

14 jaar, Dames, Lange baan (50m)

1-1-1900-31-7-2020

15m vlinderslag benen onderwater**25m vrije slag met koprol****25m rugslag start****50m borstcrawl benen****100m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Kingma Danae	00	08-021	27.93	50m	20-6-14	Amsterdam (NED)	608
2. Koster Lisa	94	08-021	28.40	50m	13-6-08	Drachten (NED)	578
3. Smit Sanne	01	08-021	29.55	50m	30-5-15	Beverwijk (NED)	513
4. Vink Marjolein	93	08-021	30.51	50m	6-5-07	Eindhoven (NED)	466
5. Siemerink Laura	04	08-021	30.52	50m	17-6-18	Buckeburg (GER)	466
6. Hoekstra Eline	03	08-021	30.60	50m	5-3-17	Alkmaar (NED)	462
7. de Groot Daniëlle	93	08-021	30.87	50m	19-5-07	Beverwijk (NED)	450
8. Wentink Yara	04	08-021	30.96	50m	26-5-18	Amersfoort (NED)	446
9. Schelvis Roos	86	08-021	31.08	50m	27-5-00	Beverwijk (NED)	441
10. Buur Naomi	01	08-021	31.26	50m	22-2-15	Alkmaar (NED)	434
11. Palmboom Nicole	91	08-021	31.38	50m	28-5-05	Beverwijk (NED)	429
12. de Boer Maia	03	08-021	31.98	50m	20-5-17	Alkmaar (NED)	405
13. van 't Veer Iris	03	08-021	32.06	50m	9-12-17	Beverwijk (NED)	402
14. Crok Linda	94	08-021	32.08	50m	1-6-08	Beverwijk (NED)	401
15. Groen Anne	95	08-021	32.69	50m	5-12-09	Beverwijk (NED)	379
16. de Wildt Maud	05	08-021	32.75	50m	16-6-19	Bückeburg (GER)	377
17. Mallon Danique	94	08-021	32.77	50m	1-6-08	Beverwijk (NED)	376
18. Ivens Suzanne	99	08-021	33.12	50m	29-6-13	Eindhoven (NED)	365
19. Niesten Iris	92	08-021	33.15	50m	28-5-06	Beverwijk (NED)	364
20. de Haan Shira	00	08-021	33.22	50m	24-5-14	Beverwijk (NED)	361
21. Blaauw Yente	03	08-021	33.23	50m	5-3-17	Alkmaar (NED)	361
22. Hoek Daniëlle	88	08-021	33.24	50m	2-6-02	Beverwijk	361
23. van Sikkelerus Lisa	99	08-021	33.39	50m	7-12-13	Beverwijk (NED)	356
24. Essers Sanne	91	08-021	33.50	50m	12-6-05	Beverwijk (NED)	352
24. de Vries Chrissie	93	08-021	33.50	50m	3-6-07	Beverwijk (NED)	352

