

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. Banks Riley	17	08-021	21.76	25m	4-4-24	Heemskerk (NED)	111
2. Kragt Kirsten	10	08-021	21.84	25m	7-12-23	Heemskerk (NED)	109
3. Oliveira Rocha Yara	17	08-021	22.96	25m	21-4-24	Krommenie (NED)	94
4. Butter Noor	16	08-021	23.08	25m	4-4-24	Heemskerk (NED)	93
5. Haack Fenna	16	08-021	24.22	25m	21-4-24	Krommenie (NED)	80
6. Badahi Lina	10	08-021	24.88	25m	7-12-23	Heemskerk (NED)	74
7. van Dam Merel	14	08-021	25.03	25m	14-3-24	Heemskerk (NED)	72
8. Post Aijuna	14	08-021	25.16	25m	14-3-24	Heemskerk (NED)	71
9. Tilgenkamp Lentley	13	08-021	25.53	25m	4-4-24	Heemskerk (NED)	68
10. van Laarhoven Salome	15	08-021	25.68	25m	21-4-24	Krommenie (NED)	67
11. van Roon Jill	14	08-021	29.03	25m	14-3-24	Heemskerk (NED)	46
12. Slotemaker Britt	14	08-021	30.68	25m	14-3-24	Heemskerk (NED)	39
13. van Hiele Femke	13	08-021	31.86	25m	14-3-24	Heemskerk (NED)	35
14. Haack Zowi	18	08-021	32.09	25m	4-4-24	Heemskerk (NED)	34

50 vrije slag

1. Wentink Yara	04	08-021	27.37	25m	29-6-24	Rotterdam (NED)	588
2. Hoekstra Eline	03	08-021	28.73	25m	10-3-24	Purmerend (NED)	508
3. Groen Anne	95	08-021	29.55	25m	12-11-23	Den Helder (NED)	467
4. Broek Jade	97	08-021	29.96	50m	25-5-24	Amsterdam (NED)	493
5. van 't Veer Iris	03	08-021	31.10	25m	10-3-24	Purmerend (NED)	400
6. Herwegh Binthy	09	08-021	31.40	50m	18-11-23	Beverwijk (NED)	428
7. de Haan Shira	00	08-021	31.44	25m	12-11-23	Den Helder (NED)	387
8. Siemerink Laura	04	08-021	31.55	25m	12-11-23	Den Helder (NED)	383
9. Haasbroek Renske	03	08-021	31.57	25m	12-11-23	Den Helder (NED)	383
10. Gijzen-van der Kroft Nicole	84	08-021	32.28	25m	4-4-24	Heemskerk (NED)	358
11. de Roode Xara	08	08-021	32.72	50m	26-5-24	Amsterdam (NED)	378
12. de Boer Maia	03	08-021	33.18	25m	21-9-23	Heemskerk (NED)	330
13. de Wildt Maud	05	08-021	33.70	50m	18-11-23	Beverwijk (NED)	346
14. Bos Marieke	06	08-021	34.16	25m	12-11-23	Den Helder (NED)	302
15. van Assema Eline	05	08-021	34.39	25m	1-2-24	Heemskerk (NED)	296
16. van Eerden Meike	00	08-021	36.38	25m	1-2-24	Heemskerk (NED)	250
17. ten Cate Joyce	80	08-021	36.52	25m	4-4-24	Heemskerk (NED)	247
18. Steenbakker Lisan	07	08-021	37.07	25m	4-4-24	Heemskerk (NED)	236
19. de Groot Sjors	08	08-021	37.27	50m	9-6-24	Bückeburg (GER)	256
20. Sahin Sümeyye Sena	10	08-021	39.94	25m	12-11-23	Den Helder (NED)	189
21. Bruins Julia	06	08-021	42.15	25m	1-2-24	Heemskerk (NED)	160
22. Oortwijn Jytte	10	08-021	42.47	25m	10-3-24	Purmerend (NED)	157

50 vrije slag (sinds 23)

23. Kragt Kirsten	10	08-021	49.44	25m	1-2-24	Heemskerk (NED)	99
24. Banks Riley	17	08-021	49.53	25m	7-12-23	Heemskerk (NED)	99
25. Herwegh Izayra Rena	14	08-021	51.45	50m	18-11-23	Beverwijk (NED)	97

