

11 jaar, Heren, Korte baan (25m)

1-1-1900-31-7-2020

15m vlinderslag benen onderwater

1. Ayari Adam	08	08-021	21.13	25m	29-9-19	Haarlem (NED)
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25m vrije slag met koprol**50m borstcrawl benen****25 vrije slag**

1. Schelvis Sjeng	89	08-021	16.06	25m	4-5-00	Heemskerk (NED)	183
2. van der Kroft Barry	82	08-021	16.40	25m	17-6-93	Heemskerk (NED)	172
2. Groen Jarno	01	08-021	16.40	25m	26-4-12	Heemskerk (NED)	172
4. Heeremans Tim	78	08-021	16.50	25m	31-12-89	Heemskerk (NED)	169
4. Groot Sander	88	08-021	16.50	25m	25-3-99	Heemskerk (NED)	169
4. de Ruijter Richard	88	08-021	16.50	25m	21-12-99	Heemskerk (NED)	169
7. Vessies Max	03	08-021	16.68	25m	13-4-14	Zaandam (NED)	163
8. van Vegten Teun	01	08-021	17.06	25m	26-4-12	Heemskerk (NED)	153
9. van Lieshout Martin	76	08-021	17.40	25m	17-12-87	Heemskerk (NED)	144
9. Oortwijn Maarten	80	08-021	17.40	25m	16-5-91	Heemskerk (NED)	144
9. van Rookhuizen Barry	82	08-021	17.40	25m	16-6-93		144
9. Kooistra André	88	08-021	17.40	25m	25-3-99	Heemskerk (NED)	144
13. Palmboom Pascal	89	08-021	17.59	25m	4-5-00	Heemskerk (NED)	139
14. Welboren Mark	87	08-021	17.60	25m	12-2-98	Heemskerk (NED)	139
14. Essers Tim	88	08-021	17.60	25m	21-12-99	Heemskerk (NED)	139
16. Doodeman Niels	89	08-021	17.61	25m	4-5-00	Heemskerk (NED)	139
17. de Vries Allard	96	08-021	17.78	25m	19-4-07	Heemskerk (NED)	135
18. Oortwijn Bouke	78	08-021	18.00	25m	31-12-89	Heemskerk (NED)	130
18. Zonneveld Alex	90	08-021	18.00	25m	29-3-01	Heemskerk (NED)	130
20. de Rooij Coen	89	08-021	18.06	25m	4-5-00	Heemskerk (NED)	129
21. Hoenink Jarl	86	08-021	18.20	25m	13-3-97	Heemskerk (NED)	126
22. Welp Andre	65	08-021	18.40	25m	30-3-76	Heemskerk (NED)	122
23. Woudsma Stefan	00	08-021	18.89	25m	30-6-11	Heemskerk (NED)	112
24. Zijlstra Jeroen	80	08-021	19.00	25m	16-5-91	Heemskerk (NED)	110
25. Borst Corné	96	08-021	19.04	25m	19-4-07	Heemskerk (NED)	110

50 vrije slag

1. Dekker Ruben	93	08-021	31.13	25m	11-4-04	Haarlem	275
2. Offringa Rick	03	08-021	31.73	25m	16-11-14	Zaandam (NED)	260
3. Druyven Jorrick	94	08-021	32.57	25m	31-12-05	Hoom (NED)	240
4. Tijms Stefan	93	08-021	33.01	25m	29-5-04	Z.o. Beemster	231
5. Schelvis Sjeng	89	08-021	33.10	25m	3-12-00	Zaandam (NED)	229
6. Lamers Koen	91	08-021	33.36	25m	22-12-02	Zaandam	223
7. Kleijne Barry	93	08-021	33.72	25m	29-1-04	Heemskerk (NED)	216
8. Arends Martin	81	08-021	33.90	25m	3-10-92		213
9. Gaal Koen	99	08-021	33.95	25m	14-11-10	Castricum (NED)	212
10. de Roode Jeremiah	99	08-021	34.12	25m	14-11-10	Castricum (NED)	209
11. Gaal Roel	01	08-021	34.21	25m	11-10-12	Heemskerk (NED)	207
12. Oortwijn Kalle	05	08-021	34.93	25m	19-5-16	Heemskerk (NED)	195
13. Meijer Arno	75	08-021	35.00	25m	31-12-86		193
14. Camphuijnder Jasper	05	08-021	35.23	25m	20-11-16	Zaandam (NED)	190
15. van der Kroft Barry	82	08-021	35.40	25m	13-5-93	Heemskerk (NED)	187

50 vrije slag (sinds 16)

16.	van Rijn Michael	70	08-021	35.50	25m	7-11-81	Heemskerk (NED)	185
17.	Vessies Max	03	08-021	35.64	25m	18-9-14	Heemskerk (NED)	183
18.	Heeremans Tim	78	08-021	35.70	25m	19-3-89	Zaandam (NED)	182
19.	de Ruijter Richard	88	08-021	35.80	25m	4-11-99	Heemskerk (NED)	181
20.	Koopman Axel	92	08-021	35.81	25m	27-4-03	Zaandam	181
21.	van Vegten Teun	01	08-021	36.04	25m	11-11-12	Schagen (NED)	177
22.	Yayli Serkan	92	08-021	36.09	25m	16-3-03	Heemskerk	176
23.	Nijland Yoran	05	08-021	36.15	25m	13-10-16	Heemskerk (NED)	176
24.	de Boer Tobias	02	08-021	36.25	25m	10-11-13	Zaandam (NED)	174
25.	Tuinstra Sean	98	08-021	36.30	25m	7-11-09	Hoor (NED)	173

