

LAC DAW 25m - deel 1
Alkmaar, 11-10-2020

Programmanr. 1
11-10-2020 - 17:00

Dames, 1500m vrije slag

Junioren 3 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 3 en 4					
1.	Rafaëla Mulders	De Reuring	NT 200701398	20:00.15	
	50m: 33.28	33.28 200m: 2:29.27	1:18.39	800m: 10:33.53	5:24.41
	100m: 1:10.88	37.60 400m: 5:09.12	2:39.85	1500m: 20:00.15	9:26.62
2.	Lisan Steenbakker	Kzc	NT 200701666	21:50.36	
	50m: 38.29	38.29 200m: 2:51.82	1:30.35	800m: 12:01.79	6:06.54
	100m: 1:21.47	43.18 400m: 5:55.25	3:03.43	1500m: 21:50.36	9:48.57
Jeugd 1 en 2					
1.	Jasmijn van Genderen	WZ&PC Purmerend	20:39.28 200500656	19:24.96	
	50m: 32.58	32.58 200m: 2:24.14	1:15.45	800m: 10:10.46	5:13.31
	100m: 1:08.69	36.11 400m: 4:57.15	2:33.01	1500m: 19:24.96	9:14.50
2.	Chantal den Turk	ZV New Wave Almere	21:07.97 200403494	20:26.25	
	50m: 34.45	34.45 200m: 2:30.67	1:18.30	800m: 10:43.21	5:32.05
	100m: 1:12.37	37.92 400m: 5:11.16	2:40.49	1500m: 20:26.25	9:43.04
3.	Isabella Grijseels	ZV New Wave Almere	22:35.72 200502678	21:23.28	
	50m: 34.60	34.60 200m: 2:38.65	1:24.13	800m: 11:16.60	5:47.57
	100m: 1:14.52	39.92 400m: 5:29.03	2:50.38	1500m: 21:23.28	10:06.68
Senioren					
1.	Iris van 't Veer	OEZA	19:59.70 200301254	19:53.31	
	50m: 33.18	33.18 200m: 2:29.76	1:19.08	800m: 10:32.39	5:22.44
	100m: 1:10.68	37.50 400m: 5:09.95	2:40.19	1500m: 19:53.31	9:20.92

Programmanr. 2
11-10-2020 - 17:24

Heren, 1500m vrije slag

Junioren 3 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 3 en 4					
1.	Feico de Jonge	Kzc	19:06.59 200600047	18:32.92	
	50m: 32.29	32.29 200m: 2:23.03	1:13.86	800m: 9:51.16	4:59.09
	100m: 1:09.17	36.88 400m: 4:52.07	2:29.04	1500m: 18:32.92	8:41.76
2.	Liam Boon	Daw	21:01.98 200503137	19:59.63	
	50m: 33.51	33.51 200m: 2:29.89	1:18.51	800m: 10:34.59	5:24.04
	100m: 1:11.38	37.87 400m: 5:10.55	2:40.66	1500m: 19:59.63	9:25.04
3.	Vincent Schweitzer	Daw	22:08.99 200601857	20:00.93	
	50m: 33.82	33.82 200m: 2:31.07	1:18.68	800m: 10:39.32	5:26.74
	100m: 1:12.39	38.57 400m: 5:12.58	2:41.51	1500m: 20:00.93	9:21.61
Jeugd 1 en 2					
1.	Collin Schouten	MSV-Zeemacht	17:11.33 200400697	16:56.05	
	50m: 29.85	29.85 200m: 2:10.65	1:07.70	800m: 9:01.56	4:35.09
	100m: 1:02.95	33.10 400m: 4:26.47	2:15.82	1500m: 16:56.05	7:54.49
2.	Tycho de Jonge	Kzc	17:54.82 200400411	16:57.06	
	50m: 29.44	29.44 200m: 2:08.82	1:06.96	800m: 9:02.54	4:36.98
	100m: 1:01.86	32.42 400m: 4:25.56	2:16.74	1500m: 16:57.06	7:54.52
3.	Andrei Turta	ZV New Wave Almere	17:22.60 200404549	17:39.23	
	50m: 29.49	29.49 200m: 2:09.69	1:07.46	800m: 9:12.59	4:43.95
	100m: 1:02.23	32.74 400m: 4:28.64	2:18.95	1500m: 17:39.23	8:26.64
4.	Justin Jansen	ZV New Wave Almere	18:31.09 200302079	18:22.59	
	50m: 30.08	30.08 200m: 2:16.46	1:11.83	800m: 9:42.51	4:59.49
	100m: 1:04.63	34.55 400m: 4:43.02	2:26.56	1500m: 18:22.59	8:40.08
Senioren 1 en ouder					
1.	Samuel Mulders	De Reuring	21:50.18 199900841	21:14.45	
	50m: 37.01	37.01 200m: 2:43.98	1:26.10	800m: 11:38.40	5:56.42
	100m: 1:17.88	40.87 400m: 5:41.98	2:58.00	1500m: 21:14.45	9:36.05

