

alg. leeftijdsgroep, Dames, Korte baan (25m)

1-1-1900-31-7-2025

15m vlinderslag benen onderwater

| | | | | | | |
|-----------------------|----|--------|-------|-----|----------|---------------|
| 1. van Ederen Jasmijn | 10 | 08-021 | 22.06 | 25m | 15-12-19 | Haarlem (NED) |
| 2. Schut Bodine | 09 | 08-021 | 26.65 | 25m | 29-9-19 | Haarlem (NED) |

25m vrije slag met koprol

| | | | | | | |
|-----------------------|----|--------|-------|-----|---------|---------------|
| 1. van Ederen Jasmijn | 10 | 08-021 | 23.13 | 25m | 19-1-20 | Zaandam (NED) |
|-----------------------|----|--------|-------|-----|---------|---------------|

25m rugslag start

| | | | | | | |
|-----------------------|----|--------|-------|-----|----------|---------------|
| 1. van Ederen Jasmijn | 10 | 08-021 | 24.90 | 25m | 15-12-19 | Haarlem (NED) |
|-----------------------|----|--------|-------|-----|----------|---------------|

50m borstcrawl benen

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|-----------------------|----|--------|---------|-----|---------|---------------|
| 1. van Ederen Jasmijn | 10 | 08-021 | 1:06.46 | 25m | 29-9-19 | Haarlem (NED) |
| 2. Schut Bodine | 09 | 08-021 | 1:09.03 | 25m | 19-1-20 | Zaandam (NED) |

100m borstcrawl benen**25 vrije slag**

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 13.11 | 25m | 25-3-99 | Heemskerk (NED) | 507 |
| 2. de Groot Daniëlle | 93 | 08-021 | 13.42 | 25m | 31-5-08 | Aalsmeer (NED) | 473 |
| 2. Hoekstra Eline | 03 | 08-021 | 13.42 | 25m | 7-7-22 | Heemskerk (NED) | 473 |
| 4. Meijer Sylvia | 81 | 08-021 | 13.43 | 25m | 4-5-00 | Heemskerk (NED) | 472 |
| 5. Crok Linda | 94 | 08-021 | 13.48 | 25m | 30-6-11 | Heemskerk (NED) | 467 |
| 6. Wentink Yara | 04 | 08-021 | 13.63 | 25m | 7-7-22 | Heemskerk (NED) | 451 |
| 7. Schuyt Simone | 75 | 08-021 | 13.70 | 25m | 31-12-89 | Heemskerk (NED) | 445 |
| 7. Hulshof Saskia | 73 | 08-021 | 13.70 | 25m | 31-12-89 | Heemskerk (NED) | 445 |
| 9. Palmboom Nicole | 91 | 08-021 | 13.79 | 25m | 27-4-06 | Heemskerk | 436 |
| 10. Koster Lisa | 94 | 08-021 | 13.81 | 25m | 31-5-08 | Aalsmeer (NED) | 434 |
| 11. Gijzen-van der Kroft Nicole | 84 | 08-021 | 13.95 | 25m | 29-3-01 | Heemskerk (NED) | 421 |
| 12. van Staveren Marina | 78 | 08-021 | 14.04 | 25m | 14-4-11 | Heemskerk (NED) | 413 |
| 13. Schelvis Roos | 86 | 08-021 | 14.05 | 25m | 29-3-01 | Heemskerk (NED) | 412 |
| 13. Vink Lidewij | 90 | 08-021 | 14.05 | 25m | 19-4-07 | Heemskerk (NED) | 412 |
| 15. Besse Karen | 75 | 08-021 | 14.10 | 25m | 31-12-89 | Heemskerk (NED) | 408 |
| 16. Hoek Daniëlle | 88 | 08-021 | 14.12 | 25m | 30-6-11 | Heemskerk (NED) | 406 |
| 17. van der Geest Saskia | 73 | 08-021 | 14.20 | 25m | 12-1-89 | Heemskerk (NED) | 399 |
| 17. Stam Vanessa | 80 | 08-021 | 14.20 | 25m | 13-3-97 | Heemskerk (NED) | 399 |
| 19. van Ballegooie Simone | 84 | 08-021 | 14.26 | 25m | 29-3-01 | Heemskerk (NED) | 394 |
| 20. Groen Anne | 95 | 08-021 | 14.32 | 25m | 30-6-11 | Heemskerk (NED) | 389 |
| 21. Kleijne Daisy | 89 | 08-021 | 14.33 | 25m | 27-4-06 | Heemskerk | 388 |
| 22. Kramer Miranda | 80 | 08-021 | 14.34 | 25m | 4-5-00 | Heemskerk (NED) | 388 |
| 23. van Rookhuizen Sieta | 79 | 08-021 | 14.35 | 25m | 4-5-00 | Heemskerk (NED) | 387 |
| 23. van 't Veer Iris | 03 | 08-021 | 14.35 | 25m | 7-7-22 | Heemskerk (NED) | 387 |
| 25. Vink Marjolein | 93 | 08-021 | 14.37 | 25m | 29-5-08 | Heemskerk (NED) | 385 |

50 vrije slag

| | | | | | | | |
|-----------------------------|----|--------|-------|-----|----------|-------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 26.92 | 25m | 29-1-16 | Amsterdam (NED) | 617 |
| 2. Wentink Yara | 04 | 08-021 | 27.37 | 25m | 29-6-24 | Rotterdam (NED) | 588 |
| 3. Schelvis Femke | 84 | 08-021 | 27.68 | 25m | 7-11-04 | IJmuiden (NED) | 568 |
| 4. Smit Sanne | 01 | 08-021 | 27.94 | 25m | 17-11-18 | Hoofddorp (NED) | 552 |
| 5. Drubers Mirjam | 67 | 08-021 | 28.20 | 25m | 31-12-84 | | 537 |
| 5. Siemerink Laura | 04 | 08-021 | 28.20 | 25m | 21-4-19 | Haarlem (NED) | 537 |
| 7. de Groot Daniëlle | 93 | 08-021 | 28.39 | 25m | 21-6-08 | Alkmaar (NED) | 526 |
| 8. Broek Jade | 97 | 08-021 | 28.47 | 25m | 6-12-15 | Purmerend (NED) | 522 |
| 9. Hoekstra Eline | 03 | 08-021 | 28.51 | 25m | 23-11-19 | Hoofddorp (NED) | 520 |
| 10. Palmboom Nicole | 91 | 08-021 | 28.58 | 25m | 23-3-08 | Haarlem (NED) | 516 |
| 11. Groen Anne | 95 | 08-021 | 28.77 | 25m | 13-10-16 | Heemskerk (NED) | 506 |
| 12. Koster Lisa | 94 | 08-021 | 28.78 | 25m | 12-5-08 | Purmerend (NED) | 505 |
| 13. Crok Linda | 94 | 08-021 | 28.99 | 25m | 24-4-11 | Haarlem (NED) | 494 |
| 14. Meijer Sylvia | 81 | 08-021 | 29.10 | 25m | 6-4-97 | Heemskerk (NED) | 489 |
| 15. Vink Lidewij | 90 | 08-021 | 29.17 | 25m | 29-5-08 | Heemskerk (NED) | 485 |
| 16. van 't Veer Iris | 03 | 08-021 | 29.36 | 25m | 24-4-22 | Den Helder (NED) | 476 |
| 17. Hoek Daniëlle | 88 | 08-021 | 29.49 | 25m | 28-12-04 | Maastricht (NED) | 470 |
| 18. van de Poll Marianne | 89 | 08-021 | 29.52 | 25m | 29-1-04 | Heemskerk (NED) | 468 |
| 19. Kleijne Daisy | 89 | 08-021 | 29.57 | 25m | 13-4-09 | Haarlem (NED) | 466 |
| 20. van Rijn-Hofwegen Wilma | 71 | 08-021 | 29.61 | 25m | 1-12-13 | Vlaardingen (NED) | 464 |
| 21. Herwegh Yara | 07 | 08-021 | 29.79 | 25m | 10-11-24 | Purmerend (NED) | 456 |
| 22. Schuyt Simone | 75 | 08-021 | 29.80 | 25m | 22-1-89 | Zaandam (NED) | 455 |
| 22. Hulshof Saskia | 73 | 08-021 | 29.80 | 25m | 11-3-90 | Heemskerk (NED) | 455 |
| 24. Koopman Inge | 93 | 08-021 | 29.82 | 25m | 24-4-22 | Den Helder (NED) | 454 |
| 25. Vink Marjolein | 93 | 08-021 | 29.88 | 25m | 8-4-07 | Haarlem (NED) | 451 |

100 vrije slag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 58.38 | 25m | 18-3-18 | Purmerend (NED) | 637 |
| 2. Schelvis Femke | 84 | 08-021 | 59.32 | 25m | 9-1-05 | Zuidoost Beemster (NED) | 607 |
| 3. Wentink Yara | 04 | 08-021 | 59.50 | 25m | 28-5-23 | Purmerend (NED) | 602 |
| 4. Smit Sanne | 01 | 08-021 | 1:00.05 | 25m | 24-3-19 | Purmerend (NED) | 585 |
| 5. Koster Lisa | 94 | 08-021 | 1:01.06 | 25m | 11-5-08 | Purmerend (NED) | 557 |
| 6. Drubers Mirjam | 67 | 08-021 | 1:01.60 | 25m | 15-12-84 | Hilversum (NED) | 542 |
| 7. Broek Jade | 97 | 08-021 | 1:01.74 | 25m | 18-11-17 | Hoofddorp (NED) | 539 |
| 8. Crok Linda | 94 | 08-021 | 1:02.01 | 25m | 3-4-11 | Zaandam (NED) | 532 |
| 9. de Groot Daniëlle | 93 | 08-021 | 1:02.13 | 25m | 11-5-08 | Purmerend (NED) | 529 |
| 10. Hoekstra Eline | 03 | 08-021 | 1:02.36 | 25m | 2-6-22 | Heemskerk (NED) | 523 |
| 11. Groen Anne | 95 | 08-021 | 1:02.91 | 25m | 18-12-16 | Heemskerk (NED) | 509 |
| 12. Siemerink Laura | 04 | 08-021 | 1:03.00 | 25m | 24-3-19 | Purmerend (NED) | 507 |
| 13. Meijer Sylvia | 81 | 08-021 | 1:03.20 | 25m | 5-4-98 | Heemskerk (NED) | 502 |
| 14. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:03.76 | 25m | 10-12-00 | Heemskerk (NED) | 489 |
| 15. Palmboom Nicole | 91 | 08-021 | 1:03.79 | 25m | 9-3-08 | Heemskerk (NED) | 488 |
| 16. van 't Veer Iris | 03 | 08-021 | 1:04.05 | 25m | 23-4-23 | Den Helder (NED) | 482 |
| 17. Vink Lidewij | 90 | 08-021 | 1:04.70 | 25m | 30-10-05 | Amsterdam (NED) | 468 |
| 18. Hoek Daniëlle | 88 | 08-021 | 1:05.01 | 25m | 28-12-04 | Maastricht (NED) | 461 |
| 18. Kleijne Daisy | 89 | 08-021 | 1:05.01 | 25m | 28-3-05 | Haarlem (NED) | 461 |
| 20. Herwegh Yara | 07 | 08-021 | 1:05.26 | 25m | 12-1-25 | Heemskerk (NED) | 456 |
| 21. Crok Annemarie | 89 | 08-021 | 1:05.34 | 25m | 27-11-11 | Heemskerk (NED) | 454 |
| 22. Mallon Danique | 94 | 08-021 | 1:05.55 | 25m | 5-4-10 | Haarlem (NED) | 450 |
| 23. Schelvis Roos | 86 | 08-021 | 1:05.56 | 25m | 12-12-99 | Heemskerk (NED) | 450 |
| 24. Verbree Bets | 63 | 08-021 | 1:05.70 | 25m | 19-12-81 | Hilversum (NED) | 447 |
| 24. Hulshof Saskia | 73 | 08-021 | 1:05.70 | 25m | 5-11-89 | Heemskerk (NED) | 447 |

