

16 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2024

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag**

1. Meijer Arno	75	08-021	12.10	25m	16-5-91	Heemskerk (NED)	429
2. van Rookhuizen Barry	82	08-021	12.60	25m	12-2-98	Heemskerk (NED)	380
3. de Boer Stephan	83	08-021	12.63	25m	25-3-99	Heemskerk (NED)	377
4. Butter Martijn	79	08-021	12.70	25m	27-4-95	Heemskerk (NED)	371
4. Oortwijn Maarten	80	08-021	12.70	25m	14-3-96	Heemskerk (NED)	371
6. Stins Arnold	83	08-021	12.83	25m	25-3-99	Heemskerk (NED)	360
7. Hulshof Patrick	75	08-021	12.90	25m	16-5-91	Heemskerk (NED)	354
8. Crok Pieter	91	08-021	13.09	25m	19-4-07	Heemskerk (NED)	339
9. Hermans Luuk	85	08-021	13.15	25m	29-3-01	Heemskerk (NED)	334
10. Bok Reitze	73	08-021	13.20	25m	31-12-89	Heemskerk (NED)	330
11. de Caluwé Niels	91	08-021	13.33	25m	19-4-07	Heemskerk (NED)	321
12. Lamers Koen	91	08-021	13.53	25m	19-4-07	Heemskerk (NED)	307
13. Martijn Onno	91	08-021	13.55	25m	19-4-07	Heemskerk (NED)	305
14. van der Bunt Raymond	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	295
14. Goverde Jeroen	73	08-021	13.70	25m	31-12-89	Heemskerk (NED)	295
14. Oudendijk Paul	81	08-021	13.70	25m	13-3-97	Heemskerk (NED)	295
17. Krijger Jan-Willem	81	08-021	13.80	25m	13-3-97	Heemskerk (NED)	289
18. Schaaper Bart	73	08-021	14.10	25m	12-1-89	Heemskerk (NED)	271
19. Zijlstra Jeroen	80	08-021	14.20	25m	14-3-96	Heemskerk (NED)	265
20. Meijer Viggo	06	08-021	14.36	25m	7-7-22	Heemskerk (NED)	257
21. Kemmeren Ferry	91	08-021	14.55	25m	19-4-07	Heemskerk (NED)	247
22. Kerdijk Dennis	79	08-021	15.40	25m	27-4-95	Heemskerk (NED)	208
23. de Boer Daniël	77	08-021	16.20	25m	16-6-93		179
24. Meyer Frank	60	08-021	16.50	25m	30-3-76	Heemskerk (NED)	169
24. de Groot Peter	80	08-021	16.50	25m	14-3-96	Heemskerk (NED)	169

50 vrije slag

1. Gaal Roel	01	08-021	25.31	25m	18-11-17	Hoofddorp (NED)	512
2. Schelvis Sjeng	89	08-021	25.98	25m	26-6-05	Roosendaal (NED)	474
3. Hogenstijn Peter	84	08-021	26.23	25m	26-10-00	Heemskerk (NED)	460
4. Crok Pieter	91	08-021	26.42	25m	28-10-07	Zaandam (NED)	450
5. Meijer Arno	75	08-021	26.50	25m	10-3-91	Heemskerk (NED)	446
6. Jongert Sjoerd	01	08-021	26.58	25m	30-12-17	Leeuwarden (NED)	442
7. van Rookhuizen Barry	82	08-021	26.92	25m	15-11-98	Zaandam (NED)	426
8. Oortwijn Maarten	80	08-021	27.00	25m	29-9-96	Haarlem (NED)	422
9. Butter Martijn	79	08-021	27.10	25m	1-10-95	Heemskerk (NED)	417
10. de Ruijter Richard	88	08-021	27.15	25m	28-12-04	Maastricht (NED)	415
11. Kerkhof Arno	72	08-021	27.20	25m	15-12-88	Heemskerk (NED)	413

50 vrije slag (sinds 12)

12.	de Boer Stephan	83	08-021	27.22	25m	10-1-99	Zuidoost Beemster (NED)	412
13.	Camphuijnder Jasper	05	08-021	27.33	25m	3-10-21	Den Helder (NED)	407
14.	Offringa Rick	03	08-021	27.34	25m	19-9-19	Heemskerk (NED)	406
15.	Schoonakker Mick	07	08-021	27.43	25m	10-12-23	Alkmaar (NED)	402
16.	Kranenburg Fred	63	08-021	27.50	25m	16-12-79	(NED)	399
17.	van der Gracht Jory	87	08-021	27.52	25m	27-4-03	Zaandam	399
18.	de Wit Stephen	93	08-021	27.56	25m	6-12-09	Zaandam (NED)	397
19.	Plokker Robert	65	08-021	27.60	25m	22-3-81	Wieringerwerf (NED)	395
19.	Dekker Rudie	78	08-021	27.60	25m	20-1-94	Heemskerk	395
19.	Kleijne Barry	93	08-021	27.60	25m	10-5-09	Purmerend (NED)	395
22.	Glorie Daan	88	08-021	27.79	25m	28-12-04	Maastricht (NED)	387
23.	Kramer Vincent	82	08-021	27.90	25m	22-3-98	Assendelft (NED)	382
24.	Stins Arnold	83	08-021	27.96	25m	17-10-99	Zaandam (NED)	380
24.	Kemmeren Ferry	91	08-021	27.96	25m	8-4-07	Haarlem (NED)	380

100 vrije slag

1.	Gaal Roel	01	08-021	55.39	25m	11-11-17	Hoofddorp (NED)	534
2.	Hogenstijn Peter	84	08-021	56.98	25m	10-12-00	Nieuwegein (NED)	490
3.	Crok Pieter	91	08-021	57.75	25m	15-12-07	Heemskerk (NED)	471
4.	Jongert Sjoerd	01	08-021	57.97	25m	11-11-17	Hoofddorp (NED)	465
5.	Camphuijnder Jasper	05	08-021	58.00	25m	3-10-21	Den Helder (NED)	465
6.	Schelvis Sjeng	89	08-021	58.54	25m	20-2-05	Aalsmeer (NED)	452
7.	Offringa Rick	03	08-021	59.12	25m	13-10-19	Heemskerk (NED)	439
8.	Butter Martijn	79	08-021	59.20	25m	10-12-95	Heemskerk (NED)	437
9.	Meijer Arno	75	08-021	59.50	25m	24-3-91	Zaandam (NED)	430
9.	Stins Arnold	83	08-021	59.50	25m	12-12-99	Heemskerk (NED)	430
11.	Glorie Daan	88	08-021	59.74	25m	12-12-04	Heemskerk (NED)	425
12.	van der Gracht Jory	87	08-021	59.84	25m	5-10-03	Heemskerk (NED)	423
13.	Oortwijn Maarten	80	08-021	1:00.00	25m	31-3-96	Castricum (NED)	420
14.	Kleijne Barry	93	08-021	1:00.06	25m	24-9-09	Heemskerk (NED)	418
15.	de Boer Stephan	83	08-021	1:00.11	25m	18-2-99	Heemskerk (NED)	417
16.	de Ruijter Richard	88	08-021	1:00.22	25m	28-12-04	Maastricht (NED)	415
17.	Kerkhof Arno	72	08-021	1:00.40	25m	18-9-88	Heemskerk (NED)	411
18.	de Wit Stephen	93	08-021	1:00.61	25m	1-3-09	Heemstede (NED)	407
19.	Oortwijn Kalle	05	08-021	1:01.27	25m	21-11-21	Den Helder (NED)	394
20.	van Rookhuizen Barry	82	08-021	1:01.38	25m	22-11-98	Zaandam (NED)	392
21.	Kemmeren Ferry	91	08-021	1:01.43	25m	4-11-07	Amsterdam (NED)	391
22.	Essers Tim	88	08-021	1:01.53	25m	28-12-04	Maastricht (NED)	389
23.	Plokker Robert	65	08-021	1:01.60	25m	20-9-81	Den Helder (NED)	388
24.	Kramer Vincent	82	08-021	1:01.80	25m	7-5-98	Heemskerk (NED)	384
25.	Groen Jarno	01	08-021	1:01.83	25m	11-5-17	Heemskerk (NED)	383

