

7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 36  
24-11-2024 - 13:59

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Sean Niewold <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	200204699	<b>21.76</b>	+0.69	
2.	Michael Smink	Blue Marlins	NED	200302169	<b>22.52</b>	+0.65	
3.	Marc Botter	Blue Marlins	NED	200000329	<b>23.20</b>	+0.63	
4.	Saviël Armand	ACZ	NED	200204461	<b>23.26</b>	+0.64	
5.	Daan Hogerhuis	De Columbiaan	NED	200300317	<b>23.40</b>	+0.66	
6.	Jay de Vries	Blue Marlins	NED	200400669	<b>23.45</b>	+0.69	
7.	Luc Mul	DAW	NED	200201025	<b>23.81</b>	+0.62	
8.	Darren Chen	ZPC AMERSFOORT	NED	200001149	<b>23.86</b>	+0.62	
9.	Thomas Vastenhou	ZPCH	NED	200204545	<b>24.09</b>	+0.65	
10.	Junior Vermeulen	De Bevelanders	NED	200103363	<b>24.19</b>	+0.66	
11.	Erik van Gemert	Poseidon'56	NED	200300587	<b>24.45</b>	+0.66	
12.	Gerard Willighagen	Poseidon'56	NED	200103663	<b>24.67</b>	+0.66	
13.	Sander Iuga	Feijenoord Albion Zwemclub	NED	200101389	<b>24.81</b>	+0.67	
14.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>24.82</b>	+0.64	
15.	Hendrik Broekema	Bubble	NED	200002205	<b>24.87</b>	+0.70	
16.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>25.07</b>	+0.63	
17.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>25.14</b>	+0.72	
18.	Nino van Krimpen	ZOB'66	NED	200004611	<b>25.31</b>	+0.72	
19.	Tim Speijer	Bubble	NED	200301661	<b>25.41</b>	+0.68	
20.	Fayssal Lantema	Zwemlust- den Hommel	NED	200101379	<b>25.53</b>	+0.74	
21.	Luuk Kresin	Patrick - De Roersoppers (SG)	NED	200303275	<b>25.59</b>	+0.68	
22.	Milan de Roo	ZPC Woerden	NED	200102215	<b>25.60</b>	+0.56	
23.	Esper Paans	ZZ&PC De Devel	NED	200100607	<b>25.80</b>	+0.64	
24.	Marc Hoogeveen	DZ&PC	NED	200101585	<b>25.97</b>	+0.70	
25.	Mart de Koning	ZOB'66	NED	200203253	<b>26.08</b>	+0.66	
26.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>26.10</b>	+0.65	
27.	Robin Schols	ACZ	NED	200400433	<b>26.12</b>	+0.64	
28.	Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	<b>26.19</b>	+0.65	
29.	Jort Vizeé	De Duck	NED	200201779	<b>26.27</b>	+0.62	
30.	Rens Hoogenboom	Neptunus'58	NED	200403893	<b>26.50</b>	+0.58	
31.	Julian Mes	ZOB'66	NED	200103755	<b>26.89</b>	+0.69	
32.	Jorick van Bon	ZPC AMERSFOORT	NED	200300091	<b>26.94</b>	+0.73	
33.	Steven van Santen	WVZ	NED	200001799	<b>27.06</b>	+0.68	
34.	Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>27.40</b>	+0.77	
35.	Bram Daalman	De Columbiaan	NED	200300629	<b>27.44</b>	+0.83	629
36.	Liam Wesemann	MSV-Zeemacht	NED	200300581	<b>27.58</b>	+0.72	
37.	Nigel Werring	Zwemlust- den Hommel	NED	200301503	<b>27.65</b>	+0.58	
	Jaimy Voogt	ZOB'66	NED	200005881	<b>27.65</b>	+0.73	
39.	Lasse Ophuis	WS Twente	NED	200400027	<b>27.80</b>	+0.87	
40.	Boaz Troost	ZOB'66	NED	200100371	<b>28.15</b>	+0.58	
41.	Leon Kloots	ZPC De Hof	NED	200001363	<b>28.47</b>	+0.77	
42.	Lanco Manaf	Het Ravijn	NED	200402715	<b>28.48</b>	+0.70	
	Mike Boukes	De Kempvis	NED	200301215	<b>28.48</b>	+0.58	

**Masters 25+**

1.	Felix Geenen	DAW	NED	199501085	<b>22.80</b>	+0.72	
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>23.71</b> *	+0.64	
3.	Max Peters	Nuenen	NED	199903123	<b>23.90</b>	+0.64	
4.	Melvin Prins	Feijenoord Albion Zwemclub	NED	199500201	<b>24.12</b>	+0.68	
5.	Nils Friese	TPSK 1925 e.V.	GER	333327	<b>24.22</b>	+0.64	
6.	Sander Kirillova	WVZ	NED	199800121	<b>24.47</b>	+0.62	
7.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>24.91</b>	+0.79	
8.	Bart Weiland	DES	NED	199700777	<b>25.25</b>	+0.64	
9.	Robin van Beek	ZVL-1886	NED	199704023	<b>25.46</b>	+0.65	
10.	Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>25.53</b>	+0.68	

Programmanr. 36, Heren, 50m vrije slag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
11.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>25.55</b>	+0.73	
12.	Rik Doornenbal	Blue Marlins	NED	199803871	<b>25.58</b>	+0.61	
13.	Joey Bartelds	SBC2000	NED	199805033	<b>25.59</b>	+0.67	
14.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>25.63</b>	+0.66	
15.	Diederick Scothans	De Gelenberg	NED	199703185	<b>25.96</b>	+0.76	
16.	Jesse van Dijk	Zuiderzeewemmers	NED	199903259	<b>25.99</b>	+0.68	
17.	Tim van Grunsven	De Treffers	NED	199804535	<b>26.03</b>	+0.69	
18.	Sam Beer	Poseidon'56	NED	199605521	<b>26.13</b>	+0.68	
19.	Nick Boekestijn	Westland Swimming Stars	NED	199900291	<b>26.23</b>	+0.52	
20.	Mees Laar	ENC Arnhem	NED	199601719	<b>26.35</b>	+0.69	
21.	Daan Siebenheller	ZOB'66	NED	199804955	<b>26.43</b>	+0.73	
22.	Ian van Mullem	ZOB'66	NED	199602545	<b>26.44</b>	+0.66	
23.	Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401	<b>26.54</b>	+0.70	
24.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>26.58</b>	+0.71	
25.	Sander van Bentum	Hieronymus	NED	199602391	<b>26.65</b>	+0.66	
26.	Jorn Blom	De Columbiaan	NED	199805867	<b>26.72</b>	+0.71	
27.	Danny Visser	De Treffers	NED	199600381	<b>27.06</b>	+0.75	
28.	Kevin Kingma	ACZ	NED	199700559	<b>27.08</b>	+0.70	
29.	Laurens Spoelstra	WS Twente	NED	199901273	<b>27.27</b>	+0.74	
30.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>27.28</b>	+0.73	
31.	Djurre Lankhorst	Blue Marlins	NED	199902733	<b>27.32</b>	+0.67	
32.	Lars Jacobsen	DWK	NED	199705453	<b>27.57</b>	+0.76	620
33.	Auke Sijperda	AZC	NED	199905115	<b>27.70</b>	+0.66	
34.	Tim van IJl	WVZ	NED	199802297	<b>27.92</b>	+0.69	
35.	Jeroen van Dinther	Neptunus'58	NED	199701569	<b>28.05</b>	+0.75	
36.	Colin Degenars	ZPCH	NED	199505951	<b>28.31</b>	+0.81	573
37.	Jasper van den Broek	De Watervogels	NED	199903313	<b>28.57</b>	+0.68	
38.	Sven Dubbeld	De Schotejil	NED	199601141	<b>29.03</b>	+0.86	
39.	Jordi van Akkeren	Hieronymus	NED	199604705	<b>29.18</b>	+0.76	
40.	Ids de Klerk	Niemo Barracuda	NED	199803237	<b>29.21</b>	+0.85	
41.	Jasper Strijp	De Rog	NED	199804399	<b>29.24</b>	+0.73	
42.	Ardy Zwanenburg	AZC	NED	199902061	<b>29.48</b>	+0.78	
43.	Job Esink	ENC Arnhem	NED	199801699	<b>29.59</b>	+0.75	
44.	Remco Visser	ZPC Woerden	NED	199503185	<b>29.87</b>	+0.69	
45.	Olaf Zegeren	Team Noord Holland (SG)	NED	199705761	<b>30.09</b>	+0.81	
46.	Kien Vuong	De Kempvis	NED	199506173	<b>31.46</b>	+0.77	
47.	Mike van der Sanden	PSV	NED	199506349	<b>38.24</b>	+0.77	

Masters 30+

1.	Ensger Kotterink <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	199403391	<b>22.76</b>	+0.58	
2.	Jeroen Baars	Niemo Barracuda	NED	199200031	<b>22.86</b>	+0.72	
3.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	<b>23.98</b>	+0.62	
4.	Steven Uijl	Aqua-Novio '94	NED	199304075	<b>24.63</b>	+0.65	
5.	Vojtech Patek	VSK Univerzita Brno	CZE		<b>24.92</b>	+0.65	
6.	Bas Braun	ZPC AMERSFOORT	NED	199106545	<b>25.17</b>	+0.80	
7.	Michel de Maesschalck	DAW	NED	199101525	<b>25.77</b>	+0.70	
8.	Joeri van Wallenburg	Onderdak	NED	199004875	<b>25.88</b>	+0.73	
9.	Jorden Theijink	ZPC De Hof	NED	199400323	<b>26.50</b>	+0.66	
10.	Paul Koster	Hieronymus	NED	199304465	<b>26.56</b>	+0.71	
11.	Sybre Groenewegen	De Schotejil	NED	199306223	<b>27.19</b>	+0.81	
12.	Niels Bent	WS Twente	NED	199400465	<b>27.36</b>	+0.74	
13.	Melle de Groot	ZPCH	NED	199107877	<b>27.47</b>	+0.70	
14.	Sander Riezebos	WS Twente	NED	199400467	<b>27.49</b>	+0.66	
15.	Bram Piederiet	ZVVS	NED	199007757	<b>27.51</b>	+0.75	
16.	Marc Hoogendam	Blue Marlins	NED	199007713	<b>27.71</b>	+0.72	
17.	Ruben Stolk	ZOB'66	NED	199005665	<b>27.85</b>	+0.69	
18.	Patrick Brouwer	AZC	NED	199303715	<b>27.86</b>	+0.76	
19.	Cars Wiegmann	WS Twente	NED	199401025	<b>28.15</b>	+0.71	
20.	Robin van Beusekom	Niemo Barracuda	NED	199205841	<b>28.36</b>	+0.76	
21.	Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>28.62</b>	+0.72	
22.	Mitchell van Uitert	De Geul	NED	199004067	<b>29.04</b>	+0.75	
23.	Karlo Kok	Zwemvereniging Hoogland	NED	199101265	<b>29.12</b>	+0.64	

Programmanr. 36, Heren, 50m vrije slag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
24.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	<b>30.71</b>	+0.72	
25.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	<b>31.58</b>	+0.77	
26.	Kay-Ivar Tempelaar	SBC2000	NED	199406795	<b>31.82</b>	+0.95	
DIS	Nick Breukelman	SwimGym	NED	199007773			

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 35+

1.	Pascal van Haren	Niemo Barracuda	NED	198704101	<b>25.67</b>	+0.75	
2.	Roderik Meijers	ZOB'66	NED	198602063	<b>25.70</b>	+0.72	
3.	Koen Woestenborghs	Nuenen	NED	198806193	<b>25.92</b>	+0.70	
4.	Dominik Volavy	VSK Univerzita Brno	CZE		<b>25.95</b>	+0.75	
5.	Rick Driezen	Steenwijk 1934	NED	198600713	<b>26.19</b>	+0.81	
6.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>26.41</b>	+0.74	
7.	Robert Braad	Steenwijk 1934	NED	198600407	<b>26.66</b>	+0.83	
8.	Remco van der Graaf	De Geul	NED	198704007	<b>28.56</b>	+0.80	
9.	Rudi Butselaar	GoSwim	NED	198700577	<b>30.06</b>	+0.75	
10.	William Dauchy	Feijenoord Albion Zwemclub	NED	198705451	<b>34.36</b>	+0.77	

Masters 40+

1.	Steve Seremes <i>Luxembourg Masters Record</i>	Luxembourg Sharks Swimming CLUX		15757	<b>24.53</b>	+0.67	
2.	Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>25.04</b>	+0.76	
3.	Jakub Horacek	VSK Univerzita Brno	CZE		<b>25.15</b>	+0.68	
4.	Nol van Thull	ZOB'66	NED	198001513	<b>25.68</b>	+0.75	
5.	Paul Brinkman	ZVVS	NED	198400309	<b>25.85</b>	+0.82	
6.	Jim Geestman	Poseidon'56	NED	198300699	<b>25.96</b>	+0.79	
7.	Ivan van Omme	De Geul	NED	198201263	<b>26.04</b>	+0.66	
	Kristiaan Lenos	ZVL-1886	NED	198301331	<b>26.04</b>	+0.70	
9.	Rene Koedooder	EZV	NED	198200919	<b>26.48</b>	+0.80	
10.	Bas van den Nouwelant	ZVVS	NED	198001103	<b>26.80</b>		
11.	William Kruihof	Het Ravijn	NED	198000857	<b>27.50</b>	+0.86	
12.	Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>27.65</b>	+0.78	
13.	Gerwin Vonk	De Spatters	NED	198201907	<b>27.66</b>	+0.68	
14.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>27.81</b>	+0.82	
15.	Grzegorz Kasprzyk	ZVVS	NED	198303163	<b>28.26</b>	+0.65	
16.	Oscar Monge	IJZPC	NED	198102599	<b>28.61</b>	+0.69	
17.	Jan-Eggo Huininga	HZ&PC Heerenveen	NED	198401001	<b>29.36</b>	+0.89	
18.	Wagner Augusto Camargo	ZZ&PC De Devel	NED	198002547	<b>29.59</b>	+0.83	
19.	Paul Rutten	ENC Arnhem	NED	198001293	<b>32.78</b>	+0.77	
20.	Peter Herzig	Schwimverein beider Basel	SUI	110273	<b>33.30</b>	+0.81	

Masters 45+

1.	Øivind Martin Hasle	Oslo I.L	NOR	M260777ØIV01	<b>25.04</b>	+0.77	
2.	Jasper van Heijst	ZPCH	NED	197601699	<b>25.17</b>	+0.70	
3.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	<b>25.25</b>	+0.72	
4.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>25.65</b>	+0.70	
5.	Dennis Dortland	Niemo Barracuda	NED	197800261	<b>27.22</b>	+0.85	
6.	Alex Damen	DAW	NED	197501371	<b>27.30</b>	+0.79	
7.	Jeroen Meuleners	Patrick - De Roersoppers (SG)	NED	197800703	<b>28.31</b>	+0.80	
8.	Klaas Poelstra	H2Oldambt	NED	197800825	<b>28.80</b>	+0.77	
9.	Markus van Rest	WVZ	NED	197701197	<b>28.82</b>	+0.78	
10.	Michael Go	AZC	NED	197501397	<b>30.13</b>	+0.69	
11.	Alfonso Verkerk	Blue Marlins	NED	197601665	<b>30.63</b>	+0.76	
12.	Ingmar Kooman	ZVL-1886	NED	197901517	<b>31.95</b>	+0.82	
13.	Robin Roskam	De Duinkickers	NED	197801831	<b>32.48</b>	+0.90	
14.	Jan Hakemulder	Poseidon'56	NED	197701787	<b>33.03</b>	+0.89	

Programmanr. 36, Heren, 50m vrije slag

Masters 50+

1.	Frederic Tonus	Luxembourg Sharks Swimming CLUX	10449	<b>24.62</b>	+0.68
	<i>Luxembourg Masters Record</i>				
2.	Antwan van Engen	CWW Swim team (SG)	NED 197101577	<b>26.89</b>	+0.67
3.	Jacco Schaap	PSV	NED 197401611	<b>27.02</b>	+0.86
4.	Richard Rickens	Hellas-Glana	NED 197000841	<b>27.14</b>	+0.80
5.	Arjan Verheij	De Rog	NED 197101617	<b>27.61</b>	+0.69
6.	Peter Meijer	DZ&PC	NED 197300613	<b>28.56</b>	+0.69
7.	Sagar Jaivant	WZK Zwemmen	NED 197401615	<b>28.73</b>	+0.84
8.	Jeroen Temme	TriVia	NED 197201703	<b>29.25</b>	+0.89
9.	Pieter Veenstra	DZ&PC	NED 197301345	<b>29.34</b>	+0.75
10.	Bas Kremers	TRB-RES	NED 197201611	<b>30.32</b>	+0.79
11.	Rob van Nijburg	De Otters Het Gooi	NED 197001737	<b>30.90</b>	+0.83
12.	Rob van de Ven	Neptunus'58	NED 197101695	<b>31.99</b>	+0.68
13.	Jeroen Hoeksel	ZVVS	NED 197401533	<b>34.12</b>	+0.97

Masters 55+

1.	Chester Marsman	ZPC AMERSFOORT	NED 196900671	<b>26.08</b>	+0.72
2.	Theo Tanis	Feijenoord Albion Zwemclub	NED 196901387	<b>26.61</b>	+0.80
3.	Glen Le Clercq	De Rog	NED 196800177	<b>27.43</b>	+0.73
4.	Ricardo Nogarolli	Luxembourg Sharks Swimming CLUX	13252	<b>28.26</b>	+0.76
	<i>Luxembourg Masters Record</i>				
5.	Marcel Vroegindewei	Poseidon'56	NED 196801709	<b>28.29</b>	+0.75
6.	Matthijs van den Adel	De Otters Het Gooi	NED 196501637	<b>28.38</b>	+0.73
7.	Edwin Petri	De Otters Het Gooi	NED 196601687	<b>29.49</b>	+0.84
8.	Olivier Bresoux	Cercle De Natation Sportcity WolBEL	CNSW/004898/69	<b>29.99</b>	+0.71
9.	Erik Saan	De Duck	NED 196500769	<b>30.21</b>	+0.99
10.	Jeroen Wilmer	EZV	NED 196601711	<b>30.43</b>	+0.89
11.	Wijnand Vergeest	De Rog	NED 196800949	<b>30.44</b>	+0.68
12.	Leon Slingerland	WVZ	NED 196801707	<b>30.57</b>	+0.84
13.	Teus Krijgsman	ACZ	NED 196600431	<b>30.86</b>	+0.85
14.	Frank Van Engelen	De Rog	NED 196701721	<b>32.14</b>	+0.84
15.	Gertjan van der Vaart	ZVVS	NED 196801529	<b>33.56</b>	+0.68
16.	Jos Vastenhoud	ZPC De Zeeuwse Kust	NED 196701797	<b>33.85</b>	+0.64
17.	Andre Exter	Poseidon'56	NED 196601585	<b>41.02</b>	+0.81
18.	Maarten Koolman	Steenwijk 1934	NED 196801649	<b>46.01</b>	+0.84

Masters 60+

1.	Peter Bernsen	De Rog	NED 196301119	<b>26.90</b>	+0.65
2.	Lionel Godeaux	Cercle De Natation Sportcity WolBEL	CNSW/000217/60	<b>27.37</b>	+0.72
3.	Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>28.83</b>	+0.76
4.	Fred Ketting	PSV	NED 196000289	<b>28.85</b>	+0.80
5.	Jon Christensen	Luxembourg Sharks Swimming CLUX	10008	<b>29.85</b>	+0.78
	<i>Luxembourg Masters Record</i>				
6.	Robert de Brauwer	De Duinkickers	NED 196401383	<b>31.11</b>	+0.81
7.	Antonio Friz	Cercle De Natation Sportcity WolBEL	CNSW/005890/60	<b>33.21</b>	+0.69
8.	Nico van Maanen	De Duck	NED 196100371	<b>33.37</b>	+0.80
9.	Pierre de Groot	GZC Donk	NED 196401431	<b>34.87</b>	+0.87
10.	André Schutte	ZPC De Zeeuwse Kust	NED 196000521	<b>36.19</b>	+0.95

Masters 65+

1.	Thierry Schurmans	Cercle De Natation Sportcity WolBEL	CNSW/007944/58	<b>32.87</b>	+0.61
2.	Philippe Godbille	Cercle De Natation Sportcity WolBEL	CNSW/000230/57	<b>34.47</b>	
3.	Peter Coffeng	GZC Donk	NED 195700063	<b>35.28</b>	+0.89
DIS	Richard Broer	HHZV Plons	NED 195900077		

*AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam., dragen horloge*

Programmanr. 36, Heren, 50m vrije slag

Masters 70+

1.	Fred Zanting	TriVia	NED	195400323	<b>33.43</b>	+0.85
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Masters 75+

1.	Wout Hemmes	De Plons	NED	194800059	<b>35.91</b>	+0.95
2.	Willem Putter	ZVVS	NED	194500135	<b>37.79</b>	
3.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>55.18</b>	

Masters 80+

1.	Geza Kaltenecker	AZC	NED	194200065	<b>40.44</b>	+0.88
2.	Kevork Boyrazian	Cercle De Natation Sportcity WolBEL		CNSW/002620/44	<b>54.22</b>	

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22-11-2024 - 13:30

Programmanr. 12  
22-11-2024 - 16:10

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Michael Smink <i>Nederlands Masters Record</i>	Blue Marlins	NED	200302169	<b>49.44</b>	+0.70		23.39	49.44
2. Daan Hogerhuis	De Columbiaan	NED	200300317	<b>51.76</b>	+0.71		24.41	51.76
3. Luc Mul	DAW	NED	200201025	<b>52.04</b>	+0.67		24.95	52.04
4. Darren Chen	ZPC AMERSFOORT	NED	200001149	<b>52.15</b>	+0.65		24.85	52.15
5. Marc Botter	Blue Marlins	NED	200000329	<b>53.12</b>	+0.64		24.71	53.12
6. Floris de Leeuw	Blue Marlins	NED	200105317	<b>53.78</b>	+0.70		26.13	53.78
7. Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>54.05</b>	+0.62		25.65	54.05
8. Jacco Nijland	ZPC De Hof	NED	200400081	<b>54.42</b>	+0.75		26.39	54.42
9. Arjan Dekker	Bubble	NED	200000499	<b>54.85</b>	+0.66		25.76	54.85
10. Jacob Mackloet	De Schotejil	NED	200001171	<b>55.14</b>	+0.72		26.25	55.14
11. Fayssal Lanterna	Zwemlust- den Hommel	NED	200101379	<b>55.48</b>	+0.71		26.42	55.48
12. Niels van der Mast	ZOB'66	NED	200401917	<b>55.53</b>	+0.70		26.48	55.53
13. Tim Speijer	Bubble	NED	200301661	<b>55.60</b>	+0.70		26.23	55.60
14. Junior Vermeulen	De Bevelanders	NED	200103363	<b>55.82</b>	+0.63		26.20	55.82
15. Marc Hoogeveen	DZ&PC	NED	200101585	<b>56.18</b>			26.77	56.18
16. Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>56.77</b>	+0.69		27.11	56.77
17. Jochem Janssen	De Gelenberg	NED	200003653	<b>57.49</b>	+0.75		27.46	57.49
18. Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	<b>57.61</b>	+0.65		27.68	57.61
19. Dave van den Nieuwendijk	De Columbiaan	NED	200100475	<b>58.20</b>	+0.72		26.64	58.20
20. Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>58.21</b>			27.11	58.21
21. Julian Mes	ZOB'66	NED	200103755	<b>58.23</b>	+0.70		27.64	58.23
22. Konstantinos Doulfis	Blue Marlins	NED	200204279	<b>58.46</b>	+0.68		27.45	58.46
23. Robin Schols	ACZ	NED	200400433	<b>58.71</b>	+0.64		27.66	58.71
24. Owen Michels	De Amstel	NED	200402293	<b>58.76</b>			28.24	58.76
25. Wessel Haverkamp	ENC Arnhem	NED	200204755	<b>59.47</b>	+0.70		28.32	59.47
26. Rik Stahlie	TriVia	NED	200201915	<b>59.53</b>	+0.75		28.40	59.53
27. Sjors Spronk	De Meer	NED	200004145	<b>59.89</b>	+0.66		29.39	59.89
28. Jorick van Bon	ZPC AMERSFOORT	NED	200300091	<b>1:00.63</b>	+0.72		28.15	1:00.63
Leon Kloots	ZPC De Hof	NED	200001363	<b>1:00.63</b>	+0.74		29.03	1:00.63
30. Mike Boukes	De Kempvis	NED	200301215	<b>1:01.14</b>	+0.65		29.46	1:01.14
31. Boaz Troost	ZOB'66	NED	200100371	<b>1:01.56</b>	+0.73		28.62	1:01.56
32. Rens Hoogenboom	Neptunus'58	NED	200403893	<b>1:01.74</b>			28.49	1:01.74
33. Liam Wesemann	MSV-Zeemacht	NED	200300581	<b>1:05.05</b>	+0.67		30.81	1:05.05
<b>Masters 25+</b>								
1. Felix Geenen	DAW	NED	199501085	<b>51.08</b>	+0.71		23.99	51.08
2. Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>53.01</b>	+0.67		25.11	53.01
3. Jorian Tanis	Feijenoord Albion Zwemclub	NED	199900327	<b>53.92</b>	+0.76		26.09	53.92
4. Sander Kirillova	WVZ	NED	199800121	<b>53.94</b>	+0.63		25.67	53.94
5. Ryan van den Ouden	Poseidon'56	NED	199900377	<b>54.07</b>	+0.78		25.43	54.07
6. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>55.13</b>	+0.72		26.45	55.13
7. Bart Weiland	DES	NED	199700777	<b>55.63</b>	+0.64		26.08	55.63
8. Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>55.67</b>	+0.67		26.61	55.67
9. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>56.08</b>	+0.72		26.61	56.08
10. Nick Bongers	SBC2000	NED	199800843	<b>57.16</b>	+0.65		27.78	57.16
11. Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401	<b>58.17</b>	+0.76		28.51	58.17
12. Ian van Mullem	ZOB'66	NED	199602545	<b>58.57</b>	+0.68		27.65	58.57
13. Tim van Grunsven	De Treffers	NED	199804535	<b>59.15</b>	+0.72		27.66	59.15
14. Sander van Bentum	Hieronimus	NED	199602391	<b>59.34</b>	+0.72		28.10	59.34
15. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>59.35</b>	+0.73		27.95	59.35
16. Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>1:00.60</b>			28.96	1:00.60
17. Wesley van der Luit	Sassenheim	NED	199701895	<b>1:00.61</b>	+0.73		29.34	1:00.61
18. Lars Jacobsen	DWK	NED	199705453	<b>1:00.90</b>	+0.78	607	29.15	1:00.90
19. Kevin Kingma	ACZ	NED	199700559	<b>1:01.07</b>			28.91	1:01.07

Programmanr. 12, Heren, 100m vrije slag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
20. Laurens Spoelstra	WS Twente	NED	199901273	<b>1:01.16</b>			28.97	1:01.16
21. Jeroen van Dinther	Neptunus'58	NED	199701569	<b>1:01.27</b>	+0.71		29.90	1:01.27
22. Sam Beer	Poseidon'56	NED	199605521	<b>1:01.89</b>			29.15	1:01.89
23. Djurre Lankhorst *50m	Blue Marlins	NED	199902733	<b>1:01.95</b>	+0.66		28.93	1:01.95
24. Auke Sijperda	AZC	NED	199905115	<b>1:03.36</b>	+0.65		29.22	1:03.36
25. Ids de Klerk	Niemo Barracuda	NED	199803237	<b>1:05.41</b>	+0.81		30.54	1:05.41
26. Job Esink	ENC Arnhem	NED	199801699	<b>1:08.85</b>	+0.78		32.24	1:08.85
27. Kien Vuong	De Kempvis	NED	199506173	<b>1:12.25</b>	+0.79		33.75	1:12.25
NG.ZA Rik Doornbal	Blue Marlins	NED	199803871					

Masters 30+

1. Jeroen Baars <i>Nederlands Masters Record</i>	Niemo Barracuda	NED	199200031	<b>50.15</b>	+0.71		23.95	50.15
2. Vojtech Patek	VSK Univerzita Brno	CZE		<b>54.69</b>	+0.70		26.35	54.69
3. Bas Braun	ZPC AMERSFOORT	NED	199106545	<b>55.64</b>	+0.80		26.89	55.64
4. Joeri van Wallenburg	Onderdak	NED	199004875	<b>56.14</b>	+0.73		26.75	56.14
5. Michel de Maesschalck	DAW	NED	199101525	<b>56.34</b>	+0.71		26.88	56.34
6. Stefan Petersen	Blue Marlins	NED	199403067	<b>56.65</b>	+0.68		27.09	56.65
7. Jacco Doest	DWK	NED	199400711	<b>58.67</b>	+0.86		27.38	58.67
8. Jordan Theijink	ZPC De Hof	NED	199400323	<b>59.50</b>	+0.67		28.28	59.50
9. Jeffrey van 't Schip	AZC	NED	199102035	<b>59.90</b>	+0.79		28.29	59.90
10. Niels Bent	WS Twente	NED	199400465	<b>1:00.91</b>	+0.87		28.99	1:00.91
11. Bram Piederiet	ZVVS	NED	199007757	<b>1:01.06</b>	+0.75		29.18	1:01.06
12. Patrick Brouwer	AZC	NED	199303715	<b>1:01.11</b>	+0.84		28.90	1:01.11
13. Melle de Groot	ZPCH	NED	199107877	<b>1:01.23</b>	+0.80		29.34	1:01.23
14. Sander Riezebos	WS Twente	NED	199400467	<b>1:01.44</b>	+0.66		29.19	1:01.44
15. Eric Kalee	Zwemvereniging Hoogland	NED	199005307	<b>1:03.77</b>	+0.82		30.01	1:03.77
16. Mitchell van Uiter	De Geul	NED	199004067	<b>1:05.68</b>	+0.75		31.73	1:05.68
17. Nick Breukelman	SwimGym	NED	199007773	<b>1:06.85</b>			32.32	1:06.85
18. Kay-Ivar Tempelaar	SBC2000	NED	199406795	<b>1:13.95</b>	+0.83		35.88	1:13.95
19. Patrick Wobben	Steenwijk 1934	NED	199300559	<b>1:14.70</b>	+0.79		35.28	1:14.70

Masters 35+

1. Sander de Vrugt	ENC Arnhem	NED	198903499	<b>55.95</b>	+0.64		26.66	55.95
2. Yigit Guven	Newham & University of East London	GBR	844061	<b>56.18</b>	+0.76		27.10	56.18
3. Pascal van Haren	Niemo Barracuda	NED	198704101	<b>56.64</b>	+0.69		26.91	56.64
4. Koen Woestenborghs	Nuener	NED	198806193	<b>57.41</b>	+0.73		27.37	57.41
5. Dominik Volavy	VSK Univerzita Brno	CZE		<b>58.83</b>			28.15	58.83
6. Rick Driezen	Steenwijk 1934	NED	198600713	<b>59.04</b>	+0.85		28.22	59.04
7. Alex Vermeulen	Aquapoldro	NED	198905811	<b>59.43</b>	+0.80		28.56	59.43
8. Balázs G cze	Swim Life Se	HUN	64/3540	<b>1:03.69</b>	+0.85		30.67	1:03.69
9. Remco van der Graaf	De Geul	NED	198704007	<b>1:05.57</b>	+0.80		31.68	1:05.57
10. Dennis Kraakman	DAW	NED	198705325	<b>1:07.59</b>	+0.71		31.95	1:07.59
11. Rudi Butselaar	GoSwim	NED	198700577	<b>1:08.77</b>	+0.78		32.06	1:08.77
12. Dirk de Vree	De Biesboschzwemmers	NED	198806361	<b>1:10.65</b>	+0.73		33.62	1:10.65
13. William Dauchy	Feijenoord Albion Zwemclub	NED	198705451	<b>1:22.45</b>	+0.91		39.26	1:22.45

Masters 40+

1. Steve Seremes <i>Luxembourg Masters Record, voor 50, 100m</i>	Luxembourg Sharks Swimming Club	LUX	15757	<b>54.12</b>	+0.68		26.26	54.12
2. Kristiaan Lenos	ZVL-1886	NED	198301331	<b>56.75</b>	+0.74		26.95	56.75
3. Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>57.65</b>	+0.79		26.82	57.65
4. Jim Geestman	Poseidon'56	NED	198300699	<b>58.12</b>	+0.83		28.07	58.12
5. Ivan van Ommen	De Geul	NED	198201263	<b>58.95</b>	+0.68		27.89	58.95
6. Christopher Cardenas	Upstream Amsterdam	NED	198002505	<b>59.40</b>	+0.76		28.76	59.40
7. Rene Koedoeder	EZV	NED	198200919	<b>59.81</b>			29.04	59.81
8. Heijmen van Vliet	De Geul	NED	198001637	<b>1:00.37</b>	+0.67		29.18	1:00.37
9. Nol van Thull	ZOB'66	NED	198001513	<b>1:00.43</b>	+0.80		29.15	1:00.43

Programmanr. 12, Heren, 100m vrije slag, Masters 40+

rang naam	vereniging			tijd	RT	PARA	50m	100m
10. Wouter Zijlstra	DAW	NED	198202077	<b>1:02.67</b>	+0.79		29.95	1:02.67
11. Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>1:04.07</b>	+0.79		29.83	1:04.07
12. Benoit Gasner	DES	NED	198102645	<b>1:05.09</b>	+0.66		30.44	1:05.09
13. Michiel Brinkman	DAW	NED	198001991	<b>1:06.26</b>	+0.88		29.92	1:06.26
14. Dmitry Nikolaev	SwimGym	NED	198202763	<b>1:07.02</b>			31.84	1:07.02
15. Ralph van der Kleij	AZL	NED	198002553	<b>1:08.95</b>	+0.76		32.43	1:08.95
16. Peter Herzig	Schwimverein beider Basel	SUI	110273	<b>1:14.28</b>	+0.78		34.50	1:14.28
17. Jeroen van Esseveldt	Aquapoldro	NED	198102617	<b>1:41.46</b>			45.36	1:41.46

Masters 45+

1. Øivind Martin Hasle	Oslo I.L	NOR	M260777ØIV01	<b>55.61</b>	+0.80		26.88	55.61
2. Ivo Roozeboom	WVZ	NED	197700801	<b>56.85</b>	+0.73		27.38	56.85
3. Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>56.86</b>	+0.74		26.77	56.86
4. Jasper van Heijst	ZPCH	NED	197601699	<b>56.96</b>	+0.72		27.21	56.96
5. Mark Hensen	Niemo Barracuda	NED	197900497	<b>57.27</b>			27.02	57.27
6. Victor Barnar	GoSwim	NED	197801805	<b>57.71</b>	+0.72		27.76	57.71
7. Alex Damen	DAW	NED	197501371	<b>59.33</b>	+0.75		28.70	59.33
8. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:00.78</b>	+0.79		28.91	1:00.78
9. Jeroen Meuleners	Patrick - De Roersoppers (SG)	NED	197800703	<b>1:02.41</b>	+0.80		29.44	1:02.41
10. Thijs Salomé	Scheldestroom	NED	197700819	<b>1:07.87</b>	+0.72		31.84	1:07.87
11. Tom Bandsma	PSV	NED	197701625	<b>1:08.46</b>			32.70	1:08.46
12. Erik Tobé	ZOB'66	NED	197901485	<b>1:09.97</b>	+0.85		33.06	1:09.97
<i>*50m</i>								
13. Michael Go	AZC	NED	197501397	<b>1:10.12</b>	+0.73		32.60	1:10.12
14. Alexander Sophocleous	HHZV Plons	NED	197902109	<b>1:14.77</b>	+0.90		36.29	1:14.77
15. Robin Roskam	De Duinkickers	NED	197801831	<b>1:16.98</b>	+0.79		35.72	1:16.98

Masters 50+

1. Marco Booij	ZPB H&L Productions	NED	197300109	<b>59.11</b>	+0.80		27.94	59.11
2. Richard Rickson	Hellas-Glana	NED	197000841	<b>1:00.58</b>	+0.78		29.40	1:00.58
3. Markus Löber	SSF Bonn	GER	444684	<b>1:01.34</b>	+0.75		29.51	1:01.34
4. Pieter Veenstra	DZ&PC	NED	197301345	<b>1:03.61</b>	+0.78		30.38	1:03.61
5. Peter Meijer	DZ&PC	NED	197300613	<b>1:06.49</b>	+0.66		32.02	1:06.49
6. Casper van den Burgh	Sassenheim	NED	197201413	<b>1:06.77</b>	+0.84		32.04	1:06.77
7. Jeroen Temme	TriVia	NED	197201703	<b>1:07.08</b>	+0.84		32.41	1:07.08
8. Martijn de Jong	DWK	NED	197101659	<b>1:09.11</b>			32.72	1:09.11
9. Bas Kremers	TRB-RES	NED	197201611	<b>1:09.97</b>	+0.74		33.61	1:09.97
10. Erwin Veenhoven	ZVL-1886	NED	197101793	<b>1:11.57</b>	+0.96		33.53	1:11.57
<i>*50m</i>								
11. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:14.46</b>	+0.71		34.96	1:14.46
12. Alberto Randazzo	DES	NED	197101757	<b>1:15.38</b>	+0.75		36.54	1:15.38
13. Jeroen Hoeksel	ZVVS	NED	197401533	<b>1:20.19</b>			37.11	1:20.19
14. Maxim Hardziyenka	Swol 1894	NED	197201723	<b>1:23.41</b>	+0.87		38.58	1:23.41

Masters 55+

1. Oddvar Sandvin	Oslo I.L	NOR	M020666ODD01	<b>58.88</b>	+0.76		28.29	58.88
2. Nikolai Voronin	CN Torrevieja	ESP	5594922	<b>59.78</b>	+0.67		28.78	59.78
3. Glen Le Clercq	De Rog	NED	196800177	<b>1:00.38</b>	+0.79		29.18	1:00.38
4. John Hardeman	Zwemlust- den Hommel	NED	196601615	<b>1:01.14</b>	+0.71		29.36	1:01.14
5. Ricardo Nogarolli	Luxembourg Sharks Swimming	LUX	13252	<b>1:04.12</b>	+0.83		30.04	1:04.12
<i>Luxembourg Masters Record</i>								
6. Edwin Petri	De Otters Het Gooi	NED	196601687	<b>1:04.78</b>	+0.99		30.70	1:04.78
7. Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>1:07.12</b>	+0.80		31.31	1:07.12
<i>*50m</i>								
8. Wijnand Vergeest	De Rog	NED	196800949	<b>1:07.97</b>			32.31	1:07.97
Olivier Bresoux	Cercle De Natation Sportcity VBELwe	CNSW/004898/69		<b>1:07.97</b>			33.05	1:07.97
10. Jeroen Wilmer	EZV	NED	196601711	<b>1:09.67</b>	+0.90		32.61	1:09.67
11. Erik Saan	De Duck	NED	196500769	<b>1:11.00</b>	+0.71		33.63	1:11.00



Programmanr. 12, Heren, 100m vrije slag, Masters 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
12. Erik Zoethout	Aqualero	NED	196901157	<b>1:12.72</b>	+0.85		34.22	1:12.72
13. Peter Bootsma	AZC	NED	196901869	<b>1:15.64</b>	+0.66		36.43	1:15.64
14. Gertjan van der Vaart	ZVVS	NED	196801529	<b>1:16.51</b>	+0.73		36.36	1:16.51
15. Andre Exter	Poseidon'56	NED	196601585	<b>1:40.40</b>	+0.83		45.88	1:40.40
16. Maarten Koolman	Steenwijk 1934	NED	196801649	<b>1:50.72</b>	+0.92		49.55	1:50.72

Masters 60+

1. Peter Bernsen	De Rog	NED	196301119	<b>1:00.67</b>	+0.68		29.16	1:00.67
2. Arnold de Rover	De Berkelduikers	NED	196400645	<b>1:01.24</b>	+0.83		29.26	1:01.24
3. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	<b>1:03.72</b>	+0.70		30.11	1:03.72
4. Fred Ketting	PSV	NED	196000289	<b>1:04.19</b>	+0.86		30.32	1:04.19
5. Roy Le Clercq	De Rog	NED	196401041	<b>1:12.77</b>	+0.88		34.42	1:12.77
6. John Dam	ZIGNEA	NED	196000915	<b>1:18.77</b>	+0.61		38.19	1:18.77
7. Peter Janssen	Team Noord Holland (SG)	NED	196201307	<b>1:20.06</b>			37.49	1:20.06
8. Pierre de Groot	GZC Donk	NED	196401431	<b>1:20.56</b>	+0.86		38.61	1:20.56

Masters 65+

1. Rene Janssen	Team Noord Holland (SG)	NED	195700169	<b>1:12.12</b>	+0.94		35.15	1:12.12
2. Paul Bunnik	Triton	NED	195600413	<b>1:12.30</b>	+0.91		34.20	1:12.30
3. Peter Coffeng	GZC Donk	NED	195700063	<b>1:22.23</b>			39.78	1:22.23
4. Lex Hoogendam	ZZ&PC De Devel	NED	195700541	<b>1:22.43</b>	+0.96		38.99	1:22.43
5. André Pantekoek	PSV	NED	195800321	<b>1:25.36</b>			40.80	1:25.36

Masters 70+

1. Sverre Kile <i>Kampioenschapsrecord</i>	Bergen og Omegn Masters	NOR	M170553SVE03	<b>1:08.40</b>	+0.85		32.80	1:08.40
2. Fred Zanting	TriVia	NED	195400323	<b>1:14.96</b>			36.87	1:14.96
3. Rob Berkhof	Swol 1894	NED	195200245	<b>1:33.58</b>			44.53	1:33.58

Masters 75+

1. Wout Hemmes	De Plons	NED	194800059	<b>1:21.69</b>	+0.96		38.73	1:21.69
2. Willem Putter	ZVVS	NED	194500135	<b>1:28.69</b>			42.33	1:28.69
3. Mans Buis	Swol 1894	NED	194700133	<b>1:44.09</b>			48.81	1:44.09
4. Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>2:03.81</b>			56.93	2:03.81

Masters 80+

1. Geza Kaltenecker	AZC	NED	194200065	<b>1:38.31</b>	+0.91		46.82	1:38.31
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Masters 85+

1. Frederik Hendrik de Bruijn	CN Aquamasters	ESP		<b>1:34.59</b>			46.96	1:34.59
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5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 26  
23-11-2024 - 16:12

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Wouter Zijlstra <i>Kampioenschapsrecord</i>	HZ&PC Heerenveen	NED 200401545	<b>1:53.19</b>	+0.63	26.37	55.21	1:24.31	1:53.19
2. Darren Chen	ZPC AMERSFOORT	NED 200001149	<b>1:54.53</b>	+0.65	26.24	55.12	1:24.58	1:54.53
3. Luc Mul	DAW	NED 200201025	<b>1:55.96</b>	+0.73	27.26	56.69	1:27.12	1:55.96
4. Daan Hogerhuis	De Columbiaan	NED 200300317	<b>1:57.67</b>	+0.76	26.91	56.19	1:26.73	1:57.67
5. Thomas Vastenhouw	ZPCH	NED 200204545	<b>1:58.41</b>	+0.65	27.50	57.25	1:27.89	1:58.41
6. Jacob Mackloet	De Schotejil	NED 200001171	<b>2:00.56</b>	+0.74	27.89	58.63	1:29.65	2:00.56
7. Fayssal Lantema	Zwemlust- den Hommel	NED 200101379	<b>2:02.76</b>	+0.73	29.01	1:00.41	1:32.30	2:02.76
8. Guus Hoogduin	ZVL-1886	NED 200201069	<b>2:06.08</b>	+0.73	28.52	59.99	1:33.19	2:06.08
9. Niels van der Mast	ZOB'66	NED 200401917	<b>2:06.52</b>	+0.70	28.09	59.90	1:33.30	2:06.52
10. Owen Michels	De Amstel	NED 200402293	<b>2:06.90</b>	+0.66	28.72	1:01.01	1:34.37	2:06.90
11. Wessel Haverkamp	ENC Arnhem	NED 200204755	<b>2:08.03</b>	+0.68	29.42	1:01.28	1:34.72	2:08.03
12. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	<b>2:08.50</b>	+0.69	28.50	1:00.52	1:34.60	2:08.50
13. Leon Kloots	ZPC De Hof	NED 200001363	<b>2:10.92</b>		29.85	1:03.61	1:38.02	2:10.92
14. Jens Kooijman	De Schotejil	NED 200200633	<b>2:13.72</b>	+0.77	30.40	1:04.05	1:39.48	2:13.72
15. Lanco Manaf	Het Ravijn	NED 200402715	<b>2:22.54</b>	+0.67	31.14	1:07.07	1:45.19	2:22.54
<b>Masters 25+</b>								
1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	<b>1:57.54</b>	+0.64	26.57	56.43	1:26.59	1:57.54
2. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	<b>2:01.27</b>	+0.73	27.33	57.85	1:29.67	2:01.27
3. Jeffrey Roest	Zwemvereniging Hoogland	NED 199703401	<b>2:04.93</b>	+0.76	28.86	1:00.51	1:33.18	2:04.93
4. Jelle Nap	VZC	NED 199502875	<b>2:04.99</b>	+0.77	28.64	1:00.35	1:33.34	2:04.99
5. Diederick Schothans	De Gelenberg	NED 199703185	<b>2:07.48</b>	+0.75	28.60	1:00.35	1:33.10	2:07.48
6. Gijs Ruijgrok	ZVL-1886	NED 199600863	<b>2:11.91</b>	+0.68	29.40	1:02.49	1:37.42	2:11.91
7. Tom van Gils	ZPC De Zeeuwse Kust	NED 199501799	<b>2:12.34</b>	+0.70	30.64	1:04.07	1:38.22	2:12.34
8. Wesley van der Luit	Sassenheim	NED 199701895	<b>2:12.57</b>	+0.62	30.51	1:03.95	1:39.13	2:12.57
9. Martijn Bartels	ZPC AMERSFOORT	NED 199603493	<b>2:12.59</b>	+0.82	30.05	1:03.86	1:38.75	2:12.59
10. Lars Jacobsen	DWK	NED 199705453	<b>2:14.81</b>	+0.80	29.61	1:04.50	1:40.89	2:14.81
11. Jeroen van Dinther	Neptunus'58	NED 199701569	<b>2:16.85</b>	+0.66	31.76	1:06.20	1:41.75	2:16.85
12. Richard van der Horst	De Meer	NED 199700179	<b>2:18.08</b>	+0.68	31.75	1:06.75	1:42.56	2:18.08
13. Sven Dubbeld	De Schotejil	NED 199601141	<b>2:21.67</b>	+0.76	32.38	1:08.74	1:45.87	2:21.67
14. Rob van Wier	HZ&PC Heerenveen	NED 199900697	<b>2:22.25</b>	+0.71	31.51	1:07.78	1:45.39	2:22.25
<b>Masters 30+</b>								
1. Matteo Viani	Zwemlust- den Hommel	NED 199007717	<b>2:02.25</b>	+0.68	28.70	1:00.01	1:31.29	2:02.25
2. Olaf Achterberg	VZC	NED 199000011	<b>2:03.70</b>	+0.74	28.23	1:00.03	1:31.92	2:03.70
3. Vojtech Patek	VSK Univerzita Brno	CZE	<b>2:04.02</b>	+0.73	29.58	1:01.53	1:33.49	2:04.02
4. Stefan Petersen	Blue Marlins	NED 199403067	<b>2:06.73</b>	+0.71	28.32	59.50	1:32.85	2:06.73
5. Patrick Creemers	Patrick - De Roersoppers (S)	NED 199000579	<b>2:06.85</b>	+0.74	29.53	1:03.02	1:36.13	2:06.85
6. Tim Bunnik	Triton	NED 199000505	<b>2:06.87</b>	+0.82	28.43	1:00.14	1:33.25	2:06.87
7. Jeroen Matthijssen	AZC	NED 199103751	<b>2:09.67</b>	+0.78	28.61	1:00.71	1:34.82	2:09.67
8. Jorden Theijink	ZPC De Hof	NED 199400323	<b>2:12.09</b>	+0.70	30.05	1:03.68	1:38.05	2:12.09
9. Sybren Groenewegen	De Schotejil	NED 199306223	<b>2:14.16</b>	+0.86	29.86	1:03.18	1:39.57	2:14.16
10. Bart van der Zwaan	BZ&PC	NED 199005149	<b>2:14.30</b>	+0.69	30.01	1:04.17	1:39.39	2:14.30
11. Niels Bent	WS Twente	NED 199400465	<b>2:14.93</b>	+0.78	30.97	1:05.05	1:40.11	2:14.93
12. Jeroen van Blanken	ACZ	NED 199206451	<b>2:16.78</b>	+0.76	29.62	1:03.79	1:40.44	2:16.78
13. Jordy van der Drift	ZVL-1886	NED 199307345	<b>2:26.46</b>	+0.80	32.26	1:08.67	1:47.56	2:26.46

Programmanr. 26, Heren, 200m vrije slag

Masters 35+

1. Yigit Guven	Newham & University of East	GBR:844061L) Swimmir	<b>2:05.35</b>	+0.80	28.81	1:00.39	1:33.04	2:05.35
2. Alex Vermeulen	Aquapoldro	NED 198905811	<b>2:13.23</b>	+0.81	30.18	1:04.07	1:39.13	2:13.23
3. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:13.40</b>	+0.74	29.31	1:03.50	1:38.89	2:13.40
4. Niels Albrechts	De Schotejil	NED 198800039	<b>2:14.51</b>	+0.77	31.85	1:07.11	1:42.45	2:14.51
5. Jonathan Vaernewyck	Drie Zes Vijf	BEL	<b>2:18.60</b>	+0.82	31.47	1:06.03	1:42.30	2:18.60
6. Wessel Everloo	WS Twente	NED 198906597	<b>2:19.43</b>	+0.98	31.92	1:07.15	1:43.72	2:19.43
7. Sander van Tilburg	De Biesboschzwemmers	NED 198604609	<b>2:28.31</b>	+0.85	32.72	1:09.82	1:49.12	2:28.31
NG Sander van Elburg	De Dokkelaers	NED 198800937						

Masters 40+

1. Kristiaan Lenos	ZVL-1886	NED 198301331	<b>2:06.44</b>	+0.79	28.96	1:01.04	1:33.83	2:06.44
2. Pieter Pickhardt	ZPC De Hof	NED 198301657	<b>2:08.47</b>	+0.78	30.22	1:02.81	1:36.11	2:08.47
3. Paul Oudendijk	DAW	NED 198101287	<b>2:15.23</b>	+0.74	30.84	1:04.64	1:40.29	2:15.23
4. Grzegorz Kasprzyk	ZVVS	NED 198303163	<b>2:16.47</b>	+0.72	30.92	1:05.65	1:41.28	2:16.47
5. W. Camargo	ZZ&PC De Devel	NED 198002547	<b>2:21.64</b>	+0.85	31.95	1:06.69	1:43.35	2:21.64
6. Harm Jan Otter	Het Ravijn	NED 198101283	<b>2:24.34</b>	+0.89	30.76	1:06.82	1:45.55	2:24.34
7. Oscar Monge	IJZPC	NED 198102599	<b>2:25.19</b>	+0.64	31.34	1:07.83	1:45.60	2:25.19

Masters 45+

1. Øivind Martin Hasle	Oslo I.L.	NOR M260777ØIV01	<b>2:02.77</b>	+0.84	28.65	59.67	1:31.56	2:02.77
2. Mark Hensen	Niemo Barracuda	NED 197900497	<b>2:06.13</b>	+0.78	28.58	1:00.66	1:33.54	2:06.13
3. Ivo Roozeboom	WVZ	NED 197700801	<b>2:08.24</b>	+0.75	28.70	1:01.86	1:35.63	2:08.24
4. Mark Zwart	Zwemlust- den Hommel	NED 197901461	<b>2:16.32</b>	+0.85	30.45	1:05.00	1:40.92	2:16.32
5. Arjan Buijsse	Sassenheim	NED 197901767	<b>2:19.53</b>	+0.68	30.98	1:06.50	1:43.25	2:19.53
6. Jeroen Meuleners	Patrick - De Roersoppers	SCNED 197800703	<b>2:21.99</b>	+0.84	31.70	1:07.29	1:44.60	2:21.99
7. René Spaans	DES	NED 197701807	<b>2:26.67</b>	+0.87	32.15	1:09.21	1:47.67	2:26.67
8. Tom Bandsma	PSV	NED 197701625	<b>2:32.65</b>		33.98	1:11.59	1:51.48	2:32.65

Masters 50+

1. Pieter Veenstra	DZ&PC	NED 197301345	<b>2:18.43</b>	+0.82	31.21	1:06.26	1:42.55	2:18.43
2. Paul Bosch	Team Noord Holland (SG)	NED 197201533	<b>2:25.73</b>	+0.91	33.86	1:09.91	1:48.06	2:25.73
3. Martin Berkhout	ZVL-1886	NED 197101123	<b>2:30.83</b>	+0.73	33.41	1:11.80	1:51.95	2:30.83
4. Peter Meijer	DZ&PC	NED 197300613	<b>2:31.90</b>	+0.69	31.87	1:08.57	1:49.47	2:31.90
5. Rob van Nijburg	De Otters Het Gooi	NED 197001737	<b>2:35.08</b>	+0.83	36.79	1:16.13	1:56.47	2:35.08
6. Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	<b>2:36.45</b>	+0.78	34.86	1:14.02	1:55.02	2:36.45
7. Bas Kremers	TRB-RES	NED 197201611	<b>2:41.32</b>	+0.83	35.95	1:16.15	1:59.84	2:41.32
8. Erwin Veenhoven	ZVL-1886	NED 197101793	<b>2:42.29</b>		34.93	1:15.79	2:00.35	2:42.29

\*50, 100

Masters 55+

1. Nikolai Voronin	CN Torrevieja	ESP 5594922	<b>2:09.29</b>	+0.77	29.76	1:02.60	1:36.03	2:09.29
2. Oddvar Sandvin	Oslo I.L.	NOR M020666ODD01	<b>2:10.24</b>	+0.81	30.45	1:03.68	1:37.57	2:10.24
3. Glen Le Clercq	De Rog	NED 196800177	<b>2:13.97</b>	+0.79	30.69	1:05.09	1:38.88	2:13.97
4. John Hardeman	Zwemlust- den Hommel	NED 196601615	<b>2:15.75</b>	+0.59	30.60	1:04.41	1:39.46	2:15.75
5. Erlend Alstad	Oslo I.L.	NOR M210367ERL02	<b>2:16.12</b>	+0.81	31.99	1:06.69	1:41.87	2:16.12
6. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	<b>2:22.21</b>	+0.73	32.34	1:08.76	1:46.08	2:22.21
7. Edwin Petri	De Otters Het Gooi	NED 196601687	<b>2:22.62</b>	+0.94	33.15	1:10.79	1:47.18	2:22.62
8. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:25.42</b>	+0.84	32.76	1:09.21	1:47.40	2:25.42
9. Wijnand Vergeest	De Rog	NED 196800949	<b>2:32.54</b>	+0.77	34.83	1:12.97	1:52.94	2:32.54

\*100m

10. Leon Slingerland	WVZ	NED 196801707	<b>2:33.69</b>	+0.88	33.00	1:12.41	1:53.62	2:33.69
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Programmanr. 26, Heren, 200m vrije slag

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	<b>2:15.53</b>	+0.82	31.20	1:05.27	1:40.87	2:15.53
2. Jan Brink	ZPC De Zeeuwse Kust	NED 196200091	<b>2:20.11</b>	+0.67	31.47	1:07.47	1:45.00	2:20.11
3. Jon Christensen	Luxembourg Sharks SwimmirLUXi10008		<b>2:21.29</b>	+0.70	32.56	1:08.11	1:44.25	2:21.29
<i>Luxembourg Masters Record</i>								
4. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>2:24.57</b>	+0.79	33.87	1:10.80	1:47.50	2:24.57
5. Rob Spetter	De Rog	NED 196201239	<b>2:28.26</b>	+0.64	34.12	1:11.37	1:49.83	2:28.26
6. Ronald Grove	Triton	NED 196100161	<b>2:38.02</b>	+0.81	36.12	1:17.26	1:58.66	2:38.02
7. Roy Le Clercq	De Rog	NED 196401041	<b>2:38.63</b>	+0.92	36.37	1:17.12	1:58.56	2:38.63
8. Jiri Janovsky	Plavecký klub Stráz pod RalsiCZE 115000		<b>2:39.35</b>		36.82	1:17.51	1:59.13	2:39.35
<i>*50, 100</i>								
9. Casper Dollekamp	Steenwijk 1934	NED 196301341	<b>2:52.06</b>	+0.74	37.92	1:21.00	2:06.55	2:52.06
10. Jack Barends	WS Twente	NED 196201011	<b>2:56.36</b>	+0.81	40.23	1:24.55	2:10.47	2:56.36

Masters 65+

1. Richard Broer	HHZV Plons	NED 195900077	<b>2:38.20</b>		34.96	1:14.13	1:56.62	2:38.20
2. Henk Slomp	De Inktvis	NED 195500359	<b>2:42.57</b>	+0.94	36.42	1:17.28	1:59.95	2:42.57
3. Lex Hoogendam	ZZ&PC De Devel	NED 195700541	<b>2:59.72</b>	+0.99	39.99	1:25.08	2:12.14	2:59.72
4. Peter Coffeng	GZC Donk	NED 195700063	<b>3:08.41</b>	+0.82	42.64	1:30.12	2:19.99	3:08.41
<i>*100m</i>								

Masters 70+

1. Sverre Kile	Bergen og Omegn Masters	NOR M170553SVE03	<b>2:32.45</b>	+0.97	35.38	1:14.89	1:55.28	2:32.45
<i>Kampioenschapsrecord</i>								
2. Harry Dokter	Swol 1894	NED 195100037	<b>2:49.21</b>	+0.89	36.86	1:19.87	2:04.73	2:49.21
3. Rob Berkhof	Swol 1894	NED 195200245	<b>3:25.05</b>		45.85	1:38.18	2:32.80	3:25.05

Masters 75+

1. Wout Hemmes	De Plons	NED 194800059	<b>2:58.23</b>	+0.81	40.13	1:25.93	2:12.02	2:58.23
2. Willem Putter	ZVVS	NED 194500135	<b>3:16.20</b>		44.65	1:34.65	2:26.44	3:16.20

Masters 80+

1. Geza Kaltenecker	AZC	NED 194200065	<b>3:44.97</b>		49.61	1:48.61	2:48.45	3:44.97
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Masters 85+

1. F. Hendrik de Bruijn	CN Aquamasters	ESP	<b>3:22.62</b>		48.82	1:40.09	2:31.73	3:22.62
<i>Kampioenschapsrecord, *50m</i>								

2 - ONMK 2024 kb - Sessie 2

22-11-2024 - 9:30

Programmanr. 4  
22-11-2024 - 10:22

Heren, 400m vrije slag  
Pauze na serie 6 / Break after heat 6

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Wouter Zijlstra <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	<b>4:03.15</b>	+0.63	
	50m: 26.79 26.79 150m: 1:27.70 31.02 250m: 2:30.17 31.18 350m: 3:32.73 31.18 100m: 56.68 29.89 200m: 1:58.99 31.29 300m: 3:01.55 31.38 400m: 4:03.15 30.42				
2.	Luc Mul	DAW	<b>4:12.15</b>	+0.70	
	50m: 27.95 27.95 150m: 1:29.88 31.28 250m: 2:34.13 32.31 350m: 3:40.23 33.21 100m: 58.60 30.65 200m: 2:01.82 31.94 300m: 3:07.02 32.89 400m: 4:12.15 31.92				
3.	Jacob Mackloet	De Schotejil	<b>4:17.59</b>	+0.72	
	50m: 28.65 28.65 150m: 1:34.33 33.15 250m: 2:40.82 33.14 350m: 3:45.47 31.98 100m: 1:01.18 32.53 200m: 2:07.68 33.35 300m: 3:13.49 32.67 400m: 4:17.59 32.12				
4.	Jasper Breugem	WVZ	<b>4:19.51</b>	+0.71	
	50m: 28.24 28.24 150m: 1:33.09 32.77 250m: 2:39.11 33.05 350m: 3:46.55 33.83 100m: 1:00.32 32.08 200m: 2:06.06 32.97 300m: 3:12.72 33.61 400m: 4:19.51 32.96				
5.	Guus Hoogduin	ZVL-1886	<b>4:25.02</b>	+0.72	
	50m: 29.14 29.14 150m: 1:35.02 33.31 250m: 2:42.74 34.07 350m: 3:51.87 34.52 100m: 1:01.71 32.57 200m: 2:08.67 33.65 300m: 3:17.35 34.61 400m: 4:25.02 33.15				
6.	Jacco Nijland <i>*200m</i>	ZPC De Hof	<b>4:30.32</b>	+0.87	
	50m: 30.70 30.70 150m: 1:39.15 33.99 250m: 2:47.46 33.81 350m: 3:58.07 36.14 100m: 1:05.16 34.46 200m: 2:13.65 34.50 300m: 3:21.93 34.47 400m: 4:30.32 32.25				
7.	Arjan Dekker	Bubble	<b>4:34.78</b>	+0.64	
	50m: 27.55 27.55 150m: 1:35.81 34.88 250m: 2:47.54 35.80 350m: 4:00.31 36.17 100m: 1:00.93 33.38 200m: 2:11.74 35.93 300m: 3:24.14 36.60 400m: 4:34.78 34.47				
8.	Niels van der Mast	ZOB'66	<b>4:34.98</b>	+0.70	
	50m: 29.88 29.88 150m: 1:37.31 34.45 250m: 2:48.05 35.81 350m: 4:00.84 36.32 100m: 1:02.86 32.98 200m: 2:12.24 34.93 300m: 3:24.52 36.47 400m: 4:34.98 34.14				
9.	Tim Haimé	Blue Marlins	<b>4:37.03</b>	+0.77	
	50m: 29.22 29.22 150m: 1:36.38 34.79 250m: 2:47.75 35.64 350m: 4:01.20 36.53 100m: 1:01.59 32.37 200m: 2:12.11 35.73 300m: 3:24.67 36.92 400m: 4:37.03 35.83				
10.	Stijn den Otter	ZZ&PC De Devel	<b>4:41.31</b>	+0.59	
	50m: 30.10 30.10 150m: 1:38.20 35.05 250m: 2:51.04 36.49 350m: 4:06.03 37.89 100m: 1:03.15 33.05 200m: 2:14.55 36.35 300m: 3:28.14 37.10 400m: 4:41.31 35.28				
11.	Leon Kloots	ZPC De Hof	<b>4:47.06</b>	+0.76	
	50m: 31.12 31.12 150m: 1:42.64 36.80 250m: 2:56.44 37.18 350m: 4:10.47 37.28 100m: 1:05.84 34.72 200m: 2:19.26 36.62 300m: 3:33.19 36.75 400m: 4:47.06 36.59				
12.	Luuk Kresin	Patrick - De Roersoppers (SG)	<b>4:55.81</b>	+0.68	
	50m: 30.65 30.65 150m: 1:42.75 37.02 250m: 2:59.00 38.42 350m: 4:17.46 39.58 100m: 1:05.73 35.08 200m: 2:20.58 37.83 300m: 3:37.88 38.88 400m: 4:55.81 38.35				
<b>Masters 25+</b>					
1.	Jelle Blankestijn	ZPC AMERSFOORT	<b>4:24.45</b>	+0.74	
	50m: 29.25 29.25 150m: 1:36.71 34.31 250m: 2:44.44 33.64 350m: 3:52.07 33.77 100m: 1:02.40 33.15 200m: 2:10.80 34.09 300m: 3:18.30 33.86 400m: 4:24.45 32.38				
2.	Jeffrey Roest	Zwemvereniging Hoogland	<b>4:37.37</b>	+0.71	
	50m: 30.67 30.67 150m: 1:37.92 34.26 250m: 2:49.87 36.37 350m: 4:02.29 36.30 100m: 1:03.66 32.99 200m: 2:13.50 35.58 300m: 3:25.99 36.12 400m: 4:37.37 35.08				
3.	Wesley van der Luit	Sassenheim	<b>4:41.07</b>	+0.80	
	50m: 31.68 31.68 150m: 1:42.65 36.33 250m: 2:54.95 36.07 350m: 4:06.49 36.05 100m: 1:06.32 34.64 200m: 2:18.88 36.23 300m: 3:30.44 35.49 400m: 4:41.07 34.58				
4.	Lars Jacobsen	DWK	<b>4:43.47</b>	+0.78	670
	50m: 30.13 30.13 150m: 1:39.22 35.39 250m: 2:53.18 36.77 350m: 4:08.12 36.92 100m: 1:03.83 33.70 200m: 2:16.41 37.19 300m: 3:31.20 38.02 400m: 4:43.47 35.35				

Programmanr. 4, Heren, 400m vrije slag

Masters 30+

1.	Mike Schel	ENC Arnhem	NED	199403279	<b>4:23.88</b>	+0.73
	50m: 29.93	29.93	150m: 1:36.32	33.60	250m: 2:43.82	33.86
	100m: 1:02.72	32.79	200m: 2:09.96	33.64	300m: 3:17.83	34.01
					350m: 3:51.73	33.90
					400m: 4:23.88	32.15
2.	Patrick Creemers	Patrick - De Roersoppers (SG)	NED	199000579	<b>4:34.58</b>	+0.70
	50m: 29.73	29.73	150m: 1:40.08	35.92	250m: 2:51.37	35.37
	100m: 1:04.16	34.43	200m: 2:16.00	35.92	300m: 3:26.64	35.27
					350m: 4:01.24	34.60
					400m: 4:34.58	33.34
3.	Tim Bunnik	Triton	NED	199000505	<b>4:35.62</b>	+0.81
	50m: 30.38	30.38	150m: 1:39.64	35.21	250m: 2:51.14	35.57
	100m: 1:04.43	34.05	200m: 2:15.57	35.93	300m: 3:26.73	35.59
					350m: 4:02.31	35.58
					400m: 4:35.62	33.31
4.	Roderick van Doeselaar	Scheldestroom	NED	199200261	<b>4:40.63</b>	
	50m: 31.11	31.11	150m: 1:42.29	35.64	250m: 2:54.43	36.14
	100m: 1:06.65	35.54	200m: 2:18.29	36.00	300m: 3:30.75	36.32
					350m: 4:06.64	35.89
					400m: 4:40.63	33.99
5.	Jeffrey van 't Schip	AZC	NED	199102035	<b>4:48.39</b>	+0.78
	50m: 31.03	31.03	150m: 1:41.22	36.00	250m: 2:56.48	37.98
	100m: 1:05.22	34.19	200m: 2:18.50	37.28	300m: 3:34.30	37.82
					350m: 4:12.18	37.88
					400m: 4:48.39	36.21
6.	Niels Bent	WS Twente	NED	199400465	<b>4:48.91</b>	
	50m: 32.00	32.00	150m: 1:43.78	36.20	250m: 2:57.59	37.02
	100m: 1:07.58	35.58	200m: 2:20.57	36.79	300m: 3:34.92	37.33
					350m: 4:12.16	37.24
					400m: 4:48.91	36.75
7.	Jeroen Matthijssen	AZC	NED	199103751	<b>4:50.75</b>	+0.70
	50m: 29.58	29.58	150m: 1:41.57	36.95	250m: 2:54.44	35.39
	100m: 1:04.62	35.04	200m: 2:19.05	37.48	300m: 3:32.96	38.52
					350m: 4:11.76	38.80
					400m: 4:50.75	38.99
8.	Jacco Doest	DWK	NED	199400711	<b>4:52.42</b>	+0.92
	50m: 32.15	32.15	150m: 1:43.26	36.34	250m: 2:57.44	37.43
	100m: 1:06.92	34.77	200m: 2:20.01	36.75	300m: 3:35.71	38.27
					350m: 4:14.39	38.68
					400m: 4:52.42	38.03
9.	Marc Hoogendam	Blue Marlins	NED	199007713	<b>5:04.18</b>	
	50m: 30.87	30.87	150m: 1:44.69	38.12	250m: 3:03.46	40.04
	100m: 1:06.57	35.70	200m: 2:23.42	38.73	300m: 3:43.86	40.40
					350m: 4:24.31	40.45
					400m: 5:04.18	39.87
10.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	<b>5:24.02</b>	+0.80
	50m: 37.19	37.19	150m: 1:58.47	40.71	250m: 3:20.13	40.85
	100m: 1:17.76	40.57	200m: 2:39.28	40.81	300m: 4:01.42	41.29
					350m: 4:42.90	41.48
					400m: 5:24.02	41.12

Masters 35+

1.	Miquel Monros Coma	Luxembourg Sharks Swimming CLUX	11807	<b>4:19.07</b>		
	<i>Luxembourg Masters Record, voor 50, 100, 200, 400m</i>					
	50m: 28.48	28.48	150m: 1:31.77	32.24	250m: 2:37.49	
	100m: 59.53	31.05	200m: 2:04.38	32.61	300m: 3:11.15	
					33.11	
					350m: 3:45.50	
					36.66	
					400m: 4:19.07	
					33.57	
2.	Yigit Guven	Newham & University of East Lorb	GBR (U1844061)ning Club	<b>4:40.41</b>	+0.87	
	50m: 31.65	31.65	150m: 1:42.49	35.74	250m: 2:54.24	
	100m: 1:06.75	35.10	200m: 2:18.61	36.12	300m: 3:29.81	
					35.63	
					350m: 4:05.67	
					36.86	
					400m: 4:40.41	
					34.74	
3.	Wessel Everloo	WS Twente	NED	198906597	<b>4:50.08</b>	+0.86
	<i>*50, 100m</i>					
	50m: 32.20	32.20	150m: 1:46.19	37.76	250m: 2:59.82	
	100m: 1:08.43	36.23	200m: 2:23.11	36.92	300m: 3:37.62	
					36.71	
					37.80	
					350m: 4:15.31	
					37.69	
					400m: 4:50.08	
					34.77	
4.	Sander van Elburg	De Dokkelaers	NED	198800937	<b>4:58.18</b>	+0.78
	50m: 31.70	31.70	150m: 1:43.06	36.41	250m: 2:58.83	
	100m: 1:06.65	34.95	200m: 2:20.56	37.50	300m: 3:38.71	
					38.27	
					39.88	
					350m: 4:18.87	
					40.16	
					400m: 4:58.18	
					39.31	
5.	Sander van Tilburg	De Biesboschzwemmers	NED	198604609	<b>5:22.98</b>	+0.83
	50m: 35.41	35.41	150m: 1:55.31	40.38	250m: 3:18.26	
	100m: 1:14.93	39.52	200m: 2:36.62	41.31	300m: 4:00.10	
					41.64	
					41.84	
					350m: 4:41.71	
					41.61	
					400m: 5:22.98	
					41.27	
6.	Dirk de Vree	De Biesboschzwemmers	NED	198806361	<b>5:57.17</b>	+0.75
	50m: 40.43	40.43	150m: 2:09.34	44.98	250m: 3:41.29	
	100m: 1:24.36	43.93	200m: 2:55.01	45.67	300m: 4:27.85	
					46.28	
					46.56	
					350m: 5:13.96	
					46.11	
					400m: 5:57.17	
					43.21	

Masters 40+

1.	Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>4:32.86</b>	+0.82
	50m: 30.76	30.76	150m: 1:38.17	34.05	250m: 2:47.08	34.52
	100m: 1:04.12	33.36	200m: 2:12.56	34.39	300m: 3:22.19	35.11
					350m: 3:57.56	35.37
					400m: 4:32.86	35.30
2.	Kristiaan Lenos	ZVL-1886	NED	198301331	<b>4:40.92</b>	+0.74
	50m: 28.59	28.59	150m: 1:34.35	33.62	250m: 2:45.88	36.21
	100m: 1:00.73	32.14	200m: 2:09.67	35.32	300m: 3:23.20	37.32
					350m: 4:01.93	38.73
					400m: 4:40.92	38.99

Programmanr. 4, Heren, 400m vrije slag, Masters 40+

rang	naam	vereniging	NED	198302259	tijd	RT	PARA
3.	Frank v.d. Voordt <i>*100</i>	De Schotejil	NED	198302259	<b>4:40.94</b>	+0.82	
	50m: 31.47 31.47 100m: 1:05.66 34.19	150m: 1:40.78 35.12 200m: 2:16.44 35.66	250m: 2:52.78 36.34 300m: 3:29.12 36.34	350m: 4:05.54 36.42 400m: 4:40.94 35.40			
4.	Grzegorz Kasprzyk	ZVVS	NED	198303163	<b>4:58.41</b>	+0.73	
	50m: 32.80 32.80 100m: 1:09.26 36.46	150m: 1:46.52 37.26 200m: 2:24.64 38.12	250m: 3:03.67 39.03 300m: 3:42.86 39.19	350m: 4:21.83 38.97 400m: 4:58.41 36.58			
5.	Wagner Augusto Camargo	ZZ&PC De Devel	NED	198002547	<b>4:59.45</b>	+0.86	
	50m: 33.05 33.05 100m: 1:09.05 36.00	150m: 1:46.02 36.97 200m: 2:23.80 37.78	250m: 3:02.25 38.45 300m: 3:41.73 39.48	350m: 4:20.70 38.97 400m: 4:59.45 38.75			

Masters 45+

1.	Håkon Skaarud Karlsen <i>Kampioenschapsrecord</i>	Oslo I.L	NOR	M05011979HÅK01	<b>4:20.24</b>		
	50m: 29.66 29.66 100m: 1:01.62 31.96	150m: 1:34.24 32.62 200m: 2:07.01 32.77	250m: 2:40.29 33.28 300m: 3:13.98 33.69	350m: 3:47.94 33.96 400m: 4:20.24 32.30			
2.	Ivo Roozeboom	WVZ	NED	197700801	<b>4:30.74</b>	+0.76	
	50m: 29.39 29.39 100m: 1:03.93 34.54	150m: 1:38.92 34.99 200m: 2:14.19 35.27	250m: 2:49.14 34.95 300m: 3:23.96 34.82	350m: 3:58.33 34.37 400m: 4:30.74 32.41			
3.	Martijn Butter	OEZA	NED	197900231	<b>4:32.73</b>	+0.85	
	50m: 30.08 30.08 100m: 1:03.17 33.09	150m: 1:37.70 34.53 200m: 2:12.81 35.11	250m: 2:48.02 35.21 300m: 3:23.61 35.59	350m: 3:59.23 35.62 400m: 4:32.73 33.50			
4.	Mark Hensen	Niemo Barracuda	NED	197900497	<b>4:42.36</b>	+0.79	
	50m: 29.11 29.11 100m: 1:02.16 33.05	150m: 1:36.55 34.39 200m: 2:12.92 36.37	250m: 2:50.72 37.80 300m: 3:28.46 37.74	350m: 4:05.50 37.04 400m: 4:42.36 36.86			
5.	Maarten van der Zwan	Scheldestroom	NED	197501017	<b>4:57.01</b>	+0.85	
	50m: 30.98 30.98 100m: 1:05.87 34.89	150m: 1:42.45 36.58 200m: 2:20.42 37.97	250m: 2:59.15 38.73 300m: 3:37.90 38.75	350m: 4:17.38 39.48 400m: 4:57.01 39.63			
6.	Freddie Geerlings	Zwemsport Parkstad	NED	197900379	<b>4:57.22</b>	+0.80	
	50m: 32.06 32.06 100m: 1:07.39 35.33	150m: 1:44.59 37.20 200m: 2:22.34 37.75	250m: 3:00.80 38.46 300m: 3:40.05 39.25	350m: 4:19.70 39.65 400m: 4:57.22 37.52			
7.	Jeroen Meuleners	Patrick - De Roersoppers (SG)	NED	197800703	<b>5:02.61</b>	+0.84	
	50m: 33.97 33.97 100m: 1:10.50 36.53	150m: 1:48.36 37.86 200m: 2:26.79 38.43	250m: 3:05.59 38.80 300m: 3:44.64 39.05	350m: 4:24.05 39.41 400m: 5:02.61 38.56			
8.	René Spaans	DES	NED	197701807	<b>5:16.99</b>		
	50m: 35.71 35.71 100m: 1:14.91 39.20	150m: 1:54.48 39.57 200m: 2:34.40 39.92	250m: 3:14.59 40.19 300m: 3:55.52 40.93	350m: 4:36.46 40.94 400m: 5:16.99 40.53			
9.	Steven Prins	HHZV Plons	NED	197901833	<b>5:20.95</b>		
	50m: 35.43 35.43 100m: 1:15.15 39.72	150m: 1:55.55 40.40 200m: 2:36.13 40.58	250m: 3:17.67 41.54 300m: 3:59.15 41.48	350m: 4:40.72 41.57 400m: 5:20.95 40.23			
10.	Tom Bandsma	PSV	NED	197701625	<b>5:31.30</b>	+0.54	
	50m: 36.28 36.28 100m: 1:16.55 40.27	150m: 1:58.49 41.94 200m: 2:40.93 42.44	250m: 3:23.52 42.59 300m: 4:06.61 43.09	350m: 4:49.96 43.35 400m: 5:31.30 41.34			
11.	Ingmar Kooman	ZVL-1886	NED	197901517	<b>5:46.83</b>	+0.83	
	50m: 36.05 36.05 100m: 1:18.69 42.64	150m: 2:03.36 44.67 200m: 2:47.94 44.58	250m: 3:32.98 45.04 300m: 4:18.44 45.46	350m: 5:03.38 44.94 400m: 5:46.83 43.45			
12.	Marcel van Walt van Praag <i>*100m</i>	Gay Swim Amsterdam	NED	197501425	<b>5:56.60</b>		
	50m: 38.31 38.31 100m: 1:22.75 44.44	150m: 2:09.58 46.83 200m: 2:55.03 45.45	250m: 3:40.54 45.51 300m: 4:27.82 47.28	350m: 5:13.86 46.04 400m: 5:56.60 42.74			

Masters 50+

1.	Richard Rickens	Hellas-Glana	NED	197000841	<b>4:50.07</b>	+0.80	
	50m: 32.30 32.30 100m: 1:07.81 35.51	150m: 1:44.47 36.66 200m: 2:21.53 37.06	250m: 2:58.55 37.02 300m: 3:36.13 37.58	350m: 4:13.58 37.45 400m: 4:50.07 36.49			
2.	Casper van den Burgh	Sassenheim	NED	197201413	<b>4:58.43</b>	+0.90	
	50m: 32.72 32.72 100m: 1:08.64 35.92	150m: 1:46.16 37.52 200m: 2:24.45 38.29	250m: 3:02.85 38.40 300m: 3:41.91 39.06	350m: 4:20.91 39.00 400m: 4:58.43 37.52			
3.	Pieter Veenstra	DZ&PC	NED	197301345	<b>5:00.91</b>	+0.80	
	50m: 32.03 32.03 100m: 1:07.22 35.19	150m: 1:44.22 37.00 200m: 2:22.14 37.92	250m: 3:00.83 38.69 300m: 3:40.23 39.40	350m: 4:20.54 40.31 400m: 5:00.91 40.37			

Programmanr. 4, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA	
4.	Chris Kouwenhoven	De Grunte	<b>5:23.01</b>			
	50m: 35.19	35.19	150m: 1:56.27	41.47	250m: 3:19.66	41.83
	100m: 1:14.80	39.61	200m: 2:37.83	41.56	300m: 4:01.32	41.66
					350m: 4:42.69	41.37
					400m: 5:23.01	40.32
5.	Wouter van der Stelt <i>*100m</i>	De Biesboschzwemmers	<b>5:36.61</b>	+0.82		
	50m: 36.83	36.83	150m: 2:00.49	43.31	250m: 3:27.08	43.72
	100m: 1:17.18	40.35	200m: 2:43.36	42.87	300m: 4:10.55	43.47
					350m: 4:53.44	42.89
					400m: 5:36.61	43.17
6.	Jeroen Hoeksels	ZVVS	<b>6:12.66</b>			
	50m: 40.37	40.37	150m: 2:11.70	46.72	250m: 3:46.20	47.62
	100m: 1:24.98	44.61	200m: 2:58.58	46.88	300m: 4:34.41	48.21
					350m: 5:23.71	49.30
					400m: 6:12.66	48.95

Masters 55+

1.	Nikolai Voronin <i>Spanish Masters Record</i>	CN Torrevieja	<b>4:37.57</b>	+0.77		
	50m: 30.97	30.97	150m: 1:40.58	34.84	250m: 2:51.03	35.08
	100m: 1:05.74	34.77	200m: 2:15.95	35.37	300m: 3:26.69	35.66
					350m: 4:02.50	35.81
					400m: 4:37.57	35.07
2.	Erlend Alstad	Oslo I.L	<b>4:40.80</b>	+0.79		
	50m: 32.63	32.63	150m: 1:44.73	36.30	250m: 2:56.78	35.32
	100m: 1:08.43	35.80	200m: 2:21.46	36.73	300m: 3:32.44	35.66
					350m: 4:07.38	34.94
					400m: 4:40.80	33.42
3.	Gijsbert van der Leden	PSV	<b>4:40.86</b>	+0.60		
	50m: 31.95	31.95	150m: 1:42.59	35.66	250m: 2:54.81	36.12
	100m: 1:06.93	34.98	200m: 2:18.69	36.10	300m: 3:30.89	36.08
					350m: 4:07.13	36.24
					400m: 4:40.86	33.73
4.	John Hardeman	Zwemlust- den Hommel	<b>4:48.54</b>	+0.76		
	50m: 31.71	31.71	150m: 1:43.77	36.58	250m: 2:57.77	36.97
	100m: 1:07.19	35.48	200m: 2:20.80	37.03	300m: 3:35.12	37.35
					350m: 4:12.32	37.20
					400m: 4:48.54	36.22
5.	Edwin Petri	De Otters Het Gooi	<b>5:04.62</b>	+0.88		
	50m: 34.66	34.66	150m: 1:50.62	38.40	250m: 3:08.66	38.33
	100m: 1:12.22	37.56	200m: 2:30.33	39.71	300m: 3:47.45	38.79
					350m: 4:26.19	38.74
					400m: 5:04.62	38.43
6.	Frank van Nobelen	Sassenheim	<b>5:09.46</b>			
	50m: 33.47	33.47	150m: 1:48.52	37.91	250m: 3:07.41	39.38
	100m: 1:10.61	37.14	200m: 2:28.03	39.51	300m: 3:47.75	40.34
					350m: 4:28.94	41.19
					400m: 5:09.46	40.52
7.	Leon Slingerland	WVZ	<b>5:32.72</b>			
	50m: 34.60	34.60	150m: 1:56.87	42.05	250m: 3:24.24	43.38
	100m: 1:14.82	40.22	200m: 2:40.86	43.99	300m: 4:07.65	43.41
					350m: 4:51.39	43.74
					400m: 5:32.72	41.33
8.	Olivier Bresoux	Cercle De Natation Sportcity WolBEL	<b>5:37.21</b>	+0.82		
	50m: 38.67	38.67	150m: 2:03.66	43.01	250m: 3:30.81	43.48
	100m: 1:20.65	41.98	200m: 2:47.33	43.67	300m: 4:14.55	43.74
					350m: 4:56.88	42.33
					400m: 5:37.21	40.33

Masters 60+

1.	Johan Remmits	ZPC AMERSFOORT	<b>4:47.69</b>	+0.90		
	50m: 31.99	31.99	150m: 1:43.27	36.19	250m: 2:56.86	37.03
	100m: 1:07.08	35.09	200m: 2:19.83	36.56	300m: 3:33.71	36.85
					350m: 4:10.98	37.27
					400m: 4:47.69	36.71
2.	Jon Christensen <i>Luxembourg Masters Record, voor 100, 200, 400m, *50m</i>	Luxembourg Sharks Swimming CLUX	<b>4:56.68</b>	+0.76		
	50m: 33.40	33.40	150m: 1:45.55	36.64	250m: 3:00.94	37.88
	100m: 1:08.91	35.51	200m: 2:23.06	37.51	300m: 3:39.35	38.41
					350m: 4:18.18	38.83
					400m: 4:56.68	38.50
3.	Gert Sikkema <i>*200m</i>	Zwemclub Urk 1978	<b>5:34.81</b>	+0.90		
	50m: 37.49	37.49	150m: 2:01.39	42.02	250m: 3:28.34	43.68
	100m: 1:19.37	41.88	200m: 2:44.66	43.27	300m: 4:11.27	42.93
					350m: 4:54.37	43.10
					400m: 5:34.81	40.44
4.	Jiri Janovsky	Plavecký klub Stráz pod RalskemCZE	<b>5:45.60</b>			
	50m: 38.94	38.94	150m: 2:03.15	42.14	250m: 3:30.41	44.40
	100m: 1:21.01	42.07	200m: 2:46.01	42.86	300m: 4:15.55	45.14
					350m: 5:01.28	45.73
					400m: 5:45.60	44.32
5.	Richard Tiemstra	De Biesboschzwemmers	<b>5:57.53</b>			
	50m: 39.08	39.08	150m: 2:07.21	44.36	250m: 3:38.55	45.84
	100m: 1:22.85	43.77	200m: 2:52.71	45.50	300m: 4:25.52	46.97
					350m: 5:12.81	47.29
					400m: 5:57.53	44.72
6.	Casper Dollekamp	Steenwijk 1934	<b>6:34.86</b>	+0.80		
	50m: 38.43	38.43	150m: 2:05.97	44.89	250m: 3:46.49	52.30
	100m: 1:21.08	42.65	200m: 2:54.19	48.22	300m: 4:42.19	55.70
					350m: 5:38.66	56.47
					400m: 6:34.86	56.20



Programmanr. 4, Heren, 400m vrije slag, Masters 60+

rang	naam	vereniging	tijd	RT	PARA
7.	Jan Willem Heuten	WS Twente	<b>6:40.15</b>	+0.55	
	50m: 41.62	150m: 2:21.32	250m: 4:06.45	350m: 5:49.93	51.62
	100m: 1:30.29	200m: 3:13.78	300m: 4:58.31	400m: 6:40.15	50.22

Masters 65+

1.	Henk Slomp	De Inktvis	<b>5:37.90</b>	+0.98	
	50m: 36.82	150m: 2:01.07	250m: 3:29.54	350m: 4:57.39	43.36
	100m: 1:18.12	200m: 2:44.81	300m: 4:14.03	400m: 5:37.90	40.51
2.	Paul Bunnik	Triton	<b>5:52.01</b>	+0.84	
	50m: 35.80	150m: 2:02.35	250m: 3:34.12	350m: 5:08.73	46.85
	100m: 1:17.74	200m: 2:48.03	300m: 4:21.88	400m: 5:52.01	43.28
3.	Wolfgang Rossa	TPSK 1925 e.V.	<b>6:06.44</b> *	+0.96	
	50m: 41.73	150m: 2:12.44	250m: 3:46.00	350m: 5:19.12	46.21
	100m: 1:26.26	200m: 2:59.45	300m: 4:32.91	400m: 6:06.44	47.32
4.	Lex Hoogendam	ZZ&PC De Devel	<b>6:22.65</b>	+0.98	
	50m: 40.21	150m: 2:14.29	250m: 3:53.69	350m: 5:33.25	49.86
	100m: 1:26.29	200m: 3:04.05	300m: 4:43.39	400m: 6:22.65	49.40
5.	André Pantekoek	PSV	<b>7:15.17</b>		
	50m: 44.56	150m: 2:33.75	250m: 4:29.14	350m: 6:24.92	57.16
	100m: 1:38.24	200m: 3:30.41	300m: 5:27.76	400m: 7:15.17	50.25

Masters 70+

1.	Sverre Kile	Bergen og Omegn Masters	<b>5:24.37</b>	+0.69	
	50m: 38.33	150m: 2:01.90	250m: 3:24.44	350m: 4:46.10	40.91
	100m: 1:19.63	200m: 2:43.53	300m: 4:05.19	400m: 5:24.37	38.27
2.	Karl-Heinz Nottrodt	SG Mönchengladbach	<b>5:28.59</b>	+0.79	
	50m: 37.51	150m: 1:59.83	250m: 3:24.89	350m: 4:48.75	41.71
	100m: 1:17.75	200m: 2:42.25	300m: 4:07.04	400m: 5:28.59	39.84
3.	Charles Bos	Patrick - De Roersoppers (SG)	<b>5:51.69</b>	+0.79	
	50m: 39.05	150m: 2:08.37	250m: 3:39.13	350m: 5:08.83	44.86
	100m: 1:22.92	200m: 2:54.03	300m: 4:23.97	400m: 5:51.69	42.86
4.	Laurens Klein Breteler	WS Twente	<b>6:20.24</b>	+0.95	
	50m: 39.32	150m: 2:12.16	250m: 3:50.33	350m: 5:29.73	50.09
	100m: 1:23.77	200m: 3:00.75	300m: 4:39.64	400m: 6:20.24	50.51
5.	Pierre Monnet	Entente Sportive Nanterre	<b>6:28.44</b>		
	50m: 42.92	150m: 2:18.69	250m: 3:58.39	350m: 5:39.40	50.54
	100m: 1:29.55	200m: 3:08.34	300m: 4:48.86	400m: 6:28.44	49.04
6.	Rob Berkhof	Swol 1894	<b>7:13.11</b>		
	50m: 46.77	150m: 2:33.47	250m: 4:24.92	350m: 6:18.04	56.79
	100m: 1:38.91	200m: 3:28.99	300m: 5:21.25	400m: 7:13.11	55.07

Masters 75+

1.	Wout Hemmes	De Plons	<b>6:30.89</b>	+0.60	
	50m: 44.91	150m: 2:24.13	250m: 4:04.94	350m: 5:43.08	48.76
	100m: 1:33.64	200m: 3:14.54	300m: 4:54.32	400m: 6:30.89	47.81
2.	Willem Putter	ZVVS	<b>6:56.77</b>		
	50m: 43.68	150m: 2:27.74	250m: 4:15.80	350m: 6:04.16	54.12
	100m: 1:35.02	200m: 3:21.25	300m: 5:10.04	400m: 6:56.77	52.61
3.	Nico van Dongen	ZZ&PC De Devel	<b>9:17.30</b>		
	50m: 55.68	150m: 3:14.65	250m: 5:39.04	350m: 8:05.08	1:12.03
	100m: 2:02.30	200m: 4:26.67	300m: 6:53.05	400m: 9:17.30	1:12.22

Masters 80+

1.	Geza Kaltenecker	AZC	<b>7:42.74</b>	+0.92	
	50m: 46.51	150m: 2:42.04	250m: 4:42.19	350m: 6:43.00	1:00.40
	100m: 1:43.28	200m: 3:42.48	300m: 5:42.60	400m: 7:42.74	59.74
2.	Rob Hanou	PSV	<b>7:47.10</b>		
	50m: 51.86	150m: 2:54.06	250m: 4:53.98	350m: 6:52.35	58.55
	100m: 1:52.81	200m: 3:54.14	300m: 5:53.80	400m: 7:47.10	54.75

Programmanr. 4, Heren, 400m vrije slag

Masters 85+

1. Frederik Hendrik de Bruijn	CN Aquamasters	ESP	<b>6:55.54</b>
<i>Kampioenschapsrecord, *50m</i>			
50m: 50.12	50.12	150m: 2:33.09	52.79
100m: 1:40.30	50.18	200m: 3:25.91	52.82
		250m: 4:18.40	52.49
		300m: 5:11.25	52.85
		350m: 6:04.05	52.80
		400m: 6:55.54	51.49

4 - ONMK 2024 kb - Sessie 4

23-11-2024 - 9:30

Programmanr. 16  
23-11-2024 - 9:30

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging						tijd	RT	PARA
<b>Masters 20+</b>										
1.	Wouter Zijlstra <i>Kampioenschapsrecord</i>	HZ&PC Heerenveen	NED	200401545				<b>8:28.87</b>	+0.61	
	50m: 27.41	27.41	250m: 2:33.82	32.24	450m: 4:43.51	32.68	650m: 6:54.25	32.52		
	100m: 58.02	30.61	300m: 3:06.17	32.35	500m: 5:16.22	32.71	700m: 7:26.62	32.37		
	150m: 1:29.54	31.52	350m: 3:38.53	32.36	550m: 5:49.10	32.88	750m: 7:58.67	32.05		
	200m: 2:01.58	32.04	400m: 4:10.83	32.30	600m: 6:21.73	32.63	800m: 8:28.87	30.20		
2.	Guus Hoogduin	ZVL-1886	NED	200201069				<b>9:08.33</b>	+0.72	
	50m: 29.53	29.53	250m: 2:44.65	34.31	450m: 5:04.11	34.95	650m: 7:24.86	35.35		
	100m: 1:02.52	32.99	300m: 3:19.08	34.43	500m: 5:39.27	35.16	700m: 7:59.74	34.88		
	150m: 1:36.30	33.78	350m: 3:54.20	35.12	550m: 6:14.18	34.91	750m: 8:34.92	35.18		
	200m: 2:10.34	34.04	400m: 4:29.16	34.96	600m: 6:49.51	35.33	800m: 9:08.33	33.41		
<b>Masters 25+</b>										
1.	Jorian Tanis <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	199900327				<b>8:40.45</b>	+0.75	
	50m: 28.93	28.93	250m: 2:39.91	33.12	450m: 4:52.44	33.01	650m: 7:05.03	33.05		
	100m: 1:01.17	32.24	300m: 3:13.20	33.29	500m: 5:25.57	33.13	700m: 7:37.92	32.89		
	150m: 1:33.66	32.49	350m: 3:46.26	33.06	550m: 5:58.84	33.27	750m: 8:10.08	32.16		
	200m: 2:06.79	33.13	400m: 4:19.43	33.17	600m: 6:31.98	33.14	800m: 8:40.45	30.37		
2.	Jeffrey Camphens	Team Noord Holland (SG)	NED	199503113				<b>9:24.45</b>	+0.64	
	50m: 31.41	31.41	250m: 2:52.54	35.50	450m: 5:16.12	35.44	650m: 7:39.71	35.76		
	100m: 1:06.28	34.87	300m: 3:28.59	36.05	500m: 5:52.34	36.22	700m: 8:15.42	35.71		
	150m: 1:41.62	35.34	350m: 4:04.86	36.27	550m: 6:28.27	35.93	750m: 8:50.87	35.45		
	200m: 2:17.04	35.42	400m: 4:40.68	35.82	600m: 7:03.95	35.68	800m: 9:24.45	33.58		
3.	Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401				<b>9:26.12</b>		
	50m: 31.97	31.97	250m: 2:54.40	36.27	450m: 5:19.08	36.05	650m: 7:42.22	35.77		
	100m: 1:06.45	34.48	300m: 3:30.34	35.94	500m: 5:55.36	36.28	700m: 8:18.02	35.80		
	150m: 1:42.03	35.58	350m: 4:06.73	36.39	550m: 6:31.07	35.71	750m: 8:53.35	35.33		
	200m: 2:18.13	36.10	400m: 4:43.03	36.30	600m: 7:06.45	35.38	800m: 9:26.12	32.77		
4.	Jeroen Louwinger	De Rijn	NED	199900583				<b>9:37.83</b>		
	50m: 33.11	33.11	250m: 2:59.12	36.70	450m: 5:26.43	36.75	650m: 7:53.38	36.90		
	100m: 1:09.24	36.13	300m: 3:36.19	36.68	500m: 6:02.96	36.53	700m: 8:29.79	36.41		
	150m: 1:46.03	36.79	350m: 4:13.12	36.93	550m: 6:40.00	37.04	750m: 9:05.29	35.50		
	200m: 2:22.81	36.78	400m: 4:49.68	36.56	600m: 7:16.48	36.48	800m: 9:37.83	32.54		
5.	Jordy van Oel	WVZ	NED	199802003				<b>9:41.33</b>	+0.80	
	50m: 32.06	32.06	250m: 2:59.12	37.09	450m: 5:26.47	36.61	650m: 7:53.37	36.55		
	100m: 1:08.21	36.15	300m: 3:36.18	37.06	500m: 6:03.36	36.89	700m: 8:29.93	36.56		
	150m: 1:44.74	36.53	350m: 4:13.08	36.90	550m: 6:39.89	36.53	750m: 9:06.71	36.78		
	200m: 2:22.03	37.29	400m: 4:49.86	36.78	600m: 7:16.82	36.93	800m: 9:41.33	34.62		
6.	Lars Jacobsen	DWK	NED	199705453	S14			<b>9:46.63</b>	+0.76	
	50m: 31.43	31.43	250m: 2:55.83	37.17	450m: 5:26.55	37.71	650m: 7:57.51	37.52		
	100m: 1:06.11	34.68	300m: 3:33.13	37.30	500m: 6:04.23	37.68	700m: 8:35.47	37.96		
	150m: 1:41.76	35.65	350m: 4:11.00	37.87	550m: 6:41.90	37.67	750m: 9:13.12	37.65		
	200m: 2:18.66	36.90	400m: 4:48.84	37.84	600m: 7:19.99	38.09	800m: 9:46.63	33.51		
7.	Wesley van der Luit	Sassenheim	NED	199701895				<b>9:49.57</b>	+0.76	
	50m: 33.11	33.11	250m: 2:58.58	36.48	450m: 5:27.05	37.21	650m: 7:58.99	38.20		
	100m: 1:08.75	35.64	300m: 3:35.27	36.69	500m: 6:04.69	37.64	700m: 8:37.08	38.09		
	150m: 1:45.23	36.48	350m: 4:12.65	37.38	550m: 6:42.69	38.00	750m: 9:14.84	37.76		
	200m: 2:22.10	36.87	400m: 4:49.84	37.19	600m: 7:20.79	38.10	800m: 9:49.57	34.73		
8.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799				<b>9:50.39</b>	+0.71	
	50m: 32.13	32.13	250m: 2:56.13	36.45	450m: 5:22.86	36.87	650m: 7:54.85	38.78		
	100m: 1:07.27	35.14	300m: 3:32.61	36.48	500m: 5:59.90	37.04	700m: 8:33.83	38.98		
	150m: 1:43.27	36.00	350m: 4:09.36	36.75	550m: 6:37.69	37.79	750m: 9:12.85	39.02		
	200m: 2:19.68	36.41	400m: 4:45.99	36.63	600m: 7:16.07	38.38	800m: 9:50.39	37.54		

