

**15m vlinderslag benen onderwater**

1. Meijer Viggo	06	08-021	18.53	25m	15-12-19	Haarlem (NED)
2. Ayari Adam	08	08-021	21.13	25m	29-9-19	Haarlem (NED)
3. Butter Stijn	11	08-021	25.47	25m	15-12-19	Haarlem (NED)

**25m vrije slag met koprol**

1. Butter Stijn	11	08-021	30.27	25m	29-9-19	Haarlem (NED)
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**25m rugslag start**

1. Butter Stijn	11	08-021	26.23	25m	15-12-19	Haarlem (NED)
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**50m borstcrawl benen**

1. Blaauw Xam	07	08-021	55.87	25m	19-1-20	Zaandam (NED)
2. Ayari Adam	08	08-021	56.43	25m	19-1-20	Zaandam (NED)
3. van Tilburg Beau	07	08-021	1:06.45	25m	19-1-20	Zaandam (NED)
4. Butter Stijn	11	08-021	1:08.78	25m	29-9-19	Haarlem (NED)

**100m borstcrawl benen****25 vrije slag**

1. Offringa Rick	03	08-021	11.36	25m	7-7-22	Heemskerk (NED)	519
2. Meijer Arno	75	08-021	11.60	25m	13-3-97	Heemskerk (NED)	487
2. Gaal Roel	01	08-021	11.60	25m	7-7-22	Heemskerk (NED)	487
4. Camphuijnder Wilko	69	08-021	11.70	25m	12-2-98	Heemskerk (NED)	475
5. Hogenstijn Peter	84	08-021	11.90	25m	29-3-01	Heemskerk (NED)	451
6. Oudendijk Paul	81	08-021	11.98	25m	4-3-06	Aberdeen (GBR)	442
7. Jongert Jeroen	96	08-021	12.01	25m	7-7-22	Heemskerk (NED)	439
8. Butter Martijn	79	08-021	12.14	25m	25-3-99	Heemskerk (NED)	425
8. Kleijne Barry	93	08-021	12.14	25m	30-6-11	Heemskerk (NED)	425
10. Kerkhof Arno	72	08-021	12.20	25m	31-12-89	Heemskerk (NED)	419
11. Stins Arnold	83	08-021	12.22	25m	4-5-00	Heemskerk (NED)	417
12. Haack Stefan	82	08-021	12.43	25m	23-6-24	Krommenie (NED)	396
13. Hermans Luuk	85	08-021	12.45	25m	19-4-07	Heemskerk (NED)	394
14. Gaal Koen	99	08-021	12.47	25m	7-7-22	Heemskerk (NED)	392
15. Jongert Sjoerd	01	08-021	12.49	25m	7-7-22	Heemskerk (NED)	390
16. Schaaper Hans	68	08-021	12.50	25m	17-12-87	Heemskerk (NED)	389
17. Druyven Jorrick	94	08-021	12.52	25m	29-5-08	Heemskerk (NED)	387
18. Oortwijn Kalle	05	08-021	12.55	25m	7-7-22	Heemskerk (NED)	385
19. Pover Peter	69	08-021	12.60	25m	31-12-89	Heemskerk (NED)	380
19. van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
21. de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
22. Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
23. Kramer Vincent	82	08-021	12.74	25m	29-3-01	Heemskerk (NED)	368
24. Kuilman Joris	80	08-021	12.75	25m	29-3-01	Heemskerk (NED)	367
24. de Ruijter Richard	88	08-021	12.75	25m	27-4-06	Heemskerk	367

**50 vrije slag**

1. Offringa Rick	03	08-021	24.16	25m	9-4-23	Haarlem (NED)	589
2. Jongert Jeroen	96	08-021	24.78	25m	13-10-16	Heemskerk (NED)	546
3. Gaal Roel	01	08-021	24.86	25m	24-11-19	Hoofddorp (NED)	541
4. Kleijne Barry	93	08-021	24.96	25m	29-3-15	Zaandam (NED)	534
5. van Beek Klaas	88	08-021	25.27	25m	23-5-10	Purmerend (NED)	515
6. Meijer Arno	75	08-021	25.50	25m	26-1-95	Heemskerk (NED)	501
7. Camphuijnder Wilko	69	08-021	25.60	25m	8-3-98	Zaandam (NED)	495
8. Butter Martijn	79	08-021	25.61	25m	4-11-99	Heemskerk (NED)	495
9. Jongert Sjoerd	01	08-021	25.72	25m	18-9-22	Alkmaar (NED)	488
10. de Wit Stephen	93	08-021	25.77	25m	16-2-14	Purmerend (NED)	485
11. Kerkhof Arno	72	08-021	25.90	25m	31-5-90	Heemskerk (NED)	478
12. Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
13. Crok Pieter	91	08-021	26.03	25m	31-10-13	Heemskerk (NED)	471
13. Gaal Koen	99	08-021	26.03	25m	21-11-21	Den Helder (NED)	471
15. Hogenstijn Peter	84	08-021	26.15	25m	27-9-01	Heemskerk	465
16. Camphuijnder Jasper	05	08-021	26.23	25m	25-6-23	Rotterdam (NED)	460
17. van de Poll Kevin	86	08-021	26.32	25m	29-1-04	Heemskerk (NED)	456
17. Oudendijk Paul	81	08-021	26.32	25m	23-4-06	Zaandam (NED)	456
19. Oortwijn Maarten	80	08-021	26.40	50m	7-6-97	Beverwijk (NED)	496
20. van Rookhuizen Barry	82	08-021	26.48	25m	17-10-99	Zaandam (NED)	447
21. Kranenburg Fred	63	08-021	26.50	25m	11-12-83	Heemskerk (NED)	446
22. van der Gracht Jory	87	08-021	26.58	25m	12-3-17	Purmerend (NED)	442
23. Di Mattia Angelo	97	08-021	26.59	25m	15-2-15	Purmerend (NED)	442
24. Kramer Vincent	82	08-021	26.65	25m	7-11-04	IJmuiden (NED)	439
25. Oortwijn Kalle	05	08-021	26.67	25m	21-1-23	Hoofddorp (NED)	438

**100 vrije slag**

1. Gaal Roel	01	08-021	53.29	25m	12-1-20	Purmerend (NED)	599
2. Jongert Jeroen	96	08-021	53.64	25m	12-2-17	Purmerend (NED)	588
3. Offringa Rick	03	08-021	54.00	25m	23-4-23	Den Helder (NED)	576
4. Kleijne Barry	93	08-021	54.59	25m	23-4-15	Heemskerk (NED)	557
5. Butter Martijn	79	08-021	54.80	25m	4-5-00	Heemskerk (NED)	551
6. Hogenstijn Peter	84	08-021	55.53	25m	16-4-01	Haarlem (NED)	530
7. Camphuijnder Wilko	69	08-021	55.60	25m	14-12-97	Heemskerk (NED)	528
7. van Beek Klaas	88	08-021	55.60	25m	31-5-09	Purmerend (NED)	528
9. Jongert Sjoerd	01	08-021	56.14	25m	24-3-19	Purmerend (NED)	512
10. Camphuijnder Jasper	05	08-021	56.45	25m	16-12-22	Den Haag (NED)	504
11. Oudendijk Paul	81	08-021	56.85	25m	18-1-04	IJmuiden (NED)	493
12. de Wit Stephen	93	08-021	57.02	25m	17-11-13	Heemskerk (NED)	489
13. Kerkhof Arno	72	08-021	57.30	25m	31-5-90	Heemskerk (NED)	482
14. Gaal Koen	99	08-021	57.35	25m	23-4-23	Den Helder (NED)	481
15. Crok Pieter	91	08-021	57.68	25m	15-3-09	Haarlem (NED)	472
16. Meijer Arno	75	08-021	57.80	25m	26-11-95	Heemskerk (NED)	470
17. Kranenburg Fred	63	08-021	57.90	25m	18-4-82		467
18. van der Gracht Jory	87	08-021	57.95	25m	7-11-09	Hoorn (NED)	466
19. Schelvis Sjeng	89	08-021	58.52	25m	25-3-04	Heemskerk	452
20. Glorie Daan	88	08-021	58.54	25m	29-12-06	Maastricht (NED)	452
21. van Rookhuizen Barry	82	08-021	58.78	25m	12-12-99	Heemskerk (NED)	446
22. van de Poll Kevin	86	08-021	58.82	25m	28-12-03	Maastricht (NED)	445
23. Kramer Vincent	82	08-021	58.90	25m	19-1-03	Zaandam	444
24. Kuilman Joris	80	08-021	58.92	25m	23-4-00	Haarlem (NED)	443
25. Druyven Jorrick	94	08-021	59.07	25m	24-3-08	Haarlem (NED)	440

**200 vrije slag**

1. Offringa Rick	03	08-021	1:57.80	25m	30-3-23	Heemskerk (NED)	600
2. Gaal Roel	01	08-021	1:58.67	25m	23-11-19	Hoofddorp (NED)	587
3. Jongert Jeroen	96	08-021	2:00.76	25m	16-3-17	Heemskerk (NED)	557
4. Butter Martijn	79	08-021	2:01.19	25m	18-3-01	Zaandam (NED)	551
5. Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
6. Kleijne Barry	93	08-021	2:02.51	25m	6-3-14	Heemskerk (NED)	533
7. van Beek Klaas	88	08-021	2:05.63	25m	22-11-09	Purmerend (NED)	494
8. Crok Pieter	91	08-021	2:06.71	25m	15-3-09	Haarlem (NED)	482
9. Glorie Daan	88	08-021	2:06.85	25m	24-2-07	Hoornd (NED)	480
10. Oudendijk Paul	81	08-021	2:07.98	25m	3-2-07	Aberdeen (GBR)	468
11. Gaal Koen	99	08-021	2:08.09	25m	20-11-22	Den Helder (NED)	466
12. van der Gracht Jory	87	08-021	2:08.49	25m	27-9-09	Zaandam (NED)	462
13. Jongert Sjoerd	01	08-021	2:08.54	25m	12-4-18	Heemskerk (NED)	462
14. Camphuijnder Wilko	69	08-021	2:09.20	25m	6-4-97	Heemskerk (NED)	454
15. Meijer Arno	75	08-021	2:09.30	25m	17-2-94	Heemskerk	453
16. de Wit Stephen	93	08-021	2:09.48	25m	22-3-12	Heemskerk (NED)	452
17. Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
18. Druyven Jorrick	94	08-021	2:09.96	25m	9-3-08	Heemskerk (NED)	447
19. Stins Arnold	83	08-021	2:10.77	25m	6-4-02	Hengelo (NED)	438
20. van de Poll Kevin	86	08-021	2:11.10	25m	18-12-03	Heemskerk (NED)	435
21. Kuilman Joris	80	08-021	2:11.51	25m	17-12-98	Heemskerk (NED)	431
22. Korzelius Ron	65	08-021	2:12.20	25m	22-1-84	Zandvoort (NED)	424
23. Camphuijnder Jasper	05	08-021	2:12.78	25m	14-3-24	Heemskerk (NED)	419
24. Dekker Matthijs	90	08-021	2:13.06	25m	16-4-05	Zwaagwesteinde (NED)	416
25. Kranenburg Fred	63	08-021	2:13.10	25m	17-1-82		416

