

**15m vlinderslag benen onderwater****25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. van Hiele Femke	13	08-021	26.67	25m	26-9-24	Heemskerk (NED)	60
2. Haack Zowi	18	08-021	27.83	25m	15-12-24	Amsterdam (NED)	53
3. Dekker Jane	17	08-021	46.85	25m	26-9-24	Heemskerk (NED)	11
4. van Roon Lexie	18	08-021	54.37	25m	26-9-24	Heemskerk (NED)	7

**50 vrije slag**

1. Wentink Yara	04	08-021	28.21	25m	10-11-24	Purmerend (NED)	537
2. Hoekstra Eline	03	08-021	29.20	25m	10-11-24	Purmerend (NED)	484
3. Herwegh Yara	07	08-021	29.79	25m	10-11-24	Purmerend (NED)	456
4. Groen Anne	95	08-021	30.09	25m	26-9-24	Heemskerk (NED)	442
5. Broek Jade	97	08-021	30.20	25m	20-10-24	Heemskerk (NED)	437
6. Herwegh Binthy	09	08-021	30.23	25m	27-10-24	Zaandam (NED)	436
7. van 't Veer Iris	03	08-021	30.34	25m	26-9-24	Heemskerk (NED)	431
7. de Roode Xara	08	08-021	30.34	25m	10-11-24	Purmerend (NED)	431
9. Haasbroek Renske	03	08-021	31.37	25m	24-11-24	Den Haag (NED)	390
10. Gijzen-van der Kroft Nicole	84	08-021	32.09	25m	26-9-24	Heemskerk (NED)	364
11. de Haan Shira	00	08-021	32.66	25m	26-9-24	Heemskerk (NED)	346
12. van Eerden Meike	00	08-021	33.20	25m	26-9-24	Heemskerk (NED)	329
13. van Assema Eline	05	08-021	34.02	25m	26-9-24	Heemskerk (NED)	306
14. ten Cate Joyce	80	08-021	36.17	25m	26-9-24	Heemskerk (NED)	254
15. Oortwijn Jytte	10	08-021	37.08	25m	26-9-24	Heemskerk (NED)	236
16. de Groot Sjors	08	08-021	39.19	25m	26-9-24	Heemskerk (NED)	200
17. Bruins Julia	06	08-021	39.95	25m	26-9-24	Heemskerk (NED)	189
18. Butter Noor	16	08-021	42.32	25m	19-1-25	Krommenie (NED)	159
19. Herwegh Izayra Rena	14	08-021	44.96	50m	7-12-24	Beverwijk (NED)	145
20. Oliveira Rocha Yara	17	08-021	47.36	25m	20-10-24	Heemskerk (NED)	113
21. Haack Fenna	16	08-021	47.83	25m	9-2-25	Krommenie (NED)	110
22. Post Aijuna	14	08-021	48.00	25m	26-9-24	Heemskerk (NED)	109
23. Banks Riley	17	08-021	48.61	25m	27-10-24	Zaandam (NED)	104
24. Tilgenkamp Lentley	13	08-021	48.67	25m	12-1-25	Heemskerk (NED)	104
25. van Dam Merel	14	08-021	50.17	25m	9-2-25	Krommenie (NED)	95

