

15m vlinderslag benen onderwater

1. Meijer Viggo	06	08-021	18.53	25m	15-12-19	Haarlem (NED)
2. Ayari Adam	08	08-021	21.13	25m	29-9-19	Haarlem (NED)
3. Butter Stijn	11	08-021	25.47	25m	15-12-19	Haarlem (NED)

25m vrije slag met koprol

1. Butter Stijn	11	08-021	30.27	25m	29-9-19	Haarlem (NED)
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25m rugslag start

1. Butter Stijn	11	08-021	26.23	25m	15-12-19	Haarlem (NED)
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50m borstcrawl benen

1. Blaauw Xam	07	08-021	55.87	25m	19-1-20	Zaandam (NED)
2. Ayari Adam	08	08-021	56.43	25m	19-1-20	Zaandam (NED)
3. van Tilburg Beau	07	08-021	1:06.45	25m	19-1-20	Zaandam (NED)
4. Butter Stijn	11	08-021	1:08.78	25m	29-9-19	Haarlem (NED)

100m borstcrawl benen**25 vrije slag**

1. Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2. Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
2. Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
4. Camphuijnder Wilko	69	08-021	11.70	25m	12-2-98	Heemskerk (NED)	475
5. Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
6. Oudendijk Paul	81	08-021	11.98	25m	4-3-06	Aberdeen (GBR)	442
7. Jongert Jeroen	96	08-021	12.01	25m	7-7-22	Heemskerk (NED)	439
8. Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
8. Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
10. Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
11. Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
12. Haack Stefan	82	08-021	12.43	25m	23-6-24	Krommenie (NED)	396
13. Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
14. Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
15. Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
16. Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
17. Druyven Jorrick	94	08-021	12.52	25m	29-5-08	Heemskerk (NED)	387
18. Oortwijn Kalle	05	08-021	12.55	25m	7-7-22	Heemskerk (NED)	385
19. Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
19. van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
21. de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
22. Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
23. Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
24. Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
24. de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367
26. Crok Pieter	91	08-021	12.78	25m	29-5-08	Heemskerk (NED)	364
27. de Vijlder Michael	75	08-021	12.80	25m	13-3-97	Heemskerk (NED)	362
28. Glorie Daan	88	08-021	12.89	25m	27-4-06	Heemskerk	355
29. Hulshof Patrick	75	08-021	12.90	25m	16-5-91	Heemskerk (NED)	354

25 vrije slag (sinds 30)

29.	Dekker Rudie	78	08-021	12.90	25m	27-4-95	Heemskerk (NED)	354
31.	Martijn Onno	91	08-021	12.95	25m	29-5-08	Heemskerk (NED)	350
32.	van der Gracht Jory	87	08-021	12.98	25m	30-6-11	Heemskerk (NED)	348
33.	de Ruijter René	86	08-021	13.01	25m	29-3-01	Heemskerk (NED)	345
34.	Camphuijnder Jasper	05	08-021	13.04	25m	7-7-22	Heemskerk (NED)	343
35.	Palmboom Pascal	89	08-021	13.08	25m	30-6-11	Heemskerk (NED)	340
36.	Wiegman Stefan	74	08-021	13.10	25m	12-1-89	Heemskerk (NED)	338
37.	Steenbergen Roderik	82	08-021	13.15	25m	4-5-00	Heemskerk (NED)	334
38.	Tamis Thijs	82	08-021	13.19	25m	29-3-01	Heemskerk (NED)	331
39.	Bok Reitze	73	08-021	13.20	25m	31-12-89	Heemskerk (NED)	330
40.	Tijms Stefan	93	08-021	13.21	25m	30-6-11	Heemskerk (NED)	330
41.	Kemmeren Ferry	91	08-021	13.26	25m	29-5-08	Heemskerk (NED)	326
42.	Stam Daniël	79	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
42.	Bal Chester	78	08-021	13.30	25m	13-3-97	Heemskerk (NED)	323
44.	de Caluwé Niels	91	08-021	13.33	25m	19-4-07	Heemskerk (NED)	321
45.	van der Bunt Raymond	73	08-021	13.50	25m	16-5-91	Heemskerk (NED)	309
45.	Krijger Jan-Willem	81	08-021	13.50	25m	12-2-98	Heemskerk (NED)	309
47.	de Weert Sander	72	08-021	13.51	25m	14-4-11	Heemskerk (NED)	308
48.	Ayari Adam	08	08-021	13.52	25m	7-7-22	Heemskerk (NED)	307
49.	Lamers Koen	91	08-021	13.53	25m	19-4-07	Heemskerk (NED)	307
50.	Oortwijn Bouke	78	08-021	13.54	25m	17-10-15	Emmeloord (NED)	306
50.	van de Laar Viktor	05	08-021	13.54	25m	7-7-22	Heemskerk (NED)	306
52.	Wassenaar Marcel	69	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
52.	Switser René	75	08-021	13.60	25m	12-1-89	Heemskerk (NED)	302
54.	Essers Tim	88	08-021	13.66	25m	29-5-08	Heemskerk (NED)	298
55.	Goverde Jeroen	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	295
55.	Tijms Eric	64	08-021	13.70	25m	29-5-08	Heemskerk (NED)	295
57.	Beentjes Bastiaan	78	08-021	13.73	25m	25-3-99	Heemskerk (NED)	294
58.	Besse Niels	72	08-021	13.80	25m	31-12-89	Heemskerk (NED)	289
59.	Wassenaar Edwin	72	08-021	13.90	25m	12-1-89	Heemskerk (NED)	283
59.	Schaap Paul	75	08-021	13.90	25m	31-12-89	Heemskerk (NED)	283
61.	Zwaan Bas	76	08-021	14.00	25m	16-5-91	Heemskerk (NED)	277
62.	Leegwater Martijn	83	08-021	14.03	25m	7-7-22	Heemskerk (NED)	275
63.	Blaauw Eric	67	08-021	14.07	25m	26-4-12	Heemskerk (NED)	273
64.	Schaaper Bart	73	08-021	14.10	25m	12-1-89	Heemskerk (NED)	271
64.	de Boer Daniël	77	08-021	14.10	25m	27-4-95	Heemskerk (NED)	271
66.	Zonneveld Jeroen	78	08-021	14.12	25m	20-10-12	Emmeloord (NED)	270
67.	Butter Joris	86	08-021	14.17	25m	29-3-01	Heemskerk (NED)	267
68.	van Velsen Gerard	54	08-021	14.20	25m	22-3-88	Heemskerk (NED)	265
68.	Zijlstra Jeroen	80	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
70.	Hoerink Jarl	86	08-021	14.25	25m	19-4-07	Heemskerk (NED)	263
71.	de Wit Stephen	93	08-021	14.29	25m	29-5-08	Heemskerk (NED)	260
72.	Meijer Viggo	06	08-021	14.36	25m	7-7-22	Heemskerk (NED)	257
73.	de Vries Allard	96	08-021	14.40	25m	30-6-11	Heemskerk (NED)	254
74.	Huveneers Fabian	73	08-021	14.50	25m	22-3-88	Heemskerk (NED)	249
75.	Koopman Axel	92	08-021	14.53	25m	27-4-06	Heemskerk	248
76.	Andeweg Celedonio	76	08-021	14.60	25m	27-4-95	Heemskerk (NED)	244
77.	Schelvis Sjeng	89	08-021	14.62	25m	29-3-01	Heemskerk (NED)	243
78.	Kerdijk Dennis	79	08-021	14.80	25m	14-3-96	Heemskerk (NED)	234
79.	Borst Corné	96	08-021	14.93	25m	30-6-11	Heemskerk (NED)	228
80.	Crok Dirk	58	08-021	14.97	25m	19-4-07	Heemskerk (NED)	226
81.	Kuijper Alex	08	08-021	15.01	25m	7-7-22	Heemskerk (NED)	225
82.	de Roode Jeremiah	99	08-021	15.35	25m	14-4-11	Heemskerk (NED)	210

25 vrije slag (sinds 83)

83.	Hoenink Sten	84	08-021	15.38	25m	25-3-99	Heemskerk (NED)	209
84.	de Caluwe Johan	64	08-021	15.40	25m	19-4-07	Heemskerk (NED)	208
85.	Doodeman Niels	89	08-021	15.48	25m	29-3-01	Heemskerk (NED)	205
86.	Arends Martin	81	08-021	15.50	25m	17-6-93	Heemskerk (NED)	204
87.	de Vries Dylan	93	08-021	15.58	25m	29-5-08	Heemskerk (NED)	201
88.	Oortwijn Guido	78	08-021	15.60	25m	16-5-91	Heemskerk (NED)	200
89.	Vink Gé	60	08-021	15.67	25m	13-5-07	Grootebroek (NED)	197
90.	Schouws Nico	59	08-021	15.80	25m	14-9-76	Heemskerk (NED)	192
91.	Kaal Dennis	74	08-021	15.90	25m	12-1-89	Heemskerk (NED)	189
92.	Thijssen Dave	82	08-021	16.00	25m	27-4-95	Heemskerk (NED)	185
93.	Jacobs Patrick	87	08-021	16.02	25m	29-3-01	Heemskerk (NED)	185
94.	Jong Ron	77	08-021	16.10	25m	31-12-89	Heemskerk (NED)	182
95.	Smit Arend	88	08-021	16.27	25m	29-3-01	Heemskerk (NED)	176
96.	Dekker Ruben	93	08-021	16.38	25m	6-10-02	Zaandam	173
97.	van der Kroft Barry	82	08-021	16.40	25m	17-6-93	Heemskerk (NED)	172
97.	Groen Jarno	01	08-021	16.40	25m	26-4-12	Heemskerk (NED)	172
99.	Vlieland Roy	99	08-021	16.42	25m	30-6-11	Heemskerk (NED)	171
100.	Baltjes Timo	09	08-021	16.46	25m	7-7-22	Heemskerk (NED)	170
101.	Meyer Frank	60	08-021	16.50	25m	30-3-76	Heemskerk (NED)	169
101.	de Graaf Peter	76	08-021	16.50	25m	22-3-88	Heemskerk (NED)	169
101.	Heeremans Tim	78	08-021	16.50	25m	31-12-89	Heemskerk (NED)	169
101.	de Groot Peter	80	08-021	16.50	25m	14-3-96	Heemskerk (NED)	169
101.	Groot Sander	88	08-021	16.50	25m	25-3-99	Heemskerk (NED)	169
106.	van Baal Elvin	86	08-021	16.57	25m	29-3-01	Heemskerk (NED)	167
107.	ten Cate Raymond	82	08-021	16.60	25m	27-4-95	Heemskerk (NED)	166
108.	van der Gracht Adrie	57	08-021	16.66	25m	17-2-13	Aberdeen (GBR)	164
109.	Sikkema Joris	86	08-021	16.68	25m	25-3-99	Heemskerk (NED)	163
109.	Vessies Max	03	08-021	16.68	25m	13-4-14	Zaandam (NED)	163
111.	de Caluwé Thijs	82	08-021	16.70	25m	6-4-95	Heemskerk (NED)	163
112.	Oudendijk Hans	54	08-021	16.98	25m	29-5-08	Heemskerk (NED)	155
113.	Hof Peter	62	08-021	17.00	25m	14-9-76	Heemskerk (NED)	154
113.	van Lieshout Martin	76	08-021	17.00	25m	12-1-89	Heemskerk (NED)	154
115.	de Wildt Thijs	94	08-021	17.06	25m	29-5-08	Heemskerk (NED)	153
115.	van Vegten Teun	01	08-021	17.06	25m	26-4-12	Heemskerk (NED)	153
117.	Borst Jan	63	08-021	17.10	25m	30-3-76	Heemskerk (NED)	152
118.	Zwart Mees	10	08-021	17.17	25m	14-3-24	Heemskerk (NED)	150
119.	Hof Ronnalt	60	08-021	17.20	25m	14-9-76	Heemskerk (NED)	149
120.	Mulder Mark	97	08-021	17.29	25m	30-6-11	Heemskerk (NED)	147
121.	Jansen Jacques	62	08-021	17.40	25m	14-9-76	Heemskerk (NED)	144
121.	Kooistra André	88	08-021	17.40	25m	25-3-99	Heemskerk (NED)	144
123.	de Rooij Roel	87	08-021	17.48	25m	25-3-99	Heemskerk (NED)	142
124.	Bleijendaal Lucas	83	08-021	17.60	25m	27-4-95	Heemskerk (NED)	139
124.	Welboren Mark	87	08-021	17.60	25m	12-2-98	Heemskerk (NED)	139
126.	Leegwater Liam	11	08-021	17.62	25m	7-7-22	Heemskerk (NED)	139
127.	Zonneveld Alex	90	08-021	18.00	25m	29-3-01	Heemskerk (NED)	130
128.	de Rooij Coen	89	08-021	18.06	25m	4-5-00	Heemskerk (NED)	129
129.	Veldhuis Christian	88	08-021	18.09	25m	29-3-01	Heemskerk (NED)	128
130.	Verdonk Pim	63	08-021	18.10	25m	30-3-76	Heemskerk (NED)	128
130.	van Rijn Michael	70	08-021	18.10	25m	10-2-80	Heerhugowaard (NED)	128
132.	Woudsma Stefan	00	08-021	18.19	25m	26-4-12	Heemskerk (NED)	126
133.	Beentjes Walter	64	08-021	18.20	25m	14-9-76	Heemskerk (NED)	126
134.	Lith John	63	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
134.	Feyen Erik	66	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124

25 vrije slag (sinds 136)

134.	Sturkenboom Willibrord	64	08-021	18.30	25m	30-3-76	Heemskerk (NED)	124
137.	Steijn Twan	13	08-021	18.37	25m	4-4-24	Heemskerk (NED)	122
138.	Welp Andre	65	08-021	18.40	25m	30-3-76	Heemskerk (NED)	122
139.	Welboren Mischa	89	08-021	18.43	25m	25-3-99	Heemskerk (NED)	121
139.	Butter Stijn	11	08-021	18.43	25m	7-7-22	Heemskerk (NED)	121
141.	Kloppenburg Albert	82	08-021	18.60	25m	19-1-94		118
142.	Yayli Serkan	92	08-021	18.73	25m	7-10-01	Zaandam (NED)	115
143.	Josselet Bart	84	08-021	18.80	25m	5-3-98	Heemskerk (NED)	114
144.	Lammers Fake	63	08-021	18.90	25m	14-9-76	Heemskerk (NED)	112
145.	de Wit Job	98	08-021	18.98	25m	29-5-08	Heemskerk (NED)	111
146.	Smit Rob	69	08-021	19.00	25m	1-9-79	Heemskerk (NED)	110
147.	Zwaan Nick	94	08-021	19.07	25m	5-10-03	Heemskerk (NED)	109
147.	Litjens Olaf	99	08-021	19.07	25m	14-4-11	Heemskerk (NED)	109
149.	Grapendaal Aad	42	08-021	19.11	25m	17-10-15	Emmeloord (NED)	109
150.	de Weers Luuk	13	08-021	19.12	25m	4-6-23	Haarlem (NED)	108
151.	Tuinstra Sean	98	08-021	19.16	25m	29-5-08	Heemskerk (NED)	108
152.	Arends Peter	79	08-021	19.20	25m	16-6-93		107
153.	Piek Roy	89	08-021	19.23	25m	29-3-01	Heemskerk (NED)	107
154.	de Boer Tobias	02	08-021	19.39	25m	26-4-12	Heemskerk (NED)	104
155.	van der Kolk Henk	65	08-021	19.40	25m	14-9-76	Heemskerk (NED)	104
155.	Huisman Rene	69	08-021	19.40	25m	1-9-79	Heemskerk (NED)	104
155.	Verhagen Michel	82	08-021	19.40	25m	16-3-95	Heemskerk (NED)	104
158.	Apeldoorn Alex	89	08-021	19.47	25m	4-5-00	Heemskerk (NED)	103
159.	Ukkerman Benz	02	08-021	19.49	25m	13-4-14	Zaandam (NED)	102
160.	Abbenhuis Frank	65	08-021	19.50	25m	30-3-76	Heemskerk (NED)	102
161.	Ursem Rob	69	08-021	19.60	25m	1-9-79	Heemskerk (NED)	101
162.	de Vriend Ruben	03	08-021	19.61	25m	26-4-12	Heemskerk (NED)	100
163.	de Groot Pieter	83	08-021	19.70	25m	20-1-94	Heemskerk	99
164.	Nijenhuis Jan-Hendrik	65	08-021	19.80	25m	14-9-76	Heemskerk (NED)	98
165.	de Buyzer Eelco	64	08-021	19.90	25m	14-9-76	Heemskerk (NED)	96
166.	de Wit Matthew	97	08-021	19.98	25m	30-6-11	Heemskerk (NED)	95
167.	Versteeg Rene	65	08-021	20.10	25m	14-9-76	Heemskerk (NED)	93
168.	Smit Erik	64	08-021	20.20	25m	14-9-76	Heemskerk (NED)	92
169.	van Hardeveld Richard	69	08-021	20.30	25m	1-9-79	Heemskerk (NED)	90
170.	Leek Hans	66	08-021	20.40	25m	30-3-76	Heemskerk (NED)	89
170.	Wassenaar Joris	01	08-021	20.40	25m	26-4-12	Heemskerk (NED)	89
172.	Nijland Yorán	05	08-021	20.45	25m	13-4-14	Zaandam (NED)	88
173.	Groot Tim	99	08-021	20.49	25m	30-6-11	Heemskerk (NED)	88
174.	Verhagen Bart	85	08-021	20.50	25m	16-3-95	Heemskerk (NED)	88
174.	Glorie Jan	57	08-021	20.50	25m	25-5-08	Grootebroek (NED)	88
176.	Bulthuis Luc Jan	64	08-021	20.80	25m	30-3-76	Heemskerk (NED)	84
177.	de Boer Sem	02	08-021	20.97	25m	13-11-11	Zaandam (NED)	82
178.	van Lieshout Rick	78	08-021	21.10	25m	16-5-91	Heemskerk (NED)	81
179.	van Duivenvoorde Bram	12	08-021	21.11	25m	25-5-23	Heemskerk (NED)	80
180.	Jong Gregory	80	08-021	21.20	25m	31-12-89	Heemskerk (NED)	79
181.	van Rixel Ferry	64	08-021	21.30	25m	30-3-76	Heemskerk (NED)	78
181.	Sadon Alain	64	08-021	21.30	25m	14-9-76	Heemskerk (NED)	78
183.	van Els Thomas	82	08-021	21.50	25m	19-1-94		76
184.	Groot Wim	63	08-021	21.70	25m	30-3-76	Heemskerk (NED)	74
185.	Nolten Rob	63	08-021	21.90	25m	30-3-76	Heemskerk (NED)	72
186.	de Joode Bert	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70
186.	de Bruijn Harold	65	08-021	22.10	25m	14-9-76	Heemskerk (NED)	70
188.	Gouweleeuw Raymond	88	08-021	22.18	25m	25-3-99	Heemskerk (NED)	69

25 vrije slag (sinds 189)

189.	van Heerwaarden Marcel	65	08-021	22.20	25m	14-9-76	Heemskerk (NED)	69
190.	Steijn Daan	11	08-021	22.26	25m	7-7-22	Heemskerk (NED)	68
191.	Martens Andre	70	08-021	22.30	25m	16-3-80	Heemskerk (NED)	68
192.	Hollander Tonny	63	08-021	22.40	25m	30-3-76	Heemskerk (NED)	67
192.	de Ruyter Peter	65	08-021	22.40	25m	14-9-76	Heemskerk (NED)	67
194.	Cekic Deniz	97	08-021	22.46	25m	29-5-08	Heemskerk (NED)	67
195.	Verschuren Andre	62	08-021	22.50	25m	30-3-76	Heemskerk (NED)	66
195.	Altena Marc	65	08-021	22.50	25m	14-9-76	Heemskerk (NED)	66
197.	Put Hans	66	08-021	23.00	25m	14-9-76	Heemskerk (NED)	62
198.	van Vliet John	63	08-021	23.30	25m	30-3-76	Heemskerk (NED)	60
198.	Zonneveld Bas	82	08-021	23.30	25m	17-6-93	Heemskerk (NED)	60
200.	van der Berg Job	98	08-021	23.38	25m	29-5-08	Heemskerk (NED)	59
201.	van Vliet Rinus	65	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
201.	Lith Rob	63	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
201.	Schouws Theo	66	08-021	23.50	25m	30-3-76	Heemskerk (NED)	58
204.	Keessen Jeroen	67	08-021	23.60	25m	30-3-76	Heemskerk (NED)	57
205.	Beentjes John	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	55
205.	Valk Erwin	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
205.	Korzelius Ron	65	08-021	23.90	25m	14-9-76	Heemskerk (NED)	55
208.	Ayari Mohammed	13	08-021	23.94	25m	4-4-24	Heemskerk (NED)	55
209.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	55
210.	Goverde Antoine	65	08-021	24.10	25m	14-9-76	Heemskerk (NED)	54
211.	Versteeg Lennert	65	08-021	24.40	25m	14-9-76	Heemskerk (NED)	52
212.	Rozemeijer Marco	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	51
213.	Verhoog Jan-Willem	66	08-021	24.80	25m	14-9-76	Heemskerk (NED)	49
214.	Lanser Werner	71	08-021	24.90	25m	10-2-80	Heerhugowaard (NED)	49
215.	Verhagen Jeroen	84	08-021	25.10	25m	16-3-95	Heemskerk (NED)	48
216.	van Wijk Peter	87	08-021	25.20	25m	12-2-98	Heemskerk (NED)	47
217.	Beentjes Rob	63	08-021	25.30	25m	14-9-76	Heemskerk (NED)	46
217.	van der Linden René	70	08-021	25.30	25m	1-9-79	Heemskerk (NED)	46
219.	Put Nico	67	08-021	25.50	25m	14-9-76	Heemskerk (NED)	45
220.	van der Linden Ronald	72	08-021	25.90	25m	10-2-80	Heerhugowaard (NED)	43
221.	van Heerwaarden Erwin	68	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
221.	Vrugt Richard	67	08-021	26.00	25m	14-9-76	Heemskerk (NED)	43
221.	Blaauw Xam	07	08-021	26.00	25m	2-3-14	Haarlem (NED)	43
224.	van Rijn Ian	05	08-021	26.12	25m	13-4-14	Zaandam (NED)	42
225.	Dekker Johnny	67	08-021	26.60	25m	14-9-76	Heemskerk (NED)	40
226.	Klemann Joshua	13	08-021	26.62	25m	31-3-24	Haarlem (NED)	40
227.	Viel Stefan	88	08-021	26.80	25m	13-3-97	Heemskerk (NED)	39
228.	van Dijk Michel	68	08-021	26.90	25m	14-9-76	Heemskerk (NED)	39
229.	Borg Erick	64	08-021	27.00	25m	30-3-76	Heemskerk (NED)	38
230.	Hörchner Erwin	64	08-021	27.30	25m	30-3-76	Heemskerk (NED)	37
230.	Denneman John	66	08-021	27.30	25m	14-9-76	Heemskerk (NED)	37
232.	Beentjes Theo	65	08-021	27.40	25m	30-3-76	Heemskerk (NED)	36
232.	Put Harry	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	36
234.	van der Engh Dex	12	08-021	27.44	25m	15-12-22	Heemskerk (NED)	36
235.	Roestenber Misja	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	36
236.	Oliveira Rocha Dean	14	08-021	27.58	25m	7-12-23	Heemskerk (NED)	36
237.	Woudsma Maarten	01	08-021	27.77	25m	26-4-12	Heemskerk (NED)	35
238.	van West Noud	14	08-021	27.81	25m	15-12-22	Heemskerk (NED)	35
239.	Teunissen Frank	68	08-021	28.00	25m	14-9-76	Heemskerk (NED)	34
239.	van Heerwaarden Gerard	70	08-021	28.00	25m	1-9-79	Heemskerk (NED)	34
241.	de Graaf Arnold	66	08-021	28.30	25m	14-9-76	Heemskerk (NED)	33

25 vrije slag (sinds 242)

242.	van Heerwaarden Stefan	70	08-021	28.50	25m	1-9-79	Heemskerk (NED)	32
243.	Bos Tako	68	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
243.	Pijlman Bart	67	08-021	28.80	25m	14-9-76	Heemskerk (NED)	31
245.	Jansen Davy	15	08-021	29.50	25m	15-12-24	Amsterdam (NED)	29
246.	Banks Ryan	18	08-021	29.51	25m	4-4-24	Heemskerk (NED)	29
247.	Verschuren Martin	65	08-021	29.70	25m	30-3-76	Heemskerk (NED)	29
248.	Sahin Ahmet	12	08-021	29.91	25m	7-12-23	Heemskerk (NED)	28
249.	Dijkstra Menno	68	08-021	30.00	25m	30-3-76	Heemskerk (NED)	28
249.	Hoogendoorn Paul	66	08-021	30.00	25m	14-9-76	Heemskerk (NED)	28
251.	Monden Fernmy	67	08-021	30.30	25m	30-3-76	Heemskerk (NED)	27
252.	Beentjes Johnny	68	08-021	30.50	25m	14-9-76	Heemskerk (NED)	26
253.	Butter Jurre	12	08-021	30.70	25m	7-7-22	Heemskerk (NED)	26
254.	van Heerwaarden Jeroen	72	08-021	31.90	25m	10-2-80	Heerhugowaard (NED)	23
255.	van der Aar Peter	69	08-021	33.00	25m	14-9-76	Heemskerk (NED)	21
256.	van Wijk Nico	68	08-021	33.20	25m	14-9-76	Heemskerk (NED)	20
257.	Haasnoot Michel	72	08-021	33.50	25m	10-2-80	Heerhugowaard (NED)	20
258.	Lubbers Pieter-Jan	67	08-021	33.60	25m	14-9-76	Heemskerk (NED)	20
259.	Veldt Yannick	14	08-021	33.78	25m	15-12-22	Heemskerk (NED)	19
260.	de Groot Frank	67	08-021	33.80	25m	30-3-76	Heemskerk (NED)	19
261.	Kooiman Alexander	69	08-021	35.00	25m	14-9-76	Heemskerk (NED)	17
262.	Pettinga Rodney	85	08-021	35.70	25m	14-3-96	Heemskerk (NED)	16
263.	Kuijl Peter	67	08-021	35.80	25m	14-9-76	Heemskerk (NED)	16
264.	de Weers Tijs	15	08-021	38.65	25m	4-6-23	Haarlem (NED)	13
265.	van Wijngaarden Edwin	68	08-021	41.10	25m	30-3-76	Heemskerk (NED)	10

50 vrije slag

1.	Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2.	Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3.	Gaal Roel	01	08-021	24.86	25m	24-11-19	Hoofddorp (NED)	541
4.	Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
5.	van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6.	Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7.	Camphuijnder Wilko	69	08-021	25.60	25m	8-3-98	Zaandam (NED)	495
8.	Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
9.	Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
10.	de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
11.	Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478
12.	Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
13.	Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
13.	Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
15.	Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
16.	Camphuijnder Jasper	05	08-021	26.23	25m	25-6-23	Rotterdam (NED)	460
17.	Breton Wouter	89	08-021	26.30	25m	26-9-24	Heemskerk (NED)	457
18.	van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
18.	Oudendijk Paul	81	08-021	26.32	25m	23-4-06	Zaandam (NED)	456
20.	Oortwijn Maarten	80	08-021	26.40	50m	7-6-97	Beverwijk (NED)	496
21.	van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
22.	Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
23.	van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)	442
24.	Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
25.	Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
26.	Oortwijn Kalle	05	08-021	26.67	25m	21-1-23	Hoofddorp (NED)	438

50 vrije slag (sinds 27)

27.	Druyven Jorrick	94	08-021	26.82	25m	10-2-08	Purmerend (NED)	431
28.	Hermans Luuk	85	08-021	26.83	25m	31-5-07	Heemskerk (NED)	430
29.	Korzelius Ron	65	08-021	27.00	25m	23-9-84	Heemskerk (NED)	422
30.	Glorie Daan	88	08-021	27.03	25m	30-12-05	Maastricht (NED)	421
31.	Kuilman Joris	80	08-021	27.07	25m	17-1-99	Heemskerk (NED)	419
32.	Tijms Stefan	93	08-021	27.09	25m	24-3-19	Purmerend (NED)	418
33.	Verbree John	61	08-021	27.10	25m	7-3-82		417
33.	Schaaper Hans	68	08-021	27.10	25m	5-11-89	Heemskerk (NED)	417
35.	de Boer Stephan	83	08-021	27.15	25m	26-11-98	Heemskerk (NED)	415
35.	de Ruijter Richard	88	08-021	27.15	25m	28-12-04	Maastricht (NED)	415
37.	van der Kroft Barry	82	08-021	27.34	25m	27-4-03	Zaandam	406
38.	de Vijlder Michael	75	08-021	27.40	25m	1-5-97	Heemskerk (NED)	404
38.	Palmboom Pascal	89	08-021	27.40	25m	8-4-07	Haarlem (NED)	404
40.	Schoonakker Mick	07	08-021	27.43	25m	10-12-23	Alkmaar (NED)	402
41.	Stins Arnold	83	08-021	27.44	25m	18-3-01	Zaandam (NED)	402
42.	Plokker Robert	65	08-021	27.60	25m	22-3-81	Wieringerwerf (NED)	395
42.	Pover Peter	69	08-021	27.60	25m	5-10-88		395
42.	Dekker Rudie	78	08-021	27.60	25m	20-1-94	Heemskerk	395
45.	de Ruijter René	86	08-021	27.67	25m	29-1-04	Heemskerk (NED)	392
46.	Windmuller Ton	62	08-021	27.80	25m	5-4-81	Heemskerk (NED)	387
46.	Hagebout Marcel	68	08-021	27.80	25m	11-12-83	Heemskerk (NED)	387
46.	Keessen Jeroen	67	08-021	27.80	25m	23-9-84	Heemskerk (NED)	387
49.	Wiegman Stefan	74	08-021	27.90	25m	3-11-91	Assendelft (NED)	382
50.	Kemmeren Ferry	91	08-021	27.96	25m	8-4-07	Haarlem (NED)	380
51.	van der Ende Mark	75	08-021	28.00	25m	7-5-98	Heemskerk (NED)	378
52.	de Vries Allard	96	08-021	28.04	25m	31-10-13	Heemskerk (NED)	377
53.	Essers Tim	88	08-021	28.05	25m	27-1-05	Heemskerk (NED)	376
54.	Groen Jarno	01	08-021	28.06	25m	14-1-17	Alkmaar (NED)	376
55.	Steenbergen Roderik	82	08-021	28.07	25m	17-10-99	Zaandam (NED)	376
56.	van Vegten Teun	01	08-021	28.09	25m	15-10-17	Alkmaar (NED)	375
56.	Kuijper Alex	08	08-021	28.09	50m	2-6-24	Amsterdam (NED)	412
58.	Switser René	75	08-021	28.10	25m	31-5-90	Heemskerk (NED)	374
58.	Stam Daniël	79	08-021	28.10	25m	16-11-97	Zaandam (NED)	374
60.	Ayari Adam	08	08-021	28.15	25m	26-9-24	Heemskerk (NED)	372
61.	Hulshof Patrick	75	08-021	28.20	25m	10-3-91	Heemskerk (NED)	370
61.	Bal Chester	78	08-021	28.20	25m	14-4-96	Zaandam (NED)	370
63.	Woudsma Stefan	00	08-021	28.28	25m	13-10-16	Heemskerk (NED)	367
64.	Dekker Matthijs	90	08-021	28.39	25m	15-5-05	Zuidoost-Beemster (NED)	363
65.	Butter Joris	86	08-021	28.41	25m	29-1-04	Heemskerk (NED)	362
65.	Martijn Onno	91	08-021	28.41	25m	25-1-07	Heemskerk (NED)	362
67.	de Caluwé Niels	91	08-021	28.43	25m	25-1-07	Heemskerk (NED)	361
68.	Dijkstra Menno	68	08-021	28.50	25m	21-5-87	Heemskerk (NED)	359
69.	Tamis Thijs	82	08-021	28.56	25m	31-5-01	Heemskerk (NED)	356
70.	Missot Paul	64	08-021	28.60	25m	2-3-80	Heemskerk (NED)	355
71.	Oortwijn Bouke	78	08-021	28.79	25m	24-9-15	Heemskerk (NED)	348
72.	Bok Reitze	73	08-021	28.80	25m	3-12-89	Zaandam (NED)	348
72.	Krijger Jan-Willem	81	08-021	28.80	25m	22-3-98	Assendelft (NED)	348
74.	Voorn Max	05	08-021	28.84	25m	13-3-22	Den Helder (NED)	346
75.	Hoerink Jarl	86	08-021	28.85	25m	29-5-04	Z.o. Beemster	346
76.	van der Heijden Hans	60	08-021	28.90	25m	14-9-76	Heemskerk (NED)	344
77.	Overmeer Michel	60	08-021	29.00	25m	12-2-78	Heemskerk (NED)	340
77.	Schaap Paul	75	08-021	29.00	25m	11-2-90	Heemskerk (NED)	340
79.	Dekker Ruben	93	08-021	29.04	25m	22-1-06	Purmerend (NED)	339

50 vrije slag (sinds 80)

80.	Ursem Jerre	73	08-021	29.10	25m	14-12-88		337
80.	van Heerwaarden Chiel	05	08-021	29.10	25m	12-1-20	Purmerend (NED)	337
82.	Dekker Erik	62	08-021	29.20	25m	1-9-79	Heemskerk (NED)	334
82.	van de Sluis Nicolai	66	08-021	29.20	25m	22-3-81	Wieringerwerf (NED)	334
82.	Wolf Gert Jan	65	08-021	29.20	25m	7-3-82		334
82.	Lamers Koen	91	08-021	29.20	25m	8-4-07	Haarlem (NED)	334
86.	van der Bunt Raymond	73	08-021	29.30	25m	21-4-91	Heemstede (NED)	330
87.	Wassenaar Marcel	69	08-021	29.40	25m	14-4-93		327
88.	Ijntema Tjeerd	99	08-021	29.55	25m	13-10-16	Heemskerk (NED)	322
89.	van der Linden René	70	08-021	29.60	25m	11-12-83	Heemskerk (NED)	320
89.	van Rijn Michael	70	08-021	29.60	25m	31-12-83		320
89.	Schaaper Bart	73	08-021	29.60	25m	2-12-89		320
92.	de Weert Sander	72	08-021	29.68	25m	11-10-12	Heemskerk (NED)	318
93.	Goverde Ad	59	08-021	29.70	25m	11-12-83	Heemskerk (NED)	317
94.	Windmuller Hans-Pieter	60	08-021	29.80	25m	30-3-76	Heemskerk (NED)	314
94.	de Caluwe Perry	61	08-021	29.80	25m	2-3-80	Heemskerk (NED)	314
94.	Roozendaal Ben	66	08-021	29.80	25m	22-3-81	Wieringerwerf (NED)	314
94.	Beentjes Bastiaan	78	08-021	29.80	25m	19-1-97	Zaandam (NED)	314
98.	Tuinstra Sean	98	08-021	29.89	25m	31-10-13	Heemskerk (NED)	311
99.	de Boer Daniël	77	08-021	29.90	25m	16-10-94	Heemskerk (NED)	311
100.	Deen Peter	59	08-021	30.00	25m	30-3-76	Heemskerk (NED)	308
100.	van Duin Peter	65	08-021	30.00	25m	3-4-82	Heemskerk (NED)	308
102.	Goverde Jeroen	73	08-021	30.10	25m	31-5-90	Heemskerk (NED)	304
102.	Zwaan Bas	76	08-021	30.10	25m	20-1-94	Heemskerk	304
104.	Schillemans Bram	99	08-021	30.13	25m	24-3-19	Purmerend (NED)	304
105.	Geijsen Jacques	67	DEM/OEZA	30.16	25m	25-4-13	Heemskerk (NED)	303
106.	Kerdijk Dennis	79	08-021	30.20	25m	14-4-96	Zaandam (NED)	301
107.	Zonneveld Jeroen	78	08-021	30.22	25m	13-5-07	Grootebroek (NED)	301
108.	de Vries Dylan	93	08-021	30.26	25m	1-4-12	Zaandam (NED)	300
108.	van de Laar Viktor	05	08-021	30.26	25m	12-11-23	Den Helder (NED)	300
110.	Bleijendaal Thomas	88	08-021	30.29	25m	25-1-04	Zaandam	299
111.	van Hannen Erik	67	08-021	30.30	25m	7-3-82		298
111.	Oortwijn Guido	78	08-021	30.30	25m	23-2-92	Zaandam (NED)	298
113.	de Wildt Thijs	94	08-021	30.32	25m	14-3-10	Heemskerk (NED)	298
114.	Hoening Sten	84	08-021	30.33	25m	9-6-03	Z.o. Beemster	298
115.	Zijlstra Jeroen	80	08-021	30.40	25m	29-9-96	Haarlem (NED)	296
116.	Butter Stijn	11	08-021	30.53	25m	17-11-24	Hoofddorp (NED)	292
117.	Oortwijn Bjarne	07	08-021	30.54	50m	7-12-24	Beverwijk (NED)	320
118.	Andeweg Celedonio	76	08-021	30.70	25m	6-11-93		287
119.	Ursem Rob	69	08-021	30.80	25m	23-9-84	Heemskerk (NED)	284
119.	Nolte Martijn	74	08-021	30.80	25m	21-5-87	Heemskerk (NED)	284
121.	Blaauw Mica	05	08-021	30.95	25m	8-10-20	Heemskerk (NED)	280
122.	Blaauw Eric	67	08-021	30.96	50m	5-9-13	Eindhoven (NED)	308
123.	Tijms Eric	64	08-021	30.97	25m	24-4-11	Haarlem (NED)	279
124.	de Jonge Marco	66	08-021	30.98	50m	7-12-13	Beverwijk (NED)	307
125.	Duin Goos	00	08-021	31.05	25m	20-9-15	Purmerend (NED)	277
125.	Herwegh Dink	11	08-021	31.05	25m	26-9-24	Heemskerk (NED)	277
127.	Borst Corné	96	08-021	31.07	25m	22-1-12	Zaandam (NED)	277
128.	van Honschoten Jacky	67	08-021	31.40	25m	5-4-81	Heemskerk (NED)	268
128.	Wassenaar Edwin	72	08-021	31.40	25m	15-12-88	Heemskerk (NED)	268
130.	de Groot Peter	80	08-021	31.50	25m	14-12-95	Heemskerk (NED)	266
131.	Woudsma Maarten	01	08-021	31.55	50m	27-5-17	Alkmaar (NED)	291
132.	de Caluwe Johan	64	08-021	31.60	25m	2-3-80	Heemskerk (NED)	263

50 vrije slag (sinds 133)

133.	Verdonk Pim	63	08-021	31.70	25m	27-9-80	Heemskerk (NED)	261
134.	Koopman Axel	92	08-021	31.96	25m	25-2-06	Hoom (NED)	254
135.	Kock Albert	61	08-021	32.00	25m	30-3-76	Heemskerk (NED)	253
136.	de Boer Tobias	02	08-021	32.08	25m	16-3-17	Heemskerk (NED)	251
137.	Huisman Rene	69	08-021	32.10	25m	11-12-83	Heemskerk (NED)	251
138.	Besse Niels	72	08-021	32.60	25m	5-11-89	Heemskerk (NED)	240
139.	Vlieland Roy	99	08-021	32.92	25m	20-5-13	Purmerend (NED)	233
140.	Doodeman Niels	89	08-021	32.98	25m	25-10-01	Heemskerk	231
141.	Crok Dirk	58	08-021	33.03	50m	19-9-09	Cadiz (ESP)	253
142.	Kemper Marcel	65	08-021	33.20	25m	27-9-80	Heemskerk (NED)	227
143.	Frederiks Stan	09	08-021	33.27	50m	21-5-23	Amsterdam (NED)	248
144.	Ranzijn Bas	76	DEM/OEZA	33.58	25m	25-4-13	Heemskerk (NED)	219
145.	Yayli Serkan	92	08-021	33.79	25m	27-1-05	Heemskerk (NED)	215
146.	de Roode Jeremiah	99	08-021	33.88	25m	16-1-11	Zaandam (NED)	213
146.	Nijland Yoran	05	08-021	33.88	25m	11-10-18	Heemskerk (NED)	213
148.	Arends Martin	81	08-021	33.90	25m	3-10-92		213
149.	van Rixel Ferry	64	08-021	34.10	25m	12-2-78	Heemskerk (NED)	209
150.	de Wit Matthew	97	08-021	34.13	25m	30-1-15	Amsterdam (NED)	209
151.	Koning Arthur	96	08-021	34.26	25m	3-10-10	Zaandam (NED)	206
152.	van Sleen Robin	90	08-021	34.36	25m	30-1-03	Heemskerk	205
153.	Smit Erik	64	08-021	34.40	25m	2-3-80	Heemskerk (NED)	204
154.	Jacobs Patrick	87	08-021	34.42	25m	25-10-01	Heemskerk	203
155.	Meijer Viggo	06	08-021	34.95	25m	2-2-23	Heemskerk (NED)	194
156.	Paap Jaidy	08	08-021	34.97	25m	26-9-24	Heemskerk (NED)	194
157.	Vink Gé	60	08-021	35.18	25m	13-5-07	Grootebroek (NED)	190
158.	Hof Ronnalt	60	08-021	35.20	25m	17-9-77	Heemskerk (NED)	190
159.	Kaal Dennis	74	08-021	35.30	25m	15-12-88	Heemskerk (NED)	189
160.	Smit Arend	88	08-021	35.34	25m	26-4-01	Heemskerk (NED)	188
161.	Wassenaar Joris	01	08-021	35.37	25m	19-1-14	Zaandam (NED)	187
161.	Leegwater Liam	11	08-021	35.37	25m	22-10-23	Zaandam (NED)	187
163.	Geurtsen Arjan	64	08-021	35.50	25m	30-3-76	Heemskerk (NED)	185
163.	Jansen Jacques	62	08-021	35.50	25m	17-9-77	Heemskerk (NED)	185
165.	de Veer Albert	72	08-021	35.60	25m	14-12-89	Heemskerk (NED)	184
166.	Vessies Max	03	08-021	35.64	25m	18-9-14	Heemskerk (NED)	183
167.	Boonacker Wietse	68	08-021	35.70	25m	7-11-81	Heemskerk (NED)	182
167.	Heeremans Tim	78	08-021	35.70	25m	19-3-89	Zaandam (NED)	182
169.	Bokelaar Martijn	80	08-021	35.87	25m	20-2-10	Heerenveen (NED)	180
169.	Blaauw Xam	07	08-021	35.87	25m	20-9-20	Haarlem (NED)	180
171.	van Gent Arno	65	08-021	35.90	25m	16-3-80	Heemskerk (NED)	179
172.	Zwart Mees	10	08-021	35.94	25m	26-9-24	Heemskerk (NED)	179
173.	Kooistra André	88	08-021	36.00	25m	17-2-00	Heemskerk (NED)	178
174.	Bleijendaal Lucas	83	08-021	36.20	25m	14-12-95	Heemskerk (NED)	175
175.	van Baal Elvin	86	08-021	36.31	25m	27-9-01	Heemskerk	173
176.	van Rijn Ian	05	08-021	36.37	25m	11-5-17	Heemskerk (NED)	172
177.	Schipper Erik	72	08-021	36.50	25m	11-12-83	Heemskerk (NED)	171
178.	van Lieshout Martin	76	08-021	36.60	25m	5-10-88		169
178.	Jong Ron	77	08-021	36.60	25m	4-2-90	Assendelft (NED)	169
180.	Sadeghi Hosseen	90	08-021	36.66	25m	29-1-04	Heemskerk (NED)	168
181.	Oortwijn Menno	67	08-021	36.70	25m	16-3-80	Heemskerk (NED)	168
181.	Tholen Martijn	72	08-021	36.70	25m	11-12-83	Heemskerk (NED)	168
183.	de Rooij Roel	87	08-021	36.73	25m	17-1-99	Heemskerk (NED)	167
184.	Hoekstra Marcel	78	08-021	36.80	25m	13-3-88	Sassenheim (NED)	166
185.	de Vriend Ruben	03	08-021	36.83	25m	8-9-13	Zaandam (NED)	166

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186.	Huis in 't Veld Lorenzo	03	08-021	36.85	25m	13-10-16	Heemskerk (NED)	166
187.	Veldhuis Christian	88	08-021	36.86	25m	18-11-01	Heemskerk	166
188.	Steijn Daan	11	08-021	36.97	25m	27-10-24	Zaandam (NED)	164
189.	Geurtsen Hans	61	08-021	37.00	25m	30-3-76	Heemskerk (NED)	164
189.	van de Wijst Peter	69	08-021	37.00	25m	27-9-80	Heemskerk (NED)	164
189.	de Caluwé Thijs	82	08-021	37.00	25m	5-3-95	Heemskerk (NED)	164
192.	Smit Rob	69	08-021	37.10	25m	16-12-79	(NED)	162
192.	ten Cate Raymond	82	08-021	37.10	25m	5-3-95	Heemskerk (NED)	162
194.	Put Nico	67	08-021	37.20	25m	10-2-80	Heerhugowaard (NED)	161
194.	Vos Daniël	91	08-021	37.20	25m	6-11-05	Zaandam (NED)	161
196.	Groot Sander	88	08-021	37.23	25m	17-2-00	Heemskerk (NED)	161
196.	Mulder Mark	97	08-021	37.23	25m	7-1-12	Hoor (NED)	161
198.	Dullemond Fred	67	08-021	37.30	25m	29-11-82	Heemskerk (NED)	160
198.	Brands Ronald	75	08-021	37.30	25m	15-3-87	Heemskerk (NED)	160
200.	de Buyzer Eelco	64	08-021	37.40	25m	1-9-79	Heemskerk (NED)	158
201.	Litjens Olaf	99	08-021	37.42	25m	7-1-12	Hoor (NED)	158
202.	van den Akker Dennis	63	08-021	37.50	25m	30-3-76	Heemskerk (NED)	157
203.	Josselet Bart	84	08-021	37.53	25m	15-11-98	Zaandam (NED)	157
204.	Sikkema Joris	86	08-021	37.68	25m	15-11-98	Zaandam (NED)	155
205.	van Duivenvoorde Bram	12	08-021	37.70	50m	7-12-24	Beverwijk (NED)	170
206.	Meyer Frank	60	08-021	38.00	25m	7-12-76	Heemskerk (NED)	151
206.	Tap Ben	69	08-021	38.00	25m	22-3-88	Heemskerk (NED)	151
208.	van Dijck Bart	63	08-021	38.10	25m	14-9-76	Heemskerk (NED)	150
208.	Welboren Mark	87	08-021	38.10	25m	15-11-98	Zaandam (NED)	150
210.	Brouwer Nick	68	08-021	38.20	25m	10-2-80	Heerhugowaard (NED)	149
211.	Ramaakers Raymond	91	08-021	38.28	25m	29-1-04	Heemskerk (NED)	148
212.	Rasch Wilco	68	08-021	38.30	25m	27-9-80	Heemskerk (NED)	148
213.	Steijn Twan	13	08-021	38.37	25m	26-9-24	Heemskerk (NED)	147
214.	Dam Norbert	92	08-021	38.47	25m	14-11-04	Zaandam (NED)	146
215.	Lammers Fake	63	08-021	38.50	25m	17-9-77	Heemskerk (NED)	145
216.	Put Hans	66	08-021	38.60	25m	10-2-80	Heerhugowaard (NED)	144
216.	Thijssen Dave	82	08-021	38.60	25m	5-3-95	Heemskerk (NED)	144
218.	de Graaf Arnold	66	08-021	38.70	25m	10-2-80	Heerhugowaard (NED)	143
219.	van der Gracht Adrie	57	08-021	38.72	25m	20-5-10	Heemskerk (NED)	143
220.	Prins Hilbert	51	08-021	38.77	25m	22-1-16	Papendrecht (NED)	142
221.	Beintema Andre	64	08-021	38.80	25m	17-9-77	Heemskerk (NED)	142
221.	Hoogeterp Klaas	67	08-021	38.80	25m	27-9-80	Heemskerk (NED)	142
223.	van Heerwaarden Gerard	70	08-021	39.10	25m	7-3-82		139
224.	van Hoytema Max	98	08-021	39.46	25m	11-4-10	Zaandam (NED)	135
225.	de Moes Paul	70	08-021	39.50	25m	11-12-83	Heemskerk (NED)	134
225.	Arends Peter	79	08-021	39.50	25m	14-4-93		134
227.	Teufer Florian	95	08-021	39.77	25m	25-1-07	Heemskerk (NED)	132
228.	de Wit Job	98	08-021	39.84	25m	13-4-08	Hoor (NED)	131
229.	van Tilburg Beau	07	08-021	39.86	25m	19-9-19	Heemskerk (NED)	131
230.	van Dijk Mitchell	99	08-021	40.09	25m	27-2-10	Hoor (NED)	129
231.	Manshanden Davy	68	08-021	40.50	25m	2-3-80	Heemskerk (NED)	125
231.	de Boer Elias	70	08-021	40.50	25m	29-11-82	Heemskerk (NED)	125
231.	Zwaan Nick	94	08-021	40.50	25m	14-3-04	Zaandam	125
234.	Visvaligam Athithiyan	02	08-021	40.51	25m	18-9-14	Heemskerk (NED)	125
235.	Oudendijk Hans	54	08-021	40.53	25m	29-3-07	Heemskerk (NED)	124
236.	Zonneveld Alex	90	08-021	40.59	25m	25-10-01	Heemskerk	124
237.	Beeksma Coen	90	08-021	40.80	25m	21-4-02	Heemstede	122
238.	van Heerwaarden Stefan	70	08-021	40.90	25m	7-3-82		121

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239.	van Hardeveld Richard	69	08-021	41.00	25m	7-11-81	Heemskerk (NED)	120
240.	Welp Marco	72	08-021	41.20	25m	2-9-84	Heemskerk (NED)	118
241.	Liu Andy	04	08-021	41.23	25m	7-5-17	Zaandam (NED)	118
242.	Offringa Martin	61	08-021	41.30	25m	7-12-76	Heemskerk (NED)	118
243.	Schellekens Henk	76	08-021	41.50	25m	5-10-89	Heemskerk (NED)	116
243.	Verhagen Bart	85	08-021	41.50	25m	14-12-95	Heemskerk (NED)	116
245.	van der Kolk Bart	69	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	115
245.	Zwetsloot Paul	65	08-021	41.60	25m	16-3-80	Heemskerk (NED)	115
247.	de Rooij Coen	89	08-021	41.61	25m	17-2-00	Heemskerk (NED)	115
248.	de Groot Michiel	91	08-021	41.68	25m	20-4-03	Haarlem	114
248.	Teufer Lorentz	96	08-021	41.68	25m	25-1-07	Heemskerk (NED)	114
250.	Kloppenburg Albert	82	08-021	41.70	25m	12-5-93		114
251.	Welboren Mischa	89	08-021	41.72	25m	26-11-98	Heemskerk (NED)	114
252.	Vacca Sandro	04	08-021	41.75	25m	27-11-16	Zaandam (NED)	114
253.	Kuijl Ben	62	08-021	41.80	25m	14-9-76	Heemskerk (NED)	113
254.	Ukkerman Benz	02	08-021	41.86	25m	13-4-14	Zaandam (NED)	113
255.	Gruning Andre	68	08-021	42.00	25m	16-3-80	Heemskerk (NED)	112
256.	Komen Berend	97	08-021	42.02	25m	3-10-10	Zaandam (NED)	112
257.	Grapendaal Aad	42	08-021	42.07	50m	26-9-15	Kampen (NED)	122
258.	Apeldoorn Alex	89	08-021	42.23	25m	3-12-00	Zaandam (NED)	110
259.	van der Weide Bas	75	08-021	42.40	25m	31-5-90	Heemskerk (NED)	109
260.	Hagebout Erwin	65	08-021	42.50	25m	17-9-77	Heemskerk (NED)	108
260.	van Velsen Gerard	54	08-021	42.50	25m	22-3-88	Heemskerk (NED)	108
262.	Brouwer Marc	66	08-021	42.60	25m	10-2-80	Heerhugowaard (NED)	107
263.	Baltjes Timo	09	08-021	42.68	25m	21-11-21	Den Helder (NED)	106
263.	de Weers Luuk	13	08-021	42.68	25m	7-12-23	Heemskerk (NED)	106
265.	Martens Andre	70	08-021	42.80	25m	29-11-82	Heemskerk (NED)	106
266.	de Boer Sem	02	08-021	43.16	25m	27-1-13	Zaandam (NED)	103
267.	Abbenhuis Frank	65	08-021	43.20	25m	7-12-76	Heemskerk (NED)	103
268.	Glorie Jan	57	08-021	43.78	25m	24-1-09	Vlissingen (NED)	99
269.	Groot Tim	99	08-021	43.87	25m	2-10-11	Heemskerk (NED)	98
270.	Haasbeek Bart	67	08-021	43.90	25m	10-2-80	Heerhugowaard (NED)	98
270.	de Ruiten Marcel	64	08-021	43.90	25m	16-3-80	Heemskerk (NED)	98
270.	Jong Gregory	80	08-021	43.90	25m	27-9-90	Heemskerk (NED)	98
273.	Wassenaar Teun	03	08-021	43.97	25m	31-10-13	Heemskerk (NED)	97
274.	Buur Michael	87	08-021	44.00	25m	19-4-98	Zaandam (NED)	97
275.	Verhagen Michel	82	08-021	44.10	25m	26-1-95	Heemskerk (NED)	96
276.	de Groot Pieter	83	08-021	44.50	25m	6-2-94	Wormerveer (NED)	94
277.	Reuderink Peter	62	08-021	44.60	25m	17-9-77	Heemskerk (NED)	93
278.	Aardenburg Koen	91	08-021	44.67	25m	27-1-05	Heemskerk (NED)	93
279.	Vink Jan Jaap	59	08-021	44.97	25m	21-10-12	Zaandam (NED)	91
280.	Gouweleeuw Raymond	88	08-021	45.21	25m	4-11-99	Heemskerk (NED)	89
281.	Nijenhuis Jan-Hendrik	65	08-021	45.40	25m	7-12-76	Heemskerk (NED)	88
282.	Kuijs Rik	04	08-021	45.91	25m	17-5-18	Heemskerk (NED)	85
283.	Beentjes Walter	64	08-021	46.00	25m	7-12-76	Heemskerk (NED)	85
283.	van der Kolk Rob	68	08-021	46.00	25m	10-2-80	Heerhugowaard (NED)	85
285.	Bruins Jacco	67	08-021	46.30	25m	1-9-79	Heemskerk (NED)	83
285.	van de Sluis Erwin	71	08-021	46.30	25m	7-11-81	Heemskerk (NED)	83
287.	Piek Roy	89	08-021	46.51	50m	26-5-01	Beverwijk (NED)	90
288.	Hartog Klaas	90	08-021	46.64	25m	26-4-01	Heemskerk (NED)	81
289.	Altena Marc	65	08-021	46.70	25m	7-12-76	Heemskerk (NED)	81
289.	Welp Andre	65	08-021	46.70	25m	17-9-77	Heemskerk (NED)	81
291.	Dekker Johnny	67	08-021	46.90	25m	22-4-78	Heemskerk (NED)	80

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292.	van der Kolk Henk	65	08-021	47.90	25m	7-12-76	Heemskerk (NED)	75
293.	van der Kolk Dick	64	08-021	48.00	25m	7-12-76	Heemskerk (NED)	75
294.	Klinkenberg Marco	67	08-021	48.10	25m	16-3-80	Heemskerk (NED)	74
295.	van Lieshout Rick	78	08-021	48.20	25m	7-2-91	Heemskerk (NED)	74
296.	Jungbacker Rick	65	08-021	48.80	25m	16-3-80	Heemskerk (NED)	71
297.	van Kaan Marc	66	08-021	49.20	25m	7-12-76	Heemskerk (NED)	69
297.	Renkema Wilco	68	08-021	49.20	25m	29-11-82	Heemskerk (NED)	69
299.	Salic Keno	89	08-021	49.28	25m	27-9-01	Heemskerk	69
300.	de Ruijter Jaap	85	08-021	49.50	25m	12-12-96	Heemskerk (NED)	68
301.	Steenkamp Erwin	92	08-021	49.68	25m	25-10-01	Heemskerk	67
302.	Apontoweil Joerie	67	08-021	50.00	25m	22-4-78	Heemskerk (NED)	66
303.	Cekic Deniz	97	08-021	50.01	25m	13-4-08	Hoom (NED)	66
304.	Doodeman Erik	71	08-021	50.10	25m	7-11-81	Heemskerk (NED)	66
305.	Heesterbeek Mathijs	00	08-021	50.25	25m	30-9-10	Heemskerk (NED)	65
306.	van der Berg Job	98	08-021	50.69	25m	13-4-08	Hoom (NED)	63
307.	de Joode Bert	65	08-021	50.80	25m	17-9-77	Heemskerk (NED)	63
308.	van Honk Arjan	82	08-021	50.90	25m	8-11-90	Heemskerk (NED)	63
308.	Viel Stefan	88	08-021	50.90	25m	7-5-98	Heemskerk (NED)	63
310.	van Heerwaarden Marcel	65	08-021	51.40	25m	7-12-76	Heemskerk (NED)	61
311.	Welp Paul	73	08-021	52.10	25m	11-12-83	Heemskerk (NED)	58
311.	van Wijk Peter	87	08-021	52.10	25m	26-11-98	Heemskerk (NED)	58
313.	Klemann Joshua	13	08-021	52.17	25m	15-12-24	Amsterdam (NED)	58
314.	Feyen Erik	66	08-021	52.20	25m	14-9-76	Heemskerk (NED)	58
315.	Kreuger Dave	73	08-021	52.30	25m	2-9-84	Heemskerk (NED)	58
316.	Verhagen Jeroen	84	08-021	53.00	25m	14-12-95	Heemskerk (NED)	55
317.	Handgraaf Jos	87	08-021	53.56	25m	20-5-99	Heemskerk (NED)	54
318.	van Slooten Udo	65	08-021	54.00	25m	14-9-76	Heemskerk (NED)	52
319.	van der Engh Dex	12	08-021	54.46	25m	26-9-24	Heemskerk (NED)	51
320.	Haasnoot Richard	69	08-021	55.10	25m	10-2-80	Heerhugowaard (NED)	49
321.	Landman John	75	08-021	56.00	25m	29-11-82	Heemskerk (NED)	47
322.	de Bruijn Harold	65	08-021	56.30	25m	7-12-76	Heemskerk (NED)	46
323.	Ayari Mohammed	13	08-021	56.48	25m	11-7-24	Heemskerk (NED)	46
324.	Ruyter Jurgen	60	08-021	57.20	25m	30-3-76	Heemskerk (NED)	44
325.	Josselet Martin	91	08-021	57.96	25m	31-1-02	Heemskerk	42
326.	van Heerwaarden Erwin	68	08-021	58.00	25m	7-12-76	Heemskerk (NED)	42
327.	van Dijk Michel	68	08-021	58.40	25m	7-12-76	Heemskerk (NED)	41
328.	Spijker Jesse	91	08-021	58.62	25m	25-5-00	Heemskerk (NED)	41
329.	Hermens Sjoerd	68	08-021	58.80	25m	16-3-80	Heemskerk (NED)	40
330.	Vrugt Richard	67	08-021	59.00	25m	7-12-76	Heemskerk (NED)	40
331.	Bruisschaart Marcel	66	08-021	59.20	25m	7-12-76	Heemskerk (NED)	40
331.	Metz Aron	73	08-021	59.20	25m	7-11-81	Heemskerk (NED)	40
333.	Denneman John	66	08-021	59.50	25m	7-12-76	Heemskerk (NED)	39
334.	Goverde Antoine	65	08-021	59.60	25m	7-12-76	Heemskerk (NED)	39
335.	Weezepoel Kelvin	09	08-021	59.74	25m	19-9-19	Heemskerk (NED)	39
336.	Hekman Sidney	71	08-021	1:00.50	25m	3-4-82	Heemskerk (NED)	37
337.	Rozemeijer Marco	67	08-021	1:00.80	25m	7-12-76	Heemskerk (NED)	37
338.	de Groot Ronald	85	08-021	1:01.60	25m	11-12-96		35
339.	Schoonenberg Dave	74	08-021	1:01.80	25m	29-11-82	Heemskerk (NED)	35
340.	van Kaam Sander	69	08-021	1:03.10	25m	7-12-76	Heemskerk (NED)	33
341.	Teunissen Frank	68	08-021	1:03.40	25m	7-12-76	Heemskerk (NED)	32
342.	Hermens Coen	66	08-021	1:04.00	25m	7-12-76	Heemskerk (NED)	31
343.	Havenaars Fabian	72	08-021	1:04.50	25m	29-11-82	Heemskerk (NED)	30
344.	de Wit Arnoud	66	08-021	1:04.70	25m	7-12-76	Heemskerk (NED)	30

