

Dames

Lange baan (50m)

Heren

Korte baan (25m)

| | | | | | |
|---------------|---------|------------|----|-----------|-----------------|
| 25 vrije slag | 38.48 | Banks Ryan | 18 | 7-12-2023 | Heemskerk (NED) |
| 50 vrije slag | 1:13.66 | Banks Ryan | 18 | 21-9-2023 | Heemskerk (NED) |
| 25 schoolslag | 39.55 | Banks Ryan | 18 | 7-12-2023 | Heemskerk (NED) |
| 50 schoolslag | 1:24.96 | Banks Ryan | 18 | 21-9-2023 | Heemskerk (NED) |

Dames

Korte baan (25m)

| | | | | | |
|---------------|-------|---------------------|----|------------|-----------------|
| 25 vrije slag | 38.49 | Oliveira Rocha Yara | 17 | 15-12-2022 | Heemskerk (NED) |
| 25 schoolslag | 42.34 | Haack Zowi | 18 | 7-12-2023 | Heemskerk (NED) |

Dames

Lange baan (50m)

Heren

Korte baan (25m)

| | | | | | |
|---------------|---------|---------------|----|------------|-----------------|
| 25 vrije slag | 23.98 | Kleijne Barry | 93 | 25-11-1999 | Heemskerk |
| 50 vrije slag | 1:15.22 | Banks Ryan | 18 | 1-2-2024 | Heemskerk (NED) |
| 25 rugslag | 26.48 | Kleijne Barry | 93 | 16-12-1999 | Heemskerk |
| 50 rugslag | 59.44 | Blaauw Xam | 07 | 12-12-2013 | Heemskerk (NED) |
| 25 schoolslag | 27.95 | Kleijne Barry | 93 | 25-11-1999 | Heemskerk |
| 50 schoolslag | 1:04.95 | Kleijne Barry | 93 | 16-12-1999 | Heemskerk |

Dames

Korte baan (25m)

| | | | | | |
|----------------|---------|--------------|----|------------|-----------------|
| 25 vrije slag | 22.10 | Banks Riley | 17 | 10-12-2023 | Hoofddorp (NED) |
| 50 vrije slag | 49.53 | Banks Riley | 17 | 7-12-2023 | Heemskerk (NED) |
| 25 rugslag | 25.69 | Banks Riley | 17 | 10-12-2023 | Hoofddorp (NED) |
| 50 rugslag | 57.50 | Banks Riley | 17 | 7-12-2023 | Heemskerk (NED) |
| 100 rugslag | 2:06.91 | Dekker Elise | 97 | 25-9-2003 | Heemskerk (NED) |
| 25 schoolslag | 28.12 | Banks Riley | 17 | 10-12-2023 | Hoofddorp (NED) |
| 50 schoolslag | 1:06.90 | Banks Riley | 17 | 21-9-2023 | Heemskerk (NED) |
| 100 wisselslag | 1:58.12 | Dekker Elise | 97 | 25-9-2003 | Heemskerk (NED) |

Heren

Lange baan (50m)

| | | | | | |
|---------------|---------|------------|----|------------|-----------------|
| 50 vrije slag | 52.93 | Blaauw Xam | 07 | 29-11-2014 | Beverwijk (NED) |
| 50 rugslag | 55.44 | Blaauw Xam | 07 | 29-11-2014 | Beverwijk (NED) |
| 50 schoolslag | 1:10.40 | Blaauw Xam | 07 | 29-11-2014 | Beverwijk (NED) |

Heren

Korte baan (25m)

| | | | | | |
|----------------|---------|---------------|----|------------|-----------------|
| 25 vrije slag | 19.28 | Kleijne Barry | 93 | 8-10-2000 | Heemskerk (NED) |
| 50 vrije slag | 42.36 | Kleijne Barry | 93 | 26-10-2000 | Heemskerk (NED) |
| 100 vrije slag | 1:39.81 | Kleijne Barry | 93 | 30-11-2000 | Heemskerk (NED) |
| 25 rugslag | 25.09 | Kleijne Barry | 93 | 17-2-2000 | Heemskerk (NED) |
| 50 rugslag | 48.86 | Kleijne Barry | 93 | 8-10-2000 | Heemskerk (NED) |
| 100 rugslag | 1:51.06 | Kleijne Barry | 93 | 14-12-2000 | Heemskerk (NED) |
| 25 schoolslag | 25.45 | Kleijne Barry | 93 | 19-11-2000 | Zaandam (NED) |
| 50 schoolslag | 57.87 | Kleijne Barry | 93 | 26-10-2000 | Heemskerk (NED) |
| 100 schoolslag | 2:27.18 | Blaauw Xam | 07 | 14-12-2014 | Zaandam (NED) |
| 25 vlinderslag | 26.64 | Kleijne Barry | 93 | 4-5-2000 | Heemskerk (NED) |
| 50 vlinderslag | 55.87 | Kleijne Barry | 93 | 30-11-2000 | Heemskerk (NED) |
| 100 wisselslag | 1:48.07 | Kleijne Barry | 93 | 19-11-2000 | Zaandam (NED) |

Dames

Korte baan (25m)

| | | | | | |
|----------------|---------|---------------------|----|------------|-----------------|
| 25 vrije slag | 21.76 | Banks Riley | 17 | 4-4-2024 | Heemskerk (NED) |
| 50 vrije slag | 44.64 | Dekker Elise | 97 | 7-11-2004 | IJmuiden (NED) |
| 100 vrije slag | 1:42.55 | Stel Kaylin | 01 | 14-12-2008 | Zaandam (NED) |
| 200 vrije slag | 4:09.06 | Dekker Elise | 97 | 29-4-2004 | Heemskerk (NED) |
| 25 rugslag | 25.71 | Butter Noor | 16 | 10-12-2023 | Hoofddorp (NED) |
| 50 rugslag | 50.15 | Dekker Elise | 97 | 21-11-2004 | Zaandam (NED) |
| 100 rugslag | 1:51.94 | Stel Kaylin | 01 | 14-12-2008 | Zaandam (NED) |
| 25 schoolslag | 27.93 | Banks Riley | 17 | 21-4-2024 | Krommenie (NED) |
| 50 schoolslag | 57.60 | Dijkstra Pascal | 89 | 10-10-1996 | Heemskerk (NED) |
| 100 schoolslag | 2:03.20 | Dijkstra Pascal | 89 | 7-11-1996 | Heemskerk (NED) |
| 25 vlinderslag | 25.62 | Oliveira Rocha Yara | 17 | 1-4-2024 | Haarlem (NED) |
| 50 vlinderslag | 55.54 | Dekker Elise | 97 | 23-12-2004 | Heemskerk (NED) |
| 100 wisselslag | 1:51.09 | Dekker Elise | 97 | 28-11-2004 | Heemskerk (NED) |

Dames

Open Water

| | | | | | |
|----------------|----------|-------------|----|----------|---------------------|
| 250 vrije slag | 10:50.21 | Butter Noor | 16 | 8-7-2023 | Anna Paulowna (NED) |
|----------------|----------|-------------|----|----------|---------------------|

Heren

Lange baan (50m)

| | | | | | |
|----------------|---------|---------------|----|------------|-----------------|
| 50 vrije slag | 44.52 | Offringa Rick | 03 | 3-12-2011 | Beverwijk (NED) |
| 50 rugslag | 50.02 | Blaauw Xam | 07 | 5-12-2015 | Beverwijk (NED) |
| 100 rugslag | 1:42.29 | Kleijne Barry | 93 | 29-4-2001 | Beverwijk (NED) |
| 50 schoolslag | 57.44 | Offringa Rick | 03 | 3-12-2011 | Beverwijk (NED) |
| 100 schoolslag | 1:59.43 | Kleijne Barry | 93 | 21-10-2001 | Beverwijk (NED) |
| 50 vlinderslag | 49.13 | Kleijne Barry | 93 | 21-10-2001 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|----------------|---------|-----------------|----|-----------|-----------------|
| 50 vrije slag | 41.08 | Stel Kaylin | 01 | 5-12-2009 | Beverwijk (NED) |
| 400 vrije slag | 9:09.00 | Dijkstra Pascal | 89 | 9-11-1997 | Beverwijk (NED) |
| 50 rugslag | 46.16 | Stel Kaylin | 01 | 5-12-2009 | Beverwijk (NED) |
| 100 rugslag | 1:54.51 | Dekker Elise | 97 | 17-4-2005 | Beverwijk (NED) |
| 50 schoolslag | 57.91 | Hoekstra Eline | 03 | 3-12-2011 | Beverwijk (NED) |
| 50 vlinderslag | 59.10 | Stel Kaylin | 01 | 30-5-2009 | Hagen (GER) |

Heren

Korte baan (25m)

| | | | | | |
|----------------------------------|---------|---------------|----|------------|---------------------|
| 25m vrije slag met koprol | 30.27 | Butter Stijn | 11 | 29-9-2019 | Haarlem (NED) |
| 15m vlinderslag benen onderwater | 25.47 | Butter Stijn | 11 | 15-12-2019 | Haarlem (NED) |
| 25m rugslag start | 26.23 | Butter Stijn | 11 | 15-12-2019 | Haarlem (NED) |
| 50m borstcrawl benen | 1:08.78 | Butter Stijn | 11 | 29-9-2019 | Haarlem (NED) |
| 25 vrije slag | 17.53 | Kleijne Barry | 93 | 7-10-2001 | Zaandam (NED) |
| 50 vrije slag | 39.05 | Kleijne Barry | 93 | 27-9-2001 | Heemskerk |
| 100 vrije slag | 1:31.42 | Kleijne Barry | 93 | 16-12-2001 | Zaandam |
| 200 vrije slag | 3:18.52 | Kleijne Barry | 93 | 31-5-2001 | Heemskerk (NED) |
| 300 vrije slag | 5:02.60 | Kleijne Barry | 93 | 4-11-2001 | Heemskerk |
| 400 vrije slag | 7:20.24 | Kleijne Barry | 93 | 11-2-2001 | Zaandam (NED) |
| 25 rugslag | 22.11 | Kleijne Barry | 93 | 14-1-2001 | Heemskerk (NED) |
| 50 rugslag | 44.95 | Kleijne Barry | 93 | 7-10-2001 | Zaandam (NED) |
| 100 rugslag | 1:40.19 | Blaauw Xam | 07 | 11-10-2015 | Zaandam (NED) |
| 25 schoolslag | 24.45 | Kleijne Barry | 93 | 18-11-2001 | Heemskerk |
| 50 schoolslag | 53.08 | Kleijne Barry | 93 | 20-12-2001 | Heemskerk |
| 100 schoolslag | 1:55.47 | Kleijne Barry | 93 | 29-11-2001 | Heemskerk |
| 25 vlinderslag | 22.78 | Kleijne Barry | 93 | 25-3-2001 | Heerhugowaard (NED) |
| 50 vlinderslag | 53.14 | Kleijne Barry | 93 | 15-4-2001 | Haarlem (NED) |
| 100 vlinderslag | 1:56.77 | Kleijne Barry | 93 | 20-12-2001 | Heemskerk |
| 100 wisselslag | 1:38.00 | Kleijne Barry | 93 | 27-9-2001 | Heemskerk |
| 200 wisselslag | 3:52.91 | Kleijne Barry | 93 | 25-2-2001 | Heemskerk (NED) |

Dames

Korte baan (25m)

| | | | | | |
|----------------|---------|--------------------|----|------------|------------------|
| 25 vrije slag | 19.34 | Dekker Elise | 97 | 20-3-2005 | Heemstede (NED) |
| 50 vrije slag | 41.61 | Stel Kaylin | 01 | 22-11-2009 | Zaandam (NED) |
| 100 vrije slag | 1:31.41 | Stel Kaylin | 01 | 13-12-2009 | Zaandam (NED) |
| 200 vrije slag | 3:23.95 | Stel Kaylin | 01 | 26-10-2009 | Haarlem (NED) |
| 300 vrije slag | 5:27.33 | Stel Kaylin | 01 | 8-11-2009 | Zaandam (NED) |
| 25 rugslag | 23.11 | Dekker Elise | 97 | 20-3-2005 | Heemstede (NED) |
| 50 rugslag | 45.67 | Stel Kaylin | 01 | 25-10-2009 | Nieuwegein (NED) |
| 100 rugslag | 1:36.87 | Stel Kaylin | 01 | 13-12-2009 | Zaandam (NED) |
| 25 schoolslag | 25.00 | Jonker Nicole | 68 | 14-9-1976 | Heemskerk (NED) |
| | 25.00 | van der Zee Paula | 68 | 14-9-1976 | Heemskerk (NED) |
| 50 schoolslag | 51.30 | van Honk Chantal | 80 | 15-12-1988 | Heemskerk (NED) |
| 100 schoolslag | 1:51.60 | van Leeuwen Andrea | 71 | 25-11-1979 | Heemskerk (NED) |
| 25 vlinderslag | 25.32 | Scholten Britt | 04 | 13-12-2012 | Heemskerk (NED) |
| 50 vlinderslag | 51.84 | Dekker Elise | 97 | 15-12-2005 | Heemskerk (NED) |
| 100 wisselslag | 1:45.97 | Stel Kaylin | 01 | 19-11-2009 | Heemskerk (NED) |
| 200 wisselslag | 3:57.54 | Dekker Elise | 97 | 30-1-2005 | Zaandam (NED) |

Heren

Open Water

| | | | | | |
|----------------|----------|---------------|----|-----------|------------------|
| 250 vrije slag | 6:22.07 | Butter Stijn | 11 | 22-6-2019 | Bodegraven (NED) |
| 500 schoolslag | 11:58.67 | Kleijne Barry | 93 | 14-7-2001 | Oss (NED) |

Dames

Open Water

| | | | | | |
|----------------|---------|-------------|----|----------|------------------|
| 250 vrije slag | 5:19.71 | Stel Kaylin | 01 | 6-9-2009 | Vlissingen (NED) |
| 250 schoolslag | 6:20.75 | Butter Noor | 16 | 6-7-2024 | Hoek (NED) |

Heren

Lange baan (50m)

| | | | | | |
|----------------|---------|-----------------|----|------------|-----------------|
| 50 vrije slag | 40.84 | Gaal Roel | 01 | 4-12-2010 | Beverwijk (NED) |
| 100 vrije slag | 1:39.92 | Koopman Axel | 92 | 26-5-2001 | Beverwijk (NED) |
| 50 rugslag | 44.33 | Gaal Roel | 01 | 4-12-2010 | Beverwijk (NED) |
| 100 rugslag | 1:47.03 | Koopman Axel | 92 | 27-5-2001 | Beverwijk (NED) |
| 50 schoolslag | 57.04 | de Vriend Ruben | 03 | 24-11-2012 | Beverwijk (NED) |
| 100 schoolslag | 1:53.90 | Yayli Serkan | 92 | 21-10-2001 | Beverwijk (NED) |
| 50 vlinderslag | 46.64 | Kleijne Barry | 93 | 20-10-2002 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|----------------|---------|----------------|----|------------|-----------------|
| 50 vrije slag | 41.21 | van Rijn Eline | 07 | 3-12-2016 | Beverwijk (NED) |
| 100 vrije slag | 1:40.08 | Essers Sanne | 91 | 7-5-2000 | Beverwijk (NED) |
| 50 rugslag | 44.88 | van Rijn Eline | 07 | 3-12-2016 | Beverwijk (NED) |
| 100 rugslag | 1:53.56 | Essers Sanne | 91 | 7-5-2000 | Beverwijk (NED) |
| 50 schoolslag | 53.90 | Hoekstra Eline | 03 | 24-11-2012 | Beverwijk (NED) |
| 100 schoolslag | 1:53.90 | Crok Linda | 94 | 12-10-2003 | Beverwijk (NED) |
| 50 vlinderslag | 48.99 | Crok Linda | 94 | 12-10-2003 | Beverwijk (NED) |

Heren

Korte baan (25m)

| | | | | | |
|-----------------|---------|----------------|----|------------|-----------------|
| 25 vrije slag | 16.38 | Dekker Ruben | 93 | 6-10-2002 | Zaandam |
| 50 vrije slag | 35.30 | Offringa Rick | 03 | 11-10-2012 | Heemskerk (NED) |
| 100 vrije slag | 1:17.40 | Dekker Ruben | 93 | 8-12-2002 | Heemskerk |
| 200 vrije slag | 2:58.70 | Dekker Ruben | 93 | 22-12-2002 | Zaandam |
| 300 vrije slag | 4:46.05 | Dekker Ruben | 93 | 1-12-2002 | Heemskerk |
| 400 vrije slag | 6:10.29 | Dekker Ruben | 93 | 30-5-2002 | Heemskerk |
| 25 rugslag | 20.64 | Kleijne Barry | 93 | 13-1-2002 | Zaandam |
| 50 rugslag | 41.31 | Dekker Ruben | 93 | 10-11-2002 | Zaandam (NED) |
| 100 rugslag | 1:28.07 | Dekker Ruben | 93 | 8-12-2002 | Heemskerk |
| 25 schoolslag | 23.00 | Keessen Jeroen | 67 | 30-3-1976 | Heemskerk (NED) |
| 50 schoolslag | 48.93 | Offringa Rick | 03 | 18-11-2012 | Zaandam (NED) |
| 100 schoolslag | 1:45.10 | Offringa Rick | 03 | 25-11-2012 | Heemskerk (NED) |
| 200 schoolslag | 4:10.03 | Gaal Roel | 01 | 25-3-2010 | Heemskerk (NED) |
| 25 vlinderslag | 20.57 | Offringa Rick | 03 | 13-12-2012 | Heemskerk (NED) |
| 50 vlinderslag | 42.66 | Dekker Ruben | 93 | 29-9-2002 | Zaandam (NED) |
| 100 vlinderslag | 1:40.54 | Dekker Ruben | 93 | 28-11-2002 | Heemskerk |
| 100 wisselslag | 1:32.16 | Dekker Ruben | 93 | 15-12-2002 | Zaandam (NED) |
| 200 wisselslag | 3:33.85 | Kleijne Barry | 93 | 24-2-2002 | Heemskerk |

