

45 - 49 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2024

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Butter Martijn	79	08-021	30.41	50m	27-6-24	Belgrado (SRB)	325
2. Blaauw Eric	67	08-021	30.96	50m	5-9-13	Eindhoven (NED)	308
3. de Jonge Marco	66	08-021	30.98	50m	7-12-13	Beverwijk (NED)	307
4. Tijms Eric	64	08-021	31.73	50m	22-3-09	Amersfoort (NED)	286
5. Vink Gé	60	08-021	37.94	50m	19-4-08	Kampen (NED)	167

100 vrije slag

1. Butter Martijn	79	08-021	1:00.59	50m	7-4-24	Alkmaar (NED)	464
2. Blaauw Eric	67	08-021	1:13.92	50m	21-6-14	Beverwijk (NED)	255
3. Tijms Eric	64	08-021	1:16.05	50m	18-9-09	Cadiz (ESP)	234
4. Vink Gé	60	08-021	1:27.07	50m	19-4-08	Kampen (NED)	156

200 vrije slag

1. Butter Martijn	79	08-021	2:17.01	50m	27-6-24	Belgrado (SRB)	412
2. Tijms Eric	64	08-021	2:58.68	50m	5-5-12	Eindhoven (NED)	186

250 vrije slag**300 vrije slag**

1. Butter Martijn	79	08-021	3:30.27	50m	7-4-24	Alkmaar (NED)	449
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400 vrije slag

1. Butter Martijn	79	08-021	4:41.53	50m	7-4-24	Alkmaar (NED)	477
2. Tijms Eric	64	08-021	6:10.09	50m	5-5-12	Eindhoven (NED)	210

500 vrije slag**800 vrije slag**

1. Butter Martijn	79	08-021	9:38.86	50m	15-6-24	Kortrijk (BEL)	476
2. Tijms Eric	64	08-021	13:16.62	50m	6-5-12	Eindhoven (NED)	182

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:20.71	50m	15-6-24	Kortrijk (BEL)	495
2. Tijms Eric	64	08-021	25:01.16	50m	6-5-12	Eindhoven (NED)	195

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Blaauw Eric	67	08-021	35.82	50m	14-4-12	Kampen (NED)	302
2. Tijms Eric	64	08-021	42.61	50m	3-6-12	Riccione (ITA)	179

100 rugslag

1. Blaauw Eric	67	08-021	1:17.58	50m	6-9-13	Eindhoven (NED)	298
2. Tijms Eric	64	08-021	1:39.28	50m	18-3-12	Amersfoort (NED)	142

200 rugslag

1. Blaauw Eric	67	08-021	2:56.80	50m	5-9-13	Eindhoven (NED)	253
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500 rugslag**25 schoolslag**

50 schoolslag

1. Tijms Eric	64	08-021	41.02	50m	5-5-12	Eindhoven (NED)	253
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100 schoolslag

1. Tijms Eric	64	08-021	1:36.01	50m	17-9-09	Cadiz (ESP)	210
2. Blaauw Eric	67	08-021	1:38.29	50m	24-3-13	Amersfoort (NED)	196
3. Vink Gé	60	08-021	1:38.60	50m	22-3-09	Amersfoort (NED)	194

200 schoolslag

1. Vink Gé	60	08-021	3:39.66	50m	19-4-08	Kampen (NED)	191
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250 schoolslag**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. Blaauw Eric	67	08-021	36.86	50m	24-3-13	Amersfoort (NED)	225
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100 vlinderslag**200 vlinderslag****1000 vlinderslag**

100 wisselslag

200 wisselslag

300 wisselslag

400 wisselslag