Programmanr. 16, Heren, 800m vrije slag

Masters 30+

1. Mike Schel	ENC Arnhem	NED	199403279	<b>9:02.63</b>	+0.73
50m: 29.92	29.92	250m: 2:44.55	34.23	450m: 5:01.89	34.31
100m: 1:02.30	32.38	300m: 3:18.95	34.40	500m: 5:36.54	34.65
150m: 1:36.09	33.79	350m: 3:53.24	34.29	550m: 6:11.26	34.72
200m: 2:10.32	34.23	400m: 4:27.58	34.34	600m: 6:45.93	34.67
650m: 7:20.54	34.61			700m: 7:55.24	34.70
750m: 8:29.67	34.43			800m: 9:02.63	32.96
2. Matteo Viani	Zwemlust- den Hommel	NED	199007717	<b>9:05.77</b>	+0.80
50m: 31.23	31.23	250m: 2:45.64	34.04	450m: 5:02.44	34.44
100m: 1:04.64	33.41	300m: 3:19.65	34.01	500m: 5:37.22	34.78
150m: 1:37.93	33.29	350m: 3:53.70	34.05	550m: 6:12.16	34.94
200m: 2:11.60	33.67	400m: 4:28.00	34.30	600m: 6:47.16	35.00
650m: 7:21.94	34.78			700m: 7:57.17	35.23
750m: 8:31.83	34.66			800m: 9:05.77	33.94
3. Patrick Creemers	Patrick - De Roersoppers (SG)	NED	199000579	<b>9:37.48</b>	+0.69
50m: 30.31	30.31	250m: 2:56.36	36.81	450m: 5:23.54	37.04
100m: 1:05.66	35.35	300m: 3:33.24	36.88	500m: 5:59.99	36.45
150m: 1:42.51	36.85	350m: 4:09.85	36.61	550m: 6:37.04	37.05
200m: 2:19.55	37.04	400m: 4:46.50	36.65	600m: 7:13.59	36.55
650m: 7:50.01	36.42			700m: 8:26.65	36.64
750m: 9:02.71	36.06			800m: 9:37.48	34.77
4. Tim Bunnik	Triton	NED	199000505	<b>9:38.29</b>	+0.80
50m: 30.98	30.98	250m: 2:54.79	36.56	450m: 5:21.71	36.18
100m: 1:05.56	34.58	300m: 3:31.48	36.69	500m: 5:57.90	36.19
150m: 1:41.81	36.25	350m: 4:08.43	36.95	550m: 6:35.20	37.30
200m: 2:18.23	36.42	400m: 4:45.53	37.10	600m: 7:12.40	37.20
650m: 7:48.96	36.56			700m: 8:26.33	37.37
750m: 9:02.56	36.23			800m: 9:38.29	35.73
5. Sybren Groenewegen	De Schotejil	NED	199306223	<b>10:01.96</b>	+0.81
50m: 32.39	32.39	250m: 2:57.88	37.06	450m: 5:29.79	38.84
100m: 1:07.85	35.46	300m: 3:35.19	37.31	500m: 6:08.28	38.49
150m: 1:43.82	35.97	350m: 4:12.97	37.78	550m: 6:46.39	38.11
200m: 2:20.82	37.00	400m: 4:50.95	37.98	600m: 7:26.05	39.66
650m: 8:04.84	38.79			700m: 8:44.57	39.73
750m: 9:23.35	38.78			800m: 10:01.96	38.61
6. Marc Hoogendam	Blue Marlins	NED	199007713	<b>10:38.67</b>	+0.71
50m: 32.60	32.60	250m: 3:07.24	40.34	450m: 5:52.94	41.79
100m: 1:09.13	36.53	300m: 3:48.23	40.99	500m: 6:34.87	41.93
150m: 1:47.13	38.00	350m: 4:29.88	41.65	550m: 7:17.05	42.18
200m: 2:26.90	39.77	400m: 5:11.15	41.27	600m: 7:57.94	40.89
650m: 8:39.48	41.54			700m: 9:20.99	41.51
750m: 10:01.65	40.66			800m: 10:38.67	37.02

Masters 35+

1. Miquel Monros Coma	Luxembourg Sharks Swimming CLUX	11807	<b>9:02.71</b>	+0.67	
<i>Luxembourg Masters Record</i>					
50m: 29.52	29.52	250m: 2:43.36	34.07	450m: 5:01.71	34.62
100m: 1:02.09	32.57	300m: 3:17.70	34.34	500m: 5:36.45	34.74
150m: 1:35.56	33.47	350m: 3:52.39	34.69	550m: 6:11.57	35.12
200m: 2:09.29	33.73	400m: 4:27.09	34.70	600m: 6:46.19	34.62
650m: 7:20.93	34.74			700m: 7:55.85	34.92
750m: 8:30.32	34.47			800m: 9:02.71	32.39
2. Wessel Everloo	WS Twente	NED	198906597	<b>9:46.05</b>	+0.92
50m: 32.90	32.90	250m: 2:58.19	36.50	450m: 5:27.40	36.63
100m: 1:09.04	36.14	300m: 3:34.82	36.63	500m: 6:04.99	37.59
150m: 1:44.76	35.72	350m: 4:12.95	38.13	550m: 6:42.42	37.43
200m: 2:21.69	36.93	400m: 4:50.77	37.82	600m: 7:20.03	37.61
650m: 7:56.99	36.96			700m: 8:34.64	37.65
750m: 9:11.94	37.30			800m: 9:46.05	34.11
3. Niels Albrechts	De Schotejil	NED	198800039	<b>9:59.01</b>	+0.81
50m: 33.64	33.64	250m: 3:02.06	37.41	450m: 5:33.92	38.13
100m: 1:10.42	36.78	300m: 3:39.83	37.77	500m: 6:12.52	38.60
150m: 1:47.36	36.94	350m: 4:17.44	37.61	550m: 6:50.63	38.11
200m: 2:24.65	37.29	400m: 4:55.79	38.35	600m: 7:29.53	38.90
650m: 8:07.87	38.34			700m: 8:46.77	38.90
750m: 9:24.24	37.47			800m: 9:59.01	34.77
4. Jonathan Vaernewyck	Drie Zes Vijf	BEL		<b>10:20.97</b>	+0.80
50m: 33.02	33.02	250m: 3:03.79	38.96	450m: 5:41.57	40.30
100m: 1:09.03	36.01	300m: 3:42.50	38.71	500m: 6:21.94	40.37
150m: 1:46.70	37.67	350m: 4:21.24	38.74	550m: 7:02.49	40.55
200m: 2:24.83	38.13	400m: 5:01.27	40.03	600m: 7:42.72	40.23
650m: 8:22.80	40.08			700m: 9:03.09	40.29
750m: 9:43.22	40.13			800m: 10:20.97	37.75
5. Sander van Elburg	De Dokkelaers	NED	198800937	<b>11:11.26</b>	+0.82
50m: 34.49	34.49	250m: 3:20.89	43.74	450m: 6:16.49	43.94
100m: 1:12.87	38.38	300m: 4:04.52	43.63	500m: 6:58.16	41.67
150m: 1:54.10	41.23	350m: 4:48.38	43.86	550m: 7:40.61	42.45
200m: 2:37.15	43.05	400m: 5:32.55	44.17	600m: 8:24.50	43.89
650m: 9:08.41	43.91			700m: 9:52.11	43.70
750m: 10:35.14	43.03			800m: 11:11.26	36.12

Masters 40+

1. Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>9:30.11</b>	+0.83
50m: 31.82	31.82	250m: 2:51.70	35.33	450m: 5:14.88	36.04
100m: 1:06.39	34.57	300m: 3:27.02	35.32	500m: 5:51.08	36.20
150m: 1:41.37	34.98	350m: 4:02.98	35.96	550m: 6:27.35	36.27
200m: 2:16.37	35.00	400m: 4:38.84	35.86	600m: 7:03.51	36.16
650m: 7:40.43	36.92			700m: 8:17.11	36.68
750m: 8:54.22	37.11			800m: 9:30.11	35.89

Programmanr. 16, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA
2.	Frank v.d. Voordt	De Schotejil	NED	198302259			<b>9:45.22</b>	+0.77	
	50m: 32.60	32.60	250m: 2:58.91	37.12	450m: 5:26.93	36.98	650m: 7:54.73	37.08	
	100m: 1:08.16	35.56	300m: 3:36.07	37.16	500m: 6:04.03	37.10	700m: 8:32.17	37.44	
	150m: 1:44.75	36.59	350m: 4:12.89	36.82	550m: 6:40.84	36.81	750m: 9:09.08	36.91	
	200m: 2:21.79	37.04	400m: 4:49.95	37.06	600m: 7:17.65	36.81	800m: 9:45.22	36.14	
3.	Arjan Prins	Dedemsvaart-AC	NED	198201383			<b>9:56.42</b>	+0.87	
	50m: 32.74	32.74	250m: 3:02.16	37.74	450m: 5:34.17	37.64	650m: 8:04.60	36.90	
	100m: 1:08.94	36.20	300m: 3:40.13	37.97	500m: 6:11.93	37.76	700m: 8:43.08	38.48	
	150m: 1:46.66	37.72	350m: 4:18.14	38.01	550m: 6:49.81	37.88	750m: 9:20.54	37.46	
	200m: 2:24.42	37.76	400m: 4:56.53	38.39	600m: 7:27.70	37.89	800m: 9:56.42	35.88	

Masters 45+

1.	Håkon Skaarud Karlsen <i>Kampioenschapsrecord</i>	Oslo I.L	NOR	M05011979HÅK01			<b>9:00.15</b>		
	50m: 31.75	31.75	250m: 2:48.21	34.26	450m: 5:04.94	34.13	650m: 7:22.24	34.19	
	100m: 1:05.59	33.84	300m: 3:22.37	34.16	500m: 5:39.19	34.25	700m: 7:56.73	34.49	
	150m: 1:39.80	34.21	350m: 3:56.59	34.22	550m: 6:13.64	34.45	750m: 8:29.46	32.73	
	200m: 2:13.95	34.15	400m: 4:30.81	34.22	600m: 6:48.05	34.41	800m: 9:00.15	30.69	
2.	Martijn Butter <i>Nederlands Masters Record</i>	OEZA	NED	197900231			<b>9:19.01</b>	+0.79	
	50m: 31.86	31.86	250m: 2:50.23	35.17	450m: 5:12.40	35.52	650m: 7:34.98	35.64	
	100m: 1:05.97	34.11	300m: 3:25.58	35.35	500m: 5:47.85	35.45	700m: 8:10.61	35.63	
	150m: 1:40.33	34.36	350m: 4:01.19	35.61	550m: 6:23.61	35.76	750m: 8:45.95	35.34	
	200m: 2:15.06	34.73	400m: 4:36.88	35.69	600m: 6:59.34	35.73	800m: 9:19.01	33.06	
3.	Ivo Roozeboom	WVZ	NED	197700801			<b>9:46.55</b>	+0.79	
	50m: 31.47	31.47	250m: 3:01.88	37.73	450m: 5:31.06	36.74	650m: 7:59.20	37.18	
	100m: 1:08.35	36.88	300m: 3:39.31	37.43	500m: 6:07.92	36.86	700m: 8:36.32	37.12	
	150m: 1:46.07	37.72	350m: 4:16.77	37.46	550m: 6:44.96	37.04	750m: 9:13.41	37.09	
	200m: 2:24.15	38.08	400m: 4:54.32	37.55	600m: 7:22.02	37.06	800m: 9:46.55	33.14	
4.	Dennis Dortland	Niemo Barracuda	NED	197800261			<b>9:51.92</b>	+0.87	
	50m: 31.58	31.58	250m: 3:02.32	38.04	450m: 5:34.20	37.81	650m: 8:03.95	37.59	
	100m: 1:08.24	36.66	300m: 3:40.67	38.35	500m: 6:11.36	37.16	700m: 8:41.16	37.21	
	150m: 1:45.94	37.70	350m: 4:18.58	37.91	550m: 6:49.02	37.66	750m: 9:17.95	36.79	
	200m: 2:24.28	38.34	400m: 4:56.39	37.81	600m: 7:26.36	37.34	800m: 9:51.92	33.97	
5.	René Spaans	DES	NED	197701807			<b>11:01.23</b>		
	50m: 38.89	38.89	250m: 3:24.99	42.26	450m: 6:10.58	41.28	650m: 8:56.65	41.68	
	100m: 1:20.14	41.25	300m: 4:06.92	41.93	500m: 6:52.05	41.47	700m: 9:39.25	42.60	
	150m: 2:00.83	40.69	350m: 4:48.43	41.51	550m: 7:33.33	41.28	750m: 10:21.58	42.33	
	200m: 2:42.73	41.90	400m: 5:29.30	40.87	600m: 8:14.97	41.64	800m: 11:01.23	39.65	

Masters 50+

1.	Casper van den Burgh	Sassenheim	NED	197201413			<b>10:29.60</b>	+0.85	
	50m: 33.83	33.83	250m: 3:09.05	39.60	450m: 5:48.35	39.73	650m: 8:30.50	40.41	
	100m: 1:11.34	37.51	300m: 3:49.26	40.21	500m: 6:28.61	40.26	700m: 9:11.28	40.78	
	150m: 1:49.88	38.54	350m: 4:28.70	39.44	550m: 7:09.48	40.87	750m: 9:51.11	39.83	
	200m: 2:29.45	39.57	400m: 5:08.62	39.92	600m: 7:50.09	40.61	800m: 10:29.60	38.49	
2.	Ingmar de Gelder	ZOB'66	NED	197000333			<b>10:37.56</b>		
	50m: 34.07	34.07	250m: 3:11.99	40.58	450m: 5:56.70	41.28	650m: 8:41.12	40.70	
	100m: 1:11.69	37.62	300m: 3:52.63	40.64	500m: 6:38.03	41.33	700m: 9:21.62	40.50	
	150m: 1:51.46	39.77	350m: 4:33.90	41.27	550m: 7:19.34	41.31	750m: 10:00.93	39.31	
	200m: 2:31.41	39.95	400m: 5:15.42	41.52	600m: 8:00.42	41.08	800m: 10:37.56	36.63	
3.	Chris Kouwenhoven	De Grunte	NED	197101669			<b>10:47.53</b>		
	50m: 36.71	36.71	250m: 3:18.50	41.14	450m: 6:04.17	41.50	650m: 8:49.85	41.74	
	100m: 1:16.41	39.70	300m: 3:59.91	41.41	500m: 6:45.81	41.64	700m: 9:31.04	41.19	
	150m: 1:56.51	40.10	350m: 4:40.92	41.01	550m: 7:26.79	40.98	750m: 10:11.19	40.15	
	200m: 2:37.36	40.85	400m: 5:22.67	41.75	600m: 8:08.11	41.32	800m: 10:47.53	36.34	
4.	Paul Bosch	Team Noord Holland (SG)	NED	197201533			<b>10:47.96</b>	+0.93	
	50m: 36.76	36.76	250m: 3:17.63	41.24	450m: 6:04.38	41.81	650m: 8:49.77	41.44	
	100m: 1:15.76	39.00	300m: 3:59.32	41.69	500m: 6:45.91	41.53	700m: 9:31.14	41.37	
	150m: 1:55.75	39.99	350m: 4:41.32	42.00	550m: 7:27.10	41.19	750m: 10:11.22	40.08	
	200m: 2:36.39	40.64	400m: 5:22.57	41.25	600m: 8:08.33	41.23	800m: 10:47.96	36.74	

Programmanr. 16, Heren, 800m vrije slag

Masters 55+

1. Erlend Alstad	Oslo I.L	NOR	M210367ERL02	<b>9:40.24</b>	+0.82
50m: 33.05	33.05	250m: 2:59.02	36.48	450m: 5:25.80	36.40
100m: 1:09.25	36.20	300m: 3:35.60	36.58	500m: 6:02.51	36.71
150m: 1:45.88	36.63	350m: 4:12.62	37.02	550m: 6:39.44	36.93
200m: 2:22.54	36.66	400m: 4:49.40	36.78	600m: 7:16.13	36.69
650m: 7:52.75	36.62	700m: 8:29.60	36.85	750m: 9:05.33	35.73
800m: 9:40.24	34.91				
2. John Hardeman	Zwemlust- den Hommel	NED	196601615	<b>10:04.88</b>	+0.61
50m: 34.33	34.33	250m: 3:08.39	38.80	450m: 5:43.04	38.42
100m: 1:12.04	37.71	300m: 3:47.24	38.85	500m: 6:21.32	38.28
150m: 1:50.46	38.42	350m: 4:25.95	38.71	550m: 6:59.94	38.62
200m: 2:29.59	39.13	400m: 5:04.62	38.67	600m: 7:37.76	37.82
650m: 8:15.69	37.93	700m: 8:53.45	37.76	750m: 9:30.46	37.01
800m: 10:04.88	34.42				
3. Frank van Nobelen	Sassenheim	NED	196900753	<b>10:31.15</b>	+0.87
50m: 34.99	34.99	250m: 3:09.96	39.56	450m: 5:50.24	40.30
100m: 1:12.40	37.41	300m: 3:49.94	39.98	500m: 6:30.23	39.99
150m: 1:50.93	38.53	350m: 4:29.77	39.83	550m: 7:10.50	40.27
200m: 2:30.40	39.47	400m: 5:09.94	40.17	600m: 7:50.93	40.43
650m: 8:31.18	40.25	700m: 9:12.47	41.29	750m: 9:53.39	40.92
800m: 10:31.15	37.76				
4. Leon Slingerland	WVZ	NED	196801707	<b>11:32.20</b>	+0.91
50m: 35.69	35.69	250m: 3:27.62	43.74	450m: 6:24.25	43.77
100m: 1:17.16	41.47	300m: 4:12.02	44.40	500m: 7:08.84	44.59
150m: 2:00.24	43.08	350m: 4:56.15	44.13	550m: 7:52.85	44.01
200m: 2:43.88	43.64	400m: 5:40.48	44.33	600m: 8:37.21	44.36
650m: 9:20.75	43.54	700m: 10:04.72	43.97	750m: 10:48.82	44.10
800m: 11:32.20	43.38				
NG.ZA Pascal Tourton	ZOB'66	NED	196601343		

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>10:02.68</b>	+0.89
50m: 34.02	34.02	250m: 3:07.50	38.84	450m: 5:40.41	38.05
100m: 1:11.99	37.97	300m: 3:45.93	38.43	500m: 6:18.43	38.02
150m: 1:50.25	38.26	350m: 4:24.34	38.41	550m: 6:56.11	37.68
200m: 2:28.66	38.41	400m: 5:02.36	38.02	600m: 7:33.57	37.46
650m: 8:11.25	37.68	700m: 8:48.70	37.45	750m: 9:26.37	37.67
800m: 10:02.68	36.31				
2. Jon Christensen	Luxembourg Sharks Swimming CLUX	10008		<b>10:14.02</b>	+0.77
<i>Luxembourg Masters Record, voor 50m</i>					
50m: 34.79	34.79	250m: 3:06.85	38.01	450m: 5:40.49	38.65
100m: 1:12.12	37.33	300m: 3:44.89	38.04	500m: 6:18.95	38.46
150m: 1:50.48	38.36	350m: 4:23.21	38.32	550m: 6:57.69	38.74
200m: 2:28.84	38.36	400m: 5:01.84	38.63	600m: 7:36.53	38.84
650m: 8:15.77	39.24	700m: 8:55.43	39.66	750m: 9:34.87	39.44
800m: 10:14.02	39.15				
3. Jan Brink	ZPC De Zeeuwse Kust	NED	196200091	<b>10:20.00</b>	+0.81
50m: 33.92	33.92	250m: 3:11.11	39.69	450m: 5:46.80	38.63
100m: 1:12.57	38.65	300m: 3:50.48	39.37	500m: 6:25.71	38.91
150m: 1:52.06	39.49	350m: 4:29.46	38.98	550m: 7:04.47	38.76
200m: 2:31.42	39.36	400m: 5:08.17	38.71	600m: 7:43.23	38.76
650m: 8:22.85	39.62	700m: 9:02.49	39.64	750m: 9:41.94	39.45
800m: 10:20.00	38.06				
4. Menno Lomans	PSV	NED	196101071	<b>11:26.66</b>	+0.77
50m: 37.05	37.05	250m: 3:29.24	43.84	450m: 6:24.65	43.70
100m: 1:18.60	41.55	300m: 4:13.19	43.95	500m: 7:07.88	43.23
150m: 2:01.98	43.38	350m: 4:57.03	43.84	550m: 7:51.37	43.49
200m: 2:45.40	43.42	400m: 5:40.95	43.92	600m: 8:35.09	43.72
650m: 9:19.10	44.01	700m: 10:02.40	43.30	750m: 10:45.53	43.13
800m: 11:26.66	41.13				
5. Marcel Hoff	Aqua-Novio '94	NED	196400317	<b>12:00.57</b>	+0.85
50m: 39.13	39.13	250m: 3:37.64	45.40	450m: 6:41.19	45.42
100m: 1:22.21	43.08	300m: 4:23.50	45.86	500m: 7:26.68	45.49
150m: 2:07.40	45.19	350m: 5:09.48	45.98	550m: 8:13.32	46.64
200m: 2:52.24	44.84	400m: 5:55.77	46.29	600m: 8:59.44	46.12
650m: 9:45.36	45.92	700m: 10:31.46	46.10	750m: 11:17.40	45.94
800m: 12:00.57	43.17				
6. Peter Janssen	Team Noord Holland (SG)	NED	196201307	<b>12:14.45</b>	+0.68
50m: 40.07	40.07	250m: 3:46.38	47.18	450m: 6:53.10	46.79
100m: 1:24.94	44.87	300m: 4:33.12	46.74	500m: 7:39.60	46.50
150m: 2:11.91	46.97	350m: 5:19.71	46.59	550m: 8:26.11	46.51
200m: 2:59.20	47.29	400m: 6:06.31	46.60	600m: 9:12.30	46.19
650m: 9:58.38	46.08	700m: 10:44.45	46.07	750m: 11:30.65	46.20
800m: 12:14.45	43.80				

Masters 65+

1. Rene Janssen	Team Noord Holland (SG)	NED	195700169	<b>11:29.35</b>	
50m: 38.85	38.85	250m: 3:32.86	43.74	450m: 6:28.28	43.91
100m: 1:21.21	42.36	300m: 4:16.93	44.07	500m: 7:12.31	44.03
150m: 2:04.94	43.73	350m: 5:00.33	43.40	550m: 7:56.73	44.42
200m: 2:49.12	44.18	400m: 5:44.37	44.04	600m: 8:40.70	43.97
650m: 9:24.04	43.34	700m: 10:07.26	43.22	750m: 10:49.57	42.31
800m: 11:29.35	39.78				
2. Henk Slomp	De Inktvis	NED	195500359	<b>11:32.73</b>	+0.94
50m: 37.93	37.93	250m: 3:30.66	44.00	450m: 6:26.14	43.33
100m: 1:19.75	41.82	300m: 4:14.50	43.84	500m: 7:11.07	44.93
150m: 2:02.40	42.65	350m: 4:58.47	43.97	550m: 7:55.27	44.20
200m: 2:46.66	44.26	400m: 5:42.81	44.34	600m: 8:39.59	44.32
650m: 9:23.53	43.94	700m: 10:07.40	43.87	750m: 10:50.68	43.28
800m: 11:32.73	42.05				

Programmanr. 16, Heren, 800m vrije slag, Masters 65+

rang	naam	vereniging	tijd	RT	PARA			
3.	Paul Bunnik	Triton	<b>12:16.75</b>	+0.84				
	50m: 38.01	38.01	250m: 3:40.76	47.38	450m: 6:50.75	46.81	650m: 10:00.30	46.68
	100m: 1:22.83	44.82	300m: 4:28.67	47.91	500m: 7:38.36	47.61	700m: 10:47.54	47.24
	150m: 2:06.51	43.68	350m: 5:15.92	47.25	550m: 8:25.64	47.28	750m: 11:33.50	45.96
	200m: 2:53.38	46.87	400m: 6:03.94	48.02	600m: 9:13.62	47.98	800m: 12:16.75	43.25
4.	Wolfgang Rossa	TPSK 1925 e.V.	<b>12:19.99</b>					
	50m: 42.97	42.97	250m: 3:51.18	46.75	450m: 6:58.76	47.15	650m: 10:05.16	46.70
	100m: 1:29.52	46.55	300m: 4:38.42	47.24	500m: 7:45.07	46.31	700m: 10:52.00	46.84
	150m: 2:17.36	47.84	350m: 5:25.32	46.90	550m: 8:31.69	46.62	750m: 11:37.94	45.94
	200m: 3:04.43	47.07	400m: 6:11.61	46.29	600m: 9:18.46	46.77	800m: 12:19.99	42.05
5.	Jaap Vis	TriVia	<b>12:21.08</b>	+0.77				
	50m: 42.83	42.83	250m: 3:52.44	47.00	450m: 7:00.74	46.90	650m: 10:05.21	46.21
	100m: 1:30.40	47.57	300m: 4:40.15	47.71	500m: 7:46.71	45.97	700m: 10:51.30	46.09
	150m: 2:18.50	48.10	350m: 5:26.99	46.84	550m: 8:32.91	46.20	750m: 11:37.75	46.45
	200m: 3:05.44	46.94	400m: 6:13.84	46.85	600m: 9:19.00	46.09	800m: 12:21.08	43.33

Masters 70+

1.	Sverre Kile	Bergen og Omegn Masters	<b>11:24.07</b>	+0.79				
	50m: 40.51	40.51	250m: 3:36.98	44.06	450m: 6:32.02	43.34	650m: 9:22.01	42.18
	100m: 1:24.28	43.77	300m: 4:20.71	43.73	500m: 7:14.71	42.69	700m: 10:04.21	42.20
	150m: 2:08.54	44.26	350m: 5:04.75	44.04	550m: 7:57.46	42.75	750m: 10:45.62	41.41
	200m: 2:52.92	44.38	400m: 5:48.68	43.93	600m: 8:39.83	42.37	800m: 11:24.07	38.45
2.	Laurens Klein Breteler	WS Twente	<b>12:45.95</b>	+0.86				
	50m: 41.21	41.21	250m: 3:51.74	47.28	450m: 7:06.00	49.07	650m: 10:21.81	49.48
	100m: 1:27.89	46.68	300m: 4:39.78	48.04	500m: 7:54.98	48.98	700m: 11:10.85	49.04
	150m: 2:16.38	48.49	350m: 5:27.92	48.14	550m: 8:43.98	49.00	750m: 11:59.43	48.58
	200m: 3:04.46	48.08	400m: 6:16.93	49.01	600m: 9:32.33	48.35	800m: 12:45.95	46.52

Masters 75+

1.	Wout Hemmes	De Plons	<b>13:40.26</b>	+0.88				
	50m: 44.58	44.58	250m: 4:12.39	52.05	450m: 7:40.59	52.64	650m: 11:09.10	52.50
	100m: 1:35.61	51.03	300m: 5:04.18	51.79	500m: 8:32.77	52.18	700m: 12:00.91	51.81
	150m: 2:27.85	52.24	350m: 5:55.71	51.53	550m: 9:24.69	51.92	750m: 12:51.65	50.74
	200m: 3:20.34	52.49	400m: 6:47.95	52.24	600m: 10:16.60	51.91	800m: 13:40.26	48.61
2.	Willem Putter	ZVVS	<b>14:50.37</b>					
	50m: 47.69	47.69	250m: 4:32.70	56.94	450m: 8:18.87	57.06	650m: 12:06.06	56.58
	100m: 1:42.65	54.96	300m: 5:29.28	56.58	500m: 9:15.07	56.20	700m: 13:03.05	56.99
	150m: 2:38.89	56.24	350m: 6:25.46	56.18	550m: 10:12.19	57.12	750m: 13:58.36	55.31
	200m: 3:35.76	56.87	400m: 7:21.81	56.35	600m: 11:09.48	57.29	800m: 14:50.37	52.01

Masters 80+

1.	Geza Kaltenecker	AZC	<b>15:55.96</b>	+0.92				
	50m: 52.19	52.19	250m: 4:53.75	1:01.55	450m: 8:58.43	1:01.00	650m: 13:01.25	1:00.37
	100m: 1:50.19	58.00	300m: 5:55.36	1:01.61	500m: 9:59.41	1:00.98	700m: 14:01.15	59.90
	150m: 2:50.57	1:00.38	350m: 6:56.68	1:01.32	550m: 10:59.77	1:00.36	750m: 15:00.68	59.53
	200m: 3:52.20	1:01.63	400m: 7:57.43	1:00.75	600m: 12:00.88	1:01.11	800m: 15:55.96	55.28
2.	Rob Hanou	PSV	<b>16:01.92</b>					
	50m: 53.41	53.41	250m: 5:03.29	1:02.37	450m: 9:07.26	1:01.06	650m: 13:08.35	59.78
	100m: 1:55.82	1:02.41	300m: 6:04.76	1:01.47	500m: 10:08.03	1:00.77	700m: 14:08.76	1:00.41
	150m: 2:58.62	1:02.80	350m: 7:05.96	1:01.20	550m: 11:08.61	1:00.58	750m: 15:07.54	58.78
	200m: 4:00.92	1:02.30	400m: 8:06.20	1:00.24	600m: 12:08.57	59.96	800m: 16:01.92	54.38

Masters 85+

1.	Frederik Hendrik de Bruijn	CN Aquamasters	<b>14:19.57</b>					
	50m: 50.45	50.45	250m: 4:24.07	54.47	450m: 7:58.97	54.05	650m: 11:37.74	53.73
	100m: 1:43.49	53.04	300m: 5:17.90	53.83	500m: 8:53.76	54.79	700m: 12:32.86	55.12
	150m: 2:35.74	52.25	350m: 6:10.93	53.03	550m: 9:48.34	54.58	750m: 13:26.48	53.62
	200m: 3:29.60	53.86	400m: 7:04.92	53.99	600m: 10:44.01	55.67	800m: 14:19.57	53.09

1 - ONMK 2024 kb - Sessie 1

21-11-2024 - 12:30

Programmanr. 2  
21-11-2024 - 14:51

Heren, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Wouter Zijlstra <i>Kampioenschapsrecord</i>	HZ&PC Heerenveen	NED 200401545	<b>16:25.85</b>	+0.66
	50m: 28.71 28.71	450m: 4:54.10 33.63	850m: 9:22.90 33.54	1250m: 13:44.89 32.82	
	100m: 1:00.86 32.15	500m: 5:27.71 33.61	900m: 9:56.20 33.30	1300m: 14:17.53 32.64	
	150m: 1:33.69 32.83	550m: 6:01.32 33.61	950m: 10:29.72 33.52	1350m: 14:50.00 32.47	
	200m: 2:07.01 33.32	600m: 6:34.97 33.65	1000m: 11:02.37 32.65	1400m: 15:22.45 32.45	
	250m: 2:40.37 33.36	650m: 7:08.62 33.65	1050m: 11:34.49 32.12	1450m: 15:54.88 32.43	
	300m: 3:13.68 33.31	700m: 7:42.45 33.83	1100m: 12:06.62 32.13	1500m: 16:25.85 30.97	
	350m: 3:47.05 33.37	750m: 8:15.80 33.35	1150m: 12:39.30 32.68		
	400m: 4:20.47 33.42	800m: 8:49.36 33.56	1200m: 13:12.07 32.77		
2.	Jacco Nijland <i>*800m</i>	ZPC De Hof	NED 200400081	<b>17:52.73</b>	+0.89
	50m: 32.67 32.67	450m: 5:22.25 36.38	850m: 10:15.77 37.13	1250m: 15:02.84 36.14	
	100m: 1:08.50 35.83	500m: 5:58.63 36.38	900m: 10:51.71 35.94	1300m: 15:37.97 35.13	
	150m: 1:44.27 35.77	550m: 6:34.73 36.10	950m: 11:29.03 37.32	1350m: 16:17.25 36.28	
	200m: 2:20.30 36.03	600m: 7:11.26 36.53	1000m: 12:04.25 35.22	1400m: 16:48.69 34.44	
	250m: 2:56.45 36.15	650m: 7:48.45 37.19	1050m: 12:39.99 35.74	1450m: 17:24.63 35.94	
	300m: 3:32.81 36.36	700m: 8:25.16 36.71	1100m: 13:16.11 36.12	1500m: 17:52.73 28.10	
	350m: 4:09.41 36.60	750m: 9:01.84 36.68	1150m: 13:51.37 35.26		
	400m: 4:45.87 36.46	800m: 9:38.64 36.80	1200m: 14:26.70 35.33		
3.	Tenzin Tieman	Old Dutch	NED 200005549	<b>18:03.18</b>	+0.80
	50m: 31.05 31.05	450m: 5:15.63 36.04	850m: 10:06.47 36.75	1250m: 15:00.98 37.10	
	100m: 1:04.90 33.85	500m: 5:51.66 36.03	900m: 10:43.01 36.54	1300m: 15:37.95 36.97	
	150m: 1:40.20 35.30	550m: 6:27.78 36.12	950m: 11:19.52 36.51	1350m: 16:14.84 36.89	
	200m: 2:15.76 35.56	600m: 7:03.80 36.02	1000m: 11:56.15 36.63	1400m: 16:51.71 36.87	
	250m: 2:51.94 36.18	650m: 7:40.11 36.31	1050m: 12:33.18 37.03	1450m: 17:28.20 36.49	
	300m: 3:27.92 35.98	700m: 8:16.74 36.63	1100m: 13:10.11 36.93	1500m: 18:03.18 34.98	
	350m: 4:03.99 36.07	750m: 8:53.11 36.37	1150m: 13:46.87 36.76		
	400m: 4:39.59 35.60	800m: 9:29.72 36.61	1200m: 14:23.88 37.01		
4.	Leon Kloots	ZPC De Hof	NED 200001363	<b>18:47.98</b>	+0.79
	50m: 32.03 32.03	450m: 5:26.55 37.37	850m: 10:31.37 38.37	1250m: 15:39.51 38.51	
	100m: 1:07.78 35.75	500m: 6:04.55 38.00	900m: 11:10.14 38.77	1300m: 16:18.06 38.55	
	150m: 1:44.13 36.35	550m: 6:42.29 37.74	950m: 11:49.00 38.86	1350m: 16:56.11 38.05	
	200m: 2:20.86 36.73	600m: 7:20.13 37.84	1000m: 12:27.69 38.69	1400m: 17:34.13 38.02	
	250m: 2:57.86 37.00	650m: 7:58.21 38.08	1050m: 13:06.13 38.44	1450m: 18:11.19 37.06	
	300m: 3:35.00 37.14	700m: 8:36.46 38.25	1100m: 13:44.56 38.43	1500m: 18:47.98 36.79	
	350m: 4:12.01 37.01	750m: 9:14.58 38.12	1150m: 14:23.10 38.54		
	400m: 4:49.18 37.17	800m: 9:53.00 38.42	1200m: 15:01.00 37.90		
5.	Rik Stahlie	TriVia	NED 200201915	<b>18:59.13</b>	+0.73
	50m: 31.69 31.69	450m: 5:36.09 38.76	850m: 10:43.73 38.63	1250m: 15:52.23 38.41	
	100m: 1:07.77 36.08	500m: 6:14.12 38.03	900m: 11:22.59 38.86	1300m: 16:31.29 39.06	
	150m: 1:45.70 37.93	550m: 6:52.80 38.68	950m: 12:00.99 38.40	1350m: 17:10.09 38.80	
	200m: 2:24.00 38.30	600m: 7:30.95 38.15	1000m: 12:40.22 39.23	1400m: 17:47.90 37.81	
	250m: 3:02.49 38.49	650m: 8:09.27 38.32	1050m: 13:18.35 38.13	1450m: 18:26.38 38.48	
	300m: 3:40.27 37.78	700m: 8:48.14 38.87	1100m: 13:56.60 38.25	1500m: 18:59.13 32.75	
	350m: 4:18.77 38.50	750m: 9:26.27 38.13	1150m: 14:35.21 38.61		
	400m: 4:57.33 38.56	800m: 10:05.10 38.83	1200m: 15:13.82 38.61		
6.	Niels van der Mast	ZOB'66	NED 200401917	<b>19:30.98</b>	+0.73
	50m: 30.51 30.51	450m: 5:27.60 38.88	850m: 10:42.20 39.49	1250m: 16:14.12 41.84	
	100m: 1:05.19 34.68	500m: 6:06.54 38.94	900m: 11:23.53 41.33	1300m: 16:55.46 41.34	
	150m: 1:41.25 36.06	550m: 6:45.36 38.82	950m: 12:04.72 41.19	1350m: 17:34.34 38.88	
	200m: 2:18.09 36.84	600m: 7:25.09 39.73	1000m: 12:46.55 41.83	1400m: 18:14.47 40.13	
	250m: 2:54.91 36.82	650m: 8:04.60 39.51	1050m: 13:28.09 41.54	1450m: 18:54.06 39.59	
	300m: 3:32.41 37.50	700m: 8:44.19 39.59	1100m: 14:09.59 41.50	1500m: 19:30.98 36.92	
	350m: 4:10.63 38.22	750m: 9:23.25 39.06	1150m: 14:50.18 40.59		
	400m: 4:48.72 38.09	800m: 10:02.71 39.46	1200m: 15:32.28 42.10		



Programmanr. 2, Heren, 1500m vrije slag

Masters 25+

1. Jorian Tanis		Feijenoord Albion Zwemclub		NED 199900327		<b>16:42.11</b>		<b>+0.76</b>			
50m:	29.23	29.23	450m:	4:56.62	33.60	850m:	9:27.30	34.02	1250m:	13:58.30	33.58
100m:	1:01.54	32.31	500m:	5:30.44	33.82	900m:	10:01.32	34.02	1300m:	14:31.77	33.47
150m:	1:34.93	33.39	550m:	6:04.17	33.73	950m:	10:35.42	34.10	1350m:	15:05.85	34.08
200m:	2:08.29	33.36	600m:	6:37.91	33.74	1000m:	11:09.49	34.07	1400m:	15:38.98	33.13
250m:	2:41.98	33.69	650m:	7:11.62	33.71	1050m:	11:43.33	33.84	1450m:	16:11.88	32.90
300m:	3:15.78	33.80	700m:	7:45.44	33.82	1100m:	12:16.85	33.52	1500m:	16:42.11	30.23
350m:	3:49.52	33.74	750m:	8:19.45	34.01	1150m:	12:50.95	34.10			
400m:	4:23.02	33.50	800m:	8:53.28	33.83	1200m:	13:24.72	33.77			
2. Jeffrey Roest		Zwemvereniging Hoogland		NED 199703401		<b>17:52.47</b>		<b>+0.74</b>			
50m:	32.40	32.40	450m:	5:20.97	36.33	850m:	10:09.64	35.70	1250m:	14:56.52	35.47
100m:	1:08.15	35.75	500m:	5:57.51	36.54	900m:	10:45.84	36.20	1300m:	15:31.81	35.29
150m:	1:44.00	35.85	550m:	6:33.10	35.59	950m:	11:22.16	36.32	1350m:	16:07.63	35.82
200m:	2:19.92	35.92	600m:	7:09.00	35.90	1000m:	11:58.31	36.15	1400m:	16:43.52	35.89
250m:	2:55.85	35.93	650m:	7:45.40	36.40	1050m:	12:34.28	35.97	1450m:	17:19.19	35.67
300m:	3:32.25	36.40	700m:	8:21.50	36.10	1100m:	13:09.69	35.41	1500m:	17:52.47	33.28
350m:	4:08.28	36.03	750m:	8:57.60	36.10	1150m:	13:45.62	35.93			
400m:	4:44.64	36.36	800m:	9:33.94	36.34	1200m:	14:21.05	35.43			
3. Jordy van Oel		WVZ		NED 199802003		<b>18:44.74</b>		<b>+0.76</b>			
50m:	32.26	32.26	450m:	5:33.29	37.87	850m:	10:34.53	37.28	1250m:	15:36.03	38.08
100m:	1:08.90	36.64	500m:	6:11.09	37.80	900m:	11:12.52	37.99	1300m:	16:14.08	38.05
150m:	1:46.55	37.65	550m:	6:48.59	37.50	950m:	11:49.89	37.37	1350m:	16:51.85	37.77
200m:	2:24.54	37.99	600m:	7:26.26	37.67	1000m:	12:27.18	37.29	1400m:	17:29.44	37.59
250m:	3:02.51	37.97	650m:	8:04.16	37.90	1050m:	13:04.98	37.80	1450m:	18:07.87	38.43
300m:	3:39.78	37.27	700m:	8:42.12	37.96	1100m:	13:42.59	37.61	1500m:	18:44.74	36.87
350m:	4:17.34	37.56	750m:	9:19.82	37.70	1150m:	14:20.08	37.49			
400m:	4:55.42	38.08	800m:	9:57.25	37.43	1200m:	14:57.95	37.87			
4. Jeroen Louwinger		De Rijn		NED 199900583		<b>18:51.58</b>					
50m:	32.68	32.68	450m:	5:32.23	37.89	850m:	10:36.77	37.79	1250m:	15:42.65	38.48
100m:	1:08.98	36.30	500m:	6:10.36	38.13	900m:	11:14.44	37.67	1300m:	16:21.00	38.35
150m:	1:46.06	37.08	550m:	6:48.66	38.30	950m:	11:52.81	38.37	1350m:	16:59.88	38.88
200m:	2:23.31	37.25	600m:	7:26.77	38.11	1000m:	12:31.01	38.20	1400m:	17:38.77	38.89
250m:	3:00.99	37.68	650m:	8:05.37	38.60	1050m:	13:09.22	38.21	1450m:	18:16.68	37.91
300m:	3:38.82	37.83	700m:	8:43.29	37.92	1100m:	13:47.19	37.97	1500m:	18:51.58	34.90
350m:	4:16.56	37.74	750m:	9:21.38	38.09	1150m:	14:25.66	38.47			
400m:	4:54.34	37.78	800m:	9:58.98	37.60	1200m:	15:04.17	38.51			
5. Lars Jacobsen		DWK		NED 199705453		S14		<b>18:57.49</b>		<b>+0.78</b>	
50m:	30.78	30.78	450m:	5:29.93	38.52	850m:	10:39.82	37.81	1250m:	15:51.15	38.86
100m:	1:05.47	34.69	500m:	6:09.12	39.19	900m:	11:18.24	38.42	1300m:	16:30.15	39.00
150m:	1:42.55	37.08	550m:	6:47.64	38.52	950m:	11:57.22	38.98	1350m:	17:08.51	38.36
200m:	2:19.44	36.89	600m:	7:26.86	39.22	1000m:	12:36.51	39.29	1400m:	17:46.17	37.66
250m:	2:56.85	37.41	650m:	8:04.64	37.78	1050m:	13:15.73	39.22	1450m:	18:23.61	37.44
300m:	3:34.89	38.04	700m:	8:43.58	38.94	1100m:	13:54.90	39.17	1500m:	18:57.49	33.88
350m:	4:13.97	39.08	750m:	9:23.44	39.86	1150m:	14:33.69	38.79			
400m:	4:51.41	37.44	800m:	10:02.01	38.57	1200m:	15:12.29	38.60			
6. Sven Dubbeld		De Schotejil		NED 199601141				<b>20:22.04</b>		<b>+0.87</b>	
50m:	33.84	33.84	450m:	5:53.85	41.06	850m:	11:26.01	41.51	1250m:	16:57.03	40.35
100m:	1:11.64	37.80	500m:	6:35.27	41.42	900m:	12:07.14	41.13	1300m:	17:38.10	41.07
150m:	1:50.90	39.26	550m:	7:16.64	41.37	950m:	12:48.83	41.69	1350m:	18:19.68	41.58
200m:	2:31.00	40.10	600m:	7:58.22	41.58	1000m:	13:30.96	42.13	1400m:	19:01.28	41.60
250m:	3:10.75	39.75	650m:	8:40.21	41.99	1050m:	14:12.72	41.76	1450m:	19:42.26	40.98
300m:	3:51.16	40.41	700m:	9:21.48	41.27	1100m:	14:54.24	41.52	1500m:	20:22.04	39.78
350m:	4:31.85	40.69	750m:	10:03.19	41.71	1150m:	15:35.47	41.23			
400m:	5:12.79	40.94	800m:	10:44.50	41.31	1200m:	16:16.68	41.21			

Masters 30+

1. Mike Schel		ENC Arnhem		NED 199403279		<b>17:52.94</b>		<b>+0.76</b>			
* 100, 200, 400											
50m:	31.78	31.78	450m:	5:13.99	35.50	850m:	10:02.85	36.38	1250m:	14:54.06	36.67
100m:	1:06.22	34.44	500m:	5:49.94	35.95	900m:	10:39.21	36.36	1300m:	15:30.46	36.40
150m:	1:41.18	34.96	550m:	6:25.86	35.92	950m:	11:15.68	36.47	1350m:	16:06.86	36.40
200m:	2:16.90	35.72	600m:	7:01.89	36.03	1000m:	11:51.98	36.30	1400m:	16:43.00	36.14
250m:	2:52.04	35.14	650m:	7:38.05	36.16	1050m:	12:28.18	36.20	1450m:	17:18.86	35.86
300m:	3:27.53	35.49	700m:	8:14.35	36.30	1100m:	13:04.41	36.23	1500m:	17:52.94	34.08
350m:	4:03.09	35.56	750m:	8:50.29	35.94	1150m:	13:40.93	36.52			
400m:	4:38.49	35.40	800m:	9:26.47	36.18	1200m:	14:17.39	36.46			

Programmanr. 2, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA			
2.	Tim Bunnik	Triton	<b>18:32.57</b>	+0.84				
	50m: 31.98	31.98	450m: 5:33.07	37.82	850m: 10:31.92	37.18	1250m: 15:28.73	37.57
	100m: 1:08.38	36.40	500m: 6:10.69	37.62	900m: 11:08.78	36.86	1300m: 16:05.96	37.23
	150m: 1:46.01	37.63	550m: 6:48.15	37.46	950m: 11:45.76	36.98	1350m: 16:43.07	37.11
	200m: 2:24.03	38.02	600m: 7:25.71	37.56	1000m: 12:23.25	37.49	1400m: 17:20.29	37.22
	250m: 3:02.20	38.17	650m: 8:03.01	37.30	1050m: 13:00.41	37.16	1450m: 17:56.16	35.87
	300m: 3:39.67	37.47	700m: 8:40.38	37.37	1100m: 13:37.24	36.83	1500m: 18:32.57	36.41
	350m: 4:17.26	37.59	750m: 9:17.38	37.00	1150m: 14:13.86	36.62		
	400m: 4:55.25	37.99	800m: 9:54.74	37.36	1200m: 14:51.16	37.30		
3.	Patrick Creemers	Patrick - De Roersoppers (SG)	<b>18:52.99</b>	+0.74				
	50m: 31.32	31.32	450m: 5:33.78	38.16	850m: 10:40.16	37.66	1250m: 15:43.53	37.85
	100m: 1:07.04	35.72	500m: 6:12.72	38.94	900m: 11:17.62	37.46	1300m: 16:21.90	38.37
	150m: 1:44.35	37.31	550m: 6:51.20	38.48	950m: 11:55.38	37.76	1350m: 17:00.43	38.53
	200m: 2:23.21	38.86	600m: 7:29.63	38.43	1000m: 12:33.45	38.07	1400m: 17:38.63	38.20
	250m: 3:01.23	38.02	650m: 8:07.81	38.18	1050m: 13:11.49	38.04	1450m: 18:16.52	37.89
	300m: 3:39.42	38.19	700m: 8:46.10	38.29	1100m: 13:49.87	38.38	1500m: 18:52.99	36.47
	350m: 4:17.70	38.28	750m: 9:25.06	38.96	1150m: 14:27.64	37.77		
	400m: 4:55.62	37.92	800m: 10:02.50	37.44	1200m: 15:05.68	38.04		
4.	Sybre Groenewegen	De Schotejil	<b>19:20.68</b>	+0.94				
	50m: 32.85	32.85	450m: 5:36.86	38.48	850m: 10:49.89	39.64	1250m: 16:04.71	38.42
	100m: 1:09.15	36.30	500m: 6:15.40	38.54	900m: 11:30.53	40.64	1300m: 16:43.90	39.19
	150m: 1:46.42	37.27	550m: 6:54.25	38.85	950m: 12:09.47	38.94	1350m: 17:22.90	39.00
	200m: 2:24.26	37.84	600m: 7:33.12	38.87	1000m: 12:48.20	38.73	1400m: 18:03.19	40.29
	250m: 3:02.08	37.82	650m: 8:12.46	39.34	1050m: 13:27.97	39.77	1450m: 18:39.09	35.90
	300m: 3:40.28	38.20	700m: 8:51.60	39.14	1100m: 14:07.89	39.92	1500m: 19:20.68	41.59
	350m: 4:19.74	39.46	750m: 9:31.25	39.65	1150m: 14:46.99	39.10		
	400m: 4:58.38	38.64	800m: 10:10.25	39.00	1200m: 15:26.29	39.30		
5.	Niels Bent	WS Twente	<b>20:18.79</b>	+0.84				
	50m: 34.07	34.07	450m: 5:48.82	40.18	850m: 11:17.43	42.12	1250m: 16:53.47	41.87
	100m: 1:12.05	37.98	500m: 6:29.04	40.22	900m: 11:59.37	41.94	1300m: 17:35.16	41.69
	150m: 1:50.88	38.83	550m: 7:09.46	40.42	950m: 12:41.14	41.77	1350m: 18:16.82	41.66
	200m: 2:30.09	39.21	600m: 7:50.49	41.03	1000m: 13:22.69	41.55	1400m: 18:57.92	41.10
	250m: 3:09.48	39.39	650m: 8:31.33	40.84	1050m: 14:04.63	41.94	1450m: 19:38.85	40.93
	300m: 3:49.17	39.69	700m: 9:12.55	41.22	1100m: 14:46.87	42.24	1500m: 20:18.79	39.94
	350m: 4:28.77	39.60	750m: 9:53.85	41.30	1150m: 15:29.26	42.39		
	400m: 5:08.64	39.87	800m: 10:35.31	41.46	1200m: 16:11.60	42.34		
6.	Marc Hoogendam	Blue Marlins	<b>20:55.85</b>	+0.70				
	50m: 34.01	34.01	450m: 6:06.26	43.38	850m: 11:50.76	43.01	1250m: 17:31.49	41.78
	100m: 1:12.38	38.37	500m: 6:48.90	42.64	900m: 12:34.30	43.54	1300m: 18:13.76	42.27
	150m: 1:52.60	40.22	550m: 7:31.99	43.09	950m: 13:17.16	42.86	1350m: 18:55.95	42.19
	200m: 2:33.62	41.02	600m: 8:14.85	42.86	1000m: 14:00.49	43.33	1400m: 19:37.81	41.86
	250m: 3:15.08	41.46	650m: 8:57.87	43.02	1050m: 14:43.27	42.78	1450m: 20:18.35	40.54
	300m: 3:57.14	42.06	700m: 9:41.35	43.48	1100m: 15:26.43	43.16	1500m: 20:55.85	37.50
	350m: 4:39.73	42.59	750m: 10:24.26	42.91	1150m: 16:07.75	41.32		
	400m: 5:22.88	43.15	800m: 11:07.75	43.49	1200m: 16:49.71	41.96		

Masters 35+

1.	Wessel Everloo	WS Twente	<b>18:44.22</b>	+0.91				
	50m: 33.68	33.68	450m: 5:30.41	37.74	850m: 10:31.78	37.59	1250m: 15:37.98	37.47
	100m: 1:10.50	36.82	500m: 6:07.03	36.62	900m: 11:10.84	39.06	1300m: 16:16.14	38.16
	150m: 1:47.89	37.39	550m: 6:45.04	38.01	950m: 11:49.24	38.40	1350m: 16:54.17	38.03
	200m: 2:25.34	37.45	600m: 7:22.88	37.84	1000m: 12:27.79	38.55	1400m: 17:31.48	37.31
	250m: 3:02.20	36.86	650m: 8:00.96	38.08	1050m: 13:05.23	37.44	1450m: 18:09.17	37.69
	300m: 3:39.35	37.15	700m: 8:38.11	37.15	1100m: 13:43.28	38.05	1500m: 18:44.22	35.05
	350m: 4:16.57	37.22	750m: 9:16.29	38.18	1150m: 14:22.29	39.01		
	400m: 4:52.67	36.10	800m: 9:54.19	37.90	1200m: 15:00.51	38.22		
2.	Niels Albrechts	De Schotejil	<b>19:03.47</b>	+0.78				
	50m: 33.67	33.67	450m: 5:34.92	37.83	850m: 10:41.40	38.70	1250m: 15:52.85	38.72
	100m: 1:10.96	37.29	500m: 6:12.94	38.02	900m: 11:20.32	38.92	1300m: 16:31.71	38.86
	150m: 1:48.00	37.04	550m: 6:50.73	37.79	950m: 11:59.43	39.11	1350m: 17:10.47	38.76
	200m: 2:25.44	37.44	600m: 7:28.99	38.26	1000m: 12:38.16	38.73	1400m: 17:49.22	38.75
	250m: 3:02.87	37.43	650m: 8:07.80	38.81	1050m: 13:17.50	39.34	1450m: 18:27.58	38.36
	300m: 3:41.44	38.57	700m: 8:46.21	38.41	1100m: 13:56.41	38.91	1500m: 19:03.47	35.89
	350m: 4:18.94	37.50	750m: 9:24.30	38.09	1150m: 14:35.14	38.73		
	400m: 4:57.09	38.15	800m: 10:02.70	38.40	1200m: 15:14.13	38.99		
3.	Sander van Elburg	De Dokkelaers	<b>19:53.77</b>	+0.85				
	50m: 34.29	34.29	450m: 5:48.01	40.59	850m: 11:11.14	40.27	1250m: 16:32.74	41.40
	100m: 1:11.71	37.42	500m: 6:28.58	40.57	900m: 11:50.77	39.63	1300m: 17:14.53	41.79
	150m: 1:50.04	38.33	550m: 7:09.27	40.69	950m: 12:30.97	40.20	1350m: 17:55.34	40.81
	200m: 2:29.74	39.70	600m: 7:49.66	40.39	1000m: 13:09.77	38.80	1400m: 18:35.57	40.23
	250m: 3:09.02	39.28	650m: 8:30.08	40.42	1050m: 13:49.70	39.93	1450m: 19:15.91	40.34
	300m: 3:48.02	39.00	700m: 9:10.16	40.08	1100m: 14:28.82	39.12	1500m: 19:53.77	37.86
	350m: 4:27.50	39.48	750m: 9:50.39	40.23	1150m: 15:10.16	41.34		
	400m: 5:07.42	39.92	800m: 10:30.87	40.48	1200m: 15:51.34	41.18		

Programmanr. 2, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging	tijd	RT	PARA	
4.	Mark Godwaldt	PSV	<b>20:31.37</b>	<b>+0.88</b>		
	50m: 34.97	34.97	450m: 6:03.14	41.55	850m: 11:36.77	42.10
	100m: 1:14.16	39.19	500m: 6:44.29	41.15	900m: 12:17.95	41.18
	150m: 1:54.31	40.15	550m: 7:25.92	41.63	950m: 12:58.93	40.98
	200m: 2:35.23	40.92	600m: 8:07.99	42.07	1000m: 13:40.11	41.18
	250m: 3:16.47	41.24	650m: 8:49.86	41.87	1050m: 14:21.32	41.21
	300m: 3:57.66	41.19	700m: 9:31.71	41.85	1100m: 15:02.45	41.13
	350m: 4:39.84	42.18	750m: 10:13.20	41.49	1150m: 15:44.03	41.58
	400m: 5:21.59	41.75	800m: 10:54.67	41.47	1200m: 16:26.39	42.36
5.	Sander van Tilburg	De Biesboschzwemmers	<b>21:16.41</b>	<b>+0.83</b>		
	50m: 36.75	36.75	450m: 6:16.09	43.48	850m: 11:59.03	43.04
	100m: 1:17.33	40.58	500m: 6:58.98	42.89	900m: 12:41.78	42.75
	150m: 1:58.81	41.48	550m: 7:41.64	42.66	950m: 13:24.41	42.63
	200m: 2:41.15	42.34	600m: 8:24.35	42.71	1000m: 14:07.24	42.83
	250m: 3:23.83	42.68	650m: 9:06.86	42.51	1050m: 14:49.71	42.47
	300m: 4:07.06	43.23	700m: 9:49.53	42.67	1100m: 15:32.91	43.20
	350m: 4:49.70	42.64	750m: 10:32.51	42.98	1150m: 16:15.85	42.94
	400m: 5:32.61	42.91	800m: 11:15.99	43.48	1200m: 16:59.10	43.25
6.	Rudi Butselaar	GoSwim	<b>23:48.35</b>	<b>+0.79</b>		
	50m: 36.42	36.42	450m: 6:44.56	48.77	850m: 13:12.93	48.42
	100m: 1:17.36	40.94	500m: 7:33.24	48.68	900m: 14:01.86	48.93
	150m: 2:01.03	43.67	550m: 8:21.33	48.09	950m: 14:50.50	48.64
	200m: 2:46.31	45.28	600m: 9:09.90	48.57	1000m: 15:39.02	48.52
	250m: 3:32.82	46.51	650m: 9:57.64	47.74	1050m: 16:28.57	49.55
	300m: 4:20.22	47.40	700m: 10:46.92	49.28	1100m: 17:17.47	48.90
	350m: 5:07.55	47.33	750m: 11:35.64	48.72	1150m: 18:05.96	48.49
	400m: 5:55.79	48.24	800m: 12:24.51	48.87	1200m: 18:55.94	49.98

Masters 40+

1.	Frank v.d. Voordt	De Schotejil	<b>18:50.11</b>	<b>+0.84</b>		
	50m: 32.88	32.88	450m: 5:32.05	37.50	850m: 10:32.84	37.48
	100m: 1:09.06	36.18	500m: 6:09.63	37.58	900m: 11:10.77	37.93
	150m: 1:46.11	37.05	550m: 6:47.09	37.46	950m: 11:49.17	38.40
	200m: 2:23.57	37.46	600m: 7:24.55	37.46	1000m: 12:27.51	38.34
	250m: 3:01.19	37.62	650m: 8:02.29	37.74	1050m: 13:05.71	38.20
	300m: 3:38.88	37.69	700m: 8:39.73	37.44	1100m: 13:44.18	38.47
	350m: 4:16.74	37.86	750m: 9:17.48	37.75	1150m: 14:22.92	38.74
	400m: 4:54.55	37.81	800m: 9:55.36	37.88	1200m: 15:01.45	38.53
2.	Martin van Vaardegem *100m	GoSwim	<b>22:11.72</b>	<b>+0.87</b>		
	50m: 36.88	36.88	450m: 6:28.01	45.04	850m: 12:27.14	44.90
	100m: 1:17.72	40.84	500m: 7:13.12	45.11	900m: 13:11.73	44.59
	150m: 2:01.05	43.33	550m: 7:57.83	44.71	950m: 13:56.61	44.88
	200m: 2:45.18	44.13	600m: 8:42.79	44.96	1000m: 14:41.24	44.63
	250m: 3:29.03	43.85	650m: 9:27.43	44.64	1050m: 15:26.17	44.93
	300m: 4:13.39	44.36	700m: 10:12.73	45.30	1100m: 16:11.41	45.24
	350m: 4:57.59	44.20	750m: 10:57.44	44.71	1150m: 16:56.14	44.73
	400m: 5:42.97	45.38	800m: 11:42.24	44.80	1200m: 17:41.38	45.24

Masters 45+

1.	Håkon Skaarud Karlsen Norwegian Masters Record	Oslo I.L	<b>17:26.31</b>	<b>+0.74</b>		
	50m: 32.38	32.38	450m: 5:13.04	35.02	850m: 9:52.88	35.24
	100m: 1:07.35	34.97	500m: 5:47.97	34.93	900m: 10:27.80	34.92
	150m: 1:42.36	35.01	550m: 6:23.00	35.03	950m: 11:02.65	34.85
	200m: 2:17.33	34.97	600m: 6:58.01	35.01	1000m: 11:37.71	35.06
	250m: 2:52.63	35.30	650m: 7:32.76	34.75	1050m: 12:12.57	34.86
	300m: 3:27.91	35.28	700m: 8:07.70	34.94	1100m: 12:47.66	35.09
	350m: 4:02.89	34.98	750m: 8:42.70	35.00	1150m: 13:23.07	35.41
	400m: 4:38.02	35.13	800m: 9:17.64	34.94	1200m: 13:58.66	35.59
2.	Martijn Butter	OEZA	<b>17:59.56</b>			
	50m: 32.65	32.65	450m: 5:18.87	36.36	850m: 10:09.37	36.45
	100m: 1:07.62	34.97	500m: 5:55.23	36.36	900m: 10:45.83	36.46
	150m: 1:42.92	35.30	550m: 6:31.44	36.21	950m: 11:22.04	36.21
	200m: 2:18.10	35.18	600m: 7:07.96	36.52	1000m: 11:58.61	36.57
	250m: 2:53.73	35.63	650m: 7:44.33	36.37	1050m: 12:34.75	36.14
	300m: 3:29.76	36.03	700m: 8:20.55	36.22	1100m: 13:11.28	36.53
	350m: 4:06.20	36.44	750m: 8:56.68	36.13	1150m: 13:47.76	36.48
	400m: 4:42.51	36.31	800m: 9:32.92	36.24	1200m: 14:24.48	36.72

Programmanr. 2, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA			
3.	Freddie Geerlings	Zwemsport Parkstad	NED 197900379	<b>20:13.65</b>	+0.87			
	50m: 34.98	34.98	450m: 5:54.96	40.47	850m: 11:19.34	40.74	1250m: 16:50.93	42.35
	100m: 1:13.72	38.74	500m: 6:35.17	40.21	900m: 11:59.85	40.51	1300m: 17:31.91	40.98
	150m: 1:53.74	40.02	550m: 7:15.67	40.50	950m: 12:40.74	40.89	1350m: 18:12.63	40.72
	200m: 2:34.01	40.27	600m: 7:56.37	40.70	1000m: 13:22.05	41.31	1400m: 18:54.02	41.39
	250m: 3:14.53	40.52	650m: 8:36.50	40.13	1050m: 14:04.02	41.97	1450m: 19:34.68	40.66
	300m: 3:54.31	39.78	700m: 9:17.20	40.70	1100m: 14:45.30	41.28	1500m: 20:13.65	38.97
	350m: 4:34.75	40.44	750m: 9:58.02	40.82	1150m: 15:26.69	41.39		
	400m: 5:14.49	39.74	800m: 10:38.60	40.58	1200m: 16:08.58	41.89		
4.	Tom Bandsma	PSV	NED 197701625	<b>22:19.91</b>				
	50m: 38.75	38.75	450m: 6:33.67	44.63	850m: 12:33.77	44.91	1250m: 18:33.85	45.32
	100m: 1:22.02	43.27	500m: 7:19.00	45.33	900m: 13:18.34	44.57	1300m: 19:19.17	45.32
	150m: 2:06.09	44.07	550m: 8:04.23	45.23	950m: 14:03.50	45.16	1350m: 20:04.14	44.97
	200m: 2:50.75	44.66	600m: 8:49.06	44.83	1000m: 14:48.82	45.32	1400m: 20:49.61	45.47
	250m: 3:35.44	44.69	650m: 9:34.36	45.30	1050m: 15:33.40	44.58	1450m: 21:35.20	45.59
	300m: 4:20.01	44.57	700m: 10:19.40	45.04	1100m: 16:18.12	44.72	1500m: 22:19.91	44.71
	350m: 5:04.56	44.55	750m: 11:04.20	44.80	1150m: 17:03.28	45.16		
	400m: 5:49.04	44.48	800m: 11:48.86	44.66	1200m: 17:48.53	45.25		
5.	Erwin Zuidervelt	AZ&PC De Futen	NED 197501015	<b>22:37.40</b>	+0.84			
	50m: 39.89	39.89	450m: 6:25.23	43.84	850m: 12:32.77	47.52	1250m: 18:54.66	48.26
	100m: 1:23.43	43.54	500m: 7:11.05	45.82	900m: 13:21.39	48.62	1300m: 19:41.17	46.51
	150m: 2:07.75	44.32	550m: 7:55.81	44.76	950m: 14:10.90	49.51	1350m: 20:25.84	44.67
	200m: 2:49.84	42.09	600m: 8:41.04	45.23	1000m: 14:55.33	44.43	1400m: 21:11.14	45.30
	250m: 3:32.36	42.52	650m: 9:25.25	44.21	1050m: 15:40.75	45.42	1450m: 21:55.91	44.77
	300m: 4:14.73	42.37	700m: 10:13.01	47.76	1100m: 16:28.76	48.01	1500m: 22:37.40	41.49
	350m: 4:57.80	43.07	750m: 10:57.21	44.20	1150m: 17:16.81	48.05		
	400m: 5:41.39	43.59	800m: 11:45.25	48.04	1200m: 18:06.40	49.59		
6.	Thijs Weustink	Team Noord Holland (SG)	NED 197701069	<b>22:44.81</b>	+0.82			
	50m: 34.19	34.19	450m: 6:28.09	45.88	850m: 12:38.78	46.73	1250m: 18:53.12	47.91
	100m: 1:14.96	40.77	500m: 7:13.18	45.09	900m: 13:24.83	46.05	1300m: 19:41.06	45.94
	150m: 1:57.69	42.73	550m: 7:59.40	46.22	950m: 14:10.91	46.08	1350m: 20:25.55	46.49
	200m: 2:41.81	44.12	600m: 8:44.73	45.33	1000m: 14:57.53	46.62	1400m: 21:13.37	47.82
	250m: 3:26.80	44.99	650m: 9:31.18	46.45	1050m: 15:43.78	46.25	1450m: 21:59.79	46.42
	300m: 4:11.78	44.98	700m: 10:18.72	47.54	1100m: 16:31.69	47.91	1500m: 22:44.81	45.02
	350m: 4:57.26	45.48	750m: 11:05.14	46.42	1150m: 17:17.84	46.15		
	400m: 5:42.21	44.95	800m: 11:52.05	46.91	1200m: 18:05.21	47.37		

Masters 50+

1.	Ingmar de Gelder *200m	ZOB'66	NED 197000333	<b>20:35.67</b>				
	50m: 34.03	34.03	450m: 5:55.95	42.11	850m: 11:34.37	40.89	1250m: 17:09.65	41.05
	100m: 1:11.09	37.06	500m: 6:38.34	42.39	900m: 12:15.46	41.09	1300m: 17:51.27	41.62
	150m: 1:49.97	38.88	550m: 7:21.28	42.94	950m: 12:56.82	41.36	1350m: 18:32.90	41.63
	200m: 2:29.83	39.86	600m: 8:03.63	42.35	1000m: 13:38.73	41.91	1400m: 19:14.74	41.84
	250m: 3:10.50	40.67	650m: 8:46.84	43.21	1050m: 14:20.86	42.13	1450m: 19:56.53	41.79
	300m: 3:51.33	40.83	700m: 9:29.08	42.24	1100m: 15:03.57	42.71	1500m: 20:35.67	39.14
	350m: 4:32.09	40.76	750m: 10:11.07	41.99	1150m: 15:46.41	42.84		
	400m: 5:13.84	41.75	800m: 10:53.48	42.41	1200m: 16:28.60	42.19		
2.	Chris Kouwenhoven	De Grunte	NED 197101669	<b>20:39.29</b>				
	50m: 35.90	35.90	450m: 6:06.17	41.71	850m: 11:39.53	41.54	1250m: 17:12.97	41.62
	100m: 1:16.59	40.69	500m: 6:47.76	41.59	900m: 12:21.49	41.96	1300m: 17:54.48	41.51
	150m: 1:57.79	41.20	550m: 7:29.26	41.50	950m: 13:03.26	41.77	1350m: 18:36.28	41.80
	200m: 2:39.00	41.21	600m: 8:11.23	41.97	1000m: 13:45.32	42.06	1400m: 19:17.75	41.47
	250m: 3:19.96	40.96	650m: 8:53.10	41.87	1050m: 14:26.75	41.43	1450m: 19:58.91	41.16
	300m: 4:01.40	41.44	700m: 9:34.65	41.55	1100m: 15:08.51	41.76	1500m: 20:39.29	40.38
	350m: 4:42.96	41.56	750m: 10:16.35	41.70	1150m: 15:49.81	41.30		
	400m: 5:24.46	41.50	800m: 10:57.99	41.64	1200m: 16:31.35	41.54		
3.	Erwin Snip	ENC Arnhem	NED 197001555	<b>24:53.22</b>				
	50m: 43.55	43.55	450m: 7:28.91	51.39	850m: 14:12.42	50.60	1250m: 20:51.55	49.84
	100m: 1:32.66	49.11	500m: 8:20.29	51.38	900m: 15:03.23	50.81	1300m: 21:41.38	49.83
	150m: 2:22.46	49.80	550m: 9:10.83	50.54	950m: 15:53.46	50.23	1350m: 22:30.33	48.95
	200m: 3:13.08	50.62	600m: 10:01.26	50.43	1000m: 16:43.32	49.86	1400m: 23:19.08	48.75
	250m: 4:04.03	50.95	650m: 10:51.16	49.90	1050m: 17:32.89	49.57	1450m: 24:07.17	48.09
	300m: 4:55.10	51.07	700m: 11:41.13	49.97	1100m: 18:22.70	49.81	1500m: 24:53.22	46.05
	350m: 5:46.38	51.28	750m: 12:31.42	50.29	1150m: 19:11.99	49.29		
	400m: 6:37.52	51.14	800m: 13:21.82	50.40	1200m: 20:01.71	49.72		

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA
AFGEM	Bruno Nahon	Cercle De Natation Sportcity WolBEL	CNSW/000390/70		

Masters 55+

1.	John Hardeman	Zwemlust- den Hommel	NED 196601615	<b>19:20.07</b>	+0.77			
	50m: 34.07	34.07	450m: 5:44.59	38.96	850m: 10:55.91	38.95	1250m: 16:07.39	39.07
	100m: 1:12.11	38.04	500m: 6:23.63	39.04	900m: 11:34.71	38.80	1300m: 16:46.30	38.91
	150m: 1:50.60	38.49	550m: 7:03.08	39.45	950m: 12:13.53	38.82	1350m: 17:25.07	38.77
	200m: 2:29.29	38.69	600m: 7:41.98	38.90	1000m: 12:52.24	38.71	1400m: 18:03.96	38.89
	250m: 3:08.50	39.21	650m: 8:20.86	38.88	1050m: 13:31.30	39.06	1450m: 18:43.06	39.10
	300m: 3:47.55	39.05	700m: 8:59.86	39.00	1100m: 14:10.31	39.01	1500m: 19:20.07	37.01
	350m: 4:26.44	38.89	750m: 9:38.39	38.53	1150m: 14:49.25	38.94		
	400m: 5:05.63	39.19	800m: 10:16.96	38.57	1200m: 15:28.32	39.07		
2.	Arno Schrauwen	Patrick - De Roersoppers (SG)	NED 196501355	<b>21:26.72</b>	+0.88			
	50m: 38.00	38.00	450m: 6:27.41	43.61	850m: 12:13.56	42.91	1250m: 17:55.83	42.41
	100m: 1:20.97	42.97	500m: 7:11.43	44.02	900m: 12:56.46	42.90	1300m: 18:38.55	42.72
	150m: 2:04.47	43.50	550m: 7:54.29	42.86	950m: 13:39.27	42.81	1350m: 19:20.70	42.15
	200m: 2:48.37	43.90	600m: 8:37.93	43.64	1000m: 14:22.04	42.77	1400m: 20:03.60	42.90
	250m: 3:32.18	43.81	650m: 9:20.98	43.05	1050m: 15:05.03	42.99	1450m: 20:45.70	42.10
	300m: 4:16.20	44.02	700m: 10:04.20	43.22	1100m: 15:47.64	42.61	1500m: 21:26.72	41.02
	350m: 5:00.06	43.86	750m: 10:47.51	43.31	1150m: 16:30.62	42.98		
	400m: 5:43.80	43.74	800m: 11:30.65	43.14	1200m: 17:13.42	42.80		
3.	Eduard Leusink	De Mors	NED 196901573	<b>21:44.17</b>	+0.76			
	50m: 40.48	40.48	450m: 6:33.10	44.62	850m: 12:23.60	43.83	1250m: 18:11.47	43.48
	100m: 1:24.13	43.65	500m: 7:17.59	44.49	900m: 13:06.72	43.12	1300m: 18:54.35	42.88
	150m: 2:08.13	44.00	550m: 8:01.76	44.17	950m: 13:50.07	43.35	1350m: 19:36.88	42.53
	200m: 2:51.82	43.69	600m: 8:46.47	44.71	1000m: 14:34.10	44.03	1400m: 20:19.95	43.07
	250m: 3:36.08	44.26	650m: 9:29.66	43.19	1050m: 15:17.06	42.96	1450m: 21:02.94	42.99
	300m: 4:20.12	44.04	700m: 10:12.99	43.33	1100m: 16:00.55	43.49	1500m: 21:44.17	41.23
	350m: 5:04.38	44.26	750m: 10:56.27	43.28	1150m: 16:44.23	43.68		
	400m: 5:48.48	44.10	800m: 11:39.77	43.50	1200m: 17:27.99	43.76		
4.	Leon Slingerland	WVZ	NED 196801707	<b>22:02.31</b>	+0.94			
	50m: 36.38	36.38	450m: 6:24.17	44.13	850m: 12:22.11	45.13	1250m: 18:23.69	44.95
	100m: 1:17.71	41.33	500m: 7:08.71	44.54	900m: 13:07.20	45.09	1300m: 19:08.51	44.82
	150m: 2:00.13	42.42	550m: 7:53.20	44.49	950m: 13:53.10	45.90	1350m: 19:53.02	44.51
	200m: 2:43.33	43.20	600m: 8:37.24	44.04	1000m: 14:38.52	45.42	1400m: 20:37.33	44.31
	250m: 3:27.24	43.91	650m: 9:22.14	44.90	1050m: 15:24.34	45.82	1450m: 21:21.02	43.69
	300m: 4:11.29	44.05	700m: 10:07.18	45.04	1100m: 16:09.27	44.93	1500m: 22:02.31	41.29
	350m: 4:55.72	44.43	750m: 10:51.92	44.74	1150m: 16:53.63	44.36		
	400m: 5:40.04	44.32	800m: 11:36.98	45.06	1200m: 17:38.74	45.11		

Masters 60+

1.	Jon Christensen	Luxembourg Sharks Swimming CLUX	10008	<b>19:18.79</b>	+0.78			
	<i>Luxembourg Masters Record, op 50m, 100m, 200m, 400m, 800m, 1500m</i>							
	50m: 35.09	35.09	450m: 5:42.94	38.18	850m: 10:50.23	38.69	1250m: 16:02.33	39.34
	100m: 1:13.01	37.92	500m: 6:20.88	37.94	900m: 11:29.20	38.97	1300m: 16:41.76	39.43
	150m: 1:51.64	38.63	550m: 6:59.21	38.33	950m: 12:08.35	39.15	1350m: 17:21.25	39.49
	200m: 2:30.39	38.75	600m: 7:37.57	38.36	1000m: 12:47.13	38.78	1400m: 18:00.63	39.38
	250m: 3:08.84	38.45	650m: 8:15.69	38.12	1050m: 13:26.15	39.02	1450m: 18:40.12	39.49
	300m: 3:47.51	38.67	700m: 8:54.21	38.52	1100m: 14:05.09	38.94	1500m: 19:18.79	38.67
	350m: 4:26.16	38.65	750m: 9:32.92	38.71	1150m: 14:43.92	38.83		
	400m: 5:04.76	38.60	800m: 10:11.54	38.62	1200m: 15:22.99	39.07		
2.	Kees-Jan van Overbeeke	WVW Winterswijk	NED 196200489	<b>21:02.36</b>				
	50m: 37.13	37.13	450m: 6:11.76	43.35	850m: 11:51.45	42.00	1250m: 17:35.33	42.61
	100m: 1:17.65	40.52	500m: 6:54.49	42.73	900m: 12:35.04	43.59	1300m: 18:17.91	42.58
	150m: 1:58.61	40.96	550m: 7:37.22	42.73	950m: 13:17.54	42.50	1350m: 19:01.43	43.52
	200m: 2:40.05	41.44	600m: 8:20.25	43.03	1000m: 14:00.66	43.12	1400m: 19:44.32	42.89
	250m: 3:22.33	42.28	650m: 9:02.34	42.09	1050m: 14:43.29	42.63	1450m: 20:24.69	40.37
	300m: 4:04.13	41.80	700m: 9:44.94	42.60	1100m: 15:25.85	42.56	1500m: 21:02.36	37.67
	350m: 4:46.90	42.77	750m: 10:27.21	42.27	1150m: 16:09.64	43.79		
	400m: 5:28.41	41.51	800m: 11:09.45	42.24	1200m: 16:52.72	43.08		
3.	Menno Lomans	PSV	NED 196101071	<b>21:58.34</b>	+0.86			
	50m: 36.86	36.86	450m: 6:26.40	44.42	850m: 12:21.87	44.57	1250m: 18:18.24	44.39
	100m: 1:18.36	41.50	500m: 7:10.83	44.43	900m: 13:06.18	44.31	1300m: 19:02.80	44.56
	150m: 2:01.09	42.73	550m: 7:55.14	44.31	950m: 13:50.64	44.46	1350m: 19:47.79	44.99
	200m: 2:45.24	44.15	600m: 8:39.36	44.22	1000m: 14:35.36	44.72	1400m: 20:32.52	44.73
	250m: 3:29.30	44.06	650m: 9:23.58	44.22	1050m: 15:19.93	44.57	1450m: 21:16.45	43.93
	300m: 4:13.70	44.40	700m: 10:08.14	44.56	1100m: 16:04.56	44.63	1500m: 21:58.34	41.89
	350m: 4:57.64	43.94	750m: 10:52.59	44.45	1150m: 16:49.12	44.56		
	400m: 5:41.98	44.34	800m: 11:37.30	44.71	1200m: 17:33.85	44.73		

Programmanr. 2, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging	tijd	RT	PARA				
4.	Marcel Hoff	Aqua-Novio '94	<b>23:00.03</b>	+0.90					
	50m: 39.40	39.40	450m: 6:51.92	46.13	850m: 13:03.85	46.53	1250m: 19:14.41	46.46	
	100m: 1:23.62	44.22	500m: 7:38.30	46.38	900m: 13:50.10	46.25	1300m: 20:00.57	46.16	
	150m: 2:10.33	46.71	550m: 8:24.78	46.48	950m: 14:36.59	46.49	1350m: 20:46.25	45.68	
	200m: 2:57.32	46.99	600m: 9:11.28	46.50	1000m: 15:22.70	46.11	1400m: 21:30.02	45.77	
	250m: 3:44.69	47.37	650m: 9:57.86	46.58	1050m: 16:08.81	46.11	1450m: 22:18.24	46.22	
	300m: 4:31.63	46.94	700m: 10:45.26	47.40	1100m: 16:54.84	46.03	1500m: 23:00.03	41.79	
	350m: 5:18.68	47.05	750m: 11:31.63	46.37	1150m: 17:40.88	46.04			
	400m: 6:05.79	47.11	800m: 12:17.32	45.69	1200m: 18:27.95	47.07			
5.	Peter Janssen	Team Noord Holland (SG)	<b>23:12.06</b>						
	50m: 39.55	39.55	450m: 6:52.12	46.43	850m: 13:04.01	46.70	1250m: 19:20.16	46.83	
	100m: 1:24.44	44.89	500m: 7:38.61	46.49	900m: 13:51.08	47.07	1300m: 20:06.82	46.66	
	150m: 2:11.26	46.82	550m: 8:25.11	46.50	950m: 14:37.91	46.83	1350m: 20:54.10	47.28	
	200m: 2:58.26	47.00	600m: 9:11.64	46.53	1000m: 15:24.76	46.85	1400m: 21:40.93	46.83	
	250m: 3:45.64	47.38	650m: 9:57.99	46.35	1050m: 16:11.74	46.98	1450m: 22:27.41	46.48	
	300m: 4:32.48	46.84	700m: 10:44.20	46.21	1100m: 16:59.09	47.35	1500m: 23:12.06	44.65	
	350m: 5:19.12	46.64	750m: 11:30.66	46.46	1150m: 17:46.11	47.02			
	400m: 6:05.69	46.57	800m: 12:17.31	46.65	1200m: 18:33.33	47.22			
6.	John Dam	ZIGNEA	<b>24:40.83</b>	+0.81					
	50m: 41.04	41.04	450m: 7:18.89	49.55	850m: 13:57.36	50.30	1250m: 20:35.73	49.81	
	100m: 1:27.19	46.15	500m: 8:08.79	49.90	900m: 14:47.02	49.66	1300m: 21:25.95	50.22	
	150m: 2:16.29	49.10	550m: 8:58.21	49.42	950m: 15:36.35	49.33	1350m: 22:15.56	49.61	
	200m: 3:06.22	49.93	600m: 9:47.80	49.59	1000m: 16:26.17	49.82	1400m: 23:06.05	50.49	
	250m: 3:56.87	50.65	650m: 10:37.80	50.00	1050m: 17:15.84	49.67	1450m: 23:56.25	50.20	
	300m: 4:48.14	51.27	700m: 11:27.79	49.99	1100m: 18:05.66	49.82	1500m: 24:40.83	44.58	
	350m: 5:38.66	50.52	750m: 12:17.47	49.68	1150m: 18:56.06	50.40			
	400m: 6:29.34	50.68	800m: 13:07.06	49.59	1200m: 19:45.92	49.86			
DIS	Casper Dollekamp	Steenwijk 1934			NED 196301341			+0.86	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>								

Masters 65+

1.	Rene Janssen	Team Noord Holland (SG)	<b>21:59.85</b>					
	50m: 38.72	38.72	450m: 6:28.11	44.37	850m: 12:26.66	44.70	1250m: 18:23.30	44.49
	100m: 1:20.70	41.98	500m: 7:13.00	44.89	900m: 13:11.35	44.69	1300m: 19:07.61	44.31
	150m: 2:03.73	43.03	550m: 7:58.51	45.51	950m: 13:55.78	44.43	1350m: 19:51.71	44.10
	200m: 2:47.48	43.75	600m: 8:43.13	44.62	1000m: 14:40.53	44.75	1400m: 20:35.68	43.97
	250m: 3:31.80	44.32	650m: 9:27.95	44.82	1050m: 15:25.30	44.77	1450m: 21:18.77	43.09
	300m: 4:15.05	43.25	700m: 10:12.96	45.01	1100m: 16:09.98	44.68	1500m: 21:59.85	41.08
	350m: 4:59.30	44.25	750m: 10:57.59	44.63	1150m: 16:54.52	44.54		
	400m: 5:43.74	44.44	800m: 11:41.96	44.37	1200m: 17:38.81	44.29		
2.	Henk Slomp	De Inktvis	<b>22:22.74</b>					
	50m: 37.91	37.91	450m: 6:33.30	45.00	850m: 12:35.92	45.29	1250m: 18:41.46	46.22
	100m: 1:20.03	42.12	500m: 7:18.19	44.89	900m: 13:20.74	44.82	1300m: 19:26.22	44.76
	150m: 2:03.26	43.23	550m: 8:02.66	44.47	950m: 14:07.35	46.61	1350m: 20:11.45	45.23
	200m: 2:47.63	44.37	600m: 8:48.28	45.62	1000m: 14:53.21	45.86	1400m: 20:56.48	45.03
	250m: 3:32.59	44.96	650m: 9:33.26	44.98	1050m: 15:39.10	45.89	1450m: 21:42.16	45.68
	300m: 4:17.72	45.13	700m: 10:19.03	45.77	1100m: 16:24.25	45.15	1500m: 22:22.74	40.58
	350m: 5:02.77	45.05	750m: 11:04.64	45.61	1150m: 17:09.77	45.52		
	400m: 5:48.30	45.53	800m: 11:50.63	45.99	1200m: 17:55.24	45.47		
3.	Jan Preuter	De Mors	<b>23:12.79</b>					
	50m: 39.69	39.69	450m: 6:47.63	46.52	850m: 13:03.06	46.86	1250m: 19:18.97	46.61
	100m: 1:24.75	45.06	500m: 7:34.38	46.75	900m: 13:50.20	47.14	1300m: 20:06.07	47.10
	150m: 2:10.65	45.90	550m: 8:21.21	46.83	950m: 14:37.16	46.96	1350m: 20:53.39	47.32
	200m: 2:56.71	46.06	600m: 9:08.27	47.06	1000m: 15:24.09	46.93	1400m: 21:40.66	47.27
	250m: 3:42.46	45.75	650m: 9:55.00	46.73	1050m: 16:11.03	46.94	1450m: 22:27.56	46.90
	300m: 4:28.37	45.91	700m: 10:42.28	47.28	1100m: 16:58.11	47.08	1500m: 23:12.79	45.23
	350m: 5:14.70	46.33	750m: 11:29.12	46.84	1150m: 17:45.18	47.07		
	400m: 6:01.11	46.41	800m: 12:16.20	47.08	1200m: 18:32.36	47.18		
4.	Jaap Vis	TriVia	<b>23:31.05</b>	+0.91				
	50m: 42.43	42.43	450m: 7:02.48	47.72	850m: 13:21.61	47.74	1250m: 19:38.90	47.15
	100m: 1:29.07	46.64	500m: 7:49.73	47.25	900m: 14:08.87	47.26	1300m: 20:26.38	47.48
	150m: 2:16.46	47.39	550m: 8:37.40	47.67	950m: 14:56.49	47.62	1350m: 21:13.42	47.04
	200m: 3:04.69	48.23	600m: 9:24.18	46.78	1000m: 15:44.26	47.77	1400m: 22:00.10	46.68
	250m: 3:52.57	47.88	650m: 10:11.26	47.08	1050m: 16:30.80	46.54	1450m: 22:46.95	46.85
	300m: 4:39.28	46.71	700m: 10:58.65	47.39	1100m: 17:17.96	47.16	1500m: 23:31.05	44.10
	350m: 5:27.09	47.81	750m: 11:46.42	47.77	1150m: 18:04.20	46.24		
	400m: 6:14.76	47.67	800m: 12:33.87	47.45	1200m: 18:51.75	47.55		



Programmanr. 2, Heren, 1500m vrije slag, Masters 80+

rang	naam	vereniging		tijd						RT	PARA	
2.	Rob Hanou	PSV		<b>30:09.95</b>								
	50m:	52.73	52.73	450m:	9:00.10	1:01.18	850m:	17:06.31	1:00.85	1250m:	25:12.79	1:01.01
	100m:	1:53.47	1:00.74	500m:	10:01.71	1:01.61	900m:	18:07.49	1:01.18	1300m:	26:14.02	1:01.23
	150m:	2:54.95	1:01.48	550m:	11:03.06	1:01.35	950m:	19:09.11	1:01.62	1350m:	27:14.50	1:00.48
	200m:	3:56.27	1:01.32	600m:	12:03.71	1:00.65	1000m:	20:10.64	1:01.53	1400m:	28:14.08	59.58
	250m:	4:57.46	1:01.19	650m:	13:04.75	1:01.04	1050m:	21:11.23	1:00.59	1450m:	29:14.09	1:00.01
	300m:	5:57.96	1:00.50	700m:	14:05.12	1:00.37	1100m:	22:11.56	1:00.33	1500m:	30:09.95	55.86
	350m:	6:59.08	1:01.12	750m:	15:04.11	58.99	1150m:	23:12.37	1:00.81			
	400m:	7:58.92	59.84	800m:	16:05.46	1:01.35	1200m:	24:11.78	59.41			

Masters 85+

1.	Frederik Hendrik de Bruijn	CN Aquamasters		ESP						<b>26:45.40</b>		
	<i>Europees Masters Record, 800m Europees Record, *50m, 100m, 200m</i>											
	50m:	51.72	51.72	450m:	7:57.17	53.79	850m:	15:07.73	54.49	1250m:	22:21.49	53.25
	100m:	1:44.10	52.38	500m:	8:50.52	53.35	900m:	16:01.64	53.91	1300m:	23:15.92	54.43
	150m:	2:37.58	53.48	550m:	9:43.95	53.43	950m:	16:55.41	53.77	1350m:	24:10.05	54.13
	200m:	3:30.54	52.96	600m:	10:38.26	54.31	1000m:	17:50.12	54.71	1400m:	25:02.76	52.71
	250m:	4:23.30	52.76	650m:	11:31.50	53.24	1050m:	18:44.60	54.48	1450m:	25:52.49	49.73
	300m:	5:16.72	53.42	700m:	12:26.26	54.76	1100m:	19:39.27	54.67	1500m:	26:45.40	52.91
	350m:	6:09.73	53.01	750m:	13:18.69	52.43	1150m:	20:33.53	54.26			
	400m:	7:03.38	53.65	800m:	14:13.24	54.55	1200m:	21:28.24	54.71			



3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 10  
22-11-2024 - 15:02

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Arjan Dekker	Bubble	NED	200000499	<b>28.02</b>	+0.58	
2.	Bjorn de Heus	Feijenoord Albion Zwemclub	NED	200201077	<b>28.05</b>	+0.66	
3.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>28.93</b>	+0.62	
4.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>29.49</b>	+0.71	
5.	Stijn den Otter	ZZ&PC De Devel	NED	200200225	<b>29.68</b>		
6.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>30.47</b>		
7.	Julian Mes	ZOB'66	NED	200103755	<b>30.75</b>	+0.71	
8.	Wessel Haverkamp	ENC Arnhem	NED	200204755	<b>31.10</b>	+0.70	
9.	Luuk Kresin	Patrick - De Roersoppers (SG)	NED	200303275	<b>31.54</b>	+0.68	
10.	Niels van der Mast	ZOB'66	NED	200401917	<b>31.72</b>	+0.88	
11.	Jochem Janssen	De Gelenberg	NED	200003653	<b>31.74</b>	+0.74	
12.	Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>31.97</b>	+0.66	
13.	Nigel Werring	Zwemlust- den Hommel	NED	200301503	<b>32.37</b>	+0.75	
14.	Sjors Spronk	De Meer	NED	200004145	<b>32.56</b>	+0.75	
15.	Liam Wesemann	MSV-Zeemacht	NED	200300581	<b>32.70</b>	+0.69	
16.	Boaz Troost	ZOB'66	NED	200100371	<b>35.64</b>	+0.61	
<b>Masters 25+</b>							
1.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>28.09</b>	+0.56	
2.	Nils Friese	TPSK 1925 e.V.	GER	333327	<b>28.69</b>	+0.68	
3.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>28.95</b>		
4.	John Smit	Poseidon'56	NED	199500613	<b>29.85</b>	+0.68	
5.	David Kievit	De Schotejil	NED	199900325	<b>30.50</b>	+0.85	
6.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>30.97</b>	+0.66	
7.	Ian van Mullem	ZOB'66	NED	199602545	<b>31.66</b>	+0.60	
8.	Kevin Kingma	ACZ	NED	199700559	<b>32.10</b>	+0.66	
9.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>32.65</b>	+0.67	
10.	Lars Jacobsen	DWK	NED	199705453	<b>34.01</b>	+0.77	526
11.	Job Esink	ENC Arnhem	NED	199801699	<b>36.53</b>	+0.77	
<b>Masters 30+</b>							
1.	Jesper Oranje	De Duck	NED	199200997	<b>27.74</b>	+0.70	
2.	Olaf Achterberg	VZC	NED	199000011	<b>29.14</b>	+0.70	
3.	Jeroen Matthijssen	AZC	NED	199103751	<b>29.45</b>	+0.78	
4.	Joeri van Wallenburg	Onderdak	NED	199004875	<b>30.12</b>	+0.73	
5.	Jeffrey van 't Schip	AZC	NED	199102035	<b>31.70</b>	+0.71	
6.	Patrick Brouwer	AZC	NED	199303715	<b>32.44</b>		
7.	Niels Bent	WS Twente	NED	199400465	<b>32.71</b>	+0.83	
8.	Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>34.55</b>	+0.73	
9.	Lars Duijnhouwer	De Biesboschwemmers	NED	199107161	<b>34.65</b>	+0.75	
10.	Mitchell van Uiter	De Geul	NED	199004067	<b>36.21</b>	+0.64	
11.	Eric Kalee	Zwemvereniging Hoogland	NED	199005307	<b>36.38</b>	+0.86	
12.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	<b>38.26</b>		
13.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	<b>38.44</b>	+0.65	
<b>Masters 35+</b>							
1.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	<b>28.20</b>	+0.73	
2.	Robert Braad	Steenwijk 1934	NED	198600407	<b>30.53</b>	+0.80	
3.	Remco van der Graaf	De Geul	NED	198704007	<b>33.66</b>	+0.76	
4.	Wessel Everloo	WS Twente	NED	198906597	<b>35.38</b>		467
5.	Rudi Butselaar	GoSwim	NED	198700577	<b>36.71</b>	+0.68	

Programmanr. 10, Heren, 50m rugslag

Masters 40+

1.	Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>29.01</b>	+0.81
2.	Nol van Thull	ZOB'66	NED	198001513	<b>29.61</b>	+0.73
3.	Ivan van Omme	De Geul	NED	198201263	<b>30.99</b>	
4.	Tjeerd Visser	ACZ	NED	198001631	<b>31.62</b> *	+0.80
5.	Albert van Piekeren	Swol 1894	NED	198401767	<b>31.75</b>	+0.74
6.	Rene Koedooder	EZV	NED	198200919	<b>32.24</b>	+0.79
7.	Wouter Zijlstra	DAW	NED	198202077	<b>34.16</b>	+0.78
8.	Benoit Gasner	DES	NED	198102645	<b>34.60</b>	+0.65
9.	Bertrand Maillot	Asptt Clermont-Ferrand	FRA	88948	<b>34.85</b>	+0.89
10.	Dmitry Nikolaev	SwimGym	NED	198202763	<b>38.71</b>	+0.95
11.	Jeroen van Esseveldt	Aquapoldro	NED	198102617	<b>54.13</b>	

Masters 45+

1.	Jasper van Heijst	ZPCH	NED	197601699	<b>29.08</b>	+0.64
	<i>Kampioenschapsrecord</i>					
2.	Ruud Holswilder	ZPCH	NED	197800435	<b>29.38</b>	+0.72
3.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>31.12</b>	+0.79
4.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>32.18</b>	+0.64
5.	Erik Tobé	ZOB'66	NED	197901485	<b>37.92</b>	+0.83

Masters 50+

1.	Markus Löber	SSF Bonn	GER	444684	<b>31.40</b>	+0.69
2.	Remco Ooijman	Aqua-Novio '94	NED	197401121	<b>33.30</b>	+0.79
3.	Erwin Veenhoven	ZVL-1886	NED	197101793	<b>36.50</b>	+0.99
4.	Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	<b>38.38</b>	+0.65
5.	Jeroen Hoeksels	ZVVS	NED	197401533	<b>43.05</b>	+0.83