LAC DAW 25m - deel 1
Alkmaar, 11-10-2020

Programmanr. 3
11-10-2020 - 17:47

Meisjes, 200m wisselslag

Minioren 5
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Dana Halff	Zv de Ham	3:50.32	201000392	3:44.62
	50m: 54.69	54.69 200m:	3:44.62	2:49.93	
2.	Magari Wydh	ZV De Zaan	4:09.57	201000950	3:51.96
	50m: 57.67	57.67 200m:	3:51.96	2:54.29	

Programmanr. 4
11-10-2020 - 17:53

Dames, 200m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren					
1.	Eline van Rijn	Daw	2:50.35	200700918	2:41.56
	50m: 35.55	35.55 200m:	2:41.56	2:06.01	
2.	Zoë Prins	De Reuring	2:54.35	200603812	2:46.84
	50m: 36.35	36.35 200m:	2:46.84	2:10.49	
3.	Madeleine Bertram	WZ&PC Purmerend	2:53.98	200900516	2:52.06
	50m: 39.37	39.37 200m:	2:52.06	2:12.69	
4.	Puck Stassen	ZV Haerlem	2:53.75	200801456	2:53.75
	50m: 40.37	40.37 200m:	2:53.75	2:13.38	
5.	Libhin Boon	Daw	2:52.62	200701792	2:54.82
	50m: 36.96	36.96 200m:	2:54.82	2:17.86	
6.	Nikki Hofland	MSV-Zeemacht	2:51.05	200900244	2:55.10
	50m: 36.49	36.49 200m:	2:55.10	2:18.61	
7.	Brianna Voorhout	Daw	3:14.58	200702342	2:56.84
	50m: 41.85	41.85 200m:	2:56.84	2:14.99	
DIS	Marre Rademaker	De Reuring	3:11.63	200801792	
	<i>VL - Tijdens de race op de rug gedraaid.</i>				

Senioren

1.	Yvonne Engel	ZV De Zaan	2:38.00	200300780	2:38.71
	50m: 33.64	33.64 200m:	2:38.71	2:05.07	
2.	Sanne Lagerweij	ZV De Zaan	2:54.32	200201552	2:53.09
	50m: 36.24	36.24 200m:	2:53.09	2:16.85	
3.	Renske Haasbroek	Aquafit	3:13.94	200303752	3:06.39
	50m: 42.65	42.65 200m:	3:06.39	2:23.74	

Programmanr. 5
11-10-2020 - 18:01

Jongens, 200m wisselslag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Sven Bakker	ZV De Zaan	3:07.27	200900085	3:01.62
	50m: 42.73	42.73 200m:	3:01.62	2:18.89	
2.	Mauro Bedeke	Daw	NT	201000537	3:12.93
	50m: 44.92	44.92 200m:	3:12.93	2:28.01	
3.	Mees Kooij	Daw	NT	201000909	3:38.04
	50m: 49.57	49.57 200m:	3:38.04	2:48.47	
4.	Thijmen Huitema	Zv de Ham	3:56.89	201000817	3:44.85
	50m: 52.89	52.89 200m:	3:44.85	2:51.96	
DIS	Jens de Mayer	De Reuring	3:27.56	200900775	
	<i>VI - Met één hand keer- en/of eindpunt aangetikt.</i>				
DIS	Kris Noordover	Kzc	NT	201000433	
	<i>SN - Keerpunt of eindpunt in het geheel niet aangeraakt., RH - Het eindpunt niet in rugligging aangeraakt.</i>				