200 vrije slag

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|-----|-----------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. | Schelvis Femke | 84 | 08-021 | 2:07.73 | 25m | 25-11-99 | Heemskerk | 646 |
| 2. | Kingma Danae | 00 | 08-021 | 2:10.58 | 25m | 12-4-18 | Heemskerk (NED) | 604 |
| 3. | Smit Sanne | 01 | 08-021 | 2:13.76 | 25m | 16-3-17 | Heemskerk (NED) | 562 |
| 4. | Hoekstra Eline | 03 | 08-021 | 2:14.26 | 25m | 5-3-20 | Heemskerk (NED) | 556 |
| 5. | Drubers Mirjam | 67 | 08-021 | 2:15.30 | 25m | 31-12-85 | | 543 |
| 6. | Wentink Yara | 04 | 08-021 | 2:16.44 | 25m | 14-3-24 | Heemskerk (NED) | 530 |
| 7. | Broek Jade | 97 | 08-021 | 2:17.18 | 25m | 18-11-18 | Hoofddorp (NED) | 521 |
| 8. | Koster Lisa | 94 | 08-021 | 2:17.53 | 25m | 10-5-08 | Purmerend (NED) | 517 |
| 9. | Crok Linda | 94 | 08-021 | 2:17.72 | 25m | 2-10-11 | Heemskerk (NED) | 515 |
| 10. | de Groot Daniëlle | 93 | 08-021 | 2:17.81 | 25m | 10-5-08 | Purmerend (NED) | 514 |
| 11. | Groen Anne | 95 | 08-021 | 2:17.96 | 25m | 13-11-16 | Purmerend (NED) | 512 |
| 12. | Vink Lidewij | 90 | 08-021 | 2:19.09 | 25m | 12-2-06 | Zaandam (NED) | 500 |
| 13. | van 't Veer Iris | 03 | 08-021 | 2:20.41 | 25m | 30-3-23 | Heemskerk (NED) | 486 |
| 14. | Hoek Daniëlle | 88 | 08-021 | 2:20.46 | 25m | 22-3-12 | Heemskerk (NED) | 485 |
| 15. | Siemerink Laura | 04 | 08-021 | 2:21.26 | 25m | 13-1-19 | Purmerend (NED) | 477 |
| 16. | Stel Serena | 98 | 08-021 | 2:21.69 | 25m | 18-4-10 | Zaandam (NED) | 473 |
| 17. | Palmboom Nicole | 91 | 08-021 | 2:22.48 | 25m | 1-3-08 | Hoorndijk (NED) | 465 |
| 18. | Verbree Bets | 63 | 08-021 | 2:22.60 | 25m | 7-2-82 | | 464 |
| 19. | Schelvis Roos | 86 | 08-021 | 2:23.28 | 25m | 26-9-02 | Heemskerk | 457 |
| 20. | Mallon Danique | 94 | 08-021 | 2:23.87 | 25m | 3-10-10 | Zaandam (NED) | 452 |
| 21. | Gijzen-van der Kroft Nicole | 84 | 08-021 | 2:24.05 | 25m | 30-11-00 | Heemskerk (NED) | 450 |
| 22. | Kleijne Daisy | 89 | 08-021 | 2:24.52 | 25m | 13-3-05 | Amsterdam (NED) | 446 |
| 23. | Meijer Sylvia | 81 | 08-021 | 2:24.70 | 25m | 11-12-97 | Heemskerk (NED) | 444 |
| 24. | Crok Annemarie | 89 | 08-021 | 2:25.47 | 25m | 13-11-11 | Zaandam (NED) | 437 |
| 25. | van der Gracht Anouk | 89 | 08-021 | 2:25.68 | 25m | 25-11-07 | Amsterdam (NED) | 435 |

250 vrije slag**300 vrije slag**

| | | | | | | | | |
|-----|----------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. | Schelvis Femke | 84 | 08-021 | 3:27.55 | 25m | 17-12-04 | Drachten (NED) | 573 |
| 2. | Crok Linda | 94 | 08-021 | 3:38.23 | 25m | 25-4-11 | Haarlem (NED) | 493 |
| 3. | Hoekstra Eline | 03 | 08-021 | 3:39.67 | 25m | 9-11-24 | Purmerend (NED) | 483 |
| 4. | Vink Lidewij | 90 | 08-021 | 3:40.07 | 25m | 18-5-06 | Heemskerk (NED) | 481 |
| 5. | Broek Jade | 97 | 08-021 | 3:44.41 | 25m | 4-10-15 | Purmerend (NED) | 453 |
| 6. | Wentink Yara | 04 | 08-021 | 3:44.70 | 25m | 8-6-19 | Purmerend (NED) | 452 |
| 7. | Hoek Daniëlle | 88 | 08-021 | 3:47.20 | 25m | 18-5-06 | Heemskerk (NED) | 437 |
| 8. | Stel Serena | 98 | 08-021 | 3:50.73 | 25m | 29-1-10 | Heerenveen (NED) | 417 |
| 9. | Palmboom Nicole | 91 | 08-021 | 3:51.10 | 25m | 18-5-06 | Heemskerk (NED) | 415 |
| 10. | van de Poll Marianne | 89 | 08-021 | 3:51.98 | 25m | 29-4-04 | Heemskerk (NED) | 410 |
| 11. | Groen Anne | 95 | 08-021 | 3:52.00 | 25m | 25-4-11 | Haarlem (NED) | 410 |
| 12. | van der Gracht Anouk | 89 | 08-021 | 3:52.29 | 25m | 18-5-13 | Purmerend (NED) | 409 |
| 13. | Koster Lisa | 94 | 08-021 | 3:53.61 | 25m | 14-10-07 | Zaandam (NED) | 402 |
| 14. | Kleijne Daisy | 89 | 08-021 | 3:56.50 | 25m | 29-4-04 | Heemskerk (NED) | 387 |
| 15. | Haasbroek Renske | 03 | 08-021 | 3:58.03 | 25m | 2-3-25 | Amsterdam (NED) | 380 |
| 16. | Teufer Irene | 96 | 08-021 | 3:58.28 | 25m | 30-3-08 | Zaandam (NED) | 379 |
| 17. | Stins Mariska | 84 | 08-021 | 4:01.45 | 25m | 29-4-04 | Heemskerk (NED) | 364 |
| 18. | Koopman Anitra | 89 | 08-021 | 4:02.06 | 25m | 29-4-04 | Heemskerk (NED) | 361 |
| 19. | Meijer Sylvia | 81 | 08-021 | 4:02.20 | 25m | 19-4-98 | Zaandam (NED) | 361 |
| 20. | Buur Naomi | 01 | 08-021 | 4:02.95 | 25m | 7-6-14 | Purmerend (NED) | 357 |
| 21. | Essers Sanne | 91 | 08-021 | 4:05.80 | 25m | 14-10-07 | Zaandam (NED) | 345 |
| 22. | de Ruijter Linda | 87 | 08-021 | 4:07.06 | 25m | 29-4-04 | Heemskerk (NED) | 340 |

300 vrije slag (sinds 23)

| | | | | | | | |
|--------------------|----|--------|---------|-----|----------|------------------|-----|
| 23. Mallon Danique | 94 | 08-021 | 4:08.45 | 25m | 14-10-07 | Zaandam (NED) | 334 |
| 24. de Roode Xara | 08 | 08-021 | 4:10.21 | 25m | 6-10-24 | Den Helder (NED) | 327 |
| 25. de Wildt Maud | 05 | 08-021 | 4:13.28 | 25m | 1-10-23 | Den Helder (NED) | 315 |

400 vrije slag

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|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 4:32.44 | 25m | 14-11-04 | Heemskerk (NED) | 637 |
| 2. Hoekstra Eline | 03 | 08-021 | 4:48.25 | 25m | 22-5-22 | Hoofddorp (NED) | 538 |
| 3. Crok Linda | 94 | 08-021 | 4:50.50 | 25m | 25-4-11 | Haarlem (NED) | 526 |
| 4. Vink Lidewij | 90 | 08-021 | 4:54.59 | 25m | 18-5-06 | Heemskerk (NED) | 504 |
| 5. Drubers Mirjam | 67 | 08-021 | 4:55.60 | 25m | 26-1-86 | Castricum (NED) | 499 |
| 6. Wentink Yara | 04 | 08-021 | 4:56.18 | 25m | 8-6-19 | Purmerend (NED) | 496 |
| 7. Smit Sanne | 01 | 08-021 | 4:57.22 | 25m | 29-12-18 | Leeuwarden (NED) | 491 |
| 8. Hoek Daniëlle | 88 | 08-021 | 5:01.12 | 25m | 18-5-06 | Heemskerk (NED) | 472 |
| 9. Groen Anne | 95 | 08-021 | 5:01.68 | 25m | 1-10-17 | Purmerend (NED) | 469 |
| 10. Koster Lisa | 94 | 08-021 | 5:02.29 | 25m | 18-11-07 | Alkmaar (NED) | 466 |
| 11. Broek Jade | 97 | 08-021 | 5:04.72 | 25m | 4-10-15 | Purmerend (NED) | 455 |
| 12. de Groot Daniëlle | 93 | 08-021 | 5:05.33 | 25m | 12-5-08 | Purmerend (NED) | 453 |
| 13. Stel Serena | 98 | 08-021 | 5:06.13 | 25m | 28-3-10 | Zeist (NED) | 449 |
| 14. Schelvis Roos | 86 | 08-021 | 5:06.22 | 25m | 30-5-02 | Heemskerk | 449 |
| 15. van 't Veer Iris | 03 | 08-021 | 5:07.46 | 25m | 22-4-19 | Haarlem (NED) | 443 |
| 16. Palmboom Nicole | 91 | 08-021 | 5:08.81 | 25m | 18-5-06 | Heemskerk (NED) | 437 |
| 17. Stam Vanessa | 80 | 08-021 | 5:09.30 | 25m | 22-2-98 | Zaandam (NED) | 435 |
| 18. Kleijne Daisy | 89 | 08-021 | 5:10.46 | 25m | 1-5-05 | Zaandam (NED) | 431 |
| 19. van der Gracht Anouk | 89 | 08-021 | 5:11.00 | 25m | 31-5-07 | Heemskerk (NED) | 428 |
| 20. van de Poll Marianne | 89 | 08-021 | 5:12.47 | 25m | 9-6-03 | Z.o. Beemster | 422 |
| 21. de Haan Shira | 00 | 08-021 | 5:13.43 | 25m | 17-4-17 | Haarlem (NED) | 418 |
| 22. Haasbroek Renske | 03 | 08-021 | 5:14.47 | 25m | 2-3-25 | Amsterdam (NED) | 414 |
| 23. Hulshof Saskia | 73 | 08-021 | 5:15.40 | 25m | 11-3-90 | Heemskerk (NED) | 411 |
| 24. Verbree Bets | 63 | 08-021 | 5:15.70 | 25m | 5-4-81 | Heemskerk (NED) | 409 |
| 25. Besse Karen | 75 | 08-021 | 5:16.50 | 25m | 10-3-91 | Heemskerk (NED) | 406 |

