

15m vlinderslag benen onderwater

1. Meijer Viggo	06	08-021	18.53	25m	15-12-19	Haarlem (NED)
2. Ayari Adam	08	08-021	21.13	25m	29-9-19	Haarlem (NED)
3. Butter Stijn	11	08-021	25.47	25m	15-12-19	Haarlem (NED)

25m vrije slag met koprol

1. Butter Stijn	11	08-021	30.27	25m	29-9-19	Haarlem (NED)
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25m rugslag start

1. Butter Stijn	11	08-021	26.23	25m	15-12-19	Haarlem (NED)
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50m borstcrawl benen

1. Blaauw Xam	07	08-021	55.87	25m	19-1-20	Zaandam (NED)
2. Ayari Adam	08	08-021	56.43	25m	19-1-20	Zaandam (NED)
3. van Tilburg Beau	07	08-021	1:06.45	25m	19-1-20	Zaandam (NED)
4. Butter Stijn	11	08-021	1:08.78	25m	29-9-19	Haarlem (NED)

100m borstcrawl benen**25 vrije slag**

1. Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2. Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
2. Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
4. Camphuijnder Wilko	69	08-021	11.70	25m	12-2-98	Heemskerk (NED)	475
5. Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
6. Oudendijk Paul	81	08-021	11.98	25m	4-3-06	Aberdeen (GBR)	442
7. Jongert Jeroen	96	08-021	12.01	25m	7-7-22	Heemskerk (NED)	439
8. Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
8. Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
10. Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
11. Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
12. Haack Stefan	82	08-021	12.43	25m	23-6-24	Krommenie (NED)	396
13. Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
14. Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
15. Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
16. Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
17. Druyven Jorrick	94	08-021	12.52	25m	29-5-08	Heemskerk (NED)	387
18. Oortwijn Kalle	05	08-021	12.55	25m	7-7-22	Heemskerk (NED)	385
19. Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
19. van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
21. de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
22. Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
23. Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
24. Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
24. de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367

50 vrije slag

1. Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2. Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3. Gaal Roel	01	08-021	24.86	25m	24-11-19	Hoofddorp (NED)	541
4. Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
5. van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6. Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7. Camphuijnder Wilko	69	08-021	25.60	25m	8-3-98	Zaandam (NED)	495
8. Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
9. Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
10. de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
11. Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478
12. Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
13. Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
13. Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
15. Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
16. Camphuijnder Jasper	05	08-021	26.23	25m	25-6-23	Rotterdam (NED)	460
17. Breton Wouter	89	08-021	26.30	25m	26-9-24	Heemskerk (NED)	457
18. van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
18. Oudendijk Paul	81	08-021	26.32	25m	23-4-06	Zaandam (NED)	456
20. van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
21. Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
22. van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)	442
23. Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
24. Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
25. Oortwijn Kalle	05	08-021	26.67	25m	21-1-23	Hoofddorp (NED)	438

100 vrije slag

1. Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2. Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3. Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4. Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5. Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6. Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
7. Camphuijnder Wilko	69	08-021	55.60	25m	14-12-97	Heemskerk (NED)	528
7. van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
9. Jongert Sjoerd	01	08-021	56.14	25m	24-3-19	Purmerend (NED)	512
10. Camphuijnder Jasper	05	08-021	56.33	25m	9-11-24	Purmerend (NED)	507
11. Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
12. de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
13. Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
14. Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
15. Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
16. Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
17. Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
18. van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoorn (NED)	466
19. Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
20. Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
21. van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
22. van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
23. Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
24. Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
25. Druyven Jorrick	94	08-021	59.07	25m	24-3-08	Haarlem (NED)	440

