

15m vlinderslag benen onderwater

1. Meijer Viggo	06	08-021	18.53	25m	15-12-19	Haarlem (NED)
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25m vrije slag met koprol**25m rugslag start****50m borstcrawl benen**

1. Blaauw Xam	07	08-021	55.87	25m	19-1-20	Zaandam (NED)
2. van Tilburg Beau	07	08-021	1:06.45	25m	19-1-20	Zaandam (NED)

100m borstcrawl benen**25 vrije slag**

1. Druyven Jorrick	94	08-021	13.86	25m	19-4-07	Heemskerk (NED)	285
2. Wiegman Stefan	74	08-021	13.90	25m	17-12-87	Heemskerk (NED)	283
3. van der Gracht Jory	87	08-021	14.11	25m	4-5-00	Heemskerk (NED)	270
4. Essers Tim	88	08-021	14.23	25m	29-3-01	Heemskerk (NED)	264
5. de Ruijter René	86	08-021	14.27	25m	25-3-99	Heemskerk (NED)	261
6. Butter Martijn	79	08-021	14.30	25m	18-6-92	Heemskerk	260
7. de Ruijter Richard	88	08-021	14.49	25m	29-3-01	Heemskerk (NED)	250
8. de Boer Stephan	83	08-021	14.60	25m	14-3-96	Heemskerk (NED)	244
9. Andeweg Celedonio	76	08-021	14.90	25m	31-12-89	Heemskerk (NED)	230
10. Kleijne Barry	93	08-021	14.98	25m	27-4-06	Heemskerk	226
11. Zwaan Bas	76	08-021	15.20	25m	31-12-89	Heemskerk (NED)	216
12. van Rookhuizen Barry	82	08-021	15.40	25m	27-4-95	Heemskerk (NED)	208
13. Oortwijn Guido	78	08-021	15.60	25m	16-5-91	Heemskerk (NED)	200
14. Kramer Vincent	82	08-021	15.70	25m	26-4-95		196
15. Oortwijn Bouke	78	08-021	15.80	25m	16-5-91	Heemskerk (NED)	192
16. Glorie Daan	88	08-021	15.92	25m	29-3-01	Heemskerk (NED)	188
17. Thijssen Dave	82	08-021	16.00	25m	27-4-95	Heemskerk (NED)	185
18. Smit Arend	88	08-021	16.27	25m	29-3-01	Heemskerk (NED)	176
19. Dekker Rudie	78	08-021	16.30	25m	16-5-91	Heemskerk (NED)	175
20. Hoenink Sten	84	08-021	16.40	25m	13-3-97	Heemskerk (NED)	172
21. Oortwijn Maarten	80	08-021	16.50	25m	16-6-93		169
22. ten Cate Raymond	82	08-021	16.60	25m	27-4-95	Heemskerk (NED)	166
23. Sikkema Joris	86	08-021	16.68	25m	25-3-99	Heemskerk (NED)	163
24. de Caluwé Thijs	82	08-021	16.70	25m	6-4-95	Heemskerk (NED)	163
25. Stins Arnold	83	08-021	16.90	25m	14-3-96	Heemskerk (NED)	157

50 vrije slag

1. Druyven Jorrick	94	08-021	26.92	25m	30-12-07	Maastricht (NED)	426
2. Camphuijnder Jasper	05	08-021	27.59	25m	15-12-18	Eindhoven (NED)	395
3. Gaal Roel	01	08-021	28.91	25m	26-10-14	Zaandam (NED)	344
4. Dekker Ruben	93	08-021	29.04	25m	22-1-06	Purmerend (NED)	339
5. Crok Pieter	91	08-021	29.07	25m	28-12-04	Maastricht (NED)	338
6. Offringa Rick	03	08-021	29.21	25m	29-1-16	Amsterdam (NED)	333
7. Essers Tim	88	08-021	29.29	25m	27-9-01	Heemskerk	330
8. Oortwijn Kalle	05	08-021	29.44	25m	24-11-18	Hoofddorp (NED)	325
9. van der Linden René	70	08-021	29.60	25m	11-12-83	Heemskerk (NED)	320
9. van Rijn Michael	70	08-021	29.60	25m	31-12-83		320
11. Dekker Matthijs	90	08-021	29.70	25m	28-12-03	Maastricht (NED)	317
12. Ayari Adam	08	08-021	29.73	25m	19-9-21	Zaandam (NED)	316
13. Wiegman Stefan	74	08-021	30.10	25m	31-12-87		304
14. van der Gracht Jory	87	08-021	30.22	25m	3-12-00	Zaandam (NED)	301
15. Meijer Arno	75	08-021	30.30	25m	15-12-88	Heemskerk (NED)	298
16. de Boer Stephan	83	08-021	30.40	25m	12-12-96	Heemskerk (NED)	296
17. Lamers Koen	91	08-021	30.48	25m	28-12-04	Maastricht (NED)	293
18. Kleijne Barry	93	08-021	30.54	25m	5-11-06	Zaandam (NED)	291
19. Kuijper Alex	08	08-021	30.61	25m	21-11-21	Den Helder (NED)	289
20. Hermans Luuk	85	08-021	30.62	25m	15-11-98	Zaandam (NED)	289
21. Groen Jarno	01	08-021	30.77	25m	18-9-14	Heemskerk (NED)	285
22. Nolte Martijn	74	08-021	30.80	25m	21-5-87	Heemskerk (NED)	284
22. Switser René	75	08-021	30.80	25m	15-12-88	Heemskerk (NED)	284
24. de Ruijter Richard	88	08-021	31.05	25m	25-10-01	Heemskerk	277
25. Tuinstra Sean	98	08-021	31.14	25m	6-11-11	Zaandam (NED)	275

100 vrije slag

1. Druyven Jorrick	94	08-021	59.39	25m	25-11-07	Amsterdam (NED)	433
2. Camphuijnder Jasper	05	08-021	59.88	25m	17-11-18	Hoofddorp (NED)	422
3. Gaal Roel	01	08-021	1:01.48	25m	21-12-14	Zaandam (NED)	390
4. Schelvis Sjeng	89	08-021	1:03.19	25m	8-12-02	Heemskerk	359
4. Crok Pieter	91	08-021	1:03.19	25m	28-12-04	Maastricht (NED)	359
6. Dekker Ruben	93	08-021	1:03.54	25m	19-2-06	Almelo (NED)	353
7. Offringa Rick	03	08-021	1:03.77	25m	18-12-16	Heemskerk (NED)	349
8. Essers Tim	88	08-021	1:04.69	25m	9-12-01	Heemskerk	335
9. Oortwijn Kalle	05	08-021	1:05.40	25m	29-12-18	Leeuwarden (NED)	324
10. Ayari Adam	08	08-021	1:05.58	25m	26-9-21	Alkmaar (NED)	321
11. Wiegman Stefan	74	08-021	1:05.60	25m	13-12-87	Assendelft (NED)	321
12. Dekker Matthijs	90	08-021	1:06.06	25m	14-12-03	Heemskerk (NED)	314
13. Groen Jarno	01	08-021	1:06.53	25m	7-12-14	Heemskerk (NED)	308
14. Hagebout Marcel	68	08-021	1:06.90	25m	19-12-81	Hilversum (NED)	303
15. Meijer Arno	75	08-021	1:07.10	25m	30-10-88		300
16. Butter Martijn	79	08-021	1:07.50	25m	13-12-92	Heemskerk (NED)	295
17. Kleijne Barry	93	08-021	1:07.60	25m	28-12-06	Maastricht (NED)	293
18. de Ruijter Richard	88	08-021	1:07.79	25m	9-12-01	Heemskerk	291
19. van der Gracht Jory	87	08-021	1:07.82	25m	10-12-00	Heemskerk (NED)	290
19. Lamers Koen	91	08-021	1:07.82	25m	12-12-04	Heemskerk (NED)	290
21. de Boer Stephan	83	08-021	1:08.00	25m	15-12-96	Heemskerk (NED)	288
22. Doodeman Niels	89	08-021	1:08.40	25m	7-4-02	Heemskerk	283
23. Hermans Luuk	85	08-021	1:08.49	25m	13-12-98	Heemskerk (NED)	282
24. Kuijper Alex	08	08-021	1:08.50	25m	21-11-21	Den Helder (NED)	282
25. Kramer Vincent	82	08-021	1:09.70	25m	26-11-95	Heemskerk (NED)	268