500 vrije slag800 vrije slag

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|--------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 9:32.54 | 25m | 28-2-99 | Zaandam (NED) | 586 |
| 2. Crok Linda | 94 | 08-021 | 10:11.36 | 25m | 16-10-11 | Zaandam (NED) | 481 |
| 3. Vink Lidewij | 90 | 08-021 | 10:13.37 | 25m | 1-4-06 | Zaandam (NED) | 477 |
| 4. Stel Serena | 98 | 08-021 | 10:13.69 | 25m | 28-3-10 | Zeist (NED) | 476 |
| 5. Hoekstra Eline | 03 | 08-021 | 10:19.33 | 25m | 3-12-23 | Alkmaar (NED) | 463 |
| 6. Hoek Daniëlle | 88 | 08-021 | 10:19.78 | 25m | 17-10-04 | Zaandam (NED) | 462 |
| 7. van 't Veer Iris | 03 | 08-021 | 10:32.39 | 25m | 11-10-20 | Alkmaar (NED) | 435 |
| 8. Kingma Danae | 00 | 08-021 | 10:34.87 | 25m | 19-10-14 | Zaandam (NED) | 430 |
| 9. Kleijne Daisy | 89 | 08-021 | 10:35.32 | 25m | 1-4-06 | Zaandam (NED) | 429 |
| 10. Wentink Yara | 04 | 08-021 | 10:36.31 | 25m | 23-10-22 | Hoofddorp (NED) | 427 |
| 11. Stam Vanessa | 80 | 08-021 | 10:36.50 | 25m | 22-2-98 | Zaandam (NED) | 427 |
| 12. Smit Sanne | 01 | 08-021 | 10:36.60 | 25m | 8-10-17 | Alkmaar (NED) | 426 |
| 13. Koster Lisa | 94 | 08-021 | 10:39.38 | 25m | 9-12-07 | Zaandam (NED) | 421 |
| 14. Teufer Irene | 96 | 08-021 | 10:41.66 | 25m | 30-3-08 | Zaandam (NED) | 416 |
| 15. van der Gracht Anouk | 89 | 08-021 | 10:43.54 | 25m | 3-2-08 | Zaandam (NED) | 413 |
| 16. Schelvis Roos | 86 | 08-021 | 10:47.23 | 25m | 4-11-01 | Heemskerk | 406 |
| 17. Essers Sanne | 91 | 08-021 | 10:56.82 | 25m | 27-10-07 | Barneveld (NED) | 388 |

800 vrije slag (sinds 18)

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|--------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 18. Limmen Karin | 76 | 08-021 | 11:00.20 | 25m | 12-4-92 | Heemstede (NED) | 382 |
| 19. Groen Anne | 95 | 08-021 | 11:03.36 | 25m | 16-10-11 | Zaandam (NED) | 377 |
| 20. Besse Karen | 75 | 08-021 | 11:03.90 | 25m | 6-6-91 | Heemskerk | 376 |
| 21. van Rookhuizen Sieta | 79 | 08-021 | 11:04.30 | 25m | 14-4-94 | Heemskerk | 375 |
| 22. de Groot Daniëlle | 93 | 08-021 | 11:05.30 | 25m | 9-12-07 | Zaandam (NED) | 374 |
| 23. de Boer Irene | 84 | 08-021 | 11:09.32 | 25m | 5-11-00 | Zaandam (NED) | 367 |
| 24. Kramer Miranda | 80 | 08-021 | 11:10.60 | 25m | 22-2-98 | Zaandam (NED) | 365 |
| 25. Mallon Danique | 94 | 08-021 | 11:12.78 | 25m | 9-12-07 | Zaandam (NED) | 361 |

1000 vrije slag1250 vrije slag1500 vrije slag

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|--------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 19:04.76 | 25m | 23-1-00 | Heemskerk (NED) | 518 |
| 2. Crok Linda | 94 | 08-021 | 19:23.75 | 25m | 4-12-11 | Zaandam (NED) | 493 |
| 3. Vink Lidewij | 90 | 08-021 | 19:28.97 | 25m | 12-1-06 | Heemskerk (NED) | 487 |
| 4. Hoekstra Eline | 03 | 08-021 | 19:37.95 | 25m | 3-12-23 | Alkmaar (NED) | 475 |
| 5. van 't Veer Iris | 03 | 08-021 | 19:53.31 | 25m | 11-10-20 | Alkmaar (NED) | 457 |
| 6. Hoek Daniëlle | 88 | 08-021 | 20:03.26 | 25m | 14-11-04 | Heemskerk (NED) | 446 |
| 7. Kleijne Daisy | 89 | 08-021 | 20:17.52 | 25m | 12-1-06 | Heemskerk (NED) | 431 |
| 8. Schelvis Roos | 86 | 08-021 | 20:20.21 | 25m | 4-11-01 | Heemskerk | 428 |
| 9. van der Gracht Anouk | 89 | 08-021 | 20:26.00 | 25m | 3-2-08 | Zaandam (NED) | 422 |
| 10. de Groot Daniëlle | 93 | 08-021 | 21:01.65 | 25m | 9-12-07 | Zaandam (NED) | 387 |
| 11. de Boer Irene | 84 | 08-021 | 21:16.67 | 25m | 23-1-00 | Heemskerk (NED) | 373 |
| 12. Limmen Karin | 76 | 08-021 | 21:25.00 | 25m | 7-2-93 | Volendam (NED) | 366 |
| 13. Groen Anne | 95 | 08-021 | 21:38.25 | 25m | 19-12-10 | Zaandam (NED) | 355 |
| 14. Stins Mariska | 84 | 08-021 | 21:41.94 | 25m | 4-1-01 | Heemskerk (NED) | 352 |
| 15. Kramer Miranda | 80 | 08-021 | 21:44.13 | 25m | 11-2-01 | Zaandam (NED) | 350 |
| 16. Essers Sanne | 91 | 08-021 | 21:45.01 | 25m | 3-12-06 | Zaandam (NED) | 350 |
| 17. van de Poll Marianne | 89 | 08-021 | 21:47.89 | 25m | 16-11-03 | Heemskerk (NED) | 347 |
| 18. Koopman Anitra | 89 | 08-021 | 21:53.80 | 25m | 16-2-03 | Zaandam | 343 |
| 19. de Ruijter Linda | 87 | 08-021 | 21:56.67 | 25m | 1-12-02 | Heemskerk | 340 |
| 20. Crok Annemarie | 89 | 08-021 | 22:14.20 | 25m | 16-11-03 | Heemskerk (NED) | 327 |
| 21. Besse Karen | 75 | 08-021 | 22:20.60 | 25m | 29-12-88 | Heemskerk (NED) | 322 |
| 22. van Rookhuizen Sieta | 79 | 08-021 | 22:21.97 | 25m | 23-1-00 | Heemskerk (NED) | 321 |
| 23. Zonneveld Chantal | 84 | 08-021 | 22:25.85 | 25m | 23-1-00 | Heemskerk (NED) | 319 |
| 24. Visser Kelly | 89 | 08-021 | 22:30.91 | 25m | 10-2-02 | Zaandam | 315 |
| 25. Buur Naomi | 01 | 08-021 | 22:49.10 | 25m | 9-2-14 | Zaandam (NED) | 303 |

2000 vrije slag

| | | | | | | | |
|--------------------------|----|--------|----------|-----|---------|---------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 25:28.90 | 25m | 5-3-00 | Zaandam (NED) | 515 |
| 2. Crok Linda | 94 | 08-021 | 26:17.78 | 25m | 13-2-11 | Zaandam (NED) | 469 |
| 3. van de Poll Marianne | 89 | 08-021 | 26:56.35 | 25m | 7-3-04 | Zaandam | 436 |
| 4. Vink Lidewij | 90 | 08-021 | 27:03.36 | 25m | 28-1-07 | Zaandam (NED) | 431 |
| 5. Hoek Daniëlle | 88 | 08-021 | 27:21.57 | 25m | 7-3-04 | Zaandam | 416 |
| 6. van der Gracht Anouk | 89 | 08-021 | 27:22.08 | 25m | 3-2-08 | Zaandam (NED) | 416 |
| 7. Kleijne Daisy | 89 | 08-021 | 27:32.48 | 25m | 1-3-09 | Zaandam (NED) | 408 |
| 8. Essers Sanne | 91 | 08-021 | 28:04.76 | 25m | 28-1-07 | Zaandam (NED) | 385 |
| 9. Schelvis Roos | 86 | 08-021 | 28:08.75 | 25m | 10-2-02 | Zaandam | 382 |
| 10. Kramer Miranda | 80 | 08-021 | 29:04.76 | 25m | 11-2-01 | Zaandam (NED) | 347 |
| 11. Stins Mariska | 84 | 08-021 | 29:08.81 | 25m | 5-3-00 | Zaandam (NED) | 344 |
| 12. de Ruijter Linda | 87 | 08-021 | 29:15.39 | 25m | 16-2-03 | Zaandam | 340 |
| 13. Crok Annemarie | 89 | 08-021 | 29:24.89 | 25m | 7-3-04 | Zaandam | 335 |
| 14. van Rookhuizen Sieta | 79 | 08-021 | 29:42.03 | 25m | 5-3-00 | Zaandam (NED) | 325 |
| 15. Groen Anne | 95 | 08-021 | 29:43.90 | 25m | 13-2-11 | Zaandam (NED) | 324 |
| 16. Niesten Iris | 92 | 08-021 | 32:20.51 | 25m | 28-1-07 | Zaandam (NED) | 252 |
| 17. Boekling Annette | 85 | 08-021 | 34:19.25 | 25m | 5-3-00 | Zaandam (NED) | 211 |

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

| | | | | | | | |
|--------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 15.10 | 25m | 15-1-98 | Heemskerk (NED) | 512 |
| 2. Hoekstra Eline | 03 | 08-021 | 15.36 | 25m | 7-7-22 | Heemskerk (NED) | 486 |
| 3. Broek Jade | 97 | 08-021 | 15.49 | 25m | 7-7-22 | Heemskerk (NED) | 474 |
| 4. Meijer Sylvia | 81 | 08-021 | 15.90 | 25m | 13-2-97 | Heemskerk (NED) | 438 |
| 5. Hulshof Saskia | 73 | 08-021 | 16.00 | 25m | 12-1-89 | Heemskerk (NED) | 430 |
| 6. Palmboom Nicole | 91 | 08-021 | 16.02 | 25m | 19-4-07 | Heemskerk (NED) | 428 |
| 7. Schelvis Roos | 86 | 08-021 | 16.39 | 25m | 17-2-00 | Heemskerk (NED) | 400 |
| 8. Meijer Linda | 77 | 08-021 | 16.40 | 25m | 16-5-91 | Heemskerk (NED) | 399 |
| 8. Kramer Miranda | 80 | 08-021 | 16.40 | 25m | 15-1-98 | Heemskerk (NED) | 399 |
| 10. Wentink Yara | 04 | 08-021 | 16.47 | 25m | 7-7-22 | Heemskerk (NED) | 394 |