200 vrije slag

1. Hogenstijn Peter	84	08-021	2:01.22	25m	30-11-00	Heemskerk (NED)	550
2. Gaal Roel	01	08-021	2:04.16	25m	19-11-17	Hoofddorp (NED)	512
3. Crok Pieter	91	08-021	2:07.86	25m	18-3-07	Heemskerk (NED)	469
4. Butter Martijn	79	08-021	2:09.60	25m	26-11-95	Heemskerk (NED)	450
5. Kleijne Barry	93	08-021	2:09.82	25m	27-9-09	Zaandam (NED)	448
6. Schelvis Sjeng	89	08-021	2:09.92	25m	13-3-05	Amsterdam (NED)	447
7. Meijer Arno	75	08-021	2:10.80	25m	24-2-91	Heemskerk (NED)	438
8. Glorie Daan	88	08-021	2:11.59	25m	14-3-04	Zaandam	430
9. Stins Arnold	83	08-021	2:11.63	25m	21-11-99	Heemskerk (NED)	430
10. Offringa Rick	03	08-021	2:12.00	25m	7-3-19	Heemskerk (NED)	426
11. Jongert Sjoerd	01	08-021	2:12.43	25m	19-11-17	Hoofddorp (NED)	422
12. van der Gracht Jory	87	08-021	2:14.29	25m	18-12-03	Heemskerk (NED)	405
13. Steenbergen Roderik	82	08-021	2:17.35	25m	17-12-98	Heemskerk (NED)	378
14. Woudsma Stefan	00	08-021	2:17.71	25m	17-3-16	Heemskerk (NED)	375
15. Groen Jarno	01	08-021	2:17.81	25m	15-1-17	Alkmaar (NED)	374
16. Kramer Vincent	82	08-021	2:18.10	25m	26-4-98	Alkmaar (NED)	372
17. de Wit Stephen	93	08-021	2:18.23	25m	15-11-09	Haarlem (NED)	371
18. Kranenburg Fred	63	08-021	2:18.30	25m	21-4-79	Deinze (BEL)	370
19. Camphuijnder Jasper	05	08-021	2:18.77	25m	3-10-21	Den Helder (NED)	367
20. Oudendijk Paul	81	08-021	2:19.50	25m	11-12-97	Heemskerk (NED)	361
21. de Ruijter Richard	88	08-021	2:20.04	25m	29-5-04	Z.o. Beemster	357
22. Kemmeren Ferry	91	08-021	2:20.39	25m	25-11-07	Amsterdam (NED)	354
23. Gaal Koen	99	08-021	2:20.65	25m	8-3-15	Zaandam (NED)	352
24. Oortwijn Maarten	80	08-021	2:20.90	25m	10-11-96	Grootebroek (NED)	350
25. Kerkhof Arno	72	08-021	2:21.50	25m	4-1-88	Zaandam (NED)	346

250 vrije slag**300 vrije slag**

1. Crok Pieter	91	08-021	3:28.43	25m	8-4-07	Haarlem (NED)	417
2. Butter Martijn	79	08-021	3:31.20	25m	17-12-95	Zaandam (NED)	401
3. Glorie Daan	88	08-021	3:33.09	25m	29-4-04	Heemskerk (NED)	390
4. Kleijne Barry	93	08-021	3:37.19	25m	12-4-09	Haarlem (NED)	369
5. de Ruijter Richard	88	08-021	3:47.50	25m	29-4-04	Heemskerk (NED)	321
6. Essers Tim	88	08-021	3:56.39	25m	29-4-04	Heemskerk (NED)	286
7. Kemmeren Ferry	91	08-021	4:03.00	25m	14-10-07	Zaandam (NED)	263
8. de Wit Matthew	97	08-021	4:19.73	25m	1-11-13	Dordrecht (NED)	215
9. Bleijendaal Thomas	88	08-021	4:24.18	25m	29-4-04	Heemskerk (NED)	205

400 vrije slag

1. Butter Martijn	79	08-021	4:31.90	25m	18-5-95	Heemskerk (NED)	475
2. Crok Pieter	91	08-021	4:37.05	25m	8-4-07	Haarlem (NED)	449
3. Gaal Roel	01	08-021	4:43.11	25m	1-10-17	Purmerend (NED)	421
4. Schelvis Sjeng	89	08-021	4:44.44	25m	28-4-05	Heemskerk (NED)	415
5. Glorie Daan	88	08-021	4:44.70	25m	29-4-04	Heemskerk (NED)	414
6. Meijer Arno	75	08-021	4:46.30	25m	3-2-91	Zaandam (NED)	407
7. Kleijne Barry	93	08-021	4:49.09	25m	12-4-09	Haarlem (NED)	395
8. Offringa Rick	03	08-021	4:49.43	25m	19-10-19	Barneveld (NED)	394
9. Stins Arnold	83	08-021	4:50.27	25m	24-10-99	Zaandam (NED)	390
10. Oudendijk Paul	81	08-021	4:54.50	25m	16-11-97	Zaandam (NED)	374

400 vrije slag (sinds 11)

11. Kerkhof Arno	72	08-021	4:58.10	25m	6-10-88	Heemskerk (NED)	360
12. van der Gracht Jory	87	08-021	4:58.53	25m	9-6-03	Z.o. Beemster	359
13. de Ruijter Richard	88	08-021	5:01.14	25m	29-4-04	Heemskerk (NED)	350
14. Plokker Robert	65	08-021	5:06.30	25m	14-3-81	Heemskerk (NED)	332
15. Steenbergen Roderik	82	08-021	5:06.40	25m	19-3-98	Heemskerk (NED)	332
16. Hermans Luuk	85	08-021	5:07.08	25m	31-5-01	Heemskerk (NED)	330
17. Krijger Jan-Willem	81	08-021	5:10.50	25m	16-11-97	Zaandam (NED)	319
18. Kramer Vincent	82	08-021	5:11.00	25m	19-3-98	Heemskerk (NED)	317
19. Hulshof Patrick	75	08-021	5:12.70	25m	10-3-91	Heemskerk (NED)	312
20. Groen Jarno	01	08-021	5:13.14	25m	8-1-17	Purmerend (NED)	311
21. Gaal Koen	99	08-021	5:13.42	25m	11-10-15	Alkmaar (NED)	310
22. van Rookhuizen Barry	82	08-021	5:14.70	25m	19-3-98	Heemskerk (NED)	306
23. Hoenink Jarl	86	08-021	5:15.73	25m	30-5-02	Heemskerk	303
24. Oortwijn Maarten	80	08-021	5:16.20	25m	14-4-96	Zaandam (NED)	302
25. Lamers Koen	91	08-021	5:16.84	25m	31-5-07	Heemskerk (NED)	300