50 vrije slag (sinds 345)

345.	Smith Robert	88	08-021	1:05.88	25m	26-4-01	Heemskerk (NED)	29
346.	di Bucchianico Ricardo	65	08-021	1:06.60	25m	7-12-76	Heemskerk (NED)	28
347.	Bus Marcel	73	08-021	1:06.70	25m	29-11-82	Heemskerk (NED)	28
348.	Sahin Ahmet	12	08-021	1:07.86	25m	1-2-24	Heemskerk (NED)	26
349.	Denneman Frank	68	08-021	1:09.40	25m	7-12-76	Heemskerk (NED)	24
350.	Beentjes Johnny	68	08-021	1:10.10	25m	7-12-76	Heemskerk (NED)	24
351.	van der Aar Peter	69	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	22
352.	Oliveira Rocha Dean	14	08-021	1:11.42	25m	21-9-23	Heemskerk (NED)	22
353.	Banks Ryan	18	08-021	1:13.66	25m	21-9-23	Heemskerk (NED)	20
354.	Lubbers Pieter-Jan	67	08-021	1:15.90	25m	7-12-76	Heemskerk (NED)	19
355.	van Dijk Dennis	72	08-021	1:19.30	25m	29-11-82	Heemskerk (NED)	16
356.	Roemeling Nicky	87	08-021	1:20.00	25m	11-1-96	Heemskerk (NED)	16
357.	Suvaal Theo	69	08-021	1:20.50	25m	7-12-76	Heemskerk (NED)	15
358.	Boerkamp Bart	68	08-021	1:20.70	25m	7-12-76	Heemskerk (NED)	15
359.	Pettinga Rodney	85	08-021	1:20.80	25m	8-2-96	Heemskerk (NED)	15
360.	Hartog Joep	93	08-021	1:23.90	25m	26-4-01	Heemskerk (NED)	14
361.	Mul Wilbert	75	08-021	1:35.60	25m	29-11-82	Heemskerk (NED)	9

100 vrije slag

1.	Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2.	Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3.	Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4.	Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5.	Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6.	Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
7.	Camphuijnder Wilko	69	08-021	55.60	25m	14-12-97	Heemskerk (NED)	528
7.	van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
9.	Jongert Sjoerd	01	08-021	56.14	25m	24-3-19	Purmerend (NED)	512
10.	Camphuijnder Jasper	05	08-021	56.33	25m	9-11-24	Purmerend (NED)	507
11.	Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
12.	de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
13.	Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
14.	Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
15.	Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
16.	Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
17.	Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
18.	van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoorndrecht (NED)	466
19.	Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
20.	Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
21.	van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
22.	van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
23.	Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
24.	Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
25.	Druyven Jorrick	94	08-021	59.07	25m	24-3-08	Haarlem (NED)	440
26.	Korzelius Ron	65	08-021	59.10	25m	8-3-87	Zaandam (NED)	439
26.	Oortwijn Maarten	80	08-021	59.10	25m	31-3-97	Haarlem (NED)	439
26.	Stins Arnold	83	08-021	59.10	25m	12-3-00	Heemskerk (NED)	439
29.	Di Mattia Angelo	97	08-021	59.19	25m	8-1-15	Heemskerk (NED)	437
30.	Tijms Stefan	93	08-021	59.56	25m	24-1-19	Heemskerk (NED)	429
31.	van der Kroft Barry	82	08-021	59.60	25m	31-5-01	Heemskerk (NED)	428
32.	Oortwijn Kalle	05	08-021	59.74	25m	30-10-22	Heemskerk (NED)	425
33.	Verbree John	61	08-021	59.80	25m	16-11-80	Haarlem (NED)	424

100 vrije slag (sinds 34)

34.	de Boer Stephan	83	08-021	59.86	25m	13-12-98	Heemskerk (NED)	423
35.	Hermans Luuk	85	08-021	59.94	25m	31-10-04	Zuidoostbeemster (NED)	421
36.	Steenbergen Roderik	82	08-021	1:00.14	25m	11-6-00	Haarlem (NED)	417
37.	de Ruijter Richard	88	08-021	1:00.22	25m	28-12-04	Maastricht (NED)	415
38.	Essers Tim	88	08-021	1:00.56	25m	10-2-19	Purmerend (NED)	408
39.	Schaaper Hans	68	08-021	1:00.60	25m	18-2-89		407
40.	de Vijlder Michael	75	08-021	1:00.90	25m	6-4-96	Haarlem (NED)	401
41.	Groen Jarno	01	08-021	1:01.15	25m	24-3-19	Purmerend (NED)	396
42.	Dekker Matthijs	90	08-021	1:01.31	25m	8-5-05	Uden	393
43.	de Vries Allard	96	08-021	1:01.34	25m	30-3-14	Zaandam (NED)	393
44.	Kemmeren Ferry	91	08-021	1:01.43	25m	4-11-07	Amsterdam (NED)	391
45.	Hagebout Marcel	68	08-021	1:01.50	25m	31-12-83		390
46.	Plokker Robert	65	08-021	1:01.60	25m	20-9-81	Den Helder (NED)	388
46.	Wiegman Stefan	74	08-021	1:01.60	25m	18-2-89		388
46.	Keessen Jeroen	67	08-021	1:01.60	25m	6-12-90	Heemskerk (NED)	388
49.	van Vegten Teun	01	08-021	1:01.88	25m	11-5-17	Heemskerk (NED)	383
50.	Pover Peter	69	08-021	1:01.90	25m	4-10-92	Assendelft (NED)	382
51.	Tamis Thijs	82	08-021	1:02.06	25m	15-4-01	Haarlem (NED)	379
52.	Dekker Rudie	78	08-021	1:02.30	25m	22-1-95	Castricum (NED)	375
53.	Hulshof Patrick	75	08-021	1:02.40	25m	24-3-91	Zaandam (NED)	373
54.	Woudsma Stefan	00	08-021	1:02.45	25m	19-5-16	Heemskerk (NED)	372
55.	Schoonakker Mick	07	08-021	1:02.53	25m	10-12-23	Alkmaar (NED)	371
56.	Palmboom Pascal	89	08-021	1:02.75	25m	17-2-08	Zaandam (NED)	367
57.	Switser René	75	08-021	1:03.00	25m	3-5-90	Heemskerk (NED)	362
58.	Stam Daniël	79	08-021	1:03.10	25m	21-9-97	Alkmaar (NED)	361
59.	Windmuller Ton	62	08-021	1:03.20	25m	12-10-80	Wormerveer (NED)	359
59.	van der Linden René	70	08-021	1:03.20	25m	29-9-85	Heemskerk (NED)	359
61.	Krijger Jan-Willem	81	08-021	1:03.45	25m	18-2-99	Heemskerk (NED)	355
62.	Hoening Jarl	86	08-021	1:03.48	25m	18-4-04	Zaandam (NED)	354
63.	Dekker Ruben	93	08-021	1:03.54	25m	19-2-06	Almelo (NED)	353
64.	Kuijper Alex	08	08-021	1:03.58	50m	25-5-24	Amsterdam (NED)	401
65.	de Ruijter René	86	08-021	1:03.59	25m	25-3-04	Heemskerk	352
66.	Butter Joris	86	08-021	1:03.62	25m	27-5-04	Heemskerk (NED)	352
67.	Wassenaar Marcel	69	08-021	1:03.80	25m	18-2-89		349
67.	Bal Chester	78	08-021	1:03.80	25m	10-12-95	Heemskerk (NED)	349
69.	Martijn Onno	91	08-021	1:03.87	25m	27-11-05	Heemskerk (NED)	348
70.	Dijkstra Menno	68	08-021	1:03.90	25m	20-12-86	Hilversum (NED)	347
71.	Missot Paul	64	08-021	1:04.00	25m	27-1-80	Zaandam (NED)	346
71.	Bok Reitze	73	08-021	1:04.00	25m	11-3-90	Heemskerk (NED)	346
73.	Beentjes Bastiaan	78	08-021	1:04.31	25m	17-2-00	Heemskerk (NED)	341
74.	Lamers Koen	91	08-021	1:04.33	25m	29-3-07	Heemskerk (NED)	340
75.	de Caluwé Niels	91	08-021	1:04.40	25m	25-4-13	Heemskerk (NED)	339
76.	Ayari Adam	08	08-021	1:04.48	25m	30-10-22	Heemskerk (NED)	338
77.	Rijma Sjoerd	58	DEM/OEZA	1:04.60	25m	10-1-91	Heemskerk (NED)	336
78.	Geijsen Jacques	67	DEM/OEZA	1:04.63	25m	31-1-13	Heemskerk (NED)	336
79.	van Rijn Michael	70	08-021	1:04.80	25m	29-9-85	Heemskerk (NED)	333
80.	Overmeer Michel	60	08-021	1:05.00	25m	22-1-78	Zaandam (NED)	330
81.	Andeweg Celedonio	76	08-021	1:05.40	25m	28-9-94		324
82.	Zwaan Bas	76	08-021	1:05.70	25m	24-3-93		320
83.	Schillemans Bram	99	08-021	1:05.76	25m	11-5-17	Heemskerk (NED)	319
84.	Schaap Paul	75	08-021	1:06.00	25m	7-12-89	Heemskerk (NED)	315
85.	Wolf Gert Jan	65	08-021	1:06.20	25m	20-9-81	Den Helder (NED)	312
86.	Schaaper Bart	73	08-021	1:06.30	25m	1-10-89	Zaandam (NED)	311

100 vrije slag (sinds 87)

87.	van der Heijden Hans	60	08-021	1:06.40	25m	23-4-76		310
88.	Dekker Erik	62	08-021	1:06.60	25m	17-2-80	Heerhugowaard (NED)	307
89.	Goverde Ad	59	08-021	1:06.70	25m	17-2-80	Heerhugowaard (NED)	305
89.	van Honschoten Jacky	67	08-021	1:06.70	25m	18-4-82		305
91.	de Boer Daniël	77	08-021	1:06.90	25m	23-4-95	Castricum (NED)	303
92.	van de Sluis Nicolai	66	08-021	1:07.00	25m	3-5-81	Zaandam (NED)	301
93.	Oortwijn Bouke	78	08-021	1:07.04	25m	17-10-15	Emmeloord (NED)	301
94.	van de Laar Viktor	05	08-021	1:07.54	25m	10-3-24	Purmerend (NED)	294
95.	Deen Peter	59	08-021	1:07.60	25m	24-5-75	Z.O. Beemster (NED)	293
96.	de Caluwe Perry	61	08-021	1:07.70	25m	17-2-80	Heerhugowaard (NED)	292
97.	Hos Dennis	68	08-021	1:07.90	25m	5-10-89	Heemskerk (NED)	289
97.	van der Bunt Raymond	73	08-021	1:07.90	25m	10-3-91	Heemskerk (NED)	289
97.	Kerdijk Dennis	79	08-021	1:07.90	25m	17-3-96	Heemskerk (NED)	289
97.	Voorn Max	05	08-021	1:07.90	25m	21-11-21	Den Helder (NED)	289
97.	Herwegh Dink	11	08-021	1:07.90	25m	20-10-24	Heemskerk (NED)	289
102.	de Weert Sander	72	08-021	1:08.06	25m	28-1-12	Terneuzen (NED)	287
103.	Goverde Jeroen	73	08-021	1:08.10	25m	8-4-90	Volendam (NED)	287
104.	Roozendaal Ben	66	08-021	1:08.30	25m	18-1-81	Zaandam (NED)	284
105.	Doodeman Niels	89	08-021	1:08.40	25m	7-4-02	Heemskerk	283
106.	van Heerwaarden Chiel	05	08-021	1:08.55	25m	12-1-20	Purmerend (NED)	281
107.	Koopman Axel	92	08-021	1:08.67	25m	16-4-06	Haarlem (NED)	280
108.	Blaauw Mica	05	08-021	1:08.77	25m	13-10-19	Heemskerk (NED)	279
109.	van Hannen Erik	67	08-021	1:08.80	25m	7-3-82		278
109.	Zijlstra Jeroen	80	08-021	1:08.80	25m	10-12-95	Heemskerk (NED)	278
111.	Hoerink Sten	84	08-021	1:09.03	25m	14-3-04	Zaandam	275
111.	Blaauw Eric	67	08-021	1:09.03	25m	22-9-13	Purmerend (NED)	275
113.	de Vries Dylan	93	08-021	1:09.07	25m	19-5-16	Heemskerk (NED)	275
114.	Windmuller Hans-Pieter	60	08-021	1:09.10	25m	27-11-77	Ijmuiden (NED)	275
114.	Ursem Jerre	73	08-021	1:09.10	25m	15-3-87	Heemskerk (NED)	275
114.	Bleijendaal Thomas	88	08-021	1:09.10	25m	12-4-04	Haarlem	275
117.	Duin Goos	00	08-021	1:09.12	25m	20-9-15	Purmerend (NED)	274
118.	Ijntema Tjeerd	99	08-021	1:09.29	25m	30-10-16	Den Helder (NED)	272
119.	Woudsma Maarten	01	08-021	1:09.30	25m	11-5-17	Heemskerk (NED)	272
120.	de Boer Tobias	02	08-021	1:09.56	25m	11-5-17	Heemskerk (NED)	269
121.	Butter Stijn	11	08-021	1:09.72	25m	20-10-24	Heemskerk (NED)	267
122.	Nolte Martijn	74	08-021	1:09.90	25m	31-12-86		265
123.	Tuinstra Sean	98	08-021	1:09.91	25m	10-11-13	Zaandam (NED)	265
124.	de Wildt Thijs	94	08-021	1:10.60	25m	17-1-10	Amsterdam-oost (NED)	257
125.	Huisman Rene	69	08-021	1:11.00	25m	13-3-83	Castricum (NED)	253
125.	de Groot Peter	80	08-021	1:11.00	25m	22-9-96	Heemskerk (NED)	253
127.	van Duin Peter	65	08-021	1:11.10	25m	17-5-81	Castricum (NED)	252
128.	Borst Corné	96	08-021	1:11.23	25m	13-11-11	Zaandam (NED)	251
129.	Kemper Marcel	65	08-021	1:11.40	25m	31-8-80	Heemskerk (NED)	249
130.	Vlieland Roy	99	08-021	1:11.49	25m	25-4-13	Heemskerk (NED)	248
131.	Zonneveld Jeroen	78	08-021	1:11.56	25m	14-2-99	Heemskerk (NED)	247
132.	Tijms Eric	64	08-021	1:11.93	25m	22-1-11	Heerenveen (NED)	243
133.	Hoekstra Erwin	73	DEM/OEZA	1:12.02	25m	31-1-13	Heemskerk (NED)	242
134.	van Dijck Bart	63	08-021	1:12.10	50m	11-6-78	Beverwijk (NED)	275
135.	Ursem Rob	69	08-021	1:12.30	25m	29-9-85	Heemskerk (NED)	240
136.	Ranzijn Bas	76	DEM/OEZA	1:12.60	25m	31-1-13	Heemskerk (NED)	237
137.	Blokker Mike	66	DEM/OEZA	1:12.70	25m	7-2-91	Heemskerk (NED)	236
138.	Kies Marcel	60	DEM/OEZA	1:12.80	25m	10-1-91	Heemskerk (NED)	235
139.	Oortwijn Bjarne	07	08-021	1:13.01	25m	20-10-24	Heemskerk (NED)	233

100 vrije slag (sinds 140)

140.	Besse Niels	72	08-021	1:13.10	25m	4-2-90	Volendam (NED)	232
141.	de Jonge Marco	66	08-021	1:13.40	25m	30-1-14	Heemskerk (NED)	229
142.	Kock Albert	61	08-021	1:13.70	25m	31-12-75		226
143.	de Caluwe Johan	64	08-021	1:14.00	25m	13-4-80	Zaandam (NED)	223
144.	de Wit Matthew	97	08-021	1:14.19	25m	1-2-15	Amsterdam (NED)	222
145.	Hof Peter	62	08-021	1:14.20	25m	19-2-78	Assendelft (NED)	222
146.	van den Akker Dennis	63	08-021	1:14.40	25m	10-12-77	Heemskerk (NED)	220
147.	Arends Martin	81	08-021	1:14.60	25m	20-3-93		218
148.	Meijer Viggo	06	08-021	1:15.11	25m	2-2-23	Heemskerk (NED)	214
149.	Boonacker Wietse	68	08-021	1:15.20	25m	19-12-81	Hilversum (NED)	213
149.	de Moes Paul	70	08-021	1:15.20	25m	29-9-85	Heemskerk (NED)	213
151.	Kemmeren Andre	88	08-021	1:15.37	25m	3-10-04	Heemskerk (NED)	211
152.	van Rixel Ferry	64	08-021	1:15.40	50m	11-6-78	Beverwijk (NED)	240
153.	Crok Dirk	58	08-021	1:15.45	25m	25-4-13	Heemskerk (NED)	211
154.	Koning Arthur	96	08-021	1:16.14	25m	14-11-10	Castricum (NED)	205
155.	Yayli Serkan	92	08-021	1:16.85	25m	28-11-04	Heemskerk (NED)	199
156.	Paap Jaidy	08	08-021	1:17.30	25m	20-10-24	Heemskerk (NED)	196
157.	Nijland Yoran	05	08-021	1:17.59	25m	17-6-18	Alkmaar (NED)	194
158.	Leegwater Liam	11	08-021	1:17.75	25m	1-10-23	Den Helder (NED)	193
159.	Frederiks Stan	09	08-021	1:17.95	25m	10-3-24	Purmerend (NED)	191
160.	Smit Erik	64	08-021	1:18.00	25m	31-8-80	Heemskerk (NED)	191
161.	de Roode Jeremiah	99	08-021	1:19.24	25m	3-4-11	Zaandam (NED)	182
162.	Jong Ron	77	08-021	1:19.40	25m	31-5-90	Heemskerk (NED)	181
163.	Kuijl Ben	62	08-021	1:19.70	25m	19-2-78	Assendelft (NED)	179
164.	den Exter Peter	63	08-021	1:19.80	25m	4-4-96	Heemskerk (NED)	178
165.	Prins Hilbert	51	08-021	1:19.82	25m	22-1-16	Papendrecht (NED)	178
166.	Geurtsen Arjan	64	08-021	1:20.20	25m	28-9-75	Zaandam (NED)	175
166.	Verdonk Pim	63	08-021	1:20.20	25m	10-12-77	Heemskerk (NED)	175
168.	Blaauw Xam	07	08-021	1:20.44	25m	24-3-19	Purmerend (NED)	174
169.	Jacobs Patrick	87	08-021	1:20.64	25m	7-4-02	Heemskerk	173
170.	van Lieshout Martin	76	08-021	1:21.10	25m	17-9-88		170
171.	Vessies Max	03	08-021	1:21.17	25m	5-10-14	Zaandam (NED)	169
172.	Wassenaar Joris	01	08-021	1:21.27	25m	6-10-13	Heemskerk (NED)	169
173.	Smit Rob	69	08-021	1:21.40	25m	31-8-80	Heemskerk (NED)	168
173.	van Hardeveld Richard	69	08-021	1:21.40	25m	13-3-83	Castricum (NED)	168
175.	de Vriend Ruben	03	08-021	1:21.45	25m	13-10-13	Zaandam (NED)	167
176.	Litjens Olaf	99	08-021	1:21.50	25m	7-10-12	Zaandam (NED)	167
177.	Vink Gé	60	08-021	1:21.53	25m	4-5-08	Winterswijk (NED)	167
178.	de Buyzer Eelco	64	08-021	1:21.60	25m	8-12-79	Heemskerk (NED)	167
179.	van Baal Elvin	86	08-021	1:21.78	25m	28-2-02	Heemskerk	165
180.	Rasch Wilco	68	08-021	1:21.80	25m	31-8-80	Heemskerk (NED)	165
180.	Schipper Erik	72	08-021	1:21.80	25m	28-10-84	Egmond (NED)	165
180.	ten Cate Raymond	82	08-021	1:21.80	25m	16-3-95	Heemskerk (NED)	165
183.	Hoogeterp Klaas	67	08-021	1:22.00	25m	31-8-80	Heemskerk (NED)	164
183.	van Rijn Ian	05	08-021	1:22.00	25m	2-2-17	Heemskerk (NED)	164
185.	de Rooij Roel	87	08-021	1:22.17	25m	20-12-98	Alkmaar (NED)	163
186.	Thijssen Dave	82	08-021	1:22.20	25m	5-11-95	Assendelft (NED)	163
187.	van de Wijst Peter	69	08-021	1:22.30	25m	10-1-81	Hilversum (NED)	162
188.	Hof Ronnalt	60	08-021	1:22.40	25m	19-2-78	Assendelft (NED)	162
189.	Kooistra André	88	08-021	1:22.59	25m	25-11-99	Heemskerk	161
190.	de Boer Elias	70	08-021	1:22.60	25m	7-1-84	Hilversum (NED)	161
191.	Bleijendaal Lucas	83	08-021	1:22.80	25m	5-11-95	Assendelft (NED)	159
192.	van Heerwaarden Stefan	70	08-021	1:22.90	25m	16-1-83	Heemskerk (NED)	159

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193.	Arends Peter	79	08-021	1:23.00	25m	25-3-93	Heemskerk (NED)	158
194.	Tholen Martijn	72	08-021	1:23.20	25m	12-2-84	Heemskerk (NED)	157
195.	Welboren Mark	87	08-021	1:23.39	25m	20-12-98	Alkmaar (NED)	156
196.	Mulder Mark	97	08-021	1:23.64	25m	27-11-11	Heemskerk (NED)	155
197.	Kloppenburg Albert	82	08-021	1:24.00	25m	12-3-94		153
198.	Steijn Daan	11	08-021	1:24.01	25m	20-10-24	Heemskerk (NED)	153
199.	Steijn Twan	13	08-021	1:24.05	25m	24-11-24	Zaandam (NED)	152
200.	Veldhuis Christian	88	08-021	1:24.15	25m	13-1-02	Zaandam	152
201.	Hoekstra Marcel	78	08-021	1:24.30	25m	7-2-88	Heemskerk (NED)	151
201.	de Caluwé Thijs	82	08-021	1:24.30	25m	19-2-95	Assendelft (NED)	151
203.	van Sleen Robin	90	08-021	1:24.41	25m	20-4-03	Haarlem	150
204.	Vos Daniël	91	08-021	1:24.59	25m	30-3-06	Heemskerk (NED)	149
205.	Snel Jeffrey	86	08-021	1:24.80	25m	16-1-00	Zaandam (NED)	148
206.	Heeremans Tim	78	08-021	1:24.90	25m	6-1-90	Hilversum (NED)	148
207.	Smit Arend	88	08-021	1:25.14	25m	12-6-00	Haarlem (NED)	147
208.	Boon Peter	66	DEM/OEZA	1:25.40	25m	10-1-91	Heemskerk (NED)	145
209.	de Wit Job	98	08-021	1:25.66	25m	16-3-08	Zaandam (NED)	144
210.	Zwart Mees	10	08-021	1:26.24	25m	20-10-24	Heemskerk (NED)	141
211.	Sikkema Joris	86	08-021	1:26.40	25m	17-5-98	Heemskerk (NED)	140
212.	Groot Sander	88	08-021	1:26.41	25m	19-12-99	Wormerveer (NED)	140
213.	van Duivenvoorde Bram	12	08-021	1:26.72	25m	20-10-24	Heemskerk (NED)	139
214.	Huis in 't Veld Lorenzo	03	08-021	1:26.82	25m	9-10-16	Alkmaar (NED)	138
215.	Josselet Bart	84	08-021	1:26.91	25m	7-3-99	Zaandam (NED)	138
216.	Sadeghi Hosseen	90	08-021	1:27.07	25m	18-1-04	IJmuiden (NED)	137
217.	van Heerwaarden Gerard	70	08-021	1:27.50	25m	7-3-82		135
218.	van Dijk Mitchell	99	08-021	1:27.78	25m	14-3-10	Heemskerk (NED)	134
219.	Dam Norbert	92	08-021	1:28.28	25m	28-3-04	Zaandam (NED)	131
220.	Manshanden Davy	68	08-021	1:28.70	25m	8-11-80	Heemskerk (NED)	130
221.	Wassenaar Edwin	72	08-021	1:29.20	25m	13-3-83	Castricum (NED)	127
222.	van der Weide Bas	75	08-021	1:29.50	25m	3-5-90	Heemskerk (NED)	126
223.	Feyen Erik	66	08-021	1:29.90	25m	12-3-78	Zaandam (NED)	124
224.	van Hoytema Max	98	08-021	1:30.09	25m	11-4-10	Zaandam (NED)	124
225.	Ramaakers Raymond	91	08-021	1:30.43	25m	27-2-03	Heemskerk	122
226.	Liu Andy	04	08-021	1:31.01	25m	7-5-17	Zaandam (NED)	120
227.	Vink Jan Jaap	59	08-021	1:31.06	25m	21-10-12	Zaandam (NED)	120
228.	Komen Berend	97	08-021	1:31.28	25m	3-10-10	Zaandam (NED)	119
229.	de Rooij Coen	89	08-021	1:31.51	25m	23-4-00	Haarlem (NED)	118
230.	van Tilburg Beau	07	08-021	1:31.81	25m	3-11-19	Purmerend (NED)	117
231.	Geurtsen Hans	61	08-021	1:32.10	25m	24-5-75	Z.O. Beemster (NED)	116
232.	Verhagen Bart	85	08-021	1:32.60	25m	14-1-96	Zuidoost Beemster (NED)	114
233.	Teufer Lorentz	96	08-021	1:32.85	25m	26-11-06	Heemskerk (NED)	113
234.	Baltjes Timo	09	08-021	1:33.15	25m	2-6-22	Heemskerk (NED)	112
235.	Teufer Florian	95	08-021	1:33.34	25m	26-11-06	Heemskerk (NED)	111
236.	Visvaligam Athithiyan	02	08-021	1:33.36	50m	21-6-14	Beverwijk (NED)	126
237.	Kreuger Dave	73	08-021	1:33.50	25m	6-10-85	Wormerveer (NED)	111
238.	Zwaan Nick	94	08-021	1:33.63	25m	27-11-03	Heemskerk (NED)	110
239.	Vacca Sandro	04	08-021	1:33.83	25m	12-2-17	Purmerend (NED)	109
240.	Apeldoorn Alex	89	08-021	1:33.89	50m	7-5-00	Beverwijk (NED)	124
241.	de Groot Pieter	83	08-021	1:34.40	25m	25-9-94	Alkmaar (NED)	107
242.	Zonneveld Alex	90	08-021	1:34.49	25m	18-11-01	Heemskerk	107
243.	Piek Roy	89	08-021	1:35.24	25m	28-2-02	Heemskerk	105
244.	Brands Ronald	75	08-021	1:35.60	25m	22-9-85		103
245.	Welboren Mischa	89	08-021	1:35.76	25m	21-3-99	Assendelft (NED)	103

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246.	Schellekens Henk	76	08-021	1:36.60	25m	2-11-89	Heemskerk (NED)	100
247.	Beeksma Coen	90	08-021	1:37.33	25m	17-3-02	Zaandam	98
248.	Welp Marco	72	08-021	1:37.50	25m	12-2-84	Heemskerk (NED)	97
249.	van de Sluis Erwin	71	08-021	1:37.60	25m	19-12-81	Hilversum (NED)	97
250.	van der Gracht Adrie	57	08-021	1:37.81	25m	6-4-15	Haarlem (NED)	96
251.	Buur Michael	87	08-021	1:40.50	25m	11-12-97	Heemskerk (NED)	89
252.	de Boer Sem	02	08-021	1:40.59	25m	10-3-13	Schagen (NED)	89
253.	de Groot Michiel	91	08-021	1:41.07	25m	28-11-02	Heemskerk	87
254.	Jong Gregory	80	08-021	1:41.80	25m	11-2-90	Heemskerk (NED)	86
255.	Wassenaar Teun	03	08-021	1:42.03	25m	30-1-14	Heemskerk (NED)	85
256.	Hekman Sidney	71	08-021	1:42.40	25m	6-2-83		84
257.	Verhagen Michel	82	08-021	1:43.90	25m	18-5-95	Heemskerk (NED)	80
258.	Glorie Jan	57	08-021	1:44.57	25m	25-1-09	Vlissingen (NED)	79
259.	van Leeuwen Elbert	73	08-021	1:45.50	25m	16-1-83	Heemskerk (NED)	77
260.	Salic Keno	89	08-021	1:45.57	25m	13-1-02	Zaandam	77
261.	Dekker Johnny	67	08-021	1:45.70	25m	12-3-78	Zaandam (NED)	76
262.	Aardenburg Koen	91	08-021	1:45.78	25m	24-2-05	Heemskerk (NED)	76
263.	Kuijs Rik	04	08-021	1:47.02	25m	17-5-18	Heemskerk (NED)	74
264.	Groot Tim	99	08-021	1:47.39	25m	13-3-11	Heemskerk (NED)	73
265.	de Veer Albert	72	08-021	1:48.00	25m	28-10-84	Egmond (NED)	72
266.	Gouweleeuw Raymond	88	08-021	1:48.82	25m	22-4-99	Heemskerk (NED)	70
267.	Grapendaal Aad	42	08-021	1:49.56	25m	30-1-14	Heemskerk (NED)	69
268.	de Ruijter Joost	74	08-021	1:49.90	25m	28-10-84	Egmond (NED)	68
269.	Verhagen Jeroen	84	08-021	1:51.10	25m	11-1-96	Heemskerk (NED)	66
270.	Lanser Werner	71	08-021	1:52.80	25m	14-3-81	Heemskerk (NED)	63
271.	Viel Stefan	88	08-021	1:53.90	25m	12-4-98	Haarlem (NED)	61
272.	van der Berg Job	98	08-021	1:54.37	25m	30-11-08	Heemskerk (NED)	60
273.	Klemann Joshua	13	08-021	1:54.56	25m	15-12-24	Amsterdam (NED)	60
274.	Steenkamp Erwin	92	08-021	1:55.14	25m	25-10-01	Heemskerk	59
275.	Steenstra Martijn	72	08-021	1:55.50	25m	12-10-80	Wormerveer (NED)	58
276.	van Lieshout Rick	78	08-021	1:57.30	25m	4-4-91	Heemskerk (NED)	56
277.	de Weers Luuk	13	08-021	1:58.50	25m	21-9-23	Heemskerk (NED)	54
278.	van Wijk Peter	87	08-021	1:59.70	25m	5-4-98	Heemskerk (NED)	52
279.	Cekic Deniz	97	08-021	2:00.58	25m	9-3-08	Heemskerk (NED)	51
280.	van Els Thomas	82	08-021	2:05.80	25m	16-2-94		45
281.	Witkamp Jochem	91	08-021	2:07.80	25m	20-12-01	Heemskerk	43
282.	Weezepeel Kelvin	09	08-021	2:11.33	25m	30-1-20	Heemskerk (NED)	40
283.	Ayari Mohammed	13	08-021	2:13.74	25m	30-10-22	Heemskerk (NED)	37
284.	Josselet Martin	91	08-021	2:16.23	25m	25-4-02	Heemskerk	35
285.	de Ruijter Jaap	85	08-021	2:16.90	25m	2-5-96	Heemskerk (NED)	35
286.	Pettinga Rodney	85	08-021	2:45.20	25m	4-4-96	Heemskerk (NED)	20
286.	Roemeling Nicky	87	08-021	2:45.20	25m	2-5-96	Heemskerk (NED)	20

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1.	Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2.	Gaal Roel	01	08-021	1:58.67	25m	23-11-19	Hoofddorp (NED)	587
3.	Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
4.	Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
5.	Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
6.	Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
7.	van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
8.	Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
9.	Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoorn (NED)	480
10.	Oudendijk Paul	81	08-021	2:07.98	25m	3-2-07	Aberdeen (GBR)	468
11.	Gaal Koen	99	08-021	2:08.09	25m	20-11-22	Den Helder (NED)	466
12.	van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
13.	Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
14.	Camphuijnder Wilko	69	08-021	2:09.20	25m	6-4-97	Heemskerk (NED)	454
15.	Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
16.	de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
17.	Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
18.	Druyven Jorrick	94	08-021	2:09.96	25m	9-3-08	Heemskerk (NED)	447
19.	Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
20.	van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
21.	Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
22.	Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
23.	Camphuijnder Jasper	05	08-021	2:12.78	25m	14-3-24	Heemskerk (NED)	419
24.	Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
25.	Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416
26.	Tijms Stefan	93	08-021	2:13.30	25m	21-3-13	Heemskerk (NED)	414
27.	Steenbergen Roderik	82	08-021	2:14.31	25m	6-10-02	Zaandam	404
28.	Tamis Thijs	82	08-021	2:15.02	25m	25-4-02	Heemskerk	398
29.	de Vijlder Michael	75	08-021	2:15.20	25m	6-4-97	Heemskerk (NED)	397
30.	Kerkhof Arno	72	08-021	2:15.40	25m	5-10-89	Heemskerk (NED)	395
31.	Verbree John	61	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
31.	Plokker Robert	65	08-021	2:15.60	25m	16-1-83	Heemskerk (NED)	393
33.	de Boer Stephan	83	08-021	2:15.95	25m	17-12-98	Heemskerk (NED)	390
34.	Oortwijn Maarten	80	08-021	2:16.30	25m	1-5-97	Heemskerk (NED)	387
35.	Groen Jarno	01	08-021	2:16.78	25m	5-3-20	Heemskerk (NED)	383
36.	de Vries Allard	96	08-021	2:17.56	25m	8-12-13	Amstelveen (NED)	376
37.	Woudsma Stefan	00	08-021	2:17.71	25m	17-3-16	Heemskerk (NED)	375
38.	Essers Tim	88	08-021	2:17.77	25m	2-12-12	Amstelveen (NED)	375
39.	Kramer Vincent	82	08-021	2:18.10	25m	26-4-98	Alkmaar (NED)	372
40.	Schaaper Hans	68	08-021	2:18.20	25m	4-10-89		371
41.	de Ruijter Richard	88	08-021	2:18.96	25m	29-9-05	Heemskerk (NED)	365
42.	Wiegman Stefan	74	08-021	2:19.00	25m	17-11-88	Heemskerk (NED)	365
42.	van Rookhuizen Barry	82	08-021	2:19.00	25m	19-11-00	Zaandam (NED)	365
44.	van der Kroft Barry	82	08-021	2:19.08	25m	5-10-03	Heemskerk (NED)	364
45.	Hermans Luuk	85	08-021	2:19.93	25m	28-11-04	Heemskerk (NED)	358
46.	Hagebout Marcel	68	08-021	2:20.10	25m	6-2-83		356
47.	Kemmeren Ferry	91	08-021	2:20.39	25m	25-11-07	Amsterdam (NED)	354
48.	Oortwijn Kalle	05	08-021	2:20.44	25m	5-3-20	Heemskerk (NED)	354
49.	Keessen Jeroen	67	08-021	2:20.70	25m	12-2-84	Heemskerk (NED)	352
50.	van der Heijden Hans	60	08-021	2:21.00	25m	8-1-77	Heemskerk (NED)	350
50.	Pover Peter	69	08-021	2:21.00	25m	4-10-89		350
52.	Stam Daniël	79	08-021	2:21.10	25m	26-10-97	Heemskerk (NED)	349
53.	Krijger Jan-Willem	81	08-021	2:21.70	25m	9-4-98	Heemskerk (NED)	344

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54.	Switser René	75	08-021	2:22.10	25m	4-2-90	Volendam (NED)	341
55.	Hoening Jarl	86	08-021	2:23.03	25m	18-1-04	Ijmuiden (NED)	335
56.	Di Mattia Angelo	97	08-021	2:23.07	25m	26-10-14	Zaandam (NED)	335
57.	van Vegten Teun	01	08-021	2:23.18	25m	16-3-17	Heemskerk (NED)	334
58.	Dekker Rudie	78	08-021	2:23.20	25m	17-2-94	Heemskerk	334
59.	Butter Joris	86	08-021	2:23.36	25m	18-12-03	Heemskerk (NED)	333
60.	van Rijn Michael	70	08-021	2:23.90	25m	6-10-85	Wormerveer (NED)	329
61.	Missot Paul	64	08-021	2:24.10	25m	21-4-79	Deinze (BEL)	327
62.	Palmboom Pascal	89	08-021	2:24.24	25m	25-10-07	Heemskerk (NED)	326
63.	Hulshof Patrick	75	08-021	2:24.30	25m	4-4-91	Heemskerk (NED)	326
64.	Dekker Ruben	93	08-021	2:24.47	25m	29-9-05	Heemskerk (NED)	325
65.	Lamers Koen	91	08-021	2:24.64	25m	18-3-07	Heemskerk (NED)	324
66.	Bal Chester	78	08-021	2:24.90	25m	14-4-96	Zaandam (NED)	322
67.	Wassenaar Marcel	69	08-021	2:26.10	25m	2-12-89		314
68.	Kuijper Alex	08	08-021	2:26.21	25m	12-11-23	Den Helder (NED)	313
69.	Rijpma Sjoerd	58	DEM/OEZA	2:26.40	25m	10-1-91	Heemskerk (NED)	312
70.	van Honschoten Jacky	67	08-021	2:26.60	25m	6-2-83		311
71.	Schaap Paul	75	08-021	2:26.70	25m	17-12-89	Assendelft (NED)	310
72.	Bok Reitze	73	08-021	2:26.80	25m	4-4-91	Heemskerk (NED)	310
73.	Blaauw Mica	05	08-021	2:27.04	25m	5-3-20	Heemskerk (NED)	308
74.	Zwaan Bas	76	08-021	2:27.10	25m	17-2-94	Heemskerk	308
74.	Andeweg Celedonio	76	08-021	2:27.10	25m	22-2-95		308
76.	Ayari Adam	08	08-021	2:27.19	25m	14-3-24	Heemskerk (NED)	307
77.	Dijkstra Menno	68	08-021	2:27.20	25m	30-11-86	Heemskerk (NED)	307
78.	Windmuller Ton	62	08-021	2:27.60	25m	4-11-79	Zaandam (NED)	305
78.	Beentjes Bastiaan	78	08-021	2:27.60	25m	12-1-97	Heemskerk (NED)	305
80.	van der Linden René	70	08-021	2:28.60	25m	6-10-85	Wormerveer (NED)	299
81.	Wolf Gert Jan	65	08-021	2:29.90	25m	16-1-83	Heemskerk (NED)	291
82.	van Heerwaarden Chiel	05	08-021	2:30.15	25m	5-3-20	Heemskerk (NED)	289
83.	de Ruijter René	86	08-021	2:30.57	25m	28-11-04	Heemskerk (NED)	287
84.	Martijn Onno	91	08-021	2:30.58	25m	18-3-07	Heemskerk (NED)	287
85.	Dekker Erik	62	08-021	2:31.00	25m	21-4-79	Deinze (BEL)	284
86.	Oortwijn Bouke	78	08-021	2:31.10	25m	17-2-94	Heemskerk	284
87.	Overmeer Michel	60	08-021	2:31.30	25m	12-3-78	Zaandam (NED)	283
88.	Schillemans Bram	99	08-021	2:31.69	25m	17-3-16	Heemskerk (NED)	281
89.	Goverde Ad	59	08-021	2:31.80	25m	22-1-84	Zandvoort (NED)	280
90.	Schoonakker Mick	07	08-021	2:31.82	25m	14-3-24	Heemskerk (NED)	280
91.	de Caluwé Niels	91	08-021	2:31.89	25m	14-12-06	Heemskerk (NED)	280
92.	van Hannen Erik	67	08-021	2:32.30	25m	7-2-82		277
93.	van der Bunt Raymond	73	08-021	2:32.70	25m	21-4-91	Heemstede (NED)	275
94.	de Boer Tobias	02	08-021	2:33.43	25m	24-4-16	Zaandam (NED)	271
95.	Voorn Max	05	08-021	2:33.55	25m	21-4-22	Heemskerk (NED)	271
96.	Butter Stijn	11	08-021	2:33.71	25m	16-11-24	Hoofddorp (NED)	270
97.	van de Laar Viktor	05	08-021	2:33.76	25m	14-3-24	Heemskerk (NED)	269
98.	Hoening Sten	84	08-021	2:34.66	25m	9-11-03	Zaandam	265
99.	de Weert Sander	72	08-021	2:34.97	25m	18-2-12	Heerenveen (NED)	263
100.	van Duin Peter	65	08-021	2:35.10	25m	16-1-83	Heemskerk (NED)	262
101.	Ursem Jerre	73	08-021	2:35.50	25m	27-9-87	Zaandam (NED)	260
102.	Nolte Martijn	74	08-021	2:35.70	25m	31-12-86		259
103.	Doodeman Niels	89	08-021	2:36.61	25m	25-4-02	Heemskerk	255
104.	Schaaper Bart	73	08-021	2:37.70	25m	18-3-89		250
104.	de Vries Dylan	93	08-021	2:37.70	25m	22-3-12	Heemskerk (NED)	250
106.	van de Sluis Nicolai	66	08-021	2:38.20	25m	23-5-81	Heemskerk (NED)	247

200 vrije slag (sinds 107)

107.	de Boer Daniël	77	08-021	2:38.70	25m	22-2-95		245
108.	Borst Corné	96	08-021	2:39.06	25m	22-3-12	Heemskerk (NED)	243
109.	Goverde Jeroen	73	08-021	2:39.90	25m	27-9-90	Heemskerk (NED)	240
110.	Zonneveld Jeroen	78	08-021	2:40.20	25m	11-12-97	Heemskerk (NED)	238
111.	Kerdijk Dennis	79	08-021	2:40.40	25m	11-1-96	Heemskerk (NED)	237
112.	Zijlstra Jeroen	80	08-021	2:40.60	25m	24-11-96	Castricum (NED)	236
113.	Tuinstra Sean	98	08-021	2:40.78	25m	22-3-12	Heemskerk (NED)	236
114.	Vlieland Roy	99	08-021	2:41.44	25m	19-5-13	Purmerend (NED)	233
115.	de Wit Matthew	97	08-021	2:41.81	25m	1-11-14	Hoorn (NED)	231
116.	Ijntema Tjeerd	99	08-021	2:42.23	25m	13-11-16	Purmerend (NED)	229
117.	Nijland Yorán	05	08-021	2:42.36	25m	7-3-19	Heemskerk (NED)	229
118.	Kies Marcel	60	DEM/OEZA	2:42.40	25m	10-1-91	Heemskerk (NED)	229
119.	Tijms Eric	64	08-021	2:42.71	25m	21-2-15	Heerenveen (NED)	227
120.	Bleijendaal Thomas	88	08-021	2:43.00	25m	25-1-04	Zaandam	226
121.	Koopman Axel	92	08-021	2:43.09	25m	29-9-05	Heemskerk (NED)	226
122.	Roosendaal Ben	66	08-021	2:43.10	25m	27-1-80	Zaandam (NED)	226
122.	Blokker Mike	66	DEM/OEZA	2:43.10	25m	7-2-91	Heemskerk (NED)	226
124.	Meijer Viggo	06	08-021	2:44.26	25m	30-3-23	Heemskerk (NED)	221
125.	Oortwijn Guido	78	08-021	2:44.70	25m	2-11-91		219
126.	de Wildt Thijs	94	08-021	2:45.02	25m	4-10-09	Amsterdam-oost (NED)	218
127.	Woudsma Maarten	01	08-021	2:45.11	25m	2-10-16	Purmerend (NED)	217
128.	Duin Goos	00	08-021	2:45.56	25m	19-2-15	Heemskerk (NED)	216
129.	Blaauw Eric	67	08-021	2:48.99	25m	19-5-13	Purmerend (NED)	203
130.	Arends Martin	81	08-021	2:49.80	25m	7-10-92		200
131.	Windmuller Hans-Pieter	60	08-021	2:51.60	25m	31-12-75		194
132.	Hof Peter	62	08-021	2:51.70	25m	12-2-78	Heemskerk (NED)	193
132.	Besse Niels	72	08-021	2:51.70	25m	22-3-90	Heemskerk (NED)	193
134.	Leegwater Liam	11	08-021	2:52.11	25m	23-4-23	Den Helder (NED)	192
135.	Smit Erik	64	08-021	2:52.50	25m	2-11-80	Castricum (NED)	191
136.	Yayli Serkan	92	08-021	2:53.20	25m	29-4-04	Heemskerk (NED)	188
137.	Blaauw Xam	07	08-021	2:53.30	25m	5-3-20	Heemskerk (NED)	188
138.	Ursem Rob	69	08-021	2:53.50	25m	22-1-84	Zandvoort (NED)	187
139.	de Moes Paul	70	08-021	2:53.60	25m	6-10-85	Wormerveer (NED)	187
140.	Crok Dirk	58	08-021	2:54.30	25m	24-1-09	Vlissingen (NED)	185
141.	Kemmeren Andre	88	08-021	2:56.08	25m	30-9-04	Heemskerk (NED)	179
142.	Prins Hilbert	51	08-021	2:56.10	25m	23-1-16	Papendrecht (NED)	179
143.	van Rijn Ian	05	08-021	2:57.53	25m	7-5-17	Zaandam (NED)	175
144.	Litjens Olaf	99	08-021	2:57.59	25m	15-4-12	Zaandam (NED)	175
145.	Frederiks Stan	09	08-021	2:57.66	25m	23-4-23	Den Helder (NED)	174
146.	Huis in 't Veld Lorenzo	03	08-021	2:58.08	25m	9-10-16	Alkmaar (NED)	173
147.	Oortwijn Bjarne	07	08-021	2:58.59	25m	1-10-23	Den Helder (NED)	172
148.	Wassenaar Joris	01	08-021	2:58.63	25m	9-3-14	Zaandam (NED)	172
149.	Boonacker Wietse	68	08-021	2:58.70	25m	17-5-81	Castricum (NED)	171
150.	Jong Ron	77	08-021	2:59.00	25m	1-4-90	Zaandam (NED)	171
151.	Huisman Rene	69	08-021	2:59.10	25m	5-4-81	Heemskerk (NED)	170
152.	Paap Jaidy	08	08-021	3:00.18	25m	14-3-24	Heemskerk (NED)	167
153.	de Roode Jeremiah	99	08-021	3:00.90	25m	27-1-11	Heemskerk (NED)	165
154.	de Groot Peter	80	08-021	3:01.30	25m	23-2-95	Heemskerk (NED)	164
155.	ten Cate Raymond	82	08-021	3:02.00	25m	23-2-95	Heemskerk (NED)	162
156.	Arends Peter	79	08-021	3:02.30	25m	15-4-93	Heemskerk (NED)	161
157.	van Baal Elvin	86	08-021	3:02.46	25m	30-5-02	Heemskerk	161
158.	de Caluwé Thijs	82	08-021	3:02.60	25m	23-2-95	Heemskerk (NED)	161
159.	Thijssen Dave	82	08-021	3:03.50	25m	11-1-96	Heemskerk (NED)	158

200 vrije slag (sinds 160)

160.	Koning Arthur	96	08-021	3:03.71	25m	18-4-10	Zaandam (NED)	158
161.	Smit Arend	88	08-021	3:03.90	25m	8-10-00	Heemskerk (NED)	157
162.	Rasch Wilco	68	08-021	3:04.80	25m	17-5-81	Castricum (NED)	155
163.	Kuijl Ben	62	08-021	3:05.50	25m	22-4-78	Heemskerk (NED)	153
164.	Snel Jeffrey	86	08-021	3:05.68	25m	20-2-00	Assendelft (NED)	153
165.	Jacobs Patrick	87	08-021	3:05.74	25m	20-12-01	Heemskerk	153
166.	Vink Jan Jaap	59	08-021	3:05.94	25m	21-10-12	Zaandam (NED)	152
167.	de Rooij Roel	87	08-021	3:06.39	25m	5-11-00	Zaandam (NED)	151
168.	Bleijendaal Lucas	83	08-021	3:06.60	25m	1-10-95	Heemskerk (NED)	151
169.	Ramaakers Raymond	91	08-021	3:06.82	25m	18-12-03	Heemskerk (NED)	150
170.	Vink Gé	60	08-021	3:06.96	25m	3-5-08	Winterswijk (NED)	150
171.	Sikkema Joris	86	08-021	3:07.47	25m	17-12-98	Heemskerk (NED)	148
172.	van Sleen Robin	90	08-021	3:07.57	25m	6-10-02	Zaandam	148
173.	Vos Daniël	91	08-021	3:07.85	25m	29-9-05	Heemskerk (NED)	148
174.	de Groot Michiel	91	08-021	3:08.24	25m	12-6-03	Heemskerk	147
175.	van Duivenvoorde Bram	12	08-021	3:09.08	25m	6-10-24	Den Helder (NED)	145
176.	van de Wijst Peter	69	08-021	3:09.70	25m	23-5-81	Heemskerk (NED)	143
177.	Heeremans Tim	78	08-021	3:10.80	25m	31-3-90		141
178.	Welboren Mark	87	08-021	3:11.34	25m	11-10-98	Alkmaar (NED)	140
179.	Veldhuis Christian	88	08-021	3:11.99	25m	20-12-01	Heemskerk	138
180.	de Vriend Ruben	03	08-021	3:12.53	25m	20-10-13	Zaandam (NED)	137
181.	de Caluwe Johan	64	08-021	3:12.80	25m	8-1-77	Heemskerk (NED)	136
181.	Boon Peter	66	DEM/OEZA	3:12.80	25m	10-1-91	Heemskerk (NED)	136
183.	van den Akker Dennis	63	08-021	3:13.10	25m	8-1-77	Heemskerk (NED)	136
184.	van Dijck Bart	63	08-021	3:13.40	25m	8-1-77	Heemskerk (NED)	135
185.	Kooistra André	88	08-021	3:13.96	25m	23-1-00	Heemskerk (NED)	134
186.	van de Sluis Ignat	69	08-021	3:14.80	25m	14-3-81	Heemskerk (NED)	132
187.	van Lieshout Martin	76	08-021	3:15.00	25m	8-11-87	Heemskerk (NED)	132
188.	Steijn Daan	11	08-021	3:15.60	25m	14-3-24	Heemskerk (NED)	131
189.	van Heerwaarden Stefan	70	08-021	3:16.30	25m	7-3-82		129
190.	van Heerwaarden Gerard	70	08-021	3:16.80	25m	7-3-82		128
191.	Dam Norbert	92	08-021	3:19.03	25m	3-10-04	Heemskerk (NED)	124
192.	Liu Andy	04	08-021	3:19.88	25m	7-5-17	Zaandam (NED)	122
193.	de Caluwe Perry	61	08-021	3:20.00	25m	8-1-77	Heemskerk (NED)	122
194.	Vacca Sandro	04	08-021	3:20.39	25m	7-5-17	Zaandam (NED)	121
195.	Sadeghi Hosseen	90	08-021	3:22.84	25m	18-12-03	Heemskerk (NED)	117
196.	Piek Roy	89	08-021	3:23.38	25m	27-9-01	Heemskerk	116
197.	Groot Sander	88	08-021	3:26.48	25m	24-10-99	Zaandam (NED)	111
198.	Zwaan Nick	94	08-021	3:26.51	25m	25-1-04	Zaandam	111
199.	Hof Ronnalt	60	08-021	3:27.20	25m	8-1-77	Heemskerk (NED)	110
200.	Komen Berend	97	08-021	3:27.52	25m	10-10-10	Zaandam (NED)	109
201.	de Rooij Coen	89	08-021	3:27.73	25m	24-10-99	Zaandam (NED)	109
202.	Beeksma Coen	90	08-021	3:31.16	25m	30-5-02	Heemskerk	104
203.	Verdonk Pim	63	08-021	3:33.00	25m	8-1-77	Heemskerk (NED)	101
204.	Josselet Bart	84	08-021	3:33.70	25m	15-2-98	Assendelft (NED)	100
205.	Visvaligam Athithiyan	02	08-021	3:35.47	25m	15-12-13	Zaandam (NED)	98
206.	Zonneveld Alex	90	08-021	3:35.72	25m	31-5-01	Heemskerk (NED)	97
207.	Teufer Lorentz	96	08-021	3:35.94	25m	3-12-06	Zaandam (NED)	97
208.	Groot Tim	99	08-021	3:36.58	25m	9-10-11	Zaandam (NED)	96
209.	van Hardeveld Richard	69	08-021	3:40.30	25m	23-5-81	Heemskerk (NED)	91
210.	Aardenburg Koen	91	08-021	3:40.54	25m	29-9-05	Heemskerk (NED)	91
211.	Kloek Ralph	68	08-021	3:41.70	25m	14-3-81	Heemskerk (NED)	90
212.	Apeldoorn Alex	89	08-021	3:45.08	25m	21-1-01	Heemskerk (NED)	86

200 vrije slag (sinds 213)

213.	van Lieshout Rick	78	08-021	3:46.90	25m	3-11-91	Assendelft (NED)	83
214.	Verhagen Michel	82	08-021	3:48.30	25m	18-5-95	Heemskerk (NED)	82
215.	van der Gracht Adrie	57	08-021	3:50.58	25m	25-10-07	Heemskerk (NED)	80
216.	Buur Michael	87	08-021	3:52.80	25m	18-3-98		77
217.	Glorie Jan	57	08-021	3:56.51	25m	25-10-07	Heemskerk (NED)	74
218.	Baltjes Timo	09	08-021	3:56.52	25m	24-4-22	Den Helder (NED)	74
219.	Verhagen Bart	85	08-021	4:00.30	25m	8-6-95	Heemskerk (NED)	70
220.	Cekic Deniz	97	08-021	4:06.43	25m	12-10-08	Zaandam (NED)	65
221.	Viel Stefan	88	08-021	4:10.70	25m	19-3-98	Heemskerk (NED)	62
222.	Kemper Marcel	65	08-021	4:11.80	25m	8-1-77	Heemskerk (NED)	61
223.	Lamers Peter	57	08-021	4:21.91	25m	25-10-07	Heemskerk (NED)	54
224.	van Wijk Peter	87	08-021	4:22.40	25m	19-3-98	Heemskerk (NED)	54

250 vrije slag

1.	Nijland Yoran	05	08-021	4:58.49	OW	26-7-14	Anna-Paulowna (NED)	
2.	Butter Stijn	11	08-021	6:22.07	OW	22-6-19	Bodegraven (NED)	
3.	Butter Jurre	12	08-021	10:33.21	OW	8-7-23	Anna Paulowna (NED)	
4.	Butter Martijn	79	08-021	13:13.47	OW	25-6-22	Anna-Paulowna (NED)	

300 vrije slag

1.	Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2.	Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)	471
3.	Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
4.	Druyven Jorrick	94	08-021	3:26.39	25m	25-1-08	Terneuzen (NED)	430
5.	van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
6.	Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
7.	Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
8.	Jongert Sjoerd	01	08-021	3:29.00	25m	6-10-24	Den Helder (NED)	414
9.	Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoornd (NED)	398
10.	van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
11.	Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
12.	Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
13.	van der Gracht Jory	87	08-021	3:35.98	25m	14-5-16	Purmerend (NED)	375
14.	Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
15.	Gaal Roel	01	08-021	3:38.21	50m	28-5-16	Alkmaar (NED)	401
16.	Camphuijnder Jasper	05	08-021	3:40.37	25m	1-10-23	Den Helder (NED)	353
17.	Dekker Ruben	93	08-021	3:40.76	50m	27-2-05	Amsterdam (NED)	388
18.	Oudendijk Paul	81	08-021	3:41.56	25m	14-10-07	Zaandam (NED)	347
19.	Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339
20.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
21.	de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
22.	Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
23.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307
24.	Woudsma Stefan	00	08-021	3:52.39	50m	30-4-16	Alkmaar (NED)	332
25.	Hoening Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
26.	Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286
27.	Butter Stijn	11	08-021	3:57.11	25m	16-11-24	Hoofddorp (NED)	283
28.	Kuijper Alex	08	08-021	4:00.00	25m	6-10-24	Den Helder (NED)	273
29.	Kemmeren Ferry	91	08-021	4:03.00	25m	14-10-07	Zaandam (NED)	263
30.	Gaal Koen	99	08-021	4:06.71	25m	18-5-13	Purmerend (NED)	251
31.	Palmboom Pascal	89	08-021	4:07.13	25m	29-4-04	Heemskerk (NED)	250

300 vrije slag (sinds 32)

32.	Lamers Koen	91	08-021	4:07.96	25m	29-4-04	Heemskerk (NED)	248
33.	de Wit Matthew	97	08-021	4:12.18	25m	29-1-15	Amsterdam (NED)	235
34.	Ayari Adam	08	08-021	4:13.66	25m	1-10-23	Den Helder (NED)	231
35.	de Ruijter René	86	08-021	4:15.01	25m	29-4-04	Heemskerk (NED)	228
36.	de Weert Sander	72	08-021	4:16.62	25m	27-1-12	Terneuzen (NED)	223
37.	Vlieland Roy	99	08-021	4:21.68	25m	31-3-13	Haarlem (NED)	211
38.	Tijms Eric	64	08-021	4:21.87	25m	22-1-16	Papendrecht (NED)	210
39.	Schelvis Sjeng	89	08-021	4:22.10	25m	21-1-01	Heemskerk (NED)	210
40.	Bleijendaal Thomas	88	08-021	4:24.18	25m	29-4-04	Heemskerk (NED)	205
41.	Blaauw Eric	67	08-021	4:28.68	25m	31-3-13	Haarlem (NED)	195
42.	Doodeman Niels	89	08-021	4:29.63	25m	21-1-01	Heemskerk (NED)	192
43.	Prins Hilbert	51	08-021	4:36.55	25m	21-1-16	Papendrecht (NED)	178
44.	Martijn Onno	91	08-021	4:38.97	25m	17-10-04	Zaandam (NED)	174
45.	de Caluwé Niels	91	08-021	4:44.80	25m	29-4-04	Heemskerk (NED)	163
46.	Crok Dirk	58	08-021	4:45.36	25m	22-1-16	Papendrecht (NED)	162
47.	Oortwijn Bjarne	07	08-021	4:46.45	25m	6-10-24	Den Helder (NED)	160
48.	Frederiks Stan	09	08-021	4:46.47	25m	1-10-23	Den Helder (NED)	160
49.	Paap Jaidy	08	08-021	4:46.69	25m	6-10-24	Den Helder (NED)	160
50.	Tuinstra Sean	98	08-021	4:47.52	25m	28-2-10	Zaandam (NED)	159
51.	Leegwater Liam	11	08-021	4:47.88	25m	12-11-23	Den Helder (NED)	158
52.	Koopman Axel	92	08-021	4:51.58	25m	16-11-03	Heemskerk (NED)	152
53.	Ramaakers Raymond	91	08-021	4:58.18	25m	29-4-04	Heemskerk (NED)	142
54.	Kooistra André	88	08-021	4:59.05	25m	23-1-00	Heemskerk (NED)	141
55.	de Vries Allard	96	08-021	5:08.44	25m	7-6-08	Zaandam (NED)	128
56.	Zwaan Nick	94	08-021	5:11.64	25m	16-11-03	Heemskerk (NED)	124
57.	Litjens Olaf	99	08-021	5:18.14	25m	17-4-11	Zaandam (NED)	117
58.	Groot Sander	88	08-021	5:23.81	25m	23-1-00	Heemskerk (NED)	111
59.	Yayli Serkan	92	08-021	5:35.23	25m	4-11-01	Heemskerk	100
60.	Teufer Lorentz	96	08-021	5:37.37	25m	3-12-06	Zaandam (NED)	98
61.	de Rooij Coen	89	08-021	5:44.30	25m	23-1-00	Heemskerk (NED)	92
62.	Apeldoorn Alex	89	08-021	5:48.55	25m	21-1-01	Heemskerk (NED)	89
63.	Glorie Jan	57	08-021	6:55.90	25m	22-1-11	Heerenveen (NED)	52