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Programmanr. 6
11-10-2020 - 18:07

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren					
1.	Max ten Bosch	ZV Haerlem	2:34.84	200603249	2:32.11
	50m: 31.51	31.51 200m: 2:32.11	2:00.60		
2.	Marnix Rietveld	ZV Haerlem	2:47.80	200700939	2:35.53
	50m: 32.79	32.79 200m: 2:35.53	2:02.74		
3.	Max Verschuur	ZV New Wave Almere	2:41.47	200702455	2:38.58
	50m: 35.01	35.01 200m: 2:38.58	2:03.57		
4.	Rens Noordover	Kzc	2:48.81	200800237	2:45.91
	50m: 36.66	36.66 200m: 2:45.91	2:09.25		
5.	Yoran Nijland	Daw	3:03.95	200501331	2:50.37
	50m: 33.39	33.39 200m: 2:50.37	2:16.98		
6.	Leon Kerkhoff	Zv de Ham	2:53.09	200600455	2:55.94
	50m: 36.53	36.53 200m: 2:55.94	2:19.41		
7.	Daan de Jongh	ZV New Wave Almere	3:04.54	200800269	2:59.01
	50m: 40.42	40.42 200m: 2:59.01	2:18.59		
8.	Jidde Rademaker	De Reuring	3:05.88	200603619	3:03.72
	50m: 45.55	45.55 200m: 3:03.72	2:18.17		
9.	Isaiah Koningsbloem	ZV De Zaan	3:07.72	200800127	3:07.30
	50m: 42.72	42.72 200m: 3:07.30	2:24.58		

Jeugd 1 en 2

1.	Faissal Laghrich	ZV New Wave Almere	2:27.59	200301885	2:21.90
	50m: 29.43	29.43 200m: 2:21.90	1:52.47		
2.	Anouar Visser	ZV New Wave Almere	2:26.47	200301829	2:24.53
	50m: 29.02	29.02 200m: 2:24.53	1:55.51		
DIS	Tristan Veenings	ZV Haerlem	2:55.66	200301567	
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>				

Senioren 1 en ouder

1.	Rik Hofland	Dwt	2:14.64	199701737	2:17.31
	50m: 27.78	27.78 200m: 2:17.31	1:49.53		
2.	Ian van Tiel	Ed-Vo	2:31.45	200000349	2:28.50
	50m: 31.31	31.31 200m: 2:28.50	1:57.19		
3.	Peter van de Bor	Dwt	2:34.77	198402897	2:40.59
	50m: 31.04	31.04 200m: 2:40.59	2:09.55		
4.	Samuel Mulders	De Reuring	2:52.22	199900841	2:47.56
	50m: 36.03	36.03 200m: 2:47.56	2:11.53		

Programmanr. 7
11-10-2020 - 18:15

200m vrije slag

Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Franzi Ziegler	Daw	NT	201100891	3:16.18
	50m: 41.94	41.94 100m: 1:31.93	49.99	200m: 3:16.18	1:44.25
2.	Elle van Gemeren	Daw	NT	201100428	3:24.98
	50m: 44.25	44.25 100m: 1:38.85	54.60	200m: 3:24.98	1:46.13
3.	Nina de Jongh	ZV New Wave Almere	NT	201100070	3:30.89
	50m: 48.21	48.21 100m: 1:43.91	55.70	200m: 3:30.89	1:46.98
4.	Zendé Rensch	Daw	NT	201200647	3:34.55
	50m: 46.95	46.95 100m: 1:41.41	54.46	200m: 3:34.55	1:53.14
5.	Ivan Half	Zv de Ham	4:16.83	201100479	3:52.67
	50m: 50.45	50.45 100m: 1:51.03	1:00.58	200m: 3:52.67	2:01.64
6.	Stijn Butter	OEZA	NT	201100455	3:55.59
	50m: 48.68	48.68 100m: 1:51.28	1:02.60	200m: 3:55.59	2:04.31
7.	Daan van Basten Batenburg	Zv de Ham	NT	201101265	4:06.94
	50m: 52.97	52.97 100m: 1:56.55	1:03.58	200m: 4:06.94	2:10.39