100 vrije slag

1.	Dekker Ruben	93	08-021	1:06.63	25m	12-12-04	Zaandam (NED)	306
2.	Offringa Rick	03	08-021	1:08.53	25m	23-11-14	Zaandam (NED)	282
3.	Kleijne Barry	93	08-021	1:10.17	25m	12-12-04	Zaandam (NED)	262
4.	Tijms Stefan	93	08-021	1:11.01	25m	12-12-04	Zaandam (NED)	253
5.	Druyven Jorrick	94	08-021	1:11.26	25m	18-12-05	Alkmaar (NED)	250
6.	Schelvis Sjeng	89	08-021	1:12.09	25m	17-12-00	Zaandam (NED)	242
7.	Lamers Koen	91	08-021	1:13.10	25m	22-12-02	Zaandam	232
8.	Dekker Matthijs	90	08-021	1:13.89	25m	16-12-01	Zaandam	224
9.	Nolte Martijn	74	08-021	1:14.70	25m	29-9-85	Heemskerk (NED)	217
10.	van der Kroft Barry	82	08-021	1:14.80	25m	12-12-93	Heemskerk (NED)	216
11.	Camphuijnder Jasper	05	08-021	1:15.11	25m	20-11-16	Zaandam (NED)	214
12.	Gaal Koen	99	08-021	1:15.89	25m	10-10-10	Zaandam (NED)	207
13.	Meijer Arno	75	08-021	1:16.10	25m	31-12-86		205
14.	de Ruijter Richard	88	08-021	1:16.16	25m	19-12-99	Wormerveer (NED)	205
15.	Gaal Roel	01	08-021	1:16.17	25m	18-11-12	Zaandam (NED)	205
16.	Oortwijn Kalle	05	08-021	1:16.72	25m	18-12-16	Heemskerk (NED)	200
17.	Kramer Vincent	82	08-021	1:17.20	25m	27-11-93		197
18.	Doodeman Niels	89	08-021	1:17.42	25m	10-12-00	Heemskerk (NED)	195
19.	Koopman Axel	92	08-021	1:18.20	25m	18-12-03	Heemskerk (NED)	189
20.	Groen Jarno	01	08-021	1:18.37	25m	2-6-12	Zaandam (NED)	188
21.	Butter Martijn	79	08-021	1:18.40	25m	6-12-90	Heemskerk (NED)	188
22.	Hagebout Marcel	68	08-021	1:19.00	25m	25-11-79	Heemskerk (NED)	184
23.	Missot Paul	64	08-021	1:19.10	25m	28-9-75	Zaandam (NED)	183
24.	Wiegman Stefan	74	08-021	1:19.40	25m	29-9-85	Heemskerk (NED)	181
25.	Nijland Yoran	05	08-021	1:20.06	25m	18-12-16	Heemskerk (NED)	176

200 vrije slag

1.	Dekker Ruben	93	08-021	2:31.37	25m	17-10-04	Zaandam (NED)	282
2.	Offringa Rick	03	08-021	2:33.68	25m	14-12-14	Zaandam (NED)	270
3.	Kleijne Barry	93	08-021	2:35.97	25m	17-10-04	Zaandam (NED)	258
4.	Tijms Stefan	93	08-021	2:37.46	25m	17-10-04	Zaandam (NED)	251
5.	Druyven Jorrick	94	08-021	2:41.09	25m	23-10-05	Zaandam (NED)	234
6.	Lamers Koen	91	08-021	2:45.32	25m	22-12-02	Zaandam	217
7.	Gaal Roel	01	08-021	2:47.27	25m	9-12-12	Zaandam (NED)	209
8.	van der Kroft Barry	82	08-021	2:47.70	25m	6-11-93		208
9.	Schelvis Sjeng	89	08-021	2:48.36	25m	25-5-00	Heemskerk (NED)	205
10.	Arends Martin	81	08-021	2:49.80	25m	7-10-92		200
11.	Gaal Koen	99	08-021	2:51.07	25m	12-12-10	Zaandam (NED)	195
12.	Nolte Martijn	74	08-021	2:51.40	25m	27-10-85	(NED)	194

200 vrije slag (sinds 13)

13.	Oudendijk Paul	81	08-021	2:56.30	25m	7-10-92		179
14.	Koopman Axel	92	08-021	2:56.45	25m	26-10-03	Zaandam	178
15.	Nijland Yoran	05	08-021	2:56.58	25m	30-10-16	Den Helder (NED)	178
16.	Camphuijnder Jasper	05	08-021	2:57.50	25m	30-10-16	Den Helder (NED)	175
17.	Tuinstra Sean	98	08-021	2:59.66	25m	13-12-09	Zaandam (NED)	169
18.	de Boer Tobias	02	08-021	2:59.90	25m	15-12-13	Zaandam (NED)	168
19.	Yayli Serkan	92	08-021	3:00.57	25m	26-10-03	Zaandam	166
20.	van Vegten Teun	01	08-021	3:01.75	25m	9-12-12	Zaandam (NED)	163
21.	Essers Tim	88	08-021	3:02.02	25m	24-10-99	Zaandam (NED)	162
22.	Doodeman Niels	89	08-021	3:02.13	25m	5-11-00	Zaandam (NED)	162
23.	Meijer Arno	75	08-021	3:03.90	25m	31-12-86		157
24.	de Ruijter Richard	88	08-021	3:05.59	25m	24-10-99	Zaandam (NED)	153
25.	van Rookhuizen Barry	82	08-021	3:06.70	25m	15-4-93	Heemskerk (NED)	150

250 vrije slag300 vrije slag

1.	Druyven Jorrick	94	08-021	4:16.09	25m	13-11-05	Zaandam (NED)	225
2.	Schelvis Sjeng	89	08-021	4:47.20	25m	23-1-00	Heemskerk (NED)	159
3.	Koopman Axel	92	08-021	4:51.58	25m	16-11-03	Heemskerk (NED)	152
4.	Tuinstra Sean	98	08-021	4:54.64	25m	8-11-09	Zaandam (NED)	147
5.	Vlieland Roy	99	08-021	5:30.70	25m	28-2-10	Zaandam (NED)	104
6.	Palmboom Pascal	89	08-021	5:31.88	25m	23-1-00	Heemskerk (NED)	103
7.	de Rooij Coen	89	08-021	5:44.30	25m	23-1-00	Heemskerk (NED)	92