100 vrije slag

1.	Kingma Danae	00	08-021	1:00.90	50m	30-11-14	Alkmaar (NED)	612
2.	Koster Lisa	94	08-021	1:02.35	50m	25-5-08	Beverwijk (NED)	570
3.	Schelvis Femke	84	08-021	1:02.54	50m	3-7-98	Amersfoort (NED)	565
4.	Smit Sanne	01	08-021	1:04.27	50m	14-6-15	Eindhoven (NED)	520
5.	Wentink Yara	04	08-021	1:06.66	50m	27-5-18	Amersfoort (NED)	466
6.	Vink Marjolein	93	08-021	1:07.30	50m	20-5-07	Beverwijk (NED)	453
7.	Hoekstra Eline	03	08-021	1:07.39	50m	27-5-17	Alkmaar (NED)	451
8.	Buur Naomi	01	08-021	1:08.72	50m	22-2-15	Alkmaar (NED)	426
9.	Palmboom Nicole	91	08-021	1:09.26	50m	29-5-05	Beverwijk (NED)	416
10.	Schelvis Roos	86	08-021	1:09.40	50m	28-5-00	Beverwijk (NED)	413
11.	de Groot Daniëlle	93	08-021	1:09.49	50m	6-5-07	Eindhoven (NED)	412
12.	Siemerink Laura	04	08-021	1:09.70	50m	18-2-18	Alkmaar (NED)	408
13.	Mallon Danique	94	08-021	1:10.26	50m	25-5-08	Beverwijk (NED)	398
14.	van Ballegoie Simone	84	08-021	1:10.98	50m	5-7-98	Amersfoort (NED)	386
15.	Koopman Anitra	89	08-021	1:11.85	50m	25-5-03	Beverwijk (NED)	372
16.	Crok Linda	94	08-021	1:11.91	50m	1-6-08	Beverwijk (NED)	371
17.	Kleijne Daisy	89	08-021	1:12.27	50m	12-10-03	Beverwijk (NED)	366
18.	van 't Veer Iris	03	08-021	1:12.63	50m	27-5-17	Alkmaar (NED)	360
19.	Essers Sanne	91	08-021	1:12.79	50m	12-6-05	Beverwijk (NED)	358
20.	van der Kroft Nicole	84	08-021	1:12.88	50m	25-10-98	Beverwijk (NED)	357
21.	de Boer Maia	03	08-021	1:13.08	50m	27-5-17	Alkmaar (NED)	354
22.	de Boer Irene	84	08-021	1:13.12	50m	25-10-98	Beverwijk (NED)	353
23.	Hoek Daniëlle	88	08-021	1:13.38	50m	2-6-02	Beverwijk	349
24.	Scholten Britt	04	08-021	1:13.47	50m	17-6-18	Buckeburg (GER)	348
25.	Blaauw Yente	03	08-021	1:13.90	50m	27-5-17	Alkmaar (NED)	342

200 vrije slag

1.	Kingma Danae	00	08-021	2:14.82	50m	21-6-14	Amsterdam (NED)	588
2.	Schelvis Femke	84	08-021	2:15.98	50m	5-7-98	Amersfoort (NED)	573
3.	Koster Lisa	94	08-021	2:16.81	50m	14-6-08	Drachten (NED)	563
4.	Smit Sanne	01	08-021	2:25.65	50m	17-5-15	Alkmaar (NED)	466
5.	Wentink Yara	04	08-021	2:26.74	50m	2-6-18	Amersfoort (NED)	456
6.	Hoekstra Eline	03	08-021	2:30.42	50m	21-5-17	Alkmaar (NED)	423
7.	Mallon Danique	94	08-021	2:33.54	50m	18-5-08	Alkmaar (NED)	398
8.	Crok Linda	94	08-021	2:34.29	50m	18-5-08	Alkmaar (NED)	392
9.	Schelvis Roos	86	08-021	2:34.36	50m	21-5-00	Beverwijk (NED)	392
10.	Buur Naomi	01	08-021	2:35.89	50m	17-5-15	Alkmaar (NED)	380
11.	van 't Veer Iris	03	08-021	2:36.42	50m	21-5-17	Alkmaar (NED)	376
12.	Palmboom Nicole	91	08-021	2:38.47	50m	17-4-05	Beverwijk (NED)	362
13.	Kleijne Daisy	89	08-021	2:39.62	50m	29-3-03	Beverwijk (NED)	354
14.	Vredenburg Roos	95	08-021	2:40.92	50m	29-3-09	Alkmaar (NED)	346
15.	Koopman Anitra	89	08-021	2:41.36	50m	18-5-03	Beverwijk (NED)	343
16.	Hoek Daniëlle	88	08-021	2:41.90	50m	12-5-02	Beverwijk (NED)	339
17.	de Ruijter Linda	87	08-021	2:43.05	50m	13-5-01	Beverwijk (NED)	332
18.	de Wildt Maud	05	08-021	2:43.69	50m	15-6-19	Bückeburg (GER)	328
19.	de Boer Maia	03	08-021	2:44.07	50m	21-5-17	Alkmaar (NED)	326
20.	Scholten Britt	04	08-021	2:49.47	50m	21-1-18	Alkmaar (NED)	296
21.	de Haan Shira	00	08-021	2:51.82	50m	5-7-14	Eindhoven (NED)	284
22.	van der Gracht Anouk	89	08-021	2:51.85	50m	29-3-03	Beverwijk (NED)	284
23.	Ivens Suzanne	99	08-021	2:55.64	50m	29-6-13	Eindhoven (NED)	266
24.	Veldhuis Amelia	03	08-021	2:56.04	50m	21-5-17	Alkmaar (NED)	264
25.	van Assema Eline	05	08-021	2:57.79	50m	20-1-19	Alkmaar (NED)	256