100 vrije slag

1. Wentink Yara	04	08-021	1:00.07	25m	10-3-24	Purmerend (NED)	585
2. Hoekstra Eline	03	08-021	1:02.42	25m	26-11-23	Hoofddorp (NED)	521
3. Groen Anne	95	08-021	1:04.15	25m	11-2-24	Heemskerk (NED)	480
4. Broek Jade	97	08-021	1:05.18	25m	21-9-23	Heemskerk (NED)	458
5. van 't Veer Iris	03	08-021	1:05.21	25m	10-3-24	Purmerend (NED)	457
6. Herwegh Binthy	09	08-021	1:08.67	25m	13-1-24	Hoofddorp (NED)	391
7. de Haan Shira	00	08-021	1:08.91	25m	11-2-24	Heemskerk (NED)	387
8. de Roode Xara	08	08-021	1:09.52	25m	4-4-24	Heemskerk (NED)	377
9. de Boer Maia	03	08-021	1:09.83	25m	21-9-23	Heemskerk (NED)	372
10. Haasbroek Renske	03	08-021	1:10.51	25m	10-3-24	Purmerend (NED)	361
11. Siemerink Laura	04	08-021	1:11.19	25m	10-3-24	Purmerend (NED)	351
12. van Eerden Meike	00	08-021	1:13.55	25m	21-9-23	Heemskerk (NED)	318
13. van Assema Eline	05	08-021	1:14.80	25m	4-4-24	Heemskerk (NED)	303
14. Bos Marieke	06	08-021	1:15.46	25m	21-9-23	Heemskerk (NED)	295
15. de Wildt Maud	05	08-021	1:16.22	25m	1-10-23	Den Helder (NED)	286
16. Steenbakker Lisan	07	08-021	1:17.64	25m	4-4-24	Heemskerk (NED)	271
17. Gijzen-van der Kroft Nicole	84	08-021	1:18.75	25m	1-2-24	Heemskerk (NED)	259
18. ten Cate Joyce	80	08-021	1:22.13	25m	21-9-23	Heemskerk (NED)	229
19. de Groot Sjors	08	08-021	1:23.75	25m	11-2-24	Heemskerk (NED)	215
20. Sahin Sümeyye Sena	10	08-021	1:29.28	25m	21-9-23	Heemskerk (NED)	178
21. Oortwijn Jytte	10	08-021	1:30.88	25m	11-2-24	Heemskerk (NED)	169
22. van Laarhoven Salome	15	08-021	2:27.55	25m	31-3-24	Haarlem (NED)	39
23. Tilgenkamp Lentley	13	08-021	2:33.78	25m	31-3-24	Haarlem (NED)	34
24. van Dam Merel	14	08-021	2:38.27	25m	31-3-24	Haarlem (NED)	32

200 vrije slag

1. Wentink Yara	04	08-021	2:16.44	25m	14-3-24	Heemskerk (NED)	530
2. Hoekstra Eline	03	08-021	2:18.75	25m	14-3-24	Heemskerk (NED)	504
3. Groen Anne	95	08-021	2:21.95	25m	28-1-24	Heemskerk (NED)	470
4. van 't Veer Iris	03	08-021	2:26.09	25m	14-3-24	Heemskerk (NED)	431
5. Broek Jade	97	08-021	2:29.14	25m	14-3-24	Heemskerk (NED)	405
6. Haasbroek Renske	03	08-021	2:30.47	25m	14-3-24	Heemskerk (NED)	395
7. de Boer Maia	03	08-021	2:34.80	25m	14-3-24	Heemskerk (NED)	363
8. de Roode Xara	08	08-021	2:36.51	25m	14-3-24	Heemskerk (NED)	351
9. van Eerden Meike	00	08-021	2:37.47	25m	14-3-24	Heemskerk (NED)	344
10. Herwegh Binthy	09	08-021	2:41.00	25m	12-11-23	Den Helder (NED)	322
11. de Wildt Maud	05	08-021	2:43.78	25m	1-10-23	Den Helder (NED)	306
12. de Haan Shira	00	08-021	2:45.03	25m	14-3-24	Heemskerk (NED)	299
13. Siemerink Laura	04	08-021	2:45.86	25m	14-3-24	Heemskerk (NED)	295
14. Steenbakker Lisan	07	08-021	2:49.52	25m	14-3-24	Heemskerk (NED)	276
15. Bos Marieke	06	08-021	3:01.78	50m	8-6-24	Bückeburg (GER)	240
16. Sahin Sümeyye Sena	10	08-021	3:08.41	25m	12-11-23	Den Helder (NED)	201
17. de Groot Sjors	08	08-021	3:11.77	25m	1-10-23	Den Helder (NED)	190
18. Oortwijn Jytte	10	08-021	3:18.80	25m	1-10-23	Den Helder (NED)	171