**250 vrije slag**

1. Nijland Yoran	05	08-021	4:58.49	OW	26-7-14	Anna-Paulowna (NED)
2. Butter Stijn	11	08-021	6:22.07	OW	22-6-19	Bodegraven (NED)
3. Butter Jurre	12	08-021	10:33.21	OW	8-7-23	Anna Paulowna (NED)
4. Butter Martijn	79	08-021	13:13.47	OW	25-6-22	Anna-Paulowna (NED)

**300 vrije slag**

1. Offringa Rick	03	08-021	3:14.75	25m	1-10-23	Den Helder (NED)	512
2. Butter Martijn	79	08-021	3:20.17	25m	12-4-09	Haarlem (NED)	471
3. Kleijne Barry	93	08-021	3:21.95	25m	4-10-15	Purmerend (NED)	459
4. Druyven Jorrick	94	08-021	3:26.39	25m	25-1-08	Terneuzen (NED)	430
5. van Beek Klaas	88	08-021	3:26.61	25m	22-11-09	Purmerend (NED)	428
6. Jongert Jeroen	96	08-021	3:26.99	25m	4-10-15	Purmerend (NED)	426
7. Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
8. Glorie Daan	88	08-021	3:31.66	25m	3-3-07	Hoornd (NED)	398
9. van de Poll Kevin	86	08-021	3:33.37	25m	29-4-04	Heemskerk (NED)	389
10. Dekker Matthijs	90	08-021	3:33.86	25m	12-2-05	Zoetermeer	386
11. Stins Arnold	83	08-021	3:35.21	25m	29-4-04	Heemskerk (NED)	379
12. van der Gracht Jory	87	08-021	3:35.98	25m	14-5-16	Purmerend (NED)	375
13. Tijms Stefan	93	08-021	3:37.54	25m	24-4-11	Haarlem (NED)	367
14. Gaal Roel	01	08-021	3:38.21	50m	28-5-16	Alkmaar (NED)	401
15. Camphuijnder Jasper	05	08-021	3:40.37	25m	1-10-23	Den Helder (NED)	353
16. Dekker Ruben	93	08-021	3:40.76	50m	27-2-05	Amsterdam (NED)	388
17. Oudendijk Paul	81	08-021	3:41.56	25m	14-10-07	Zaandam (NED)	347
18. Steenbergen Roderik	82	08-021	3:43.38	25m	29-4-04	Heemskerk (NED)	339

300 vrije slag (sinds 19)

19.	van Rookhuizen Barry	82	08-021	3:43.95	25m	29-4-04	Heemskerk (NED)	336
20.	de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
21.	Butter Joris	86	08-021	3:49.37	25m	29-4-04	Heemskerk (NED)	313
22.	Hermans Luuk	85	08-021	3:50.82	25m	29-4-04	Heemskerk (NED)	307
23.	Woudsma Stefan	00	08-021	3:52.39	50m	30-4-16	Alkmaar (NED)	332
24.	Hoening Jarl	86	08-021	3:52.45	25m	29-4-04	Heemskerk (NED)	301
25.	Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286

400 vrije slag

1.	Butter Martijn	79	08-021	4:16.68	25m	31-5-01	Heemskerk (NED)	565
2.	Offringa Rick	03	08-021	4:23.94	25m	1-10-23	Den Helder (NED)	520
3.	Jongert Jeroen	96	08-021	4:27.04	25m	8-1-17	Purmerend (NED)	502
4.	Druyven Jorrick	94	08-021	4:29.62	25m	12-5-08	Purmerend (NED)	487
5.	Glorie Daan	88	08-021	4:29.85	25m	8-4-07	Haarlem (NED)	486
6.	Oudendijk Paul	81	08-021	4:30.18	25m	4-10-09	Amsterdam-oost (NED)	484
7.	Kleijne Barry	93	08-021	4:31.98	25m	4-10-15	Purmerend (NED)	475
8.	Gaal Roel	01	08-021	4:34.39	25m	18-11-18	Hoofddorp (NED)	462
9.	Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
10.	Hogenstijn Peter	84	08-021	4:37.07	25m	31-5-01	Heemskerk (NED)	449
11.	van Beek Klaas	88	08-021	4:38.69	25m	4-10-09	Amsterdam-oost (NED)	441
12.	van der Gracht Jory	87	08-021	4:39.01	25m	18-12-11	Zaandam (NED)	440
13.	Camphuijnder Wilko	69	08-021	4:40.20	25m	26-10-97	Heemskerk (NED)	434
14.	Meijer Arno	75	08-021	4:41.10	25m	16-1-94	Heemskerk	430
15.	Stins Arnold	83	08-021	4:42.76	25m	31-5-01	Heemskerk (NED)	422
16.	Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
17.	Dekker Matthijs	90	08-021	4:44.55	25m	6-3-05	Den Haag	415
18.	van de Poll Kevin	86	08-021	4:45.06	25m	29-4-04	Heemskerk (NED)	412
19.	Kranenburg Fred	63	08-021	4:49.10	25m	24-1-82		395
20.	de Vijlder Michael	75	08-021	4:51.40	25m	4-4-96	Heemskerk (NED)	386
21.	Jongert Sjoerd	01	08-021	4:51.67	25m	17-4-22	Haarlem (NED)	385
22.	Camphuijnder Jasper	05	08-021	4:51.73	25m	27-11-22	Hoofddorp (NED)	385
23.	Kuilman Joris	80	08-021	4:52.10	25m	19-3-98	Heemskerk (NED)	383
24.	Tijms Stefan	93	08-021	4:52.54	25m	24-4-11	Haarlem (NED)	381
25.	Essers Tim	88	08-021	4:53.83	25m	28-4-05	Heemskerk (NED)	376

500 vrije slag

1.	Dekker Ruben	93	08-021	6:31.30	OW	2-7-05	Sluis (NED)
2.	van Beek Klaas	88	08-021	7:09.24	OW	3-7-10	Appeltern (NED)
3.	Druyven Jorrick	94	08-021	7:18.60	OW	22-7-06	Anna-Paulowna (NED)
4.	Tijms Stefan	93	08-021	7:21.85	OW	10-7-10	Wijk en Aalburg (NED)
5.	Koopman Axel	92	08-021	8:32.35	OW	29-6-03	Breukelen (NED)
6.	Vlieland Roy	99	08-021	8:37.92	OW	19-6-11	Spaarnwoude (NED)
7.	Butter Stijn	11	08-021	8:54.71	OW	15-7-23	Amstelveen (NED)
8.	Nijland Yoran	05	08-021	9:02.02	OW	23-7-16	Amstelveen (NED)
9.	Kleijne Barry	93	08-021	9:04.12	OW	18-8-02	Eersel (NED)
10.	Groen Jarno	01	08-021	9:12.72	OW	17-6-12	Spaarnwoude (NED)
11.	Woudsma Stefan	00	08-021	9:24.08	OW	22-7-12	Amsterdam (NED)
12.	Wassenaar Joris	01	08-021	9:54.50	OW	17-6-12	Spaarnwoude (NED)
13.	de Rooij Coen	89	08-021	10:28.09	OW	23-7-00	Amsterdam (NED)
14.	van Dijk Mitchell	99	08-021	10:32.60	OW	25-7-10	Langedijk (NED)
15.	Steijn Daan	11	08-021	11:12.42	OW	15-7-23	Amstelveen (NED)

500 vrije slag (sinds 16)

16. Huis in 't Veld Lorenzo	03	08-021	11:23.07	OW	18-7-15	Amstelveen (NED)
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**800 vrije slag**

1. Butter Martijn	79	08-021	8:55.09	25m	21-1-01	Heemskerk (NED)	569
2. Offringa Rick	03	08-021	9:13.45	25m	23-10-22	Hoofddorp (NED)	514
3. Kleijne Barry	93	08-021	9:33.95	25m	12-9-10	Zaandam (NED)	461
4. Glorie Daan	88	08-021	9:37.88	25m	11-2-07	Zaandam (NED)	451
5. Hogenstijn Peter	84	08-021	9:39.08	25m	21-1-01	Heemskerk (NED)	448
6. Oudendijk Paul	81	08-021	9:39.57	25m	17-10-04	Zaandam (NED)	447
7. Druyven Jorrick	94	08-021	9:40.09	25m	30-3-08	Zaandam (NED)	446
8. Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
9. Crok Pieter	91	08-021	9:48.96	25m	28-9-08	Zaandam (NED)	426
10. Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423
11. Dekker Matthijs	90	08-021	10:02.56	25m	17-10-04	Zaandam (NED)	398
12. Schelvis Sjeng	89	08-021	10:02.69	25m	17-10-04	Zaandam (NED)	398
13. van der Gracht Jory	87	08-021	10:04.40	25m	14-10-07	Zaandam (NED)	394
14. Kerkhof Arno	72	08-021	10:05.00	25m	22-4-90	Heemstede (NED)	393
15. Tamis Thijs	82	08-021	10:19.19	25m	8-9-02	Heemskerk	367
16. Dekker Ruben	93	08-021	10:22.42	25m	18-12-05	Amsterdam (NED)	361
17. Steenbergen Roderik	82	08-021	10:25.50	25m	5-11-00	Zaandam (NED)	356
18. de Vijlder Michael	75	08-021	10:26.90	25m	16-12-95		353
19. Tijms Stefan	93	08-021	10:27.55	25m	9-2-14	Zaandam (NED)	352
20. van de Poll Kevin	86	08-021	10:28.57	25m	16-11-03	Heemskerk (NED)	351
21. Kuilman Joris	80	08-021	10:29.80	25m	29-3-98	Heemstede (NED)	349
22. Gaal Roel	01	08-021	10:40.87	25m	18-10-15	Zaandam (NED)	331
23. Oortwijn Kalle	05	08-021	10:41.38	25m	23-10-22	Hoofddorp (NED)	330
24. Essers Tim	88	08-021	10:44.91	25m	10-2-02	Zaandam	325
25. Switser René	75	08-021	10:48.20	25m	28-12-89	Heemskerk (NED)	320