250 vrije slag**300 vrije slag**

1. Schelvis Femke	84	08-021	3:39.20	50m	4-7-98	Amersfoort (NED)	506
2. Koster Lisa	94	08-021	3:50.85	50m	17-5-08	Beverwijk (NED)	433
3. Palmboom Nicole	91	08-021	4:10.32	50m	21-5-05	Beverwijk (NED)	340

400 vrije slag

1. Schelvis Femke	84	08-021	4:52.03	50m	4-7-98	Amersfoort (NED)	530
2. Koster Lisa	94	08-021	5:07.30	50m	17-5-08	Beverwijk (NED)	455
3. Hoekstra Eline	03	08-021	5:15.82	50m	28-5-17	Alkmaar (NED)	419
4. Buur Naomi	01	08-021	5:35.87	50m	16-5-15	Beverwijk (NED)	348
5. Palmboom Nicole	91	08-021	5:36.95	50m	21-5-05	Beverwijk (NED)	345
6. van 't Veer Iris	03	08-021	5:43.88	50m	2-4-17	Alkmaar (NED)	325
7. Wentink Yara	04	08-021	5:53.55	50m	15-4-18	Alkmaar (NED)	299

500 vrije slag**800 vrije slag**

1. Wentink Yara	04	08-021	12:02.10	50m	15-4-18	Alkmaar (NED)	302
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1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Wentink Yara	04	08-021	22:30.05	50m	15-4-18	Alkmaar (NED)	322
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2000 vrije slag**2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag**

22000 vrije slag**25 rugslag****50 rugslag**

1. Kingma Danae	00	08-021	34.10	50m	25-5-14	Beverwijk (NED)	499
2. Koster Lisa	94	08-021	35.08	50m	25-5-08	Beverwijk (NED)	458
3. Smit Sanne	01	08-021	35.49	50m	31-5-15	Alkmaar (NED)	443
4. Siemerink Laura	04	08-021	35.75	50m	2-6-18	Amersfoort (NED)	433
5. Wentink Yara	04	08-021	35.80	50m	8-12-18	Beverwijk (NED)	431
6. Hoekstra Eline	03	08-021	35.91	50m	5-3-17	Alkmaar (NED)	427
7. Mallon Danique	94	08-021	36.05	50m	25-5-08	Beverwijk (NED)	422
7. van 't Veer Iris	03	08-021	36.05	50m	21-5-17	Alkmaar (NED)	422
9. Schelvis Roos	86	08-021	36.41	50m	28-5-00	Beverwijk (NED)	410
10. Crok Linda	94	08-021	36.60	50m	25-5-08	Beverwijk (NED)	404
11. Buur Naomi	01	08-021	36.97	50m	5-12-15	Beverwijk (NED)	392
12. Kleijne Daisy	89	08-021	37.15	50m	25-5-03	Beverwijk (NED)	386
13. Koopman Anitra	89	08-021	37.75	50m	25-5-03	Beverwijk (NED)	368
14. van Assema Eline	05	08-021	38.01	50m	11-5-19	Alkmaar (NED)	360
15. Koper Fiona	01	08-021	38.07	50m	5-12-15	Beverwijk (NED)	359
16. Scholten Britt	04	08-021	38.61	50m	16-6-18	Buckeburg (GER)	344
17. Schaefer Lisa	06	08-021	38.83	50m	26-1-20	Alkmaar (NED)	338
18. de Wildt Maud	05	08-021	39.84	50m	30-11-19	Beverwijk (NED)	313
19. de Haan Shira	00	08-021	40.11	50m	29-11-14	Beverwijk (NED)	307
20. Veldhuis Amelia	03	08-021	40.59	50m	2-4-17	Alkmaar (NED)	296
21. de Boer Maia	03	08-021	40.68	50m	2-4-17	Alkmaar (NED)	294
22. Blaauw Yente	03	08-021	40.74	50m	9-12-17	Beverwijk (NED)	293
23. Groen Anne	95	08-021	41.09	50m	5-12-09	Beverwijk (NED)	285
24. Hofland Yasmin	01	08-021	41.73	50m	5-12-15	Beverwijk (NED)	272
25. Petit Kirsten	00	08-021	41.82	50m	29-11-14	Beverwijk (NED)	270