**100 vrije slag**

1. Wentink Yara	04	08-021	1:00.07	25m	16-11-24	Hoofddorp (NED)	585
2. Broek Jade	97	08-021	1:03.89	25m	16-11-24	Hoofddorp (NED)	486
3. Hoekstra Eline	03	08-021	1:04.25	25m	20-10-24	Heemskerk (NED)	478
4. Groen Anne	95	08-021	1:05.17	25m	20-10-24	Heemskerk (NED)	458
5. Herwegh Yara	07	08-021	1:05.26	25m	12-1-25	Heemskerk (NED)	456
6. de Roode Xara	08	08-021	1:06.15	25m	12-1-25	Heemskerk (NED)	438
7. van 't Veer Iris	03	08-021	1:07.30	25m	20-10-24	Heemskerk (NED)	416
8. Herwegh Binthy	09	08-021	1:07.64	25m	20-10-24	Heemskerk (NED)	410
9. de Haan Shira	00	08-021	1:09.55	25m	20-10-24	Heemskerk (NED)	377
10. van Assema Eline	05	08-021	1:14.38	25m	20-10-24	Heemskerk (NED)	308
11. Haasbroek Renske	03	08-021	1:15.16	25m	23-11-24	Den Haag (NED)	298
12. de Groot Sjors	08	08-021	1:27.15	25m	12-1-25	Heemskerk (NED)	191
13. Oortwijn Jytte	10	08-021	1:29.15	25m	6-10-24	Den Helder (NED)	179
14. Herwegh Izayra Rena	14	08-021	1:43.03	25m	20-10-24	Heemskerk (NED)	116
15. Tilgenkamp Lentley	13	08-021	1:53.30	25m	15-12-24	Amsterdam (NED)	87
16. Haack Fenna	16	08-021	1:54.78	25m	15-12-24	Amsterdam (NED)	83
17. Butter Noor	16	08-021	1:55.95	25m	29-9-24	Krommenie (NED)	81
18. van Dam Merel	14	08-021	2:02.60	25m	19-1-25	Krommenie (NED)	68
19. Slotemaker Britt	14	08-021	2:03.92	25m	24-11-24	Zaandam (NED)	66
20. Post Aijuna	14	08-021	2:06.28	25m	29-9-24	Krommenie (NED)	63
21. van Laarhoven Salome	15	08-021	2:08.05	25m	15-12-24	Amsterdam (NED)	60
22. van Roon Jill	14	08-021	2:14.22	25m	20-10-24	Heemskerk (NED)	52

**200 vrije slag**

1. Hoekstra Eline	03	08-021	2:22.41	25m	2-2-25	Den Helder (NED)	466
2. de Haan Shira	00	08-021	2:34.10	25m	2-2-25	Den Helder (NED)	368
3. Haasbroek Renske	03	08-021	2:35.50	25m	23-11-24	Den Haag (NED)	358
4. de Roode Xara	08	08-021	2:44.08	25m	6-10-24	Den Helder (NED)	304
5. Oortwijn Jytte	10	08-021	3:10.74	25m	6-10-24	Den Helder (NED)	194
6. de Groot Sjors	08	08-021	3:25.33	25m	6-10-24	Den Helder (NED)	155

**250 vrije slag****300 vrije slag**

1. Hoekstra Eline	03	08-021	3:39.67	25m	9-11-24	Purmerend (NED)	483
2. de Roode Xara	08	08-021	4:10.21	25m	6-10-24	Den Helder (NED)	327
3. Haasbroek Renske	03	08-021	4:22.77	25m	6-10-24	Den Helder (NED)	282
4. Oortwijn Jytte	10	08-021	5:13.80	25m	12-1-25	Heemskerk (NED)	166
5. de Groot Sjors	08	08-021	5:15.56	25m	6-10-24	Den Helder (NED)	163

**400 vrije slag**

1. Hoekstra Eline	03	08-021	4:55.65	25m	9-11-24	Purmerend (NED)	499
2. van Eerden Meike	00	08-021	5:25.39	25m	6-10-24	Den Helder (NED)	374
3. de Roode Xara	08	08-021	5:32.15	25m	6-10-24	Den Helder (NED)	351
4. Haasbroek Renske	03	08-021	5:49.58	25m	6-10-24	Den Helder (NED)	301
5. Oortwijn Jytte	10	08-021	6:56.88	25m	12-1-25	Heemskerk (NED)	178
6. de Groot Sjors	08	08-021	7:05.52	25m	6-10-24	Den Helder (NED)	167

**500 vrije slag**

**800 vrije slag**

1. Hoekstra Eline	03	08-021	10:34.89	25m	24-11-24	Den Haag (NED)	430
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**1000 vrije slag****1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Haack Zowi	18	08-021	27.64	25m	15-12-24	Amsterdam (NED)	83
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**50 rugslag**