250 vrije slag

1. Butter Noor	16	08-021	6:13.54	OW	21-7-24	Amsterdam (NED)	
2. Haack Fenna	16	08-021	10:06.95	OW	13-7-24	Anna Paulowna (NED)	

300 vrije slag

1. Hoekstra Eline	03	08-021	3:44.33	25m	1-10-23	Den Helder (NED)	454
2. Haasbroek Renske	03	08-021	4:12.02	25m	1-10-23	Den Helder (NED)	320
3. de Wildt Maud	05	08-021	4:13.28	25m	1-10-23	Den Helder (NED)	315
4. Herwegh Binthy	09	08-021	4:21.34	25m	1-10-23	Den Helder (NED)	287
5. de Roode Xara	08	08-021	4:27.65	25m	28-1-24	Heemskerk (NED)	267
6. Sahin Sümeyye Sena	10	08-021	5:09.97	25m	1-10-23	Den Helder (NED)	172
7. de Groot Sjors	08	08-021	5:19.94	25m	28-1-24	Heemskerk (NED)	156

400 vrije slag

1. Hoekstra Eline	03	08-021	5:00.84	25m	1-10-23	Den Helder (NED)	473
2. Haasbroek Renske	03	08-021	5:23.83	25m	26-11-23	Hoofddorp (NED)	379
3. de Wildt Maud	05	08-021	5:41.24	25m	1-10-23	Den Helder (NED)	324
4. Herwegh Binthy	09	08-021	5:47.09	25m	1-10-23	Den Helder (NED)	308
5. de Roode Xara	08	08-021	5:52.78	25m	28-1-24	Heemskerk (NED)	293
6. Sahin Sümeyye Sena	10	08-021	6:56.38	25m	1-10-23	Den Helder (NED)	178
7. de Groot Sjors	08	08-021	7:05.19	25m	28-1-24	Heemskerk (NED)	167

500 vrije slag**800 vrije slag**

1. Hoekstra Eline	03	08-021	10:19.33	25m	3-12-23	Alkmaar (NED)	463
2. Haasbroek Renske	03	08-021	11:31.92	25m	15-10-23	Alkmaar (NED)	332
3. Herwegh Binthy	09	08-021	12:38.12	25m	15-10-23	Alkmaar (NED)	252

1000 vrije slag

1. Butter Anouk	82	08-021	17:00.90	OW	6-7-24	Hoek (NED)	
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1250 vrije slag**1500 vrije slag**

1. Hoekstra Eline	03	08-021	19:37.95	25m	3-12-23	Alkmaar (NED)	475
2. Butter Anouk	82	08-021	27:52.84	OW	21-7-24	Amsterdam (NED)	

2000 vrije slag

1. Hoekstra Eline	03	08-021	28:13.56	50m	24-3-24	Alkmaar (NED)	386
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2500 vrije slag**3000 vrije slag****4000 vrije slag**

5000 vrije slag**6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Butter Noor	16	08-021	25.25	25m	3-3-24	Krommenie (NED)	109
2. Banks Riley	17	08-021	25.69	25m	10-12-23	Hoofddorp (NED)	103
3. Oliveira Rocha Yara	17	08-021	26.23	25m	21-4-24	Krommenie (NED)	97
4. Haack Fenna	16	08-021	27.38	25m	3-3-24	Krommenie (NED)	85
5. Haack Zowi	18	08-021	30.70	25m	23-6-24	Krommenie (NED)	60
6. Slotemaker Britt	14	08-021	32.19	25m	8-10-23	Zaandam (NED)	52
7. van Laarhoven Salome	15	08-021	32.44	25m	3-3-24	Krommenie (NED)	51
8. van Dam Merel	14	08-021	34.65	25m	8-10-23	Zaandam (NED)	42