500 vrije slag**800 vrije slag**

1. Butter Martijn	79	08-021	9:30.50	25m	5-11-95	Volendam (NED)	469
2. Meijer Arno	75	08-021	9:40.40	25m	6-6-91	Heemskerk	445
3. Kleijne Barry	93	08-021	9:47.36	25m	13-9-09	Zaandam (NED)	430
4. Stins Arnold	83	08-021	9:50.65	25m	24-10-99	Zaandam (NED)	423
5. Crok Pieter	91	08-021	9:57.44	25m	3-3-07	Hoom (NED)	408
6. Glorie Daan	88	08-021	10:08.74	25m	17-10-04	Zaandam (NED)	386
7. Oudendijk Paul	81	08-021	10:23.90	25m	16-2-97	Volendam (NED)	359
8. Dekker Rudie	78	08-021	10:55.70	25m	14-4-94	Heemskerk	309
9. Steenbergen Roderik	82	08-021	10:56.60	25m	29-3-98	Heemstede (NED)	307
10. Gaal Koen	99	08-021	11:12.14	25m	8-2-15	Zaandam (NED)	287
11. Kemmeren Ferry	91	08-021	11:12.22	25m	14-10-07	Zaandam (NED)	287
12. Hoenink Jarl	86	08-021	11:14.11	25m	8-9-02	Heemskerk	284
13. Krijger Jan-Willem	81	08-021	11:16.00	25m	16-2-97	Volendam (NED)	282
14. de Ruijter Richard	88	08-021	11:19.76	25m	17-10-04	Zaandam (NED)	277
15. Butter Joris	86	08-021	11:27.30	25m	8-9-02	Heemskerk	268
16. Hulshof Patrick	75	08-021	11:31.80	25m	6-6-91	Heemskerk	263
17. Tijms Stefan	93	08-021	11:38.51	25m	1-3-09	Zaandam (NED)	255
18. Schillemans Bram	99	08-021	12:44.07	25m	8-2-15	Zaandam (NED)	195

1000 vrije slag**1250 vrije slag**

1500 vrije slag

1. Butter Martijn	79	08-021	17:57.50	25m	17-12-95	Zaandam (NED)	487
2. Crok Pieter	91	08-021	18:51.86	25m	3-3-07	Hoom (NED)	420
3. Stins Arnold	83	08-021	18:55.85	25m	28-2-99	Zaandam (NED)	416
4. Meijer Arno	75	08-021	19:18.50	25m	27-1-91	Volendam (NED)	392
5. Kleijne Barry	93	08-021	19:23.35	25m	1-3-09	Zaandam (NED)	387
6. Glorie Daan	88	08-021	19:45.57	25m	14-11-04	Heemskerk (NED)	366
7. Oudendijk Paul	81	08-021	19:47.40	25m	23-2-97	Zaandam (NED)	364
8. de Ruijter Richard	88	08-021	20:18.87	25m	14-11-04	Heemskerk (NED)	336
9. van der Gracht Jory	87	08-021	20:23.71	25m	16-11-03	Heemskerk (NED)	332
10. Steenberg Roderik	82	08-021	20:45.30	25m	29-3-98	Heemstede (NED)	315
11. Gaal Koen	99	08-021	20:59.91	25m	8-2-15	Zaandam (NED)	304
12. Hoenink Jarl	86	08-021	21:16.41	25m	1-12-02	Heemskerk	293
13. Hermans Luuk	85	08-021	21:30.55	25m	21-1-01	Heemskerk (NED)	283
14. Dekker Rudie	78	08-021	21:32.80	25m	30-6-94	Heemskerk	282
15. Tijms Stefan	93	08-021	22:20.03	25m	1-3-09	Zaandam (NED)	253
16. Schillemans Bram	99	08-021	24:00.91	25m	8-2-15	Zaandam (NED)	203

2000 vrije slag

1. Crok Pieter	91	08-021	25:37.42	25m	11-2-07	Zaandam (NED)	397
2. Kleijne Barry	93	08-021	25:53.79	25m	1-3-09	Zaandam (NED)	385
3. Glorie Daan	88	08-021	26:17.02	25m	7-3-04	Zaandam	368
4. van der Gracht Jory	87	08-021	26:53.55	25m	16-2-03	Zaandam	344
5. Gaal Koen	99	08-021	28:00.68	25m	22-2-15	Zaandam (NED)	304
6. Hoenink Jarl	86	08-021	28:05.83	25m	10-2-02	Zaandam	301
7. Butter Joris	86	08-021	29:38.06	25m	10-2-02	Zaandam	257
8. Tijms Stefan	93	08-021	29:44.95	25m	1-3-09	Zaandam (NED)	254
9. Hoenink Sten	84	08-021	32:11.05	25m	5-3-00	Zaandam (NED)	200

2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag

1. Meijer Arno	75	08-021	15.10	25m	16-5-91	Heemskerk (NED)	322
2. Butter Martijn	79	08-021	15.60	25m	16-3-95	Heemskerk (NED)	292
2. Oortwijn Maarten	80	08-021	15.60	25m	8-2-96	Heemskerk (NED)	292
4. Stins Arnold	83	08-021	15.65	25m	25-3-99	Heemskerk (NED)	290
5. Hermans Luuk	85	08-021	15.67	25m	22-2-01	Heemskerk (NED)	288
6. Crok Pieter	91	08-021	15.73	25m	19-4-07	Heemskerk (NED)	285
7. Oudendijk Paul	81	08-021	15.80	25m	13-2-97	Heemskerk (NED)	281
8. de Boer Stephan	83	08-021	15.90	25m	25-3-99	Heemskerk (NED)	276
9. van der Bunt Raymond	73	08-021	16.10	25m	31-12-89	Heemskerk (NED)	266
10. de Caluwé Niels	91	08-021	16.15	25m	19-4-07	Heemskerk (NED)	263
11. Kemmeren Ferry	91	08-021	16.28	25m	19-4-07	Heemskerk (NED)	257
12. Bok Reitze	73	08-021	16.40	25m	12-1-89	Heemskerk (NED)	252
13. van Rookhuizen Barry	82	08-021	16.50	25m	15-1-98	Heemskerk (NED)	247
14. Lamers Koen	91	08-021	16.55	25m	19-4-07	Heemskerk (NED)	245
15. Goverde Jeroen	73	08-021	16.70	25m	12-1-89	Heemskerk (NED)	238
16. Hulshof Patrick	75	08-021	16.80	25m	16-5-91	Heemskerk (NED)	234
17. Schaaper Bart	73	08-021	17.20	25m	12-1-89	Heemskerk (NED)	218
17. de Groot Peter	80	08-021	17.20	25m	8-2-96	Heemskerk (NED)	218
19. Krijger Jan-Willem	81	08-021	17.40	25m	13-2-97	Heemskerk (NED)	211
20. Martijn Onno	91	08-021	17.79	25m	19-4-07	Heemskerk (NED)	197
21. de Boer Daniël	77	08-021	17.90	25m	17-6-93	Heemskerk (NED)	193
22. Kerdijk Dennis	79	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187
23. Hoenink Sten	84	08-021	18.27	25m	17-2-00	Heemskerk (NED)	182
24. Zijlstra Jeroen	80	08-021	20.90	25m	7-2-96		121
25. de Vijlder Michael	75	08-021	22.00	25m	16-5-91	Heemskerk (NED)	104

