

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. Meijer Arno	75	08-021	11.90	25m	18-6-92	Heemskerk	451
1. Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
3. Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
4. Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
5. Oortwijn Kalle	05	08-021	12.55	25m	7-7-22	Heemskerk (NED)	385
6. van Rookhuizen Barry	82	08-021	12.67	25m	25-3-99	Heemskerk (NED)	374
7. Crok Pieter	91	08-021	12.78	25m	29-5-08	Heemskerk (NED)	364
8. Butter Martijn	79	08-021	12.80	25m	14-3-96	Heemskerk (NED)	362
9. Dekker Rudie	78	08-021	12.90	25m	27-4-95	Heemskerk (NED)	354
10. Martijn Onno	91	08-021	12.95	25m	29-5-08	Heemskerk (NED)	350
11. Camphuijnder Jasper	05	08-021	13.04	25m	7-7-22	Heemskerk (NED)	343
12. Kemmeren Ferry	91	08-021	13.26	25m	29-5-08	Heemskerk (NED)	326
13. Palmboom Pascal	89	08-021	13.29	25m	27-4-06	Heemskerk	324
14. Kuilman Joris	80	08-021	13.40	25m	13-3-97	Heemskerk (NED)	316
15. Krijger Jan-Willem	81	08-021	13.50	25m	12-2-98	Heemskerk (NED)	309
16. Kramer Vincent	82	08-021	13.53	25m	25-3-99	Heemskerk (NED)	307
17. de Caluwé Niels	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	306
17. van de Laar Viktor	05	08-021	13.54	25m	7-7-22	Heemskerk (NED)	306
19. Besse Niels	72	08-021	13.80	25m	31-12-89	Heemskerk (NED)	289
20. Wassenaar Edwin	72	08-021	13.90	25m	12-1-89	Heemskerk (NED)	283
21. Steenbergen Roderik	82	08-021	13.98	25m	25-3-99	Heemskerk (NED)	278
22. Beentjes Bastiaan	78	08-021	14.20	25m	27-4-95	Heemskerk (NED)	265
23. de Vijlder Michael	75	08-021	14.60	25m	26-9-92		244
24. Zonneveld Jeroen	78	08-021	14.70	25m	16-2-95	Heemskerk (NED)	239
25. Kerdijk Dennis	79	08-021	14.80	25m	14-3-96	Heemskerk (NED)	234

50 vrije slag

1. Gaal Roel	01	08-021	25.24	25m	24-11-18	Hoofddorp (NED)	517
2. Kleijne Barry	93	08-021	25.92	25m	30-9-10	Heemskerk (NED)	477
3. Jongert Sjoerd	01	08-021	26.04	25m	21-10-18	Purmerend (NED)	470
4. Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
5. Kerkhof Arno	72	08-021	26.20	25m	5-11-89	Heemskerk (NED)	462
6. van de Poll Kevin	86	08-021	26.35	25m	28-12-03	Maastricht (NED)	454
7. Oortwijn Maarten	80	08-021	26.40	50m	7-6-97	Beverwijk (NED)	496
8. van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
9. Meijer Arno	75	08-021	26.50	25m	8-11-92	Assendelft (NED)	446
9. Butter Martijn	79	08-021	26.50	25m	12-12-96	Heemskerk (NED)	446
11. Offringa Rick	03	08-021	26.52	25m	8-10-20	Heemskerk (NED)	445

50 vrije slag (sinds 12)

12. Crok Pieter	91	08-021	26.67	25m	23-3-08	Haarlem (NED)	438
13. Camphuijnder Jasper	05	08-021	26.68	25m	20-11-22	Den Helder (NED)	437
14. Oortwijn Kalle	05	08-021	26.84	25m	13-3-22	Den Helder (NED)	430
15. Glorie Daan	88	08-021	27.03	25m	30-12-05	Maastricht (NED)	421
16. de Ruijter Richard	88	08-021	27.30	25m	6-2-05	Zuidoost-Beemster (NED)	408
17. de Wit Stephen	93	08-021	27.38	25m	7-2-10	Heemstede (NED)	405
18. Schoonakker Mick	07	08-021	27.49	25m	13-1-24	Hoofddorp (NED)	400
19. van der Gracht Jory	87	08-021	27.63	25m	29-1-04	Heemskerk (NED)	394
20. Kuijper Alex	08	08-021	27.67	25m	19-10-25	Zaandam (NED)	392
21. Dekker Rudie	78	08-021	27.70	25m	26-1-95	Heemskerk (NED)	391
22. Keessen Jeroen	67	08-021	27.80	25m	23-9-84	Heemskerk (NED)	387
23. Wiegman Stefan	74	08-021	27.90	25m	3-11-91	Assendelft (NED)	382
24. Stins Arnold	83	08-021	27.93	25m	26-10-00	Heemskerk (NED)	381
25. Kramer Vincent	82	08-021	27.94	25m	17-10-99	Zaandam (NED)	381

100 vrije slag

1. Gaal Roel	01	08-021	54.61	25m	16-9-18	Alkmaar (NED)	557
2. Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
3. Camphuijnder Jasper	05	08-021	56.45	25m	16-12-22	Den Haag (NED)	504
4. Kleijne Barry	93	08-021	57.13	25m	14-3-10	Heemskerk (NED)	486
5. Jongert Sjoerd	01	08-021	57.47	25m	4-11-18	Alkmaar (NED)	478
6. Crok Pieter	91	08-021	57.99	25m	9-3-08	Heemskerk (NED)	465
7. Butter Martijn	79	08-021	58.20	25m	15-12-96	Heemskerk (NED)	460
8. Meijer Arno	75	08-021	58.40	25m	16-1-92	Heemskerk (NED)	455
9. Glorie Daan	88	08-021	58.76	25m	28-12-05	Maastricht (NED)	447
10. van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
11. van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
12. Kerkhof Arno	72	08-021	59.00	25m	7-12-89	Heemskerk (NED)	441
13. Oortwijn Maarten	80	08-021	59.10	25m	31-3-97	Haarlem (NED)	439
13. Stins Arnold	83	08-021	59.10	25m	12-3-00	Heemskerk (NED)	439
15. van der Gracht Jory	87	08-021	59.44	25m	11-1-04	Zuidoostbeemster (NED)	432
16. Oortwijn Kalle	05	08-021	59.74	25m	30-10-22	Heemskerk (NED)	425
17. Kranenburg Fred	63	08-021	59.80	25m	16-11-80	Haarlem (NED)	424
18. de Wit Stephen	93	08-021	59.91	25m	7-2-10	Heemstede (NED)	422
19. Di Mattia Angelo	97	08-021	1:00.35	25m	7-12-14	Heemskerk (NED)	412
20. de Ruijter Richard	88	08-021	1:00.54	25m	9-1-05	Zuidoost Beemster (NED)	409
21. Offringa Rick	03	08-021	1:00.77	25m	5-3-20	Heemskerk (NED)	404
22. Kramer Vincent	82	08-021	1:01.82	25m	17-1-99	Heemskerk (NED)	384
23. de Vries Allard	96	08-021	1:01.86	25m	17-11-13	Heemskerk (NED)	383
24. Steenbergens Roderik	82	08-021	1:01.90	25m	5-4-99	Haarlem (NED)	382
25. Groen Jarno	01	08-021	1:01.93	25m	18-3-18	Purmerend (NED)	382

