

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Banks Riley | 17 | 08-021 | 21.76 | 25m | 4-4-24 | Heemskerk (NED) | 111 |
| 2. Kragt Kirsten | 10 | 08-021 | 21.84 | 25m | 7-12-23 | Heemskerk (NED) | 109 |
| 3. Oliveira Rocha Yara | 17 | 08-021 | 22.96 | 25m | 21-4-24 | Krommenie (NED) | 94 |
| 4. Butter Noor | 16 | 08-021 | 23.08 | 25m | 4-4-24 | Heemskerk (NED) | 93 |
| 5. Haack Fenna | 16 | 08-021 | 24.22 | 25m | 21-4-24 | Krommenie (NED) | 80 |
| 6. Badahi Lina | 10 | 08-021 | 24.88 | 25m | 7-12-23 | Heemskerk (NED) | 74 |
| 7. van Dam Merel | 14 | 08-021 | 25.03 | 25m | 14-3-24 | Heemskerk (NED) | 72 |
| 8. Post Aijuna | 14 | 08-021 | 25.16 | 25m | 14-3-24 | Heemskerk (NED) | 71 |
| 9. Tilgenkamp Lentley | 13 | 08-021 | 25.53 | 25m | 4-4-24 | Heemskerk (NED) | 68 |
| 10. van Laarhoven Salome | 15 | 08-021 | 25.68 | 25m | 21-4-24 | Krommenie (NED) | 67 |
| 11. van Roon Jill | 14 | 08-021 | 29.03 | 25m | 14-3-24 | Heemskerk (NED) | 46 |
| 12. Slotemaker Britt | 14 | 08-021 | 30.68 | 25m | 14-3-24 | Heemskerk (NED) | 39 |
| 13. van Hiele Femke | 13 | 08-021 | 31.86 | 25m | 14-3-24 | Heemskerk (NED) | 35 |
| 14. Haack Zowi | 18 | 08-021 | 32.09 | 25m | 4-4-24 | Heemskerk (NED) | 34 |

50 vrije slag

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 27.81 | 25m | 26-11-23 | Hoofddorp (NED) | 560 |
| 2. Hoekstra Eline | 03 | 08-021 | 28.73 | 25m | 10-3-24 | Purmerend (NED) | 508 |
| 3. Groen Anne | 95 | 08-021 | 29.55 | 25m | 12-11-23 | Den Helder (NED) | 467 |
| 4. Broek Jade | 97 | 08-021 | 29.96 | 50m | 25-5-24 | Amsterdam (NED) | 493 |
| 5. van 't Veer Iris | 03 | 08-021 | 31.10 | 25m | 10-3-24 | Purmerend (NED) | 400 |
| 6. Herwegh Binthy | 09 | 08-021 | 31.40 | 50m | 18-11-23 | Beverwijk (NED) | 428 |
| 7. de Haan Shira | 00 | 08-021 | 31.44 | 25m | 12-11-23 | Den Helder (NED) | 387 |
| 8. Siemerink Laura | 04 | 08-021 | 31.55 | 25m | 12-11-23 | Den Helder (NED) | 383 |
| 9. Haasbroek Renske | 03 | 08-021 | 31.57 | 25m | 12-11-23 | Den Helder (NED) | 383 |
| 10. Gijzen-van der Kroft Nicole | 84 | 08-021 | 32.28 | 25m | 4-4-24 | Heemskerk (NED) | 358 |
| 11. de Roode Xara | 08 | 08-021 | 32.72 | 50m | 26-5-24 | Amsterdam (NED) | 378 |
| 12. de Boer Maia | 03 | 08-021 | 33.18 | 25m | 21-9-23 | Heemskerk (NED) | 330 |
| 13. de Wildt Maud | 05 | 08-021 | 33.70 | 50m | 18-11-23 | Beverwijk (NED) | 346 |
| 14. Bos Marieke | 06 | 08-021 | 34.16 | 25m | 12-11-23 | Den Helder (NED) | 302 |
| 15. van Assema Eline | 05 | 08-021 | 34.39 | 25m | 1-2-24 | Heemskerk (NED) | 296 |
| 16. van Eerden Meike | 00 | 08-021 | 36.38 | 25m | 1-2-24 | Heemskerk (NED) | 250 |
| 17. ten Cate Joyce | 80 | 08-021 | 36.52 | 25m | 4-4-24 | Heemskerk (NED) | 247 |
| 18. Steenbakker Lisan | 07 | 08-021 | 37.07 | 25m | 4-4-24 | Heemskerk (NED) | 236 |
| 19. de Groot Sjors | 08 | 08-021 | 37.27 | 50m | 9-6-24 | Bückeburg (GER) | 256 |
| 20. Sahin Sümeyye Sena | 10 | 08-021 | 39.94 | 25m | 12-11-23 | Den Helder (NED) | 189 |
| 21. Bruins Julia | 06 | 08-021 | 42.15 | 25m | 1-2-24 | Heemskerk (NED) | 160 |
| 22. Oortwijn Jytte | 10 | 08-021 | 42.47 | 25m | 10-3-24 | Purmerend (NED) | 157 |

50 vrije slag (sinds 23)

| | | | | | | | |
|-------------------------|----|--------|-------|-----|----------|-----------------|----|
| 23. Kragt Kirsten | 10 | 08-021 | 49.44 | 25m | 1-2-24 | Heemskerk (NED) | 99 |
| 24. Banks Riley | 17 | 08-021 | 49.53 | 25m | 7-12-23 | Heemskerk (NED) | 99 |
| 25. Herwegh Izayra Rena | 14 | 08-021 | 51.45 | 50m | 18-11-23 | Beverwijk (NED) | 97 |

