

25 vrije slag**50 vrije slag****100 vrije slag****200 vrije slag****250 vrije slag****300 vrije slag****400 vrije slag****500 vrije slag****800 vrije slag****1000 vrije slag**

1. Crok Dirk	58	08-021	16:40.59	OW	20-7-13	Anna-Paulowna (NED)
2. Vink Jan Jaap	59	08-021	17:47.18	OW	23-7-16	Amstelveen (NED)
3. Tijms Eric	64	08-021	18:10.26	OW	6-7-19	Anna Paulowna (NED)
4. Glorie Jan	57	08-021	24:19.33	OW	28-7-12	Anna-Paulowna (NED)

1250 vrije slag

1. Tijms Eric	64	08-021	22:22.25	OW	28-7-19	Hoorn (NED)
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1500 vrije slag

1. Crok Dirk	58	08-021	27:32.41	OW	20-7-14	Amsterdam (NED)
2. Tijms Eric	64	08-021	28:03.24	OW	7-7-19	Amsterdam (NED)
3. Vink Jan Jaap	59	08-021	28:29.30	OW	17-7-16	Amsterdam (NED)
4. Glorie Jan	57	08-021	39:46.96	OW	22-7-12	Amsterdam (NED)

2000 vrije slag

1. Crok Dirk	58	08-021	38:31.55	OW	3-8-13	Hoorn (NED)
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2500 vrije slag

1. Crok Dirk	58	08-021	46:56.10	OW	27-7-14	Medemblik (NED)
2. Tijms Eric	64	08-021	48:42.43	OW	21-7-19	Medemblik (NED)

3000 vrije slag

1. Crok Dirk	58	08-021	50:46.90	OW	7-9-13	Eindhoven (NED)
2. Tijms Eric	64	08-021	58:26.55	OW	11-8-19	Heerjansdam (NED)
3. van der Gracht Adrie	57	08-021	58:49.30	OW	17-6-12	Riccione (ITA)

3000 vrije slag (sinds 4)

4. Oudendijk Hans	54	08-021	1:04:50.05	OW	7-9-13	Eindhoven (NED)
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4000 vrije slag**5000 vrije slag**

1. Crok Dirk	58	08-021	1:33:49.64	OW	25-8-13	Oosterhout (NED)
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6000 vrije slag

1. Crok Dirk	58	08-021	1:25:24.83	OW	10-7-16	Beusichem-Culemborg (NED)
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6500 vrije slag**10000 vrije slag****20000 vrije slag****22000 vrije slag****25 rugslag****50 rugslag****100 rugslag****200 rugslag****500 rugslag****25 schoolslag****50 schoolslag****100 schoolslag****200 schoolslag****500 schoolslag****800 schoolslag**

1000 schoolslag

1. Oudendijk Hans	54	08-021	18:41.73	OW	30-8-09	Oosterhout (NED)
2. Vink Gé	60	08-021	20:32.24	OW	25-6-16	Vianen (NED)
3. Tijms Eric	64	08-021	21:09.50	OW	15-9-19	Maastricht (NED)
4. Crok Dirk	58	08-021	21:18.34	OW	18-8-13	Vught (NED)
5. van der Gracht Adrie	57	08-021	22:33.94	OW	28-7-12	Anna-Paulowna (NED)
6. Glorie Jan	57	08-021	24:34.21	OW	28-7-12	Anna-Paulowna (NED)

1250 schoolslag

1. Tijms Eric	64	08-021	27:06.35	OW	28-7-19	Hoorn (NED)
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1500 schoolslag

1. van der Gracht Adrie	57	08-021	38:14.47	OW	30-6-12	Scheerwolde (NED)
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2000 schoolslag

1. Oudendijk Hans	54	08-021	42:59.32	OW	4-7-09	Oss (NED)
2. Vink Gé	60	08-021	43:19.17	OW	9-7-16	Strijen (NED)
3. van der Gracht Adrie	57	08-021	44:13.50	OW	5-7-13	Appeltern (NED)

2500 schoolslag**3000 schoolslag**

1. van der Gracht Adrie	57	08-021	1:14:49.08	OW	14-7-12	Wijk en Aalburg (NED)
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4000 schoolslag**5000 schoolslag****25 vlinderslag****50 vlinderslag****100 vlinderslag****200 vlinderslag****1000 vlinderslag****100 wisselslag****200 wisselslag****300 wisselslag****400 wisselslag**