

16 jaar, Heren, Lange baan (50m)

1-1-1900-31-7-2024

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Gaal Roel	01	08-021	26.40	50m	27-5-17	Alkmaar (NED)	496
2. Schelvis Sjeng	89	08-021	26.89	50m	21-5-05	Beverwijk (NED)	470
3. Hogenstijn Peter	84	08-021	27.04	50m	22-10-00	Beverwijk (NED)	462
4. Crok Pieter	91	08-021	27.57	50m	12-5-07	Beverwijk (NED)	436
5. Kleijne Barry	93	08-021	27.63	50m	16-5-09	Beverwijk (NED)	433
6. van der Gracht Jory	87	08-021	27.89	50m	12-10-03	Beverwijk (NED)	421
7. Butter Martijn	79	08-021	28.00	50m	10-6-95	Beverwijk (NED)	416
7. Jongert Sjoerd	01	08-021	28.00	50m	26-3-17	Alkmaar (NED)	416
9. Offringa Rick	03	08-021	28.10	50m	11-5-19	Alkmaar (NED)	412
10. de Wit Stephen	93	08-021	28.52	50m	16-5-09	Beverwijk (NED)	394
11. Stins Arnold	83	08-021	28.58	50m	29-5-99	Beverwijk (NED)	391
12. de Ruijter René	86	08-021	28.64	50m	20-10-02	Beverwijk (NED)	389
13. Groen Jarno	01	08-021	28.73	50m	27-5-17	Alkmaar (NED)	385
14. Kuijper Alex	08	08-021	28.75	50m	21-4-24	Alkmaar (NED)	384
15. van Vegten Teun	01	08-021	28.78	50m	5-2-17	Alkmaar (NED)	383
16. Woudsma Stefan	00	08-021	28.97	50m	4-6-16	Alkmaar (NED)	376
17. de Caluwé Niels	91	08-021	29.07	50m	22-4-07	Antwerpen (BEL)	372
18. Schoonakker Mick	07	08-021	29.23	50m	19-3-23	Alkmaar (NED)	366
19. Gaal Koen	99	08-021	29.52	50m	16-5-15	Beverwijk (NED)	355
20. de Vries Allard	96	08-021	29.66	50m	12-5-12	Beverwijk (NED)	350
21. Butter Joris	86	08-021	29.77	50m	20-10-02	Beverwijk (NED)	346
22. Lamers Koen	91	08-021	29.79	50m	6-5-07	Eindhoven (NED)	345
23. Krijger Jan-Willem	81	08-021	29.80	50m	9-11-97	Beverwijk (NED)	345
24. Tijms Stefan	93	08-021	30.77	50m	5-12-09	Beverwijk (NED)	313
25. Schillemans Bram	99	08-021	30.89	50m	20-6-15	Beverwijk (NED)	310