100 rugslag

1. Koster Lisa	94	08-021	1:15.78	50m	12-4-08	Antwerpen (BEL)	450
2. Schelvis Femke	84	08-021	1:15.81	50m	25-10-98	Beverwijk (NED)	450
3. Schelvis Roos	86	08-021	1:16.46	50m	27-5-00	Beverwijk (NED)	438
4. Hoekstra Eline	03	08-021	1:17.05	50m	5-2-17	Alkmaar (NED)	428
5. Kingma Danae	00	08-021	1:17.85	50m	24-5-14	Beverwijk (NED)	415
6. Smit Sanne	01	08-021	1:18.41	50m	30-5-15	Beverwijk (NED)	406
7. van 't Veer Iris	03	08-021	1:18.50	50m	17-6-17	Bergbad Bückebug (GER)	405
8. Koper Fiona	01	08-021	1:18.81	50m	30-5-15	Beverwijk (NED)	400
9. Mallon Danique	94	08-021	1:19.85	50m	24-5-08	Beverwijk (NED)	385
10. Kleijne Daisy	89	08-021	1:20.54	50m	12-10-03	Beverwijk (NED)	375
11. Crok Linda	94	08-021	1:22.40	50m	17-5-08	Beverwijk (NED)	350
12. Koopman Anitra	89	08-021	1:23.96	50m	24-5-03	Beverwijk (NED)	331
13. de Boer Irene	84	08-021	1:24.06	50m	25-10-98	Beverwijk (NED)	330
14. Palmboom Nicole	91	08-021	1:24.34	50m	28-5-05	Beverwijk (NED)	326
15. van Assema Eline	05	08-021	1:24.36	50m	11-5-19	Alkmaar (NED)	326
16. Niesten Iris	92	08-021	1:24.56	50m	27-5-06	Beverwijk (NED)	324
17. de Haan Shira	00	08-021	1:25.06	50m	21-6-14	Beverwijk (NED)	318
17. Blaauw Yente	03	08-021	1:25.06	50m	5-2-17	Alkmaar (NED)	318
19. Petit Kirsten	00	08-021	1:25.36	50m	21-6-14	Beverwijk (NED)	315
20. Scholten Britt	04	08-021	1:25.70	50m	21-1-18	Alkmaar (NED)	311

100 rugslag (sinds 21)

21. Buur Naomi	01	08-021	1:25.94	50m	25-4-15	Alkmaar (NED)	308
22. Hoek Daniëlle	88	08-021	1:26.00	50m	1-6-02	Beverwijk	308
23. Stins Mariska	84	08-021	1:26.05	50m	25-10-98	Beverwijk (NED)	307
24. Vink Marjolein	93	08-021	1:26.68	50m	2-6-07	Beverwijk (NED)	301
25. van der Gracht Anouk	89	08-021	1:27.31	50m	12-10-03	Beverwijk (NED)	294

200 rugslag

1. Schelvis Femke	84	08-021	2:38.83	50m	5-7-98	Amersfoort (NED)	476
2. Koster Lisa	94	08-021	2:46.48	50m	18-5-08	Alkmaar (NED)	413
3. van 't Veer Iris	03	08-021	2:50.42	50m	27-5-17	Alkmaar (NED)	385
4. van Assema Eline	05	08-021	2:51.68	50m	11-5-19	Alkmaar (NED)	377
5. Schelvis Roos	86	08-021	2:52.03	50m	21-5-00	Beverwijk (NED)	375
6. Hoekstra Eline	03	08-021	2:52.46	50m	27-5-17	Alkmaar (NED)	372
7. Crok Linda	94	08-021	2:52.49	50m	18-5-08	Alkmaar (NED)	372
8. Kleijne Daisy	89	08-021	2:52.63	50m	18-5-03	Beverwijk (NED)	371
9. Buur Naomi	01	08-021	2:53.58	50m	25-4-15	Alkmaar (NED)	365
10. Koopman Anitra	89	08-021	2:58.50	50m	18-5-03	Beverwijk (NED)	335
11. Blaauw Yente	03	08-021	3:01.95	50m	27-5-17	Alkmaar (NED)	316
12. Visser Stacey	87	08-021	3:16.80	50m	21-10-01	Beverwijk (NED)	250
13. de Ruijter Linda	87	08-021	3:18.79	50m	21-10-01	Beverwijk (NED)	243
14. Viel Bianca	85	08-021	3:42.41	50m	31-10-99	Beverwijk (NED)	173