100 vrije slag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 1:00.07 | 25m | 10-3-24 | Purmerend (NED) | 585 |
| 2. Hoekstra Eline | 03 | 08-021 | 1:02.42 | 25m | 26-11-23 | Hoofddorp (NED) | 521 |
| 3. Groen Anne | 95 | 08-021 | 1:04.15 | 25m | 11-2-24 | Heemskerk (NED) | 480 |
| 4. Broek Jade | 97 | 08-021 | 1:05.18 | 25m | 21-9-23 | Heemskerk (NED) | 458 |
| 5. van 't Veer Iris | 03 | 08-021 | 1:05.21 | 25m | 10-3-24 | Purmerend (NED) | 457 |
| 6. Herwegh Binthy | 09 | 08-021 | 1:08.67 | 25m | 13-1-24 | Hoofddorp (NED) | 391 |
| 7. de Haan Shira | 00 | 08-021 | 1:08.91 | 25m | 11-2-24 | Heemskerk (NED) | 387 |
| 8. de Roode Xara | 08 | 08-021 | 1:09.52 | 25m | 4-4-24 | Heemskerk (NED) | 377 |
| 9. de Boer Maia | 03 | 08-021 | 1:09.83 | 25m | 21-9-23 | Heemskerk (NED) | 372 |
| 10. Haasbroek Renske | 03 | 08-021 | 1:10.51 | 25m | 10-3-24 | Purmerend (NED) | 361 |
| 11. Siemerink Laura | 04 | 08-021 | 1:11.19 | 25m | 10-3-24 | Purmerend (NED) | 351 |
| 12. van Eerden Meike | 00 | 08-021 | 1:13.55 | 25m | 21-9-23 | Heemskerk (NED) | 318 |
| 13. van Assema Eline | 05 | 08-021 | 1:14.80 | 25m | 4-4-24 | Heemskerk (NED) | 303 |
| 14. Bos Marieke | 06 | 08-021 | 1:15.46 | 25m | 21-9-23 | Heemskerk (NED) | 295 |
| 15. de Wildt Maud | 05 | 08-021 | 1:16.22 | 25m | 1-10-23 | Den Helder (NED) | 286 |
| 16. Steenbakker Lisan | 07 | 08-021 | 1:17.64 | 25m | 4-4-24 | Heemskerk (NED) | 271 |
| 17. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:18.75 | 25m | 1-2-24 | Heemskerk (NED) | 259 |
| 18. ten Cate Joyce | 80 | 08-021 | 1:22.13 | 25m | 21-9-23 | Heemskerk (NED) | 229 |
| 19. de Groot Sjors | 08 | 08-021 | 1:23.75 | 25m | 11-2-24 | Heemskerk (NED) | 215 |
| 20. Sahin Sümeyye Sena | 10 | 08-021 | 1:29.28 | 25m | 21-9-23 | Heemskerk (NED) | 178 |
| 21. Oortwijn Jytte | 10 | 08-021 | 1:30.88 | 25m | 11-2-24 | Heemskerk (NED) | 169 |
| 22. van Laarhoven Salome | 15 | 08-021 | 2:27.55 | 25m | 31-3-24 | Haarlem (NED) | 39 |
| 23. Tilgenkamp Lentley | 13 | 08-021 | 2:33.78 | 25m | 31-3-24 | Haarlem (NED) | 34 |
| 24. van Dam Merel | 14 | 08-021 | 2:38.27 | 25m | 31-3-24 | Haarlem (NED) | 32 |

200 vrije slag

| | | | | | | | |
|------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 2:16.44 | 25m | 14-3-24 | Heemskerk (NED) | 530 |
| 2. Hoekstra Eline | 03 | 08-021 | 2:18.75 | 25m | 14-3-24 | Heemskerk (NED) | 504 |
| 3. Groen Anne | 95 | 08-021 | 2:21.95 | 25m | 28-1-24 | Heemskerk (NED) | 470 |
| 4. van 't Veer Iris | 03 | 08-021 | 2:26.09 | 25m | 14-3-24 | Heemskerk (NED) | 431 |
| 5. Broek Jade | 97 | 08-021 | 2:29.14 | 25m | 14-3-24 | Heemskerk (NED) | 405 |
| 6. Haasbroek Renske | 03 | 08-021 | 2:30.47 | 25m | 14-3-24 | Heemskerk (NED) | 395 |
| 7. de Boer Maia | 03 | 08-021 | 2:34.80 | 25m | 14-3-24 | Heemskerk (NED) | 363 |
| 8. de Roode Xara | 08 | 08-021 | 2:36.51 | 25m | 14-3-24 | Heemskerk (NED) | 351 |
| 9. van Eerden Meike | 00 | 08-021 | 2:37.47 | 25m | 14-3-24 | Heemskerk (NED) | 344 |
| 10. Herwegh Binthy | 09 | 08-021 | 2:41.00 | 25m | 12-11-23 | Den Helder (NED) | 322 |
| 11. de Wildt Maud | 05 | 08-021 | 2:43.78 | 25m | 1-10-23 | Den Helder (NED) | 306 |
| 12. de Haan Shira | 00 | 08-021 | 2:45.03 | 25m | 14-3-24 | Heemskerk (NED) | 299 |
| 13. Siemerink Laura | 04 | 08-021 | 2:45.86 | 25m | 14-3-24 | Heemskerk (NED) | 295 |
| 14. Steenbakker Lisan | 07 | 08-021 | 2:49.52 | 25m | 14-3-24 | Heemskerk (NED) | 276 |
| 15. Bos Marieke | 06 | 08-021 | 3:01.78 | 50m | 8-6-24 | Bückeburg (GER) | 240 |
| 16. Sahin Sümeyye Sena | 10 | 08-021 | 3:08.41 | 25m | 12-11-23 | Den Helder (NED) | 201 |
| 17. de Groot Sjors | 08 | 08-021 | 3:11.77 | 25m | 1-10-23 | Den Helder (NED) | 190 |
| 18. Oortwijn Jytte | 10 | 08-021 | 3:18.80 | 25m | 1-10-23 | Den Helder (NED) | 171 |

