

10 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2026

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Offringa Rick	03	08-021	36.38	50m	30-6-13	Dordrecht (NED)	189
2. Nijland Yoran	05	08-021	37.71	50m	5-12-15	Beverwijk (NED)	170
3. Gaal Roel	01	08-021	37.81	50m	3-12-11	Beverwijk (NED)	169
4. Hagebout Marcel	68	08-021	38.80	50m	11-6-78	Beverwijk (NED)	156
5. Vlieland Roy	99	08-021	41.93	50m	5-12-09	Beverwijk (NED)	124
6. Blaauw Mica	05	08-021	42.29	50m	5-12-15	Beverwijk (NED)	120
7. Blaauw Xam	07	08-021	43.55	50m	9-12-17	Beverwijk (NED)	110
8. de Caluwé Niels	91	08-021	43.63	50m	21-10-01	Beverwijk (NED)	110
9. Woudsma Stefan	00	08-021	48.01	50m	4-12-10	Beverwijk (NED)	82
10. Dam Norbert	92	08-021	48.87	50m	20-10-02	Beverwijk (NED)	78
11. Jansen Davy	15	08-021	50.68	50m	13-12-25	Beverwijk (NED)	70
12. Woudsma Maarten	01	08-021	1:02.23	50m	3-12-11	Beverwijk (NED)	37

100 vrije slag

1. Dekker Ruben	93	08-021	1:14.46	50m	29-6-03	Dordrecht (NED)	250
2. Offringa Rick	03	08-021	1:17.60	50m	30-6-13	Dordrecht (NED)	220
3. Kleijne Barry	93	08-021	1:23.33	50m	29-3-03	Beverwijk (NED)	178
4. Koopman Axel	92	08-021	1:24.97	50m	21-4-02	Beverwijk (NED)	168
5. Yayli Serkan	92	08-021	1:25.57	50m	21-4-02	Beverwijk (NED)	164
6. Schelvis Sjeng	89	08-021	1:33.89	50m	2-5-99	Beverwijk (NED)	124
7. Hoenink Jarl	86	08-021	1:36.20	50m	1-6-96	Beverwijk (NED)	115
8. de Rooij Roel	87	08-021	1:37.50	50m	7-6-97	Beverwijk (NED)	111
9. de Rooij Coen	89	08-021	1:39.02	50m	2-5-99	Beverwijk (NED)	106
10. Palmboom Pascal	89	08-021	1:42.71	50m	2-5-99	Beverwijk (NED)	95
11. Essers Tim	88	08-021	1:50.35	50m	25-10-98	Beverwijk (NED)	76

200 vrije slag

1. Schelvis Sjeng	89	08-021	3:19.12	50m	31-10-99	Beverwijk (NED)	134
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250 vrije slag**300 vrije slag**

400 vrije slag

1. Schelvis Sjeng	89	08-021	6:41.31	50m	31-10-99	Beverwijk (NED)	164
2. Welboren Mark	87	08-021	7:33.70	50m	9-11-97	Beverwijk (NED)	114

500 vrije slag**800 vrije slag****1000 vrije slag****1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

50 rugslag

1. Dekker Ruben	93	08-021	38.77	50m	12-10-03	Beverwijk (NED)	238
2. Offringa Rick	03	08-021	42.83	50m	30-6-13	Dordrecht (NED)	176
3. Gaal Roel	01	08-021	44.21	50m	3-12-11	Beverwijk (NED)	160
4. Blaauw Xam	07	08-021	44.41	50m	9-12-17	Beverwijk (NED)	158
5. Kleijne Barry	93	08-021	44.60	50m	12-10-03	Beverwijk (NED)	156
6. Lamers Koen	91	08-021	44.94	50m	21-10-01	Beverwijk (NED)	153
7. Blaauw Mica	05	08-021	45.76	50m	5-12-15	Beverwijk (NED)	144
8. Nijland Yoran	05	08-021	47.66	50m	5-12-15	Beverwijk (NED)	128
9. Vlieland Roy	99	08-021	47.97	50m	5-12-09	Beverwijk (NED)	125
10. de Caluwé Niels	91	08-021	51.71	50m	21-10-01	Beverwijk (NED)	100
11. Jansen Davy	15	08-021	51.81	50m	13-12-25	Beverwijk (NED)	99
12. Woudsma Stefan	00	08-021	53.48	50m	4-12-10	Beverwijk (NED)	90
13. Woudsma Maarten	01	08-021	1:05.15	50m	3-12-11	Beverwijk (NED)	50

