

**15m vlinderslag benen onderwater****25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. Haack Stefan	82	08-021	12.43	25m	23-6-24	Krommenie (NED)	396
2. Butter Martijn	79	08-021	13.07	25m	7-7-22	Heemskerk (NED)	340
3. de Weert Sander	72	08-021	13.68	25m	12-1-13	Zwolle (NED)	297
4. Tijms Eric	64	08-021	13.70	25m	29-5-08	Heemskerk (NED)	295
5. Oortwijn Bouke	78	08-021	13.79	25m	7-7-22	Heemskerk (NED)	290
6. Wassenaar Marcel	69	08-021	14.03	25m	20-10-12	Emmeloord (NED)	275
7. de Caluwe Johan	64	08-021	15.40	25m	19-4-07	Heemskerk (NED)	208

**50 vrije slag**

1. Butter Martijn	79	08-021	27.23	25m	24-3-19	Purmerend (NED)	411
2. Oortwijn Bouke	78	08-021	29.61	25m	19-9-19	Heemskerk (NED)	320
3. de Weert Sander	72	08-021	29.68	25m	11-10-12	Heemskerk (NED)	318
4. Wassenaar Marcel	69	08-021	30.35	25m	30-9-10	Heemskerk (NED)	297
5. Tijms Eric	64	08-021	31.74	25m	3-5-08	Winterswijk (NED)	260
6. Pover Peter	69	08-021	33.04	25m	20-2-10	Heerenveen (NED)	230
7. de Caluwe Johan	64	08-021	33.92	25m	29-3-07	Heemskerk (NED)	213
8. van Rookhuizen Barry	82	08-021	34.04	25m	1-2-24	Heemskerk (NED)	210

**100 vrije slag**

1. Butter Martijn	79	08-021	59.11	25m	10-2-19	Purmerend (NED)	439
2. de Weert Sander	72	08-021	1:08.06	25m	28-1-12	Terneuzen (NED)	287
3. Oortwijn Bouke	78	08-021	1:08.45	25m	15-2-18	Heemskerk (NED)	282
4. Wassenaar Marcel	69	08-021	1:08.96	25m	9-2-12	Heemskerk (NED)	276
5. van Rookhuizen Barry	82	08-021	1:11.20	25m	1-2-24	Heemskerk (NED)	251
6. Hoekstra Erwin	73	DEM/OEZA	1:12.02	25m	31-1-13	Heemskerk (NED)	242
7. Tijms Eric	64	08-021	1:13.10	25m	4-5-08	Winterswijk (NED)	232

**200 vrije slag**

1. Butter Martijn	79	08-021	2:10.12	25m	6-10-19	Purmerend (NED)	445
2. Wassenaar Marcel	69	08-021	2:33.26	25m	21-11-10	Almere-Stad (NED)	272
3. de Weert Sander	72	08-021	2:34.97	25m	18-2-12	Heerenveen (NED)	263
4. Tijms Eric	64	08-021	2:50.56	25m	16-3-08	Amersfoort (NED)	197
5. Pover Peter	69	08-021	2:56.67	25m	20-2-10	Heerenveen (NED)	177

**250 vrije slag**

1. Butter Martijn	79	08-021	13:13.47	OW	25-6-22	Anna-Paulowna (NED)	
-------------------	----	--------	----------	----	---------	---------------------	--

**300 vrije slag**

1. Butter Martijn	79	08-021	3:24.91	25m	1-10-23	Den Helder (NED)	439
2. de Weert Sander	72	08-021	4:16.62	25m	27-1-12	Terneuzen (NED)	223

**400 vrije slag**

1. Butter Martijn	79	08-021	4:33.53	25m	21-4-19	Haarlem (NED)	467
2. Wassenaar Marcel	69	08-021	5:32.10	25m	2-5-10	Aalsmeer (NED)	261
3. de Weert Sander	72	08-021	5:47.75	25m	28-1-12	Terneuzen (NED)	227

**500 vrije slag****800 vrije slag**

1. Butter Martijn	79	08-021	9:31.39	25m	3-12-23	Alkmaar (NED)	467
2. de Weert Sander	72	08-021	12:16.32	25m	29-1-12	Terneuzen (NED)	218