Masters 55+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>29.65</b>	+0.71
2.	Theo Tanis	Feijenoord Albion Zwemclub	NED	196901387	<b>30.16</b>	+0.80
3.	Guido Keutgen	Steenwijk 1934	NED	196801551	<b>31.51</b>	
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>33.10</b>	+0.73
5.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>35.54</b>	+0.82
6.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>36.41</b>	
7.	Erik Saan	De Duck	NED	196500769	<b>37.87</b>	+0.84
8.	Jeroen Wilmer	EZV	NED	196601711	<b>38.40</b>	+0.78
9.	Maarten Koolman	Steenwijk 1934	NED	196801649	<b>1:00.55</b>	+0.94

Masters 60+

1.	Peter Bernsen	De Rog	NED	196301119	<b>31.74</b>	+0.71
2.	Erik Kamphuis	De Rog	NED	196001035	<b>34.72</b>	+0.67
3.	Casper Dollekamp	Steenwijk 1934	NED	196301341	<b>38.87</b>	+0.81
4.	John Dam	ZIGNEA	NED	196000915	<b>43.78</b>	+0.80
5.	Jan Haitsma	De Spatters	NED	196000929	<b>45.04</b>	+0.80
NG.ZA	Jiri Janovsky	Plavecký klub Stráz pod Ralskem	CZE	115000		

Masters 65+

1.	Wim de Lange	AZC	NED	195800533	<b>42.30</b>	
2.	André Pantekoek	PSV	NED	195800321	<b>45.66</b>	+0.83
3.	Peter Coffeng	GZC Donk	NED	195700063	<b>49.12</b>	+0.89

Masters 70+

1.	Hans Piederiet	Hoeksche Waard (SGHW) (SG)	NED	195400177	<b>38.46</b> *	+0.74
2.	Rob Berkhof	Swol 1894	NED	195200245	<b>47.47</b>	+0.92

Programmanr. 10, Heren, 50m rugslag

Masters 75+

1.	Willem Putter	ZVVS	NED	194500135	<b>48.87</b>	+0.93
2.	Mans Buis	Swol 1894	NED	194700133	<b>49.17</b>	
3.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	<b>1:06.19</b>	

Masters 80+

1.	Rob Hanou	PSV	NED	194300109	<b>54.12</b>	
2.	Nico Baay	Old Dutch	NED	194200053	<b>56.76</b>	+0.70

7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 42  
24-11-2024 - 17:03

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Jay de Vries <i>Nederlands Masters Record</i>	Blue Marlins	NED	200400669	<b>54.94</b>	+0.58		26.35	54.94
2. Sander Iuga	Feijenoord Albion Zwemclub	NED	200101389	<b>59.57</b>	+0.56		28.76	59.57
3. Daan Hogerhuis	De Columbiaan	NED	200300317	<b>59.93</b>	+0.67		28.71	59.93
4. Jasper Breugem	WVZ	NED	200000303	<b>1:01.92</b>	+0.71		30.28	1:01.92
5. Teun van der Schrier	Hieronymus	NED	200403627	<b>1:02.76</b>	+0.68		30.13	1:02.76
6. Guus Hoogduin	ZVL-1886	NED	200201069	<b>1:03.37</b>	+0.70		30.37	1:03.37
7. Ian Terlouw	ZPC Woerden	NED	200002345	<b>1:03.50</b>	+0.65		30.65	1:03.50
8. Dave van den Nieuwendijk	De Columbiaan	NED	200100475	<b>1:04.80</b>	+0.75		31.04	1:04.80
9. Nigel Werring	Zwemlust- den Hommel	NED	200301503	<b>1:08.14</b>	+0.64		33.24	1:08.14
10. Rik Stahlie	TriVia	NED	200201915	<b>1:10.19</b>	+0.67		34.20	1:10.19
11. Mike Boukes	De Kempvis	NED	200301215	<b>1:12.55</b>	+0.62		35.46	1:12.55
12. Liam Wesemann	MSV-Zeemacht	NED	200300581	<b>1:12.78</b>	+0.63		34.36	1:12.78
<b>Masters 25+</b>								
1. Radek Chupka	SwimGym	NED	199605887	<b>59.49</b>	+0.84		28.69	59.49
2. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>1:01.92</b>	+0.70		29.81	1:01.92
3. David Kievit	De Schotelijk	NED	199900325	<b>1:04.38</b>	+0.87		31.54	1:04.38
4. Jordy van Oel	WVZ	NED	199802003	<b>1:08.06</b>	+0.67		32.97	1:08.06
5. Tim van Grunsven	De Treffers	NED	199804535	<b>1:10.31</b>	+0.67		33.60	1:10.31
6. Remco Visser	ZPC Woerden	NED	199503185	<b>1:17.72</b>	+0.85		37.45	1:17.72
<b>Masters 30+</b>								
1. Ensger Kotterink <i>Nederlands Masters Record, voor 50, 100m</i>	Feijenoord Albion Zwemclub	NED	199403391	<b>55.57</b>	+0.55		26.17	55.57
2. Jesper Oranje	De Duck	NED	199200997	<b>59.80</b>	+0.64		29.49	59.80
3. Niels Bent	WS Twente	NED	199400465	<b>1:11.03</b>	+0.85		34.30	1:11.03
4. Patrick Brouwer	AZC	NED	199303715	<b>1:11.61</b>	+0.79		33.50	1:11.61
NG Jeroen Matthijssen	AZC	NED	199103751					
NG Stefan Roovers	Onderdak	NED	199102753					
<b>Masters 35+</b>								
1. Niklas Kunst	TPSK 1925 e.V.	GER	115532	<b>59.37</b>	+0.62		28.51	59.37
2. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	<b>1:01.54</b>	+0.77		29.53	1:01.54
3. Robert Braad	Steenwijk 1934	NED	198600407	<b>1:05.04</b>	+0.76		30.89	1:05.04
4. Wessel Everloot	WS Twente	NED	198906597	<b>1:14.87</b>		S14	36.43	1:14.87
5. Remco van der Graaf	De Geul	NED	198704007	<b>1:15.12</b>	+0.83	453	37.70	1:15.12
<b>Masters 40+</b>								
1. Alan Smeets	Zwemsport Parkstad	NED	198402089	<b>1:02.46</b>	+0.74		29.85	1:02.46
2. Paul Oudendijk	DAW	NED	198101287	<b>1:06.75</b>	+0.82		32.45	1:06.75
3. Nol van Thull	ZOB'66	NED	198001513	<b>1:07.68</b>	+0.74		32.73	1:07.68
4. Ivan van Omme	De Geul	NED	198201263	<b>1:08.72</b>	+0.79		33.40	1:08.72
5. Tjeerd Visser	ACZ	NED	198001631	<b>1:08.89</b>	+0.78		33.40	1:08.89
6. Heijmen van Vliet	De Geul	NED	198001637	<b>1:09.00</b>	+0.62		33.62	1:09.00
7. Dirk Smit	DBD	NED	198101559	<b>1:09.07</b>	+0.72		33.81	1:09.07
8. Albert van Piekeren	Swol 1894	NED	198401767	<b>1:10.06</b>	+0.76		33.65	1:10.06
9. W. Camargo	ZZ&PC De Devel	NED	198002547	<b>1:13.95</b>	+0.70		35.82	1:13.95
10. Oscar Monge	IJZPC	NED	198102599	<b>1:17.45</b>	+0.72		36.13	1:17.45

Programmanr. 42, Heren, 100m rugslag

Masters 45+

1. Ruud Holswilder	ZPCH	NED	197800435	<b>1:03.79</b>	+0.70	31.02	1:03.79
2. Jasper van Heijst	ZPCH	NED	197601699	<b>1:04.83</b>	+0.70	31.38	1:04.83
3. Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>1:08.65</b>	+0.65	33.61	1:08.65
4. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:10.08</b>	+0.78	34.11	1:10.08
5. Jeroen Meuleners	Patrick - De Roersoppers (SG)	NED	197800703	<b>1:13.13</b>	+0.76	35.78	1:13.13

Masters 50+

1. Bruno Nahon	Cercle De Natation Sportcity VBELwe CNSW/000390/70	NED	197101629	<b>1:18.60</b>	+0.80	38.42	1:18.60
2. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:23.55</b>	+0.82	42.05	1:23.55
3. Jeroen Hoeksel	ZVVS	NED	197401533	<b>1:32.90</b>	+0.84	44.02	1:32.90

Masters 55+

1. Jan-Willem van den Berg	WVZ	NED	196801575	<b>1:07.67</b>	+0.70	32.74	1:07.67
2. Marcel Vroegindewei	Poseidon'56	NED	196801709	<b>1:14.53</b>	+0.70	36.32	1:14.53
3. Pascal Tourton	ZOB'66	NED	196601343	<b>1:16.82</b>		37.86	1:16.82
4. Nico Swart	De Biesboschzwemmers	NED	196801475	<b>1:17.14</b>	+0.79	37.48	1:17.14
5. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:18.60</b>	+0.69	37.61	1:18.60
6. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	<b>1:19.86</b>	+0.81	39.13	1:19.86
7. Erik Saan	De Duck	NED	196500769	<b>1:25.29</b>	+0.81	41.28	1:25.29

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>1:09.69</b>	+0.78	33.80	1:09.69
2. Peter Bernsen	De Rog	NED	196301119	<b>1:09.92</b>	+0.62	33.71	1:09.92
3. Erik Kamphuis	De Rog	NED	196001035	<b>1:14.22</b>	+0.69	36.61	1:14.22
4. Hans Vloedgraven	Old Dutch	NED	196400917	<b>1:18.12</b>	+0.77	38.76	1:18.12
5. Menno Lomans	PSV	NED	196101071	<b>1:25.99</b>	+0.83	42.28	1:25.99
6. Jiri Janovsky	Plavecký klub Stráz pod Ralsk	CZE	115000	<b>1:32.79</b>	+0.79	45.44	1:32.79
7. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	<b>1:35.05</b>	+0.84	45.33	1:35.05

Masters 65+

1. Paul Bunnik	Triton	NED	195600413	<b>1:27.79</b>	+0.72	42.14	1:27.79
2. Wim de Lange	AZC	NED	195800533	<b>1:30.07</b>	+0.68	45.20	1:30.07

Masters 70+

1. Hans Piederiet	Hoeksche Waard (SGHW) (SC)	NED	195400177	<b>1:28.31</b>	+0.71	42.76	1:28.31
2. Rob Berkhof	Swol 1894	NED	195200245	<b>1:43.30</b>		50.67	1:43.30

Masters 75+

1. Mans Buis	Swol 1894	NED	194700133	<b>2:00.75</b>	+0.91	1:00.18	2:00.75
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	<b>1:56.87</b>	+0.88	56.87	1:56.87
2. Nico Baay	Old Dutch	NED	194200053	<b>2:04.05</b>	+0.91	55.35	2:04.05

5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 20  
23-11-2024 - 13:30

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Jay de Vries	Blue Marlins	NED 200400669	<b>2:02.31</b>	+0.60	27.45	58.36	1:30.35	2:02.31
<i>Nederlands Masters Record</i>								
2. Wouter Zijlstra	HZ&PC Heerenveen	NED 200401545	<b>2:08.06</b>	+0.63	29.24	1:01.88	1:35.00	2:08.06
3. Jasper Breugem	WVZ	NED 200000303	<b>2:11.35</b>	+0.74	30.74	1:03.88	1:37.40	2:11.35
4. Guus Hoogduin	ZVL-1886	NED 200201069	<b>2:17.17</b>	+0.72	32.47	1:06.99	1:42.29	2:17.17
5. D. van den Nieuwendijk	De Columbiaan	NED 200100475	<b>2:21.04</b>	+0.74	31.87	1:07.45	1:44.30	2:21.04
6. Ian Terlouw	ZPC Woerden	NED 200002345	<b>2:21.05</b>	+0.67	31.83	1:07.11	1:44.08	2:21.05
7. Nigel Werring	Zwemlust- den Hommel	NED 200301503	<b>2:25.35</b>	+0.67	34.14	1:11.41	1:49.20	2:25.35
8. Rik Stahlie	TriVia	NED 200201915	<b>2:28.69</b>	+0.74	34.93	1:12.90	1:51.15	2:28.69
9. Luuk Kresin	Patrick - De Roersoppers (S	NED 200303275	<b>2:37.54</b>	+0.73	35.33	1:14.66	1:56.08	2:37.54
<b>Masters 25+</b>								
1. Richard Kuipers	HZ&PC Heerenveen	NED 199704171	<b>2:16.84</b>	+0.68	31.11	1:05.03	1:40.32	2:16.84
2. David Kievit	De Schotejil	NED 199900325	<b>2:21.10</b>	+0.89	32.79	1:08.54	1:45.19	2:21.10
3. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:22.79</b>	+0.72	33.79	1:10.40	1:46.62	2:22.79
4. Jordy van Oel	WVZ	NED 199802003	<b>2:26.02</b>		33.40	1:09.92	1:47.77	2:26.02
5. Hugo Herbers	Swol 1894	NED 199500507	<b>2:37.80</b>	+0.75	37.15	1:17.31	1:57.97	2:37.80
<b>Masters 30+</b>								
1. Mike Schel	ENC Arnhem	NED 199403279	<b>2:19.06</b>		32.34	1:07.12	1:43.34	2:19.06
2. Olaf Achterberg	VZC	NED 199000011	<b>2:20.26</b>	+0.73	32.54	1:08.73	1:44.61	2:20.26
3. Tim Bunnik	Triton	NED 199000505	<b>2:22.16</b>	+0.86	33.75	1:09.65	1:46.33	2:22.16
4. Jeroen Matthijssen	AZC	NED 199103751	<b>2:23.69</b>	+0.77	32.58	1:09.21	1:46.60	2:23.69
5. Stefan Roovers	Onderdak	NED 199102753	<b>2:28.40</b>	+0.74	32.94	1:09.25	1:48.57	2:28.40
6. Patrick Brouwer	AZC	NED 199303715	<b>2:36.97</b>	+0.73	35.33	1:15.36	1:57.27	2:36.97
7. Niels Bent	WS Twente	NED 199400465	<b>2:38.48</b>	+0.82	33.87	1:12.42	1:54.70	2:38.48
8. Jeroen Keizer	De Watervogels	NED 199005097	<b>2:48.82</b>	+0.75	39.49	1:22.34	2:06.23	2:48.82
9. Richard Heijnen	Zwemclub Polaris	NED 199107793	<b>2:57.80</b>		41.91	1:26.47	2:12.56	2:57.80
<b>Masters 35+</b>								
1. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	<b>2:17.96</b>	+0.80	31.23	1:05.99	1:41.89	2:17.96
2. Robert Braad	Steenwijk 1934	NED 198600407	<b>2:21.91</b>	+0.80	33.01	1:09.00	1:45.82	2:21.91
3. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:26.78</b>	+0.87	35.53	1:11.87	1:49.12	2:26.78
4. Wessel Everloo	WS Twente	NED 198906597	<b>2:33.24</b>		36.75	1:15.67	1:54.81	2:33.24
5. Remco van der Graaf	De Geul	NED 198704007	<b>2:40.59</b>	+0.89	38.38	1:19.55	2:02.01	2:40.59
6. Harmen Reemst	ZOB'66	NED 198702715	<b>2:43.84</b>	+0.64	37.10	1:17.91	2:01.03	2:43.84
<b>Masters 40+</b>								
1. Paul Oudendijk	DAW	NED 198101287	<b>2:24.84</b>	+0.78	34.74	1:11.41	1:49.15	2:24.84
2. Heijmen van Vliet	De Geul	NED 198001637	<b>2:26.03</b>	+0.62	35.03	1:12.15	1:49.44	2:26.03
3. Arjan Prins	Dedemsvaart-AC	NED 198201383	<b>2:27.42</b>	+0.71	34.38	1:11.13	1:49.46	2:27.42
4. Frank v.d. Voordt	De Schotejil	NED 198302259	<b>2:28.96</b>	+0.75	35.37	1:12.85	1:50.99	2:28.96
5. Dirk Smit	DBD	NED 198101559	<b>2:30.42</b>	+0.70	34.62	1:12.17	1:50.67	2:30.42
6. Tjeerd Visser	ACZ	NED 198001631	<b>2:33.56</b>	+0.77	33.44	1:11.14	1:51.89	2:33.56
7. Bertrand Maillet	Asptt Clermont-Ferrand	FRA 88948	<b>2:42.44</b>	+0.83	37.98	1:20.43	2:02.66	2:42.44
8. Oscar Monge	IJZPC	NED 198102599	<b>2:48.76</b>	+0.72	38.08	1:20.21	2:03.85	2:48.76

Programmanr. 20, Heren, 200m rugslag

Masters 45+

1. Ivo Roozeboom	WVZ	NED 197700801	<b>2:20.41</b>	+0.74	32.95	1:08.78	1:44.89	2:20.41
2. Mark Hensen	Niemo Barracuda	NED 197900497	<b>2:21.45</b>	+0.79	33.05	1:08.94	1:45.20	2:21.45
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:33.66</b>	+0.70	36.25	1:14.86	1:54.57	2:33.66
4. Markus van Rest	WVZ	NED 197701197	<b>2:35.32</b>	+0.76	36.42	1:14.84	1:55.43	2:35.32
5. Jeroen Meuleners	Patrick - De Roersoppers (SCNED)	197800703	<b>2:36.16</b>		36.51	1:15.60	1:55.76	2:36.16

Masters 50+

1. René de Bruin	Sassenheim	NED 197100143	<b>2:40.95</b>	+0.82	37.30	1:17.18	1:59.02	2:40.95
2. Korstiaan de Boer * 100m	Steenwijk 1934	NED 197101629	<b>2:54.26</b>		42.49	1:25.97	2:11.50	2:54.26
3. Paul Bosch	Team Noord Holland (SG)	NED 197201533	<b>2:55.01</b>	+0.84	41.70	1:25.23	2:11.02	2:55.01
4. Jeroen Hoeksel	ZVVS	NED 197401533	<b>3:17.22</b>	+0.83	46.09	1:36.32	2:26.95	3:17.22

Masters 55+

1. J. van den Berg	WVZ	NED 196801575	<b>2:28.18</b>	+0.73	33.02	1:09.84	1:48.21	2:28.18
2. Erlend Alstad	Oslo I.L	NOR M210367ERL02	<b>2:33.43</b>	+0.86	37.94	1:16.67	1:55.45	2:33.43
3. Ron Korzelius	ZPC AMERSFOORT	NED 196500513	<b>2:44.57</b>	+0.81	39.79	1:21.40	2:03.88	2:44.57
4. Nico Swart	De Biesboschzwemmers	NED 196801475	<b>2:50.12</b>	+0.83	39.16	1:21.68	2:06.17	2:50.12
5. Erik Saan	De Duck	NED 196500769	<b>3:07.38</b>	+0.85	43.11	1:30.68	2:19.72	3:07.38
DIS Arjan Bellaart	Oceanus	NED 196900079						

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de antiekplaat indien er bij de start een rugslagvoetsteun is gebruikt.

Masters 60+

1. Johan Remmits <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED 196201159	<b>2:29.48</b>	+0.80	35.59	1:13.43	1:51.97	2:29.48
2. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	<b>2:31.80</b>	+0.89	36.08	1:15.16	1:53.99	2:31.80
3. Erik Kamphuis	De Rog	NED 196001035	<b>2:44.43</b>	+0.77	38.27	1:20.16	2:02.81	2:44.43
4. Hans Vloedgraven	Old Dutch	NED 196400917	<b>2:46.97</b>	+0.74	40.85	1:22.24	2:05.05	2:46.97
5. Eric Langhorst	RZC	NED 196201299	<b>3:07.17</b>	+0.86	44.50	1:32.48	2:21.40	3:07.17
6. André Schutte	ZPC De Zeeuwse Kust	NED 196000521	<b>3:22.14</b>	+0.86	46.27	1:36.54	2:29.28	3:22.14
7. Casper Dollekamp	Steenwijk 1934	NED 196301341	<b>3:35.88</b>	+0.85	43.73	1:33.36	2:32.42	3:35.88

Masters 65+

1. André Pantekoek	PSV	NED 195800321	<b>3:45.14</b>		53.14	1:51.45	2:50.58	3:45.14
2. Günther Brod	SSG Saar Max Ritter SV08	GER 234041	<b>4:08.92</b>	+0.71	59.98	2:04.83	3:07.34	4:08.92

Masters 70+

1. Hans Piederiet	Hoeksche Waard (SGHW) (SNED)	195400177	<b>3:12.75</b>	+0.75	43.18	1:30.87	2:22.00	3:12.75
2. Rob Berkhof	Swol 1894	NED 195200245	<b>3:44.94</b>	+0.99	53.00	1:50.54	2:48.41	3:44.94

Masters 75+

1. Mans Buis	Swol 1894	NED 194700133	<b>4:09.10</b>	+0.83	58.93	2:01.96	3:05.87	4:09.10
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Programmanr. 22  
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Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Jason van den Berg <i>Nederlands Masters Record</i>	Blue Marlins	NED	200400009	<b>27.46</b>	+0.64	
2.	Brandon van den Berg	Blue Marlins	NED	200200669	<b>27.85</b>	+0.70	
3.	Lucas Douwma	ZPCH	NED	200401337	<b>29.39</b>	+0.65	
4.	Darren Chen	ZPC AMERSFOORT	NED	200001149	<b>29.61</b>	+0.61	
5.	Arjan Dekker	Bubble	NED	200000499	<b>29.83</b>	+0.61	
6.	Junior Vermeulen	De Bevelanders	NED	200103363	<b>30.05</b>	+0.68	
7.	Thomas Vastenhout	ZPCH	NED	200204545	<b>30.37</b>	+0.66	
8.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>30.62</b>	+0.63	
9.	Dave van den Nieuwendijk	De Columbiaan	NED	200100475	<b>30.80</b>	+0.72	
10.	Robin van Muijen	ZVL-1886	NED	200201059	<b>30.92</b>	+0.77	
11.	Tim Speijer	Bubble	NED	200301661	<b>30.93</b>	+0.68	
12.	Mart de Koning	ZOB'66	NED	200203253	<b>31.19</b>	+0.67	
13.	Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	<b>31.46</b>	+0.66	
14.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>32.15</b>	+0.65	
15.	Milan de Roo	ZPC Woerden	NED	200102215	<b>32.32</b>	+0.57	
16.	Liam Wesemann	MSV-Zeemacht	NED	200300581	<b>32.61</b>	+0.69	
17.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>32.64</b>	+0.63	
18.	Jort Vizeé	De Duck	NED	200201779	<b>32.90</b>	+0.64	
19.	Nino van Krimpen	ZOB'66	NED	200004611	<b>33.12</b>	+0.71	
20.	Lucas Muntinga	ZPCH	NED	200300123	<b>33.88</b>	+0.65	
21.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>33.92</b>	+0.73	
22.	Lasse Ophuis	WS Twente	NED	200400027	<b>33.97</b>	+0.85	
23.	Jens Kooijman	De Schotejil	NED	200200633	<b>34.26</b>	+0.76	
24.	Boaz Troost	ZOB'66	NED	200100371	<b>34.90</b>	+0.61	
25.	Rens Hoogenboom	Neptunus'58	NED	200403893	<b>34.95</b>	+0.60	
26.	Jorick van Bon	ZPC AMERSFOORT	NED	200300091	<b>35.14</b>	+0.75	
27.	Rick Haanschoten	SZV Aquifer	NED	200100291	<b>35.86</b>	+0.69	
28.	Lanco Manaf	Het Ravijn	NED	200402715	<b>36.73</b>	+0.71	

**Masters 25+**

1.	Nils Friese	TPSK 1925 e.V.	GER	333327	<b>29.91</b>	+0.69	
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>30.05</b>	+0.65	
3.	Bert Duivenvoorde	De Columbiaan	NED	199701805	<b>30.07</b>	+0.68	
4.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>31.17</b>	+0.75	
5.	Nick Bongers	SBC2000	NED	199800843	<b>31.63</b>	+0.65	
6.	Jelle Nap	VZC	NED	199502875	<b>31.67</b>	+0.73	
7.	Mees Laar	ENC Arnhem	NED	199601719	<b>32.36</b>	+0.66	
8.	John Smit	Poseidon'56	NED	199500613	<b>32.56</b>	+0.69	
9.	Sam Beer	Poseidon'56	NED	199605521	<b>32.82</b>	+0.67	
10.	Fedde Beukers	Aqua-Novio '94	NED	199701007	<b>32.83</b>	+0.77	
11.	Sander van Bentum	Hieronymus	NED	199602391	<b>33.20</b>	+0.66	
12.	Laurens Spoelstra	WS Twente	NED	199901273	<b>34.17</b>	+0.76	
13.	Jasper van den Broek	De Watervogels	NED	199903313	<b>34.64</b>	+0.64	
14.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>35.39</b>	+0.73	
15.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	<b>36.25</b>	+0.70	
16.	Nick Boekestijn	Westland Swimming Stars	NED	199900291	<b>36.61</b>	+0.65	
17.	Marijn Heetkamp	Het Ravijn	NED	199903407	<b>36.88</b>	+0.73	
18.	Jeroen van Dinther	Neptunus'58	NED	199701569	<b>36.99</b>	+0.71	
19.	Sven Dubbeld	De Schotejil	NED	199601141	<b>37.17</b>	+0.76	



Programmanr. 22, Heren, 50m schoolslag

Masters 30+

1.	Ensger Kotterink <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	199403391	<b>27.79</b>	+0.61
2.	Jeroen Baars	Niemo Barracuda	NED	199200031	<b>29.16</b>	+0.67
3.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	<b>29.66</b>	+0.66
4.	Stefan Petersen	Blue Marlins	NED	199403067	<b>29.93</b>	+0.68
5.	Simon Edenburg	Onderdak	NED	199301567	<b>29.99</b>	+0.65
6.	Ondrej Piskac	Plavani ELMA Kladno z.s	CZE		<b>30.37</b>	+0.68
7.	Steven Uijl	Aqua-Novio '94	NED	199304075	<b>31.86</b>	+0.66
8.	Patrick Creemers	Patrick - De Roersoppers (SG)	NED	199000579	<b>32.16</b>	+0.68
9.	Lars Duijnhouwer	De Biesboschzwemmers	NED	199107161	<b>33.50</b>	+0.75
10.	Robin van Beusekom	Niemo Barracuda	NED	199205841	<b>34.19</b>	+0.78
11.	Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>34.44</b>	+0.75
12.	Cars Wiegmann	WS Twente	NED	199401025	<b>37.10</b>	+0.70
13.	Owen Louwes	BZ&PC	NED	199101487	<b>37.45</b>	+0.78
14.	Patrick Wobben	Steenwijk 1934	NED	199300559	<b>38.54</b>	+0.81
15.	Sybren Groenewegen	De Schotejil	NED	199306223	<b>39.13</b>	+0.77

Masters 35+

1.	Niklas Kunst	TPSK 1925 e.V.	GER	115532	<b>29.90</b>	+0.64
2.	Sander de Vrugt	ENC Arnhem	NED	198903499	<b>30.71</b>	+0.60
3.	Jiri Janovsky	Autoškoda Mladá Boleslav	CZE	3247000	<b>30.73</b>	+0.76
4.	Zdenek Hruby	SppBr - SPORT performance, z.	CZE	63466077	<b>30.93</b>	+0.72
5.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>31.86</b>	+0.76
6.	Hans van Wijk	BZ&PC	NED	198903605	<b>31.91</b>	+0.65
7.	Roderik Meijers	ZOB'66	NED	198602063	<b>31.94</b>	+0.72
8.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>32.36</b>	+0.73
9.	Ricardo van Dam	AZC	NED	198503965	<b>33.37</b>	+0.70
10.	Dennis Kraakman	DAW	NED	198705325	<b>33.94</b>	+0.71
11.	Stefan van de Grift	Swol 1894	NED	198701121	<b>35.40</b>	+0.78
12.	Harmen Reemst	ZOB'66	NED	198702715	<b>36.81</b>	+0.74
13.	Robert Spekhorst	De Mors	NED	198703141	<b>38.06</b>	+0.66

Masters 40+

1.	Jakub Horacek <i>Czech Masters Record</i>	VSK Univerzita Brno	CZE		<b>29.17</b>	+0.68
2.	Ivan van Omme	De Geul	NED	198201263	<b>31.92</b>	+0.66
3.	Simon van Ravesteijn	WVZ	NED	198002263	<b>32.93</b>	+0.74
4.	Dennis de Groot	De Zwoer	NED	198300785	<b>33.26</b>	+0.64
5.	Jim Geestman	Poseidon'56	NED	198300699	<b>34.13</b>	+0.83
6.	Harm Jan Otter	Het Ravijn	NED	198101283	<b>35.19</b>	+0.90
7.	Wouter Zijlstra	DAW	NED	198202077	<b>35.24</b>	+0.76
8.	Roderic Perez	SwimGym	NED	198202761	<b>35.57</b>	+0.75
9.	William Kruihof	Het Ravijn	NED	198000857	<b>35.87</b>	
10.	Jan-Eggo Huininga	HZ&PC Heerenveen	NED	198401001	<b>36.25</b>	+0.94
11.	Peter Herzig	Schwimverein beider Basel	SUI	110273	<b>38.46</b>	+0.78

Masters 45+

1.	Maarten van der Zwan	Scheldestroom	NED	197501017	<b>32.09</b>	+0.78
2.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>32.12</b>	+0.71
3.	Casper Tichelaar	HZ&PC Heerenveen	NED	197901215	<b>32.37</b>	+0.68
4.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>33.00</b>	+0.65
5.	Klaas Poelstra	H2Oldambt	NED	197800825	<b>33.96</b>	+0.82
6.	Mark Zwart	Zwemlust- den Hommel	NED	197901461	<b>34.56</b>	+0.81
7.	Christiaan Bouwmeester	SBC2000	NED	197600127	<b>36.82</b>	+0.81
8.	Robin Roskam	De Duinkickers	NED	197801831	<b>37.49</b>	
9.	Alfonso Verkerk	Blue Marlins	NED	197601665	<b>39.38</b>	+0.80
10.	Tom Bandsma	PSV	NED	197701625	<b>39.48</b>	+0.97
11.	Erik Tobé	ZOB'66	NED	197901485	<b>39.50</b>	+0.89

Programmanr. 22, Heren, 50m schoolslag

Masters 50+

1.	Marco Booij	ZPB H&L Productions	NED	197300109	<b>31.60</b>	
	<i>Nederlands Masters Record</i>					
2.	Gerrit Orthofer	Team Noord Holland (SG)	NED	197001813	<b>33.56</b>	+0.70
3.	Ronald van Ombergen	ZPC De Zeeuwse Kust	NED	197201685	<b>33.61</b>	+0.83
4.	Richard Ricksen	Hellas-Glana	NED	197000841	<b>33.90</b>	+0.79
5.	Lubos Svanda	VSK Univerzita Brno	CZE		<b>34.19</b>	+0.67
6.	Jacco Schaap	PSV	NED	197401611	<b>34.47</b>	+0.72
7.	Michael van Bekkum	Swol 1894	NED	197200051	<b>35.56</b>	+0.73
8.	Sagar Jaivant	WZK Zwemmen	NED	197401615	<b>35.81</b>	
9.	Bas Kremers	TRB-RES	NED	197201611	<b>36.56</b>	+0.69
10.	Martijn de Jong	DWK	NED	197101659	<b>36.96</b>	+0.81
11.	Alberto Randazzo	DES	NED	197101757	<b>39.93</b>	+0.73
AFGEM	Antwan van Engen	CWW Swim team (SG)	NED	197101577		

Masters 55+

1.	Harold Matla	PSV	NED	196800591	<b>31.79</b>	+0.80
	<i>Nederlands Masters Record</i>					
2.	Patrick Juncker	Luxembourg Sharks Swimming	CLUX	136	<b>35.23</b>	+0.83
3.	Bob de Vries	Octopus - ZVV (SG)	NED	196601101	<b>35.37</b>	+0.69
4.	Marcel Jonkman	Aqualero	NED	196801389	<b>35.76</b>	+0.80
5.	Pascal Tourton	ZOB'66	NED	196601343	<b>37.05</b>	+0.82
6.	Nico Swart	De Biesboschzwemmers	NED	196801475	<b>37.59</b>	+0.84
7.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>38.46</b>	+0.80
8.	Joop Weenink	WS Twente	NED	196801535	<b>39.62</b>	+0.86
9.	Gertjan van der Vaart	ZVVS	NED	196801529	<b>42.49</b>	+0.76

Masters 60+

1.	Theo Bakker	TriVia	NED	196401231	<b>36.34</b>	+0.78
2.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>36.42</b>	+0.79
3.	Jon Christensen	Luxembourg Sharks Swimming	CLUX	10008	<b>36.67</b>	+0.75
	<i>Luxembourg Masters Record</i>					
4.	Jack Barends	WS Twente	NED	196201011	<b>43.79</b>	+0.88
5.	Pierre de Groot	GZC Donk	NED	196401431	<b>43.94</b>	+0.90

Masters 65+

1.	Wim de Lange	AZC	NED	195800533	<b>40.73</b>	+0.68
2.	Christian Schoenaers	Cercle De Natation Sportcity WolBEL	CNSW/007131/59		<b>41.03</b>	+0.95
3.	Philippe Godbille	Cercle De Natation Sportcity WolBEL	CNSW/000230/57		<b>41.66</b>	+0.98
4.	Peter Coffeng	GZC Donk	NED	195700063	<b>44.77</b>	+0.54
5.	André Pantekoek	PSV	NED	195800321	<b>48.09</b>	
6.	Jappie Kuiper	Swol 1894	NED	195500417	<b>50.43</b>	+0.95

Masters 70+

1.	Harry Dokter	Swol 1894	NED	195100037	<b>40.66</b>	+0.84
2.	Charles Bos	Patrick - De Roersoppers (SG)	NED	195300019	<b>40.72</b>	+0.78

Masters 75+

1.	Willem Putter	ZVVS	NED	194500135	<b>50.89</b>	
2.	Mans Buis	Swol 1894	NED	194700133	<b>57.08</b>	+0.78
3.	Nico van Dongen	<td>NED</td> <td>194800159</td> <td><b>1:05.21</b></td> <td></td>	NED	194800159	<b>1:05.21</b>	

Programmanr. 22, Heren, 50m schoolslag

Masters 80+

1. Nico Baay	Old Dutch	NED	194200053	<b>49.63</b>	+0.68
2. Rob Hanou	PSV	NED	194300109	<b>49.96</b>	

2 - ONMK 2024 kb - Sessie 2

22-11-2024 - 9:30

Programmanr. 6  
22-11-2024 - 12:11

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Jason van den Berg	Blue Marlins	NED	200400009	<b>1:01.00</b>	+0.65		27.83	1:01.00
<i>Nederlands Masters Record, voor 50, 100m</i>								
2. Darren Chen	ZPC AMERSFOORT	NED	200001149	<b>1:05.33</b>	+0.63		30.13	1:05.33
3. Dave van den Nieuwendijk	De Columbiaan	NED	200100475	<b>1:06.03</b>	+0.75		30.84	1:06.03
4. Arjan Dekker	Bubble	NED	200000499	<b>1:06.61</b>	+0.62		30.78	1:06.61
5. Junior Vermeulen	De Bevelanders	NED	200103363	<b>1:07.41</b>	+0.67		30.97	1:07.41
6. Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>1:07.43</b>			30.93	1:07.43
7. Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	<b>1:08.97</b>	+0.66		31.83	1:08.97
8. Robin Schols	ACZ	NED	200400433	<b>1:09.49</b>	+0.66		31.78	1:09.49
9. Tim Speijer	Bubble	NED	200301661	<b>1:09.78</b>	+0.70		32.38	1:09.78
10. Robin van Muijen	ZVL-1886	NED	200201059	<b>1:10.94</b>	+0.74		31.67	1:10.94
11. Stijn den Otter	ZZ&PC De Devel	NED	200200225	<b>1:12.03</b>	+0.62		33.02	1:12.03
12. Rens Hoogenboom	Neptunus'58	NED	200403893	<b>1:19.28</b>	+0.60		36.20	1:19.28
<b>Masters 25+</b>								
1. Bert Duivenvoorde	De Columbiaan	NED	199701805	<b>1:05.65</b>	+0.69		30.73	1:05.65
2. Ryan van den Ouden	Poseidon'56	NED	199900377	<b>1:08.24</b>	+0.74		31.49	1:08.24
3. Nick Bongers	SBC2000	NED	199800843	<b>1:08.59</b>	+0.67		32.39	1:08.59
4. Nick Sijmons	De Amstel	NED	199500491	<b>1:09.64</b>	+0.66		32.21	1:09.64
5. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>1:11.43</b>	+0.72		33.03	1:11.43
6. John Smit	Poseidon'56	NED	199500613	<b>1:12.96</b>			33.82	1:12.96
7. Kevin Kingma	ACZ	NED	199700559	<b>1:12.97</b>	+0.71		33.26	1:12.97
8. Sander van Bentum	Hieronymus	NED	199602391	<b>1:15.30</b>	+0.69		34.52	1:15.30
9. Sam Beer	Poseidon'56	NED	199605521	<b>1:15.51</b>	+0.67		34.26	1:15.51
10. Laurens Spoelstra	WS Twente	NED	199901273	<b>1:15.98</b>	+0.81		35.38	1:15.98
11. Ian van Mullem	ZOB'66	NED	199602545	<b>1:16.54</b>	+0.68		35.66	1:16.54
12. Jeroen van Dinther	Neptunus'58	NED	199701569	<b>1:21.04</b>	+0.75		38.07	1:21.04
<b>Masters 30+</b>								
1. Jan Vencel	VSK Univerzita Brno	CZE		<b>1:04.25</b>	+0.73		29.95	1:04.25
2. Stefan Petersen	Blue Marlins	NED	199403067	<b>1:06.20</b>			31.18	1:06.20
3. Patrick Creemers	Patrick - De Roersoppers (SG)	NED	199000579	<b>1:11.72</b>	+0.71		33.33	1:11.72
4. Lars Duijnhouwer	De Biesboschzwemmers	NED	199107161	<b>1:15.04</b>			34.78	1:15.04
5. Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>1:15.51</b>	+0.76		34.64	1:15.51
6. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	<b>1:18.12</b>	+0.79		36.65	1:18.12
7. Patrick Wobben	Steenwijk 1934	NED	199300559	<b>1:28.11</b>	+0.80		40.84	1:28.11
<b>Masters 35+</b>								
1. Niklas Kunst	TPSK 1925 e.V.	GER	115532	<b>1:05.05</b>	+0.66		30.44	1:05.05
2. Jiri Janovsky	Autoškoda Mladá Boleslav	CZE	3247000	<b>1:07.24</b>	+0.79		31.77	1:07.24
3. Sander de Vrugt	ENC Arnhem	NED	198903499	<b>1:07.84</b>	+0.67		31.55	1:07.84
4. Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	<b>1:09.89</b>	+0.79		32.77	1:09.89
5. Zdenek Hruby	SppBr - SPORT performance	CZE	63466077	<b>1:10.09</b>	+0.75		32.42	1:10.09
6. Roderik Meijers	ZOB'66	NED	198602063	<b>1:12.65</b>	+0.72		33.32	1:12.65
7. Ricardo van Dam	AZC	NED	198503965	<b>1:15.57</b>	+0.69		35.44	1:15.57
8. Dennis Kraakman	DAW	NED	198705325	<b>1:17.04</b>	+0.68		34.67	1:17.04

Programmanr. 6, Heren, 100m schoolslag

Masters 40+

1. Jakub Horacek	VSK Univerzita Brno	CZE		<b>1:05.56</b>	+0.69	30.06	1:05.56
<i>Czech Masters Record, voor 50, 100m</i>							
2. Kristiaan Lenos	ZVL-1886	NED	198301331	<b>1:12.78</b>	+0.74	33.89	1:12.78
3. Simon van Ravesteijn	WVZ	NED	198002263	<b>1:12.83</b>	+0.74	33.35	1:12.83
4. Ivan van Ommе	De Geul	NED	198201263	<b>1:13.81</b>	+0.68	34.17	1:13.81
5. Jim Geestman	Poseidon'56	NED	198300699	<b>1:14.20</b>	+0.80	34.46	1:14.20
6. Albert van Piekeren	Swol 1894	NED	198401767	<b>1:14.42</b>	+0.79	35.01	1:14.42
7. Dennis de Groot	De Zwoer	NED	198300785	<b>1:15.39</b>	+0.66	34.30	1:15.39
8. Wouter Zijlstra	DAW	NED	198202077	<b>1:18.00</b>	+0.79	36.31	1:18.00
9. Michiel Brinkman	DAW	NED	198001991	<b>1:22.34</b>	+0.83	39.52	1:22.34
10. Ralph van der Kleij	AZL	NED	198002553	<b>1:27.04</b>	+0.78	39.86	1:27.04
11. Peter Herzig	Schwimverein beider Basel	SUI	110273	<b>1:29.26</b>	+0.77	41.41	1:29.26

Masters 45+

1. Victor Barnar	GoSwim	NED	197801805	<b>1:10.11</b>		32.68	1:10.11
2. Casper Tichelaar	HZ&PC Heerenvveen	NED	197901215	<b>1:10.13</b>		32.87	1:10.13
3. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:10.41</b>	+0.75	33.00	1:10.41
4. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:11.66</b>	+0.76	32.90	1:11.66
5. Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>1:13.40</b>	+0.62	34.08	1:13.40
6. Jim Fanggiday	ZPC Woerden	NED	197902071	<b>1:13.96</b>	+0.80	34.10	1:13.96
7. László Jüllich	ZPCH	NED	197801893	<b>1:16.02</b>		35.88	1:16.02
8. Freddie Geerlings	Zwemsport Parkstad	NED	197900379	<b>1:16.48</b>	+0.84	35.89	1:16.48
9. Arjan de Heer	HHZV Plons	NED	197801995	<b>1:22.67</b>	+0.85	39.22	1:22.67
10. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:26.53</b>	+0.73	40.97	1:26.53
11. Erik Tobé	ZOB'66	NED	197901485	<b>1:26.91</b>	+0.93	40.03	1:26.91
12. Alfonso Verkerk	Blue Marlins	NED	197601665	<b>1:28.72</b>	+0.83	41.33	1:28.72
NG.ZA Christiaan Bouwmeester	SBC2000	NED	197600127				

Masters 50+

1. Marco Booij	ZPB H&L Productions	NED	197300109	<b>1:12.05</b>	+0.85	32.64	1:12.05
2. Ronald van Ombergen	ZPC De Zeeuwse Kust	NED	197201685	<b>1:14.23</b>	+0.80	35.08	1:14.23
3. Antwan van Engen	CWW Swim team (SG)	NED	197101577	<b>1:14.30</b>	+0.72	34.14	1:14.30
4. Gerrit Orthofer	Team Noord Holland (SG)	NED	197001813	<b>1:15.54</b>	+0.68	35.18	1:15.54
5. Lubos Svanda	VSK Univerzita Brno	CZE		<b>1:18.10</b>	+0.65	35.74	1:18.10
6. Martijn de Jong	DWK	NED	197101659	<b>1:21.28</b>	+0.85	38.48	1:21.28
7. Bas Kremers	TRB-RES	NED	197201611	<b>1:21.50</b>	+0.73	38.04	1:21.50
8. Sagar Jaiwant	WZK Zwemmen	NED	197401615	<b>1:22.46</b>	+0.90	38.55	1:22.46
9. Rob van de Ven	Neptunus'58	NED	197101695	<b>1:24.45</b>	+0.72	40.08	1:24.45
10. Alberto Randazzo	DES	NED	197101757	<b>1:28.48</b>	+0.92	40.39	1:28.48

Masters 55+

1. Harold Matla	PSV	NED	196800591	<b>1:12.31</b>	+0.83	33.60	1:12.31
<i>Nederlands Masters Record</i>							
2. Jan-Willem van den Berg	WVZ	NED	196801575	<b>1:14.92</b>	+0.77	35.66	1:14.92
3. Glen Le Clercq	De Rog	NED	196800177	<b>1:16.84</b>	+0.77	35.18	1:16.84
4. Patrick Juncker	Luxembourg Sharks Swimming	LUX	136	<b>1:18.28</b>	+0.80	36.13	1:18.28
5. Erlend Alstad	Oslo I.L	NOR	M210367ERL02	<b>1:18.38</b>	+0.75	37.22	1:18.38
6. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	<b>1:20.91</b>		37.55	1:20.91
7. Hans Schoenmakers	DAW	NED	196900863	<b>1:23.60</b>	+0.88	39.34	1:23.60
8. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:24.67</b>	+0.86	39.82	1:24.67
9. Joop Weenink	WS Twente	NED	196801535	<b>1:27.56</b>		41.59	1:27.56
10. Gertjan van der Vaart	ZVVS	NED	196801529	<b>1:33.57</b>	+0.74	43.48	1:33.57

Masters 60+

1. Theo Bakker	TriVia	NED	196401231	<b>1:19.50</b>	+0.77	37.36	1:19.50
2. Gert Sikkema	Zwemclub Urk 1978	NED	196300687	<b>1:21.06</b>		37.56	1:21.06
3. Fred Ketting	PSV	NED	196000289	<b>1:23.71</b>	+0.86	38.56	1:23.71
4. Pierre de Groot	GZC Donk	NED	196401431	<b>1:36.45</b>	+0.87	45.64	1:36.45

Programmanr. 6, Heren, 100m schoolslag

Masters 65+

1. Wim de Lange	AZC	NED	195800533	<b>1:31.28</b>	+0.63	43.09	1:31.28
2. Paul Bunnik	Triton	NED	195600413	<b>1:31.31</b>	+0.88	41.93	1:31.31
3. Peter Coffeng	GZC Donk	NED	195700063	<b>1:46.21</b>	+0.95	50.33	1:46.21
4. Günther Brod	SSG Saar Max Ritter SV08	GER	234041	<b>1:52.79</b>		53.62	1:52.79
5. André Pantekoek	PSV	NED	195800321	<b>1:57.70</b>		57.13	1:57.70

Masters 70+

1. Charles Bos	Patrick - De Roersoppers (SG)	NED	195300019	<b>1:33.74</b>	+0.81	44.46	1:33.74
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Masters 75+

1. Mans Buis	Swol 1894	NED	194700133	<b>2:06.33</b>		59.85	2:06.33
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	<b>1:55.29</b>	+0.68	54.84	1:55.29
2. Nico Baay	Old Dutch	NED	194200053	<b>1:55.47</b>	+0.86	53.82	1:55.47

7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 38  
24-11-2024 - 15:06

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Lucas Douwma	ZPCH	NED 200401337	<b>2:19.13</b>	+0.64	31.26	1:07.50	1:43.74	2:19.13
<i>Nederlands Masters Record</i>								
2. D. van den Nieuwendijk	De Columbiaan	NED 200100475	<b>2:23.21</b>	+0.68	32.01	1:07.88	1:44.90	2:23.21
3. Arjan Dekker	Bubble	NED 200000499	<b>2:28.92</b>	+0.67	32.22	1:10.25	1:49.57	2:28.92
4. Robin van Muijen	ZVL-1886	NED 200201059	<b>2:39.96</b>	+0.77	34.38	1:14.94	1:57.39	2:39.96
5. Lasse Ophuis	WS Twente	NED 200400027	<b>2:45.03</b>	+0.86	36.47	1:18.32	2:02.86	2:45.03
6. Stijn den Otter	ZZ&PC De Devel	NED 200200225	<b>2:46.65</b>	+0.59	35.96	1:17.87	2:02.52	2:46.65
<b>Masters 25+</b>								
1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	<b>2:22.49</b>	+0.67	31.44	1:07.30	1:44.28	2:22.49
<i>Nederlands Masters Record</i>								
2. Bert Duivenvoorde	De Columbiaan	NED 199701805	<b>2:27.17</b>	+0.68	32.98	1:09.52	1:47.52	2:27.17
3. Nick Bongers	SBC2000	NED 199800843	<b>2:33.29</b>	+0.69	34.66	1:13.35	1:53.44	2:33.29
4. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	<b>2:38.95</b>	+0.73	35.84	1:16.13	1:57.35	2:38.95
5. Laurens Spoelstra	WS Twente	NED 199901273	<b>2:48.64</b>	+0.78	37.16	1:20.02	2:03.83	2:48.64
6. David Kievit	De Schotejil	NED 199900325	<b>2:48.83</b>	+0.73	35.18	1:17.62	2:03.34	2:48.83
7. Mike van der Sanden	PSV	NED 199506349	<b>3:35.11</b>		46.09	1:40.94	2:38.68	3:35.11
<b>Masters 30+</b>								
1. Stefan Petersen	Blue Marlins	NED 199403067	<b>2:30.24</b>	+0.73	32.97	1:11.36	1:51.47	2:30.24
2. Patrick Creemers	Patrick - De Roersoppers (SC)	NED 199000579	<b>2:39.62</b>	+0.70	35.07	1:16.49	1:58.23	2:39.62
3. Tim Bunnik	Triton	NED 199000505	<b>2:42.44</b>	+0.80	36.88	1:18.37	1:59.89	2:42.44
4. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:47.54</b>	+0.81	38.24	1:22.08	2:06.49	2:47.54
5. Paco de Voogt	De Duck	NED 199400859	<b>2:58.77</b>	+0.73	38.49	1:22.51	2:10.21	2:58.77
<b>Masters 35+</b>								
1. Niklas Kunst	TPSK 1925 e.V.	GER 115532	<b>2:24.25</b>	+0.70	32.47	1:09.38	1:46.23	2:24.25
2. Jiri Janovsky	Autoškoda Mladá Boleslav	CZE 3247000	<b>2:26.93</b>	+0.75	32.26	1:09.19	1:46.93	2:26.93
<i>Czech Masters Record</i>								
3. Sander de Vrugt	ENC Arnhem	NED 198903499	<b>2:30.11</b>	+0.63	33.14	1:11.11	1:50.38	2:30.11
4. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:34.38</b>	+0.78	33.56	1:12.45	1:53.77	2:34.38
5. Robert Spekhorst	De Mors	NED 198703141	<b>3:01.85</b>	+0.80	39.70	1:25.38	2:13.42	3:01.85
DIS Harmen Reemst	ZOB'66	NED 198702715						
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>								
<b>Masters 40+</b>								
1. Kristiaan Lenos	ZVL-1886	NED 198301331	<b>2:41.68</b>	+0.79	35.41	1:16.03	1:58.94	2:41.68
2. Albert van Piekeren	Swol 1894	NED 198401767	<b>2:42.34</b>	+0.79	36.34	1:17.23	1:58.96	2:42.34
3. Paul Oudendijk	DAW	NED 198101287	<b>2:47.00</b>	+0.81	37.45	1:19.90	2:02.97	2:47.00
4. Harm Jan Otter	Het Ravijn	NED 198101283	<b>2:50.63</b>	+0.90	37.20	1:20.13	2:05.45	2:50.63
5. Peter Herzig	Schwimverein beider Basel	SUI 110273	<b>3:25.03</b>	+0.79	43.91	1:36.14	2:30.66	3:25.03

Programmanr. 38, Heren, 200m schoolslag

Masters 45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:38.61</b>	+0.75	34.57	1:15.23	1:57.46	2:38.61
2. M. van der Zwan	Scheldestroom	NED 197501017	<b>2:43.23</b>	+0.76	34.83	1:15.15	1:57.66	2:43.23
3. Mark Hensen	Niemo Barracuda	NED 197900497	<b>2:44.05</b>	+0.75	35.53	1:16.81	1:59.97	2:44.05
4. Kees Bakker	Gay Swim Amsterdam	NED 197501055	<b>2:51.07</b>	+0.60	37.80	1:21.58	2:05.74	2:51.07
5. László Jüllich	ZPCH	NED 197801893	<b>2:51.63</b>	+0.81	36.84	1:20.41	2:05.73	2:51.63
6. Arjan de Heer	HHZV Plons	NED 197801995	<b>3:00.94</b>	+0.84	40.07	1:25.21	2:12.74	3:00.94
7. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:12.62</b>	+0.79	42.87	1:33.06	2:24.35	3:12.62

Masters 50+

1. Gerrit Orthofer	Team Noord Holland (SG)	NED 197001813	<b>2:56.85</b>	+0.69	39.47	1:24.22	2:11.37	2:56.85
2. Lubos Svanda	VSK Univerzita Brno	CZE	<b>2:59.43</b>	+0.60	38.40	1:22.63	2:09.43	2:59.43
3. Bas Kremers	TRB-RES	NED 197201611	<b>3:00.47</b>	+0.73	39.05	1:23.79	2:14.37	3:00.47
4. Alberto Randazzo	DES	NED 197101757	<b>3:10.39</b>	+0.78	42.75	1:31.67	2:21.63	3:10.39
5. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:16.63</b>	+0.85	43.57	1:33.46	2:24.46	3:16.63
6. Rob van de Ven	Neptunus'58	NED 197101695	<b>3:26.62</b>	+0.73	42.86	1:31.65	2:21.46	3:26.62

Masters 55+

1. Harold Matla	PSV	NED 196800591	<b>2:44.31</b>	+0.86	36.56	1:18.03	2:01.32	2:44.31
2. Patrick Juncker	Luxembourg Sharks SwimmirLUXi136		<b>2:53.84</b>	+0.66	40.24	1:24.27	2:08.59	2:53.84
3. Glen Le Clercq	De Rog	NED 196800177	<b>2:56.85</b>	+0.89	38.62	1:22.68	2:08.13	2:56.85
4. Hans Schoenmakers	DAW	NED 196900863	<b>3:03.96</b>	+0.76	40.82	1:28.84	2:17.26	3:03.96
5. Nico Swart	De Biesboschzwemmers	NED 196801475	<b>3:07.08</b>	+0.80	42.26	1:29.69	2:19.50	3:07.08
6. Joop Weenink	WS Twente	NED 196801535	<b>3:09.41</b>	+0.82	42.89	1:30.88	2:20.01	3:09.41
7. Gertjan van der Vaart NG Erlend Alstad	ZVVS Oslo I.L.	NED 196801529 NOR M210367ERL02	<b>3:32.81</b>	+0.68	45.75	1:38.91	2:31.32	3:32.81

Masters 60+

1. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	<b>3:04.33</b>	+0.82	41.84	1:29.08	2:17.78	3:04.33
2. Ronald Grove	Triton	NED 196100161	<b>3:11.19</b>	+0.75	42.46	1:31.95	2:23.03	3:11.19
3. Theo Bakker	TriVia	NED 196401231	<b>3:11.85</b>	+0.78	41.69	1:30.72	2:19.86	3:11.85
4. Menno Lomans	PSV	NED 196101071	<b>3:19.78</b>	+0.75	43.94	1:34.23	2:27.03	3:19.78
5. Jack Barends	WS Twente	NED 196201011	<b>3:33.73</b>	+0.87	46.93	1:41.02	2:37.41	3:33.73
6. Pierre de Groot	GZC Donk	NED 196401431	<b>3:42.16</b>	+0.88	48.96	1:44.92	2:44.92	3:42.16

Masters 65+

1. Wim de Lange	AZC	NED 195800533	<b>3:22.04</b>	+0.73	44.32	1:36.16	2:29.78	3:22.04
2. Paul Bunnik	Triton	NED 195600413	<b>3:29.36</b>	+0.91	45.32	1:38.85	2:34.82	3:29.36
3. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	<b>3:36.70</b>	+0.69	48.19	1:43.17	2:40.30	3:36.70

Masters 70+

1. Charles Bos	Patrick - De Roersoppers (S)	NED 195300019	<b>3:23.79</b>	+0.73	45.89	1:38.55	2:32.21	3:23.79
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Masters 75+

1. Mans Buis	Swol 1894	NED 194700133	<b>4:26.85</b>		1:02.66	2:09.10	3:18.20	4:26.85
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Masters 80+

1. Rob Hanou	PSV	NED 194300109	<b>4:10.44</b>		55.28	2:00.30	3:06.83	4:10.44
DIS Nico Baay	Old Dutch	NED 194200053						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.



Programmanr. 38, Heren, 200m schoolslag

Masters 85+

1. F. Hendrik de Bruijn CN Aquamasters ESP 4:18.27 1:00.41 2:06.53 3:13.70 4:18.27

Programmanr. 40  
24-11-2024 - 16:14

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Sean Niewold <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	200204699	<b>22.94</b>	+0.66	
2.	Michael Smink	Blue Marlins	NED	200302169	<b>23.39</b>	+0.65	
3.	Saviël Armand	ACZ	NED	200204461	<b>25.69</b>	+0.64	
4.	Marc Botter	Blue Marlins	NED	200000329	<b>25.80</b>	+0.61	
5.	Gerard Willighagen	Poseidon'56	NED	200103663	<b>26.19</b>	+0.67	
6.	Erik van Gemert	Poseidon'56	NED	200300587	<b>26.29</b>	+0.68	
7.	Darren Chen	ZPC AMERSFOORT	NED	200001149	<b>26.37</b>	+0.60	
	Bjorn de Heus	Feijenoord Albion Zwemclub	NED	200201077	<b>26.37</b>	+0.63	
9.	Luc Mul	DAW	NED	200201025	<b>26.38</b>	+0.69	
10.	Arjan Dekker	Bubble	NED	200000499	<b>26.55</b>	+0.63	
11.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	<b>26.60</b>	+0.62	
12.	Ian Terlouw	ZPC Woerden	NED	200002345	<b>26.94</b>	+0.55	
13.	Hendrik Broekema	Bubble	NED	200002205	<b>27.17</b>	+0.69	
14.	Teun van der Schrier	Hieronymus	NED	200403627	<b>27.22</b>	+0.76	
15.	Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	<b>27.33</b>	+0.63	
16.	Nino van Krimpen	ZOB'66	NED	200004611	<b>27.34</b>	+0.75	
17.	Luuk Kresin	Patrick - De Roersoppers (SG)	NED	200303275	<b>27.37</b>	+0.67	
	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	<b>27.37</b>	+0.69	
19.	Milan de Roo	ZPC Woerden	NED	200102215	<b>27.52</b>	+0.57	
20.	Stijn den Otter	ZZ&PC De Devel	NED	200200225	<b>27.74</b>	+0.46	
21.	Matej Parizek	Autoškoda Mladá Boleslav	CZE	27854000	<b>27.78</b>	+0.67	
22.	Mart de Koning	ZOB'66	NED	200203253	<b>27.94</b>	+0.65	
23.	Jort Vizeé	De Duck	NED	200201779	<b>27.98</b>	+0.61	
24.	Tim Haimé	Blue Marlins	NED	200403567	<b>28.13</b>	+0.74	
25.	Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>28.26</b>	+0.66	
26.	Esper Paans	ZZ&PC De Devel	NED	200100607	<b>28.38</b>	+0.61	
	Boyd Wijkman	MSV-Zeemacht	NED	200104759	<b>28.38</b>	+0.63	
28.	Wessel Haverkamp	ENC Arnhem	NED	200204755	<b>28.55</b>	+0.65	
29.	Robin Schols	ACZ	NED	200400433	<b>28.66</b>	+0.65	
30.	Fayssal Lantema	Zwemlust- den Hommel	NED	200101379	<b>28.79</b>	+0.68	
31.	Julian Mes	ZOB'66	NED	200103755	<b>28.84</b>	+0.70	
32.	Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	<b>29.29</b>	+0.66	
33.	Marc Hoogeveen	DZ&PC	NED	200101585	<b>29.52</b>	+0.68	
34.	Bram Daalman	De Columbiaan	NED	200300629	<b>29.55</b>	+0.84	612
35.	Rik Stahlie	TriVia	NED	200201915	<b>29.71</b>	+0.70	
36.	Rens Hoogenboom	Neptunus'58	NED	200403893	<b>29.89</b>	+0.62	
37.	Marco van der Wulp	MSV-Zeemacht	NED	200302051	<b>30.02</b>	+0.78	
38.	Boaz Troost	ZOB'66	NED	200100371	<b>32.10</b>	+0.69	
39.	Lanco Manaf	Het Ravijn	NED	200402715	<b>32.77</b>	+0.69	
40.	Jaimy Voogt	ZOB'66	NED	200005881	<b>32.94</b>	+0.58	

Masters 25+

1.	Thomas Verhoeven <i>Wereld Masters Record</i>	Feijenoord Albion Zwemclub	NED	199700311	<b>22.95</b>	+0.63	
2.	Felix Geenen	DAW	NED	199501085	<b>25.30</b>	+0.73	
3.	Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	<b>25.68</b>	+0.64	
4.	Melvin Prins	Feijenoord Albion Zwemclub	NED	199500201	<b>25.89</b>	+0.68	
5.	Bert Duivenvoorde	De Columbiaan	NED	199701805	<b>25.93</b>	+0.66	
6.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>26.07</b>	+0.61	
7.	Radek Chupka	SwimGym	NED	199605887	<b>26.08</b>	+0.68	

Programmanr. 40, Heren, 50m vlinderslag, Masters 25+

rang	naam	vereniging			tijd	RT	PARA
8.	Sander Kirillova	WVZ	NED	199800121	<b>26.34</b>	+0.63	
	Max Peters	Nuenen	NED	199903123	<b>26.34</b>	+0.62	
10.	Nils Friese	TPSK 1925 e.V.	GER	333327	<b>26.64</b>	+0.64	
11.	Bart Weiland	DES	NED	199700777	<b>26.85</b>	+0.50	
12.	Ryan van den Ouden	Poseidon'56	NED	199900377	<b>26.86</b>	+0.75	
13.	Jarick Stoop	Zuiderzeezwemmers	NED	199604181	<b>27.15</b>	+0.69	
14.	Jesse van Dijk	Zuiderzeezwemmers	NED	199903259	<b>27.34</b>	+0.66	
15.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>27.54</b>	+0.67	
16.	Robin van Beek	ZVL-1886	NED	199704023	<b>27.65</b>	+0.67	
17.	Daan Siebenheller	ZOB'66	NED	199804955	<b>27.68</b>	+0.73	
18.	Danny Visser	De Treffers	NED	199600381	<b>27.92</b>	+0.72	
19.	Jorn Blom	De Columbiaan	NED	199805867	<b>28.36</b>	+0.72	
20.	Sam Beer	Poseidon'56	NED	199605521	<b>28.48</b>	+0.65	
21.	Mees Laar	ENC Arnhem	NED	199601719	<b>29.01</b>	+0.69	
22.	Joey Bartelds	SBC2000	NED	199805033	<b>29.03</b>	+0.76	
23.	Kevin Kingma	ACZ	NED	199700559	<b>29.08</b>	+0.68	
24.	Diederick Schothans	De Gelenberg	NED	199703185	<b>29.41</b>	+0.79	
25.	Jordy van Oel	WVZ	NED	199802003	<b>29.42</b>	+0.74	
	Ian van Mullem	ZOB'66	NED	199602545	<b>29.42</b>	+0.66	
27.	Jasper van den Broek	De Watervogels	NED	199903313	<b>29.57</b>	+0.67	
28.	Nick Boekestijn	Westland Swimming Stars	NED	199900291	<b>29.74</b>	+0.52	
29.	Djurre Lankhorst	Blue Marlins	NED	199902733	<b>29.83</b>	+0.65	
30.	Tim van IJl	WVZ	NED	199802297	<b>30.91</b>	+0.70	
31.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	<b>30.94</b>	+0.72	
32.	Ids de Klerk	Niemo Barracuda	NED	199803237	<b>31.01</b>	+0.88	
33.	Sander van Bentum	Hieronymus	NED	199602391	<b>31.78</b>	+0.52	
34.	Colin Degenaaars	ZPCH	NED	199505951	<b>32.27</b>	+0.80	470
35.	Jeroen van Dinther	Neptunus'58	NED	199701569	<b>32.28</b>	+0.76	
36.	Olaf Zegeren	Team Noord Holland (SG)	NED	199705761	<b>32.37</b>	+0.77	
37.	Jasper Strijp	De Rog	NED	199804399	<b>32.73</b>	+0.67	
38.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	<b>32.96</b>	+0.74	
39.	Jordi van Akkeren	Hieronymus	NED	199604705	<b>33.00</b>	+0.73	
40.	Auke Sijperda	AZC	NED	199905115	<b>33.20</b>	+0.66	
41.	Kien Vuong	De Kempvis	NED	199506173	<b>35.78</b>	+0.73	
42.	Sven Dubbeld	De Schotejil	NED	199601141	<b>35.95</b>	+0.78	

Masters 30+

1.	Jeroen Baars	Niemo Barracuda	NED	199200031	<b>24.86</b>	+0.55	
	<i>Nederlands Masters Record</i>						
2.	Jesper Oranje	De Duck	NED	199200997	<b>25.13</b>	+0.68	
3.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	<b>26.20</b>	+0.63	
4.	Matteo Viani	Zwemlust- den Hommel	NED	199007717	<b>26.74</b>	+0.65	
5.	Simon Edenburg	Onderdak	NED	199301567	<b>27.50</b>	+0.69	
6.	Bas Braun	ZPC AMERSFOORT	NED	199106545	<b>27.53</b>	+0.78	
7.	Joeri van Wallenburg	Onderdak	NED	199004875	<b>27.80</b>	+0.70	
8.	Steven Uijl	Aqua-Novio '94	NED	199304075	<b>27.96</b>	+0.65	
9.	Michel de Maesschalck	DAW	NED	199101525	<b>28.43</b>	+0.71	
10.	Paul Koster	Hieronymus	NED	199304465	<b>29.34</b>	+0.75	
11.	Marc Hoogendam	Blue Marlins	NED	199007713	<b>29.57</b>	+0.71	
12.	Paco de Voogt	De Duck	NED	199400859	<b>29.60</b>	+0.74	
13.	Ruben Stolk	ZOB'66	NED	199005665	<b>30.16</b>	+0.70	
14.	Bram Piederiet	ZVVS	NED	199007757	<b>30.20</b>	+0.75	
15.	Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	<b>30.47</b>	+0.81	
16.	Sander Riezebos	WS Twente	NED	199400467	<b>30.50</b>	+0.70	
17.	Cars Wiegmann	WS Twente	NED	199401025	<b>31.05</b>	+0.68	
18.	Sybren Groenewegen	De Schotejil	NED	199306223	<b>31.25</b>	+0.81	
19.	Robin van Beusekom	Niemo Barracuda	NED	199205841	<b>31.32</b>	+0.66	
20.	Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>31.99</b>	+0.75	
21.	Melle de Groot	ZPCH	NED	199107877	<b>33.40</b>	+0.74	
22.	Karlo Kok	Zwemvereniging Hoogland	NED	199101265	<b>33.62</b>	+0.72	
23.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	<b>34.18</b>	+0.70	
24.	Leon Verschuren	SBC2000	NED	199304403	<b>34.19</b>	+0.75	
NG	Jeroen Matthijssen	AZC	NED	199103751			

Programmanr. 40, Heren, 50m vlinderslag

Masters 35+

1.	Rick Driezen	Steenwijk 1934	NED	198600713		<b>28.32</b>	+0.83	
2.	Niek de Ridder	Onderdak	NED	198802819		<b>28.34</b>	+0.76	
3.	Koen Woestenborghs	Nuene	NED	198806193		<b>28.82</b>	+0.71	
4.	Pascal van Haren	Niemo Barracuda	NED	198704101		<b>29.57</b>	+0.76	
5.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107		<b>29.73</b>	+0.76	
6.	Rudi Butselaar	GoSwim	NED	198700577		<b>32.33</b>	+0.73	
7.	Wessel Everloo	WS Twente	NED	198906597	S14	<b>35.35</b>	+0.86	358
8.	Robert Spekhorst	De Mors	NED	198703141		<b>36.89</b>	+0.55	

Masters 40+

1.	Paul Brinkman	ZVVS	NED	198400309		<b>28.19</b>	+0.83	
2.	Jim Geestman	Poseidon'56	NED	198300699		<b>29.17</b>	+0.75	
3.	Gerwin Vonk	De Spatters	NED	198201907		<b>29.81</b>	+0.69	
4.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897		<b>30.39</b>	+0.84	
5.	Pieter Pickhardt	ZPC De Hof	NED	198301657		<b>30.51</b>	+0.76	
6.	Rene Koedooder	EZV	NED	198200919		<b>30.60</b>	+0.79	
7.	Arjen Nieveen	DZ&PC	NED	198002545		<b>30.63</b>	+0.68	
8.	Dirk Smit	DBD	NED	198101559		<b>30.70</b>	+0.68	
9.	Grzegorz Kasprzyk	ZVVS	NED	198303163		<b>30.73</b>	+0.71	
10.	William Kruitthof	Het Ravijn	NED	198000857		<b>31.66</b>	+0.81	
11.	Harm Jan Otter	Het Ravijn	NED	198101283		<b>31.70</b>	+0.86	
12.	Roderic Perez	SwimGym	NED	198202761		<b>33.11</b>	+0.63	
13.	Marco Horneman	Niemo Barracuda	NED	198000623		<b>37.21</b>	+0.79	
14.	Paul Rutten	ENC Arnhem	NED	198001293		<b>39.63</b>	+0.78	
DIS	Benoit Gasner	DES	NED	198102645				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 45+

1.	Erwin Buist	ZPC AMERSFOORT	NED	197800183		<b>27.54</b>	+0.76	
2.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551		<b>28.17</b>	+0.69	
3.	Alex Damen	DAW	NED	197501371		<b>29.36</b>	+0.68	
4.	Maarten van der Zwan	Scheldestroom	NED	197501017		<b>29.61</b>	+0.79	
5.	Dennis Dortland	Niemo Barracuda	NED	197800261		<b>29.69</b>	+0.82	
6.	Klaas Poelstra	H2Oldambt	NED	197800825		<b>30.20</b>	+0.79	
7.	Markus van Rest	WVZ	NED	197701197		<b>30.60</b>	+0.81	
8.	Arjan de Heer	HHZV Plons	NED	197801995		<b>32.20</b>	+0.85	
9.	Michael Go	AZC	NED	197501397		<b>32.90</b>	+0.62	
10.	André Noordwijk	Niemo Barracuda	NED	197901785		<b>34.08</b>	+0.86	
11.	Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425		<b>34.77</b>	+0.78	
12.	Alfonso Verkerk	Blue Marlins	NED	197601665		<b>34.81</b>	+0.79	
13.	Ingmar Kooman	ZVL-1886	NED	197901517		<b>35.08</b>	+0.80	
14.	Alexander Sophocleous	HHZV Plons	NED	197902109		<b>36.94</b>	+0.80	
15.	Robin Roskam	De Duinkickers	NED	197801831		<b>38.37</b>	+0.90	
NG	Øivind Martin Hasle	Oslo I.L	NOR	M260777ØIV01				
NG	Knut Ivan Rasmussen	Oslo I.L	NOR	M190278KNU03				

Masters 50+

1.	Frederic Tonus	Luxembourg Sharks Swimming CLUX		10449		<b>25.89</b>	+0.68	
	<i>Luxembourg Masters Record</i>							
2.	Antwan van Engen	CWW Swim team (SG)	NED	197101577		<b>27.77</b>	+0.73	
3.	Jacco Schaap	PSV	NED	197401611		<b>29.14</b>	+0.77	
4.	Richard Ricksen	Hellas-Glana	NED	197000841		<b>30.70</b>	+0.80	
5.	Peter Meijer	DZ&PC	NED	197300613		<b>31.42</b>	+0.62	
6.	Arjan Verheij	De Rog	NED	197101617		<b>31.73</b>	+0.70	
7.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000390/70		<b>33.29</b>	+0.61	
8.	Jeroen Temme	TriVia	NED	197201703		<b>33.39</b>	+0.83	
9.	Tibor Papp	ZVVS	NED	197201623		<b>33.71</b>		
10.	Rob van Nijburg	De Otters Het Gooi	NED	197001737		<b>36.32</b>	+0.78	

Programmanr. 40, Heren, 50m vlinderslag

Masters 55+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>28.45</b>	+0.74	
2.	Theo Tanis	Feijenoord Albion Zwemclub	NED	196901387	<b>28.81</b>	+0.78	
3.	Olivier Bresoux	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004898/69	<b>32.19</b>	+0.76	
4.	Edwin Petri	De Otters Het Gooi	NED	196601687	<b>32.60</b>	+0.82	
5.	Pascal Tourton	ZOB'66	NED	196601343	<b>32.70</b>	+0.77	
6.	Matthijs van den Adel	De Otters Het Gooi	NED	196501637	<b>33.12</b>	+0.73	
7.	Mathieu Rikken	De Duinkickers	NED	196701777	<b>33.82</b>	+0.73	
8.	Hans Schoenmakers	DAW	NED	196900863	<b>34.12</b>	+0.77	
9.	Jeroen Wilmer	EZV	NED	196601711	<b>34.32</b>	+0.86	
10.	Erik Zoethout	Aqualero	NED	196901157	<b>37.66</b>	+0.88	
11.	Jos Vastenhoud	ZPC De Zeeuwse Kust	NED	196701797	<b>38.14</b>	+0.78	S8
NG	Oddvar Sandvin	Oslo I.L	NOR	M020666ODD01			388

Masters 60+

1.	Lionel Godeaux	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000217/60	<b>31.53</b>	+0.67	
2.	Hans Vloedgraven	Old Dutch	NED	196400917	<b>33.60</b>	+0.91	
3.	Theo Bakker	TriVia	NED	196401231	<b>33.95</b>	+0.79	
4.	Robert de Brauwer	De Duinkickers	NED	196401383	<b>34.70</b>	+0.85	
5.	Nico van Maanen	De Duck	NED	196100371	<b>37.35</b>	+0.70	
6.	Antonio Friz	Cercle De Natation Sportcity WolBEL	BEL	CNSW/005890/60	<b>39.59</b>	+0.73	

Masters 65+

1.	Jaap de Boer	De Duinkickers	NED	195800691	<b>41.32</b>	+0.89	
2.	Christian Schoenaers	Cercle De Natation Sportcity WolBEL	BEL	CNSW/007131/59	<b>42.54</b>	+0.99	
3.	Thierry Schurmans	Cercle De Natation Sportcity WolBEL	BEL	CNSW/007944/58	<b>43.20</b>	+0.58	
4.	Peter Coffeng	GZC Donk	NED	195700063	<b>48.05</b>	+0.98	

Masters 70+

1.	Fred Zanting	TriVia	NED	195400323	<b>35.62</b>	+0.81	
2.	Pierre Monnet	Entente Sportive Nanterre	FRA	2609667	<b>38.90</b>	+0.63	
3.	Rob Berkhof	Swol 1894	NED	195200245	<b>49.61</b>	+0.68	

Masters 80+

1.	Geza Kaltenecker	AZC	NED	194200065	<b>1:06.01</b>	+0.87	
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5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 28  
23-11-2024 - 17:34

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Sean Niewold	Feijenoord Albion Zwemclub	NED	200204699	<b>51.57</b>	+0.71		23.93	51.57
<i>Nederlands Masters Record, voor 50, 100m</i>								
2. Michael Smink	Blue Marlins	NED	200302169	<b>53.91</b>	+0.64		24.50	53.91
3. Alexander Nijst	Nuenen	NED	200104869	<b>54.21</b>	+0.67		25.34	54.21
4. Gerard Willighagen	Poseidon'56	NED	200103663	<b>57.77</b>	+0.72		26.55	57.77
5. Bjorn de Heus	Feijenoord Albion Zwemclub	NED	200201077	<b>58.50</b>	+0.65		26.90	58.50
6. Lucas Douwma	ZPCH	NED	200401337	<b>59.87</b>	+0.66		27.99	59.87
7. Ian Terlouw	ZPC Woerden	NED	200002345	<b>1:00.08</b>	+0.70		27.22	1:00.08
8. Teun van der Schrier	Hieronymus	NED	200403627	<b>1:00.47</b>	+0.73		27.71	1:00.47
9. Luuk Kresin	Patrick - De Roersoppers (SG)	NED	200303275	<b>1:01.83</b>	+0.68		28.71	1:01.83
10. Erik van Gemert	Poseidon'56	NED	200300587	<b>1:02.08</b>	+0.70		27.65	1:02.08
11. Tim Haimé	Blue Marlins	NED	200403567	<b>1:02.47</b>	+0.76		28.78	1:02.47
12. Milan de Roo	ZPC Woerden	NED	200102215	<b>1:02.74</b>	+0.57		28.84	1:02.74
13. Mart de Koning	ZOB'66	NED	200203253	<b>1:03.37</b>	+0.70		28.83	1:03.37
14. Jacob Mackloet	De Schotelij	NED	200001171	<b>1:03.74</b>	+0.71		29.01	1:03.74
15. Matej Parizek	Autoškoda Mladá Boleslav	CZE	27854000	<b>1:04.80</b>	+0.70		29.44	1:04.80
16. Niels van der Mast	ZOB'66	NED	200401917	<b>1:05.00</b>	+0.75		30.32	1:05.00
17. Wessel Haverkamp	ENC Arnhem	NED	200204755	<b>1:05.57</b>	+0.67		30.55	1:05.57
18. Jort Vizeé	De Duck	NED	200201779	<b>1:06.06</b>	+0.64		30.32	1:06.06
19. Esper Paans	ZZ&PC De Devel	NED	200100607	<b>1:06.79</b>	+0.69		30.67	1:06.79
20. Nigel Werring	Zwemlust- den Hommel	NED	200301503	<b>1:07.22</b>	+0.73		31.26	1:07.22
21. Julian Mes	ZOB'66	NED	200103755	<b>1:07.64</b>	+0.74		31.68	1:07.64
22. Rick Haanschoten	SZV Aquifer	NED	200100291	<b>1:08.50</b>	+0.68		31.84	1:08.50
AFGEM Jay de Vries	Blue Marlins	NED	200400669					
<b>Masters 25+</b>								
1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	<b>57.72</b>	+0.67		26.56	57.72
2. Sander Kirillova	WVZ	NED	199800121	<b>57.96</b>	+0.65		27.12	57.96
3. Bert Duivenvoorde	De Columbiaan	NED	199701805	<b>59.14</b>	+0.68		26.83	59.14
4. Nick Sijmons	De Amstel	NED	199500491	<b>59.24</b>	+0.66		27.26	59.24
5. Radek Chupka	SwimGym	NED	199605887	<b>1:00.04</b>	+0.68		27.18	1:00.04
6. Robin van Beek	ZVL-1886	NED	199704023	<b>1:01.19</b>	+0.67		27.62	1:01.19
7. Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>1:01.67</b>	+0.70		28.75	1:01.67
8. Bart Weiland	DES	NED	199700777	<b>1:01.78</b>	+0.64		28.09	1:01.78
9. Jom Blom	De Columbiaan	NED	199805867	<b>1:02.32</b>	+0.71		28.82	1:02.32
10. Daan Siebenheller	ZOB'66	NED	199804955	<b>1:03.13</b>	+0.73		29.14	1:03.13
11. Jasper van den Broek	De Watervogels	NED	199903313	<b>1:06.93</b>	+0.63		30.93	1:06.93
12. Gijs Ruijgrok	ZVL-1886	NED	199600863	<b>1:07.85</b>	+0.71		30.65	1:07.85
13. Richard van der Horst	De Meer	NED	199700179	<b>1:09.15</b>	+0.67		32.11	1:09.15
14. Nick Bokestijn	Westland Swimming Stars	NED	199900291	<b>1:09.46</b>	+0.68		31.75	1:09.46
15. Bas van Tintelen	OZ&PC	NED	199800455	<b>1:10.60</b>	+0.75		32.76	1:10.60
<b>Masters 30+</b>								
1. Jesper Oranje	De Duck	NED	199200997	<b>56.38</b>	+0.68		25.81	56.38
2. Jeroen Baars	Niemo Barracuda	NED	199200031	<b>57.00</b>	+0.72		25.60	57.00
3. Wouter Sijmons	Nuenen	NED	199302695	<b>1:00.20</b>	+0.75		27.59	1:00.20
4. Joeri van Wallenburg	Onderdak	NED	199004875	<b>1:01.61</b>	+0.75		28.22	1:01.61
5. Michel de Maesschalck	DAW	NED	199101525	<b>1:01.98</b>	+0.69		28.66	1:01.98
6. Bas Braun	ZPC AMERSFOORT	NED	199106545	<b>1:02.67</b>	+0.81		28.97	1:02.67
7. Huub Scholing	Swol 1894	NED	199301179	<b>1:07.25</b>	+0.75		31.51	1:07.25
8. Sander Riezebos	WS Twente	NED	199400467	<b>1:09.55</b>	+0.73		31.67	1:09.55
9. Marc Hoogendam	Blue Marlins	NED	199007713	<b>1:09.95</b>	+0.71		30.94	1:09.95
10. Cars Wiegmann	WS Twente	NED	199401025	<b>1:12.78</b>	+0.75		32.79	1:12.78
11. Jordy van der Drift	ZVL-1886	NED	199307345	<b>1:15.64</b>	+0.77		33.33	1:15.64

Programmanr. 28, Heren, 100m vlinderslag

Masters 35+

1. Rick Driezen	Steenwijk 1934	NED	198600713	<b>1:02.87</b>	+0.88	29.20	1:02.87
2. Niek de Ridder	Onderdak	NED	198802819	<b>1:03.02</b>	+0.75	28.47	1:03.02
3. Pascal van Haren	Niemo Barracuda	NED	198704101	<b>1:07.66</b>	+0.65	30.90	1:07.66

Masters 40+

1. Christopher Cardenas	Upstream Amsterdam	NED	198002505	<b>1:05.96</b>	+0.76	30.53	1:05.96
2. Pieter Pickhardt	ZPC De Hof	NED	198301657	<b>1:06.05</b>	+0.81	31.06	1:06.05
3. Heijmen van Vliet	De Geul	NED	198001637	<b>1:07.04</b>	+0.59	31.51	1:07.04
4. Jim Geestman	Poseidon'56	NED	198300699	<b>1:08.30</b>	+0.84	31.28	1:08.30
5. Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>1:17.61</b>	+0.85	33.79	1:17.61

Masters 45+

1. Øivind Martin Hasle	Oslo I.L	NOR	M260777ØIV01	<b>1:02.03</b>	+0.77	28.62	1:02.03
Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>1:02.03</b>	+0.74	28.58	1:02.03
3. Ruud Holswilder	ZPCH	NED	197800435	<b>1:03.68</b>	+0.70	29.31	1:03.68
4. Knut Ivan Rasmussen	Oslo I.L	NOR	M190278KNU03	<b>1:05.72</b>	+0.74	30.19	1:05.72
5. Jasper van Heijst	ZPCH	NED	197601699	<b>1:06.59</b>	+0.75	30.67	1:06.59
6. Dennis Dortland	Niemo Barracuda	NED	197800261	<b>1:06.83</b>	+0.83	31.07	1:06.83
7. Maarten van der Zwan	Scheldestroom	NED	197501017	<b>1:06.85</b>	+0.79	30.48	1:06.85
8. Alex Damen	DAW	NED	197501371	<b>1:08.31</b>	+0.72	31.37	1:08.31
9. László Jüllich	ZPCH	NED	197801893	<b>1:08.91</b>	+0.86	32.24	1:08.91
10. Sandy Pleyte	ZPC De Zeeuwse Kust	NED	197501559	<b>1:09.59</b>	+0.84	32.07	1:09.59
11. Markus van Rest	WVZ	NED	197701197	<b>1:10.10</b>	+0.81	31.86	1:10.10
12. Arjan Buijsse	Sassenheim	NED	197901767	<b>1:12.44</b>	+0.70	33.11	1:12.44

Masters 50+

1. Frederic Tonus	Luxembourg Sharks Swimming	LUX	10449	<b>58.38</b>	+0.71	27.27	58.38
<i>Luxembourg Masters Record, voor 50, 100m</i>							
2. Jacco Schaap	PSV	NED	197401611	<b>1:07.12</b>	+0.95	31.08	1:07.12
3. Bruno Nahon	Cercle De Natation Sportcity	BEL	CNSW/000390/70	<b>1:18.70</b>	+0.83	35.87	1:18.70
AFGEM Antwan van Engen	CWW Swim team (SG)	NED	197101577				

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>1:05.45</b>	+0.79	29.73	1:05.45
2. John Hardeman	Zwemlust- den Hommel	NED	196601615	<b>1:08.65</b>	+0.73	32.09	1:08.65
3. Olivier Bresoux	Cercle De Natation Sportcity	BEL	CNSW/004898/69	<b>1:14.81</b>	+0.79	36.87	1:14.81

Masters 60+

1. Hans Vloedgraven	Old Dutch	NED	196400917	<b>1:18.54</b>	+0.96	37.26	1:18.54
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Masters 65+

1. Paul Bunnik	Triton	NED	195600413	<b>1:25.76</b>	+0.85	39.31	1:25.76
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Masters 70+

1. Pierre Monnet	Entente Sportive Nanterre	FRA	2609667	<b>1:30.67</b>	+0.63	40.87	1:30.67
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	<b>2:42.66</b>	+0.80	1:11.95	2:42.66
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### 3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 14  
22-11-2024 - 17:02

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Guus Hoogduin	ZVL-1886	NED 200201069	<b>2:12.12</b>	+0.72	29.75	1:03.09	1:37.20	2:12.12
2. Bjorn de Heus	Feijenoord Albion Zwemclub	NED 200201077	<b>2:15.53</b>	+0.69	28.81	1:02.83	1:38.90	2:15.53
3. Tim Haimé	Blue Marlins	NED 200403567	<b>2:25.81</b>	+0.84	31.74	1:08.72	1:47.04	2:25.81
4. Luuk Kresin	Patrick - De Roersoppers (SCNED)	200303275	<b>2:25.97</b>	+0.69	30.41	1:07.00	1:45.55	2:25.97
5. Nigel Werring	Zwemlust- den Hommel	NED 200301503	<b>2:32.64</b>	+0.80	33.63	1:12.50	1:52.37	2:32.64
<b>Masters 25+</b>								
1. Nick Sijmons	De Amstel	NED 199500491	<b>2:15.83</b>	+0.68	30.25	1:06.54	1:40.49	2:15.83
2. Bert Duivenvoorde	De Columbiaan	NED 199701805	<b>2:16.25</b>		29.87	1:04.61	1:40.47	2:16.25
3. Robin van Beek	ZVL-1886	NED 199704023	<b>2:19.23</b>	+0.77	30.04	1:04.62	1:41.24	2:19.23
4. Jeroen Louwinger	De Rijn	NED 199900583	<b>2:29.04</b>	+0.70	32.98	1:10.47	1:48.76	2:29.04
5. Bas van Tintelen	OZ&PC	NED 199800455	<b>2:45.91</b>	+0.81	33.82	1:15.90	2:01.37	2:45.91
6. Ids de Klerk	Niemo Barracuda	NED 199803237	<b>2:56.90</b>		36.55	1:19.11	2:06.90	2:56.90
7. Sven Dubbeld	De Schotejil	NED 199601141	<b>3:08.82</b>	+0.93	37.94	1:25.19	2:17.10	3:08.82
<b>Masters 30+</b>								
1. Jan Vencel	VSK Univerzita Brno	CZE	<b>2:09.87</b>	+0.74	28.58	1:01.67	1:36.10	2:09.87
<i>Czech Masters Record</i>								
2. R. van Doeselaar	Scheldestroom	NED 199200261	<b>2:25.06</b>	+0.71	31.68	1:08.97	1:46.75	2:25.06
3. Koen van der Wallen	Nederweert	NED 199405561	<b>2:26.02</b>		31.90	1:09.16	1:48.05	2:26.02
4. Tim Bunnik	Triton	NED 199000505	<b>2:28.96</b>	+0.86	33.09	1:11.69	1:50.17	2:28.96
5. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	<b>2:37.21</b>		33.88	1:13.25	1:54.82	2:37.21
6. Sander Riezebos	WS Twente	NED 199400467	<b>2:37.51</b>	+0.77	34.17	1:14.59	1:56.71	2:37.51
7. Jeroen Matthijssen	AZC	NED 199103751	<b>2:37.53</b>	+0.68	33.24	1:14.64	1:57.14	2:37.53
8. Sybren Groenewegen	De Schotejil	NED 199306223	<b>2:51.82</b>	+0.82	36.64	1:19.72	2:05.25	2:51.82
9. R. van Nieuwenhuizen	De Rijn	NED 199002097	<b>3:06.37</b>	+0.80	37.94	1:24.40	2:14.19	3:06.37
<b>Masters 35+</b>								
1. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	<b>2:35.73</b>	+0.82	31.85	1:11.75	1:53.98	2:35.73
2. Sander van Elburg	De Dokkelaers	NED 198800937	<b>2:55.62</b>		35.26	1:18.77	2:06.70	2:55.62
3. Mark Godwaldt	PSV	NED 198701039	<b>3:23.16</b>	+0.89	41.02	1:32.23	2:27.70	3:23.16
<b>Masters 40+</b>								
1. Pieter Pickhardt	ZPC De Hof	NED 198301657	<b>2:26.63</b>	+0.80	32.38	1:09.53	1:47.61	2:26.63
2. Grzegorz Kasprzyk	ZVVS	NED 198303163	<b>2:44.37</b>	+0.70	34.21	1:15.36	1:59.15	2:44.37
<b>Masters 45+</b>								
1. Knut Ivan Rasmussen	Oslo I.L.	NOR M190278KNU03	<b>2:26.88</b>	+0.75	34.27	1:13.38	1:50.47	2:26.88
2. Dennis Dortland	Niemo Barracuda	NED 197800261	<b>2:37.08</b>	+0.77	33.12	1:13.34	1:55.87	2:37.08
3. Freddie Geerlings	Zwemsport Parkstad	NED 197900379	<b>2:52.03</b>	+0.73	37.42	1:19.66	2:05.47	2:52.03
4. Steven Prins	HHZV Plons	NED 197901833	<b>3:02.37</b>	+0.73	38.52	1:23.37	2:12.35	3:02.37
5. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:29.17</b>	+0.79	45.58	1:38.75	2:33.87	3:29.17
DIS Kees Bakker	Gay Swim Amsterdam	NED 197501055						
<i>Meerdere schoolslagbenen zonder armslag</i>								

Programmanr. 14, Heren, 200m vlinderslag

Masters 50+

1. Frederic Tonus	Luxembourg Sharks SwimmirLUXli10449		<b>2:13.82</b>	+0.72	29.76	1:03.92	1:38.83	2:13.82
<i>Luxembourg Masters Record, voor 50, 100, 200 m</i>								
2. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>3:03.90</b>	+0.89	39.61	1:24.59	2:13.09	3:03.90
AFGEM Antwan van Engen	CWW Swim team (SG)	NED 197101577						

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	<b>2:28.63</b>	+0.84	31.94	1:10.39	1:49.24	2:28.63
2. Hans Schoenmakers	DAW	NED 196900863	<b>3:01.46</b>	+0.77	38.19	1:24.69	2:14.37	3:01.46

Masters 60+

1. Ronald Grove	Triton	NED 196100161	<b>3:16.75</b>	+0.88	40.66	1:30.06	2:22.27	3:16.75
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5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 24  
23-11-2024 - 15:05

Heren, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Brandon van den Berg <i>Nederlands Masters Record</i>	Blue Marlins	NED	200200669	<b>55.10</b>	+0.68		25.23	55.10
2. Michael Smink	Blue Marlins	NED	200302169	<b>55.22</b>	+0.65		24.87	55.22
3. Jason van den Berg	Blue Marlins	NED	200400009	<b>57.12</b>	+0.63		26.26	57.12
4. Daan Hogerhuis	De Columbiaan	NED	200300317	<b>58.37</b>	+0.70		26.95	58.37
5. Arjan Dekker	Bubble	NED	200000499	<b>59.31</b>	+0.61		27.20	59.31
6. Junior Vermeulen	De Bevelanders	NED	200103363	<b>1:02.26</b>	+0.67		29.70	1:02.26
7. Tim Speijer	Bubble	NED	200301661	<b>1:03.00</b>	+0.69		29.20	1:03.00
8. Mees Minneboo	MSV-Zeemacht	NED	200203465	<b>1:05.46</b>	+0.65		29.83	1:05.46
9. Nino van Krimpen	ZOB'66	NED	200004611	<b>1:06.30</b>	+0.67		29.44	1:06.30
10. Owen Michels	De Amstel	NED	200402293	<b>1:06.62</b>	+0.66		31.28	1:06.62
11. Matej Parizek	Autoškoda Mladá Boleslav	CZE	27854000	<b>1:07.05</b>	+0.67		29.80	1:07.05
12. Esper Paans	ZZ&PC De Devel	NED	200100607	<b>1:07.39</b>	+0.67		30.46	1:07.39
13. Julian Mes	ZOB'66	NED	200103755	<b>1:08.75</b>	+0.70		30.93	1:08.75
14. Mike Boukes	De Kempvis	NED	200301215	<b>1:10.59</b>	+0.68		32.59	1:10.59
15. Rens Hoogenboom	Neptunus'58	NED	200403893	<b>1:10.61</b>	+0.61		32.05	1:10.61
16. Lasse Ophuis	WS Twente	NED	200400027	<b>1:11.32</b>	+0.90		35.20	1:11.32
DIS Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565					

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

**Masters 25+**

1. Felix Geenen	DAW	NED	199501085	<b>58.50</b>	+0.75		26.99	58.50
2. Nils Friese	TPSK 1925 e.V.	GER	333327	<b>59.45</b>	+0.66		27.46	59.45
3. Bas Dries	Zwemvereniging Hoogland	NED	199505177	<b>59.67</b>	+0.64		27.37	59.67
4. Sander Kirillova	WVZ	NED	199800121	<b>1:00.93</b>	+0.64		28.38	1:00.93
5. Radek Chupka	SwimGym	NED	199605887	<b>1:01.68</b>	+0.67		27.34	1:01.68
6. Nick Sijmons	De Amstel	NED	199500491	<b>1:01.74</b>	+0.68		28.62	1:01.74
7. Ryan van den Ouden	Poseidon'56	NED	199900377	<b>1:01.81</b>	+0.78		28.19	1:01.81
8. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	<b>1:03.36</b>	+0.72		28.99	1:03.36
9. Robin van Beek	ZVL-1886	NED	199704023	<b>1:03.57</b>	+0.66		28.82	1:03.57
10. Daan Siebenheller	ZOB'66	NED	199804955	<b>1:04.76</b>	+0.74		30.58	1:04.76
11. David Kievit	De Schotejil	NED	199900325	<b>1:05.01</b>	+0.78		30.01	1:05.01
12. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	<b>1:05.02</b>	+0.71		29.85	1:05.02
13. Jordi de Nijs	MSV-Zeemacht	NED	199801851	<b>1:05.04</b>	+0.69		29.76	1:05.04
14. Jorn Blom	De Columbiaan	NED	199805867	<b>1:06.42</b>	+0.62		30.11	1:06.42
15. Ian van Mullem	ZOB'66	NED	199602545	<b>1:07.41</b>	+0.71		30.82	1:07.41
16. Laurens Spoelstra	WS Twente	NED	199901273	<b>1:08.38</b>	+0.80		32.08	1:08.38
17. Sam Beer	Poseidon'56	NED	199605521	<b>1:09.30</b>	+0.68		31.85	1:09.30
18. Bas van Tintelen	OZ&PC	NED	199800455	<b>1:09.31</b>	+0.75		32.91	1:09.31
19. Hugo Herbers	Swol 1894	NED	199500507	<b>1:11.64</b>			33.15	1:11.64
20. Auke Sijperda	AZC	NED	199905115	<b>1:14.85</b>	+0.62		33.39	1:14.85
21. Marijn Heetkamp	Het Ravijn	NED	199903407	<b>1:15.27</b>	+0.74		34.77	1:15.27

**Masters 30+**

1. Ensger Kotterink <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	199403391	<b>55.33</b>	+0.60		25.39	55.33
2. Jesper Oranje	De Duck	NED	199200997	<b>57.84</b>			26.21	57.84
3. Jan Vencel <i>Czech Masters Record</i>	VSK Univerzita Brno	CZE		<b>59.05</b>	+0.76		27.44	59.05
4. Bas Braun	ZPC AMERSFOORT	NED	199106545	<b>1:04.14</b>	+0.81		29.25	1:04.14
5. Jorden Theijink	ZPC De Hof	NED	199400323	<b>1:06.01</b>	+0.63		30.17	1:06.01
6. Bart van der Zwaan	BZ&PC	NED	199005149	<b>1:07.15</b>	+0.65		30.80	1:07.15

Programmanr. 24, Heren, 100m wisselslag, Masters 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Huub Scholing	Swol 1894	NED	199301179	<b>1:09.86</b>	+0.75		33.18	1:09.86
8. Jose Horcas Nieto	ZVL-1886	NED	199307445	<b>1:10.08</b>	+0.75		33.15	1:10.08
9. Robin van Beusekom	Niemo Barracuda	NED	199205841	<b>1:10.43</b>	+0.78		33.20	1:10.43
10. Lars Duijnhouwer	De Biesboschzwemmers	NED	199107161	<b>1:11.15</b>	+0.76		33.26	1:11.15
11. Sander Riezebos	WS Twente	NED	199400467	<b>1:11.47</b>	+0.79		32.91	1:11.47

Masters 35+

1. Sander de Vrught	ENC Arnhem	NED	198903499	<b>1:03.26</b>	+0.69		29.99	1:03.26
2. Hans van Wijk	BZ&PC	NED	198903605	<b>1:03.47</b>	+0.67		29.47	1:03.47
3. Yuri van Ommen	Zwemvereniging Hoogland	NED	198501887	<b>1:04.51</b>	+0.81		30.32	1:04.51
4. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	<b>1:07.18</b>	+0.74		31.91	1:07.18
5. Alex Vermeulen	Aquapoldro	NED	198905811	<b>1:07.92</b>	+0.78		30.70	1:07.92
6. Balázs G. cze	Swim Life Se	HUN	64/3540	<b>1:15.94</b>	+0.76		33.71	1:15.94
7. Remco van der Graaf	De Geul	NED	198704007	<b>1:17.32</b>	+0.79		35.33	1:17.32

Masters 40+

1. Steve Seremes	Luxembourg Sharks Swimming	LUX	15757	<b>1:02.94</b>	+0.67		28.45	1:02.94
<i>Luxembourg Masters Record</i>								
2. Kristiaan Lenos	ZVL-1886	NED	198301331	<b>1:05.15</b>	+0.72		29.89	1:05.15
3. Paul Brinkman	ZVVS	NED	198400309	<b>1:06.37</b>	+0.84		30.61	1:06.37
4. Dirk Smit	DBD	NED	198101559	<b>1:09.09</b>	+0.65		32.23	1:09.09
5. William Kruithof	Het Ravijn	NED	198000857	<b>1:11.28</b>	+0.82		33.06	1:11.28
6. Wouter Zijlstra	DAW	NED	198202077	<b>1:12.35</b>	+0.78		33.83	1:12.35
7. Peter van de Bor	Team Noord Holland (SG)	NED	198402897	<b>1:12.82</b>			31.55	1:12.82
8. Benoit Gasner	DES	NED	198102645	<b>1:13.69</b>	+0.67		33.83	1:13.69
DIS Bertrand Maillet	Asptt Clermont-Ferrand	FRA	88948					
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>								

Masters 45+

1. Erwin Buist	ZPC AMERSFOORT	NED	197800183	<b>1:03.45</b>	+0.69		28.49	1:03.45
2. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	<b>1:07.18</b>	+0.74		32.06	1:07.18
3. Alex Damen	DAW	NED	197501371	<b>1:07.83</b>	+0.76		32.48	1:07.83
4. László Jüllich	ZPCH	NED	197801893	<b>1:08.25</b>	+0.82		31.21	1:08.25
5. Klaas Poelstra	H2Oldambt	NED	197800825	<b>1:11.72</b>	+0.87		34.57	1:11.72
6. Erik Tobé	ZOB'66	NED	197901485	<b>1:19.42</b>	+0.88		36.83	1:19.42
7. Marcel van Walt van Praag	Gay Swim Amsterdam	NED	197501425	<b>1:22.81</b>	+0.75		40.35	1:22.81

Masters 50+

1. Marco Booij	ZPB H&L Productions	NED	197300109	<b>1:07.25</b>	+0.80		31.88	1:07.25
2. Richard Rickson	Hellas-Glana	NED	197000841	<b>1:08.79</b>	+0.78		33.09	1:08.79
3. Martijn de Jong	DWK	NED	197101659	<b>1:17.54</b>	+0.86		37.66	1:17.54
4. Korstiaan de Boer	Steenwijk 1934	NED	197101629	<b>1:19.00</b>	+0.84		35.95	1:19.00
5. Martin Berkhout	ZVL-1886	NED	197101123	<b>1:19.37</b>	+0.71		37.52	1:19.37
6. Erwin Veenhoven	ZVL-1886	NED	197101793	<b>1:20.20</b>	+0.61		36.16	1:20.20

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	<b>1:05.98</b>	+0.74		29.47	1:05.98
2. Jan-Willem van den Berg	WVZ	NED	196801575	<b>1:08.16</b>	+0.79		31.82	1:08.16
3. Bob de Vries	Octopus - ZVV (SG)	NED	196601101	<b>1:09.48</b>	+0.57		32.08	1:09.48
4. Arjan Bellaart	Oceanus	NED	196900079	<b>1:10.47</b>	+0.72		32.18	1:10.47
5. Pascal Tourton	ZOB'66	NED	196601343	<b>1:14.88</b>	+0.82		35.29	1:14.88
6. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	<b>1:16.25</b>			35.85	1:16.25
7. Mathieu Rikken	De Duinkickers	NED	196701777	<b>1:16.85</b>	+0.92		35.93	1:16.85
DIS Erik Zoethout	Aqualero	NED	196901157					
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>								

Programmanr. 24, Heren, 100m wisselslag

Masters 60+

1. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	<b>1:11.51</b>	+0.72	32.02	1:11.51
2. Kees-Jan van Overbeeke	WVW Winterswijk	NED	196200489	<b>1:13.95</b>	+0.82	34.69	1:13.95
3. Fred Ketting	PSV	NED	196000289	<b>1:16.27</b>	+0.88	35.83	1:16.27
4. Theo Bakker	TriVia	NED	196401231	<b>1:19.33</b>	+0.84	39.47	1:19.33
5. Ronald Grove	Triton	NED	196100161	<b>1:21.48</b>	+0.64	39.17	1:21.48

Masters 65+

1. Paul Bunnik	Triton	NED	195600413	<b>1:21.82</b>	+0.85	38.94	1:21.82
2. Philippe Godbille	Cercle De Natation Sportcity VBELwe	NED	CNSW/000230/57	<b>1:36.92</b>		44.25	1:36.92

Masters 70+

1. Charles Bos	Patrick - De Roersoppers (SG)	NED	195300019	<b>1:30.93</b>	+0.74	42.37	1:30.93
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Masters 80+

1. Geza Kaltenecker	AZC	NED	194200065	<b>1:54.83</b>	+0.94	57.41	1:54.83
2. Nico Baay	Old Dutch	NED	194200053	<b>2:07.61</b>	+0.91	1:00.71	2:07.61

### 3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 8  
22-11-2024 - 14:10

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Wouter Zijlstra	HZ&PC Heerenveen	NED 200401545	<b>2:07.57</b>	+0.61	27.69	59.90	1:37.21	2:07.57
2. Daan Hogerhuis	De Columbiaan	NED 200300317	<b>2:12.45</b>	+0.70	28.18	1:01.47	1:40.58	2:12.45
3. Jasper Breugem	WVZ	NED 200000303	<b>2:15.81</b>	+0.72	29.03	1:02.90	1:42.95	2:15.81
4. Guus Hoogduin	ZVL-1886	NED 200201069	<b>2:17.12</b>		29.35	1:04.82	1:44.15	2:17.12
5. D. van den Nieuwendijk	De Columbiaan	NED 200100475	<b>2:20.06</b>	+0.78	29.66	1:05.11	1:45.10	2:20.06
6. Tim Speijer	Bubble	NED 200301661	<b>2:20.18</b>	+0.70	29.44	1:05.95	1:46.24	2:20.18
7. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	<b>2:21.17</b>	+0.67	30.17	1:08.14	1:47.68	2:21.17
8. Stijn den Otter	ZZ&PC De Devel	NED 200200225	<b>2:24.85</b>	+0.61	29.20	1:06.44	1:49.37	2:24.85
9. Rik Stahlie	TriVia	NED 200201915	<b>2:28.91</b>	+0.75	30.22	1:08.72	1:55.50	2:28.91
10. Owen Michels	De Amstel	NED 200402293	<b>2:30.65</b>	+0.73	31.77	1:11.32	1:56.38	2:30.65
11. Robin Schols	ACZ	NED 200400433	<b>2:30.71</b>		30.42	1:10.95	1:55.20	2:30.71
<b>Masters 25+</b>								
1. Bert Duivenvoorde	De Columbiaan	NED 199701805	<b>2:12.35</b>	+0.71	28.19	1:03.22	1:41.32	2:12.35
2. Nick Sijmons	De Amstel	NED 199500491	<b>2:18.31</b>	+0.74	28.41	1:05.87	1:45.28	2:18.31
3. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	<b>2:19.24</b>		29.31	1:05.74	1:47.67	2:19.24
4. David Kievit	De Schotejil	NED 199900325	<b>2:21.06</b>	+0.75	30.00	1:06.13	1:47.33	2:21.06
5. Jordy van Oel	WVZ	NED 199802003	<b>2:31.70</b>		30.37	1:07.64	1:53.31	2:31.70
6. Bas van Tintelen	OZ&PC	NED 199800455	<b>2:33.70</b>	+0.82	32.17	1:12.33	1:58.62	2:33.70
7. Tim van Grunsven	De Treffers	NED 199804535	<b>2:33.75</b>	+0.77	30.40	1:10.30	1:57.85	2:33.75
8. Laurens Spoelstra	WS Twente	NED 199901273	<b>2:35.31</b>	+0.81	32.15	1:12.26	1:57.66	2:35.31
9. Wesley van der Luit	Sassenheim	NED 199701895	<b>2:36.13</b>	+0.66	32.94	1:12.91	2:01.35	2:36.13
<b>Masters 30+</b>								
1. Jesper Oranje	De Duck	NED 199200997	<b>2:14.17</b>	+0.70	26.28	1:00.27	1:40.53	2:14.17
2. Olaf Achterberg	VZC	NED 199000011	<b>2:19.76</b>	+0.80	29.79	1:06.09	1:48.10	2:19.76
3. Tim Bunnik	Triton	NED 199000505	<b>2:20.02</b>	+0.79	30.44	1:05.22	1:47.80	2:20.02
4. Bas Braun	ZPC AMERSFOORT	NED 199106545	<b>2:22.13</b>	+0.77	29.11	1:05.69	1:48.51	2:22.13
5. R. van Doeselaar	Scheldestroom	NED 199200261	<b>2:23.27</b>	+0.71	30.09	1:07.68	1:50.81	2:23.27
6. Patrick Creemers	Patrick - De Roersoppers (S)	NED 199000579	<b>2:23.59</b>	+0.72	31.97	1:11.85	1:52.05	2:23.59
7. Koen van der Wallen	Nederweert	NED 199405561	<b>2:27.68</b>	+0.75	30.32	1:09.58	1:52.73	2:27.68
8. Lars Duijnhouwer	De Biesboschzwemmers	NED 199107161	<b>2:37.61</b>	+0.83	33.39	1:14.65	1:59.71	2:37.61
<b>Masters 35+</b>								
1. Niklas Kunst	TPSK 1925 e.V.	GER 115532	<b>2:13.33</b>	+0.70	29.28	1:03.32	1:40.91	2:13.33
2. Jiri Janovsky	Autoškoda Mladá Boleslav	CZE 3247000	<b>2:14.67</b>	+0.75	28.90	1:03.95	1:41.67	2:14.67
3. Miquel Monros Coma	Luxembourg Sharks SwimmirLUX	LUX11807	<b>2:21.57</b>	+0.76	29.90	1:05.48	1:49.47	2:21.57
<i>Luxembourg Masters Record, voor 50, 200m</i>								
4. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	<b>2:23.82</b>	+0.80	31.43	1:08.79	1:49.53	2:23.82
5. Alex Vermeulen	Aquapoldro	NED 198905811	<b>2:27.17</b>	+0.80	29.92	1:08.22	1:52.95	2:27.17
6. Rick Driezen	Steenwijk 1934	NED 198600713	<b>2:32.09</b>	+0.83	30.08	1:08.40	1:53.87	2:32.09
7. Wessel Everloo	WS Twente	NED 198906597	<b>SM14:2:42.91</b>		34.39	1:15.71	2:06.24	2:42.91
8. Balázs G cze	Swim Life Se	HUN 64/3540	<b>2:53.79</b>	+0.79	32.63	1:19.63	2:11.70	2:53.79
9. Dirk de Vree	De Biesboschzwemmers	NED 198806361	<b>3:07.92</b>		42.58	1:34.93	2:26.68	3:07.92
DIS Robert Braad	Steenwijk 1934	NED 198600407						

VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.