1. Broek Jade	97	08-021	32.51	25m	9-11-24	Purmerend (NED)	492
2. Hoekstra Eline	03	08-021	32.65	25m	9-11-24	Purmerend (NED)	485
3. Wentink Yara	04	08-021	32.72	25m	9-11-24	Purmerend (NED)	482
4. Herwegh Binthy	09	08-021	34.96	25m	27-10-24	Zaandam (NED)	395
5. van 't Veer Iris	03	08-021	35.64	25m	24-10-24	Heemskerk (NED)	373
6. Groen Anne	95	08-021	36.16	25m	2-2-25	Den Helder (NED)	357
7. Herwegh Yara	07	08-021	37.18	25m	27-10-24	Zaandam (NED)	329
8. de Haan Shira	00	08-021	37.87	25m	6-10-24	Den Helder (NED)	311
9. van Assema Eline	05	08-021	37.89	25m	24-10-24	Heemskerk (NED)	310
10. de Roode Xara	08	08-021	37.93	50m	7-12-24	Beverwijk (NED)	363
11. van Eerden Meike	00	08-021	38.02	25m	6-10-24	Den Helder (NED)	307
12. Haasbroek Renske	03	08-021	39.16	25m	24-10-24	Heemskerk (NED)	281
13. Siemerink Laura	04	08-021	39.83	25m	2-2-25	Den Helder (NED)	267

**50 rugslag (sinds 14)**

14. Gijzen-van der Kroft Nicole	84	08-021	40.53	25m	24-10-24	Heemskerk (NED)	254
15. Steenbakker Lisan	07	08-021	42.09	25m	24-10-24	Heemskerk (NED)	226
16. ten Cate Joyce	80	08-021	43.63	25m	24-10-24	Heemskerk (NED)	203
17. Butter Noor	16	08-021	49.27	25m	9-2-25	Krommenie (NED)	141
18. Bruins Julia	06	08-021	49.76	25m	24-10-24	Heemskerk (NED)	137
19. de Groot Sjors	08	08-021	50.18	25m	24-10-24	Heemskerk (NED)	133
20. Tilgenkamp Lentley	13	08-021	51.40	25m	19-1-25	Krommenie (NED)	124
21. Herwegh Izayra Rena	14	08-021	52.34	50m	7-12-24	Beverwijk (NED)	138
22. Oliveira Rocha Yara	17	08-021	52.38	25m	15-12-24	Amsterdam (NED)	117
23. Haack Fenna	16	08-021	52.41	25m	9-2-25	Krommenie (NED)	117
24. Post Aijuna	14	08-021	53.88	25m	29-9-24	Krommenie (NED)	108
25. Banks Riley	17	08-021	54.93	25m	27-10-24	Zaandam (NED)	102

**100 rugslag**

1. Broek Jade	97	08-021	1:08.88	25m	24-11-24	Den Haag (NED)	509
2. Wentink Yara	04	08-021	1:11.77	25m	24-10-24	Heemskerk (NED)	450
3. Hoekstra Eline	03	08-021	1:12.14	25m	24-10-24	Heemskerk (NED)	443
4. van 't Veer Iris	03	08-021	1:13.06	25m	24-10-24	Heemskerk (NED)	427
5. Groen Anne	95	08-021	1:14.95	25m	2-2-25	Den Helder (NED)	395
6. Herwegh Binthy	09	08-021	1:17.39	25m	24-10-24	Heemskerk (NED)	359
7. Haasbroek Renske	03	08-021	1:19.07	25m	24-10-24	Heemskerk (NED)	337
8. de Roode Xara	08	08-021	1:19.11	25m	24-10-24	Heemskerk (NED)	336
9. van Assema Eline	05	08-021	1:19.55	25m	24-10-24	Heemskerk (NED)	331
10. de Haan Shira	00	08-021	1:20.47	25m	24-10-24	Heemskerk (NED)	319
11. Siemerink Laura	04	08-021	1:23.48	25m	2-2-25	Den Helder (NED)	286
12. van Eerden Meike	00	08-021	1:24.31	25m	24-10-24	Heemskerk (NED)	278
13. Herwegh Yara	07	08-021	1:26.28	25m	24-10-24	Heemskerk (NED)	259
14. Steenbakker Lisan	07	08-021	1:26.97	25m	24-10-24	Heemskerk (NED)	253
15. Bruins Julia	06	08-021	1:42.70	25m	24-10-24	Heemskerk (NED)	153
16. de Groot Sjors	08	08-021	1:43.84	25m	24-10-24	Heemskerk (NED)	148
17. Tilgenkamp Lentley	13	08-021	1:57.86	25m	15-12-24	Amsterdam (NED)	101

