Heemskerk (NED)	276
83.	Visser Shana	04	08-021	6:00.90	25m	5-11-17	Alkmaar (NED)	274
84.	Cappelle Carlijn	82	08-021	6:01.10	25m	23-2-97	Zaandam (NED)	273
85.	ten Cate Joyce	80	08-021	6:01.34	25m	30-5-02	Heemskerk	273
86.	Pover Karin	67	08-021	6:06.90	25m	22-3-87	Heerhugowaard (NED)	261
87.	Moolevliet Petra	82	08-021	6:08.70	25m	18-5-95	Heemskerk (NED)	257
88.	Scholten Britt	04	08-021	6:09.40	25m	18-9-16	Zaandam (NED)	255
89.	Bos Chantal	74	08-021	6:09.70	25m	5-10-88		255
90.	van Velsen Patricia	79	08-021	6:10.00	25m	7-6-95		254
91.	Smid Diane	65	08-021	6:10.90	25m	13-5-07	Grootebroek (NED)	252
92.	Hoek Laura	86	08-021	6:10.98	25m	25-5-00	Heemskerk (NED)	252
93.	Deiman Caroline	67	08-021	6:11.80	25m	19-3-89	Zaandam (NED)	250
94.	Mulder Amy	80	08-021	6:11.90	25m	14-4-94	Heemskerk	250
95.	Limmen Miriam	75	08-021	6:13.20	25m	30-6-93		248
96.	de Boer Maia	03	08-021	6:13.23	25m	18-9-16	Zaandam (NED)	248
97.	van Ballegooie Stefanie	86	08-021	6:14.56	25m	30-5-02	Heemskerk	245
98.	Limmen Anita	78	08-021	6:17.80	25m	1-7-93	Heemskerk (NED)	239
99.	Plokker Sylvia	68	08-021	6:17.90	25m	14-3-81	Heemskerk (NED)	239
100.	Peters Yvonne	63	08-021	6:18.00	25m	27-2-83	Assendelft (NED)	238
101.	Dijkstra Maud	84	08-021	6:19.00	25m	23-2-97	Zaandam (NED)	236
102.	Huneker Jolanda	79	08-021	6:20.60	25m	21-9-97	Alkmaar (NED)	233
103.	Boekling Annette	85	08-021	6:21.83	25m	30-5-02	Heemskerk	231
104.	Essers Patricia	84	08-021	6:22.42	25m	30-3-00	Heemskerk (NED)	230
105.	Steenkamp Ciska	90	08-021	6:27.30	25m	4-11-01	Heemskerk	222
106.	Hommersen Sandra	84	08-021	6:27.90	25m	19-3-98	Heemskerk (NED)	220
107.	Walraven Annet	62	08-021	6:28.50	25m	28-9-80	Zaandam (NED)	219
107.	van der Eng Laura	80	08-021	6:28.50	25m	4-4-96	Heemskerk (NED)	219
109.	Bakker Jesca	79	08-021	6:29.10	25m	28-12-89	Heemskerk (NED)	218
110.	Bruin Adri	74	08-021	6:29.60	25m	19-3-89	Zaandam (NED)	218
111.	de Vriend Sofie	01	08-021	6:30.06	25m	24-2-13	Zaandam (NED)	217
112.	van Giezen Sandra	63	08-021	6:30.50	25m	5-4-81	Heemskerk (NED)	216
113.	Stel Kaylin	01	08-021	6:30.74	25m	28-3-10	Zeist (NED)	216
114.	Molenaar Eline	82	08-021	6:32.47	25m	30-3-00	Heemskerk (NED)	213
115.	Bruins Julia	06	08-021	6:32.70	25m	5-10-25	Purmerend (NED)	212
116.	Wieman Lianne	03	08-021	6:33.33	25m	18-9-16	Zaandam (NED)	211

400 vrije slag (sinds 117)

117.	Bouwer Jolien	89	08-021	6:36.29	25m	30-5-02	Heemskerk	207
118.	de Vries Justine	83	08-021	6:42.30	25m	4-4-96	Heemskerk (NED)	198
119.	Viel Bianca	85	08-021	6:44.78	25m	30-3-00	Heemskerk (NED)	194
120.	Dreyer Elly	63	08-021	6:45.60	25m	13-4-80	Zaandam (NED)	193
121.	Rodenburg Rianne	93	08-021	6:46.02	25m	23-10-05	Zaandam (NED)	192
122.	van Giezen Irene	67	08-021	6:46.40	25m	5-4-81	Heemskerk (NED)	192
123.	van Rijn Eline	07	08-021	6:48.61	25m	27-11-16	Zaandam (NED)	189
124.	van Baar Monique	73	08-021	6:49.50	25m	6-10-88	Heemskerk (NED)	187
125.	Nijman José	93	08-021	6:52.29	25m	14-10-07	Zaandam (NED)	184
126.	van Assema Eline	05	08-021	6:53.19	50m	2-4-17	Alkmaar (NED)	187
127.	van Huisstede Nikita	01	08-021	6:55.18	25m	3-6-12	Zaandam (NED)	180
128.	Liefting Sarina	93	08-021	6:55.62	25m	23-10-05	Zaandam (NED)	179
129.	Sahin Sümeyye Sena	10	08-021	6:56.38	25m	1-10-23	Den Helder (NED)	178
130.	Oortwijn Jytte	10	08-021	6:56.88	25m	12-1-25	Heemskerk (NED)	178
131.	van Perlo Ingrid	73	08-021	6:59.00	25m	13-3-83	Castricum (NED)	175
132.	Windmuller Annemarie	67	08-021	7:00.10	25m	14-3-81	Heemskerk (NED)	173
133.	Bruin Marianne	78	08-021	7:00.40	25m	6-10-88	Heemskerk (NED)	173
134.	Regelink Anneke	83	08-021	7:01.60	25m	4-4-96	Heemskerk (NED)	172
135.	Zijlstra Mariëlle	83	08-021	7:03.50	25m	4-4-96	Heemskerk (NED)	169
136.	de Groot Sjors	08	08-021	7:05.19	25m	28-1-24	Heemskerk (NED)	167
137.	Horst Diana	67	08-021	7:07.20	25m	14-3-81	Heemskerk (NED)	165
138.	Dekker Elise	97	08-021	7:07.93	25m	19-2-06	Zaandam (NED)	164
139.	van Kooten Cynthia	93	08-021	7:11.23	25m	3-12-06	Zaandam (NED)	160
140.	van Giezen Corina	68	08-021	7:12.00	25m	14-3-81	Heemskerk (NED)	159
141.	van der Horst Wendy	72	08-021	7:14.70	25m	31-12-81		157
142.	Huisman Jolanda	68	08-021	7:17.10	25m	14-3-81	Heemskerk (NED)	154
143.	Zonneveld Monica	80	08-021	7:17.50	25m	13-4-94		154
144.	de Graaf Isabella	04	08-021	7:18.41	25m	18-9-16	Zaandam (NED)	153
145.	Visser Robin	05	08-021	7:20.86	25m	24-1-16	Zaandam (NED)	150
146.	Palthe Yvonne	67	08-021	7:20.90	25m	14-3-81	Heemskerk (NED)	150
147.	Beentjes Daphne	91	08-021	7:22.66	25m	29-4-04	Heemskerk (NED)	148
148.	Besse Meta	78	08-021	7:23.20	25m	13-4-94		148
149.	Beentjes Nicolet	80	08-021	7:26.60	25m	4-4-96	Heemskerk (NED)	144
150.	Butter Noor	16	08-021	7:36.69	25m	2-3-25	Amsterdam (NED)	135
151.	Schelvis Liselot	92	08-021	7:37.74	25m	16-11-03	Heemskerk (NED)	134
152.	Kesting Alexandra	00	08-021	7:45.71	25m	17-4-11	Zaandam (NED)	127
153.	Smit Lydia	84	08-021	7:50.60	25m	19-3-98	Heemskerk (NED)	123
154.	Cappelle Marcella	85	08-021	7:52.50	25m	19-3-98	Heemskerk (NED)	122
155.	Dijkstra Janet	77	08-021	8:01.00	25m	6-10-88	Heemskerk (NED)	115
156.	Dijkstra Pascal	89	08-021	8:16.80	25m	22-2-98	Zaandam (NED)	105
157.	Rasch Monique	66	08-021	8:27.90	25m	14-3-81	Heemskerk (NED)	98
158.	Geluk Mabelle	73	08-021	9:54.06	50m	4-6-11	Apeldoorn (NED)	63

500 vrije slag

1.	Stel Serena	98	08-021	7:26.55	OW	2-8-09	Hoor (NED)	
2.	Bos Marieke	06	08-021	8:31.18	OW	23-7-16	Amstelveen (NED)	
3.	Koopman Anitra	89	08-021	8:51.08	OW	23-7-00	Amsterdam (NED)	
4.	Buur Naomi	01	08-021	9:10.10	OW	1-9-12	Wilhelminadorp (NED)	
5.	Vink Marjolein	93	08-021	9:22.60	OW	27-8-05	Tilburg (NED)	
6.	Butter Noor	16	08-021	11:45.98	OW	5-7-25	Hoek (NED)	
7.	de Wildt Maud	05	08-021	11:57.51	OW	18-7-15	Amstelveen (NED)	
8.	Buur Cindy	99	08-021	14:05.57	OW	23-7-11	Anna-Paulowna (NED)	

500 vrije slag (sinds 9)

9. Butter Anouk	82	08-021	16:39.30	OW	21-7-24	Amsterdam (NED)
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800 vrije slag

1. Schelvis Femke	84	08-021	9:32.54	25m	28-2-99	Zaandam (NED)	586
2. Crok Linda	94	08-021	10:11.36	25m	16-10-11	Zaandam (NED)	481
3. Vink Lidewij	90	08-021	10:13.37	25m	1-4-06	Zaandam (NED)	477
4. Stel Serena	98	08-021	10:13.69	25m	28-3-10	Zeist (NED)	476
5. Hoekstra Eline	03	08-021	10:19.33	25m	3-12-23	Alkmaar (NED)	463
6. Hoek Daniëlle	88	08-021	10:19.78	25m	17-10-04	Zaandam (NED)	462
7. van 't Veer Iris	03	08-021	10:32.39	25m	11-10-20	Alkmaar (NED)	435
8. Kingma Danae	00	08-021	10:34.87	25m	19-10-14	Zaandam (NED)	430
9. Kleijne Daisy	89	08-021	10:35.32	25m	1-4-06	Zaandam (NED)	429
10. Wentink Yara	04	08-021	10:36.31	25m	23-10-22	Hoofddorp (NED)	427
11. Stam Vanessa	80	08-021	10:36.50	25m	22-2-98	Zaandam (NED)	427
12. Smit Sanne	01	08-021	10:36.60	25m	8-10-17	Alkmaar (NED)	426
13. Koster Lisa	94	08-021	10:39.38	25m	9-12-07	Zaandam (NED)	421
14. Teufer Irene	96	08-021	10:41.66	25m	30-3-08	Zaandam (NED)	416
15. van der Gracht Anouk	89	08-021	10:43.54	25m	3-2-08	Zaandam (NED)	413
16. Schelvis Roos	86	08-021	10:47.23	25m	4-11-01	Heemskerk	406
17. Essers Sanne	91	08-021	10:56.82	25m	27-10-07	Barneveld (NED)	388
18. Limmen Karin	76	08-021	11:00.20	25m	12-4-92	Heemstede (NED)	382
19. Groen Anne	95	08-021	11:03.36	25m	16-10-11	Zaandam (NED)	377
20. Besse Karen	75	08-021	11:03.90	25m	6-6-91	Heemskerk	376
21. van Rookhuizen Sieta	79	08-021	11:04.30	25m	14-4-94	Heemskerk	375
22. de Groot Daniëlle	93	08-021	11:05.30	25m	9-12-07	Zaandam (NED)	374
23. de Boer Irene	84	08-021	11:09.32	25m	5-11-00	Zaandam (NED)	367
24. Kramer Miranda	80	08-021	11:10.60	25m	22-2-98	Zaandam (NED)	365
25. Mallon Danique	94	08-021	11:12.78	25m	9-12-07	Zaandam (NED)	361
26. Hulshof Saskia	73	08-021	11:15.20	25m	22-4-90	Heemstede (NED)	357
27. Stins Mariska	84	08-021	11:18.69	25m	5-11-00	Zaandam (NED)	352
28. Gijzen-van der Kroft Nicole	84	08-021	11:20.64	25m	26-10-03	Zaandam	349
29. Stam Sabrina	82	08-021	11:29.30	25m	29-3-98	Heemstede (NED)	336
30. Dijkstra Lisette	86	08-021	11:29.50	25m	17-5-98	Den Helder (NED)	335
31. van de Poll Marianne	89	08-021	11:29.83	25m	16-11-03	Heemskerk (NED)	335
32. van Honk Chantal	80	08-021	11:30.20	25m	12-4-92	Heemstede (NED)	334
33. Koopman Anitra	89	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	332
34. Haasbroek Renske	03	08-021	11:31.92	25m	15-10-23	Alkmaar (NED)	332
35. de Boer Claudia	77	08-021	11:35.50	25m	8-4-90	Volendam (NED)	327
36. de Haan Shira	00	08-021	11:37.34	25m	18-10-15	Zaandam (NED)	324
37. Vink Marjolein	93	08-021	11:39.17	25m	14-10-07	Zaandam (NED)	322
38. de Ruijter Linda	87	08-021	11:39.46	25m	8-9-02	Heemskerk	321
39. Crok Annemarie	89	08-021	11:40.31	25m	16-11-03	Heemskerk (NED)	320
40. Meijer Sylvia	81	08-021	11:41.68	25m	24-10-99	Zaandam (NED)	318
41. de Boer Angela	80	08-021	11:46.00	25m	5-11-95	Volendam (NED)	312
42. Zonneveld Chantal	84	08-021	11:49.67	25m	23-1-00	Heemskerk (NED)	308
43. Butter Anouk	82	08-021	11:51.92	25m	17-10-04	Zaandam (NED)	305
44. Visser Kelly	89	08-021	11:52.74	25m	10-2-02	Zaandam	304
45. Hogema Fabiën	93	08-021	11:57.74	25m	3-12-06	Zaandam (NED)	297
46. Buur Naomi	01	08-021	12:01.21	50m	18-2-14	Beverwijk (NED)	303
47. Zonneveld Cindy	75	08-021	12:03.50	25m	22-4-90	Heemstede (NED)	290
48. de Wildt Maud	05	08-021	12:05.47	25m	23-10-22	Hoofddorp (NED)	288
49. Niesten Iris	92	08-021	12:06.37	25m	22-10-06	Zaandam (NED)	287

800 vrije slag (sinds 50)

50.	van Ballegooie Simone	84	08-021	12:08.80	25m	16-2-97	Volendam (NED)	284
51.	Meijer Linda	77	08-021	12:09.10	25m	8-4-90	Volendam (NED)	284
52.	Hermans Liesbeth	66	08-021	12:09.20	25m	10-1-82	Wormerveer (NED)	284
53.	van Koeveringe Nicole	93	08-021	12:19.96	25m	3-12-06	Zaandam (NED)	271
54.	Renkema Iris	04	08-021	12:22.14	25m	7-2-16	Zaandam (NED)	269
55.	Herwegh Binthy	09	08-021	12:38.12	25m	15-10-23	Alkmaar (NED)	252
56.	Visser Stacey	87	08-021	12:38.83	25m	21-1-01	Heemskerk (NED)	252
57.	van Ballegooie Stefanie	86	08-021	12:57.57	25m	5-11-00	Zaandam (NED)	234
58.	de Vriend Sofie	01	08-021	13:02.76	25m	24-2-13	Zaandam (NED)	229
59.	Jongema Helena	80	08-021	13:10.26	50m	3-6-11	Apeldoorn (NED)	230
60.	Boekling Annette	85	08-021	13:27.82	25m	23-1-00	Heemskerk (NED)	208
61.	Nijman José	93	08-021	13:41.68	25m	14-10-07	Zaandam (NED)	198
62.	Steenkamp Ciska	90	08-021	13:56.79	25m	11-2-01	Zaandam (NED)	187
63.	de Vries Cathy	77	08-021	13:58.10	25m	6-6-91	Heemskerk	187
64.	van Kooten Cynthia	93	08-021	14:20.51	25m	3-12-06	Zaandam (NED)	172
65.	Liefting Sarina	93	08-021	14:25.95	25m	20-3-05	Zaandam (NED)	169
66.	Schelvis Liselot	92	08-021	15:20.84	25m	7-3-04	Zaandam	141
67.	Geluk Mabelle	73	08-021	20:25.45	50m	4-6-11	Apeldoorn (NED)	61

1000 vrije slag

1.	Vink Lidewij	90	08-021	14:29.79	OW	8-7-06	Oss (NED)	
2.	Crok Linda	94	08-021	14:29.84	OW	10-7-10	Wijk en Aalburg (NED)	
3.	Crok Annemarie	89	08-021	14:53.23	OW	25-7-10	Langedijk (NED)	
4.	Essers Sanne	91	08-021	14:54.95	OW	23-7-06	Langedijk (NED)	
5.	van der Gracht Anouk	89	08-021	14:55.47	OW	5-7-09	Bodegraven (NED)	
6.	Kleijne Daisy	89	08-021	14:59.73	OW	5-7-09	Bodegraven (NED)	
7.	Koopman Anitra	89	08-021	15:11.73	OW	24-6-01	Breukelen (NED)	
8.	de Ruijter Linda	87	08-021	15:40.56	OW	8-7-01	Amsterdam (NED)	
9.	van Staveren Marina	78	08-021	15:45.07	OW	4-8-13	Amstelveen (NED)	
10.	van 't Veer Iris	03	08-021	15:49.42	OW	12-7-25	Anna-Paulowna (NED)	
11.	Kramer Miranda	80	08-021	15:51.40	OW	2-7-95	Veghel (NED)	
12.	Hermans Liesbeth	66	08-021	15:56.50	OW	14-6-81	Amstelveen (NED)	
13.	Butter Anouk	82	08-021	15:59.15	OW	11-6-05	Gorinchem (NED)	
14.	Visser Kelly	89	08-021	16:23.59	OW	16-6-01	Spaarnwoude (NED)	
15.	Oudendijk Bianca	79	08-021	16:34.50	OW	12-7-94	Harderwijk (NED)	
16.	Hogema Fabiën	93	08-021	16:38.77	OW	2-7-06	Bodegraven (NED)	
17.	Meijer Sylvia	81	08-021	16:39.40	OW	2-7-95	Veghel (NED)	
18.	Smid Diane	65	08-021	16:39.99	OW	26-8-07	Oosterhout (NED)	
19.	Stins Mariska	84	08-021	16:43.50	OW	12-7-98	Amsterdam (NED)	
20.	Heus Pauline	78	08-021	16:45.90	OW	4-8-13	Amstelveen (NED)	
21.	de Haan Shira	00	08-021	16:59.66	OW	26-8-17	Eindhoven (NED)	
22.	Vink Marjolein	93	08-021	17:04.18	OW	5-7-08	Oss (NED)	
23.	van Giezen Corina	68	08-021	17:05.00	OW	17-6-84	Amstelveen (NED)	
24.	Visser Stacey	87	08-021	17:16.95	OW	16-6-01	Spaarnwoude (NED)	
25.	Windmuller Wendy	69	08-021	17:20.80	OW	30-6-83	Amstelveen (NED)	
26.	van Leeuwen Andrea	71	08-021	17:28.00	OW	17-6-84	Amstelveen (NED)	
27.	Niessen Iris	92	08-021	17:35.15	OW	19-8-06	Bussloo (NED)	
28.	van Rookhuizen Sieta	79	08-021	17:42.50	OW	4-9-94	Amsterdam (NED)	
29.	Buur Naomi	01	08-021	17:46.78	OW	25-8-13	Oosterhout (NED)	
30.	Dijkstra Ingrid	68	08-021	18:25.70	OW	30-6-83	Amstelveen (NED)	
31.	Poppema Yvonne	68	08-021	18:49.50	OW	17-6-84	Amstelveen (NED)	
32.	van Huisstede Nikita	01	08-021	19:27.30	OW	17-8-13	Heerjansdam (NED)	

1000 vrije slag (sinds 33)

33. de Graaf Dinie	71	08-021	19:28.50	OW	17-6-84	Amstelveen (NED)
34. Buur Cindy	99	08-021	21:02.70	OW	17-8-13	Heerjansdam (NED)

1250 vrije slag

1. Bos Marieke	06	08-021	22:34.57	OW	21-7-18	Hoorn (NED)
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1500 vrije slag

1. Schelvis Femke	84	08-021	19:04.76	25m	23-1-00	Heemskerk (NED)	518
2. Crok Linda	94	08-021	19:23.75	25m	4-12-11	Zaandam (NED)	493
3. Vink Lidewij	90	08-021	19:28.97	25m	12-1-06	Heemskerk (NED)	487
4. Hoekstra Eline	03	08-021	19:37.95	25m	3-12-23	Alkmaar (NED)	475
5. van 't Veer Iris	03	08-021	19:53.31	25m	11-10-20	Alkmaar (NED)	457
6. Hoek Daniëlle	88	08-021	20:03.26	25m	14-11-04	Heemskerk (NED)	446
7. Kleijne Daisy	89	08-021	20:17.52	25m	12-1-06	Heemskerk (NED)	431
8. Schelvis Roos	86	08-021	20:20.21	25m	4-11-01	Heemskerk	428
9. van der Gracht Anouk	89	08-021	20:26.00	25m	3-2-08	Zaandam (NED)	422
10. Smit Sanne	01	08-021	20:34.89	50m	15-4-18	Alkmaar (NED)	420
11. de Groot Daniëlle	93	08-021	21:01.65	25m	9-12-07	Zaandam (NED)	387
12. de Boer Irene	84	08-021	21:16.67	25m	23-1-00	Heemskerk (NED)	373
13. Limmen Karin	76	08-021	21:25.00	25m	7-2-93	Volendam (NED)	366
14. Wentink Yara	04	08-021	21:34.63	50m	19-2-23	Alkmaar (NED)	365
15. Groen Anne	95	08-021	21:38.25	25m	19-12-10	Zaandam (NED)	355
16. Stins Mariska	84	08-021	21:41.94	25m	4-1-01	Heemskerk (NED)	352
17. Kramer Miranda	80	08-021	21:44.13	25m	11-2-01	Zaandam (NED)	350
18. Essers Sanne	91	08-021	21:45.01	25m	3-12-06	Zaandam (NED)	350
19. van de Poll Marianne	89	08-021	21:47.89	25m	16-11-03	Heemskerk (NED)	347
20. Koopman Anitra	89	08-021	21:53.80	25m	16-2-03	Zaandam	343
21. de Ruijter Linda	87	08-021	21:56.67	25m	1-12-02	Heemskerk	340
22. Crok Annemarie	89	08-021	22:14.20	25m	16-11-03	Heemskerk (NED)	327
23. Besse Karen	75	08-021	22:20.60	25m	29-12-88	Heemskerk (NED)	322
24. van Rookhuizen Sieta	79	08-021	22:21.97	25m	23-1-00	Heemskerk (NED)	321
25. Zonneveld Chantal	84	08-021	22:25.85	25m	23-1-00	Heemskerk (NED)	319
26. Visser Kelly	89	08-021	22:30.91	25m	10-2-02	Zaandam	315
27. Buur Naomi	01	08-021	22:49.10	25m	9-2-14	Zaandam (NED)	303
28. Hogema Fabiën	93	08-021	22:56.00	25m	28-1-07	Zaandam (NED)	298
29. Butter Anouk	82	08-021	23:04.38	25m	14-11-04	Heemskerk (NED)	293
30. Vink Marjolein	93	08-021	23:15.85	25m	28-1-07	Zaandam (NED)	286
31. Mallon Danique	94	08-021	23:47.44	25m	28-1-07	Zaandam (NED)	267
32. de Boer Claudia	77	08-021	23:53.70	25m	17-3-90	Heerhugowaard (NED)	263
33. van Koevinge Nicole	93	08-021	24:03.62	25m	28-1-07	Zaandam (NED)	258
34. Meijer Linda	77	08-021	24:06.20	25m	17-3-90	Heerhugowaard (NED)	257
35. Niesten Iris	92	08-021	24:21.57	25m	3-12-06	Zaandam (NED)	249
36. Jongema Helena	80	08-021	24:45.29	50m	3-6-11	Apeldoorn (NED)	241
37. Boekling Annette	85	08-021	25:17.81	25m	23-1-00	Heemskerk (NED)	222
38. van Staveren Marina	78	08-021	25:21.32	OW	22-7-12	Amsterdam (NED)	
39. Bos Marieke	06	08-021	25:43.38	OW	15-7-18	Amsterdam (NED)	
40. Heus Pauline	78	08-021	26:10.58	OW	21-7-13	Amsterdam (NED)	
41. Hoek Laura	86	08-021	26:25.18	25m	5-3-00	Zaandam (NED)	195
42. Visser Stacey	87	08-021	26:44.41	25m	5-3-00	Zaandam (NED)	188
43. Nijman José	93	08-021	27:28.54	25m	28-1-07	Zaandam (NED)	173

2000 vrije slag

1. Schelvis Femke	84	08-021	25:28.90	25m	5-3-00	Zaandam (NED)	515
2. Crok Linda	94	08-021	26:17.78	25m	13-2-11	Zaandam (NED)	469
3. van de Poll Marianne	89	08-021	26:56.35	25m	7-3-04	Zaandam	436
4. Vink Lidewij	90	08-021	27:03.36	25m	28-1-07	Zaandam (NED)	431
5. Hoek Daniëlle	88	08-021	27:21.57	25m	7-3-04	Zaandam	416
6. van der Gracht Anouk	89	08-021	27:22.08	25m	3-2-08	Zaandam (NED)	416
7. Kleijne Daisy	89	08-021	27:32.48	25m	1-3-09	Zaandam (NED)	408
8. Essers Sanne	91	08-021	28:04.76	25m	28-1-07	Zaandam (NED)	385
9. Schelvis Roos	86	08-021	28:08.75	25m	10-2-02	Zaandam	382
10. Hoekstra Eline	03	08-021	28:13.56	50m	24-3-24	Alkmaar (NED)	386
11. Kramer Miranda	80	08-021	29:04.76	25m	11-2-01	Zaandam (NED)	347
12. Stins Mariska	84	08-021	29:08.81	25m	5-3-00	Zaandam (NED)	344
13. de Ruijter Linda	87	08-021	29:15.39	25m	16-2-03	Zaandam	340
14. Crok Annemarie	89	08-021	29:24.89	25m	7-3-04	Zaandam	335
15. van Rookhuizen Sieta	79	08-021	29:42.03	25m	5-3-00	Zaandam (NED)	325
16. Groen Anne	95	08-021	29:43.90	25m	13-2-11	Zaandam (NED)	324
17. Butter Anouk	82	08-021	30:35.49	OW	20-6-04	Spaarnwoude (NED)	
18. Niesten Iris	92	08-021	32:20.51	25m	28-1-07	Zaandam (NED)	252
19. Palmboom Nicole	91	08-021	32:20.54	OW	5-7-09	Bodegraven (NED)	
20. Vink Marjolein	93	08-021	34:07.78	OW	15-6-08	Spaarnwoude (NED)	
21. Boekling Annette	85	08-021	34:19.25	25m	5-3-00	Zaandam (NED)	211
22. Heus Pauline	78	08-021	35:03.55	OW	4-8-13	Amstelveen (NED)	
23. de Roode Xara	08	08-021	37:51.79	OW	20-7-25	Amsterdam (NED)	
24. Oudendijk Bianca	79	08-021	50:45.90	OW	6-7-96	Oss (NED)	
25. van der Eng Laura	80	08-021	50:47.00	OW	6-7-96	Oss (NED)	

2500 vrije slag

1. Schelvis Femke	84	08-021	33:53.31	OW	26-6-04	Scheerwolde (NED)	
2. Vink Lidewij	90	08-021	36:34.47	OW	9-7-05	Oss (NED)	
3. Crok Linda	94	08-021	37:25.63	OW	25-7-10	Langedijk (NED)	
4. van der Gracht Anouk	89	08-021	39:11.50	OW	4-7-09	Oss (NED)	
5. Butter Anouk	82	08-021	42:59.56	OW	10-7-04	Oss (NED)	
6. Essers Sanne	91	08-021	45:43.56	OW	22-7-07	Langedijk (NED)	

3000 vrije slag

1. Schelvis Femke	84	08-021	42:18.93	OW	19-6-04	Vriezenveen (NED)	
2. Vink Lidewij	90	08-021	44:59.59	OW	15-7-06	Wijk en Aalburg (NED)	
3. Crok Linda	94	08-021	45:46.47	OW	10-7-10	Wijk en Aalburg (NED)	
4. van der Gracht Anouk	89	08-021	48:05.75	OW	29-8-09	Tilburg (NED)	
5. Kleijne Daisy	89	08-021	48:41.41	OW	19-7-08	Anna-Paulowna (NED)	
6. Essers Sanne	91	08-021	48:59.81	OW	21-7-07	Anna-Paulowna (NED)	
7. Heus Pauline	78	08-021	50:50.35	OW	7-9-13	Eindhoven (NED)	
8. van Rookhuizen Sieta	79	08-021	51:49.00	OW	2-7-95	Veghel (NED)	

4000 vrije slag**5000 vrije slag**

1. Schelvis Femke	84	08-021	1:10:50.81	OW	4-7-04	Sluis (NED)	
2. Crok Linda	94	08-021	1:18:13.04	OW	20-6-10	Spaarnwoude (NED)	

5000 vrije slag (sinds 3)

3. van der Gracht Anouk	89	08-021	1:22:18.67	OW	16-8-08	Heerjansdam (NED)
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6000 vrije slag6500 vrije slag10000 vrije slag20000 vrije slag22000 vrije slag25 rugslag

1. Schelvis Femke	84	08-021	15.10	25m	15-1-98	Heemskerk (NED)	512
2. Hoekstra Eline	03	08-021	15.36	25m	7-7-22	Heemskerk (NED)	486
3. Broek Jade	97	08-021	15.49	25m	7-7-22	Heemskerk (NED)	474
4. Meijer Sylvia	81	08-021	15.90	25m	13-2-97	Heemskerk (NED)	438
5. Hulshof Saskia	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	430
6. Palmboom Nicole	91	08-021	16.02	25m	19-4-07	Heemskerk (NED)	428
7. Schelvis Roos	86	08-021	16.39	25m	17-2-00	Heemskerk (NED)	400
8. Meijer Linda	77	08-021	16.40	25m	16-5-91	Heemskerk (NED)	399
8. Kramer Miranda	80	08-021	16.40	25m	15-1-98	Heemskerk (NED)	399
10. Wentink Yara	04	08-021	16.47	25m	7-7-22	Heemskerk (NED)	394
11. Kleijne Daisy	89	08-021	16.57	25m	27-4-06	Heemskerk	387
12. Mallon Danique	94	08-021	16.78	25m	29-5-08	Heemskerk (NED)	373
13. Stins Mariska	84	08-021	16.86	25m	19-4-07	Heemskerk (NED)	367
14. Stam Sabrina	82	08-021	16.90	25m	15-1-98	Heemskerk (NED)	365
14. Vink Lidewij	90	08-021	16.90	25m	19-4-07	Heemskerk (NED)	365
14. de Haan Shira	00	08-021	16.90	25m	7-7-22	Heemskerk (NED)	365
17. Crok Linda	94	08-021	16.95	25m	29-5-08	Heemskerk (NED)	361
18. Schuyt Simone	75	08-021	17.00	25m	12-1-89	Heemskerk (NED)	358
19. van Ballegooie Stefanie	86	08-021	17.07	25m	22-2-01	Heemskerk (NED)	354
20. Koster Lisa	94	08-021	17.13	25m	19-4-07	Heemskerk (NED)	350
21. Gijzen-van der Kroft Nicole	84	08-021	17.20	25m	13-2-97	Heemskerk (NED)	346
21. Stam Vanessa	80	08-021	17.20	25m	15-1-98	Heemskerk (NED)	346
23. van 't Veer Iris	03	08-021	17.22	25m	7-7-22	Heemskerk (NED)	345
24. Hoek Daniëlle	88	08-021	17.26	25m	29-5-08	Heemskerk (NED)	342
25. van Assema Eline	05	08-021	17.28	25m	7-7-22	Heemskerk (NED)	341
26. Besse Karen	75	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
26. Bruin Adri	74	08-021	17.40	25m	12-1-89	Heemskerk (NED)	334
26. de Groot Daniëlle	93	08-021	17.40	25m	19-4-07	Heemskerk (NED)	334
29. Crok Annemarie	89	08-021	17.44	25m	27-4-06	Heemskerk	332
30. Boekling Annette	85	08-021	17.45	25m	22-2-01	Heemskerk (NED)	331
31. Zonneveld Chantal	84	08-021	17.48	25m	22-2-01	Heemskerk (NED)	330
32. Limmen Karin	76	08-021	17.50	25m	16-6-93		328
32. van Ballegooie Simone	84	08-021	17.50	25m	15-1-98	Heemskerk (NED)	328
34. de Boer Irene	84	08-021	17.51	25m	22-2-01	Heemskerk (NED)	328
35. Visser Kelly	89	08-021	17.62	25m	21-11-10	Almere-Stad (NED)	322
36. Herwegh Binthy	09	08-021	17.69	25m	7-7-22	Heemskerk (NED)	318
37. van der Gracht Anouk	89	08-021	17.72	25m	27-4-06	Heemskerk	316

25 rugslag (sinds 38)

38. Essers Sanne	91	08-021	17.78	25m	27-4-06	Heemskerk	313
39. Koopman Inge	93	08-021	17.79	25m	7-7-22	Heemskerk (NED)	313
40. Zonneveld Cindy	75	08-021	17.80	25m	12-1-89	Heemskerk (NED)	312
40. van Rookhuizen Sieta	79	08-021	17.80	25m	8-2-96	Heemskerk (NED)	312
42. Koopman Anitra	89	08-021	17.83	25m	22-2-01	Heemskerk (NED)	310
42. Jongema Helena	80	08-021	17.83	25m	20-11-11	Almere-Stad (NED)	310
44. van der Geest Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	307
44. Krouwels Tanja	79	08-021	17.90	25m	15-1-98	Heemskerk (NED)	307
46. Liefing Sarina	93	08-021	17.95	25m	27-4-06	Heemskerk	304
47. Heus Pauline	78	08-021	18.00	25m	16-3-95	Heemskerk (NED)	302
48. Vink Marjolein	93	08-021	18.08	25m	19-4-07	Heemskerk (NED)	298
49. Moolevliet Petra	82	08-021	18.10	25m	8-2-96	Heemskerk (NED)	297
50. Rodenburg Rianne	93	08-021	18.13	25m	27-4-06	Heemskerk	295
50. Niesten Iris	92	08-021	18.13	25m	29-5-08	Heemskerk (NED)	295
52. de Boer Maia	03	08-021	18.17	25m	7-7-22	Heemskerk (NED)	293
53. Deiman Caroline	67	08-021	18.20	25m	12-1-89	Heemskerk (NED)	292
53. Dijkstra Lisette	86	08-021	18.20	25m	15-1-98	Heemskerk (NED)	292
55. Oudendijk Bianca	79	08-021	18.30	25m	8-2-96	Heemskerk (NED)	287
55. Hoek Laura	86	08-021	18.30	25m	25-3-99	Heemskerk (NED)	287
57. Siemerink Laura	04	08-021	18.38	25m	7-7-22	Heemskerk (NED)	283
58. de Ruijter Linda	87	08-021	18.54	25m	22-2-01	Heemskerk (NED)	276
59. Butter Anouk	82	08-021	18.57	25m	19-4-07	Heemskerk (NED)	275
60. Teufer Irene	96	08-021	18.79	25m	19-4-07	Heemskerk (NED)	265
61. Dijkstra Janet	77	08-021	18.80	25m	12-1-89	Heemskerk (NED)	265
61. van Honk Chantal	80	08-021	18.80	25m	16-5-91	Heemskerk (NED)	265
61. ten Cate Joyce	80	08-021	18.80	25m	13-2-97	Heemskerk (NED)	265
64. de Wildt Maud	05	08-021	18.87	25m	7-7-22	Heemskerk (NED)	262
65. Splinter Nathalie	75	08-021	18.90	25m	12-1-89	Heemskerk (NED)	261
65. de Vries Justine	83	08-021	18.90	25m	8-2-96	Heemskerk (NED)	261
65. Beentjes Nicolet	80	08-021	18.90	25m	25-3-99	Heemskerk (NED)	261
68. Hogema Fabiën	93	08-021	18.93	25m	19-4-07	Heemskerk (NED)	259
69. Bruin Marianne	78	08-021	19.00	25m	16-5-91	Heemskerk (NED)	257
70. de Vries Chrissie	93	08-021	19.02	25m	19-4-07	Heemskerk (NED)	256
71. de Roode Xara	08	08-021	19.04	25m	7-7-22	Heemskerk (NED)	255
72. van Velsen Patricia	79	08-021	19.10	25m	16-3-95	Heemskerk (NED)	252
73. de Vries Cathy	77	08-021	19.20	25m	16-5-91	Heemskerk (NED)	249
74. Cappelle Carlijn	82	08-021	19.30	25m	15-1-98	Heemskerk (NED)	245
75. Bos Chantal	74	08-021	19.40	25m	12-1-89	Heemskerk (NED)	241
75. de Boer Angela	80	08-021	19.40	25m	16-3-95	Heemskerk (NED)	241
77. Molenaar Eline	82	08-021	19.44	25m	17-2-00	Heemskerk (NED)	239
78. Hommersen Sandra	84	08-021	19.56	25m	25-3-99	Heemskerk (NED)	235
79. Dijkstra Maud	84	08-021	19.60	25m	5-2-98	Heemskerk (NED)	234
79. Zwarthoed Brenda	96	08-021	19.60	25m	19-4-07	Heemskerk (NED)	234
81. Lindelauf Priscilla	85	08-021	19.63	25m	17-2-00	Heemskerk (NED)	233
82. Limmen Miriam	75	08-021	19.70	25m	12-1-89	Heemskerk (NED)	230
83. Regelink Anneke	83	08-021	19.76	25m	25-3-99	Heemskerk (NED)	228
84. Bakker Jesca	79	08-021	19.80	25m	31-12-89	Heemskerk (NED)	227
85. Groen Anne	95	08-021	19.94	25m	29-5-08	Heemskerk (NED)	222
86. Nijman José	93	08-021	19.99	25m	29-5-08	Heemskerk (NED)	220
87. Bos Marieke	06	08-021	20.08	25m	7-7-22	Heemskerk (NED)	217
88. Koper Birgit	87	08-021	20.09	25m	27-4-06	Heemskerk	217
89. Steenkamp Ciska	90	08-021	20.19	25m	22-2-01	Heemskerk (NED)	214
90. de Boer Claudia	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	213

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91.	Essers Patricia	84	08-021	20.23	25m	17-2-00	Heemskerk (NED)	212
92.	Vredenburg Roos	95	08-021	20.24	25m	29-5-08	Heemskerk (NED)	212
93.	ten Cate Ilona	85	08-021	20.26	25m	22-2-01	Heemskerk (NED)	211
93.	Knight Kayleigh	00	08-021	20.26	25m	7-7-22	Heemskerk (NED)	211
95.	Zonneveld Monica	80	08-021	20.30	25m	16-6-93		210
96.	van Koeveringe Nicole	93	08-021	20.35	25m	27-4-06	Heemskerk	209
97.	Stel Kaylin	01	08-021	20.44	25m	3-1-10	Culemborg (NED)	206
98.	Limmen Anita	78	08-021	20.50	25m	16-6-93		204
99.	van Kooten Cynthia	93	08-021	20.59	25m	27-4-06	Heemskerk	201
100.	de Groot Linda	81	08-021	20.60	25m	8-2-96	Heemskerk (NED)	201
100.	Huneker Jolanda	79	08-021	20.60	25m	13-2-97	Heemskerk (NED)	201
102.	Smit Lydia	84	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
102.	Viel Bianca	85	08-021	20.61	25m	25-3-99	Heemskerk (NED)	201
104.	Bakker Daniëlle	96	08-021	20.72	25m	29-5-08	Heemskerk (NED)	198
105.	Visser Stacey	87	08-021	20.99	25m	17-2-00	Heemskerk (NED)	190
106.	Besse Meta	78	08-021	21.00	25m	31-12-89	Heemskerk (NED)	190
107.	Hoogervorst Marlon	84	08-021	21.20	25m	16-3-95	Heemskerk (NED)	185
108.	van der Wijden Eline	88	08-021	21.30	25m	22-3-01	Heemskerk (NED)	182
109.	van Honschoten Ingeborg	70	08-021	21.50	25m	10-2-80	Heerhugowaard (NED)	177
109.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	177
111.	van der Eng Laura	80	08-021	21.60	25m	8-2-96	Heemskerk (NED)	174
111.	van den Braber Liesbeth	84	08-021	21.60	25m	15-1-98	Heemskerk (NED)	174
113.	Dijkstra Pascal	89	08-021	21.67	25m	25-3-99	Heemskerk (NED)	173
114.	Potemans Priscilla	84	08-021	21.70	25m	15-1-98	Heemskerk (NED)	172
115.	Mosch Sabina	84	08-021	22.00	25m	15-1-98	Heemskerk (NED)	165
116.	Koper Ella	90	08-021	22.10	25m	27-4-06	Heemskerk	163
117.	Rodenburg Kyra	96	08-021	22.12	25m	27-4-06	Heemskerk	162
118.	Oortwijn Jytte	10	08-021	22.17	25m	7-7-22	Heemskerk (NED)	161
119.	Dekker Danyk	94	08-021	22.22	25m	29-5-08	Heemskerk (NED)	160
120.	Aafjes Suzan	69	08-021	22.30	25m	13-10-79	Heemskerk (NED)	158
121.	Cappelle Marcella	85	08-021	22.50	25m	13-2-97	Heemskerk (NED)	154
122.	Koper Fiona	01	08-021	22.67	25m	26-9-10	Hoorn (NED)	151
123.	Mulder Amy	80	08-021	22.80	25m	16-6-93		148
124.	van der Horst Sacha	69	08-021	22.90	25m	13-10-79	Heemskerk (NED)	146
125.	Bakker Anna	97	08-021	22.95	25m	29-5-08	Heemskerk (NED)	145
126.	Huisman Lianne	87	08-021	23.10	25m	22-3-01	Heemskerk (NED)	143
127.	Dekker Elise	97	08-021	23.11	25m	20-3-05	Heemstede (NED)	142
128.	van Ederen Jasmijn	10	08-021	23.28	25m	13-5-18	Haarlem (NED)	139
129.	Nijman Linda	89	08-021	23.32	25m	22-2-01	Heemskerk (NED)	139
130.	Pover Ellen	72	08-021	23.40	25m	13-12-81	Volendam (NED)	137
131.	Heus Inge	81	08-021	23.50	25m	16-5-91	Heemskerk (NED)	135
132.	Zijlstra Mariëlle	83	08-021	23.60	25m	16-3-95	Heemskerk (NED)	134
133.	Nagy Illango	10	08-021	23.64	25m	30-3-23	Heemskerk (NED)	133
134.	Sahin Sümeyye Sena	10	08-021	23.68	25m	7-7-22	Heemskerk (NED)	132
135.	Windmuller Wendy	69	08-021	23.90	25m	13-10-79	Heemskerk (NED)	129
135.	Schijf Irene	83	08-021	23.90	25m	27-4-95	Heemskerk (NED)	129
137.	de Vriend Sofie	01	08-021	23.96	25m	26-9-10	Hoorn (NED)	128
138.	van Perlo Ingrid	73	08-021	24.00	25m	13-12-81	Volendam (NED)	127
138.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	127
140.	Martens Priscilla	85	08-021	24.10	25m	20-3-97	Heemskerk (NED)	125
141.	van Toledo Annelies	70	08-021	24.30	25m	10-2-80	Heerhugowaard (NED)	122
141.	van Leen Cynthia	81	08-021	24.30	25m	8-2-96	Heemskerk (NED)	122
143.	Bovekerk Annefleur	99	08-021	24.40	25m	27-9-09	Hoorn (NED)	121

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144.	Grul Lisanne	97	08-021	24.54	25m	29-5-08	Heemskerk (NED)	119
145.	Werdekker Marjolein	81	08-021	24.60	25m	13-2-97	Heemskerk (NED)	118
146.	van der Horst Wendy	72	08-021	24.90	25m	16-3-80	Heemskerk (NED)	114
146.	Kerkhoven Michelle	91	08-021	24.90	25m	22-2-01	Heemskerk (NED)	114
148.	Schelvis Liselot	92	08-021	24.94	25m	13-1-02	Zaandam	113
149.	Buur Naomi	01	08-021	24.95	25m	3-1-10	Culemborg (NED)	113
150.	van Noort Jony	85	08-021	25.00	25m	27-4-95	Heemskerk (NED)	112
151.	Renkema Iris	04	08-021	25.14	25m	30-9-12	Heemskerk (NED)	110
152.	Werdekker Esther	83	08-021	25.20	25m	13-2-97	Heemskerk (NED)	110
153.	Hoeksema Kim	90	08-021	25.21	25m	22-2-01	Heemskerk (NED)	110
154.	Butter Noor	16	08-021	25.25	25m	3-3-24	Krommenie (NED)	109
155.	Blaauw Yente	03	08-021	25.37	25m	22-4-12	Haarlem (NED)	107
156.	Hoekstra Femke	05	08-021	25.43	25m	13-4-14	Zaandam (NED)	107
157.	Liefting Marielle	90	08-021	25.53	25m	22-2-01	Heemskerk (NED)	105
158.	Pezo Adna	90	08-021	25.60	25m	22-2-01	Heemskerk (NED)	105
159.	van Berkel Nova	10	08-021	25.63	25m	30-3-23	Heemskerk (NED)	104
160.	Banks Riley	17	08-021	25.69	25m	10-12-23	Hoofddorp (NED)	103
161.	Herwegh Izayra Rena	14	08-021	25.78	25m	12-2-23	Heemstede (NED)	102
162.	Elghandor Kiyaan	03	08-021	25.95	25m	2-2-14	Haarlem (NED)	100
163.	van den Heuvel Sandra	80	08-021	26.10	25m	12-1-89	Heemskerk (NED)	99
164.	Wiegman Brenda	72	08-021	26.20	25m	13-12-81	Volendam (NED)	98
165.	Oliveira Rocha Yara	17	08-021	26.23	25m	21-4-24	Krommenie (NED)	97
166.	de Graaf Annemiek	70	08-021	26.40	25m	10-2-80	Heerhugowaard (NED)	95
167.	Petit Kirsten	00	08-021	26.73	25m	27-9-09	Hoorndijk (NED)	92
168.	Nagy Noella	13	08-021	26.77	25m	30-3-23	Heemskerk (NED)	91
169.	Rijkema Marije	85	08-021	27.00	25m	15-1-98	Heemskerk (NED)	89
170.	Haack Fenna	16	08-021	27.38	25m	3-3-24	Krommenie (NED)	85
171.	Snijder Femke	83	08-021	27.60	25m	16-2-94		83
172.	Wieman Lianne	03	08-021	27.64	25m	25-9-11	Hoorndijk (NED)	83
172.	Haack Zowi	18	08-021	27.64	25m	15-12-24	Amsterdam (NED)	83
174.	Kuijper Michelle	91	08-021	28.19	25m	22-2-01	Heemskerk (NED)	78
175.	Stoker Ianthe	84	08-021	28.40	25m	20-3-97	Heemskerk (NED)	76
176.	Janssen Tess	89	08-021	29.40	25m	15-1-98	Heemskerk (NED)	69
177.	Ramazani Helia	16	08-021	30.58	25m	28-9-25	Krommenie (NED)	61
178.	Eijndhoven Jonna	02	08-021	31.42	25m	25-9-11	Hoorndijk (NED)	56
179.	van Dam Merel	14	08-021	31.81	25m	30-3-23	Heemskerk (NED)	54
180.	Slotemaker Britt	14	08-021	32.19	25m	8-10-23	Zaandam (NED)	52
181.	van Leeuwen Andrea	71	08-021	32.20	25m	13-10-79	Heemskerk (NED)	52
182.	Zeeman Judith	70	08-021	32.40	25m	13-10-79	Heemskerk (NED)	51
183.	van Laarhoven Salome	15	08-021	32.44	25m	3-3-24	Krommenie (NED)	51
184.	van der Veldt Sandra	72	08-021	34.00	25m	16-3-80	Heemskerk (NED)	44
185.	Adli Sara	13	08-021	38.87	25m	30-3-23	Heemskerk (NED)	30
186.	Roling Nora	15	08-021	43.85	25m	30-3-23	Heemskerk (NED)	20
187.	Atzei Sabina	71	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	20
188.	Adli Linda	14	08-021	44.09	25m	30-3-23	Heemskerk (NED)	20

50 rugslag

1. Kingma Danae	00	08-021	31.06	25m	30-12-17	Leeuwarden (NED)	564
2. Broek Jade	97	08-021	31.17	25m	16-11-19	Hoofddorp (NED)	558
3. Wentink Yara	04	08-021	31.62	25m	29-6-24	Rotterdam (NED)	535
4. Hoekstra Eline	03	08-021	32.02	25m	5-12-21	Den Haag (NED)	515
5. Kleijne Daisy	89	08-021	32.44	25m	5-3-06	Purmerend (NED)	495
6. Koper Fiona	01	08-021	32.46	25m	15-2-18	Heemskerk (NED)	494
7. Schelvis Femke	84	08-021	32.93	25m	14-11-99	Zaandam (NED)	473
8. Siemerink Laura	04	08-021	33.00	25m	30-12-18	Leeuwarden (NED)	470
9. Palmboom Nicole	91	08-021	33.39	25m	29-12-07	Maastricht (NED)	454
10. van 't Veer Iris	03	08-021	33.54	25m	15-2-18	Heemskerk (NED)	448
11. Koster Lisa	94	08-021	33.96	25m	13-12-07	Heemskerk (NED)	431
12. Groen Anne	95	08-021	34.04	25m	2-10-16	Purmerend (NED)	428
13. Hulshof Saskia	73	08-021	34.10	25m	30-6-88	Heemskerk (NED)	426
14. Crok Linda	94	08-021	34.25	25m	3-3-13	Purmerend (NED)	421
15. ten Bokkel Henrieke	94	08-021	34.33	25m	12-4-18	Heemskerk (NED)	418
16. Smit Sanne	01	08-021	34.37	25m	15-2-15	Purmerend (NED)	416
17. Kramer Miranda	80	08-021	34.40	25m	5-4-98	Heemskerk (NED)	415
18. Meijer Sylvia	81	08-021	34.50	25m	26-1-97	Zuidoost Beemster (NED)	411
19. Schelvis Roos	86	08-021	34.63	25m	16-4-00	Almelo (NED)	407
20. Meijer Linda	77	08-021	34.70	25m	17-2-94	Heemskerk	404
21. Mallon Danique	94	08-021	34.73	25m	22-5-10	Purmerend (NED)	403
22. Buur Naomi	01	08-021	34.76	25m	18-2-16	Heemskerk (NED)	402
23. Vink Lidewij	90	08-021	34.96	25m	5-3-06	Purmerend (NED)	395
23. Herwegh Binthy	09	08-021	34.96	25m	27-10-24	Zaandam (NED)	395
25. Jongema Helena	80	08-021	35.08	25m	16-3-08	Amersfoort (NED)	391
26. Stins Mariska	84	08-021	35.29	25m	7-6-03	Z.o. Beemster	384
27. Hoek Daniëlle	88	08-021	35.31	25m	28-10-04	Heemskerk (NED)	384
28. van Assema Eline	05	08-021	35.41	25m	19-9-21	Zaandam (NED)	380
29. de Haan Shira	00	08-021	35.50	25m	4-10-20	Heemskerk (NED)	378
30. de Roode Xara	08	08-021	35.51	25m	8-2-26	Purmerend (NED)	377
31. Gijzen-van der Kroft Nicole	84	08-021	35.60	25m	29-11-01	Heemskerk	374
32. Poppema Yvonne	68	08-021	35.70	25m	2-9-84	Heemskerk (NED)	371
32. Stam Vanessa	80	08-021	35.70	25m	22-3-98	Assendelft (NED)	371
34. van de Poll Marianne	89	08-021	35.74	25m	25-10-03	Nieuwegein (NED)	370
35. van der Gracht Anouk	89	08-021	35.78	25m	18-5-13	Purmerend (NED)	369
36. Koopman Inge	93	08-021	35.90	25m	2-10-22	Den Helder (NED)	365
37. Stam Sabrina	82	08-021	36.00	25m	18-1-98	Zuidoost Beemster (NED)	362
38. Koopman Anitra	89	08-021	36.05	25m	6-2-05	Zuidoost-Beemster (NED)	361
39. de Boer Maia	03	08-021	36.21	25m	19-9-21	Zaandam (NED)	356
40. Stel Serena	98	08-021	36.24	25m	27-2-10	Hoom (NED)	355
41. van Honk Chantal	80	08-021	36.30	25m	12-5-93		353
42. Scholten Britt	04	08-021	36.32	25m	15-2-18	Heemskerk (NED)	353
43. Crok Annemarie	89	08-021	36.40	25m	28-12-03	Maastricht (NED)	350
44. Petit Kirsten	00	08-021	36.47	25m	30-12-16	Leeuwarden (NED)	348
45. Zonneveld Chantal	84	08-021	36.56	25m	25-4-02	Heemskerk	346
46. van Ballegooie Simone	84	08-021	36.61	25m	19-9-98	Amersfoort (NED)	344
47. Boekling Annette	85	08-021	36.70	25m	25-1-01	Heemskerk (NED)	342
48. Teufer Irene	96	08-021	36.75	25m	23-3-08	Haarlem (NED)	340
49. de Boer Irene	84	08-021	36.80	25m	29-10-98	Heemskerk (NED)	339
50. Niesten Iris	92	08-021	36.81	25m	1-3-09	Heemstede (NED)	339
51. Vink Marjolein	93	08-021	36.83	25m	29-12-07	Maastricht (NED)	338
52. Renkema Iris	04	08-021	36.87	25m	15-10-17	Alkmaar (NED)	337
53. Spijker Kristel	84	08-021	36.96	25m	3-3-11	Heemskerk (NED)	335

