

19 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2024

**15m vlinderslag benen onderwater****25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Gaal Roel	01	08-021	25.46	50m	23-2-20	Den Haag (NED)	553
2. Offringa Rick	03	08-021	25.75	50m	10-4-22	Antwerpen (BEL)	535
3. Meijer Arno	75	08-021	26.30	50m	28-5-94	Beverwijk (NED)	502
4. Camphuijnder Jasper	05	08-021	27.59	50m	2-6-24	Amsterdam (NED)	435
5. Tijms Stefan	93	08-021	28.04	50m	24-11-12	Beverwijk (NED)	414
6. van der Gracht Jory	87	08-021	28.30	50m	27-5-06	Beverwijk (NED)	403
7. Oudendijk Paul	81	08-021	29.12	50m	20-5-00	Beverwijk (NED)	370
8. de Vries Dylan	93	08-021	31.26	50m	9-6-12	Beverwijk (NED)	299
9. de Wit Matthew	97	08-021	35.18	50m	6-4-16	Eindhoven (NED)	209

**100 vrije slag**

1. Gaal Roel	01	08-021	54.88	50m	23-2-20	Den Haag (NED)	624
2. Offringa Rick	03	08-021	56.56	50m	9-4-22	Antwerpen (BEL)	570
3. Kleijne Barry	93	08-021	58.63	50m	13-5-12	Beverwijk (NED)	512
4. Camphuijnder Jasper	05	08-021	1:01.71	50m	9-6-24	Bückerburg (GER)	439
5. van Rookhuizen Barry	82	08-021	1:01.94	50m	21-10-01	Beverwijk (NED)	434
6. Oudendijk Paul	81	08-021	1:02.66	50m	21-5-00	Beverwijk (NED)	419
7. Gaal Koen	99	08-021	1:03.13	50m	18-2-18	Alkmaar (NED)	410
8. van der Gracht Jory	87	08-021	1:03.60	50m	15-4-06	Amsterdam (NED)	401
9. Kramer Vincent	82	08-021	1:03.69	50m	21-10-01	Beverwijk (NED)	399
10. Stins Arnold	83	08-021	1:03.82	50m	20-10-02	Beverwijk (NED)	397
11. Tamis Thijs	82	08-021	1:03.98	50m	21-10-01	Beverwijk (NED)	394
12. Tijms Stefan	93	08-021	1:07.15	50m	13-5-12	Beverwijk (NED)	340
13. Stam Daniël	79	08-021	1:09.27	50m	25-10-98	Beverwijk (NED)	310
14. Goverde Ad	59	08-021	1:10.60	50m	11-6-78	Beverwijk (NED)	293
15. Zwaan Bas	76	08-021	1:12.60	50m	10-6-95	Beverwijk (NED)	269
16. de Wit Matthew	97	08-021	1:15.96	50m	7-4-16	Eindhoven (NED)	235

**200 vrije slag**

1. Offringa Rick	03	08-021	2:08.77	50m	15-5-22	Amsterdam (NED)	497
2. Glorie Daan	88	08-021	2:11.92	50m	20-5-07	Beverwijk (NED)	462
3. Stins Arnold	83	08-021	2:15.95	50m	18-5-02	Nordhorn (GER)	422
4. Oudendijk Paul	81	08-021	2:17.21	50m	22-10-00	Beverwijk (NED)	410
5. Kuilman Joris	80	08-021	2:19.85	50m	31-10-99	Beverwijk (NED)	387
6. Tijms Stefan	93	08-021	2:24.79	50m	13-5-12	Beverwijk (NED)	349
7. Camphuijnder Jasper	05	08-021	2:26.76	50m	8-6-24	Bückeberg (GER)	335
8. de Wit Matthew	97	08-021	2:47.14	50m	9-4-16	Eindhoven (NED)	227

**250 vrije slag****300 vrije slag**

1. de Wit Matthew	97	08-021	4:26.01	50m	30-4-16	Alkmaar (NED)	221
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**400 vrije slag**

1. Glorie Daan	88	08-021	4:42.15	50m	19-5-07	Beverwijk (NED)	474
2. Offringa Rick	03	08-021	4:48.71	50m	27-3-22	Alkmaar (NED)	442
3. de Wit Matthew	97	08-021	6:00.02	50m	30-4-16	Alkmaar (NED)	228