25 rugslag (sinds 11)

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 11. Kleijne Daisy | 89 | 08-021 | 16.57 | 25m | 27-4-06 | Heemskerk | 387 |
| 12. Mallon Danique | 94 | 08-021 | 16.78 | 25m | 29-5-08 | Heemskerk (NED) | 373 |
| 13. Stins Mariska | 84 | 08-021 | 16.86 | 25m | 19-4-07 | Heemskerk (NED) | 367 |
| 14. Stam Sabrina | 82 | 08-021 | 16.90 | 25m | 15-1-98 | Heemskerk (NED) | 365 |
| 14. Vink Lidewij | 90 | 08-021 | 16.90 | 25m | 19-4-07 | Heemskerk (NED) | 365 |
| 14. de Haan Shira | 00 | 08-021 | 16.90 | 25m | 7-7-22 | Heemskerk (NED) | 365 |
| 17. Crok Linda | 94 | 08-021 | 16.95 | 25m | 29-5-08 | Heemskerk (NED) | 361 |
| 18. Schuyt Simone | 75 | 08-021 | 17.00 | 25m | 12-1-89 | Heemskerk (NED) | 358 |
| 19. van Ballegooie Stefanie | 86 | 08-021 | 17.07 | 25m | 22-2-01 | Heemskerk (NED) | 354 |
| 20. Koster Lisa | 94 | 08-021 | 17.13 | 25m | 19-4-07 | Heemskerk (NED) | 350 |
| 21. Gijzen-van der Kroft Nicole | 84 | 08-021 | 17.20 | 25m | 13-2-97 | Heemskerk (NED) | 346 |
| 21. Stam Vanessa | 80 | 08-021 | 17.20 | 25m | 15-1-98 | Heemskerk (NED) | 346 |
| 23. van 't Veer Iris | 03 | 08-021 | 17.22 | 25m | 7-7-22 | Heemskerk (NED) | 345 |
| 24. Hoek Daniëlle | 88 | 08-021 | 17.26 | 25m | 29-5-08 | Heemskerk (NED) | 342 |
| 25. van Assema Eline | 05 | 08-021 | 17.28 | 25m | 7-7-22 | Heemskerk (NED) | 341 |

50 rugslag

| | | | | | | | |
|-------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 31.06 | 25m | 30-12-17 | Leeuwarden (NED) | 564 |
| 2. Broek Jade | 97 | 08-021 | 31.17 | 25m | 16-11-19 | Hoofddorp (NED) | 558 |
| 3. Wentink Yara | 04 | 08-021 | 31.62 | 25m | 29-6-24 | Rotterdam (NED) | 535 |
| 4. Hoekstra Eline | 03 | 08-021 | 32.02 | 25m | 5-12-21 | Den Haag (NED) | 515 |
| 5. Kleijne Daisy | 89 | 08-021 | 32.44 | 25m | 5-3-06 | Purmerend (NED) | 495 |
| 6. Koper Fiona | 01 | 08-021 | 32.46 | 25m | 15-2-18 | Heemskerk (NED) | 494 |
| 7. Schelvis Femke | 84 | 08-021 | 32.93 | 25m | 14-11-99 | Zaandam (NED) | 473 |
| 8. Siemerink Laura | 04 | 08-021 | 33.00 | 25m | 30-12-18 | Leeuwarden (NED) | 470 |
| 9. Palmboom Nicole | 91 | 08-021 | 33.39 | 25m | 29-12-07 | Maastricht (NED) | 454 |
| 10. van 't Veer Iris | 03 | 08-021 | 33.54 | 25m | 15-2-18 | Heemskerk (NED) | 448 |
| 11. Koster Lisa | 94 | 08-021 | 33.96 | 25m | 13-12-07 | Heemskerk (NED) | 431 |
| 12. Groen Anne | 95 | 08-021 | 34.04 | 25m | 2-10-16 | Purmerend (NED) | 428 |
| 13. Hulshof Saskia | 73 | 08-021 | 34.10 | 25m | 30-6-88 | Heemskerk (NED) | 426 |
| 14. Crok Linda | 94 | 08-021 | 34.25 | 25m | 3-3-13 | Purmerend (NED) | 421 |
| 15. ten Bokkel Henriëke | 94 | 08-021 | 34.33 | 25m | 12-4-18 | Heemskerk (NED) | 418 |
| 16. Smit Sanne | 01 | 08-021 | 34.37 | 25m | 15-2-15 | Purmerend (NED) | 416 |
| 17. Kramer Miranda | 80 | 08-021 | 34.40 | 25m | 5-4-98 | Heemskerk (NED) | 415 |
| 18. Meijer Sylvia | 81 | 08-021 | 34.50 | 25m | 26-1-97 | Zuidoost Beemster (NED) | 411 |
| 19. Schelvis Roos | 86 | 08-021 | 34.63 | 25m | 16-4-00 | Almelo (NED) | 407 |
| 20. Meijer Linda | 77 | 08-021 | 34.70 | 25m | 17-2-94 | Heemskerk | 404 |
| 21. Mallon Danique | 94 | 08-021 | 34.73 | 25m | 22-5-10 | Purmerend (NED) | 403 |
| 22. Buur Naomi | 01 | 08-021 | 34.76 | 25m | 18-2-16 | Heemskerk (NED) | 402 |
| 23. Vink Lidewij | 90 | 08-021 | 34.96 | 25m | 5-3-06 | Purmerend (NED) | 395 |
| 23. Herwegh Binthy | 09 | 08-021 | 34.96 | 25m | 27-10-24 | Zaandam (NED) | 395 |
| 25. Jongema Helena | 80 | 08-021 | 35.08 | 25m | 16-3-08 | Amersfoort (NED) | 391 |

100 rugslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|-------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 1:06.99 | 25m | 24-3-19 | Purmerend (NED) | 554 |
| 2. Kingma Danae | 00 | 08-021 | 1:07.00 | 25m | 24-3-19 | Purmerend (NED) | 554 |
| 3. Schelvis Femke | 84 | 08-021 | 1:09.10 | 25m | 28-11-04 | Heemskerk (NED) | 505 |
| 4. Hoekstra Eline | 03 | 08-021 | 1:10.41 | 25m | 17-2-22 | Heemskerk (NED) | 477 |
| 5. Kleijne Daisy | 89 | 08-021 | 1:11.62 | 25m | 16-4-06 | Haarlem (NED) | 453 |
| 6. Wentink Yara | 04 | 08-021 | 1:11.77 | 25m | 24-10-24 | Heemskerk (NED) | 450 |
| 7. Koper Fiona | 01 | 08-021 | 1:11.99 | 25m | 17-6-18 | Alkmaar (NED) | 446 |
| 8. Siemerink Laura | 04 | 08-021 | 1:12.17 | 25m | 23-11-19 | Hoofddorp (NED) | 443 |
| 9. Crok Linda | 94 | 08-021 | 1:12.23 | 25m | 17-11-11 | Heemskerk (NED) | 442 |
| 10. van 't Veer Iris | 03 | 08-021 | 1:12.48 | 25m | 1-4-18 | Haarlem (NED) | 437 |
| 11. Hulshof Saskia | 73 | 08-021 | 1:12.60 | 25m | 7-1-89 | Hilversum (NED) | 435 |
| 12. Meijer Sylvia | 81 | 08-021 | 1:13.00 | 25m | 30-3-97 | Haarlem (NED) | 428 |
| 13. Koster Lisa | 94 | 08-021 | 1:13.07 | 25m | 17-11-07 | Barneveld (NED) | 427 |
| 14. Schelvis Roos | 86 | 08-021 | 1:13.34 | 25m | 16-4-00 | Almelo (NED) | 422 |
| 15. Groen Anne | 95 | 08-021 | 1:13.36 | 25m | 15-1-17 | Alkmaar (NED) | 422 |
| 16. Smit Sanne | 01 | 08-021 | 1:13.59 | 25m | 10-1-16 | Purmerend (NED) | 418 |
| 17. Mallon Danique | 94 | 08-021 | 1:14.20 | 25m | 4-11-10 | Heemskerk (NED) | 407 |
| 18. Kramer Miranda | 80 | 08-021 | 1:14.70 | 25m | 30-3-97 | Haarlem (NED) | 399 |
| 19. Poppema Yvonne | 68 | 08-021 | 1:15.10 | 25m | 12-2-84 | Heemskerk (NED) | 393 |
| 20. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:15.16 | 25m | 15-4-01 | Haarlem (NED) | 392 |
| 21. de Graaf Annemiek | 70 | 08-021 | 1:15.30 | 25m | 31-12-86 | | 390 |
| 22. Jongema Helena | 80 | 08-021 | 1:15.36 | 25m | 3-5-08 | Winterswijk (NED) | 389 |
| 23. Meijer Linda | 77 | 08-021 | 1:15.80 | 25m | 8-9-91 | Assendelft (NED) | 382 |
| 24. Zonneveld Chantal | 84 | 08-021 | 1:16.21 | 25m | 28-3-02 | Heemskerk | 376 |
| 25. Buur Naomi | 01 | 08-021 | 1:16.29 | 25m | 27-3-16 | Haarlem (NED) | 375 |