200 vrije slag

1. Druyven Jorrick	94	08-021	2:12.50	25m	25-10-07	Heemskerk (NED)	421
2. Camphuijnder Jasper	05	08-021	2:13.75	25m	30-12-18	Leeuwarden (NED)	410
3. Gaal Roel	01	08-021	2:18.63	25m	21-12-14	Zaandam (NED)	368
4. Essers Tim	88	08-021	2:19.90	25m	7-10-01	Zaandam (NED)	358
5. Offringa Rick	03	08-021	2:20.22	25m	24-4-16	Zaandam (NED)	355
6. Dekker Matthijs	90	08-021	2:23.46	25m	18-12-03	Heemskerk (NED)	332
7. Dekker Ruben	93	08-021	2:25.91	25m	27-1-06	Dordrecht (NED)	315
8. Schelvis Sjeng	89	08-021	2:26.14	25m	26-9-02	Heemskerk	314
9. Crok Pieter	91	08-021	2:26.86	25m	3-10-04	Heemskerk (NED)	309
10. Meijer Arno	75	08-021	2:27.90	25m	13-11-88	(NED)	303
11. Wiegman Stefan	74	08-021	2:28.60	25m	13-12-87	Assendelft (NED)	299
12. de Ruijter Richard	88	08-021	2:29.22	25m	27-9-01	Heemskerk	295
13. Gaal Koen	99	08-021	2:29.90	25m	15-4-12	Zaandam (NED)	291
14. Glorie Daan	88	08-021	2:30.79	25m	27-9-01	Heemskerk	286
15. Groen Jarno	01	08-021	2:30.87	25m	14-12-14	Zaandam (NED)	285
16. Butter Martijn	79	08-021	2:31.10	25m	8-11-92	Assendelft (NED)	284
17. Kleijne Barry	93	08-021	2:31.29	25m	25-2-06	Hoorndrecht (NED)	283
18. van der Gracht Jory	87	08-021	2:32.15	25m	30-11-00	Heemskerk (NED)	278
19. Lamers Koen	91	08-021	2:33.12	25m	3-10-04	Heemskerk (NED)	273
20. Oortwijn Kalle	05	08-021	2:33.78	25m	12-4-18	Heemskerk (NED)	269
21. van Vegten Teun	01	08-021	2:34.13	25m	14-12-14	Zaandam (NED)	267
22. de Boer Tobias	02	08-021	2:34.76	25m	13-12-15	Zaandam (NED)	264
23. Andeweg Celedonio	76	08-021	2:35.00	25m	5-11-89	Heemskerk (NED)	263
24. Hermans Luuk	85	08-021	2:36.06	25m	17-12-98	Heemskerk (NED)	258
25. Oortwijn Maarten	80	08-021	2:36.60	25m	7-11-93	Assendelft (NED)	255

250 vrije slag**300 vrije slag**

1. Druyven Jorrick	94	08-021	3:33.01	25m	14-10-07	Zaandam (NED)	391
2. Dekker Ruben	93	08-021	3:43.33	25m	27-1-06	Dordrecht (NED)	339
3. Offringa Rick	03	08-021	3:46.91	25m	28-1-16	Amsterdam (NED)	323
4. Lamers Koen	91	08-021	4:07.96	25m	29-4-04	Heemskerk (NED)	248
5. Gaal Koen	99	08-021	4:13.49	25m	26-5-12	Purmerend (NED)	232
6. Kemmeren Ferry	91	08-021	4:16.25	25m	29-4-04	Heemskerk (NED)	224
7. Kuijper Alex	08	08-021	4:24.63	25m	10-10-21	Den Helder (NED)	204
8. Vlieland Roy	99	08-021	4:32.77	25m	8-4-12	Haarlem (NED)	186
9. Martijn Onno	91	08-021	4:38.97	25m	17-10-04	Zaandam (NED)	174
10. de Caluwé Niels	91	08-021	4:44.80	25m	29-4-04	Heemskerk (NED)	163
11. Ramaakers Raymond	91	08-021	4:58.18	25m	29-4-04	Heemskerk (NED)	142

400 vrije slag

1. Druyven Jorrick	94	08-021	4:42.30	25m	14-10-07	Zaandam (NED)	425
2. Dekker Ruben	93	08-021	4:58.33	25m	27-1-06	Dordrecht (NED)	360
3. Dekker Matthijs	90	08-021	5:03.37	25m	26-10-03	Zaandam	342
4. Offringa Rick	03	08-021	5:04.45	25m	28-1-16	Amsterdam (NED)	338
5. Essers Tim	88	08-021	5:15.21	25m	16-9-01	Zaandam (NED)	305
6. Schelvis Sjeng	89	08-021	5:15.30	25m	30-5-02	Heemskerk	305
7. van der Gracht Jory	87	08-021	5:18.42	25m	5-11-00	Zaandam (NED)	296
8. Kleijne Barry	93	08-021	5:19.00	25m	3-12-06	Zaandam (NED)	294
9. Oudendijk Paul	81	08-021	5:26.40	25m	14-4-94	Heemskerk	274
10. de Ruijter Richard	88	08-021	5:26.78	25m	16-9-01	Zaandam (NED)	274
11. Groen Jarno	01	08-021	5:28.32	25m	19-10-14	Zaandam (NED)	270
12. Gaal Koen	99	08-021	5:29.97	25m	26-5-12	Purmerend (NED)	266
13. Meijer Arno	75	08-021	5:30.20	25m	6-10-88	Heemskerk (NED)	265
14. Andeweg Celedonio	76	08-021	5:32.30	25m	12-11-89	Assendelft (NED)	260
15. Lamers Koen	91	08-021	5:32.32	25m	29-4-04	Heemskerk (NED)	260
16. Butter Martijn	79	08-021	5:32.50	25m	27-9-92	Wormerveer (NED)	260
17. de Boer Stephan	83	08-021	5:37.00	25m	4-4-96	Heemskerk (NED)	249
18. Kemmeren Ferry	91	08-021	5:41.54	25m	17-10-04	Zaandam (NED)	240
19. Doodeman Niels	89	08-021	5:45.83	25m	30-5-02	Heemskerk	231
20. Switser René	75	08-021	5:50.20	25m	6-10-88	Heemskerk (NED)	222
21. Hoenink Jarl	86	08-021	5:51.64	25m	24-10-99	Zaandam (NED)	219
22. Steenberg Roderik	82	08-021	5:51.90	25m	18-5-95	Heemskerk (NED)	219
23. Kuijper Alex	08	08-021	5:52.35	25m	10-10-21	Den Helder (NED)	218
24. de Boer Tobias	02	08-021	5:53.86	25m	18-10-15	Zaandam (NED)	215
25. van Rookhuizen Barry	82	08-021	5:53.90	25m	18-5-95	Heemskerk (NED)	215

