

alg. leeftijdsgroep, Dames

1-8-2019-31-7-2020

15m vlinderslag benen onderwater

1. van Ederen Jasmijn	10	08-021	22.06	25m	15-12-19	Haarlem (NED)
2. Schut Bodine	09	08-021	26.65	25m	29-9-19	Haarlem (NED)

25m vrije slag met koprol

1. van Ederen Jasmijn	10	08-021	23.13	25m	19-1-20	Zaandam (NED)
-----------------------	----	--------	-------	-----	---------	---------------

25m rugslag start

1. van Ederen Jasmijn	10	08-021	24.90	25m	15-12-19	Haarlem (NED)
-----------------------	----	--------	-------	-----	----------	---------------

50m borstcrawl benen

1. van Ederen Jasmijn	10	08-021	1:06.46	25m	29-9-19	Haarlem (NED)
2. Schut Bodine	09	08-021	1:09.03	25m	19-1-20	Zaandam (NED)

100m borstcrawl benen**25 vrije slag****50 vrije slag**

1. Kingma Danae	00	08-021	27.54	25m	19-9-19	Heemskerk (NED)	577
2. Broek Jade	97	08-021	28.50	25m	23-11-19	Hoofddorp (NED)	520
3. Hoekstra Eline	03	08-021	28.51	25m	23-11-19	Hoofddorp (NED)	520
4. Siemerink Laura	04	08-021	29.18	25m	23-11-19	Hoofddorp (NED)	485
5. Groen Anne	95	08-021	29.53	25m	23-11-19	Hoofddorp (NED)	468
6. van 't Veer Iris	03	08-021	29.83	25m	23-11-19	Hoofddorp (NED)	454
7. Wentink Yara	04	08-021	29.96	25m	23-11-19	Hoofddorp (NED)	448
8. Palmboom Nicole	91	08-021	30.47	25m	19-9-19	Heemskerk (NED)	426
9. de Haan Shira	00	08-021	30.97	25m	19-9-19	Heemskerk (NED)	405
10. Visser Kelly	89	08-021	31.20	25m	19-9-19	Heemskerk (NED)	396
11. de Wildt Maud	05	08-021	32.07	25m	23-11-19	Hoofddorp (NED)	365
12. Bos Marieke	06	08-021	32.16	25m	23-11-19	Hoofddorp (NED)	362
13. de Boer Maia	03	08-021	32.52	25m	19-9-19	Heemskerk (NED)	350
14. Scholten Britt	04	08-021	32.82	25m	19-9-19	Heemskerk (NED)	341
15. Hoek Daniëlle	88	08-021	32.97	25m	30-1-20	Heemskerk (NED)	336
16. van Eerden Meike	00	08-021	32.99	25m	19-9-19	Heemskerk (NED)	335
17. van Vliet Isabel	02	08-021	33.48	25m	19-9-19	Heemskerk (NED)	321
18. Blaauw Yente	03	08-021	33.52	25m	21-9-19	Amsterdam (NED)	320
19. Schaefer Lisa	06	08-021	34.19	50m	30-11-19	Beverwijk (NED)	331
20. van Assema Eline	05	08-021	34.24	25m	19-9-19	Heemskerk (NED)	300
21. ten Cate Joyce	80	08-021	35.10	25m	19-9-19	Heemskerk (NED)	278
22. Ardicyaka Irem	06	08-021	36.19	25m	19-9-19	Heemskerk (NED)	254
23. Veldhuis Amelia	03	08-021	37.97	25m	3-11-19	Purmerend (NED)	220
24. de Graaf Isabella	04	08-021	38.72	25m	19-9-19	Heemskerk (NED)	207
25. Wieman Lianne	03	08-021	40.02	25m	5-3-20	Heemskerk (NED)	188

