

20 - 24 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2025

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Kleijne Barry	93	08-021	25.28	50m	22-2-15	Alkmaar (NED)	565
2. Offringa Rick	03	08-021	25.30	50m	19-3-23	Alkmaar (NED)	564
3. Jongert Jeroen	96	08-021	25.37	50m	5-3-17	Alkmaar (NED)	559
4. Gaal Roel	01	08-021	25.75	50m	10-4-22	Antwerpen (BEL)	535
5. Meijer Arno	75	08-021	26.00	50m	20-5-95	Beverwijk (NED)	520
6. van Beek Klaas	88	08-021	26.15	50m	15-5-10	Beverwijk (NED)	511
7. Butter Martijn	79	08-021	26.40	50m	13-5-01	Beverwijk (NED)	496
8. Jongert Sjoerd	01	08-021	26.67	50m	11-6-23	Büккеburg (GER)	481
9. Breton Wouter	89	08-021	26.74	50m	16-5-09	Beverwijk (NED)	478
10. van der Gracht Jory	87	08-021	27.31	50m	6-6-09	Beverwijk (NED)	448
11. Hermans Luuk	85	08-021	27.54	50m	21-5-05	Beverwijk (NED)	437
12. van der Kroft Barry	82	08-021	27.96	50m	1-6-02	Beverwijk	418
13. Oudendijk Paul	81	08-021	28.08	50m	13-5-01	Beverwijk (NED)	412
14. Tijms Stefan	93	08-021	28.17	50m	18-6-17	Bergbad Bückeburg (GER)	408
15. de Vijlder Michael	75	08-021	28.20	50m	1-6-96	Beverwijk (NED)	407
16. Gaal Koen	99	08-021	28.24	50m	16-6-19	Bückeburg (GER)	405
17. de Wit Stephen	93	08-021	28.39	50m	12-5-13	Beverwijk (NED)	399
18. Palmboom Pascal	89	08-021	28.62	50m	15-6-13	Beverwijk (NED)	389
19. Essers Tim	88	08-021	29.02	50m	31-5-08	Beverwijk (NED)	374
20. de Vries Dylan	93	08-021	31.78	50m	15-6-13	Beverwijk (NED)	284
21. de Wit Matthew	97	08-021	36.60	50m	9-4-17	Eindhoven (NED)	186

100 vrije slag

1. Gaal Roel	01	08-021	55.41	50m	13-5-23	Amsterdam (NED)	606
2. Jongert Jeroen	96	08-021	56.28	50m	18-6-17	Bergbad Bückeburg (GER)	579
3. Kleijne Barry	93	08-021	56.79	50m	15-3-15	Beverwijk (NED)	563
4. Butter Martijn	79	08-021	56.94	50m	13-5-01	Beverwijk (NED)	559
5. Camphuijnder Jasper	05	08-021	57.95	50m	26-1-25	Alkmaar (NED)	530
6. Offringa Rick	03	08-021	58.06	50m	11-6-23	Bückeburg (GER)	527
7. Meijer Arno	75	08-021	59.30	50m	10-6-95	Beverwijk (NED)	495
8. van Beek Klaas	88	08-021	59.41	50m	15-5-10	Beverwijk (NED)	492
8. Jongert Sjoerd	01	08-021	59.41	50m	9-4-22	Antwerpen (BEL)	492
10. van der Gracht Jory	87	08-021	59.67	50m	6-6-09	Beverwijk (NED)	485
11. Oudendijk Paul	81	08-021	59.97	50m	22-5-05	Beverwijk (NED)	478
12. de Wit Stephen	93	08-021	1:00.20	50m	12-5-13	Beverwijk (NED)	473
13. Gaal Koen	99	08-021	1:01.20	50m	19-6-22	Bergbad Bückeburg (GER)	450

100 vrije slag (sinds 14)

14.	Tijms Stefan	93	08-021	1:01.39	50m	15-6-13	Beverwijk (NED)	446
15.	Kuilman Joris	80	08-021	1:01.64	50m	21-5-00	Beverwijk (NED)	440
16.	de Vijlder Michael	75	08-021	1:03.10	50m	1-6-96	Beverwijk (NED)	410
17.	van der Kroft Barry	82	08-021	1:04.41	50m	1-6-02	Beverwijk	386
18.	Stins Arnold	83	08-021	1:05.51	50m	5-4-03	Amsterdam (NED)	367
19.	Palmboom Pascal	89	08-021	1:06.60	50m	10-4-11	Beverwijk (NED)	349
20.	Essers Tim	88	08-021	1:06.75	50m	6-6-09	Beverwijk (NED)	347
21.	Steenbergen Roderik	82	08-021	1:06.97	50m	5-4-03	Amsterdam (NED)	343
22.	Beentjes Bastiaan	78	08-021	1:14.10	50m	25-10-98	Beverwijk (NED)	253
23.	de Wit Matthew	97	08-021	1:18.80	50m	9-4-17	Eindhoven (NED)	210