50 rugslag

1. Essers Tim	88	08-021	30.79	25m	11-4-04	Haarlem	375
2. Offringa Rick	03	08-021	31.32	25m	19-10-19	Barneveld (NED)	357
3. Schelvis Sjeng	89	08-021	31.57	25m	15-5-05	Zuidoost-Beemster (NED)	348
4. Butter Martijn	79	08-021	32.00	25m	10-9-95	Assendelft (NED)	334
5. Crok Pieter	91	08-021	32.05	25m	13-12-07	Heemskerk (NED)	333
6. Hermans Luuk	85	08-021	32.08	25m	7-1-01	Zuidoostbeemster (NED)	332
7. Hogenstijn Peter	84	08-021	32.13	25m	3-12-00	Zaandam (NED)	330
8. Kleijne Barry	93	08-021	32.17	25m	26-2-09	Heemskerk (NED)	329
9. Jongert Sjoerd	01	08-021	32.37	25m	15-1-17	Alkmaar (NED)	323
10. de Wit Stephen	93	08-021	32.44	25m	26-2-09	Heemskerk (NED)	321
11. van Vegten Teun	01	08-021	32.45	25m	12-3-17	Purmerend (NED)	321
12. Steenbergen Roderik	82	08-021	32.57	25m	29-10-98	Heemskerk (NED)	317
13. Oortwijn Maarten	80	08-021	32.70	25m	7-11-96	Heemskerk (NED)	313
13. Gaal Roel	01	08-021	32.70	25m	30-12-17	Leeuwarden (NED)	313
15. Gaal Koen	99	08-021	32.74	25m	6-9-15	Zaandam (NED)	312
16. Kerkhof Arno	72	08-021	32.80	25m	14-12-88		310
16. Meijer Arno	75	08-021	32.80	25m	10-1-91	Heemskerk (NED)	310
18. Kemmeren Ferry	91	08-021	32.99	25m	30-9-07	Volendam (NED)	305
19. de Caluwé Niels	91	08-021	33.01	25m	18-3-07	Heemskerk (NED)	304
20. Groen Jarno	01	08-021	33.13	25m	5-11-17	Alkmaar (NED)	301
21. Oudendijk Paul	81	08-021	33.20	25m	9-10-97	Heemskerk (NED)	299
22. Kramer Vincent	82	08-021	33.33	25m	29-10-98	Heemskerk (NED)	296
23. Glorie Daan	88	08-021	33.58	25m	28-12-04	Maastricht (NED)	289
23. de Ruijter Richard	88	08-021	33.58	25m	28-12-04	Maastricht (NED)	289
25. Hoenink Jarl	86	08-021	33.72	25m	22-12-02	Zaandam	286

100 rugslag

1. Kleijne Barry	93	08-021	1:05.79	25m	24-9-09	Heemskerk (NED)	410
2. Essers Tim	88	08-021	1:06.37	25m	28-12-04	Maastricht (NED)	399
3. Butter Martijn	79	08-021	1:06.80	25m	27-4-95	Heemskerk (NED)	392
4. Schelvis Sjeng	89	08-021	1:07.23	25m	31-3-05	Heemskerk (NED)	384
5. Offringa Rick	03	08-021	1:07.26	25m	24-3-19	Purmerend (NED)	384
6. van der Linden René	70	08-021	1:08.00	25m	9-2-86	Castricum (NED)	371
7. Crok Pieter	91	08-021	1:08.40	25m	4-11-07	Amsterdam (NED)	365
8. Steenbergen Roderik	82	08-021	1:08.75	25m	13-12-98	Heemskerk (NED)	359
9. Hermans Luuk	85	08-021	1:09.44	25m	29-3-01	Heemskerk (NED)	349
10. Jongert Sjoerd	01	08-021	1:09.48	25m	12-3-17	Purmerend (NED)	348
11. de Wit Stephen	93	08-021	1:09.79	25m	15-3-09	Haarlem (NED)	343
12. Glorie Daan	88	08-021	1:09.89	25m	28-12-04	Maastricht (NED)	342
13. Stins Arnold	83	08-021	1:09.96	25m	12-12-99	Heemskerk (NED)	341
14. Schaaper Hans	68	08-021	1:10.30	25m	15-12-84	Hilversum (NED)	336
15. Oudendijk Paul	81	08-021	1:10.50	25m	9-3-97	Alkmaar (NED)	333
16. Gaal Koen	99	08-021	1:10.70	25m	4-10-15	Purmerend (NED)	330
17. Meijer Arno	75	08-021	1:11.40	25m	7-2-91	Heemskerk (NED)	321
18. Kramer Vincent	82	08-021	1:11.70	25m	13-12-98	Heemskerk (NED)	317
19. Kerkhof Arno	72	08-021	1:11.80	25m	31-12-88		315
20. Kemmeren Ferry	91	08-021	1:12.00	25m	30-9-07	Volendam (NED)	313
21. van Rijn Michael	70	08-021	1:12.10	25m	9-2-86	Castricum (NED)	311
22. Hoenink Jarl	86	08-021	1:12.21	25m	13-1-02	Zaandam	310
23. Groen Jarno	01	08-021	1:12.70	25m	12-3-17	Purmerend (NED)	304
24. Kranenburg Fred	63	08-021	1:13.20	25m	31-12-79		298
25. Woudsma Stefan	00	08-021	1:13.21	25m	17-11-16	Heemskerk (NED)	297

200 rugslag

1. Essers Tim	88	08-021	2:26.24	25m	29-5-04	Z.o. Beemster	376
2. Oudendijk Paul	81	08-021	2:27.10	25m	9-3-97	Alkmaar (NED)	370
3. Butter Martijn	79	08-021	2:28.50	25m	12-10-95	Heemskerk (NED)	359
4. Hogenstijn Peter	84	08-021	2:28.91	25m	8-10-00	Heemskerk (NED)	356
5. Crok Pieter	91	08-021	2:28.93	25m	31-5-07	Heemskerk (NED)	356
6. Schelvis Sjeng	89	08-021	2:30.08	25m	14-5-05	Zuidoost-Beemster (NED)	348
7. Kleijne Barry	93	08-021	2:30.25	25m	31-5-09	Purmerend (NED)	347
8. Offringa Rick	03	08-021	2:30.53	25m	13-1-19	Purmerend (NED)	345
9. Steenbergen Roderik	82	08-021	2:31.30	25m	24-5-98	Zaandam (NED)	340
10. Gaal Roel	01	08-021	2:32.19	25m	12-3-17	Purmerend (NED)	334
11. Groen Jarno	01	08-021	2:33.28	25m	19-3-17	Zaandam (NED)	327
12. de Wit Stephen	93	08-021	2:33.91	25m	23-4-09	Heemskerk (NED)	323
13. Jongert Sjoerd	01	08-021	2:34.06	25m	19-3-17	Zaandam (NED)	322
14. Stins Arnold	83	08-021	2:34.13	25m	16-12-99	Heemskerk	321
15. Schaaper Hans	68	08-021	2:35.50	25m	22-1-84	Zandvoort (NED)	313
16. Gaal Koen	99	08-021	2:35.65	25m	29-3-15	Zaandam (NED)	312
17. Meijer Arno	75	08-021	2:35.90	25m	14-11-91	Heemskerk (NED)	311
18. Hoenink Jarl	86	08-021	2:36.97	25m	31-1-02	Heemskerk	304
19. Kemmeren Ferry	91	08-021	2:37.72	25m	21-10-07	Zaandam (NED)	300
20. Glorie Daan	88	08-021	2:38.18	25m	23-12-04	Heemskerk (NED)	297
21. van der Linden René	70	08-021	2:38.20	25m	31-12-86		297
22. Kerkhof Arno	72	08-021	2:40.00	25m	7-2-88	Heemskerk (NED)	287
23. Kramer Vincent	82	08-021	2:41.15	25m	24-9-98	Heemskerk (NED)	281
24. Oortwijn Maarten	80	08-021	2:41.60	25m	17-3-96	Heemskerk (NED)	279
25. Woudsma Stefan	00	08-021	2:42.51	25m	6-3-16	Purmerend (NED)	274