100 vrije slag

1. Kingma Danae	00	08-021	1:00.08	25m	12-1-20	Purmerend (NED)	585
2. Broek Jade	97	08-021	1:01.82	25m	16-11-19	Hoofddorp (NED)	537
3. Hoekstra Eline	03	08-021	1:03.34	25m	13-10-19	Heemskerk (NED)	499
4. Wentink Yara	04	08-021	1:05.16	25m	27-10-19	Den Helder (NED)	458
5. Groen Anne	95	08-021	1:05.35	25m	13-10-19	Heemskerk (NED)	454
6. van 't Veer Iris	03	08-021	1:05.73	25m	29-9-19	Alkmaar (NED)	446
7. Siemerink Laura	04	08-021	1:07.44	25m	19-10-19	Barneveld (NED)	413
8. de Haan Shira	00	08-021	1:08.43	25m	13-10-19	Heemskerk (NED)	395
9. Visser Kelly	89	08-021	1:09.16	25m	12-1-20	Purmerend (NED)	383
10. de Wildt Maud	05	08-021	1:10.80	25m	16-11-19	Hoofddorp (NED)	357
11. Hoek Daniëlle	88	08-021	1:10.83	25m	30-1-20	Heemskerk (NED)	357
12. de Boer Maia	03	08-021	1:11.10	25m	13-10-19	Heemskerk (NED)	353
13. Blaauw Yente	03	08-021	1:11.64	25m	21-9-19	Amsterdam (NED)	345
14. Scholten Britt	04	08-021	1:12.27	25m	13-10-19	Heemskerk (NED)	336
15. Bos Marieke	06	08-021	1:12.83	25m	29-9-19	Alkmaar (NED)	328
16. van Assema Eline	05	08-021	1:14.11	25m	12-1-20	Purmerend (NED)	311
17. van Eerden Meike	00	08-021	1:16.39	25m	6-10-19	Purmerend (NED)	284
18. Schaefer Lisa	06	08-021	1:17.78	25m	12-1-20	Purmerend (NED)	269
19. van Vliet Isabel	02	08-021	1:19.41	25m	12-1-20	Purmerend (NED)	253
20. Ardicyaka Irem	06	08-021	1:21.03	25m	12-1-20	Purmerend (NED)	238
21. ten Cate Joyce	80	08-021	1:21.22	25m	30-1-20	Heemskerk (NED)	236
22. Veldhuis Amelia	03	08-021	1:21.44	25m	3-11-19	Purmerend (NED)	234
23. Wieman Lianne	03	08-021	1:24.88	25m	5-3-20	Heemskerk (NED)	207
24. Terluin Suus	09	08-021	1:35.72	25m	13-10-19	Heemskerk (NED)	144
25. Schut Bodine	09	08-021	1:36.52	25m	30-1-20	Heemskerk (NED)	141

200 vrije slag

1. Hoekstra Eline	03	08-021	2:14.26	25m	5-3-20	Heemskerk (NED)	556
2. Kingma Danae	00	08-021	2:15.87	25m	6-10-19	Purmerend (NED)	536
3. Broek Jade	97	08-021	2:18.15	25m	3-11-19	Purmerend (NED)	510
4. Wentink Yara	04	08-021	2:19.99	25m	5-3-20	Heemskerk (NED)	490
5. van 't Veer Iris	03	08-021	2:21.19	25m	5-3-20	Heemskerk (NED)	478
6. Groen Anne	95	08-021	2:25.08	25m	5-3-20	Heemskerk (NED)	440
7. Siemerink Laura	04	08-021	2:29.64	25m	24-11-19	Hoofddorp (NED)	401
8. de Haan Shira	00	08-021	2:31.20	25m	6-10-19	Purmerend (NED)	389
9. van Eerden Meike	00	08-021	2:34.36	25m	6-10-19	Purmerend (NED)	366
10. Bos Marieke	06	08-021	2:36.31	25m	5-3-20	Heemskerk (NED)	352
11. Scholten Britt	04	08-021	2:39.32	25m	5-3-20	Heemskerk (NED)	333
12. de Wildt Maud	05	08-021	2:39.40	25m	5-3-20	Heemskerk (NED)	332
13. van Assema Eline	05	08-021	2:41.17	25m	5-3-20	Heemskerk (NED)	321
14. Blaauw Yente	03	08-021	2:41.24	25m	3-11-19	Purmerend (NED)	321
15. de Boer Maia	03	08-021	2:43.13	25m	5-3-20	Heemskerk (NED)	310
16. Veldhuis Amelia	03	08-021	2:52.70	25m	3-11-19	Purmerend (NED)	261
17. Wieman Lianne	03	08-021	2:56.06	25m	5-3-20	Heemskerk (NED)	246
18. Ardicyaka Irem	06	08-021	2:58.65	25m	5-3-20	Heemskerk (NED)	236
19. Schaefer Lisa	06	08-021	3:06.95	25m	5-3-20	Heemskerk (NED)	206
20. de Roode Xara	08	08-021	3:16.70	25m	5-3-20	Heemskerk (NED)	176
21. Weezepeel Natascha	07	08-021	3:24.06	25m	5-3-20	Heemskerk (NED)	158
22. van Heerwaarden Vera	03	08-021	3:32.65	25m	5-3-20	Heemskerk (NED)	140