400 vrije slag

1.	Kleijne Barry	93	08-021	5:27.56	25m	14-11-04	Heemskerk (NED)	272
2.	Tijms Stefan	93	08-021	5:28.85	25m	14-11-04	Heemskerk (NED)	268
3.	Druyven Jorrick	94	08-021	5:39.01	25m	13-11-05	Zaandam (NED)	245
4.	Lamers Koen	91	08-021	5:43.24	25m	1-12-02	Heemskerk	236
5.	Nolte Martijn	74	08-021	5:48.10	25m	27-10-85	(NED)	226
6.	Camphuijnder Jasper	05	08-021	6:20.72	25m	18-9-16	Zaandam (NED)	173
7.	Schelvis Sjeng	89	08-021	6:20.89	25m	23-1-00	Heemskerk (NED)	173
8.	Stins Arnold	83	08-021	6:30.50	25m	18-12-94	Wormerveer (NED)	160
9.	Tuinstra Sean	98	08-021	6:31.33	25m	8-11-09	Zaandam (NED)	159
10.	Koopman Axel	92	08-021	6:31.39	25m	16-11-03	Heemskerk (NED)	159
11.	Nijland Yoran	05	08-021	6:31.50	25m	7-2-16	Zaandam (NED)	159
12.	van der Kroft Barry	82	08-021	6:34.50	25m	24-4-93		155
13.	Hoening Jarl	86	08-021	6:40.50	25m	14-12-97	Zaandam (NED)	148
14.	Groen Jarno	01	08-021	6:42.03	25m	26-2-12	Zaandam (NED)	147
15.	de Boer Stephan	83	08-021	6:47.80	25m	18-12-94	Wormerveer (NED)	140
16.	Essers Tim	88	08-021	6:52.68	25m	28-2-99	Zaandam (NED)	136
17.	Woudsma Stefan	00	08-021	7:02.77	25m	4-12-11	Zaandam (NED)	126
18.	de Caluwé Niels	91	08-021	7:09.19	25m	1-12-02	Heemskerk	120
19.	Butter Martijn	79	08-021	7:18.00	25m	7-6-90	Heemskerk (NED)	113
20.	Welboren Mark	87	08-021	7:18.70	25m	22-2-98	Zaandam (NED)	113
21.	Kooistra André	88	08-021	7:19.60	25m	28-2-99	Zaandam (NED)	112
22.	Vlieland Roy	99	08-021	7:29.65	25m	28-2-10	Zaandam (NED)	105
23.	Palmboom Pascal	89	08-021	7:33.71	25m	23-1-00	Heemskerk (NED)	102
24.	de Rooij Coen	89	08-021	7:38.60	25m	23-1-00	Heemskerk (NED)	99
25.	Buur Michael	87	08-021	8:02.60	25m	22-2-98	Zaandam (NED)	85

500 vrije slag**800 vrije slag**

1. Dekker Ruben	93	08-021	11:26.30	25m	7-3-04	Zaandam	269
2. Druyven Jorrick	94	08-021	12:00.28	25m	20-3-05	Zaandam (NED)	233
3. Tijms Stefan	93	08-021	12:22.27	25m	7-3-04	Zaandam	213
4. Nolte Martijn	74	08-021	12:31.40	25m	22-9-85		205
5. Kleijne Barry	93	08-021	12:36.50	25m	7-3-04	Zaandam	201
6. Lamers Koen	91	08-021	12:41.13	25m	10-2-02	Zaandam	197
7. Koopman Axel	92	08-021	12:58.27	25m	16-2-03	Zaandam	184
8. Yayli Serkan	92	08-021	13:04.88	25m	16-2-03	Zaandam	180
9. Schelvis Sjeng	89	08-021	13:10.06	25m	5-3-00	Zaandam (NED)	176
10. Nijland Yorán	05	08-021	13:12.25	25m	7-2-16	Zaandam (NED)	175
11. Wiegman Stefan	74	08-021	13:20.20	25m	22-9-85		170
12. Groen Jarno	01	08-021	13:32.16	25m	26-2-12	Zaandam (NED)	162
13. Woudsma Stefan	00	08-021	14:16.65	25m	4-12-11	Zaandam (NED)	138
14. Teufer Lorentz	96	08-021	14:41.19	25m	28-1-07	Zaandam (NED)	127
15. Butter Martijn	79	08-021	14:52.60	25m	7-6-90	Heemskerk (NED)	122
16. Vlieland Roy	99	08-021	15:14.82	25m	28-2-10	Zaandam (NED)	113

1000 vrije slag**1250 vrije slag****1500 vrije slag****2000 vrije slag****2500 vrije slag****3000 vrije slag****4000 vrije slag****5000 vrije slag****6000 vrije slag****6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag**

25 rugslag

1. Schelvis Sjeng	89	08-021	18.65	25m	17-2-00	Heemskerk (NED)	171
2. de Ruijter Richard	88	08-021	19.60	25m	21-12-99	Heemskerk (NED)	147
3. Essers Tim	88	08-021	20.30	25m	21-12-99	Heemskerk (NED)	132
4. de Vries Allard	96	08-021	20.39	25m	19-4-07	Heemskerk (NED)	131
5. van Lieshout Martin	76	08-021	20.50	25m	17-12-87	Heemskerk (NED)	129
5. Groot Sander	88	08-021	20.50	25m	25-3-99	Heemskerk (NED)	129
7. Oortwijn Maarten	80	08-021	20.60	25m	16-5-91	Heemskerk (NED)	127
8. de Groot Pieter	83	08-021	20.80	25m	24-2-94	Heemskerk (NED)	123
8. Buur Michael	87	08-021	20.80	25m	15-1-98	Heemskerk (NED)	123
10. de Boer Stephan	83	08-021	21.10	25m	17-2-94	Heemskerk	118
11. Hoenink Jarl	86	08-021	21.20	25m	13-2-97	Heemskerk (NED)	116
12. de Rooij Coen	89	08-021	21.31	25m	17-2-00	Heemskerk (NED)	114
13. Cekic Deniz	97	08-021	21.38	25m	29-5-08	Heemskerk (NED)	113
14. Heeremans Tim	78	08-021	21.40	25m	31-12-89	Heemskerk (NED)	113
15. Doodeman Niels	89	08-021	21.41	25m	17-2-00	Heemskerk (NED)	113
16. de Rooij Roel	87	08-021	21.50	25m	15-1-98	Heemskerk (NED)	111
17. van der Kroft Barry	82	08-021	21.90	25m	16-6-93		105
18. Kooistra André	88	08-021	22.12	25m	25-3-99	Heemskerk (NED)	102
19. Borst Corné	96	08-021	22.14	25m	19-4-07	Heemskerk (NED)	102
20. Welboren Mark	87	08-021	22.20	25m	15-1-98	Heemskerk (NED)	101
21. Steenberg Roderik	82	08-021	22.30	25m	17-6-93	Heemskerk (NED)	100
22. Palmboom Pascal	89	08-021	22.74	25m	17-2-00	Heemskerk (NED)	94
23. van Rookhuizen Barry	82	08-021	22.80	25m	16-6-93		93
24. Zijlstra Jeroen	80	08-021	22.90	25m	16-5-91	Heemskerk (NED)	92
25. Oortwijn Bouke	78	08-021	23.10	25m	31-12-89	Heemskerk (NED)	90