Programmanr. 8, Heren, 200m wisselslag

Masters 40+

1. Kristiaan Lenos	ZVL-1886	NED 198301331	<b>2:23.38</b>	+0.76	30.20	1:07.36	1:49.33	2:23.38
2. Heijmen van Vliet	De Geul	NED 198001637	<b>2:29.66</b>		31.08	1:10.43	1:54.48	2:29.66
3. Albert van Piekere	Swol 1894	NED 198401767	<b>2:33.16</b>	+0.82	34.62	1:13.53	1:57.17	2:33.16
4. Christopher Cardenas	Upstream Amsterdam	NED 198002505	<b>2:35.07</b>	+0.76	30.72	1:11.00	1:56.93	2:35.07
5. Bertrand Maillet	Asptt Clermont-Ferrand	FRA 88948	<b>2:44.77</b>	+0.84	36.57	1:18.05	2:05.89	2:44.77
6. Peter van de Bor	Team Noord Holland (SG)	NED 198402897	<b>2:49.37</b>	+0.83	30.48	1:15.18	2:07.86	2:49.37

Masters 45+

1. Mark Hensen	Niemo Barracuda	NED 197900497	<b>2:20.39</b>	+0.82	29.70	1:06.11	1:47.01	2:20.39
2. Ivo Roozeboom	WVZ	NED 197700801	<b>2:23.02</b>	+0.71	30.95	1:06.89	1:51.56	2:23.02
3. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	<b>2:25.59</b>	+0.73	31.90	1:10.87	1:52.30	2:25.59
4. Alex Damen	DAW	NED 197501371	<b>2:30.70</b>	+0.73	31.87	1:11.96	1:55.72	2:30.70
5. M. van der Zwan	Scheldestroom	NED 197501017	<b>2:32.55</b>	+0.78	30.34	1:12.97	1:55.94	2:32.55
6. László Jüllich	ZPCH	NED 197801893	<b>2:36.51</b>	+0.82	33.31	1:13.13	2:00.08	2:36.51
7. Freddie Geerlings	Zwemsport Parkstad	NED 197900379	<b>2:37.07</b>	+0.83	33.80	1:15.31	2:00.67	2:37.07
8. Thijs Salomé	Scheldestroom	NED 197700819	<b>2:55.64</b>	+0.70	32.97	1:18.35	2:14.50	2:55.64
9. M. van Walt van Praag	Gay Swim Amsterdam	NED 197501425	<b>3:07.15</b>	+0.67	40.00	1:34.19	2:27.03	3:07.15

Masters 50+

1. Antwan van Engen	CWW Swim team (SG)	NED 197101577	<b>2:28.30</b>	+0.80	30.79	1:11.00	1:54.92	2:28.30
2. Richard Ricksen	Hellas-Glana	NED 197000841	<b>2:33.57</b>	+0.76	32.12	1:12.89	1:57.59	2:33.57
3. Korstiaan de Boer	Steenwijk 1934	NED 197101629	<b>2:49.26</b>	+0.78	36.46	1:19.96	2:08.72	2:49.26
4. Jeroen Temme	TriVia	NED 197201703	<b>2:53.53</b>	+0.88	37.42	1:24.61	2:15.13	2:53.53
5. Martijn de Jong	DWK	NED 197101659	<b>2:54.28</b>		35.19	1:23.32	2:11.37	2:54.28

Masters 55+

1. J. van den Berg	WVZ	NED 196801575	<b>2:29.00</b>	+0.80	32.12	1:10.06	1:53.24	2:29.00
2. Erlend Alstad	Oslo I.L.	NOR M210367ERL02	<b>2:30.51</b>	+0.78	32.69	1:13.22	1:56.19	2:30.51
3. G. van der Leden	PSV	NED 196700597	<b>2:38.92</b>	+0.98	31.99	1:13.56	2:01.11	2:38.92
4. Frank van Nobelen	Sassenheim	NED 196900753	<b>2:44.13</b>	+0.81	34.09	1:15.19	2:05.24	2:44.13
5. Ron Korzelius	ZPC AMERSFOORT	NED 196500513	<b>2:44.29</b>	+0.73	36.05	1:19.14	2:07.97	2:44.29
6. Peter Bootsma	AZC	NED 196901869	<b>3:16.34</b>	+0.86	44.95	1:37.42	2:31.99	3:16.34

Masters 60+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	<b>2:35.55</b>	+0.77	32.84	1:12.85	1:57.79	2:35.55
2. Johan Remmits	ZPC AMERSFOORT	NED 196201159	<b>2:35.77</b>	+0.81	31.94	1:12.40	2:00.85	2:35.77
3. Arnold de Rover	De Berkelduikers	NED 196400645	<b>2:38.65</b>		34.76	1:15.49	2:02.73	2:38.65
4. Jon Christensen	Luxembourg Sharks SwimmirLUX(10008)		<b>2:39.27</b>	+0.78	32.99	1:16.60	2:01.47	2:39.27
<i>Luxembourg Masters Record, voor 50, 200m</i>								
5. Ronald Grove	Triton	NED 196100161	<b>2:58.90</b>	+0.80	39.38	1:27.90	2:18.75	2:58.90
6. Jan Willem Heuten	WS Twente	NED 196000883	<b>3:38.85</b>	+0.98	45.16	1:44.86	2:50.98	3:38.85

Masters 65+

1. Paul Bunnik	Triton	NED 195600413	<b>3:08.15</b>	+0.85	41.09	1:32.99	2:27.54	3:08.15
DIS Günther Brod	SSG Saar Max Ritter SV08	GER 234041						
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>								

Masters 70+

1. Pierre Monnet	Entente Sportive Nanterre	FRA 2609667	<b>3:27.25</b>	+0.63	41.71	1:36.79	2:38.11	3:27.25
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Masters 80+

1. Geza Kaltenecker	AZC	NED 194200065	<b>4:12.75</b>	+0.92	1:04.09	2:06.86	3:18.19	4:12.75
2. Rob Hanou	PSV	NED 194300109	<b>4:16.85</b>		1:07.57	2:14.56	3:22.92	4:16.85

6 - ONMK 2024 kb - Sessie 6

24-11-2024 - 9:30

Programmanr. 32  
24-11-2024 - 11:09

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam		vereniging				tijd	RT	PARA
<b>Masters 20+</b>									
1.	Abel te Riele		WVZ		NED	200402317	<b>4:38.17</b>		+0.73
	50m: 28.71	28.71	150m: 1:38.24	35.73	250m: 2:52.35	38.19	350m: 4:06.04		33.76
	100m: 1:02.51	33.80	200m: 2:14.16	35.92	300m: 3:32.28	39.93	400m: 4:38.17		32.13
2.	Guus Hoogduin		ZVL-1886		NED	200201069	<b>4:50.45</b>		+0.74
	50m: 29.89	29.89	150m: 1:42.40	38.46	250m: 2:59.82	40.69	350m: 4:17.53		36.29
	100m: 1:03.94	34.05	200m: 2:19.13	36.73	300m: 3:41.24	41.42	400m: 4:50.45		32.92
<b>Masters 25+</b>									
1.	Jelle Blankestijn		ZPC AMERSFOORT		NED	199803737	<b>4:58.35</b>		
	50m: 30.60	30.60	150m: 1:45.89	38.55	250m: 3:07.66	43.61	350m: 4:25.95		34.06
	100m: 1:07.34	36.74	200m: 2:24.05	38.16	300m: 3:51.89	44.23	400m: 4:58.35		32.40
2.	David Kievit		De Schotejil		NED	199900325	<b>5:03.63</b>		+0.78
	50m: 30.77	30.77	150m: 1:47.47	39.25	250m: 3:09.33	43.09	350m: 4:28.66		35.75
	100m: 1:08.22	37.45	200m: 2:26.24	38.77	300m: 3:52.91	43.58	400m: 5:03.63		34.97
3.	Jeroen Louwinger		De Rijn		NED	199900583	<b>5:18.23</b>		+0.73
	50m: 33.43	33.43	150m: 1:50.93	39.49	250m: 3:17.29	47.80	350m: 4:43.31		37.49
	100m: 1:11.44	38.01	200m: 2:29.49	38.56	300m: 4:05.82	48.53	400m: 5:18.23		34.92
4.	Colin Degenars		ZPCH		NED	199505951	<b>5:48.80</b>		+0.83
	50m: 34.15	34.15	150m: 2:03.40	46.01	250m: 3:41.87	52.31	350m: 5:12.41		39.05
	100m: 1:17.39	43.24	200m: 2:49.56	46.16	300m: 4:33.36	51.49	400m: 5:48.80		36.39
<b>Masters 30+</b>									
1.	Matteo Viani		Zwemlust- den Hommel		NED	199007717	<b>4:56.77</b>		+0.77
	50m: 29.81	29.81	150m: 1:44.46	40.39	250m: 3:06.95	42.60	350m: 4:23.76		33.78
	100m: 1:04.07	34.26	200m: 2:24.35	39.89	300m: 3:49.98	43.03	400m: 4:56.77		33.01
2.	Tim Bunnik		Triton		NED	199000505	<b>5:01.59</b>		+0.80
	50m: 32.28	32.28	150m: 1:47.71	37.45	250m: 3:08.96	43.52	350m: 4:28.37		34.31
	100m: 1:10.26	37.98	200m: 2:25.44	37.73	300m: 3:54.06	45.10	400m: 5:01.59		33.22
3.	Mike Schel		ENC Arnhem		NED	199403279	<b>5:04.66</b>		+0.75
	50m: 31.91	31.91	150m: 1:50.94	40.60	250m: 3:13.60	44.27	350m: 4:31.93		34.38
	100m: 1:10.34	38.43	200m: 2:29.33	38.39	300m: 3:57.55	43.95	400m: 5:04.66		32.73
4.	Patrick Creemers		Patrick - De Roersoppers (SG)		NED	199000579	<b>5:13.63</b>		+0.70
	50m: 33.81	33.81	150m: 1:58.88	41.71	250m: 3:23.06	42.59	350m: 4:40.28		34.67
	100m: 1:17.17	43.36	200m: 2:40.47	41.59	300m: 4:05.61	42.55	400m: 5:13.63		33.35
5.	Jeroen Burggraaf		De Blauwe Schuur		NED	199000467	<b>5:23.25</b>		+0.80
	50m: 32.71	32.71	150m: 1:52.71	41.10	250m: 3:20.02	45.97	350m: 4:44.97		38.87
	100m: 1:11.61	38.90	200m: 2:34.05	41.34	300m: 4:06.10	46.08	400m: 5:23.25		38.28
6.	Robin van Beusekom		Niemo Barracuda		NED	199205841	<b>5:44.12</b>		+0.77
	50m: 34.15	34.15	150m: 2:00.82	45.23	250m: 3:32.65	47.03	350m: 5:04.01		41.55
	100m: 1:15.59	41.44	200m: 2:45.62	44.80	300m: 4:22.46	49.81	400m: 5:44.12		40.11
<b>Masters 35+</b>									
1.	Yuri van Omme		Zwemvereniging Hoogland		NED	198501887	<b>5:07.51</b>		+0.80
	50m: 32.53	32.53	150m: 1:51.22	40.01	250m: 3:12.71	41.68	350m: 4:32.09		36.57
	100m: 1:11.21	38.68	200m: 2:31.03	39.81	300m: 3:55.52	42.81	400m: 5:07.51		35.42
2.	Martijn Giezen		ZPC AMERSFOORT		NED	198500813	<b>5:16.34</b>		+0.79
	50m: 31.44	31.44	150m: 1:50.33	40.55	250m: 3:17.29	47.03	350m: 4:41.22		37.16
	100m: 1:09.78	38.34	200m: 2:30.26	39.93	300m: 4:04.06	46.77	400m: 5:16.34		35.12
3.	Wessel Everloo		WS Twente		NED	198906597	<b>5:42.23</b>		+0.88
	50m: 36.34	36.34	150m: 2:03.32	42.45	250m: 3:36.63	51.86	350m: 5:07.24		37.56
	100m: 1:20.87	44.53	200m: 2:44.77	41.45	300m: 4:29.68	53.05	400m: 5:42.23		34.99

Programmanr. 32, Heren, 400m wisselslag

Masters 40+

1.	Heijmen van Vliet	De Geul	NED	198001637	<b>5:16.88</b>	+0.71		
	50m: 33.52	33.52	150m: 1:52.17	41.67	250m: 3:19.16	46.23	350m: 4:42.91	37.01
	100m: 1:10.50	36.98	200m: 2:32.93	40.76	300m: 4:05.90	46.74	400m: 5:16.88	33.97
2.	Frank v.d. Voordt	De Schoteijl	NED	198302259	<b>5:18.54</b>	+0.75		
	50m: 32.20	32.20	150m: 1:51.56	41.48	250m: 3:18.44	46.52	350m: 4:42.42	37.40
	100m: 1:10.08	37.88	200m: 2:31.92	40.36	300m: 4:05.02	46.58	400m: 5:18.54	36.12
3.	Grzegorz Kasprzyk	ZVVS	NED	198303163	<b>5:36.04</b>	+0.82		
	50m: 33.90	33.90	150m: 1:57.23	44.73	250m: 3:30.77	48.88	350m: 4:59.56	39.08
	100m: 1:12.50	38.60	200m: 2:41.89	44.66	300m: 4:20.48	49.71	400m: 5:36.04	36.48
4.	Harm Jan Otter	Het Ravijn	NED	198101283	<b>5:50.01</b>	+0.93		
	50m: 35.91	35.91	150m: 2:06.98	47.30	250m: 3:41.04	47.17	350m: 5:10.48	41.52
	100m: 1:19.68	43.77	200m: 2:53.87	46.89	300m: 4:28.96	47.92	400m: 5:50.01	39.53
DIS	Kristiaan Lenos	ZVL-1886	NED	198301331				
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>							
AFGEM	Bertrand Maillet	Asptt Clermont-Ferrand	FRA	88948				

Masters 45+

1.	Håkon Skaarud Karlsen	Oslo I.L	NOR	M05011979HÅK01	<b>4:58.97</b>	+0.66		
	<i>Kampioenschapsrecord</i>							
	50m: 32.74	32.74	150m: 1:48.80	39.05	250m: 3:11.17	43.82	350m: 4:28.66	34.16
	100m: 1:09.75	37.01	200m: 2:27.35	38.55	300m: 3:54.50	43.33	400m: 4:58.97	30.31
2.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	<b>5:49.59</b>	+0.51		
	50m: 37.26	37.26	150m: 2:05.85	45.26	250m: 3:41.17	50.49	350m: 5:11.76	40.09
	100m: 1:20.59	43.33	200m: 2:50.68	44.83	300m: 4:31.67	50.50	400m: 5:49.59	37.83

Masters 55+

1.	Erlend Alstad	Oslo I.L	NOR	M210367ERL02	<b>5:20.47</b>	+0.83		
	50m: 34.12	34.12	150m: 1:55.18	43.07	250m: 3:22.48	45.32	350m: 4:45.64	37.67
	100m: 1:12.11	37.99	200m: 2:37.16	41.98	300m: 4:07.97	45.49	400m: 5:20.47	34.83
2.	Jan-Willem van den Berg	WVZ	NED	196801575	<b>5:39.40</b>	+0.83		
	50m: 35.43	35.43	150m: 2:00.42	43.16	250m: 3:31.53	47.76	350m: 5:00.54	40.70
	100m: 1:17.26	41.83	200m: 2:43.77	43.35	300m: 4:19.84	48.31	400m: 5:39.40	38.86

Masters 60+

1.	Johan Remmits	ZPC AMERSFOORT	NED	196201159	<b>5:41.89</b>	+0.84		
	50m: 34.48	34.48	150m: 1:57.75	43.64	250m: 3:32.54	51.98	350m: 5:04.46	38.88
	100m: 1:14.11	39.63	200m: 2:40.56	42.81	300m: 4:25.58	53.04	400m: 5:41.89	37.43
2.	Rob Spetter	De Rog	NED	196201239	<b>6:12.55</b>			
	50m: 41.73	41.73	150m: 2:16.85	46.16	250m: 3:57.66	54.44	350m: 5:33.62	40.61
	100m: 1:30.69	48.96	200m: 3:03.22	46.37	300m: 4:53.01	55.35	400m: 6:12.55	38.93
3.	Hans Vloedgraven	Old Dutch	NED	196400917	<b>6:15.95</b>	+0.87		
	50m: 38.22	38.22	150m: 2:09.56	47.41	250m: 3:49.38	55.58	350m: 5:32.32	44.86
	100m: 1:22.15	43.93	200m: 2:53.80	44.24	300m: 4:47.46	58.08	400m: 6:15.95	43.63
4.	Ronald Grove	Triton	NED	196100161	<b>6:19.61</b>	+0.88		
	50m: 40.52	40.52	150m: 2:20.58	50.88	250m: 4:03.26	52.76	350m: 5:37.82	40.73
	100m: 1:29.70	49.18	200m: 3:10.50	49.92	300m: 4:57.09	53.83	400m: 6:19.61	41.79

Masters 65+

1.	Paul Bunnik	Triton	NED	195600413	<b>6:56.48</b>	+0.99		
	50m: 42.58	42.58	150m: 2:31.92	57.38	250m: 4:25.02	57.68	350m: 6:11.58	44.85
	100m: 1:34.54	51.96	200m: 3:27.34	55.42	300m: 5:26.73	1:01.71	400m: 6:56.48	44.90

Masters 70+

1.	Hans Piederiet	Hoeksche Waard (SGHW) (SG)	NED	195400177	<b>7:40.93</b>			
	50m: 46.96	46.96	150m: 2:44.78	56.00	250m: 4:50.95	1:13.03	350m: 6:54.07	51.12
	100m: 1:48.78	1:01.82	200m: 3:37.92	53.14	300m: 6:02.95	1:12.00	400m: 7:40.93	46.86

Programmanr. 32, Heren, 400m wisselslag

Masters 80+

1. Rob Hanou			PSV			NED	194300109		<b>9:44.77</b>	+0.74	
50m:	1:16.78	1:16.78	150m:	4:06.12	1:14.57	250m:	6:32.64	1:13.71	350m:	8:47.59	59.09
100m:	2:51.55	1:34.77	200m:	5:18.93	1:12.81	300m:	7:48.50	1:15.86	400m:	9:44.77	57.18



7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 35  
24-11-2024 - 13:30

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Michelle Zomerdijk	Dedemsvaart-AC	NED	200003196	<b>26.91</b>	+0.64	
2.	Amber Hesper	Niemo Barracuda	NED	200202188	<b>26.92</b>	+0.76	
3.	Guusje van Lent	Feijenoord Albion Zwemclub	NED	200203898	<b>27.07</b>	+0.68	
4.	Michelle van Wijk	WWV Winterswijk	NED	200204746	<b>27.19</b>	+0.56	
5.	Femke van Wijk	WWV Winterswijk	NED	200403434	<b>27.27</b>	+0.80	
6.	Laura Setz	Bubble	NED	200000130	<b>27.69</b>	+0.84	
7.	Robin Pienaar	Niemo Barracuda	NED	200102236	<b>27.74</b>	+0.78	
8.	Leonie van Wier	HZ&PC Heerenveen	NED	200200436	<b>27.78</b>	+0.68	
9.	Esmée van Peer	TriVia	NED	200201114	<b>28.02</b>	+0.75	
10.	Ilse Verheij	De Rog	NED	200300456	<b>28.14</b>	+0.65	
11.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	<b>28.44</b>	+0.68	
12.	Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	<b>28.46</b>	+0.57	
13.	Carmen Lems	ACZ	NED	200402632	<b>28.56</b>	+0.72	
14.	Sanne Kloezen	Bubble	NED	200204644	<b>28.68</b>	+0.75	
15.	Kim de Jong	Westland Swimming Stars	NED	200401522	<b>28.89</b>	+0.51	
16.	Noa de Bock	De Duck	NED	200300318	<b>28.97</b>	+0.71	
17.	Rozemarijn van Haaff	ZOB'66	NED	200201852	<b>29.06</b>	+0.71	
18.	Jessica Braat	AZC	NED	200205684	<b>29.15</b>	+0.65	
19.	Michelle van den Hoofdakker	Steenwijk 1934	NED	200302708	<b>29.17</b>	+0.82	
20.	Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	<b>29.19</b>	+0.75	
21.	Anique Star	De Columbiaan	NED	200400446	<b>29.36</b>	+0.75	
22.	Iris van Rossum	ACZ	NED	200004858	<b>29.42</b>	+0.74	
23.	Anouk Vis	De Columbiaan	NED	200203322	<b>29.86</b>	+0.77	
24.	Romy van der Zwan	Scheldestroom	NED	200403826	<b>29.88</b>	+0.76	
25.	Rose Lether	ENC Arnhem	NED	200403330	<b>29.93</b>	+0.67	
26.	Esmee Kloezen	Bubble	NED	200204646	<b>30.23</b>	+0.57	
27.	Loïs Jalving	HZ&PC Heerenveen	NED	200400280	<b>30.30</b>	+0.72	
28.	Maddy van der Hoeven	ZPC AMERSFOORT	NED	200401298	<b>30.40</b>	+0.61	
29.	Kyra Wesemann	MSV-Zeemacht	NED	200201440	<b>30.42</b>	+0.76	
30.	Daniëlle Vis	De Columbiaan	NED	200401044	<b>30.60</b>	+0.72	
31.	Hannah Elting	ENC Arnhem	NED	200402702	<b>30.74</b>	+0.78	
32.	Esmee Wijnmaalen	De Geul	NED	200100298	<b>30.82</b>	+0.60	
	Lianne Dekker	DAW	NED	200305438	<b>30.82</b>	+0.73	
34.	Romée Beverdam	WS Twente	NED	200100158	<b>30.89</b>	+0.78	
35.	Lieke van Hofwegen	De Rijn	NED	200105144	<b>30.99</b>	+0.50	
	Jet van Oudheusden	ZOB'66	NED	200401012	<b>30.99</b>	+0.81	
37.	Lieke Stoker	WS Twente	NED	200301412	<b>31.11</b>	+0.83	
38.	Lieke Broere	De Otters Het Gooi	NED	200303890	<b>31.12</b>	+0.77	
39.	Renske Haasbroek	OEZA	NED	200303752	<b>31.37</b>	+0.71	
40.	Elise van der Velden	Poseidon'56	NED	200005834	<b>31.38</b>	+0.70	
41.	Daphne van Rees	Octopus - ZVV (SG)	NED	200301766	<b>31.60</b>	+0.75	
42.	Juliette Boon	ZZ&PC De Devel	NED	200401908	<b>31.87</b>	+0.78	
43.	Vera Vergeest	De Rog	NED	200206010	<b>31.92</b>	+0.56	
44.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>31.94</b>	+0.74	
45.	Berinda van Dijk	Blue Marlins	NED	200104186	<b>32.13</b>	+0.79	
46.	Ilse Stut	De Otters Het Gooi	NED	200206236	<b>32.65</b>	+0.79	
47.	Tove Kienhuis	Aqua'68	NED	200203486	<b>32.83</b>	+0.78	
48.	Noa Boerma	Het Ravijn	NED	200202736	<b>33.14</b>	+0.70	
49.	Maaïke van Houten	Zwemvereniging Hoogland	NED	200206266	<b>33.35</b>	+0.60	
50.	Sol Terpstra	GoSwim	NED	200300396	<b>33.70</b>	+0.69	
51.	Esmeralda Elbers	Blue Marlins	NED	200404888	<b>35.59</b>	+0.78	

Programmanr. 35, Dames, 50m vrije slag

Masters 25+

1.	Babette van der Kaaij	Blue Marlins	NED	199902234	<b>26.29</b>	+0.64
2.	Tamara Grove	De Dolfijn	NED	199601266	<b>26.86</b>	+0.66
3.	Marre Zandringa	Orca	NED	199701136	<b>27.28</b>	+0.70
4.	Selene Wortel	Hieronymus	NED	199700654	<b>27.32</b>	+0.65
5.	Yasmine Bartelds	SBC2000	NED	199604366	<b>27.83</b>	+0.79
6.	Alisha Vieira	Blue Marlins	NED	199904554	<b>27.94</b>	+0.70
7.	Manon Kloosterman	Zwemlust- den Hommel	NED	199702082	<b>28.16</b>	+0.56
8.	Karin Groen	ZPC de Kanaalstreek	NED	199502440	<b>28.17</b>	+0.67
9.	Britt Bogers	Nuenen	NED	199905072	<b>28.64</b>	+0.53
10.	Sanne van de Pol	De Biesboschzwemmers	NED	199800722	<b>28.79</b>	+0.63
11.	Moniek van Langevelde	DWK	NED	199803160	<b>29.00</b>	+0.80
12.	Marcella van der Ent	De Duck	NED	199600174	<b>29.36</b>	+0.76
13.	Gaby Zittersteijn	Zuiderzeezwemmers	NED	199700104	<b>29.48</b>	+0.73
14.	Annemarie ten Have	Zuiderzeezwemmers	NED	199802662	<b>29.63</b>	+0.70
15.	Alies Wagter	Steenwijk 1934	NED	199900840	<b>29.86</b>	+0.81
16.	Annemie Meulenbeld	Orca	NED	199506230	<b>29.88</b>	+0.73
17.	Diane Schoenmaker	PSV	NED	199502920	<b>29.94</b>	+0.77
18.	Elin Jonsson	DES	NED	199906660	<b>30.08</b>	+0.78
19.	Evelien de Jong	Neptunia '24	NED	199805316	<b>30.09</b>	+0.77
20.	Dajenne Hurkmans	De Rog	NED	199806662	<b>30.32</b>	+0.62
21.	Marleen Hof	WS Twente	NED	199802464	<b>30.34</b>	+0.82
22.	Selina Janssen	Neptunus'58	NED	199905974	<b>30.36</b>	
23.	Sabine Lageweg	Steenwijk 1934	NED	199900926	<b>30.80</b>	+0.68
24.	Kristien Peeters	ZVL-1886	NED	199706672	<b>30.86</b>	+0.69
25.	Jelita van Esseveld	ZPC De Zeeuwse Kust	NED	199806716	<b>31.09</b>	+0.74
26.	Mirte Visser	DAW	NED	199606788	<b>31.20</b>	+0.89
27.	Rosalie Baarda	Orca	NED	199903460	<b>31.22</b>	+0.79
	Tamara van den Brink	Niemo Barracuda	NED	199804182	<b>31.22</b>	+0.73
29.	Marlijn van der Zwaluw	De Gelenberg	NED	199700648	<b>31.27</b>	+0.66
30.	Margien Timmer	ZVL-1886	NED	199506760	<b>31.38</b>	+0.68
31.	Esmée Rolloos	Niemo Barracuda	NED	199800056	<b>32.10</b>	+0.70
32.	Irene Hanse	Zuiderzeezwemmers	NED	199801496	<b>32.14</b>	
33.	Anouk van der Lans	Westland Swimming Stars	NED	199801614	<b>32.21</b>	+0.77
34.	Judith Kleinjan	De Duck	NED	199802710	<b>32.29</b>	+0.83
35.	Lotte de Vente	Het Ravijn	NED	199905814	<b>32.98</b>	+0.60
36.	Coranda Visser	SBC2000	NED	199705706	<b>33.03</b>	+0.77
37.	Madelon van Uchelen	Hieronymus	NED	199604180	<b>33.35</b>	+0.77
38.	Dannique Koolen	ZPC AMERSFOORT	NED	199904048	<b>33.54</b>	+0.77
39.	Daniela Macetas	Cercle De Natation Sportcity WolBEL	CNSW/013891/95		<b>34.53</b>	
40.	Catannia Nortan	ZPC AMERSFOORT	NED	199904400	<b>35.33</b>	+0.74

Masters 30+

1.	Marcha Admiraal	De Geul	NED	199300012	<b>27.97</b>	+0.72
2.	Natasja Snijders	Aqua-Novio '94	NED	199107966	<b>28.08</b>	+0.68
3.	Elmi Roelofsen	Octopus - ZVV (SG)	NED	199008198	<b>28.21</b>	+0.77
4.	Lisa Klatten	WVZ	NED	199203628	<b>28.29</b>	+0.71
5.	Denise Boereboom	Niemo Barracuda	NED	199202144	<b>28.30</b>	+0.65
6.	Mariska Scheel	ACZ	NED	199306344	<b>28.43</b>	+0.73
7.	Miranda Nijenhuis	De Columbiaan	NED	199204076	<b>28.53</b>	+0.75
8.	Ines Muilwijk	MNC Dordrecht	NED	199202858	<b>28.65</b>	+0.52
9.	Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	<b>29.18</b>	+0.63
10.	Isabelle Massar	WVZ	NED	199102034	<b>29.42</b>	+0.77
11.	Erika Nyström	HHZV Plons	NED	199407592	<b>29.52</b>	+0.79
12.	Claudia Putzolu	Luxembourg Sharks Swimming CLUX	17268		<b>29.53</b>	+0.69
	<i>Luxembourg Masters Record</i>					
13.	Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>29.64</b>	+0.75
14.	Cindy Hendriks	CWW Swim team (SG)	NED	199207672	<b>29.74</b>	+0.59
15.	Leontine Groeneveldt	De Duck	NED	199303526	<b>29.86</b>	+0.73
16.	Wendy de Bruin	ZOB'66	NED	199206320	<b>30.48</b>	+0.64
17.	Marloes Manni	Zwemvereniging Hoogland	NED	199003078	<b>30.53</b>	+0.81
18.	Anne Aarts	DES	NED	199207942	<b>30.61</b>	+0.79
19.	Ilona van der Knaap	De Watervogels	NED	199204954	<b>31.18</b>	+0.69
20.	Adela Vázquez García	ZVL-1886	NED	199307952	<b>31.20</b>	+0.66

Programmanr. 35, Dames, 50m vrije slag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
21.	Nanda Wobben-de Vries	Steenwijk 1934	NED	199204328	<b>31.91</b>	+0.79	
22.	Celine Bakker	DAW	NED	199302562	<b>32.18</b>	+0.70	
23.	Daphne Kievit	ZPC AMERSFOORT	NED	199207058	<b>32.25</b>	+0.66	
24.	Wolke Visser	De Otters Het Gooi	NED	199303676	<b>32.51</b>	+0.76	
25.	Danila van den Hoogenband	Nuene	NED	199001558	<b>32.92</b>	+0.77	
26.	Jacoline van den Beukel	Niemo Barracuda	NED	199100238	<b>32.99</b>	+0.78	
27.	Marjan Rikken	Octopus - ZVV (SG)	NED	199206114	<b>33.53</b>	+0.79	
28.	Eline Molle	De Geul	NED	199404276	<b>34.08</b>	+0.82	
29.	Dorien Pastoors	Blue Marlins	NED	199404598	<b>35.04</b>	+0.81	
30.	Maaïke Karsten	Zwemvereniging Hoogland	NED	199103832	<b>35.29</b>	+0.90	
31.	Francis van der Perk	Hoeksche Waard (SGHW) (SG)	NED	199102442	<b>38.74</b>	+0.87	
DIS	Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374			

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 35+

1.	Anneloes Peulen <i>Kampioenschapsrecord</i>	Nuene	NED	198502314	<b>27.29</b>	+0.67	
2.	Monique van Huizen	AZC	NED	198706236	<b>29.17</b>	+0.71	
3.	Relinda Baas	TriVia	NED	198900144	<b>30.14</b>	+0.59	
4.	Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	<b>30.22</b>	+0.75	
5.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>31.26</b>	+0.82	
6.	Jolien de Valk	GoSwim	NED	198504268	<b>31.41</b>	+0.97	
7.	Lisanne Andeweg	Zuiderzeezwemmers	NED	198800092	<b>31.45</b>	+0.81	
8.	Desiree Groot	SwimGym	NED	198601310	<b>33.22</b>	+0.65	
9.	Christa van Dijk	GZC Donk	NED	198706224	<b>34.33</b>	+0.85	
10.	Ingrid Johannes	De Kempvis	NED	198907370	<b>35.87</b>	+0.70	
11.	Janna Brummel	SwimGym	NED	198807018	<b>37.36</b>	+0.68	
12.	Jerianne Gomez	Feijenoord Albion Zwemclub	NED	198605360	<b>37.51</b>		
13.	Herma Seubers-Kip	Team Noord Holland (SG)	NED	198706298	<b>37.58</b>	+0.77	

Masters 40+

1.	Anke Lamboij	AZL	NED	198001182	<b>27.94</b>	+0.79	
2.	Anne-Marie Verschoor-Vos	De Biesboschzwemmers	NED	198102300	<b>29.29</b>	+0.76	
3.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>30.25</b>	+0.79	
4.	Michelle de Villiers	Hellas-Glana	NED	198302944	<b>31.50</b>	+0.78	
5.	Renee de Kok	VZV Njord	NED	198403350	<b>31.87</b>	+0.76	
6.	Marijn Post	ENC Arnhem	NED	198101194	<b>31.90</b>	+0.91	
7.	Anne Besseling-de Jong	De Geul	NED	198102084	<b>34.12</b>	+0.92	

Masters 45+

1.	Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>29.35</b>	+0.72	
2.	Nathalie Blondeel <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004784/77	<b>29.77</b>	+0.68	
3.	Patricia Brooijmans	Old Dutch	NED	197901608	<b>30.24</b>	+0.67	
4.	Gyonygyver Lakos	Swim Life Se	HUN	64/699	<b>30.32</b>	+0.74	
5.	Katinka van Dongen	<td>NED</td> <td>197700190</td> <td><b>30.58</b></td> <td>+0.73</td> <td></td>	NED	197700190	<b>30.58</b>	+0.73	
6.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>31.13</b>	+0.86	
7.	Geraldine Trainor	De Duck	NED	197500544	<b>31.42</b>	+0.77	
8.	Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>32.98</b>	+0.86	
9.	Marian Nederlof	De Geul	NED	197600950	<b>33.34</b>	+0.72	
10.	Inge Roskam	De Duinkickers	NED	197801296	<b>34.26</b>	+0.64	
11.	Sandra Van der Helm	De Rog	NED	197801340	<b>35.26</b>	+0.79	
12.	Esther Vergeest	De Rog	NED	197700012	<b>35.79</b>	+0.80	
13.	Andrea Köhler	SwimGym	NED	197601208	<b>36.14</b>		
14.	Saskia op den Velde	De Duinkickers	NED	197901530	<b>36.26</b>	+0.92	
15.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>37.31</b>	+0.68	
16.	Nicolette Zuidema	Swol 1894	NED	197500978	<b>38.50</b>	+0.85	
17.	Jessica van Velzen	Swol 1894	NED	197601122	<b>39.98</b>	+0.92	
18.	Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	<b>40.26</b>	+0.83	
19.	Joyce Akkersdijk	GoSwim	NED	197701270	<b>42.05</b>	+0.82	

Programmanr. 35, Dames, 50m vrije slag, Masters 45+

rang	naam	vereniging				tijd	RT	PARA
20.	Katrin Glatzer	ZPC AMERSFOORT	NED	197601200	S9	<b>43.05</b>	+0.98	261

Masters 50+

1.	Carla Geurts	PSV	NED	197100178		<b>29.35</b>	+0.60	
2.	Olivia Lorton	Luxembourg Sharks Swimming CLUX		9981		<b>29.88</b>	+0.55	
<i>Luxembourg Masters Record</i>								
3.	Edith Janssen-Koolen	TRB-RES	NED	197300898		<b>30.04</b>	+0.71	
4.	Yvette Ratering	CWW Swim team (SG)	NED	197200990		<b>30.22</b>	+0.79	
5.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054		<b>30.50</b>	+0.77	
6.	Gudule van der Meer	PSV	NED	197200396		<b>30.74</b>	+0.87	
7.	Jenny Bergwerff	ZPC AMERSFOORT	NED	197200848		<b>31.03</b>	+0.71	
8.	Johanna van Wijnen	De Biesboschzwemmers	NED	197201072		<b>31.07</b>	+0.81	
9.	Ilona Hogerheyde	DAW	NED	197400224		<b>31.19</b>	+0.75	
10.	Annette de Visser	Oceanus	NED	197100602		<b>31.36</b>	+0.87	
11.	Janine Franssen	Zwemsport Parkstad	NED	197101108		<b>32.06</b>	+0.74	
12.	Jeanne Petit	PSV	NED	197001020		<b>32.33</b>	+0.94	
13.	Regine Beckers-Stribos	De Rog	NED	197000492		<b>33.02</b>	+0.84	
14.	Marjolein Klunne	Hieronymus	NED	197101098		<b>33.31</b>	+0.76	
15.	Cherry Bas-Ott	DAW	NED	197100464		<b>34.18</b>	+0.55	
16.	Danielle Schipper	ZOB'66	NED	197001078		<b>38.01</b>	+0.80	
17.	Claudy de Ruijter	Old Dutch	NED	197000970		<b>39.28</b>	+0.88	
18.	Linda Kerkmeester	GoSwim	NED	197400980		<b>42.32</b>		

Masters 55+

1.	Monique Tuijp	Ed-Vo	NED	196900800		<b>29.48</b>	+0.73	
2.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684		<b>29.50</b>	+0.79	
3.	Carol Hollemans	ACZ	NED	196900252		<b>30.39</b>	+0.70	
4.	Marjo Goelma-Koek	De Biesboschzwemmers	NED	196900192		<b>30.58</b>	+0.74	
5.	Jacqueline Tuin	DAW	NED	196600690		<b>32.05</b>	+0.77	
6.	Miranda van Leeuwen	MNC Dordrecht	NED	196500180		<b>32.93</b>		
7.	Marijke Campfens	De Geul	NED	196900960		<b>34.44</b>	+0.84	
8.	Ania Bultena-Rusek	TriVia	NED	196600764		<b>34.55</b>	+0.63	
9.	Cancia Leirissa	Feijenoord Albion Zwemclub	NED	196700748		<b>34.57</b>	+0.85	
10.	Ariane Hamakers	De Rog	NED	196700714		<b>35.26</b>	+0.95	
11.	Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928		<b>35.91</b>	+0.61	
12.	Sylvia Monster	ZDF	NED	196800972		<b>36.84</b>	+0.91	
13.	Irna van der Molen	WS Twente	NED	196900938		<b>38.03</b>	+0.70	
14.	Ageeth Westenbrink	De Rog	NED	196700712		<b>39.09</b>	+0.71	
15.	Annette van Dok	MSV-Zeemacht	NED	196800742		<b>42.02</b>	+0.77	
16.	Cora Smulders	ENC Arnhem	NED	196600668		<b>43.06</b>	+0.77	

Masters 60+

1.	Marjan Remmits-de Lange	ZPC AMERSFOORT	NED	196300518		<b>31.82</b>	+0.77	
2.	Linda van de Ree	De Ganze	NED	196300452		<b>33.34</b>	+0.77	
3.	Marijke Kraak-Beckers	Swol 1894	NED	196000240		<b>34.82</b>	+0.85	
4.	Wilna Heijman	Steenwijk 1934	NED	196400506		<b>36.69</b>	+0.82	
5.	Christine Buist	De Duinkickers	NED	196400608		<b>40.06</b>	+0.97	

Masters 65+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050		<b>34.96</b>	+0.79	
2.	Claire Anthony	Cercle De Natation Sportcity WolBEL		CNSW/001353/57		<b>35.45</b>	+0.87	
3.	Trui Knijnenburg	DES	NED	195800266		<b>40.34</b>	+0.72	
4.	Brigitte Dugauquier	Cercle De Natation Sportcity WolBEL		CNSW/011938/55		<b>40.75</b>		

Programmanr. 35, Dames, 50m vrije slag

Masters 70+

1.	Christine Nieuwenhuis	Swol 1894	NED	195100022	<b>34.26</b>	+0.77
2.	Carla Hensen	PSV	NED	195300062	<b>40.88</b>	+0.98
3.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004901/52	<b>46.55</b>	+0.91
4.	Tineke van Diggelen	ZPCH	NED	195200048	<b>46.69</b>	
5.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>49.36</b>	+0.87
6.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>56.28</b>	+0.91
7.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>1:14.25</b>	

Masters 75+

1.	Corrie Verhoeven	PSV	NED	194600026	<b>37.70</b>	+0.80
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*Kampioenschapsrecord*

Masters 85+

1.	Lottie Geurts	PSV	NED	193500006	<b>50.92</b>	
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Programmanr. 11  
22-11-2024 - 15:17

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Laura Setz	Bubble	NED 200000130	<b>58.69</b>	+0.91		28.31	58.69
2. Amber Hesper	Niemo Barracuda	NED 200202188	<b>59.22</b>	+0.76		28.94	59.22
3. Robin Pienaar	Niemo Barracuda	NED 200102236	<b>59.99</b>			29.00	59.99
4. Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>1:00.06</b>	+0.66		28.27	1:00.06
5. Esmée van Peer	TriVia	NED 200201114	<b>1:00.81</b>	+0.77		29.37	1:00.81
6. Julia Notenboom	De Columbiaan	NED 200302596	<b>1:00.83</b>	+0.79		28.95	1:00.83
7. Guusje van Lent	Feijenoord Albion Zwemclub	NED 200203898	<b>1:01.24</b>	+0.64		29.64	1:01.24
8. Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	<b>1:01.76</b>	+0.72		29.45	1:01.76
9. Christel Brugmans	Hieronymus	NED 200005602	<b>1:01.83</b>	+0.69		29.59	1:01.83
10. Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>1:02.72</b>			29.89	1:02.72
11. Carmen Lems	ACZ	NED 200402632	<b>1:02.78</b>	+0.67		29.42	1:02.78
12. Sanne Kloezen	Bubble	NED 200204644	<b>1:03.42</b>	+0.75		29.40	1:03.42
13. Rozemarijn van Haaff	ZOB'66	NED 200201852	<b>1:03.66</b>	+0.74		30.43	1:03.66
14. Inge Dekker	HZ&PC Heerenveen	NED 200200476	<b>1:03.83</b>	+0.81		30.24	1:03.83
15. Faustine Mussig	De Geul	NED 200202080	<b>1:03.98</b>	+0.74		30.72	1:03.98
16. Lois Jalving	HZ&PC Heerenveen	NED 200400280	<b>1:04.63</b>	+0.69		30.48	1:04.63
17. Mirelle de Kort	Neptunus'58	NED 200005546	<b>1:05.07</b>	+0.79		31.61	1:05.07
18. Esmee Kloezen	Bubble	NED 200204646	<b>1:05.14</b>	+0.70		30.58	1:05.14
19. Jessica Braat	AZC	NED 200205684	<b>1:05.26</b>	+0.74		31.40	1:05.26
20. Laura Tromp	ZZ&PC De Devel	NED 200000276	<b>1:05.79</b>	+0.71		31.87	1:05.79
21. Ilse Kramer	TriVia	NED 200403072	<b>1:05.89</b>			31.62	1:05.89
22. Rose Lether	ENC Arnhem	NED 200403330	<b>1:05.94</b>	+0.67		30.94	1:05.94
23. M. van den Hoofdakker	Steenwijk 1934	NED 200302708	<b>1:06.07</b>			31.29	1:06.07
24. Romy van der Zwan	Scheldestroom	NED 200403826	<b>1:06.20</b>	+0.80		31.39	1:06.20
25. Lisanne Seising	VZC	NED 200002084	<b>1:06.64</b>	+0.71		31.61	1:06.64
26. Femke de Wit	Nederweert	NED 200102184	<b>1:06.79</b>	+0.78		31.66	1:06.79
27. Maddy van der Hoeven	ZPC AMERSFOORT	NED 200401298	<b>1:07.60</b>	+0.79		32.96	1:07.60
28. Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>1:07.84</b>	+0.85		32.89	1:07.84
Romy Jalving	HZ&PC Heerenveen	NED 200000616	<b>1:07.84</b>	+0.69		32.47	1:07.84
30. Hannah Elting	ENC Arnhem	NED 200402702	<b>1:08.67</b>	+0.79		32.59	1:08.67
31. Daphne van Rees	Octopus - ZVV (SG)	NED 200301766	<b>1:09.69</b>	+0.76		33.45	1:09.69
32. Michelle van Wijhe	ZPC AMERSFOORT	NED 200402196	<b>1:10.95</b>	+0.74		33.80	1:10.95
33. Valerie Bakker	ZVL-1886	NED 200103672	<b>1:11.32</b>	+0.79		33.56	1:11.32
34. Tove Kienhuis	Aqua'68	NED 200203486	<b>1:11.87</b>			34.33	1:11.87
35. Ilse Hallie	Octopus - ZVV (SG)	NED 200200128	<b>1:12.18</b>	+0.80		34.53	1:12.18
36. Maaïke van Houten	Zwemvereniging Hoogland	NED 200206266	<b>1:16.27</b>	+0.79		35.72	1:16.27

**Masters 25+**

1. Tamara Grove	De Dolfijn	NED 199601266	<b>57.53</b>	+0.71		27.91	57.53
2. Angélique van Vark	GZC Donk	NED 199701478	<b>58.92</b>	+0.64		28.70	58.92
3. Marre Zandringa	Orca	NED 199701136	<b>1:00.59</b>	+0.72		28.68	1:00.59
4. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>1:00.86</b>	+0.74		29.35	1:00.86
5. Celine Schoenmaker	DWK	NED 199801976	<b>1:01.17</b>	+0.72		29.33	1:01.17
6. Moniek van Langevelde	DWK	NED 199803160	<b>1:01.24</b>	+0.76		29.60	1:01.24
7. Marijke Drent	Bubble	NED 199906232	<b>1:02.39</b>	+0.79		29.94	1:02.39
8. Alisha Vieira	Blue Marlins	NED 199904554	<b>1:03.87</b>	+0.73		29.75	1:03.87
9. Alies Wagter	Steenwijk 1934	NED 199900840	<b>1:04.51</b>	+0.81		31.15	1:04.51
10. Kelly de Jonge	Poseidon'56	NED 199701210	<b>1:04.62</b>	+0.80		30.59	1:04.62
11. Anoeska van de Kraats	DWK	NED 199701284	<b>1:04.63</b>	+0.72		30.71	1:04.63
12. Estee Grandier	ZPC AMERSFOORT	NED 199906654	<b>1:04.65</b>	+0.78		31.74	1:04.65
13. Evelien de Jong	Neptunia '24	NED 199805316	<b>1:05.82</b>	+0.75		31.05	1:05.82
14. Simone Mus	HZ&PC Heerenveen	NED 199601932	<b>1:05.83</b>	+0.65		31.08	1:05.83
15. Rianne Bresser	Poseidon'56	NED 199900690	<b>1:05.96</b>	+0.77		31.37	1:05.96
16. Annemiek Meulenbeld	Orca	NED 199506230	<b>1:06.17</b>	+0.74		30.84	1:06.17
17. Maria Antonella Zuccaro	DAW	NED 199606894	<b>1:06.25</b>	+0.64		31.29	1:06.25

Programmanr. 11, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
18. Iris van der Moolen	De Amstel	NED	199902052	<b>1:07.38</b>	+0.80		32.55	1:07.38
19. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:08.36</b>	+0.77		33.11	1:08.36
20. Sabine Lageweg	Steenwijk 1934	NED	199900926	<b>1:08.39</b>	+0.71		32.28	1:08.39
21. Marlijn van der Zwaluw	De Gelenberg	NED	199700648	<b>1:08.42</b>	+0.83		32.51	1:08.42
22. Marleen Hof	WS Twente	NED	199802464	<b>1:09.30</b>	+0.88		32.89	1:09.30
23. Margien Timmer	ZVL-1886	NED	199506760	<b>1:10.87</b>	+0.69		34.59	1:10.87
24. Carmen Bootsma	AZC	NED	199805760	<b>1:14.14</b>	+0.71		34.73	1:14.14
25. Coranda Vissers	SBC2000	NED	199705706	<b>1:14.80</b>	+0.78		35.54	1:14.80
26. Daniela Macetas	Cercle De Natation Sportcity VBELwe	CNSW/013891/95		<b>1:16.95</b>			36.72	1:16.95
27. Pauline Scheele	Scheldestroom	NED	199905456	<b>1:20.22</b>	+0.79		38.07	1:20.22
28. Kim van Rossum	SBC2000	NED	199706374	<b>1:30.80</b>			42.36	1:30.80

Masters 30+

1. Saskia de Klerk	GoSwim	NED	199004612	<b>1:00.77</b>	+0.67		29.10	1:00.77
2. Marcha Admiraal	De Geul	NED	199300012	<b>1:01.15</b>	+0.76		29.26	1:01.15
3. Denise Boereboom	Niemo Barracuda	NED	199202144	<b>1:01.87</b>	+0.65		29.48	1:01.87
4. Lotte Coenen	DES	NED	199301518	<b>1:02.35</b>	+0.85		29.70	1:02.35
5. Melissa Zwaan	DAW	NED	199103666	<b>1:05.73</b>	+0.75		30.69	1:05.73
6. Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	<b>1:05.87</b>	+0.66		31.30	1:05.87
7. Wendy de Bruin	ZOB'66	NED	199206320	<b>1:06.59</b>	+0.65		32.62	1:06.59
8. Erika Nyström	HHZV Plons	NED	199407592	<b>1:07.13</b>	+0.76		32.37	1:07.13
9. Anouk Kuijlaars	PSV	NED	199401700	<b>1:08.16</b>	+0.76		32.98	1:08.16
10. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:08.52</b>	+0.79		32.67	1:08.52
11. Nienke Smidt	WS Twente	NED	199407596	<b>1:09.63</b>	+0.83		33.84	1:09.63
12. Adela Vázquez García	ZVL-1886	NED	199307952	<b>1:10.04</b>	+0.79		33.57	1:10.04
13. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:10.67</b>	+0.71		33.48	1:10.67
14. Ramona Noordermeer	DIO	NED	199401746	<b>1:16.72</b>	+0.78		36.88	1:16.72
15. Janneke van de Poele	De Duck	NED	199301128	<b>1:17.76</b>	+0.66		36.26	1:17.76
16. Natasja Pijpstra	Team Noord Holland (SG)	NED	199108716	<b>1:40.49</b>			47.98	1:40.49
NG Claudia Putzolu	Luxembourg Sharks Swimming	LUX	17268					
NG Nienke van Zoggel	De Treffers	NED	199004810					

Masters 35+

1. Anneloes Peulen	Nuenen	NED	198502314	<b>1:01.39</b>	+0.66		28.73	1:01.39
2. Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>1:03.68</b>			30.59	1:03.68
3. Monique van Huizen	AZC	NED	198706236	<b>1:04.01</b>			30.58	1:04.01
4. Marlijn Hendriksen	DIO	NED	198806828	<b>1:04.06</b>	+0.74		31.15	1:04.06
5. Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	<b>1:07.77</b>	+0.82		32.46	1:07.77
6. Evita van de Ketterij	De Treffers	NED	198504284	<b>1:07.98</b>	+0.72		31.79	1:07.98
7. Julia Fitzmaier	DES	NED	198907604	<b>1:10.67</b>	+0.81		33.83	1:10.67
8. Sandra Schellekens	Neptunus'58	NED	198503416	<b>1:11.12</b>	+0.82		34.02	1:11.12
9. Suzan Blankestijn	ZVL-1886	NED	198900350	<b>1:12.69</b>	+0.65		34.25	1:12.69
10. Ilana Iskander	Zwemvereniging Hoogland	NED	198907606	<b>1:15.87</b>			37.37	1:15.87
11. Desiree Groot	SwimGym	NED	198601310	<b>1:16.18</b>	+0.69		36.43	1:16.18
12. Ellen van der Woerd	SwimGym	NED	198907610	<b>1:22.20</b>	+0.66		39.33	1:22.20
13. Janna Brummel	SwimGym	NED	198807018	<b>1:23.60</b>	+0.84		38.30	1:23.60
14. Monique Kok	Octopus - ZVV (SG)	NED	198605398	<b>1:24.06</b>			39.78	1:24.06
15. Hanne Keijzer	Team Noord Holland (SG)	NED	198503932	<b>1:30.92</b>	+0.79		43.19	1:30.92

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	<b>59.85</b>	+0.75		28.53	59.85
<i>Nederlands Masters Record</i>								
2. Anke Lambooj	AZL	NED	198001182	<b>1:02.88</b>	+0.80		29.53	1:02.88
3. Miranda Pijnenburg	De Treffers	NED	198301216	<b>1:08.68</b>	+0.79		33.18	1:08.68
4. Michelle de Villiers	Hellas-Glana	NED	198302944	<b>1:09.99</b>	+0.77		33.57	1:09.99
5. Angela Giezen	ZPC AMERSFOORT	NED	198302796	<b>1:10.21</b>	+0.70		34.41	1:10.21
6. Renee de Kok	VZV Njord	NED	198403350	<b>1:11.95</b>	+0.73		34.58	1:11.95
7. Anne Besseling-de Jong	De Geul	NED	198102084	<b>1:16.97</b>	+0.88		37.37	1:16.97
8. Clara Groenhorst	LinK	NED	198202506	<b>1:24.82</b>	+0.98		40.48	1:24.82

Programmanr. 11, Dames, 100m vrije slag

Masters 45+

1. Nathalie Blondeel	Cercle De Natation Sportcity VBELwe CNSW/004784/77			<b>1:05.25</b>		31.37	1:05.25
<i>Belgisch Masters Record</i>							
2. Katarina Hanusova	VSK Univerzita Brno	CZE		<b>1:05.26</b>	+0.72	31.61	1:05.26
3. Cindy Gootzen-Bulthuis	RZ	NED	197500990	<b>1:06.55</b>	+0.83	32.22	1:06.55
4. Patricia Brooijmans	Old Dutch	NED	197901608	<b>1:07.12</b>	+0.70	32.37	1:07.12
5. Chantal Verhoeff	Old Dutch	NED	197900912	<b>1:09.23</b>	+0.81	32.94	1:09.23
6. Petra Guijt	Aqua-Novio '94	NED	197600978	<b>1:09.44</b>	+0.85	33.28	1:09.44
7. Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>1:09.91</b>	+0.88	33.63	1:09.91
8. Gyonygyver Lakos	Swim Life Se	HUN	64/699	<b>1:10.57</b>	+0.74	33.05	1:10.57
9. Martine de Haart	Patrick - De Roersoppers (SG)	NED	197901492	<b>1:12.42</b>		34.21	1:12.42
10. Marian Nederlof	De Geul	NED	197600950	<b>1:12.81</b>	+0.82	34.38	1:12.81
11. Marleen Zantingh	Old Dutch	NED	197801378	<b>1:12.83</b>	+0.67	35.06	1:12.83
12. Catherine Hoogeveen	DZ&PC	NED	197501048	<b>1:12.84</b>	+0.86	35.36	1:12.84
13. Esther Vergeest	De Rog	NED	197700012	<b>1:16.71</b>	+0.75	36.51	1:16.71
14. Sandra Van der Helm	De Rog	NED	197801340	<b>1:20.96</b>	+0.78	38.60	1:20.96
15. Ilonka van der Meer	LinK	NED	197601168	<b>1:22.34</b>	+0.99	39.78	1:22.34
16. Andrea Köhler	SwimGym	NED	197601208	<b>1:23.98</b>	+0.74	40.33	1:23.98
17. Leonie Scholten	Steenwijk 1934	NED	197901560	<b>1:25.14</b>		39.67	1:25.14
18. Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	<b>1:30.09</b>	+0.89	43.22	1:30.09
19. Jessica van Velzen	Swol 1894	NED	197601122	<b>1:32.52</b>		44.75	1:32.52

Masters 50+

1. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:05.65</b>	+0.71	31.64	1:05.65
2. Yvette Ratering	CWW Swim team (SG)	NED	197200990	<b>1:08.57</b>		32.54	1:08.57
3. Ilona Hogerheyde	DAW	NED	197400224	<b>1:08.61</b>	+0.77	32.43	1:08.61
4. Annette de Visser	Oceanus	NED	197100602	<b>1:08.81</b>		33.42	1:08.81
5. Inken Wemheuer	Team Noord Holland (SG)	NED	197101016	<b>1:10.15</b>	+0.76	33.33	1:10.15
6. Katharina Schlipp	AZL	NED	197301004	<b>1:11.50</b>	+0.80	34.57	1:11.50
7. Janine Franssen	Zwemsport Parkstad	NED	197101108	<b>1:11.67</b>		33.27	1:11.67
8. Jeanne Petit	PSV	NED	197001020	<b>1:11.76</b>	+0.79	33.96	1:11.76
9. Hilly Brugmans	Hieronymus	NED	197001112	<b>1:23.97</b>		39.13	1:23.97
10. Judith Sijbers	PSV	NED	197301030	<b>1:40.45</b>	+0.87	45.57	1:40.45

Masters 55+

1. Monique Tuijp	Ed-Vo	NED	196900800	<b>1:06.41</b>		31.71	1:06.41
2. Carol Hollemans	ACZ	NED	196900252	<b>1:06.55</b>	+0.58	31.36	1:06.55
3. Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>1:07.28</b>	+0.65	32.05	1:07.28
4. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	<b>1:11.51</b>		34.47	1:11.51
5. Jacqueline Tuin	DAW	NED	196600690	<b>1:12.66</b>	+0.78	34.62	1:12.66
6. Marijke Campfens	De Geul	NED	196900960	<b>1:14.38</b>		36.33	1:14.38
7. Cancia Leirissa	Feijenoord Albion Zwemclub	NED	196700748	<b>1:20.77</b>	+0.80	38.30	1:20.77
8. Machteld Stiling	ZPC AMERSFOORT	NED	196600716	<b>1:21.42</b>	+0.81	39.62	1:21.42
9. Irna van der Molen	WS Twente	NED	196900938	<b>1:24.71</b>	*+0.77	39.79	1:24.71
10. Ageeth Westenbrink	De Rog	NED	196700712	<b>1:29.45</b>	+0.91	43.35	1:29.45
11. Inge Deutz	ZVVS	NED	196600726	<b>1:29.55</b>	+0.83	41.81	1:29.55

Masters 60+

1. Marjan Remmits-de Lange	ZPC AMERSFOORT	NED	196300518	<b>1:09.63</b>		33.43	1:09.63
2. Marijke Kraak-Beckers	Swol 1894	NED	196000240	<b>1:17.36</b>	+0.84	36.95	1:17.36
3. Wilna Heijman	Steenwijk 1934	NED	196400506	<b>1:17.51</b>	+0.96	37.78	1:17.51
4. M. Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>1:18.81</b>	+0.77	37.55	1:18.81
5. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:27.63</b>		43.10	1:27.63
6. Lia Bijkerk	GZC Donk	NED	196000014	<b>1:29.08</b>	+0.94	43.52	1:29.08
7. Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>1:29.84</b>	+0.82	42.78	1:29.84
8. Jacqueline Brouwer	EZV	NED	196100296	<b>1:39.09</b>	+0.85	47.82	1:39.09



Programmanr. 11, Dames, 100m vrije slag

Masters 65+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>1:17.90</b>	+0.65	37.76	1:17.90
2. Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>1:19.03</b>	+0.73	38.06	1:19.03
3. Brigitte Dugauquier	Cercle De Natation Sportcity	VBELwe	CNSW/011938/55	<b>1:34.98</b>		45.46	1:34.98
4. Mies Kuipers	Old Dutch	NED	195800202	<b>2:16.95</b>		1:07.92	2:16.95

Masters 70+

1. Christine Nieuwenhuis	Swol 1894	NED	195100022	<b>1:18.92</b>	+0.72	37.08	1:18.92
2. F. Blondeel-Gourmet	Cercle De Natation Sportcity	VBELwe	CNSW/004901/52	<b>1:46.22</b>	+0.98	50.44	1:46.22
3. Geerdien Meerwaldt	De Geul	NED	195200058	<b>2:04.84</b>		59.46	2:04.84
4. N. van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>2:42.13</b>	*	1:12.53	2:42.13

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	<b>2:03.39</b>		58.25	2:03.39
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5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 27  
23-11-2024 - 16:50

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Laura Setz	Bubble	NED 200000130	<b>2:05.54</b>	+0.84	28.79	1:00.16	1:33.06	2:05.54
2. Tess Panjer	VZC	NED 200403060	<b>2:09.06</b>	+0.65	30.04	1:02.88	1:36.34	2:09.06
3. Inge Koekoek	DWK	NED 200401648	<b>2:13.59</b>	+0.77	31.28	1:05.07	1:39.97	2:13.59
4. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>2:14.85</b>	+0.85	30.64	1:04.35	1:39.88	2:14.85
5. Robin Pienaar	Niemo Barracuda	NED 200102236	<b>2:17.08</b>	+0.65	30.05	1:04.18	1:40.03	2:17.08
6. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:19.29</b>	+0.73	31.65	1:07.05	1:43.50	2:19.29
7. Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>2:19.48</b>	+0.71	31.15	1:05.89	1:42.54	2:19.48
8. Isa Warmerdam	Sassenheim	NED 200202516	<b>2:22.45</b>	+0.60	32.17	1:07.78	1:44.71	2:22.45
9. Merel van den Heuvel	De Meer	NED 200201784	<b>2:23.32</b>	+0.81	32.81	1:09.53	1:47.73	2:23.32
10. Lieke Broere	De Otters Het Gooi	NED 200303890	<b>2:23.39</b>	+0.80	32.12	1:08.88	1:46.77	2:23.39
11. Ilse Kramer	TriVia	NED 200403072	<b>2:24.62</b>	+0.58	32.34	1:08.48	1:46.08	2:24.62
12. Rose Lether	ENC Arnhem	NED 200403330	<b>2:25.18</b>	+0.69	33.81	1:10.26	1:48.01	2:25.18
13. Mirelle de Kort	Neptunus'58	NED 200005546	<b>2:25.39</b>	+0.74	33.47	1:11.19	1:49.34	2:25.39
14. Anouk Vis	De Columbiaan	NED 200203322	<b>2:26.11</b>	+0.80	32.54	1:08.75	1:47.05	2:26.11
15. Romée Beverdam	WS Twente	NED 200100158	<b>2:26.12</b>	+0.85	34.15	1:11.21	1:49.19	2:26.12
16. Lonneke van Veen	De Duinkickers	NED 200104170	<b>2:26.97</b>	+0.84	33.99	1:11.57	1:50.49	2:26.97
17. Sanne Landman	ENC Arnhem	NED 200304762	<b>2:27.12</b>	+0.81	33.35	1:11.37	1:50.66	2:27.12
18. Kim Rutters	De Kempvis	NED 200302318	<b>2:28.12</b>	+0.75	32.58	1:09.35	1:48.52	2:28.12
19. Romée Jabben	Dedemsvaart-AC	NED 200404426	<b>2:29.13</b>	+0.84	33.95	1:11.11	1:49.79	2:29.13
20. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>2:31.10</b>	+0.68	34.82	1:12.86	1:52.08	2:31.10
21. Ilse Hallie	Octopus - ZVV (SG)	NED 200200128	<b>2:31.25</b>	+0.78	35.01	1:13.16	1:52.77	2:31.25
22. Lianne Dekker	DAW	NED 200305438	<b>2:31.80</b>	+0.70	34.50	1:13.52	1:53.35	2:31.80
23. Amber Bellaart	Oceanus	NED 200101260	<b>2:31.90</b>	+0.75	35.51	1:13.56	1:52.80	2:31.90
24. Vera Vergeest	De Rog	NED 200206010	<b>2:34.93</b>	+0.71	35.87	1:14.34	1:54.68	2:34.93
25. Renske Haasbroek	OEZA	NED 200303752	<b>2:35.50</b>	+0.74	35.41	1:15.16	1:56.42	2:35.50
DIS Ilse Stut	De Otters Het Gooi	NED 200206236						

AA - De start ingezet voor het startsignaal (en wel gezwommen).

**Masters 25+**

1. Tamara Grove	De Dolfijn	NED 199601266	<b>2:05.39</b>	+0.69	29.51	1:01.12	1:33.47	2:05.39
2. Marijke Drent	Bubble	NED 199906232	<b>2:12.67</b>	+0.85	30.42	1:03.96	1:38.09	2:12.67
3. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>2:13.13</b>	+0.79	30.59	1:04.37	1:38.67	2:13.13
4. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:14.51</b>	+0.74	30.84	1:04.87	1:39.92	2:14.51
5. M. van Langevelde	DWK	NED 199803160	<b>2:17.78</b>	+0.81	32.49	1:07.89	1:43.90	2:17.78
6. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:20.16</b>	+0.76	32.39	1:07.84	1:44.06	2:20.16
7. Larissa Jansen	PSV	NED 199500660	<b>2:20.68</b>	+0.78	31.84	1:07.15	1:43.69	2:20.68
8. A. Meulenbeld	Orca	NED 199506230	<b>2:25.19</b>	+0.72	32.19	1:08.33	1:46.60	2:25.19
9. Simone Mus	HZ&PC Heerenveen	NED 199601932	<b>2:25.85</b>	+0.73	32.66	1:09.14	1:47.59	2:25.85
10. M. Zuccaro	DAW	NED 199606894	<b>2:26.16</b>	+0.71	34.59	1:11.85	1:48.66	2:26.16
11. Deborah Wissink	ZPC De Hof	NED 199503484	<b>2:26.39</b>	+0.63	33.45	1:10.39	1:48.44	2:26.39
12. Janine de Groot	NDD	NED 199500092	<b>2:27.95</b>	+0.85	33.87	1:11.86	1:50.31	2:27.95
13. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>2:30.78</b>	+0.76	34.44	1:11.82	1:51.63	2:30.78
14. Kristien Peeters	ZVL-1886	NED 199706672	<b>2:30.93</b>	+0.60	35.44	1:13.50	1:52.88	2:30.93
15. Esmée Rolloos	Niemo Barracuda	NED 199800056	<b>2:31.90</b>	+0.73	34.23	1:12.62	1:52.71	2:31.90
16. M. van der Zwaluw	De Gelenberg	NED 199700648	<b>2:33.67</b>	+0.69	34.28	1:11.67	1:51.87	2:33.67
17. Judith Kleinjan	De Duck	NED 199802710	<b>2:34.62</b>		35.59	1:16.02	1:55.35	2:34.62
18. Lotte de Vente	Het Ravijn	NED 199905814	<b>2:38.39</b>	+0.64	34.76	1:14.70	1:56.46	2:38.39
19. Mirna Wolters	De Plons	NED 199802046	<b>2:42.62</b>	+0.79	35.60	1:16.01	1:58.59	2:42.62
20. Ellen Rikken	Octopus - ZVV (SG)	NED 199604574	<b>2:46.07</b>	+0.84	37.61	1:19.79	2:03.13	2:46.07

Programmanr. 27, Dames, 200m vrije slag

Masters 30+

1. Leonie van Noort	WVZ	NED 199301752	<b>2:05.34</b>	+0.68	29.44	1:01.02	1:33.24	2:05.34
<i>Nederlands Masters Record</i>								
2. Marcha Admiraal	De Geul	NED 199300012	<b>2:14.91</b>	+0.76	30.57	1:05.15	1:40.10	2:14.91
3. Lotte Coenen	DES	NED 199301518	<b>2:16.38</b>	+0.85	31.45	1:05.72	1:40.88	2:16.38
4. Melissa Zwaan	DAW	NED 199103666	<b>2:24.06</b>	+0.75	32.49	1:09.00	1:46.73	2:24.06
5. Marloes Manni	Zwemvereniging Hoogland	NED 199003078	<b>2:24.52</b>	+0.84	32.40	1:09.45	1:47.63	2:24.52
6. Chantal van der Horst	De Meer	NED 199400616	<b>2:27.91</b>	+0.79	35.37	1:13.27	1:51.23	2:27.91
7. Jisca Majolée	ZPC AMERSFOORT	NED 199403570	<b>2:29.15</b>	+0.73	34.76	1:13.46	1:52.39	2:29.15
8. Suzanne Lange	VZC	NED 199202998	<b>2:30.84</b>	+0.79	34.06	1:12.13	1:50.87	2:30.84
9. Nienke Smidt	WS Twente	NED 199407596	<b>2:31.53</b>	+0.86	34.56	1:13.97	1:53.79	2:31.53
10. Anne Aarts	DES	NED 199207942	<b>2:32.80</b>	+0.74	34.88	1:14.23	1:54.47	2:32.80
11. Sandra Vermeulen	De Duck	NED 199303522	<b>2:33.00</b>	+0.75	35.18	1:13.95	1:54.19	2:33.00
12. Daphne Kievit	ZPC AMERSFOORT	NED 199207058	<b>2:33.73</b>	+0.69	34.64	1:13.07	1:53.27	2:33.73
13. J. van den Beukel	Niemo Barracuda	NED 199100238	<b>2:42.97</b>	+0.82	36.92	1:18.69	2:01.54	2:42.97
<i>*100m</i>								
14. Britt Kraaijevanger	HHZV Plons	NED 199206202	<b>2:44.95</b>	+0.86	37.14	1:18.78	2:02.27	2:44.95
15. Dorien Pastoors	Blue Marlins	NED 199404598	<b>2:45.41</b>	+0.84	38.54	1:21.16	2:03.75	2:45.41
16. R. Noordermeer	DIO	NED 199401746	<b>2:49.97</b>	+0.79	38.41	1:21.12	2:05.85	2:49.97

Masters 35+

1. Relinda Baas	TriVia	NED 198900144	<b>2:26.27</b>	+0.79	33.46	1:10.02	1:47.99	2:26.27
2. D. Robijn-Jongedijk	EZCL (SG)	NED 198903520	<b>2:27.97</b>	+0.78	34.10	1:11.77	1:49.99	2:27.97
3. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:39.94</b>	+0.92	35.95	1:16.51	1:58.18	2:39.94

Masters 40+

1. S. Vaernewyck	MEGA zwemteam	BEL MEGA/20352/83	<b>2:17.98</b>	+0.83	31.92	1:06.75	1:42.43	2:17.98
<i>Belgisch Masters Record</i>								
2. Anke Lambooij	AZL	NED 198001182	<b>2:20.05</b>	+0.67	31.96	1:06.93	1:43.59	2:20.05
3. Debbie van Rooijen	IJZPC	NED 198201402	<b>2:23.90</b>	+0.76	33.21	1:10.04	1:47.23	2:23.90
4. Nadya Putter	ZVVS	NED 198301630	<b>2:26.62</b>	+0.76	34.49	1:11.19	1:48.71	2:26.62
5. Agnes van Brug	DAW	NED 198001726	<b>2:42.57</b>	+0.88	37.00	1:17.52	1:59.89	2:42.57
6. A. Besseling-de Jong	De Geul	NED 198102084	<b>2:46.61</b>	+0.95	38.26	1:20.66	2:05.16	2:46.61
7. Stefanie Kohl	DES	NED 198403596	<b>2:49.27</b>	+0.87	36.70	1:18.68	2:03.92	2:49.27
8. Linda Hoogendam	WVZ	NED 198300892	<b>2:50.38</b>	+0.82	38.32	1:22.43	2:07.59	2:50.38

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:20.38</b>	+0.87	33.34	1:09.56	1:45.56	2:20.38
2. Katarina Hanusova	VSK Univerzita Brno	CZE	<b>2:24.04</b>	+0.81	33.97	1:11.40	1:48.98	2:24.04
3. C. Gootzen-Bulthuis	RZ	NED 197500990	<b>2:24.92</b>	+0.69	33.32	1:09.09	1:46.95	2:24.92
4. Melanie Kuiper	ZIGNEA	NED 197600350	<b>2:27.63</b>	+0.87	34.66	1:12.47	1:50.90	2:27.63
5. Patricia Brooijmans	Old Dutch	NED 197901608	<b>2:30.22</b>	+0.72	34.09	1:11.49	1:50.34	2:30.22
6. Alina Spijkerman	DAW	NED 197701220	<b>2:30.31</b>		34.63	1:12.22	1:51.89	2:30.31
7. Chantal Verhoeff	Old Dutch	NED 197900912	<b>2:33.90</b>	+0.79	34.46	1:12.98	1:52.75	2:33.90
8. Gyonygyver Lakos	Swim Life Se	HUN 64/699	<b>2:34.53</b>	+0.71	35.59	1:15.28	1:55.33	2:34.53
9. Petra Guijt	Aqua-Novio '94	NED 197600978	<b>2:35.50</b>	+0.83	35.06	1:14.62	1:55.62	2:35.50
10. Jessica Venema	GZC Donk	NED 197901526	<b>2:37.65</b>	+0.83	34.29	1:13.57	1:55.62	2:37.65
11. Jannie Vennik	HZ&PC Heerenveen	NED 197601006	<b>2:39.83</b>	+0.84	36.52	1:17.14	1:58.98	2:39.83
12. Martine de Haart	Patrick - De Roersoppers (S)	NED 197901492	<b>2:41.72</b>	+0.80	36.74	1:18.79	2:01.40	2:41.72
13. Esther Vergeest	De Rog	NED 197700012	<b>2:46.63</b>	+0.84	38.20	1:19.91	2:03.62	2:46.63
14. Louise Schets	DES	NED 197901580	<b>2:52.04</b>		37.23	1:21.08	2:07.32	2:52.04
15. Ilonka van der Meer	LinK	NED 197601168	<b>2:56.12</b>	+0.88	39.96	1:24.18	2:10.61	2:56.12
16. Saskia op den Velde	De Duinkickers	NED 197901530	<b>2:57.96</b>	+0.89	38.79	1:24.02	2:10.79	2:57.96

Programmanr. 27, Dames, 200m vrije slag

Masters 50+

1. Carla Geurts	PSV	NED 197100178	<b>2:19.46</b>	+0.66	32.26	1:07.93	1:43.83	2:19.46
2. Edith Janssen-Koolen	TRB-RES	NED 197300898	<b>2:26.25</b>	+0.74	33.04	1:10.23	1:48.08	2:26.25
3. Bianca Groot	MSV-Zeemacht	NED 197000652	<b>2:30.03</b>	+0.89	35.04	1:12.69	1:51.16	2:30.03
4. Annette de Visser	Oceanus	NED 197100602	<b>2:31.78</b>	+0.87	33.43	1:10.49	1:50.46	2:31.78
5. Katharina Schlipp	AZL	NED 197301004	<b>2:42.81</b>	+0.62	35.81	1:15.60	1:58.58	2:42.81
6. Marjolein Klunne	Hieronymus	NED 197101098	<b>2:49.13</b>	+0.84	37.60	1:19.73	2:03.93	2:49.13
7. Annette Spies	Link	NED 197001110	<b>3:00.38</b>	+0.71	41.16	1:26.69	2:14.30	3:00.38

Masters 55+

1. Carol Hollemans	ACZ	NED 196900252	<b>2:29.50</b>	+0.72	32.80	1:09.61	1:49.15	2:29.50
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>2:35.62</b>	+0.81	35.26	1:14.46	1:55.06	2:35.62
3. Iris van Aurich	DWK	NED 196900866	<b>2:41.55</b>	+0.79	36.75	1:18.16	2:00.72	2:41.55
4. Marijke Campfens	De Geul	NED 196900960	<b>2:47.93</b>	+0.78	37.62	1:19.70	2:03.80	2:47.93
5. Cancia Leirissa	Feijenoord Albion Zwemclub	NED 196700748	<b>3:01.38</b>	+0.86	39.27	1:23.98	2:12.03	3:01.38
6. K. Van de Moortel	Shark	BEL ShaRK/20315/69	<b>3:04.53</b>	+0.85	41.93	1:30.07	2:18.40	3:04.53
7. Ina van der Molen	WS Twente	NED 196900938	<b>3:14.31</b>	+0.77	41.35	1:30.35	2:24.75	3:14.31

Masters 60+

1. M. Remmits-de Lange	ZPC AMERSFOORT	NED 196300518	<b>2:34.99</b>	+0.84	35.39	1:14.35	1:54.69	2:34.99
2. Wilna Heijman	Steenwijk 1934	NED 196400506	<b>2:43.60</b>	+0.88	38.23	1:19.37	2:01.71	2:43.60
3. Petra Tossings	GZC Donk	NED 196100376	<b>2:51.63</b>	+0.81	39.75	1:23.33	2:07.95	2:51.63
4. Erica Muller	De Geul	NED 196400412	<b>3:21.70</b>	+0.75	45.35	1:36.81	2:29.73	3:21.70

Masters 65+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>2:54.68</b>	+0.79	40.01	1:24.80	2:11.35	2:54.68
2. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>2:56.09</b>	+0.81	41.12	1:26.30	2:12.86	2:56.09
3. Margriet Pasma	TriVia	NED 195500088	<b>2:56.82</b>		41.10	1:26.66	2:12.75	2:56.82

Masters 70+

1. Conny Boer-Buys	ZVVS	NED 195000006	<b>2:54.03</b>	+0.91	40.31	1:25.18	2:12.08	2:54.03
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Masters 75+

1. L. van Huissteden	ZPC AMERSFOORT	NED 194500002	<b>4:31.20</b>	+0.98	1:00.39	2:09.27	3:19.70	4:31.20
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2 - ONMK 2024 kb - Sessie 2

22-11-2024 - 9:30

Programmanr. 3  
22-11-2024 - 9:30

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA
<b>Masters 20+</b>					
1.	Laura Setz	Bubble	<b>4:27.74</b>	+0.84	
	50m: 31.10 100m: 1:05.01	31.10 33.91	150m: 1:39.33 200m: 2:13.54	34.32 34.21	250m: 2:47.84 300m: 3:22.33
			350m: 3:55.88 400m: 4:27.74	34.30 34.49	33.55 31.86
2.	Caroline Boxman	ZPCH	<b>5:05.25</b>	+0.75	
	50m: 33.61 100m: 1:11.93	33.61 38.32	150m: 1:51.00 200m: 2:30.36	39.07 39.36	250m: 3:09.50 300m: 3:48.46
			350m: 4:27.51 400m: 5:05.25	39.14 38.96	39.05 37.74
3.	Cynthia Koolman	Steenwijk 1934	<b>5:10.03</b>	+0.70	
	50m: 34.23 100m: 1:11.62	34.23 37.39	150m: 1:50.32 200m: 2:29.83	38.70 39.51	250m: 3:09.70 300m: 3:50.27
			350m: 4:30.77 400m: 5:10.03	39.87 40.57	40.50 39.26
4.	Ilse Hallie	Octopus - ZVV (SG)	<b>5:21.22</b>	+0.76	
	50m: 34.95 100m: 1:13.72	34.95 38.77	150m: 1:54.22 200m: 2:35.64	40.50 41.42	250m: 3:17.17 300m: 3:58.95
			350m: 4:40.78 400m: 5:21.22	41.53 41.78	41.83 40.44
<b>Masters 25+</b>					
1.	Tamara Grove	De Dolfijn	<b>4:31.90</b>	+0.69	
	50m: 30.89 100m: 1:04.79	30.89 33.90	150m: 1:39.46 200m: 2:14.15	34.67 34.69	250m: 2:48.55 300m: 3:23.22
			350m: 3:57.87 400m: 4:31.90	34.40 34.67	34.65 34.03
2.	Marijke Drent	Bubble	<b>4:38.10</b>	+0.83	
	50m: 31.47 100m: 1:05.78	31.47 34.31	150m: 1:40.88 200m: 2:16.52	35.10 35.64	250m: 2:51.93 300m: 3:27.39
			350m: 4:02.86 400m: 4:38.10	35.41 35.46	35.47 35.24
3.	Moniek van Langevelde	DWK	<b>4:50.18</b>		
	50m: 32.14 100m: 1:07.64	32.14 35.50	150m: 1:43.34 200m: 2:20.22	35.70 36.88	250m: 2:57.73 300m: 3:35.86
			350m: 4:13.57 400m: 4:50.18	37.51 38.13	37.71 36.61
4.	Fiona Meuffels	PSV	<b>4:51.06</b>	+0.67	
	50m: 31.81 100m: 1:07.59	31.81 35.78	150m: 1:44.61 200m: 2:22.03	37.02 37.42	250m: 2:59.60 300m: 3:37.66
			350m: 4:15.44 400m: 4:51.06	37.57 38.06	37.78 35.62
5.	Jet Kleine	MSV-Zeemacht	<b>5:03.58</b>	+0.67	
	50m: 33.94 100m: 1:10.75	33.94 36.81	150m: 1:48.84 200m: 2:27.08	38.09 38.24	250m: 3:05.87 300m: 3:45.27
			350m: 4:24.85 400m: 5:03.58	38.79 39.40	39.58 38.73
6.	Kirsten Opmeer	ZPC AMERSFOORT	<b>5:04.83</b>	+0.73	
	50m: 33.42 100m: 1:10.56	33.42 37.14	150m: 1:48.85 200m: 2:27.84	38.29 38.99	250m: 3:07.31 300m: 3:46.71
			350m: 4:26.41 400m: 5:04.83	39.47 39.40	39.70 38.42
7.	Esmée Rolloos	Niemo Barracuda	<b>5:18.39</b>	+0.91	
	50m: 34.89 100m: 1:13.79	34.89 38.90	150m: 1:53.91 200m: 2:34.48	40.12 40.57	250m: 3:15.55 300m: 3:57.61
			350m: 4:38.57 400m: 5:18.39	41.07 42.06	40.96 39.82
8.	Cynthia van Veen	ZVL-1886	<b>6:06.69</b>	+0.72	
	50m: 36.45 100m: 1:19.62	36.45 43.17	150m: 2:05.88 200m: 2:53.84	46.26 47.96	250m: 3:42.65 300m: 4:31.66
			350m: 5:20.40 400m: 6:06.69	48.81 49.01	48.74 46.29
<b>Masters 30+</b>					
1.	Leonie van Noort	WVZ	<b>4:29.33</b>	+0.82	
	50m: 30.73 100m: 1:04.66	30.73 33.93	150m: 1:39.15 200m: 2:13.70	34.49 34.55	250m: 2:48.01 300m: 3:22.12
			350m: 3:55.97 400m: 4:29.33	34.31 34.11	33.85 33.36
2.	Lotte Coenen	DES	<b>4:54.16</b>	+0.85	
	50m: 31.87 100m: 1:07.21	31.87 35.34	150m: 1:44.03 200m: 2:21.93	36.82 37.90	250m: 3:00.35 300m: 3:38.63
			350m: 4:16.78 400m: 4:54.16	38.42 38.28	38.15 37.38
3.	Marijke Kommers	Niemo Barracuda	<b>5:00.54</b>	+0.77	
	50m: 33.67 100m: 1:10.60	33.67 36.93	150m: 1:48.52 200m: 2:26.88	37.92 38.36	250m: 3:05.96 300m: 3:44.71
			350m: 4:23.17 400m: 5:00.54	39.08 38.75	38.46 37.37
4.	Anouk Kuijlaars	PSV	<b>5:03.35</b>		
	50m: 34.73 100m: 1:12.42	34.73 37.69	150m: 1:50.66 200m: 2:29.63	38.24 38.97	250m: 3:08.27 300m: 3:47.42
			350m: 4:25.99 400m: 5:03.35	38.64 39.15	38.57 37.36
5.	Melissa Zwaan	DAW	<b>5:08.62</b>	+0.82	
	50m: 33.78 100m: 1:11.78	33.78 38.00	150m: 1:50.87 200m: 2:30.68	39.09 39.81	250m: 3:10.24 300m: 3:49.67
			350m: 4:29.45 400m: 5:08.62	39.56 39.43	39.78 39.17

Programmanr. 3, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	tijd	RT	PARA
6.	Jisca Majolée	ZPC AMERSFOORT	<b>5:19.91</b>	+0.83	
	50m: 34.93	34.93 150m: 1:54.94	40.62 250m: 3:17.19	41.29 350m: 4:40.47	41.89
	100m: 1:14.32	39.39 200m: 2:35.90	40.96 300m: 3:58.58	41.39 400m: 5:19.91	39.44
7.	Daphne Kievit	ZPC AMERSFOORT	<b>5:27.56</b>	+0.80	
	50m: 35.46	35.46 150m: 1:56.01	41.12 250m: 3:19.95	42.10 350m: 4:45.33	42.93
	100m: 1:14.89	39.43 200m: 2:37.85	41.84 300m: 4:02.40	42.45 400m: 5:27.56	42.23
8.	Irmgard van Weeghel	ENC Arnhem	<b>5:30.58</b>	+0.82	
	50m: 36.84	36.84 150m: 1:59.02	41.77 250m: 3:24.35	42.88 350m: 4:49.90	42.62
	100m: 1:17.25	40.41 200m: 2:41.47	42.45 300m: 4:07.28	42.93 400m: 5:30.58	40.68
9.	Leontine Groeneveldt	De Duck	<b>5:31.53</b>	+0.71	
	50m: 35.34	35.34 150m: 1:57.09	41.93 250m: 3:22.79	42.88 350m: 4:49.32	43.02
	100m: 1:15.16	39.82 200m: 2:39.91	42.82 300m: 4:06.30	43.51 400m: 5:31.53	42.21
10.	Joëlle Vaes	DIO	<b>5:38.07</b>	+0.65	
	50m: 36.93	36.93 150m: 2:00.64	42.51 250m: 3:28.31	44.09 350m: 4:56.08	43.29
	100m: 1:18.13	41.20 200m: 2:44.22	43.58 300m: 4:12.79	44.48 400m: 5:38.07	41.99
11.	Esther Kwebeman	TriVia	<b>5:38.40</b>	+0.86	
	50m: 37.67	37.67 150m: 2:02.63	43.75 250m: 3:28.41	43.25 350m: 4:55.37	43.79
	100m: 1:18.88	41.21 200m: 2:45.16	42.53 300m: 4:11.58	43.17 400m: 5:38.40	43.03
12.	Britt Kraaijevanger	HHZV Plons	<b>5:57.71</b>	+0.91	
	50m: 40.69	40.69 150m: 2:11.93	46.28 250m: 3:43.88	45.88 350m: 5:14.71	45.35
	100m: 1:25.65	44.96 200m: 2:58.00	46.07 300m: 4:29.36	45.48 400m: 5:57.71	43.00

