

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Stel Serena	98	08-021	33.36	50m	28-11-09	Eindhoven (NED)	357
2. Hoekstra Eline	03	08-021	35.74	50m	29-11-14	Beverwijk (NED)	290
3. Bos Marieke	06	08-021	36.23	50m	9-12-17	Beverwijk (NED)	278
4. Petit Kirsten	00	08-021	36.53	50m	3-12-11	Beverwijk (NED)	272
5. Visser Shana	04	08-021	36.86	50m	5-12-15	Beverwijk (NED)	264
6. Buur Naomi	01	08-021	37.21	50m	24-11-12	Beverwijk (NED)	257
7. de Vriend Sofie	01	08-021	37.43	50m	24-11-12	Beverwijk (NED)	252
8. Koper Fiona	01	08-021	37.88	50m	24-11-12	Beverwijk (NED)	243
9. de Boer Maia	03	08-021	38.14	50m	29-11-14	Beverwijk (NED)	239
10. Blaauw Yente	03	08-021	38.25	50m	29-11-14	Beverwijk (NED)	236
11. de Wildt Maud	05	08-021	38.70	50m	3-12-16	Beverwijk (NED)	228
12. Hoffland Yasmin	01	08-021	38.73	50m	24-11-12	Beverwijk (NED)	228
13. Palmboom Nicole	91	08-021	39.31	50m	20-10-02	Beverwijk (NED)	218
14. Scholten Britt	04	08-021	39.81	50m	5-12-15	Beverwijk (NED)	210
15. Wentink Yara	04	08-021	40.17	50m	5-12-15	Beverwijk (NED)	204
16. Schelvis Liselot	92	08-021	40.78	50m	12-10-03	Beverwijk (NED)	195
17. Siemerink Laura	04	08-021	42.73	50m	5-12-15	Beverwijk (NED)	169
18. Ardicyaka Irem	06	08-021	43.38	50m	9-12-17	Beverwijk (NED)	162
19. Knight Kayleigh	00	08-021	43.97	50m	3-12-11	Beverwijk (NED)	156
20. de Haan Shira	00	08-021	44.02	50m	9-4-11	Eindhoven (NED)	155
21. Koper Ella	90	08-021	45.74	50m	21-10-01	Beverwijk (NED)	138
22. Liefing Marielle	90	08-021	50.64	50m	21-10-01	Beverwijk (NED)	102
23. Buur Cindy	99	08-021	53.82	50m	4-12-10	Beverwijk (NED)	85
24. van Roon Jill	14	08-021	56.27	50m	22-6-25	Bückeburg (GER)	74

100 vrije slag

1. Stel Serena	98	08-021	1:08.90	50m	28-11-09	Eindhoven (NED)	422
2. Schelvis Roos	86	08-021	1:16.30	50m	24-5-97	Beverwijk (NED)	311
3. Dijkstra Lisette	86	08-021	1:16.90	50m	24-5-97	Beverwijk (NED)	304
4. Schelvis Femke	84	08-021	1:17.50	50m	13-5-95	Beverwijk (NED)	297
5. Crok Linda	94	08-021	1:17.57	50m	17-4-05	Beverwijk (NED)	296
6. Bos Marieke	06	08-021	1:20.28	50m	18-6-17	Bergbad Bückeburg (GER)	267
7. de Vriend Sofie	01	08-021	1:20.69	50m	14-4-12	Eindhoven (NED)	263
8. Visser Kelly	89	08-021	1:21.69	50m	7-5-00	Beverwijk (NED)	253
9. Hoekstra Eline	03	08-021	1:22.14	50m	3-6-14	Beverwijk (NED)	249
10. Mallon Danique	94	08-021	1:23.34	50m	17-4-05	Beverwijk (NED)	238

100 vrije slag (sinds 11)