500 rugslag25 schoolslag50 schoolslag

1. Kingma Danae	00	08-021	36.33	50m	18-5-14	Alkmaar (NED)	529
2. Palmboom Nicole	91	08-021	38.70	50m	22-5-05	Beverwijk (NED)	438
3. de Groot Daniëlle	93	08-021	40.32	50m	13-5-07	Alkmaar (NED)	387
4. de Boer Maia	03	08-021	41.41	50m	20-5-17	Alkmaar (NED)	357
5. van 't Veer Iris	03	08-021	41.82	50m	20-5-17	Alkmaar (NED)	347
6. Siemerink Laura	04	08-021	42.04	50m	17-6-18	Buckeburg (GER)	342
7. Koster Lisa	94	08-021	42.24	50m	13-4-08	Antwerpen (BEL)	337
8. Hoekstra Eline	03	08-021	42.27	50m	20-5-17	Alkmaar (NED)	336
9. Schelvis Roos	86	08-021	42.29	50m	21-5-00	Beverwijk (NED)	335
10. de Haan Shira	00	08-021	42.71	50m	29-11-14	Beverwijk (NED)	326
11. Smit Sanne	01	08-021	42.85	50m	17-5-15	Alkmaar (NED)	322
12. Vink Marjolein	93	08-021	43.05	50m	13-5-07	Alkmaar (NED)	318
13. van Huisstede Nikita	01	08-021	44.06	50m	15-3-15	Beverwijk (NED)	297
14. Hogema Fabiën	93	08-021	44.11	50m	13-5-07	Alkmaar (NED)	296
15. de Wildt Maud	05	08-021	44.45	50m	30-11-19	Beverwijk (NED)	289
16. Buur Naomi	01	08-021	44.49	50m	17-5-15	Alkmaar (NED)	288
17. van Assema Eline	05	08-021	44.52	50m	17-3-19	Alkmaar (NED)	287
18. Scholten Britt	04	08-021	45.37	50m	17-6-18	Buckeburg (GER)	272
19. Ivens Suzanne	99	08-021	46.04	50m	29-6-13	Eindhoven (NED)	260
20. Blaauw Yente	03	08-021	47.96	50m	9-12-17	Beverwijk (NED)	230
21. Wentink Yara	04	08-021	48.13	50m	25-3-18	Alkmaar (NED)	227
22. Veldhuis Amelia	03	08-021	48.42	50m	9-12-17	Beverwijk (NED)	223
23. Petit Kirsten	00	08-021	48.58	50m	29-11-14	Beverwijk (NED)	221

50 schoolslag (sinds 24)

24. Buur Cindy	99	08-021	49.08	50m	29-6-13	Eindhoven (NED)	214
25. Hoffland Yasmin	01	08-021	50.29	50m	25-4-15	Alkmaar (NED)	199