**200 rugslag**

1. Broek Jade	97	08-021	2:31.79	25m	2-2-25	Den Helder (NED)	484
2. Groen Anne	95	08-021	2:38.01	25m	2-2-25	Den Helder (NED)	429
3. van 't Veer Iris	03	08-021	2:38.86	25m	2-2-25	Den Helder (NED)	422
4. Haasbroek Renske	03	08-021	2:50.14	25m	2-2-25	Den Helder (NED)	344
5. van Assema Eline	05	08-021	2:55.18	25m	2-2-25	Den Helder (NED)	315
6. Siemerink Laura	04	08-021	2:56.01	25m	2-2-25	Den Helder (NED)	310

**500 rugslag****25 schoolslag**

1. Huber Emma	13	08-021	25.54	25m	24-10-24	Heemskerk (NED)	141
2. van Hiele Femke	13	08-021	30.90	25m	24-10-24	Heemskerk (NED)	80
3. Haack Zowi	18	08-021	33.22	25m	26-9-24	Heemskerk (NED)	64
4. Dekker Ivy	16	08-021	37.33	25m	24-10-24	Heemskerk (NED)	45
5. Dekker Jane	17	08-021	40.39	25m	24-10-24	Heemskerk (NED)	35
6. van Roon Lexie	18	08-021	53.68	25m	24-10-24	Heemskerk (NED)	15

**50 schoolslag**

1. Broek Jade	97	08-021	38.27	25m	12-1-25	Heemskerk (NED)	419
2. van 't Veer Iris	03	08-021	39.63	25m	12-1-25	Heemskerk (NED)	377
3. Herwegh Binthy	09	08-021	40.25	25m	27-10-24	Zaandam (NED)	360
4. Wentink Yara	04	08-021	40.29	25m	27-10-24	Zaandam (NED)	359
5. Hoekstra Eline	03	08-021	40.93	25m	26-9-24	Heemskerk (NED)	342
6. Groen Anne	95	08-021	41.04	25m	12-1-25	Heemskerk (NED)	339
7. de Haan Shira	00	08-021	41.38	25m	12-1-25	Heemskerk (NED)	331
8. Herwegh Yara	07	08-021	41.57	25m	27-10-24	Zaandam (NED)	327
9. van Assema Eline	05	08-021	42.97	25m	12-1-25	Heemskerk (NED)	296
10. Siemerink Laura	04	08-021	42.98	25m	12-1-25	Heemskerk (NED)	295
11. Haasbroek Renske	03	08-021	43.84	25m	12-1-25	Heemskerk (NED)	278
12. Oortwijn Jytte	10	08-021	45.76	25m	26-9-24	Heemskerk (NED)	245
13. Gijzen-van der Kroft Nicole	84	08-021	46.06	25m	26-9-24	Heemskerk (NED)	240
14. de Roode Xara	08	08-021	50.14	25m	2-2-25	Den Helder (NED)	186
15. Steenbakker Lisan	07	08-021	50.67	25m	26-9-24	Heemskerk (NED)	180
16. ten Cate Joyce	80	08-021	51.44	25m	26-9-24	Heemskerk (NED)	172
16. van Eerden Meike	00	08-021	51.44	25m	26-9-24	Heemskerk (NED)	172
18. Butter Noor	16	08-021	53.37	25m	9-2-25	Krommenie (NED)	154
19. Herwegh Izayra Rena	14	08-021	56.56	50m	7-12-24	Beverwijk (NED)	140
20. Slotemaker Britt	14	08-021	56.69	25m	24-11-24	Zaandam (NED)	128
21. Post Aijuna	14	08-021	57.06	25m	26-9-24	Heemskerk (NED)	126
22. Banks Riley	17	08-021	57.33	25m	20-10-24	Heemskerk (NED)	124
23. van Laarhoven Salome	15	08-021	58.70	25m	24-11-24	Zaandam (NED)	116
24. van Roon Jill	14	08-021	58.92	25m	24-11-24	Zaandam (NED)	114
24. Oliveira Rocha Yara	17	08-021	58.92	25m	24-11-24	Zaandam (NED)	114