Masters 35+

1.	Relinda Baas	TriVia	<b>5:11.61</b>	+0.81	
	50m: 34.66	34.66 150m: 1:51.00	38.82 250m: 3:09.70	39.50 350m: 4:30.84	40.87
	100m: 1:12.18	37.52 200m: 2:30.20	39.20 300m: 3:49.97	40.27 400m: 5:11.61	40.77
2.	Nanda van Heteren	PSV	<b>5:19.03</b>		
	50m: 36.01	36.01 150m: 1:56.08	40.53 250m: 3:18.29	41.25 350m: 4:40.92	40.96
	100m: 1:15.55	39.54 200m: 2:37.04	40.96 300m: 3:59.96	41.67 400m: 5:19.03	38.11
3.	Liesbeth van Mill	Zwemlust- den Hommel	<b>5:33.99</b>	+0.78	
	50m: 36.91	36.91 150m: 1:59.51	41.98 250m: 3:25.08	43.02 350m: 4:51.28	43.25
	100m: 1:17.53	40.62 200m: 2:42.06	42.55 300m: 4:08.03	42.95 400m: 5:33.99	42.71
4.	Julia Fitzmaier	DES	<b>5:37.48</b>	+0.78	
	50m: 35.31	35.31 150m: 1:57.05	42.20 250m: 3:24.48	44.39 350m: 4:53.72	44.57
	100m: 1:14.85	39.54 200m: 2:40.09	43.04 300m: 4:09.15	44.67 400m: 5:37.48	43.76
5.	Sandra Schellekens	Neptunus'58	<b>5:44.34</b>		
	50m: 37.42	37.42 150m: 2:03.82	43.99 250m: 3:33.46	44.91 350m: 5:02.49	44.22
	100m: 1:19.83	42.41 200m: 2:48.55	44.73 300m: 4:18.27	44.81 400m: 5:44.34	41.85

Masters 40+

1.	Debbie van Rooijen	IJZPC	<b>5:03.61</b>	+0.73	
	50m: 33.86	33.86 150m: 1:50.51	38.80 250m: 3:08.34	38.46 350m: 4:25.53	38.81
	100m: 1:11.71	37.85 200m: 2:29.88	39.37 300m: 3:46.72	38.38 400m: 5:03.61	38.08
2.	Anke Lambooj	AZL	<b>5:06.83</b>		
	50m: 34.08	34.08 150m: 1:49.48	38.34 250m: 3:08.01	39.43 350m: 4:27.76	39.82
	100m: 1:11.14	37.06 200m: 2:28.58	39.10 300m: 3:47.94	39.93 400m: 5:06.83	39.07
3.	Ramona Linting *50, 200m	AZC	<b>5:14.50</b>	+0.77	
	50m: 34.32	34.32 150m: 1:52.61	39.08 250m: 3:13.24	40.32 350m: 4:35.28	40.80
	100m: 1:13.53	39.21 200m: 2:32.92	40.31 300m: 3:54.48	41.24 400m: 5:14.50	39.22
4.	Sylvia Reijers	De Gelenberg	<b>5:21.94</b>		
	50m: 36.17	36.17 150m: 1:56.83	40.79 250m: 3:19.91	41.58 350m: 4:41.78	40.65
	100m: 1:16.04	39.87 200m: 2:38.33	41.50 300m: 4:01.13	41.22 400m: 5:21.94	40.16
5.	Clara Groenhorst	LinK	<b>6:31.87</b>		
	50m: 43.40	43.40 150m: 2:19.85	49.14 250m: 4:00.13	50.59 350m: 5:40.60	50.12
	100m: 1:30.71	47.31 200m: 3:09.54	49.69 300m: 4:50.48	50.35 400m: 6:31.87	51.27

Programmanr. 3, Dames, 400m vrije slag

Masters 45+

1.	Liselotte Joling	PSV	NED	197500268		<b>4:53.42</b>	+0.88	
	50m: 33.83	33.83	150m: 1:47.33	36.82	250m: 3:01.69	36.85	350m: 4:16.93	37.74
	100m: 1:10.51	36.68	200m: 2:24.84	37.51	300m: 3:39.19	37.50	400m: 4:53.42	36.49
2.	Katarina Hanusova	VSK Univerzita Brno	CZE			<b>5:05.79</b>	+0.76	
	50m: 34.71	34.71	150m: 1:51.54	38.57	250m: 3:09.31	38.69	350m: 4:27.06	39.06
	100m: 1:12.97	38.26	200m: 2:30.62	39.08	300m: 3:48.00	38.69	400m: 5:05.79	38.73
3.	Melanie Kuiper	ZIGNEA	NED	197600350		<b>5:07.64</b>	+0.82	
	50m: 34.72	34.72	150m: 1:50.74	38.54	250m: 3:09.82	39.68	350m: 4:29.46	40.07
	100m: 1:12.20	37.48	200m: 2:30.14	39.40	300m: 3:49.39	39.57	400m: 5:07.64	38.18
4.	Cindy Gootzen-Bulthuis	RZ	NED	197500990		<b>5:10.96</b>	+0.78	
	50m: 34.57	34.57	150m: 1:49.55	38.12	250m: 3:09.21	40.25	350m: 4:30.39	40.70
	100m: 1:11.43	36.86	200m: 2:28.96	39.41	300m: 3:49.69	40.48	400m: 5:10.96	40.57
5.	Alina Spijkerman	DAW	NED	197701220		<b>5:21.93</b>		
	50m: 35.24	35.24	150m: 1:55.36	40.88	250m: 3:18.56	41.56	350m: 4:42.22	41.59
	100m: 1:14.48	39.24	200m: 2:37.00	41.64	300m: 4:00.63	42.07	400m: 5:21.93	39.71
6.	Chantal Verhoeff	Old Dutch	NED	197900912		<b>5:27.37</b>	+0.81	
	50m: 36.28	36.28	150m: 1:58.23	41.35	250m: 3:21.07	41.47	350m: 4:44.17	41.23
	100m: 1:16.88	40.60	200m: 2:39.60	41.37	300m: 4:02.94	41.87	400m: 5:27.37	43.20
7.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006		<b>5:33.05</b>	+0.91	
	<i>*100m</i>							
	50m: 37.89	37.89	150m: 2:01.35	42.10	250m: 3:26.01	41.78	350m: 4:50.99	42.12
	100m: 1:19.25	41.36	200m: 2:44.23	42.88	300m: 4:08.87	42.86	400m: 5:33.05	42.06
8.	Petra Guijt	Aqua-Novio '94	NED	197600978		<b>5:36.04</b>	+0.91	
	50m: 37.35	37.35	150m: 2:01.96	42.56	250m: 3:27.83	42.83	350m: 4:54.22	43.10
	100m: 1:19.40	42.05	200m: 2:45.00	43.04	300m: 4:11.12	43.29	400m: 5:36.04	41.82
9.	Martine de Haart	Patrick - De Roersoppers (SG)	NED	197901492		<b>5:41.20</b>	+0.97	
	50m: 37.64	37.64	150m: 2:02.54	43.22	250m: 3:30.49	44.28	350m: 4:58.70	44.07
	100m: 1:19.32	41.68	200m: 2:46.21	43.67	300m: 4:14.63	44.14	400m: 5:41.20	42.50
10.	Ilonka van der Meer	LinK	NED	197601168		<b>6:21.36</b>	+0.90	
	50m: 41.87	41.87	150m: 2:16.23	47.65	250m: 3:55.01	49.69	350m: 5:33.82	49.69
	100m: 1:28.58	46.71	200m: 3:05.32	49.09	300m: 4:44.13	49.12	400m: 6:21.36	47.54
11.	Katrin Glatzer	ZPC AMERSFOORT	NED	197601200	S9	<b>6:35.16</b>		
	50m: 45.42	45.42	150m: 2:25.12	49.52	250m: 4:05.87	50.64	350m: 5:45.30	49.33
	100m: 1:35.60	50.18	200m: 3:15.23	50.11	300m: 4:55.97	50.10	400m: 6:35.16	49.86

Masters 50+

1.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054		<b>5:09.73</b>	+0.84	
	50m: 34.67	34.67	150m: 1:52.57	39.61	250m: 3:11.38	39.23	350m: 4:30.80	39.89
	100m: 1:12.96	38.29	200m: 2:32.15	39.58	300m: 3:50.91	39.53	400m: 5:09.73	38.93
2.	Bianca Groot	MSV-Zeemacht	NED	197000652		<b>5:13.43</b>	+0.81	
	50m: 34.89	34.89	150m: 1:51.79	39.13	250m: 3:11.30	40.08	350m: 4:32.11	40.65
	100m: 1:12.66	37.77	200m: 2:31.22	39.43	300m: 3:51.46	40.16	400m: 5:13.43	41.32
3.	Micky Grulms	Luxembourg Sharks Swimming CLUX	4029			<b>5:20.40</b>	+0.90	
	<i>Luxembourg Masters Record, voor 50, 100, 200 m</i>							
	50m: 34.68	34.68	150m: 1:54.06	40.03	250m: 3:16.46	41.42	350m: 4:39.76	41.34
	100m: 1:14.03	39.35	200m: 2:35.04	40.98	300m: 3:58.42	41.96	400m: 5:20.40	40.64
4.	Annette de Visser	Oceanus	NED	197100602		<b>5:20.57</b>	+0.86	
	50m: 35.18	35.18	150m: 1:55.03	40.75	250m: 3:17.44	41.11	350m: 4:40.26	41.19
	100m: 1:14.28	39.10	200m: 2:36.33	41.30	300m: 3:59.07	41.63	400m: 5:20.57	40.31
5.	Annet Kootstra	Swol 1894	NED	197100344		<b>6:15.82</b>		
	50m: 42.71	42.71	150m: 2:18.00	47.86	250m: 3:54.56	48.01	350m: 5:30.08	47.98
	100m: 1:30.14	47.43	200m: 3:06.55	48.55	300m: 4:42.10	47.54	400m: 6:15.82	45.74
6.	Annette Spies	LinK	NED	197001110		<b>6:25.24</b>	+0.86	
	<i>*100m</i>							
	50m: 42.15	42.15	150m: 2:16.69	48.48	250m: 3:55.59	50.05	350m: 5:35.92	50.30
	100m: 1:28.21	46.06	200m: 3:05.54	48.85	300m: 4:45.62	50.03	400m: 6:25.24	49.32
7.	Nathasja Konijn	GZC Donk	NED	197100992		<b>6:29.93</b>	+0.87	
	50m: 41.84	41.84	150m: 2:16.64	48.18	250m: 3:56.76	50.20	350m: 5:39.47	51.91
	100m: 1:28.46	46.62	200m: 3:06.56	49.92	300m: 4:47.56	50.80	400m: 6:29.93	50.46

Programmanr. 3, Dames, 400m vrije slag

Masters 55+

1.	Carol Hollemans	ACZ	NED	196900252	<b>5:22.85</b>	+0.72		
	50m: 35.72	35.72	150m: 1:55.72	41.11	250m: 3:17.87	41.11	350m: 4:42.60	42.61
	100m: 1:14.61	38.89	200m: 2:36.76	41.04	300m: 3:59.99	42.12	400m: 5:22.85	40.25
2.	Marijke Campfens	De Geul	NED	196900960	<b>5:57.14</b>	+0.60		
	50m: 38.52	38.52	150m: 2:05.94	44.74	250m: 3:38.25	46.13	350m: 5:11.62	46.82
	100m: 1:21.20	42.68	200m: 2:52.12	46.18	300m: 4:24.80	46.55	400m: 5:57.14	45.52
3.	Anita Steijger	WVZ	NED	196500628	<b>6:01.95</b>	+0.93		
	50m: 40.45	40.45	150m: 2:09.25	45.19	250m: 3:41.67	46.49	350m: 5:16.40	47.33
	100m: 1:24.06	43.61	200m: 2:55.18	45.93	300m: 4:29.07	47.40	400m: 6:01.95	45.55
4.	Peggi Hurenkamp *200m	HZ&PC Heerenveen	NED	196900922	<b>6:02.51</b>	+0.86		
	50m: 39.65	39.65	150m: 2:10.41	46.42	250m: 3:42.90	46.27	350m: 5:16.32	46.78
	100m: 1:23.99	44.34	200m: 2:56.63	46.22	300m: 4:29.54	46.64	400m: 6:02.51	46.19
5.	Kristien Van de Moortel	Shark	BEL	ShaRK/20315/69	<b>6:25.38</b>	+0.88		
	50m: 44.67	44.67	150m: 2:23.84	49.55	250m: 4:03.08	49.43	350m: 5:40.05	48.54
	100m: 1:34.29	49.62	200m: 3:13.65	49.81	300m: 4:51.51	48.43	400m: 6:25.38	45.33

Masters 60+

1.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>5:36.66</b>	+0.83		
	50m: 38.42	38.42	150m: 2:03.10	42.70	250m: 3:28.53	42.89	350m: 4:54.18	42.95
	100m: 1:20.40	41.98	200m: 2:45.64	42.54	300m: 4:11.23	42.70	400m: 5:36.66	42.48
2.	Petra Tossings	GZC Donk	NED	196100376	<b>5:54.14</b>	+0.85		
	50m: 39.24	39.24	150m: 2:07.99	45.04	250m: 3:39.01	45.59	350m: 5:10.25	45.61
	100m: 1:22.95	43.71	200m: 2:53.42	45.43	300m: 4:24.64	45.63	400m: 5:54.14	43.89
3.	Lia Bijkerk	GZC Donk	NED	196000014	<b>6:35.64</b>			
	50m: 43.42	43.42	150m: 2:22.65	50.26	250m: 4:05.78	51.25	350m: 5:48.38	51.38
	100m: 1:32.39	48.97	200m: 3:14.53	51.88	300m: 4:57.00	51.22	400m: 6:35.64	47.26
4.	Jennie Resink-lindeboom	DWK	NED	196000142	<b>6:47.21</b>	+0.98		
	50m: 45.82	45.82	150m: 2:28.15	51.53	250m: 4:13.31	52.61	350m: 5:57.80	52.12
	100m: 1:36.62	50.80	200m: 3:20.70	52.55	300m: 5:05.68	52.37	400m: 6:47.21	49.41

Masters 65+

1.	Margriet Pasma	TriVia	NED	195500088	<b>6:15.22</b>	+0.98		
	50m: 43.05	43.05	150m: 2:18.69	48.49	250m: 3:55.25	48.46	350m: 5:30.44	47.75
	100m: 1:30.20	47.15	200m: 3:06.79	48.10	300m: 4:42.69	47.44	400m: 6:15.22	44.78
2.	Monica Bakker *100m, 200m	Steenwijk 1934	NED	195600082	<b>7:22.79</b>			
	50m: 47.35	47.35	150m: 2:35.33	55.07	250m: 4:28.68	57.18	350m: 6:25.53	58.52
	100m: 1:40.26	52.91	200m: 3:31.50	56.17	300m: 5:27.01	58.33	400m: 7:22.79	57.26

Masters 75+

1.	Loekie van Huissteden *50m	ZPC AMERSFOORT	NED	194500002	<b>9:23.75</b>			
	50m: 1:02.08	1:02.08	150m: 3:24.30	1:11.34	250m: 5:48.75	1:12.24	350m: 8:15.31	1:13.82
	100m: 2:12.96	1:10.88	200m: 4:36.51	1:12.21	300m: 7:01.49	1:12.74	400m: 9:23.75	1:08.44



6 - ONMK 2024 kb - Sessie 6

24-11-2024 - 9:30

Programmanr. 31  
24-11-2024 - 9:30

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam		vereniging				tijd	RT	PARA
<b>Masters 20+</b>									
1.	Laura Setz		Bubble		NED	200000130	<b>9:11.77</b>	+0.71	
	50m: 30.91	30.91	250m: 2:51.41	35.40	450m: 5:11.93	34.87	650m: 7:30.50	34.30	
	100m: 1:05.40	34.49	300m: 3:26.56	35.15	500m: 5:46.84	34.91	700m: 8:04.39	33.89	
	150m: 1:40.64	35.24	350m: 4:01.96	35.40	550m: 6:21.55	34.71	750m: 8:38.58	34.19	
	200m: 2:16.01	35.37	400m: 4:37.06	35.10	600m: 6:56.20	34.65	800m: 9:11.77	33.19	
2.	Roos Englebort		Hieronymus		NED	200200606	<b>9:21.00</b>	+0.76	
	50m: 31.19	31.19	250m: 2:51.60	35.53	450m: 5:13.79	35.61	650m: 7:35.64	35.24	
	100m: 1:05.43	34.24	300m: 3:27.18	35.58	500m: 5:49.38	35.59	700m: 8:10.99	35.35	
	150m: 1:40.45	35.02	350m: 4:02.70	35.52	550m: 6:24.74	35.36	750m: 8:46.15	35.16	
	200m: 2:16.07	35.62	400m: 4:38.18	35.48	600m: 7:00.40	35.66	800m: 9:21.00	34.85	
3.	Lieke Broere		De Otters Het Gooi		NED	200303890	<b>10:22.65</b>	+0.62	
	50m: 34.05	34.05	250m: 3:09.20	38.89	450m: 5:47.17	39.60	650m: 8:27.41	40.02	
	100m: 1:12.51	38.46	300m: 3:48.80	39.60	500m: 6:27.20	40.03	700m: 9:06.23	38.82	
	150m: 1:51.62	39.11	350m: 4:27.70	38.90	550m: 7:06.92	39.72	750m: 9:45.58	39.35	
	200m: 2:30.31	38.69	400m: 5:07.57	39.87	600m: 7:47.39	40.47	800m: 10:22.65	37.07	
4.	Eline Hoekstra		OEZA		NED	200301280	<b>10:34.89</b>	+0.88	
	50m: 33.41	33.41	250m: 3:07.45	39.54	450m: 5:49.22	39.89	650m: 8:32.49	41.03	
	100m: 1:10.44	37.03	300m: 3:47.87	40.42	500m: 6:29.58	40.36	700m: 9:13.48	40.99	
	150m: 1:48.49	38.05	350m: 4:28.61	40.74	550m: 7:10.25	40.67	750m: 9:54.52	41.04	
	200m: 2:27.91	39.42	400m: 5:09.33	40.72	600m: 7:51.46	41.21	800m: 10:34.89	40.37	
5.	Cynthia Koolman		Steenwijk 1934		NED	200300232	<b>10:40.80</b>	+0.66	
	50m: 34.77	34.77	250m: 3:10.89	39.93	450m: 5:54.83	41.59	650m: 8:40.24	41.96	
	100m: 1:12.54	37.77	300m: 3:51.44	40.55	500m: 6:35.81	40.98	700m: 9:20.75	40.51	
	150m: 1:51.17	38.63	350m: 4:32.18	40.74	550m: 7:16.84	41.03	750m: 10:00.98	40.23	
	200m: 2:30.96	39.79	400m: 5:13.24	41.06	600m: 7:58.28	41.44	800m: 10:40.80	39.82	
<b>Masters 25+</b>									
1.	Tamara Grove		De Dolfijn		NED	199601266	<b>9:26.16</b>	+0.74	
	50m: 31.24	31.24	250m: 2:51.87	35.85	450m: 5:15.08	35.89	650m: 7:39.57	36.64	
	100m: 1:05.60	34.36	300m: 3:27.76	35.89	500m: 5:50.96	35.88	700m: 8:15.66	36.09	
	150m: 1:40.74	35.14	350m: 4:03.29	35.53	550m: 6:26.91	35.95	750m: 8:51.72	36.06	
	200m: 2:16.02	35.28	400m: 4:39.19	35.90	600m: 7:02.93	36.02	800m: 9:26.16	34.44	
2.	Anne Noom		Het Y		NED	199800062	<b>9:34.36</b>	+0.74	
	50m: 31.45	31.45	250m: 2:52.62	35.93	450m: 5:17.51	36.60	650m: 7:44.93	36.99	
	100m: 1:06.06	34.61	300m: 3:28.53	35.91	500m: 5:54.16	36.65	700m: 8:21.82	36.89	
	150m: 1:41.20	35.14	350m: 4:04.59	36.06	550m: 6:30.87	36.71	750m: 8:58.69	36.87	
	200m: 2:16.69	35.49	400m: 4:40.91	36.32	600m: 7:07.94	37.07	800m: 9:34.36	35.67	
3.	Marijke Drent		Bubble		NED	199906232	<b>9:35.53</b>	+0.65	
	50m: 32.04	32.04	250m: 2:57.11	37.17	450m: 5:24.43	36.65	650m: 7:49.22	36.01	
	100m: 1:07.22	35.18	300m: 3:34.07	36.96	500m: 6:01.07	36.64	700m: 8:25.30	36.08	
	150m: 1:43.39	36.17	350m: 4:11.08	37.01	550m: 6:37.24	36.17	750m: 9:00.93	35.63	
	200m: 2:19.94	36.55	400m: 4:47.78	36.70	600m: 7:13.21	35.97	800m: 9:35.53	34.60	
4.	Jamilla van Omme - van Veen		Zwemvereniging Hoogland		NED	199603192	<b>9:41.12</b>	+0.73	
	50m: 31.21	31.21	250m: 2:55.88	37.00	450m: 5:23.66	37.28	650m: 7:52.28	37.15	
	100m: 1:06.31	35.10	300m: 3:32.72	36.84	500m: 6:00.68	37.02	700m: 8:29.11	36.83	
	150m: 1:42.41	36.10	350m: 4:09.54	36.82	550m: 6:38.16	37.48	750m: 9:05.70	36.59	
	200m: 2:18.88	36.47	400m: 4:46.38	36.84	600m: 7:15.13	36.97	800m: 9:41.12	35.42	
5.	Fiona Meuffels		PSV		NED	199504366	<b>10:05.68</b>	+0.70	
	50m: 33.39	33.39	250m: 3:02.71	38.09	450m: 5:37.91	38.71	650m: 8:12.64	38.46	
	100m: 1:09.97	36.58	300m: 3:41.41	38.70	500m: 6:17.33	39.42	700m: 8:51.11	38.47	
	150m: 1:46.71	36.74	350m: 4:20.01	38.60	550m: 6:56.06	38.73	750m: 9:29.13	38.02	
	200m: 2:24.62	37.91	400m: 4:59.20	39.19	600m: 7:34.18	38.12	800m: 10:05.68	36.55	
6.	Kirsten Opmeer		ZPC AMERSFOORT		NED	199800014	<b>10:29.46</b>	+0.74	
	50m: 34.07	34.07	250m: 3:10.24	39.74	450m: 5:50.13	40.46	650m: 8:30.72	39.82	
	100m: 1:12.07	38.00	300m: 3:49.81	39.57	500m: 6:30.41	40.28	700m: 9:10.96	40.24	
	150m: 1:50.98	38.91	350m: 4:29.61	39.80	550m: 7:10.65	40.24	750m: 9:50.70	39.74	
	200m: 2:30.50	39.52	400m: 5:09.67	40.06	600m: 7:50.90	40.25	800m: 10:29.46	38.76	
7.	Diane Schoenmaker		PSV		NED	199502920	<b>10:39.39</b>	+0.68	
	50m: 34.59	34.59	250m: 3:10.90	39.87	450m: 5:51.00	40.63	650m: 8:35.75	41.65	
	100m: 1:12.65	38.06	300m: 3:50.23	39.33	500m: 6:31.94	40.94	700m: 9:17.74	41.99	
	150m: 1:51.30	38.65	350m: 4:30.00	39.77	550m: 7:12.86	40.92	750m: 9:59.22	41.48	
	200m: 2:31.03	39.73	400m: 5:10.37	40.37	600m: 7:54.10	41.24	800m: 10:39.39	40.17	

Programmanr. 31, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
8.	Larissa Jansen	PSV	<b>10:43.63</b>	+0.81				
	50m: 35.56	35.56	250m: 3:16.42	40.73	450m: 6:00.71	41.05	650m: 8:44.50	41.08
	100m: 1:14.71	39.15	300m: 3:57.39	40.97	500m: 6:41.97	41.26	700m: 9:24.92	40.42
	150m: 1:54.99	40.28	350m: 4:38.46	41.07	550m: 7:22.72	40.75	750m: 10:05.47	40.55
	200m: 2:35.69	40.70	400m: 5:19.66	41.20	600m: 8:03.42	40.70	800m: 10:43.63	38.16
9.	Selina Janssen	Neptunus'58	<b>10:51.04</b>					
	50m: 36.12	36.12	250m: 3:16.29	40.72	450m: 6:00.91	41.46	650m: 8:48.24	42.06
	100m: 1:15.06	38.94	300m: 3:57.08	40.79	500m: 6:42.42	41.51	700m: 9:29.75	41.51
	150m: 1:55.16	40.10	350m: 4:38.36	41.28	550m: 7:24.19	41.77	750m: 10:11.40	41.65
	200m: 2:35.57	40.41	400m: 5:19.45	41.09	600m: 8:06.18	41.99	800m: 10:51.04	39.64
10.	Kristien Peeters	ZVL-1886	<b>11:14.92</b>	+0.67				
	50m: 38.02	38.02	250m: 3:28.42	43.02	450m: 6:19.77	42.42	650m: 9:09.98	42.44
	100m: 1:19.44	41.42	300m: 4:11.58	43.16	500m: 7:02.22	42.45	700m: 9:52.76	42.78
	150m: 2:01.93	42.49	350m: 4:54.61	43.03	550m: 7:44.84	42.62	750m: 10:35.04	42.28
	200m: 2:45.40	43.47	400m: 5:37.35	42.74	600m: 8:27.54	42.70	800m: 11:14.92	39.88
11.	Laura ter Stege	CWW Swim team (SG)	<b>11:27.74</b>	+0.76				
	50m: 35.42	35.42	250m: 3:25.66	43.36	450m: 6:20.68	43.99	650m: 9:17.34	43.85
	100m: 1:16.72	41.30	300m: 4:09.15	43.49	500m: 7:04.73	44.05	700m: 10:01.59	44.25
	150m: 1:59.39	42.67	350m: 4:52.81	43.66	550m: 7:48.91	44.18	750m: 10:45.40	43.81
	200m: 2:42.30	42.91	400m: 5:36.69	43.88	600m: 8:33.49	44.58	800m: 11:27.74	42.34

Masters 30+

1.	Maaïke Vooren	DAW	<b>9:35.95</b>	+0.80				
	50m: 32.65	32.65	250m: 2:56.97	36.57	450m: 5:23.08	36.50	650m: 7:49.00	36.49
	100m: 1:07.70	35.05	300m: 3:33.50	36.53	500m: 5:59.35	36.27	700m: 8:25.51	36.51
	150m: 1:43.90	36.20	350m: 4:10.08	36.58	550m: 6:35.87	36.52	750m: 9:01.51	36.00
	200m: 2:20.40	36.50	400m: 4:46.58	36.50	600m: 7:12.51	36.64	800m: 9:35.95	34.44
2.	Lotte Coenen	DES	<b>10:11.32</b>	+0.84				
	50m: 33.38	33.38	250m: 3:03.47	37.97	450m: 5:38.27	39.12	650m: 8:14.86	38.97
	100m: 1:10.34	36.96	300m: 3:41.65	38.18	500m: 6:17.34	39.07	700m: 8:54.53	39.67
	150m: 1:47.71	37.37	350m: 4:20.38	38.73	550m: 6:57.07	39.73	750m: 9:33.77	39.24
	200m: 2:25.50	37.79	400m: 4:59.15	38.77	600m: 7:35.89	38.82	800m: 10:11.32	37.55
3.	Melissa Zwaan	DAW	<b>10:37.62</b>	+0.78				
	50m: 33.91	33.91	250m: 3:09.19	39.26	450m: 5:49.52	40.46	650m: 8:33.96	40.93
	100m: 1:11.91	38.00	300m: 3:48.88	39.69	500m: 6:30.42	40.90	700m: 9:15.37	41.41
	150m: 1:50.81	38.90	350m: 4:28.73	39.85	550m: 7:11.61	41.19	750m: 9:56.90	41.53
	200m: 2:29.93	39.12	400m: 5:09.06	40.33	600m: 7:53.03	41.42	800m: 10:37.62	40.72
4.	Nienke Smidt	WS Twente	<b>10:48.39</b>	+0.84				
	50m: 35.81	35.81	250m: 3:19.22	41.24	450m: 6:04.83	41.12	650m: 8:49.33	40.40
	100m: 1:15.93	40.12	300m: 4:00.75	41.53	500m: 6:46.72	41.89	700m: 9:30.55	41.22
	150m: 1:56.55	40.62	350m: 4:42.65	41.90	550m: 7:27.95	41.23	750m: 10:10.85	40.30
	200m: 2:37.98	41.43	400m: 5:23.71	41.06	600m: 8:08.93	40.98	800m: 10:48.39	37.54
5.	Nienke van Zoggel	De Treffers	<b>11:16.87</b>	+0.67				
	50m: 37.59	37.59	250m: 3:26.90	43.14	450m: 6:18.34	43.01	650m: 9:09.56	43.00
	100m: 1:18.90	41.31	300m: 4:09.81	42.91	500m: 7:01.36	43.02	700m: 9:52.80	43.24
	150m: 2:01.30	42.40	350m: 4:52.73	42.92	550m: 7:43.71	42.35	750m: 10:35.83	43.03
	200m: 2:43.76	42.46	400m: 5:35.33	42.60	600m: 8:26.56	42.85	800m: 11:16.87	41.04
6.	Irmgard van Weeghel	ENC Arnhem	<b>11:23.28</b>	+0.85				
	50m: 37.36	37.36	250m: 3:27.02	43.02	450m: 6:21.10	43.68	650m: 9:15.84	43.13
	100m: 1:18.67	41.31	300m: 4:10.59	43.57	500m: 7:04.78	43.68	700m: 9:59.24	43.40
	150m: 2:00.95	42.28	350m: 4:54.01	43.42	550m: 7:48.75	43.97	750m: 10:41.81	42.57
	200m: 2:44.00	43.05	400m: 5:37.42	43.41	600m: 8:32.71	43.96	800m: 11:23.28	41.47

Masters 35+

1.	Relinda Baas	TriVia	<b>10:51.14</b>	+0.76				
	50m: 35.50	35.50	250m: 3:15.78	40.91	450m: 6:01.01	41.41	650m: 8:47.43	41.42
	100m: 1:14.56	39.06	300m: 3:57.11	41.33	500m: 6:42.60	41.59	700m: 9:29.18	41.75
	150m: 1:54.70	40.14	350m: 4:38.08	40.97	550m: 7:24.39	41.79	750m: 10:10.69	41.51
	200m: 2:34.87	40.17	400m: 5:19.60	41.52	600m: 8:06.01	41.62	800m: 10:51.14	40.45
2.	Nanda van Heteren	PSV	<b>11:00.03</b>	+0.99				
	50m: 36.42	36.42	250m: 3:23.11	42.59	450m: 6:10.26	41.63	650m: 8:57.93	41.67
	100m: 1:16.77	40.35	300m: 4:05.33	42.22	500m: 6:51.93	41.67	700m: 9:39.76	41.83
	150m: 1:58.41	41.64	350m: 4:47.19	41.86	550m: 7:34.08	42.15	750m: 10:21.71	41.95
	200m: 2:40.52	42.11	400m: 5:28.63	41.44	600m: 8:16.26	42.18	800m: 11:00.03	38.32
3.	Liesbeth van Mill	Zwemlust- den Hommel	<b>11:33.94</b>	+0.91				
	50m: 37.88	37.88	250m: 3:29.87	43.45	450m: 6:25.23	43.84	650m: 9:23.24	44.41
	100m: 1:19.65	41.77	300m: 4:13.42	43.55	500m: 7:09.79	44.56	700m: 10:07.29	44.05
	150m: 2:02.73	43.08	350m: 4:57.21	43.79	550m: 7:54.34	44.55	750m: 10:51.48	44.19
	200m: 2:46.42	43.69	400m: 5:41.39	44.18	600m: 8:38.83	44.49	800m: 11:33.94	42.46

Programmanr. 31, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging				tijd				RT	PARA
4.	Sandra Schellekens	Neptunus'58				NED	198503416			<b>11:41.72</b>	+0.81
	50m: 36.61	36.61	250m: 3:31.08	44.77	450m: 6:30.98	44.88	650m: 9:29.59	44.68			
	100m: 1:18.47	41.86	300m: 4:16.08	45.00	500m: 7:15.74	44.76	700m: 10:14.43	44.84			
	150m: 2:02.04	43.57	350m: 5:01.10	45.02	550m: 8:00.65	44.91	750m: 10:59.32	44.89			
	200m: 2:46.31	44.27	400m: 5:46.10	45.00	600m: 8:44.91	44.26	800m: 11:41.72	42.40			

Masters 40+

1.	Stephanie Vaernewyck <i>Belgisch Masters Record</i>	MEGA zwemteam				BEL	MEGA/20352/83			<b>10:07.19</b>	+0.91
	50m: 34.15	34.15	250m: 3:06.06	38.56	450m: 5:40.18	38.37	650m: 8:13.31	38.31			
	100m: 1:11.15	37.00	300m: 3:44.69	38.63	500m: 6:18.44	38.26	700m: 8:51.78	38.47			
	150m: 1:48.92	37.77	350m: 4:23.18	38.49	550m: 6:56.64	38.20	750m: 9:30.30	38.52			
	200m: 2:27.50	38.58	400m: 5:01.81	38.63	600m: 7:35.00	38.36	800m: 10:07.19	36.89			
2.	Steffi Meinhold	d'ELFT				NED	198001542			<b>10:11.81</b>	+0.90
	50m: 34.40	34.40	250m: 3:07.73	38.45	450m: 5:41.38	38.60	650m: 8:16.66	38.95			
	100m: 1:12.27	37.87	300m: 3:46.16	38.43	500m: 6:20.20	38.82	700m: 8:55.56	38.90			
	150m: 1:50.67	38.40	350m: 4:24.46	38.30	550m: 6:59.14	38.94	750m: 9:34.60	39.04			
	200m: 2:29.28	38.61	400m: 5:02.78	38.32	600m: 7:37.71	38.57	800m: 10:11.81	37.21			
3.	Anke Lambooi	AZL				NED	198001182			<b>10:42.08</b>	+0.64
	50m: 34.34	34.34	250m: 3:12.63	40.43	450m: 5:55.62	41.04	650m: 8:40.68	41.46			
	100m: 1:12.16	37.82	300m: 3:53.58	40.95	500m: 6:36.48	40.86	700m: 9:21.83	41.15			
	150m: 1:51.95	39.79	350m: 4:34.27	40.69	550m: 7:17.82	41.34	750m: 10:02.79	40.96			
	200m: 2:32.20	40.25	400m: 5:14.58	40.31	600m: 7:59.22	41.40	800m: 10:42.08	39.29			
4.	Ramona Linting	AZC				NED	198301274			<b>10:58.39</b>	+0.77
	50m: 35.46	35.46	250m: 3:19.25	41.51	450m: 6:06.43	41.98	650m: 8:53.60	41.55			
	100m: 1:15.70	40.24	300m: 4:00.83	41.58	500m: 6:48.58	42.15	700m: 9:35.41	41.81			
	150m: 1:56.56	40.86	350m: 4:42.76	41.93	550m: 7:30.49	41.91	750m: 10:17.53	42.12			
	200m: 2:37.74	41.18	400m: 5:24.45	41.69	600m: 8:12.05	41.56	800m: 10:58.39	40.86			
5.	Agnes van Brug	DAW				NED	198001726			<b>11:29.95</b>	
	50m: 38.31	38.31	250m: 3:30.68	43.85	450m: 6:26.58	43.84	650m: 9:22.14	43.62			
	100m: 1:20.34	42.03	300m: 4:14.50	43.82	500m: 7:10.71	44.13	700m: 10:05.50	43.36			
	150m: 2:03.42	43.08	350m: 4:58.63	44.13	550m: 7:54.61	43.90	750m: 10:48.78	43.28			
	200m: 2:46.83	43.41	400m: 5:42.74	44.11	600m: 8:38.52	43.91	800m: 11:29.95	41.17			
6.	Sabrina Boekhout	De Biesboschzwemmers				NED	198100120			<b>11:34.85</b>	+0.84
	50m: 35.93	35.93	250m: 3:26.33	44.14	450m: 6:23.89	44.83	650m: 9:23.81	45.14			
	100m: 1:16.21	40.28	300m: 4:10.19	43.86	500m: 7:08.77	44.88	700m: 10:08.31	44.50			
	150m: 1:58.79	42.58	350m: 4:54.52	44.33	550m: 7:53.61	44.84	750m: 10:51.83	43.52			
	200m: 2:42.19	43.40	400m: 5:39.06	44.54	600m: 8:38.67	45.06	800m: 11:34.85	43.02			
7.	Linda Hoogendam	WVZ				NED	198300892			<b>12:10.74</b>	+0.81
	50m: 39.69	39.69	250m: 3:43.04	45.88	450m: 6:48.13	45.88	650m: 9:54.11	46.58			
	100m: 1:24.91	45.22	300m: 4:29.01	45.97	500m: 7:34.43	46.30	700m: 10:40.68	46.57			
	150m: 2:10.97	46.06	350m: 5:15.23	46.22	550m: 8:20.07	45.64	750m: 11:27.57	46.89			
	200m: 2:57.16	46.19	400m: 6:02.25	47.02	600m: 9:07.53	47.46	800m: 12:10.74	43.17			

Masters 45+

1.	Liselotte Joling	PSV				NED	197500268			<b>10:02.68</b>	+0.85
	50m: 35.02	35.02	250m: 3:06.56	37.55	450m: 5:38.58	37.78	650m: 8:10.78	38.05			
	100m: 1:13.07	38.05	300m: 3:44.89	38.33	500m: 6:16.65	38.07	700m: 8:48.98	38.20			
	150m: 1:50.64	37.57	350m: 4:22.52	37.63	550m: 6:54.29	37.64	750m: 9:26.25	37.27			
	200m: 2:29.01	38.37	400m: 5:00.80	38.28	600m: 7:32.73	38.44	800m: 10:02.68	36.43			
2.	Melanie Kuiper	ZIGNEA				NED	197600350			<b>10:33.76</b>	+0.85
	50m: 35.33	35.33	250m: 3:13.27	40.50	450m: 5:55.17	40.05	650m: 8:35.61	40.24			
	100m: 1:13.72	38.39	300m: 3:53.61	40.34	500m: 6:34.86	39.69	700m: 9:16.12	40.51			
	150m: 1:52.93	39.21	350m: 4:34.27	40.66	550m: 7:15.20	40.34	750m: 9:56.06	39.94			
	200m: 2:32.77	39.84	400m: 5:15.12	40.85	600m: 7:55.37	40.17	800m: 10:33.76	37.70			
3.	Alina Spijkerman	DAW				NED	197701220			<b>10:53.42</b>	+0.86
	50m: 35.92	35.92	250m: 3:18.79	40.99	450m: 6:03.87	41.16	650m: 8:50.63	41.84			
	100m: 1:15.92	40.00	300m: 4:00.15	41.36	500m: 6:45.71	41.84	700m: 9:32.20	41.57			
	150m: 1:56.61	40.69	350m: 4:41.51	41.36	550m: 7:27.10	41.39	750m: 10:13.96	41.76			
	200m: 2:37.80	41.19	400m: 5:22.71	41.20	600m: 8:08.79	41.69	800m: 10:53.42	39.46			
4.	Jannie Vennik	HZ&PC Heerenveen				NED	197601006			<b>11:23.35</b>	+0.90
	50m: 38.39	38.39	250m: 3:31.38	43.55	450m: 6:25.02	43.38	650m: 9:16.89	42.43			
	100m: 1:20.97	42.58	300m: 4:14.90	43.52	500m: 7:08.27	43.25	700m: 9:59.29	42.40			
	150m: 2:04.56	43.59	350m: 4:58.35	43.45	550m: 7:51.07	42.80	750m: 10:42.35	43.06			
	200m: 2:47.83	43.27	400m: 5:41.64	43.29	600m: 8:34.46	43.39	800m: 11:23.35	41.00			

Programmanr. 31, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging					tijd	RT	PARA
5.	Chantal Verhoeff	Old Dutch	NED 197900912				<b>11:26.40</b>	+0.61	
	50m: 37.48	37.48	250m: 3:29.85	43.78	450m: 6:24.70	43.67	650m: 9:17.84	43.53	
	100m: 1:19.36	41.88	300m: 4:13.20	43.35	500m: 7:07.86	43.16	700m: 10:01.08	43.24	
	150m: 2:02.38	43.02	350m: 4:57.32	44.12	550m: 7:51.02	43.16	750m: 10:43.94	42.86	
	200m: 2:46.07	43.69	400m: 5:41.03	43.71	600m: 8:34.31	43.29	800m: 11:26.40	42.46	
6.	Jessica Venema	GZC Donk	NED 197901526				<b>11:44.84</b>	+0.63	
	50m: 37.32	37.32	250m: 3:30.36	44.03	450m: 6:28.77	44.86	650m: 9:30.88	45.12	
	100m: 1:19.18	41.86	300m: 4:14.92	44.56	500m: 7:14.73	45.96	700m: 10:16.57	45.69	
	150m: 2:02.43	43.25	350m: 4:59.37	44.45	550m: 7:59.75	45.02	750m: 11:02.80	46.23	
	200m: 2:46.33	43.90	400m: 5:43.91	44.54	600m: 8:45.76	46.01	800m: 11:44.84	42.04	

Masters 50+

1.	Carla Geurts	PSV	NED 197100178				<b>9:59.89</b>	+0.81	
	50m: 33.33	33.33	250m: 3:01.61	37.51	450m: 5:33.15	37.85	650m: 8:06.35	38.22	
	100m: 1:09.66	36.33	300m: 3:39.43	37.82	500m: 6:11.35	38.20	700m: 8:44.67	38.32	
	150m: 1:46.65	36.99	350m: 4:17.37	37.94	550m: 6:49.77	38.42	750m: 9:23.38	38.71	
	200m: 2:24.10	37.45	400m: 4:55.30	37.93	600m: 7:28.13	38.36	800m: 9:59.89	36.51	
2.	Grith Sigsgaard	Zwemlust- den Hommel	NED 197200772				<b>10:17.21</b>	+0.64	
	50m: 33.65	33.65	250m: 3:06.50	38.36	450m: 5:42.71	39.63	650m: 8:20.05	39.78	
	100m: 1:11.11	37.46	300m: 3:45.19	38.69	500m: 6:21.65	38.94	700m: 8:59.11	39.06	
	150m: 1:49.57	38.46	350m: 4:23.88	38.69	550m: 7:00.70	39.05	750m: 9:38.26	39.15	
	200m: 2:28.14	38.57	400m: 5:03.08	39.20	600m: 7:40.27	39.57	800m: 10:17.21	38.95	
3.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054				<b>10:51.43</b>	+0.94	
	50m: 36.13	36.13	250m: 3:20.58	41.82	450m: 6:07.21	41.11	650m: 8:50.66	40.56	
	100m: 1:16.13	40.00	300m: 4:02.70	42.12	500m: 6:48.38	41.17	700m: 9:31.11	40.45	
	150m: 1:57.17	41.04	350m: 4:44.45	41.75	550m: 7:29.39	41.01	750m: 10:11.87	40.76	
	200m: 2:38.76	41.59	400m: 5:26.10	41.65	600m: 8:10.10	40.71	800m: 10:51.43	39.56	
4.	Annette de Visser	Oceanus	NED 197100602				<b>11:09.52</b>	+0.86	
	50m: 36.16	36.16	250m: 3:22.04	41.60	450m: 6:11.33	42.80	650m: 9:02.32	42.62	
	100m: 1:16.60	40.44	300m: 4:03.92	41.88	500m: 6:54.03	42.70	700m: 9:45.09	42.77	
	150m: 1:58.25	41.65	350m: 4:45.90	41.98	550m: 7:36.87	42.84	750m: 10:27.43	42.34	
	200m: 2:40.44	42.19	400m: 5:28.53	42.63	600m: 8:19.70	42.83	800m: 11:09.52	42.09	
5.	Kathy Van Lindt *200	Cercle De Natation Sportcity WolBEL	CNSW/007949/71				<b>13:01.25</b>		
	50m: 43.46	43.46	250m: 3:58.53	48.96	450m: 7:17.93	50.08	650m: 10:37.15	49.39	
	100m: 1:30.88	47.42	300m: 4:48.58	50.05	500m: 8:07.98	50.05	700m: 11:26.35	49.20	
	150m: 2:19.84	48.96	350m: 5:37.77	49.19	550m: 8:57.90	49.92	750m: 12:15.10	48.75	
	200m: 3:09.57	49.73	400m: 6:27.85	50.08	600m: 9:47.76	49.86	800m: 13:01.25	46.15	

DIS Bianca Groot MSV-Zeemacht NED 197000652  
AF - De aangegeven afstand niet uitgezwommen.

Masters 55+

1.	Iris van Aurich	DWK	NED 196900866				<b>11:37.02</b>	+0.81	
	50m: 37.62	37.62	250m: 3:31.42	44.34	450m: 6:30.97	44.83	650m: 9:29.23	44.36	
	100m: 1:20.05	42.43	300m: 4:15.97	44.55	500m: 7:15.75	44.78	700m: 10:13.06	43.83	
	150m: 2:03.65	43.60	350m: 5:00.91	44.94	550m: 8:00.24	44.49	750m: 10:56.04	42.98	
	200m: 2:47.08	43.43	400m: 5:46.14	45.23	600m: 8:44.87	44.63	800m: 11:37.02	40.98	
2.	Laura Staal	Oceanus	NED 196700358				<b>11:46.87</b>	+0.93	
	50m: 39.68	39.68	250m: 3:38.52	45.47	450m: 6:37.67	44.25	650m: 9:34.66	44.49	
	100m: 1:23.26	43.58	300m: 4:23.83	45.31	500m: 7:21.88	44.21	700m: 10:19.74	45.08	
	150m: 2:07.81	44.55	350m: 5:08.64	44.81	550m: 8:06.14	44.26	750m: 11:04.56	44.82	
	200m: 2:53.05	45.24	400m: 5:53.42	44.78	600m: 8:50.17	44.03	800m: 11:46.87	42.31	
3.	Marijke Campfens	De Geul	NED 196900960				<b>12:32.70</b>		
	50m: 39.80	39.80	250m: 3:43.85	47.01	450m: 6:55.62	48.11	650m: 10:08.77	48.63	
	100m: 1:23.72	43.92	300m: 4:31.57	47.72	500m: 7:43.71	48.09	700m: 10:57.41	48.64	
	150m: 2:10.08	46.36	350m: 5:19.52	47.95	550m: 8:31.96	48.25	750m: 11:45.95	48.54	
	200m: 2:56.84	46.76	400m: 6:07.51	47.99	600m: 9:20.14	48.18	800m: 12:32.70	46.75	
4.	K. van Nassau-van den Heuvel	Old Dutch	NED 196600188				<b>12:39.91</b>	+0.97	
	50m: 43.32	43.32	250m: 3:52.25	47.49	450m: 7:04.72	48.05	650m: 10:18.80	48.21	
	100m: 1:29.82	46.50	300m: 4:40.26	48.01	500m: 7:53.21	48.49	700m: 11:07.38	48.58	
	150m: 2:17.53	47.71	350m: 5:28.59	48.33	550m: 8:42.18	48.97	750m: 11:55.15	47.77	
	200m: 3:04.76	47.23	400m: 6:16.67	48.08	600m: 9:30.59	48.41	800m: 12:39.91	44.76	
5.	Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922				<b>12:48.68</b>	+0.90	
	50m: 41.35	41.35	250m: 3:55.23	49.07	450m: 7:10.77	49.03	650m: 10:24.94	48.31	
	100m: 1:28.45	47.10	300m: 4:44.11	48.88	500m: 7:59.47	48.70	700m: 11:13.23	48.29	
	150m: 2:17.19	48.74	350m: 5:32.92	48.81	550m: 8:48.13	48.66	750m: 12:01.66	48.43	
	200m: 3:06.16	48.97	400m: 6:21.74	48.82	600m: 9:36.63	48.50	800m: 12:48.68	47.02	

Programmanr. 31, Dames, 800m vrije slag

Masters 60+

1. Wilna Heijman		Steenwijk 1934		NED 196400506		<b>11:30.46</b>		<b>+0.83</b>			
50m:	39.12	39.12	250m:	3:32.93	44.10	450m:	6:28.10	43.63	650m:	9:22.28	43.44
100m:	1:21.64	42.52	300m:	4:16.80	43.87	500m:	7:11.56	43.46	700m:	10:05.69	43.41
150m:	2:05.08	43.44	350m:	5:00.49	43.69	550m:	7:55.13	43.57	750m:	10:48.55	42.86
200m:	2:48.83	43.75	400m:	5:44.47	43.98	600m:	8:38.84	43.71	800m:	11:30.46	41.91
2. Petra Tossings		GZC Donk		NED 196100376		<b>12:20.23</b>		<b>+0.84</b>			
50m:	41.15	41.15	250m:	3:48.44	46.91	450m:	6:55.58	46.82	650m:	10:02.61	46.29
100m:	1:27.02	45.87	300m:	4:34.85	46.41	500m:	7:42.43	46.85	700m:	10:49.61	47.00
150m:	2:13.95	46.93	350m:	5:21.54	46.69	550m:	8:29.26	46.83	750m:	11:35.90	46.29
200m:	3:01.53	47.58	400m:	6:08.76	47.22	600m:	9:16.32	47.06	800m:	12:20.23	44.33
3. Erica Muller		De Geul		NED 196400412		<b>14:24.08</b>		<b>+0.80</b>			
50m:	47.75	47.75	250m:	4:24.28	54.86	450m:	8:01.93	54.37	650m:	11:40.60	54.65
100m:	1:40.99	53.24	300m:	5:18.61	54.33	500m:	8:56.78	54.85	700m:	12:34.90	54.30
150m:	2:34.81	53.82	350m:	6:12.84	54.23	550m:	9:51.41	54.63	750m:	13:29.86	54.96
200m:	3:29.42	54.61	400m:	7:07.56	54.72	600m:	10:45.95	54.54	800m:	14:24.08	54.22

Masters 65+

1. Margriet Pasma		TriVia		NED 195500088		<b>12:40.62</b>					
50m:	43.84	43.84	250m:	3:59.21	48.41	450m:	7:10.90	47.90	650m:	10:23.36	48.07
100m:	1:31.95	48.11	300m:	4:47.49	48.28	500m:	7:58.93	48.03	700m:	11:10.79	47.43
150m:	2:21.66	49.71	350m:	5:35.23	47.74	550m:	8:47.03	48.10	750m:	11:57.62	46.83
200m:	3:10.80	49.14	400m:	6:23.00	47.77	600m:	9:35.29	48.26	800m:	12:40.62	43.00

Masters 70+

1. Conny Boer-Buys		ZVVS		NED 195000006		<b>13:00.87</b>		<b>+0.85</b>			
50m:	42.17	42.17	250m:	3:56.74	49.71	450m:	7:17.87	50.13	650m:	10:36.28	49.77
100m:	1:29.03	46.86	300m:	4:46.83	50.09	500m:	8:07.72	49.85	700m:	11:25.71	49.43
150m:	2:17.48	48.45	350m:	5:37.40	50.57	550m:	8:57.09	49.37	750m:	12:14.80	49.09
200m:	3:07.03	49.55	400m:	6:27.74	50.34	600m:	9:46.51	49.42	800m:	13:00.87	46.07
2. Carla Hensen		PSV		NED 195300062		<b>14:35.70</b>					
50m:	47.17	47.17	250m:	4:27.78	55.37	450m:	8:10.27	55.56	650m:	11:52.06	55.64
100m:	1:41.29	54.12	300m:	5:23.68	55.90	500m:	9:05.54	55.27	700m:	12:47.24	55.18
150m:	2:36.82	55.53	350m:	6:19.33	55.65	550m:	10:01.08	55.54	750m:	13:42.32	55.08
200m:	3:32.41	55.59	400m:	7:14.71	55.38	600m:	10:56.42	55.34	800m:	14:35.70	53.38

1 - ONMK 2024 kb - Sessie 1

21-11-2024 - 12:30

Programmanr. 1  
21-11-2024 - 12:30

Dames, 1500m vrije slag  
Pauze na serie 4 / Break after heat 4

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
<b>Masters 20+</b>								
1.	Roos Englebert	Hieronymus	NED 200200606	<b>17:41.67</b>	+0.74			
	50m: 31.21	31.21	450m: 5:13.46	35.75	850m: 9:57.79	35.60	1250m: 14:43.93	35.92
	100m: 1:05.41	34.20	500m: 5:49.16	35.70	900m: 10:33.19	35.40	1300m: 15:15.84	35.91
	150m: 1:40.29	34.88	550m: 6:24.80	35.64	950m: 11:08.99	35.80	1350m: 15:55.74	35.90
	200m: 2:15.42	35.13	600m: 7:00.23	35.43	1000m: 11:44.77	35.78	1400m: 16:31.64	35.90
	250m: 2:50.80	35.38	650m: 7:35.65	35.42	1050m: 12:20.30	35.53	1450m: 17:07.25	35.61
	300m: 3:26.25	35.45	700m: 8:11.19	35.54	1100m: 12:56.12	35.82	1500m: 17:41.67	34.42
	350m: 4:01.98	35.73	750m: 8:46.69	35.50	1150m: 13:31.96	35.84		
	400m: 4:37.71	35.73	800m: 9:22.19	35.50	1200m: 14:08.01	36.05		
2.	Lieke Broere	De Otters Het Gooi	NED 200303890	<b>19:33.81</b>	+0.80			
	50m: 33.35	33.35	450m: 5:45.25	39.29	850m: 11:00.26	39.55	1250m: 16:17.06	39.88
	100m: 1:11.07	37.72	500m: 6:25.06	39.81	900m: 11:39.45	39.19	1300m: 16:57.08	40.02
	150m: 1:49.54	38.47	550m: 7:04.25	39.19	950m: 12:19.09	39.64	1350m: 17:37.27	40.19
	200m: 2:28.86	39.32	600m: 7:43.36	39.11	1000m: 12:58.98	39.89	1400m: 18:17.11	39.84
	250m: 3:07.53	38.67	650m: 8:22.80	39.44	1050m: 13:37.74	38.76	1450m: 18:55.87	38.76
	300m: 3:46.93	39.40	700m: 9:02.38	39.58	1100m: 14:17.69	39.95	1500m: 19:33.81	37.94
	350m: 4:26.30	39.37	750m: 9:41.97	39.59	1150m: 14:57.67	39.98		
	400m: 5:05.96	39.66	800m: 10:20.71	38.74	1200m: 15:37.18	39.51		
3.	Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>20:00.84</b>	+0.69			
	50m: 35.20	35.20	450m: 5:47.44	40.58	850m: 11:12.60	41.00	1250m: 16:39.15	40.38
	100m: 1:12.57	37.37	500m: 6:27.86	40.42	900m: 11:53.38	40.78	1300m: 17:19.97	40.82
	150m: 1:50.61	38.04	550m: 7:08.08	40.22	950m: 12:34.69	41.31	1350m: 18:01.28	41.31
	200m: 2:29.18	38.57	600m: 7:48.33	40.25	1000m: 13:15.41	40.72	1400m: 18:42.21	40.93
	250m: 3:07.92	38.74	650m: 8:28.88	40.55	1050m: 13:56.48	41.07	1450m: 19:22.28	40.07
	300m: 3:47.05	39.13	700m: 9:09.70	40.82	1100m: 14:36.88	40.40	1500m: 20:00.84	38.56
	350m: 4:26.67	39.62	750m: 9:50.76	41.06	1150m: 15:17.85	40.97		
	400m: 5:06.86	40.19	800m: 10:31.60	40.84	1200m: 15:58.77	40.92		
4.	Britt Biemans	Olympia	NED 200400080	<b>21:06.35</b>	+0.73			
	50m: 35.48	35.48	450m: 6:09.90	42.67	850m: 11:54.71	43.00	1250m: 17:38.34	42.74
	100m: 1:15.30	39.82	500m: 6:52.90	43.00	900m: 12:37.68	42.97	1300m: 18:20.22	41.88
	150m: 1:56.06	40.76	550m: 7:35.95	43.05	950m: 13:20.90	43.22	1350m: 19:02.50	42.28
	200m: 2:37.86	41.80	600m: 8:18.63	42.68	1000m: 14:04.41	43.51	1400m: 19:44.73	42.23
	250m: 3:19.94	42.08	650m: 9:01.55	42.92	1050m: 14:47.35	42.94	1450m: 20:25.99	41.26
	300m: 4:02.22	42.28	700m: 9:44.79	43.24	1100m: 15:30.27	42.92	1500m: 21:06.35	40.36
	350m: 4:44.49	42.27	750m: 10:28.22	43.43	1150m: 16:13.09	42.82		
	400m: 5:27.23	42.74	800m: 11:11.71	43.49	1200m: 16:55.60	42.51		
5.	Isabelle Janssen	De Geul	NED 200006318	<b>22:05.20</b>				
	50m: 36.56	36.56	450m: 6:21.64	45.03	850m: 12:20.92	45.02	1250m: 18:21.90	44.97
	100m: 1:16.49	39.93	500m: 7:06.49	44.85	900m: 13:06.20	45.28	1300m: 19:06.69	44.79
	150m: 1:57.94	41.45	550m: 7:51.18	44.69	950m: 13:51.44	45.24	1350m: 19:51.86	45.17
	200m: 2:40.80	42.86	600m: 8:36.38	45.20	1000m: 14:36.60	45.16	1400m: 20:36.87	45.01
	250m: 3:24.50	43.70	650m: 9:21.48	45.10	1050m: 15:21.90	45.30	1450m: 21:21.86	44.99
	300m: 4:08.42	43.92	700m: 10:06.33	44.85	1100m: 16:06.81	44.91	1500m: 22:05.20	43.34
	350m: 4:52.31	43.89	750m: 10:50.89	44.56	1150m: 16:51.97	45.16		
	400m: 5:36.61	44.30	800m: 11:35.90	45.01	1200m: 17:36.93	44.96		
6.	Berinda van Dijk	Blue Marlins	NED 200104186	<b>22:51.10</b>	+0.89			
	50m: 38.33	38.33	450m: 6:45.30	46.73	850m: 13:00.58	47.12	1250m: 19:09.82	45.29
	100m: 1:22.56	44.23	500m: 7:32.16	46.86	900m: 13:47.02	46.44	1300m: 19:55.60	45.78
	150m: 2:08.20	45.64	550m: 8:19.12	46.96	950m: 14:33.65	46.63	1350m: 20:42.42	46.82
	200m: 2:54.24	46.04	600m: 9:05.66	46.54	1000m: 15:20.03	46.38	1400m: 21:27.47	45.05
	250m: 3:39.69	45.45	650m: 9:52.14	46.48	1050m: 16:05.00	44.97	1450m: 22:12.34	44.87
	300m: 4:25.11	45.42	700m: 10:39.87	47.73	1100m: 16:51.75	46.75	1500m: 22:51.10	38.76
	350m: 5:11.49	46.38	750m: 11:26.78	46.91	1150m: 17:38.20	46.45		
	400m: 5:58.57	47.08	800m: 12:13.46	46.68	1200m: 18:24.53	46.33		
7.	Esmeralda Elbers	Blue Marlins	NED 200404888	<b>25:50.70</b>	+0.97			
	50m: 42.28	42.28	450m: 7:20.36	52.14	850m: 14:19.52	53.11	1250m: 21:29.38	54.65
	100m: 1:28.28	46.00	500m: 8:13.43	53.07	900m: 15:12.44	52.92	1300m: 22:23.07	53.69
	150m: 2:16.83	48.55	550m: 9:05.08	51.65	950m: 16:05.62	53.18	1350m: 23:16.83	53.76
	200m: 3:06.14	49.31	600m: 9:57.14	52.06	1000m: 16:59.26	53.64	1400m: 24:09.29	52.46
	250m: 3:56.28	50.14	650m: 10:50.17	53.03	1050m: 17:53.56	54.30	1450m: 25:01.70	52.41
	300m: 4:46.62	50.34	700m: 11:41.80	51.63	1100m: 18:47.56	54.00	1500m: 25:50.70	49.00
	350m: 5:38.07	51.45	750m: 12:34.67	52.87	1150m: 19:40.47	52.91		
	400m: 6:28.22	50.15	800m: 13:26.41	51.74	1200m: 20:34.73	54.26		

Programmanr. 1, Dames, 1500m vrije slag

Masters 25+

<b>1. Anne Noom</b>		<b>Het Y</b>		<b>NED 199800062</b>		<b>18:15.95</b>		<b>+0.71</b>			
50m:	31.66	31.66	450m:	5:20.68	36.55	850m:	10:17.20	36.99	1250m:	15:13.44	37.08
100m:	1:06.91	35.25	500m:	5:57.54	36.86	900m:	10:54.06	36.86	1300m:	15:50.49	37.05
150m:	1:43.12	36.21	550m:	6:34.56	37.02	950m:	11:31.23	37.17	1350m:	16:27.46	36.97
200m:	2:19.23	36.11	600m:	7:11.59	37.03	1000m:	12:08.27	37.04	1400m:	17:04.26	36.80
250m:	2:55.25	36.02	650m:	7:48.85	37.26	1050m:	12:45.16	36.89	1450m:	17:40.18	35.92
300m:	3:31.43	36.18	700m:	8:25.73	36.88	1100m:	13:22.25	37.09	1500m:	18:15.95	35.77
350m:	4:07.56	36.13	750m:	9:03.02	37.29	1150m:	13:59.31	37.06			
400m:	4:44.13	36.57	800m:	9:40.21	37.19	1200m:	14:36.36	37.05			
<b>2. Jamilla van Omme - van Veen</b>		<b>Zwemvereniging Hoogland</b>		<b>NED 199603192</b>		<b>18:34.96</b>					
50m:	32.07	32.07	450m:	5:26.48	37.39	850m:	10:27.18	37.68	1250m:	15:29.53	37.78
100m:	1:07.84	35.77	500m:	6:03.81	37.33	900m:	11:04.96	37.78	1300m:	16:07.19	37.66
150m:	1:44.42	36.58	550m:	6:41.66	37.85	950m:	11:42.60	37.64	1350m:	16:45.18	37.99
200m:	2:21.03	36.61	600m:	7:19.18	37.52	1000m:	12:20.53	37.93	1400m:	17:21.66	36.48
250m:	2:57.64	36.61	650m:	7:56.65	37.47	1050m:	12:58.33	37.80	1450m:	17:58.52	36.86
300m:	3:34.75	37.11	700m:	8:34.61	37.96	1100m:	13:36.13	37.80	1500m:	18:34.96	36.44
350m:	4:11.90	37.15	750m:	9:11.96	37.35	1150m:	14:13.97	37.84			
400m:	4:49.09	37.19	800m:	9:49.50	37.54	1200m:	14:51.75	37.78			
<b>3. Fiona Meuffels</b>		<b>PSV</b>		<b>NED 199504366</b>		<b>19:17.82</b>		<b>+0.73</b>			
50m:	33.55	33.55	450m:	5:39.25	38.81	850m:	10:50.43	39.27	1250m:	16:05.03	39.02
100m:	1:10.15	36.60	500m:	6:18.11	38.86	900m:	11:29.53	39.10	1300m:	16:44.33	39.30
150m:	1:47.59	37.44	550m:	6:56.66	38.55	950m:	12:08.70	39.17	1350m:	17:23.89	39.03
200m:	2:25.69	38.10	600m:	7:35.82	39.16	1000m:	12:48.15	39.45	1400m:	18:02.29	38.93
250m:	3:03.70	38.01	650m:	8:14.08	38.26	1050m:	13:27.42	39.27	1450m:	18:40.81	38.52
300m:	3:42.64	38.94	700m:	8:53.14	39.06	1100m:	14:06.86	39.44	1500m:	19:17.82	37.01
350m:	4:21.33	38.69	750m:	9:32.27	39.13	1150m:	14:46.52	39.66			
400m:	5:00.44	39.11	800m:	10:11.16	38.89	1200m:	15:26.01	39.49			
<b>4. Anne-Irene Ducheine</b>		<b>Zwemvereniging Hoogland</b>		<b>NED 199506824</b>		<b>19:19.21</b>		<b>+0.76</b>			
50m:	34.12	34.12	450m:	5:40.60	38.59	850m:	10:50.98	38.72	1250m:	16:04.99	39.51
100m:	1:11.77	37.65	500m:	6:19.26	38.66	900m:	11:29.82	38.84	1300m:	16:44.61	39.62
150m:	1:49.92	38.15	550m:	6:58.31	39.05	950m:	12:08.77	38.95	1350m:	17:23.89	39.28
200m:	2:28.44	38.52	600m:	7:36.89	38.58	1000m:	12:48.05	39.28	1400m:	18:03.13	39.24
250m:	3:06.88	38.44	650m:	8:15.14	38.25	1050m:	13:27.25	39.20	1450m:	18:42.28	39.15
300m:	3:45.57	38.69	700m:	8:54.50	39.36	1100m:	14:06.26	39.01	1500m:	19:19.21	36.93
350m:	4:23.91	38.34	750m:	9:33.39	38.89	1150m:	14:45.80	39.54			
400m:	5:02.01	38.10	800m:	10:12.26	38.87	1200m:	15:25.48	39.68			
<b>5. Kirsten Opmeer</b>		<b>ZPC AMERSFOORT</b>		<b>NED 199800014</b>		<b>20:14.21</b>		<b>+0.69</b>			
50m:	32.95	32.95	450m:	5:52.09	40.69	850m:	11:19.31	40.84	1250m:	16:48.24	41.24
100m:	1:10.26	37.31	500m:	6:32.98	40.89	900m:	12:00.30	40.99	1300m:	17:29.20	40.96
150m:	1:49.14	38.88	550m:	7:13.75	40.77	950m:	12:41.28	40.98	1350m:	18:10.81	41.61
200m:	2:29.39	40.25	600m:	7:54.82	41.07	1000m:	13:22.26	40.98	1400m:	18:52.25	41.44
250m:	3:09.55	40.16	650m:	8:35.62	40.80	1050m:	14:03.66	41.40	1450m:	19:33.52	41.27
300m:	3:49.99	40.44	700m:	9:16.70	41.08	1100m:	14:44.80	41.14	1500m:	20:14.21	40.69
350m:	4:30.74	40.75	750m:	9:57.59	40.89	1150m:	15:25.70	40.90			
400m:	5:11.40	40.66	800m:	10:38.47	40.88	1200m:	16:07.00	41.30			
<b>6. Larissa Jansen</b>		<b>PSV</b>		<b>NED 199500660</b>		<b>20:41.34</b>					
50m:	37.06	37.06	450m:	6:08.35	41.61	850m:	11:40.73	41.52	1250m:	17:14.24	42.14
100m:	1:17.45	40.39	500m:	6:50.46	42.11	900m:	12:22.23	41.50	1300m:	17:56.24	42.00
150m:	1:58.44	40.99	550m:	7:32.13	41.67	950m:	13:03.95	41.72	1350m:	18:38.80	42.56
200m:	2:40.18	41.74	600m:	8:13.60	41.47	1000m:	13:45.37	41.42	1400m:	19:20.61	41.81
250m:	3:21.88	41.70	650m:	8:54.99	41.39	1050m:	14:26.83	41.46	1450m:	20:01.84	41.23
300m:	4:03.52	41.64	700m:	9:36.56	41.57	1100m:	15:08.52	41.69	1500m:	20:41.34	39.50
350m:	4:45.13	41.61	750m:	10:18.07	41.51	1150m:	15:50.31	41.79			
400m:	5:26.74	41.61	800m:	10:59.21	41.14	1200m:	16:32.10	41.79			
<b>7. Selina Janssen</b>		<b>Neptunus'58</b>		<b>NED 199905974</b>		<b>20:45.20</b>		<b>+0.78</b>			
50m:	36.20	36.20	450m:	6:01.72	41.66	850m:	11:37.98	42.42	1250m:	17:17.06	42.63
100m:	1:14.76	38.56	500m:	6:43.28	41.56	900m:	12:20.17	42.19	1300m:	17:59.33	42.27
150m:	1:54.36	39.60	550m:	7:24.85	41.57	950m:	13:02.41	42.24	1350m:	18:41.68	42.35
200m:	2:35.01	40.65	600m:	8:06.61	41.76	1000m:	13:44.63	42.22	1400m:	19:23.90	42.22
250m:	3:15.93	40.92	650m:	8:48.70	42.09	1050m:	14:26.90	42.27	1450m:	20:05.41	41.51
300m:	3:56.87	40.94	700m:	9:30.87	42.17	1100m:	15:09.36	42.46	1500m:	20:45.20	39.79
350m:	4:38.30	41.43	750m:	10:13.19	42.32	1150m:	15:51.65	42.29			
400m:	5:20.06	41.76	800m:	10:55.56	42.37	1200m:	16:34.43	42.78			
<b>8. Cynthia van Veen</b>		<b>ZVL-1886</b>		<b>NED 199606736</b>		<b>24:17.31</b>		<b>+0.77</b>			
50m:	39.62	39.62	450m:	7:00.14	48.21	850m:	13:32.63	49.48	1250m:	20:13.02	50.03
100m:	1:25.21	45.59	500m:	7:48.83	48.69	900m:	14:22.52	49.89	1300m:	21:02.76	49.74
150m:	2:12.42	47.21	550m:	8:37.80	48.97	950m:	15:12.58	50.06	1350m:	21:52.52	49.76
200m:	2:59.67	47.25	600m:	9:26.37	48.57	1000m:	16:02.32	49.74	1400m:	22:42.91	50.39
250m:	3:47.74	48.07	650m:	10:15.02	48.65	1050m:	16:52.74	50.42	1450m:	23:32.05	49.14
300m:	4:35.32	47.58	700m:	11:04.09	49.07	1100m:	17:42.82	50.08	1500m:	24:17.31	45.26
350m:	5:23.24	47.92	750m:	11:53.52	49.43	1150m:	18:33.05	50.23			
400m:	6:11.93	48.69	800m:	12:43.15	49.63	1200m:	19:22.99	49.94			

Programmanr. 1, Dames, 1500m vrije slag

Masters 30+

1. Nienke Smidt		WS Twente	NED	199407596	<b>20:42.56</b>	+0.93					
50m:	36.12	36.12	450m:	6:05.81	41.22	850m:	11:42.61	42.34	1250m:	17:18.84	42.28
100m:	1:15.54	39.42	500m:	6:47.64	41.83	900m:	12:24.73	42.12	1300m:	18:00.66	41.82
150m:	1:56.63	41.09	550m:	7:29.60	41.96	950m:	13:07.05	42.32	1350m:	18:42.70	42.04
200m:	2:37.94	41.31	600m:	8:11.42	41.82	1000m:	13:48.89	41.84	1400m:	19:24.54	41.84
250m:	3:19.59	41.65	650m:	8:53.08	41.66	1050m:	14:31.38	42.49	1450m:	20:05.06	40.52
300m:	4:01.54	41.95	700m:	9:35.63	42.55	1100m:	15:13.51	42.13	1500m:	20:42.56	37.50
350m:	4:42.65	41.11	750m:	10:17.74	42.11	1150m:	15:55.17	41.66			
400m:	5:24.59	41.94	800m:	11:00.27	42.53	1200m:	16:36.56	41.39			
2. Irmgard van Weeghel		ENC Arnhem	NED	199204834	<b>21:38.75</b>	+0.82					
50m:	37.17	37.17	450m:	6:18.61	43.52	850m:	12:09.14	43.82	1250m:	18:00.74	43.69
100m:	1:18.00	40.83	500m:	7:02.13	43.52	900m:	12:52.88	43.74	1300m:	18:45.10	44.36
150m:	2:00.24	42.24	550m:	7:46.27	44.14	950m:	13:36.98	44.10	1350m:	19:29.38	44.28
200m:	2:42.90	42.66	600m:	8:29.90	43.63	1000m:	14:21.51	44.53	1400m:	20:13.53	44.15
250m:	3:25.36	42.46	650m:	9:13.91	44.01	1050m:	15:05.18	43.67	1450m:	20:56.90	43.37
300m:	4:08.45	43.09	700m:	9:57.51	43.60	1100m:	15:49.29	44.11	1500m:	21:38.75	41.85
350m:	4:51.41	42.96	750m:	10:41.31	43.80	1150m:	16:33.07	43.78			
400m:	5:35.09	43.68	800m:	11:25.32	44.01	1200m:	17:17.05	43.98			
3. Marjan Rikken		Octopus - ZVV (SG)	NED	199206114	<b>23:12.73</b>	+0.91					
50m:	39.26	39.26	450m:	6:42.10	46.80	850m:	13:00.58	47.36	1250m:	19:19.75	47.42
100m:	1:22.30	43.04	500m:	7:29.40	47.30	900m:	13:47.83	47.25	1300m:	20:07.40	47.65
150m:	2:06.33	44.03	550m:	8:16.22	46.82	950m:	14:35.50	47.67	1350m:	20:54.75	47.35
200m:	2:51.33	45.00	600m:	9:03.43	47.21	1000m:	15:22.06	46.56	1400m:	21:42.27	47.52
250m:	3:36.97	45.64	650m:	9:50.70	47.27	1050m:	16:09.30	47.24	1450m:	22:29.49	47.22
300m:	4:22.68	45.71	700m:	10:38.30	47.60	1100m:	16:57.13	47.83	1500m:	23:12.73	43.24
350m:	5:08.84	46.16	750m:	11:25.79	47.49	1150m:	17:44.84	47.71			
400m:	5:55.30	46.46	800m:	12:13.22	47.43	1200m:	18:32.33	47.49			

Masters 35+

1. Relinda Baas		TriVia	NED	198900144	<b>20:44.59</b>	+0.81					
50m:	36.09	36.09	450m:	6:04.06	41.95	850m:	11:39.57	42.07	1250m:	17:16.01	41.91
100m:	1:15.00	38.91	500m:	6:45.84	41.78	900m:	12:21.56	41.99	1300m:	17:57.99	41.98
150m:	1:54.90	39.90	550m:	7:27.72	41.88	950m:	13:03.74	42.18	1350m:	18:39.63	41.64
200m:	2:35.50	40.60	600m:	8:09.59	41.87	1000m:	13:45.97	42.23	1400m:	19:22.01	42.38
250m:	3:16.90	41.40	650m:	8:51.63	42.04	1050m:	14:27.95	41.98	1450m:	20:04.19	42.18
300m:	3:58.47	41.57	700m:	9:33.58	41.95	1100m:	15:09.87	41.92	1500m:	20:44.59	40.40
350m:	4:40.27	41.80	750m:	10:15.59	42.01	1150m:	15:52.15	42.28			
400m:	5:22.11	41.84	800m:	10:57.50	41.91	1200m:	16:34.10	41.95			
2. Nanda van Heteren		PSV	NED	198901728	<b>21:13.52</b>	+0.97					
50m:	37.19	37.19	450m:	6:17.58	43.09	850m:	12:00.02	42.91	1250m:	17:42.38	42.88
100m:	1:17.87	40.68	500m:	7:00.16	42.58	900m:	12:42.73	42.71	1300m:	18:25.46	43.08
150m:	1:59.94	42.07	550m:	7:42.46	42.30	950m:	13:25.75	43.02	1350m:	19:08.36	42.90
200m:	2:42.78	42.84	600m:	8:25.49	43.03	1000m:	14:08.92	43.17	1400m:	19:51.86	43.50
250m:	3:25.57	42.79	650m:	9:07.92	42.43	1050m:	14:51.87	42.95	1450m:	20:34.46	42.60
300m:	4:08.77	43.20	700m:	9:51.17	43.25	1100m:	15:34.28	42.41	1500m:	21:13.52	39.06
350m:	4:51.83	43.06	750m:	10:34.14	42.97	1150m:	16:16.74	42.46			
400m:	5:34.49	42.66	800m:	11:17.11	42.97	1200m:	16:59.50	42.76			
3. Liesbeth van Mill		Zwemlust- den Hommel	NED	198702786	<b>22:03.46</b>	+0.79					
50m:	37.25	37.25	450m:	6:21.82	44.31	850m:	12:19.62	44.84	1250m:	18:18.20	45.33
100m:	1:18.60	41.35	500m:	7:06.34	44.52	900m:	13:04.18	44.56	1300m:	19:03.23	45.03
150m:	2:00.76	42.16	550m:	7:51.22	44.88	950m:	13:48.74	44.56	1350m:	19:48.45	45.22
200m:	2:43.24	42.48	600m:	8:35.92	44.70	1000m:	14:33.26	44.52	1400m:	20:34.23	45.78
250m:	3:26.02	42.78	650m:	9:20.54	44.62	1050m:	15:17.86	44.60	1450m:	21:19.86	45.63
300m:	4:09.58	43.56	700m:	10:05.45	44.91	1100m:	16:02.53	44.67	1500m:	22:03.46	43.60
350m:	4:53.48	43.90	750m:	10:49.89	44.44	1150m:	16:47.70	45.17			
400m:	5:37.51	44.03	800m:	11:34.78	44.89	1200m:	17:32.87	45.17			
4. Sandra Schellekens		Neptunus'58	NED	198503416	<b>22:54.98</b>	+0.84					
50m:	37.45	37.45	450m:	6:38.18	46.20	850m:	12:47.77	46.20	1250m:	19:01.43	46.81
100m:	1:19.80	42.35	500m:	7:24.01	45.83	900m:	13:33.83	46.06	1300m:	19:48.16	46.73
150m:	2:03.81	44.01	550m:	8:10.24	46.23	950m:	14:20.14	46.31	1350m:	20:34.84	46.68
200m:	2:48.88	45.07	600m:	8:56.34	46.10	1000m:	15:06.77	46.63	1400m:	21:22.04	47.20
250m:	3:34.27	45.39	650m:	9:42.78	46.44	1050m:	15:53.87	47.10	1450m:	22:09.20	47.16
300m:	4:20.01	45.74	700m:	10:29.26	46.48	1100m:	16:40.45	46.58	1500m:	22:54.98	45.78
350m:	5:05.86	45.85	750m:	11:15.20	45.94	1150m:	17:27.70	47.25			
400m:	5:51.98	46.12	800m:	12:01.57	46.37	1200m:	18:14.62	46.92			

AFGEM Lisanne Andeweg      Zuiderzeezwemmers      NED 198800092



Programmanr. 1, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	NED	198503932	tijd	RT	PARA
AFGEM	Hanne Keijzer	Team Noord Holland (SG)	NED	198503932			

Masters 40+

1. Steffi Meinhold	d'ELFT	NED	198001542	19:35.45	+0.81
50m: 34.33	34.33	450m: 5:48.57	39.35	850m: 11:03.84	39.45
100m: 1:12.57	38.24	500m: 6:27.90	39.33	900m: 11:43.37	39.53
150m: 1:51.59	39.02	550m: 7:07.34	39.44	950m: 12:22.99	39.62
200m: 2:31.17	39.58	600m: 7:46.64	39.30	1000m: 13:02.41	39.42
250m: 3:10.75	39.58	650m: 8:26.22	39.58	1050m: 13:42.24	39.83
300m: 3:50.37	39.62	700m: 9:05.67	39.45	1100m: 14:22.06	39.82
350m: 4:29.83	39.46	750m: 9:45.02	39.35	1150m: 15:01.84	39.78
400m: 5:09.22	39.39	800m: 10:24.39	39.37	1200m: 15:41.59	39.75

2. Ramona Linting *400m	AZC	NED	198301274	20:51.05	+0.70
50m: 35.42	35.42	450m: 6:03.35	41.56	850m: 11:39.24	42.21
100m: 1:14.76	39.34	500m: 6:44.85	41.50	900m: 12:21.59	42.35
150m: 1:54.82	40.06	550m: 7:26.55	41.70	950m: 13:03.39	41.80
200m: 2:36.03	41.21	600m: 8:08.48	41.93	1000m: 13:45.48	42.09
250m: 3:17.74	41.71	650m: 8:50.35	41.87	1050m: 14:28.06	42.58
300m: 3:58.91	41.17	700m: 9:33.19	42.84	1100m: 15:10.53	42.47
350m: 4:40.43	41.52	750m: 10:15.02	41.83	1150m: 15:52.90	42.37
400m: 5:21.79	41.36	800m: 10:57.03	42.01	1200m: 16:35.23	42.33

3. Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	22:01.71	+0.84
50m: 37.74	37.74	450m: 6:25.92	44.29	850m: 12:21.35	44.99
100m: 1:18.86	41.12	500m: 7:10.54	44.62	900m: 13:06.44	45.09
150m: 2:01.43	42.57	550m: 7:55.39	44.85	950m: 13:51.43	44.99
200m: 2:44.61	43.18	600m: 8:38.99	43.60	1000m: 14:36.23	44.80
250m: 3:28.62	44.01	650m: 9:23.73	44.74	1050m: 15:21.00	44.77
300m: 4:12.76	44.14	700m: 10:07.89	44.16	1100m: 16:05.80	44.80
350m: 4:57.00	44.24	750m: 10:52.04	44.15	1150m: 16:51.11	45.31
400m: 5:41.63	44.63	800m: 11:36.36	44.32	1200m: 17:35.92	44.81

4. Linda Hoogendam *400m	WVZ	NED	198300892	23:13.54	+0.75
50m: 38.73	38.73	450m: 6:43.13	46.29	850m: 13:00.60	47.69
100m: 1:23.15	44.42	500m: 7:29.66	46.53	900m: 13:47.88	47.28
150m: 2:08.30	45.15	550m: 8:16.58	46.92	950m: 14:34.85	46.97
200m: 2:53.30	45.00	600m: 9:03.72	47.14	1000m: 15:21.81	46.96
250m: 3:38.60	45.30	650m: 9:50.94	47.22	1050m: 16:09.99	48.18
300m: 4:24.30	45.70	700m: 10:37.89	46.95	1100m: 16:57.62	47.63
350m: 5:10.61	46.31	750m: 11:25.43	47.54	1150m: 17:45.47	47.85
400m: 5:56.84	46.23	800m: 12:12.91	47.48	1200m: 18:33.74	48.27

Masters 45+

1. Liselotte Joling	PSV	NED	197500268	18:53.11	+0.85
50m: 34.40	34.40	450m: 5:35.81	37.61	850m: 10:38.73	38.14
100m: 1:12.14	37.74	500m: 6:13.44	37.63	900m: 11:16.97	38.24
150m: 1:49.90	37.76	550m: 6:50.94	37.50	950m: 11:54.95	37.98
200m: 2:27.84	37.94	600m: 7:28.49	37.55	1000m: 12:32.84	37.89
250m: 3:05.16	37.32	650m: 8:06.43	37.94	1050m: 13:10.63	37.79
300m: 3:42.69	37.53	700m: 8:44.52	38.09	1100m: 13:48.61	37.98
350m: 4:20.45	37.76	750m: 9:22.64	38.12	1150m: 14:26.79	38.18
400m: 4:58.20	37.75	800m: 10:00.59	37.95	1200m: 15:05.47	38.68

2. Melanie Kuiper	ZIGNEA	NED	197600350	20:16.52	+0.87
50m: 35.08	35.08	450m: 5:57.68	41.14	850m: 11:28.02	41.52
100m: 1:13.63	38.55	500m: 6:38.67	40.99	900m: 12:09.16	41.14
150m: 1:53.13	39.50	550m: 7:19.91	41.24	950m: 12:49.89	40.73
200m: 2:33.27	40.14	600m: 8:00.80	40.89	1000m: 13:30.79	40.90
250m: 3:13.77	40.50	650m: 8:42.27	41.47	1050m: 14:11.61	40.82
300m: 3:54.62	40.85	700m: 9:23.59	41.32	1100m: 14:52.43	40.82
350m: 4:35.46	40.84	750m: 10:05.08	41.49	1150m: 15:32.87	40.44
400m: 5:16.54	41.08	800m: 10:46.50	41.42	1200m: 16:14.21	41.34

Programmanr. 1, Dames, 1500m vrije slag

Masters 50+

1. Grith Sigsgaard		Zwemlust- den Hommel		NED 197200772		<b>19:32.68</b>		<b>+0.90</b>			
50m:	34.33	34.33	450m:	5:44.54	39.07	850m:	10:59.27	39.68	1250m:	16:15.62	40.12
100m:	1:12.66	38.33	500m:	6:23.69	39.15	900m:	11:38.92	39.65	1300m:	16:55.26	39.64
150m:	1:51.49	38.83	550m:	7:02.54	38.85	950m:	12:18.36	39.44	1350m:	17:34.88	39.62
200m:	2:30.41	38.92	600m:	7:41.59	39.05	1000m:	12:57.85	39.49	1400m:	18:14.41	39.53
250m:	3:09.01	38.60	650m:	8:21.08	39.49	1050m:	13:37.16	39.31	1450m:	18:53.49	39.08
300m:	3:47.64	38.63	700m:	9:00.55	39.47	1100m:	14:16.54	39.38	1500m:	19:32.68	39.19
350m:	4:26.49	38.85	750m:	9:39.94	39.39	1150m:	14:56.20	39.66			
400m:	5:05.47	38.98	800m:	10:19.59	39.65	1200m:	15:35.50	39.30			

2. Micky Grulms		Luxembourg Sharks Swimming CLUX		4029		<b>20:02.35</b>		<b>+0.82</b>			
<i>Luxembourg Masters Record, 100, 200, 800, 1500m</i>											
50m:	35.66	35.66	450m:	5:55.59	40.08	850m:	11:15.83	40.55	1250m:	16:40.48	40.92
100m:	1:15.12	39.46	500m:	6:35.57	39.98	900m:	11:56.00	40.17	1300m:	17:21.04	40.56
150m:	1:55.11	39.99	550m:	7:14.96	39.39	950m:	12:36.61	40.61	1350m:	18:01.29	40.25
200m:	2:35.09	39.98	600m:	7:54.69	39.73	1000m:	13:17.29	40.68	1400m:	18:41.92	40.63
250m:	3:15.34	40.25	650m:	8:34.75	40.06	1050m:	13:57.21	39.92	1450m:	19:22.26	40.34
300m:	3:55.16	39.82	700m:	9:14.45	39.70	1100m:	14:38.10	40.89	1500m:	20:02.35	40.09
350m:	4:35.33	40.17	750m:	9:55.12	40.67	1150m:	15:18.89	40.79			
400m:	5:15.51	40.18	800m:	10:35.28	40.16	1200m:	15:59.56	40.67			

3. Bianca Groot		MSV-Zeemacht		NED 197000652		<b>21:52.07 *</b>		<b>+0.89</b>			
50m:	36.39	36.39	450m:	6:28.26	1:04.97	850m:	12:04.59	42.17	1250m:	17:59.55	43.10
100m:	1:15.98	39.59	500m:	7:10.21	41.95	900m:	12:47.05	42.46	1300m:	18:59.59	1:00.04
150m:	1:56.85	40.87	550m:	7:52.30	42.09	950m:	13:46.50	59.45	1350m:	19:42.19	42.60
200m:	2:37.71	40.86	600m:	8:34.35	42.05	1000m:	14:28.82	42.32	1400m:	20:25.47	43.28
250m:	3:18.88	41.17	650m:	9:16.06	41.71	1050m:	15:10.49	41.67	1450m:	21:08.84	43.37
300m:	4:00.00	41.12	700m:	9:57.75	41.69	1100m:	15:52.35	41.86	1500m:	21:52.07	43.23
350m:	4:41.44	41.44	750m:	10:39.98	42.23	1150m:	16:34.13	41.78			
400m:	5:23.29	41.85	800m:	11:22.42	42.44	1200m:	17:16.45	42.32			

4. Inken Wemheuer		Team Noord Holland (SG)		NED 197101016		<b>22:06.53</b>		<b>+0.83</b>			
50m:	38.15	38.15	450m:	6:31.66	44.41	850m:	12:28.28	44.80	1250m:	17:59.55	45.41
100m:	1:20.26	42.11	500m:	7:16.12	44.46	900m:	13:12.99	44.71	1300m:	19:13.37	44.91
150m:	2:03.40	43.14	550m:	8:00.75	44.63	950m:	13:57.99	45.00	1350m:	19:57.56	44.19
200m:	2:48.51	45.11	600m:	8:45.34	44.59	1000m:	14:42.32	44.33	1400m:	20:41.86	44.30
250m:	3:33.05	44.54	650m:	9:29.95	44.61	1050m:	15:27.59	45.27	1450m:	21:26.20	44.34
300m:	4:17.86	44.81	700m:	10:14.46	44.51	1100m:	16:12.92	45.33	1500m:	22:06.53	40.33
350m:	5:02.69	44.83	750m:	10:59.13	44.67	1150m:	16:58.25	45.33			
400m:	5:47.25	44.56	800m:	11:43.48	44.35	1200m:	17:43.05	44.80			

5. Annette Spies		Link		NED 197001110		<b>25:01.78</b>					
<i>*800m</i>											
50m:	44.44	44.44	450m:	7:23.27	49.54	850m:	14:07.31	50.68	1250m:	20:50.15	50.62
100m:	1:32.98	48.54	500m:	8:13.72	50.45	900m:	14:57.79	50.48	1300m:	21:41.02	50.87
150m:	2:22.84	49.86	550m:	9:03.78	50.06	950m:	15:48.62	50.83	1350m:	22:31.60	50.58
200m:	3:13.27	50.43	600m:	9:54.27	50.49	1000m:	16:38.56	49.94	1400m:	23:22.54	50.94
250m:	4:03.42	50.15	650m:	10:44.18	49.91	1050m:	17:28.56	50.00	1450m:	24:12.92	50.38
300m:	4:53.42	50.00	700m:	11:35.64	51.46	1100m:	18:19.57	51.01	1500m:	25:01.78	48.86
350m:	5:42.84	49.42	750m:	12:26.18	50.54	1150m:	19:09.18	49.61			
400m:	6:33.73	50.89	800m:	13:16.63	50.45	1200m:	19:59.53	50.35			

6. Annet Kootstra		Swol 1894		NED 197100344		<b>25:11.92</b>					
50m:	44.52	44.52	450m:	7:20.54	49.70	850m:	14:03.98	51.16	1250m:	20:56.30	51.90
100m:	1:33.13	48.61	500m:	8:10.33	49.79	900m:	14:54.57	50.59	1300m:	21:48.26	51.96
150m:	2:22.06	48.93	550m:	9:00.12	49.79	950m:	15:46.15	51.58	1350m:	22:39.85	51.59
200m:	3:11.47	49.41	600m:	9:50.49	50.37	1000m:	16:38.14	51.99	1400m:	23:32.00	52.15
250m:	4:01.03	49.56	650m:	10:41.16	50.67	1050m:	17:29.53	51.39	1450m:	24:23.12	51.12
300m:	4:51.25	50.22	700m:	11:31.30	50.14	1100m:	18:21.03	51.50	1500m:	25:11.92	48.80
350m:	5:41.17	49.92	750m:	12:21.72	50.42	1150m:	19:12.21	51.18			
400m:	6:30.84	49.67	800m:	13:12.82	51.10	1200m:	20:04.40	52.19			

Masters 55+

1. Iris van Aurich		DWK		NED 196900866		<b>21:46.52</b>					
50m:	37.59	37.59	450m:	6:23.09	43.52	850m:	12:11.61	43.20	1250m:	18:07.82	44.14
100m:	1:19.59	42.00	500m:	7:06.17	43.08	900m:	12:56.34	44.73	1300m:	18:52.13	44.31
150m:	2:01.89	42.30	550m:	7:49.62	43.45	950m:	13:40.51	44.17	1350m:	19:36.48	44.35
200m:	2:45.03	43.14	600m:	8:32.76	43.14	1000m:	14:24.55	44.04	1400m:	20:20.81	44.33
250m:	3:28.25	43.22	650m:	9:16.26	43.50	1050m:	15:08.74	44.19	1450m:	21:05.15	44.34
300m:	4:12.31	44.06	700m:	10:00.12	43.86	1100m:	15:54.15	45.41	1500m:	21:46.52	41.37
350m:	4:55.78	43.47	750m:	10:43.92	43.80	1150m:	16:38.62	44.47			
400m:	5:39.57	43.79	800m:	11:28.41	44.49	1200m:	17:23.68	45.06			

Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging					tijd	RT	PARA
2.	K. van Nassau-van den Heuvel <i>*200m, 400m</i>	Old Dutch	NED 196600188				<b>23:41.59</b>	+0.89	
	50m: 42.87	42.87	450m: 6:59.32	47.24	850m: 13:22.08	48.26	1250m: 19:46.10	48.07	
	100m: 1:28.72	45.85	500m: 7:46.85	47.53	900m: 14:09.63	47.55	1300m: 20:34.25	48.15	
	150m: 2:15.47	46.75	550m: 8:34.34	47.49	950m: 14:57.84	48.21	1350m: 21:21.82	47.57	
	200m: 3:02.46	46.99	600m: 9:22.85	48.51	1000m: 15:46.08	48.24	1400m: 22:09.03	47.21	
	250m: 3:49.80	47.34	650m: 10:10.45	47.60	1050m: 16:34.35	48.27	1450m: 22:56.22	47.19	
	300m: 4:36.88	47.08	700m: 10:58.38	47.93	1100m: 17:22.03	47.68	1500m: 23:41.59	45.37	
	350m: 5:24.77	47.89	750m: 11:46.04	47.66	1150m: 18:10.17	48.14			
	400m: 6:12.08	47.31	800m: 12:33.82	47.78	1200m: 18:58.03	47.86			
3.	Marijke Campfens	De Geul	NED 196900960				<b>23:55.82</b>	+0.76	
	50m: 40.12	40.12	450m: 6:53.02	47.78	850m: 13:20.09	48.60	1250m: 19:52.91	48.96	
	100m: 1:23.65	43.53	500m: 7:41.53	48.51	900m: 14:09.05	48.96	1300m: 20:42.21	49.30	
	150m: 2:08.81	45.16	550m: 8:29.57	48.04	950m: 14:58.01	48.96	1350m: 21:31.39	49.18	
	200m: 2:55.40	46.59	600m: 9:17.87	48.30	1000m: 15:46.95	48.94	1400m: 22:19.51	48.12	
	250m: 3:42.17	46.77	650m: 10:06.26	48.39	1050m: 16:36.68	49.73	1450m: 23:08.42	48.91	
	300m: 4:29.95	47.78	700m: 10:54.44	48.18	1100m: 17:26.24	49.56	1500m: 23:55.82	47.40	
	350m: 5:17.46	47.51	750m: 11:42.96	48.52	1150m: 18:15.20	48.96			
	400m: 6:05.24	47.78	800m: 12:31.49	48.53	1200m: 19:03.95	48.75			
4.	Kristien Van de Moortel <i>*1500m</i>	Shark	BEL ShaRK/20315/69				<b>25:26.90</b>	+0.91	
	50m: 45.26	45.26	450m: 7:30.77	50.51	850m: 14:18.54	51.41	1250m: 21:10.54	51.83	
	100m: 1:35.92	50.66	500m: 8:21.31	50.54	900m: 15:09.47	50.93	1300m: 22:02.30	51.76	
	150m: 2:26.11	50.19	550m: 9:12.55	51.24	950m: 16:00.73	51.26	1350m: 22:55.00	52.70	
	200m: 3:16.75	50.64	600m: 10:03.80	51.25	1000m: 16:52.10	51.37	1400m: 23:47.00	52.00	
	250m: 4:07.43	50.68	650m: 10:54.71	50.91	1050m: 17:43.88	51.78	1450m: 24:38.39	51.39	
	300m: 4:58.04	50.61	700m: 11:45.81	51.10	1100m: 18:35.29	51.41	1500m: 25:26.90	48.51	
	350m: 5:49.08	51.04	750m: 12:36.38	50.57	1150m: 19:27.10	51.81			
	400m: 6:40.26	51.18	800m: 13:27.13	50.75	1200m: 20:18.71	51.61			

Masters 60+

1.	Wilna Heijman	Steenwijk 1934	NED 196400506				<b>22:18.20</b>	+0.81	
	50m: 39.06	39.06	450m: 6:28.23	44.11	850m: 12:26.39	45.02	1250m: 18:30.20	45.88	
	100m: 1:21.35	42.29	500m: 7:12.44	44.21	900m: 13:11.61	45.22	1300m: 19:16.01	45.81	
	150m: 2:04.30	42.95	550m: 7:57.18	44.74	950m: 13:56.84	45.23	1350m: 20:01.61	45.60	
	200m: 2:47.56	43.26	600m: 8:41.91	44.73	1000m: 14:42.00	45.16	1400m: 20:47.51	45.90	
	250m: 3:31.35	43.79	650m: 9:26.61	44.70	1050m: 15:27.27	45.27	1450m: 21:33.02	45.51	
	300m: 4:15.36	44.01	700m: 10:11.30	44.69	1100m: 16:12.75	45.48	1500m: 22:18.20	45.18	
	350m: 4:59.69	44.33	750m: 10:56.31	45.01	1150m: 16:58.69	45.94			
	400m: 5:44.12	44.43	800m: 11:41.37	45.06	1200m: 17:44.32	45.63			
2.	Irene van der Laan <i>*1500m</i>	ZVVS	NED 196000096				<b>23:17.06</b>	+0.96	
	50m: 42.52	42.52	450m: 6:54.98	47.48	850m: 13:09.96	46.94	1250m: 19:24.40	46.74	
	100m: 1:28.13	45.61	500m: 7:42.34	47.36	900m: 13:57.06	47.10	1300m: 20:10.93	46.53	
	150m: 2:14.53	46.40	550m: 8:29.18	46.84	950m: 14:43.11	46.05	1350m: 20:57.97	47.04	
	200m: 3:00.93	46.40	600m: 9:16.55	47.37	1000m: 15:30.03	46.92	1400m: 21:44.79	46.82	
	250m: 3:47.32	46.39	650m: 10:03.23	46.68	1050m: 16:17.13	47.10	1450m: 22:31.44	46.65	
	300m: 4:34.34	47.02	700m: 10:49.77	46.54	1100m: 17:03.84	46.71	1500m: 23:17.06	45.62	
	350m: 5:20.76	46.42	750m: 11:36.54	46.77	1150m: 17:50.41	46.57			
	400m: 6:07.50	46.74	800m: 12:23.02	46.48	1200m: 18:37.66	47.25			
3.	Erica Muller	De Geul	NED 196400412				<b>27:10.95</b>	+0.85	
	50m: 47.32	47.32	450m: 7:56.26	54.46	850m: 15:13.59	54.76	1250m: 22:35.10	55.32	
	100m: 1:38.82	51.50	500m: 8:50.54	54.28	900m: 16:08.36	54.77	1300m: 23:30.09	54.99	
	150m: 2:31.92	53.10	550m: 9:45.05	54.51	950m: 17:03.77	55.41	1350m: 24:25.48	55.39	
	200m: 3:25.52	53.60	600m: 10:39.50	54.45	1000m: 17:58.58	54.81	1400m: 25:21.04	55.56	
	250m: 4:19.14	53.62	650m: 11:34.25	54.75	1050m: 18:53.93	55.35	1450m: 26:16.57	55.53	
	300m: 5:13.28	54.14	700m: 12:28.91	54.66	1100m: 19:49.02	55.09	1500m: 27:10.95	54.38	
	350m: 6:07.62	54.34	750m: 13:24.12	55.21	1150m: 20:44.09	55.07			
	400m: 7:01.80	54.18	800m: 14:18.83	54.71	1200m: 21:39.78	55.69			

Masters 65+

1.	Linda Wibbelink	Steenwijk 1934	NED 195900158				<b>24:17.22</b>	+0.85	
	50m: 43.34	43.34	450m: 7:10.04	48.84	850m: 13:43.43	48.69	1250m: 20:15.82	48.82	
	100m: 1:30.77	47.43	500m: 7:59.04	49.00	900m: 14:32.88	49.45	1300m: 21:04.53	48.71	
	150m: 2:18.82	48.05	550m: 8:47.67	48.63	950m: 15:22.07	49.19	1350m: 21:53.70	49.17	
	200m: 3:06.99	48.17	600m: 9:36.84	49.17	1000m: 16:11.25	49.18	1400m: 22:42.68	48.98	
	250m: 3:55.26	48.27	650m: 10:26.27	49.43	1050m: 17:00.13	48.88	1450m: 23:31.11	48.43	
	300m: 4:43.71	48.45	700m: 11:15.48	49.21	1100m: 17:49.00	48.87	1500m: 24:17.22	46.11	
	350m: 5:32.49	48.78	750m: 12:04.89	49.41	1150m: 18:37.62	48.62			
	400m: 6:21.20	48.71	800m: 12:54.74	49.85	1200m: 19:27.00	49.38			

Programmanr. 1, Dames, 1500m vrije slag, Masters 65+

rang	naam	vereniging		NED		195600082		tijd	RT	PARA		
2.	Monica Bakker *800m	Steenwijk 1934		NED		195600082		<b>27:30.73</b>				
	50m:	48.36	48.36	450m:	8:08.60	55.54	850m:	15:32.69	54.90	1250m:	22:57.35	54.97
	100m:	1:40.74	52.38	500m:	9:04.88	56.28	900m:	16:28.26	55.57	1300m:	23:53.56	56.21
	150m:	2:34.71	53.97	550m:	10:00.63	55.75	950m:	17:23.79	55.53	1350m:	24:48.32	54.76
	200m:	3:29.47	54.76	600m:	10:55.84	55.21	1000m:	18:20.05	56.26	1400m:	25:43.04	54.72
	250m:	4:25.05	55.58	650m:	11:51.28	55.44	1050m:	19:15.44	55.39	1450m:	26:37.12	54.08
	300m:	5:20.96	55.91	700m:	12:46.99	55.71	1100m:	20:10.92	55.48	1500m:	27:30.73	53.61
	350m:	6:16.33	55.37	750m:	13:42.61	55.62	1150m:	21:06.49	55.57			
	400m:	7:13.06	56.73	800m:	14:37.79	55.18	1200m:	22:02.38	55.89			

3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 9  
22-11-2024 - 14:43

Dames, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Guusje van Lent	Feijenoord Albion Zwemclub	NED	200203898	<b>30.45</b>	+0.69	
2.	Inge Dekker	HZ&PC Heerenveen	NED	200200476	<b>30.84</b>	+0.65	
3.	Julia Notenboom	De Columbiaan	NED	200302596	<b>30.94</b>		
4.	Carmen Lems	ACZ	NED	200402632	<b>31.43</b>	+0.58	
5.	Lindi Bos	DWK	NED	200101256	<b>31.65</b>	+0.69	
6.	Robin Pienaar	Niemo Barracuda	NED	200102236	<b>31.80</b>	+0.66	
7.	Lauren van IJll	WVZ	NED	200001064	<b>31.89</b>	+0.68	
8.	Michelle van den Hoofdakker	Steenwijk 1934	NED	200302708	<b>32.06</b>	+0.88	
9.	Loïs Jalving	HZ&PC Heerenveen	NED	200400280	<b>32.88</b>	+0.65	
10.	Femke de Wit	Nederweert	NED	200102184	<b>32.90</b>	+0.62	
11.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	<b>33.76</b>		
12.	Laura Tromp	ZZ&PC De Devel	NED	200000276	<b>34.03</b>	+0.72	
13.	Leonie van Wier	HZ&PC Heerenveen	NED	200200436	<b>34.36</b>	+0.67	
14.	Romy van der Zwan	Scheldestroom	NED	200403826	<b>34.69</b>	+0.76	
15.	Rozemarijn van Haaff	ZOB'66	NED	200201852	<b>35.05</b>	+0.65	
16.	Daphne van Rees	Octopus - ZVV (SG)	NED	200301766	<b>37.07</b>		
17.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>37.18</b>		
18.	Luka Stoker	ZPC de Kanaalstreek	NED	200200558	<b>38.37</b>	+0.83	
19.	Michelle van Wijhe	ZPC AMERSFOORT	NED	200402196	<b>38.56</b>	+0.78	
	Tove Kienhuis	Aqua'68	NED	200203486	<b>38.56</b>	+0.74	
21.	Maaïke van Houten	Zwemvereniging Hoogland	NED	200206266	<b>38.57</b>	+0.71	
22.	Esmeralda Elbers	Blue Marlins	NED	200404888	<b>44.11</b>	+0.88	
<b>Masters 25+</b>							
1.	Celine Schoenmaker <i>Kampioenschapsrecord</i>	DWK	NED	199801976	<b>30.58</b>	+0.59	
2.	Romy van Alphen	Olympia	NED	199502776	<b>31.09</b>	+0.76	
3.	Marre Zandringa	Orca	NED	199701136	<b>31.15</b>	+0.64	
4.	Alisha Vieira	Blue Marlins	NED	199904554	<b>31.69</b>	+0.63	
5.	Estee Grandidier	ZPC AMERSFOORT	NED	199906654	<b>32.21</b>	+0.68	
6.	Jamilla van Omme - van Veen	Zwemvereniging Hoogland	NED	199603192	<b>32.25</b>	+0.71	
7.	Anne-Irene Duchaine	Zwemvereniging Hoogland	NED	199506824	<b>32.73</b>	+0.62	
8.	Iris van der Moolen	De Amstel	NED	199902052	<b>34.67</b>		
9.	Jet Kleine	MSV-Zeemacht	NED	199903384	<b>35.38</b>	+0.72	
10.	Lotte Eising	ZPC AMERSFOORT	NED	199502098	<b>35.60</b>	+0.62	
11.	Iris Bastiaansen	De Amstel	NED	199902006	<b>35.80</b>	+0.80	
12.	Maria Antonella Zuccaro	DAW	NED	199606894	<b>36.43</b>	+0.78	
13.	Marleen Hof	WS Twente	NED	199802464	<b>36.54</b>		
14.	Esmée Rolloos	Niemo Barracuda	NED	199800056	<b>36.92</b>	+0.80	
15.	Marlijn van der Zwaluw	De Gelenberg	NED	199700648	<b>37.11</b>	+0.91	
16.	Mandy Swart	ZPC AMERSFOORT	NED	199904916	<b>37.23</b>	+0.70	
17.	Kirsten Opmeer	ZPC AMERSFOORT	NED	199800014	<b>37.67</b>	+0.83	
18.	Carmen Bootsma	AZC	NED	199805760	<b>38.82</b>	+0.82	
19.	Daniela Macetas	Cercle De Natation Sportcity WolBEL	CNSW	013891/95	<b>39.93</b>	+0.84	
20.	Coranda Vissers	SBC2000	NED	199705706	<b>41.05</b>	+0.73	
<b>Masters 30+</b>							
1.	Saskia de Klerk	GoSwim	NED	199004612	<b>32.66</b>		
2.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>33.29</b>	+0.74	
3.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	<b>33.83</b>	+0.70	
4.	Adela Vázquez García	ZVL-1886	NED	199307952	<b>35.43</b>	+0.57	
5.	Wendy de Bruin	ZOB'66	NED	199206320	<b>35.50</b>		
6.	Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>35.67</b>	+0.82	
7.	Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	<b>36.68</b>	+0.65	
8.	Marjan Rikken	Octopus - ZVV (SG)	NED	199206114	<b>39.50</b>	+0.78	

Programmanr. 9, Dames, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
9.	Britt Kraaijevanger	HHZV Plons	NED	199206202	<b>39.65</b>	+0.87	
10.	Janneke van de Poele	De Duck	NED	199301128	<b>40.28</b>	+0.72	
11.	Ramona Noordermeer	DIO	NED	199401746	<b>40.89</b>	+0.80	
12.	Francis van der Perk	Hoeksche Waard (SGHW) (SG)	NED	199102442	<b>43.88</b>	+0.77	
DIS	Natasja Pijpstra	Team Noord Holland (SG)	NED	199108716			

RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.