50 rugslag (sinds 54)

54.	Schoonderwoerd Rianne	95	08-021	37.06	25m	30-3-23	Heemskerk (NED)	332
55.	van Duin Margret	60	08-021	37.10	25m	14-9-76	Heemskerk (NED)	331
55.	Verbree Bets	63	08-021	37.10	25m	22-11-80	Heemskerk (NED)	331
55.	Schuyt Simone	75	08-021	37.10	25m	15-12-88	Heemskerk (NED)	331
55.	Limmen Karin	76	08-021	37.10	25m	16-2-94		331
59.	van Staveren Marina	78	08-021	37.12	25m	22-3-12	Heemskerk (NED)	330
60.	Herwegh Yara	07	08-021	37.18	25m	27-10-24	Zaandam (NED)	329
61.	Essers Sanne	91	08-021	37.20	25m	23-4-06	Zaandam (NED)	328
62.	van Koeveringe Nicole	93	08-021	37.25	25m	13-4-09	Haarlem (NED)	327
63.	van Eerden Meike	00	08-021	37.30	25m	24-1-19	Heemskerk (NED)	325
64.	Haasbroek Renske	03	08-021	37.33	25m	10-3-24	Purmerend (NED)	325
65.	Dijkstra Lisette	86	08-021	37.40	25m	9-10-97	Heemskerk (NED)	323
66.	Besse Karen	75	08-021	37.60	25m	15-12-88	Heemskerk (NED)	318
67.	Butter Anouk	82	08-021	37.66	25m	22-4-01	Heemskerk (NED)	316
68.	Blaauw Yente	03	08-021	37.68	25m	15-2-18	Heemskerk (NED)	316
69.	Zonneveld Cindy	75	08-021	37.80	25m	8-4-90	Volendam (NED)	313
70.	Visser Kelly	89	08-021	37.88	25m	4-10-15	Purmerend (NED)	311
71.	van Ballegooie Stefanie	86	08-021	37.93	25m	25-1-01	Heemskerk (NED)	309
72.	Heus Pauline	78	08-021	38.00	25m	17-12-95	Volendam (NED)	308
73.	de Wildt Maud	05	08-021	38.01	25m	17-3-22	Heemskerk (NED)	308
74.	de Groot Daniëlle	93	08-021	38.15	25m	13-12-07	Heemskerk (NED)	304
75.	Visser Stacey	87	08-021	38.18	25m	18-3-01	Zaandam (NED)	303
76.	Groot Tineke	60	08-021	38.30	25m	13-10-79	Heemskerk (NED)	301
77.	Zwaan Melissa	91	08-021	38.31	25m	28-12-03	Maastricht (NED)	300
78.	van der Geest Saskia	73	08-021	38.40	25m	14-12-88		298
79.	van Langelaar Tessa	97	08-021	38.47	25m	20-1-13	Heemskerk (NED)	297
80.	Windmuller Wendy	69	08-021	38.50	25m	7-11-81	Heemskerk (NED)	296
81.	van Rookhuizen Sieta	79	08-021	38.60	25m	17-2-94	Heemskerk	294
81.	Oudendijk Bianca	79	08-021	38.60	25m	9-11-95	Heemskerk (NED)	294
83.	Bruin Adri	74	08-021	38.70	25m	15-12-88	Heemskerk (NED)	291
84.	Veldhuis Amelia	03	08-021	38.81	25m	4-10-20	Heemskerk (NED)	289
85.	Schaefer Lisa	06	08-021	38.83	50m	26-1-20	Alkmaar (NED)	338
86.	Bakkum Wilma	62	08-021	38.90	25m	13-10-79	Heemskerk (NED)	287
87.	de Ruijter Linda	87	08-021	39.04	25m	7-6-03	Z.o. Beemster	284
88.	Liefting Sarina	93	08-021	39.08	25m	5-11-06	Zaandam (NED)	283
89.	Zwarthoed Brenda	96	08-021	39.10	25m	10-2-08	Purmerend (NED)	282
90.	Rodenburg Rianne	93	08-021	39.12	25m	28-10-06	Hoorn (NED)	282
91.	van Vliet Isabel	02	08-021	39.25	25m	30-1-20	Heemskerk (NED)	279
92.	Deiman Caroline	67	08-021	39.30	25m	10-1-91	Heemskerk (NED)	278
92.	Moolevliet Petra	82	08-021	39.30	25m	9-11-95	Heemskerk (NED)	278
94.	Angenent Nienke	01	08-021	39.32	25m	9-3-14	Zaandam (NED)	278
95.	Dreyer Elly	63	08-021	39.40	25m	13-10-79	Heemskerk (NED)	276
96.	Hermans Liesbeth	66	08-021	39.50	25m	7-11-81	Heemskerk (NED)	274
97.	ten Cate Joyce	80	08-021	39.60	25m	27-1-00	Heemskerk (NED)	272
98.	Zonneveld Melissa	88	08-021	39.61	25m	28-10-04	Heemskerk (NED)	272
99.	Vredenburg Roos	95	08-021	39.68	25m	20-5-10	Heemskerk (NED)	270
99.	de Vriend Sofie	01	08-021	39.68	25m	20-1-13	Heemskerk (NED)	270
99.	Hofland Yasmin	01	08-021	39.68	25m	2-2-17	Heemskerk (NED)	270
102.	Palthe Monique	64	08-021	40.00	25m	10-2-80	Heerhugowaard (NED)	264
102.	van Giezen Corina	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
102.	Dijkstra Ingrid	68	08-021	40.00	25m	7-11-81	Heemskerk (NED)	264
105.	Hoek Laura	86	08-021	40.01	25m	14-11-99	Zaandam (NED)	264
106.	Nijholt Carin	60	08-021	40.20	25m	14-9-76	Heemskerk (NED)	260

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107.	Krouwels Tanja	79	08-021	40.28	25m	29-10-98	Heemskerk (NED)	258
108.	Cappelle Carlijn	82	08-021	40.30	25m	6-2-97	Heemskerk (NED)	258
109.	Ivens Suzanne	99	08-021	40.56	25m	10-3-13	Schagen (NED)	253
110.	de Vries Justine	83	08-021	40.60	25m	2-3-97	Haarlem (NED)	252
111.	de Boer Claudia	77	08-021	40.70	25m	31-5-90	Heemskerk (NED)	250
112.	van Rijn Sydney	03	08-021	40.74	25m	29-11-18	Heemskerk (NED)	250
113.	van Velsen Patricia	79	08-021	40.80	25m	23-2-95	Heemskerk (NED)	249
114.	Knight Kayleigh	00	08-021	40.81	25m	15-2-18	Heemskerk (NED)	248
115.	Huneker Jolanda	79	08-021	40.89	25m	6-12-98	Zaandam	247
116.	de Boer Angela	80	08-021	40.90	25m	22-2-95		247
116.	Hogema Fabiën	93	08-021	40.90	25m	23-4-06	Zaandam (NED)	247
118.	Oosterveen Yvonne	80	08-021	41.00	25m	12-5-93		245
118.	van Sikkelerus Lisa	99	08-021	41.00	25m	30-1-14	Heemskerk (NED)	245
120.	van Huisstede Nikita	01	08-021	41.09	25m	12-3-17	Purmerend (NED)	243
121.	Berloth Lydia	68	08-021	41.30	25m	13-12-81	Volendam (NED)	240
122.	Lund Karin	63	08-021	41.40	25m	23-10-77	Zandvoort (NED)	238
122.	Put Ann	64	08-021	41.40	25m	10-2-80	Heerhugowaard (NED)	238
122.	Bos Chantal	74	08-021	41.40	25m	14-12-88		238
125.	Steenbakker Lisan	07	08-021	41.47	25m	7-12-23	Heemskerk (NED)	237
126.	Pover Karin	67	08-021	41.50	25m	17-5-81	Castricum (NED)	236
127.	Raszinski Nienke	01	08-021	41.53	25m	9-3-14	Zaandam (NED)	236
128.	Steenkamp Ciska	90	08-021	41.56	25m	7-10-01	Zaandam (NED)	235
129.	van Kooten Cynthia	93	08-021	41.60	25m	19-10-06	Heemskerk	234
130.	ten Cate Ilona	85	08-021	41.62	25m	23-4-06	Zaandam (NED)	234
131.	de Wolff Isabel	01	08-021	41.68	25m	18-2-16	Heemskerk (NED)	233
132.	Stel Kaylin	01	08-021	41.78	25m	22-5-10	Purmerend (NED)	231
133.	Plokker Sylvia	68	08-021	41.80	25m	7-11-81	Heemskerk (NED)	231
134.	Lindelauf Priscilla	85	08-021	41.86	25m	25-1-01	Heemskerk (NED)	230
135.	Huisman Jolanda	68	08-021	41.90	25m	2-9-84	Heemskerk (NED)	229
136.	Bakker Jesca	79	08-021	42.00	25m	31-5-90	Heemskerk (NED)	228
137.	Koper Birgit	87	08-021	42.03	25m	27-4-03	Zaandam	227
138.	van de Kamp Yvonne	65	08-021	42.10	25m	13-10-79	Heemskerk (NED)	226
138.	Dijkstra Janet	77	08-021	42.10	25m	15-12-88	Heemskerk (NED)	226
140.	Grul Lisanne	97	08-021	42.13	25m	13-3-11	Heemskerk (NED)	226
141.	van Galen Angela	65	08-021	42.20	25m	13-10-79	Heemskerk (NED)	225
141.	Palthe Yvonne	67	08-021	42.20	25m	17-5-81	Castricum (NED)	225
141.	de Graaf Annemiek	70	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
141.	Tholen Kirsten	66	08-021	42.20	25m	7-11-81	Heemskerk (NED)	225
141.	Besse Meta	78	08-021	42.20	25m	10-1-91	Heemskerk (NED)	225
146.	Niesten Annet	62	08-021	42.30	25m	23-10-77	Zandvoort (NED)	223
146.	van Tellingen Ingrid	66	08-021	42.30	25m	13-12-81	Volendam (NED)	223
146.	Limmen Miriam	75	08-021	42.30	25m	31-5-90	Heemskerk (NED)	223
149.	Visser Robin	05	08-021	42.32	25m	2-10-16	Purmerend (NED)	223
150.	Oortwijn Jytte	10	08-021	42.46	25m	8-5-25	Heemskerk (NED)	220
151.	Visser Shana	04	08-021	42.53	25m	28-3-16	Haarlem (NED)	219
152.	van Giezen Sandra	63	08-021	42.60	25m	7-11-81	Heemskerk (NED)	218
152.	de Vries Cathy	77	08-021	42.60	25m	10-1-91	Heemskerk (NED)	218
154.	Buur Cindy	99	08-021	42.81	25m	18-2-16	Heemskerk (NED)	215
155.	Splinter Nathalie	75	08-021	42.90	25m	15-12-88	Heemskerk (NED)	214
156.	Molenaar Eline	82	08-021	42.96	25m	14-11-99	Zaandam (NED)	213
157.	Limmen Anita	78	08-021	43.00	25m	12-5-93		212
157.	Hommersen Sandra	84	08-021	43.00	25m	22-3-98	Assendelft (NED)	212
159.	Nijman José	93	08-021	43.09	25m	28-10-07	Zaandam (NED)	211

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160.	Dijkstra Maud	84	08-021	43.20	25m	25-1-98	Zaandam (NED)	209
161.	Soellaart Esther	13	08-021	43.28	25m	7-12-25	Purmerend (NED)	208
162.	Bos Marieke	06	08-021	43.29	25m	24-1-19	Heemskerk (NED)	208
163.	Bouwman Esther	63	08-021	43.30	25m	14-9-76	Heemskerk (NED)	208
164.	Schaaper Margriet	62	08-021	43.40	25m	8-12-79	Heemskerk (NED)	206
164.	Bruin Marianne	78	08-021	43.40	25m	10-1-91	Heemskerk (NED)	206
164.	Sobh Shaime	03	08-021	43.40	25m	18-2-16	Heemskerk (NED)	206
167.	Geurtsen Daisy	89	08-021	43.43	25m	29-11-01	Heemskerk	206
168.	Wieman Lianne	03	08-021	43.58	25m	24-1-19	Heemskerk (NED)	204
169.	Ardicyaka Irem	06	08-021	43.61	25m	24-1-19	Heemskerk (NED)	203
170.	de Loos Marijke	94	08-021	43.66	25m	22-5-10	Purmerend (NED)	203
171.	van Eif Lia	60	08-021	43.80	25m	16-3-80	Heemskerk (NED)	201
171.	de Vries Chrissie	93	08-021	43.80	25m	27-10-05	Heemskerk (NED)	201
173.	Teunissen Petra	64	08-021	44.00	25m	7-12-76	Heemskerk (NED)	198
173.	de Pree Caroline	64	08-021	44.00	25m	10-2-80	Heerhugowaard (NED)	198
173.	van Baar Monique	73	08-021	44.00	25m	15-12-88	Heemskerk (NED)	198
176.	Wissenburg Petra	65	08-021	44.10	25m	7-12-76	Heemskerk (NED)	197
177.	Beentjes Nicolet	80	08-021	44.18	25m	29-10-98	Heemskerk (NED)	196
178.	Aafjes Suzan	69	08-021	44.20	25m	22-11-80	Heemskerk (NED)	195
179.	Venema Jalina	04	08-021	44.23	25m	2-2-17	Heemskerk (NED)	195
180.	de Groot Linda	81	08-021	44.30	25m	7-11-96	Heemskerk (NED)	194
181.	Viel Bianca	85	08-021	44.58	25m	14-11-99	Zaandam (NED)	190
182.	Reijnders Sandra	64	08-021	44.60	25m	10-2-80	Heerhugowaard (NED)	190
183.	Horst Diana	67	08-021	44.70	25m	22-11-80	Heemskerk (NED)	189
183.	Zonneveld Monica	80	08-021	44.70	25m	3-2-93		189
185.	Rasch Monique	66	08-021	44.80	25m	10-2-80	Heerhugowaard (NED)	188
185.	van der Horst Sacha	69	08-021	44.80	25m	7-11-81	Heemskerk (NED)	188
185.	Ligterink Angela	76	08-021	44.80	25m	15-3-87	Heemskerk (NED)	188
188.	van Rijn Eline	07	08-021	44.83	25m	30-10-16	Den Helder (NED)	187
189.	Buithuis Danine	91	08-021	44.87	25m	31-10-02	Heemskerk	187
190.	Regelink Anneke	83	08-021	44.89	25m	14-11-99	Zaandam (NED)	186
191.	van Giezen Irene	67	08-021	45.00	25m	7-11-81	Heemskerk (NED)	185
192.	Groot Irma	63	08-021	45.20	25m	14-9-76	Heemskerk (NED)	183
192.	Watertor Anne-Marie	65	08-021	45.20	25m	7-12-76	Heemskerk (NED)	183
192.	Mulder Amy	80	08-021	45.20	25m	12-5-93		183
195.	Missot Gonda	66	08-021	45.30	25m	14-9-76	Heemskerk (NED)	181
195.	Lund Jolanda	65	08-021	45.30	25m	10-2-80	Heerhugowaard (NED)	181
195.	Cappelle Marcella	85	08-021	45.30	25m	25-1-98	Zaandam (NED)	181
198.	Windmuller Annemarie	67	08-021	45.50	25m	13-10-79	Heemskerk (NED)	179
199.	Bruins Julia	06	08-021	45.60	25m	5-10-25	Purmerend (NED)	178
200.	Schut Bodine	09	08-021	45.72	25m	31-10-21	Heemskerk (NED)	176
201.	van Putten Demi	96	08-021	45.79	25m	29-5-11	Purmerend (NED)	176
202.	de Graaf Isabella	04	08-021	45.90	25m	30-1-20	Heemskerk (NED)	174
203.	Smit Lydia	84	08-021	45.98	25m	29-10-98	Heemskerk (NED)	174
204.	Essers Patricia	84	08-021	46.09	25m	14-11-99	Zaandam (NED)	172
205.	van Gent Anja	66	08-021	46.10	25m	10-2-80	Heerhugowaard (NED)	172
206.	de Groot Sjors	08	08-021	46.24	50m	10-6-23	Bückeburg (GER)	200
207.	Weezepeel Natascha	07	08-021	46.41	25m	15-9-19	Zaandam (NED)	169
208.	Meesters Audrey	90	08-021	46.42	25m	27-4-03	Zaandam	169
209.	Sahin Sümeyye Sena	10	08-021	46.54	25m	7-12-23	Heemskerk (NED)	167
210.	Butter Noor	16	08-021	46.57	25m	19-10-25	Zaandam (NED)	167
211.	de Groot Marlijn	92	08-021	46.73	25m	25-11-04	Heemskerk (NED)	165
212.	Dijkstra Pascal	89	08-021	47.08	25m	21-3-99	Assendelft (NED)	162

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213.	Bakker Anna	97	08-021	47.09	25m	18-1-09	Haarlem (NED)	161
213.	de Boer Isabel	06	08-021	47.09	50m	5-12-15	Beverwijk (NED)	189
215.	Calkhoven Mariëtte	65	08-021	47.20	25m	14-9-76	Heemskerk (NED)	160
216.	Smit Ingrid	67	08-021	47.30	25m	22-11-80	Heemskerk (NED)	159
216.	Rodenburg Kyra	96	08-021	47.30	25m	1-10-06	Volendam (NED)	159
218.	Dekker Elise	97	08-021	47.32	25m	15-1-06	Zaandam (NED)	159
219.	Last Rooske	94	08-021	47.39	25m	20-5-10	Heemskerk (NED)	158
220.	Sierra Ana Maria	69	08-021	47.50	25m	7-11-81	Heemskerk (NED)	157
221.	Tilgenkamp Lentley	13	08-021	47.52	25m	8-2-26	Purmerend (NED)	157
222.	de Pree Marlies	66	08-021	47.70	25m	10-2-80	Heerhugowaard (NED)	155
223.	Bakker Daniëlle	96	08-021	47.79	25m	16-3-08	Zaandam (NED)	154
224.	Wiesener Winnifred	62	08-021	47.80	25m	7-12-76	Heemskerk (NED)	154
224.	Peters Yvonne	63	08-021	47.80	25m	7-11-81	Heemskerk (NED)	154
224.	Hoogervorst Marlon	84	08-021	47.80	25m	23-2-95	Heemskerk (NED)	154
227.	van Ederen Jasmijn	10	08-021	47.94	25m	15-9-19	Zaandam (NED)	153
228.	Mosch Sabina	84	08-021	48.00	25m	6-2-97	Heemskerk (NED)	152
229.	Bouwer Jolien	89	08-021	48.08	25m	31-5-01	Heemskerk (NED)	152
230.	van Asch Maria	74	08-021	48.10	25m	3-2-93		151
231.	Bakker Lisette	83	08-021	48.14	25m	29-10-98	Heemskerk (NED)	151
232.	Rijkema Marije	85	08-021	48.39	25m	25-4-02	Heemskerk	149
233.	van Leen Cynthia	81	08-021	48.40	25m	14-3-96	Heemskerk (NED)	149
234.	Mes Norah	13	08-021	48.42	25m	11-12-25	Heemskerk (NED)	149
235.	van Leeuwen Andrea	71	08-021	48.60	25m	7-11-81	Heemskerk (NED)	147
236.	Pezo Adna	90	08-021	48.77	25m	29-11-01	Heemskerk	145
237.	Terhorst Iija	67	08-021	48.80	25m	13-10-79	Heemskerk (NED)	145
237.	van den Braber Liesbeth	84	08-021	48.80	25m	22-3-98	Assendelft (NED)	145
239.	Schelvis Liselot	92	08-021	48.91	25m	5-10-03	Heemskerk (NED)	144
240.	Aardenburg Judith	93	08-021	48.95	25m	28-10-04	Heemskerk (NED)	144
241.	Zijlstra Mariëlle	83	08-021	49.00	25m	9-11-95	Heemskerk (NED)	143
242.	Haack Fenna	16	08-021	49.01	25m	1-2-26	Krommenie (NED)	143
243.	Lange Sandra	67	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	141
244.	van Dijk Yvonne	65	08-021	49.40	25m	14-9-76	Heemskerk (NED)	140
245.	van Perlo Ingrid	73	08-021	49.50	25m	2-9-84	Heemskerk (NED)	139
246.	van der Horst Wendy	72	08-021	49.60	25m	1-11-81	Bergen (NED)	138
247.	Martens Iandra	03	08-021	49.98	25m	17-1-16	Purmerend (NED)	135
248.	van der Does Lisa	02	08-021	50.06	25m	2-3-14	Haarlem (NED)	134
249.	Hoeksema Kim	90	08-021	50.11	25m	28-3-02	Heemskerk	134
250.	van Eif Ans	62	08-021	50.30	25m	16-3-80	Heemskerk (NED)	132
250.	Potemans Priscilla	84	08-021	50.30	25m	7-11-96	Heemskerk (NED)	132
252.	Beentjes Daphne	91	08-021	50.37	25m	27-4-03	Zaandam	132
253.	Koper Selma	03	08-021	50.52	25m	21-3-13	Heemskerk (NED)	131
254.	Doodeman Sara	00	08-021	50.57	25m	3-10-10	Zaandam (NED)	130
255.	Keessen Pam	62	08-021	50.60	25m	7-12-76	Heemskerk (NED)	130
256.	Koopman Jessie	97	08-021	50.71	25m	21-3-10	Zaandam (NED)	129
257.	Lensen Sarian	89	08-021	50.76	25m	30-10-03	Heemskerk	129
258.	Welboren Els	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	129
258.	Mans Joyce	67	08-021	50.80	25m	10-2-80	Heerhugowaard (NED)	129
260.	Yayli Serina	90	08-021	50.88	25m	28-3-02	Heemskerk	128
261.	Snijder Femke	83	08-021	50.90	25m	24-3-94	Heemskerk (NED)	128
262.	Doevendans Phileine	06	08-021	50.91	25m	17-3-16	Heemskerk (NED)	128
263.	Gelsumino Giulia	03	08-021	51.14	25m	10-12-15	Heemskerk (NED)	126
264.	Pirovano Monique	69	08-021	51.20	25m	16-3-80	Heemskerk (NED)	126
265.	Liefting Marielle	90	08-021	51.29	25m	31-10-02	Heemskerk	125

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266.	Vellinga Yvonne	64	08-021	51.50	25m	14-9-76	Heemskerk (NED)	123
267.	Huisman Caroline	64	08-021	51.70	25m	31-12-74		122
268.	Beeksmas Anne	88	08-021	51.72	25m	29-3-01	Heemskerk (NED)	122
269.	Zeeman Judith	70	08-021	51.90	25m	7-11-81	Heemskerk (NED)	120
270.	Werdekker Marjolein	81	08-021	52.00	25m	10-4-97	Heemskerk (NED)	120
270.	Kuijper Michelle	91	08-021	52.00	25m	7-10-01	Zaandam (NED)	120
272.	Copier Alyssa	04	08-021	52.04	25m	10-2-13	Haarlem (NED)	120
273.	Terluin Suus	09	08-021	52.06	25m	5-3-20	Heemskerk (NED)	119
274.	van Galen Marion	61	08-021	52.20	25m	7-12-76	Heemskerk (NED)	118
275.	van Laarhoven Salome	15	08-021	52.23	25m	19-10-25	Zaandam (NED)	118
276.	Herwegh Izayra Rena	14	08-021	52.34	50m	7-12-24	Beverwijk (NED)	138
277.	Oliveira Rocha Yara	17	08-021	52.38	25m	15-12-24	Amsterdam (NED)	117
278.	van den Heuvel Sandra	80	08-021	52.40	25m	1-11-89		117
279.	Welboren Julia	00	08-021	52.84	25m	11-12-11	Zaandam (NED)	114
280.	van der Eng Laura	80	08-021	52.90	25m	9-11-95	Heemskerk (NED)	114
281.	Nijman Linda	89	08-021	52.94	25m	25-1-01	Heemskerk (NED)	114
282.	Buur Carina	64	08-021	53.00	25m	7-12-76	Heemskerk (NED)	113
283.	Salido Keesje	05	08-021	53.12	25m	19-2-15	Heemskerk (NED)	112
284.	van Noort Jony	85	08-021	53.20	25m	14-3-96	Heemskerk (NED)	112
285.	Numan Annelies	63	08-021	53.30	25m	7-12-76	Heemskerk (NED)	111
286.	de Buyzer Anita	67	08-021	53.60	25m	10-2-80	Heerhugowaard (NED)	109
287.	Kesting Alexandra	00	08-021	53.82	25m	7-2-10	Haarlem (NED)	108
288.	Post Aijuna	14	08-021	53.88	25m	29-9-24	Krommenie (NED)	108
289.	Jonker Monique	66	08-021	54.00	25m	7-12-76	Heemskerk (NED)	107
289.	Zuidervaart Anne	02	08-021	54.00	25m	22-1-12	Zaandam (NED)	107
291.	Schijf Irene	83	08-021	54.10	25m	23-2-95	Heemskerk (NED)	106
292.	Nobels Marlies	65	08-021	54.20	25m	7-12-76	Heemskerk (NED)	106
293.	Boonstra Esmé	02	08-021	54.39	25m	21-3-13	Heemskerk (NED)	105
294.	Kerkhoven Michelle	91	08-021	54.50	25m	25-1-01	Heemskerk (NED)	104
295.	van Duivenvoorde Sanne	93	08-021	54.64	25m	31-10-02	Heemskerk	103
296.	van Ruth Yoore	78	08-021	54.70	25m	10-1-91	Heemskerk (NED)	103
296.	Werdekker Esther	83	08-021	54.70	25m	7-11-96	Heemskerk (NED)	103
298.	Beentjes Esther	66	08-021	54.80	25m	7-12-76	Heemskerk (NED)	102
299.	Koper Ella	90	08-021	54.82	25m	28-3-02	Heemskerk	102
300.	Banks Riley	17	08-021	54.93	25m	27-10-24	Zaandam (NED)	102
301.	de Graaf Dinie	71	08-021	55.00	25m	7-11-81	Heemskerk (NED)	101
302.	van der Wijden Eline	88	08-021	55.14	25m	29-3-01	Heemskerk (NED)	100
303.	Elghandor Kiyaan	03	08-021	55.29	25m	18-1-15	Zaandam (NED)	100
304.	de Weers Anne-Michelle	63	08-021	55.40	25m	7-12-76	Heemskerk (NED)	99
304.	Doll Maartje	80	08-021	55.40	25m	8-10-92	Heemskerk (NED)	99
306.	Eijndhoven Jonna	02	08-021	55.43	25m	30-9-12	Heemskerk (NED)	99
307.	van Dam Merel	14	08-021	55.56	25m	1-2-26	Krommenie (NED)	98
308.	Huber Emma	13	08-021	55.76	25m	8-2-26	Purmerend (NED)	97
309.	van Roon Jill	14	08-021	55.85	25m	12-10-25	Heemskerk (NED)	97
310.	Zwart Ellen	65	08-021	55.90	25m	7-12-76	Heemskerk (NED)	96
310.	Pover Ellen	72	08-021	55.90	25m	28-9-80	Zaandam (NED)	96
312.	Huisman Lianne	87	08-021	55.98	25m	29-3-01	Heemskerk (NED)	96
313.	Reiss Katinka	65	08-021	56.00	25m	7-12-76	Heemskerk (NED)	96
314.	Breems Jolanda	62	08-021	56.10	25m	7-12-76	Heemskerk (NED)	95
314.	van der Leden Laura	68	08-021	56.10	25m	10-12-77	Heemskerk (NED)	95
316.	van Rijn Ilona	65	08-021	56.20	25m	7-12-76	Heemskerk (NED)	95
317.	Glorie Astrid	63	08-021	56.60	25m	7-12-76	Heemskerk (NED)	93
318.	Haack Zowi	18	08-021	56.76	50m	13-12-25	Beverwijk (NED)	108

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319.	de Wit Yvonne	66	08-021	57.00	25m	7-12-76	Heemskerk (NED)	91
320.	Hoekstra Femke	05	08-021	57.41	25m	7-9-14	Zaandam (NED)	89
321.	Nobels Annita	68	08-021	57.70	25m	7-12-76	Heemskerk (NED)	88
322.	Kuijl Karin	65	08-021	57.90	25m	7-12-76	Heemskerk (NED)	87
323.	van Zalingen Margreet	67	08-021	58.00	25m	7-12-76	Heemskerk (NED)	86
324.	Feenstra Petra	71	08-021	58.30	25m	7-11-81	Heemskerk (NED)	85
325.	Zonneveld Jennifer	88	08-021	58.51	25m	29-3-01	Heemskerk (NED)	84
326.	van Hiele Femke	13	08-021	58.65	25m	8-2-26	Purmerend (NED)	83
327.	Breems Silvia	65	08-021	58.70	25m	7-12-76	Heemskerk (NED)	83
328.	Claesens Freeke	64	08-021	58.90	25m	14-9-76	Heemskerk (NED)	82
329.	van 't Hof Manon	90	08-021	58.93	25m	28-3-02	Heemskerk	82
330.	Slotemaker Britt	14	08-021	58.98	25m	8-5-25	Heemskerk (NED)	82
331.	Beemsterboer Petra	68	08-021	59.10	25m	16-3-80	Heemskerk (NED)	81
332.	Boere Sacha	91	08-021	59.41	25m	28-10-04	Heemskerk (NED)	80
333.	van Wijngaarden Linda	65	08-021	59.80	25m	7-12-76	Heemskerk (NED)	79
334.	Reuderink Miranda	63	08-021	1:00.30	25m	14-9-76	Heemskerk (NED)	77
335.	Bovekerk Annefleur	99	08-021	1:00.33	25m	24-9-09	Heemskerk (NED)	77
336.	Sanen Casey	99	08-021	1:00.47	25m	26-2-09	Heemskerk (NED)	76
337.	Heus Inge	81	08-021	1:00.80	25m	13-6-91	Heemskerk (NED)	75
338.	Hoorn Linsey	94	08-021	1:00.86	25m	31-3-05	Heemskerk (NED)	75
339.	Steenkamp Meagan	08	08-021	1:01.15	25m	21-4-22	Heemskerk (NED)	73
340.	Woering Aletta	64	08-021	1:01.20	25m	7-12-76	Heemskerk (NED)	73
341.	Ramazani Helia	16	08-021	1:01.34	25m	1-2-26	Krommenie (NED)	73
342.	Kraamer Carla	66	08-021	1:01.40	25m	7-12-76	Heemskerk (NED)	73
343.	van Ess Zoe	14	08-021	1:01.61	25m	1-2-26	Krommenie (NED)	72
344.	van Megen Carla	65	08-021	1:01.80	25m	7-12-76	Heemskerk (NED)	71
345.	Morianner Susanna	72	08-021	1:01.90	25m	7-11-81	Heemskerk (NED)	71
346.	Gozeling Monique	67	08-021	1:02.10	25m	7-12-76	Heemskerk (NED)	70
347.	Doodeman Lieke	16	08-021	1:02.12	25m	11-12-25	Heemskerk (NED)	70
348.	Bruins Bianca	81	08-021	1:02.20	25m	7-11-96	Heemskerk (NED)	70
349.	Halbersma Jenny	70	08-021	1:02.60	25m	7-11-81	Heemskerk (NED)	68
350.	ten Cate Naomi	93	08-021	1:02.84	25m	24-4-03	Heemskerk	68
351.	Jonker Nicole	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	66
352.	Stoker Ianthe	84	08-021	1:04.40	25m	13-3-97	Heemskerk (NED)	63
353.	Vet Mariska	66	08-021	1:04.80	25m	7-12-76	Heemskerk (NED)	62
354.	Kerdijk Lianne	81	08-021	1:05.10	25m	4-4-91	Heemskerk (NED)	61
355.	Gijzen Monique	68	08-021	1:05.20	25m	7-12-76	Heemskerk (NED)	61
356.	van der Leden Cynthia	66	08-021	1:05.30	25m	14-9-76	Heemskerk (NED)	60
357.	de Weers Marit	15	08-021	1:05.70	25m	2-4-23	Haarlem (NED)	59
358.	Zieck Esther	67	08-021	1:05.90	25m	7-12-76	Heemskerk (NED)	59
359.	Vonk Bea	67	08-021	1:06.30	25m	7-11-81	Heemskerk (NED)	58
360.	Janssen Tess	89	08-021	1:07.70	25m	12-2-98	Heemskerk (NED)	54
361.	Lammers Angelique	68	08-021	1:08.00	25m	7-12-76	Heemskerk (NED)	53
362.	de Jong Frederike	75	08-021	1:08.60	25m	3-2-93		52
363.	Verdonk Michaela	68	08-021	1:12.50	25m	7-12-76	Heemskerk (NED)	44
364.	Burgering Anouk	12	08-021	1:14.20	25m	21-4-22	Heemskerk (NED)	41
365.	Harke Lily Rose	16	08-021	1:14.52	25m	11-12-25	Heemskerk (NED)	40
366.	Reuderink Bettina	67	08-021	1:14.60	25m	7-12-76	Heemskerk (NED)	40
367.	Dekker Jane	17	08-021	1:15.08	25m	24-10-24	Heemskerk (NED)	39
368.	Berghuis Sascha	68	08-021	1:16.80	25m	16-3-80	Heemskerk (NED)	37
369.	Windmuller Jolande	65	08-021	1:17.00	25m	7-12-76	Heemskerk (NED)	37
370.	Gozeling Jolanda	68	08-021	1:20.60	25m	7-12-76	Heemskerk (NED)	32
371.	Mooy Monique	69	08-021	1:23.10	25m	7-12-76	Heemskerk (NED)	29

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372.	van Roon Lexie	18	08-021	1:24.61	25m	11-12-25	Heemskerk (NED)	27
373.	Dekker Ivy	16	08-021	1:25.08	25m	24-10-24	Heemskerk (NED)	27
374.	Gravemaker Sandra	68	08-021	1:26.40	25m	7-12-76	Heemskerk (NED)	26
375.	Heesen Marieke	65	08-021	1:27.40	25m	7-12-76	Heemskerk (NED)	25
376.	Duyn Elaine	68	08-021	1:27.80	25m	7-12-76	Heemskerk (NED)	24
377.	Raaymakers Marjolein	68	08-021	1:32.20	25m	7-12-76	Heemskerk (NED)	21
378.	van der Meij Michelle	68	08-021	1:32.70	25m	7-12-76	Heemskerk (NED)	21
379.	Dorlandt Yvonne	69	08-021	1:35.00	25m	7-12-76	Heemskerk (NED)	19
380.	Onyemuna Gianna	12	08-021	1:35.66	25m	21-4-22	Heemskerk (NED)	19
381.	Bos Froke	69	08-021	1:37.00	25m	7-12-76	Heemskerk (NED)	18
382.	Koper Leny	69	08-021	1:37.50	25m	7-12-76	Heemskerk (NED)	18
383.	Schrauwen Riva	18	08-021	1:46.23	25m	1-2-26	Krommenie (NED)	14
384.	Hilbers Erna	69	08-021	1:53.00	25m	7-12-76	Heemskerk (NED)	11
385.	Reeuwijk Danielle	70	08-021	1:54.80	25m	7-12-76	Heemskerk (NED)	11
386.	Onyemuna Nicole	14	08-021	2:27.38	25m	21-4-22	Heemskerk (NED)	5

100 rugslag

1.	Broek Jade	97	08-021	1:06.99	25m	24-3-19	Purmerend (NED)	554
2.	Kingma Danae	00	08-021	1:07.00	25m	24-3-19	Purmerend (NED)	554
3.	Schelvis Femke	84	08-021	1:09.10	25m	28-11-04	Heemskerk (NED)	505
4.	Hoekstra Eline	03	08-021	1:10.41	25m	17-2-22	Heemskerk (NED)	477
5.	Kleijne Daisy	89	08-021	1:11.62	25m	16-4-06	Haarlem (NED)	453
6.	Wentink Yara	04	08-021	1:11.77	25m	24-10-24	Heemskerk (NED)	450
7.	Koper Fiona	01	08-021	1:11.99	25m	17-6-18	Alkmaar (NED)	446
8.	Siemerink Laura	04	08-021	1:12.17	25m	23-11-19	Hoofddorp (NED)	443
9.	Crok Linda	94	08-021	1:12.23	25m	17-11-11	Heemskerk (NED)	442
10.	van 't Veer Iris	03	08-021	1:12.48	25m	1-4-18	Haarlem (NED)	437
11.	Hulshof Saskia	73	08-021	1:12.60	25m	7-1-89	Hilversum (NED)	435
12.	Meijer Sylvia	81	08-021	1:13.00	25m	30-3-97	Haarlem (NED)	428
13.	Koster Lisa	94	08-021	1:13.07	25m	17-11-07	Barneveld (NED)	427
14.	Schelvis Roos	86	08-021	1:13.34	25m	16-4-00	Almelo (NED)	422
15.	Groen Anne	95	08-021	1:13.36	25m	15-1-17	Alkmaar (NED)	422
16.	Smit Sanne	01	08-021	1:13.59	25m	10-1-16	Purmerend (NED)	418
17.	Mallon Danique	94	08-021	1:14.20	25m	4-11-10	Heemskerk (NED)	407
18.	Kramer Miranda	80	08-021	1:14.70	25m	30-3-97	Haarlem (NED)	399
19.	Poppema Yvonne	68	08-021	1:15.10	25m	12-2-84	Heemskerk (NED)	393
20.	Gijzen-van der Kroft Nicole	84	08-021	1:15.16	25m	15-4-01	Haarlem (NED)	392
21.	de Graaf Annemiek	70	08-021	1:15.30	25m	31-12-86		390
22.	Jongema Helena	80	08-021	1:15.36	25m	3-5-08	Winterswijk (NED)	389
23.	Meijer Linda	77	08-021	1:15.80	25m	8-9-91	Assendelft (NED)	382
24.	Zonneveld Chantal	84	08-021	1:16.21	25m	28-3-02	Heemskerk	376
25.	Buur Naomi	01	08-021	1:16.29	25m	27-3-16	Haarlem (NED)	375
26.	Stins Mariska	84	08-021	1:16.36	25m	9-11-03	Zaandam	374
27.	Essers Sanne	91	08-021	1:16.44	25m	8-4-07	Haarlem (NED)	373
27.	Crok Annemarie	89	08-021	1:16.44	25m	17-11-11	Heemskerk (NED)	373
29.	Palmboom Nicole	91	08-021	1:16.47	25m	30-9-07	Volendam (NED)	372
30.	Drubers Mirjam	67	08-021	1:16.50	25m	6-10-85	Wormerveer (NED)	372
31.	Hoek Daniëlle	88	08-021	1:16.53	25m	11-3-12	Zaandam (NED)	371
32.	de Haan Shira	00	08-021	1:16.55	25m	5-6-17	Purmerend (NED)	371
33.	Vink Lidewij	90	08-021	1:16.71	25m	30-9-07	Volendam (NED)	369
34.	Stel Serena	98	08-021	1:16.75	25m	5-4-10	Haarlem (NED)	368
35.	Petit Kirsten	00	08-021	1:17.06	25m	10-12-15	Heemskerk (NED)	364

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36.	van Assema Eline	05	08-021	1:17.11	25m	3-11-19	Purmerend (NED)	363
37.	Koopman Anitra	89	08-021	1:17.16	25m	16-1-05	Zaandam (NED)	362
38.	Windmuller Wendy	69	08-021	1:17.30	25m	31-12-83		360
39.	de Boer Irene	84	08-021	1:17.31	25m	12-12-99	Heemskerk (NED)	360
40.	Herwegh Binthy	09	08-021	1:17.39	25m	24-10-24	Heemskerk (NED)	359
41.	van Honk Chantal	80	08-021	1:17.40	25m	21-2-93	(NED)	359
42.	Scholten Britt	04	08-021	1:17.63	25m	24-3-19	Purmerend (NED)	356
43.	van der Gracht Anouk	89	08-021	1:17.74	25m	18-3-07	Heemskerk (NED)	354
44.	Stam Vanessa	80	08-021	1:17.80	25m	29-5-97	Heemskerk	353
45.	Haasbroek Renske	03	08-021	1:17.87	25m	28-1-24	Heemskerk (NED)	352
46.	van Duin Margret	60	08-021	1:18.00	25m	31-12-79		351
46.	Stam Sabrina	82	08-021	1:18.00	25m	12-2-98	Heemskerk (NED)	351
48.	Koopman Inge	93	08-021	1:18.09	25m	13-3-22	Den Helder (NED)	349
49.	de Groot Daniëlle	93	08-021	1:18.10	25m	9-3-08	Heemskerk (NED)	349
50.	Verbree Bets	63	08-021	1:18.20	25m	17-1-82		348
51.	Groot Tineke	60	08-021	1:18.30	25m	27-1-80	Zaandam (NED)	347
51.	van Staveren Marina	78	08-021	1:18.30	25m	13-5-12	Grootebroek (NED)	347
53.	van Eerden Meike	00	08-021	1:18.76	25m	15-12-22	Heemskerk (NED)	341
54.	van Ballegooie Simone	84	08-021	1:19.05	25m	11-10-98	Alkmaar (NED)	337
55.	de Roode Xara	08	08-021	1:19.11	25m	24-10-24	Heemskerk (NED)	336
56.	Niessen Iris	92	08-021	1:19.13	25m	11-4-10	Zaandam (NED)	336
57.	Pover Karin	67	08-021	1:19.90	25m	4-10-87	Zaandam (NED)	326
58.	Boekling Annette	85	08-021	1:19.97	25m	28-3-02	Heemskerk	325
59.	van de Poll Marianne	89	08-021	1:20.06	25m	26-2-04	Heemskerk (NED)	324
60.	Blaauw Yente	03	08-021	1:20.07	25m	29-11-18	Heemskerk (NED)	324
61.	Spijker Kristel	84	08-021	1:20.25	25m	13-3-11	Heemskerk (NED)	322
62.	Schoonderwoerd Rianne	95	08-021	1:20.43	25m	23-4-23	Den Helder (NED)	320
63.	Heus Pauline	78	08-021	1:20.50	25m	10-12-95	Heemskerk (NED)	319
63.	de Boer Maia	03	08-021	1:20.50	25m	15-12-22	Heemskerk (NED)	319
65.	Vink Marjolein	93	08-021	1:20.67	25m	9-3-08	Heemskerk (NED)	317
66.	Visser Kelly	89	08-021	1:20.89	25m	11-11-12	Schagen (NED)	314
67.	Dijkstra Ingrid	68	08-021	1:21.50	25m	21-3-82		307
67.	Dijkstra Lisette	86	08-021	1:21.50	25m	8-3-98	Zaandam (NED)	307
69.	Liefting Sarina	93	08-021	1:21.51	25m	26-11-06	Heemskerk (NED)	307
70.	Butter Anouk	82	08-021	1:21.54	25m	26-2-04	Heemskerk (NED)	307
71.	Limmen Karin	76	08-021	1:21.70	25m	3-4-93		305
72.	Teufer Irene	96	08-021	1:21.82	25m	25-11-07	Amsterdam (NED)	304
73.	Angenent Nienke	01	08-021	1:21.93	25m	29-3-15	Zaandam (NED)	303
74.	Besse Karen	75	08-021	1:22.00	25m	22-9-91	Zaandam (NED)	302
75.	van der Geest Saskia	73	08-021	1:22.30	25m	18-9-88	Heemskerk (NED)	298
76.	Hermans Liesbeth	66	08-021	1:22.40	25m	24-1-82		297
77.	de Wildt Maud	05	08-021	1:22.62	25m	23-4-23	Den Helder (NED)	295
78.	van Ballegooie Stefanie	86	08-021	1:22.69	25m	7-4-02	Heemskerk	294
79.	van der Horst Sacha	69	08-021	1:22.70	25m	15-3-81	Z.O. Beemster (NED)	294
79.	Schuyt Simone	75	08-021	1:22.70	25m	30-9-90	Assendelft (NED)	294
81.	Tholen Kirsten	66	08-021	1:22.80	25m	6-10-85	Wormerveer (NED)	293
82.	van Giezen Corina	68	08-021	1:22.90	25m	7-2-82		292
83.	Zwaan Melissa	91	08-021	1:23.08	25m	28-12-03	Maastricht (NED)	290
84.	Zonneveld Cindy	75	08-021	1:23.30	25m	24-4-93		288
85.	van Langelaar Tessa	97	08-021	1:23.59	25m	21-4-13	Heemskerk (NED)	285
86.	van Rookhuizen Sieta	79	08-021	1:23.60	25m	17-3-94	Heemskerk	285
87.	Renkema Iris	04	08-021	1:23.71	25m	12-2-17	Purmerend (NED)	284
88.	de Boer Claudia	77	08-021	1:23.80	25m	24-2-91	Heemskerk (NED)	283

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88.	Krouwels Tanja	79	08-021	1:23.80	25m	15-2-98	Assendelft (NED)	283
90.	Zwarthoed Brenda	96	08-021	1:24.08	25m	27-3-08	Heemskerk (NED)	280
91.	Bakkum Wilma	62	08-021	1:24.20	25m	12-10-80	Wormerveer (NED)	279
92.	de Ruijter Linda	87	08-021	1:24.44	25m	10-12-15	Heemskerk (NED)	276
93.	Oudendijk Bianca	79	08-021	1:24.60	25m	15-10-94		275
94.	Huisman Jolanda	68	08-021	1:24.80	25m	12-2-84	Heemskerk (NED)	273
95.	Dreyer Elly	63	08-021	1:24.90	25m	27-1-80	Zaandam (NED)	272
95.	Deiman Caroline	67	08-021	1:24.90	25m	18-2-89		272
97.	van Koeveringe Nicole	93	08-021	1:24.93	25m	24-9-09	Heemskerk (NED)	272
98.	Moolevliet Petra	82	08-021	1:25.10	25m	6-4-96	Haarlem (NED)	270
99.	ten Cate Joyce	80	08-021	1:25.11	25m	4-5-00	Heemskerk (NED)	270
100.	van Huisstede Nikita	01	08-021	1:25.15	25m	10-12-15	Heemskerk (NED)	269
101.	Hofland Yasmin	01	08-021	1:25.18	25m	15-11-15	Purmerend (NED)	269
101.	van Rijn Sydney	03	08-021	1:25.18	25m	29-11-18	Heemskerk (NED)	269
103.	Smid Diane	65	08-021	1:25.48	25m	13-5-07	Grootebroek (NED)	266
104.	Visser Stacey	87	08-021	1:25.65	25m	22-4-01	Heemskerk (NED)	265
105.	Steenbakker Lisan	07	08-021	1:25.79	25m	7-12-23	Heemskerk (NED)	263
106.	Zonneveld Melissa	88	08-021	1:25.90	25m	13-3-05	Amsterdam (NED)	262
107.	Bruin Adri	74	08-021	1:26.00	25m	30-9-89		262
108.	Schaefer Lisa	06	08-021	1:26.24	25m	13-10-19	Heemskerk (NED)	259
109.	Herwegh Yara	07	08-021	1:26.28	25m	24-10-24	Heemskerk (NED)	259
110.	de Vriend Sofie	01	08-021	1:26.36	25m	3-6-12	Zaandam (NED)	258
111.	van Galen Angela	65	08-021	1:26.40	25m	2-3-80	Heemskerk (NED)	258
112.	Bouwman Esther	63	08-021	1:26.50	25m	19-2-78	Assendelft (NED)	257
112.	van Sikkelerus Lisa	99	08-021	1:26.50	25m	7-4-13	Castricum (NED)	257
114.	Hogema Fabiën	93	08-021	1:26.65	25m	26-11-06	Heemskerk (NED)	256
115.	Vredenburg Roos	95	08-021	1:26.82	25m	11-4-10	Zaandam (NED)	254
116.	Veldhuis Amelia	03	08-021	1:26.93	25m	23-4-23	Den Helder (NED)	253
117.	van Velsen Patricia	79	08-021	1:27.50	25m	27-4-95	Heemskerk (NED)	248
118.	Rodenburg Rianne	93	08-021	1:27.57	25m	26-11-06	Heemskerk (NED)	248
119.	Bakker Jesca	79	08-021	1:27.60	25m	31-5-90	Heemskerk (NED)	247
120.	van de Kamp Yvonne	65	08-021	1:27.70	25m	17-1-82		247
121.	Knight Kayleigh	00	08-021	1:27.94	25m	1-10-17	Purmerend (NED)	245
122.	Nijholt Carin	60	08-021	1:28.00	25m	21-5-78	Heemskerk (NED)	244
123.	Hoek Laura	86	08-021	1:28.30	25m	21-12-99	Heemskerk (NED)	242
124.	Cappelle Carljin	82	08-021	1:28.79	25m	11-10-98	Alkmaar (NED)	238
125.	de Groot Gitta	60	08-021	1:29.00	25m	10-12-77	Heemskerk (NED)	236
126.	van Giezen Wendy	70	08-021	1:29.10	25m	22-1-84	Zandvoort (NED)	235
127.	de Vries Chrissie	93	08-021	1:29.29	25m	31-5-07	Heemskerk (NED)	234
128.	ten Cate Ilona	85	08-021	1:29.42	25m	27-11-05	Heemskerk (NED)	233
129.	van Vliet Isabel	02	08-021	1:29.43	25m	18-3-18	Purmerend (NED)	232
130.	Niesten Annet	62	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
130.	Lund Karin	63	08-021	1:29.50	25m	19-2-78	Assendelft (NED)	232
132.	Koper Birgit	87	08-021	1:29.51	25m	24-4-03	Heemskerk	232
133.	Ivens Suzanne	99	08-021	1:29.53	25m	18-1-15	Zaandam (NED)	232
134.	Plokker Sylvia	68	08-021	1:29.60	25m	1-11-81	Bergen (NED)	231
135.	Lindelauf Priscilla	85	08-021	1:29.69	25m	29-3-01	Heemskerk (NED)	230
136.	Palthe Yvonne	67	08-021	1:29.80	25m	18-10-81	Heemskerk (NED)	230
136.	Besse Meta	78	08-021	1:29.80	25m	10-3-91	Heemskerk (NED)	230
138.	Buur Cindy	99	08-021	1:29.89	25m	2-10-16	Purmerend (NED)	229
139.	Schaaper Margriet	62	08-021	1:30.20	25m	7-5-78	Assendelft (NED)	227
139.	Berloth Lydia	68	08-021	1:30.20	25m	6-2-83		227
141.	Bakker Daniëlle	96	08-021	1:30.22	25m	18-1-09	Haarlem (NED)	226