Dames

Korte baan (25m)

| | | | | | |
|----------------------------------|---------|--------------------|----|------------|-----------------|
| 25m vrije slag met koprol | 24.63 | van Ederen Jasmijn | 10 | 29-9-2019 | Haarlem (NED) |
| 15m vlinderslag benen onderwater | 22.06 | van Ederen Jasmijn | 10 | 15-12-2019 | Haarlem (NED) |
| 25m rugslag start | 24.90 | van Ederen Jasmijn | 10 | 15-12-2019 | Haarlem (NED) |
| 50m borstcrawl benen | 1:06.46 | van Ederen Jasmijn | 10 | 29-9-2019 | Haarlem (NED) |
| 25 vrije slag | 17.16 | Stel Kaylin | 01 | 3-1-2010 | Culemborg (NED) |
| 50 vrije slag | 36.52 | Crok Linda | 94 | 23-11-2003 | Zaandam (NED) |
| 100 vrije slag | 1:20.75 | Crok Linda | 94 | 18-12-2003 | Heemskerk (NED) |
| 200 vrije slag | 3:05.29 | Crok Linda | 94 | 26-10-2003 | Zaandam |
| 300 vrije slag | 4:47.33 | Crok Linda | 94 | 16-11-2003 | Heemskerk (NED) |
| 400 vrije slag | 6:30.74 | Stel Kaylin | 01 | 28-3-2010 | Zeist (NED) |
| 25 rugslag | 20.44 | Stel Kaylin | 01 | 3-1-2010 | Culemborg (NED) |
| 50 rugslag | 41.78 | Stel Kaylin | 01 | 22-5-2010 | Purmerend (NED) |
| 100 rugslag | 1:32.72 | Stel Kaylin | 01 | 5-4-2010 | Haarlem (NED) |
| 25 schoolslag | 20.50 | van Honk Chantal | 80 | 31-12-1989 | Heemskerk (NED) |
| 50 schoolslag | 45.52 | Teufer Irene | 96 | 24-11-2005 | Heemskerk (NED) |
| 100 schoolslag | 1:38.00 | van Honk Chantal | 80 | 7-12-1989 | Heemskerk (NED) |
| 200 schoolslag | 3:55.56 | Stel Kaylin | 01 | 25-3-2010 | Heemskerk (NED) |
| 25 vlinderslag | 19.00 | van Honk Chantal | 80 | 31-12-1989 | Heemskerk (NED) |
| 50 vlinderslag | 43.12 | Teufer Irene | 96 | 15-12-2005 | Heemskerk (NED) |
| 100 vlinderslag | 1:55.09 | Stel Kaylin | 01 | 20-5-2010 | Heemskerk (NED) |
| 100 wisselslag | 1:33.15 | Crok Linda | 94 | 30-11-2003 | Heemskerk (NED) |
| 200 wisselslag | 3:43.96 | Stel Kaylin | 01 | 28-2-2010 | Zaandam (NED) |

Heren

Open Water

| | | | | | |
|----------------|---------|---------------|----|-----------|---------------------|
| 250 vrije slag | 4:58.49 | Nijland Yoran | 05 | 26-7-2014 | Anna-Paulowna (NED) |
| 500 vrije slag | 8:34.47 | Dekker Ruben | 93 | 18-8-2002 | Eersel (NED) |

Dames

Open Water

| | | | | | |
|----------------|---------|---------------|----|-----------|---------------------|
| 250 vrije slag | 6:09.15 | de Wildt Maud | 05 | 26-7-2014 | Anna-Paulowna (NED) |
|----------------|---------|---------------|----|-----------|---------------------|

Heren

Lange baan (50m)

| | | | | | |
|-----------------|---------|----------------|----|------------|-----------------|
| 50 vrije slag | 36.38 | Offringa Rick | 03 | 30-6-2013 | Dordrecht (NED) |
| 100 vrije slag | 1:14.46 | Dekker Ruben | 93 | 29-6-2003 | Dordrecht (NED) |
| 200 vrije slag | 3:19.12 | Schelvis Sjeng | 89 | 31-10-1999 | Beverwijk (NED) |
| 400 vrije slag | 6:41.31 | Schelvis Sjeng | 89 | 31-10-1999 | Beverwijk (NED) |
| 50 rugslag | 38.77 | Dekker Ruben | 93 | 12-10-2003 | Beverwijk (NED) |
| 100 rugslag | 1:23.76 | Dekker Ruben | 93 | 29-6-2003 | Dordrecht (NED) |
| 50 schoolslag | 51.22 | Offringa Rick | 03 | 30-6-2013 | Dordrecht (NED) |
| 100 schoolslag | 1:45.30 | de Rooij Roel | 87 | 9-11-1997 | Beverwijk (NED) |
| 50 vlinderslag | 37.36 | Dekker Ruben | 93 | 12-10-2003 | Beverwijk (NED) |
| 100 vlinderslag | 1:54.30 | de Rooij Roel | 87 | 9-11-1997 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|----------------|---------|------------------|----|------------|-----------------|
| 50 vrije slag | 36.32 | Renkema Iris | 04 | 29-11-2014 | Beverwijk (NED) |
| 100 vrije slag | 1:13.08 | Stel Serena | 98 | 7-12-2008 | Eindhoven (NED) |
| 200 vrije slag | 3:18.21 | Visser Kelly | 89 | 31-10-1999 | Beverwijk (NED) |
| 400 vrije slag | 6:39.10 | Dijkstra Lisette | 86 | 4-5-1996 | Beverwijk (NED) |
| 50 rugslag | 43.16 | Hoekstra Eline | 03 | 7-12-2013 | Beverwijk (NED) |
| 100 rugslag | 1:31.73 | Crok Linda | 94 | 25-4-2004 | Beverwijk (NED) |
| 50 schoolslag | 50.26 | Hoekstra Eline | 03 | 7-12-2013 | Beverwijk (NED) |
| 100 schoolslag | 1:35.77 | Teufer Irene | 96 | 2-7-2006 | Dordrecht (NED) |
| 50 vlinderslag | 39.74 | Teufer Irene | 96 | 2-7-2006 | Dordrecht (NED) |
| 200 wisselslag | 3:11.16 | Stel Serena | 98 | 7-12-2008 | Eindhoven (NED) |

Heren

Korte baan (25m)

| | | | | | |
|-------------------|----------|---------------------|----|------------|---------------------|
| 25 vrije slag | 16.70 | Schelvis Sjeng | 89 | 15-4-1999 | Heemskerk (NED) |
| 50 vrije slag | 33.47 | Offringa Rick | 03 | 31-10-2013 | Heemskerk (NED) |
| 100 vrije slag | 1:11.10 | Dekker Ruben | 93 | 23-11-2003 | Zaandam (NED) |
| 200 vrije slag | 2:36.40 | Dekker Ruben | 93 | 26-10-2003 | Zaandam |
| 300 vrije slag | 4:26.41 | Tijms Stefan | 93 | 16-11-2003 | Heemskerk (NED) |
| 400 vrije slag | 5:40.02 | Dekker Ruben | 93 | 16-11-2003 | Heemskerk (NED) |
| 800 vrije slag | 14:39.17 | Groen Jarno | 01 | 4-12-2011 | Zaandam (NED) |
| 25 rugslag | 18.64 | Dekker Ruben | 93 | 19-1-2003 | Zaandam |
| 50 rugslag | 37.37 | Dekker Ruben | 93 | 30-10-2003 | Heemskerk |
| 100 rugslag | 1:22.80 | Dekker Ruben | 93 | 28-9-2003 | Zaandam (NED) |
| 200 rugslag | 3:13.50 | van der Kroft Barry | 82 | 12-11-1992 | Heemskerk (NED) |
| 25 schoolslag | 20.60 | Feyen Erik | 66 | 14-9-1976 | Heemskerk (NED) |
| 50 schoolslag | 45.40 | Oudendijk Paul | 81 | 14-11-1991 | Heemskerk (NED) |
| 100 schoolslag | 1:33.10 | de Boer Stephan | 83 | 18-11-1993 | Heemskerk |
| 200 schoolslag | 3:40.90 | van der Kroft Barry | 82 | 14-5-1992 | Heemskerk (NED) |
| 25 vlinderslag | 18.50 | Lamers Koen | 91 | 25-3-2001 | Heerhugowaard (NED) |
| 50 vlinderslag | 37.05 | Dekker Ruben | 93 | 21-4-2003 | Haarlem |
| 100 vlinderslag | 1:25.33 | Dekker Ruben | 93 | 27-11-2003 | Heemskerk (NED) |
| 100 wisselslag | 1:24.19 | Dekker Ruben | 93 | 23-11-2003 | Zaandam (NED) |
| 200 wisselslag | 3:06.01 | Dekker Ruben | 93 | 28-9-2003 | Zaandam (NED) |
| 4 x 50 vrije slag | 2:31.19 | OEZA Heren | | 22-11-2015 | Haarlem (NED) |

Nijland Yoran, Camphuijnder Jasper, van Rijn Ian, Oortwijn Kalle

Dames

Korte baan (25m)

| | | | | | |
|----------------------------------|----------|--------------------|----|------------|----------------------|
| 15m vlinderslag benen onderwater | 26.65 | Schut Bodine | 09 | 29-9-2019 | Haarlem (NED) |
| 25m vrije slag met koprol | 23.13 | van Ederen Jasmijn | 10 | 19-1-2020 | Zaandam (NED) |
| 25 vrije slag | 16.00 | Dijkstra Lisette | 86 | 14-3-1996 | Heemskerk (NED) |
| 50 vrije slag | 34.16 | Stel Serena | 98 | 5-10-2008 | Heemskerk (NED) |
| 100 vrije slag | 1:12.54 | Stel Serena | 98 | 23-11-2008 | Zaandam (NED) |
| 200 vrije slag | 2:37.25 | Stel Serena | 98 | 14-12-2008 | Zaandam (NED) |
| 300 vrije slag | 4:54.40 | Essers Sanne | 91 | 4-11-2001 | Heemskerk |
| 400 vrije slag | 5:40.44 | Stel Serena | 98 | 9-11-2008 | Zaandam (NED) |
| 800 vrije slag | 14:16.20 | van Honk Chantal | 80 | 7-6-1990 | Heemskerk (NED) |
| 25 rugslag | 19.50 | Schelvis Femke | 84 | 17-2-1994 | Heemskerk |
| 50 rugslag | 40.82 | Stel Serena | 98 | 26-10-2008 | Eindhoven (NED) |
| 100 rugslag | 1:25.96 | Stel Serena | 98 | 16-11-2008 | Amsterdam-oost (NED) |
| 200 rugslag | 3:21.20 | Bakker Jesca | 79 | 2-11-1989 | Heemskerk (NED) |
| 25 schoolslag | 20.58 | Teufer Irene | 96 | 27-4-2006 | Heemskerk |
| 50 schoolslag | 41.40 | van Honk Chantal | 80 | 8-11-1990 | Heemskerk (NED) |
| 100 schoolslag | 1:30.00 | van Honk Chantal | 80 | 27-9-1990 | Heemskerk (NED) |
| 200 schoolslag | 3:16.90 | van Honk Chantal | 80 | 6-12-1990 | Heemskerk (NED) |
| 25 vlinderslag | 18.40 | Bakker Jesca | 79 | 31-12-1989 | Heemskerk (NED) |
| 50 vlinderslag | 38.84 | Teufer Irene | 96 | 14-12-2006 | Heemskerk (NED) |
| 100 vlinderslag | 1:32.89 | Teufer Irene | 96 | 30-11-2006 | Heemskerk |
| 100 wisselslag | 1:25.61 | Stel Serena | 98 | 5-10-2008 | Heemskerk (NED) |
| 200 wisselslag | 3:08.02 | Teufer Irene | 96 | 8-10-2006 | Zaandam (NED) |
| 4 x 50 wisselslag | 3:02.10 | OEZA Dames | | 20-11-2011 | Zaandam (NED) |

Koper Fiona, van Huisstede Nikita, Buur Naomi, de Vriend Sofie

Oeza
Jaargang record 10 jaar

maandag 22 juli 2024

Heren

Open Water

| | | | | | |
|----------------|----------|--------------|----|-----------|---------------------|
| 250 vrije slag | 13:08.87 | Butter Jurre | 12 | 25-6-2022 | Anna-Paulowna (NED) |
| 500 vrije slag | 7:18.04 | Dekker Ruben | 93 | 5-7-2003 | Sluis (NED) |

Dames

Open Water

| | | | | | |
|----------------|---------|-------------|----|-----------|------------------|
| 500 vrije slag | 8:31.18 | Bos Marieke | 06 | 23-7-2016 | Amstelveen (NED) |
|----------------|---------|-------------|----|-----------|------------------|

Heren

Lange baan (50m)

| | | | | | |
|-----------------|---------|----------------|----|------------|-----------------|
| 50 vrije slag | 33.26 | Offringa Rick | 03 | 29-11-2014 | Beverwijk (NED) |
| 100 vrije slag | 1:10.36 | Dekker Ruben | 93 | 25-4-2004 | Beverwijk (NED) |
| 200 vrije slag | 3:25.72 | de Rooij Roel | 87 | 25-10-1998 | Beverwijk (NED) |
| 400 vrije slag | 6:51.15 | de Rooij Roel | 87 | 25-10-1998 | Beverwijk (NED) |
| 50 rugslag | 39.44 | Offringa Rick | 03 | 29-11-2014 | Beverwijk (NED) |
| 100 rugslag | 1:22.01 | Dekker Ruben | 93 | 15-2-2004 | Eindhoven (NED) |
| 50 schoolslag | 46.64 | Offringa Rick | 03 | 29-11-2014 | Beverwijk (NED) |
| 100 schoolslag | 1:37.10 | Keessen Jeroen | 67 | 11-6-1978 | Beverwijk (NED) |
| 50 vlinderslag | 35.14 | Dekker Ruben | 93 | 27-6-2004 | Dordrecht (NED) |
| 100 vlinderslag | 1:48.50 | Hoening Jarl | 86 | 9-11-1997 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|---------|----------------|----|------------|-------------------------|
| 50 vrije slag | 33.36 | Stel Serena | 98 | 28-11-2009 | Eindhoven (NED) |
| 100 vrije slag | 1:08.90 | Stel Serena | 98 | 28-11-2009 | Eindhoven (NED) |
| 200 vrije slag | 2:32.68 | Stel Serena | 98 | 5-7-2009 | Dordrecht (NED) |
| 400 vrije slag | 5:19.98 | Stel Serena | 98 | 5-7-2009 | Dordrecht (NED) |
| 50 rugslag | 38.83 | Stel Serena | 98 | 5-12-2009 | Beverwijk (NED) |
| 100 rugslag | 1:24.20 | Schelvis Femke | 84 | 20-5-1995 | Beverwijk (NED) |
| 200 rugslag | 3:01.74 | Stel Serena | 98 | 30-5-2009 | Hagen (GER) |
| 50 schoolslag | 44.98 | Stel Serena | 98 | 30-5-2009 | Hagen (GER) |
| 100 schoolslag | 1:37.40 | Schelvis Roos | 86 | 9-11-1997 | Beverwijk (NED) |
| 200 schoolslag | 3:37.80 | Bos Marieke | 06 | 18-6-2017 | Bergbad Bückeburg (GER) |
| 50 vlinderslag | 35.10 | Teufer Irene | 96 | 1-7-2007 | Dordrecht (NED) |
| 100 vlinderslag | 1:23.86 | Teufer Irene | 96 | 22-4-2007 | Breda (NED) |
| 200 wisselslag | 3:07.26 | Stel Serena | 98 | 30-5-2009 | Hagen (GER) |

Heren

Korte baan (25m)

| | | | | | |
|----------------------------------|----------|--------------------|----|------------|-----------------|
| 15m vlinderslag benen onderwater | 21.13 | Ayari Adam | 08 | 29-9-2019 | Haarlem (NED) |
| 25 vrije slag | 16.06 | Schelvis Sjeng | 89 | 4-5-2000 | Heemskerk (NED) |
| 50 vrije slag | 31.13 | Dekker Ruben | 93 | 11-4-2004 | Haarlem |
| 100 vrije slag | 1:06.63 | Dekker Ruben | 93 | 12-12-2004 | Zaandam (NED) |
| 200 vrije slag | 2:31.37 | Dekker Ruben | 93 | 17-10-2004 | Zaandam (NED) |
| 300 vrije slag | 4:16.09 | Druyven Jorrick | 94 | 13-11-2005 | Zaandam (NED) |
| 400 vrije slag | 5:27.56 | Kleijne Barry | 93 | 14-11-2004 | Heemskerk (NED) |
| 800 vrije slag | 11:26.30 | Dekker Ruben | 93 | 7-3-2004 | Zaandam |
| 25 rugslag | 18.65 | Schelvis Sjeng | 89 | 17-2-2000 | Heemskerk (NED) |
| 50 rugslag | 35.35 | Dekker Ruben | 93 | 28-10-2004 | Heemskerk (NED) |
| 100 rugslag | 1:17.47 | Dekker Ruben | 93 | 3-10-2004 | Heemskerk (NED) |
| 200 rugslag | 3:06.90 | Gaal Koen | 99 | 31-10-2010 | Zaandam (NED) |
| 25 schoolslag | 21.07 | de Ruijter Richard | 88 | 25-3-1999 | Heemskerk (NED) |
| 50 schoolslag | 42.60 | Schaaper Bart | 73 | 2-9-1984 | Heemskerk (NED) |
| 100 schoolslag | 1:31.44 | de Ruijter Richard | 88 | 12-12-1999 | Heemskerk (NED) |
| 200 schoolslag | 3:22.00 | de Boer Stephan | 83 | 24-11-1994 | Heemskerk (NED) |
| 25 vlinderslag | 17.18 | Schelvis Sjeng | 89 | 4-5-2000 | Heemskerk (NED) |
| 50 vlinderslag | 34.84 | Dekker Ruben | 93 | 23-12-2004 | Heemskerk (NED) |
| 100 vlinderslag | 1:19.93 | Dekker Ruben | 93 | 10-10-2004 | Zaandam (NED) |
| 100 wisselslag | 1:19.26 | Dekker Ruben | 93 | 19-12-2004 | Heemskerk (NED) |
| 200 wisselslag | 2:52.67 | Dekker Ruben | 93 | 12-12-2004 | Zaandam (NED) |

Dames

Korte baan (25m)

| | | | | | |
|----------------------|----------|---|----|------------|-----------------|
| 50m borstcrawl benen | 1:09.03 | Schut Bodine | 09 | 19-1-2020 | Zaandam (NED) |
| 25 vrije slag | 15.17 | Petit Kirsten | 00 | 30-6-2011 | Heemskerk (NED) |
| 50 vrije slag | 31.60 | Schelvis Femke | 84 | 14-12-1995 | Heemskerk (NED) |
| 100 vrije slag | 1:08.10 | Schelvis Femke | 84 | 3-12-1995 | Alkmaar (NED) |
| 200 vrije slag | 2:27.90 | Stel Serena | 98 | 11-10-2009 | Zaandam (NED) |
| 300 vrije slag | 3:51.59 | Stel Serena | 98 | 19-12-2009 | Amsterdam (NED) |
| 400 vrije slag | 5:11.39 | Stel Serena | 98 | 19-12-2009 | Amsterdam (NED) |
| 800 vrije slag | 10:23.65 | Stel Serena | 98 | 20-12-2009 | Amsterdam (NED) |
| 25 rugslag | 17.80 | Schelvis Femke | 84 | 27-4-1995 | Heemskerk (NED) |
| 50 rugslag | 36.10 | Schelvis Femke | 84 | 9-11-1995 | Heemskerk (NED) |
| 100 rugslag | 1:17.20 | Schelvis Femke | 84 | 17-12-1995 | Volendam (NED) |
| 200 rugslag | 2:46.41 | Stel Serena | 98 | 13-12-2009 | Zaandam (NED) |
| 25 schoolslag | 17.80 | van Honk Chantal | 80 | 16-5-1991 | Heemskerk (NED) |
| 50 schoolslag | 40.20 | van Honk Chantal | 80 | 13-6-1991 | Heemskerk (NED) |
| 100 schoolslag | 1:23.70 | van Honk Chantal | 80 | 15-12-1991 | Heemskerk (NED) |
| 200 schoolslag | 3:07.74 | Teufer Irene | 96 | 27-10-2007 | Barneveld (NED) |
| 25 vlinderslag | 16.45 | Teufer Irene | 96 | 19-4-2007 | Heemskerk (NED) |
| 50 vlinderslag | 34.41 | Teufer Irene | 96 | 28-10-2007 | Zaandam (NED) |
| 100 vlinderslag | 1:18.72 | Teufer Irene | 96 | 21-10-2007 | Zaandam (NED) |
| 200 vlinderslag | 2:54.51 | Teufer Irene | 96 | 16-12-2007 | Zaandam (NED) |
| 100 wisselslag | 1:19.40 | Schelvis Femke | 84 | 3-12-1995 | Alkmaar (NED) |
| 200 wisselslag | 2:47.90 | van Honk Chantal | 80 | 22-12-1991 | Alkmaar (NED) |
| 400 wisselslag | 7:19.60 | de Wildt Maud | 05 | 11-12-2016 | Alkmaar (NED) |
| 4 x 50 vrije slag | 2:24.00 | OEZA Dames | | 22-11-2015 | Haarlem (NED) |
| | | <i>Wentink Yara, Siemerink Laura, Visser Shana, Renkema Iris</i> | | | |
| 4 x 50 wisselslag | 2:49.40 | OEZA Dames | | 19-2-1995 | Schagen (NED) |
| | | <i>Schelvis Femke, Hoogervorst Marlon, Gijzen-van der Kroft Nicole, van Ballegoije Simone</i> | | | |