50 rugslag

1. Broek Jade	97	08-021	31.60	25m	29-6-24	Rotterdam (NED)	536
2. Wentink Yara	04	08-021	31.62	25m	29-6-24	Rotterdam (NED)	535
3. Hoekstra Eline	03	08-021	32.13	25m	29-6-24	Rotterdam (NED)	509
4. van 't Veer Iris	03	08-021	35.24	25m	10-3-24	Purmerend (NED)	386
5. Groen Anne	95	08-021	35.65	25m	10-3-24	Purmerend (NED)	373
6. van Assema Eline	05	08-021	36.26	25m	10-3-24	Purmerend (NED)	354
7. Haasbroek Renske	03	08-021	37.33	25m	10-3-24	Purmerend (NED)	325
8. van Eerden Meike	00	08-021	37.44	25m	10-3-24	Purmerend (NED)	322
9. de Boer Maia	03	08-021	37.73	25m	10-3-24	Purmerend (NED)	314
10. Herwegh Binthy	09	08-021	37.74	25m	7-12-23	Heemskerk (NED)	314
11. de Haan Shira	00	08-021	38.24	25m	22-10-23	Zaandam (NED)	302
12. Siemerink Laura	04	08-021	38.37	25m	28-1-24	Heemskerk (NED)	299
13. de Roode Xara	08	08-021	39.07	50m	18-11-23	Beverwijk (NED)	332
14. Steenbakker Lisan	07	08-021	41.47	25m	7-12-23	Heemskerk (NED)	237
15. Gijzen-van der Kroft Nicole	84	08-021	41.87	25m	14-3-24	Heemskerk (NED)	230
16. Bos Marieke	06	08-021	43.43	25m	10-3-24	Purmerend (NED)	206
17. ten Cate Joyce	80	08-021	44.01	25m	14-3-24	Heemskerk (NED)	198
18. Oortwijn Jytte	10	08-021	46.25	25m	11-2-24	Heemskerk (NED)	170
19. Sahin Sümeyye Sena	10	08-021	46.54	25m	7-12-23	Heemskerk (NED)	167
20. de Groot Sjors	08	08-021	47.67	50m	8-6-24	Bückeburg (GER)	182
21. Butter Noor	16	08-021	52.62	25m	6-4-24	Den Haag (NED)	116
22. Oliveira Rocha Yara	17	08-021	55.58	25m	6-4-24	Den Haag (NED)	98
23. Banks Riley	17	08-021	55.70	25m	31-3-24	Haarlem (NED)	97
24. Herwegh Izayra Rena	14	08-021	56.16	50m	18-11-23	Beverwijk (NED)	111
25. Tilgenkamp Lentley	13	08-021	56.72	25m	23-6-24	Krommenie (NED)	92

100 rugslag

1. Broek Jade	97	08-021	1:08.97	25m	28-1-24	Heemskerk (NED)	507
2. Hoekstra Eline	03	08-021	1:10.95	25m	28-1-24	Heemskerk (NED)	466
3. Groen Anne	95	08-021	1:13.99	25m	28-1-24	Heemskerk (NED)	411
4. van 't Veer Iris	03	08-021	1:15.22	25m	28-1-24	Heemskerk (NED)	391
5. Wentink Yara	04	08-021	1:17.61	50m	21-1-24	Alkmaar (NED)	419
6. Haasbroek Renske	03	08-021	1:17.87	25m	28-1-24	Heemskerk (NED)	352
7. Siemerink Laura	04	08-021	1:17.96	25m	28-1-24	Heemskerk (NED)	351
8. van Assema Eline	05	08-021	1:18.04	25m	7-12-23	Heemskerk (NED)	350
9. Herwegh Binthy	09	08-021	1:18.13	25m	7-12-23	Heemskerk (NED)	349
10. de Haan Shira	00	08-021	1:19.12	25m	7-12-23	Heemskerk (NED)	336
11. van Eerden Meike	00	08-021	1:20.73	25m	7-12-23	Heemskerk (NED)	316
12. de Roode Xara	08	08-021	1:24.29	25m	1-10-23	Den Helder (NED)	278
13. Steenbakker Lisan	07	08-021	1:25.79	25m	7-12-23	Heemskerk (NED)	263
14. ten Cate Joyce	80	08-021	1:33.40	25m	7-12-23	Heemskerk (NED)	204
15. Oortwijn Jytte	10	08-021	1:35.54	25m	11-2-24	Heemskerk (NED)	191
16. Sahin Sümeyye Sena	10	08-021	1:36.62	25m	7-12-23	Heemskerk (NED)	184
17. de Groot Sjors	08	08-021	1:39.57	25m	7-12-23	Heemskerk (NED)	168