250 vrije slag

300 vrije slag

1. Hoekstra Eline	03	08-021	3:41.50	25m	16-11-19	Hoofddorp (NED)	472
2. Wentink Yara	04	08-021	3:46.94	25m	16-11-19	Hoofddorp (NED)	438
3. de Wildt Maud	05	08-021	4:19.38	50m	23-2-20	Den Haag (NED)	305

400 vrije slag

1. Hoekstra Eline	03	08-021	4:53.92	25m	16-11-19	Hoofddorp (NED)	507
2. Wentink Yara	04	08-021	5:04.25	25m	16-11-19	Hoofddorp (NED)	457
3. van 't Veer Iris	03	08-021	5:19.77	25m	8-12-19	Zaandam (NED)	394
4. de Wildt Maud	05	08-021	5:44.83	50m	23-2-20	Den Haag (NED)	322

500 vrije slag**800 vrije slag**

1. Hoekstra Eline	03	08-021	10:33.85	25m	8-12-19	Zaandam (NED)	432
2. van 't Veer Iris	03	08-021	10:47.80	25m	8-12-19	Zaandam (NED)	405
3. Wentink Yara	04	08-021	11:48.31	50m	19-1-20	Alkmaar (NED)	320

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Hoekstra Eline	03	08-021	19:40.66	25m	8-12-19	Zaandam (NED)	472
2. van 't Veer Iris	03	08-021	19:59.70	25m	8-12-19	Zaandam (NED)	450
3. Wentink Yara	04	08-021	22:11.17	50m	19-1-20	Alkmaar (NED)	336

2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag**

22000 vrije slag**25 rugslag****50 rugslag**

1. Broek Jade	97	08-021	31.17	25m	16-11-19	Hoofddorp (NED)	558
2. Kingma Danae	00	08-021	32.03	25m	6-10-19	Purmerend (NED)	514
3. Hoekstra Eline	03	08-021	32.10	25m	16-11-19	Hoofddorp (NED)	511
4. Siemerink Laura	04	08-021	33.01	25m	29-9-19	Alkmaar (NED)	470
5. van 't Veer Iris	03	08-021	33.70	25m	15-9-19	Zaandam (NED)	441
6. Wentink Yara	04	08-021	33.97	25m	30-1-20	Heemskerk (NED)	431
7. Groen Anne	95	08-021	34.69	25m	15-9-19	Zaandam (NED)	405
8. van Assema Eline	05	08-021	35.57	25m	19-10-19	Barneveld (NED)	375
9. de Haan Shira	00	08-021	36.26	25m	15-9-19	Zaandam (NED)	354
10. Koper Fiona	01	08-021	36.56	25m	7-11-19	Heemskerk (NED)	346
11. Scholten Britt	04	08-021	37.77	50m	30-11-19	Beverwijk (NED)	367
12. Visser Kelly	89	08-021	38.18	25m	6-10-19	Purmerend (NED)	303
13. de Wildt Maud	05	08-021	38.38	25m	30-1-20	Heemskerk (NED)	299
14. van Eerden Meike	00	08-021	38.40	25m	30-1-20	Heemskerk (NED)	298
15. Blaauw Yente	03	08-021	38.43	25m	21-9-19	Amsterdam (NED)	298
16. Hoek Daniëlle	88	08-021	38.62	25m	5-3-20	Heemskerk (NED)	293
17. Schaefer Lisa	06	08-021	38.83	50m	26-1-20	Alkmaar (NED)	338
18. van Vliet Isabel	02	08-021	39.25	25m	30-1-20	Heemskerk (NED)	279
19. de Boer Maia	03	08-021	39.85	50m	30-11-19	Beverwijk (NED)	313
20. de Ruijter Linda	87	08-021	42.16	25m	7-11-19	Heemskerk (NED)	225
21. Veldhuis Amelia	03	08-021	42.41	25m	6-10-19	Purmerend (NED)	221
22. ten Cate Joyce	80	08-021	43.05	25m	5-3-20	Heemskerk (NED)	212
23. Wieman Lianne	03	08-021	44.01	25m	30-1-20	Heemskerk (NED)	198
24. Bos Marieke	06	08-021	44.92	25m	7-11-19	Heemskerk (NED)	186
25. de Graaf Isabella	04	08-021	45.90	25m	30-1-20	Heemskerk (NED)	174