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142.	Visser Robin	05	08-021	1:30.29	25m	18-3-18	Purmerend (NED)	226
143.	Windmuller Annemarie	67	08-021	1:30.40	25m	16-3-80	Zandvoort (NED)	225
143.	Limmen Miriam	75	08-021	1:30.40	25m	7-12-89	Heemskerk (NED)	225
143.	Oosterveen Yvonne	80	08-021	1:30.40	25m	7-10-92		225
146.	de Boer Angela	80	08-021	1:30.50	25m	17-3-94	Heemskerk	224
147.	Steenkamp Ciska	90	08-021	1:30.64	25m	10-6-01	Zaandam (NED)	223
148.	Huisman Caroline	64	08-021	1:30.70	25m	12-2-78	Heemskerk (NED)	223
149.	Dijkstra Maud	84	08-021	1:31.10	25m	26-4-98	Alkmaar (NED)	220
150.	Bos Marieke	06	08-021	1:31.19	25m	10-2-19	Purmerend (NED)	219
151.	Visser Shana	04	08-021	1:31.27	25m	28-3-16	Haarlem (NED)	219
152.	Limmen Anita	78	08-021	1:31.50	25m	25-4-93	Heemskerk (NED)	217
153.	Nijman José	93	08-021	1:31.55	25m	27-3-08	Heemskerk (NED)	217
154.	Peters Yvonne	63	08-021	1:31.60	25m	6-10-85	Wormerveer (NED)	216
155.	Rasch Monique	66	08-021	1:31.70	25m	16-1-83	Heemskerk (NED)	216
155.	Nemchonok Alisa	82	08-021	1:31.70	25m	28-1-99	Heemskerk (NED)	216
157.	Raszinski Nienke	01	08-021	1:31.81	25m	11-5-14	Purmerend (NED)	215
158.	Missot Gonda	66	08-021	1:31.90	25m	15-9-79	Heemskerk (NED)	214
159.	van Leeuwen Andrea	71	08-021	1:32.20	25m	7-1-84	Hilversum (NED)	212
160.	de Graaf Dinie	71	08-021	1:32.30	25m	23-9-84	Heemskerk (NED)	211
161.	de Vries Justine	83	08-021	1:32.50	25m	13-3-97	Heemskerk (NED)	210
162.	Grul Lisanne	97	08-021	1:32.51	25m	22-1-12	Zaandam (NED)	210
163.	Sobh Shaime	03	08-021	1:32.54	25m	4-10-15	Purmerend (NED)	210
164.	Stel Kaylin	01	08-021	1:32.72	25m	5-4-10	Haarlem (NED)	209
165.	de Wolff Isabel	01	08-021	1:33.06	25m	10-12-15	Heemskerk (NED)	206
166.	Wieman Lianne	03	08-021	1:33.13	25m	18-1-18	Heemskerk (NED)	206
167.	Hommersen Sandra	84	08-021	1:33.30	25m	13-3-97	Heemskerk (NED)	205
168.	Oortwijn Jytte	10	08-021	1:33.36	25m	11-12-25	Heemskerk (NED)	204
169.	van Giezen Sandra	63	08-021	1:33.40	25m	16-1-83	Heemskerk (NED)	204
170.	Huneker Jolanda	79	08-021	1:33.50	25m	21-9-97	Alkmaar (NED)	203
171.	de Vries Cathy	77	08-021	1:33.90	25m	2-11-91		201
172.	Schut Bodine	09	08-021	1:34.27	25m	31-10-21	Heemskerk (NED)	198
173.	Regelink Anneke	83	08-021	1:34.30	25m	28-1-99	Heemskerk (NED)	198
174.	van Perlo Ingrid	73	08-021	1:34.50	25m	7-10-84	Volendam (NED)	197
175.	de Graaf Isabella	04	08-021	1:34.67	25m	17-2-22	Heemskerk (NED)	196
176.	van Rijn Eline	07	08-021	1:34.77	25m	27-11-16	Zaandam (NED)	195
177.	Soellaart Esther	13	08-021	1:35.09	25m	11-12-25	Heemskerk (NED)	193
178.	de Jong Desire	73	08-021	1:35.10	25m	27-9-87	Zaandam (NED)	193
179.	Wiegman Brenda	72	08-021	1:35.30	25m	7-10-84	Volendam (NED)	192
180.	Bruin Marianne	78	08-021	1:35.40	25m	7-2-91	Heemskerk (NED)	191
181.	Hoorn Linsey	94	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)	225
182.	Zonneveld Monica	80	08-021	1:35.50	25m	7-10-92		191
183.	Beentjes Nicolet	80	08-021	1:35.51	25m	7-3-99	Zaandam (NED)	191
184.	Weezepoel Natascha	07	08-021	1:35.68	25m	21-11-21	Den Helder (NED)	190
185.	Viel Bianca	85	08-021	1:35.95	25m	4-5-00	Heemskerk (NED)	188
186.	de Loos Marijke	94	08-021	1:36.07	25m	7-2-10	Heemstede (NED)	187
187.	Mulder Amy	80	08-021	1:36.10	25m	21-2-93	(NED)	187
188.	van Giezen Irene	67	08-021	1:36.30	25m	29-11-81	Zaandam (NED)	186
189.	Mosch Sabina	84	08-021	1:36.36	25m	22-11-98	Zaandam (NED)	186
190.	Pover Ellen	72	08-021	1:36.50	25m	7-1-84	Hilversum (NED)	185
191.	van Kooten Cynthia	93	08-021	1:36.58	25m	26-11-06	Heemskerk (NED)	184
192.	Sahin Sümeyye Sena	10	08-021	1:36.62	25m	7-12-23	Heemskerk (NED)	184
193.	de Groot Linda	81	08-021	1:36.84	25m	28-1-99	Heemskerk (NED)	183
194.	Bos Chantal	74	08-021	1:37.20	25m	29-11-87	Amstelveen (NED)	181

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195.	Bouwer Jolien	89	08-021	1:37.53	50m	20-10-02	Beverwijk (NED)	211
196.	Ardicyaka Irem	06	08-021	1:37.68	25m	7-11-19	Heemskerk (NED)	178
197.	Terhorst Ilja	67	08-021	1:37.90	25m	27-4-80	Assendelft (NED)	177
198.	Dijkstra Janet	77	08-021	1:38.00	25m	19-2-89	Heemskerk (NED)	177
199.	de Boer Isabel	06	08-021	1:38.26	25m	11-6-16	Zaandam (NED)	175
200.	Lund Jolanda	65	08-021	1:38.60	25m	31-5-80	Heemskerk (NED)	173
201.	de Groot Marlijn	92	08-021	1:38.61	25m	28-11-04	Heemskerk (NED)	173
202.	Beeksma Anne	88	08-021	1:38.98	25m	18-11-01	Heemskerk	171
203.	Ligterink Angela	76	08-021	1:39.00	25m	15-3-87	Heemskerk (NED)	171
204.	Munnik Yvonne	64	08-021	1:39.50	25m	10-12-77	Heemskerk (NED)	169
205.	de Groot Sjors	08	08-021	1:39.57	25m	7-12-23	Heemskerk (NED)	168
206.	Boere Sacha	91	08-021	1:39.68	25m	31-3-05	Heemskerk (NED)	168
207.	van der Horst Wendy	72	08-021	1:39.90	25m	6-2-83		167
208.	Essers Patricia	84	08-021	1:39.94	25m	11-3-01	Zaandam (NED)	166
209.	van den Braber Liesbeth	84	08-021	1:40.10	25m	12-2-98	Heemskerk (NED)	166
210.	Molenaar Eline	82	08-021	1:40.14	50m	7-5-00	Beverwijk (NED)	195
211.	Bos Annelies	74	08-021	1:40.60	25m	29-11-87	Amstelveen (NED)	163
212.	Butter Noor	16	08-021	1:40.66	25m	11-12-25	Heemskerk (NED)	163
213.	van der Eng Laura	80	08-021	1:40.70	25m	14-3-96	Heemskerk (NED)	163
214.	Aafjes Suzan	69	08-021	1:40.80	25m	13-4-80	Zaandam (NED)	162
215.	Smit Lydia	84	08-021	1:40.89	25m	28-1-99	Heemskerk (NED)	162
216.	Cappelle Marcella	85	08-021	1:41.20	25m	26-4-98	Alkmaar (NED)	160
217.	Venema Jalina	04	08-021	1:41.25	25m	17-11-16	Heemskerk (NED)	160
218.	Mes Norah	13	08-021	1:41.36	25m	5-10-25	Purmerend (NED)	160
219.	Dekker Danyk	94	08-021	1:41.44	25m	27-3-08	Heemskerk (NED)	159
220.	van Leen Cynthia	81	08-021	1:41.50	25m	2-5-96	Heemskerk (NED)	159
221.	van Putten Demi	96	08-021	1:41.68	25m	4-11-10	Heemskerk (NED)	158
222.	Horst Diana	67	08-021	1:42.00	25m	2-11-80	Castricum (NED)	157
223.	Tilgenkamp Lentley	13	08-021	1:42.07	25m	11-12-25	Heemskerk (NED)	156
224.	Hoekstra Karin	76	08-021	1:42.10	25m	15-1-88		156
224.	van Ederen Jasmijn	10	08-021	1:42.10	25m	2-6-19	Hoofddorp (NED)	156
226.	Bakker Anna	97	08-021	1:42.31	25m	24-9-09	Heemskerk (NED)	155
227.	Feenstra Petra	71	08-021	1:42.40	25m	23-9-84	Heemskerk (NED)	155
228.	Bruins Julia	06	08-021	1:42.70	25m	24-10-24	Heemskerk (NED)	153
229.	Martens Iandra	03	08-021	1:43.23	25m	17-1-16	Purmerend (NED)	151
230.	Dijkstra Pascal	89	08-021	1:43.47	50m	2-5-99	Beverwijk (NED)	177
231.	Last Rooske	94	08-021	1:43.61	25m	4-11-10	Heemskerk (NED)	149
232.	Dekker Elise	97	08-021	1:43.77	25m	5-2-06	Zaandam (NED)	149
233.	Zeeman Judith	70	08-021	1:44.30	25m	7-2-82		146
234.	Hoogervorst Marlon	84	08-021	1:44.40	25m	20-10-94	Heemskerk (NED)	146
235.	Buitenhuis Danine	91	08-021	1:44.67	25m	19-12-02	Heemskerk	145
235.	Gelsumino Giulia	03	08-021	1:44.67	25m	10-12-15	Heemskerk (NED)	145
237.	Halbersma Jenny	70	08-021	1:44.90	25m	16-1-83	Heemskerk (NED)	144
238.	Jansen Pauline	67	08-021	1:45.10	25m	6-2-83		143
239.	Bok Femke	74	08-021	1:45.30	25m	12-2-84	Heemskerk (NED)	142
240.	Haack Fenna	16	08-021	1:45.33	25m	11-12-25	Heemskerk (NED)	142
241.	Smit Ingrid	67	08-021	1:45.40	25m	27-4-80	Assendelft (NED)	142
242.	Walraven Annet	62	08-021	1:45.50	25m	10-12-77	Heemskerk (NED)	141
243.	Calkhoven Mariëtte	65	08-021	1:45.90	25m	27-11-77	IJmuiden (NED)	140
244.	Zijlstra Mariëlle	83	08-021	1:46.00	25m	4-2-96	Heerhugowaard (NED)	139
245.	Meesters Audrey	90	08-021	1:46.39	25m	24-4-03	Heemskerk	138
246.	Rodenburg Kyra	96	08-021	1:46.59	25m	8-10-06	Zaandam (NED)	137
247.	Schelvis Liselot	92	08-021	1:46.68	25m	29-9-02	Zaandam (NED)	137

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248.	Bakker Lisette	83	08-021	1:46.80	25m	17-5-98	Heemskerk (NED)	136
249.	Kuijper Michelle	91	08-021	1:46.86	25m	13-1-02	Zaandam	136
249.	Beentjes Daphne	91	08-021	1:46.86	25m	26-2-04	Heemskerk (NED)	136
251.	Koopman Jessie	97	08-021	1:47.15	25m	21-3-10	Zaandam (NED)	135
252.	van Dijk Yvonne	65	08-021	1:47.50	25m	10-12-77	Heemskerk (NED)	134
253.	van der Werf Chily	72	08-021	1:48.10	25m	12-2-84	Heemskerk (NED)	131
254.	Hoeksema Kim	90	08-021	1:48.14	25m	13-1-02	Zaandam	131
255.	Aardenburg Judith	93	08-021	1:48.60	25m	3-4-05	Zaandam (NED)	130
256.	van der Wijden Eline	88	08-021	1:48.69	25m	14-12-00	Heemskerk (NED)	129
257.	Potemans Priscilla	84	08-021	1:48.80	25m	30-8-97	Assendelft (NED)	129
258.	Doodeman Sara	00	08-021	1:49.03	25m	31-10-10	Zaandam (NED)	128
259.	van Perlo Carla	75	08-021	1:49.10	25m	12-2-84	Heemskerk (NED)	128
260.	Salido Keesje	05	08-021	1:49.39	25m	19-4-15	Zaandam (NED)	127
261.	Terluin Suus	09	08-021	1:49.54	25m	12-1-20	Purmerend (NED)	126
262.	van der Does Lisa	02	08-021	1:49.90	25m	19-1-14	Zaandam (NED)	125
263.	Koper Selma	03	08-021	1:50.37	25m	9-12-12	Zaandam (NED)	123
264.	van den Heuvel Sandra	80	08-021	1:50.90	25m	3-12-89	Zaandam (NED)	122
265.	Keessen Pam	62	08-021	1:51.40	25m	10-12-77	Heemskerk (NED)	120
266.	Copier Alyssa	04	08-021	1:51.54	25m	9-6-13	Zaandam (NED)	120
267.	Yayli Serina	90	08-021	1:51.71	25m	17-11-02	Heemskerk	119
268.	Kesting Alexandra	00	08-021	1:51.86	25m	16-1-11	Zaandam (NED)	119
269.	Elghandor Kiyaan	03	08-021	1:52.88	25m	18-1-15	Zaandam (NED)	115
270.	van Laarhoven Salome	15	08-021	1:52.95	25m	11-12-25	Heemskerk (NED)	115
271.	Rijpkema Marije	85	08-021	1:53.26	25m	28-3-02	Heemskerk	114
272.	Sierra Ana Maria	69	08-021	1:53.30	25m	18-1-81	Zaandam (NED)	114
273.	Oosterveen Sandra	83	08-021	1:53.50	25m	3-3-92	Heemskerk (NED)	113
274.	Pezo Adna	90	08-021	1:53.69	25m	22-4-01	Heemskerk (NED)	113
275.	Welboren Julia	00	08-021	1:54.97	25m	11-12-11	Zaandam (NED)	109
276.	van Roon Jill	14	08-021	1:55.38	25m	12-10-25	Heemskerk (NED)	108
277.	Nijman Linda	89	08-021	1:55.81	25m	22-4-01	Heemskerk (NED)	107
278.	Koper Ella	90	08-021	1:55.88	25m	13-1-02	Zaandam	107
279.	Bovekerk Annefleur	99	08-021	1:55.94	25m	14-11-10	Castricum (NED)	106
280.	Doll Maartje	80	08-021	1:56.40	25m	24-4-93		105
281.	Huisman Lianne	87	08-021	1:57.25	25m	19-11-00	Zaandam (NED)	103
282.	Lensen Sarian	89	08-021	1:57.33	25m	17-11-02	Heemskerk	103
283.	Gooijer Roos	97	08-021	1:57.81	25m	17-1-10	Amsterdam-oost (NED)	101
284.	Verhagen Sabine	71	08-021	1:57.90	25m	23-9-84	Heemskerk (NED)	101
285.	van Noort Jony	85	08-021	1:58.50	25m	10-3-96	Zaandam (NED)	100
286.	Broers Margot	63	08-021	1:58.60	25m	10-12-77	Heemskerk (NED)	99
287.	Eijndhoven Jonna	02	08-021	1:58.71	25m	7-10-12	Zaandam (NED)	99
288.	Zonneveld Jennifer	88	08-021	1:58.72	25m	18-11-01	Heemskerk	99
289.	van Duivenvoorde Sanne	93	08-021	2:00.19	25m	29-9-02	Zaandam (NED)	95
290.	Liefting Marielle	90	08-021	2:00.22	25m	31-1-02	Heemskerk	95
291.	Huber Emma	13	08-021	2:00.25	25m	12-10-25	Heemskerk (NED)	95
292.	Boonstra Esmé	02	08-021	2:01.14	25m	20-1-13	Heemskerk (NED)	93
293.	Haack Zowi	18	08-021	2:03.16	25m	11-12-25	Heemskerk (NED)	89
294.	van Rijn Ilona	65	08-021	2:03.20	25m	10-12-77	Heemskerk (NED)	89
295.	Werdekker Marjolein	81	08-021	2:03.90	25m	10-10-96	Heemskerk (NED)	87
296.	Kerkhoven Michelle	91	08-021	2:04.19	50m	26-5-01	Beverwijk (NED)	102
297.	Reuderink Miranda	63	08-021	2:04.40	25m	10-12-77	Heemskerk (NED)	86
298.	Snijder Femke	83	08-021	2:04.70	25m	24-4-93		85
299.	Morianner Susanna	72	08-021	2:05.00	25m	11-10-81	Heemskerk (NED)	85
300.	van Hiele Femke	13	08-021	2:06.20	25m	11-12-25	Heemskerk (NED)	82

100 rugslag (sinds 301)

301. Werdekker Esther	83	08-021	2:06.30	25m	10-10-96	Heemskerk (NED)	82
302. Sanen Casey	99	08-021	2:08.28	25m	24-9-09	Heemskerk (NED)	78
303. Hoekstra Femke	05	08-021	2:08.44	25m	12-12-13	Heemskerk (NED)	78
304. Schijf Irene	83	08-021	2:08.90	25m	20-11-94	Wormerveer (NED)	77
305. van Dam Merel	14	08-021	2:09.57	25m	11-12-25	Heemskerk (NED)	76
306. van der Pijl Madelon	89	08-021	2:12.68	25m	24-9-98	Heemskerk (NED)	71
307. van der Leden Cynthia	66	08-021	2:18.20	25m	10-12-77	Heemskerk (NED)	63
308. Hol Manouk	05	08-021	2:18.53	25m	30-10-14	Heemskerk (NED)	62
309. Reeuwijk Danielle	70	08-021	2:19.00	25m	4-11-79	Zaandam (NED)	62
310. Reiss Katinka	65	08-021	2:24.90	25m	10-12-77	Heemskerk (NED)	54
310. Janssen Tess	89	08-021	2:24.90	25m	1-3-98	Zaandam (NED)	54
312. Bruins Bianca	81	08-021	2:34.50	25m	10-10-96	Heemskerk (NED)	45
313. van der Stigchel Samantha	96	08-021	2:40.85	25m	27-3-08	Heemskerk (NED)	40
314. Dijkstra Miranda	72	08-021	2:41.20	25m	27-9-80	Heemskerk (NED)	39

200 rugslag

1. Schelvis Femke	84	08-021	2:26.44	25m	10-10-99	Zaandam (NED)	539
2. Kingma Danae	00	08-021	2:27.57	25m	18-3-18	Purmerend (NED)	527
3. Broek Jade	97	08-021	2:30.24	25m	16-11-19	Hoofddorp (NED)	499
4. van 't Veer Iris	03	08-021	2:35.01	25m	16-11-19	Hoofddorp (NED)	455
5. Crok Linda	94	08-021	2:36.36	25m	11-4-10	Zaandam (NED)	443
6. Groen Anne	95	08-021	2:36.71	25m	29-1-23	Heemskerk (NED)	440
7. Hoekstra Eline	03	08-021	2:36.92	25m	29-1-23	Heemskerk (NED)	438
8. Koper Fiona	01	08-021	2:37.77	25m	18-3-18	Purmerend (NED)	431
9. Kleijne Daisy	89	08-021	2:38.20	25m	10-4-05	Zuidoost-Beemster (NED)	428
10. de Graaf Annemiek	70	08-021	2:39.30	25m	13-4-86		419
11. Schelvis Roos	86	08-021	2:39.57	25m	19-11-00	Zaandam (NED)	417
12. Smit Sanne	01	08-021	2:40.69	25m	18-3-18	Purmerend (NED)	408
13. Gijzen-van der Kroft Nicole	84	08-021	2:40.92	25m	14-12-00	Heemskerk (NED)	406
14. Palmboom Nicole	91	08-021	2:41.16	25m	9-3-08	Heemskerk (NED)	404
15. Stel Serena	98	08-021	2:41.22	25m	21-3-10	Zaandam (NED)	404
16. Wentink Yara	04	08-021	2:42.13	25m	21-10-18	Purmerend (NED)	397
17. Meijer Sylvia	81	08-021	2:42.31	25m	24-9-98	Heemskerk (NED)	396
18. Hulshof Saskia	73	08-021	2:42.50	25m	4-11-89		394
19. Koster Lisa	94	08-021	2:42.59	25m	21-10-07	Zaandam (NED)	394
20. Crok Annemarie	89	08-021	2:42.61	25m	14-3-04	Zaandam	394
21. Mallon Danique	94	08-021	2:42.74	25m	11-4-10	Zaandam (NED)	393
22. Siemerink Laura	04	08-021	2:42.93	25m	8-2-26	Purmerend (NED)	391
23. Poppema Yvonne	68	08-021	2:43.10	25m	31-12-83		390
24. Kramer Miranda	80	08-021	2:43.40	25m	10-10-96	Heemskerk (NED)	388
25. Vink Lidewij	90	08-021	2:43.41	25m	9-3-08	Heemskerk (NED)	388
26. Petit Kirsten	00	08-021	2:43.44	25m	18-3-18	Purmerend (NED)	388
27. Meijer Linda	77	08-021	2:43.60	25m	14-10-93	Heemskerk	387
28. Stins Mariska	84	08-021	2:44.24	25m	16-3-03	Heemskerk	382
29. van Eerden Meike	00	08-021	2:44.82	25m	10-2-19	Purmerend (NED)	378
30. Koopman Anitra	89	08-021	2:45.89	25m	27-11-05	Heemskerk (NED)	371
31. Niesten Iris	92	08-021	2:45.90	25m	14-3-10	Heemskerk (NED)	371
32. Hoek Daniëlle	88	08-021	2:45.92	25m	13-11-11	Zaandam (NED)	371
33. Buur Naomi	01	08-021	2:46.99	25m	15-5-16	Purmerend (NED)	363
34. van der Gracht Anouk	89	08-021	2:47.36	25m	16-11-14	Zaandam (NED)	361
35. Essers Sanne	91	08-021	2:47.45	25m	21-10-07	Zaandam (NED)	360
36. de Haan Shira	00	08-021	2:47.64	25m	30-12-16	Leeuwarden (NED)	359

200 rugslag (sinds 37)

37.	de Boer Irene	84	08-021	2:48.00	25m	17-1-99	Heemskerk (NED)	357
38.	Jongema Helena	80	08-021	2:48.46	25m	23-1-09	Vlissingen (NED)	354
39.	Drubers Mirjam	67	08-021	2:48.60	25m	7-10-84	Volendam (NED)	353
40.	van Honk Chantal	80	08-021	2:48.80	25m	18-4-92	Volendam (NED)	352
41.	de Roode Xara	08	08-021	2:48.84	25m	9-3-25	Purmerend (NED)	352
42.	Blaauw Yente	03	08-021	2:49.15	25m	19-3-17	Zaandam (NED)	350
43.	Zonneveld Chantal	84	08-021	2:49.17	25m	31-1-02	Heemskerk	350
44.	Verbree Bets	63	08-021	2:49.20	25m	13-3-83	Castricum (NED)	349
45.	van Assema Eline	05	08-021	2:49.34	25m	16-11-19	Hoofddorp (NED)	349
46.	Haasbroek Renske	03	08-021	2:50.14	25m	2-2-25	Den Helder (NED)	344
47.	Boekling Annette	85	08-021	2:50.40	25m	31-1-02	Heemskerk	342
48.	Groot Tineke	60	08-021	2:50.90	25m	2-11-80	Castricum (NED)	339
49.	Windmuller Wendy	69	08-021	2:53.00	25m	10-4-83	Heemskerk (NED)	327
50.	Stam Sabrina	82	08-021	2:53.50	50m	9-11-97	Beverwijk (NED)	365
51.	van Duin Margret	60	08-021	2:54.20	25m	12-3-78	Zaandam (NED)	320
51.	van Staveren Marina	78	08-021	2:54.20	25m	7-1-12	Zwolle (NED)	320
53.	Scholten Britt	04	08-021	2:54.24	25m	13-1-19	Purmerend (NED)	320
54.	Zwarthoed Brenda	96	08-021	2:55.06	25m	16-3-08	Zaandam (NED)	315
55.	Stam Vanessa	80	08-021	2:55.12	25m	11-10-98	Alkmaar (NED)	315
56.	van Koeveringe Nicole	93	08-021	2:56.91	25m	23-4-09	Heemskerk (NED)	306
57.	Vink Marjolein	93	08-021	2:57.16	25m	23-4-09	Heemskerk (NED)	304
58.	Teufer Irene	96	08-021	2:57.19	25m	16-12-07	Zaandam (NED)	304
59.	van de Poll Marianne	89	08-021	2:57.21	25m	5-10-03	Heemskerk (NED)	304
60.	Besse Karen	75	08-021	2:57.40	25m	1-11-89		303
61.	van der Geest Saskia	73	08-021	2:57.80	25m	1-11-89		301
62.	de Groot Daniëlle	93	08-021	2:58.02	25m	25-11-07	Amsterdam (NED)	300
63.	Tholen Kirsten	66	08-021	2:58.10	25m	14-3-82		300
64.	Dijkstra Ingrid	68	08-021	2:58.20	25m	24-1-82		299
65.	Visser Kelly	89	08-021	2:58.26	25m	10-11-13	Zaandam (NED)	299
66.	Renkema Iris	04	08-021	2:58.37	25m	19-3-17	Zaandam (NED)	298
67.	van Giezen Corina	68	08-021	2:58.90	25m	7-3-82		296
68.	van Ballegooie Simone	84	08-021	2:59.07	25m	17-3-02	Zaandam	295
69.	Heus Pauline	78	08-021	2:59.50	25m	12-10-95	Heemskerk (NED)	293
70.	de Vriend Sofie	01	08-021	2:59.87	25m	9-12-12	Zaandam (NED)	291
71.	de Wildt Maud	05	08-021	3:00.20	25m	13-3-22	Den Helder (NED)	289
72.	Hofland Yasmin	01	08-021	3:00.29	25m	18-3-18	Purmerend (NED)	289
73.	Schuyt Simone	75	08-021	3:00.30	25m	3-5-90	Heemskerk (NED)	289
74.	Visser Stacey	87	08-021	3:00.50	25m	11-3-01	Zaandam (NED)	288
75.	Butter Anouk	82	08-021	3:00.58	25m	28-10-04	Heemskerk (NED)	287
76.	Limmen Karin	76	08-021	3:00.60	25m	6-11-93		287
77.	Dijkstra Lisette	86	08-021	3:01.00	25m	21-1-99	Heemskerk (NED)	285
78.	Moolevliet Petra	82	08-021	3:01.10	25m	12-10-95	Heemskerk (NED)	285
79.	Oudendijk Bianca	79	08-021	3:01.20	25m	17-3-96	Heemskerk (NED)	284
80.	Zonneveld Cindy	75	08-021	3:01.50	25m	14-10-93	Heemskerk	283
81.	van Langelaar Tessa	97	08-021	3:02.22	25m	1-4-12	Zaandam (NED)	280
82.	Krouwels Tanja	79	08-021	3:02.23	25m	11-10-98	Alkmaar (NED)	280
83.	van Rookhuizen Sieta	79	08-021	3:02.30	25m	10-4-94	Assendelft	279
84.	Vredenburg Roos	95	08-021	3:03.06	25m	14-3-10	Heemskerk (NED)	276
85.	Mosch Sabina	84	08-021	3:03.18	25m	19-12-02	Heemskerk	275
86.	de Boer Claudia	77	08-021	3:03.30	25m	8-11-90	Heemskerk (NED)	275
87.	Dreyer Elly	63	08-021	3:03.50	25m	16-11-80	Haarlem (NED)	274
88.	Bakkum Wilma	62	08-021	3:04.30	25m	25-11-79	Heemskerk (NED)	270
89.	Angenent Nienke	01	08-021	3:04.56	25m	15-12-13	Zaandam (NED)	269

200 rugslag (sinds 90)

90.	ten Cate Joyce	80	08-021	3:04.65	25m	19-3-06	Heemskerk (NED)	269
91.	de Ruijter Linda	87	08-021	3:05.06	25m	19-12-02	Heemskerk	267
92.	van der Horst Sacha	69	08-021	3:05.40	25m	10-4-83	Heemskerk (NED)	265
93.	van Ballegooie Stefanie	86	08-021	3:05.54	25m	7-10-01	Zaandam (NED)	265
94.	de Boer Maia	03	08-021	3:05.75	25m	14-1-18	Purmerend (NED)	264
95.	Hoek Laura	86	08-021	3:06.20	25m	12-3-00	Heemskerk (NED)	262
96.	Hogema Fabiën	93	08-021	3:06.51	25m	18-3-07	Heemskerk (NED)	261
97.	Liefting Sarina	93	08-021	3:06.62	25m	18-3-07	Heemskerk (NED)	260
98.	Rodenburg Rianne	93	08-021	3:07.83	25m	19-3-06	Heemskerk (NED)	255
99.	Bakker Jesca	79	08-021	3:08.20	25m	3-5-90	Heemskerk (NED)	254
100.	Veldhuis Amelia	03	08-021	3:08.63	25m	13-1-19	Purmerend (NED)	252
101.	van Galen Angela	65	08-021	3:09.10	25m	11-4-81	Heemskerk (NED)	250
101.	van de Kamp Yvonne	65	08-021	3:09.10	25m	17-5-81	Castricum (NED)	250
103.	Herwegh Binthy	09	08-021	3:09.47	50m	10-6-23	Bückeburg (GER)	280
104.	Hermans Liesbeth	66	08-021	3:09.50	25m	28-11-81	Heemskerk (NED)	249
104.	Deiman Caroline	67	08-021	3:09.50	25m	1-11-89		249
106.	van Velsen Patricia	79	08-021	3:10.70	25m	17-3-96	Heemskerk (NED)	244
107.	Knight Kayleigh	00	08-021	3:11.31	25m	12-3-17	Purmerend (NED)	242
108.	Bouwman Esther	63	08-021	3:12.70	25m	22-4-78	Heemskerk (NED)	236
109.	van Sikkelerus Lisa	99	08-021	3:12.98	25m	18-3-12	Zaandam (NED)	235
110.	de Vries Chrissie	93	08-021	3:13.10	25m	18-3-07	Heemskerk (NED)	235
111.	ten Cate Ilona	85	08-021	3:13.34	25m	19-3-06	Heemskerk (NED)	234
112.	Besse Meta	78	08-021	3:13.80	25m	13-10-93		232
113.	de Vries Justine	83	08-021	3:13.90	25m	12-1-97	Heemskerk (NED)	232
114.	Raszinski Nienke	01	08-021	3:15.07	25m	22-12-13	Zaandam (NED)	228
115.	Hommersen Sandra	84	08-021	3:15.40	25m	10-10-96	Heemskerk (NED)	227
116.	Huisman Jolanda	68	08-021	3:15.60	25m	11-4-81	Heemskerk (NED)	226
117.	Lindelauf Priscilla	85	08-021	3:16.11	25m	14-12-00	Heemskerk (NED)	224
118.	Limmen Anita	78	08-021	3:16.80	25m	14-10-93	Heemskerk	222
119.	van Rijn Sydney	03	08-021	3:17.33	25m	2-10-16	Purmerend (NED)	220
120.	Cappelle Carlijn	82	08-021	3:17.50	25m	11-9-97	Heemskerk (NED)	220
121.	Bouwer Jolien	89	08-021	3:17.54	25m	16-3-03	Heemskerk	219
122.	de Boer Angela	80	08-021	3:17.80	25m	19-10-94		219
123.	Pover Karin	67	08-021	3:17.90	25m	14-3-82		218
124.	Zonneveld Melissa	88	08-021	3:18.13	25m	23-12-04	Heemskerk (NED)	217
125.	Palthe Yvonne	67	08-021	3:18.20	25m	28-11-81	Heemskerk (NED)	217
126.	Berloth Lydia	68	08-021	3:18.50	25m	28-11-81	Heemskerk (NED)	216
127.	Visser Shana	04	08-021	3:18.71	25m	1-10-17	Purmerend (NED)	216
128.	Bos Marieke	06	08-021	3:18.77	25m	7-10-18	Purmerend (NED)	215
129.	Windmuller Annemarie	67	08-021	3:19.60	25m	16-3-80	Zandvoort (NED)	213
130.	van Vliet Isabel	02	08-021	3:19.70	25m	14-1-18	Purmerend (NED)	212
131.	Limmen Miriam	75	08-021	3:19.80	25m	2-11-89	Heemskerk (NED)	212
132.	Sobh Shaime	03	08-021	3:19.93	25m	11-10-15	Zaandam (NED)	212
133.	Bruin Marianne	78	08-021	3:20.00	25m	8-11-90	Heemskerk (NED)	211
134.	de Graaf Dinie	71	08-021	3:20.50	25m	6-10-85	Wormerveer (NED)	210
135.	Nijman José	93	08-021	3:21.14	25m	25-1-07	Heemskerk (NED)	208
136.	Viel Bianca	85	08-021	3:21.70	25m	16-12-99	Heemskerk	206
137.	Koper Birgit	87	08-021	3:22.00	25m	6-10-02	Zaandam	205
138.	Huneker Jolanda	79	08-021	3:22.09	25m	15-11-98	Assendelft (NED)	205
139.	Bruin Adri	74	08-021	3:22.20	25m	4-1-88	Zaandam (NED)	205
140.	Grul Lisanne	97	08-021	3:22.56	25m	21-3-10	Zaandam (NED)	203
141.	Wieman Lianne	03	08-021	3:22.98	25m	29-1-23	Heemskerk (NED)	202
142.	Bos Chantal	74	08-021	3:23.10	25m	4-1-88	Zaandam (NED)	202

200 rugslag (sinds 143)

143.	Plokker Sylvia	68	08-021	3:23.30	25m	11-4-81	Heemskerk (NED)	201
144.	Dijkstra Maud	84	08-021	3:23.50	25m	11-9-97	Heemskerk (NED)	201
145.	Visser Robin	05	08-021	3:24.09	25m	11-12-16	Alkmaar (NED)	199
146.	Ivens Suzanne	99	08-021	3:25.22	25m	29-3-15	Zaandam (NED)	196
147.	van Huisstede Nikita	01	08-021	3:25.31	25m	14-4-13	Zaandam (NED)	195
148.	Molenaar Eline	82	08-021	3:28.19	25m	16-12-99	Heemskerk	187
149.	Bakker Daniëlle	96	08-021	3:28.70	25m	5-10-08	Heemskerk (NED)	186
150.	de Groot Linda	81	08-021	3:29.60	25m	12-3-00	Heemskerk (NED)	184
151.	Buur Cindy	99	08-021	3:29.65	25m	6-3-16	Purmerend (NED)	183
152.	Peters Yvonne	63	08-021	3:30.60	25m	7-10-84	Volendam (NED)	181
153.	van Kooten Cynthia	93	08-021	3:32.75	25m	18-3-07	Heemskerk (NED)	176
154.	de Groot Marlijn	92	08-021	3:32.76	25m	15-5-05	Zuidoost-Beemster (NED)	175
155.	Aafjes Suzan	69	08-021	3:32.80	25m	11-4-81	Heemskerk (NED)	175
156.	Weezepeel Natascha	07	08-021	3:34.54	25m	6-10-19	Purmerend (NED)	171
157.	van der Eng Laura	80	08-021	3:35.10	25m	10-10-96	Heemskerk (NED)	170
158.	de Wolff Isabel	01	08-021	3:36.18	25m	14-4-13	Zaandam (NED)	167
159.	Beentjes Nicolet	80	08-021	3:36.99	25m	11-10-98	Alkmaar (NED)	165
160.	de Graaf Isabella	04	08-021	3:37.69	25m	13-1-19	Purmerend (NED)	164
161.	Venema Jalina	04	08-021	3:37.93	25m	24-1-16	Zaandam (NED)	163
162.	van Tellingen Ingrid	66	08-021	3:38.10	25m	28-11-81	Heemskerk (NED)	163
163.	van Giezen Wendy	70	08-021	3:38.20	25m	28-11-81	Heemskerk (NED)	163
164.	Essers Patricia	84	08-021	3:38.74	25m	16-12-99	Heemskerk	161
165.	Zonneveld Monica	80	08-021	3:39.20	25m	13-10-93		160
166.	Terhorst Ilja	67	08-021	3:39.50	25m	16-3-80	Zandvoort (NED)	160
167.	Koopman Jessie	97	08-021	3:40.00	25m	21-3-10	Zaandam (NED)	159
168.	Horst Diana	67	08-021	3:41.00	25m	11-4-81	Heemskerk (NED)	157
169.	Regelink Anneke	83	08-021	3:41.40	25m	10-10-96	Heemskerk (NED)	156
170.	Meesters Audrey	90	08-021	3:42.47	25m	19-12-02	Heemskerk	153
171.	Rasch Monique	66	08-021	3:44.00	25m	11-4-81	Heemskerk (NED)	150
172.	Lensen Sarian	89	08-021	3:45.17	25m	5-10-03	Heemskerk (NED)	148
173.	Bakker Lisette	83	08-021	3:45.72	25m	24-9-98	Heemskerk (NED)	147
174.	Beeksma Anne	88	08-021	3:46.81	25m	31-1-02	Heemskerk	145
175.	Oortwijn Jytte	10	08-021	3:46.95	25m	2-10-22	Den Helder (NED)	144
176.	Bakker Anna	97	08-021	3:52.19	25m	23-4-09	Heemskerk (NED)	135
177.	van den Braber Liesbeth	84	08-021	3:52.43	25m	15-11-98	Assendelft (NED)	134
178.	Sierra Ana Maria	69	08-021	3:55.00	25m	11-4-81	Heemskerk (NED)	130
179.	de Groot Sjors	08	08-021	3:55.28	25m	9-3-25	Purmerend (NED)	130
180.	van Giezen Irene	67	08-021	3:59.70	25m	11-4-81	Heemskerk (NED)	123
181.	Rijpkema Marije	85	08-021	4:00.79	25m	31-1-02	Heemskerk	121
182.	Smit Lydia	84	08-021	4:01.22	25m	24-9-98	Heemskerk (NED)	120
183.	Elghandor Kiyaan	03	08-021	4:02.36	25m	11-10-15	Zaandam (NED)	119
184.	Zeeman Judith	70	08-021	4:09.30	25m	11-4-81	Heemskerk (NED)	109
185.	Potemans Priscilla	84	08-021	4:16.00	25m	11-9-97	Heemskerk (NED)	101
186.	Sahin Sümeyye Sena	10	08-021	4:18.36	25m	2-10-22	Den Helder (NED)	98

500 rugslag

1.	van der Gracht Anouk	89	08-021	8:56.86	OW	7-7-07	Oss (NED)
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25 schoolslag

1. Palmboom Nicole	91	08-021	17.22	25m	27-4-06	Heemskerk	462
2. Kramer Miranda	80	08-021	17.60	25m	19-3-98	Heemskerk (NED)	433
3. Hoekstra Eline	03	08-021	17.70	25m	7-7-22	Heemskerk (NED)	426
4. van Honk Chantal	80	08-021	17.80	25m	16-5-91	Heemskerk (NED)	419
4. van Rookhuizen Sieta	79	08-021	17.80	25m	13-3-97	Heemskerk (NED)	419
6. de Groot Daniëlle	93	08-021	17.83	25m	29-5-08	Heemskerk (NED)	416
7. Hulshof Saskia	73	08-021	17.90	25m	12-1-89	Heemskerk (NED)	412
7. Stam Vanessa	80	08-021	17.90	25m	13-3-97	Heemskerk (NED)	412
9. van der Geest Saskia	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	398
9. Broek Jade	97	08-021	18.10	25m	7-7-22	Heemskerk (NED)	398
11. Hogema Fabiën	93	08-021	18.32	25m	19-4-07	Heemskerk (NED)	384
11. de Haan Shira	00	08-021	18.32	25m	7-7-22	Heemskerk (NED)	384
13. Gijzen-van der Kroft Nicole	84	08-021	18.40	25m	13-3-97	Heemskerk (NED)	379
14. van der Gracht Anouk	89	08-021	18.41	25m	27-4-06	Heemskerk	378
15. Koster Lisa	94	08-021	18.50	25m	19-4-07	Heemskerk (NED)	373
16. Schelvis Femke	84	08-021	18.60	25m	19-3-98	Heemskerk (NED)	367
17. Wentink Yara	04	08-021	18.62	25m	7-7-22	Heemskerk (NED)	366
18. Schelvis Roos	86	08-021	18.63	25m	22-2-01	Heemskerk (NED)	365
19. Crok Linda	94	08-021	18.68	25m	29-5-08	Heemskerk (NED)	362
20. Boekling Annette	85	08-021	18.72	25m	22-2-01	Heemskerk (NED)	360
21. Vink Lidewij	90	08-021	18.88	25m	19-4-07	Heemskerk (NED)	351
22. Stins Mariska	84	08-021	18.89	25m	25-3-99	Heemskerk (NED)	350
23. Crok Annemarie	89	08-021	19.04	25m	27-4-06	Heemskerk	342
24. Vink Marjolein	93	08-021	19.06	25m	19-4-07	Heemskerk (NED)	341
25. Schuyt Simone	75	08-021	19.10	25m	12-1-89	Heemskerk (NED)	339
25. Stam Sabrina	82	08-021	19.10	25m	13-3-97	Heemskerk (NED)	339
25. de Boer Maia	03	08-021	19.10	25m	7-7-22	Heemskerk (NED)	339
25. van 't Veer Iris	03	08-021	19.10	25m	7-7-22	Heemskerk (NED)	339
29. Besse Karen	75	08-021	19.40	25m	12-1-89	Heemskerk (NED)	323
29. Beentjes Nicolet	80	08-021	19.40	25m	14-3-96	Heemskerk (NED)	323
31. de Boer Irene	84	08-021	19.43	25m	25-3-99	Heemskerk (NED)	322
32. Kleijne Daisy	89	08-021	19.45	25m	19-4-07	Heemskerk (NED)	321
33. Essers Sanne	91	08-021	19.46	25m	27-4-06	Heemskerk	320
34. Heus Pauline	78	08-021	19.50	25m	19-3-98	Heemskerk (NED)	318
35. van Staveren Marina	78	08-021	19.54	25m	18-11-12	Almere-Stad (NED)	316
36. Jongema Helena	80	08-021	19.59	25m	21-2-09	Heerenveen (NED)	314
37. Nijholt Carin	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
37. van Duin Margret	60	08-021	19.60	25m	14-9-76	Heemskerk (NED)	313
37. Meijer Sylvia	81	08-021	19.60	25m	13-3-97	Heemskerk (NED)	313
37. Krouwels Tanja	79	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
37. Cappelle Carlijn	82	08-021	19.60	25m	19-3-98	Heemskerk (NED)	313
42. Glorie Astrid	63	08-021	19.70	25m	14-9-76	Heemskerk (NED)	309
42. Bruin Adri	74	08-021	19.70	25m	12-1-89	Heemskerk (NED)	309
42. Niesten Iris	92	08-021	19.70	25m	29-5-08	Heemskerk (NED)	309
45. Dijkstra Lisette	86	08-021	19.80	25m	19-3-98	Heemskerk (NED)	304
46. Niesten Annet	62	08-021	19.90	25m	14-9-76	Heemskerk (NED)	299
46. Limmen Miriam	75	08-021	19.90	25m	31-12-89	Heemskerk (NED)	299
46. Limmen Karin	76	08-021	19.90	25m	16-5-91	Heemskerk (NED)	299
46. Oudendijk Bianca	79	08-021	19.90	25m	14-3-96	Heemskerk (NED)	299
50. van Assema Eline	05	08-021	19.94	25m	7-7-22	Heemskerk (NED)	298
51. Herwegh Binthy	09	08-021	20.03	25m	7-7-22	Heemskerk (NED)	294
52. Siemerink Laura	04	08-021	20.08	25m	7-7-22	Heemskerk (NED)	291
53. Molenaar Eline	82	08-021	20.17	25m	25-3-99	Heemskerk (NED)	288

25 schoolslag (sinds 54)

54.	Bruin Marianne	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	286
54.	Moolevliet Petra	82	08-021	20.20	25m	27-4-95	Heemskerk (NED)	286
56.	Butter Anouk	82	08-021	20.25	25m	25-3-99	Heemskerk (NED)	284
57.	van Kooten Cynthia	93	08-021	20.28	25m	19-4-07	Heemskerk (NED)	283
58.	Meijer Linda	77	08-021	20.30	25m	16-6-93		282
58.	Hoek Daniëlle	88	08-021	20.30	25m	29-5-08	Heemskerk (NED)	282
60.	Mallon Danique	94	08-021	20.36	25m	19-4-07	Heemskerk (NED)	280
61.	Bos Marieke	06	08-021	20.39	25m	7-7-22	Heemskerk (NED)	278
62.	Splinter Nathalie	75	08-021	20.40	25m	12-1-89	Heemskerk (NED)	278
62.	de Ruijter Linda	87	08-021	20.40	25m	20-1-00	Heemskerk (NED)	278
64.	Koopman Inge	93	08-021	20.43	25m	7-7-22	Heemskerk (NED)	277
65.	Groot Tineke	60	08-021	20.50	25m	30-3-76	Heemskerk (NED)	274
66.	Koper Birgit	87	08-021	20.52	25m	27-4-06	Heemskerk	273
67.	Teufer Irene	96	08-021	20.57	25m	19-4-07	Heemskerk (NED)	271
68.	van Ballegooie Stefanie	86	08-021	20.61	25m	17-2-00	Heemskerk (NED)	269
69.	de Wildt Maud	05	08-021	20.63	25m	7-7-22	Heemskerk (NED)	269
70.	Koopman Anitra	89	08-021	20.67	25m	22-2-01	Heemskerk (NED)	267
71.	Zonneveld Cindy	75	08-021	20.70	25m	12-1-89	Heemskerk (NED)	266
72.	Dijkstra Maud	84	08-021	20.80	25m	5-2-98	Heemskerk (NED)	262
73.	Smit Lydia	84	08-021	20.84	25m	25-3-99	Heemskerk (NED)	261
74.	Welboren Trudy	61	08-021	20.90	25m	14-9-76	Heemskerk (NED)	258
75.	Liefting Sarina	93	08-021	20.92	25m	27-4-06	Heemskerk	258
76.	Bos Chantal	74	08-021	21.00	25m	12-1-89	Heemskerk (NED)	255
77.	Koper Ella	90	08-021	21.06	25m	27-4-06	Heemskerk	253
78.	de Boer Angela	80	08-021	21.10	25m	27-4-95	Heemskerk (NED)	251
79.	de Vries Cathy	77	08-021	21.20	25m	16-5-91	Heemskerk (NED)	248
79.	van Ballegooie Simone	84	08-021	21.20	25m	13-3-97	Heemskerk (NED)	248
79.	Hommersen Sandra	84	08-021	21.20	25m	19-3-98	Heemskerk (NED)	248
82.	Oortwijn Jytte	10	08-021	21.26	25m	7-7-22	Heemskerk (NED)	245
83.	Visser Stacey	87	08-021	21.28	25m	17-2-00	Heemskerk (NED)	245
84.	Lund Karin	63	08-021	21.30	25m	14-9-76	Heemskerk (NED)	244
85.	Regelink Anneke	83	08-021	21.31	25m	25-3-99	Heemskerk (NED)	244
86.	Rodenburg Rianne	93	08-021	21.35	25m	27-4-06	Heemskerk	242
87.	Hoek Laura	86	08-021	21.38	25m	17-2-00	Heemskerk (NED)	241
88.	van Giezen Sandra	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
88.	Peters Yvonne	63	08-021	21.40	25m	14-9-76	Heemskerk (NED)	241
88.	de Boer Claudia	77	08-021	21.40	25m	31-12-89	Heemskerk (NED)	241
88.	Zonneveld Monica	80	08-021	21.40	25m	16-6-93		241
88.	Hoogervorst Marlon	84	08-021	21.40	25m	16-3-95	Heemskerk (NED)	241
88.	Visser Kelly	89	08-021	21.40	25m	22-2-01	Heemskerk (NED)	241
94.	de Laat Anita	75	08-021	21.50	25m	22-3-88	Heemskerk (NED)	237
95.	Vredenburg Roos	95	08-021	21.58	25m	29-5-08	Heemskerk (NED)	235
95.	ten Cate Joyce	80	08-021	21.58	25m	21-11-10	Almere-Stad (NED)	235
97.	Domburg Irma	62	08-021	21.60	25m	30-3-76	Heemskerk (NED)	234
97.	Dijkstra Janet	77	08-021	21.60	25m	12-1-89	Heemskerk (NED)	234
97.	Limmen Anita	78	08-021	21.60	25m	16-6-93		234
100.	Knight Kayleigh	00	08-021	21.62	25m	7-7-22	Heemskerk (NED)	233
101.	Lindelauf Priscilla	85	08-021	21.64	25m	17-2-00	Heemskerk (NED)	233
101.	Nijman José	93	08-021	21.64	25m	29-5-08	Heemskerk (NED)	233
103.	van de Kamp Pauline	61	08-021	21.80	25m	30-3-76	Heemskerk (NED)	228
103.	Keessen Pam	62	08-021	21.80	25m	14-9-76	Heemskerk (NED)	228
103.	Deiman Caroline	67	08-021	21.80	25m	17-12-87	Heemskerk (NED)	228
106.	Wegchelaer Ageeth	62	08-021	21.90	25m	30-3-76	Heemskerk (NED)	224

25 schoolslag (sinds 107)

106.	Verbree Bets	63	08-021	21.90	25m	14-9-76	Heemskerk (NED)	224
108.	ten Cate Ilona	85	08-021	21.98	25m	19-4-07	Heemskerk (NED)	222
109.	Borg Karin	61	08-021	22.00	25m	30-3-76	Heemskerk (NED)	221
109.	Zijlstra Mariëlle	83	08-021	22.00	25m	14-3-96	Heemskerk (NED)	221
109.	Zonneveld Chantal	84	08-021	22.00	25m	13-3-97	Heemskerk (NED)	221
112.	Steenkamp Ciska	90	08-021	22.08	25m	22-2-01	Heemskerk (NED)	219
113.	Wissenburg Petra	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
113.	Bakkum Wilma	62	08-021	22.10	25m	14-9-76	Heemskerk (NED)	218
113.	Bakker Jesca	79	08-021	22.10	25m	12-1-89	Heemskerk (NED)	218
113.	van der Wijden Eline	88	08-021	22.10	25m	18-1-01	Heemskerk (NED)	218
117.	Viel Bianca	85	08-021	22.16	25m	25-3-99	Heemskerk (NED)	217
117.	van Koeveringe Nicole	93	08-021	22.16	25m	27-4-06	Heemskerk	217
119.	van Zwieten Jacqueline	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	215
119.	Teunissen Petra	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	215
121.	van Velsen Patricia	79	08-021	22.30	25m	27-4-95	Heemskerk (NED)	213
122.	Groot Irma	63	08-021	22.40	25m	14-9-76	Heemskerk (NED)	210
123.	Limmen Corina	65	08-021	22.50	25m	30-3-76	Heemskerk (NED)	207
124.	Gerritsen Jolanda	64	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
124.	van Galen Marion	61	08-021	22.60	25m	14-9-76	Heemskerk (NED)	204
124.	de Vries Justine	83	08-021	22.60	25m	13-3-97	Heemskerk (NED)	204
127.	Bouwman Esther	63	08-021	22.70	25m	14-9-76	Heemskerk (NED)	202
128.	Essers Patricia	84	08-021	22.74	25m	17-2-00	Heemskerk (NED)	200
129.	Numan Annelies	63	08-021	22.80	25m	14-9-76	Heemskerk (NED)	199
130.	Groen Anne	95	08-021	22.84	25m	29-5-08	Heemskerk (NED)	198
131.	Missot Gonda	66	08-021	22.90	25m	14-9-76	Heemskerk (NED)	196
131.	van Leen Cynthia	81	08-021	22.90	25m	14-3-96	Heemskerk (NED)	196
133.	Leek Marja	63	08-021	23.00	25m	30-3-76	Heemskerk (NED)	194
133.	Reijnders Sandra	64	08-021	23.00	25m	14-9-76	Heemskerk (NED)	194
133.	Huneker Jolanda	79	08-021	23.00	25m	5-3-98	Heemskerk (NED)	194
136.	Buur Naomi	01	08-021	23.02	25m	13-3-11	Heemskerk (NED)	193
137.	van der Zee Olga	66	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
137.	Palthe Monique	64	08-021	23.10	25m	14-9-76	Heemskerk (NED)	191
139.	Koper Selma	03	08-021	23.24	25m	7-4-13	Castricum (NED)	188
140.	Schaaper Margriet	62	08-021	23.30	25m	30-3-76	Heemskerk (NED)	186
140.	van Galen Angela	65	08-021	23.30	25m	14-9-76	Heemskerk (NED)	186
140.	Potemans Priscilla	84	08-021	23.30	25m	13-3-97	Heemskerk (NED)	186
143.	Dekker Danyk	94	08-021	23.34	25m	29-5-08	Heemskerk (NED)	185
144.	Tahti Sandra	65	08-021	23.40	25m	14-9-76	Heemskerk (NED)	184
145.	Stel Kaylin	01	08-021	23.45	25m	11-4-10	Zaandam (NED)	183
146.	de Weers Anne-Michelle	63	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
146.	Welboren Els	64	08-021	23.50	25m	14-9-76	Heemskerk (NED)	182
148.	de Visser Jolanda	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	179
148.	Mulder Amy	80	08-021	23.60	25m	16-6-93		179
148.	van der Eng Laura	80	08-021	23.60	25m	14-3-96	Heemskerk (NED)	179
148.	Werdekker Esther	83	08-021	23.60	25m	13-3-97	Heemskerk (NED)	179
152.	Zwarthoed Brenda	96	08-021	23.68	25m	19-4-07	Heemskerk (NED)	177
153.	van Rijn Ilona	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	177
153.	Snijder Femke	83	08-021	23.70	25m	13-10-93		177
155.	Bakker Daniëlle	96	08-021	23.73	25m	29-5-08	Heemskerk (NED)	176
156.	Werdekker Marjolein	81	08-021	23.80	25m	13-3-97	Heemskerk (NED)	175
157.	van Huisstede Nikita	01	08-021	23.89	25m	3-4-11	Zaandam (NED)	173
158.	Sahin Sümeyye Sena	10	08-021	23.97	25m	7-7-22	Heemskerk (NED)	171
159.	Besse Meta	78	08-021	24.00	25m	31-12-89	Heemskerk (NED)	170