200 vrije slag

1. Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2. Gaal Roel	01	08-021	1:58.67	25m	23-11-19	Hoofddorp (NED)	587
3. Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
4. Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
5. Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
6. Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
7. Camphuijnder Jasper	05	08-021	2:03.12	25m	2-2-25	Den Helder (NED)	525
8. van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
9. Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
10. Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoorl (NED)	480
11. Gaal Koen	99	08-021	2:07.43	25m	12-1-25	Heemskerk (NED)	474
12. Oudendijk Paul	81	08-021	2:07.98	25m	3-2-07	Aberdeen (GBR)	468
13. van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
14. Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
15. Camphuijnder Wilko	69	08-021	2:09.20	25m	6-4-97	Heemskerk (NED)	454
16. Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
17. de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
18. Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
19. Druyven Jorrick	94	08-021	2:09.96	25m	9-3-08	Heemskerk (NED)	447
20. Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
21. van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
22. Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
23. Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
24. Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
25. Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416

250 vrije slag**300 vrije slag**

1. Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2. Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)	471
3. Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
4. Druyven Jorrick	94	08-021	3:26.39	25m	25-1-08	Terneuzen (NED)	430
5. Camphuijnder Jasper	05	08-021	3:26.43	25m	20-4-25	Haarlem (NED)	429
6. van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
7. Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
8. Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
9. Jongert Sjoerd	01	08-021	3:29.00	25m	6-10-24	Den Helder (NED)	414
10. Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoorl (NED)	398
11. van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
12. Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
13. Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
14. van der Gracht Jory	87	08-021	3:35.98	25m	14-5-16	Purmerend (NED)	375
15. Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
16. Oudendijk Paul	81	08-021	3:41.56	25m	14-10-07	Zaandam (NED)	347
17. Dekker Ruben	93	08-021	3:43.33	25m	27-1-06	Dordrecht (NED)	339
18. Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
19. van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
20. de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
21. Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
22. Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307

300 vrije slag (sinds 23)

23. Hoenink Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
24. Butter Stijn	11	08-021	3:52.67	25m	12-1-25	Heemskerk (NED)	300
25. Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286

400 vrije slag

1. Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2. Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3. Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4. Druyven Jorrick	94	08-021	4:29.62	25m	12-5-08	Purmerend (NED)	487
5. Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
6. Oudendijk Paul	81	08-021	4:30.18	25m	4-10-09	Amsterdam-oost (NED)	484
7. Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
8. Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
9. Camphuijnder Jasper	05	08-021	4:34.62	25m	20-4-25	Haarlem (NED)	461
10. Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
11. Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
12. van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
13. van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
14. Camphuijnder Wilko	69	08-021	4:40.20	25m	26-10-97	Heemskerk (NED)	434
15. Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
16. Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
17. Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
18. Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
19. Jongert Sjoerd	01	08-021	4:44.94	25m	6-10-24	Den Helder (NED)	413
20. van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
21. Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
22. de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
23. Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
24. Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
25. Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376

500 vrije slag**800 vrije slag**

1. Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2. Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
3. Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
4. Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
5. Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
6. Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
7. Druyven Jorrick	94	08-021	9:40.09	25m	30-3-08	Zaandam (NED)	446
8. Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
9. Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
10. Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423
11. Dekker Matthijs	90	08-021	10:02.56	25m	17-10-04	Zaandam (NED)	398
12. Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
13. van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
14. Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
15. Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
16. Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
17. Steenbergen Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356

800 vrije slag (sinds 18)

18. de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
19. Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
20. van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
21. Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
22. Butter Stijn	11	08-021	10:38.61	25m	2-3-25	Amsterdam (NED)	334
23. Gaal Roel	01	08-021	10:40.87	25m	18-10-15	Zaandam (NED)	331
24. Oortwijn Kalle	05	08-021	10:41.38	25m	23-10-22	Hoofddorp (NED)	330
25. Essers Tim	88	08-021	10:44.91	25m	10-2-02	Zaandam	325