Heren

Open Water

| | | | | | |
|----------------|----------|--------------|----|----------|---------------------|
| 250 vrije slag | 10:33.21 | Butter Jurre | 12 | 8-7-2023 | Anna Paulowna (NED) |
| 500 vrije slag | 6:36.38 | Dekker Ruben | 93 | 3-7-2004 | Sluis (NED) |

Dames

Open Water

| | | | | | |
|----------------|----------|-------------|----|----------|------------------|
| 500 vrije slag | 7:26.55 | Stel Serena | 98 | 2-8-2009 | Hoorn (NED) |
| 500 schoolslag | 11:36.17 | Buur Naomi | 01 | 2-9-2012 | Vlissingen (NED) |

Heren

Lange baan (50m)

| | | | | | |
|-----------------|----------|---------------------|----|------------|-----------------|
| 50 vrije slag | 33.97 | Camphuijnder Jasper | 05 | 2-7-2017 | Dordrecht (NED) |
| 100 vrije slag | 1:05.37 | Dekker Ruben | 93 | 19-6-2005 | Dordrecht (NED) |
| 200 vrije slag | 2:39.11 | Druyven Jorrick | 94 | 12-11-2006 | Eindhoven (NED) |
| 300 vrije slag | 3:40.76 | Dekker Ruben | 93 | 27-2-2005 | Amsterdam (NED) |
| 400 vrije slag | 5:26.14 | Druyven Jorrick | 94 | 12-11-2006 | Eindhoven (NED) |
| 800 vrije slag | 11:02.03 | Druyven Jorrick | 94 | 12-11-2006 | Eindhoven (NED) |
| 1500 vrije slag | 20:44.43 | Druyven Jorrick | 94 | 12-11-2006 | Eindhoven (NED) |
| 50 rugslag | 37.44 | Offringa Rick | 03 | 5-12-2015 | Beverwijk (NED) |
| 100 rugslag | 1:19.55 | Dekker Ruben | 93 | 19-6-2005 | Dordrecht (NED) |
| 200 rugslag | 2:57.70 | Tijms Stefan | 93 | 17-4-2005 | Beverwijk (NED) |
| 50 schoolslag | 48.32 | Groen Jarno | 01 | 7-12-2013 | Beverwijk (NED) |
| 100 schoolslag | 1:27.30 | de Ruijter Richard | 88 | 22-10-2000 | Beverwijk (NED) |
| 200 schoolslag | 3:29.01 | Doodeman Niels | 89 | 29-4-2001 | Beverwijk (NED) |
| 50 vlinderslag | 39.83 | Groen Jarno | 01 | 7-12-2013 | Beverwijk (NED) |
| 100 vlinderslag | 1:19.82 | Druyven Jorrick | 94 | 2-7-2006 | Dordrecht (NED) |
| 200 wisselslag | 2:52.92 | Dekker Ruben | 93 | 17-4-2005 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|------------------|----|-----------|------------------|
| 50 vrije slag | 31.54 | Zwarthoed Brenda | 96 | 24-5-2008 | Beverwijk (NED) |
| 100 vrije slag | 1:07.02 | Zwarthoed Brenda | 96 | 15-6-2008 | Drachten (NED) |
| 200 vrije slag | 2:28.41 | Zwarthoed Brenda | 96 | 18-5-2008 | Alkmaar (NED) |
| 300 vrije slag | 4:19.91 | Bos Marieke | 06 | 3-6-2018 | Amersfoort (NED) |
| 400 vrije slag | 5:07.93 | Stel Serena | 98 | 25-4-2010 | Drachten (NED) |
| 800 vrije slag | 10:18.62 | Stel Serena | 98 | 25-4-2010 | Drachten (NED) |
| 50 rugslag | 38.42 | Hoekstra Eline | 03 | 5-12-2015 | Beverwijk (NED) |
| 100 rugslag | 1:18.30 | Schelvis Femke | 84 | 4-5-1996 | Beverwijk (NED) |
| 200 rugslag | 2:54.64 | Hoekstra Eline | 03 | 25-4-2015 | Alkmaar (NED) |
| 50 schoolslag | 41.05 | Teufer Irene | 96 | 26-7-2008 | Amsterdam (NED) |
| 100 schoolslag | 1:30.47 | Teufer Irene | 96 | 27-7-2008 | Amsterdam (NED) |
| 200 schoolslag | 3:21.06 | Teufer Irene | 96 | 25-7-2008 | Amsterdam (NED) |
| 50 vlinderslag | 33.06 | Teufer Irene | 96 | 12-4-2008 | Antwerpen (BEL) |
| 100 vlinderslag | 1:16.12 | Teufer Irene | 96 | 13-4-2008 | Antwerpen (BEL) |
| 200 vlinderslag | 2:49.76 | Teufer Irene | 96 | 12-4-2008 | Antwerpen (BEL) |
| 200 wisselslag | 2:52.91 | Teufer Irene | 96 | 26-7-2008 | Amsterdam (NED) |

Heren

Korte baan (25m)

| | | | | | |
|----------------------|----------|---------------------|----|------------|------------------|
| 50m borstcrawl benen | 56.43 | Ayari Adam | 08 | 19-1-2020 | Zaandam (NED) |
| 25 vrije slag | 14.40 | Meijer Arno | 75 | 17-12-1987 | Heemskerk (NED) |
| 50 vrije slag | 29.17 | Camphuijnder Jasper | 05 | 30-12-2017 | Leeuwarden (NED) |
| 100 vrije slag | 1:04.36 | Dekker Ruben | 93 | 28-12-2005 | Maastricht (NED) |
| 200 vrije slag | 2:21.65 | Druyven Jorrick | 94 | 26-11-2006 | Heemskerk (NED) |
| 300 vrije slag | 4:00.00 | Druyven Jorrick | 94 | 18-5-2006 | Heemskerk (NED) |
| 400 vrije slag | 5:00.77 | Druyven Jorrick | 94 | 18-11-2006 | Barneveld (NED) |
| 800 vrije slag | 10:11.12 | Druyven Jorrick | 94 | 3-12-2006 | Zaandam (NED) |
| 1500 vrije slag | 19:31.77 | Druyven Jorrick | 94 | 17-12-2006 | Drachten (NED) |
| 25 rugslag | 16.91 | Druyven Jorrick | 94 | 27-4-2006 | Heemskerk |
| 50 rugslag | 32.93 | Dekker Ruben | 93 | 27-10-2005 | Heemskerk (NED) |
| 100 rugslag | 1:12.76 | Dekker Ruben | 93 | 2-10-2005 | Zaandam (NED) |
| 200 rugslag | 2:37.37 | Camphuijnder Jasper | 05 | 16-12-2017 | Eindhoven (NED) |
| 25 schoolslag | 19.18 | de Ruijter Richard | 88 | 17-2-2000 | Heemskerk (NED) |
| 50 schoolslag | 38.60 | Schaaper Bart | 73 | 10-11-1985 | |
| 100 schoolslag | 1:24.20 | Schaaper Bart | 73 | 19-5-1985 | Alkmaar (NED) |
| 200 schoolslag | 3:06.22 | de Ruijter Richard | 88 | 19-11-2000 | Zaandam (NED) |
| 25 vlinderslag | 15.75 | Schelvis Sjeng | 89 | 29-3-2001 | Heemskerk (NED) |
| 50 vlinderslag | 32.66 | Druyven Jorrick | 94 | 5-11-2006 | Zaandam (NED) |
| 100 vlinderslag | 1:12.43 | Druyven Jorrick | 94 | 10-12-2006 | Heemskerk (NED) |
| 200 vlinderslag | 2:43.64 | Druyven Jorrick | 94 | 30-11-2006 | Heemskerk |
| 100 wisselslag | 1:13.84 | Druyven Jorrick | 94 | 30-12-2006 | Maastricht (NED) |
| 200 wisselslag | 2:39.81 | Druyven Jorrick | 94 | 14-12-2006 | Heemskerk (NED) |
| 300 wisselslag | 4:33.34 | Schelvis Sjeng | 89 | 23-12-2001 | Amsterdam |
| 400 wisselslag | 6:07.38 | Druyven Jorrick | 94 | 15-6-2006 | Heemskerk (NED) |

Dames

Korte baan (25m)

| | | | | | |
|--------------------|----------|--|----|------------|-------------------|
| 25 vrije slag | 14.00 | Schelvis Femke | 84 | 14-3-1996 | Heemskerk (NED) |
| 50 vrije slag | 30.08 | Zwarthoed Brenda | 96 | 31-5-2008 | Aalsmeer (NED) |
| 100 vrije slag | 1:05.50 | Schelvis Femke | 84 | 15-12-1996 | Heemskerk (NED) |
| 200 vrije slag | 2:21.69 | Stel Serena | 98 | 18-4-2010 | Zaandam (NED) |
| 300 vrije slag | 3:50.73 | Stel Serena | 98 | 29-1-2010 | Heerenveen (NED) |
| 400 vrije slag | 5:06.13 | Stel Serena | 98 | 28-3-2010 | Zeist (NED) |
| 800 vrije slag | 10:13.69 | Stel Serena | 98 | 28-3-2010 | Zeist (NED) |
| 25 rugslag | 16.70 | Schelvis Femke | 84 | 8-2-1996 | Heemskerk (NED) |
| 50 rugslag | 35.20 | Schelvis Femke | 84 | 7-11-1996 | Heemskerk (NED) |
| 100 rugslag | 1:14.80 | Schelvis Femke | 84 | 30-5-1996 | Heemskerk (NED) |
| 200 rugslag | 2:41.22 | Stel Serena | 98 | 21-3-2010 | Zaandam (NED) |
| 25 schoolslag | 19.20 | Schelvis Roos | 86 | 19-3-1998 | Heemskerk (NED) |
| 50 schoolslag | 37.40 | van Honk Chantal | 80 | 2-2-1992 | |
| 100 schoolslag | 1:19.80 | van Honk Chantal | 80 | 13-12-1992 | Heemskerk (NED) |
| 200 schoolslag | 2:57.30 | van Honk Chantal | 80 | 3-3-1992 | Heemskerk (NED) |
| 25 vlinderslag | 16.10 | Schelvis Femke | 84 | 8-2-1996 | Heemskerk (NED) |
| 50 vlinderslag | 33.18 | Teufer Irene | 96 | 9-3-2008 | Heemskerk (NED) |
| 100 vlinderslag | 1:17.25 | Teufer Irene | 96 | 17-2-2008 | Zaandam (NED) |
| 200 vlinderslag | 2:57.52 | Teufer Irene | 96 | 16-3-2008 | Zaandam (NED) |
| 100 wisselslag | 1:17.60 | Schelvis Femke | 84 | 27-10-1996 | Zaandam (NED) |
| 200 wisselslag | 2:44.06 | Stel Serena | 98 | 18-4-2010 | Zaandam (NED) |
| 300 wisselslag | 4:49.39 | Koopman Anitra | 89 | 23-12-2001 | Amsterdam |
| 400 wisselslag | 6:10.60 | Schelvis Roos | 86 | 10-5-1998 | Zaandam (NED) |
| 4 x 50 vrije slag | 2:27.76 | OEZA Dames <i>de Vriend Sofie, Koper Fiona, de Wolff Isabel, Buur Naomi</i> | | 10-2-2013 | Haarlem (NED) |
| 4 x 100 vrije slag | 4:57.00 | OEZA Dames <i>Schelvis Femke, de Boer Irene, van Ballegooie Simone, Gijzen-van der Kroft Nicole</i> | | 28-1-1996 | Zaandam (NED) |
| 4 x 200 vrije slag | 10:48.50 | OEZA Dames <i>Gijzen-van der Kroft Nicole, van Ballegooie Simone, de Boer Irene, Schelvis Femke</i> | | 10-11-1996 | Grootebroek (NED) |
| 4 x 50 wisselslag | 2:31.20 | OEZA Dames <i>van Ballegooie Simone, Gijzen-van der Kroft Nicole, Schelvis Femke, de Boer Irene</i> | | 11-2-1996 | Schagen (NED) |
| 4 x 100 wisselslag | 5:32.80 | OEZA Dames <i>van Ballegooie Simone, Gijzen-van der Kroft Nicole, Schelvis Femke, de Boer Irene</i> | | 22-9-1996 | Heemskerk (NED) |

Heren

Open Water

| | | | | | |
|-----------------|----------|--------------------|----|-----------|-----------------|
| 500 vrije slag | 6:31.30 | Dekker Ruben | 93 | 2-7-2005 | Sluis (NED) |
| 800 vrije slag | 14:23.22 | de Ruijter Richard | 88 | 23-7-2000 | Amsterdam (NED) |
| 1000 vrije slag | 14:08.48 | Dekker Ruben | 93 | 21-8-2005 | Eersel (NED) |
| 500 schoolslag | 9:19.44 | Dekker Ruben | 93 | 2-7-2005 | Sluis (NED) |

Dames

Open Water

| | | | | | |
|-----------------|----------|----------------|----|-----------|---------------------|
| 500 vrije slag | 9:22.60 | Vink Marjolein | 93 | 27-8-2005 | Tilburg (NED) |
| 1000 vrije slag | 15:11.73 | Koopman Anitra | 89 | 24-6-2001 | Breukelen (NED) |
| 1250 vrije slag | 22:34.57 | Bos Marieke | 06 | 21-7-2018 | Hoorn (NED) |
| 1500 vrije slag | 25:43.38 | Bos Marieke | 06 | 15-7-2018 | Amsterdam (NED) |
| 500 schoolslag | 10:59.95 | Kleijne Daisy | 89 | 14-7-2001 | Oss (NED) |
| 1000 schoolslag | 23:37.46 | Bos Marieke | 06 | 16-9-2018 | Anna-Paulowna (NED) |

Heren

Lange baan (50m)

| | | | | | |
|-----------------|----------|---------------------|----|------------|------------------|
| 50 vrije slag | 28.92 | Camphuijnder Jasper | 05 | 17-6-2018 | Eindhoven (NED) |
| 100 vrije slag | 1:04.73 | Camphuijnder Jasper | 05 | 13-5-2018 | Alkmaar (NED) |
| 200 vrije slag | 2:19.63 | Druyven Jorrick | 94 | 16-6-2007 | Eindhoven (NED) |
| 300 vrije slag | 3:46.23 | Druyven Jorrick | 94 | 15-6-2007 | Eindhoven (NED) |
| 400 vrije slag | 5:02.61 | Druyven Jorrick | 94 | 19-5-2007 | Beverwijk (NED) |
| 800 vrije slag | 10:37.18 | Druyven Jorrick | 94 | 20-4-2007 | Antwerpen (BEL) |
| 1500 vrije slag | 19:48.89 | Druyven Jorrick | 94 | 1-4-2007 | Amersfoort (NED) |
| 50 rugslag | 35.07 | Druyven Jorrick | 94 | 28-7-2007 | Amsterdam (NED) |
| 100 rugslag | 1:14.41 | Druyven Jorrick | 94 | 12-5-2007 | Beverwijk (NED) |
| 200 rugslag | 2:40.50 | Essers Tim | 88 | 16-6-2001 | Dordrecht (NED) |
| 50 schoolslag | 40.36 | Druyven Jorrick | 94 | 27-7-2007 | Amsterdam (NED) |
| 100 schoolslag | 1:22.62 | de Ruijter Richard | 88 | 21-10-2001 | Beverwijk (NED) |
| 200 schoolslag | 2:59.91 | de Ruijter Richard | 88 | 15-6-2001 | Dordrecht (NED) |
| 50 vlinderslag | 32.93 | Druyven Jorrick | 94 | 16-6-2007 | Eindhoven (NED) |
| 100 vlinderslag | 1:12.73 | Druyven Jorrick | 94 | 28-7-2007 | Amsterdam (NED) |
| 200 vlinderslag | 2:45.68 | Druyven Jorrick | 94 | 13-5-2007 | Alkmaar (NED) |
| 200 wisselslag | 2:39.95 | Druyven Jorrick | 94 | 16-6-2007 | Eindhoven (NED) |
| 400 wisselslag | 5:37.52 | Druyven Jorrick | 94 | 17-6-2007 | Eindhoven (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|------------------|----|-----------|-----------------|
| 50 vrije slag | 29.23 | Koster Lisa | 94 | 15-6-2007 | Eindhoven (NED) |
| 100 vrije slag | 1:04.50 | Schelvis Femke | 84 | 9-11-1997 | Beverwijk (NED) |
| 200 vrije slag | 2:22.40 | Schelvis Femke | 84 | 27-4-1997 | Beverwijk (NED) |
| 400 vrije slag | 5:04.10 | Schelvis Femke | 84 | 1-6-1997 | Beverwijk (NED) |
| 800 vrije slag | 10:42.20 | Schelvis Femke | 84 | 11-5-1997 | Beverwijk (NED) |
| 50 rugslag | 34.90 | Schelvis Femke | 84 | 25-5-1997 | Beverwijk (NED) |
| 100 rugslag | 1:14.20 | Schelvis Femke | 84 | 31-5-1997 | Beverwijk (NED) |
| 200 rugslag | 2:38.70 | Schelvis Femke | 84 | 31-5-1997 | Beverwijk (NED) |
| 50 schoolslag | 37.00 | van Honk Chantal | 80 | 21-3-1993 | Beverwijk (NED) |
| 100 schoolslag | 1:23.00 | van Honk Chantal | 80 | 22-5-1993 | Beverwijk (NED) |
| 200 schoolslag | 3:14.58 | Schelvis Roos | 86 | 5-6-1999 | Beverwijk (NED) |
| 50 vlinderslag | 34.06 | Hoekstra Eline | 03 | 5-6-2016 | Alkmaar (NED) |
| 100 vlinderslag | 1:19.70 | Schelvis Femke | 84 | 1-6-1997 | Beverwijk (NED) |
| 200 vlinderslag | 3:41.76 | Siemerink Laura | 04 | 2-4-2017 | Alkmaar (NED) |
| 200 wisselslag | 2:44.60 | Schelvis Femke | 84 | 24-5-1997 | Beverwijk (NED) |
| 400 wisselslag | 5:56.50 | Schelvis Femke | 84 | 27-4-1997 | Beverwijk (NED) |