50 rugslag

1. Dekker Ruben	93	08-021	35.35	25m	28-10-04	Heemskerk (NED)	248
2. Offringa Rick	03	08-021	37.80	25m	26-10-14	Zaandam (NED)	203
3. Dekker Matthijs	90	08-021	37.82	25m	29-11-01	Heemskerk	202
4. Tijms Stefan	93	08-021	37.95	25m	31-10-04	Zuidoostbeemster (NED)	200
4. Druyven Jorrick	94	08-021	37.95	25m	31-12-05	Hoom (NED)	200
6. Kleijne Barry	93	08-021	39.24	25m	28-11-04	Heemskerk (NED)	181
7. Schelvis Sjeng	89	08-021	39.26	25m	19-11-00	Zaandam (NED)	181
8. Gaal Koen	99	08-021	39.40	25m	3-10-10	Zaandam (NED)	179
9. Lamers Koen	91	08-021	40.03	25m	28-12-02	Hoom (NED)	171
10. van der Kroft Barry	82	08-021	40.60	25m	13-5-93	Heemskerk (NED)	163
11. Gaal Roel	01	08-021	40.95	25m	26-5-12	Purmerend (NED)	159
12. Koopman Axel	92	08-021	41.07	25m	30-10-03	Heemskerk	158
13. Essers Tim	88	08-021	41.57	25m	14-11-99	Zaandam (NED)	152
14. Camphuijnder Jasper	05	08-021	41.59	25m	2-10-16	Purmerend (NED)	152
15. Yayli Serkan	92	08-021	42.16	25m	30-10-03	Heemskerk	146
16. van Vegten Teun	01	08-021	42.21	25m	25-11-12	Heemskerk (NED)	145
17. Oortwijn Kalle	05	08-021	42.40	25m	2-10-16	Purmerend (NED)	143
18. Groen Jarno	01	08-021	42.65	25m	22-3-12	Heemskerk (NED)	141
19. Blaauw Mica	05	08-021	42.81	25m	2-10-16	Purmerend (NED)	139
20. de Ruijter Richard	88	08-021	42.82	25m	14-11-99	Zaandam (NED)	139
21. Vessies Max	03	08-021	43.06	25m	6-3-14	Heemskerk (NED)	137
22. Doodeman Niels	89	08-021	43.09	25m	3-12-00	Zaandam (NED)	137
23. Blaauw Xam	07	08-021	43.44	25m	4-2-18	Purmerend (NED)	133
24. de Vries Allard	96	08-021	43.46	25m	30-9-07	Volendam (NED)	133
25. Wassenaar Joris	01	08-021	43.49	25m	22-3-12	Heemskerk (NED)	133

100 rugslag

1. Dekker Ruben	93	08-021	1:17.47	25m	3-10-04	Heemskerk (NED)	251
2. Tijms Stefan	93	08-021	1:20.98	25m	12-12-04	Zaandam (NED)	220
3. Nolte Martijn	74	08-021	1:22.40	25m	9-6-85		208
4. Offringa Rick	03	08-021	1:23.45	25m	5-10-14	Zaandam (NED)	201
5. Druyven Jorrick	94	08-021	1:23.47	25m	18-12-05	Alkmaar (NED)	201
6. Gaal Koen	99	08-021	1:23.91	25m	4-11-10	Heemskerk (NED)	197
7. Schelvis Sjeng	89	08-021	1:24.51	25m	14-12-00	Heemskerk (NED)	193
8. Dekker Matthijs	90	08-021	1:24.59	25m	9-12-01	Heemskerk	193
9. Kramer Vincent	82	08-021	1:24.80	25m	13-10-93		191
10. Lamers Koen	91	08-021	1:25.75	25m	19-12-02	Heemskerk	185
11. Kleijne Barry	93	08-021	1:26.03	25m	12-12-04	Zaandam (NED)	183
12. van der Kroft Barry	82	08-021	1:26.30	25m	13-10-93		181
13. Camphuijnder Jasper	05	08-021	1:26.91	25m	18-12-16	Heemskerk (NED)	178
14. Gaal Roel	01	08-021	1:27.59	25m	29-1-12	Zaandam (NED)	174
15. Missot Paul	64	08-021	1:28.40	25m	31-12-75		169
16. Essers Tim	88	08-021	1:28.64	25m	16-12-99	Heemskerk	167
17. Meijer Arno	75	08-021	1:29.00	25m	31-12-86		165
18. Hoenink Jarl	86	08-021	1:29.30	25m	14-12-97	Zaandam (NED)	164
19. Butter Martijn	79	08-021	1:29.50	25m	25-11-90	Heemskerk (NED)	163
20. Arends Martin	81	08-021	1:29.70	25m	6-2-92	Heemskerk (NED)	162
21. Oudendijk Paul	81	08-021	1:30.30	25m	9-4-92	Heemskerk (NED)	158
22. de Ruijter Richard	88	08-021	1:30.44	25m	16-12-99	Heemskerk	158
23. Blaauw Xam	07	08-021	1:30.96	25m	29-11-18	Heemskerk (NED)	155
24. van Rijn Michael	70	08-021	1:31.10	25m	19-12-81	Hilversum (NED)	154
25. Oortwijn Kalle	05	08-021	1:31.12	25m	17-11-16	Heemskerk (NED)	154