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159.	van Noort Jony	85	08-021	24.00	25m	14-3-96	Heemskerk (NED)	170
161.	Bakker Anna	97	08-021	24.06	25m	29-5-08	Heemskerk (NED)	169
162.	Buur Carina	64	08-021	24.10	25m	30-3-76	Heemskerk (NED)	168
162.	de Jonge Ida	61	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
162.	Tholen Kirsten	66	08-021	24.10	25m	14-9-76	Heemskerk (NED)	168
165.	van der Horst Sacha	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	166
165.	de Groot Linda	81	08-021	24.20	25m	10-11-94	Heemskerk (NED)	166
167.	Huber Emma	13	08-021	24.24	25m	11-5-25	Krommenie (NED)	165
168.	de Roode Xara	08	08-021	24.25	25m	7-7-22	Heemskerk (NED)	165
169.	Heus Inge	81	08-021	24.30	25m	16-5-91	Heemskerk (NED)	164
170.	Reuderink Miranda	63	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
170.	van de Kamp Yvonne	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	162
172.	Claesens Freeke	64	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
172.	van Megen Carla	65	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
172.	Rasch Monique	66	08-021	24.50	25m	14-9-76	Heemskerk (NED)	160
172.	Cappelle Marcella	85	08-021	24.50	25m	19-3-98	Heemskerk (NED)	160
176.	Calkhoven Mariëtte	65	08-021	24.60	25m	14-9-76	Heemskerk (NED)	158
176.	Grul Lisanne	97	08-021	24.60	25m	29-5-08	Heemskerk (NED)	158
178.	Koper Fiona	01	08-021	24.62	25m	3-4-11	Zaandam (NED)	158
179.	Walraven Annet	62	08-021	24.70	25m	30-3-76	Heemskerk (NED)	156
179.	Huisman Lianne	87	08-021	24.70	25m	18-1-01	Heemskerk (NED)	156
181.	Nijman Linda	89	08-021	24.76	25m	22-2-01	Heemskerk (NED)	155
182.	Aafjes Suzan	69	08-021	24.80	25m	15-9-79	Heemskerk (NED)	154
183.	Dijkstra Pascal	89	08-021	24.81	25m	25-3-99	Heemskerk (NED)	154
184.	Groot Carolien	64	08-021	24.90	25m	30-3-76	Heemskerk (NED)	153
184.	de Graaf Annemiek	70	08-021	24.90	25m	16-3-80	Heemskerk (NED)	153
184.	Elghandor Kiyaan	03	08-021	24.90	25m	2-2-14	Haarlem (NED)	153
187.	Rodenburg Kyra	96	08-021	24.94	25m	27-4-06	Heemskerk	152
188.	Jonker Nicole	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
188.	van der Zee Paula	68	08-021	25.00	25m	14-9-76	Heemskerk (NED)	151
188.	Stoker Ianthe	84	08-021	25.00	25m	13-3-97	Heemskerk (NED)	151
191.	Jonker Monique	66	08-021	25.10	25m	14-9-76	Heemskerk (NED)	149
192.	Renkema Iris	04	08-021	25.11	25m	10-3-13	Schagen (NED)	149
193.	van Berkel Nova	10	08-021	25.19	25m	30-3-23	Heemskerk (NED)	147
194.	Put Ann	64	08-021	25.20	25m	14-9-76	Heemskerk (NED)	147
194.	Windmuller Wendy	69	08-021	25.20	25m	15-9-79	Heemskerk (NED)	147
194.	van Honschoten Ingeborg	70	08-021	25.20	25m	16-3-80	Heemskerk (NED)	147
194.	Schijf Irene	83	08-021	25.20	25m	16-3-95	Heemskerk (NED)	147
198.	Vellinga Yvonne	64	08-021	25.30	25m	14-9-76	Heemskerk (NED)	145
199.	de Groot Sjors	08	08-021	25.40	25m	7-7-22	Heemskerk (NED)	144
200.	Mosch Sabina	84	08-021	25.50	25m	13-3-97	Heemskerk (NED)	142
201.	Scholten Britt	04	08-021	25.58	25m	7-4-13	Castricum (NED)	141
202.	Wiegman Brenda	72	08-021	25.60	25m	13-12-81	Volendam (NED)	140
203.	Kerkhoven Michelle	91	08-021	25.72	25m	22-2-01	Heemskerk (NED)	138
204.	Zeeman Judith	70	08-021	25.90	25m	15-9-79	Heemskerk (NED)	136
205.	Liefting Marielle	90	08-021	25.97	25m	22-2-01	Heemskerk (NED)	134
206.	van den Braber Liesbeth	84	08-021	26.00	25m	13-3-97	Heemskerk (NED)	134
207.	Steenkamp Meagan	08	08-021	26.08	25m	21-4-22	Heemskerk (NED)	133
208.	van Leeuwen Andrea	71	08-021	26.10	25m	15-9-79	Heemskerk (NED)	132
209.	Pezo Adna	90	08-021	26.12	25m	22-2-01	Heemskerk (NED)	132
210.	de Vriend Sofie	01	08-021	26.27	25m	3-4-11	Zaandam (NED)	130
211.	de Haan Liesbeth	64	08-021	26.30	25m	30-3-76	Heemskerk (NED)	129
211.	Palthe Yvonne	67	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129

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211.	Cijsouw Karin	66	08-021	26.30	25m	14-9-76	Heemskerk (NED)	129
211.	van den Heuvel Sandra	80	08-021	26.30	25m	12-1-89	Heemskerk (NED)	129
215.	van Roon Jill	14	08-021	26.35	25m	11-5-25	Krommenie (NED)	129
216.	van Dijk Yvonne	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
216.	Peters Marion	67	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
216.	van der Leden Cynthia	66	08-021	26.40	25m	14-9-76	Heemskerk (NED)	128
219.	Schelvis Liselot	92	08-021	26.45	25m	18-11-01	Heemskerk	127
220.	van Wijngaarden Linda	65	08-021	26.50	25m	30-3-76	Heemskerk (NED)	126
220.	Pover Ellen	72	08-021	26.50	25m	16-3-80	Heemskerk (NED)	126
222.	Geluk Mabelle	73	08-021	26.65	25m	20-11-11	Almere-Stad (NED)	124
223.	Kuijl Karin	65	08-021	26.80	25m	14-9-76	Heemskerk (NED)	122
223.	van der Horst Wendy	72	08-021	26.80	25m	10-2-80	Heerhugowaard (NED)	122
223.	Martens Priscilla	85	08-021	26.80	25m	20-3-97	Heemskerk (NED)	122
226.	Nobels Marlies	65	08-021	26.90	25m	14-9-76	Heemskerk (NED)	121
227.	Kragt Kirsten	10	08-021	26.95	25m	7-12-23	Heemskerk (NED)	120
228.	Windmuller Annemarie	67	08-021	27.00	25m	14-9-76	Heemskerk (NED)	120
229.	Plokker Sylvia	68	08-021	27.20	25m	14-9-76	Heemskerk (NED)	117
229.	Bakker Lisette	83	08-021	27.20	25m	14-3-96	Heemskerk (NED)	117
231.	Herwegh Izayra Rena	14	08-021	27.38	25m	15-1-23	Den Helder (NED)	115
232.	Konz Cyndy	66	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
232.	Pover Karin	67	08-021	27.40	25m	14-9-76	Heemskerk (NED)	114
234.	Butter Noor	16	08-021	27.44	25m	21-4-24	Krommenie (NED)	114
235.	Beentjes Esther	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
235.	de Wildt Gitta	66	08-021	27.50	25m	30-3-76	Heemskerk (NED)	113
237.	Poppema Yvonne	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
237.	Lammers Angelique	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	112
239.	van Ederen Jasmijn	10	08-021	27.62	25m	13-5-18	Haarlem (NED)	112
240.	Post Aijuna	14	08-021	27.63	25m	7-12-23	Heemskerk (NED)	112
241.	Hoeksema Kim	90	08-021	27.66	25m	22-2-01	Heemskerk (NED)	111
242.	Kraamer Carla	66	08-021	27.70	25m	30-3-76	Heemskerk (NED)	111
242.	Bakkum Astrid	65	08-021	27.70	25m	14-9-76	Heemskerk (NED)	111
244.	Veldhuis Amelia	03	08-021	27.77	25m	7-4-13	Castricum (NED)	110
245.	Nuyten Carolien	63	08-021	27.80	25m	30-3-76	Heemskerk (NED)	109
245.	Reeuwijk Danielle	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	109
247.	Banks Riley	17	08-021	27.93	25m	21-4-24	Krommenie (NED)	108
248.	Oliveira Rocha Yara	17	08-021	27.94	25m	21-4-24	Krommenie (NED)	108
249.	van Ess Zoe	14	08-021	27.95	25m	11-12-25	Heemskerk (NED)	108
250.	Ververst Brigitte	66	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
250.	de Vries Annelies	64	08-021	28.00	25m	14-9-76	Heemskerk (NED)	107
252.	van der Leden Laura	68	08-021	28.20	25m	14-9-76	Heemskerk (NED)	105
253.	de Buyzer Anita	67	08-021	28.40	25m	14-9-76	Heemskerk (NED)	103
254.	van Zalingen Margreet	67	08-021	28.50	25m	14-9-76	Heemskerk (NED)	102
254.	Eijndhoven Jonna	02	08-021	28.50	25m	11-3-12	Zaandam (NED)	102
256.	ter Horst Ilja	67	08-021	28.60	25m	30-3-76	Heemskerk (NED)	101
257.	van Laarhoven Salome	15	08-021	28.64	25m	21-4-24	Krommenie (NED)	100
258.	Slotemaker Britt	14	08-021	28.78	25m	1-2-24	Heemskerk (NED)	99
259.	Doodeman Lieke	16	08-021	28.85	25m	11-12-25	Heemskerk (NED)	98
260.	Dwarswaard Wilma	64	08-021	29.00	25m	30-3-76	Heemskerk (NED)	96
261.	Hollander Marianne	65	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
261.	Zieck Esther	67	08-021	29.10	25m	30-3-76	Heemskerk (NED)	95
261.	Haack Fenna	16	08-021	29.10	25m	21-4-24	Krommenie (NED)	95
264.	Hoekstra Femke	05	08-021	29.11	25m	2-2-14	Haarlem (NED)	95
265.	Ramazani Helia	16	08-021	29.21	25m	9-11-25	Zaandam (NED)	94

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266.	Zwart Ellen	65	08-021	29.30	25m	30-3-76	Heemskerk (NED)	93
267.	Badahi Lina	10	08-021	29.34	25m	7-12-23	Heemskerk (NED)	93
268.	Kuijper Michelle	91	08-021	29.44	25m	22-2-01	Heemskerk (NED)	92
269.	Nagy Illango	10	08-021	29.51	25m	30-3-23	Heemskerk (NED)	91
270.	Dekker Elise	97	08-021	29.56	25m	21-3-04	Heemstede	91
271.	van Giezen Corina	68	08-021	29.70	25m	14-9-76	Heemskerk (NED)	90
272.	Gravemaker Sandra	68	08-021	30.10	25m	14-9-76	Heemskerk (NED)	86
272.	van der Veldt Sandra	72	08-021	30.10	25m	16-3-80	Heemskerk (NED)	86
274.	Copier Alyssa	04	08-021	30.34	25m	10-3-13	Schagen (NED)	84
275.	van der Mei Monique	65	08-021	30.50	25m	30-3-76	Heemskerk (NED)	83
276.	Wieman Lianne	03	08-021	30.52	25m	30-6-11	Heemskerk (NED)	83
277.	Eggink Christa	65	08-021	30.60	25m	30-3-76	Heemskerk (NED)	82
278.	Raaymakers Marjolein	68	08-021	30.80	25m	14-9-76	Heemskerk (NED)	80
279.	Zuidervaart Anne	02	08-021	30.84	25m	30-6-11	Heemskerk (NED)	80
280.	van Hiele Femke	13	08-021	30.90	25m	24-10-24	Heemskerk (NED)	80
281.	Burgering Anouk	12	08-021	30.92	25m	21-4-22	Heemskerk (NED)	79
282.	Ververst Jacqueline	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
282.	Bos Froke	69	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
282.	Reuderink Bettina	67	08-021	31.00	25m	14-9-76	Heemskerk (NED)	79
285.	Huisman Jolanda	68	08-021	31.10	25m	30-3-76	Heemskerk (NED)	78
286.	Welboren Carla	68	08-021	31.50	25m	30-3-76	Heemskerk (NED)	75
287.	Salido Keesje	05	08-021	31.55	25m	2-2-14	Haarlem (NED)	75
288.	Sobh Shaime	03	08-021	31.76	25m	11-3-12	Zaandam (NED)	73
289.	Nagy Noella	13	08-021	31.81	25m	30-3-23	Heemskerk (NED)	73
290.	Niessen Annemarie	67	08-021	32.60	25m	14-9-76	Heemskerk (NED)	68
291.	van Vliet Sandra	67	08-021	32.70	25m	30-3-76	Heemskerk (NED)	67
292.	de Graaf Marion	72	08-021	32.90	25m	10-2-80	Heerhugowaard (NED)	66
293.	Harke Lily Rose	16	08-021	32.97	25m	11-12-25	Heemskerk (NED)	65
294.	Haack Zowi	18	08-021	33.22	25m	26-9-24	Heemskerk (NED)	64
295.	Windmuller Jolande	65	08-021	33.30	25m	14-9-76	Heemskerk (NED)	64
296.	de Weers Marit	15	08-021	34.00	25m	2-4-23	Haarlem (NED)	60
297.	Adli Sara	13	08-021	34.03	25m	30-3-23	Heemskerk (NED)	59
298.	Mooy Monique	69	08-021	34.80	25m	30-3-76	Heemskerk (NED)	56
299.	Berloth Lydia	68	08-021	35.00	25m	30-3-76	Heemskerk (NED)	55
299.	Atzei Sabina	71	08-021	35.00	25m	16-3-80	Heemskerk (NED)	55
301.	Visser Mirjam	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
301.	Lange Sandra	67	08-021	35.30	25m	30-3-76	Heemskerk (NED)	53
303.	de Vries Sascha	69	08-021	35.80	25m	30-3-76	Heemskerk (NED)	51
304.	Spanjaard Marijke	65	08-021	36.00	25m	30-3-76	Heemskerk (NED)	50
305.	Guldemond Collinda	68	08-021	36.50	25m	14-9-76	Heemskerk (NED)	48
306.	Dekker Ivy	16	08-021	37.33	25m	24-10-24	Heemskerk (NED)	45
307.	van Dam Merel	14	08-021	38.17	25m	30-3-23	Heemskerk (NED)	42
308.	de Wit Irene	68	08-021	38.30	25m	30-3-76	Heemskerk (NED)	42
309.	Tilgenkamp Lentley	13	08-021	39.17	25m	7-12-23	Heemskerk (NED)	39
310.	Dorlandt Yvonne	69	08-021	39.40	25m	30-3-76	Heemskerk (NED)	38
311.	Reitsma Liv	14	08-021	39.78	25m	15-12-22	Heemskerk (NED)	37
312.	Dekker Jane	17	08-021	40.39	25m	24-10-24	Heemskerk (NED)	35
313.	van Roon Lexie	18	08-021	40.81	25m	11-12-25	Heemskerk (NED)	34
314.	Roestenberg Miriam	70	08-021	41.50	25m	14-9-76	Heemskerk (NED)	33
315.	Onyemuna Gianna	12	08-021	43.61	25m	21-4-22	Heemskerk (NED)	28
316.	Onyemuna Nicole	14	08-021	43.84	25m	21-4-22	Heemskerk (NED)	28
317.	Beemsterboer Marianne	67	08-021	46.00	25m	30-3-76	Heemskerk (NED)	24
318.	Schrauwen Riva	18	08-021	46.65	25m	11-12-25	Heemskerk (NED)	23

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319. Roling Nora	15	08-021	53.61	25m	30-3-23	Heemskerk (NED)	15
320. Adli Linda	14	08-021	53.66	25m	30-3-23	Heemskerk (NED)	15

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1. Kingma Danae	00	08-021	34.17	25m	13-11-16	Purmerend (NED)	588
2. Broek Jade	97	08-021	36.51	25m	13-11-16	Purmerend (NED)	482
3. ten Bokkel Henrieke	94	08-021	36.64	25m	13-1-19	Purmerend (NED)	477
4. van Honk Chantal	80	08-021	37.00	50m	21-3-93	Beverwijk (NED)	501
5. Palmboom Nicole	91	08-021	37.64	25m	30-12-07	Maastricht (NED)	440
6. de Haan Shira	00	08-021	38.14	25m	7-10-18	Purmerend (NED)	423
7. van 't Veer Iris	03	08-021	38.70	25m	16-11-25	Purmerend (NED)	405
8. Siemerink Laura	04	08-021	38.79	25m	21-4-19	Haarlem (NED)	402
9. van der Geest Saskia	73	08-021	38.90	25m	31-12-88		399
10. Kramer Miranda	80	08-021	38.91	25m	16-4-00	Almelo (NED)	398
11. Stam Vanessa	80	08-021	39.00	25m	26-1-97	Zuidoost Beemster (NED)	396
12. de Groot Daniëlle	93	08-021	39.29	25m	10-2-08	Purmerend (NED)	387
12. Wentink Yara	04	08-021	39.29	25m	14-3-24	Heemskerk (NED)	387
14. Crok Linda	94	08-021	39.33	25m	3-3-13	Purmerend (NED)	386
15. Smit Sanne	01	08-021	39.35	25m	7-3-19	Heemskerk (NED)	385
16. van Rookhuizen Sieta	79	08-021	39.42	25m	24-9-98	Heemskerk (NED)	383
17. Groen Anne	95	08-021	39.62	25m	16-3-17	Heemskerk (NED)	377
18. Koper Fiona	01	08-021	39.89	25m	7-3-19	Heemskerk (NED)	370
19. Hoekstra Eline	03	08-021	39.99	25m	1-4-18	Haarlem (NED)	367
20. Koster Lisa	94	08-021	40.10	25m	30-12-07	Maastricht (NED)	364
21. Schelvis Femke	84	08-021	40.22	25m	25-11-04	Heemskerk (NED)	361
22. Herwegh Binthy	09	08-021	40.25	25m	27-10-24	Zaandam (NED)	360
23. Gijzen-van der Kroft Nicole	84	08-021	40.32	25m	17-3-02	Zaandam	358
24. Hulshof Saskia	73	08-021	40.40	25m	14-12-88		356
25. de Boer Maia	03	08-021	40.52	25m	21-9-23	Heemskerk (NED)	353
26. Vink Lidewij	90	08-021	40.57	25m	5-3-06	Purmerend (NED)	351
27. Crok Annemarie	89	08-021	40.71	25m	15-11-09	Haarlem (NED)	348
28. van der Gracht Anouk	89	08-021	40.72	25m	8-4-07	Haarlem (NED)	347
29. Schelvis Roos	86	08-021	40.77	25m	3-12-00	Zaandam (NED)	346
30. Vink Marjolein	93	08-021	40.96	25m	7-12-08	Zaandam (NED)	341
31. Schoonderwoerd Rianne	95	08-021	41.01	25m	2-2-23	Heemskerk (NED)	340
32. Hogema Fabiën	93	08-021	41.02	25m	8-4-07	Haarlem (NED)	340
32. Teufer Irene	96	08-021	41.02	25m	25-11-07	Amsterdam (NED)	340
34. Oudendijk Bianca	79	08-021	41.10	25m	24-4-94	Zaandam (NED)	338
35. van Assema Eline	05	08-021	41.41	25m	7-10-21	Heemskerk (NED)	330
36. van Galen Angela	65	08-021	41.50	25m	14-3-81	Heemskerk (NED)	328
37. Hoek Daniëlle	88	08-021	41.52	25m	5-6-05	Alkmaar (NED)	328
37. Stel Serena	98	08-021	41.52	25m	4-4-10	Haarlem (NED)	328
39. Veldhuis Amelia	03	08-021	41.53	25m	7-10-21	Heemskerk (NED)	327
40. Herwegh Yara	07	08-021	41.57	25m	27-10-24	Zaandam (NED)	327
41. Petit Kirsten	00	08-021	41.59	25m	13-11-16	Purmerend (NED)	326
42. van Huisstede Nikita	01	08-021	41.62	25m	19-2-15	Heemskerk (NED)	325
43. Mallon Danique	94	08-021	41.66	25m	14-3-10	Heemskerk (NED)	324
43. de Wildt Maud	05	08-021	41.66	25m	5-3-20	Heemskerk (NED)	324
45. van Giezen Sandra	63	08-021	41.70	25m	14-3-81	Heemskerk (NED)	323
45. Boekling Annette	85	08-021	41.70	25m	20-12-01	Heemskerk	323
47. van Langelaar Tessa	97	08-021	41.72	25m	10-3-13	Schagen (NED)	323
48. Stins Mariska	84	08-021	41.73	25m	15-4-01	Haarlem (NED)	323

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49.	Buur Naomi	01	08-021	41.76	25m	17-3-16	Heemskerk (NED)	322
50.	Niesten Annet	62	08-021	41.80	25m	22-1-78	Zaandam (NED)	321
50.	Stam Sabrina	82	08-021	41.80	25m	27-10-96	Zaandam (NED)	321
52.	Kleijne Daisy	89	08-021	41.93	25m	29-4-07	Alkmaar (NED)	318
52.	Niesten Iris	92	08-021	41.93	25m	12-4-09	Haarlem (NED)	318
54.	van Staveren Marina	78	08-021	41.98	25m	9-2-12	Heemskerk (NED)	317
55.	Nijholt Carin	60	08-021	42.00	25m	27-11-77	IJmuiden (NED)	317
56.	Schuyt Simone	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	314
56.	Heus Pauline	78	08-021	42.10	25m	5-10-97	Zaandam (NED)	314
58.	de Groot Gitta	60	08-021	42.50	25m	27-11-77	IJmuiden (NED)	306
58.	Knight Kayleigh	00	08-021	42.50	25m	16-3-17	Heemskerk (NED)	306
60.	Limmen Karin	76	08-021	42.60	25m	7-11-90		303
61.	Moolevliet Petra	82	08-021	42.80	25m	10-10-96	Heemskerk (NED)	299
61.	Cappelle Carlijn	82	08-021	42.80	25m	11-9-97	Heemskerk (NED)	299
63.	van de Poll Marianne	89	08-021	42.85	25m	27-11-03	Heemskerk (NED)	298
64.	Koopman Anitra	89	08-021	42.87	25m	5-6-05	Alkmaar (NED)	298
65.	Spijker Kristel	84	08-021	42.93	25m	5-2-12	Zaandam (NED)	296
66.	Renkema Iris	04	08-021	42.98	50m	29-5-16	Alkmaar (NED)	320
67.	van Duin Margret	60	08-021	43.00	25m	30-3-76	Heemskerk (NED)	295
67.	Meijer Sylvia	81	08-021	43.00	25m	27-10-96	Zaandam (NED)	295
69.	Essers Sanne	91	08-021	43.09	25m	30-12-07	Maastricht (NED)	293
70.	Scholten Britt	04	08-021	43.22	25m	5-3-20	Heemskerk (NED)	290
71.	Besse Karen	75	08-021	43.30	25m	8-11-90	Heemskerk (NED)	289
72.	van Kooten Cynthia	93	08-021	43.35	25m	31-5-07	Heemskerk (NED)	288
73.	Limmen Miriam	75	08-021	43.40	25m	14-12-89	Heemskerk (NED)	287
73.	Beentjes Nicolet	80	08-021	43.40	25m	5-10-97	Zaandam (NED)	287
73.	van Ballegooie Stefanie	86	08-021	43.40	25m	17-3-02	Zaandam	287
76.	Oortwijn Jytte	10	08-021	43.44	25m	14-3-24	Heemskerk (NED)	286
77.	Jongema Helena	80	08-021	43.60	25m	16-11-08	Amsterdam-oost (NED)	283
78.	Ivens Suzanne	99	08-021	43.65	25m	17-11-13	Heemskerk (NED)	282
79.	Krouwels Tanja	79	08-021	43.75	25m	24-9-98	Heemskerk (NED)	280
80.	Haasbroek Renske	03	08-021	43.84	25m	12-1-25	Heemskerk (NED)	278
81.	Bruin Adri	74	08-021	43.90	25m	15-12-88	Heemskerk (NED)	277
81.	de Boer Angela	80	08-021	43.90	25m	20-10-94	Heemskerk (NED)	277
83.	Smid Diane	65	08-021	43.93	25m	29-3-07	Heemskerk (NED)	277
84.	Visser Stacey	87	08-021	44.05	25m	3-12-00	Zaandam (NED)	274
85.	Blaauw Yente	03	08-021	44.08	25m	16-3-17	Heemskerk (NED)	274
86.	de Ruijter Linda	87	08-021	44.09	25m	25-11-04	Heemskerk (NED)	274
87.	Missot Gonda	66	08-021	44.20	25m	15-9-79	Heemskerk (NED)	272
88.	Plokker Sylvia	68	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
88.	Hermans Liesbeth	66	08-021	44.30	25m	14-3-81	Heemskerk (NED)	270
90.	de Wolff Isabel	01	08-021	44.34	25m	30-3-14	Zaandam (NED)	269
91.	Lund Karin	63	08-021	44.40	25m	22-1-78	Zaandam (NED)	268
91.	de Boer Claudia	77	08-021	44.40	25m	5-10-89	Heemskerk (NED)	268
93.	Liefting Sarina	93	08-021	44.44	25m	30-11-06	Heemskerk	267
94.	Verbree Bets	63	08-021	44.50	25m	15-9-79	Heemskerk (NED)	266
95.	Butter Anouk	82	08-021	44.58	25m	18-9-25	Heemskerk (NED)	265
96.	de Boer Irene	84	08-021	44.60	25m	26-1-97	Zuidoost Beemster (NED)	264
96.	Buur Cindy	99	08-021	44.60	25m	13-11-16	Purmerend (NED)	264
98.	Peters Yvonne	63	08-021	44.70	25m	14-3-81	Heemskerk (NED)	263
99.	Vredenburg Roos	95	08-021	44.72	25m	7-2-10	Heemstede (NED)	262
100.	Munnik Yvonne	64	08-021	44.90	25m	22-1-78	Zaandam (NED)	259
101.	Zwaan Melissa	91	08-021	44.96	25m	28-12-03	Maastricht (NED)	258

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102.	Deen Annette	60	08-021	45.00	25m	30-3-76	Heemskerk (NED)	257
102.	Oosterveen Yvonne	80	08-021	45.00	25m	12-5-93		257
102.	Dijkstra Lisette	86	08-021	45.00	25m	11-9-97	Heemskerk (NED)	257
105.	Sobh Shaime	03	08-021	45.01	25m	6-3-16	Purmerend (NED)	257
106.	Bos Marieke	06	08-021	45.05	25m	19-9-21	Zaandam (NED)	256
107.	van Baar Monique	73	08-021	45.10	25m	14-12-88		256
107.	Meijer Linda	77	08-021	45.10	25m	13-10-93		256
107.	van Ballegooie Simone	84	08-021	45.10	25m	5-10-97	Zaandam (NED)	256
110.	Koper Birgit	87	08-021	45.12	25m	27-4-03	Zaandam	255
111.	Zwarthoed Brenda	96	08-021	45.18	25m	11-5-08	Purmerend (NED)	254
112.	Groot Tineke	60	08-021	45.20	25m	15-9-79	Heemskerk (NED)	254
112.	Tholen Kirsten	66	08-021	45.20	25m	4-10-80	Heemskerk (NED)	254
112.	Splinter Nathalie	75	08-021	45.20	25m	15-12-88	Heemskerk (NED)	254
112.	Bruin Marianne	78	08-021	45.20	25m	8-11-90	Heemskerk (NED)	254
112.	van Vliet Isabel	02	08-021	45.20	25m	26-11-17	Purmerend (NED)	254
117.	Visser Kelly	89	08-021	45.25	25m	30-9-12	Heemskerk (NED)	253
118.	Aafjes Suzan	69	08-021	45.50	25m	3-5-81	Zaandam (NED)	249
118.	Beentjes Daphne	91	08-021	45.50	25m	27-4-03	Zaandam	249
120.	Besse Meta	78	08-021	45.60	25m	7-2-91	Heemskerk (NED)	247
121.	Schaefer Lisa	06	08-021	45.69	25m	7-3-19	Heemskerk (NED)	246
122.	Zeeman Judith	70	08-021	45.70	25m	3-5-81	Zaandam (NED)	246
123.	Windmuller Wendy	69	08-021	45.80	25m	14-3-81	Heemskerk (NED)	244
123.	de Vries Cathy	77	08-021	45.80	25m	8-11-90	Heemskerk (NED)	244
125.	Smit Lydia	84	08-021	45.89	25m	24-9-98	Heemskerk (NED)	243
126.	Keessen Pam	62	08-021	46.00	25m	22-4-78	Heemskerk (NED)	241
127.	van Koeveringe Nicole	93	08-021	46.08	25m	22-1-09	Heemskerk (NED)	240
128.	van Sikkelerus Lisa	99	08-021	46.09	25m	9-3-14	Zaandam (NED)	239
129.	Dijkstra Maud	84	08-021	46.10	25m	5-10-97	Zaandam (NED)	239
130.	Molenaar Eline	82	08-021	46.15	25m	16-12-99	Heemskerk	239
131.	Dijkstra Janet	77	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
131.	Zonneveld Cindy	75	08-021	46.30	25m	15-12-88	Heemskerk (NED)	236
133.	Zonneveld Chantal	84	08-021	46.35	25m	16-12-99	Heemskerk	235
134.	Limmen Anita	78	08-021	46.40	25m	5-3-94		235
135.	Regelink Anneke	83	08-021	46.42	25m	24-9-98	Heemskerk (NED)	234
136.	Horst Diana	67	08-021	46.50	25m	14-3-81	Heemskerk (NED)	233
136.	Bakker Jesca	79	08-021	46.50	25m	14-12-89	Heemskerk (NED)	233
136.	Hoogervorst Marlon	84	08-021	46.50	25m	20-10-94	Heemskerk (NED)	233
139.	Wieman Lianne	03	08-021	46.61	25m	7-3-19	Heemskerk (NED)	231
140.	de Roode Xara	08	08-021	46.63	25m	8-2-26	Purmerend (NED)	231
141.	Sahin Sümeyye Sena	10	08-021	46.65	25m	23-4-23	Den Helder (NED)	231
142.	Bakkum Wilma	62	08-021	46.80	25m	15-9-79	Heemskerk (NED)	229
142.	Lund Jolanda	65	08-021	46.80	25m	10-2-80	Heerhugowaard (NED)	229
142.	Bos Chantal	74	08-021	46.80	25m	14-12-88		229
145.	Rodenburg Rianne	93	08-021	46.82	25m	5-11-06	Zaandam (NED)	228
146.	Hoffland Yasmin	01	08-021	46.99	25m	12-4-18	Heemskerk (NED)	226
147.	Reijnders Sandra	64	08-021	47.00	25m	10-2-80	Heerhugowaard (NED)	226
147.	Hommersen Sandra	84	08-021	47.00	25m	5-10-97	Zaandam (NED)	226
149.	van Eerden Meike	00	08-021	47.06	25m	20-11-22	Den Helder (NED)	225
150.	Grul Lisanne	97	08-021	47.10	25m	10-3-13	Schagen (NED)	224
151.	de Loos Marijke	94	08-021	47.13	25m	23-5-10	Purmerend (NED)	224
152.	van Rijn Sydney	03	08-021	47.14	25m	7-10-18	Purmerend (NED)	224
153.	van de Kamp Yvonne	65	08-021	47.20	25m	14-3-81	Heemskerk (NED)	223
154.	ten Cate Joyce	80	08-021	47.21	25m	27-1-11	Heemskerk (NED)	223

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155.	Meesters Audrey	90	08-021	47.25	25m	27-4-03	Zaandam	222
156.	Huisman Caroline	64	08-021	47.30	25m	17-9-77	Heemskerk (NED)	221
156.	Beeksma Anne	88	08-021	47.30	25m	21-4-02	Heemstede	221
158.	Ardicyaka Irem	06	08-021	47.36	25m	7-3-19	Heemskerk (NED)	221
159.	Angenent Nienke	01	08-021	47.37	25m	6-3-14	Heemskerk (NED)	221
160.	Lange Sandra	67	08-021	47.50	25m	16-3-80	Heemskerk (NED)	219
161.	Put Ann	64	08-021	47.60	25m	10-2-80	Heerhugowaard (NED)	217
161.	Zonneveld Monica	80	08-021	47.60	25m	13-10-93		217
161.	Potemans Priscilla	84	08-021	47.60	25m	11-9-97	Heemskerk (NED)	217
164.	Zonneveld Melissa	88	08-021	47.76	25m	30-9-04	Heemskerk (NED)	215
165.	Lindelauf Priscilla	85	08-021	47.78	25m	14-12-00	Heemskerk (NED)	215
166.	Berloth Lydia	68	08-021	47.80	25m	4-10-80	Heemskerk (NED)	215
167.	Bruins Julia	06	08-021	47.85	25m	5-6-25	Heemskerk (NED)	214
168.	Luesken Marian	62	08-021	47.90	25m	30-3-76	Heemskerk (NED)	213
169.	van der Horst Sacha	69	08-021	48.00	25m	14-3-81	Heemskerk (NED)	212
170.	Boere Sacha	91	08-021	48.09	25m	28-4-05	Heemskerk (NED)	211
171.	Dijkstra Ingrid	68	08-021	48.10	25m	14-3-81	Heemskerk (NED)	211
171.	Bouwer Jolien	89	08-021	48.10	25m	28-11-02	Heemskerk	211
173.	Mooy Monique	69	08-021	48.20	25m	13-12-81	Volendam (NED)	209
173.	Pover Karin	67	08-021	48.20	25m	8-3-87	Zaandam (NED)	209
173.	van Velsen Patricia	79	08-021	48.20	25m	20-10-94	Heemskerk (NED)	209
176.	Steenkamp Ciska	90	08-021	48.28	25m	14-12-00	Heemskerk (NED)	208
177.	Deiman Caroline	67	08-021	48.30	25m	8-2-89		208
177.	de Groot Linda	81	08-021	48.30	25m	10-10-96	Heemskerk (NED)	208
179.	Raszinski Nienke	01	08-021	48.47	25m	6-3-14	Heemskerk (NED)	206
180.	Nijman José	93	08-021	48.53	25m	28-10-07	Zaandam (NED)	205
181.	de Jong Desire	73	08-021	48.60	25m	8-3-87	Zaandam (NED)	204
182.	Martens landra	03	08-021	48.63	25m	8-1-15	Heemskerk (NED)	204
183.	van Giezen Corina	68	08-021	48.70	25m	14-3-81	Heemskerk (NED)	203
183.	de Graaf Annemiek	70	08-021	48.70	25m	3-5-81	Zaandam (NED)	203
185.	van Putten Demi	96	08-021	48.74	25m	29-5-11	Purmerend (NED)	202
186.	Bouwman Esther	63	08-021	48.80	25m	30-3-76	Heemskerk (NED)	202
186.	van Giezen Irene	67	08-021	48.80	25m	14-3-81	Heemskerk (NED)	202
188.	Viel Bianca	85	08-021	48.92	25m	14-12-00	Heemskerk (NED)	200
189.	Hoek Laura	86	08-021	48.96	25m	16-12-99	Heemskerk	200
190.	de Pree Caroline	64	08-021	49.00	25m	10-2-80	Heerhugowaard (NED)	199
190.	Rasch Monique	66	08-021	49.00	25m	14-3-81	Heemskerk (NED)	199
192.	Visser Shana	04	08-021	49.02	25m	16-3-17	Heemskerk (NED)	199
193.	Yayli Serina	90	08-021	49.16	25m	31-1-02	Heemskerk	197
194.	Huneker Jolanda	79	08-021	49.30	25m	10-10-96	Heemskerk (NED)	196
195.	Koopman Jessie	97	08-021	49.37	25m	7-2-10	Heemstede (NED)	195
196.	Bakker Daniëlle	96	08-021	49.49	25m	22-1-09	Heemskerk (NED)	193
197.	Mans Joyce	67	08-021	49.50	25m	16-3-80	Heemskerk (NED)	193
197.	van Leeuwen Andrea	71	08-021	49.50	25m	14-3-81	Heemskerk (NED)	193
199.	Liefting Marielle	90	08-021	49.67	25m	20-12-01	Heemskerk	191
200.	Palthe Monique	64	08-021	49.70	25m	10-2-80	Heerhugowaard (NED)	191
200.	Huisman Jolanda	68	08-021	49.70	25m	14-3-81	Heemskerk (NED)	191
200.	Buitenhuis Danine	91	08-021	49.70	25m	24-4-03	Heemskerk	191
203.	ten Cate Ilona	85	08-021	49.78	25m	30-11-06	Heemskerk	190
204.	van den Braber Liesbeth	84	08-021	49.80	25m	9-4-98	Heemskerk (NED)	190
205.	Reyners Lisette	69	08-021	50.00	25m	29-11-82	Heemskerk (NED)	187
205.	Mulder Amy	80	08-021	50.00	25m	20-3-93		187
205.	de Vries Justine	83	08-021	50.00	25m	1-5-97	Heemskerk (NED)	187

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208.	Reuderink Miranda	63	08-021	50.10	25m	17-9-77	Heemskerk (NED)	186
208.	Rijpkema Marije	85	08-021	50.10	25m	11-9-97	Heemskerk (NED)	186
208.	Aardenburg Judith	93	08-021	50.10	25m	28-11-04	Heemskerk (NED)	186
211.	Zijlstra Mariëlle	83	08-021	50.20	25m	16-9-95	Hoogeland (NED)	185
212.	Visser Robin	05	08-021	50.26	50m	25-3-18	Alkmaar (NED)	200
213.	Venema Jalina	04	08-021	50.27	25m	13-10-16	Heemskerk (NED)	184
214.	van der Eng Laura	80	08-021	50.30	25m	10-10-96	Heemskerk (NED)	184
215.	Dekker Danyk	94	08-021	50.39	25m	31-1-08	Heemskerk (NED)	183
216.	Poppema Yvonne	68	08-021	50.40	25m	10-2-80	Heerhugowaard (NED)	183
216.	van Giezen Wendy	70	08-021	50.40	25m	14-3-81	Heemskerk (NED)	183
218.	de Groot Marlijn	92	08-021	50.45	25m	16-5-05	Zuidoost-Beemster (NED)	182
218.	Rodenburg Kyra	96	08-021	50.45	25m	24-11-05	Heemskerk (NED)	182
220.	Last Rooske	94	08-021	50.47	25m	23-5-10	Purmerend (NED)	182
221.	Calkhoven Mariëtte	65	08-021	50.50	25m	30-3-76	Heemskerk (NED)	182
222.	Bakker Anna	97	08-021	50.53	25m	22-1-09	Heemskerk (NED)	182
223.	Huber Emma	13	08-021	50.61	25m	25-1-26	Purmerend (NED)	181
224.	Steenbakker Lisan	07	08-021	50.67	25m	26-9-24	Heemskerk (NED)	180
225.	Wissenburg Petra	65	08-021	50.70	25m	17-9-77	Heemskerk (NED)	180
225.	Butter Noor	16	08-021	50.70	25m	9-11-25	Zaandam (NED)	180
227.	Elghandor Kiyaan	03	08-021	50.77	25m	29-3-15	Zaandam (NED)	179
228.	Smit Ingrid	67	08-021	50.80	25m	4-10-80	Heemskerk (NED)	179
229.	Stel Kaylin	01	08-021	50.94	25m	23-5-10	Purmerend (NED)	177
229.	Schut Bodine	09	08-021	50.94	25m	7-10-21	Heemskerk (NED)	177
231.	de Vriend Sofie	01	08-021	50.96	25m	3-2-13	Zaandam (NED)	177
232.	van der Wijden Eline	88	08-021	50.99	25m	14-12-00	Heemskerk (NED)	177
233.	Windmuller Annemarie	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
233.	Palthe Yvonne	67	08-021	51.00	25m	14-3-81	Heemskerk (NED)	177
233.	Cappelle Marcella	85	08-021	51.00	25m	5-10-97	Zaandam (NED)	177
236.	de Graaf Isabella	04	08-021	51.03	25m	7-10-18	Purmerend (NED)	176
237.	Weezepoel Natascha	07	08-021	51.05	25m	21-11-21	Den Helder (NED)	176
238.	Werdekker Marjolein	81	08-021	51.10	25m	13-2-97	Heemskerk (NED)	176
239.	de Graaf Dinie	71	08-021	51.20	25m	14-3-81	Heemskerk (NED)	175
239.	Hoolwerff Esther	77	08-021	51.20	25m	8-3-87	Zaandam (NED)	175
239.	van Asch Maria	74	08-021	51.20	25m	3-2-93		175
242.	Terhorst Ilja	67	08-021	51.50	25m	15-9-79	Heemskerk (NED)	171
242.	Sierra Ana Maria	69	08-021	51.50	25m	14-3-81	Heemskerk (NED)	171
242.	Koper Ella	90	08-021	51.50	25m	20-12-01	Heemskerk	171
245.	Essers Patricia	84	08-021	51.57	25m	16-12-99	Heemskerk	171
246.	Dreyer Elly	63	08-021	51.60	25m	22-4-78	Heemskerk (NED)	170
247.	Soellaart Esther	13	08-021	51.67	50m	13-12-25	Beverwijk (NED)	184
248.	Groot Irma	63	08-021	51.80	25m	30-3-76	Heemskerk (NED)	169
248.	Koper Leny	69	08-021	51.80	25m	10-2-80	Heerhugowaard (NED)	169
250.	Mosch Sabina	84	08-021	51.84	25m	28-11-02	Heemskerk	168
251.	Bakker Lisette	83	08-021	51.90	25m	9-4-98	Heemskerk (NED)	168
252.	van Rijn Ilona	65	08-021	52.00	25m	22-4-78	Heemskerk (NED)	167
253.	Dijkstra Pascal	89	08-021	52.23	25m	20-5-99	Heemskerk (NED)	164
254.	Renkema Marianne	70	08-021	52.30	25m	29-11-82	Heemskerk (NED)	164
255.	Kerkhoven Michelle	91	08-021	52.33	25m	30-11-00	Heemskerk (NED)	163
256.	Mes Norah	13	08-021	52.42	25m	5-6-25	Heemskerk (NED)	163
257.	Nijman Linda	89	08-021	52.54	25m	19-11-00	Zaandam (NED)	161
258.	Koper Selma	03	08-021	52.67	25m	21-4-13	Heemskerk (NED)	160
259.	van der Werf Chily	72	08-021	52.70	25m	29-11-82	Heemskerk (NED)	160
260.	Boonstra Esmé	02	08-021	52.75	25m	31-1-13	Heemskerk (NED)	160

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261.	Wiegman Brenda	72	08-021	52.80	25m	29-11-82	Heemskerk (NED)	159
261.	de Jong Frederike	75	08-021	52.80	25m	3-2-93		159
263.	Kesting Alexandra	00	08-021	52.81	25m	18-2-10	Heemskerk (NED)	159
264.	van Heerwaarden Vera	03	08-021	53.01	25m	5-3-20	Heemskerk (NED)	157
265.	Salido Keesje	05	08-021	53.02	25m	29-3-15	Zaandam (NED)	157
266.	Pover Ellen	72	08-021	53.10	25m	29-11-82	Heemskerk (NED)	156
267.	van Rijn Eline	07	08-021	53.14	25m	13-11-16	Purmerend (NED)	156
268.	van den Heuvel Sandra	80	08-021	53.20	25m	1-3-90	Heemskerk (NED)	156
268.	Werdekker Esther	83	08-021	53.20	25m	8-2-96	Heemskerk (NED)	156
270.	Doll Maartje	80	08-021	53.30	25m	12-5-93		155
271.	Ikink Marion	66	08-021	53.60	25m	29-11-82	Heemskerk (NED)	152
272.	van Ederen Jasmijn	10	08-021	53.65	25m	23-2-20	Krommenie (NED)	152
273.	Schelvis Liselot	92	08-021	53.69	25m	28-2-02	Heemskerk	151
274.	van Duivenvoorde Gerda	72	08-021	53.90	25m	29-11-82	Heemskerk (NED)	150
275.	Salem Lamies	03	08-021	54.09	25m	14-1-18	Purmerend (NED)	148
276.	van Noort Jony	85	08-021	54.10	25m	12-10-95	Heemskerk (NED)	148
276.	van Leen Cynthia	81	08-021	54.10	25m	11-1-96	Heemskerk (NED)	148
278.	Herwegh Izayra Rena	14	08-021	54.15	25m	27-2-25	Heemskerk (NED)	147
279.	Jonker Monique	66	08-021	54.20	25m	17-9-77	Heemskerk (NED)	147
279.	de Bruin Debby	70	08-021	54.20	25m	29-11-82	Heemskerk (NED)	147
281.	Tilgenkamp Lentley	13	08-021	54.26	25m	19-10-25	Zaandam (NED)	147
282.	van Duin Gerdine	65	08-021	54.40	25m	30-3-76	Heemskerk (NED)	145
282.	van Ruth Yoore	78	08-021	54.40	25m	13-6-91	Heemskerk (NED)	145
282.	Geurtsen Daisy	89	08-021	54.40	25m	29-3-01	Heemskerk (NED)	145
285.	Doodeman Sara	00	08-021	54.45	25m	27-1-11	Heemskerk (NED)	145
286.	Lensen Sarian	89	08-021	54.49	25m	20-12-01	Heemskerk	145
287.	van der Does Lisa	02	08-021	54.58	25m	21-4-14	Haarlem (NED)	144
288.	van Laarhoven Salome	15	08-021	54.65	25m	19-10-25	Zaandam (NED)	143
289.	de Jonge Ida	61	08-021	54.70	25m	17-9-77	Heemskerk (NED)	143
289.	van der Vaart Monique	70	08-021	54.70	25m	29-11-82	Heemskerk (NED)	143
289.	Bruins Bianca	81	08-021	54.70	25m	10-10-96	Heemskerk (NED)	143
292.	Huisman Lianne	87	08-021	54.72	25m	14-12-00	Heemskerk (NED)	143
292.	Kerkmeester Priscilla	96	08-021	54.72	25m	26-11-06	Heemskerk (NED)	143
294.	Hoeksema Kim	90	08-021	54.94	25m	18-11-01	Heemskerk	141
295.	Terluin Suus	09	08-021	54.96	25m	8-10-20	Heemskerk (NED)	141
296.	van 't Hof Manon	90	08-021	55.06	25m	28-2-02	Heemskerk	140
297.	de Boer Isabel	06	08-021	55.26	25m	6-9-15	Zaandam (NED)	139
298.	van Dijk Yvonne	65	08-021	55.30	25m	30-3-76	Heemskerk (NED)	138
299.	Pezo Adna	90	08-021	55.36	25m	20-12-01	Heemskerk	138
300.	Eijndhoven Jonna	02	08-021	55.38	25m	30-9-12	Heemskerk (NED)	138
300.	de Groot Sjors	08	08-021	55.38	25m	20-11-22	Den Helder (NED)	138
302.	van Gent Anja	66	08-021	55.70	25m	16-3-80	Heemskerk (NED)	135
303.	Visser Mara	09	08-021	55.72	25m	25-5-23	Heemskerk (NED)	135
304.	Mul Marinette	72	08-021	56.00	25m	29-11-82	Heemskerk (NED)	133
305.	van Roon Jill	14	08-021	56.01	25m	9-11-25	Zaandam (NED)	133
306.	Doevendans Phileine	06	08-021	56.18	25m	18-2-16	Heemskerk (NED)	132
307.	Morianner Susanna	72	08-021	56.20	25m	20-9-81	Den Helder (NED)	132
308.	Bos Froke	69	08-021	56.30	25m	10-2-80	Heerhugowaard (NED)	131
308.	van der Vaart Marjolijn	69	08-021	56.30	25m	29-11-82	Heemskerk (NED)	131
310.	Gelsumino Giulia	03	08-021	56.34	25m	24-9-15	Heemskerk (NED)	131
311.	Wegchelaer Ageeth	62	08-021	56.40	25m	17-9-77	Heemskerk (NED)	130
312.	van Dam Merel	14	08-021	56.44	25m	9-11-25	Zaandam (NED)	130
313.	Snijder Femke	83	08-021	56.50	25m	24-3-94	Heemskerk (NED)	130