200 rugslag

1. Broek Jade	97	08-021	2:35.76	25m	1-10-23	Den Helder (NED)	448
2. Hoekstra Eline	03	08-021	2:47.68	50m	4-5-24	Eindhoven (NED)	404
3. Groen Anne	95	08-021	2:49.45	50m	4-5-24	Eindhoven (NED)	392
4. van 't Veer Iris	03	08-021	2:52.92	50m	8-6-24	Bückeburg (GER)	369
5. van Assema Eline	05	08-021	2:54.09	25m	1-10-23	Den Helder (NED)	321
6. Siemerink Laura	04	08-021	2:57.55	25m	1-10-23	Den Helder (NED)	302

500 rugslag**25 schoolslag**

1. Kragt Kirsten	10	08-021	26.95	25m	7-12-23	Heemskerk (NED)	120
2. Butter Noor	16	08-021	27.44	25m	21-4-24	Krommenie (NED)	114
3. Post Aijuna	14	08-021	27.63	25m	7-12-23	Heemskerk (NED)	112
4. Banks Riley	17	08-021	27.93	25m	21-4-24	Krommenie (NED)	108
5. Oliveira Rocha Yara	17	08-021	27.94	25m	21-4-24	Krommenie (NED)	108
6. van Laarhoven Salome	15	08-021	28.64	25m	21-4-24	Krommenie (NED)	100
7. Slotemaker Britt	14	08-021	28.78	25m	1-2-24	Heemskerk (NED)	99
8. Haack Fenna	16	08-021	29.10	25m	21-4-24	Krommenie (NED)	95
9. Badahi Lina	10	08-021	29.34	25m	7-12-23	Heemskerk (NED)	93
10. Haack Zowi	18	08-021	35.46	25m	23-6-24	Krommenie (NED)	53
11. Tilgenkamp Lentley	13	08-021	39.17	25m	7-12-23	Heemskerk (NED)	39

50 schoolslag

1. Broek Jade	97	08-021	38.67	25m	13-1-24	Hoofddorp (NED)	406
2. Wentink Yara	04	08-021	39.29	25m	14-3-24	Heemskerk (NED)	387
3. de Haan Shira	00	08-021	39.95	25m	22-10-23	Zaandam (NED)	368
4. van 't Veer Iris	03	08-021	40.16	25m	14-3-24	Heemskerk (NED)	362
5. Hoekstra Eline	03	08-021	40.27	25m	14-3-24	Heemskerk (NED)	359
6. de Boer Maia	03	08-021	40.52	25m	21-9-23	Heemskerk (NED)	353
6. Herwegh Binthy	09	08-021	40.52	25m	13-1-24	Hoofddorp (NED)	353
8. Groen Anne	95	08-021	41.03	25m	21-9-23	Heemskerk (NED)	340
9. Siemerink Laura	04	08-021	42.57	25m	1-10-23	Den Helder (NED)	304
10. de Wildt Maud	05	08-021	43.06	25m	1-10-23	Den Helder (NED)	294
11. Oortwijn Jytte	10	08-021	43.44	25m	14-3-24	Heemskerk (NED)	286
12. Veldhuis Amelia	03	08-021	44.00	25m	1-10-23	Den Helder (NED)	275
13. van Assema Eline	05	08-021	44.43	25m	21-9-23	Heemskerk (NED)	267
14. Haasbroek Renske	03	08-021	44.70	25m	1-10-23	Den Helder (NED)	263
15. Gijzen-van der Kroft Nicole	84	08-021	45.62	25m	1-2-24	Heemskerk (NED)	247
16. Bos Marieke	06	08-021	46.65	25m	12-11-23	Den Helder (NED)	231
17. van Eerden Meike	00	08-021	47.18	25m	1-10-23	Den Helder (NED)	223
18. Sahin Sümeyye Sena	10	08-021	49.18	25m	21-9-23	Heemskerk (NED)	197
19. ten Cate Joyce	80	08-021	49.50	25m	21-9-23	Heemskerk (NED)	193
20. de Roode Xara	08	08-021	49.90	25m	14-3-24	Heemskerk (NED)	189
21. Bruins Julia	06	08-021	52.16	25m	4-4-24	Heemskerk (NED)	165
22. Steenbakker Lisan	07	08-021	52.18	25m	14-3-24	Heemskerk (NED)	165
23. de Groot Sjors	08	08-021	55.96	25m	21-9-23	Heemskerk (NED)	134
24. Banks Riley	17	08-021	59.13	25m	6-4-24	Den Haag (NED)	113
25. Slotemaker Britt	14	08-021	59.34	25m	21-4-24	Krommenie (NED)	112

