

20 - 24 jaar, Heren

1-1-1900-31-7-2025

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Meijer Arno | 75 | 08-021 | 11.60 | 25m | 13-3-97 | Heemskerk (NED) | 487 |
| 1. Gaal Roel | 01 | 08-021 | 11.60 | 25m | 7-7-22 | Heemskerk (NED) | 487 |
| 3. Butter Martijn | 79 | 08-021 | 12.14 | 25m | 25-3-99 | Heemskerk (NED) | 425 |
| 4. Hermans Luuk | 85 | 08-021 | 12.45 | 25m | 19-4-07 | Heemskerk (NED) | 394 |
| 5. Gaal Koen | 99 | 08-021 | 12.47 | 25m | 7-7-22 | Heemskerk (NED) | 392 |
| 6. Jongert Sjoerd | 01 | 08-021 | 12.49 | 25m | 7-7-22 | Heemskerk (NED) | 390 |
| 7. Schaaper Hans | 68 | 08-021 | 12.60 | 25m | 12-1-89 | Heemskerk (NED) | 380 |
| 7. Pover Peter | 69 | 08-021 | 12.60 | 25m | 31-12-89 | Heemskerk (NED) | 380 |
| 9. Kuilman Joris | 80 | 08-021 | 12.75 | 25m | 29-3-01 | Heemskerk (NED) | 367 |
| 10. de Vijlder Michael | 75 | 08-021 | 12.80 | 25m | 13-3-97 | Heemskerk (NED) | 362 |
| 11. van Rookhuizen Barry | 82 | 08-021 | 12.97 | 25m | 27-4-06 | Heemskerk | 348 |
| 12. van der Gracht Jory | 87 | 08-021 | 12.98 | 25m | 30-6-11 | Heemskerk (NED) | 348 |
| 13. Palmboom Pascal | 89 | 08-021 | 13.08 | 25m | 30-6-11 | Heemskerk (NED) | 340 |
| 14. Bal Chester | 78 | 08-021 | 13.50 | 25m | 25-3-99 | Heemskerk (NED) | 309 |
| 15. Wassenaar Marcel | 69 | 08-021 | 13.60 | 25m | 12-1-89 | Heemskerk (NED) | 302 |
| 16. Essers Tim | 88 | 08-021 | 13.66 | 25m | 29-5-08 | Heemskerk (NED) | 298 |
| 17. Beentjes Bastiaan | 78 | 08-021 | 13.73 | 25m | 25-3-99 | Heemskerk (NED) | 294 |
| 18. Hoenink Jarl | 86 | 08-021 | 14.25 | 25m | 19-4-07 | Heemskerk (NED) | 263 |
| 19. Zonneveld Jeroen | 78 | 08-021 | 14.30 | 25m | 12-2-98 | Heemskerk (NED) | 260 |
| 20. Andeweg Celedonio | 76 | 08-021 | 14.90 | 25m | 13-3-97 | Heemskerk (NED) | 230 |

50 vrije slag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 24.16 | 25m | 9-4-23 | Haarlem (NED) | 589 |
| 2. Jongert Jeroen | 96 | 08-021 | 24.78 | 25m | 13-10-16 | Heemskerk (NED) | 546 |
| 3. Kleijne Barry | 93 | 08-021 | 24.96 | 25m | 29-3-15 | Zaandam (NED) | 534 |
| 4. Gaal Roel | 01 | 08-021 | 25.17 | 25m | 10-4-23 | Haarlem (NED) | 521 |
| 5. van Beek Klaas | 88 | 08-021 | 25.27 | 25m | 23-5-10 | Purmerend (NED) | 515 |
| 6. Meijer Arno | 75 | 08-021 | 25.50 | 25m | 26-1-95 | Heemskerk (NED) | 501 |
| 7. Butter Martijn | 79 | 08-021 | 25.61 | 25m | 4-11-99 | Heemskerk (NED) | 495 |
| 8. Jongert Sjoerd | 01 | 08-021 | 25.72 | 25m | 18-9-22 | Alkmaar (NED) | 488 |
| 9. de Wit Stephen | 93 | 08-021 | 25.77 | 25m | 16-2-14 | Purmerend (NED) | 485 |
| 10. Crok Pieter | 91 | 08-021 | 26.03 | 25m | 31-10-13 | Heemskerk (NED) | 471 |
| 10. Gaal Koen | 99 | 08-021 | 26.03 | 25m | 21-11-21 | Den Helder (NED) | 471 |
| 12. Oudendijk Paul | 81 | 08-021 | 26.43 | 25m | 29-1-04 | Heemskerk (NED) | 450 |
| 13. Camphuijnder Jasper | 05 | 08-021 | 26.47 | 25m | 9-3-25 | Purmerend (NED) | 448 |
| 14. Kranenburg Fred | 63 | 08-021 | 26.50 | 25m | 11-12-83 | Heemskerk (NED) | 446 |
| 15. van Rookhuizen Barry | 82 | 08-021 | 26.58 | 25m | 29-1-04 | Heemskerk (NED) | 442 |
| 16. Kramer Vincent | 82 | 08-021 | 26.65 | 25m | 7-11-04 | IJmuiden (NED) | 439 |

50 vrije slag (sinds 17)

| | | | | | | | | |
|-----|---------------------|----|--------|-------|-----|---------|---------------------|-----|
| 17. | van der Gracht Jory | 87 | 08-021 | 26.69 | 25m | 6-12-09 | Zaandam (NED) | 437 |
| 18. | Breton Wouter | 89 | 08-021 | 26.74 | 50m | 16-5-09 | Beverwijk (NED) | 478 |
| 19. | Hermans Luuk | 85 | 08-021 | 26.83 | 25m | 31-5-07 | Heemskerk (NED) | 430 |
| 20. | Verbree John | 61 | 08-021 | 27.10 | 25m | 7-3-82 | | 417 |
| 20. | Schaaper Hans | 68 | 08-021 | 27.10 | 25m | 5-11-89 | Heemskerk (NED) | 417 |
| 22. | Kuilman Joris | 80 | 08-021 | 27.16 | 25m | 3-12-00 | Zaandam (NED) | 415 |
| 23. | van der Kroft Barry | 82 | 08-021 | 27.34 | 25m | 27-4-03 | Zaandam | 406 |
| 24. | Korzelius Ron | 65 | 08-021 | 27.40 | 25m | 22-3-87 | Heerhugowaard (NED) | 404 |
| 24. | de Vijlder Michael | 75 | 08-021 | 27.40 | 25m | 1-5-97 | Heemskerk (NED) | 404 |

100 vrije slag

| | | | | | | | | |
|-----|----------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. | Gaal Roel | 01 | 08-021 | 53.41 | 25m | 3-10-21 | Den Helder (NED) | 595 |
| 2. | Jongert Jeroen | 96 | 08-021 | 53.64 | 25m | 12-2-17 | Purmerend (NED) | 588 |
| 3. | Offringa Rick | 03 | 08-021 | 54.00 | 25m | 23-4-23 | Den Helder (NED) | 576 |
| 4. | Kleijne Barry | 93 | 08-021 | 54.59 | 25m | 23-4-15 | Heemskerk (NED) | 557 |
| 5. | Butter Martijn | 79 | 08-021 | 54.80 | 25m | 4-5-00 | Heemskerk (NED) | 551 |
| 6. | van Beek Klaas | 88 | 08-021 | 55.60 | 25m | 31-5-09 | Purmerend (NED) | 528 |
| 7. | Camphuijnder Jasper | 05 | 08-021 | 56.42 | 25m | 9-3-25 | Purmerend (NED) | 505 |
| 8. | Oudendijk Paul | 81 | 08-021 | 56.85 | 25m | 18-1-04 | IJmuiden (NED) | 493 |
| 9. | de Wit Stephen | 93 | 08-021 | 57.02 | 25m | 17-11-13 | Heemskerk (NED) | 489 |
| 10. | Jongert Sjoerd | 01 | 08-021 | 57.05 | 25m | 26-9-21 | Alkmaar (NED) | 488 |
| 11. | Gaal Koen | 99 | 08-021 | 57.35 | 25m | 23-4-23 | Den Helder (NED) | 481 |
| 12. | Meijer Arno | 75 | 08-021 | 57.80 | 25m | 26-11-95 | Heemskerk (NED) | 470 |
| 13. | van der Gracht Jory | 87 | 08-021 | 57.95 | 25m | 7-11-09 | Hoom (NED) | 466 |
| 14. | Crok Pieter | 91 | 08-021 | 58.19 | 25m | 19-1-14 | Zaandam (NED) | 460 |
| 15. | Kramer Vincent | 82 | 08-021 | 58.90 | 25m | 19-1-03 | Zaandam | 444 |
| 16. | Kuilman Joris | 80 | 08-021 | 58.92 | 25m | 23-4-00 | Haarlem (NED) | 443 |
| 17. | Kranenburg Fred | 63 | 08-021 | 59.00 | 25m | 7-1-84 | Hilversum (NED) | 441 |
| 18. | Korzelius Ron | 65 | 08-021 | 59.10 | 25m | 8-3-87 | Zaandam (NED) | 439 |
| 19. | Tijms Stefan | 93 | 08-021 | 59.76 | 25m | 19-5-13 | Purmerend (NED) | 425 |
| 20. | Verbree John | 61 | 08-021 | 59.80 | 25m | 31-12-85 | | 424 |
| 21. | van Rookhuizen Barry | 82 | 08-021 | 1:00.03 | 25m | 27-3-03 | Heemskerk | 419 |
| 22. | Hermans Luuk | 85 | 08-021 | 1:00.06 | 25m | 24-2-05 | Heemskerk (NED) | 418 |
| 23. | Stins Arnold | 83 | 08-021 | 1:00.23 | 25m | 16-3-03 | Heemskerk | 415 |
| 24. | Steenbergen Roderik | 82 | 08-021 | 1:00.33 | 25m | 27-3-05 | Haarlem (NED) | 413 |
| 25. | van der Kroft Barry | 82 | 08-021 | 1:00.42 | 25m | 27-3-03 | Heemskerk | 411 |

