

15m vlinderslag benen onderwater**25m vrije slag met koprol****50m borstcrawl benen****25 vrije slag****50 vrije slag**

1. Gaal Roel	01	08-021	25.43	50m	30-11-19	Beverwijk (NED)	555
2. Kleijne Barry	93	08-021	26.35	50m	14-5-11	Beverwijk (NED)	499
3. Jongert Sjoerd	01	08-021	26.72	50m	16-6-19	Bückeburg (GER)	479
4. Butter Martijn	79	08-021	26.90	50m	25-5-97	Beverwijk (NED)	469
5. van Rookhuizen Barry	82	08-021	27.18	50m	20-5-00	Beverwijk (NED)	455
6. Crok Pieter	91	08-021	27.25	50m	16-5-09	Beverwijk (NED)	451
7. Gaal Koen	99	08-021	28.00	50m	18-6-17	Bergbad Bückeburg (GER)	416
8. Palmboom Pascal	89	08-021	28.02	50m	6-5-07	Eindhoven (NED)	415
9. Glorie Daan	88	08-021	28.09	50m	13-5-06	Beverwijk (NED)	412
10. Stins Arnold	83	08-021	28.12	50m	13-5-01	Beverwijk (NED)	411
11. de Ruijter René	86	08-021	28.18	50m	8-5-04	Beverwijk (NED)	408
12. van der Gracht Jory	87	08-021	28.45	50m	21-5-05	Beverwijk (NED)	397
13. de Vries Allard	96	08-021	28.55	50m	17-5-14	Beverwijk (NED)	392
14. Oudendijk Paul	81	08-021	29.11	50m	29-5-99	Beverwijk (NED)	370
15. Groen Jarno	01	08-021	29.32	50m	16-6-19	Bückeburg (GER)	362
16. Steenberg Roderik	82	08-021	29.41	50m	20-5-00	Beverwijk (NED)	359
17. Schillemans Bram	99	08-021	30.35	50m	9-12-17	Beverwijk (NED)	327
18. de Wit Matthew	97	08-021	34.23	50m	13-6-15	Eindhoven (NED)	227

100 vrije slag

1. Gaal Roel	01	08-021	55.29	50m	13-4-19	Eindhoven (NED)	610
2. Kleijne Barry	93	08-021	59.45	50m	15-5-11	Alkmaar (NED)	491
3. Butter Martijn	79	08-021	59.60	50m	25-5-97	Beverwijk (NED)	487
4. Jongert Sjoerd	01	08-021	59.87	50m	16-6-19	Bückeburg (GER)	481
5. Crok Pieter	91	08-021	1:00.66	50m	17-5-09	Alkmaar (NED)	462
6. van der Gracht Jory	87	08-021	1:01.50	50m	11-6-05	Beverwijk (NED)	443
7. Glorie Daan	88	08-021	1:01.74	50m	14-5-06	Beverwijk (NED)	438
8. Stins Arnold	83	08-021	1:02.67	50m	21-10-01	Beverwijk (NED)	419
9. Hermans Luuk	85	08-021	1:03.50	50m	12-10-03	Beverwijk (NED)	403
10. Groen Jarno	01	08-021	1:04.17	50m	16-6-19	Bückeburg (GER)	390
11. de Ruijter René	86	08-021	1:04.46	50m	25-4-04	Beverwijk (NED)	385
12. de Vries Allard	96	08-021	1:04.50	50m	21-6-14	Beverwijk (NED)	384
13. Gaal Koen	99	08-021	1:04.53	50m	18-6-17	Bergbad Bückeburg (GER)	384
14. Palmboom Pascal	89	08-021	1:04.98	50m	6-5-07	Eindhoven (NED)	376
15. Stam Daniël	79	08-021	1:06.80	50m	9-11-97	Beverwijk (NED)	346
16. Tijms Stefan	93	08-021	1:07.39	50m	10-4-11	Beverwijk (NED)	337
17. Overmeer Michel	60	08-021	1:08.80	50m	11-6-78	Beverwijk (NED)	316
18. Oudendijk Paul	81	08-021	1:08.82	50m	31-10-99	Beverwijk (NED)	316
19. de Boer Daniël	77	08-021	1:10.80	50m	10-6-95	Beverwijk (NED)	290
20. Woudsma Stefan	00	08-021	1:11.03	50m	18-2-18	Alkmaar (NED)	288
21. Beentjes Bastiaan	78	08-021	1:13.20	50m	1-6-96	Beverwijk (NED)	263