100 schoolslag

1. Kingma Danae	00	08-021	1:21.54	50m	13-4-14	Eindhoven (NED)	486
2. Palmboom Nicole	91	08-021	1:29.09	50m	21-5-05	Beverwijk (NED)	372
3. van der Kroft Nicole	84	08-021	1:31.81	50m	25-10-98	Beverwijk (NED)	340
4. van 't Veer Iris	03	08-021	1:31.91	50m	21-5-17	Alkmaar (NED)	339
5. de Groot Daniëlle	93	08-021	1:32.72	50m	12-5-07	Beverwijk (NED)	330
6. de Haan Shira	00	08-021	1:33.61	50m	17-5-14	Beverwijk (NED)	321
7. Siemerink Laura	04	08-021	1:33.68	50m	16-6-18	Buckeburg (GER)	320
8. Smit Sanne	01	08-021	1:33.72	50m	22-2-15	Alkmaar (NED)	320
9. Moolevliet Petra	82	08-021	1:34.10	50m	2-6-96	Beverwijk (NED)	316
10. Hoekstra Eline	03	08-021	1:35.02	50m	2-4-17	Alkmaar (NED)	307
11. Boekling Annette	85	08-021	1:35.07	50m	29-5-99	Beverwijk (NED)	306
12. Stins Mariska	84	08-021	1:35.48	50m	25-10-98	Beverwijk (NED)	303
12. van Huisstede Nikita	01	08-021	1:35.48	50m	15-3-15	Beverwijk (NED)	303
14. Mallon Danique	94	08-021	1:35.93	50m	1-6-08	Beverwijk (NED)	298
15. de Wildt Maud	05	08-021	1:36.29	50m	15-6-19	Bückeburg (GER)	295
16. Crok Linda	94	08-021	1:37.01	50m	1-6-08	Beverwijk (NED)	288
17. Buur Naomi	01	08-021	1:37.25	50m	22-2-15	Alkmaar (NED)	286
18. Crok Annemarie	89	08-021	1:37.61	50m	12-10-03	Beverwijk (NED)	283
19. Vink Marjolein	93	08-021	1:38.14	50m	12-5-07	Beverwijk (NED)	279
20. van Kooten Cynthia	93	08-021	1:38.52	50m	3-6-07	Beverwijk (NED)	275
21. Cappelle Carlijn	82	08-021	1:38.90	50m	2-6-96	Beverwijk (NED)	272
22. de Boer Maia	03	08-021	1:39.28	50m	21-5-17	Alkmaar (NED)	269
23. de Boer Irene	84	08-021	1:39.55	50m	25-10-98	Beverwijk (NED)	267
24. Ivens Suzanne	99	08-021	1:39.96	50m	16-6-13	Beverwijk (NED)	264
25. Hoek Daniëlle	88	08-021	1:39.99	50m	2-6-02	Beverwijk	263

200 schoolslag

1. Kingma Danae	00	08-021	3:04.77	50m	24-5-14	Beverwijk (NED)	426
2. Palmboom Nicole	91	08-021	3:16.17	50m	28-5-05	Beverwijk (NED)	356
3. Vink Marjolein	93	08-021	3:17.85	50m	19-5-07	Beverwijk (NED)	347
4. van 't Veer Iris	03	08-021	3:19.91	50m	18-6-17	Bergbad Bückeburg (GER)	336
5. Buur Naomi	01	08-021	3:22.86	50m	22-2-15	Alkmaar (NED)	322
6. de Haan Shira	00	08-021	3:22.87	50m	24-5-14	Beverwijk (NED)	322
7. Hoekstra Eline	03	08-021	3:23.77	50m	5-2-17	Alkmaar (NED)	318
8. Moolevliet Petra	82	08-021	3:23.90	50m	4-5-96	Beverwijk (NED)	317
9. de Ruijter Linda	87	08-021	3:25.08	50m	19-5-01	Beverwijk (NED)	312
10. Scholten Britt	04	08-021	3:25.13	50m	17-6-18	Buckeburg (GER)	311
11. Crok Linda	94	08-021	3:25.23	50m	24-5-08	Beverwijk (NED)	311
12. de Wildt Maud	05	08-021	3:26.06	50m	16-6-19	Bückeburg (GER)	307
13. Schelvis Roos	86	08-021	3:26.43	50m	27-5-00	Beverwijk (NED)	306
14. Boekling Annette	85	08-021	3:29.91	50m	31-10-99	Beverwijk (NED)	291
15. Siemerink Laura	04	08-021	3:30.58	50m	25-3-18	Alkmaar (NED)	288
16. van Ballegooie Stefanie	86	08-021	3:38.34	50m	22-10-00	Beverwijk (NED)	258
17. Ivens Suzanne	99	08-021	3:40.34	50m	29-6-13	Eindhoven (NED)	251
18. Veldhuis Amelia	03	08-021	3:42.33	50m	5-2-17	Alkmaar (NED)	244