500 vrije slag**800 vrije slag**

1. Druyven Jorrick	94	08-021	9:54.13	25m	23-12-07	Amsterdam (NED)	415
2. Dekker Matthijs	90	08-021	10:37.53	25m	16-11-03	Heemskerk (NED)	336
3. Crok Pieter	91	08-021	10:41.86	25m	14-11-04	Heemskerk (NED)	329
4. Schelvis Sjeng	89	08-021	10:44.25	25m	1-12-02	Heemskerk	326
5. Essers Tim	88	08-021	10:48.01	25m	4-11-01	Heemskerk	320
6. Kleijne Barry	93	08-021	10:48.37	25m	3-12-06	Zaandam (NED)	319
7. Groen Jarno	01	08-021	11:00.16	25m	19-10-14	Zaandam (NED)	303
8. Oudendijk Paul	81	08-021	11:23.90	25m	17-12-94		272
9. Meijer Arno	75	08-021	11:26.50	25m	4-12-88	(NED)	269
10. Glorie Daan	88	08-021	11:28.86	25m	4-11-01	Heemskerk	266
11. de Ruijter Richard	88	08-021	11:32.87	25m	4-11-01	Heemskerk	262
12. Lamers Koen	91	08-021	11:41.47	25m	14-11-04	Heemskerk (NED)	252
13. Kemmeren Ferry	91	08-021	11:43.33	25m	14-11-04	Heemskerk (NED)	250
14. Andeweg Celedonio	76	08-021	11:44.80	25m	28-12-89	Heemskerk (NED)	249
15. de Boer Tobias	02	08-021	11:53.95	25m	18-10-15	Zaandam (NED)	239
16. Vlieland Roy	99	08-021	12:03.71	25m	21-10-12	Zaandam (NED)	230
17. van der Gracht Jory	87	08-021	12:06.51	25m	23-1-00	Heemskerk (NED)	227
18. Krijger Jan-Willem	81	08-021	12:39.20	25m	18-12-94	Wormerveer (NED)	199
19. Martijn Onno	91	08-021	12:44.80	25m	14-11-04	Heemskerk (NED)	194
20. Hermans Luuk	85	08-021	12:48.50	25m	22-2-98	Zaandam (NED)	192
21. Woudsma Stefan	00	08-021	13:21.26	25m	24-2-13	Zaandam (NED)	169
22. Woudsma Maarten	01	08-021	14:23.60	25m	19-10-14	Zaandam (NED)	135

1000 vrije slag

1. Druyven Jorrick	94	08-021	13:53.65	OW	24-6-07	Breukelen (NED)
2. Dekker Matthijs	90	08-021	14:11.36	OW	10-8-03	Stadskanaal (NED)
3. Oudendijk Paul	81	08-021	15:44.00	OW	12-7-94	Harderwijk (NED)
4. Glorie Daan	88	08-021	15:53.24	OW	12-8-01	Eersel (NED)
5. Tijms Stefan	93	08-021	16:16.39	OW	2-9-06	Wilhelminadorp (NED)
6. Kleijne Barry	93	08-021	16:21.64	OW	23-7-06	Langedijk (NED)
7. Kramer Vincent	82	08-021	16:39.20	OW	2-7-95	Veghel (NED)
8. Vlieland Roy	99	08-021	17:17.98	OW	28-7-12	Anna-Paulowna (NED)

1250 vrije slag**1500 vrije slag**

1. Druyven Jorrick	94	08-021	18:38.36	25m	23-12-07	Amsterdam (NED)	436
2. Kleijne Barry	93	08-021	20:19.06	25m	29-1-06	Zaandam (NED)	336
3. Dekker Matthijs	90	08-021	21:29.41	25m	16-2-03	Zaandam	284
4. Crok Pieter	91	08-021	21:53.76	25m	7-3-04	Zaandam	268
5. Meijer Arno	75	08-021	21:59.00	25m	29-12-88	Heemskerk (NED)	265
6. de Ruijter Richard	88	08-021	22:18.89	25m	11-2-01	Zaandam (NED)	254
6. Essers Tim	88	08-021	22:18.89	25m	11-2-01	Zaandam (NED)	254
8. Groen Jarno	01	08-021	22:45.37	25m	23-2-14	Zaandam (NED)	239
9. de Boer Tobias	02	08-021	23:08.88	25m	22-2-15	Zaandam (NED)	227
10. van der Gracht Jory	87	08-021	23:28.51	25m	5-3-00	Zaandam (NED)	218
11. Woudsma Stefan	00	08-021	24:52.56	25m	24-2-13	Zaandam (NED)	183
12. Doodeman Niels	89	08-021	25:33.93	25m	10-2-02	Zaandam	168
13. Vlieland Roy	99	08-021	25:51.74	OW	30-6-12	Scheerwolde (NED)	

2000 vrije slag

1. Dekker Matthijs	90	08-021	29:30.77	OW	10-8-03	Stadskanaal (NED)
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2500 vrije slag**3000 vrije slag**

1. Dekker Matthijs	90	08-021	46:54.89	OW	13-9-03	Tilburg (NED)
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4000 vrije slag**5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag**

22000 vrije slag**25 rugslag**

1. Druyven Jorrick	94	08-021	16.00	25m	19-4-07	Heemskerk (NED)	271
2. Wiegman Stefan	74	08-021	16.60	25m	17-12-87	Heemskerk (NED)	243
2. Essers Tim	88	08-021	16.60	25m	22-2-01	Heemskerk (NED)	243
4. Butter Martijn	79	08-021	17.10	25m	18-6-92	Heemskerk	222
5. de Ruijter René	86	08-021	17.26	25m	25-3-99	Heemskerk (NED)	216
6. Oortwijn Guido	78	08-021	17.30	25m	16-5-91	Heemskerk (NED)	214
7. Hermans Luuk	85	08-021	17.40	25m	15-1-98	Heemskerk (NED)	211
8. Andeweg Celedonio	76	08-021	17.50	25m	31-12-89	Heemskerk (NED)	207
9. Kramer Vincent	82	08-021	17.80	25m	16-3-95	Heemskerk (NED)	197
10. de Ruijter Richard	88	08-021	17.88	25m	22-2-01	Heemskerk (NED)	194
11. Kleijne Barry	93	08-021	17.98	25m	27-4-06	Heemskerk	191
12. Zwaan Bas	76	08-021	18.00	25m	31-12-89	Heemskerk (NED)	190
13. Thijssen Dave	82	08-021	18.10	25m	16-3-95	Heemskerk (NED)	187
14. de Boer Stephan	83	08-021	18.30	25m	8-2-96	Heemskerk (NED)	181
15. Glorie Daan	88	08-021	18.37	25m	22-2-01	Heemskerk (NED)	179
16. van Rookhuizen Barry	82	08-021	18.40	25m	16-3-95	Heemskerk (NED)	178
17. Steenbergen Roderik	82	08-021	18.60	25m	16-3-95	Heemskerk (NED)	172
18. Stins Arnold	83	08-021	19.30	25m	8-2-96	Heemskerk (NED)	154
19. Bal Chester	78	08-021	19.70	25m	16-5-91	Heemskerk (NED)	145
20. Sikkema Joris	86	08-021	20.15	25m	25-3-99	Heemskerk (NED)	135
21. Oortwijn Bouke	78	08-021	20.20	25m	16-5-91	Heemskerk (NED)	134
21. ten Cate Raymond	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
21. de Caluwé Thijs	82	08-021	20.20	25m	16-3-95	Heemskerk (NED)	134
24. van der Gracht Jory	87	08-021	20.35	25m	17-2-00	Heemskerk (NED)	131
25. Dekker Rudie	78	08-021	20.90	25m	16-5-91	Heemskerk (NED)	121