100 vrije slag

1. Gaal Roel	01	08-021	56.63	50m	16-6-17	Eindhoven (NED)	568
2. Schelvis Sjeng	89	08-021	59.17	50m	12-6-05	Amsterdam (NED)	498
3. Crok Pieter	91	08-021	59.47	50m	6-5-07	Eindhoven (NED)	490
4. Jongert Sjoerd	01	08-021	1:01.25	50m	18-6-17	Bergbad Bückeberg (GER)	449
5. Kleijne Barry	93	08-021	1:01.54	50m	6-6-09	Beverwijk (NED)	442
6. Butter Martijn	79	08-021	1:01.70	50m	20-5-95	Beverwijk (NED)	439
7. de Wit Stephen	93	08-021	1:02.18	50m	17-5-09	Alkmaar (NED)	429
8. Offringa Rick	03	08-021	1:02.83	50m	20-1-19	Alkmaar (NED)	416
9. Groen Jarno	01	08-021	1:03.57	50m	19-2-17	Amsterdam (NED)	401
10. Glorie Daan	88	08-021	1:03.62	50m	9-5-04	Beverwijk (NED)	400
11. van der Gracht Jory	87	08-021	1:03.66	50m	18-5-03	Beverwijk (NED)	400
12. Woudsma Stefan	00	08-021	1:03.97	50m	29-5-16	Alkmaar (NED)	394
13. van Vegten Teun	01	08-021	1:04.81	50m	2-4-17	Alkmaar (NED)	379
14. van Rookhuizen Barry	82	08-021	1:05.46	50m	25-10-98	Beverwijk (NED)	368
15. Stins Arnold	83	08-021	1:05.54	50m	30-5-99	Beverwijk (NED)	366
16. Kramer Vincent	82	08-021	1:05.89	50m	25-10-98	Beverwijk (NED)	360
17. Gaal Koen	99	08-021	1:05.90	50m	20-6-15	Beverwijk (NED)	360
18. de Caluwé Niels	91	08-021	1:06.57	50m	21-4-07	Antwerpen (BEL)	349
19. de Vries Allard	96	08-021	1:06.63	50m	9-6-12	Beverwijk (NED)	348
20. Schoonakker Mick	07	08-021	1:07.92	50m	13-5-23	Amsterdam (NED)	329
21. Tijms Stefan	93	08-021	1:09.36	50m	6-6-09	Beverwijk (NED)	309
22. Schillemans Bram	99	08-021	1:09.51	50m	20-6-15	Beverwijk (NED)	307
23. Steenbergen Roderik	82	08-021	1:09.52	50m	25-10-98	Beverwijk (NED)	307
24. Dekker Erik	62	08-021	1:09.70	50m	11-6-78	Beverwijk (NED)	304
25. Oudendijk Paul	81	08-021	1:10.40	50m	7-6-97	Beverwijk (NED)	295

200 vrije slag

1. Gaal Roel	01	08-021	2:07.40	50m	28-5-17	Alkmaar (NED)	513
2. Crok Pieter	91	08-021	2:13.86	50m	22-4-07	Antwerpen (BEL)	442
3. Butter Martijn	79	08-021	2:16.00	50m	21-5-95	Beverwijk (NED)	421
4. Offringa Rick	03	08-021	2:16.56	50m	17-3-19	Alkmaar (NED)	416
5. Stins Arnold	83	08-021	2:16.91	50m	6-6-99	Beverwijk (NED)	413
6. Jongert Sjoerd	01	08-021	2:18.36	50m	28-5-17	Alkmaar (NED)	400
7. Glorie Daan	88	08-021	2:18.96	50m	16-5-04	Beverwijk (NED)	395
8. Kleijne Barry	93	08-021	2:20.61	50m	24-5-09	Beverwijk (NED)	381
9. van der Gracht Jory	87	08-021	2:20.69	50m	25-5-03	Beverwijk (NED)	381
10. Woudsma Stefan	00	08-021	2:23.34	50m	5-6-16	Alkmaar (NED)	360
11. van Vegten Teun	01	08-021	2:28.70	50m	28-5-17	Alkmaar (NED)	322
12. Groen Jarno	01	08-021	2:32.97	50m	2-4-17	Alkmaar (NED)	296
13. Butter Joris	86	08-021	2:35.16	50m	21-4-02	Beverwijk (NED)	284
14. Kuijper Alex	08	08-021	2:39.86	50m	17-3-24	Alkmaar (NED)	259
15. Hoenink Sten	84	08-021	2:47.99	50m	7-5-00	Beverwijk (NED)	223
16. de Wit Matthew	97	08-021	2:52.62	50m	5-5-13	Antwerpen (BEL)	206

250 vrije slag**300 vrije slag**

1. Woudsma Stefan	00	08-021	3:52.39	50m	30-4-16	Alkmaar (NED)	332
2. Kuijper Alex	08	08-021	4:10.64	50m	17-3-24	Alkmaar (NED)	265
3. de Wit Matthew	97	08-021	4:28.89	50m	21-6-13	Utrecht (NED)	214