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2. Druyven Jorrick	94	08-021	18:07.48	25m	30-3-08	Zaandam (NED)	474
3. Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
4. Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
6. Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
7. Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
8. Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
9. Dekker Matthijs	90	08-021	19:08.18	25m	14-11-04	Heemskerk (NED)	402
10. Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
11. van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
12. Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
13. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
13. Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
15. Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
16. van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
17. Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
18. de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
19. Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
20. Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
21. Essers Tim	88	08-021	20:11.97	25m	1-12-02	Heemskerk	342
22. de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336
23. Steenbergen Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
24. Hoenink Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310
25. Gaal Koen	99	08-021	20:59.91	25m	8-2-15	Zaandam (NED)	304

2000 vrije slag

1. Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2. Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
3. Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
4. Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
5. Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
6. Oudendijk Paul	81	08-021	25:11.78	25m	29-1-06	Zaandam (NED)	418
7. Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
8. Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
9. van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
10. Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
11. Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
12. Tijms Stefan	93	08-021	27:31.52	25m	13-2-11	Zaandam (NED)	320
13. Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
14. Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
15. Hoenink Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
16. Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
17. Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
18. Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287
19. de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
20. Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259
21. Hoenink Sten	84	08-021	32:11.05	25m	5-3-00	Zaandam (NED)	200
22. de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag

1. Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2. Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
3. Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
4. Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
5. Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5. Oudendijk Paul	81	08-021	14.60	25m	29-5-08	Heemskerk (NED)	357
7. Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
8. Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	343
9. Oortwijn Kalle	05	08-021	14.81	25m	7-7-22	Heemskerk (NED)	342
10. Druyven Jorrick	94	08-021	14.87	25m	29-5-08	Heemskerk (NED)	338
10. Jongert Jeroen	96	08-021	14.87	25m	7-7-22	Heemskerk (NED)	338
12. Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
12. Camphuijnder Wilko	69	08-021	14.90	25m	15-1-98	Heemskerk (NED)	336
14. Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
15. Butter Martijn	79	08-021	15.00	25m	19-4-07	Heemskerk (NED)	329
16. Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
17. Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
17. Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
19. Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
20. Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
21. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
21. Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292
23. Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
24. Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
25. Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287

50 rugslag

1. Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2. Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3. Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
4. Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
5. Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
6. Breton Wouter	89	08-021	29.86	25m	8-5-25	Heemskerk (NED)	412
7. de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
8. Oortwijn Kalle	05	08-021	30.23	25m	17-3-22	Heemskerk (NED)	397
9. Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
10. van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
11. Camphuijnder Jasper	05	08-021	30.54	25m	27-10-24	Zaandam (NED)	385
12. Blaauw Mica	05	08-021	30.57	25m	8-5-25	Heemskerk (NED)	384
13. Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
14. Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
15. van der Linden René	70	08-021	30.90	25m	10-11-85		371
16. Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
17. Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
18. Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)	361
19. Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
20. Druyven Jorrick	94	08-021	31.26	25m	10-2-08	Purmerend (NED)	359
21. Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
22. Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)	353
23. Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
24. Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
25. Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344

100 rugslag

1. Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2. Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3. Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4. Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5. Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
6. Breton Wouter	89	08-021	1:03.57	25m	6-4-25	Purmerend (NED)	455
7. Camphuijnder Wilko	69	08-021	1:05.30	25m	14-12-97	Heemskerk (NED)	419
8. Camphuijnder Jasper	05	08-021	1:05.44	25m	24-10-24	Heemskerk (NED)	417
9. de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
10. Gaal Roel	01	08-021	1:05.63	25m	21-9-19	Amsterdam (NED)	413
11. Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
12. Blaauw Mica	05	08-021	1:05.68	25m	6-4-25	Purmerend (NED)	412
13. Oortwijn Kalle	05	08-021	1:05.94	25m	15-12-22	Heemskerk (NED)	407
14. Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
15. Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)	405
16. Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
17. Druyven Jorrick	94	08-021	1:06.59	25m	27-3-08	Heemskerk (NED)	396
18. Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
19. Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
19. Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
21. van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
22. Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
23. van der Gracht Jory	87	08-021	1:07.85	25m	12-12-13	Heemskerk (NED)	374
24. Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
25. van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371