200 rugslag

1. Gaal Koen	99	08-021	3:06.90	25m	31-10-10	Zaandam (NED)	180
2. Butter Martijn	79	08-021	3:12.70	25m	9-12-90	Volendam (NED)	164
3. Blaauw Mica	05	08-021	3:14.15	25m	27-11-16	Zaandam (NED)	161
4. Oortwijn Kalle	05	08-021	3:14.62	25m	27-11-16	Zaandam (NED)	159
5. Meijer Arno	75	08-021	3:18.90	25m	31-12-86		149
6. van der Linden René	70	08-021	3:23.00	25m	28-11-81	Heemskerk (NED)	140
7. Nijland Yoran	05	08-021	3:24.45	25m	27-11-16	Zaandam (NED)	137
8. van Rijn Michael	70	08-021	3:30.10	25m	28-11-81	Heemskerk (NED)	127
9. Vlieland Roy	99	08-021	3:30.12	25m	31-10-10	Zaandam (NED)	127
10. Borst Corné	96	08-021	3:31.02	25m	21-10-07	Zaandam (NED)	125
11. van Heerwaarden Gerard	70	08-021	3:39.00	25m	11-4-81	Heemskerk (NED)	112
12. van Heerwaarden Stefan	70	08-021	3:44.90	25m	28-11-81	Heemskerk (NED)	103
13. Ayari Adam	08	08-021	3:45.05	25m	6-10-19	Purmerend (NED)	103

500 rugslag

25 schoolslag

1. de Ruijter Richard	88	08-021	21.07	25m	25-3-99	Heemskerk (NED)	167
1. Palmboom Pascal	89	08-021	21.07	25m	17-2-00	Heemskerk (NED)	167
3. Welboren Mark	87	08-021	21.40	25m	5-3-98	Heemskerk (NED)	160
4. van Duin Peter	65	08-021	21.60	25m	14-9-76	Heemskerk (NED)	155
5. Altena Marc	65	08-021	21.80	25m	14-9-76	Heemskerk (NED)	151
5. Kramer Vincent	82	08-021	21.80	25m	13-10-93		151
7. van Rookhuizen Barry	82	08-021	21.90	25m	17-6-93	Heemskerk (NED)	149
7. Hoenink Sten	84	08-021	21.90	25m	27-4-95	Heemskerk (NED)	149
9. Welp Andre	65	08-021	22.00	25m	30-3-76	Heemskerk (NED)	147
9. van der Kroft Barry	82	08-021	22.00	25m	13-10-93		147
11. Heeremans Tim	78	08-021	22.20	25m	12-1-89	Heemskerk (NED)	143
12. de Rooij Coen	89	08-021	22.28	25m	17-2-00	Heemskerk (NED)	141
13. Wolf Gert Jan	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
13. van der Kolk Henk	65	08-021	22.30	25m	14-9-76	Heemskerk (NED)	141
13. Hoenink Jarl	86	08-021	22.30	25m	13-3-97	Heemskerk (NED)	141
16. Schelvis Sjeng	89	08-021	22.33	25m	17-2-00	Heemskerk (NED)	140
17. Essers Tim	88	08-021	22.40	25m	21-12-99	Heemskerk (NED)	139
18. Nijenhuis Jan-Hendrik	65	08-021	22.80	25m	14-9-76	Heemskerk (NED)	132
19. Kooistra André	88	08-021	22.82	25m	25-3-99	Heemskerk (NED)	132
20. van Lieshout Martin	76	08-021	23.00	25m	17-12-87	Heemskerk (NED)	128
20. Steenbergen Roderik	82	08-021	23.00	25m	13-10-93		128
22. Doodeman Niels	89	08-021	23.07	25m	17-2-00	Heemskerk (NED)	127
23. Plokker Robert	65	08-021	23.10	25m	14-9-76	Heemskerk (NED)	127
24. Groot Sander	88	08-021	23.34	25m	25-3-99	Heemskerk (NED)	123
25. Teufer Florian	95	08-021	23.39	25m	30-3-06	Heemskerk (NED)	122

50 schoolslag

1. Schaaper Bart	73	08-021	42.60	25m	2-9-84	Heemskerk (NED)	208
2. de Ruijter Richard	88	08-021	43.11	25m	14-11-99	Zaandam (NED)	200
3. de Boer Stephan	83	08-021	43.20	25m	20-10-94	Heemskerk (NED)	199
4. Palmboom Pascal	89	08-021	43.25	25m	14-12-00	Heemskerk (NED)	198
5. Keessen Jeroen	67	08-021	44.30	25m	22-1-78	Zaandam (NED)	185
6. Lamers Koen	91	08-021	44.91	25m	28-11-02	Heemskerk	177
7. van Rijn Michael	70	08-021	45.00	25m	3-5-81	Zaandam (NED)	176
8. Ayari Adam	08	08-021	45.45	25m	8-12-19	Zaandam (NED)	171
9. Offringa Rick	03	08-021	45.79	25m	30-1-14	Heemskerk (NED)	167
10. Schelvis Sjeng	89	08-021	45.82	25m	14-12-00	Heemskerk (NED)	167
11. Druyven Jorrick	94	08-021	45.83	25m	24-11-05	Heemskerk (NED)	167
12. Dekker Matthijs	90	08-021	46.09	25m	20-12-01	Heemskerk	164
13. Essers Tim	88	08-021	46.14	25m	16-12-99	Heemskerk	163
14. Dekker Ruben	93	08-021	46.39	25m	11-4-04	Haarlem	161
15. Stins Arnold	83	08-021	46.50	25m	20-10-94	Heemskerk (NED)	160
16. Kleijne Barry	93	08-021	46.63	25m	25-11-04	Heemskerk (NED)	158
17. de Rooij Roel	87	08-021	46.70	25m	15-11-98	Zaandam (NED)	158
18. de Groot Michiel	91	08-021	46.77	25m	28-11-02	Heemskerk	157
19. Groot Sander	88	08-021	46.84	25m	16-12-99	Heemskerk	156
19. Tijms Stefan	93	08-021	46.84	25m	21-3-04	Heemstede	156
21. Doodeman Niels	89	08-021	47.21	25m	14-12-00	Heemskerk (NED)	152
22. Yayli Serkan	92	08-021	47.42	25m	27-11-03	Heemskerk (NED)	150
23. Hoenink Jarl	86	08-021	47.50	25m	11-9-97	Heemskerk (NED)	150
24. van der Kroft Barry	82	08-021	47.60	25m	12-5-93		149
25. Dam Norbert	92	08-021	47.71	25m	20-4-03	Haarlem	148