100 vrije slag (sinds 22)

22. de Wit Matthew	97	08-021	1:15.26	50m	14-6-15	Eindhoven (NED)	242
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200 vrije slag

1. Gaal Roel	01	08-021	2:05.84	50m	18-5-19	Amersfoort (NED)	532
2. Butter Martijn	79	08-021	2:09.70	50m	11-5-97	Beverwijk (NED)	486
3. Hogenstijn Peter	84	08-021	2:12.63	50m	26-5-02	Beverwijk (NED)	454
4. Kleijne Barry	93	08-021	2:12.95	50m	22-5-11	Beverwijk (NED)	451
5. Glorie Daan	88	08-021	2:13.63	50m	21-5-06	Beverwijk (NED)	444
6. Crok Pieter	91	08-021	2:16.10	50m	17-5-09	Alkmaar (NED)	420
7. Stins Arnold	83	08-021	2:19.67	50m	19-5-01	Beverwijk (NED)	389
8. Oudendijk Paul	81	08-021	2:22.61	50m	31-10-99	Beverwijk (NED)	365
9. Tijms Stefan	93	08-021	2:23.00	50m	10-4-11	Beverwijk (NED)	362
10. Stam Daniël	79	08-021	2:28.50	50m	9-11-97	Beverwijk (NED)	324
11. Woudsma Stefan	00	08-021	2:31.54	50m	18-2-18	Alkmaar (NED)	304
12. de Wit Matthew	97	08-021	2:44.87	50m	13-6-15	Eindhoven (NED)	236

250 vrije slag**300 vrije slag**

1. de Wit Matthew	97	08-021	4:19.48	50m	13-6-15	Eindhoven (NED)	239
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400 vrije slag

1. Glorie Daan	88	08-021	4:45.36	50m	14-4-06	Amsterdam (NED)	458
2. Woudsma Stefan	00	08-021	5:19.48	50m	18-2-18	Alkmaar (NED)	326
3. de Wit Matthew	97	08-021	5:50.78	50m	13-6-15	Eindhoven (NED)	246

500 vrije slag**800 vrije slag**

1. Glorie Daan	88	08-021	10:17.80	50m	12-11-06	Eindhoven (NED)	391
2. Woudsma Stefan	00	08-021	11:07.37	50m	18-2-18	Alkmaar (NED)	310

1000 vrije slag**1250 vrije slag****1500 vrije slag**

1. Butter Martijn	79	08-021	18:39.70	50m	27-4-97	Beverwijk (NED)	470
2. Glorie Daan	88	08-021	19:27.09	50m	12-11-06	Eindhoven (NED)	415
3. Woudsma Stefan	00	08-021	21:19.99	50m	18-2-18	Alkmaar (NED)	315

2000 vrije slag**2500 vrije slag**

3000 vrije slag**4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag**

1. Glorie Daan	88	08-021	2:17:33.81	50m	24-12-06	Amsterdam (NED)
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20000 vrije slag

1. Glorie Daan	88	08-021	4:54:12.95	50m	24-12-06	Amsterdam (NED)
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22000 vrije slag**25 rugslag****50 rugslag**

1. Kleijne Barry	93	08-021	30.62	50m	15-5-11	Alkmaar (NED)	483
2. Gaal Roel	01	08-021	32.73	50m	30-11-19	Beverwijk (NED)	396
3. Oudendijk Paul	81	08-021	32.75	50m	30-5-99	Beverwijk (NED)	395
4. Hoenink Jarl	86	08-021	33.19	50m	9-5-04	Beverwijk (NED)	379
5. Crok Pieter	91	08-021	34.13	50m	17-5-09	Alkmaar (NED)	349
6. Stins Arnold	83	08-021	34.75	50m	13-5-01	Beverwijk (NED)	331
7. Glorie Daan	88	08-021	34.79	50m	14-5-06	Beverwijk (NED)	329
8. Gaal Koen	99	08-021	35.13	50m	19-2-17	Amsterdam (NED)	320
9. Schillemans Bram	99	08-021	39.10	50m	9-12-17	Beverwijk (NED)	232
10. de Wit Matthew	97	08-021	42.47	50m	13-6-15	Eindhoven (NED)	181