200 vrije slag

1.	Butter Martijn	79	08-021	2:03.49	50m	19-5-01	Beverwijk (NED)	563
2.	Kleijne Barry	93	08-021	2:09.46	50m	25-5-14	Beverwijk (NED)	489
3.	Gaal Roel	01	08-021	2:09.51	50m	8-6-24	Bückeburg (GER)	488
4.	Jongert Jeroen	96	08-021	2:10.04	50m	28-5-17	Alkmaar (NED)	482
5.	Oudendijk Paul	81	08-021	2:15.03	50m	16-5-04	Beverwijk (NED)	431
6.	Meijer Arno	75	08-021	2:16.50	50m	9-11-97	Beverwijk (NED)	417
7.	van Beek Klaas	88	08-021	2:19.21	50m	29-3-09	Alkmaar (NED)	393
8.	Stins Arnold	83	08-021	2:19.29	50m	5-4-03	Amsterdam (NED)	392
9.	van der Gracht Jory	87	08-021	2:19.68	50m	30-3-08	Alkmaar (NED)	389
10.	Offringa Rick	03	08-021	2:21.41	50m	19-2-23	Alkmaar (NED)	375
11.	Kuilman Joris	80	08-021	2:22.21	50m	22-10-00	Beverwijk (NED)	368
12.	Steenbergen Roderik	82	08-021	2:22.81	50m	21-4-02	Beverwijk (NED)	364
13.	de Vijlder Michael	75	08-021	2:24.50	50m	9-11-97	Beverwijk (NED)	351
14.	Tijms Stefan	93	08-021	2:28.95	50m	17-6-17	Bergbad Bückeburg (GER)	321
15.	de Wit Matthew	97	08-021	2:50.95	50m	7-4-17	Eindhoven (NED)	212

250 vrije slag**300 vrije slag****400 vrije slag**

1.	Butter Martijn	79	08-021	4:25.98	50m	19-5-01	Beverwijk (NED)	566
2.	Offringa Rick	03	08-021	4:55.35	50m	19-2-23	Alkmaar (NED)	413
3.	de Wit Matthew	97	08-021	6:04.04	50m	8-4-17	Eindhoven (NED)	220

500 vrije slag**800 vrije slag**

1.	Butter Martijn	79	08-021	9:23.85	50m	22-4-01	Amersfoort (NED)	515
2.	Offringa Rick	03	08-021	10:07.41	50m	19-2-23	Alkmaar (NED)	412

1000 vrije slag**1250 vrije slag**

1500 vrije slag

1. Butter Martijn	79	08-021	17:59.54	50m	22-4-01	Amersfoort (NED)	525
2. Offringa Rick	03	08-021	19:12.98	50m	19-2-23	Alkmaar (NED)	431

2000 vrije slag

1. Butter Martijn	79	08-021	24:15.87	50m	28-4-01	Drachten (NED)	507
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2500 vrije slag**3000 vrije slag**

1. Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
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4000 vrije slag**5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Kleijne Barry	93	08-021	29.02	50m	8-4-16	Eindhoven (NED)	568
2. Breton Wouter	89	08-021	29.10	50m	17-5-09	Alkmaar (NED)	563
3. Jongert Jeroen	96	08-021	30.33	50m	13-3-16	Alkmaar (NED)	497
4. Oudendijk Paul	81	08-021	31.51	50m	22-5-05	Beverwijk (NED)	444
5. de Wit Stephen	93	08-021	31.68	50m	12-5-13	Beverwijk (NED)	436
6. Hermans Luuk	85	08-021	31.69	50m	22-4-07	Antwerpen (BEL)	436
7. Butter Martijn	79	08-021	33.09	50m	13-5-01	Beverwijk (NED)	383
8. Gaal Roel	01	08-021	33.54	50m	10-4-22	Antwerpen (BEL)	368