250 vrije slag

300 vrije slag

| | | | | | | | |
|-----------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 3:44.33 | 25m | 1-10-23 | Den Helder (NED) | 454 |
| 2. Haasbroek Renske | 03 | 08-021 | 4:12.02 | 25m | 1-10-23 | Den Helder (NED) | 320 |
| 3. de Wildt Maud | 05 | 08-021 | 4:13.28 | 25m | 1-10-23 | Den Helder (NED) | 315 |
| 4. Herwegh Binthy | 09 | 08-021 | 4:21.34 | 25m | 1-10-23 | Den Helder (NED) | 287 |
| 5. de Roode Xara | 08 | 08-021 | 4:27.65 | 25m | 28-1-24 | Heemskerk (NED) | 267 |
| 6. Sahin Sümeyye Sena | 10 | 08-021 | 5:09.97 | 25m | 1-10-23 | Den Helder (NED) | 172 |
| 7. de Groot Sjors | 08 | 08-021 | 5:19.94 | 25m | 28-1-24 | Heemskerk (NED) | 156 |

400 vrije slag

| | | | | | | | |
|-----------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 5:00.84 | 25m | 1-10-23 | Den Helder (NED) | 473 |
| 2. Haasbroek Renske | 03 | 08-021 | 5:23.83 | 25m | 26-11-23 | Hoofddorp (NED) | 379 |
| 3. de Wildt Maud | 05 | 08-021 | 5:41.24 | 25m | 1-10-23 | Den Helder (NED) | 324 |
| 4. Herwegh Binthy | 09 | 08-021 | 5:47.09 | 25m | 1-10-23 | Den Helder (NED) | 308 |
| 5. de Roode Xara | 08 | 08-021 | 5:52.78 | 25m | 28-1-24 | Heemskerk (NED) | 293 |
| 6. Sahin Sümeyye Sena | 10 | 08-021 | 6:56.38 | 25m | 1-10-23 | Den Helder (NED) | 178 |
| 7. de Groot Sjors | 08 | 08-021 | 7:05.19 | 25m | 28-1-24 | Heemskerk (NED) | 167 |

500 vrije slag**800 vrije slag**

| | | | | | | | |
|---------------------|----|--------|----------|-----|----------|---------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 10:19.33 | 25m | 3-12-23 | Alkmaar (NED) | 463 |
| 2. Haasbroek Renske | 03 | 08-021 | 11:31.92 | 25m | 15-10-23 | Alkmaar (NED) | 332 |
| 3. Herwegh Binthy | 09 | 08-021 | 12:38.12 | 25m | 15-10-23 | Alkmaar (NED) | 252 |

1000 vrije slag**1250 vrije slag****1500 vrije slag**

| | | | | | | | |
|-------------------|----|--------|----------|-----|---------|---------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 19:37.95 | 25m | 3-12-23 | Alkmaar (NED) | 475 |
|-------------------|----|--------|----------|-----|---------|---------------|-----|

2000 vrije slag

| | | | | | | | |
|-------------------|----|--------|----------|-----|---------|---------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 28:13.56 | 50m | 24-3-24 | Alkmaar (NED) | 386 |
|-------------------|----|--------|----------|-----|---------|---------------|-----|

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag**

10000 vrije slag**20000 vrije slag****22000 vrije slag****25 rugslag**

| | | | | | | | |
|-------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Butter Noor | 16 | 08-021 | 25.25 | 25m | 3-3-24 | Krommenie (NED) | 109 |
| 2. Banks Riley | 17 | 08-021 | 25.69 | 25m | 10-12-23 | Hoofddorp (NED) | 103 |
| 3. Oliveira Rocha Yara | 17 | 08-021 | 26.23 | 25m | 21-4-24 | Krommenie (NED) | 97 |
| 4. Haack Fenna | 16 | 08-021 | 27.38 | 25m | 3-3-24 | Krommenie (NED) | 85 |
| 5. Slotemaker Britt | 14 | 08-021 | 32.19 | 25m | 8-10-23 | Zaandam (NED) | 52 |
| 6. van Laarhoven Salome | 15 | 08-021 | 32.44 | 25m | 3-3-24 | Krommenie (NED) | 51 |
| 7. van Dam Merel | 14 | 08-021 | 34.65 | 25m | 8-10-23 | Zaandam (NED) | 42 |