100 schoolslag

1. Broek Jade	97	08-021	1:23.42	25m	10-12-23	Alkmaar (NED)	417
2. de Haan Shira	00	08-021	1:26.05	25m	12-11-23	Den Helder (NED)	380
3. van 't Veer Iris	03	08-021	1:26.58	25m	28-1-24	Heemskerk (NED)	373
4. Herwegh Binthy	09	08-021	1:30.60	25m	15-10-23	Alkmaar (NED)	326
5. Siemerink Laura	04	08-021	1:33.64	25m	28-1-24	Heemskerk (NED)	295
6. Haasbroek Renske	03	08-021	1:36.03	25m	26-11-23	Hoofddorp (NED)	273
7. de Wildt Maud	05	08-021	1:36.75	25m	12-11-23	Den Helder (NED)	267
8. Oortwijn Jytte	10	08-021	1:39.31	25m	28-1-24	Heemskerk (NED)	247
9. Bos Marieke	06	08-021	1:40.82	25m	12-11-23	Den Helder (NED)	236
10. Sahin Sümeyye Sena	10	08-021	1:49.76	25m	28-1-24	Heemskerk (NED)	183
11. de Roode Xara	08	08-021	1:50.12	25m	28-1-24	Heemskerk (NED)	181
12. Bruins Julia	06	08-021	1:50.34	25m	4-4-24	Heemskerk (NED)	180
13. de Groot Sjors	08	08-021	2:04.08	25m	28-1-24	Heemskerk (NED)	126
14. Butter Noor	16	08-021	2:09.10	25m	4-4-24	Heemskerk (NED)	112
15. van Roon Jill	14	08-021	2:17.13	25m	4-4-24	Heemskerk (NED)	94
16. van Laarhoven Salome	15	08-021	2:23.79	25m	4-4-24	Heemskerk (NED)	81
17. Haack Fenna	16	08-021	2:23.85	25m	4-4-24	Heemskerk (NED)	81
18. van Dam Merel	14	08-021	2:33.51	25m	4-4-24	Heemskerk (NED)	67

200 schoolslag

1. Broek Jade	97	08-021	3:01.31	25m	12-11-23	Den Helder (NED)	408
2. van 't Veer Iris	03	08-021	3:03.98	25m	12-11-23	Den Helder (NED)	391
3. Herwegh Binthy	09	08-021	3:07.69	25m	15-10-23	Alkmaar (NED)	368
4. de Haan Shira	00	08-021	3:09.51	25m	12-11-23	Den Helder (NED)	358
5. de Wildt Maud	05	08-021	3:20.81	25m	12-11-23	Den Helder (NED)	300
6. Haasbroek Renske	03	08-021	3:25.16	25m	12-11-23	Den Helder (NED)	282
7. Bos Marieke	06	08-021	3:36.60	25m	12-11-23	Den Helder (NED)	239

250 schoolslag

1. Butter Noor	16	08-021	6:20.75	OW	6-7-24	Hoek (NED)	
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500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Bruins Julia	06	08-021	23.73	25m	1-2-24	Heemskerk (NED)	104
2. Tilgenkamp Lentley	13	08-021	25.30	25m	21-4-24	Krommenie (NED)	86
3. Oliveira Rocha Yara	17	08-021	25.62	25m	1-4-24	Haarlem (NED)	83
4. Banks Riley	17	08-021	26.60	25m	1-4-24	Haarlem (NED)	74
5. Kragt Kirsten	10	08-021	26.81	25m	1-2-24	Heemskerk (NED)	72
6. Butter Noor	16	08-021	29.22	25m	1-2-24	Heemskerk (NED)	56
7. Haack Fenna	16	08-021	30.60	25m	23-6-24	Krommenie (NED)	48
8. van Dam Merel	14	08-021	31.51	25m	21-4-24	Krommenie (NED)	44
9. Slotemaker Britt	14	08-021	33.64	25m	3-3-24	Krommenie (NED)	36
10. van Laarhoven Salome	15	08-021	33.65	25m	1-2-24	Heemskerk (NED)	36
11. van Roon Jill	14	08-021	40.85	25m	1-2-24	Heemskerk (NED)	20