100 rugslag

1. Kleijne Barry	93	08-021	1:01.98	50m	9-4-16	Eindhoven (NED)	585
2. Jongert Jeroen	96	08-021	1:03.70	50m	19-5-19	Amersfoort (NED)	539
3. Offringa Rick	03	08-021	1:04.80	50m	10-6-23	Bückerburg (GER)	512
4. Breton Wouter	89	08-021	1:07.27	50m	16-5-09	Beverwijk (NED)	457
5. Oudendijk Paul	81	08-021	1:07.85	50m	21-5-05	Beverwijk (NED)	446
6. Gaal Koen	99	08-021	1:08.08	50m	19-6-22	Bergbad Bückerburg (GER)	441
7. Hermans Luuk	85	08-021	1:09.98	50m	21-5-05	Beverwijk (NED)	406
8. Butter Martijn	79	08-021	1:10.06	50m	13-5-01	Beverwijk (NED)	405
9. Steenbergen Roderik	82	08-021	1:10.25	50m	8-5-04	Beverwijk (NED)	402
10. Gaal Roel	01	08-021	1:10.63	50m	10-4-22	Antwerpen (BEL)	395
11. Meijer Arno	75	08-021	1:11.80	50m	2-6-96	Beverwijk (NED)	376
12. de Wit Stephen	93	08-021	1:11.90	50m	16-6-13	Beverwijk (NED)	375
13. Essers Tim	88	08-021	1:13.65	50m	1-6-08	Beverwijk (NED)	348
14. Tamis Thijs	82	08-021	1:15.84	50m	2-6-02	Beverwijk	319
15. van der Gracht Jory	87	08-021	1:16.65	50m	22-3-09	Amersfoort (NED)	309
16. de Vijlder Michael	75	08-021	1:17.60	50m	11-6-95	Beverwijk (NED)	298
17. Stins Arnold	83	08-021	1:18.57	50m	25-4-04	Beverwijk (NED)	287

200 rugslag

1. Kleijne Barry	93	08-021	2:17.29	50m	7-4-16	Eindhoven (NED)	541
2. Oudendijk Paul	81	08-021	2:23.01	50m	29-5-05	Beverwijk (NED)	479
3. Jongert Jeroen	96	08-021	2:23.59	50m	17-6-17	Bergbad Bückerburg (GER)	473
4. Butter Martijn	79	08-021	2:27.17	50m	19-5-01	Beverwijk (NED)	439
5. Gaal Koen	99	08-021	2:31.48	50m	18-6-22	Bergbad Bückerburg (GER)	403
6. Steenbergen Roderik	82	08-021	2:39.75	50m	21-4-02	Beverwijk (NED)	343
7. Hermans Luuk	85	08-021	2:40.54	50m	21-4-07	Antwerpen (BEL)	338
8. Essers Tim	88	08-021	2:41.51	50m	22-4-12	Beverwijk (NED)	332

500 rugslag**25 schoolslag****50 schoolslag**

1. Offringa Rick	03	08-021	31.06	50m	19-3-23	Alkmaar (NED)	583
2. Breton Wouter	89	08-021	32.48	50m	24-5-09	Beverwijk (NED)	509
3. Oudendijk Paul	81	08-021	32.73	50m	16-5-04	Beverwijk (NED)	498
4. Jongert Sjoerd	01	08-021	36.10	50m	9-4-22	Antwerpen (BEL)	371
5. Tamis Thijs	82	08-021	36.26	50m	25-5-03	Beverwijk (NED)	366
6. van der Kroft Barry	82	08-021	36.28	50m	26-5-02	Beverwijk (NED)	365
7. Meijer Arno	75	08-021	36.35	50m	6-6-99	Beverwijk (NED)	363
8. Butter Martijn	79	08-021	36.72	50m	19-5-01	Beverwijk (NED)	352
9. Hermans Luuk	85	08-021	37.06	50m	22-4-07	Antwerpen (BEL)	343
10. Kuilman Joris	80	08-021	37.11	50m	28-5-00	Beverwijk (NED)	341
11. Palmboom Pascal	89	08-021	37.25	50m	26-5-13	Beverwijk (NED)	338
12. Tijms Stefan	93	08-021	37.84	50m	18-6-17	Bergbad Bückerburg (GER)	322
13. Gaal Koen	99	08-021	38.42	50m	16-6-19	Bückerburg (GER)	308
14. Kleijne Barry	93	08-021	38.55	50m	25-5-14	Beverwijk (NED)	305
15. de Wit Stephen	93	08-021	38.75	50m	25-5-14	Beverwijk (NED)	300
16. Gaal Roel	01	08-021	39.15	50m	10-4-22	Antwerpen (BEL)	291
17. van der Gracht Jory	87	08-021	41.74	50m	6-5-07	Eindhoven (NED)	240