50 rugslag

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|-----------------|-----|
| 1. Broek Jade | 97 | 08-021 | 31.95 | 25m | 10-12-23 | Alkmaar (NED) | 518 |
| 2. Wentink Yara | 04 | 08-021 | 32.77 | 25m | 14-1-24 | Hoofddorp (NED) | 480 |
| 3. Hoekstra Eline | 03 | 08-021 | 32.79 | 25m | 26-11-23 | Hoofddorp (NED) | 479 |
| 4. van 't Veer Iris | 03 | 08-021 | 35.24 | 25m | 10-3-24 | Purmerend (NED) | 386 |
| 5. Groen Anne | 95 | 08-021 | 35.65 | 25m | 10-3-24 | Purmerend (NED) | 373 |
| 6. van Assema Eline | 05 | 08-021 | 36.26 | 25m | 10-3-24 | Purmerend (NED) | 354 |
| 7. Haasbroek Renske | 03 | 08-021 | 37.33 | 25m | 10-3-24 | Purmerend (NED) | 325 |
| 8. van Eerden Meike | 00 | 08-021 | 37.44 | 25m | 10-3-24 | Purmerend (NED) | 322 |
| 9. de Boer Maia | 03 | 08-021 | 37.73 | 25m | 10-3-24 | Purmerend (NED) | 314 |
| 10. Herwegh Binthy | 09 | 08-021 | 37.74 | 25m | 7-12-23 | Heemskerk (NED) | 314 |
| 11. de Haan Shira | 00 | 08-021 | 38.24 | 25m | 22-10-23 | Zaandam (NED) | 302 |
| 12. Siemerink Laura | 04 | 08-021 | 38.37 | 25m | 28-1-24 | Heemskerk (NED) | 299 |
| 13. de Roode Xara | 08 | 08-021 | 39.07 | 50m | 18-11-23 | Beverwijk (NED) | 332 |
| 14. Steenbakker Lisan | 07 | 08-021 | 41.47 | 25m | 7-12-23 | Heemskerk (NED) | 237 |
| 15. Gijzen-van der Kroft Nicole | 84 | 08-021 | 41.87 | 25m | 14-3-24 | Heemskerk (NED) | 230 |
| 16. Bos Marieke | 06 | 08-021 | 43.43 | 25m | 10-3-24 | Purmerend (NED) | 206 |
| 17. ten Cate Joyce | 80 | 08-021 | 44.01 | 25m | 14-3-24 | Heemskerk (NED) | 198 |
| 18. Oortwijn Jytte | 10 | 08-021 | 46.25 | 25m | 11-2-24 | Heemskerk (NED) | 170 |
| 19. Sahin Sümeyye Sena | 10 | 08-021 | 46.54 | 25m | 7-12-23 | Heemskerk (NED) | 167 |
| 20. de Groot Sjors | 08 | 08-021 | 47.67 | 50m | 8-6-24 | Bückeburg (GER) | 182 |
| 21. Butter Noor | 16 | 08-021 | 52.62 | 25m | 6-4-24 | Den Haag (NED) | 116 |
| 22. Oliveira Rocha Yara | 17 | 08-021 | 55.58 | 25m | 6-4-24 | Den Haag (NED) | 98 |
| 23. Banks Riley | 17 | 08-021 | 55.70 | 25m | 31-3-24 | Haarlem (NED) | 97 |
| 24. Herwegh Izayra Rena | 14 | 08-021 | 56.16 | 50m | 18-11-23 | Beverwijk (NED) | 111 |
| 25. Tilgenkamp Lentley | 13 | 08-021 | 56.72 | 25m | 23-6-24 | Krommenie (NED) | 92 |

100 rugslag

| | | | | | | | |
|------------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 1:08.97 | 25m | 28-1-24 | Heemskerk (NED) | 507 |
| 2. Hoekstra Eline | 03 | 08-021 | 1:10.95 | 25m | 28-1-24 | Heemskerk (NED) | 466 |
| 3. Groen Anne | 95 | 08-021 | 1:13.99 | 25m | 28-1-24 | Heemskerk (NED) | 411 |
| 4. van 't Veer Iris | 03 | 08-021 | 1:15.22 | 25m | 28-1-24 | Heemskerk (NED) | 391 |
| 5. Wentink Yara | 04 | 08-021 | 1:17.61 | 50m | 21-1-24 | Alkmaar (NED) | 419 |
| 6. Haasbroek Renske | 03 | 08-021 | 1:17.87 | 25m | 28-1-24 | Heemskerk (NED) | 352 |
| 7. Siemerink Laura | 04 | 08-021 | 1:17.96 | 25m | 28-1-24 | Heemskerk (NED) | 351 |
| 8. van Assema Eline | 05 | 08-021 | 1:18.04 | 25m | 7-12-23 | Heemskerk (NED) | 350 |
| 9. Herwegh Binthy | 09 | 08-021 | 1:18.13 | 25m | 7-12-23 | Heemskerk (NED) | 349 |
| 10. de Haan Shira | 00 | 08-021 | 1:19.12 | 25m | 7-12-23 | Heemskerk (NED) | 336 |
| 11. van Eerden Meike | 00 | 08-021 | 1:20.73 | 25m | 7-12-23 | Heemskerk (NED) | 316 |
| 12. de Roode Xara | 08 | 08-021 | 1:24.29 | 25m | 1-10-23 | Den Helder (NED) | 278 |
| 13. Steenbakker Lisan | 07 | 08-021 | 1:25.79 | 25m | 7-12-23 | Heemskerk (NED) | 263 |
| 14. ten Cate Joyce | 80 | 08-021 | 1:33.40 | 25m | 7-12-23 | Heemskerk (NED) | 204 |
| 15. Oortwijn Jytte | 10 | 08-021 | 1:35.54 | 25m | 11-2-24 | Heemskerk (NED) | 191 |
| 16. Sahin Sümeyye Sena | 10 | 08-021 | 1:36.62 | 25m | 7-12-23 | Heemskerk (NED) | 184 |
| 17. de Groot Sjors | 08 | 08-021 | 1:39.57 | 25m | 7-12-23 | Heemskerk (NED) | 168 |