500 schoolslag

800 schoolslag**1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. Schelvis Femke	84	08-021	32.73	50m	25-10-98	Beverwijk (NED)	415
2. Siemerink Laura	04	08-021	32.75	50m	3-6-18	Amersfoort (NED)	415
3. Wentink Yara	04	08-021	33.35	50m	3-6-18	Amersfoort (NED)	393
4. Hoekstra Eline	03	08-021	33.46	50m	5-3-17	Alkmaar (NED)	389
5. de Groot Daniëlle	93	08-021	34.65	50m	12-5-07	Beverwijk (NED)	350
6. Koster Lisa	94	08-021	34.73	50m	12-4-08	Antwerpen (BEL)	348
7. Mallon Danique	94	08-021	35.06	50m	17-5-08	Beverwijk (NED)	338
8. Buur Naomi	01	08-021	35.56	50m	16-5-15	Beverwijk (NED)	324
9. Smit Sanne	01	08-021	35.63	50m	16-5-15	Beverwijk (NED)	322
10. Scholten Britt	04	08-021	37.18	50m	21-1-18	Alkmaar (NED)	283
11. de Haan Shira	00	08-021	38.72	50m	17-5-14	Beverwijk (NED)	251
12. Petit Kirsten	00	08-021	39.05	50m	2-3-14	Amsterdam (NED)	244
13. Vredenburg Roos	95	08-021	39.73	50m	5-12-09	Beverwijk (NED)	232
14. van 't Veer Iris	03	08-021	40.60	50m	9-12-17	Beverwijk (NED)	217
15. Blaauw Yente	03	08-021	40.81	50m	9-12-17	Beverwijk (NED)	214
16. Schaefer Lisa	06	08-021	41.75	50m	26-1-20	Alkmaar (NED)	200
17. de Wildt Maud	05	08-021	41.92	50m	30-11-19	Beverwijk (NED)	197
18. Koper Fiona	01	08-021	42.07	50m	5-12-15	Beverwijk (NED)	195
19. Veldhuis Amelia	03	08-021	43.67	50m	9-12-17	Beverwijk (NED)	175
20. Groen Anne	95	08-021	43.75	50m	5-12-09	Beverwijk (NED)	174
21. van Assema Eline	05	08-021	44.24	50m	11-5-19	Alkmaar (NED)	168
22. Mosch Sabina	84	08-021	45.30	50m	25-10-98	Beverwijk (NED)	156
23. de Boer Maia	03	08-021	45.96	50m	9-12-17	Beverwijk (NED)	150
24. Hofland Yasmin	01	08-021	46.12	50m	5-12-15	Beverwijk (NED)	148
25. van den Braber Liesbeth	84	08-021	51.63	50m	25-10-98	Beverwijk (NED)	105