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314.	van der Horst Wendy	72	08-021	56.60	25m	14-3-81	Heemskerk (NED)	129
314.	van der Helm Martine	72	08-021	56.60	25m	29-11-82	Heemskerk (NED)	129
316.	Slotemaker Britt	14	08-021	56.69	25m	24-11-24	Zaandam (NED)	128
317.	Hoorn Linsey	94	08-021	56.77	25m	31-3-05	Heemskerk (NED)	128
318.	Dekker Elise	97	08-021	56.84	25m	27-11-05	Heemskerk (NED)	127
319.	van Loon Monique	66	08-021	56.90	25m	29-11-82	Heemskerk (NED)	127
320.	Post Aijuna	14	08-021	57.06	25m	26-9-24	Heemskerk (NED)	126
321.	van Duivenvoorde Jose	70	08-021	57.30	25m	29-11-82	Heemskerk (NED)	124
321.	Heus Inge	81	08-021	57.30	25m	13-6-91	Heemskerk (NED)	124
323.	Zonneveld Jennifer	88	08-021	57.32	25m	29-3-01	Heemskerk (NED)	124
324.	Banks Riley	17	08-021	57.33	25m	20-10-24	Heemskerk (NED)	124
325.	Brands Ingrid	72	08-021	57.40	25m	29-11-82	Heemskerk (NED)	124
326.	Schijf Irene	83	08-021	57.50	25m	20-10-94	Heemskerk (NED)	123
327.	Ligthart Danique	07	08-021	57.86	25m	8-10-20	Heemskerk (NED)	121
328.	de Ruyter Yvonne	71	08-021	58.00	25m	29-11-82	Heemskerk (NED)	120
329.	Haack Fenna	16	08-021	58.10	25m	20-4-25	Haarlem (NED)	119
330.	Zeeman Esther	74	08-021	58.60	25m	29-11-82	Heemskerk (NED)	116
331.	Hol Manouk	05	08-021	58.77	25m	29-3-15	Zaandam (NED)	115
332.	Oliveira Rocha Yara	17	08-021	58.85	25m	27-2-25	Heemskerk (NED)	115
333.	van der Pijl Madelon	89	08-021	59.13	25m	24-9-98	Heemskerk (NED)	113
334.	Kerdijk Lianne	81	08-021	59.50	25m	10-1-91	Heemskerk (NED)	111
335.	ten Cate Naomi	93	08-021	59.86	25m	27-3-03	Heemskerk	109
336.	Wiesener Winnifred	62	08-021	59.90	25m	17-9-77	Heemskerk (NED)	109
337.	Copier Alyssa	04	08-021	1:00.18	25m	10-11-13	Zaandam (NED)	107
338.	Welboren Julia	00	08-021	1:00.68	25m	9-10-11	Zaandam (NED)	105
339.	Kuijper Michelle	91	08-021	1:00.70	25m	20-12-01	Heemskerk	105
340.	Hoekstra Femke	05	08-021	1:00.78	25m	9-6-14	Purmerend (NED)	104
341.	de Caluwe Joyce	94	08-021	1:00.85	25m	27-2-03	Heemskerk	104
342.	Atzei Sabina	71	08-021	1:00.90	25m	29-11-82	Heemskerk (NED)	104
343.	Kuijl Karin	65	08-021	1:01.00	25m	17-9-77	Heemskerk (NED)	103
344.	Sanen Casey	99	08-021	1:01.46	25m	8-11-09	Heemstede (NED)	101
345.	Janssen Tess	89	08-021	1:01.50	25m	9-4-98	Heemskerk (NED)	100
345.	van Hiele Femke	13	08-021	1:01.50	25m	8-2-26	Purmerend (NED)	100
347.	Schoonenberg Patricia	72	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	99
348.	Koppes Monique	69	08-021	1:01.90	25m	10-2-80	Heerhugowaard (NED)	99
349.	Haack Zowi	18	08-021	1:02.61	25m	9-11-25	Zaandam (NED)	95
350.	van Zalingen Margreet	67	08-021	1:03.00	25m	17-9-77	Heemskerk (NED)	93
350.	Pirovano Monique	69	08-021	1:03.00	25m	10-2-80	Heerhugowaard (NED)	93
350.	van Perlo Carla	75	08-021	1:03.00	25m	29-11-82	Heemskerk (NED)	93
353.	Bovekerk Annefleur	99	08-021	1:03.49	25m	27-9-09	Hoor (NED)	91
354.	Zuidervaart Anne	02	08-021	1:04.18	25m	9-2-12	Heemskerk (NED)	88
354.	Ramazani Helia	16	08-021	1:04.18	50m	13-12-25	Beverwijk (NED)	96
356.	Beentjes Karin	72	08-021	1:04.60	25m	29-11-82	Heemskerk (NED)	87
357.	Stedelaar Jose	73	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	85
358.	Naber Eva	73	08-021	1:06.30	25m	29-11-82	Heemskerk (NED)	80
359.	van der Stigchel Samantha	96	08-021	1:08.17	25m	31-1-08	Heemskerk (NED)	74
360.	Windmuller Jolande	65	08-021	1:09.70	25m	17-9-77	Heemskerk (NED)	69
361.	Hartog Martine	74	08-021	1:11.90	25m	29-11-82	Heemskerk (NED)	63
362.	Dekker Jane	17	08-021	1:12.48	25m	27-2-25	Heemskerk (NED)	61
363.	van Dijk Marike	73	08-021	1:14.80	25m	29-11-82	Heemskerk (NED)	56
364.	Bok Femke	74	08-021	1:16.10	25m	29-11-82	Heemskerk (NED)	53
365.	Dekker Ivy	16	08-021	1:19.29	25m	27-2-25	Heemskerk (NED)	47
366.	van Ess Zoe	14	08-021	1:24.48	25m	12-10-25	Heemskerk (NED)	38

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367. Schrauwen Riva	18	08-021	1:51.30	25m	1-2-26	Krommenie (NED)	17
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1. Kingma Danae	00	08-021	1:16.62	25m	13-11-16	Purmerend (NED)	539
2. Broek Jade	97	08-021	1:19.62	25m	24-11-19	Hoofddorp (NED)	480
3. van Honk Chantal	80	08-021	1:19.80	25m	13-12-92	Heemskerk (NED)	477
4. Drubers Mirjam	67	08-021	1:20.90	25m	31-12-85		458
5. de Haan Shira	00	08-021	1:21.89	25m	7-10-18	Purmerend (NED)	441
6. Palmboom Nicole	91	08-021	1:22.16	25m	25-11-07	Amsterdam (NED)	437
7. van der Geest Saskia	73	08-021	1:22.60	25m	7-2-88	Heemskerk (NED)	430
8. Stam Vanessa	80	08-021	1:24.30	25m	7-11-96	Heemskerk (NED)	404
9. van Rookhuizen Sieta	79	08-021	1:24.87	25m	5-4-99	Haarlem (NED)	396
9. de Groot Daniëlle	93	08-021	1:24.87	25m	27-3-08	Heemskerk (NED)	396
11. Kramer Miranda	80	08-021	1:25.00	25m	13-4-98	Haarlem (NED)	394
12. Crok Linda	94	08-021	1:25.35	25m	1-10-17	Purmerend (NED)	390
13. Hoekstra Eline	03	08-021	1:25.41	25m	8-10-20	Heemskerk (NED)	389
14. Wentink Yara	04	08-021	1:25.45	25m	26-9-24	Heemskerk (NED)	388
15. van 't Veer Iris	03	08-021	1:25.51	25m	6-4-25	Purmerend (NED)	387
16. Teufer Irene	96	08-021	1:25.82	25m	24-3-08	Haarlem (NED)	383
17. Schelvis Femke	84	08-021	1:25.84	25m	28-1-99	Heemskerk (NED)	383
18. Gijzen-van der Kroft Nicole	84	08-021	1:25.98	25m	28-3-02	Heemskerk	381
19. Groen Anne	95	08-021	1:26.47	25m	13-10-16	Heemskerk (NED)	375
20. Stam Sabrina	82	08-021	1:26.50	25m	14-12-97	Heemskerk (NED)	374
21. Schelvis Roos	86	08-021	1:26.96	25m	28-3-02	Heemskerk	368
22. Herwegh Binthy	09	08-021	1:26.99	25m	20-10-24	Heemskerk (NED)	368
23. Crok Annemarie	89	08-021	1:27.24	25m	19-11-09	Heemskerk (NED)	365
24. Peters Yvonne	63	08-021	1:27.40	25m	6-10-85	Wormerveer (NED)	363
25. Siemerink Laura	04	08-021	1:27.53	25m	13-1-19	Purmerend (NED)	361
26. ten Bokkel Henrieke	94	08-021	1:27.67	25m	10-2-19	Purmerend (NED)	359
27. Koster Lisa	94	08-021	1:28.10	25m	17-11-07	Barneveld (NED)	354
28. van Galen Angela	65	08-021	1:28.20	25m	14-3-82		353
29. Mallon Danique	94	08-021	1:28.39	25m	14-3-10	Heemskerk (NED)	351
30. Smit Sanne	01	08-021	1:28.41	25m	1-10-17	Purmerend (NED)	350
31. Plokker Sylvia	68	08-021	1:28.70	25m	21-3-82		347
32. Stel Serena	98	08-021	1:28.72	25m	5-4-10	Haarlem (NED)	347
33. Hulshof Saskia	73	08-021	1:28.80	25m	28-2-90		346
34. van der Gracht Anouk	89	08-021	1:29.12	25m	29-4-07	Alkmaar (NED)	342
35. Niesten Iris	92	08-021	1:29.23	25m	29-11-09	Heemskerk (NED)	341
36. Veldhuis Amelia	03	08-021	1:29.26	25m	8-10-20	Heemskerk (NED)	340
37. Oudendijk Bianca	79	08-021	1:29.40	25m	19-11-94		339
38. de Graaf Dinie	71	08-021	1:29.60	25m	31-12-83		337
39. Boekling Annette	85	08-021	1:29.62	25m	16-4-00	Zaandam (NED)	336
40. van Giezen Sandra	63	08-021	1:29.70	25m	14-3-82		336
41. Vink Marjolein	93	08-021	1:29.86	25m	30-9-07	Volendam (NED)	334
42. Vink Lidewij	90	08-021	1:29.92	25m	17-4-06	Haarlem (NED)	333
43. Spijker Kristel	84	08-021	1:29.97	25m	19-11-09	Heemskerk (NED)	332
44. Stins Mariska	84	08-021	1:30.00	25m	5-1-03	Aalsmeer (NED)	332
45. Petit Kirsten	00	08-021	1:30.01	25m	13-11-16	Purmerend (NED)	332
46. Kleijne Daisy	89	08-021	1:30.08	25m	16-2-06	Heemskerk (NED)	331
47. de Wildt Maud	05	08-021	1:30.30	25m	6-10-19	Purmerend (NED)	329
48. Essers Sanne	91	08-021	1:30.45	25m	29-12-06	Maastricht (NED)	327
49. Heus Pauline	78	08-021	1:30.50	25m	13-4-98	Haarlem (NED)	327

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50.	Niessen Annet	62	08-021	1:30.80	25m	26-2-78	Castricum (NED)	323
51.	Koper Fiona	01	08-021	1:30.88	25m	14-1-18	Purmerend (NED)	323
52.	de Groot Gitta	60	08-021	1:31.00	25m	23-10-77	Zandvoort (NED)	321
53.	Hoek Daniëlle	88	08-021	1:31.06	25m	3-10-04	Heemskerk (NED)	321
54.	Nijholt Carin	60	08-021	1:31.10	25m	23-10-77	Zandvoort (NED)	320
55.	van Huisstede Nikita	01	08-021	1:31.14	25m	6-3-16	Purmerend (NED)	320
56.	van Leeuwen Andrea	71	08-021	1:31.20	25m	12-2-84	Heemskerk (NED)	319
57.	Buur Naomi	01	08-021	1:31.22	25m	4-10-15	Purmerend (NED)	319
58.	Limmen Miriam	75	08-021	1:31.30	25m	10-1-91	Heemskerk (NED)	318
59.	Hogema Fabiën	93	08-021	1:31.50	25m	9-4-07	Haarlem (NED)	316
60.	Missot Gonda	66	08-021	1:31.70	25m	21-4-79	Deinze (BEL)	314
60.	van Staveren Marina	78	08-021	1:31.70	25m	13-5-12	Grootebroek (NED)	314
62.	de Boer Maia	03	08-021	1:31.71	25m	21-11-21	Den Helder (NED)	314
63.	Schuyt Simone	75	08-021	1:32.00	25m	30-9-89		311
64.	van Assema Eline	05	08-021	1:32.25	25m	3-10-21	Den Helder (NED)	308
65.	Meijer Sylvia	81	08-021	1:32.60	25m	10-12-95	Heemskerk (NED)	305
65.	de Boer Irene	84	08-021	1:32.60	25m	30-3-97	Haarlem (NED)	305
67.	van Langelaar Tessa	97	08-021	1:32.66	25m	25-11-12	Heemskerk (NED)	304
68.	Moolevliet Petra	82	08-021	1:32.70	25m	17-3-96	Heemskerk (NED)	304
69.	Cappelle Carlijn	82	08-021	1:32.80	25m	1-5-97	Heemskerk (NED)	303
70.	de Ruijter Linda	87	08-021	1:33.02	25m	23-3-03	Heemstede	301
71.	Visser Stacey	87	08-021	1:33.03	25m	22-4-01	Heemskerk (NED)	301
72.	van Duin Margret	60	08-021	1:33.10	25m	10-12-77	Heemskerk (NED)	300
73.	van Ballegooie Stefanie	86	08-021	1:33.46	25m	7-4-02	Heemskerk	297
74.	Besse Karen	75	08-021	1:33.50	25m	26-9-90		296
74.	Dijkstra Lisette	86	08-021	1:33.50	25m	9-10-97	Heemskerk (NED)	296
76.	Herwegh Yara	07	08-021	1:33.64	25m	26-9-24	Heemskerk (NED)	295
77.	Schoonderwoerd Rianne	95	08-021	1:33.66	50m	28-5-23	Arnsberg (GER)	321
78.	de Boer Claudia	77	08-021	1:33.70	25m	5-1-91	Hilversum (NED)	294
79.	Ivens Suzanne	99	08-021	1:33.78	25m	17-11-13	Heemskerk (NED)	294
80.	Limmen Karin	76	08-021	1:33.80	25m	27-9-90	Heemskerk (NED)	293
81.	Beentjes Nicolet	80	08-021	1:33.84	25m	14-2-99	Heemskerk (NED)	293
82.	Koopman Anitra	89	08-021	1:33.95	25m	24-3-02	Heemstede	292
83.	Scholten Britt	04	08-021	1:34.28	25m	8-10-20	Heemskerk (NED)	289
84.	van der Horst Sacha	69	08-021	1:34.30	25m	17-5-81	Castricum (NED)	289
85.	Renkema Iris	04	08-021	1:34.36	25m	17-1-16	Purmerend (NED)	288
86.	Lund Karin	63	08-021	1:34.40	25m	12-2-78	Heemskerk (NED)	288
87.	Butter Anouk	82	08-021	1:34.54	25m	18-9-25	Heemskerk (NED)	286
88.	Windmuller Wendy	69	08-021	1:34.60	25m	17-1-82		286
89.	Halbersma Jenny	70	08-021	1:34.90	25m	16-1-83	Heemskerk (NED)	283
89.	Bruin Adri	74	08-021	1:34.90	25m	18-2-89		283
91.	Knight Kayleigh	00	08-021	1:34.91	25m	14-1-18	Purmerend (NED)	283
92.	Groot Tineke	60	08-021	1:35.00	25m	31-8-80	Heemskerk (NED)	282
92.	de Boer Angela	80	08-021	1:35.00	25m	5-3-94		282
94.	Tholen Kirsten	66	08-021	1:35.10	25m	16-1-83	Heemskerk (NED)	281
95.	Buur Cindy	99	08-021	1:35.17	25m	13-10-16	Heemskerk (NED)	281
96.	van Ballegooie Simone	84	08-021	1:35.26	25m	26-9-98	Assendelft (NED)	280
96.	Krouwels Tanja	79	08-021	1:35.26	25m	29-10-98	Heemskerk (NED)	280
98.	Zonneveld Chantal	84	08-021	1:35.60	25m	27-1-99		277
99.	de Wolff Isabel	01	08-021	1:35.66	25m	6-3-16	Purmerend (NED)	277
100.	Vredenburg Roos	95	08-021	1:35.67	25m	22-5-10	Purmerend (NED)	276
101.	van Giezen Irene	67	08-021	1:35.70	25m	6-2-83		276
101.	Bruin Marianne	78	08-021	1:35.70	25m	16-12-90	Heemskerk (NED)	276

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103.	Blaauw Yente	03	08-021	1:35.88	25m	24-3-19	Purmerend (NED)	275
104.	van de Poll Marianne	89	08-021	1:36.03	25m	26-2-04	Heemskerk (NED)	273
104.	Haasbroek Renske	03	08-021	1:36.03	25m	26-11-23	Hoofddorp (NED)	273
106.	van Giezen Wendy	70	08-021	1:36.10	25m	7-2-82		273
107.	de Graaf Annemiek	70	08-021	1:36.40	25m	17-5-81	Castricum (NED)	270
108.	Oortwijn Jytte	10	08-021	1:36.43	25m	12-1-25	Heemskerk (NED)	270
109.	Verbree Bets	63	08-021	1:36.50	25m	8-2-81	Sassenheim (NED)	269
110.	Poppema Yvonne	68	08-021	1:36.70	25m	10-4-83	Heemskerk (NED)	268
111.	van Kooten Cynthia	93	08-021	1:36.73	25m	14-1-07	Amsterdam (NED)	267
112.	Munnik Yvonne	64	08-021	1:36.80	25m	7-5-78	Assendelft (NED)	267
113.	Jongema Helena	80	08-021	1:36.85	25m	19-11-09	Heemskerk (NED)	266
114.	Oosterveen Yvonne	80	08-021	1:36.90	25m	13-12-92	Heemskerk (NED)	266
115.	Bakker Jesca	79	08-021	1:37.10	25m	7-12-89	Heemskerk (NED)	264
116.	Zeeman Judith	70	08-021	1:37.50	25m	7-2-82		261
116.	Willemse Renee	75	08-021	1:37.50	25m	31-12-86		261
116.	Meijer Linda	77	08-021	1:37.50	25m	1-3-90	Heemskerk (NED)	261
119.	Huisman Caroline	64	08-021	1:37.80	25m	23-4-76		259
120.	Zwaan Melissa	91	08-021	1:38.15	25m	28-12-03	Maastricht (NED)	256
121.	Bos Marieke	06	08-021	1:38.17	25m	24-3-19	Purmerend (NED)	256
122.	Koper Birgit	87	08-021	1:38.25	25m	16-3-03	Heemskerk	255
123.	Liefting Sarina	93	08-021	1:38.28	25m	14-1-07	Amsterdam (NED)	255
124.	Huisman Jolanda	68	08-021	1:38.30	25m	12-2-84	Heemskerk (NED)	255
125.	Sierra Ana Maria	69	08-021	1:38.50	25m	14-3-82		253
126.	Visser Kelly	89	08-021	1:38.57	25m	11-10-12	Heemskerk (NED)	253
127.	Molenaar Eline	82	08-021	1:38.58	25m	10-10-99	Zaandam (NED)	253
127.	Beentjes Daphne	91	08-021	1:38.58	25m	26-2-04	Heemskerk (NED)	253
129.	Rodenburg Rianne	93	08-021	1:38.68	25m	16-2-06	Heemskerk (NED)	252
130.	Walraven Annet	62	08-021	1:39.00	25m	7-5-78	Assendelft (NED)	249
131.	van Sikkelerus Lisa	99	08-021	1:39.35	25m	9-3-14	Zaandam (NED)	247
132.	Regelink Anneke	83	08-021	1:39.39	25m	28-1-99	Heemskerk (NED)	246
132.	Sahin Sümeyye Sena	10	08-021	1:39.39	25m	23-4-23	Den Helder (NED)	246
134.	van Giezen Corina	68	08-021	1:39.50	25m	17-1-82		246
135.	Berloth Lydia	68	08-021	1:39.60	25m	6-2-83		245
136.	Dijkstra Maud	84	08-021	1:39.90	25m	13-4-98	Haarlem (NED)	243
137.	Schaefer Lisa	06	08-021	1:39.97	25m	19-9-19	Heemskerk (NED)	242
138.	Pover Karin	67	08-021	1:40.00	25m	11-10-81	Heemskerk (NED)	242
139.	Angenent Nienke	01	08-021	1:40.08	25m	18-9-14	Heemskerk (NED)	241
140.	van Eerden Meike	00	08-021	1:40.09	25m	2-10-22	Den Helder (NED)	241
140.	de Roode Xara	08	08-021	1:40.09	25m	8-2-26	Purmerend (NED)	241
142.	van Koeveringe Nicole	93	08-021	1:40.15	25m	30-10-08	Heemskerk (NED)	241
143.	Rasch Monique	66	08-021	1:40.50	25m	16-1-83	Heemskerk (NED)	238
143.	de Vries Cathy	77	08-021	1:40.50	25m	10-1-91	Heemskerk (NED)	238
145.	Limmen Anita	78	08-021	1:40.60	25m	3-4-93		238
146.	Nijman José	93	08-021	1:40.71	25m	30-9-07	Volendam (NED)	237
147.	van Vliet Isabel	02	08-021	1:41.09	50m	4-3-18	Amsterdam (NED)	255
148.	Ardicyaka Irem	06	08-021	1:41.10	25m	6-10-19	Purmerend (NED)	234
149.	Hermans Liesbeth	66	08-021	1:41.20	25m	29-11-81	Zaandam (NED)	233
150.	Smit Lydia	84	08-021	1:41.25	25m	14-2-99	Heemskerk (NED)	233
151.	Dreyer Elly	63	08-021	1:41.50	25m	31-8-80	Heemskerk (NED)	231
151.	Besse Meta	78	08-021	1:41.50	25m	24-2-91	Heemskerk (NED)	231
151.	Lindelauf Priscilla	85	08-021	1:41.50	25m	12-4-98	Haarlem (NED)	231
154.	Bouwman Esther	63	08-021	1:41.80	25m	10-12-77	Heemskerk (NED)	229
154.	Hommersen Sandra	84	08-021	1:41.80	25m	28-1-99	Heemskerk (NED)	229

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156.	Ligterink Angela	76	08-021	1:41.90	25m	16-1-88	Hilversum (NED)	229
157.	Zonneveld Cindy	75	08-021	1:42.00	25m	30-9-89		228
158.	Zwarthoed Brenda	96	08-021	1:42.08	25m	27-3-08	Heemskerk (NED)	227
159.	Hoffland Yasmin	01	08-021	1:42.12	25m	9-11-17	Heemskerk (NED)	227
160.	Steenkamp Ciska	90	08-021	1:42.15	25m	30-9-01	Zaandam (NED)	227
161.	Terhorst Ilja	67	08-021	1:42.20	25m	21-9-80	Heemskerk (NED)	227
161.	Dijkstra Ingrid	68	08-021	1:42.20	25m	6-2-83		227
163.	Nemchonok Alisa	82	08-021	1:42.33	25m	28-1-99	Heemskerk (NED)	226
164.	Aafjes Suzan	69	08-021	1:42.40	25m	12-4-81	Z.O. Beemster (NED)	225
165.	Zonneveld Monica	80	08-021	1:42.50	25m	20-3-93		225
166.	Viel Bianca	85	08-021	1:42.76	25m	29-10-98	Heemskerk (NED)	223
166.	ten Cate Joyce	80	08-021	1:42.76	25m	27-3-08	Heemskerk (NED)	223
168.	van der Werf Chily	72	08-021	1:42.90	25m	29-9-85	Heemskerk (NED)	222
168.	Hoogervorst Marlon	84	08-021	1:42.90	25m	22-1-95	Castricum (NED)	222
170.	Bos Chantal	74	08-021	1:43.00	25m	13-12-87	Assendelft (NED)	221
171.	Rijpkema Marije	85	08-021	1:43.30	25m	28-3-02	Heemskerk	219
172.	Dijkstra Janet	77	08-021	1:43.50	25m	18-2-89		218
173.	Kuiperi Judith	63	08-021	1:43.80	25m	24-5-75	Z.O. Beemster (NED)	216
174.	Bakkum Wilma	62	08-021	1:44.00	25m	23-10-77	Zandvoort (NED)	215
175.	Wieman Lianne	03	08-021	1:44.12	25m	9-11-17	Heemskerk (NED)	214
176.	Feenstra Petra	71	08-021	1:44.30	25m	22-1-84	Zandvoort (NED)	213
177.	Pover Ellen	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	210
177.	van Velsen Patricia	79	08-021	1:44.80	25m	27-11-93		210
179.	Grul Lisanne	97	08-021	1:44.88	25m	11-10-12	Heemskerk (NED)	210
180.	Zijlstra Mariëlle	83	08-021	1:44.90	25m	28-1-96	Zaandam (NED)	210
181.	Hoek Laura	86	08-021	1:44.99	25m	4-5-00	Heemskerk (NED)	209
182.	Martens landra	03	08-021	1:45.06	25m	24-9-15	Heemskerk (NED)	209
183.	de Vries Justine	83	08-021	1:45.20	25m	13-2-97	Heemskerk (NED)	208
183.	Visser Shana	04	08-021	1:45.20	25m	9-10-16	Alkmaar (NED)	208
185.	Bouwer Jolien	89	08-021	1:45.22	25m	19-1-03	Zaandam	208
186.	van de Kamp Yvonne	65	08-021	1:45.30	25m	27-1-80	Zaandam (NED)	207
186.	Deiman Caroline	67	08-021	1:45.30	25m	4-11-89		207
188.	Dekker Danyk	94	08-021	1:45.33	25m	27-3-08	Heemskerk (NED)	207
189.	van der Leden Cynthia	66	08-021	1:45.40	25m	27-11-77	IJmuiden (NED)	207
189.	Horst Diana	67	08-021	1:45.40	25m	11-10-81	Heemskerk (NED)	207
191.	van Rijn Sydney	03	08-021	1:45.46	25m	7-10-18	Purmerend (NED)	206
192.	Bakker Anna	97	08-021	1:45.86	25m	18-1-09	Haarlem (NED)	204
193.	de Loos Marijke	94	08-021	1:46.22	25m	19-11-09	Heemskerk (NED)	202
194.	Meesters Audrey	90	08-021	1:46.30	25m	19-1-03	Zaandam	201
195.	Schaaper Margriet	62	08-021	1:46.50	25m	1-9-79	Heemskerk (NED)	200
196.	Raszinski Nienke	01	08-021	1:46.51	25m	10-11-13	Zaandam (NED)	200
197.	van Putten Demi	96	08-021	1:46.57	25m	13-3-11	Heemskerk (NED)	200
198.	Bruins Julia	06	08-021	1:46.69	25m	18-9-25	Heemskerk (NED)	199
199.	Koper Ella	90	08-021	1:46.86	25m	3-2-02	Zaandam (NED)	198
200.	Jansen Pauline	67	08-021	1:46.90	25m	6-2-83		198
201.	de Groot Linda	81	08-021	1:46.91	25m	28-1-99	Heemskerk (NED)	198
202.	Steenbakker Lisan	07	08-021	1:47.07	25m	26-9-24	Heemskerk (NED)	197
203.	Windmuller Annemarie	67	08-021	1:47.50	25m	2-12-79	Zaandam (NED)	195
204.	van der Wijden Eline	88	08-021	1:47.97	25m	10-12-00	Heemskerk (NED)	192
205.	van der Horst Wendy	72	08-021	1:48.00	25m	6-9-81	Heemskerk (NED)	192
206.	Venema Jalina	04	08-021	1:48.14	25m	12-3-17	Purmerend (NED)	191
207.	Snijder Femke	83	08-021	1:48.20	25m	3-4-94	Haarlem (NED)	191
208.	Yayli Serina	90	08-021	1:48.27	25m	24-3-02	Heemstede	191

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209.	de Nijs Martine	71	08-021	1:48.40	25m	28-10-84	Egmond (NED)	190
209.	de Jong Desire	73	08-021	1:48.40	25m	22-3-87	Heerhugowaard (NED)	190
211.	Zonneveld Melissa	88	08-021	1:48.55	25m	28-10-04	Heemskerk (NED)	189
212.	de Groot Marlijn	92	08-021	1:48.56	25m	27-3-05	Haarlem (NED)	189
213.	Mulder Amy	80	08-021	1:48.70	25m	20-12-92	Volendam (NED)	188
214.	Huneker Jolanda	79	08-021	1:48.82	25m	29-10-98	Heemskerk (NED)	188
215.	Beeksma Anne	88	08-021	1:48.83	25m	13-1-02	Zaandam	188
216.	Potemans Priscilla	84	08-021	1:49.00	25m	7-11-96	Heemskerk (NED)	187
217.	Liefting Marielle	90	08-021	1:49.01	50m	20-10-02	Beverwijk (NED)	203
218.	Visser Robin	05	08-021	1:49.09	25m	13-10-16	Heemskerk (NED)	186
219.	Boere Sacha	91	08-021	1:49.13	25m	31-3-05	Heemskerk (NED)	186
220.	Smit Ingrid	67	08-021	1:49.20	25m	21-9-80	Heemskerk (NED)	186
220.	Wiegman Brenda	72	08-021	1:49.20	25m	12-2-84	Heemskerk (NED)	186
220.	Bos Annelies	74	08-021	1:49.20	25m	12-12-87		186
223.	Bakker Daniëlle	96	08-021	1:49.23	25m	10-5-08	Purmerend (NED)	186
224.	Geurtsen Daisy	89	08-021	1:49.61	25m	13-1-02	Zaandam	184
225.	van Perlo Carla	75	08-021	1:50.10	25m	29-9-85	Heemskerk (NED)	181
226.	Buitenhuis Danine	91	08-021	1:50.11	25m	31-10-02	Heemskerk	181
227.	Last Rooske	94	08-021	1:50.28	25m	4-10-09	Amsterdam-oost (NED)	180
228.	Verhagen Sabine	71	08-021	1:50.30	25m	28-10-84	Egmond (NED)	180
229.	Koopman Jessie	97	08-021	1:50.39	25m	17-1-10	Amsterdam-oost (NED)	180
230.	ten Cate Ilona	85	08-021	1:50.40	25m	12-6-00	Haarlem (NED)	180
231.	de Graaf Isabella	04	08-021	1:50.41	25m	7-10-18	Purmerend (NED)	180
232.	Butter Noor	16	08-021	1:50.42	25m	28-9-25	Krommenie (NED)	180
233.	Stel Kaylin	01	08-021	1:50.44	25m	5-6-10	Zaandam (NED)	180
234.	Weezepeel Natascha	07	08-021	1:50.50	25m	21-11-21	Den Helder (NED)	179
235.	Schelvis Liselot	92	08-021	1:51.00	50m	25-4-04	Beverwijk (NED)	192
236.	Huber Emma	13	08-021	1:51.09	25m	8-2-26	Purmerend (NED)	176
237.	Mosch Sabina	84	08-021	1:51.10	25m	17-5-98	Heemskerk (NED)	176
238.	van der Eng Laura	80	08-021	1:51.30	25m	6-4-96	Haarlem (NED)	175
239.	van der Poel Kelly	72	08-021	1:51.40	25m	29-9-85	Heemskerk (NED)	175
240.	van den Braber Liesbeth	84	08-021	1:51.48	25m	26-9-98	Assendelft (NED)	175
241.	Keessen Pam	62	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
241.	Calkhoven Mariëtte	65	08-021	1:51.50	25m	10-12-77	Heemskerk (NED)	174
243.	van Leen Cynthia	81	08-021	1:51.70	25m	4-4-96	Heemskerk (NED)	174
244.	van Dijk Yvonne	65	08-021	1:51.80	25m	10-12-77	Heemskerk (NED)	173
244.	van den Heuvel Sandra	80	08-021	1:51.80	25m	1-4-90	Zaandam (NED)	173
246.	Palthe Yvonne	67	08-021	1:52.10	25m	1-11-81	Bergen (NED)	172
247.	Bakker Lisette	83	08-021	1:52.24	25m	29-10-98	Heemskerk (NED)	171
248.	Rodenburg Kyra	96	08-021	1:52.32	25m	2-4-06	Zaandam (NED)	171
249.	van Perlo Ingrid	73	08-021	1:52.40	25m	29-9-85	Heemskerk (NED)	170
250.	Mes Norah	13	08-021	1:52.53	25m	18-9-25	Heemskerk (NED)	170
251.	Sobh Shaime	03	08-021	1:52.58	25m	17-1-16	Purmerend (NED)	169
252.	Brands Ingrid	72	08-021	1:52.70	25m	29-9-85	Heemskerk (NED)	169
253.	van Rijn Eline	07	08-021	1:52.96	25m	18-12-16	Heemskerk (NED)	168
254.	Salido Keesje	05	08-021	1:53.07	25m	14-6-15	Zaandam (NED)	167
255.	Essers Patricia	84	08-021	1:53.26	25m	14-5-00	Heemskerk (NED)	166
256.	Elghandor Kiyaan	03	08-021	1:53.59	25m	24-9-15	Heemskerk (NED)	165
257.	Herwegh Izayra Rena	14	08-021	1:53.68	25m	27-2-25	Heemskerk (NED)	165
258.	Reiss Katinka	65	08-021	1:53.90	25m	10-12-77	Heemskerk (NED)	164
258.	Werdekker Esther	83	08-021	1:53.90	25m	7-11-96	Heemskerk (NED)	164
260.	Koper Selma	03	08-021	1:53.91	25m	17-3-13	Zaandam (NED)	164
261.	Bok Femke	74	08-021	1:54.00	25m	29-9-85	Heemskerk (NED)	163

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261.	van Ruth Yoore	78	08-021	1:54.00	25m	3-11-91	Assendelft (NED)	163
263.	de Vriend Sofie	01	08-021	1:54.15	25m	11-3-12	Zaandam (NED)	163
264.	Salem Lamies	03	08-021	1:54.33	25m	14-1-18	Purmerend (NED)	162
265.	van Rijn Ilona	65	08-021	1:54.40	25m	10-12-77	Heemskerk (NED)	161
265.	Hoekstra Karin	76	08-021	1:54.40	25m	7-2-88	Heemskerk (NED)	161
267.	Tilgenkamp Lentley	13	08-021	1:54.66	25m	8-2-26	Purmerend (NED)	160
268.	Dijkstra Pascal	89	08-021	1:54.98	25m	28-1-99	Heemskerk (NED)	159
269.	Terluin Suus	09	08-021	1:55.09	25m	8-10-20	Heemskerk (NED)	159
270.	Nijman Linda	89	08-021	1:55.16	25m	25-1-01	Heemskerk (NED)	158
271.	van Duivenvoorde Sanne	93	08-021	1:55.18	25m	31-10-02	Heemskerk	158
272.	Reuderink Miranda	63	08-021	1:55.20	25m	10-12-77	Heemskerk (NED)	158
273.	Kerkhoven Michelle	91	08-021	1:55.21	25m	25-1-01	Heemskerk (NED)	158
274.	van der Does Lisa	02	08-021	1:55.41	25m	21-4-14	Haarlem (NED)	157
275.	van Ederen Jasmijn	10	08-021	1:55.44	25m	23-2-20	Krommenie (NED)	157
276.	Doll Maartje	80	08-021	1:55.50	25m	7-1-93	Heemskerk (NED)	157
277.	Huisman Lianne	87	08-021	1:55.59	25m	10-12-00	Heemskerk (NED)	157
278.	Cappelle Marcella	85	08-021	1:56.14	25m	11-10-98	Alkmaar (NED)	154
279.	Broers Margot	63	08-021	1:56.30	25m	10-12-77	Heemskerk (NED)	154
280.	Aardenburg Judith	93	08-021	1:56.57	25m	28-10-04	Heemskerk (NED)	153
281.	Gelsumino Giulia	03	08-021	1:57.64	25m	24-9-15	Heemskerk (NED)	148
282.	van 't Hof Manon	90	08-021	1:57.67	25m	7-4-02	Heemskerk	148
283.	van Noort Jony	85	08-021	1:58.00	25m	4-4-96	Heemskerk (NED)	147
284.	Pezo Adna	90	08-021	1:58.06	25m	15-4-01	Haarlem (NED)	147
285.	Hoeksema Kim	90	08-021	1:58.10	25m	10-3-02	Heemskerk	147
286.	de Boer Isabel	06	08-021	1:58.41	25m	11-10-15	Zaandam (NED)	146
287.	Werdekker Marjolein	81	08-021	1:58.60	25m	10-4-97	Heemskerk (NED)	145
288.	de Groot Sjors	08	08-021	1:58.82	25m	20-11-22	Den Helder (NED)	144
289.	Lensen Sarian	89	08-021	1:58.84	25m	7-4-02	Heemskerk	144
290.	Kesting Alexandra	00	08-021	1:58.92	25m	23-1-11	Zaandam (NED)	144
291.	Doodeman Sara	00	08-021	1:59.00	25m	13-3-11	Heemskerk (NED)	143
292.	Schut Bodine	09	08-021	1:59.06	25m	8-10-20	Heemskerk (NED)	143
293.	Vellinga Yvonne	64	08-021	1:59.80	25m	8-1-77	Heemskerk (NED)	141
294.	Morianner Susanna	72	08-021	2:00.10	25m	17-1-82		139
295.	van den Akker Terry	61	08-021	2:00.90	25m	24-5-75	Z.O. Beemster (NED)	137
296.	Doevendans Phileine	06	08-021	2:01.01	25m	13-3-16	Zaandam (NED)	136
297.	Boonstra Esmé	02	08-021	2:01.50	25m	7-10-12	Zaandam (NED)	135
298.	van der Leden Laura	68	08-021	2:01.90	25m	23-10-77	Zandvoort (NED)	133
299.	van Roon Jill	14	08-021	2:02.03	25m	18-9-25	Heemskerk (NED)	133
300.	Eijndhoven Jonna	02	08-021	2:02.40	25m	7-10-12	Zaandam (NED)	132
301.	Slotemaker Britt	14	08-021	2:02.42	25m	13-4-25	Amsterdam (NED)	132
302.	Schijf Irene	83	08-021	2:03.20	25m	19-2-95	Assendelft (NED)	129
303.	van Laarhoven Salome	15	08-021	2:03.95	25m	12-10-25	Heemskerk (NED)	127
304.	Hoorn Linsey	94	08-021	2:04.07	25m	28-4-05	Heemskerk (NED)	126
305.	van Heerwaarden Vera	03	08-021	2:04.51	25m	19-9-19	Heemskerk (NED)	125
306.	van der Zee Olga	66	08-021	2:05.00	25m	8-1-77	Heemskerk (NED)	124
307.	Ligthart Danique	07	08-021	2:05.23	25m	8-10-20	Heemskerk (NED)	123
308.	van Dam Merel	14	08-021	2:05.59	25m	12-10-25	Heemskerk (NED)	122
309.	Hoekstra Femke	05	08-021	2:06.34	25m	18-9-14	Heemskerk (NED)	120
310.	Copier Alyssa	04	08-021	2:06.92	25m	31-10-13	Heemskerk (NED)	118
311.	Vonk Bea	67	08-021	2:07.10	25m	7-11-81	Heemskerk (NED)	118
311.	Kerdijk Lianne	81	08-021	2:07.10	25m	14-3-91	Heemskerk (NED)	118
313.	Dekker Elise	97	08-021	2:08.23	25m	18-12-05	Alkmaar (NED)	115
314.	Sanen Casey	99	08-021	2:08.55	25m	19-11-09	Heemskerk (NED)	114

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315.	van Hiele Femke	13	08-021	2:08.96	25m	8-2-26	Purmerend (NED)	113
316.	Hol Manouk	05	08-021	2:09.57	25m	22-3-15	Zaandam (NED)	111
317.	Geluk Mabelle	73	08-021	2:09.64	25m	20-11-11	Almere-Stad (NED)	111
318.	Bovekerk Annefleur	99	08-021	2:10.27	25m	14-11-10	Castricum (NED)	109
319.	Haack Fenna	16	08-021	2:10.80	25m	18-9-25	Heemskerk (NED)	108
320.	Janssen Tess	89	08-021	2:11.00	25m	17-5-98	Heemskerk (NED)	107
321.	Reeuwijk Danielle	70	08-021	2:11.60	25m	1-9-79	Heemskerk (NED)	106
322.	Gijzen Monique	68	08-021	2:12.90	25m	22-4-78	Heemskerk (NED)	103
323.	Post Aijuna	14	08-021	2:13.48	25m	29-9-24	Krommenie (NED)	101
324.	van der Zee Paula	68	08-021	2:17.80	25m	8-1-77	Heemskerk (NED)	92
325.	Welboren Julia	00	08-021	2:18.36	25m	9-10-11	Zaandam (NED)	91
326.	Stoker Ianthe	84	08-021	2:18.90	25m	7-11-96	Heemskerk (NED)	90
327.	Haack Zowi	18	08-021	2:23.95	25m	21-4-25	Haarlem (NED)	81
328.	Kuijper Michelle	91	08-021	2:25.31	25m	25-1-01	Heemskerk (NED)	79
329.	van der Stigchel Samantha	96	08-021	2:32.68	25m	27-3-08	Heemskerk (NED)	68
330.	Zuidervaart Anne	02	08-021	2:32.88	25m	6-10-11	Heemskerk (NED)	67

200 schoolslag

1.	Kingma Danae	00	08-021	2:53.96	25m	4-10-15	Purmerend (NED)	462
2.	de Haan Shira	00	08-021	2:54.99	25m	15-1-17	Alkmaar (NED)	454
3.	van Honk Chantal	80	08-021	2:55.20	25m	9-1-93	Zuidoost Beemster (NED)	453
4.	Broek Jade	97	08-021	2:57.88	25m	12-2-17	Purmerend (NED)	432
5.	van der Geest Saskia	73	08-021	2:58.90	25m	31-12-88		425
6.	Stam Vanessa	80	08-021	2:59.80	25m	6-4-97	Heemskerk (NED)	419
7.	Hoekstra Eline	03	08-021	3:00.09	25m	6-10-19	Purmerend (NED)	417
8.	van 't Veer Iris	03	08-021	3:01.36	25m	12-1-20	Purmerend (NED)	408
9.	ten Bokkel Henrieke	94	08-021	3:02.03	25m	10-2-19	Purmerend (NED)	404
10.	van Rookhuizen Sieta	79	08-021	3:02.04	25m	10-10-99	Zaandam (NED)	403
11.	Gijzen-van der Kroft Nicole	84	08-021	3:02.41	25m	25-1-01	Heemskerk (NED)	401
12.	Kramer Miranda	80	08-021	3:02.52	25m	27-1-00	Heemskerk (NED)	400
13.	Palmboom Nicole	91	08-021	3:02.96	25m	13-12-07	Heemskerk (NED)	397
14.	de Groot Daniëlle	93	08-021	3:04.53	25m	9-3-08	Heemskerk (NED)	387
15.	Schelvis Femke	84	08-021	3:05.36	25m	3-10-04	Heemskerk (NED)	382
16.	Crok Linda	94	08-021	3:05.44	25m	19-1-14	Zaandam (NED)	382
17.	Crok Annemarie	89	08-021	3:05.90	25m	16-1-11	Zaandam (NED)	379
18.	Teufer Irene	96	08-021	3:06.47	25m	20-1-08	Zaandam (NED)	375
19.	Schelvis Roos	86	08-021	3:07.13	25m	21-11-99	Heemskerk (NED)	371
20.	Herwegh Binthy	09	08-021	3:07.69	25m	15-10-23	Alkmaar (NED)	368
21.	Smit Sanne	01	08-021	3:08.36	25m	12-3-17	Purmerend (NED)	364
22.	Vink Lidewij	90	08-021	3:08.43	25m	27-10-05	Heemskerk (NED)	364
23.	Wentink Yara	04	08-021	3:08.99	25m	29-1-23	Heemskerk (NED)	361
24.	van Galen Angela	65	08-021	3:09.00	25m	5-4-81	Heemskerk (NED)	360
25.	Niessen Iris	92	08-021	3:09.37	25m	5-10-08	Heemskerk (NED)	358
26.	Vink Marjolein	93	08-021	3:10.04	25m	18-11-07	Alkmaar (NED)	355
27.	Niessen Annet	62	08-021	3:11.10	25m	7-5-78	Assendelft (NED)	349
28.	Mallon Danique	94	08-021	3:11.53	25m	25-3-10	Heemskerk (NED)	346
29.	Heus Pauline	78	08-021	3:11.60	25m	6-4-97	Heemskerk (NED)	346
30.	Hulshof Saskia	73	08-021	3:11.80	25m	30-9-89		345
31.	Koper Fiona	01	08-021	3:12.94	25m	7-10-18	Purmerend (NED)	339
32.	Groen Anne	95	08-021	3:13.13	25m	18-1-15	Zaandam (NED)	338
33.	Koster Lisa	94	08-021	3:13.37	25m	13-12-07	Heemskerk (NED)	337
34.	van der Gracht Anouk	89	08-021	3:14.82	25m	13-1-08	Heemskerk (NED)	329

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35. Moolevliet Petra	82	08-021	3:15.00	25m	23-4-95	Castricum (NED)	328
36. van Huisstede Nikita	01	08-021	3:15.53	25m	12-3-17	Purmerend (NED)	325
37. Stins Mariska	84	08-021	3:15.82	25m	16-1-00	Zaandam (NED)	324
38. Plokker Sylvia	68	08-021	3:15.90	25m	21-3-82		324
39. Oudendijk Bianca	79	08-021	3:16.40	25m	23-11-94		321
40. Limmen Miriam	75	08-021	3:16.50	25m	11-3-90	Heemskerk (NED)	321
41. Essers Sanne	91	08-021	3:16.79	25m	13-12-07	Heemskerk (NED)	319
42. Peters Yvonne	63	08-021	3:16.80	25m	21-3-82		319
43. Stam Sabrina	82	08-021	3:17.00	25m	9-3-97	Alkmaar (NED)	318
44. Siemerink Laura	04	08-021	3:17.15	25m	7-10-18	Purmerend (NED)	318
45. Kleijne Daisy	89	08-021	3:18.16	25m	13-12-07	Heemskerk (NED)	313
46. Buur Naomi	01	08-021	3:18.33	25m	11-9-16	Purmerend (NED)	312
47. Boekling Annette	85	08-021	3:18.35	25m	27-1-00	Heemskerk (NED)	312
48. de Ruijter Linda	87	08-021	3:18.60	25m	17-11-02	Heemskerk	311
48. Stel Serena	98	08-021	3:18.60	25m	25-3-10	Heemskerk (NED)	311
50. Besse Karen	75	08-021	3:18.90	25m	4-10-92	Assendelft (NED)	309
51. Hoek Daniëlle	88	08-021	3:18.93	25m	27-10-05	Heemskerk (NED)	309
51. Veldhuis Amelia	03	08-021	3:18.93	25m	6-10-19	Purmerend (NED)	309
53. Blaauw Yente	03	08-021	3:19.99	25m	24-3-19	Purmerend (NED)	304
54. Nijholt Carin	60	08-021	3:20.00	25m	9-9-79	Wormerveer (NED)	304
55. de Wildt Maud	05	08-021	3:20.64	25m	29-1-23	Heemskerk (NED)	301
56. de Boer Claudia	77	08-021	3:20.80	25m	14-3-91	Heemskerk (NED)	300
57. Limmen Karin	76	08-021	3:21.00	25m	6-12-90	Heemskerk (NED)	300
58. Koopman Anitra	89	08-021	3:21.16	25m	28-10-04	Heemskerk (NED)	299
59. van Giezen Sandra	63	08-021	3:21.40	25m	7-3-82		298
59. de Boer Irene	84	08-021	3:21.40	25m	8-12-96	Heerhugowaard (NED)	298
61. Vredenburg Roos	95	08-021	3:21.99	25m	25-3-10	Heemskerk (NED)	295
62. de Boer Maia	03	08-021	3:22.59	25m	29-1-23	Heemskerk (NED)	293
63. Bakker Jesca	79	08-021	3:22.60	25m	11-3-90	Heemskerk (NED)	293
64. Lund Karin	63	08-021	3:23.90	50m	11-6-78	Beverwijk (NED)	317
65. van Ballegooie Stefanie	86	08-021	3:23.98	25m	19-11-00	Zaandam (NED)	287
66. Hogema Fabiën	93	08-021	3:24.02	25m	27-5-07	Purmerend (NED)	286
67. Visser Stacey	87	08-021	3:24.10	25m	18-11-01	Heemskerk	286
68. Groot Tineke	60	08-021	3:24.20	25m	28-10-79	Heerhugowaard (NED)	286
68. van Ballegooie Simone	84	08-021	3:24.20	25m	9-10-97	Heemskerk (NED)	286
68. Petit Kirsten	00	08-021	3:24.20	25m	1-10-17	Purmerend (NED)	286
71. Cappelle Carlijn	82	08-021	3:24.40	25m	9-3-97	Alkmaar (NED)	285
72. Scholten Britt	04	08-021	3:24.43	25m	24-3-19	Purmerend (NED)	285
73. Pover Karin	67	08-021	3:24.80	25m	7-11-81	Heemskerk (NED)	283
74. Haasbroek Renske	03	08-021	3:25.16	25m	12-11-23	Den Helder (NED)	282
75. Schuyt Simone	75	08-021	3:25.60	25m	10-3-90		280
76. van Kooten Cynthia	93	08-021	3:25.73	25m	19-10-06	Heemskerk	279
77. de Groot Gitta	60	08-021	3:27.00	25m	3-6-78	Z.O. Beemster (NED)	274
78. de Boer Angela	80	08-021	3:27.10	25m	24-11-94	Heemskerk (NED)	274
79. van Staveren Marina	78	08-021	3:27.23	25m	17-10-15	Emmeloord (NED)	273
80. Beentjes Nicolet	80	08-021	3:27.40	25m	5-11-95	Assendelft (NED)	273
81. van Langelaar Tessa	97	08-021	3:27.75	25m	2-10-11	Heemskerk (NED)	271
82. Lifting Sarina	93	08-021	3:28.08	25m	19-10-06	Heemskerk	270
83. Tholen Kirsten	66	08-021	3:28.90	25m	22-3-81	Wieringerwerf (NED)	267
84. Meijer Linda	77	08-021	3:29.40	25m	7-1-93	Heemskerk (NED)	265
85. Ivens Suzanne	99	08-021	3:29.78	25m	6-10-13	Heemskerk (NED)	263
86. van de Poll Marianne	89	08-021	3:29.83	25m	30-10-03	Heemskerk	263
87. van Giezen Irene	67	08-021	3:29.90	25m	13-3-83	Castricum (NED)	263

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88.	Bruin Marianne	78	08-021	3:30.10	25m	6-12-90	Heemskerk (NED)	262
88.	Knight Kayleigh	00	08-021	3:30.10	25m	1-10-17	Purmerend (NED)	262
90.	Koper Birgit	87	08-021	3:30.51	25m	17-11-02	Heemskerk	261
91.	Bruin Adri	74	08-021	3:30.80	25m	30-9-89		260
92.	Visser Kelly	89	08-021	3:30.96	25m	29-11-01	Heemskerk	259
93.	van Assema Eline	05	08-021	3:31.20	25m	9-3-25	Purmerend (NED)	258
94.	Bos Marieke	06	08-021	3:31.34	25m	29-10-17	Den Helder (NED)	258
95.	van Koeveringe Nicole	93	08-021	3:31.50	25m	1-10-06	Volendam (NED)	257
96.	Hermans Liesbeth	66	08-021	3:32.00	25m	7-11-81	Heemskerk (NED)	255
97.	Meijer Sylvia	81	08-021	3:32.10	25m	9-11-95	Heemskerk (NED)	255
98.	Verbree Bets	63	08-021	3:32.20	25m	19-10-80	Heemskerk (NED)	255
99.	de Wolff Isabel	01	08-021	3:32.75	25m	16-3-14	Zaandam (NED)	253
100.	Oortwijn Jytte	10	08-021	3:32.89	25m	6-10-24	Den Helder (NED)	252
101.	Rodenburg Rianne	93	08-021	3:33.38	25m	27-10-05	Heemskerk (NED)	250
101.	van Vliet Isabel	02	08-021	3:33.38	25m	18-3-18	Purmerend (NED)	250
103.	Zonneveld Chantal	84	08-021	3:33.62	25m	22-11-98	Zaandam (NED)	249
104.	Oosterveen Yvonne	80	08-021	3:34.10	25m	6-1-93		248
105.	Renkema Iris	04	08-021	3:34.39	25m	12-2-17	Purmerend (NED)	247
106.	Missot Gonda	66	08-021	3:35.00	25m	28-10-79	Heerhugowaard (NED)	245
107.	Molenaar Eline	82	08-021	3:35.19	50m	31-10-99	Beverwijk (NED)	270
108.	Zonneveld Cindy	75	08-021	3:35.40	25m	21-3-90		243
109.	Walraven Annet	62	08-021	3:36.20	25m	22-1-78	Zaandam (NED)	241
110.	Windmuller Wendy	69	08-021	3:36.40	25m	7-11-81	Heemskerk (NED)	240
111.	Viel Bianca	85	08-021	3:36.63	25m	17-1-99	Heemskerk (NED)	239
112.	Hommersen Sandra	84	08-021	3:37.00	25m	9-10-97	Heemskerk (NED)	238
113.	Limmen Anita	78	08-021	3:37.30	25m	18-11-93	Heemskerk	237
114.	Terhorst Ilja	67	08-021	3:37.60	25m	19-10-80	Heemskerk (NED)	236
114.	Besse Meta	78	08-021	3:37.60	25m	14-3-91	Heemskerk (NED)	236
116.	Buur Cindy	99	08-021	3:37.72	25m	26-10-14	Zaandam (NED)	236
117.	Sahin Sümeyye Sena	10	08-021	3:37.76	25m	29-1-23	Heemskerk (NED)	235
118.	Hoffland Yasmin	01	08-021	3:37.99	25m	12-3-17	Purmerend (NED)	235
119.	van Giezen Corina	68	08-021	3:38.20	25m	7-11-81	Heemskerk (NED)	234
120.	van Eerden Meike	00	08-021	3:38.30	25m	26-10-14	Zaandam (NED)	234
121.	de Loos Marijke	94	08-021	3:39.00	25m	25-3-10	Heemskerk (NED)	232
122.	Lindelauf Priscilla	85	08-021	3:39.23	25m	17-1-99	Heemskerk (NED)	231
123.	Zonneveld Monica	80	08-021	3:39.70	25m	7-1-93	Heemskerk (NED)	229
124.	de Vries Cathy	77	08-021	3:40.10	25m	14-3-91	Heemskerk (NED)	228
125.	ten Cate Joyce	80	08-021	3:41.08	25m	19-10-06	Heemskerk	225
126.	Dijkstra Ingrid	68	08-021	3:41.10	25m	7-11-81	Heemskerk (NED)	225
127.	de Roode Xara	08	08-021	3:41.35	25m	6-4-25	Purmerend (NED)	224
128.	Angenent Nienke	01	08-021	3:41.85	25m	16-3-14	Zaandam (NED)	223
129.	Zijlstra Mariëlle	83	08-021	3:42.40	25m	9-11-95	Heemskerk (NED)	221
130.	de Graaf Annemiek	70	08-021	3:42.60	25m	7-11-81	Heemskerk (NED)	220
131.	Zeeman Judith	70	08-021	3:43.00	25m	7-11-81	Heemskerk (NED)	219
132.	Bouwer Jolien	89	08-021	3:44.44	25m	6-10-02	Zaandam	215
133.	Huisman Jolanda	68	08-021	3:44.50	25m	7-11-81	Heemskerk (NED)	215
134.	Rasch Monique	66	08-021	3:44.80	25m	7-11-81	Heemskerk (NED)	214
135.	Visser Shana	04	08-021	3:44.95	25m	18-9-16	Zaandam (NED)	214
136.	Wieman Lianne	03	08-021	3:45.26	25m	18-3-18	Purmerend (NED)	213
137.	Nijman José	93	08-021	3:45.64	25m	19-10-06	Heemskerk	212
138.	Dijkstra Maud	84	08-021	3:45.80	25m	1-5-97	Heemskerk (NED)	211
139.	Schaefer Lisa	06	08-021	3:47.52	25m	10-2-19	Purmerend (NED)	206
140.	de Groot Linda	81	08-021	3:47.84	25m	10-10-99	Zaandam (NED)	206