200 rugslag

| | | | | | | | |
|---------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 2:35.76 | 25m | 1-10-23 | Den Helder (NED) | 448 |
| 2. Hoekstra Eline | 03 | 08-021 | 2:47.68 | 50m | 4-5-24 | Eindhoven (NED) | 404 |
| 3. Groen Anne | 95 | 08-021 | 2:49.45 | 50m | 4-5-24 | Eindhoven (NED) | 392 |
| 4. van 't Veer Iris | 03 | 08-021 | 2:52.92 | 50m | 8-6-24 | Bückeburg (GER) | 369 |
| 5. van Assema Eline | 05 | 08-021 | 2:54.09 | 25m | 1-10-23 | Den Helder (NED) | 321 |
| 6. Siemerink Laura | 04 | 08-021 | 2:57.55 | 25m | 1-10-23 | Den Helder (NED) | 302 |

500 rugslag**25 schoolslag**

| | | | | | | | |
|-------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Kragt Kirsten | 10 | 08-021 | 26.95 | 25m | 7-12-23 | Heemskerk (NED) | 120 |
| 2. Butter Noor | 16 | 08-021 | 27.44 | 25m | 21-4-24 | Krommenie (NED) | 114 |
| 3. Post Aijuna | 14 | 08-021 | 27.63 | 25m | 7-12-23 | Heemskerk (NED) | 112 |
| 4. Banks Riley | 17 | 08-021 | 27.93 | 25m | 21-4-24 | Krommenie (NED) | 108 |
| 5. Oliveira Rocha Yara | 17 | 08-021 | 27.94 | 25m | 21-4-24 | Krommenie (NED) | 108 |
| 6. van Laarhoven Salome | 15 | 08-021 | 28.64 | 25m | 21-4-24 | Krommenie (NED) | 100 |
| 7. Slotemaker Britt | 14 | 08-021 | 28.78 | 25m | 1-2-24 | Heemskerk (NED) | 99 |
| 8. Haack Fenna | 16 | 08-021 | 29.10 | 25m | 21-4-24 | Krommenie (NED) | 95 |
| 9. Badahi Lina | 10 | 08-021 | 29.34 | 25m | 7-12-23 | Heemskerk (NED) | 93 |
| 10. Haack Zowi | 18 | 08-021 | 37.61 | 25m | 31-3-24 | Haarlem (NED) | 44 |
| 11. Tilgenkamp Lentley | 13 | 08-021 | 39.17 | 25m | 7-12-23 | Heemskerk (NED) | 39 |

50 schoolslag

| | | | | | | | |
|---------------------------------|----|--------|-------|-----|----------|------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 38.67 | 25m | 13-1-24 | Hoofddorp (NED) | 406 |
| 2. Wentink Yara | 04 | 08-021 | 39.29 | 25m | 14-3-24 | Heemskerk (NED) | 387 |
| 3. de Haan Shira | 00 | 08-021 | 39.95 | 25m | 22-10-23 | Zaandam (NED) | 368 |
| 4. van 't Veer Iris | 03 | 08-021 | 40.16 | 25m | 14-3-24 | Heemskerk (NED) | 362 |
| 5. Hoekstra Eline | 03 | 08-021 | 40.27 | 25m | 14-3-24 | Heemskerk (NED) | 359 |
| 6. de Boer Maia | 03 | 08-021 | 40.52 | 25m | 21-9-23 | Heemskerk (NED) | 353 |
| 6. Herwegh Binthy | 09 | 08-021 | 40.52 | 25m | 13-1-24 | Hoofddorp (NED) | 353 |
| 8. Groen Anne | 95 | 08-021 | 41.03 | 25m | 21-9-23 | Heemskerk (NED) | 340 |
| 9. Siemerink Laura | 04 | 08-021 | 42.57 | 25m | 1-10-23 | Den Helder (NED) | 304 |
| 10. de Wildt Maud | 05 | 08-021 | 43.06 | 25m | 1-10-23 | Den Helder (NED) | 294 |
| 11. Oortwijn Jytte | 10 | 08-021 | 43.44 | 25m | 14-3-24 | Heemskerk (NED) | 286 |
| 12. Veldhuis Amelia | 03 | 08-021 | 44.00 | 25m | 1-10-23 | Den Helder (NED) | 275 |
| 13. van Assema Eline | 05 | 08-021 | 44.43 | 25m | 21-9-23 | Heemskerk (NED) | 267 |
| 14. Haasbroek Renske | 03 | 08-021 | 44.70 | 25m | 1-10-23 | Den Helder (NED) | 263 |
| 15. Gijzen-van der Kroft Nicole | 84 | 08-021 | 45.62 | 25m | 1-2-24 | Heemskerk (NED) | 247 |
| 16. Bos Marieke | 06 | 08-021 | 46.65 | 25m | 12-11-23 | Den Helder (NED) | 231 |
| 17. van Eerden Meike | 00 | 08-021 | 47.18 | 25m | 1-10-23 | Den Helder (NED) | 223 |
| 18. Sahin Sümeyye Sena | 10 | 08-021 | 49.18 | 25m | 21-9-23 | Heemskerk (NED) | 197 |
| 19. ten Cate Joyce | 80 | 08-021 | 49.50 | 25m | 21-9-23 | Heemskerk (NED) | 193 |
| 20. de Roode Xara | 08 | 08-021 | 49.90 | 25m | 14-3-24 | Heemskerk (NED) | 189 |
| 21. Bruins Julia | 06 | 08-021 | 52.16 | 25m | 4-4-24 | Heemskerk (NED) | 165 |
| 22. Steenbakker Lisan | 07 | 08-021 | 52.18 | 25m | 14-3-24 | Heemskerk (NED) | 165 |
| 23. de Groot Sjors | 08 | 08-021 | 55.96 | 25m | 21-9-23 | Heemskerk (NED) | 134 |
| 24. Banks Riley | 17 | 08-021 | 59.13 | 25m | 6-4-24 | Den Haag (NED) | 113 |
| 25. Slotemaker Britt | 14 | 08-021 | 59.34 | 25m | 21-4-24 | Krommenie (NED) | 112 |