Masters 35+

1.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>32.68</b>	+0.75	
2.	Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	<b>35.46</b>	+0.77	
3.	Esther van Maastrigt	Montferland	NED	198802836	<b>36.85</b>	+0.66	
4.	Julia Fitzmaier	DES	NED	198907604	<b>37.76</b>	+0.75	
5.	Sandra Schellekens	Neptunus'58	NED	198503416	<b>38.04</b>	+0.75	
6.	Desiree Groot	SwimGym	NED	198601310	<b>39.69</b>	+0.77	
7.	Ellen van der Woerd	SwimGym	NED	198907610	<b>42.98</b>	+0.76	
8.	Janna Brummel	SwimGym	NED	198807018	<b>45.60</b>	+0.78	

Masters 40+

1.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>34.98</b>	+0.70	
2.	Angela Giezen	ZPC AMERSFOORT	NED	198302796	<b>35.15</b>	+0.79	
3.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>35.86</b>	+0.77	
4.	Sylvia Reijers	De Gelenberg	NED	198201360	<b>35.93</b>	+0.79	
5.	Hanneke Heymen	WS Twente	NED	198400968	<b>37.15</b>	+0.65	
6.	Anne Besseling-de Jong	De Geul	NED	198102084	<b>38.57</b>		

Masters 45+

1.	Janneke Harmsen-Bakker	PSV	NED	197700938	<b>32.81</b>	+0.72	
	<i>Nederlands Masters Record</i>						
2.	Catherine Hoogeveen	DZ&PC	NED	197501048	<b>36.52</b>	+0.97	
3.	Katinka van Dongen	<td>NED</td> <td>197700190</td> <td><b>36.65</b></td> <td>+0.78</td> <td></td>	NED	197700190	<b>36.65</b>	+0.78	
4.	Melanie Kuiper	ZIGNEA	NED	197600350	<b>37.28</b>	+0.80	
5.	Cindy Gootzen-Bulthuis	RZ	NED	197500990	<b>37.36</b>	+0.65	
6.	Leonie Scholten	Steenwijk 1934	NED	197901560	<b>40.20</b>	+0.88	
7.	Jessica van Velzen	Swol 1894	NED	197601122	<b>46.14</b>		

Masters 50+

1.	Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>34.92</b>	+0.95	
2.	Valérie Rolland	Cercle De Natation Sportcity WolBEL	CNSW/004276/71		<b>37.59</b>	+0.69	
3.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>38.70</b>	+0.85	
4.	Nathasja Konijn	GZC Donk	NED	197100992	<b>44.77</b>	+0.93	
5.	Danielle Schipper	ZOB'66	NED	197001078	<b>45.05</b>	+0.75	
6.	Judith Sibbers	PSV	NED	197301030	<b>50.86</b>	+0.84	

Masters 55+

1.	Allie Price	Bridgend Swim Club	GBR	547582	<b>35.10</b>	+0.68	
2.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>35.61</b>	+0.71	
3.	Monique Tuijp	Ed-Vo	NED	196900800	<b>36.43</b>	+0.95	
4.	Jacqueline Tuin	DAW	NED	196600690	<b>38.31</b>	+0.76	
5.	Annette Korving-Leijenaar	Aqualero	NED	196700662	<b>43.78</b>	+0.71	
6.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>44.30</b>		
7.	Annette van Dok	MSV-Zeemacht	NED	196800742	<b>45.21</b>		
8.	Irna van der Molen	WS Twente	NED	196900938	<b>45.97</b>	+0.89	

Programmanr. 9, Dames, 50m rugslag

Masters 60+

1.	Judith Cromjongh	De Zwoer	NED	196400054	<b>37.32</b>	+0.77
	<i>Nederlands Masters Record</i>					
2.	Feikje Wittermans	GZC Donk	NED	196400408	<b>38.14</b>	+0.81
3.	Margriet Grove-Lingeman	Triton	NED	196200080	<b>39.64</b>	+0.82
4.	Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	<b>41.26</b>	
5.	Marijke Kraak-Beckers	Swol 1894	NED	196000240	<b>41.58</b>	
6.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>42.53</b>	+0.81
7.	Inge Wolfs	HHZV Plons	NED	196000304	<b>43.53</b>	+0.86
8.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>46.47</b>	+0.87

Masters 65+

1.	Trui Knijnenburg	DES	NED	195800266	<b>55.96</b>	
2.	Mies Kuipers	Old Dutch	NED	195800202	<b>1:03.04</b>	+0.70
NG	Ria Peters-Veurman	ENC Arnhem	NED	195800242		

Masters 70+

1.	Christine Nieuwenhuis	Swol 1894	NED	195100022	<b>45.18</b>	+0.83
2.	Tineke van Diggelen	ZPCH	NED	195200048	<b>53.64</b>	+0.90
3.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	<b>54.52</b>	+0.95
4.	Geerdien Meerwaldt	De Geul	NED	195200058	<b>1:03.05</b>	+0.86
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>1:06.60</b>	*

Masters 75+

1.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>1:05.06</b>	
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Masters 80+

1.	Leny Kamp	Aquapoldro	NED	194400008	<b>1:03.59</b>	+0.74
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Masters 85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>1:09.24</b>	
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7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 41  
24-11-2024 - 16:38

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Julia Notenboom	De Columbiaan	NED 200302596	<b>1:06.45</b>	+0.62		32.54	1:06.45
2. Merel Phaff	Nuenen	NED 200100434	<b>1:06.58</b>	+0.62		32.82	1:06.58
3. Inge Dekker	HZ&PC Heerenveen	NED 200200476	<b>1:08.28</b>	+0.69		33.04	1:08.28
4. Carmen Lems	ACZ	NED 200402632	<b>1:08.76</b>	+0.62		32.61	1:08.76
5. Laura Setz	Bubble	NED 200000130	<b>1:09.15</b>	+0.83		32.69	1:09.15
6. Lauren van IJll	WVZ	NED 200001064	<b>1:10.38</b>	+0.68		33.63	1:10.38
7. Lois Jalving	HZ&PC Heerenveen	NED 200400280	<b>1:10.76</b>	+0.63		33.96	1:10.76
8. Eline Hoekstra	OEZA	NED 200301280	<b>1:12.32</b>	+0.76		33.93	1:12.32
9. Kim Rutters	De Kempvis	NED 200302318	<b>1:13.23</b>	+0.61		34.79	1:13.23
10. Rozemarijn van Haaff	ZOB'66	NED 200201852	<b>1:13.29</b>	+0.67		35.73	1:13.29
11. Romy van der Zwan	Scheldestroom	NED 200403826	<b>1:14.50</b>	+0.78		35.91	1:14.50
12. Mirelle de Kort	Neptunus'58	NED 200005546	<b>1:15.66</b>	+0.73		37.10	1:15.66
13. Esmee Wijnmaalen	De Geul	NED 200100298	<b>1:15.85</b>	+0.75		36.64	1:15.85
14. Lianne Dekker	DAW	NED 200305438	<b>1:17.76</b>	+0.80		37.86	1:17.76
15. Daniëlle Vis	De Columbiaan	NED 200401044	<b>1:18.23</b>	+0.70		36.83	1:18.23
16. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>1:19.81</b>	+0.75	*	38.04	1:19.81
17. Vera Vergeest	De Rog	NED 200206010	<b>1:20.09</b>	+0.75		39.21	1:20.09
18. Hannah Elting	ENC Arnhem	NED 200402702	<b>1:20.30</b>	+0.86		38.30	1:20.30
19. Ilse Hallie	Octopus - ZVV (SG)	NED 200200128	<b>1:20.86</b>	+0.85		39.01	1:20.86
20. Daphne van Rees	Octopus - ZVV (SG)	NED 200301766	<b>1:22.21</b>	+0.78		39.80	1:22.21
21. Valerie Bakker	ZVL-1886	NED 200103672	<b>1:22.63</b>	+0.83		39.70	1:22.63
22. Lieke Broere	De Otters Het Gooi	NED 200303890	<b>1:23.43</b>	+0.77		39.93	1:23.43
23. Tove Kienhuis	Aqua'68	NED 200203486	<b>1:23.86</b>	+0.75		39.66	1:23.86

**Masters 25+**

1. Celine Schoenmaker	DWK	NED 199801976	<b>1:06.77</b>	+0.62		32.09	1:06.77
2. Tamara Grove	De Dolfijn	NED 199601266	<b>1:06.91</b>	+0.70		32.24	1:06.91
3. Jade Broek	OEZA	NED 199702300	<b>1:08.88</b>	+0.68		32.75	1:08.88
4. Anne-Irene Duchaine	Zwemvereniging Hoogland	NED 199506824	<b>1:10.26</b>	+0.51		34.22	1:10.26
5. Nadja Roovers	Hieronymus	NED 199800798	<b>1:10.99</b>	+0.83		34.26	1:10.99
6. Moniek van Langevelde	DWK	NED 199803160	<b>1:11.78</b>	+0.73		34.73	1:11.78
7. Alisha Vieira	Blue Marlins	NED 199904554	<b>1:11.86</b>	+0.64		34.39	1:11.86
8. Melissa van der Heijden	Niemo Barracuda	NED 199605226	<b>1:12.31</b>	+0.65		35.27	1:12.31
9. Elin Jonsson	DES	NED 199906660	<b>1:14.23</b>	+0.60		35.96	1:14.23
10. Jet Kleine	MSV-Zeemacht	NED 199903384	<b>1:15.46</b>	+0.70		36.68	1:15.46
11. Rosalie Baarda	Orca	NED 199903460	<b>1:16.17</b>	+0.68		35.77	1:16.17
12. Ellen ter Stege	ENC Arnhem	NED 199900604	<b>1:16.53</b>	+0.76		36.50	1:16.53
13. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>1:16.78</b>	+0.81		37.11	1:16.78
14. Giulia Rolloos	Niemo Barracuda	NED 199500946	<b>1:17.24</b>	+0.71		38.17	1:17.24
15. Nina Tourton	ZOB'66	NED 199603612	<b>1:17.72</b>			37.88	1:17.72
16. Marlijn van der Zwaluw	De Gelenberg	NED 199700648	<b>1:19.17</b>	+0.86		38.53	1:19.17
17. Marouscha de Vries	DAW	NED 199906628	<b>1:20.77</b>	+0.72		39.20	1:20.77
18. Esmée Rolloos	Niemo Barracuda	NED 199800056	<b>1:21.64</b>	+0.82		38.90	1:21.64
19. Melanie Zondag	Zwemclub Polaris	NED 199804476	<b>1:24.67</b>	+0.91		40.97	1:24.67
20. Cynthia van Veen	ZVL-1886	NED 199606736	<b>1:27.14</b>	+0.79		41.63	1:27.14
21. Daniela Macetas	Cercle De Natation Sportcity VBELwe CNSW/013891/95		<b>1:28.18</b>	+0.74		42.53	1:28.18

**Masters 30+**

1. Leonie van Noort	WVZ	NED 199301752	<b>1:06.07</b>	+0.66		31.58	1:06.07
<i>Nederlands Masters Record</i>							
2. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>1:12.03</b>	+0.70		34.85	1:12.03
3. Lotte Coenen	DES	NED 199301518	<b>1:12.34</b>	+0.72		34.48	1:12.34
4. Marloes Manni	Zwemvereniging Hoogland	NED 199003078	<b>1:13.79</b>	+0.75		36.01	1:13.79
5. Suzanne Mosch	MSV-Zeemacht	NED 199400548	<b>1:14.96</b>	+0.71		36.45	1:14.96



Programmanr. 41, Dames, 100m rugslag, Masters 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
6. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:16.30</b>	+0.81		36.82	1:16.30
7. Marijke Kommers	Niemo Barracuda	NED	199305334	<b>1:18.70</b>	+0.69		38.27	1:18.70
8. Wendy de Bruin	ZOB'66	NED	199206320	<b>1:19.06</b>	+0.66		38.47	1:19.06
9. Esther Kwebeman	TriVia	NED	199106374	<b>1:20.97</b>	+0.90		38.78	1:20.97
10. Jisca Majolée	ZPC AMERSFOORT	NED	199403570	<b>1:21.01</b>	+0.88		39.98	1:21.01
11. Janneke van de Poele	De Duck	NED	199301128	<b>1:26.22</b>	+0.70		41.47	1:26.22
12. Francis van der Perk	Hoeksche Waard (SGHW) (SCNED)	NED	199102442	<b>1:34.82</b>			45.56	1:34.82

Masters 35+

1. Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>1:13.21</b>	+0.80		35.56	1:13.21
2. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:15.56</b>	+0.80		36.51	1:15.56
3. Jolanda Kuiper-Crossen	Neptunia '24	NED	198600712	<b>1:20.78</b>	+0.75		39.01	1:20.78

Masters 40+

1. Roos van Esch	ACZ	NED	198200468	<b>1:14.43</b>	+0.77		36.88	1:14.43
2. Elke Popma - Blox	Tiamat	NED	198200154	<b>1:16.58</b>	+0.70		37.49	1:16.58
3. Sylvia Reijers	De Gelenberg	NED	198201360	<b>1:16.60</b>	+0.85		37.41	1:16.60
4. Angela Giezen	ZPC AMERSFOORT	NED	198302796	<b>1:18.48</b>	+0.81		38.58	1:18.48
5. Ilija Janssen	ENC Arnhem	NED	198102234	<b>1:23.56</b>	+0.82		39.85	1:23.56
6. Anne Besseling-de Jong	De Geul	NED	198102084	<b>1:25.91</b>	+0.81		42.96	1:25.91
7. Tonia Ruybroek	Poseidon'56	NED	198101290	<b>1:27.83</b>	+0.70		39.87	1:27.83

Masters 45+

1. Catherine Hoogeveen	DZ&PC	NED	197501048	<b>1:18.24</b>	+0.86		37.34	1:18.24
2. Alina Spijkerman	DAW	NED	197701220	<b>1:19.95</b>	+0.73		38.54	1:19.95
3. Geraldine Trainor	De Duck	NED	197500544	<b>1:21.97</b>	+0.85		39.55	1:21.97
4. Leonie Scholten	Steenwijk 1934	NED	197901560	<b>1:27.50</b>	+0.79		41.25	1:27.50
5. Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	<b>1:40.65</b>			48.63	1:40.65

Masters 50+

1. Gudule van der Meer	PSV	NED	197200396	<b>1:13.54</b>	+0.73		35.91	1:13.54
2. Jenny Bergwerff	ZPC AMERSFOORT	NED	197200848	<b>1:15.96</b>	+0.79		37.36	1:15.96
3. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:17.99</b>	+0.95		37.16	1:17.99
4. Valérie Rolland	Cercle De Natation Sportcity VBELwe CNSW/004276/71			<b>1:19.84</b>	+0.70		38.67	1:19.84
5. Janine Franssen	Zwemsport Parkstad	NED	197101108	<b>1:21.49</b>	+0.80		39.40	1:21.49
6. Marjolein Klunne	Hieronymus	NED	197101098	<b>1:24.57</b>	+0.79		40.82	1:24.57
7. Bianca Groot	MSV-Zeemacht	NED	197000652	<b>1:25.85</b>	+0.88		41.32	1:25.85
8. Nathasja Konijn	GZC Donk	NED	197100992	<b>1:32.57</b>	+0.81		45.21	1:32.57
9. Danielle Schipper	ZOB'66	NED	197001078	<b>1:37.23</b>	+0.79		47.25	1:37.23
10. Pauline Tromp-de Lang	ZZ&PC De Devel	NED	197001032	<b>1:41.32</b>	+0.74		47.99	1:41.32
NG Trudie van Niejenhuis	TZC-Vahalis	NED	197100444					

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR	547582	<b>1:16.48</b>	+0.66		37.35	1:16.48
2. Monique Tuijp	Ed-Vo	NED	196900800	<b>1:19.29</b>	+0.98		38.22	1:19.29
3. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	<b>1:25.83</b>	+0.80		41.17	1:25.83
4. Annette van Dok	MSV-Zeemacht	NED	196800742	<b>1:43.40</b>			50.56	1:43.40

Masters 60+

1. Judith Cromjongh <i>Nederlands Masters Record</i>	De Zwoer	NED	196400054	<b>1:18.91</b>	+0.77		39.02	1:18.91
2. Feikje Wittermans	GZC Donk	NED	196400408	<b>1:24.65</b>	+0.73		40.99	1:24.65
3. Margriet Grove-Lingeman	Triton	NED	196200080	<b>1:26.98</b>	+0.81		41.96	1:26.98
4. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:34.21</b>	+0.85		45.33	1:34.21
5. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:39.59</b>			48.63	1:39.59

Programmanr. 41, Dames, 100m rugslag

Masters 70+

1. Carla Hensen	PSV	NED	195300062	<b>1:45.75</b>		51.67	1:45.75
2. A. Gilding-Tussaud	WS Twente	NED	195000038	<b>1:54.87</b>	+0.96	55.93	1:54.87
3. Tineke van Diggelen	ZPCH	NED	195200048	<b>1:55.72</b>	+0.83	56.74	1:55.72

Masters 85+

1. Lottie Geurts <i>Kampioenschapsrecord</i>	PSV	NED	193500006	<b>2:19.27</b>	* +0.90	1:08.98	2:19.27
2. Marie Smits	Old Dutch	NED	193800004	<b>2:36.51</b>		1:15.92	2:36.51

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Programmanr. 21  
23-11-2024 - 13:58

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Tess Panjer	VZC	NED 200403060	<b>2:23.19</b>	+0.75	34.05	1:10.28	1:46.94	2:23.19
2. Carmen Lems	ACZ	NED 200402632	<b>2:27.37</b>	+0.60	33.13	1:10.05	1:48.52	2:27.37
3. Julia Notenboom	De Columbiaan	NED 200302596	<b>2:29.23</b>	+0.63	34.93	1:12.57	1:50.99	2:29.23
4. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	<b>2:31.52</b>	+0.81	34.50	1:12.55	1:51.72	2:31.52
5. Inge Dekker	HZ&PC Heerenveen	NED 200200476	<b>2:33.12</b>	+0.65	34.20	1:13.37	1:53.43	2:33.12
6. Lois Jalving	HZ&PC Heerenveen	NED 200400280	<b>2:34.45</b>	+0.63	35.36	1:14.08	1:54.61	2:34.45
7. Lauren van IJll	WVZ	NED 200001064	<b>2:35.90</b>	+0.68	35.15	1:15.06	1:56.13	2:35.90
8. Anouk Vis	De Columbiaan	NED 200203322	<b>2:36.50</b>	+0.67	36.15	1:15.56	1:55.91	2:36.50
9. Lianne Dekker	DAW	NED 200305438	<b>2:55.57</b>	+0.76	40.61	1:25.30	2:10.88	2:55.57
<b>Masters 25+</b>								
1. Anne Noom	Het Y	NED 199800062	<b>2:23.77</b>	+0.74	34.14	1:11.09	1:48.07	2:23.77
2. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	<b>2:25.31</b>	+0.72	34.21	1:10.99	1:48.19	2:25.31
3. Celine Schoenmaker	DWK	NED 199801976	<b>2:28.53</b>	+0.62	34.30	1:11.27	1:49.58	2:28.53
4. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	<b>2:30.09</b>	+0.58	34.51	1:12.21	1:51.18	2:30.09
5. M. van Langevelde	DWK	NED 199803160	<b>2:40.09</b>	+0.72	37.33	1:17.65	1:58.68	2:40.09
6. Anne Groen	OEZA	NED 199505996	<b>2:40.30</b>	+0.78	37.06	1:17.06	1:58.58	2:40.30
7. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	<b>2:41.22</b>	+0.71	36.45	1:16.79	1:59.06	2:41.22
8. Jet Kleine	MSV-Zeemacht	NED 199903384	<b>2:41.54</b>	+0.69	37.79	1:19.01	2:00.83	2:41.54
9. Rosalie Baarda	Orca	NED 199903460	<b>2:43.76</b>	+0.72	37.35	1:18.67	2:01.47	2:43.76
10. Janine de Groot	NDD	NED 199500092	<b>2:44.96</b>	+0.72	38.05	1:20.01	2:03.03	2:44.96
11. Ellen ter Stege	ENC Arnhem	NED 199900604	<b>2:45.97</b>	+0.74	37.87	1:19.49	2:02.61	2:45.97
12. Anouk van der Lans	Westland Swimming Stars	NED 199801614	<b>2:46.79</b>	+0.82	37.65	1:18.85	2:03.08	2:46.79
13. Iris Bastiaansen	De Amstel	NED 199902006	<b>2:50.71</b>	+0.82	40.23	1:23.76	2:08.27	2:50.71
14. Marleen Hof	WS Twente	NED 199802464	<b>2:52.56</b>	+0.91	39.23	1:23.38	2:08.77	2:52.56
<b>Masters 30+</b>								
1. Leonie van Noort	WVZ <i>Nederlands Masters Record</i>	NED 199301752	<b>2:20.26</b>	+0.70	33.09	1:08.24	1:44.09	2:20.26
2. Lotte Coenen	DES	NED 199301518	<b>2:36.10</b>	+0.73	35.58	1:14.89	1:55.61	2:36.10
3. J. van Houwelingen	SBC2000	NED 199001606	<b>2:37.32</b>	+0.77	35.79	1:15.76	1:57.44	2:37.32
4. Marloes Manni	Zwemvereniging Hoogland	NED 199003078	<b>2:38.11</b>	+0.77	36.51	1:16.45	1:58.28	2:38.11
5. Wendy de Bruin	ZOB'66	NED 199206320	<b>2:47.87</b>	+0.68	39.34	1:21.17	2:03.98	2:47.87
6. Getrude Corporaal	Steenwijk 1934	NED 199200380	<b>2:49.55</b>	+0.75	39.02	1:21.44	2:05.30	2:49.55
7. Adela Vázquez García	ZVL-1886	NED 199307952	<b>2:52.97</b>	+0.58	38.86	1:21.47	2:07.09	2:52.97
8. Joëlle Vaes	DIO	NED 199007576	<b>2:53.10</b>	+0.89	42.04	1:26.16	2:10.51	2:53.10
9. Alma Janssen	Z&PC Zegenwerp	NED 199401078	<b>2:53.54</b>	+0.79	39.85	1:22.86	2:08.17	2:53.54
10. Esther Kwebeman	TriVia	NED 199106374	<b>2:57.03</b>	+0.89	42.20	1:27.76	2:13.11	2:57.03
<b>Masters 35+</b>								
1. Rianne Hofland	Sassenheim	NED 198801820	<b>2:36.52</b>	+0.77	36.66	1:15.94	1:56.20	2:36.52
2. I. van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:43.30</b>	+0.79	37.75	1:18.76	2:00.99	2:43.30
3. Linda van Klei	GZC Donk	NED 198802088	<b>2:48.90</b>	+0.85	40.16	1:22.26	2:05.84	2:48.90
4. Esther van Maastrigt	Montferland	NED 198802836	<b>2:50.82</b>	+0.64	39.35	1:21.99	2:06.34	2:50.82
5. J. Kuiper-Crossen	Neptunia '24	NED 198600712	<b>2:51.83</b>	+0.75	40.02	1:22.98	2:07.19	2:51.83

Programmanr. 21, Dames, 200m rugslag

Masters 40+

1. Debbie van Rooijen	IJZPC	NED 198201402	<b>2:40.76</b>	+0.73	36.69	1:16.45	1:58.22	2:40.76
2. Elke Popma - Blox	Tiamat	NED 198200154	<b>2:44.22</b>	+0.70	37.52	1:18.73	2:01.88	2:44.22
3. Sylvia Reijers	De Gelenberg	NED 198201360	<b>2:45.31</b>	+0.80	38.60	1:20.03	2:03.00	2:45.31
4. Angela Giezen	ZPC AMERSFOORT	NED 198302796	<b>2:47.81</b>	+0.80	38.90	1:21.64	2:05.37	2:47.81
5. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>2:55.76</b>	+0.71	39.35	1:24.30	2:10.53	2:55.76
6. Clara Groenhorst	Link	NED 198202506	<b>3:10.21</b>	+0.78	45.84	1:33.62	2:22.90	3:10.21

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:46.89</b>	+0.79	39.96	1:23.20	2:06.21	2:46.89
2. Melanie Kuiper	ZIGNEA	NED 197600350	<b>2:49.20</b>	+0.88	39.63	1:22.84	2:07.06	2:49.20
3. Catherine Hoogeveen	DZ&PC	NED 197501048	<b>2:52.60</b>	+0.96	39.31	1:21.76	2:06.52	2:52.60
4. Alina Spijkerman	DAW	NED 197701220	<b>2:52.88</b>	+0.78	40.16	1:24.45	2:09.18	2:52.88
5. Leontine Loeber	SwimGym	NED 197701010	<b>3:04.90</b>	+0.88	43.52	1:31.03	2:18.69	3:04.90
6. Petra Guijt	Aqua-Novio '94	NED 197600978	<b>3:08.22</b>	+0.91	45.23	1:33.13	2:21.17	3:08.22
7. Leonie Scholten	Steenwijk 1934	NED 197901560	<b>3:15.90</b>	+0.77	44.31	1:33.16	2:24.03	3:15.90

Masters 50+

1. Gudule van der Meer	PSV <i>Nederlands Masters Record</i>	NED 197200396	<b>2:38.59</b>	+0.71	36.93	1:17.80	1:59.19	2:38.59
2. Valérie Rolland	Cercle De Natation Sportcity	BELuCNSW/004276/71	<b>2:50.34</b>	+0.71	41.90	1:24.34	2:07.81	2:50.34
3. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	<b>3:00.35</b>	+0.89	41.97	1:27.44	2:14.32	3:00.35
4. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:21.05</b>	+0.86	47.51	1:37.84	2:29.48	3:21.05

Masters 55+

1. Laura Staal	Oceanus	NED 196700358	<b>2:58.93</b>	+0.79	43.15	1:28.00	2:14.09	2:58.93
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>3:01.67</b>	+0.80	42.20	1:28.21	2:15.58	3:01.67
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:10.97</b>	+0.92	44.78	1:32.39	2:22.07	3:10.97

Masters 60+

1. Judith Cromjongh	De Zwoer <i>Nederlands Masters Record</i>	NED 196400054	<b>2:47.65</b>	+0.77	41.00	1:23.77	2:07.10	2:47.65
2. M. Grove-Lingeman	Triton	NED 196200080	<b>3:04.80</b>	+0.84	42.62	1:28.78	2:16.90	3:04.80
3. Feikje Wittermans	GZC Donk	NED 196400408	<b>3:10.24</b>	+0.80	42.20	1:28.23	2:18.67	3:10.24

Masters 65+

1. Margriet Pasma	TriVia	NED 195500088	<b>3:28.24</b>	+0.97	50.12	1:42.58	2:36.58	3:28.24
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Masters 70+

1. C. Nieuwenhuis	Swol 1894	NED 195100022	<b>3:29.68</b>	+0.84	48.80	1:42.56	2:37.22	3:29.68
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Masters 85+

1. Lottie Geurts	PSV <i>Nederlands Masters Record, *50m</i>	NED 193500006	<b>5:14.41</b>		1:16.21	2:37.64	3:59.30	5:14.41
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Programmanr. 23  
23-11-2024 - 14:46

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging		tijd	RT	PARA
<b>Masters 20+</b>						
1.	Inge Koekoek	DWK	NED 200401648	<b>34.29</b>	+0.76	
2.	Kim Zwinkels	ZPCH	NED 200300422	<b>35.31</b>	+0.71	
3.	Noël Iris Hettinga	Neptunia '24	NED 200002536	<b>35.34</b>	+0.74	
4.	Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>35.59</b>	+0.73	
5.	Lisanne Seising	VZC	NED 200002084	<b>35.98</b>		
6.	Sanne Kloezen	Bubble	NED 200204644	<b>36.20</b>		
7.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	<b>36.33</b>	+0.68	
8.	Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	<b>36.81</b>	+0.69	
9.	Carmen Lems	ACZ	NED 200402632	<b>37.01</b>	+0.66	
10.	Mirelle de Kort	Neptunus'58	NED 200005546	<b>37.02</b>	+0.80	
11.	Amber Hesper	Niemo Barracuda	NED 200202188	<b>37.13</b>	+0.74	
12.	Anneke van der Laan	Orca	NED 200201154	<b>37.28</b>	+0.77	
13.	Daniëlle Vis	De Columbiaan	NED 200401044	<b>37.39</b>	+0.74	
14.	Esmée van Peer	TriVia	NED 200201114	<b>37.66</b>	+0.78	
15.	Babet Kruger	VZC	NED 200003390	<b>37.87</b>	+0.63	
16.	Kim de Jong	Westland Swimming Stars	NED 200401522	<b>37.98</b>		
17.	Michelle van Wijhe	ZPC AMERSFOORT	NED 200402196	<b>38.14</b>	+0.74	
18.	Ilse Valk	Het Ravijn	NED 200000172	<b>38.15</b>	+0.71	
19.	Maddy van der Hoeven	ZPC AMERSFOORT	NED 200401298	<b>38.56</b>	+0.74	
20.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>39.73</b>	+0.77	
21.	Romée Jabben	Dedemsvaart-AC	NED 200404426	<b>40.79</b>	+0.79	
22.	Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>40.81</b>	+0.64	
23.	Romy Jalving	HZ&PC Heerenveen	NED 200000616	<b>41.68</b>		
24.	Juliette Boon	ZZ&PC De Devel	NED 200401908	<b>44.00</b>	+0.76	
25.	Lieke Stoker	WS Twente	NED 200301412	<b>44.40</b>	+0.81	
<b>Masters 25+</b>						
1.	Fenna de Groot <i>Kampioenschapsrecord</i>	Feijenoord Albion Zwemclub	NED 199701796	<b>32.92</b>	+0.64	
2.	Selene Wortel	Hieronymus	NED 199700654	<b>33.69</b>	+0.61	
3.	Lotte Middelbos Susan Teijken	De Schotejil Nuenen	NED 199900680 NED 199504592	<b>34.30</b> <b>34.30</b>	+0.78	
5.	Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>34.62</b>	+0.71	
6.	Eva van Elsen	ZPC De Zeeuwse Kust	NED 199903026	<b>34.83</b>	+0.58	
7.	Anne Dekker	Feijenoord Albion Zwemclub	NED 199606830	<b>35.01</b>	+0.67	
8.	Fiona Meuffels	PSV	NED 199504366	<b>35.73</b>	+0.54	
9.	Marijke Drent	Bubble	NED 199906232	<b>35.98</b>	+0.82	
10.	Mandy Swart	ZPC AMERSFOORT	NED 199904916	<b>36.27</b>	+0.62	
11.	Alisha Vieira	Blue Marlins	NED 199904554	<b>36.66</b>	+0.70	
12.	Anoeska van de Kraats	DWK	NED 199701284	<b>36.94</b>	+0.71	
13.	Karin Groen	ZPC de Kanaalstreek	NED 199502440	<b>37.93</b>	+0.65	
14.	Chantal Beijer	Team Noord Holland (SG)	NED 199700884	<b>38.20</b>	+0.76	
15.	Daphne Dols	ZPC Woerden	NED 199904622	<b>38.26</b>	+0.75	
16.	Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	<b>39.31</b>	+0.89	
17.	Sheila ten Voorde	Octopus - ZVV (SG)	NED 199904538	<b>39.84</b>	+0.81	
18.	Tamara van den Brink	Niemo Barracuda	NED 199804182	<b>39.90</b>	+0.73	
19.	Maartje Hids	ZVL-1886	NED 199903042	<b>40.23</b>	+0.79	
20.	Laura ter Stege	CWW Swim team (SG)	NED 199602364	<b>40.33</b>	+0.77	
21.	Jelita van Esseveld	ZPC De Zeeuwse Kust	NED 199806716	<b>40.71</b>	+0.72	
22.	Alies Wagter	Steenwijk 1934	NED 199900840	<b>40.96</b>	+0.82	
23.	Danique de Vegt	ENC Arnhem	NED 199802692	<b>40.99</b>	+0.80	
24.	Kirsten Opmeer	ZPC AMERSFOORT	NED 199800014	<b>41.30</b>		
25.	Lotte de Vente	Het Ravijn	NED 199905814	<b>41.68</b>		
26.	Coranda Vissers	SBC2000	NED 199705706	<b>41.79</b>	+0.78	
27.	Melanie Zondag	Zwemclub Polaris	NED 199804476	<b>43.24</b>	+0.84	
28.	Kim van Rossum	SBC2000	NED 199706374	<b>47.53</b>		

Programmanr. 23, Dames, 50m schoolslag

Masters 30+

1.	Miranda Nijenhuis	De Columbiaan	NED	199204076	<b>35.07</b>	+0.73
2.	Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>35.40</b>	+0.75
3.	Elmi Roelofsen	Octopus - ZVV (SG)	NED	199008198	<b>35.87</b>	+0.73
4.	Chantal Meyerink	De Grunte	NED	199105212	<b>36.41</b>	+0.75
5.	Lisa van Milt	ZZ&PC De Devel	NED	199201228	<b>36.85</b>	+0.69
6.	Ilona van der Knaap	De Watervogels	NED	199204954	<b>37.70</b>	+0.71
7.	Leontine Groeneveldt	De Duck	NED	199303526	<b>38.23</b>	+0.72
8.	Ines Muilwijk	MNC Dordrecht	NED	199202858	<b>38.51</b>	
9.	Suzanne Lange	VZC	NED	199202998	<b>38.76</b>	+0.77
10.	Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>38.99</b>	+0.79
11.	Marjke Kommers	Niemo Barracuda	NED	199305334	<b>39.91</b>	+0.78
12.	Nanda Wobben-de Vries	Steenwijk 1934	NED	199204328	<b>42.05</b>	+0.80
13.	Janneke Wynia	WS Twente	NED	199005500	<b>44.46</b>	+0.95
14.	Marjan Rikken	Octopus - ZVV (SG)	NED	199206114	<b>44.83</b>	+0.78
15.	Charlotte Verdel	ZPCH	NED	199308036	<b>45.84</b>	

Masters 35+

1.	Suzan Blankestijn	ZVL-1886	NED	198900350	<b>39.57</b>	+0.86
2.	Esther van Maastrigt	Montferland	NED	198802836	<b>39.69</b>	
3.	Monique Kok	Octopus - ZVV (SG)	NED	198605398	<b>46.38</b>	+0.83

Masters 40+

1.	Laura Badoux	DAW	NED	198200038	<b>35.64</b>	+0.82
2.	Renee de Kok	VZV Njord	NED	198403350	<b>40.13</b>	+0.62
3.	Roelien Stegeman	Swol 1894	NED	198102350	<b>40.69</b>	+0.79
4.	Michelle de Villiers	Hellas-Glana	NED	198302944	<b>41.24</b>	+0.60
5.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>41.85</b>	+0.86
6.	Angela Giezen	ZPC AMERSFOORT	NED	198302796	<b>41.92</b>	+0.77

Masters 45+

1.	Inge Roskam	De Duinkickers	NED	197801296	<b>39.88</b>	+0.77
2.	Geraldine Trainor	De Duck	NED	197500544	<b>40.09</b>	
3.	Monica Korndewal	ZPC AMERSFOORT	NED	197701258	<b>40.66</b>	+0.79
4.	Rachel Trainor	De Duck	NED	197700670	<b>40.70</b>	+0.82
5.	Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>41.16</b>	+0.84
6.	Marleen Zantingh	Old Dutch	NED	197801378	<b>42.36</b>	+0.60
7.	Jessica Venema	GZC Donk	NED	197901526	<b>43.57</b>	+0.83
8.	Marian Nederlof	De Geul	NED	197600950	<b>44.67</b>	+0.81

Masters 50+

1.	Trudy Ketting	PSV	NED	197000268	<b>38.57</b>	+0.80
2.	Katharina Schlipp	AZL	NED	197301004	<b>38.74</b>	+0.64
3.	Regine Beckers-Stribos	De Rog	NED	197000492	<b>41.10</b>	+0.92
4.	Pascalie Janssen	Patrick - De Roersoppers (SG)	NED	197300852	<b>41.55</b>	+0.89
5.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	<b>41.68</b>	+0.82
6.	Hilly Brugmans	Hieronymus	NED	197001112	<b>42.93</b>	+0.85
7.	Marjolein Klunne	Hieronymus	NED	197101098	<b>47.91</b>	+0.69
8.	Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>49.31</b>	
9.	Judith Sijbers	PSV	NED	197301030	<b>52.34</b>	+0.89
DIS	Annette de Visser	Oceanus	NED	197100602		
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>					
NG	Yvette Ratering	CWW Swim team (SG)	NED	197200990		

Programmanr. 23, Dames, 50m schoolslag

Masters 55+

1.	Marjo Goelema-Koek <i>Kampioenschapsrecord</i>	De Biesboschzweimmers	NED	196900192	<b>36.67</b>	
2.	Jacqueline Tuin	DAW	NED	196600690	<b>38.34</b>	+0.60
3.	Monique Tuijp	Ed-Vo	NED	196900800	<b>40.63</b>	+0.76
4.	Iris van Aurich	DWK	NED	196900866	<b>41.07</b>	+0.87
5.	Annette Korving-Leijenaar	Aqualero	NED	196700662	<b>42.80</b>	+0.79
6.	Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	<b>43.66</b>	
7.	Arianne Hamakers	De Rog	NED	196700714	<b>46.93</b>	+0.95
8.	Irna van der Molen	WS Twente	NED	196900938	<b>47.06</b>	+0.77
9.	Ania Bultena-Rusek	TriVia	NED	196600764	<b>50.42</b>	+0.90
10.	Roselinda van der Vlugt	De Geul	NED	196700710	<b>53.35</b>	+0.76

Masters 60+

1.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>42.35</b>	
2.	Marijke Kraak-Beckers	Swol 1894	NED	196000240	<b>44.98</b>	+0.85
3.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>46.71</b>	+0.91
4.	Lia Bijkerk	GZC Donk	NED	196000014	<b>48.42</b>	+0.94

Masters 65+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>45.98</b>	+0.63
2.	Hannie Poletiek	TriVia	NED	195900278	<b>49.93</b>	+0.96
3.	Trui Knijnenburg	DES	NED	195800266	<b>56.64</b>	+0.84
4.	Mies Kuipers	Old Dutch	NED	195800202	<b>1:08.68</b>	+0.94

Masters 70+

1.	Tineke van Diggelen	ZPCH	NED	195200048	<b>56.40</b>	+0.97
2.	Elly Maassen	Hellas-Glana	NED	195000044	<b>57.78</b>	
3.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	<b>1:13.06</b>	

Masters 75+

1.	Corrie Verhoeven <i>Kampioenschapsrecord</i>	PSV	NED	194600026	<b>49.63</b>	+0.89
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>55.67</b>	

Masters 85+

1.	Marie Smits	Old Dutch	NED	193800004	<b>1:11.22</b>	+0.90
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2 - ONMK 2024 kb - Sessie 2

22-11-2024 - 9:30

Programmanr. 5  
22-11-2024 - 11:45

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Inge Koekoek	DWK	NED 200401648	<b>1:14.08</b>			34.61	1:14.08
2. Noël Iris Hettinga	Neptunia '24	NED 200002536	<b>1:16.48</b>	+0.75		35.74	1:16.48
Christel Brugmans	Hieronymus	NED 200005602	<b>1:16.48</b>	+0.69		35.66	1:16.48
4. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>1:18.02</b>	+0.73		36.40	1:18.02
5. Sanne Kloezen	Bubble	NED 200204644	<b>1:19.43</b>	+0.76		36.05	1:19.43
6. Lisanne Seising	VZC	NED 200002084	<b>1:20.00</b>	+0.76		37.11	1:20.00
7. Mirelle de Kort	Neptunus'58	NED 200005546	<b>1:20.84</b>			38.03	1:20.84
8. Anneke van der Laan	Orca	NED 200201154	<b>1:21.01</b>	+0.72		37.56	1:21.01
9. Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	<b>1:21.56</b>	+0.80		38.30	1:21.56
10. Kim de Jong	De Columbiaan	NED 200301026	<b>1:21.82</b>	+0.75		37.55	1:21.82
11. Lauren van IJl	WVZ	NED 200001064	<b>1:22.16</b>			38.06	1:22.16
12. Romy van der Zwan	Scheldestroom	NED 200403826	<b>1:23.21</b>	+0.76		38.91	1:23.21
13. Luka Stoker	ZPC de Kanaalstreek	NED 200200558	<b>1:24.78</b>	+0.80		39.64	1:24.78
14. Esmee Kloezen	Bubble	NED 200204646	<b>1:25.81</b>			39.72	1:25.81
15. Maddy van der Hoeven	ZPC AMERSFOORT	NED 200401298	<b>1:25.88</b>	+0.79		40.90	1:25.88
16. Michelle van Wijhe	ZPC AMERSFOORT	NED 200402196	<b>1:26.13</b>	+0.75		40.09	1:26.13
17. Laura Tromp	ZZ&PC De Devel	NED 200000276	<b>1:26.88</b>	+0.70		40.10	1:26.88
18. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>1:35.32</b>	+0.67		43.64	1:35.32
AFGEM Annabel Kuipers	DWK	NED 200001076					
AFGEM Valesca van den Bogert	Hieronymus	NED 200102138					
AFGEM Ana Nusa Versnik	Blue Marlins	NED 200003496					
<b>Masters 25+</b>							
1. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	<b>1:11.10</b>	+0.73		33.25	1:11.10
<i>Nederlands Masters Record</i>							
2. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>1:18.35</b>	+0.73		36.52	1:18.35
3. Fiona Meuffels	PSV	NED 199504366	<b>1:18.80</b>	+0.70		37.36	1:18.80
4. Anoeska van de Kraats	DWK	NED 199701284	<b>1:20.29</b>	+0.69		37.77	1:20.29
5. Mandy Swart	ZPC AMERSFOORT	NED 199904916	<b>1:21.37</b>	+0.79		37.77	1:21.37
6. Daphne Dols	ZPC Woerden	NED 199904622	<b>1:22.80</b>	+0.76		38.13	1:22.80
7. IJke Mourits	DAW	NED 199903628	<b>1:23.87</b>	+0.83		39.12	1:23.87
8. Maartje Hids	ZVL-1886	NED 199903042	<b>1:25.88</b>	+0.79		41.01	1:25.88
9. Kelly Wiglevan	Poseidon'56	NED 199500058	<b>1:26.65</b>	+0.80		40.63	1:26.65
10. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	<b>1:26.77</b>	+0.92		41.95	1:26.77
11. Djamari Oetringer	Aqua-Novio '94	NED 199600546	<b>1:32.66</b>	+0.81		44.02	1:32.66
12. Pauline Scheele	Scheldestroom	NED 199905456	<b>1:37.26</b>	+0.82		45.16	1:37.26
<b>Masters 30+</b>							
1. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>1:16.78</b>	+0.75		36.03	1:16.78
2. Chantal Meyerink	De Grunte	NED 199105212	<b>1:20.43</b>			37.95	1:20.43
3. Lisa van Milt	ZZ&PC De Devel	NED 199201228	<b>1:20.59</b>	+0.69		37.29	1:20.59
4. Marijke Kommers	Niemo Barracuda	NED 199305334	<b>1:24.11</b>	+0.82		39.80	1:24.11
5. Leontine Groeneveldt	De Duck	NED 199303526	<b>1:27.19</b>	+0.70		40.25	1:27.19
<b>Masters 35+</b>							
1. Marlijn Hendriksen	DIO	NED 198806828	<b>1:21.51</b>	+0.76		38.67	1:21.51
2. Susanne van der Linden	DIO	NED 198802736	<b>1:24.49</b>	+0.79		39.62	1:24.49
3. Suzan Blankestijn	ZVL-1886	NED 198900350	<b>1:25.21</b>	+0.86		40.13	1:25.21
4. Linda van Klei	GZC Donk	NED 198802088	<b>1:26.88</b>	+0.91		40.64	1:26.88
5. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	<b>1:27.43</b>	+0.76		40.28	1:27.43
6. Esther van Maastrigt	Montferland	NED 198802836	<b>1:28.31</b>	+0.73		41.98	1:28.31
7. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>1:28.80</b>	+0.89		42.03	1:28.80



Programmanr. 5, Dames, 100m schoolslag, Masters 35+

rang naam	vereniging			tijd	RT	PARA	50m	100m
8. Janna Brummel	SwimGym	NED	198807018	<b>1:36.60</b>	+0.86		45.53	1:36.60
9. Monique Kok	Octopus - ZVV (SG)	NED	198605398	<b>1:40.62</b>	+0.80		47.39	1:40.62

Masters 40+

1. Laura Badoux	DAW	NED	198200038	<b>1:18.78</b>	+0.85		36.96	1:18.78
2. Nadya Putter	ZVVS	NED	198301630	<b>1:23.83</b>	+0.73		39.77	1:23.83
3. Tonia Ruybroek	Poseidon'56	NED	198101290	<b>1:28.76</b>	+0.94		42.22	1:28.76
4. Renee de Kok	VZV Njord	NED	198403350	<b>1:30.17</b>	+0.75		41.42	1:30.17
5. Michelle de Villiers	Hellas-Glana	NED	198302944	<b>1:32.19</b>	+0.74		43.87	1:32.19
6. Roelien Stegeman	Swol 1894	NED	198102350	<b>1:32.58</b>	+0.81		43.04	1:32.58
7. Angelique Wammes	Zwemvereniging Hoogland	NED	198403604	<b>1:34.14</b>	+0.73		44.92	1:34.14

Masters 45+

1. Rebecca Irvine-Pronk	De Otters Het Gooi	NED	197500982	<b>1:30.72</b>	+0.93		42.70	1:30.72
2. Marleen Zantingh	Old Dutch	NED	197801378	<b>1:31.03</b>	+0.74		43.64	1:31.03
3. Inge Roskam	De Duinkickers	NED	197801296	<b>1:32.42</b>	+0.81		43.42	1:32.42
4. Patricia Brooijmans	Old Dutch	NED	197901608	<b>1:33.31</b>			44.46	1:33.31
5. Marian Nederlof	De Geul	NED	197600950	<b>1:38.73</b>	+0.78		46.97	1:38.73
6. Andrea Köhler	SwimGym	NED	197601208	<b>1:43.24</b>	+0.76		51.11	1:43.24

Masters 50+

1. Trudy Ketting	PSV	NED	197000268	<b>1:23.03</b>	+0.73		39.02	1:23.03
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:25.60</b>	+0.82		40.55	1:25.60
3. Katharina Schlipp	AZL	NED	197301004	<b>1:26.07</b>	+0.79		40.82	1:26.07
4. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:26.19</b>	+0.71		40.58	1:26.19
5. Annette de Visser	Oceanus	NED	197100602	<b>1:32.50</b>	+0.90		43.96	1:32.50
6. Valérie Rolland	Cercle De Natation Sportcity VBELwe CNSW/004276/71	NED	197300852	<b>1:32.78</b>	+0.74		44.25	1:32.78
7. Pascalie Janssen	Patrick - De Roersoppers (SG)	NED	197300852	<b>1:34.23</b>	+0.91		44.78	1:34.23
8. Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	<b>1:36.82</b>			44.96	1:36.82
9. Hilly Brugmans	Hieronymus	NED	197001112	<b>1:37.69</b>	+0.77		45.80	1:37.69
10. Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>1:49.25</b>			50.89	1:49.25
11. Judith Sijbers	PSV	NED	197301030	<b>1:55.70</b>	+0.85		54.75	1:55.70

Masters 55+

1. Marjo Goelema-Koek <i>Kampioenschapsrecord</i>	De Biesboschzwemmers	NED	196900192	<b>1:21.41</b>	+0.75		37.27	1:21.41
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	<b>1:25.33</b>			40.25	1:25.33
3. Jacqueline Tuin	DAW	NED	196600690	<b>1:26.21</b>	+0.78		40.66	1:26.21
4. Iris van Aurich	DWK	NED	196900866	<b>1:32.11</b>			43.66	1:32.11
5. Annette Korving-Leijenaar	Aqualero	NED	196700662	<b>1:32.95</b>	+0.73		44.12	1:32.95
6. Irna van der Molen	WS Twente	NED	196900938	<b>1:38.96</b>	*+0.81		46.38	1:38.96
7. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	<b>1:41.44</b>	+0.88		47.88	1:41.44
8. Caroline Kruger	Feijenoord Albion Zwemclub	NED	196800928	<b>1:41.76</b>	+0.79		46.44	1:41.76
9. Machteld Stiling	ZPC AMERSFOORT	NED	196600716	<b>1:44.29</b>	+0.83		50.35	1:44.29

Masters 60+

1. Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>1:39.42</b>	+0.87		47.33	1:39.42
2. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:44.04</b>	+0.93		48.88	1:44.04
3. Lia Bijkerk	GZC Donk	NED	196000014	<b>1:48.91</b>	+0.99		52.47	1:48.91
4. Erica Muller	De Geul	NED	196400412	<b>1:52.52</b>	+0.85		52.77	1:52.52
5. Jacqueline Brouwer	EZV	NED	196100296	<b>1:57.75</b>	+0.87		55.17	1:57.75

Programmanr. 5, Dames, 100m schoolslag

Masters 65+

1. Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>1:42.32</b>	+0.84	49.40	1:42.32
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	<b>1:44.46</b>	+0.65	50.37	1:44.46
3. Liudmila Skopina	Cercle De Natation Sportcity	VBELwe	CNSW/010673/57	<b>1:44.88</b>		49.22	1:44.88
4. Hannie Poletiek	TriVia	NED	195900278	<b>1:48.59</b>		52.21	1:48.59
NG Mies Kuipers	Old Dutch	NED	195800202				
NG Ria Peters-Veurman	ENC Arnhem	NED	195800242				

Masters 70+

1. Tineke van Diggelen	ZPCH	NED	195200048	<b>2:05.80</b>		59.04	2:05.80
2. Elly Maassen	Hellas-Glana	NED	195000044	<b>2:06.69</b>	+0.92	58.77	2:06.69
3. Geerdien Meerwaldt	De Geul	NED	195200058	<b>2:20.46</b>		1:06.99	2:20.46

Masters 75+

1. A. Verhoeven - Steggerda <i>Kampioenschapsrecord</i>	De Duinkickers	NED	194600024	<b>2:11.24</b>	+0.88	57.79	2:11.24
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Masters 85+

1. Marie Smits	Old Dutch	NED	193800004	<b>2:46.43</b>		1:19.48	2:46.43
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7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 37  
24-11-2024 - 14:25

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. V. van den Bogert <i>Nederlands Masters Record</i>	Hieronymus	NED 200102138	<b>2:37.14</b>	+0.73	35.37	1:15.40	1:56.36	2:37.14
2. Inge Koekoek	DWK	NED 200401648	<b>2:41.07</b>	+0.63	36.22	1:17.00	1:58.84	2:41.07
3. Silke Molendijk	ZVL-1886	NED 200100178	<b>2:42.95</b>	+0.54	37.43	1:18.71	2:00.72	2:42.95
4. Michelle Zomerdijk	Dedemsvaart-AC	NED 200003196	<b>2:47.91</b>	+0.67	36.35	1:17.94	2:01.50	2:47.91
5. Noël Iris Hettinga	Neptunia '24	NED 200002536	<b>2:50.42</b>	+0.76	38.87	1:22.78	2:07.11	2:50.42
6. Ilse Kramer	TriVia	NED 200403072	<b>2:57.91</b>	+0.81	40.61	1:25.55	2:11.39	2:57.91
7. Kim de Jong	Westland Swimming Stars	NED 200401522	<b>3:02.68</b>	+0.67	40.36	1:27.01	2:15.17	3:02.68
8. Caroline Boxman	ZPCH	NED 200004660	<b>3:03.58</b>	+0.74	39.99	1:26.24	2:14.52	3:03.58
9. Ilse Valk	Het Ravijn	NED 200000172	<b>3:07.99</b>	+0.69	41.43	1:29.20	2:18.24	3:07.99
10. Olivia Schalekamp	Oceanus	NED 200203732	<b>3:11.31</b>	+0.73	42.54	1:31.48	2:21.28	3:11.31
11. Valerie Bakker	ZVL-1886	NED 200103672	<b>3:18.44</b>		45.32	1:35.76	2:27.34	3:18.44
12. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>3:25.19</b>	+0.70	46.30	1:38.20	2:31.58	3:25.19
13. Berinda van Dijk	Blue Marlins	NED 200104186	<b>3:29.29</b>	+0.81	46.67	1:41.23	2:36.00	3:29.29
<b>Masters 25+</b>								
1. Anne Noom	Het Y	NED 199800062	<b>2:48.69</b>	+0.74	38.16	1:20.82	2:04.42	2:48.69
2. Fiona Meuffels	PSV	NED 199504366	<b>2:49.03</b>	+0.73	38.64	1:21.70	2:05.71	2:49.03
3. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	<b>2:50.80</b>	+0.61	38.08	1:21.87	2:06.47	2:50.80
4. A. van de Kraats	DWK	NED 199701284	<b>2:52.07</b>	+0.70	38.68	1:22.43	2:07.18	2:52.07
5. M. van der Heijden	Niemo Barracuda	NED 199605226	<b>2:53.88</b>		38.97	1:23.29	2:08.26	2:53.88
6. Mandy Swart	ZPC AMERSFOORT	NED 199904916	<b>2:58.21</b>	+0.75	39.71	1:25.15	2:11.55	2:58.21
7. Jade Broek	OEZA	NED 199702300	<b>3:00.91</b>	+0.54	40.05	1:25.79	2:13.23	3:00.91
8. Daphne Dols	ZPC Woerden	NED 199904622	<b>3:01.66</b>	+0.77	39.46	1:25.13	2:12.95	3:01.66
9. Diane Schoenmaker	PSV	NED 199502920	<b>3:03.42</b>	+0.77	41.95	1:29.06	2:16.18	3:03.42
10. Marouscha de Vries	DAW	NED 199906628	<b>3:06.57</b>	+0.74	41.80	1:29.11	2:17.70	3:06.57
11. Maartje Hids	ZVL-1886	NED 199903042	<b>3:08.67</b>	+0.82	44.03	1:32.18	2:20.77	3:08.67
12. Kelly Wigleven	Poseidon'56	NED 199500058	<b>3:10.83</b>	+0.63	42.34	1:30.88	2:20.44	3:10.83
13. Tamara van den Brink	Niemo Barracuda	NED 199804182	<b>3:12.41</b>		42.57	1:31.38	2:21.24	3:12.41
14. Sheila ten Voorde	Octopus - ZVV (SG)	NED 199904538	<b>3:14.33</b>	+0.82	42.63	1:31.82	2:22.75	3:14.33
15. Lotte de Vente	Het Ravijn	NED 199905814	<b>3:18.13</b>	+0.78	43.51	1:33.78	2:25.29	3:18.13
16. Melanie Zondag	Zwemclub Polaris	NED 199804476	<b>3:28.24</b>	+0.83	45.40	1:39.13	2:34.87	3:28.24
17. Kim van Rossum	SBC2000	NED 199706374	<b>3:47.06</b>		53.46	1:51.06	2:50.38	3:47.06
<b>Masters 30+</b>								
1. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:48.56</b>	+0.80	36.72	1:19.02	2:03.47	2:48.56
2. Marijke Kommers	Niemo Barracuda	NED 199305334	<b>2:56.38</b>	+0.79	40.28	1:25.24	2:11.24	2:56.38
3. Lisa van Milt	ZZ&PC De Devel	NED 199201228	<b>2:57.53</b>	+0.69	39.16	1:23.47	2:09.92	2:57.53
4. Ines Muilwijk	MNC Dordrecht	NED 199202858	<b>3:00.10</b>	+0.67	41.05	1:26.27	2:12.69	3:00.10
5. Jisca Majolée	ZPC AMERSFOORT	NED 199403570	<b>3:08.15</b>	+0.81	42.87	1:31.00	2:20.23	3:08.15
DIS Janneke Wynia	WS Twente	NED 199005500						
<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>								
<b>Masters 35+</b>								
1. Linda van Klei	GZC Donk	NED 198802088	<b>3:08.77</b>	+0.86	41.68	1:28.48	2:17.62	3:08.77
2. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>3:09.38</b>	+0.89	42.63	1:30.04	2:19.24	3:09.38
3. I. van den Wijngaard	ZPC Woerden	NED 198904736	<b>3:13.52</b>	+0.79	42.47	1:30.79	2:21.69	3:13.52
4. Janna Brummel	SwimGym	NED 198807018	<b>3:28.57</b>		47.35	1:39.36	2:33.74	3:28.57
5. Monique Kok	Octopus - ZVV (SG)	NED 198605398	<b>3:35.00</b>	+0.62	48.07	1:42.83	2:38.78	3:35.00

Programmanr. 37, Dames, 200m schoolslag

Masters 40+

1. Laura Badoux	DAW	NED 198200038	<b>2:55.02</b>	+0.84	38.87	1:23.79	2:09.26	2:55.02
2. Nadya Putter	ZVVS	NED 198301630	<b>3:03.25</b>	+0.61	42.61	1:29.20	2:15.88	3:03.25
3. Angela Giezen	ZPC AMERSFOORT	NED 198302796	<b>3:18.10</b>	+0.60	44.96	1:35.82	2:27.71	3:18.10
4. Renee de Kok	VZV Njord	NED 198403350	<b>3:20.23</b>	+0.73	44.82	1:36.47	2:28.93	3:20.23
5. Roelien Stegeman	Swol 1894	NED 198102350	<b>3:20.55</b>	+0.70	44.88	1:36.67	2:29.72	3:20.55

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>3:04.62</b>	+0.74	41.52	1:28.63	2:16.97	3:04.62
2. Rachel Trainor	De Duck	NED 197700670	<b>3:11.68</b>	+0.82	42.75	1:31.15	2:21.40	3:11.68
3. Monica Korndewal	ZPC AMERSFOORT	NED 197701258	<b>3:27.58</b>	+0.80	45.51	1:38.32	2:32.99	3:27.58
4. Chantal Verhoeff	Old Dutch	NED 197900912	<b>3:29.61</b>	+0.77	48.19	1:41.12	2:36.00	3:29.61

Masters 50+

1. Trudy Ketting	PSV	NED 197000268	<b>3:04.36</b>	+0.81	41.68	1:27.97	2:15.71	3:04.36
2. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>3:08.42</b>	+0.72	42.91	1:30.64	2:19.97	3:08.42
3. Katharina Schlipp	AZL	NED 197301004	<b>3:11.90</b>	+0.79	41.64	1:28.66	2:18.70	3:11.90
4. Pascalie Janssen	Patrick - De Roersoppers (SCNED 197300852	<b>3:23.09</b>	+0.99	45.68	1:36.75	2:29.43	3:23.09	
5. Kathy Van Lindt	Cercle De Natation Sportcity BELuCNSW/007949/71	<b>3:54.87</b>	+0.99	54.49	1:54.61	2:56.31	3:54.87	
DIS Bianca Groot	MSV-Zeemacht	NED 197000652						
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
NG Trudie van Niejenhuis	TZC-Vahalis	NED 197100444						

Masters 55+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	<b>3:08.57</b>	+0.62	41.93	1:29.25	2:18.92	3:08.57
2. Iris van Aurich	DWK	NED 196900866	<b>3:18.90</b>	+0.84	45.67	1:35.77	2:27.29	3:18.90
3. A. Korving-Leijenaar	Aqualero	NED 196700662	<b>3:22.01</b>	+0.83	44.72	1:36.33	2:29.24	3:22.01
4. K. van Nassau-van den I	Old Dutch	NED 196600188	<b>3:34.48</b>	+0.75	49.45	1:43.79	2:38.62	3:34.48
5. Ina van der Molen	WS Twente	NED 196900938	<b>3:36.35</b>	+0.79	48.27	1:43.30	2:40.56	3:36.35

Masters 60+

1. Petra Tossings	GZC Donk	NED 196100376	<b>3:31.12</b>	+0.97	48.98	1:43.63	2:38.16	3:31.12
2. Linda van de Ree	De Ganze	NED 196300452	<b>3:31.25</b>	+0.85	47.28	1:40.18	2:35.55	3:31.25
3. Yoka de Vegt-van Dijk	ENC Arnhem	NED 196200420	<b>3:39.19</b>	+0.81	48.11	1:43.37	2:41.72	3:39.19
4. Erica Muller	De Geul	NED 196400412	<b>3:56.33</b>	+0.83	54.01	1:53.82	2:54.61	3:56.33
5. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:56.85</b>	+0.61	54.75	1:56.74	2:58.42	3:56.85

Masters 65+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	<b>3:41.85</b>	+0.77	49.62	1:46.42	2:44.84	3:41.85
2. Liudmila Skopina	Cercle De Natation Sportcity BELuCNSW/010673/57	<b>3:46.22</b>	+0.84	50.41	1:47.26	2:46.41	3:46.22	
3. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:48.12</b>	+0.77	51.77	1:50.39	2:50.22	3:48.12
4. Hannie Poletiek	TriVia	NED 195900278	<b>3:55.45</b>	+0.76	53.63	1:52.85	2:54.26	3:55.45
5. Mies Kuipers	Old Dutch	NED 195800202	<b>5:18.77</b>		1:11.51	2:34.21	4:00.17	5:18.77

Masters 70+

1. Elly Maassen	Hellas-Glana	NED 195000044	<b>4:41.84</b>	+0.89	1:03.23	2:14.83	3:28.60	4:41.84
2. Ineke Brouwers	PSV	NED 195200070	<b>4:50.84</b>	+0.94	1:04.34	2:19.14	3:36.42	4:50.84

Masters 75+

1. A. Verhoeven - Stegerr	De Duinkickers	NED 194600024	<b>4:49.24</b>		1:02.55	2:16.60	3:34.08	4:49.24
2. L. van Huissteden	ZPC AMERSFOORT	NED 194500002	<b>4:55.80</b>	+0.73	1:06.61	2:20.44	3:37.57	4:55.80

Programmanr. 37, Dames, 200m schoolslag

Masters 85+

DIS Marie Smits Old Dutch NED 193800004  
SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Programmanr. 39  
24-11-2024 - 15:51

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging			tijd	RT	PARA
<b>Masters 20+</b>							
1.	Tessa Giele <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	200203124	<b>25.31</b>	+0.56	
2.	Judith Houtvast	Hellas-Glana	NED	200300714	<b>27.89</b>	+0.66	
3.	Michelle van Wijk	WVW Winterswijk	NED	200204746	<b>29.03</b>	+0.60	
4.	Femke van Wijk	WVW Winterswijk	NED	200403434	<b>29.43</b>	+0.77	
5.	Silke Molendijk	ZVL-1886	NED	200100178	<b>29.53</b>	+0.67	
6.	Guusje van Lent	Feijenoord Albion Zwemclub	NED	200203898	<b>29.75</b>	+0.65	
7.	Merel Phaff	Nuenen	NED	200100434	<b>29.97</b>	+0.71	
8.	Julia Notenboom	De Columbiaan	NED	200302596	<b>30.14</b>	+0.75	
9.	Inge Dekker	HZ&PC Heerenveen	NED	200200476	<b>30.39</b>	+0.78	
10.	Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	<b>30.41</b>	+0.71	
11.	Lauren van IJl	WVZ	NED	200001064	<b>30.46</b>	+0.55	
12.	Femke-Romy Wiersma	Neptunia '24	NED	200103078	<b>30.62</b>	+0.72	
13.	Robin Pienaar	Niemo Barracuda	NED	200102236	<b>30.76</b>	+0.81	
14.	Amber Hesper	Niemo Barracuda	NED	200202188	<b>30.92</b>	+0.70	
15.	Eline Hoekstra	OEZA	NED	200301280	<b>31.05</b>	+0.78	
16.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	<b>31.21</b>	+0.67	
17.	Mirelle de Kort	Neptunus'58	NED	200005546	<b>31.38</b>	+0.75	
18.	Lindi Bos	DWK	NED	200101256	<b>31.53</b>	+0.61	
19.	Jessica Braat	AZC	NED	200205684	<b>31.95</b>	+0.64	
	Esmée van Peer	TriVia	NED	200201114	<b>31.95</b>	+0.75	
21.	Anouk Vis	De Columbiaan	NED	200203322	<b>32.08</b>	+0.77	
22.	Rose Lether	ENC Arnhem	NED	200403330	<b>32.21</b>	+0.52	
23.	Ilse Verheij	De Rog	NED	200300456	<b>32.50</b>	+0.68	
24.	Michelle van den Hoofdakker	Steenwijk 1934	NED	200302708	<b>32.53</b>	+0.78	
25.	Leonie van Wier	HZ&PC Heerenveen	NED	200200436	<b>32.62</b>	+0.69	
26.	Anique Star	De Columbiaan	NED	200400446	<b>32.72</b>	+0.73	
27.	Noa de Bock	De Duck	NED	200300318	<b>32.74</b>	+0.70	
28.	Iris van Rossum	ACZ	NED	200004858	<b>33.05</b>	+0.73	
29.	Romée Beverdam	WS Twente	NED	200100158	<b>33.26</b>		
30.	Maddy van der Hoeven	ZPC AMERSFOORT	NED	200401298	<b>33.35</b>	+0.72	
31.	Olivia Schalekamp	Oceanus	NED	200203732	<b>33.78</b>	+0.62	
32.	Lieke van Hofwegen	De Rijn	NED	200105144	<b>34.04</b>	+0.67	
33.	Kyra Wesemann	MSV-Zeemacht	NED	200201440	<b>34.22</b>	+0.76	
34.	Kim Rutters	De Kempvis	NED	200302318	<b>34.23</b>	+0.71	
35.	Lieke Stoker	WS Twente	NED	200301412	<b>34.24</b>	+0.80	
36.	Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	<b>34.27</b>	+0.99	
37.	Ilse Valk	Het Ravijn	NED	200000172	<b>34.49</b>	+0.69	
38.	Jet van Oudheusden	ZOB'66	NED	200401012	<b>35.21</b>	+0.83	
39.	Romy Jalving	HZ&PC Heerenveen	NED	200000616	<b>35.60</b>	+0.55	
40.	Noa Boerma	Het Ravijn	NED	200202736	<b>36.72</b>	+0.50	
41.	Sol Terpstra	GoSwim	NED	200300396	<b>36.76</b>		
42.	Ilse Hallie	Octopus - ZVV (SG)	NED	200200128	<b>37.32</b>	+0.73	
43.	Renske Haasbroek	OEZA	NED	200303752	<b>37.96</b>	+0.73	
44.	Esmeralda Elbers	Blue Marlins	NED	200404888	<b>41.44</b>	+0.83	

Programmanr. 39, Dames, 50m vlinderslag

Masters 25+

1.	Selene Wortel	Hieronymus	NED	199700654	<b>29.07</b>	+0.67
2.	Babette van der Kaaij	Blue Marlins	NED	199902234	<b>29.46</b>	+0.65
3.	Britt Bogers	Nuenen	NED	199905072	<b>30.18</b>	+0.70
4.	Celine Schoenmaker	DWK	NED	199801976	<b>30.29</b>	+0.75
5.	Marre Zandringa	Orca	NED	199701136	<b>30.43</b>	+0.73
6.	Marcella van der Ent	De Duck	NED	199600174	<b>30.73</b>	+0.73
7.	Nadja Roovers	Hieronymus	NED	199800798	<b>30.75</b>	+0.69
8.	Karin Groen	ZPC de Kanaalstreek	NED	199502440	<b>30.87</b>	+0.69
9.	Yasmine Bartelds	SBC2000	NED	199604366	<b>31.03</b>	+0.67
10.	Marijke Drent	Bubble	NED	199906232	<b>31.56</b>	+0.80
11.	Selina Janssen	Neptunus'58	NED	199905974	<b>31.86</b>	+0.81
12.	Gaby Zittersteijn	Zuiderzeewimmers	NED	199700104	<b>32.60</b>	+0.72
13.	Rianne Bresser	Poseidon'56	NED	199900690	<b>32.77</b>	+0.76
14.	Kelly de Jonge	Poseidon'56	NED	199701210	<b>32.97</b>	+0.81
15.	Giulia Rolloos	Niemo Barracuda	NED	199500946	<b>32.99</b>	+0.78
16.	Lotte Eising	ZPC AMERSFOORT	NED	199502098	<b>33.49</b>	+0.73
17.	Evelien de Jong	Neptunia '24	NED	199805316	<b>33.59</b>	+0.76
18.	Jet Kleine	MSV-Zeemacht	NED	199903384	<b>33.72</b>	+0.63
	Daphne Dols	ZPC Woerden	NED	199904622	<b>33.72</b>	+0.65
20.	Annemiek Meulenbeld	Orca	NED	199506230	<b>33.74</b>	+0.59
21.	Sabine Lageweg	Steenwijk 1934	NED	199900926	<b>33.82</b>	+0.68
22.	Annemarie ten Have	Zuiderzeewimmers	NED	199802662	<b>33.86</b>	+0.70
23.	Nina Tourton	ZOB'66	NED	199603612	<b>34.02</b>	+0.80
24.	Marleen Hof	WS Twente	NED	199802464	<b>34.09</b>	+0.86
25.	Jelita van Esseveld	ZPC De Zeeuwse Kust	NED	199806716	<b>34.16</b>	+0.60
26.	Dajenne Hurkmans	De Rog	NED	199806662	<b>34.71</b>	+0.73
27.	Sheila ten Voorde	Octopus - ZVV (SG)	NED	199904538	<b>35.06</b>	+0.74
28.	Margien Timmer	ZVL-1886	NED	199506760	<b>36.44</b>	+0.69
29.	Mirte Visser	DAW	NED	199606788	<b>37.03</b>	+0.80
30.	Laura ter Stege	CWW Swim team (SG)	NED	199602364	<b>37.09</b>	+0.74
31.	Dannique Koolen	ZPC AMERSFOORT	NED	199904048	<b>37.42</b>	+0.79
32.	Alies Wagter	Steenwijk 1934	NED	199900840	<b>37.60</b>	+0.83
33.	Coranda Vissers	SBC2000	NED	199705706	<b>37.72</b>	+0.59
34.	Madelon van Uchelen	Hieronymus	NED	199604180	<b>38.06</b>	+0.81
35.	Judith Kleinjan	De Duck	NED	199802710	<b>38.58</b>	+0.88
36.	Cynthia van Veen	ZVL-1886	NED	199606736	<b>39.47</b>	+0.73

Masters 30+

1.	Marcha Admiraal	De Geul	NED	199300012	<b>30.14</b>	+0.80
2.	Denise Boereboom	Niemo Barracuda	NED	199202144	<b>30.48</b>	+0.76
3.	Lisa Klatten	WVZ	NED	199203628	<b>30.64</b>	+0.69
4.	Mariska Scheel	ACZ	NED	199306344	<b>30.82</b>	+0.57
5.	Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374	<b>31.26</b>	+0.68
6.	Miranda Nijenhuis	De Columbiaan	NED	199204076	<b>31.31</b>	+0.77
7.	Elmi Roelofsen	Octopus - ZVV (SG)	NED	199008198	<b>31.39</b>	+0.76
8.	Natasja Snijders	Aqua-Novio '94	NED	199107966	<b>31.67</b>	+0.76
9.	Cindy Hendriks	CWW Swim team (SG)	NED	199207672	<b>31.77</b>	+0.66
10.	Ilona van der Knaap	De Watervogels	NED	199204954	<b>32.40</b>	+0.55
11.	Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>32.49</b>	+0.78
12.	Erika Nyström	HHZV Plons	NED	199407592	<b>32.76</b>	+0.76
13.	Anne Aarts	DES	NED	199207942	<b>33.03</b>	+0.80
14.	Leontine Groeneveldt	De Duck	NED	199303526	<b>33.86</b>	+0.72
15.	Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	<b>34.10</b>	+0.66
16.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	<b>34.42</b>	+0.75
17.	Danila van den Hoogenband	Nuenen	NED	199001558	<b>35.37</b>	+0.86
18.	Maaïke Karsten	Zwemvereniging Hoogland	NED	199103832	<b>35.51</b>	+0.93
19.	Daphne Kievit	ZPC AMERSFOORT	NED	199207058	<b>35.52</b>	+0.68
20.	Adela Vázquez García	ZVL-1886	NED	199307952	<b>35.95</b>	+0.64
21.	Janneke van de Poele	De Duck	NED	199301128	<b>36.45</b>	+0.70
22.	Eline Molle	De Geul	NED	199404276	<b>38.33</b>	+0.87
23.	Wolke Visser	De Otters Het Gooi	NED	199303676	<b>39.36</b>	+0.84
DIS	Getrude Corporaal	Steenwijk 1934	NED	199200380		

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 39, Dames, 50m vlinderslag

Masters 35+

1.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	<b>30.45</b>	+0.70
2.	Anneloes Peulen	Nuene	NED	198502314	<b>30.78</b>	+0.69
3.	Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	<b>32.88</b>	+0.63
4.	Relinda Baas	TriVia	NED	198900144	<b>33.36</b>	+0.75
5.	Monique van Huizen	AZC	NED	198706236	<b>33.80</b>	+0.77
6.	Jolien de Valk	GoSwim	NED	198504268	<b>34.08</b>	+0.92
7.	Lisanne Andeweg	Zuiderzeezwemmers	NED	198800092	<b>35.26</b>	
8.	Desiree Groot	SwimGym	NED	198601310	<b>38.52</b>	+0.50
9.	Ingrid Johannes	De Kempvis	NED	198907370	<b>42.26</b>	+0.69

Masters 40+

1.	Delia Badoux	WVZ	NED	198000042	<b>29.16</b>	+0.70
	<i>Nederlands Masters Record</i>					
2.	Anne-Marie Verschoor-Vos	De Biesboschswemmers	NED	198102300	<b>32.49</b>	+0.77
3.	Miranda Pijnenburg	De Treffers	NED	198301216	<b>32.99</b>	+0.79
4.	Laura Badoux	DAW	NED	198200038	<b>33.02</b>	+0.87
5.	Elke Popma - Blox	Tiamat	NED	198200154	<b>33.72</b>	
6.	Sylvia Reijers	De Gelenberg	NED	198201360	<b>34.48</b>	+0.82
7.	Michelle de Villiers	Hellas-Glana	NED	198302944	<b>35.05</b>	+0.77
8.	Marijn Post	ENC Arnhem	NED	198101194	<b>35.40</b>	+0.88
9.	Tonia Ruybroek	Poseidon'56	NED	198101290	<b>36.10</b>	+0.91
10.	Hoda Elridi	PSV	NED	198102382	<b>40.24</b>	+0.80
11.	Marloes Rebel	WS Twente	NED	198403474	<b>44.67</b>	+0.69

Masters 45+

1.	Katinka van Dongen	ZZ&PC De Devel	NED	197700190	<b>32.05</b>	+0.60
2.	Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>33.30</b>	+0.75
3.	Nathalie Blondeel	Cercle De Natation Sportcity WolBEL	CNSW/004784/77		<b>33.49</b>	+0.54
4.	Chantal Verhoeff	Old Dutch	NED	197900912	<b>34.70</b>	+0.78
5.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	<b>35.87</b>	+0.84
6.	Patricia Brooijmans	Old Dutch	NED	197901608	<b>35.89</b>	+0.68
7.	Rachel Trainor	De Duck	NED	197700670	<b>36.93</b>	+0.83
8.	Monica Korndewal	ZPC AMERSFOORT	NED	197701258	<b>38.35</b>	+0.88
9.	Esther Vergeest	De Rog	NED	197700012	<b>38.79</b>	+0.65
10.	Inge Roskam	De Duinkickers	NED	197801296	<b>40.40</b>	+0.80
11.	Saskia op den Velde	De Duinkickers	NED	197901530	<b>42.94</b>	+0.89
12.	Sandra Van der Helm	De Rog	NED	197801340	<b>45.18</b>	+0.83
DIS	Marian Nederlof	De Geul	NED	197600950		

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 50+

1.	Jeanne Petit	PSV	NED	197001020	<b>32.21</b>	+0.79
2.	Olivia Lorton	Luxembourg Sharks Swimming CLUX	9981		<b>32.26</b>	+0.66
	<i>Luxembourg Masters Record</i>					
3.	Carla Geurts	PSV	NED	197100178	<b>32.84</b>	+0.75
4.	Ilona Hogerheyde	DAW	NED	197400224	<b>34.64</b>	+0.74
5.	Yvette Ratering	CWW Swim team (SG)	NED	197200990	<b>35.10</b>	+0.79
6.	Valérie Rolland	Cercle De Natation Sportcity WolBEL	CNSW/004276/71		<b>35.21</b>	+0.74
7.	Cherry Bas-Ott	DAW	NED	197100464	<b>40.51</b>	+0.76
8.	Nathasja Konijn	GZC Donk	NED	197100992	<b>41.97</b>	+0.86
9.	Ursula Spoelstra-de Groot	WS Twente	NED	197200952	<b>45.90</b>	+0.98

Programmanr. 39, Dames, 50m vlinderslag

Masters 55+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	<b>32.36</b>	+0.77
2.	Allie Price	Bridgend Swim Club	GBR	547582	<b>33.48</b>	+0.64
3.	Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	<b>34.50</b>	+0.80
4.	Jacqueline Tuin	DAW	NED	196600690	<b>37.47</b>	+0.75
5.	Miranda van Leeuwen	MNC Dordrecht	NED	196500180	<b>37.77</b>	
6.	Marijke Campfens	De Geul	NED	196900960	<b>40.08</b>	
7.	Cancia Leirissa	Feijenoord Albion Zwemclub	NED	196700748	<b>44.67</b>	+0.85

Masters 60+

1.	Marjan Remmits-de Lange	ZPC AMERSFOORT	NED	196300518	<b>34.33</b>	+0.83
2.	Wilna Heijman	Steenwijk 1934	NED	196400506	<b>39.72</b>	+0.87
3.	Marijke Kraak-Beckers	Swol 1894	NED	196000240	<b>39.88</b>	+0.85
4.	Margriet Grove-Lingeman	Triton	NED	196200080	<b>39.89</b>	+0.79
5.	Inge Wolfs	HHZV Plons	NED	196000304	<b>40.75</b>	+0.93
6.	Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>42.59</b>	
7.	Lia Bijkerk	GZC Donk	NED	196000014	<b>45.96</b>	+0.98

Masters 65+

1.	Claire Anthony <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity WolBEL	CNSW/001353/57		<b>38.30</b>	+0.81
2.	Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>42.41</b>	+0.84
3.	Hannie Poletiek	TriVia	NED	195900278	<b>46.85</b>	

Masters 70+

1.	Christine Nieuwenhuis	Swol 1894	NED	195100022	<b>39.50</b>	+0.76
2.	Catherine Couquet	CN Plan-les-Ouates	SUI		<b>41.10</b>	+0.83
3.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WolBEL	CNSW/004901/52		<b>51.63</b>	+0.92
DIS	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044		

*AE - De aangegeven zwemslag niet uitgevoerd.*

Masters 75+

1.	Annet Verhoeven - Steggerda <i>Kampioenschapsrecord</i>	De Duinkickers	NED	194600024	<b>1:11.17</b>	+0.93
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5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 29  
23-11-2024 - 17:52

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT	PARA	50m	100m
<b>Masters 20+</b>							
1. Tessa Giele	Feijenoord Albion Zwemclub	NED 200203124	<b>57.24</b>	+0.62		26.72	57.24
<i>Nederlands Masters Record, voor 50, 100m</i>							
2. Manon Compagner	Dedemsvaart-AC	NED 200101710	<b>1:02.39</b>	+0.68		28.30	1:02.39
3. Kim Zwinkels	ZPCH	NED 200300422	<b>1:04.55</b>	+0.75		30.46	1:04.55
4. Silke Molendijk	ZVL-1886	NED 200100178	<b>1:04.66</b>	+0.67		30.25	1:04.66
5. Yara Wentink	OEZA	NED 200403334	<b>1:05.06</b>	+0.77		30.14	1:05.06
6. Christel Brugmans	Hieronymus	NED 200005602	<b>1:08.65</b>	+0.68		31.35	1:08.65
7. Elisa Haverkate	ZPC De Hof	NED 200200266	<b>1:09.56</b>	+0.76		30.61	1:09.56
8. Sophie Stekelenburg	Zwemlust- den Hommel	NED 200400166	<b>1:10.33</b>	+0.76		31.83	1:10.33
9. Lianne Seising	VZC	NED 200002084	<b>1:11.06</b>	+0.73		33.08	1:11.06
10. Eline Hoekstra	OEZA	NED 200301280	<b>1:11.39</b>	+0.78		31.32	1:11.39
11. Amber Hesper	Niemo Barracuda	NED 200202188	<b>1:11.43</b>	+0.75		31.86	1:11.43
12. Esmee Wijnmaalen	De Geul	NED 200100298	<b>1:12.80</b>	+0.73		33.27	1:12.80
13. Esmée van Peer	TriVia	NED 200201114	<b>1:13.74</b>	+0.78		33.30	1:13.74
14. Lianne van Wier	HZ&PC Heerenveen	NED 200200438	<b>1:14.82</b>	+0.67		33.72	1:14.82
15. Jessica Braat	AZC	NED 200205684	<b>1:15.04</b>	+0.70		33.77	1:15.04
16. Noa de Bock	De Duck	NED 200300318	<b>1:15.25</b>	+0.69		35.05	1:15.25
17. Raisa Schasfoort	De Meer	NED 200400294	<b>1:16.22</b>	+0.72		35.08	1:16.22
18. Romée Beverdam	WS Twente	NED 200100158	<b>1:16.84</b>	+0.63		35.70	1:16.84
19. Ilse Valk	Het Ravijn	NED 200000172	<b>1:17.51</b>	+0.69		34.74	1:17.51
20. Maddy van der Hoeven	ZPC AMERSFOORT	NED 200401298	<b>1:18.35</b>	+0.75		35.85	1:18.35
21. Romy Jalving	HZ&PC Heerenveen	NED 200000616	<b>1:20.82</b>	+0.70		35.48	1:20.82
<b>Masters 25+</b>							
1. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	<b>1:03.25</b>	+0.72		29.16	1:03.25
2. Melissa van der Heijden	Niemo Barracuda	NED 199605226	<b>1:08.63</b>	+0.70		32.05	1:08.63
3. Linde Haverkate	ZPC De Hof	NED 199900244	<b>1:09.13</b>	+0.78		32.28	1:09.13
4. Marcella van der Ent	De Duck	NED 199600174	<b>1:09.44</b>	+0.76		31.08	1:09.44
5. Susan Teijken	Nuenen	NED 199504592	<b>1:10.99</b>	+0.79		31.36	1:10.99
6. Kelly de Jonge	Poseidon'56	NED 199701210	<b>1:13.67</b>	+0.82		34.03	1:13.67
7. Jet Kleine	MSV-Zeemacht	NED 199903384	<b>1:15.03</b>	+0.48		34.87	1:15.03
8. Aniek Garritsen	De Jsselmeeuwen	NED 199504290	<b>1:16.25</b>	+0.79		33.33	1:16.25
9. Odette Horster	SBC2000	NED 199900586	<b>1:16.31</b>	+0.57		34.45	1:16.31
10. Jelita van Esseveld	ZPC De Zeeuwse Kust	NED 199806716	<b>1:17.53</b>	+0.59		34.98	1:17.53
11. Iris van der Moolen	De Amstel	NED 199902052	<b>1:19.50</b>	+0.68		35.93	1:19.50
12. Sabine Lageweg	Steenwijk 1934	NED 199900926	<b>1:19.66</b>	+0.68		34.74	1:19.66
<b>Masters 30+</b>							
1. Mariska Scheel	ACZ	NED 199306344	<b>1:08.19</b>	+0.72		31.19	1:08.19
2. Marcha Admiraal	De Geul	NED 199300012	<b>1:08.48</b>	+0.75		32.06	1:08.48
3. Denise Boereboom	Niemo Barracuda	NED 199202144	<b>1:11.19</b>	+0.72		33.51	1:11.19
4. Ilona van der Knaap	De Watervogels	NED 199204954	<b>1:16.06</b>	+0.70		33.74	1:16.06
5. Anne Aarts	DES	NED 199207942	<b>1:17.03</b>			35.98	1:17.03
6. Chantal van der Horst	De Meer	NED 199400616	<b>1:19.60</b>	+0.83		37.62	1:19.60
7. Whitley Rens	De Schotejil	NED 199007520	<b>1:21.27</b>	+0.65		37.03	1:21.27
<b>Masters 35+</b>							
1. Marije Jansen	ZPC AMERSFOORT	NED 198504088	<b>1:11.53</b>	+0.70		32.57	1:11.53
2. Monique van Huizen	AZC	NED 198706236	<b>1:16.92</b>	+0.82		34.83	1:16.92

Programmanr. 29, Dames, 100m vlinderslag

Masters 40+

1. Stephanie Vaernewyck <i>Belgisch Masters Record</i>	MEGA zwemteam	BEL	MEGA/20352/83	<b>1:10.31</b>	+0.85	32.90	1:10.31
2. Roos van Esch	ACZ	NED	198200468	<b>1:12.00</b>	+0.78	33.44	1:12.00
3. Elke Popma - Blox	Tiamat	NED	198200154	<b>1:18.43</b>	+0.72	36.13	1:18.43
4. Michelle de Villiers	Hellas-Glana	NED	198302944	<b>1:22.23</b>	+0.79	37.10	1:22.23

Masters 45+

1. Katinka van Dongen	ZZ&PC De Devel	NED	197700190	<b>1:13.38</b>	+0.75	33.73	1:13.38
2. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>1:17.21</b>	+0.72	35.11	1:17.21
3. Cindy Gootzen-Bulthuis	RZ	NED	197500990	<b>1:17.81</b>	+0.84	36.94	1:17.81
4. Krista de Reus-Trompetter Rachel Trainor	DZ&PC De Duck	NED	197600520 197700670	<b>1:24.64</b> <b>1:24.64</b>	+0.89 +0.68	36.98 38.23	1:24.64 1:24.64

Masters 50+

1. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:13.17</b>	+0.70	34.86	1:13.17
2. Olivia Lorton <i>Luxembourg Masters Record, voor 50, 100m</i>	Luxembourg Sharks Swimming	LUX	ib 9981	<b>1:14.02</b>	+0.69	34.22	1:14.02
3. Sandra Peeters-Wiermans	De Rog	NED	197401032	<b>1:14.47</b>	+0.74	34.26	1:14.47
4. Jeanne Petit	PSV	NED	197001020	<b>1:16.05</b>	+0.77	34.98	1:16.05
5. Valérie Rolland	Cercle De Natation Sportcity	VBELwe	CNSW/004276/71	<b>1:18.94</b>	+0.76	36.50	1:18.94
DIS Bianca Groot	MSV-Zeemacht	NED	197000652				

AF - De aangegeven afstand niet uitgezwommen.