11. Koopman Anitra	89	08-021	1:23.54	50m	7-5-00	Beverwijk (NED)	237
12. Koper Fiona	01	08-021	1:24.45	50m	4-3-12	Amsterdam (NED)	229
13. Buur Naomi	01	08-021	1:25.02	50m	14-4-12	Eindhoven (NED)	224
14. de Haan Shira	00	08-021	1:29.17	50m	9-4-11	Eindhoven (NED)	195
15. Hoorn Linsey	94	08-021	1:29.26	50m	17-4-05	Beverwijk (NED)	194
16. Petit Kirsten	00	08-021	1:29.70	50m	9-4-11	Eindhoven (NED)	191
17. Essers Sanne	91	08-021	1:31.91	50m	21-4-02	Beverwijk (NED)	178
18. Gijzen-van der Kroft Nicole	84	08-021	1:32.60	50m	11-6-95	Beverwijk (NED)	174
19. van Koeveringe Nicole	93	08-021	1:32.78	50m	25-4-04	Beverwijk (NED)	173
20. de Boer Maia	03	08-021	1:33.48	50m	21-6-14	Beverwijk (NED)	169
21. van der Gracht Anouk	89	08-021	1:33.68	50m	7-5-00	Beverwijk (NED)	168
22. Hoek Daniëlle	88	08-021	1:33.93	50m	2-5-99	Beverwijk (NED)	166
23. Lifting Sarina	93	08-021	1:35.37	50m	25-4-04	Beverwijk (NED)	159
24. Siemerink Laura	04	08-021	1:37.29	50m	20-6-15	Beverwijk (NED)	150
25. Sobh Shaime	03	08-021	1:37.72	50m	21-6-14	Beverwijk (NED)	148

200 vrije slag

1. Stel Serena	98	08-021	2:32.68	50m	5-7-09	Dordrecht (NED)	405
2. Bos Marieke	06	08-021	2:56.56	50m	2-7-17	Dordrecht (NED)	262

250 vrije slag**300 vrije slag****400 vrije slag**

1. Stel Serena	98	08-021	5:19.98	50m	5-7-09	Dordrecht (NED)	403
2. Schelvis Femke	84	08-021	5:57.60	50m	28-5-95	Beverwijk (NED)	289
3. Bos Marieke	06	08-021	6:03.63	50m	2-7-17	Dordrecht (NED)	274
4. Schelvis Roos	86	08-021	6:06.80	50m	1-6-97	Beverwijk (NED)	267
5. Dijkstra Lisette	86	08-021	6:07.00	50m	1-6-97	Beverwijk (NED)	267

500 vrije slag**800 vrije slag****1000 vrije slag****1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag**

4000 vrije slag**5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Stel Serena	98	08-021	38.83	50m	5-12-09	Beverwijk (NED)	338
2. Koper Fiona	01	08-021	40.60	50m	24-11-12	Beverwijk (NED)	296
3. de Vriend Sofie	01	08-021	41.32	50m	24-11-12	Beverwijk (NED)	280
4. Hoekstra Eline	03	08-021	41.65	50m	29-11-14	Beverwijk (NED)	274
5. Buur Naomi	01	08-021	41.67	50m	24-11-12	Beverwijk (NED)	273
6. Visser Shana	04	08-021	43.76	50m	5-12-15	Beverwijk (NED)	236
7. Blaauw Yente	03	08-021	43.79	50m	29-11-14	Beverwijk (NED)	235
8. Petit Kirsten	00	08-021	43.91	50m	3-12-11	Beverwijk (NED)	234
9. Scholten Britt	04	08-021	45.16	50m	5-12-15	Beverwijk (NED)	215
10. Wentink Yara	04	08-021	45.51	50m	5-12-15	Beverwijk (NED)	210
11. de Wildt Maud	05	08-021	46.13	50m	3-12-16	Beverwijk (NED)	201
12. de Boer Maia	03	08-021	46.82	50m	29-11-14	Beverwijk (NED)	193
13. Siemerink Laura	04	08-021	47.09	50m	5-12-15	Beverwijk (NED)	189
14. Ardicyaka Irem	06	08-021	49.70	50m	9-12-17	Beverwijk (NED)	161
15. Knight Kayleigh	00	08-021	50.21	50m	3-12-11	Beverwijk (NED)	156
16. Schelvis Liselot	92	08-021	51.77	50m	12-10-03	Beverwijk (NED)	142
17. Buur Cindy	99	08-021	58.74	50m	4-12-10	Beverwijk (NED)	97
18. van Roon Jill	14	08-021	1:00.57	50m	21-6-25	Bückeburg (GER)	89