**1000 vrije slag**

1. Butter Martijn	79	08-021	11:58.63	OW	11-6-05	Gorinchem (NED)
2. Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)
3. Oudendijk Paul	81	08-021	12:32.86	OW	5-9-09	Wilhelminadorp (NED)
4. Crok Pieter	91	08-021	13:05.27	OW	24-6-07	Breukelen (NED)
5. van Beek Klaas	88	08-021	13:13.09	OW	5-9-09	Wilhelminadorp (NED)
6. Dekker Matthijs	90	08-021	13:14.39	OW	27-6-04	Breukelen (NED)
7. Tijms Stefan	93	08-021	13:22.88	OW	2-7-11	Appeltern (NED)
8. van der Gracht Jory	87	08-021	13:27.87	OW	5-9-09	Wilhelminadorp (NED)
9. Kleijne Barry	93	08-021	13:41.09	OW	25-7-10	Langedijk (NED)
10. Druyven Jorrick	94	08-021	13:53.65	OW	24-6-07	Breukelen (NED)
11. Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)
12. Dekker Ruben	93	08-021	14:08.48	OW	21-8-05	Eersel (NED)
13. Jongert Sjoerd	01	08-021	14:26.70	OW	2-9-17	Wilhelminadorp (NED)
14. de Jonge Marco	66	08-021	14:30.14	OW	5-9-15	Wilhelminadorp (NED)
15. Plokker Robert	65	08-021	14:46.30	OW	14-6-81	Amstelveen (NED)
16. Breton Wouter	89	08-021	15:04.19	OW	26-7-09	Langedijk (NED)
17. Offringa Rick	03	08-021	15:07.50	OW	29-7-17	Amstelveen (NED)
18. Stins Arnold	83	08-021	15:08.70	OW	12-7-98	Amsterdam (NED)
19. Kemmeren Ferry	91	08-021	15:11.06	OW	25-6-06	Breukelen (NED)
20. Meijer Arno	75	08-021	15:18.50	OW	13-8-00	Eersel (NED)
21. Essers Tim	88	08-021	15:22.72	OW	14-8-10	Heerjansdam (NED)

1000 vrije slag (sinds 22)

22. Verbree John	61	08-021	15:24.40	OW	14-6-81	Amstelveen (NED)
23. de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)
24. de Ruijter Richard	88	08-021	15:33.67	OW	23-6-02	Breukelen (NED)
25. Dekker Rudie	78	08-021	15:36.00	OW	12-7-94	Harderwijk (NED)

1250 vrije slag

1. Tijms Stefan	93	08-021	15:32.19	OW	19-8-11	Leiden (NED)
2. Jongert Sjoerd	01	08-021	17:45.10	OW	10-9-17	Hoorn (NED)
3. Butter Martijn	79	08-021	17:51.97	OW	19-6-22	Hoorn (NED)
4. van der Gracht Jory	87	08-021	18:57.13	OW	21-7-18	Hoorn (NED)
5. de Jonge Marco	66	08-021	22:18.56	OW	21-7-18	Hoorn (NED)
6. Tijms Eric	64	08-021	22:22.25	OW	28-7-19	Hoorn (NED)

1500 vrije slag

1. Butter Martijn	79	08-021	17:04.13	25m	11-2-01	Zaandam (NED)	567
2. Druyven Jorrick	94	08-021	18:07.48	25m	30-3-08	Zaandam (NED)	474
3. Glorie Daan	88	08-021	18:15.40	25m	11-2-07	Zaandam (NED)	464
4. Hogenstijn Peter	84	08-021	18:16.50	25m	21-1-01	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	18:29.63	25m	28-3-10	Zeist (NED)	446
6. Crok Pieter	91	08-021	18:40.96	25m	24-2-08	Zaandam (NED)	433
7. Oudendijk Paul	81	08-021	18:41.59	25m	16-11-03	Heemskerk (NED)	432
8. Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
9. Dekker Matthijs	90	08-021	19:08.18	25m	14-11-04	Heemskerk (NED)	402
10. Offringa Rick	03	08-021	19:12.98	50m	19-2-23	Alkmaar (NED)	431
11. Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
12. van der Gracht Jory	87	08-021	19:22.18	25m	1-5-05	Zaandam (NED)	388
13. Kerkhof Arno	72	08-021	19:24.60	25m	22-4-90	Heemstede (NED)	386
14. Schelvis Sjeng	89	08-021	19:32.59	25m	14-11-04	Heemskerk (NED)	378
14. Dekker Ruben	93	08-021	19:32.59	25m	18-12-05	Amsterdam (NED)	378
16. Tamis Thijs	82	08-021	19:35.74	25m	11-2-01	Zaandam (NED)	375
17. van de Poll Kevin	86	08-021	19:47.07	25m	16-11-03	Heemskerk (NED)	364
18. Kuilman Joris	80	08-021	19:53.60	25m	29-3-98	Heemstede (NED)	358
19. de Vijlder Michael	75	08-021	19:55.50	25m	18-12-94	Wormerveer (NED)	356
20. Kranenburg Fred	63	08-021	20:00.90	25m	10-1-82	Wormerveer (NED)	352
21. Tijms Stefan	93	08-021	20:01.73	25m	9-2-14	Zaandam (NED)	351
22. Essers Tim	88	08-021	20:11.97	25m	1-12-02	Heemskerk	342
23. de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336
24. Steenberg Roderik	82	08-021	20:20.83	25m	23-1-00	Heemskerk (NED)	335
25. Hoenink Jarl	86	08-021	20:52.43	25m	16-11-03	Heemskerk (NED)	310

**2000 vrije slag**

1. Butter Martijn	79	08-021	23:14.53	25m	11-2-01	Zaandam (NED)	533
2. Glorie Daan	88	08-021	24:24.56	25m	11-2-07	Zaandam (NED)	460
3. Stins Arnold	83	08-021	24:32.46	25m	5-3-00	Zaandam (NED)	452
4. Kleijne Barry	93	08-021	24:51.60	25m	28-2-10	Zaandam (NED)	435
5. Crok Pieter	91	08-021	24:59.43	25m	24-2-08	Zaandam (NED)	428
6. Oudendijk Paul	81	08-021	25:11.78	25m	29-1-06	Zaandam (NED)	418
7. Dekker Matthijs	90	08-021	25:59.36	OW	10-7-05	Beusichem-Culemborg (NED)	
8. Tamis Thijs	82	08-021	26:11.09	25m	11-2-01	Zaandam (NED)	372
9. Schelvis Sjeng	89	08-021	26:19.41	25m	7-3-04	Zaandam	366
10. van der Gracht Jory	87	08-021	26:19.79	25m	1-3-09	Zaandam (NED)	366
11. Hogenstijn Peter	84	08-021	26:22.85	OW	23-6-02	Breukelen (NED)	
12. Steenbergen Roderik	82	08-021	26:52.92	25m	5-3-00	Zaandam (NED)	344
13. Tijms Stefan	93	08-021	27:15.27	OW	3-7-11	Bodegraven (NED)	
14. Kuilman Joris	80	08-021	27:31.38	25m	5-3-00	Zaandam (NED)	321
15. Essers Tim	88	08-021	27:46.20	25m	16-2-03	Zaandam	312
16. Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
17. Hoenink Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
18. Woudsma Stefan	00	08-021	28:13.03	25m	22-2-15	Zaandam (NED)	297
19. Beentjes Bastiaan	78	08-021	28:19.97	25m	5-3-00	Zaandam (NED)	294
20. Kramer Vincent	82	08-021	28:33.28	25m	5-3-00	Zaandam (NED)	287
21. van Beek Klaas	88	08-021	28:35.16	OW	5-9-09	Wilhelminadorp (NED)	
22. de Ruijter Richard	88	08-021	29:04.80	25m	16-2-03	Zaandam	272
23. Meijer Arno	75	08-021	29:23.60	OW	16-7-95	Amsterdam (NED)	
24. de Vijlder Michael	75	08-021	29:28.60	OW	16-7-95	Amsterdam (NED)	
25. Butter Joris	86	08-021	29:32.47	25m	16-2-03	Zaandam	259

**2500 vrije slag**

1. Butter Martijn	79	08-021	31:32.79	OW	23-6-01	Scheerwolde (NED)	
2. Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)	
3. Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)	
4. Oudendijk Paul	81	08-021	33:43.85	OW	26-6-04	Scheerwolde (NED)	
5. Kleijne Barry	93	08-021	35:16.17	OW	25-7-10	Langedijk (NED)	
6. van der Gracht Jory	87	08-021	35:47.10	OW	7-7-07	Oss (NED)	
7. van Beek Klaas	88	08-021	36:43.01	OW	17-7-10	Middelburg (NED)	
8. Jongert Sjoerd	01	08-021	37:05.15	OW	3-9-17	Vlissingen (NED)	
9. Tijms Stefan	93	08-021	37:30.04	OW	24-7-11	Langedijk (NED)	
10. Essers Tim	88	08-021	40:51.97	OW	25-7-10	Langedijk (NED)	
11. Tijms Eric	64	08-021	44:29.24	OW	27-7-14	Medemblik (NED)	
12. Butter Stijn	11	08-021	45:01.03	OW	6-7-24	Hoek (NED)	
13. de Weert Sander	72	08-021	45:38.00	OW	24-8-13	Oirschot (NED)	
14. Crok Dirk	58	08-021	46:56.10	OW	27-7-14	Medemblik (NED)	
15. Glorie Jan	57	08-021	1:05:05.95	OW	27-6-10	Sluis (NED)	

**3000 vrije slag**

1. Butter Martijn	79	08-021	36:36.01	50m	28-4-01	Drachten (NED)	499
2. Glorie Daan	88	08-021	39:22.10	OW	15-7-06	Wijk en Aalburg (NED)	
3. Oudendijk Paul	81	08-021	39:53.44	OW	31-7-04	Anna-Paulowna (NED)	
4. Stins Arnold	83	08-021	40:01.29	OW	1-7-01	Sluis (NED)	
5. Dekker Matthijs	90	08-021	41:18.47	OW	16-7-04	Tilburg (NED)	
6. van der Gracht Jory	87	08-021	41:22.95	OW	7-9-13	Eindhoven (NED)	
7. Tijms Eric	64	08-021	42:05.80	OW	17-6-12	Riccione (ITA)	
8. Tijms Stefan	93	08-021	42:30.80	OW	8-9-18	Bled (SLO)	
9. de Weert Sander	72	08-021	42:46.50	OW	16-6-12	Riccione (ITA)	
10. de Jonge Marco	66	08-021	43:59.30	OW	7-9-13	Eindhoven (NED)	
11. Kleijne Barry	93	08-021	44:07.60	OW	24-7-10	Anna-Paulowna (NED)	
12. de Vijlder Michael	75	08-021	45:27.90	OW	2-7-95	Veghel (NED)	
13. van Beek Klaas	88	08-021	46:18.17	OW	30-8-09	Oosterhout (NED)	
14. Meijer Arno	75	08-021	46:41.50	OW	29-7-95	Anna-Paulowna (NED)	
15. Jongert Sjoerd	01	08-021	46:58.95	OW	7-7-18	Vianen (NED)	
16. Kramer Vincent	82	08-021	48:57.90	OW	27-8-00	Oosterhout (NED)	
17. Crok Dirk	58	08-021	50:46.90	OW	7-9-13	Eindhoven (NED)	
18. Wassenaar Marcel	69	08-021	52:01.70	OW	24-7-10	Anna-Paulowna (NED)	
19. Prins Hilbert	51	08-021	52:37.20	OW	7-9-13	Eindhoven (NED)	
20. Vink Jan Jaap	59	08-021	53:40.10	OW	7-9-13	Eindhoven (NED)	
21. van der Gracht Adrie	57	08-021	58:49.30	OW	17-6-12	Riccione (ITA)	
22. Oudendijk Hans	54	08-021	1:04:50.05	OW	7-9-13	Eindhoven (NED)	
23. Glorie Jan	57	08-021	1:13:57.90	OW	7-8-10	Goteborg (SWE)	