**100 schoolslag**

1. Wentink Yara	04	08-021	1:25.45	25m	26-9-24	Heemskerk (NED)	388
2. Broek Jade	97	08-021	1:25.79	25m	24-11-24	Den Haag (NED)	384
3. van 't Veer Iris	03	08-021	1:26.71	25m	26-9-24	Heemskerk (NED)	371
4. Herwegh Binthy	09	08-021	1:26.99	25m	20-10-24	Heemskerk (NED)	368
5. Hoekstra Eline	03	08-021	1:27.11	25m	26-9-24	Heemskerk (NED)	366
6. Groen Anne	95	08-021	1:28.54	25m	26-9-24	Heemskerk (NED)	349
6. de Haan Shira	00	08-021	1:28.54	25m	26-9-24	Heemskerk (NED)	349
8. Herwegh Yara	07	08-021	1:33.64	25m	26-9-24	Heemskerk (NED)	295
9. van Assema Eline	05	08-021	1:36.41	25m	26-9-24	Heemskerk (NED)	270
10. Oortwijn Jytte	10	08-021	1:36.43	25m	12-1-25	Heemskerk (NED)	270
11. Gijzen-van der Kroft Nicole	84	08-021	1:37.19	25m	26-9-24	Heemskerk (NED)	264
12. Haasbroek Renske	03	08-021	1:37.40	25m	26-9-24	Heemskerk (NED)	262
13. van Eerden Meike	00	08-021	1:46.12	25m	26-9-24	Heemskerk (NED)	202
14. de Roode Xara	08	08-021	1:46.81	25m	2-2-25	Den Helder (NED)	199
15. Steenbakker Lisan	07	08-021	1:47.07	25m	26-9-24	Heemskerk (NED)	197
16. ten Cate Joyce	80	08-021	1:47.81	25m	26-9-24	Heemskerk (NED)	193
17. Butter Noor	16	08-021	2:00.84	25m	26-9-24	Heemskerk (NED)	137
18. Herwegh Izayra Rena	14	08-021	2:01.02	25m	20-10-24	Heemskerk (NED)	136
19. de Groot Sjors	08	08-021	2:08.56	25m	2-2-25	Den Helder (NED)	114
20. Tilgenkamp Lentley	13	08-021	2:13.10	25m	24-11-24	Zaandam (NED)	102
21. Post Aijuna	14	08-021	2:13.48	25m	29-9-24	Krommenie (NED)	101
22. van Roon Jill	14	08-021	2:16.95	25m	29-9-24	Krommenie (NED)	94
23. Haack Fenna	16	08-021	2:25.76	25m	26-9-24	Heemskerk (NED)	78

**200 schoolslag**

1. Broek Jade	97	08-021	3:00.91	25m	24-11-24	Den Haag (NED)	411
2. Oortwijn Jytte	10	08-021	3:32.89	25m	6-10-24	Den Helder (NED)	252