100 schoolslag

1.	de Ruijter Richard	88	08-021	1:31.44	25m	12-12-99	Heemskerk (NED)	224
2.	Keessen Jeroen	67	08-021	1:31.50	25m	31-12-78		224
3.	de Boer Stephan	83	08-021	1:32.90	25m	16-10-94	Schagen (NED)	214
4.	van Rijn Michael	70	08-021	1:33.50	25m	1-11-81	Bergen (NED)	210
5.	van der Kroft Barry	82	08-021	1:33.60	25m	18-11-93	Heemskerk	209
6.	Oudendijk Paul	81	08-021	1:35.10	25m	3-10-92		199
7.	Schaaper Bart	73	08-021	1:35.60	25m	28-10-84	Egmond (NED)	196
8.	Ayari Adam	08	08-021	1:36.08	25m	8-12-19	Zaandam (NED)	193
9.	Offringa Rick	03	08-021	1:37.43	25m	7-12-14	Heemskerk (NED)	185
10.	Lamers Koen	91	08-021	1:37.54	25m	29-9-02	Zaandam (NED)	185
11.	de Rooij Roel	87	08-021	1:39.50	25m	17-5-98	Den Helder (NED)	174
12.	Kramer Vincent	82	08-021	1:39.60	25m	11-12-93		174
13.	van Rookhuizen Barry	82	08-021	1:39.70	25m	12-12-93	Heemskerk (NED)	173
14.	Andeweg Celedonio	76	08-021	1:39.90	25m	13-12-87	Assendelft (NED)	172
15.	Dekker Ruben	93	08-021	1:40.02	25m	28-10-04	Heemskerk (NED)	171
16.	Missot Paul	64	08-021	1:40.10	25m	31-12-75		171
17.	Druyven Jorrick	94	08-021	1:40.43	25m	27-10-05	Heemskerk (NED)	169
18.	Palmboom Pascal	89	08-021	1:40.53	25m	1-10-00	Zaandam (NED)	169
19.	Gaal Koen	99	08-021	1:41.18	25m	28-11-10	Heemskerk (NED)	166
20.	Kleijne Barry	93	08-021	1:41.38	25m	29-5-04	Z.o. Beemster	165
21.	Dekker Matthijs	90	08-021	1:41.47	25m	29-11-01	Heemskerk	164
22.	de Rooij Coen	89	08-021	1:41.64	25m	16-1-00	Zaandam (NED)	163
23.	Tijms Stefan	93	08-021	1:41.75	25m	28-3-04	Zaandam (NED)	163
24.	Bok Reitze	73	08-021	1:42.00	25m	28-10-84	Egmond (NED)	162
25.	de Roode Jeremiah	99	08-021	1:42.47	25m	28-11-10	Heemskerk (NED)	159

200 schoolslag

1.	de Boer Stephan	83	08-021	3:22.00	25m	24-11-94	Heemskerk (NED)	211
2.	de Ruijter Richard	88	08-021	3:32.77	25m	21-11-99	Heemskerk (NED)	181
3.	van Rijn Michael	70	08-021	3:33.60	25m	7-11-81	Heemskerk (NED)	179
4.	van der Kroft Barry	82	08-021	3:34.60	25m	7-1-93	Heemskerk (NED)	176
5.	Schaaper Bart	73	08-021	3:35.60	25m	2-9-84	Heemskerk (NED)	174
6.	Gaal Koen	99	08-021	3:37.80	25m	25-3-10	Heemskerk (NED)	169
7.	van Rookhuizen Barry	82	08-021	3:42.90	25m	7-1-93	Heemskerk (NED)	157
8.	Bok Reitze	73	08-021	3:45.20	25m	2-9-84	Heemskerk (NED)	152
9.	van der Linden René	70	08-021	3:48.50	25m	7-11-81	Heemskerk (NED)	146
10.	Essers Tim	88	08-021	3:48.65	25m	24-1-99	Assendelft (NED)	146
11.	Camphuijnder Jasper	05	08-021	3:51.29	25m	18-9-16	Zaandam (NED)	141
12.	Schelvis Sjeng	89	08-021	3:51.73	25m	20-2-00	Assendelft (NED)	140
13.	Doodeman Niels	89	08-021	3:55.62	25m	20-2-00	Assendelft (NED)	133
14.	de Roode Jeremiah	99	08-021	4:00.03	25m	25-3-10	Heemskerk (NED)	126
15.	Vlieland Roy	99	08-021	4:01.33	25m	25-3-10	Heemskerk (NED)	124
16.	van Dijk Mitchell	99	08-021	4:02.56	25m	25-3-10	Heemskerk (NED)	122
17.	Kooistra André	88	08-021	4:06.15	25m	24-1-99	Assendelft (NED)	117
18.	van Heerwaarden Stefan	70	08-021	4:11.10	25m	7-11-81	Heemskerk (NED)	110
19.	Apeldoorn Alex	89	08-021	4:11.44	25m	20-2-00	Assendelft (NED)	109
20.	Groot Tim	99	08-021	4:13.95	25m	25-3-10	Heemskerk (NED)	106