**4000 vrije slag**

1. Butter Martijn	79	08-021	57:43.84	OW	15-7-23	Amstelveen (NED)
2. van der Gracht Jory	87	08-021	1:01:07.01	OW	4-8-13	Amstelveen (NED)
3. Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)
4. Tijms Eric	64	08-021	1:11:51.90	OW	18-7-15	Amstelveen (NED)

**5000 vrije slag**

1. Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2. Butter Martijn	79	08-021	1:03:55.94	OW	7-7-01	Vriezenveen (NED)
3. Stins Arnold	83	08-021	1:08:48.37	OW	7-7-01	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	1:09:53.59	OW	5-9-04	Vlissingen (NED)
5. Kleijne Barry	93	08-021	1:11:56.36	OW	6-9-09	Vlissingen (NED)
6. van der Gracht Jory	87	08-021	1:12:38.11	OW	15-6-08	Spaarnwoude (NED)
7. van Beek Klaas	88	08-021	1:13:06.36	OW	6-9-09	Vlissingen (NED)
8. Tijms Stefan	93	08-021	1:13:19.95	OW	3-7-11	Bodegraven (NED)
9. de Jonge Marco	66	08-021	1:19:25.95	OW	7-9-14	Vlissingen (NED)
10. Wassenaar Marcel	69	08-021	1:23:54.87	OW	4-7-10	Bodegraven (NED)
11. de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)
12. Tijms Eric	64	08-021	1:31:03.05	OW	26-8-12	Oosterhout (NED)
13. Crok Dirk	58	08-021	1:33:49.64	OW	25-8-13	Oosterhout (NED)
14. van der Gracht Adrie	57	08-021	2:07:22.45	OW	4-7-10	Bodegraven (NED)
15. Glorie Jan	57	08-021	2:07:42.23	OW	4-7-10	Bodegraven (NED)



**6000 vrije slag**

1. Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)
2. Butter Martijn	79	08-021	1:01:09.04	OW	14-7-24	Beusichem-Culemborg (NED)
3. Wassenaar Marcel	69	08-021	1:14:12.72	OW	8-7-12	Beusichem-Culemborg (NED)
4. Tijms Eric	64	08-021	1:17:08.68	OW	10-7-16	Beusichem-Culemborg (NED)
5. Crok Dirk	58	08-021	1:24:18.16	OW	8-7-12	Beusichem-Culemborg (NED)
6. van Beek Klaas	88	08-021	1:31:30.75	OW	11-7-10	Beusichem-Culemborg (NED)
7. Tijms Stefan	93	08-021	1:38:10.59	OW	8-7-18	Beusichem-Culemborg (NED)

**6500 vrije slag**

1. de Jonge Marco	66	08-021	1:59:53.25	OW	28-8-16	Oosterhout (NED)
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**10000 vrije slag**

1. Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)
2. Butter Martijn	79	08-021	2:24:59.78	OW	13-6-09	Vriezenveen (NED)
3. Tijms Stefan	93	08-021	2:44:08.00	OW	18-6-11	Vriezenveen (NED)
4. Oudendijk Paul	81	08-021	2:50:22.37	50m	28-4-09	Zwaag (NED)
5. de Jonge Marco	66	08-021	2:50:56.97	OW	14-6-14	Vriezenveen (NED)

**20000 vrije slag**

1. Glorie Daan	88	08-021	4:54:12.95	50m	24-12-06	Amsterdam (NED)
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**22000 vrije slag**

1. Glorie Daan	88	08-021	5:10:46.39	OW	12-8-06	Stavoren-Medemblik (NED)
2. Butter Martijn	79	08-021	5:49:07.32	OW	8-8-09	Stavoren-Medemblik (NED)
3. Oudendijk Paul	81	08-021	6:48:30.12	OW	8-8-09	Stavoren-Medemblik (NED)

**25 rugslag**

1. Offringa Rick	03	08-021	13.78	25m	7-7-22	Heemskerk (NED)	424
2. Schaaper Hans	68	08-021	14.00	25m	12-1-89	Heemskerk (NED)	405
3. Gaal Koen	99	08-021	14.42	25m	7-7-22	Heemskerk (NED)	370
4. Gaal Roel	01	08-021	14.45	25m	7-7-22	Heemskerk (NED)	368
5. Pover Peter	69	08-021	14.60	25m	12-1-89	Heemskerk (NED)	357
5. Oudendijk Paul	81	08-021	14.60	25m	29-5-08	Heemskerk (NED)	357
7. Hermans Luuk	85	08-021	14.77	25m	19-4-07	Heemskerk (NED)	345
8. Kerkhof Arno	72	08-021	14.80	25m	31-12-89	Heemskerk (NED)	343
9. Oortwijn Kalle	05	08-021	14.81	25m	7-7-22	Heemskerk (NED)	342
10. Druyven Jorrick	94	08-021	14.87	25m	29-5-08	Heemskerk (NED)	338
10. Jongert Jeroen	96	08-021	14.87	25m	7-7-22	Heemskerk (NED)	338
12. Meijer Arno	75	08-021	14.90	25m	18-6-92	Heemskerk	336
12. Camphuijnder Wilko	69	08-021	14.90	25m	15-1-98	Heemskerk (NED)	336
14. Steenbergen Roderik	82	08-021	14.91	25m	17-2-00	Heemskerk (NED)	335
15. Butter Martijn	79	08-021	15.00	25m	19-4-07	Heemskerk (NED)	329
16. Hogenstijn Peter	84	08-021	15.03	25m	22-2-01	Heemskerk (NED)	327
17. Stins Arnold	83	08-021	15.20	25m	17-2-00	Heemskerk (NED)	316
17. Essers Tim	88	08-021	15.20	25m	27-4-06	Heemskerk	316
19. Kuilman Joris	80	08-021	15.50	25m	15-1-98	Heemskerk (NED)	298
20. Tamis Thijs	82	08-021	15.52	25m	22-2-01	Heemskerk (NED)	297
21. Wiegman Stefan	74	08-021	15.60	25m	12-1-89	Heemskerk (NED)	292
21. Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292

25 rugslag (sinds 23)

23. Kramer Vincent	82	08-021	15.66	25m	17-2-00	Heemskerk (NED)	289
24. Crok Pieter	91	08-021	15.67	25m	29-5-08	Heemskerk (NED)	288
25. Glorie Daan	88	08-021	15.70	25m	27-4-06	Heemskerk	287

50 rugslag

1. Kleijne Barry	93	08-021	27.86	25m	9-3-14	Zaandam (NED)	507
2. Jongert Jeroen	96	08-021	28.42	25m	2-7-17	Den Helder (NED)	477
3. Offringa Rick	03	08-021	28.89	25m	2-10-22	Den Helder (NED)	454
4. Breton Wouter	89	08-021	29.10	50m	17-5-09	Alkmaar (NED)	563
5. Oudendijk Paul	81	08-021	29.45	25m	6-11-05	Zaandam (NED)	429
6. Gaal Koen	99	08-021	29.75	25m	10-4-23	Haarlem (NED)	416
7. de Wit Stephen	93	08-021	30.21	25m	9-2-12	Heemskerk (NED)	397
8. Oortwijn Kalle	05	08-021	30.23	25m	17-3-22	Heemskerk (NED)	397
9. Gaal Roel	01	08-021	30.44	25m	30-1-20	Heemskerk (NED)	388
10. van Beek Klaas	88	08-021	30.51	25m	7-2-10	Heemstede (NED)	386
11. Jongert Sjoerd	01	08-021	30.71	25m	4-10-20	Heemskerk (NED)	378
12. Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
13. van der Linden René	70	08-021	30.90	25m	10-11-85		371
14. Hogenstijn Peter	84	08-021	30.93	25m	25-1-01	Heemskerk (NED)	370
15. Hermans Luuk	85	08-021	31.02	25m	6-11-05	Zaandam (NED)	367
16. Butter Martijn	79	08-021	31.18	25m	12-4-09	Haarlem (NED)	361
17. Schaaper Hans	68	08-021	31.20	25m	15-12-88	Heemskerk (NED)	361
18. Druyven Jorrick	94	08-021	31.26	25m	10-2-08	Purmerend (NED)	359
19. Dekker Matthijs	90	08-021	31.29	25m	15-5-05	Zuidoost-Beemster (NED)	358
20. Camphuijnder Wilko	69	08-021	31.44	25m	25-1-01	Heemskerk (NED)	353
21. Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
22. Steenbergen Roderik	82	08-021	31.68	25m	14-11-99	Zaandam (NED)	345
23. Kerkhof Arno	72	08-021	31.70	25m	22-4-90	Heemstede (NED)	344
24. Meijer Arno	75	08-021	31.80	25m	23-2-95	Heemskerk (NED)	341
25. Pover Peter	69	08-021	32.00	25m	15-12-88	Heemskerk (NED)	334

100 rugslag

1. Kleijne Barry	93	08-021	58.63	25m	9-3-14	Zaandam (NED)	580
2. Jongert Jeroen	96	08-021	1:00.52	25m	16-4-17	Haarlem (NED)	527
3. Offringa Rick	03	08-021	1:00.91	25m	23-4-23	Den Helder (NED)	517
4. Oudendijk Paul	81	08-021	1:01.31	25m	11-12-05	Heemskerk (NED)	507
5. Gaal Koen	99	08-021	1:03.54	25m	24-4-22	Den Helder (NED)	455
6. Camphuijnder Wilko	69	08-021	1:05.30	25m	14-12-97	Heemskerk (NED)	419
7. de Wit Stephen	93	08-021	1:05.59	25m	9-3-14	Zaandam (NED)	414
8. Gaal Roel	01	08-021	1:05.63	25m	21-9-19	Amsterdam (NED)	413
9. Hogenstijn Peter	84	08-021	1:05.64	25m	15-4-01	Haarlem (NED)	413
10. Oortwijn Kalle	05	08-021	1:05.94	25m	15-12-22	Heemskerk (NED)	407
11. Jongert Sjoerd	01	08-021	1:06.01	25m	15-12-22	Heemskerk (NED)	406
12. Butter Martijn	79	08-021	1:06.05	25m	10-5-09	Purmerend (NED)	405
13. Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
14. Druyven Jorrick	94	08-021	1:06.59	25m	27-3-08	Heemskerk (NED)	396
15. Steenbergen Roderik	82	08-021	1:06.71	25m	12-4-04	Haarlem	393
16. Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
16. Crok Pieter	91	08-021	1:07.23	25m	17-2-08	Zaandam (NED)	384
18. Breton Wouter	89	08-021	1:07.27	50m	16-5-09	Beverwijk (NED)	457
19. van Beek Klaas	88	08-021	1:07.31	25m	28-11-09	Dongen (NED)	383