100 rugslag

1. Broek Jade	97	08-021	1:07.83	25m	23-11-19	Hoofddorp (NED)	533
2. Hoekstra Eline	03	08-021	1:10.67	25m	7-11-19	Heemskerk (NED)	472
3. Siemerink Laura	04	08-021	1:12.17	25m	23-11-19	Hoofddorp (NED)	443
4. van 't Veer Iris	03	08-021	1:13.87	25m	23-11-19	Hoofddorp (NED)	413
5. Groen Anne	95	08-021	1:15.73	25m	23-11-19	Hoofddorp (NED)	383
6. Koper Fiona	01	08-021	1:15.87	25m	7-11-19	Heemskerk (NED)	381
7. van Assema Eline	05	08-021	1:17.11	25m	3-11-19	Purmerend (NED)	363
8. Wentink Yara	04	08-021	1:18.30	25m	7-11-19	Heemskerk (NED)	347
9. van Eerden Meike	00	08-021	1:20.05	25m	7-11-19	Heemskerk (NED)	324
10. de Haan Shira	00	08-021	1:20.39	25m	7-11-19	Heemskerk (NED)	320
11. Blaauw Yente	03	08-021	1:20.60	25m	21-9-19	Amsterdam (NED)	318
12. Visser Kelly	89	08-021	1:21.63	25m	7-11-19	Heemskerk (NED)	306
13. Hoek Daniëlle	88	08-021	1:22.01	25m	7-11-19	Heemskerk (NED)	302
14. de Wildt Maud	05	08-021	1:24.11	25m	7-11-19	Heemskerk (NED)	280
15. de Boer Maia	03	08-021	1:24.83	25m	6-10-19	Purmerend (NED)	272
16. Schaefer Lisa	06	08-021	1:26.24	25m	13-10-19	Heemskerk (NED)	259
17. de Ruijter Linda	87	08-021	1:27.84	25m	7-11-19	Heemskerk (NED)	245
18. Veldhuis Amelia	03	08-021	1:29.27	25m	6-10-19	Purmerend (NED)	234
19. Bos Marieke	06	08-021	1:33.04	25m	7-11-19	Heemskerk (NED)	206
20. Wieman Lianne	03	08-021	1:34.22	25m	7-11-19	Heemskerk (NED)	199

100 rugslag (sinds 21)

21. ten Cate Joyce	80	08-021	1:34.63	25m	7-11-19	Heemskerk (NED)	196
22. van Vliet Isabel	02	08-021	1:34.98	25m	7-11-19	Heemskerk (NED)	194
23. Ardicyaka Irem	06	08-021	1:37.68	25m	7-11-19	Heemskerk (NED)	178
24. Schut Bodine	09	08-021	1:39.55	25m	12-1-20	Purmerend (NED)	168
25. de Graaf Isabella	04	08-021	1:40.20	25m	7-11-19	Heemskerk (NED)	165

200 rugslag

1. Broek Jade	97	08-021	2:30.24	25m	16-11-19	Hoofddorp (NED)	499
2. van 't Veer Iris	03	08-021	2:35.01	25m	16-11-19	Hoofddorp (NED)	455
3. Groen Anne	95	08-021	2:41.19	25m	12-1-20	Purmerend (NED)	404
4. Hoekstra Eline	03	08-021	2:42.98	50m	8-3-20	Amsterdam (NED)	441
5. Siemerink Laura	04	08-021	2:43.28	25m	16-11-19	Hoofddorp (NED)	389
6. van Assema Eline	05	08-021	2:49.34	25m	16-11-19	Hoofddorp (NED)	349
7. de Wildt Maud	05	08-021	3:00.66	25m	27-10-19	Den Helder (NED)	287
8. Weezepeel Natascha	07	08-021	3:34.54	25m	6-10-19	Purmerend (NED)	171
9. de Roode Xara	08	08-021	3:50.21	25m	6-10-19	Purmerend (NED)	138