LAC DAW 25m - deel 1
Alkmaar, 11-10-2020

Programmanr. 8
11-10-2020 - 18:20

Meisjes, 400m vrije slag

Minioren 5
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Dana Halff	Zv de Ham	6:49.12	201000392	6:56.73
	50m: 44.16	44.16 100m: 1:36.24	52.08	200m: 3:23.32	1:47.08
				400m: 6:56.73	3:33.41
2.	Magari Wydh	ZV De Zaan	7:08.46	201000950	7:12.75
	50m: 49.14	49.14 100m: 1:44.80	55.66	200m: 3:34.78	1:49.98
				400m: 7:12.75	3:37.97
3.	Yuna van den Idsert	Daw	7:47.33	201001196	7:24.35
	50m: 47.00	47.00 100m: 1:41.85	54.85	200m: 3:34.70	1:52.85
				400m: 7:24.35	3:49.65

Programmanr. 9
11-10-2020 - 18:29

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Mauro Bedeke	Daw	5:58.00	201000537	5:58.20
	50m: 39.53	39.53 100m: 1:23.71	44.18	200m: 2:56.23	1:32.52
				400m: 5:58.20	3:01.97
2.	Jens de Mayer	De Reuring	6:02.54	200900775	6:07.77
	50m: 41.59	41.59 100m: 1:27.98	46.39	200m: 3:01.57	1:33.59
				400m: 6:07.77	3:06.20
3.	Kris Noordover	Kzc	6:44.51	201000433	6:41.75
	50m: 42.33	42.33 100m: 1:32.47	50.14	200m: 3:18.18	1:45.71
				400m: 6:41.75	3:23.57
4.	Mees Kooij	Daw	7:29.94	201000909	7:11.65
	50m: 48.21	48.21 100m: 1:42.98	54.77	200m: 3:34.74	1:51.76
				400m: 7:11.65	3:36.91
5.	Thijmen Huitema	Zv de Ham	7:01.24	201000817	7:13.14
	50m: 48.29	48.29 100m: 1:43.85	55.56	200m: 3:36.09	1:52.24
				400m: 7:13.14	3:37.05

Programmanr. 10
11-10-2020 - 18:38

Dames, 800m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren					
1.	Britt Colijn	ZV New Wave Almere	10:50.08	200700544	10:20.02
	50m: 33.51	33.51 200m: 2:29.53	1:17.80	800m: 10:20.02	5:13.09
	100m: 1:11.73	38.22 400m: 5:06.93	2:37.40		
2.	Elin Brinkhof	WZ&PC Purmerend	10:42.41	200900078	10:33.84
	50m: 32.56	32.56 200m: 2:26.91	1:17.62	800m: 10:33.84	5:24.37
	100m: 1:09.29	36.73 400m: 5:09.47	2:42.56		
3.	Eline van Rijn	Daw	11:31.99	200700918	10:42.06
	50m: 35.86	35.86 200m: 2:38.17	1:22.49	800m: 10:42.06	5:20.01
	100m: 1:15.68	39.82 400m: 5:22.05	2:43.88		
4.	Ayse Mayda	ZV De Zaan	11:19.61	200800514	10:54.03
	50m: 36.19	36.19 200m: 2:38.35	1:21.80	800m: 10:54.03	5:30.56
	100m: 1:16.55	40.36 400m: 5:23.47	2:45.12		
5.	Aukje Grijseels	ZV New Wave Almere	NT	200701208	11:14.96
	50m: 35.49	35.49 200m: 2:40.55	1:24.92	800m: 11:14.96	5:42.85
	100m: 1:15.63	40.14 400m: 5:32.11	2:51.56		
6.	Brianna Voorhout	Daw	12:16.58	200702342	11:18.55
	50m: 36.35	36.35 200m: 2:42.96	1:24.37	800m: 11:18.55	5:44.34
	100m: 1:18.59	42.24 400m: 5:34.21	2:51.25		
7.	Peta Spaan	Zv de Ham	13:23.82	200700862	11:54.56
	50m: 39.00	39.00 200m: 2:53.89	1:30.86	800m: 11:54.56	6:00.12
	100m: 1:23.03	44.03 400m: 5:54.44	3:00.55		
8.	Dante van Meene	Daw	13:28.89	200900678	11:56.29
	50m: 40.39	40.39 200m: 2:55.96	1:31.48	800m: 11:56.29	6:01.11
	100m: 1:24.48	44.09 400m: 5:55.18	2:59.22		
9.	Marre Rademaker	De Reuring	12:42.54	200801792	11:57.76
	50m: 37.22	37.22 200m: 2:52.39	1:32.13	800m: 11:57.76	6:02.25
	100m: 1:20.26	43.04 400m: 5:55.51	3:03.12		
10.	Amber Kunst	Daw	12:39.74	200900680	12:11.52
	50m: 37.13	37.13 200m: 2:52.16	1:31.08	800m: 12:11.52	6:12.94
	100m: 1:21.08	43.95 400m: 5:58.58	3:06.42		