**100 rugslag (sinds 20)**

20. Schaaper Hans	68	08-021	1:07.60	25m	22-1-89	Zaandam (NED)	378
21. van der Gracht Jory	87	08-021	1:07.85	25m	12-12-13	Heemskerk (NED)	374
22. Hermans Luuk	85	08-021	1:07.88	25m	31-3-05	Heemskerk (NED)	373
23. van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371
24. Kramer Vincent	82	08-021	1:08.43	25m	26-2-04	Heemskerk (NED)	364
25. Kerkhof Arno	72	08-021	1:08.50	25m	22-3-90	Heemskerk (NED)	363

**200 rugslag**

1. Kleijne Barry	93	08-021	2:11.82	25m	16-11-14	Zaandam (NED)	514
2. Offringa Rick	03	08-021	2:13.13	25m	29-1-23	Heemskerk (NED)	499
3. Oudendijk Paul	81	08-021	2:13.19	25m	22-1-06	Emmeloord (NED)	498
4. Jongert Jeroen	96	08-021	2:14.39	25m	17-11-19	Hoofddorp (NED)	485
5. Butter Martijn	79	08-021	2:19.48	25m	14-12-00	Heemskerk (NED)	434
6. Gaal Koen	99	08-021	2:19.58	25m	29-1-23	Heemskerk (NED)	433
7. Gaal Roel	01	08-021	2:22.56	25m	12-1-20	Purmerend (NED)	406
8. Camphuijnder Wilko	69	08-021	2:23.30	25m	8-3-98	Zaandam (NED)	400
9. Druyven Jorrick	94	08-021	2:25.00	25m	16-3-08	Zaandam (NED)	386
10. Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
11. Steenbergen Roderik	82	08-021	2:27.19	25m	12-3-00	Heemskerk (NED)	369
12. Hogenstijn Peter	84	08-021	2:27.45	25m	16-3-03	Heemskerk	367
13. Camphuijnder Jasper	05	08-021	2:27.53	25m	23-4-23	Den Helder (NED)	367
14. Oortwijn Kalle	05	08-021	2:28.24	25m	13-3-22	Den Helder (NED)	361
15. de Wit Stephen	93	08-021	2:28.67	25m	10-11-13	Zaandam (NED)	358
16. Stins Arnold	83	08-021	2:28.73	25m	25-9-03	Heemskerk (NED)	358
17. Kramer Vincent	82	08-021	2:28.90	25m	21-1-99	Heemskerk (NED)	357
18. Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
19. van der Gracht Jory	87	08-021	2:29.13	25m	16-11-14	Zaandam (NED)	355
20. Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
21. Meijer Arno	75	08-021	2:30.20	25m	14-10-93	Heemskerk	347
22. Hermans Luuk	85	08-021	2:30.44	25m	14-3-04	Zaandam	346
23. Glorie Daan	88	08-021	2:31.21	25m	26-1-06	Heemskerk (NED)	340
24. Schaaper Hans	68	08-021	2:31.70	25m	30-9-89		337
25. van Beek Klaas	88	08-021	2:32.21	25m	17-1-10	Amsterdam-oost (NED)	334

**500 rugslag**

1. Oudendijk Paul	81	08-021	7:14.51	OW	7-7-07	Oss (NED)
2. Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)

**25 schoolslag**

1. Haack Stefan	82	08-021	14.41	25m	7-7-22	Heemskerk (NED)	524
2. Offringa Rick	03	08-021	14.56	25m	7-7-22	Heemskerk (NED)	508
3. Oudendijk Paul	81	08-021	14.72	25m	22-2-01	Heemskerk (NED)	491
4. Camphuijnder Wilko	69	08-021	15.00	25m	13-3-97	Heemskerk (NED)	464
5. Butter Martijn	79	08-021	15.10	25m	29-5-08	Heemskerk (NED)	455
6. Schaaper Hans	68	08-021	15.30	25m	12-1-89	Heemskerk (NED)	438
7. Kerkhof Arno	72	08-021	15.60	25m	12-1-89	Heemskerk (NED)	413
7. Beentjes Bastiaan	78	08-021	15.60	25m	17-2-00	Heemskerk (NED)	413
9. Hogenstijn Peter	84	08-021	15.67	25m	22-2-01	Heemskerk (NED)	407
10. Crok Pieter	91	08-021	15.78	25m	29-5-08	Heemskerk (NED)	399
11. Meijer Arno	75	08-021	15.80	25m	18-6-92	Heemskerk	397

25 schoolslag (sinds 12)

12. Kuilman Joris	80	08-021	15.81	25m	22-2-01	Heemskerk (NED)	397
13. Palmboom Pascal	89	08-021	15.91	25m	19-4-07	Heemskerk (NED)	389
14. de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
15. Tamis Thijs	82	08-021	15.94	25m	22-2-01	Heemskerk (NED)	387
16. Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
16. Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
18. Hermans Luuk	85	08-021	16.06	25m	19-4-07	Heemskerk (NED)	378
19. de Ruijter Richard	88	08-021	16.10	25m	27-4-06	Heemskerk	375
20. Jongert Sjoerd	01	08-021	16.12	25m	7-7-22	Heemskerk (NED)	374
21. Pover Peter	69	08-021	16.20	25m	16-5-91	Heemskerk (NED)	369
22. van der Kroft Barry	82	08-021	16.25	25m	22-2-01	Heemskerk (NED)	365
23. Zwaan Bas	76	08-021	16.40	25m	27-4-95	Heemskerk (NED)	355
24. Hoenink Jarl	86	08-021	16.49	25m	19-4-07	Heemskerk (NED)	349
25. Druyven Jorrick	94	08-021	16.50	25m	29-5-08	Heemskerk (NED)	349

50 schoolslag

1. Offringa Rick	03	08-021	30.04	25m	9-4-23	Haarlem (NED)	593
2. Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
3. Breton Wouter	89	08-021	31.37	25m	28-6-09	Alkmaar (NED)	521
4. Oudendijk Paul	81	08-021	32.21	25m	23-1-09	Vlissingen (NED)	481
5. Jongert Sjoerd	01	08-021	33.38	25m	27-10-22	Heemskerk (NED)	432
6. Butter Martijn	79	08-021	33.43	25m	22-1-09	Heemskerk (NED)	430
7. de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
8. van Rijn Michael	70	08-021	33.60	25m	10-11-85		424
9. Jongert Jeroen	96	08-021	33.79	25m	5-3-20	Heemskerk (NED)	417
10. Palmboom Pascal	89	08-021	33.93	25m	22-1-09	Heemskerk (NED)	412
11. Gaal Koen	99	08-021	34.18	25m	20-11-22	Den Helder (NED)	403
12. de Ruijter Richard	88	08-021	34.22	25m	28-12-03	Maastricht (NED)	401
13. Kleijne Barry	93	08-021	34.37	25m	17-3-16	Heemskerk (NED)	396
14. Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
15. Crok Pieter	91	08-021	34.53	25m	6-3-14	Heemskerk (NED)	391
16. van Beek Klaas	88	08-021	34.55	25m	23-5-10	Purmerend (NED)	390
17. Kuilman Joris	80	08-021	34.56	25m	24-9-98	Heemskerk (NED)	389
18. Dijkstra Menno	68	08-021	34.60	25m	8-3-87	Zaandam (NED)	388
18. Camphuijnder Wilko	69	08-021	34.60	25m	10-10-96	Heemskerk (NED)	388
20. Hermans Luuk	85	08-021	34.63	25m	25-11-04	Heemskerk (NED)	387
21. Meijer Arno	75	08-021	34.70	25m	12-10-95	Heemskerk (NED)	385
22. Schaaper Bart	73	08-021	34.80	25m	8-3-87	Zaandam (NED)	381
22. Keessen Jeroen	67	08-021	34.80	25m	7-2-91	Heemskerk (NED)	381
24. Bok Reitze	73	08-021	34.90	25m	8-11-90	Heemskerk (NED)	378
25. Beentjes Bastiaan	78	08-021	34.92	25m	24-9-98	Heemskerk (NED)	378

**100 schoolslag**

1.	Offringa Rick	03	08-021	1:06.68	25m	10-4-23	Haarlem (NED)	580
2.	Oudendijk Paul	81	08-021	1:08.99	25m	28-12-03	Maastricht (NED)	523
3.	Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
4.	de Boer Stephan	83	08-021	1:13.69	25m	13-12-98	Heemskerk (NED)	429
5.	van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
6.	Hogenstijn Peter	84	08-021	1:13.82	25m	15-4-01	Haarlem (NED)	427
7.	Kuilman Joris	80	08-021	1:13.90	25m	24-5-98	Zaandam (NED)	426
8.	Jongert Sjoerd	01	08-021	1:14.26	25m	2-10-22	Den Helder (NED)	419
9.	de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
10.	Keessen Jeroen	67	08-021	1:14.80	25m	28-10-84	Egmond (NED)	410
11.	Breton Wouter	89	08-021	1:14.89	50m	23-5-09	Beverwijk (NED)	443
12.	Jongert Jeroen	96	08-021	1:15.19	25m	4-10-20	Heemskerk (NED)	404
13.	Schaaper Bart	73	08-021	1:15.30	25m	17-9-88		402
14.	Crok Pieter	91	08-021	1:16.03	25m	27-3-08	Heemskerk (NED)	391
15.	Camphuijnder Wilko	69	08-021	1:16.10	25m	21-9-97	Alkmaar (NED)	390
15.	Meijer Arno	75	08-021	1:16.10	25m	13-4-98	Haarlem (NED)	390
17.	Butter Martijn	79	08-021	1:16.26	25m	29-3-01	Heemskerk (NED)	387
18.	Bok Reitze	73	08-021	1:16.60	25m	16-12-90	Heemskerk (NED)	382
19.	Tamis Thijs	82	08-021	1:16.63	25m	11-3-01	Zaandam (NED)	382
20.	Kleijne Barry	93	08-021	1:16.72	25m	18-9-14	Heemskerk (NED)	380
21.	van der Gracht Jory	87	08-021	1:16.74	25m	31-10-13	Heemskerk (NED)	380
22.	Beentjes Bastiaan	78	08-021	1:16.82	25m	12-3-00	Heemskerk (NED)	379
23.	Dijkstra Menno	68	08-021	1:17.00	25m	20-12-86	Hilversum (NED)	376
24.	Glorie Daan	88	08-021	1:17.01	25m	26-10-14	Zaandam (NED)	376
25.	Hermans Luuk	85	08-021	1:17.32	25m	19-3-06	Heemskerk (NED)	372