500 rugslag25 schoolslag50 schoolslag

1. Kingma Danae	00	08-021	35.97	25m	3-11-19	Purmerend (NED)	504
2. Broek Jade	97	08-021	36.66	25m	3-11-19	Purmerend (NED)	476
3. de Haan Shira	00	08-021	38.98	25m	3-11-19	Purmerend (NED)	396
4. Hoekstra Eline	03	08-021	40.11	25m	6-10-19	Purmerend (NED)	364
5. Siemerink Laura	04	08-021	40.25	25m	17-11-19	Hoofddorp (NED)	360
6. van 't Veer Iris	03	08-021	40.62	25m	3-11-19	Purmerend (NED)	350
7. Palmboom Nicole	91	08-021	40.72	25m	3-11-19	Purmerend (NED)	347
8. Wentink Yara	04	08-021	40.93	25m	5-3-20	Heemskerk (NED)	342
9. de Wildt Maud	05	08-021	41.66	25m	5-3-20	Heemskerk (NED)	324
9. Veldhuis Amelia	03	08-021	41.66	25m	5-3-20	Heemskerk (NED)	324
9. Groen Anne	95	08-021	41.66	25m	5-3-20	Heemskerk (NED)	324
12. de Boer Maia	03	08-021	42.38	25m	5-3-20	Heemskerk (NED)	308
13. van Assema Eline	05	08-021	42.76	25m	13-10-19	Heemskerk (NED)	300
14. Scholten Britt	04	08-021	43.22	25m	5-3-20	Heemskerk (NED)	290
15. Blaauw Yente	03	08-021	45.35	25m	3-11-19	Purmerend (NED)	251
16. Bos Marieke	06	08-021	45.60	25m	13-10-19	Heemskerk (NED)	247
17. Schaefer Lisa	06	08-021	45.71	25m	15-9-19	Zaandam (NED)	245
18. de Ruijter Linda	87	08-021	46.36	25m	12-1-20	Purmerend (NED)	235
19. Visser Kelly	89	08-021	46.38	25m	3-11-19	Purmerend (NED)	235
20. Hoek Daniëlle	88	08-021	46.48	25m	30-1-20	Heemskerk (NED)	233
21. Wieman Lianne	03	08-021	47.33	25m	5-3-20	Heemskerk (NED)	221
22. Ardicyaka Irem	06	08-021	48.06	25m	6-10-19	Purmerend (NED)	211
23. ten Cate Joyce	80	08-021	48.45	25m	30-1-20	Heemskerk (NED)	206
24. van Eerden Meike	00	08-021	49.04	25m	19-9-19	Heemskerk (NED)	199
25. van Heerwaarden Vera	03	08-021	53.01	25m	5-3-20	Heemskerk (NED)	157

