

45 - 49 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2024

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

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|-------------------|----|--------|-------|-----|---------|------------------|-----|
| 1. Blaauw Eric | 67 | 08-021 | 30.96 | 50m | 5-9-13 | Eindhoven (NED) | 308 |
| 2. de Jonge Marco | 66 | 08-021 | 30.98 | 50m | 7-12-13 | Beverwijk (NED) | 307 |
| 3. Butter Martijn | 79 | 08-021 | 31.71 | 50m | 5-5-24 | Eindhoven (NED) | 286 |
| 4. Tijms Eric | 64 | 08-021 | 31.73 | 50m | 22-3-09 | Amersfoort (NED) | 286 |
| 5. Vink Gé | 60 | 08-021 | 37.94 | 50m | 19-4-08 | Kampen (NED) | 167 |

100 vrije slag

| | | | | | | | |
|-------------------|----|--------|---------|-----|---------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 1:00.59 | 50m | 7-4-24 | Alkmaar (NED) | 464 |
| 2. Blaauw Eric | 67 | 08-021 | 1:13.92 | 50m | 21-6-14 | Beverwijk (NED) | 255 |
| 3. Tijms Eric | 64 | 08-021 | 1:16.05 | 50m | 18-9-09 | Cadiz (ESP) | 234 |
| 4. Vink Gé | 60 | 08-021 | 1:27.07 | 50m | 19-4-08 | Kampen (NED) | 156 |

200 vrije slag

| | | | | | | | |
|-------------------|----|--------|---------|-----|--------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 2:17.91 | 50m | 7-4-24 | Alkmaar (NED) | 404 |
| 2. Tijms Eric | 64 | 08-021 | 2:58.68 | 50m | 5-5-12 | Eindhoven (NED) | 186 |

250 vrije slag**300 vrije slag**

| | | | | | | | |
|-------------------|----|--------|---------|-----|--------|---------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 3:30.27 | 50m | 7-4-24 | Alkmaar (NED) | 449 |
|-------------------|----|--------|---------|-----|--------|---------------|-----|

400 vrije slag

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|-------------------|----|--------|---------|-----|--------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 4:41.53 | 50m | 7-4-24 | Alkmaar (NED) | 477 |
| 2. Tijms Eric | 64 | 08-021 | 6:10.09 | 50m | 5-5-12 | Eindhoven (NED) | 210 |

500 vrije slag**800 vrije slag**

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|-------------------|----|--------|----------|-----|---------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 9:38.86 | 50m | 15-6-24 | Kortrijk (BEL) | 476 |
| 2. Tijms Eric | 64 | 08-021 | 13:16.62 | 50m | 6-5-12 | Eindhoven (NED) | 182 |

1000 vrije slag**1250 vrije slag****1500 vrije slag**

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|-------------------|----|--------|----------|-----|---------|-----------------|-----|
| 1. Butter Martijn | 79 | 08-021 | 18:20.71 | 50m | 15-6-24 | Kortrijk (BEL) | 495 |
| 2. Tijms Eric | 64 | 08-021 | 25:01.16 | 50m | 6-5-12 | Eindhoven (NED) | 195 |

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

| | | | | | | | |
|----------------|----|--------|-------|-----|---------|----------------|-----|
| 1. Blaauw Eric | 67 | 08-021 | 35.82 | 50m | 14-4-12 | Kampen (NED) | 302 |
| 2. Tijms Eric | 64 | 08-021 | 42.61 | 50m | 3-6-12 | Riccione (ITA) | 179 |

100 rugslag

| | | | | | | | |
|----------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Blaauw Eric | 67 | 08-021 | 1:17.58 | 50m | 6-9-13 | Eindhoven (NED) | 298 |
| 2. Tijms Eric | 64 | 08-021 | 1:39.28 | 50m | 18-3-12 | Amersfoort (NED) | 142 |

200 rugslag

| | | | | | | | |
|----------------|----|--------|---------|-----|--------|-----------------|-----|
| 1. Blaauw Eric | 67 | 08-021 | 2:56.80 | 50m | 5-9-13 | Eindhoven (NED) | 253 |
|----------------|----|--------|---------|-----|--------|-----------------|-----|

500 rugslag**25 schoolslag**

50 schoolslag

| | | | | | | | |
|---------------|----|--------|-------|-----|--------|-----------------|-----|
| 1. Tijms Eric | 64 | 08-021 | 41.02 | 50m | 5-5-12 | Eindhoven (NED) | 253 |
|---------------|----|--------|-------|-----|--------|-----------------|-----|

100 schoolslag

| | | | | | | | |
|----------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Tijms Eric | 64 | 08-021 | 1:36.01 | 50m | 17-9-09 | Cadiz (ESP) | 210 |
| 2. Blaauw Eric | 67 | 08-021 | 1:38.29 | 50m | 24-3-13 | Amersfoort (NED) | 196 |
| 3. Vink Gé | 60 | 08-021 | 1:38.60 | 50m | 22-3-09 | Amersfoort (NED) | 194 |

200 schoolslag

| | | | | | | | |
|------------|----|--------|---------|-----|---------|--------------|-----|
| 1. Vink Gé | 60 | 08-021 | 3:39.66 | 50m | 19-4-08 | Kampen (NED) | 191 |
|------------|----|--------|---------|-----|---------|--------------|-----|

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

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|----------------|----|--------|-------|-----|---------|------------------|-----|
| 1. Blaauw Eric | 67 | 08-021 | 36.86 | 50m | 24-3-13 | Amersfoort (NED) | 225 |
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100 vlinderslag**200 vlinderslag****1000 vlinderslag****100 wisselslag**

200 wisselslag

300 wisselslag

400 wisselslag