100 rugslag

1. Schelvis Femke	84	08-021	1:24.20	50m	20-5-95	Beverwijk (NED)	328
2. Stel Serena	98	08-021	1:24.23	50m	28-11-09	Eindhoven (NED)	328
3. Schelvis Roos	86	08-021	1:25.70	50m	24-5-97	Beverwijk (NED)	311
4. Koopman Anitra	89	08-021	1:29.40	50m	7-5-00	Beverwijk (NED)	274
5. de Vriend Sofie	01	08-021	1:29.70	50m	4-3-12	Amsterdam (NED)	271
6. Dijkstra Lisette	86	08-021	1:30.60	50m	24-5-97	Beverwijk (NED)	263
7. Visser Kelly	89	08-021	1:30.66	50m	22-10-00	Beverwijk (NED)	263
8. Koper Fiona	01	08-021	1:30.75	50m	14-4-12	Eindhoven (NED)	262
9. Zwarthoed Brenda	96	08-021	1:31.09	50m	2-6-07	Beverwijk (NED)	259
10. Essers Sanne	91	08-021	1:31.46	50m	21-4-02	Beverwijk (NED)	256
11. Gijzen-van der Kroft Nicole	84	08-021	1:32.70	50m	20-5-95	Beverwijk (NED)	246
12. Crok Linda	94	08-021	1:32.98	50m	17-4-05	Beverwijk (NED)	243

100 rugslag (sinds 13)

13. Buur Naomi	01	08-021	1:34.23	50m	14-4-12	Eindhoven (NED)	234
14. Hoorn Linsey	94	08-021	1:35.42	50m	17-4-05	Beverwijk (NED)	225
15. Mallon Danique	94	08-021	1:36.95	50m	17-4-05	Beverwijk (NED)	215
16. van Ballegooie Simone	84	08-021	1:37.80	50m	20-5-95	Beverwijk (NED)	209
17. Petit Kirsten	00	08-021	1:38.53	50m	9-4-11	Eindhoven (NED)	205
18. van der Gracht Anouk	89	08-021	1:41.06	50m	22-10-00	Beverwijk (NED)	190
19. Liefing Sarina	93	08-021	1:41.79	50m	25-4-04	Beverwijk (NED)	185
20. Hoek Daniëlle	88	08-021	1:43.74	50m	2-5-99	Beverwijk (NED)	175
21. Sobh Shaime	03	08-021	1:48.18	50m	21-6-14	Beverwijk (NED)	154
22. van Koeveringe Nicole	93	08-021	1:49.70	50m	25-4-04	Beverwijk (NED)	148
23. de Boer Maia	03	08-021	1:52.29	50m	21-6-14	Beverwijk (NED)	138
24. Aardenburg Judith	93	08-021	2:00.04	50m	25-4-04	Beverwijk (NED)	113
25. Knight Kayleigh	00	08-021	2:02.68	50m	4-6-11	Beverwijk (NED)	106

200 rugslag

1. Stel Serena	98	08-021	3:01.74	50m	30-5-09	Hagen (GER)	318
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500 rugslag25 schoolslag50 schoolslag