100 rugslag

1. Kleijne Barry	93	08-021	1:07.58	50m	14-5-11	Beverwijk (NED)	451
2. Oudendijk Paul	81	08-021	1:09.45	50m	29-5-99	Beverwijk (NED)	416
3. Butter Martijn	79	08-021	1:10.40	50m	24-5-97	Beverwijk (NED)	399
4. Steenberg Roderik	82	08-021	1:11.24	50m	20-5-00	Beverwijk (NED)	385
5. Hoenink Jarl	86	08-021	1:13.02	50m	25-4-04	Beverwijk (NED)	358
6. Gaal Koen	99	08-021	1:13.12	50m	17-6-17	Bergbad Bückeberg (GER)	356
7. Crok Pieter	91	08-021	1:15.68	50m	16-5-09	Beverwijk (NED)	321
8. Kuilman Joris	80	08-021	1:15.70	50m	25-10-98	Beverwijk (NED)	321
9. Glorie Daan	88	08-021	1:16.00	50m	13-5-06	Beverwijk (NED)	317
10. van der Gracht Jory	87	08-021	1:16.01	50m	12-6-05	Beverwijk (NED)	317
11. Stins Arnold	83	08-021	1:18.13	50m	13-5-01	Beverwijk (NED)	292
12. Groen Jarno	01	08-021	1:18.59	50m	15-6-19	Bückeberg (GER)	287
13. de Ruijter René	86	08-021	1:19.09	50m	25-4-04	Beverwijk (NED)	281
14. de Vries Allard	96	08-021	1:24.29	50m	22-6-14	Beverwijk (NED)	232
15. Beentjes Bastiaan	78	08-021	1:24.40	50m	2-6-96	Beverwijk (NED)	231

100 rugslag (sinds 16)

16. Stam Daniël	79	08-021	1:25.40	50m	8-6-97	Beverwijk (NED)	223
17. de Wit Matthew	97	08-021	1:28.62	50m	13-6-15	Eindhoven (NED)	200

200 rugslag

1. Kleijne Barry	93	08-021	2:22.93	50m	22-5-11	Beverwijk (NED)	480
2. Oudendijk Paul	81	08-021	2:27.32	50m	6-6-99	Beverwijk (NED)	438
3. Butter Martijn	79	08-021	2:30.40	50m	1-6-97	Beverwijk (NED)	412
4. Steenbergen Roderik	82	08-021	2:38.58	50m	28-5-00	Beverwijk (NED)	351
5. Gaal Koen	99	08-021	2:41.01	50m	17-6-17	Bergbad Bückeberg (GER)	335
6. Stins Arnold	83	08-021	2:45.59	50m	19-5-01	Beverwijk (NED)	308
7. Hogenstijn Peter	84	08-021	3:14.21	50m	26-5-02	Beverwijk (NED)	191

500 rugslag25 schoolslag50 schoolslag

1. Hogenstijn Peter	84	08-021	35.71	50m	26-5-02	Beverwijk (NED)	383
2. Oudendijk Paul	81	08-021	36.70	50m	6-6-99	Beverwijk (NED)	353
3. Glorie Daan	88	08-021	37.17	50m	21-5-06	Beverwijk (NED)	340
4. van Rookhuizen Barry	82	08-021	37.91	50m	28-5-00	Beverwijk (NED)	320
5. Steenbergen Roderik	82	08-021	38.05	50m	28-5-00	Beverwijk (NED)	317
6. Gaal Koen	99	08-021	39.46	50m	19-2-17	Amsterdam (NED)	284
7. Groen Jarno	01	08-021	44.76	50m	16-6-19	Bückeberg (GER)	194
8. Schillemans Bram	99	08-021	47.76	50m	9-12-17	Beverwijk (NED)	160
9. de Wit Matthew	97	08-021	59.58	50m	3-4-15	Eindhoven (NED)	82