**200 schoolslag**

1.	Offringa Rick	03	08-021	2:28.79	25m	29-1-23	Heemskerk (NED)	530
2.	Oudendijk Paul	81	08-021	2:32.55	25m	18-1-09	Haarlem (NED)	492
3.	Hogenstijn Peter	84	08-021	2:38.53	25m	25-1-01	Heemskerk (NED)	438
4.	Tamis Thijs	82	08-021	2:42.36	25m	25-1-01	Heemskerk (NED)	408
5.	de Boer Stephan	83	08-021	2:42.40	25m	16-5-98	Zaandam (NED)	407
6.	Keessen Jeroen	67	08-021	2:44.10	25m	4-11-84	Heemskerk (NED)	395
7.	de Ruijter Richard	88	08-021	2:44.19	25m	30-10-03	Heemskerk	394
8.	Glorie Daan	88	08-021	2:45.33	25m	18-1-15	Zaandam (NED)	386
9.	Meijer Arno	75	08-021	2:45.60	25m	5-4-98	Heemskerk (NED)	384
10.	Camphuijnder Wilko	69	08-021	2:45.80	25m	9-10-97	Heemskerk (NED)	383
11.	van der Gracht Jory	87	08-021	2:45.91	25m	17-1-10	Amsterdam-oost (NED)	382
12.	van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
13.	Jongert Sjoerd	01	08-021	2:46.59	25m	12-11-23	Den Helder (NED)	377
14.	Beentjes Bastiaan	78	08-021	2:49.13	25m	27-1-00	Heemskerk (NED)	361
15.	Kuilman Joris	80	08-021	2:49.70	25m	16-5-98	Zaandam (NED)	357
16.	Butter Martijn	79	08-021	2:49.74	25m	25-1-01	Heemskerk (NED)	357
17.	Stins Arnold	83	08-021	2:50.26	25m	25-1-01	Heemskerk (NED)	353
18.	Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353
19.	Tijms Stefan	93	08-021	2:50.66	25m	19-1-14	Zaandam (NED)	351
20.	Wassenaar Marcel	69	08-021	2:51.40	25m	15-3-87	Heemskerk (NED)	346
21.	van Duin Peter	65	08-021	2:51.50	25m	21-3-82		346
22.	Di Mattia Angelo	97	08-021	2:51.66	25m	8-3-15	Zaandam (NED)	345
23.	Kleijne Barry	93	08-021	2:51.78	25m	18-1-15	Zaandam (NED)	344
24.	Dijkstra Menno	68	08-021	2:51.90	25m	15-3-87	Heemskerk (NED)	343
24.	Schaaper Bart	73	08-021	2:51.90	25m	31-12-88		343

**250 schoolslag****500 schoolslag**

1. Oudendijk Paul	81	08-021	7:27.71	OW	8-7-06	Oss (NED)
2. Dekker Matthijs	90	08-021	8:22.25	OW	26-6-05	Breukelen (NED)
3. Druyven Jorrick	94	08-021	8:24.51	OW	4-8-07	Hoom (NED)
4. de Ruijter Richard	88	08-021	8:28.39	OW	15-6-03	Spaarnwoude (NED)
5. van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)
6. Crok Pieter	91	08-021	8:39.52	OW	1-7-07	Bodegraven (NED)
7. Glorie Daan	88	08-021	8:47.22	OW	21-8-04	Bussloo (NED)
8. Jongert Sjoerd	01	08-021	8:50.75	OW	4-9-16	Vlissingen (NED)
9. Tijms Stefan	93	08-021	9:15.90	OW	22-6-08	Breukelen (NED)
10. Palmboom Pascal	89	08-021	9:16.23	OW	21-8-04	Bussloo (NED)
11. Dekker Ruben	93	08-021	9:19.44	OW	2-7-05	Sluis (NED)
12. Kleijne Barry	93	08-021	9:25.47	OW	26-7-09	Langedijk (NED)
13. Kemmeren Ferry	91	08-021	9:40.74	OW	30-7-06	Hoom (NED)
14. Offringa Rick	03	08-021	9:43.60	OW	15-7-18	Amsterdam (NED)
15. de Weert Sander	72	08-021	10:17.92	OW	30-6-12	Scheerwolde (NED)
16. Butter Stijn	11	08-021	10:18.60	OW	21-7-24	Amsterdam (NED)
17. Vlieland Roy	99	08-021	10:25.80	OW	17-6-12	Spaarnwoude (NED)
18. Woudsma Stefan	00	08-021	11:18.19	OW	22-7-12	Amsterdam (NED)

**800 schoolslag**

1. Oudendijk Paul	81	08-021	11:39.47	25m	20-9-03	Hulst (NED)
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**1000 schoolslag**

1. Oudendijk Paul	81	08-021	14:53.32	OW	30-8-09	Oosterhout (NED)
2. Offringa Rick	03	08-021	16:05.71	OW	15-7-23	Amstelveen (NED)
3. Tijms Stefan	93	08-021	17:01.72	OW	21-7-13	Amsterdam (NED)
4. Crok Pieter	91	08-021	17:33.80	OW	30-6-07	Scheerwolde (NED)
5. van der Gracht Jory	87	08-021	17:36.42	OW	9-7-11	Wijk en Aalburg (NED)
6. Jongert Sjoerd	01	08-021	17:43.94	OW	23-7-16	Amstelveen (NED)
7. Dekker Matthijs	90	08-021	18:14.11	OW	23-7-05	Anna-Paulowna (NED)
8. Druyven Jorrick	94	08-021	18:25.74	OW	19-7-08	Anna-Paulowna (NED)
9. Stins Arnold	83	08-021	18:33.91	OW	25-7-10	Langedijk (NED)
10. Vink Gé	60	08-021	18:37.56	OW	30-8-09	Oosterhout (NED)
11. Oudendijk Hans	54	08-021	18:41.73	OW	30-8-09	Oosterhout (NED)
12. Butter Martijn	79	08-021	18:54.69	OW	15-9-07	Hank (NED)
13. de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)
14. Zwaan Bas	76	08-021	19:34.50	OW	12-7-94	Harderwijk (NED)
15. Tijms Eric	64	08-021	19:56.19	OW	22-6-08	Breukelen (NED)
16. van Beek Klaas	88	08-021	20:31.09	OW	15-8-09	Heerjansdam (NED)
17. Crok Dirk	58	08-021	21:04.90	OW	4-8-12	Hoom (NED)
18. Vlieland Roy	99	08-021	21:14.80	OW	28-7-12	Anna-Paulowna (NED)
19. Kleijne Barry	93	08-021	21:33.04	OW	17-8-08	Aalsmeer (NED)
20. van der Gracht Adrie	57	08-021	22:10.71	OW	25-8-07	Tilburg (NED)
21. Buur Rene	63	08-021	23:18.75	OW	17-8-13	Heerjansdam (NED)
22. Glorie Jan	57	08-021	24:34.21	OW	28-7-12	Anna-Paulowna (NED)

**1250 schoolslag**

1. Tijms Stefan	93	08-021	21:32.10	OW	28-7-19	Hoom (NED)
2. van der Gracht Jory	87	08-021	23:25.00	OW	28-7-19	Hoom (NED)
3. Tijms Eric	64	08-021	26:28.15	OW	10-9-17	Hoom (NED)
4. van der Gracht Adrie	57	08-021	35:27.26	OW	21-7-18	Hoom (NED)

**1500 schoolslag**

1. Oudendijk Paul	81	08-021	22:09.46	25m	20-9-03	Hulst (NED)
2. Jongert Sjoerd	01	08-021	28:06.00	OW	3-9-16	Wilhelminadorp (NED)
3. de Weert Sander	72	08-021	31:45.94	OW	30-6-12	Scheerwolde (NED)
4. Vink Gé	60	08-021	31:47.56	OW	30-6-12	Scheerwolde (NED)
5. van der Gracht Adrie	57	08-021	38:14.47	OW	30-6-12	Scheerwolde (NED)

**2000 schoolslag**

1. Oudendijk Paul	81	08-021	23:08.19	OW	8-7-07	Beusichem-Culemborg (NED)
2. Beentjes Bastiaan	78	08-021	32:37.50	OW	18-7-99	Eersel (NED)
3. Tamis Thijs	82	08-021	32:37.88	OW	23-6-02	Breukelen (NED)
4. Glorie Daan	88	08-021	33:10.63	OW	10-9-05	Oosterhout (NED)
5. Stins Arnold	83	08-021	33:24.92	OW	13-7-03	Eersel (NED)
6. Tijms Stefan	93	08-021	33:47.98	OW	19-6-11	Spaarnwoude (NED)
7. Crok Pieter	91	08-021	35:30.43	OW	22-6-08	Breukelen (NED)
8. van Duin Peter	65	08-021	35:38.50	OW	30-6-83	Amstelveen (NED)
9. van Rijn Michael	70	08-021	35:42.10	OW	17-6-84	Amstelveen (NED)
10. Stam Daniël	79	08-021	37:01.10	OW	15-6-97	Spaarnwoude (NED)
11. van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)
12. Dijkstra Menno	68	08-021	37:54.30	OW	17-6-84	Amstelveen (NED)
13. Meijer Arno	75	08-021	38:03.10	OW	11-7-98	Oss (NED)
14. Jongert Sjoerd	01	08-021	38:12.69	OW	2-9-18	Vlissingen (NED)
15. Butter Martijn	79	08-021	38:27.41	OW	25-8-01	Hoek (NED)
16. Hogenstijn Peter	84	08-021	38:39.58	OW	29-7-01	Langedijk (NED)
17. Vink Gé	60	08-021	41:09.84	OW	13-8-11	Heerjansdam (NED)
18. de Weert Sander	72	08-021	42:02.53	OW	4-8-12	Hoom (NED)
19. Oudendijk Hans	54	08-021	42:59.32	OW	4-7-09	Oss (NED)
20. Tijms Eric	64	08-021	43:13.40	OW	6-7-12	Appeltern (NED)
21. Crok Dirk	58	08-021	43:38.78	OW	6-7-12	Appeltern (NED)
22. van der Gracht Adrie	57	08-021	44:13.50	OW	5-7-13	Appeltern (NED)

**2500 schoolslag**

1. Oudendijk Paul	81	08-021	38:11.73	OW	28-6-09	Sluis (NED)
2. de Weert Sander	72	08-021	58:09.10	OW	15-7-12	Stadskanaal (NED)