200 vrije slag

1. Gaal Roel	01	08-021	2:00.73	25m	25-11-18	Hoofddorp (NED)	557
2. Butter Martijn	79	08-021	2:07.00	25m	28-1-96	Zaandam (NED)	479
2. Hogenstijn Peter	84	08-021	2:07.00	25m	18-11-01	Heemskerk	479
4. Kleijne Barry	93	08-021	2:07.82	25m	3-10-10	Zaandam (NED)	469
5. Offringa Rick	03	08-021	2:08.31	25m	4-10-20	Heemskerk (NED)	464
6. Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
7. Crok Pieter	91	08-021	2:09.11	25m	16-11-08	Amsterdam-oost (NED)	455
8. Meijer Arno	75	08-021	2:10.40	25m	23-2-92	Zaandam (NED)	442
9. Stins Arnold	83	08-021	2:11.06	25m	7-5-00	Zaandam (NED)	435
10. van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
11. Glorie Daan	88	08-021	2:11.14	25m	16-1-05	Zaandam (NED)	435
12. Camphuijnder Jasper	05	08-021	2:12.80	25m	20-11-22	Den Helder (NED)	418
13. van der Gracht Jory	87	08-021	2:14.96	25m	28-11-04	Heemskerk (NED)	399
14. Kerkhof Arno	72	08-021	2:15.40	25m	5-10-89	Heemskerk (NED)	395
15. Tijms Stefan	93	08-021	2:16.21	25m	31-10-10	Zaandam (NED)	388
16. Oortwijn Maarten	80	08-021	2:16.30	25m	1-5-97	Heemskerk (NED)	387
17. Steenbergen Roderik	82	08-021	2:16.49	25m	25-11-99	Heemskerk	385
18. Kuilman Joris	80	08-021	2:16.60	25m	11-12-97	Heemskerk (NED)	384
19. Oudendijk Paul	81	08-021	2:17.34	25m	17-12-98	Heemskerk (NED)	378
20. de Vries Allard	96	08-021	2:17.56	25m	8-12-13	Amstelveen (NED)	376
21. de Wit Stephen	93	08-021	2:17.75	25m	3-10-10	Zaandam (NED)	375
22. Kranenburg Fred	63	08-021	2:17.90	25m	16-3-80	Zandvoort (NED)	374
23. Plokker Robert	65	08-021	2:18.50	25m	17-1-82		369
24. de Ruijter Richard	88	08-021	2:18.96	25m	29-9-05	Heemskerk (NED)	365
25. Groen Jarno	01	08-021	2:19.30	25m	14-1-18	Purmerend (NED)	363

250 vrije slag**300 vrije slag**

1. Kleijne Barry	93	08-021	3:30.40	25m	28-2-10	Zaandam (NED)	406
2. de Wit Matthew	97	08-021	4:21.93	50m	11-5-14	Antwerpen (BEL)	232
3. Oortwijn Bjarne	07	08-021	4:46.45	25m	6-10-24	Den Helder (NED)	160

400 vrije slag

1. Butter Martijn	79	08-021	4:29.80	25m	3-11-96	Zaandam (NED)	486
2. Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
3. Kleijne Barry	93	08-021	4:36.94	25m	4-4-10	Haarlem (NED)	450
4. Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
5. Crok Pieter	91	08-021	4:39.20	25m	23-3-08	Haarlem (NED)	439
6. Glorie Daan	88	08-021	4:43.39	25m	10-4-05	Zuidoost-Beemster (NED)	420
7. Meijer Arno	75	08-021	4:47.20	25m	12-1-92	Assendelft (NED)	403
8. Camphuijnder Jasper	05	08-021	4:51.73	25m	27-11-22	Hoofddorp (NED)	385
9. Stins Arnold	83	08-021	4:53.27	25m	23-1-00	Heemskerk (NED)	379
10. Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376
11. Oudendijk Paul	81	08-021	4:55.20	25m	5-4-98	Heemskerk (NED)	371
12. van de Poll Kevin	86	08-021	4:55.40	25m	12-6-03	Heemskerk	370
13. Kerkhof Arno	72	08-021	4:56.30	25m	19-2-89	Heemskerk (NED)	367
14. Kranenburg Fred	63	08-021	4:58.70	25m	13-4-80	Zaandam (NED)	358
15. Plokker Robert	65	08-021	5:01.00	25m	10-1-82	Wormerveer (NED)	350
16. Steenbergen Roderik	82	08-021	5:02.80	25m	24-10-99	Zaandam (NED)	344

400 vrije slag (sinds 17)

17. Kuilman Joris	80	08-021	5:04.30	25m	16-11-97	Zaandam (NED)	339
18. van der Gracht Jory	87	08-021	5:06.19	25m	17-10-04	Zaandam (NED)	333
19. van Rookhuizen Barry	82	08-021	5:07.98	25m	28-2-99	Zaandam (NED)	327
20. Tijms Stefan	93	08-021	5:09.31	25m	12-9-10	Zaandam (NED)	323
21. de Ruijter Richard	88	08-021	5:09.60	25m	16-5-05	Zuidoost-Beemster (NED)	322
22. Krijger Jan-Willem	81	08-021	5:12.70	25m	19-3-98	Heemskerk (NED)	312
23. Dekker Rudie	78	08-021	5:13.20	25m	18-5-95	Heemskerk (NED)	311
24. Korzelius Ron	65	08-021	5:14.20	25m	24-1-82		308
25. Hoenink Jarl	86	08-021	5:16.18	25m	12-6-03	Heemskerk	302

500 vrije slag

1. Tijms Stefan	93	08-021	7:21.85	OW	10-7-10	Wijk en Aalburg (NED)	
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800 vrije slag

1. Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
2. Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
3. Glorie Daan	88	08-021	9:45.16	25m	23-10-05	Zaandam (NED)	435
4. Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
5. Butter Martijn	79	08-021	9:55.30	50m	4-5-96	Beverwijk (NED)	438
6. Stins Arnold	83	08-021	10:06.20	25m	5-11-00	Zaandam (NED)	391
7. Kerkhof Arno	72	08-021	10:14.90	25m	28-12-89	Heemskerk (NED)	375
8. van der Gracht Jory	87	08-021	10:21.04	25m	17-10-04	Zaandam (NED)	363
9. van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
10. Tijms Stefan	93	08-021	10:31.32	25m	12-9-10	Zaandam (NED)	346
11. Steenbergen Roderik	82	08-021	10:35.27	25m	24-10-99	Zaandam (NED)	340
12. Oortwijn Kalle	05	08-021	10:41.38	25m	23-10-22	Hoofddorp (NED)	330
13. Oortwijn Maarten	80	08-021	10:52.30	25m	16-2-97	Volendam (NED)	314
14. Hoenink Jarl	86	08-021	10:54.65	25m	26-10-03	Zaandam	310
15. Kuilman Joris	80	08-021	11:11.80	25m	16-2-97	Volendam (NED)	287
16. Kramer Vincent	82	08-021	11:24.36	25m	24-10-99	Zaandam (NED)	272
17. de Boer Daniël	77	08-021	11:27.50	25m	14-4-94	Heemskerk	268
18. Butter Joris	86	08-021	11:31.66	25m	16-11-03	Heemskerk (NED)	263