100 schoolslag

1. Hogenstijn Peter	84	08-021	1:20.43	50m	25-5-02	Beverwijk (NED)	358
2. Oudendijk Paul	81	08-021	1:20.83	50m	2-5-99	Beverwijk (NED)	353
3. Jongert Sjoerd	01	08-021	1:22.91	50m	15-6-19	Bückeberg (GER)	327
4. Kuilman Joris	80	08-021	1:22.97	50m	25-10-98	Beverwijk (NED)	326
5. Glorie Daan	88	08-021	1:23.57	50m	20-5-06	Beverwijk (NED)	319
6. Stam Daniël	79	08-021	1:24.70	50m	7-6-97	Beverwijk (NED)	306
7. Butter Martijn	79	08-021	1:24.90	50m	7-6-97	Beverwijk (NED)	304
8. Gaal Koen	99	08-021	1:25.02	50m	19-2-17	Amsterdam (NED)	303
9. van der Gracht Jory	87	08-021	1:25.66	50m	11-6-05	Beverwijk (NED)	296
10. Beentjes Bastiaan	78	08-021	1:26.20	50m	1-6-96	Beverwijk (NED)	291
11. Tijms Stefan	93	08-021	1:26.70	50m	10-4-11	Beverwijk (NED)	286
12. Hoenink Jarl	86	08-021	1:27.63	50m	25-4-04	Beverwijk (NED)	277
13. de Vries Allard	96	08-021	1:28.28	50m	21-6-14	Beverwijk (NED)	271
14. de Boer Daniël	77	08-021	1:29.60	50m	10-6-95	Beverwijk (NED)	259
15. de Wit Matthew	97	08-021	2:10.92	50m	3-4-15	Eindhoven (NED)	83

200 schoolslag

1. Oudendijk Paul	81	08-021	2:56.77	50m	29-5-99	Beverwijk (NED)	367
2. Glorie Daan	88	08-021	2:57.54	50m	13-5-06	Beverwijk (NED)	363
3. Steenberg Roderik	82	08-021	3:01.44	50m	20-5-00	Beverwijk (NED)	340
4. Jongert Sjoerd	01	08-021	3:01.97	50m	16-6-19	Bückeberg (GER)	337
5. Tijms Stefan	93	08-021	3:02.73	50m	10-4-11	Beverwijk (NED)	333
6. Gaal Koen	99	08-021	3:05.98	50m	18-6-17	Bergbad Bückeberg (GER)	315
7. Stins Arnold	83	08-021	3:06.51	50m	13-5-01	Beverwijk (NED)	313
8. Hof Ronnalt	60	08-021	3:13.20	50m	11-6-78	Beverwijk (NED)	281
9. Hogenstijn Peter	84	08-021	3:14.19	50m	21-4-02	Beverwijk (NED)	277

500 schoolslag**800 schoolslag****1000 schoolslag****1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag****50 vlinderslag**

1. Kleijne Barry	93	08-021	28.17	50m	21-5-11	Beverwijk (NED)	504
2. Hogenstijn Peter	84	08-021	28.63	50m	20-10-02	Beverwijk (NED)	480
3. Jongert Sjoerd	01	08-021	28.94	50m	17-3-19	Alkmaar (NED)	465
4. Glorie Daan	88	08-021	29.49	50m	20-5-06	Beverwijk (NED)	440
5. Gaal Roel	01	08-021	30.03	50m	30-11-19	Beverwijk (NED)	416
6. Kuilman Joris	80	08-021	30.36	50m	25-10-98	Beverwijk (NED)	403
7. van Rookhuizen Barry	82	08-021	30.74	50m	27-5-00	Beverwijk (NED)	388
8. Butter Martijn	79	08-021	30.80	50m	9-11-97	Beverwijk (NED)	386
9. van der Gracht Jory	87	08-021	31.11	50m	28-5-05	Beverwijk (NED)	374
10. Stins Arnold	83	08-021	31.84	50m	21-10-01	Beverwijk (NED)	349
11. Palmboom Pascal	89	08-021	32.79	50m	6-5-07	Eindhoven (NED)	320
12. Stam Daniël	79	08-021	32.90	50m	9-11-97	Beverwijk (NED)	316
13. Hermans Luuk	85	08-021	32.91	50m	12-10-03	Beverwijk (NED)	316

50 vlinderslag (sinds 14)