500 rugslag**25 schoolslag**

1. de Boer Stephan	83	08-021	15.92	25m	25-3-99	Heemskerk (NED)	388
2. Schaaper Bart	73	08-021	16.00	25m	12-1-89	Heemskerk (NED)	383
2. Bok Reitze	73	08-021	16.00	25m	31-12-89	Heemskerk (NED)	383
2. Meijer Arno	75	08-021	16.00	25m	16-5-91	Heemskerk (NED)	383
5. Crok Pieter	91	08-021	16.56	25m	19-4-07	Heemskerk (NED)	345
6. Hermans Luuk	85	08-021	16.64	25m	22-2-01	Heemskerk (NED)	340
7. Stins Arnold	83	08-021	16.99	25m	25-3-99	Heemskerk (NED)	319
8. van Rookhuizen Barry	82	08-021	17.00	25m	19-3-98	Heemskerk (NED)	319
9. de Caluwé Niels	91	08-021	17.04	25m	19-4-07	Heemskerk (NED)	317
10. Oortwijn Maarten	80	08-021	17.10	25m	14-3-96	Heemskerk (NED)	313
11. Hulshof Patrick	75	08-021	17.30	25m	16-5-91	Heemskerk (NED)	303
11. Kramer Vincent	82	08-021	17.30	25m	19-3-98	Heemskerk (NED)	303
13. Kemmeren Ferry	91	08-021	17.46	25m	19-4-07	Heemskerk (NED)	294
14. Goverde Jeroen	73	08-021	17.60	25m	12-1-89	Heemskerk (NED)	287
14. Oudendijk Paul	81	08-021	17.60	25m	13-3-97	Heemskerk (NED)	287
16. van der Heijden Hans	60	08-021	17.80	25m	14-9-76	Heemskerk (NED)	278
16. Steenbergen Roderik	82	08-021	17.80	25m	19-3-98	Heemskerk (NED)	278
18. Krijger Jan-Willem	81	08-021	17.90	25m	13-3-97	Heemskerk (NED)	273
19. Martijn Onno	91	08-021	17.97	25m	19-4-07	Heemskerk (NED)	270
20. Lamers Koen	91	08-021	18.04	25m	19-4-07	Heemskerk (NED)	267
21. van der Bunt Raymond	73	08-021	18.10	25m	12-1-89	Heemskerk (NED)	264
22. Meijer Viggo	06	08-021	18.31	25m	7-7-22	Heemskerk (NED)	255
23. Windmuller Hans-Pieter	60	08-021	18.50	25m	14-9-76	Heemskerk (NED)	247
24. Zijlstra Jeroen	80	08-021	18.60	25m	14-3-96	Heemskerk (NED)	243
25. de Boer Daniël	77	08-021	18.70	25m	17-6-93	Heemskerk (NED)	239

50 schoolslag

1. de Boer Stephan	83	08-021	33.48	25m	14-2-99	Dordrecht (NED)	428
2. Hogenstijn Peter	84	08-021	34.41	25m	3-12-00	Zaandam (NED)	395
3. de Ruijter Richard	88	08-021	34.60	25m	25-1-04	Aalsmeer (NED)	388
4. Crok Pieter	91	08-021	34.85	25m	30-12-07	Maastricht (NED)	380
5. Bok Reitze	73	08-021	35.20	25m	14-12-89	Heemskerk (NED)	369
6. Schaaper Bart	73	08-021	35.50	25m	9-2-89	Heemskerk (NED)	359
7. Glorie Daan	88	08-021	35.58	25m	25-11-04	Heemskerk (NED)	357
8. Meijer Arno	75	08-021	36.00	25m	13-6-91	Heemskerk (NED)	345
9. Palmboom Pascal	89	08-021	36.12	25m	6-11-05	Zaandam (NED)	341
10. van Duin Peter	65	08-021	36.30	25m	14-3-81	Heemskerk (NED)	336
10. Kerkhof Arno	72	08-021	36.30	25m	14-12-88		336
12. Ayari Adam	08	08-021	36.62	25m	14-3-24	Heemskerk (NED)	327
13. Offringa Rick	03	08-021	36.70	25m	3-11-19	Purmerend (NED)	325
14. Jongert Sjoerd	01	08-021	36.71	25m	16-3-17	Heemskerk (NED)	325
15. Kemmeren Ferry	91	08-021	36.94	25m	8-4-07	Haarlem (NED)	319
16. Butter Martijn	79	08-021	37.00	25m	12-10-95	Heemskerk (NED)	317
17. Schelvis Sjeng	89	08-021	37.08	25m	16-5-05	Zuidoost-Beemster (NED)	315
18. van der Gracht Jory	87	08-021	37.39	25m	27-11-03	Heemskerk (NED)	307
19. Essers Tim	88	08-021	37.53	25m	28-12-04	Maastricht (NED)	304
20. van Rookhuizen Barry	82	08-021	37.61	25m	24-9-98	Heemskerk (NED)	302
20. Oortwijn Kalle	05	08-021	37.61	25m	7-10-21	Heemskerk (NED)	302
22. Kramer Vincent	82	08-021	37.68	25m	24-9-98	Heemskerk (NED)	300

50 schoolslag (sinds 23)

23. Butter Joris	86	08-021	37.73	25m	17-3-02	Zaandam	299
24. Hermans Luuk	85	08-021	37.76	25m	7-1-01	Zuidoostbeemster (NED)	299
24. Hoenink Jarl	86	08-021	37.76	25m	28-11-02	Heemskerk	299

100 schoolslag

1. van Rijn Michael	70	08-021	1:13.70	25m	11-5-86		429
2. de Boer Stephan	83	08-021	1:14.19	25m	4-4-99	Haarlem (NED)	421
3. de Ruijter Richard	88	08-021	1:14.48	25m	25-1-04	Aalsmeer (NED)	416
4. Keessen Jeroen	67	08-021	1:16.00	25m	10-4-83	Heemskerk (NED)	391
5. Hogenstijn Peter	84	08-021	1:16.43	25m	19-11-00	Zaandam (NED)	385
6. Crok Pieter	91	08-021	1:17.12	25m	25-11-07	Amsterdam (NED)	374
7. Meijer Arno	75	08-021	1:18.10	25m	1-12-91	Heemskerk (NED)	360
8. Glorie Daan	88	08-021	1:18.25	25m	12-12-04	Heemskerk (NED)	358
9. Bok Reitze	73	08-021	1:18.40	25m	3-12-89	Zaandam (NED)	356
10. Kerkhof Arno	72	08-021	1:18.50	25m	17-9-88		355
11. Jongert Sjoerd	01	08-021	1:19.31	25m	15-1-17	Alkmaar (NED)	344
12. van Duin Peter	65	08-021	1:19.90	25m	10-1-81	Hilversum (NED)	337
13. Offringa Rick	03	08-021	1:20.19	25m	3-11-19	Purmerend (NED)	333
14. Stins Arnold	83	08-021	1:20.33	25m	7-3-99	Zaandam (NED)	331
14. Palmboom Pascal	89	08-021	1:20.33	25m	31-3-05	Heemskerk (NED)	331
16. Schelvis Sjeng	89	08-021	1:20.67	25m	31-3-05	Heemskerk (NED)	327
17. Ayari Adam	08	08-021	1:20.72	25m	11-2-24	Heemskerk (NED)	326
18. Essers Tim	88	08-021	1:20.77	25m	12-4-04	Haarlem	326
19. van der Gracht Jory	87	08-021	1:20.88	25m	26-10-03	Nieuwegein (NED)	325
20. Dijkstra Menno	68	08-021	1:21.10	25m	7-10-84	Volendam (NED)	322
21. Schaaper Bart	73	08-021	1:21.30	25m	3-12-89	Zaandam (NED)	320
21. Butter Martijn	79	08-021	1:21.30	25m	29-10-95	Castricum (NED)	320
23. Hagebout Marcel	68	08-021	1:21.40	25m	7-10-84	Volendam (NED)	318
24. Hermans Luuk	85	08-021	1:21.60	25m	29-3-01	Heemskerk (NED)	316
25. Oortwijn Kalle	05	08-021	1:21.69	25m	3-10-21	Den Helder (NED)	315