1000 vrije slag

1. Glorie Daan	88	08-021	13:18.74	OW	16-7-05	Wijk en Aalburg (NED)	
2. Kleijne Barry	93	08-021	13:41.09	OW	25-7-10	Langedijk (NED)	
3. van der Gracht Jory	87	08-021	13:53.69	OW	10-7-04	Oss (NED)	
4. Tijms Stefan	93	08-021	14:24.98	OW	27-6-10	Sluis (NED)	
5. Jongert Sjoerd	01	08-021	15:10.48	OW	26-8-18	Oosterhout (NED)	
6. Kuijper Alex	08	08-021	16:41.88	OW	29-6-25	Alkmaar (NED)	
7. de Boer Daniël	77	08-021	17:45.60	OW	12-7-94	Harderwijk (NED)	

1250 vrije slag

1500 vrije slag

1. Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
2. Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
3. Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
4. Glorie Daan	88	08-021	18:41.53	25m	13-11-05	Zaandam (NED)	432
5. Butter Martijn	79	08-021	18:41.80	50m	4-5-96	Beverwijk (NED)	468
6. Stins Arnold	83	08-021	19:10.25	25m	23-1-00	Heemskerk (NED)	400
7. Oudendijk Paul	81	08-021	19:29.30	25m	22-2-98	Zaandam (NED)	381
8. van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
9. van der Gracht Jory	87	08-021	19:59.57	25m	14-11-04	Heemskerk (NED)	353
10. Meijer Arno	75	08-021	20:13.60	25m	26-1-92	Volendam (NED)	341
11. Tijms Stefan	93	08-021	20:47.20	25m	19-12-10	Zaandam (NED)	314
12. Hoenink Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310
13. Korzelius Ron	65	08-021	21:28.80	25m	10-1-82	Wormerveer (NED)	284
14. Butter Joris	86	08-021	21:49.43	25m	16-11-03	Heemskerk (NED)	271

2000 vrije slag

1. Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
2. Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
3. Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
4. Glorie Daan	88	08-021	26:14.47	OW	4-9-05	Vlissingen (NED)	
5. Butter Martijn	79	08-021	26:33.40	OW	16-6-96	Spaarnwoude (NED)	
6. van der Gracht Jory	87	08-021	27:03.35	25m	7-3-04	Zaandam	337
7. Hoenink Jarl	86	08-021	28:15.06	25m	16-2-03	Zaandam	296
8. Oudendijk Paul	81	08-021	28:17.90	OW	11-7-98	Oss (NED)	
9. Kuilman Joris	80	08-021	29:00.90	OW	29-6-97	Breukelen (NED)	
10. Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259
11. Jongert Sjoerd	01	08-021	30:05.20	OW	1-9-18	Wilhelminadorp (NED)	
12. Krijger Jan-Willem	81	08-021	30:48.40	OW	12-7-98	Amsterdam (NED)	
13. Kramer Vincent	82	08-021	32:32.20	OW	20-6-99	Spaarnwoude (NED)	
14. Dekker Rudie	78	08-021	32:56.70	OW	16-7-95	Amsterdam (NED)	
15. Tijms Stefan	93	08-021	32:57.87	OW	4-7-10	Bodegraven (NED)	

2500 vrije slag

1. Glorie Daan	88	08-021	34:29.71	OW	9-7-05	Oss (NED)	
2. Kleijne Barry	93	08-021	35:16.17	OW	25-7-10	Langedijk (NED)	
3. van der Gracht Jory	87	08-021	37:19.77	OW	10-7-04	Oss (NED)	
4. Tijms Stefan	93	08-021	37:45.02	OW	27-6-10	Sluis (NED)	

3000 vrije slag

1. Glorie Daan	88	08-021	40:51.78	OW	11-6-05	Gorinchem (NED)	
2. van der Gracht Jory	87	08-021	43:20.31	OW	3-7-04	Sluis (NED)	
3. Kleijne Barry	93	08-021	44:07.60	OW	24-7-10	Anna-Paulowna (NED)	
4. Stins Arnold	83	08-021	45:33.80	OW	3-9-00	Vlissingen (NED)	
5. Jongert Sjoerd	01	08-021	46:58.95	OW	7-7-18	Vianen (NED)	

4000 vrije slag

5000 vrije slag

1. Glorie Daan	88	08-021	1:09:39.55	OW	4-9-05	Vlissingen (NED)
2. Kleijne Barry	93	08-021	1:13:39.58	OW	5-9-10	Vlissingen (NED)
3. van der Gracht Jory	87	08-021	1:18:09.82	OW	5-9-04	Vlissingen (NED)
4. Tijms Stefan	93	08-021	1:24:01.96	OW	4-7-10	Bodegraven (NED)

6000 vrije slag

1. Glorie Daan	88	08-021	1:14:46.63	OW	10-7-05	Beusichem-Culemborg (NED)
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6500 vrije slag**10000 vrije slag**

1. Glorie Daan	88	08-021	2:28:53.85	50m	23-4-05	Zwaag (NED)
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20000 vrije slag**22000 vrije slag****25 rugslag**

1. Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	343
2. Oortwijn Kalle	05	08-021	14.81	25m	7-7-22	Heemskerk (NED)	342
3. Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
4. Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
5. Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
6. Butter Martijn	79	08-021	15.30	25m	8-2-96	Heemskerk (NED)	310
7. Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
8. Camphuijnder Jasper	05	08-021	15.74	25m	7-7-22	Heemskerk (NED)	285
9. Oortwijn Maarten	80	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
9. Oudendijk Paul	81	08-021	15.80	25m	15-1-98	Heemskerk (NED)	281
11. Steenbergen Roderik	82	08-021	15.85	25m	25-3-99	Heemskerk (NED)	279
12. Kramer Vincent	82	08-021	16.46	25m	25-3-99	Heemskerk (NED)	249
13. Dekker Rudie	78	08-021	16.50	25m	16-3-95	Heemskerk (NED)	247
14. Kemmeren Ferry	91	08-021	16.53	25m	29-5-08	Heemskerk (NED)	246
15. Palmboom Pascal	89	08-021	16.60	25m	27-4-06	Heemskerk	243
16. de Caluwé Niels	91	08-021	16.65	25m	29-5-08	Heemskerk (NED)	240
17. Kuilman Joris	80	08-021	16.70	25m	13-2-97	Heemskerk (NED)	238
18. Krijger Jan-Willem	81	08-021	16.80	25m	15-1-98	Heemskerk (NED)	234
19. Martijn Onno	91	08-021	17.09	25m	29-5-08	Heemskerk (NED)	222
20. Wassenaar Edwin	72	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
21. van de Laar Viktor	05	08-021	17.14	25m	7-7-22	Heemskerk (NED)	220
22. van Rookhuizen Barry	82	08-021	17.67	25m	25-3-99	Heemskerk (NED)	201
23. Kerdijk Dennis	79	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
24. Zonneveld Jeroen	78	08-021	18.00	25m	16-3-95	Heemskerk (NED)	190
25. Beentjes Bastiaan	78	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187