200 rugslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 2:26.44 | 25m | 10-10-99 | Zaandam (NED) | 539 |
| 2. Kingma Danae | 00 | 08-021 | 2:27.57 | 25m | 18-3-18 | Purmerend (NED) | 527 |
| 3. Broek Jade | 97 | 08-021 | 2:30.24 | 25m | 16-11-19 | Hoofddorp (NED) | 499 |
| 4. van 't Veer Iris | 03 | 08-021 | 2:35.01 | 25m | 16-11-19 | Hoofddorp (NED) | 455 |
| 5. Crok Linda | 94 | 08-021 | 2:36.36 | 25m | 11-4-10 | Zaandam (NED) | 443 |
| 6. Groen Anne | 95 | 08-021 | 2:36.71 | 25m | 29-1-23 | Heemskerk (NED) | 440 |
| 7. Hoekstra Eline | 03 | 08-021 | 2:36.92 | 25m | 29-1-23 | Heemskerk (NED) | 438 |
| 8. Koper Fiona | 01 | 08-021 | 2:37.77 | 25m | 18-3-18 | Purmerend (NED) | 431 |
| 9. Kleijne Daisy | 89 | 08-021 | 2:38.20 | 25m | 10-4-05 | Zuidoost-Beemster (NED) | 428 |
| 10. de Graaf Annemiek | 70 | 08-021 | 2:39.30 | 25m | 13-4-86 | | 419 |
| 11. Schelvis Roos | 86 | 08-021 | 2:39.57 | 25m | 19-11-00 | Zaandam (NED) | 417 |
| 12. Smit Sanne | 01 | 08-021 | 2:40.69 | 25m | 18-3-18 | Purmerend (NED) | 408 |
| 13. Gijzen-van der Kroft Nicole | 84 | 08-021 | 2:40.92 | 25m | 14-12-00 | Heemskerk (NED) | 406 |
| 14. Palmboom Nicole | 91 | 08-021 | 2:41.16 | 25m | 9-3-08 | Heemskerk (NED) | 404 |
| 15. Stel Serena | 98 | 08-021 | 2:41.22 | 25m | 21-3-10 | Zaandam (NED) | 404 |
| 16. Wentink Yara | 04 | 08-021 | 2:42.13 | 25m | 21-10-18 | Purmerend (NED) | 397 |
| 17. Meijer Sylvia | 81 | 08-021 | 2:42.31 | 25m | 24-9-98 | Heemskerk (NED) | 396 |
| 18. Hulshof Saskia | 73 | 08-021 | 2:42.50 | 25m | 4-11-89 | | 394 |
| 19. Koster Lisa | 94 | 08-021 | 2:42.59 | 25m | 21-10-07 | Zaandam (NED) | 394 |
| 20. Crok Annemarie | 89 | 08-021 | 2:42.61 | 25m | 14-3-04 | Zaandam | 394 |
| 21. Mallon Danique | 94 | 08-021 | 2:42.74 | 25m | 11-4-10 | Zaandam (NED) | 393 |
| 22. Poppema Yvonne | 68 | 08-021 | 2:43.10 | 25m | 31-12-83 | | 390 |
| 23. Siemerink Laura | 04 | 08-021 | 2:43.28 | 25m | 16-11-19 | Hoofddorp (NED) | 389 |
| 24. Kramer Miranda | 80 | 08-021 | 2:43.40 | 25m | 10-10-96 | Heemskerk (NED) | 388 |
| 25. Vink Lidewij | 90 | 08-021 | 2:43.41 | 25m | 9-3-08 | Heemskerk (NED) | 388 |

500 rugslag**25 schoolslag**

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|---------------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Palmboom Nicole | 91 | 08-021 | 17.22 | 25m | 27-4-06 | Heemskerk | 462 |
| 2. Kramer Miranda | 80 | 08-021 | 17.60 | 25m | 19-3-98 | Heemskerk (NED) | 433 |
| 3. Hoekstra Eline | 03 | 08-021 | 17.70 | 25m | 7-7-22 | Heemskerk (NED) | 426 |
| 4. van Honk Chantal | 80 | 08-021 | 17.80 | 25m | 16-5-91 | Heemskerk (NED) | 419 |
| 4. van Rookhuizen Sieta | 79 | 08-021 | 17.80 | 25m | 13-3-97 | Heemskerk (NED) | 419 |
| 6. de Groot Daniëlle | 93 | 08-021 | 17.83 | 25m | 29-5-08 | Heemskerk (NED) | 416 |
| 7. Hulshof Saskia | 73 | 08-021 | 17.90 | 25m | 12-1-89 | Heemskerk (NED) | 412 |
| 7. Stam Vanessa | 80 | 08-021 | 17.90 | 25m | 13-3-97 | Heemskerk (NED) | 412 |
| 9. van der Geest Saskia | 73 | 08-021 | 18.10 | 25m | 12-1-89 | Heemskerk (NED) | 398 |
| 9. Broek Jade | 97 | 08-021 | 18.10 | 25m | 7-7-22 | Heemskerk (NED) | 398 |
| 11. Hogema Fabiën | 93 | 08-021 | 18.32 | 25m | 19-4-07 | Heemskerk (NED) | 384 |
| 11. de Haan Shira | 00 | 08-021 | 18.32 | 25m | 7-7-22 | Heemskerk (NED) | 384 |
| 13. Gijzen-van der Kroft Nicole | 84 | 08-021 | 18.40 | 25m | 13-3-97 | Heemskerk (NED) | 379 |
| 14. van der Gracht Anouk | 89 | 08-021 | 18.41 | 25m | 27-4-06 | Heemskerk | 378 |
| 15. Koster Lisa | 94 | 08-021 | 18.50 | 25m | 19-4-07 | Heemskerk (NED) | 373 |
| 16. Schelvis Femke | 84 | 08-021 | 18.60 | 25m | 19-3-98 | Heemskerk (NED) | 367 |
| 17. Wentink Yara | 04 | 08-021 | 18.62 | 25m | 7-7-22 | Heemskerk (NED) | 366 |
| 18. Schelvis Roos | 86 | 08-021 | 18.63 | 25m | 22-2-01 | Heemskerk (NED) | 365 |
| 19. Crok Linda | 94 | 08-021 | 18.68 | 25m | 29-5-08 | Heemskerk (NED) | 362 |
| 20. Boekling Annette | 85 | 08-021 | 18.72 | 25m | 22-2-01 | Heemskerk (NED) | 360 |
| 21. Vink Lidewij | 90 | 08-021 | 18.88 | 25m | 19-4-07 | Heemskerk (NED) | 351 |
| 22. Stins Mariska | 84 | 08-021 | 18.89 | 25m | 25-3-99 | Heemskerk (NED) | 350 |
| 23. Crok Annemarie | 89 | 08-021 | 19.04 | 25m | 27-4-06 | Heemskerk | 342 |
| 24. Vink Marjolein | 93 | 08-021 | 19.06 | 25m | 19-4-07 | Heemskerk (NED) | 341 |
| 25. Schuyt Simone | 75 | 08-021 | 19.10 | 25m | 12-1-89 | Heemskerk (NED) | 339 |

50 schoolslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 34.17 | 25m | 13-11-16 | Purmerend (NED) | 588 |
| 2. Broek Jade | 97 | 08-021 | 36.51 | 25m | 13-11-16 | Purmerend (NED) | 482 |
| 3. ten Bokkel Henriëke | 94 | 08-021 | 36.64 | 25m | 13-1-19 | Purmerend (NED) | 477 |
| 4. van Honk Chantal | 80 | 08-021 | 37.00 | 25m | 12-5-93 | | 463 |
| 5. Palmboom Nicole | 91 | 08-021 | 37.64 | 25m | 30-12-07 | Maastricht (NED) | 440 |
| 6. de Haan Shira | 00 | 08-021 | 38.14 | 25m | 7-10-18 | Purmerend (NED) | 423 |
| 7. Siemerink Laura | 04 | 08-021 | 38.79 | 25m | 21-4-19 | Haarlem (NED) | 402 |
| 8. van 't Veer Iris | 03 | 08-021 | 38.89 | 25m | 27-2-25 | Heemskerk (NED) | 399 |
| 9. van der Geest Saskia | 73 | 08-021 | 38.90 | 25m | 31-12-88 | | 399 |
| 10. Kramer Miranda | 80 | 08-021 | 38.91 | 25m | 16-4-00 | Almelo (NED) | 398 |
| 11. Stam Vanessa | 80 | 08-021 | 39.00 | 25m | 26-1-97 | Zuidoost Beemster (NED) | 396 |
| 12. de Groot Daniëlle | 93 | 08-021 | 39.29 | 25m | 10-2-08 | Purmerend (NED) | 387 |
| 12. Wentink Yara | 04 | 08-021 | 39.29 | 25m | 14-3-24 | Heemskerk (NED) | 387 |
| 14. Crok Linda | 94 | 08-021 | 39.33 | 25m | 3-3-13 | Purmerend (NED) | 386 |
| 15. Smit Sanne | 01 | 08-021 | 39.35 | 25m | 7-3-19 | Heemskerk (NED) | 385 |
| 16. van Rookhuizen Sieta | 79 | 08-021 | 39.42 | 25m | 24-9-98 | Heemskerk (NED) | 383 |
| 17. Groen Anne | 95 | 08-021 | 39.62 | 25m | 16-3-17 | Heemskerk (NED) | 377 |
| 18. Koper Fiona | 01 | 08-021 | 39.89 | 25m | 7-3-19 | Heemskerk (NED) | 370 |
| 19. Hoekstra Eline | 03 | 08-021 | 39.99 | 25m | 1-4-18 | Haarlem (NED) | 367 |
| 20. Koster Lisa | 94 | 08-021 | 40.10 | 25m | 30-12-07 | Maastricht (NED) | 364 |
| 21. Schelvis Femke | 84 | 08-021 | 40.22 | 25m | 25-11-04 | Heemskerk (NED) | 361 |
| 22. Herwegh Binthy | 09 | 08-021 | 40.25 | 25m | 27-10-24 | Zaandam (NED) | 360 |

50 schoolslag (sinds 23)

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 23. Gijzen-van der Kroft Nicole | 84 | 08-021 | 40.32 | 25m | 17-3-02 | Zaandam | 358 |
| 24. Hulshof Saskia | 73 | 08-021 | 40.40 | 25m | 14-12-88 | | 356 |
| 25. de Boer Maia | 03 | 08-021 | 40.52 | 25m | 21-9-23 | Heemskerk (NED) | 353 |

100 schoolslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 1:16.62 | 25m | 13-11-16 | Purmerend (NED) | 539 |
| 2. Broek Jade | 97 | 08-021 | 1:19.62 | 25m | 24-11-19 | Hoofddorp (NED) | 480 |
| 3. van Honk Chantal | 80 | 08-021 | 1:19.80 | 25m | 13-12-92 | Heemskerk (NED) | 477 |
| 4. Drubers Mirjam | 67 | 08-021 | 1:20.90 | 25m | 31-12-85 | | 458 |
| 5. de Haan Shira | 00 | 08-021 | 1:21.89 | 25m | 7-10-18 | Purmerend (NED) | 441 |
| 6. Palmboom Nicole | 91 | 08-021 | 1:22.16 | 25m | 25-11-07 | Amsterdam (NED) | 437 |
| 7. van der Geest Saskia | 73 | 08-021 | 1:22.60 | 25m | 7-2-88 | Heemskerk (NED) | 430 |
| 8. Stam Vanessa | 80 | 08-021 | 1:24.30 | 25m | 7-11-96 | Heemskerk (NED) | 404 |
| 9. van Rookhuizen Sieta | 79 | 08-021 | 1:24.87 | 25m | 5-4-99 | Haarlem (NED) | 396 |
| 9. de Groot Daniëlle | 93 | 08-021 | 1:24.87 | 25m | 27-3-08 | Heemskerk (NED) | 396 |
| 11. Kramer Miranda | 80 | 08-021 | 1:25.00 | 25m | 13-4-98 | Haarlem (NED) | 394 |
| 12. Crok Linda | 94 | 08-021 | 1:25.35 | 25m | 1-10-17 | Purmerend (NED) | 390 |
| 13. Hoekstra Eline | 03 | 08-021 | 1:25.41 | 25m | 8-10-20 | Heemskerk (NED) | 389 |
| 14. Wentink Yara | 04 | 08-021 | 1:25.45 | 25m | 26-9-24 | Heemskerk (NED) | 388 |
| 15. Teufer Irene | 96 | 08-021 | 1:25.82 | 25m | 24-3-08 | Haarlem (NED) | 383 |
| 16. Schelvis Femke | 84 | 08-021 | 1:25.84 | 25m | 28-1-99 | Heemskerk (NED) | 383 |
| 17. van 't Veer Iris | 03 | 08-021 | 1:25.89 | 25m | 3-11-19 | Purmerend (NED) | 382 |
| 18. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:25.98 | 25m | 28-3-02 | Heemskerk | 381 |
| 19. Groen Anne | 95 | 08-021 | 1:26.47 | 25m | 13-10-16 | Heemskerk (NED) | 375 |
| 20. Stam Sabrina | 82 | 08-021 | 1:26.50 | 25m | 14-12-97 | Heemskerk (NED) | 374 |
| 21. Schelvis Roos | 86 | 08-021 | 1:26.96 | 25m | 28-3-02 | Heemskerk | 368 |
| 22. Herwegh Binthy | 09 | 08-021 | 1:26.99 | 25m | 20-10-24 | Heemskerk (NED) | 368 |
| 23. Crok Annemarie | 89 | 08-021 | 1:27.24 | 25m | 19-11-09 | Heemskerk (NED) | 365 |
| 24. Peters Yvonne | 63 | 08-021 | 1:27.40 | 25m | 6-10-85 | Wormerveer (NED) | 363 |
| 25. Siemerink Laura | 04 | 08-021 | 1:27.53 | 25m | 13-1-19 | Purmerend (NED) | 361 |