200 rugslag

1. Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2. Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3. Oudendijk Paul	81	08-021	2:13.19	25m	22-1-06	Emmeloord (NED)	498
4. Jongert Jeroen	96	08-021	2:14.08	25m	2-2-25	Den Helder (NED)	488
5. Gaal Koen	99	08-021	2:19.09	25m	2-2-25	Den Helder (NED)	438
6. Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
7. Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
8. Camphuijnder Wilko	69	08-021	2:23.30	25m	8-3-98	Zaandam (NED)	400
9. Breton Wouter	89	08-021	2:24.51	25m	2-2-25	Den Helder (NED)	390
10. Druyven Jorrick	94	08-021	2:25.00	25m	16-3-08	Zaandam (NED)	386
11. Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
12. Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
13. Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
14. Camphuijnder Jasper	05	08-021	2:27.53	25m	23-4-23	Den Helder (NED)	367
15. Oortwijn Kalle	05	08-021	2:28.24	25m	13-3-22	Den Helder (NED)	361
16. de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
17. Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
18. Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
19. Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
20. van der Gracht Jory	87	08-021	2:29.13	25m	16-11-14	Zaandam (NED)	355
21. Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
22. Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
23. Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
24. Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
25. Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337

500 rugslag**25 schoolslag**

1. Haack Stefan	82	08-021	14.41	25m	7-7-22	Heemskerk (NED)	524
2. Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
3. Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
4. Camphuijnder Wilko	69	08-021	15.00	25m	13-3-97	Heemskerk (NED)	464
5. Butter Martijn	79	08-021	15.10	25m	29-5-08	Heemskerk (NED)	455
6. Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
7. Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
7. Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
9. Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
10. Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
11. Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397
12. Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
13. Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
14. de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
15. Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
16. Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
16. Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
18. Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
19. de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
20. Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
21. Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
22. van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
23. Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
24. Hoenink Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
25. Druyven Jorrick	94	08-021	16.50	25m	29-5-08	Heemskerk (NED)	349

50 schoolslag

1. Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2. Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
3. Breton Wouter	89	08-021	31.35	25m	5-6-25	Heemskerk (NED)	522
4. Oudendijk Paul	81	08-021	32.21	25m	23-1-09	Vlissingen (NED)	481
5. Jongert Sjoerd	01	08-021	33.31	25m	12-1-25	Heemskerk (NED)	435
6. Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)	430
7. de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
8. van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
9. Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
10. Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
11. Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
12. de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
13. Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
14. Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
15. Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
16. van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
17. Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
18. Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
18. Camphuijnder Wilko	69	08-021	34.60	25m	10-10-96	Heemskerk (NED)	388
20. Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
21. Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
22. Schaaper Bart	73	08-021	34.80	25m	8-3-87	Zaandam (NED)	381

50 schoolslag (sinds 23)

22. Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
24. Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
25. Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378

100 schoolslag

1. Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2. Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3. Breton Wouter	89	08-021	1:09.09	25m	6-4-25	Purmerend (NED)	521
4. Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
5. de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
6. van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
7. Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
8. Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
9. Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
10. de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
11. Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
12. Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
13. Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
14. Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
15. Camphuijnder Wilko	69	08-021	1:16.10	25m	21-9-97	Alkmaar (NED)	390
15. Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
17. Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
18. Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
19. Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
20. Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
21. van der Gracht Jory	87	08-021	1:16.74	25m	31-10-13	Heemskerk (NED)	380
22. Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
23. Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376
24. Glorie Daan	88	08-021	1:17.01	25m	26-10-14	Zaandam (NED)	376
25. Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372

200 schoolslag

1. Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2. Oudendijk Paul	81	08-021	2:32.55	25m	18-1-09	Haarlem (NED)	492
3. Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
4. Breton Wouter	89	08-021	2:40.72	25m	9-3-25	Purmerend (NED)	420
5. Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
6. de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
7. Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
8. de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
9. Glorie Daan	88	08-021	2:45.33	25m	18-1-15	Zaandam (NED)	386
10. Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
11. Camphuijnder Wilko	69	08-021	2:45.80	25m	9-10-97	Heemskerk (NED)	383
12. van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
13. van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
14. Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
15. Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
16. Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
17. Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
18. Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
19. Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353