200 schoolslag

1. de Boer Stephan	83	08-021	2:44.74	25m	7-3-99	Zaandam (NED)	390
2. van Rijn Michael	70	08-021	2:46.40	25m	20-4-86	Wormerveer (NED)	379
3. de Ruijter Richard	88	08-021	2:48.85	25m	29-5-04	Z.o. Beemster	362
4. Crok Pieter	91	08-021	2:50.28	25m	13-12-07	Heemskerk (NED)	353
5. Jongert Sjoerd	01	08-021	2:50.51	25m	12-3-17	Purmerend (NED)	352
6. Meijer Arno	75	08-021	2:52.00	25m	10-3-91	Heemskerk (NED)	343
7. Oudendijk Paul	81	08-021	2:53.00	25m	10-4-97	Heemskerk (NED)	337
8. Offringa Rick	03	08-021	2:54.91	25m	6-10-19	Purmerend (NED)	326
9. Stins Arnold	83	08-021	2:55.64	25m	22-4-99	Heemskerk (NED)	322
10. van Duin Peter	65	08-021	2:56.30	25m	5-4-81	Heemskerk (NED)	318
11. van der Gracht Jory	87	08-021	2:56.92	25m	30-10-03	Heemskerk	315
12. Butter Martijn	79	08-021	2:57.50	25m	9-11-95	Heemskerk (NED)	312
13. de Boer Daniël	77	08-021	3:00.40	25m	18-11-93	Heemskerk	297
14. Essers Tim	88	08-021	3:01.22	25m	28-10-04	Heemskerk (NED)	293
15. Kuilman Joris	80	08-021	3:01.30	25m	8-12-96	Heerhugowaard (NED)	293
16. Hermans Luuk	85	08-021	3:01.73	25m	25-1-01	Heemskerk (NED)	291
17. Glorie Daan	88	08-021	3:01.95	25m	14-3-04	Zaandam	290
18. Palmboom Pascal	89	08-021	3:03.57	25m	27-10-05	Heemskerk (NED)	282
19. Beentjes Bastiaan	78	08-021	3:03.60	25m	24-11-94	Heemskerk (NED)	282

200 schoolslag (sinds 20)

20. van Rookhuizen Barry	82	08-021	3:03.68	25m	11-10-98	Alkmaar (NED)	281
21. Zwaan Bas	76	08-021	3:03.70	25m	26-9-92		281
22. Kramer Vincent	82	08-021	3:04.45	25m	11-10-98	Alkmaar (NED)	278
23. Butter Joris	86	08-021	3:04.77	25m	17-3-02	Zaandam	276
24. Krijger Jan-Willem	81	08-021	3:05.40	25m	10-4-97	Heemskerk (NED)	274
25. Kemmeren Andre	88	08-021	3:05.70	25m	28-11-04	Heemskerk (NED)	272

500 schoolslag800 schoolslag1000 schoolslag1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag25 vlinderslag

1. Meijer Arno	75	08-021	13.50	25m	16-5-91	Heemskerk (NED)	394
2. Crok Pieter	91	08-021	13.83	25m	19-4-07	Heemskerk (NED)	366
3. Stins Arnold	83	08-021	14.03	25m	25-3-99	Heemskerk (NED)	351
4. van Rookhuizen Barry	82	08-021	14.10	25m	15-1-98	Heemskerk (NED)	346
5. Hermans Luuk	85	08-021	14.16	25m	29-3-01	Heemskerk (NED)	341
6. Lamers Koen	91	08-021	14.30	25m	19-4-07	Heemskerk (NED)	331
7. Oortwijn Maarten	80	08-021	14.50	25m	8-2-96	Heemskerk (NED)	318
8. Butter Martijn	79	08-021	14.60	25m	16-3-95	Heemskerk (NED)	311
9. Krijger Jan-Willem	81	08-021	14.90	25m	13-2-97	Heemskerk (NED)	293
10. Schaaper Bart	73	08-021	15.00	25m	12-1-89	Heemskerk (NED)	287
10. Bok Reitze	73	08-021	15.00	25m	31-12-89	Heemskerk (NED)	287
12. Goverde Jeroen	73	08-021	15.10	25m	31-12-89	Heemskerk (NED)	281
13. de Boer Stephan	83	08-021	15.27	25m	25-3-99	Heemskerk (NED)	272
14. de Caluwé Niels	91	08-021	15.39	25m	19-4-07	Heemskerk (NED)	266
15. de Groot Peter	80	08-021	15.40	25m	8-2-96	Heemskerk (NED)	265
16. Kemmeren Ferry	91	08-021	15.60	25m	19-4-07	Heemskerk (NED)	255
17. de Boer Daniël	77	08-021	15.70	25m	21-10-93	Heemskerk (NED)	250
18. Martijn Onno	91	08-021	16.06	25m	19-4-07	Heemskerk (NED)	234
19. van der Bunt Raymond	73	08-021	16.20	25m	12-1-89	Heemskerk (NED)	228

25 vlinderslag (sinds 20)

19.	Oudendijk Paul	81	08-021	16.20	25m	13-2-97	Heemskerk (NED)	228
21.	Hulshof Patrick	75	08-021	16.30	25m	16-5-91	Heemskerk (NED)	224
22.	Meijer Viggo	06	08-021	18.64	25m	7-7-22	Heemskerk (NED)	149
23.	Kerdijk Dennis	79	08-021	19.40	25m	16-3-95	Heemskerk (NED)	132
24.	de Vijlder Michael	75	08-021	20.60	25m	16-5-91	Heemskerk (NED)	110