200 schoolslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|-------------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 2:53.96 | 25m | 4-10-15 | Purmerend (NED) | 462 |
| 2. de Haan Shira | 00 | 08-021 | 2:54.99 | 25m | 15-1-17 | Alkmaar (NED) | 454 |
| 3. van Honk Chantal | 80 | 08-021 | 2:55.20 | 25m | 9-1-93 | Zuidoost Beemster (NED) | 453 |
| 4. Broek Jade | 97 | 08-021 | 2:57.88 | 25m | 12-2-17 | Purmerend (NED) | 432 |
| 5. van der Geest Saskia | 73 | 08-021 | 2:58.90 | 25m | 31-12-88 | | 425 |
| 6. Stam Vanessa | 80 | 08-021 | 2:59.80 | 25m | 6-4-97 | Heemskerk (NED) | 419 |
| 7. Hoekstra Eline | 03 | 08-021 | 3:00.09 | 25m | 6-10-19 | Purmerend (NED) | 417 |
| 8. van 't Veer Iris | 03 | 08-021 | 3:01.36 | 25m | 12-1-20 | Purmerend (NED) | 408 |
| 9. ten Bokkel Henriëke | 94 | 08-021 | 3:02.03 | 25m | 10-2-19 | Purmerend (NED) | 404 |
| 10. van Rookhuizen Sieta | 79 | 08-021 | 3:02.04 | 25m | 10-10-99 | Zaandam (NED) | 403 |
| 11. Gijzen-van der Kroft Nicole | 84 | 08-021 | 3:02.41 | 25m | 25-1-01 | Heemskerk (NED) | 401 |
| 12. Kramer Miranda | 80 | 08-021 | 3:02.52 | 25m | 27-1-00 | Heemskerk (NED) | 400 |
| 13. Palmboom Nicole | 91 | 08-021 | 3:02.96 | 25m | 13-12-07 | Heemskerk (NED) | 397 |
| 14. de Groot Daniëlle | 93 | 08-021 | 3:04.53 | 25m | 9-3-08 | Heemskerk (NED) | 387 |
| 15. Schelvis Femke | 84 | 08-021 | 3:05.36 | 25m | 3-10-04 | Heemskerk (NED) | 382 |
| 16. Crok Linda | 94 | 08-021 | 3:05.44 | 25m | 19-1-14 | Zaandam (NED) | 382 |
| 17. Crok Annemarie | 89 | 08-021 | 3:05.90 | 25m | 16-1-11 | Zaandam (NED) | 379 |
| 18. Teufer Irene | 96 | 08-021 | 3:06.47 | 25m | 20-1-08 | Zaandam (NED) | 375 |
| 19. Schelvis Roos | 86 | 08-021 | 3:07.13 | 25m | 21-11-99 | Heemskerk (NED) | 371 |

200 schoolslag (sinds 20)

| | | | | | | | |
|----------------------|----|--------|---------|-----|----------|-----------------|-----|
| 20. Herwegh Binthy | 09 | 08-021 | 3:07.69 | 25m | 15-10-23 | Alkmaar (NED) | 368 |
| 21. Smit Sanne | 01 | 08-021 | 3:08.36 | 25m | 12-3-17 | Purmerend (NED) | 364 |
| 22. Vink Lidewij | 90 | 08-021 | 3:08.43 | 25m | 27-10-05 | Heemskerk (NED) | 364 |
| 23. Wentink Yara | 04 | 08-021 | 3:08.99 | 25m | 29-1-23 | Heemskerk (NED) | 361 |
| 24. van Galen Angela | 65 | 08-021 | 3:09.00 | 25m | 5-4-81 | Heemskerk (NED) | 360 |
| 25. Niesten Iris | 92 | 08-021 | 3:09.37 | 25m | 5-10-08 | Heemskerk (NED) | 358 |

250 schoolslag500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|-------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 13.74 | 25m | 4-5-00 | Heemskerk (NED) | 540 |
| 2. Wentink Yara | 04 | 08-021 | 13.79 | 25m | 7-7-22 | Heemskerk (NED) | 534 |
| 3. Hoekstra Eline | 03 | 08-021 | 13.99 | 25m | 7-7-22 | Heemskerk (NED) | 511 |
| 4. Koopman Inge | 93 | 08-021 | 14.03 | 25m | 7-7-22 | Heemskerk (NED) | 507 |
| 5. Broek Jade | 97 | 08-021 | 14.58 | 25m | 7-7-22 | Heemskerk (NED) | 452 |
| 6. van Rijn-Hofwegen Wilma | 71 | 08-021 | 14.72 | 25m | 1-12-13 | Vlaardingen (NED) | 439 |
| 7. de Haan Shira | 00 | 08-021 | 14.73 | 25m | 7-7-22 | Heemskerk (NED) | 438 |
| 8. Crok Annemarie | 89 | 08-021 | 14.93 | 25m | 30-6-11 | Heemskerk (NED) | 421 |
| 9. Palmboom Nicole | 91 | 08-021 | 15.02 | 25m | 19-4-07 | Heemskerk (NED) | 413 |
| 10. Siemerink Laura | 04 | 08-021 | 15.05 | 25m | 7-7-22 | Heemskerk (NED) | 411 |
| 11. van Staveren Marina | 78 | 08-021 | 15.06 | 25m | 17-11-11 | Heemskerk (NED) | 410 |
| 12. de Groot Daniëlle | 93 | 08-021 | 15.10 | 25m | 29-5-08 | Heemskerk (NED) | 406 |
| 13. Vink Lidewij | 90 | 08-021 | 15.14 | 25m | 19-4-07 | Heemskerk (NED) | 403 |
| 14. Gijzen-van der Kroft Nicole | 84 | 08-021 | 15.23 | 25m | 29-3-01 | Heemskerk (NED) | 396 |
| 15. Besse Karen | 75 | 08-021 | 15.30 | 25m | 12-1-89 | Heemskerk (NED) | 391 |
| 15. Butter Anouk | 82 | 08-021 | 15.30 | 25m | 29-3-01 | Heemskerk (NED) | 391 |
| 15. Stins Mariska | 84 | 08-021 | 15.30 | 25m | 19-4-07 | Heemskerk (NED) | 391 |

25 vlinderslag (sinds 18)

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 18. Schelvis Roos | 86 | 08-021 | 15.39 | 25m | 29-3-01 | Heemskerk (NED) | 384 |
| 19. Hulshof Saskia | 73 | 08-021 | 15.40 | 25m | 31-12-89 | Heemskerk (NED) | 383 |
| 19. van der Gracht Anouk | 89 | 08-021 | 15.40 | 25m | 29-5-08 | Heemskerk (NED) | 383 |
| 21. Meijer Sylvia | 81 | 08-021 | 15.41 | 25m | 29-3-01 | Heemskerk (NED) | 382 |
| 21. Hoek Daniëlle | 88 | 08-021 | 15.41 | 25m | 30-6-11 | Heemskerk (NED) | 382 |
| 23. de Boer Irene | 84 | 08-021 | 15.46 | 25m | 29-3-01 | Heemskerk (NED) | 379 |
| 24. Koster Lisa | 94 | 08-021 | 15.51 | 25m | 29-5-08 | Heemskerk (NED) | 375 |
| 25. Vink Marjolein | 93 | 08-021 | 15.54 | 25m | 29-5-08 | Heemskerk (NED) | 373 |

50 vlinderslag

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 28.75 | 25m | 22-5-22 | Hoofddorp (NED) | 609 |
| 2. Kingma Danae | 00 | 08-021 | 29.36 | 25m | 20-10-17 | Amsterdam (NED) | 572 |
| 3. Broek Jade | 97 | 08-021 | 30.60 | 25m | 10-12-15 | Heemskerk (NED) | 505 |
| 4. Schelvis Femke | 84 | 08-021 | 30.83 | 25m | 17-10-99 | Zaandam (NED) | 494 |
| 5. Hoekstra Eline | 03 | 08-021 | 30.94 | 25m | 22-5-22 | Hoofddorp (NED) | 489 |
| 6. Siemerink Laura | 04 | 08-021 | 31.04 | 25m | 7-11-19 | Heemskerk (NED) | 484 |
| 7. Palmboom Nicole | 91 | 08-021 | 31.87 | 25m | 24-3-08 | Haarlem (NED) | 447 |
| 8. van der Gracht Anouk | 89 | 08-021 | 31.89 | 25m | 12-12-13 | Heemskerk (NED) | 446 |
| 9. Koopman Inge | 93 | 08-021 | 31.95 | 25m | 17-2-22 | Heemskerk (NED) | 444 |
| 10. van de Poll Marianne | 89 | 08-021 | 32.31 | 25m | 4-4-04 | Zaandam | 429 |
| 11. Smit Sanne | 01 | 08-021 | 32.36 | 25m | 29-11-18 | Heemskerk (NED) | 427 |
| 12. Crok Annemarie | 89 | 08-021 | 32.37 | 25m | 17-11-11 | Heemskerk (NED) | 427 |
| 13. Drubers Mirjam | 67 | 08-021 | 32.50 | 25m | 10-11-85 | | 422 |
| 14. de Haan Shira | 00 | 08-021 | 32.56 | 25m | 19-9-21 | Zaandam (NED) | 419 |
| 15. Groen Anne | 95 | 08-021 | 32.57 | 25m | 12-2-17 | Purmerend (NED) | 419 |
| 16. Vink Lidewij | 90 | 08-021 | 32.65 | 25m | 5-3-06 | Purmerend (NED) | 416 |
| 17. ten Bokkel Henrieke | 94 | 08-021 | 32.73 | 25m | 10-2-19 | Purmerend (NED) | 413 |
| 18. Gijzen-van der Kroft Nicole | 84 | 08-021 | 32.95 | 25m | 18-12-03 | Heemskerk (NED) | 405 |
| 19. Verbree Bets | 63 | 08-021 | 33.00 | 25m | 17-5-81 | Castricum (NED) | 403 |
| 20. Hoek Daniëlle | 88 | 08-021 | 33.06 | 25m | 19-2-12 | Purmerend (NED) | 401 |
| 21. van Staveren Marina | 78 | 08-021 | 33.15 | 25m | 22-3-12 | Heemskerk (NED) | 397 |
| 22. Teufer Irene | 96 | 08-021 | 33.18 | 25m | 9-3-08 | Heemskerk (NED) | 396 |
| 23. Koper Fiona | 01 | 08-021 | 33.19 | 25m | 18-1-18 | Heemskerk (NED) | 396 |
| 24. Stam Vanessa | 80 | 08-021 | 33.30 | 25m | 24-5-98 | Zaandam (NED) | 392 |
| 25. de Groot Daniëlle | 93 | 08-021 | 33.34 | 25m | 29-12-07 | Maastricht (NED) | 391 |