200 schoolslag (sinds 20)

20. Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
21. Gaal Koen	99	08-021	2:50.91	25m	9-3-25	Purmerend (NED)	349
22. Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346
23. van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
24. Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
25. Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344

250 schoolslag**500 schoolslag****800 schoolslag**

1. Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)	
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1000 schoolslag**1250 schoolslag****1500 schoolslag**

1. Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)	
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2000 schoolslag**2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Jongert Jeroen	96	08-021	12.44	25m	7-7-22	Heemskerk (NED)	504
2. Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2. Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
4. Camphuijnder Wilko	69	08-021	12.80	25m	15-1-98	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
6. Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
7. van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
8. Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)	437
8. Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
10. Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
11. Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
12. Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
13. van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
14. Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
15. Druyven Jorrick	94	08-021	13.45	25m	29-5-08	Heemskerk (NED)	398

25 vlinderslag (sinds 16)

16. Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
17. Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
18. Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
19. Camphuijnder Jasper	05	08-021	13.57	25m	7-7-22	Heemskerk (NED)	388
20. van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
21. Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
22. Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
23. de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
24. Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
25. Oortwijn Kalle	05	08-021	13.90	25m	7-7-22	Heemskerk (NED)	361

50 vlinderslag

1. Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2. Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3. Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4. Camphuijnder Jasper	05	08-021	27.61	25m	24-10-24	Heemskerk (NED)	492
5. Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
6. Gaal Roel	01	08-021	27.96	25m	2-2-25	Den Helder (NED)	473
7. Jongert Sjoerd	01	08-021	28.07	25m	27-10-24	Zaandam (NED)	468
8. Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
9. van der Gracht Jory	87	08-021	28.52	25m	3-3-13	Purmerend (NED)	446
10. Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
11. van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
12. Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
13. de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
14. Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
15. Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
16. Breton Wouter	89	08-021	29.25	25m	2-2-25	Den Helder (NED)	413
17. Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
17. Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
19. Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403
20. Druyven Jorrick	94	08-021	29.52	25m	24-3-08	Haarlem (NED)	402
21. Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
22. Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
23. Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
24. Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
25. van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375

100 vlinderslag

1. Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2. Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3. Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4. Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
5. Camphuijnder Wilko	69	08-021	1:01.20	25m	16-11-97	Zaandam (NED)	484
6. Camphuijnder Jasper	05	08-021	1:01.95	25m	12-1-25	Heemskerk (NED)	467
7. Jongert Sjoerd	01	08-021	1:02.58	25m	24-1-19	Heemskerk (NED)	453
8. van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
9. Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
10. Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
11. Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
12. de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402

100 vlinderslag (sinds 13)

13. Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
14. Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
15. Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
16. van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
17. Gaal Roel	01	08-021	1:06.06	25m	3-11-19	Purmerend (NED)	385
18. Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
19. Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
20. Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
21. Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
22. Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
23. Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
24. Breton Wouter	89	08-021	1:08.31	25m	12-1-25	Heemskerk (NED)	348
25. Druyven Jorrick	94	08-021	1:08.39	25m	15-12-07	Heemskerk (NED)	347

200 vlinderslag

1. Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2. Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
3. Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
4. van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
5. Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
6. Druyven Jorrick	94	08-021	2:26.21	25m	16-3-08	Zaandam (NED)	409
7. Jongert Sjoerd	01	08-021	2:27.30	25m	6-4-25	Purmerend (NED)	400
8. Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
9. Camphuijnder Jasper	05	08-021	2:30.72	25m	16-2-25	Haarlem (NED)	373
10. Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
11. Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
12. van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
13. Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
14. Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
15. Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
16. Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
17. Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
18. Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
19. van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
20. Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
21. Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
22. de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
23. Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
24. Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
25. de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246