1. Stel Serena	98	08-021	44.98	50m	30-5-09	Hagen (GER)	279
2. Bos Marieke	06	08-021	48.24	50m	18-6-17	Bergbad Bückeburg (GER)	226
3. Hoekstra Eline	03	08-021	48.41	50m	12-4-14	Eindhoven (NED)	223
4. de Boer Maia	03	08-021	49.30	50m	29-11-14	Beverwijk (NED)	212
5. Buur Naomi	01	08-021	49.32	50m	24-11-12	Beverwijk (NED)	211
6. van Huisstede Nikita	01	08-021	50.05	50m	4-3-12	Amsterdam (NED)	202
7. Koper Fiona	01	08-021	50.19	50m	24-11-12	Beverwijk (NED)	200
8. Blaauw Yente	03	08-021	50.37	50m	29-11-14	Beverwijk (NED)	198
9. de Wildt Maud	05	08-021	50.51	50m	3-12-16	Beverwijk (NED)	197
10. de Haan Shira	00	08-021	52.01	50m	9-4-11	Eindhoven (NED)	180
11. Scholten Britt	04	08-021	52.16	50m	5-12-15	Beverwijk (NED)	179
12. Visser Shana	04	08-021	53.21	50m	5-12-15	Beverwijk (NED)	168
13. Siemerink Laura	04	08-021	53.56	50m	5-12-15	Beverwijk (NED)	165
14. Ardicyaka Irem	06	08-021	54.02	50m	9-12-17	Beverwijk (NED)	161
15. Schaefer Lisa	06	08-021	54.03	50m	9-12-17	Beverwijk (NED)	161
16. Wentink Yara	04	08-021	56.99	50m	5-12-15	Beverwijk (NED)	137
17. Buur Cindy	99	08-021	58.00	50m	4-12-10	Beverwijk (NED)	130
18. van Roon Jill	14	08-021	1:00.18	50m	22-6-25	Bückeburg (GER)	116

100 schoolslag

1. Schelvis Roos	86	08-021	1:37.40	50m	9-11-97	Beverwijk (NED)	285
2. Teufer Irene	96	08-021	1:38.94	50m	1-7-07	Dordrecht (NED)	272
3. Schelvis Femke	84	08-021	1:41.40	50m	27-5-95	Beverwijk (NED)	252
4. Dijkstra Lisette	86	08-021	1:41.70	50m	9-11-97	Beverwijk (NED)	250
5. Hoekstra Eline	03	08-021	1:42.48	50m	12-4-14	Eindhoven (NED)	245
6. Stel Serena	98	08-021	1:43.01	50m	30-5-09	Hagen (GER)	241
7. Hoek Daniëlle	88	08-021	1:45.52	50m	31-10-99	Beverwijk (NED)	224
8. Bos Marieke	06	08-021	1:46.36	50m	18-6-17	Bergbad Bückeburg (GER)	219
9. van Huisstede Nikita	01	08-021	1:47.51	50m	4-3-12	Amsterdam (NED)	212
10. de Haan Shira	00	08-021	1:47.58	50m	9-4-11	Eindhoven (NED)	211
11. Palmboom Nicole	91	08-021	1:48.10	50m	20-10-02	Beverwijk (NED)	208
12. van der Gracht Anouk	89	08-021	1:48.64	50m	22-10-00	Beverwijk (NED)	205
13. de Boer Maia	03	08-021	1:50.12	50m	22-6-14	Beverwijk (NED)	197
14. Visser Kelly	89	08-021	1:50.24	50m	22-10-00	Beverwijk (NED)	196
15. Essers Sanne	91	08-021	1:52.22	50m	20-10-02	Beverwijk (NED)	186
16. Koper Ella	90	08-021	1:52.70	50m	21-10-01	Beverwijk (NED)	184
17. Liefing Marielle	90	08-021	1:55.68	50m	21-10-01	Beverwijk (NED)	170
18. Siemerink Laura	04	08-021	1:56.68	50m	21-6-15	Beverwijk (NED)	166
19. Venema Jalina	04	08-021	2:01.37	50m	21-6-15	Beverwijk (NED)	147
20. Knight Kayleigh	00	08-021	2:02.07	50m	5-6-11	Beverwijk (NED)	144
21. Pezo Adna	90	08-021	2:02.22	50m	27-5-01	Beverwijk (NED)	144
22. Schelvis Liselot	92	08-021	2:02.87	50m	12-10-03	Beverwijk (NED)	142
23. Sobh Shaime	03	08-021	2:05.73	50m	22-6-14	Beverwijk (NED)	132

200 schoolslag

1. Bos Marieke	06	08-021	3:37.80	50m	18-6-17	Bergbad Bückeburg (GER)	260
2. Stel Serena	98	08-021	3:38.54	50m	31-5-09	Hagen (GER)	257