400 vrije slag

1. Butter Martijn	79	08-021	4:44.70	50m	27-5-95	Beverwijk (NED)	461
2. Schelvis Sjeng	89	08-021	4:48.10	50m	28-5-05	Beverwijk (NED)	445
3. Gaal Roel	01	08-021	4:51.64	50m	21-5-17	Alkmaar (NED)	429
4. Crok Pieter	91	08-021	4:54.78	50m	19-5-07	Beverwijk (NED)	416
5. Kleijne Barry	93	08-021	4:58.12	50m	29-3-09	Alkmaar (NED)	402
6. Jongert Sjoerd	01	08-021	5:06.59	50m	2-4-17	Alkmaar (NED)	369
7. Woudsma Stefan	00	08-021	5:10.24	50m	30-4-16	Alkmaar (NED)	356
8. Groen Jarno	01	08-021	5:11.89	50m	2-4-17	Alkmaar (NED)	351
9. Kuijper Alex	08	08-021	5:40.29	50m	17-3-24	Alkmaar (NED)	270
10. de Wit Matthew	97	08-021	6:00.85	50m	5-5-13	Antwerpen (BEL)	226

500 vrije slag**800 vrije slag**

1. Crok Pieter	91	08-021	10:39.58	50m	20-4-07	Antwerpen (BEL)	353
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1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:40.70	50m	14-5-95	Beverwijk (NED)	469
2. Crok Pieter	91	08-021	20:17.49	50m	20-4-07	Antwerpen (BEL)	366

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag**50 rugslag**

1. de Wit Stephen	93	08-021	32.56	50m	17-5-09	Alkmaar (NED)	402
2. Kleijne Barry	93	08-021	32.74	50m	17-5-09	Alkmaar (NED)	395
3. Gaal Roel	01	08-021	34.02	50m	9-12-17	Beverwijk (NED)	352
4. Offringa Rick	03	08-021	34.29	50m	24-2-19	Den Haag (NED)	344
5. Groen Jarno	01	08-021	34.55	50m	9-12-17	Beverwijk (NED)	336
6. van Vegten Teun	01	08-021	34.78	50m	28-5-17	Alkmaar (NED)	330
7. Woudsma Stefan	00	08-021	34.80	50m	4-6-16	Alkmaar (NED)	329
8. Schoonakker Mick	07	08-021	35.28	50m	13-5-23	Amsterdam (NED)	316
9. Crok Pieter	91	08-021	35.31	50m	22-4-07	Antwerpen (BEL)	315
10. Kuijper Alex	08	08-021	35.82	50m	17-3-24	Alkmaar (NED)	302
11. de Caluwé Niels	91	08-021	36.02	50m	22-4-07	Antwerpen (BEL)	297
12. Schillemans Bram	99	08-021	37.90	50m	5-12-15	Beverwijk (NED)	255
13. de Wit Matthew	97	08-021	43.91	50m	12-5-13	Beverwijk (NED)	164