1000 vlinderslag

1. Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)
2. Jongert Jeroen	96	08-021	15:22.75	25m	7-1-24	Haarlem (NED)
3. Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)

100 wisselslag

1. Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2. Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3. Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
4. Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
5. Jongert Sjoerd	01	08-021	1:03.79	25m	8-5-25	Heemskerk (NED)	490
6. Gaal Roel	01	08-021	1:04.20	25m	24-11-19	Hoofddorp (NED)	480
7. Oudendijk Paul	81	08-021	1:04.36	25m	25-2-06	Hoorn (NED)	477
8. Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
9. Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
10. Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
11. van der Gracht Jory	87	08-021	1:06.35	25m	7-1-12	Hoorn (NED)	435
12. de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
13. Butter Martijn	79	08-021	1:06.54	25m	29-5-08	Heemskerk (NED)	431
14. Druyven Jorrick	94	08-021	1:06.58	25m	29-5-08	Heemskerk (NED)	431
15. Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
16. Camphuijnder Jasper	05	08-021	1:07.04	25m	27-10-24	Zaandam (NED)	422
17. Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
18. Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
19. Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
20. van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
20. Oortwijn Kalle	05	08-021	1:07.95	25m	21-1-23	Hoofddorp (NED)	405
22. Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404
23. Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	IJmuiden (NED)	400
24. Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
25. van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396

200 wisselslag

1. Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2. Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3. Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4. Oudendijk Paul	81	08-021	2:18.77	25m	22-1-06	Emmeloord (NED)	493
5. Jongert Sjoerd	01	08-021	2:20.99	25m	10-2-19	Purmerend (NED)	470
6. Camphuijnder Wilko	69	08-021	2:21.20	25m	6-4-97	Heemskerk (NED)	468
7. Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
8. Breton Wouter	89	08-021	2:22.22	25m	9-3-25	Purmerend (NED)	458
9. van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
10. Gaal Roel	01	08-021	2:24.27	25m	3-11-19	Purmerend (NED)	438
11. Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
12. Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
13. Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
14. Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
15. de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
16. Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
17. Druyven Jorrick	94	08-021	2:26.61	25m	24-3-08	Haarlem (NED)	418
18. Camphuijnder Jasper	05	08-021	2:26.73	25m	29-1-23	Heemskerk (NED)	417
19. Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoorn (NED)	413
20. Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
21. Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
22. Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
23. van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
24. Oortwijn Kalle	05	08-021	2:29.34	25m	29-1-23	Heemskerk (NED)	395
25. van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390

300 wisselslag

1. Oudendijk Paul	81	08-021	3:44.15	25m	9-12-07	Zaandam (NED)
2. van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)
3. Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)
4. Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam
5. Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
6. Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam
7. Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)
8. de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)
9. van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)
10. Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)
11. Dekker Matthijs	90	08-021	4:02.55	25m	19-12-04	Heemskerk (NED)
12. Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
13. Essers Tim	88	08-021	4:04.54	25m	24-11-02	Amsterdam
14. Hoenink Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)
15. Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)
16. Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)
17. Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)
18. Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)
19. Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)
20. Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
21. Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
22. Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)
23. van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam
24. Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
25. Tijms Stefan	93	08-021	4:44.57	25m	9-12-07	Zaandam (NED)

400 wisselslag

1. Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2. Jongert Jeroen	96	08-021	5:00.89	25m	12-1-25	Heemskerk (NED)	479
3. Oudendijk Paul	81	08-021	5:01.76	25m	19-2-06	Zaandam (NED)	475
4. Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
5. Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
6. van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
7. Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
8. Druyven Jorrick	94	08-021	5:13.58	25m	30-3-08	Zaandam (NED)	423
9. Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
10. Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
11. Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
12. Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
13. Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
14. Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
15. Jongert Sjoerd	01	08-021	5:27.25	25m	19-3-17	Zaandam (NED)	372
16. Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
17. Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
18. Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
19. van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
20. Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
21. Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
22. de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
23. de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336
24. Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
25. Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332