

15m vlinderslag benen onderwater**25m vrije slag met koprol****50m borstcrawl benen****25 vrije slag**

1. Butter Martijn	79	08-021	12.60	25m	20-12-14	Lelystad (NED)	380
2. de Weert Sander	72	08-021	13.51	25m	14-4-11	Heemskerk (NED)	308
3. Oortwijn Bouke	78	08-021	13.54	25m	17-10-15	Emmeloord (NED)	306
4. Pover Peter	69	08-021	14.03	25m	21-5-06	Grootebroek (NED)	275
5. Zonneveld Jeroen	78	08-021	14.31	25m	31-5-15	Grootebroek (NED)	259

50 vrije slag

1. Butter Martijn	79	08-021	26.23	25m	6-3-16	Purmerend (NED)	460
2. Oortwijn Bouke	78	08-021	28.79	25m	24-9-15	Heemskerk (NED)	348
3. Pover Peter	69	08-021	30.16	25m	20-11-05	Almere-Stad (NED)	303
4. de Weert Sander	72	08-021	30.31	25m	6-10-11	Heemskerk (NED)	298
5. Zonneveld Jeroen	78	08-021	32.61	25m	23-4-15	Heemskerk (NED)	239
6. Stins Arnold	83	08-021	33.28	25m	15-2-18	Heemskerk (NED)	225
7. Ranzijn Bas	76	DEM/OEZA	33.58	25m	25-4-13	Heemskerk (NED)	219

100 vrije slag

1. Butter Martijn	79	08-021	57.03	25m	17-1-16	Purmerend (NED)	489
2. Oortwijn Bouke	78	08-021	1:07.04	25m	17-10-15	Emmeloord (NED)	301
3. Pover Peter	69	08-021	1:07.66	25m	22-1-06	Emmeloord (NED)	293
4. de Weert Sander	72	08-021	1:08.15	25m	22-10-11	Emmeloord (NED)	286
5. Stins Arnold	83	08-021	1:09.25	25m	15-2-18	Heemskerk (NED)	273
6. Ranzijn Bas	76	DEM/OEZA	1:12.60	25m	31-1-13	Heemskerk (NED)	237
7. Zonneveld Jeroen	78	08-021	1:15.31	25m	31-1-13	Heemskerk (NED)	212

200 vrije slag

1. Butter Martijn	79	08-021	2:04.88	25m	17-3-16	Heemskerk (NED)	503
2. de Weert Sander	72	08-021	2:37.40	25m	21-1-11	Heerenveen (NED)	251
3. Oortwijn Bouke	78	08-021	2:42.88	25m	15-2-14	Heerenveen (NED)	227

250 vrije slag**300 vrije slag**

1. Butter Martijn	79	08-021	3:25.33	50m	17-4-16	Alkmaar (NED)	482
2. de Weert Sander	72	08-021	4:20.98	25m	22-1-11	Heerenveen (NED)	212

400 vrije slag

1. Butter Martijn	79	08-021	4:36.57	25m	27-5-18	Grootebroek (NED)	451
2. de Weert Sander	72	08-021	5:39.29	25m	22-5-11	Grootebroek (NED)	244

500 vrije slag**800 vrije slag**

1. de Weert Sander	72	08-021	12:13.81	25m	21-1-11	Heerenveen (NED)	220
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1000 vrije slag

1. Butter Martijn	79	08-021	13:54.32	OW	1-7-18	Sluis (NED)	
2. de Weert Sander	72	08-021	15:30.17	OW	26-6-11	Sluis (NED)	

1250 vrije slag**1500 vrije slag**

1. Butter Martijn	79	08-021	21:46.11	OW	15-7-18	Amsterdam (NED)	
2. de Weert Sander	72	08-021	23:37.48	25m	19-12-10	Zaandam (NED)	214