14. Groen Jarno	01	08-021	33.13	50m	15-6-19	Bückeburg (GER)	310
15. Oudendijk Paul	81	08-021	34.87	50m	31-10-99	Beverwijk (NED)	266
16. Schillemans Bram	99	08-021	37.04	50m	9-12-17	Beverwijk (NED)	222
17. Hoenink Sten	84	08-021	44.81	50m	20-10-02	Beverwijk (NED)	125

100 vlinderslag

1. Hogenstijn Peter	84	08-021	1:04.16	50m	26-5-02	Beverwijk (NED)	468
2. Kleijne Barry	93	08-021	1:04.52	50m	22-5-11	Beverwijk (NED)	460
3. Glorie Daan	88	08-021	1:04.97	50m	21-5-06	Beverwijk (NED)	450
4. Jongert Sjoerd	01	08-021	1:06.27	50m	25-5-19	Amersfoort (NED)	424
5. van der Gracht Jory	87	08-021	1:10.42	50m	29-5-05	Beverwijk (NED)	354
6. Stins Arnold	83	08-021	1:12.08	50m	19-5-01	Beverwijk (NED)	330
7. Groen Jarno	01	08-021	1:14.40	50m	15-6-19	Bückeburg (GER)	300
8. Crok Pieter	91	08-021	1:14.78	50m	7-6-09	Beverwijk (NED)	295
9. van Rookhuizen Barry	82	08-021	1:15.31	50m	28-5-00	Beverwijk (NED)	289
10. de Ruijter René	86	08-021	1:18.90	50m	25-4-04	Beverwijk (NED)	251
11. de Boer Daniël	77	08-021	1:22.50	50m	11-6-95	Beverwijk (NED)	220
12. Stam Daniël	79	08-021	1:23.70	50m	8-6-97	Beverwijk (NED)	210
13. de Vries Allard	96	08-021	1:25.00	50m	22-6-14	Beverwijk (NED)	201
14. Beentjes Bastiaan	78	08-021	1:27.40	50m	2-6-96	Beverwijk (NED)	185

200 vlinderslag

1. Glorie Daan	88	08-021	2:28.71	50m	14-5-06	Beverwijk (NED)	421
2. Hogenstijn Peter	84	08-021	2:31.82	50m	21-4-02	Beverwijk (NED)	396
3. Kleijne Barry	93	08-021	2:36.58	50m	15-5-11	Alkmaar (NED)	361
4. Butter Martijn	79	08-021	2:42.00	50m	24-5-97	Beverwijk (NED)	326
5. Stins Arnold	83	08-021	2:43.85	50m	13-5-01	Beverwijk (NED)	315
6. van der Gracht Jory	87	08-021	2:45.81	50m	22-5-05	Beverwijk (NED)	304

1000 vlinderslag**100 wisselslag****200 wisselslag**

1. Hogenstijn Peter	84	08-021	2:29.70	50m	20-10-02	Beverwijk (NED)	441
2. Kleijne Barry	93	08-021	2:31.26	50m	14-5-11	Beverwijk (NED)	428
3. Glorie Daan	88	08-021	2:33.94	50m	13-5-06	Beverwijk (NED)	406
4. Crok Pieter	91	08-021	2:36.84	50m	29-3-09	Alkmaar (NED)	384
5. Oudendijk Paul	81	08-021	2:37.62	50m	2-5-99	Beverwijk (NED)	378
6. van der Gracht Jory	87	08-021	2:39.38	50m	17-4-05	Beverwijk (NED)	365
7. Hoenink Jarl	86	08-021	2:45.60	50m	25-4-04	Beverwijk (NED)	326
8. Hermans Luuk	85	08-021	2:46.59	50m	12-10-03	Beverwijk (NED)	320
9. Hoenink Sten	84	08-021	3:04.90	50m	20-10-02	Beverwijk (NED)	234

300 wisselslag

400 wisselslag

1. Jongert Sjoerd	01	08-021	5:24.85	50m	17-3-19	Alkmaar (NED)	422
2. Butter Martijn	79	08-021	5:25.80	50m	11-5-97	Beverwijk (NED)	419
3. Meijer Arno	75	08-021	5:40.40	50m	21-3-93	Beverwijk (NED)	367