**1000 vrije slag**

1. Butter Martijn	79	08-021	13:36.71	OW	2-9-23	Wilhelminadorp (NED)
2. Wassenaar Marcel	69	08-021	15:48.34	OW	26-8-12	Oosterhout (NED)
3. de Weert Sander	72	08-021	17:26.53	OW	4-8-12	Hoorn (NED)
4. Tijms Eric	64	08-021	18:01.02	OW	6-9-08	Wilhelminadorp (NED)

**1250 vrije slag**

1. Butter Martijn	79	08-021	17:51.97	OW	19-6-22	Hoorn (NED)
-------------------	----	--------	----------	----	---------	-------------

**1500 vrije slag**

1. Butter Martijn	79	08-021	17:59.04	25m	3-12-23	Alkmaar (NED)	485
2. de Weert Sander	72	08-021	24:14.49	25m	27-1-12	Terneuzen (NED)	198
3. Wassenaar Marcel	69	08-021	25:22.65	OW	22-7-12	Amsterdam (NED)	

**2000 vrije slag**

1. Butter Martijn	79	08-021	26:58.88	OW	2-9-23	Wilhelminadorp (NED)
2. Wassenaar Marcel	69	08-021	31:21.39	OW	4-9-10	Wilhelminadorp (NED)

**2500 vrije slag**

1. de Weert Sander	72	08-021	45:38.00	OW	24-8-13	Oirschot (NED)
--------------------	----	--------	----------	----	---------	----------------

**3000 vrije slag**

1. Butter Martijn	79	08-021	40:54.74	OW	3-9-23	Vlissingen (NED)
2. de Weert Sander	72	08-021	42:46.50	OW	16-6-12	Riccione (ITA)
3. Wassenaar Marcel	69	08-021	52:01.70	OW	24-7-10	Anna-Paulowna (NED)

**4000 vrije slag**

1. Butter Martijn	79	08-021	57:43.84	OW	15-7-23	Amstelveen (NED)
-------------------	----	--------	----------	----	---------	------------------

**5000 vrije slag**

1. Butter Martijn	79	08-021	1:12:47.24	OW	9-7-22	Strijen (NED)
2. Wassenaar Marcel	69	08-021	1:23:54.87	OW	4-7-10	Bodegraven (NED)

**6000 vrije slag**

1. Wassenaar Marcel	69	08-021	1:14:12.72	OW	8-7-12	Beusichem-Culemborg (NED)
---------------------	----	--------	------------	----	--------	---------------------------

**6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Butter Martijn	79	08-021	16.18	25m	7-7-22	Heemskerk (NED)	262
2. de Weert Sander	72	08-021	18.56	25m	13-5-12	Grootebroek (NED)	173
3. de Caluwe Johan	64	08-021	18.94	25m	19-4-07	Heemskerk (NED)	163
4. Oortwijn Bouke	78	08-021	19.16	25m	7-7-22	Heemskerk (NED)	158
5. Tijms Eric	64	08-021	19.73	25m	21-5-06	Grootebroek (NED)	144

**50 rugslag**

1. Butter Martijn	79	08-021	33.39	25m	24-3-19	Purmerend (NED)	294
2. Wassenaar Marcel	69	08-021	37.32	25m	21-3-13	Heemskerk (NED)	211
3. van Rookhuizen Barry	82	08-021	38.51	25m	14-3-24	Heemskerk (NED)	192
4. de Weert Sander	72	08-021	39.08	25m	22-3-12	Heemskerk (NED)	183
5. Oortwijn Bouke	78	08-021	40.28	25m	12-4-18	Heemskerk (NED)	167
6. Hoekstra Erwin	73	DEM/OEZA	40.30	25m	21-3-13	Heemskerk (NED)	167
7. Tijms Eric	64	08-021	42.24	25m	12-11-06	Winterswijk (NED)	145

**100 rugslag**

1. Butter Martijn	79	08-021	1:09.31	25m	24-3-19	Purmerend (NED)	351
2. Wassenaar Marcel	69	08-021	1:19.22	25m	17-11-11	Heemskerk (NED)	235
3. Oortwijn Bouke	78	08-021	1:31.22	25m	29-11-18	Heemskerk (NED)	154
4. de Weert Sander	72	08-021	1:33.12	25m	27-1-12	Terneuzen (NED)	144
5. Tijms Eric	64	08-021	1:37.97	25m	27-3-08	Heemskerk (NED)	124