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141.	Schaaper Margriet	62	08-021	3:48.00	25m	9-9-79	Wormerveer (NED)	205
141.	van Velsen Patricia	79	08-021	3:48.00	25m	7-1-93	Heemskerk (NED)	205
143.	Raszinski Nienke	01	08-021	3:48.02	25m	22-12-13	Zaandam (NED)	205
144.	van de Kamp Yvonne	65	08-021	3:48.20	25m	28-10-79	Heerhugowaard (NED)	205
145.	Zwarthoed Brenda	96	08-021	3:48.25	25m	20-1-08	Zaandam (NED)	204
146.	Dijkstra Janet	77	08-021	3:49.50	25m	17-11-93		201
147.	Bakkum Wilma	62	08-021	3:49.60	25m	19-10-80	Heemskerk (NED)	201
148.	Sierra Ana Maria	69	08-021	3:49.70	25m	7-11-81	Heemskerk (NED)	201
149.	de Vries Justine	83	08-021	3:50.40	25m	10-4-97	Heemskerk (NED)	199
150.	Regelink Anneke	83	08-021	3:51.60	25m	9-11-95	Heemskerk (NED)	196
151.	Grul Lisanne	97	08-021	3:51.95	25m	25-3-10	Heemskerk (NED)	195
152.	Weezepeel Natascha	07	08-021	3:52.15	25m	21-11-21	Den Helder (NED)	194
153.	Meesters Audrey	90	08-021	3:52.76	25m	31-10-02	Heemskerk	193
154.	Visser Robin	05	08-021	3:52.96	25m	18-3-18	Purmerend (NED)	192
155.	Martens Iandra	03	08-021	3:53.03	25m	22-3-15	Zaandam (NED)	192
156.	van Rijn Sydney	03	08-021	3:53.11	25m	18-3-18	Purmerend (NED)	192
157.	Hoek Laura	86	08-021	3:53.65	25m	27-1-00	Heemskerk (NED)	191
158.	Deiman Caroline	67	08-021	3:53.80	25m	15-3-87	Heemskerk (NED)	190
159.	Bakker Anna	97	08-021	3:54.74	25m	25-1-09	Zaandam (NED)	188
160.	Rijkema Marije	85	08-021	3:55.05	25m	29-11-01	Heemskerk	187
161.	Koopman Jessie	97	08-021	3:55.46	25m	11-10-09	Zaandam (NED)	186
162.	Stel Kaylin	01	08-021	3:55.56	25m	25-3-10	Heemskerk (NED)	186
163.	van Duin Joke	59	08-021	3:57.50	25m	24-5-75	Z.O. Beemster (NED)	181
164.	Sobh Shaime	03	08-021	3:57.71	25m	11-10-15	Zaandam (NED)	181
165.	Mulder Amy	80	08-021	3:58.10	25m	7-1-93	Heemskerk (NED)	180
165.	Huneker Jolanda	79	08-021	3:58.10	25m	26-4-98	Alkmaar (NED)	180
167.	Yayli Serina	90	08-021	3:58.67	25m	31-10-02	Heemskerk	179
168.	Steenkamp Ciska	90	08-021	3:59.33	25m	24-1-99	Assendelft (NED)	177
169.	Elghandor Kiyaan	03	08-021	3:59.34	25m	11-10-15	Zaandam (NED)	177
170.	van Sikkelerus Lisa	99	08-021	4:00.72	25m	9-10-11	Zaandam (NED)	174
171.	Essers Patricia	84	08-021	4:01.67	25m	21-11-99	Heemskerk (NED)	172
172.	de Vriend Sofie	01	08-021	4:01.73	25m	17-3-13	Zaandam (NED)	172
173.	Bakker Lisette	83	08-021	4:01.91	25m	22-11-98	Zaandam (NED)	172
174.	Liefting Marielle	90	08-021	4:02.13	25m	31-10-02	Heemskerk	171
175.	van Putten Demi	96	08-021	4:02.20	25m	25-3-10	Heemskerk (NED)	171
176.	Last Rooske	94	08-021	4:02.86	25m	25-3-10	Heemskerk (NED)	170
177.	de Nijs Martine	71	08-021	4:04.00	25m	2-9-84	Heemskerk (NED)	167
178.	de Graaf Isabella	04	08-021	4:04.41	25m	12-2-17	Purmerend (NED)	166
179.	Aardenburg Judith	93	08-021	4:05.39	25m	2-10-05	Zaandam (NED)	164
180.	Terluin Suus	09	08-021	4:06.20	25m	12-1-20	Purmerend (NED)	163
181.	Verhagen Sabine	71	08-021	4:07.00	25m	2-9-84	Heemskerk (NED)	161
182.	Lensen Sarian	89	08-021	4:07.60	25m	9-11-03	Zaandam	160
183.	Cappelle Marcella	85	08-021	4:08.30	25m	9-10-97	Heemskerk (NED)	159
184.	van Asch Maria	74	08-021	4:08.60	25m	7-1-93	Heemskerk (NED)	158
185.	Palthe Yvonne	67	08-021	4:08.90	25m	7-11-81	Heemskerk (NED)	158
186.	Ardicyaka Irem	06	08-021	4:09.27	50m	25-3-18	Alkmaar (NED)	173
187.	ten Cate Ilona	85	08-021	4:10.40	25m	21-11-99	Heemskerk (NED)	155
188.	Gelsumino Giulia	03	08-021	4:11.92	25m	22-3-15	Zaandam (NED)	152
189.	Mosch Sabina	84	08-021	4:14.81	25m	22-11-98	Zaandam (NED)	147
190.	van Tol Sarjenka	97	08-021	4:17.22	25m	12-10-08	Zaandam (NED)	143
191.	Kesting Alexandra	00	08-021	4:21.59	25m	25-3-10	Heemskerk (NED)	136
192.	de Groot Sjors	08	08-021	4:24.23	25m	23-4-23	Den Helder (NED)	132
193.	Schut Bodine	09	08-021	4:24.46	25m	12-1-20	Purmerend (NED)	131

200 schoolslag (sinds 194)

194. Doodeman Sara	00	08-021	4:58.68	25m	25-3-10	Heemskerk (NED)	91
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250 schoolslag

1. Butter Noor	16	08-021	6:20.75	OW	6-7-24	Hoek (NED)
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500 schoolslag

1. Vink Marjolein	93	08-021	8:55.64	OW	4-8-07	Hoorn (NED)
2. Niesten Iris	92	08-021	9:15.25	OW	19-8-06	Bussloo (NED)
3. Hogema Fabiën	93	08-021	9:17.26	OW	17-6-07	Spaarnwoude (NED)
4. Palmboom Nicole	91	08-021	9:24.22	OW	7-7-07	Oss (NED)
5. van der Gracht Anouk	89	08-021	9:24.99	OW	8-7-06	Oss (NED)
6. Essers Sanne	91	08-021	9:55.46	OW	7-7-07	Oss (NED)
7. de Haan Shira	00	08-021	10:22.42	OW	26-8-17	Eindhoven (NED)
8. Buur Naomi	01	08-021	10:43.20	OW	9-8-14	Heerjansdam (NED)
9. Kleijne Daisy	89	08-021	10:53.79	OW	18-8-02	Eersel (NED)
10. Buur Cindy	99	08-021	11:05.80	OW	17-8-13	Heerjansdam (NED)

800 schoolslag1000 schoolslag

1. van der Gracht Anouk	89	08-021	19:10.26	OW	29-7-06	Hoorn (NED)
2. Oudendijk Bianca	79	08-021	19:12.90	OW	4-9-05	Vlissingen (NED)
3. Heus Pauline	78	08-021	19:15.32	OW	21-7-13	Amsterdam (NED)
4. Broek Jade	97	08-021	19:34.67	OW	15-7-23	Amstelveen (NED)
5. Niesten Iris	92	08-021	19:48.74	OW	4-8-07	Hoorn (NED)
6. Vink Marjolein	93	08-021	20:29.19	OW	13-8-06	Aalsmeer (NED)
7. Hogema Fabiën	93	08-021	21:14.37	OW	21-7-07	Anna-Paulowna (NED)
8. de Haan Shira	00	08-021	23:11.82	OW	15-7-23	Amstelveen (NED)
9. Bos Marieke	06	08-021	23:37.46	OW	16-9-18	Anna-Paulowna (NED)
10. Geluk Mabelle	73	08-021	24:19.16	OW	11-9-11	Vught (NED)

1250 schoolslag1500 schoolslag2000 schoolslag

1. Niesten Iris	92	08-021	36:26.77	OW	24-6-07	Breukelen (NED)
2. van der Gracht Anouk	89	08-021	36:32.33	OW	24-6-07	Breukelen (NED)
3. Stam Vanessa	80	08-021	36:35.10	OW	15-6-97	Spaarnwoude (NED)
4. van Rookhuizen Sieta	79	08-021	36:41.20	OW	12-7-98	Amsterdam (NED)
5. de Haan Shira	00	08-021	37:10.13	OW	23-7-16	Amstelveen (NED)
6. Essers Sanne	91	08-021	38:08.54	OW	16-7-06	Stadskanaal (NED)
7. Kramer Miranda	80	08-021	38:12.80	OW	18-6-00	Spaarnwoude (NED)
8. van Galen Angela	65	08-021	38:42.40	OW	30-6-82	Amstelveen (NED)
9. Rasch Monique	66	08-021	42:12.50	OW	30-6-83	Amstelveen (NED)
10. van Giezen Sandra	63	08-021	43:16.00	OW	14-6-81	Amstelveen (NED)

2500 schoolslag

3000 schoolslag

1. van Rookhuizen Sieta	79	08-021	57:26.50	OW	5-9-99	Vlissingen (NED)
2. van der Gracht Anouk	89	08-021	58:40.50	OW	22-7-06	Anna-Paulowna (NED)
3. Stam Vanessa	80	08-021	58:56.80	OW	21-7-97	Anna-Paulowna (NED)
4. de Haan Shira	00	08-021	59:23.60	OW	2-9-17	Wilhelminadorp (NED)
5. Niesten Iris	92	08-021	1:08:36.23	OW	30-8-08	Tilburg (NED)

4000 schoolslag**5000 schoolslag**

1. van Rookhuizen Sieta	79	08-021	1:35:09.71	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag

1. Schelvis Femke	84	08-021	13.74	25m	4-5-00	Heemskerk (NED)	540
2. Wentink Yara	04	08-021	13.79	25m	7-7-22	Heemskerk (NED)	534
3. Hoekstra Eline	03	08-021	13.99	25m	7-7-22	Heemskerk (NED)	511
4. Koopman Inge	93	08-021	14.03	25m	7-7-22	Heemskerk (NED)	507
5. Broek Jade	97	08-021	14.58	25m	7-7-22	Heemskerk (NED)	452
6. van Rijn-Hofwegen Wilma	71	08-021	14.72	25m	1-12-13	Vlaardingen (NED)	439
7. de Haan Shira	00	08-021	14.73	25m	7-7-22	Heemskerk (NED)	438
8. Crok Annemarie	89	08-021	14.93	25m	30-6-11	Heemskerk (NED)	421
9. Palmboom Nicole	91	08-021	15.02	25m	19-4-07	Heemskerk (NED)	413
10. Siemerink Laura	04	08-021	15.05	25m	7-7-22	Heemskerk (NED)	411
11. van Staveren Marina	78	08-021	15.06	25m	17-11-11	Heemskerk (NED)	410
12. de Groot Daniëlle	93	08-021	15.10	25m	29-5-08	Heemskerk (NED)	406
13. Vink Lidewij	90	08-021	15.14	25m	19-4-07	Heemskerk (NED)	403
14. Gijzen-van der Kroft Nicole	84	08-021	15.23	25m	29-3-01	Heemskerk (NED)	396
15. Besse Karen	75	08-021	15.30	25m	12-1-89	Heemskerk (NED)	391
15. Butter Anouk	82	08-021	15.30	25m	29-3-01	Heemskerk (NED)	391
15. Stins Mariska	84	08-021	15.30	25m	19-4-07	Heemskerk (NED)	391
18. Schelvis Roos	86	08-021	15.39	25m	29-3-01	Heemskerk (NED)	384
19. Hulshof Saskia	73	08-021	15.40	25m	31-12-89	Heemskerk (NED)	383
19. van der Gracht Anouk	89	08-021	15.40	25m	29-5-08	Heemskerk (NED)	383
21. Meijer Sylvia	81	08-021	15.41	25m	29-3-01	Heemskerk (NED)	382
21. Hoek Daniëlle	88	08-021	15.41	25m	30-6-11	Heemskerk (NED)	382
23. de Boer Irene	84	08-021	15.46	25m	29-3-01	Heemskerk (NED)	379
24. Koster Lisa	94	08-021	15.51	25m	29-5-08	Heemskerk (NED)	375
25. Vink Marjolein	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	373
25. Kleijne Daisy	89	08-021	15.54	25m	30-6-11	Heemskerk (NED)	373
27. Meijer Linda	77	08-021	15.60	25m	16-5-91	Heemskerk (NED)	369
27. Kramer Miranda	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	369
29. van Rookhuizen Sieta	79	08-021	15.65	25m	4-5-00	Heemskerk (NED)	365
30. Essers Sanne	91	08-021	15.68	25m	27-4-06	Heemskerk	363
31. Stam Sabrina	82	08-021	15.70	25m	15-1-98	Heemskerk (NED)	362
31. Mallon Danique	94	08-021	15.70	25m	30-6-11	Heemskerk (NED)	362
33. Stam Vanessa	80	08-021	15.80	25m	15-1-98	Heemskerk (NED)	355
33. de Boer Maia	03	08-021	15.80	25m	7-7-22	Heemskerk (NED)	355
35. Schuyt Simone	75	08-021	15.90	25m	31-12-89	Heemskerk (NED)	348
36. van Ballegooie Simone	84	08-021	15.96	25m	29-3-01	Heemskerk (NED)	344
37. Crok Linda	94	08-021	15.98	25m	30-6-11	Heemskerk (NED)	343
37. van Assema Eline	05	08-021	15.98	25m	7-7-22	Heemskerk (NED)	343
39. Hogema Fabiën	93	08-021	16.21	25m	27-4-06	Heemskerk	328

25 vlinderslag (sinds 40)

40.	Boekling Annette	85	08-021	16.33	25m	4-5-00	Heemskerk (NED)	321
41.	Visser Kelly	89	08-021	16.37	25m	4-11-10	Heemskerk (NED)	319
42.	Heus Pauline	78	08-021	16.40	25m	13-2-97	Heemskerk (NED)	317
42.	de Vries Chrissie	93	08-021	16.40	25m	19-4-07	Heemskerk (NED)	317
44.	Teufer Irene	96	08-021	16.45	25m	19-4-07	Heemskerk (NED)	314
45.	Groen Anne	95	08-021	16.50	25m	30-6-11	Heemskerk (NED)	311
46.	Herwegh Binthy	09	08-021	16.56	25m	7-7-22	Heemskerk (NED)	308
47.	Visser Stacey	87	08-021	16.59	25m	29-3-01	Heemskerk (NED)	306
48.	Moolevliet Petra	82	08-021	16.60	25m	8-2-96	Heemskerk (NED)	306
49.	Limmen Karin	76	08-021	16.70	25m	16-6-93		300
49.	van 't Veer Iris	03	08-021	16.70	25m	7-7-22	Heemskerk (NED)	300
51.	Deiman Caroline	67	08-021	16.90	25m	12-1-89	Heemskerk (NED)	290
52.	Bos Marieke	06	08-021	16.92	25m	7-7-22	Heemskerk (NED)	289
53.	van der Geest Saskia	73	08-021	17.00	25m	12-1-89	Heemskerk (NED)	285
54.	Oudendijk Bianca	79	08-021	17.10	25m	8-2-96	Heemskerk (NED)	280
55.	Rodenburg Rianne	93	08-021	17.18	25m	27-4-06	Heemskerk	276
56.	Niesten Iris	92	08-021	17.32	25m	29-5-08	Heemskerk (NED)	269
57.	de Ruijter Linda	87	08-021	17.37	25m	17-11-11	Heemskerk (NED)	267
58.	Regelink Anneke	83	08-021	17.52	25m	25-3-99	Heemskerk (NED)	260
59.	Krouwels Tanja	79	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
59.	Dijkstra Lisette	86	08-021	17.60	25m	15-1-98	Heemskerk (NED)	257
61.	Bruin Marianne	78	08-021	17.80	25m	16-5-91	Heemskerk (NED)	248
62.	van Velsen Patricia	79	08-021	18.00	25m	8-2-96	Heemskerk (NED)	240
62.	Cappelle Carlijn	82	08-021	18.00	25m	15-1-98	Heemskerk (NED)	240
62.	Vredenburg Roos	95	08-021	18.00	25m	29-5-08	Heemskerk (NED)	240
65.	de Wildt Maud	05	08-021	18.06	25m	7-7-22	Heemskerk (NED)	237
66.	Smit Lydia	84	08-021	18.08	25m	25-3-99	Heemskerk (NED)	237
67.	Hommersen Sandra	84	08-021	18.13	25m	25-3-99	Heemskerk (NED)	235
68.	Ivens Suzanne	99	08-021	18.16	25m	30-6-11	Heemskerk (NED)	233
69.	de Vries Justine	83	08-021	18.20	25m	13-2-97	Heemskerk (NED)	232
70.	Petit Kirsten	00	08-021	18.22	25m	30-6-11	Heemskerk (NED)	231
71.	Zonneveld Cindy	75	08-021	18.30	25m	12-1-89	Heemskerk (NED)	228
72.	Bakker Jesca	79	08-021	18.40	25m	31-12-89	Heemskerk (NED)	224
73.	ten Cate Ilona	85	08-021	18.43	25m	29-5-08	Heemskerk (NED)	223
74.	Hoek Laura	86	08-021	18.50	25m	4-5-00	Heemskerk (NED)	221
75.	Nijman José	93	08-021	18.59	25m	19-4-07	Heemskerk (NED)	218
75.	ten Cate Joyce	80	08-021	18.59	25m	17-11-11	Heemskerk (NED)	218
77.	Koopman Anitra	89	08-021	18.66	25m	29-3-01	Heemskerk (NED)	215
78.	van Kooten Cynthia	93	08-021	18.67	25m	19-4-07	Heemskerk (NED)	215
79.	Bruin Adri	74	08-021	18.70	25m	12-1-89	Heemskerk (NED)	214
79.	van Honk Chantal	80	08-021	18.70	25m	16-5-91	Heemskerk (NED)	214
81.	Buur Naomi	01	08-021	18.78	25m	17-11-11	Heemskerk (NED)	211
82.	Knight Kayleigh	00	08-021	18.81	25m	7-7-22	Heemskerk (NED)	210
83.	Lindelauf Priscilla	85	08-021	18.87	25m	29-3-01	Heemskerk (NED)	208
84.	van Putten Demi	96	08-021	18.89	25m	30-6-11	Heemskerk (NED)	207
85.	Bos Chantal	74	08-021	18.90	25m	12-1-89	Heemskerk (NED)	207
86.	Zonneveld Chantal	84	08-021	19.00	25m	15-1-98	Heemskerk (NED)	204
87.	van Ballegooie Stefanie	86	08-021	19.04	25m	4-5-00	Heemskerk (NED)	202
88.	Limmen Miriam	75	08-021	19.20	25m	31-12-89	Heemskerk (NED)	197
88.	de Boer Angela	80	08-021	19.20	25m	16-3-95	Heemskerk (NED)	197
90.	Zwarthoed Brenda	96	08-021	19.22	25m	19-4-07	Heemskerk (NED)	197
91.	Molenaar Eline	82	08-021	19.32	25m	25-3-99	Heemskerk (NED)	194
92.	de Boer Claudia	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	191

25 vlinderslag (sinds 93)

92.	Dijkstra Maud	84	08-021	19.40	25m	5-3-98	Heemskerk (NED)	191
94.	de Groot Linda	81	08-021	19.50	25m	8-2-96	Heemskerk (NED)	188
95.	Huneker Jolanda	79	08-021	19.60	25m	5-3-98	Heemskerk (NED)	186
96.	Limmen Anita	78	08-021	19.80	25m	17-6-93	Heemskerk (NED)	180
97.	Koper Ella	90	08-021	20.22	25m	27-4-06	Heemskerk	169
98.	Koper Birgit	87	08-021	20.28	25m	27-4-06	Heemskerk	167
99.	Beentjes Nicolet	80	08-021	20.62	25m	25-3-99	Heemskerk (NED)	159
100.	Bakker Daniëlle	96	08-021	20.63	25m	29-5-08	Heemskerk (NED)	159
101.	Liefting Sarina	93	08-021	20.80	25m	27-4-06	Heemskerk	155
102.	Zonneveld Monica	80	08-021	21.10	25m	16-6-93		149
103.	Stel Kaylin	01	08-021	21.13	25m	3-1-10	Culemborg (NED)	148
104.	Copier Alyssa	04	08-021	21.15	25m	13-4-14	Zaandam (NED)	148
105.	Hoogervorst Marlon	84	08-021	21.20	25m	15-12-94	Heemskerk (NED)	147
106.	Dekker Danyk	94	08-021	21.39	25m	29-5-08	Heemskerk (NED)	143
107.	Mulder Amy	80	08-021	21.50	25m	16-6-93		140
108.	de Vriend Sofie	01	08-021	21.64	25m	30-6-11	Heemskerk (NED)	138
109.	Splinter Nathalie	75	08-021	21.70	25m	12-1-89	Heemskerk (NED)	137
110.	Viel Bianca	85	08-021	21.74	25m	25-3-99	Heemskerk (NED)	136
111.	van der Wijden Eline	88	08-021	21.90	25m	22-3-01	Heemskerk (NED)	133
112.	Dijkstra Janet	77	08-021	22.00	25m	12-1-89	Heemskerk (NED)	131
112.	Besse Meta	78	08-021	22.00	25m	31-12-89	Heemskerk (NED)	131
112.	van der Eng Laura	80	08-021	22.00	25m	8-2-96	Heemskerk (NED)	131
115.	Nijman Linda	89	08-021	22.16	25m	29-3-01	Heemskerk (NED)	128
116.	van Koeveringe Nicole	93	08-021	22.30	25m	27-4-06	Heemskerk	126
117.	van Rijn Sydney	03	08-021	22.62	25m	13-4-14	Zaandam (NED)	121
118.	Steenkamp Ciska	90	08-021	22.71	25m	4-5-00	Heemskerk (NED)	119
119.	Elghandor Kiyaan	03	08-021	22.85	25m	13-4-14	Zaandam (NED)	117
120.	Mosch Sabina	84	08-021	22.90	25m	6-2-97	Heemskerk (NED)	116
121.	Sobh Shaime	03	08-021	23.17	25m	13-4-14	Zaandam (NED)	112
122.	Snijder Femke	83	08-021	23.20	25m	24-3-94	Heemskerk (NED)	112
123.	Doodeman Sara	00	08-021	23.23	25m	4-11-10	Heemskerk (NED)	111
124.	van Sikkelerus Lisa	99	08-021	23.24	25m	30-6-11	Heemskerk (NED)	111
125.	de Laat Anita	75	08-021	23.40	25m	22-3-88	Heemskerk (NED)	109
125.	van Leen Cynthia	81	08-021	23.40	25m	8-2-96	Heemskerk (NED)	109
127.	van Huisstede Nikita	01	08-021	23.47	25m	17-11-11	Heemskerk (NED)	108
128.	Rodenburg Kyra	96	08-021	23.51	25m	27-4-06	Heemskerk	107
128.	Butter Noor	16	08-021	23.51	25m	24-10-24	Heemskerk (NED)	107
130.	Bruins Julia	06	08-021	23.73	25m	1-2-24	Heemskerk (NED)	104
131.	Koper Fiona	01	08-021	23.79	25m	30-6-11	Heemskerk (NED)	104
132.	Werdekker Marjolein	81	08-021	23.80	25m	13-2-97	Heemskerk (NED)	103
133.	Bakker Lisette	83	08-021	24.00	25m	13-2-97	Heemskerk (NED)	101
134.	van Dam Merel	14	08-021	24.17	25m	11-12-25	Heemskerk (NED)	99
135.	Koper Selma	03	08-021	24.25	25m	20-1-13	Heemskerk (NED)	98
136.	Blaauw Yente	03	08-021	24.46	25m	13-12-12	Heemskerk (NED)	95
137.	Heus Inge	81	08-021	24.80	25m	16-5-91	Heemskerk (NED)	91
138.	Renkema Iris	04	08-021	24.96	25m	20-1-13	Heemskerk (NED)	90
139.	Beeksma Anne	88	08-021	25.27	25m	29-3-01	Heemskerk (NED)	86
140.	Tilgenkamp Lentley	13	08-021	25.30	25m	21-4-24	Krommenie (NED)	86
141.	Scholten Britt	04	08-021	25.32	25m	13-12-12	Heemskerk (NED)	86
142.	Banks Riley	17	08-021	25.36	25m	24-10-24	Heemskerk (NED)	85
143.	Veldhuis Amelia	03	08-021	25.44	25m	13-4-14	Zaandam (NED)	85
144.	Dijkstra Pascal	89	08-021	25.54	25m	25-3-99	Heemskerk (NED)	84
145.	Sahin Sümeyye Sena	10	08-021	25.56	25m	7-7-22	Heemskerk (NED)	83

25 vlinderslag (sinds 146)

146.	Oliveira Rocha Yara	17	08-021	25.62	25m	1-4-24	Haarlem (NED)	83
147.	Herwegh Izayra Rena	14	08-021	25.68	25m	24-10-24	Heemskerk (NED)	82
148.	Pezo Adna	90	08-021	25.72	25m	25-3-01	Heerhugowaard (NED)	82
149.	Zijlstra Mariëlle	83	08-021	25.80	25m	27-4-95	Heemskerk (NED)	81
150.	Werdekker Esther	83	08-021	25.90	25m	13-2-97	Heemskerk (NED)	80
150.	Potemans Priscilla	84	08-021	25.90	25m	15-1-98	Heemskerk (NED)	80
152.	Welboren Julia	00	08-021	26.18	25m	17-11-11	Heemskerk (NED)	78
153.	Martens Priscilla	85	08-021	26.20	25m	20-3-97	Heemskerk (NED)	77
153.	Schelvis Liselot	92	08-021	26.20	25m	10-3-02	Heemskerk	77
155.	Geurtsen Daisy	89	08-021	26.24	25m	29-3-01	Heemskerk (NED)	77
156.	Kerkhoven Michelle	91	08-021	26.35	25m	29-3-01	Heemskerk (NED)	76
157.	Schijf Irene	83	08-021	26.40	25m	16-3-95	Heemskerk (NED)	76
158.	van Noort Jony	85	08-021	26.50	25m	16-3-95	Heemskerk (NED)	75
159.	Boonstra Esmé	02	08-021	26.52	25m	13-12-12	Heemskerk (NED)	75
160.	Oortwijn Jytte	10	08-021	26.64	25m	7-7-22	Heemskerk (NED)	74
161.	Kesting Alexandra	00	08-021	26.70	25m	4-11-10	Heemskerk (NED)	73
161.	Wieman Lianne	03	08-021	26.70	25m	13-4-14	Zaandam (NED)	73
161.	van Laarhoven Salome	15	08-021	26.70	25m	24-10-24	Heemskerk (NED)	73
164.	Huisman Lianne	87	08-021	26.80	25m	18-1-01	Heemskerk (NED)	72
165.	Kragt Kirsten	10	08-021	26.81	25m	1-2-24	Heemskerk (NED)	72
166.	Cappelle Marcella	85	08-021	26.90	25m	13-2-97	Heemskerk (NED)	71
167.	de Roode Xara	08	08-021	26.95	25m	29-11-18	Heemskerk (NED)	71
168.	Buur Cindy	99	08-021	26.96	25m	30-6-11	Heemskerk (NED)	71
169.	van den Braber Liesbeth	84	08-021	27.00	25m	15-1-98	Heemskerk (NED)	71
170.	van den Heuvel Sandra	80	08-021	27.20	25m	2-11-89	Heemskerk (NED)	69
170.	Rijpkema Marije	85	08-021	27.20	25m	15-1-98	Heemskerk (NED)	69
172.	Grul Lisanne	97	08-021	27.45	25m	29-5-08	Heemskerk (NED)	67
173.	Bovekerk Annefleur	99	08-021	27.49	25m	28-3-10	Hoorl (NED)	67
174.	Bakker Anna	97	08-021	27.79	25m	29-5-08	Heemskerk (NED)	65
175.	Eijndhoven Jonna	02	08-021	27.92	25m	13-12-12	Heemskerk (NED)	64
176.	Liefting Mariëlle	90	08-021	28.29	25m	29-3-01	Heemskerk (NED)	61
177.	de Boer Isabel	06	08-021	28.44	25m	18-1-15	Zaandam (NED)	60
178.	Zonneveld Jennifer	88	08-021	29.08	25m	29-3-01	Heemskerk (NED)	56
179.	Haack Zowi	18	08-021	29.50	25m	13-4-25	Amsterdam (NED)	54
179.	Slotemaker Britt	14	08-021	29.50	25m	13-4-25	Amsterdam (NED)	54
181.	Haack Fenna	16	08-021	29.84	25m	24-10-24	Heemskerk (NED)	52
182.	Janssen Tess	89	08-021	30.40	25m	15-1-98	Heemskerk (NED)	49
183.	van Hiele Femke	13	08-021	30.63	25m	13-4-25	Amsterdam (NED)	48
184.	van Roon Jill	14	08-021	31.20	25m	13-4-25	Amsterdam (NED)	46
185.	Schut Bodine	09	08-021	31.63	25m	29-11-18	Heemskerk (NED)	44
186.	Zuidervaart Anne	02	08-021	32.03	25m	22-1-12	Zaandam (NED)	42
187.	Salido Keesje	05	08-021	32.36	25m	30-10-14	Heemskerk (NED)	41
188.	Stoker Ianthe	84	08-021	32.70	25m	20-3-97	Heemskerk (NED)	40
189.	Hol Manouk	05	08-021	33.08	25m	30-10-14	Heemskerk (NED)	38
190.	Hoeksema Kim	90	08-021	33.77	25m	29-3-01	Heemskerk (NED)	36
191.	Ramazani Helia	16	08-021	35.16	25m	11-12-25	Heemskerk (NED)	32

50 vlinderslag

1. Wentink Yara	04	08-021	28.75	25m	22-5-22	Hoofddorp (NED)	609
2. Kingma Danae	00	08-021	29.36	25m	20-10-17	Amsterdam (NED)	572
3. Broek Jade	97	08-021	30.60	25m	10-12-15	Heemskerk (NED)	505
4. Schelvis Femke	84	08-021	30.83	25m	17-10-99	Zaandam (NED)	494
4. Hoekstra Eline	03	08-021	30.83	50m	25-5-25	Alkmaar (NED)	497
6. Siemerink Laura	04	08-021	30.95	25m	8-2-26	Purmerend (NED)	488
7. Palmboom Nicole	91	08-021	31.78	50m	12-4-08	Antwerpen (BEL)	454
8. de Haan Shira	00	08-021	31.88	50m	28-5-17	Alkmaar (NED)	450
9. van der Gracht Anouk	89	08-021	31.89	25m	12-12-13	Heemskerk (NED)	446
10. Koopman Inge	93	08-021	31.95	25m	17-2-22	Heemskerk (NED)	444
11. van de Poll Marianne	89	08-021	32.31	25m	4-4-04	Zaandam	429
12. Smit Sanne	01	08-021	32.36	25m	29-11-18	Heemskerk (NED)	427
13. Crok Annemarie	89	08-021	32.37	25m	17-11-11	Heemskerk (NED)	427
14. Drubers Mirjam	67	08-021	32.50	25m	10-11-85		422
15. Groen Anne	95	08-021	32.57	25m	12-2-17	Purmerend (NED)	419
16. Vink Lidewij	90	08-021	32.65	25m	5-3-06	Purmerend (NED)	416
17. ten Bokkel Henrieke	94	08-021	32.73	25m	10-2-19	Purmerend (NED)	413
18. Gijzen-van der Kroft Nicole	84	08-021	32.95	25m	18-12-03	Heemskerk (NED)	405
19. Verbree Bets	63	08-021	33.00	25m	17-5-81	Castricum (NED)	403
20. Teufer Irene	96	08-021	33.06	50m	12-4-08	Antwerpen (BEL)	403
20. Hoek Daniëlle	88	08-021	33.06	25m	19-2-12	Purmerend (NED)	401
22. van Staveren Marina	78	08-021	33.15	25m	22-3-12	Heemskerk (NED)	397
23. Koper Fiona	01	08-021	33.19	25m	18-1-18	Heemskerk (NED)	396
24. Stam Vanessa	80	08-021	33.30	25m	24-5-98	Zaandam (NED)	392
25. de Groot Daniëlle	93	08-021	33.34	25m	29-12-07	Maastricht (NED)	391
26. Mallon Danique	94	08-021	33.41	25m	23-5-10	Purmerend (NED)	388
27. Essers Sanne	91	08-021	33.72	25m	28-12-07	Maastricht (NED)	377
28. Veldhuis Amelia	03	08-021	33.74	25m	29-1-23	Heemskerk (NED)	377
29. Kleijne Daisy	89	08-021	33.96	25m	15-3-09	Haarlem (NED)	369
30. Butter Anouk	82	08-021	34.01	25m	11-12-25	Heemskerk (NED)	368
31. Crok Linda	94	08-021	34.09	25m	12-6-11	Purmerend (NED)	365
32. Besse Karen	75	08-021	34.10	25m	24-2-94	Heemskerk (NED)	365
33. Stins Mariska	84	08-021	34.23	25m	30-11-00	Heemskerk (NED)	361
34. Visser Kelly	89	08-021	34.34	25m	17-3-02	Zaandam	357
35. Herwegh Binthy	09	08-021	34.39	25m	27-10-24	Zaandam (NED)	356
36. Scholten Britt	04	08-021	34.52	25m	24-11-19	Hoofddorp (NED)	352
37. de Boer Irene	84	08-021	34.53	25m	30-11-00	Heemskerk (NED)	351
38. Jongema Helena	80	08-021	34.59	25m	4-5-08	Winterswijk (NED)	350
39. Meijer Linda	77	08-021	34.60	25m	24-4-93		349
40. de Roode Xara	08	08-021	34.64	25m	11-12-25	Heemskerk (NED)	348
41. Koster Lisa	94	08-021	34.65	25m	10-2-08	Purmerend (NED)	348
42. Schelvis Roos	86	08-021	34.67	25m	30-11-00	Heemskerk (NED)	347
43. Buur Naomi	01	08-021	34.78	25m	15-2-15	Purmerend (NED)	344
44. Hulshof Saskia	73	08-021	34.80	25m	14-12-89	Heemskerk (NED)	343
44. Spijker Kristel	84	08-021	34.80	50m	9-5-10	Eindhoven (NED)	345
46. Stam Sabrina	82	08-021	34.90	25m	18-1-98	Zuidoost Beemster (NED)	340
47. Haasbroek Renske	03	08-021	34.96	25m	2-2-25	Den Helder (NED)	339
48. Vink Marjolein	93	08-021	35.07	25m	8-3-09	Purmerend (NED)	335
49. Kramer Miranda	80	08-021	35.09	25m	31-1-02	Heemskerk	335
50. Herwegh Yara	07	08-021	35.16	25m	27-10-24	Zaandam (NED)	333
51. Meijer Sylvia	81	08-021	35.20	25m	26-1-97	Zuidoost Beemster (NED)	332
52. van 't Veer Iris	03	08-021	35.28	25m	8-2-26	Purmerend (NED)	330
53. Petit Kirsten	00	08-021	35.31	25m	10-12-15	Heemskerk (NED)	329

50 vlinderslag (sinds 54)

54.	Koopman Anitra	89	08-021	35.36	25m	5-6-05	Alkmaar (NED)	327
55.	de Groot Gitta	60	08-021	35.80	25m	23-10-77	Zandvoort (NED)	315
56.	van Rookhuizen Sieta	79	08-021	35.93	25m	17-10-99	Zaandam (NED)	312
57.	van Ballegooie Simone	84	08-021	36.00	25m	9-4-98	Heemskerk (NED)	310
58.	Zwaan Melissa	91	08-021	36.29	25m	28-12-03	Maastricht (NED)	303
59.	Zwarthoed Brenda	96	08-021	36.36	25m	9-3-08	Heemskerk (NED)	301
60.	Schuyt Simone	75	08-021	36.40	25m	1-11-89		300
60.	Moolevliet Petra	82	08-021	36.40	25m	16-9-94		300
62.	van Assema Eline	05	08-021	36.41	25m	23-4-23	Den Helder (NED)	300
63.	Zonneveld Chantal	84	08-021	36.49	25m	31-1-02	Heemskerk	298
64.	van Giezen Sandra	63	08-021	36.60	25m	28-10-84	Egmond (NED)	295
64.	Dijkstra Lisette	86	08-021	36.60	25m	7-5-98	Heemskerk (NED)	295
66.	Boekling Annette	85	08-021	36.65	25m	31-1-02	Heemskerk	294
67.	Hogema Fabiën	93	08-021	36.68	25m	11-3-07	Purmerend (NED)	293
68.	de Boer Maia	03	08-021	36.90	25m	17-2-22	Heemskerk (NED)	288
69.	van Duin Margret	60	08-021	37.00	25m	23-10-77	Zandvoort (NED)	286
70.	Renkema Iris	04	08-021	37.17	25m	9-10-16	Alkmaar (NED)	282
71.	Stel Serena	98	08-021	37.21	25m	18-4-10	Zaandam (NED)	281
72.	Visser Stacey	87	08-021	37.23	25m	3-12-00	Zaandam (NED)	280
73.	Windmuller Wendy	69	08-021	37.30	25m	11-10-81	Heemskerk (NED)	279
73.	de Graaf Annemiek	70	08-021	37.30	25m	21-5-87	Heemskerk (NED)	279
73.	Oudendijk Bianca	79	08-021	37.30	25m	11-1-96	Heemskerk (NED)	279
76.	de Ruijter Linda	87	08-021	37.35	25m	22-12-02	Zaandam	278
76.	de Wildt Maud	05	08-021	37.35	25m	21-11-21	Den Helder (NED)	278
78.	van Rijn Sydney	03	08-021	37.58	25m	18-1-18	Heemskerk (NED)	273
79.	Heus Pauline	78	08-021	37.60	25m	23-1-97	Heemskerk	272
80.	van Eerden Meike	00	08-021	37.75	25m	29-11-18	Heemskerk (NED)	269
81.	Blaauw Yente	03	08-021	37.76	25m	29-11-18	Heemskerk (NED)	269
82.	Limmen Karin	76	08-021	37.80	25m	24-4-93		268
83.	Vredenburg Roos	95	08-021	37.95	25m	23-5-10	Purmerend (NED)	265
84.	Niesten Iris	92	08-021	38.06	25m	30-10-08	Heemskerk (NED)	262
85.	van der Geest Saskia	73	08-021	38.10	25m	14-12-88		262
86.	van der Horst Sacha	69	08-021	38.20	25m	28-10-84	Egmond (NED)	259
87.	Zonneveld Cindy	75	08-021	38.50	25m	13-5-93	Heemskerk (NED)	253
88.	Deiman Caroline	67	08-021	38.80	25m	1-11-89		248
88.	Krouwels Tanja	79	08-021	38.80	25m	11-12-97	Heemskerk (NED)	248
90.	van Langelaar Tessa	97	08-021	38.85	25m	13-12-12	Heemskerk (NED)	247
91.	Tholen Kirsten	66	08-021	38.90	25m	17-5-81	Castricum (NED)	246
92.	van Vliet Isabel	02	08-021	38.92	25m	7-11-19	Heemskerk (NED)	245
93.	Plokker Sylvia	68	08-021	39.10	25m	17-5-81	Castricum (NED)	242
94.	van Honk Chantal	80	08-021	39.30	25m	12-5-93		238
95.	van Koeveringe Nicole	93	08-021	39.46	25m	13-4-09	Haarlem (NED)	235
96.	Hoffland Yasmin	01	08-021	39.62	25m	4-2-18	Purmerend (NED)	233
97.	ten Cate Ilona	85	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
97.	Rodenburg Rianne	93	08-021	39.82	25m	23-4-06	Zaandam (NED)	229
99.	Ardicyaka Irem	06	08-021	39.90	25m	4-10-20	Heemskerk (NED)	228
100.	van Huisstede Nikita	01	08-021	39.95	25m	10-12-15	Heemskerk (NED)	227
101.	van Ballegooie Stefanie	86	08-021	40.12	25m	30-11-00	Heemskerk (NED)	224
102.	de Vriend Sofie	01	08-021	40.35	25m	19-5-13	Purmerend (NED)	220
102.	Knight Kayleigh	00	08-021	40.35	25m	17-4-17	Haarlem (NED)	220
104.	Ivens Suzanne	99	08-021	40.41	25m	30-10-14	Heemskerk (NED)	219
105.	Hommersen Sandra	84	08-021	40.60	25m	22-3-98	Assendelft (NED)	216
106.	Angenent Nienke	01	08-021	40.68	25m	18-1-15	Zaandam (NED)	215

50 vlinderslag (sinds 107)

107.	Bos Marieke	06	08-021	40.82	25m	10-12-17	Zaandam (NED)	213
108.	Venema Jalina	04	08-021	40.88	25m	17-11-16	Heemskerk (NED)	212
109.	Bruin Marianne	78	08-021	40.90	25m	9-1-91		211
110.	Bakker Jesca	79	08-021	41.10	25m	17-12-89	Heemstede (NED)	208
111.	Buur Cindy	99	08-021	41.16	25m	17-11-16	Heemskerk (NED)	207
112.	Munnik Yvonne	64	08-021	41.20	25m	22-1-78	Zaandam (NED)	207
113.	Grul Lisanne	97	08-021	41.36	25m	13-12-12	Heemskerk (NED)	204
114.	Bruin Adri	74	08-021	41.40	25m	15-12-88	Heemskerk (NED)	204
115.	Nijholt Carin	60	08-021	41.50	25m	23-10-77	Zandvoort (NED)	202
116.	Bouwman Esther	63	08-021	41.70	25m	27-11-77	IJmuiden (NED)	199
116.	Windmuller Annemarie	67	08-021	41.70	25m	9-9-79	Wormerveer (NED)	199
116.	Cappelle Carlijn	82	08-021	41.70	25m	23-3-97	Volendam (NED)	199
119.	Schaefer Lisa	06	08-021	41.75	50m	26-1-20	Alkmaar (NED)	200
120.	Niesten Annet	62	08-021	41.80	25m	27-11-77	IJmuiden (NED)	198
120.	de Boer Angela	80	08-021	41.80	25m	17-9-94	Hoogland (NED)	198
122.	ten Cate Joyce	80	08-021	41.94	25m	18-2-10	Heemskerk (NED)	196
123.	Regelink Anneke	83	08-021	42.06	25m	25-11-99	Heemskerk	194
124.	Steenbakker Lisan	07	08-021	42.11	25m	24-10-24	Heemskerk (NED)	194
125.	Dijkstra Ingrid	68	08-021	42.20	25m	11-10-81	Heemskerk (NED)	192
125.	van Giezen Wendy	70	08-021	42.20	25m	21-3-82		192
127.	van Velsen Patricia	79	08-021	42.30	25m	24-4-94	Zaandam (NED)	191
127.	de Vries Justine	83	08-021	42.30	25m	23-3-97	Volendam (NED)	191
127.	Oortwijn Jytte	10	08-021	42.30	25m	6-4-25	Purmerend (NED)	191
130.	Molenaar Eline	82	08-021	42.46	25m	14-11-99	Zaandam (NED)	189
130.	de Vries Chrissie	93	08-021	42.46	25m	15-12-05	Heemskerk (NED)	189
132.	Limmen Miriam	75	08-021	42.50	25m	1-11-89		188
132.	Oosterveen Yvonne	80	08-021	42.50	25m	24-4-93		188
134.	Hermans Liesbeth	66	08-021	42.60	25m	11-4-81	Heemskerk (NED)	187
135.	Horst Diana	67	08-021	42.70	25m	11-10-81	Heemskerk (NED)	186
136.	Palthe Yvonne	67	08-021	42.90	25m	17-5-81	Castricum (NED)	183
137.	Huisman Caroline	64	08-021	43.00	25m	22-1-78	Zaandam (NED)	182
137.	Lindelauf Priscilla	85	08-021	43.00	25m	27-9-98	Assendelft (NED)	182
139.	Meesters Audrey	90	08-021	43.07	25m	27-4-03	Zaandam	181
140.	de Boer Claudia	77	08-021	43.10	25m	10-1-91	Heemskerk (NED)	180
141.	Sminia Vinny	89	08-021	43.15	25m	30-3-06	Heemskerk (NED)	180
142.	Nijman José	93	08-021	43.39	25m	27-10-07	Barneveld (NED)	177
143.	Bos Chantal	74	08-021	43.60	25m	14-12-88		174
143.	de Groot Linda	81	08-021	43.60	25m	14-11-99	Zaandam (NED)	174
145.	Rodenburg Kyra	96	08-021	43.87	25m	24-11-05	Heemskerk (NED)	171
146.	van Leeuwen Andrea	71	08-021	43.90	25m	16-1-83	Heemskerk (NED)	171
147.	de Wolff Isabel	01	08-021	43.98	25m	17-11-16	Heemskerk (NED)	170
148.	Huneker Jolanda	79	08-021	44.00	25m	23-1-97	Heemskerk	170
149.	Butter Noor	16	08-021	44.29	25m	11-12-25	Heemskerk (NED)	166
150.	Liefting Sarina	93	08-021	44.34	25m	30-12-06	Hoorn (NED)	166
151.	Limmen Anita	78	08-021	44.40	25m	12-5-93		165
152.	van Sikkelerus Lisa	99	08-021	44.49	25m	26-4-12	Heemskerk (NED)	164
153.	Zonneveld Melissa	88	08-021	44.62	25m	23-12-04	Heemskerk (NED)	163
154.	de Graaf Isabella	04	08-021	44.64	25m	15-10-17	Alkmaar (NED)	162
155.	van Galen Angela	65	08-021	44.70	25m	11-4-81	Heemskerk (NED)	162
155.	de Vries Cathy	77	08-021	44.70	25m	13-6-91	Heemskerk (NED)	162
155.	Dijkstra Maud	84	08-021	44.70	25m	11-12-97	Heemskerk (NED)	162
158.	Visser Shana	04	08-021	44.97	25m	18-1-18	Heemskerk (NED)	159
159.	Hoek Laura	86	08-021	45.08	25m	14-11-99	Zaandam (NED)	158

50 vlinderslag (sinds 160)

160.	van Putten Demi	96	08-021	45.15	25m	4-11-10	Heemskerk (NED)	157
161.	Mosch Sabina	84	08-021	45.30	50m	25-10-98	Beverwijk (NED)	156
162.	Bruins Julia	06	08-021	45.31	25m	8-2-26	Purmerend (NED)	155
163.	Raszinski Nienke	01	08-021	45.52	25m	19-1-14	Zaandam (NED)	153
164.	van Kooten Cynthia	93	08-021	45.62	25m	15-12-05	Heemskerk (NED)	152
165.	Sierra Ana Maria	69	08-021	45.70	25m	11-10-81	Heemskerk (NED)	151
165.	Huisman Jolanda	68	08-021	45.70	25m	28-10-84	Egmond (NED)	151
165.	Peters Yvonne	63	08-021	45.70	25m	28-10-84	Egmond (NED)	151
168.	de Graaf Dinie	71	08-021	45.80	25m	16-1-83	Heemskerk (NED)	150
169.	Nemchonok Alisa	82	08-021	45.87	25m	24-1-99	Assendelft (NED)	150
170.	Zonneveld Monica	80	08-021	46.00	25m	17-11-93		148
171.	de Groot Sjors	08	08-021	46.03	25m	11-12-25	Heemskerk (NED)	148
172.	Besse Meta	78	08-021	46.10	25m	10-1-91	Heemskerk (NED)	147
173.	Tilgenkamp Lentley	13	08-021	46.13	25m	11-12-25	Heemskerk (NED)	147
174.	Essers Patricia	84	08-021	46.16	25m	14-11-99	Zaandam (NED)	147
175.	Missot Gonda	66	08-021	46.20	25m	12-2-78	Heemskerk (NED)	146
176.	Buitenhuis Danine	91	08-021	46.22	25m	19-12-02	Heemskerk	146
177.	Beeksma Anne	88	08-021	46.25	25m	31-1-02	Heemskerk	146
178.	Wieman Lianne	03	08-021	46.29	25m	7-11-19	Heemskerk (NED)	146
179.	Weezepoel Natascha	07	08-021	46.37	25m	3-10-21	Den Helder (NED)	145
180.	Stel Kaylin	01	08-021	46.44	25m	6-6-10	Zaandam (NED)	144
181.	Martens Iandra	03	08-021	46.52	25m	29-3-15	Zaandam (NED)	143
182.	Bakker Anna	97	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
182.	Bakker Daniëlle	96	08-021	46.54	25m	9-3-08	Heemskerk (NED)	143
184.	de Groot Marlijn	92	08-021	46.55	25m	14-5-05	Zuidoost-Beemster (NED)	143
185.	Sobh Shaime	03	08-021	46.67	25m	10-12-15	Heemskerk (NED)	142
186.	van Baar Monique	73	08-021	47.20	25m	15-12-88	Heemskerk (NED)	137
186.	Dijkstra Janet	77	08-021	47.20	25m	17-11-93		137
186.	van Leen Cynthia	81	08-021	47.20	25m	14-3-96	Heemskerk (NED)	137
189.	Mulder Amy	80	08-021	47.30	25m	18-11-93	Heemskerk	136
190.	van de Kamp Yvonne	65	08-021	47.50	25m	11-4-81	Heemskerk (NED)	135
191.	Hoogervorst Marlon	84	08-021	47.70	25m	24-11-94	Heemskerk (NED)	133
192.	Soellaart Esther	13	08-021	47.82	25m	8-2-26	Purmerend (NED)	132
193.	van der Horst Wendy	72	08-021	48.00	25m	16-1-83	Heemskerk (NED)	131
194.	van den Braber Liesbeth	84	08-021	48.04	25m	27-9-98	Assendelft (NED)	130
195.	Beentjes Nicolet	80	08-021	48.60	25m	27-9-98	Assendelft (NED)	126
196.	Pover Karin	67	08-021	48.80	25m	9-9-79	Wormerveer (NED)	124
197.	de Loos Marijke	94	08-021	48.94	25m	25-3-10	Heemskerk (NED)	123
198.	Rijpkema Marije	85	08-021	49.35	25m	31-1-02	Heemskerk	120
199.	Dekker Elise	97	08-021	49.52	25m	5-2-06	Zaandam (NED)	119
199.	Mes Norah	13	08-021	49.52	25m	11-12-25	Heemskerk (NED)	119
201.	Smit Lydia	84	08-021	49.68	25m	17-12-98	Heemskerk (NED)	118
202.	Copier Alyssa	04	08-021	50.00	25m	9-6-13	Zaandam (NED)	115
203.	Last Rooske	94	08-021	50.09	25m	9-5-10	Purmerend (NED)	115
204.	Visser Robin	05	08-021	50.18	25m	12-2-17	Purmerend (NED)	114
205.	Gelsumino Giulia	03	08-021	50.36	25m	10-12-15	Heemskerk (NED)	113
206.	Aafjes Suzan	69	08-021	50.50	25m	12-10-80	Wormerveer (NED)	112
207.	Aardenburg Judith	93	08-021	50.51	25m	25-11-04	Heemskerk (NED)	112
208.	Steenkamp Ciska	90	08-021	50.69	25m	11-11-01	Zaandam	111
209.	Schut Bodine	09	08-021	50.92	25m	4-10-20	Heemskerk (NED)	109
210.	Potemans Priscilla	84	08-021	51.30	25m	31-8-97	Assendelft (NED)	107
211.	Hoorn Linsey	94	08-021	51.43	50m	17-4-05	Beverwijk (NED)	107
212.	Sahin Sümeyye Sena	10	08-021	51.61	25m	1-2-24	Heemskerk (NED)	105