50 rugslag

1. Kleijne Barry	93	08-021	29.81	25m	7-3-10	Purmerend (NED)	414
2. Oortwijn Kalle	05	08-021	30.23	25m	17-3-22	Heemskerk (NED)	397
3. Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
4. Offringa Rick	03	08-021	31.13	25m	30-1-20	Heemskerk (NED)	363
5. Essers Tim	88	08-021	31.18	25m	28-12-05	Maastricht (NED)	361
6. de Wit Stephen	93	08-021	31.28	25m	11-4-10	Zaandam (NED)	358
7. Gaal Roel	01	08-021	31.41	25m	30-12-18	Leeuwarden (NED)	354
8. Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
9. Butter Martijn	79	08-021	32.00	25m	28-1-96	Zaandam (NED)	334
10. Gaal Koen	99	08-021	32.08	25m	4-12-16	Zaandam (NED)	332
11. Oortwijn Maarten	80	08-021	32.30	25m	10-4-97	Heemskerk (NED)	325
12. Glorie Daan	88	08-021	32.57	25m	27-10-05	Heemskerk (NED)	317
13. Oudendijk Paul	81	08-021	32.60	25m	26-4-98	Alkmaar (NED)	316
14. Stins Arnold	83	08-021	32.74	25m	27-1-00	Heemskerk (NED)	312
15. Crok Pieter	91	08-021	32.77	25m	10-2-08	Purmerend (NED)	311
16. Meijer Arno	75	08-021	32.80	25m	16-1-92	Heemskerk (NED)	310
17. van de Poll Kevin	86	08-021	32.84	25m	28-12-03	Maastricht (NED)	309
18. Jongert Sjoerd	01	08-021	32.96	25m	15-2-18	Heemskerk (NED)	306
19. Hoenink Jarl	86	08-021	33.00	25m	30-10-03	Heemskerk	305
20. Kerkhof Arno	72	08-021	33.10	25m	14-12-89	Heemskerk (NED)	302
21. Camphuijnder Jasper	05	08-021	33.29	25m	17-3-22	Heemskerk (NED)	297
22. Kramer Vincent	82	08-021	33.31	25m	10-1-99	Zuidoost Beemster (NED)	296
23. Kuijper Alex	08	08-021	33.51	25m	19-10-25	Zaandam (NED)	291
24. de Vries Allard	96	08-021	33.73	25m	7-4-13	Castricum (NED)	285
25. de Ruijter René	86	08-021	33.85	25m	30-10-03	Heemskerk	282

100 rugslag

1. Kleijne Barry	93	08-021	1:04.70	25m	28-12-10	Maastricht (NED)	431
2. Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
3. Oortwijn Kalle	05	08-021	1:05.94	25m	15-12-22	Heemskerk (NED)	407
4. Gaal Roel	01	08-021	1:06.20	25m	29-12-18	Leeuwarden (NED)	403
5. Essers Tim	88	08-021	1:06.40	25m	31-3-05	Heemskerk (NED)	399
6. de Wit Stephen	93	08-021	1:07.16	25m	11-4-10	Zaandam (NED)	386
7. Steenbergen Roderik	82	08-021	1:07.21	25m	12-12-99	Heemskerk (NED)	385
8. Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
9. Butter Martijn	79	08-021	1:07.70	25m	6-4-96	Haarlem (NED)	376
10. Oudendijk Paul	81	08-021	1:07.79	25m	13-12-98	Heemskerk (NED)	375
11. Jongert Sjoerd	01	08-021	1:08.06	25m	7-10-18	Purmerend (NED)	370
12. Gaal Koen	99	08-021	1:08.35	25m	4-12-16	Zaandam (NED)	366
13. Glorie Daan	88	08-021	1:08.95	25m	26-5-05	Heemskerk (NED)	356
14. Offringa Rick	03	08-021	1:09.11	50m	23-2-20	Den Haag (NED)	422
15. Camphuijnder Jasper	05	08-021	1:09.32	25m	2-10-22	Den Helder (NED)	351
16. Kramer Vincent	82	08-021	1:10.27	25m	12-12-99	Heemskerk (NED)	336
17. Kranenburg Fred	63	08-021	1:10.70	25m	27-1-80	Zaandam (NED)	330
18. Hoenink Jarl	86	08-021	1:11.19	25m	24-4-03	Heemskerk	324
19. Meijer Arno	75	08-021	1:11.20	25m	8-10-92	Heemskerk (NED)	323
20. Kerkhof Arno	72	08-021	1:11.50	25m	4-10-89		319
20. Stins Arnold	83	08-021	1:11.50	25m	23-4-00	Haarlem (NED)	319
22. Groen Jarno	01	08-021	1:11.60	25m	7-10-18	Purmerend (NED)	318
23. van de Poll Kevin	86	08-021	1:11.71	25m	25-10-03	Nieuwegein (NED)	317
24. Schaaper Hans	68	08-021	1:11.90	25m	6-10-85	Wormerveer (NED)	314
25. Oortwijn Maarten	80	08-021	1:12.50	25m	2-3-97	Haarlem (NED)	306

200 rugslag

1. Kleijne Barry	93	08-021	2:22.75	25m	14-3-10	Heemskerk (NED)	405
2. Oudendijk Paul	81	08-021	2:24.24	25m	22-11-98	Zaandam (NED)	392
3. Essers Tim	88	08-021	2:26.59	25m	13-3-05	Amsterdam (NED)	374
4. Butter Martijn	79	08-021	2:28.00	25m	10-10-96	Heemskerk (NED)	363
5. Oortwijn Kalle	05	08-021	2:28.24	25m	13-3-22	Den Helder (NED)	361
6. Hogenstijn Peter	84	08-021	2:28.76	25m	7-10-01	Zaandam (NED)	358
7. Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
8. Steenbergen Roderik	82	08-021	2:29.52	25m	16-12-99	Heemskerk	352
9. Crok Pieter	91	08-021	2:29.78	25m	9-3-08	Heemskerk (NED)	350
10. Gaal Roel	01	08-021	2:30.54	25m	18-3-18	Purmerend (NED)	345
11. de Wit Stephen	93	08-021	2:31.57	25m	14-3-10	Heemskerk (NED)	338
12. Offringa Rick	03	08-021	2:31.73	50m	22-2-20	Den Haag (NED)	401
13. Camphuijnder Jasper	05	08-021	2:32.07	25m	13-3-22	Den Helder (NED)	335
14. Meijer Arno	75	08-021	2:32.40	25m	12-11-92	Heemskerk (NED)	332
15. Jongert Sjoerd	01	08-021	2:32.86	25m	18-3-18	Purmerend (NED)	329
16. Glorie Daan	88	08-021	2:33.95	25m	2-10-05	Zaandam (NED)	323
17. Stins Arnold	83	08-021	2:35.00	25m	14-12-00	Heemskerk (NED)	316
18. Kuijper Alex	08	08-021	2:36.79	25m	9-3-25	Purmerend (NED)	305
19. Groen Jarno	01	08-021	2:37.35	25m	18-3-18	Purmerend (NED)	302
20. Schaaper Hans	68	08-021	2:37.90	25m	6-10-85	Wormerveer (NED)	299
21. Kranenburg Fred	63	08-021	2:39.10	25m	16-11-80	Haarlem (NED)	292
22. Hoenink Jarl	86	08-021	2:39.25	25m	5-10-03	Heemskerk (NED)	291
23. van de Poll Kevin	86	08-021	2:39.51	25m	5-10-03	Heemskerk (NED)	290
24. Oortwijn Maarten	80	08-021	2:40.90	25m	9-3-97	Alkmaar (NED)	282
25. Kemmeren Ferry	91	08-021	2:41.20	25m	9-3-08	Heemskerk (NED)	281