Heren

Korte baan (25m)

| | | | | | |
|----------------------------------|----------|---------------------|----|------------|------------------|
| 15m vlinderslag benen onderwater | 18.53 | Meijer Viggo | 06 | 15-12-2019 | Haarlem (NED) |
| 50m borstcrawl benen | 55.87 | Blaauw Xam | 07 | 19-1-2020 | Zaandam (NED) |
| 25 vrije slag | 13.86 | Druyven Jorrick | 94 | 19-4-2007 | Heemskerk (NED) |
| 50 vrije slag | 26.92 | Druyven Jorrick | 94 | 30-12-2007 | Maastricht (NED) |
| 100 vrije slag | 59.39 | Druyven Jorrick | 94 | 25-11-2007 | Amsterdam (NED) |
| 200 vrije slag | 2:12.50 | Druyven Jorrick | 94 | 25-10-2007 | Heemskerk (NED) |
| 300 vrije slag | 3:33.01 | Druyven Jorrick | 94 | 14-10-2007 | Zaandam (NED) |
| 400 vrije slag | 4:42.30 | Druyven Jorrick | 94 | 14-10-2007 | Zaandam (NED) |
| 800 vrije slag | 9:54.13 | Druyven Jorrick | 94 | 23-12-2007 | Amsterdam (NED) |
| 1500 vrije slag | 18:38.36 | Druyven Jorrick | 94 | 23-12-2007 | Amsterdam (NED) |
| 25 rugslag | 16.00 | Druyven Jorrick | 94 | 19-4-2007 | Heemskerk (NED) |
| 50 rugslag | 31.37 | Druyven Jorrick | 94 | 28-12-2007 | Maastricht (NED) |
| 100 rugslag | 1:07.31 | Druyven Jorrick | 94 | 29-12-2007 | Maastricht (NED) |
| 200 rugslag | 2:29.80 | Camphuijnder Jasper | 05 | 2-12-2018 | Zaandam (NED) |
| 25 schoolslag | 17.93 | Druyven Jorrick | 94 | 19-4-2007 | Heemskerk (NED) |
| 50 schoolslag | 37.06 | Crok Pieter | 91 | 28-12-2004 | Maastricht (NED) |
| 100 schoolslag | 1:19.08 | de Ruijter Richard | 88 | 9-12-2001 | Heemskerk |
| 200 schoolslag | 2:53.37 | de Ruijter Richard | 88 | 29-11-2001 | Heemskerk |
| 25 vlinderslag | 14.89 | Druyven Jorrick | 94 | 19-4-2007 | Heemskerk (NED) |
| 50 vlinderslag | 29.67 | Druyven Jorrick | 94 | 29-12-2007 | Maastricht (NED) |
| 100 vlinderslag | 1:08.39 | Druyven Jorrick | 94 | 15-12-2007 | Heemskerk (NED) |
| 200 vlinderslag | 2:35.75 | Druyven Jorrick | 94 | 18-11-2007 | Alkmaar (NED) |
| 100 wisselslag | 1:08.59 | Druyven Jorrick | 94 | 30-12-2007 | Maastricht (NED) |
| 200 wisselslag | 2:31.09 | Druyven Jorrick | 94 | 14-10-2007 | Zaandam (NED) |
| 300 wisselslag | 4:06.02 | Druyven Jorrick | 94 | 9-12-2007 | Zaandam (NED) |
| 400 wisselslag | 5:20.80 | Druyven Jorrick | 94 | 27-10-2007 | Barneveld (NED) |
| 4 x 100 vrije slag | 5:40.90 | OEZA Heren | | 22-1-1995 | Casticum (NED) |

de Caluwé Thijs, ten Cate Raymond, Steenbergen Roderik, Thijssen Dave

Dames

Korte baan (25m)

| | | | | | |
|--------------------|----------|---|----|------------|-------------------------|
| 25 vrije slag | 14.00 | Schelvis Femke | 84 | 13-3-1997 | Heemskerk (NED) |
| 50 vrije slag | 29.18 | Koster Lisa | 94 | 30-12-2007 | Maastricht (NED) |
| 100 vrije slag | 1:02.75 | Koster Lisa | 94 | 15-12-2007 | Heemskerk (NED) |
| 200 vrije slag | 2:15.30 | Schelvis Femke | 84 | 11-12-1997 | Heemskerk (NED) |
| 300 vrije slag | 3:53.61 | Koster Lisa | 94 | 14-10-2007 | Zaandam (NED) |
| 400 vrije slag | 4:59.80 | Schelvis Femke | 84 | 21-9-1997 | Alkmaar (NED) |
| 800 vrije slag | 10:39.38 | Koster Lisa | 94 | 9-12-2007 | Zaandam (NED) |
| 1500 vrije slag | 22:20.60 | Besse Karen | 75 | 29-12-1988 | Heemskerk (NED) |
| 25 rugslag | 16.60 | Schelvis Femke | 84 | 13-2-1997 | Heemskerk (NED) |
| 50 rugslag | 33.90 | Schelvis Femke | 84 | 9-10-1997 | Heemskerk (NED) |
| 100 rugslag | 1:11.10 | Schelvis Femke | 84 | 16-11-1997 | Zaandam (NED) |
| 200 rugslag | 2:31.90 | Schelvis Femke | 84 | 16-11-1997 | Zaandam (NED) |
| 25 schoolslag | 18.40 | Gijzen-van der Kroft Nicole | 84 | 13-3-1997 | Heemskerk (NED) |
| 50 schoolslag | 37.00 | van Honk Chantal | 80 | 12-5-1993 | |
| 100 schoolslag | 1:21.20 | van Honk Chantal | 80 | 6-1-1993 | |
| 200 schoolslag | 2:55.20 | van Honk Chantal | 80 | 9-1-1993 | Zuidoost Beemster (NED) |
| 25 vlinderslag | 15.40 | Schelvis Femke | 84 | 13-2-1997 | Heemskerk (NED) |
| 50 vlinderslag | 32.50 | Schelvis Femke | 84 | 11-12-1997 | Heemskerk (NED) |
| 100 vlinderslag | 1:12.40 | Schelvis Femke | 84 | 14-12-1997 | Heemskerk (NED) |
| 200 vlinderslag | 3:02.29 | Hoekstra Eline | 03 | 27-11-2016 | Zaandam (NED) |
| 100 wisselslag | 1:13.50 | Schelvis Femke | 84 | 30-11-1997 | Alkmaar (NED) |
| 200 wisselslag | 2:38.00 | Schelvis Femke | 84 | 6-11-1997 | Heemskerk (NED) |
| 300 wisselslag | 4:31.54 | Mallon Danique | 94 | 9-12-2007 | Zaandam (NED) |
| 400 wisselslag | 5:55.90 | Schelvis Femke | 84 | 23-2-1997 | Zaandam (NED) |
| 4 x 50 vrije slag | 2:10.52 | OEZA Dames <i>Smit Sanne, Angenent Nienke, Koper Fiona, Buur Naomi</i> | | 26-10-2014 | Zaandam (NED) |
| 4 x 100 vrije slag | 5:34.20 | OEZA Dames <i>ten Cate Ilona, Cappelle Marcella, Boekling Annette, Lindelauf Priscilla</i> | | 17-5-1998 | Heemskerk (NED) |
| 4 x 50 schoolslag | 3:09.60 | OEZA Dames <i>Hommersen Sandra, Dijkstra Maud, de Boer Irene, van Ballegooie Simone</i> | | 12-10-1997 | Assendelft (NED) |
| 4 x 50 wisselslag | 2:31.90 | OEZA Dames <i>Schelvis Femke, Gijzen-van der Kroft Nicole, Hommersen Sandra, de Boer Irene</i> | | 23-3-1997 | Volendam (NED) |
| 5 x 50 vrije slag | 2:53.00 | OEZA Dames <i>Hommersen Sandra, Stins Mariska, Gijzen-van der Kroft Nicole, van Ballegooie Simone, de Boer Irene</i> | | 16-2-1997 | Volendam (NED) |
| 8 x 50 vrije slag | 4:32.20 | OEZA Dames <i>Zonneveld Chantal, Hommersen Sandra, Stins Mariska, Dijkstra Maud, van Ballegooie Simone, de Boer Irene, Gijzen-van der Kroft Nicole, Schelvis Femke</i> | | 31-8-1997 | Assendelft (NED) |

Heren

Open Water

| | | | | | |
|-----------------|----------|-----------------|----|-----------|---------------------|
| 800 vrije slag | 12:33.07 | Glorie Daan | 88 | 8-7-2001 | Amsterdam (NED) |
| 1000 vrije slag | 13:53.65 | Druyven Jorrick | 94 | 24-6-2007 | Breukelen (NED) |
| 1500 vrije slag | 25:43.69 | Butter Stijn | 11 | 21-7-2024 | Amsterdam (NED) |
| 2000 vrije slag | 29:30.77 | Dekker Matthijs | 90 | 10-8-2003 | Stadskanaal (NED) |
| 2500 vrije slag | 45:01.03 | Butter Stijn | 11 | 6-7-2024 | Hoek (NED) |
| 3000 vrije slag | 46:54.89 | Dekker Matthijs | 90 | 13-9-2003 | Tilburg (NED) |
| 500 schoolslag | 8:24.51 | Druyven Jorrick | 94 | 4-8-2007 | Hoorn (NED) |
| 1000 schoolslag | 19:05.76 | Druyven Jorrick | 94 | 21-7-2007 | Anna-Paulowna (NED) |

Dames

Open Water

| | | | | | |
|-----------------|----------|------------------|----|-----------|------------------|
| 800 vrije slag | 13:19.97 | de Ruijter Linda | 87 | 23-7-2000 | Amsterdam (NED) |
| 1000 vrije slag | 16:38.77 | Hogema Fabiën | 93 | 2-7-2006 | Bodegraven (NED) |
| 500 schoolslag | 9:24.30 | Vink Marjolein | 93 | 19-8-2006 | Bussloo (NED) |
| 1000 schoolslag | 20:29.19 | Vink Marjolein | 93 | 13-8-2006 | Aalsmeer (NED) |

Heren

Lange baan (50m)

| | | | | | |
|-----------------|----------|---------------------|----|-----------|------------------|
| 50 vrije slag | 26.89 | Druyven Jorrick | 94 | 17-5-2008 | Beverwijk (NED) |
| 100 vrije slag | 59.44 | Druyven Jorrick | 94 | 18-5-2008 | Alkmaar (NED) |
| 200 vrije slag | 2:10.45 | Druyven Jorrick | 94 | 14-6-2008 | Drachten (NED) |
| 300 vrije slag | 3:29.96 | Druyven Jorrick | 94 | 13-6-2008 | Drachten (NED) |
| 400 vrije slag | 4:39.11 | Druyven Jorrick | 94 | 24-5-2008 | Beverwijk (NED) |
| 800 vrije slag | 9:58.50 | Druyven Jorrick | 94 | 27-4-2008 | Dordrecht (NED) |
| 1500 vrije slag | 18:54.93 | Druyven Jorrick | 94 | 27-4-2008 | Dordrecht (NED) |
| 50 rugslag | 31.80 | Druyven Jorrick | 94 | 13-4-2008 | Antwerpen (BEL) |
| 100 rugslag | 1:08.04 | Druyven Jorrick | 94 | 17-5-2008 | Beverwijk (NED) |
| 200 rugslag | 2:29.06 | Druyven Jorrick | 94 | 25-5-2008 | Beverwijk (NED) |
| 50 schoolslag | 37.27 | Ayari Adam | 08 | 15-5-2022 | Amsterdam (NED) |
| 100 schoolslag | 1:19.84 | van Rijn Michael | 70 | 7-7-1984 | Amersfoort (NED) |
| 200 schoolslag | 2:57.54 | de Ruijter Richard | 88 | 21-4-2002 | Beverwijk (NED) |
| 50 vlinderslag | 29.26 | Camphuijnder Jasper | 05 | 19-5-2019 | Amersfoort (NED) |
| 100 vlinderslag | 1:06.96 | Camphuijnder Jasper | 05 | 15-6-2019 | Eindhoven (NED) |
| 200 vlinderslag | 2:30.83 | Druyven Jorrick | 94 | 15-6-2008 | Drachten (NED) |
| 200 wisselslag | 2:30.47 | Druyven Jorrick | 94 | 14-6-2008 | Drachten (NED) |
| 400 wisselslag | 5:16.99 | Druyven Jorrick | 94 | 15-6-2008 | Drachten (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|----------------|----|------------|------------------|
| 50 vrije slag | 27.93 | Kingma Danae | 00 | 20-6-2014 | Amsterdam (NED) |
| 100 vrije slag | 1:00.90 | Kingma Danae | 00 | 30-11-2014 | Alkmaar (NED) |
| 200 vrije slag | 2:14.82 | Kingma Danae | 00 | 21-6-2014 | Amsterdam (NED) |
| 300 vrije slag | 3:39.20 | Schelvis Femke | 84 | 4-7-1998 | Amersfoort (NED) |
| 400 vrije slag | 4:52.03 | Schelvis Femke | 84 | 4-7-1998 | Amersfoort (NED) |
| 800 vrije slag | 12:02.10 | Wentink Yara | 04 | 15-4-2018 | Alkmaar (NED) |
| 1500 vrije slag | 22:30.05 | Wentink Yara | 04 | 15-4-2018 | Alkmaar (NED) |
| 50 rugslag | 34.10 | Kingma Danae | 00 | 25-5-2014 | Beverwijk (NED) |
| 100 rugslag | 1:15.78 | Koster Lisa | 94 | 12-4-2008 | Antwerpen (BEL) |
| 200 rugslag | 2:38.83 | Schelvis Femke | 84 | 5-7-1998 | Amersfoort (NED) |
| 50 schoolslag | 36.33 | Kingma Danae | 00 | 18-5-2014 | Alkmaar (NED) |
| 100 schoolslag | 1:21.54 | Kingma Danae | 00 | 13-4-2014 | Eindhoven (NED) |
| 200 schoolslag | 3:04.77 | Kingma Danae | 00 | 24-5-2014 | Beverwijk (NED) |
| 50 vlinderslag | 32.73 | Schelvis Femke | 84 | 25-10-1998 | Beverwijk (NED) |
| 100 vlinderslag | 1:13.69 | Schelvis Femke | 84 | 4-7-1998 | Amersfoort (NED) |
| 200 vlinderslag | 2:55.83 | Mallon Danique | 94 | 25-5-2008 | Beverwijk (NED) |
| 200 wisselslag | 2:43.54 | Schelvis Femke | 84 | 5-7-1998 | Amersfoort (NED) |
| 400 wisselslag | 6:06.35 | Hoekstra Eline | 03 | 19-2-2017 | Amsterdam (NED) |

Heren

Korte baan (25m)

| | | | | | |
|--------------------|----------|------------------|----|------------|-----------------|
| 25 vrije slag | 12.52 | Druyven Jorrick | 94 | 29-5-2008 | Heemskerk (NED) |
| 50 vrije slag | 26.82 | Druyven Jorrick | 94 | 10-2-2008 | Purmerend (NED) |
| 100 vrije slag | 58.60 | Gaal Roel | 01 | 29-11-2015 | Heemskerk (NED) |
| 200 vrije slag | 2:06.52 | Gaal Roel | 01 | 6-12-2015 | Purmerend (NED) |
| 300 vrije slag | 3:26.39 | Druyven Jorrick | 94 | 25-1-2008 | Terneuzen (NED) |
| 400 vrije slag | 4:29.62 | Druyven Jorrick | 94 | 12-5-2008 | Purmerend (NED) |
| 800 vrije slag | 9:40.09 | Druyven Jorrick | 94 | 30-3-2008 | Zaandam (NED) |
| 1500 vrije slag | 18:07.48 | Druyven Jorrick | 94 | 30-3-2008 | Zaandam (NED) |
| 25 rugslag | 14.87 | Druyven Jorrick | 94 | 29-5-2008 | Heemskerk (NED) |
| 50 rugslag | 31.26 | Druyven Jorrick | 94 | 10-2-2008 | Purmerend (NED) |
| 100 rugslag | 1:06.59 | Druyven Jorrick | 94 | 27-3-2008 | Heemskerk (NED) |
| 200 rugslag | 2:25.00 | Druyven Jorrick | 94 | 16-3-2008 | Zaandam (NED) |
| 25 schoolslag | 16.10 | Schaaper Bart | 73 | 17-12-1987 | Heemskerk (NED) |
| 50 schoolslag | 34.80 | Schaaper Bart | 73 | 8-3-1987 | Zaandam (NED) |
| 100 schoolslag | 1:16.00 | van Rijn Michael | 70 | 4-11-1984 | Heemskerk (NED) |
| 200 schoolslag | 2:49.20 | van Rijn Michael | 70 | 18-11-1984 | Heemskerk (NED) |
| 25 vlinderslag | 13.45 | Druyven Jorrick | 94 | 29-5-2008 | Heemskerk (NED) |
| 50 vlinderslag | 29.52 | Druyven Jorrick | 94 | 24-3-2008 | Haarlem (NED) |
| 100 vlinderslag | 1:08.51 | Druyven Jorrick | 94 | 25-1-2008 | Terneuzen (NED) |
| 200 vlinderslag | 2:26.21 | Druyven Jorrick | 94 | 16-3-2008 | Zaandam (NED) |
| 100 wisselslag | 1:06.58 | Druyven Jorrick | 94 | 29-5-2008 | Heemskerk (NED) |
| 200 wisselslag | 2:26.61 | Druyven Jorrick | 94 | 24-3-2008 | Haarlem (NED) |
| 300 wisselslag | 4:02.39 | Schelvis Sjeng | 89 | 30-11-2003 | Heemskerk (NED) |
| 400 wisselslag | 5:13.58 | Druyven Jorrick | 94 | 30-3-2008 | Zaandam (NED) |
| 4 x 100 wisselslag | 4:57.05 | OEZA Heren | | 6-10-2019 | Purmerend (NED) |