LAC DAW 25m - deel 1
Alkmaar, 11-10-2020

Programmanr. 10, Meisjes, 800m vrije slag, Junioren

rang	naam	vereniging	intijd	tijd	RT
11.	Tamira Anna Rasban	Daw	13:58.07	200801810	12:19.37
	50m: 38.74	38.74 200m: 2:56.19	1:32.93	800m: 12:19.37	6:15.44
	100m: 1:23.26	44.52 400m: 6:03.93	3:07.74		
12.	Meret Caspers	ZV Haerlem	13:03.98	200802826	12:31.21
	50m: 41.57	41.57 200m: 3:02.44	1:35.87	800m: 12:31.21	6:15.46
	100m: 1:26.57	45.00 400m: 6:15.75	3:13.31		
13.	Kyara Beets	Daw	12:27.77	200602368	12:37.17
	50m: 38.70	38.70 200m: 2:57.68	1:34.14	800m: 12:37.17	6:24.94
	100m: 1:23.54	44.84 400m: 6:12.23	3:14.55		
14.	Rahmet Tayfur	Kzc	NT	200704124	13:53.81
	50m: 46.07	46.07 200m: 3:20.75	1:44.06	800m: 13:53.81	7:03.86
	100m: 1:36.69	50.62 400m: 6:49.95	3:29.20		
15.	Madelief D'Arcy	Ed-Vo	13:30.00	200902616	15:09.14
	50m: 46.57	46.57 200m: 3:35.49	1:53.94	800m: 15:09.14	7:38.95
	100m: 1:41.55	54.98 400m: 7:30.19	3:54.70		

Jeugd 1 en 2

1.	Emma van Leeuwen	Daw	9:36.40	200500200	9:32.39
	50m: 32.59	32.59 200m: 2:20.36	1:12.08	800m: 9:32.39	4:46.93
	100m: 1:08.28	35.69 400m: 4:45.46	2:25.10		
2.	Emma Riemers	MSV-Zeemacht	10:00.38	200500748	10:04.25
	50m: 32.96	32.96 200m: 2:25.23	1:15.78	800m: 10:04.25	5:06.38
	100m: 1:09.45	36.49 400m: 4:57.87	2:32.64		
3.	Dido Toornend	ZV Haerlem	10:45.00	200501718	10:29.28
	50m: 34.28	34.28 200m: 2:31.44	1:19.04	800m: 10:29.28	5:19.79
	100m: 1:12.40	38.12 400m: 5:09.49	2:38.05		
4.	Jenny Versteeg	Ed-Vo	11:50.65	200501014	11:39.60
	50m: 36.69	36.69 200m: 2:44.85	1:26.04	800m: 11:39.60	5:56.51
	100m: 1:18.81	42.12 400m: 5:43.09	2:58.24		
5.	Skye de Groot	Dwt	NT	200504678	12:08.91
	50m: 39.05	39.05 200m: 2:53.13	1:29.93	800m: 12:08.91	6:09.29
	100m: 1:23.20	44.15 400m: 5:59.62	3:06.49		
6.	Rawan Hussein	Dwt	NT	200403844	13:58.48
	50m: 40.13	40.13 200m: 3:07.59	1:40.99	800m: 13:58.48	7:17.37
	100m: 1:26.60	46.47 400m: 6:41.11	3:33.52		
DIS	Maaïke Buck	Ed-Vo	11:07.41	200402532	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				