50 vlinderslag (sinds 213)

213.	Schelvis Liselot	92	08-021	51.77	25m	14-3-04	Zaandam	104
214.	van der Wijden Eline	88	08-021	51.83	25m	22-2-01	Heemskerk (NED)	104
215.	Bouwer Jolien	89	08-021	51.87	25m	28-2-02	Heemskerk	103
216.	Viel Bianca	85	08-021	51.97	25m	14-11-99	Zaandam (NED)	103
217.	Zeeman Judith	70	08-021	52.00	25m	29-11-81	Zaandam (NED)	103
218.	Koper Birgit	87	08-021	52.05	25m	27-4-03	Zaandam	102
219.	Cappelle Marcella	85	08-021	52.40	25m	26-10-97	Heemskerk (NED)	100
220.	van Ederen Jasmijn	10	08-021	52.59	25m	5-3-20	Heemskerk (NED)	99
221.	van der Does Lisa	02	08-021	52.60	25m	30-3-14	Zaandam (NED)	99
222.	Feenstra Petra	71	08-021	53.00	25m	16-1-83	Heemskerk (NED)	97
222.	Werdekker Marjolein	81	08-021	53.00	25m	13-3-97	Heemskerk (NED)	97
224.	Terhorst Ilja	67	08-021	53.10	25m	8-11-80	Heemskerk (NED)	96
225.	van Laarhoven Salome	15	08-021	53.27	25m	19-10-25	Zaandam (NED)	95
226.	van Giezen Corina	68	08-021	53.30	25m	21-9-80	Heemskerk (NED)	95
227.	van Rijn Eline	07	08-021	53.32	25m	17-11-16	Heemskerk (NED)	95
228.	van Perlo Carla	75	08-021	53.50	25m	28-10-84	Egmond (NED)	94
229.	Koopman Jessie	97	08-021	54.12	25m	18-4-10	Zaandam (NED)	91
230.	Bok Femke	74	08-021	54.20	25m	28-10-84	Egmond (NED)	91
231.	Doodeman Sara	00	08-021	54.69	25m	13-2-11	Purmerend (NED)	88
232.	Bakker Lisette	83	08-021	54.80	25m	11-12-97	Heemskerk (NED)	88
233.	Yayli Serina	90	08-021	54.91	25m	1-4-02	Haarlem	87
234.	van den Heuvel Sandra	80	08-021	55.00	25m	3-12-89	Zaandam (NED)	87
235.	de Boer Isabel	06	08-021	55.08	25m	11-6-16	Zaandam (NED)	86
236.	Terluin Suus	09	08-021	55.13	25m	5-3-20	Heemskerk (NED)	86
237.	van Giezen Irene	67	08-021	55.40	25m	11-4-81	Heemskerk (NED)	85
238.	Kesting Alexandra	00	08-021	55.57	25m	3-4-11	Zaandam (NED)	84
239.	Koper Ella	90	08-021	55.63	25m	10-3-02	Heemskerk	84
240.	Lensen Sarian	89	08-021	56.24	25m	9-2-03	Zaandam (NED)	81
241.	Haack Fenna	16	08-021	56.26	25m	11-12-25	Heemskerk (NED)	81
242.	Rasch Monique	66	08-021	56.50	25m	11-4-81	Heemskerk (NED)	80
243.	Dijkstra Pascal	89	08-021	56.90	25m	22-4-99	Heemskerk (NED)	78
244.	Boonstra Esmé	02	08-021	56.93	25m	7-4-13	Castricum (NED)	78
245.	Zijlstra Mariëlle	83	08-021	57.20	25m	29-10-95	Castricum (NED)	77
246.	Elghandor Kiyaan	03	08-021	57.23	25m	30-3-14	Zaandam (NED)	77
247.	Smit Ingrid	67	08-021	57.40	25m	8-11-80	Heemskerk (NED)	76
248.	Snijder Femke	83	08-021	58.00	25m	12-5-93		74
249.	van der Werf Chily	72	08-021	58.20	25m	16-1-83	Heemskerk (NED)	73
250.	Schijf Irene	83	08-021	58.30	25m	24-11-94	Heemskerk (NED)	73
251.	Liefting Marielle	90	08-021	58.95	25m	10-3-02	Heemskerk	70
252.	Hoeksema Kim	90	08-021	59.12	25m	31-1-02	Heemskerk	70
253.	Koper Selma	03	08-021	59.26	25m	21-3-13	Heemskerk (NED)	69
254.	Eijndhoven Jonna	02	08-021	1:00.39	50m	10-6-12	Beverwijk (NED)	66
255.	Beentjes Daphne	91	08-021	1:00.80	25m	19-12-02	Heemskerk	64
256.	Doevendans Phileine	06	08-021	1:01.05	25m	6-3-16	Purmerend (NED)	63
257.	Huisman Lianne	87	08-021	1:01.12	25m	22-2-01	Heemskerk (NED)	63
258.	Salido Keesje	05	08-021	1:01.25	25m	19-2-15	Heemskerk (NED)	63
259.	Hoekstra Karin	76	08-021	1:01.70	25m	21-5-87	Heemskerk (NED)	61
260.	Nijman Linda	89	08-021	1:02.34	25m	25-3-01	Heerhugowaard (NED)	59
261.	Boere Sacha	91	08-021	1:02.39	25m	25-11-04	Heemskerk (NED)	59
262.	Werdekker Esther	83	08-021	1:03.20	25m	14-3-96	Heemskerk (NED)	57
263.	Haack Zowi	18	08-021	1:03.34	25m	11-12-25	Heemskerk (NED)	57
264.	Kerdijk Lianne	81	08-021	1:03.60	25m	4-4-91	Heemskerk (NED)	56
265.	Kerkhoven Michelle	91	08-021	1:03.71	25m	22-2-01	Heemskerk (NED)	56

50 vlinderslag (sinds 266)

266.	Doll Maartje	80	08-021	1:03.80	25m	12-5-93		55
267.	Herwegh Izayra Rena	14	08-021	1:04.07	25m	29-1-23	Heemskerk (NED)	55
268.	Morianner Susanna	72	08-021	1:04.20	25m	20-9-81	Den Helder (NED)	54
269.	Welboren Julia	00	08-021	1:04.96	25m	9-2-12	Heemskerk (NED)	52
270.	Pezo Adna	90	08-021	1:05.60	50m	27-5-01	Beverwijk (NED)	51
271.	Wiegman Brenda	72	08-021	1:06.40	25m	16-1-83	Heemskerk (NED)	49
272.	Pover Ellen	72	08-021	1:07.00	25m	11-4-81	Heemskerk (NED)	48
272.	van Roon Jill	14	08-021	1:07.00	50m	21-6-25	Bückeburg (GER)	48
274.	Janssen Tess	89	08-021	1:09.33	25m	27-9-98	Assendelft (NED)	43
275.	Stoker Ianthe	84	08-021	1:11.50	25m	23-1-97	Heemskerk	39
276.	van Perlo Ingrid	73	08-021	1:12.90	25m	21-3-82		37
277.	van Noort Jony	85	08-021	1:18.40	25m	14-3-96	Heemskerk (NED)	30
278.	Zuidervaart Anne	02	08-021	1:19.93	25m	22-3-12	Heemskerk (NED)	28
279.	Kuijper Michelle	91	08-021	1:23.14	25m	22-2-01	Heemskerk (NED)	25

100 vlinderslag

1.	Wentink Yara	04	08-021	1:05.06	25m	23-11-24	Den Haag (NED)	591
2.	Schelvis Femke	84	08-021	1:08.80	25m	10-10-99	Zaandam (NED)	500
3.	Broek Jade	97	08-021	1:09.19	25m	3-11-19	Purmerend (NED)	491
4.	Kingma Danae	00	08-021	1:09.42	25m	13-1-19	Purmerend (NED)	486
5.	Hoekstra Eline	03	08-021	1:09.89	25m	12-11-23	Den Helder (NED)	477
6.	Drubers Mirjam	67	08-021	1:10.80	25m	31-12-85		458
7.	Smit Sanne	01	08-021	1:11.71	25m	18-11-18	Hoofddorp (NED)	441
8.	Vink Lidewij	90	08-021	1:12.85	25m	10-12-06	Heemskerk (NED)	421
9.	de Groot Daniëlle	93	08-021	1:13.13	25m	25-11-07	Amsterdam (NED)	416
10.	Palmboom Nicole	91	08-021	1:13.63	25m	17-11-07	Barneveld (NED)	407
11.	Mallon Danique	94	08-021	1:13.93	25m	23-5-10	Purmerend (NED)	403
11.	van der Gracht Anouk	89	08-021	1:13.93	25m	9-3-14	Zaandam (NED)	403
13.	Crok Annemarie	89	08-021	1:14.05	25m	29-11-09	Heemskerk (NED)	401
14.	Verbree Bets	63	08-021	1:14.50	25m	7-2-82		393
15.	de Haan Shira	00	08-021	1:14.89	25m	12-2-17	Purmerend (NED)	387
16.	Koopman Inge	93	08-021	1:14.92	25m	24-4-22	Den Helder (NED)	387
17.	Hoek Daniëlle	88	08-021	1:15.40	25m	9-2-12	Heemskerk (NED)	379
18.	van de Poll Marianne	89	08-021	1:15.65	25m	14-12-03	Heemskerk (NED)	376
19.	Stins Mariska	84	08-021	1:15.83	25m	27-5-04	Heemskerk (NED)	373
20.	Teufer Irene	96	08-021	1:16.12	50m	13-4-08	Antwerpen (BEL)	387
21.	Groen Anne	95	08-021	1:16.26	25m	2-2-17	Heemskerk (NED)	367
22.	Stam Vanessa	80	08-021	1:16.60	25m	15-12-96	Heemskerk (NED)	362
23.	Essers Sanne	91	08-021	1:16.69	25m	21-10-07	Zaandam (NED)	361
24.	Gijzen-van der Kroft Nicole	84	08-021	1:16.86	25m	14-1-01	Heemskerk (NED)	358
25.	Siemerink Laura	04	08-021	1:17.11	25m	17-11-19	Hoofddorp (NED)	355
26.	Besse Karen	75	08-021	1:17.20	25m	24-2-91	Heemskerk (NED)	353
27.	Crok Linda	94	08-021	1:17.58	25m	13-11-16	Purmerend (NED)	348
28.	van Staveren Marina	78	08-021	1:17.69	25m	18-2-12	Heerenveen (NED)	347
29.	Spijker Kristel	84	08-021	1:17.92	25m	13-3-11	Heemskerk (NED)	344
30.	Hulshof Saskia	73	08-021	1:18.90	25m	18-2-89		331
31.	Schelvis Roos	86	08-021	1:18.99	25m	15-4-01	Haarlem (NED)	330
31.	de Boer Irene	84	08-021	1:18.99	25m	16-4-01	Haarlem (NED)	330
33.	Koster Lisa	94	08-021	1:19.44	25m	15-12-07	Heemskerk (NED)	324
34.	Stam Sabrina	82	08-021	1:19.70	25m	6-4-97	Heemskerk (NED)	321
35.	Kleijne Daisy	89	08-021	1:19.75	25m	12-2-06	Zaandam (NED)	321
36.	Herwegh Yara	07	08-021	1:19.99	25m	27-2-25	Heemskerk (NED)	318

100 vlinderslag (sinds 37)

37. Kramer Miranda	80	08-021	1:20.35	25m	28-2-02	Heemskerk	313
38. Butter Anouk	82	08-021	1:20.45	25m	25-3-04	Heemskerk	312
39. Herwegh Binthy	09	08-021	1:20.93	25m	27-2-25	Heemskerk (NED)	307
40. Veldhuis Amelia	03	08-021	1:21.34	25m	20-11-22	Den Helder (NED)	302
41. de Roode Xara	08	08-021	1:21.52	25m	9-3-25	Purmerend (NED)	300
42. van 't Veer Iris	03	08-021	1:21.64	25m	1-2-24	Heemskerk (NED)	299
43. de Groot Gitta	60	08-021	1:21.70	25m	31-12-79		298
44. Moolevliet Petra	82	08-021	1:21.80	25m	6-4-96	Haarlem (NED)	297
45. Meijer Linda	77	08-021	1:22.10	25m	27-11-93		294
46. Vink Marjolein	93	08-021	1:22.18	25m	26-2-09	Heemskerk (NED)	293
47. Meijer Sylvia	81	08-021	1:22.50	25m	13-4-98	Haarlem (NED)	290
48. van Ballegooie Simone	84	08-021	1:22.69	25m	11-10-98	Alkmaar (NED)	288
49. de Ruijter Linda	87	08-021	1:22.80	25m	22-12-02	Zaandam	286
50. Koopman Anitra	89	08-021	1:22.99	25m	20-2-05	Aalsmeer (NED)	284
51. van Rookhuizen Sieta	79	08-021	1:23.10	25m	17-1-93	Zaandam	283
52. Plokker Sylvia	68	08-021	1:23.60	25m	31-5-81	Heerhugowaard (NED)	278
53. Zonneveld Chantal	84	08-021	1:23.73	25m	28-2-02	Heemskerk	277
54. Scholten Britt	04	08-021	1:24.06	25m	11-2-18	Zaandam (NED)	274
55. Visser Stacey	87	08-021	1:24.15	25m	31-5-01	Heemskerk (NED)	273
56. Windmuller Wendy	69	08-021	1:24.20	25m	12-2-84	Heemskerk (NED)	272
57. Jongema Helena	80	08-021	1:24.21	25m	16-11-08	Amsterdam-oost (NED)	272
58. Koper Fiona	01	08-021	1:24.37	25m	24-1-19	Heemskerk (NED)	271
59. Boekling Annette	85	08-021	1:24.82	25m	28-2-02	Heemskerk	266
60. de Graaf Annemiek	70	08-021	1:25.20	25m	30-11-86	Heemskerk (NED)	263
60. van der Geest Saskia	73	08-021	1:25.20	25m	6-12-89		263
62. Zwaan Melissa	91	08-021	1:25.28	25m	28-12-03	Maastricht (NED)	262
63. Schuyt Simone	75	08-021	1:25.80	25m	10-3-90		257
64. Limmen Karin	76	08-021	1:26.30	25m	4-10-92	Assendelft (NED)	253
65. Oudendijk Bianca	79	08-021	1:26.60	25m	5-11-95	Volendam (NED)	250
66. Haasbroek Renske	03	08-021	1:26.65	25m	12-10-25	Heemskerk (NED)	250
67. Dijkstra Lisette	86	08-021	1:26.80	25m	24-5-98	Zaandam (NED)	249
68. Buur Naomi	01	08-021	1:26.83	25m	18-2-16	Heemskerk (NED)	248
69. Vredenburg Roos	95	08-021	1:27.10	25m	20-5-10	Heemskerk (NED)	246
70. Bruin Marianne	78	08-021	1:27.20	25m	24-2-91	Heemskerk (NED)	245
71. Petit Kirsten	00	08-021	1:27.26	25m	12-2-17	Purmerend (NED)	245
72. van Duin Margret	60	08-021	1:27.40	25m	12-2-78	Heemskerk (NED)	243
73. Bakker Jesca	79	08-021	1:28.50	25m	22-4-90	Heemstede (NED)	234
73. Visser Kelly	89	08-021	1:28.50	25m	28-2-02	Heemskerk	234
75. Stel Serena	98	08-021	1:28.51	25m	18-2-10	Heemskerk (NED)	234
76. Zonneveld Cindy	75	08-021	1:28.60	25m	4-2-93	Heemskerk (NED)	234
77. Blaauw Yente	03	08-021	1:28.68	25m	15-2-18	Heemskerk (NED)	233
78. Zwarthoed Brenda	96	08-021	1:28.87	25m	3-2-08	Purmerend (NED)	232
79. de Boer Maia	03	08-021	1:29.40	25m	20-11-22	Den Helder (NED)	227
80. Hogema Fabiën	93	08-021	1:29.44	25m	29-3-07	Heemskerk (NED)	227
81. Krouwels Tanja	79	08-021	1:29.50	25m	12-2-98	Heemskerk (NED)	227
82. ten Cate Ilona	85	08-021	1:29.56	25m	16-4-06	Haarlem (NED)	226
83. Pover Karin	67	08-021	1:29.80	25m	13-3-83	Castricum (NED)	224
84. Deiman Caroline	67	08-021	1:29.90	25m	6-12-89		224
85. Hermans Liesbeth	66	08-021	1:30.00	25m	7-2-82		223
86. van Giezen Sandra	63	08-021	1:30.20	25m	12-2-84	Heemskerk (NED)	221
86. van Honk Chantal	80	08-021	1:30.20	25m	3-2-93		221
88. Niesten Iris	92	08-021	1:30.21	50m	6-6-09	Beverwijk (NED)	232
89. Dijkstra Ingrid	68	08-021	1:30.60	25m	16-1-83	Heemskerk (NED)	218

100 vlinderslag (sinds 90)

90.	Tholen Kirsten	66	08-021	1:30.70	25m	24-1-82	218
91.	van Eerden Meike	00	08-021	1:30.79	25m	24-1-19 Heemskerk (NED)	217
92.	de Wildt Maud	05	08-021	1:31.02	25m	24-11-19 Hoofddorp (NED)	215
93.	van Giezen Wendy	70	08-021	1:31.10	25m	27-2-83 Assendelft (NED)	215
94.	Poppema Yvonne	68	08-021	1:31.30	25m	7-10-84 Volendam (NED)	213
95.	van Koeveringe Nicole	93	08-021	1:31.60	25m	26-2-09 Heemskerk (NED)	211
96.	Heus Pauline	78	08-021	1:31.80	25m	6-4-96 Haarlem (NED)	210
97.	Peters Yvonne	63	08-021	1:32.20	25m	7-2-88 Heemskerk (NED)	207
98.	de Boer Claudia	77	08-021	1:32.30	25m	4-4-91 Heemskerk (NED)	207
99.	Hofland Yasmin	01	08-021	1:32.34	25m	4-2-18 Purmerend (NED)	206
100.	van Giezen Irene	67	08-021	1:32.50	25m	13-3-83 Castricum (NED)	205
101.	van Assema Eline	05	08-021	1:32.54	25m	2-2-23 Heemskerk (NED)	205
102.	Renkema Iris	04	08-021	1:32.76	25m	1-10-17 Purmerend (NED)	204
103.	van der Horst Sacha	69	08-021	1:33.40	25m	23-9-84 Heemskerk (NED)	199
103.	Cappelle Carlijn	82	08-021	1:33.40	25m	6-4-97 Heemskerk (NED)	199
105.	Hommersen Sandra	84	08-021	1:33.86	25m	11-10-98 Alkmaar (NED)	196
106.	de Boer Angela	80	08-021	1:34.70	25m	27-4-95 Heemskerk (NED)	191
107.	Rodenburg Rianne	93	08-021	1:35.06	25m	17-4-06 Haarlem (NED)	189
108.	Nijholt Carin	60	08-021	1:35.20	25m	13-4-80 Zaandam (NED)	188
109.	ten Cate Joyce	80	08-021	1:35.29	25m	26-2-09 Heemskerk (NED)	188
110.	Besse Meta	78	08-021	1:35.30	25m	29-11-92 Heemskerk (NED)	188
111.	Bruin Adri	74	08-021	1:35.40	25m	30-9-89	187
112.	Steenbakker Lisan	07	08-021	1:35.44	25m	10-3-24 Purmerend (NED)	187
113.	Lindelauf Priscilla	85	08-021	1:35.49	25m	17-2-00 Heemskerk (NED)	187
114.	Oortwijn Jytte	10	08-021	1:35.76	25m	27-2-25 Heemskerk (NED)	185
115.	de Vries Justine	83	08-021	1:35.80	25m	13-3-97 Heemskerk (NED)	185
116.	van Ballegooie Stefanie	86	08-021	1:36.26	25m	18-11-01 Heemskerk	182
117.	Missot Gonda	66	08-021	1:36.50	25m	28-10-79 Heerhugowaard (NED)	181
118.	Venema Jalina	04	08-021	1:36.61	25m	2-2-17 Heemskerk (NED)	180
119.	de Groot Linda	81	08-021	1:36.79	25m	23-4-00 Haarlem (NED)	179
120.	Walraven Annet	62	08-021	1:36.90	25m	4-10-80 Heemskerk (NED)	178
120.	Palthe Yvonne	67	08-021	1:36.90	25m	18-10-81 Heemskerk (NED)	178
122.	Huneker Jolanda	79	08-021	1:36.96	25m	17-1-99 Heemskerk (NED)	178
123.	Molenaar Eline	82	08-021	1:37.06	25m	20-2-00 Assendelft (NED)	178
124.	van Galen Angela	65	08-021	1:37.10	25m	16-11-80 Haarlem (NED)	177
125.	Zonneveld Melissa	88	08-021	1:37.13	25m	25-11-04 Heemskerk (NED)	177
126.	van Giezen Corina	68	08-021	1:37.40	25m	23-9-84 Heemskerk (NED)	176
127.	Niesten Annet	62	08-021	1:37.60	25m	31-12-75	175
128.	Limmen Miriam	75	08-021	1:37.70	25m	1-4-90 Zaandam (NED)	174
129.	de Vriend Sofie	01	08-021	1:37.77	25m	2-6-12 Zaandam (NED)	174
130.	van Huisstede Nikita	01	08-021	1:37.90	25m	13-11-16 Purmerend (NED)	173
131.	Huisman Caroline	64	08-021	1:38.00	25m	23-10-77 Zandvoort (NED)	173
132.	de Graaf Dinie	71	08-021	1:39.00	25m	28-10-84 Egmond (NED)	167
133.	Munnik Yvonne	64	08-021	1:39.10	25m	26-2-78 Castricum (NED)	167
134.	van Rijn Sydney	03	08-021	1:39.27	25m	2-10-16 Purmerend (NED)	166
135.	Limmen Anita	78	08-021	1:39.40	25m	28-9-94	165
136.	Meesters Audrey	90	08-021	1:39.90	25m	27-3-03 Heemskerk	163
137.	Angenent Nienke	01	08-021	1:40.31	25m	8-1-15 Heemskerk (NED)	161
138.	Knight Kayleigh	00	08-021	1:40.32	25m	15-2-18 Heemskerk (NED)	161
139.	van Leeuwen Andrea	71	08-021	1:40.60	25m	28-10-84 Egmond (NED)	159
140.	Bakkum Wilma	62	08-021	1:40.90	25m	30-11-80 Heemskerk (NED)	158
141.	van Velsen Patricia	79	08-021	1:41.20	25m	14-3-96 Heemskerk (NED)	157
142.	Hoek Laura	86	08-021	1:41.34	25m	23-4-00 Haarlem (NED)	156

100 vlinderslag (sinds 143)

143.	Bos Chantal	74	08-021	1:41.40	25m	18-2-89	156
143.	Oosterveen Yvonne	80	08-021	1:41.40	25m	3-2-93	156
145.	Essers Patricia	84	08-021	1:42.09	25m	17-2-00 Heemskerk (NED)	153
146.	van Vliet Isabel	02	08-021	1:42.32	25m	14-1-18 Purmerend (NED)	152
147.	Dijkstra Maud	84	08-021	1:42.40	25m	5-4-98 Heemskerk (NED)	151
148.	Visser Shana	04	08-021	1:42.49	25m	2-10-16 Purmerend (NED)	151
149.	de Vries Cathy	77	08-021	1:42.60	25m	21-4-91 Heemstede (NED)	150
150.	Bouwman Esther	63	08-021	1:42.70	25m	3-6-78 Z.O. Beemster (NED)	150
151.	Grul Lisanne	97	08-021	1:42.86	25m	9-2-12 Heemskerk (NED)	149
152.	Windmuller Annemarie	67	08-021	1:43.00	25m	17-2-80 Heerhugowaard (NED)	149
152.	van Langelaar Tessa	97	08-021	1:43.00	25m	27-3-11 Heemstede (NED)	149
154.	Zonneveld Monica	80	08-021	1:43.30	25m	15-1-94	147
155.	Dreyer Elly	63	08-021	1:43.40	25m	2-3-80 Heemskerk (NED)	147
156.	Bouwer Jolien	89	08-021	1:43.41	25m	28-11-02 Heemskerk	147
157.	Huisman Jolanda	68	08-021	1:43.90	25m	23-9-84 Heemskerk (NED)	145
158.	Mulder Amy	80	08-021	1:44.10	25m	15-1-94	144
159.	de Groot Sjors	08	08-021	1:44.36	25m	1-2-24 Heemskerk (NED)	143
160.	de Vries Chrissie	93	08-021	1:44.49	25m	29-3-07 Heemskerk (NED)	142
161.	Sobh Shaime	03	08-021	1:45.15	25m	18-2-16 Heemskerk (NED)	140
162.	Regelink Anneke	83	08-021	1:45.24	25m	5-4-99 Haarlem (NED)	139
163.	Schaefer Lisa	06	08-021	1:45.29	25m	30-1-20 Heemskerk (NED)	139
164.	Liefting Sarina	93	08-021	1:45.50	25m	30-11-06 Heemskerk	138
165.	Ivens Suzanne	99	08-021	1:45.53	25m	26-10-14 Zaandam (NED)	138
166.	Groot Tineke	60	08-021	1:46.10	25m	2-3-80 Heemskerk (NED)	136
167.	de Groot Marlijn	92	08-021	1:46.11	25m	3-10-04 Heemskerk (NED)	136
168.	de Wolff Isabel	01	08-021	1:46.70	25m	18-2-16 Heemskerk (NED)	134
169.	de Graaf Isabella	04	08-021	1:46.72	25m	1-10-17 Purmerend (NED)	133
170.	Horst Diana	67	08-021	1:46.80	25m	18-10-81 Heemskerk (NED)	133
171.	Berloth Lydia	68	08-021	1:46.90	25m	16-1-83 Heemskerk (NED)	133
172.	Nemchonok Alisa	82	08-021	1:47.21	25m	5-4-99 Haarlem (NED)	132
173.	Bruins Julia	06	08-021	1:48.37	25m	27-2-25 Heemskerk (NED)	127
174.	van Putten Demi	96	08-021	1:48.50	25m	3-3-11 Heemskerk (NED)	127
175.	Viel Bianca	85	08-021	1:48.69	25m	22-4-99 Heemskerk (NED)	126
176.	Jansen Pauline	67	08-021	1:49.00	25m	16-1-83 Heemskerk (NED)	125
177.	Bos Marieke	06	08-021	1:49.09	25m	10-6-17 Zaandam (NED)	125
178.	Wieman Lianne	03	08-021	1:49.43	25m	30-1-20 Heemskerk (NED)	124
179.	Beentjes Nicolet	80	08-021	1:49.50	25m	30-5-96 Heemskerk (NED)	124
180.	van de Kamp Yvonne	65	08-021	1:49.60	25m	4-10-80 Heemskerk (NED)	123
181.	Rasch Monique	66	08-021	1:49.80	25m	6-9-81 Heemskerk (NED)	123
182.	Koper Birgit	87	08-021	1:50.78	25m	28-11-02 Heemskerk	119
183.	Smit Lydia	84	08-021	1:50.87	25m	22-4-99 Heemskerk (NED)	119
184.	Ardicyaka Irem	06	08-021	1:51.00	25m	3-11-19 Purmerend (NED)	119
185.	Hoekstra Karin	76	08-021	1:51.60	25m	17-1-88 Assendelft (NED)	117
186.	Raszinski Nienke	01	08-021	1:51.78	25m	30-1-14 Heemskerk (NED)	116
187.	Sierra Ana Maria	69	08-021	1:52.80	25m	18-4-82	113
188.	van der Horst Wendy	72	08-021	1:53.50	25m	13-3-83 Castricum (NED)	111
189.	van der Eng Laura	80	08-021	1:53.90	25m	9-11-96	110
190.	Mosch Sabina	84	08-021	1:54.45	25m	27-3-03 Heemskerk	108
191.	Schut Bodine	09	08-021	1:54.73	25m	4-10-20 Heemskerk (NED)	107
192.	Sahin Sümeyye Sena	10	08-021	1:54.96	25m	1-2-24 Heemskerk (NED)	107
193.	Stel Kaylin	01	08-021	1:55.09	25m	20-5-10 Heemskerk (NED)	106
194.	van den Braber Liesbeth	84	08-021	1:55.90	25m	12-2-98 Heemskerk (NED)	104
195.	Weezepoel Natascha	07	08-021	1:56.33	25m	30-1-20 Heemskerk (NED)	103

100 vlinderslag (sinds 196)

196.	Schaaper Margriet	62	08-021	1:56.50	25m	13-10-79	Heemskerk (NED)	103
197.	Verhagen Sabine	71	08-021	1:57.20	25m	28-10-84	Egmond (NED)	101
197.	de Jong Desire	73	08-021	1:57.20	25m	8-11-87	Heemskerk (NED)	101
199.	Bakker Anna	97	08-021	1:57.97	25m	26-2-09	Heemskerk (NED)	99
200.	Bos Annelies	74	08-021	1:58.40	25m	29-11-87	Amstelveen (NED)	98
201.	Bakker Daniëlle	96	08-021	1:58.72	25m	5-10-08	Heemskerk (NED)	97
202.	Martens landra	03	08-021	1:58.83	25m	8-1-15	Heemskerk (NED)	97
203.	Snijder Femke	83	08-021	1:59.20	25m	4-4-94	Haarlem (NED)	96
204.	Aafjes Suzan	69	08-021	2:01.00	25m	18-1-81	Zaandam (NED)	91
205.	Steenkamp Ciska	90	08-021	2:01.17	25m	24-4-00	Haarlem (NED)	91
206.	Yayli Serina	90	08-021	2:02.61	25m	28-11-02	Heemskerk	88
207.	Bakker Lisette	83	08-021	2:03.30	25m	15-11-98	Assendelft (NED)	86
208.	Brands Ingrid	72	08-021	2:03.60	25m	29-9-85	Heemskerk (NED)	86
209.	Last Rooske	94	08-021	2:03.64	25m	20-5-10	Heemskerk (NED)	86
210.	de Loos Marijke	94	08-021	2:04.26	25m	20-5-10	Heemskerk (NED)	84
211.	Hoogervorst Marlon	84	08-021	2:04.30	25m	13-11-94	Hoorl (NED)	84
212.	Rodenburg Kyra	96	08-021	2:05.15	25m	24-11-05	Heemskerk (NED)	83
213.	Smit Ingrid	67	08-021	2:05.60	25m	22-11-80	Heemskerk (NED)	82
214.	Buur Cindy	99	08-021	2:06.11	25m	30-1-14	Heemskerk (NED)	81
215.	Nijman José	93	08-021	2:06.51	25m	11-2-07	Zaandam (NED)	80
216.	Aardenburg Judith	93	08-021	2:06.77	25m	2-10-05	Zaandam (NED)	79
217.	Schelvis Liselot	92	08-021	2:07.72	25m	8-2-04	Zaandam (NED)	78
218.	Rijkema Marije	85	08-021	2:08.60	25m	28-2-02	Heemskerk	76
219.	Gelsumino Giulia	03	08-021	2:10.18	25m	8-1-15	Heemskerk (NED)	73
220.	Cappelle Marcella	85	08-021	2:10.90	25m	12-2-98	Heemskerk (NED)	72
221.	Koper Ella	90	08-021	2:12.17	25m	3-2-02	Zaandam (NED)	70
222.	Boere Sacha	91	08-021	2:12.33	25m	24-2-05	Heemskerk (NED)	70
223.	Lensen Sarian	89	08-021	2:13.35	25m	27-3-03	Heemskerk	68
224.	Visser Robin	05	08-021	2:19.25	25m	13-12-15	Zaandam (NED)	60
225.	Pezo Adna	90	08-021	2:28.91	25m	16-4-01	Haarlem (NED)	49

200 vlinderslag

1.	Wentink Yara	04	08-021	2:34.17	25m	10-3-24	Purmerend (NED)	466
2.	Schelvis Femke	84	08-021	2:35.87	25m	25-11-04	Heemskerk (NED)	451
3.	Hoekstra Eline	03	08-021	2:38.02	25m	16-2-25	Haarlem (NED)	433
4.	Vink Lidewij	90	08-021	2:46.45	25m	21-1-07	Zaandam (NED)	371
5.	Mallon Danique	94	08-021	2:48.96	25m	18-2-10	Heemskerk (NED)	354
6.	Broek Jade	97	08-021	2:48.98	25m	24-3-19	Purmerend (NED)	354
7.	Stam Vanessa	80	08-021	2:49.10	25m	29-3-98	Heemstede (NED)	353
8.	Crok Annemarie	89	08-021	2:49.30	25m	14-3-10	Heemskerk (NED)	352
9.	Teufer Irene	96	08-021	2:49.76	50m	12-4-08	Antwerpen (BEL)	369
10.	Palmboom Nicole	91	08-021	2:51.40	25m	31-1-08	Heemskerk (NED)	339
11.	van der Gracht Anouk	89	08-021	2:52.59	25m	9-3-08	Heemskerk (NED)	332
12.	Verbree Bets	63	08-021	2:54.70	25m	31-12-81		320
13.	de Groot Daniëlle	93	08-021	2:56.23	25m	26-5-07	Purmerend (NED)	312
14.	Stins Mariska	84	08-021	2:58.47	25m	15-3-09	Haarlem (NED)	301
15.	Kingma Danae	00	08-021	2:58.59	25m	24-3-19	Purmerend (NED)	300
16.	de Haan Shira	00	08-021	2:58.95	25m	12-3-17	Purmerend (NED)	298
17.	van de Poll Marianne	89	08-021	2:59.51	25m	7-6-03	Z.o. Beemster	295
18.	Spijker Kristel	84	08-021	3:01.28	25m	14-3-10	Heemskerk (NED)	287
19.	Koopman Inge	93	08-021	3:02.12	25m	18-2-23	Heerenveen (NED)	283
20.	Gijzen-van der Kroft Nicole	84	08-021	3:02.96	25m	26-4-01	Heemskerk (NED)	279

200 vlinderslag (sinds 21)

21. Schelvis Roos	86	08-021	3:03.76	25m	20-12-01	Heemskerk	275
22. Butter Anouk	82	08-021	3:04.98	25m	26-4-01	Heemskerk (NED)	270
23. Groen Anne	95	08-021	3:05.24	25m	12-3-17	Purmerend (NED)	269
24. Meijer Linda	77	08-021	3:06.00	25m	7-2-93	Volendam (NED)	265
24. Kleijne Daisy	89	08-021	3:06.00	25m	31-1-08	Heemskerk (NED)	265
26. Crok Linda	94	08-021	3:06.01	25m	18-2-10	Heemskerk (NED)	265
27. Stel Serena	98	08-021	3:07.06	25m	18-2-10	Heemskerk (NED)	261
28. de Ruijter Linda	87	08-021	3:07.60	25m	22-12-02	Zaandam	259
29. Hoek Daniëlle	88	08-021	3:07.93	25m	31-1-08	Heemskerk (NED)	257
30. Kramer Miranda	80	08-021	3:09.21	25m	27-11-03	Heemskerk (NED)	252
31. Koster Lisa	94	08-021	3:11.30	25m	31-1-08	Heemskerk (NED)	244
32. de Boer Irene	84	08-021	3:15.15	25m	16-4-00	Zaandam (NED)	230
33. Moolevliet Petra	82	08-021	3:15.30	25m	4-2-96	Heerhugowaard (NED)	229
34. van Rookhuizen Sieta	79	08-021	3:16.10	25m	26-1-92	Volendam (NED)	226
35. Essers Sanne	91	08-021	3:16.44	25m	18-2-10	Heemskerk (NED)	225
36. Vink Marjolein	93	08-021	3:17.91	25m	31-1-08	Heemskerk (NED)	220
37. Vredenburg Roos	95	08-021	3:19.06	25m	18-2-10	Heemskerk (NED)	216
38. Boekling Annette	85	08-021	3:19.10	25m	20-12-01	Heemskerk	216
39. Oudendijk Bianca	79	08-021	3:21.60	25m	4-2-96	Heerhugowaard (NED)	208
40. Koopman Anitra	89	08-021	3:22.70	25m	25-11-04	Heemskerk (NED)	205
41. Meijer Sylvia	81	08-021	3:23.30	25m	29-3-98	Heemstede (NED)	203
42. Haasbroek Renske	03	08-021	3:24.40	25m	6-4-25	Purmerend (NED)	200
43. Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
44. Petit Kirsten	00	08-021	3:30.05	25m	20-5-13	Purmerend (NED)	184
45. Hermans Liesbeth	66	08-021	3:30.20	25m	7-3-82		184
46. Niesten Iris	92	08-021	3:31.96	25m	30-11-06	Heemskerk	179
47. van Galen Angela	65	08-021	3:32.40	25m	18-4-82		178
48. van Giezen Sandra	63	08-021	3:32.90	25m	18-4-82		177
49. Tholen Kirsten	66	08-021	3:36.30	25m	7-3-82		169
50. Siemerink Laura	04	08-021	3:37.20	25m	27-11-16	Zaandam (NED)	167
51. Visser Kelly	89	08-021	3:37.49	25m	17-3-02	Zaandam	166
52. Blaauw Yente	03	08-021	3:38.15	25m	27-11-16	Zaandam (NED)	164
53. van 't Veer Iris	03	08-021	3:40.13	25m	27-11-16	Zaandam (NED)	160
54. Hoffland Yasmin	01	08-021	3:40.40	25m	6-4-14	Zaandam (NED)	159
55. Scholten Britt	04	08-021	3:45.13	25m	27-11-16	Zaandam (NED)	149
56. Venema Jalina	04	08-021	3:45.14	25m	24-4-16	Zaandam (NED)	149
57. Pover Karin	67	08-021	3:45.30	25m	7-3-82		149
58. Buur Naomi	01	08-021	3:47.93	25m	6-4-14	Zaandam (NED)	144
59. Renkema Iris	04	08-021	3:50.96	25m	13-12-15	Zaandam (NED)	138
60. Veldhuis Amelia	03	08-021	3:51.64	25m	27-11-16	Zaandam (NED)	137
61. de Wildt Maud	05	08-021	3:53.68	25m	27-11-16	Zaandam (NED)	134
62. van Giezen Irene	67	08-021	3:54.00	25m	7-3-82		133
63. de Boer Maia	03	08-021	3:55.74	25m	27-11-16	Zaandam (NED)	130
64. Ivens Suzanne	99	08-021	4:14.47	25m	28-5-12	Purmerend (NED)	103
65. Knight Kayleigh	00	08-021	4:18.31	25m	18-3-12	Zaandam (NED)	99

1000 vlinderslag

1. Wentink Yara	04	08-021	15:22.84	25m	16-2-25	Haarlem (NED)
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75 wisselslag

1. Ramazani Helia	16	08-021	1:41.51	25m	9-11-25	Zaandam (NED)
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100 wisselslag

1. Kingma Danae	00	08-021	1:07.44	25m	23-12-17	Hoofddorp (NED)	588
2. Broek Jade	97	08-021	1:09.81	25m	2-1-16	Hoor (NED)	530
3. Schelvis Femke	84	08-021	1:09.84	25m	18-2-99	Heemskerk (NED)	529
4. Wentink Yara	04	08-021	1:10.16	25m	25-6-23	Rotterdam (NED)	522
5. ten Bokkel Henrieke	94	08-021	1:11.34	25m	17-5-18	Heemskerk (NED)	497
6. Hoekstra Eline	03	08-021	1:12.07	25m	2-6-22	Heemskerk (NED)	482
7. Palmboom Nicole	91	08-021	1:12.94	25m	10-2-08	Purmerend (NED)	465
8. Crok Linda	94	08-021	1:12.98	25m	11-4-10	Zaandam (NED)	464
9. Groen Anne	95	08-021	1:13.00	25m	2-10-16	Purmerend (NED)	463
10. Siemerink Laura	04	08-021	1:13.78	25m	22-4-19	Haarlem (NED)	449
11. Koster Lisa	94	08-021	1:13.98	25m	12-5-08	Purmerend (NED)	445
12. Gijzen-van der Kroft Nicole	84	08-021	1:14.28	25m	27-9-01	Heemskerk	440
13. Schelvis Roos	86	08-021	1:15.00	25m	12-12-99	Heemskerk (NED)	427
14. Smit Sanne	01	08-021	1:15.06	25m	11-12-16	Alkmaar (NED)	426
15. de Haan Shira	00	08-021	1:15.07	25m	11-5-17	Heemskerk (NED)	426
16. de Groot Daniëlle	93	08-021	1:15.39	25m	6-1-08	Alkmaar (NED)	421
17. Crok Annemarie	89	08-021	1:15.40	25m	19-11-09	Heemskerk (NED)	420
18. Kramer Miranda	80	08-021	1:15.65	25m	15-11-98	Zaandam (NED)	416
19. van 't Veer Iris	03	08-021	1:15.66	25m	17-5-18	Heemskerk (NED)	416
20. Mallon Danique	94	08-021	1:15.90	25m	11-4-10	Zaandam (NED)	412
21. Kleijne Daisy	89	08-021	1:15.95	25m	30-12-05	Maastricht (NED)	411
22. Koopman Inge	93	08-021	1:16.06	25m	2-10-22	Den Helder (NED)	410
23. Besse Karen	75	08-021	1:16.10	25m	14-3-91	Heemskerk (NED)	409
24. van der Gracht Anouk	89	08-021	1:16.15	25m	20-5-13	Purmerend (NED)	408
25. Hulshof Saskia	73	08-021	1:16.20	25m	31-12-89	Heemskerk (NED)	407
26. Vink Lidewij	90	08-021	1:16.36	25m	26-3-06	Purmerend (NED)	405
27. Herwegh Binthy	09	08-021	1:16.38	25m	27-10-24	Zaandam (NED)	404
28. van Staveren Marina	78	08-021	1:16.71	25m	13-5-12	Grootebroek (NED)	399
29. Buur Naomi	01	08-021	1:16.81	25m	10-1-16	Purmerend (NED)	398
30. Hoek Daniëlle	88	08-021	1:16.84	25m	12-2-12	Heemstede (NED)	397
31. Stam Vanessa	80	08-021	1:17.70	25m	5-10-97	Zaandam (NED)	384
32. Petit Kirsten	00	08-021	1:17.74	25m	4-12-16	Zaandam (NED)	384
33. Essers Sanne	91	08-021	1:17.84	25m	21-1-07	Zaandam (NED)	382
34. van Rookhuizen Sieta	79	08-021	1:18.07	25m	14-11-99	Zaandam (NED)	379
35. Meijer Sylvia	81	08-021	1:18.16	25m	18-2-99	Heemskerk (NED)	377
36. van Honk Chantal	80	08-021	1:18.20	25m	15-4-93	Heemskerk (NED)	377
37. van de Poll Marianne	89	08-021	1:18.30	25m	4-4-04	Zaandam	375
38. Stins Mariska	84	08-021	1:18.32	25m	28-12-03	Maastricht (NED)	375
39. Vink Marjolein	93	08-021	1:18.37	25m	2-12-07	Alkmaar (NED)	374
40. Spijker Kristel	84	08-021	1:18.48	25m	6-12-09	Zaandam (NED)	373
41. Verbree Bets	63	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)	371
42. Niesten Iris	92	08-021	1:18.63	25m	19-11-09	Heemskerk (NED)	371
43. Herwegh Yara	07	08-021	1:18.83	25m	20-10-24	Heemskerk (NED)	368
44. Jongema Helena	80	08-021	1:18.86	25m	2-2-08	Heerenveen (NED)	367
45. de Boer Maia	03	08-021	1:19.01	25m	3-10-21	Den Helder (NED)	365
46. Dijkstra Lisette	86	08-021	1:19.13	25m	13-12-98	Heemskerk (NED)	364
47. Koopman Anitra	89	08-021	1:19.18	25m	28-12-04	Maastricht (NED)	363
48. Blaauw Yente	03	08-021	1:19.20	25m	11-4-19	Heemskerk (NED)	363
49. Stel Serena	98	08-021	1:19.33	25m	4-4-10	Haarlem (NED)	361
50. Teufer Irene	96	08-021	1:19.40	25m	6-1-08	Alkmaar (NED)	360
51. Stam Sabrina	82	08-021	1:19.60	25m	3-11-96	Zaandam (NED)	357
52. de Roode Xara	08	08-021	1:19.75	25m	8-5-25	Heemskerk (NED)	355
53. Haasbroek Renske	03	08-021	1:19.95	25m	4-4-24	Heemskerk (NED)	353

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54.	de Wildt Maud	05	08-021	1:20.14	25m	30-10-22	Heemskerk (NED)	350
55.	van Assema Eline	05	08-021	1:20.16	25m	1-7-21	Heemskerk (NED)	350
56.	Windmuller Wendy	69	08-021	1:20.20	25m	15-3-87	Heemskerk (NED)	349
56.	Meijer Linda	77	08-021	1:20.20	25m	16-6-93		349
56.	Scholten Britt	04	08-021	1:20.20	25m	11-4-19	Heemskerk (NED)	349
59.	de Boer Irene	84	08-021	1:20.53	25m	28-11-99	Alkmaar (NED)	345
60.	Heus Pauline	78	08-021	1:20.70	25m	15-12-96	Heemskerk (NED)	343
61.	Limmen Karin	76	08-021	1:20.80	25m	11-12-93		342
62.	Boekling Annette	85	08-021	1:21.34	25m	27-9-01	Heemskerk	335
63.	van der Geest Saskia	73	08-021	1:21.40	25m	31-12-88		334
64.	Plokker Sylvia	68	08-021	1:21.60	25m	16-1-83	Heemskerk (NED)	332
64.	van Ballegooie Simone	84	08-021	1:21.60	25m	30-11-97	Alkmaar (NED)	332
66.	Moolevliet Petra	82	08-021	1:21.80	25m	1-10-95	Heemskerk (NED)	329
67.	Zwarthoed Brenda	96	08-021	1:21.93	25m	12-5-08	Purmerend (NED)	328
68.	Visser Stacey	87	08-021	1:22.19	25m	27-9-01	Heemskerk	325
69.	Butter Anouk	82	08-021	1:22.29	25m	29-9-05	Heemskerk (NED)	323
70.	Visser Kelly	89	08-021	1:22.38	25m	27-2-03	Heemskerk	322
71.	Renkema Iris	04	08-021	1:22.47	25m	9-10-16	Alkmaar (NED)	321
72.	Zonneveld Chantal	84	08-021	1:22.86	25m	14-11-99	Zaandam (NED)	317
73.	van Langelaar Tessa	97	08-021	1:22.92	25m	21-4-13	Heemskerk (NED)	316
74.	Schuyt Simone	75	08-021	1:23.20	25m	31-12-89	Heemskerk (NED)	313
75.	Dijkstra Ingrid	68	08-021	1:23.30	25m	16-1-83	Heemskerk (NED)	312
75.	van Eerden Meike	00	08-021	1:23.30	25m	11-4-19	Heemskerk (NED)	312
77.	Hermans Liesbeth	66	08-021	1:23.40	25m	17-1-82		311
78.	Veldhuis Amelia	03	08-021	1:23.42	25m	3-10-21	Den Helder (NED)	310
79.	van Galen Angela	65	08-021	1:23.50	25m	17-2-80	Heerhugowaard (NED)	309
79.	van Giezen Irene	67	08-021	1:23.50	25m	16-1-83	Heemskerk (NED)	309
81.	Zwaan Melissa	91	08-021	1:23.64	25m	28-12-03	Maastricht (NED)	308
82.	de Ruijter Linda	87	08-021	1:23.76	25m	25-9-03	Heemskerk (NED)	307
83.	Oudendijk Bianca	79	08-021	1:23.90	25m	11-12-94	Heemskerk (NED)	305
84.	Angenent Nienke	01	08-021	1:23.96	25m	26-10-14	Zaandam (NED)	304
85.	van Koeveringe Nicole	93	08-021	1:24.11	25m	1-3-09	Heemstede (NED)	303
86.	Vredenburg Roos	95	08-021	1:24.15	25m	19-11-09	Heemskerk (NED)	302
87.	Poppema Yvonne	68	08-021	1:24.20	25m	22-1-84	Zandvoort (NED)	302
88.	Hogema Fabiën	93	08-021	1:24.74	25m	27-4-06	Heemskerk	296
89.	Koper Fiona	01	08-021	1:24.79	25m	21-9-14	Purmerend (NED)	296
90.	Pover Karin	67	08-021	1:24.80	25m	17-1-82		295
90.	Tholen Kirsten	66	08-021	1:24.80	25m	17-1-82		295
92.	Rodenburg Rianne	93	08-021	1:24.91	25m	27-4-06	Heemskerk	294
93.	van Sikkelerus Lisa	99	08-021	1:24.97	25m	17-11-13	Heemskerk (NED)	294
94.	Hoffland Yasmin	01	08-021	1:25.06	25m	17-5-18	Heemskerk (NED)	293
95.	van Huisstede Nikita	01	08-021	1:25.21	25m	6-12-15	Purmerend (NED)	291
96.	Bakkum Wilma	62	08-021	1:25.40	25m	27-9-80	Heemskerk (NED)	289
97.	Ivens Suzanne	99	08-021	1:25.57	25m	25-11-12	Heemskerk (NED)	288
98.	Bruin Marianne	78	08-021	1:26.00	25m	16-5-91	Heemskerk (NED)	283
99.	de Boer Claudia	77	08-021	1:26.20	25m	4-2-90	Volendam (NED)	281
100.	Krouwels Tanja	79	08-021	1:26.24	25m	18-2-99	Heemskerk (NED)	281
101.	van Giezen Corina	68	08-021	1:26.40	25m	22-1-84	Zandvoort (NED)	279
101.	Limmen Miriam	75	08-021	1:26.40	25m	14-3-91	Heemskerk (NED)	279
103.	de Wolff Isabel	01	08-021	1:26.46	25m	19-5-16	Heemskerk (NED)	279
104.	de Boer Angela	80	08-021	1:26.70	25m	19-11-94		276
105.	Zonneveld Cindy	75	08-021	1:26.90	25m	16-6-93		274
106.	van Giezen Sandra	63	08-021	1:27.00	25m	27-9-80	Heemskerk (NED)	274