100 rugslag

1. Schelvis Sjeng	89	08-021	1:09.99	50m	21-5-05	Beverwijk (NED)	406
2. Essers Tim	88	08-021	1:10.26	50m	25-4-04	Beverwijk (NED)	401
3. Offringa Rick	03	08-021	1:11.34	50m	17-3-19	Alkmaar (NED)	383
4. Hermans Luuk	85	08-021	1:11.42	50m	29-4-01	Beverwijk (NED)	382
5. Butter Martijn	79	08-021	1:11.70	50m	13-5-95	Beverwijk (NED)	378
6. Crok Pieter	91	08-021	1:12.87	50m	12-5-07	Beverwijk (NED)	360
7. de Wit Stephen	93	08-021	1:12.89	50m	16-5-09	Beverwijk (NED)	359
8. Oudendijk Paul	81	08-021	1:12.90	50m	24-5-97	Beverwijk (NED)	359
9. Gaal Koen	99	08-021	1:13.41	50m	21-6-15	Beverwijk (NED)	352
10. Steenbergen Roderik	82	08-021	1:14.48	50m	25-10-98	Beverwijk (NED)	337
11. Kleijne Barry	93	08-021	1:14.58	50m	16-5-09	Beverwijk (NED)	336
12. Gaal Roel	01	08-021	1:15.05	50m	17-6-17	Bergbad Bückeberg (GER)	329
13. Jongert Sjoerd	01	08-021	1:17.31	50m	21-5-17	Alkmaar (NED)	301
14. Glorie Daan	88	08-021	1:17.76	50m	8-5-04	Beverwijk (NED)	296
15. Oortwijn Maarten	80	08-021	1:18.40	50m	2-6-96	Beverwijk (NED)	289
16. Stins Arnold	83	08-021	1:18.61	50m	29-5-99	Beverwijk (NED)	286
17. van Vegten Teun	01	08-021	1:18.72	50m	5-2-17	Alkmaar (NED)	285
18. Kramer Vincent	82	08-021	1:18.85	50m	25-10-98	Beverwijk (NED)	284
19. Groen Jarno	01	08-021	1:18.96	50m	19-2-17	Amsterdam (NED)	283
20. Kuijper Alex	08	08-021	1:19.50	50m	21-4-24	Alkmaar (NED)	277
21. Woudsma Stefan	00	08-021	1:20.08	50m	28-5-16	Alkmaar (NED)	271
22. de Vries Allard	96	08-021	1:21.83	50m	10-6-12	Beverwijk (NED)	254
23. de Ruijter Richard	88	08-021	1:22.49	50m	8-5-04	Beverwijk (NED)	248
24. Borst Corné	96	08-021	1:22.75	50m	10-6-12	Beverwijk (NED)	246
25. Schillemans Bram	99	08-021	1:23.06	50m	22-2-15	Alkmaar (NED)	243

200 rugslag

1. Kleijne Barry	93	08-021	2:33.33	50m	24-5-09	Beverwijk (NED)	388
2. Oudendijk Paul	81	08-021	2:35.50	50m	1-6-97	Beverwijk (NED)	372
3. Butter Martijn	79	08-021	2:35.60	50m	28-5-95	Beverwijk (NED)	372
4. Crok Pieter	91	08-021	2:37.27	50m	20-5-07	Beverwijk (NED)	360
5. Hermans Luuk	85	08-021	2:37.59	50m	19-5-01	Beverwijk (NED)	358
6. Gaal Koen	99	08-021	2:39.98	50m	31-5-15	Alkmaar (NED)	342
7. Kuijper Alex	08	08-021	2:42.06	50m	21-4-24	Alkmaar (NED)	329
8. Woudsma Stefan	00	08-021	2:44.91	50m	28-5-16	Alkmaar (NED)	312
9. Hoenink Jarl	86	08-021	2:47.06	50m	26-5-02	Beverwijk (NED)	300
10. Groen Jarno	01	08-021	2:47.72	50m	20-5-17	Alkmaar (NED)	297
11. Gaal Roel	01	08-021	2:47.82	50m	20-5-17	Alkmaar (NED)	296
12. Jongert Sjoerd	01	08-021	2:49.40	50m	20-5-17	Alkmaar (NED)	288
13. Essers Tim	88	08-021	2:50.39	50m	16-5-04	Beverwijk (NED)	283