Blaauw Mica, Oortwijn Kalle, Camphuijnder Jasper, van Heerwaarden Chiel

Dames

Korte baan (25m)

| | | | | | |
|--------------------|----------|--|----|------------|------------------|
| 25 vrije slag | 13.50 | Schelvis Femke | 84 | 8-1-1998 | Heemskerk (NED) |
| 50 vrije slag | 27.50 | Kingma Danae | 00 | 31-1-2014 | Amsterdam (NED) |
| 100 vrije slag | 59.30 | Kingma Danae | 00 | 2-11-2014 | Amsterdam (NED) |
| 200 vrije slag | 2:12.70 | Schelvis Femke | 84 | 15-3-1998 | Harderwijk (NED) |
| 300 vrije slag | 3:44.00 | Schelvis Femke | 84 | 19-4-1998 | Zaandam (NED) |
| 400 vrije slag | 4:44.10 | Schelvis Femke | 84 | 8-3-1998 | Zaandam (NED) |
| 800 vrije slag | 10:01.40 | Schelvis Femke | 84 | 22-2-1998 | Zaandam (NED) |
| 1500 vrije slag | 20:04.86 | Vink Lidewij | 90 | 14-11-2004 | Heemskerk (NED) |
| 25 rugslag | 15.10 | Schelvis Femke | 84 | 15-1-1998 | Heemskerk (NED) |
| 50 rugslag | 32.40 | Kingma Danae | 00 | 7-9-2014 | Zaandam (NED) |
| 100 rugslag | 1:10.40 | Kingma Danae | 00 | 30-10-2014 | Heemskerk (NED) |
| 200 rugslag | 2:30.70 | Schelvis Femke | 84 | 23-5-1998 | Zaandam (NED) |
| 25 schoolslag | 18.32 | Hogema Fabiën | 93 | 19-4-2007 | Heemskerk (NED) |
| 50 schoolslag | 36.07 | Kingma Danae | 00 | 7-9-2014 | Zaandam (NED) |
| 100 schoolslag | 1:19.25 | Kingma Danae | 00 | 16-11-2014 | Zaandam (NED) |
| 200 schoolslag | 2:58.86 | Kingma Danae | 00 | 26-10-2014 | Zaandam (NED) |
| 25 vlinderslag | 15.00 | Schelvis Femke | 84 | 15-1-1998 | Heemskerk (NED) |
| 50 vlinderslag | 30.86 | Kingma Danae | 00 | 30-10-2014 | Heemskerk (NED) |
| 100 vlinderslag | 1:10.93 | Schelvis Femke | 84 | 13-12-1998 | Heemskerk (NED) |
| 200 vlinderslag | 2:55.31 | Wentink Yara | 04 | 18-3-2018 | Purmerend (NED) |
| 100 wisselslag | 1:09.82 | Kingma Danae | 00 | 7-12-2014 | Heemskerk (NED) |
| 200 wisselslag | 2:33.30 | Schelvis Femke | 84 | 9-5-1998 | Zaandam (NED) |
| 300 wisselslag | 4:24.09 | Vink Lidewij | 90 | 19-12-2004 | Heemskerk (NED) |
| 400 wisselslag | 5:29.20 | Schelvis Femke | 84 | 10-5-1998 | Zaandam (NED) |
| 4 x 50 vrije slag | 2:01.72 | OEZA Dames | | 14-2-1998 | Emmen (NED) |
| | | <i>de Boer Irene, van Ballegooie Simone, Gijzen-van der Kroft Nicole, Schelvis Femke</i> | | | |
| 4 x 50 wisselslag | 2:20.27 | OEZA Dames | | 15-2-1998 | Emmen (NED) |
| | | <i>de Boer Irene, Gijzen-van der Kroft Nicole, Schelvis Femke, van Ballegooie Simone</i> | | | |
| 4 x 100 wisselslag | 5:47.70 | OEZA Dames | | 8-3-1998 | Zaandam (NED) |
| | | <i>de Boer Irene, Gijzen-van der Kroft Nicole, Stins Mariska, van Ballegooie Simone</i> | | | |

Heren

Open Water

| | | | | | |
|-----------------|----------|--------------------|----|-----------|-----------------------|
| 1000 vrije slag | 13:14.39 | Dekker Matthijs | 90 | 27-6-2004 | Breukelen (NED) |
| 1500 vrije slag | 20:18.79 | Dekker Matthijs | 90 | 24-7-2004 | Wijk en Aalburg (NED) |
| 2000 vrije slag | 27:29.36 | Dekker Matthijs | 90 | 27-6-2004 | Breukelen (NED) |
| 3000 vrije slag | 41:18.47 | Dekker Matthijs | 90 | 16-7-2004 | Tilburg (NED) |
| 500 schoolslag | 8:32.33 | de Ruijter Richard | 88 | 30-6-2002 | Amsterdam (NED) |
| 1000 schoolslag | 18:25.74 | Druyven Jorrick | 94 | 19-7-2008 | Anna-Paulowna (NED) |
| 2000 schoolslag | 35:42.10 | van Rijn Michael | 70 | 17-6-1984 | Amstelveen (NED) |

Dames

Open Water

| | | | | | |
|-----------------|----------|----------------|----|-----------|---------------------------|
| 1000 vrije slag | 14:37.06 | Vink Lidewij | 90 | 27-6-2004 | Breukelen (NED) |
| 1500 vrije slag | 23:50.30 | Vink Lidewij | 90 | 24-7-2004 | Wijk en Aalburg (NED) |
| 2000 vrije slag | 33:01.63 | Vink Lidewij | 90 | 11-7-2004 | Beusichem-Culemborg (NED) |
| 500 schoolslag | 8:55.64 | Vink Marjolein | 93 | 4-8-2007 | Hoorn (NED) |
| 1000 schoolslag | 20:23.77 | Niesten Iris | 92 | 13-8-2006 | Aalsmeer (NED) |

Heren

Lange baan (50m)

| | | | | | |
|-----------------|---------|---------------------|----|-----------|------------------|
| 50 vrije slag | 26.87 | Gaal Roel | 01 | 18-6-2016 | Dordrecht (NED) |
| 100 vrije slag | 58.38 | Gaal Roel | 01 | 17-6-2016 | Dordrecht (NED) |
| 200 vrije slag | 2:09.17 | Gaal Roel | 01 | 19-6-2016 | Dordrecht (NED) |
| 300 vrije slag | 3:38.21 | Gaal Roel | 01 | 28-5-2016 | Alkmaar (NED) |
| 400 vrije slag | 4:51.57 | Gaal Roel | 01 | 28-5-2016 | Alkmaar (NED) |
| 50 rugslag | 32.65 | Dekker Matthijs | 90 | 22-5-2005 | Beverwijk (NED) |
| 100 rugslag | 1:11.93 | Hermans Luuk | 85 | 20-5-2000 | Beverwijk (NED) |
| 200 rugslag | 2:36.24 | Essers Tim | 88 | 25-5-2003 | Beverwijk (NED) |
| 50 schoolslag | 36.58 | de Ruijter Richard | 88 | 25-5-2003 | Beverwijk (NED) |
| 100 schoolslag | 1:19.37 | de Ruijter Richard | 88 | 24-5-2003 | Beverwijk (NED) |
| 200 schoolslag | 2:48.11 | de Boer Stephan | 83 | 3-7-1998 | Amersfoort (NED) |
| 50 vlinderslag | 29.74 | Camphuijnder Jasper | 05 | 26-1-2020 | Alkmaar (NED) |
| 100 vlinderslag | 1:09.90 | Schelvis Sjeng | 89 | 15-2-2004 | Eindhoven (NED) |
| 200 vlinderslag | 2:49.00 | Essers Tim | 88 | 18-5-2003 | Beverwijk (NED) |
| 200 wisselslag | 2:39.37 | Oortwijn Kalle | 05 | 8-3-2020 | Amsterdam (NED) |
| 400 wisselslag | 5:40.90 | Butter Martijn | 79 | 29-5-1994 | Beverwijk (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|---------|-------------------|----|-----------|------------------|
| 50 vrije slag | 27.48 | Kingma Danae | 00 | 13-6-2015 | Eindhoven (NED) |
| 100 vrije slag | 59.79 | Kingma Danae | 00 | 26-6-2015 | Alkmaar (NED) |
| 200 vrije slag | 2:15.97 | Kingma Danae | 00 | 13-6-2015 | Eindhoven (NED) |
| 300 vrije slag | 3:54.19 | Wentink Yara | 04 | 11-5-2019 | Alkmaar (NED) |
| 400 vrije slag | 4:56.03 | Schelvis Femke | 84 | 29-5-1999 | Beverwijk (NED) |
| 50 rugslag | 33.42 | Kingma Danae | 00 | 31-5-2015 | Alkmaar (NED) |
| 100 rugslag | 1:12.31 | Kingma Danae | 00 | 26-6-2015 | Alkmaar (NED) |
| 200 rugslag | 2:40.49 | Schelvis Femke | 84 | 30-5-1999 | Beverwijk (NED) |
| 50 schoolslag | 36.36 | Kingma Danae | 00 | 12-7-2015 | Alkmaar (NED) |
| 100 schoolslag | 1:24.24 | Kingma Danae | 00 | 16-5-2015 | Beverwijk (NED) |
| 200 schoolslag | 3:11.88 | de Groot Daniëlle | 93 | 24-5-2008 | Beverwijk (NED) |
| 50 vlinderslag | 31.35 | Siemerink Laura | 04 | 26-5-2019 | Amersfoort (NED) |
| 100 vlinderslag | 1:13.91 | Schelvis Femke | 84 | 18-6-1999 | Amersfoort (NED) |
| 200 vlinderslag | 2:57.31 | Wentink Yara | 04 | 17-3-2019 | Alkmaar (NED) |
| 200 wisselslag | 2:39.31 | Kingma Danae | 00 | 30-5-2015 | Beverwijk (NED) |
| 400 wisselslag | 5:59.08 | Hoekstra Eline | 03 | 2-6-2018 | Amersfoort (NED) |

Heren

Korte baan (25m)

| | | | | | |
|--------------------|----------|---|----|------------|------------------|
| 25 vrije slag | 12.93 | Crok Pieter | 91 | 27-4-2006 | Heemskerk |
| 50 vrije slag | 26.36 | Gaal Roel | 01 | 13-10-2016 | Heemskerk (NED) |
| 100 vrije slag | 56.68 | Gaal Roel | 01 | 13-11-2016 | Purmerend (NED) |
| 200 vrije slag | 2:05.52 | Gaal Roel | 01 | 2-10-2016 | Purmerend (NED) |
| 300 vrije slag | 3:33.86 | Dekker Matthijs | 90 | 12-2-2005 | Zoetermeer |
| 400 vrije slag | 4:44.55 | Dekker Matthijs | 90 | 6-3-2005 | Den Haag |
| 800 vrije slag | 9:49.40 | Butter Martijn | 79 | 14-4-1994 | Heemskerk |
| 1500 vrije slag | 18:16.30 | Butter Martijn | 79 | 18-12-1994 | Wormerveer (NED) |
| 2000 vrije slag | 26:19.41 | Schelvis Sjeng | 89 | 7-3-2004 | Zaandam |
| 25 rugslag | 15.30 | Kerkhof Arno | 72 | 17-12-1987 | Heemskerk (NED) |
| 50 rugslag | 30.89 | Essers Tim | 88 | 16-3-2003 | Heemskerk |
| 100 rugslag | 1:06.82 | Essers Tim | 88 | 28-12-2003 | Maastricht (NED) |
| 200 rugslag | 2:28.50 | Offringa Rick | 03 | 18-11-2018 | Hoofddorp (NED) |
| 25 schoolslag | 16.20 | de Boer Stephan | 83 | 19-3-1998 | Heemskerk (NED) |
| 50 schoolslag | 33.60 | van Rijn Michael | 70 | 10-11-1985 | |
| 100 schoolslag | 1:13.69 | de Boer Stephan | 83 | 13-12-1998 | Heemskerk (NED) |
| 200 schoolslag | 2:42.40 | de Boer Stephan | 83 | 16-5-1998 | Zaandam (NED) |
| 25 vlinderslag | 13.60 | Kerkhof Arno | 72 | 17-12-1987 | Heemskerk (NED) |
| 50 vlinderslag | 28.56 | Schelvis Sjeng | 89 | 23-12-2004 | Heemskerk (NED) |
| 100 vlinderslag | 1:05.70 | Schelvis Sjeng | 89 | 7-11-2004 | Amsterdam (NED) |
| 200 vlinderslag | 2:38.30 | Jongert Sjoerd | 01 | 27-11-2016 | Zaandam (NED) |
| 100 wisselslag | 1:07.91 | Schelvis Sjeng | 89 | 30-9-2004 | Heemskerk (NED) |
| 200 wisselslag | 2:27.94 | Schelvis Sjeng | 89 | 3-10-2004 | Heemskerk (NED) |
| 300 wisselslag | 3:53.16 | Schelvis Sjeng | 89 | 19-12-2004 | Heemskerk (NED) |
| 400 wisselslag | 5:20.29 | Offringa Rick | 03 | 24-11-2018 | Hoofddorp (NED) |
| 4 x 50 vrije slag | 1:52.74 | OEZA Heren | | 28-12-2006 | Maastricht (NED) |
| | | <i>Crok Pieter, de Caluwé Niels, Lamers Koen, Kemmeren Ferry</i> | | | |
| 4 x 100 vrije slag | 4:18.60 | OEZA Heren | | 11-2-1990 | Heemskerk (NED) |
| | | <i>Hulshof Patrick, Schaap Paul, Switser René, Meijer Arno</i> | | | |
| 4 x 50 wisselslag | 2:13.12 | OEZA Heren | | 19-3-2006 | Heemskerk (NED) |
| | | <i>de Caluwé Niels, Crok Pieter, Kemmeren Ferry, Martijn Onno</i> | | | |

Dames

Korte baan (25m)

| | | | | | |
|-----------------|----------|----------------------|----|------------|------------------|
| 25 vrije slag | 13.11 | Schelvis Femke | 84 | 25-3-1999 | Heemskerk (NED) |
| 50 vrije slag | 26.93 | Kingma Danae | 00 | 11-10-2015 | Alkmaar (NED) |
| 100 vrije slag | 59.30 | Kingma Danae | 00 | 1-2-2015 | Amsterdam (NED) |
| 200 vrije slag | 2:07.73 | Schelvis Femke | 84 | 25-11-1999 | Heemskerk |
| 300 vrije slag | 3:41.56 | Hoekstra Eline | 03 | 25-11-2018 | Hoofddorp (NED) |
| 400 vrije slag | 4:40.35 | Schelvis Femke | 84 | 28-2-1999 | Zaandam (NED) |
| 800 vrije slag | 9:32.54 | Schelvis Femke | 84 | 28-2-1999 | Zaandam (NED) |
| 1500 vrije slag | 20:20.21 | Schelvis Roos | 86 | 4-11-2001 | Heemskerk |
| 2000 vrije slag | 26:56.35 | van de Poll Marianne | 89 | 7-3-2004 | Zaandam |
| 25 rugslag | 15.36 | Schelvis Femke | 84 | 25-3-1999 | Heemskerk (NED) |
| 50 rugslag | 32.23 | Kingma Danae | 00 | 8-1-2015 | Heemskerk (NED) |
| 100 rugslag | 1:08.44 | Kingma Danae | 00 | 10-12-2015 | Heemskerk (NED) |
| 200 rugslag | 2:26.44 | Schelvis Femke | 84 | 10-10-1999 | Zaandam (NED) |
| 25 schoolslag | 17.22 | Palmboom Nicole | 91 | 27-4-2006 | Heemskerk |
| 50 schoolslag | 34.93 | Kingma Danae | 00 | 15-11-2015 | Purmerend (NED) |
| 100 schoolslag | 1:17.27 | Kingma Danae | 00 | 15-11-2015 | Purmerend (NED) |
| 200 schoolslag | 2:53.96 | Kingma Danae | 00 | 4-10-2015 | Purmerend (NED) |
| 25 vlinderslag | 14.07 | Schelvis Femke | 84 | 25-3-1999 | Heemskerk (NED) |
| 50 vlinderslag | 30.59 | Kingma Danae | 00 | 6-9-2015 | Zaandam (NED) |
| 100 vlinderslag | 1:08.80 | Schelvis Femke | 84 | 10-10-1999 | Zaandam (NED) |
| 200 vlinderslag | 2:47.28 | Vink Lidewij | 90 | 24-11-2005 | Heemskerk (NED) |
| 100 wisselslag | 1:09.81 | Kingma Danae | 00 | 8-3-2015 | Zaandam (NED) |
| 200 wisselslag | 2:29.81 | Schelvis Femke | 84 | 4-11-1999 | Heemskerk (NED) |
| 300 wisselslag | 4:12.63 | Vink Lidewij | 90 | 13-11-2005 | Zaandam (NED) |
| 400 wisselslag | 5:30.28 | Schelvis Femke | 84 | 21-3-1999 | Assendelft (NED) |

Heren

Open Water

| | | | | | |
|-----------------|----------|-----------------|----|-----------|---------------------------|
| 1000 vrije slag | 13:15.00 | Dekker Matthijs | 90 | 21-8-2005 | Eersel (NED) |
| 1500 vrije slag | 20:40.90 | Dekker Matthijs | 90 | 25-6-2005 | Scheerwolde (NED) |
| 2000 vrije slag | 25:59.36 | Dekker Matthijs | 90 | 10-7-2005 | Beusichem-Culemborg (NED) |
| 3000 vrije slag | 43:03.41 | Glorie Daan | 88 | 13-9-2003 | Tilburg (NED) |
| 500 schoolslag | 8:22.25 | Dekker Matthijs | 90 | 26-6-2005 | Breukelen (NED) |
| 1000 schoolslag | 17:43.94 | Jongert Sjoerd | 01 | 23-7-2016 | Amstelveen (NED) |
| 1500 schoolslag | 28:06.00 | Jongert Sjoerd | 01 | 3-9-2016 | Wilhelminadorp (NED) |

Dames

Open Water

| | | | | | |
|-----------------|------------|----------------------|----|-----------|-----------------------|
| 1000 vrije slag | 14:50.65 | Crok Linda | 94 | 30-8-2009 | Oosterhout (NED) |
| 1500 vrije slag | 24:00.28 | Crok Linda | 94 | 25-7-2009 | Anna Paulowna (NED) |
| 2000 vrije slag | 28:16.92 | Vink Lidewij | 90 | 26-6-2005 | Breukelen (NED) |
| 2500 vrije slag | 36:34.47 | Vink Lidewij | 90 | 9-7-2005 | Oss (NED) |
| 3000 vrije slag | 45:27.59 | Vink Lidewij | 90 | 16-7-2005 | Wijk en Aalburg (NED) |
| 5000 vrije slag | 1:20:03.26 | Crok Linda | 94 | 6-9-2009 | Vlissingen (NED) |
| 500 schoolslag | 10:21.38 | van der Gracht Anouk | 89 | 17-7-2004 | Tilburg (NED) |
| 1000 schoolslag | 19:48.74 | Niesten Iris | 92 | 4-8-2007 | Hoorn (NED) |
| 2000 schoolslag | 36:26.77 | Niesten Iris | 92 | 24-6-2007 | Breukelen (NED) |