2000 vrije slag

1. van Dam Erik	79	08-021	49:11.14	OW	18-7-15	Amstelveen (NED)	
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2500 vrije slag**3000 vrije slag****4000 vrije slag****5000 vrije slag**

1. de Weert Sander	72	08-021	1:24:17.57	OW	3-7-11	Bodegraven (NED)	
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6000 vrije slag**6500 vrije slag****10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag**

1. Butter Martijn	79	08-021	15.73	25m	30-11-14	Almere-Stad (NED)	285
2. Pover Peter	69	08-021	15.81	25m	20-11-05	Almere-Stad (NED)	281

50 rugslag

1. Butter Martijn	79	08-021	32.15	25m	6-3-14	Heemskerk (NED)	330
2. Pover Peter	69	08-021	34.08	25m	22-1-06	Emmeloord (NED)	277
3. Stins Arnold	83	08-021	36.12	25m	7-3-19	Heemskerk (NED)	232
4. van Rookhuizen Barry	82	08-021	38.69	25m	12-4-18	Heemskerk (NED)	189
5. Oortwijn Bouke	78	08-021	39.04	25m	17-3-16	Heemskerk (NED)	184
6. Zonneveld Jeroen	78	08-021	39.84	25m	19-2-15	Heemskerk (NED)	173
7. de Weert Sander	72	08-021	40.89	25m	3-3-11	Heemskerk (NED)	160

100 rugslag

1. Butter Martijn	79	08-021	1:08.20	25m	12-3-17	Purmerend (NED)	368
2. Pover Peter	69	08-021	1:20.29	25m	21-5-06	Grootebroek (NED)	225
3. de Weert Sander	72	08-021	1:27.48	25m	22-5-11	Grootebroek (NED)	174
4. Zonneveld Jeroen	78	08-021	1:28.42	25m	10-12-15	Heemskerk (NED)	169
5. Oortwijn Bouke	78	08-021	1:28.56	25m	10-12-15	Heemskerk (NED)	168

200 rugslag

1. Butter Martijn	79	08-021	2:25.61	25m	17-1-16	Purmerend (NED)	381
2. Pover Peter	69	08-021	2:54.51	25m	17-3-07	Lelystad (NED)	221
3. de Weert Sander	72	08-021	3:25.19	50m	4-6-11	Apeldoorn (NED)	162

500 rugslag**25 schoolslag**

1. Butter Martijn	79	08-021	15.77	25m	30-11-14	Almere-Stad (NED)	400
2. de Weert Sander	72	08-021	17.29	25m	22-10-11	Emmeloord (NED)	303
3. Oortwijn Bouke	78	08-021	17.92	25m	30-11-14	Almere-Stad (NED)	272
4. Zonneveld Jeroen	78	08-021	19.06	25m	21-2-15	Heerenveen (NED)	226

50 schoolslag

1. Haack Stefan	82	08-021	31.25	25m	13-1-19	Purmerend (NED)	527
2. Butter Martijn	79	08-021	35.32	25m	10-1-15	Zwolle (NED)	365
3. de Weert Sander	72	08-021	39.44	25m	27-1-11	Heemskerk (NED)	262
4. Oortwijn Bouke	78	08-021	40.26	25m	10-1-15	Zwolle (NED)	246
5. Stins Arnold	83	08-021	40.99	25m	15-2-18	Heemskerk (NED)	233
6. Zonneveld Jeroen	78	08-021	41.06	25m	31-1-13	Heemskerk (NED)	232
7. Pover Peter	69	08-021	41.36	25m	31-1-08	Heemskerk (NED)	227

100 schoolslag

1. Haack Stefan	82	08-021	1:12.53	25m	6-10-19	Purmerend (NED)	450
2. Butter Martijn	79	08-021	1:19.92	25m	13-10-16	Heemskerk (NED)	336
3. de Weert Sander	72	08-021	1:27.89	25m	20-11-11	Almere-Stad (NED)	253
4. Oortwijn Bouke	78	08-021	1:30.70	25m	9-11-17	Heemskerk (NED)	230
5. Zonneveld Jeroen	78	08-021	1:35.16	25m	26-5-13	Grootebroek (NED)	199