500 rugslag**25 schoolslag****50 schoolslag**

1. de Ruijter Richard	88	08-021	35.62	50m	16-5-04	Beverwijk (NED)	386
2. Hermans Luuk	85	08-021	36.79	50m	19-5-01	Beverwijk (NED)	350
3. Crok Pieter	91	08-021	37.51	50m	22-4-07	Antwerpen (BEL)	331
4. Jongert Sjoerd	01	08-021	37.92	50m	26-3-17	Alkmaar (NED)	320
5. de Caluwé Niels	91	08-021	39.26	50m	6-5-07	Eindhoven (NED)	288
6. Gaal Roel	01	08-021	40.86	50m	27-5-17	Alkmaar (NED)	256
7. Gaal Koen	99	08-021	41.22	50m	15-3-15	Beverwijk (NED)	249
8. Lamers Koen	91	08-021	42.84	50m	6-5-07	Eindhoven (NED)	222
9. Tijms Stefan	93	08-021	43.17	50m	5-12-09	Beverwijk (NED)	217
10. Woudsma Stefan	00	08-021	44.14	50m	3-12-16	Beverwijk (NED)	203
11. Schoonakker Mick	07	08-021	44.41	50m	11-6-23	Bückeburg (GER)	199
12. Paap Jaidy	08	08-021	46.58	50m	17-3-24	Alkmaar (NED)	172
13. Schillemans Bram	99	08-021	49.02	50m	5-12-15	Beverwijk (NED)	148
14. de Wit Matthew	97	08-021	1:02.64	50m	16-2-13	Amiens (FRA)	71

100 schoolslag

1. de Boer Stephan	83	08-021	1:20.08	50m	2-5-99	Beverwijk (NED)	363
2. Hermans Luuk	85	08-021	1:22.69	50m	19-5-01	Beverwijk (NED)	329
3. Crok Pieter	91	08-021	1:23.26	50m	19-5-07	Beverwijk (NED)	323
4. Jongert Sjoerd	01	08-021	1:24.67	50m	5-2-17	Alkmaar (NED)	307
5. Essers Tim	88	08-021	1:25.25	50m	25-4-04	Beverwijk (NED)	300
6. Stins Arnold	83	08-021	1:26.29	50m	5-6-99	Beverwijk (NED)	290
7. van der Gracht Jory	87	08-021	1:26.71	50m	12-10-03	Beverwijk (NED)	286
8. Butter Martijn	79	08-021	1:27.00	50m	10-6-95	Beverwijk (NED)	283
9. Butter Joris	86	08-021	1:27.83	50m	20-10-02	Beverwijk (NED)	275
10. de Caluwé Niels	91	08-021	1:28.48	50m	21-4-07	Antwerpen (BEL)	269
11. Oudendijk Paul	81	08-021	1:29.30	50m	7-6-97	Beverwijk (NED)	261
12. van Rookhuizen Barry	82	08-021	1:29.57	50m	25-10-98	Beverwijk (NED)	259
13. Steenbergen Roderik	82	08-021	1:30.36	50m	25-10-98	Beverwijk (NED)	252
14. Hoenink Jarl	86	08-021	1:30.89	50m	20-10-02	Beverwijk (NED)	248
15. Gaal Roel	01	08-021	1:33.41	50m	28-5-17	Alkmaar (NED)	228

100 schoolslag (sinds 16)

16. de Vries Allard	96	08-021	1:35.66	50m	9-6-12	Beverwijk (NED)	213
17. de Ruijter René	86	08-021	1:36.16	50m	20-10-02	Beverwijk (NED)	209
18. Krijger Jan-Willem	81	08-021	1:37.60	50m	7-6-97	Beverwijk (NED)	200
19. van Vegten Teun	01	08-021	1:43.43	50m	2-4-17	Alkmaar (NED)	168
20. de Wit Matthew	97	08-021	2:16.84	50m	16-2-13	Amiens (FRA)	72