50 vlinderslag

1. Wentink Yara	04	08-021	29.22	25m	28-1-24	Heemskerk (NED)	580
2. Hoekstra Eline	03	08-021	31.01	50m	2-6-24	Amsterdam (NED)	488
3. Broek Jade	97	08-021	31.64	25m	13-1-24	Hoofddorp (NED)	457
4. Siemerink Laura	04	08-021	33.41	25m	28-1-24	Heemskerk (NED)	388
5. de Haan Shira	00	08-021	34.20	25m	22-10-23	Zaandam (NED)	362
6. Groen Anne	95	08-021	34.81	25m	28-1-24	Heemskerk (NED)	343
7. Herwegh Binthy	09	08-021	35.43	25m	13-1-24	Hoofddorp (NED)	325
8. van 't Veer Iris	03	08-021	36.58	25m	28-1-24	Heemskerk (NED)	296
9. van Assema Eline	05	08-021	36.72	25m	7-12-23	Heemskerk (NED)	292
10. Haasbroek Renske	03	08-021	38.10	25m	22-10-23	Zaandam (NED)	262
11. de Wildt Maud	05	08-021	38.39	25m	12-11-23	Den Helder (NED)	256
12. de Boer Maia	03	08-021	38.87	25m	7-12-23	Heemskerk (NED)	246
13. Gijzen-van der Kroft Nicole	84	08-021	39.47	25m	14-3-24	Heemskerk (NED)	235
14. de Roode Xara	08	08-021	40.88	25m	12-11-23	Den Helder (NED)	212
14. van Eerden Meike	00	08-021	40.88	25m	7-12-23	Heemskerk (NED)	212
16. Steenbakker Lisan	07	08-021	42.23	25m	7-12-23	Heemskerk (NED)	192
17. Oortwijn Jytte	10	08-021	43.65	25m	28-1-24	Heemskerk (NED)	174
18. ten Cate Joyce	80	08-021	46.10	25m	7-12-23	Heemskerk (NED)	147
19. de Groot Sjors	08	08-021	48.05	25m	1-2-24	Heemskerk (NED)	130
20. Sahin Sümeyye Sena	10	08-021	51.61	25m	1-2-24	Heemskerk (NED)	105
21. Herwegh Izayra Rena	14	08-021	1:04.71	50m	18-11-23	Beverwijk (NED)	53

100 vlinderslag

1. Wentink Yara	04	08-021	1:05.67	25m	14-1-24	Hoofddorp (NED)	575
2. Hoekstra Eline	03	08-021	1:09.89	25m	12-11-23	Den Helder (NED)	477
3. Broek Jade	97	08-021	1:13.11	25m	14-1-24	Hoofddorp (NED)	416
4. de Haan Shira	00	08-021	1:19.38	25m	11-2-24	Heemskerk (NED)	325
5. Siemerink Laura	04	08-021	1:20.28	25m	12-11-23	Den Helder (NED)	314
6. Groen Anne	95	08-021	1:20.70	25m	1-2-24	Heemskerk (NED)	309
7. van 't Veer Iris	03	08-021	1:21.64	25m	1-2-24	Heemskerk (NED)	299
8. Herwegh Binthy	09	08-021	1:24.22	25m	12-11-23	Den Helder (NED)	272
9. Haasbroek Renske	03	08-021	1:28.72	25m	1-2-24	Heemskerk (NED)	233
10. van Eerden Meike	00	08-021	1:32.13	25m	1-2-24	Heemskerk (NED)	208
11. Steenbakker Lisan	07	08-021	1:35.44	25m	10-3-24	Purmerend (NED)	187
12. de Roode Xara	08	08-021	1:35.86	25m	1-2-24	Heemskerk (NED)	184
13. Oortwijn Jytte	10	08-021	1:43.22	25m	1-2-24	Heemskerk (NED)	148
14. de Groot Sjors	08	08-021	1:44.36	25m	1-2-24	Heemskerk (NED)	143
15. Sahin Sümeyye Sena	10	08-021	1:54.96	25m	1-2-24	Heemskerk (NED)	107