100 vlinderslag

1. Schelvis Femke	84	08-021	1:13.69	50m	4-7-98	Amersfoort (NED)	426
2. de Groot Daniëlle	93	08-021	1:17.63	50m	13-5-07	Alkmaar (NED)	365
3. Mallon Danique	94	08-021	1:18.44	50m	18-5-08	Alkmaar (NED)	353
4. Wentink Yara	04	08-021	1:19.41	50m	25-3-18	Alkmaar (NED)	341
5. Smit Sanne	01	08-021	1:23.21	50m	17-5-15	Alkmaar (NED)	296
6. Siemerink Laura	04	08-021	1:23.41	50m	15-4-18	Alkmaar (NED)	294
7. Visser Stacey	87	08-021	1:27.53	50m	29-4-01	Beverwijk (NED)	254
8. Vink Lidewij	90	08-021	1:27.92	50m	9-5-04	Beverwijk (NED)	251
9. Hoekstra Eline	03	08-021	1:28.86	50m	21-5-17	Alkmaar (NED)	243
10. Crok Annemarie	89	08-021	1:29.03	50m	12-10-03	Beverwijk (NED)	241
11. Buur Naomi	01	08-021	1:30.39	50m	20-6-15	Beverwijk (NED)	231
12. de Ruijter Linda	87	08-021	1:30.49	50m	26-5-01	Beverwijk (NED)	230
13. Boekling Annette	85	08-021	1:30.91	50m	31-10-99	Beverwijk (NED)	227
14. Essers Sanne	91	08-021	1:31.41	50m	11-6-05	Beverwijk (NED)	223
15. Koopman Anitra	89	08-021	1:32.88	50m	29-3-03	Beverwijk (NED)	213
16. Vredenburg Roos	95	08-021	1:33.35	50m	6-6-09	Beverwijk (NED)	209
17. Hoek Daniëlle	88	08-021	1:36.52	50m	1-6-02	Beverwijk	189
18. Niesten Iris	92	08-021	1:36.56	50m	27-5-06	Beverwijk (NED)	189
19. Hofland Yasmin	01	08-021	1:36.84	50m	20-6-15	Beverwijk (NED)	188
20. Meijer Sylvia	81	08-021	1:39.70	50m	10-6-95	Beverwijk (NED)	172
21. Blaauw Yente	03	08-021	1:39.99	50m	5-2-17	Alkmaar (NED)	170
22. van der Gracht Anouk	89	08-021	1:41.15	50m	31-5-03	Beverwijk	165
23. de Wildt Maud	05	08-021	1:41.96	50m	20-1-19	Alkmaar (NED)	161
24. de Haan Shira	00	08-021	1:42.42	50m	5-7-14	Eindhoven (NED)	158
25. van Ballegooie Stefanie	86	08-021	1:42.95	50m	22-10-00	Beverwijk (NED)	156

200 vlinderslag

1. Mallon Danique	94	08-021	2:55.83	50m	25-5-08	Beverwijk (NED)	332
2. Wentink Yara	04	08-021	3:03.78	50m	25-3-18	Alkmaar (NED)	291
3. Visser Stacey	87	08-021	3:27.93	50m	29-4-01	Beverwijk (NED)	201
4. Koopman Anitra	89	08-021	3:46.94	50m	29-3-03	Beverwijk (NED)	154

1000 vlinderslag**100 wisselslag****200 wisselslag**

1. Schelvis Femke	84	08-021	2:43.54	50m	5-7-98	Amersfoort (NED)	458
2. Hoekstra Eline	03	08-021	2:51.22	50m	17-6-17	Bergbad Bückeberg (GER)	399
3. Mallon Danique	94	08-021	2:52.70	50m	24-5-08	Beverwijk (NED)	389
4. de Groot Daniëlle	93	08-021	2:53.15	50m	19-5-07	Beverwijk (NED)	386
5. Smit Sanne	01	08-021	2:55.38	50m	22-2-15	Alkmaar (NED)	371
6. Buur Naomi	01	08-021	2:55.94	50m	30-5-15	Beverwijk (NED)	368
7. Palmboom Nicole	91	08-021	2:56.62	50m	28-5-05	Beverwijk (NED)	364
8. Wentink Yara	04	08-021	2:56.86	50m	16-6-18	Bückeberg (GER)	362
9. van 't Veer Iris	03	08-021	2:59.49	50m	20-5-17	Alkmaar (NED)	346
10. Siemerink Laura	04	08-021	3:00.00	50m	16-6-18	Bückeberg (GER)	343
11. Schelvis Roos	86	08-021	3:03.15	50m	27-5-00	Beverwijk (NED)	326
12. Blaauw Yente	03	08-021	3:03.74	50m	20-5-17	Alkmaar (NED)	323
13. Scholten Britt	04	08-021	3:04.57	50m	16-6-18	Bückeberg (GER)	319

200 wisselslag (sinds 14)

14. Essers Sanne	91	08-021	3:05.97	50m	28-5-05	Beverwijk (NED)	311
15. Hoek Daniëlle	88	08-021	3:06.79	50m	21-4-02	Beverwijk (NED)	307
16. Boekling Annette	85	08-021	3:11.26	50m	2-5-99	Beverwijk (NED)	286

300 wisselslag400 wisselslag

1. Hoekstra Eline	03	08-021	6:06.35	50m	19-2-17	Amsterdam (NED)	384
2. Siemerink Laura	04	08-021	6:46.58	50m	21-1-18	Alkmaar (NED)	281
3. de Wildt Maud	05	08-021	6:55.65	50m	20-1-19	Alkmaar (NED)	263