200 vrije slag

| | | | | | | | | |
|-----|---------------------|----|--------|---------|-----|----------|-----------------------------|-----|
| 1. | Offringa Rick | 03 | 08-021 | 1:57.80 | 25m | 30-3-23 | Heemskerk (NED) | 600 |
| 2. | Jongert Jeroen | 96 | 08-021 | 2:00.76 | 25m | 16-3-17 | Heemskerk (NED) | 557 |
| 3. | Butter Martijn | 79 | 08-021 | 2:01.19 | 25m | 18-3-01 | Zaandam (NED) | 551 |
| 4. | Gaal Roel | 01 | 08-021 | 2:01.94 | 25m | 2-2-25 | Den Helder (NED) | 541 |
| 5. | Kleijne Barry | 93 | 08-021 | 2:02.51 | 25m | 6-3-14 | Heemskerk (NED) | 533 |
| 6. | Camphuijnder Jasper | 05 | 08-021 | 2:03.12 | 25m | 2-2-25 | Den Helder (NED) | 525 |
| 7. | van Beek Klaas | 88 | 08-021 | 2:05.63 | 25m | 22-11-09 | Purmerend (NED) | 494 |
| 8. | Gaal Koen | 99 | 08-021 | 2:08.09 | 25m | 20-11-22 | Den Helder (NED) | 466 |
| 9. | Oudendijk Paul | 81 | 08-021 | 2:08.28 | 25m | 18-12-03 | Heemskerk (NED) | 464 |
| 10. | van der Gracht Jory | 87 | 08-021 | 2:08.49 | 25m | 27-9-09 | Zaandam (NED) | 462 |
| 11. | Meijer Arno | 75 | 08-021 | 2:09.60 | 25m | 23-2-95 | Heemskerk (NED) | 450 |
| 12. | de Wit Stephen | 93 | 08-021 | 2:09.67 | 25m | 6-3-14 | Heemskerk (NED) | 450 |
| 13. | Jongert Sjoerd | 01 | 08-021 | 2:10.12 | 25m | 29-10-22 | Nieuwerkerk ad IJssel (NED) | 445 |

200 vrije slag (sinds 14)

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 14. Crok Pieter | 91 | 08-021 | 2:10.61 | 25m | 6-3-14 | Heemskerk (NED) | 440 |
| 15. Tijms Stefan | 93 | 08-021 | 2:13.30 | 25m | 21-3-13 | Heemskerk (NED) | 414 |
| 16. Steenbergen Roderik | 82 | 08-021 | 2:14.31 | 25m | 6-10-02 | Zaandam | 404 |
| 17. Kuilman Joris | 80 | 08-021 | 2:14.35 | 25m | 7-5-00 | Zaandam (NED) | 404 |
| 18. Korzelius Ron | 65 | 08-021 | 2:14.40 | 25m | 30-11-86 | Heemskerk (NED) | 404 |
| 19. Kranenburg Fred | 63 | 08-021 | 2:14.90 | 25m | 16-1-83 | Heemskerk (NED) | 399 |
| 20. Tamis Thijs | 82 | 08-021 | 2:15.02 | 25m | 25-4-02 | Heemskerk | 398 |
| 21. de Vijlder Michael | 75 | 08-021 | 2:15.20 | 25m | 6-4-97 | Heemskerk (NED) | 397 |
| 22. Stins Arnold | 83 | 08-021 | 2:15.41 | 25m | 7-6-03 | Z.o. Beemster | 395 |
| 23. Verbree John | 61 | 08-021 | 2:15.60 | 25m | 16-1-83 | Heemskerk (NED) | 393 |
| 24. Essers Tim | 88 | 08-021 | 2:17.77 | 25m | 2-12-12 | Amstelveen (NED) | 375 |
| 25. Kramer Vincent | 82 | 08-021 | 2:18.14 | 25m | 26-9-02 | Heemskerk | 372 |

250 vrije slag300 vrije slag

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 3:14.75 | 25m | 1-10-23 | Den Helder (NED) | 512 |
| 2. Kleijne Barry | 93 | 08-021 | 3:21.95 | 25m | 4-10-15 | Purmerend (NED) | 459 |
| 3. van Beek Klaas | 88 | 08-021 | 3:26.61 | 25m | 22-11-09 | Purmerend (NED) | 428 |
| 4. Jongert Sjoerd | 01 | 08-021 | 3:29.00 | 25m | 6-10-24 | Den Helder (NED) | 414 |
| 5. Stins Arnold | 83 | 08-021 | 3:35.21 | 25m | 29-4-04 | Heemskerk (NED) | 379 |
| 6. van der Gracht Jory | 87 | 08-021 | 3:36.11 | 25m | 14-10-07 | Zaandam (NED) | 374 |
| 7. Steenbergen Roderik | 82 | 08-021 | 3:43.38 | 25m | 29-4-04 | Heemskerk (NED) | 339 |
| 8. van Rookhuizen Barry | 82 | 08-021 | 3:43.95 | 25m | 29-4-04 | Heemskerk (NED) | 336 |

400 vrije slag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 4:16.68 | 25m | 31-5-01 | Heemskerk (NED) | 565 |
| 2. Offringa Rick | 03 | 08-021 | 4:23.94 | 25m | 1-10-23 | Den Helder (NED) | 520 |
| 3. Jongert Jeroen | 96 | 08-021 | 4:27.04 | 25m | 8-1-17 | Purmerend (NED) | 502 |
| 4. Kleijne Barry | 93 | 08-021 | 4:31.98 | 25m | 4-10-15 | Purmerend (NED) | 475 |
| 5. Oudendijk Paul | 81 | 08-021 | 4:34.87 | 25m | 29-5-04 | Z.o. Beemster | 460 |
| 6. van Beek Klaas | 88 | 08-021 | 4:38.69 | 25m | 4-10-09 | Amsterdam-oost (NED) | 441 |
| 7. van der Gracht Jory | 87 | 08-021 | 4:39.01 | 25m | 18-12-11 | Zaandam (NED) | 440 |
| 8. Meijer Arno | 75 | 08-021 | 4:44.00 | 25m | 29-10-95 | Castricum (NED) | 417 |
| 9. Jongert Sjoerd | 01 | 08-021 | 4:44.94 | 25m | 6-10-24 | Den Helder (NED) | 413 |
| 10. de Vijlder Michael | 75 | 08-021 | 4:51.40 | 25m | 4-4-96 | Heemskerk (NED) | 386 |
| 11. Camphuijnder Jasper | 05 | 08-021 | 4:51.42 | 50m | 23-3-25 | Alkmaar (NED) | 430 |
| 12. Stins Arnold | 83 | 08-021 | 4:54.13 | 25m | 12-6-03 | Heemskerk | 375 |
| 13. Tamis Thijs | 82 | 08-021 | 4:54.90 | 25m | 30-5-02 | Heemskerk | 372 |
| 14. Steenbergen Roderik | 82 | 08-021 | 4:57.14 | 25m | 30-5-02 | Heemskerk | 364 |
| 15. Verbree John | 61 | 08-021 | 4:58.00 | 25m | 14-3-81 | Heemskerk (NED) | 361 |
| 16. Kranenburg Fred | 63 | 08-021 | 5:00.00 | 25m | 27-2-83 | Assendelft (NED) | 354 |
| 17. Tijms Stefan | 93 | 08-021 | 5:02.16 | 25m | 9-2-14 | Zaandam (NED) | 346 |
| 18. Kramer Vincent | 82 | 08-021 | 5:02.24 | 25m | 12-6-03 | Heemskerk | 346 |
| 19. Schaaper Hans | 68 | 08-021 | 5:03.00 | 25m | 19-2-89 | Heemskerk (NED) | 343 |
| 20. Pover Peter | 69 | 08-021 | 5:05.40 | 25m | 30-6-93 | | 335 |
| 20. Kuilman Joris | 80 | 08-021 | 5:05.40 | 25m | 31-5-01 | Heemskerk (NED) | 335 |
| 22. Wassenaar Marcel | 69 | 08-021 | 5:06.40 | 25m | 19-2-89 | Heemskerk (NED) | 332 |
| 23. van Rookhuizen Barry | 82 | 08-021 | 5:07.41 | 25m | 29-4-04 | Heemskerk (NED) | 329 |
| 24. van der Kroft Barry | 82 | 08-021 | 5:09.77 | 25m | 30-5-02 | Heemskerk | 321 |
| 25. Bal Chester | 78 | 08-021 | 5:19.40 | 25m | 19-3-98 | Heemskerk (NED) | 293 |

500 vrije slag

| | | | | | | |
|-------------------|----|--------|---------|----|--------|-----------------|
| 1. van Beek Klaas | 88 | 08-021 | 7:09.24 | OW | 3-7-10 | Appeltern (NED) |
|-------------------|----|--------|---------|----|--------|-----------------|

800 vrije slag

| | | | | | | | |
|------------------------|----|--------|----------|-----|----------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 8:55.09 | 25m | 21-1-01 | Heemskerk (NED) | 569 |
| 2. Oudendijk Paul | 81 | 08-021 | 9:39.57 | 25m | 17-10-04 | Zaandam (NED) | 447 |
| 3. Kleijne Barry | 93 | 08-021 | 9:44.41 | 25m | 18-10-15 | Zaandam (NED) | 436 |
| 4. Camphuijnder Jasper | 05 | 08-021 | 10:00.41 | 50m | 23-3-25 | Alkmaar (NED) | 426 |
| 5. van der Gracht Jory | 87 | 08-021 | 10:04.40 | 25m | 14-10-07 | Zaandam (NED) | 394 |
| 6. Offringa Rick | 03 | 08-021 | 10:07.41 | 50m | 19-2-23 | Alkmaar (NED) | 412 |
| 7. Tamis Thijs | 82 | 08-021 | 10:19.19 | 25m | 8-9-02 | Heemskerk | 367 |
| 8. de Vijlder Michael | 75 | 08-021 | 10:26.90 | 25m | 16-12-95 | | 353 |
| 9. Tijms Stefan | 93 | 08-021 | 10:27.55 | 25m | 9-2-14 | Zaandam (NED) | 352 |
| 10. Beentjes Bastiaan | 78 | 08-021 | 11:03.96 | 25m | 23-1-00 | Heemskerk (NED) | 297 |