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107.	Niesten Annet	62	08-021	1:27.40	25m	21-5-78	Heemskerk (NED)	270
107.	Hommersen Sandra	84	08-021	1:27.40	25m	14-12-97	Heemskerk (NED)	270
109.	Lindelauf Priscilla	85	08-021	1:27.41	25m	27-9-01	Heemskerk	270
110.	Nijholt Carin	60	08-021	1:27.70	25m	31-5-80	Heemskerk (NED)	267
110.	Groot Tineke	60	08-021	1:27.70	25m	27-9-80	Heemskerk (NED)	267
112.	Deiman Caroline	67	08-021	1:27.90	25m	31-12-88		265
113.	Buur Cindy	99	08-021	1:27.97	25m	19-5-16	Heemskerk (NED)	265
114.	Cappelle Carlijn	82	08-021	1:28.00	25m	5-10-97	Zaandam (NED)	264
115.	Oosterveen Yvonne	80	08-021	1:28.10	25m	4-10-92	Assendelft (NED)	263
116.	Bos Marieke	06	08-021	1:28.30	25m	25-5-23	Heemskerk (NED)	262
117.	Liefting Sarina	93	08-021	1:28.48	25m	5-11-06	Zaandam (NED)	260
118.	van Rijn Sydney	03	08-021	1:28.52	25m	17-5-18	Heemskerk (NED)	260
119.	ten Cate Joyce	80	08-021	1:28.63	25m	27-4-06	Heemskerk	259
120.	Steenbakker Lisan	07	08-021	1:28.88	25m	4-4-24	Heemskerk (NED)	257
121.	Oortwijn Jytte	10	08-021	1:29.15	25m	8-5-25	Heemskerk (NED)	254
122.	Bruin Adri	74	08-021	1:29.30	25m	12-1-89	Heemskerk (NED)	253
123.	Ardicyaka Irem	06	08-021	1:29.37	25m	11-4-19	Heemskerk (NED)	252
124.	Hoek Laura	86	08-021	1:29.47	25m	12-12-99	Heemskerk (NED)	251
125.	de Vries Chrissie	93	08-021	1:29.48	25m	19-4-07	Heemskerk (NED)	251
126.	ten Cate Ilona	85	08-021	1:29.63	25m	29-9-05	Heemskerk (NED)	250
127.	Knight Kayleigh	00	08-021	1:29.67	25m	17-5-18	Heemskerk (NED)	250
128.	Walraven Annet	62	08-021	1:29.80	25m	31-5-80	Heemskerk (NED)	249
128.	de Graaf Annemiek	70	08-021	1:29.80	25m	24-1-82		249
128.	Huisman Jolanda	68	08-021	1:29.80	25m	22-1-84	Zandvoort (NED)	249
128.	Limmen Anita	78	08-021	1:29.80	25m	16-6-93		249
132.	Peters Yvonne	63	08-021	1:29.90	25m	15-3-87	Heemskerk (NED)	248
133.	de Vriend Sofie	01	08-021	1:29.98	25m	5-1-13	Hoorl (NED)	247
134.	van Velsen Patricia	79	08-021	1:30.00	25m	19-11-94		247
135.	Bakker Jesca	79	08-021	1:30.30	25m	5-11-89	Heemskerk (NED)	245
136.	Grul Lisanne	97	08-021	1:30.36	25m	1-4-12	Zaandam (NED)	244
137.	Dreyer Elly	63	08-021	1:30.40	25m	8-12-79	Heemskerk (NED)	244
137.	Nijman José	93	08-021	1:30.40	25m	31-5-08	Aalsmeer (NED)	244
139.	de Vries Cathy	77	08-021	1:30.70	25m	16-5-91	Heemskerk (NED)	241
140.	Raszinski Nienke	01	08-021	1:30.89	25m	17-4-14	Heemskerk (NED)	240
141.	van der Horst Sacha	69	08-021	1:31.00	25m	17-5-81	Castricum (NED)	239
142.	de Vries Justine	83	08-021	1:31.10	25m	8-12-96	Heerhugowaard (NED)	238
143.	Koper Birgit	87	08-021	1:31.15	25m	27-4-06	Heemskerk	238
144.	Regelink Anneke	83	08-021	1:31.16	25m	26-11-98	Heemskerk (NED)	238
145.	van Giezen Wendy	70	08-021	1:31.40	25m	24-1-82		236
145.	Berloth Lydia	68	08-021	1:31.40	25m	16-1-83	Heemskerk (NED)	236
147.	Besse Meta	78	08-021	1:31.70	25m	14-3-91	Heemskerk (NED)	234
148.	Missot Gonda	66	08-021	1:31.90	25m	10-12-77	Heemskerk (NED)	232
148.	Palthe Yvonne	67	08-021	1:31.90	25m	16-1-83	Heemskerk (NED)	232
150.	Schaefer Lisa	06	08-021	1:32.27	25m	9-12-18	Zaandam (NED)	229
151.	Molenaar Eline	82	08-021	1:32.40	25m	18-2-99	Heemskerk (NED)	228
152.	Windmuller Annemarie	67	08-021	1:32.50	25m	31-8-80	Heemskerk (NED)	228
153.	Schaaper Margriet	62	08-021	1:32.90	25m	8-12-79	Heemskerk (NED)	225
153.	Ligterink Angela	76	08-021	1:32.90	25m	16-1-88	Hilversum (NED)	225
155.	Nemchonok Alisa	82	08-021	1:32.98	25m	18-2-99	Heemskerk (NED)	224
156.	Bos Chantal	74	08-021	1:33.10	25m	31-12-88		223
157.	Visser Shana	04	08-021	1:33.30	25m	10-12-17	Zaandam (NED)	222
158.	Huneker Jolanda	79	08-021	1:33.37	25m	18-2-99	Heemskerk (NED)	221
159.	van Putten Demi	96	08-021	1:33.48	25m	27-3-11	Heemstede (NED)	220

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160.	Dijkstra Maud	84	08-021	1:33.50	25m	5-10-97	Zaandam (NED)	220
161.	van de Kamp Yvonne	65	08-021	1:33.60	25m	17-2-80	Heerhugowaard (NED)	220
162.	Visser Robin	05	08-021	1:33.80	25m	11-5-17	Heemskerk (NED)	218
163.	Smit Lydia	84	08-021	1:34.01	25m	18-2-99	Heemskerk (NED)	217
164.	van Ballegooie Stefanie	86	08-021	1:34.03	25m	14-11-99	Zaandam (NED)	217
165.	Buithuis Danine	91	08-021	1:34.21	25m	30-1-03	Heemskerk	215
166.	Bruins Julia	06	08-021	1:34.27	25m	5-10-25	Purmerend (NED)	215
167.	de Groot Linda	81	08-021	1:34.36	25m	14-11-99	Zaandam (NED)	214
168.	Steenkamp Ciska	90	08-021	1:34.41	25m	25-10-01	Heemskerk	214
169.	de Graaf Dinie	71	08-021	1:34.50	25m	10-4-83	Heemskerk (NED)	213
170.	Sobh Shaime	03	08-021	1:34.59	25m	19-5-16	Heemskerk (NED)	213
171.	Butter Noor	16	08-021	1:34.61	25m	1-2-26	Krommenie (NED)	213
172.	Bouwman Esther	63	08-021	1:35.20	25m	24-4-76	Heemskerk (NED)	209
173.	Soellaart Esther	13	08-021	1:35.72	25m	16-11-25	Purmerend (NED)	205
174.	Zonneveld Monica	80	08-021	1:36.00	25m	17-6-93	Heemskerk (NED)	203
175.	Meesters Audrey	90	08-021	1:36.32	25m	27-2-03	Heemskerk	201
176.	de Graaf Isabella	04	08-021	1:36.41	25m	11-4-19	Heemskerk (NED)	201
177.	Viel Bianca	85	08-021	1:36.44	25m	18-2-99	Heemskerk (NED)	201
178.	de Groot Marlijn	92	08-021	1:36.48	25m	14-11-04	Zaandam (NED)	200
179.	Terhorst Ilja	67	08-021	1:36.80	25m	17-2-80	Heerhugowaard (NED)	198
179.	de Groot Sjors	08	08-021	1:36.80	25m	12-10-25	Heemskerk (NED)	198
181.	Venema Jalina	04	08-021	1:36.86	25m	19-5-16	Heemskerk (NED)	198
182.	van Kooten Cynthia	93	08-021	1:37.23	25m	29-9-05	Heemskerk (NED)	196
183.	Mulder Amy	80	08-021	1:37.50	25m	4-10-92	Assendelft (NED)	194
184.	Sahin Sümeyye Sena	10	08-021	1:37.57	25m	25-5-23	Heemskerk (NED)	194
185.	Rodenburg Kyra	96	08-021	1:37.71	25m	26-11-06	Heemskerk (NED)	193
186.	Pover Ellen	72	08-021	1:37.80	25m	22-1-84	Zandvoort (NED)	192
186.	van Perlo Ingrid	73	08-021	1:37.80	25m	29-9-85	Heemskerk (NED)	192
188.	Weezepoel Natascha	07	08-021	1:37.87	25m	1-7-21	Heemskerk (NED)	192
189.	Stel Kaylin	01	08-021	1:38.09	25m	23-5-10	Purmerend (NED)	191
190.	Dijkstra Janet	77	08-021	1:38.30	25m	31-12-88		189
191.	Mes Norah	13	08-021	1:38.54	25m	16-11-25	Purmerend (NED)	188
192.	Mosch Sabina	84	08-021	1:38.70	25m	5-4-98	Heemskerk (NED)	187
193.	van Rijn Eline	07	08-021	1:38.71	25m	11-5-17	Heemskerk (NED)	187
194.	Bakker Anna	97	08-021	1:38.79	25m	29-5-08	Heemskerk (NED)	187
195.	Essers Patricia	84	08-021	1:38.81	25m	14-11-99	Zaandam (NED)	187
196.	van Vliet Isabel	02	08-021	1:38.83	25m	26-10-14	Zaandam (NED)	186
197.	Beentjes Nicolet	80	08-021	1:38.90	25m	5-10-97	Zaandam (NED)	186
198.	Koopman Jessie	97	08-021	1:39.09	25m	11-4-10	Zaandam (NED)	185
199.	Schut Bodine	09	08-021	1:39.35	25m	3-10-21	Den Helder (NED)	184
200.	van Leeuwen Andrea	71	08-021	1:39.60	25m	24-1-82		182
201.	Splinter Nathalie	75	08-021	1:39.70	25m	12-1-89	Heemskerk (NED)	182
202.	van der Eng Laura	80	08-021	1:39.90	25m	4-2-96	Heerhugowaard (NED)	181
203.	Tilgenkamp Lentley	13	08-021	1:40.14	25m	25-1-26	Purmerend (NED)	179
204.	Smit Ingrid	67	08-021	1:40.50	25m	31-8-80	Heemskerk (NED)	177
205.	Calkhoven Mariëtte	65	08-021	1:40.90	25m	12-2-78	Heemskerk (NED)	175
206.	Schelvis Liselot	92	08-021	1:41.06	25m	30-11-03	Heemskerk (NED)	174
207.	Bok Femke	74	08-021	1:41.50	25m	29-9-85	Heemskerk (NED)	172
207.	Willemse Renee	75	08-021	1:41.50	25m	6-10-85	Wormerveer (NED)	172
209.	de Loos Marijke	94	08-021	1:41.73	25m	19-11-09	Heemskerk (NED)	171
210.	Hoogervorst Marlon	84	08-021	1:41.80	25m	26-1-95	Heemskerk (NED)	171
211.	Aaffes Suzan	69	08-021	1:42.00	25m	8-11-80	Heemskerk (NED)	170
212.	Cappelle Marcella	85	08-021	1:42.21	25m	15-11-98	Zaandam (NED)	169

100 wisselslag (sinds 213)

213.	Wieman Lianne	03	08-021	1:42.76	25m	19-5-16	Heemskerk (NED)	166
214.	Wiegman Brenda	72	08-021	1:42.80	25m	22-1-84	Zandvoort (NED)	166
215.	Beeksma Anne	88	08-021	1:42.88	25m	25-10-01	Heemskerk	165
216.	van Rijn Ilona	65	08-021	1:42.90	25m	12-2-78	Heemskerk (NED)	165
217.	Aardenburg Judith	93	08-021	1:42.98	25m	21-11-04	Zaandam (NED)	165
218.	Lund Jolanda	65	08-021	1:43.00	25m	31-5-80	Heemskerk (NED)	165
219.	Potemans Priscilla	84	08-021	1:43.30	25m	5-10-97	Zaandam (NED)	163
220.	Elghandor Kiyaan	03	08-021	1:43.69	25m	23-4-15	Heemskerk (NED)	161
221.	van der Werf Chily	72	08-021	1:43.70	25m	22-1-84	Zandvoort (NED)	161
222.	van Perlo Carla	75	08-021	1:43.80	25m	6-10-85	Wormerveer (NED)	161
222.	Zijlstra Mariëlle	83	08-021	1:43.80	25m	4-2-96	Heerhugowaard (NED)	161
224.	van Dijk Yvonne	65	08-021	1:44.30	25m	10-12-77	Heemskerk (NED)	159
225.	Koper Ella	90	08-021	1:44.39	25m	27-4-06	Heemskerk	158
226.	Dekker Danyk	94	08-021	1:44.55	25m	29-5-08	Heemskerk (NED)	157
227.	Dijkstra Pascal	89	08-021	1:44.74	25m	26-11-98	Heemskerk (NED)	157
228.	Kesting Alexandra	00	08-021	1:44.82	25m	14-4-11	Heemskerk (NED)	156
229.	van der Horst Wendy	72	08-021	1:44.90	25m	28-2-82		156
230.	van Ederen Jasmijn	10	08-021	1:45.26	25m	19-1-20	Zaandam (NED)	154
231.	van der Does Lisa	02	08-021	1:45.63	25m	20-4-14	Haarlem (NED)	153
232.	Horst Diana	67	08-021	1:45.90	25m	27-9-80	Heemskerk (NED)	151
233.	Geurtsen Daisy	89	08-021	1:46.07	25m	25-10-01	Heemskerk	151
234.	Copier Alyssa	04	08-021	1:46.61	25m	30-3-14	Zaandam (NED)	148
235.	Martens Iandra	03	08-021	1:46.83	25m	16-11-14	Zaandam (NED)	148
236.	van den Braber Liesbeth	84	08-021	1:47.20	25m	5-4-98	Heemskerk (NED)	146
237.	Koper Selma	03	08-021	1:47.23	25m	25-4-13	Heemskerk (NED)	146
238.	Gelsumino Giulia	03	08-021	1:47.59	25m	16-11-14	Zaandam (NED)	144
239.	Zeeman Judith	70	08-021	1:47.90	25m	13-12-80	Heemskerk (NED)	143
240.	Last Rooske	94	08-021	1:48.05	25m	19-11-09	Heemskerk (NED)	143
241.	Yayli Serina	90	08-021	1:48.13	25m	27-2-03	Heemskerk	142
242.	Dekker Elise	97	08-021	1:48.28	25m	18-12-05	Alkmaar (NED)	142
243.	Bouwer Jolien	89	08-021	1:48.31	25m	25-10-01	Heemskerk	142
244.	Doevendans Phileine	06	08-021	1:48.54	25m	19-5-16	Heemskerk (NED)	141
245.	Huisman Lianne	87	08-021	1:48.59	25m	26-4-01	Heemskerk (NED)	140
246.	Doll Maartje	80	08-021	1:48.70	25m	17-6-93	Heemskerk (NED)	140
247.	Bakker Lisette	83	08-021	1:48.80	25m	2-3-97	Haarlem (NED)	140
248.	Beentjes Daphne	91	08-021	1:49.25	25m	17-11-02	Heemskerk	138
249.	Herwegh Izayra Rena	14	08-021	1:49.30	25m	8-5-25	Heemskerk (NED)	138
250.	Hoolwerff Esther	77	08-021	1:49.70	25m	21-5-87	Heemskerk (NED)	136
251.	van den Heuvel Sandra	80	08-021	1:49.80	25m	22-4-90	Heemstede (NED)	136
252.	Lensen Sarian	89	08-021	1:49.83	25m	25-9-03	Heemskerk (NED)	136
253.	de Boer Isabel	06	08-021	1:49.92	25m	14-6-15	Zaandam (NED)	135
254.	Snijder Femke	83	08-021	1:51.40	25m	19-1-94		130
255.	Salido Keesje	05	08-021	1:51.48	25m	23-4-15	Heemskerk (NED)	130
256.	Pezo Adna	90	08-021	1:51.64	25m	18-11-01	Heemskerk	129
257.	Werdekker Marjolein	81	08-021	1:52.00	25m	12-12-96	Heemskerk (NED)	128
258.	Liefting Mariëlle	90	08-021	1:52.04	25m	26-9-02	Heemskerk	128
259.	Schijf Irene	83	08-021	1:52.40	25m	5-3-95	Heemskerk (NED)	127
260.	Sierra Ana Maria	69	08-021	1:52.90	25m	13-12-80	Heemskerk (NED)	125
261.	Nijman Linda	89	08-021	1:53.12	25m	26-4-01	Heemskerk (NED)	124
262.	Reiss Katinka	65	08-021	1:54.20	25m	10-12-77	Heemskerk (NED)	121
263.	van Laarhoven Salome	15	08-021	1:54.24	25m	19-10-25	Zaandam (NED)	121
264.	Kuijper Michelle	91	08-021	1:54.58	25m	18-11-01	Heemskerk	119
265.	van der Wijden Eline	88	08-021	1:54.98	25m	26-10-00	Heemskerk (NED)	118

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266.	Rijkema Marije	85	08-021	1:56.01	25m	27-9-01	Heemskerk	115
267.	van Dam Merel	14	08-021	1:56.17	25m	1-2-26	Krommenie (NED)	115
268.	van der Leden Cynthia	66	08-021	1:56.50	25m	10-12-77	Heemskerk (NED)	114
269.	Welboren Julia	00	08-021	1:57.23	25m	26-4-12	Heemskerk (NED)	112
270.	Hoeksema Kim	90	08-021	1:57.24	25m	18-11-01	Heemskerk	111
271.	Haack Fenna	16	08-021	1:57.52	25m	21-4-25	Haarlem (NED)	111
272.	Zonneveld Jennifer	88	08-021	1:58.70	25m	25-10-01	Heemskerk	107
273.	van Tol Sarjenka	97	08-021	1:59.04	25m	5-10-08	Heemskerk (NED)	106
274.	van Roon Jill	14	08-021	2:00.55	25m	9-11-25	Zaandam (NED)	103
275.	van Noort Jony	85	08-021	2:02.30	25m	14-12-95	Heemskerk (NED)	98
276.	Haack Zowi	18	08-021	2:02.46	25m	9-11-25	Zaandam (NED)	98
277.	Bovekerk Annefleur	99	08-021	2:02.62	25m	3-10-10	Zaandam (NED)	97
278.	Hoorn Linsey	94	08-021	2:03.09	25m	27-1-05	Heemskerk (NED)	96
279.	Eijndhoven Jonna	02	08-021	2:03.43	25m	18-11-12	Zaandam (NED)	95
280.	Halbersma Jenny	70	08-021	2:03.80	25m	28-11-81	Heemskerk (NED)	95
281.	Boonstra Esmé	02	08-021	2:06.32	25m	11-11-12	Schagen (NED)	89
282.	Morianner Susanna	72	08-021	2:06.60	25m	28-2-82		88
283.	Hoekstra Femke	05	08-021	2:06.64	25m	21-9-14	Purmerend (NED)	88
284.	Huber Emma	13	08-021	2:12.54	25m	8-5-25	Heemskerk (NED)	77
285.	van Hiele Femke	13	08-021	2:19.61	25m	8-5-25	Heemskerk (NED)	66
286.	Schuyt Patricia	77	08-021	2:20.00	25m	21-5-87	Heemskerk (NED)	65
287.	Dijkstra Miranda	72	08-021	3:04.40	25m	27-9-80	Heemskerk (NED)	28

200 wisselslag

1.	Schelvis Femke	84	08-021	2:29.81	25m	4-11-99	Heemskerk (NED)	538
2.	Kingma Danae	00	08-021	2:30.72	25m	12-2-17	Purmerend (NED)	528
3.	Wentink Yara	04	08-021	2:32.25	25m	16-11-24	Hoofddorp (NED)	512
4.	Broek Jade	97	08-021	2:35.38	25m	15-11-15	Purmerend (NED)	482
5.	Hoekstra Eline	03	08-021	2:35.53	25m	9-3-25	Purmerend (NED)	480
6.	Drubers Mirjam	67	08-021	2:35.70	25m	18-5-85	(NED)	479
7.	Groen Anne	95	08-021	2:37.83	25m	12-3-17	Purmerend (NED)	460
8.	Crok Linda	94	08-021	2:38.33	25m	24-4-11	Haarlem (NED)	455
9.	Smit Sanne	01	08-021	2:38.68	25m	10-2-19	Purmerend (NED)	452
10.	Palmboom Nicole	91	08-021	2:39.09	25m	13-1-08	Heemskerk (NED)	449
11.	Crok Annemarie	89	08-021	2:40.68	25m	3-4-11	Zaandam (NED)	436
12.	Stam Vanessa	80	08-021	2:41.90	25m	5-4-98	Heemskerk (NED)	426
13.	van 't Veer Iris	03	08-021	2:42.29	25m	23-4-23	Den Helder (NED)	423
14.	ten Bokkel Henrieke	94	08-021	2:42.90	25m	13-1-19	Purmerend (NED)	418
15.	de Haan Shira	00	08-021	2:42.93	25m	12-2-17	Purmerend (NED)	418
16.	Kleijne Daisy	89	08-021	2:43.70	25m	9-4-06	Purmerend (NED)	412
17.	Vink Lidewij	90	08-021	2:44.06	25m	14-12-06	Heemskerk (NED)	409
17.	Stel Serena	98	08-021	2:44.06	25m	18-4-10	Zaandam (NED)	409
19.	Gijzen-van der Kroft Nicole	84	08-021	2:44.29	25m	7-10-01	Zaandam (NED)	408
20.	Stam Sabrina	82	08-021	2:44.60	25m	7-5-98	Heemskerk (NED)	405
21.	Koster Lisa	94	08-021	2:44.63	25m	25-11-07	Amsterdam (NED)	405
22.	Schelvis Roos	86	08-021	2:44.66	25m	10-3-02	Heemskerk	405
23.	van der Gracht Anouk	89	08-021	2:45.00	25m	1-3-08	Hoorn (NED)	402
24.	Kramer Miranda	80	08-021	2:45.04	25m	13-1-02	Zaandam	402
25.	Hulshof Saskia	73	08-021	2:45.40	25m	11-2-90	Heemskerk (NED)	399
25.	van Honk Chantal	80	08-021	2:45.40	25m	25-3-93	Heemskerk (NED)	399
27.	Teufer Irene	96	08-021	2:45.65	25m	24-2-08	Zaandam (NED)	398
28.	Hoek Daniëlle	88	08-021	2:45.72	25m	16-1-05	Zaandam (NED)	397

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29. Mallon Danique	94	08-021	2:45.92	25m	26-9-10	Zaandam (NED)	396
30. Besse Karen	75	08-021	2:46.40	25m	12-1-92	Assendelft (NED)	392
31. Vink Marjolein	93	08-021	2:46.63	25m	13-1-08	Heemskerk (NED)	391
32. de Groot Daniëlle	93	08-021	2:47.06	25m	13-1-08	Heemskerk (NED)	388
33. Buur Naomi	01	08-021	2:47.45	25m	27-3-16	Haarlem (NED)	385
34. Stins Mariska	84	08-021	2:47.46	25m	11-4-10	Zaandam (NED)	385
35. Essers Sanne	91	08-021	2:47.50	25m	24-2-07	Hoorn (NED)	385
36. Siemerink Laura	04	08-021	2:48.01	25m	10-2-19	Purmerend (NED)	381
37. van der Geest Saskia	73	08-021	2:48.30	25m	18-2-89		379
38. Koopman Anitra	89	08-021	2:48.74	25m	27-1-05	Heemskerk (NED)	376
39. Verbree Bets	63	08-021	2:49.30	25m	22-3-81	Wieringerwerf (NED)	372
40. de Boer Irene	84	08-021	2:51.12	25m	12-3-00	Heemskerk (NED)	361
41. Spijker Kristel	84	08-021	2:51.21	25m	14-3-10	Heemskerk (NED)	360
42. Meijer Sylvia	81	08-021	2:51.60	25m	26-4-98	Alkmaar (NED)	358
43. Petit Kirsten	00	08-021	2:52.13	25m	4-2-18	Purmerend (NED)	354
44. van de Poll Marianne	89	08-021	2:52.33	25m	14-3-04	Zaandam	353
45. Limmen Karin	76	08-021	2:52.70	25m	12-1-92	Assendelft (NED)	351
46. Scholten Britt	04	08-021	2:53.15	25m	10-2-19	Purmerend (NED)	348
47. de Graaf Annemiek	70	08-021	2:53.20	25m	21-5-87	Heemskerk (NED)	348
48. Meijer Linda	77	08-021	2:53.30	25m	24-3-93		347
49. de Boer Maia	03	08-021	2:53.31	25m	21-11-21	Den Helder (NED)	347
50. Jongema Helena	80	08-021	2:53.73	25m	12-1-08	Zwolle (NED)	345
51. Haasbroek Renske	03	08-021	2:53.80	25m	9-3-25	Purmerend (NED)	344
52. van Ballegooie Simone	84	08-021	2:53.90	25m	8-3-98	Zaandam (NED)	344
53. Boekling Annette	85	08-021	2:54.84	25m	26-4-01	Heemskerk (NED)	338
54. van Rookhuizen Sieta	79	08-021	2:54.90	25m	26-1-95	Heemskerk (NED)	338
55. Niesten Iris	92	08-021	2:54.91	25m	22-1-09	Heemskerk (NED)	338
56. van Duin Margret	60	08-021	2:55.80	25m	10-12-77	Heemskerk (NED)	333
57. Heus Pauline	78	08-021	2:56.70	25m	2-3-97	Haarlem (NED)	328
58. de Wildt Maud	05	08-021	2:57.09	25m	12-11-23	Den Helder (NED)	325
59. Windmuller Wendy	69	08-021	2:57.20	25m	30-11-86	Heemskerk (NED)	325
60. Dijkstra Lisette	86	08-021	2:57.30	25m	26-4-98	Alkmaar (NED)	324
61. de Ruijter Linda	87	08-021	2:57.34	25m	30-1-03	Heemskerk	324
62. Herwegh Binthy	09	08-021	2:57.35	25m	9-4-23	Haarlem (NED)	324
63. de Groot Gitta	60	08-021	2:57.40	25m	10-12-77	Heemskerk (NED)	324
64. Koper Fiona	01	08-021	2:57.59	25m	12-2-17	Purmerend (NED)	323
65. van Assema Eline	05	08-021	2:58.10	25m	23-4-23	Den Helder (NED)	320
66. de Roode Xara	08	08-021	2:58.34	25m	12-1-25	Heemskerk (NED)	319
67. Blaauw Yente	03	08-021	2:58.35	25m	10-2-19	Purmerend (NED)	318
68. Oudendijk Bianca	79	08-021	2:58.80	25m	5-2-94		316
69. Vredenburg Roos	95	08-021	2:58.84	25m	4-4-10	Haarlem (NED)	316
70. Moolevliet Petra	82	08-021	2:59.40	25m	2-5-96	Heemskerk (NED)	313
71. Schuyt Simone	75	08-021	2:59.50	25m	4-11-89		312
72. van Staveren Marina	78	08-021	2:59.65	50m	13-3-11	Amersfoort (NED)	345
73. de Boer Claudia	77	08-021	3:00.10	25m	3-2-91	Zaandam (NED)	309
74. Visser Kelly	89	08-021	3:00.18	25m	3-11-19	Purmerend (NED)	309
75. Zonneveld Chantal	84	08-021	3:01.12	25m	4-11-99	Heemskerk (NED)	304
76. van Galen Angela	65	08-021	3:01.40	25m	31-12-79		303
77. Krouwels Tanja	79	08-021	3:01.50	25m	6-11-97	Heemskerk (NED)	302
78. van Koevinge Nicole	93	08-021	3:01.81	25m	12-4-09	Haarlem (NED)	301
79. Renkema Iris	04	08-021	3:01.92	25m	7-2-16	Zaandam (NED)	300
80. van Eerden Meike	00	08-021	3:02.31	25m	4-2-18	Purmerend (NED)	298
81. Hoffland Yasmin	01	08-021	3:02.54	25m	4-2-18	Purmerend (NED)	297

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82. Hermans Liesbeth	66	08-021	3:02.70	25m	21-3-82		296
83. Visser Stacey	87	08-021	3:02.76	25m	25-10-01	Heemskerk	296
84. Dijkstra Ingrid	68	08-021	3:03.00	25m	18-4-82		295
85. Hogema Fabiën	93	08-021	3:03.28	25m	31-5-07	Heemskerk (NED)	293
86. Tholen Kirsten	66	08-021	3:03.30	25m	21-3-82		293
87. Plokker Sylvia	68	08-021	3:04.10	25m	10-1-82	Wormerveer (NED)	290
88. Veldhuis Amelia	03	08-021	3:04.48	25m	12-1-20	Purmerend (NED)	288
89. Nijholt Carin	60	08-021	3:04.70	25m	21-4-79	Deinze (BEL)	287
89. van der Horst Sacha	69	08-021	3:04.70	25m	11-12-83	Heemskerk (NED)	287
89. Bruin Marianne	78	08-021	3:04.70	25m	3-2-91	Zaandam (NED)	287
92. Butter Anouk	82	08-021	3:04.75	25m	5-11-00	Zaandam (NED)	286
93. Poppema Yvonne	68	08-021	3:05.20	25m	11-12-83	Heemskerk (NED)	284
94. de Graaf Dinie	71	08-021	3:05.40	25m	6-10-85	Wormerveer (NED)	283
95. Zonneveld Cindy	75	08-021	3:05.70	25m	3-4-93		282
96. de Boer Angela	80	08-021	3:06.40	25m	14-12-95	Heemskerk (NED)	279
97. van Giezen Corina	68	08-021	3:07.00	25m	11-12-83	Heemskerk (NED)	276
98. Bruin Adri	74	08-021	3:07.20	25m	18-3-89		275
99. van Huisstede Nikita	01	08-021	3:07.83	25m	17-1-16	Purmerend (NED)	273
100. van Leeuwen Andrea	71	08-021	3:08.00	25m	11-12-83	Heemskerk (NED)	272
101. Peters Yvonne	63	08-021	3:08.50	25m	30-11-86	Heemskerk (NED)	270
102. van Ballegooie Stefanie	86	08-021	3:08.88	25m	25-10-01	Heemskerk	268
103. Limmen Miriam	75	08-021	3:09.00	25m	1-4-90	Zaandam (NED)	268
104. van Langelaar Tessa	97	08-021	3:09.14	25m	26-4-12	Heemskerk (NED)	267
105. Pover Karin	67	08-021	3:09.30	25m	11-12-83	Heemskerk (NED)	266
106. Angenent Nienke	01	08-021	3:09.89	25m	16-3-14	Zaandam (NED)	264
107. Groot Tineke	60	08-021	3:10.00	25m	27-4-80	Assendelft (NED)	263
108. van Giezen Wendy	70	08-021	3:10.20	25m	11-12-83	Heemskerk (NED)	262
109. ten Cate Joyce	80	08-021	3:10.38	25m	9-3-08	Heemskerk (NED)	262
110. Rodenburg Rianne	93	08-021	3:10.69	25m	15-12-05	Heemskerk (NED)	260
111. Bouwman Esther	63	08-021	3:10.80	25m	10-12-77	Heemskerk (NED)	260
112. Cappelle Carlijn	82	08-021	3:11.10	25m	8-3-98	Zaandam (NED)	259
113. Bakkum Wilma	62	08-021	3:11.50	25m	28-9-80	Zaandam (NED)	257
114. Oosterveen Yvonne	80	08-021	3:11.70	25m	15-3-92	Zuidoost Beemster (NED)	256
115. de Vriend Sofie	01	08-021	3:12.11	25m	24-2-13	Zaandam (NED)	255
116. Missot Gonda	66	08-021	3:12.30	25m	25-11-79	Heemskerk (NED)	254
117. Niesten Annet	62	08-021	3:12.60	25m	10-12-77	Heemskerk (NED)	253
118. Hommersen Sandra	84	08-021	3:12.90	25m	6-11-97	Heemskerk (NED)	252
119. Munnik Yvonne	64	08-021	3:13.00	25m	12-3-78	Zaandam (NED)	251
120. Deiman Caroline	67	08-021	3:13.30	25m	18-2-89		250
121. Knight Kayleigh	00	08-021	3:13.38	25m	17-1-16	Purmerend (NED)	250
122. Oortwijn Jytte	10	08-021	3:13.81	25m	6-4-25	Purmerend (NED)	248
123. van Giezen Sandra	63	08-021	3:14.10	25m	18-1-81	Zaandam (NED)	247
124. Lindelauf Priscilla	85	08-021	3:14.28	25m	25-10-01	Heemskerk	246
125. Dijkstra Maud	84	08-021	3:14.50	25m	7-5-98	Heemskerk (NED)	245
126. Limmen Anita	78	08-021	3:15.20	25m	12-1-92	Assendelft (NED)	243
127. Lund Karin	63	08-021	3:15.60	25m	10-12-77	Heemskerk (NED)	241
127. Huisman Jolanda	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241
127. Berloth Lydia	68	08-021	3:15.60	25m	11-12-83	Heemskerk (NED)	241
130. ten Cate Ilona	85	08-021	3:15.69	25m	14-12-06	Heemskerk (NED)	241
131. van der Werf Chily	72	08-021	3:15.90	25m	6-10-85	Wormerveer (NED)	240
132. Schaefer Lisa	06	08-021	3:16.78	25m	12-1-20	Purmerend (NED)	237
133. Dreyer Elly	63	08-021	3:16.80	25m	2-3-80	Heemskerk (NED)	237
134. Zonneveld Melissa	88	08-021	3:17.08	25m	27-1-05	Heemskerk (NED)	236

200 wisselslag (sinds 135)

135.	Besse Meta	78	08-021	3:17.10	25m	19-1-94	236
136.	van Sikkelerus Lisa	99	08-021	3:17.20	25m	26-4-12 Heemskerk (NED)	235
137.	Grul Lisanne	97	08-021	3:17.29	25m	22-1-12 Zaandam (NED)	235
138.	Raszinski Nienke	01	08-021	3:17.45	25m	26-1-14 Zaandam (NED)	235
139.	Koper Birgit	87	08-021	3:17.54	25m	16-3-03 Heemskerk	234
140.	Bos Marieke	06	08-021	3:17.70	25m	15-10-17 Alkmaar (NED)	234
141.	van Vliet Isabel	02	08-021	3:17.71	25m	4-2-18 Purmerend (NED)	234
142.	Molenaar Eline	82	08-021	3:18.06	25m	4-11-99 Heemskerk (NED)	232
143.	de Vries Justine	83	08-021	3:18.90	25m	12-12-96 Heemskerk (NED)	229
144.	Liefting Sarina	93	08-021	3:18.95	25m	9-4-06 Purmerend (NED)	229
145.	Bouwer Jolien	89	08-021	3:19.24	25m	19-1-03 Zaandam	228
146.	Mulder Amy	80	08-021	3:19.40	25m	19-1-94	228
147.	de Groot Linda	81	08-021	3:19.50	25m	2-5-96 Heemskerk (NED)	227
148.	Schaaper Margriet	62	08-021	3:20.00	25m	4-11-79 Zaandam (NED)	226
149.	Venema Jalina	04	08-021	3:20.01	25m	13-11-16 Purmerend (NED)	226
150.	van Velsen Patricia	79	08-021	3:20.40	25m	25-1-95	224
151.	Ivens Suzanne	99	08-021	3:20.63	25m	18-5-13 Purmerend (NED)	224
152.	van Giezen Irene	67	08-021	3:20.70	25m	11-12-83 Heemskerk (NED)	223
152.	Zonneveld Monica	80	08-021	3:20.70	25m	19-1-94	223
154.	Visser Shana	04	08-021	3:21.55	25m	14-1-18 Purmerend (NED)	221
155.	Horst Diana	67	08-021	3:21.60	25m	6-9-81 Heemskerk (NED)	220
156.	Regelink Anneke	83	08-021	3:21.68	25m	7-3-99 Zaandam (NED)	220
157.	Walraven Annet	62	08-021	3:21.70	25m	9-9-79 Wormerveer (NED)	220
158.	Nijman José	93	08-021	3:22.11	25m	14-10-07 Zaandam (NED)	219
159.	van de Kamp Yvonne	65	08-021	3:22.50	25m	31-5-81 Heerhugowaard (NED)	217
160.	van Rijn Sydney	03	08-021	3:22.93	25m	13-3-16 Zaandam (NED)	216
161.	de Wolff Isabel	01	08-021	3:23.07	25m	17-1-16 Purmerend (NED)	216
162.	Hoek Laura	86	08-021	3:23.35	25m	20-5-99 Heemskerk (NED)	215
163.	Bos Chantal	74	08-021	3:23.50	25m	21-5-87 Heemskerk (NED)	214
164.	Wieman Lianne	03	08-021	3:24.08	25m	4-2-18 Purmerend (NED)	212
165.	Huneker Jolanda	79	08-021	3:25.25	25m	26-11-98 Heemskerk (NED)	209
166.	Windmuller Annemarie	67	08-021	3:25.30	25m	16-11-80 Haarlem (NED)	209
167.	Palthe Yvonne	67	08-021	3:25.90	25m	28-11-81 Heemskerk (NED)	207
168.	de Groot Marlijn	92	08-021	3:26.46	25m	14-5-05 Zuidoost-Beemster (NED)	205
169.	Steenkamp Ciska	90	08-021	3:27.55	25m	9-6-01 Zaandam (NED)	202
170.	Sierra Ana Maria	69	08-021	3:27.60	25m	18-4-82	202
171.	de Jong Desire	73	08-021	3:29.10	25m	4-10-87 Zaandam (NED)	197
172.	Meesters Audrey	90	08-021	3:29.98	25m	19-1-03 Zaandam	195
173.	Willemse Renee	75	08-021	3:30.00	25m	30-11-86 Heemskerk (NED)	195
174.	Viel Bianca	85	08-021	3:30.13	25m	12-3-00 Heemskerk (NED)	195
175.	van Rijn Eline	07	08-021	3:30.41	25m	11-6-17 Zaandam (NED)	194
176.	Zwarthoed Brenda	96	08-021	3:30.65	25m	31-5-07 Heemskerk (NED)	193
177.	van Tellingen Ingrid	66	08-021	3:32.00	25m	28-11-81 Heemskerk (NED)	189
178.	Zeeman Judith	70	08-021	3:32.70	25m	3-4-82 Heemskerk (NED)	188
179.	Buur Cindy	99	08-021	3:32.74	25m	7-6-14 Purmerend (NED)	187
180.	Sobh Shaime	03	08-021	3:33.44	25m	25-1-15 Zaandam (NED)	186
181.	Martens Iandra	03	08-021	3:33.84	25m	15-11-15 Purmerend (NED)	185
182.	Ardicyaka Irem	06	08-021	3:34.20	25m	13-1-19 Purmerend (NED)	184
183.	Nemchonok Alisa	82	08-021	3:34.65	25m	26-11-98 Heemskerk (NED)	182
184.	van der Eng Laura	80	08-021	3:37.00	25m	2-5-96 Heemskerk (NED)	177
185.	Essers Patricia	84	08-021	3:37.50	25m	8-10-00 Heemskerk (NED)	175
186.	Ligterink Angela	76	08-021	3:39.00	25m	21-5-87 Heemskerk (NED)	172
187.	Mosch Sabina	84	08-021	3:39.40	25m	21-9-97 Alkmaar (NED)	171

200 wisselslag (sinds 188)

188. de Boer Isabel	06	08-021	3:40.34	25m	12-6-16	Zaandam (NED)	169
189. Pover Ellen	72	08-021	3:40.90	25m	11-12-83	Heemskerk (NED)	167
190. de Graaf Isabella	04	08-021	3:41.76	25m	13-11-16	Purmerend (NED)	165
191. de Loos Marijke	94	08-021	3:42.51	25m	17-1-10	Amsterdam-oost (NED)	164
192. Keessen Pam	62	08-021	3:42.80	25m	10-12-77	Heemskerk (NED)	163
193. Aafjes Suzan	69	08-021	3:42.90	25m	23-5-81	Heemskerk (NED)	163
194. Rasch Monique	66	08-021	3:43.00	25m	23-5-81	Heemskerk (NED)	163
195. Koopman Jessie	97	08-021	3:43.88	25m	18-4-10	Zaandam (NED)	161
196. Beentjes Nicolet	80	08-021	3:45.70	25m	14-12-95	Heemskerk (NED)	157
197. Schelvis Liselot	92	08-021	3:46.02	25m	28-3-04	Zaandam (NED)	156
198. van den Braber Liesbeth	84	08-021	3:46.30	25m	11-1-98	Assendelft (NED)	156
199. Visser Robin	05	08-021	3:46.41	25m	24-4-16	Zaandam (NED)	155
200. Smit Ingrid	67	08-021	3:47.40	25m	25-10-80	Heemskerk (NED)	153
200. Smit Lydia	84	08-021	3:47.40	25m	7-5-98	Heemskerk (NED)	153
202. Aardenburg Judith	93	08-021	3:47.62	25m	12-12-04	Zaandam (NED)	153
203. Brands Ingrid	72	08-021	3:47.70	25m	6-10-85	Wormerveer (NED)	153
204. Zijlstra Mariëlle	83	08-021	3:49.40	25m	5-11-95	Volendam (NED)	149
205. Weezepoel Natascha	07	08-021	3:49.42	25m	3-11-19	Purmerend (NED)	149
206. Rodenburg Kyra	96	08-021	3:50.34	25m	8-10-06	Zaandam (NED)	148
207. Sahin Sümeyye Sena	10	08-021	3:50.61	25m	20-11-22	Den Helder (NED)	147
208. Last Rooske	94	08-021	3:52.95	25m	17-1-10	Amsterdam-oost (NED)	143
209. de Groot Sjors	08	08-021	3:53.08	50m	10-6-23	Bückeburg (GER)	158
210. Wiegman Brenda	72	08-021	3:54.00	25m	11-12-83	Heemskerk (NED)	141
211. van Perlo Carla	75	08-021	3:54.20	25m	22-9-85		140
212. Schut Bodine	09	08-021	3:55.61	25m	3-11-19	Purmerend (NED)	138
213. Reuderink Miranda	63	08-021	3:57.20	25m	10-12-77	Heemskerk (NED)	135
214. Dekker Elise	97	08-021	3:57.54	25m	30-1-05	Zaandam (NED)	135
215. Cappelle Marcella	85	08-021	3:59.00	25m	7-5-98	Heemskerk (NED)	132
216. Yayli Serina	90	08-021	3:59.90	25m	24-2-02	Heemskerk	131
217. Koper Ella	90	08-021	4:01.07	25m	31-3-02	Zaandam	129
218. Potemans Priscilla	84	08-021	4:03.10	25m	16-2-97	Volendam (NED)	125
219. Lensen Sarian	89	08-021	4:03.95	25m	30-1-03	Heemskerk	124
220. Snijder Femke	83	08-021	4:07.60	25m	12-3-94		119
221. Hoekstra Karin	76	08-021	4:08.60	25m	21-5-87	Heemskerk (NED)	117
222. Boonstra Esmé	02	08-021	4:10.58	25m	14-4-13	Zaandam (NED)	115
223. Butter Noor	16	08-021	4:11.65	25m	16-2-25	Haarlem (NED)	113
224. Broers Margot	63	08-021	4:12.20	25m	10-12-77	Heemskerk (NED)	112
225. Tilgenkamp Lentley	13	08-021	4:27.25	25m	12-1-25	Heemskerk (NED)	94
226. Kesting Alexandra	00	08-021	4:27.69	25m	20-3-11	Zaandam (NED)	94
227. Vonk Bea	67	08-021	4:42.90	25m	28-11-81	Heemskerk (NED)	79

300 wisselslag

1. Schelvis Femke	84	08-021	4:07.83	25m	30-11-03	Heemskerk (NED)	
2. Vink Lidewij	90	08-021	4:12.63	25m	13-11-05	Zaandam (NED)	
3. Schelvis Roos	86	08-021	4:19.22	25m	20-1-01	Amsterdam (NED)	
4. Kleijne Daisy	89	08-021	4:20.65	25m	19-12-04	Heemskerk (NED)	
5. Essers Sanne	91	08-021	4:22.14	25m	3-12-06	Zaandam (NED)	
6. Crok Annemarie	89	08-021	4:23.42	25m	13-11-05	Zaandam (NED)	
7. Hoek Daniëlle	88	08-021	4:24.44	25m	13-11-05	Zaandam (NED)	
8. Crok Linda	94	08-021	4:25.22	25m	9-11-08	Zaandam (NED)	
9. Gijzen-van der Kroft Nicole	84	08-021	4:26.28	25m	23-1-00	Heemskerk (NED)	
10. van de Poll Marianne	89	08-021	4:28.07	25m	30-11-03	Heemskerk (NED)	

300 wisselslag (sinds 11)

11. Stins Mariska	84	08-021	4:28.22	25m	20-1-01	Amsterdam (NED)
12. de Groot Daniëlle	93	08-021	4:29.29	25m	9-12-07	Zaandam (NED)
13. van der Gracht Anouk	89	08-021	4:30.13	25m	3-12-06	Zaandam (NED)
14. Koopman Anitra	89	08-021	4:34.08	25m	30-11-03	Heemskerk (NED)
15. de Ruijter Linda	87	08-021	4:39.73	25m	24-11-02	Amsterdam
16. van Ballegooie Simone	84	08-021	4:41.34	25m	23-1-00	Heemskerk (NED)
17. Mallon Danique	94	08-021	4:41.82	25m	9-11-08	Zaandam (NED)
18. Palmboom Nicole	91	08-021	4:42.54	25m	19-12-04	Heemskerk (NED)
19. Heus Pauline	78	08-021	4:44.97	25m	23-1-00	Heemskerk (NED)
20. Niesten Iris	92	08-021	4:47.61	25m	3-12-06	Zaandam (NED)
21. Visser Stacey	87	08-021	4:50.92	25m	20-1-01	Amsterdam (NED)
22. Hogema Fabiën	93	08-021	5:00.83	25m	13-11-05	Zaandam (NED)
23. Vink Marjolein	93	08-021	5:05.15	25m	13-11-05	Zaandam (NED)
24. van Ballegooie Stefanie	86	08-021	5:05.52	25m	20-1-01	Amsterdam (NED)
25. Hoek Laura	86	08-021	5:12.22	25m	23-1-00	Heemskerk (NED)
26. Rodenburg Rianne	93	08-021	5:16.57	25m	13-11-05	Zaandam (NED)
27. Liefing Sarina	93	08-021	5:23.74	25m	13-11-05	Zaandam (NED)

400 wisselslag

1. Hoekstra Eline	03	08-021	5:29.10	25m	24-11-19	Hoofddorp (NED)	487
2. Schelvis Femke	84	08-021	5:29.20	25m	10-5-98	Zaandam (NED)	486
3. Vink Lidewij	90	08-021	5:43.03	25m	1-4-06	Zaandam (NED)	430
4. Smit Sanne	01	08-021	5:43.46	25m	17-11-18	Hoofddorp (NED)	428
5. van 't Veer Iris	03	08-021	5:50.25	25m	3-4-22	Haarlem (NED)	404
6. de Haan Shira	00	08-021	5:51.41	25m	4-6-17	Purmerend (NED)	400
7. van der Gracht Anouk	89	08-021	5:52.01	25m	24-2-08	Zaandam (NED)	398
8. Schelvis Roos	86	08-021	5:54.48	25m	25-2-01	Heemskerk (NED)	389
9. Gijzen-van der Kroft Nicole	84	08-021	5:54.96	25m	25-2-01	Heemskerk (NED)	388
10. Palmboom Nicole	91	08-021	5:55.32	25m	15-6-06	Heemskerk (NED)	387
11. Kleijne Daisy	89	08-021	5:55.34	25m	30-1-05	Zaandam (NED)	386
12. Stins Mariska	84	08-021	5:55.41	25m	24-2-02	Heemskerk	386
13. Stam Vanessa	80	08-021	5:56.80	25m	12-1-97	Heemskerk (NED)	382
14. Wentink Yara	04	08-021	5:57.98	50m	8-3-20	Amsterdam (NED)	411
15. Crok Linda	94	08-021	5:58.13	25m	24-2-08	Zaandam (NED)	377
16. Broek Jade	97	08-021	5:58.94	50m	1-3-20	Alkmaar (NED)	408
17. Essers Sanne	91	08-021	6:00.29	25m	11-2-07	Zaandam (NED)	371
18. Kramer Miranda	80	08-021	6:01.21	25m	25-2-01	Heemskerk (NED)	368
19. Verbree Bets	63	08-021	6:03.30	25m	3-4-82	Heemskerk (NED)	362
20. Besse Karen	75	08-021	6:03.50	25m	4-2-90	Volendam (NED)	361
21. Mallon Danique	94	08-021	6:04.26	25m	24-2-08	Zaandam (NED)	359
22. Hoek Daniëlle	88	08-021	6:05.19	25m	30-1-05	Zaandam (NED)	356
23. van de Poll Marianne	89	08-021	6:06.21	25m	29-2-04	Wormerveer	353
24. Crok Annemarie	89	08-021	6:07.62	25m	29-2-04	Wormerveer	349
25. Koopman Anitra	89	08-021	6:09.20	25m	23-2-03	Heemskerk	344
26. Stam Sabrina	82	08-021	6:13.60	25m	23-2-97	Zaandam (NED)	332
27. de Boer Irene	84	08-021	6:14.76	25m	30-3-00	Heemskerk (NED)	329
28. Herwegh Binthy	09	08-021	6:17.10	25m	28-5-23	Purmerend (NED)	323
29. Blaauw Yente	03	08-021	6:17.24	25m	19-3-17	Zaandam (NED)	323
30. van Ballegooie Simone	84	08-021	6:18.60	25m	29-3-98	Heemstede (NED)	319
31. de Ruijter Linda	87	08-021	6:18.75	25m	23-2-03	Heemskerk	319
32. van Rookhuizen Sieta	79	08-021	6:19.17	25m	30-3-00	Heemskerk (NED)	318
33. de Wildt Maud	05	08-021	6:19.36	25m	24-11-19	Hoofddorp (NED)	318

400 wisselslag (sinds 34)

34. Vink Marjolein	93	08-021	6:21.35	25m	11-2-07	Zaandam (NED)	313
35. Visser Kelly	89	08-021	6:22.96	25m	24-2-02	Heemskerk	309
36. Dijkstra Lisette	86	08-021	6:25.30	25m	22-2-98	Zaandam (NED)	303
37. de Roode Xara	08	08-021	6:26.43	25m	2-2-25	Den Helder (NED)	300
38. Tholen Kirsten	66	08-021	6:27.30	25m	3-4-82	Heemskerk (NED)	298
39. Niesten Iris	92	08-021	6:27.79	25m	11-2-07	Zaandam (NED)	297
40. Hermans Liesbeth	66	08-021	6:31.10	25m	3-4-82	Heemskerk (NED)	290
41. Dijkstra Ingrid	68	08-021	6:31.20	25m	3-4-82	Heemskerk (NED)	290
42. Visser Stacey	87	08-021	6:32.17	25m	25-2-01	Heemskerk (NED)	287
43. Koster Lisa	94	08-021	6:32.26	25m	11-2-07	Zaandam (NED)	287
44. Hogema Fabiën	93	08-021	6:33.87	25m	29-1-06	Zaandam (NED)	284
45. van Galen Angela	65	08-021	6:35.50	25m	28-2-82		280
46. Scholten Britt	04	08-021	6:38.53	25m	19-3-17	Zaandam (NED)	274
47. Buur Naomi	01	08-021	6:38.69	25m	23-2-14	Zaandam (NED)	273
48. Plokker Sylvia	68	08-021	6:45.00	25m	3-4-82	Heemskerk (NED)	261
49. ten Cate Ilona	85	08-021	6:45.60	25m	15-6-06	Heemskerk (NED)	260
50. Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)	281
51. van Ballegooie Stefanie	86	08-021	6:49.29	25m	25-2-01	Heemskerk (NED)	253
52. Cappelle Carlijn	82	08-021	6:50.70	25m	23-2-97	Zaandam (NED)	250
53. Windmuller Wendy	69	08-021	6:54.60	25m	3-4-82	Heemskerk (NED)	243
54. Hoek Laura	86	08-021	6:56.08	25m	30-3-00	Heemskerk (NED)	241
55. Pover Karin	67	08-021	6:57.80	25m	10-1-82	Wormerveer (NED)	238
56. van Giezen Corina	68	08-021	6:58.40	25m	3-4-82	Heemskerk (NED)	237
57. Renkema Iris	04	08-021	7:00.17	25m	19-3-17	Zaandam (NED)	234
58. Steenbakker Lisan	07	08-021	7:04.24	25m	10-3-24	Purmerend (NED)	227
59. Veldhuis Amelia	03	08-021	7:06.09	50m	20-1-19	Alkmaar (NED)	244
60. van Giezen Sandra	63	08-021	7:13.50	25m	3-4-82	Heemskerk (NED)	213
61. van der Horst Sacha	69	08-021	7:17.00	25m	3-4-82	Heemskerk (NED)	208
62. Palthe Yvonne	67	08-021	7:23.00	25m	3-4-82	Heemskerk (NED)	199
63. Berloth Lydia	68	08-021	7:23.50	25m	3-4-82	Heemskerk (NED)	199
64. Peters Yvonne	63	08-021	7:28.10	25m	28-2-82		192
65. van Tellingen Ingrid	66	08-021	7:34.70	25m	3-4-82	Heemskerk (NED)	184
66. Nijman José	93	08-021	7:47.05	25m	11-2-07	Zaandam (NED)	170
67. de Groot Sjors	08	08-021	7:48.16	25m	10-3-24	Purmerend (NED)	169
68. Sierra Ana Maria	69	08-021	8:13.00	25m	3-4-82	Heemskerk (NED)	144