**200 rugslag**

1. Butter Martijn	79	08-021	2:32.04	25m	10-2-19	Purmerend (NED)	335
2. de Weert Sander	72	08-021	3:14.55	25m	27-1-12	Terneuzen (NED)	160

**500 rugslag**

**25 schoolslag**

1. Haack Stefan	82	08-021	14.41	25m	7-7-22	Heemskerk (NED)	524
2. Butter Martijn	79	08-021	15.42	25m	7-7-22	Heemskerk (NED)	427
3. de Weert Sander	72	08-021	17.23	25m	18-11-12	Almere-Stad (NED)	306
4. Tijms Eric	64	08-021	17.25	25m	29-5-08	Heemskerk (NED)	305
5. Wassenaar Marcel	69	08-021	17.52	25m	22-10-11	Emmeloord (NED)	291
6. de Caluwe Johan	64	08-021	18.48	25m	19-4-07	Heemskerk (NED)	248
7. Oortwijn Bouke	78	08-021	18.62	25m	7-7-22	Heemskerk (NED)	243

**50 schoolslag**

1. Haack Stefan	82	08-021	32.89	25m	20-11-22	Den Helder (NED)	452
2. Butter Martijn	79	08-021	34.75	25m	3-11-19	Purmerend (NED)	383
3. de Weert Sander	72	08-021	38.90	25m	9-2-12	Heemskerk (NED)	273
4. Wassenaar Marcel	69	08-021	39.53	25m	27-1-11	Heemskerk (NED)	260
5. Tijms Eric	64	08-021	40.11	25m	2-5-08	Winterswijk (NED)	249
6. Oortwijn Bouke	78	08-021	41.26	25m	24-1-19	Heemskerk (NED)	229
7. van Rookhuizen Barry	82	08-021	41.64	25m	1-2-24	Heemskerk (NED)	222
8. de Caluwe Johan	64	08-021	41.98	25m	31-5-07	Heemskerk (NED)	217
9. Hoekstra Erwin	73	DEM/OEZA	43.83	25m	31-1-13	Heemskerk (NED)	191

**100 schoolslag**

1. Butter Martijn	79	08-021	1:18.42	25m	21-11-21	Den Helder (NED)	356
2. Wassenaar Marcel	69	08-021	1:24.20	25m	6-10-11	Heemskerk (NED)	288
3. Tijms Eric	64	08-021	1:29.20	25m	30-10-08	Heemskerk (NED)	242
4. de Weert Sander	72	08-021	1:29.73	25m	11-10-12	Heemskerk (NED)	238
5. Oortwijn Bouke	78	08-021	1:31.93	25m	11-10-18	Heemskerk (NED)	221

**200 schoolslag**

1. de Weert Sander	72	08-021	3:29.33	25m	7-1-12	Zwolle (NED)	190
2. Tijms Eric	64	08-021	3:29.43	25m	13-12-07	Heemskerk (NED)	190

**500 schoolslag**

1. de Weert Sander	72	08-021	10:17.92	OW	30-6-12	Scheerwolde (NED)	
--------------------	----	--------	----------	----	---------	-------------------	--

**800 schoolslag****1000 schoolslag**

1. Oudendijk Hans	54	08-021	19:30.10	OW	9-8-95	Eersel (NED)	
2. de Weert Sander	72	08-021	19:46.67	OW	28-7-12	Anna-Paulowna (NED)	
3. Tijms Eric	64	08-021	19:56.19	OW	22-6-08	Breukelen (NED)	

**1250 schoolslag****1500 schoolslag**

1. de Weert Sander	72	08-021	31:45.94	OW	30-6-12	Scheerwolde (NED)	
--------------------	----	--------	----------	----	---------	-------------------	--

**2000 schoolslag**

1. de Weert Sander	72	08-021	42:02.53	OW	4-8-12	Hoorn (NED)
--------------------	----	--------	----------	----	--------	-------------