100 schoolslag

1. Offringa Rick	03	01-043	1:10.22	50m	2-12-23	Den Haag (NED)	538
2. Oudendijk Paul	81	08-021	1:12.20	50m	15-5-04	Beverwijk (NED)	495
3. Breton Wouter	89	08-021	1:14.89	50m	23-5-09	Beverwijk (NED)	443
4. Jongert Sjoerd	01	08-021	1:18.73	50m	10-6-23	Bückeberg (GER)	382
5. Tamis Thijs	82	08-021	1:19.16	50m	18-5-02	Nordhorn (GER)	375
6. Meijer Arno	75	08-021	1:20.10	50m	10-6-95	Beverwijk (NED)	362
7. Hermans Luuk	85	08-021	1:22.81	50m	21-4-07	Antwerpen (BEL)	328
8. van der Gracht Jory	87	08-021	1:23.49	50m	12-6-10	Beverwijk (NED)	320
9. Tijms Stefan	93	08-021	1:23.70	50m	15-6-13	Beverwijk (NED)	317
10. van der Kroft Barry	82	08-021	1:23.73	50m	1-6-02	Beverwijk	317
11. Gaal Koen	99	08-021	1:24.16	50m	18-6-22	Bergbad Bückeberg (GER)	312
12. Beentjes Bastiaan	78	08-021	1:24.68	50m	25-10-98	Beverwijk (NED)	307
13. Gaal Roel	01	08-021	1:25.06	50m	10-4-22	Antwerpen (BEL)	302
14. Palmboom Pascal	89	08-021	1:25.73	50m	12-6-10	Beverwijk (NED)	295
15. Essers Tim	88	08-021	1:27.85	50m	9-6-12	Beverwijk (NED)	275
16. de Vijlder Michael	75	08-021	1:28.40	50m	1-6-96	Beverwijk (NED)	269
17. Butter Martijn	79	08-021	1:28.98	50m	19-5-01	Beverwijk (NED)	264
18. de Vries Dylan	93	08-021	1:29.21	50m	15-6-13	Beverwijk (NED)	262
19. Stins Arnold	83	08-021	1:31.85	50m	25-4-04	Beverwijk (NED)	240

200 schoolslag

1. Offringa Rick	03	08-021	2:36.96	50m	5-2-23	Alkmaar (NED)	525
2. Oudendijk Paul	81	08-021	2:39.50	50m	21-4-02	Beverwijk (NED)	500
3. Tamis Thijs	82	08-021	2:50.89	50m	18-5-02	Nordhorn (GER)	407
4. Jongert Sjoerd	01	08-021	2:58.57	50m	11-6-23	Bückeberg (GER)	356
5. van der Gracht Jory	87	08-021	2:59.83	50m	10-4-11	Beverwijk (NED)	349
6. Tijms Stefan	93	08-021	3:05.84	50m	18-6-17	Bergbad Bückeberg (GER)	316
7. Gaal Koen	99	08-021	3:08.42	50m	19-6-22	Bergbad Bückeberg (GER)	303
8. Butter Martijn	79	08-021	3:12.58	50m	13-5-01	Beverwijk (NED)	284

250 schoolslag**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag**

4000 schoolslag**5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. Jongert Jeroen	96	08-021	26.94	50m	9-4-17	Eindhoven (NED)	577
2. Kleijne Barry	93	08-021	28.13	50m	29-5-16	Alkmaar (NED)	506
3. Breton Wouter	89	08-021	29.01	50m	23-5-09	Beverwijk (NED)	462
4. van der Gracht Jory	87	08-021	29.07	50m	21-5-11	Beverwijk (NED)	459
5. Meijer Arno	75	08-021	29.78	50m	31-10-99	Beverwijk (NED)	427
5. Gaal Roel	01	08-021	29.78	50m	8-6-24	Bückeburg (GER)	427
7. Kuilman Joris	80	08-021	30.06	50m	22-10-00	Beverwijk (NED)	415
8. Hermans Luuk	85	08-021	30.57	50m	21-4-07	Antwerpen (BEL)	395
9. de Vijlder Michael	75	08-021	30.90	50m	9-11-97	Beverwijk (NED)	382
10. Butter Martijn	79	08-021	31.49	50m	31-10-99	Beverwijk (NED)	361
11. Jongert Sjoerd	01	08-021	31.68	50m	2-6-24	Amsterdam (NED)	354
12. Oudendijk Paul	81	08-021	34.46	50m	21-10-01	Beverwijk (NED)	275
13. Steenbergens Roderik	82	08-021	35.15	50m	12-10-03	Beverwijk (NED)	259
14. Beentjes Bastiaan	78	08-021	36.79	50m	25-10-98	Beverwijk (NED)	226