200 schoolslag

1. Hogenstijn Peter	84	08-021	2:54.79	50m	22-10-00	Beverwijk (NED)	380
2. de Ruijter Richard	88	08-021	2:55.73	50m	8-5-04	Beverwijk (NED)	374
3. Crok Pieter	91	08-021	3:00.76	50m	12-5-07	Beverwijk (NED)	344
4. Jongert Sjoerd	01	08-021	3:02.07	50m	5-2-17	Alkmaar (NED)	336
5. Oudendijk Paul	81	08-021	3:03.30	50m	9-11-97	Beverwijk (NED)	330
6. van der Gracht Jory	87	08-021	3:05.56	50m	17-5-03	Beverwijk (NED)	318
7. Stins Arnold	83	08-021	3:07.06	50m	29-5-99	Beverwijk (NED)	310
8. Krijger Jan-Willem	81	08-021	3:15.50	50m	9-11-97	Beverwijk (NED)	272

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

50 vlinderslag

1. Schelvis Sjeng	89	08-021	28.70	50m	28-5-05	Beverwijk (NED)	477
2. van der Gracht Jory	87	08-021	30.94	50m	24-5-03	Beverwijk (NED)	381
3. Kemmeren Ferry	91	08-021	31.12	50m	19-5-07	Beverwijk (NED)	374
4. Crok Pieter	91	08-021	31.18	50m	19-5-07	Beverwijk (NED)	372
5. van Rookhuizen Barry	82	08-021	31.57	50m	25-10-98	Beverwijk (NED)	358
6. Kleijne Barry	93	08-021	31.62	50m	23-5-09	Beverwijk (NED)	356
7. Lamers Koen	91	08-021	31.74	50m	19-5-07	Beverwijk (NED)	352
8. Jongert Sjoerd	01	08-021	31.87	50m	21-5-17	Alkmaar (NED)	348
9. Glorie Daan	88	08-021	31.95	50m	15-5-04	Beverwijk (NED)	345
10. Hermans Luuk	85	08-021	32.17	50m	19-5-01	Beverwijk (NED)	338
11. Kramer Vincent	82	08-021	32.71	50m	25-10-98	Beverwijk (NED)	322
12. Offringa Rick	03	08-021	32.79	50m	24-2-19	Den Haag (NED)	320
13. Stins Arnold	83	08-021	33.09	50m	5-6-99	Beverwijk (NED)	311
14. Woudsma Stefan	00	08-021	33.74	50m	13-3-16	Alkmaar (NED)	293
15. van Vegten Teun	01	08-021	33.87	50m	21-5-17	Alkmaar (NED)	290
16. Kuijper Alex	08	08-021	34.22	50m	21-4-24	Alkmaar (NED)	281
17. Schoonakker Mick	07	08-021	35.82	50m	10-6-23	Bückeburg (GER)	245
18. Schillemans Bram	99	08-021	40.47	50m	5-12-15	Beverwijk (NED)	170

100 vlinderslag

1. Schelvis Sjeng	89	08-021	1:05.63	50m	29-5-05	Beverwijk (NED)	437
2. van der Gracht Jory	87	08-021	1:10.00	50m	29-3-03	Beverwijk (NED)	360
3. Kemmeren Ferry	91	08-021	1:10.39	50m	20-5-07	Beverwijk (NED)	354
4. Jongert Sjoerd	01	08-021	1:10.79	50m	26-3-17	Alkmaar (NED)	348
5. Glorie Daan	88	08-021	1:11.60	50m	16-5-04	Beverwijk (NED)	336
6. Essers Tim	88	08-021	1:12.45	50m	25-4-04	Beverwijk (NED)	325
7. Butter Martijn	79	08-021	1:13.00	50m	27-5-95	Beverwijk (NED)	317
8. Kleijne Barry	93	08-021	1:13.56	50m	7-6-09	Beverwijk (NED)	310
9. de Wit Stephen	93	08-021	1:15.21	50m	7-6-09	Beverwijk (NED)	290
10. Lamers Koen	91	08-021	1:15.29	50m	6-5-07	Eindhoven (NED)	289
11. Stins Arnold	83	08-021	1:15.95	50m	6-6-99	Beverwijk (NED)	282
12. Crok Pieter	91	08-021	1:16.16	50m	20-5-07	Beverwijk (NED)	279
13. Offringa Rick	03	08-021	1:17.02	50m	18-5-19	Amersfoort (NED)	270
14. Oortwijn Maarten	80	08-021	1:17.50	50m	2-6-96	Beverwijk (NED)	265
15. Krijger Jan-Willem	81	08-021	1:17.70	50m	8-6-97	Beverwijk (NED)	263
16. van Vegten Teun	01	08-021	1:19.94	50m	5-2-17	Alkmaar (NED)	242
17. Groen Jarno	01	08-021	1:20.96	50m	20-5-17	Alkmaar (NED)	233
18. Hoenink Jarl	86	08-021	1:22.14	50m	2-6-02	Beverwijk	223
19. Schoonakker Mick	07	08-021	1:26.32	50m	10-6-23	Bückeburg (GER)	192
20. de Vries Allard	96	08-021	1:30.38	50m	10-6-12	Beverwijk (NED)	167
21. Schillemans Bram	99	08-021	1:32.37	50m	21-6-15	Beverwijk (NED)	156
22. Borst Corné	96	08-021	1:32.52	50m	10-6-12	Beverwijk (NED)	156
23. Hoenink Sten	84	08-021	1:44.59	50m	4-6-00	Beverwijk (NED)	108