**250 schoolslag****500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Butter Noor	16	08-021	23.51	25m	24-10-24	Heemskerk (NED)	107
2. Banks Riley	17	08-021	25.36	25m	24-10-24	Heemskerk (NED)	85
3. Herwegh Izayra Rena	14	08-021	25.68	25m	24-10-24	Heemskerk (NED)	82
4. Oliveira Rocha Yara	17	08-021	26.15	25m	24-10-24	Heemskerk (NED)	78
5. van Laarhoven Salome	15	08-021	26.70	25m	24-10-24	Heemskerk (NED)	73
5. van Dam Merel	14	08-021	26.70	25m	24-10-24	Heemskerk (NED)	73
7. Haack Fenna	16	08-021	29.84	25m	24-10-24	Heemskerk (NED)	52
8. Slotemaker Britt	14	08-021	31.17	25m	24-10-24	Heemskerk (NED)	46
9. Haack Zowi	18	08-021	33.22	25m	24-10-24	Heemskerk (NED)	38
10. van Roon Jill	14	08-021	38.44	25m	24-10-24	Heemskerk (NED)	24

**50 vlinderslag**

1. Wentink Yara	04	08-021	29.30	25m	16-11-24	Hoofddorp (NED)	576
2. Hoekstra Eline	03	08-021	31.05	25m	24-11-24	Den Haag (NED)	484
3. Broek Jade	97	08-021	31.32	25m	16-11-24	Hoofddorp (NED)	471
4. Siemerink Laura	04	08-021	33.11	25m	2-2-25	Den Helder (NED)	399
5. de Haan Shira	00	08-021	33.99	25m	2-2-25	Den Helder (NED)	369
6. Herwegh Binthy	09	08-021	34.39	25m	27-10-24	Zaandam (NED)	356
7. Butter Anouk	82	08-021	34.81	25m	24-10-24	Heemskerk (NED)	343
8. Haasbroek Renske	03	08-021	34.96	25m	2-2-25	Den Helder (NED)	339
9. Herwegh Yara	07	08-021	35.16	25m	27-10-24	Zaandam (NED)	333
10. van 't Veer Iris	03	08-021	35.31	25m	2-2-25	Den Helder (NED)	329
11. Groen Anne	95	08-021	35.40	25m	24-10-24	Heemskerk (NED)	326
12. de Roode Xara	08	08-021	36.52	25m	24-10-24	Heemskerk (NED)	297
13. van Assema Eline	05	08-021	36.57	25m	2-2-25	Den Helder (NED)	296
14. Gijzen-van der Kroft Nicole	84	08-021	38.43	25m	24-10-24	Heemskerk (NED)	255
15. van Eerden Meike	00	08-021	41.37	25m	24-10-24	Heemskerk (NED)	204
16. Steenbakker Lisan	07	08-021	42.11	25m	24-10-24	Heemskerk (NED)	194
17. ten Cate Joyce	80	08-021	46.12	25m	24-10-24	Heemskerk (NED)	147
18. de Groot Sjors	08	08-021	46.55	25m	24-10-24	Heemskerk (NED)	143
19. Butter Noor	16	08-021	48.15	25m	16-2-25	Haarlem (NED)	129
20. Tilgenkamp Lentley	13	08-021	49.55	25m	16-2-25	Haarlem (NED)	119
21. Bruins Julia	06	08-021	49.71	25m	24-10-24	Heemskerk (NED)	117
22. Haack Fenna	16	08-021	1:00.82	25m	16-2-25	Haarlem (NED)	64
23. van Laarhoven Salome	15	08-021	1:05.10	25m	15-12-24	Amsterdam (NED)	52
24. Herwegh Izayra Rena	14	08-021	1:06.05	25m	27-10-24	Zaandam (NED)	50

**100 vlinderslag**

1. Wentink Yara	04	08-021	1:05.06	25m	23-11-24	Den Haag (NED)	591
2. Hoekstra Eline	03	08-021	1:10.79	25m	12-1-25	Heemskerk (NED)	459
3. Broek Jade	97	08-021	1:13.47	25m	12-1-25	Heemskerk (NED)	410
4. Siemerink Laura	04	08-021	1:20.49	25m	12-1-25	Heemskerk (NED)	312
5. van 't Veer Iris	03	08-021	1:22.01	25m	12-1-25	Heemskerk (NED)	295
6. de Haan Shira	00	08-021	1:22.82	25m	20-10-24	Heemskerk (NED)	286
7. de Roode Xara	08	08-021	1:27.11	25m	2-2-25	Den Helder (NED)	246
8. Haasbroek Renske	03	08-021	1:27.44	25m	12-1-25	Heemskerk (NED)	243
9. de Groot Sjors	08	08-021	1:48.68	25m	2-2-25	Den Helder (NED)	126