Heren

Lange baan (50m)

| | | | | | |
|-----------------|----------|--------------------|----|------------|-------------------------|
| 50 vrije slag | 26.40 | Gaal Roel | 01 | 27-5-2017 | Alkmaar (NED) |
| 100 vrije slag | 56.63 | Gaal Roel | 01 | 16-6-2017 | Eindhoven (NED) |
| | 56.63 | Gaal Roel | 01 | 18-6-2017 | Bergbad Bückeberg (GER) |
| 200 vrije slag | 2:07.40 | Gaal Roel | 01 | 28-5-2017 | Alkmaar (NED) |
| 300 vrije slag | 3:52.39 | Woudsma Stefan | 00 | 30-4-2016 | Alkmaar (NED) |
| 400 vrije slag | 4:44.70 | Butter Martijn | 79 | 27-5-1995 | Beverwijk (NED) |
| 800 vrije slag | 10:39.58 | Crok Pieter | 91 | 20-4-2007 | Antwerpen (BEL) |
| 1500 vrije slag | 18:40.70 | Butter Martijn | 79 | 14-5-1995 | Beverwijk (NED) |
| 50 rugslag | 32.56 | de Wit Stephen | 93 | 17-5-2009 | Alkmaar (NED) |
| 100 rugslag | 1:09.99 | Schelvis Sjeng | 89 | 21-5-2005 | Beverwijk (NED) |
| 200 rugslag | 2:33.33 | Kleijne Barry | 93 | 24-5-2009 | Beverwijk (NED) |
| 50 schoolslag | 35.62 | de Ruijter Richard | 88 | 16-5-2004 | Beverwijk (NED) |
| 100 schoolslag | 1:20.08 | de Boer Stephan | 83 | 2-5-1999 | Beverwijk (NED) |
| 200 schoolslag | 2:54.79 | Hogenstijn Peter | 84 | 22-10-2000 | Beverwijk (NED) |
| 50 vlinderslag | 28.70 | Schelvis Sjeng | 89 | 28-5-2005 | Beverwijk (NED) |
| 100 vlinderslag | 1:05.63 | Schelvis Sjeng | 89 | 29-5-2005 | Beverwijk (NED) |
| 200 vlinderslag | 2:42.39 | Jongert Sjoerd | 01 | 27-5-2017 | Alkmaar (NED) |
| 200 wisselslag | 2:32.03 | Schelvis Sjeng | 89 | 21-5-2005 | Beverwijk (NED) |
| 400 wisselslag | 5:30.27 | Offringa Rick | 03 | 18-5-2019 | Amersfoort (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|----------------|----|-----------|-----------------|
| 50 vrije slag | 27.65 | Kingma Danae | 00 | 6-4-2016 | Eindhoven (NED) |
| 100 vrije slag | 1:00.03 | Kingma Danae | 00 | 17-6-2016 | Dordrecht (NED) |
| | 1:00.03 | Kingma Danae | 00 | 19-6-2016 | Dordrecht (NED) |
| 200 vrije slag | 2:16.34 | Kingma Danae | 00 | 19-6-2016 | Dordrecht (NED) |
| 300 vrije slag | 3:45.26 | Vink Lidewij | 90 | 13-5-2006 | Beverwijk (NED) |
| 400 vrije slag | 5:01.21 | Vink Lidewij | 90 | 13-5-2006 | Beverwijk (NED) |
| 800 vrije slag | 10:49.15 | Smit Sanne | 01 | 5-3-2017 | Alkmaar (NED) |
| 1500 vrije slag | 22:11.17 | Wentink Yara | 04 | 19-1-2020 | Alkmaar (NED) |
| 50 rugslag | 32.35 | Kingma Danae | 00 | 10-4-2016 | Eindhoven (NED) |
| 100 rugslag | 1:12.38 | Kingma Danae | 00 | 4-6-2016 | Alkmaar (NED) |
| 200 rugslag | 2:33.86 | Kingma Danae | 00 | 4-6-2016 | Alkmaar (NED) |
| 50 schoolslag | 35.43 | Kingma Danae | 00 | 8-4-2016 | Eindhoven (NED) |
| 100 schoolslag | 1:20.02 | Kingma Danae | 00 | 21-2-2016 | Alkmaar (NED) |
| 200 schoolslag | 3:07.12 | de Haan Shira | 00 | 5-6-2016 | Alkmaar (NED) |
| 50 vlinderslag | 30.48 | Kingma Danae | 00 | 5-6-2016 | Alkmaar (NED) |
| 100 vlinderslag | 1:12.40 | Smit Sanne | 01 | 26-3-2017 | Alkmaar (NED) |
| 200 vlinderslag | 2:54.66 | Mallon Danique | 94 | 30-5-2010 | Beverwijk (NED) |
| 200 wisselslag | 2:35.74 | Kingma Danae | 00 | 30-4-2016 | Alkmaar (NED) |
| 400 wisselslag | 5:52.33 | Hoekstra Eline | 03 | 24-2-2019 | Den Haag (NED) |

Heren

Korte baan (25m)

| | | | | | |
|--------------------|----------|--|----|------------|------------------|
| 25 vrije slag | 12.10 | Meijer Arno | 75 | 16-5-1991 | Heemskerk (NED) |
| 50 vrije slag | 25.31 | Gaal Roel | 01 | 18-11-2017 | Hoofddorp (NED) |
| 100 vrije slag | 55.39 | Gaal Roel | 01 | 11-11-2017 | Hoofddorp (NED) |
| 200 vrije slag | 2:01.22 | Hogenstijn Peter | 84 | 30-11-2000 | Heemskerk (NED) |
| 300 vrije slag | 3:28.43 | Crok Pieter | 91 | 8-4-2007 | Haarlem (NED) |
| 400 vrije slag | 4:31.90 | Butter Martijn | 79 | 18-5-1995 | Heemskerk (NED) |
| 800 vrije slag | 9:30.50 | Butter Martijn | 79 | 5-11-1995 | Volendam (NED) |
| 1500 vrije slag | 17:57.50 | Butter Martijn | 79 | 17-12-1995 | Zaandam (NED) |
| 2000 vrije slag | 25:37.42 | Crok Pieter | 91 | 11-2-2007 | Zaandam (NED) |
| 25 rugslag | 15.10 | Meijer Arno | 75 | 16-5-1991 | Heemskerk (NED) |
| 50 rugslag | 30.79 | Essers Tim | 88 | 11-4-2004 | Haarlem |
| 100 rugslag | 1:05.79 | Kleijne Barry | 93 | 24-9-2009 | Heemskerk (NED) |
| 200 rugslag | 2:26.24 | Essers Tim | 88 | 29-5-2004 | Z.o. Beemster |
| 25 schoolslag | 15.92 | de Boer Stephan | 83 | 25-3-1999 | Heemskerk (NED) |
| 50 schoolslag | 33.48 | de Boer Stephan | 83 | 14-2-1999 | Dordrecht (NED) |
| 100 schoolslag | 1:13.70 | van Rijn Michael | 70 | 11-5-1986 | |
| 200 schoolslag | 2:44.74 | de Boer Stephan | 83 | 7-3-1999 | Zaandam (NED) |
| 25 vlinderslag | 13.50 | Meijer Arno | 75 | 16-5-1991 | Heemskerk (NED) |
| 50 vlinderslag | 27.82 | Hogenstijn Peter | 84 | 3-12-2000 | Zaandam (NED) |
| 100 vlinderslag | 1:00.81 | Hogenstijn Peter | 84 | 9-12-2000 | Nieuwegein (NED) |
| 200 vlinderslag | 2:33.80 | Butter Martijn | 79 | 15-6-1995 | Heemskerk (NED) |
| 100 wisselslag | 1:05.04 | Hogenstijn Peter | 84 | 10-12-2000 | Heemskerk (NED) |
| 200 wisselslag | 2:21.53 | Hogenstijn Peter | 84 | 26-10-2000 | Heemskerk (NED) |
| 300 wisselslag | 3:58.55 | de Ruijter Richard | 88 | 19-12-2004 | Heemskerk (NED) |
| 400 wisselslag | 5:14.20 | Butter Martijn | 79 | 8-6-1995 | Heemskerk (NED) |
| 4 x 50 wisselslag | 2:06.00 | OEZA Heren <i>van Vegten Teun, Jongert Sjoerd, Groen Jarno, Gaal Roel</i> | | 12-3-2017 | Purmerend (NED) |
| 4 x 100 wisselslag | 5:11.22 | OEZA Heren <i>Tijms Stefan, de Vries Dylan, Kleijne Barry, de Wit Stephen</i> | | 18-1-2009 | Haarlem (NED) |

Dames

Korte baan (25m)

| | | | | | |
|-----------------|----------|-----------------|----|------------|------------------|
| 25 vrije slag | 13.59 | Schelvis Femke | 84 | 4-5-2000 | Heemskerk (NED) |
| 50 vrije slag | 26.92 | Kingma Danae | 00 | 29-1-2016 | Amsterdam (NED) |
| 100 vrije slag | 58.46 | Kingma Danae | 00 | 5-11-2016 | Hoofddorp (NED) |
| 200 vrije slag | 2:11.23 | Schelvis Femke | 84 | 12-3-2000 | Heemskerk (NED) |
| 300 vrije slag | 3:40.07 | Vink Lidewij | 90 | 18-5-2006 | Heemskerk (NED) |
| 400 vrije slag | 4:53.92 | Hoekstra Eline | 03 | 16-11-2019 | Hoofddorp (NED) |
| 800 vrije slag | 10:12.36 | Schelvis Femke | 84 | 23-1-2000 | Heemskerk (NED) |
| 1500 vrije slag | 19:04.76 | Schelvis Femke | 84 | 23-1-2000 | Heemskerk (NED) |
| 2000 vrije slag | 25:28.90 | Schelvis Femke | 84 | 5-3-2000 | Zaandam (NED) |
| 25 rugslag | 15.90 | Meijer Sylvia | 81 | 13-2-1997 | Heemskerk (NED) |
| 50 rugslag | 31.76 | Kingma Danae | 00 | 18-2-2016 | Heemskerk (NED) |
| 100 rugslag | 1:08.59 | Kingma Danae | 00 | 17-11-2016 | Heemskerk (NED) |
| 200 rugslag | 2:29.72 | Schelvis Femke | 84 | 12-3-2000 | Heemskerk (NED) |
| 25 schoolslag | 17.65 | Palmboom Nicole | 91 | 19-4-2007 | Heemskerk (NED) |
| 50 schoolslag | 34.17 | Kingma Danae | 00 | 13-11-2016 | Purmerend (NED) |
| 100 schoolslag | 1:16.62 | Kingma Danae | 00 | 13-11-2016 | Purmerend (NED) |
| 200 schoolslag | 2:56.62 | Kingma Danae | 00 | 2-10-2016 | Purmerend (NED) |
| 25 vlinderslag | 13.74 | Schelvis Femke | 84 | 4-5-2000 | Heemskerk (NED) |
| 50 vlinderslag | 30.62 | Kingma Danae | 00 | 17-11-2016 | Heemskerk (NED) |
| 100 vlinderslag | 1:10.95 | Wentink Yara | 04 | 20-9-2020 | Haarlem (NED) |
| 200 vlinderslag | 2:40.19 | Hoekstra Eline | 03 | 23-11-2019 | Hoofddorp (NED) |
| 100 wisselslag | 1:08.21 | Kingma Danae | 00 | 29-12-2016 | Leeuwarden (NED) |
| 200 wisselslag | 2:35.06 | Schelvis Femke | 84 | 12-3-2000 | Heemskerk (NED) |
| 300 wisselslag | 4:23.11 | Kleijne Daisy | 89 | 13-11-2005 | Zaandam (NED) |
| 400 wisselslag | 5:29.10 | Hoekstra Eline | 03 | 24-11-2019 | Hoofddorp (NED) |

Heren

Open Water

| | | | | | |
|-----------------|------------|--------------------|----|-----------|----------------------|
| 1000 vrije slag | 12:58.09 | Glorie Daan | 88 | 28-8-2004 | Middelburg (NED) |
| 1250 vrije slag | 17:45.10 | Jongert Sjoerd | 01 | 10-9-2017 | Hoorn (NED) |
| 1500 vrije slag | 20:19.27 | Glorie Daan | 88 | 26-6-2004 | Scheerwolde (NED) |
| 2000 vrije slag | 26:50.20 | Glorie Daan | 88 | 28-8-2004 | Middelburg (NED) |
| 2500 vrije slag | 34:26.19 | Glorie Daan | 88 | 26-6-2004 | Scheerwolde (NED) |
| 3000 vrije slag | 40:45.41 | Glorie Daan | 88 | 16-7-2004 | Tilburg (NED) |
| 5000 vrije slag | 1:11:56.36 | Kleijne Barry | 93 | 6-9-2009 | Vlissingen (NED) |
| 500 schoolslag | 8:38.90 | de Ruijter Richard | 88 | 20-6-2004 | Spaarnwoude (NED) |
| 1000 schoolslag | 17:33.80 | Crok Pieter | 91 | 30-6-2007 | Scheerwolde (NED) |
| 1500 schoolslag | 28:20.84 | Jongert Sjoerd | 01 | 2-9-2017 | Wilhelminadorp (NED) |
| 2000 schoolslag | 37:54.30 | Dijkstra Menno | 68 | 17-6-1984 | Amstelveen (NED) |

Dames

Open Water

| | | | | | |
|-----------------|------------|----------------------|----|-----------|-----------------------|
| 1000 vrije slag | 14:29.79 | Vink Lidewij | 90 | 8-7-2006 | Oss (NED) |
| 1500 vrije slag | 21:58.33 | Vink Lidewij | 90 | 22-7-2006 | Anna-Paulowna (NED) |
| 2000 vrije slag | 28:16.03 | Vink Lidewij | 90 | 25-6-2006 | Breukelen (NED) |
| 2500 vrije slag | 37:25.63 | Crok Linda | 94 | 25-7-2010 | Langedijk (NED) |
| 3000 vrije slag | 44:59.59 | Vink Lidewij | 90 | 15-7-2006 | Wijk en Aalburg (NED) |
| 5000 vrije slag | 1:18:13.04 | Crok Linda | 94 | 20-6-2010 | Spaarnwoude (NED) |
| 500 schoolslag | 9:24.22 | Palmboom Nicole | 91 | 7-7-2007 | Oss (NED) |
| 1000 schoolslag | 21:47.56 | van der Gracht Anouk | 89 | 30-7-2005 | Hoorn (NED) |
| 2000 schoolslag | 37:10.13 | de Haan Shira | 00 | 23-7-2016 | Amstelveen (NED) |
| 3000 schoolslag | 1:08:36.23 | Niesten Iris | 92 | 30-8-2008 | Tilburg (NED) |

Heren

Lange baan (50m)

| | | | | | |
|------------------|------------|---------------------|----|------------|-------------------------|
| 50 vrije slag | 25.27 | Gaal Roel | 01 | 29-5-2018 | Beverwijk (NED) |
| 100 vrije slag | 55.69 | Gaal Roel | 01 | 17-6-2018 | Eindhoven (NED) |
| 200 vrije slag | 2:06.68 | Gaal Roel | 01 | 25-3-2018 | Alkmaar (NED) |
| 300 vrije slag | 4:21.93 | de Wit Matthew | 97 | 11-5-2014 | Antwerpen (BEL) |
| 400 vrije slag | 4:43.70 | Butter Martijn | 79 | 18-5-1996 | Beverwijk (NED) |
| 800 vrije slag | 9:55.30 | Butter Martijn | 79 | 4-5-1996 | Beverwijk (NED) |
| 1500 vrije slag | 18:41.80 | Butter Martijn | 79 | 4-5-1996 | Beverwijk (NED) |
| 10000 vrije slag | 2:28:53.85 | Glorie Daan | 88 | 23-4-2005 | Zwaag (NED) |
| 50 rugslag | 30.90 | Kleijne Barry | 93 | 16-5-2010 | Alkmaar (NED) |
| 100 rugslag | 1:07.53 | Kleijne Barry | 93 | 15-5-2010 | Beverwijk (NED) |
| 200 rugslag | 2:27.38 | Kleijne Barry | 93 | 30-5-2010 | Beverwijk (NED) |
| 50 schoolslag | 36.65 | Glorie Daan | 88 | 29-5-2005 | Beverwijk (NED) |
| 100 schoolslag | 1:20.00 | Hogenstijn Peter | 84 | 21-10-2001 | Beverwijk (NED) |
| 200 schoolslag | 2:57.81 | Glorie Daan | 88 | 21-5-2005 | Beverwijk (NED) |
| 50 vlinderslag | 28.91 | Camphuijnder Jasper | 05 | 18-6-2022 | Bergbad Bückeberg (GER) |
| 100 vlinderslag | 1:02.93 | Hogenstijn Peter | 84 | 29-4-2001 | Beverwijk (NED) |
| 200 vlinderslag | 2:28.11 | Hogenstijn Peter | 84 | 22-4-2001 | Amersfoort (NED) |
| 200 wisselslag | 2:31.95 | Jongert Sjoerd | 01 | 25-3-2018 | Alkmaar (NED) |
| 400 wisselslag | 5:26.92 | Offringa Rick | 03 | 22-2-2020 | Den Haag (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|-----------------|----|-----------|-----------------|
| 50 vrije slag | 27.47 | Kingma Danae | 00 | 9-4-2017 | Eindhoven (NED) |
| 100 vrije slag | 59.59 | Kingma Danae | 00 | 8-4-2017 | Eindhoven (NED) |
| 200 vrije slag | 2:13.79 | Kingma Danae | 00 | 21-5-2017 | Alkmaar (NED) |
| 300 vrije slag | 3:46.05 | Crok Linda | 94 | 14-5-2011 | Beverwijk (NED) |
| 400 vrije slag | 5:00.42 | Crok Linda | 94 | 14-5-2011 | Beverwijk (NED) |
| 800 vrije slag | 10:38.10 | Smit Sanne | 01 | 18-2-2018 | Alkmaar (NED) |
| 1500 vrije slag | 20:25.20 | Hoekstra Eline | 03 | 1-3-2020 | Alkmaar (NED) |
| 50 rugslag | 31.90 | Kingma Danae | 00 | 6-4-2017 | Eindhoven (NED) |
| 100 rugslag | 1:14.14 | Hoekstra Eline | 03 | 8-3-2020 | Amsterdam (NED) |
| 200 rugslag | 2:42.98 | Hoekstra Eline | 03 | 8-3-2020 | Amsterdam (NED) |
| 50 schoolslag | 35.96 | Kingma Danae | 00 | 20-5-2017 | Alkmaar (NED) |
| 100 schoolslag | 1:23.15 | Kingma Danae | 00 | 21-5-2017 | Alkmaar (NED) |
| 200 schoolslag | 3:01.71 | de Haan Shira | 00 | 28-5-2017 | Alkmaar (NED) |
| 50 vlinderslag | 30.46 | Kingma Danae | 00 | 6-4-2017 | Eindhoven (NED) |
| 100 vlinderslag | 1:15.79 | Palmboom Nicole | 91 | 18-5-2008 | Alkmaar (NED) |
| 200 vlinderslag | 2:49.42 | Hoekstra Eline | 03 | 22-2-2020 | Den Haag (NED) |
| 200 wisselslag | 2:34.82 | Kingma Danae | 00 | 20-5-2017 | Alkmaar (NED) |