**500 vrije slag****800 vrije slag****1000 vrije slag****1250 vrije slag****1500 vrije slag**

1. Glorie Daan	88	08-021	18:44.71	50m	1-4-07	Amersfoort (NED)	464
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**2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag**

1. Glorie Daan	88	08-021	1:05:48.38	50m	21-4-07	Zwaag (NED)	397
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**6000 vrije slag****6500 vrije slag**

**10000 vrije slag**

1. Glorie Daan	88	08-021	2:12:39.35	50m	21-4-07	Zwaag (NED)
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**20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag**

1. Kleijne Barry	93	08-021	29.60	50m	13-5-12	Beverwijk (NED)	535
2. Offringa Rick	03	08-021	31.69	50m	10-4-22	Antwerpen (BEL)	436
3. Oudendijk Paul	81	08-021	31.86	50m	21-5-00	Beverwijk (NED)	429
4. Gaal Koen	99	08-021	34.25	50m	16-6-18	Buckeburg (GER)	345
5. de Wit Matthew	97	08-021	41.81	50m	8-4-16	Eindhoven (NED)	190

**100 rugslag**

1. Kleijne Barry	93	08-021	1:03.30	50m	22-4-12	Beverwijk (NED)	549
2. Offringa Rick	03	08-021	1:06.79	50m	10-4-22	Antwerpen (BEL)	467
3. Oudendijk Paul	81	08-021	1:09.06	50m	20-5-00	Beverwijk (NED)	423
4. Hermans Luuk	85	08-021	1:11.20	50m	25-4-04	Beverwijk (NED)	386
5. Gaal Koen	99	08-021	1:12.69	50m	18-2-18	Alkmaar (NED)	362
6. Stins Arnold	83	08-021	1:14.36	50m	18-5-02	Nordhorn (GER)	339
7. Tamis Thijs	82	08-021	1:14.46	50m	27-5-01	Beverwijk (NED)	337
8. Kramer Vincent	82	08-021	1:16.95	50m	27-5-01	Beverwijk (NED)	305
9. van der Gracht Jory	87	08-021	1:17.19	50m	28-5-06	Beverwijk (NED)	303
10. de Wit Matthew	97	08-021	1:28.97	50m	9-4-16	Eindhoven (NED)	197

**200 rugslag**

1. Kleijne Barry	93	08-021	2:26.10	50m	22-4-12	Beverwijk (NED)	449
2. Oudendijk Paul	81	08-021	2:26.42	50m	28-5-00	Beverwijk (NED)	446
3. Gaal Koen	99	08-021	2:42.34	50m	16-6-18	Buckeburg (GER)	327
4. Kuilman Joris	80	08-021	2:45.16	50m	6-6-99	Beverwijk (NED)	311

**500 rugslag****25 schoolslag****50 schoolslag**

1. Offringa Rick	03	08-021	34.39	50m	15-5-22	Amsterdam (NED)	429
2. Oudendijk Paul	81	08-021	35.29	50m	28-5-00	Beverwijk (NED)	397
3. van der Kroft Barry	82	08-021	36.15	50m	19-5-01	Beverwijk (NED)	369
4. Kuilman Joris	80	08-021	36.69	50m	6-6-99	Beverwijk (NED)	353
5. Tamis Thijs	82	08-021	37.14	50m	19-5-01	Beverwijk (NED)	341
6. Tijms Stefan	93	08-021	38.84	50m	24-11-12	Beverwijk (NED)	298

**100 schoolslag**

1. Offringa Rick	03	08-021	1:12.56	50m	19-6-22	Bergbad Bückeberg (GER)	488
2. Oudendijk Paul	81	08-021	1:15.99	50m	27-5-00	Beverwijk (NED)	424
3. Kuilman Joris	80	08-021	1:21.72	50m	5-6-99	Beverwijk (NED)	341
4. Hermans Luuk	85	08-021	1:22.92	50m	25-4-04	Beverwijk (NED)	327
5. Gaal Koen	99	08-021	1:24.85	50m	16-6-18	Buckeberg (GER)	305
6. van der Gracht Jory	87	08-021	1:26.42	50m	27-5-06	Beverwijk (NED)	288
7. Zwaan Bas	76	08-021	1:26.60	50m	10-6-95	Beverwijk (NED)	287
8. de Vries Dylan	93	08-021	1:27.36	50m	9-6-12	Beverwijk (NED)	279
9. Stam Daniël	79	08-021	1:30.22	50m	25-10-98	Beverwijk (NED)	253