500 rugslag**25 schoolslag**

1. Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
2. Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
3. Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
4. Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397
5. Palmboom Pascal	89	08-021	16.26	25m	27-4-06	Heemskerk	364
6. Beentjes Bastiaan	78	08-021	16.50	25m	27-4-95	Heemskerk (NED)	349
7. Oudendijk Paul	81	08-021	16.80	25m	19-3-98	Heemskerk (NED)	330
8. Stins Arnold	83	08-021	16.89	25m	17-2-00	Heemskerk (NED)	325
9. Kuilman Joris	80	08-021	16.90	25m	13-3-97	Heemskerk (NED)	325
10. Besse Niels	72	08-021	17.00	25m	31-12-89	Heemskerk (NED)	319
11. van Rookhuizen Barry	82	08-021	17.26	25m	25-3-99	Heemskerk (NED)	305
11. de Caluwé Niels	91	08-021	17.26	25m	29-5-08	Heemskerk (NED)	305
13. Oortwijn Kalle	05	08-021	17.35	25m	7-7-22	Heemskerk (NED)	300
14. Kemmeren Ferry	91	08-021	17.46	25m	29-5-08	Heemskerk (NED)	294
15. Wassenaar Edwin	72	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
16. Steenbergen Roderik	82	08-021	17.63	25m	25-3-99	Heemskerk (NED)	286
17. Camphuijnder Jasper	05	08-021	17.70	25m	7-7-22	Heemskerk (NED)	282
18. Kramer Vincent	82	08-021	17.80	25m	25-3-99	Heemskerk (NED)	278
19. Butter Martijn	79	08-021	17.90	25m	14-3-96	Heemskerk (NED)	273
20. Martijn Onno	91	08-021	18.46	25m	29-5-08	Heemskerk (NED)	249
21. Dekker Rudie	78	08-021	18.90	25m	27-4-95	Heemskerk (NED)	232
21. Kerdijk Dennis	79	08-021	18.90	25m	14-3-96	Heemskerk (NED)	232

25 schoolslag (sinds 23)

23. Krijger Jan-Willem	81	08-021	19.20	25m	19-3-98	Heemskerk (NED)	221
24. Schouws Nico	59	08-021	19.50	25m	14-9-76	Heemskerk (NED)	211
25. Zonneveld Jeroen	78	08-021	19.90	25m	27-4-95	Heemskerk (NED)	199

50 schoolslag

1. Hogenstijn Peter	84	08-021	34.52	25m	7-1-01	Zuidoostbeemster (NED)	391
2. Crok Pieter	91	08-021	34.79	25m	31-1-08	Heemskerk (NED)	382
3. Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
4. Glorie Daan	88	08-021	35.14	25m	30-12-05	Maastricht (NED)	371
5. van de Poll Kevin	86	08-021	35.28	25m	28-12-03	Maastricht (NED)	366
6. Meijer Arno	75	08-021	35.40	25m	16-1-92	Heemskerk (NED)	362
7. de Ruijter Richard	88	08-021	35.53	25m	6-2-05	Zuidoost-Beemster (NED)	358
8. Stins Arnold	83	08-021	35.75	25m	14-12-00	Heemskerk (NED)	352
9. Ayari Adam	08	08-021	35.78	25m	5-6-25	Heemskerk (NED)	351
10. Kerkhof Arno	72	08-021	35.90	25m	14-12-89	Heemskerk (NED)	347
11. Kuilman Joris	80	08-021	36.00	25m	1-5-97	Heemskerk (NED)	345
12. Offringa Rick	03	08-021	36.12	25m	8-10-20	Heemskerk (NED)	341
13. Schaaper Bart	73	08-021	36.40	25m	3-5-90	Heemskerk (NED)	333
14. Palmboom Pascal	89	08-021	36.54	25m	30-12-06	Maastricht (NED)	329
15. Kleijne Barry	93	08-021	36.61	25m	7-3-10	Purmerend (NED)	328
16. Oudendijk Paul	81	08-021	36.69	25m	15-11-98	Zaandam (NED)	325
17. Stam Daniël	79	08-021	36.70	25m	1-9-96	Assendelft (NED)	325
18. Hoenink Jarl	86	08-021	36.97	25m	8-6-03	Z.o. Beemster	318
18. de Wit Stephen	93	08-021	36.97	25m	18-2-10	Heemskerk (NED)	318
18. Jongert Sjoerd	01	08-021	36.97	25m	21-10-18	Purmerend (NED)	318
21. van Rookhuizen Barry	82	08-021	37.00	50m	6-6-99	Beverwijk (NED)	344
22. Butter Martijn	79	08-021	37.20	25m	21-1-96	Zuidoost Beemster (NED)	312
23. Beentjes Bastiaan	78	08-021	37.40	25m	24-4-95	Castricum (NED)	307
24. Butter Joris	86	08-021	37.62	25m	27-11-03	Heemskerk (NED)	302
25. Oortwijn Kalle	05	08-021	37.65	25m	21-4-22	Heemskerk (NED)	301

100 schoolslag

1. Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
2. Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
3. Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
4. de Ruijter Richard	88	08-021	1:16.34	25m	11-12-05	IJmuiden (NED)	386
5. Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
6. Offringa Rick	03	08-021	1:16.79	25m	8-10-20	Heemskerk (NED)	379
7. Meijer Arno	75	08-021	1:16.80	25m	12-11-92	Heemskerk (NED)	379
8. Glorie Daan	88	08-021	1:17.61	25m	26-5-05	Heemskerk (NED)	367
9. van Duin Peter	65	08-021	1:18.50	25m	14-3-82		355
10. Stins Arnold	83	08-021	1:18.67	25m	23-4-00	Haarlem (NED)	353
10. Kleijne Barry	93	08-021	1:18.67	25m	30-9-10	Heemskerk (NED)	353
12. Ayari Adam	08	08-021	1:18.69	25m	2-2-25	Den Helder (NED)	352
13. Schaaper Bart	73	08-021	1:19.00	25m	1-3-90	Heemskerk (NED)	348
14. Essers Tim	88	08-021	1:19.14	25m	16-10-05	Alkmaar (NED)	346
15. Jongert Sjoerd	01	08-021	1:19.22	25m	14-1-18	Purmerend (NED)	345
16. van de Poll Kevin	86	08-021	1:19.68	25m	28-12-03	Maastricht (NED)	339
17. Kuilman Joris	80	08-021	1:20.40	25m	13-2-97	Heemskerk (NED)	330
18. Butter Martijn	79	08-021	1:20.70	25m	6-4-96	Haarlem (NED)	327
19. Hoenink Jarl	86	08-021	1:20.74	25m	7-6-03	Z.o. Beemster	326

100 schoolslag (sinds 20)