100 schoolslag

1. Kingma Danae	00	08-021	1:19.38	25m	6-10-19	Purmerend (NED)	484
2. Broek Jade	97	08-021	1:19.62	25m	24-11-19	Hoofddorp (NED)	480
3. de Haan Shira	00	08-021	1:24.06	25m	24-11-19	Hoofddorp (NED)	408
4. van 't Veer Iris	03	08-021	1:25.89	25m	3-11-19	Purmerend (NED)	382
5. Hoekstra Eline	03	08-021	1:26.13	25m	6-10-19	Purmerend (NED)	379
6. Siemerink Laura	04	08-021	1:29.51	25m	6-10-19	Purmerend (NED)	338
7. de Wildt Maud	05	08-021	1:30.30	25m	6-10-19	Purmerend (NED)	329
8. Veldhuis Amelia	03	08-021	1:32.49	25m	3-11-19	Purmerend (NED)	306
9. Wentink Yara	04	08-021	1:34.01	25m	19-9-19	Heemskerk (NED)	291
10. van Assema Eline	05	08-021	1:34.18	25m	13-10-19	Heemskerk (NED)	290
11. Scholten Britt	04	08-021	1:34.99	25m	19-9-19	Heemskerk (NED)	282
12. Palmboom Nicole	91	08-021	1:35.57	25m	19-9-19	Heemskerk (NED)	277
13. de Boer Maia	03	08-021	1:36.15	25m	19-9-19	Heemskerk (NED)	272
14. Blaauw Yente	03	08-021	1:37.09	25m	3-11-19	Purmerend (NED)	264
15. de Ruijter Linda	87	08-021	1:38.04	25m	12-1-20	Purmerend (NED)	257
16. Bos Marieke	06	08-021	1:38.52	25m	6-10-19	Purmerend (NED)	253
17. Schaefer Lisa	06	08-021	1:39.97	25m	19-9-19	Heemskerk (NED)	242
18. Ardicyaka Irem	06	08-021	1:41.10	25m	6-10-19	Purmerend (NED)	234
19. Visser Kelly	89	08-021	1:43.42	25m	19-9-19	Heemskerk (NED)	219
20. van Eerden Meike	00	08-021	1:43.78	25m	19-9-19	Heemskerk (NED)	216
21. Hoek Daniëlle	88	08-021	1:44.76	25m	19-9-19	Heemskerk (NED)	210
22. ten Cate Joyce	80	08-021	1:46.18	25m	19-9-19	Heemskerk (NED)	202
23. Wieman Lianne	03	08-021	1:46.36	25m	3-11-19	Purmerend (NED)	201
24. de Graaf Isabella	04	08-021	1:53.75	25m	19-9-19	Heemskerk (NED)	164
25. van Ederen Jasmijn	10	08-021	1:55.44	25m	23-2-20	Krommenie (NED)	157

200 schoolslag

1. Hoekstra Eline	03	08-021	3:00.09	25m	6-10-19	Purmerend (NED)	417
2. van 't Veer Iris	03	08-021	3:01.36	25m	12-1-20	Purmerend (NED)	408
3. Kingma Danae	00	08-021	3:02.50	25m	12-1-20	Purmerend (NED)	400
4. de Haan Shira	00	08-021	3:03.75	25m	12-1-20	Purmerend (NED)	392
5. Veldhuis Amelia	03	08-021	3:18.93	25m	6-10-19	Purmerend (NED)	309
6. de Ruijter Linda	87	08-021	3:25.84	25m	12-1-20	Purmerend (NED)	279
7. de Boer Maia	03	08-021	3:33.43	25m	6-10-19	Purmerend (NED)	250
8. Blaauw Yente	03	08-021	3:33.63	25m	6-10-19	Purmerend (NED)	249
9. van Eerden Meike	00	08-021	3:41.29	25m	12-1-20	Purmerend (NED)	224
10. Wieman Lianne	03	08-021	3:54.23	25m	6-10-19	Purmerend (NED)	189
11. Weezepeel Natascha	07	08-021	4:04.91	25m	12-1-20	Purmerend (NED)	165
12. Terluin Suus	09	08-021	4:06.20	25m	12-1-20	Purmerend (NED)	163
13. de Roode Xara	08	08-021	4:16.80	25m	12-1-20	Purmerend (NED)	143
14. Schut Bodine	09	08-021	4:24.46	25m	12-1-20	Purmerend (NED)	131

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag**

1500 schoolslag**2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Oortwijn Jytte	10	08-021	31.17	25m	7-11-19	Heemskerk (NED)	46
-------------------	----	--------	-------	-----	---------	-----------------	----

