

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag****100 vrije slag****200 vrije slag****250 vrije slag****300 vrije slag****400 vrije slag****500 vrije slag****800 vrije slag****1000 vrije slag**

1. Glorie Daan	88	08-021	12:32.18	OW	8-9-07	Middelburg (NED)
2. Korzelius Ron	65	08-021	13:56.50	OW	17-6-84	Amstelveen (NED)
3. van der Gracht Jory	87	08-021	14:31.54	OW	29-7-06	Hoom (NED)
4. Tijms Stefan	93	08-021	15:00.00	OW	16-6-12	Vriezenveen (NED)
5. Windmuller Ton	62	08-021	16:59.50	OW	14-6-81	Amstelveen (NED)

1250 vrije slag**1500 vrije slag**

1. Glorie Daan	88	08-021	20:03.40	OW	21-7-07	Anna-Paulowna (NED)
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2000 vrije slag

1. Glorie Daan	88	08-021	24:33.59	OW	2-9-07	Vlissingen (NED)
2. Stins Arnold	83	08-021	25:13.83	OW	23-6-02	Breukelen (NED)
3. Butter Martijn	79	08-021	26:21.30	OW	12-7-98	Amsterdam (NED)
4. van der Gracht Jory	87	08-021	28:20.36	OW	25-6-06	Breukelen (NED)
5. Tijms Stefan	93	08-021	28:41.41	OW	1-9-12	Wilhelminadorp (NED)
6. Offringa Rick	03	08-021	29:38.25	OW	17-7-22	Amsterdam (NED)
7. Kramer Vincent	82	08-021	30:21.81	OW	24-6-01	Breukelen (NED)
8. Meijer Arno	75	08-021	31:04.10	OW	12-7-94	Harderwijk (NED)
9. de Vijlder Michael	75	08-021	32:17.20	OW	4-9-94	Amsterdam (NED)

2500 vrije slag

1. Glorie Daan	88	08-021	31:49.92	OW	7-7-07	Oss (NED)
2. Stins Arnold	83	08-021	33:22.92	OW	29-6-02	Scheerwolde (NED)
3. van der Gracht Jory	87	08-021	36:42.62	OW	8-7-06	Oss (NED)

3000 vrije slag

1. Glorie Daan	88	08-021	39:26.93	OW	14-7-07	Wijk en Aalburg (NED)
2. Stins Arnold	83	08-021	41:02.11	OW	26-8-02	Oosterhout (NED)
3. van der Gracht Jory	87	08-021	43:38.85	OW	22-7-06	Anna-Paulowna (NED)
4. Tijms Stefan	93	08-021	48:49.21	OW	19-8-12	Aalsmeer (NED)

4000 vrije slag

1. Tijms Stefan	93	08-021	1:05:28.98	OW	8-6-12	Leiden (NED)
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5000 vrije slag

1. Glorie Daan	88	08-021	1:02:33.86	OW	1-7-07	Bodegraven (NED)
2. Stins Arnold	83	08-021	1:15:47.79	OW	26-8-02	Oosterhout (NED)
3. van der Gracht Jory	87	08-021	1:19:38.05	OW	3-9-06	Vlissingen (NED)
4. Tijms Stefan	93	08-021	1:20:55.66	OW	17-6-12	Spaarnwoude (NED)

6000 vrije slag

1. Glorie Daan	88	08-021	50:21.66	OW	8-7-07	Beusichem-Culemborg (NED)
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6500 vrije slag**10000 vrije slag**

1. Glorie Daan	88	08-021	2:17:26.45	OW	25-8-07	Tilburg (NED)
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20000 vrije slag**22000 vrije slag**

1. Glorie Daan	88	08-021	5:13:11.61	OW	11-8-07	Stavoren-Medemblik (NED)
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25 rugslag**50 rugslag**

100 rugslag**200 rugslag****500 rugslag**

1. Glorie Daan	88	08-021	8:13.97	OW	7-7-07	Oss (NED)
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25 schoolslag**50 schoolslag****100 schoolslag****200 schoolslag****500 schoolslag**

1. van der Gracht Jory	87	08-021	8:36.29	OW	8-7-06	Oss (NED)
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800 schoolslag**1000 schoolslag**

1. Offringa Rick	03	08-021	16:28.52	OW	16-7-22	Amstelveen (NED)
2. van der Gracht Jory	87	08-021	18:08.69	OW	29-7-06	Hoom (NED)

1250 schoolslag**1500 schoolslag****2000 schoolslag**

1. Oudendijk Paul	81	08-021	32:15.80	OW	25-6-00	Breukelen (NED)
2. Tamis Thijs	82	08-021	34:02.15	OW	24-6-01	Breukelen (NED)
3. Tijms Stefan	93	08-021	34:33.04	OW	16-6-12	Vriezenveen (NED)
4. Beentjes Bastiaan	78	08-021	34:51.10	OW	15-6-97	Spaarnwoude (NED)
5. Stins Arnold	83	08-021	37:00.87	OW	18-8-02	Eersel (NED)
6. van der Gracht Jory	87	08-021	37:20.28	OW	23-7-06	Langedijk (NED)
7. Stam Daniël	79	08-021	38:50.10	OW	21-6-98	Spaarnwoude (NED)

2500 schoolslag**3000 schoolslag**

1. Oudendijk Paul	81	08-021	49:43.50	OW	29-7-00	Anna-Paulowna (NED)
2. Stins Arnold	83	08-021	53:47.42	OW	6-7-02	Sluis (NED)
3. Offringa Rick	03	08-021	53:50.02	OW	16-7-22	Amstelveen (NED)
4. Tijms Stefan	93	08-021	55:30.06	OW	7-7-12	Appeltern (NED)

4000 schoolslag

5000 schoolslag

25 vlinderslag

50 vlinderslag

100 vlinderslag

200 vlinderslag

1000 vlinderslag

100 wisselslag

200 wisselslag

300 wisselslag

400 wisselslag