50 rugslag

1. Druyven Jorrick	94	08-021	31.37	25m	28-12-07	Maastricht (NED)	355
2. Essers Tim	88	08-021	32.74	25m	29-11-01	Heemskerk	312
3. Dekker Ruben	93	08-021	33.36	25m	22-1-06	Purmerend (NED)	295
4. Camphuijnder Jasper	05	08-021	33.93	25m	24-11-18	Hoofddorp (NED)	280
5. Dekker Matthijs	90	08-021	34.32	25m	28-12-03	Maastricht (NED)	271
6. Oortwijn Kalle	05	08-021	34.90	25m	24-11-18	Hoofddorp (NED)	258
7. Offringa Rick	03	08-021	35.28	25m	18-2-16	Heemskerk (NED)	249
8. Kleijne Barry	93	08-021	35.79	25m	28-12-06	Maastricht (NED)	239
9. Crok Pieter	91	08-021	35.98	25m	28-12-04	Maastricht (NED)	235
10. Groen Jarno	01	08-021	35.99	25m	16-11-14	Zaandam (NED)	235
11. Schelvis Sjeng	89	08-021	36.06	25m	31-10-02	Heemskerk	233
12. Gaal Roel	01	08-021	36.14	25m	26-10-14	Zaandam (NED)	232
13. Meijer Arno	75	08-021	36.60	25m	15-12-88	Heemskerk (NED)	223
14. van der Linden René	70	08-021	36.80	25m	31-12-83		220
14. Oudendijk Paul	81	08-021	36.80	25m	16-9-94		220
14. Hermans Luuk	85	08-021	36.80	25m	29-10-98	Heemskerk (NED)	220
17. Kemmeren Ferry	91	08-021	36.85	25m	29-5-04	Z.o. Beemster	219
18. de Boer Stephan	83	08-021	36.90	25m	7-11-96	Heemskerk (NED)	218
19. Kramer Vincent	82	08-021	37.00	25m	9-11-95	Heemskerk (NED)	216
20. Gaal Koen	99	08-021	37.19	25m	26-5-12	Purmerend (NED)	213
21. Hagebout Marcel	68	08-021	37.20	25m	17-5-81	Castricum (NED)	213
21. Butter Martijn	79	08-021	37.20	25m	11-6-92	Heemskerk (NED)	213

50 rugslag (sinds 23)

23. Ayari Adam	08	08-021	37.32	25m	31-10-21	Heemskerk (NED)	211
24. Glorie Daan	88	08-021	37.54	25m	29-11-01	Heemskerk	207
25. Schaap Paul	75	08-021	37.80	25m	15-12-88	Heemskerk (NED)	203

100 rugslag

1. Druyven Jorrick	94	08-021	1:07.31	25m	29-12-07	Maastricht (NED)	383
2. Dekker Ruben	93	08-021	1:11.34	25m	28-1-06	Dordrecht (NED)	322
3. Essers Tim	88	08-021	1:11.47	25m	7-10-01	Zaandam (NED)	320
4. Dekker Matthijs	90	08-021	1:13.09	25m	28-12-03	Maastricht (NED)	299
5. Offringa Rick	03	08-021	1:14.59	25m	18-12-16	Heemskerk (NED)	281
6. Camphuijnder Jasper	05	08-021	1:14.61	25m	21-10-18	Purmerend (NED)	281
7. Kleijne Barry	93	08-021	1:16.24	25m	29-12-06	Maastricht (NED)	263
8. Crok Pieter	91	08-021	1:16.34	25m	7-11-04	Amsterdam (NED)	262
9. Schelvis Sjeng	89	08-021	1:17.07	25m	28-3-02	Heemskerk	255
10. Groen Jarno	01	08-021	1:17.12	25m	7-12-14	Heemskerk (NED)	254
11. van der Linden René	70	08-021	1:17.40	25m	31-12-83		252
11. Wiegman Stefan	74	08-021	1:17.40	25m	8-11-87	Heemskerk (NED)	252
13. Oortwijn Kalle	05	08-021	1:17.95	25m	29-11-18	Heemskerk (NED)	246
14. Gaal Roel	01	08-021	1:18.85	25m	16-11-14	Zaandam (NED)	238
15. Ayari Adam	08	08-021	1:18.87	25m	31-10-21	Heemskerk (NED)	238
16. Hermans Luuk	85	08-021	1:19.25	25m	22-11-98	Zaandam (NED)	234
17. Oudendijk Paul	81	08-021	1:19.50	25m	17-3-94	Heemskerk	232
18. Hagebout Marcel	68	08-021	1:19.80	25m	1-11-81	Bergen (NED)	230
19. van Rijn Michael	70	08-021	1:20.10	25m	31-12-83		227
20. Kuijper Alex	08	08-021	1:20.41	25m	31-10-21	Heemskerk (NED)	224
21. Kramer Vincent	82	08-021	1:20.60	25m	8-6-95	Heemskerk (NED)	223
22. Andeweg Celedonio	76	08-021	1:20.70	25m	1-10-89	Zaandam (NED)	222
23. Butter Martijn	79	08-021	1:21.10	25m	8-10-92	Heemskerk (NED)	219
24. Blaauw Mica	05	08-021	1:21.16	25m	29-11-18	Heemskerk (NED)	218
25. Kemmeren Ferry	91	08-021	1:21.48	25m	28-12-04	Maastricht (NED)	216

200 rugslag

1. Camphuijnder Jasper	05	08-021	2:29.80	25m	2-12-18	Zaandam (NED)	350
2. Druyven Jorrick	94	08-021	2:30.53	25m	16-12-07	Zaandam (NED)	345
3. Essers Tim	88	08-021	2:39.56	25m	18-11-01	Heemskerk	290
4. Dekker Ruben	93	08-021	2:39.72	25m	15-1-06	Zaandam (NED)	289
5. Schelvis Sjeng	89	08-021	2:43.59	25m	19-12-02	Heemskerk	269
6. Offringa Rick	03	08-021	2:43.98	25m	2-10-16	Purmerend (NED)	267
7. Crok Pieter	91	08-021	2:46.59	25m	23-12-04	Heemskerk (NED)	254
8. Gaal Roel	01	08-021	2:50.74	25m	8-6-14	Purmerend (NED)	236
9. Dekker Matthijs	90	08-021	2:51.42	25m	25-9-03	Heemskerk (NED)	233
10. Vlieland Roy	99	08-021	2:52.08	25m	9-12-12	Zaandam (NED)	231
11. Kleijne Barry	93	08-021	2:52.20	25m	12-3-06	Zaandam (NED)	230
12. Hagebout Marcel	68	08-021	2:52.50	25m	5-4-81	Heemskerk (NED)	229
13. Butter Martijn	79	08-021	2:52.60	25m	12-11-92	Heemskerk (NED)	229
14. Gaal Koen	99	08-021	2:52.81	25m	1-4-12	Zaandam (NED)	228
15. Kramer Vincent	82	08-021	2:53.50	25m	8-10-95	Assendelft (NED)	225
16. Oudendijk Paul	81	08-021	2:53.70	25m	20-10-94	Heemskerk (NED)	224
17. Oortwijn Kalle	05	08-021	2:53.89	25m	7-10-18	Purmerend (NED)	224
18. Hermans Luuk	85	08-021	2:54.45	25m	24-9-98	Heemskerk (NED)	221
19. Groen Jarno	01	08-021	2:54.57	25m	5-10-14	Zaandam (NED)	221