Heren

Korte baan (25m)

| | | | | | |
|--------------------|----------|--|----|------------|------------------------|
| 25 vrije slag | 11.90 | Meijer Arno | 75 | 18-6-1992 | Heemskerk |
| 50 vrije slag | 25.24 | Gaal Roel | 01 | 24-11-2018 | Hoofddorp (NED) |
| | 25.24 | Gaal Roel | 01 | 30-12-2018 | Leeuwarden (NED) |
| 100 vrije slag | 54.61 | Gaal Roel | 01 | 16-9-2018 | Alkmaar (NED) |
| 200 vrije slag | 2:00.73 | Gaal Roel | 01 | 25-11-2018 | Hoofddorp (NED) |
| 300 vrije slag | 3:30.40 | Kleijne Barry | 93 | 28-2-2010 | Zaandam (NED) |
| 400 vrije slag | 4:29.80 | Butter Martijn | 79 | 3-11-1996 | Zaandam (NED) |
| 800 vrije slag | 9:33.95 | Kleijne Barry | 93 | 12-9-2010 | Zaandam (NED) |
| 1500 vrije slag | 18:16.50 | Hogenstijn Peter | 84 | 21-1-2001 | Heemskerk (NED) |
| 2000 vrije slag | 24:32.46 | Stins Arnold | 83 | 5-3-2000 | Zaandam (NED) |
| 25 rugslag | 14.80 | Kerkhof Arno | 72 | 31-12-1989 | Heemskerk (NED) |
| 50 rugslag | 29.81 | Kleijne Barry | 93 | 7-3-2010 | Purmerend (NED) |
| 100 rugslag | 1:04.70 | Kleijne Barry | 93 | 28-12-2010 | Maastricht (NED) |
| 200 rugslag | 2:22.75 | Kleijne Barry | 93 | 14-3-2010 | Heemskerk (NED) |
| 25 schoolslag | 15.60 | Kerkhof Arno | 72 | 12-1-1989 | Heemskerk (NED) |
| 50 schoolslag | 34.52 | Hogenstijn Peter | 84 | 7-1-2001 | Zuidoostbeemster (NED) |
| 100 schoolslag | 1:13.82 | Hogenstijn Peter | 84 | 15-4-2001 | Haarlem (NED) |
| 200 schoolslag | 2:38.53 | Hogenstijn Peter | 84 | 25-1-2001 | Heemskerk (NED) |
| 25 vlinderslag | 12.90 | Kerkhof Arno | 72 | 12-1-1989 | Heemskerk (NED) |
| 50 vlinderslag | 27.67 | Hogenstijn Peter | 84 | 10-2-2001 | Emmen (NED) |
| 100 vlinderslag | 1:00.84 | Hogenstijn Peter | 84 | 22-2-2001 | Heemskerk (NED) |
| 200 vlinderslag | 2:19.84 | Hogenstijn Peter | 84 | 18-3-2001 | Zaandam (NED) |
| 1000 vlinderslag | 17:01.35 | Jongert Sjoerd | 01 | 7-1-2018 | Haarlem (NED) |
| 100 wisselslag | 1:06.03 | Hogenstijn Peter | 84 | 26-4-2001 | Heemskerk (NED) |
| 200 wisselslag | 2:22.35 | Hogenstijn Peter | 84 | 25-10-2001 | Heemskerk |
| 300 wisselslag | 3:58.72 | van de Poll Kevin | 86 | 30-11-2003 | Heemskerk (NED) |
| 400 wisselslag | 5:02.52 | Hogenstijn Peter | 84 | 25-2-2001 | Heemskerk (NED) |
| 4 x 100 vrije slag | 4:14.10 | OEZA Heren | | 17-10-2010 | Zaandam (NED) |
| | | <i>Tijms Stefan, de Vries Dylan, de Wit Stephen, Kleijne Barry</i> | | | |
| 4 x 100 rugslag | 4:58.33 | OEZA Heren | | 17-10-2010 | Zaandam (NED) |
| | | <i>de Vries Dylan, Tijms Stefan, de Wit Stephen, Kleijne Barry</i> | | | |
| 4 x 100 schoolslag | 5:33.88 | OEZA Heren | | 17-10-2010 | Zaandam (NED) |
| | | <i>Tijms Stefan, de Vries Dylan, de Wit Stephen, Kleijne Barry</i> | | | |
| 4 x 100 wisselslag | 4:44.80 | OEZA Heren | | 17-10-2010 | Zaandam (NED) |
| | | <i>de Wit Stephen, de Vries Dylan, Kleijne Barry, Tijms Stefan</i> | | | |

Dames

Korte baan (25m)

| | | | | | |
|-----------------|----------|----------------|----|------------|------------------|
| 25 vrije slag | 13.48 | Crok Linda | 94 | 30-6-2011 | Heemskerk (NED) |
| 50 vrije slag | 27.18 | Kingma Danae | 00 | 23-12-2017 | Hoofddorp (NED) |
| 100 vrije slag | 58.69 | Kingma Danae | 00 | 21-10-2017 | Amsterdam (NED) |
| 200 vrije slag | 2:13.76 | Kingma Danae | 00 | 16-3-2017 | Heemskerk (NED) |
| 300 vrije slag | 3:38.23 | Crok Linda | 94 | 25-4-2011 | Haarlem (NED) |
| 400 vrije slag | 4:50.50 | Crok Linda | 94 | 25-4-2011 | Haarlem (NED) |
| 800 vrije slag | 10:11.36 | Crok Linda | 94 | 16-10-2011 | Zaandam (NED) |
| 1500 vrije slag | 19:23.75 | Crok Linda | 94 | 4-12-2011 | Zaandam (NED) |
| 2000 vrije slag | 26:17.78 | Crok Linda | 94 | 13-2-2011 | Zaandam (NED) |
| 25 rugslag | 16.50 | Kramer Miranda | 80 | 13-2-1997 | Heemskerk (NED) |
| 50 rugslag | 31.06 | Kingma Danae | 00 | 30-12-2017 | Leeuwarden (NED) |
| 100 rugslag | 1:07.40 | Kingma Danae | 00 | 1-10-2017 | Purmerend (NED) |
| 200 rugslag | 2:30.65 | Kingma Danae | 00 | 12-3-2017 | Purmerend (NED) |
| 25 schoolslag | 17.70 | Kramer Miranda | 80 | 13-3-1997 | Heemskerk (NED) |
| 50 schoolslag | 34.92 | Kingma Danae | 00 | 29-12-2017 | Leeuwarden (NED) |
| 100 schoolslag | 1:18.34 | Kingma Danae | 00 | 9-11-2017 | Heemskerk (NED) |
| 200 schoolslag | 2:54.99 | de Haan Shira | 00 | 15-1-2017 | Alkmaar (NED) |
| 25 vlinderslag | 15.14 | Vink Lidewij | 90 | 19-4-2007 | Heemskerk (NED) |
| 50 vlinderslag | 29.36 | Kingma Danae | 00 | 20-10-2017 | Amsterdam (NED) |
| 100 vlinderslag | 1:07.49 | Wentink Yara | 04 | 5-12-2021 | Den Haag (NED) |
| 200 vlinderslag | 2:46.45 | Vink Lidewij | 90 | 21-1-2007 | Zaandam (NED) |
| 100 wisselslag | 1:07.44 | Kingma Danae | 00 | 23-12-2017 | Hoofddorp (NED) |
| 200 wisselslag | 2:30.72 | Kingma Danae | 00 | 12-2-2017 | Purmerend (NED) |
| 300 wisselslag | 4:24.44 | Hoek Daniëlle | 88 | 13-11-2005 | Zaandam (NED) |
| 400 wisselslag | 5:43.46 | Smit Sanne | 01 | 17-11-2018 | Hoofddorp (NED) |

Heren

Open Water

| | | | | | |
|------------------|------------|---------------|----|-----------|---------------------------|
| 500 vrije slag | 7:21.85 | Tijms Stefan | 93 | 10-7-2010 | Wijk en Aalburg (NED) |
| 1000 vrije slag | 13:18.74 | Glorie Daan | 88 | 16-7-2005 | Wijk en Aalburg (NED) |
| 1500 vrije slag | 19:51.83 | Glorie Daan | 88 | 23-7-2005 | Anna-Paulowna (NED) |
| 2000 vrije slag | 26:03.55 | Kleijne Barry | 93 | 4-9-2010 | Wilhelminadorp (NED) |
| 2500 vrije slag | 34:29.71 | Glorie Daan | 88 | 9-7-2005 | Oss (NED) |
| 3000 vrije slag | 40:51.78 | Glorie Daan | 88 | 11-6-2005 | Gorinchem (NED) |
| 5000 vrije slag | 1:09:39.55 | Glorie Daan | 88 | 4-9-2005 | Vlissingen (NED) |
| 6000 vrije slag | 1:14:46.63 | Glorie Daan | 88 | 10-7-2005 | Beusichem-Culemborg (NED) |
| 10000 vrije slag | 2:29:15.15 | Glorie Daan | 88 | 27-8-2005 | Tilburg (NED) |
| 1000 schoolslag | 18:40.36 | Crok Pieter | 91 | 2-8-2008 | Horn (NED) |
| 2000 schoolslag | 33:10.63 | Glorie Daan | 88 | 10-9-2005 | Oosterhout (NED) |
| 3000 schoolslag | 1:00:35.79 | Tijms Stefan | 93 | 10-7-2010 | Wijk en Aalburg (NED) |

Dames

Open Water

| | | | | | |
|-----------------|----------|----------------------|----|-----------|---------------------|
| 1000 vrije slag | 16:59.66 | de Haan Shira | 00 | 26-8-2017 | Eindhoven (NED) |
| 2000 vrije slag | 28:17.79 | Vink Lidewij | 90 | 24-6-2007 | Breukelen (NED) |
| 2500 vrije slag | 43:27.35 | Vink Lidewij | 90 | 22-7-2007 | Langedijk (NED) |
| 3000 vrije slag | 48:43.54 | Vink Lidewij | 90 | 21-7-2007 | Anna-Paulowna (NED) |
| 500 schoolslag | 9:24.99 | van der Gracht Anouk | 89 | 8-7-2006 | Oss (NED) |
| 1000 schoolslag | 19:10.26 | van der Gracht Anouk | 89 | 29-7-2006 | Hoorn (NED) |
| 2000 schoolslag | 36:35.10 | Stam Vanessa | 80 | 15-6-1997 | Spaarnwoude (NED) |
| 3000 schoolslag | 58:40.50 | van der Gracht Anouk | 89 | 22-7-2006 | Anna-Paulowna (NED) |

Heren

Lange baan (50m)

| | | | | | |
|------------------|------------|------------------|----|------------|------------------|
| 50 vrije slag | 25.43 | Gaal Roel | 01 | 30-11-2019 | Beverwijk (NED) |
| 100 vrije slag | 55.29 | Gaal Roel | 01 | 13-4-2019 | Eindhoven (NED) |
| 200 vrije slag | 2:05.84 | Gaal Roel | 01 | 18-5-2019 | Amersfoort (NED) |
| 400 vrije slag | 4:45.36 | Glorie Daan | 88 | 14-4-2006 | Amsterdam (NED) |
| 800 vrije slag | 10:17.80 | Glorie Daan | 88 | 12-11-2006 | Eindhoven (NED) |
| 1500 vrije slag | 18:39.70 | Butter Martijn | 79 | 27-4-1997 | Beverwijk (NED) |
| 10000 vrije slag | 2:17:33.81 | Glorie Daan | 88 | 24-12-2006 | Amsterdam (NED) |
| 20000 vrije slag | 4:54:12.95 | Glorie Daan | 88 | 24-12-2006 | Amsterdam (NED) |
| 50 rugslag | 30.62 | Kleijne Barry | 93 | 15-5-2011 | Alkmaar (NED) |
| 100 rugslag | 1:07.58 | Kleijne Barry | 93 | 14-5-2011 | Beverwijk (NED) |
| 200 rugslag | 2:22.93 | Kleijne Barry | 93 | 22-5-2011 | Beverwijk (NED) |
| 50 schoolslag | 35.71 | Hogenstijn Peter | 84 | 26-5-2002 | Beverwijk (NED) |
| 100 schoolslag | 1:20.43 | Hogenstijn Peter | 84 | 25-5-2002 | Beverwijk (NED) |
| 200 schoolslag | 2:56.77 | Oudendijk Paul | 81 | 29-5-1999 | Beverwijk (NED) |
| 50 vlinderslag | 28.17 | Kleijne Barry | 93 | 21-5-2011 | Beverwijk (NED) |
| 100 vlinderslag | 1:04.16 | Hogenstijn Peter | 84 | 26-5-2002 | Beverwijk (NED) |
| 200 vlinderslag | 2:28.71 | Glorie Daan | 88 | 14-5-2006 | Beverwijk (NED) |
| 200 wisselslag | 2:29.70 | Hogenstijn Peter | 84 | 20-10-2002 | Beverwijk (NED) |
| 400 wisselslag | 5:24.85 | Jongert Sjoerd | 01 | 17-3-2019 | Alkmaar (NED) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|---------|---------------|----|-----------|-------------------------|
| 50 vrije slag | 28.94 | Kingma Danae | 00 | 17-6-2018 | Buckeburg (GER) |
| 100 vrije slag | 1:02.81 | Kingma Danae | 00 | 17-6-2018 | Buckeburg (GER) |
| 200 vrije slag | 2:27.05 | Smit Sanne | 01 | 10-3-2019 | Amsterdam (NED) |
| 300 vrije slag | 3:44.38 | Smit Sanne | 01 | 10-3-2019 | Amsterdam (NED) |
| 400 vrije slag | 5:03.32 | Smit Sanne | 01 | 10-3-2019 | Amsterdam (NED) |
| 50 rugslag | 35.00 | Kleijne Daisy | 89 | 20-5-2007 | Beverwijk (NED) |
| 100 rugslag | 1:12.63 | Kingma Danae | 00 | 17-6-2018 | Buckeburg (GER) |
| 200 rugslag | 2:43.66 | Groen Anne | 95 | 12-5-2013 | Beverwijk (NED) |
| 50 schoolslag | 39.66 | de Haan Shira | 00 | 17-6-2018 | Buckeburg (GER) |
| 100 schoolslag | 1:22.21 | Kingma Danae | 00 | 17-6-2018 | Buckeburg (GER) |
| 200 schoolslag | 3:04.43 | de Haan Shira | 00 | 17-6-2018 | Buckeburg (GER) |
| 50 vlinderslag | 30.04 | Wentink Yara | 04 | 16-6-2022 | Amersfoort (NED) |
| 100 vlinderslag | 1:09.85 | Wentink Yara | 04 | 19-6-2022 | Bergbad Bückeberg (GER) |
| 200 vlinderslag | 2:57.39 | Vink Lidewij | 90 | 25-5-2008 | Beverwijk (NED) |
| 200 wisselslag | 2:41.81 | Kingma Danae | 00 | 16-6-2018 | Buckeburg (GER) |

Heren

Korte baan (25m)

| | | | | | |
|-----------------|----------|------------------|----|------------|------------------|
| 25 vrije slag | 12.14 | Kleijne Barry | 93 | 30-6-2011 | Heemskerk (NED) |
| 50 vrije slag | 24.86 | Gaal Roel | 01 | 24-11-2019 | Hoofddorp (NED) |
| 100 vrije slag | 54.58 | Gaal Roel | 01 | 13-10-2019 | Heemskerk (NED) |
| 200 vrije slag | 1:58.67 | Gaal Roel | 01 | 23-11-2019 | Hoofddorp (NED) |
| 300 vrije slag | 3:28.57 | Crok Pieter | 91 | 12-4-2009 | Haarlem (NED) |
| 400 vrije slag | 4:27.90 | Butter Martijn | 79 | 26-10-1997 | Heemskerk (NED) |
| 800 vrije slag | 9:17.50 | Butter Martijn | 79 | 23-2-1997 | Zaandam (NED) |
| 1500 vrije slag | 17:37.40 | Butter Martijn | 79 | 23-2-1997 | Zaandam (NED) |
| 2000 vrije slag | 25:18.01 | Crok Pieter | 91 | 1-3-2009 | Zaandam (NED) |
| 25 rugslag | 14.70 | Pover Peter | 69 | 17-12-1987 | Heemskerk (NED) |
| 50 rugslag | 29.77 | Kleijne Barry | 93 | 25-4-2011 | Haarlem (NED) |
| 100 rugslag | 1:03.00 | Kleijne Barry | 93 | 28-12-2011 | Maastricht (NED) |
| 200 rugslag | 2:17.11 | Kleijne Barry | 93 | 13-11-2011 | Zaandam (NED) |
| 25 schoolslag | 15.91 | Palmboom Pascal | 89 | 19-4-2007 | Heemskerk (NED) |
| 50 schoolslag | 34.48 | Oudendijk Paul | 81 | 16-12-1999 | Heemskerk |
| 100 schoolslag | 1:13.90 | Kuilman Joris | 80 | 24-5-1998 | Zaandam (NED) |
| 200 schoolslag | 2:43.12 | Hogenstijn Peter | 84 | 17-11-2002 | Heemskerk |
| 25 vlinderslag | 12.84 | Kleijne Barry | 93 | 30-6-2011 | Heemskerk (NED) |
| 50 vlinderslag | 27.58 | Kleijne Barry | 93 | 17-11-2011 | Heemskerk (NED) |
| 100 vlinderslag | 1:02.58 | Jongert Sjoerd | 01 | 24-1-2019 | Heemskerk (NED) |
| 200 vlinderslag | 2:19.44 | Glorie Daan | 88 | 30-11-2006 | Heemskerk |
| 100 wisselslag | 1:04.20 | Gaal Roel | 01 | 24-11-2019 | Hoofddorp (NED) |
| 200 wisselslag | 2:18.42 | Offringa Rick | 03 | 21-11-2021 | Den Helder (NED) |
| 300 wisselslag | 3:50.50 | Glorie Daan | 88 | 12-1-2006 | Heemskerk (NED) |
| 400 wisselslag | 5:11.19 | Glorie Daan | 88 | 1-4-2006 | Zaandam (NED) |