**2500 schoolslag**

1. de Weert Sander	72	08-021	58:09.10	OW	15-7-12	Stadskanaal (NED)
--------------------	----	--------	----------	----	---------	-------------------

**3000 schoolslag**

1. de Weert Sander	72	08-021	59:32.95	OW	28-7-12	Anna-Paulowna (NED)
--------------------	----	--------	----------	----	---------	---------------------

**4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Butter Martijn	79	08-021	14.96	25m	7-7-22	Heemskerk (NED)	289
2. Oortwijn Bouke	78	08-021	15.36	25m	7-7-22	Heemskerk (NED)	267
3. Wassenaar Marcel	69	08-021	16.19	25m	19-2-11	Heerenveen (NED)	228
4. Tijms Eric	64	08-021	16.35	25m	29-5-08	Heemskerk (NED)	221
4. de Weert Sander	72	08-021	16.35	25m	16-2-13	Heerenveen (NED)	221
6. de Caluwe Johan	64	08-021	17.22	25m	19-4-07	Heemskerk (NED)	190

**50 vlinderslag**

1. Butter Martijn	79	08-021	31.10	25m	21-11-21	Den Helder (NED)	344
2. van Rookhuizen Barry	82	08-021	33.58	25m	14-3-24	Heemskerk (NED)	273
3. Oortwijn Bouke	78	08-021	34.31	25m	12-4-18	Heemskerk (NED)	256
4. Wassenaar Marcel	69	08-021	35.52	25m	4-11-10	Heemskerk (NED)	231
5. Tijms Eric	64	08-021	37.10	25m	30-10-08	Heemskerk (NED)	202
6. Hoekstra Erwin	73	DEM/OEZA	37.73	25m	21-3-13	Heemskerk (NED)	192
7. de Weert Sander	72	08-021	37.81	25m	22-3-12	Heemskerk (NED)	191

**100 vlinderslag**

1. Butter Martijn	79	08-021	1:10.51	25m	20-11-22	Den Helder (NED)	317
2. Wassenaar Marcel	69	08-021	1:24.56	25m	3-3-11	Heemskerk (NED)	183
3. de Weert Sander	72	08-021	1:31.06	25m	26-2-12	Zaandam (NED)	147

**200 vlinderslag**

1. Wassenaar Marcel	69	08-021	3:21.43	25m	18-2-10	Heemskerk (NED)	156
---------------------	----	--------	---------	-----	---------	-----------------	-----

**1000 vlinderslag****100 wisselslag**

1. Butter Martijn	79	08-021	1:11.20	25m	1-10-23	Den Helder (NED)	352
2. Wassenaar Marcel	69	08-021	1:17.67	25m	14-4-11	Heemskerk (NED)	271
3. Oortwijn Bouke	78	08-021	1:21.35	25m	17-5-18	Heemskerk (NED)	236
4. de Weert Sander	72	08-021	1:22.12	25m	13-5-12	Grootebroek (NED)	229
5. Pover Peter	69	08-021	1:22.29	25m	21-2-09	Heerenveen (NED)	228
6. Tijms Eric	64	08-021	1:24.75	25m	2-5-08	Winterswijk (NED)	209

100 wisselslag (sinds 7)

7. de Caluwe Johan	64	08-021	1:30.35	25m	19-4-07	Heemskerk (NED)	172
--------------------	----	--------	---------	-----	---------	-----------------	-----

**200 wisselslag**

1. Butter Martijn	79	08-021	2:30.12	25m	3-11-19	Purmerend (NED)	389
-------------------	----	--------	---------	-----	---------	-----------------	-----

2. Wassenaar Marcel	69	08-021	2:53.13	25m	21-11-10	Almere-Stad (NED)	253
---------------------	----	--------	---------	-----	----------	-------------------	-----

**300 wisselslag****400 wisselslag**

1. Wassenaar Marcel	69	08-021	6:12.59	25m	19-2-11	Heerenveen (NED)	252
---------------------	----	--------	---------	-----	---------	------------------	-----

2. de Weert Sander	72	08-021	6:48.82	25m	26-2-12	Zaandam (NED)	191
--------------------	----	--------	---------	-----	---------	---------------	-----