500 schoolslag**800 schoolslag**

1000 schoolslag**1250 schoolslag****1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Schelvis Sjeng	89	08-021	17.18	25m	4-5-00	Heemskerk (NED)	191
2. van Rookhuizen Barry	82	08-021	18.00	25m	17-11-93		166
3. Vessies Max	03	08-021	18.36	25m	13-4-14	Zaandam (NED)	156
4. Groen Jarno	01	08-021	18.42	25m	13-12-12	Heemskerk (NED)	155
5. van Vegten Teun	01	08-021	18.50	25m	13-12-12	Heemskerk (NED)	153
6. Gaal Koen	99	08-021	19.48	25m	4-11-10	Heemskerk (NED)	131
7. Gaal Roel	01	08-021	19.57	25m	13-12-12	Heemskerk (NED)	129
8. de Roode Jeremiah	99	08-021	19.68	25m	4-11-10	Heemskerk (NED)	127
9. Groot Sander	88	08-021	20.25	25m	25-3-99	Heemskerk (NED)	116
10. Essers Tim	88	08-021	20.50	25m	21-12-99	Heemskerk (NED)	112
11. van der Kroft Barry	82	08-021	21.00	25m	17-11-93		104
12. Palmboom Pascal	89	08-021	21.07	25m	4-5-00	Heemskerk (NED)	103
13. van Lieshout Martin	76	08-021	21.80	25m	17-12-87	Heemskerk (NED)	93
14. de Ruijter Richard	88	08-021	21.83	25m	25-3-99	Heemskerk (NED)	93
15. de Rooij Coen	89	08-021	22.24	25m	4-5-00	Heemskerk (NED)	88
16. Doodeman Niels	89	08-021	22.52	25m	4-5-00	Heemskerk (NED)	84
17. Heeremans Tim	78	08-021	22.70	25m	31-12-89	Heemskerk (NED)	82
18. Vlieland Roy	99	08-021	22.78	25m	4-11-10	Heemskerk (NED)	82
19. de Groot Pieter	83	08-021	22.80	25m	24-3-94	Heemskerk (NED)	81
20. Oortwijn Maarten	80	08-021	23.10	25m	16-5-91	Heemskerk (NED)	78
21. Oortwijn Bouke	78	08-021	23.40	25m	31-12-89	Heemskerk (NED)	75
22. de Rooij Roel	87	08-021	23.50	25m	15-1-98	Heemskerk (NED)	74
23. de Vries Allard	96	08-021	23.55	25m	19-4-07	Heemskerk (NED)	74
24. Kloppenburg Albert	82	08-021	23.60	25m	17-6-93	Heemskerk (NED)	73
25. Borst Corné	96	08-021	23.69	25m	19-4-07	Heemskerk (NED)	72

50 vlinderslag

1. Dekker Ruben	93	08-021	34.84	25m	23-12-04	Heemskerk (NED)	244
2. Druyven Jorrick	94	08-021	35.81	25m	20-11-05	Zaandam (NED)	225
3. Schelvis Sjeng	89	08-021	36.06	25m	3-12-00	Zaandam (NED)	220
4. Kleijne Barry	93	08-021	36.26	25m	23-12-04	Heemskerk (NED)	217
5. Lamers Koen	91	08-021	36.28	25m	10-11-02	Zaandam (NED)	216
6. Offringa Rick	03	08-021	38.78	25m	23-11-14	Zaandam (NED)	177
7. Tijms Stefan	93	08-021	39.25	25m	28-3-04	Zaandam (NED)	171
8. van Rookhuizen Barry	82	08-021	39.70	25m	12-5-93		165
9. Nijland Yoran	05	08-021	40.13	25m	17-11-16	Heemskerk (NED)	160
10. Groen Jarno	01	08-021	41.42	25m	2-6-12	Zaandam (NED)	145
11. Meijer Arno	75	08-021	41.60	25m	31-12-86		143
12. de Boer Tobias	02	08-021	41.73	25m	12-12-13	Heemskerk (NED)	142
13. Palmboom Pascal	89	08-021	42.66	25m	3-12-00	Zaandam (NED)	133
14. Koopman Axel	92	08-021	42.80	25m	18-12-03	Heemskerk (NED)	132
15. van Vegten Teun	01	08-021	42.91	25m	2-12-12	Amstelveen (NED)	131
16. Vessies Max	03	08-021	43.09	25m	7-9-14	Zaandam (NED)	129
17. de Boer Stephan	83	08-021	43.40	25m	24-11-94	Heemskerk (NED)	126
18. de Ruijter Richard	88	08-021	43.65	25m	25-11-99	Heemskerk	124
19. Oortwijn Kalle	05	08-021	44.00	25m	17-11-16	Heemskerk (NED)	121
20. Doodeman Niels	89	08-021	44.05	25m	3-12-00	Zaandam (NED)	121
21. Hoenink Jarl	86	08-021	44.20	25m	11-12-97	Heemskerk (NED)	119
22. Essers Tim	88	08-021	44.42	25m	25-11-99	Heemskerk	118
23. Gaal Roel	01	08-021	44.95	25m	18-3-12	Zaandam (NED)	114
24. Butter Martijn	79	08-021	45.00	25m	25-11-90	Heemskerk (NED)	113
24. Gaal Koen	99	08-021	45.00	25m	14-3-10	Heemskerk (NED)	113

100 vlinderslag

1. Dekker Ruben	93	08-021	1:19.93	25m	10-10-04	Zaandam (NED)	217
2. Druyven Jorrick	94	08-021	1:24.26	25m	11-12-05	Heemskerk (NED)	185
3. Lamers Koen	91	08-021	1:28.06	25m	28-11-02	Heemskerk	162
4. Kleijne Barry	93	08-021	1:32.21	25m	25-11-04	Heemskerk (NED)	141
5. Kramer Vincent	82	08-021	1:32.70	25m	6-11-93		139
6. Tijms Stefan	93	08-021	1:38.75	25m	25-11-04	Heemskerk (NED)	115
7. van Rookhuizen Barry	82	08-021	1:39.40	25m	4-4-93	Heemskerk (NED)	113
8. Dekker Matthijs	90	08-021	1:39.87	25m	20-12-01	Heemskerk	111
9. Groen Jarno	01	08-021	1:40.17	25m	9-12-12	Zaandam (NED)	110
10. Nijland Yoran	05	08-021	1:40.49	25m	27-11-16	Zaandam (NED)	109
11. Oudendijk Paul	81	08-021	1:40.60	25m	22-11-92	Volendam (NED)	109
12. Butter Martijn	79	08-021	1:41.20	25m	18-11-90		107
13. Oortwijn Kalle	05	08-021	1:41.39	25m	27-11-16	Zaandam (NED)	106
14. Essers Tim	88	08-021	1:41.57	25m	3-10-99	Zaandam (NED)	106
15. Schelvis Sjeng	89	08-021	1:41.68	25m	24-4-00	Haarlem (NED)	105
16. van der Kroft Barry	82	08-021	1:42.10	25m	6-11-93		104
17. Koopman Axel	92	08-021	1:42.23	25m	27-11-03	Heemskerk (NED)	104
18. Meijer Arno	75	08-021	1:43.70	25m	31-12-86		99
19. Camphuijnder Jasper	05	08-021	1:43.98	25m	27-11-16	Zaandam (NED)	98
20. Gaal Roel	01	08-021	1:44.25	25m	9-12-12	Zaandam (NED)	98
21. van Vegten Teun	01	08-021	1:44.42	25m	9-12-12	Zaandam (NED)	97
22. de Rooij Roel	87	08-021	1:45.20	25m	4-10-98	Haarlem (NED)	95
23. de Boer Tobias	02	08-021	1:46.46	25m	15-12-13	Zaandam (NED)	92
24. de Boer Stephan	83	08-021	1:46.60	25m	5-3-94		91
25. de Ruijter Richard	88	08-021	1:47.25	25m	21-11-99	Heemskerk (NED)	90