50 vlinderslag

1.	Hogenstijn Peter	84	08-021	27.82	25m	3-12-00	Zaandam (NED)	481
2.	Schelvis Sjeng	89	08-021	28.15	25m	25-6-05	Roosendaal (NED)	464
3.	Camphuijnder Jasper	05	08-021	28.69	25m	21-11-21	Den Helder (NED)	438
4.	Kerkhof Arno	72	08-021	29.00	25m	30-6-88	Heemskerk (NED)	424
5.	Crok Pieter	91	08-021	29.56	25m	28-10-07	Zaandam (NED)	401
6.	Jongert Sjoerd	01	08-021	29.63	25m	5-11-17	Alkmaar (NED)	398
7.	Kleijne Barry	93	08-021	30.00	25m	13-9-09	Zaandam (NED)	383
8.	van der Gracht Jory	87	08-021	30.12	25m	18-12-03	Heemskerk (NED)	379
9.	Meijer Arno	75	08-021	30.40	25m	13-1-91	Z.O. Beemster (NED)	368
10.	Glorie Daan	88	08-021	30.69	25m	23-12-04	Heemskerk (NED)	358
11.	Lamers Koen	91	08-021	30.96	25m	11-3-07	Purmerend (NED)	349
12.	Kemmeren Ferry	91	08-021	31.07	25m	9-4-07	Haarlem (NED)	345
13.	Verbree John	61	08-021	31.20	25m	27-11-77	Ijmuiden (NED)	341
13.	van Rookhuizen Barry	82	08-021	31.20	25m	18-1-98	Zuidoost Beemster (NED)	341
15.	Essers Tim	88	08-021	31.25	25m	28-12-04	Maastricht (NED)	339
16.	Butter Martijn	79	08-021	31.30	25m	5-3-95	Heemskerk (NED)	337
16.	Offringa Rick	03	08-021	31.30	25m	29-9-19	Alkmaar (NED)	337
18.	de Ruijter Richard	88	08-021	31.36	25m	23-12-04	Heemskerk (NED)	335
19.	Hagebout Marcel	68	08-021	31.40	25m	28-10-84	Egmond (NED)	334
20.	Oortwijn Kalle	05	08-021	31.45	25m	21-11-21	Den Helder (NED)	333
21.	Groen Jarno	01	08-021	31.59	25m	19-3-17	Zaandam (NED)	328
22.	Kramer Vincent	82	08-021	31.70	25m	18-1-98	Zuidoost Beemster (NED)	325
23.	Stins Arnold	83	08-021	32.16	25m	25-11-99	Heemskerk	311
24.	Krijger Jan-Willem	81	08-021	32.30	25m	26-1-97	Zuidoost Beemster (NED)	307
24.	de Wit Stephen	93	08-021	32.30	25m	6-12-09	Zaandam (NED)	307

100 vlinderslag

1.	Hogenstijn Peter	84	08-021	1:00.81	25m	9-12-00	Nieuwegein (NED)	494
2.	Schelvis Sjeng	89	08-021	1:04.72	25m	20-2-05	Aalsmeer (NED)	409
3.	Jongert Sjoerd	01	08-021	1:05.18	25m	30-12-17	Leeuwarden (NED)	401
4.	Kerkhof Arno	72	08-021	1:06.30	25m	19-5-88	Heemskerk (NED)	381
5.	Camphuijnder Jasper	05	08-021	1:07.89	25m	12-9-21	Alkmaar (NED)	355
6.	Essers Tim	88	08-021	1:07.94	25m	28-12-04	Maastricht (NED)	354
7.	Crok Pieter	91	08-021	1:08.00	25m	18-3-07	Heemskerk (NED)	353
8.	van der Gracht Jory	87	08-021	1:08.08	25m	12-4-03	Barneveld	352
9.	Meijer Arno	75	08-021	1:08.10	25m	7-4-91	Assendelft (NED)	351
10.	Glorie Daan	88	08-021	1:08.34	25m	11-4-04	Haarlem	348
11.	Butter Martijn	79	08-021	1:09.40	25m	27-4-95	Heemskerk (NED)	332
12.	Kemmeren Ferry	91	08-021	1:09.47	25m	21-10-07	Zaandam (NED)	331
13.	Stins Arnold	83	08-021	1:10.41	25m	5-4-99	Haarlem (NED)	318
14.	de Ruijter Richard	88	08-021	1:10.92	25m	28-12-04	Maastricht (NED)	311
15.	Lamers Koen	91	08-021	1:11.10	25m	8-4-07	Haarlem (NED)	309
16.	Hagebout Marcel	68	08-021	1:11.80	25m	12-2-84	Heemskerk (NED)	300
17.	Groen Jarno	01	08-021	1:11.87	25m	2-2-17	Heemskerk (NED)	299

100 vlinderslag (sinds 18)

18. Kramer Vincent	82	08-021	1:12.00	25m	13-4-98	Haarlem (NED)	297
19. de Wit Stephen	93	08-021	1:12.09	25m	1-3-09	Heemstede (NED)	296
20. Offringa Rick	03	08-021	1:13.33	25m	24-1-19	Heemskerk (NED)	281
21. Oortwijn Maarten	80	08-021	1:13.90	25m	15-12-96	Heemskerk (NED)	275
22. Schaaper Bart	73	08-021	1:14.30	25m	5-11-89	Heemskerk (NED)	270
23. Kleijne Barry	93	08-021	1:14.50	25m	26-2-09	Heemskerk (NED)	268
24. Kranenburg Fred	63	08-021	1:14.80	25m	25-11-79	Heemskerk (NED)	265
24. Krijger Jan-Willem	81	08-021	1:14.80	25m	26-10-97	Heemskerk (NED)	265

200 vlinderslag

1. Butter Martijn	79	08-021	2:33.80	25m	15-6-95	Heemskerk (NED)	351
2. Jongert Sjoerd	01	08-021	2:35.20	25m	29-12-17	Leeuwarden (NED)	342
3. van der Gracht Jory	87	08-021	2:37.78	25m	27-11-03	Heemskerk (NED)	325
4. Schelvis Sjeng	89	08-021	2:45.42	25m	15-5-05	Zuidoost-Beemster (NED)	282
5. Glorie Daan	88	08-021	2:45.53	25m	25-11-04	Heemskerk (NED)	282
6. Essers Tim	88	08-021	2:49.44	25m	25-11-04	Heemskerk (NED)	263
7. Lamers Koen	91	08-021	2:53.34	25m	21-1-07	Zaandam (NED)	245
8. de Ruijter Richard	88	08-021	2:53.87	25m	25-11-04	Heemskerk (NED)	243
9. Kerkhof Arno	72	08-021	2:56.10	25m	31-12-88		234
10. Kranenburg Fred	63	08-021	2:58.90	25m	2-12-79	Zaandam (NED)	223
11. Oortwijn Maarten	80	08-021	2:59.80	25m	4-2-96	Heerhugowaard (NED)	220
12. van Rookhuizen Barry	82	08-021	3:00.20	25m	29-3-98	Heemstede (NED)	218
13. Palmboom Pascal	89	08-021	3:07.03	25m	24-11-05	Heemskerk (NED)	195
14. Kramer Vincent	82	08-021	3:07.30	25m	29-3-98	Heemstede (NED)	194
15. Butter Joris	86	08-021	3:18.89	25m	28-11-02	Heemskerk	162
16. Hoenink Jarl	86	08-021	3:20.16	25m	28-11-02	Heemskerk	159
17. Hermans Luuk	85	08-021	3:28.56	25m	26-4-01	Heemskerk (NED)	141
18. de Vries Allard	96	08-021	3:35.46	25m	12-2-12	Heemstede (NED)	127