200 schoolslag

1. Butter Martijn	79	08-021	3:15.87	25m	19-1-14	Zaandam (NED)	232
2. de Weert Sander	72	08-021	3:24.70	25m	8-1-11	Zwolle (NED)	203
3. Oortwijn Bouke	78	08-021	3:26.15	25m	12-1-14	Alkmaar (NED)	199
4. Zonneveld Jeroen	78	08-021	3:43.58	50m	19-4-15	Alkmaar (NED)	181

500 schoolslag**800 schoolslag****1000 schoolslag**

1. de Weert Sander	72	08-021	19:09.03	OW	26-6-11	Sluis (NED)	
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1250 schoolslag**1500 schoolslag****2000 schoolslag****2500 schoolslag****3000 schoolslag****4000 schoolslag****5000 schoolslag****25 vlinderslag**

1. Butter Martijn	79	08-021	14.22	25m	20-12-14	Lelystad (NED)	337
2. Oortwijn Bouke	78	08-021	15.72	25m	5-10-13	Zwolle (NED)	249
3. de Weert Sander	72	08-021	16.06	25m	30-6-11	Heemskerk (NED)	234

50 vlinderslag

1. Butter Martijn	79	08-021	31.40	25m	19-2-15	Heemskerk (NED)	334
2. van Rookhuizen Barry	82	08-021	32.96	25m	12-4-18	Heemskerk (NED)	289
3. Stins Arnold	83	08-021	33.48	25m	7-3-19	Heemskerk (NED)	276
4. Oortwijn Bouke	78	08-021	34.10	25m	6-3-14	Heemskerk (NED)	261
5. Pover Peter	69	08-021	34.30	25m	22-1-06	Emmeloord (NED)	256
6. Zonneveld Jeroen	78	08-021	35.29	25m	10-12-15	Heemskerk (NED)	235
7. de Weert Sander	72	08-021	37.45	50m	16-4-11	Kampen (NED)	214

100 vlinderslag

1. Butter Martijn	79	08-021	1:12.38	25m	21-2-15	Heerenveen (NED)	293
2. de Weert Sander	72	08-021	1:30.02	25m	4-12-11	Zaandam (NED)	152

200 vlinderslag

1. Butter Martijn	79	08-021	2:51.04	25m	10-1-15	Zwolle (NED)	255
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1000 vlinderslag**100 wisselslag**

1. Butter Martijn	79	08-021	1:08.58	25m	19-5-16	Heemskerk (NED)	394
2. Pover Peter	69	08-021	1:17.29	25m	17-3-07	Lelystad (NED)	275
3. Oortwijn Bouke	78	08-021	1:20.33	25m	19-5-16	Heemskerk (NED)	245
4. Zonneveld Jeroen	78	08-021	1:22.66	25m	25-4-13	Heemskerk (NED)	225
5. de Weert Sander	72	08-021	1:22.76	25m	14-4-11	Heemskerk (NED)	224

200 wisselslag

1. Butter Martijn	79	08-021	2:29.80	25m	18-3-18	Purmerend (NED)	391
2. Pover Peter	69	08-021	3:03.04	25m	12-1-08	Zwolle (NED)	214
3. de Weert Sander	72	08-021	3:05.68	25m	16-10-11	Zaandam (NED)	205
4. Zonneveld Jeroen	78	08-021	3:23.21	50m	19-4-15	Alkmaar (NED)	176

300 wisselslag**400 wisselslag**

1. Butter Martijn	79	08-021	5:28.62	25m	15-2-14	Heerenveen (NED)	368
2. de Weert Sander	72	08-021	6:39.84	25m	4-12-11	Zaandam (NED)	204