100 schoolslag

| | | | | | | | |
|--------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 1:23.42 | 25m | 10-12-23 | Alkmaar (NED) | 417 |
| 2. de Haan Shira | 00 | 08-021 | 1:26.05 | 25m | 12-11-23 | Den Helder (NED) | 380 |
| 3. van 't Veer Iris | 03 | 08-021 | 1:26.58 | 25m | 28-1-24 | Heemskerk (NED) | 373 |
| 4. Herwegh Binthy | 09 | 08-021 | 1:30.60 | 25m | 15-10-23 | Alkmaar (NED) | 326 |
| 5. Siemerink Laura | 04 | 08-021 | 1:33.64 | 25m | 28-1-24 | Heemskerk (NED) | 295 |
| 6. Haasbroek Renske | 03 | 08-021 | 1:36.03 | 25m | 26-11-23 | Hoofddorp (NED) | 273 |
| 7. de Wildt Maud | 05 | 08-021 | 1:36.75 | 25m | 12-11-23 | Den Helder (NED) | 267 |
| 8. Oortwijn Jytte | 10 | 08-021 | 1:39.31 | 25m | 28-1-24 | Heemskerk (NED) | 247 |
| 9. Bos Marieke | 06 | 08-021 | 1:40.82 | 25m | 12-11-23 | Den Helder (NED) | 236 |
| 10. Sahin Sümeyye Sena | 10 | 08-021 | 1:49.76 | 25m | 28-1-24 | Heemskerk (NED) | 183 |
| 11. de Roode Xara | 08 | 08-021 | 1:50.12 | 25m | 28-1-24 | Heemskerk (NED) | 181 |
| 12. Bruins Julia | 06 | 08-021 | 1:50.34 | 25m | 4-4-24 | Heemskerk (NED) | 180 |
| 13. de Groot Sjors | 08 | 08-021 | 2:04.08 | 25m | 28-1-24 | Heemskerk (NED) | 126 |
| 14. Butter Noor | 16 | 08-021 | 2:09.10 | 25m | 4-4-24 | Heemskerk (NED) | 112 |
| 15. van Roon Jill | 14 | 08-021 | 2:17.13 | 25m | 4-4-24 | Heemskerk (NED) | 94 |
| 16. van Laarhoven Salome | 15 | 08-021 | 2:23.79 | 25m | 4-4-24 | Heemskerk (NED) | 81 |
| 17. Haack Fenna | 16 | 08-021 | 2:23.85 | 25m | 4-4-24 | Heemskerk (NED) | 81 |
| 18. van Dam Merel | 14 | 08-021 | 2:33.51 | 25m | 4-4-24 | Heemskerk (NED) | 67 |

200 schoolslag

| | | | | | | | |
|---------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Broek Jade | 97 | 08-021 | 3:01.31 | 25m | 12-11-23 | Den Helder (NED) | 408 |
| 2. van 't Veer Iris | 03 | 08-021 | 3:03.98 | 25m | 12-11-23 | Den Helder (NED) | 391 |
| 3. Herwegh Binthy | 09 | 08-021 | 3:07.69 | 25m | 15-10-23 | Alkmaar (NED) | 368 |
| 4. de Haan Shira | 00 | 08-021 | 3:09.51 | 25m | 12-11-23 | Den Helder (NED) | 358 |
| 5. de Wildt Maud | 05 | 08-021 | 3:20.81 | 25m | 12-11-23 | Den Helder (NED) | 300 |
| 6. Haasbroek Renske | 03 | 08-021 | 3:25.16 | 25m | 12-11-23 | Den Helder (NED) | 282 |
| 7. Bos Marieke | 06 | 08-021 | 3:36.60 | 25m | 12-11-23 | Den Helder (NED) | 239 |

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

| | | | | | | | |
|--------------------------|----|--------|-------|-----|---------|-----------------|-----|
| 1. Bruins Julia | 06 | 08-021 | 23.73 | 25m | 1-2-24 | Heemskerk (NED) | 104 |
| 2. Tilgenkamp Lentley | 13 | 08-021 | 25.30 | 25m | 21-4-24 | Krommenie (NED) | 86 |
| 3. Oliveira Rocha Yara | 17 | 08-021 | 25.62 | 25m | 1-4-24 | Haarlem (NED) | 83 |
| 4. Banks Riley | 17 | 08-021 | 26.60 | 25m | 1-4-24 | Haarlem (NED) | 74 |
| 5. Kragt Kirsten | 10 | 08-021 | 26.81 | 25m | 1-2-24 | Heemskerk (NED) | 72 |
| 6. Butter Noor | 16 | 08-021 | 29.22 | 25m | 1-2-24 | Heemskerk (NED) | 56 |
| 7. Haack Fenna | 16 | 08-021 | 30.60 | 25m | 23-6-24 | Krommenie (NED) | 48 |
| 8. van Dam Merel | 14 | 08-021 | 31.51 | 25m | 21-4-24 | Krommenie (NED) | 44 |
| 9. Slotemaker Britt | 14 | 08-021 | 33.64 | 25m | 3-3-24 | Krommenie (NED) | 36 |
| 10. van Laarhoven Salome | 15 | 08-021 | 33.65 | 25m | 1-2-24 | Heemskerk (NED) | 36 |
| 11. van Roon Jill | 14 | 08-021 | 40.85 | 25m | 1-2-24 | Heemskerk (NED) | 20 |