20. van der Gracht Jory	87	08-021	1:21.00	25m	12-12-04	Heemskerk (NED)	323
21. Oudendijk Paul	81	08-021	1:21.30	25m	6-6-98	Zaandam (NED)	320
22. Palmboom Pascal	89	08-021	1:21.41	25m	16-2-06	Heemskerk (NED)	318
23. Kranenburg Fred	63	08-021	1:21.70	25m	16-3-80	Zandvoort (NED)	315
23. Stam Daniël	79	08-021	1:21.70	25m	31-8-96	Assendelft (NED)	315
25. Beentjes Bastiaan	78	08-021	1:21.80	25m	16-3-95	Heemskerk (NED)	314

200 schoolslag

1. Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
2. Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
3. de Ruijter Richard	88	08-021	2:49.29	25m	27-10-05	Heemskerk (NED)	360
4. Glorie Daan	88	08-021	2:50.02	25m	27-10-05	Heemskerk (NED)	355
5. Meijer Arno	75	08-021	2:50.50	25m	8-11-92	Assendelft (NED)	352
6. Jongert Sjoerd	01	08-021	2:50.84	25m	7-10-18	Purmerend (NED)	350
7. Kuilman Joris	80	08-021	2:50.90	25m	26-10-97	Heemskerk (NED)	350
8. van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
9. Bok Reitze	73	08-021	2:52.30	25m	22-3-90	Heemskerk (NED)	341
10. Stins Arnold	83	08-021	2:53.66	25m	27-1-00	Heemskerk (NED)	333
11. Crok Pieter	91	08-021	2:54.54	25m	5-10-08	Heemskerk (NED)	328
12. Beentjes Bastiaan	78	08-021	2:55.20	25m	24-4-95	Castricum (NED)	324
13. Wassenaar Marcel	69	08-021	2:55.60	25m	30-11-86	Heemskerk (NED)	322
14. van der Gracht Jory	87	08-021	2:55.81	25m	28-10-04	Heemskerk (NED)	321
15. Camphuijnder Jasper	05	08-021	2:56.46	25m	2-10-22	Den Helder (NED)	317
16. Kerkhof Arno	72	08-021	2:56.80	25m	4-11-89		316
17. Palmboom Pascal	89	08-021	2:58.26	25m	19-3-06	Heemskerk (NED)	308
18. Ayari Adam	08	08-021	2:58.30	25m	6-4-25	Purmerend (NED)	308
19. Oortwijn Kalle	05	08-021	2:58.53	25m	2-10-22	Den Helder (NED)	307
20. Schaaper Bart	73	08-021	2:58.90	25m	22-3-90	Heemskerk (NED)	305
21. Kleijne Barry	93	08-021	3:00.69	25m	25-3-10	Heemskerk (NED)	296
22. Kranenburg Fred	63	08-021	3:01.20	25m	21-9-80	Heemskerk (NED)	293
23. Butter Joris	86	08-021	3:01.60	25m	30-10-03	Heemskerk	291
24. van Rookhuizen Barry	82	08-021	3:01.88	25m	22-4-99	Heemskerk (NED)	290
25. Di Mattia Angelo	97	08-021	3:01.95	25m	9-3-14	Zaandam (NED)	290

250 schoolslag**500 schoolslag****800 schoolslag****1000 schoolslag**

1. Crok Pieter	91	08-021	18:40.36	OW	2-8-08	Hoorn (NED)	
2. Tijms Stefan	93	08-021	20:19.81	OW	29-8-10	Oosterhout (NED)	
3. Jongert Sjoerd	01	08-021	20:34.93	OW	26-8-18	Oosterhout (NED)	

1250 schoolslag**1500 schoolslag**

2000 schoolslag

1. Glorie Daan	88	08-021	33:10.63	OW	10-9-05	Oosterhout (NED)
2. Tijms Stefan	93	08-021	34:22.72	OW	4-9-10	Wilhelminadorp (NED)
3. Crok Pieter	91	08-021	35:30.43	OW	22-6-08	Breukelen (NED)
4. Beentjes Bastiaan	78	08-021	36:28.40	OW	16-7-95	Amsterdam (NED)
5. Stam Daniël	79	08-021	37:26.50	OW	16-6-96	Spaarnwoude (NED)
6. Jongert Sjoerd	01	08-021	38:12.69	OW	2-9-18	Vlissingen (NED)
7. Hogenstijn Peter	84	08-021	38:39.58	OW	29-7-01	Langedijk (NED)

2500 schoolslag**3000 schoolslag**

1. Tijms Stefan	93	08-021	1:00:35.79	OW	10-7-10	Wijk en Aalburg (NED)
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4000 schoolslag**5000 schoolslag****25 vlinderslag**

1. Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
2. Meijer Arno	75	08-021	13.30	25m	18-6-92	Heemskerk	412
3. Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
4. Camphuijnder Jasper	05	08-021	13.57	25m	7-7-22	Heemskerk (NED)	388
5. Kuilman Joris	80	08-021	13.60	25m	13-2-97	Heemskerk (NED)	385
6. Stins Arnold	83	08-021	13.75	25m	4-5-00	Heemskerk (NED)	373
7. Oortwijn Kalle	05	08-021	13.90	25m	7-7-22	Heemskerk (NED)	361
8. van Rookhuizen Barry	82	08-021	14.06	25m	25-3-99	Heemskerk (NED)	349
9. Butter Martijn	79	08-021	14.20	25m	8-2-96	Heemskerk (NED)	338
10. Oortwijn Maarten	80	08-021	14.40	25m	13-2-97	Heemskerk (NED)	324
11. Kramer Vincent	82	08-021	14.48	25m	25-3-99	Heemskerk (NED)	319
12. Krijger Jan-Willem	81	08-021	14.80	25m	15-1-98	Heemskerk (NED)	299
13. Palmboom Pascal	89	08-021	14.86	25m	27-4-06	Heemskerk	295
13. Kemmeren Ferry	91	08-021	14.86	25m	29-5-08	Heemskerk (NED)	295
15. van de Laar Viktor	05	08-021	15.12	25m	7-7-22	Heemskerk (NED)	280
16. Dekker Rudie	78	08-021	15.30	25m	16-3-95	Heemskerk (NED)	270
17. Hogenstijn Peter	84	08-021	15.47	25m	29-3-01	Heemskerk (NED)	262
18. Martijn Onno	91	08-021	15.65	25m	29-5-08	Heemskerk (NED)	253
19. Oudendijk Paul	81	08-021	16.00	25m	15-1-98	Heemskerk (NED)	236
20. Besse Niels	72	08-021	16.10	25m	31-12-89	Heemskerk (NED)	232
21. Wassenaar Edwin	72	08-021	16.40	25m	12-1-89	Heemskerk (NED)	219
22. Steenbergen Roderik	82	08-021	16.50	25m	25-3-99	Heemskerk (NED)	215
23. Beentjes Bastiaan	78	08-021	16.60	25m	16-3-95	Heemskerk (NED)	212
24. Zonneveld Jeroen	78	08-021	17.20	25m	6-4-95	Heemskerk (NED)	190
25. Kerdijk Dennis	79	08-021	17.70	25m	8-2-96	Heemskerk (NED)	174