250 schoolslag**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag**

5000 schoolslag**25 vlinderslag****50 vlinderslag**

1. Teufer Irene	96	08-021	35.10	50m	1-7-07	Dordrecht (NED)	337
2. Stel Serena	98	08-021	39.70	50m	30-5-09	Hagen (GER)	233
3. Mallon Danique	94	08-021	41.48	50m	17-4-05	Beverwijk (NED)	204
4. Visser Kelly	89	08-021	42.27	50m	22-10-00	Beverwijk (NED)	193
5. Crok Linda	94	08-021	42.30	50m	17-4-05	Beverwijk (NED)	192
6. Hoekstra Eline	03	08-021	42.47	50m	29-11-14	Beverwijk (NED)	190
7. Essers Sanne	91	08-021	43.97	50m	20-10-02	Beverwijk (NED)	171
8. Buur Naomi	01	08-021	44.50	50m	24-11-12	Beverwijk (NED)	165
9. Petit Kirsten	00	08-021	46.03	50m	3-12-11	Beverwijk (NED)	149
10. Scholten Britt	04	08-021	48.27	50m	5-12-15	Beverwijk (NED)	129
11. Bos Marieke	06	08-021	48.33	50m	9-12-17	Beverwijk (NED)	129
12. Hoek Daniëlle	88	08-021	49.05	50m	31-10-99	Beverwijk (NED)	123
13. Blaauw Yente	03	08-021	49.63	50m	29-11-14	Beverwijk (NED)	119
14. de Wildt Maud	05	08-021	49.87	50m	3-12-16	Beverwijk (NED)	117
15. van der Gracht Anouk	89	08-021	50.09	50m	22-10-00	Beverwijk (NED)	116
16. Schaefer Lisa	06	08-021	50.69	50m	9-12-17	Beverwijk (NED)	111
17. Hoorn Linsey	94	08-021	51.43	50m	17-4-05	Beverwijk (NED)	107
18. Koopman Anitra	89	08-021	52.07	50m	7-5-00	Beverwijk (NED)	103
19. Wentink Yara	04	08-021	52.19	50m	5-12-15	Beverwijk (NED)	102
20. de Boer Maia	03	08-021	53.28	50m	29-11-14	Beverwijk (NED)	96
21. Visser Shana	04	08-021	53.60	50m	5-12-15	Beverwijk (NED)	94
22. Hoffland Yasmin	01	08-021	55.52	50m	24-11-12	Beverwijk (NED)	85
23. Siemerink Laura	04	08-021	55.54	50m	5-12-15	Beverwijk (NED)	85
24. Liefing Sarina	93	08-021	55.58	50m	25-4-04	Beverwijk (NED)	84
25. van Koeveringe Nicole	93	08-021	59.00	50m	25-4-04	Beverwijk (NED)	70

100 vlinderslag

1. Teufer Irene	96	08-021	1:23.86	50m	22-4-07	Breda (NED)	289
2. Dijkstra Lisette	86	08-021	1:35.50	50m	9-11-97	Beverwijk (NED)	196
3. Schelvis Femke	84	08-021	1:36.50	50m	28-5-95	Beverwijk (NED)	190
4. van Ballegooie Simone	84	08-021	1:42.50	50m	28-5-95	Beverwijk (NED)	158
5. Schelvis Roos	86	08-021	1:45.30	50m	9-11-97	Beverwijk (NED)	146
6. Bos Marieke	06	08-021	1:57.68	50m	17-6-17	Bergbad Bückeburg (GER)	104
7. Ivens Suzanne	99	08-021	2:02.45	50m	13-6-10	Beverwijk (NED)	93

200 vlinderslag**1000 vlinderslag****100 wisselslag****200 wisselslag**

1. Stel Serena	98	08-021	3:07.26	50m	30-5-09	Hagen (GER)	305
2. Schelvis Femke	84	08-021	3:17.40	50m	13-5-95	Beverwijk (NED)	260

200 wisselslag (sinds 3)

3. Bos Marieke	06	08-021	3:24.29	50m	17-6-17	Bergbad Bückeburg (GER)	235
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300 wisselslag

400 wisselslag