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR	547582	<b>1:18.33</b>	+0.65	35.43	1:18.33
2. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	<b>1:28.98</b>	+0.86	41.31	1:28.98
3. Anita Steijger	WVZ	NED	196500628	<b>1:35.40</b>	+0.91	43.30	1:35.40

Masters 60+

1. Margriet Grove-Lingeman	Triton	NED	196200080	<b>1:30.50</b>	+0.68	41.41	1:30.50
2. Petra Tossings	GZC Donk	NED	196100376	<b>1:32.70</b>	+0.82	43.12	1:32.70
3. Inge Wolfs	HHZV Plons	NED	196000304	<b>1:33.79</b>	+0.94	41.01	1:33.79

Masters 65+

1. Claire Anthony <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity	VBELwe	CNSW/001353/57	<b>1:33.80</b>	+0.80	42.80	1:33.80
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3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 13  
22-11-2024 - 16:47

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Roos Englebert	Hieronymus	NED 200200606	<b>2:27.89</b>	+0.70	32.42	1:10.18	1:48.56	2:27.89
2. Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	<b>2:45.76</b>	+0.68	34.94	1:17.52	2:00.77	2:45.76
3. Esmee Wijnmaalen	De Geul	NED 200100298	<b>2:47.66</b>	+0.73	35.77	1:18.33	2:01.80	2:47.66
4. Romée Beverdam	WS Twente	NED 200100158	<b>2:55.41</b>	+0.91	37.67	1:21.83	2:08.54	2:55.41
5. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>3:22.03</b>	+0.71	43.48	1:35.28	2:28.97	3:22.03
<b>Masters 25+</b>								
1. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	<b>3:01.37</b>	+0.64	35.31	1:19.10	2:08.85	3:01.37
2. Djamari Oetringer	Aqua-Novio '94	NED 199600546	<b>3:31.58</b>	+0.75	42.43	1:35.81	2:33.17	3:31.58
<b>Masters 30+</b>								
1. Lisa Dreesens	Blue Marlins <i>Nederlands Masters Record</i>	NED 199105798	<b>2:24.00</b>	+0.83	30.96	1:07.16	1:45.14	2:24.00
2. Leonie van Noort	WVZ	NED 199301752	<b>2:28.02</b>	+0.84	32.63	1:09.73	1:48.96	2:28.02
3. Melissa Zwaan	DAW	NED 199103666	<b>2:47.28</b>	+0.83	37.08	1:19.68	2:03.07	2:47.28
4. D. van den Hoogenband	Nuene	NED 199001558	<b>3:09.22</b>	+0.79	38.13	1:24.71	2:15.62	3:09.22
5. Daphne Kievit	ZPC AMERSFOORT	NED 199207058	<b>3:12.02</b>	+0.83	39.55	1:27.73	2:19.62	3:12.02
6. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>3:21.82</b>	+0.77	42.54	1:34.19	2:27.45	3:21.82
<b>Masters 35+</b>								
1. Marlijn Hendriksen	DIO	NED 198806828	<b>2:41.42</b>		34.62	1:15.07	1:57.20	2:41.42
2. Maaike van Diggele	De Geul	NED 198700868	<b>3:02.06</b>	+0.92	38.44	1:22.63	2:10.72	3:02.06
<b>Masters 40+</b>								
1. Roos van Esch	ACZ	NED 198200468	<b>2:38.00</b>	+0.82	36.42	1:16.66	1:57.50	2:38.00
2. Ramona Linting	AZC	NED 198301274	<b>2:58.39</b>	+0.66	37.70	1:22.57	2:10.70	2:58.39
3. Linda Hoogendam	WVZ	NED 198300892	<b>3:22.07</b>	+0.85	45.58	1:38.90	2:32.51	3:22.07
<b>Masters 45+</b>								
1. Katinka van Dongen	ZZ&PC De Devel	NED 197700190	<b>2:43.22</b>	+0.78	35.78	1:17.28	2:00.33	2:43.22
2. Liselotte Joling	PSV	NED 197500268	<b>2:43.62</b>	+0.86	36.81	1:17.88	2:00.28	2:43.62
3. Alina Spijkerman	DAW	NED 197701220	<b>3:08.19</b>	+0.78	40.13	1:27.18	2:17.33	3:08.19
4. Leontine Loeber	SwimGym	NED 197701010	<b>3:26.33</b>	+0.96	42.81	1:33.68	2:29.43	3:26.33
5. Saskia op den Velde	De Duinkickers	NED 197901530	<b>3:50.01</b>		47.55	1:43.89	2:45.15	3:50.01
<b>Masters 50+</b>								
1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>2:47.84</b>	+0.93	36.58	1:17.42	2:01.09	2:47.84
2. S. Peeters-Wiermans	De Rog	NED 197401032	<b>2:58.26</b>	+0.78	36.65	1:20.92	2:08.68	2:58.26
DIS Bianca Groot	MSV-Zeemacht	NED 197000652						
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
<b>Masters 55+</b>								
1. Anita Steijger	WVZ	NED 196500628	<b>3:33.15</b>		44.75	1:40.58	2:37.57	3:33.15
2. Iris van Aurich	DWK	NED 196900866	<b>3:33.58</b>	+0.82	47.24	1:41.58	2:38.38	3:33.58
3. K. van Nassau-van den IOld Dutch		NED 196600188	<b>3:35.93</b>	+0.88	48.12	1:42.47	2:39.89	3:35.93

Programmanr. 13, Dames, 200m vlinderslag

Masters 60+

1. Pierrette Michel	Cercle De Natation Sportcity	BELuCNSW/000835/62	<b>3:05.54</b>	+0.95	38.57	1:25.62	2:14.93	3:05.54
<i>Kampioenschapsrecord</i>								
2. M. Grove-Lingeman	Triton	NED 196200080	<b>3:22.11</b>	+0.88	43.08	1:33.38	2:26.99	3:22.11
3. Petra Tossings	GZC Donk	NED 196100376	<b>3:22.18</b>	+0.77	43.22	1:35.01	2:29.33	3:22.18

5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 25  
23-11-2024 - 15:25

Dames, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
<b>Masters 20+</b>								
1. Tessa Giele <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	200203124	<b>59.64</b>	+0.61		27.43	59.64
2. Manon Compagner	Dedemsvaart-AC	NED	200101710	<b>1:06.51</b>	+0.72		28.67	1:06.51
3. Silke Molendijk	ZVL-1886	NED	200100178	<b>1:07.69</b>	+0.72		31.30	1:07.69
4. Julia Notenboom	De Columbiaan	NED	200302596	<b>1:08.04</b>	+0.77		30.95	1:08.04
5. Elisa Haverkate	ZPC De Hof	NED	200200266	<b>1:08.58</b>	+0.74		30.91	1:08.58
6. Christel Brugmans	Hieronymus	NED	200005602	<b>1:09.66</b>	+0.68		31.68	1:09.66
7. Yara Wentink	OEZA	NED	200403334	<b>1:10.18</b>	+0.73		31.43	1:10.18
8. Robin Pienaar	Niemo Barracuda	NED	200102236	<b>1:10.64</b>	+0.78		31.94	1:10.64
9. Leonie van Wier	HZ&PC Heerenveen	NED	200200436	<b>1:10.66</b>	+0.66		32.70	1:10.66
10. Femke-Romy Wiersma	Neptunia '24	NED	200103078	<b>1:11.41</b>	+0.72		32.08	1:11.41
11. Rozemarijn van Haaff	ZOB'66	NED	200201852	<b>1:11.56</b>	+0.55		32.49	1:11.56
12. Sanne Kloezen	Bubble	NED	200204644	<b>1:11.81</b>	+0.76		32.61	1:11.81
13. Lindi Bos	DWK	NED	200101256	<b>1:11.85</b>	+0.74		32.70	1:11.85
14. Irma van der Wulp	WVZ	NED	200401950	<b>1:12.01</b>	+0.76		33.25	1:12.01
15. Babet Kruger	VZC	NED	200003390	<b>1:12.33</b>	+0.81		33.25	1:12.33
16. Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	<b>1:12.62</b>	+0.74		32.26	1:12.62
17. Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	<b>1:12.73</b>	+0.72		34.99	1:12.73
18. Noël Iris Hettinga	Neptunia '24	NED	200002536	<b>1:12.74</b>	+0.76		34.03	1:12.74
19. Romy van der Zwan	Scheldestroom	NED	200403826	<b>1:13.87</b>	+0.73		33.38	1:13.87
20. Isa Warmerdam	Sassenheim	NED	200202516	<b>1:14.27</b>	+0.61		33.52	1:14.27
21. Eline Hoekstra	OEZA	NED	200301280	<b>1:14.43</b>	+0.60		32.40	1:14.43
22. Daniëlle Vis	De Columbiaan	NED	200401044	<b>1:14.78</b>	+0.60		34.92	1:14.78
23. M. van den Hoofdakker	Steenwijk 1934	NED	200302708	<b>1:15.10</b>	+0.83		32.81	1:15.10
24. Noa de Bock	De Duck	NED	200300318	<b>1:15.22</b>	+0.67		34.91	1:15.22
25. Esmee Wijnmaalen	De Geul	NED	200100298	<b>1:15.29</b>	+0.74		33.79	1:15.29
26. Merel van den Heuvel	De Meer	NED	200201784	<b>1:15.72</b>	+0.76		33.00	1:15.72
27. Rose Lether	ENC Arnhem	NED	200403330	<b>1:16.01</b>	+0.70		34.15	1:16.01
28. Olivia Schalekamp	Oceanus	NED	200203732	<b>1:16.39</b>	+0.68		35.82	1:16.39
29. Kim Rutters	De Kempvis	NED	200302318	<b>1:16.77</b>	+0.79		33.72	1:16.77
30. Kyra Wesemann	MSV-Zeemacht	NED	200201440	<b>1:17.01</b>	+0.76		36.39	1:17.01
31. Esmee Kloezen	Bubble	NED	200204646	<b>1:17.04</b>	+0.71		35.81	1:17.04
32. Lonneke van Veen	De Duinkickers	NED	200104170	<b>1:17.69</b>	+0.77		35.51	1:17.69
33. Amber Bellaart	Oceanus	NED	200101260	<b>1:18.06</b>	+0.63		35.76	1:18.06
34. Anneke van der Laan	Orca	NED	200201154	<b>1:18.29</b>	+0.75		37.69	1:18.29
35. Luka Stoker	ZPC de Kanaalstreek	NED	200200558	<b>1:19.17</b>	+0.66		36.50	1:19.17
36. Jessica Braat	AZC	NED	200205684	<b>1:19.84</b>	+0.71		36.69	1:19.84
37. Nina Bellaart	Oceanus	NED	200400756	<b>1:20.44</b>	+0.78		36.42	1:20.44
38. Valerie Bakker	ZVL-1886	NED	200103672	<b>1:21.39</b>	+0.75		37.66	1:21.39
39. Noortje Wijnstekers	De Duinkickers	NED	200301010	<b>1:22.50</b>	+0.87		37.88	1:22.50
40. Daphne van Rees	Octopus - ZVV (SG)	NED	200301766	<b>1:23.64</b>	+0.78		37.49	1:23.64
41. Noa Boerma	Het Ravijn	NED	200202736	<b>1:25.38</b>	+0.69		37.17	1:25.38
DIS Lois Jalving	HZ&PC Heerenveen	NED	200400280					
<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>								

**Masters 25+**

1. Selene Wortel	Hieronymus	NED	199700654	<b>1:06.10</b>	+0.53		30.68	1:06.10
2. Marre Zandringa	Orca	NED	199701136	<b>1:09.07</b>	+0.69		30.53	1:09.07
3. Celine Schoenmaker	DWK	NED	199801976	<b>1:09.94</b>	+0.74		31.58	1:09.94
Melissa van der Heijden	Niemo Barracuda	NED	199605226	<b>1:09.94</b>			32.26	1:09.94
5. Eva van Elsen	ZPC De Zeeuwse Kust	NED	199903026	<b>1:10.12</b>	+0.72		32.81	1:10.12
6. Fiona Meuffels	PSV	NED	199504366	<b>1:11.46</b>	+0.68		33.82	1:11.46
7. Lotte Middelbos	De Schotejil	NED	199900680	<b>1:11.59</b>	+0.76		33.04	1:11.59
8. Alisha Vieira	Blue Marlins	NED	199904554	<b>1:13.17</b>	+0.69		34.21	1:13.17

Programmanr. 25, Dames, 100m wisselslag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Anoeska van de Kraats	DWK	NED	199701284	<b>1:13.61</b>	+0.69		34.33	1:13.61
10. Karin Groen	ZPC de Kanaalstreek	NED	199502440	<b>1:14.19</b>	+0.68		33.94	1:14.19
11. Odette Holster	SBC2000	NED	199900586	<b>1:15.20</b>	+0.66		33.39	1:15.20
12. Chantal Beijer	Team Noord Holland (SG)	NED	199700884	<b>1:15.57</b>	+0.77		35.59	1:15.57
13. Deborah Wissink	ZPC De Hof	NED	199503484	<b>1:16.57</b>	+0.60		35.40	1:16.57
14. Iris van der Moolen	De Amstel	NED	199902052	<b>1:16.93</b>	+0.82		34.33	1:16.93
15. Sabine Lageweg	Steenwijk 1934	NED	199900926	<b>1:16.96</b>	+0.69		35.59	1:16.96
16. Lotte Eising	ZPC AMERSFOORT	NED	199502098	<b>1:17.05</b>	+0.71		34.57	1:17.05
17. Sheila ten Voorde	Octopus - ZVV (SG)	NED	199904538	<b>1:17.12</b>	+0.76		35.72	1:17.12
18. Anne Groen	OEZA	NED	199505996	<b>1:17.23</b>	+0.63		35.72	1:17.23
19. Kirsten Opmeer	ZPC AMERSFOORT	NED	199800014	<b>1:17.28</b>	+0.70		35.69	1:17.28
20. Daphne Dols	ZPC Woerden	NED	199904622	<b>1:17.30</b>	+0.75		35.67	1:17.30
21. Nina Tourton	ZOB'66	NED	199603612	<b>1:18.04</b>	+0.82		35.05	1:18.04
22. Rianne Bresser	Poseidon'56	NED	199900690	<b>1:18.23</b>	+0.78		35.40	1:18.23
23. Kelly Wigleven	Poseidon'56	NED	199500058	<b>1:18.57</b>	+0.80		36.83	1:18.57
24. Evelien de Jong	Neptunia '24	NED	199805316	<b>1:18.61</b>	+0.65		35.34	1:18.61
25. Alies Wagter	Steenwijk 1934	NED	199900840	<b>1:18.80</b>	+0.82		37.20	1:18.80
26. Danique de Vegt	ENC Arnhem	NED	199802692	<b>1:19.66</b>	+0.66		36.70	1:19.66
27. Laura ter Stege	CWW Swim team (SG)	NED	199602364	<b>1:20.15</b>	+0.78		37.03	1:20.15
28. Marlijn van der Zwaluw	De Gelenberg	NED	199700648	<b>1:20.18</b>	+0.81		35.91	1:20.18
29. Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	<b>1:20.87</b>	+0.72		39.95	1:20.87
30. Iris Bastiaansen	De Amstel	NED	199902006	<b>1:21.19</b>	+0.75		36.13	1:21.19
31. Tamara van den Brink	Niemo Barracuda	NED	199804182	<b>1:21.45</b>	+0.71		37.83	1:21.45
32. Esmée Rolloos	Niemo Barracuda	NED	199800056	<b>1:22.00</b>	+0.80		37.86	1:22.00

Masters 30+

1. Denise Boereboom	Niemo Barracuda	NED	199202144	<b>1:09.57</b>	+0.68		31.89	1:09.57
2. Jacyntha Plat	Steenwijk 1934	NED	199002956	<b>1:10.69</b>	+0.60		32.77	1:10.69
3. Elmi Roelofsen	Octopus - ZVV (SG)	NED	199008198	<b>1:13.50</b>	+0.79		33.78	1:13.50
4. Jolanda Post	DIO	NED	199004848	<b>1:13.97</b>	+0.62		33.83	1:13.97
5. Josje van Houwelingen	SBC2000	NED	199001606	<b>1:15.04</b>	+0.67		34.62	1:15.04
6. Ines Muilwijk	MNC Dordrecht	NED	199202858	<b>1:15.20</b>	+0.67		35.64	1:15.20
7. Joanne van Essen	ZPC AMERSFOORT	NED	199303506	<b>1:15.33</b>	+0.77		33.72	1:15.33
8. Wendy de Bruin	ZOB'66	NED	199206320	<b>1:16.49</b>	+0.65		35.14	1:16.49
9. Jisca Majolée	ZPC AMERSFOORT	NED	199403570	<b>1:16.73</b>	+0.83		35.84	1:16.73
10. Cindy Hendriks	CWW Swim team (SG)	NED	199207672	<b>1:16.86</b>	+0.67		34.61	1:16.86
11. Leontine Groeneveldt	De Duck	NED	199303526	<b>1:17.56</b>	+0.61		36.13	1:17.56
12. Marijke Kommers	Niemo Barracuda	NED	199305334	<b>1:18.31</b>	+0.78		37.69	1:18.31
13. Alma Janssen	Z&PC Zegenwerp	NED	199401078	<b>1:19.72</b>	+0.78		36.51	1:19.72
14. Getrude Corporaal	Steenwijk 1934	NED	199200380	<b>1:20.35</b>	+0.82		36.48	1:20.35
15. Esther Kwebeman	TriVia	NED	199106374	<b>1:20.51</b>	+0.84		36.96	1:20.51
16. Whitley Rens	De Schotejil	NED	199007520	<b>1:21.35</b>	+0.75		36.62	1:21.35
17. Joëlle Vaes	DIO	NED	199007576	<b>1:22.78</b>	+0.75		39.22	1:22.78

Masters 35+

1. Monique van Huizen	AZC	NED	198706236	<b>1:13.51</b>	+0.76		34.54	1:13.51
2. Rianne Hofland	Sassenheim	NED	198801820	<b>1:14.72</b>	+0.74		34.45	1:14.72
3. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	<b>1:16.12</b>	+0.80		35.02	1:16.12
4. Relinda Baas	TriVia	NED	198900144	<b>1:16.21</b>	+0.78		35.27	1:16.21
5. Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	<b>1:20.61</b>	+0.86		37.12	1:20.61
6. Suzan Blankestijn	ZVL-1886	NED	198900350	<b>1:21.37</b>	+0.64		37.25	1:21.37
7. Marieke Weering	De Plons	NED	198704550	<b>1:28.46</b>	+0.73		39.96	1:28.46

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	<b>1:08.34</b>	+0.76		30.91	1:08.34
2. Anke Lambooj	AZL	NED	198001182	<b>1:14.41</b>	+0.66		34.87	1:14.41
3. Nadya Putter	ZVVS	NED	198301630	<b>1:15.21</b>	+0.68		34.13	1:15.21
4. Laura Badoux	DAW	NED	198200038	<b>1:15.52</b>	+0.83		35.58	1:15.52
5. Sandra Temmerman	DAW	NED	198001100	<b>1:17.25</b>	+0.80		34.21	1:17.25
6. Roelien Stegeman	Swol 1894	NED	198102350	<b>1:26.33</b>	+0.72		41.27	1:26.33

Programmanr. 25, Dames, 100m wisselslag

Masters 45+

1. Nathalie Blondeel	Cercle De Natation Sportcity VBELwe CNSW/004784/77			<b>1:15.56</b>	+0.65	36.25	1:15.56
2. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	<b>1:17.10</b>	+0.70	34.24	1:17.10
3. Katinka van Dongen	ZZ&PC De Devel	NED	197700190	<b>1:17.31</b>	+0.73	35.61	1:17.31
4. Geraldine Trainor	De Duck	NED	197500544	<b>1:18.51</b>		37.43	1:18.51
5. Patricia Brooijmans	Old Dutch	NED	197901608	<b>1:20.23</b>	+0.69	37.85	1:20.23
6. Marleen Zantingh	Old Dutch	NED	197801378	<b>1:22.89</b>	+0.78	39.09	1:22.89
7. Monica Korndewal	ZPC AMERSFOORT	NED	197701258	<b>1:24.69</b>	+0.87	40.40	1:24.69
8. Leontine Loeber	SwimGym	NED	197701010	<b>1:26.28</b>	+0.91	40.49	1:26.28

Masters 50+

1. Gudule van der Meer <i>Kampioenschapsrecord</i>	PSV	NED	197200396	<b>1:13.92</b>	+0.81	33.97	1:13.92
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>1:14.37</b>	+0.86	34.88	1:14.37
3. Edith Janssen-Koolen	TRB-RES	NED	197300898	<b>1:16.35</b>	+0.73	34.12	1:16.35
4. Inken Wemheuer	Team Noord Holland (SG)	NED	197101016	<b>1:25.55</b>	+0.79	41.61	1:25.55
NG Yvette Ratering	CWW Swim team (SG)	NED	197200990				

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR	547582	<b>1:16.83</b>	+0.65	35.29	1:16.83
2. Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	<b>1:18.63</b>	+0.79	38.41	1:18.63
3. Monique Tuijp	Ed-Vo	NED	196900800	<b>1:18.74</b>	+0.78	36.33	1:18.74
4. Jacqueline Tuin	DAW	NED	196600690	<b>1:22.00</b>	+0.77	38.80	1:22.00
5. Miranda van Leeuwen	MNC Dordrecht	NED	196500180	<b>1:24.01</b>	+0.80	38.66	1:24.01
6. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	<b>1:33.35</b>	+0.91	45.66	1:33.35

Masters 60+

1. Marjan Remmits-de Lange	ZPC AMERSFOORT	NED	196300518	<b>1:18.86</b>	+0.67	37.04	1:18.86
2. Feikje Wittermans	GZC Donk	NED	196400408	<b>1:28.86</b>	+0.92	40.06	1:28.86
3. Marijke Kraak-Beckers	Swol 1894	NED	196000240	<b>1:31.21</b>	+0.69	42.99	1:31.21
4. Yoka de Vegt-van Dijk	ENC Arnhem	NED	196200420	<b>1:35.31</b>	+0.82	44.96	1:35.31
5. Lia Bijkerk	GZC Donk	NED	196000014	<b>1:39.18</b>		47.58	1:39.18
6. Jennie Resink-lindeboom	DWK	NED	196000142	<b>1:43.44</b>		49.19	1:43.44

Masters 65+

1. Linda Wibbelink	Steenwijk 1934	NED	195900158	<b>1:31.53</b>	+0.71	44.33	1:31.53
2. Claire Anthony <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity VBELwe CNSW/001353/57			<b>1:34.87</b>	+0.80	43.55	1:34.87
3. Hannie Poletiek	TriVia	NED	195900278	<b>1:38.47</b>	+0.70	47.21	1:38.47

Masters 70+

1. Christine Nieuwenhuis	Swol 1894	NED	195100022	<b>1:33.95</b>	+0.78	43.86	1:33.95
2. Tineke van Diggelen	ZPCH	NED	195200048	<b>2:01.58</b>		1:01.02	2:01.58

Masters 75+

1. Corrie Verhoeven <i>Kampioenschapsrecord</i>	PSV	NED	194600026	<b>1:47.69</b>	+0.96	52.40	1:47.69
2. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	<b>2:09.42</b>	+0.98	1:04.84	2:09.42

### 3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 7  
22-11-2024 - 13:30

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Michelle van Wijk	WWV Winterswijk	NED 200204746	<b>2:26.57</b>	+0.73	30.31	1:08.20	1:54.20	2:26.57
2. Christel Brugmans	Hieronymus	NED 200005602	<b>2:31.84</b>	+0.71	31.80	1:11.37	1:55.60	2:31.84
3. Esmée van Peer	TriVia	NED 200201114	<b>2:37.15</b>	+0.78	33.65	1:13.71	2:00.42	2:37.15
4. Jolien Wind	ZPC de Kanaalstreek	NED 200100510	<b>2:38.30</b>		35.65	1:17.50	2:02.01	2:38.30
5. Mirelle de Kort	Neptunus'58	NED 200005546	<b>2:40.70</b>	+0.79	35.22	1:17.56	2:03.43	2:40.70
6. Kim de Jong	De Columbiaan	NED 200301026	<b>2:44.54</b>	+0.81	34.13	1:17.47	2:03.90	2:44.54
7. Romée Beverdam	WS Twente	NED 200100158	<b>2:46.92</b>	+0.86	35.43	1:17.88	2:08.28	2:46.92
8. Kyra Wesemann	MSV-Zeemacht	NED 200201440	<b>2:47.20</b>	+0.82	35.64	1:20.34	2:07.53	2:47.20
9. Anneke van der Laan	Orca	NED 200201154	<b>2:50.44</b>	+0.78	35.65	1:23.82	2:09.95	2:50.44
10. Luka Stoker	ZPC de Kanaalstreek	NED 200200558	<b>2:50.53</b>	+0.79	38.13	1:21.79	2:09.45	2:50.53
11. Jessica Braat	AZC	NED 200205684	<b>2:51.41</b>	+0.71	34.66	1:20.19	2:13.30	2:51.41
12. Ilse Hallie	Octopus - ZVV (SG)	NED 200200128	<b>2:54.75</b>	+0.75	38.85	1:22.82	2:14.95	2:54.75
13. Cynthia Koolman	Steenwijk 1934	NED 200300232	<b>2:59.76</b>	+0.66	43.09	1:27.40	2:20.34	2:59.76
DIS Inge Koekoek	DWK	NED 200401648		+0.79				

*RH - Het eindpunt niet in rugligging aangeraakt.*

AFGEM V. van den Bogert Hieronymus NED 200102138

### Masters 25+

1. Angelique van Vark	GZC Donk	NED 199701478	<b>2:23.99</b>	+0.67	31.25	1:08.61	1:51.16	2:23.99
2. Tamara Grove	De Dolfijn	NED 199601266	<b>2:24.06</b>		31.15	1:09.05	1:52.02	2:24.06
3. Anne Noom	Het Y	NED 199800062	<b>2:28.53</b>	+0.66	31.37	1:08.32	1:53.18	2:28.53
4. Fiona Meuffels	PSV	NED 199504366	<b>2:35.24</b>	+0.70	33.67	1:15.21	2:00.07	2:35.24
5. M. van Langevelde	DWK	NED 199803160	<b>2:38.01</b>	+0.77	34.26	1:16.55	2:03.09	2:38.01
6. Larissa Jansen	PSV	NED 199500660	<b>2:42.73</b>	+0.87	34.27	1:17.02	2:04.64	2:42.73
7. IJke Mourits	DAW	NED 199903628	<b>2:44.63</b>	+0.71	35.02	1:20.07	2:05.41	2:44.63
8. Ellen ter Stege	ENC Arnhem	NED 199900604	<b>2:45.68</b>	+0.76	35.92	1:18.18	2:05.80	2:45.68
9. Sabine Lageweg	Steenwijk 1934	NED 199900926	<b>2:49.54</b>	+0.65	34.76	1:20.18	2:09.79	2:49.54
10. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	<b>2:51.18</b>	+0.79	33.94	1:16.06	2:10.83	2:51.18
11. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	<b>2:55.80</b>	+0.93	38.86	1:29.11	2:16.19	2:55.80
12. Lotte Eising	ZPC AMERSFOORT	NED 199502098	<b>2:56.59</b>		35.27	1:17.71	2:10.56	2:56.59
13. Maartje Hids	ZVL-1886	NED 199903042	<b>3:01.85</b>	+0.81	45.18	1:32.20	2:20.22	3:01.85
14. Pauline Scheele	Scheldestroom	NED 199905456	<b>3:10.30</b>	+0.82	40.08	1:29.00	2:24.95	3:10.30
15. Kim van Rossum	SBC2000	NED 199706374	<b>3:33.79</b>		50.94	1:45.94	2:44.19	3:33.79

### Masters 30+

1. Denise Boereboom	Niemo Barracuda	NED 199202144	<b>2:33.13</b>	+0.75	30.93	1:10.84	1:56.43	2:33.13
2. Jacyntha Plat	Steenwijk 1934	NED 199002956	<b>2:38.56</b>		32.90	1:14.84	1:59.92	2:38.56
3. Jisca Majolée	ZPC AMERSFOORT	NED 199403570	<b>2:45.08</b>		35.02	1:18.24	2:06.73	2:45.08
4. Marijke Kommers	Niemo Barracuda	NED 199305334	<b>2:47.38</b>	+0.79	39.94	1:23.77	2:09.89	2:47.38
5. Nienke Smidt	WS Twente	NED 199407596	<b>2:53.70</b>	+0.84	35.91	1:20.92	2:15.17	2:53.70
6. Joëlle Vaes	DIO	NED 199007576	<b>2:53.94</b>	+0.63	38.27	1:22.99	2:12.38	2:53.94
7. Irmgard van Weeghel	ENC Arnhem	NED 199204834	<b>2:59.70</b>	+0.79	41.79	1:27.71	2:19.99	2:59.70
8. Esther Kwebeman	TriVia	NED 199106374	<b>3:00.89</b>	+0.84	38.83	1:25.01	2:17.38	3:00.89
9. Britt Kraaijevanger	HHZV Plons	NED 199206202	<b>3:03.34</b>	+0.86	40.32	1:27.25	2:20.68	3:03.34
10. Marjan Rikken	Octopus - ZVV (SG)	NED 199206114	<b>3:03.66</b>	+0.85	40.89	1:26.43	2:21.31	3:03.66
11. Anouk Bloem	TRB-RES	NED 199000320	<b>3:55.81</b>		55.29	1:52.61	2:59.30	3:55.81
NG Nienke van Zoggel	De Treffers	NED 199004810						



Programmanr. 7, Dames, 200m wisselslag

Masters 35+

1. Monique van Huizen	AZC	NED 198706236	<b>2:43.74</b>		34.34	1:16.30	2:05.74	2:43.74
2. I. van den Wijngaard	ZPC Woerden	NED 198904736	<b>2:45.91</b>	+0.87	35.89	1:17.81	2:07.54	2:45.91
3. Linda van Klei	GZC Donk	NED 198802088	<b>2:46.94</b>	+0.86	36.38	1:20.15	2:07.88	2:46.94
4. S. van der Linden	DIO	NED 198802736	<b>2:50.64</b>	+0.82	37.00	1:21.97	2:09.01	2:50.64
5. Maaïke van Diggele	De Geul	NED 198700868	<b>2:52.13</b>	+0.88	35.93	1:18.89	2:11.40	2:52.13
6. Esther van Maastrigt	Montferland	NED 198802836	<b>2:57.55</b>	+0.74	40.90	1:25.30	2:13.92	2:57.55
7. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	<b>2:57.57</b>	+0.95	38.89	1:25.02	2:15.09	2:57.57
8. Ilana Iskander	Zwemvereniging Hoogland	NED 198907606	<b>3:10.84</b>	+0.76	43.70	1:34.14	2:29.40	3:10.84

Masters 40+

1. Tonia Ruybroek	Poseidon'56	NED 198101290	<b>2:51.23</b>	+0.98	36.99	1:21.27	2:12.20	2:51.23
2. Michelle de Villiers	Hellas-Glana	NED 198302944	<b>3:00.13</b>	+0.63	36.67	1:22.92	2:16.70	3:00.13
3. Angélique Wammes	Zwemvereniging Hoogland	NED 198403604	<b>3:10.65</b>	+0.62	44.45	1:32.63	2:26.38	3:10.65
4. Roelien Stegeman	Swol 1894	NED 198102350	<b>3:12.78</b>	+0.83	43.22	1:32.93	2:26.58	3:12.78
5. Clara Groenhorst	LinK	NED 198202506	<b>3:21.10</b>		43.39	1:33.61	2:31.95	3:21.10

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	<b>2:41.54</b>	+0.85	36.23	1:19.04	2:05.30	2:41.54
2. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	<b>2:43.41</b>	+0.77	36.57	1:20.29	2:07.78	2:43.41
3. Melanie Kuiper	ZIGNEA	NED 197600350	<b>2:55.45</b>	+0.87	39.49	1:23.38	2:17.07	2:55.45
4. Patricia Brooijmans	Old Dutch	NED 197901608	<b>2:55.96</b>	+0.72	37.54	1:24.07	2:17.10	2:55.96
5. Chantal Verhoeff	Old Dutch	NED 197900912	<b>2:58.20</b>		36.09	1:25.03	2:18.55	2:58.20
6. Petra Guijt	Aqua-Novio '94	NED 197600978	<b>3:03.44</b>	+0.88	38.94	1:28.35	2:23.37	3:03.44
7. Leontine Loeber	SwimGym	NED 197701010	<b>3:04.92</b>		40.57	1:28.60	2:21.21	3:04.92
8. Inge Roskam	De Duinkickers	NED 197801296	<b>3:24.47</b>	+0.80	41.91	1:39.33	2:36.72	3:24.47
9. C. van Bruxvoort	Feijenoord Albion Zwemclub	NED 197700138	<b>3:45.18</b>	+0.84	49.14	1:44.32	2:53.08	3:45.18

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	<b>2:44.94</b>	+0.83	35.70	1:19.94	2:06.71	2:44.94
2. Ilona Hogerheyde	DAW	NED 197400224	<b>2:54.08</b>	+0.82	35.83	1:20.84	2:11.88	2:54.08
3. Valérie Rolland	Cercle De Natation Sportcity	BELuCNSW/004276/71	<b>2:55.28</b>	+0.75	35.99	1:19.63	2:13.88	2:55.28
4. Jeanne Petit	PSV	NED 197001020	<b>2:59.23</b>	+0.82	34.48	1:24.47	2:16.75	2:59.23
5. Janine Franssen	Zwemsport Parkstad	NED 197101108	<b>3:02.22</b>	+0.82	38.37	1:24.38	2:18.61	3:02.22
6. B. Hertogh - Buijsse	Scheldestroom	NED 197400910	<b>3:18.47</b>	+0.84	41.87	1:33.00	2:30.60	3:18.47
7. Nathasja Konijn	GZC Donk	NED 197100992	<b>3:27.15</b>		45.16	1:35.75	2:37.65	3:27.15
8. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	<b>3:32.00</b>	+0.87	51.26	1:46.44	2:46.80	3:32.00

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR 547582	<b>2:51.15</b>	+0.74	36.13	1:20.84	2:10.26	2:51.15
2. Iris van Aurich	DWK	NED 196900866	<b>3:00.44</b>	+0.76	43.04	1:28.09	2:19.20	3:00.44
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	<b>3:09.54</b>	+0.84	40.70	1:29.28	2:25.04	3:09.54
4. Anita Steijger	WVZ	NED 196500628	<b>3:14.53</b>	+0.96	43.63	1:33.96	2:29.63	3:14.53
5. K. van Nassau-van den	Old Dutch	NED 196600188	<b>3:22.09</b>	+0.89	47.57	1:42.10	2:36.53	3:22.09
6. Annette van Dok	MSV-Zeemacht	NED 196800742	<b>3:44.41</b>	+0.80	52.33	1:47.05	2:52.07	3:44.41

Masters 60+

1. M. Remmits-de Lange	ZPC AMERSFOORT	NED 196300518	<b>2:51.90</b>	+0.79	35.64	1:21.37	2:11.97	2:51.90
2. Petra Tossings	GZC Donk	NED 196100376	<b>3:12.06</b>	+0.84	41.62	1:32.50	2:28.02	3:12.06
3. Lia Bijkerk	GZC Donk	NED 196000014	<b>3:38.15</b>	+0.99	50.50	1:50.80	2:52.13	3:38.15
NG.ZA Pierrette Michel	Cercle De Natation Sportcity	BELuCNSW/000835/62						

Masters 65+

1. Linda Wibbelink	Steenwijk 1934	NED 195900158	<b>3:27.97</b>	+0.74	47.13	1:43.54	2:43.22	3:27.97
2. Claire Anthony	Cercle De Natation Sportcity	BELuCNSW/001353/57	<b>3:37.15</b>	+0.85	40.22	1:43.76	2:50.92	3:37.15
	<i>Belgisch Masters Record, voor 50, 200m</i>							
3. Hannie Poletiek	TriVia	NED 195900278	<b>3:38.16</b>	+0.93	50.61	1:47.00	2:49.62	3:38.16

Programmanr. 7, Dames, 200m wisselslag

Masters 70+

1. F. Blondeel-Gourmet *50	Cercle De Natation Sportcity	BELuCNSW/004901/52	<b>4:18.14</b>	+0.96	54.23	2:03.05	3:19.29	4:18.14
2. A. Gilding-Tussaud *50	WS Twente	NED 195000038	<b>4:26.20</b>	+0.94	1:07.58	2:10.82	3:25.66	4:26.20

4 - ONMK 2024 kb - Sessie 4

23-11-2024 - 9:30

Programmanr. 17  
23-11-2024 - 11:09

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	tijd	RT	PARA	
<b>Masters 20+</b>						
1.	Roos Englebert	Hieronymus	<b>5:02.61</b>	+0.74		
	50m: 32.53	32.53	150m: 1:49.72	40.04	250m: 3:11.05	42.35
	100m: 1:09.68	37.15	200m: 2:28.70	38.98	300m: 3:54.54	43.49
					350m: 4:29.25	34.71
					400m: 5:02.61	33.36
2.	Eline Hoekstra	OEZA	<b>5:43.92</b>	+0.86		
	50m: 35.37	35.37	150m: 2:00.16	43.05	250m: 3:33.30	50.48
	100m: 1:17.11	41.74	200m: 2:42.82	42.66	300m: 4:24.64	51.34
					350m: 5:04.93	40.29
					400m: 5:43.92	38.99
<b>Masters 25+</b>						
1.	Anne Noom	Het Y	<b>5:10.23</b>	+0.58		
	50m: 32.16	32.16	150m: 1:49.33	39.23	250m: 3:13.15	44.41
	100m: 1:10.10	37.94	200m: 2:28.74	39.41	300m: 3:58.28	45.13
					350m: 4:34.93	36.65
					400m: 5:10.23	35.30
2.	Tamara Grove	De Dolfijn	<b>5:11.31</b>			
	50m: 33.02	33.02	150m: 1:53.26	41.67	250m: 3:17.26	44.01
	100m: 1:11.59	38.57	200m: 2:33.25	39.99	300m: 4:02.21	44.95
					350m: 4:37.23	35.02
					400m: 5:11.31	34.08
3.	Angelique van Vark	GZC Donk	<b>5:13.54</b>	+0.68		
	50m: 33.05	33.05	150m: 1:54.44	41.80	250m: 3:18.79	44.12
	100m: 1:12.64	39.59	200m: 2:34.67	40.23	300m: 4:03.51	44.72
					350m: 4:39.71	36.20
					400m: 5:13.54	33.83
4.	Fiona Meuffels	PSV	<b>5:30.81</b>	+0.67		
	50m: 35.54	35.54	150m: 2:03.48	45.28	250m: 3:30.92	44.45
	100m: 1:18.20	42.66	200m: 2:46.47	42.99	300m: 4:16.90	45.98
					350m: 4:54.20	37.30
					400m: 5:30.81	36.61
5.	Larissa Jansen	PSV	<b>5:48.48</b>	+0.88		
	50m: 37.50	37.50	150m: 2:07.10	45.71	250m: 3:40.62	49.10
	100m: 1:21.39	43.89	200m: 2:51.52	44.42	300m: 4:30.27	49.65
					350m: 5:10.74	40.47
					400m: 5:48.48	37.74
6.	Deborah Wissink	ZPC De Hof	<b>5:55.72</b>	+0.63		
	50m: 37.74	37.74	150m: 2:11.06	46.84	250m: 3:46.35	49.65
	100m: 1:24.22	46.48	200m: 2:56.70	45.64	300m: 4:36.29	49.94
					350m: 5:16.59	40.30
					400m: 5:55.72	39.13
7.	Aniek Garritsen	De IJsselmeeuwen	<b>6:08.84</b>	+0.68		
	50m: 35.91	35.91	150m: 2:05.81	45.50	250m: 3:45.18	54.61
	100m: 1:20.31	44.40	200m: 2:50.57	44.76	300m: 4:40.45	55.27
					350m: 5:24.96	44.51
					400m: 6:08.84	43.88
<b>Masters 30+</b>						
1.	Lisa Dreesens	Blue Marlins	<b>5:06.18</b>	+0.83		
	50m: 31.36	31.36	150m: 1:48.78	40.39	250m: 3:12.30	43.86
	100m: 1:08.39	37.03	200m: 2:28.44	39.66	300m: 3:56.65	44.35
					350m: 4:32.11	35.46
					400m: 5:06.18	34.07
2.	Jacyntha Plat	Steenwijk 1934	<b>5:45.36</b>	+0.75		
	50m: 33.80	33.80	150m: 2:00.61	45.35	250m: 3:32.78	46.48
	100m: 1:15.26	41.46	200m: 2:46.30	45.69	300m: 4:20.54	47.76
					350m: 5:03.79	43.25
					400m: 5:45.36	41.57
3.	Jisca Majolée	ZPC AMERSFOORT	<b>5:56.37</b>	+0.90		
	50m: 36.93	36.93	150m: 2:08.80	48.29	250m: 3:44.76	49.99
	100m: 1:20.51	43.58	200m: 2:54.77	45.97	300m: 4:35.50	50.74
					350m: 5:17.71	42.21
					400m: 5:56.37	38.66
4.	Irmgard van Weeghel	ENC Arnhem	<b>6:17.74</b>	+0.87		
	50m: 42.06	42.06	150m: 2:20.61	47.83	250m: 3:59.43	52.95
	100m: 1:32.78	50.72	200m: 3:06.48	45.87	300m: 4:53.39	53.96
					350m: 5:36.09	42.70
					400m: 6:17.74	41.65
<b>Masters 35+</b>						
1.	Marlijn Hendriksen	DIO	<b>5:37.83</b>	+0.80		
	50m: 34.17	34.17	150m: 1:58.05	44.03	250m: 3:30.93	48.95
	100m: 1:14.02	39.85	200m: 2:41.98	43.93	300m: 4:19.61	48.68
					350m: 4:59.54	39.93
					400m: 5:37.83	38.29

Programmanr. 17, Dames, 400m wisselslag

Masters 40+

1.	Stephanie Vaernewyck <i>Belgisch Masters Record</i>	MEGA zwemteam	BEL	MEGA/20352/83	<b>5:28.16</b>	+0.90		
	50m: 35.48	35.48	150m: 1:58.86	42.40	250m: 3:26.53	45.20	350m: 4:50.67	38.19
	100m: 1:16.46	40.98	200m: 2:41.33	42.47	300m: 4:12.48	45.95	400m: 5:28.16	37.49
2.	Roos van Esch	ACZ	NED	198200468	<b>5:51.82</b>	+0.80		
	50m: 36.50	36.50	150m: 2:04.14	45.26	250m: 3:39.57	50.88	350m: 5:12.57	42.23
	100m: 1:18.88	42.38	200m: 2:48.69	44.55	300m: 4:30.34	50.77	400m: 5:51.82	39.25
3.	Michelle de Villiers	Hellas-Glana	NED	198302944	<b>6:25.58</b>	+0.80		
	50m: 37.08	37.08	150m: 2:13.35	51.14	250m: 3:58.68	56.28	350m: 5:41.45	46.31
	100m: 1:22.21	45.13	200m: 3:02.40	49.05	300m: 4:55.14	56.46	400m: 6:25.58	44.13
4.	Linda Hoogendam	WVZ	NED	198300892	<b>6:50.32</b>	+0.90		
	50m: 43.80	43.80	150m: 2:28.97	51.73	250m: 4:20.15	1:00.99	350m: 6:07.25	46.67
	100m: 1:37.24	53.44	200m: 3:19.16	50.19	300m: 5:20.58	1:00.43	400m: 6:50.32	43.07

Masters 45+

1.	Liselotte Joling	PSV	NED	197500268	<b>5:46.85</b>	+0.86		
	50m: 36.88	36.88	150m: 2:04.75	45.94	250m: 3:38.58	49.50	350m: 5:09.19	39.74
	100m: 1:18.81	41.93	200m: 2:49.08	44.33	300m: 4:29.45	50.87	400m: 5:46.85	37.66
2.	Melanie Kuiper	ZIGNEA	NED	197600350	<b>6:14.07</b>	+0.86		
	50m: 41.43	41.43	150m: 2:17.39	46.71	250m: 3:58.79	55.02	350m: 5:35.73	41.30
	100m: 1:30.68	49.25	200m: 3:03.77	46.38	300m: 4:54.43	55.64	400m: 6:14.07	38.34
3.	Leontine Loeber	SwimGym	NED	197701010	<b>6:37.12</b>	+0.94		
	50m: 41.61	41.61	150m: 2:23.68	50.08	250m: 4:09.52	55.18	350m: 5:52.10	45.40
	100m: 1:33.60	51.99	200m: 3:14.34	50.66	300m: 5:06.70	57.18	400m: 6:37.12	45.02
4.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006	<b>6:42.22</b>			
	50m: 45.20	45.20	150m: 2:33.23	53.48	250m: 4:21.85	54.33	350m: 6:01.50	42.78
	100m: 1:39.75	54.55	200m: 3:27.52	54.29	300m: 5:18.72	56.87	400m: 6:42.22	40.72

Masters 50+

1.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	<b>5:55.88</b>			
	50m: 36.79	36.79	150m: 2:06.89	48.16	250m: 3:44.58	49.73	350m: 5:15.72	40.77
	100m: 1:18.73	41.94	200m: 2:54.85	47.96	300m: 4:34.95	50.37	400m: 5:55.88	40.16
2.	Bianca Groot	MSV-Zeemacht	NED	197000652	<b>6:36.80</b>	+0.81		
	50m: 40.13	40.13	150m: 2:24.25	52.34	250m: 4:13.20	54.30	350m: 5:52.39	43.91
	100m: 1:31.91	51.78	200m: 3:18.90	54.65	300m: 5:08.48	55.28	400m: 6:36.80	44.41
3.	Kathy Van Lindt <i>*100</i>	Cercle De Natation Sportcity WolBEL	CNSW/007949/71	<b>7:34.99</b> *				
	50m: 52.82	52.82	150m: 2:54.19	59.79	250m: 4:57.98	1:02.41	350m: 6:49.01	48.22
	100m: 1:54.40	1:01.58	200m: 3:55.57	1:01.38	300m: 6:00.79	1:02.81	400m: 7:34.99	45.98

Masters 55+

1.	Laura Staal	Oceanus	NED	196700358	<b>6:27.72</b>	+0.84		
	50m: 44.00	44.00	150m: 2:24.14	48.54	250m: 4:05.86	53.91	350m: 5:45.33	43.66
	100m: 1:35.60	51.60	200m: 3:11.95	47.81	300m: 5:01.67	55.81	400m: 6:27.72	42.39
2.	Iris van Aurich	DWK	NED	196900866	<b>6:29.06</b>	+0.86		
	50m: 45.78	45.78	150m: 2:27.74	49.67	250m: 4:08.93	52.54	350m: 5:47.03	44.56
	100m: 1:38.07	52.29	200m: 3:16.39	48.65	300m: 5:02.47	53.54	400m: 6:29.06	42.03
3.	Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	<b>6:41.06</b>	+0.68		
	50m: 41.52	41.52	150m: 2:20.69	51.25	250m: 4:08.86	57.38	350m: 5:54.62	47.59
	100m: 1:29.44	47.92	200m: 3:11.48	50.79	300m: 5:07.03	58.17	400m: 6:41.06	46.44
4.	Anita Steijger	WVZ	NED	196500628	<b>6:54.44</b>	+0.91		
	50m: 43.94	43.94	150m: 2:30.41	53.60	250m: 4:20.34	59.47	350m: 6:08.20	48.64
	100m: 1:36.81	52.87	200m: 3:20.87	50.46	300m: 5:19.56	59.22	400m: 6:54.44	46.24
5.	K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	<b>7:07.25</b>			
	50m: 48.86	48.86	150m: 2:40.09	56.46	250m: 4:32.02	55.96	350m: 6:19.13	50.01
	100m: 1:43.63	54.77	200m: 3:36.06	55.97	300m: 5:29.12	57.10	400m: 7:07.25	48.12

Programmanr. 17, Dames, 400m wisselslag

Masters 60+

1. Pierrette Michel			Cercle De Natation Sportcity WolBEL		CNSW/000835/62				<b>6:02.94</b>		
50m:	38.27	38.27	150m:	2:08.79	44.67	250m:	3:45.85	53.12	350m:	5:21.70	42.02
100m:	1:24.12	45.85	200m:	2:52.73	43.94	300m:	4:39.68	53.83	400m:	6:02.94	41.24
2. Petra Tossings			GZC Donk		NED 196100376				<b>6:44.45</b>		
50m:	43.20	43.20	150m:	2:29.72	53.47	250m:	4:18.42	56.46	350m:	6:01.25	45.48
100m:	1:36.25	53.05	200m:	3:21.96	52.24	300m:	5:15.77	57.35	400m:	6:44.45	43.20

7 - ONMK 2024 kb - Sessie 7

24-11-2024 - 13:30

Programmanr. 43  
24-11-2024 - 17:25

4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging				tijd	RT	PARA
<b>80+, Heren</b>							
1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED		<b>1:37.80</b>	+0.65	
	Jorian Darwinkel	03 +0.65	24.59	Richard Kuipers	97 +0.35	25.16	
	Remco Dijkstra	01 +0.23	24.45	Wouter Zijlstra	04 +0.08	23.60	
2.	Poseidon'56 1	Poseidon'56	NED		<b>1:38.15</b>	+0.69	
	Sam Beer	96 +0.69	26.14	Erik van Gemert	03 +0.39	24.22	
	Gerard Willighagen	01 +0.34	24.10	Ryan van den Ouden	99 +0.18	23.69	
3.	MSV-Zeemacht 2	MSV-Zeemacht	NED		<b>1:43.12</b>	+0.69	
	Jordi de Nijis	98 +0.69	25.88	Liam Wesemann	03 +0.37	27.04	
	Boyd Wijkman	01 +0.49	25.62	Mees Minneboo	02 +0.42	24.58	
NG	ZPC Woerden 1	ZPC Woerden	NED				
<b>100+, Heren</b>							
1.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED		<b>1:29.39</b>	+0.62	
	<i>Nederlands Masters Record, voor startzwemmer en ploeg</i>						
	Thomas Verhoeven	97 +0.62	21.90	Ensgar Kotterink	94 +0.45	22.48	
	Romero Hennep	93 +0.26	23.56	Sean Niewold	02 +0.32	21.45	
2.	Blue Marlins 2	Blue Marlins	NED		<b>1:38.01</b>	+0.73	
	Marc Hoogendam	90 +0.73	27.47	Jay de Vries	04 +0.26	23.10	
	Stefan Petersen	94 +0.25	24.90	Michael Smink	03 +0.35	22.54	
3.	Zuiderzeezwemmers 2	Zuiderzeezwemmers	NED		<b>1:42.51</b>	+0.78	
	Peter de Boer	92 +0.78	25.39	Ilmar Stoop	01 +0.44	26.20	
	Jesse van Dijk	99 +0.22	25.51	Jarick Stoop	96 +0.17	25.41	
4.	ENC Arnhem 2	ENC Arnhem	NED		<b>1:43.08</b>	+0.63	
	Sander de Vrugt	89 +0.63	25.57	Mike Schel	94 +0.31	25.59	
	Mees Laar	96 +0.31	25.99	Wessel Haverkamp	02 +0.26	25.93	
5.	ZOB'66 2	ZOB'66	NED		<b>1:48.32</b>	+0.71	
	Daan Siebenheller	98 +0.71	26.42	Boaz Troost	01 +0.39	28.24	
	Jaimy Voogt	00 +0.65	27.75	Ian van Mullem	96 +0.30	25.91	
<b>120+, Heren</b>							
1.	DAW 1	DAW	NED		<b>1:38.17</b>	+0.74	
	Michel de Maesschalck	91 +0.74	25.82	Luc Mul	02 +0.45	23.44	
	Alex Damen	75 +0.48	26.71	Felix Geenen	95 +0.20	22.20	
2.	ZPCH 1	ZPCH	NED		<b>1:39.10</b>	+0.66	
	Lucas Douwma	04 +0.66	25.44	Ruud Holswilder	78 +0.19	25.27	
	Jasper van Heijst	76 +0.22	24.56	Thomas Vastenhout	02 +0.41	23.83	
3.	ZOB'66 1	ZOB'66	NED		<b>1:42.65</b>	+0.72	
	Niels van der Mast	04 +0.72	25.70	Roderik Meijers	86 +0.30	25.29	
	Nino van Krimpen	00 +0.37	25.00	Nol van Thull	80 +0.34	26.66	
4.	Onderdak 3	Onderdak	NED		<b>1:43.41</b>	+0.86	
	Evert Schietekatte	83 +0.86	27.17	Niek de Ridder	88 +0.28	25.17	
	Simon Edenburg	93 +0.34	25.48	Joeri van Wallenburg	90 +0.44	25.59	
NG	AZC 3	AZC	NED				

Programmanr. 43, 4 x 50m vrije slag

160+, Heren

1. ZVVS 1	ZVVS	NED	<b>1:47.76</b>	+0.81
Paul Brinkman	84 +0.81 26.02	Bas van den Nouwelant	80 +0.40 26.34	
Bram Piederiet	90 +0.34 27.61	Michael van der Reijden	75 +0.36 27.79	
2. Patrick - De Roersoppers (SG) 1 Patrick - De Roersoppers (SG)	NED	<b>1:50.51</b>	+0.69	
Luuk Kresin	03 +0.69 25.54	Jeroen Meuleners	78 +0.45 27.69	
Arno Schrauwen	65 +0.34 31.58	Patrick Creemers	90 +0.27 25.70	
3. Niemo Barracuda 1	Niemo Barracuda	NED	<b>1:54.02</b>	+0.77
Mark Hensen	79 +0.77 26.30	Marco Horneman	80 +0.41 30.11	
André Noordwijk	79 +0.52 30.01	Patrick Paul	78 +0.20 27.60	
4. Steenwijk 1934 3	Steenwijk 1934	NED	<b>2:11.09</b>	+0.82
Rick Driezen	86 +0.82 26.35	Korstiaan de Boer	71 +0.43 31.74	
Maarten Koolman	68 +0.54 46.62	Robert Braad	86 +0.37 26.38	

200+, Heren

1. ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	<b>1:47.34</b>	
Erwin Buijs	78 +0.73 25.82	Johan Remmits	62 +0.37 27.81	
Ron Korzelijs	65 +0.44 29.33	Bas Braun	91 +0.19 24.38	
2. De Rog 2	De Rog	NED	<b>2:01.42</b>	+0.94
Roy Le Clercq	64 +0.94 32.08	Wijnand Vergeest	68 +0.36 30.70	
Frank Van Engelen	67 +0.08 31.38	Arjan Verheij	71 +0.37 27.26	
3. Poseidon'56 2	Poseidon'56	NED	<b>2:06.67</b>	+0.79
Jim Geestman	83 +0.79 26.01	Andre Exter	66 +0.49 40.75	
Marcel Vroegindewei	68 +0.39 28.25	Jan Hakemulder	77 +0.48 31.66	
4. ZVVS 2	ZVVS	NED	<b>2:09.45</b>	+0.70
Grzegorz Kasprzyk	83 +0.70 28.64	Willem Putter	45 +0.61 37.66	
Tibor Papp	72 +0.21 29.39	Jeroen Hoeksel	74 +0.74 33.76	
5. WS Twente 2	WS Twente	NED	<b>2:10.38</b>	+0.82
Jan Willem Heuten	60 +0.82 36.20	Joop Weenink	68 +0.65 33.16	
Jack Barends	62 +0.72 33.93	Laurens Spoelstra	99 +0.68 27.09	

240+, Heren

1. De Rog 1	De Rog	NED	<b>1:52.41</b>	+0.79
Erik Kamphuis	60 +0.79 29.75	Peter Bensen	63 +0.35 26.94	
Rob Spetter	62 +0.22 28.87	Glen Le Clercq	68 +0.42 26.85	
2. CNSW 11	Cercle De Natation Sportcity WolBEL		<b>2:03.76</b>	+0.64
Lionel Godeaux	60 +0.64 27.94	Bruno Nahon	70 31.91	
Olivier Bresoux	69 +0.42 29.91	Philippe Godbille	57 +0.48 34.00	
3. CNSW 12	Cercle De Natation Sportcity WolBEL		<b>2:39.58</b>	+0.74
Antonio Friz	60 +0.74 33.53	Christian Schoenaers	59 +0.83 37.81	
Thierry Schurmans	58 +0.48 33.27	Kevork Boyrazian	44 +0.75 54.97	

80+, Dames

1. DWK 1	DWK	NED	<b>1:54.24</b>	+0.71
Anoeska van de Kraats	97 +0.71 28.98	Lindi Bos	01 +0.26 29.29	
Celine Schoemaker	98 +0.29 27.92	Inge Koekoek	04 +0.47 28.05	
2. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>1:54.35</b>	+0.68
Lianne van Wier	02 +0.68 28.21	Inge Dekker	02 +0.20 28.26	
Romy Jalving	00 +0.43 30.90	Leonie van Wier	02 +0.32 26.98	

Programmanr. 43, 4 x 50m vrije slag

100+, Dames

1. Niemo Barracuda 15	Niemo Barracuda	NED	<b>1:56.98</b>	+0.65
Robin Pienaar	01 +0.65 27.52	Tamara van den Brink	98 +0.46 30.19	
Esmée Rolloos	98 +0.18 31.05	Melissa van der Heijden	96 28.22	
2. Steenwijk 1934 1	Steenwijk 1934	NED	<b>1:59.74</b>	+0.65
Sabine Lageweg	99 +0.65 30.41	Michelle van den Hoofdakker	03 +0.60 28.71	
Nanda Wobben-de Vries	92 +0.41 31.57	Alies Wagter	99 +0.19 29.05	
3. TriVia 2	TriVia	NED	<b>2:00.21</b>	+0.75
Ilse Kramer	04 +0.75 30.90	Relinda Baas	89 +0.29 29.90	
Esther Kwebeman	91 +0.43 32.19	Esmée van Peer	02 +0.30 27.22	
4. Zuiderzeezwemmers 1	Zuiderzeezwemmers	NED	<b>2:01.04</b>	+0.90
Irene Hanse	98 +0.90 31.44	Lisanne Andeweg	88 +0.38 30.79	
Annemarie ten Have	98 +0.09 29.73	Gaby Zittersteijn	97 +0.43 29.08	
5. De Rog 4	De Rog	NED	<b>2:04.70</b>	+0.81
Sandra Van der Helm	78 +0.81 34.76	Dajenne Hurkmans	98 +0.44 30.15	
Vera Vergeest	02 +0.37 31.63	Ilse Verheij	03 +0.44 28.16	
6. ZVL-1886 2	ZVL-1886	NED	<b>2:11.12</b>	+0.76
Cynthia van Veen	96 +0.76 34.40	Adela Vázquez García	93 +0.54 31.55	
Margien Timmer	95 +0.41 32.07	Valerie Bakker	01 +0.69 33.10	
7. Octopus - ZVV (SG) 1	Octopus - ZVV (SG)	NED	<b>2:11.95</b>	+0.39
Monique Kok	86 +0.39 36.97	Ilse Hallie	02 32.95	
Daphne van Rees	03 31.73	Sheila ten Voorde	99 30.30	

120+, Dames

1. ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED	<b>2:00.98</b>	+0.86
Jisca Majolée	94 +0.86 30.74	Lesley Cordial	67 +0.41 29.43	
Mandy Swart	99 +0.42 31.35	Joanne van Essen	93 +0.45 29.46	
2. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>2:01.29</b>	+0.65
Jet Kleine	99 +0.65 31.04	Suzanne Mosch	94 +0.45 30.29	
Bianca Groot	70 +0.43 31.48	Tessa van Dijk-Mosch	91 +0.18 28.48	
3. De Duck 7	De Duck	NED	<b>2:01.83</b>	+0.76
Marcella van der Ent	96 +0.76 28.46	Rachel Trainor	77 +0.32 32.54	
Geraldine Trainor	75 +0.36 31.20	Leontine Groeneveldt	93 +0.66 29.63	
4. Poseidon'56 3	Poseidon'56	NED	<b>2:03.57</b>	+0.76
Rianne Bresser	99 +0.76 29.93	Tonia Ruybroek	81 +0.63 32.53	
Kelly Wiglevan	95 +0.62 32.68	Kelly de Jonge	97 +0.43 28.43	
5. DAW 2	DAW	NED	<b>2:05.83</b>	+0.56
Lianne Dekker	03 +0.56 31.04	Celine Bakker	93 +0.73 32.01	
Marouscha de Vries	99 +0.25 30.69	Alina Spijkerman	77 +0.40 32.09	
6. GoSwim 1	GoSwim	NED	<b>2:27.44</b>	
Linda Kerkmeester	74 41.89	Sol Terpstra	03 32.86	
Joyce Akkersdijk	77 +0.62 41.18	Jolien de Valk	85 31.51	

160+, Dames

1. WVZ 3	WVZ	NED	<b>2:06.58</b>	+0.68
Isabelle Massar	91 +0.68 29.75	Chita van der Goorbergh	68 +0.46 34.21	
Linda Hoogendam	83 +0.57 34.52	Lisa Klatten	92 +0.37 28.10	
2. ZPC AMERSFOORT 6	ZPC AMERSFOORT	NED	<b>2:24.53</b>	+0.88
Petra Casteleijn	66 +0.88 36.57	Angela Giezen	83 +0.41 31.76	
Katrin Glatzer	76 +0.95 43.21	Daphne Kievit	92 +0.48 32.99	
3. DWK 2	DWK	NED	<b>2:25.85</b>	+0.75
Martine Koumassa-Eijsing	85 +0.75 45.38	Iris van Aurich	69 32.25	
Jennie Resink-lindeboom	60 39.47	Moniek van Langevelde	98 +0.56 28.75	
4. Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED	<b>2:27.02</b>	+0.88
Cancia Leirissa	67 +0.88 35.31	Jerianne Gomez	86 +0.41 36.99	
Caroline Kruger	68 +0.45 35.52	Clementine van Bruxvoort	77 +0.38 39.20	



Programmanr. 43, 4 x 50m vrije slag

200+, Dames

1. PSV 1	PSV	NED	<b>1:59.94</b>	+0.82
Janneke Harmsen-Bakker	77 +0.82 28.89	Carla Geurts	71 +0.31 29.26	
Jeanne Petit	70 +0.49 31.64	Gudule van der Meer	72 +0.44 30.15	
2. De Biesboschzwemmers 4	De Biesboschzwemmers	NED	<b>2:02.74</b>	
Annette Wijnja-Visser	67 32.93	Anne-Marie Verschoor-Vos	81 +0.58 29.26	
Johanna van Wijnen	72 0.00 30.35	Marjo Goelema-Koek	69 +0.47 30.20	
3. CNSW 10	Cercle De Natation Sportcity WolBEL		<b>2:13.67</b>	+0.75
Valérie Rolland	71 +0.75 32.29	Claire Anthony	57 +0.56 35.83	
Kathy Van Lindt	71 +0.57 35.97	Nathalie Blondeel	77 +0.31 29.58	
4. Old Dutch 1	Old Dutch	NED	<b>2:18.21</b>	+0.60
Chantal Verhoeff	79 +0.60 31.69	Karin van Nassau-van den Heuvel	66 +0.26 36.79	
Claudy de Ruijter	70 39.07	Patricia Brooijmans	79 +0.20 30.66	
5. Steenwijk 1934 2	Steenwijk 1934	NED	<b>2:20.40</b>	+0.66
Wilna Heijman	64 +0.66 36.62	Leonie Scholten	79 +0.25 37.09	
Linda Wibbelink	59 +0.14 35.84	Getrude Corporaal	92 +0.19 30.85	
6. De Rog 3	De Rog	NED	<b>2:24.33</b>	
Esther Vergeest	77 35.37	Ariane Hamakers	67 +0.63 36.60	
Ageeth Westenbrink	67 +0.64 38.90	Regine Beckers-Stribos	70 +0.54 33.46	
7. ENC Arnhem 1	ENC Arnhem	NED	<b>2:25.83</b>	+0.80
Ilja Janssen	81 +0.80 33.33	Yoka de Vegt-van Dijk	62 +0.82 37.88	
Marijn Post	81 +0.32 32.44	Cora Smulders	66 +0.37 42.18	
8. Swol 1894 9	Swol 1894	NED	<b>2:27.58</b>	+0.87
Marijke Kraak-Beckers	60 +0.87 35.24	Jessica van Velzen	76 +0.57 38.71	
Nicolette Zuidema	75 +0.62 39.29	Roelien Stegeman	81 +0.66 34.34	
9. De Geul 2	De Geul	NED	<b>2:37.80</b>	+0.89
Marijke Campfens	69 +0.89 34.22	Anne Besseling-de Jong	81 +0.62 34.45	
Geerdien Meerwaldt	52 +0.58 54.94	Eline Molle	94 +0.57 34.19	
10. CNSW 9	Cercle De Natation Sportcity WolBEL		<b>2:52.12</b>	
Daniela Macetas	95 34.83	Fernande Blondeel-Gourmet	52 48.06	
Brigitte Dugauquier	55 42.02	Liudmila Skopina	57 47.21	
AFGEM De Duinkickers 1	De Duinkickers	NED		

240+, Dames

1. GZC Donk 2	GZC Donk	NED	<b>2:30.46</b>	+0.84
Feijke Wittermans	64 +0.84 36.65	Nathasja Konijn	71 +0.81 38.45	
Lia Bijkerk	60 +0.61 40.13	Petra Tossings	61 +0.76 35.23	

80+, Gemengd

1. Bubble 1	Bubble	NED	<b>1:44.77</b>	+0.65
Arjan Dekker	00 +0.65 24.78	Hendrik Broekema	00 +0.17 24.22	
Laura Setz	00 +0.67 27.51	Sanne Kloezen	02 +0.55 28.26	
2. ACZ 2	ACZ	NED	<b>1:45.24</b>	+0.64
Saviël Armand	02 +0.64 23.42	Carmen Lems	04 +0.29 28.05	
Robin Schols	04 +0.30 26.15	Mariska Scheel	93 +0.28 27.62	
3. ZVL-1886 1	ZVL-1886	NED	<b>1:49.40</b>	+0.63
Kristien Peeters	97 +0.63 30.10	Silke Molendijk	01 +0.41 27.77	
Robin van Muijen	02 +0.54 26.57	Robin van Beek	97 +0.33 24.96	
4. WVZ 2	WVZ	NED	<b>1:51.25</b>	+0.62
Irma van der Wulp	04 +0.62 28.79	Jasper Breugem	00 +0.41 25.75	
Lauren van IJl	00 +0.26 29.09	Tim van IJl	98 +0.41 27.62	
5. ZOB'66 4	ZOB'66	NED	<b>1:52.27</b>	+0.69
Mart de Koning	02 +0.69 25.99	Jet van Oudheusden	04 +0.49 31.00	
Rozemarijn van Haaff	02 +0.39 28.71	Julian Mes	01 +0.26 26.57	
6. De Columbiaan 2	De Columbiaan	NED	<b>1:52.39</b>	+0.77
Bram Daalman	03 +0.77 27.10	Dave van den Nieuwendijk	01 +0.48 25.61	
Anouk Vis	02 +0.33 29.11	Daniëlle Vis	04 +0.42 30.57	
7. ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	<b>1:56.31</b>	+0.62
Jelle Opmeer	01 +0.62 25.88	Maddy van der Hoeven	04 +0.48 30.23	
Dannique Koolen	99 +0.13 33.61	Martijn Bartels	96 +0.33 26.59	
8. WS Twente 1	WS Twente	NED	<b>2:02.19</b>	+0.57
Marit Gerritsen	02 +0.57 35.57	Lieke Stoker	03 +0.44 31.49	
Lasse Ophuis	04 +0.38 27.51	Cars Wiegmann	94 +0.28 27.62	

Programmanr. 43, 4 x 50m vrije slag

100+, Gemengd

1. De Columbiaan 1	De Columbiaan	NED	<b>1:43.67</b>	+0.65	
Bert Duivenvoorde	97 +0.65	24.91	Miranda Nijenhuis	92 +0.23	27.65
Julia Notenboom	03 +0.35	27.79	Daan Hogerhuis	03 +0.42	23.32
2. Hieronymus 2	Hieronymus	NED	<b>1:46.60</b>	+0.71	
Nadja Roovers	98 +0.71	28.04	Sander van Bentum	96 +0.57	25.95
Selene Wortel	97 +0.35	27.51	Teun van der Schrier	04 +0.39	25.10
3. SBC2000 1	SBC2000	NED	<b>1:52.62</b>	+0.53	
Nick Bongers	98 +0.53	26.41	Coranda Vissers	97 +0.37	33.32
Joey Bartelds	98 +0.19	25.73	Yasmine Bartelds	96	27.16
4. Westland Swimming Stars 2	Westland Swimming Stars	NED	<b>1:53.36</b>	+0.68	
Pieter Broek	77 +0.68	27.37	Kim de Jong	04 +0.44	28.42
Nick Boekestijn	99 +0.48	26.27	Anouk van der Lans	98 +0.40	31.30
5. De Duck 8	De Duck	NED	<b>1:56.53</b>	+0.61	
Jort Vizeé	02 +0.61	26.26	Jesper Oranje	92 +0.43	24.40
Janneke van de Poel	93 +0.52	34.15	Judith Kleinjan	98 +0.57	31.72
6. Blue Marlins 3	Blue Marlins	NED	<b>1:57.35</b>	+0.76	
Alfonso Verkerk	76 +0.76	31.02	Alisha Vieira	99 +0.42	27.80
Berinda van Dijk	01	31.53	Tim Haimé	04 +0.45	27.00
7. De Kempvis 1	De Kempvis	NED	<b>2:05.75</b>	+0.77	
Kien Vuong	95 +0.77	31.06	Ingrid Johannes	89 +0.33	36.07
Kim Rutters	03 +0.37	30.71	Mike Boukes	03 +0.07	27.91

120+, Gemengd

1. Niemo Barracuda 2	Niemo Barracuda	NED	<b>1:42.54</b>	+0.69	
<i>Nederlands Masters Record</i>					
Denise Boereboom	92 +0.69	27.80	Amber Hesper	02 +0.54	27.02
Jeroen Baars	92 +0.33	22.70	Pascal van Haren	87 +0.45	25.02
2. WVZ 1	WVZ	NED	<b>1:46.34</b>	+0.78	
Delia Badoux	80 +0.78	27.77	Tom van Duijn	75 +0.43	27.28
Leonie van Noort	93 +0.34	27.19	Sander Kirillova	98 +0.26	24.10
3. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>1:47.43</b>	+0.72	
Matteo Viani	90 +0.72	24.95	Sophie Stekelenburg	04 +0.23	28.47
Vincent Versteeg	77 +0.18	26.19	Manon Kloosterman	97 +0.23	27.82
4. ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	<b>1:48.87</b>	+0.68	
Jelle Blankestijn	98 +0.68	25.13	Lotte Eising	95 +0.44	29.54
Jenny Bergwerff	72 +0.54	30.59	Darren Chen	00 +0.38	23.61
5. ZZ&PC De Devel 1	ZZ&PC De Devel	NED	<b>1:51.56</b>	+0.62	
Esper Paans	01 +0.62	26.17	Katinka van Dongen	77 +0.38	30.48
Lisa van Milt	92	30.39	Stijn den Otter	02 +0.30	24.52
6. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	<b>1:52.21</b>	+0.70	
Anne-Irene Duchaine	95 +0.70	30.39	Karlo Kok	91 +0.39	28.69
Bas Dries	95 +0.29	23.14	Marloes Manni	90 +0.34	29.99
7. Niemo Barracuda 4	Niemo Barracuda	NED	<b>1:57.19</b>	+0.79	
Marijke Kommers	93 +0.79	31.27	Dennis Dortland	78 +0.10	26.50
Jacoline van den Beukel	91 +0.33	32.05	Robin van Beusekom	92 +0.21	27.37
8. Neptunus'58 1	Neptunus'58	NED	<b>1:58.51</b>	+0.74	
Mirelle de Kort	00 +0.74	29.20	Rob van de Ven	71 +0.58	32.13
Sandra Schellekens	85 +0.35	30.85	Rens Hoogenboom	04 +0.19	26.33
9. Hieronymus 1	Hieronymus	NED	<b>2:01.33</b>	+0.79	
Marjolein Klunne	71 +0.79	32.92	Jordi van Akkeren	96 +0.46	29.33
Madelon van Uchelen	96 +0.11	32.87	Paul Koster	93 +0.33	26.21
10. AZC 2	AZC	NED	<b>2:02.58</b>	+0.74	
Wim de Lange	58 +0.74	33.85	Jessica Braat	02 +0.46	29.82
Monique van Huizen	87 +0.55	29.78	Ardy Zwanenburg	99 +0.16	29.13
11. SwimGym 1	SwimGym	NED	<b>2:03.67</b>	+0.88	
Nick Breukelman	90 +0.88	28.39	Andrea Köhler	76 +0.52	36.54
Desiree Groot	86 +0.30	33.64	Radek Chupka	96 +0.28	25.10
12. PSV 3	PSV	NED	<b>2:08.44</b>	+0.67	
Fiona Meuffels	95 +0.67	28.88	Mike van der Sanden	95 +0.63	37.91
Nanda van Heteren	89 +0.49	32.55	Mark Godwaldt	87 +0.34	29.10
NG Het Ravijn 1	Het Ravijn	NED			

Programmanr. 43, 4 x 50m vrije slag

160+, Gemengd

1. CWW Swim team (SG) 1	CWW Swim team (SG)	NED	<b>1:53.04</b>	+0.69
Mathijs van Dijk	01 +0.69 26.44	Yvette Ratering	72 +0.66 30.46	
Cindy Hendriks	92 +0.46 30.03	Antwan van Engen	71 +0.20 26.11	
2. ACZ 1	ACZ	NED	<b>1:53.76</b>	+0.87
Tjeerd Visser	80 +0.87 27.95	Roos van Esch	82 +0.25 29.55	
Carol Hollemans	69 +0.57 30.33	Kevin Kingma	97 +0.37 25.93	
3. De Geul 1	De Geul	NED	<b>1:57.89</b>	+0.69
Heijmen van Vliet	80 +0.69 28.00	Remco van der Graaf	87 +0.43 29.16	
Marian Nederlof	76 +0.45 32.86	Marcha Admiraal	93 +0.53 27.87	
4. DZ&PC 1	DZ&PC	NED	<b>2:01.72</b>	+0.81
Catherine Hoogeveen	75 +0.81 33.28	Krista de Reus-Trompetter	76 +0.36 30.78	
Peter Meijer	73 +0.22 29.48	Arjen Nieveen	80 +0.42 28.18	
5. ZOB'66 3	ZOB'66	NED	<b>2:06.52</b>	+0.69
Ruben Stolk	90 +0.69 27.53	Nina Tourton	96 +0.34 31.73	
Danielle Schipper	70 +0.57 38.14	Pascal Tourton	66 +0.50 29.12	

200+, Gemengd

1. ZPC AMERSFOORT 1 <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	<b>1:49.11</b>	+0.72
Chester Marsman	69 +0.72 25.93	Marije Jansen	85 +0.26 27.97	
Marjan Remmits-de Lange	63 +0.40 30.58	Jeroen Zelsmann	77 +0.26 24.63	
2. DAW 3	DAW	NED	<b>2:03.62</b>	+0.75
Ilona Hogerheyde	74 +0.75 31.91	Jacqueline Tuin	66 +0.47 31.89	
Hans Schoenmakers	69 +0.41 32.02	Paul Oudendijk	81 +0.34 27.80	
3. GZC Donk 1	GZC Donk	NED	<b>2:14.81</b>	+0.89
Pierre de Groot	64 +0.89 35.80	Christa van Dijk	87 +0.60 32.79	
Peter Coffeng	57 +0.60 35.73	Linda van Klei	88 +0.49 30.49	
4. ZPC De Zeeuwse Kust 5	ZPC De Zeeuwse Kust	NED	<b>2:16.34</b>	+0.93
Marijke van Hoek	58 +0.93 34.99	André Schutte	60 +0.44 35.92	
Jos Vastenhoud	67 +0.42 34.29	Jelita van Esseveld	98 +0.56 31.14	

240+, Gemengd

1. TriVia 1	TriVia	NED	<b>2:11.83</b>	+0.84
Theo Bakker	64 +0.84 29.34	Hannie Poletiek	59 +0.40 37.35	
Margriet Pasma	55 +0.32 36.09	Jeroen Temme	72 +0.49 29.05	

280+, Gemengd

1. PSV 2	PSV	NED	<b>2:27.22</b>	+0.86
Jacco Schaap	74 +0.86 27.18	Corrie Verhoeven	46 +0.53 36.91	
Lottie Geurts	35 +0.91 50.69	Menno Lomans	61 +0.70 32.44	
2. PSV 4	PSV	NED	<b>2:47.11</b>	+0.84
Harold Matla	68 +0.84 28.75	Ineke Brouwers	52 +0.75 51.00	
Carla Hensen	53 +0.73 42.05	Rob Hanou	43 +0.94 45.31	
3. Old Dutch 2	Old Dutch	NED	<b>3:21.65</b>	+0.92
Hans Vloedgraven	64 +0.92 32.77	Marie Smits	38 +0.72 57.00	
Mies Kuipers	58 +0.73 1:01.57	Nico Baay	42 +0.58 50.31	

4 - ONMK 2024 kb - Sessie 4

23-11-2024 - 9:30

Programmanr. 18  
23-11-2024 - 11:41

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA
<b>80+, Heren</b>				
1.	HZ&PC Heerenveen <i>Nederlands Masters Record</i>	<b>3:35.50</b>	+0.63	
	Jorian Darwinkel +0.63 25.22 53.85 Richard Kuipers +0.35 25.91 55.05	Remco Dijkstra +0.31 25.60 55.04 Wouter Zijlstra +0.18 24.38 51.56		
2.	De Columbiaan	<b>3:39.70</b>	+0.72	
	Daan Hogerhuis +0.72 24.30 52.07 Dave van den Nieuwendijk +0.41 26.39 56.89	Jorn Blom +0.38 27.29 56.95 Bert Duivenvoorde +0.47 25.31 53.79		
3.	MSV-Zeemacht 2	<b>3:50.51</b>	+0.68	
	Jordi de Nijs +0.68 26.38 56.94 Boyd Wijkman +0.38 27.52 56.96	Marco van der Wulp +0.86 28.57 1:00.55 Mees Minneboo +0.43 26.35 56.06		
<b>100+, Heren</b>				
1.	ENC Arnhem 2	<b>3:48.81</b>	+0.72	
	Peter Rothengatter +0.72 26.73 56.12 Mees Laar +0.43 28.00 58.59	Sander de Vrugt +0.33 27.10 56.62 Wessel Haverkamp +0.21 27.03 57.48		
2.	De Schotejil 1	<b>3:55.37</b>	+0.71	
	Jacob Mackloet +0.71 26.52 54.97 Niels Albrechts +0.36 29.76 1:02.28	Sybren Groenewegen +0.46 28.22 59.86 David Kievit +0.29 27.82 58.26		
<b>120+, Heren</b>				
1.	ZPCH 1	<b>3:40.28</b>	+0.76	
	Ruud Holswilder +0.76 27.02 55.81 Lucas Douwma +0.29 26.72 55.90	Jasper van Heijst +0.15 26.54 56.06 Thomas Vastenhoust +0.39 24.63 52.51		
2.	VSK Univerzita Brno 1 <i>Czech Masters Record</i>	<b>3:41.12</b>		
	Vojtech Patek +0.67 26.21 54.71 Jan Vencel +0.24 25.53 53.65	Jakub Horacek +0.39 26.19 55.26 Dominik Volavy +0.21 27.17 57.50		
3.	DAW 1	<b>3:42.29</b>	+0.67	
	Luc Mul +0.67 24.91 52.19 Paul Oudendijk +0.35 28.41 1:01.13	Alex Damen +0.34 27.90 58.64 Felix Geenen +0.33 23.97 50.33		
4.	Poseidon'56 1	<b>3:52.04</b>	+0.70	
	John Smit +0.70 27.21 57.07 Jim Geestman +0.43 27.03 56.92	Marcel Vroegindewei +0.47 29.66 1:03.01 Erik van Gemert +0.49 26.63 55.04		
5.	ZVL-1886 2	<b>4:10.34</b>	+0.72	
	Kristiaan Lenos +0.72 27.07 57.06 Ingmar Kooman +0.45 33.54 1:11.87	Guus Hoogduin +0.32 26.91 57.03 Jordy van der Drift +0.23 29.50 1:04.38		
6.	Swol 1894 2	<b>4:16.42</b>	+0.73	
	Huub Scholing +0.73 29.29 1:00.97 Stefan van de Grift +0.33 31.31 1:07.22	Michael van Bekkum +0.48 31.05 1:05.95 Hugo Herbers +0.40 29.19 1:02.28		
<b>160+, Heren</b>				
1.	Niemo Barracuda 7	<b>3:41.77</b>	+0.73	
	Jeroen Baars +0.73 23.95 50.65 Dennis Dortland +0.21 28.18 59.47	Pascal van Haren +0.29 26.40 55.88 Mark Hensen +0.30 26.42 55.77		
2.	Oslo I.L 1 <i>Norwegian Masters Record</i>	<b>3:48.02</b>	+0.79	
	Øivind Martin Hasle +0.79 26.84 55.35 Håkon Skaarud Karlsen +0.08 26.81 56.11	Knut Ivan Rasmussen +0.15 27.86 58.92 Oddvar Sandvin +0.16 27.30 57.64		
3.	Zwemlust- den Hommel 1	<b>3:59.40</b>	+0.75	
	Vincent Versteeg +0.75 27.71 58.22 John Hardeman +0.08 28.93 1:00.89	Nigel Werring +0.33 28.10 1:00.05 Mark Zwart +0.33 28.82 1:00.24		

Programmanr. 18, Heren, 4 x 100m vrije slag, 160+

rang	vereniging				tijd	RT	PARA	
4.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED		<b>4:04.42</b>	+0.70		
	Jorick van Bon	+0.70	27.95	59.72	Ron Korzelius	+0.36	30.28	1:04.17
	Edwin v. Norden	+0.01	28.98	1:02.30	Martijn Bartels	+0.27	27.52	58.23
5.	Steenwijk 1934 3	Steenwijk 1934	NED		<b>4:18.72</b>	+0.89		
	Korstiaan de Boer	+0.89	33.56	1:10.01	Patrick Wobben	+0.69	33.67	1:12.75
	Robert Braad	+0.46	27.10	58.09	Rick Driezen	+0.44	27.00	57.87

200+, Heren

1.	ZOB'66 2	ZOB'66	NED		<b>4:12.65</b>	+0.72		
	Nol van Thull	+0.72	27.19	56.40	Pascal Tourton	+0.19	31.04	1:04.77
	Ingmar de Gelder	+0.58	30.05	1:04.08	Erik Tobé	+0.67	31.89	1:07.40
2.	ZPC De Zeeuwse Kust 2	ZPC De Zeeuwse Kust	NED		<b>4:13.67</b>	+0.76		
	Eelco van Gemert	+0.76	29.83	1:02.35	Sandy Pleyte	+0.49	29.52	1:03.04
	Ronald van Ombergen	+0.18	30.66	1:04.89	Jan Brink	+0.37	29.34	1:03.39
3.	AZC 1	AZC	NED		<b>4:54.26</b>	+0.71		
	Wim de Lange	+0.71	35.73	1:15.83	Patrick Brouwer	+0.66	29.18	1:01.79
	Geza Kaltenecker	+0.58	44.89	1:34.90	Auke Sijperda	+0.85	28.65	1:01.74

240+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog	NED		<b>4:12.71</b>	+0.84		
	Erik Kamphuis	+0.84	32.58	1:05.94	Peter Bensen	+0.28	28.53	1:00.28
	Rob Spetter	+0.41	31.96	1:06.72	Glen Le Clercq	+0.46	27.95	59.77
2.	CNSW 3	Cercle De Natation Sportcity WolBEL			<b>4:43.29</b>			
	Lionel Godeaux	+0.70	30.46	1:04.67	Bruno Nahon	+0.56	34.14	1:10.05
	Olivier Bresoux	+0.44	32.74	1:07.66	Philippe Godbille	+0.56	38.58	1:20.91

280+, Heren

1.	Swol 1894 1 <i>Nederlands Masters Record</i>	Swol 1894	NED		<b>5:37.19</b>	+0.73		
	Jappie Kuiper	+0.73	38.66	1:21.65	Rob Berkhof	+0.79	42.41	1:31.31
	Be van der Ziel	+0.59	43.50	1:33.07	Harry Dokter	+0.56	33.00	1:11.16

80+, Dames

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED		<b>4:07.53</b>	+0.66		
	Leonie van Wier	+0.66	28.74	59.87	Inge Dekker	+0.27	28.78	1:01.45
	Simone Mus	+0.40	30.37	1:04.41	Lianne van Wier	+0.18	28.64	1:01.80
2.	DWK 1	DWK	NED		<b>4:08.87</b>	+0.76		
	Moniek van Langevelde	+0.76	29.64	1:02.86	Inge Koekoek	+0.48	29.55	1:01.62
	Anoeska van de Kraats	+0.38	30.05	1:03.41	Celine Schoenmaker	+0.32	28.98	1:00.98
3.	Bubble 1	Bubble	NED		<b>4:09.56</b>	+0.81		
	Marijke Drent	+0.81	30.00	1:02.43	Esmee Kloezen	+0.35	30.54	1:04.67
	Sanne Kloezen	+0.47	29.32	1:03.82	Laura Setz	+0.69	27.55	58.64
4.	De Columbiaan 1	De Columbiaan	NED		<b>4:14.19</b>	+0.76		
	Julia Notenboom	+0.76	28.56	1:00.86	Daniëlle Vis	+0.32	31.18	1:06.36
	Anouk Vis	+0.48	30.71	1:03.97	Miranda Nijenhuis	+0.38	29.88	1:03.00
5.	ENC Arnhem 1	ENC Arnhem	NED		<b>4:28.60</b>			
	Sanne Landman	+0.78	31.34	1:05.90	Hannah Elting	+0.44	32.60	1:09.68
	Rose Lether	+0.44	31.70	1:06.16	Ellen ter Stege	+0.54	31.59	1:06.86
6.	Steenwijk 1934 1	Steenwijk 1934	NED		<b>4:33.25</b>	+0.84		
	Alies Wagter	+0.84	31.99	1:06.59	Cynthia Koolman	+0.21	34.20	1:11.98
	Michelle van den Hoofdakker	+0.48	31.11	1:05.46	Sabine Lageweg	+0.54	32.48	1:09.22

Programmanr. 18, 4 x 100m vrije slag

100+, Dames

1.	Niemo Barracuda 6	Niemo Barracuda	NED	<b>4:03.53</b>	
	Robin Pienaar	+0.76 28.97 1:00.41	Denise Boereboom	+0.43 29.61 1:02.07	
	Melissa van der Heijden	+0.36 30.16 1:02.08	Amber Hesper	+0.49 28.49 58.97	
2.	Orca 1	Orca	NED	<b>4:22.71</b>	
	Marre Zandringa	+0.69 28.38 1:00.91	Anneke van der Laan	+0.43 32.06 1:08.33	
	Rosalie Baarda	+0.45 31.94 1:07.35	Annemiek Meulenbeld	+0.31 31.03 1:06.12	
3.	Octopus - ZVV (SG) 1	Octopus - ZVV (SG)	NED	<b>4:35.93</b>	
	Sheila ten Voorde	+0.78 32.35 1:08.41	Ellen Rikken	+0.44 34.44 1:13.40	
	Daphne van Rees	+0.57 32.63 1:09.75	Elmi Roelofsen	+0.73 30.77 1:04.37	
4.	ZVL-1886 3	ZVL-1886	NED	<b>4:48.31</b>	+0.70
	Margien Timmer	+0.70 34.06 1:10.84	Suzan Blankestijn	+0.59 34.55 1:12.62	
	Adela Vázquez Garcia	+0.66 33.43 1:12.26	Valerie Bakker	+0.78 34.28 1:12.59	
5.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	<b>4:50.32</b>	+0.73
	Maddy van der Hoeven	+0.73 32.24 1:07.00	Monica Kornewal	+0.47 35.13 1:14.74	
	Catannia Nortan	+0.56 36.74 1:18.82	Michelle van Wijhe	+0.37 33.47 1:09.76	

120+, Dames

1.	De Duck 1	De Duck	NED	<b>4:33.09</b>	+0.77
	Rachel Trainor	+0.77 34.96 1:14.05	Geraldine Trainor	+0.55 33.32 1:10.52	
	Noa de Bock	+0.54 30.36 1:03.36	Marcella van der Ent	+0.42 30.27 1:05.16	
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED	<b>4:35.61</b>	+0.79
	Daphne Kievit	+0.79 33.97 1:11.90	Angela Giezen	+0.37 33.99 1:10.59	
	Jisca Majolée	+0.39 33.42 1:08.72	Kirsten Opmeer	+0.44 31.11 1:04.40	
3.	DIO 1	DIO	NED	<b>4:36.97</b>	+0.73
	Jolanda Post	+0.73 31.24 1:05.00	Ramona Noordermeer	+0.63 35.50 1:15.51	
	Joëlle Vaes	+0.20 34.05 1:12.35	Marijijn Hendriksen	+0.21 30.73 1:04.11	
4.	ZOB'66 1	ZOB'66	NED	<b>4:44.08</b>	+0.64
	Wendy de Bruin	+0.64 32.27 1:06.60	Daniëlle Schipper	+0.43 40.08 1:24.45	
	Rozemarijn van Haaff	+0.48 30.17 1:03.56	Nina Tourton	+0.31 32.84 1:09.47	

160+, Dames

1.	DAW 2	DAW	NED	<b>4:37.23</b>	+0.83
	Agnes van Brug	+0.83 35.33 1:14.13	Laura Badoux	+0.53 31.50 1:06.32	
	Alina Spijkerman	+0.57 33.16 1:09.72	Melissa Zwaan	+0.40 31.58 1:07.06	
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>4:52.57</b>	
	Kyra Wesemann	+0.74 32.11 1:06.11	Annette van Dok	+0.51 42.57 1:30.96	
	Bianca Groot	+0.49 34.10 1:10.99	Tessa van Dijk-Mosch	+0.45 30.99 1:04.51	
3.	Steenwijk 1934 2	Steenwijk 1934	NED	<b>4:54.33</b>	+0.79
	Getrude Corporaal	+0.79 32.17 1:07.83	Leonie Scholten	+0.51 40.01 1:25.69	
	Wilna Heijman	+0.37 37.19 1:16.88	Jacyntha Plat	+0.39 30.80 1:03.93	
4.	Old Dutch 1	Old Dutch	NED	<b>4:54.72</b>	+0.79
	Marleen Zantingh	+0.79 34.84 1:12.91	Chantal Verhoeff	+0.50 33.28 1:10.20	
	Karin van Nassau-van den Heuvel	+0.29 41.25 1:24.62	Patricia Brooijmans	+0.50 32.23 1:06.99	
5.	De Rog 2	De Rog	NED	<b>5:06.49</b>	
	Regine Beckers-Stribos	+0.85 36.86 1:16.56	Esther Vergeest	+0.25 36.66 1:17.76	
	Sandra Van der Helm	+0.42 39.51 1:22.64	Sandra Peeters-Wiermans	+0.56 33.49 1:09.53	

200+, Dames

1.	PSV 1	PSV	NED	<b>4:20.69</b>	+0.82
	Janneke Harmsen-Bakker	+0.82 29.92 1:02.88	Liselotte Joling	+0.62 32.92 1:07.29	
	Gudule van der Meer	+0.48 31.47 1:06.11	Carla Geurts	+0.31 30.70 1:04.41	
2.	CNSW 2	Cercle De Natation Sportcity WolBEL		<b>4:51.65</b>	+0.71
	Valérie Rolland	+0.71 32.97 1:09.02	Pierrette Michel	+0.34 35.62 1:15.64	
	Nathalie Blondeel	+0.28 31.10 1:05.88	Kathy Van Lindt	+0.48 39.94 1:21.11	
3.	De Geul 2	De Geul	NED	<b>5:17.48</b>	
	Marijke Campfens	36.38 1:15.06	Anne Besseling-de Jong	+0.57 37.70 1:16.98	
	Erica Muller	+0.37 43.54 1:32.44	Marian Nedertof	+0.43 34.94 1:13.00	

Programmanr. 18, 4 x 100m vrije slag

240+, Dames

1. Swol 1894 6	Swol 1894	NED	<b>5:31.42</b>	+0.89
Marjan Spoelstra	+0.89 43.62 1:31.36	Marijke Kraak-Beckers	+0.55 36.60	1:17.37
Annet Kootstra	+0.67 39.81 1:24.31	Christine Nieuwenhuis	+0.46 37.01	1:18.38

80+, Gemengd

1. ZVL-1886 1	ZVL-1886	NED	<b>4:00.46</b>	+0.70
Silke Molendijk	+0.70 28.83 1:00.32	Kristien Peeters	+0.30 31.17	1:07.06
Robin van Beek	+0.40 25.81 54.72	Robin van Muijen	+0.46 27.12	58.36
2. De Amstel 1	De Amstel	NED	<b>4:09.24</b>	+0.74
Iris Bastiaansen	+0.74 32.15 1:08.40	Owen Michels	+0.33 27.72	58.64
Iris van der Moolen	+0.26 31.26 1:07.37	Nick Sijmons	+0.18 25.66	54.83

100+, Gemengd

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	<b>3:52.26</b>	+0.73
Matteo Viani	+0.73 26.05 54.55	Sophie Stekelenburg	+0.43 29.12	1:02.06
Fayssal Lantema	+0.39 25.92 54.36	Manon Kloosterman	+0.25 29.18	1:01.29
2. VZC 1	VZC	NED	<b>3:52.41</b>	
Jelle Nap	+0.78 27.07 55.67	Tess Panjer	+0.41 28.61	59.40
Olaf Achterberg	+0.32 26.04 53.75	Babet Kruger	+0.41 30.12	1:03.59
3. ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	<b>3:55.69</b>	+0.70
Tom van Gils	+0.70 29.08 1:01.22	Kirsten Walraven	+0.27 28.84	1:01.52
Eva van Elsen	+0.36 28.02 1:00.88	Kalle van Gemert	+0.13 24.46	52.07
4. Poseidon'56 2	Poseidon'56	NED	<b>4:02.28</b>	+0.67
Sam Beer	+0.67 28.19 59.81	Kelly de Jonge	+0.45 30.21	1:03.84
Rianne Bresser	+0.42 31.12 1:05.57	Ryan van den Ouden	+0.38 24.80	53.06
5. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	<b>4:09.49</b>	
Romy Jalving	+0.69 32.29 1:09.01	Rob van Wier	+0.55 27.99	59.42
Lois Jalving	+0.24 30.03 1:04.18	Casper Tichelaar	+0.36 27.58	56.88
6. Niemo Barracuda 8	Niemo Barracuda	NED	<b>4:22.62</b>	+0.78
Marijke Kommers	+0.78 32.11 1:07.59	Ids de Klerk	+0.51 30.42	1:04.83
Tamara van den Brink	+0.46 32.58 1:08.66	Robin van Beusekom	+0.19 28.91	1:01.54
7. De Kempvis 1	De Kempvis	NED	<b>4:40.94</b>	+0.77
Kim Rutters	+0.77 31.50 1:07.00	Ingrid Johannes	+0.11 38.68	1:21.82
Kien Vuong	+0.39 32.08 1:11.93	Mike Boukes	+0.07 28.44	1:00.19