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4.	Druyven Jorrick	94	08-021	4:29.62	25m	12-5-08	Purmerend (NED)	487
5.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
6.	Oudendijk Paul	81	08-021	4:30.18	25m	4-10-09	Amsterdam-oost (NED)	484
7.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
8.	Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
9.	Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
10.	Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
11.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
12.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
13.	Camphuijnder Wilko	69	08-021	4:40.20	25m	26-10-97	Heemskerk (NED)	434
14.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
15.	Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
16.	Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
17.	Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
18.	Jongert Sjoerd	01	08-021	4:44.94	25m	6-10-24	Den Helder (NED)	413

400 vrije slag (sinds 19)

19.	van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
20.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
21.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
22.	Camphuijnder Jasper	05	08-021	4:51.73	25m	27-11-22	Hoofddorp (NED)	385
23.	Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
24.	Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
25.	Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376
26.	Tamis Thijs	82	08-021	4:54.90	25m	30-5-02	Heemskerk	372
27.	Kerkhof Arno	72	08-021	4:56.30	25m	19-2-89	Heemskerk (NED)	367
28.	Steenbergen Roderik	82	08-021	4:57.14	25m	30-5-02	Heemskerk	364
29.	Verbree John	61	08-021	4:58.00	25m	14-3-81	Heemskerk (NED)	361
30.	Dekker Ruben	93	08-021	4:58.33	25m	27-1-06	Dordrecht (NED)	360
31.	Korzelius Ron	65	08-021	5:00.40	25m	27-2-83	Assendelft (NED)	352
32.	Plokker Robert	65	08-021	5:01.00	25m	10-1-82	Wormerveer (NED)	350
33.	de Ruijter Richard	88	08-021	5:01.14	25m	29-4-04	Heemskerk (NED)	350
34.	Kramer Vincent	82	08-021	5:02.24	25m	12-6-03	Heemskerk	346
35.	Schaaper Hans	68	08-021	5:03.00	25m	19-2-89	Heemskerk (NED)	343
36.	Groen Jarno	01	08-021	5:03.92	25m	18-9-16	Zaandam (NED)	340
37.	Pover Peter	69	08-021	5:05.40	25m	30-6-93		335
37.	Oortwijn Maarten	80	08-021	5:05.40	25m	18-5-95	Heemskerk (NED)	335
39.	Wassenaar Marcel	69	08-021	5:06.40	25m	19-2-89	Heemskerk (NED)	332
40.	Hermans Luuk	85	08-021	5:07.08	25m	31-5-01	Heemskerk (NED)	330
41.	van Rookhuizen Barry	82	08-021	5:07.41	25m	29-4-04	Heemskerk (NED)	329
42.	van der Kroft Barry	82	08-021	5:09.77	25m	30-5-02	Heemskerk	321
43.	de Boer Stephan	83	08-021	5:09.90	25m	19-3-98	Heemskerk (NED)	321
44.	Woudsma Stefan	00	08-021	5:10.24	50m	30-4-16	Alkmaar (NED)	356
45.	Krijger Jan-Willem	81	08-021	5:10.50	25m	16-11-97	Zaandam (NED)	319
46.	Switser René	75	08-021	5:11.10	25m	12-11-89	Assendelft (NED)	317
47.	Stam Daniël	79	08-021	5:11.90	25m	19-3-98	Heemskerk (NED)	315
48.	Butter Joris	86	08-021	5:12.23	25m	29-4-04	Heemskerk (NED)	314
49.	Hoening Jarl	86	08-021	5:12.66	25m	29-4-04	Heemskerk (NED)	312
50.	Hulshof Patrick	75	08-021	5:12.70	25m	10-3-91	Heemskerk (NED)	312
51.	Dekker Rudie	78	08-021	5:13.20	25m	18-5-95	Heemskerk (NED)	311
52.	Gaal Koen	99	08-021	5:13.42	25m	11-10-15	Alkmaar (NED)	310
53.	Wiegman Stefan	74	08-021	5:13.60	25m	6-10-88	Heemskerk (NED)	310
54.	Bal Chester	78	08-021	5:15.10	25m	2-3-97	Haarlem (NED)	305
55.	Lamers Koen	91	08-021	5:16.84	25m	31-5-07	Heemskerk (NED)	300
55.	Butter Stijn	11	08-021	5:16.84	25m	16-11-24	Hoofddorp (NED)	300
57.	Oortwijn Kalle	05	08-021	5:17.06	25m	23-10-22	Hoofddorp (NED)	299
58.	Zwaan Bas	76	08-021	5:17.50	25m	16-1-94	Heemskerk	298
59.	Beentjes Bastiaan	78	08-021	5:18.90	25m	2-3-97	Haarlem (NED)	294
60.	Andeweg Celedonio	76	08-021	5:21.00	25m	15-1-94		289
61.	Palmboom Pascal	89	08-021	5:22.23	25m	28-4-05	Heemskerk (NED)	285
62.	Kuijper Alex	08	08-021	5:22.31	25m	6-10-24	Den Helder (NED)	285
63.	Missot Paul	64	08-021	5:24.90	25m	16-3-80	Zandvoort (NED)	278
64.	Bok Reitze	73	08-021	5:25.30	25m	3-2-91	Zaandam (NED)	277
65.	Schaap Paul	75	08-021	5:26.20	25m	11-3-90	Heemskerk (NED)	275
66.	Dekker Erik	62	08-021	5:28.00	25m	13-4-80	Zaandam (NED)	270
67.	de Boer Daniël	77	08-021	5:28.40	25m	17-5-95		269
68.	Kemmeren Ferry	91	08-021	5:28.92	25m	14-10-07	Zaandam (NED)	268
69.	Goverde Ad	59	08-021	5:29.90	25m	13-4-80	Zaandam (NED)	266
70.	Wolf Gert Jan	65	08-021	5:36.70	25m	24-1-82		250
71.	de Ruijter René	86	08-021	5:37.79	25m	29-4-04	Heemskerk (NED)	248

400 vrije slag (sinds 72)

72.	van de Sluis Nicolai	66	08-021	5:38.70	25m	14-3-81	Heemskerk (NED)	246
73.	Schaaper Bart	73	08-021	5:39.20	25m	5-10-88		245
74.	de Weert Sander	72	08-021	5:39.29	25m	22-5-11	Grootebroek (NED)	244
75.	Roosendaal Ben	66	08-021	5:42.30	25m	14-3-81	Heemskerk (NED)	238
76.	de Wit Matthew	97	08-021	5:42.63	25m	29-1-15	Amsterdam (NED)	237
77.	Ursem Jerre	73	08-021	5:43.50	25m	15-1-88		235
78.	de Caluwé Niels	91	08-021	5:45.25	25m	31-5-07	Heemskerk (NED)	232
79.	Doodeman Niels	89	08-021	5:45.83	25m	30-5-02	Heemskerk	231
80.	van Vegten Teun	01	08-021	5:46.21	25m	18-9-16	Zaandam (NED)	230
81.	Nolte Martijn	74	08-021	5:48.10	25m	27-10-85	(NED)	226
82.	Vlieland Roy	99	08-021	5:49.73	25m	31-3-13	Haarlem (NED)	223
83.	Zonneveld Jeroen	78	08-021	5:50.60	25m	4-4-96	Heemskerk (NED)	221
84.	Bleijendaal Thomas	88	08-021	5:51.00	25m	29-4-04	Heemskerk (NED)	221
85.	de Boer Tobias	02	08-021	5:51.06	25m	21-12-14	Zaandam (NED)	221
86.	Arends Martin	81	08-021	5:51.30	25m	7-2-93	Z.O. Beemster (NED)	220
87.	Hoerink Sten	84	08-021	5:52.06	25m	24-10-99	Zaandam (NED)	219
88.	van Duin Peter	65	08-021	5:52.40	25m	14-3-81	Heemskerk (NED)	218
89.	Oortwijn Bouke	78	08-021	5:53.00	25m	27-9-92	Wormerveer (NED)	217
90.	Tijms Eric	64	08-021	5:53.58	25m	22-1-16	Papendrecht (NED)	216
91.	Ayari Adam	08	08-021	5:53.66	25m	1-10-23	Den Helder (NED)	216
92.	Kerdijk Dennis	79	08-021	5:53.70	25m	4-4-96	Heemskerk (NED)	216
93.	Martijn Onno	91	08-021	5:58.34	25m	23-10-05	Zaandam (NED)	207
94.	Zijlstra Jeroen	80	08-021	5:58.40	25m	4-4-96	Heemskerk (NED)	207
95.	Blaauw Eric	67	08-021	6:00.60	25m	21-12-14	Zaandam (NED)	203
96.	Hagebout Marcel	68	08-021	6:01.10	25m	14-3-81	Heemskerk (NED)	203
97.	Nijland Yoran	05	08-021	6:02.77	25m	21-10-18	Purmerend (NED)	200
98.	van Lieshout Martin	76	08-021	6:08.00	25m	6-10-88	Heemskerk (NED)	191
99.	de Vries Allard	96	08-021	6:08.61	25m	12-9-10	Zaandam (NED)	190
100.	Schillemans Bram	99	08-021	6:09.33	25m	8-2-15	Zaandam (NED)	189
101.	Prins Hilbert	51	08-021	6:10.10	25m	10-2-13	Zaandam (NED)	188
102.	Koopman Axel	92	08-021	6:15.01	25m	1-12-02	Heemskerk	181
103.	Vink Jan Jaap	59	08-021	6:15.91	25m	21-10-12	Zaandam (NED)	180
104.	Tuinstra Sean	98	08-021	6:16.65	25m	18-4-10	Zaandam (NED)	178
105.	Crok Dirk	58	08-021	6:17.28	25m	17-2-13	Aberdeen (GBR)	178
106.	Keessen Jeroen	67	08-021	6:19.50	25m	14-3-81	Heemskerk (NED)	174
107.	de Rooij Roel	87	08-021	6:21.46	25m	5-11-00	Zaandam (NED)	172
108.	Leegwater Liam	11	08-021	6:21.59	25m	12-11-23	Den Helder (NED)	172
109.	Blaauw Xam	07	08-021	6:22.11	25m	3-3-19	Zaandam (NED)	171
110.	Snel Jeffrey	86	08-021	6:24.26	25m	30-3-00	Heemskerk (NED)	168
111.	van Hannen Erik	67	08-021	6:24.30	25m	14-3-81	Heemskerk (NED)	168
112.	Oortwijn Bjarne	07	08-021	6:24.82	25m	6-10-24	Den Helder (NED)	167
113.	Paap Jaidy	08	08-021	6:25.18	25m	6-10-24	Den Helder (NED)	167
114.	Huis in 't Veld Lorenzo	03	08-021	6:25.59	25m	18-9-16	Zaandam (NED)	166
115.	Sikkema Joris	86	08-021	6:25.91	25m	28-2-99	Zaandam (NED)	166
116.	Borst Corné	96	08-021	6:25.93	25m	12-9-10	Zaandam (NED)	166
117.	Yayli Serkan	92	08-021	6:28.92	25m	1-12-02	Heemskerk	162
118.	de Groot Peter	80	08-021	6:29.50	25m	17-5-95		161
119.	de Vriend Ruben	03	08-021	6:30.91	25m	20-10-13	Zaandam (NED)	160
120.	Frederiks Stan	09	08-021	6:31.51	25m	1-10-23	Den Helder (NED)	159
121.	de Caluwé Thijs	82	08-021	6:32.90	25m	18-5-95	Heemskerk (NED)	157
122.	Ramaakers Raymond	91	08-021	6:36.87	25m	29-4-04	Heemskerk (NED)	152
123.	Rasch Wilco	68	08-021	6:38.60	25m	14-3-81	Heemskerk (NED)	150
124.	Kooistra André	88	08-021	6:39.38	25m	23-1-00	Heemskerk (NED)	150

400 vrije slag (sinds 125)

125.	Boonacker Wietse	68	08-021	6:40.80	25m	14-3-81	Heemskerk (NED)	148
126.	Oortwijn Guido	78	08-021	6:42.70	25m	6-6-91	Heemskerk	146
127.	Kloppenburger Albert	82	08-021	6:43.80	25m	13-4-94		145
128.	Bleijendaal Lucas	83	08-021	6:50.30	25m	18-5-95	Heemskerk (NED)	138
129.	Zwaan Nick	94	08-021	6:53.38	25m	7-3-04	Zaandam	135
130.	Steijn Daan	11	08-021	6:53.40	25m	10-12-23	Alkmaar (NED)	135
131.	Jacobs Patrick	87	08-021	7:00.11	25m	31-5-01	Heemskerk (NED)	128
132.	Woudsma Maarten	01	08-021	7:00.99	25m	19-10-14	Zaandam (NED)	128
133.	van Sleen Robin	90	08-021	7:01.38	25m	12-6-03	Heemskerk	127
134.	van Baal Elvin	86	08-021	7:06.78	25m	31-5-01	Heemskerk (NED)	123
135.	Groot Sander	88	08-021	7:08.64	25m	23-1-00	Heemskerk (NED)	121
136.	Litjens Olaf	99	08-021	7:09.90	25m	17-4-11	Zaandam (NED)	120
137.	Tholen Martijn	72	08-021	7:13.00	25m	10-1-82	Wormerveer (NED)	117
138.	Welboren Mark	87	08-021	7:18.70	25m	22-2-98	Zaandam (NED)	113
139.	Teufer Lorentz	96	08-021	7:37.83	25m	3-12-06	Zaandam (NED)	99
140.	de Rooij Coen	89	08-021	7:38.60	25m	23-1-00	Heemskerk (NED)	99
141.	Apeldoorn Alex	89	08-021	7:49.36	25m	21-1-01	Heemskerk (NED)	92
142.	Heeremans Tim	78	08-021	7:51.70	25m	6-10-88	Heemskerk (NED)	91
143.	Buur Michael	87	08-021	8:02.60	25m	22-2-98	Zaandam (NED)	85
144.	Glorie Jan	57	08-021	8:39.76	25m	16-5-10	grootebroek (NED)	68

500 vrije slag

1.	Dekker Ruben	93	08-021	6:31.30	OW	2-7-05	Sluis (NED)	
2.	van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)	
3.	Druyven Jorrick	94	08-021	7:18.60	OW	22-7-06	Anna-Paulowna (NED)	
4.	Tijms Stefan	93	08-021	7:21.85	OW	10-7-10	Wijk en Aalburg (NED)	
5.	Koopman Axel	92	08-021	8:32.35	OW	29-6-03	Breukelen (NED)	
6.	Vlieland Roy	99	08-021	8:37.92	OW	19-6-11	Spaarnwoude (NED)	
7.	Butter Stijn	11	08-021	8:54.71	OW	15-7-23	Amstelveen (NED)	
8.	Nijland Yorán	05	08-021	9:02.02	OW	23-7-16	Amstelveen (NED)	
9.	Kleijne Barry	93	08-021	9:04.12	OW	18-8-02	Eersel (NED)	
10.	Groen Jarno	01	08-021	9:12.72	OW	17-6-12	Spaarnwoude (NED)	
11.	Woudsma Stefan	00	08-021	9:24.08	OW	22-7-12	Amsterdam (NED)	
12.	Wassenaar Joris	01	08-021	9:54.50	OW	17-6-12	Spaarnwoude (NED)	
13.	de Rooij Coen	89	08-021	10:28.09	OW	23-7-00	Amsterdam (NED)	
14.	van Dijk Mitchell	99	08-021	10:32.60	OW	25-7-10	Langedijk (NED)	
15.	Steijn Daan	11	08-021	11:12.42	OW	15-7-23	Amstelveen (NED)	
16.	Huis in 't Veld Lorenzo	03	08-021	11:23.07	OW	18-7-15	Amstelveen (NED)	
17.	Butter Jurre	12	08-021	16:38.72	OW	21-7-24	Amsterdam (NED)	

800 vrije slag

1.	Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2.	Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
3.	Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
4.	Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
5.	Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
6.	Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
7.	Druyven Jorrick	94	08-021	9:40.09	25m	30-3-08	Zaandam (NED)	446
8.	Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
9.	Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
10.	Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423

800 vrije slag (sinds 11)

11.	Dekker Matthijs	90	08-021	10:02.56	25m	17-10-04	Zaandam (NED)	398
12.	Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
13.	van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
14.	Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
15.	Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
16.	Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
17.	Steenbergen Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356
18.	de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
19.	Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
20.	van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
21.	Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
22.	Gaal Roel	01	08-021	10:40.87	25m	18-10-15	Zaandam (NED)	331
23.	Oortwijn Kalle	05	08-021	10:41.38	25m	23-10-22	Hoofddorp (NED)	330
24.	Essers Tim	88	08-021	10:44.91	25m	10-2-02	Zaandam	325
25.	Switser René	75	08-021	10:48.20	25m	28-12-89	Heemskerk (NED)	320
26.	de Boer Stephan	83	08-021	10:49.00	25m	22-2-98	Zaandam (NED)	318
27.	Hoening Jarl	86	08-021	10:51.78	25m	16-9-01	Zaandam (NED)	314
28.	Oortwijn Maarten	80	08-021	10:52.30	25m	16-2-97	Volendam (NED)	314
29.	Hermans Luuk	85	08-021	10:52.70	25m	5-11-00	Zaandam (NED)	313
30.	Woudsma Stefan	00	08-021	10:53.68	25m	19-10-14	Zaandam (NED)	312
31.	Dekker Rudie	78	08-021	10:55.70	25m	14-4-94	Heemskerk	309
32.	Groen Jarno	01	08-021	11:00.16	25m	19-10-14	Zaandam (NED)	303
33.	Beentjes Bastiaan	78	08-021	11:03.96	25m	23-1-00	Heemskerk (NED)	297
34.	de Ruijter Richard	88	08-021	11:04.11	25m	16-11-03	Heemskerk (NED)	297
35.	Gaal Koen	99	08-021	11:12.14	25m	8-2-15	Zaandam (NED)	287
36.	Kemmeren Ferry	91	08-021	11:12.22	25m	14-10-07	Zaandam (NED)	287
37.	Krijger Jan-Willem	81	08-021	11:16.00	25m	16-2-97	Volendam (NED)	282
38.	Kramer Vincent	82	08-021	11:19.90	25m	23-2-97	Zaandam (NED)	277
39.	Andeweg Celedonio	76	08-021	11:20.60	25m	20-4-91		276
40.	Schaap Paul	75	08-021	11:23.90	25m	16-3-90		272
41.	Zwaan Bas	76	08-021	11:25.40	25m	21-4-91	Heemstede (NED)	270
42.	Butter Joris	86	08-021	11:27.30	25m	8-9-02	Heemskerk	268
43.	de Boer Daniël	77	08-021	11:27.50	25m	14-4-94	Heemskerk	268
44.	Hulshof Patrick	75	08-021	11:31.80	25m	6-6-91	Heemskerk	263
45.	Nolte Martijn	74	08-021	11:32.00	25m	31-12-86		263
46.	Lamers Koen	91	08-021	11:40.62	25m	13-11-05	Zaandam (NED)	253
47.	van Rookhuizen Barry	82	08-021	11:41.10	25m	23-2-97	Zaandam (NED)	252
48.	Palmboom Pascal	89	08-021	11:44.06	25m	17-10-04	Zaandam (NED)	249
49.	Hoening Sten	84	08-021	11:45.64	25m	24-10-99	Zaandam (NED)	248
50.	Kuijper Alex	08	08-021	11:46.59	25m	15-10-23	Alkmaar (NED)	247
51.	de Boer Tobias	02	08-021	11:53.95	25m	18-10-15	Zaandam (NED)	239
52.	Vlieland Roy	99	08-021	12:03.71	25m	21-10-12	Zaandam (NED)	230
53.	de Weert Sander	72	08-021	12:13.81	25m	21-1-11	Heerenveen (NED)	220
54.	Martijn Onno	91	08-021	12:15.47	25m	23-10-05	Zaandam (NED)	219
55.	de Wit Matthew	97	08-021	12:17.28	25m	18-10-15	Zaandam (NED)	217
56.	Tijms Eric	64	08-021	12:20.34	25m	23-1-15	Heerenveen (NED)	214
57.	de Vries Allard	96	08-021	12:25.30	25m	12-9-10	Zaandam (NED)	210
58.	Prins Hilbert	51	08-021	12:33.79	25m	10-2-13	Zaandam (NED)	203
59.	Doodeman Niels	89	08-021	12:34.42	25m	11-2-01	Zaandam (NED)	203
60.	Vink Jan Jaap	59	08-021	12:39.31	25m	21-10-12	Zaandam (NED)	199
61.	Butter Stijn	11	08-021	12:41.79	25m	15-10-23	Alkmaar (NED)	197
62.	Schillemans Bram	99	08-021	12:44.07	25m	8-2-15	Zaandam (NED)	195
63.	Borst Corné	96	08-021	12:56.75	25m	12-9-10	Zaandam (NED)	186

800 vrije slag (sinds 64)

64.	Koopman Axel	92	08-021	12:58.27	25m	16-2-03	Zaandam	184
65.	Crok Dirk	58	08-021	12:58.61	25m	10-2-13	Zaandam (NED)	184
66.	Tuinstra Sean	98	08-021	13:01.98	25m	19-12-10	Zaandam (NED)	182
67.	de Ruijter René	86	08-021	13:02.25	25m	23-1-00	Heemskerk (NED)	182
68.	Yayli Serkan	92	08-021	13:04.88	25m	16-2-03	Zaandam	180
69.	de Rooij Roel	87	08-021	13:05.15	25m	28-2-99	Zaandam (NED)	180
70.	Nijland Yoran	05	08-021	13:12.25	25m	7-2-16	Zaandam (NED)	175
71.	Wiegman Stefan	74	08-021	13:20.20	25m	22-9-85		170
72.	de Caluwé Niels	91	08-021	13:58.04	25m	16-11-03	Heemskerk (NED)	148
73.	Kooistra André	88	08-021	14:13.46	25m	5-3-00	Zaandam (NED)	140
74.	Woudsma Maarten	01	08-021	14:23.60	25m	19-10-14	Zaandam (NED)	135
75.	Teufer Lorentz	96	08-021	14:41.19	25m	28-1-07	Zaandam (NED)	127

1000 vrije slag

1.	Butter Martijn	79	08-021	11:58.63	OW	11-6-05	Gorinchem (NED)	
2.	Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)	
3.	Oudendijk Paul	81	08-021	12:32.86	OW	5-9-09	Wilhelminadorp (NED)	
4.	Crok Pieter	91	08-021	13:05.27	OW	24-6-07	Breukelen (NED)	
5.	van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)	
6.	Dekker Matthijs	90	08-021	13:14.39	OW	27-6-04	Breukelen (NED)	
7.	Tijms Stefan	93	08-021	13:22.88	OW	2-7-11	Appeltern (NED)	
8.	van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)	
9.	Kleijne Barry	93	08-021	13:41.09	OW	25-7-10	Langedijk (NED)	
10.	Druyven Jorrick	94	08-021	13:53.65	OW	24-6-07	Breukelen (NED)	
11.	Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)	
12.	Dekker Ruben	93	08-021	14:08.48	OW	21-8-05	Eersel (NED)	
13.	Jongert Sjoerd	01	08-021	14:26.70	OW	2-9-17	Wilhelminadorp (NED)	
14.	de Jonge Marco	66	08-021	14:30.14	OW	5-9-15	Wilhelminadorp (NED)	
15.	Plokker Robert	65	08-021	14:46.30	OW	14-6-81	Amstelveen (NED)	
16.	Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)	
17.	Offringa Rick	03	08-021	15:07.50	OW	29-7-17	Amstelveen (NED)	
18.	Stins Arnold	83	08-021	15:08.70	OW	12-7-98	Amsterdam (NED)	
19.	Kemmeren Ferry	91	08-021	15:11.06	OW	25-6-06	Breukelen (NED)	
20.	Meijer Arno	75	08-021	15:18.50	OW	13-8-00	Eersel (NED)	
21.	Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)	
22.	Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)	
23.	de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)	
24.	de Ruijter Richard	88	08-021	15:33.67	OW	23-6-02	Breukelen (NED)	
25.	Dekker Rudie	78	08-021	15:36.00	OW	12-7-94	Harderwijk (NED)	
26.	Schaaper Hans	68	08-021	15:38.50	OW	17-6-84	Amstelveen (NED)	
27.	Tijms Eric	64	08-021	15:46.38	OW	31-8-13	Wilhelminadorp (NED)	
28.	Wassenaar Marcel	69	08-021	15:48.34	OW	26-8-12	Oosterhout (NED)	
29.	Hagebout Marcel	68	08-021	15:54.60	OW	30-6-83	Amstelveen (NED)	
30.	Goverde Ad	59	08-021	16:00.40	OW	14-6-81	Amstelveen (NED)	
31.	Wolf Gert Jan	65	08-021	16:03.00	OW	30-6-83	Amstelveen (NED)	
32.	Beentjes Bastiaan	78	08-021	16:05.38	OW	13-8-00	Eersel (NED)	
33.	Kramer Vincent	82	08-021	16:05.90	OW	10-8-96	Amsterdam (NED)	
34.	Krijger Jan-Willem	81	08-021	16:37.00	OW	2-7-95	Veghel (NED)	
35.	Crok Dirk	58	08-021	16:40.59	OW	20-7-13	Anna-Paulowna (NED)	
36.	Butter Stijn	11	08-021	16:49.68	OW	16-6-24	Leiden (NED)	
37.	Windmuller Ton	62	08-021	16:59.50	OW	14-6-81	Amstelveen (NED)	
38.	Vlieland Roy	99	08-021	17:17.98	OW	28-7-12	Anna-Paulowna (NED)	

1000 vrije slag (sinds 39)

39. Blaauw Eric	67	08-021	17:24.00	OW	17-6-12	Spaarnwoude (NED)
40. Prins Hilbert	51	08-021	17:32.55	OW	23-7-16	Amstelveen (NED)
41. de Boer Daniël	77	08-021	17:45.60	OW	12-7-94	Harderwijk (NED)
42. Vink Jan Jaap	59	08-021	17:47.18	OW	23-7-16	Amstelveen (NED)
43. Dekker Andre	56	08-021	18:19.16	OW	3-9-05	Wilhelminadorp (NED)
44. Glorie Jan	57	08-021	19:32.95	OW	17-7-10	Middelburg (NED)
45. Vink Gé	60	08-021	20:01.43	OW	26-7-14	Anna-Paulowna (NED)
46. Zwaan Bas	76	08-021	22:33.70	OW	4-9-94	Amsterdam (NED)

1250 vrije slag

1. Tijms Stefan	93	08-021	15:32.19	OW	19-8-11	Leiden (NED)
2. Jongert Sjoerd	01	08-021	17:45.10	OW	10-9-17	Hoom (NED)
3. Butter Martijn	79	08-021	17:51.97	OW	19-6-22	Hoom (NED)
4. van der Gracht Jory	87	08-021	18:57.13	OW	21-7-18	Hoom (NED)
5. de Jonge Marco	66	08-021	22:18.56	OW	21-7-18	Hoom (NED)
6. Tijms Eric	64	08-021	22:22.25	OW	28-7-19	Hoom (NED)

1500 vrije slag

1. Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2. Druyven Jorrick	94	08-021	18:07.48	25m	30-3-08	Zaandam (NED)	474
3. Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
4. Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
6. Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
7. Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
8. Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
9. Dekker Matthijs	90	08-021	19:08.18	25m	14-11-04	Heemskerk (NED)	402
10. Offringa Rick	03	08-021	19:12.98	50m	19-2-23	Alkmaar (NED)	431
11. Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
12. van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
13. Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
14. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
14. Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
16. Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
17. van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
18. Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
19. de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
20. Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
21. Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
22. Essers Tim	88	08-021	20:11.97	25m	1-12-02	Heemskerk	342
23. de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336
24. Steenberg Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
25. Hoenink Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310
26. Gaal Koen	99	08-021	20:59.91	25m	8-2-15	Zaandam (NED)	304
27. Beentjes Bastiaan	78	08-021	21:02.46	25m	23-1-00	Heemskerk (NED)	303
28. Woudsma Stefan	00	08-021	21:07.25	25m	22-2-15	Zaandam (NED)	299
29. Korzelius Ron	65	08-021	21:28.80	25m	10-1-82	Wormerveer (NED)	284
30. Hermans Luuk	85	08-021	21:30.55	25m	21-1-01	Heemskerk (NED)	283
31. Dekker Rudie	78	08-021	21:32.80	25m	30-6-94	Heemskerk	282
32. Butter Joris	86	08-021	21:49.43	25m	16-11-03	Heemskerk (NED)	271
33. Andeweg Celedonio	76	08-021	21:56.50	25m	27-1-91	Volendam (NED)	267

1500 vrije slag (sinds 34)

34.	Lamers Koen	91	08-021	21:56.93	25m	13-11-05	Zaandam (NED)	267
35.	Kramer Vincent	82	08-021	22:01.48	25m	11-2-01	Zaandam (NED)	264
36.	Kemmeren Ferry	91	08-021	22:07.46	25m	13-11-05	Zaandam (NED)	260
37.	Groen Jarno	01	08-021	22:09.67	25m	22-2-15	Zaandam (NED)	259
38.	Switser René	75	08-021	22:31.50	25m	8-4-90	Volendam (NED)	247
39.	Kuijper Alex	08	08-021	22:57.42	25m	3-12-23	Alkmaar (NED)	233
40.	de Boer Tobias	02	08-021	23:08.88	25m	22-2-15	Zaandam (NED)	227
41.	Jongert Sjoerd	01	08-021	23:18.60	OW	17-7-16	Amsterdam (NED)	
42.	Schaap Paul	75	08-021	23:28.80	25m	17-3-90	Heerhugowaard (NED)	218
43.	Butter Stijn	11	08-021	23:30.76	50m	26-5-24	Amsterdam (NED)	235
44.	Tijms Eric	64	08-021	23:32.56	25m	21-1-16	Papendrecht (NED)	216
45.	de Weert Sander	72	08-021	23:37.48	25m	19-12-10	Zaandam (NED)	214
46.	Hulshof Patrick	75	08-021	23:48.20	25m	17-3-90	Heerhugowaard (NED)	209
47.	Prins Hilbert	51	08-021	23:51.77	25m	10-2-13	Zaandam (NED)	207
48.	Schillemans Bram	99	08-021	24:00.91	25m	8-2-15	Zaandam (NED)	203
49.	Breton Wouter	89	08-021	24:02.84	OW	25-7-09	Anna Paulowna (NED)	
50.	de Vries Allard	96	08-021	24:23.27	25m	13-2-11	Zaandam (NED)	194
51.	Vlieland Roy	99	08-021	24:29.62	25m	24-2-13	Zaandam (NED)	192
52.	Tuinstra Sean	98	08-021	24:36.50	25m	19-12-10	Zaandam (NED)	189
53.	Crok Dirk	58	08-021	24:39.30	25m	10-2-13	Zaandam (NED)	188
54.	Wassenaar Marcel	69	08-021	25:22.65	OW	22-7-12	Amsterdam (NED)	
55.	Doodeman Niels	89	08-021	25:33.93	25m	10-2-02	Zaandam	168
56.	de Ruijter René	86	08-021	26:10.30	25m	5-3-00	Zaandam (NED)	157
57.	de Jonge Marco	66	08-021	26:27.66	OW	17-7-16	Amsterdam (NED)	
58.	Vink Jan Jaap	59	08-021	28:29.30	OW	17-7-16	Amsterdam (NED)	
59.	Glorie Jan	57	08-021	39:46.96	OW	22-7-12	Amsterdam (NED)	

2000 vrije slag

1.	Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2.	Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
3.	Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
4.	Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
5.	Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
6.	Oudendijk Paul	81	08-021	25:11.78	25m	29-1-06	Zaandam (NED)	418
7.	Dekker Matthijs	90	08-021	25:59.36	OW	10-7-05	Beusichem-Culemborg (NED)	
8.	Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
9.	Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
10.	van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
11.	Hogenstijn Peter	84	08-021	26:22.85	OW	23-6-02	Breukelen (NED)	
12.	Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
13.	Tijms Stefan	93	08-021	27:15.27	OW	3-7-11	Bodegraven (NED)	
14.	Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
15.	Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
16.	Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
17.	Hoening Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
18.	Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
19.	Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
20.	Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287
21.	van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)	
22.	de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
23.	Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)	
24.	de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)	

2000 vrije slag (sinds 25)

25.	Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259
26.	Offringa Rick	03	08-021	29:38.25	OW	17-7-22	Amsterdam (NED)	
27.	Butter Stijn	11	08-021	29:56.76	OW	14-7-24	Beusichem-Culemborg (NED)	
28.	Jongert Sjoerd	01	08-021	30:05.20	OW	1-9-18	Wilhelminadorp (NED)	
29.	Krijger Jan-Willem	81	08-021	30:48.40	OW	12-7-98	Amsterdam (NED)	
30.	Wassenaar Marcel	69	08-021	31:21.39	OW	4-9-10	Wilhelminadorp (NED)	
31.	Hoening Sten	84	08-021	32:11.05	25m	5-3-00	Zaandam (NED)	200
32.	Tijms Eric	64	08-021	32:18.57	OW	1-9-12	Wilhelminadorp (NED)	
33.	de Vries Allard	96	08-021	32:32.01	25m	13-2-11	Zaandam (NED)	194
34.	Dekker Rudie	78	08-021	32:56.70	OW	16-7-95	Amsterdam (NED)	
35.	de Jonge Marco	66	08-021	36:21.72	OW	21-8-16	Hoom (NED)	
36.	Blaauw Eric	67	08-021	36:58.45	OW	17-6-12	Spaarnwoude (NED)	
37.	Leegwater Martijn	83	08-021	37:01.29	OW	18-7-15	Amstelveen (NED)	
38.	Crok Dirk	58	08-021	38:31.55	OW	3-8-13	Hoom (NED)	
39.	Dekker Andre	56	08-021	38:58.08	OW	4-9-05	Vlissingen (NED)	
40.	Mulder Joost	82	08-021	39:37.48	OW	18-7-15	Amstelveen (NED)	
41.	de Goed Remco	82	08-021	41:16.31	OW	18-7-15	Amstelveen (NED)	
42.	Glorie Jan	57	08-021	48:13.31	OW	6-9-09	Vlissingen (NED)	
43.	van Dam Erik	79	08-021	49:11.14	OW	18-7-15	Amstelveen (NED)	

2500 vrije slag

1.	Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)	
2.	Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)	
3.	Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)	
4.	Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)	
5.	Kleijne Barry	93	08-021	35:16.17	OW	25-7-10	Langedijk (NED)	
6.	van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)	
7.	van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)	
8.	Jongert Sjoerd	01	08-021	37:05.15	OW	3-9-17	Vlissingen (NED)	
9.	Tijms Stefan	93	08-021	37:30.04	OW	24-7-11	Langedijk (NED)	
10.	Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)	
11.	Tijms Eric	64	08-021	44:29.24	OW	27-7-14	Medemblik (NED)	
12.	Butter Stijn	11	08-021	45:01.03	OW	6-7-24	Hoek (NED)	
13.	de Weert Sander	72	08-021	45:38.00	OW	24-8-13	Oirschot (NED)	
14.	Crok Dirk	58	08-021	46:56.10	OW	27-7-14	Medemblik (NED)	
15.	Glorie Jan	57	08-021	1:05:05.95	OW	27-6-10	Sluis (NED)	

3000 vrije slag

1.	Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
2.	Glorie Daan	88	08-021	39:22.10	OW	15-7-06	Wijk en Aalburg (NED)	
3.	Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)	
4.	Stins Arnold	83	08-021	40:01.29	OW	1-7-01	Sluis (NED)	
5.	Dekker Matthijs	90	08-021	41:18.47	OW	16-7-04	Tilburg (NED)	
6.	van der Gracht Jory	87	08-021	41:22.95	OW	7-9-13	Eindhoven (NED)	
7.	Tijms Eric	64	08-021	42:05.80	OW	17-6-12	Riccione (ITA)	
8.	Tijms Stefan	93	08-021	42:30.80	OW	8-9-18	Bled (SLO)	
9.	de Weert Sander	72	08-021	42:46.50	OW	16-6-12	Riccione (ITA)	
10.	de Jonge Marco	66	08-021	43:59.30	OW	7-9-13	Eindhoven (NED)	
11.	Kleijne Barry	93	08-021	44:07.60	OW	24-7-10	Anna-Paulowna (NED)	
12.	de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)	
13.	van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)	

3000 vrije slag (sinds 14)

14. Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)
15. Jongert Sjoerd	01	08-021	46:58.95	OW	7-7-18	Vianen (NED)
16. Kramer Vincent	82	08-021	48:57.90	OW	27-8-00	Oosterhout (NED)
17. Crok Dirk	58	08-021	50:46.90	OW	7-9-13	Eindhoven (NED)
18. Wassenaar Marcel	69	08-021	52:01.70	OW	24-7-10	Anna-Paulowna (NED)
19. Prins Hilbert	51	08-021	52:37.20	OW	7-9-13	Eindhoven (NED)
20. Vink Jan Jaap	59	08-021	53:40.10	OW	7-9-13	Eindhoven (NED)
21. van der Gracht Adrie	57	08-021	58:49.30	OW	17-6-12	Riccione (ITA)
22. Oudendijk Hans	54	08-021	1:04:50.05	OW	7-9-13	Eindhoven (NED)
23. Glorie Jan	57	08-021	1:13:57.90	OW	7-8-10	Goteborg (SWE)

4000 vrije slag

1. Butter Martijn	79	08-021	57:43.84	OW	15-7-23	Amstelveen (NED)
2. van der Gracht Jory	87	08-021	1:01:07.01	OW	4-8-13	Amstelveen (NED)
3. Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)
4. Tijms Eric	64	08-021	1:11:51.90	OW	18-7-15	Amstelveen (NED)

5000 vrije slag

1. Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2. Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)
3. Stins Arnold	83	08-021	1:08:48.37	OW	7-7-01	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)
5. Kleijne Barry	93	08-021	1:11:56.36	OW	6-9-09	Vlissingen (NED)
6. van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)
7. van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)
8. Tijms Stefan	93	08-021	1:13:19.95	OW	3-7-11	Bodegraven (NED)
9. de Jonge Marco	66	08-021	1:19:25.95	OW	7-9-14	Vlissingen (NED)
10. Wassenaar Marcel	69	08-021	1:23:54.87	OW	4-7-10	Bodegraven (NED)
11. de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)
12. Tijms Eric	64	08-021	1:31:03.05	OW	26-8-12	Oosterhout (NED)
13. Crok Dirk	58	08-021	1:33:49.64	OW	25-8-13	Oosterhout (NED)
14. van der Gracht Adrie	57	08-021	2:07:22.45	OW	4-7-10	Bodegraven (NED)
15. Glorie Jan	57	08-021	2:07:42.23	OW	4-7-10	Bodegraven (NED)

6000 vrije slag

1. Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)
2. Butter Martijn	79	08-021	1:01:09.04	OW	14-7-24	Beusichem-Culemborg (NED)
3. Wassenaar Marcel	69	08-021	1:14:12.72	OW	8-7-12	Beusichem-Culemborg (NED)
4. Tijms Eric	64	08-021	1:17:08.68	OW	10-7-16	Beusichem-Culemborg (NED)
5. Crok Dirk	58	08-021	1:24:18.16	OW	8-7-12	Beusichem-Culemborg (NED)
6. van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)
7. Tijms Stefan	93	08-021	1:38:10.59	OW	8-7-18	Beusichem-Culemborg (NED)

6500 vrije slag

1. de Jonge Marco	66	08-021	1:59:53.25	OW	28-8-16	Oosterhout (NED)
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10000 vrije slag

1. Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)
2. Butter Martijn	79	08-021	2:24:59.78	OW	13-6-09	Vriezenveen (NED)
3. Tijms Stefan	93	08-021	2:44:08.00	OW	18-6-11	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	2:50:22.37	50m	28-4-09	Zwaag (NED)
5. de Jonge Marco	66	08-021	2:50:56.97	OW	14-6-14	Vriezenveen (NED)

20000 vrije slag

1. Glorie Daan	88	08-021	4:54:12.95	50m	24-12-06	Amsterdam (NED)
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22000 vrije slag

1. Glorie Daan	88	08-021	5:10:46.39	OW	12-8-06	Stavoren-Medemblik (NED)
2. Butter Martijn	79	08-021	5:49:07.32	OW	8-8-09	Stavoren-Medemblik (NED)
3. Oudendijk Paul	81	08-021	6:48:30.12	OW	8-8-09	Stavoren-Medemblik (NED)

25 rugslag

1. Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2. Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
3. Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
4. Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
5. Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5. Oudendijk Paul	81	08-021	14.60	25m	29-5-08	Heemskerk (NED)	357
7. Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
8. Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	343
9. Oortwijn Kalle	05	08-021	14.81	25m	7-7-22	Heemskerk (NED)	342
10. Druyven Jorrick	94	08-021	14.87	25m	29-5-08	Heemskerk (NED)	338
10. Jongert Jeroen	96	08-021	14.87	25m	7-7-22	Heemskerk (NED)	338
12. Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
12. Camphuijnder Wilko	69	08-021	14.90	25m	15-1-98	Heemskerk (NED)	336
14. Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
15. Butter Martijn	79	08-021	15.00	25m	19-4-07	Heemskerk (NED)	329
16. Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
17. Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
17. Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
19. Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
20. Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
21. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
21. Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292
23. Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
24. Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
25. Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287
26. van der Kroft Barry	82	08-021	15.72	25m	22-2-01	Heemskerk (NED)	286
26. de Ruijter Richard	88	08-021	15.72	25m	27-4-06	Heemskerk	286
28. Camphuijnder Jasper	05	08-021	15.74	25m	7-7-22	Heemskerk (NED)	285
29. Schaaper Bart	73	08-021	15.80	25m	17-12-87	Heemskerk (NED)	281
29. Bal Chester	78	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
31. de Vijlder Michael	75	08-021	15.90	25m	13-2-97	Heemskerk (NED)	276
31. de Boer Stephan	83	08-021	15.90	25m	25-3-99	Heemskerk (NED)	276
33. van der Bunt Raymond	73	08-021	16.00	25m	16-5-91	Heemskerk (NED)	271
34. van der Gracht Jory	87	08-021	16.05	25m	19-4-07	Heemskerk (NED)	268
35. de Caluwé Niels	91	08-021	16.15	25m	19-4-07	Heemskerk (NED)	263

25 rugslag (sinds 36)

36.	Dekker Rudie	78	08-021	16.20	25m	15-1-98	Heemskerk (NED)	261
37.	Hoening Jarl	86	08-021	16.28	25m	22-2-01	Heemskerk (NED)	257
37.	Kemmeren Ferry	91	08-021	16.28	25m	19-4-07	Heemskerk (NED)	257
39.	Bok Reitze	73	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
39.	Wassenaar Marcel	69	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
39.	de Ruijter René	86	08-021	16.40	25m	17-2-00	Heemskerk (NED)	252
42.	van Rookhuizen Barry	82	08-021	16.44	25m	22-2-01	Heemskerk (NED)	250
43.	de Wit Stephen	93	08-021	16.50	25m	29-5-08	Heemskerk (NED)	247
44.	Lamers Koen	91	08-021	16.55	25m	19-4-07	Heemskerk (NED)	245
45.	Palmboom Pascal	89	08-021	16.60	25m	27-4-06	Heemskerk	243
46.	Kuijper Alex	08	08-021	16.66	25m	7-7-22	Heemskerk (NED)	240
47.	Goverde Jeroen	73	08-021	16.70	25m	12-1-89	Heemskerk (NED)	238
47.	Zwaan Bas	76	08-021	16.70	25m	16-5-91	Heemskerk (NED)	238
47.	de Boer Daniël	77	08-021	16.70	25m	16-3-95	Heemskerk (NED)	238
50.	Butter Joris	86	08-021	16.75	25m	22-2-01	Heemskerk (NED)	236
51.	Hulshof Patrick	75	08-021	16.80	25m	16-5-91	Heemskerk (NED)	234
51.	Stam Daniël	79	08-021	16.80	25m	13-2-97	Heemskerk (NED)	234
51.	Krijger Jan-Willem	81	08-021	16.80	25m	15-1-98	Heemskerk (NED)	234
54.	Kleijne Barry	93	08-021	16.86	25m	19-4-07	Heemskerk (NED)	232
55.	Ayari Adam	08	08-021	17.02	25m	7-7-22	Heemskerk (NED)	225
56.	Martijn Onno	91	08-021	17.09	25m	29-5-08	Heemskerk (NED)	222
57.	Schaap Paul	75	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
57.	Wassenaar Edwin	72	08-021	17.10	25m	12-1-89	Heemskerk (NED)	222
59.	van de Laar Viktor	05	08-021	17.14	25m	7-7-22	Heemskerk (NED)	220
60.	de Groot Peter	80	08-021	17.20	25m	8-2-96	Heemskerk (NED)	218
60.	Zonneveld Jeroen	78	08-021	17.20	25m	13-2-97	Heemskerk (NED)	218
62.	van Velsen Gerard	54	08-021	17.30	25m	22-3-88	Heemskerk (NED)	214
62.	Oortwijn Guido	78	08-021	17.30	25m	16-5-91	Heemskerk (NED)	214
64.	Beentjes Bastiaan	78	08-021	17.38	25m	17-2-00	Heemskerk (NED)	211
65.	Tijms Stefan	93	08-021	17.45	25m	29-5-08	Heemskerk (NED)	209
66.	Huveneers Fabian	73	08-021	17.50	25m	22-3-88	Heemskerk (NED)	207
66.	Andeweg Celedonio	76	08-021	17.50	25m	31-12-89	Heemskerk (NED)	207
68.	Kerdijk Dennis	79	08-021	17.70	25m	8-2-96	Heemskerk (NED)	200
69.	Koopman Axel	92	08-021	17.72	25m	27-4-06	Heemskerk	199
70.	Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	193
71.	Hoening Sten	84	08-021	18.01	25m	25-3-99	Heemskerk (NED)	190
72.	Thijssen Dave	82	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187
73.	Doodeman Niels	89	08-021	18.13	25m	22-2-01	Heemskerk (NED)	186
74.	Schelvis Sjeng	89	08-021	18.14	25m	22-2-01	Heemskerk (NED)	186
75.	Groot Sander	88	08-021	18.41	25m	17-2-00	Heemskerk (NED)	178
76.	de Weert Sander	72	08-021	18.56	25m	13-5-12	Grootebroek (NED)	173
77.	Dekker Ruben	93	08-021	18.64	25m	19-1-03	Zaandam	171
78.	Tijms Eric	64	08-021	18.92	25m	20-11-11	Almere-Stad (NED)	164
79.	Leegwater Martijn	83	08-021	18.93	25m	7-7-22	Heemskerk (NED)	163
80.	de Caluwe Johan	64	08-021	18.94	25m	19-4-07	Heemskerk (NED)	163
81.	Leegwater Liam	11	08-021	19.13	25m	7-7-22	Heemskerk (NED)	158
82.	Oortwijn Bouke	78	08-021	19.16	25m	7-7-22	Heemskerk (NED)	158
83.	Baltjes Timo	09	08-021	19.64	25m	7-7-22	Heemskerk (NED)	146
84.	de Vries Allard	96	08-021	19.80	25m	29-5-08	Heemskerk (NED)	143
85.	Arends Martin	81	08-021	20.00	25m	17-6-93	Heemskerk (NED)	138
86.	de Vries Dylan	93	08-021	20.06	25m	29-5-08	Heemskerk (NED)	137
87.	Sikkema Joris	86	08-021	20.15	25m	25-3-99	Heemskerk (NED)	135
88.	de Rooij Roel	87	08-021	20.16	25m	25-3-99	Heemskerk (NED)	135

25 rugslag (sinds 89)

89.	Jong Ron	77	08-021	20.20	25m	31-12-89	Heemskerk (NED)	134
89.	ten Cate Raymond	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
89.	de Caluwé Thijs	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
92.	Kaal Dennis	74	08-021	20.30	25m	12-1-89	Heemskerk (NED)	132
93.	Kooistra André	88	08-021	20.39	25m	17-2-00	Heemskerk (NED)	131
94.	van Lieshout Martin	76	08-021	20.50	25m	17-12-87	Heemskerk (NED)	129
94.	Josselet Bart	84	08-021	20.50	25m	5-3-98	Heemskerk (NED)	129
96.	Borst Corné	96	08-021	20.51	25m	29-5-08	Heemskerk (NED)	128
97.	Vink Gé	60	08-021	20.57	25m	19-4-07	Heemskerk (NED)	127
98.	Bleijendaal Lucas	83	08-021	20.60	25m	27-4-95	Heemskerk (NED)	127
99.	Snel Jeffrey	86	08-021	20.65	25m	17-2-00	Heemskerk (NED)	126
100.	Arends Peter	79	08-021	20.70	25m	17-6-93	Heemskerk (NED)	125
100.	Jacobs Patrick	87	08-021	20.70	25m	22-2-01	Heemskerk (NED)	125
102.	de Groot Pieter	83	08-021	20.80	25m	24-2-94	Heemskerk (NED)	123
102.	Buur Michael	87	08-021	20.80	25m	15-1-98	Heemskerk (NED)	123
104.	Besse Niels	72	08-021	20.90	25m	12-1-89	Heemskerk (NED)	121
104.	Zijlstra Jeroen	80	08-021	20.90	25m	7-2-96		121
106.	Yayli Serkan	92	08-021	20.95	25m	13-1-02	Zaandam	120
107.	de Graaf Peter	76	08-021	21.00	25m	22-3-88	Heemskerk (NED)	120
108.	Oudendijk Hans	54	08-021	21.22	25m	13-5-07	Grootebroek (NED)	116
109.	de Rooij Coen	89	08-021	21.31	25m	17-2-00	Heemskerk (NED)	114
110.	Cekic Deniz	97	08-021	21.38	25m	29-5-08	Heemskerk (NED)	113
111.	Heeremans Tim	78	08-021	21.40	25m	31-12-89	Heemskerk (NED)	113
112.	Welboren Mark	87	08-021	21.74	25m	25-3-99	Heemskerk (NED)	108
113.	de Wit Job	98	08-021	21.82	25m	29-5-08	Heemskerk (NED)	107
114.	Smit Arend	88	08-021	22.28	25m	17-2-00	Heemskerk (NED)	100
115.	Butter Stijn	11	08-021	22.35	25m	7-7-22	Heemskerk (NED)	99
116.	Welboren Mischa	89	08-021	22.61	25m	25-3-99	Heemskerk (NED)	96
117.	Crok Dirk	58	08-021	22.65	25m	29-5-08	Heemskerk (NED)	95
118.	Wassenaar Joris	01	08-021	22.67	25m	25-9-11	Hoom (NED)	95
119.	van Hardeveld Richard	69	08-021	22.80	25m	13-10-79	Heemskerk (NED)	93
120.	Tuinstra Sean	98	08-021	22.90	25m	19-4-07	Heemskerk (NED)	92
121.	van Lieshout Rick	78	08-021	23.00	25m	16-5-91	Heemskerk (NED)	91
122.	Verhagen Michel	82	08-021	23.20	25m	27-4-95	Heemskerk (NED)	89
123.	van Baal Elvin	86	08-021	23.25	25m	22-2-01	Heemskerk (NED)	88
124.	Huisman Rene	69	08-021	23.30	25m	13-10-79	Heemskerk (NED)	87
124.	van Rijn Michael	70	08-021	23.30	25m	10-2-80	Heerhugowaard (NED)	87
124.	Kloppenburger Albert	82	08-021	23.30	25m	16-2-94		87
127.	Verhagen Bart	85	08-021	23.40	25m	27-4-95	Heemskerk (NED)	86
128.	Zonneveld Alex	90	08-021	23.44	25m	22-2-01	Heemskerk (NED)	86
128.	van Tilburg Beau	07	08-021	23.44	25m	28-1-18	Purmerend (NED)	86
130.	Piek Roy	89	08-021	23.73	25m	22-2-01	Heemskerk (NED)	83
131.	Nijland Yorán	05	08-021	23.86	25m	13-4-14	Zaandam (NED)	81
132.	Veldhuis Christian	88	08-021	24.01	25m	22-2-01	Heemskerk (NED)	80
133.	van der Gracht Adrie	57	08-021	24.08	25m	26-5-13	Grootebroek (NED)	79
134.	van Els Thomas	82	08-021	24.20	25m	16-2-94		78
135.	Steenstra Martijn	72	08-021	24.30	25m	16-3-80	Heemskerk (NED)	77
136.	de Boer Tobias	02	08-021	24.41	25m	25-9-11	Hoom (NED)	76
137.	Ursem Rob	69	08-021	24.50	25m	13-10-79	Heemskerk (NED)	75
137.	Jong Gregory	80	08-021	24.50	25m	31-12-89	Heemskerk (NED)	75
139.	de Wildt Thijs	94	08-021	24.54	25m	29-5-08	Heemskerk (NED)	75
140.	Steijn Twan	13	08-021	24.66	25m	8-10-23	Zaandam (NED)	74
141.	van der Linden René	70	08-021	24.80	25m	13-10-79	Heemskerk (NED)	72

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142.	Grapendaal Aad	42	08-021	25.06	25m	18-11-12	Almere-Stad (NED)	70
143.	Apeldoorn Alex	89	08-021	25.31	25m	17-2-00	Heemskerk (NED)	68
144.	Lanser Werner	71	08-021	25.40	25m	10-2-80	Heerhugowaard (NED)	67
145.	de Vriend Ruben	03	08-021	25.52	25m	7-1-12	Hoom (NED)	66
146.	Groen Jarno	01	08-021	25.68	25m	26-9-10	Hoom (NED)	65
147.	van Duivenvoorde Bram	12	08-021	26.00	25m	30-3-23	Heemskerk (NED)	63
148.	Ursem Jerre	73	08-021	26.10	25m	13-12-81	Volendam (NED)	62
149.	de Wit Matthew	97	08-021	26.18	25m	28-9-08	Hoom (NED)	61
150.	Woudsma Stefan	00	08-021	26.23	25m	26-9-10	Hoom (NED)	61
151.	Verhagen Jeroen	84	08-021	26.30	25m	8-2-96	Heemskerk (NED)	61
151.	Mulder Mark	97	08-021	26.30	25m	27-4-06	Heemskerk	61
153.	Blaauw Xam	07	08-021	26.31	25m	2-3-14	Haarlem (NED)	61
154.	van Rijn Ian	05	08-021	26.44	25m	13-4-14	Zaandam (NED)	60
155.	Put Harry	70	08-021	26.60	25m	10-2-80	Heerhugowaard (NED)	59
156.	van Someren Bram	00	08-021	26.83	25m	28-9-08	Hoom (NED)	57
157.	Viel Stefan	88	08-021	27.00	25m	15-1-98	Heemskerk (NED)	56
158.	Gouweleeuw Raymond	88	08-021	27.32	25m	25-3-99	Heemskerk (NED)	54
159.	Martens Andre	70	08-021	27.40	25m	10-2-80	Heerhugowaard (NED)	54
160.	Glorie Jan	57	08-021	27.41	25m	25-5-08	Grootebroek (NED)	53
161.	van West Noud	14	08-021	27.57	25m	30-3-23	Heemskerk (NED)	53
162.	van der Berg Job	98	08-021	28.64	25m	29-5-08	Heemskerk (NED)	47
163.	Jansen Davy	15	08-021	29.19	25m	15-12-24	Amsterdam (NED)	44
164.	Smit Rob	69	08-021	29.40	25m	13-10-79	Heemskerk (NED)	43
165.	Steijn Daan	11	08-021	29.44	25m	7-7-22	Heemskerk (NED)	43
166.	Roostenberg Misja	72	08-021	30.00	25m	16-3-80	Heemskerk (NED)	41
167.	Oliveira Rocha Dean	14	08-021	31.16	25m	2-2-23	Heemskerk (NED)	36
168.	Ayari Mohammed	13	08-021	31.67	25m	15-5-22	Purmerend (NED)	35
169.	Woudsma Maarten	01	08-021	32.64	25m	25-9-11	Hoom (NED)	31
170.	van Leeuwen Elbert	73	08-021	33.50	25m	16-3-80	Heemskerk (NED)	29
171.	Roemeling Nicky	87	08-021	34.80	25m	8-2-96	Heemskerk (NED)	26
172.	Pettinga Rodney	85	08-021	38.50	25m	8-2-96	Heemskerk (NED)	19
173.	Ursem Maurice	72	08-021	48.30	25m	16-3-80	Heemskerk (NED)	9

50 rugslag

1.	Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2.	Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3.	Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
4.	Breton Wouter	89	08-021	29.10	50m	17-5-09	Alkmaar (NED)	563
5.	Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
6.	Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
7.	de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
8.	Oortwijn Kalle	05	08-021	30.23	25m	17-3-22	Heemskerk (NED)	397
9.	Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
10.	van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
11.	Camphuijnder Jasper	05	08-021	30.54	25m	27-10-24	Zaandam (NED)	385
12.	Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
13.	Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
14.	van der Linden René	70	08-021	30.90	25m	10-11-85		371
15.	Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
16.	Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
17.	Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)	361
18.	Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361