200 rugslag (sinds 20)

20. Hoenink Jarl	86	08-021	2:54.71	25m	21-11-99	Heemskerk (NED)	221
21. de Ruijter Richard	88	08-021	2:54.90	25m	22-3-01	Heemskerk (NED)	220
22. Blaauw Mica	05	08-021	2:55.79	25m	7-10-18	Purmerend (NED)	216
23. van Vegten Teun	01	08-021	2:58.40	25m	5-10-14	Zaandam (NED)	207
24. Meijer Arno	75	08-021	2:58.50	25m	15-1-88		207
25. van Rijn Michael	70	08-021	2:58.90	25m	10-4-83	Heemskerk (NED)	205

500 rugslag25 schoolslag

1. Druyven Jorrick	94	08-021	17.93	25m	19-4-07	Heemskerk (NED)	272
2. de Ruijter Richard	88	08-021	18.15	25m	22-2-01	Heemskerk (NED)	262
3. Andeweg Celedonio	76	08-021	18.50	25m	31-12-89	Heemskerk (NED)	247
4. de Boer Stephan	83	08-021	18.60	25m	14-3-96	Heemskerk (NED)	243
5. Wiegman Stefan	74	08-021	18.80	25m	17-12-87	Heemskerk (NED)	236
5. Zwaan Bas	76	08-021	18.80	25m	31-12-89	Heemskerk (NED)	236
7. Essers Tim	88	08-021	18.94	25m	22-2-01	Heemskerk (NED)	230
8. Verdonk Pim	63	08-021	19.00	25m	14-9-76	Heemskerk (NED)	228
9. van der Gracht Jory	87	08-021	19.59	25m	17-2-00	Heemskerk (NED)	208
10. van Rookhuizen Barry	82	08-021	19.60	25m	27-4-95	Heemskerk (NED)	208
11. Butter Martijn	79	08-021	20.00	25m	18-6-92	Heemskerk	196
12. Lammers Fake	63	08-021	20.10	25m	14-9-76	Heemskerk (NED)	193
13. Hermans Luuk	85	08-021	20.50	25m	19-3-98	Heemskerk (NED)	182
14. Stins Arnold	83	08-021	20.70	25m	14-3-96	Heemskerk (NED)	176
15. Oortwijn Guido	78	08-021	20.80	25m	16-5-91	Heemskerk (NED)	174
16. Thijssen Dave	82	08-021	20.90	25m	27-4-95	Heemskerk (NED)	171
17. Oortwijn Bouke	78	08-021	21.10	25m	16-5-91	Heemskerk (NED)	167
17. Hoenink Sten	84	08-021	21.10	25m	13-3-97	Heemskerk (NED)	167
19. Steenberg Roderik	82	08-021	21.20	25m	27-4-95	Heemskerk (NED)	164
20. Kramer Vincent	82	08-021	21.30	25m	26-4-95		162
21. Borst Jan	63	08-021	21.40	25m	30-3-76	Heemskerk (NED)	160
22. de Vries Dylan	93	08-021	21.48	25m	27-4-06	Heemskerk	158
23. de Ruijter René	86	08-021	21.58	25m	25-3-99	Heemskerk (NED)	156
24. Butter Joris	86	08-021	21.67	25m	25-3-99	Heemskerk (NED)	154
25. Lith John	63	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147

50 schoolslag

1. Crok Pieter	91	08-021	37.06	25m	28-12-04	Maastricht (NED)	316
2. Ayari Adam	08	08-021	37.34	25m	12-9-21	Alkmaar (NED)	309
3. Druyven Jorrick	94	08-021	37.41	25m	30-12-07	Maastricht (NED)	307
4. de Ruijter Richard	88	08-021	37.93	25m	20-12-01	Heemskerk	295
5. Essers Tim	88	08-021	38.37	25m	20-12-01	Heemskerk	284
6. Palmboom Pascal	89	08-021	38.95	25m	22-12-02	Zaandam	272
7. Camphuijnder Jasper	05	08-021	39.31	25m	23-9-18	Zaandam (NED)	265
8. Meijer Arno	75	08-021	39.60	25m	15-12-88	Heemskerk (NED)	259
9. van der Gracht Jory	87	08-021	39.79	25m	3-12-00	Zaandam (NED)	255
10. de Boer Stephan	83	08-021	39.90	25m	27-10-96	Zaandam (NED)	253
11. Oortwijn Kalle	05	08-021	40.38	25m	16-9-18	Alkmaar (NED)	244
12. Andeweg Celedonio	76	08-021	40.50	25m	14-12-89	Heemskerk (NED)	242
13. Oudendijk Paul	81	08-021	40.60	25m	16-9-94		240
14. Hoenink Jarl	86	08-021	40.72	25m	16-12-99	Heemskerk	238

50 schoolslag (sinds 15)

15. Doodeman Niels	89	08-021	41.18	25m	17-3-02	Zaandam	230
16. Zwaan Bas	76	08-021	41.20	25m	14-12-89	Heemskerk (NED)	230
17. Schaap Paul	75	08-021	41.40	25m	15-12-88	Heemskerk (NED)	226
18. Hermans Luuk	85	08-021	41.46	25m	15-11-98	Zaandam (NED)	225
19. Dekker Matthijs	90	08-021	41.74	25m	28-12-03	Maastricht (NED)	221
20. Kemmeren Ferry	91	08-021	41.82	25m	28-12-04	Maastricht (NED)	220
21. Switser René	75	08-021	42.10	25m	15-12-88	Heemskerk (NED)	215
22. Offringa Rick	03	08-021	42.19	25m	17-3-16	Heemskerk (NED)	214
23. Stins Arnold	83	08-021	42.50	25m	10-10-96	Heemskerk (NED)	209
23. Schelvis Sjeng	89	08-021	42.50	25m	28-11-02	Heemskerk	209
25. Lamers Koen	91	08-021	42.72	25m	28-12-04	Maastricht (NED)	206

100 schoolslag

1. de Ruijter Richard	88	08-021	1:19.08	25m	9-12-01	Heemskerk	347
2. Druyven Jorrick	94	08-021	1:20.09	25m	29-12-07	Maastricht (NED)	334
3. Crok Pieter	91	08-021	1:21.64	25m	28-12-04	Maastricht (NED)	316
4. Essers Tim	88	08-021	1:21.78	25m	9-12-01	Heemskerk	314
5. Ayari Adam	08	08-021	1:22.21	25m	12-9-21	Alkmaar (NED)	309
6. Schaaper Bart	73	08-021	1:22.30	25m	31-12-86		308
7. de Boer Stephan	83	08-021	1:23.00	25m	15-12-96	Heemskerk (NED)	300
8. van Rijn Michael	70	08-021	1:24.70	25m	31-12-83		283
9. Keessen Jeroen	67	08-021	1:26.50	25m	16-11-80	Haarlem (NED)	265
10. Camphuijnder Jasper	05	08-021	1:26.54	25m	24-11-18	Hoofddorp (NED)	265
11. Andeweg Celedonio	76	08-021	1:26.80	25m	12-11-89	Assendelft (NED)	262
12. Oudendijk Paul	81	08-021	1:27.00	25m	11-12-94	Heemskerk (NED)	261
13. Oortwijn Kalle	05	08-021	1:27.27	25m	30-12-18	Leeuwarden (NED)	258
14. Palmboom Pascal	89	08-021	1:27.31	25m	28-12-02	Hoom (NED)	258
15. van der Gracht Jory	87	08-021	1:28.80	50m	22-10-00	Beverwijk (NED)	266
16. Hagebout Marcel	68	08-021	1:29.00	25m	18-10-81	Heemskerk (NED)	243
17. Stins Arnold	83	08-021	1:29.30	25m	15-12-96	Heemskerk (NED)	241
18. Doodeman Niels	89	08-021	1:30.44	25m	7-4-02	Heemskerk	232
19. Offringa Rick	03	08-021	1:30.54	25m	17-1-16	Purmerend (NED)	231
20. Missot Paul	64	08-021	1:30.60	25m	10-12-77	Heemskerk (NED)	231
21. van de Sluis Nicolai	66	08-021	1:30.70	25m	9-9-79	Wormerveer (NED)	230
22. Oortwijn Guido	78	08-021	1:30.80	25m	15-12-91	Heemskerk (NED)	229
23. Meijer Arno	75	08-021	1:31.40	25m	7-4-88	Heemskerk (NED)	225
24. van Rookhuizen Barry	82	08-021	1:31.50	25m	26-11-95	Heemskerk (NED)	224
25. Hermans Luuk	85	08-021	1:31.88	25m	26-9-98	Assendelft (NED)	221