1000 vrije slag

| | | | | | | |
|------------------------|----|--------|----------|----|---------|----------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 12:59.92 | OW | 25-6-05 | Scheerwolde (NED) |
| 2. Butter Martijn | 79 | 08-021 | 13:01.20 | OW | 13-8-00 | Eersel (NED) |
| 3. van Beek Klaas | 88 | 08-021 | 13:13.09 | OW | 5-9-09 | Wilhelminadorp (NED) |
| 4. van der Gracht Jory | 87 | 08-021 | 13:27.87 | OW | 5-9-09 | Wilhelminadorp (NED) |
| 5. Tijms Stefan | 93 | 08-021 | 14:46.80 | OW | 6-7-13 | Appeltern (NED) |
| 6. Breton Wouter | 89 | 08-021 | 15:04.19 | OW | 26-7-09 | Langedijk (NED) |
| 7. Essers Tim | 88 | 08-021 | 15:22.72 | OW | 14-8-10 | Heerjansdam (NED) |
| 8. Verbree John | 61 | 08-021 | 15:24.40 | OW | 14-6-81 | Amstelveen (NED) |
| 9. Goverde Ad | 59 | 08-021 | 16:00.40 | OW | 14-6-81 | Amstelveen (NED) |
| 10. Beentjes Bastiaan | 78 | 08-021 | 16:05.38 | OW | 13-8-00 | Eersel (NED) |

1250 vrije slag**1500 vrije slag**

| | | | | | | | |
|------------------------|----|--------|----------|-----|----------|---------------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 17:04.13 | 25m | 11-2-01 | Zaandam (NED) | 567 |
| 2. Oudendijk Paul | 81 | 08-021 | 18:41.59 | 25m | 16-11-03 | Heemskerk (NED) | 432 |
| 3. Offringa Rick | 03 | 08-021 | 19:12.98 | 50m | 19-2-23 | Alkmaar (NED) | 431 |
| 4. Camphuijnder Jasper | 05 | 08-021 | 19:13.30 | 50m | 23-3-25 | Alkmaar (NED) | 430 |
| 5. van der Gracht Jory | 87 | 08-021 | 19:26.56 | 25m | 9-11-08 | Zaandam (NED) | 384 |
| 6. Tijms Stefan | 93 | 08-021 | 20:01.73 | 25m | 9-2-14 | Zaandam (NED) | 351 |
| 7. Stins Arnold | 83 | 08-021 | 20:01.75 | 25m | 16-11-03 | Heemskerk (NED) | 351 |
| 8. Beentjes Bastiaan | 78 | 08-021 | 21:02.46 | 25m | 23-1-00 | Heemskerk (NED) | 303 |
| 9. Tamis Thijs | 82 | 08-021 | 21:07.53 | 25m | 1-12-02 | Heemskerk | 299 |
| 10. Breton Wouter | 89 | 08-021 | 24:02.84 | OW | 25-7-09 | Anna Paulowna (NED) | |

2000 vrije slag

| | | | | | | | |
|------------------------|----|--------|----------|-----|---------|----------------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 23:14.53 | 25m | 11-2-01 | Zaandam (NED) | 533 |
| 2. Oudendijk Paul | 81 | 08-021 | 25:16.75 | 25m | 7-3-04 | Zaandam | 414 |
| 3. Stins Arnold | 83 | 08-021 | 25:58.07 | 25m | 16-2-03 | Zaandam | 382 |
| 4. van der Gracht Jory | 87 | 08-021 | 26:19.79 | 25m | 1-3-09 | Zaandam (NED) | 366 |
| 5. Tamis Thijs | 82 | 08-021 | 26:53.48 | 25m | 10-2-02 | Zaandam | 344 |
| 6. Kuilman Joris | 80 | 08-021 | 27:31.38 | 25m | 5-3-00 | Zaandam (NED) | 321 |
| 7. Beentjes Bastiaan | 78 | 08-021 | 28:19.97 | 25m | 5-3-00 | Zaandam (NED) | 294 |
| 8. van Beek Klaas | 88 | 08-021 | 28:35.16 | OW | 5-9-09 | Wilhelminadorp (NED) | |
| 9. Tijms Stefan | 93 | 08-021 | 29:22.55 | OW | 16-6-13 | Spaarnwoude (NED) | |
| 10. Meijer Arno | 75 | 08-021 | 29:23.60 | OW | 16-7-95 | Amsterdam (NED) | |
| 11. de Vijlder Michael | 75 | 08-021 | 29:28.60 | OW | 16-7-95 | Amsterdam (NED) | |
| 12. Kramer Vincent | 82 | 08-021 | 30:03.20 | 25m | 10-2-02 | Zaandam | 246 |

2500 vrije slag

| | | | | | | | |
|------------------------|----|--------|----------|----|---------|-------------------|--|
| 1. Butter Martijn | 79 | 08-021 | 31:32.79 | OW | 23-6-01 | Scheerwolde (NED) | |
| 2. Oudendijk Paul | 81 | 08-021 | 33:43.85 | OW | 26-6-04 | Scheerwolde (NED) | |
| 3. van der Gracht Jory | 87 | 08-021 | 35:47.10 | OW | 7-7-07 | Oss (NED) | |
| 4. van Beek Klaas | 88 | 08-021 | 36:43.01 | OW | 17-7-10 | Middelburg (NED) | |
| 5. Stins Arnold | 83 | 08-021 | 37:20.10 | OW | 10-7-04 | Oss (NED) | |
| 6. Essers Tim | 88 | 08-021 | 40:51.97 | OW | 25-7-10 | Langedijk (NED) | |
| 7. Tijms Stefan | 93 | 08-021 | 41:04.98 | OW | 27-7-14 | Medemblik (NED) | |

3000 vrije slag

| | | | | | | | |
|------------------------|----|--------|----------|-----|---------|---------------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 36:36.01 | 50m | 28-4-01 | Drachten (NED) | 499 |
| 2. Oudendijk Paul | 81 | 08-021 | 39:53.44 | OW | 31-7-04 | Anna-Paulowna (NED) | |
| 3. Stins Arnold | 83 | 08-021 | 41:42.17 | OW | 31-8-03 | Oosterhout (NED) | |
| 4. van der Gracht Jory | 87 | 08-021 | 43:54.49 | OW | 17-8-08 | Aalsmeer (NED) | |
| 5. de Vijlder Michael | 75 | 08-021 | 45:27.90 | OW | 2-7-95 | Veghel (NED) | |
| 6. van Beek Klaas | 88 | 08-021 | 46:18.17 | OW | 30-8-09 | Oosterhout (NED) | |
| 7. Tijms Stefan | 93 | 08-021 | 46:38.43 | OW | 21-7-13 | Amsterdam (NED) | |
| 8. Meijer Arno | 75 | 08-021 | 46:41.50 | OW | 29-7-95 | Anna-Paulowna (NED) | |

4000 vrije slag**5000 vrije slag**

| | | | | | | | |
|------------------------|----|--------|------------|----|---------|-------------------|--|
| 1. Butter Martijn | 79 | 08-021 | 1:03:55.94 | OW | 7-7-01 | Vriezenveen (NED) | |
| 2. Oudendijk Paul | 81 | 08-021 | 1:09:53.59 | OW | 5-9-04 | Vlissingen (NED) | |
| 3. Stins Arnold | 83 | 08-021 | 1:11:31.40 | OW | 7-9-03 | Vlissingen (NED) | |
| 4. van der Gracht Jory | 87 | 08-021 | 1:12:38.11 | OW | 15-6-08 | Spaarnwoude (NED) | |
| 5. van Beek Klaas | 88 | 08-021 | 1:13:06.36 | OW | 6-9-09 | Vlissingen (NED) | |
| 6. Tijms Stefan | 93 | 08-021 | 1:15:31.55 | OW | 16-6-13 | Spaarnwoude (NED) | |

6000 vrije slag

| | | | | | | | |
|-------------------|----|--------|------------|----|---------|---------------------------|--|
| 1. van Beek Klaas | 88 | 08-021 | 1:31:30.75 | OW | 11-7-10 | Beusichem-Culemborg (NED) | |
|-------------------|----|--------|------------|----|---------|---------------------------|--|

6500 vrije slag**10000 vrije slag**

20000 vrije slag**22000 vrije slag****25 rugslag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Schaaper Hans | 68 | 08-021 | 14.00 | 25m | 12-1-89 | Heemskerk (NED) | 405 |
| 2. Gaal Koen | 99 | 08-021 | 14.42 | 25m | 7-7-22 | Heemskerk (NED) | 370 |
| 3. Gaal Roel | 01 | 08-021 | 14.45 | 25m | 7-7-22 | Heemskerk (NED) | 368 |
| 4. Pover Peter | 69 | 08-021 | 14.60 | 25m | 12-1-89 | Heemskerk (NED) | 357 |
| 5. Oudendijk Paul | 81 | 08-021 | 14.66 | 25m | 22-2-01 | Heemskerk (NED) | 352 |
| 6. Hermans Luuk | 85 | 08-021 | 14.77 | 25m | 19-4-07 | Heemskerk (NED) | 345 |
| 7. Meijer Arno | 75 | 08-021 | 14.90 | 25m | 29-5-97 | Heemskerk | 336 |
| 8. Butter Martijn | 79 | 08-021 | 15.31 | 25m | 22-2-01 | Heemskerk (NED) | 309 |
| 9. de Vijlder Michael | 75 | 08-021 | 15.90 | 25m | 13-2-97 | Heemskerk (NED) | 276 |
| 9. Bal Chester | 78 | 08-021 | 15.90 | 25m | 15-1-98 | Heemskerk (NED) | 276 |
| 11. van der Gracht Jory | 87 | 08-021 | 16.05 | 25m | 19-4-07 | Heemskerk (NED) | 268 |
| 12. Dekker Rudie | 78 | 08-021 | 16.20 | 25m | 15-1-98 | Heemskerk (NED) | 261 |
| 13. Wassenaar Marcel | 69 | 08-021 | 16.40 | 25m | 12-1-89 | Heemskerk (NED) | 252 |
| 14. Hoenink Jarl | 86 | 08-021 | 16.80 | 25m | 19-4-07 | Heemskerk (NED) | 234 |
| 15. van Rookhuizen Barry | 82 | 08-021 | 17.06 | 25m | 27-4-06 | Heemskerk | 223 |
| 16. Beentjes Bastiaan | 78 | 08-021 | 17.38 | 25m | 17-2-00 | Heemskerk (NED) | 211 |
| 17. Kuilman Joris | 80 | 08-021 | 17.87 | 25m | 22-2-01 | Heemskerk (NED) | 194 |
| 18. Andeweg Celedonio | 76 | 08-021 | 19.30 | 25m | 8-2-96 | Heemskerk (NED) | 154 |
| 19. Zonneveld Jeroen | 78 | 08-021 | 20.90 | 25m | 15-1-98 | Heemskerk (NED) | 121 |