100 vlinderslag

1. Jongert Jeroen	96	08-021	1:00.05	50m	5-3-17	Alkmaar (NED)	571
2. Offringa Rick	03	08-021	1:02.91	50m	10-6-23	Bückeburg (GER)	496
3. Kleijne Barry	93	08-021	1:03.41	50m	25-5-14	Beverwijk (NED)	484
4. van der Gracht Jory	87	08-021	1:05.35	50m	22-5-11	Beverwijk (NED)	443
5. Jongert Sjoerd	01	08-021	1:07.13	50m	8-6-24	Bückeburg (GER)	408
6. Essers Tim	88	08-021	1:09.26	50m	10-6-12	Beverwijk (NED)	372
7. de Wit Stephen	93	08-021	1:09.68	50m	25-5-14	Beverwijk (NED)	365
8. Meijer Arno	75	08-021	1:09.90	50m	11-6-95	Beverwijk (NED)	362
9. Kuilman Joris	80	08-021	1:10.40	50m	28-5-00	Beverwijk (NED)	354
10. Camphuijnder Jasper	05	08-021	1:10.43	50m	26-1-25	Alkmaar (NED)	353
11. Tamis Thijs	82	08-021	1:13.06	50m	18-5-02	Nordhorn (GER)	317
12. de Vijlder Michael	75	08-021	1:14.50	50m	2-6-96	Beverwijk (NED)	299
13. Stins Arnold	83	08-021	1:15.88	50m	25-4-04	Beverwijk (NED)	283
14. Butter Martijn	79	08-021	1:18.26	50m	6-6-99	Beverwijk (NED)	257
15. Palmboom Pascal	89	08-021	1:20.10	50m	7-6-09	Beverwijk (NED)	240

200 vlinderslag

1. Jongert Jeroen	96	08-021	2:26.94	50m	27-5-17	Alkmaar (NED)	437
2. van der Gracht Jory	87	08-021	2:33.28	50m	18-5-08	Alkmaar (NED)	385
3. Camphuijnder Jasper	05	08-021	2:40.43	50m	26-1-25	Alkmaar (NED)	335
4. Butter Martijn	79	08-021	2:45.86	50m	13-5-01	Beverwijk (NED)	303
5. Tamis Thijs	82	08-021	2:54.06	50m	21-4-02	Beverwijk (NED)	262

1000 vlinderslag**100 wisselslag**

200 wisselslag

1. Offringa Rick	03	08-021	2:21.24	50m	26-3-23	Alkmaar (NED)	525
2. Kleijne Barry	93	08-021	2:24.62	50m	16-5-15	Beverwijk (NED)	489
3. Oudendijk Paul	81	08-021	2:30.06	50m	12-10-03	Beverwijk (NED)	438
4. van der Gracht Jory	87	08-021	2:31.10	50m	14-5-11	Beverwijk (NED)	429
5. Butter Martijn	79	08-021	2:31.41	50m	13-5-01	Beverwijk (NED)	426
6. Tamis Thijs	82	08-021	2:35.21	50m	18-5-02	Nordhorn (GER)	396
7. Essers Tim	88	08-021	2:36.18	50m	22-4-12	Beverwijk (NED)	388
8. Meijer Arno	75	08-021	2:37.06	50m	2-5-99	Beverwijk (NED)	382
9. Jongert Sjoerd	01	08-021	2:38.09	50m	8-6-24	Bückeburg (GER)	374
10. Stins Arnold	83	08-021	2:38.32	50m	5-4-03	Amsterdam (NED)	373
11. Steenbergen Roderik	82	08-021	2:45.44	50m	12-10-03	Beverwijk (NED)	327

300 wisselslag**400 wisselslag**

1. Offringa Rick	03	08-021	4:59.74	50m	26-3-23	Alkmaar (NED)	538
2. van der Gracht Jory	87	08-021	5:48.18	50m	18-4-09	Kampen (NED)	343