50 vlinderslag

1. Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
2. Kleijne Barry	93	08-021	28.34	25m	7-3-10	Purmerend (NED)	455
3. Camphuijnder Jasper	05	08-021	28.63	25m	21-5-22	Hoofddorp (NED)	441
4. Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
5. Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
6. van de Poll Kevin	86	08-021	29.08	25m	18-12-03	Heemskerk (NED)	421
7. Jongert Sjoerd	01	08-021	29.32	25m	29-11-18	Heemskerk (NED)	411
8. Kuilman Joris	80	08-021	29.50	25m	11-12-97	Heemskerk (NED)	403
9. Crok Pieter	91	08-021	29.58	25m	30-10-08	Heemskerk (NED)	400
10. Gaal Roel	01	08-021	29.89	25m	18-11-18	Hoofddorp (NED)	387
11. Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
12. Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
13. van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375
14. Meijer Arno	75	08-021	30.30	25m	22-3-92	Heemskerk (NED)	372
15. van der Gracht Jory	87	08-021	30.34	25m	22-2-04	Zuidoostbeemster (NED)	370
16. Offringa Rick	03	08-021	30.36	25m	12-1-20	Purmerend (NED)	370
17. Groen Jarno	01	08-021	30.49	25m	29-11-18	Heemskerk (NED)	365
18. Oortwijn Kalle	05	08-021	30.62	25m	17-2-22	Heemskerk (NED)	360
19. Kranenburg Fred	63	08-021	31.00	25m	8-11-80	Heemskerk (NED)	347
20. de Ruijter Richard	88	08-021	31.10	25m	6-2-05	Zuidoost-Beemster (NED)	344
21. Oortwijn Maarten	80	08-021	31.20	25m	1-5-97	Heemskerk (NED)	341
22. Stins Arnold	83	08-021	31.29	25m	9-1-00	Zuidoost Beemster (NED)	338
23. de Ruijter René	86	08-021	31.48	25m	27-4-03	Zaandam	332
24. Essers Tim	88	08-021	31.69	25m	29-12-05	Maastricht (NED)	325
25. Kramer Vincent	82	08-021	31.84	25m	25-11-99	Heemskerk	320

100 vlinderslag

1. Hogenstijn Peter	84	08-021	1:00.84	25m	22-2-01	Heemskerk (NED)	493
2. Kleijne Barry	93	08-021	1:03.35	25m	20-5-10	Heemskerk (NED)	437
3. Glorie Daan	88	08-021	1:03.72	25m	28-12-05	Maastricht (NED)	429
4. Jongert Sjoerd	01	08-021	1:04.13	25m	30-12-18	Leeuwarden (NED)	421
5. Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
6. Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
7. Camphuijnder Jasper	05	08-021	1:06.77	25m	22-5-22	Hoofddorp (NED)	373
8. Offringa Rick	03	08-021	1:07.22	25m	30-1-20	Heemskerk (NED)	365
9. van de Poll Kevin	86	08-021	1:07.51	25m	28-12-03	Maastricht (NED)	361
10. Essers Tim	88	08-021	1:07.94	25m	24-4-05	Zaandam (NED)	354
11. van der Gracht Jory	87	08-021	1:08.07	25m	25-1-04	Zaandam	352
12. Meijer Arno	75	08-021	1:08.20	25m	13-12-92	Heemskerk (NED)	350
13. Crok Pieter	91	08-021	1:09.66	25m	13-1-08	Heemskerk (NED)	328
14. Stins Arnold	83	08-021	1:10.21	25m	17-2-00	Heemskerk (NED)	321
15. Kuilman Joris	80	08-021	1:10.70	25m	26-10-97	Heemskerk (NED)	314
16. de Ruijter Richard	88	08-021	1:10.95	25m	30-10-05	Amsterdam (NED)	311
17. Oortwijn Kalle	05	08-021	1:10.99	25m	24-4-22	Den Helder (NED)	310
18. Gaal Roel	01	08-021	1:11.01	25m	4-2-18	Purmerend (NED)	310
19. Groen Jarno	01	08-021	1:11.15	25m	4-2-18	Purmerend (NED)	308
20. Kemmeren Ferry	91	08-021	1:11.29	25m	23-3-08	Haarlem (NED)	306
21. van Rookhuizen Barry	82	08-021	1:11.34	25m	5-4-99	Haarlem (NED)	306
22. Kranenburg Fred	63	08-021	1:11.90	25m	30-11-80	Heemskerk (NED)	299
22. Oortwijn Maarten	80	08-021	1:11.90	25m	31-3-97	Haarlem (NED)	299
24. Krijger Jan-Willem	81	08-021	1:12.60	25m	13-4-98	Haarlem (NED)	290
25. Kramer Vincent	82	08-021	1:13.10	25m	21-1-99	Heemskerk (NED)	284

200 vlinderslag

1. Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
2. Glorie Daan	88	08-021	2:26.65	25m	24-11-05	Heemskerk (NED)	405
3. Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
4. Jongert Sjoerd	01	08-021	2:30.67	25m	17-11-18	Hoofddorp (NED)	374
5. Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
6. Butter Martijn	79	08-021	2:37.50	50m	11-5-96	Beverwijk (NED)	354
7. van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
8. Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
9. Camphuijnder Jasper	05	08-021	2:40.70	25m	3-4-22	Haarlem (NED)	308
10. van der Gracht Jory	87	08-021	2:42.04	25m	25-11-04	Heemskerk (NED)	300
11. Essers Tim	88	08-021	2:47.86	25m	15-5-05	Zuidoost-Beemster (NED)	270
12. de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
13. de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246
14. Offringa Rick	03	08-021	2:54.24	50m	8-3-20	Amsterdam (NED)	262
15. Crok Pieter	91	08-021	2:57.28	25m	31-1-08	Heemskerk (NED)	229
16. Kemmeren Ferry	91	08-021	3:00.31	25m	31-1-08	Heemskerk (NED)	218
17. Krijger Jan-Willem	81	08-021	3:01.20	25m	29-3-98	Heemstede (NED)	215
18. Bok Reitze	73	08-021	3:03.10	25m	8-4-90	Volendam (NED)	208
19. Butter Joris	86	08-021	3:04.27	25m	27-11-03	Heemskerk (NED)	204
20. Groen Jarno	01	08-021	3:05.75	50m	21-1-18	Alkmaar (NED)	216
21. Korzelius Ron	65	08-021	3:14.40	25m	18-4-82		174
22. de Ruijter René	86	08-021	3:16.63	25m	27-11-03	Heemskerk (NED)	168
23. Hoenink Jarl	86	08-021	3:18.96	25m	27-11-03	Heemskerk (NED)	162
24. Wolf Gert Jan	65	08-021	3:28.90	25m	18-4-82		140
25. de Vries Dylan	93	08-021	3:38.56	25m	18-2-10	Heemskerk (NED)	122

1000 vlinderslag

1. Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)	
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100 wisselslag