50 rugslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Kleijne Barry | 93 | 08-021 | 27.86 | 25m | 9-3-14 | Zaandam (NED) | 507 |
| 2. Jongert Jeroen | 96 | 08-021 | 28.42 | 25m | 2-7-17 | Den Helder (NED) | 477 |
| 3. Breton Wouter | 89 | 08-021 | 29.10 | 50m | 17-5-09 | Alkmaar (NED) | 563 |
| 4. Offringa Rick | 03 | 08-021 | 29.35 | 25m | 23-4-23 | Den Helder (NED) | 433 |
| 5. Oudendijk Paul | 81 | 08-021 | 29.45 | 25m | 6-11-05 | Zaandam (NED) | 429 |
| 6. Gaal Koen | 99 | 08-021 | 29.75 | 25m | 10-4-23 | Haarlem (NED) | 416 |
| 7. de Wit Stephen | 93 | 08-021 | 30.50 | 25m | 30-1-14 | Heemskerk (NED) | 386 |
| 8. van Beek Klaas | 88 | 08-021 | 30.51 | 25m | 7-2-10 | Heemstede (NED) | 386 |
| 9. Gaal Roel | 01 | 08-021 | 30.72 | 25m | 6-10-24 | Den Helder (NED) | 378 |
| 10. Hermans Luuk | 85 | 08-021 | 31.02 | 25m | 6-11-05 | Zaandam (NED) | 367 |
| 11. Schaaper Hans | 68 | 08-021 | 31.20 | 25m | 15-12-88 | Heemskerk (NED) | 361 |
| 12. Butter Martijn | 79 | 08-021 | 31.22 | 25m | 25-1-01 | Heemskerk (NED) | 360 |
| 13. Jongert Sjoerd | 01 | 08-021 | 31.28 | 25m | 22-10-23 | Zaandam (NED) | 358 |
| 14. Meijer Arno | 75 | 08-021 | 31.80 | 25m | 23-2-95 | Heemskerk (NED) | 341 |
| 14. Steenbergen Roderik | 82 | 08-021 | 31.80 | 25m | 25-4-02 | Heemskerk | 341 |
| 16. Kramer Vincent | 82 | 08-021 | 32.25 | 25m | 26-5-05 | Heemskerk (NED) | 327 |
| 17. Essers Tim | 88 | 08-021 | 32.26 | 25m | 2-12-12 | Amstelveen (NED) | 326 |
| 18. Pover Peter | 69 | 08-021 | 32.60 | 25m | 14-12-89 | Heemskerk (NED) | 316 |
| 18. Keessen Jeroen | 67 | 08-021 | 32.60 | 25m | 10-1-91 | Heemskerk (NED) | 316 |
| 20. Stins Arnold | 83 | 08-021 | 32.67 | 25m | 30-10-03 | Heemskerk | 314 |
| 21. Kuilman Joris | 80 | 08-021 | 32.72 | 25m | 27-1-00 | Heemskerk (NED) | 313 |
| 22. van der Gracht Jory | 87 | 08-021 | 32.73 | 25m | 3-3-11 | Heemskerk (NED) | 312 |
| 23. Tamis Thijs | 82 | 08-021 | 33.22 | 25m | 12-6-03 | Heemskerk | 299 |
| 24. van Rookhuizen Barry | 82 | 08-021 | 33.62 | 25m | 31-10-02 | Heemskerk | 288 |
| 25. Tijms Stefan | 93 | 08-021 | 33.69 | 25m | 30-1-14 | Heemskerk (NED) | 286 |

100 rugslag

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Kleijne Barry | 93 | 08-021 | 58.63 | 25m | 9-3-14 | Zaandam (NED) | 580 |
| 2. Jongert Jeroen | 96 | 08-021 | 1:00.52 | 25m | 16-4-17 | Haarlem (NED) | 527 |
| 3. Offringa Rick | 03 | 08-021 | 1:00.91 | 25m | 23-4-23 | Den Helder (NED) | 517 |
| 4. Oudendijk Paul | 81 | 08-021 | 1:01.31 | 25m | 11-12-05 | Heemskerk (NED) | 507 |
| 5. Gaal Koen | 99 | 08-021 | 1:03.54 | 25m | 24-4-22 | Den Helder (NED) | 455 |
| 6. de Wit Stephen | 93 | 08-021 | 1:05.59 | 25m | 9-3-14 | Zaandam (NED) | 414 |
| 7. Jongert Sjoerd | 01 | 08-021 | 1:06.01 | 25m | 15-12-22 | Heemskerk (NED) | 406 |
| 8. Butter Martijn | 79 | 08-021 | 1:06.17 | 25m | 29-3-01 | Heemskerk (NED) | 403 |
| 9. Steenbergen Roderik | 82 | 08-021 | 1:06.71 | 25m | 12-4-04 | Haarlem | 393 |
| 10. Breton Wouter | 89 | 08-021 | 1:07.27 | 50m | 16-5-09 | Beverwijk (NED) | 457 |
| 11. van Beek Klaas | 88 | 08-021 | 1:07.31 | 25m | 28-11-09 | Dongen (NED) | 383 |
| 12. Schaaper Hans | 68 | 08-021 | 1:07.60 | 25m | 22-1-89 | Zaandam (NED) | 378 |
| 13. Hermans Luuk | 85 | 08-021 | 1:07.88 | 25m | 31-3-05 | Heemskerk (NED) | 373 |
| 14. van der Gracht Jory | 87 | 08-021 | 1:08.11 | 25m | 30-1-11 | Zaandam (NED) | 370 |
| 15. Essers Tim | 88 | 08-021 | 1:08.15 | 25m | 18-12-11 | Zaandam (NED) | 369 |
| 16. Kramer Vincent | 82 | 08-021 | 1:08.43 | 25m | 26-2-04 | Heemskerk (NED) | 364 |
| 17. Meijer Arno | 75 | 08-021 | 1:08.70 | 25m | 10-12-95 | Heemskerk (NED) | 360 |
| 18. Kranenburg Fred | 63 | 08-021 | 1:09.30 | 25m | 12-2-84 | Heemskerk (NED) | 351 |
| 19. Crok Pieter | 91 | 08-021 | 1:09.84 | 25m | 12-12-13 | Heemskerk (NED) | 343 |
| 20. Gaal Roel | 01 | 08-021 | 1:10.63 | 50m | 10-4-22 | Antwerpen (BEL) | 395 |
| 21. Stins Arnold | 83 | 08-021 | 1:10.77 | 25m | 26-2-04 | Heemskerk (NED) | 329 |
| 22. Pover Peter | 69 | 08-021 | 1:10.80 | 25m | 18-3-89 | | 329 |
| 23. Tamis Thijs | 82 | 08-021 | 1:11.98 | 25m | 1-4-02 | Haarlem | 313 |
| 24. Tijms Stefan | 93 | 08-021 | 1:12.00 | 25m | 9-3-14 | Zaandam (NED) | 313 |
| 25. Kuilman Joris | 80 | 08-021 | 1:12.21 | 25m | 24-4-00 | Haarlem (NED) | 310 |

200 rugslag

| | | | | | | | |
|-------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Kleijne Barry | 93 | 08-021 | 2:11.82 | 25m | 16-11-14 | Zaandam (NED) | 514 |
| 2. Offringa Rick | 03 | 08-021 | 2:13.13 | 25m | 29-1-23 | Heemskerk (NED) | 499 |
| 3. Jongert Jeroen | 96 | 08-021 | 2:14.39 | 25m | 17-11-19 | Hoofddorp (NED) | 485 |
| 4. Oudendijk Paul | 81 | 08-021 | 2:18.01 | 25m | 16-1-05 | Zaandam (NED) | 448 |
| 5. Butter Martijn | 79 | 08-021 | 2:19.48 | 25m | 14-12-00 | Heemskerk (NED) | 434 |
| 6. Gaal Koen | 99 | 08-021 | 2:19.58 | 25m | 29-1-23 | Heemskerk (NED) | 433 |
| 7. de Wit Stephen | 93 | 08-021 | 2:28.67 | 25m | 10-11-13 | Zaandam (NED) | 358 |
| 8. Stins Arnold | 83 | 08-021 | 2:28.73 | 25m | 25-9-03 | Heemskerk (NED) | 358 |
| 9. Steenbergen Roderik | 82 | 08-021 | 2:29.51 | 25m | 23-12-04 | Heemskerk (NED) | 352 |
| 10. Meijer Arno | 75 | 08-021 | 2:30.20 | 25m | 8-3-98 | Zaandam (NED) | 347 |
| 11. van der Gracht Jory | 87 | 08-021 | 2:31.24 | 25m | 13-11-11 | Zaandam (NED) | 340 |
| 12. Schaaper Hans | 68 | 08-021 | 2:31.70 | 25m | 30-9-89 | | 337 |
| 13. van Beek Klaas | 88 | 08-021 | 2:32.21 | 25m | 17-1-10 | Amsterdam-oost (NED) | 334 |
| 14. Essers Tim | 88 | 08-021 | 2:32.75 | 25m | 14-11-10 | Castricum (NED) | 330 |
| 15. Crok Pieter | 91 | 08-021 | 2:32.99 | 25m | 10-11-13 | Zaandam (NED) | 329 |
| 16. Hermans Luuk | 85 | 08-021 | 2:33.20 | 25m | 12-3-06 | Zaandam (NED) | 327 |
| 17. Blaauw Mica | 05 | 08-021 | 2:33.22 | 25m | 2-2-25 | Den Helder (NED) | 327 |
| 18. Tamis Thijs | 82 | 08-021 | 2:33.38 | 25m | 31-1-02 | Heemskerk | 326 |
| 19. Gaal Roel | 01 | 08-021 | 2:33.59 | 25m | 29-1-23 | Heemskerk (NED) | 325 |
| 20. Tijms Stefan | 93 | 08-021 | 2:34.10 | 25m | 16-11-14 | Zaandam (NED) | 322 |
| 21. de Vijlder Michael | 75 | 08-021 | 2:35.10 | 25m | 17-3-96 | Heemskerk (NED) | 315 |
| 22. van der Kroft Barry | 82 | 08-021 | 2:36.62 | 25m | 10-3-02 | Heemskerk | 306 |
| 23. Kramer Vincent | 82 | 08-021 | 2:36.92 | 25m | 23-12-04 | Heemskerk (NED) | 305 |
| 24. Kuilman Joris | 80 | 08-021 | 2:38.25 | 25m | 12-3-00 | Heemskerk (NED) | 297 |
| 25. Pover Peter | 69 | 08-021 | 2:39.70 | 25m | 30-9-89 | | 289 |