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19.	Druyven Jorrick	94	08-021	31.26	25m	10-2-08	Purmerend (NED)	359
20.	Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
21.	Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)	353
22.	Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
23.	Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
24.	Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344
25.	Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
26.	Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334
27.	Crok Pieter	91	08-021	32.05	25m	13-12-07	Heemskerk (NED)	333
28.	Hoening Jarl	86	08-021	32.12	25m	25-1-04	Zaandam	331
28.	van de Poll Kevin	86	08-021	32.12	25m	22-2-04	Zuidoostbeemster (NED)	331
30.	Kramer Vincent	82	08-021	32.25	25m	26-5-05	Heemskerk (NED)	327
31.	Kranenburg Fred	63	08-021	32.30	25m	7-11-81	Heemskerk (NED)	325
31.	Oortwijn Maarten	80	08-021	32.30	25m	10-4-97	Heemskerk (NED)	325
33.	van der Gracht Jory	87	08-021	32.31	25m	30-1-14	Heemskerk (NED)	325
34.	van Vegten Teun	01	08-021	32.45	25m	12-3-17	Purmerend (NED)	321
35.	Glorie Daan	88	08-021	32.57	25m	27-10-05	Heemskerk (NED)	317
36.	Kuilman Joris	80	08-021	32.58	25m	29-10-98	Heemskerk (NED)	317
37.	Keessen Jeroen	67	08-021	32.60	25m	10-1-91	Heemskerk (NED)	316
38.	Stins Arnold	83	08-021	32.67	25m	30-10-03	Heemskerk	314
39.	Groen Jarno	01	08-021	32.81	25m	24-1-19	Heemskerk (NED)	310
40.	Tamis Thijs	82	08-021	32.88	25m	25-1-01	Heemskerk (NED)	308
41.	Dekker Ruben	93	08-021	32.93	25m	27-10-05	Heemskerk (NED)	307
42.	van der Kroft Barry	82	08-021	32.95	25m	25-1-01	Heemskerk (NED)	306
43.	Kemmeren Ferry	91	08-021	32.99	25m	30-9-07	Volendam (NED)	305
44.	de Caluwé Niels	91	08-021	33.01	25m	18-3-07	Heemskerk (NED)	304
45.	Tijms Stefan	93	08-021	33.14	25m	12-4-18	Heemskerk (NED)	301
46.	de Vries Allard	96	08-021	33.16	25m	30-1-14	Heemskerk (NED)	300
47.	de Ruijter Richard	88	08-021	33.43	25m	28-12-03	Maastricht (NED)	293
48.	de Ruijter René	86	08-021	33.58	25m	29-11-01	Heemskerk	289
49.	Wiegman Stefan	74	08-021	33.60	25m	30-6-88	Heemskerk (NED)	289
50.	van Rookhuizen Barry	82	08-021	33.62	25m	31-10-02	Heemskerk	288
51.	Di Mattia Angelo	97	08-021	33.87	25m	8-1-15	Heemskerk (NED)	282
52.	Wolf Gert Jan	65	08-021	34.00	25m	7-11-81	Heemskerk (NED)	279
53.	Verbree John	61	08-021	34.10	25m	22-11-80	Heemskerk (NED)	276
53.	Bok Reitze	73	08-021	34.10	25m	10-1-91	Heemskerk (NED)	276
55.	de Boer Stephan	83	08-021	34.13	25m	29-10-98	Heemskerk (NED)	275
56.	Palmboom Pascal	89	08-021	34.23	25m	13-12-07	Heemskerk (NED)	273
57.	Woudsma Stefan	00	08-021	34.25	25m	2-2-17	Heemskerk (NED)	273
57.	Kuijper Alex	08	08-021	34.25	25m	27-10-24	Zaandam (NED)	273
59.	de Vijlder Michael	75	08-021	34.30	25m	7-11-96	Heemskerk (NED)	271
60.	Plokker Robert	65	08-021	34.40	25m	7-11-81	Heemskerk (NED)	269
61.	Blaauw Mica	05	08-021	34.52	25m	30-1-20	Heemskerk (NED)	266
62.	de Caluwe Perry	61	08-021	34.60	25m	13-10-79	Heemskerk (NED)	264
63.	Butter Joris	86	08-021	34.64	25m	30-10-03	Heemskerk	263
64.	Dekker Rudie	78	08-021	34.70	25m	17-2-94	Heemskerk	262
65.	van de Laar Viktor	05	08-021	34.84	25m	6-10-24	Den Helder (NED)	259
66.	Blaauw Eric	67	08-021	34.98	25m	24-1-15	Heerenveen (NED)	256
67.	Bal Chester	78	08-021	35.06	25m	6-12-98	Zaandam	254
68.	Windmuller Hans-Pieter	60	08-021	35.10	25m	14-9-76	Heemskerk (NED)	253
69.	Zonneveld Jeroen	78	08-021	35.20	25m	9-10-97	Heemskerk (NED)	251
70.	Schoonakker Mick	07	08-021	35.28	50m	13-5-23	Amsterdam (NED)	316
71.	Beentjes Bastiaan	78	08-021	35.40	25m	27-1-00	Heemskerk (NED)	247

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72.	van der Bunt Raymond	73	08-021	35.60	25m	27-9-90	Heemskerk (NED)	243
73.	van Duin Peter	65	08-021	35.70	25m	7-11-81	Heemskerk (NED)	241
74.	Schillemans Bram	99	08-021	35.71	25m	2-2-17	Heemskerk (NED)	240
75.	Schaaper Bart	73	08-021	36.00	25m	8-3-87	Zaandam (NED)	235
75.	Krijger Jan-Willem	81	08-021	36.00	25m	7-11-96	Heemskerk (NED)	235
77.	Ayari Adam	08	08-021	36.09	25m	17-3-22	Heemskerk (NED)	233
78.	de Boer Daniël	77	08-021	36.10	25m	12-5-93		233
79.	van Rijn Michael	70	08-021	36.30	25m	2-9-84	Heemskerk (NED)	229
79.	Zwaan Bas	76	08-021	36.30	25m	12-5-93		229
81.	Lamers Koen	91	08-021	36.39	25m	19-10-06	Heemskerk	227
82.	Vlieland Roy	99	08-021	36.40	25m	10-3-13	Schagen (NED)	227
83.	van de Sluis Nicolai	66	08-021	36.50	25m	7-11-81	Heemskerk (NED)	225
83.	Hulshof Patrick	75	08-021	36.50	25m	10-1-91	Heemskerk (NED)	225
85.	van der Heijden Hans	60	08-021	36.60	25m	14-9-76	Heemskerk (NED)	223
86.	Ursem Jerre	73	08-021	36.70	25m	15-12-88	Heemskerk (NED)	221
86.	Andeweg Celedonio	76	08-021	36.70	25m	10-1-91	Heemskerk (NED)	221
88.	van Heerwaarden Chiel	05	08-021	36.79	25m	30-1-20	Heemskerk (NED)	220
89.	Wassenaar Marcel	69	08-021	36.80	25m	15-12-88	Heemskerk (NED)	220
90.	Voom Max	05	08-021	36.87	25m	19-9-21	Zaandam (NED)	218
91.	Schaap Paul	75	08-021	36.90	25m	14-12-89	Heemskerk (NED)	218
92.	Hoening Sten	84	08-021	36.95	25m	7-6-03	Z.o. Beemster	217
93.	Stam Daniël	79	08-021	37.00	25m	10-4-97	Heemskerk (NED)	216
94.	Hagebout Marcel	68	08-021	37.20	25m	17-5-81	Castricum (NED)	213
95.	Martijn Onno	91	08-021	37.23	25m	11-12-05	IJmuiden (NED)	212
96.	Goverde Jeroen	73	08-021	37.30	25m	13-12-89		211
97.	Borst Corné	96	08-021	37.32	25m	9-2-12	Heemskerk (NED)	211
98.	Kock Albert	61	08-021	37.80	25m	14-9-76	Heemskerk (NED)	203
99.	de Boer Tobias	02	08-021	37.85	25m	18-2-16	Heemskerk (NED)	202
100.	van Hannen Erik	67	08-021	37.90	25m	7-11-81	Heemskerk (NED)	201
101.	Switser René	75	08-021	38.00	25m	1-3-90	Heemskerk (NED)	199
102.	Windmuller Ton	62	08-021	38.10	25m	14-9-76	Heemskerk (NED)	198
102.	Tuinstra Sean	98	08-021	38.10	25m	20-1-13	Heemskerk (NED)	198
104.	Duin Goos	00	08-021	38.23	25m	18-2-16	Heemskerk (NED)	196
105.	Korzelius Ron	65	08-021	38.30	25m	7-11-81	Heemskerk (NED)	195
105.	Zijlstra Jeroen	80	08-021	38.30	25m	7-11-96	Heemskerk (NED)	195
107.	Ijntema Tjeerd	99	08-021	38.32	25m	2-10-16	Purmerend (NED)	194
108.	Frederiks Stan	09	08-021	38.36	25m	12-11-23	Den Helder (NED)	194
109.	Dekker Erik	62	08-021	38.40	25m	23-10-77	Zandvoort (NED)	193
109.	Nolte Martijn	74	08-021	38.40	25m	31-12-87		193
111.	Overmeer Michel	60	08-021	38.50	25m	14-9-76	Heemskerk (NED)	192
112.	Koopman Axel	92	08-021	38.54	25m	28-12-05	Maastricht (NED)	191
113.	Kerdijk Dennis	79	08-021	38.60	25m	10-4-97	Heemskerk (NED)	190
114.	Doodeman Niels	89	08-021	38.88	25m	10-3-02	Heemskerk	186
114.	de Vries Dylan	93	08-021	38.88	25m	30-1-14	Heemskerk (NED)	186
116.	Oortwijn Bouke	78	08-021	39.04	25m	17-3-16	Heemskerk (NED)	184
117.	de Weert Sander	72	08-021	39.08	25m	22-3-12	Heemskerk (NED)	183
118.	de Groot Peter	80	08-021	39.10	25m	20-11-94	Wormerveer (NED)	183
119.	Kemmeren Andre	88	08-021	39.12	25m	28-10-04	Heemskerk (NED)	183
120.	Roosendaal Ben	66	08-021	39.20	25m	22-11-80	Heemskerk (NED)	182
121.	Woudsma Maarten	01	08-021	39.28	50m	3-12-16	Beverwijk (NED)	229
122.	Herwegh Dink	11	08-021	39.30	25m	27-10-24	Zaandam (NED)	180
123.	de Wildt Thijs	94	08-021	39.54	25m	14-3-10	Heemskerk (NED)	177
124.	Goverde Ad	59	08-021	39.60	25m	13-10-79	Heemskerk (NED)	176

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125.	Meyer Frank	60	08-021	39.70	25m	7-12-76	Heemskerk (NED)	175
126.	Meijer Viggo	06	08-021	39.74	25m	17-3-22	Heemskerk (NED)	174
127.	Butter Stijn	11	08-021	39.76	25m	27-10-24	Zaandam (NED)	174
128.	Wassenaar Edwin	72	08-021	39.90	25m	14-12-88		172
129.	Missot Paul	64	08-021	40.30	25m	14-9-76	Heemskerk (NED)	167
129.	Hoekstra Erwin	73	DEM/OEZA	40.30	25m	21-3-13	Heemskerk (NED)	167
131.	Oortwijn Bjarne	07	08-021	40.32	50m	7-12-24	Beverwijk (NED)	211
132.	Nijland Yoran	05	08-021	40.64	25m	3-3-19	Zaandam (NED)	163
133.	Oortwijn Guido	78	08-021	40.70	25m	13-6-91	Heemskerk (NED)	162
134.	de Wit Matthew	97	08-021	40.71	25m	7-11-19	Heemskerk (NED)	162
135.	Boonacker Wietse	68	08-021	40.80	25m	17-5-81	Castricum (NED)	161
135.	Thijssen Dave	82	08-021	40.80	25m	9-11-95	Heemskerk (NED)	161
137.	van Gent Arno	65	08-021	40.90	25m	16-3-80	Heemskerk (NED)	160
138.	de Roode Jeremiah	99	08-021	41.04	25m	6-3-11	Haarlem (NED)	158
139.	Wassenaar Joris	01	08-021	41.18	25m	30-3-14	Zaandam (NED)	157
140.	Leegwater Liam	11	08-021	41.38	25m	22-10-23	Zaandam (NED)	154
141.	Rasch Wilco	68	08-021	41.40	25m	22-11-80	Heemskerk (NED)	154
141.	Yayli Serkan	92	08-021	41.40	25m	28-10-04	Heemskerk (NED)	154
143.	Tijms Eric	64	08-021	41.51	25m	21-3-13	Heemskerk (NED)	153
144.	van der Kolk Henk	65	08-021	41.60	25m	10-2-80	Heerhugowaard (NED)	152
145.	Huisman Rene	69	08-021	41.80	25m	7-11-81	Heemskerk (NED)	150
146.	Blaauw Xam	07	08-021	41.81	25m	10-2-19	Purmerend (NED)	150
147.	Groot Sander	88	08-021	41.82	25m	27-1-00	Heemskerk (NED)	149
148.	Veldhuis Christian	88	08-021	42.07	25m	29-11-01	Heemskerk	147
149.	Kooistra André	88	08-021	42.13	25m	27-1-00	Heemskerk (NED)	146
150.	van den Akker Dennis	63	08-021	42.20	25m	14-9-76	Heemskerk (NED)	145
151.	Arends Peter	79	08-021	42.40	25m	12-5-93		143
152.	van Rijn Ian	05	08-021	42.46	25m	16-3-17	Heemskerk (NED)	143
153.	Arends Martin	81	08-021	42.50	25m	3-2-93		142
153.	Josselet Bart	84	08-021	42.50	25m	29-10-98	Heemskerk (NED)	142
155.	Jacobs Patrick	87	08-021	42.51	25m	25-4-02	Heemskerk	142
156.	Put Nico	67	08-021	42.70	25m	10-2-80	Heerhugowaard (NED)	140
156.	van Honschoten Jacky	67	08-021	42.70	25m	7-11-81	Heemskerk (NED)	140
156.	de Veer Albert	72	08-021	42.70	25m	14-12-89	Heemskerk (NED)	140
159.	Koning Arthur	96	08-021	42.71	25m	25-3-10	Heemskerk (NED)	140
159.	Komen Berend	97	08-021	42.71	25m	3-3-11	Heemskerk (NED)	140
161.	van Sleen Robin	90	08-021	42.85	25m	27-4-03	Zaandam	139
162.	de Vriend Ruben	03	08-021	42.91	25m	6-10-13	Heemskerk (NED)	138
163.	Dam Norbert	92	08-021	43.01	25m	28-10-04	Heemskerk (NED)	137
164.	Sikkema Joris	86	08-021	43.04	25m	21-3-99	Assendelft (NED)	137
165.	Vessies Max	03	08-021	43.06	25m	6-3-14	Heemskerk (NED)	137
166.	Hoekstra Marcel	78	08-021	43.20	25m	10-6-88		136
167.	Bleijendaal Thomas	88	08-021	43.33	25m	30-10-03	Heemskerk	134
168.	Reijnders Erik	65	08-021	43.40	25m	10-2-80	Heerhugowaard (NED)	134
169.	van Lieshout Martin	76	08-021	43.50	25m	14-12-88		133
170.	Bleijendaal Lucas	83	08-021	43.80	25m	9-11-95	Heemskerk (NED)	130
171.	Huis in 't Veld Lorenzo	03	08-021	43.91	25m	18-9-16	Zaandam (NED)	129
172.	Offringa Martin	61	08-021	44.00	25m	7-12-76	Heemskerk (NED)	128
173.	Vos Daniël	91	08-021	44.07	25m	18-5-06	Heemskerk (NED)	128
174.	Ursem Rob	69	08-021	44.20	25m	7-11-81	Heemskerk (NED)	127
174.	Jong Ron	77	08-021	44.20	25m	31-5-90	Heemskerk (NED)	127
174.	de Caluwé Thijs	82	08-021	44.20	25m	23-2-95	Heemskerk (NED)	127
177.	Litjens Olaf	99	08-021	44.23	25m	12-2-12	Heemstede (NED)	126

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178.	van der Weide Bas	75	08-021	44.30	25m	31-5-90	Heemskerk (NED)	126
179.	Kuijl Ben	62	08-021	44.40	25m	22-4-78	Heemskerk (NED)	125
179.	ten Cate Raymond	82	08-021	44.40	25m	23-2-95	Heemskerk (NED)	125
181.	van Hardeveld Richard	69	08-021	44.50	25m	7-11-81	Heemskerk (NED)	124
182.	van Dijk Bart	63	08-021	44.60	25m	14-9-76	Heemskerk (NED)	123
182.	Tap Ben	69	08-021	44.60	25m	22-3-88	Heemskerk (NED)	123
184.	Bokelaar Martijn	80	08-021	44.68	25m	20-2-10	Heerenveen (NED)	122
185.	de Rooij Roel	87	08-021	44.80	25m	21-1-99	Heemskerk (NED)	122
186.	de Buyzer Eelco	64	08-021	44.90	25m	13-10-79	Heemskerk (NED)	121
187.	Steijn Twan	13	08-021	44.91	25m	27-10-24	Zaandam (NED)	121
188.	de Wit Job	98	08-021	44.97	25m	27-3-08	Heemskerk (NED)	120
189.	Zwart Mees	10	08-021	45.12	25m	14-3-24	Heemskerk (NED)	119
190.	Zonneveld Alex	90	08-021	45.17	25m	18-11-01	Heemskerk	119
191.	Smit Erik	64	08-021	45.30	25m	13-10-79	Heemskerk (NED)	118
192.	van Tilburg Beau	07	08-021	45.35	25m	29-9-19	Haarlem (NED)	117
193.	Oortwijn Menno	67	08-021	45.40	25m	10-2-80	Heerhugowaard (NED)	117
194.	Paap Jaidy	08	08-021	45.45	25m	24-10-24	Heemskerk (NED)	116
195.	Lammers Fake	63	08-021	45.50	25m	7-12-76	Heemskerk (NED)	116
196.	Mulder Mark	97	08-021	45.51	25m	7-1-12	Hoorl (NED)	116
197.	Ramaakers Raymond	91	08-021	45.85	25m	21-4-03	Haarlem	113
198.	Steijn Daan	11	08-021	45.95	25m	27-10-24	Zaandam (NED)	113
199.	Manshanden Davy	68	08-021	46.00	25m	22-11-80	Heemskerk (NED)	112
200.	de Rooij Coen	89	08-021	46.09	25m	4-5-00	Heemskerk (NED)	112
201.	Verdonk Pim	63	08-021	46.40	25m	14-9-76	Heemskerk (NED)	109
202.	Heeremans Tim	78	08-021	46.50	25m	13-12-89		109
203.	Snel Jeffrey	86	08-021	46.52	25m	27-1-00	Heemskerk (NED)	108
204.	Welboren Mark	87	08-021	46.58	25m	21-3-99	Assendelft (NED)	108
205.	Crok Dirk	58	08-021	46.60	25m	26-2-09	Heemskerk (NED)	108
206.	Piek Roy	89	08-021	46.65	25m	29-11-01	Heemskerk	108
207.	Besse Niels	72	08-021	46.70	25m	13-12-89		107
208.	van Hoytema Max	98	08-021	46.75	25m	8-11-09	Heemstede (NED)	107
209.	Kemper Marcel	65	08-021	46.80	25m	13-10-79	Heemskerk (NED)	107
209.	van Dijk Mitchell	99	08-021	46.80	25m	20-5-10	Heemskerk (NED)	107
211.	van Velsen Gerard	54	08-021	47.50	25m	22-3-88	Heemskerk (NED)	102
212.	van Duivenvoorde Bram	12	08-021	47.56	25m	24-10-24	Heemskerk (NED)	101
213.	Smit Arend	88	08-021	47.72	25m	4-5-00	Heemskerk (NED)	100
214.	Teufer Lorentz	96	08-021	47.79	25m	26-11-06	Heemskerk (NED)	100
215.	de Caluwe Johan	64	08-021	47.80	25m	14-9-76	Heemskerk (NED)	100
215.	Schellekens Henk	76	08-021	47.80	25m	4-10-89		100
215.	Buur Michael	87	08-021	47.80	25m	12-2-98	Heemskerk (NED)	100
218.	Kaal Dennis	74	08-021	47.90	25m	15-12-88	Heemskerk (NED)	99
219.	Apeldoorn Alex	89	08-021	47.98	25m	3-12-00	Zaandam (NED)	99
220.	Zwaan Nick	94	08-021	48.02	25m	5-10-03	Heemskerk (NED)	99
221.	Kloppenburger Albert	82	08-021	48.10	25m	16-3-94		98
222.	Beentjes Walter	64	08-021	48.20	25m	7-12-76	Heemskerk (NED)	97
222.	Jong Gregory	80	08-021	48.20	25m	27-9-90	Heemskerk (NED)	97
224.	Welboren Mischa	89	08-021	48.34	25m	21-3-99	Assendelft (NED)	97
225.	Brouwer Marc	66	08-021	48.50	25m	10-2-80	Heerhugowaard (NED)	96
226.	van Heerwaarden Marcel	65	08-021	48.80	25m	7-12-76	Heemskerk (NED)	94
227.	van Heerwaarden Gerard	70	08-021	48.90	25m	28-9-80	Zaandam (NED)	93
228.	Teufer Florian	95	08-021	49.03	25m	30-12-06	Hoorl (NED)	93
229.	Baltjes Timo	09	08-021	49.06	25m	1-7-21	Heemskerk (NED)	92
230.	Liu Andy	04	08-021	49.22	25m	2-2-17	Heemskerk (NED)	92

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231.	Vink Gé	60	08-021	49.23	25m	17-3-07	Lelystad (NED)	91
232.	Aardenburg Koen	91	08-021	49.25	25m	28-4-05	Heemskerk (NED)	91
233.	Put Hans	66	08-021	49.30	25m	10-2-80	Heerhugowaard (NED)	91
233.	de Groot Pieter	83	08-021	49.30	25m	24-3-94	Heemskerk (NED)	91
235.	Borg Erick	64	08-021	49.40	25m	16-3-80	Heemskerk (NED)	91
236.	van der Kolk Dick	64	08-021	49.90	25m	7-12-76	Heemskerk (NED)	88
237.	Sadeghi Hosseen	90	08-021	49.94	25m	30-10-03	Heemskerk	88
238.	Feyen Erik	66	08-021	50.00	25m	14-9-76	Heemskerk (NED)	87
238.	Abbenhuis Frank	65	08-021	50.00	25m	7-12-76	Heemskerk (NED)	87
240.	de Graaf Arnold	66	08-021	50.10	25m	10-2-80	Heerhugowaard (NED)	87
241.	Wassenaar Teun	03	08-021	50.17	25m	6-3-14	Heemskerk (NED)	86
242.	de Groot Michiel	91	08-021	50.19	25m	24-4-03	Heemskerk	86
243.	Hoogeterp Klaas	67	08-021	50.30	25m	13-10-79	Heemskerk (NED)	86
244.	Oudendijk Hans	54	08-021	50.62	25m	24-1-10	Vlaardingen (NED)	84
245.	de Weers Luuk	13	08-021	50.63	25m	7-12-23	Heemskerk (NED)	84
246.	van Rixel Ferry	64	08-021	50.80	25m	7-12-76	Heemskerk (NED)	83
246.	Jungbacker Rick	65	08-021	50.80	25m	16-3-80	Heemskerk (NED)	83
248.	van Heerwaarden Stefan	70	08-021	51.00	25m	22-11-80	Heemskerk (NED)	82
249.	Zwetsloot Paul	65	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
249.	Wegchelaar Geert Jan	64	08-021	51.10	25m	10-2-80	Heerhugowaard (NED)	82
251.	Nijenhuis Jan-Hendrik	65	08-021	51.20	25m	7-12-76	Heemskerk (NED)	81
252.	Schipper Erik	72	08-021	51.30	25m	7-11-81	Heemskerk (NED)	81
253.	de Ruijter Jaap	85	08-021	51.40	25m	20-10-96	Assendelft (NED)	80
254.	Smit Rob	69	08-021	51.60	25m	22-11-80	Heemskerk (NED)	79
255.	Verhagen Bart	85	08-021	51.90	25m	9-11-95	Heemskerk (NED)	78
256.	Klemann Joshua	13	08-021	52.03	25m	15-12-24	Amsterdam (NED)	77
257.	Gouweleeuw Raymond	88	08-021	52.05	25m	27-1-00	Heemskerk (NED)	77
258.	Reuderink Peter	62	08-021	52.20	25m	7-12-76	Heemskerk (NED)	77
259.	van Kaan Marc	66	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
259.	Welp Andre	65	08-021	52.50	25m	7-12-76	Heemskerk (NED)	75
261.	van Baal Elvin	86	08-021	52.58	25m	29-3-01	Heemskerk (NED)	75
262.	de Bruijn Harold	65	08-021	52.60	25m	7-12-76	Heemskerk (NED)	75
263.	de Boer Sem	02	08-021	52.81	25m	30-9-12	Heemskerk (NED)	74
264.	van Lieshout Rick	78	08-021	53.20	25m	4-4-91	Heemskerk (NED)	72
265.	van de Wijst Peter	69	08-021	53.50	25m	22-11-80	Heemskerk (NED)	71
266.	Lamers Peter	57	08-021	53.57	25m	13-12-07	Heemskerk (NED)	71
267.	Verhagen Michel	82	08-021	53.60	25m	9-11-95	Heemskerk (NED)	71
268.	Haasbeek Bart	67	08-021	53.70	25m	10-2-80	Heerhugowaard (NED)	70
269.	Visvaligam Athithiyan	02	08-021	53.88	25m	6-3-14	Heemskerk (NED)	70
270.	Beeksma Coen	90	08-021	53.97	25m	18-11-01	Heemskerk	69
270.	van der Gracht Adrie	57	08-021	53.97	50m	6-7-14	Eindhoven (NED)	88
272.	Gruning Andre	68	08-021	54.30	25m	16-3-80	Heemskerk (NED)	68
273.	Handgraaf Jos	87	08-021	54.33	25m	14-11-99	Zaandam (NED)	68
274.	Grapendaal Aad	42	08-021	54.39	25m	21-3-13	Heemskerk (NED)	68
275.	van Els Thomas	82	08-021	54.40	25m	16-3-94		68
276.	Salic Keno	89	08-021	54.44	25m	29-11-01	Heemskerk	67
277.	Vacca Sandro	04	08-021	54.65	25m	2-2-17	Heemskerk (NED)	67
278.	van de Sluis Erwin	71	08-021	55.10	25m	7-11-81	Heemskerk (NED)	65
279.	Heesterbeek Mathijs	00	08-021	55.65	25m	20-5-10	Heemskerk (NED)	63
280.	Hermens Sjoerd	68	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
280.	de Rooter Marcel	64	08-021	56.00	25m	16-3-80	Heemskerk (NED)	62
282.	Groot Tim	99	08-021	56.58	25m	6-3-11	Haarlem (NED)	60
283.	Dekker Johnny	67	08-021	56.90	25m	7-12-76	Heemskerk (NED)	59

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283.	Brands Ronald	75	08-021	56.90	25m	8-3-87	Zaandam (NED)	59
285.	Altena Marc	65	08-021	57.00	25m	7-12-76	Heemskerk (NED)	59
285.	Tholen Martijn	72	08-021	57.00	25m	1-11-81	Bergen (NED)	59
287.	van Wijk Peter	87	08-021	57.56	25m	29-10-98	Heemskerk (NED)	57
288.	van Honk Arjan	82	08-021	57.70	25m	8-11-90	Heemskerk (NED)	57
289.	van Slooten Udo	65	08-021	58.30	25m	14-9-76	Heemskerk (NED)	55
290.	Viel Stefan	88	08-021	58.90	25m	12-2-98	Heemskerk (NED)	53
291.	Josselet Martin	91	08-021	58.99	25m	25-4-02	Heemskerk	53
292.	van Dijk Michel	68	08-021	59.60	25m	7-12-76	Heemskerk (NED)	51
293.	van der Berg Job	98	08-021	59.67	25m	27-3-08	Heemskerk (NED)	51
294.	de Joode Bert	65	08-021	1:00.00	25m	7-12-76	Heemskerk (NED)	50
295.	van Heerwaarden Erwin	68	08-021	1:01.00	25m	7-12-76	Heemskerk (NED)	48
296.	Teer Roan	00	08-021	1:01.18	25m	23-11-08	Zaandam (NED)	47
297.	Teunissen Frank	68	08-021	1:01.30	25m	7-12-76	Heemskerk (NED)	47
297.	Bruins Jacco	67	08-021	1:01.30	25m	13-10-79	Heemskerk (NED)	47
299.	Goverde Antoine	65	08-021	1:01.50	25m	7-12-76	Heemskerk (NED)	47
299.	Verhagen Jeroen	84	08-021	1:01.50	25m	15-6-95	Heemskerk (NED)	47
301.	Hermens Coen	66	08-021	1:02.90	25m	7-12-76	Heemskerk (NED)	44
302.	de Wit Arnoud	66	08-021	1:03.70	25m	7-12-76	Heemskerk (NED)	42
303.	Bruisschaart Marcel	66	08-021	1:03.90	25m	7-12-76	Heemskerk (NED)	42
304.	Weezepoel Kelvin	09	08-021	1:03.96	25m	7-11-19	Heemskerk (NED)	41
305.	Ayari Mohammed	13	08-021	1:04.61	25m	10-3-24	Purmerend (NED)	40
306.	Vrugt Richard	67	08-021	1:04.90	25m	7-12-76	Heemskerk (NED)	40
307.	Doodeman Erik	71	08-021	1:05.20	25m	7-11-81	Heemskerk (NED)	39
308.	Cekic Deniz	97	08-021	1:06.29	25m	13-1-08	Heemskerk (NED)	37
309.	Butter Jurre	12	08-021	1:06.54	25m	7-12-23	Heemskerk (NED)	37
310.	Banks Ryan	18	08-021	1:06.70	25m	14-3-24	Heemskerk (NED)	36
311.	Metz Aron	73	08-021	1:06.90	25m	7-11-81	Heemskerk (NED)	36
312.	Denneman John	66	08-021	1:07.30	25m	7-12-76	Heemskerk (NED)	35
313.	Rozemeijer Marco	67	08-021	1:09.30	25m	7-12-76	Heemskerk (NED)	32
314.	Glorie Jan	57	08-021	1:09.86	25m	22-3-12	Heemskerk (NED)	32
315.	Denneman Frank	68	08-021	1:11.20	25m	7-12-76	Heemskerk (NED)	30
316.	Dijkstra Menno	68	08-021	1:11.30	25m	7-12-76	Heemskerk (NED)	30
317.	van Kaam Sander	69	08-021	1:12.80	25m	7-12-76	Heemskerk (NED)	28
318.	Boerkamp Bart	68	08-021	1:16.70	25m	7-12-76	Heemskerk (NED)	24
319.	Pettinga Rodney	85	08-021	1:17.40	25m	14-3-96	Heemskerk (NED)	23
320.	van der Kolk Rob	68	08-021	1:19.00	25m	7-12-76	Heemskerk (NED)	22
321.	Jansen Davy	15	08-021	1:20.35	25m	24-10-24	Heemskerk (NED)	21
322.	Suvaal Theo	69	08-021	1:20.80	25m	7-12-76	Heemskerk (NED)	20
323.	di Bucchianico Ricardo	65	08-021	1:21.40	25m	7-12-76	Heemskerk (NED)	20
324.	Lubbers Pieter-Jan	67	08-021	1:23.00	25m	7-12-76	Heemskerk (NED)	19
325.	Beentjes Johnny	68	08-021	1:27.90	25m	7-12-76	Heemskerk (NED)	16
326.	Beentjes Jur	15	08-021	1:34.93	25m	21-4-22	Heemskerk (NED)	12
327.	van der Aar Peter	69	08-021	1:42.00	25m	7-12-76	Heemskerk (NED)	10

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1. Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2. Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3. Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4. Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5. Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
6. Breton Wouter	89	08-021	1:04.00	25m	24-10-24	Heemskerk (NED)	446
7. Camphuijnder Wilko	69	08-021	1:05.30	25m	14-12-97	Heemskerk (NED)	419
8. Camphuijnder Jasper	05	08-021	1:05.44	25m	24-10-24	Heemskerk (NED)	417
9. de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
10. Gaal Roel	01	08-021	1:05.63	25m	21-9-19	Amsterdam (NED)	413
11. Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
12. Oortwijn Kalle	05	08-021	1:05.94	25m	15-12-22	Heemskerk (NED)	407
13. Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
14. Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)	405
15. Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
16. Druyven Jorrick	94	08-021	1:06.59	25m	27-3-08	Heemskerk (NED)	396
17. Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
18. Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
18. Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
20. van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383
21. Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
22. van der Gracht Jory	87	08-021	1:07.85	25m	12-12-13	Heemskerk (NED)	374
23. Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
24. van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371
25. Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
26. Kerkhof Arno	72	08-021	1:08.50	25m	22-3-90	Heemskerk (NED)	363
27. Meijer Arno	75	08-021	1:08.70	25m	10-12-95	Heemskerk (NED)	360
28. Glorie Daan	88	08-021	1:08.95	25m	26-5-05	Heemskerk (NED)	356
29. Kranenburg Fred	63	08-021	1:09.30	25m	12-2-84	Heemskerk (NED)	351
30. Tijms Stefan	93	08-021	1:09.37	25m	24-3-19	Purmerend (NED)	350
31. Hoenink Jarl	86	08-021	1:09.49	25m	18-1-04	IJmuiden (NED)	348
32. Kuilman Joris	80	08-021	1:09.70	25m	9-5-98	Zaandam (NED)	345
33. Stins Arnold	83	08-021	1:09.96	25m	12-12-99	Heemskerk (NED)	341
34. Dekker Matthijs	90	08-021	1:10.08	25m	14-3-04	Zaandam	339
35. Pover Peter	69	08-021	1:10.80	25m	18-3-89		329
36. Wiegman Stefan	74	08-021	1:11.10	25m	19-3-89	Zaandam (NED)	325
37. Dekker Ruben	93	08-021	1:11.34	25m	28-1-06	Dordrecht (NED)	322
38. Tamis Thijs	82	08-021	1:11.54	25m	18-11-01	Heemskerk	319
39. Groen Jarno	01	08-021	1:11.60	25m	7-10-18	Purmerend (NED)	318
40. van de Poll Kevin	86	08-021	1:11.71	25m	25-10-03	Nieuwegein (NED)	317
41. Kemmeren Ferry	91	08-021	1:12.00	25m	30-9-07	Volendam (NED)	313
42. van Rijn Michael	70	08-021	1:12.10	25m	9-2-86	Castricum (NED)	311
43. de Vries Allard	96	08-021	1:12.23	25m	30-3-14	Zaandam (NED)	310
44. Di Mattia Angelo	97	08-021	1:12.28	25m	29-3-15	Zaandam (NED)	309
45. Keessen Jeroen	67	08-021	1:12.50	25m	8-12-90		306
45. Oortwijn Maarten	80	08-021	1:12.50	25m	2-3-97	Haarlem (NED)	306
47. van der Kroft Barry	82	08-021	1:12.66	25m	26-4-01	Heemskerk (NED)	304
48. van Rookhuizen Barry	82	08-021	1:12.76	25m	24-4-03	Heemskerk	303
49. de Ruijter Richard	88	08-021	1:12.77	25m	31-3-05	Heemskerk (NED)	303
50. Hagebout Marcel	68	08-021	1:12.90	25m	31-12-83		301
50. Wolf Gert Jan	65	08-021	1:12.90	25m	12-2-84	Heemskerk (NED)	301
52. de Vijlder Michael	75	08-021	1:13.00	25m	11-12-94	Heemskerk (NED)	300
53. Kuijper Alex	08	08-021	1:13.07	50m	26-5-24	Amsterdam (NED)	357

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54.	Woudsma Stefan	00	08-021	1:13.21	25m	17-11-16	Heemskerk (NED)	297
55.	de Boer Stephan	83	08-021	1:13.33	25m	4-4-99	Haarlem (NED)	296
56.	de Caluwe Perry	61	08-021	1:13.70	25m	27-1-80	Zaandam (NED)	292
56.	Missot Paul	64	08-021	1:13.70	25m	16-3-80	Zandvoort (NED)	292
58.	van Vegten Teun	01	08-021	1:14.13	25m	12-3-17	Purmerend (NED)	287
59.	Plokker Robert	65	08-021	1:14.30	25m	31-5-81	Heerhugowaard (NED)	285
59.	Krijger Jan-Willem	81	08-021	1:14.30	25m	30-3-97	Haarlem (NED)	285
61.	Beentjes Bastiaan	78	08-021	1:14.32	25m	4-5-00	Heemskerk (NED)	284
62.	Palmboom Pascal	89	08-021	1:14.45	25m	9-3-08	Heemskerk (NED)	283
63.	de Ruijter René	86	08-021	1:14.72	25m	31-3-05	Heemskerk (NED)	280
64.	Verbree John	61	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
64.	Korzelius Ron	65	08-021	1:14.90	25m	12-2-84	Heemskerk (NED)	278
66.	Blaauw Mica	05	08-021	1:15.03	25m	7-11-19	Heemskerk (NED)	276
67.	van der Bunt Raymond	73	08-021	1:15.60	25m	11-3-90	Heemskerk (NED)	270
68.	Ayari Adam	08	08-021	1:15.74	25m	7-12-23	Heemskerk (NED)	269
69.	Butter Joris	86	08-021	1:16.07	25m	20-4-03	Haarlem	265
70.	de Caluwé Niels	91	08-021	1:16.18	25m	27-3-08	Heemskerk (NED)	264
71.	de Boer Daniël	77	08-021	1:16.20	25m	17-3-94	Heemskerk	264
72.	Dekker Rudie	78	08-021	1:16.30	25m	27-4-95	Heemskerk (NED)	263
73.	Zwaan Bas	76	08-021	1:16.50	25m	27-4-95	Heemskerk (NED)	261
73.	Bal Chester	78	08-021	1:16.50	25m	13-3-97	Heemskerk (NED)	261
75.	Schoonakker Mick	07	08-021	1:16.53	25m	24-10-24	Heemskerk (NED)	260
76.	van de Laar Viktor	05	08-021	1:16.55	25m	7-12-23	Heemskerk (NED)	260
77.	van Duin Peter	65	08-021	1:16.60	25m	6-2-83		260
78.	Blaauw Eric	67	08-021	1:16.81	25m	31-3-13	Haarlem (NED)	258
79.	Hulshof Patrick	75	08-021	1:17.00	25m	24-2-91	Heemskerk (NED)	256
80.	Bok Reitze	73	08-021	1:17.20	25m	3-2-90		254
81.	van Hannen Erik	67	08-021	1:17.60	25m	21-3-82		250
82.	Stam Daniël	79	08-021	1:18.00	25m	7-6-98	Zaandam (NED)	246
83.	Schaaper Bart	73	08-021	1:18.30	25m	4-10-89		243
84.	van de Sluis Nicolai	66	08-021	1:18.50	25m	15-11-81	Assendelft (NED)	241
85.	Deen Peter	59	08-021	1:18.60	25m	28-9-75	Zaandam (NED)	240
86.	Schillemans Bram	99	08-021	1:18.78	25m	24-3-19	Purmerend (NED)	239
87.	Wassenaar Marcel	69	08-021	1:18.80	25m	6-12-89		238
88.	Lamers Koen	91	08-021	1:18.85	25m	14-1-07	Amsterdam (NED)	238
89.	Borst Corné	96	08-021	1:18.93	25m	27-11-11	Heemskerk (NED)	237
90.	Voorn Max	05	08-021	1:19.12	25m	12-9-21	Alkmaar (NED)	236
91.	Andeweg Celedonio	76	08-021	1:19.30	25m	2-11-91		234
92.	Schaap Paul	75	08-021	1:19.50	25m	11-3-90	Heemskerk (NED)	232
93.	Hos Dennis	68	08-021	1:19.70	25m	5-10-89	Heemskerk (NED)	230
94.	Martijn Onno	91	08-021	1:20.48	25m	27-3-08	Heemskerk (NED)	224
95.	Windmuller Ton	62	08-021	1:20.50	25m	15-9-79	Heemskerk (NED)	224
96.	Zonneveld Jeroen	78	08-021	1:20.60	25m	12-2-98	Heemskerk (NED)	223
97.	Vlieland Roy	99	08-021	1:20.77	25m	20-5-13	Purmerend (NED)	221
98.	Windmuller Hans-Pieter	60	08-021	1:20.80	25m	24-5-75	Z.O. Beemster (NED)	221
98.	Dekker Erik	62	08-021	1:20.80	25m	21-5-78	Heemskerk (NED)	221
100.	Huisman Rene	69	08-021	1:21.10	25m	27-2-83	Assendelft (NED)	219
101.	Herwegh Dink	11	08-021	1:21.13	25m	20-10-24	Heemskerk (NED)	218
102.	Geurs Paul	57	08-021	1:21.50	25m	24-5-75	Z.O. Beemster (NED)	215
103.	de Boer Tobias	02	08-021	1:21.60	25m	12-3-17	Purmerend (NED)	215
104.	Duin Goos	00	08-021	1:21.62	25m	6-3-16	Purmerend (NED)	215
105.	Ursem Jerre	73	08-021	1:21.70	25m	15-3-87	Heemskerk (NED)	214
106.	Goverde Ad	59	08-021	1:21.90	25m	15-9-79	Heemskerk (NED)	212

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106.	Goverde Jeroen	73	08-021	1:21.90	25m	22-3-90	Heemskerk (NED)	212
108.	de Vries Dylan	93	08-021	1:22.15	25m	11-11-12	Schagen (NED)	210
109.	Nolte Martijn	74	08-021	1:22.40	25m	9-6-85		208
109.	Meijer Viggo	06	08-021	1:22.40	25m	2-10-22	Den Helder (NED)	208
111.	van Honschoten Jacky	67	08-021	1:22.60	25m	18-4-82		207
112.	Kock Albert	61	08-021	1:22.70	25m	31-12-75		206
113.	van Heerwaarden Chiel	05	08-021	1:22.72	25m	6-10-19	Purmerend (NED)	206
114.	Dijkstra Menno	68	08-021	1:22.80	25m	7-10-84	Volendam (NED)	205
115.	Frederiks Stan	09	08-021	1:23.13	25m	7-12-23	Heemskerk (NED)	203
116.	van den Akker Dennis	63	08-021	1:23.20	25m	19-2-78	Assendelft (NED)	203
117.	Hoening Sten	84	08-021	1:23.29	25m	17-11-02	Heemskerk	202
118.	Oortwijn Bouke	78	08-021	1:23.30	25m	17-3-94	Heemskerk	202
119.	Ijntema Tjeerd	99	08-021	1:23.47	25m	2-10-16	Purmerend (NED)	201
120.	Butter Stijn	11	08-021	1:23.71	25m	20-10-24	Heemskerk (NED)	199
121.	Koopman Axel	92	08-021	1:23.83	25m	29-12-05	Maastricht (NED)	198
122.	Woudsma Maarten	01	08-021	1:24.26	25m	17-11-16	Heemskerk (NED)	195
123.	Tuinstra Sean	98	08-021	1:24.46	25m	7-4-13	Castricum (NED)	194
124.	Switser René	75	08-021	1:24.50	25m	4-10-89		193
125.	Zijlstra Jeroen	80	08-021	1:24.80	25m	14-3-96	Heemskerk (NED)	191
126.	Leegwater Liam	11	08-021	1:25.09	25m	23-4-23	Den Helder (NED)	189
127.	Doodeman Niels	89	08-021	1:25.18	25m	16-4-01	Haarlem (NED)	189
128.	de Wildt Thijs	94	08-021	1:25.20	25m	24-9-09	Heemskerk (NED)	189
129.	Bleijendaal Thomas	88	08-021	1:25.43	25m	26-2-04	Heemskerk (NED)	187
130.	Kerdijk Dennis	79	08-021	1:25.70	25m	10-3-96	Zaandam (NED)	185
131.	Roosendaal Ben	66	08-021	1:25.80	25m	27-9-80	Heemskerk (NED)	185
132.	de Wit Matthew	97	08-021	1:25.95	25m	18-1-18	Heemskerk (NED)	184
133.	de Boer Elias	70	08-021	1:26.90	25m	7-1-84	Hilversum (NED)	178
134.	de Weert Sander	72	08-021	1:27.48	25m	22-5-11	Grootebroek (NED)	174
135.	Arends Martin	81	08-021	1:27.80	25m	3-4-93		172
136.	Nijland Yoran	05	08-021	1:27.89	25m	10-2-19	Purmerend (NED)	172
137.	Boonacker Wietse	68	08-021	1:29.10	25m	1-11-81	Bergen (NED)	165
138.	de Groot Peter	80	08-021	1:29.20	25m	22-9-96	Heemskerk (NED)	164
139.	de Caluwe Johan	64	08-021	1:29.50	25m	2-3-80	Heemskerk (NED)	163
140.	Rasch Wilco	68	08-021	1:29.60	25m	19-10-80	Heemskerk (NED)	162
141.	Smit Erik	64	08-021	1:29.80	25m	2-3-80	Heemskerk (NED)	161
142.	Blaauw Xam	07	08-021	1:30.07	25m	3-3-19	Zaandam (NED)	160
143.	van Hardeveld Richard	69	08-021	1:30.50	25m	6-2-83		157
144.	Tijms Eric	64	08-021	1:30.65	25m	10-12-15	Heemskerk (NED)	156
145.	Thijssen Dave	82	08-021	1:31.00	25m	5-3-95	Heemskerk (NED)	155
146.	van Heerwaarden Gerard	70	08-021	1:31.10	25m	28-2-82		154
147.	Vessies Max	03	08-021	1:31.53	25m	5-10-14	Zaandam (NED)	152
148.	de Moes Paul	70	08-021	1:31.60	25m	7-10-84	Volendam (NED)	152
149.	Yayli Serkan	92	08-021	1:31.66	25m	3-10-04	Heemskerk (NED)	151
150.	Jong Ron	77	08-021	1:32.10	25m	21-3-90		149
151.	Koning Arthur	96	08-021	1:32.15	25m	16-1-11	Zaandam (NED)	149
152.	Veldhuis Christian	88	08-021	1:32.81	25m	7-10-01	Zaandam (NED)	146
153.	Huis in 't Veld Lorenzo	03	08-021	1:32.85	25m	30-10-16	Den Helder (NED)	146
154.	de Vriend Ruben	03	08-021	1:32.89	25m	13-10-13	Zaandam (NED)	145
155.	Paap Jaidy	08	08-021	1:32.99	25m	24-10-24	Heemskerk (NED)	145
156.	Arends Peter	79	08-021	1:33.10	25m	3-4-93		144
157.	Oortwijn Bjarne	07	08-021	1:33.52	25m	24-10-24	Heemskerk (NED)	142
158.	Jacobs Patrick	87	08-021	1:33.53	25m	28-3-02	Heemskerk	142
159.	van der Heijden Hans	60	08-021	1:33.60	25m	28-9-75	Zaandam (NED)	142

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159.	Kemper Marcel	65	08-021	1:33.60	25m	2-3-80	Heemskerk (NED)	142
161.	Vos Daniël	91	08-021	1:33.64	25m	18-3-07	Heemskerk (NED)	142
162.	van Dijk Bart	63	08-021	1:33.80	25m	27-11-77	IJmuiden (NED)	141
163.	Zwart Mees	10	08-021	1:34.13	25m	24-10-24	Heemskerk (NED)	140
164.	Kemmeren Andre	88	08-021	1:34.20	25m	5-9-04	Zaandam (NED)	139
165.	de Roode Jeremiah	99	08-021	1:34.33	25m	4-11-10	Heemskerk (NED)	139
166.	Schipper Erik	72	08-021	1:34.50	25m	7-1-84	Hilversum (NED)	138
167.	Josselet Bart	84	08-021	1:34.63	25m	26-9-98	Assendelft (NED)	137
168.	Groot Sander	88	08-021	1:34.88	25m	16-12-99	Heemskerk	136
169.	Ursem Rob	69	08-021	1:35.10	25m	6-2-83		135
170.	Heeremans Tim	78	08-021	1:35.20	25m	21-1-90	Zaandam (NED)	135
171.	Smit Arend	88	08-021	1:35.45	25m	8-10-00	Heemskerk (NED)	134
172.	de Rooij Roel	87	08-021	1:35.72	25m	18-4-99	Alkmaar (NED)	133
173.	Wassenaar Joris	01	08-021	1:35.76	25m	12-12-13	Heemskerk (NED)	133
174.	Hoekstra Marcel	78	08-021	1:35.90	25m	7-2-88	Heemskerk (NED)	132
175.	Tholen Martijn	72	08-021	1:36.00	25m	27-2-83	Assendelft (NED)	132
176.	de Caluwé Thijs	82	08-021	1:36.10	25m	5-3-95	Heemskerk (NED)	131
177.	Steijn Twan	13	08-021	1:36.31	25m	6-10-24	Den Helder (NED)	130
178.	Steijn Daan	11	08-021	1:36.39	25m	24-10-24	Heemskerk (NED)	130
179.	van Tilburg Beau	07	08-021	1:36.43	25m	29-9-19	Haarlem (NED)	130
180.	Bleijendaal Lucas	83	08-021	1:36.60	25m	5-11-95	Assendelft (NED)	129
181.	Sikkema Joris	86	08-021	1:36.73	25m	14-2-99	Heemskerk (NED)	129
182.	Dam Norbert	92	08-021	1:36.74	25m	31-3-05	Heemskerk (NED)	129
183.	Geurtsen Arjan	64	08-021	1:37.10	25m	24-5-75	Z.O. Beemster (NED)	127
183.	Verdonk Pim	63	08-021	1:37.10	25m	27-9-80	Heemskerk (NED)	127
185.	van Heerwaarden Stefan	70	08-021	1:37.30	25m	6-2-83		126
186.	van Duivenvoorde Bram	12	08-021	1:37.48	25m	24-10-24	Heemskerk (NED)	126
187.	Litjens Olaf	99	08-021	1:37.89	50m	25-3-12	Beverwijk (NED)	148
188.	van Lieshout Martin	76	08-021	1:38.40	25m	7-2-88	Heemskerk (NED)	122
189.	de Wit Job	98	08-021	1:38.78	25m	16-3-08	Zaandam (NED)	121
190.	ten Cate Raymond	82	08-021	1:39.00	25m	5-3-95	Heemskerk (NED)	120
191.	Hoogeterp Klaas	67	08-021	1:39.10	25m	2-11-80	Castricum (NED)	120
192.	Kloppenburger Albert	82	08-021	1:39.30	25m	13-3-94	Wormerveer (NED)	119
193.	de Rooij Coen	89	08-021	1:39.31	25m	6-2-00	Haarlem (NED)	119
194.	van Rijn Ian	05	08-021	1:39.43	25m	17-11-16	Heemskerk (NED)	118
195.	Besse Niels	72	08-021	1:39.60	25m	7-12-89	Heemskerk (NED)	118
196.	Zwaan Nick	94	08-021	1:40.05	25m	14-3-04	Zaandam	116
197.	van Hoytema Max	98	08-021	1:40.18	25m	29-11-09	Heemskerk (NED)	116
198.	van Sleen Robin	90	08-021	1:40.27	25m	24-4-03	Heemskerk	115
199.	Manshanden Davy	68	08-021	1:40.30	25m	13-4-80	Zaandam (NED)	115
200.	van der Weide Bas	75	08-021	1:40.40	25m	31-5-90	Heemskerk (NED)	115
201.	Komen Berend	97	08-021	1:40.62	25m	28-11-10	Heemskerk (NED)	114
202.	Kooistra André	88	08-021	1:41.06	25m	5-4-99	Haarlem (NED)	113
203.	de Buyzer Eelco	64	08-021	1:41.40	25m	1-9-79	Heemskerk (NED)	112
204.	Baltjes Timo	09	08-021	1:41.68	25m	30-10-22	Heemskerk (NED)	111
205.	van Dijk Mitchell	99	08-021	1:42.08	25m	24-1-10	Zaandam (NED)	109
206.	Kuijl Ben	62	08-021	1:42.10	25m	10-12-77	Heemskerk (NED)	109
207.	Welboren Mark	87	08-021	1:42.17	25m	7-3-99	Zaandam (NED)	109
208.	Ramaakers Raymond	91	08-021	1:42.23	25m	26-2-04	Heemskerk (NED)	109
209.	Feyen Erik	66	08-021	1:42.40	25m	19-2-78	Assendelft (NED)	108
209.	Schellekens Henk	76	08-021	1:42.40	25m	2-11-89	Heemskerk (NED)	108
211.	van Baal Elvin	86	08-021	1:42.43	25m	28-3-02	Heemskerk	108
212.	Hekman Sidney	71	08-021	1:43.00	25m	16-1-83	Heemskerk (NED)	107

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213.	de Graaf Freddy	75	08-021	1:43.10	25m	27-10-85	(NED)	106
214.	Mulder Mark	97	08-021	1:43.30	25m	17-11-11	Heemskerk (NED)	106
215.	Hof Ronnalt	60	08-021	1:43.40	25m	19-2-78	Assendelft (NED)	105
216.	Wassenaar Edwin	72	08-021	1:43.60	25m	16-1-83	Heemskerk (NED)	105
217.	Smit Rob	69	08-021	1:44.80	25m	21-9-80	Heemskerk (NED)	101
218.	Teufer Florian	95	08-021	1:45.21	25m	25-1-07	Heemskerk (NED)	100
219.	Zonneveld Alex	90	08-021	1:45.50	25m	16-4-01	Haarlem (NED)	99
220.	Liu Andy	04	08-021	1:46.09	25m	19-3-17	Zaandam (NED)	97
221.	de Groot Michiel	91	08-021	1:46.77	25m	5-10-03	Heemskerk (NED)	96
222.	Jong Gregory	80	08-021	1:46.80	25m	31-5-90	Heemskerk (NED)	95
223.	Vink Gé	60	08-021	1:47.46	25m	4-11-10	Heemskerk (NED)	94
224.	Crok Dirk	58	08-021	1:47.64	25m	4-11-10	Heemskerk (NED)	93
225.	Teufer Lorentz	96	08-021	1:47.73	25m	8-10-06	Zaandam (NED)	93
226.	Brands Ronald	75	08-021	1:48.70	25m	27-10-85	(NED)	91
227.	van de Sluis Erwin	71	08-021	1:49.50	25m	29-11-81	Zaandam (NED)	89
228.	Apeldoorn Alex	89	08-021	1:49.53	50m	7-5-00	Beverwijk (NED)	106
229.	van Rixel Ferry	64	08-021	1:49.60	25m	19-2-78	Assendelft (NED)	88
230.	de Groot Pieter	83	08-021	1:49.70	25m	19-10-94		88
231.	de Boer Sem	02	08-021	1:50.07	25m	13-12-12	Heemskerk (NED)	87
232.	Buur Michael	87	08-021	1:50.40	25m	17-5-98	Heemskerk (NED)	86
233.	Welboren Mischa	89	08-021	1:50.93	25m	24-9-98	Heemskerk (NED)	85
234.	van de Wijst Peter	69	08-021	1:51.50	25m	8-2-81	Sassenheim (NED)	84
235.	Piek Roy	89	08-021	1:52.07	50m	27-5-01	Beverwijk (NED)	99
236.	Welp Marco	72	08-021	1:52.50	25m	22-1-84	Zandvoort (NED)	82
237.	Oudendijk Hans	54	08-021	1:52.73	25m	27-3-08	Heemskerk (NED)	81
238.	Aardenburg Koen	91	08-021	1:53.13	25m	31-3-05	Heemskerk (NED)	80
239.	Verhagen Bart	85	08-021	1:53.70	25m	12-10-95	Heemskerk (NED)	79
240.	Beeksma Coen	90	08-021	1:54.31	25m	10-3-02	Heemskerk	78
241.	Gouweleeuw Raymond	88	08-021	1:54.34	25m	16-12-99	Heemskerk	78
242.	Wassenaar Teun	03	08-021	1:58.77	25m	12-12-13	Heemskerk (NED)	69
243.	Steenstra Martijn	72	08-021	2:01.50	25m	2-11-80	Castricum (NED)	65
244.	Groot Tim	99	08-021	2:01.92	25m	13-2-11	Haarlem (NED)	64
245.	van der Gracht Adrie	57	08-021	2:01.96	25m	25-9-08	Heemskerk (NED)	64
246.	Salic Keno	89	08-021	2:02.48	25m	28-3-02	Heemskerk	63
247.	Bruins Jacco	67	08-021	2:02.60	25m	1-9-79	Heemskerk (NED)	63
248.	Sadeghi Hosseen	90	08-021	2:03.07	25m	5-10-03	Heemskerk (NED)	62
249.	Verhagen Michel	82	08-021	2:03.10	25m	20-10-94	Heemskerk (NED)	62
250.	de Ruijter Joost	74	08-021	2:03.40	25m	28-10-84	Egmond (NED)	62
251.	Grapendaal Aad	42	08-021	2:06.59	25m	26-5-13	Grootebroek (NED)	57
252.	van der Berg Job	98	08-021	2:07.14	25m	25-9-08	Heemskerk (NED)	56
253.	Verhagen Jeroen	84	08-021	2:07.30	25m	12-10-95	Heemskerk (NED)	56
254.	de Ruijter Jaap	85	08-021	2:11.40	25m	10-10-96	Heemskerk (NED)	51
255.	Heesterbeek Mathijs	00	08-021	2:13.09	25m	4-11-10	Heemskerk (NED)	49
256.	van Els Thomas	82	08-021	2:13.50	25m	13-10-93		49
257.	van Wijk Peter	87	08-021	2:14.62	25m	24-9-98	Heemskerk (NED)	47
258.	de Weers Luuk	13	08-021	2:14.77	25m	15-12-22	Heemskerk (NED)	47
259.	Viel Stefan	88	08-021	2:19.00	25m	10-9-97		43
260.	Metz Aron	73	08-021	2:22.20	25m	28-11-81	Heemskerk (NED)	40
261.	Ayari Mohammed	13	08-021	2:27.60	25m	12-11-23	Den Helder (NED)	36
262.	Cekic Deniz	97	08-021	2:29.60	25m	16-3-08	Zaandam (NED)	34
263.	Glorie Jan	57	08-021	2:30.22	25m	27-3-08	Heemskerk (NED)	34
264.	Doodeman Erik	71	08-021	2:31.10	25m	28-11-81	Heemskerk (NED)	33
265.	Roemeling Nicky	87	08-021	2:35.40	25m	2-5-96	Heemskerk (NED)	31

100 rugslag (sinds 266)

266.	Jayasinghe Asanka	84	08-021	2:45.90	25m	10-10-96	Heemskerk (NED)	25
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200 rugslag

1.	Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2.	Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3.	Oudendijk Paul	81	08-021	2:13.19	25m	22-1-06	Emmeloord (NED)	498
4.	Jongert Jeroen	96	08-021	2:14.39	25m	17-11-19	Hoofddorp (NED)	485
5.	Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
6.	Gaal Koen	99	08-021	2:19.58	25m	29-1-23	Heemskerk (NED)	433
7.	Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
8.	Camphuijnder Wilko	69	08-021	2:23.30	25m	8-3-98	Zaandam (NED)	400
9.	Druyven Jorrick	94	08-021	2:25.00	25m	16-3-08	Zaandam (NED)	386
10.	Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
11.	Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
12.	Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
13.	Camphuijnder Jasper	05	08-021	2:27.53	25m	23-4-23	Den Helder (NED)	367
14.	Oortwijn Kalle	05	08-021	2:28.24	25m	13-3-22	Den Helder (NED)	361
15.	de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
16.	Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
17.	Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
18.	Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
19.	van der Gracht Jory	87	08-021	2:29.13	25m	16-11-14	Zaandam (NED)	355
20.	Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
21.	Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
22.	Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
23.	Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
24.	Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
25.	van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334
26.	Jongert Sjoerd	01	08-021	2:32.86	25m	18-3-18	Purmerend (NED)	329
27.	Tamis Thijs	82	08-021	2:33.00	25m	11-3-01	Zaandam (NED)	329
28.	Tijms Stefan	93	08-021	2:33.19	25m	10-2-19	Purmerend (NED)	327
29.	Groen Jarno	01	08-021	2:33.28	25m	19-3-17	Zaandam (NED)	327
30.	Kuilman Joris	80	08-021	2:34.32	25m	16-12-99	Heemskerk	320
31.	Wiegman Stefan	74	08-021	2:34.40	25m	16-12-88		320
32.	Dekker Matthijs	90	08-021	2:34.73	25m	15-5-05	Zuidoost-Beemster (NED)	318
33.	de Vijlder Michael	75	08-021	2:35.10	25m	17-3-96	Heemskerk (NED)	315
34.	Di Mattia Angelo	97	08-021	2:36.44	25m	18-1-15	Zaandam (NED)	307
35.	van der Kroft Barry	82	08-021	2:36.62	25m	10-3-02	Heemskerk	306
36.	Hoenink Jarl	86	08-021	2:36.69	25m	18-11-01	Heemskerk	306
37.	Kemmeren Ferry	91	08-021	2:37.72	25m	21-10-07	Zaandam (NED)	300
38.	van der Linden René	70	08-021	2:38.20	25m	31-12-86		297
39.	Kerkhof Arno	72	08-021	2:39.00	25m	3-5-90	Heemskerk (NED)	293
40.	Kranenburg Fred	63	08-021	2:39.10	25m	16-11-80	Haarlem (NED)	292
41.	Blaauw Mica	05	08-021	2:39.20	25m	17-11-19	Hoofddorp (NED)	292
42.	van de Poll Kevin	86	08-021	2:39.51	25m	5-10-03	Heemskerk (NED)	290
43.	Pover Peter	69	08-021	2:39.70	25m	30-9-89		289
44.	Dekker Ruben	93	08-021	2:39.72	25m	15-1-06	Zaandam (NED)	289
45.	Beentjes Bastiaan	78	08-021	2:39.78	25m	16-1-00	Zaandam (NED)	288
46.	Keessen Jeroen	67	08-021	2:39.80	25m	8-11-90	Heemskerk (NED)	288
47.	de Ruijter Richard	88	08-021	2:40.01	25m	17-11-02	Heemskerk	287
48.	Kuijper Alex	08	08-021	2:40.66	50m	1-6-24	Amsterdam (NED)	338
49.	Oortwijn Maarten	80	08-021	2:40.90	25m	9-3-97	Alkmaar (NED)	282