**3000 schoolslag**

1. Oudendijk Paul	81	08-021	46:04.10	OW	4-9-05	Vlissingen (NED)
2. Beentjes Bastiaan	78	08-021	49:58.60	OW	1-8-99	Anna-Paulowna (NED)
3. Tijms Stefan	93	08-021	52:30.51	OW	9-7-11	Wijk en Aalburg (NED)
4. Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
5. Offringa Rick	03	08-021	53:50.02	OW	16-7-22	Amstelveen (NED)
6. de Weert Sander	72	08-021	59:32.95	OW	28-7-12	Anna-Paulowna (NED)
7. Stam Daniël	79	08-021	1:03:09.90	OW	21-7-97	Anna-Paulowna (NED)
8. Vink Gé	60	08-021	1:03:49.44	OW	28-7-12	Anna-Paulowna (NED)
9. van der Gracht Adrie	57	08-021	1:14:49.08	OW	14-7-12	Wijk en Aalburg (NED)

**4000 schoolslag**

1. Oudendijk Paul	81	08-021	1:05:16.66	OW	15-6-02	Spaarnwoude (NED)
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**5000 schoolslag**

1. Oudendijk Paul	81	08-021	1:21:37.09	OW	7-7-01	Vriezenveen (NED)
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**25 vlinderslag**

1. Jongert Jeroen	96	08-021	12.44	25m	7-7-22	Heemskerk (NED)	504
2. Gaal Roel	01	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
2. Offringa Rick	03	08-021	12.63	25m	7-7-22	Heemskerk (NED)	481
4. Camphuijnder Wilko	69	08-021	12.80	25m	15-1-98	Heemskerk (NED)	462
5. Kleijne Barry	93	08-021	12.84	25m	30-6-11	Heemskerk (NED)	458
6. Kerkhof Arno	72	08-021	12.90	25m	12-1-89	Heemskerk (NED)	451
7. van der Kroft Barry	82	08-021	13.00	25m	29-3-01	Heemskerk (NED)	441
8. Meijer Arno	75	08-021	13.04	25m	18-3-06	Heerenveen (NED)	437
8. Jongert Sjoerd	01	08-021	13.04	25m	7-7-22	Heemskerk (NED)	437
10. Kuilman Joris	80	08-021	13.12	25m	4-5-00	Heemskerk (NED)	429
11. Schaaper Hans	68	08-021	13.20	25m	12-1-89	Heemskerk (NED)	421
12. Butter Martijn	79	08-021	13.41	25m	25-3-99	Heemskerk (NED)	402
13. van der Gracht Jory	87	08-021	13.42	25m	30-6-11	Heemskerk (NED)	401
14. Hermans Luuk	85	08-021	13.43	25m	19-4-07	Heemskerk (NED)	400
15. Druyven Jorrick	94	08-021	13.45	25m	29-5-08	Heemskerk (NED)	398
16. Tamis Thijs	82	08-021	13.48	25m	29-3-01	Heemskerk (NED)	396
17. Pover Peter	69	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
18. Crok Pieter	91	08-021	13.54	25m	29-5-08	Heemskerk (NED)	390
19. Camphuijnder Jasper	05	08-021	13.57	25m	7-7-22	Heemskerk (NED)	388
20. van Rookhuizen Barry	82	08-021	13.58	25m	4-5-00	Heemskerk (NED)	387
21. Glorie Daan	88	08-021	13.62	25m	27-4-06	Heemskerk	384
22. Stins Arnold	83	08-021	13.65	25m	29-3-01	Heemskerk (NED)	381
23. de Ruijter Richard	88	08-021	13.71	25m	27-4-06	Heemskerk	376
24. Kramer Vincent	82	08-021	13.75	25m	29-3-01	Heemskerk (NED)	373
25. Oortwijn Kalle	05	08-021	13.90	25m	7-7-22	Heemskerk (NED)	361



**50 vlinderslag**

1. Jongert Jeroen	96	08-021	26.37	25m	12-2-17	Purmerend (NED)	564
2. Kleijne Barry	93	08-021	27.04	25m	10-12-15	Heemskerk (NED)	524
3. Offringa Rick	03	08-021	27.36	25m	9-4-23	Haarlem (NED)	505
4. Hogenstijn Peter	84	08-021	27.67	25m	10-2-01	Emmen (NED)	489
5. Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
6. Jongert Sjoerd	01	08-021	28.21	25m	13-3-22	Den Helder (NED)	461
7. Camphuijnder Jasper	05	08-021	28.22	25m	14-1-24	Hoofddorp (NED)	460
8. Gaal Roel	01	08-021	28.38	25m	10-4-23	Haarlem (NED)	453
9. van der Gracht Jory	87	08-021	28.52	25m	3-3-13	Purmerend (NED)	446
10. Kerkhof Arno	72	08-021	28.70	25m	9-3-89	Heemskerk (NED)	438
11. van de Poll Kevin	86	08-021	28.91	25m	4-4-04	Zaandam	428
12. Glorie Daan	88	08-021	28.96	25m	29-12-05	Maastricht (NED)	426
13. Breton Wouter	89	08-021	29.01	50m	23-5-09	Beverwijk (NED)	462
14. de Wit Stephen	93	08-021	29.05	25m	16-2-14	Purmerend (NED)	422
15. Kramer Vincent	82	08-021	29.06	25m	23-12-04	Heemskerk (NED)	422
16. Meijer Arno	75	08-021	29.18	25m	19-9-98	Amersfoort (NED)	416
17. Druyven Jorrick	94	08-021	29.29	50m	24-5-08	Beverwijk (NED)	449
18. Verbree John	61	08-021	29.30	25m	28-10-84	Egmond (NED)	411
18. Kuilman Joris	80	08-021	29.30	25m	18-1-98	Zuidoost Beemster (NED)	411
20. Crok Pieter	91	08-021	29.50	25m	13-4-09	Haarlem (NED)	403
21. Schaaper Hans	68	08-021	29.80	25m	13-12-89		391
22. Hermans Luuk	85	08-021	30.08	25m	15-12-05	Heemskerk (NED)	380
23. Keessen Jeroen	67	08-021	30.10	25m	28-10-84	Egmond (NED)	379
24. Butter Martijn	79	08-021	30.20	25m	21-1-96	Zuidoost Beemster (NED)	376
25. van Rookhuizen Barry	82	08-021	30.23	25m	14-11-99	Zaandam (NED)	375

**100 vlinderslag**

1. Jongert Jeroen	96	08-021	59.13	25m	4-6-17	Purmerend (NED)	537
2. Offringa Rick	03	08-021	59.78	25m	9-4-23	Haarlem (NED)	520
3. Kleijne Barry	93	08-021	1:00.35	25m	8-3-15	Zaandam (NED)	505
4. Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
5. Camphuijnder Wilko	69	08-021	1:01.20	25m	16-11-97	Zaandam (NED)	484
6. Jongert Sjoerd	01	08-021	1:02.58	25m	24-1-19	Heemskerk (NED)	453
7. van der Gracht Jory	87	08-021	1:02.84	25m	27-11-11	Heemskerk (NED)	447
8. Glorie Daan	88	08-021	1:03.59	25m	17-4-06	Haarlem (NED)	432
9. Camphuijnder Jasper	05	08-021	1:04.20	25m	12-11-23	Den Helder (NED)	420
10. Kerkhof Arno	72	08-021	1:04.40	25m	16-4-89		416
11. Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
12. de Wit Stephen	93	08-021	1:05.11	25m	9-3-14	Zaandam (NED)	402
13. Meijer Arno	75	08-021	1:05.55	25m	13-12-98	Heemskerk (NED)	394
14. Kuilman Joris	80	08-021	1:05.67	25m	7-5-00	Zaandam (NED)	392
15. Kramer Vincent	82	08-021	1:05.70	25m	28-11-04	Heemskerk (NED)	391
16. van de Poll Kevin	86	08-021	1:05.72	25m	14-3-04	Zaandam	391
17. Gaal Roel	01	08-021	1:06.06	25m	3-11-19	Purmerend (NED)	385
18. Schaaper Hans	68	08-021	1:06.30	25m	23-2-92	Zaandam (NED)	381
19. Butter Martijn	79	08-021	1:06.40	25m	30-5-96	Heemskerk (NED)	379
20. Verbree John	61	08-021	1:07.10	25m	19-10-80	Heemskerk (NED)	367
21. Stins Arnold	83	08-021	1:07.54	25m	31-3-02	Haarlem	360
22. Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
23. Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
24. Druyven Jorrick	94	08-021	1:08.02	50m	13-4-08	Antwerpen (BEL)	392
25. Oudendijk Paul	81	08-021	1:08.47	25m	30-3-06	Heemskerk (NED)	346

**200 vlinderslag**

1. Jongert Jeroen	96	08-021	2:18.01	25m	12-3-17	Purmerend (NED)	486
2. Glorie Daan	88	08-021	2:19.44	25m	30-11-06	Heemskerk	471
3. Hogenstijn Peter	84	08-021	2:19.84	25m	18-3-01	Zaandam (NED)	467
4. van der Gracht Jory	87	08-021	2:22.47	25m	25-10-09	Nieuwegein (NED)	442
5. Offringa Rick	03	08-021	2:25.51	25m	6-11-22	Alkmaar (NED)	415
6. Druyven Jorrick	94	08-021	2:26.21	25m	16-3-08	Zaandam (NED)	409
7. Kleijne Barry	93	08-021	2:30.37	25m	18-2-10	Heemskerk (NED)	376
8. Jongert Sjoerd	01	08-021	2:30.67	25m	17-11-18	Hoofddorp (NED)	374
9. Butter Martijn	79	08-021	2:32.30	25m	9-3-97	Alkmaar (NED)	362
10. Stins Arnold	83	08-021	2:33.99	25m	16-4-00	Zaandam (NED)	350
11. van de Poll Kevin	86	08-021	2:39.33	25m	27-11-03	Heemskerk (NED)	316
12. Kerkhof Arno	72	08-021	2:39.70	25m	30-12-89		314
13. Camphuijnder Jasper	05	08-021	2:40.70	25m	3-4-22	Haarlem (NED)	308
14. Oudendijk Paul	81	08-021	2:42.05	25m	25-11-04	Heemskerk (NED)	300
15. Schelvis Sjeng	89	08-021	2:42.35	25m	25-11-04	Heemskerk (NED)	298
16. Meijer Arno	75	08-021	2:42.80	25m	15-6-95	Heemskerk (NED)	296
17. Essers Tim	88	08-021	2:43.76	25m	14-3-10	Heemskerk (NED)	291
18. Tamis Thijs	82	08-021	2:44.52	25m	20-12-01	Heemskerk	287
19. van Rookhuizen Barry	82	08-021	2:45.08	25m	20-12-01	Heemskerk	284
20. Kemmeren Ferry	91	08-021	2:47.34	25m	30-11-06	Heemskerk	273
21. Schaaper Bart	73	08-021	2:47.60	25m	8-12-88	Heemskerk (NED)	271
22. de Wit Stephen	93	08-021	2:48.74	25m	18-2-10	Heemskerk (NED)	266
23. Kranenburg Fred	63	08-021	2:49.90	25m	18-4-82		260
24. Kuilman Joris	80	08-021	2:52.03	25m	26-4-01	Heemskerk (NED)	251
25. de Ruijter Richard	88	08-021	2:53.22	25m	24-11-05	Heemskerk (NED)	246