200 vlinderslag**1000 vlinderslag****100 wisselslag**

1. Dekker Ruben	93	08-021	1:19.26	25m	19-12-04	Heemskerk (NED)	255
2. Offringa Rick	03	08-021	1:20.66	25m	23-11-14	Zaandam (NED)	242
3. Kleijne Barry	93	08-021	1:21.65	25m	19-12-04	Heemskerk (NED)	233
4. Druyven Jorrick	94	08-021	1:22.34	25m	20-11-05	Zaandam (NED)	227
5. Schelvis Sjeng	89	08-021	1:22.53	25m	10-12-00	Heemskerk (NED)	226
6. Tijms Stefan	93	08-021	1:22.76	25m	19-12-04	Heemskerk (NED)	224
7. Lamers Koen	91	08-021	1:26.07	25m	6-10-02	Zaandam	199
8. van der Kroft Barry	82	08-021	1:27.70	25m	16-6-93		188
9. Dekker Matthijs	90	08-021	1:28.14	25m	23-12-01	Amsterdam	185
10. Koopman Axel	92	08-021	1:29.12	25m	30-11-03	Heemskerk (NED)	179
11. Gaal Roel	01	08-021	1:29.18	25m	11-11-12	Schagen (NED)	179
12. Hagebout Marcel	68	08-021	1:29.40	25m	28-10-79	Heerhugowaard (NED)	178
13. Gaal Koen	99	08-021	1:29.43	25m	31-10-10	Zaandam (NED)	177
14. Camphuijnder Jasper	05	08-021	1:29.59	25m	13-11-16	Purmerend (NED)	176
15. Nolte Martijn	74	08-021	1:29.70	25m	6-10-85	Wormerveer (NED)	176
16. de Ruijter Richard	88	08-021	1:30.07	25m	28-11-99	Alkmaar (NED)	174
17. Wiegman Stefan	74	08-021	1:30.20	25m	6-10-85	Wormerveer (NED)	173
18. Essers Tim	88	08-021	1:30.23	25m	7-11-99	Zaandam (NED)	173
19. Missot Paul	64	08-021	1:30.40	25m	9-11-75	Alkmaar (NED)	172
20. Doodeman Niels	89	08-021	1:30.48	25m	10-12-00	Heemskerk (NED)	171
21. Groen Jarno	01	08-021	1:30.84	25m	26-4-12	Heemskerk (NED)	169
22. Butter Martijn	79	08-021	1:31.50	25m	4-11-90	Zaandam (NED)	166
23. Oortwijn Kalle	05	08-021	1:32.02	25m	13-11-16	Purmerend (NED)	163
24. de Rooij Roel	87	08-021	1:32.61	25m	29-11-98	Zuidoost Beemster (NED)	160
25. van Rookhuizen Barry	82	08-021	1:32.70	25m	14-4-93		159

200 wisselslag

1. Dekker Ruben	93	08-021	2:52.67	25m	12-12-04	Zaandam (NED)	255
2. Kleijne Barry	93	08-021	2:58.73	25m	12-12-04	Zaandam (NED)	230
3. Schelvis Sjeng	89	08-021	3:00.28	25m	17-12-00	Zaandam (NED)	224
4. Druyven Jorrick	94	08-021	3:00.64	25m	18-12-05	Alkmaar (NED)	223
5. Tijms Stefan	93	08-021	3:02.79	25m	12-12-04	Zaandam (NED)	215
6. Offringa Rick	03	08-021	3:04.14	25m	15-6-14	Zaandam (NED)	211
7. Lamers Koen	91	08-021	3:05.85	25m	15-6-02	Zaandam (NED)	205
8. Kramer Vincent	82	08-021	3:08.30	25m	27-11-93		197
9. Dekker Matthijs	90	08-021	3:10.08	25m	16-12-01	Zaandam	191
10. van der Kroft Barry	82	08-021	3:10.90	25m	27-11-93		189
11. Koopman Axel	92	08-021	3:11.57	25m	14-12-03	Zaandam (NED)	187
12. Gaal Koen	99	08-021	3:14.05	25m	6-6-10	Zaandam (NED)	180
13. Hagebout Marcel	68	08-021	3:14.10	25m	2-12-79	Zaandam (NED)	180
14. Nolte Martijn	74	08-021	3:14.20	25m	31-12-85		179
15. de Ruijter Richard	88	08-021	3:14.36	25m	19-12-99	Wormerveer (NED)	179
16. Groen Jarno	01	08-021	3:14.48	25m	3-6-12	Zaandam (NED)	179
17. Doodeman Niels	89	08-021	3:17.19	25m	17-12-00	Zaandam (NED)	171
18. van Rijn Michael	70	08-021	3:17.20	25m	29-11-81	Zaandam (NED)	171
19. Butter Martijn	79	08-021	3:17.80	25m	18-11-90		170
20. Oortwijn Kalle	05	08-021	3:21.11	25m	12-6-16	Zaandam (NED)	161

200 wisselslag (sinds 21)

21. Meijer Arno	75	08-021	3:22.20	25m	31-12-86		159
22. Essers Tim	88	08-021	3:22.30	25m	19-12-99	Wormerveer (NED)	159
23. Groot Sander	88	08-021	3:22.72	25m	19-12-99	Wormerveer (NED)	158
24. de Rooij Roel	87	08-021	3:23.30	25m	20-12-98	Alkmaar (NED)	156
25. Tholen Martijn	72	08-021	3:23.60	25m	11-12-83	Heemskerk (NED)	156

300 wisselslag400 wisselslag