200 rugslag (sinds 50)

50.	de Caluwe Perry	61	08-021	2:41.30	25m	25-11-79	Heemskerk (NED)	280
51.	Woudsma Stefan	00	08-021	2:42.51	25m	6-3-16	Purmerend (NED)	274
52.	Korzelius Ron	65	08-021	2:43.60	25m	22-3-87	Heerhugowaard (NED)	269
53.	van Vegten Teun	01	08-021	2:45.42	25m	13-11-16	Purmerend (NED)	260
54.	Butter Joris	86	08-021	2:46.27	25m	19-12-02	Heemskerk	256
55.	Wolf Gert Jan	65	08-021	2:46.30	25m	13-3-83	Castricum (NED)	256
56.	van Hannen Erik	67	08-021	2:46.40	25m	14-3-82		255
57.	Plokker Robert	65	08-021	2:46.50	25m	13-3-83	Castricum (NED)	255
58.	Verbree John	61	08-021	2:46.60	25m	7-10-84	Volendam (NED)	254
58.	van Rijn Michael	70	08-021	2:46.60	25m	28-10-84	Egmond (NED)	254
60.	Dijkstra Menno	68	08-021	2:46.80	25m	22-3-87	Heerhugowaard (NED)	253
60.	Zwaan Bas	76	08-021	2:46.80	25m	5-3-95	Heemskerk (NED)	253
62.	Bal Chester	78	08-021	2:48.20	25m	6-4-97	Heemskerk (NED)	247
63.	Wassenaar Marcel	69	08-021	2:48.30	25m	30-9-89		247
64.	van der Bunt Raymond	73	08-021	2:48.50	25m	3-5-90	Heemskerk (NED)	246
64.	de Boer Stephan	83	08-021	2:48.50	25m	24-9-98	Heemskerk (NED)	246
66.	Hulshof Patrick	75	08-021	2:49.40	25m	3-10-92		242
66.	de Boer Daniël	77	08-021	2:49.40	25m	20-10-94	Heemskerk (NED)	242
68.	van Duin Peter	65	08-021	2:49.50	25m	11-4-81	Heemskerk (NED)	242
69.	Lamers Koen	91	08-021	2:49.61	25m	25-1-07	Heemskerk (NED)	241
70.	Krijger Jan-Willem	81	08-021	2:49.70	25m	10-10-96	Heemskerk (NED)	241
71.	Borst Corné	96	08-021	2:49.88	25m	1-4-12	Zaandam (NED)	240
72.	de Caluwé Niels	91	08-021	2:50.07	25m	18-3-07	Heemskerk (NED)	239
73.	Dekker Rudie	78	08-021	2:51.20	25m	8-6-95	Heemskerk (NED)	234
74.	Vlieland Roy	99	08-021	2:52.08	25m	9-12-12	Zaandam (NED)	231
75.	Stam Daniël	79	08-021	2:52.40	25m	12-1-97	Heemskerk (NED)	230
75.	Blaauw Eric	67	08-021	2:52.40	25m	5-10-13	Zwolle (NED)	230
77.	Hagebout Marcel	68	08-021	2:52.50	25m	5-4-81	Heemskerk (NED)	229
78.	Schillemans Bram	99	08-021	2:53.02	25m	12-3-17	Purmerend (NED)	227
79.	Bok Reitze	73	08-021	2:53.20	25m	15-1-88		226
80.	de Ruijter René	86	08-021	2:53.38	25m	18-11-01	Heemskerk	226
81.	Windmuller Ton	62	08-021	2:53.40	25m	7-10-79	Heemskerk (NED)	226
82.	Windmuller Hans-Pieter	60	08-021	2:53.50	25m	31-12-75		225
83.	Voorn Max	05	08-021	2:53.87	25m	13-3-22	Den Helder (NED)	224
84.	Huisman Rene	69	08-021	2:53.90	25m	10-4-83	Heemskerk (NED)	224
85.	Ursem Jerre	73	08-021	2:54.00	25m	15-1-88		223
86.	van de Laar Viktor	05	08-021	2:54.07	25m	23-4-23	Den Helder (NED)	223
87.	de Boer Tobias	02	08-021	2:54.30	25m	24-1-16	Zaandam (NED)	222
88.	Palmboom Pascal	89	08-021	2:54.32	25m	12-2-17	Purmerend (NED)	222
89.	Goverde Ad	59	08-021	2:55.00	25m	25-11-79	Heemskerk (NED)	219
90.	Deen Peter	59	08-021	2:55.40	25m	8-1-77	Heemskerk (NED)	218
91.	van de Sluis Nicolai	66	08-021	2:55.60	25m	17-5-81	Castricum (NED)	217
92.	Andeweg Celedonio	76	08-021	2:56.00	25m	13-10-93		216
93.	van Rookhuizen Barry	82	08-021	2:56.14	25m	14-12-00	Heemskerk (NED)	215
94.	Schaaper Bart	73	08-021	2:56.20	25m	2-11-89	Heemskerk (NED)	215
95.	Dekker Erik	62	08-021	2:57.00	25m	7-10-79	Heemskerk (NED)	212
96.	Nolte Martijn	74	08-021	2:57.10	25m	30-11-86	Heemskerk (NED)	212
97.	de Vries Dylan	93	08-021	2:57.13	25m	14-3-10	Heemskerk (NED)	212
98.	Hoening Sten	84	08-021	2:57.26	25m	16-3-03	Heemskerk	211
99.	Martijn Onno	91	08-021	3:00.59	25m	25-1-07	Heemskerk (NED)	200
100.	Goverde Jeroen	73	08-021	3:01.00	25m	2-11-89	Heemskerk (NED)	198
101.	Koopman Axel	92	08-021	3:01.46	25m	16-1-05	Zaandam (NED)	197
102.	Zonneveld Jeroen	78	08-021	3:01.61	25m	22-11-98	Zaandam (NED)	196

200 rugslag (sinds 103)

103.	de Boer Elias	70	08-021	3:04.00	25m	28-10-84	Egmond (NED)	189
104.	Kock Albert	61	08-021	3:04.80	25m	8-1-77	Heemskerk (NED)	186
105.	Geurs Paul	57	08-021	3:05.20	25m	31-12-75		185
106.	Duin Goos	00	08-021	3:05.62	25m	29-3-15	Zaandam (NED)	184
107.	Zijlstra Jeroen	80	08-021	3:06.10	25m	12-10-95	Heemskerk (NED)	182
108.	de Wit Matthew	97	08-021	3:06.61	25m	18-1-15	Zaandam (NED)	181
109.	Blaauw Xam	07	08-021	3:07.31	25m	19-1-20	Zaandam (NED)	179
110.	de Vries Allard	96	08-021	3:07.79	25m	3-4-11	Zaandam (NED)	177
111.	Switser René	75	08-021	3:08.40	25m	1-11-89		176
112.	Doodeman Niels	89	08-021	3:08.92	25m	31-1-02	Heemskerk	174
113.	Huis in 't Veld Lorenzo	03	08-021	3:13.29	25m	2-10-16	Purmerend (NED)	163
114.	de Weert Sander	72	08-021	3:14.55	25m	27-1-12	Terneuzen (NED)	160
115.	van Honschoten Jacky	67	08-021	3:15.10	25m	5-4-81	Heemskerk (NED)	158
116.	Kerdijk Dennis	79	08-021	3:16.50	25m	17-3-96	Heemskerk (NED)	155
117.	de Moes Paul	70	08-021	3:17.30	25m	28-10-84	Egmond (NED)	153
118.	de Wildt Thijs	94	08-021	3:17.68	25m	23-4-09	Heemskerk (NED)	152
119.	Boonacker Wietse	68	08-021	3:17.80	25m	11-4-81	Heemskerk (NED)	152
120.	Leegwater Liam	11	08-021	3:18.07	25m	2-10-22	Den Helder (NED)	151
121.	Rasch Wilco	68	08-021	3:18.20	25m	11-4-81	Heemskerk (NED)	151
122.	Nijland Yoran	05	08-021	3:19.42	25m	1-10-17	Purmerend (NED)	148
123.	Oortwijn Bouke	78	08-021	3:19.50	25m	20-3-93		148
124.	Tuinstra Sean	98	08-021	3:20.42	25m	12-12-10	Zaandam (NED)	146
125.	Bleijendaal Lucas	83	08-021	3:22.10	25m	12-10-95	Heemskerk (NED)	142
126.	Woudsma Maarten	01	08-021	3:23.01	50m	15-3-15	Beverwijk (NED)	167
127.	Meijer Viggo	06	08-021	3:23.85	25m	6-10-19	Purmerend (NED)	139
128.	Arends Peter	79	08-021	3:24.50	25m	27-9-92	Wormerveer (NED)	137
129.	Jacobs Patrick	87	08-021	3:24.74	25m	18-11-01	Heemskerk	137
130.	Dam Norbert	92	08-021	3:26.23	25m	16-1-05	Zaandam (NED)	134
131.	de Groot Peter	80	08-021	3:26.40	25m	20-10-94	Heemskerk (NED)	134
132.	van Hardeveld Richard	69	08-021	3:27.50	25m	28-11-81	Heemskerk (NED)	131
133.	Sikkema Joris	86	08-021	3:28.27	25m	24-9-98	Heemskerk (NED)	130
134.	van der Weide Bas	75	08-021	3:28.30	25m	3-5-90	Heemskerk (NED)	130
135.	Butter Stijn	11	08-021	3:28.42	25m	2-10-22	Den Helder (NED)	130
136.	Ijntema Tjeerd	99	08-021	3:28.79	25m	29-3-15	Zaandam (NED)	129
137.	Josselet Bart	84	08-021	3:29.51	25m	24-9-98	Heemskerk (NED)	128
138.	Vos Daniël	91	08-021	3:29.76	25m	23-12-04	Heemskerk (NED)	127
139.	van Tilburg Beau	07	08-021	3:30.65	25m	19-1-20	Zaandam (NED)	126
140.	van Lieshout Martin	76	08-021	3:30.80	25m	15-1-88		125
141.	Ursem Rob	69	08-021	3:32.00	25m	7-3-82		123
142.	Jong Ron	77	08-021	3:33.60	25m	3-5-90	Heemskerk (NED)	120
143.	Liu Andy	04	08-021	3:34.61	25m	19-3-17	Zaandam (NED)	119
144.	Veldhuis Christian	88	08-021	3:36.25	25m	13-1-02	Zaandam	116
145.	Snel Jeffrey	86	08-021	3:37.00	25m	16-1-00	Zaandam (NED)	115
146.	Salic Keno	89	08-021	3:37.20	25m	13-1-02	Zaandam	115
147.	van Heerwaarden Gerard	70	08-021	3:39.00	25m	11-4-81	Heemskerk (NED)	112
148.	de Caluwé Thijs	82	08-021	3:39.90	25m	12-10-95	Heemskerk (NED)	110
149.	Ramaakers Raymond	91	08-021	3:40.57	25m	25-9-03	Heemskerk (NED)	109
150.	Baltjes Timo	09	08-021	3:42.78	25m	2-10-22	Den Helder (NED)	106
151.	Piek Roy	89	08-021	3:44.44	25m	31-1-02	Heemskerk	104
152.	van de Wijst Peter	69	08-021	3:44.70	25m	11-4-81	Heemskerk (NED)	103
153.	van Heerwaarden Stefan	70	08-021	3:44.90	25m	28-11-81	Heemskerk (NED)	103
154.	Ayari Adam	08	08-021	3:45.05	25m	6-10-19	Purmerend (NED)	103
155.	Koning Arthur	96	08-021	3:45.30	25m	22-3-09	Zaandam (NED)	103

200 rugslag (sinds 156)

156.	de Groot Michiel	91	08-021	3:47.08	25m	25-9-03	Heemskerk (NED)	100
157.	van Sleen Robin	90	08-021	3:48.35	25m	19-1-03	Zaandam	98
158.	Bleijendaal Thomas	88	08-021	3:54.19	25m	25-9-03	Heemskerk (NED)	91
159.	van de Sluis Ignat	69	08-021	4:03.20	25m	11-4-81	Heemskerk (NED)	81
160.	Verhagen Michel	82	08-021	4:19.50	25m	12-10-95	Heemskerk (NED)	67
161.	Sadeghi Hosseen	90	08-021	4:24.42	25m	18-1-04	IJmuiden (NED)	63

500 rugslag

1.	Oudendijk Paul	81	08-021	7:14.51	OW	7-7-07	Oss (NED)
2.	Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)

25 schoolslag

1.	Haack Stefan	82	08-021	14.41	25m	7-7-22	Heemskerk (NED)	524
2.	Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
3.	Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
4.	Camphuijnder Wilko	69	08-021	15.00	25m	13-3-97	Heemskerk (NED)	464
5.	Butter Martijn	79	08-021	15.10	25m	29-5-08	Heemskerk (NED)	455
6.	Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
7.	Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
7.	Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
9.	Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
10.	Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
11.	Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397
12.	Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
13.	Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
14.	de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
15.	Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
16.	Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
16.	Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
18.	Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
19.	de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
20.	Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
21.	Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
22.	van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
23.	Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
24.	Hoening Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
25.	Druyven Jorrick	94	08-021	16.50	25m	29-5-08	Heemskerk (NED)	349
26.	Ayari Adam	08	08-021	16.53	25m	7-7-22	Heemskerk (NED)	347
27.	Steenbergen Roderik	82	08-021	16.63	25m	17-2-00	Heemskerk (NED)	341
28.	van Rookhuizen Barry	82	08-021	16.66	25m	22-2-01	Heemskerk (NED)	339
29.	Glorie Daan	88	08-021	16.68	25m	27-4-06	Heemskerk	338
30.	Gaal Roel	01	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
30.	Gaal Koen	99	08-021	16.70	25m	7-7-22	Heemskerk (NED)	336
32.	Wassenaar Marcel	69	08-021	16.80	25m	12-1-89	Heemskerk (NED)	330
32.	de Vijlder Michael	75	08-021	16.80	25m	14-3-96	Heemskerk (NED)	330
34.	van der Gracht Jory	87	08-021	16.86	25m	7-7-22	Heemskerk (NED)	327
35.	Stins Arnold	83	08-021	16.89	25m	17-2-00	Heemskerk (NED)	325
36.	Butter Joris	86	08-021	16.96	25m	22-2-01	Heemskerk (NED)	321
37.	Besse Niels	72	08-021	17.00	25m	31-12-89	Heemskerk (NED)	319
38.	de Caluwé Niels	91	08-021	17.04	25m	19-4-07	Heemskerk (NED)	317
39.	Oortwijn Maarten	80	08-021	17.10	25m	14-3-96	Heemskerk (NED)	313

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39.	Kramer Vincent	82	08-021	17.10	25m	17-2-00	Heemskerk (NED)	313
41.	de Weert Sander	72	08-021	17.23	25m	18-11-12	Almere-Stad (NED)	306
42.	Tijms Eric	64	08-021	17.25	25m	29-5-08	Heemskerk (NED)	305
43.	Hulshof Patrick	75	08-021	17.30	25m	16-5-91	Heemskerk (NED)	303
44.	Oortwijn Kalle	05	08-021	17.35	25m	7-7-22	Heemskerk (NED)	300
45.	Kemmeren Ferry	91	08-021	17.46	25m	19-4-07	Heemskerk (NED)	294
46.	Wiegman Stefan	74	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
46.	Wassenaar Edwin	72	08-021	17.50	25m	12-1-89	Heemskerk (NED)	292
48.	Goverde Jeroen	73	08-021	17.60	25m	12-1-89	Heemskerk (NED)	287
48.	Stam Daniël	79	08-021	17.60	25m	13-3-97	Heemskerk (NED)	287
50.	van der Bunt Raymond	73	08-021	17.70	25m	16-5-91	Heemskerk (NED)	282
50.	Camphuijnder Jasper	05	08-021	17.70	25m	7-7-22	Heemskerk (NED)	282
52.	van der Heijden Hans	60	08-021	17.80	25m	14-9-76	Heemskerk (NED)	278
52.	Andeweg Celedonio	76	08-021	17.80	25m	27-4-95	Heemskerk (NED)	278
54.	Essers Tim	88	08-021	17.88	25m	29-5-08	Heemskerk (NED)	274
55.	Switser René	75	08-021	17.90	25m	12-1-89	Heemskerk (NED)	273
55.	Krijger Jan-Willem	81	08-021	17.90	25m	13-3-97	Heemskerk (NED)	273
57.	Oortwijn Bouke	78	08-021	17.92	25m	30-11-14	Almere-Stad (NED)	272
58.	Martijn Onno	91	08-021	17.97	25m	19-4-07	Heemskerk (NED)	270
59.	Huveneers Fabian	73	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
59.	van Velsen Gerard	54	08-021	18.00	25m	22-3-88	Heemskerk (NED)	269
59.	de Boer Daniël	77	08-021	18.00	25m	27-4-95	Heemskerk (NED)	269
62.	Lamers Koen	91	08-021	18.04	25m	19-4-07	Heemskerk (NED)	267
63.	Zonneveld Jeroen	78	08-021	18.13	25m	22-10-11	Emmeloord (NED)	263
64.	Schaap Paul	75	08-021	18.20	25m	12-1-89	Heemskerk (NED)	260
65.	Meijer Viggo	06	08-021	18.31	25m	7-7-22	Heemskerk (NED)	255
66.	Oudendijk Hans	54	08-021	18.44	25m	17-3-07	Lelystad (NED)	250
67.	de Caluwe Johan	64	08-021	18.48	25m	19-4-07	Heemskerk (NED)	248
68.	Windmuller Ton	62	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
68.	Windmuller Hans-Pieter	60	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
70.	Zijlstra Jeroen	80	08-021	18.60	25m	14-3-96	Heemskerk (NED)	243
71.	Hoening Sten	84	08-021	18.68	25m	25-3-99	Heemskerk (NED)	240
72.	Vink Gé	60	08-021	18.81	25m	19-4-07	Heemskerk (NED)	235
73.	de Vries Dylan	93	08-021	18.88	25m	29-5-08	Heemskerk (NED)	233
74.	Overmeer Michel	60	08-021	18.90	25m	14-9-76	Heemskerk (NED)	232
74.	Dekker Rudie	78	08-021	18.90	25m	27-4-95	Heemskerk (NED)	232
74.	Kerdijk Dennis	79	08-021	18.90	25m	14-3-96	Heemskerk (NED)	232
77.	Kuijper Alex	08	08-021	18.99	25m	7-7-22	Heemskerk (NED)	229
78.	Verdonk Pim	63	08-021	19.00	25m	14-9-76	Heemskerk (NED)	228
78.	Bal Chester	78	08-021	19.00	25m	19-3-98	Heemskerk (NED)	228
80.	Leegwater Martijn	83	08-021	19.07	25m	7-7-22	Heemskerk (NED)	226
81.	Hof Ronnalt	60	08-021	19.30	25m	30-3-76	Heemskerk (NED)	218
82.	Doodeman Niels	89	08-021	19.38	25m	22-2-01	Heemskerk (NED)	215
83.	Kock Albert	61	08-021	19.40	25m	14-9-76	Heemskerk (NED)	214
84.	Koopman Axel	92	08-021	19.49	25m	27-4-06	Heemskerk	211
85.	Schouws Nico	59	08-021	19.50	25m	14-9-76	Heemskerk (NED)	211
86.	van der Gracht Adrie	57	08-021	19.58	25m	29-5-08	Heemskerk (NED)	209
87.	Meyer Frank	60	08-021	19.60	25m	30-3-76	Heemskerk (NED)	208
88.	Tijms Stefan	93	08-021	19.62	25m	29-5-08	Heemskerk (NED)	207
89.	de Groot Peter	80	08-021	19.70	25m	14-3-96	Heemskerk (NED)	205
90.	de Wit Stephen	93	08-021	19.82	25m	29-5-08	Heemskerk (NED)	201
91.	de Ruijter René	86	08-021	20.04	25m	17-2-00	Heemskerk (NED)	194
92.	Lammers Fake	63	08-021	20.10	25m	14-9-76	Heemskerk (NED)	193

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92.	Kaal Dennis	74	08-021	20.10	25m	12-1-89	Heemskerk (NED)	193
94.	Beentjes Walter	64	08-021	20.40	25m	14-9-76	Heemskerk (NED)	184
95.	Groot Sander	88	08-021	20.51	25m	17-2-00	Heemskerk (NED)	181
96.	Crok Dirk	58	08-021	20.52	25m	29-5-08	Heemskerk (NED)	181
97.	van de Laar Viktor	05	08-021	20.56	25m	7-7-22	Heemskerk (NED)	180
98.	Feyen Erik	66	08-021	20.60	25m	14-9-76	Heemskerk (NED)	179
99.	Schelvis Sjeng	89	08-021	20.62	25m	22-2-01	Heemskerk (NED)	178
100.	Hof Peter	62	08-021	20.80	25m	14-9-76	Heemskerk (NED)	174
100.	Oortwijn Guido	78	08-021	20.80	25m	16-5-91	Heemskerk (NED)	174
102.	Thijssen Dave	82	08-021	20.90	25m	27-4-95	Heemskerk (NED)	171
103.	Jacobs Patrick	87	08-021	20.95	25m	22-2-01	Heemskerk (NED)	170
104.	Kleijne Barry	93	08-021	21.00	25m	19-4-07	Heemskerk (NED)	169
105.	de Roode Jeremiah	99	08-021	21.36	25m	16-1-11	Zaandam (NED)	160
106.	Borst Jan	63	08-021	21.40	25m	30-3-76	Heemskerk (NED)	160
106.	Missot Paul	64	08-021	21.40	25m	14-9-76	Heemskerk (NED)	160
106.	Welboren Mark	87	08-021	21.40	25m	5-3-98	Heemskerk (NED)	160
109.	van Duin Peter	65	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
109.	de Caluwe Perry	61	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
111.	Bokelaar Martijn	80	08-021	21.67	25m	15-11-09	Almere-Stad (NED)	154
112.	Kooistra André	88	08-021	21.75	25m	17-2-00	Heemskerk (NED)	152
113.	de Rooij Roel	87	08-021	21.78	25m	25-3-99	Heemskerk (NED)	151
114.	Altena Marc	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	151
115.	Jansen Jacques	62	08-021	21.90	25m	14-9-76	Heemskerk (NED)	149
115.	van Rijn Michael	70	08-021	21.90	25m	16-3-80	Heemskerk (NED)	149
117.	Lith John	63	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
117.	Welp Andre	65	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
117.	van den Akker Dennis	63	08-021	22.00	25m	14-9-76	Heemskerk (NED)	147
117.	de Graaf Peter	76	08-021	22.00	25m	22-3-88	Heemskerk (NED)	147
121.	Smit Erik	64	08-021	22.20	25m	14-9-76	Heemskerk (NED)	143
121.	Heeremans Tim	78	08-021	22.20	25m	12-1-89	Heemskerk (NED)	143
121.	Arends Martin	81	08-021	22.20	25m	16-6-93		143
124.	van Baal Elvin	86	08-021	22.23	25m	22-2-01	Heemskerk (NED)	142
125.	de Rooij Coen	89	08-021	22.28	25m	17-2-00	Heemskerk (NED)	141
126.	Wolf Gert Jan	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	van der Kolk Henk	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	Sadon Alain	64	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
126.	de Caluwé Thijs	82	08-021	22.30	25m	14-3-96	Heemskerk (NED)	141
130.	Jong Ron	77	08-021	22.40	25m	31-12-89	Heemskerk (NED)	139
131.	Snel Jeffrey	86	08-021	22.56	25m	17-2-00	Heemskerk (NED)	136
132.	van Dijck Bart	63	08-021	22.60	25m	14-9-76	Heemskerk (NED)	135
132.	ten Cate Raymond	82	08-021	22.60	25m	27-4-95	Heemskerk (NED)	135
134.	de Vries Allard	96	08-021	22.67	25m	29-5-08	Heemskerk (NED)	134
135.	Arends Peter	79	08-021	22.70	25m	17-6-93	Heemskerk (NED)	134
136.	Mulder Mark	97	08-021	22.71	25m	30-6-11	Heemskerk (NED)	133
137.	Nijenhuis Jan-Hendrik	65	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
137.	Bulthuis Luc Jan	64	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
139.	van Vliet John	63	08-021	22.90	25m	30-3-76	Heemskerk (NED)	130
140.	Sikkema Joris	86	08-021	22.98	25m	25-3-99	Heemskerk (NED)	129
141.	Keessen Jeroen	67	08-021	23.00	25m	30-3-76	Heemskerk (NED)	128
141.	Beentjes Rob	63	08-021	23.00	25m	14-9-76	Heemskerk (NED)	128
141.	van Lieshout Martin	76	08-021	23.00	25m	17-12-87	Heemskerk (NED)	128
141.	de Wildt Thijs	94	08-021	23.00	25m	29-5-08	Heemskerk (NED)	128
141.	de Weers Luuk	13	08-021	23.00	25m	2-4-23	Haarlem (NED)	128

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146.	Plokker Robert	65	08-021	23.10	25m	14-9-76	Heemskerk (NED)	127
147.	Veldhuis Christian	88	08-021	23.17	25m	22-2-01	Heemskerk (NED)	126
148.	Smit Arend	88	08-021	23.19	25m	17-2-00	Heemskerk (NED)	125
148.	Jongert Jeroen	96	08-021	23.19	25m	7-7-22	Heemskerk (NED)	125
150.	Bleijendaal Lucas	83	08-021	23.20	25m	27-4-95	Heemskerk (NED)	125
151.	Teufer Florian	95	08-021	23.39	25m	30-3-06	Heemskerk (NED)	122
151.	Groot Tim	99	08-021	23.39	25m	30-6-11	Heemskerk (NED)	122
153.	Verschuren Andre	62	08-021	23.60	25m	30-3-76	Heemskerk (NED)	119
153.	Versteeg Rene	65	08-021	23.60	25m	14-9-76	Heemskerk (NED)	119
153.	van Els Thomas	82	08-021	23.60	25m	13-10-93		119
153.	Buur Michael	87	08-021	23.60	25m	19-3-98	Heemskerk (NED)	119
157.	Versteeg Lennert	65	08-021	23.70	25m	14-9-76	Heemskerk (NED)	117
158.	Schouws Theo	66	08-021	23.80	25m	30-3-76	Heemskerk (NED)	116
158.	Josselet Bart	84	08-021	23.80	25m	5-2-98	Heemskerk (NED)	116
160.	Baltjes Timo	09	08-021	23.82	25m	7-7-22	Heemskerk (NED)	116
161.	Welboren Mischa	89	08-021	23.84	25m	25-3-99	Heemskerk (NED)	115
162.	van Rixel Ferry	64	08-021	23.90	25m	30-3-76	Heemskerk (NED)	114
163.	Butter Stijn	11	08-021	23.95	25m	7-7-22	Heemskerk (NED)	114
164.	Wegchelaar Geert Jan	64	08-021	24.00	25m	30-3-76	Heemskerk (NED)	113
164.	Verhoog Jan-Willem	66	08-021	24.00	25m	14-9-76	Heemskerk (NED)	113
164.	Zonneveld Bas	82	08-021	24.00	25m	17-6-93	Heemskerk (NED)	113
167.	Leek Hans	66	08-021	24.10	25m	30-3-76	Heemskerk (NED)	112
168.	Huisman Rene	69	08-021	24.20	25m	15-9-79	Heemskerk (NED)	110
169.	Yayli Serkan	92	08-021	24.25	25m	18-11-01	Heemskerk	110
170.	Borst Corné	96	08-021	24.28	25m	29-5-08	Heemskerk (NED)	109
171.	Groot Wim	63	08-021	24.30	25m	30-3-76	Heemskerk (NED)	109
171.	Rozemeijer Marco	67	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
171.	de Buyzer Eelco	64	08-021	24.30	25m	14-9-76	Heemskerk (NED)	109
171.	van Lieshout Rick	78	08-021	24.30	25m	16-5-91	Heemskerk (NED)	109
171.	Kloppenburg Albert	82	08-021	24.30	25m	13-10-93		109
171.	de Groot Pieter	83	08-021	24.30	25m	24-2-94	Heemskerk (NED)	109
177.	Put Hans	66	08-021	24.40	25m	14-9-76	Heemskerk (NED)	108
178.	Leegwater Liam	11	08-021	24.49	25m	7-7-22	Heemskerk (NED)	106
179.	Dekker Johnny	67	08-021	24.50	25m	14-9-76	Heemskerk (NED)	106
179.	Verhagen Michel	82	08-021	24.50	25m	16-3-95	Heemskerk (NED)	106
179.	Viel Stefan	88	08-021	24.50	25m	19-3-98	Heemskerk (NED)	106
179.	Glorie Jan	57	08-021	24.50	25m	23-10-10	Emmeloord (NED)	106
183.	Tuinstra Sean	98	08-021	24.58	25m	29-5-08	Heemskerk (NED)	105
184.	Martens Andre	70	08-021	24.70	25m	16-3-80	Heemskerk (NED)	104
185.	van Heerwaarden Marcel	65	08-021	24.80	25m	14-9-76	Heemskerk (NED)	102
186.	Korzelius Ron	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
186.	Valk Erwin	65	08-021	24.90	25m	14-9-76	Heemskerk (NED)	101
186.	Zonneveld Alex	90	08-021	24.90	25m	22-2-01	Heemskerk (NED)	101
189.	Hollander Tonny	63	08-021	25.00	25m	30-3-76	Heemskerk (NED)	100
190.	Kuijl Ben	62	08-021	25.10	25m	14-9-76	Heemskerk (NED)	99
191.	Piek Roy	89	08-021	25.17	25m	22-2-01	Heemskerk (NED)	98
191.	Groen Jarno	01	08-021	25.17	25m	3-4-11	Zaandam (NED)	98
193.	van Vliet Rinus	65	08-021	25.20	25m	30-3-76	Heemskerk (NED)	98
193.	de Joode Bert	65	08-021	25.20	25m	14-9-76	Heemskerk (NED)	98
195.	Sturkenboom Willibrord	64	08-021	25.30	25m	30-3-76	Heemskerk (NED)	96
195.	Verhagen Bart	85	08-021	25.30	25m	27-4-95	Heemskerk (NED)	96
197.	van Tilburg Beau	07	08-021	25.38	25m	28-1-18	Purmerend (NED)	95
198.	van Heerwaarden Erwin	68	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95

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198.	Denneman John	66	08-021	25.40	25m	14-9-76	Heemskerk (NED)	95
198.	van Wijk Peter	87	08-021	25.40	25m	19-3-98	Heemskerk (NED)	95
201.	de Vriend Ruben	03	08-021	25.42	25m	11-3-12	Zaandam (NED)	95
202.	Lith Rob	63	08-021	25.60	25m	30-3-76	Heemskerk (NED)	93
203.	Vrugt Richard	67	08-021	25.80	25m	14-9-76	Heemskerk (NED)	91
204.	Grapendaal Aad	42	08-021	25.85	25m	16-2-13	Heerenveen (NED)	90
205.	Goverde Antoine	65	08-021	25.90	25m	14-9-76	Heemskerk (NED)	90
205.	Smit Rob	69	08-021	25.90	25m	15-9-79	Heemskerk (NED)	90
207.	Beentjes Theo	65	08-021	26.00	25m	30-3-76	Heemskerk (NED)	89
208.	Apeldoorn Alex	89	08-021	26.05	25m	17-2-00	Heemskerk (NED)	88
209.	Oliveira Rocha Dean	14	08-021	26.13	25m	7-12-23	Heemskerk (NED)	87
210.	Nolten Rob	63	08-021	26.20	25m	30-3-76	Heemskerk (NED)	87
211.	de Bruijn Harold	65	08-021	26.30	25m	14-9-76	Heemskerk (NED)	86
212.	Woudsma Stefan	00	08-021	26.37	25m	3-4-11	Zaandam (NED)	85
213.	Borg Erick	64	08-021	26.40	25m	30-3-76	Heemskerk (NED)	85
213.	Kemper Marcel	65	08-021	26.40	25m	14-9-76	Heemskerk (NED)	85
213.	Verhagen Jeroen	84	08-021	26.40	25m	27-4-95	Heemskerk (NED)	85
213.	van der Berg Job	98	08-021	26.40	25m	29-5-08	Heemskerk (NED)	85
217.	Ursem Jerre	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
217.	van Leeuwen Elbert	73	08-021	26.50	25m	13-12-81	Volendam (NED)	84
217.	Jong Gregory	80	08-021	26.50	25m	31-12-89	Heemskerk (NED)	84
220.	de Graaf Arnold	66	08-021	26.60	25m	14-9-76	Heemskerk (NED)	83
220.	van Hardeveld Richard	69	08-021	26.60	25m	15-9-79	Heemskerk (NED)	83
222.	de Wit Job	98	08-021	26.77	25m	29-5-08	Heemskerk (NED)	81
223.	Klemann Joshua	13	08-021	26.85	25m	31-3-24	Haarlem (NED)	81
224.	Abbenhuis Frank	65	08-021	26.90	25m	30-3-76	Heemskerk (NED)	80
224.	Hoogendoorn Paul	66	08-021	26.90	25m	14-9-76	Heemskerk (NED)	80
226.	Verschuren Martin	65	08-021	27.00	25m	30-3-76	Heemskerk (NED)	79
226.	Dijkstra Menno	68	08-021	27.00	25m	14-9-76	Heemskerk (NED)	79
226.	Lanser Werner	71	08-021	27.00	25m	16-3-80	Heemskerk (NED)	79
229.	van der Engh Dex	12	08-021	27.01	25m	15-12-22	Heemskerk (NED)	79
230.	Beentjes John	64	08-021	27.20	25m	30-3-76	Heemskerk (NED)	77
230.	Ursem Rob	69	08-021	27.20	25m	15-9-79	Heemskerk (NED)	77
232.	Hörchner Erwin	64	08-021	27.50	25m	30-3-76	Heemskerk (NED)	75
232.	van der Linden Ronald	72	08-021	27.50	25m	10-2-80	Heerhugowaard (NED)	75
234.	Gouweleeuw Raymond	88	08-021	27.56	25m	25-3-99	Heemskerk (NED)	74
235.	van Dijk Michel	68	08-021	27.60	25m	14-9-76	Heemskerk (NED)	74
236.	de Boer Tobias	02	08-021	27.66	25m	30-6-11	Heemskerk (NED)	74
237.	van Vegten Teun	01	08-021	27.69	25m	30-6-11	Heemskerk (NED)	73
238.	Cekic Deniz	97	08-021	27.77	25m	29-5-08	Heemskerk (NED)	73
239.	Pijlman Bart	67	08-021	27.80	25m	14-9-76	Heemskerk (NED)	73
239.	van Heerwaarden Gerard	70	08-021	27.80	25m	15-9-79	Heemskerk (NED)	73
241.	Zwart Mees	10	08-021	27.91	25m	15-12-22	Heemskerk (NED)	72
242.	Steijn Daan	11	08-021	27.92	25m	7-7-22	Heemskerk (NED)	72
243.	van Duivenvoorde Bram	12	08-021	28.00	25m	9-4-23	Haarlem (NED)	71
244.	de Ruyter Peter	65	08-021	28.20	25m	14-9-76	Heemskerk (NED)	69
245.	Teunissen Frank	68	08-021	28.30	25m	14-9-76	Heemskerk (NED)	69
246.	Vessies Max	03	08-021	28.46	25m	7-4-13	Castricum (NED)	68
247.	van Heerwaarden Stefan	70	08-021	28.50	25m	15-9-79	Heemskerk (NED)	67
248.	Wassenaar Joris	01	08-021	28.51	25m	30-6-11	Heemskerk (NED)	67
249.	Lubbers Pieter-Jan	67	08-021	28.70	25m	14-9-76	Heemskerk (NED)	66
250.	Monden Fernmy	67	08-021	29.00	25m	30-3-76	Heemskerk (NED)	64
251.	Steenstra Martijn	72	08-021	29.10	25m	16-3-80	Heemskerk (NED)	63

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252.	Jansen Davy	15	08-021	29.58	25m	15-12-24	Amsterdam (NED)	60
253.	van Slooten Udo	65	08-021	30.00	25m	14-9-76	Heemskerk (NED)	58
254.	Veldt Yannick	14	08-021	30.58	25m	15-12-22	Heemskerk (NED)	54
255.	van West Noud	14	08-021	30.62	25m	15-12-22	Heemskerk (NED)	54
256.	Roestenberg Misja	72	08-021	30.70	25m	10-2-80	Heerhugowaard (NED)	54
256.	Blaauw Mica	05	08-021	30.70	25m	7-4-13	Castricum (NED)	54
258.	Woudsma Maarten	01	08-021	30.75	25m	30-6-11	Heemskerk (NED)	53
259.	Sahin Ahmet	12	08-021	30.78	25m	1-2-24	Heemskerk (NED)	53
260.	Beentjes Johnny	68	08-021	30.90	25m	14-9-76	Heemskerk (NED)	53
260.	Haasnoot Michel	72	08-021	30.90	25m	10-2-80	Heerhugowaard (NED)	53
262.	Bos Tako	68	08-021	31.00	25m	14-9-76	Heemskerk (NED)	52
263.	Butter Jurre	12	08-021	31.13	25m	7-12-23	Heemskerk (NED)	52
264.	van der Aar Peter	69	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
264.	van Wijk Nico	68	08-021	31.20	25m	14-9-76	Heemskerk (NED)	51
266.	van Heerwaarden Jeroen	72	08-021	31.30	25m	10-2-80	Heerhugowaard (NED)	51
267.	Put Nico	67	08-021	31.50	25m	14-9-76	Heemskerk (NED)	50
267.	Pettinga Rodney	85	08-021	31.50	25m	14-3-96	Heemskerk (NED)	50
269.	van der Linden René	70	08-021	31.60	25m	15-9-79	Heemskerk (NED)	49
270.	Ursem Maurice	72	08-021	32.40	25m	16-3-80	Heemskerk (NED)	46
271.	de Boer Sem	02	08-021	32.87	25m	30-6-11	Heemskerk (NED)	44
272.	Banks Ryan	18	08-021	33.55	25m	1-2-24	Heemskerk (NED)	41
273.	Kuijl Peter	67	08-021	34.00	25m	14-9-76	Heemskerk (NED)	39
274.	van Dijk Arnaud	68	08-021	34.30	25m	30-3-76	Heemskerk (NED)	38
275.	Kooiman Alexander	69	08-021	34.40	25m	14-9-76	Heemskerk (NED)	38
276.	Ayari Mohammed	13	08-021	35.63	25m	7-7-22	Heemskerk (NED)	34
277.	Blaauw Xam	07	08-021	36.54	25m	2-2-14	Haarlem (NED)	32
278.	van Wijngaarden Edwin	68	08-021	36.80	25m	30-3-76	Heemskerk (NED)	31
279.	de Groot Frank	67	08-021	37.70	25m	30-3-76	Heemskerk (NED)	29
280.	Beentjes Jur	15	08-021	41.68	25m	21-4-22	Heemskerk (NED)	21

50 schoolslag

1.	Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2.	Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
3.	Breton Wouter	89	08-021	31.37	25m	28-6-09	Alkmaar (NED)	521
4.	Oudendijk Paul	81	08-021	32.21	25m	23-1-09	Vlissingen (NED)	481
5.	Jongert Sjoerd	01	08-021	33.38	25m	27-10-22	Heemskerk (NED)	432
6.	Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)	430
7.	de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
8.	van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
9.	Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
10.	Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
11.	Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
12.	de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
13.	Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
14.	Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
15.	Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
16.	van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
17.	Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
18.	Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
18.	Camphuijnder Wilko	69	08-021	34.60	25m	10-10-96	Heemskerk (NED)	388
20.	Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
21.	Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385

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22.	Schaaper Bart	73	08-021	34.80	25m	8-3-87	Zaandam (NED)	381
22.	Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
24.	Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
25.	Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378
25.	Gaal Roel	01	08-021	34.92	25m	3-10-21	Den Helder (NED)	378
27.	van der Kroft Barry	82	08-021	34.94	25m	31-3-02	Haarlem	377
28.	Ayari Adam	08	08-021	35.05	25m	21-9-23	Heemskerk (NED)	373
29.	Tamis Thijs	82	08-021	35.08	25m	20-4-03	Haarlem	372
29.	van der Gracht Jory	87	08-021	35.08	25m	7-1-12	Hoorn (NED)	372
31.	Schaaper Hans	68	08-021	35.10	25m	14-12-88		372
32.	Glorie Daan	88	08-021	35.14	25m	30-12-05	Maastricht (NED)	371
33.	Kerkhof Arno	72	08-021	35.20	25m	4-2-90	Volendam (NED)	369
34.	van de Poll Kevin	86	08-021	35.28	25m	28-12-03	Maastricht (NED)	366
35.	Di Mattia Angelo	97	08-021	35.61	25m	1-2-15	Zaandam (NED)	356
36.	Stam Daniël	79	08-021	35.70	25m	18-1-98	Zuidoost Beemster (NED)	353
37.	Stins Arnold	83	08-021	35.75	25m	14-12-00	Heemskerk (NED)	352
38.	de Wit Stephen	93	08-021	35.87	25m	30-9-12	Heemskerk (NED)	348
39.	Hoening Jarl	86	08-021	35.89	25m	29-5-04	Z.o. Beemster	348
40.	Tijms Stefan	93	08-021	35.97	25m	13-1-19	Purmerend (NED)	345
41.	Steenbergen Roderik	82	08-021	36.19	25m	3-12-00	Zaandam (NED)	339
42.	van Rookhuizen Barry	82	08-021	36.22	25m	20-12-01	Heemskerk	338
43.	van Duin Peter	65	08-021	36.30	25m	14-3-81	Heemskerk (NED)	336
43.	Druyven Jorrick	94	08-021	36.30	25m	23-3-08	Haarlem (NED)	336
45.	Camphuijnder Jasper	05	08-021	36.51	25m	27-10-24	Zaandam (NED)	330
46.	Butter Joris	86	08-021	36.58	25m	25-1-04	Zaandam	328
47.	van Baal Elvin	86	08-021	36.74	25m	20-12-01	Heemskerk	324
48.	Kemmeren Ferry	91	08-021	36.94	25m	8-4-07	Haarlem (NED)	319
49.	Kramer Vincent	82	08-021	36.97	25m	25-11-04	Heemskerk (NED)	318
50.	Kranenburg Fred	63	08-021	37.00	25m	17-5-81	Castricum (NED)	317
51.	Schelvis Sjeng	89	08-021	37.08	25m	16-5-05	Zuidoost-Beemster (NED)	315
52.	Pover Peter	69	08-021	37.10	25m	4-10-89		315
53.	de Vijlder Michael	75	08-021	37.30	25m	8-6-95	Heemskerk (NED)	310
54.	Wassenaar Marcel	69	08-021	37.40	25m	15-12-88	Heemskerk (NED)	307
55.	Essers Tim	88	08-021	37.53	25m	28-12-04	Maastricht (NED)	304
56.	de Vries Dylan	93	08-021	37.59	25m	30-9-12	Heemskerk (NED)	303
57.	Oortwijn Kalle	05	08-021	37.61	25m	7-10-21	Heemskerk (NED)	302
58.	Dekker Matthijs	90	08-021	37.67	25m	26-2-05	Roermond	301
59.	Verdonk Pim	63	08-021	37.70	25m	22-4-78	Heemskerk (NED)	300
60.	Zwaan Bas	76	08-021	37.80	25m	20-10-94	Heemskerk (NED)	298
61.	Hos Dennis	68	08-021	37.90	25m	5-10-89	Heemskerk (NED)	295
62.	Hof Ronnalt	60	08-021	38.00	25m	27-11-77	IJmuiden (NED)	293
62.	Hulshof Patrick	75	08-021	38.00	25m	13-6-91	Heemskerk (NED)	293
64.	de Caluwé Niels	91	08-021	38.12	25m	30-11-06	Heemskerk	290
65.	Switser René	75	08-021	38.20	25m	7-11-90		288
65.	Oortwijn Maarten	80	08-021	38.20	25m	14-9-96	Hoogland	288
67.	de Boer Daniël	77	08-021	38.40	25m	20-10-94	Heemskerk (NED)	284
67.	Kemmeren Andre	88	08-021	38.40	25m	25-11-04	Heemskerk (NED)	284
69.	Hoening Sten	84	08-021	38.45	25m	29-5-04	Z.o. Beemster	283
70.	Andeweg Celedonio	76	08-021	38.50	25m	12-10-95	Heemskerk (NED)	282
71.	de Vries Allard	96	08-021	38.68	25m	6-3-14	Heemskerk (NED)	278
72.	Plokker Robert	65	08-021	38.70	25m	14-3-81	Heemskerk (NED)	277
72.	Goverde Jeroen	73	08-021	38.70	25m	3-5-90	Heemskerk (NED)	277
74.	de Weert Sander	72	08-021	38.90	25m	9-2-12	Heemskerk (NED)	273

50 schoolslag (sinds 75)

75.	Wassenaar Edwin	72	08-021	39.20	25m	9-2-89	Heemskerk (NED)	267
75.	Besse Niels	72	08-021	39.20	25m	14-12-89	Heemskerk (NED)	267
75.	van der Bunt Raymond	73	08-021	39.20	25m	7-2-91	Heemskerk (NED)	267
78.	Bleijendaal Thomas	88	08-021	39.29	25m	27-5-04	Heemskerk (NED)	265
79.	Windmuller Ton	62	08-021	39.40	25m	15-9-79	Heemskerk (NED)	263
79.	van de Sluis Nicolai	66	08-021	39.40	25m	17-5-81	Castricum (NED)	263
81.	de Ruijter René	86	08-021	39.41	25m	6-11-05	Zaandam (NED)	263
82.	Deen Peter	59	08-021	39.50	25m	30-3-76	Heemskerk (NED)	261
82.	Goverde Ad	59	08-021	39.50	25m	14-3-81	Heemskerk (NED)	261
82.	Oortwijn Bouke	78	08-021	39.50	25m	14-10-93	Heemskerk	261
85.	Tijms Eric	64	08-021	39.91	25m	31-5-09	Purmerend (NED)	253
86.	Wiegman Stefan	74	08-021	40.00	25m	15-12-88	Heemskerk (NED)	251
87.	Krijger Jan-Willem	81	08-021	40.02	25m	15-11-98	Zaandam (NED)	251
88.	Lamers Koen	91	08-021	40.03	25m	30-12-06	Maastricht (NED)	250
89.	Groen Jarno	01	08-021	40.08	25m	5-3-20	Heemskerk (NED)	250
90.	Zonneveld Jeroen	78	08-021	40.10	25m	5-10-97	Zaandam (NED)	249
91.	Ijntema Tjeerd	99	08-021	40.12	25m	9-10-16	Alkmaar (NED)	249
92.	Woudsma Stefan	00	08-021	40.18	25m	16-3-17	Heemskerk (NED)	248
93.	Verbree John	61	08-021	40.30	25m	4-10-80	Heemskerk (NED)	245
94.	Martijn Onno	91	08-021	40.37	25m	11-12-05	IJmuiden (NED)	244
95.	Missot Paul	64	08-021	40.50	25m	15-9-79	Heemskerk (NED)	242
95.	Roosendaal Ben	66	08-021	40.50	25m	14-3-81	Heemskerk (NED)	242
95.	Schaap Paul	75	08-021	40.50	25m	14-12-89	Heemskerk (NED)	242
98.	Vink Gé	60	08-021	40.75	25m	9-2-12	Heemskerk (NED)	237
99.	Korzelius Ron	65	08-021	40.80	25m	17-5-81	Castricum (NED)	237
100.	Voorn Max	05	08-021	40.92	25m	12-9-21	Alkmaar (NED)	234
101.	Meijer Viggo	06	08-021	40.93	25m	30-3-23	Heemskerk (NED)	234
102.	Reijnders Erik	65	08-021	41.00	25m	13-12-81	Volendam (NED)	233
103.	Kuijper Alex	08	08-021	41.06	25m	27-10-24	Zaandam (NED)	232
104.	Doodeman Niels	89	08-021	41.18	25m	17-3-02	Zaandam	230
105.	Overmeer Michel	60	08-021	41.30	25m	30-3-76	Heemskerk (NED)	228
105.	Ursem Jerre	73	08-021	41.30	25m	14-12-88		228
107.	Zijlstra Jeroen	80	08-021	41.40	25m	12-10-95	Heemskerk (NED)	226
108.	Dekker Erik	62	08-021	41.50	25m	15-9-79	Heemskerk (NED)	225
109.	Dekker Rudie	78	08-021	41.60	25m	14-10-93	Heemskerk	223
110.	Geijsen Jacques	67	DEM/OEZA	41.68	25m	31-1-13	Heemskerk (NED)	222
111.	van Vegten Teun	01	08-021	41.74	25m	14-1-18	Purmerend (NED)	221
112.	Tuinstra Sean	98	08-021	41.96	25m	21-3-13	Heemskerk (NED)	217
113.	de Caluwe Johan	64	08-021	41.98	25m	31-5-07	Heemskerk (NED)	217
114.	Dekker Ruben	93	08-021	42.08	25m	30-12-05	Maastricht (NED)	216
115.	Blaauw Eric	67	08-021	42.12	25m	5-10-13	Zwolle (NED)	215
116.	Smit Erik	64	08-021	42.30	25m	4-10-80	Heemskerk (NED)	212
117.	Duin Goos	00	08-021	42.34	25m	1-2-15	Zaandam (NED)	212
118.	Oudendijk Hans	54	08-021	42.47	25m	29-3-07	Heemskerk (NED)	210
119.	Kock Albert	61	08-021	42.50	25m	30-3-76	Heemskerk (NED)	209
120.	van de Laar Viktor	05	08-021	42.54	25m	1-10-23	Den Helder (NED)	209
121.	Bal Chester	78	08-021	42.60	25m	10-10-96	Heemskerk (NED)	208
122.	Kerdijk Dennis	79	08-021	42.80	25m	10-10-96	Heemskerk (NED)	205
123.	Koopman Axel	92	08-021	42.87	25m	6-11-05	Zaandam (NED)	204
124.	Windmuller Hans-Pieter	60	08-021	42.90	25m	30-3-76	Heemskerk (NED)	203
125.	Tap Ben	69	08-021	43.00	25m	22-3-88	Heemskerk (NED)	202
126.	Schillemans Bram	99	08-021	43.07	25m	7-3-19	Heemskerk (NED)	201
127.	Herwegh Dink	11	08-021	43.12	25m	27-10-24	Zaandam (NED)	200

50 schoolslag (sinds 128)

128.	Woudsma Maarten	01	08-021	43.14	50m	3-12-16	Beverwijk (NED)	217
129.	de Wildt Thijs	94	08-021	43.18	25m	25-3-10	Heemskerk (NED)	199
130.	Wolf Gert Jan	65	08-021	43.20	25m	14-3-81	Heemskerk (NED)	199
131.	Oortwijn Bjarne	07	08-021	43.21	25m	9-4-23	Haarlem (NED)	199
132.	Vlieland Roy	99	08-021	43.29	25m	7-4-13	Castricum (NED)	198
132.	Schoonakker Mick	07	08-021	43.29	25m	14-3-24	Heemskerk (NED)	198
134.	Blaauw Mica	05	08-021	43.48	25m	5-3-20	Heemskerk (NED)	195
135.	Meyer Frank	60	08-021	43.50	25m	17-9-77	Heemskerk (NED)	195
135.	de Caluwe Perry	61	08-021	43.50	25m	15-9-79	Heemskerk (NED)	195
137.	van Heerwaarden Chiel	05	08-021	43.74	25m	8-10-20	Heemskerk (NED)	192
138.	Hoekstra Erwin	73	DEM/OEZA	43.83	25m	31-1-13	Heemskerk (NED)	191
139.	Kloek Ralph	68	08-021	43.90	25m	14-3-81	Heemskerk (NED)	190
140.	Butter Stijn	11	08-021	43.91	25m	17-11-24	Hoofddorp (NED)	190
141.	Paap Jaidy	08	08-021	43.92	50m	7-12-24	Beverwijk (NED)	206
142.	Crok Dirk	58	08-021	43.93	25m	23-1-09	Vlissingen (NED)	189
143.	Veldhuis Christian	88	08-021	43.95	25m	20-12-01	Heemskerk	189
144.	van der Gracht Adrie	57	08-021	44.02	25m	3-2-07	Aberdeen (GBR)	188
145.	Schouws Nico	59	08-021	44.20	25m	17-9-77	Heemskerk (NED)	186
146.	van der Kolk Henk	65	08-021	44.30	25m	10-2-80	Heerhugowaard (NED)	185
147.	Kemper Marcel	65	08-021	44.40	25m	4-10-80	Heemskerk (NED)	183
148.	Lammers Fake	63	08-021	44.80	25m	17-9-77	Heemskerk (NED)	179
148.	Kaal Dennis	74	08-021	44.80	25m	9-2-89	Heemskerk (NED)	179
150.	de Boer Tobias	02	08-021	44.92	25m	16-3-17	Heemskerk (NED)	177
151.	Borst Corné	96	08-021	45.09	25m	11-3-12	Zaandam (NED)	175
152.	Hagebout Marcel	68	08-021	45.10	25m	14-3-81	Heemskerk (NED)	175
153.	Dam Norbert	92	08-021	45.27	25m	7-11-04	IJmuiden (NED)	173
154.	Yayli Serkan	92	08-021	45.45	25m	25-11-04	Heemskerk (NED)	171
155.	de Groot Michiel	91	08-021	45.59	25m	24-4-03	Heemskerk	169
156.	Reuderink Peter	62	08-021	45.60	25m	17-9-77	Heemskerk (NED)	169
157.	Offringa Martin	61	08-021	45.90	25m	17-9-77	Heemskerk (NED)	166
158.	Huisman Rene	69	08-021	46.00	25m	14-3-81	Heemskerk (NED)	165
158.	de Groot Peter	80	08-021	46.00	25m	20-10-94	Heemskerk (NED)	165
160.	van Velsen Gerard	54	08-021	46.20	25m	22-3-88	Heemskerk (NED)	163
161.	Renkema Wilco	68	08-021	46.30	25m	29-11-82	Heemskerk (NED)	162
162.	Koning Arthur	96	08-021	46.43	25m	27-1-11	Heemskerk (NED)	160
163.	Geurtsen Hans	61	08-021	46.60	25m	30-3-76	Heemskerk (NED)	159
164.	Jacobs Patrick	87	08-021	46.61	25m	14-12-00	Heemskerk (NED)	158
165.	de Rooij Roel	87	08-021	46.70	25m	15-11-98	Zaandam (NED)	158
166.	Groot Sander	88	08-021	46.84	25m	16-12-99	Heemskerk	156
167.	Aardenburg Koen	91	08-021	46.88	25m	2-10-05	Zaandam (NED)	156
168.	van Hannen Erik	67	08-021	46.90	25m	14-3-81	Heemskerk (NED)	156
169.	Josselet Bart	84	08-021	46.97	25m	15-11-98	Zaandam (NED)	155
170.	Hoekstra Marcel	78	08-021	47.00	25m	31-12-88		155
171.	de Veer Albert	72	08-021	47.30	25m	14-12-89	Heemskerk (NED)	152
172.	Oortwijn Guido	78	08-021	47.40	25m	13-6-91	Heemskerk (NED)	151
172.	Arends Martin	81	08-021	47.40	25m	20-3-93		151
174.	Dullemond Fred	67	08-021	47.50	25m	29-11-82	Heemskerk (NED)	150
175.	Litjens Olaf	99	08-021	47.57	25m	12-2-12	Heemstede (NED)	149
176.	Bokelaar Martijn	80	08-021	47.67	25m	15-11-09	Almere-Stad (NED)	148
177.	van Gent Arno	65	08-021	47.80	25m	10-2-80	Heerhugowaard (NED)	147
178.	Geurtsen Arjan	64	08-021	48.00	25m	30-3-76	Heemskerk (NED)	145
178.	Nijland Yoran	05	08-021	48.00	25m	7-3-19	Heemskerk (NED)	145
180.	van Sleen Robin	90	08-021	48.03	25m	28-3-02	Heemskerk	145