120+, Gemengd

1. WVZ 1	WVZ	NED	<b>3:47.47</b>	+0.63
Sander Kirillova	+0.63 25.67 54.04	Leonie van Noort	+0.31 27.58	57.83
Delia Badoux	0.00 27.93 59.62	Jasper Breugem	+0.35 26.46	55.98
2. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	<b>3:57.69</b>	+0.62
Anne-Irene Ducheine	+0.62 30.85 1:05.18	Yuri van Omme	+0.35 27.72	58.42
Bas Dries	+0.32 24.42 52.30	Jamilla van Omme - van Veen	+0.54 29.37	1:01.79
3. Aqua-Novio '94 1	Aqua-Novio '94	NED	<b>4:16.78</b>	+0.78
Fedde Beukers	+0.78 28.26 59.53	Steven Uijl	+0.34 26.32	54.79
Petra Guijt	+0.41 33.62 1:10.52	Djamari Oetringer	+0.44 34.39	1:11.94
4. De Schotejil 2	De Schotejil	NED	<b>4:19.89</b>	+0.76
Whitley Rens	+0.76 33.07 1:09.42	Lotte Middelbos	+0.42 30.15	1:05.13
Sven Dubbeld	+0.45 30.23 1:03.41	Frank v.d. Voordt	+0.55 29.75	1:01.93
5. Patrick - De Roersoppers (SG) 1	Patrick - De Roersoppers (SG)	NED	<b>4:20.58</b>	
Martine de Haart	+0.69 34.74 1:13.22	Patrick Creemers	+0.10 27.05	57.44
Pascalie Janssen	34.81 1:14.94	Luuk Kresin	+0.17 26.04	54.98
6. DWK 2	DWK	NED	<b>4:26.71</b>	+0.75
Lindi Bos	+0.75 30.42 1:04.48	Martijn de Jong	+0.31 32.51	1:08.26
Iris van Aurich	+0.32 34.92 1:13.29	Lars Jacobsen	+0.40 28.59	1:00.68
7. De Duck 2	De Duck	NED	<b>4:29.16</b>	+0.85
Judith Kleinjan	+0.85 33.26 1:11.19	Erik Saan	+0.70 32.62	1:09.31
Leontine Groeneveldt	+0.51 32.63 1:08.97	Jort Vizeé	+0.40 28.52	59.69
8. AZC 2	AZC	NED	<b>4:29.30</b>	+0.72
Michael Go	+0.72 32.51 1:10.32	Jessica Braat	+0.28 30.97	1:06.10
Ardy Zwanenburg	+0.39 31.15 1:08.57	Monique van Huizen	+0.47 30.47	1:04.31

Programmanr. 18, Gemengd, 4 x 100m vrije slag, 120+

rang	vereniging				tijd	RT	PARA	
9.	De Geul			NED	<b>4:29.32</b>	+0.74		
	Marcha Admiraal	+0.74	29.51	1:01.18	Eline Molle	+0.52	36.11	1:15.59
	Mitchell van Uitert	+0.51	31.55	1:05.83	Remco van der Graaf	+0.49	31.69	1:06.72
10.	Hieronymus 2			NED	<b>4:33.90</b>	+0.54		
	Sander van Bentum	+0.54	28.11	59.40	Hilly Brugmans	+0.37	39.29	1:23.50
	Teun van der Schrier	+0.32	26.36	55.97	Marjolein Klunne	+0.32	35.05	1:15.03
11.	Team Noord Holland (SG) 1			NED	<b>4:38.71</b>			
	Herma Seubers-Kip		39.16	1:24.46	Michel Wigbers	+0.32	33.25	1:10.28
	Chantal Beijer	+0.25	31.55	1:06.08	Jeffrey Camphens	+0.26	27.50	57.89
12.	WS Twente 1			NED	<b>4:41.78</b>	+0.68		
	Sander Riezebos	+0.68	29.15	1:01.11	Ursula Spoelstra-de Groot	+0.39	40.97	1:29.45
	Romée Beverdam	+0.41	32.74	1:08.91	Cars Wiegmann	+0.06	28.63	1:02.31
13.	Blue Marlins 1			NED	<b>4:51.66</b>	+0.87		
	Esmeralda Elbers	+0.87	39.32	1:25.17	Berinda van Dijk	+0.50	33.75	1:12.03
	Alfonso Verkerk	+0.65	34.23	1:12.94	Marc Hoogendam	+0.17	29.19	1:01.52
NG	ACZ 1			NED				

160+, Gemengd

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED	<b>4:02.09</b>	+0.77		
	Chester Marsman	+0.77	27.50	57.85	Marije Jansen	+0.20	29.22	1:01.75
	Lesley Cordial	+0.54	31.60	1:07.61	Jelle Blankestijn	+0.20	25.54	54.88
2.	Lux Sharks 1	Luxembourg Sharks Swimming CLUX			<b>4:07.24</b>	+0.72		
	<i>Luxembourg Masters Record, voor 50, 100m</i>							
	Miquel Monros Coma	+0.72	27.39	55.20	Olivia Lorton	+0.50	30.88	1:04.68
	Ricardo Nogaroli	+0.42	29.05	1:02.66	Claudia Putzolu	+0.26	30.99	1:04.70
3.	Sassenheim 2	Sassenheim		NED	<b>4:20.70</b>	+0.68		
	Marinka vd Zwet	+0.68	33.45	1:12.05	Casper van den Burgh	+0.53	30.64	1:04.24
	Rianne Hofland	+0.29	30.60	1:04.76	Wesley van der Luit	+0.47	28.72	59.65
4.	PSV 3	PSV		NED	<b>4:22.54</b>	+0.74		
	Jeanne Petit	+0.74	33.33	1:10.62	Jacco Schaap	+0.44	29.64	1:01.86
	Mark Godwaldt	+0.50	30.41	1:04.53	Larissa Jansen	+0.57	32.33	1:05.53
5.	ZVVS 1	ZVVS		NED	<b>4:23.57</b>	+0.75		
	Bas van den Nouwelant	+0.75	28.52	1:00.72	Karin Stein	+0.49	35.61	1:14.37
	Nadya Putter	+0.50	31.34	1:06.28	Grzegorz Kasprzyk	+0.45	29.69	1:02.20
6.	DAW 3	DAW		NED	<b>4:27.81</b>	+0.80		
	Wouter Zijlstra	+0.80	29.95	1:02.58	Maria Antonella Zuccaro	+0.85	32.89	1:08.68
	Dennis Kraakman	+0.40	29.67	1:04.83	Jacqueline Tuin	+0.51	33.58	1:11.72

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	<b>4:09.24</b>	+0.86		
	<i>Nederlands Masters Record</i>							
	Marjan Remmits-de Lange	+0.86	33.04	1:09.19	Lidia v. Bon-Rosenbrand	+0.29	31.55	1:06.69
	Johan Remmits	+0.28	28.98	1:01.16	Darren Chen	+0.45	24.97	52.20
2.	Team Noord Holland (SG) 2	Team Noord Holland (SG)		NED	<b>4:42.44</b>	+0.75		
	Inken Wernheuer	+0.75	33.30	1:10.66	Peter Janssen	+0.87	36.65	1:18.68
	Rene Janssen	+0.51	34.43	1:11.79	Lotte van Gessel	+0.64	29.50	1:01.31
3.	GZC Donk 1	GZC Donk		NED	<b>5:03.95</b>	+0.85		
	Pierre de Groot	+0.85	37.19	1:19.78	Jessica Venema	+0.48	33.51	1:11.47
	Peter Coffeng	+0.52	40.48	1:25.35	Linda van Klei	+0.59	32.00	1:07.35
4.	TriVia 1	TriVia		NED	<b>5:11.88</b>	+0.94		
	Jaap Vis	+0.94	38.76	1:23.68	Rik Stahlie	+0.35	27.60	58.21
	Hannie Poletiek	+0.37	41.86	1:26.70	Margriet Pasma	+0.53	39.26	1:23.29

280+, Gemengd

1.	PSV 2	PSV		NED	<b>5:53.29</b>	+0.82		
	Fred Ketting	+0.82	30.76	1:04.52	Lottie Geurts	+0.78	1:02.52	2:07.59
	Corrie Verhoeven	+0.32	41.57	1:27.70	Menno Lomans	+0.70	34.50	1:13.48



3 - ONMK 2024 kb - Sessie 3

22-11-2024 - 13:30

Programmanr. 15  
22-11-2024 - 17:24

4 x 200m vrije slag

Masters Open  
Resultaten

rang	vereniging					tijd	RT	PARA
<b>100+, Heren</b>								
1.	ENC Arnhem 2	ENC Arnhem	NED			<b>8:43.07</b>	+0.67	
	Wessel Haverkamp	02	+0.67	29.76	1:02.00	1:35.94	2:10.60	2:10.60
	Sander de Vrugt	89	+0.20	28.78	1:00.96	1:34.13	2:06.54	2:06.54
	Mees Laar	96	+0.34	30.40	1:04.76	1:41.44	2:19.05	2:19.05
	Mike Schel	94	+0.42	28.41	1:00.83	1:34.58	2:06.88	2:06.88
2.	De Schotejil 1	De Schotejil	NED			<b>8:48.39</b>	+0.80	
	Sybrn Groenewegen	93	+0.80	30.46	1:03.95	1:38.97	2:13.93	2:13.93
	Sven Dubbeld	96	+0.60	31.41	1:08.05	1:45.88	2:23.26	2:23.26
	David Kievit	99	+0.46	29.49	1:02.41	1:36.52	2:10.06	2:10.06
	Jacob Mackloet	00	+0.32	27.46	58.58	1:30.45	2:01.14	2:01.14
<b>120+, Heren</b>								
1.	WVZ 1	WVZ	NED			<b>8:24.28</b>	+0.83	
	Jordy van Oel	98	+0.83	29.82	1:03.46	1:37.81	2:11.77	2:11.77
	Sander Kirillova	98	+0.34	27.44	58.52	1:30.29	2:01.76	2:01.76
	Ivo Roozeboom	77	+0.53	29.09	1:02.85	1:36.58	2:08.21	2:08.21
	Jasper Breugem	00	+0.60	27.26	58.09	1:30.54	2:02.54	2:02.54
2.	VSK Univerzita Brno 1 <i>Czech Masters Record</i>	VSK Univerzita Brno	CZE			<b>8:45.58</b>	+0.75	
	Vojtech Patek	93	+0.75	29.67	1:01.57	1:33.34	2:05.07	2:05.07
	Jan Vencel	92	+0.25	27.44	58.60	1:30.63	2:01.42	2:01.42
	Lubos Svanda	72	+0.38	32.43	1:10.00	1:48.41	2:24.92	2:24.92
	Dominik Volavy	88	+0.18	29.14	1:01.44	1:37.07	2:14.17	2:14.17
3.	Poseidon'56 1	Poseidon'56	NED			<b>8:49.64</b>	+0.69	
	John Smit	95	+0.69	29.71	1:02.77	1:36.57	2:10.34	2:10.34
	Jim Geestman	83	+0.37	31.14	1:05.92	1:41.53	2:15.16	2:15.16
	Sam Beer	96	+0.41	31.07	1:06.76	1:45.16	2:20.57	2:20.57
	Ryan van den Ouden	99	+0.53	26.96	57.92	1:30.74	2:03.57	2:03.57
4.	AZC 1	AZC	NED			<b>9:07.05</b>	+0.80	
	Jeffrey van 't Schip	91	+0.80	29.37	1:02.61	1:38.23	2:13.85	2:13.85
	Jeroen Matthijssen	91	+0.48	28.26	1:00.68	1:34.86	2:09.15	2:09.15
	Auke Sijperda	99	+0.94	32.26	1:07.96	1:46.19	2:24.42	2:24.42
	Patrick Brouwer	93	+0.53	30.75	1:06.03	1:43.25	2:19.63	2:19.63
<b>160+, Heren</b>								
1.	Oslo I.L 1 <i>Norwegian Masters Record</i>	Oslo I.L	NOR			<b>8:31.31</b>	+0.83	
	Øivind Martin Hasle	77	+0.83	28.98	1:00.43	1:32.90	2:04.89	2:04.89
	Håkon Skaarud Karlsen	79	+0.19	28.83	1:00.54	1:32.12	2:01.84	2:01.84
	Erlend Alstad	67	+0.25	31.64	1:05.66	1:39.80	2:13.43	2:13.43
	Knut Ivan Rasmussen	78	+0.57	30.14	1:03.56	1:37.62	2:11.15	2:11.15
2.	De Biesboschzwemmers 1	De Biesboschzwemmers	NED			<b>9:58.92</b>	+0.89	
	Lars Duijnhouwer	91	+0.89	30.85	1:06.38	1:43.91	2:21.52	2:21.52
	Nico Swart	68	+0.39	33.67	1:13.88	1:56.29	2:37.49	2:37.49
	Wouter van der Stelt	72	+0.27	34.24	1:12.46	1:52.07	2:31.96	2:31.96
	Sander van Tilburg	86	+0.32	33.13	1:10.20	1:49.03	2:27.95	2:27.95
<b>200+, Heren</b>								
1.	ZPC AMERSFOORT 1 <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED			<b>8:41.97</b>		
	Johan Remmits	62	+0.83	30.08	1:04.36	1:40.66	2:17.36	2:17.36
	Chester Marsman	69	+0.46	28.69	1:01.43	1:35.54	2:09.39	2:09.39
	Edwin v. Norden	63	+0.13	31.66	1:07.09	1:43.47	2:19.55	2:19.55
	Darren Chen	00	+0.66	26.72	55.96	1:26.12	1:55.67	1:55.67

Programmanr. 15, Heren, 4 x 200m vrije slag, 200+

rang	vereniging					tijd	RT	PARA
2.	Steenwijk 1934 3	Steenwijk 1934	NED			<b>10:57.72</b>		
	Guido Keutgen	68	+0.79	32.91	1:11.14	1:51.47	2:30.83	2:30.83
	Casper Dollekamp	63	+0.62	37.45	1:20.09	2:05.20	2:49.28	2:49.28
	Korstiaan de Boer	71	+0.12	36.39	1:17.90	2:01.33	2:44.32	2:44.32
	Patrick Wobben	93	+0.62	36.94	1:19.77	2:06.23	2:53.29	2:53.29

240+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog	NED			<b>9:37.42</b>	+0.85	
	Erik Kamphuis	60	+0.85	35.60	1:14.23	1:53.00	2:30.16	2:30.16
	Rob Spetter	62	+0.41	34.55	1:12.93	1:51.94	2:29.71	2:29.71
	Peter Bernsen	63	+0.42	33.66	1:10.17	1:45.23	2:19.28	2:19.28
	Glen Le Clercq	68	+0.58	31.38	1:07.66	1:43.22	2:18.27	2:18.27
2.	PSV 2	PSV	NED			<b>11:40.00</b>	+0.89	
	Harold Matfa	68	+0.89	33.42	1:10.76	1:49.40	2:25.19	2:25.19
	Tom Bandsma	77	+0.89	35.50	1:15.24	1:55.99	2:35.78	2:35.78
	Rob Hanou	43	+0.76	52.54	1:55.98	3:00.52	4:00.58	4:00.58
	Menno Lomans	61	+0.56	35.29	1:15.82	1:57.68	2:38.45	2:38.45

80+, Dames

1.	Bubble 1	Bubble	NED			<b>9:03.40</b>	+0.82	
	Marijke Drent	99	+0.82	30.45	1:03.55	1:37.44	2:11.78	2:11.78
	Esmee Kloezen	02	+0.57	32.20	1:08.63	1:48.05	2:26.48	2:26.48
	Laura Setz	00	+0.69	28.50	1:00.33	1:34.01	2:07.71	2:07.71
	Sanne Kloezen	02	+0.51	30.20	1:04.23	1:40.58	2:17.43	2:17.43
2.	Steenwijk 1934 2	Steenwijk 1934	NED			<b>10:04.68</b>	+0.88	
	Michelle van den Hoofdakker	03	+0.88	33.78	1:11.64	1:51.19	2:28.70	2:28.70
	Sabine Lageweg	99	+0.36	33.62	1:12.70	1:54.44	2:34.84	2:34.84
	Alies Wagter	99	+0.33	33.09	1:10.89	1:50.08	2:28.30	2:28.30
	Cynthia Koolman	03	+0.32	35.06	1:13.53	1:53.45	2:32.84	2:32.84
3.	ENC Arnhem 1	ENC Arnhem	NED			<b>10:23.03</b>		
	Ellen ter Stege	99	+0.80	34.89	1:13.22	1:52.16	2:31.82	2:31.82
	Hannah Eiting	04	+0.54	37.12	1:19.90	2:04.14	2:44.10	2:44.10
	Rose Lether	04	+0.65	34.70	1:12.66	1:51.91	2:29.96	2:29.96
	Irmgard van Weeghel	92	+0.58	35.03	1:14.30	1:55.94	2:37.15	2:37.15

100+, Dames

1.	Niemo Barracuda 5	Niemo Barracuda	NED			<b>9:27.31</b>	+0.68	
	Denise Boereboom	92	+0.68	30.63	1:05.67	1:41.80	2:17.71	2:17.71
	Robin Pienaar	01	+0.24	30.03	1:04.32	1:39.55	2:14.19	2:14.19
	Esmée Rolloos	98	+0.45	33.24	1:11.33	1:50.95	2:30.04	2:30.04
	Marijke Kommers	93	+0.44	33.00	1:09.53	1:47.72	2:25.37	2:25.37
2.	De Geul 1	De Geul	NED			<b>9:48.50</b>	+0.75	
	Faustine Mussig	02	+0.75	32.09	1:08.36	1:45.72	2:22.40	2:22.40
	Isabelle Janssen	00	+0.59	35.15	1:14.47	1:56.41	2:36.86	2:36.86
	Esmee Wijnmaalen	01	+0.50	35.31	1:14.29	1:54.68	2:32.62	2:32.62
	Marcha Admiraal	93	+0.62	30.21	1:04.66	1:40.52	2:16.62	2:16.62

120+, Dames

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED			<b>9:44.04</b>	+0.77	
	Lidia v. Bon-Rosenbrand	70	+0.77	33.82	1:11.78	1:51.43	2:31.36	2:31.36
	Estee Grandidier	99	+0.40	32.72	1:09.79	1:46.97	2:22.83	2:22.83
	Kirsten Opmeer	98	+0.24	32.62	1:08.48	1:45.71	2:23.62	2:23.62
	Jisca Majolée	94	+0.31	32.57	1:09.42	1:47.56	2:26.23	2:26.23
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED			<b>9:58.83</b>		
	Jet Kleine	99	+0.70	33.63	1:10.59	1:48.15	2:25.13	2:25.13
	Suzanne Mosch	94	+0.38	35.37	1:14.65	1:53.91	2:32.94	2:32.94
	Bianca Groot	70	+0.31	34.17	1:12.45	1:52.07	2:31.90	2:31.90
	Kyra Wesemann	02	+0.63	33.51	1:10.67	1:49.40	2:28.86	2:28.86

Programmanr. 15, 4 x 200m vrije slag

160+, Dames

1.	PSV 1	PSV		NED				<b>9:35.86</b>	+0.85
	<i>Nederlands Masters Record</i>								
	Janneke Harmsen-Bakker	77	+0.85	31.37	1:06.73	1:43.21	2:19.14	2:19.14	
	Jeanne Petit	70	+0.57	34.46	1:13.64	1:54.61	2:36.23	2:36.23	
	Liselotte Joling	75	+0.52	33.07	1:09.85	1:46.29	2:52.52	2:52.52	
	Larissa Jansen	95	+0.43	31.94	1:07.19	1:42.52	2:18.97	2:18.97	
2.	GZC Donk 1	GZC Donk		NED				<b>10:41.27</b>	+0.91
	Nathasja Konijn	71	+0.91	41.71	1:28.08	2:16.47	3:06.25	3:06.25	
	Petra Tossings	61	+0.65	39.56	1:23.49	2:08.43	2:52.52	2:52.52	
	Linda van Klei	88	+0.76	34.73	1:12.63	1:53.25	2:33.57	2:33.57	
	Angelique van Vark	97	+0.38	29.82	1:02.78	1:36.15	2:08.93	2:08.93	
3.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub		NED				<b>11:45.13</b>	+0.64
	Guusje van Lent	02	+0.64	30.52	1:05.19	1:40.09	2:13.42	2:13.42	
	Caroline Kruger	68	+0.87	41.88	1:29.92	2:18.15	3:12.59	3:12.59	
	Clementine van Bruxvoort	77	+0.51	43.12	1:32.86	2:26.04	3:20.42	3:20.42	
	Cancia Leirissa	67	+0.61	38.34	1:23.77	2:12.07	2:58.70	2:58.70	

200+, Dames

1.	CNSW 1	Cercle De Natation Sportcity WolBEL						<b>10:40.30</b>	+0.72
	<i>Belgisch Masters Record</i>								
	Valérie Rolland	71	+0.72	35.41	1:13.05	1:51.82	2:30.67	2:30.67	
	Pierrette Michel	62	+0.51	36.40	1:17.88	2:01.07	2:42.75	2:42.75	
	Kathy Van Lindt	71	+0.64	42.13	1:29.05	2:15.56	2:59.38	2:59.38	
	Nathalie Blondeel	77	+0.03	34.12	1:12.22	1:50.79	2:27.50	2:27.50	
2.	De Geul 2	De Geul		NED				<b>11:47.76</b>	+0.82
	Marian Nederlof	76	+0.82	39.18	1:22.31	2:06.33	2:50.58	2:50.58	
	Erica Muller	64	+0.43	44.11	1:34.53	2:28.27	3:21.19	3:21.19	
	Anne Besseling-de Jong	81	+0.85	39.30	1:23.23	2:08.44	2:50.38	2:50.38	
	Marijke Campfens	69	+0.62	37.15	1:18.83	2:02.56	2:45.61	2:45.61	
3.	Steenwijk 1934 1	Steenwijk 1934		NED				<b>12:11.59</b>	+0.76
	Leonie Scholten	79	+0.76	41.43	1:29.63	2:20.53	3:12.15	3:12.15	
	Linda Wibbelink	59	+0.43	41.08	1:26.91	2:13.25	2:57.98	2:57.98	
	Monica Bakker	56	+0.49	44.33	1:34.36	2:26.40	3:18.67	3:18.67	
	Wilma Heijman	64	+0.48	37.67	1:19.40	2:01.69	2:42.79	2:42.79	
4.	De Rog 2	De Rog		NED				<b>12:15.26</b>	+0.90
	Ageeth Westenbrink	67	+0.90	45.06	1:35.78	2:28.91	3:19.82	3:19.82	
	Ariane Hamakers	67	+0.65	42.74	1:32.58	2:24.10	3:15.86	3:15.86	
	Sandra Van der Helm	78	+0.67	42.44	1:29.06	2:17.95	3:07.09	3:07.09	
	Sandra Peeters-Wiermans	74	+0.36	33.79	1:12.29	1:52.99	2:32.49	2:32.49	

240+, Dames

1.	Swol 1894 5	Swol 1894		NED				<b>12:16.71</b>	+0.84
	Marjan Spoelstra	60	+0.84	46.42	1:36.56	2:27.89	3:18.92	3:18.92	
	Annet Kootstra	71	+0.84	41.41	1:26.73	2:14.11	3:01.04	3:01.04	
	Marijke Kraak-Beckers	60	+0.70	38.54	1:22.75	2:08.65	2:55.31	2:55.31	
	Christine Nieuwenhuis	51	+0.57	40.38	1:27.19	2:14.82	3:01.44	3:01.44	

80+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		NED				<b>8:34.70</b>	+0.65
	Jorian Darwinkel	03	+0.65	26.35	57.32	1:30.09	2:02.44	2:02.44	
	Inge Dekker	02	+0.60	31.00	1:05.95	1:43.06	2:19.53	2:19.53	
	Leonie van Wier	02	+0.41	30.06	1:04.19	1:40.85	2:18.39	2:18.39	
	Wouter Zijlstra	04	+0.13	24.99	53.75	1:23.47	1:54.34	1:54.34	
2.	De Columbiaan 1	De Columbiaan		NED				<b>8:58.33</b>	+0.74
	Dave van den Nieuwendijk	01	+0.74	29.15	1:02.36	1:35.64	2:08.48	2:08.48	
	Anouk Vis	02	+0.56	32.46	1:08.74	1:46.17	2:23.69	2:23.69	
	Kim de Jong	03	+0.64	33.34	1:10.29	1:49.56	2:27.39	2:27.39	
	Bert Duivenvoorde	97	+0.61	27.16	56.77	1:27.89	1:58.77	1:58.77	
3.	ZPC AMERSFOORT 3	ZPC AMERSFOORT		NED				<b>9:26.87</b>	+0.84
	Daphne Kievit	92	+0.84	34.94	1:14.20	1:55.13	2:36.47	2:36.47	
	Jorick van Bon	03	+0.08	30.21	1:04.29	1:40.44	2:17.51	2:17.51	
	Maddy van der Hoeven	04	+0.21	34.20	1:12.36	1:52.11	2:31.41	2:31.41	
	Jelle Blankestijn	98	+0.35	27.26	58.57	1:30.48	2:01.48	2:01.48	

Programmanr. 15, 4 x 200m vrije slag

100+, Gemengd

1. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		NED				<b>8:49.79</b>	+0.75
Anne-Irene Duchaine	95	+0.75	31.73	1:07.42	1:44.11	2:20.16	2:20.16	
Bas Dries	95	+0.25	26.78	57.50	1:29.57	2:01.65	2:01.65	
Jeffrey Roest	97	+0.37	30.77	1:04.57	1:39.33	2:12.18	2:12.18	
Jamilla van Omme - van Veen	96	+0.67	30.99	1:05.84	1:41.14	2:15.80	2:15.80	

120+, Gemengd

1. ACZ 1	ACZ		NED				<b>9:25.92</b>	+0.75
Jeroen van Blanken	92	+0.75	30.31	1:05.34	1:42.26	2:18.80	2:18.80	
Roos van Esch	82	+0.43	34.06	1:11.95	1:50.10	2:26.76	2:26.76	
Kevin Kingma	97	+0.65	29.85	1:04.31	1:41.14	2:18.57	2:18.57	
Mariska Scheel	93	+0.46	30.72	1:06.14	1:43.79	2:21.79	2:21.79	
2. Steenwijk 1934 4	Steenwijk 1934		NED				<b>9:27.37</b>	
Jacyntha Plat	90	+0.74	32.50	1:09.81	1:48.95	2:28.11	2:28.11	
Rick Driezen	86	+0.52	31.28	1:04.85	1:39.74	2:14.42	2:14.42	
Robert Braad	86	+0.30	28.97	1:03.19	1:38.22	2:13.01	2:13.01	
Getrude Corporaal	92	+0.40	32.18	1:09.77	1:50.97	2:31.83	2:31.83	
3. ZPC AMERSFOORT 4	ZPC AMERSFOORT		NED				<b>9:47.04</b>	+0.78
Michelle van Wijhe	04	+0.78	34.66	1:14.35	1:56.56	2:38.25	2:38.25	
Ron Korzelius	65	+0.12	32.34	1:09.03	1:47.63	2:24.92	2:24.92	
Mandy Swart	99	+0.21	33.44	1:11.35	1:50.82	2:30.17	2:30.17	
Martijn Bartels	96	+0.26	29.06	1:02.80	1:38.13	2:13.70	2:13.70	
4. ZVL-1886 1 *100m	ZVL-1886		NED				<b>10:16.51</b>	+0.77
Erwin Veenhoven	71	+0.77	36.35	1:16.26	2:00.42	2:43.93	2:43.93	
Adela Vázquez Garcia	93	+0.54	34.27	1:14.51	1:56.72	2:38.28	2:38.28	
Valerie Bakker	01	+0.69	35.92	1:16.67	1:59.21	2:41.40	2:41.40	
Robin van Muijen	02	+0.13	28.47	1:01.27	1:36.24	2:12.90	2:12.90	
5. Zwemvereniging Hoogland 2	Zwemvereniging Hoogland		NED				<b>10:36.72</b>	+0.85
Eric Kalee	90	+0.85	33.21	1:10.11	1:48.28	2:24.83	2:24.83	
Ruben de Boer	93	+0.34	34.61	1:14.11	1:54.94	2:33.98	2:33.98	
Yvette Meijer	97	+0.78	37.56	1:19.48	2:02.26	2:43.70	2:43.70	
Angélique Wammes	84	+0.61	39.94	1:23.48	2:09.40	2:54.21	2:54.21	
6. Scheldestroom 1	Scheldestroom		NED				<b>10:56.49</b>	+0.66
Bianca Hertogh - Buijsse	74	+0.66	38.89	1:25.25	2:14.27	3:02.14	3:02.14	
Pauline Scheele	99	+0.54	40.49	1:27.35	2:15.82	3:02.46	3:02.46	
Thijs Salomé	77	+0.13	32.76	1:12.02	1:55.45	2:37.80	2:37.80	
Roderick van Doeselaar	92	+0.67	29.27	1:02.12	1:37.89	2:14.09	2:14.09	

160+, Gemengd

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel		NED				<b>9:17.98</b>	+0.75
Manon Kloosterman	97	+0.75	30.63	1:04.31	1:39.12	2:13.81	2:13.81	
John Hardeman	66	+0.23	30.58	1:05.29	1:41.02	2:16.33	2:16.33	
Liesbeth van Mill	87	+0.42	35.24	1:14.99	1:56.09	2:36.77	2:36.77	
Vincent Versteeg	77	+0.19	28.86	1:02.11	1:36.64	2:11.07	2:11.07	
2. DAW 1	DAW		NED				<b>9:34.84</b>	+0.78
Alex Damen	75	+0.78	30.52	1:04.59	1:39.69	2:13.93	2:13.93	
Ilona Hogerheyde	74	+0.53	33.65	1:11.21	1:50.05	2:29.24	2:29.24	
Dennis Kraakman	87	+0.50	31.76	1:08.46	1:47.15	2:24.22	2:24.22	
Melissa Zwaan	91	+0.38	32.62	1:09.81	1:48.89	2:27.45	2:27.45	
3. Sassenheim 1	Sassenheim		NED				<b>9:50.87</b>	+0.73
Wesley van der Luit	97	+0.73	31.31	1:05.38	1:39.90	2:13.62	2:13.62	
Casper van den Burgh	72	+0.45	32.05	1:07.23	1:44.07	2:21.00	2:21.00	
Yvonne van Nobelen - Kampschreur	72	+0.19	36.16	1:17.62	2:03.08	2:48.93	2:48.93	
Rianne Hofland	88	+0.38	32.32	1:09.13	1:47.57	2:27.32	2:27.32	
4. WVZ 3	WVZ		NED				<b>9:52.20</b>	+0.78
Irma van der Wulp	04	+0.78	31.56	1:07.38	1:44.00	2:19.78	2:19.78	
Linda Hoogendam	83	+0.45	37.04	1:20.37	2:04.36	2:45.84	2:45.84	
Jan-Willem van den Berg	68	+0.29	29.28	1:03.06	1:38.96	2:14.78	2:14.78	
Arthur van Strien	63	+0.60	33.60	1:10.87	1:50.44	2:31.80	2:31.80	

Programmanr. 15, 4 x 200m vrije slag

200+, Gemengd

1.	Patrick - De Roersoppers (SG) 1 Patrick - De Roersoppers (SG)		NED					<b>10:21.73</b>	+0.97
	Pascalie Janssen	73	+0.97	38.16	1:20.71	2:04.48	2:46.80	2:46.80	
	Martine de Haart	79	+0.22	36.47	1:17.71	2:00.20	2:41.10	2:41.10	
	Jeroen Meuleners	78	+0.41	31.88	1:07.23	1:44.41	2:21.58	2:21.58	
	Arno Schrauwen	65	+0.35	34.53	1:13.54	1:53.65	2:32.25	2:32.25	
2.	DWK 1			NED				<b>10:41.21</b>	
	Jennie Resink-lindeboom	60		44.32	1:33.04	2:22.62	3:10.45	3:10.45	
	Iris van Aurich	69	+0.34	35.01	1:15.58	1:58.33	2:39.43	2:39.43	
	Martijn de Jong	71	+0.48	35.91	1:16.28	1:58.20	2:37.91	2:37.91	
	Jacco Doest	94	+0.73	31.09	1:04.38	1:38.97	2:13.42	2:13.42	
3.	De Rog 3			NED				<b>11:00.84</b>	+0.73
	Wijnand Vergeest	68	+0.73	34.93	1:15.69	1:56.92	2:36.46	2:36.46	
	Regine Beckers-Stribos	70	+0.53	40.61	1:24.42	2:10.88	2:57.57	2:57.57	
	Roy Le Clercq	64	+0.41	35.65	1:16.61	1:59.60	2:41.05	2:41.05	
	Esther Vergeest	77	+0.31	36.95	1:18.90	2:02.51	2:45.76	2:45.76	
4.	Team Noord Holland (SG) 1			NED				<b>11:33.79</b>	+0.77
	Inken Wemheuer	71	+0.77	36.62	1:16.66	1:57.94	2:37.61	2:37.61	
	Hanne Keijzer	85	+0.74	44.80	1:34.93	2:28.08	3:20.14	3:20.14	
	Peter Janssen	62	+0.86	39.26	1:23.69	2:09.18	2:53.69	2:53.69	
	Rene Janssen	57	+0.59	38.62	1:20.24	2:02.46	2:42.35	2:42.35	
5.	AZC 2			NED				<b>11:53.78</b>	+0.74
	Ramona Linting	83	+0.74	34.50	1:12.37	1:52.23	2:32.54	2:32.54	
	Wim de Lange	58	+0.39	38.43	1:21.78	2:07.07	2:53.06	2:53.06	
	Carmen Bootsma	98	+0.36	35.81	1:17.32	1:59.41	2:41.09	2:41.09	
	Geza Kaltenecker	42	+0.64	51.08	1:50.12	2:50.05	3:47.09	3:47.09	
6.	WS Twente 1			NED				<b>13:00.19</b>	+0.96
	Hanneke Heymen	84	+0.96	39.68	1:23.62	2:08.55	2:52.39	2:52.39	
	Jan Willem Heuten	60	+0.55	40.87	1:29.41	2:19.53	3:09.23	3:09.23	
	Antoinette Gilding-Tussaud	50	+0.53	55.42	2:00.23	3:04.10	4:05.94	4:05.94	
	Joop Weenink	68	+0.66	38.93	1:22.07	2:07.73	2:52.63	2:52.63	

240+, Gemengd

1.	TriVia 1			NED				<b>11:45.10</b>	
	Margriet Pasma	55		40.47	1:26.06	2:12.59	2:57.92	2:57.92	
	Jaap Vis	56	+0.37	39.94	1:25.24	2:11.79	2:54.90	2:54.90	
	Hannie Poletiek	59	+0.52	43.71	1:32.73	2:23.86	3:14.48	3:14.48	
	Jeroen Temme	72	+0.53	35.20	1:15.78	1:57.60	2:37.80	2:37.80	

5 - ONMK 2024 kb - Sessie 5

23-11-2024 - 13:30

Programmanr. 30  
23-11-2024 - 18:11

4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA	
<b>80+, Heren</b>					
1.	<b>HZ&amp;PC Heerenveen 1</b> Richard Kuipers Jorian Darwinkel	<b>HZ&amp;PC Heerenveen</b> 97 +0.71 28.97 03 +0.24 30.79	<b>NED</b> Remco Dijkstra Wouter Zijlstra	<b>1:50.40</b> 01 +0.42 27.04 04 +0.16 23.60	+0.71
2.	<b>MSV-Zeemacht 2</b> Marco van der Wulp Liam Wesemann	<b>MSV-Zeemacht</b> 03 +0.68 31.81 03 +0.35 32.22	<b>NED</b> Jordi de Nijs Boyd Wijckman	<b>1:56.56</b> 98 +0.38 27.20 01 +0.52 25.33	+0.68
3.	<b>De Schotejil 1</b> David Kievit Sven Dubbeld	<b>De Schotejil</b> 99 +0.85 30.72 96 +0.49 37.05	<b>NED</b> Jens Kooijman Jacob Mackloet	<b>2:01.76</b> 02 +0.48 29.23 00 +0.07 24.76	+0.85
<b>100+, Heren</b>					
1.	<b>Blue Marlins 1</b> <i>Nederlands Masters Record, voor startzwemmer en ploeg</i> Jay de Vries Stefan Petersen	<b>Blue Marlins</b> 04 +0.60 25.33 94 +0.38 29.46	<b>NED</b> Michael Smink Marc Hoogendam	<b>1:45.90</b> 03 +0.35 23.44 90 +0.39 27.67	+0.60
2.	<b>ZPC AMERSFOORT 3</b> Jelle Blankestijn Jelle Opmeer	<b>ZPC AMERSFOORT</b> 98 +0.70 29.66 01 +0.24 31.02	<b>NED</b> Darren Chen Bas Braun	<b>1:50.94</b> 00 +0.30 25.83 91 +0.32 24.43	+0.70
3.	<b>ZOB'66 1</b> Nino van Krimpen Mart de Koning	<b>ZOB'66</b> 00 +0.69 29.74 02 +0.26 31.43	<b>NED</b> Daan Siebenheller Nol van Thull	<b>1:53.99</b> 98 +0.38 27.82 80 +0.38 25.00	+0.69
4.	<b>ENC Arnhem 2</b> Mike Schel Sander de Vrugt	<b>ENC Arnhem</b> 94 +0.73 30.01 89 +0.44 31.26	<b>NED</b> Wessel Haverkamp Peter Rothengatter	<b>1:54.18</b> 02 +0.45 28.32 97 +0.17 24.59	+0.73
5.	<b>ZOB'66 2</b> Julian Mes Roderik Meijers	<b>ZOB'66</b> 01 +0.71 31.87 86 +0.30 31.72	<b>NED</b> Niels van der Mast Jaimy Voogt	<b>1:59.58</b> 04 +0.54 28.70 00 +0.61 27.29	+0.71
6.	<b>ZPCH 2</b> Colin Degenaaars Lucas Muntinga	<b>ZPCH</b> 95 +0.69 33.73 03 +0.33 33.48	<b>NED</b> Thomas Vastenhout Melle de Groot	<b>2:00.38</b> 02 +0.43 25.86 91 +0.30 27.31	+0.69
<b>120+, Heren</b>					
1.	<b>DAW 1</b> Felix Geenen Dennis Kraakman	<b>DAW</b> 95 +0.53 27.37 87 +0.45 33.26	<b>NED</b> Michel de Maesschalck Luc Mul	<b>1:52.19</b> 91 +0.57 28.15 02 +0.24 23.41	+0.53
2.	<b>Onderdak 1</b> Stefan Roovers Simon Edenburg	<b>Onderdak</b> 91 +0.75 30.50 93 +0.48 29.73	<b>NED</b> Joeri van Wallenburg Niek de Ridder	<b>1:52.44</b> 90 +0.23 27.10 88 +0.27 25.11	+0.75
3.	<b>Niemo Barracuda 11</b> Mark Hensen Robin van Beusekom	<b>Niemo Barracuda</b> 79 +0.70 30.93 92 +0.26 33.38	<b>NED</b> Jeroen Baars Pascal van Haren	<b>1:54.38</b> 92 +0.35 24.86 87 +0.41 25.21	+0.70
4.	<b>Bubble 1</b> Arjan Dekker Tim Speijer	<b>Bubble</b> 00 +0.56 27.89 03 +0.36 30.30	<b>NED</b> Hendrik Broekema Alex Houwen	<b>1:55.68</b> 00 +0.27 26.43 72 +0.30 31.06	+0.56
5.	<b>WVZ 3</b> Jasper Breugem Simon van Ravesteijn	<b>WVZ</b> 00 +0.73 29.03 80 +0.21 32.52	<b>NED</b> Markus van Rest Sander Kirillova	<b>1:55.75</b> 77 +0.29 30.13 98 +0.22 24.07	+0.73
6.	<b>Zwemvereniging Hoogland 2</b> Ruben de Boer Yuri van Ommen	<b>Zwemvereniging Hoogland</b> 93 +0.70 38.11 85 +0.40 31.52	<b>NED</b> Bas Dries Jeffrey Roest	<b>2:01.70</b> 95 +0.37 25.61 97 +0.43 26.46	+0.70
7.	<b>BZ&amp;PC 1</b> Hans van Wijk Bart van der Zwaan	<b>BZ&amp;PC</b> 89 +0.63 29.32 90 +0.44 34.34	<b>NED</b> Owen Louwes Greig Bannatyne	<b>2:02.44</b> 91 +0.59 32.60 82 +0.17 26.18	+0.63

Programmanr. 30, Heren, 4 x 50m wisselslag, 120+

rang	vereniging				tijd	RT	PARA	
8.	AZC	NED			<b>2:06.03</b>	+0.79		
	Patrick Brouwer	93	+0.79	33.58	Jeroen Matthijssen	91	+0.50	30.18
	Ricardo van Dam	85	+0.52	33.79	Auke Sijperda	99	+0.75	28.48
9.	Poseidon'56 2	Poseidon'56	NED		<b>2:07.53</b>	+0.63		
	Gerard Willighagen	01	+0.63	28.73	Erik van Gemert	03	+0.26	26.26
	Ryan van den Ouden	99	+0.20	30.48	Andre Exter	66	+0.67	42.06
10.	Swol 1894 4	Swol 1894	NED		<b>2:07.66</b>	+0.62		
	Hugo Herbers	95	+0.62	34.35	Huub Scholing	93	+0.47	29.45
	Stefan van de Grift	87	+0.34	35.08	Michael van Bekkum	72	+0.42	28.78
11.	ZVL-1886 4	ZVL-1886	NED		<b>2:08.14</b>	+0.81		
	Gijs Ruijgrok	96	+0.81	34.13	Jose Horcas Nieto	93	+0.44	32.14
	Robin van Muijen	02	+0.53	30.70	Ingmar Kooman	79	+0.11	31.17
12.	Het Ravijn 1	Het Ravijn	NED		<b>2:09.23</b>	+0.87		
	William Kruithof	80	+0.87	34.78	Marijn Heetkamp	99	+0.37	31.52
	Harm Jan Otter	81	+0.57	34.87	Lanco Manaf	04	+0.52	28.06
DIS	VSK Univerzita Brno 1 <i>EA - Te vroeg overgenomen., 4de zwemmer</i>	VSK Univerzita Brno	CZE			+0.70		
	Jan Vencel	92	+0.70	28.47	Vojtech Patek	93	+0.33	26.47
	Jakub Horacek	84	+0.24	28.93	Dominik Volavy	88	-0.04	

160+, Heren

1.	ZPCH 1	ZPCH	NED		<b>1:53.72</b>	+0.72		
	Ruud Holswilder	78	+0.72	29.33	László Jüllich	78	+0.55	30.03
	Lucas Douwma	04	+0.45	29.60	Jasper van Heijst	76	+0.25	24.76
2.	Oslo I.L 1	Oslo I.L	NOR		<b>2:00.72</b>	+0.74		
	Knut Ivan Rasmussen	78	+0.74	31.80	Øivind Martin Hasle	77	+0.35	27.48
	Erlend Alstad	67	+0.45	35.61	Håkon Skaarud Karlsen	79	+0.17	25.83
3.	WVZ 1	WVZ	NED		<b>2:01.86</b>	+0.71		
	Ivo Roozeboom	77	+0.71	30.40	Jordy van Oel	98	+0.19	28.18
	Jan-Willem van den Berg	68	+0.20	32.92	Leon Slingerland	68	+0.45	30.36
4.	Poseidon'56 1	Poseidon'56	NED		<b>2:09.59</b>			
	John Smit	95		30.15	Jim Geestman	83	+0.53	29.10
	Sam Beer	96	+0.35	32.48	Bob Lookermans	62	+0.79	37.86
5.	ZVVS 2	ZVVS	NED		<b>2:10.38</b>	+0.85		
	Bram Piederiet	90	+0.85	34.85	Grzegorz Kasprzyk	83	+0.26	30.46
	Michael van der Reijden	75	+0.77	35.55	Tibor Papp	72	+0.56	29.52
6.	Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED		<b>2:13.68</b>			
	Peter van de Bor	84		33.80	Michel Wigbers	80	+0.25	34.09
	Gerrit Orthofer	70	+0.23	33.68	Paul Bosch	72	+0.69	32.11
7.	De Biesboschzwemmers 2	De Biesboschzwemmers	NED		<b>2:16.89</b>	+0.79		
	Nico Swart	68	+0.79	36.15	Lars Duijnhouwer	91	+0.06	30.70
	Sander van Tilburg	86	+0.40	38.93	Wouter van der Stelt	72	+0.26	31.11
NG	ZVL-1886 2	ZVL-1886	NED					

200+, Heren

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED		<b>1:57.64</b>	+0.74		
	Martijn Giezen	85	+0.74	28.05	Johan Remmits	62	+0.25	30.48
	Vincent Bakker	86	+0.28	31.51	Edwin v. Norden	63	+0.24	27.60
2.	Patrick - De Roersoppers (SG) 1	Patrick - De Roersoppers (SG)	NED		<b>2:15.13</b>	+0.77		
	Jeroen Meuleners	78	+0.77	34.42	Patrick Creemers	90	+0.30	28.98
	Charles Bos	53	+0.35	40.16	Arno Schrauwen	65	+0.41	31.57
3.	De Rog 2	De Rog	NED		<b>2:26.80</b>	+0.75		
	Wijnand Vergeest	68	+0.75	42.06	Roy Le Clercq	64	+0.57	37.79
	Arjan Verheij	71	+0.37	34.76	Frank Van Engelen	67	+0.58	32.19

Programmanr. 30, 4 x 50m wisselslag

240+, Heren

1. De Rog 1	De Rog	NED	<b>2:08.31</b>	+0.72
Erik Kamphuis	60 +0.72	Peter Bernsen	63 +0.36	29.98
Glen Le Clercq	68 +0.53	Rob Spetter	62 +0.26	29.81
2. PSV 4	PSV	NED	<b>2:33.55</b>	+0.77
Menno Lomans	61 +0.77	Harold Matla	68 +0.34	32.18
Rob Hanou	43 +0.61	Tom Bandsma	77	30.19
3. AZC 2	AZC	NED	<b>2:39.32</b>	+0.65
Wim de Lange	58 +0.65	Michael Go	75 +0.26	32.73
Peter Bootsma	69 +0.59	Geza Kaltenecker	42 +0.61	40.98

280+, Heren

1. Swol 1894 3	Swol 1894	NED	<b>2:50.95</b>	+0.80
<i>Kampioenschapsrecord</i>				
Be van der Ziel	52 +0.80	Rob Berkhof	52 +0.64	47.41
Harry Dokter	51 +0.43	Jappie Kuiper	55 +0.05	35.63

80+, Dames

1. DWK 1	DWK	NED	<b>2:05.46</b>	+0.60
Celine Schoenmaker	98 +0.60	Lindi Bos	01 +0.20	31.78
Inge Koekoek	04 +0.28	Moniek van Langevelde	98 +0.19	28.20
2. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	<b>2:06.52</b>	+0.68
Inge Dekker	02 +0.68	Simone Mus	96 +0.54	31.68
Leonie van Wier	02 +0.38	Lianne van Wier	02 +0.18	27.42
3. Bubble 2	Bubble	NED	<b>2:10.01</b>	+0.72
Laura Setz	00 +0.72	Marijke Drent	99 +0.62	31.81
Sanne Kloezen	02 +0.49	Esmee Kloezen	02 +0.60	29.87
4. OEZA 1	OEZA	NED	<b>2:13.94</b>	+0.71
Eline Hoekstra	03 +0.71	Yara Wentink	04 +0.44	29.22
Anne Groen	95 +0.38	Renske Haasbroek	03 +0.20	31.21
5. ENC Arnhem 1	ENC Arnhem	NED	<b>2:16.09</b>	+0.80
Sanne Landman	03 +0.80	Rose Lether	04 +0.49	32.31
Danique de Vegt	98 +0.47	Hannah Elting	04 +0.31	30.24
6. ZPC AMERSFOORT 6	ZPC AMERSFOORT	NED	<b>2:25.66</b>	+0.80
Maddy van der Hoeven	04 +0.80	Daphne Kievit	92 +0.56	35.17
Michelle van Wijhe	04 +0.60	Dannique Koolen	99 +0.38	33.32
7. Blue Marlins 2	Blue Marlins	NED	<b>2:33.58</b>	+0.80
Berinda van Dijk	01 +0.80	Esmeralda Elbers	04 +0.55	41.37
Dorien Pastoors	94 +0.44	Alisha Vieira	99 +0.37	27.88

100+, Dames

1. Niemo Barracuda 10	Niemo Barracuda	NED	<b>2:05.51</b>	+0.73
Robin Pienaar	01 +0.73	Denise Boereboom	92 +0.45	30.10
Melissa van der Heijden	96 +0.27	Amber Hesper	02 +0.28	26.75
2. ACZ 1	ACZ	NED	<b>2:09.09</b>	+0.71
Roos van Esch	82 +0.71	Mariska Scheel	93 +0.06	30.02
Carmen Lems	04 +0.22	Iris van Rossum	00 +0.33	28.99
3. Steenwijk 1934 1	Steenwijk 1934	NED	<b>2:10.12</b>	+0.85
Michelle van den Hoofdakker	03 +0.85	Sabine Lageweg	99 +0.40	33.67
Jacyntha Plat	90 +0.20	Alies Wagter	99 +0.12	28.95
4. Neptunia '24 1	Neptunia '24	NED	<b>2:11.64</b>	+0.71
Jolanda Kuiper-Crossen	86 +0.71	Femke-Romy Wiersma	01 +0.25	30.47
Noël Iris Hettinga	00 +0.17	Evelien de Jong	98 +0.37	29.23
5. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	<b>2:13.99</b>	+0.55
Anne-Irene Ducheine	95 +0.55	Jamilla van Omme - van Veen	96 +0.46	31.94
Yvette Meijer	97 +0.64	Marloes Manni	90 +0.15	29.80
6. Oceanus 1	Oceanus	NED	<b>2:19.55</b>	+0.73
Amber Bellaart	01 +0.73	Nina Bellaart	04 +0.61	34.19
Olivia Schalekamp	02 +0.26	Annette de Visser	71 +0.42	30.54



Programmanr. 30, Dames, 4 x 50m wisselslag, 100+

rang	vereniging				tijd	RT	PARA	
7.	ZVL-1886 5				<b>2:27.36</b>	<b>+0.59</b>		
		Adela Vázquez García	93	+0.59	36.54	96	+0.49	38.73
		Suzan Blankestijn	89	+0.61	39.74	01	+0.68	32.35

120+, Dames

1.	WVZ 2 <i>Nederlands Masters Record</i>	WVZ	NED		<b>2:04.80</b>	<b>+0.62</b>							
							Leonie van Noort	93	+0.62	31.41	80	+0.28	28.63
							Lauren van IJll	00	+0.32	36.71	92	+0.26	28.05
2.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED		<b>2:16.81</b>	<b>+0.79</b>							
							Angela Giezen	83	+0.79	35.41	98	+0.56	33.94
							Mandy Swart	99	+0.55	37.18	94	+0.12	30.28
3.	Poseidon'56 3	Poseidon'56	NED		<b>2:17.50</b>	<b>+0.73</b>							
							Tonia Ruybroek	81	+0.73	36.19	99	+0.40	32.60
							Kelly Wigleven	95	+0.50	40.04	97	+0.48	28.67
4.	TriVia 2	TriVia	NED		<b>2:21.86</b>								
							Esmée van Peer	02	+0.66	34.69	89	+0.28	33.52
							Ilse Kramer	04	+0.19	39.30	66	+0.38	34.35
5.	De Duck 4	De Duck	NED		<b>2:21.98</b>	<b>+0.65</b>							
							Noa de Bock	03	+0.65	35.37	93	+0.54	36.09
							Rachel Trainor	77	+0.46	40.85	93	+0.18	29.67
6.	De Duck 3	De Duck	NED		<b>2:22.33</b>	<b>+0.72</b>							
							Janneke van de Poele	93	+0.72	40.52	96	+0.45	30.36
							Geraldine Trainor	75	+0.53	39.77	98	+0.60	31.68
7.	De Rog 4	De Rog	NED		<b>2:26.12</b>	<b>+0.76</b>							
							Vera Vergeest	02	+0.76	38.49	03	+0.59	31.18
							Regine Beckers-Stribos	70	+0.41	41.43	78	+0.47	35.02
8.	MSV-Zeemacht 1	MSV-Zeemacht	NED		<b>2:26.53</b>	<b>+0.91</b>							
							Annette van Dok	68	+0.91	45.11	99	+0.38	32.82
							Tessa van Dijk-Mosch	91	+0.39	38.58	02	+0.55	30.02
9.	HZ&PC Heerenveen 4	HZ&PC Heerenveen	NED		<b>2:27.07</b>	<b>+0.62</b>							
							Loïs Jalving	04	+0.62	32.69	00	+0.35	34.02
							Jannie Vennik	76	+0.45	45.46	69	+0.28	34.90
10.	DES 1	DES	NED		<b>2:28.12</b>	<b>+0.74</b>							
							Lotte Coenen	93	+0.74	34.05	92	+0.29	33.42
							Louise Schets	79	+0.51	45.25	84	+0.59	35.40
11.	WVZ 4	WVZ	NED		<b>2:28.42</b>	<b>+0.82</b>							
							Linda Hoogendam	83	+0.82	40.96	65	+0.80	41.33
							Irma van der Wulp	04	+0.41	36.31	95	+0.45	29.82
12.	MNC Dordrecht 1	MNC Dordrecht	NED		<b>2:29.42</b>	<b>+0.67</b>							
							Eva Kelderman	98	+0.67	38.63	65		36.29
							Ines Mulwijk	92	+0.33	38.96	83	+0.26	35.54
13.	Octopus - ZVV (SG) 1	Octopus - ZVV (SG)	NED		<b>2:31.47</b>	<b>+0.75</b>							
							Elmi Roelofsens	90	+0.75	33.48	92	+0.58	38.61
							Monique Kok	86	+0.45	45.78	96	+0.51	33.60
14.	Team Noord Holland (SG) 2	Team Noord Holland (SG)	NED		<b>2:50.84</b>	<b>+0.74</b>							
							Lotte van Gessel	03	+0.74	35.60	87		43.77
							Jacqueline Otter	85		59.64	71	+0.45	31.83

160+, Dames

1.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		<b>2:18.82</b>	<b>+0.59</b>							
							Lotte Eising	95	+0.59	36.40	93	+0.47	32.23
							Monica Korndewal	77	+0.44	40.66	70	+0.45	29.53
2.	DAW 2	DAW	NED		<b>2:19.61</b>	<b>+0.74</b>							
							Alina Spijkerman	77	+0.74	36.84	80	+0.46	32.91
							Laura Badoux	82	+0.30	35.93	80	+0.58	33.93
3.	PSV 3	PSV	NED		<b>2:25.83</b>	<b>+0.68</b>							
							Gudule van der Meer	72	+0.68	34.83	95	+0.62	33.61
							Fiona Meuffels	95	+0.32	35.66	73	+0.59	41.73
4.	De Geul 3	De Geul	NED		<b>2:29.54</b>	<b>+0.81</b>							
							Anne Besseling-de Jong	81	+0.81	38.29	76	+0.57	36.95
							Aafke Groot	83	+0.43	40.54	69	+0.57	33.76

Programmanr. 30, Dames, 4 x 50m wisselslag, 160+

rang	vereniging	tijd	RT	PARA	
5.	Old Dutch 2 Karin van Nassau-van den Heuvel Marleen Zantingh	Old Dutch 66 +0.98 43.54 78 +0.46 42.35	NED Chantal Verhoeff Patricia Brooijmans	<b>2:31.39</b> 79 +0.46 34.64 79 +0.42 30.86	+0.98
6.	AZC 1 Monique Munnik Wil Ponsioen-van Mil	AZC 62 +0.88 44.66 61 +0.65 54.73	NED Jessica Braat Monique van Huizen	<b>2:40.63</b> 02 +0.31 32.23 87 +0.40 29.01	+0.88
7.	Feijenoord Albion Zwemclub 1 Clementine van Bruxvoort Caroline Kruger	Feijenoord Albion Zwemclub 77 46.82 68 +0.21 43.85	NED Jerieanne Gomez Cancia Leirissa	<b>2:51.27</b> 86 +0.77 46.42 67 34.18	
8.	De Duinkickers 2 Mariska Roest Annet Verhoeven - Steggerda	De Duinkickers 98 +0.79 40.52 46 +0.22 56.96	NED Inge Roskam Saskia op den Velde	<b>2:51.65</b> 78 +0.25 38.09 79 +0.72 36.08	+0.79

200+, Dames

1.	PSV 1 <i>Nederlands Masters Record</i> Janneke Harmsen-Bakker Trudy Ketting	PSV 77 +0.78 32.93 70 +0.27 37.56	NED Jeanne Petit Carla Geurts	<b>2:11.90</b> 70 +0.42 32.46 71 +0.30 28.95	+0.78
2.	GZC Donk 1 Feikje Wittermans Linda van Klei	GZC Donk 64 +0.86 38.48 88 +0.56 40.94	NED Petra Tossings Jessica Venema	<b>2:31.59</b> 61 +0.42 40.76 79 +0.52 31.41	+0.86
3.	De Rog 3 Esther Vergeest Arianne Hamakers	De Rog 77 +0.86 42.05 67 45.75	NED Sandra Peeters-Wiermans Ageeth Westenbrink	<b>2:40.63</b> 74 33.50 67 +0.43 39.33	+0.86
4.	WS Twente 2 Antoinette Gilding-Tussaud Ursula Spoelstra-de Groot	WS Twente 50 +0.87 52.92 72 +0.81 49.37	NED Marloes Rebel Janneke Wynia	<b>3:02.35</b> 84 +0.62 43.79 90 +0.62 36.27	+0.87

240+, Dames

1.	Swol 1894 7 Marijke Kraak-Beckers Roellen Stegeman	Swol 1894 60 +0.83 42.46 81 +0.53 41.40	NED Christine Nieuwenhuis Marjan Spoelstra	<b>2:44.86</b> 51 +0.44 40.41 60 +0.69 40.59	+0.83
2.	ENC Arnhem 4 Karin van der Star-Verhoeven Marion Kolkman-Pluim	ENC Arnhem 61 +0.81 41.84 60 +0.68 51.10	NED Yoka de Vegt-van Dijk Ria Peters-Veurman	<b>2:58.61</b> 62 +0.82 41.85 58 +0.47 43.82	+0.81
3.	De Geul 4 Roselinda van der Vlugt Erica Muller	De Geul 67 +0.87 53.04 64 +0.55 52.42	NED Annemarie Straetemans Geerdien Meerwaldt	<b>3:37.22</b> 63 +0.82 56.14 52 +0.51 55.62	+0.87

80+, Gemengd

1.	De Columbiaan 2 Julia Notenboom Dave van den Nieuwendijk	De Columbiaan 03 +0.63 31.56 01 +0.47 30.67	NED Anouk Vis Jorn Blom	<b>2:01.06</b> 02 +0.46 31.76 98 +0.34 27.07	+0.63
2.	WS Twente 3 Marit Gerritsen Lasse Ophuis	WS Twente 02 +0.85 42.45 04 +0.56 33.47	NED Cars Wiegmann Lieve Stoker	<b>2:16.94</b> 94 +0.39 30.02 03 +0.54 31.00	+0.85

100+, Gemengd

1.	De Columbiaan 1 Miranda Nijenhuis Daniëlle Vis	De Columbiaan 92 +0.77 31.98 04 +0.29 36.70	NED Bert Duivenvoorde Daan Hogerhuis	<b>1:57.65</b> 97 +0.57 25.67 03 +0.55 23.30	+0.77
2.	ZPC De Zeeuwse Kust 3 Kirsten Walraven Eva van Elsen	ZPC De Zeeuwse Kust 00 +0.78 32.29 99 +0.41 34.82	NED Kalle van Gemert Tom van Gils	<b>1:59.41</b> 98 +0.17 24.71 95 +0.17 27.59	+0.78
3.	ZVL-1886 1 Robin van Beek Maartje Hids	ZVL-1886 97 +0.60 28.93 99 +0.49 39.51	NED Silke Molendijk Kristiaan Lenos	<b>2:02.65</b> 01 +0.21 28.88 83 +0.30 25.33	+0.60
4.	VZC 2 Olaf Achterberg Lisanne Seising	VZC 90 +0.64 28.90 00 +0.38 35.90	NED Jelle Nap Suzanne Lange	<b>2:02.68</b> 95 +0.53 27.53 92 +0.22 30.35	+0.64

Programmanr. 30, Gemengd, 4 x 50m wisselslag, 100+

rang	vereniging				tijd	RT	PARA	
5.	ZPC Woerden 1	ZPC Woerden		NED	<b>2:04.86</b>	+0.68		
	Ian Terlouw	00	+0.68	29.15	Milan de Roo	01	+0.32	27.11
	Daphne Dols	99	+0.31	38.25	Ilse van den Wijngaard	89	+0.33	30.35
6.	ZPC De Hof 1	ZPC De Hof		NED	<b>2:05.45</b>	+0.86		
	Elisa Haverkate	02	+0.86	33.98	Linde Haverkate	99	+0.11	30.30
	Jorden Theijink	94	+0.32	34.08	Leon Kloots	00	+0.30	27.09
7.	ZOB'66 3	ZOB'66		NED	<b>2:10.66</b>	+0.68		
	Nina Tourton	96	+0.68	36.10	Ruben Stolk	90	+0.26	30.72
	Boaz Troost	01	+0.32	35.30	Rozemarijn van Haaff	02	+0.34	28.54

120+, Gemengd

1.	Zwemlust- den Hommel 1	Zwemlust- den Hommel		NED	<b>1:59.46</b>	+0.63		
	Matteo Viani	90	+0.63	29.37	Sophie Stekelenburg	04	+0.32	30.34
	Vincent Versteeg	77	+0.30	31.40	Manon Kloosterman	97	+0.25	28.35
2.	SBC2000 1	SBC2000		NED	<b>2:03.65</b>	+0.73		
	Josje van Houwelingen	90	+0.73	33.08	Odette Holster	99	+0.37	31.92
	Nick Bongers	98	+0.22	30.79	Christiaan Bouwmeester	76	+0.08	27.86
3.	De Geul 1	De Geul		NED	<b>2:04.99</b>	+0.76		
	Esmee Wijnmaalen	01	+0.76	34.91	Heijmen van Vliet	80	+0.45	30.17
	Ivan van Omme	82	+0.53	32.49	Marcha Admiraal	93	+0.55	27.42
4.	Hieronymus 1	Hieronymus		NED	<b>2:05.00</b>	+0.73		
	Christel Brugmans	00	+0.73	32.81	Teun van der Schrier	04	+0.24	27.00
	Sander van Bentum	96	+0.36	32.78	Marjolein Klunne	71	+0.23	32.41
5.	Aqua-Novio '94 2	Aqua-Novio '94		NED	<b>2:13.26</b>	+0.91		
	Petra Guijt	76	+0.91	40.93	Steven Uijl	93	+0.44	27.69
	Fedde Beukers	97	+0.43	32.83	Djamari Oetringer	96	+0.37	31.81
6.	Niemo Barracuda 9	Niemo Barracuda		NED	<b>2:13.35</b>	+0.78		
	Tamara van den Brink	98	+0.78	37.03	Ids de Klerk	98	+0.70	31.23
	Dennis Dortland	78	+0.47	34.36	Marijke Kommers	93	+0.47	30.73
7.	Zwemlust- den Hommel 2	Zwemlust- den Hommel		NED	<b>2:14.06</b>	+0.67		
	Nigel Werring	03	+0.67	31.93	Liesbeth van Mill	87	+0.58	36.71
	Mark Zwart	79	+0.36	34.07	Mirjam Belderbos	83	+0.34	31.35
8.	Steenwijk 1934 2	Steenwijk 1934		NED	<b>2:14.34</b>	+0.75		
	Getrude Corporaal	92	+0.75	36.07	Rick Driezen	86	+0.42	28.05
	Patrick Wobben	93	+0.81	38.83	Nanda Wobben-de Vries	92	+0.36	31.39
9.	Sassenheim 3	Sassenheim		NED	<b>2:17.49</b>	+0.75		
	Rianne Hoffland	88	+0.75	34.33	Frank van Nobelen	69	+0.20	33.60
	Wesley van der Luit	97	+0.49	39.29	Isa Warmerdam	02		30.27
10.	De Watervogels 1	De Watervogels		NED	<b>2:17.61</b>	+0.75		
	Jeroen Keizer	90	+0.75	34.16	Ilona van der Knaap	92	+0.28	32.75
	Jasper van den Broek	99	+0.32	33.85	Marta Nyczkowska	83	+0.28	36.85
11.	De Duinkickers 1	De Duinkickers		NED	<b>2:20.93</b>	+0.69		
	Mathieu Rikken	67	+0.69	35.96	Lonneke van Veen	01	+0.39	35.79
	Robin Roskam	78	+0.31	37.76	Noortje Wijnstekers	03	+0.39	31.42
12.	Niemo Barracuda 3	Niemo Barracuda		NED	<b>2:21.87</b>	+0.70		
	Esmée Rolloos	98	+0.70	39.34	Giulia Rolloos	95	+0.26	33.12
	Walter Rolloos	59	+0.37	39.63	Arthur Lale-Demoz	97	+0.30	29.78
DIS	De Geul 2	De Geul		NED		+0.84		
	<i>EA - Te vroeg overgenomen., 2de zwemmer</i>							
	Remco van der Graaf	87	+0.84	35.84	Eline Molle	94		
	Mitchell van Uitert	90	-0.05		Anke Kleine Rammelkamp	87		

Programmanr. 30, 4 x 50m wisselslag

160+, Gemengd

1.	DAW 3	DAW		NED	<b>2:09.64</b>	+0.77
	Paul Oudendijk	81	+0.77	Alex Damen	75	+0.53
	Jacqueline Tuin	66	+0.36	Melissa Zwaan	91	+0.44
2.	ZVVS 1	ZVVS		NED	<b>2:13.13</b>	+0.87
	Nadya Putter	83	+0.87	Paul Brinkman	84	+0.33
	Karin Stein	71	+0.40	Bas van den Nouwelant	80	+0.32
3.	Lux Sharks 1	Luxembourg Sharks Swimming CLUX			<b>2:13.42</b>	+0.73
	Claudia Putzolu	90	+0.73	Olivia Lorton	74	+0.36
	Patrick Juncker	67	+0.69	Ricardo Nogarolli	69	+0.32
4.	DZ&PC 1	DZ&PC		NED	<b>2:14.09</b>	+0.84
	Catherine Hoogeveen	75	+0.84	Arjen Nieveen	80	+0.33
	Pieter Veenstra	73	+0.53	Krista de Reus-Trompetter	76	+0.43
5.	ZOB'66 4	ZOB'66		NED	<b>2:25.83</b>	+0.73
	Danielle Schipper	70	+0.73	Wendy de Bruin	92	+0.53
	Harmen Reemst	87	+0.01	Erik Tobé	79	+0.60
6.	DWK 2	DWK		NED	<b>2:35.18</b>	
	Jennie Resink-lindeboom	60		Lars Jacobsen	97	+0.54
	Martijn de Jong	71	+0.60	Ingrid Kaptein-Aalders	70	
DIS	MNC Dordrecht 2	MNC Dordrecht		NED		
	<i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel., eerste zwemster</i>					
	Vanessa Zebel, Michael Hommerson, Dorien van Petersen, Eduard Folkers					

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	<b>2:02.14</b>	+0.70
	<i>Nederlands Masters Record</i>					
	Chester Marsman	69	+0.70	Marjke Jansen	85	+0.34
	Erwin Buist	78	+0.32	Marjan Remmits-de Lange	63	+0.22
2.	Sassenheim 4	Sassenheim		NED	<b>2:20.62</b>	+0.77
	René de Bruin	71	+0.77	Marinka vd Zwet	65	+0.50
	Arjan Buijsse	79	+0.58	Yvonne van Nobelen - Kampschreur	72	+0.35
3.	ZPC De Zeeuwse Kust 4	ZPC De Zeeuwse Kust		NED	<b>2:28.80</b>	+0.74
	Natasja Forat	77	+0.74	Sandy Pleyte	75	+0.36
	Marijke van Hoek	58	+0.51	André Schutte	60	+0.44
4.	Steenwijk 1934 4	Steenwijk 1934		NED	<b>2:29.72</b>	+0.83
	Leonie Scholten	79	+0.83	Robert Braad	86	+0.47
	Korstiaan de Boer	71	+0.55	Monica Bakker	56	+0.69
5.	ZPC AMERSFOORT 7	ZPC AMERSFOORT		NED	<b>2:53.94</b>	+0.79
	Martijn Bartels	96	+0.79	Ron Korzelius	65	+0.16
	Loekie van Huissteden	45	+0.25	Katrin Glatzer	76	

240+, Gemengd

1.	CNSW 5	Cercle De Natation Sportcity WolBEL			<b>2:24.73</b>	+0.72
	Valérie Rolland	71	+0.72	Claire Anthony	57	+0.44
	Philippe Godbille	57		Lionel Godeaux	60	+0.49
2.	TriVia 1	TriVia		NED	<b>2:43.10</b>	+0.84
	Margriet Pasma	55	+0.84	Arnoud van Royen	72	+0.71
	Theo Bakker	64	+0.49	Hannie Poletiek	59	+0.18
3.	Steenwijk 1934 3	Steenwijk 1934		NED	<b>2:44.80</b>	+0.69
	Casper Dollekamp	63	+0.69	Linda Wibbelink	59	+0.17
	Maarten Koolman	68	+0.49	Wilna Heijman	64	+0.48
4.	GZC Donk 2	GZC Donk		NED	<b>2:51.13</b>	+0.82
	Nathasja Konijn	71	+0.82	Lia Bijkerk	60	+0.65
	Pierre de Groot	64	+0.68	Peter Coffeng	57	+0.65

Programmanr. 30, 4 x 50m wisselslag

280+, Gemengd

1. PSV 2	PSV			NED	<b>2:47.57</b>	+0.76
Fred Ketting	60	+0.76	36.29	Jacco Schaap	74	+0.64
Corrie Verhoeven	46	+0.50	49.73	Lottie Geurts	35	+0.60
2. CNSW 6	Cercle De Natation Sportcity WolBEL				<b>3:26.66</b>	+0.80
Fernande Blondeel-Gourmet	52	+0.80	57.54	Christian Schoenaers	59	+0.75
Kevork Boyrazian	44	+0.47	1:04.03	Brigitte Dugauquier	55	
3. Old Dutch 1	Old Dutch			NED	<b>3:35.41</b>	
Marie Smits	38		1:08.44	Hans Vloedgraven	64	+0.73
Nico Baay	42	+0.68	49.81	Mies Kuipers	58	+0.76

6 - ONMK 2024 kb - Sessie 6

24-11-2024 - 9:30

Programmanr. 33  
24-11-2024 - 11:43

4 x 100m wisselslag

Masters Open  
Resultaten

rang	vereniging	tijd	RT	PARA	
<b>80+, Heren</b>					
1.	De Columbiaan 2 Daan Hogerhuis Dave van den Nieuwendijk	De Columbiaan +0.62 28.27 59.77 +0.43 30.91 1:07.06	NED Bert Duivenvoorde Bram Daalman	<b>4:05.36</b> +0.45 26.83 58.58 +0.43 27.73 59.95	+0.62
2.	HZ&PC Heerenveen 1 Richard Kuipers Jorian Darwinkel	HZ&PC Heerenveen +0.68 29.86 1:01.56 +0.20 30.32 1:07.48	NED Wouter Zijlstra Rob van Wier	<b>4:06.96</b> +0.18 26.08 58.15 +0.16 27.94 59.77	+0.68
3.	ZOB'66 2 Ian van Mullem Mart de Koning	ZOB'66 +0.62 32.83 1:08.92 +0.47 32.77 1:11.19	NED Niels van der Mast Nino van Krimpen	<b>4:20.37</b> +0.27 28.81 1:03.29 +0.37 26.87 56.97	+0.62
<b>100+, Heren</b>					
1.	Zuiderzeezwemmers 2 Jesse van Dijk Jarick Stoop	Zuiderzeezwemmers +0.75 31.03 1:06.34 +0.29 32.55 1:12.35	NED Ilmar Stoop Peter de Boer	<b>4:19.06</b> +0.54 28.70 1:03.65 +0.02 26.45 56.72	+0.75
2.	ENC Arnhem 2 Mike Schel Sander de Vrugt	ENC Arnhem +0.78 31.84 1:05.35 +0.42 31.34 1:06.96	NED Wessel Haverkamp Job Esink	<b>4:22.90</b> +0.10 29.10 1:04.91 +0.41 30.66 1:05.68	+0.78
<b>120+, Heren</b>					
1.	ZPCH 1 Jasper van Heijst Lucas Douwma	ZPCH +0.67 30.23 1:04.75 +0.32 29.93 1:04.18	NED Thomas Vastenhout Ruud Holswilder	<b>4:04.52</b> +0.51 27.76 1:00.13 +0.21 26.73 55.46	+0.67
2.	WVZ 2 Jasper Breugem Simon van Ravesteijn	WVZ +0.68 29.65 1:01.45 +0.22 32.59 1:12.33	NED Sander Kirillova Jordy van Oel	<b>4:08.19</b> +0.26 26.25 56.79 +0.21 27.56 57.62	+0.68
3.	Onderdak 2 Stefan Roovers Simon Edenburg	Onderdak +0.77 32.01 1:05.98 +0.56 31.15 1:07.18	NED Niek de Ridder Joeri van Wallenburg	<b>4:11.70</b> +0.38 28.74 1:02.52 +0.22 26.74 56.02	+0.77
4.	Poseidon'56 1 Gerard Willighagen Ryan van den Ouden	Poseidon'56 +0.64 29.43 1:00.87 +0.40 31.15 1:07.93	NED Erik van Gemert Marcel Vroegindewei	<b>4:14.74</b> +0.28 27.58 1:01.78 +0.31 29.95 1:04.16	+0.64
5.	ZOB'66 1 Nol van Thull Roderik Meijers	ZOB'66 +0.75 31.82 1:05.18 +0.25 32.56 1:11.97	NED Daan Siebenheller Julian Mes	<b>4:17.48</b> +0.37 28.01 1:02.50 +0.30 27.25 57.83	+0.75
6.	De Schotejil 1 David Kievit Sven Dubbeld	De Schotejil +0.87 32.39 1:06.80 37.82 1:23.08	NED Frank v.d. Voordt Sybren Groenewegen	<b>4:36.89</b> +0.49 31.37 1:07.40 +0.46 27.78 59.61	+0.87
<b>160+, Heren</b>					
1.	Niemo Barracuda 12 Mark Hensen Dennis Dortland	Niemo Barracuda +0.74 31.50 1:05.24 +0.19 35.88 1:16.75	NED Jeroen Baars Pascal van Haren	<b>4:13.15</b> +0.28 25.15 55.27 +0.29 26.52 55.89	+0.74
2.	Oslo I.L 1 <i>Norwegian Masters Record</i> Knut Ivan Rasmussen Erlend Alstad	Oslo I.L +0.70 33.52 1:08.62 +0.07 37.15 1:18.61	NOR Øivind Martin Hasle Håkon Skaarud Karlsen	<b>4:24.82</b> +0.23 28.69 1:01.70 +0.13 27.00 55.89	+0.70
3.	Steenwijk 1934 3 Robert Braad Patrick Wobben	Steenwijk 1934 +0.75 30.87 1:04.35 +0.60 39.39 1:26.85	NED Rick Driezen Korstaian de Boer	<b>4:43.37</b> +0.48 28.74 1:02.16 +0.47 33.06 1:10.01	+0.75

Programmanr. 33, 4 x 100m wisselslag

200+, Heren

1. ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED	<b>4:28.23</b>	+0.79
Chester Marsman	+0.79 31.89 1:06.60	Darren Chen	+0.32 27.04 59.36	
Ron Korzelius	+0.29 37.04 1:20.32	Johan Remmits	+0.48 29.72 1:01.95	
2. Patrick - De Roersoppers (SG) 1	Patrick - De Roersoppers (SG)	NED	<b>5:02.80</b>	+0.72
Jeroen Meuleners	+0.72 35.76 1:12.53	Patrick Creemers	+0.48 31.63 1:09.51	
Charles Bos	+0.39 42.69 1:31.82	Arno Schrauwen	0.00 32.71 1:08.94	
3. AZC 1	AZC	NED	<b>5:38.64</b>	+0.78
Patrick Brouwer	+0.78 34.24 1:11.13	Auke Sijperda	+0.82 32.57 1:16.34	
Wim de Lange	+0.40 43.17 1:32.55	Geza Kaltenecker	+0.72 46.67 1:38.62	

240+, Heren

1. De Rog 1	De Rog	NED	<b>4:50.96</b>	+0.77
Erik Kamphuis	+0.77 37.67 1:14.86	Peter Bernsen	+0.28 32.59 1:11.66	
Glen Le Clercq	+0.40 35.81 1:17.65	Rob Spetter	+0.22 32.02 1:06.79	

80+, Dames

1. Hieronymus 1	Hieronymus	NED	<b>4:29.98</b>	+0.80
Nadja Roovers	+0.80 33.09 1:09.74	Selene Wortel	+0.32 29.66 1:05.02	
Valesca van den Bogert	+0.38 33.72 1:13.21	Ros Englebert	+0.37 29.64 1:02.01	
2. De Columbiaan 1	De Columbiaan	NED	<b>4:42.94</b>	+0.58
Julia Notenboom	+0.58 32.03 1:06.55	Anouk Vis	+0.59 32.83 1:12.36	
Daniëlle Vis	+0.35 37.74 1:20.45	Miranda Nijenhuis	+0.41 30.15 1:03.58	
3. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	<b>4:50.97</b>	+0.72
Inge Dekker	+0.72 32.33 1:08.29	Lianne van Wier	+0.17 33.79 1:14.77	
Leonie van Wier	+0.33 38.13 1:22.24	Lois Jalving	+0.25 30.74 1:05.67	

100+, Dames

1. Niemo Barracuda 14	Niemo Barracuda	NED	<b>4:38.65</b>	+0.66
Robin Pienaar	+0.66 33.49 1:09.77	Denise Boereboom	+0.59 30.90 1:09.86	
Melissa van der Heijden	+0.53 37.22 1:19.27	Amber Hesper	+0.54 28.89 59.75	
2. DWK 1	DWK	NED	<b>4:40.66</b>	+0.65
Lindi Bos	+0.65 33.74 1:09.87	Celine Schoenmaker	+0.28 31.63 1:09.77	
Anoeska van de Kraats	+0.29 37.03 1:19.45	Moniek van Langevelde	+0.42 29.45 1:01.57	
3. Neptunia '24 1	Neptunia '24	NED	<b>4:55.91</b>	+0.81
Jolanda Kuiper-Crossen	+0.81 38.94 1:20.53	Femke-Romy Wiersma	+0.14 32.50 1:11.35	
Noël Iris Hettinga	+0.09 35.70 1:17.04	Evelien de Jong	+0.37 31.10 1:06.99	
4. Zuiderzeewimmers 1	Zuiderzeewimmers	NED	<b>5:07.87</b>	+0.70
Annemarie ten Have	+0.70 36.34 1:15.70	Gaby Zittersteijn	+0.41 34.14 1:16.41	
Irene Hanse	+0.40 41.30 1:28.72	Lisanne Andeweg	+0.18 31.89 1:07.04	

120+, Dames

1. WVZ 1	WVZ	NED	<b>4:36.00</b>	+0.73
<i>Nederlands Masters Record</i>				
Mabel Suij	+0.73 33.51 1:09.30	Leonie van Noort	+0.35 30.17 1:05.60	
Lauren van IJl	+0.22 37.58 1:20.79	Delia Badoux	+0.16 28.48 1:00.31	
2. PSV 3	PSV	NED	<b>4:56.95</b>	+0.69
<i>Kampioenschapsrecord, voor startzwemster</i>				
Gudule van der Meer	+0.69 35.50 1:13.50	Larissa Jansen	+0.49 35.15 1:18.20	
Fiona Meuffels	+0.32 37.61 1:19.84	Diane Schoenmaker	+0.47 31.74 1:05.41	
3. Poseidon'56 2	Poseidon'56	NED	<b>5:06.03</b>	+0.73
Tonia Ruybroek	+0.73 38.43 1:21.25	Kelly de Jonge	+0.45 32.80 1:12.30	
Kelly Wiglevan	+0.43 40.69 1:27.41	Rianne Bresser	+0.30 30.56 1:05.07	
4. ENC Arnhem 1	ENC Arnhem	NED	<b>5:28.66</b>	+0.73
Ellen ter Stege	+0.73 36.75 1:16.36	Irmgard van Weeghel	+0.56 40.76 1:31.14	
Ilja Janssen	+0.40 41.65 1:29.61	Marijn Post	+0.55 33.62 1:11.55	
5. MSV-Zeemacht 1	MSV-Zeemacht	NED	<b>5:28.95</b>	+0.73
Annette van Dok	49.71 1:41.87	Jet Kleine	+0.21 34.25 1:14.36	
Tessa van Dijk-Mosch	+0.55 40.13 1:26.97	Kyra Wesemann	+0.49 31.99 1:05.75	

Programmanr. 33, 4 x 100m wisselslag

160+, Dames

1. DWK 2	DWK			NED	<b>5:59.48</b>		
Jennie Resink-lindeboom		49.33	1:41.39	Inge Koekoek	+0.44	31.70	1:10.20
Martine Koumassa-Eijsing	+0.64	52.72	1:55.48	Iris van Aurich	+0.16	33.88	1:12.41

200+, Dames

1. PSV 1	PSV			NED	<b>4:53.35</b>	+0.74	
Janneke Harmsen-Bakker	+0.74	34.35	1:11.03	Jeanne Petit	+0.52	33.89	1:14.64
Trudy Ketting	+0.31	38.31	1:23.37	Carla Geurts	+0.37	30.51	1:04.31
2. ZPC AMERSFOORT 2	ZPC AMERSFOORT			NED	<b>4:59.14</b>	+0.93	
Jenny Bergwerff	+0.93	37.02	1:16.45	Marijke Jansen	+0.35	31.98	1:10.39
Lidia v. Bon-Rosenbrand	+0.40	40.47	1:26.17	Lesley Cordial	+0.38	31.45	1:06.13
3. Steenwijk 1934 1	Steenwijk 1934			NED	<b>5:38.26</b>	+0.74	
Leonie Scholten	+0.74	41.45	1:26.56	Jacyntha Plat	+0.55	31.99	1:10.84
Linda Wibbelink	+0.52	48.63	1:42.51	Wilna Heijman	+0.43	37.63	1:18.35
4. TriVia 1	TriVia			NED	<b>6:00.00</b>	+0.86	
Margriet Pasma	+0.86	48.18	1:38.03	Esther Kwebeman	+0.43	37.14	1:23.38
Hannie Poletiek	+0.30	52.71	1:49.67	Relinda Baas	+0.36	32.48	1:08.92
5. De Rog 3	De Rog			NED	<b>6:09.02</b>	+0.85	
Ageeth Westenbrink	+0.85	51.55	1:45.24	Esther Vergeest	+0.19	41.12	1:27.04
Regine Beckers-Stribos	+0.65	43.59	1:35.50	Sandra Van der Helm	+0.60	38.62	1:21.24
6. Swol 1894 8	Swol 1894			NED	<b>6:11.95</b>	+0.87	
Jessica van Velzen	+0.87	50.37	1:44.96	Marijke Kraak-Beckers	+0.63	41.49	1:35.46
Roelien Stegeman	+0.50	42.98	1:31.91	Christine Nieuwenhuis	+0.18	36.46	1:19.62

240+, Dames

1. GZC Donk 1	GZC Donk			NED	<b>6:15.15</b>	+0.78	
Feikje Wittermans	+0.78	41.32	1:25.80	Petra Tossings		42.91	1:34.90
Lia Bijkerk		52.66	1:51.11	Nathasja Konijn		39.79	1:23.34
2. CNSW 8	Cercle De Natation Sportcity WolBEL				<b>6:15.78</b>	+0.69	
<i>Belgisch Masters Record</i>							
Valérie Rolland	+0.69	38.18	1:20.93	Claire Anthony	+0.42	40.62	1:31.91
Kathy Van Lindt	+0.69	50.63	1:46.13	Brigitte Dugauquier	+0.70	44.39	1:36.81

80+, Gemengd

1. Bubble 1	Bubble			NED	<b>4:26.05</b>	+0.79	
Hendrik Broekema	+0.79	30.32	1:04.67	Marijke Drent	+0.69	33.37	1:12.57
Arjan Dekker	+0.48	30.34	1:06.48	Sanne Kloezen	+0.36	28.80	1:02.33
2. ZVL-1886 1	ZVL-1886			NED	<b>4:31.23</b>	+0.61	
Robin van Beek	+0.61	30.72	1:03.40	Silke Molendijk	+0.19	29.82	1:03.81
Maartje Hids	+0.53	40.06	1:25.76	Robin van Muijen	+0.56	27.60	58.26
3. ACZ 2	ACZ			NED	<b>4:32.33</b>	+0.59	
Carmen Lems	+0.59	31.89	1:08.75	Iris van Rossum	+0.18	33.63	1:20.18
Robin Schols	+0.27	31.03	1:09.25	Saviël Armand	+0.52	25.55	54.15
4. ZOB'66 4	ZOB'66			NED	<b>4:54.50</b>	+0.66	
Jet van Oudheusden	+0.66	37.40	1:18.25	Nina Tourton	+0.51	34.25	1:17.69
Boaz Troost	+0.43	35.78	1:17.18	Jaimy Voogt	+0.55	29.09	1:01.38

100+, Gemengd

1. Zwemlust- den Hommel 1	Zwemlust- den Hommel			NED	<b>4:26.01</b>	+0.64	
Fayssal Lantema	+0.64	32.74	1:06.32	Matteo Viani	+0.42	27.43	59.59
Manon Kloosterman	+0.62	36.22	1:18.45	Sophie Stekelenburg		28.87	1:01.65
2. DAW 1	DAW			NED	<b>4:27.45</b>	+0.71	
Felix Geenen	+0.71	28.72	1:00.09	Melissa Zwaan	+0.39	34.70	1:15.04
Maaïke Vooren	+0.40	38.05	1:20.50	Luc Mul	+0.35	24.82	51.82
3. ZPC Woerden 1	ZPC Woerden			NED	<b>4:35.39</b>	+0.71	
Ilse van den Wijngaard	+0.71	35.99	1:15.11	Ian Terlouw	+0.24	27.55	1:00.19
Daphne Dols	+0.33	37.55	1:23.36	Milan de Roo	+0.23	26.95	56.73



Programmanr. 33, Gemengd, 4 x 100m wisselslag, 100+

rang	vereniging				tijd	RT	PARA	
4.	TriVia 2	TriVia		NED	<b>4:50.69</b>	+0.66		
	Esmée van Peer	+0.66	35.19	1:13.99	Rik Stahlie	+0.27	30.43	1:07.06
	Ilse Kramer	+0.10	39.47	1:23.93	Jeroen Temme	+0.72	32.03	1:05.71
5.	ZPC AMERSFOORT 5	ZPC AMERSFOORT		NED	<b>4:51.59</b>	+0.74		
	Angela Giezen	+0.74	38.41	1:17.18	Kirsten Opmeer	+0.38	34.93	1:17.99
	Martijn Bartels	+0.29	35.21	1:16.77	Jorick van Bon	+0.18	27.92	59.65
6.	WS Twente 3	WS Twente		NED	<b>4:52.79</b>	+0.83		
	Nienke Smidt	+0.83	38.62	1:19.37	Marleen Hof	+0.49	35.09	1:17.74
	Laurens Spoelstra	+0.69	35.65	1:15.74	Niels Bent	+0.18	28.49	59.94
7.	Westland Swimming Stars 1	Westland Swimming Stars		NED	<b>4:56.61</b>	+0.80		
	Anouk van der Lans	+0.80	36.85	1:17.59	Nick Boekestijn	+0.42	31.45	1:08.89
	Pieter Broek	+0.45	38.90	1:24.47	Kim de Jong	0.00	31.02	1:05.66
8.	Neptunus'58 1	Neptunus'58		NED	<b>4:58.95</b>	+0.76		
	Sandra Schellekens	+0.76	39.48	1:22.42	Selina Janssen		34.09	1:13.99
	Jeroen van Dinther	+0.11	37.66	1:20.87	Rens Hoogenboom	+0.09	27.97	1:01.67
9.	Niemo Barracuda 13	Niemo Barracuda		NED	<b>4:59.52</b>	+0.76		
	Esmée Rolloos	+0.76	37.83	1:19.82	Ids de Klerk	+0.44	32.77	1:12.81
	Robin van Beusekom	+0.09	36.35	1:18.92	Marijke Kommers	+0.51	32.51	1:07.97
10.	De Kempvis 1	De Kempvis		NED	<b>5:18.43</b>	+0.67		
	Kim Rutters	+0.67	34.22	1:13.06	Mike Boukes	+0.29	31.48	1:10.22
	Kien Vuong	+0.47	42.30	1:32.66	Ingrid Johannes	+0.41	39.27	1:22.49
11.	Het Ravijn 1	Het Ravijn		NED	<b>5:22.39</b>	+0.86		
	Lanco Manaf	+0.86	39.48	1:23.33	Noa Boerma	+0.43	37.80	1:26.89
	William Kruihof	+0.50	37.46	1:20.32	Lotte de Vente	+0.01	33.03	1:11.85

120+, Gemengd

1.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		NED	<b>4:20.23</b>	+0.56		
	Anne-Irene Ducheine	+0.56	33.37	1:09.29	Bas Dries	+0.22	27.39	1:00.74
	Yuri van Omme	+0.30	32.30	1:09.13	Jamilla van Omme - van Veen	+0.15	28.72	1:01.07
2.	ZZ&PC De Devel 1	ZZ&PC De Devel		NED	<b>4:34.82</b>	+0.55		
	Stijn den Otter	+0.55	30.75	1:05.68	Katinka van Dongen	+0.23	32.78	1:11.09
	Lisa van Milt	+0.31	36.95	1:21.07	Esper Paans	+0.36	27.16	56.98
3.	ZPC AMERSFOORT 4	ZPC AMERSFOORT		NED	<b>4:40.37</b>	+0.67		
	Jelle Blankestijn	+0.67	31.36	1:04.19	Jisca Majolée	+0.42	35.43	1:16.78
	Mandy Swart	+0.39	37.56	1:22.04	Erwin Buist	+0.09	27.43	57.36
4.	Hieronymus 2	Hieronymus		NED	<b>4:50.02</b>	+0.79		
	Marjolein Klunne	+0.79	41.19	1:25.36	Teun van der Schrier	+0.28	27.66	59.81
	Sander van Bentum	+0.45	33.18	1:12.36	Madelon van Uchelen	+0.66	33.84	1:12.49
5.	ZOB'66 3	ZOB'66		NED	<b>4:50.44</b>	+0.71		
	Rozemarijn van Haaff	+0.71	35.45	1:13.09	Wendy de Bruin	+0.46	35.18	1:16.89
	Harmen Reemst	+0.03	36.49	1:19.40	Ruben Stolk	+0.42	28.50	1:01.06
6.	ZVL-1886 2	ZVL-1886		NED	<b>4:51.20</b>	+0.55		
	Adela Vázquez García	+0.55	38.46	1:19.78	Kristiaan Lenos	+0.30	29.99	1:06.48
	Jose Horcas Nieto	+0.22	34.28	1:14.53	Margien Timmer	+0.39	34.05	1:10.41
7.	De Treffers 1	De Treffers		NED	<b>4:52.62</b>	+0.65		
	Tim van Grunsven	+0.65	33.35	1:10.43	Miranda Pijnenburg	+0.26	35.45	1:16.05
	Danny Visser	+0.26	35.51	1:16.13	Nienke van Zoggel	+0.06	33.52	1:10.01
8.	De Duck 5	De Duck		NED	<b>4:53.10</b>	+0.82		
	Erik Saan	+0.82	39.76	1:24.12	Jesper Oranje	+0.40	25.56	56.34
	Rachel Trainor	+0.63	41.24	1:29.29	Noa de Bock	+0.51	30.20	1:03.35
9.	Team Noord Holland (SG) 1	Team Noord Holland (SG)		NED	<b>5:09.37</b>	+0.71		
	Lotte van Gessel	+0.71	36.14	1:14.54	Peter van de Bor	+0.79	31.23	1:12.54
	Gerrit Orthofer	+0.14	37.21	1:18.88	Herma Seubers-Kip	+0.49	38.72	1:23.41

Programmanr. 33, 4 x 100m wisselslag

160+, Gemengd

1. ACZ 1	ACZ			NED	<b>4:38.79</b>		+0.77
Tjeerd Visser	+0.77	33.02	1:08.59	Roos van Esch	+0.41	33.01	1:12.10
Kevin Kingma	+0.34	32.38	1:11.69	Carol Hollemans	+0.44	31.13	1:06.41
2. CWW Swim team (SG) 1	CWW Swim team (SG)			NED	<b>4:43.92</b>		+0.82
Mathijs van Dijk	+0.82	32.10	1:07.35	Cindy Hendriks	+0.60	34.24	1:14.88
Antwan van Engen	+0.46	34.19	1:13.50	Yvette Ratering	+0.76	32.22	1:08.19
3. ZPC AMERSFOORT 3	ZPC AMERSFOORT			NED	<b>4:50.15</b>		+0.61
Lotte Eising	+0.61	37.59	1:18.91	Marjan Remmits-de Lange	+0.31	37.35	1:24.89
Jelle Opmeer	+0.19	31.24	1:07.91	Jeroen Zelsmann	+0.59	27.29	58.44
4. ZVVS 1	ZVVS			NED	<b>5:00.07</b>		+0.99
Nadya Putter	+0.99	39.47	1:21.19	Bram Piederiet	+0.39	31.15	1:07.19
Karin Stein	+0.43	42.70	1:30.64	Bas van den Nouwelant	+0.29	28.17	1:01.05

200+, Gemengd

1. DAW 2	DAW			NED	<b>5:01.75</b>		+0.81
Alina Spijkerman	+0.81	38.42	1:19.67	Ilona Hogerheyde	+0.36	35.24	1:18.44
Hans Schoenmakers	+0.51	39.04	1:24.03	Alex Damen	+0.16	28.44	59.61
2. WVZ 3	WVZ			NED	<b>5:10.29</b>		+0.77
Markus van Rest	+0.77	34.78	1:11.69	Maaïke van den Brand	+0.54	33.02	1:12.74
Arthur van Strien	+0.34	40.46	1:26.34	Anita Steijger	+0.33	38.63	1:19.52

240+, Gemengd

1. Old Dutch 1	Old Dutch			NED	<b>6:06.29</b>		+0.75
Patricia Brooijmans	+0.75	41.91	1:24.96	Hans Vloedgraven	+0.92	37.17	1:18.93
Nico Baay	+0.47	52.61	1:55.41	Claudy de Ruijter	+0.71	41.56	1:26.99

280+, Gemengd

1. PSV 2	PSV			NED	<b>6:23.70</b>		+0.73
<i>Kampioenschapsrecord</i>							
Fred Ketting	+0.73	37.51	1:17.85	Jacco Schaap	+0.71	31.25	1:07.08
Corrie Verhoeven	+0.36	51.67	1:53.04	Lottie Geurts	+0.76	1:03.20	2:05.73
2. PSV 4	PSV			NED	<b>7:14.17</b>		+0.85
Carla Hensen	+0.85	53.00	1:49.65	Harold Matla	+0.57	35.53	1:15.49
Rob Hanou	+0.70	58.64	2:06.67	Ineke Brouwers	+0.72	57.82	2:02.36