200 schoolslag

1. de Ruijter Richard	88	08-021	2:53.37	25m	29-11-01	Heemskerk	335
2. Druyven Jorrick	94	08-021	2:56.57	25m	7-10-07	Zaandam (NED)	317
3. Essers Tim	88	08-021	2:57.94	25m	29-11-01	Heemskerk	310
4. Schaaper Bart	73	08-021	2:58.10	25m	31-12-86		309
5. de Boer Stephan	83	08-021	3:00.60	25m	8-12-96	Heerhugowaard (NED)	296
6. Crok Pieter	91	08-021	3:00.70	25m	28-11-04	Heemskerk (NED)	296
7. Ayari Adam	08	08-021	3:02.61	25m	21-11-21	Den Helder (NED)	286
8. Oudendijk Paul	81	08-021	3:04.90	25m	24-11-94	Heemskerk (NED)	276
9. van der Gracht Jory	87	08-021	3:05.02	25m	19-11-00	Zaandam (NED)	275
10. Oortwijn Kalle	05	08-021	3:05.55	25m	29-12-18	Leeuwarden (NED)	273
11. Bok Reitze	73	08-021	3:07.90	25m	30-11-86	Heemskerk (NED)	263

200 schoolslag (sinds 12)

12. Hagebout Marcel	68	08-021	3:08.30	25m	7-11-81	Heemskerk (NED)	261
13. Palmboom Pascal	89	08-021	3:11.51	25m	22-12-02	Zaandam	248
14. Dekker Matthijs	90	08-021	3:14.53	25m	30-10-03	Heemskerk	237
15. Lamers Koen	91	08-021	3:16.17	25m	28-10-04	Heemskerk (NED)	231
16. van Rookhuizen Barry	82	08-021	3:17.90	25m	9-11-95	Heemskerk (NED)	225
17. van Rijn Michael	70	08-021	3:18.20	25m	31-12-83		224
18. Meijer Arno	75	08-021	3:18.50	25m	10-11-88	Heemskerk (NED)	223
19. Hoenink Jarl	86	08-021	3:18.87	25m	21-11-99	Heemskerk (NED)	222
20. Schelvis Sjeng	89	08-021	3:19.06	25m	31-10-02	Heemskerk	221
21. Kemmeren Ferry	91	08-021	3:19.36	25m	28-11-04	Heemskerk (NED)	220
22. Koopman Axel	92	08-021	3:20.45	25m	27-10-05	Heemskerk (NED)	216
23. Steenbergen Roderik	82	08-021	3:20.80	25m	9-11-95	Heemskerk (NED)	215
24. Glorie Daan	88	08-021	3:22.10	25m	29-11-01	Heemskerk	211
25. Vlieland Roy	99	08-021	3:22.20	25m	7-10-12	Zaandam (NED)	211

500 schoolslag

1. Druyven Jorrick	94	08-021	8:24.51	OW	4-8-07	Hoor (NED)
2. Tijms Stefan	93	08-021	9:48.98	OW	27-8-06	Oosterhout (NED)
3. Vlieland Roy	99	08-021	10:25.80	OW	17-6-12	Spaarnwoude (NED)

800 schoolslag1000 schoolslag

1. Druyven Jorrick	94	08-021	19:05.76	OW	21-7-07	Anna-Paulowna (NED)
2. Vlieland Roy	99	08-021	21:14.80	OW	28-7-12	Anna-Paulowna (NED)

1250 schoolslag1500 schoolslag2000 schoolslag2500 schoolslag3000 schoolslag4000 schoolslag5000 schoolslag

25 vlinderslag

1. Druyven Jorrick	94	08-021	14.89	25m	19-4-07	Heemskerk (NED)	293
2. Andeweg Celedonio	76	08-021	15.80	25m	31-12-89	Heemskerk (NED)	245
3. van der Gracht Jory	87	08-021	15.93	25m	4-5-00	Heemskerk (NED)	240
4. Essers Tim	88	08-021	16.07	25m	29-3-01	Heemskerk (NED)	233
5. Wiegman Stefan	74	08-021	16.10	25m	17-12-87	Heemskerk (NED)	232
6. van Rookhuizen Barry	82	08-021	16.20	25m	16-3-95	Heemskerk (NED)	228
7. de Ruijter Richard	88	08-021	16.62	25m	29-3-01	Heemskerk (NED)	211
8. Butter Martijn	79	08-021	16.80	25m	18-6-92	Heemskerk	204
9. Kramer Vincent	82	08-021	16.90	25m	16-3-95	Heemskerk (NED)	201
10. Kleijne Barry	93	08-021	17.26	25m	27-4-06	Heemskerk	188
11. de Boer Stephan	83	08-021	17.80	25m	8-2-96	Heemskerk (NED)	172
12. Zwaan Bas	76	08-021	18.20	25m	31-12-89	Heemskerk (NED)	160
13. de Ruijter René	86	08-021	18.50	25m	25-3-99	Heemskerk (NED)	153
14. Oortwijn Bouke	78	08-021	18.70	25m	16-5-91	Heemskerk (NED)	148
15. Oortwijn Maarten	80	08-021	19.30	25m	16-6-93		134
16. Stins Arnold	83	08-021	19.40	25m	8-2-96	Heemskerk (NED)	132
17. Smit Arend	88	08-021	19.49	25m	29-3-01	Heemskerk (NED)	131
18. Glorie Daan	88	08-021	19.60	25m	22-3-01	Heemskerk (NED)	128
19. Zijlstra Jeroen	80	08-021	19.90	25m	17-6-93	Heemskerk (NED)	123
20. de Rooij Roel	87	08-021	20.31	25m	4-5-00	Heemskerk (NED)	115
21. Oortwijn Guido	78	08-021	20.40	25m	16-5-91	Heemskerk (NED)	114
22. de Caluwé Thijs	82	08-021	20.50	25m	16-11-95	Heemskerk (NED)	112
23. de Vries Dylan	93	08-021	20.69	25m	27-4-06	Heemskerk	109
24. Steenbergen Roderik	82	08-021	20.70	25m	16-3-95	Heemskerk (NED)	109
25. Sikkema Joris	86	08-021	21.14	25m	25-3-99	Heemskerk (NED)	102