100 rugslag

1. Dekker Ruben	93	08-021	1:23.76	50m	29-6-03	Dordrecht (NED)	237
2. Offringa Rick	03	08-021	1:28.98	50m	30-6-13	Dordrecht (NED)	197
3. Schelvis Sjeng	89	08-021	1:34.60	50m	31-10-99	Beverwijk (NED)	164
4. Kleijne Barry	93	08-021	1:35.09	50m	29-3-03	Beverwijk (NED)	162
5. de Rooij Coen	89	08-021	1:44.54	50m	2-5-99	Beverwijk (NED)	122
6. de Rooij Roel	87	08-021	1:44.80	50m	8-6-97	Beverwijk (NED)	121
7. Palmboom Pascal	89	08-021	1:49.77	50m	2-5-99	Beverwijk (NED)	105
8. Welboren Mark	87	08-021	1:56.30	50m	9-11-97	Beverwijk (NED)	88

200 rugslag**500 rugslag****25 schoolslag****50 schoolslag**

1. Offringa Rick	03	08-021	51.22	50m	30-6-13	Dordrecht (NED)	130
2. Vlieland Roy	99	08-021	54.07	50m	5-12-09	Beverwijk (NED)	110
3. Blaauw Mica	05	08-021	56.25	50m	5-12-15	Beverwijk (NED)	98
4. Jansen Davy	15	08-021	57.46	50m	13-12-25	Beverwijk (NED)	92
5. Nijland Yoran	05	08-021	59.47	50m	5-12-15	Beverwijk (NED)	83
6. Blaauw Xam	07	08-021	59.60	50m	9-12-17	Beverwijk (NED)	82
7. Woudsma Stefan	00	08-021	1:04.30	50m	4-12-10	Beverwijk (NED)	65
8. Woudsma Maarten	01	08-021	1:05.00	50m	3-12-11	Beverwijk (NED)	63

100 schoolslag

1. de Rooij Roel	87	08-021	1:45.30	50m	9-11-97	Beverwijk (NED)	159
2. Lamers Koen	91	08-021	1:46.62	50m	21-10-01	Beverwijk (NED)	153
3. Yayli Serkan	92	08-021	1:47.37	50m	20-10-02	Beverwijk (NED)	150
4. Offringa Rick	03	08-021	1:47.63	50m	30-6-13	Dordrecht (NED)	149
5. Palmboom Pascal	89	08-021	1:49.57	50m	31-10-99	Beverwijk (NED)	141
6. de Rooij Coen	89	08-021	1:50.71	50m	31-10-99	Beverwijk (NED)	137
7. Dekker Ruben	93	08-021	1:51.81	50m	12-10-03	Beverwijk (NED)	133
8. Hagebout Marcel	68	08-021	1:51.90	50m	11-6-78	Beverwijk (NED)	133
9. Dam Norbert	92	08-021	1:55.29	50m	20-10-02	Beverwijk (NED)	121
10. Kleijne Barry	93	08-021	1:57.00	50m	12-10-03	Beverwijk (NED)	116
11. Hoenink Jarl	86	08-021	2:01.60	50m	2-6-96	Beverwijk (NED)	103
12. Essers Tim	88	08-021	2:02.65	50m	25-10-98	Beverwijk (NED)	101
13. de Wit Job	98	08-021	2:03.57	50m	1-6-08	Beverwijk (NED)	98
14. de Boer Sem	02	08-021	2:14.95	50m	10-6-12	Beverwijk (NED)	75

200 schoolslag**250 schoolslag****500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

50 vlinderslag

1. Dekker Ruben	93	08-021	37.36	50m	12-10-03	Beverwijk (NED)	216
2. Lamers Koen	91	08-021	42.00	50m	21-10-01	Beverwijk (NED)	152
2. Kleijne Barry	93	08-021	42.00	50m	12-10-03	Beverwijk (NED)	152
4. Koopman Axel	92	08-021	46.90	50m	21-4-02	Beverwijk (NED)	109
5. Nijland Yoran	05	08-021	47.30	50m	5-12-15	Beverwijk (NED)	106
6. Gaal Roel	01	08-021	51.18	50m	3-12-11	Beverwijk (NED)	84
7. Yayli Serkan	92	08-021	55.43	50m	20-10-02	Beverwijk (NED)	66
8. Palmboom Pascal	89	08-021	56.04	50m	31-10-99	Beverwijk (NED)	64
9. Blaauw Mica	05	08-021	58.91	50m	5-12-15	Beverwijk (NED)	55
10. de Rooij Coen	89	08-021	59.72	50m	31-10-99	Beverwijk (NED)	52
11. Blaauw Xam	07	08-021	1:01.43	50m	9-12-17	Beverwijk (NED)	48
12. Essers Tim	88	08-021	1:03.04	50m	25-10-98	Beverwijk (NED)	45
13. Jansen Davy	15	08-021	1:06.54	50m	13-12-25	Beverwijk (NED)	38

100 vlinderslag**200 vlinderslag****1000 vlinderslag****75 wisselslag****100 wisselslag****200 wisselslag****300 wisselslag****400 wisselslag**