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181.	van den Akker Dennis	63	08-021	48.10	25m	30-3-76	Heemskerk (NED)	144
181.	van Honschoten Jacky	67	08-021	48.10	25m	4-10-80	Heemskerk (NED)	144
183.	Smit Arend	88	08-021	48.25	25m	4-5-00	Heemskerk (NED)	143
184.	Frederiks Stan	09	08-021	48.29	25m	14-3-24	Heemskerk (NED)	142
185.	de Boer Elias	70	08-021	48.30	25m	29-11-82	Heemskerk (NED)	142
186.	Oortwijn Menno	67	08-021	48.40	25m	16-3-80	Heemskerk (NED)	141
187.	de Roode Jeremiah	99	08-021	48.42	25m	27-1-11	Heemskerk (NED)	141
188.	van Rijn Ian	05	08-021	48.43	25m	10-6-17	Zaandam (NED)	141
189.	Wegchelaar Geert Jan	64	08-021	48.60	25m	10-2-80	Heerhugowaard (NED)	140
190.	Zwart Mees	10	08-021	48.65	25m	26-9-24	Heemskerk (NED)	139
191.	Leegwater Liam	11	08-021	48.73	25m	21-9-23	Heemskerk (NED)	139
192.	de Vriend Ruben	03	08-021	48.77	25m	15-12-13	Zaandam (NED)	138
193.	van Lieshout Martin	76	08-021	48.80	25m	22-3-88	Heemskerk (NED)	138
194.	Smit Rob	69	08-021	49.00	25m	4-10-80	Heemskerk (NED)	136
195.	de Caluwé Thijs	82	08-021	49.10	25m	16-11-95	Heemskerk (NED)	136
196.	Piek Roy	89	08-021	49.11	25m	20-12-01	Heemskerk	135
197.	Vos Daniël	91	08-021	49.12	25m	31-12-05	Hoorndijk (NED)	135
198.	Beekma Coen	90	08-021	49.30	25m	21-4-02	Heemstede	134
199.	de Rooij Coen	89	08-021	49.32	25m	16-12-99	Heemskerk	134
200.	Kooistra André	88	08-021	49.43	25m	14-11-99	Zaandam (NED)	133
201.	Teufer Florian	95	08-021	49.52	25m	30-11-06	Heemskerk	132
202.	Wassenaar Joris	01	08-021	49.66	25m	6-3-14	Heemskerk (NED)	131
203.	Sikkema Joris	86	08-021	49.78	25m	24-9-98	Heemskerk (NED)	130
204.	Heeremans Tim	78	08-021	49.80	25m	15-12-88	Heemskerk (NED)	130
204.	Schellekens Henk	76	08-021	49.80	25m	5-10-89	Heemskerk (NED)	130
206.	Arends Peter	79	08-021	49.90	25m	12-5-93		129
207.	Liu Andy	04	08-021	49.91	25m	16-3-17	Heemskerk (NED)	129
208.	Handgraaf Jos	87	08-021	49.95	25m	14-11-99	Zaandam (NED)	129
209.	Lamers Peter	57	08-021	50.05	25m	25-10-07	Heemskerk (NED)	128
210.	Kloppenburger Albert	82	08-021	50.10	25m	12-5-93		128
211.	Komen Berend	97	08-021	50.17	25m	27-1-11	Heemskerk (NED)	127
212.	Jansen Jacques	62	08-021	50.20	25m	17-9-77	Heemskerk (NED)	127
212.	van de Wijst Peter	69	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
212.	Boonacker Wietse	68	08-021	50.20	25m	14-3-81	Heemskerk (NED)	127
215.	Vacca Sandro	04	08-021	50.26	25m	12-3-17	Purmerend (NED)	126
216.	Teufer Lorentz	96	08-021	50.32	25m	15-6-06	Heemskerk (NED)	126
216.	Vessies Max	03	08-021	50.32	25m	2-3-14	Haarlem (NED)	126
218.	Klinkenberg Marco	67	08-021	50.40	25m	16-3-80	Heemskerk (NED)	125
219.	Blaauw Xam	07	08-021	50.58	25m	7-3-19	Heemskerk (NED)	124
220.	Bleijendaal Lucas	83	08-021	50.60	25m	12-10-95	Heemskerk (NED)	124
221.	de Weers Luuk	13	08-021	50.71	25m	21-9-23	Heemskerk (NED)	123
222.	Steijn Twan	13	08-021	50.87	25m	26-9-24	Heemskerk (NED)	122
223.	Glorie Jan	57	08-021	50.88	25m	23-1-09	Vlissingen (NED)	122
224.	van Els Thomas	82	08-021	50.90	25m	16-3-94		122
224.	Thijssen Dave	82	08-021	50.90	25m	20-10-94	Heemskerk (NED)	122
226.	Zonneveld Alex	90	08-021	50.93	25m	7-10-01	Zaandam (NED)	121
227.	Brands Ronald	75	08-021	51.00	25m	15-3-87	Heemskerk (NED)	121
228.	Jong Ron	77	08-021	51.10	25m	14-12-89	Heemskerk (NED)	120
229.	van der Linden René	70	08-021	51.20	25m	3-5-81	Zaandam (NED)	119
230.	Apeldoorn Alex	89	08-021	51.24	25m	14-12-00	Heemskerk (NED)	119
231.	Groot Tim	99	08-021	51.28	25m	2-10-11	Heemskerk (NED)	119
232.	van Duivenvoorde Bram	12	08-021	51.33	25m	6-10-24	Den Helder (NED)	119
233.	de Buyzer Eelco	64	08-021	51.40	25m	22-4-78	Heemskerk (NED)	118

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234.	Martens Andre	70	08-021	51.50	25m	29-11-82	Heemskerk (NED)	117
235.	Baltjes Timo	09	08-021	51.57	25m	24-4-22	Den Helder (NED)	117
236.	Welboren Mischa	89	08-021	51.58	25m	24-9-98	Heemskerk (NED)	117
237.	van der Kolk Bart	69	08-021	51.70	25m	10-2-80	Heerhugowaard (NED)	116
238.	Welp Andre	65	08-021	51.80	25m	17-9-77	Heemskerk (NED)	115
239.	Gouweleeuw Raymond	88	08-021	51.85	25m	16-12-99	Heemskerk	115
240.	Hoogeterp Klaas	67	08-021	51.90	25m	4-10-80	Heemskerk (NED)	115
241.	Mulder Mark	97	08-021	51.94	25m	13-11-11	Zaandam (NED)	114
242.	de Ruijter Jaap	85	08-021	52.10	25m	10-10-96	Heemskerk (NED)	113
243.	van Dijk Mitchell	99	08-021	52.16	25m	8-11-09	Heemstede (NED)	113
244.	Ursem Rob	69	08-021	52.20	25m	14-3-81	Heemskerk (NED)	113
244.	de Groot Pieter	83	08-021	52.20	25m	19-10-94		113
246.	van Tilburg Beau	07	08-021	52.22	25m	24-1-19	Heemskerk (NED)	113
247.	van de Sluis Ignat	69	08-021	52.30	25m	14-3-81	Heemskerk (NED)	112
248.	Steijn Daan	11	08-021	52.38	25m	31-3-24	Haarlem (NED)	112
249.	Verhagen Bart	85	08-021	52.40	25m	14-1-96	Zuidoost Beemster (NED)	111
250.	van Hardeveld Richard	69	08-021	52.50	25m	14-3-81	Heemskerk (NED)	111
250.	Huis in 't Veld Lorenzo	03	08-021	52.50	25m	9-10-16	Alkmaar (NED)	111
252.	Beintema Andre	64	08-021	52.60	25m	17-9-77	Heemskerk (NED)	110
253.	Ramaakers Raymond	91	08-021	52.67	25m	20-4-03	Haarlem	110
254.	Buur Michael	87	08-021	52.90	25m	9-4-98	Heemskerk (NED)	108
255.	Hagebout Erwin	65	08-021	53.00	25m	17-9-77	Heemskerk (NED)	108
255.	Tholen Martijn	72	08-021	53.00	25m	20-9-81	Den Helder (NED)	108
257.	Welboren Mark	87	08-021	53.04	25m	15-11-98	Zaandam (NED)	107
258.	ten Cate Raymond	82	08-021	53.20	25m	24-4-94	Zaandam (NED)	106
258.	Zwaan Nick	94	08-021	53.20	25m	26-2-04	Heemskerk (NED)	106
260.	Jungbacker Rick	65	08-021	53.40	25m	10-2-80	Heerhugowaard (NED)	105
261.	van Heerwaarden Marcel	65	08-021	53.60	25m	17-9-77	Heemskerk (NED)	104
262.	Jong Gregory	80	08-021	53.70	25m	1-3-90	Heemskerk (NED)	103
263.	Schipper Erik	72	08-021	54.00	25m	20-9-81	Den Helder (NED)	102
263.	Viel Stefan	88	08-021	54.00	25m	9-4-98	Heemskerk (NED)	102
265.	Rasch Wilco	68	08-021	54.10	25m	4-10-80	Heemskerk (NED)	101
266.	Verhagen Michel	82	08-021	54.20	25m	12-10-95	Heemskerk (NED)	101
267.	Zwetsloot Paul	65	08-021	54.40	25m	10-2-80	Heerhugowaard (NED)	99
267.	van Wijk Peter	87	08-021	54.40	25m	9-4-98	Heemskerk (NED)	99
269.	van Heerwaarden Stefan	70	08-021	54.50	25m	14-3-81	Heemskerk (NED)	99
270.	van Lieshout Rick	78	08-021	54.80	25m	7-2-91	Heemskerk (NED)	97
271.	Put Nico	67	08-021	55.00	25m	16-3-80	Heemskerk (NED)	96
271.	van Hoytema Max	98	08-021	55.00	25m	27-9-09	Hoorl (NED)	96
273.	van de Sluis Erwin	71	08-021	55.40	25m	14-3-81	Heemskerk (NED)	94
274.	de Wit Matthew	97	08-021	55.45	25m	12-4-18	Heemskerk (NED)	94
275.	Klemann Joshua	13	08-021	55.54	25m	23-6-24	Krommenie (NED)	93
276.	Hartog Klaas	90	08-021	55.59	25m	26-4-01	Heemskerk (NED)	93
277.	Brouwer Nick	68	08-021	55.60	25m	10-2-80	Heerhugowaard (NED)	93
278.	Cekic Deniz	97	08-021	55.82	25m	16-11-08	Amsterdam-oost (NED)	92
279.	Wassenaar Teun	03	08-021	55.83	25m	30-1-14	Heemskerk (NED)	92
280.	van der Kolk Rob	68	08-021	55.90	25m	10-2-80	Heerhugowaard (NED)	92
281.	de Boer Sem	02	08-021	55.98	25m	20-1-13	Heemskerk (NED)	91
282.	van der Weide Bas	75	08-021	56.10	25m	3-5-90	Heemskerk (NED)	91
283.	Verhagen Jeroen	84	08-021	56.20	25m	15-1-95	Alkmaar (NED)	90
284.	van Heerwaarden Gerard	70	08-021	56.50	25m	14-3-81	Heemskerk (NED)	89
285.	van Honk Arjan	82	08-021	56.70	25m	8-11-90	Heemskerk (NED)	88
286.	de Wit Job	98	08-021	57.04	25m	25-11-07	Amsterdam (NED)	86

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287.	Ruyter Jurgen	60	08-021	57.50	25m	30-3-76	Heemskerk (NED)	84
288.	van der Berg Job	98	08-021	57.59	25m	22-1-09	Heemskerk (NED)	84
289.	Sadeghi Hosseen	90	08-021	57.80	25m	27-11-03	Heemskerk (NED)	83
290.	Manshanden Davy	68	08-021	58.30	25m	15-9-79	Heemskerk (NED)	81
291.	Josselet Martin	91	08-021	58.39	25m	28-2-02	Heemskerk	80
292.	Steenkamp Erwin	92	08-021	58.57	25m	27-9-01	Heemskerk	80
293.	Smith Robert	88	08-021	59.19	25m	26-4-01	Heemskerk (NED)	77
294.	Haasnoot Richard	69	08-021	59.80	25m	10-2-80	Heerhugowaard (NED)	75
295.	Lanser Werner	71	08-021	1:00.00	25m	14-3-81	Heemskerk (NED)	74
296.	Bruins Jacco	67	08-021	1:00.10	25m	15-9-79	Heemskerk (NED)	74
297.	Witkamp Jochem	91	08-021	1:00.22	25m	20-12-01	Heemskerk	73
298.	Visvaligam Athithyan	02	08-021	1:00.23	25m	21-4-13	Heemskerk (NED)	73
299.	Steenstra Martijn	72	08-021	1:00.70	25m	4-10-80	Heemskerk (NED)	71
300.	Grapendaal Aad	42	08-021	1:01.41	25m	30-1-14	Heemskerk (NED)	69
301.	Ayari Mohammed	13	08-021	1:01.94	25m	11-7-24	Heemskerk (NED)	67
302.	Schoonenberg Dave	74	08-021	1:02.50	25m	29-11-82	Heemskerk (NED)	65
303.	Jayasinghe Asanka	84	08-021	1:02.60	25m	10-10-96	Heemskerk (NED)	65
304.	Heesterbeek Mathijs	00	08-021	1:02.91	25m	7-2-10	Haarlem (NED)	64
305.	Spijker Jesse	91	08-021	1:04.29	25m	25-5-00	Heemskerk (NED)	60
306.	Havenaars Fabian	72	08-021	1:05.00	25m	29-11-82	Heemskerk (NED)	58
307.	Bus Marcel	73	08-021	1:05.30	25m	29-11-82	Heemskerk (NED)	57
308.	Oliveira Rocha Dean	14	08-021	1:05.38	25m	21-9-23	Heemskerk (NED)	57
309.	Gabriels Edwin	67	08-021	1:07.70	25m	16-3-80	Heemskerk (NED)	51
310.	Weezepeel Kelvin	09	08-021	1:10.99	25m	19-9-19	Heemskerk (NED)	44
311.	Pettinga Rodney	85	08-021	1:11.10	25m	14-3-96	Heemskerk (NED)	44
312.	Banks Ryan	18	08-021	1:13.13	25m	4-4-24	Heemskerk (NED)	41
313.	Roemeling Nicky	87	08-021	1:14.40	25m	11-1-96	Heemskerk (NED)	39
314.	Sahin Ahmet	12	08-021	1:15.14	25m	21-9-23	Heemskerk (NED)	37
315.	Landman John	75	08-021	1:25.00	25m	29-11-82	Heemskerk (NED)	26
316.	Duin Toep	74	08-021	1:25.60	25m	29-11-82	Heemskerk (NED)	25
317.	Hartog Joep	93	08-021	1:26.88	25m	26-4-01	Heemskerk (NED)	24
318.	de Weers Tijs	15	08-021	1:29.48	25m	4-6-23	Haarlem (NED)	22
319.	van Dijk Dennis	72	08-021	1:41.20	25m	29-11-82	Heemskerk (NED)	15
320.	Mul Wilbert	75	08-021	1:42.90	25m	29-11-82	Heemskerk (NED)	14

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1.	Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3.	Breton Wouter	89	08-021	1:11.70	25m	26-9-24	Heemskerk (NED)	466
4.	Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
5.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
6.	van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
7.	Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
8.	Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
9.	Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
10.	de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
11.	Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
12.	Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
13.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
14.	Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
15.	Camphuijnder Wilko	69	08-021	1:16.10	25m	21-9-97	Alkmaar (NED)	390
15.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390

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17.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
18.	Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
19.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
20.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
21.	van der Gracht Jory	87	08-021	1:16.74	25m	31-10-13	Heemskerk (NED)	380
22.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
23.	Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376
24.	Glorie Daan	88	08-021	1:17.01	25m	26-10-14	Zaandam (NED)	376
25.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372
26.	Palmboom Pascal	89	08-021	1:17.42	25m	19-11-09	Heemskerk (NED)	370
27.	Di Mattia Angelo	97	08-021	1:17.87	25m	15-3-15	Zaandam (NED)	364
28.	van Duin Peter	65	08-021	1:18.20	25m	6-2-83		359
29.	Gaal Roel	01	08-021	1:18.32	25m	2-10-22	Den Helder (NED)	357
30.	van der Kroft Barry	82	08-021	1:18.43	25m	24-4-03	Heemskerk	356
31.	Gaal Koen	99	08-021	1:18.49	25m	10-4-23	Haarlem (NED)	355
32.	Kerkhof Arno	72	08-021	1:18.50	25m	17-9-88		355
33.	Schaaper Hans	68	08-021	1:18.60	25m	9-3-89	Heemskerk (NED)	354
34.	Stins Arnold	83	08-021	1:18.67	25m	23-4-00	Haarlem (NED)	353
35.	Stam Daniël	79	08-021	1:18.70	25m	30-8-97	Assendelft (NED)	352
35.	Ayari Adam	08	08-021	1:18.70	25m	6-11-22	Alkmaar (NED)	352
37.	Hagebout Marcel	68	08-021	1:18.80	25m	10-4-83	Heemskerk (NED)	351
38.	Tijms Stefan	93	08-021	1:18.84	25m	19-9-19	Heemskerk (NED)	350
39.	Druyven Jorrick	94	08-021	1:19.09	25m	27-3-08	Heemskerk (NED)	347
40.	Essers Tim	88	08-021	1:19.14	25m	16-10-05	Alkmaar (NED)	346
41.	van de Poll Kevin	86	08-021	1:19.68	25m	28-12-03	Maastricht (NED)	339
41.	Oortwijn Kalle	05	08-021	1:19.68	25m	20-9-20	Haarlem (NED)	339
43.	van Beek Klaas	88	08-021	1:19.93	25m	7-2-10	Heemstede (NED)	336
44.	van Rookhuizen Barry	82	08-021	1:19.96	25m	7-4-02	Heemskerk	336
45.	Korzelius Ron	65	08-021	1:20.10	25m	28-10-84	Egmond (NED)	334
46.	Andeweg Celedonio	76	08-021	1:20.30	25m	15-1-94		332
47.	Wassenaar Marcel	69	08-021	1:20.40	25m	19-2-89	Heemskerk (NED)	330
48.	Steenbergen Roderik	82	08-021	1:20.49	25m	16-3-03	Heemskerk	329
49.	Schelvis Sjeng	89	08-021	1:20.67	25m	31-3-05	Heemskerk (NED)	327
50.	Kranenburg Fred	63	08-021	1:20.70	25m	12-2-84	Heemskerk (NED)	327
51.	Hoerink Jarl	86	08-021	1:20.74	25m	7-6-03	Z.o. Beemster	326
52.	Dekker Matthijs	90	08-021	1:21.51	25m	20-2-05	Aalsmeer (NED)	317
53.	Goverde Ad	59	08-021	1:21.90	25m	31-12-79		313
54.	de Wit Stephen	93	08-021	1:21.95	25m	31-10-13	Heemskerk (NED)	312
55.	Camphuijnder Jasper	05	08-021	1:21.98	25m	20-11-22	Den Helder (NED)	312
56.	Pover Peter	69	08-021	1:22.10	25m	28-9-86		310
57.	Butter Joris	86	08-021	1:22.17	25m	18-4-04	Zaandam (NED)	309
58.	Zwaan Bas	76	08-021	1:22.20	25m	17-3-94	Heemskerk	309
59.	Kramer Vincent	82	08-021	1:22.40	25m	7-5-98	Heemskerk (NED)	307
60.	Oortwijn Maarten	80	08-021	1:22.50	25m	13-2-97	Heemskerk (NED)	306
61.	Hulshof Patrick	75	08-021	1:22.60	25m	1-12-91	Heemskerk (NED)	305
62.	de Caluwe Johan	64	08-021	1:23.00	25m	16-3-80	Zandvoort (NED)	300
63.	Kemmeren Andre	88	08-021	1:23.02	25m	28-11-04	Heemskerk (NED)	300
64.	Missot Paul	64	08-021	1:23.20	25m	27-1-80	Zaandam (NED)	298
64.	Plokker Robert	65	08-021	1:23.20	25m	6-2-83		298
66.	Goverde Jeroen	73	08-021	1:23.40	25m	27-9-90	Heemskerk (NED)	296
67.	Kemmeren Ferry	91	08-021	1:23.43	25m	26-5-07	Purmerend (NED)	296
68.	Verbree John	61	08-021	1:23.60	25m	31-12-85		294
69.	de Vries Dylan	93	08-021	1:23.62	25m	2-10-11	Heemskerk (NED)	294

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70.	Hof Ronnalt	60	08-021	1:24.00	25m	26-2-78	Castricum (NED)	290
70.	Verdonk Pim	63	08-021	1:24.00	25m	7-5-78	Assendelft (NED)	290
72.	de Vijlder Michael	75	08-021	1:24.50	25m	16-10-94	Heemskerk (NED)	285
73.	Switser René	75	08-021	1:24.80	25m	5-11-89	Heemskerk (NED)	282
73.	de Boer Daniël	77	08-021	1:24.80	25m	16-3-95	Heemskerk (NED)	282
75.	Hoening Sten	84	08-021	1:24.84	25m	7-6-03	Z.o. Beemster	281
76.	de Vries Allard	96	08-021	1:25.14	25m	10-11-13	Zaandam (NED)	278
77.	de Caluwé Niels	91	08-021	1:25.37	25m	29-12-06	Maastricht (NED)	276
78.	van de Sluis Nicolai	66	08-021	1:25.50	25m	10-1-81	Hilversum (NED)	275
79.	Krijger Jan-Willem	81	08-021	1:25.60	25m	12-4-98	Haarlem (NED)	274
80.	Schaap Paul	75	08-021	1:26.20	25m	6-1-90	Hilversum (NED)	268
81.	van Honschoten Jacky	67	08-021	1:26.30	25m	16-1-83	Heemskerk (NED)	267
81.	Oortwijn Bouke	78	08-021	1:26.30	25m	27-11-93		267
83.	Overmeer Michel	60	08-021	1:26.40	25m	10-12-77	Heemskerk (NED)	266
84.	Lamers Koen	91	08-021	1:26.62	25m	21-1-07	Zaandam (NED)	264
85.	Groen Jarno	01	08-021	1:26.67	25m	11-10-18	Heemskerk (NED)	264
86.	Smit Erik	64	08-021	1:26.70	25m	13-12-80	Heemskerk (NED)	263
87.	Bleijendaal Thomas	88	08-021	1:26.88	25m	26-2-04	Heemskerk (NED)	262
88.	Woudsma Stefan	00	08-021	1:27.41	25m	14-1-18	Purmerend (NED)	257
89.	van der Bunt Raymond	73	08-021	1:27.60	25m	27-9-90	Heemskerk (NED)	255
90.	Windmuller Ton	62	08-021	1:27.70	25m	1-9-79	Heemskerk (NED)	254
91.	Deen Peter	59	08-021	1:27.80	25m	9-11-75	Alkmaar (NED)	254
92.	Martijn Onno	91	08-021	1:27.89	25m	27-3-08	Heemskerk (NED)	253
92.	de Weert Sander	72	08-021	1:27.89	25m	20-11-11	Almere-Stad (NED)	253
94.	van Hannen Erik	67	08-021	1:28.00	25m	28-2-82		252
95.	de Ruijter René	86	08-021	1:28.17	25m	20-3-05	Heemstede (NED)	250
96.	Zonneveld Jeroen	78	08-021	1:28.30	25m	26-4-98	Alkmaar (NED)	249
97.	Ijntema Tjeerd	99	08-021	1:28.86	25m	9-10-16	Alkmaar (NED)	245
98.	Tijms Eric	64	08-021	1:29.20	25m	30-10-08	Heemskerk (NED)	242
99.	de Wildt Thijs	94	08-021	1:29.41	25m	19-11-09	Heemskerk (NED)	240
100.	Zijlstra Jeroen	80	08-021	1:29.50	25m	5-2-95	Assendelft (NED)	239
101.	Kemper Marcel	65	08-021	1:29.60	25m	22-11-80	Heemskerk (NED)	239
102.	Doodeman Niels	89	08-021	1:30.44	25m	7-4-02	Heemskerk	232
103.	Oortwijn Guido	78	08-021	1:30.80	25m	15-12-91	Heemskerk (NED)	229
103.	Bal Chester	78	08-021	1:30.80	25m	6-4-97	Heemskerk (NED)	229
105.	Dekker Erik	62	08-021	1:30.90	25m	13-10-79	Heemskerk (NED)	228
106.	Voorn Max	05	08-021	1:31.09	25m	12-9-21	Alkmaar (NED)	227
107.	Vink Gé	60	08-021	1:31.19	25m	19-11-09	Heemskerk (NED)	226
108.	Meijer Viggo	06	08-021	1:31.31	25m	20-11-22	Den Helder (NED)	225
109.	Roosendaal Ben	66	08-021	1:31.60	25m	12-10-80	Wormerveer (NED)	223
110.	Kerdijk Dennis	79	08-021	1:31.70	25m	8-2-96	Heemskerk (NED)	223
111.	Woudsma Maarten	01	08-021	1:31.82	25m	18-12-16	Heemskerk (NED)	222
112.	Koopman Axel	92	08-021	1:31.85	25m	16-4-06	Haarlem (NED)	221
113.	Herwegh Dink	11	08-021	1:32.10	25m	26-9-24	Heemskerk (NED)	220
114.	de Boer Elias	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
114.	van der Linden René	70	08-021	1:32.20	25m	28-10-84	Egmond (NED)	219
114.	van Vegten Teun	01	08-021	1:32.20	25m	14-1-18	Purmerend (NED)	219
117.	Duin Goos	00	08-021	1:32.57	25m	24-9-15	Heemskerk (NED)	216
118.	Windmuller Hans-Pieter	60	08-021	1:32.60	25m	23-10-77	Zandvoort (NED)	216
119.	Ursem Jerre	73	08-021	1:32.70	25m	13-12-87	Assendelft (NED)	215
120.	Blaauw Mica	05	08-021	1:32.80	25m	8-10-20	Heemskerk (NED)	215
121.	Dekker Rudie	78	08-021	1:32.90	25m	20-11-94	Wormerveer (NED)	214
122.	Butter Stijn	11	08-021	1:32.94	25m	17-11-24	Hoofddorp (NED)	214

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123.	Dekker Ruben	93	08-021	1:33.12	25m	29-12-05	Maastricht (NED)	212
124.	van Heerwaarden Chiel	05	08-021	1:33.24	25m	8-10-20	Heemskerk (NED)	212
125.	Kuijper Alex	08	08-021	1:33.47	25m	11-2-24	Heemskerk (NED)	210
126.	den Exter Peter	63	08-021	1:33.50	25m	4-4-96	Heemskerk (NED)	210
127.	Blaauw Eric	67	08-021	1:34.61	25m	11-10-12	Heemskerk (NED)	203
128.	Vlieland Roy	99	08-021	1:35.12	25m	18-5-13	Purmerend (NED)	199
129.	van den Akker Dennis	63	08-021	1:35.20	25m	3-6-78	Z.O. Beemster (NED)	199
130.	Wolf Gert Jan	65	08-021	1:35.40	25m	6-2-83		198
131.	van Baal Elvin	86	08-021	1:35.47	25m	28-3-02	Heemskerk	197
132.	Paap Jaidy	08	08-021	1:35.52	25m	26-9-24	Heemskerk (NED)	197
133.	Tuinstra Sean	98	08-021	1:35.56	25m	11-10-12	Heemskerk (NED)	197
134.	Smit Arend	88	08-021	1:35.60	25m	29-3-01	Heemskerk (NED)	196
135.	van de Laar Viktor	05	08-021	1:35.72	25m	28-1-24	Heemskerk (NED)	196
136.	Kock Albert	61	08-021	1:36.40	25m	31-12-75		191
137.	Geijsen Jacques	67	DEM/OEZA	1:36.45	25m	31-10-13	Heemskerk (NED)	191
138.	Schoonakker Mick	07	08-021	1:36.47	25m	26-9-24	Heemskerk (NED)	191
139.	de Rooij Roel	87	08-021	1:36.52	25m	4-4-99	Haarlem (NED)	191
140.	Hof Peter	62	08-021	1:36.90	25m	10-12-77	Heemskerk (NED)	189
141.	Oudendijk Hans	54	08-021	1:36.97	25m	3-5-08	Winterswijk (NED)	188
142.	Borst Corné	96	08-021	1:37.04	25m	11-3-12	Zaandam (NED)	188
143.	van der Heijden Hans	60	08-021	1:37.20	25m	24-4-76	Heemskerk (NED)	187
144.	Ursem Rob	69	08-021	1:37.40	25m	12-2-84	Heemskerk (NED)	186
145.	de Boer Tobias	02	08-021	1:37.57	25m	6-3-16	Purmerend (NED)	185
146.	van Hardeveld Richard	69	08-021	1:37.80	25m	6-2-83		183
147.	Schillemans Bram	99	08-021	1:37.84	25m	13-10-16	Heemskerk (NED)	183
148.	Oortwijn Bjarne	07	08-021	1:38.98	25m	28-1-24	Heemskerk (NED)	177
149.	de Caluwe Perry	61	08-021	1:39.00	25m	1-9-79	Heemskerk (NED)	177
150.	Jacobs Patrick	87	08-021	1:39.01	25m	28-3-02	Heemskerk	177
151.	Tholen Martijn	72	08-021	1:39.20	25m	22-1-84	Zandvoort (NED)	176
152.	Crok Dirk	58	08-021	1:39.44	25m	11-10-12	Heemskerk (NED)	174
153.	Josselet Bart	84	08-021	1:39.55	25m	26-9-98	Assendelft (NED)	174
154.	Huisman Rene	69	08-021	1:39.70	25m	6-2-83		173
154.	Arends Martin	81	08-021	1:39.70	25m	20-3-93		173
156.	Dam Norbert	92	08-021	1:39.73	25m	5-6-04	Zaandam (NED)	173
157.	van der Gracht Adrie	57	08-021	1:40.31	25m	31-5-07	Heemskerk (NED)	170
158.	Kuijl Ben	62	08-021	1:40.40	25m	21-5-78	Heemskerk (NED)	169
159.	van Dijck Bart	63	08-021	1:40.60	25m	26-2-78	Castricum (NED)	168
159.	de Buyzer Eelco	64	08-021	1:40.60	25m	13-10-79	Heemskerk (NED)	168
161.	Boonacker Wietse	68	08-021	1:41.20	25m	24-1-82		165
162.	Zwart Mees	10	08-021	1:41.59	25m	26-9-24	Heemskerk (NED)	164
163.	de Rooij Coen	89	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
163.	Groot Sander	88	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
165.	de Roode Jeremiah	99	08-021	1:41.67	25m	13-3-11	Heemskerk (NED)	163
166.	Veldhuis Christian	88	08-021	1:41.91	25m	22-4-01	Heemskerk (NED)	162
167.	de Groot Peter	80	08-021	1:42.10	25m	16-3-95	Heemskerk (NED)	161
168.	Kloppenburger Albert	82	08-021	1:42.90	25m	16-1-94	Heemskerk	157
169.	de Vriend Ruben	03	08-021	1:43.02	25m	6-10-13	Heemskerk (NED)	157
170.	Nijland Yoran	05	08-021	1:43.68	25m	24-3-19	Purmerend (NED)	154
171.	Kooistra André	88	08-021	1:43.70	25m	27-1-00	Heemskerk (NED)	154
172.	van Heerwaarden Stefan	70	08-021	1:43.90	25m	6-2-83		153
173.	Feyen Erik	66	08-021	1:44.00	25m	21-5-78	Heemskerk (NED)	152
174.	van Rijn Ian	05	08-021	1:44.09	25m	9-11-17	Heemskerk (NED)	152
175.	van Rixel Ferry	64	08-021	1:44.60	25m	10-12-77	Heemskerk (NED)	150

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176.	Vos Daniël	91	08-021	1:44.84	25m	14-1-07	Amsterdam (NED)	149
177.	Litjens Olaf	99	08-021	1:44.98	25m	7-10-12	Zaandam (NED)	148
178.	Aardenburg Koen	91	08-021	1:45.12	25m	31-3-05	Heemskerk (NED)	148
179.	Piek Roy	89	08-021	1:45.35	25m	10-3-02	Heemskerk	147
180.	de Graaf Peter	76	08-021	1:45.50	25m	31-12-86		146
181.	Jong Ron	77	08-021	1:45.90	25m	1-3-90	Heemskerk (NED)	144
182.	Bokelaar Martijn	80	08-021	1:45.92	25m	15-11-09	Almere-Stad (NED)	144
183.	Hoekstra Marcel	78	08-021	1:46.00	25m	31-12-88		144
184.	Koning Arthur	96	08-021	1:46.54	25m	30-9-10	Heemskerk (NED)	142
185.	Teufer Florian	95	08-021	1:46.58	25m	14-1-07	Amsterdam (NED)	142
186.	Hoogeterp Klaas	67	08-021	1:46.70	25m	21-9-80	Heemskerk (NED)	141
187.	de Groot Michiel	91	08-021	1:46.72	25m	31-10-02	Heemskerk	141
188.	de Caluwé Thijs	82	08-021	1:46.80	25m	16-3-95	Heemskerk (NED)	141
189.	van Sleen Robin	90	08-021	1:46.86	25m	20-4-03	Haarlem	140
190.	van Lieshout Martin	76	08-021	1:46.90	25m	7-2-88	Heemskerk (NED)	140
190.	ten Cate Raymond	82	08-021	1:46.90	25m	22-1-95	Castricum (NED)	140
192.	Yayli Serkan	92	08-021	1:47.15	25m	8-2-04	Zaandam (NED)	139
193.	Nolte Martijn	74	08-021	1:47.50	25m	15-12-84	Hilversum (NED)	138
194.	Sikkema Joris	86	08-021	1:47.52	25m	21-3-99	Assendelft (NED)	138
195.	Dekker Johnny	67	08-021	1:47.70	25m	21-5-78	Heemskerk (NED)	137
196.	Heeremans Tim	78	08-021	1:48.00	25m	1-10-89	Zaandam (NED)	136
197.	de Moes Paul	70	08-021	1:48.60	25m	12-2-84	Heemskerk (NED)	134
198.	Vacca Sandro	04	08-021	1:48.77	25m	12-3-17	Purmerend (NED)	133
199.	Smit Rob	69	08-021	1:49.10	25m	27-4-80	Assendelft (NED)	132
200.	van Dijk Mitchell	99	08-021	1:49.18	25m	6-6-10	Zaandam (NED)	132
201.	Beeksma Coen	90	08-021	1:49.65	25m	13-1-02	Zaandam	130
202.	Wassenaar Joris	01	08-021	1:49.78	25m	9-3-14	Zaandam (NED)	129
203.	Teufer Lorentz	96	08-021	1:49.83	25m	14-1-07	Amsterdam (NED)	129
204.	Arends Peter	79	08-021	1:50.00	25m	20-12-92	Volendam (NED)	129
205.	Steijn Twan	13	08-021	1:50.15	25m	20-10-24	Heemskerk (NED)	128
206.	van Heerwaarden Gerard	70	08-021	1:50.20	25m	28-2-82		128
206.	Wassenaar Edwin	72	08-021	1:50.20	25m	27-2-83	Assendelft (NED)	128
208.	Bleijendaal Lucas	83	08-021	1:50.30	25m	29-10-95	Castricum (NED)	128
209.	van de Wijst Peter	69	08-021	1:50.40	25m	18-1-81	Zaandam (NED)	127
209.	de Groot Pieter	83	08-021	1:50.40	25m	5-2-94		127
211.	Leegwater Liam	11	08-021	1:50.86	25m	4-6-23	Haarlem (NED)	126
212.	van Duivenvoorde Bram	12	08-021	1:51.15	25m	6-10-24	Den Helder (NED)	125
213.	Schipper Erik	72	08-021	1:51.20	25m	27-2-83	Assendelft (NED)	125
214.	Thijssen Dave	82	08-021	1:51.30	25m	22-1-95	Castricum (NED)	124
215.	Huis in 't Veld Lorenzo	03	08-021	1:51.42	25m	9-10-16	Alkmaar (NED)	124
216.	van Tilburg Beau	07	08-021	1:51.53	25m	19-9-19	Heemskerk (NED)	123
217.	Mulder Mark	97	08-021	1:51.72	25m	13-11-11	Zaandam (NED)	123
218.	Blaauw Xam	07	08-021	1:52.06	25m	12-1-20	Purmerend (NED)	122
219.	Komen Berend	97	08-021	1:52.20	25m	14-11-10	Castricum (NED)	121
220.	Groot Tim	99	08-021	1:52.63	25m	2-10-11	Heemskerk (NED)	120
221.	Snel Jeffrey	86	08-021	1:52.87	25m	16-1-00	Zaandam (NED)	119
222.	Zonneveld Alex	90	08-021	1:52.88	25m	29-11-01	Heemskerk	119
223.	Wiegman Stefan	74	08-021	1:52.90	25m	7-10-84	Volendam (NED)	119
224.	Welboren Mischa	89	08-021	1:53.06	25m	20-12-98	Alkmaar (NED)	118
225.	van de Sluis Erwin	71	08-021	1:53.20	25m	19-12-81	Hilversum (NED)	118
226.	Rasch Wilco	68	08-021	1:53.40	25m	13-12-80	Heemskerk (NED)	117
227.	Manshanden Davy	68	08-021	1:53.70	25m	13-12-80	Heemskerk (NED)	116
228.	Verhagen Michel	82	08-021	1:53.90	25m	24-11-94	Heemskerk (NED)	116

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229.	van Leeuwen Elbert	73	08-021	1:54.10	25m	6-2-83		115
230.	Welboren Mark	87	08-021	1:54.16	25m	29-10-98	Heemskerk (NED)	115
231.	Viel Stefan	88	08-021	1:54.90	25m	12-4-98	Haarlem (NED)	113
232.	Zwaan Nick	94	08-021	1:54.91	25m	14-12-03	Zaandam (NED)	113
233.	de Weers Luuk	13	08-021	1:55.33	25m	8-10-23	Zaandam (NED)	112
234.	Vessies Max	03	08-021	1:55.34	25m	15-12-13	Zaandam (NED)	112
235.	Ramaakers Raymond	91	08-021	1:55.55	25m	26-2-04	Heemskerk (NED)	111
236.	Kreuger Dave	73	08-021	1:57.00	25m	2-9-84	Heemskerk (NED)	107
237.	Geurtsen Hans	61	08-021	1:57.20	25m	24-5-75	Z.O. Beemster (NED)	106
238.	Apeldoorn Alex	89	08-021	1:57.36	25m	1-10-00	Zaandam (NED)	106
239.	de Ruijter Jaap	85	08-021	1:57.90	25m	20-10-96	Assendelft (NED)	104
240.	Steijn Daan	11	08-021	1:57.99	25m	26-9-24	Heemskerk (NED)	104
241.	Liu Andy	04	08-021	1:58.45	25m	13-11-16	Purmerend (NED)	103
242.	Jong Gregory	80	08-021	1:58.80	25m	21-1-90	Zaandam (NED)	102
243.	de Ruijter Joost	74	08-021	1:59.10	25m	23-9-84	Heemskerk (NED)	101
244.	Gouweleeuw Raymond	88	08-021	1:59.60	25m	6-2-00	Haarlem (NED)	100
245.	Glorie Jan	57	08-021	1:59.76	25m	23-1-11	Heerenveen (NED)	100
246.	van Wijk Peter	87	08-021	1:59.79	25m	29-10-98	Heemskerk (NED)	100
247.	Hekman Sidney	71	08-021	2:00.50	25m	16-1-83	Heemskerk (NED)	98
248.	van Els Thomas	82	08-021	2:00.70	25m	17-11-93		97
249.	Buur Michael	87	08-021	2:00.90	25m	8-2-98	Zaandam (NED)	97
250.	Visvaligam Athithiyan	02	08-021	2:00.96	25m	18-9-14	Heemskerk (NED)	97
251.	van Hoytema Max	98	08-021	2:01.08	50m	12-6-10	Beverwijk (NED)	105
252.	Welp Marco	72	08-021	2:01.20	25m	23-9-84	Heemskerk (NED)	96
253.	Bruins Jacco	67	08-021	2:01.60	25m	1-9-79	Heemskerk (NED)	95
254.	de Boer Sem	02	08-021	2:01.97	25m	9-12-12	Zaandam (NED)	94
255.	Verhagen Bart	85	08-021	2:02.30	25m	15-10-95	Alkmaar (NED)	94
256.	de Wit Job	98	08-021	2:02.71	25m	13-12-07	Heemskerk (NED)	93
257.	de Wit Matthew	97	08-021	2:02.84	25m	24-9-15	Heemskerk (NED)	92
258.	Wassenaar Teun	03	08-021	2:03.89	25m	31-10-13	Heemskerk (NED)	90
259.	van Lieshout Rick	78	08-021	2:03.90	25m	14-3-91	Heemskerk (NED)	90
260.	Apontoweil Joerie	67	08-021	2:04.00	25m	22-4-78	Heemskerk (NED)	90
261.	van der Berg Job	98	08-021	2:04.17	25m	30-10-08	Heemskerk (NED)	89
262.	Salic Keno	89	08-021	2:04.92	25m	29-11-01	Heemskerk	88
263.	Baltjes Timo	09	08-021	2:05.63	25m	13-3-22	Den Helder (NED)	86
264.	Verhagen Jeroen	84	08-021	2:09.80	25m	22-1-95	Castricum (NED)	78
265.	Josselet Martin	91	08-021	2:10.22	25m	29-11-01	Heemskerk	77
266.	Steenstra Martijn	72	08-021	2:11.00	25m	21-9-80	Heemskerk (NED)	76
267.	Cekic Deniz	97	08-021	2:11.88	25m	13-1-08	Heemskerk (NED)	74
268.	Sadeghi Hosseen	90	08-021	2:15.69	25m	7-6-03	Z.o. Beemster	68
269.	Heesterbeek Mathijs	00	08-021	2:16.22	25m	30-9-10	Heemskerk (NED)	68
270.	Ayari Mohammed	13	08-021	2:16.41	25m	4-4-24	Heemskerk (NED)	67
271.	Metz Aron	73	08-021	2:26.70	25m	7-11-81	Heemskerk (NED)	54
272.	Grapendaal Aad	42	08-021	2:29.17	25m	31-10-13	Heemskerk (NED)	51
273.	Weezepoel Kelvin	09	08-021	2:30.02	25m	19-9-19	Heemskerk (NED)	50
274.	Pettinga Rodney	85	08-021	2:33.70	25m	4-4-96	Heemskerk (NED)	47

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1.	Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2.	Oudendijk Paul	81	08-021	2:32.55	25m	18-1-09	Haarlem (NED)	492
3.	Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
4.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
5.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
6.	Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
7.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
8.	Glorie Daan	88	08-021	2:45.33	25m	18-1-15	Zaandam (NED)	386
9.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
10.	Camphuijnder Wilko	69	08-021	2:45.80	25m	9-10-97	Heemskerk (NED)	383
11.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
12.	van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
13.	Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
14.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
15.	Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
16.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
17.	Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
18.	Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353
19.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
20.	Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346
21.	van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
22.	Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
23.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
24.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
24.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343
26.	Bok Reitze	73	08-021	2:52.30	25m	22-3-90	Heemskerk (NED)	341
27.	Hermans Luuk	85	08-021	2:52.46	25m	27-11-05	Heemskerk (NED)	340
28.	Kerkhof Arno	72	08-021	2:52.60	25m	22-3-90	Heemskerk (NED)	339
29.	Druyven Jorrick	94	08-021	2:53.08	25m	13-1-08	Heemskerk (NED)	336
30.	Steenbergen Roderik	82	08-021	2:54.91	25m	17-11-02	Heemskerk	326
31.	Stam Daniël	79	08-021	2:55.30	25m	9-10-97	Heemskerk (NED)	324
32.	Ayari Adam	08	08-021	2:56.35	25m	22-5-22	Hoofddorp (NED)	318
33.	Essers Tim	88	08-021	2:56.38	25m	5-10-03	Heemskerk (NED)	318
34.	Camphuijnder Jasper	05	08-021	2:56.46	25m	2-10-22	Den Helder (NED)	317
35.	van Rookhuizen Barry	82	08-021	2:56.87	25m	17-11-02	Heemskerk	315
36.	Oortwijn Kalle	05	08-021	2:57.26	25m	16-11-19	Hoofddorp (NED)	313
37.	van der Kroft Barry	82	08-021	2:57.66	25m	25-1-01	Heemskerk (NED)	311
38.	Palmboom Pascal	89	08-021	2:58.26	25m	19-3-06	Heemskerk (NED)	308
39.	Dekker Matthijs	90	08-021	2:58.27	25m	6-3-05	Den Haag	308
40.	Schaaper Hans	68	08-021	2:58.40	25m	15-3-87	Heemskerk (NED)	307
41.	Schelvis Sjeng	89	08-021	2:58.57	25m	3-10-04	Heemskerk (NED)	306
42.	Kranenburg Fred	63	08-021	2:58.70	25m	31-5-81	Heerhugowaard (NED)	306
43.	Kramer Vincent	82	08-021	2:59.35	25m	9-11-03	Zaandam	302
44.	de Boer Daniël	77	08-021	3:00.40	25m	18-11-93	Heemskerk	297
44.	Gaal Koen	99	08-021	3:00.40	25m	4-2-18	Purmerend (NED)	297
46.	Andeweg Celedonio	76	08-021	3:01.10	25m	2-11-91		294
47.	de Vries Allard	96	08-021	3:01.15	25m	9-3-14	Zaandam (NED)	293
48.	Pover Peter	69	08-021	3:01.30	25m	21-3-90		293
49.	Butter Joris	86	08-021	3:01.60	25m	30-10-03	Heemskerk	291
50.	de Vries Dylan	93	08-021	3:02.38	25m	25-3-10	Heemskerk (NED)	287
51.	Goverde Ad	59	08-021	3:02.50	25m	9-9-79	Wormerveer (NED)	287
52.	Zwaan Bas	76	08-021	3:02.70	25m	24-11-94	Heemskerk (NED)	286
53.	Hoening Jarl	86	08-021	3:03.30	25m	29-11-01	Heemskerk	283

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54.	Hof Ronnalt	60	08-021	3:04.30	25m	22-1-78	Zaandam (NED)	279
55.	de Wit Stephen	93	08-021	3:04.41	25m	13-3-11	Heemskerk (NED)	278
56.	van de Sluis Nicolai	66	08-021	3:04.50	25m	5-4-81	Heemskerk (NED)	278
57.	Krijger Jan-Willem	81	08-021	3:05.37	25m	11-10-98	Alkmaar (NED)	274
58.	Verdonk Pim	63	08-021	3:05.60	25m	7-5-78	Assendelft (NED)	273
59.	Kemmeren Andre	88	08-021	3:05.70	25m	28-11-04	Heemskerk (NED)	272
60.	Woudsma Stefan	00	08-021	3:05.93	25m	4-2-18	Purmerend (NED)	271
61.	Kemmeren Ferry	91	08-021	3:06.15	25m	1-10-06	Volendam (NED)	270
62.	Lamers Koen	91	08-021	3:06.28	25m	19-10-06	Heemskerk	270
63.	Hoening Sten	84	08-021	3:06.98	25m	18-1-04	IJmuiden (NED)	267
64.	van de Poll Kevin	86	08-021	3:07.20	25m	30-10-03	Heemskerk	266
65.	Oortwijn Bouke	78	08-021	3:08.20	25m	7-1-93	Heemskerk (NED)	262
66.	Hagebout Marcel	68	08-021	3:08.30	25m	7-11-81	Heemskerk (NED)	261
67.	van der Heijden Hans	60	08-021	3:08.70	25m	8-1-77	Heemskerk (NED)	260
68.	Oortwijn Maarten	80	08-021	3:08.90	25m	9-11-95	Heemskerk (NED)	259
69.	Verbree John	61	08-021	3:09.00	25m	29-11-87	Amstelveen (NED)	258
70.	Korzelius Ron	65	08-021	3:09.10	25m	29-11-87	Amstelveen (NED)	258
71.	Goverde Jeroen	73	08-021	3:10.10	25m	22-3-90	Heemskerk (NED)	254
71.	Hulshof Patrick	75	08-021	3:10.10	25m	6-1-93		254
73.	de Vijlder Michael	75	08-021	3:10.40	25m	24-11-94	Heemskerk (NED)	253
74.	Switser René	75	08-021	3:12.40	25m	22-3-90	Heemskerk (NED)	245
75.	Groen Jarno	01	08-021	3:12.66	25m	4-10-15	Purmerend (NED)	244
76.	Overmeer Michel	60	08-021	3:12.80	25m	21-5-78	Heemskerk (NED)	243
76.	Besse Niels	72	08-021	3:12.80	25m	5-11-89	Heemskerk (NED)	243
76.	Zonneveld Jeroen	78	08-021	3:12.80	25m	9-10-97	Heemskerk (NED)	243
79.	van der Bunt Raymond	73	08-021	3:13.00	25m	22-3-90	Heemskerk (NED)	243
80.	de Caluwé Niels	91	08-021	3:13.12	25m	30-9-07	Volendam (NED)	242
81.	de Ruijter René	86	08-021	3:13.15	25m	30-10-03	Heemskerk	242
82.	Plokker Robert	65	08-021	3:13.40	25m	7-11-81	Heemskerk (NED)	241
83.	Deen Peter	59	08-021	3:14.40	25m	8-1-77	Heemskerk (NED)	237
84.	Doodeman Niels	89	08-021	3:15.89	25m	29-11-01	Heemskerk	232
85.	Martijn Onno	91	08-021	3:15.90	25m	30-9-07	Volendam (NED)	232
86.	Kerdijk Dennis	79	08-021	3:16.20	25m	10-4-97	Heemskerk (NED)	231
87.	Zijlstra Jeroen	80	08-021	3:17.30	25m	9-11-95	Heemskerk (NED)	227
88.	Roosendaal Ben	66	08-021	3:19.10	25m	5-4-81	Heemskerk (NED)	221
89.	Duin Goos	00	08-021	3:19.23	25m	4-10-15	Purmerend (NED)	220
90.	Dekker Rudie	78	08-021	3:19.80	25m	18-11-93	Heemskerk	219
91.	Koopman Axel	92	08-021	3:20.45	25m	27-10-05	Heemskerk (NED)	216
92.	Bal Chester	78	08-021	3:20.70	25m	9-11-95	Heemskerk (NED)	216
93.	Windmuller Ton	62	08-021	3:20.90	25m	28-10-79	Heerhugowaard (NED)	215
94.	Ijnterna Tjeerd	99	08-021	3:21.21	25m	2-10-16	Purmerend (NED)	214
95.	Vlieland Roy	99	08-021	3:22.20	25m	7-10-12	Zaandam (NED)	211
96.	van Hannen Erik	67	08-021	3:22.40	25m	7-11-81	Heemskerk (NED)	210
97.	Kock Albert	61	08-021	3:23.10	25m	24-5-75	Z.O. Beemster (NED)	208
98.	Dekker Ruben	93	08-021	3:23.77	25m	27-10-05	Heemskerk (NED)	206
99.	Vink Gé	60	08-021	3:24.03	25m	31-5-07	Heemskerk (NED)	205
100.	Bleijendaal Thomas	88	08-021	3:24.38	25m	30-10-03	Heemskerk	204
101.	van Vegten Teun	01	08-021	3:24.41	25m	12-3-17	Purmerend (NED)	204
102.	de Weert Sander	72	08-021	3:24.70	25m	8-1-11	Zwolle (NED)	203
103.	de Boer Tobias	02	08-021	3:25.49	25m	12-3-17	Purmerend (NED)	201
104.	Meijer Viggo	06	08-021	3:26.09	25m	2-10-22	Den Helder (NED)	199
105.	de Caluwe Johan	64	08-021	3:26.10	25m	22-4-78	Heemskerk (NED)	199
106.	Tijms Eric	64	08-021	3:27.18	25m	12-6-11	Purmerend (NED)	196

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107.	Schoonakker Mick	07	08-021	3:28.16	25m	23-4-23	Den Helder (NED)	193
108.	Arends Martin	81	08-021	3:28.80	25m	7-1-93	Heemskerk (NED)	191
109.	Thijssen Dave	82	08-021	3:29.80	25m	9-11-95	Heemskerk (NED)	189
110.	Blaauw Eric	67	08-021	3:29.92	25m	19-5-13	Purmerend (NED)	188
111.	Geurs Paul	57	08-021	3:30.40	25m	24-5-75	Z.O. Beemster (NED)	187
111.	de Rooij Roel	87	08-021	3:30.40	25m	16-1-99		187
113.	Oudendijk Hans	54	08-021	3:30.46	25m	4-5-08	Winterswijk (NED)	187
114.	van Honschoten Jacky	67	08-021	3:30.50	25m	19-10-80	Heemskerk (NED)	187
115.	Blaauw Mica	05	08-021	3:30.90	25m	6-10-19	Purmerend (NED)	186
116.	van Heerwaarden Chiel	05	08-021	3:31.00	25m	6-10-19	Purmerend (NED)	185
117.	Borst Corné	96	08-021	3:31.59	25m	2-10-11	Heemskerk (NED)	184
118.	Kemper Marcel	65	08-021	3:31.90	25m	28-10-79	Heerhugowaard (NED)	183
119.	Gaal Roel	01	08-021	3:31.92	25m	16-3-14	Zaandam (NED)	183
120.	Oortwijn Bjarne	07	08-021	3:32.91	25m	23-4-23	Den Helder (NED)	181
121.	Dam Norbert	92	08-021	3:34.74	25m	28-11-04	Heemskerk (NED)	176
122.	Litjens Olaf	99	08-021	3:36.74	25m	7-10-12	Zaandam (NED)	171
123.	Schillemans Bram	99	08-021	3:37.74	25m	4-2-18	Purmerend (NED)	169
124.	Veldhuis Christian	88	08-021	3:39.07	25m	18-11-01	Heemskerk	166
125.	Josselet Bart	84	08-021	3:39.89	25m	22-11-98	Zaandam (NED)	164
126.	Jacobs Patrick	87	08-021	3:39.91	25m	29-11-01	Heemskerk	164
127.	Woudsma Maarten	01	08-021	3:40.94	25m	22-3-15	Zaandam (NED)	161
128.	de Wildt Thijs	94	08-021	3:41.70	25m	15-3-09	Haarlem (NED)	160
129.	Dekker Erik	62	08-021	3:41.80	25m	8-1-77	Heemskerk (NED)	160
130.	Nijland Yoran	05	08-021	3:42.13	25m	10-2-19	Purmerend (NED)	159
131.	Crok Dirk	58	08-021	3:43.05	25m	4-5-08	Winterswijk (NED)	157
132.	Boonacker Wietse	68	08-021	3:43.30	25m	7-11-81	Heemskerk (NED)	156
133.	Kooistra André	88	08-021	3:43.89	25m	20-2-00	Assendelft (NED)	155
134.	Wolf Gert Jan	65	08-021	3:43.90	25m	7-11-81	Heemskerk (NED)	155
135.	Tuinstra Sean	98	08-021	3:44.37	25m	25-3-10	Heemskerk (NED)	154
136.	Hof Peter	62	08-021	3:45.40	25m	8-1-77	Heemskerk (NED)	152
137.	Yayli Serkan	92	08-021	3:46.07	25m	28-10-04	Heemskerk (NED)	151
138.	Huisman Rene	69	08-021	3:47.20	25m	7-11-81	Heemskerk (NED)	148
139.	Arends Peter	79	08-021	3:47.80	25m	7-1-93	Heemskerk (NED)	147
140.	van der Linden René	70	08-021	3:48.50	25m	7-11-81	Heemskerk (NED)	146
141.	Leegwater Liam	11	08-021	3:48.86	25m	29-1-23	Heemskerk (NED)	145
142.	Koning Arthur	96	08-021	3:49.18	25m	25-3-10	Heemskerk (NED)	145
143.	de Groot Peter	80	08-021	3:49.60	25m	15-6-95	Heemskerk (NED)	144
144.	Aardenburg Koen	91	08-021	3:49.75	25m	2-10-05	Zaandam (NED)	144
145.	Vos Daniël	91	08-021	3:50.26	25m	27-10-05	Heemskerk (NED)	143
146.	van Duivenvoorde Bram	12	08-021	3:50.86	25m	6-10-24	Den Helder (NED)	141
147.	van den Akker Dennis	63	08-021	3:51.40	25m	8-1-77	Heemskerk (NED)	141
148.	de Caluwe Perry	61	08-021	3:51.80	25m	8-1-77	Heemskerk (NED)	140
148.	Bleijendaal Lucas	83	08-021	3:51.80	25m	9-11-95	Heemskerk (NED)	140
150.	ten Cate Raymond	82	08-021	3:51.90	25m	24-11-94	Heemskerk (NED)	140
151.	van Sleen Robin	90	08-021	3:52.00	25m	17-11-02	Heemskerk	139
152.	Blaauw Xam	07	08-021	3:52.13	25m	12-1-20	Purmerend (NED)	139
153.	van der Gracht Adrie	57	08-021	3:53.00	25m	12-1-08	Zwolle (NED)	138
154.	Ursem Rob	69	08-021	3:54.00	25m	7-11-81	Heemskerk (NED)	136
155.	Piek Roy	89	08-021	3:54.04	25m	18-11-01	Heemskerk	136
156.	Groot Tim	99	08-021	3:56.91	25m	9-10-11	Zaandam (NED)	131
157.	Jong Ron	77	08-021	3:57.10	25m	11-3-90	Assendelft (NED)	131
158.	Paap Jaidy	08	08-021	3:57.75	25m	23-4-23	Den Helder (NED)	130
159.	Snel Jeffrey	86	08-021	3:58.59	25m	27-1-00	Heemskerk (NED)	128

200 schoolslag (sinds 160)

160.	van Tilburg Beau	07	08-021	3:58.74	25m	29-9-19	Haarlem (NED)	128
161.	de Roode Jeremiah	99	08-021	4:00.03	25m	25-3-10	Heemskerk (NED)	126
162.	van Hardeveld Richard	69	08-021	4:00.20	25m	7-11-81	Heemskerk (NED)	126
163.	van Dijk Mitchell	99	08-021	4:02.56	25m	25-3-10	Heemskerk (NED)	122
164.	Huis in 't Veld Lorenzo	03	08-021	4:03.97	25m	18-9-16	Zaandam (NED)	120
165.	Komen Berend	97	08-021	4:04.27	25m	10-10-10	Zaandam (NED)	119
166.	de Rooij Coen	89	08-021	4:07.02	25m	24-1-99	Assendelft (NED)	115
167.	Kuijl Ben	62	08-021	4:07.50	25m	8-1-77	Heemskerk (NED)	115
168.	Verhagen Michel	82	08-021	4:08.00	25m	9-11-95	Heemskerk (NED)	114
169.	Ramaakers Raymond	91	08-021	4:09.09	25m	9-11-03	Zaandam	113
170.	de Caluwé Thijs	82	08-021	4:09.10	25m	24-11-94	Heemskerk (NED)	113
171.	van Heerwaarden Stefan	70	08-021	4:11.10	25m	7-11-81	Heemskerk (NED)	110
172.	Lamers Peter	57	08-021	4:11.29	25m	13-12-07	Heemskerk (NED)	110
173.	Apeldoorn Alex	89	08-021	4:11.44	25m	20-2-00	Assendelft (NED)	109
174.	van Dijck Bart	63	08-021	4:13.20	25m	8-1-77	Heemskerk (NED)	107
175.	Jong Gregory	80	08-021	4:14.80	25m	22-3-90	Heemskerk (NED)	105
176.	Glorie Jan	57	08-021	4:15.11	25m	10-1-09	Zwolle (NED)	105
177.	de Veer Albert	72	08-021	4:28.00	25m	2-9-84	Heemskerk (NED)	90
178.	van Hoytema Max	98	08-021	4:28.40	25m	25-3-10	Heemskerk (NED)	90
179.	Steijn Daan	11	08-021	4:32.50	25m	29-1-23	Heemskerk (NED)	86
180.	Sadeghi Hosseen	90	08-021	4:33.78	25m	30-10-03	Heemskerk	85
181.	Heesterbeek Mathijs	00	08-021	5:02.50	25m	25-3-10	Heemskerk (NED)	63

250 schoolslag500 schoolslag

1.	Oudendijk Paul	81	08-021	7:27.71	OW	8-7-06	Oss (NED)	
2.	Dekker Matthijs	90	08-021	8:22.25	OW	26-6-05	Breukelen (NED)	
3.	Druyven Jorrick	94	08-021	8:24.51	OW	4-8-07	Hoom (NED)	
4.	de Ruijter Richard	88	08-021	8:28.39	OW	15-6-03	Spaarnwoude (NED)	
5.	van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)	
6.	Crok Pieter	91	08-021	8:39.52	OW	1-7-07	Bodegraven (NED)	
7.	Glorie Daan	88	08-021	8:47.22	OW	21-8-04	Bussloo (NED)	
8.	Jongert Sjoerd	01	08-021	8:50.75	OW	4-9-16	Vlissingen (NED)	
9.	Tijms Stefan	93	08-021	9:15.90	OW	22-6-08	Breukelen (NED)	
10.	Palmboom Pascal	89	08-021	9:16.23	OW	21-8-04	Bussloo (NED)	
11.	Dekker Ruben	93	08-021	9:19.44	OW	2-7-05	Sluis (NED)	
12.	Kleijne Barry	93	08-021	9:25.47	OW	26-7-09	Langedijk (NED)	
13.	Kemmeren Ferry	91	08-021	9:40.74	OW	30-7-06	Hoom (NED)	
14.	Offringa Rick	03	08-021	9:43.60	OW	15-7-18	Amsterdam (NED)	
15.	de Weert Sander	72	08-021	10:17.92	OW	30-6-12	Scheerwolde (NED)	
16.	Butter Stijn	11	08-021	10:18.60	OW	21-7-24	Amsterdam (NED)	
17.	Vlieland Roy	99	08-021	10:25.80	OW	17-6-12	Spaarnwoude (NED)	
18.	Woudsma Stefan	00	08-021	11:18.19	OW	22-7-12	Amsterdam (NED)	

800 schoolslag

1.	Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)	
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1000 schoolslag