500 rugslag**25 schoolslag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Oudendijk Paul | 81 | 08-021 | 14.72 | 25m | 22-2-01 | Heemskerk (NED) | 491 |
| 2. Schaaper Hans | 68 | 08-021 | 15.30 | 25m | 12-1-89 | Heemskerk (NED) | 438 |
| 3. Butter Martijn | 79 | 08-021 | 15.43 | 25m | 17-2-00 | Heemskerk (NED) | 427 |
| 4. Beentjes Bastiaan | 78 | 08-021 | 15.60 | 25m | 17-2-00 | Heemskerk (NED) | 413 |
| 5. Kuilman Joris | 80 | 08-021 | 15.81 | 25m | 22-2-01 | Heemskerk (NED) | 397 |
| 6. Meijer Arno | 75 | 08-021 | 15.90 | 25m | 13-3-97 | Heemskerk (NED) | 390 |
| 7. Hermans Luuk | 85 | 08-021 | 16.06 | 25m | 19-4-07 | Heemskerk (NED) | 378 |
| 8. Jongert Sjoerd | 01 | 08-021 | 16.12 | 25m | 7-7-22 | Heemskerk (NED) | 374 |
| 9. Pover Peter | 69 | 08-021 | 16.20 | 25m | 16-5-91 | Heemskerk (NED) | 369 |
| 10. Hoenink Jarl | 86 | 08-021 | 16.49 | 25m | 19-4-07 | Heemskerk (NED) | 349 |
| 11. Gaal Roel | 01 | 08-021 | 16.70 | 25m | 7-7-22 | Heemskerk (NED) | 336 |
| 11. Gaal Koen | 99 | 08-021 | 16.70 | 25m | 7-7-22 | Heemskerk (NED) | 336 |
| 13. Wassenaar Marcel | 69 | 08-021 | 16.80 | 25m | 12-1-89 | Heemskerk (NED) | 330 |
| 13. de Vijlder Michael | 75 | 08-021 | 16.80 | 25m | 14-3-96 | Heemskerk (NED) | 330 |
| 15. van der Gracht Jory | 87 | 08-021 | 17.21 | 25m | 19-4-07 | Heemskerk (NED) | 307 |
| 16. van Rookhuizen Barry | 82 | 08-021 | 17.88 | 25m | 27-4-06 | Heemskerk | 274 |
| 16. Essers Tim | 88 | 08-021 | 17.88 | 25m | 29-5-08 | Heemskerk (NED) | 274 |
| 18. Andeweg Celedonio | 76 | 08-021 | 18.10 | 25m | 13-3-97 | Heemskerk (NED) | 264 |
| 19. Bal Chester | 78 | 08-021 | 19.00 | 25m | 19-3-98 | Heemskerk (NED) | 228 |

50 schoolslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 30.04 | 25m | 9-4-23 | Haarlem (NED) | 593 |
| 2. Breton Wouter | 89 | 08-021 | 31.37 | 25m | 28-6-09 | Alkmaar (NED) | 521 |
| 3. Oudendijk Paul | 81 | 08-021 | 32.60 | 25m | 23-3-03 | Heemstede | 464 |
| 4. Jongert Sjoerd | 01 | 08-021 | 33.31 | 25m | 12-1-25 | Heemskerk (NED) | 435 |
| 5. Jongert Jeroen | 96 | 08-021 | 33.79 | 25m | 5-3-20 | Heemskerk (NED) | 417 |
| 6. Palmboom Pascal | 89 | 08-021 | 33.93 | 25m | 22-1-09 | Heemskerk (NED) | 412 |
| 7. Gaal Koen | 99 | 08-021 | 34.18 | 25m | 20-11-22 | Den Helder (NED) | 403 |
| 8. Kleijne Barry | 93 | 08-021 | 34.37 | 25m | 17-3-16 | Heemskerk (NED) | 396 |
| 9. Butter Martijn | 79 | 08-021 | 34.45 | 25m | 28-11-02 | Heemskerk | 393 |
| 10. Crok Pieter | 91 | 08-021 | 34.53 | 25m | 6-3-14 | Heemskerk (NED) | 391 |
| 11. van Beek Klaas | 88 | 08-021 | 34.55 | 25m | 23-5-10 | Purmerend (NED) | 390 |
| 12. Kuilman Joris | 80 | 08-021 | 34.56 | 25m | 3-12-00 | Zaandam (NED) | 389 |
| 13. Meijer Arno | 75 | 08-021 | 34.70 | 25m | 12-10-95 | Heemskerk (NED) | 385 |
| 14. Keessen Jeroen | 67 | 08-021 | 34.80 | 25m | 7-2-91 | Heemskerk (NED) | 381 |
| 15. Beentjes Bastiaan | 78 | 08-021 | 34.92 | 25m | 24-9-98 | Heemskerk (NED) | 378 |
| 15. Gaal Roel | 01 | 08-021 | 34.92 | 25m | 3-10-21 | Den Helder (NED) | 378 |
| 17. van der Kroft Barry | 82 | 08-021 | 34.94 | 25m | 31-3-02 | Haarlem | 377 |
| 18. Tamis Thijs | 82 | 08-021 | 35.08 | 25m | 20-4-03 | Haarlem | 372 |
| 19. Schaaper Hans | 68 | 08-021 | 35.10 | 25m | 14-12-88 | | 372 |
| 20. Hermans Luuk | 85 | 08-021 | 35.14 | 25m | 6-11-05 | Zaandam (NED) | 371 |
| 21. Camphuijnder Jasper | 05 | 08-021 | 35.75 | 25m | 12-1-25 | Heemskerk (NED) | 352 |
| 22. van der Gracht Jory | 87 | 08-021 | 35.82 | 25m | 24-4-11 | Haarlem (NED) | 350 |
| 23. van Rookhuizen Barry | 82 | 08-021 | 36.22 | 25m | 28-11-02 | Heemskerk | 338 |
| 24. de Wit Stephen | 93 | 08-021 | 36.45 | 25m | 6-3-14 | Heemskerk (NED) | 332 |
| 25. Tijms Stefan | 93 | 08-021 | 36.84 | 25m | 3-3-13 | Purmerend (NED) | 321 |

100 schoolslag

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|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 1:06.68 | 25m | 10-4-23 | Haarlem (NED) | 580 |
| 2. Oudendijk Paul | 81 | 08-021 | 1:08.99 | 25m | 28-12-03 | Maastricht (NED) | 523 |
| 3. Jongert Sjoerd | 01 | 08-021 | 1:14.26 | 25m | 2-10-22 | Den Helder (NED) | 419 |
| 4. Breton Wouter | 89 | 08-021 | 1:14.89 | 50m | 23-5-09 | Beverwijk (NED) | 443 |
| 5. Jongert Jeroen | 96 | 08-021 | 1:15.19 | 25m | 4-10-20 | Heemskerk (NED) | 404 |
| 6. Meijer Arno | 75 | 08-021 | 1:16.10 | 25m | 13-4-98 | Haarlem (NED) | 390 |
| 7. Butter Martijn | 79 | 08-021 | 1:16.26 | 25m | 29-3-01 | Heemskerk (NED) | 387 |
| 8. Kleijne Barry | 93 | 08-021 | 1:16.72 | 25m | 18-9-14 | Heemskerk (NED) | 380 |
| 9. Kuilman Joris | 80 | 08-021 | 1:16.81 | 25m | 24-4-00 | Haarlem (NED) | 379 |
| 10. Beentjes Bastiaan | 78 | 08-021 | 1:16.82 | 25m | 12-3-00 | Heemskerk (NED) | 379 |
| 11. Keessen Jeroen | 67 | 08-021 | 1:17.00 | 25m | 27-9-90 | Heemskerk (NED) | 376 |
| 12. Tamis Thijs | 82 | 08-021 | 1:17.01 | 25m | 6-4-02 | Hengelo (NED) | 376 |
| 13. Crok Pieter | 91 | 08-021 | 1:17.02 | 25m | 31-10-13 | Heemskerk (NED) | 376 |
| 14. van der Gracht Jory | 87 | 08-021 | 1:17.09 | 25m | 11-6-11 | Purmerend (NED) | 375 |
| 15. Hermans Luuk | 85 | 08-021 | 1:17.32 | 25m | 19-3-06 | Heemskerk (NED) | 372 |
| 16. Palmboom Pascal | 89 | 08-021 | 1:17.42 | 25m | 19-11-09 | Heemskerk (NED) | 370 |
| 17. Gaal Roel | 01 | 08-021 | 1:18.32 | 25m | 2-10-22 | Den Helder (NED) | 357 |
| 18. van der Kroft Barry | 82 | 08-021 | 1:18.43 | 25m | 24-4-03 | Heemskerk | 356 |
| 19. Gaal Koen | 99 | 08-021 | 1:18.49 | 25m | 10-4-23 | Haarlem (NED) | 355 |
| 20. Schaaper Hans | 68 | 08-021 | 1:18.60 | 25m | 9-3-89 | Heemskerk (NED) | 354 |
| 21. Tijms Stefan | 93 | 08-021 | 1:19.37 | 25m | 12-1-14 | Purmerend (NED) | 343 |
| 22. van Beek Klaas | 88 | 08-021 | 1:19.93 | 25m | 7-2-10 | Heemstede (NED) | 336 |
| 23. van Rookhuizen Barry | 82 | 08-021 | 1:19.96 | 25m | 7-4-02 | Heemskerk | 336 |
| 24. Wassenaar Marcel | 69 | 08-021 | 1:20.40 | 25m | 19-2-89 | Heemskerk (NED) | 330 |
| 25. Steenbergen Roderik | 82 | 08-021 | 1:20.49 | 25m | 16-3-03 | Heemskerk | 329 |