50 vlinderslag

1. Kingma Danae	00	08-021	30.64	25m	12-1-20	Purmerend (NED)	503
2. Broek Jade	97	08-021	30.76	25m	12-1-20	Purmerend (NED)	497
3. Hoekstra Eline	03	08-021	31.04	25m	7-11-19	Heemskerk (NED)	484
3. Siemerink Laura	04	08-021	31.04	25m	7-11-19	Heemskerk (NED)	484
5. Wentink Yara	04	08-021	32.09	25m	24-11-19	Hoofddorp (NED)	438
6. de Haan Shira	00	08-021	32.34	50m	26-1-20	Alkmaar (NED)	431
7. Scholten Britt	04	08-021	34.52	25m	24-11-19	Hoofddorp (NED)	352
8. Veldhuis Amelia	03	08-021	35.90	25m	7-11-19	Heemskerk (NED)	313
9. Hoek Daniëlle	88	08-021	36.04	25m	5-3-20	Heemskerk (NED)	309
10. Groen Anne	95	08-021	36.13	25m	15-9-19	Zaandam (NED)	307
11. Palmboom Nicole	91	08-021	36.96	25m	3-11-19	Purmerend (NED)	287
12. Visser Kelly	89	08-021	37.11	25m	7-11-19	Heemskerk (NED)	283
13. van 't Veer Iris	03	08-021	37.47	25m	7-11-19	Heemskerk (NED)	275
14. van Assema Eline	05	08-021	37.94	25m	7-11-19	Heemskerk (NED)	265
15. Blaauw Yente	03	08-021	38.08	50m	23-2-20	Den Haag (NED)	264
16. de Ruijter Linda	87	08-021	38.10	25m	7-11-19	Heemskerk (NED)	262
17. de Wildt Maud	05	08-021	38.82	25m	7-11-19	Heemskerk (NED)	247
18. van Vliet Isabel	02	08-021	38.92	25m	7-11-19	Heemskerk (NED)	245
19. Ardicyaka Irem	06	08-021	40.47	50m	30-11-19	Beverwijk (NED)	219
20. van Eerden Meike	00	08-021	40.66	25m	7-11-19	Heemskerk (NED)	215
21. Bos Marieke	06	08-021	41.46	25m	7-11-19	Heemskerk (NED)	203
22. Schaefer Lisa	06	08-021	41.75	50m	26-1-20	Alkmaar (NED)	200
23. de Boer Maia	03	08-021	43.01	50m	30-11-19	Beverwijk (NED)	183
24. ten Cate Joyce	80	08-021	44.94	25m	5-3-20	Heemskerk (NED)	159
25. de Graaf Isabella	04	08-021	45.62	25m	7-11-19	Heemskerk (NED)	152

100 vlinderslag

1. Broek Jade	97	08-021	1:09.19	25m	3-11-19	Purmerend (NED)	491
2. Hoekstra Eline	03	08-021	1:10.98	25m	3-11-19	Purmerend (NED)	455
3. Kingma Danae	00	08-021	1:11.08	25m	13-10-19	Heemskerk (NED)	453
4. Wentink Yara	04	08-021	1:11.65	25m	12-1-20	Purmerend (NED)	442
5. Siemerink Laura	04	08-021	1:17.11	25m	17-11-19	Hoofddorp (NED)	355
6. de Haan Shira	00	08-021	1:17.20	25m	30-1-20	Heemskerk (NED)	353
7. Scholten Britt	04	08-021	1:24.27	25m	12-1-20	Purmerend (NED)	272
8. Veldhuis Amelia	03	08-021	1:24.30	25m	12-1-20	Purmerend (NED)	271
9. van 't Veer Iris	03	08-021	1:26.13	25m	30-1-20	Heemskerk (NED)	254
10. de Wildt Maud	05	08-021	1:31.02	25m	24-11-19	Hoofddorp (NED)	215
11. Blaauw Yente	03	08-021	1:31.87	25m	12-1-20	Purmerend (NED)	210
12. van Eerden Meike	00	08-021	1:35.59	25m	30-1-20	Heemskerk (NED)	186
13. van Assema Eline	05	08-021	1:39.34	25m	3-11-19	Purmerend (NED)	166
14. de Boer Maia	03	08-021	1:39.42	25m	12-1-20	Purmerend (NED)	165
15. Schaefer Lisa	06	08-021	1:45.29	25m	30-1-20	Heemskerk (NED)	139
16. de Graaf Isabella	04	08-021	1:48.43	25m	30-1-20	Heemskerk (NED)	127
17. Wieman Lianne	03	08-021	1:49.43	25m	30-1-20	Heemskerk (NED)	124
18. Ardicyaka Irem	06	08-021	1:51.00	25m	3-11-19	Purmerend (NED)	119
19. Weezepoel Natascha	07	08-021	1:56.33	25m	30-1-20	Heemskerk (NED)	103

200 vlinderslag

1. Hoekstra Eline	03	08-021	2:40.19	25m	23-11-19	Hoofddorp (NED)	416
2. Wentink Yara	04	08-021	2:52.09	25m	23-11-19	Hoofddorp (NED)	335