1. Oudendijk Paul	81	08-021	14:53.32	OW	30-8-09	Oosterhout (NED)
2. Offringa Rick	03	08-021	16:05.71	OW	15-7-23	Amstelveen (NED)
3. Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
4. Crok Pieter	91	08-021	17:33.80	OW	30-6-07	Scheerwolde (NED)
5. van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
6. Jongert Sjoerd	01	08-021	17:43.94	OW	23-7-16	Amstelveen (NED)
7. Dekker Matthijs	90	08-021	18:14.11	OW	23-7-05	Anna-Paulowna (NED)
8. Druyven Jorrick	94	08-021	18:25.74	OW	19-7-08	Anna-Paulowna (NED)
9. Stins Arnold	83	08-021	18:33.91	OW	25-7-10	Langedijk (NED)
10. Vink Gé	60	08-021	18:37.56	OW	30-8-09	Oosterhout (NED)
11. Oudendijk Hans	54	08-021	18:41.73	OW	30-8-09	Oosterhout (NED)
12. Butter Martijn	79	08-021	18:54.69	OW	15-9-07	Hank (NED)
13. de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)
14. Zwaan Bas	76	08-021	19:34.50	OW	12-7-94	Harderwijk (NED)
15. Tijms Eric	64	08-021	19:56.19	OW	22-6-08	Breukelen (NED)
16. van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)
17. Crok Dirk	58	08-021	21:04.90	OW	4-8-12	Hoorndijk (NED)
18. Vlieland Roy	99	08-021	21:14.80	OW	28-7-12	Anna-Paulowna (NED)
19. Kleijne Barry	93	08-021	21:33.04	OW	17-8-08	Aalsmeer (NED)
20. van der Gracht Adrie	57	08-021	22:10.71	OW	25-8-07	Tilburg (NED)
21. Buur Rene	63	08-021	23:18.75	OW	17-8-13	Heerjansdam (NED)
22. Glorie Jan	57	08-021	24:34.21	OW	28-7-12	Anna-Paulowna (NED)

1250 schoolslag

1. Tijms Stefan	93	08-021	21:32.10	OW	28-7-19	Hoorndijk (NED)
2. van der Gracht Jory	87	08-021	23:25.00	OW	28-7-19	Hoorndijk (NED)
3. Tijms Eric	64	08-021	26:28.15	OW	10-9-17	Hoorndijk (NED)
4. van der Gracht Adrie	57	08-021	35:27.26	OW	21-7-18	Hoorndijk (NED)

1500 schoolslag

1. Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)
2. Jongert Sjoerd	01	08-021	28:06.00	OW	3-9-16	Wilhelminadorp (NED)
3. de Weert Sander	72	08-021	31:45.94	OW	30-6-12	Scheerwolde (NED)
4. Vink Gé	60	08-021	31:47.56	OW	30-6-12	Scheerwolde (NED)
5. van der Gracht Adrie	57	08-021	38:14.47	OW	30-6-12	Scheerwolde (NED)

2000 schoolslag

1. Oudendijk Paul	81	08-021	23:08.19	OW	8-7-07	Beusichem-Culemborg (NED)
2. Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3. Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4. Glorie Daan	88	08-021	33:10.63	OW	10-9-05	Oosterhout (NED)
5. Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
6. Tijms Stefan	93	08-021	33:47.98	OW	19-6-11	Spaarnwoude (NED)
7. Crok Pieter	91	08-021	35:30.43	OW	22-6-08	Breukelen (NED)
8. van Duin Peter	65	08-021	35:38.50	OW	30-6-83	Amstelveen (NED)
9. van Rijn Michael	70	08-021	35:42.10	OW	17-6-84	Amstelveen (NED)
10. Stam Daniël	79	08-021	37:01.10	OW	15-6-97	Spaarnwoude (NED)
11. van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)
12. Dijkstra Menno	68	08-021	37:54.30	OW	17-6-84	Amstelveen (NED)
13. Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)

2000 schoolslag (sinds 14)

14. Jongert Sjoerd	01	08-021	38:12.69	OW	2-9-18	Vlissingen (NED)
15. Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)
16. Hogenstijn Peter	84	08-021	38:39.58	OW	29-7-01	Langedijk (NED)
17. Vink Gé	60	08-021	41:09.84	OW	13-8-11	Heerjansdam (NED)
18. de Weert Sander	72	08-021	42:02.53	OW	4-8-12	Hoom (NED)
19. Oudendijk Hans	54	08-021	42:59.32	OW	4-7-09	Oss (NED)
20. Tijms Eric	64	08-021	43:13.40	OW	6-7-12	Appeltern (NED)
21. Crok Dirk	58	08-021	43:38.78	OW	6-7-12	Appeltern (NED)
22. van der Gracht Adrie	57	08-021	44:13.50	OW	5-7-13	Appeltern (NED)

2500 schoolslag

1. Oudendijk Paul	81	08-021	38:11.73	OW	28-6-09	Sluis (NED)
2. de Weert Sander	72	08-021	58:09.10	OW	15-7-12	Stadskanaal (NED)

3000 schoolslag

1. Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2. Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)
3. Tijms Stefan	93	08-021	52:30.51	OW	9-7-11	Wijk en Aalburg (NED)
4. Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
5. Offringa Rick	03	08-021	53:50.02	OW	16-7-22	Amstelveen (NED)
6. de Weert Sander	72	08-021	59:32.95	OW	28-7-12	Anna-Paulowna (NED)
7. Stam Daniël	79	08-021	1:03:09.90	OW	21-7-97	Anna-Paulowna (NED)
8. Vink Gé	60	08-021	1:03:49.44	OW	28-7-12	Anna-Paulowna (NED)
9. van der Gracht Adrie	57	08-021	1:14:49.08	OW	14-7-12	Wijk en Aalburg (NED)

4000 schoolslag

1. Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)
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5000 schoolslag

1. Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)
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25 vlinderslag

1. Jongert Jeroen	96	08-021	12.44	25m	7-7-22	Heemskerk (NED)	504
2. Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2. Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
4. Camphuijnder Wilko	69	08-021	12.80	25m	15-1-98	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
6. Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
7. van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
8. Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)	437
8. Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
10. Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
11. Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
12. Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
13. van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
14. Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
15. Druyven Jorrick	94	08-021	13.45	25m	29-5-08	Heemskerk (NED)	398
16. Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
17. Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394

25 vlinderslag (sinds 18)

18.	Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
19.	Camphuijnder Jasper	05	08-021	13.57	25m	7-7-22	Heemskerk (NED)	388
20.	van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
21.	Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
22.	Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
23.	de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
24.	Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
25.	Oortwijn Kalle	05	08-021	13.90	25m	7-7-22	Heemskerk (NED)	361
26.	de Vijlder Michael	75	08-021	14.00	25m	15-1-98	Heemskerk (NED)	353
27.	Kuijper Alex	08	08-021	14.05	25m	7-7-22	Heemskerk (NED)	349
28.	Oudendijk Paul	81	08-021	14.11	25m	29-5-08	Heemskerk (NED)	345
29.	Essers Tim	88	08-021	14.16	25m	19-4-07	Heemskerk (NED)	341
30.	Steenbergen Roderik	82	08-021	14.23	25m	4-5-00	Heemskerk (NED)	336
31.	Lamers Koen	91	08-021	14.30	25m	19-4-07	Heemskerk (NED)	331
32.	Oortwijn Maarten	80	08-021	14.40	25m	13-2-97	Heemskerk (NED)	324
32.	Krijger Jan-Willem	81	08-021	14.40	25m	25-3-99	Heemskerk (NED)	324
34.	Tijms Stefan	93	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
34.	Palmboom Pascal	89	08-021	14.43	25m	30-6-11	Heemskerk (NED)	322
36.	Hoening Jarl	86	08-021	14.52	25m	19-4-07	Heemskerk (NED)	316
37.	Zwaan Bas	76	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
38.	Gaal Koen	99	08-021	14.65	25m	7-7-22	Heemskerk (NED)	308
39.	de Boer Daniël	77	08-021	14.70	25m	16-3-95	Heemskerk (NED)	305
39.	Stam Daniël	79	08-021	14.70	25m	15-1-98	Heemskerk (NED)	305
41.	Beentjes Bastiaan	78	08-021	14.74	25m	4-5-00	Heemskerk (NED)	302
42.	Ayari Adam	08	08-021	14.79	25m	7-7-22	Heemskerk (NED)	299
43.	Kemmeren Ferry	91	08-021	14.86	25m	29-5-08	Heemskerk (NED)	295
44.	van der Bunt Raymond	73	08-021	14.90	25m	16-5-91	Heemskerk (NED)	293
45.	Schaaper Bart	73	08-021	15.00	25m	17-12-87	Heemskerk (NED)	287
45.	Tap Ben	69	08-021	15.00	25m	22-3-88	Heemskerk (NED)	287
45.	Wiegman Stefan	74	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
45.	Bok Reitze	73	08-021	15.00	25m	31-12-89	Heemskerk (NED)	287
49.	Goverde Jeroen	73	08-021	15.10	25m	31-12-89	Heemskerk (NED)	281
49.	Andeweg Celedonio	76	08-021	15.10	25m	13-2-97	Heemskerk (NED)	281
51.	van de Laar Viktor	05	08-021	15.12	25m	7-7-22	Heemskerk (NED)	280
52.	Zonneveld Jeroen	78	08-021	15.18	25m	29-5-08	Heemskerk (NED)	277
53.	Wassenaar Marcel	69	08-021	15.20	25m	12-1-89	Heemskerk (NED)	276
54.	de Boer Stephan	83	08-021	15.27	25m	25-3-99	Heemskerk (NED)	272
55.	Dekker Rudie	78	08-021	15.30	25m	16-3-95	Heemskerk (NED)	270
56.	de Ruijter René	86	08-021	15.36	25m	29-3-01	Heemskerk (NED)	267
56.	Oortwijn Bouke	78	08-021	15.36	25m	7-7-22	Heemskerk (NED)	267
58.	de Caluwé Niels	91	08-021	15.39	25m	19-4-07	Heemskerk (NED)	266
59.	de Groot Peter	80	08-021	15.40	25m	8-2-96	Heemskerk (NED)	265
60.	Hogenstijn Peter	84	08-021	15.47	25m	29-3-01	Heemskerk (NED)	262
61.	de Wit Stephen	93	08-021	15.54	25m	29-5-08	Heemskerk (NED)	258
62.	Martijn Onno	91	08-021	15.65	25m	29-5-08	Heemskerk (NED)	253
63.	Schaap Paul	75	08-021	15.70	25m	12-1-89	Heemskerk (NED)	250
64.	Leegwater Martijn	83	08-021	15.73	25m	7-7-22	Heemskerk (NED)	249
65.	Schelvis Sjeng	89	08-021	15.75	25m	29-3-01	Heemskerk (NED)	248
66.	Blaauw Eric	67	08-021	15.86	25m	12-1-13	Zwolle (NED)	243
67.	de Weert Sander	72	08-021	16.06	25m	30-6-11	Heemskerk (NED)	234
68.	Besse Niels	72	08-021	16.10	25m	31-12-89	Heemskerk (NED)	232
69.	Bal Chester	78	08-021	16.13	25m	25-3-99	Heemskerk (NED)	231
70.	Hulshof Patrick	75	08-021	16.30	25m	16-5-91	Heemskerk (NED)	224

25 vlinderslag (sinds 71)

71.	Tijms Eric	64	08-021	16.35	25m	29-5-08	Heemskerk (NED)	221
72.	Wassenaar Edwin	72	08-021	16.40	25m	12-1-89	Heemskerk (NED)	219
72.	Koopman Axel	92	08-021	16.40	25m	27-4-06	Heemskerk	219
74.	Butter Joris	86	08-021	16.43	25m	29-3-01	Heemskerk (NED)	218
75.	Switser René	75	08-021	16.50	25m	12-1-89	Heemskerk (NED)	215
76.	Borst Corné	96	08-021	16.87	25m	30-6-11	Heemskerk (NED)	202
77.	de Vries Allard	96	08-021	17.07	25m	30-6-11	Heemskerk (NED)	195
78.	Kerdijk Dennis	79	08-021	17.20	25m	13-2-97	Heemskerk (NED)	190
79.	de Caluwe Johan	64	08-021	17.22	25m	19-4-07	Heemskerk (NED)	190
80.	Vink Gé	60	08-021	17.25	25m	17-11-11	Heemskerk (NED)	189
81.	Doodeman Niels	89	08-021	17.91	25m	29-3-01	Heemskerk (NED)	168
82.	Vessies Max	03	08-021	18.36	25m	13-4-14	Zaandam (NED)	156
83.	Groen Jarno	01	08-021	18.42	25m	13-12-12	Heemskerk (NED)	155
84.	van Vegten Teun	01	08-021	18.50	25m	13-12-12	Heemskerk (NED)	153
85.	de Vries Dylan	93	08-021	18.64	25m	29-5-08	Heemskerk (NED)	149
85.	Meijer Viggo	06	08-021	18.64	25m	7-7-22	Heemskerk (NED)	149
87.	Oudendijk Hans	54	08-021	18.80	25m	19-4-07	Heemskerk (NED)	146
88.	de Wildt Thijs	94	08-021	19.20	25m	29-5-08	Heemskerk (NED)	137
89.	van Velsen Gerard	54	08-021	19.40	25m	22-3-88	Heemskerk (NED)	132
89.	Jong Ron	77	08-021	19.40	25m	31-12-89	Heemskerk (NED)	132
91.	Hoening Sten	84	08-021	19.41	25m	25-3-99	Heemskerk (NED)	132
92.	Smit Arend	88	08-021	19.49	25m	29-3-01	Heemskerk (NED)	131
93.	Huveneers Fabian	73	08-021	19.50	25m	22-3-88	Heemskerk (NED)	130
94.	van der Gracht Adrie	57	08-021	19.55	25m	20-2-10	Heerenveen (NED)	129
95.	Vlieland Roy	99	08-021	19.57	25m	30-6-11	Heemskerk (NED)	129
96.	de Roode Jeremiah	99	08-021	19.68	25m	4-11-10	Heemskerk (NED)	127
97.	Zijlstra Jeroen	80	08-021	19.90	25m	17-6-93	Heemskerk (NED)	123
98.	van Lieshout Martin	76	08-021	20.00	25m	22-3-88	Heemskerk (NED)	121
99.	Kaal Dennis	74	08-021	20.20	25m	12-1-89	Heemskerk (NED)	117
100.	Crok Dirk	58	08-021	20.21	25m	4-11-10	Heemskerk (NED)	117
101.	Groot Sander	88	08-021	20.25	25m	25-3-99	Heemskerk (NED)	116
102.	de Rooij Roel	87	08-021	20.31	25m	4-5-00	Heemskerk (NED)	115
103.	Oortwijn Guido	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	114
103.	Arends Martin	81	08-021	20.40	25m	16-6-93		114
105.	de Caluwé Thijs	82	08-021	20.50	25m	16-11-95	Heemskerk (NED)	112
106.	de Wit Job	98	08-021	20.63	25m	13-4-08	Hoor (NED)	110
107.	Zwart Mees	10	08-021	20.90	25m	1-2-24	Heemskerk (NED)	106
108.	Sikkema Joris	86	08-021	21.14	25m	25-3-99	Heemskerk (NED)	102
109.	de Boer Tobias	02	08-021	21.21	25m	13-12-12	Heemskerk (NED)	101
110.	van Baal Elvin	86	08-021	21.26	25m	29-3-01	Heemskerk (NED)	100
111.	Thijssen Dave	82	08-021	21.30	25m	27-4-95	Heemskerk (NED)	100
112.	de Vriend Ruben	03	08-021	21.50	25m	13-12-12	Heemskerk (NED)	97
113.	Nijland Yorán	05	08-021	21.53	25m	30-10-14	Heemskerk (NED)	97
114.	Jacobs Patrick	87	08-021	21.65	25m	29-3-01	Heemskerk (NED)	95
115.	de Rooij Coen	89	08-021	22.24	25m	4-5-00	Heemskerk (NED)	88
116.	Piek Roy	89	08-021	22.53	25m	29-3-01	Heemskerk (NED)	84
117.	Heeremans Tim	78	08-021	22.70	25m	31-12-89	Heemskerk (NED)	82
117.	ten Cate Raymond	82	08-021	22.70	25m	16-3-95	Heemskerk (NED)	82
119.	de Groot Pieter	83	08-021	22.80	25m	24-3-94	Heemskerk (NED)	81
120.	Steijn Twan	13	08-021	23.08	25m	23-6-24	Krommenie (NED)	78
121.	Josselet Bart	84	08-021	23.10	25m	5-2-98	Heemskerk (NED)	78
122.	Leegwater Liam	11	08-021	23.13	25m	7-7-22	Heemskerk (NED)	78
123.	Veldhuis Christian	88	08-021	23.19	25m	29-3-01	Heemskerk (NED)	77

25 vlinderslag (sinds 124)

124.	Welboren Mischa	89	08-021	23.23	25m	25-3-99	Heemskerk (NED)	77
125.	Butter Stijn	11	08-021	23.55	25m	7-7-22	Heemskerk (NED)	74
126.	Kloppenborg Albert	82	08-021	23.60	25m	17-6-93	Heemskerk (NED)	73
126.	Steijn Daan	11	08-021	23.60	25m	15-1-23	Den Helder (NED)	73
128.	van Duivenvoorde Bram	12	08-021	23.62	25m	21-4-24	Krommenie (NED)	73
129.	Zonneveld Alex	90	08-021	23.77	25m	25-3-01	Heerhugowaard (NED)	72
130.	Kooistra André	88	08-021	23.99	25m	25-3-99	Heemskerk (NED)	70
131.	de Graaf Peter	76	08-021	24.00	25m	22-3-88	Heemskerk (NED)	70
132.	Bleijendaal Lucas	83	08-021	24.10	25m	27-4-95	Heemskerk (NED)	69
132.	Apeldoorn Alex	89	08-021	24.10	25m	4-5-00	Heemskerk (NED)	69
134.	Blaauw Mica	05	08-021	24.11	25m	30-10-14	Heemskerk (NED)	69
135.	van Els Thomas	82	08-021	24.30	25m	17-11-93		67
136.	Welboren Mark	87	08-021	24.41	25m	25-3-99	Heemskerk (NED)	66
137.	Baltjes Timo	09	08-021	24.45	25m	7-7-22	Heemskerk (NED)	66
138.	Woudsma Stefan	00	08-021	24.78	25m	17-11-11	Heemskerk (NED)	63
139.	Litjens Olaf	99	08-021	24.80	25m	4-11-10	Heemskerk (NED)	63
140.	van Lieshout Rick	78	08-021	25.00	25m	16-5-91	Heemskerk (NED)	62
141.	Cekic Deniz	97	08-021	25.04	25m	29-5-08	Heemskerk (NED)	61
142.	Arends Peter	79	08-021	25.50	25m	16-6-93		58
143.	Verhagen Michel	82	08-021	25.70	25m	8-2-96	Heemskerk (NED)	57
144.	van Rijn Ian	05	08-021	25.75	25m	18-1-15	Zaandam (NED)	56
145.	Glorie Jan	57	08-021	25.93	25m	4-11-10	Heemskerk (NED)	55
146.	Wassenaar Joris	01	08-021	25.98	25m	17-11-11	Heemskerk (NED)	55
147.	Blaauw Xam	07	08-021	26.03	25m	10-12-15	Heemskerk (NED)	55
148.	Yayli Serkan	92	08-021	26.71	25m	10-3-02	Heemskerk	50
149.	Buur Michael	87	08-021	26.80	25m	15-1-98	Heemskerk (NED)	50
150.	Mulder Mark	97	08-021	27.06	25m	27-4-06	Heemskerk	48
151.	Woudsma Maarten	01	08-021	27.55	25m	13-12-12	Heemskerk (NED)	46
152.	Jong Gregory	80	08-021	28.00	25m	2-11-89	Heemskerk (NED)	44
153.	Heesterbeek Mathijs	00	08-021	28.35	25m	4-11-10	Heemskerk (NED)	42
154.	de Boer Sem	02	08-021	28.50	25m	13-12-12	Heemskerk (NED)	41
155.	de Wit Matthew	97	08-021	28.92	25m	30-6-11	Heemskerk (NED)	40
156.	Tuinstra Sean	98	08-021	28.96	25m	13-4-08	Hoor (NED)	39
157.	Grapendaal Aad	42	08-021	29.66	25m	5-10-13	Zwolle (NED)	37
158.	Verhagen Bart	85	08-021	31.00	25m	27-4-95	Heemskerk (NED)	32
159.	van Wijk Peter	87	08-021	31.40	25m	15-1-98	Heemskerk (NED)	31
160.	Weezepeel Kelvin	09	08-021	31.43	25m	7-11-19	Heemskerk (NED)	31
161.	Verhagen Jeroen	84	08-021	31.80	25m	27-4-95	Heemskerk (NED)	30
162.	Ayari Mohammed	13	08-021	32.31	25m	1-2-24	Heemskerk (NED)	28
163.	Gouweleeuw Raymond	88	08-021	34.98	25m	25-3-99	Heemskerk (NED)	22
164.	van der Berg Job	98	08-021	36.25	25m	29-5-08	Heemskerk (NED)	20
165.	Viel Stefan	88	08-021	39.30	25m	15-1-98	Heemskerk (NED)	15
166.	Pettinga Rodney	85	08-021	39.70	25m	8-2-96	Heemskerk (NED)	15
167.	Roemeling Nicky	87	08-021	41.70	25m	8-2-96	Heemskerk (NED)	13

50 vlinderslag

1.	Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2.	Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3.	Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4.	Camphuijnder Jasper	05	08-021	27.61	25m	24-10-24	Heemskerk (NED)	492
5.	Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
6.	Jongert Sjoerd	01	08-021	28.07	25m	27-10-24	Zaandam (NED)	468
7.	Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
8.	Gaal Roel	01	08-021	28.38	25m	10-4-23	Haarlem (NED)	453
9.	van der Gracht Jory	87	08-021	28.52	25m	3-3-13	Purmerend (NED)	446
10.	Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
11.	van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
12.	Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
13.	Breton Wouter	89	08-021	29.01	50m	23-5-09	Beverwijk (NED)	462
14.	de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
15.	Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
16.	Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
17.	Druyven Jorrick	94	08-021	29.29	50m	24-5-08	Beverwijk (NED)	449
18.	Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
18.	Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
20.	Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403
21.	Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
22.	Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
23.	Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
24.	Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
25.	van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375
26.	van Beek Klaas	88	08-021	30.27	25m	31-5-09	Purmerend (NED)	373
27.	Groen Jarno	01	08-021	30.39	25m	7-11-19	Heemskerk (NED)	369
28.	Kranenburg Fred	63	08-021	30.40	25m	11-4-81	Heemskerk (NED)	368
29.	Tamis Thijs	82	08-021	30.55	25m	19-12-02	Heemskerk	363
30.	Essers Tim	88	08-021	30.58	25m	13-1-19	Purmerend (NED)	362
31.	Oortwijn Kalle	05	08-021	30.62	25m	17-2-22	Heemskerk (NED)	360
32.	Tijms Stefan	93	08-021	30.66	25m	29-11-18	Heemskerk (NED)	359
33.	Stins Arnold	83	08-021	30.80	25m	31-1-02	Heemskerk	354
34.	de Vijlder Michael	75	08-021	30.90	50m	9-11-97	Beverwijk (NED)	382
35.	Lamers Koen	91	08-021	30.96	25m	11-3-07	Purmerend (NED)	349
36.	Oudendijk Paul	81	08-021	30.97	25m	19-1-07	Heerenveen (NED)	348
37.	Kemmeren Ferry	91	08-021	31.07	25m	9-4-07	Haarlem (NED)	345
38.	de Ruijter Richard	88	08-021	31.10	25m	6-2-05	Zuidoost-Beemster (NED)	344
39.	Hagebout Marcel	68	08-021	31.20	25m	21-5-87	Heemskerk (NED)	341
39.	Oortwijn Maarten	80	08-021	31.20	25m	1-5-97	Heemskerk (NED)	341
41.	de Ruijter René	86	08-021	31.21	25m	23-12-04	Heemskerk (NED)	340
42.	Gaal Koen	99	08-021	31.25	25m	21-11-21	Den Helder (NED)	339
43.	Palmboom Pascal	89	08-021	31.39	25m	9-4-07	Haarlem (NED)	334
44.	Ayari Adam	08	08-021	31.67	25m	6-11-22	Alkmaar (NED)	326
45.	Hoerink Jarl	86	08-021	31.91	25m	26-5-05	Heemskerk (NED)	318
46.	Pover Peter	69	08-021	32.10	25m	14-12-88		313
47.	Steenbergen Roderik	82	08-021	32.13	25m	23-12-04	Heemskerk (NED)	312
48.	Di Mattia Angelo	97	08-021	32.14	25m	30-10-14	Heemskerk (NED)	312
49.	Krijger Jan-Willem	81	08-021	32.30	25m	26-1-97	Zuidoost Beemster (NED)	307
50.	Woudsma Stefan	00	08-021	32.34	25m	18-1-18	Heemskerk (NED)	306
51.	Butter Joris	86	08-021	32.47	25m	18-12-03	Heemskerk (NED)	302
52.	van der Kroft Barry	82	08-021	32.48	25m	31-1-02	Heemskerk	302
53.	Korzelius Ron	65	08-021	32.50	25m	28-10-84	Egmond (NED)	301

50 vlinderslag (sinds 54)

54.	Dekker Matthijs	90	08-021	32.55	25m	6-2-05	Zuidoost-Beemster (NED)	300
55.	Schaaper Bart	73	08-021	32.80	25m	31-12-87		293
55.	Stam Daniël	79	08-021	32.80	25m	14-9-96	Hoogland	293
57.	Zwaan Bas	76	08-021	33.10	25m	18-11-93	Heemskerk	285
57.	de Boer Daniël	77	08-021	33.10	25m	18-11-93	Heemskerk	285
57.	Kuijper Alex	08	08-021	33.10	25m	27-10-24	Zaandam (NED)	285
60.	Dekker Ruben	93	08-021	33.18	25m	29-12-05	Maastricht (NED)	283
61.	Oortwijn Bouke	78	08-021	33.20	25m	18-11-93	Heemskerk	283
62.	de Boer Stephan	83	08-021	33.22	25m	10-1-99	Zuidoost Beemster (NED)	282
63.	Plokker Robert	65	08-021	33.30	25m	11-4-81	Heemskerk (NED)	280
63.	Bok Reitze	73	08-021	33.30	25m	9-1-91		280
65.	van de Laar Viktor	05	08-021	33.52	25m	24-10-24	Heemskerk (NED)	275
66.	Wolf Gert Jan	65	08-021	33.70	25m	11-4-81	Heemskerk (NED)	270
67.	Beentjes Bastiaan	78	08-021	33.78	25m	25-11-99	Heemskerk	268
68.	Wiegman Stefan	74	08-021	33.80	25m	14-12-88		268
68.	Dekker Rudie	78	08-021	33.80	25m	24-11-94	Heemskerk (NED)	268
70.	van Vegten Teun	01	08-021	33.87	50m	21-5-17	Alkmaar (NED)	290
71.	Goverde Ad	59	08-021	34.00	25m	28-10-84	Egmond (NED)	263
71.	Andeweg Celedonio	76	08-021	34.00	25m	23-1-97	Heemskerk	263
73.	Schoonakker Mick	07	08-021	34.03	50m	8-6-24	Bückeburg (GER)	286
74.	Goverde Jeroen	73	08-021	34.10	25m	1-11-89		261
75.	de Caluwé Niels	91	08-021	34.39	25m	12-4-18	Heemskerk (NED)	254
76.	Wassenaar Marcel	69	08-021	34.50	25m	1-11-89		252
77.	Windmuller Ton	62	08-021	34.60	25m	27-11-77	Ijmuiden (NED)	250
78.	Bal Chester	78	08-021	34.77	25m	17-12-98	Heemskerk (NED)	246
79.	Dijkstra Menno	68	08-021	34.80	25m	21-5-87	Heemskerk (NED)	245
79.	Switser René	75	08-021	34.80	25m	14-12-89	Heemskerk (NED)	245
81.	Voorn Max	05	08-021	34.84	25m	24-4-22	Den Helder (NED)	244
82.	de Groot Peter	80	08-021	34.90	25m	11-1-96	Heemskerk (NED)	243
83.	Zonneveld Jeroen	78	08-021	34.96	25m	13-12-12	Heemskerk (NED)	242
84.	Windmuller Hans-Pieter	60	08-021	35.50	25m	23-10-77	Zandvoort (NED)	231
85.	Schaap Paul	75	08-021	35.80	25m	13-12-89		225
86.	de Boer Tobias	02	08-021	35.84	25m	14-2-16	Purmerend (NED)	225
87.	van der Bunt Raymond	73	08-021	36.00	25m	13-6-91	Heemskerk (NED)	222
88.	de Vries Allard	96	08-021	36.01	25m	10-11-13	Zaandam (NED)	221
89.	Martijn Onno	91	08-021	36.03	25m	11-12-05	Ijmuiden (NED)	221
90.	de Wildt Thijs	94	08-021	36.08	25m	25-3-10	Heemskerk (NED)	220
91.	Missot Paul	64	08-021	36.10	25m	27-11-77	Ijmuiden (NED)	220
92.	Blaauw Eric	67	08-021	36.26	25m	19-5-13	Purmerend (NED)	217
93.	de Vries Dylan	93	08-021	36.28	25m	30-10-14	Heemskerk (NED)	216
94.	Hulshof Patrick	75	08-021	36.40	25m	13-6-91	Heemskerk (NED)	214
95.	van Heerwaarden Chiel	05	08-021	36.47	25m	30-1-20	Heemskerk (NED)	213
96.	Duin Goos	00	08-021	36.50	25m	1-2-15	Zaandam (NED)	213
97.	Schillemans Bram	99	08-021	36.55	25m	12-2-17	Purmerend (NED)	212
98.	van de Sluis Nicolai	66	08-021	36.60	25m	11-4-81	Heemskerk (NED)	211
99.	van Duin Peter	65	08-021	36.80	25m	11-4-81	Heemskerk (NED)	207
99.	Zijlstra Jeroen	80	08-021	36.80	25m	11-1-96	Heemskerk (NED)	207
101.	Oortwijn Bjarne	07	08-021	36.91	25m	7-12-23	Heemskerk (NED)	206
102.	Tijms Eric	64	08-021	37.10	25m	30-10-08	Heemskerk (NED)	202
103.	Ijntema Tjeerd	99	08-021	37.35	25m	17-11-16	Heemskerk (NED)	198
104.	de Weert Sander	72	08-021	37.45	50m	16-4-11	Kampen (NED)	214
105.	Ursem Jerre	73	08-021	37.60	25m	21-5-87	Heemskerk (NED)	194
106.	Koopman Axel	92	08-021	37.63	25m	29-12-05	Maastricht (NED)	194

50 vlinderslag (sinds 107)

107.	Hoekstra Erwin	73	DEM/OEZA	37.73	25m	21-3-13	Heemskerk (NED)	192
108.	Blaauw Mica	05	08-021	37.85	25m	20-9-20	Haarlem (NED)	191
109.	de Caluwe Johan	64	08-021	38.30	25m	8-12-79	Heemskerk (NED)	184
110.	Ursem Rob	69	08-021	38.50	25m	2-9-84	Heemskerk (NED)	181
111.	Besse Niels	72	08-021	38.70	25m	13-12-89		178
112.	Woudsma Maarten	01	08-021	38.75	25m	12-2-17	Purmerend (NED)	178
113.	Smit Erik	64	08-021	38.80	25m	8-11-80	Heemskerk (NED)	177
114.	Thijssen Dave	82	08-021	38.90	25m	11-1-96	Heemskerk (NED)	176
115.	Borst Corné	96	08-021	38.93	25m	17-11-11	Heemskerk (NED)	175
116.	de Roode Jeremiah	99	08-021	39.07	25m	3-4-11	Zaandam (NED)	173
117.	Vink Gé	60	08-021	39.10	50m	14-4-12	Kampen (NED)	188
118.	Nijland Yorán	05	08-021	39.12	25m	17-6-18	Alkmaar (NED)	173
119.	Frederiks Stan	09	08-021	39.59	25m	10-3-24	Purmerend (NED)	166
120.	Vlieland Roy	99	08-021	39.67	25m	20-1-13	Heemskerk (NED)	165
121.	Butter Stijn	11	08-021	39.80	25m	24-10-24	Heemskerk (NED)	164
122.	Doodeman Niels	89	08-021	39.83	25m	31-1-02	Heemskerk	163
123.	Kerdijk Dennis	79	08-021	39.90	25m	23-1-97	Heemskerk	163
124.	Hof Ronnalt	60	08-021	40.00	25m	23-10-77	Zandvoort (NED)	161
125.	Tuinstra Sean	98	08-021	40.21	25m	13-12-12	Heemskerk (NED)	159
126.	Herwegh Dink	11	08-021	40.55	25m	27-10-24	Zaandam (NED)	155
127.	Wassenaar Edwin	72	08-021	40.60	25m	15-12-88	Heemskerk (NED)	154
128.	Vos Daniël	91	08-021	41.38	25m	31-5-07	Heemskerk (NED)	146
129.	van Hannen Erik	67	08-021	41.40	25m	11-10-81	Heemskerk (NED)	146
130.	Hoening Sten	84	08-021	41.95	25m	29-5-04	Z.o. Beemster	140
131.	Roosendaal Ben	66	08-021	42.10	25m	8-11-80	Heemskerk (NED)	138
132.	Bleijendaal Thomas	88	08-021	42.33	25m	18-12-03	Heemskerk (NED)	136
133.	Nolte Martijn	74	08-021	42.40	25m	21-5-87	Heemskerk (NED)	135
134.	Steijn Daan	11	08-021	42.46	25m	6-10-24	Den Helder (NED)	135
135.	van Honschoten Jacky	67	08-021	42.80	25m	11-4-81	Heemskerk (NED)	132
136.	Dam Norbert	92	08-021	42.92	25m	14-11-04	Zaandam (NED)	131
137.	Oudendijk Hans	54	08-021	43.06	25m	18-2-10	Heemskerk (NED)	129
138.	Vessies Max	03	08-021	43.09	25m	7-9-14	Zaandam (NED)	129
139.	Kooistra André	88	08-021	43.15	25m	17-2-00	Heemskerk (NED)	128
140.	Oortwijn Guido	78	08-021	43.70	25m	13-6-91	Heemskerk (NED)	124
141.	Boonacker Wietse	68	08-021	43.80	25m	11-10-81	Heemskerk (NED)	123
142.	Koning Arthur	96	08-021	43.85	25m	4-11-10	Heemskerk (NED)	122
143.	Meijer Viggo	06	08-021	43.90	25m	3-10-21	Den Helder (NED)	122
144.	Jong Ron	77	08-021	44.10	25m	3-12-89	Zaandam (NED)	120
145.	van Baal Elvin	86	08-021	44.29	25m	28-2-02	Heemskerk	119
146.	Groot Sander	88	08-021	44.37	25m	16-1-00	Zaandam (NED)	118
147.	Paap Jaidy	08	08-021	44.48	25m	24-10-24	Heemskerk (NED)	117
148.	Wassenaar Joris	01	08-021	44.58	25m	21-3-13	Heemskerk (NED)	116
149.	Smit Arend	88	08-021	44.68	25m	30-11-00	Heemskerk (NED)	116
150.	van Rijn Michael	70	08-021	44.90	25m	21-3-82		114
151.	de Vriend Ruben	03	08-021	45.01	25m	22-9-13	Purmerend (NED)	113
152.	Ramaakers Raymond	91	08-021	45.15	25m	18-12-03	Heemskerk (NED)	112
153.	van Sleen Robin	90	08-021	45.19	25m	9-2-03	Zaandam (NED)	112
154.	van der Gracht Adrie	57	08-021	45.52	50m	17-4-10	Kampen (NED)	119
155.	de Rooij Roel	87	08-021	45.92	25m	22-4-99	Heemskerk (NED)	106
156.	Kaal Dennis	74	08-021	46.00	25m	15-12-88	Heemskerk (NED)	106
157.	de Wit Job	98	08-021	46.09	25m	8-6-08	Zaandam (NED)	105
158.	Leegwater Liam	11	08-021	46.23	25m	22-10-23	Zaandam (NED)	104
159.	van der Linden René	70	08-021	46.50	25m	7-2-82		103

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160.	van Rijn Ian	05	08-021	46.53	25m	16-3-17	Heemskerk (NED)	102
161.	Blaauw Xam	07	08-021	47.16	25m	20-9-20	Haarlem (NED)	98
162.	Mulder Mark	97	08-021	47.28	25m	17-11-11	Heemskerk (NED)	98
163.	Rasch Wilco	68	08-021	47.30	25m	21-9-80	Heemskerk (NED)	97
164.	Veldhuis Christian	88	08-021	47.47	25m	31-1-02	Heemskerk	96
165.	Litjens Olaf	99	08-021	48.88	25m	12-2-12	Heemstede (NED)	88
166.	de Veer Albert	72	08-021	48.90	25m	14-12-89	Heemskerk (NED)	88
167.	van Hardeveld Richard	69	08-021	49.00	25m	11-10-81	Heemskerk (NED)	88
168.	van Duivenvoorde Bram	12	08-021	49.02	50m	7-12-24	Beverwijk (NED)	95
169.	Teufer Lorentz	96	08-021	49.13	25m	14-12-06	Heemskerk (NED)	87
170.	Zwaan Nick	94	08-021	49.25	25m	8-2-04	Zaandam (NED)	86
171.	Zwart Mees	10	08-021	49.29	25m	24-10-24	Heemskerk (NED)	86
172.	Sadeghi Hosseen	90	08-021	49.51	25m	18-12-03	Heemskerk (NED)	85
173.	Jacobs Patrick	87	08-021	49.56	25m	31-1-02	Heemskerk	85
174.	van Lieshout Martin	76	08-021	49.70	25m	14-12-88		84
175.	de Caluwé Thijs	82	08-021	49.80	25m	24-11-94	Heemskerk (NED)	83
176.	Josselet Bart	84	08-021	49.96	25m	27-9-98	Assendelft (NED)	83
177.	Snel Jeffrey	86	08-021	50.12	25m	25-11-99	Heemskerk	82
178.	Schellekens Henk	76	08-021	50.30	25m	2-11-89	Heemskerk (NED)	81
179.	Steijn Twan	13	08-021	50.33	25m	6-10-24	Den Helder (NED)	81
180.	van Dijk Mitchell	99	08-021	50.38	25m	21-3-10	Zaandam (NED)	81
181.	de Rooij Coen	89	08-021	50.87	25m	19-12-99	Wormerveer (NED)	78
182.	Yayli Serkan	92	08-021	50.98	25m	25-3-04	Heemskerk	78
183.	Piek Roy	89	08-021	51.47	25m	31-1-02	Heemskerk	75
184.	Aardenburg Koen	91	08-021	51.63	25m	25-11-04	Heemskerk (NED)	75
185.	de Wit Matthew	97	08-021	51.64	25m	29-11-18	Heemskerk (NED)	75
186.	Bleijendaal Lucas	83	08-021	51.70	25m	5-11-95	Assendelft (NED)	74
187.	Heeremans Tim	78	08-021	51.90	25m	14-12-88		74
188.	Visvaligam Athithiyan	02	08-021	51.97	25m	24-11-13	Zaandam (NED)	73
189.	Kloek Ralph	68	08-021	52.00	25m	11-4-81	Heemskerk (NED)	73
189.	Kloppenburg Albert	82	08-021	52.00	25m	28-9-94		73
191.	Huis in 't Veld Lorenzo	03	08-021	52.15	25m	17-11-16	Heemskerk (NED)	73
192.	van Hoytema Max	98	08-021	52.17	25m	20-5-10	Heemskerk (NED)	72
193.	Welboren Mark	87	08-021	52.88	25m	17-12-98	Heemskerk (NED)	70
194.	Arends Peter	79	08-021	53.00	25m	12-5-93		69
195.	Crok Dirk	58	08-021	53.04	25m	26-2-09	Heemskerk (NED)	69
196.	Schipper Erik	72	08-021	53.10	25m	6-2-83		69
197.	van Tilburg Beau	07	08-021	53.13	25m	7-11-19	Heemskerk (NED)	69
198.	Apeldoorn Alex	89	08-021	53.43	25m	3-12-00	Zaandam (NED)	67
199.	van Heerwaarden Stefan	70	08-021	53.50	25m	29-11-81	Zaandam (NED)	67
200.	Smit Rob	69	08-021	53.70	25m	8-11-80	Heemskerk (NED)	66
201.	Tholen Martijn	72	08-021	53.80	25m	18-10-81	Heemskerk (NED)	66
202.	van Heerwaarden Gerard	70	08-021	54.00	25m	21-3-82		65
203.	Sikkema Joris	86	08-021	54.06	25m	17-12-98	Heemskerk (NED)	65
204.	Feyen Erik	66	08-021	54.50	25m	12-2-78	Heemskerk (NED)	64
205.	van de Wijst Peter	69	08-021	54.60	25m	11-4-81	Heemskerk (NED)	63
206.	Welboren Mischa	89	08-021	54.95	25m	17-12-98	Heemskerk (NED)	62
207.	Brands Ronald	75	08-021	55.60	25m	21-5-87	Heemskerk (NED)	60
208.	Hoogeterp Klaas	67	08-021	56.30	25m	8-11-80	Heemskerk (NED)	58
209.	Zonneveld Alex	90	08-021	56.57	25m	11-11-01	Zaandam	57
210.	Huisman Rene	69	08-021	57.20	25m	12-10-80	Wormerveer (NED)	55
211.	de Groot Michiel	91	08-021	57.65	25m	27-3-03	Heemskerk	54
212.	Komen Berend	97	08-021	57.78	25m	3-3-11	Heemskerk (NED)	53

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213.	Bruins Jacco	67	08-021	58.00	25m	8-12-79	Heemskerk (NED)	53
213.	ten Cate Raymond	82	08-021	58.00	25m	24-11-94	Heemskerk (NED)	53
215.	de Boer Sem	02	08-021	58.16	25m	27-1-13	Zaandam (NED)	52
216.	Gouweleeuw Raymond	88	08-021	58.40	25m	26-9-99	Wormerveer (NED)	52
217.	Baltjes Timo	09	08-021	58.82	25m	15-12-22	Heemskerk (NED)	50
218.	Glorie Jan	57	08-021	59.32	25m	18-2-10	Heemskerk (NED)	49
219.	Beeksma Coen	90	08-021	59.45	25m	13-1-02	Zaandam	49
220.	Verhagen Michel	82	08-021	59.50	25m	11-1-96	Heemskerk (NED)	49
221.	Buur Michael	87	08-021	1:00.20	25m	12-2-98	Heemskerk (NED)	47
222.	van de Sluis Erwin	71	08-021	1:01.10	25m	11-4-81	Heemskerk (NED)	45
223.	Verhagen Bart	85	08-021	1:01.20	25m	11-1-96	Heemskerk (NED)	45
224.	Wassenaar Teun	03	08-021	1:03.80	25m	6-3-14	Heemskerk (NED)	39
225.	van Lieshout Rick	78	08-021	1:04.80	25m	4-4-91	Heemskerk (NED)	38
226.	Jong Gregory	80	08-021	1:05.20	25m	14-12-89	Heemskerk (NED)	37
227.	Handgraaf Jos	87	08-021	1:05.25	25m	14-11-99	Zaandam (NED)	37
228.	Klemann Joshua	13	08-021	1:05.65	25m	6-10-24	Den Helder (NED)	36
229.	van Wijk Peter	87	08-021	1:06.80	25m	12-2-98	Heemskerk (NED)	34
230.	van de Sluis Ignat	69	08-021	1:06.90	25m	11-4-81	Heemskerk (NED)	34
231.	van der Berg Job	98	08-021	1:12.93	25m	30-10-08	Heemskerk (NED)	26
232.	de Weers Luuk	13	08-021	1:13.50	25m	2-2-23	Heemskerk (NED)	26
233.	Grapendaal Aad	42	08-021	1:14.59	50m	24-3-13	Amersfoort (NED)	27
234.	Viel Stefan	88	08-021	1:15.50	25m	12-2-98	Heemskerk (NED)	24
235.	Heesterbeek Mathijs	00	08-021	1:15.83	25m	20-5-10	Heemskerk (NED)	23
236.	Verhagen Jeroen	84	08-021	1:18.20	25m	11-1-96	Heemskerk (NED)	21
237.	Ayari Mohammed	13	08-021	1:19.14	25m	29-1-23	Heemskerk (NED)	20

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1.	Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2.	Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3.	Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4.	Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
5.	Camphuijnder Wilko	69	08-021	1:01.20	25m	16-11-97	Zaandam (NED)	484
6.	Jongert Sjoerd	01	08-021	1:02.58	25m	24-1-19	Heemskerk (NED)	453
7.	Camphuijnder Jasper	05	08-021	1:02.72	25m	16-11-24	Hoofddorp (NED)	450
8.	van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
9.	Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
10.	Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
11.	Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
12.	de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
13.	Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
14.	Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
15.	Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
16.	van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
17.	Gaal Roel	01	08-021	1:06.06	25m	3-11-19	Purmerend (NED)	385
18.	Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
19.	Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
20.	Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
21.	Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
22.	Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
23.	Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
24.	Druyven Jorrick	94	08-021	1:08.02	50m	13-4-08	Antwerpen (BEL)	392
25.	Oudendijk Paul	81	08-021	1:08.47	25m	30-3-06	Heemskerk (NED)	346

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26.	van Rookhuizen Barry	82	08-021	1:08.80	25m	12-3-00	Heemskerk (NED)	341
27.	Kranenburg Fred	63	08-021	1:09.20	25m	13-3-83	Castricum (NED)	335
28.	Oortwijn Kalle	05	08-021	1:09.45	25m	2-2-23	Heemskerk (NED)	331
29.	Kemmeren Ferry	91	08-021	1:09.47	25m	21-10-07	Zaandam (NED)	331
30.	Tamis Thijs	82	08-021	1:10.09	25m	19-11-00	Zaandam (NED)	322
31.	de Ruijter Richard	88	08-021	1:10.26	25m	30-3-06	Heemskerk (NED)	320
32.	Groen Jarno	01	08-021	1:10.51	25m	3-11-19	Purmerend (NED)	317
33.	Tijms Stefan	93	08-021	1:10.58	25m	12-1-14	Purmerend (NED)	316
34.	Lamers Koen	91	08-021	1:11.10	25m	8-4-07	Haarlem (NED)	309
35.	Palmboom Pascal	89	08-021	1:11.61	25m	25-11-07	Amsterdam (NED)	302
36.	Hagebout Marcel	68	08-021	1:11.80	25m	12-2-84	Heemskerk (NED)	300
37.	Oortwijn Maarten	80	08-021	1:11.90	25m	31-3-97	Haarlem (NED)	299
38.	de Vijlder Michael	75	08-021	1:12.10	25m	13-3-97	Heemskerk (NED)	296
39.	Schaaper Bart	73	08-021	1:12.20	25m	31-12-88		295
40.	Krijger Jan-Willem	81	08-021	1:12.60	25m	13-4-98	Haarlem (NED)	290
41.	Steenbergen Roderik	82	08-021	1:13.72	25m	11-4-04	Haarlem	277
42.	Pover Peter	69	08-021	1:13.80	25m	19-5-88	Heemskerk (NED)	276
43.	Missot Paul	64	08-021	1:13.90	25m	25-11-79	Heemskerk (NED)	275
44.	van Beek Klaas	88	08-021	1:14.22	25m	16-11-08	Amsterdam-oost (NED)	271
45.	Dekker Ruben	93	08-021	1:14.25	25m	27-11-05	Heemskerk (NED)	271
46.	Korzelius Ron	65	08-021	1:14.40	25m	30-11-86	Heemskerk (NED)	269
46.	Bok Reitze	73	08-021	1:14.40	25m	4-4-91	Heemskerk (NED)	269
48.	Plokker Robert	65	08-021	1:14.60	25m	16-1-83	Heemskerk (NED)	267
49.	Woudsma Stefan	00	08-021	1:14.94	25m	12-2-17	Purmerend (NED)	264
50.	Stam Daniël	79	08-021	1:15.10	25m	21-9-97	Alkmaar (NED)	262
51.	Beentjes Bastiaan	78	08-021	1:15.17	25m	17-2-00	Heemskerk (NED)	261
52.	Ayari Adam	08	08-021	1:15.21	25m	6-11-22	Alkmaar (NED)	261
53.	Keessen Jeroen	67	08-021	1:15.30	25m	6-2-83		260
54.	Hermans Luuk	85	08-021	1:15.75	25m	24-2-05	Heemskerk (NED)	255
55.	van der Kroft Barry	82	08-021	1:15.87	25m	28-2-02	Heemskerk	254
55.	Gaal Koen	99	08-021	1:15.87	25m	24-4-22	Den Helder (NED)	254
57.	van Rijn Michael	70	08-021	1:16.00	25m	6-10-85	Wormerveer (NED)	253
58.	Dekker Matthijs	90	08-021	1:16.15	25m	15-5-05	Zuidoost-Beemster (NED)	251
59.	van Vegten Teun	01	08-021	1:16.30	25m	2-2-17	Heemskerk (NED)	250
60.	Hoening Jarl	86	08-021	1:16.32	25m	25-3-04	Heemskerk	250
61.	Wiegman Stefan	74	08-021	1:16.50	25m	18-2-89		248
61.	de Boer Daniël	77	08-021	1:16.50	25m	6-2-94	Wormerveer (NED)	248
63.	de Ruijter René	86	08-021	1:16.66	25m	25-3-04	Heemskerk	246
64.	Andeweg Celedonio	76	08-021	1:16.70	25m	28-9-94		246
65.	van Duin Peter	65	08-021	1:17.00	25m	16-1-83	Heemskerk (NED)	243
66.	Goverde Jeroen	73	08-021	1:17.40	25m	22-4-90	Heemstede (NED)	239
67.	Zwaan Bas	76	08-021	1:17.60	25m	3-2-93		237
68.	Wassenaar Marcel	69	08-021	1:17.80	25m	6-12-89		236
69.	Wolf Gert Jan	65	08-021	1:18.10	25m	16-1-83	Heemskerk (NED)	233
69.	Switser René	75	08-021	1:18.10	25m	4-11-90	Zaandam (NED)	233
71.	van der Linden René	70	08-021	1:18.30	25m	6-10-85	Wormerveer (NED)	231
72.	Di Mattia Angelo	97	08-021	1:18.37	25m	26-10-14	Zaandam (NED)	230
73.	Windmuller Ton	62	08-021	1:18.90	25m	19-10-80	Heemskerk (NED)	226
74.	de Boer Stephan	83	08-021	1:19.64	25m	22-4-99	Heemskerk (NED)	220
75.	de Vries Allard	96	08-021	1:19.80	25m	6-10-13	Heemskerk (NED)	218
76.	Voorn Max	05	08-021	1:20.00	25m	17-3-22	Heemskerk (NED)	217
77.	Butter Joris	86	08-021	1:20.25	25m	18-4-04	Zaandam (NED)	215
78.	van de Laar Viktor	05	08-021	1:20.33	25m	24-4-22	Den Helder (NED)	214

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79.	Oortwijn Bouke	78	08-021	1:20.40	25m	16-1-94	Heemskerk	213
80.	Goverde Ad	59	08-021	1:21.40	25m	22-1-84	Zandvoort (NED)	206
81.	de Boer Tobias	02	08-021	1:21.97	25m	18-2-16	Heemskerk (NED)	201
82.	van de Sluis Nicolai	66	08-021	1:22.00	25m	24-1-82		201
83.	Schaap Paul	75	08-021	1:22.50	25m	11-2-90	Heemskerk (NED)	197
84.	Martijn Onno	91	08-021	1:22.85	25m	30-3-06	Heemskerk (NED)	195
85.	de Caluwe Perry	61	08-021	1:23.40	25m	2-3-80	Heemskerk (NED)	191
86.	Dekker Rudie	78	08-021	1:23.60	50m	11-6-95	Beverwijk (NED)	211
87.	de Groot Peter	80	08-021	1:23.70	25m	2-11-96		189
88.	de Caluwé Niels	91	08-021	1:23.75	25m	24-11-05	Heemskerk (NED)	189
89.	Hulshof Patrick	75	08-021	1:23.80	25m	3-2-93		188
90.	van der Bunt Raymond	73	08-021	1:24.10	25m	21-4-91	Heemstede (NED)	186
91.	Kemmeren Andre	88	08-021	1:24.16	25m	25-11-04	Heemskerk (NED)	186
92.	Bal Chester	78	08-021	1:24.50	25m	13-3-97	Heemskerk (NED)	184
93.	Windmuller Hans-Pieter	60	08-021	1:24.60	25m	31-12-75		183
94.	Overmeer Michel	60	08-021	1:25.20	25m	12-2-78	Heemskerk (NED)	179
94.	Ursem Rob	69	08-021	1:25.20	25m	23-9-84	Heemskerk (NED)	179
96.	Schillemans Bram	99	08-021	1:25.55	25m	24-1-19	Heemskerk (NED)	177
96.	Kuijper Alex	08	08-021	1:25.55	25m	12-11-23	Den Helder (NED)	177
98.	Zonneveld Jeroen	78	08-021	1:25.60	25m	8-3-98	Zaandam (NED)	177
99.	van Heerwaarden Chiel	05	08-021	1:25.62	25m	30-1-20	Heemskerk (NED)	177
100.	Schoonakker Mick	07	08-021	1:25.69	50m	8-6-24	Bückeburg (GER)	196
101.	de Caluwe Johan	64	08-021	1:25.80	25m	16-3-80	Zandvoort (NED)	175
102.	de Wildt Thijs	94	08-021	1:26.82	25m	20-5-10	Heemskerk (NED)	169
103.	van Honschoten Jacky	67	08-021	1:27.00	25m	6-2-83		168
104.	Smit Erik	64	08-021	1:27.40	25m	22-11-80	Heemskerk (NED)	166
105.	Borst Corné	96	08-021	1:27.42	25m	9-2-12	Heemskerk (NED)	166
106.	Koopman Axel	92	08-021	1:27.47	25m	30-3-06	Heemskerk (NED)	166
107.	Duin Goos	00	08-021	1:27.58	25m	15-11-15	Purmerend (NED)	165
108.	Bleijendaal Thomas	88	08-021	1:27.65	25m	25-3-04	Heemskerk	165
109.	Dijkstra Menno	68	08-021	1:28.20	25m	23-9-84	Heemskerk (NED)	161
110.	Doodeman Niels	89	08-021	1:28.52	25m	28-2-02	Heemskerk	160
111.	de Vries Dylan	93	08-021	1:28.73	25m	9-3-14	Zaandam (NED)	159
112.	Ursem Jerre	73	08-021	1:29.80	25m	22-3-87	Heerhugowaard (NED)	153
113.	de Weert Sander	72	08-021	1:30.02	25m	4-12-11	Zaandam (NED)	152
114.	Besse Niels	72	08-021	1:30.30	25m	7-12-89	Heemskerk (NED)	150
115.	Blaauw Mica	05	08-021	1:30.61	25m	30-1-20	Heemskerk (NED)	149
116.	Woudsma Maarten	01	08-021	1:30.81	25m	13-11-16	Purmerend (NED)	148
117.	Verdonk Pim	63	08-021	1:31.60	25m	15-9-79	Heemskerk (NED)	144
118.	Hoening Sten	84	08-021	1:31.65	25m	18-1-04	IJmuiden (NED)	144
119.	van Hannen Erik	67	08-021	1:32.30	25m	17-1-82		141
120.	Vink Gé	60	08-021	1:32.91	25m	26-2-09	Heemskerk (NED)	138
121.	Dekker Erik	62	08-021	1:33.40	25m	15-9-79	Heemskerk (NED)	136
122.	Deen Peter	59	08-021	1:33.60	25m	24-4-76	Heemskerk (NED)	135
123.	de Boer Elias	70	08-021	1:33.70	25m	23-9-84	Heemskerk (NED)	135
124.	Butter Stijn	11	08-021	1:34.46	50m	8-6-24	Bückeburg (GER)	146
125.	Tuinstra Sean	98	08-021	1:35.27	25m	31-1-13	Heemskerk (NED)	128
126.	Vlieland Roy	99	08-021	1:35.48	25m	19-5-13	Purmerend (NED)	127
127.	Nijland Yorán	05	08-021	1:35.85	25m	3-3-19	Zaandam (NED)	126
128.	Tijms Eric	64	08-021	1:36.09	25m	26-2-09	Heemskerk (NED)	125
129.	Frederiks Stan	09	08-021	1:36.18	25m	1-2-24	Heemskerk (NED)	124
130.	Oortwijn Bjarne	07	08-021	1:36.26	25m	1-2-24	Heemskerk (NED)	124
131.	Geurs Paul	57	08-021	1:37.30	25m	31-12-75		120

100 vlinderslag (sinds 132)

132.	Dam Norbert	92	08-021	1:37.43	25m	28-11-04	Heemskerk (NED)	120
133.	Kemper Marcel	65	08-021	1:37.90	25m	22-11-80	Heemskerk (NED)	118
134.	Koning Arthur	96	08-021	1:39.07	25m	14-11-10	Castricum (NED)	114
135.	Zijlstra Jeroen	80	08-021	1:39.20	25m	28-1-96	Zaandam (NED)	113
136.	Kerdijk Dennis	79	08-021	1:39.60	25m	3-11-96	Zaandam (NED)	112
137.	Arends Martin	81	08-021	1:39.80	25m	3-2-93		111
138.	Meijer Viggo	06	08-021	1:40.45	25m	24-4-22	Den Helder (NED)	109
139.	de Moes Paul	70	08-021	1:40.80	25m	23-9-84	Heemskerk (NED)	108
140.	van Dijck Bart	63	08-021	1:41.50	25m	23-10-77	Zandvoort (NED)	106
141.	van Baal Elvin	86	08-021	1:41.52	25m	20-12-01	Heemskerk	106
142.	Vos Daniël	91	08-021	1:42.57	25m	24-2-05	Heemskerk (NED)	102
143.	van den Akker Dennis	63	08-021	1:42.60	25m	23-10-77	Zandvoort (NED)	102
144.	Smit Arend	88	08-021	1:42.87	25m	11-6-00	Haarlem (NED)	102
145.	Ijnterna Tjeerd	99	08-021	1:43.12	25m	18-2-16	Heemskerk (NED)	101
146.	Oortwijn Guido	78	08-021	1:43.30	25m	3-11-91	Assendelft (NED)	100
147.	de Rooij Roel	87	08-021	1:43.70	25m	9-5-99	Zaandam (NED)	99
148.	Yayli Serkan	92	08-021	1:43.84	25m	28-11-04	Heemskerk (NED)	99
149.	Steijn Daan	11	08-021	1:45.00	25m	1-2-24	Heemskerk (NED)	96
150.	Blaauw Xam	07	08-021	1:45.61	25m	30-1-20	Heemskerk (NED)	94
151.	Roozendaal Ben	66	08-021	1:45.80	25m	22-11-80	Heemskerk (NED)	93
152.	Wassenaar Joris	01	08-021	1:45.96	25m	30-1-14	Heemskerk (NED)	93
153.	van Sleen Robin	90	08-021	1:46.27	25m	21-4-03	Haarlem	92
154.	Boonacker Wietse	68	08-021	1:46.90	25m	31-5-80	Heemskerk (NED)	90
155.	Huisman Rene	69	08-021	1:47.10	25m	16-1-83	Heemskerk (NED)	90
156.	Josselet Bart	84	08-021	1:48.00	25m	17-1-99	Heemskerk (NED)	88
157.	Snel Jeffrey	86	08-021	1:49.09	25m	17-2-00	Heemskerk (NED)	85
158.	de Buyzer Eelco	64	08-021	1:49.10	25m	13-10-79	Heemskerk (NED)	85
159.	van Heerwaarden Stefan	70	08-021	1:49.90	25m	16-1-83	Heemskerk (NED)	83
160.	Veldhuis Christian	88	08-021	1:51.01	25m	18-11-01	Heemskerk	81
161.	Litjens Olaf	99	08-021	1:51.03	25m	9-2-12	Heemskerk (NED)	81
162.	Groot Sander	88	08-021	1:51.04	25m	6-2-00	Haarlem (NED)	81
163.	Smit Rob	69	08-021	1:52.00	25m	4-10-80	Heemskerk (NED)	79
163.	Mulder Mark	97	08-021	1:52.00	25m	9-2-12	Heemskerk (NED)	79
165.	Kooistra André	88	08-021	1:52.12	25m	6-2-00	Haarlem (NED)	78
166.	de Caluwé Thijs	82	08-021	1:52.80	25m	19-2-95	Assendelft (NED)	77
167.	Teufer Lorentz	96	08-021	1:53.40	25m	30-11-06	Heemskerk	76
168.	Rasch Wilco	68	08-021	1:53.60	25m	4-10-80	Heemskerk (NED)	75
169.	Aardenburg Koen	91	08-021	1:53.73	25m	24-2-05	Heemskerk (NED)	75
170.	ten Cate Raymond	82	08-021	1:54.10	25m	27-4-95	Heemskerk (NED)	74
171.	Paap Jaidy	08	08-021	1:54.88	25m	1-2-24	Heemskerk (NED)	73
172.	van Lieshout Martin	76	08-021	1:55.00	25m	8-11-87	Heemskerk (NED)	73
173.	Leegwater Liam	11	08-021	1:55.38	25m	2-2-23	Heemskerk (NED)	72
174.	van Hardeveld Richard	69	08-021	1:56.00	25m	18-10-81	Heemskerk (NED)	71
175.	Jacobs Patrick	87	08-021	1:56.25	25m	16-4-01	Haarlem (NED)	70
176.	Hoogeterp Klaas	67	08-021	1:57.30	25m	30-11-80	Heemskerk (NED)	68
177.	Piek Roy	89	08-021	1:57.69	25m	28-2-02	Heemskerk	68
178.	Arends Peter	79	08-021	1:58.40	25m	4-2-93	Heemskerk (NED)	66
179.	Huis in 't Veld Lorenzo	03	08-021	1:58.99	25m	2-10-16	Purmerend (NED)	65
180.	Kloppenburger Albert	82	08-021	1:59.00	25m	15-1-94		65
181.	Sikkema Joris	86	08-021	1:59.09	25m	22-4-99	Heemskerk (NED)	65
182.	van Tilburg Beau	07	08-021	2:01.01	25m	19-1-20	Zaandam (NED)	62
183.	Heeremans Tim	78	08-021	2:01.30	25m	6-12-89		62
184.	Jong Ron	77	08-021	2:03.50	25m	7-12-89	Heemskerk (NED)	59