Dames

Korte baan (25m)

| | | | | | |
|-----------------|----------|----------------------|----|------------|------------------|
| 25 vrije slag | 13.63 | Wentink Yara | 04 | 7-7-2022 | Heemskerk (NED) |
| 50 vrije slag | 27.03 | Kingma Danae | 00 | 18-3-2018 | Purmerend (NED) |
| 100 vrije slag | 58.38 | Kingma Danae | 00 | 18-3-2018 | Purmerend (NED) |
| 200 vrije slag | 2:10.58 | Kingma Danae | 00 | 12-4-2018 | Heemskerk (NED) |
| 300 vrije slag | 3:44.41 | Broek Jade | 97 | 4-10-2015 | Purmerend (NED) |
| 400 vrije slag | 4:59.56 | Vink Lidewij | 90 | 24-3-2008 | Haarlem (NED) |
| 800 vrije slag | 10:36.31 | Wentink Yara | 04 | 23-10-2022 | Hoofddorp (NED) |
| 1500 vrije slag | 20:17.96 | Hoek Daniëlle | 88 | 12-1-2006 | Heemskerk (NED) |
| 2000 vrije slag | 28:13.88 | van der Gracht Anouk | 89 | 18-2-2007 | Alkmaar (NED) |
| 25 rugslag | 16.40 | Kramer Miranda | 80 | 15-1-1998 | Heemskerk (NED) |
| 50 rugslag | 31.17 | Kingma Danae | 00 | 15-2-2018 | Heemskerk (NED) |
| 100 rugslag | 1:08.29 | Broek Jade | 97 | 10-12-2015 | Heemskerk (NED) |
| 200 rugslag | 2:27.57 | Kingma Danae | 00 | 18-3-2018 | Purmerend (NED) |
| 25 schoolslag | 17.60 | Kramer Miranda | 80 | 19-3-1998 | Heemskerk (NED) |
| 50 schoolslag | 35.51 | Kingma Danae | 00 | 29-12-2018 | Leeuwarden (NED) |
| 100 schoolslag | 1:19.52 | Kingma Danae | 00 | 14-1-2018 | Purmerend (NED) |
| 200 schoolslag | 2:59.63 | de Haan Shira | 00 | 4-2-2018 | Purmerend (NED) |
| 25 vlinderslag | 13.79 | Wentink Yara | 04 | 7-7-2022 | Heemskerk (NED) |
| 50 vlinderslag | 28.75 | Wentink Yara | 04 | 22-5-2022 | Hoofddorp (NED) |
| 100 vlinderslag | 1:05.97 | Wentink Yara | 04 | 20-11-2022 | Den Helder (NED) |
| 200 vlinderslag | 2:42.21 | Wentink Yara | 04 | 18-9-2022 | Alkmaar (NED) |
| 100 wisselslag | 1:07.82 | Kingma Danae | 00 | 7-10-2018 | Purmerend (NED) |
| 200 wisselslag | 2:31.72 | Kingma Danae | 00 | 24-11-2018 | Hoofddorp (NED) |
| 400 wisselslag | 5:47.07 | Vink Lidewij | 90 | 24-2-2008 | Zaandam (NED) |

Heren

Open Water

| | | | | | |
|------------------|------------|--------------|----|-----------|---------------------------|
| 1000 vrije slag | 12:44.94 | Glorie Daan | 88 | 8-7-2006 | Oss (NED) |
| 1250 vrije slag | 15:32.19 | Tijms Stefan | 93 | 19-8-2011 | Leiden (NED) |
| 1500 vrije slag | 19:34.17 | Glorie Daan | 88 | 22-7-2006 | Anna-Paulowna (NED) |
| 2000 vrije slag | 24:55.21 | Glorie Daan | 88 | 3-9-2006 | Vlissingen (NED) |
| 2500 vrije slag | 33:05.56 | Glorie Daan | 88 | 8-7-2006 | Oss (NED) |
| 3000 vrije slag | 39:22.10 | Glorie Daan | 88 | 15-7-2006 | Wijk en Aalburg (NED) |
| 5000 vrije slag | 1:06:44.33 | Glorie Daan | 88 | 27-8-2006 | Oosterhout (NED) |
| 6000 vrije slag | 1:19:26.67 | Glorie Daan | 88 | 9-7-2006 | Beusichem-Culemborg (NED) |
| 10000 vrije slag | 2:19:29.74 | Glorie Daan | 88 | 26-8-2006 | Tilburg (NED) |
| 22000 vrije slag | 5:10:46.39 | Glorie Daan | 88 | 12-8-2006 | Stavoren-Medemblik (NED) |
| 1000 schoolslag | 17:08.23 | Tijms Stefan | 93 | 9-7-2011 | Wijk en Aalburg (NED) |
| 2000 schoolslag | 33:47.98 | Tijms Stefan | 93 | 19-6-2011 | Spaarnwoude (NED) |
| 3000 schoolslag | 52:30.51 | Tijms Stefan | 93 | 9-7-2011 | Wijk en Aalburg (NED) |

Dames

Open Water

| | | | | | |
|-----------------|------------|----------------------|----|-----------|---------------------|
| 2000 vrije slag | 29:38.81 | Kleijne Daisy | 89 | 17-6-2007 | Spaarnwoude (NED) |
| 3000 vrije slag | 52:16.94 | Kleijne Daisy | 89 | 12-8-2007 | Aalsmeer (NED) |
| 500 rugslag | 8:56.86 | van der Gracht Anouk | 89 | 7-7-2007 | Oss (NED) |
| 1000 schoolslag | 19:53.61 | van der Gracht Anouk | 89 | 4-8-2007 | Hoorn (NED) |
| 2000 schoolslag | 36:32.33 | van der Gracht Anouk | 89 | 24-6-2007 | Breukelen (NED) |
| 3000 schoolslag | 1:02:51.61 | van der Gracht Anouk | 89 | 21-7-2007 | Anna-Paulowna (NED) |

Heren

Lange baan (50m)

| | | | | | |
|------------------|------------|----------------|----|-----------|-------------------------|
| 50 vrije slag | 25.46 | Gaal Roel | 01 | 23-2-2020 | Den Haag (NED) |
| 100 vrije slag | 54.88 | Gaal Roel | 01 | 23-2-2020 | Den Haag (NED) |
| 200 vrije slag | 2:08.77 | Offringa Rick | 03 | 15-5-2022 | Amsterdam (NED) |
| 300 vrije slag | 4:26.01 | de Wit Matthew | 97 | 30-4-2016 | Alkmaar (NED) |
| 400 vrije slag | 4:42.15 | Glorie Daan | 88 | 19-5-2007 | Beverwijk (NED) |
| 1500 vrije slag | 18:44.71 | Glorie Daan | 88 | 1-4-2007 | Amersfoort (NED) |
| 5000 vrije slag | 1:05:48.38 | Glorie Daan | 88 | 21-4-2007 | Zwaag (NED) |
| 10000 vrije slag | 2:12:39.35 | Glorie Daan | 88 | 21-4-2007 | Zwaag (NED) |
| 50 rugslag | 29.60 | Kleijne Barry | 93 | 13-5-2012 | Beverwijk (NED) |
| 100 rugslag | 1:03.30 | Kleijne Barry | 93 | 22-4-2012 | Beverwijk (NED) |
| 200 rugslag | 2:26.10 | Kleijne Barry | 93 | 22-4-2012 | Beverwijk (NED) |
| 50 schoolslag | 34.39 | Offringa Rick | 03 | 15-5-2022 | Amsterdam (NED) |
| 100 schoolslag | 1:12.56 | Offringa Rick | 03 | 19-6-2022 | Bergbad Bückeberg (GER) |
| 200 schoolslag | 2:38.27 | Offringa Rick | 03 | 19-6-2022 | Bergbad Bückeberg (GER) |
| 50 vlinderslag | 28.98 | Offringa Rick | 03 | 9-4-2022 | Antwerpen (BEL) |
| 100 vlinderslag | 1:04.41 | Offringa Rick | 03 | 18-6-2022 | Bergbad Bückeberg (GER) |
| 200 vlinderslag | 2:23.62 | Glorie Daan | 88 | 13-5-2007 | Alkmaar (NED) |
| 200 wisselslag | 2:19.42 | Offringa Rick | 03 | 9-4-2022 | Antwerpen (BEL) |
| 400 wisselslag | 5:03.74 | Offringa Rick | 03 | 8-4-2022 | Antwerpen (BEL) |

Dames

Lange baan (50m)

| | | | | | |
|-----------------|----------|----------------------|----|-----------|-----------------|
| 50 vrije slag | 28.74 | Kingma Danae | 00 | 16-6-2019 | Bückeberg (GER) |
| 100 vrije slag | 1:02.16 | Kingma Danae | 00 | 16-6-2019 | Bückeberg (GER) |
| 200 vrije slag | 2:23.02 | Crok Linda | 94 | 12-5-2013 | Beverwijk (NED) |
| 300 vrije slag | 4:09.38 | van der Gracht Anouk | 89 | 11-4-2008 | Antwerpen (BEL) |
| 400 vrije slag | 5:34.45 | van der Gracht Anouk | 89 | 11-4-2008 | Antwerpen (BEL) |
| 800 vrije slag | 11:07.28 | van der Gracht Anouk | 89 | 11-4-2008 | Antwerpen (BEL) |
| 1500 vrije slag | 21:34.63 | Wentink Yara | 04 | 19-2-2023 | Alkmaar (NED) |
| 50 rugslag | 32.62 | Broek Jade | 97 | 10-4-2016 | Eindhoven (NED) |
| 100 rugslag | 1:11.52 | Broek Jade | 97 | 12-6-2016 | Bückeberg (GER) |
| 200 rugslag | 2:39.17 | Broek Jade | 97 | 4-6-2016 | Alkmaar (NED) |
| 50 schoolslag | 38.43 | Broek Jade | 97 | 29-5-2016 | Alkmaar (NED) |
| 100 schoolslag | 1:20.89 | Kingma Danae | 00 | 16-6-2019 | Bückeberg (GER) |
| 200 schoolslag | 3:05.06 | Broek Jade | 97 | 5-6-2016 | Alkmaar (NED) |
| 50 vlinderslag | 29.56 | Wentink Yara | 04 | 21-5-2023 | Amsterdam (NED) |
| 100 vlinderslag | 1:09.33 | Wentink Yara | 04 | 11-6-2023 | Bückeberg (GER) |
| 200 vlinderslag | 2:48.79 | Wentink Yara | 04 | 14-5-2023 | Amsterdam (NED) |
| 200 wisselslag | 2:41.99 | Broek Jade | 97 | 4-6-2016 | Alkmaar (NED) |
| 400 wisselslag | 5:48.87 | Hoekstra Eline | 03 | 14-5-2022 | Amsterdam (NED) |

Heren

Korte baan (25m)

| | | | | | |
|-----------------|----------|----------------|----|------------|------------------|
| 25 vrije slag | 11.36 | Offringa Rick | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 vrije slag | 24.45 | Offringa Rick | 03 | 17-4-2022 | Haarlem (NED) |
| 100 vrije slag | 53.29 | Gaal Roel | 01 | 12-1-2020 | Purmerend (NED) |
| 200 vrije slag | 1:59.62 | Gaal Roel | 01 | 5-3-2020 | Heemskerk (NED) |
| 300 vrije slag | 3:26.99 | Jongert Jeroen | 96 | 4-10-2015 | Purmerend (NED) |
| 400 vrije slag | 4:25.20 | Butter Martijn | 79 | 19-3-1998 | Heemskerk (NED) |
| 800 vrije slag | 9:13.45 | Offringa Rick | 03 | 23-10-2022 | Hoofddorp (NED) |
| 1500 vrije slag | 17:37.40 | Butter Martijn | 79 | 22-2-1998 | Zaandam (NED) |
| 2000 vrije slag | 24:24.56 | Glorie Daan | 88 | 11-2-2007 | Zaandam (NED) |
| 25 rugslag | 13.78 | Offringa Rick | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 rugslag | 28.80 | Kleijne Barry | 93 | 9-4-2012 | Haarlem (NED) |
| 100 rugslag | 1:01.45 | Jongert Jeroen | 96 | 10-12-2015 | Heemskerk (NED) |
| 200 rugslag | 2:13.75 | Kleijne Barry | 93 | 27-5-2012 | Purmerend (NED) |
| 25 schoolslag | 14.56 | Offringa Rick | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 schoolslag | 31.16 | Offringa Rick | 03 | 20-11-2022 | Den Helder (NED) |
| 100 schoolslag | 1:10.09 | Offringa Rick | 03 | 6-11-2022 | Alkmaar (NED) |
| 200 schoolslag | 2:29.61 | Offringa Rick | 03 | 6-11-2022 | Alkmaar (NED) |
| 25 vlinderslag | 12.63 | Offringa Rick | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 vlinderslag | 26.92 | Jongert Jeroen | 96 | 10-12-2015 | Heemskerk (NED) |
| 100 vlinderslag | 1:00.39 | Jongert Jeroen | 96 | 29-11-2015 | Heemskerk (NED) |
| 200 vlinderslag | 2:22.13 | Glorie Daan | 88 | 29-4-2007 | Alkmaar (NED) |
| 100 wisselslag | 1:01.18 | Offringa Rick | 03 | 2-10-2022 | Den Helder (NED) |
| 200 wisselslag | 2:13.34 | Offringa Rick | 03 | 23-10-2022 | Hoofddorp (NED) |
| 300 wisselslag | 3:54.84 | Tamis Thijs | 82 | 23-12-2001 | Amsterdam |
| 400 wisselslag | 4:50.38 | Offringa Rick | 03 | 22-5-2022 | Hoofddorp (NED) |

Dames

Korte baan (25m)

| | | | | | |
|------------------|----------|----------------------|----|------------|-----------------|
| 25 vrije slag | 13.42 | Hoekstra Eline | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 vrije slag | 27.54 | Kingma Danae | 00 | 19-9-2019 | Heemskerk (NED) |
| 100 vrije slag | 59.14 | Kingma Danae | 00 | 10-2-2019 | Purmerend (NED) |
| 200 vrije slag | 2:14.47 | Schelvis Femke | 84 | 9-11-2003 | Zaandam |
| 300 vrije slag | 4:22.64 | de Ruijter Linda | 87 | 18-5-2006 | Heemskerk (NED) |
| 400 vrije slag | 4:48.25 | Hoekstra Eline | 03 | 22-5-2022 | Hoofddorp (NED) |
| 800 vrije slag | 10:13.02 | Schelvis Femke | 84 | 16-11-2003 | Heemskerk (NED) |
| 1500 vrije slag | 19:18.83 | Schelvis Femke | 84 | 16-11-2003 | Heemskerk (NED) |
| 2000 vrije slag | 27:22.08 | van der Gracht Anouk | 89 | 3-2-2008 | Zaandam (NED) |
| 25 rugslag | 15.36 | Hoekstra Eline | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 rugslag | 32.03 | Kingma Danae | 00 | 6-10-2019 | Purmerend (NED) |
| 100 rugslag | 1:07.00 | Kingma Danae | 00 | 24-3-2019 | Purmerend (NED) |
| 200 rugslag | 2:35.67 | Broek Jade | 97 | 11-9-2016 | Purmerend (NED) |
| 25 schoolslag | 17.70 | Hoekstra Eline | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 schoolslag | 35.97 | Kingma Danae | 00 | 3-11-2019 | Purmerend (NED) |
| 100 schoolslag | 1:19.38 | Kingma Danae | 00 | 6-10-2019 | Purmerend (NED) |
| 200 schoolslag | 2:58.80 | Kingma Danae | 00 | 10-2-2019 | Purmerend (NED) |
| 25 vlinderslag | 13.99 | Hoekstra Eline | 03 | 7-7-2022 | Heemskerk (NED) |
| 50 vlinderslag | 29.34 | Wentink Yara | 04 | 7-12-2023 | Heemskerk (NED) |
| 100 vlinderslag | 1:05.63 | Wentink Yara | 04 | 22-1-2023 | Hoofddorp (NED) |
| 200 vlinderslag | 2:39.69 | Hoekstra Eline | 03 | 6-11-2022 | Alkmaar (NED) |
| 1000 vlinderslag | 16:15.59 | Wentink Yara | 04 | 8-1-2023 | Haarlem (NED) |
| 100 wisselslag | 1:09.81 | Broek Jade | 97 | 2-1-2016 | Hoorn (NED) |
| 200 wisselslag | 2:34.27 | Kingma Danae | 00 | 3-11-2019 | Purmerend (NED) |
| 300 wisselslag | 4:07.83 | Schelvis Femke | 84 | 30-11-2003 | Heemskerk (NED) |
| 400 wisselslag | 5:31.86 | Hoekstra Eline | 03 | 5-6-2022 | Purmerend (NED) |

Heren

Open Water

| | | | | | |
|------------------|------------|---------------------|----|-----------|---------------------------|
| 1000 vrije slag | 12:32.18 | Glorie Daan | 88 | 8-9-2007 | Middelburg (NED) |
| 1500 vrije slag | 20:03.40 | Glorie Daan | 88 | 21-7-2007 | Anna-Paulowna (NED) |
| 2000 vrije slag | 24:33.59 | Glorie Daan | 88 | 2-9-2007 | Vlissingen (NED) |
| 2500 vrije slag | 31:49.92 | Glorie Daan | 88 | 7-7-2007 | Oss (NED) |
| 3000 vrije slag | 39:26.93 | Glorie Daan | 88 | 14-7-2007 | Wijk en Aalburg (NED) |
| 4000 vrije slag | 1:05:28.98 | Tijms Stefan | 93 | 8-6-2012 | Leiden (NED) |
| 5000 vrije slag | 1:02:33.86 | Glorie Daan | 88 | 1-7-2007 | Bodegraven (NED) |
| 6000 vrije slag | 50:21.66 | Glorie Daan | 88 | 8-7-2007 | Beusichem-Culemborg (NED) |
| 10000 vrije slag | 2:17:26.45 | Glorie Daan | 88 | 25-8-2007 | Tilburg (NED) |
| 22000 vrije slag | 5:13:11.61 | Glorie Daan | 88 | 11-8-2007 | Stavoren-Medemblik (NED) |
| 500 rugslag | 8:13.97 | Glorie Daan | 88 | 7-7-2007 | Oss (NED) |
| 500 schoolslag | 8:36.29 | van der Gracht Jory | 87 | 8-7-2006 | Oss (NED) |
| 1000 schoolslag | 16:28.52 | Offringa Rick | 03 | 16-7-2022 | Amstelveen (NED) |
| 2000 schoolslag | 32:15.80 | Oudendijk Paul | 81 | 25-6-2000 | Breukelen (NED) |
| 3000 schoolslag | 49:43.50 | Oudendijk Paul | 81 | 29-7-2000 | Anna-Paulowna (NED) |

Dames

Open Water

| | | | | | |
|-----------------|------------|----------------------|----|-----------|---------------------|
| 1000 vrije slag | 15:27.28 | van der Gracht Anouk | 89 | 17-8-2008 | Aalsmeer (NED) |
| 1500 vrije slag | 24:56.00 | Crok Annemarie | 89 | 19-7-2008 | Anna-Paulowna (NED) |
| 2000 vrije slag | 29:13.79 | Kleijne Daisy | 89 | 22-6-2008 | Breukelen (NED) |
| 2500 vrije slag | 40:22.93 | van der Gracht Anouk | 89 | 20-7-2008 | Langedijk (NED) |
| 3000 vrije slag | 48:14.52 | van der Gracht Anouk | 89 | 19-7-2008 | Anna-Paulowna (NED) |
| 5000 vrije slag | 1:22:18.67 | van der Gracht Anouk | 89 | 16-8-2008 | Heerjansdam (NED) |
| 2000 schoolslag | 36:41.20 | van Rookhuizen Sieta | 79 | 12-7-1998 | Amsterdam (NED) |