**200 vlinderslag**

1. Wentink Yara	04	08-021	2:34.32	25m	10-11-24	Purmerend (NED)	465
2. Hoekstra Eline	03	08-021	2:38.02	25m	16-2-25	Haarlem (NED)	433

**1000 vlinderslag**

1. Wentink Yara	04	08-021	15:22.84	25m	16-2-25	Haarlem (NED)	
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**100 wisselslag**

1. Wentink Yara	04	08-021	1:10.18	25m	23-11-24	Den Haag (NED)	522
2. Broek Jade	97	08-021	1:12.16	25m	20-10-24	Heemskerk (NED)	480
3. Hoekstra Eline	03	08-021	1:14.43	25m	23-11-24	Den Haag (NED)	437
4. Groen Anne	95	08-021	1:15.75	25m	20-10-24	Heemskerk (NED)	415
5. van 't Veer Iris	03	08-021	1:16.26	25m	20-10-24	Heemskerk (NED)	406
6. Herwegh Binthy	09	08-021	1:16.38	25m	27-10-24	Zaandam (NED)	404
7. de Haan Shira	00	08-021	1:18.15	25m	6-10-24	Den Helder (NED)	378
8. Herwegh Yara	07	08-021	1:18.83	25m	20-10-24	Heemskerk (NED)	368
9. Haasbroek Renske	03	08-021	1:20.61	25m	6-10-24	Den Helder (NED)	344
10. de Roode Xara	08	08-021	1:21.39	25m	20-10-24	Heemskerk (NED)	334
11. Steenbakker Lisan	07	08-021	1:34.49	25m	20-10-24	Heemskerk (NED)	213
12. de Groot Sjors	08	08-021	1:39.94	25m	6-10-24	Den Helder (NED)	180
13. Butter Noor	16	08-021	1:47.08	25m	19-1-25	Krommenie (NED)	146
14. Tilgenkamp Lentley	13	08-021	2:04.26	25m	19-1-25	Krommenie (NED)	94
15. Herwegh Izayra Rena	14	08-021	2:08.80	25m	27-10-24	Zaandam (NED)	84
16. van Roon Jill	14	08-021	2:09.00	25m	9-2-25	Krommenie (NED)	84
17. van Laarhoven Salome	15	08-021	2:13.18	25m	24-11-24	Zaandam (NED)	76
18. van Dam Merel	14	08-021	2:19.48	25m	9-2-25	Krommenie (NED)	66

**200 wisselslag**

1. Wentink Yara	04	08-021	2:32.25	25m	16-11-24	Hoofddorp (NED)	512
2. Hoekstra Eline	03	08-021	2:48.86	50m	26-1-25	Alkmaar (NED)	416
3. de Roode Xara	08	08-021	2:58.34	25m	12-1-25	Heemskerk (NED)	319
4. de Groot Sjors	08	08-021	3:54.15	25m	12-1-25	Heemskerk (NED)	140
5. Butter Noor	16	08-021	4:11.65	25m	16-2-25	Haarlem (NED)	113
6. Tilgenkamp Lentley	13	08-021	4:27.25	25m	12-1-25	Heemskerk (NED)	94

**300 wisselslag****400 wisselslag**

1. Hoekstra Eline	03	08-021	5:38.45	25m	12-1-25	Heemskerk (NED)	447
2. de Roode Xara	08	08-021	6:26.43	25m	2-2-25	Den Helder (NED)	300
3. de Groot Sjors	08	08-021	7:58.35	25m	2-2-25	Den Helder (NED)	158