200 schoolslag

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|--------------------------|----|--------|---------|-----|----------|----------------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 2:28.79 | 25m | 29-1-23 | Heemskerk (NED) | 530 |
| 2. Oudendijk Paul | 81 | 08-021 | 2:33.28 | 25m | 17-11-02 | Heemskerk | 485 |
| 3. Meijer Arno | 75 | 08-021 | 2:45.60 | 25m | 5-4-98 | Heemskerk (NED) | 384 |
| 4. van der Gracht Jory | 87 | 08-021 | 2:45.91 | 25m | 17-1-10 | Amsterdam-oost (NED) | 382 |
| 5. Jongert Sjoerd | 01 | 08-021 | 2:46.59 | 25m | 12-11-23 | Den Helder (NED) | 377 |
| 6. Keessen Jeroen | 67 | 08-021 | 2:48.00 | 25m | 4-11-90 | Zaandam (NED) | 368 |
| 7. Beentjes Bastiaan | 78 | 08-021 | 2:49.13 | 25m | 27-1-00 | Heemskerk (NED) | 361 |
| 8. Butter Martijn | 79 | 08-021 | 2:49.74 | 25m | 25-1-01 | Heemskerk (NED) | 357 |
| 9. Tijms Stefan | 93 | 08-021 | 2:50.66 | 25m | 19-1-14 | Zaandam (NED) | 351 |
| 10. Tamis Thijs | 82 | 08-021 | 2:50.72 | 25m | 13-1-02 | Zaandam | 351 |
| 11. Kleijne Barry | 93 | 08-021 | 2:51.78 | 25m | 18-1-15 | Zaandam (NED) | 344 |
| 12. Kuilman Joris | 80 | 08-021 | 2:52.23 | 25m | 25-1-01 | Heemskerk (NED) | 341 |
| 13. Hermans Luuk | 85 | 08-021 | 2:52.46 | 25m | 27-11-05 | Heemskerk (NED) | 340 |
| 14. Crok Pieter | 91 | 08-021 | 2:53.21 | 25m | 19-1-14 | Zaandam (NED) | 336 |
| 15. Steenbergen Roderik | 82 | 08-021 | 2:54.91 | 25m | 17-11-02 | Heemskerk | 326 |
| 16. Stins Arnold | 83 | 08-021 | 2:55.61 | 25m | 30-10-03 | Heemskerk | 322 |
| 17. Wassenaar Marcel | 69 | 08-021 | 2:56.20 | 25m | 11-3-90 | Heemskerk (NED) | 319 |
| 18. Camphuijnder Jasper | 05 | 08-021 | 2:56.40 | 25m | 9-3-25 | Purmerend (NED) | 318 |
| 19. van Rookhuizen Barry | 82 | 08-021 | 2:56.87 | 25m | 17-11-02 | Heemskerk | 315 |
| 20. van der Kroft Barry | 82 | 08-021 | 2:58.36 | 25m | 30-10-03 | Heemskerk | 307 |
| 21. Palmboom Pascal | 89 | 08-021 | 2:58.43 | 25m | 18-1-09 | Haarlem (NED) | 307 |
| 22. Essers Tim | 88 | 08-021 | 2:59.22 | 25m | 22-1-12 | Zaandam (NED) | 303 |
| 23. Kramer Vincent | 82 | 08-021 | 2:59.35 | 25m | 9-11-03 | Zaandam | 302 |
| 24. Schaaper Hans | 68 | 08-021 | 3:01.20 | 25m | 5-11-89 | Heemskerk (NED) | 293 |
| 25. Pover Peter | 69 | 08-021 | 3:01.30 | 25m | 21-3-90 | | 293 |

250 schoolslag**500 schoolslag**

| | | | | | | |
|------------------------|----|--------|---------|----|---------|-----------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 7:29.50 | OW | 20-7-02 | Wijk en Aalburg (NED) |
| 2. van der Gracht Jory | 87 | 08-021 | 8:59.33 | OW | 7-7-07 | Oss (NED) |

800 schoolslag

| | | | | | | |
|-------------------|----|--------|----------|-----|---------|-------------|
| 1. Oudendijk Paul | 81 | 08-021 | 11:39.47 | 25m | 20-9-03 | Hulst (NED) |
|-------------------|----|--------|----------|-----|---------|-------------|

1000 schoolslag

| | | | | | | |
|------------------------|----|--------|----------|----|---------|-----------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 15:57.97 | OW | 30-7-05 | Hoor (NED) |
| 2. Offringa Rick | 03 | 08-021 | 16:05.71 | OW | 15-7-23 | Amstelveen (NED) |
| 3. Tijms Stefan | 93 | 08-021 | 17:01.72 | OW | 21-7-13 | Amsterdam (NED) |
| 4. van der Gracht Jory | 87 | 08-021 | 17:36.42 | OW | 9-7-11 | Wijk en Aalburg (NED) |
| 5. Jongert Sjoerd | 01 | 08-021 | 19:05.69 | OW | 15-7-23 | Amstelveen (NED) |
| 6. van Beek Klaas | 88 | 08-021 | 20:31.09 | OW | 15-8-09 | Heerjansdam (NED) |

1250 schoolslag**1500 schoolslag**

| | | | | | | |
|-------------------|----|--------|----------|-----|---------|-------------|
| 1. Oudendijk Paul | 81 | 08-021 | 22:09.46 | 25m | 20-9-03 | Hulst (NED) |
|-------------------|----|--------|----------|-----|---------|-------------|

2000 schoolslag

| | | | | | | |
|------------------------|----|--------|----------|----|---------|---------------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 28:34.29 | OW | 10-7-05 | Beusichem-Culemborg (NED) |
| 2. Beentjes Bastiaan | 78 | 08-021 | 32:37.50 | OW | 18-7-99 | Eersel (NED) |
| 3. Tamis Thijs | 82 | 08-021 | 32:37.88 | OW | 23-6-02 | Breukelen (NED) |
| 4. Stins Arnold | 83 | 08-021 | 33:24.92 | OW | 13-7-03 | Eersel (NED) |
| 5. Tijms Stefan | 93 | 08-021 | 35:03.95 | OW | 5-7-13 | Appeltern (NED) |
| 6. van der Gracht Jory | 87 | 08-021 | 37:58.93 | OW | 22-8-10 | Stadskanaal (NED) |
| 7. Meijer Arno | 75 | 08-021 | 38:03.10 | OW | 11-7-98 | Oss (NED) |
| 8. Butter Martijn | 79 | 08-021 | 38:27.41 | OW | 25-8-01 | Hoek (NED) |

2500 schoolslag

| | | | | | | |
|-------------------|----|--------|----------|----|---------|-------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 39:51.80 | OW | 26-6-04 | Scheerwolde (NED) |
|-------------------|----|--------|----------|----|---------|-------------------|

3000 schoolslag

| | | | | | | |
|----------------------|----|--------|----------|----|--------|---------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 46:04.10 | OW | 4-9-05 | Vlissingen (NED) |
| 2. Beentjes Bastiaan | 78 | 08-021 | 49:58.60 | OW | 1-8-99 | Anna-Paulowna (NED) |

4000 schoolslag

| | | | | | | |
|-------------------|----|--------|------------|----|---------|-------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 1:05:16.66 | OW | 15-6-02 | Spaarnwoude (NED) |
|-------------------|----|--------|------------|----|---------|-------------------|

5000 schoolslag

| | | | | | | |
|-------------------|----|--------|------------|----|--------|-------------------|
| 1. Oudendijk Paul | 81 | 08-021 | 1:21:37.09 | OW | 7-7-01 | Vriezenveen (NED) |
|-------------------|----|--------|------------|----|--------|-------------------|

25 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Gaal Roel | 01 | 08-021 | 12.63 | 25m | 7-7-22 | Heemskerk (NED) | 481 |
| 2. Jongert Sjoerd | 01 | 08-021 | 13.04 | 25m | 7-7-22 | Heemskerk (NED) | 437 |
| 3. Kuilman Joris | 80 | 08-021 | 13.12 | 25m | 4-5-00 | Heemskerk (NED) | 429 |
| 4. Schaaper Hans | 68 | 08-021 | 13.20 | 25m | 12-1-89 | Heemskerk (NED) | 421 |
| 4. Meijer Arno | 75 | 08-021 | 13.20 | 25m | 15-1-98 | Heemskerk (NED) | 421 |
| 6. Butter Martijn | 79 | 08-021 | 13.41 | 25m | 25-3-99 | Heemskerk (NED) | 402 |
| 7. van der Gracht Jory | 87 | 08-021 | 13.42 | 25m | 30-6-11 | Heemskerk (NED) | 401 |
| 8. Hermans Luuk | 85 | 08-021 | 13.43 | 25m | 19-4-07 | Heemskerk (NED) | 400 |
| 9. Pover Peter | 69 | 08-021 | 13.50 | 25m | 16-5-91 | Heemskerk (NED) | 394 |
| 10. de Vijlder Michael | 75 | 08-021 | 14.00 | 25m | 15-1-98 | Heemskerk (NED) | 353 |
| 11. van Rookhuizen Barry | 82 | 08-021 | 14.30 | 25m | 27-4-06 | Heemskerk | 331 |
| 12. Palmboom Pascal | 89 | 08-021 | 14.43 | 25m | 30-6-11 | Heemskerk (NED) | 322 |
| 13. Hoenink Jarl | 86 | 08-021 | 14.52 | 25m | 19-4-07 | Heemskerk (NED) | 316 |
| 14. Gaal Koen | 99 | 08-021 | 14.65 | 25m | 7-7-22 | Heemskerk (NED) | 308 |
| 15. Beentjes Bastiaan | 78 | 08-021 | 14.74 | 25m | 4-5-00 | Heemskerk (NED) | 302 |
| 16. Essers Tim | 88 | 08-021 | 14.92 | 25m | 29-5-08 | Heemskerk (NED) | 292 |
| 17. Andeweg Celedonio | 76 | 08-021 | 15.10 | 25m | 13-2-97 | Heemskerk (NED) | 281 |
| 18. Wassenaar Marcel | 69 | 08-021 | 15.20 | 25m | 12-1-89 | Heemskerk (NED) | 276 |
| 19. Dekker Rudie | 78 | 08-021 | 15.30 | 25m | 15-1-98 | Heemskerk (NED) | 270 |
| 20. Zonneveld Jeroen | 78 | 08-021 | 15.70 | 25m | 15-1-98 | Heemskerk (NED) | 250 |
| 21. Bal Chester | 78 | 08-021 | 16.13 | 25m | 25-3-99 | Heemskerk (NED) | 231 |