1. Hogenstijn Peter	84	08-021	1:06.03	25m	26-4-01	Heemskerk (NED)	442
2. Kleijne Barry	93	08-021	1:06.56	25m	30-12-10	Maastricht (NED)	431
3. Jongert Sjoerd	01	08-021	1:06.98	25m	29-12-18	Leeuwarden (NED)	423
4. Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
5. Oortwijn Kalle	05	08-021	1:08.15	25m	30-10-22	Heemskerk (NED)	402
6. Glorie Daan	88	08-021	1:08.53	25m	30-12-05	Maastricht (NED)	395
6. Essers Tim	88	08-021	1:08.53	25m	30-12-05	Maastricht (NED)	395
8. Meijer Arno	75	08-021	1:08.70	25m	18-6-92	Heemskerk	392
9. Camphuijnder Jasper	05	08-021	1:08.72	25m	30-10-22	Heemskerk (NED)	392
10. van de Poll Kevin	86	08-021	1:08.77	25m	28-12-03	Maastricht (NED)	391
10. Crok Pieter	91	08-021	1:08.77	25m	6-1-08	Alkmaar (NED)	391
12. de Ruijter Richard	88	08-021	1:08.94	25m	9-1-05	Zuidoost Beemster (NED)	388
13. Butter Martijn	79	08-021	1:09.10	25m	27-10-96	Zaandam (NED)	385
14. Gaal Roel	01	08-021	1:09.19	25m	17-5-18	Heemskerk (NED)	384
15. Kranenburg Fred	63	08-021	1:09.20	25m	31-5-80	Heemskerk (NED)	384
16. Keessen Jeroen	67	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	382
17. Di Mattia Angelo	97	08-021	1:10.47	25m	7-12-14	Heemskerk (NED)	363
17. Gaal Koen	99	08-021	1:10.47	25m	29-12-16	Leeuwarden (NED)	363
19. van Rookhuizen Barry	82	08-021	1:10.53	25m	17-10-99	Zaandam (NED)	362
20. Ayari Adam	08	08-021	1:10.79	25m	12-10-25	Heemskerk (NED)	358
21. van der Gracht Jory	87	08-021	1:10.81	25m	11-1-04	Zuidoostbeemster (NED)	358

100 wisselslag (sinds 22)

22. Steenbergen Roderik	82	08-021	1:11.00	25m	14-11-99	Zaandam (NED)	355
23. de Wit Stephen	93	08-021	1:11.05	25m	25-4-10	Alkmaar (NED)	354
24. Kramer Vincent	82	08-021	1:11.29	25m	17-10-99	Zaandam (NED)	351
25. Kuilman Joris	80	08-021	1:11.60	25m	5-10-97	Zaandam (NED)	346

200 wisselslag

1. Hogenstijn Peter	84	08-021	2:22.35	25m	25-10-01	Heemskerk	456
2. Kleijne Barry	93	08-021	2:25.86	25m	12-9-10	Zaandam (NED)	424
3. Glorie Daan	88	08-021	2:26.68	25m	27-11-05	Heemskerk (NED)	417
4. Butter Martijn	79	08-021	2:27.10	25m	12-12-96	Heemskerk (NED)	413
5. Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoorn (NED)	413
6. Offringa Rick	03	08-021	2:27.17	25m	12-1-20	Purmerend (NED)	413
7. Camphuijnder Jasper	05	08-021	2:27.56	25m	23-10-22	Hoofddorp (NED)	410
8. Jongert Sjoerd	01	08-021	2:27.74	25m	4-2-18	Purmerend (NED)	408
9. Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
10. Meijer Arno	75	08-021	2:28.70	25m	5-4-92	Heemskerk (NED)	400
11. de Ruijter Richard	88	08-021	2:32.66	25m	28-4-05	Heemskerk (NED)	370
12. Stins Arnold	83	08-021	2:32.71	25m	26-10-00	Heemskerk (NED)	369
13. Kerkhof Arno	72	08-021	2:33.20	25m	19-2-89	Heemskerk (NED)	366
14. Oortwijn Kalle	05	08-021	2:33.72	25m	23-10-22	Hoofddorp (NED)	362
15. Gaal Roel	01	08-021	2:33.84	25m	4-2-18	Purmerend (NED)	361
16. van der Gracht Jory	87	08-021	2:34.21	25m	29-1-04	Heemskerk (NED)	359
17. Oudendijk Paul	81	08-021	2:34.70	25m	26-11-98	Heemskerk (NED)	355
18. de Wit Stephen	93	08-021	2:34.75	25m	14-11-10	Castricum (NED)	355
19. Keessen Jeroen	67	08-021	2:34.90	25m	2-9-84	Heemskerk (NED)	354
20. Steenbergen Roderik	82	08-021	2:35.89	25m	4-11-99	Heemskerk (NED)	347
21. Kranenburg Fred	63	08-021	2:37.00	25m	27-1-80	Zaandam (NED)	340
21. Kuilman Joris	80	08-021	2:37.00	25m	6-11-97	Heemskerk (NED)	340
23. de Vries Allard	96	08-021	2:38.15	25m	10-11-13	Zaandam (NED)	333
24. van de Poll Kevin	86	08-021	2:38.16	25m	9-11-03	Zaandam	333
25. Hoenink Jarl	86	08-021	2:38.62	25m	30-1-03	Heemskerk	330

300 wisselslag

1. van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)	
2. van der Gracht Jory	87	08-021	4:03.92	25m	19-12-04	Heemskerk (NED)	
3. Hoenink Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)	
4. Crok Pieter	91	08-021	4:13.51	25m	9-11-08	Zaandam (NED)	
5. Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)	
6. de Ruijter René	86	08-021	4:46.04	25m	30-11-03	Heemskerk (NED)	

400 wisselslag

1. Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
2. Butter Martijn	79	08-021	5:15.50	25m	17-3-96	Heemskerk (NED)	415
3. Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
4. Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
5. Glorie Daan	88	08-021	5:20.50	25m	1-5-05	Zaandam (NED)	396
6. Offringa Rick	03	08-021	5:26.92	50m	22-2-20	Den Haag (NED)	414
7. Crok Pieter	91	08-021	5:29.98	25m	3-2-08	Zaandam (NED)	363
8. Jongert Sjoerd	01	08-021	5:36.91	50m	25-3-18	Alkmaar (NED)	379
9. de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336
10. van der Gracht Jory	87	08-021	5:42.97	25m	29-2-04	Wormerveer	323
11. Kramer Vincent	82	08-021	5:54.90	25m	21-1-99	Heemskerk (NED)	292
12. Kuijper Alex	08	08-021	5:56.78	25m	2-3-25	Amsterdam (NED)	287
13. van Duin Peter	65	08-021	6:03.70	25m	28-2-82		271
14. Plokker Robert	65	08-021	6:07.10	25m	3-4-82	Heemskerk (NED)	264
15. van Rookhuizen Barry	82	08-021	6:07.91	25m	21-3-99	Assendelft (NED)	262
16. Korzelius Ron	65	08-021	6:08.60	25m	28-2-82		260
17. Ayari Adam	08	08-021	6:27.22	25m	2-2-25	Den Helder (NED)	224
18. Schoonakker Mick	07	08-021	6:30.70	25m	10-3-24	Purmerend (NED)	218
19. Wolf Gert Jan	65	08-021	6:36.50	25m	3-4-82	Heemskerk (NED)	209
20. Schillemans Bram	99	08-021	6:41.90	25m	9-10-16	Alkmaar (NED)	201
21. Paap Jaidy	08	08-021	6:48.56	25m	2-2-25	Den Helder (NED)	191