**1000 vlinderslag**

1. Offringa Rick	03	08-021	14:33.83	25m	8-1-23	Haarlem (NED)
2. Jongert Jeroen	96	08-021	15:22.75	25m	7-1-24	Haarlem (NED)
3. Jongert Sjoerd	01	08-021	17:01.35	25m	7-1-18	Haarlem (NED)

**100 wisselslag**

1. Offringa Rick	03	08-021	59.94	25m	9-4-23	Haarlem (NED)	590
2. Kleijne Barry	93	08-021	1:02.37	25m	23-4-15	Heemskerk (NED)	524
3. Jongert Jeroen	96	08-021	1:02.56	25m	11-4-19	Heemskerk (NED)	519
4. Breton Wouter	89	08-021	1:03.41	25m	1-6-09	Purmerend (NED)	499
5. Gaal Roel	01	08-021	1:04.20	25m	24-11-19	Hoofddorp (NED)	480
6. Jongert Sjoerd	01	08-021	1:04.28	25m	17-4-22	Haarlem (NED)	479
7. Oudendijk Paul	81	08-021	1:04.36	25m	25-2-06	Horn (NED)	477
8. Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
9. Gaal Koen	99	08-021	1:05.59	25m	3-10-21	Den Helder (NED)	451
10. Crok Pieter	91	08-021	1:06.27	25m	17-4-14	Heemskerk (NED)	437
11. van der Gracht Jory	87	08-021	1:06.35	25m	7-1-12	Horn (NED)	435
12. de Wit Stephen	93	08-021	1:06.50	25m	17-4-14	Heemskerk (NED)	432
13. Butter Martijn	79	08-021	1:06.54	25m	29-5-08	Heemskerk (NED)	431
14. Druyven Jorrick	94	08-021	1:06.58	25m	29-5-08	Heemskerk (NED)	431
15. Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
16. Meijer Arno	75	08-021	1:07.20	25m	15-12-96	Heemskerk (NED)	419
17. Glorie Daan	88	08-021	1:07.31	25m	19-11-06	Purmerend (NED)	417
18. Kerkhof Arno	72	08-021	1:07.70	25m	31-12-89	Heemskerk (NED)	410
19. van Beek Klaas	88	08-021	1:07.95	25m	28-11-09	Dongen (NED)	405

100 wisselslag (sinds 20)

19. Oortwijn Kalle	05	08-021	1:07.95	25m	21-1-23	Hoofddorp (NED)	405
21. Kuilman Joris	80	08-021	1:08.04	25m	18-2-99	Heemskerk (NED)	404
22. Kramer Vincent	82	08-021	1:08.24	25m	7-11-04	IJmuiden (NED)	400
23. Pover Peter	69	08-021	1:08.30	25m	14-3-91	Heemskerk (NED)	399
24. Camphuijnder Jasper	05	08-021	1:08.42	25m	25-5-23	Heemskerk (NED)	397
25. van de Poll Kevin	86	08-021	1:08.46	25m	11-1-04	Zuidoostbeemster (NED)	396

200 wisselslag

1. Offringa Rick	03	08-021	2:11.40	25m	10-4-23	Haarlem (NED)	580
2. Kleijne Barry	93	08-021	2:17.16	25m	30-3-14	Zaandam (NED)	510
3. Jongert Jeroen	96	08-021	2:18.71	25m	12-3-17	Purmerend (NED)	493
4. Oudendijk Paul	81	08-021	2:18.77	25m	22-1-06	Emmeloord (NED)	493
5. Jongert Sjoerd	01	08-021	2:20.99	25m	10-2-19	Purmerend (NED)	470
6. Camphuijnder Wilko	69	08-021	2:21.20	25m	6-4-97	Heemskerk (NED)	468
7. Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
8. van der Gracht Jory	87	08-021	2:24.23	25m	3-4-11	Zaandam (NED)	439
9. Gaal Roel	01	08-021	2:24.27	25m	3-11-19	Purmerend (NED)	438
10. Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
11. Meijer Arno	75	08-021	2:24.90	25m	26-1-95	Heemskerk (NED)	433
12. Butter Martijn	79	08-021	2:24.98	25m	25-10-01	Heemskerk	432
13. Glorie Daan	88	08-021	2:25.60	25m	14-12-06	Heemskerk (NED)	426
14. de Wit Stephen	93	08-021	2:25.91	25m	30-3-14	Zaandam (NED)	424
15. Gaal Koen	99	08-021	2:26.24	25m	21-11-21	Den Helder (NED)	421
16. Druyven Jorrick	94	08-021	2:26.61	25m	24-3-08	Haarlem (NED)	418
17. Camphuijnder Jasper	05	08-021	2:26.73	25m	29-1-23	Heemskerk (NED)	417
18. Crok Pieter	91	08-021	2:27.13	25m	1-3-08	Hoom (NED)	413
19. Stins Arnold	83	08-021	2:27.81	25m	6-4-02	Hengelo (NED)	408
20. Essers Tim	88	08-021	2:27.82	25m	13-3-05	Amsterdam (NED)	407
21. Kuilman Joris	80	08-021	2:28.14	25m	26-11-98	Heemskerk (NED)	405
22. van de Poll Kevin	86	08-021	2:28.53	25m	29-1-04	Heemskerk (NED)	402
23. Oortwijn Kalle	05	08-021	2:29.34	25m	29-1-23	Heemskerk (NED)	395
24. van der Ende Mark	75	08-021	2:30.00	25m	7-5-98	Heemskerk (NED)	390
25. Schaaper Hans	68	08-021	2:30.40	25m	21-5-87	Heemskerk (NED)	387

300 wisselslag

1. Oudendijk Paul	81	08-021	3:44.15	25m	9-12-07	Zaandam (NED)
2. van der Gracht Jory	87	08-021	3:47.27	25m	8-11-09	Zaandam (NED)
3. Glorie Daan	88	08-021	3:50.50	25m	12-1-06	Heemskerk (NED)
4. Butter Martijn	79	08-021	3:51.63	25m	23-12-01	Amsterdam
5. Schelvis Sjeng	89	08-021	3:53.16	25m	19-12-04	Heemskerk (NED)
6. Tamis Thijs	82	08-021	3:54.84	25m	23-12-01	Amsterdam
7. Stins Arnold	83	08-021	3:57.42	25m	20-1-01	Amsterdam (NED)
8. de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)
9. van de Poll Kevin	86	08-021	3:58.72	25m	30-11-03	Heemskerk (NED)
10. Kuilman Joris	80	08-021	4:02.54	25m	23-1-00	Heemskerk (NED)
11. Dekker Matthijs	90	08-021	4:02.55	25m	19-12-04	Heemskerk (NED)
12. Crok Pieter	91	08-021	4:02.72	25m	3-12-06	Zaandam (NED)
13. Essers Tim	88	08-021	4:04.54	25m	24-11-02	Amsterdam
14. Hoenink Jarl	86	08-021	4:05.08	25m	30-11-03	Heemskerk (NED)
15. Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)
16. Kramer Vincent	82	08-021	4:10.11	25m	23-1-00	Heemskerk (NED)

300 wisselslag (sinds 17)

17. Butter Joris	86	08-021	4:14.80	25m	30-11-03	Heemskerk (NED)
18. Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)
19. Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)
20. Kemmeren Ferry	91	08-021	4:21.10	25m	12-1-06	Heemskerk (NED)
21. Kleijne Barry	93	08-021	4:22.74	25m	9-11-08	Zaandam (NED)
22. Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)
23. van der Kroft Barry	82	08-021	4:28.82	25m	24-11-02	Amsterdam
24. Palmboom Pascal	89	08-021	4:33.44	25m	19-12-04	Heemskerk (NED)
25. Tijms Stefan	93	08-021	4:44.57	25m	9-12-07	Zaandam (NED)

400 wisselslag

1. Offringa Rick	03	08-021	4:50.38	25m	22-5-22	Hoofddorp (NED)	533
2. Oudendijk Paul	81	08-021	5:01.76	25m	19-2-06	Zaandam (NED)	475
3. Hogenstijn Peter	84	08-021	5:02.52	25m	25-2-01	Heemskerk (NED)	471
4. Butter Martijn	79	08-021	5:07.16	25m	25-2-01	Heemskerk (NED)	450
5. van der Gracht Jory	87	08-021	5:09.36	25m	28-3-10	Zeist (NED)	441
6. Glorie Daan	88	08-021	5:10.47	25m	28-1-07	Zaandam (NED)	436
7. Druyven Jorrick	94	08-021	5:13.58	25m	30-3-08	Zaandam (NED)	423
8. Stins Arnold	83	08-021	5:18.45	25m	30-3-00	Heemskerk (NED)	404
9. Tamis Thijs	82	08-021	5:18.70	25m	25-2-01	Heemskerk (NED)	403
10. Kleijne Barry	93	08-021	5:18.83	25m	7-2-10	Zaandam (NED)	402
11. Meijer Arno	75	08-021	5:19.50	25m	8-6-95	Heemskerk (NED)	400
12. Jongert Sjoerd	01	08-021	5:24.85	50m	17-3-19	Alkmaar (NED)	422
13. Dekker Matthijs	90	08-021	5:25.26	25m	30-1-05	Zaandam (NED)	379
14. Essers Tim	88	08-021	5:26.13	25m	23-2-03	Heemskerk	376
15. Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
16. Kuilman Joris	80	08-021	5:27.56	25m	30-3-00	Heemskerk (NED)	371
17. Schelvis Sjeng	89	08-021	5:31.11	25m	29-2-04	Wormerveer	359
18. van de Poll Kevin	86	08-021	5:32.94	25m	29-2-04	Wormerveer	353
19. Kranenburg Fred	63	08-021	5:33.40	25m	28-2-82		352
20. Kerkhof Arno	72	08-021	5:34.20	25m	3-2-90		349
21. de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
22. de Ruijter Richard	88	08-021	5:38.54	25m	30-1-05	Zaandam (NED)	336
23. Beentjes Bastiaan	78	08-021	5:39.11	25m	30-3-00	Heemskerk (NED)	334
24. Verbree John	61	08-021	5:40.00	25m	5-4-81	Heemskerk (NED)	332
25. Steenberg Roderik	82	08-021	5:42.81	25m	30-3-00	Heemskerk (NED)	324