100 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 1:05.06 | 25m | 23-11-24 | Den Haag (NED) | 591 |
| 2. Schelvis Femke | 84 | 08-021 | 1:08.80 | 25m | 10-10-99 | Zaandam (NED) | 500 |
| 3. Broek Jade | 97 | 08-021 | 1:09.19 | 25m | 3-11-19 | Purmerend (NED) | 491 |
| 4. Kingma Danae | 00 | 08-021 | 1:09.42 | 25m | 13-1-19 | Purmerend (NED) | 486 |
| 5. Hoekstra Eline | 03 | 08-021 | 1:09.89 | 25m | 12-11-23 | Den Helder (NED) | 477 |
| 6. Drubers Mirjam | 67 | 08-021 | 1:10.80 | 25m | 31-12-85 | | 458 |
| 7. Smit Sanne | 01 | 08-021 | 1:11.71 | 25m | 18-11-18 | Hoofddorp (NED) | 441 |
| 8. Vink Lidewij | 90 | 08-021 | 1:12.85 | 25m | 10-12-06 | Heemskerk (NED) | 421 |
| 9. de Groot Daniëlle | 93 | 08-021 | 1:13.13 | 25m | 25-11-07 | Amsterdam (NED) | 416 |
| 10. Palmboom Nicole | 91 | 08-021 | 1:13.63 | 25m | 17-11-07 | Barneveld (NED) | 407 |
| 11. Mallon Danique | 94 | 08-021 | 1:13.93 | 25m | 23-5-10 | Purmerend (NED) | 403 |
| 11. van der Gracht Anouk | 89 | 08-021 | 1:13.93 | 25m | 9-3-14 | Zaandam (NED) | 403 |
| 13. Crok Annemarie | 89 | 08-021 | 1:14.05 | 25m | 29-11-09 | Heemskerk (NED) | 401 |
| 14. Verbree Bets | 63 | 08-021 | 1:14.50 | 25m | 7-2-82 | | 393 |

100 vlinderslag (sinds 15)

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 15. de Haan Shira | 00 | 08-021 | 1:14.89 | 25m | 12-2-17 | Purmerend (NED) | 387 |
| 16. Koopman Inge | 93 | 08-021 | 1:14.92 | 25m | 24-4-22 | Den Helder (NED) | 387 |
| 17. Hoek Daniëlle | 88 | 08-021 | 1:15.40 | 25m | 9-2-12 | Heemskerk (NED) | 379 |
| 18. van de Poll Marianne | 89 | 08-021 | 1:15.65 | 25m | 14-12-03 | Heemskerk (NED) | 376 |
| 19. Stins Mariska | 84 | 08-021 | 1:15.83 | 25m | 27-5-04 | Heemskerk (NED) | 373 |
| 20. Groen Anne | 95 | 08-021 | 1:16.26 | 25m | 2-2-17 | Heemskerk (NED) | 367 |
| 21. Stam Vanessa | 80 | 08-021 | 1:16.60 | 25m | 15-12-96 | Heemskerk (NED) | 362 |
| 22. Essers Sanne | 91 | 08-021 | 1:16.69 | 25m | 21-10-07 | Zaandam (NED) | 361 |
| 23. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:16.86 | 25m | 14-1-01 | Heemskerk (NED) | 358 |
| 24. Siemerink Laura | 04 | 08-021 | 1:17.11 | 25m | 17-11-19 | Hoofddorp (NED) | 355 |
| 25. Besse Karen | 75 | 08-021 | 1:17.20 | 25m | 24-2-91 | Heemskerk (NED) | 353 |

200 vlinderslag

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|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 2:34.17 | 25m | 10-3-24 | Purmerend (NED) | 466 |
| 2. Schelvis Femke | 84 | 08-021 | 2:35.87 | 25m | 25-11-04 | Heemskerk (NED) | 451 |
| 3. Hoekstra Eline | 03 | 08-021 | 2:38.02 | 25m | 16-2-25 | Haarlem (NED) | 433 |
| 4. Vink Lidewij | 90 | 08-021 | 2:46.45 | 25m | 21-1-07 | Zaandam (NED) | 371 |
| 5. Mallon Danique | 94 | 08-021 | 2:48.96 | 25m | 18-2-10 | Heemskerk (NED) | 354 |
| 6. Broek Jade | 97 | 08-021 | 2:48.98 | 25m | 24-3-19 | Purmerend (NED) | 354 |
| 7. Stam Vanessa | 80 | 08-021 | 2:49.10 | 25m | 29-3-98 | Heemstede (NED) | 353 |
| 8. Crok Annemarie | 89 | 08-021 | 2:49.30 | 25m | 14-3-10 | Heemskerk (NED) | 352 |
| 9. Palmboom Nicole | 91 | 08-021 | 2:51.40 | 25m | 31-1-08 | Heemskerk (NED) | 339 |
| 10. van der Gracht Anouk | 89 | 08-021 | 2:52.59 | 25m | 9-3-08 | Heemskerk (NED) | 332 |
| 11. Teufer Irene | 96 | 08-021 | 2:54.51 | 25m | 16-12-07 | Zaandam (NED) | 321 |
| 12. Verbree Bets | 63 | 08-021 | 2:54.70 | 25m | 31-12-81 | | 320 |
| 13. de Groot Daniëlle | 93 | 08-021 | 2:56.23 | 25m | 26-5-07 | Purmerend (NED) | 312 |
| 14. Stins Mariska | 84 | 08-021 | 2:58.47 | 25m | 15-3-09 | Haarlem (NED) | 301 |
| 15. Kingma Danae | 00 | 08-021 | 2:58.59 | 25m | 24-3-19 | Purmerend (NED) | 300 |
| 16. de Haan Shira | 00 | 08-021 | 2:58.95 | 25m | 12-3-17 | Purmerend (NED) | 298 |
| 17. van de Poll Marianne | 89 | 08-021 | 2:59.51 | 25m | 7-6-03 | Z.o. Beemster | 295 |
| 18. Spijker Kristel | 84 | 08-021 | 3:01.28 | 25m | 14-3-10 | Heemskerk (NED) | 287 |
| 19. Koopman Inge | 93 | 08-021 | 3:02.12 | 25m | 18-2-23 | Heerenveen (NED) | 283 |
| 20. Gijzen-van der Kroft Nicole | 84 | 08-021 | 3:02.96 | 25m | 26-4-01 | Heemskerk (NED) | 279 |
| 21. Schelvis Roos | 86 | 08-021 | 3:03.76 | 25m | 20-12-01 | Heemskerk | 275 |
| 22. Butter Anouk | 82 | 08-021 | 3:04.98 | 25m | 26-4-01 | Heemskerk (NED) | 270 |
| 23. Groen Anne | 95 | 08-021 | 3:05.24 | 25m | 12-3-17 | Purmerend (NED) | 269 |
| 24. Meijer Linda | 77 | 08-021 | 3:06.00 | 25m | 7-2-93 | Volendam (NED) | 265 |
| 24. Kleijne Daisy | 89 | 08-021 | 3:06.00 | 25m | 31-1-08 | Heemskerk (NED) | 265 |

1000 vlinderslag

| | | | | | | | |
|-----------------|----|--------|----------|-----|---------|---------------|--|
| 1. Wentink Yara | 04 | 08-021 | 15:22.84 | 25m | 16-2-25 | Haarlem (NED) | |
|-----------------|----|--------|----------|-----|---------|---------------|--|

100 wisselslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Kingma Danae | 00 | 08-021 | 1:07.44 | 25m | 23-12-17 | Hoofddorp (NED) | 588 |
| 2. Broek Jade | 97 | 08-021 | 1:09.81 | 25m | 2-1-16 | Hoom (NED) | 530 |
| 3. Schelvis Femke | 84 | 08-021 | 1:09.84 | 25m | 18-2-99 | Heemskerk (NED) | 529 |
| 4. Wentink Yara | 04 | 08-021 | 1:10.16 | 25m | 25-6-23 | Rotterdam (NED) | 522 |
| 5. ten Bokkel Henrieke | 94 | 08-021 | 1:11.34 | 25m | 17-5-18 | Heemskerk (NED) | 497 |
| 6. Hoekstra Eline | 03 | 08-021 | 1:12.07 | 25m | 2-6-22 | Heemskerk (NED) | 482 |
| 7. Palmboom Nicole | 91 | 08-021 | 1:12.94 | 25m | 10-2-08 | Purmerend (NED) | 465 |
| 8. Crok Linda | 94 | 08-021 | 1:12.98 | 25m | 11-4-10 | Zaandam (NED) | 464 |
| 9. Groen Anne | 95 | 08-021 | 1:13.00 | 25m | 2-10-16 | Purmerend (NED) | 463 |
| 10. Siemerink Laura | 04 | 08-021 | 1:13.78 | 25m | 22-4-19 | Haarlem (NED) | 449 |
| 11. Koster Lisa | 94 | 08-021 | 1:13.98 | 25m | 12-5-08 | Purmerend (NED) | 445 |
| 12. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:14.28 | 25m | 27-9-01 | Heemskerk | 440 |
| 13. Schelvis Roos | 86 | 08-021 | 1:15.00 | 25m | 12-12-99 | Heemskerk (NED) | 427 |
| 14. Smit Sanne | 01 | 08-021 | 1:15.06 | 25m | 11-12-16 | Alkmaar (NED) | 426 |
| 15. de Haan Shira | 00 | 08-021 | 1:15.07 | 25m | 11-5-17 | Heemskerk (NED) | 426 |
| 16. de Groot Daniëlle | 93 | 08-021 | 1:15.39 | 25m | 6-1-08 | Alkmaar (NED) | 421 |
| 17. Crok Annemarie | 89 | 08-021 | 1:15.40 | 25m | 19-11-09 | Heemskerk (NED) | 420 |
| 18. Kramer Miranda | 80 | 08-021 | 1:15.65 | 25m | 15-11-98 | Zaandam (NED) | 416 |
| 19. van 't Veer Iris | 03 | 08-021 | 1:15.66 | 25m | 17-5-18 | Heemskerk (NED) | 416 |
| 20. Mallon Danique | 94 | 08-021 | 1:15.90 | 25m | 11-4-10 | Zaandam (NED) | 412 |
| 21. Kleijne Daisy | 89 | 08-021 | 1:15.95 | 25m | 30-12-05 | Maastricht (NED) | 411 |
| 22. Koopman Inge | 93 | 08-021 | 1:16.06 | 25m | 2-10-22 | Den Helder (NED) | 410 |
| 23. Besse Karen | 75 | 08-021 | 1:16.10 | 25m | 14-3-91 | Heemskerk (NED) | 409 |
| 24. van der Gracht Anouk | 89 | 08-021 | 1:16.15 | 25m | 20-5-13 | Purmerend (NED) | 408 |
| 25. Hulshof Saskia | 73 | 08-021 | 1:16.20 | 25m | 31-12-89 | Heemskerk (NED) | 407 |