50 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|-------|-----|----------|-------------------------|-----|
| 1. Jongert Jeroen | 96 | 08-021 | 26.37 | 25m | 12-2-17 | Purmerend (NED) | 564 |
| 2. Kleijne Barry | 93 | 08-021 | 27.04 | 25m | 10-12-15 | Heemskerk (NED) | 524 |
| 3. Offringa Rick | 03 | 08-021 | 27.36 | 25m | 9-4-23 | Haarlem (NED) | 505 |
| 4. Camphuijnder Jasper | 05 | 08-021 | 27.75 | 25m | 2-2-25 | Den Helder (NED) | 484 |
| 5. Gaal Roel | 01 | 08-021 | 27.96 | 25m | 2-2-25 | Den Helder (NED) | 473 |
| 6. Jongert Sjoerd | 01 | 08-021 | 28.07 | 25m | 27-10-24 | Zaandam (NED) | 468 |
| 7. van der Gracht Jory | 87 | 08-021 | 28.63 | 25m | 6-12-09 | Zaandam (NED) | 441 |
| 8. Breton Wouter | 89 | 08-021 | 29.01 | 50m | 23-5-09 | Beverwijk (NED) | 462 |
| 9. de Wit Stephen | 93 | 08-021 | 29.05 | 25m | 16-2-14 | Purmerend (NED) | 422 |
| 10. Kramer Vincent | 82 | 08-021 | 29.06 | 25m | 23-12-04 | Heemskerk (NED) | 422 |
| 11. Meijer Arno | 75 | 08-021 | 29.18 | 25m | 19-9-98 | Amersfoort (NED) | 416 |
| 12. Verbree John | 61 | 08-021 | 29.30 | 25m | 28-10-84 | Egmond (NED) | 411 |
| 13. Crok Pieter | 91 | 08-021 | 29.52 | 25m | 12-12-13 | Heemskerk (NED) | 402 |
| 14. Kuilman Joris | 80 | 08-021 | 29.79 | 25m | 16-4-00 | Almelo (NED) | 391 |
| 15. Schaaper Hans | 68 | 08-021 | 29.80 | 25m | 13-12-89 | | 391 |
| 16. Hermans Luuk | 85 | 08-021 | 30.08 | 25m | 15-12-05 | Heemskerk (NED) | 380 |
| 17. Butter Martijn | 79 | 08-021 | 30.24 | 25m | 9-1-00 | Zuidoost Beemster (NED) | 374 |
| 18. van Beek Klaas | 88 | 08-021 | 30.27 | 25m | 31-5-09 | Purmerend (NED) | 373 |
| 19. Tamis Thijs | 82 | 08-021 | 30.55 | 25m | 19-12-02 | Heemskerk | 363 |
| 19. van Rookhuizen Barry | 82 | 08-021 | 30.55 | 25m | 28-4-05 | Heemskerk (NED) | 363 |
| 21. Essers Tim | 88 | 08-021 | 30.74 | 25m | 18-1-09 | Haarlem (NED) | 356 |
| 22. de Vijlder Michael | 75 | 08-021 | 30.90 | 50m | 9-11-97 | Beverwijk (NED) | 382 |
| 23. Stins Arnold | 83 | 08-021 | 31.09 | 25m | 18-12-03 | Heemskerk (NED) | 344 |
| 24. Keessen Jeroen | 67 | 08-021 | 31.20 | 25m | 10-1-91 | Heemskerk (NED) | 341 |
| 25. Gaal Koen | 99 | 08-021 | 31.25 | 25m | 21-11-21 | Den Helder (NED) | 339 |

100 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Jongert Jeroen | 96 | 08-021 | 59.13 | 25m | 4-6-17 | Purmerend (NED) | 537 |
| 2. Offringa Rick | 03 | 08-021 | 59.78 | 25m | 9-4-23 | Haarlem (NED) | 520 |
| 3. Kleijne Barry | 93 | 08-021 | 1:00.35 | 25m | 8-3-15 | Zaandam (NED) | 505 |
| 4. Camphuijnder Jasper | 05 | 08-021 | 1:01.95 | 25m | 12-1-25 | Heemskerk (NED) | 467 |
| 5. van der Gracht Jory | 87 | 08-021 | 1:02.84 | 25m | 27-11-11 | Heemskerk (NED) | 447 |
| 6. Jongert Sjoerd | 01 | 08-021 | 1:04.03 | 25m | 22-5-22 | Hoofddorp (NED) | 423 |
| 7. de Wit Stephen | 93 | 08-021 | 1:05.11 | 25m | 9-3-14 | Zaandam (NED) | 402 |
| 8. Meijer Arno | 75 | 08-021 | 1:05.55 | 25m | 13-12-98 | Heemskerk (NED) | 394 |
| 9. Kuilman Joris | 80 | 08-021 | 1:05.67 | 25m | 7-5-00 | Zaandam (NED) | 392 |
| 10. Kramer Vincent | 82 | 08-021 | 1:05.70 | 25m | 28-11-04 | Heemskerk (NED) | 391 |
| 11. Schaaper Hans | 68 | 08-021 | 1:06.30 | 25m | 23-2-92 | Zaandam (NED) | 381 |
| 12. Verbree John | 61 | 08-021 | 1:07.90 | 25m | 16-1-83 | Heemskerk (NED) | 355 |
| 13. Essers Tim | 88 | 08-021 | 1:08.32 | 25m | 15-11-09 | Haarlem (NED) | 348 |
| 14. Stins Arnold | 83 | 08-021 | 1:08.51 | 25m | 27-3-03 | Heemskerk | 345 |
| 15. Kranenburg Fred | 63 | 08-021 | 1:09.20 | 25m | 13-3-83 | Castricum (NED) | 335 |
| 16. Butter Martijn | 79 | 08-021 | 1:09.41 | 25m | 17-2-00 | Heemskerk (NED) | 332 |
| 17. Tamis Thijs | 82 | 08-021 | 1:10.12 | 25m | 28-2-02 | Heemskerk | 322 |
| 18. van Rookhuizen Barry | 82 | 08-021 | 1:10.51 | 25m | 25-3-04 | Heemskerk | 317 |
| 19. Tijms Stefan | 93 | 08-021 | 1:10.58 | 25m | 12-1-14 | Purmerend (NED) | 316 |
| 20. Oudendijk Paul | 81 | 08-021 | 1:10.59 | 25m | 27-11-05 | Heemskerk (NED) | 315 |
| 21. Crok Pieter | 91 | 08-021 | 1:11.90 | 25m | 9-3-14 | Zaandam (NED) | 299 |
| 22. de Vijlder Michael | 75 | 08-021 | 1:12.10 | 25m | 13-3-97 | Heemskerk (NED) | 296 |
| 23. Palmboom Pascal | 89 | 08-021 | 1:13.06 | 25m | 15-11-09 | Haarlem (NED) | 285 |
| 24. Steenbergen Roderik | 82 | 08-021 | 1:13.72 | 25m | 11-4-04 | Haarlem | 277 |
| 25. Blaauw Mica | 05 | 08-021 | 1:13.75 | 25m | 27-2-25 | Heemskerk (NED) | 277 |

200 vlinderslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|---------------------|-----|
| 1. Jongert Jeroen | 96 | 08-021 | 2:18.01 | 25m | 12-3-17 | Purmerend (NED) | 486 |
| 2. van der Gracht Jory | 87 | 08-021 | 2:22.47 | 25m | 25-10-09 | Nieuwegein (NED) | 442 |
| 3. Offringa Rick | 03 | 08-021 | 2:28.74 | 25m | 8-1-23 | Haarlem (NED) | 388 |
| 4. Camphuijnder Jasper | 05 | 08-021 | 2:30.72 | 25m | 16-2-25 | Haarlem (NED) | 373 |
| 5. Butter Martijn | 79 | 08-021 | 2:36.78 | 25m | 26-4-01 | Heemskerk (NED) | 331 |
| 6. Jongert Sjoerd | 01 | 08-021 | 2:39.44 | 25m | 3-4-22 | Haarlem (NED) | 315 |
| 7. Stins Arnold | 83 | 08-021 | 2:40.06 | 25m | 25-11-04 | Heemskerk (NED) | 312 |
| 8. Oudendijk Paul | 81 | 08-021 | 2:42.05 | 25m | 25-11-04 | Heemskerk (NED) | 300 |
| 9. Meijer Arno | 75 | 08-021 | 2:42.80 | 25m | 15-6-95 | Heemskerk (NED) | 296 |
| 10. Essers Tim | 88 | 08-021 | 2:43.76 | 25m | 14-3-10 | Heemskerk (NED) | 291 |
| 11. Kuilman Joris | 80 | 08-021 | 2:52.03 | 25m | 26-4-01 | Heemskerk (NED) | 251 |
| 12. Tamis Thijs | 82 | 08-021 | 2:54.06 | 50m | 21-4-02 | Beverwijk (NED) | 262 |
| 13. van Rookhuizen Barry | 82 | 08-021 | 2:54.99 | 25m | 28-11-02 | Heemskerk | 238 |
| 14. de Vijlder Michael | 75 | 08-021 | 2:55.40 | 25m | 4-2-96 | Heerhugowaard (NED) | 237 |
| 15. Steenbergen Roderik | 82 | 08-021 | 2:56.54 | 25m | 27-11-03 | Heemskerk (NED) | 232 |
| 16. Verbree John | 61 | 08-021 | 3:03.50 | 25m | 18-4-82 | | 207 |

1000 vlinderslag

| | | | | | | |
|-------------------|----|--------|----------|-----|--------|---------------|
| 1. Offringa Rick | 03 | 08-021 | 14:33.83 | 25m | 8-1-23 | Haarlem (NED) |
| 2. Jongert Sjoerd | 01 | 08-021 | 17:02.97 | 25m | 8-1-23 | Haarlem (NED) |