50 vlinderslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 29.22 | 25m | 28-1-24 | Heemskerk (NED) | 580 |
| 2. Hoekstra Eline | 03 | 08-021 | 31.01 | 50m | 2-6-24 | Amsterdam (NED) | 488 |
| 3. Broek Jade | 97 | 08-021 | 31.64 | 25m | 13-1-24 | Hoofddorp (NED) | 457 |
| 4. Siemerink Laura | 04 | 08-021 | 33.41 | 25m | 28-1-24 | Heemskerk (NED) | 388 |
| 5. de Haan Shira | 00 | 08-021 | 34.20 | 25m | 22-10-23 | Zaandam (NED) | 362 |
| 6. Groen Anne | 95 | 08-021 | 34.81 | 25m | 28-1-24 | Heemskerk (NED) | 343 |
| 7. Herwegh Binthy | 09 | 08-021 | 35.43 | 25m | 13-1-24 | Hoofddorp (NED) | 325 |
| 8. van 't Veer Iris | 03 | 08-021 | 36.58 | 25m | 28-1-24 | Heemskerk (NED) | 296 |
| 9. van Assema Eline | 05 | 08-021 | 36.72 | 25m | 7-12-23 | Heemskerk (NED) | 292 |
| 10. Haasbroek Renske | 03 | 08-021 | 38.10 | 25m | 22-10-23 | Zaandam (NED) | 262 |
| 11. de Wildt Maud | 05 | 08-021 | 38.39 | 25m | 12-11-23 | Den Helder (NED) | 256 |
| 12. de Boer Maia | 03 | 08-021 | 38.87 | 25m | 7-12-23 | Heemskerk (NED) | 246 |
| 13. Gijzen-van der Kroft Nicole | 84 | 08-021 | 39.47 | 25m | 14-3-24 | Heemskerk (NED) | 235 |
| 14. de Roode Xara | 08 | 08-021 | 40.88 | 25m | 12-11-23 | Den Helder (NED) | 212 |
| 14. van Eerden Meike | 00 | 08-021 | 40.88 | 25m | 7-12-23 | Heemskerk (NED) | 212 |
| 16. Steenbakker Lisan | 07 | 08-021 | 42.23 | 25m | 7-12-23 | Heemskerk (NED) | 192 |
| 17. Oortwijn Jytte | 10 | 08-021 | 43.65 | 25m | 28-1-24 | Heemskerk (NED) | 174 |
| 18. ten Cate Joyce | 80 | 08-021 | 46.10 | 25m | 7-12-23 | Heemskerk (NED) | 147 |
| 19. de Groot Sjors | 08 | 08-021 | 48.05 | 25m | 1-2-24 | Heemskerk (NED) | 130 |
| 20. Sahin Sümeyye Sena | 10 | 08-021 | 51.61 | 25m | 1-2-24 | Heemskerk (NED) | 105 |
| 21. Herwegh Izayra Rena | 14 | 08-021 | 1:04.71 | 50m | 18-11-23 | Beverwijk (NED) | 53 |

100 vlinderslag

| | | | | | | | |
|------------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 1:05.67 | 25m | 14-1-24 | Hoofddorp (NED) | 575 |
| 2. Hoekstra Eline | 03 | 08-021 | 1:09.89 | 25m | 12-11-23 | Den Helder (NED) | 477 |
| 3. Broek Jade | 97 | 08-021 | 1:13.11 | 25m | 14-1-24 | Hoofddorp (NED) | 416 |
| 4. de Haan Shira | 00 | 08-021 | 1:19.38 | 25m | 11-2-24 | Heemskerk (NED) | 325 |
| 5. Siemerink Laura | 04 | 08-021 | 1:20.28 | 25m | 12-11-23 | Den Helder (NED) | 314 |
| 6. Groen Anne | 95 | 08-021 | 1:20.70 | 25m | 1-2-24 | Heemskerk (NED) | 309 |
| 7. van 't Veer Iris | 03 | 08-021 | 1:21.64 | 25m | 1-2-24 | Heemskerk (NED) | 299 |
| 8. Herwegh Binthy | 09 | 08-021 | 1:24.22 | 25m | 12-11-23 | Den Helder (NED) | 272 |
| 9. Haasbroek Renske | 03 | 08-021 | 1:28.72 | 25m | 1-2-24 | Heemskerk (NED) | 233 |
| 10. van Eerden Meike | 00 | 08-021 | 1:32.13 | 25m | 1-2-24 | Heemskerk (NED) | 208 |
| 11. Steenbakker Lisan | 07 | 08-021 | 1:35.44 | 25m | 10-3-24 | Purmerend (NED) | 187 |
| 12. de Roode Xara | 08 | 08-021 | 1:35.86 | 25m | 1-2-24 | Heemskerk (NED) | 184 |
| 13. Oortwijn Jytte | 10 | 08-021 | 1:43.22 | 25m | 1-2-24 | Heemskerk (NED) | 148 |
| 14. de Groot Sjors | 08 | 08-021 | 1:44.36 | 25m | 1-2-24 | Heemskerk (NED) | 143 |
| 15. Sahin Sümeyye Sena | 10 | 08-021 | 1:54.96 | 25m | 1-2-24 | Heemskerk (NED) | 107 |

200 vlinderslag

| | | | | | | | |
|-------------------|----|--------|---------|-----|---------|-----------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 2:34.17 | 25m | 10-3-24 | Purmerend (NED) | 466 |
| 2. Hoekstra Eline | 03 | 08-021 | 2:39.81 | 25m | 10-3-24 | Purmerend (NED) | 419 |
| 3. Broek Jade | 97 | 08-021 | 2:59.95 | 25m | 10-3-24 | Purmerend (NED) | 293 |