200 wisselslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Schelvis Femke | 84 | 08-021 | 2:29.81 | 25m | 4-11-99 | Heemskerk (NED) | 538 |
| 2. Kingma Danae | 00 | 08-021 | 2:30.72 | 25m | 12-2-17 | Purmerend (NED) | 528 |
| 3. Wentink Yara | 04 | 08-021 | 2:32.25 | 25m | 16-11-24 | Hoofddorp (NED) | 512 |
| 4. Broek Jade | 97 | 08-021 | 2:35.38 | 25m | 15-11-15 | Purmerend (NED) | 482 |
| 5. Hoekstra Eline | 03 | 08-021 | 2:35.53 | 25m | 9-3-25 | Purmerend (NED) | 480 |
| 6. Drubers Mirjam | 67 | 08-021 | 2:35.70 | 25m | 18-5-85 | (NED) | 479 |
| 7. Groen Anne | 95 | 08-021 | 2:37.83 | 25m | 12-3-17 | Purmerend (NED) | 460 |
| 8. Crok Linda | 94 | 08-021 | 2:38.33 | 25m | 24-4-11 | Haarlem (NED) | 455 |
| 9. Smit Sanne | 01 | 08-021 | 2:38.68 | 25m | 10-2-19 | Purmerend (NED) | 452 |
| 10. Palmboom Nicole | 91 | 08-021 | 2:39.09 | 25m | 13-1-08 | Heemskerk (NED) | 449 |
| 11. Crok Annemarie | 89 | 08-021 | 2:40.68 | 25m | 3-4-11 | Zaandam (NED) | 436 |
| 12. Stam Vanessa | 80 | 08-021 | 2:41.90 | 25m | 5-4-98 | Heemskerk (NED) | 426 |
| 13. van 't Veer Iris | 03 | 08-021 | 2:42.29 | 25m | 23-4-23 | Den Helder (NED) | 423 |
| 14. ten Bokkel Henrieke | 94 | 08-021 | 2:42.90 | 25m | 13-1-19 | Purmerend (NED) | 418 |
| 15. de Haan Shira | 00 | 08-021 | 2:42.93 | 25m | 12-2-17 | Purmerend (NED) | 418 |
| 16. Kleijne Daisy | 89 | 08-021 | 2:43.70 | 25m | 9-4-06 | Purmerend (NED) | 412 |
| 17. Vink Lidewij | 90 | 08-021 | 2:44.06 | 25m | 14-12-06 | Heemskerk (NED) | 409 |
| 17. Stel Serena | 98 | 08-021 | 2:44.06 | 25m | 18-4-10 | Zaandam (NED) | 409 |
| 19. Gijzen-van der Kroft Nicole | 84 | 08-021 | 2:44.29 | 25m | 7-10-01 | Zaandam (NED) | 408 |
| 20. Stam Sabrina | 82 | 08-021 | 2:44.60 | 25m | 7-5-98 | Heemskerk (NED) | 405 |
| 21. Koster Lisa | 94 | 08-021 | 2:44.63 | 25m | 25-11-07 | Amsterdam (NED) | 405 |
| 22. Schelvis Roos | 86 | 08-021 | 2:44.66 | 25m | 10-3-02 | Heemskerk | 405 |
| 23. van der Gracht Anouk | 89 | 08-021 | 2:45.00 | 25m | 1-3-08 | Hoom (NED) | 402 |
| 24. Kramer Miranda | 80 | 08-021 | 2:45.04 | 25m | 13-1-02 | Zaandam | 402 |
| 25. Hulshof Saskia | 73 | 08-021 | 2:45.40 | 25m | 11-2-90 | Heemskerk (NED) | 399 |

300 wisselslag

| | | | | | | | |
|-----|-----------------------------|----|--------|---------|-----|----------|-----------------|
| 1. | Schelvis Femke | 84 | 08-021 | 4:07.83 | 25m | 30-11-03 | Heemskerk (NED) |
| 2. | Vink Lidewij | 90 | 08-021 | 4:12.63 | 25m | 13-11-05 | Zaandam (NED) |
| 3. | Schelvis Roos | 86 | 08-021 | 4:19.22 | 25m | 20-1-01 | Amsterdam (NED) |
| 4. | Kleijne Daisy | 89 | 08-021 | 4:20.65 | 25m | 19-12-04 | Heemskerk (NED) |
| 5. | Essers Sanne | 91 | 08-021 | 4:22.14 | 25m | 3-12-06 | Zaandam (NED) |
| 6. | Crok Annemarie | 89 | 08-021 | 4:23.42 | 25m | 13-11-05 | Zaandam (NED) |
| 7. | Hoek Daniëlle | 88 | 08-021 | 4:24.44 | 25m | 13-11-05 | Zaandam (NED) |
| 8. | Crok Linda | 94 | 08-021 | 4:25.22 | 25m | 9-11-08 | Zaandam (NED) |
| 9. | Gijzen-van der Kroft Nicole | 84 | 08-021 | 4:26.28 | 25m | 23-1-00 | Heemskerk (NED) |
| 10. | van de Poll Marianne | 89 | 08-021 | 4:28.07 | 25m | 30-11-03 | Heemskerk (NED) |
| 11. | Stins Mariska | 84 | 08-021 | 4:28.22 | 25m | 20-1-01 | Amsterdam (NED) |
| 12. | de Groot Daniëlle | 93 | 08-021 | 4:29.29 | 25m | 9-12-07 | Zaandam (NED) |
| 13. | van der Gracht Anouk | 89 | 08-021 | 4:30.13 | 25m | 3-12-06 | Zaandam (NED) |
| 14. | Koopman Anitra | 89 | 08-021 | 4:34.08 | 25m | 30-11-03 | Heemskerk (NED) |
| 15. | de Ruijter Linda | 87 | 08-021 | 4:39.73 | 25m | 24-11-02 | Amsterdam |
| 16. | van Ballegooie Simone | 84 | 08-021 | 4:41.34 | 25m | 23-1-00 | Heemskerk (NED) |
| 17. | Mallon Danique | 94 | 08-021 | 4:41.82 | 25m | 9-11-08 | Zaandam (NED) |
| 18. | Palmboom Nicole | 91 | 08-021 | 4:42.54 | 25m | 19-12-04 | Heemskerk (NED) |
| 19. | Heus Pauline | 78 | 08-021 | 4:44.97 | 25m | 23-1-00 | Heemskerk (NED) |
| 20. | Niesten Iris | 92 | 08-021 | 4:47.61 | 25m | 3-12-06 | Zaandam (NED) |
| 21. | Visser Stacey | 87 | 08-021 | 4:50.92 | 25m | 20-1-01 | Amsterdam (NED) |
| 22. | Hogema Fabiën | 93 | 08-021 | 5:00.83 | 25m | 13-11-05 | Zaandam (NED) |
| 23. | Vink Marjolein | 93 | 08-021 | 5:05.15 | 25m | 13-11-05 | Zaandam (NED) |
| 24. | van Ballegooie Stefanie | 86 | 08-021 | 5:05.52 | 25m | 20-1-01 | Amsterdam (NED) |
| 25. | Hoek Laura | 86 | 08-021 | 5:12.22 | 25m | 23-1-00 | Heemskerk (NED) |

400 wisselslag

| | | | | | | | | |
|-----|-----------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. | Hoekstra Eline | 03 | 08-021 | 5:29.10 | 25m | 24-11-19 | Hoofddorp (NED) | 487 |
| 2. | Schelvis Femke | 84 | 08-021 | 5:29.20 | 25m | 10-5-98 | Zaandam (NED) | 486 |
| 3. | Vink Lidewij | 90 | 08-021 | 5:43.03 | 25m | 1-4-06 | Zaandam (NED) | 430 |
| 4. | Smit Sanne | 01 | 08-021 | 5:43.46 | 25m | 17-11-18 | Hoofddorp (NED) | 428 |
| 5. | van 't Veer Iris | 03 | 08-021 | 5:50.25 | 25m | 3-4-22 | Haarlem (NED) | 404 |
| 6. | de Haan Shira | 00 | 08-021 | 5:51.41 | 25m | 4-6-17 | Purmerend (NED) | 400 |
| 7. | van der Gracht Anouk | 89 | 08-021 | 5:52.01 | 25m | 24-2-08 | Zaandam (NED) | 398 |
| 8. | Schelvis Roos | 86 | 08-021 | 5:54.48 | 25m | 25-2-01 | Heemskerk (NED) | 389 |
| 9. | Gijzen-van der Kroft Nicole | 84 | 08-021 | 5:54.96 | 25m | 25-2-01 | Heemskerk (NED) | 388 |
| 10. | Palmboom Nicole | 91 | 08-021 | 5:55.32 | 25m | 15-6-06 | Heemskerk (NED) | 387 |
| 11. | Kleijne Daisy | 89 | 08-021 | 5:55.34 | 25m | 30-1-05 | Zaandam (NED) | 386 |
| 12. | Stins Mariska | 84 | 08-021 | 5:55.41 | 25m | 24-2-02 | Heemskerk | 386 |
| 13. | Stam Vanessa | 80 | 08-021 | 5:56.80 | 25m | 12-1-97 | Heemskerk (NED) | 382 |
| 14. | Crok Linda | 94 | 08-021 | 5:58.13 | 25m | 24-2-08 | Zaandam (NED) | 377 |
| 15. | Essers Sanne | 91 | 08-021 | 6:00.29 | 25m | 11-2-07 | Zaandam (NED) | 371 |
| 16. | Kramer Miranda | 80 | 08-021 | 6:01.21 | 25m | 25-2-01 | Heemskerk (NED) | 368 |
| 17. | Verbree Bets | 63 | 08-021 | 6:03.30 | 25m | 3-4-82 | Heemskerk (NED) | 362 |
| 18. | Besse Karen | 75 | 08-021 | 6:03.50 | 25m | 4-2-90 | Volendam (NED) | 361 |
| 19. | Mallon Danique | 94 | 08-021 | 6:04.26 | 25m | 24-2-08 | Zaandam (NED) | 359 |
| 20. | Hoek Daniëlle | 88 | 08-021 | 6:05.19 | 25m | 30-1-05 | Zaandam (NED) | 356 |
| 21. | van de Poll Marianne | 89 | 08-021 | 6:06.21 | 25m | 29-2-04 | Wormerveer | 353 |
| 22. | Crok Annemarie | 89 | 08-021 | 6:07.62 | 25m | 29-2-04 | Wormerveer | 349 |
| 23. | Koopman Anitra | 89 | 08-021 | 6:09.20 | 25m | 23-2-03 | Heemskerk | 344 |
| 24. | Stam Sabrina | 82 | 08-021 | 6:13.60 | 25m | 23-2-97 | Zaandam (NED) | 332 |
| 25. | de Boer Irene | 84 | 08-021 | 6:14.76 | 25m | 30-3-00 | Heemskerk (NED) | 329 |