1000 vlinderslag100 wisselslag

1. Hogenstijn Peter	84	08-021	1:05.04	25m	10-12-00	Heemskerk (NED)	462
2. Jongert Sjoerd	01	08-021	1:06.34	25m	15-10-17	Alkmaar (NED)	435
3. Schelvis Sjeng	89	08-021	1:06.80	25m	14-5-05	Zuidoost-Beemster (NED)	426
4. Crok Pieter	91	08-021	1:06.96	25m	15-12-07	Heemskerk (NED)	423
5. Offringa Rick	03	08-021	1:07.84	25m	13-10-19	Heemskerk (NED)	407
6. Meijer Arno	75	08-021	1:08.10	25m	16-5-91	Heemskerk (NED)	402
7. de Ruijter Richard	88	08-021	1:08.56	25m	11-1-04	Zuidoostbeemster (NED)	394
8. Oortwijn Kalle	05	08-021	1:08.89	25m	1-7-21	Heemskerk (NED)	389
9. de Boer Stephan	83	08-021	1:08.90	25m	18-2-99	Heemskerk (NED)	389
10. Camphuijnder Jasper	05	08-021	1:08.96	25m	31-10-21	Heemskerk (NED)	388
11. Essers Tim	88	08-021	1:09.27	25m	28-12-04	Maastricht (NED)	382
12. Kleijne Barry	93	08-021	1:09.72	25m	27-9-09	Zaandam (NED)	375
13. Butter Martijn	79	08-021	1:09.90	25m	10-9-95	Assendelft (NED)	372
13. Gaal Roel	01	08-021	1:09.90	25m	11-5-17	Heemskerk (NED)	372
15. Glorie Daan	88	08-021	1:09.92	25m	28-12-04	Maastricht (NED)	372
16. de Wit Stephen	93	08-021	1:10.52	25m	19-11-09	Heemskerk (NED)	362
17. Hermans Luuk	85	08-021	1:10.80	25m	26-4-01	Heemskerk (NED)	358
18. van der Gracht Jory	87	08-021	1:10.82	25m	25-9-03	Heemskerk (NED)	358
19. Keessen Jeroen	67	08-021	1:11.30	25m	6-2-83		351

100 wisselslag (sinds 20)

20. Stins Arnold	83	08-021	1:11.31	25m	18-2-99	Heemskerk (NED)	350
21. Kerkhof Arno	72	08-021	1:11.40	25m	31-12-88		349
22. van Rookhuizen Barry	82	08-021	1:11.63	25m	15-11-98	Zaandam (NED)	346
23. Ayari Adam	08	08-021	1:11.89	25m	4-4-24	Heemskerk (NED)	342
24. Kramer Vincent	82	08-021	1:11.92	25m	15-11-98	Zaandam (NED)	342
25. Gaal Koen	99	08-021	1:12.36	25m	6-9-15	Zaandam (NED)	335

200 wisselslag

1. Hogenstijn Peter	84	08-021	2:21.53	25m	26-10-00	Heemskerk (NED)	464
2. Schelvis Sjeng	89	08-021	2:24.63	25m	14-5-05	Zuidoost-Beemster (NED)	435
3. Jongert Sjoerd	01	08-021	2:26.20	25m	5-11-17	Alkmaar (NED)	421
4. Offringa Rick	03	08-021	2:27.81	25m	29-9-19	Alkmaar (NED)	408
5. Butter Martijn	79	08-021	2:29.00	25m	14-12-95	Heemskerk (NED)	398
6. Meijer Arno	75	08-021	2:29.20	25m	24-3-91	Zaandam (NED)	396
7. Kleijne Barry	93	08-021	2:29.38	25m	13-9-09	Zaandam (NED)	395
8. Essers Tim	88	08-021	2:30.13	25m	28-11-04	Heemskerk (NED)	389
9. Crok Pieter	91	08-021	2:30.89	25m	14-1-07	Amsterdam (NED)	383
10. Stins Arnold	83	08-021	2:31.70	25m	4-11-99	Heemskerk (NED)	377
11. Keessen Jeroen	67	08-021	2:32.70	25m	11-12-83	Heemskerk (NED)	370
12. de Boer Stephan	83	08-021	2:33.12	25m	7-3-99	Zaandam (NED)	367
13. Kerkhof Arno	72	08-021	2:34.60	25m	4-1-88	Zaandam (NED)	356
14. de Ruijter Richard	88	08-021	2:35.18	25m	29-1-04	Heemskerk (NED)	352
15. van Rijn Michael	70	08-021	2:35.50	25m	31-12-86		350
16. Steenbergen Roderik	82	08-021	2:35.58	25m	26-11-98	Heemskerk (NED)	349
17. Kramer Vincent	82	08-021	2:35.70	25m	8-3-98	Zaandam (NED)	349
18. Glorie Daan	88	08-021	2:36.49	25m	17-10-04	Zaandam (NED)	343
19. Gaal Roel	01	08-021	2:36.50	25m	12-2-17	Purmerend (NED)	343
20. Kranenburg Fred	63	08-021	2:37.80	25m	4-11-79	Zaandam (NED)	335
21. de Wit Stephen	93	08-021	2:38.24	25m	22-1-09	Heemskerk (NED)	332
22. van der Gracht Jory	87	08-021	2:38.58	25m	19-1-03	Zaandam	330
23. Hagebout Marcel	68	08-021	2:40.50	25m	2-9-84	Heemskerk (NED)	318
23. Oudendijk Paul	81	08-021	2:40.50	25m	19-1-97	Zaandam (NED)	318
25. Schaaper Bart	73	08-021	2:41.20	25m	18-2-89		314

300 wisselslag

1. de Ruijter Richard	88	08-021	3:58.55	25m	19-12-04	Heemskerk (NED)
2. Glorie Daan	88	08-021	4:00.20	25m	19-12-04	Heemskerk (NED)
3. van der Gracht Jory	87	08-021	4:01.26	25m	30-11-03	Heemskerk (NED)
4. Hermans Luuk	85	08-021	4:19.01	25m	20-1-01	Amsterdam (NED)
5. Hoenink Jarl	86	08-021	4:20.07	25m	24-11-02	Amsterdam
6. Butter Joris	86	08-021	4:22.29	25m	24-11-02	Amsterdam

400 wisselslag

1. Butter Martijn	79	08-021	5:14.20	25m	8-6-95	Heemskerk (NED)	421
2. Jongert Sjoerd	01	08-021	5:27.25	25m	19-3-17	Zaandam (NED)	372
3. Crok Pieter	91	08-021	5:27.53	25m	28-1-07	Zaandam (NED)	371
4. de Boer Stephan	83	08-021	5:34.83	25m	28-2-99	Zaandam (NED)	347
5. Kleijne Barry	93	08-021	5:39.32	25m	8-2-09	Zaandam (NED)	334
6. van der Gracht Jory	87	08-021	5:39.94	25m	23-2-03	Heemskerk	332
7. Oudendijk Paul	81	08-021	5:41.30	25m	12-1-97	Heemskerk (NED)	328
8. Glorie Daan	88	08-021	5:42.61	25m	29-2-04	Wormerveer	324
9. Kramer Vincent	82	08-021	5:46.80	25m	22-2-98	Zaandam (NED)	313
10. Hoenink Jarl	86	08-021	5:48.06	25m	24-2-02	Heemskerk	309
11. Kemmeren Ferry	91	08-021	5:52.82	25m	28-1-07	Zaandam (NED)	297
12. de Ruijter Richard	88	08-021	5:55.80	25m	29-5-04	Z.o. Beemster	289
13. Plokker Robert	65	08-021	5:57.70	25m	5-4-81	Heemskerk (NED)	285
14. van Rookhuizen Barry	82	08-021	5:58.00	25m	22-2-98	Zaandam (NED)	284
15. Hermans Luuk	85	08-021	6:06.91	25m	25-2-01	Heemskerk (NED)	264
16. van Vegten Teun	01	08-021	6:11.44	25m	19-3-17	Zaandam (NED)	254
17. van de Sluis Nicolai	66	08-021	6:17.90	25m	3-4-82	Heemskerk (NED)	242
18. Dekker Rudie	78	08-021	6:19.10	25m	6-3-94	Assendelft (NED)	239
19. Hoenink Sten	84	08-021	6:26.33	25m	30-3-00	Heemskerk (NED)	226