**200 schoolslag**

1. Offringa Rick	03	08-021	2:38.27	50m	19-6-22	Bergbad Bückeberg (GER)	512
2. Oudendijk Paul	81	08-021	2:50.18	50m	20-5-00	Beverwijk (NED)	412
3. Gaal Koen	99	08-021	3:14.18	50m	17-6-18	Buckeberg (GER)	277

**500 schoolslag****800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

**50 vlinderslag**

1. Offringa Rick	03	08-021	28.98	50m	9-4-22	Antwerpen (BEL)	463
2. Camphuijnder Jasper	05	08-021	29.08	50m	1-6-24	Amsterdam (NED)	458
3. Kuilman Joris	80	08-021	30.29	50m	31-10-99	Beverwijk (NED)	406
4. Glorie Daan	88	08-021	30.34	50m	19-5-07	Beverwijk (NED)	404
5. van der Gracht Jory	87	08-021	30.38	50m	20-5-06	Beverwijk (NED)	402
6. van Rookhuizen Barry	82	08-021	31.10	50m	21-10-01	Beverwijk (NED)	375
7. Tamis Thijs	82	08-021	31.24	50m	21-10-01	Beverwijk (NED)	370
8. Kramer Vincent	82	08-021	31.74	50m	21-10-01	Beverwijk (NED)	352
9. Stins Arnold	83	08-021	31.97	50m	20-10-02	Beverwijk (NED)	345
10. Oudendijk Paul	81	08-021	33.89	50m	22-10-00	Beverwijk (NED)	289
11. Stam Daniël	79	08-021	34.00	50m	25-10-98	Beverwijk (NED)	287

**100 vlinderslag**

1. Offringa Rick	03	08-021	1:04.41	50m	18-6-22	Bergbad Bückeberg (GER)	462
2. Glorie Daan	88	08-021	1:05.98	50m	20-5-07	Beverwijk (NED)	430
3. Kleijne Barry	93	08-021	1:06.96	50m	25-3-12	Beverwijk (NED)	411
4. Camphuijnder Jasper	05	08-021	1:07.70	50m	2-6-24	Amsterdam (NED)	398
5. van der Gracht Jory	87	08-021	1:09.77	50m	21-5-06	Beverwijk (NED)	364
6. Kuilman Joris	80	08-021	1:10.73	50m	6-6-99	Beverwijk (NED)	349
7. Stins Arnold	83	08-021	1:11.38	50m	18-5-02	Nordhorn (GER)	340
8. Tamis Thijs	82	08-021	1:12.86	50m	27-5-01	Beverwijk (NED)	319
9. Kramer Vincent	82	08-021	1:13.53	50m	29-4-01	Beverwijk (NED)	311
10. Zwaan Bas	76	08-021	1:20.20	50m	11-6-95	Beverwijk (NED)	239

**200 vlinderslag**

1. Glorie Daan	88	08-021	2:23.62	50m	13-5-07	Alkmaar (NED)	468
2. van der Gracht Jory	87	08-021	2:43.37	50m	14-5-06	Beverwijk (NED)	317
3. Stins Arnold	83	08-021	2:45.48	50m	21-4-02	Beverwijk (NED)	305
4. Tamis Thijs	82	08-021	2:54.51	50m	29-4-01	Beverwijk (NED)	260
5. Kramer Vincent	82	08-021	3:27.03	50m	29-4-01	Beverwijk (NED)	156

**1000 vlinderslag****100 wisselslag****200 wisselslag**

1. Offringa Rick	03	08-021	2:19.42	50m	9-4-22	Antwerpen (BEL)	546
2. Stins Arnold	83	08-021	2:34.66	50m	18-5-02	Nordhorn (GER)	400
3. Kuilman Joris	80	08-021	2:34.76	50m	2-5-99	Beverwijk (NED)	399
4. Camphuijnder Jasper	05	08-021	2:41.82	50m	8-6-24	Bückeberg (GER)	349

**300 wisselslag****400 wisselslag**

1. Offringa Rick	03	08-021	5:03.74	50m	8-4-22	Antwerpen (BEL)	517
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