50 vlinderslag

1. Druyven Jorrick	94	08-021	29.67	25m	29-12-07	Maastricht (NED)	396
2. Camphuijnder Jasper	05	08-021	29.96	25m	2-12-18	Zaandam (NED)	385
3. Schelvis Sjeng	89	08-021	31.68	25m	19-12-02	Heemskerk	325
4. van der Gracht Jory	87	08-021	32.35	25m	30-11-00	Heemskerk (NED)	306
5. Lamers Koen	91	08-021	32.65	25m	28-12-04	Maastricht (NED)	297
6. Crok Pieter	91	08-021	33.19	25m	28-12-04	Maastricht (NED)	283
7. Schaaper Bart	73	08-021	33.20	25m	20-12-86	Hilversum (NED)	283
8. Dekker Ruben	93	08-021	33.78	25m	22-1-06	Purmerend (NED)	268
9. Meijer Arno	75	08-021	34.00	25m	18-12-88	(NED)	263
10. Kemmeren Ferry	91	08-021	34.18	25m	28-12-04	Maastricht (NED)	259
11. Kleijne Barry	93	08-021	34.34	25m	5-3-06	Purmerend (NED)	255
12. Andeweg Celedonio	76	08-021	34.60	25m	14-12-89	Heemskerk (NED)	250
13. Ayari Adam	08	08-021	34.70	25m	10-10-21	Den Helder (NED)	247
14. Offringa Rick	03	08-021	35.17	25m	17-11-16	Heemskerk (NED)	238
15. Groen Jarno	01	08-021	35.32	25m	30-10-14	Heemskerk (NED)	235
16. Essers Tim	88	08-021	35.70	25m	18-3-01	Zaandam (NED)	227
17. Wiegman Stefan	74	08-021	35.80	25m	21-5-87	Heemskerk (NED)	225
18. Hermans Luuk	85	08-021	35.90	25m	17-12-98	Heemskerk (NED)	223
18. de Boer Tobias	02	08-021	35.90	25m	10-12-15	Heemskerk (NED)	223
20. Missot Paul	64	08-021	36.10	25m	27-11-77	IJmuiden (NED)	220
21. Switser René	75	08-021	36.50	25m	31-12-88		213
22. Oortwijn Kalle	05	08-021	36.58	25m	29-11-18	Heemskerk (NED)	211
23. Kramer Vincent	82	08-021	36.80	25m	16-9-95	Hoogeland (NED)	207
24. Kuijper Alex	08	08-021	36.95	25m	19-9-21	Zaandam (NED)	205
25. de Ruijter Richard	88	08-021	37.26	25m	18-3-01	Zaandam (NED)	200

100 vlinderslag

1.	Druyven Jorrick	94	08-021	1:08.39	25m	15-12-07	Heemskerk (NED)	347
2.	Camphuijnder Jasper	05	08-021	1:10.32	25m	25-11-18	Hoofddorp (NED)	319
3.	Lamers Koen	91	08-021	1:15.04	25m	28-11-04	Heemskerk (NED)	263
3.	Kemmeren Ferry	91	08-021	1:15.04	25m	28-11-04	Heemskerk (NED)	263
5.	Schelvis Sjeng	89	08-021	1:15.19	25m	23-11-02	Barneveld	261
6.	van der Gracht Jory	87	08-021	1:16.37	25m	8-10-00	Heemskerk (NED)	249
7.	Schaaper Bart	73	08-021	1:16.80	25m	31-12-86		245
8.	Essers Tim	88	08-021	1:18.64	25m	16-4-01	Haarlem (NED)	228
9.	Ayari Adam	08	08-021	1:19.26	25m	3-10-21	Den Helder (NED)	223
10.	de Ruijter Richard	88	08-021	1:19.41	25m	22-2-01	Heemskerk (NED)	221
11.	Hagebout Marcel	68	08-021	1:19.90	25m	29-11-81	Zaandam (NED)	217
12.	Offringa Rick	03	08-021	1:20.58	25m	11-12-16	Alkmaar (NED)	212
13.	Dekker Ruben	93	08-021	1:21.16	25m	12-2-06	Zaandam (NED)	207
14.	van Rookhuizen Barry	82	08-021	1:21.30	25m	10-12-95	Heemskerk (NED)	206
15.	Crok Pieter	91	08-021	1:21.49	25m	29-5-04	Z.o. Beemster	205
16.	Andeweg Celedonio	76	08-021	1:21.50	25m	4-11-89		205
17.	Meijer Arno	75	08-021	1:22.70	25m	27-11-88	(NED)	196
18.	Butter Martijn	79	08-021	1:23.00	25m	13-12-92	Heemskerk (NED)	194
19.	Kramer Vincent	82	08-021	1:23.20	25m	10-12-95	Heemskerk (NED)	192
19.	de Boer Stephan	83	08-021	1:23.20	25m	7-4-96	Haarlem (NED)	192
21.	Kleijne Barry	93	08-021	1:23.42	25m	26-11-06	Heemskerk (NED)	191
22.	Groen Jarno	01	08-021	1:24.12	25m	28-9-14	Zaandam (NED)	186
23.	Oortwijn Kalle	05	08-021	1:26.68	25m	15-2-18	Heemskerk (NED)	170
24.	Palmboom Pascal	89	08-021	1:27.26	25m	28-11-02	Heemskerk	167
25.	Wiegman Stefan	74	08-021	1:28.20	25m	22-3-87	Heerhugowaard (NED)	161

200 vlinderslag

1.	Druyven Jorrick	94	08-021	2:35.75	25m	18-11-07	Alkmaar (NED)	338
2.	Essers Tim	88	08-021	2:54.59	25m	20-12-01	Heemskerk	240
3.	Kemmeren Ferry	91	08-021	2:56.46	25m	25-11-04	Heemskerk (NED)	232
4.	Schelvis Sjeng	89	08-021	2:58.05	25m	28-11-02	Heemskerk	226
5.	Lamers Koen	91	08-021	2:59.63	25m	25-11-04	Heemskerk (NED)	220
6.	Crok Pieter	91	08-021	3:02.41	25m	27-5-04	Heemskerk (NED)	210
7.	de Ruijter Richard	88	08-021	3:03.11	25m	18-3-01	Zaandam (NED)	208
8.	Meijer Arno	75	08-021	3:04.30	25m	8-12-88	Heemskerk (NED)	204
9.	Offringa Rick	03	08-021	3:06.47	25m	27-11-16	Zaandam (NED)	197
10.	de Boer Tobias	02	08-021	3:07.20	25m	13-12-15	Zaandam (NED)	195
11.	Dekker Matthijs	90	08-021	3:21.22	25m	27-11-03	Heemskerk (NED)	157
12.	Groen Jarno	01	08-021	3:26.65	25m	14-12-14	Zaandam (NED)	144
13.	Glorie Daan	88	08-021	3:34.43	25m	20-12-01	Heemskerk	129
14.	van Vegten Teun	01	08-021	3:37.78	25m	14-12-14	Zaandam (NED)	123
15.	Vlieland Roy	99	08-021	3:44.05	25m	9-12-12	Zaandam (NED)	113
16.	Gaal Koen	99	08-021	3:49.53	25m	18-3-12	Zaandam (NED)	105
17.	Woudsma Stefan	00	08-021	3:50.49	25m	15-12-13	Zaandam (NED)	104
18.	de Vries Allard	96	08-021	3:58.25	25m	13-12-09	Zaandam (NED)	94
19.	Blaauw Mica	05	08-021	4:07.89	50m	21-1-18	Alkmaar (NED)	91