1000 vlinderslag

| | | | | | | |
|-----------------|----|--------|----------|-----|--------|---------------|
| 1. Wentink Yara | 04 | 08-021 | 15:45.31 | 25m | 7-1-24 | Haarlem (NED) |
|-----------------|----|--------|----------|-----|--------|---------------|

100 wisselslag

| | | | | | | | |
|---------------------------------|----|--------|---------|-----|---------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 1:10.70 | 25m | 4-4-24 | Heemskerk (NED) | 510 |
| 2. Hoekstra Eline | 03 | 08-021 | 1:13.25 | 25m | 10-3-24 | Purmerend (NED) | 459 |
| 3. Broek Jade | 97 | 08-021 | 1:14.37 | 25m | 4-4-24 | Heemskerk (NED) | 438 |
| 4. Groen Anne | 95 | 08-021 | 1:16.36 | 25m | 4-4-24 | Heemskerk (NED) | 405 |
| 5. van 't Veer Iris | 03 | 08-021 | 1:16.70 | 25m | 10-3-24 | Purmerend (NED) | 399 |
| 6. Herwegh Binthy | 09 | 08-021 | 1:17.99 | 25m | 4-4-24 | Heemskerk (NED) | 380 |
| 7. de Haan Shira | 00 | 08-021 | 1:18.25 | 25m | 1-10-23 | Den Helder (NED) | 376 |
| 8. Siemerink Laura | 04 | 08-021 | 1:19.01 | 25m | 1-10-23 | Den Helder (NED) | 365 |
| 9. de Boer Maia | 03 | 08-021 | 1:19.11 | 25m | 1-10-23 | Den Helder (NED) | 364 |
| 10. Haasbroek Renske | 03 | 08-021 | 1:19.95 | 25m | 4-4-24 | Heemskerk (NED) | 353 |
| 11. van Assema Eline | 05 | 08-021 | 1:20.57 | 25m | 10-3-24 | Purmerend (NED) | 345 |
| 12. de Roode Xara | 08 | 08-021 | 1:24.01 | 25m | 4-4-24 | Heemskerk (NED) | 304 |
| 13. van Eerden Meike | 00 | 08-021 | 1:24.88 | 25m | 1-10-23 | Den Helder (NED) | 295 |
| 14. Veldhuis Amelia | 03 | 08-021 | 1:25.00 | 25m | 1-10-23 | Den Helder (NED) | 293 |
| 15. Gijzen-van der Kroft Nicole | 84 | 08-021 | 1:25.84 | 25m | 4-4-24 | Heemskerk (NED) | 285 |
| 16. Steenbakker Lisan | 07 | 08-021 | 1:28.88 | 25m | 4-4-24 | Heemskerk (NED) | 257 |
| 17. Bos Marieke | 06 | 08-021 | 1:30.50 | 25m | 4-4-24 | Heemskerk (NED) | 243 |
| 18. ten Cate Joyce | 80 | 08-021 | 1:34.21 | 25m | 4-4-24 | Heemskerk (NED) | 215 |
| 19. de Groot Sjors | 08 | 08-021 | 1:42.12 | 25m | 4-4-24 | Heemskerk (NED) | 169 |
| 20. van Laarhoven Salome | 15 | 08-021 | 2:26.39 | 25m | 21-4-24 | Krommenie (NED) | 57 |
| 21. van Dam Merel | 14 | 08-021 | 2:34.27 | 25m | 1-10-23 | Den Helder (NED) | 49 |

200 wisselslag

| | | | | | | | |
|---------------------|----|--------|---------|-----|----------|------------------|-----|
| 1. Wentink Yara | 04 | 08-021 | 2:35.23 | 25m | 31-3-24 | Haarlem (NED) | 483 |
| 2. Hoekstra Eline | 03 | 08-021 | 2:37.75 | 25m | 12-11-23 | Den Helder (NED) | 460 |
| 3. Broek Jade | 97 | 08-021 | 2:39.66 | 25m | 12-11-23 | Den Helder (NED) | 444 |
| 4. van 't Veer Iris | 03 | 08-021 | 2:44.84 | 25m | 12-11-23 | Den Helder (NED) | 404 |
| 5. Groen Anne | 95 | 08-021 | 2:48.49 | 25m | 12-11-23 | Den Helder (NED) | 378 |
| 6. Haasbroek Renske | 03 | 08-021 | 2:56.18 | 25m | 12-11-23 | Den Helder (NED) | 330 |
| 7. de Wildt Maud | 05 | 08-021 | 2:57.09 | 25m | 12-11-23 | Den Helder (NED) | 325 |
| 8. de Roode Xara | 08 | 08-021 | 3:10.70 | 25m | 12-11-23 | Den Helder (NED) | 260 |
| 9. Oortwijn Jytte | 10 | 08-021 | 3:22.37 | 25m | 28-1-24 | Heemskerk (NED) | 218 |
| 10. de Groot Sjors | 08 | 08-021 | 3:59.53 | 50m | 8-6-24 | Bückeburg (GER) | 145 |

300 wisselslag**400 wisselslag**

| | | | | | | | |
|----------------------|----|--------|---------|-----|----------|-----------------|-----|
| 1. Hoekstra Eline | 03 | 08-021 | 5:34.73 | 25m | 26-11-23 | Hoofddorp (NED) | 462 |
| 2. de Roode Xara | 08 | 08-021 | 6:47.22 | 25m | 10-3-24 | Purmerend (NED) | 257 |
| 3. Steenbakker Lisan | 07 | 08-021 | 7:04.24 | 25m | 10-3-24 | Purmerend (NED) | 227 |
| 4. de Groot Sjors | 08 | 08-021 | 7:48.16 | 25m | 10-3-24 | Purmerend (NED) | 169 |