200 vlinderslag

1. Wentink Yara	04	08-021	2:34.17	25m	10-3-24	Purmerend (NED)	466
2. Hoekstra Eline	03	08-021	2:39.81	25m	10-3-24	Purmerend (NED)	419
3. Broek Jade	97	08-021	2:59.95	25m	10-3-24	Purmerend (NED)	293

1000 vlinderslag

1. Wentink Yara	04	08-021	15:45.31	25m	7-1-24	Haarlem (NED)
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100 wisselslag

1. Wentink Yara	04	08-021	1:10.70	25m	4-4-24	Heemskerk (NED)	510
2. Hoekstra Eline	03	08-021	1:13.25	25m	10-3-24	Purmerend (NED)	459
3. Broek Jade	97	08-021	1:14.37	25m	4-4-24	Heemskerk (NED)	438
4. Groen Anne	95	08-021	1:16.36	25m	4-4-24	Heemskerk (NED)	405
5. van 't Veer Iris	03	08-021	1:16.70	25m	10-3-24	Purmerend (NED)	399
6. Herwegh Binthy	09	08-021	1:17.99	25m	4-4-24	Heemskerk (NED)	380
7. de Haan Shira	00	08-021	1:18.25	25m	1-10-23	Den Helder (NED)	376
8. Siemerink Laura	04	08-021	1:19.01	25m	1-10-23	Den Helder (NED)	365
9. de Boer Maia	03	08-021	1:19.11	25m	1-10-23	Den Helder (NED)	364
10. Haasbroek Renske	03	08-021	1:19.95	25m	4-4-24	Heemskerk (NED)	353
11. van Assema Eline	05	08-021	1:20.57	25m	10-3-24	Purmerend (NED)	345
12. de Roode Xara	08	08-021	1:24.01	25m	4-4-24	Heemskerk (NED)	304
13. van Eerden Meike	00	08-021	1:24.88	25m	1-10-23	Den Helder (NED)	295
14. Veldhuis Amelia	03	08-021	1:25.00	25m	1-10-23	Den Helder (NED)	293
15. Gijzen-van der Kroft Nicole	84	08-021	1:25.84	25m	4-4-24	Heemskerk (NED)	285
16. Steenbakker Lisan	07	08-021	1:28.88	25m	4-4-24	Heemskerk (NED)	257
17. Bos Marieke	06	08-021	1:30.50	25m	4-4-24	Heemskerk (NED)	243
18. ten Cate Joyce	80	08-021	1:34.21	25m	4-4-24	Heemskerk (NED)	215
19. de Groot Sjors	08	08-021	1:42.12	25m	4-4-24	Heemskerk (NED)	169
20. van Laarhoven Salome	15	08-021	2:26.39	25m	21-4-24	Krommenie (NED)	57
21. van Dam Merel	14	08-021	2:34.27	25m	1-10-23	Den Helder (NED)	49

200 wisselslag

1. Wentink Yara	04	08-021	2:35.23	25m	31-3-24	Haarlem (NED)	483
2. Hoekstra Eline	03	08-021	2:37.75	25m	12-11-23	Den Helder (NED)	460
3. Broek Jade	97	08-021	2:39.66	25m	12-11-23	Den Helder (NED)	444
4. van 't Veer Iris	03	08-021	2:44.84	25m	12-11-23	Den Helder (NED)	404
5. Groen Anne	95	08-021	2:48.49	25m	12-11-23	Den Helder (NED)	378
6. Haasbroek Renske	03	08-021	2:56.18	25m	12-11-23	Den Helder (NED)	330
7. de Wildt Maud	05	08-021	2:57.09	25m	12-11-23	Den Helder (NED)	325
8. de Roode Xara	08	08-021	3:10.70	25m	12-11-23	Den Helder (NED)	260
9. Oortwijn Jytte	10	08-021	3:22.37	25m	28-1-24	Heemskerk (NED)	218
10. de Groot Sjors	08	08-021	3:59.53	50m	8-6-24	Bückeburg (GER)	145

300 wisselslag**400 wisselslag**

1. Hoekstra Eline	03	08-021	5:34.73	25m	26-11-23	Hoofddorp (NED)	462
2. de Roode Xara	08	08-021	6:47.22	25m	10-3-24	Purmerend (NED)	257
3. Steenbakker Lisan	07	08-021	7:04.24	25m	10-3-24	Purmerend (NED)	227
4. de Groot Sjors	08	08-021	7:48.16	25m	10-3-24	Purmerend (NED)	169