Senioren

1.	Yvonne Engel	ZV De Zaan	9:58.57	200300780	10:01.46
	50m: 33.50	33.50 200m: 2:23.39	1:13.39	800m: 10:01.46	5:06.49
	100m: 1:10.00	36.50 400m: 4:54.97	2:31.58		
2.	Melissa Zwaan	Daw	10:18.04	199103666	10:05.84
	50m: 32.55	32.55 200m: 2:24.87	1:15.60	800m: 10:05.84	5:07.83
	100m: 1:09.27	36.72 400m: 4:58.01	2:33.14		
3.	Renske Koster	ZV Haerlem	10:24.17	200304320	10:28.16
	50m: 34.40	34.40 200m: 2:31.14	1:18.43	800m: 10:28.16	5:18.88
	100m: 1:12.71	38.31 400m: 5:09.28	2:38.14		
4.	Xena Gijzen	ZV Haerlem	12:22.89	200200776	10:52.47
	50m: 36.60	36.60 200m: 2:37.35	1:20.87	800m: 10:52.47	5:29.82
	100m: 1:16.48	39.88 400m: 5:22.65	2:45.30		
5.	Sanne Lagerweij	ZV De Zaan	11:23.50	200201552	10:58.95
	50m: 36.55	36.55 200m: 2:40.87	1:22.82	800m: 10:58.95	5:31.65
	100m: 1:18.05	41.50 400m: 5:27.30	2:46.43		
6.	Chantal Beijer	Dwt	10:08.15	199700884	11:16.78
	50m: 33.77	33.77 200m: 2:28.95	1:18.36	800m: 11:16.78	5:56.02
	100m: 1:10.59	36.82 400m: 5:20.76	2:51.81		
7.	Conny Veenings	ZV Haerlem	16:00.00	197300980	17:38.00
	50m: 50.82	50.82 200m: 4:07.89	2:14.40	800m: 17:38.00	9:00.01
	100m: 1:53.49	1:02.67 400m: 8:37.99	4:30.10		
AFGEM	Lotte Groeneveld	Daw	12:14.13	200106294	