1000 vlinderslag

100 wisselslag

1. Druyven Jorrick	94	08-021	1:08.59	25m	30-12-07	Maastricht (NED)	394
2. Camphuijnder Jasper	05	08-021	1:10.56	25m	29-12-18	Leeuwarden (NED)	362
3. Essers Tim	88	08-021	1:11.06	25m	25-11-01	Alkmaar (NED)	354
4. Crok Pieter	91	08-021	1:12.11	25m	28-12-04	Maastricht (NED)	339
5. Schelvis Sjeng	89	08-021	1:14.44	25m	8-12-02	Heemskerk	308
6. Ayari Adam	08	08-021	1:14.73	25m	12-9-21	Alkmaar (NED)	304
7. Offringa Rick	03	08-021	1:16.09	25m	27-11-16	Zaandam (NED)	288
8. de Ruijter Richard	88	08-021	1:16.56	25m	27-9-01	Heemskerk	283
9. Hagebout Marcel	68	08-021	1:17.10	25m	19-12-81	Hilversum (NED)	277
10. Dekker Matthijs	90	08-021	1:17.15	25m	14-12-03	Heemskerk (NED)	277
11. Andeweg Celedonio	76	08-021	1:17.20	25m	31-12-89	Heemskerk (NED)	276
12. Dekker Ruben	93	08-021	1:17.31	25m	22-1-06	Purmerend (NED)	275
13. Lamers Koen	91	08-021	1:17.37	25m	30-9-04	Heemskerk (NED)	274
14. Hermans Luuk	85	08-021	1:17.38	25m	13-12-98	Heemskerk (NED)	274
15. Groen Jarno	01	08-021	1:17.57	25m	26-10-14	Zaandam (NED)	272
16. Kemmeren Ferry	91	08-021	1:18.65	25m	28-12-04	Maastricht (NED)	261
17. Wiegman Stefan	74	08-021	1:19.70	25m	22-3-87	Heerhugowaard (NED)	251
18. Kramer Vincent	82	08-021	1:19.80	25m	29-10-95	Castricum (NED)	250
18. de Boer Stephan	83	08-021	1:19.80	25m	3-11-96	Zaandam (NED)	250
20. Gaal Roel	01	08-021	1:20.38	25m	26-10-14	Zaandam (NED)	245
21. Butter Martijn	79	08-021	1:20.50	25m	18-6-92	Heemskerk	243
22. Kleijne Barry	93	08-021	1:21.35	25m	30-12-06	Maastricht (NED)	236
23. de Ruijter René	86	08-021	1:21.74	25m	12-12-99	Heemskerk (NED)	233
24. van Rookhuizen Barry	82	08-021	1:22.20	25m	17-12-95	Volendam (NED)	229
25. Kuijper Alex	08	08-021	1:22.33	25m	12-9-21	Alkmaar (NED)	228

200 wisselslag

1. Druyven Jorrick	94	08-021	2:31.09	25m	14-10-07	Zaandam (NED)	382
2. Camphuijnder Jasper	05	08-021	2:36.44	25m	30-12-18	Leeuwarden (NED)	344
3. Essers Tim	88	08-021	2:38.94	25m	16-9-01	Zaandam (NED)	328
4. Dekker Ruben	93	08-021	2:42.24	25m	15-1-06	Zaandam (NED)	308
5. Offringa Rick	03	08-021	2:43.97	25m	4-12-16	Zaandam (NED)	298
6. de Ruijter Richard	88	08-021	2:45.06	25m	25-10-01	Heemskerk	292
7. van Rijn Michael	70	08-021	2:45.20	25m	31-12-83		292
8. Oortwijn Kalle	05	08-021	2:46.11	25m	4-11-18	Alkmaar (NED)	287
9. Meijer Arno	75	08-021	2:46.90	25m	18-12-88	(NED)	283
10. Dekker Matthijs	90	08-021	2:47.50	25m	26-10-03	Zaandam	280
11. Wiegman Stefan	74	08-021	2:47.70	25m	29-11-87	Amstelveen (NED)	279
12. Crok Pieter	91	08-021	2:49.10	25m	14-3-04	Zaandam	272
13. de Boer Stephan	83	08-021	2:49.40	25m	12-12-96	Heemskerk (NED)	271
14. Hagebout Marcel	68	08-021	2:49.60	25m	11-10-81	Heemskerk (NED)	270
15. Kemmeren Ferry	91	08-021	2:50.09	25m	17-10-04	Zaandam (NED)	267
16. Schelvis Sjeng	89	08-021	2:50.42	25m	10-3-02	Heemskerk	266
17. Andeweg Celedonio	76	08-021	2:50.60	25m	3-12-89	Zaandam (NED)	265
18. Groen Jarno	01	08-021	2:50.83	25m	19-10-14	Zaandam (NED)	264
19. van der Gracht Jory	87	08-021	2:51.00	25m	5-11-00	Zaandam (NED)	263
20. Butter Martijn	79	08-021	2:51.50	25m	29-11-92	Heemskerk (NED)	261
21. Missot Paul	64	08-021	2:52.20	25m	10-12-77	Heemskerk (NED)	258
22. Doodeman Niels	89	08-021	2:52.22	25m	10-3-02	Heemskerk	257
23. Oudendijk Paul	81	08-021	2:54.10	25m	15-10-94		249
24. Kramer Vincent	82	08-021	2:55.00	25m	14-12-95	Heemskerk (NED)	245
25. Lamers Koen	91	08-021	2:55.27	25m	29-1-04	Heemskerk (NED)	244

300 wisselslag

1. Druyven Jorrick	94	08-021	4:06.02	25m	9-12-07	Zaandam (NED)
2. Essers Tim	88	08-021	4:12.32	25m	23-12-01	Amsterdam
3. Crok Pieter	91	08-021	4:13.34	25m	19-12-04	Heemskerk (NED)
4. Dekker Ruben	93	08-021	4:15.56	25m	12-1-06	Heemskerk (NED)
5. de Ruijter Richard	88	08-021	4:18.35	25m	23-12-01	Amsterdam
6. Dekker Matthijs	90	08-021	4:19.63	25m	30-11-03	Heemskerk (NED)
7. Lamers Koen	91	08-021	4:26.99	25m	19-12-04	Heemskerk (NED)
8. Kemmeren Ferry	91	08-021	4:27.61	25m	19-12-04	Heemskerk (NED)
9. Kleijne Barry	93	08-021	4:40.11	25m	12-1-06	Heemskerk (NED)
10. Palmboom Pascal	89	08-021	4:49.19	25m	24-11-02	Amsterdam
11. Glorie Daan	88	08-021	4:49.20	25m	23-12-01	Amsterdam

400 wisselslag

1. Druyven Jorrick	94	08-021	5:20.80	25m	27-10-07	Barneveld (NED)	395
2. de Ruijter Richard	88	08-021	5:59.70	25m	22-3-01	Heemskerk (NED)	280
3. Essers Tim	88	08-021	6:01.76	25m	25-2-01	Heemskerk (NED)	275
4. Schelvis Sjeng	89	08-021	6:04.75	25m	24-2-02	Heemskerk	269
5. Dekker Matthijs	90	08-021	6:10.85	25m	23-2-03	Heemskerk	256
6. Kleijne Barry	93	08-021	6:25.00	25m	19-2-06	Zaandam (NED)	228
7. van der Gracht Jory	87	08-021	6:26.10	25m	7-12-00	Heemskerk (NED)	226
8. Vlieland Roy	99	08-021	6:53.42	25m	27-5-12	Purmerend (NED)	184
9. Pover Peter	69	08-021	7:14.30	25m	3-4-82	Heemskerk (NED)	159
10. Ursem Rob	69	08-021	7:27.60	25m	3-4-82	Heemskerk (NED)	145