100 vlinderslag (sinds 185)

185.	Sadeghi Hosseen	90	08-021	2:05.06	25m	27-11-03	Heemskerk (NED)	56
186.	Komen Berend	97	08-021	2:06.64	25m	3-3-11	Heemskerk (NED)	54
187.	Ramaakers Raymond	91	08-021	2:06.78	25m	9-11-03	Zaandam	54
188.	Gouweleeuw Raymond	88	08-021	2:08.24	25m	6-2-00	Haarlem (NED)	52
189.	Schipper Erik	72	08-021	2:08.30	25m	13-3-83	Castricum (NED)	52
190.	van de Wijst Peter	69	08-021	2:09.00	25m	4-10-80	Heemskerk (NED)	51
191.	Apeldoorn Alex	89	08-021	2:10.17	25m	1-10-00	Zaandam (NED)	50
192.	Zonneveld Alex	90	08-021	2:11.01	25m	30-9-01	Zaandam (NED)	49
193.	Teufer Florian	95	08-021	2:14.05	25m	8-10-06	Zaandam (NED)	46
194.	Welboren Mark	87	08-021	2:17.99	25m	4-10-98	Haarlem (NED)	42
195.	van Heerwaarden Gerard	70	08-021	2:31.80	25m	4-10-80	Heemskerk (NED)	31

200 vlinderslag

1.	Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2.	Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
3.	Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
4.	van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
5.	Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
6.	Druyven Jorrick	94	08-021	2:26.21	25m	16-3-08	Zaandam (NED)	409
7.	Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
8.	Jongert Sjoerd	01	08-021	2:30.67	25m	17-11-18	Hoofddorp (NED)	374
9.	Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
10.	Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
11.	van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
12.	Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
13.	Camphuijnder Jasper	05	08-021	2:40.70	25m	3-4-22	Haarlem (NED)	308
14.	Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
15.	Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
16.	Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
17.	Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
18.	Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
19.	van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
20.	Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
21.	Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
22.	de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
23.	Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
24.	Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
25.	de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246
26.	Lamers Koen	91	08-021	2:53.34	25m	21-1-07	Zaandam (NED)	245
27.	Groen Jarno	01	08-021	2:54.80	25m	27-11-16	Zaandam (NED)	239
28.	Crok Pieter	91	08-021	2:54.98	25m	18-2-10	Heemskerk (NED)	238
29.	de Vijlder Michael	75	08-021	2:55.40	25m	4-2-96	Heerhugowaard (NED)	237
30.	Steenbergen Roderik	82	08-021	2:56.54	25m	27-11-03	Heemskerk (NED)	232
31.	Dekker Matthijs	90	08-021	2:57.64	25m	15-5-05	Zuidoost-Beemster (NED)	228
32.	Oortwijn Maarten	80	08-021	2:59.80	25m	4-2-96	Heerhugowaard (NED)	220
33.	Krijger Jan-Willem	81	08-021	3:01.20	25m	29-3-98	Heemstede (NED)	215
34.	Bok Reitze	73	08-021	3:03.10	25m	8-4-90	Volendam (NED)	208
35.	Verbree John	61	08-021	3:03.50	25m	18-4-82		207
36.	Hagebout Marcel	68	08-021	3:04.10	25m	7-3-82		205
37.	Butter Joris	86	08-021	3:04.27	25m	27-11-03	Heemskerk (NED)	204
38.	van der Kroft Barry	82	08-021	3:04.36	25m	20-12-01	Heemskerk	204
39.	Palmboom Pascal	89	08-021	3:07.03	25m	24-11-05	Heemskerk (NED)	195

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40.	Kramer Vincent	82	08-021	3:07.07	25m	26-4-01	Heemskerk (NED)	195
41.	de Boer Tobias	02	08-021	3:07.20	25m	13-12-15	Zaandam (NED)	195
42.	Hoening Jarl	86	08-021	3:12.96	25m	20-12-01	Heemskerk	178
43.	Stam Daniël	79	08-021	3:13.30	25m	9-3-97	Alkmaar (NED)	177
44.	Korzelius Ron	65	08-021	3:14.40	25m	18-4-82		174
45.	de Ruijter René	86	08-021	3:16.63	25m	27-11-03	Heemskerk (NED)	168
46.	Wassenaar Marcel	69	08-021	3:21.43	25m	18-2-10	Heemskerk (NED)	156
47.	Hermans Luuk	85	08-021	3:28.56	25m	26-4-01	Heemskerk (NED)	141
48.	Wolf Gert Jan	65	08-021	3:28.90	25m	18-4-82		140
49.	van Hannen Erik	67	08-021	3:30.00	25m	7-3-82		138
50.	van Vegten Teun	01	08-021	3:32.65	25m	19-4-15	Zaandam (NED)	133
51.	de Vries Allard	96	08-021	3:35.46	25m	12-2-12	Heemstede (NED)	127
52.	Vlieland Roy	99	08-021	3:37.53	25m	14-4-13	Zaandam (NED)	124
53.	de Vries Dylan	93	08-021	3:38.56	25m	18-2-10	Heemskerk (NED)	122
54.	Martijn Onno	91	08-021	3:39.76	25m	24-11-05	Heemskerk (NED)	120
55.	Butter Stijn	11	08-021	3:43.98	25m	7-1-24	Haarlem (NED)	113
56.	Borst Corné	96	08-021	3:49.00	25m	21-3-10	Zaandam (NED)	106
57.	Gaal Koen	99	08-021	3:49.53	25m	18-3-12	Zaandam (NED)	105
58.	Woudsma Stefan	00	08-021	3:50.49	25m	15-12-13	Zaandam (NED)	104
59.	Blaauw Mica	05	08-021	4:07.89	50m	21-1-18	Alkmaar (NED)	91
60.	Tuinstra Sean	98	08-021	4:09.01	25m	12-12-10	Zaandam (NED)	82
61.	Steijn Daan	11	08-021	4:12.96	25m	7-1-24	Haarlem (NED)	79

1000 vlinderslag

1.	Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)	
2.	Jongert Jeroen	96	08-021	15:22.75	25m	7-1-24	Haarlem (NED)	
3.	Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)	

100 wisselslag

1.	Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2.	Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3.	Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
4.	Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
5.	Gaal Roel	01	08-021	1:04.20	25m	24-11-19	Hoofddorp (NED)	480
6.	Jongert Sjoerd	01	08-021	1:04.28	25m	17-4-22	Haarlem (NED)	479
7.	Oudendijk Paul	81	08-021	1:04.36	25m	25-2-06	Hoor (NED)	477
8.	Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
9.	Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
10.	Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
11.	van der Gracht Jory	87	08-021	1:06.35	25m	7-1-12	Hoor (NED)	435
12.	de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
13.	Butter Martijn	79	08-021	1:06.54	25m	29-5-08	Heemskerk (NED)	431
14.	Druyven Jorrick	94	08-021	1:06.58	25m	29-5-08	Heemskerk (NED)	431
15.	Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
16.	Camphuijnder Jasper	05	08-021	1:07.04	25m	27-10-24	Zaandam (NED)	422
17.	Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
18.	Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
19.	Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
20.	van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405
20.	Oortwijn Kalle	05	08-021	1:07.95	25m	21-1-23	Hoofddorp (NED)	405
22.	Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404

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23.	Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	Ijmuiden (NED)	400
24.	Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
25.	van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396
26.	Essers Tim	88	08-021	1:08.53	25m	30-12-05	Maastricht (NED)	395
27.	de Ruijter Richard	88	08-021	1:08.56	25m	11-1-04	Zuidoostbeemster (NED)	394
28.	Tijms Stefan	93	08-021	1:08.76	25m	17-5-18	Heemskerk (NED)	391
29.	de Boer Stephan	83	08-021	1:08.90	25m	18-2-99	Heemskerk (NED)	389
30.	Steenbergen Roderik	82	08-021	1:09.18	25m	10-12-00	Heemskerk (NED)	384
31.	Kranenburg Fred	63	08-021	1:09.20	25m	31-5-80	Heemskerk (NED)	384
31.	Schaaper Hans	68	08-021	1:09.20	25m	31-12-88		384
31.	Keessen Jeroen	67	08-021	1:09.20	25m	9-12-90	Volendam (NED)	384
34.	Hermans Luuk	85	08-021	1:09.21	25m	7-11-04	Ijmuiden (NED)	383
34.	Di Mattia Angelo	97	08-021	1:09.21	25m	8-3-15	Zaandam (NED)	383
36.	Stins Arnold	83	08-021	1:09.28	25m	26-4-01	Heemskerk (NED)	382
37.	Tamis Thijs	82	08-021	1:09.55	25m	24-3-02	Heemstede	378
38.	Hagebout Marcel	68	08-021	1:10.30	25m	6-2-83		366
39.	van Rookhuizen Barry	82	08-021	1:10.53	25m	17-10-99	Zaandam (NED)	362
40.	van der Kroft Barry	82	08-021	1:10.77	25m	25-9-03	Heemskerk (NED)	359
41.	de Vries Allard	96	08-021	1:11.20	25m	9-3-14	Zaandam (NED)	352
42.	de Vijlder Michael	75	08-021	1:11.60	25m	15-12-96	Heemskerk (NED)	346
43.	Hoening Jarl	86	08-021	1:11.72	25m	25-9-03	Heemskerk (NED)	344
44.	Groen Jarno	01	08-021	1:11.89	25m	17-5-18	Heemskerk (NED)	342
44.	Ayari Adam	08	08-021	1:11.89	25m	4-4-24	Heemskerk (NED)	342
46.	Butter Joris	86	08-021	1:12.14	25m	25-9-03	Heemskerk (NED)	338
47.	Dijkstra Menno	68	08-021	1:12.20	25m	15-3-87	Heemskerk (NED)	338
48.	Stam Daniël	79	08-021	1:12.30	25m	1-9-96	Assendelft (NED)	336
49.	Palmboom Pascal	89	08-021	1:12.40	25m	25-10-07	Heemskerk (NED)	335
50.	Bok Reitze	73	08-021	1:12.80	25m	9-12-90	Volendam (NED)	329
51.	Schaaper Bart	73	08-021	1:13.00	25m	31-12-88		327
52.	Verbree John	61	08-021	1:13.20	25m	31-5-80	Heemskerk (NED)	324
53.	Dekker Matthijs	90	08-021	1:13.30	25m	8-5-05	Uden	323
54.	Kuijper Alex	08	08-021	1:13.64	25m	6-10-24	Den Helder (NED)	318
55.	Kemmeren Ferry	91	08-021	1:13.73	25m	5-11-06	Zaandam (NED)	317
56.	Goverde Ad	59	08-021	1:13.90	25m	31-5-80	Heemskerk (NED)	315
57.	Woudsma Stefan	00	08-021	1:13.98	25m	18-12-16	Heemskerk (NED)	314
58.	Wiegman Stefan	74	08-021	1:14.00	25m	12-1-89	Heemskerk (NED)	314
59.	Wassenaar Marcel	69	08-021	1:14.20	25m	12-1-89	Heemskerk (NED)	311
60.	Oortwijn Maarten	80	08-021	1:14.30	25m	23-3-97	Volendam (NED)	310
61.	Dekker Ruben	93	08-021	1:14.36	25m	29-9-05	Heemskerk (NED)	309
62.	Hulshof Patrick	75	08-021	1:14.50	25m	14-3-91	Heemskerk (NED)	307
63.	Plokker Robert	65	08-021	1:14.70	25m	17-2-80	Heerhugowaard (NED)	305
64.	Schoonakker Mick	07	08-021	1:14.73	25m	20-10-24	Heemskerk (NED)	304
65.	de Ruijter René	86	08-021	1:14.78	25m	14-11-04	Zaandam (NED)	304
66.	Lamers Koen	91	08-021	1:14.88	25m	30-12-06	Maastricht (NED)	303
67.	Zwaan Bas	76	08-021	1:15.10	25m	15-4-93	Heemskerk (NED)	300
68.	de Caluwé Niels	91	08-021	1:15.33	25m	19-4-07	Heemskerk (NED)	297
69.	van Vegten Teun	01	08-021	1:15.42	25m	11-5-17	Heemskerk (NED)	296
70.	van de Laar Viktor	05	08-021	1:15.51	25m	10-3-24	Purmerend (NED)	295
71.	Beentjes Bastiaan	78	08-021	1:15.61	25m	14-11-99	Zaandam (NED)	294
72.	Krijger Jan-Willem	81	08-021	1:15.80	25m	30-11-97	Alkmaar (NED)	292
73.	Goverde Jeroen	73	08-021	1:16.30	25m	30-12-89		286
74.	van Honschoten Jacky	67	08-021	1:16.50	25m	7-2-82		284
74.	van der Bunt Raymond	73	08-021	1:16.50	25m	15-5-91		284

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76.	Martijn Onno	91	08-021	1:16.61	25m	25-10-07	Heemskerk (NED)	283
77.	de Boer Daniël	77	08-021	1:16.70	25m	10-9-95	Assendelft (NED)	282
78.	Andeweg Celedonio	76	08-021	1:16.90	25m	5-2-95	Assendelft (NED)	279
79.	van Duin Peter	65	08-021	1:17.10	25m	31-5-80	Heemskerk (NED)	277
79.	Schaap Paul	75	08-021	1:17.10	25m	4-2-90	Volendam (NED)	277
81.	Switser René	75	08-021	1:17.20	25m	4-2-90	Volendam (NED)	276
82.	Bal Chester	78	08-021	1:17.60	25m	10-12-95	Heemskerk (NED)	272
83.	Dekker Rudie	78	08-021	1:17.90	25m	5-2-95	Assendelft (NED)	269
84.	Windmuller Ton	62	08-021	1:18.10	25m	8-12-79	Heemskerk (NED)	267
85.	Voorn Max	05	08-021	1:18.46	25m	19-9-21	Zaandam (NED)	263
86.	Dekker Erik	62	08-021	1:18.60	25m	31-5-80	Heemskerk (NED)	262
87.	Schillemans Bram	99	08-021	1:18.72	25m	19-5-16	Heemskerk (NED)	260
88.	Zonneveld Jeroen	78	08-021	1:19.00	25m	5-10-97	Zaandam (NED)	258
89.	van Hannen Erik	67	08-021	1:19.20	25m	6-2-83		256
90.	Blaauw Eric	67	08-021	1:19.49	25m	26-4-12	Heemskerk (NED)	253
91.	Duin Goos	00	08-021	1:19.62	25m	19-5-16	Heemskerk (NED)	252
92.	de Wildt Thijs	94	08-021	1:19.93	25m	29-11-09	Heemskerk (NED)	249
92.	de Vries Dylan	93	08-021	1:19.93	25m	17-4-14	Heemskerk (NED)	249
94.	Oortwijn Bouke	78	08-021	1:20.09	25m	9-4-23	Haarlem (NED)	247
95.	van de Sluis Nicolai	66	08-021	1:20.40	25m	6-9-80	Z.O. Beemster (NED)	244
96.	Borst Corné	96	08-021	1:20.68	25m	1-4-12	Zaandam (NED)	242
97.	Zijlstra Jeroen	80	08-021	1:20.80	25m	1-10-95	Heemskerk (NED)	241
98.	de Caluwe Johan	64	08-021	1:20.90	25m	31-5-80	Heemskerk (NED)	240
99.	Kemmeren Andre	88	08-021	1:20.93	25m	30-9-04	Heemskerk (NED)	240
100.	Wolf Gert Jan	65	08-021	1:21.00	25m	17-2-80	Heerhugowaard (NED)	239
101.	Butter Stijn	11	08-021	1:21.12	25m	16-11-24	Hoofddorp (NED)	238
102.	Vlieland Roy	99	08-021	1:21.16	25m	25-4-13	Heemskerk (NED)	238
103.	Hoerink Sten	84	08-021	1:21.19	25m	9-6-03	Z.o. Beemster	237
104.	Verdonk Pim	63	08-021	1:21.30	25m	8-12-79	Heemskerk (NED)	236
105.	Koopman Axel	92	08-021	1:21.32	25m	26-3-06	Purmerend (NED)	236
106.	de Boer Tobias	02	08-021	1:21.36	25m	9-10-16	Alkmaar (NED)	236
107.	Roosendaal Ben	66	08-021	1:21.60	25m	31-8-80	Heemskerk (NED)	234
107.	Nolte Martijn	74	08-021	1:21.60	25m	20-12-86	Hilversum (NED)	234
109.	Tuinstra Sean	98	08-021	1:21.64	25m	7-4-13	Castricum (NED)	233
110.	Ijntema Tjeerd	99	08-021	1:21.68	25m	19-5-16	Heemskerk (NED)	233
111.	de Weert Sander	72	08-021	1:22.12	25m	13-5-12	Grootebroek (NED)	229
112.	Herwegh Dink	11	08-021	1:22.19	25m	27-10-24	Zaandam (NED)	229
113.	Tijms Eric	64	08-021	1:22.36	25m	26-4-12	Heemskerk (NED)	227
114.	de Caluwe Perry	61	08-021	1:22.50	25m	8-12-79	Heemskerk (NED)	226
115.	Besse Niels	72	08-021	1:22.80	25m	4-2-90	Volendam (NED)	224
116.	Doodeman Niels	89	08-021	1:22.93	25m	27-9-01	Heemskerk	223
117.	Kerdijk Dennis	79	08-021	1:23.10	25m	4-2-96	Heerhugowaard (NED)	221
118.	Oortwijn Bjarne	07	08-021	1:23.36	25m	20-10-24	Heemskerk (NED)	219
119.	Blaauw Mica	05	08-021	1:23.52	25m	11-4-19	Heemskerk (NED)	218
120.	Meijer Viggo	06	08-021	1:23.63	25m	25-5-23	Heemskerk (NED)	217
121.	Korzelius Ron	65	08-021	1:23.80	25m	8-11-80	Heemskerk (NED)	216
122.	Wassenaar Edwin	72	08-021	1:24.30	25m	12-1-89	Heemskerk (NED)	212
123.	Smit Erik	64	08-021	1:25.30	25m	8-11-80	Heemskerk (NED)	205
124.	Frederiks Stan	09	08-021	1:25.59	25m	4-4-24	Heemskerk (NED)	202
125.	Woudsma Maarten	01	08-021	1:26.37	25m	19-5-16	Heemskerk (NED)	197
126.	van Heerwaarden Chiel	05	08-021	1:26.59	25m	11-4-19	Heemskerk (NED)	196
127.	de Roode Jeremiah	99	08-021	1:26.75	25m	14-4-11	Heemskerk (NED)	194
128.	de Groot Peter	80	08-021	1:26.80	25m	16-10-94	Heemskerk (NED)	194

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129.	Kemper Marcel	65	08-021	1:27.00	25m	8-11-80	Heemskerk (NED)	193
130.	Nijland Yoran	05	08-021	1:29.75	25m	10-12-17	Zaandam (NED)	176
131.	Paap Jaidy	08	08-021	1:29.94	25m	20-10-24	Heemskerk (NED)	174
132.	Missot Paul	64	08-021	1:30.40	25m	9-11-75	Alkmaar (NED)	172
133.	Bleijendaal Thomas	88	08-021	1:30.76	25m	25-9-03	Heemskerk (NED)	170
134.	Leegwater Liam	11	08-021	1:31.05	25m	4-6-23	Haarlem (NED)	168
135.	de Buyzer Eelco	64	08-021	1:31.10	25m	8-12-79	Heemskerk (NED)	168
136.	Arends Martin	81	08-021	1:31.30	25m	16-6-93		167
137.	Schipper Erik	72	08-021	1:31.60	25m	12-2-84	Heemskerk (NED)	165
138.	Tholen Martijn	72	08-021	1:31.70	25m	12-2-84	Heemskerk (NED)	165
139.	Yayli Serkan	92	08-021	1:31.72	25m	7-11-04	IJmuiden (NED)	164
140.	Jacobs Patrick	87	08-021	1:32.12	25m	27-9-01	Heemskerk	162
141.	van Lieshout Martin	76	08-021	1:32.30	25m	18-9-88	Heemskerk (NED)	161
142.	Kooistra André	88	08-021	1:32.43	25m	23-1-00	Heemskerk (NED)	161
143.	de Rooij Roel	87	08-021	1:32.61	25m	29-11-98	Zuidoost Beemster (NED)	160
144.	van Rijn Michael	70	08-021	1:32.90	25m	10-1-82	Wormerveer (NED)	158
145.	Boonacker Wietse	68	08-021	1:33.20	25m	2-3-80	Heemskerk (NED)	157
146.	Vessies Max	03	08-021	1:33.24	25m	7-9-14	Zaandam (NED)	156
147.	van Rixel Ferry	64	08-021	1:33.80	25m	12-2-78	Heemskerk (NED)	154
148.	Veldhuis Christian	88	08-021	1:33.81	25m	27-9-01	Heemskerk	154
149.	van Rijn Ian	05	08-021	1:33.88	25m	11-5-17	Heemskerk (NED)	153
150.	Oortwijn Guido	78	08-021	1:34.00	25m	16-5-91	Heemskerk (NED)	153
151.	Josselet Bart	84	08-021	1:34.30	25m	15-11-98	Zaandam (NED)	151
152.	Rasch Wilco	68	08-021	1:34.40	25m	8-11-80	Heemskerk (NED)	151
153.	Koning Arthur	96	08-021	1:34.47	25m	19-11-09	Heemskerk (NED)	150
154.	Groot Sander	88	08-021	1:34.53	25m	23-1-00	Heemskerk (NED)	150
155.	Kaal Dennis	74	08-021	1:34.80	25m	12-1-89	Heemskerk (NED)	149
156.	van Baal Elvin	86	08-021	1:34.81	25m	27-9-01	Heemskerk	149
157.	Vink Gé	60	08-021	1:34.93	25m	21-2-09	Heerenveen (NED)	148
158.	de Vriend Ruben	03	08-021	1:35.00	25m	10-11-13	Zaandam (NED)	148
159.	Dam Norbert	92	08-021	1:35.04	25m	4-4-04	Zaandam	148
160.	Vos Daniël	91	08-021	1:35.09	25m	29-9-05	Heemskerk (NED)	148
161.	van der Linden René	70	08-021	1:35.20	25m	10-1-82	Wormerveer (NED)	147
162.	Sikkema Joris	86	08-021	1:35.43	25m	13-12-98	Heemskerk (NED)	146
163.	Wassenaar Joris	01	08-021	1:35.78	25m	25-4-13	Heemskerk (NED)	144
164.	de Caluwé Thijs	82	08-021	1:35.80	25m	29-10-95	Castricum (NED)	144
165.	Huis in 't Veld Lorenzo	03	08-021	1:35.81	25m	9-10-16	Alkmaar (NED)	144
166.	van Sleen Robin	90	08-021	1:35.94	25m	26-9-02	Heemskerk	144
167.	Hoogeterp Klaas	67	08-021	1:36.10	25m	31-8-80	Heemskerk (NED)	143
168.	Ursem Rob	69	08-021	1:36.30	25m	17-5-81	Castricum (NED)	142
169.	Steijn Daan	11	08-021	1:36.64	25m	23-6-24	Krommenie (NED)	141
170.	Hoekstra Marcel	78	08-021	1:36.70	25m	13-12-87	Assendelft (NED)	140
170.	Arends Peter	79	08-021	1:36.70	25m	16-6-93		140
172.	de Wit Matthew	97	08-021	1:37.05	25m	17-5-18	Heemskerk (NED)	139
173.	Smit Arend	88	08-021	1:37.47	25m	25-5-00	Heemskerk (NED)	137
174.	Ramaakers Raymond	91	08-021	1:37.59	25m	25-9-03	Heemskerk (NED)	136
175.	Jong Ron	77	08-021	1:37.80	25m	5-11-89	Heemskerk (NED)	136
175.	Thijssen Dave	82	08-021	1:37.80	25m	26-1-95	Heemskerk (NED)	136
177.	Bleijendaal Lucas	83	08-021	1:37.90	25m	29-10-95	Castricum (NED)	135
178.	Litjens Olaf	99	08-021	1:38.43	25m	2-10-11	Heemskerk (NED)	133
179.	Huisman Rene	69	08-021	1:38.70	25m	17-5-81	Castricum (NED)	132
180.	Oudendijk Hans	54	08-021	1:39.10	25m	17-3-07	Lelystad (NED)	130
181.	Manshanden Davy	68	08-021	1:39.30	25m	2-3-80	Heemskerk (NED)	129

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182.	van Heerwaarden Gerard	70	08-021	1:39.40	25m	24-1-82		129
183.	Crok Dirk	58	08-021	1:39.44	25m	29-5-08	Heemskerk (NED)	129
184.	Kloppenburg Albert	82	08-021	1:39.50	25m	16-6-93		129
185.	Heeremans Tim	78	08-021	1:40.00	25m	31-12-89	Heemskerk (NED)	127
186.	Blaauw Xam	07	08-021	1:40.03	25m	7-10-18	Purmerend (NED)	127
187.	Smit Rob	69	08-021	1:40.30	25m	2-3-80	Heemskerk (NED)	126
188.	Teufer Lorentz	96	08-021	1:40.33	25m	28-9-06	Heemskerk (NED)	126
188.	van Dijk Mitchell	99	08-021	1:40.33	25m	7-2-10	Heemstede (NED)	126
190.	de Groot Michiel	91	08-021	1:40.46	25m	25-9-03	Heemskerk (NED)	125
191.	Ursem Jerre	73	08-021	1:40.70	25m	12-2-84	Heemskerk (NED)	124
192.	Zwaan Nick	94	08-021	1:41.51	25m	5-6-04	Zaandam (NED)	121
193.	Welboren Mark	87	08-021	1:41.88	25m	15-11-98	Zaandam (NED)	120
194.	de Wit Job	98	08-021	1:41.97	25m	6-1-08	Alkmaar (NED)	120
195.	Steijn Twan	13	08-021	1:42.25	25m	31-3-24	Haarlem (NED)	119
196.	van Hardeveld Richard	69	08-021	1:42.30	25m	27-9-80	Heemskerk (NED)	118
197.	Liu Andy	04	08-021	1:42.32	25m	11-5-17	Heemskerk (NED)	118
198.	de Rooij Coen	89	08-021	1:43.43	25m	8-5-99	Zuidoost Beemster (NED)	115
199.	Piek Roy	89	08-021	1:43.69	25m	27-9-01	Heemskerk	114
200.	Zonneveld Alex	90	08-021	1:44.02	25m	25-10-01	Heemskerk	113
200.	Aardenburg Koen	91	08-021	1:44.02	25m	27-1-05	Heemskerk (NED)	113
202.	van Heerwaarden Stefan	70	08-021	1:44.10	25m	24-1-82		112
203.	Feyen Erik	66	08-021	1:44.70	25m	10-12-77	Heemskerk (NED)	110
204.	Welp Marco	72	08-021	1:44.80	25m	12-2-84	Heemskerk (NED)	110
205.	van der Gracht Adrie	57	08-021	1:44.82	25m	21-2-15	Heerenveen (NED)	110
206.	Welboren Mischa	89	08-021	1:46.22	25m	15-11-98	Zaandam (NED)	106
207.	Komen Berend	97	08-021	1:46.39	25m	3-10-10	Zaandam (NED)	105
208.	van Tilburg Beau	07	08-021	1:47.22	25m	11-4-19	Heemskerk (NED)	103
209.	Bruins Jacco	67	08-021	1:47.60	25m	8-12-79	Heemskerk (NED)	102
210.	Teufer Florian	95	08-021	1:47.97	25m	28-9-06	Heemskerk (NED)	101
211.	Verhagen Bart	85	08-021	1:49.10	25m	14-1-96	Zuidoost Beemster (NED)	98
212.	Sadeghi Hosseen	90	08-021	1:49.88	25m	25-9-03	Heemskerk (NED)	95
213.	Visvaligam Athithiyan	02	08-021	1:50.23	25m	10-11-13	Zaandam (NED)	95
214.	Buur Michael	87	08-021	1:50.30	25m	7-5-98	Heemskerk (NED)	94
215.	Zwart Mees	10	08-021	1:50.47	25m	25-5-23	Heemskerk (NED)	94
216.	ten Cate Raymond	82	08-021	1:50.70	25m	19-1-94		93
217.	van de Wijst Peter	69	08-021	1:50.80	25m	8-11-80	Heemskerk (NED)	93
218.	Baltjes Timo	09	08-021	1:50.99	25m	2-6-22	Heemskerk (NED)	93
219.	Gouweleeuw Raymond	88	08-021	1:51.26	25m	4-11-99	Heemskerk (NED)	92
220.	van de Sluis Erwin	71	08-021	1:52.10	25m	28-11-81	Heemskerk (NED)	90
221.	van Hoytema Max	98	08-021	1:52.28	25m	7-2-10	Heemstede (NED)	89
222.	Jong Gregory	80	08-021	1:53.00	25m	4-2-90	Assendelft (NED)	88
223.	Apeldoorn Alex	89	08-021	1:53.09	25m	25-5-00	Heemskerk (NED)	87
224.	Handgraaf Jos	87	08-021	1:54.55	25m	14-11-99	Zaandam (NED)	84
225.	Beeksma Coen	90	08-021	1:54.86	25m	11-11-01	Zaandam	83
226.	van Els Thomas	82	08-021	1:55.20	25m	19-1-94		83
227.	de Groot Pieter	83	08-021	1:55.60	25m	7-11-93	Assendelft (NED)	82
228.	Ukkerman Benz	02	08-021	1:55.62	25m	17-4-14	Heemskerk (NED)	82
229.	Verhagen Michel	82	08-021	1:56.10	25m	26-1-95	Heemskerk (NED)	81
230.	van Lieshout Rick	78	08-021	1:56.70	25m	16-5-91	Heemskerk (NED)	80
231.	de Weers Luuk	13	08-021	1:58.09	25m	25-5-23	Heemskerk (NED)	77
232.	van Duivenvoorde Bram	12	08-021	1:58.87	25m	1-10-23	Den Helder (NED)	75
233.	van Wijk Peter	87	08-021	1:58.97	25m	26-11-98	Heemskerk (NED)	75
234.	Wassenaar Teun	03	08-021	1:59.13	25m	25-4-13	Heemskerk (NED)	75

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235.	Mulder Mark	97	08-021	2:00.85	25m	27-4-06	Heemskerk	72
236.	de Boer Sem	02	08-021	2:00.87	25m	26-4-12	Heemskerk (NED)	72
237.	Cekic Deniz	97	08-021	2:01.05	25m	29-5-08	Heemskerk (NED)	71
238.	van Leeuwen Elbert	73	08-021	2:02.10	25m	10-4-83	Heemskerk (NED)	69
239.	Viel Stefan	88	08-021	2:05.20	25m	7-5-98	Heemskerk (NED)	64
240.	Verhagen Jeroen	84	08-021	2:10.20	25m	14-12-95	Heemskerk (NED)	57
241.	Glorie Jan	57	08-021	2:10.28	25m	18-2-12	Heerenveen (NED)	57
242.	van der Berg Job	98	08-021	2:12.50	25m	22-1-09	Heemskerk (NED)	54
243.	Grapendaal Aad	42	08-021	2:18.10	25m	23-4-15	Heemskerk (NED)	48
244.	Ayari Mohammed	13	08-021	2:26.22	25m	25-5-23	Heemskerk (NED)	40

200 wisselslag

1.	Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2.	Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3.	Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4.	Oudendijk Paul	81	08-021	2:18.77	25m	22-1-06	Emmeloord (NED)	493
5.	Jongert Sjoerd	01	08-021	2:20.99	25m	10-2-19	Purmerend (NED)	470
6.	Camphuijnder Wilko	69	08-021	2:21.20	25m	6-4-97	Heemskerk (NED)	468
7.	Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
8.	van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
9.	Gaal Roel	01	08-021	2:24.27	25m	3-11-19	Purmerend (NED)	438
10.	Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
11.	Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
12.	Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
13.	Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
14.	de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
15.	Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
16.	Druyven Jorrick	94	08-021	2:26.61	25m	24-3-08	Haarlem (NED)	418
17.	Camphuijnder Jasper	05	08-021	2:26.73	25m	29-1-23	Heemskerk (NED)	417
18.	Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoornd (NED)	413
19.	Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
20.	Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
21.	Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
22.	van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
23.	Oortwijn Kalle	05	08-021	2:29.34	25m	29-1-23	Heemskerk (NED)	395
24.	van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
25.	Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387
26.	Tamis Thijs	82	08-021	2:30.53	25m	8-9-02	Heemskerk	386
27.	Kerkhof Arno	72	08-021	2:31.50	25m	11-2-90	Heemskerk (NED)	378
28.	de Boer Stephan	83	08-021	2:31.81	25m	26-11-98	Heemskerk (NED)	376
29.	Kranenburg Fred	63	08-021	2:32.00	25m	11-12-83	Heemskerk (NED)	375
30.	Tijms Stefan	93	08-021	2:32.09	25m	13-1-19	Purmerend (NED)	374
31.	Kramer Vincent	82	08-021	2:32.62	25m	28-4-05	Heemskerk (NED)	370
32.	de Ruijter Richard	88	08-021	2:32.66	25m	28-4-05	Heemskerk (NED)	370
33.	Keessen Jeroen	67	08-021	2:32.70	25m	11-12-83	Heemskerk (NED)	370
34.	Korzelius Ron	65	08-021	2:33.10	25m	21-5-87	Heemskerk (NED)	367
35.	Hermans Luuk	85	08-021	2:33.62	25m	19-3-06	Heemskerk (NED)	363
36.	Dekker Matthijs	90	08-021	2:33.92	25m	16-1-05	Zaandam (NED)	361
37.	Steenbergen Roderik	82	08-021	2:34.48	25m	16-9-01	Zaandam (NED)	357
38.	Hagebout Marcel	68	08-021	2:34.50	25m	11-12-83	Heemskerk (NED)	357
39.	van Rijn Michael	70	08-021	2:35.50	25m	31-12-86		350
40.	Pover Peter	69	08-021	2:36.60	25m	7-2-88	Heemskerk (NED)	343

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41.	Verbree John	61	08-021	2:37.20	25m	22-3-81	Wieringerwerf (NED)	339
42.	de Vijlder Michael	75	08-021	2:37.40	25m	6-4-97	Heemskerk (NED)	337
43.	Groen Jarno	01	08-021	2:37.95	25m	3-11-19	Purmerend (NED)	334
44.	de Vries Allard	96	08-021	2:38.15	25m	10-11-13	Zaandam (NED)	333
45.	Beentjes Bastiaan	78	08-021	2:38.23	25m	12-3-00	Heemskerk (NED)	332
46.	Hoeningk Jarl	86	08-021	2:38.62	25m	30-1-03	Heemskerk	330
47.	van der Kroft Barry	82	08-021	2:39.04	25m	25-10-01	Heemskerk	327
48.	Kemmeren Ferry	91	08-021	2:39.05	25m	14-12-06	Heemskerk (NED)	327
49.	Di Mattia Angelo	97	08-021	2:39.88	25m	16-11-14	Zaandam (NED)	322
50.	Wassenaar Marcel	69	08-021	2:40.50	25m	19-3-89	Zaandam (NED)	318
51.	Stam Daniël	79	08-021	2:40.70	25m	19-1-97	Zaandam (NED)	317
52.	Wiegman Stefan	74	08-021	2:40.90	25m	19-2-89	Heemskerk (NED)	316
53.	van der Linden René	70	08-021	2:41.00	25m	29-9-85	Heemskerk (NED)	315
54.	Butter Joris	86	08-021	2:41.11	25m	9-11-03	Zaandam	315
55.	Lamers Koen	91	08-021	2:41.18	25m	14-12-06	Heemskerk (NED)	314
56.	Schaaper Bart	73	08-021	2:41.20	25m	18-2-89		314
57.	van Rookhuizen Barry	82	08-021	2:41.58	25m	8-10-00	Heemskerk (NED)	312
58.	Woudsma Stefan	00	08-021	2:41.60	25m	17-1-16	Purmerend (NED)	312
59.	Goverde Ad	59	08-021	2:42.00	25m	27-1-80	Zaandam (NED)	309
60.	Dekker Ruben	93	08-021	2:42.24	25m	15-1-06	Zaandam (NED)	308
61.	Missot Paul	64	08-021	2:42.30	25m	4-11-79	Zaandam (NED)	308
62.	Krijger Jan-Willem	81	08-021	2:42.37	25m	26-11-98	Heemskerk (NED)	307
63.	Zwaan Bas	76	08-021	2:42.70	25m	23-4-95	Castricum (NED)	305
64.	van Beek Klaas	88	08-021	2:42.89	25m	13-4-09	Haarlem (NED)	304
65.	Plokker Robert	65	08-021	2:43.00	25m	10-4-83	Heemskerk (NED)	304
66.	Dijkstra Menno	68	08-021	2:44.20	25m	21-5-87	Heemskerk (NED)	297
67.	Bok Reitze	73	08-021	2:44.60	25m	1-4-90	Zaandam (NED)	295
68.	de Boer Daniël	77	08-021	2:45.10	25m	15-6-95	Heemskerk (NED)	292
69.	Hulshof Patrick	75	08-021	2:45.60	25m	24-3-93		290
70.	Andeweg Celedonio	76	08-021	2:45.70	25m	25-11-90	Heemskerk (NED)	289
71.	Ayari Adam	08	08-021	2:46.25	25m	29-1-23	Heemskerk (NED)	286
72.	Oortwijn Maarten	80	08-021	2:46.50	25m	26-11-95	Heemskerk (NED)	285
73.	Dekker Rudie	78	08-021	2:47.50	25m	5-3-95	Heemskerk (NED)	280
74.	van der Heijden Hans	60	08-021	2:47.70	25m	8-1-77	Heemskerk (NED)	279
75.	Palmboom Pascal	89	08-021	2:48.55	25m	22-1-09	Heemskerk (NED)	275
76.	Schaap Paul	75	08-021	2:48.60	25m	3-12-89	Zaandam (NED)	274
77.	van Duin Peter	65	08-021	2:49.60	25m	28-11-81	Heemskerk (NED)	270
78.	Goverde Jeroen	73	08-021	2:50.30	25m	1-4-90	Zaandam (NED)	266
79.	Oortwijn Bouke	78	08-021	2:50.80	25m	20-1-94	Heemskerk	264
80.	van Vegten Teun	01	08-021	2:51.25	50m	5-2-17	Alkmaar (NED)	295
81.	Doodeman Niels	89	08-021	2:52.22	25m	10-3-02	Heemskerk	257
82.	de Ruijter René	86	08-021	2:52.32	25m	29-1-04	Heemskerk (NED)	257
82.	Kuijper Alex	08	08-021	2:52.32	25m	26-11-23	Hoofddorp (NED)	257
84.	Dekker Erik	62	08-021	2:52.80	25m	27-4-80	Assendelft (NED)	255
85.	Switser René	75	08-021	2:52.90	25m	30-9-89		254
86.	Ursem Jerre	73	08-021	2:53.00	25m	21-5-87	Heemskerk (NED)	254
86.	van der Bunt Raymond	73	08-021	2:53.00	25m	24-2-91	Heemskerk (NED)	254
88.	Deen Peter	59	08-021	2:53.80	25m	31-12-75		250
89.	Wolf Gert Jan	65	08-021	2:54.10	25m	6-9-81	Heemskerk (NED)	249
90.	van de Sluis Nicolai	66	08-021	2:54.30	25m	23-5-81	Heemskerk (NED)	248
91.	Overmeer Michel	60	08-021	2:54.50	25m	10-12-77	Heemskerk (NED)	247
92.	de Vries Dylan	93	08-021	2:54.52	25m	1-4-12	Zaandam (NED)	247
93.	Bal Chester	78	08-021	2:54.60	25m	26-1-95	Heemskerk (NED)	247

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94.	Zonneveld Jeroen	78	08-021	2:55.05	25m	26-11-98	Heemskerk (NED)	245
95.	van Hannen Erik	67	08-021	2:55.20	25m	21-3-82		245
96.	van Heerwaarden Chiel	05	08-021	2:55.38	25m	12-1-20	Purmerend (NED)	244
97.	de Boer Tobias	02	08-021	2:55.47	25m	12-2-17	Purmerend (NED)	243
98.	de Caluwe Perry	61	08-021	2:55.50	25m	27-4-80	Assendelft (NED)	243
99.	Koopman Axel	92	08-021	2:55.53	25m	19-3-06	Heemskerk (NED)	243
100.	Martijn Onno	91	08-021	2:55.92	25m	13-1-08	Heemskerk (NED)	242
101.	Schoonakker Mick	07	08-021	2:56.05	25m	12-11-23	Den Helder (NED)	241
102.	Windmuller Ton	62	08-021	2:56.20	25m	2-3-80	Heemskerk (NED)	240
103.	Hoening Sten	84	08-021	2:56.65	25m	5-10-03	Heemskerk (NED)	239
104.	Nolte Martijn	74	08-021	2:57.00	25m	21-5-87	Heemskerk (NED)	237
105.	Blaauw Mica	05	08-021	2:57.07	25m	12-1-20	Purmerend (NED)	237
106.	Huisman Rene	69	08-021	2:57.40	25m	11-12-83	Heemskerk (NED)	236
107.	Woudsma Maarten	01	08-021	2:58.26	25m	12-2-17	Purmerend (NED)	232
108.	Schillemans Bram	99	08-021	2:58.40	25m	12-2-17	Purmerend (NED)	232
109.	Vlieland Roy	99	08-021	2:58.78	25m	17-3-13	Zaandam (NED)	230
110.	de Caluwé Niels	91	08-021	2:58.90	25m	15-12-05	Heemskerk (NED)	230
111.	de Boer Elias	70	08-021	2:59.40	25m	23-9-84	Heemskerk (NED)	228
112.	Borst Corné	96	08-021	2:59.55	25m	26-4-12	Heemskerk (NED)	227
113.	van den Akker Dennis	63	08-021	3:00.40	25m	21-4-79	Deinze (BEL)	224
114.	Zijlstra Jeroen	80	08-021	3:00.80	25m	14-12-95	Heemskerk (NED)	222
115.	Kerdijk Dennis	79	08-021	3:00.90	25m	14-12-95	Heemskerk (NED)	222
116.	Windmuller Hans-Pieter	60	08-021	3:01.00	25m	10-12-77	Heemskerk (NED)	222
117.	van de Laar Viktor	05	08-021	3:03.15	25m	29-1-23	Heemskerk (NED)	214
118.	Bleijendaal Thomas	88	08-021	3:03.34	25m	29-1-04	Heemskerk (NED)	213
119.	Roosendaal Ben	66	08-021	3:03.70	25m	18-1-81	Zaandam (NED)	212
120.	Smit Erik	64	08-021	3:04.00	25m	13-12-80	Heemskerk (NED)	211
121.	de Caluwe Johan	64	08-021	3:04.50	25m	13-4-80	Zaandam (NED)	209
122.	van Honschoten Jacky	67	08-021	3:05.00	25m	11-10-81	Heemskerk (NED)	208
123.	de Weert Sander	72	08-021	3:05.68	25m	16-10-11	Zaandam (NED)	205
124.	Geurs Paul	57	08-021	3:06.00	25m	31-12-75		204
125.	Kemper Marcel	65	08-021	3:06.20	25m	25-10-80	Heemskerk (NED)	204
126.	Duin Goos	00	08-021	3:06.81	25m	18-1-15	Zaandam (NED)	202
127.	Arends Martin	81	08-021	3:07.70	25m	21-2-93	(NED)	199
128.	Tuinstra Sean	98	08-021	3:08.19	25m	26-4-12	Heemskerk (NED)	197
129.	Butter Stijn	11	08-021	3:08.69	25m	10-3-24	Purmerend (NED)	196
130.	Besse Niels	72	08-021	3:08.80	25m	3-12-89	Zaandam (NED)	195
131.	Meijer Viggo	06	08-021	3:09.60	25m	29-1-23	Heemskerk (NED)	193
132.	Frederiks Stan	09	08-021	3:09.65	25m	10-3-24	Purmerend (NED)	193
133.	Ursem Rob	69	08-021	3:10.50	25m	29-9-85	Heemskerk (NED)	190
134.	de Groot Peter	80	08-021	3:10.60	25m	2-5-96	Heemskerk (NED)	190
135.	de Moes Paul	70	08-021	3:11.70	25m	29-9-85	Heemskerk (NED)	187
136.	Kock Albert	61	08-021	3:12.00	25m	31-12-75		186
137.	Hof Ronnalt	60	08-021	3:13.00	25m	27-11-77	Ijmuiden (NED)	183
138.	Ijntema Tjeerd	99	08-021	3:13.92	25m	12-2-17	Purmerend (NED)	180
139.	Vos Daniël	91	08-021	3:15.11	25m	14-1-07	Amsterdam (NED)	177
140.	de Rooij Roel	87	08-021	3:16.30	25m	9-5-99	Zaandam (NED)	174
141.	Smit Arend	88	08-021	3:16.45	25m	26-4-01	Heemskerk (NED)	173
142.	Nijland Yoran	05	08-021	3:17.15	25m	14-1-18	Purmerend (NED)	171
143.	Blaauw Xam	07	08-021	3:17.46	25m	20-9-20	Haarlem (NED)	171
144.	van Sleen Robin	90	08-021	3:19.63	25m	30-1-03	Heemskerk	165
145.	Yayli Serkan	92	08-021	3:19.72	25m	27-1-05	Heemskerk (NED)	165
146.	Leegwater Liam	11	08-021	3:21.58	25m	20-11-22	Den Helder (NED)	160

200 wisselslag (sinds 147)

147.	Oortwijn Bjarne	07	08-021	3:21.70	25m	12-11-23	Den Helder (NED)	160
148.	Groot Sander	88	08-021	3:22.72	25m	19-12-99	Wormerveer (NED)	158
149.	Tholen Martijn	72	08-021	3:23.60	25m	11-12-83	Heemskerk (NED)	156
150.	Dam Norbert	92	08-021	3:24.03	25m	6-6-04	Zaandam (NED)	155
151.	Hof Peter	62	08-021	3:24.30	25m	10-12-77	Heemskerk (NED)	154
151.	Boonacker Wietse	68	08-021	3:24.30	25m	30-11-80	Heemskerk (NED)	154
153.	van Rixel Ferry	64	08-021	3:24.70	25m	12-3-78	Zaandam (NED)	153
154.	Hoogeterp Klaas	67	08-021	3:24.80	25m	12-10-80	Wormerveer (NED)	153
155.	Litjens Olaf	99	08-021	3:25.13	25m	15-4-12	Zaandam (NED)	152
156.	van Dijck Bart	63	08-021	3:25.60	25m	10-12-77	Heemskerk (NED)	151
157.	Paap Jaidy	08	08-021	3:26.69	25m	10-3-24	Purmerend (NED)	149
158.	Koning Arthur	96	08-021	3:27.87	25m	16-1-11	Zaandam (NED)	146
159.	Verdonk Pim	63	08-021	3:28.60	25m	10-12-77	Heemskerk (NED)	145
160.	Kloppenburg Albert	82	08-021	3:28.70	25m	28-11-93	Heemskerk (NED)	144
161.	Huis in 't Veld Lorenzo	03	08-021	3:29.77	25m	13-11-16	Purmerend (NED)	142
162.	de Vriend Ruben	03	08-021	3:29.89	25m	24-2-13	Zaandam (NED)	142
163.	Josselet Bart	84	08-021	3:30.66	25m	7-3-99	Zaandam (NED)	140
164.	van Hardeveld Richard	69	08-021	3:30.80	25m	28-11-81	Heemskerk (NED)	140
165.	Wassenaar Edwin	72	08-021	3:31.10	25m	11-12-83	Heemskerk (NED)	140
165.	de Caluwé Thijs	82	08-021	3:31.10	25m	26-1-95	Heemskerk (NED)	140
167.	Arends Peter	79	08-021	3:31.40	25m	24-3-93		139
168.	Jacobs Patrick	87	08-021	3:31.42	25m	25-10-01	Heemskerk	139
169.	Kuijl Ben	62	08-021	3:31.80	25m	10-12-77	Heemskerk (NED)	138
170.	Sikkema Joris	86	08-021	3:32.38	25m	26-11-98	Heemskerk (NED)	137
171.	ten Cate Raymond	82	08-021	3:32.60	25m	26-1-95	Heemskerk (NED)	137
172.	Ramaakers Raymond	91	08-021	3:32.66	25m	29-1-04	Heemskerk (NED)	137
173.	van de Wijst Peter	69	08-021	3:32.80	25m	23-5-81	Heemskerk (NED)	136
173.	Schipper Erik	72	08-021	3:32.80	25m	11-12-83	Heemskerk (NED)	136
175.	Bleijendaal Lucas	83	08-021	3:33.00	25m	14-12-95	Heemskerk (NED)	136
176.	Rasch Wilco	68	08-021	3:33.10	25m	25-10-80	Heemskerk (NED)	136
177.	van Lieshout Martin	76	08-021	3:33.90	25m	4-1-88	Zaandam (NED)	134
178.	Steijn Twan	13	08-021	3:36.16	25m	24-11-24	Zaandam (NED)	130
179.	Zwaan Nick	94	08-021	3:37.57	25m	29-2-04	Wormerveer	127
180.	de Rooij Coen	89	08-021	3:38.74	25m	30-3-00	Heemskerk (NED)	125
181.	Welboren Mark	87	08-021	3:39.28	25m	17-1-99	Heemskerk (NED)	124
182.	van Heerwaarden Stefan	70	08-021	3:39.60	25m	3-4-82	Heemskerk (NED)	124
183.	Smit Rob	69	08-021	3:40.50	25m	25-10-80	Heemskerk (NED)	122
184.	van Heerwaarden Gerard	70	08-021	3:40.60	25m	3-4-82	Heemskerk (NED)	122
185.	Feyen Erik	66	08-021	3:41.00	25m	26-2-78	Castricum (NED)	122
186.	Teufer Lorentz	96	08-021	3:42.21	25m	8-10-06	Zaandam (NED)	120
187.	Brands Ronald	75	08-021	3:43.30	25m	21-5-87	Heemskerk (NED)	118
188.	de Wit Matthew	97	08-021	3:46.67	50m	11-5-14	Antwerpen (BEL)	127
189.	Manshanden Davy	68	08-021	3:47.20	25m	13-12-80	Heemskerk (NED)	112
190.	de Groot Pieter	83	08-021	3:52.30	25m	13-11-94	Hoorn (NED)	105
191.	Kloek Ralph	68	08-021	3:52.80	25m	23-5-81	Heemskerk (NED)	104
192.	Sadeghi Hosseen	90	08-021	3:56.49	25m	29-1-04	Heemskerk (NED)	99
193.	Steijn Daan	11	08-021	3:57.80	25m	1-10-23	Den Helder (NED)	97
194.	van de Sluis Ignat	69	08-021	4:00.50	25m	23-5-81	Heemskerk (NED)	94
195.	de Boer Sem	02	08-021	4:02.86	25m	27-1-13	Zaandam (NED)	91
196.	Verhagen Bart	85	08-021	4:12.90	25m	15-10-95	Alkmaar (NED)	81
197.	Verhagen Michel	82	08-021	4:21.70	25m	14-12-95	Heemskerk (NED)	73
198.	Welp Marco	72	08-021	4:58.70	25m	2-9-84	Heemskerk (NED)	49

300 wisselslag

1.	Oudendijk Paul	81	08-021	3:44.15	25m	9-12-07	Zaandam (NED)
2.	van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)
3.	Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)
4.	Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam
5.	Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
6.	Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam
7.	Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)
8.	de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)
9.	van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)
10.	Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)
11.	Dekker Matthijs	90	08-021	4:02.55	25m	19-12-04	Heemskerk (NED)
12.	Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
13.	Essers Tim	88	08-021	4:04.54	25m	24-11-02	Amsterdam
14.	Hoening Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)
15.	Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)
16.	Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)
17.	Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)
18.	Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)
19.	Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)
20.	Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
21.	Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
22.	Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)
23.	van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam
24.	Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
25.	Tijms Stefan	93	08-021	4:44.57	25m	9-12-07	Zaandam (NED)
26.	de Ruijter René	86	08-021	4:46.04	25m	30-11-03	Heemskerk (NED)
27.	Doodeman Niels	89	08-021	4:51.89	25m	23-12-01	Amsterdam
28.	de Caluwé Niels	91	08-021	5:31.40	25m	30-11-03	Heemskerk (NED)

400 wisselslag

1.	Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2.	Oudendijk Paul	81	08-021	5:01.76	25m	19-2-06	Zaandam (NED)	475
3.	Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
4.	Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
5.	van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
6.	Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
7.	Druyven Jorrick	94	08-021	5:13.58	25m	30-3-08	Zaandam (NED)	423
8.	Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
9.	Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
10.	Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
11.	Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
12.	Jongert Sjoerd	01	08-021	5:24.85	50m	17-3-19	Alkmaar (NED)	422
13.	Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
14.	Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
15.	Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
16.	Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
17.	Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
18.	van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
19.	Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
20.	Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
21.	de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
22.	de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336

400 wisselslag (sinds 23)

23.	Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
24.	Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
25.	Steenbergen Roderik	82	08-021	5:42.81	25m	30-3-00	Heemskerk (NED)	324
26.	Kramer Vincent	82	08-021	5:46.80	25m	22-2-98	Zaandam (NED)	313
27.	de Vijlder Michael	75	08-021	5:47.30	25m	22-2-97		311
28.	Hoening Jarl	86	08-021	5:48.06	25m	24-2-02	Heemskerk	309
29.	Kemmeren Ferry	91	08-021	5:52.82	25m	28-1-07	Zaandam (NED)	297
30.	Keessen Jeroen	67	08-021	5:53.80	25m	3-4-82	Heemskerk (NED)	294
31.	Stam Daniël	79	08-021	5:55.40	25m	29-3-98	Heemstede (NED)	290
32.	van Rookhuizen Barry	82	08-021	5:57.32	25m	30-3-00	Heemskerk (NED)	286
33.	Plokker Robert	65	08-021	5:57.70	25m	5-4-81	Heemskerk (NED)	285
34.	Butter Joris	86	08-021	6:00.84	25m	25-2-01	Heemskerk (NED)	277
35.	van Duin Peter	65	08-021	6:03.70	25m	28-2-82		271
36.	Lamers Koen	91	08-021	6:04.81	25m	30-1-05	Zaandam (NED)	269
37.	Hermans Luuk	85	08-021	6:06.91	25m	25-2-01	Heemskerk (NED)	264
38.	Korzelius Ron	65	08-021	6:08.60	25m	28-2-82		260
39.	Zwaan Bas	76	08-021	6:09.40	25m	8-6-95	Heemskerk (NED)	259
40.	van Vegten Teun	01	08-021	6:11.44	25m	19-3-17	Zaandam (NED)	254
41.	Wassenaar Marcel	69	08-021	6:12.59	25m	19-2-11	Heerenveen (NED)	252
42.	Palmboom Pascal	89	08-021	6:16.28	25m	29-2-04	Wormerveer	245
43.	van de Sluis Nicolai	66	08-021	6:17.90	25m	3-4-82	Heemskerk (NED)	242
44.	Dekker Rudie	78	08-021	6:19.10	25m	6-3-94	Assendelft (NED)	239
45.	Vlieland Roy	99	08-021	6:23.86	25m	19-5-13	Purmerend (NED)	230
46.	Goverde Ad	59	08-021	6:24.90	25m	3-4-82	Heemskerk (NED)	229
47.	Hoening Sten	84	08-021	6:26.33	25m	30-3-00	Heemskerk (NED)	226
48.	Kuijper Alex	08	08-021	6:27.69	25m	3-4-22	Haarlem (NED)	224
49.	Windmuller Ton	62	08-021	6:28.50	25m	5-4-81	Heemskerk (NED)	222
50.	Schoonakker Mick	07	08-021	6:30.70	25m	10-3-24	Purmerend (NED)	218
51.	Oortwijn Maarten	80	08-021	6:32.30	25m	8-6-95	Heemskerk (NED)	216
52.	Wolf Gert Jan	65	08-021	6:36.50	25m	3-4-82	Heemskerk (NED)	209
53.	Martijn Onno	91	08-021	6:37.68	25m	15-6-06	Heemskerk (NED)	207
54.	de Weert Sander	72	08-021	6:39.84	25m	4-12-11	Zaandam (NED)	204
55.	van Honschoten Jacky	67	08-021	6:41.40	25m	3-4-82	Heemskerk (NED)	201
56.	Schillemans Bram	99	08-021	6:41.90	25m	9-10-16	Alkmaar (NED)	201
57.	de Ruijter René	86	08-021	6:42.03	25m	30-3-00	Heemskerk (NED)	201
58.	Butter Stijn	11	08-021	7:03.38	50m	24-3-24	Alkmaar (NED)	191
59.	Schaaper Hans	68	08-021	7:05.50	25m	3-4-82	Heemskerk (NED)	169
60.	Pover Peter	69	08-021	7:14.30	25m	3-4-82	Heemskerk (NED)	159
61.	Ursem Rob	69	08-021	7:27.60	25m	3-4-82	Heemskerk (NED)	145