200 vlinderslag

1. Jongert Sjoerd	01	08-021	2:42.39	50m	27-5-17	Alkmaar (NED)	323
2. Stins Arnold	83	08-021	2:47.29	50m	30-5-99	Beverwijk (NED)	296
3. van der Gracht Jory	87	08-021	2:47.43	50m	18-5-03	Beverwijk (NED)	295
4. Schelvis Sjeng	89	08-021	2:48.53	50m	17-4-05	Beverwijk (NED)	289
5. Kemmeren Ferry	91	08-021	2:53.27	50m	13-5-07	Alkmaar (NED)	266
6. Kleijne Barry	93	08-021	2:56.57	50m	17-5-09	Alkmaar (NED)	251
7. Groen Jarno	01	08-021	3:09.85	50m	2-4-17	Alkmaar (NED)	202

1000 vlinderslag**100 wisselslag****200 wisselslag**

1. Schelvis Sjeng	89	08-021	2:32.03	50m	21-5-05	Beverwijk (NED)	421
2. Offringa Rick	03	08-021	2:33.76	50m	11-5-19	Alkmaar (NED)	407
3. Butter Martijn	79	08-021	2:34.30	50m	20-5-95	Beverwijk (NED)	403
4. Jongert Sjoerd	01	08-021	2:36.25	50m	27-5-17	Alkmaar (NED)	388
5. Stins Arnold	83	08-021	2:37.62	50m	2-5-99	Beverwijk (NED)	378
6. Crok Pieter	91	08-021	2:38.85	50m	12-5-07	Beverwijk (NED)	369
7. de Ruijter Richard	88	08-021	2:40.85	50m	8-5-04	Beverwijk (NED)	356
8. Woudsma Stefan	00	08-021	2:44.63	50m	28-5-16	Alkmaar (NED)	332
9. de Boer Stephan	83	08-021	2:46.51	50m	2-5-99	Beverwijk (NED)	320
10. Glorie Daan	88	08-021	2:46.78	50m	25-4-04	Beverwijk (NED)	319
11. Groen Jarno	01	08-021	2:47.86	50m	27-5-17	Alkmaar (NED)	313
12. van Vegten Teun	01	08-021	2:51.25	50m	5-2-17	Alkmaar (NED)	295
13. Hoenink Sten	84	08-021	3:10.90	50m	7-5-00	Beverwijk (NED)	212

300 wisselslag**400 wisselslag**

1. Offringa Rick	03	08-021	5:30.27	50m	18-5-19	Amersfoort (NED)	402
2. Butter Martijn	79	08-021	5:31.30	50m	21-5-95	Beverwijk (NED)	398