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Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren					
1.	Bram Loots	Kzc	10:10.87	200700197	9:30.57
	50m: 29.97	29.97 200m: 2:15.24	1:10.88	800m: 9:30.57	453.04
	100m: 1:04.36	34.39 400m: 4:37.53	2:22.29		
2.	Marnix Rietveld	ZV Haerlem	10:45.00	200700939	9:40.54
	50m: 30.48	30.48 200m: 2:17.45	1:12.98	800m: 9:40.54	455.21
	100m: 1:04.47	33.99 400m: 4:45.33	2:27.88		
3.	Max Verschuur	ZV New Wave Almere	10:34.90	200702455	9:56.57
	50m: 34.46	34.46 200m: 2:21.86	1:13.89	800m: 9:56.57	504.38
	100m: 1:07.97	33.51 400m: 4:52.19	2:30.33		
4.	Rens Noordover	Kzc	10:29.20	200800237	10:07.73
	50m: 31.74	31.74 200m: 2:21.57	1:14.03	800m: 10:07.73	5:12.70
	100m: 1:07.54	35.80 400m: 4:55.03	2:33.46		
5.	Mike Tjepkema	ZV Haerlem	11:10.16	200603029	10:09.21
	50m: 30.98	30.98 200m: 2:23.88	1:16.58	800m: 10:09.21	5:08.94
	100m: 1:07.30	36.32 400m: 5:00.27	2:36.39		
6.	Jan van Dreumel	ZV Haerlem	11:07.96	200600167	10:22.18
	50m: 32.81	32.81 200m: 2:27.91	1:18.60	800m: 10:22.18	5:12.63
	100m: 1:09.31	36.50 400m: 5:09.55	2:41.64		
7.	Yoran Nijland	Daw	11:42.50	200501331	11:10.16
	50m: 36.16	36.16 200m: 2:41.52	1:24.69	800m: 11:10.16	5:38.55
	100m: 1:16.83	40.67 400m: 5:31.61	2:50.09		
8.	Daan de Jongh	ZV New Wave Almere	NT	200800269	11:11.69
	50m: 35.14	35.14 200m: 2:39.59	1:24.39	800m: 11:11.69	5:39.33
	100m: 1:15.20	40.06 400m: 5:32.36	2:52.77		
9.	Lars Kool	Daw	11:55.65	200700511	11:11.84
	50m: 35.49	35.49 200m: 2:38.86	1:23.32	800m: 11:11.84	5:44.89
	100m: 1:15.54	40.05 400m: 5:26.95	2:48.09		
10.	Jidde Rademaker	De Reuring	11:52.27	200603619	11:34.07
	50m: 37.35	37.35 200m: 2:48.56	1:29.55	800m: 11:34.07	5:46.88
	100m: 1:19.01	41.66 400m: 5:47.19	2:58.63		
11.	Hessel Tijben	ZV De Zaan	11:47.11	200600375	11:49.14
	50m: 36.17	36.17 200m: 2:45.94	1:27.31	800m: 11:49.14	6:02.10
	100m: 1:18.63	42.46 400m: 5:47.04	3:01.10		
12.	Isaiah Koningsbloem	ZV De Zaan	NT	200800127	11:59.31
	50m: 36.61	36.61 200m: 2:51.14	1:30.47	800m: 11:59.31	6:05.24
	100m: 1:20.67	44.06 400m: 5:54.07	3:02.93		
13.	Alex Kuijper	Aquafit	NT	200802137	12:28.75
	50m: 36.94	36.94 200m: 2:55.39	1:33.77	800m: 12:28.75	6:19.35
	100m: 1:21.62	44.68 400m: 6:09.40	3:14.01		
14.	Joshua van den Idsert	Daw	14:12.28	200801919	13:14.66
	50m: 41.30	41.30 200m: 3:07.71	1:38.60	800m: 13:14.66	6:43.55
	100m: 1:29.11	47.81 400m: 6:31.11	3:23.40		
DIS	Mika Hebing	Ed-Vo	11:57.41	200800027	
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>				
Jeugd 1 en 2					
1.	Bart de Waard	ZV Haerlem	9:49.38	200403969	9:23.38
	50m: 29.28	29.28 200m: 2:12.28	1:09.81	800m: 9:23.38	450.90
	100m: 1:02.47	33.19 400m: 4:32.48	2:20.20		
2.	Anouar Visser	ZV New Wave Almere	10:01.81	200301829	9:34.16
	50m: 30.55	30.55 200m: 2:16.92	1:11.88	800m: 9:34.16	450.41
	100m: 1:05.04	34.49 400m: 4:43.75	2:26.83		
3.	Faissal Laghrich	ZV New Wave Almere	10:28.15	200301885	9:49.11
	50m: 31.04	31.04 200m: 2:17.48	1:11.31	800m: 9:49.11	504.66
	100m: 1:06.17	35.13 400m: 4:44.45	2:26.97		
4.	Tristan Veenings	ZV Haerlem	12:45.37	200301567	11:41.58
	50m: 35.38	35.38 200m: 2:45.26	1:28.81	800m: 11:41.58	553.30
	100m: 1:16.45	41.07 400m: 5:48.28	3:03.02		
AFGEM	Danyal Özcan	ZV Haerlem	10:36.50	200404541	

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Senioren 1 en ouder

1.	Jeffrey Camphens	Dwt		9:01.69	199503113		9:08.95		
	50m:	30.38	30.38	200m:	2:13.18	1:08.70	800m:	9:08.95	4:37.46
	100m:	1:04.48	34.10	400m:	4:31.49	2:18.31			
2.	Peter van de Bor	Dwt		11:05.60	198402897		11:00.75		
	50m:	30.77	30.77	200m:	2:35.25	1:26.18	800m:	11:00.75	5:36.04
	100m:	1:09.07	38.30	400m:	5:24.71	2:49.46			