1000 vlinderslag**100 wisselslag**

1. Broek Jade	97	08-021	1:10.34	25m	23-11-19	Hoofddorp (NED)	518
2. Hoekstra Eline	03	08-021	1:12.93	25m	29-9-19	Alkmaar (NED)	465
3. Siemerink Laura	04	08-021	1:14.73	25m	23-11-19	Hoofddorp (NED)	432
4. Groen Anne	95	08-021	1:15.91	25m	15-9-19	Zaandam (NED)	412
5. van 't Veer Iris	03	08-021	1:16.08	25m	23-11-19	Hoofddorp (NED)	409
6. Wentink Yara	04	08-021	1:16.15	25m	6-10-19	Purmerend (NED)	408
7. de Haan Shira	00	08-021	1:16.75	25m	15-9-19	Zaandam (NED)	399
8. de Wildt Maud	05	08-021	1:20.74	25m	23-11-19	Hoofddorp (NED)	342
9. Scholten Britt	04	08-021	1:21.62	25m	29-9-19	Alkmaar (NED)	331
10. van Assema Eline	05	08-021	1:22.41	25m	23-11-19	Hoofddorp (NED)	322
11. Visser Kelly	89	08-021	1:23.53	25m	6-10-19	Purmerend (NED)	309
12. de Boer Maia	03	08-021	1:24.20	25m	13-10-19	Heemskerk (NED)	302
13. van Ederen Jasmijn	10	08-021	1:45.26	25m	19-1-20	Zaandam (NED)	154
14. Schut Bodine	09	08-021	1:50.36	25m	19-1-20	Zaandam (NED)	134

200 wisselslag

1. Kingma Danae	00	08-021	2:34.27	25m	3-11-19	Purmerend (NED)	492
2. Hoekstra Eline	03	08-021	2:37.65	25m	12-1-20	Purmerend (NED)	461
3. Wentink Yara	04	08-021	2:44.02	25m	17-11-19	Hoofddorp (NED)	410
4. van 't Veer Iris	03	08-021	2:47.26	25m	17-11-19	Hoofddorp (NED)	386
5. de Haan Shira	00	08-021	2:49.97	25m	29-9-19	Alkmaar (NED)	368
6. Siemerink Laura	04	08-021	2:53.32	25m	12-1-20	Purmerend (NED)	347
7. de Wildt Maud	05	08-021	2:58.73	25m	19-10-19	Barneveld (NED)	316
8. van Assema Eline	05	08-021	3:00.16	25m	12-1-20	Purmerend (NED)	309
9. Visser Kelly	89	08-021	3:00.18	25m	3-11-19	Purmerend (NED)	309
10. Scholten Britt	04	08-021	3:00.66	25m	12-1-20	Purmerend (NED)	306
11. Hoek Daniëlle	88	08-021	3:01.76	25m	3-11-19	Purmerend (NED)	301
12. Blaauw Yente	03	08-021	3:03.26	25m	12-1-20	Purmerend (NED)	294
13. Veldhuis Amelia	03	08-021	3:04.48	25m	12-1-20	Purmerend (NED)	288
14. de Boer Maia	03	08-021	3:08.54	25m	12-1-20	Purmerend (NED)	270
15. Palmboom Nicole	91	08-021	3:09.08	25m	3-11-19	Purmerend (NED)	267
16. Schaefer Lisa	06	08-021	3:16.78	25m	12-1-20	Purmerend (NED)	237
17. Ardicyaka Irem	06	08-021	3:34.84	25m	12-1-20	Purmerend (NED)	182
18. Weezepoel Natascha	07	08-021	3:49.42	25m	3-11-19	Purmerend (NED)	149
19. Schut Bodine	09	08-021	3:55.61	25m	3-11-19	Purmerend (NED)	138

300 wisselslag**400 wisselslag**

1. Hoekstra Eline	03	08-021	5:29.10	25m	24-11-19	Hoofddorp (NED)	487
2. Wentink Yara	04	08-021	5:57.98	50m	8-3-20	Amsterdam (NED)	411
3. Broek Jade	97	08-021	5:58.94	50m	1-3-20	Alkmaar (NED)	408
4. de Wildt Maud	05	08-021	6:19.36	25m	24-11-19	Hoofddorp (NED)	318