100 wisselslag

| | | | | | | | | |
|-----|---------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. | Offringa Rick | 03 | 08-021 | 59.94 | 25m | 9-4-23 | Haarlem (NED) | 590 |
| 2. | Kleijne Barry | 93 | 08-021 | 1:02.37 | 25m | 23-4-15 | Heemskerk (NED) | 524 |
| 3. | Jongert Jeroen | 96 | 08-021 | 1:02.56 | 25m | 11-4-19 | Heemskerk (NED) | 519 |
| 4. | Breton Wouter | 89 | 08-021 | 1:03.41 | 25m | 1-6-09 | Purmerend (NED) | 499 |
| 5. | Jongert Sjoerd | 01 | 08-021 | 1:04.28 | 25m | 17-4-22 | Haarlem (NED) | 479 |
| 6. | Oudendijk Paul | 81 | 08-021 | 1:04.76 | 25m | 7-11-04 | IJmuiden (NED) | 468 |
| 7. | Gaal Roel | 01 | 08-021 | 1:04.84 | 25m | 3-10-21 | Den Helder (NED) | 466 |
| 8. | Gaal Koen | 99 | 08-021 | 1:05.59 | 25m | 3-10-21 | Den Helder (NED) | 451 |
| 9. | Crok Pieter | 91 | 08-021 | 1:06.27 | 25m | 17-4-14 | Heemskerk (NED) | 437 |
| 10. | de Wit Stephen | 93 | 08-021 | 1:06.50 | 25m | 17-4-14 | Heemskerk (NED) | 432 |
| 11. | van der Gracht Jory | 87 | 08-021 | 1:06.95 | 25m | 2-1-11 | Hoom (NED) | 424 |
| 12. | Butter Martijn | 79 | 08-021 | 1:07.10 | 25m | 10-12-00 | Heemskerk (NED) | 421 |
| 13. | Meijer Arno | 75 | 08-021 | 1:07.20 | 25m | 15-12-96 | Heemskerk (NED) | 419 |
| 14. | van Beek Klaas | 88 | 08-021 | 1:07.95 | 25m | 28-11-09 | Dongen (NED) | 405 |
| 15. | Kramer Vincent | 82 | 08-021 | 1:08.24 | 25m | 7-11-04 | IJmuiden (NED) | 400 |
| 16. | Pover Peter | 69 | 08-021 | 1:08.30 | 25m | 14-3-91 | Heemskerk (NED) | 399 |
| 17. | Essers Tim | 88 | 08-021 | 1:09.12 | 25m | 18-12-11 | Zaandam (NED) | 385 |
| 18. | Schaaper Hans | 68 | 08-021 | 1:09.20 | 25m | 31-12-88 | | 384 |
| 18. | Keessen Jeroen | 67 | 08-021 | 1:09.20 | 25m | 9-12-90 | Volendam (NED) | 384 |
| 20. | Kuilman Joris | 80 | 08-021 | 1:09.53 | 25m | 26-4-01 | Heemskerk (NED) | 378 |
| 21. | Tamis Thijs | 82 | 08-021 | 1:09.55 | 25m | 24-3-02 | Heemstede | 378 |
| 22. | Hermans Luuk | 85 | 08-021 | 1:09.70 | 25m | 29-9-05 | Heemskerk (NED) | 375 |
| 23. | Steenbergen Roderik | 82 | 08-021 | 1:10.25 | 25m | 26-9-02 | Heemskerk | 367 |
| 24. | Stins Arnold | 83 | 08-021 | 1:10.28 | 25m | 25-9-03 | Heemskerk (NED) | 366 |
| 25. | van der Kroft Barry | 82 | 08-021 | 1:10.77 | 25m | 25-9-03 | Heemskerk (NED) | 359 |

200 wisselslag

| | | | | | | | | |
|-----|---------------------|----|--------|---------|-----|----------|---------------------|-----|
| 1. | Offringa Rick | 03 | 08-021 | 2:11.40 | 25m | 10-4-23 | Haarlem (NED) | 580 |
| 2. | Kleijne Barry | 93 | 08-021 | 2:17.16 | 25m | 30-3-14 | Zaandam (NED) | 510 |
| 3. | Jongert Jeroen | 96 | 08-021 | 2:18.71 | 25m | 12-3-17 | Purmerend (NED) | 493 |
| 4. | Oudendijk Paul | 81 | 08-021 | 2:21.86 | 25m | 13-3-05 | Amsterdam (NED) | 461 |
| 5. | van der Gracht Jory | 87 | 08-021 | 2:24.23 | 25m | 3-4-11 | Zaandam (NED) | 439 |
| 6. | Meijer Arno | 75 | 08-021 | 2:24.90 | 25m | 26-1-95 | Heemskerk (NED) | 433 |
| 7. | Butter Martijn | 79 | 08-021 | 2:24.98 | 25m | 25-10-01 | Heemskerk | 432 |
| 8. | de Wit Stephen | 93 | 08-021 | 2:25.91 | 25m | 30-3-14 | Zaandam (NED) | 424 |
| 9. | Gaal Koen | 99 | 08-021 | 2:26.24 | 25m | 21-11-21 | Den Helder (NED) | 421 |
| 10. | Jongert Sjoerd | 01 | 08-021 | 2:28.41 | 25m | 26-9-21 | Alkmaar (NED) | 403 |
| 11. | Stins Arnold | 83 | 08-021 | 2:29.34 | 25m | 16-3-03 | Heemskerk | 395 |
| 12. | van der Ende Mark | 75 | 08-021 | 2:30.00 | 25m | 7-5-98 | Heemskerk (NED) | 390 |
| 13. | Tamis Thijs | 82 | 08-021 | 2:30.53 | 25m | 8-9-02 | Heemskerk | 386 |
| 14. | Schaaper Hans | 68 | 08-021 | 2:31.20 | 25m | 7-2-88 | Heemskerk (NED) | 381 |
| 15. | Essers Tim | 88 | 08-021 | 2:31.21 | 25m | 9-4-12 | Haarlem (NED) | 381 |
| 16. | Kranenburg Fred | 63 | 08-021 | 2:32.00 | 25m | 11-12-83 | Heemskerk (NED) | 375 |
| 17. | Kramer Vincent | 82 | 08-021 | 2:32.62 | 25m | 28-4-05 | Heemskerk (NED) | 370 |
| 18. | Korzelius Ron | 65 | 08-021 | 2:33.10 | 25m | 21-5-87 | Heemskerk (NED) | 367 |
| 19. | Kuilman Joris | 80 | 08-021 | 2:33.14 | 25m | 26-10-00 | Heemskerk (NED) | 366 |
| 20. | Hermans Luuk | 85 | 08-021 | 2:33.62 | 25m | 19-3-06 | Heemskerk (NED) | 363 |
| 21. | Blaauw Mica | 05 | 08-021 | 2:34.76 | 25m | 9-3-25 | Purmerend (NED) | 355 |
| 22. | Steenbergen Roderik | 82 | 08-021 | 2:34.85 | 25m | 30-1-03 | Heemskerk | 354 |
| 23. | Keessen Jeroen | 67 | 08-021 | 2:35.50 | 25m | 25-11-90 | Heemskerk (NED) | 350 |
| 24. | Verbree John | 61 | 08-021 | 2:37.20 | 25m | 22-3-81 | Wieringerwerf (NED) | 339 |
| 25. | de Vijlder Michael | 75 | 08-021 | 2:37.40 | 25m | 6-4-97 | Heemskerk (NED) | 337 |

300 wisselslag

| | | | | | | |
|------------------------|----|--------|---------|-----|----------|-----------------|
| 1. van der Gracht Jory | 87 | 08-021 | 3:47.27 | 25m | 8-11-09 | Zaandam (NED) |
| 2. Oudendijk Paul | 81 | 08-021 | 3:49.56 | 25m | 30-11-03 | Heemskerk (NED) |
| 3. Butter Martijn | 79 | 08-021 | 3:51.63 | 25m | 23-12-01 | Amsterdam |
| 4. Kuilman Joris | 80 | 08-021 | 4:02.54 | 25m | 23-1-00 | Heemskerk (NED) |
| 5. van der Kroft Barry | 82 | 08-021 | 4:28.82 | 25m | 24-11-02 | Amsterdam |

400 wisselslag

| | | | | | | | |
|------------------------|----|--------|---------|-----|---------|-----------------|-----|
| 1. Offringa Rick | 03 | 08-021 | 4:59.74 | 50m | 26-3-23 | Alkmaar (NED) | 538 |
| 2. Butter Martijn | 79 | 08-021 | 5:07.16 | 25m | 25-2-01 | Heemskerk (NED) | 450 |
| 3. Oudendijk Paul | 81 | 08-021 | 5:08.08 | 25m | 1-5-05 | Zaandam (NED) | 446 |
| 4. van der Gracht Jory | 87 | 08-021 | 5:09.36 | 25m | 28-3-10 | Zeist (NED) | 441 |
| 5. Meijer Arno | 75 | 08-021 | 5:19.50 | 25m | 8-6-95 | Heemskerk (NED) | 400 |
| 6. Kuilman Joris | 80 | 08-021 | 5:27.56 | 25m | 30-3-00 | Heemskerk (NED) | 371 |
| 7. Stins Arnold | 83 | 08-021 | 5:28.55 | 25m | 23-2-03 | Heemskerk | 368 |
| 8. Tamis Thijs | 82 | 08-021 | 5:30.36 | 25m | 24-2-02 | Heemskerk | 362 |
| 9. Beentjes Bastiaan | 78 | 08-021 | 5:39.11 | 25m | 30-3-00 | Heemskerk (NED) | 334 |
| 10. Verbree John | 61 | 08-021 | 5:40.00 | 25m | 5-4-81 | Heemskerk (NED) | 332 |
| 11. de Vijlder Michael | 75 | 08-021 | 5:47.30 | 25m | 22-2-97 | | 311 |
| 12. Blaauw Mica | 05 | 08-021 | 6:06.65 | 25m | 12-1-25 | Heemskerk (NED) | 264 |
| 13. Goverde Ad | 59 | 08-021 | 6:24.90 | 25m | 3-4-82 | Heemskerk (NED) | 229 |